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LETTER FROM THE EDITOR

Heartbeats of Our hometown

The beneficiaries of these charities

We celebrate the silent heroes among us.

I N THE quiet corners around us, away from negativity, thrive the true heartbeats of our community — the local charities and the selfless individuals who support them. It's in these spaces, often unnoticed, where the most profound acts of kindness blossom, nurturing the soul of our town the way gentle rain nourishes our earth.

These charities are the sturdy bridges over turbulent waters for many among us. Behind each food drive, each fundraiser, and each helping hand are people like those featured in this issue. They are the pillars of our community, often foregoing recognition and reward, driven by a simple yet powerful desire to make a difference. These are our neighbors, our friends, perhaps even strangers, who embody the purest form of love — giving without expecting anything in return.

are not just faceless names on a list. They are people with hopes and dreams, often finding themselves in situations beyond their control. The support they receive is more than just material aid; it's a message that they are not forgotten. Their community stands with them in hours of need.

This cycle of giving and receiving creates a harmony that resonates through our streets, echoing in the laughter of children at a community center or the grateful smiles at a food pantry. It's a reminder that, in the hustle of everyday life, the most impactful moments are often the quiet acts of kindness.

Good News Magazine thanks you for keeping our hometown's heart beating. GN

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CHAPTER 1 OF 3

This section of the magazine covers local positive stories you may have missed.





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Photography by Ashleigh Newnes

FINDING JOJY NWORK

Food truck owner Lisa Womack works for herself and the public

By Sara Hook // Photography by Ashleigh Newnes and submitted by Lisa Womack





-Lisa Womack

ULLAHOMA IS home to many great places to eat, and not all of them can be found in the same place every day. Tullahoma food trucks sell everything from burgers and tacos to barbecue and waffles.

This past year, a new specialty sandwich truck joined the roster. The Sammich Shack opened in May 2023 and flourished with the community's help. Owner Lisa Womack said she enjoyed cooking and working with the public, and after being unable to work for a time in 2021 due to illness, she decided she did not want to go back to working for other people. Since her kids were grown, she didn't have much opportunity to cook at home. Starting a food truck was the perfect solution.

"I wanted to do things that [were] going to make me happy, for me to enjoy my life," Womack said. "Luckily, by the grace of God, this has been great."

Part of the draw was the idea of making her own hours and working on her own time, but Womack said at the end of the day, it doesn't really work like that.

"When you get down to it, there's actually a lot [that goes] into operating a food truck. In order to keep the customers coming and [keep] them happy, you have to stay open," explains Womack.

While she had worked in restaurants, Womack had not owned or operated one before opening The Sammich Shack. In the end, she said, it is a seven-day-a-week job. The food truck uses homemade sides and sauces, and Womack said a lot of thought goes into where she wants to set up each day.

"You really don't see the backside of it unless you get in it. It's a lot of prep time, so even when I'm not open, I'm actually still doing things to get ready for the next day or to get ready for the following week."

COMMOS

FAMILY R

The Sammich Shack offers patty melts, Reubens, and paninis, among other sandwiches. Womack's favorite menu item is the sloppy joe grilled cheese.

"A lot of the sandwiches you may see somewhere else, but the sloppy joe grilled cheese... that's mine," Womack said.

Although the food truck has been open less than a year, it became popular fast — something Womack said she did not expect. Womack didn't advertise the truck on their first day, hoping to get into the swing of things slowly, but after their first post on Facebook, the community showed up in force.

"The very next day, we sold out," Womack said, "We had so many people standing and waiting for us to open, and that came throughout the entire day. It was very overwhelming." 10.0 Lisa and Alan Womack with Kayla Stephens







Womack said that thanks to two close friends, her husband, and her customers, The Sammich Shack has been successful. Her friends pushed her to get started, her husband helped set everything up, and the community made the food truck successful.

"I have to thank my customers. I do know that without them, I wouldn't be where I'm at now."

Starting a food truck was more than just a whim for Womack and her family. The hard work she has put in to start her business will hopefully pay off for a long time, as she said she wants to be doing just as well, if not better, in one year and all the years following.

"I plan on doing this till I can no longer do it. I'm 47 years old now, and I hope to be able to do this until after retirement."

We are not guaranteed tomorrow, as Womack said, and it is important to enjoy the life you have. While the work has, at times, been overwhelming, she said it has all been out of joy.

"I've absolutely enjoyed every minute of every day we've done this truck. I've enjoyed working with the public. I can't complain one bit about any of it," said Womack. **GN**

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NEIGHBORS





By Kali Bradford Photography by Ashleigh Newnes

AngelAllen

George and Angel Allen's inspiring commitment to Tullahoma





My philosophy is that we come together as a group, build a team, and leave as a family. That is something I believe in.

-George Allen

HEY SAY that home is where the heart is, but a lot goes into finding where your heart lies. Finding a home is not just about finding a place to live; it's about finding a sense of community and purpose. Because of this, George and Angel Allen's hearts led them to Tullahoma.

The couple became part of the Tullahoma community in 2010 when George relocated with the United States Air Force to work at Arnold Air Force Base. Since then, they have supported local sports such as cross country, basketball, and soccer.

However, the couple were not strangers to the area.

"George is originally from Detroit, and I'm originally from Huntsville, but we both have area roots. Some of his paternal relatives are from the Middle Tennessee area, and my great-great grandparents were born and raised in Tullahoma. It was kind of like coming full circle to raise our kids in a community that we have ties to," shared Angel.

"I am a clinical instructor at Motlow [College] for their nursing program and also a substitute nurse for Tullahoma City Schools. With these positions, I get to do what I love and have the opportunity to coach," she continued. Angel has always found joy in running and shares that love with her family and community.

"Our kids started running when they were young. We would run 5K [marathons] together when they were in elementary school, and now Grant is running in college. I started coaching Run Club five years ago as an opportunity to work with the elementary-age kids and get them interested in running, which was something I really enjoyed at that age."

The opportunity for Angel to coach middle and high school cross-country came two years ago.

"Both of our kids were running cross-country and track, so I was already involved as a parent and excited to coach at that level. We've done very well the past two years with back-to-back state appearances and three state medalists! While we've had recent success, I get the most joy from seeing teammates supporting and motivating each other in practice and on the course," she gushed.

George also became involved in youth sports by sharing his love of sports with his son, Gage. He coached elementary school basketball at Robert E. Lee and won back-to-back city championships several years ago. After coaching with the Tullahoma Soccer



Association, he coached with a local travel soccer club alongside current Tullahoma High School Soccer Coach Richie Chadwick. That would lead to the opportunity to coach soccer for the boys and girls of Tullahoma Middle School. George led the boy's middle school team to success, winning multiple championships.

"We won three consecutive season and conference championships from 2021-2023. In 2022, the girls won the season championship and came in second in the conference tournament while also placing second in 2023. I am so proud of the effort that comes from these players," he shared.

George added that while winning can be rewarding, it's more about creating a family within the team.

"My philosophy is that we come together as a group, build a team, and leave as a family. That is something I believe in. After every season, I tell the players to keep me informed [about] what they are doing in the off-season. Angel and I continue to support all our athletes. It becomes an extended family of sorts. Some of our best friends have been made through volunteering and coaching in the community, and we've had the opportunity to coach with some amazing people."

The couple said they are glad to call Tullahoma home and hope to continue serving their community through sports while creating long-lasting relationships.

Angel shared, "When [George] retired from the military in 2015, we could have gone anywhere. When we asked our kids, they chose Tullahoma. They felt like Tullahoma was their home, and it felt like home for us, too. We've had so much support and so much fun. I hope our boys want to raise their kids here, too." **GN**



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By Richard Klin // Photography by Ashleigh Newnes

EG GLENN IS nothing if not bold. Though involved in various businesses in her home state of Washington, she decided to broaden her geographical horizons on a whim.

Within a few months, she, her husband, and their young daughter had moved across the country to Tullahoma.

Choosing Tennessee was no coincidence. Glenn wanted to pursue her business full time, and having family in the area made it an ideal choice. Tullahoma offered opportunities for both employment and personal growth.

In January 2023, Glenn launched her business. Happy Go Social is a creative marketing agency that primarily focuses on assisting small and medium-sized businesses. Initially specializing in email marketing, Happy Go Social has expanded its services to include social media management, graphic design, website development, branding, and business coaching. Glenn's ultimate goal is to empower small businesses to succeed by sharing her knowledge and expertise.

"I also teach classes and do business coaching because full-on management isn't in everybody's budget. My overall goal is to help these small businesses be successful because I've been there. We offer teaching to [instruct] them how to do it themselves."

Glenn's passion for marketing emerged during her time as a business owner in Washington, where she started assisting fellow business owners with email marketing. Recognizing the untapped potential of this highly effective channel — especially for small businesses — she decided to offer the service to her peers.

"I was using it, but none of my peers were. It's a very effective channel that's very underutilized, especially by small businesses. So I started doing that."

Happy Socia

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gosocial

There was a growing market for Happy Go Social's services in Tullahoma.

"When I moved here," she relates, "a lot of businesses that were core to the community didn't even have a website. Especially in this day and age, when millennials and even younger first hear about a business, they're going to look it up on Facebook, Instagram, or Google. And if they can't find you — or even if you have a Facebook page that maybe you haven't posted on for six months to a year — they're going to assume you're either closed or not that great, because there's no action attached to it.



"There are some businesses that are well-loved in the community, with set clients who've been going to them forever, but they've hit a wall. They have no presence whatsoever. They're missing out on a lot by not having an online presence, especially when they're doing so many great supplemental things. Like they're sponsoring local events and things like that, but if anybody were to look them up, they wouldn't find it."

There's a fair amount of outreach involved in her work.

"It's a lot of education on why social media is important. Trying to bring the 21st century and the internet to some of these businesses — in a way they feel comfortable — can be a challenge."

The community has welcomed Glenn, including her in the Tullahoma Chamber of Commerce's "40 Under 40" list of key business people. She hopes to give back to the community that has embraced her so wholeheartedly.

"I want to be a one-stop shop for my clients, especially in this kind of industry. There are so many random things, and you don't always know what you're getting, so to say, 'I can provide you great branding, and I can also build you a website — everything's going to flow together. We even partner with print brokerages, so I can get your business cards printed for you. I've got it all covered."

Her family's roots in Tullahoma play a significant factor in her dedication.

"We're involved in this community, so we're going to do a good job for you. We live here too," she enthuses.

Glenn is often out and about, attending chamber events and lending herself to the community through her involvement in the Tullahoma Noon Rotary.

So, what does the future hold for Glenn?

"The goal is always growth. I want to be able to reach more people. I'm trying to do as much as I can to spread the word and get out there." GN

For more information on Happy Go Social, visit https://happygosocial.net/about.

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CHAPTER 2 OF 3

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Transforming trauma

44 Finding hope through recovery

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Photography by Ashleigh Newnes

< RJ Hayes



"It's not how much we give, but how much love we put into giving."

5



- Mother Teresa

A LIFETIME OF SERVICE

RJ AND SANDE HAYES SUPPORT THE COMMUNITY THROUGH VOLUNTEERING.

By Kali Bradford Photography by Ashleigh Newnes

S ERVING ONE'S community is an essential aspect of being a responsible citizen. It is a way of giving back to the society that has provided them with so much. Community service is a selfless act that benefits the community and the individual performing it. It helps to connect with the community, raise social awareness, and establish contacts and friendships.

Volunteering provides an opportunity to become closer to your community and understand the needs of those you are trying to help. It can broaden your horizons and help improve your skills.

There might not be two better people in Tullahoma who understand the importance of giving back to their community as much as RJ and Sande Hayes do. Braving the rain and the chill on a bustling Thursday evening, the couple is happy to take time out of their busy schedule to talk about the community they love so much.



▲ Sande and RJ Hayes


It's been a busy day for RJ. Though he is in a later stage of life, he still makes plenty of time to volunteer. He has just come from the town's beloved South Jackson Civic Center, where he spent a 14-hour day helping to build a much-needed dressing room for the actors who perform regularly at the center.

Covered in a thin layer of sawdust, with small splatters of paint adorning his workwear, it's plain to see that he's put in a full day of work. He seems fulfilled, as there is nothing that makes him happier than serving the community he loves so much.

Alongside him is his wife of over six decades, Sande. While not covered in sawdust or paint remnants, she has enjoyed her day of helping in the Tullahoma community. For over 30 years, the couple has worked diligently to help Tullahoma and other communities in the area in numerous ways. From civic clubs and organizations to nonprofits and local schools, the two have created a legacy of service that will last generations.

According to RJ, the United States Air Force brought the couple to Tullahoma in 1978. Both became involved with numerous organizations due to their immediate love for the community. Though the couple felt at home in Tullahoma, RJ was reassigned to Alaska in 1982. The couple would continue to keep Tullahoma in their hearts. Following RJ's retirement in 1993, he would return to Tullahoma in 1995, with Sande joining him.

"We've just always been supportive of what the other was doing. Whatever he wants to do is fine with me, and he's been the same way with me."

-Sande Hayes



"We just loved the community," said Sande. "As soon as we arrived in Tullahoma, we became involved in causes such as helping to save the South Jackson Civic Center. I was also a Den Mother for the Cub Scouts and helped at Robert E. Lee Elementary. We saw the need for people to help, and we've just stayed the course over the years to help in whatever way we can."

RJ added that the need to help has persisted.

"It's always been a case of we felt like we had to," he said.

RJ has shared his time and talents with virtually any organization that asks in Middle Tennessee, including the city and county police, the South Jackson Civic Center, the Hands-On Science Center, the Community Playhouse, the Fraternal Order of Police, the General Federation of Women's Clubs (GFWC) Tullahoma Woman's Club, the Greater Tullahoma Chamber of Commerce, and the Boy Scouts of America. The area would not be what it is today without his volunteer efforts.

Sande's volunteer resume is equally extensive, working alongside and volunteering with the Tullahoma Area Chamber of Commerce, AEDC Woman's Club, Community Advisory Board, Secretary of Emergency Funding for Coffee County, GFWC Centennial Women's Club, Tullahoma Sunrise Rotary Club, and serving as the executive director of the United Way of Coffee County.

While just a small sampling of their volunteer efforts, both proudly say that "no" is not in their vocabulary.

Their commitment to help is also evident in their support of each other. Married for over six decades, Sande said that supporting each other has been essential in their service to the community. "We've just always been supportive of what the other was doing. Whatever he wants to do is fine with me, and he's been the same way with me. We are always there for each other. RJ has given so much to this community," explains Sande.

RJ echoes Sande's sentiments with pride for his wife's service.

"Sande has never said no when asked to do something for her family, church, country, or a worthwhile or needy organization," he explained.

"She always puts others first. In Tullahoma, as in any place we have lived, she has always contributed to the community by giving time, talent, and money."

The couple has plans to continue their service in the community and invite people of all ages to lend a hand when and wherever they can. **GN**

TRANSFORMING TRAUMA

A BEACON OF HOPE FOR DOMESTIC ASSAULT SURVIVORS



"We have to keep fighting. We have to allow ourselves to open up to our tribe and lean on others because healing can be more difficult than the trauma itself."

- Desiree Mullis

By Amanda E. West Photography by Brooke Snyder and submitted by Desiree Mullis

CCORDING TO data collected in 2022 by the Tennessee Bureau of Investigation and released in December 2023, there were 62,217 reported cases of domestic assault in the Volunteer State. This data also revealed that out of those reported incidents, 71.20% were female, outnumbering males who were assaulted 3 to 1.

Desiree Mullis, who moved to Middle Tennessee in 2017, used to be one of these women. Mullis' trauma began at the tender age of 10 and continued for two decades. But even during this phase of total darkness, as her abusers told her she'd never amount to anything, a seed of a dream lay dormant. Deep within her little heart, she yearned to help others walk through their trauma and to tell them the words her inner child still longs to hear: "We see you. We hear you."

Like the different phases of the moon usher in a physical change and signal new beginnings, so does emerging on the other side of trauma. Although Mullis makes a conscious effort every day to avoid holding resentment toward those in her past, she said healing wasn't about reading a selfhelp book and being magically healed or talking to a therapist for a year. For her, healing has been an "every day, all day, second-by-second journey."

In March 2022, Mullis launched the Full Moon Healing Project (FMHP) and was approved for 501(c)(3) status in May of that year. Mullis and her team of ded-



▲ Michael Mullis

icated board members have now helped over 275 female survivors locate needed services within the community, and they've provided necessities for them like winter coats, gas cards, and, most importantly, a sympathetic ear. Each person who contacts the FMHP has different needs, so they diligently work to meet them on a case-by-case basis.

"Needs can be as simple as offering peer-to-peer support to the survivor," said Mullis. "Perhaps they need somebody to lean on or talk to. During 2022 and 2023, we also sponsored four families, and we provided them with an entire Christmas, including the tree, decorations, a meal, and presents for the whole family. So what we do for one survivor isn't necessarily what we're going to do for the next. We meet the needs of the survivors. We don't dictate what those needs are."

As a newly formed nonprofit, the FMHP is actively working to solidify itself within Coffee County and hopes to provide positive experiences to help women.





▲ Desiree Mullis, Lacey Haynes, Stephanie Mayfield, and Lauren Martin

Mullis said, "What we're working on right now is building that solid foundation through solid community partnerships and active community engagement. One of my biggest dreams, or goals, when we started the FMHP was to have monthly community healing days provided free to our community. We will host another [on] Feb. 10. During our last one, we brought in a family photographer, makeup artist, hair stylist, and a massage therapist, and we look forward to hosting another."

Even though statistics from 2022 to 2023 show an 8.37% decline in domestic assaults, each assault is one too many.

"I used to think, 'If I can help just one person, then my dream will be fulfilled," said Mullis. "Well, we have helped one person. In fact, we've helped multiple women. But my dream isn't fulfilled because so many more need us. Many don't know we're even available. If they do know, they're too scared to reach out for fear of judgment, or they fear having to fill out a 15-page application, or that they'll have to jump through all kinds of hoops. But that's not the case with us."

"I feel like as trauma survivors, we're taught we just get healed, and I don't believe that anybody is ever fully healed. I think healing is a constantly evolving process, and in order to heal, we have to keep going. We must keep fighting. We have to allow ourselves to open up to our tribe and lean on others because healing can be more difficult than the trauma itself. When you get out of a domestic violence situation, you're not being abused anymore, but survivors come out holding on to guilt. They emerge with physical, emotional, mental, spiritual, and financial pain. Recovering can be harder, more difficult, and uglier than staying with the abuser. But you're [going to] come out with your life on the other side, and it's [going to] be even more beautiful than you've ever dreamed. It just takes determination and to keep going." GN

For more information or to volunteer, go to www.thefullmoonhealingproject.org







"He told me the work wasn't over, and a new program was starting that could help. That program was Celebrate Recovery."

- Tim Totty

FINDING HOPE THROUGH RECOVERY

CELEBRATE RECOVERY BRINGS HOPE THROUGH SCRIPTURE AND A SPIRITUAL COMMUNITY

By Kali Bradford and Wesley Bryant Photography by Ashleigh Newnes

NDER THE roof of New Creation Church, a beacon of hope flickers every Friday night. It's called Celebrate Recovery, a ministry born in the heart of California's Saddleback Church in 1991, which has since unfurled its wings across the globe. The ministry is a sanctuary for those grappling with life's heavier burdens — be it addiction, affliction, or any ache of the soul. Here, individuals from all walks of life find solace and solidarity in their shared pursuit of healing. Tim Totty, a man whose journey from the depths of addiction to the heights of spiritual leadership embodies the transformative power of faith and fellowship, leads Celebrate Recovery. This ministry is not just about overcoming but thriving. It's a testament to the enduring human spirit and the belief that recovery is not just possible; it's a promise delivered every week in Tullahoma.



▲ Terri and Tim Totty



▲ Tyler Lund

Over the last three decades, the program has grown from the small beginnings of meeting in a high school gymnasium to ministries across the globe. The ministry offers a "safe place to find community and freedom from the issues controlling one's life." Celebrate Recovery focuses on helping people overcome hurts, habits, and hang-ups. According to their website, Celebrate Recovery is a Christcentered 12-step recovery program for anyone struggling with hurts, hang-ups, and habits of any kind.

"Celebrate Recovery is in 35,000 churches worldwide," said Tim Totty, Tullahoma's Celebrate Recovery ministry leader and a pastor at New Creation Church in Tullahoma. "It's not just for drugs and alcohol. It's for any hurt, habit, or hang-up. It could be food addiction, gambling, overspending, anger, relationship addiction, codependency, and more."

Totty found the program while battling addiction to drugs and alcohol.

"A friend invited me to church, and I began my spiritual journey," he explained. "I accepted Jesus as my Lord and Savior, and I didn't drink for about two weeks. After that, I started drinking again. I went back to the pastor and told him I was still struggling. He told me the work wasn't over, and a new program was starting that could help. That program was Celebrate Recovery." Tim Totty's wife, Terri Totty, is also a part of Celebrate Recovery, serving as the Women's Ministry Leader for the Tullahoma program.

"I didn't have trouble with drugs and alcohol when I first started, so I didn't think there was a reason for me to get involved," Terri explained. "But I went to support my new boyfriend, who later became my husband, and I found something that I needed because of an abusive past. Celebrate Recovery helped me to work through all of that."

When New Creation Church acquired its building in 2007, Tim and Terri decided to bring the Celebrate Recovery program to Tullahoma. Tim added that the good thing about the program is its diversity and inclusivity. There is help and support for anyone and everyone looking to be a better person.

"People come to [Celebrate Recovery] with many different issues," he said. "Although people may act out differently — one may choose alcohol as their drug of choice, and someone else might abuse food — but when you peel the onion back, you realize that both have the same root cause. The problem — or the root cause is deeper. Identifying the root cause and allowing God to heal it is the pathway to sobriety."

Now 22 years sober, Tim continues practicing these principles while helping others heal. He believes it is with the help of his higher power, Jesus Christ.

"I've been 22 years sober from drugs and alcohol, but now I'm working on better choices with food," Tim said. "I battled addiction until age 38, and I didn't really know how to stop. But, walking with Jesus and this community of people in recovery, I found support and learned how to have accountability and victory over my hurts, habits, and hang-ups. I learned how to forgive others and myself and also make amends for the harm that I've done to others."

Tim encourages Tullahoma to see a brighter future.

"Terri and I want other people to discover what we've discovered. There is hope! We consider ourselves to be 'Hope Dealers.' We want to see people walk in freedom from life's hurts, habits, and hang-ups!" GN

Celebrate Recovery meetings are held every Friday night at New Creation Church at 1115 Bel Aire Drive. Anyone 18 and up is welcome to attend. Doors open at 6 p.m. Child care is provided for children 10 and under. Visit www.newcreationchurchtn. com for more details.



How the Good News Magic Happens: From Submission to Print

How does a story get into Good News Magazine?

Nominate someone to be featured in Good News Magazine.

Since Good News launched, we have received hundreds of nominations for people to be covered. Ever wondered how a story finds its way into the pages of our magazine? Well, the answer is simple: it's all thanks to you! Not only are the stories about local people, but they come from other local people, too! Here's a glimpse into the journey of how stories come alive in Good News Magazine.



Step 1: The submission process: goodnewsmags.com

We believe that everyone has a story worth sharing, and we rely on our readers to help us discover these extraordinary individuals. Submissions are made through our website and include the following details:

- A nominee's name
- Contact information (phone and email)
- The reason for the submission, along with why they qualify as a "Good News" story. This may include their contributions to the community, impactful deeds, family life, occupation, and more.
- We're not looking for you to write the story or find a superstar. We believe everyone has a story, and we only need relevant information. Our writers will do the rest!

Step 2: Selection and theme assignment

We tell stories about local people and what they are doing to make a difference. We have told stories about charities, medical staff, volunteers, school staff, and your next-door neighbor. Again, everyone has a story. While we feature six remarkable individuals in each issue, keep in mind that our production schedule is planned months in advance. So, if someone isn't featured in the upcoming issue, there's still a chance they'll be highlighted in the future. We keep all submissions on file for potential use.

Step 3: Interviews and photo shoots

Once a story is selected, our talented writers and photographers swing into action. We continue to be inspired by the stories submitted to us, and we complete the interviews and photo shoots several months before the issue goes to print. Our writers may conduct interviews via phone or video chat, while others prefer in-person meetings with the individuals behind the stories.



What's next in Good News Magazine?

Currently, our dedicated team of magazine writers and editors is hard at work crafting stories under themes like "The Learning Curve," "Shop Local," and "Independence." We are excited to announce the next theme needing story submissions is "Dreams Come True."

What we seek in Dreams Come True stories:

Do you have a neighbor who's chasing big dreams? Maybe someone is starting their own business, or a local musician is lighting up the stage? We're looking for hometown heroes making their mark. If you know someone turning dreams into reality right here in our community, we'd love to hear about it. Share their story with us!

Do you know someone who deserves to be in Good News Magazine?

Let us know with a submission at www.GoodNewsMags.com or scan the QR code. Share your stories with us, and let's continue spreading the Good News together.







Snow Days - Jan. 15-19







Photos submitted by folks in our community

A week off school began with MLK Day, followed by snow blanketing Shelbyville in magic. Residents reveled, crafting snowmen and angels in this unexpected winter wonderland.







Lillian Rolling
Wyatt, Dawson, Kyle, Kace, and Keegan Barikmo
Susannah, Charlotte, and Samuel Womack
Lizzy Sharpton
James Driver
Elaina and Patrick Alderman, Carter Levi, and Knox Lockmiller



7. Aiden and Paislynn Bowling
8. Aubree and Lilly Rolling
9. Grayson Gluch
10. Caroline Levi
11. Stevie and Irelyn Phillips



12. Malachi Vance13. Charlotte and Sawyer Hazlett14. Clara Sullivan15. Jack Sarver16. Amelia Prater17. Wyatt Barikmo



Maranda Olive, Hannah Marie Bond, Sutton Bond, Katie Alderman, and Whitney Morris
Ryder Rolling 20. Katie, Elaina, and Della Alderman 21. Luke Sharpton 22. Dawson and Kyle Barikmo

INSPIRE MORE GOOD

Donate or volunteer at your local charities and nonprofits.

Good News Magazine's mission is to build stronger communities through positive stories. We encourage you to donate and volunteer at local nonprofits to spread more good in your community.

Tullahoma Area Chamber of Commerce

Supports local businesses and economic development. They host networking events and workshops.

(931) 455-5497 www.tullahoma.org

Tullahoma Noon Rotary Club

Engages in community service projects and supports global initiatives.

(931) 461-5314 Facebook: Tullahoma Noon Rotary Club

Tullahoma Fine Arts Center, Inc.

A community-focused nonprofit promoting arts and culture. They offer classes, exhibitions, and performances.

(931) 455-1234 www.tullahomaart.org

Tullahoma Animal Shelter

A nonprofit dedicated to rescuing and caring for animals. They promote pet adoption and responsible pet ownership.

(931) 454-9580

Come To The Table TN

A faith-based nonprofit addressing food insecurity by providing free hot meals on Tuesdays.

www.cometothetabletn.org info@cometothetabletn.org

Coffee County Veterans Services

Supports local veterans and their families through various programs and events.

(931) 728-6995 www.coffeecountytn.gov/260/ Veteran-Affairs

Coffee County Meals on Wheels

Delivers nutritious meals to homebound seniors. Volunteers play a crucial role.

www.schra.us/services/elderlyresources

Coffee County Anti-Drug Coalition

A nonprofit focused on substance abuse prevention and education. They work with schools and community groups.

(931) 570-4484 www.ccantidrug.org

Coffee County Senior Citizens Center

Enhances the quality of life for seniors through social activities and services.

(931) 455-2504 Facebook: Coffee County Senior Citizens Center-Tullahoma

Tullahoma Soccer Association

Promotes youth soccer and sportsmanship. They organize leagues and tournaments.

tsaboard@tullahomasoccer.org www.tullahomasoccer.org



Coffee County Red Cross Responds to emergencies, provides disaster relief, and offers health and safety training.

(615) 893-4272 www.redcross.org/loca...rt-of-tennessee.html

Coffee County Literacy Council Promotes literacy through tutoring and educational programs. They empower learners of all ages.

(931) 273-8001

See more options or add your organization to the listing:

Scan the QR code





We wish we could publish all the photos we have, but we have too many! Browse our online gallery for free or purchase photos to be mailed to your home. All proceeds from photos go to local nonprofits.



goodnewsmags.com/photos

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"When we give cheerfully and accept gratefully, everyone is blessed."

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