

**Lectures at Heritage**

FLORENCE – Tuscumbia native **Helen Keller** will be the focus of the 2024 Graduate Research Lectures on Thursday, April 4 at Franklin Auditorium on the campus of Heritage Christian University in Florence. This event is free and open to the public.

Keller lived a remarkable life of almost 88 years. Despite the nearly universal awareness of Keller's childhood experiences and physical challenges, her popular legacy remains flat.

**Brad McKinnon, PhD** Candidate in History at the University of Aberdeen in Scotland and faculty member at Heritage, will seek to uncover some of the 'known unknowns' of Keller's well-worn story with two lectures – "Why Helen Keller?" at 1pm and "Helen Keller: Reader of Swedenborg" at 3:30pm.

Heritage Christian University is located at 3625 Helton Drive. For more information about HCU, please visit [www.hcu.edu](http://www.hcu.edu).

**Shel. Board Tabs Mangino**

SHEFFIELD – The Sheffield School Board on Monday night hired **Stephanie Mangino** as chief schools' financial officer, replacing **Robin Collum**, a 19-year SCS veteran business office

See SHORTS... on Page 2

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**Field Upgrades**



UNA Athletic Director, **Dr. Josh Looney**, left, talks about the commemorative gloves presented to **Charles and Terry Anderson** last week at the **Hilda B. Anderson Softball Complex**. At right, **Terry** gets a thank you hug from **UNA Softball Coach, Ashley Cozart**.

Staff photos: TVM

**Softball Field Among Finest in ASUN**

FLORENCE – Last Wednesday was a special day at the **Hilda B. Anderson Softball Stadium** in Florence, as the University of North Alabama softball team hosted members of the Anderson family for a special softball field dedication prior to its game with Tennessee State.

The dedication was in recognition of the recent facility upgrades at the stadium, including the addition of **FieldTurf** for this season.

In addition to the new playing surface, the latest renovations include complete regrading, a new drainage system, new fencing across the outfield, repositioned fencing along foul lines creating an expanded playing surface, and the first phase of a patio pavilion project along the right field line.

The family of the late **Hilda B.**

See TURF... on Page 9

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**The Seamstress at Belle Mont**

*Editor's Note: March is Women's History Month, and this piece about Mrs. Delia Watkins Donley was a timely submission. Donley was the seamstress at Belle Mont Mansion and was active within the community.*



Delia Watkins Donley

TUSCUMBIA – **Delia Watkins** was born in Colbert County/Tuscumbia (ca. Nov/1853) the daughter of Rev.

See DELIA... on Page 5

**INSIDE this Issue**

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# Shorts...

## Shef. Board Tabs Mangino

Continued from Page 1

employee who resigned earlier this month. Collum has accepted a position in another school district.

Mangino, a familiar face in the SCS business office, has been the payroll and insurance clerk and Child Nutrition Program bookkeeper for the past 4 1/2 years.

Mangino's experience covers 10 1/2 years of governmental accounting, as she formerly worked in the Muscle Shoals City Clerk's office for six years.

"I've had the privilege of working under great mentors in **Ricky Williams** (former Muscle Shoals city clerk) and Robin, so I feel like I've been preparing for this next step," Mangino said.

**Mangino**

may reserve **ONLY ONE** campsite. No one can reserve multiple campsites.

Payment for the opening weekend must be made to the Wheeler Campground attendants by 4pm on April 5. If payment for the reserved campsite is not made by that time, the reservation will be released.

The Wheeler Campgrounds have water and electric hooks and a dumping station. The cost of \$15 per night and \$10 per night for senior citizens.

Brush Creek Park features primitive camping areas and pad camping (for RVs and pull campers) with water hookups only. There is a dumping station at the park.

This year, there will be a \$10 per night fee for campers using the pad camping area.

As in the past, the length of camping stays for Wheeler Campground and Brush Creek Park will be limited to a maximum of 14 days. Campers staying the maximum length of stay must leave the park for 10 days before returning.

Stays for tent camping is limited to a maximum of 10 days, then they must leave the park for seven days before returning.

"Our parks continue to have a lot of interest from the public, we want to ensure that as many people as want to will have a chance to enjoy our two parks and campgrounds," said **Tom Smith**, manager of the Lauderdale County Solid Waste Department, which oversees the parks. "In the past, we have had to turn some people away, because some campers want to spend several weeks at the campgrounds. We had some who wanted to take up residence at the parks. That's not what they are for. Limiting the camping days will offer more people the chance to enjoy our parks."

## Parks Open on April 5

**ROGERSVILLE**—The Lauderdale County Commission will be opening the two county-maintained parks for the season on Friday, April 5. Those are Wheeler Campground (on Alabama 101 near Wheeler Dam) and Brush Creek Park (on Lauderdale 14 near Waterloo).

Due to traffic concerns on Alabama 101, the commission will continue our practice of taking reservations at the Wheeler Campground during the first weekend the park is open, April 5-7. Anyone wishing to camp at the park during the first weekend **MUST** call the Solid Waste office and make reservations.

This is **ONLY** for the opening weekend. The campsites will be on a "first come basis" after the April 5 weekend.

The Solid Waste office will start accepting reservations for the opening weekend at Wheeler Campground on April 3. Call 256-760-5878 M-F from 8am-4pm. Also, individuals

## Cain Presents in Germany

**FLORENCE** – Dr. **Butler Cain**, a Communication Professor at UNA, has been invited to present a series of lectures at the Nuremberg Institute of Technology in

See **SHORTS...** on Page 5

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# Yard Sales

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**FLORENCE: MULTI-FAMILY YARD SALE** 6340 Co. Rd. 73 35634, Fri. 3/29 Sat. 3/30 8-2  
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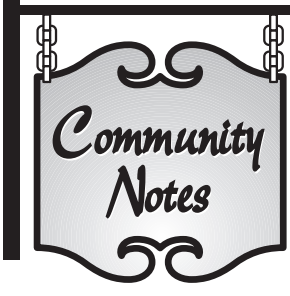
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THANK YOU for reading the Courier Journal!



**Saturday, March 30 - Launch Point Egg Hunt** 10:30am at the Alabama Music Hall of Fame, 617 Hwy. 72 W. in Tusculmbia.

**Saturday, March 30 - First Christian Egg Hunt** 2-4pm at First Christian Church, 700 N. Wood Ave. in Florence.

**First Baptist Church in Rogersville Easter in the Park** is at 4pm Saturday, March 30 at Rogersville Recreational Park on Hwy. 207 in Rogersville

FBCR's 7th annual free family event featuring: a photo booth, dinner, kite making, face painting, balloon twisting, story time and more. At about 4:50pm there will be an egg race with over 2,500 eggs for toddlers through kindergarten-age children and fgrades 1-6.

The Tennessee Valley Art Associations Annual Members Meeting will take place Thursday March 28 at 6 pm at the Ritz Theatre in Sheffield. Join us for valuable updates from our creative staff as well as our annual impact report. There will be light refreshments with available cash bar. We will also vote on our next slate of officers.

Please join us as we cast a vision for the future and celebrate the places we've been.

See NOTES... page 10



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- Email to editor@courierjournal.net

**Friday, March 29 Journey to the Cross** 4-6pm in the Woodmont Baptist Activities Center and Gym., 2001 Darby Drive in Florence; a Good Friday worship service will follow at 6pm in the worship center.

**March 27 Calvary's Easter Egg Hunt** 5-7pm at Calvary Baptist Church in Tusculmbia.

This year we are going to combine the Church and Daycare Easter Celebration into one night. For more details check calvarybaptistchurchcenter.com.

**Ribbon Cutting - Prestige Printing & Biometric Services** will host a ribbon cutting March 27 at 12pm, 801 Avalon Avenue in Muscle Shoals.

**Adult Game Night: Florence-Lauderdale Public Library**, Thursday, March 28 at 5pm, 350 N Wood Ave. in Florence.

**Movies at Shoals Theatre:** Thursday, March 28 Shoals Theatre, 123 N. Seminary St., Florence.

**Friday, March 29 - Launch Point Good Friday Service** 7pm at First Baptist Church Anderson, 245 Church St. in Anderson. Live crucifixion scene following the service.

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# Shorts...

## Cain Presents in Germany

Continued from Page 2

Nuremberg, Germany, in May. The Ohm Lecturship Program is invitation-only and aims to "promote internationality in teaching and to increase the number of lectures in [the] English language," according to the institute.

"I am humbled to receive an invitation to participate in the Ohm Lecturship Program," Cain said. "The Nuremberg Institute of Technology prioritizes international cooperation and cultural exchange, and this is a terrific opportunity for me to learn from their students, staff, and faculty."

The Ohm Lecturship Program is supported by the Bavarian State Ministry of Science and Arts. As part of the program, Dr. **Beatrice Dernbach**, a faculty member at Ohm-Technische Hochschule Nürnberg, will visit UNA and the Department of Communication in April, where she will speak to two classes. Her main field of interest is sustainability communication in local areas. Cain will be serving as her local host and is arranging some meetings on- and off-campus.

## Delia...

Continued from Page 1

Fredrick W. Watkins, Cherokee Indian, and Mariah Watkins. Siblings: Rev. Fred Lafayette W. Watkins (II); Rush W. Watkins, Rev. Seaton W. Watkins, Spencer W. Watkins, Peter W. Watkins and Giles W. Watkins.



Donley

She married Rev. Thomas Donley in Tuscumbia in 1867. The 1910 census reports she had 11 children with 7 surviving. Her husband, Thomas, died in a hunting accident. In 1920 Delia was listed as living in the Porter Donley household (one of her surviving sons) listed as widow and 'Grandmother'.

According to *The American Star*, a Tuscumbia based African American newspaper edited by Professor George Washington Trenholm, and the newspaper of the Muscle Shoals Black Missionary Baptist Association, Delia was a member of the Mosaic Templars of America (MTA). The MTA was an African American fraternal organization and was active in numerous church and community events. The organization led praise services (July, 1906), including the preparation of a surprise dinner for her brother, Rush Watkins on his marriage to Rose Bonner (Feb 1906) after his first wife, Bertha B. Watkins' passing some years prior. Rush and Bertha B. Watkins' children were Maria (Mariah) Watkins, Robert Watkins, Letha Watkins, Thomas Watkins, Minna Watkins, Luvinia Watkins, and Ellen Watkins.

Delia died sometime between 1910-1920, although the precise date is unknown.

Bertha B. Watkins had been deeded approximately five acres of land by Ella W. Thornton in her Last Will and Testament for "services rendered." The relationship with the Dr. G.W. Thornton family included Virginia, Tennessee, and Alabama. Bertha subsequently bequeathed the land and home to Rush Watkins.

*This information here was provided by Tom McKnight, family genealogist, March 12, 2024, for Belle Mont Facebook inclusion. Please send any queries, additions, or corrections to tmperal2011@gmail.com to maintain information consistency and accuracy.*

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Sadonna B. Magazzu  
Judy Cox  
Gregg Scott  
Heather Ridinger

**GRAPHIC COORDINATORS**  
Russell Roden  
Andrea L. Gray

**OFFICE STAFF/CLASSIFIED**  
Janie Brasfield  
Erin Gilbert

**CIRCULATION**  
Ted Fallin

**OFFICE HOURS:**  
Monday - Friday  
8:00am - 5:00pm  
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Florence, AL 35630  
256-764-4268  
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Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 51,892 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

**EDITORIAL POLICY:** Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

**219 W. Tennessee St.**  
**Florence, AL 35630**  
or email to:  
[editor@courierjournal.net](mailto:editor@courierjournal.net)

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**DEADLINES:** Issues Published Every Wednesday  
INSERTS - 5 pm Thursday  
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Friday March 29 | 10am - 2pm  
Portable Saw Mill Demos

**ENTER TO WIN**  
**Hud-Son Sawyer Portable Sawmill**

**TICKETS \$50 EA**  
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Drawing to be held  
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21" diameter log capacity - over \$3500 value  
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**K9 EASTER EGG HUNT**

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Florence and Muscle Shoals Locations participating



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**2/\$3**

Duncan Hines **Cake Mix** Asst. 15.25 Oz.

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**\$2.99**

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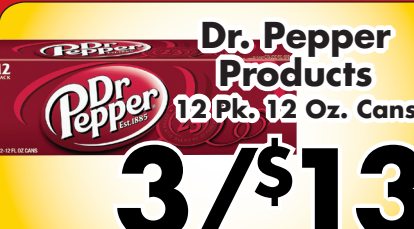
**Coke Products** 6 Pk. 1/2 Liter Btls.

**3/\$11**

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**\$2.29** 12 Oz. Bag

**Tomatoes on the Vine**



**\$1.49** Lb.





**UNA's Head Softball Coach, Ashley Cozart, left, speaks at last week's field dedication as Charles and Terry Anderson listen in.**

given by several speakers, a ribbon cutting, and a commemorative presentation.

"This facility now, we can now say with pride, is the top of softball facilities in the Atlantic Sun Conference. It is also pushing into the top tier of mid-major softball programs across the country," according to Dr. Josh Looney, Athletic Director at UNA.

"If you didn't get a chance to meet Mrs. Anderson, she was just amazing, said UNA head Softball Coach, Ashley Cozart. "The impact she made on my life and these girls back here is just wonderful. She loved female athletes and always thought they deserved the best. That is what I loved most about her."

Charles Anderson, Hilda's widower, received an enthusiastic response after one of his comments. "One thing she always believed during the 67 years we were married, was that women could do anything better than men," adding, "It took me about 10 years to figure out she was right."

**Turf...**

Continued from Page 1

Anderson was the primary driver of the renovation while

inspiring others to donate as well. Charles Anderson, Hilda's widower, and Terry Anderson, their son, were on hand representing the family. There were addresses

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**Quad Cities Taxi** Is looking for **Taxicab Drivers, Wheelchair Van Drivers, and Dispatchers.** Day and night shifts. Must be 25. Apply in person at 122 N. Royal Ave., Florence, between 8 am and 4 pm, Mon.- Fri. (No phone calls please)

**In Search of Housekeeper/ Dog Keeper** \$14 an hour after training. 8 am to 3 pm St. Florian area Call 256-764-3335 (Mon. - Fri. 9am-4pm) for an interview.

**The City of Sheffield** will begin taking applications for **STREET SUPERINTENDENT FOR THE STREET DEPARTMENT**

Applications will be accepted beginning **Monday, March 25**. Applications may be obtained in person from the **City Clerks' Office** and the **City's Facebook page**. The completed application must be returned to the City Clerk's Office, **600 N. Montgomery Ave., Sheffield** by **Friday, April 5**. Office hours are 8 a.m. to 4:30 p.m.

*The City of Sheffield is an equal opportunity employer.*

**The Colbert County Commission** accepting employment applications for a **CLERK / RECEPTIONIST** in the Rural Water Department.

**Starting pay is \$15.00/hr**

Job Description and Application are available at the **Alabama Career Center** 500 South Montgomery Ave., Sheffield

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## Notes...

Continued from page 4

**Chloe's Fund will host its Easter/Spring Delights Bake Sale** on Saturday, March 30 from 10am-1pm at Florence Lauderdale Animal Services, 3240 Roberson Rd, in the Florence Industrial Park. Delicious treats for fur babies and their people will be available including cakes, cookies, cupcakes, pies, breads and various treats. All proceeds from the Bake Sale will provide funds for emergency medical care for the animals at Florence Lauderdale Animal Services. All baked goods should be pre-ordered no later than Tuesday, March 26 at 5pm if possible. The menu is posted on FB: Chloe's Fund for Medical Needs of Florence Shelter Animals and Florence Lauderdale Animal Services. Bake Sale coordinator, Lisa Wilson Rim can also text the menu to you. Text her at 804-240-6880 (she's local). Direct Message Lisa on Facebook (or call) to place your order. Pick up your order on Saturday from 10am-1pm at FLAS or take your chances that bake sale volunteers were inspired and baked more than ordered! However, quantities day-of will be limited.

**Sunday, March 31 - Biker Sunrise Service** 9am at Natchez Trace Harley-Davidson, 595 Hwy. 72 W., Tusculmbia.

**Sunday, March 31 - Hendrix Road Baptist Easter Service** 9-11:30 am at Hendrix Road Baptist Church, 825 County Road 457 in Florence. Waffle Bar starting at 9am, worship, praise and preaching at 10.

**Sunday, March 31 - Launch Point Easter Service** 9 and 10am at Launch Point Church, 301 Hwy. 72 in Tusculmbia.

**Senior Meals on Weekdays at 11:30am** at The Club, 450 Country Club Road in Florence. \$1 donation

**Fishing Days at Deibert Park** sponsored by Florence Parks and Recreation. Tuesday, March 26, 6:30am - 6pm Thursday, March 28, 6:30am - 6pm Tuesday, April 23, 6:30am - 11:30am Saturday May 18, 10am - 2pm (Kids to Parks Day) Catch and keep, catch and share, or catch and release. Bring your fishing tackle. No fishing licenses required.

**Chess Club at 4pm April 1** at the Sheffield Public Library, 316 N. Montgomery Ave.

**Hi Neighbors of the Shoals meets on the 1st Tuesday** (April 2) of each month at 10:30am in the Florence Lauderdale Public Library. We are a women's social group and we welcome all ladies who are current residents of the Shoals area. Come join us! Contact Berta Birch, 256-777-3119, for further details.

**Tuesday, April 2 at 9am** Free clothes at Samaritan House, 600 Geneva Ave in Muscle Shoals.

**Toddler time at Muscle Shoals Public Library** Tuesday, April 2 at 10:30am, 1918 E. Avalon Ave., Muscle Shoals. Call 256-386-9212 for more information.

**AARP will be doing free taxes again this year at The Chapel** at 600 N. Columbia Ave in Sheffield. We will be open every Monday, Wednesday, and Friday from 9am-3pm. Appointments are preferred, by calling Kim at 256-483-2894.

**ABCs Under the Trees on Wednesday, April 3** at 10:30am, Florence-Lauderdale Public Library, 350 N Wood Ave.

**Muscle Shoals Music Camp, a day camp for high schoolers** hosted primarily at UNA's School of the Arts and the Department of Entertainment Industry facilities, takes place Monday-Friday, June 10-14. Campers will study song writing, recording technology, the music business, and the history of Muscle Shoals music. The curriculum includes field trips to the Alabama Music Hall of Fame and FAME and Muscle Shoals Sound recording studios plus workshops and panel discussions. In addition, students will be formed into bands. During the week, they'll work together to write and record original songs. Students will perform their original music for the public at 5:30pm, Friday, June 14, in UNA's Mane Room. Instructors include UNA faculty as well as local music professionals. Applications are available at [muscleshoalsmusic.com](http://muscleshoalsmusic.com). **The deadline to submit applications is Monday, April 1.** Cost of the camp is \$250, which includes meals as well as transportation and admission to field-trip sites. Deadline for payment is Friday, May 10. For more information, email [csota@una.edu](mailto:csota@una.edu) or call 256-765-4559.

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**Toddler time at Muscle Shoals Public Library** Tuesday, April 2 at 10:30am, 1918 E. Avalon Ave., Muscle Shoals.

**See NOTES... page 13**



**Pet Passions from Pet Supplies Plus** 

**Pest Prevention for Pets**

Your dog or cat can run but can't hide from fleas, ticks and mosquitoes. These pests are attracted to carbon dioxide and can detect even trace amounts of this gas animals naturally exhale when breathing. Furthermore, they can use an animal's body heat to find their next blood meal. Even staying indoors is no sure thing because these pests can be easily brought in from the outdoors. Pet Supplies Plus offers a wide selection of preventatives and treatments that can help protect your pets. If you suspect your fur baby has a serious case of fleas or ticks, or have questions about what products to use, don't hesitate to consult your veterinarian.

**MEET THE PESTS**

Fleas, ticks and mosquitoes are literally out for blood. More specifically, female fleas and mosquitoes depend on the protein and iron found in blood to help them reproduce. If you see tiny white grains on your pets, floor, or even furniture, those could be flea eggs and (brace yourself) a flea can produce millions of offspring during its lifetime. Meanwhile, ticks require blood meals to get them through their life cycles and will feed on a host for days. It's during this feeding process when fleas and ticks transmit disease-causing pathogens into an animal. As for mosquitoes, they can inject tiny larvae into a pet's bloodstream and after 3-4 months, the larvae could become adult worms in your pet's heart and lungs. These are the worms that cause heartworm disease.

You'll find fleas living in shady, moist areas like shrubs, leaves and trees. Even though they're wingless, these parasitic insects can jump up to 2 feet high.

Those parasitic ticks can't fly or jump, so they tend to live in tall brush, grass or shrubs where they can crawl up or onto a nearby dog, cat or even person.

Since mosquitoes lay their eggs in standing water, it's important that you replace the water in your pet's bowls frequently and drain any pet pools or splash pads.

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## Commentary

# NFL's Butker Prods Male Responsibility

Last week, I saw a brief clip of Harrison Butker's interview on EWTN talking about the responsibility men have to society. EWTN (Eternal World Television Network) is based in Catholicism and is the largest religious network in the world.

I never really thought about Butker beyond the knowledge that he was arguably the NFL's best placekicker last year with the two-time defending Super Bowl champion, Kansas City Chiefs. The Chiefs happen to be an organization that I have competitively disliked for over 50 years. Butker made 33 of 35 field goals during this past regular season and was perfect on 14 attempts in the playoffs.

I didn't know anything about Butker personally. I had never heard his voice, and eventually had to search for the entity behind that acronym. However, when I saw Butker's name associated with an email one

See MEN... on Page 24

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

## In A Few Words



TOM MAGAZZU  
Editor

## Courier Journal

in the *Shoals*

# THIS WEEK

March 27, 2024

## Happening THIS WEEK

# CARINGPLACE Turns 1

## Silver Status in First Year with Higher Level on the Horizon

FLORENCE—March 29 marks the one-year anniversary of the reopening of CARINGPLACE of the Shoals at 216 Marengo St. in Florence.

CARINGPLACE is a 501(c)(3) organization providing adult day services (ADS) for aging, frail adults, and those with memory loss. The facility's staff and clients have welcomed many new faces, embraced friends new and old, and sadly said farewell to some that were near and dear.

CARINGPLACE of the Shoals continues its original mission of providing respite for caregiving families while their loved one enjoys



CARINGPLACE staff members interact with clients during daily activities to help to keep their minds engaged.

Courtesy photo

CARINGPLACE OF THE SHOALS

a safe, inviting setting. They can engage with others, choose from an array of innovative activities, dine with other participants, and be surrounded with a compassionate caring staff. Specialized schedules may be created from four to forty hours each week, contingent on the caregiver's own needs and schedule. The services are extremely cost-effective when compared to residential care or home services. Veterans Aid and Attendance benefits and long-term care insurance often reimburse for adult day services.

"We have come so far in our first year of reopening, we have made many

See CARING...on Page 31

**JOURNEY TO THE CROSS** is Friday, March 29 from 4-6pm in the Woodmont Baptist Activities Center and Gym, 2001 Darby Drive in Florence. A Good Friday worship service will follow at 6pm in the worship center.

**HENDRIX ROAD BAPTIST EASTER SERVICE** is Sunday, March 31, 825 County Road 457 in Florence. Waffle Bar starting at 9am, worship, praise, and preaching at 10.

**LAUNCH POINT EASTER SERVICE** 9 and 10am Sunday, March 31 at Launch Point Church, 301 Hwy. 72 in Tuscumbia.

**FIRST BAPTIST CHURCH IN ROGERSVILLE EASTER** in the Park is at 4pm Saturday, March 30 at Rogersville Recreational Park on Hwy. 207 in Rogersville. FBCR's 7th annual free family event featuring: a photo booth, dinner, kite making, face painting, balloon twisting, story time and more. At about 4:50pm, there will be an egg race with over 2,500 eggs for toddlers through kindergarten-age children and for grades 1-6.

### SOFTBALL

**SAT. MARCH 30 (DH)**  
**12PM & 2:30PM**  
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## YOUR Letters

Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

- by Mail, in Person, or Mail Slot  
Editor-Courier Journal  
219 W. Tennessee St., Florence, AL 35630
- e-mail: [editor@courierjournal.net](mailto:editor@courierjournal.net)
- FAX- 256-760-9618

## God Bless America

Letter to the Editor,

I wrote a letter to the editor recently entitled, "Democracy or Dictatorship" (February 14). I want to thank those of you who provided feedback.

Sometimes we just have to agree to disagree, as long as we don't disagree that here is only one God: the God of Abraham, Isaac, and Jacob; the Great I AM; Jehovah God.

My friends, God loves you and so do I. May God bless you and may he continue to bless America! Amen.

**Pete Lopez**  
Florence

## Just Doublecheck

Editor:

It's so disheartening to see the media like Associated Press, MSNBC, and CNN distort President Trump's words and meanings. At the Ohio rally, he said the word

*Are you going to put on your gloves and knickers and go pick watermelons in 150 degree sun?*

”

"bloodbath." They pounced and erroneously reported that if he weren't elected, a bloodbath or violence would occur. They did not give the context of his statement.

He was actually speaking about the auto industry, saying that if China builds car factories in Mexico with foreign labor and then sells in America, he will put a 100% tariff on them. The China move would cause auto workers in this country to lose jobs and would boost China's economy. He used the phrase, "If I'm not elected President, there will be a bloodbath," meaning that if Biden is still there favoring China, we would have an economic disaster.

That is not the word I would use, but hey, that's Trump. So, when the

More LETTERS... on Page 14

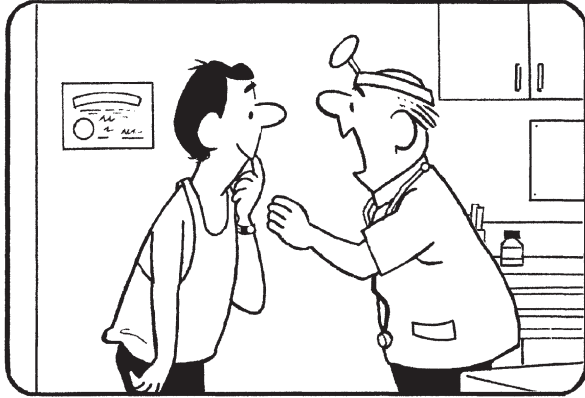


**HOCUS-FOCUS**

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Arm is moved. 2. Neck opening of undershirt is lower. 3. Pocket is different. 4. Cabinet door is wider. 5. Bottle on counter is moved. 6. Watch is added.

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**The Place Of Peace**

As a child, I remember the clerics telling us to pray for peace and the poor pagan children. Little did I realize I was one of them. Peace, there is none because all involved want it on their own terms, naturally without God. You see, people love sin more than money, and money more than peace, God, life or death. Folks are told by doctors that if they continue their ways, it will kill them, but to no avail. There is no peace because we have chosen sin as a national pastime. Read: **Isaiah 45:7** "I form the light, and create darkness: I make peace, and create evil: I the LORD do all these things." **Isaiah 48:22** "There is no peace, saith the LORD, unto the wicked." The U.N., the world's joke on "no more wars" has failed miserably trying to force something only God can give. Why? **John 8:47** "He that is of God heareth God's words: ye therefore hear them not, because ye are not of God." And: **Galatians 6:7** "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap." Achieving something without God, that only God can bring is futile.

The only thing men learn from history is nothing. Only God can reverse men bent on self-destruction. That is why lost men desperately need the New Birth. Peace, that elusive quarry, can only come through surrendering to Christ and humbly coming to God through Him. You will, sooner or later, bow your knees to the Lord Jesus Christ. Delayed past death will be too late. **Hebrews 3:15** "While it is said, To day if ye will hear his voice, harden not your hearts, as in the provocation." **Hebrews 7:25** "Wherefore he (CHRIST) is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make intercession for them." Sin kills but Jesus saves. What are you waiting for? Call on Jesus today, ask Him to forgive your sin, come into your heart and save your soul and trust Him as your Saviour and ask Him to bring you to God and give you peace and security. These things only come from Christ! He'll do it!

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**Notes...**

Continued from page 10

**BYOB Book Club on Wednesday, April 3** at 4pm, Florence-Lauderdale Public Library, 350 N Wood Ave, **Infants - Adult Clothes and Shoes Giveaway on Thursday, April 4** from 8-10am at the Care Center, First Baptist Church in Killen. Spring has arrived and our Spring clothes are out!

**LifeSouth Bloodmobile Dates:**  
**Tuesday, March 26** Constellium, 6:00 am - 6:00 pm  
**Friday, March 26** Constellium (Element 13), 6:00 am - 4:00 pm  
**Thursday, March 28** Russellville Hospital, 10 am - 6 pm  
**Saturday, March 30** Colbert Farmers Co-Op, 8 am - 2pm Schedule  
**Sunday, March 31** Walmart - Cloverdale Road - Florence, 10am - 4pm  
**Thursday, April 18** Muscle Shoals Electric Board, 10am - 4:30pm

**Florence Shred Day is on Friday, April 5 from 9am-noon** at the Florence-Lauderdale Coliseum in Florence - at 702 Veterans Drive. The annual free on-site document shredding event is brought to our community this year by Better Business Bureau of North Alabama and AARP Alabama. It will give area residents the opportunity to help protect their identities and the environment in a quick and easy drive-thru set up.

There is a limit of three kitchen size bags or three file storage boxes per vehicle. Only paper documents will be accepted. All other materials such as plastic, metal, and binders must be removed. Shredding will be accepted until the shred trucks reach full capacity. For more information, call 256-533-1640 or visit [BBB.org/northern-alabama](http://BBB.org/northern-alabama).

**Eli Lev will return to Florence and the Lava Room** in Florence at 116 West Mobile on April 8 at 6pm.

Eli Lev pens lyrics and melodies for everyday, songs that resonate because they're heartfelt, earthy, and offer the wisdom he's gained through lifelong travel and self-discovery. His latest project, an EP called 'Walk.Talk.Dance. Sing,' was inspired by the events of the pandemic and explores the range of emotions that we all went through as a society and individuals.

The rising singer-songwriter is making the world a smaller place, one song at a time. For more information, visit [eli-lev.com](http://eli-lev.com).

See NOTES... page 28

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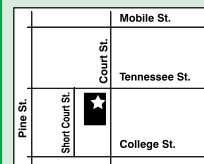
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**CHEF FIELD**

The "Village School" site was originally an area of enormous kitchens set up to feed the "Village" workers assigned to the WW I Nitrate plant.. This area became known locally as Chef's Field. This soon was shortened to Chef Field. Spelling was more fluid in those early times, so many people spelled it Shef Field which became today's Sheffield.

April 1

**Location: 92.418°N, 367.55°W**  
2.718 Asinine St,  
Sheffield, AL

Sheffield was incorporated in 1885 so it celebrates its 139th birthday this year. This marker claims the origin of the name and I am told that it was created for April 1st.

~ Courtesy David Curott ~ author of  
Historical Markers & other "Signs of the Past"

## Letters...

### Doublecheck For Sure

Continued from Page 12

Trump-Obsessed media tells a whopper, just doublecheck to be sure what was actually said.

**Kay Woodford**  
Florence

### Propped Up as Viable

Editor:

Former President Trump has had his hands full lately. Atlanta DA, Fani Willis, wanted to somehow get her name attached to Trump's. But somewhere along the line she forgot that it's against the law to award taxpayers' money to some inexperienced lawyer who turns out to be her boyfriend. Then she vehemently denied that they had a relationship.

Her goal to get Trump has become a tangled, juvenile mess as far as court proceedings go, and President Trump probably doesn't even worry about it anymore. It's now in his rear-view mirror.

The true travesty is how many liberal judges and prosecutors are bringing all the frivolous cases en masse, trying to levy fines, and assess judgements that each know will be shot down by the Supreme Court, but not until after the next election.

Muddying the waters, ascribing awful accusations, doubling down on the lies that get ignored by mainstream

media. This is how Democrats and liberal media are running Biden's campaign.

Biden has no business even being propped up as a viable President for these remaining few months until the election, and certainly not for another full term. Democrats don't care about any of this. Their thin-skinned pride and ego only allow them to lash out.

Not agreeing with another person's words or personality means nothing to me when compared to how our schools are now infected with wokeism, how Biden's immigration policy is meant to attract anyone who would vote liberal, how soldiers in Afghanistan had to die because of Biden, Milley, Austin, and Blinken putting their heads together in thought.

Now they abandon Israel, criticizing their every move. Food, gas, rent, mortgages have been hurting us since day one of Biden's election. And all he does is double down on the lies, eat his ice cream, and grin. This constant grinding on President Trump is something I hope no American must ever endure. Even if he wins the election, his American spirit has been assaulted so much by all the frivolous cases. I never thought I'd witness Democrats trying so hard to destroy the democracy they allegedly so dearly cherish.

**Wayne South**  
Florence

### Using Fear to Disable

Editor:

Once again Easter is upon us. Most Christians are praying for peace and love during this time. Following Jesus is not for everyone. Especially not for those denying asylum for those God has sent to America. Unless you really aren't a believer and only want to use the verses you like. God sent them. He knows who they are and why He sent them to a living hell in America for sanctuary.

Another thing I'd like to mention. After

See LETTERS... Page 22

# ASK THE ATTORNEY

## Common Problem



**Thomas McCutcheon**

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

This week I spoke with a very nice gentleman who was disappointed with my opinion of his case. He felt as if the legal system was in some way broken. It's not, but it's the way it is for a reason.

Here's what we're talking about. This gentleman had worked in a well-respected industry and was living off of his social security. He had a wreck that was not his fault. Money was tight and he did not go to the hospital or a doctor. He did not go to a chiropractor or a nurse practitioner.

He toughed it out for over a year. He cut back on his activities and struggled to make himself comfortable. After 14 months he sees a doctor for the first time and gets an MRI. The gentleman then discovers that he has a herniated disc.

I believe the man is telling the truth. He had no medical history prior to the accident because he didn't go to the doctor. If he had seen a doctor on a regular basis for yearly check-ups, we would know that he probably had a good back or at least he hadn't complained about it.

I tried a case in Huntsville for a very nice lady whose first complaint of shoulder pain was four months after the accident. She didn't complain about her shoulder to the ambulance crew or to the emergency room. She didn't mention it to her doctor nine days after the accident. She had shoulder surgery, and I valued that case between \$65,000.00 and \$75,000.00 for a variety of reasons personal to her case such as how likable she was, how provably honest she was and the poor result she got from the surgery. The jury gave me \$6,500.00. Not \$65,000.00. When I interviewed the jury after the trial, they felt that because she was so active with no complaints for four months, she could have injured her shoulder in one of the many activities she engaged in.

The legal reality is that a doctor has to say that the accident more likely than not or "probably" caused the injury that you are seeking compensation for. We've seen cases where people believe their cancer came out of remission or they're concerned that perhaps their ability to reproduce has been compromised. Without a doctor's opinion, you don't win. Without documentation of treatment, your case isn't what it would have been. If you're not hurt, don't say you are. If you are hurt, go tell the doctor.

Buckle up, drive safely, and as always, your referrals are appreciated! 256-764-0112

Please send the questions to: "Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631 or visit our website at: [www.mhatty.com](http://www.mhatty.com)

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- 3413 Woodward Ave. • 7am-11pm • 256-978-6093
- SHEFFIELD Foodland Plus • 106 Towne Plaza • 7am-10pm • 256-381-6552

- TUSCUMBIA 103 West 1st Street • 7am-11pm • 256-383-9425
- FORD CITY FOODLAND River Road • 7am-10pm • 256-446-5842
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I'VE BEEN SEEING AN EXPLOSION OF "HELP WANTED" SCAMS on Facebook "local buy/sell" groups but they are also prevalent on other social media accounts such as LinkedIn and Indeed. These ads promise well-paying jobs — if applicants provide their Social Security numbers and other details upfront. Scammers then use the information to apply for unemployment benefits or, ultimately, steal your identity.



Jim Fisher

The scam usually goes something like this: You, a desperate job seeker with ramen noodles for dinner

## Help Wanted: Professional Astronaut (No Spacesuit Required, But Social Security Number a Plus)

by "The Computer Skeptic"

and a resume gathering dust, see an ad for "Social Media Influencer for Kittens." (They are not always this obvious. Sometimes it's an ad for house cleaning that pays \$1500 per week. Regardless, the pay is usually outrageous, the work sounds like a dream, and all you have to do is send over a copy of your driver's license "for verification purposes." Red flag alert! Because the only verification

happening here is whether you're gullible enough to fall for their scheme.

Here's the thing, folks: If a job ad promises you a six-figure salary for cuddling kittens, run for the hills (or at least close the browser window). Remember, legitimate companies don't need your social security number to interview you.

So, how do you avoid becoming a victim of these

resume-robbing rogues? Here are a few tips:

- **If it sounds too good to be true, it probably is.** Don't let desperation cloud your judgment. A job that pays a king's ransom for minimal effort is about as real as a unicorn with a social media following.

- **Do your research.** Look up the company before sending over your resume. A quick Google search can save you a world of identity theft headaches.

- **Never send over sensitive information through email.** Legitimate companies will have a secure application process on their website.

- **Trust your gut.** If something feels fishy, it probably is. Don't be afraid to walk away from a job offer

that seems too strange to be true.

Remember, job hunting can be tough, but don't let scammers make it any tougher. Keep your wits about you, and the only thing you'll be "influencing" is your bank account with a real, honest-to-goodness job. And who knows, maybe then you can finally afford some real food, not just ramen noodles. Now that's a dream job we can all get behind!

For questions or comments, Contact the Computer Skeptic, Jim Fisher at [Jim@ExcelAL.com](mailto:Jim@ExcelAL.com)

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## Dr. Terence T. Hart

*It is with a bittersweet heart that I announce my retirement from active practice effective March, 29, 2024.*

Serving as your healthcare provider has been a tremendous honor and I am deeply grateful for the trust and confidence that my patients have place in me over the years.

Your medical records will continue to be handled with the utmost confidentiality and care. **If you would like to remain under the care of this office, your records will be readily available at Shoals Primary Care, where Dr. Zaman Shah and another provider will be able to assist you.**

If you prefer, a copy of your records can be transferred to another provider or released to you. Please notify my office at your earliest convenience so that we can facilitate the smooth transfer of your records. 256-381-5507.

*I extend my warmest wishes for your continued health & well being.*

Dr. Terence Hart

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# ON YOUR DEBT

## FIVE MYTHS ABOUT BANKRUPTCY



**B. Grant McNutt**  
 Managing Attorney

### Myth #1: I Can Never Get Credit Again

Filing a bankruptcy is on your credit report for 10 years, however just because a bankruptcy is being reported on your credit report doesn't mean you can never get credit. Usually as soon as you receive a discharge in bankruptcy you are eligible for loans, and in fact many subprime lenders solicit newly discharged debtors for high interest credit cards and signature loans because the creditor knows a Chapter 7 can only be filed once every 8 years.

### Myth #2: I Am Going To Lose My Home

All states and the Federal Law allow persons filing a bankruptcy to protect a certain amount of equity in the home (equity is the difference between what the home is worth and what you owe on it). The State of Alabama currently allows \$16,450 for an individual as a homestead exemption and if married that doubles to \$32,900. Even if your equity exceeds your exemptions, a Chapter 13 Bankruptcy may allow you to reduce your debt and still protect your home.

### Myth #3: I Will Lose My Vehicle, Car, Boat, Truck Or Motorcycle If I File Bankruptcy

Generally, as long as you are current on your vehicle loan, and you don't have a lot of equity, your vehicle can be protected if you file a Chapter 7 bankruptcy. If you are behind on payments or have a lot of equity in your vehicle, a Chapter 13 can reduce the interest rate, monthly payment and allow you to cure what you are behind on the vehicle loan.

### Myth #4: I Don't Have To List My Medical Bills In My Bankruptcy Or You Can't List Medical Bills In A Bankruptcy

All debts must be listed in a bankruptcy, including medical bills; usually all medical bills are discharged in a bankruptcy. In a Chapter 7 you can voluntarily pay back your favorite doctor if you want to, even after you have been discharged. In a Chapter 13, the hospital or doctor will receive whatever you can afford to pay on the medical bill. A hospital receiving federal money cannot refuse you service just because you listed the hospital in your bankruptcy.

### Myth #5: I Can't Discharge A Utility Bill In Bankruptcy

All debts are listed in a bankruptcy filing so if you are behind on a utility bill it must be included in the bankruptcy. If your utility company is the only service provider available to you, which most are, the utility company cannot turn off service because you filed their debt in the bankruptcy. The utility company can only require that you pay another reconnection fee and/or security deposit to keep your service from being interrupted.

### Contact The Bond & Botes Law Offices

Please call us for an absolutely free and confidential consultation. We'd love to discuss your finances with you if you have had a serious reduction in income or have lost your job or find yourself in financial trouble of any kind. Debt can be overwhelming. The attorneys here at Bond & Botes provide guidance on helping clients reduce or eliminate debt. We can alleviate your stress! We want to help!

Alabama State Bar requires the following: "No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers."



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14-16 Oz. Select Varieties Duncan Hines Frosting **199**



12-25.9 Oz. or 10-12 Ct. Select Varieties Folgers Coffee **5.99** WITH \$1.00 OFF 1 DIGITAL COUPON SALE PRICE WITHOUT DIGITAL COUPON 6.99



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16 Oz. Select Varieties Best Choice Butter Quarters **2/\$6**

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8 Oz. Select Varieties Cool Whip Topping **2/\$4**  
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5 Lb. Bag Russet Potatoes **199** SAVE \$2.51

Fresh Asparagus **149 LB**  
48 Oz. Select Varieties Blue Ribbon Classics Frozen Dairy Dessert **2/\$4**

21-30 Oz. Select Varieties Malt O' Meal Cereal **2/\$5** WITH \$1.00 OFF 2 DIGITAL COUPON SALE PRICE WITHOUT DIGITAL COUPON 2.96  
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2 Liter Select Varieties Best Choice or Always Save Soft Drinks **99¢** WHEN YOU BUY 5 OR 1.49 EACH  
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# Letters...

Continued from Page 14

## Using Fear to Disable

Covid, millions of people suffered, and many died. The farmers need workers. Are you going to put on your gloves and go pick watermelons in 150-degree weather? With no toilet, shade or fan? Oranges? Lemons? I didn't think so. So, all you're really going to do is complain and use fear to disable America.

**Linda Johnson**  
Florence

## NEED HELP?

CONTACT 2-1-1

Your link to community resources

## The Same Game Plan

Hello Friends,

The Democrats in the media and the Democrats in congress never tire of calling the rest of the American people, particularly Trump supporters, communists, fascists, racists, etc.

There are several excellent sources to learn about crowd politics, communism, and fascism. Understand that the Democrats of today are not the Democrats of 25 years ago! Today, they are following the game plan set forth by Marx and Engles in *The Communist Manifesto*. The same game plan that Mussolini, Hitler, and all other totalitarian leaders followed. Now,

they are so bold as to tell you exactly what they want the America after their great reset to look like.

Please take the time to listen.

**Jim Brasfield**  
Florence

## The Night is Coming

Editor:

She sat next to me at the hair salon. She leaned over and said, "Mister, has anyone ever told you that you have a striking resemblance to Harrison Ford?"

Of course, I was pleased with my introduction to her, and immediately felt gratified that she thought

I looked like a movie star. I told a friend about this later and he deflated me.

"Well, Harrison Ford is a bit 'long in the tooth' now!" he said.

Ouch.

Anyway, this was my introduction to Cherry Starr, wife of legendary quarterback Bart Starr. We saw each other often back when we used the same day-of-the-week for haircuts, but not so much this past year when I changed days. She was happy when I told her I once bought a car from Bart Starr Lincoln-Mercury in Birmingham.

Cherry was a cheerleader at the University of Alabama when she and Bart secretly married for fear that the coach might frown on his players being married. Their marriage lasted more than 60 years, including productive years in Green Bay, Wisconsin, where Bart was quarterback and coach for the Packers. He won four league championships and two Super Bowl victories.

It was early 2019 when Cherry told me her husband was doing better and she'd love for me to come by and meet him. I'm not sure now why I didn't jump on this opportunity, but soon Bart grew worse, and he died in May of that year. Cherry died February 27.

Life is filled with opportunities—some we grasp and some we lose. I think we realize this more with each passing year when most of us seniors have lost people close to us, and perhaps have had some disturbing medical episodes ourselves. Life is a gift, and every day an opportunity God gives us to love and serve somebody else.

Jesus had a busy day one Sabbath when He helped a woman taken in adultery and then healed a man born blind. The religious leaders were distraught that He dared to do acts of healing on the Sabbath and when He declared they too had sin just as this woman did. In the midst of this, Jesus spoke some well-known

words: "We must do the works of Him who sent Me while it is day. Night is coming when no man can work" (John 9: 4).

In the ancient world, darkness forbade manual labor and large gatherings. Jesus used darkness as a euphemism to describe the cessation of opportunity.

Night came for Jesus soon enough when He faced the cross, and night comes for all of us at some point.

We must do the good we know to do today before night comes.

**Michael J. Brooks**  
Siluria Baptist Church  
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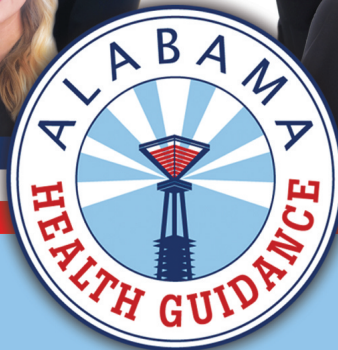
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## Commentary

# Men...

Continued from Page 12

morning, my curiosity was piqued. He has a lot to say in response to an interviewer's question.

Q-What do you think are some specific challenges men face today that could be keeping them from their potential?

BUTKER:  
I think part of the fall from the first sin of Adam and Eve is men want to be like women and women want to be like men. You see a lot of times where women want to be leading the marriage and they wanna be the head of the household, and the man, you know, it's the Homer Simpson-sit on the couch- drink beer- and just watch TV- and just let everything go on around me and I'm not really at the center of what's even going on in my household.

So, I'm very passionate about encouraging men to be courageous, to not be afraid to be the leader. It's something that we struggle with. I think a lot of times to go outside of our comfort zone, and say, "You know what, God has called me to be a leader and to lead by example. I'm gonna lead my household, and I'm gonna lead outside in the world while I am

evangelizing.'

So, that's something that I'm very passionate about. I think more men need to not care about what the world says about them. They need to have strong men to support them with iron sharpening iron, and they need to be encouraged that Jesus Christ was radical, and He said a lot of things that weren't liked, and He wasn't loved. But at the end of the day, He stood for truth, and I think men cannot be afraid, and cannot waver, and they need to stand for truth.

Amen, Butker gets a tip of the hat for his strong biblically supported

stance. I can now better appreciate his abilities on and off the field.

Such a perspective about men in the family and in society need not rest exclusively with the religiously inclined. We've gotten away from some important elements that made the free world so stable and productive for many centuries.

It's a shame that officials at ESPN won't interview Butker. That's the audience that really needs to see and hear those comments.

## NEED HELP?

CONTACT 2-1-1

Your link to community resources

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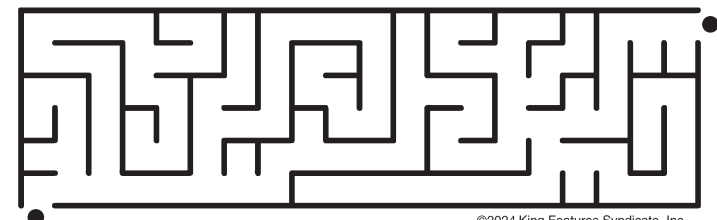
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## Kids' Maze



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## Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                    |           |                     |           |
|--------------------|-----------|---------------------|-----------|
| 1. Put forward     | ___ B ___ | Pinnacle            | ___ M ___ |
| 2. Visitor         | G ___     | Mission             | Q ___     |
| 3. Stuffed shirt   | ___ D ___ | Trim the shrubs     | ___ N ___ |
| 4. New York player | ___ E     | Tugged              | ___ D     |
| 5. Simmer          | ___ A ___ | Black-and-blue mark | ___ U ___ |
| 6. Evening         | N ___     | Box                 | F ___     |
| 7. Machinery arm   | ___ R     | Steamroll           | ___ L     |
| 8. Bank employee   | ___ E     | More statuesque     | ___ A ___ |
| 9. Existing        | ___ V     | Similar             | ___ K     |
| 10. Canonized one  | ___ A     | Stretch of activity | ___ T     |

## WORD LADDERS

Can you go from WASTE to PARTE in 6 words? Change one letter for each rung in the ladder.

WASTE

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

PARTE

## Puzzle Whirl

### MINI SUDOKU

6		1	
		5	
		1	
5	2		
	6	4	
4	1		6

Place a number in the empty boxes in such a way that each row across, each column down and each small 6-box square contains all of the numbers from one to six.

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### WORD SPIRAL



Fill in the missing letters to reveal the nine-letter word that starts at one of the four corners and moves clockwise around the perimeter before ending in the center.

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Answers on Page 30



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**BUTT PORTION**  
**\$1.78** LB.



HORMEL BLACK LABEL  
**SLICED BACON**  
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NATHAN'S  
**FRANKS**  
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18 OZ. - SELECT VARIETY  
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**2/\$3**



12-14 OZ. - KRAFT DELUXE OR VELVEETA  
**MAC & CHEESE** **\$3.38**  
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16 OZ.  
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4 OZ.  
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**\$1.28**



13.7 OZ.  
**RITZ SNACK CRACKERS**  
**\$3.48**



15.25 OZ.  
**DUNCAN HINES CAKE MIXES**  
**4/\$5**  
**DUNCAN HINES FROSTING**  
**2/\$3** 16 Oz.



**DIARY**  
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**2/\$5** 8 OZ.



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32 OZ.  
**FOOD CLUB VINEGAR**  
**98¢**



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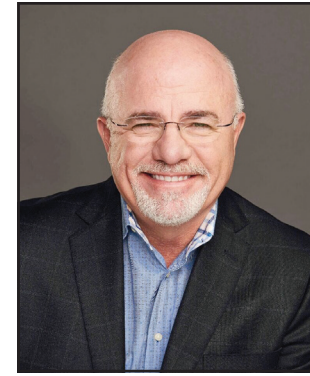
## Adam Isbell, M.D.

Board Certified in Internal Medicine



# DAVE Says

by DAVE RAMSEY



## IT'S A TOUGH SITUATION FOR BOTH OF YOU

Dear Dave,  
 I'm worried about my younger brother, and I need some advice. He's divorced and has a son, and lately, it seems like he only wants to be a dad when it's convenient. On top of this, he's very irresponsible with money for someone in their thirties. Our mom and dad passed away several years ago, so I feel like this leaves me to be the big brother and parent at the same time. I'm not sure how to help him. Can you give me some advice, please?  
 Andy

Dear Andy,  
 You're a good and caring big brother to be concerned and want to help. And it's a tough situation for you, especially with your parents no longer in the picture. When I help people on my show, I have the benefit of them calling in and actually wanting help. These folks care about what I think, and in most cases, they realize things aren't working for them. I don't just walk up to people and say, "You know,

what you're doing is really stupid. Let me fix you." I think that's kind of the situation you're in right now. So, before anything else, I'd begin to pray for him. Ask God to bring people into his life who will have a positive impact on him.

One of the worst things about these situations is watching people you love do bad things to themselves and the people around them. Honestly, I don't know there's really a lot you can do without becoming the enemy to some degree. You can always try to hold him to a higher standard, and refuse to tolerate immature, irresponsible behavior when you're around him. You might even look for opportunities to use yourself as an example. I'm not talking about puffing out your chest and pretending to be perfect. I'm just saying maybe point out areas in your life where you made mistakes in the past and how you fixed the problems. But going out and trying to actively intervene in his life without permission, or shaming him in hopes it'll

make him grow up and be a man, would probably do more harm than good.

Approach him in a gentle, caring way. Again, not like some know-it-all, but just let him know you care and you're there to help if he's having difficulties. Take him out to lunch once in a while, or invite him over, and let him know you're there for him if he needs to talk.

And remember what I said earlier about prayer? Bringing God into the equation is never a bad idea.  
 —Dave

Dave Ramsey is an eight-time No. 1 national best-selling author, personal finance expert and host of *The Ramsey Show*, heard by more than 20 million listeners each week. He has appeared on *Good Morning America*, *CBS Mornings*, *Today Show*, *Fox News*, *CNN*, *Fox Business*, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions.

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**Courier Journal** A Special Thanks To Everyone for taking part in our 2024 Easter Coloring Contest

Top 3 winners in each age group pictured to the right receive:

An Easter Basket Filled With Lots of Goodies From **WOODLAND**

And **Happy Meal** from McDonald's in Colbert Co. Or Russellville

**Honorable Mentions:**  
**2-4 Age Group:** Florence: Emersyn English, Landon Sweeney Courtland: Alexx Handerson Killen: Zelda Harrison Muscle Shoals: Hadassah Salinas Tuscumbia: Poppy King, Kaemon O'Connor  
**5-7 Age Group:** Florence: Addi Roberson, Millie Thomas, Kennedy Byers, Riley Rhodes, Helen Barrow, Hattie Cook, Hattie Malone, Evelyn Malone, Shane Wheeler, Eden Saucier, Nora Judson, Kylan Willis Town Creek: Sarah Warren Killen: Wyatt Beck, Brighton Sheehan, Tuscumbia: Jace Anderson, Lucy Brooks, Everly King Muscle Shoals: Miller Williams, Barrett Michael, Kolby Austill, Naomi Tinsley  
**8-10 Age Group:** Town Creek: Kohen Pattison Florence: Ophelia Benson, Henley Story, Leigh Barrow, Addi Painter, Darby Reding, Emma Allen Killen: Ashlyn Underwood, Audrey Soeun Muscle Shoals: Ryleigh Steward, Faye Holland, Tuscumbia: Harper Hinton Rogersville: Harlie Flanagan Sheffield: Harper Smith



**2-4**

**1st Harper Mayfield**  
4 - Tuscumbia



**2nd Creed Clifton**  
3 - Florence



**3rd Aly Brewer**  
2 - Cypress Inn



**5-7**

**1st Ansley Womble**  
7 - Florence



**2nd Sopha Quick**  
6 - Tuscumbia



**3rd Avery Almon**  
5 - Florence



**8-10**

**1st Karlee Byers**  
10 - Florence



**2nd Hazel Mayfield**  
9 - Tuscumbia



**3rd Makena Finley**  
8 - Cherokee

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## Community Notes...

Continued from page 13

**Amie Beth Shaver, former Miss Alabama (1994) and Alabama State Senator Andrew Jones (Dist. 10)** will be speaking to the Shoals Republican Club on Saturday, April 6 from 8-10am at the Helen Keller Library.

Shaver will talk about her review of Thomas Hager's book, "Electric City."

Jones is sponsor of the Grocery Tax Reduction Act and Sweet Trails Alabama. Trails is a growing segment within the eco and recreational tourism market.

**The Salvation Army Women's Auxiliary will host the 20th Annual Empty Bowls luncheon** on Wednesday, April 10 at the Marriott Shoals Conference Center from 11am-1pm. Tickets are \$20 each in advance or at the door. They are available from any SAWA member, The Salvation Army on Huntsville Rd., the Law Office of Ralph Holt, or from Trinity Ceramic Supply. Some 60 savory soups will be available to try. The winner of the soup competition is awarded the title of Best Soup in the Shoals. All proceeds from the Empty Bowls Luncheon go to The Salvation Army food pantry of the Shoals. There will be a bakery available and numerous local vendors will be selling their crafts.

**Saturday, April 13 at 1:30pm Historic Belle Mont's "Kids in the Forest"** program takes place. This program is in partnership with the Alabama Forestry Commission and will be presented by Forester Johnnie Everitt. "Kids in the Forest" is free and open to the public and will be conducted outside on the lawn weather permitting. The program is intended for children ages 5-12. Please call 256-381-5052 or email [bellefontmansion@gmail.com](mailto:bellefontmansion@gmail.com) with any questions. Belle Mont is located at 1569 Cook Lane in Tusculumbia.

**Sand Mountain Amphitheater will host Old Crow Medicine Show** at 7:30pm on Saturday April 26. Special guest, MOLLY TUTTLE & GOLDEN HIGHWAY.

Since getting their start busking on street corners back in 1998, Old Crow Medicine Show has emerged as one of the most potent and influential forces

in American roots music. Over the last quarter-century, the two-time Grammy Award-winning band has brought their raucous live show to audiences around the world and toured with the likes of Willie Nelson and John Prine, all while amassing an acclaimed catalog that includes such standouts as their double-platinum hit single "Wagon Wheel."

Tickets are available now and may be purchased at:

[sandmountainamphitheater.com](http://sandmountainamphitheater.com). Sand Mountain Amphitheater is at 700 SMPA Blvd. in Albertville.

**The 26th Annual Shoals-Area Special Olympics Charity Golf Tournament** is accepting players and sponsors. Join us on April 22 at Turtle Point Yacht and Country Club! We're seeking players and sponsors to support this wonderful cause. Tee off for a day of fun and philanthropy. Sign up now and make a difference on the green! Contact Marla at 256-710-0232 for details or learn more and register online at [martinsupply.com/golf](http://martinsupply.com/golf).

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**FLORENCE: 705 CAMPBELL ST.** 3 bdrm., 2 ba., Newly renovated. \$1200 rent and \$1200 deposit. Section 8 Accepted. 205-541-0535.

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# STRANGE but TRUE

• In a process called rice-fish culture, Indonesian farmers introduce fish into their

rice fields so the fish droppings will act as fertilizer. In turn, the fish also eat harmful insects and improve oxygen circulation, increasing crop yields by up to 10%.

• **Anuptaphobia** is the fear of being single forever.

• **The people who falsely claimed** the copyright to the "Happy Birthday to You" song made \$2 million a year for decades, until the song was ruled to be in the public domain.

• **A man who had received the transplanted heart** of a suicide victim married the donor's widow and took his own life in the exact same way as the donor did.

• **After two thieves in England** broke into a man's house and made off with his laptop, they found child abuse

material on the device and took it to the police. The pedophile received a sentence of three years in prison, while the thieves were given 12 months of community service in light of their "good deed."

• **During his presidency,** John F. Kennedy refused to take his salary of \$150,000 per year, instead donating the entire amount to charity.

• **Hundreds of people die** each year from shoveling snow.

• **Who says cats don't care?** After one feline owner survived a series of strokes, he tried to train the animal to dial 911. While he wasn't sure at first that the attempt would pay off, after he fell from his wheelchair following a seizure, police received a silent emergency call from his home and arrived to find him incapacitated and his cat next to the phone.

• **Loneliness** poses a greater risk to one's health than obesity.

*First Thought for the Day:*  
"He who has a why to live can bear almost any how."  
-- Friedrich Nietzsche

• **Using high-pressure, high-temperature techniques** that mimic Earth's diamond-forming conditions, scientists can transform the carbon in peanut butter into sparkling gemstones. Chew on that!

• **And speaking of chewing,** snails have thousands of tiny teeth on their radula, the tongue-like organ they use for grinding up food, making them one of the earth's toothiest creatures.

• **Mary, Queen of Scots,** was history's youngest monarch, ascending to the throne at a mere 6 days old. Coming in at second

place was Emperor Shang of China's Han Dynasty, who in 105 A.D. assumed his royal position at 100 days old.

• **If stored correctly** and not contaminated, honey can last for thousands of years without spoiling.

• **A piano's frame** is made of iron.

• **Though T-shirts** have existed since the late 1800s, the plain white version gained popularity as a wear-alone garment thanks to Marlon Brando's portrayal of Stanley Kowalski in the movie "A Streetcar Named Desire."

• **One out of every seven American jobs** is related to transportation.

• **Some architectural structures,** known as whispering galleries, have unique acoustics allowing a whisper at one end of the gallery to be heard clearly at the other end, due to sound waves following the curved surfaces.

• **The "United States Postal Service Anthem,"** a unique song composed by (appropriately) Jack Stamp, is an official musical salute to the USPS, its employees, and its role in American life.

• **In some WWII POW camps,** the Nazis would allow Allied soldiers to play board games like Monopoly, even providing the games. The British exploited this opportunity by using compasses, banknotes, and real-world maps in place of standard boards and pieces, as a means of helping prisoners to escape.

*Last Thought for the Day:*  
"If no one ever took risks, Michelangelo would have painted the Sistine floor."  
-- Neil Simon

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1. Submit, Summit
2. Guest, Quest
3. Prude, Prune
4. Yankee, Yanked
5. Braise, Bruise
6. Night, Fight
7. Lever, Level
8. Teller, Taller
9. Alive, Alike
10. Saint, Stint

### Kids' Maze Solution



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### WORD LADDER

Answer  
WASTE, TASTE, TASTY,  
PASTY, PARTY, PARTE

### Word Spiral Answer

SANDPAPER

### MINI SUDOKU

Answer

2	6	5	3	1	4
3	1	4	5	6	2
6	4	3	1	2	5
1	5	2	6	4	3
5	2	6	4	3	1
4	3	1	2	5	6



# Medicare Minute

## "Physician Charges"

There are three ways your doctor can be paid if you are on Medicare. The three ways are through Medicare assignment, Medicare excess charges or by not taking Medicare at all. Today we will discuss these three methods.

The most common way a physician gets paid is by Medicare assignment. These physicians are called "participating doctors". After the Part B deductible of \$240 is met, participating doctors will accept the Medicare approved amount for their services. These doctors charge Medicare 80% and the beneficiary 20% of the cost of the benefit. For example, if your doctor charges \$200 for a service and Medicare only approves \$100, Medicare would pay 80%, or \$80, and you would be responsible for the other 20%, or \$20.

A "non-participating doctor" can choose to accept or not accept Medicare assignment. If the doctor does not accept Medicare assignment you may have to pay an additional 15% of the cost of the service the doctor provided. This is call a Medicare excess charge. It means you would be responsible for 35% of the Medicare reduced amount instead of 20%. If we follow the example in the previous paragraph, if your doctor charges \$200 for a service and Medicare only approves \$100, Medicare would pay 80%, or \$80, but you would be responsible for 35%, or \$35.

Doctors who opt out of Medicare can charge whatever they want for their services and you are responsible of 100% of the cost. The majority of doctors in north Alabama accept Medicare, so you won't be faced with this situation very often.

Most people who have Medicare also have a supplemental policy that helps cover the 20% Medicare doesn't cover. If you are just entering Medicare and would like to know which policies cover what Medicare doesn't pay, you can contact our office for more information.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at [ikey@alabamhealthguidance.com](mailto:ikey@alabamhealthguidance.com). Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



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# Caring...

Continued from Page 12

friends are uplifted by the community's support, and continue to be humbled by the honor and privilege to serve and assist caregivers and families in the Shoals area," said Executive Director, Nicole Fults. "We can't wait to see what next year has to offer!"

CARINGPLACE is devoted to building a Montessori Inspired Lifestyle® community, and recently earned the Silver Level credential. The MIL program was created by the Center for Applied Research in Dementia (CARD) after one of its founders, Dr. Cameron Camp, adapted Dr. Maria Montessori's principles for older adults with dementia.

In the past year, CARINGPLACE staff learned how to implement the Montessori principles of equality, dignity, and respect into their community. Staff members were trained to empower clients with memory impairment to be as independent as possible.

CARINGPLACE is the first Adult Day Center in the nation to achieve silver status and will be the only one in the nation to achieve gold status by July 2024.

CARINGPLACE is going to celebrate this amazing milestone and celebrate the one-year mark with a birthday party complete with cake on Thursday, April 4 at 5:30pm.

"I love what our dedicated, talented and hard-working staff is doing for our clients, their families, and our dream for CARINGPLACE of the Shoals," said Co-founder Elba Barnes. Congratulations to Executive Director Nicole Fults, Activity Director Lisa Pendergrass, Director of Nursing Lindsey Crider, and all team leaders! On to Gold Level in 2024!"

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