



MARION WRIGHT EDELMAN

"Overmedicating children in foster care"
GUEST EDITORIAL
By Marian Wright Edelman
PAGE 4

Coming UP
in THE
COMMUNITY

The NH County Chapter of the NC Black Leadership Caucus and other groups and organizations will hold a Black Lives Matter rally on Saturday, May 30th at 7:00 p.m. at the Riverfront in Wilmington.

The purpose of the rally is to call for the end of police brutality and racial profiling. Community participation is requested.

BRUNSWICK COUNTY UPDATE



BERNEST HEWETT

An act of love

BY BERNEST HEWETT
CONTRIBUTING WRITER

A few weeks ago, I found myself in a problem with a group of parents who couldn't get the school bus to stop at a regular place to pick up their children. The school board stopped the bus from traveling their road because there was a problem finding an acceptable turnaround point for the bus. Therefore the children either had to walk almost a mile to catch the bus, or a parent had to take them every school day. The parents on that road were told that they would have to fix a turnaround at their own expense before the bus could come back in there to pick up the children. They would have to bear the cost of

Please see
BRUNSWICK/Page 2

THE WILMINGTON JOURNAL

News from the African American perspective without fear or favor

VOLUME 88/No. 22

MAY 28-JUNE 3, 2015

FIFTY CENTS

McCrorry delay on pardons hurting innocent pair

BY CASH MICHAELS
OF THE WILMINGTON JOURNAL

It has been almost nine months since Henry McCollum and Leon Brown, two half brothers, were proven innocent and freed after spending over 30 years in prison, and yet Gov. Pat McCrorry still hasn't issued pardons of innocence for either.

"Yesterday, I was heartened to see the convictions of Henry McCollum and Leon Brown vacated by the court," said McCrorry in a Sept. 4, 2014 statement after the two black men were cleared of a 1983 Red Springs rape and murder they were falsely convicted of. "My office has a process in place to review applications for pardons of innocence. If they apply, we will begin reviewing their applications as soon as

they are received.

While it is normal for the Governor's Office of Executive Clemency and the governor's chief counsel to review the case files of those who apply for the various levels of pardons granted by a governor - a power only he has - it is unusual, observers say, that it should take as long as it has for McCrorry to act.

Indeed, in just three months, it will have been a year since their release.

Without those pardons of innocence - which would legally certify that both men were innocent of the crimes they were falsely convicted of, even though their convictions were vacated by a judge, they cannot legally collect compensation from the state for the many years they've spent in prison.



HENRY MCCOLLUM AND LEON BROWN

UPDATE WILLISTON CELEBRATION



WILLISTON IS 100.

PHOTO BY JOHN DAVIS

BY LINDA PEARCE THOMAS
CONTRIBUTING WRITER

Members of the Williston Alumni Association are feverishly working to ensure a memorable weekend for the celebration of 100 years of Williston. Having to plan for 400 people is a major production and we all want to make sure things measure up to our usual organized events.

The Mix, which is open to the public, will take place from 10AM - 2PM on Saturday, the 4th, in the front of Williston. Persons wishing to set up a table to sell items have until June 15th. The cost of reserving a space is \$25 and you should call Loretta Stackhouse at (910)228-5233. The alumni

association will be selling Williston Buns and bottles of water.

The Saturday night event is now closed with 400 persons responding to the organization's publicity. It will be a fantastic evening as we go to the Williston Gym.

Sunday morning's church service, at Ephesus Seventh Day Adventist Church is from 11-1:00 and is open to the public. Former Glee Club Members and Community Choir members wishing to sing that morning will be provided numbers next week to call to let them know you are interested in joining them. There will be a rehearsal that weekend.

We look forward to seeing everybody the 4th of July at one of the venues.



EBONEE DAVIS

Davis receives West African Research Association's Graduate Diaspora grant

SPECIAL
TO THE WILMINGTON JOURNAL

Ebonee Davis is a recent recipient of the West African Research Association's Graduate Diaspora grant which will allow her to spend three months working in Ghana, West Africa this summer at W.E.B. DuBois' home, the W.E.B. DuBois Memorial Center for Pan-African Culture.

On a trip to Ghana in 2011, Davis had the opportunity to visit the DuBois Memorial Center and observe DuBois' personal book collection. W.E.B. Du Bois, one of the leading African American intellectuals of his time, moved to Ghana, at the invitation of President Dr. Kwame Nkrumah, to research and develop an encyclopedia of the African Diaspora:

Please see DAVIS/Page 2

Poverty still major affliction for Blacks

BY STACY M. BROWN
OF THE WASHINGTON INFORMER

(NNPA)- Black America is in a state of emergency, and what's happened in Baltimore, Ferguson, Missouri, and other places isn't solely about police misconduct, according to members of the Congressional Black Caucus.

The demonstrations and civil unrest are mostly about poverty, unemployment, a lack of opportunity, hopelessness and despair, the organization said. CBC Chair G.K. Butterfield said Democratic proposals

to fix these problems stand in stark contrast to the Republican budget, which he considers a recipe for national decline.

Federal government statistics revealed that the median income of African-American households stands at \$34,600, or nearly \$24,000 less than the median income of white households.

Also, the median net worth of white households is 13 times the level for black households, and blacks are almost three

Please see POVERTY/Page 2



PHOTO COURTESY OF PBS
Congressional Black Caucus Chair G.K. Butterfield said Republicans must help Democrats fight poverty in the African-American communities.



THE WILMINGTON JOURNAL

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Opinions expressed by columnists in this newspaper do not necessarily represent the policy of this paper.

The Wilmington Journal cannot accept yard sale and dinner sale announcements as briefs. These are considered advertisements. Community and religious briefs are designated for public service announcements, which are free and open to the public.

All news must be submitted two weeks in advance by Fridays at 5 p.m. There is no charge for submitting briefs, news and photos. All briefs will run for a maximum of two weeks.

Please send news near the event date. Briefs/news cannot be taken over the phone. Photos and stories may also be emailed to us at wilmjournnews@aol.com. News, but not photos, may be faxed to us at 910-343-1334. Photos may be picked up after appearing in the paper. The publisher is not responsible for the return of unsolicited news, pictures or advertising copy unless necessary postage accompanies the copy on a self-addressed envelope.

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BRUNSWICK

Continued from Page 1

the dirt to build up a turnaround point that would withstand the weight of a bus.

It was a great burden on these parents, but I found a young man with a heart and a caring mind by the name of Mr. James Morgan. He didn't hesitate when I explained the problem to him. He took one of his own trucks, paid for the fuel, got the dirt, carried it to the parents, gave it to them, and didn't charge them a dime. This act of love for our fellow man is priceless. When we are around Brunswick County and see

POVERTY

Continued from Page 1

times more likely to live in poverty than white Americans.

Further, at 10.1 percent, the current unemployment rate for black Americans is double the rate for white Americans, and blacks cur-

INNOCENT

Continued from Page 1

legally collect compensation from the state for the many years they've spent in prison.

With IQ's ranging in the 50's and little formal education, both men have been deemed mentally disabled since their youth. At their advanced ages, the prospects of both men being able to earn decent livings for themselves is beyond probable.

"If the governor called me, I would tell him the reason why I need his pardon: I would tell him I deserve this pardon," McCollum told *The New York Times* earlier in March. "I did 31 years in prison for a crime I did not commit. I could have given up a long time ago and told the state to kill me."

"It is simply a disgrace," said Chris Fitzsimon, political commentator and writer for the progressive NC Policy Watch, in an April 20 posting on the "Progressive Pulse" website. "McCrory's office received the [pardons of innocence] applications 221 days ago, and nothing has happened."

Fitzsimon's April posting continued, "The *News & Observer* reported two months ago that McCollum and Brown were unable to pay their bills and were relying on donations from friends and supporters to survive. At one point their water was turned off because they couldn't afford to pay for it."

Neither man even knew how to drive a car when they were released, according to *The NY Times*.

On May 11, *The Charlotte Observer* published an editorial titled "31-year wait for justice is enough," noting that once the governor issues the pardons of innocence, under law both McCollum and Brown would be eligible for up to \$750,000 "...for having their entire adult lives wrongly taken from them. So far all they've received was \$45 each when they left prison."

At the time of his release, Henry McCollum had been North Carolina's longest serving death row inmate.

The editorial went on to recount how investigators for the NC Innocence Inquiry

Mr. James Morgan, give him a handshake or "thumbs up" and tell him thank you. He let's his work speak for him. He's never looked for a reward or a pat on the back for the good he does. He just looks to do what is right.

He makes a living by running a dump truck company, so make sure you tell people to call him for work. He is more than qualified but cannot afford to do everything free of charge. He has to make a living.

God bless you, Mr. Morgan and may you have many, many more years of success!

Bernest L. Hewett is President of the Brunswick County Branch of the NAACP.

rently face an unemployment rate higher than the national unemployment rate during the peak of the recession.

"In my home state of North Carolina, the unemployment rate for African-Americans is 9.9 percent while the unemployment rate of whites is 3.2 percent," Butterfield said.

Commission spent five-years looking into the 1983 rape and murder of an 11 year-old Red Springs girl that both men were ultimately convicted of while they were teens. Based on that new investigation, DNA evidence was discovered actually linking the victim to a serial rapist who had been convicted of a similar crime nearby during that time.

"The Robeson County district attorney, Johnson Britt, agreed the brothers should be exonerated," *The Charlotte Observer* May 11th editorial continued, noting that there was now no "credible evidence" against them. "Superior Court Judge Douglas Sasser declared them innocent. They were freed the next day. None of that is good enough for McCrory, who has launched his own investigation."

The paper then quoted a statement sent from the governor's general counsel, Bob Stephens, to NC Policy Watch.

"This is a thorough and detail-intensive process, and it takes time to complete," Stephens wrote. "We review evidence, transcripts, and other reports connected to the case. Interviews of relevant parties are also conducted."

The Observer editorial concluded by calling Gov. McCrory's followup investigation "unnecessary" and taking way too long. "He needs to wrap it up and let McCollum and Brown get on with the lives the state unconscionably took from them."

Last March, Ryan Tronovitch, a spokesman for McCrory, told *The NY Times*, "Our extensive review is ongoing, and we need to ensure that we have gathered and considered all relevant information as part of our process. While we can't put an exact time frame on when a decision will come, this is a top priority for Governor McCrory, and he has made that abundantly clear to those involved."

The Carolinian/ Wilmington Journal submitted a written request for comment to the governor's press office Wednesday regarding the status of McCollum and Brown's pardons of innocence applications, but received no response by press time.

Encyclopedia Africana. His book collection (now known as the DuBois Archive) offers a glimpse into his early research for that publication and is an invaluable treasure to the world. However, on her visit, Davis noticed how the books had deteriorated and found that they were in danger of being lost. This summer Davis will work to preserve the archive by documenting and cataloging the books and papers within DuBois' collection. She will also work with the DuBois Center's staff to develop a SOP to guide all future management of the archive.

Davis is currently completing her MA in Museum Studies and Historical Preservation at Morgan State University. For her thesis she is developing an interpretive manual that will guide museum professionals in teaching slavery to K-3 audiences. She holds a BA in History from Howard University and currently works for the National Park Service- she has worked in the field of museums and public sites for the last seven years. In 2013 she founded her public history consulting firm, The Sankofa Group, where she focuses on interpreting the histories of people of color through archival work, lesson plan development, and public presentations.

Ebonee Davis has ties to the Wilmington community as she is the daughter of Wanda and Eugene B. Davis Jr., niece of Attorney Peter and Kathy Grear, and granddaughter of longstanding Wilmington residents Rosa and Eugene B. Davis Sr.

Also, the poverty rate for African-Americans currently stands at 27.5 percent, while its just 12.6 percent for whites.

For District residents, the median household income for African-Americans is \$38,300, while it stands at a whopping \$115,900 for whites.

"Yes, that's right; that is a gap of \$77,600, and the poverty rate here in the nation's capital is 27.4 percent for African-Americans compared to 7.6 percent for whites," Butterfield said.

And while, on the surface, there's a smaller gender pay gaps within the black community, it's really not all that rosy, based on an analysis this month by *The Philadelphia Tribune*.

"The problem is that a smaller black gender wage gap is an advanced indicator of much more serious economic and financial hemorrhaging within the larger black community. Baltimore just snapped the entire nation back into that conversation," the newspaper wrote.

African-American females, when compared with other populations, are almost level with their male counterparts in average income, but this comes amid significant economic decline for black men, their traditional community partners.



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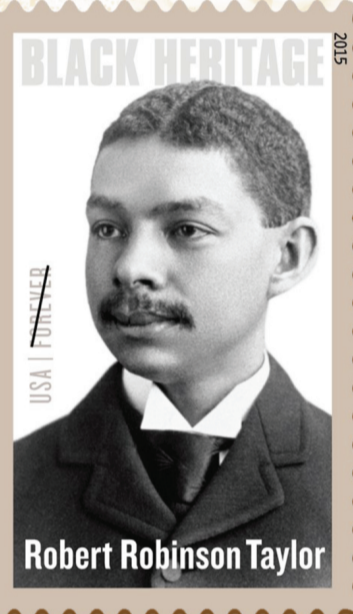
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Onslow

Our readers have requested that THE WILMINGTON JOURNAL publish its special edition on Thursday, JULY 2, 2015 (instead of MAY 21, 2015) in celebration of its 88th Anniversary, the 100th Anniversary of Williston and in memory of Katherine Jervay Tate. We will honor the request. We invite everyone to participate in this celebration by purchasing advertising or joining us as a patron. For more information, please call Shawn Thatch at 910-762-5502.

As always, we thank you for the support you have given to us through the years.

The Management and Staff

FIVE WELL OWNERS NEAR GOLDSBORO WARNED NOT TO USE WATER

[GOLDSBORO] Five well owners near Goldsboro, who live in close proximity to a retired Duke plant, have been warned not to use their water, according to a report yesterday by Public Radio East. The Associated Press reported just last week: "The state Department of Environment and Natural Resources said Wednesday that 191 drinking wells failed to meet state groundwater standards. That represents more than 90 percent of those tested so far. Many of the test

results show high levels of such toxic heavy metals as lead, vanadium and hexavalent chromium."

The NC NAACP will join with residents from Wayne County to hold a news conference today to address the troubling implications of this report and how they will respond. They will be joined by Jacqueline Patterson, Director of the NAACP Environmental and Climate Justice Program.

"Health and environmental justice are two fights we must engage in," NC NAACP President Rev. Dr. William J. Barber, II said. "Extremist policies that undermine healthcare and environmental protections cost lives, and therefore are immoral and a violation of our most sacred values regarding equal protection under the law. We are glad to welcome Jacqueline

Patterson to Goldsboro, to North Carolina, and to our fight for justice."

The NC NAACP and Ms. Patterson will also discuss the civil rights investigation they are launching into the disproportionate impact of these harmful environmental practices on poor communities and communities of color.

UNC BOARD OF GOVERNORS ELIMINATE 46 DEGREE PROGRAMS

[CHAPEL HILL] In another controversial move, the UNC Board of Governors last week voted to eliminate 46 educational training degree programs at various system campuses. The move comes after reviews of several programs that reportedly had low enrollments. Many of the degrees will now be now consolidated

into other major concentrations. Officials say in recent years there has been a substantial drop in the students pursuing education.

POLICE OFFICER CHARGED AFTER ILLEGALLY PASSING STOPPED SCHOOL BUS

[CLINTON] A Clinton police officer is in hot water after he was seen allegedly passing a stopped school bus in his patrol vehicle. Video from the bus confirmed that Lt. Robert Dalton was driving when his vehicle allegedly passed it at 7:30 a.m. on the morning of May 15th. He was issued a citation six days later by the NC Highway Patrol, and is expected in traffic court on July 28th. Lt. Dalton is also the subject of an internal police department probe

about the matter.

NCAA ISSUES ANOTHER "NOTICE OF ALLEGATIONS" TO UNC

[CHAPEL HILL] Just when the smoke seemed to be clearing from the previous athletic program scandal at UNC - Chapel Hill, comes another NCAA investigation, according to published reports. Last week the NCAA delivered a "Notice of Allegations" to UNC, most likely concerning allegations of "paper classes" that allowed athletes to pass courses without ever attending classes or taking tests. The document is under review, and is scheduled to be made public shortly. UNC Chancellor Carol Folt and Athletics Director Bubba Cunningham said in a joint statement that they take the allegations "very seriously"

and would be responding to the NCAA within the 90-day deadline.

NCDMV NOW ISSUES SINGLE LICENSE PLATE STICKER FOR CAR REGISTRATION

[RALEIGH] No more double stickers on your North Carolina license plate giving the expiring month and year for registration. For now on, a single gray sticker in the upper right-hand corner of your license plate will do the job, meaning that the Highway Patrol won't be able to just look at color anymore to determine who is and is not in compliance. State officials say the change will save money in the long run for NCDOT. The two-color system had been in use since 1976.

COMPILED BY CASH MICHAELS

STATE BRIEFS

Obama bans access to military-grade equipment to local police

BY ZENITHA PRINCE OF THE AFRO-AMERICAN NEWSPAPER

(NNPA)-President Obama this week announced steps to demilitarize local police, limiting and outright banning access to certain weapons. The President made the announcement in Camden, N.J., May 18 during remarks about the administration's broader efforts on law enforcement reform.

"We've seen how militarized gear can sometimes give people a feeling like there's an occupying force, as opposed to a force that's part of the community that's protecting them and serving them. It can alienate and intimidate local residents, and send the wrong message. So we're going to prohibit some equipment made for the battlefield that is not appropriate for local police departments," he said.

As part of its Program 1033, the Department of Defense was authorized to transfer defense material to federal and state agencies for



PHOTO COURTESY OF THE ST. LOUIS AMERICAN St. Louis County Police during protests in Ferguson in November 2014.

streets after 18-year-old African-American teen Michael Brown was gunned down by a police officer. Protestors were met by officers clad in bulletproof vests and armed with military-grade rifles and armored vehicles, some of whom launched tear gas and rubber bullets into the crowds and called demonstrators "animals."

The situation prompted calls for reform from civil rights groups, who also shared recommendations which were reflected in the reports from the White House's Task Force on 21st Century Policing.

"We are grateful that President Obama and the Policing Task Force he appointed listened to the calls for reform made by civil rights groups and activists. We also owe a debt of gratitude to those in Ferguson who used their activism to expose the shocking truth about local law enforcement reliance on this type of equipment," said Sherrilyn Ifill, president and director-counsel of the NAACP Legal Defense and Education Fund, in a statement.

Rep. Donna Edwards, D-Md., who co-sponsored the Stop Militarizing Law Enforcement Act, also hailed the president's announcement.

"Last June, I was only one of 62 House members (43 Democrats) to support an amendment that would have prevented the Department of Defense from distributing heavy weapons and vehicles to local police forces. While I applaud the efforts and courage our police departments continue to show each and every day, I feel that militarizing them will not solve the unrest that continues among our communities," Edwards said. "I thank the President for leading on this ongoing issue of building strong relationships between law enforcement officers and those who they serve and protect."

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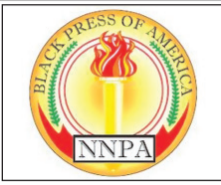
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THE WILMINGTON JOURNAL

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Our Voice

CHILDWATCH

Overmedicating children in foster care

On any given day, nearly one in four children in foster care is taking at least one psychotropic medication — more than four times the rate for all children. Nearly half of children living in residential treatment centers or group homes take psychotropic medications. Children in foster care are more likely to be prescribed multiple psychotropic medications at very high doses, although research shows higher doses can result in serious side effects.



Marian W. Edelman

Viewers of the ABC News program 20/20 may remember Ke'onte Cook from a few years ago, a 10-year-old who had already spent four years in foster care being treated with a dozen different medications for conditions including seizures, bipolar disorder, and ADHD. Ke'onte had never been diagnosed with the conditions some of the medications were meant to treat. Under his adoptive parents' care, he stopped taking all the medications and started relying on therapy, and with that new treatment plan, he was transformed. Why are some children in foster care being overmedicated, and what steps do we need to take to do something about it?

Psychotropic medications act on the brain and central nervous system to cause changes in mood, behavior, or perception. They can be effective treatments for certain serious mental health conditions but there is a growing concern that too many children in foster care are overmedicated — in some cases as a form of behavior control.

Children who come into foster care often have been exposed to multiple traumatic events, including the removal from their families, and may be at higher risk for mental health problems and emotional disorders. Too often multiple medications may be used without other kinds of effective treatments that might better address the underlying trauma children are experiencing. There's evidence some children in foster care are subjected to powerful medications at very young ages and/or in combinations and amounts that are unsafe for children of any age. Many psychotropic medications are not approved for use in children at all.

Often children in foster care are prescribed drugs without any psychotherapy because resources aren't available. They may not receive a proper initial diagnosis or any of the ongoing monitoring or extra services that should accompany the use of such powerful drugs — all essential considering the serious side effects from some that can include nightmares, hallucinations, suicidal thoughts, and even death. The 20/20 special included the heart-breaking story of Gabriel Myers, a Florida 7-year-old who hung himself in his foster family's bathroom. A state investigation concluded the use of psychotropic drugs was a contributing factor in his death. His foster father said the doctor who prescribed the many drugs Gabriel was taking — some so strong that even the pharmacy filling them raised red flags — would spend no more than five minutes with the little boy before sending him out the door with another prescription.

We must do better: Last year, JooYeun Chang, associate commissioner of the Children's Bureau in the Department of Health and Human Services' Administration for Children, Youth, and Families (ACYF), testified before Congress that despite important steps taken by the Administration and Congress to promote the monitoring and management of psychotropic medications and the development of trauma-informed practices, too many child welfare agencies lack the proper non-pharmacological treatments to address the mental health needs of children in foster care. This year, for the second time, in President Obama's budget proposal ACYF and the Centers for Medicare and Medicaid Services (CMS) have jointly proposed a demonstration to promote trauma-informed psychosocial interventions to meet the complex needs of children who have experienced maltreatment and other trauma and to address the over-use of psychotropic medications for children in foster care.

The Administration seeks to reduce the over-reliance on drugs and increase the use of appropriate screening, assessment, and interventions. ACYF is asking Congress for \$250 million over five years to create the necessary infrastructure to do this, including creating a special workforce to recruit families who can care for children receiving alternative treatments; better training in trauma-informed practice for child welfare professionals; better coordination between child welfare and Medicaid agencies in case planning and case management; and better data collection and information sharing by child welfare agencies, Medicaid, and behavioral health services.

The budget request also includes an additional \$500 million for CMS to provide incentives to states that demonstrate improvements to reduce inappropriate drug prescribing practices and overutilization of psychotropic medications, increase access to evidence-based and trauma-informed therapeutic interventions, promote child and adolescent wellbeing, and improve outcomes for children in the child welfare system.

These common sense and necessary steps build on best practices already in place in some states. May is National Foster Care Month and now is the right time to ensure children in foster care get the treatment and care they truly need.

Marian Wright Edelman is president of the Children's Defense Fund whose Leave No Child Behind® mission is to ensure every child a Healthy Start, a Head Start, a Fair Start, a Safe Start and a Moral Start in life and successful passage to adulthood with the help of caring families and communities. For more information go to www.childrensdefense.org.

Visual Voice



Matters of Opinion

RAINBOW COALITION

Better pay comes when we demand it

Los Angeles just voted to raise its minimum wage to \$15 an hour by 2020. The nation's second-biggest city joins Seattle, San Francisco and little Emeryville, Calif., in forging the way to a decent minimum.



Rev. Jesse Jackson, Sr.

Similar measures are now being considered in New York City, Kansas City, Mo., and Washington, D.C., the nation's capital. Facebook is now paying its workers a \$15 minimum and joins Apple and Microsoft in demanding that its contractors pay a \$15 minimum and offer paid leave days.

These victories are a product of the demonstrations and protests of fast food and other low-wage workers. They risked their jobs to demand decency. They put a human face on workers who labor full time but can't lift their families out of poverty. They exposed the lie that these were

transitory jobs for the young while they went to college or high school. Their demonstrations — organized under the hashtag slogan #FightFor15 — drew national press attention. Their struggles touched the hearts of citizens of conscience. They built the coalition that forced the politicians to respond.

Dr. Martin Luther King taught us that "freedom is never voluntarily given by the oppressor; it must be demanded by the oppressed." There are three ways to respond to repression, he told us. The first is acquiescence, adjusting quietly to injustice and becoming conditioned to it. "Been down so long it feels like up to me." Acquiescence, he warned, turns people into part of the problem.

The second way to respond is with physical violence and corrosive hatred. But violence never solves problems; it simply creates more difficult and complicated problems. An eye for an eye, he warned, would leave us all blinded.

The third way is nonviolent resistance. Nonviolence

rejects acquiescence and violence. It confronts the oppressor, gives voice to the oppressed, and exposes the injustice. It starts always against the odds, so it requires faith. "Faith," Dr. King wrote, "is taking the first step even when you don't see the whole staircase."

The #FightFor15 workers had faith. They chose to resist, not accept their poverty wages. They demonstrated for decency. And they have created a movement that surely will spread across the country.

California is one of eight states that ban the subminimum wage that is inflicted on so-called "tipped workers," the wait staff and service workers that serve our food, clear our plates or carry our bags. California also voted to start publishing the names of companies that have more than 100 workers on Medicaid and the costs that they force on the states. Informed customers may well prefer to do business with high-road employers rather than those profiting from a low road.

Most of our news coverage

follows the frozen partisan politics of Washington. There, Republican leaders in Congress won't even allow a vote on a modest Democratic proposal for a \$12-an-hour minimum wage. The only time Congress seems to act is when the corporate community wants a tax break or a trade deal passed, or when the Pentagon demands more money to waste.

But across the country, people are beginning to stir. Blacks and whites are joining together to demonstrate that #BlackLivesMatter. Latinos are demanding immigration reforms that will bring millions out of the shadow economy. Gays and lesbians are demanding equal rights. Women are demanding equal pay, and men and women are insisting that the decision to have a child has to be one that they and not politicians make. Change will come, but only when people demand it and force their politicians to salute.

Jesse L. Jackson, Sr. is president and founder of Rainbow PUSH coalition.

The Waco Biker Riot and the lexicon of racism

Question: When men (and a few women) belonging to gangs known to law enforcement agencies for criminal behavior explode in a rampage — using guns, knives, clubs, and chains in trying to kill each other, and police officers, too, that leaves nine dead, nearly 200 injured and hundreds arrested, is that a "riot?"



Lee A. Daniels

Answer: Apparently not if the overwhelming majority of the gang members are White?

America's present-day "racial divide," has never been more strikingly displayed than in the refusal of much of the mainstream and conservative media to describe the May 17 biker riot in Waco, Texas as a riot.

The riot, which occurred at a popular restaurant amid dozens of innocent bystanders and, according to police, involved members of five different gangs, was one of the most extraordinary outbursts of mass criminal violence in recent memory. Further, almost immediately after Waco police arrested the bikers, rumors swirled that other members of the gangs were heading toward the city to both continue the battle against their rivals and carry out death threats made against Waco police officials.

Yet, scanning the newspapers, the universe of online publications, and the network and cable television news pro-

grams, you'd have scarcely come across any description of what occurred in Waco as a "riot." Nor would you have likely found any reference to the bikers, clad in their distinctively grungy biker garb, as "thugs" — or, as one newspaper reader put it: "murdering thug-ish rioters."

MediaMatters, the watchdog group, pointed out the contrast in how Fox News, for example, covered Waco versus Baltimore and Ferguson.

It noted, "After African-American communities in Baltimore and Ferguson, Mo. came together to demonstrate against the deadly and racially disparate policies of law enforcement, Fox News branded the protests a 'war on cops.' But when the story became a mostly white Texas biker gang plotting to kill police with grenades and car bombs, the network took a decidedly less sensationalist approach in its reporting."

CNN Political Commentator Sally Kohn wrote, "In fact, in much of the coverage of the Waco shootings, the race of the gang members isn't even mentioned. By comparison, the day after Freddie Gray died in the custody of police officers in Baltimore, not only did most coverage mention that Gray was black, but also included a quote from the deputy police commissioner noting Gray was arrested in 'a high-crime area known to have high narcotic incidents,' implicitly smearing Gray and the entire community."

The disparity in coverage did not go unremarked upon on Black social media, in a host of progressive publications, and

in numerous online reader-responses to mainstream-publication stories. (Many also noted the Waco police responded to the deadly shootout with none of the heavily-militarized equipment and body armor that immediately marked police responses to peaceful protests in Ferguson and Baltimore.)

Indeed, the differences in the language used underscore that the way words and phrases are used to talk about race and racial events has its own meaning. In this instance, it's that such words as "riot" and "thug" are part of the lexicon of America's continuing racial divide that, among other things, individualizes White crime and White flaws while it indicts all Black Americans for the flaws and crimes of individual Blacks. Some years ago a journalist friend of mine described this dynamic as "the chains of collective guilt."

The phenomenon isn't new, of course. Once, the lexicon of anti-Black collective guilt helped justify the actual chains of Negro slavery and the legalized racism that followed. Now, it's usually employed in more subtle ways.

Except when it's not: As in the revealing discoveries over the past two months of racist, sexist and homophobic tweets and e-mails by cops in the police departments of San Francisco, Miami Beach, and Fort Lauderdale, Fla.

In each case — all are still in early stages of investigation — police officers, some with long years on their force, were found to have exchanged from dozens to hundreds of social-media messages disparaging with vile

slurs against Blacks, Hispanic-Americans, women, gays and lesbians, Muslim Americans — and, of course, President Obama. Law enforcement co-workers and innocent civilians alike were denigrated along with Black criminal suspects. The bulk of the messages in all these instances, which cover from 2010 to the present, focused on Black Americans.

The discoveries have led to the resignations of some of the officers, and disciplinary actions, including firing, against the others. Even more important, prosecutors and police officials in the three cities are reviewing cases of defendants in which the officers were involved either as arresting officers or witnesses at trial. In San Francisco, prosecutors have already dropped eight cases connected to some of the officers there.

One Miami Beach cop tried to excuse his behavior by describing it as just part of the police department's longstanding "culture." Unfortunately, the same could be said for the mainstream and conservative media's refusal to use the most accurate descriptions for the Waco biker riot.

It's those similarities that are worrisome.

Lee A. Daniels is a longtime journalist based in New York City. His essay, "Martin Luther King, Jr.: The Great Provocateur," appears in *Africa's Peacemakers: Nobel Peace Laureates of African Descent* (2014), published by Zed Books. His new collection of columns, *Race Forward: Facing America's Racial Divide* in 2014, is available at www.amazon.com.

Thursday, May 28, 2015

'Stupid' infrastructure neglect

When Amtrak Northeast Regional Train #188 derailed on May 12, federal budget observers wondered if the underfunding of our nation's fraying infrastructure was at least partly responsible for the deaths of eight people and the injuries to more than 200.

Despite these questions, House Republicans voted to reduce President Obama's request for Amtrak funding from \$2.45 billion to \$1.14 billion. The Republican proposal not only reduces the current level of funding for Amtrak, which is \$1.4 billion, it also delays or eliminates needed capital for improvements.

Legislators who represent areas served by the Northeast corridor trains running from Washington D.C. to Boston, including New York's Charles Schumer (D) and Philadelphia's

Chaka Fattah (D), have voiced objection to the parsimonious plan to underfund Amtrak. Still, House Speaker John Boehner (R-Ohio), as characteristically myopic as the proverbial ostrich with its head in the sand, lost his cool when a reporter asked about funding for Amtrak.

When Ginger Gibson, a political reporter for the *International Business Times*, queried Boehner about Democratic criticisms of Amtrak funding, he called her question "stupid." He then embarked on a partisan rant that ignored the fact that eight people died because of the derailment. What does money have to do with it? Everything.

If budgets allowed for more than one engineer on a train, then Brandon Bostian, the engineer who claims not remember why the train sped up, might have had some backup. Further, with more funding, would the positive train control safety system (which slows speeding trains) have been functioning properly?

Investigations have not yet

revealed why Train #188 derailed. It was going 106 miles per hour when it should have been going 50, but how did it speed up so rapidly, and why? Why are there not enough precautions to prevent this kind of accident? What will be done to prevent similar tragedies in the future?

Trains aren't the only parts of our infrastructure that need attention. The American Society of Civil Engineers (ASCE) issues a report card on our nation's infrastructure every four years. The most recent report, released in 2013, gives the U.S. a grade of D+ when 16 areas (including rail, bridges, aviation, roads and waste disposal) are considered. We get the highest grade, B-, in solid waste disposal because we are both producing less trash per capita, and recycling more of it. We earn D- grades for the status of our levees and waterways. We earn D grades for most other categories, so the C+ grade for rail, compared to D grades for aviation and roads, may not seem like such a bad thing. Still, while U.S. trains

should be excellent they are just a tad better than mediocre.

ASCE says that \$3.6 trillion dollars are needed to bring our infrastructure up to the level of good, or B, level by 2020. They say the gap between what is funded and what is needed is about \$1.6 trillion, or \$201 billion a year. Our Congress is so focused on cutting spending that they refuse to invest in infrastructure.

Other parts of our infrastructure are even more substandard. One in eight of our nation's bridges are structurally deficient, and more than 200 million trips are made across these deficient bridges in our 102 largest metropolitan areas each year. Many of these bridges have been poorly maintained and still handle heavy traffic. They are, on average, 42 years old. While repairs or new construction has begun on some, such as New York's Tappan Zee Bridge, other neglected bridges are tragedies

MALVEAUX

See this page

BEYOND THE RHETORIC

How the Army addressed racial tensions

Iremember sitting through a lecture in a sociology class during my senior year at the University of Wisconsin. The professor was boring and I had a newspaper. I looked at the front page and noticed a list of dates.

They were birth dates for the new Army draft lottery. Most exemptions from the draft were gone and President Richard M. Nixon implemented the draft lottery based on birth dates. There it was, my birth date - Feb. 14 - listed as the fourth number to go. Those with the first 100 birth dates were going to get drafted into the Army and I was near the top of the list. My first thoughts: "My future is toast." "I am going to go to Vietnam and catch a bullet or grenade. If I survive, I am not going to live on a college salary but a drafted private in poverty."

Procter & Gamble had already made me a job offer. My fear was that my draft status was going to kill the employment opportunity, if not me. However, my corporate recruiter told me not to worry. In fact, he said that what I presented to them was an opportunity. I could go into the Army and come out an officer. That would give me a "triple." I

would be college degree plus a competitive athlete via football as well as a military officer. He showed me how to apply for Officer Candidate School and I was soon accepted. Thus, I worked a few months before it was time to get inducted and then off to Officer Candidate School in Ft. Benning, Ga.

The racial tension that soared immediately after the assassination of Dr. Martin Luther King Jr. in 1968 was starting to carry over into the Army. That would make sense as they were drafting young men at a rapid pace and Blacks would be over-represented in the demographics, especially among junior ranking soldiers. Blacks and Hispanics had no slick attorneys to help them avoid service like so many White young men. Fights, threats and even murder were starting to appear in the ranks, especially in Vietnam. You can't have an efficient fighting military when the soldiers are fighting among themselves.

The Army was a snap for me. My football conditioning came in handy and compared to many of the draftees, my charisma was glowing. If it weren't for wars, I would have stayed forever. A few months after I finished OCS and Finance School, I was assigned to Dugway Proving Grounds, Utah, 70 miles southwest of Salt Lake City. Three months into my new assignment, I was

appointed the Race Relations Officer. The Pentagon decided to aggressively address the racial problems it was having in the field. Each brigade would have an active Race Relations Officer who would report to the Commanding Officer on a regular basis and would also directly report to the Pentagon any serious and negative activity. I spent three weeks at the new Race Relations Training School in Ft. Benning. More than 90 percent of the Race Relations Officers were Black.

We would get together three times a year and compare our experiences: -what worked well and what didn't. A formal summary would be crafted for review by the Pentagon. I would now counsel personnel who had complaints or suspicions. I would write columns on Black history and self-esteem in the local newspaper. Many White soldiers would come to me and say things like, "I didn't know coloreds did that." Just the fact that it was well known that we had a Race Relations Officer who was accessible 24/7 made things a lot better.

Whites, especially southern Whites, started to enjoy a new comfort level. At my post, we had a majority of Mormons who were trying to change their image. The denomination they barred Blacks from joining their church until the mid-1970's. The change was sincere and our military was

better because of this program.

There was one personal "hiccup." I received a call from our contact at the Pentagon. The colonel asked me to explain why a cross burning was considered a minor act on my watch. I replied that it wasn't. He said, "I am sending this report to you and want an explanation."

The Commanding Officer had executed his own report and sent it in as if it were from me. I asked him for an explanation since the eyes of the Pentagon were upon us. He broke clean. Someone put a 4' cross in a Black sergeant's yard. The military police caught the culprit. He was the child of the post's Executive Officer, the second-highest ranking officer in command. The Commanding Officer was embarrassed, so they kept the identity of the perpetrator secret and asked the Black sergeant to be quiet about it for the sake of peace - and he did. The Pentagon accepted the final version.

This Army-wide program succeeded and the main reason is that we owned up to the problem and sat down with each other to just "get along" as *Rodney King* would later admonish the public.

Harry C. Alford is the co-founder, President/CEO of the National Black Chamber of Commerce®. Website: www.nationalbcc.org Email: halford@nationalbcc.org.

BLACKONOMICS

Time to throw some political punches

For the past 50 years, most of our conversations and efforts have been centered on politics. Reminiscent of the Reconstruction Era, when Blacks occupied political office for the first time, many of our politicians are just figureheads, toothless tigers, and lackeys for the establishment. Many of them are simply "employed" and are only concerned about keeping their "jobs." Many Black politicians actually work harder on behalf of others than they do for their own brothers and sisters. We must change our conversation from politics to economics.

Before you political hacks get angry, let me say that we must continue to be involved in politics. We must run for office and we must leverage our votes, by all means. But we cannot afford to stop there. We saw what happened in 2008 and 2012; both times Black folks were told to "go out and vote." We were told we must vote in even greater numbers in 2012 than we did in 2008. We did it, and we still cannot even get a hearing on reparations.

A few years ago, P Diddy told the young people to, "Vote or die." They voted and yet, when it comes to economic empowerment, they, and we, are nearly dead. Like I said in a previous article, where is the "Start a business or die" campaign, the "Pool our money or die" campaign?

Black people must realize that while our relatives fought and died for voting rights, those folks didn't die so we could spend the majority of our time "playing" politics. They wanted us to take our participation to the next level. Similarly, Black folks, your relatives and mine, also lost their lives because they chose to go into business. Where is the rallying cry today for entrepreneurship?

Black politicians who do absolutely nothing for Black folks, come out every couple of years to tell us how good they have been and what they support on our behalf. What a load of fertilizer that is. Even stranger is the fact that Democrats and Republicans, liberals and conservatives do the same things. We may duck the "right" cross, but we still get hit by the "left" hook. In other words, we have nothing coming from either political party, and they have proven that to us time and time again.

Since our vaunted voting "power" is so important to the two major political parties, we

should be using it in ways that support the most important political principle: Quid pro quo. We should be leveraging our votes; otherwise, why participate at all? It really doesn't matter what color the politician is. What matters most is what Black folks are getting from the system, and Black folks are getting the shaft from most of our politicians. You know it, I know it, and they know it. It's bad enough that the leadership in the two major parties really doesn't care about us. One is throwing Mike Tyson right crosses and the other is throwing Joe Frazier left hooks at us, causing us to be off-balance, out of sync, and off-kilter; as we try to avoid their vicious haymakers.

The political "leaders" who continue to tell us that all we have to do is vote to change things should be voted out of office. This voting for all Democrats or all Republicans by Black folks is nothing short of political suicide. Carter G. Woodson said, "Any people who would vote the same way for three generations without thereby obtaining results ought to be ignored and disenfranchised."

The old game of Black folks being all or nothing to either party has proven to be our political demise. We give our all and get nothing in return. Eighty years ago, nearly all

Blacks voted Republican. Now, it's just the opposite. Neither scenario has worked, so why do we continue that insanity? Black folks have been getting hit with right crosses and left hooks since we got into this political game, and now we need to start throwing some punches of our own.

The hardest punches we can throw are economic punches. We must be willing to take off the gloves and go with bareknuckles into the marketplace and let our presence be known by withholding and redirecting our dollars. We must put our money where our mouth is and contribute to politicians who speak and act on our behalf. The only things that count with politicians are dollars and votes - in that order. We must leverage both to get what we need from either the "Demopublicans" or the "Republicrats."

As the right crosses and left hooks continue to be thrown by crooked, immoral, and unethical politicians, both White and Black, let's get busy economically and start punching back, before we get knocked out.

Jim Clingman, founder of the Greater Cincinnati African American Chamber of Commerce, is the nation's most prolific writer on economic empowerment for Black people. He can be reached through his website, blackonomics.com.

CURRY'S COMMENTS

Politicizing donations

Like the Bill and Malinda Gates Foundation, the world's largest philanthropy that primarily funds education, world health and population projects, the Clinton Foundation was established to address such issues as climate change, global health, economic development, health and wellness and problems involving women and girls.

In a crass effort to derail Hillary Clinton's 2016 presidential campaign bid, major Republican figures and Fox News, their partner-in-crime, are peddling the idea that there is something inherently wrong with supporting private efforts to improve the world.

As Media Matters observes, they are "falsely equating donations to the Clinton Foundation with contributions to a Democratic political campaign." The media watchdog group observes, "The foundation is a 501(c)(3) not-for-profit organization, which means it is 'absolutely prohibited from directly or indirectly participating in, or intervening in, any political campaign on behalf of (or in opposition to) any candidate for elective public office.'"

Media Matters wrote, "Paul Waldman, an American Prospect senior writer and former Media Matters senior fellow, criticized Politico reporter Dylan Byers for drawing a misleading 'parallel between donating to a candidate's campaign and donating to a charitable foundation run by an ex-president.'"

"Other media figures have similarly made the false political campaign comparison. Fox News host Gretchen Carlson, Breitbart.com, National Review Online, and HotAir.com, all suggested a donation to the foundation was equivalent to financing Democratic candidates.

"As Waldman explained at The Washington Post, 'it's notable that everyone is now treating the Clinton Foundation as if it has long been central to sort of scheme to personally benefit the Clintons, and not a charitable foundation.' He added that 'judging by the way the foundation is now talked about - as if anyone who has had any association with it is tainted - you'd think it was running a network of international assassins instead of distributing malaria medication.'"

Partisan critics conveniently neglect to note that prominent Republicans are also generous contributors to the Clinton Foundation.

For example, Rupert Murdoch, founder of the News Corporation Foundation, and his son, James, have given more than a million dollars to the Clinton Foundation. In fact, more than a dozen news organizations have donated to the foundation.

Aside from the overt political attack on the Clinton Foundation, the case of George Stephanopoulos, a former Clinton administration press secretary, illustrates the problems associated with a political operative switching careers in hopes of being viewed as a credible journalist.

Too often TV talking heads are labeled "journalists" when they are anything but. As the American Press Institute notes, "Journalism is the activity of gathering, assessing, creating, and presenting news and information." In other words, it's not merely the ability to share one's opinions.

Stephanopoulos erred by making a \$75,000 contribution to the Clinton Foundation, knowing it could call into question his ability to be fair: He compounded the mistake by failing to disclose it to the public. Like it or not, if journalists want to maintain their credibility, they must refrain from participating in overt political acts or behavior that can be perceived that way.

Britt Hume of Fox said, "...if there's one thing he [Stephanopoulos] needed to do in doing that was to sever any real or apparent ties with the Clintons. Contributing to their foundation is one thing. And now it also turns out that he participated in panels and other events connected to the Clinton Global Initiative. It is a mistake to do that. You want to be seen as independent."

Evidently, you get a pass if you're at Fox News. "Fox News has attacked ABC News anchor George Stephanopoulos for participating in Clinton Foundation-affiliated events, calling it a 'mistake' that compromises 'good coverage.'" Media Matters found. "But Fox News anchor Maria Bartiromo moderated or participated in at least eight [Clinton Global Initiative] events between 2008 and 2013 while at CNBC." Yet, Fox is not calling that a "mistake" that compromises "good coverage."

Judy Woodruff, the co-anchor and managing editor of PBS NewsHour, was criticized for making a paltry \$250 donation in 2010 to the Clinton Haiti Relief Fund. She issued a statement, saying: "I made the gift in response to an urgent joint appeal from former President Clinton and then-President George W. Bush for aid to the victims of the Haiti earthquake," Woodruff explained in an email to the Wall Street Journal. "Seeing the massive loss of human life and the terrible conditions for survivors, I wanted to make a contribution and saw this as a way to do that."

Yes, "journalists" must walk a fine line, not crossing over into political partisanship. And, yes, they must avoid even the appearance of such activity. But let's be equally clear: The Clinton Foundation is a highly respected charity, not a political offshoot of Bill and Hillary Clinton.

George E. Curry, former editor-in-chief of Emerge magazine, is editor-in-chief of the National Newspaper Publishers Association News Service (NNPA) and BlackPressUSA.com. He is a keynote speaker, moderator, and media coach. Curry can be reached through his Web site, www.georgecurry.com. You can also follow him at www.twitter.com/currygeorgeand George E. Curry Fan Page on Facebook. See previous columns at http://www.georgecurry.com/columns.

MALVEAUX

Continued from This Page

waiting to happen.

A strong infrastructure is an essential part of a sound economy. It makes it easier and more efficient to move both people and products. It provides jobs and other economic opportunities. On the other hand, allowing infrastructure to erode costs money. For example, ASCE reports that 42 percent of our nation's highways are congested, costing \$101 billion in wasted time and fuel each year.

In the name of reducing our carbon footprint, some will eschew roads for urban rapid transit, but mass transit is unevenly provided in many cities, often providing less service in poor neighborhoods. Public transportation is also woefully lacking outside urban areas, with 45 percent of the U.S. population having no access to public transportation. Business Insider's Madeline Stone wrote that New York had the best public transportation system, followed by San Francisco and

Boston. The Metro system in the nation's capital doesn't even make the Top 10 list. On a recent weekend, it operated at half capacity. What does that say about our infrastructure?

Whether we examine roads, planes, trains, waterways, bridges, dams or energy, ASCE finds our infrastructure pathetically inadequate. These deficiencies are costly drains on our economy, while investments in infrastructure generate sizeable returns. Moody's economist Mark Zandi says that every dollar spent on infrastructure yields as much as \$1.57 in gross domestic product.

The Amtrak derailment should be a warning about the status of our infrastructure. It ought to force us to think about ways we can avoid accidents and to operate more efficiently. It ought to motivate the kinds of investments that ASCE and others say are necessary. To ignore this reality is, to quote John Boehner, "stupid."

Julianne Malveaux is an author and economist. She can be reached at www.julianne-malveaux.com.



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HOMETOWN NEWS FROM BRUNSWICK COUNTY

Does the warm weather make it more enjoyable inside and outside

We must keep up to date on the many things happening around us. Summer jobs for high school students should be considered very important because we are helping them to be more independent and giving them an outlook for a better future.

We must help our Black boys. It's easy for our Black boys to get hooked up with the drug culture or involved gang related activity. The motorcycles or bikes can be seen in full speed on Neck Road and Randolphville Road. It was amazing on

Thursday, May 14, 2015, to see young people in military uniforms having lunch at the K&W Restaurant in Wilmington, N. C. It would be good if we could get some of our many high school dropouts into military service. We must continue to work harder with our young. Boys enjoy ballgames, and baseball could be special. It is good to listen to their goals and things they want to accomplish in life it could be music.

This could be a time when some younger children may try smoking. It's been warned that smoking could cost people their lives. It's possible to see younger children smoking outside, and it's not cigarettes. We've been warned that smoking could cost people their lives. Millions of

American adults still undermine their health with cigarettes. We know that tobacco use remains the leading cause of preventable deaths and disease in the United States. Older senior citizens need to know that quitting is good for us.

Researchers have found that some cigarettes deliver nicotine more effectively than ever, which makes them more addictive and increases cancer risk, which poses a threat to anyone who may think it's cool to try one.

Outside there are beautiful flowers to see in the summer time. In the Randolphville Road and Old Ocean Highway areas, which are close to the home of Mrs. Eloise Hankins, you will see the colorful blossoms of roses, white and pink. We think the

white roses will turn pink before the petals fall. It's a free gift of nature for everybody.

Verniece E. Stanley is a native of Brunswick County. She grew up on a farm but wanted more excitement in life. She graduated from high school in Brunswick County in 1948 and graduated from Fayetteville State Teachers' College in 1952. She taught school in Brunswick County for nine years. She moved to Baltimore, Maryland, married, and taught school for twenty-five more years. She received her master's degree from Morgan State College in Baltimore City. She retired and moved back to Bolivia, N. C. where she enjoys writing articles for The Wilmington Journal and is an active member of the NAACP Board.

What you need to know about Celiac Disease

BY DR. CHAD LARSON OF CYREX LABORATORIES

You may not know it, but May is Celiac Disease Awareness Month, so let's take this opportunity to discuss what celiac disease is, how it is diagnosed, and dispel three misconceptions about gluten.

Celiac disease (CD) is an autoimmune disorder that affects one in 100 people in the world and 2.5 million people in the United States, many of whom remain undiagnosed, according to the National Institutes of Health (NIH). People with celiac disease have a sensitivity and immune reaction to gluten, a protein found in wheat, barley and rye. If an individual with celiac disease ingests gluten, their body mounts an immune response that attacks their small intestine. In this assault, antibodies can destroy the villi in the small intestine. Villi are the small finger-like structures that help promote nutrient absorption from food. Those with celiac disease who ingest even a small amount of gluten—breadcrumbs from a cutting board for example—are at risk for small intestine damage.

What's startling about celiac disease is that if left untreated it can lead to the development of other autoimmune disorders like Multiple Sclerosis, Type 1 Diabetes, or diseases like intestinal cancer, epilepsy, and other debilitating health problems. The only treatment for celiac disease is a gluten free diet, and the initial way to diagnose celiac disease is to be tested through a simple blood test.

Additionally, many people may have sensitivity to gluten but do not have celiac disease. People with Non-Celiac Gluten Sensitivity (NCGS) may have the same symptoms as those with celiac disease, such as bloating, fatigue, depression, etc., but without the damage that is done to the small intestine. With that said, here are some of the myths that need to be dispelled about gluten and celiac disease.

Myth #1: Celiac disease is a recently discovered disease.

According to the Celiac Support Association, celiac disease was discovered in 250 A.D. Celiac disease has specific symptoms—the results of which have been found in skeletons dating as far back as the first century. Contrary to popular believe, celiac disease is very real, verifiable health condition that has been around for a very long time.

Myth #2: Going gluten free is a great way to lose weight.

Despite what some might believe, going gluten free on its own will not necessarily

lead to weight loss. On the contrary, there are plenty of gluten free foods that are high in calories so consumers should beware. Now if you change your diet to the extent that you are gluten free and you are eating nothing but whole foods including plenty of fruits and vegetables, this may help you lose weight. But remember, unless you have gluten sensitivity, giving up gluten is probably not the best strategy to lose weight. Rather, choose a healthy, less restrictive diet that is specifically designed for weight loss paired with an exercise routine.

Myth #3: Gluten intolerance, gluten sensitivity and gluten allergies all refer to the same thing.

When speaking about gluten there is a lot of misinformation about allergies, sensitivities and intolerance. They are all separate health issues with varying severity. Non-Celiac Gluten Sensitivity is a diagnosed immune reaction with very real consequences. The broad-spectrum of symptoms that are associated with NCGS are often mediated by the immune production of antibodies IgA and IgG.

A gluten allergy is also mediated by an immune response, but the reactive antibody in this case is IgE. These antibody immune reactions are signals from the immune system indicating that gluten is not a 'friendly' substance and its presence is no longer tolerated by the immune system. Generally, allergic reactions will clear up after exposure to the allergen has ended and leaves no lasting damage done to the body. Gluten intolerance refers to a body's inability to break down gluten in the digestive process but, unlike CD and NCGS, it is not necessarily mediated by the immune system.

There is a lot to know about celiac disease and the role gluten can play in one's health and quality of life. If you suspect you might be gluten sensitive, talk to your health care provider about getting tested. Testing is the first step to finding the reason for your malaise and the first step to wellness. Remember, test—don't guess

Dr. Larson holds a Doctor of Naturopathic Medicine degree from Southwest College of Naturopathic Medicine and a Doctor of Chiropractic degree from Southern California University of Health Sciences. He is a Certified Clinical Nutritionist and a Certified Strength and Conditioning Specialist. He particularly pursues advanced developments in the fields of endocrinology, orthopedics, sports medicine, and environmentally-induced chronic disease.

Congratulations Dr. Cynthia Grady



CONTRIBUTED PHOTO DR. CYNTHIA GRADY

Cynthia Danelle Grady, daughter of Charlie and Josephine Jenkins Grady humbly walked across the stage on Monday, May 18, 2015 at the University of Pittsburgh School of Medicine to receive her doctoral hood as an medical doctor.

Cynthia is a native of Leland, North Carolina; which is located in Brunswick County. She graduated from North Brunswick High School's Class of 2006 as valedictorian, and completed her undergraduate studies at Winston Salem State University in May of 2010

with a Bachelor of Science degree in Molecular Biology.

She was recently awarded the 2015 Gateway Medical Society Academic Achievement Award.

Cynthia will begin her journey practicing medicine as an OB/GYN resident physician at the Louisiana State University Health Sciences Center in New Orleans on July 1st.

She was surrounded by a host of family and friends as she embraced this awesome milestone in her life. Help our community welcome Dr. Cynthia Danelle Grady.

Congratulations to Keith A. "Boogie" Smith, Jr.!



In memory of your Grandmother - Anna "Tossie" Stokes Boyd

We are so proud of you and all of your accomplishments, during your educational studies at St. Joseph's Preparatory School, in Philadelphia, PA.

Much success as you continue your studies at Lehigh University in Bethlehem, Pennsylvania.

Much Love,

Aunt Nettie
Aunt Rosa
Aunt Christine & Family

Readers have requested that *The Wilmington Journal* publish its special edition on Thursday, July 2, 2015, rather than May 21, 2015, in celebration of its 88th Anniversary, the 100th Anniversary of Williston and in memory of Katherine Jervay Tate. We will honor the request. We invite everyone to participate in this celebration by purchasing advertising or joining us as a patron. For more information, please call Shawn Thatch at 910-762-5502. As always, we thank you for the support you have given to us through the years. Management and Staff

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Elaine Allen Nix

Elaine Allen Nix - Beloved Mother, Grandmother, Great-Grandmother, Sister and Friend passed away May 4, 2015. She was born on March 27, 1935 in Castle Hayne, North Carolina.

Elaine was welcomed to heaven by her beloved husband Steve; Parents Robert and Ethel Grady; son Ronnie; sister Dorothy Grady; the father of her children Richard Allen and best friends Audrey Tate and Elizabeth Tate. She is dearly loved and will be missed by her children Laurice (Clayton) Long of Leland NC, Harriett (Charles) Williamson of Leland, NC, Milton Allen of Chicago, IL, Phyllis (Alphonso) Drye of Jacksonville, FL, Ricky (Emil) Allen of Wilmington, NC, Donna (Torrance) Edwards of Castle Hayne, NC and Terry (Jessica) Allen of Wilmington, NC; brother Robert (Virginia) Grady, Jr. of Brooklyn, NY; sisters Bernadine (Noble) Butler of Castle Hayne, NC, Joan McCoy of Charlotte, NC and Deidra (Jerry) Williams of Castle Hayne, NC; Fifteen Grand Children; Eighteen Great-Grandchildren; Four Aunts; Five Sister-in-laws and a host of cousins, nieces, nephews and many friends. Special thanks to caregivers Andre Tilghman, Sandra Gaines and Lee Tate.

Elaine was much loved by those who were lucky enough to be a part of her life. Family meant everything to her. She was a beautiful person with a generous spirit and a contagious laugh. She expressed this in all facets of her life through her acceptance of Her Lord and Savior Jesus Christ at an early age and becoming a life long member of St. James AME Church in the Rock Hill Community.

At church she served in a variety of capacities from President of Stewardess Board 2, Member of L.E. Humphrey Club and Choir, The Willing Workers Club, Pastors Aid, AME Conference Worker, The Usher Board, The Helping Hand Club, The Missionary

Society, Class Captain and the Women's Circle. In addition, Elaine and her friend Audrey were instrumental in implementing the Meals on Wheels Program in the Rock Hill Community.

Elaine was educated in the New Hanover County School System where she excelled. Highlighted by a Public Speaking Award from Cape Fear Community College. As she ventured into her various employment opportunities from Block Industries, Timmie Corporation (where she was one of the first black female employees) and finally retiring from Corning Glass. It was said that she was not just an excellent employee, but a joy to work with. Foremost and above everything, Elaine was a Wonderful Mother who raised her children with traditions, morals, principles and taught them to be strong and independent. Her grandchildren were one of the greatest joys of her life and she enjoyed watching them mature into adults. She was a strong woman with quick wit, great sense of humor and was admired by many for her wisdom and advice. She enriched the lives of all who knew her, especially the few who were lucky enough to call her "Ma".

Mr. Lee Andrew Moore, Sr.

Lee Andrew Moore made his debut upon the stage of life on January 19, 1950, to the pre-deceased Harris, Sr. and Martha Lee Moore. Funeral services were held at 12 Noon, Thursday, May 21, 2015 at Ephesus Seventh Day Adventist Church. Burial was in Calvary Memorial Cemetery.

Andrew obtained his education through the public school system in Wilmington, North Carolina (Gregory Elementary, Williston High School and Cape Fear Technical Institute).

Andrew grew up around family and friends that could not get enough of him. He loved to sing, his love for music went from classical, jazz, rhythm and blues, and contemporary gospel. "My brother could sing." Needless to say, Andrew never hurt or gave an angry word to anyone.

Andrew met and married the love of his youth Rhonda Hensley, where that union produced three precious jewels: Marthea, Lee, Jr. and Nina Moore. Andrew loved his family dearly. Even though Andrew loved his family most of all, life dealt him a severe illness. Andrew struggled with his illness for

years, one operation after another. His family had to finally secure professional help. With not knowing where to turn, his younger brother Dave sought care and was referred to Elderhaus, where the family has a deep appreciation for the personal care and love given Andrew up to the end of life cycle in which it was handled with dignity and grace.

Andrew ran a good race and fought a good fight. He was a strong, resilient man; overcoming the many health issues; and bouncing back stronger and more determined than ever, he never failed to shine.

On Saturday, May 16, 2015, Andrew made his final exit on this stage of life and God saw fit to tuck Andrew into sleep. Andrew will now be at peace until Jesus comes to call him at the trumpet sound. Andrew's body will cease but Andrew will live on forever. We love you Daddy, Andrew, Buddy, Granddad, Uncle, Friend and Drag.

Andrew leaves to mourn and cherish his memories his legacy: his three children, all of Goldsboro, North Carolina, Marthea Evangela Moore, Lee Andrew Moore, Jr. and Nina Charletta Moore. Nine grandchildren: Racquel, Elliott, Xavier Graham, Persephoni Moore, Alexis, Alijah Moore, Amauri and Aaliyah Green and Ashia Teachey, two great-grandchildren: Mariah Dudley and Marsean McGinnis, all of Goldsboro, North Carolina. Two sisters: Juanita Thomas-Saltus of Staten Island, New York and Shirley Grady of Raleigh, North Carolina; two brothers: Harris Moore, Jr. of Texas and David Alexander Moore of Wilmington, North Carolina. Five nieces and three nephews; six grandnieces; eight grand-nephews and three great-grandnieces. One maternal aunt, Mary Johnson; one maternal uncle Walter (Daisy) Thomas, Sr. of Wilmington, North Carolina one fraternal aunt, Louise (Issac) Stevens of Tarboro, North Carolina and a host of loving cousins, relatives and friends. Arrangements by Adkins-Drain Funeral Service, 515 South Eighth Street, Wilmington, North Carolina 28401. Condolences may be shared at www.adkinsdrainfuneralservice.com.

Mr. Eric Lamar Tyson

On Sunday, May 17, 2015 in His infinite wisdom, god deemed it necessary to call into His kingdom, Eric Lamar Tyson, affectionately known as "Beef Jerky." He had a beautiful smile that was contagious, and a sense of humor that would keep you laughing for hours, leaving you with memories that last an eternity. Funeral services were held at 12 Noon, Tuesday, May 26, 2015 at Warner Temple AME Zion Church. Burial was in Pine Forest Cemetery.

Eric Lamar Tyson was born on August 19, 1972 to the late John L. Tyson, Sr. and Mary Ann Hooper Tyson. He attended Laney High School and graduated from New

Hanover High School in 1991. He furthered his education at Phlebotomy of Whiteville, NC and Cape Fear Community College, studying Electrical Blueprint Reading. Throughout the years he had several employers, but his last and favorite was coaching little league teams for the YMCA "All-Star-Panthers" Baseball League.

Eric leaves to cherish his memory, a loving mother, Mary Ann Hooper Tyson of Wilmington, NC, four children Kaamil Tyson, Kayleen Tyson, Alicia Ortiz, and Akhaya Tyson of Greensboro, NC; one sister, Wanda Tyson; two brothers, John L. Tyson, Jr. (Jerri) and Tyrone Tyson, all of Wilmington, NC; one niece, Achillera Tyson "Niki;" five nephews, Samuel Tyson, Dametric Tyson, Damere Tyson, Tyquan Clarida and Romulus Clarida; one great nephew, Anaiis Tyson; one great niece, Azori Tyson; maternal aunts, Ella Mae Nelson, Joyce Ann Gayfield (Earic), Minnie Prentice (Allen), Edith Hooper and Rosa Mae Hooper of Wilmington, NC; paternal aunts and uncle, Helen Ellerby of Rockingham, NC, Maxine McDuffie of Charlotte, NC, Lee Edward Tyson of Columbia, SC, Elouise Clayton, Jeanette Jones of Wilmington, NC; special friends, Tayyarah Davidson, Lamondo Murray (LaTashia), Donald Evans, Ebony Pressley, David Clarida, Eric Best, Algernon Robinson and a host of special relatives, family and friends.

Eric was met at Heaven's Gates by his father, John L. Tyson, Sr., uncles, Linsey Hooper and Roger Tyson; aunt, Nora Alston; and oldest nephew Damarrian Tyson. Arrangements by Adkins-Drain Funeral Service, 515 South Eighth Street, Wilmington, North Carolina 28401. Condolences may be shared at www.adkinsdrainfuneralservice.com.

Cora Lee Walker

Cora Lee Walker died Tuesday, May 19, 2015 at her residence. Funeral services were held on Sunday, May 24, 2015 at Mt Calvary AME Church, Navassa, NC. Burial followed in the church cemetery.

Cora Lee Malone Walker, aka "Blondie", daughter of the late Aria and Isabelle Malone was born March 4, 1944. Two siblings, Aria Malone, Jr. and Ella Louise Malone Graham; and one grandson, Davelle Tremaine Walker, preceded her in death. Cora Lee accepted Jesus Christ as her personal Savior at an early age. She joined Mt. Calvary African Methodist Episcopal Church where she served on the usher board and sang on the original church choir. Cora faithfully attended the Spiritual Hour, where churches visited others in the surrounding community. Cora Lee was educated in the Brunswick County School System. She was married to James T. Walker for fifty-five years and to that union, God

blessed them with four gifted and loving children. Cora worked for National Linen Uniform Services for thirty-seven and a half years. She retired as a supervisor of that company, where she never missed a day of work, even though she didn't have a car or have a driver's license. Cora was dedicated to everything she did. She loved her family. Friends, her job, a meticulously clean home and early morning walks. Early in life, Cora, her late sister Ella, Champ and all their kids would load up in the Buick and head to Wilmington to shop, eat and spend family time together. Cora had an extremely giving heart.

She leaves to cherish her memories: her loving husband, James T. Walker of the home; her children, Andre Walker of Leland, NC, Bernice Lewis (Aaron) of the home, Angelo Walker (Kimberly) of Riegelwood, NC, Corry Walker of Fayetteville, NC and Kevin Cole (Brenda) of Snowfield, NC; one brother, Harrison Malone (Patricia) of Wilmington, NC; one sister, Willie Mae McKoy (Velinza) of Wilmington, NC; brother-in-law, Charlie Graham of Navassa, NC; sisters-in-law, Shirley Hooper (Ellis) of Leland, NC, Maggie Rogers (Brown) of Baltimore, MD and Ellen Batts of Wilmington, NC; special God fearing brother, Bishop Alonza Davis (Retha Mae) of Navassa, NC; grandchildren, Charissa Quintara, D'Angelo, Kyah, Joshus, Tammy, Kevin, Charity, Chevron and Toniece; special nieces, LaTonya Graham-Lowe, Denise Shaw (goddaughter), April McKoy and Michelyn Alston; special nephews, Jermaine Graham and Derwood Shaw; 19 great-nieces and nephews; one great-great-niece; goddaughters, Vernita Graham and Lakeisha Jones; one godson, Ernest Mosley, Jr.; special cousins, Peggy Williams, Helen Lewis, Jimmy Lewis, Annie Lewis and Armata Graham; special friends, Joann Dixon, Glenda Andrews and Susie Mae; a host of special nieces, nephews, family and friends. A Service of John H. Shaw's Son Funeral Home.

Marcus Clark, Jr.

Marcus Clark, Jr. died Thursday, May 21, 2015 at UNC-Hospital Chapel Hill, NC. Funeral services were held on Wednesday, May 27th at the ILA Hall Local 1426. Burial will follow in Calvary Memorial Cemetery. A Service of John H. Shaw's Son Funeral Home.

Sylvia Helena Torrence

Sylvia Helena Torrence died Friday, May 22, 2015 at Davis Health Care. Funeral services will be 11:00 a.m. Thursday, May 28th at Willie L. Shaw Jr. Memorial Chapel. Burial in Pine Forest Cemetery. A Service of John H. Shaw's Son Funeral Home.

Jimmy Robinson

Jimmy Robinson died Monday, May 25, 2015.

Funeral services are incomplete and will be announced later by John H. Shaw's Son Funeral Home. A Service of John H. Shaw's Son Funeral Home.

Shirley Kealon

Shirley Kealon died Monday, May 25, 2015 at New Hanover Regional Medical Center. Funeral services will be held 1:00 p.m. Saturday, May 30, 2015 at Faith Temple COGIC. Burial will follow in the Kealon Cemetery, Kelly, NC. A Service of John H. Shaw's Son Funeral Home.

In Memoriam



Charles Wesley Dunlap, Sr.
Sunrise: February 22, 1922
Sunset: May 30, 1987

Memories Live On

"We can't know why the Lilly has so brief a time to bloom in the warmth of sunlight's kiss upon its face, before it folds its fragrance in and bids the world goodnight to rest its beauty in a gentler place. But we can know that nothing that is loved is ever lost, and no one who has ever touched a heart can really pass away, because some beauty lingers on in each memory of which they've been a part." We remember. We love you.

Wife, Addie; sons, Charles and Carlton; grandchildren, Taylor and Karla; sisters Elsie; other relatives and friends

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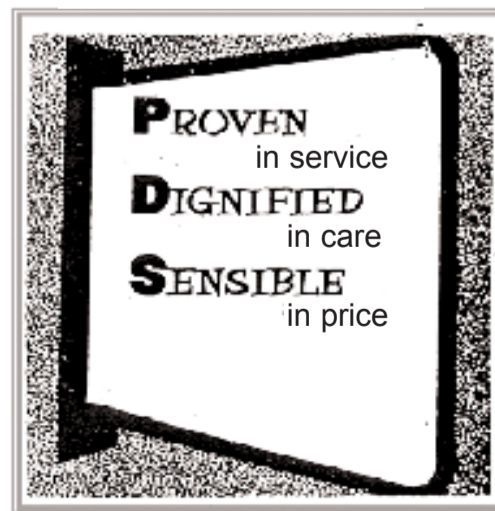
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New Hanover County

Barry Smith and Company will hold a Women's Tag Team Service on Saturday, May 30th at 6:00 pm at Death To Destiny, 401 S.7th St. The speakers will be Reverend Beverly Stanley of Big Macedonia Baptist Church, Supply, NC, Minister Glenda Richardson of Union Missionary Baptist, Wilmington, NC and Evangelist Sarah Johnson of Holy Bethel Fire Baptist Holiness, Thomasboro, NC. Music will be rendered by two guest choirs. For more information call 910-550-7475 or 910-367-3601.



Freedom's Way Ministries, Inc., 1952 Dawson St., will hold their 13th Church Anniversary. Services will be held on Thursday, June 4th and Friday, June 5th at 7:00 pm. Thursday night the guests will be Apostle Davelon Carr and The Greater Yeshuwa Temple of Wallace, NC. Friday night Dr. Patricia Melvin and The International Embassy of Holiness of Wilmington. Bishop Garnett will close this celebration at 11L00 am on Sunday, June 7th. For more information contact Elder Robinson 910-262-5002.

Religious Briefs

Life Changing Ministries Family Worship Center, 4875 New Centre Dr., will celebrate their 22nd church anniversary from Friday, May 29th- Sunday, May 31st. On Friday night, Joy Night at 7:00 pm, Saturday "CHAT AND CHEW" 11:00 am-2:00 pm, Sunday morning service with Dr. Joyce Jones, speaker. Dinner will be served after morning service. For more information contact Elder Shirley Miller 910-233-3307 or 910-392-3206.

Ministry of Deliverance, 2162 Wrightsville Ave., will celebrate Apostle Willie J. Rhames 29th pastor's anniversary from Friday, May 29th- Sunday, June 7th. On Friday, May 29th, the sons and daughters of Apostle Rhames will be guest at 7:30 pm. June 1st- June 5th there will be various guest speakers nightly at 7:30 pm. Saturday, June 6th a banquet will be held at 5:00 pm at Robert Taylor Senior Dining Room. On Sunday, June 7th at 12:00 noon the guest speaker will be Apostle Billie Jacobs. For more information call Evangelist E. Washington at 910-274-7067.

St. Phillip A.M.E. Zion Church, 2913 Acorn Branch Rd., will hold their Walk A Thon 2015, "Walking Tall to Build Our Fellowship Hall on Saturday, May 23rd from 9:00 a.m. - 12:00 p.m. and their 2nd Annual Tailgate Party to follow from 1:00 p.m.- 5:00 p.m. All proceeds are for St. Phillip AME Zion Church's Fellowship Hall remodel. For more information contact Dr. Mary C. Nixon at 910-540-4406 or Sister Aimee Brown at 910-368-3605. Also the church will hold their Annual Women's Day Program on Sunday, May 24th at 4:00 p.m. The guest speaker will be Brother Darius Ballard of St. Stephen AME Zion Church, Garland, NC. The guest choir will be Barry Smith and Company. The MC will be Elder Cedric Tindall of Union Missionary Baptist Church. The colors are pink and white.

Bladen County

Bryant Swamp Missionary Baptist Church, Bladenboro, NC will hold their pastoral nineteenth anniversary of Dr. Thurman B. Everett from Wednesday, June 3rd- Sunday, June 7th. June 3rd guests will be Rev. Tyrone Watson, choir and congregation of Mt. Moriah Baptist Church. June 4th guests will be Rev. Jerry McKoy, choir and congregation of Pleasant Meadow Baptist Church. June 5th guests will be Rev. Jerome Billups, choir and congregation of Greenville Baptist Church. Saturday, June 6th Singing Concert will be held at the Spaulding Monroe Cultural Center, 508 Martin Luther King Dr. at 5:30 pm. Featuring gospel groups and choirs including "Second Chance" of South Carolina and Mr. Ray Byrd and Group of Wilmington, NC. Sunday, June 7th at 11:00 am Rev. Sharon Thompson Journigan, choir and congregation of Integrity Ministries Outreach Ministry of Fayetteville, NC will be the guests.

The Baldwin Branch Missionary Baptist Church Clothes Closet, 4047 NC 242 Highway South, Elizabethtown, NC on Sunday, May 31st The Young Adult Missionary of Baldwin Branch will present their annual program, "Pack-the-Pews." Dr. Kia Hood of Winston-Salem, NC will be the guest speaker.

Brunswick County

Graham Chapel AMEZ will observe their Annual Family & Friends Day on Sunday, May 31st at 11.00 am. The guest speaker will be Reverend Wendy McKoy, pastor of Shady Grove AMEZ Church, Council, NC. Music will be rendered by both the Graham Chapel Male Chorus and the Shady Grove Choir. Following worship service dinner will be served.

Hoopers Chapel Missionary Baptist Church will be celebrating their pastor's 25th anniversary. Saturday, June 6th at 5:00 pm a musical presentation will be held. On Sunday, June 7th at 11:30 am regular morning service will be held and at 3:00 pm service the guest speaker will be Rev. Michael Jackson of Davis.

Policies for briefs, news, & photos on page 2.

Compiled By Wilmington Journal Staff

SENIOR CITIZENS' FELLOWSHIP

Senior Citizens Fellowship on a beautiful Tuesday morning

BY FANNIE ALLEN AND SHEILA ROSS
CONTRIBUTING WRITERS

Good morning to all. The Senior Citizens' Fellowship met again this morning. Our opening song was "Where Could I Go But to the Lord?" Prayer was led by Elder Lenzy Benjamin. The choir

now sung "Christ Is All." Testimonies, songs, and praises were given to thank God for his mercy and blessings. We owe it all to him.

Minutes were read by our secretary, Mildred Ellerby. Comments and remarks were made. It was now time for our callers. Gladys Taylor and

Janice Gordon tied for having the most members present. Thanks to all the callers and members present today.

Anna Haskins gave the sick report. Thank you again for the beautiful work you do. May God continue to use you. "Smiles" were given by Mary Martin. We thank you so

much. Another wonderful "smile" was given by Cynthia Sparrow.

Our circle was formed. Prayer was led by Herietta McGlenn. To God be the glory! Meeting was adjourned. There were forty-four members here today. Have a blessed week.

SENIOR MOMENTS

Believe in forgiveness

My Fellow Seniors:

Allow me to suggest one more thing that we could do for our community if we



Ruth Johnson

would just widen the doors of the church. Many of our young men are locked up in jail because of some nonviolent offense. Some of them have children, which the tax payers will have to support. We believe in forgiveness. So as long as the

person is not a threat to the community, why should he be locked up?

The judge knows how much it costs to keep a man in prison. He also knows what it costs to support the children. So it makes no sense to keep the person locked up when he could be out here paying taxes. The judge might also suggest that he join a church or some other support group, and that's where we come in. Since the church strongly believes in giving a person a second chance, we should be willing to support him in any way we can. We would be

telling the world that we believe in the forgiveness of sin, which comes straight from the Bible. However, we can't teach it while sitting in a building, surrounded by saints.

We have to openly demonstrate our love for our neighbors, as well as our forgiveness for any wrong they may have done us. Maybe there is someone out there who can take the above situation and turn it into a one act play, which could be performed at various schools, churches, and community centers. The play would show a judge handing out a suspended sen-

tence, and a church member stepping up to embrace the person. A play such as this would get the church out of the building and into the community. At the same time it would open the doors a little wider and invite the community to come in, not only in Wilmington, N. C. but worldwide. It would also open some prison gates and invite the inmates to come out. If we could find someone to write this play, we could fly with it. I believe we could touch the sky.

Mrs. Ruth Johnson is a, First Baptist Church Ministry Worker.

St. Phillip AME Zion Church to host the Wilmington District's 2015 Sunday School Convention

CONTRIBUTED ARTICLE

The Rev. Dr. Mary C. Nixon and the officers and members of St. Phillip AME Zion Church located at 2913 Acorn Branch Rd. Wilmington, NC (in the Wrightsboro community) will host the Wilmington District's 2015 Sunday School Convention.

The District is under the leadership and Supervision of the Extraordinary Mighty Man of God The Rev. Alexander L. Jones Sr. Elder Jones and his lovely wife Mrs. Delma S. Jones, the

first lady of the District will be leading us through auspicious convention on June 5th, 6th and 7th.

On Friday, June 5th at 7:00 p.m. St Phillip AME Zion Church has planned an exciting Welcome Service for the Elder and his wife, the Christian Education Department in its entirety, clergy, our laity and guest.

Worship Service will begin promptly after. Following the Worship Service, a reception will be held and served by the St. Phillip AME Zion Culinary Teams, Sponsored in part by 3n1

Bail Bonding Company.

On Saturday June 6th, we will begin at 9:00 a.m. with the business of the conference as well as reports and workshops. To climax our Sunday School Convention, we have festive fun Field Day planned for the entire convention so, please bring your lawn chairs to relax and have great time and an afternoon outdoor picnic lunch on the grounds at St. Phillip AME Zion Church.

St. Phillip AME Zion Church will also host the District's Annual Baccalaureate Service for the entire

graduating senior on the Wilmington District.

The service will begin promptly at 4:00p.m. and a reception will follow for the graduates and guest.

Come and be a part of this convention which promises to be an awesome weekend of fellowship praise and worship, in the name of Jesus!

For more information you may contact our Christian Education Director Mrs. Dentrail N. Boykin at 910-200-4953 or Rev. Dr. Mary C. Nixon, pastor at 910-540-4406 or our church office 910-251-9892.

TELL SOMEBODY

Lessons of life: Be content

"Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content."

Phillippians 4:11
Content - Satisfied with what one is, or satisfied with what one has; not wanting more, and not wanting anything else.



Sylvia Hooper

Learn - To acquire knowledge or skill by study, instruction or experience.

Life has a way of teaching us many lessons if we are teachable and sincerely want to learn. If we do not learn from the lessons of life, we will find ourselves in a constant state of turmoil, frustra-

tion, and anxietyrepeating the same mistakes, because we didn't take time to learn the lesson, our Teacher and Creator was showing us.

Experience is a great teacher in the classroom of life as we study and review the Lessons of Life. Our experiences with Christ qualify us as witnesses that he is who he says he is, and can do what he says he can do!

We know that God is a provider, because he continuously meets our needs. We also know that Jesus is a Savior, because when we were lost in sin, he found us and saved us, and gave us the victory. We know the Jesus is indeed a healer, because when we were sick, he healed us and made us whole.

Hebrews 13:5, says, "Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never

leave thee, nor forsake thee."

Apostle Paul said, "For I have learned...." The question we can ask ourselves concerning the issues of life, is "What have I learned by my experiences, mistakes, triumphs, and tragedies?"

I have learned three things in the classroom of life.

1. Be Thankful for what you have. Someone else would love to be in your shoes and would appreciate having what you possess.

2. Be Encouraged , If you , focus on the things you have, instead of the things you do not have, you will realize how blessed you are!

3. Be Content, For he hath said, I will never leave you nor forsake you. Focus on building and maintaining your relationship with the Lord. You can always depend on Jesus, when you can't depend on anyone else.

Prayer: Dear Lord, please help me to Be Content with

who I am, and with the things I possess. I thank you because you are more than enough for me! Tell Somebody!!!

"Mrs. Sylvia B. Hooper is a native Wilmingtonian, married to Pastor Johnson A. Hooper, First Lady of Faith Outreach COGIC, Jacksonville, N.C. She is a mother of three wonderful children and a proud grandmother! She is a Licensed Evangelist with COGIC, International. She is the President of P.W.E. Pastors Wives Empowerment Conference, an annual event held in honor of Pastors and ministers Wives. This support group's focus is to Encourage, Embrace and Empower Elect Ladies to be all they can be in Christ Jesus, while providing support to their husbands, who are Gospel preachers and pastors. Her heart's desire is to please the Lord, rescue the perishing, comfort the dying, and live a life that gives God glory!"

Prayer is yet still the answer

BY JAMES WASHINGTON OF THE DALLAS WEEKLY

Have you succumbed to the notion yet that prayer will get you through it? The 'it' I'm referring to is everything. If you're like me then the truth is at times you're not very enthusiastic about your faith. That fire that initially burned in me when I finally met Christ leaves me more cold than hot and I cannot and do not remain constant or consistent in my journey towards eternal salvation. Have you ever been there? Even my prayer life is more often weak than strong. I've finally figured out at times like these that if I only do one thing, I have to continue to pray. However casual or cavalier I might think it is, if I do nothing else, I've learned that I've got to pray my way through it.

If you've ever been lost on a nameless highway and know that you're lost, you probably understand what I'm talking about. No exit, no gas stations, no people or other cars around, no one to ask for directions. You just keep driving and you just

keep looking. It's just you and the needle on the fuel gauge. Given yours and my circumstances, prayer is probably very appropriate when one is spiritually lost; especially when you are forced to acknowledge that you are lost. My word to you is to just keep praying.

At this stage of my spiritual development, I can't think of an alternative. I just so happened to look up prayer in my bible's Concordance and found out that I'm correct in my assumption that prayer(s), pray(ed), praying, all hold a special place in spiritual history and in the eyes of God. For every quote I could give you right now, there are many of you who could quote at least three more appropriate ones for this message. James 5:15-16 "And prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven. Therefore confess your sins to each other and pray for each other so that you might be healed. The prayer of a righteous man is powerful and effective."

I will not sit here and profess to you to be a righteous man. What I will do is to profess to you and anyone who will listen is that I am a sinner seeking God's forgiveness. I am also on record as praying for you, my fellow man that you too, will understand God's faithfulness. Mark 11:24-25 "Therefore I tell you, whatever you ask for in prayer, believe that you have received it and it will be yours. And when you stand praying, if you hold anything against anyone, forgive him, so that your Father in heaven may forgive you your sins." I'm not making this up. This is what the text says. Hopefully, what I'm trying to convey to you is once I was lost. I'm sure I'll get lost again and when it happens, prayer will continue to lead me home. It is an irrefutable spiritual fact. Try it. Speak to God from your heart. Let Him know that you know He knows you are lost. He will then step up and act out on your behalf proclaiming for all to see that you are never really lost. He has known where you were from the beginning of time.

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Guest Speaker, Rev. Dr. William Barber

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LEGAL NOTICES

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Executor of the Estate of **Ruth B. Williams**, deceased New Hanover County, North Carolina, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the **7th day of August, 2015**, or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate please make immediate payment to the undersigned.

This the 7th day of May, 2015

Donald N. Williams, Executor
105 Apple Rd.
Castle Hayne, NC 28429

May 7, 14, 21, 28, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

The undersigned, having qualified as Executor of the estate of **Courtney Foster Chase**, deceased, of the New Hanover County, North Carolina, does hereby notify all persons, firms and corporations having claims against the estate to exhibit them to the undersigned on or before the **7th day of August, 2015**, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate please make immediate payment to the undersigned.

This the 7th day of May, 2015

Timothy Lee Chase, Executor of the Estate of Courtney Foster Chase
7181 Carolina Beach Road
Wilmington, NC 28409
Murchison, Taylor & Gibson, PLLC
16 North Fifth Avenue
Wilmington, NC 28401

May 7, 14, 21, 28, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

The undersigned, having qualified as Executor of the estate of **Betty Owens Evely**, deceased, of the New Hanover County, North Carolina, does hereby notify all persons, firms and corporations having claims against the estate to exhibit them to the undersigned on or before the **7th day of August, 2015**, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate please make immediate payment to the undersigned.

This the 7th day of May, 2015

Gary R. Owens, Executor of the Estate of Betty Owens Evely
623 Timber Lake Lane
Wilmington, NC 28411
Murchison, Taylor & Gibson, PLLC
16 North Fifth Avenue
Wilmington, NC 28401

May 7, 14, 21, 28, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

The undersigned, having qualified as Executor of the estate of **Carloyn F. Shepard**, deceased, of the New Hanover County, North Carolina, does hereby notify all persons, firms and corporations having claims against the estate to present such claims to the undersigned C/O Terry B. Richardson, Attorney at Law, 209 Princess Street, Wilmington, NC 28401 on or before the **10th day of August, 2015**, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment to the undersigned.

This the 4th day of May, 2015

Paul Adolph Freeman, Executor
Terry B. Richardson
Attorney for the Estate
209 Princess Street
Wilmington, NC 28401
Telephone No.: 910-763-7420
Fax No.: 910-762-4176

May 7, 14, 21, 28, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

The undersigned having qualified as Executor of the Ancillary Estate of **James C. Dougall, Jr.**, deceased, New Hanover County 15-E-0369, late of Maricopa County, Arizona, gives notice to all persons, firms, and corporations having claims against the estate to present such claims to the undersigned at the offices of Alan M. Solana, Solana, Theriault & Gross, PLLC, Attorneys at Law, 1650 Military Cutoff Road, Suite 200, Wilmington, NC 28403, on or before the **14th day of August, 2014**, or this Notice will be pleaded in bar of their recovery. All persons indebted to the estate will please make immediate payment.

This the 14th day of May, 2015

Jay Conan Dougall, Executor
c/o Alan M. Solana, Attorney at Law
Solana, Theriault & Gross, PLLC
1650 Military Cutoff Road, Suite 200
Wilmington, NC 28403

May 14, 21, 28, June 4, 2015

LEGAL NOTICES

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Executor of the estate of **James E. Boyce**, late of 8412 Fazio Dr., Wilmington, New Hanover County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned 701 Market Street, Wilmington, North Carolina, 28401 on or before the **August 24, 2015**, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate please make immediate payment to the undersigned.

This the 18th day of May, 2015.

Sarah Burger, Executor of the Estate of James E. Boyce
Craig and Fox, PLLC
701 Market Street
Wilmington, NC 28401

May 21, May 28, June 4, 11, 2015

**NOTICE OF SERVICE OF
PROCESS BY PUBLICATION
STATE OF NORTH CAROLINA
NEW HANOVER COUNTY
IN THE DISTRICT COURT
DIVISION
JUVENILE SESSION
15 JT 106**

**IN THE MATTER OF: K.J.S. (DOB: 01-12-15)
TO: ANY UNKNOWN
BIOLOGICAL FATHER OF THE
ABOVE CAPTIONED MALE,
CHILD BORN IN
WILMINGTON, NEW
HANOVER COUNTY, NORTH
CAROLINA**

TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is as follows: Termination of all parental rights you have to the above-captioned minor child.

You are required to make a defense to such pleading within thirty (30) days following **May 14, 2015**, which date is the date of first publication of this Notice. Upon your failure to do so, the party seeking service against you will apply to the Court for the relief sought.

YOU ARE HEREBY NOTIFIED THAT A HEARING ON THE PETITION TO TERMINATE YOUR PARENTAL RIGHTS IS SCHEDULED FOR **June 8, 2015, AT 9:30 A.M.**, or as soon thereafter as it may be heard, at the Department of Juvenile Justice, 138 N 4th Street, Wilmington, North Carolina, 28401.

This the 29th day of April, 2015

LeeAnne Quattrucci
Attorney for the Petitioner
401 Chestnut Street, Suite J
Wilmington, NC 28401
Tel.# 910-795-0230
Fax: 910-401-1485

May 14, 21, 28, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Executrix of the Estate of **Annie Dailey Sherman**, deceased New Hanover County, North Carolina, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the **14th day of August, 2015**, or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate please make immediate payment to the undersigned.

This the 14th day of May, 2015

Nell Pollock, Executrix
103 Little Creek Rd.
Castle Hayne, NC 28429

May 14, 21, 28, June 4, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Administratrix of the Estate of **Harold John Streff**, deceased New Hanover County, North Carolina, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the **14th day of August, 2015**, or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate please make immediate payment to the undersigned.

This the 14th day of May, 2015

Virginia Streff Patrick, Administratrix
1916 Jeffrey Stokes Dr. NE
Leland, NC 28451

May 14, 21, 28, June 4, 2015

LEGAL NOTICES

Smith Rowe, LLC is accepting subcontractor and supplier bids for the June 4, 2015 City of Wilmington, Gillette Drive Drainage Pipe Repair Project contract #DRA-IH-0615 no later than June 3, 2015. Minority/Women Business Enterprises are encouraged to submit a bid. Reply to 910-675-9796 or 6101 Diamond Shamrock Road, Castle Hayne, NC 28429

May 28, June 4, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Executrix of the Estate of **Albert Ray Pearsall**, deceased New Hanover County, North Carolina, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the **14th day of August, 2015**, or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate please make immediate payment to the undersigned.

This the 14th day of May, 2015

Ray Nell Eason Pearsall, Executrix
3311 Tipton Court
Wilmington, NC 28409

May 14, 21, 28, June 4, 2015

**NOTICE OF SERVICE OF
PROCESS BY PUBLICATION
STATE OF NORTH CAROLINA
NEW HANOVER COUNTY
IN THE SUPERIOR COURT
BEFORE THE CLERK
NEW HANOVER COUNTY
FILE NUMBER: 15 SP 335**

In the Matter of The Estate of Loucinda Catherine Pack (New Hanover County File No.: 14 E 468)

To Heirs of Loucinda Catherine Pack, Joseph Lee Pack, Nancy Adeline Putnam Pack, Ruth Mae Pack Belt, Wilburn Earl Belt, and/or Joseph Belt:

Take notice that a special proceeding has been filed in New Hanover County to determine the heirs of Loucinda Catherine Pack. Loucinda Catherine Pack ("Decedent") died on January 4, 2014 in New Hanover County, North Carolina without leaving a will. The Decedent never married and had no children. The Decedent's parents, grandparents, aunts and uncles predeceased her. The Administrator of the Estate of Loucinda Catherine Pack seeks to determine the heirs of the Decedent.

All heirs of Loucinda Catherine Pack, Joseph Lee Pack, Nancy Adeline Putnam Pack, Ruth Mae Pack Belt, Wilburn Earl Belt, and/or Joseph Belt are asked to contact the Administrator of the Estate, Charlotte Noel Fox, 701 Market Street Wilmington NC 28401.

A hearing will be held on Monday, July 13, 2015, in room 222 of the New Hanover County Courthouse located at 316 Princess Street, Wilmington, NC 28401. If you fail to respond to this notice or appear on July 13, 2015, any judgment entered by the Court shall be binding as if you were personally before the Court and any payment or distribution made by the Administrator under orders of the Court shall have the effect of fully discharging such personal representative and any sureties on the personal representative's official bond to the full extent of such payment or distribution as ordered.

This, the 19th day of May, 2015.

ESTATE OF LOUCINDA CATHERINE PACK
By: Charlotte Noel Fox
Administrator of the Estate of Loucinda C. Pack
701 Market Street
Wilmington, NC 28401
Phone: (910) 815-0085
Fax: (910) 815-1095

May 21, 28, June 4, 2015

LEGAL NOTICES

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified Executor of the Estate of **Laura Fennell Hill**, deceased New Hanover County, North Carolina, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the **21st day of August, 2015**, or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate please make immediate payment to the undersigned.

This the 21st day of May, 2015

Joseph Thomas Fennell Hill, Executor
616 South 2nd St.
Wilmington, NC 2401

May 21, 28, June 4, 11, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Administrator of the Estate of **Betty F. Scavella**, late of 615 Queen Street, Wilmington, New Hanover County, North Carolina the undersigned does hereby notify all persons, firms and corporations having claims against the Estate of said decedent to exhibit them to the undersigned at 701 Market Street, Wilmington, North Carolina, 28401 on or before September 4, 2015 or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This the 26th day of May, 2015.
Charlotte Noel Fox,
Administrator of the Estate of Betty F. Scavella
701 Market Street
Wilmington, NC 28401

May 28, June 4, 11, 18, 2015

**REQUEST FOR PROPOSAL (RFP)
HOUSING AUTHORITY OF
THE CITY OF WILMINGTON
NORTH CAROLINA
COMMERCIAL &
RESIDENTIAL REAL ESTATE
BROKERS
CONTRACT NO.; RFY15.04**

Sealed proposals will be accepted at the Housing Authority of the City of Wilmington North Carolina until 3:00 P.M. on June 15, 2015. If you are interested in submitting a proposal, please visit our website at www.wha.net on May 24, 2015 to retrieve a packet.

The WHA does not discriminate based on race, sex, age, color, national origin, religion, or disability in its employment opportunities, programs, services, or activities.

WHA reserves the right to reject any or all bids.

Laurette Corbyons
Procurement Manager

May 21, 28, 2015

**AMENDED SUMMONS
STATE OF SOUTH CAROLINA
COUNTY OF CHARLESTON
IN THE FAMILY COURT
FOR THE FIRST JUDICIAL
CIRCUIT
COUNTY OF CHARLESTON
2014-DR-10-1650**

LaTreece A. Stoney,
Plaintiff, vs. **TyShawn D. Joye,**
Defendant.

**TO: THE ABOVE NAMED
DEFENDANT: TYSHAWN D.
JOYE**

YOU ARE HEREBY SUMMONED and required to answer the Complaint in the above captioned matter, a copy of which is herewith served on you, within thirty (30) days after service hereof, exclusive of the day of such service, and to serve a copy of your Answer on the subscriber at 3821 Chisolm Road, Johns Island, South Carolina 29455, within the said thirty (30) days, and if you fail to answer the Complaint within the time aforesaid, then judgment by default will be rendered against you for the relief demanded in the said Petition.

This 21st day of May, 2015

LaTreece A. Stoney, Plaintiff
3821 Chisolm Road
Johns Island, SC 29455
(843) 377-5400

May 21, 28, June 4, 2015

LEGAL NOTICES

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Executor of the Estate of **Donald Fred Sorensen**, deceased New Hanover County, North Carolina, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the **16th day of July, 2015**, or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate please make immediate payment to the undersigned.

This the 16th day of April, 2015

Lori Covington Sorensen, Executor
322 Pemberton Drive
Wilmington, NC 28412

April 16, 23, 30, May 7, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Executor of the Estate of **Nell Wallace McArver**, deceased New Hanover County, North Carolina, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the **7th day of August, 2015**, or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate please make immediate payment to the undersigned.

This the 7th day of May, 2015

Thomas P. Wallace, Executor
105 Sunset Drive
Stanley, NC28164

May 7, 14, 21, 28, 2015

**NOTICE TO CREDITORS:
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER
In the Matter of the Estate of
Mary Jane Horrell, Deceased**

The undersigned, having qualified as Executor of the Estate of **Mary Jane Horrell**, deceased, late of New Hanover County, North Carolina, this is to notify all persons, firms and corporations having claims against said estate to present them to the undersigned on or before **August 13, 2015**, or this Notice will be pleaded in bar of recovery. All persons indebted to the said decedent or estate shall please make immediate payment to the undersigned.

This the 14th day of May, 2015.

Catherine Horrell Johnson
Executor of the Estate
of Mary Jane Horrell
c/o Anthony L. Register
Alley, Register & McEachern
701 North 4th Street
Wilmington, NC 28401

May 14, 21, 28, June 4, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER
In the Matter of the Estate of
George Padezanin, Deceased**

The undersigned, having qualified as Executor of the Estate of **George Padezanin**, deceased, late of New Hanover County, North Carolina, this is to notify all persons, firms and corporations having claims against said estate to present them to the undersigned on or before **August 13, 2015**, or this Notice will be pleaded in bar of recovery. All persons indebted to the said decedent or estate shall please make immediate payment to the undersigned.

This the 14th day of May, 2015.

Bryan Michael Padezanin
Executor of the Estate
of George Padezanin
c/o Anthony L. Register
Alley, Register & McEachern
701 North 4th Street
Wilmington, NC 28401

May 14, 21, 28, June 4, 2015

LEGAL NOTICES

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Executor of the estate of **Jo P. Alford**, late of 101 Cedar Cove, Wilmington, New Hanover County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned 701 Market Street, Wilmington, North Carolina, 28401 on or before the **August 24, 2015**, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate please make immediate payment to the undersigned.

This the 18th day of May, 2015.

Talmsi Schultz, Executor of the Estate of Jo P. Alford
Craig and Fox, PLLC
701 Market Street
Wilmington, NC 28401

May 21, May 28, June 4, 11, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Fiduciary Administrator of the Estate of **Ann A. Coley**, deceased New Hanover County, North Carolina, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the **21st day of August, 2015**, or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate please make immediate payment to the undersigned.

This the 21st day of May, 2015

Timothy Alford, Fiduciary
Administrator
3105 Oakley Circle
Castle Hayne, NC 28429

May 21, 28, June 4, 11, 2015

**NOTICE OF SERVICE OF
PROCESS BY PUBLICATION
STATE OF NORTH CAROLINA
COUNTY OF PENDER
IN THE GENERAL COURT OF
JUSTICE
SUPERIOR COURT DIVISION
BEFORE THE CLERK
14 SP 264**

**IN THE MATTER OF THE
ESTATE OF MARTHA EVELYN
MANLEY
TO: AVERY BRUNS, MADISON
BRUNS & KENNETH EARL
BRUNS**

TAKE NOTICE that a pleading seeking relief against you has been filed in the above entitled special proceeding. The nature of the relief being sought is an order allowing the Executor of the Estate of Martha Evelyn Manley to sell real property located at 201 Oakmont Drive, Hampstead, Pender County, N.C. [also known as Lot 21 of Cross Creek subdivision] in which Avery Bruns, Madison Bruns and Kenneth Earl Bruns have or may have an interest.

You are required to make defense to such pleading no later than July 5, 2015. Upon your failure to do so, Petitioner will apply to the Court for the relief sought.

Ray C. Blackburn, Jr.,
Attorney for Plaintiff
State Bar #10248
P.O. Box 895
Hampstead, N.C. 28443
910) 270-2022

May 21, 28, June 4, 2015

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LEGAL NOTICES

ADVERTISEMENT Notice to Bidders

Sealed bids, subject to the conditions herein, will be received until Friday, June 26, 2015 at 2:00 p.m., in the conference room of the Wilmington International Airport, 1740 Airport Boulevard, Suite 12, Wilmington, North Carolina, and then opened and publicly read for furnishing all labor and materials and performing all work connected with: North General Aviation Apron Pavement Rehabilitation & Stormwater Improvements, as indicated on the plans and specifications dated May 2015. Bid Documents (Plans and Specifications) will be available Friday, May 29, 2015.

A Pre-Bid Meeting is scheduled for Thursday, June 11, 2015 at 2:00 p.m., in the Airport Conference Room. Attendance at the Pre-Bid Meeting is NOT mandatory, however it is strongly recommended. Site visits will be available following the meeting.

The project shall consist of furnishing all labor, materials, and equipment and performing all work required to satisfactorily complete the project, which includes a base bid (Schedules I, II and III) and two add alternates (Schedules IV and V). The base bid consists of constructing a concrete overlay over the existing concrete North GA Apron Pavement including bituminous transitions, leveling and bond breaker; installation of new apron area lighting; installation of reinforced concrete and HDPE drainage pipe; installation of cast-in place and pre-cast concrete drainage structures; and minor grading. The bid add alternates include expansion of the North GA Apron (new concrete pavement over stabilized base course), including bituminous transitions; and installation of additional reinforced concrete drainage pipe and pre-cast drainage structures. Work will be performed both inside and outside the airfield security perimeter. The project is being funded primarily by the Federal Aviation Administration. Bidders must provide a bid for all schedules of work.

Bid Forms, Plans, Specifications, and Contract Documents are on file at the Wilmington International Airport Manager's Office; iSqFt Plan Room Website; and Talbert & Bright, Inc., 4810 Shelley Drive, Wilmington, North Carolina; and may be obtained from Talbert & Bright, Inc., 4810 Shelley Drive, Wilmington, North Carolina, 28405, Telephone (910) 763-5350, Fax (910) 762-6281, between the hours of 8:00 a.m. and 5:00 p.m., Monday through Friday, upon non-refundable payment of one hundred fifty dollars (\$150.00). All plans will be sent UPS Ground. For faster service, please fax a copy of your request, including a copy of your check with the Contractor's name and contact person, mailing and shipping address, phone and fax numbers, e-mail address, and project name for which you are requesting documents.

Each bid must be accompanied by a Bid Bond, a deposit of cash or by a certified check payable to New Hanover County Airport Authority, and drawn on some bank or trust company authorized to do business in the State of North Carolina, for an amount equal to 5% of the total base bid, as a guarantee that if the bid is accepted, the required Contract will be executed and the required Performance Bond and Payment Bond furnished within ten (10) days after receipt of written notice of formal award of Contract.

IMPORTANT NOTICE TO BIDDERS: Each bidder for this project shall be registered as a prequalified bidder with the NCDOT at the time of the bid opening and shall hold a North Carolina General Contractor's License. The proposed Contract for this project is subject to the Disadvantaged Business Enterprise Program Bid Conditions contained in Appendix "C" and to the

Federal Requirements contained in Appendix "D" of the Contract Documents.

Prospective bidders should read the instructions for preparing bids in Section 20 of the project specifications carefully before submitting their bids. Envelopes containing proposals must be sealed, addressed to Mr. Whitney Prease, Facilities Director, Wilmington International Airport, 1740 Airport Boulevard, Suite 12, Wilmington, NC 28405, and marked on the envelope as follows:

"PROPOSAL FOR NORTH GENERAL AVIATION APRON PAVEMENT REHABILITATION & STORMWATER IMPROVEMENTS"

SPECIAL NOTE: The New Hanover County Airport Authority, in accordance with Title VI of the Civil Rights Act of 1964, Stat. 252, 42 U.S.C. 2000D-4 and Title 49 Code of Federal Regulations, Department of Transportation, Subtitle A, Office of the Secretary, Part 21, Nondiscrimination in Federally assisted programs of the Department of Transportation issued pursuant to such act, hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this Advertisement, Disadvantaged Business Enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award.

The New Hanover County Airport Authority hereby notifies all bidders that in regard to any contract entered into pursuant to this advertisement, that the bidder shall make good faith efforts, as defined in Appendix A of 49 CFR Part 26, Regulations of the Office of the Secretary of Transportation, to subcontract 9% of the dollar value of the contract to Disadvantaged Business Enterprises (DBE). Only firms certified as DBE's by the NCDOT Unified Certification Program at the time of the bid may be applied toward the goal. The apparent successful competitor will be required to submit (along with the bid) information concerning the DBE firms who will participate in this contract. The information will include the name and address of each DBE, a description of the work to be performed by each named firm, and the dollar value of the contract. If the bidder fails to achieve the contract goal stated herein, the bidder will be required to provide documentation demonstrating that it made good faith efforts in attempting to do so. A bid that fails to meet these requirements will be considered non-responsive.

The bidder must supply all the information required in Section 20, Appendix "B", and Appendix "C" of the specifications within the time limits therein specified. All proposals shall be prepared on the basis of the Minimum Wage Rates as established by the Secretary of Labor and as included in Equal Employment Opportunity Requirements of the specifications.

It is the intent of the New Hanover County Airport Authority to award the work, however, the award of this contract is contingent upon the availability of funds. New Hanover County Airport Authority reserves the right to reject any and all bids, to waive informalities, and to re-advertise this solicitation at the Authority's sole discretion. Nothing herein shall be construed as a commitment on the part of the authority to award a contract. The authority reserves the right to reject all bids and abandon the solicitation at its sole discretion.

The Airport Authority reserves the right to reject any or all proposals.

John O. Perritt, III, Chairman New Hanover County Airport Authority

May 28, 2015

EMPLOYMENT

Career Fair: Hiring for Part Time Seasonal Positions in Holden Beach, NC. Many department jobs available. Great Hourly Pay! Saturday May 30th 10a-1p located at: 1100 Sabbath Home Rd SW, Holden Beach, NC Bring Resumes, Onsite Interview. Apply: www.foodlion.com/careers EOE

ASK ALMA with ALMA GILL



My daughter wants mom to walk her down aisle

Dear Alma,

I was married to my wife for 11 years. During that time we had three children, one daughter and two sons. In my opinion, our relationship deteriorated so my wife and I divorced because I had an affair. I have since married that woman and we have two children together, two sons. We are very happy and she's always had a close relationship with my older children. But understandably, not my wife. My oldest, a daughter is getting married this year. As her father, I am paying for her wedding and very excited to walk her down the aisle. That is until recently when I received an email from her saying she asked her mom to walk her down the aisle. I am very disappointed and am considering not attending. I would like your advice on the matter.

Anonymous

Hmmm, well, first and foremost, it's her wedding and she has the final word on who should walk her down this aisle. With that being said, my wonder is, did her mother ask her or make her feel guilty into going in that direction? On one hand, you mentioned the affair; upon which I'm sure no one has forgotten, especially since you're happily married to the other woman. On the other hand, walking her down the aisle - should not be used as a repercussion tool or a "remember you hurt my mama" moment.

My advice is to have a conversation with your daughter. It would be ideal if your first wife (not the second) could be present, but if not, so be it. Tell your daughter you want more than anything to walk her down the aisle. Remind her that being your only daughter is what makes it even more special to you. On that note, look to her mother for support. I wouldn't take this issue directly to her mom, because it's not her wedding. Both parents should be willing to walk in the words of the wise and recognize, this isn't about the past, it's about the future. Your daughter's future and what will make her happy.

It looks like you and your new family have moved on, but that's not the case for all involved. The breakup of a marriage is difficult and divorce with children is traumatic. Evidently, parts of hearts in your first home, haven't completely healed. Take this left hook on the chin and deal with it. Don't give up so easily. Once you've shared your feelings, all of your feelings, allow your daughter to make her choice.

Yes you should attend the wedding, regardless if you're in the wedding party. Whatever she decides is what you should abide by. You all will have to live with the decision, just as you did when you divorced. If things don't go your way, between you and me, pick up your feelings and put them back in your pocket. Prepare to wear your most stylish tux and the biggest smile you can muster. Just as you were mature enough to make a lifelong, difficult decision, based on what was best for you at the time... she will, too.

Alma
Alma Gill's newsroom experience spans more than 25 years, including various roles at USA Today, Newsday and the Washington Post. Email questions to: alwaysaskalma@gmail.com. Follow her on Facebook at "Ask Alma" and twitter @almaaskalma

ENTERTAINMENT

Reel-ality
TV Talk
By
Marquesa
LaDawn



The Real Housewives Plus

Yes, I miss The Real Housewives of Atlanta, but I getting my fix with Kandi's spinoff show.

Kandi is almost perfect until you get her around her family (The Tuckers, Moma Joyce and gang, plus the assistants) all headed on a "ski trip." I hate to say this folks, but most Black folks do not ski. Anyway, it's less about the skiing and more about the family dynamics.

I love that Kandi called it first on her Bravo blog by saying, "watching my family on the ski trip, reminds me of the Beverly Hillbillies." The aunts expressed dismay with a lot of things, especially the sleeping quarters. I have to agree that expecting folks of that age to walk far is not realistic, but it did not stop there - they had to share all frustrations. This included Kandi being a bit absent from their lives. Really? She is a newlywed with a new stepdaughter and grieving husband added to an already busy life. Did they forget that she was humiliated by her own mother's behavior towards her marriage and the aunts did not help? I have to give it to Kandi for handling the situation with class. Yes she tends to sweep things under the rug, but she just apologized and kept it moving. I have a feeling disagreements will not end as smoothly in the next episode.

Meanwhile, The Real Housewives of New York prompted a question: Why is it that brilliant, almost perfect, business women struggle so much in personal relationships? This seems to be a trend, really. (In the interest of full disclosure, I also struggle in this area. And like B, I'm working on it). B started this episode not being very tolerant. To be brutally honest, some folks have weird things that they do that you just have to comment on. Heather, loves to use urban terms like "hola" and "mama" for her friends, and the list goes on. And when you anger her, she becomes a thug girl.

Even so, it seems to go against her look and lifestyle. This makes it tempting for folks like B and others to make fun of her. It doesn't bother Heather because she's secure and knows it gives her "flava"! Back to B, she's not feeling Heather or any of the newer housewives. She's very direct about letting them know that they must earn her trust. Some may say this seems a bit mean, but if you look at her childhood and on-air therapy sessions, she acknowledges that she's messed up. It was nice to see her talk things through with her stepfather, after 20-plus years of zero communication. She wants her daughter to experience a total family from her side. In spite of her big issues, she's still Skinny Girl Perfect.

This episode showed the ladies at a boxing match and it was weird seeing perfectly coiffed ladies getting sweat all over them. It's always interesting to see how these relationships evolve. It looks like Luann and Carole will not be great friends anytime soon. We all know it's because of Carole's relationship with Luann's nieces ex-boyfriend that happens to be at least 30 years younger. Looking forward to next week when they really talk this out!

My new favorite Queens of Drama

I'm so hurt that my girl, Vanessa Marcil (from General Hospital and Beverly Hills 90210), lost it. I guess I believed her perfect character on GH when, in fact, she's more like her flawed character from BH 90210. She's easily irritated and throws tantrums at the drop of a dime. She finally lost it in the week's episode and ran away I'm praying for you girl! On another note, Donna Mills had to come down a few notches from the Abby Ewing ladder. She did not want Vanessa to know she was needed to keep the project. I think she's a little scared that the network will not go for her replacing Vanessa. We will see.

The Braxton's are back and its saucier than ever...

I was curious to see if Tamar would behave better now that she has a new talk show. It's too soon to tell, but I see the sisters are accepting one another's flaws and choosing to move on. The perfect marriage is anything but... Trina, is getting divorced for the third time. It looks like a battle between her and her ex will color most of this season. We are in for some interesting fireworks!

A quick word on Blood, Sex and Heels...

My girl Mia, so perfectly tall, is not ready to be alone. She started dating a guy she considers boring. But, I'm happy with her this season because of her support for Daisy as she deals with cancer.

Marquesa LaDawn is a professional businesswoman who escapes the pressures of living in New York City by retreating into the real world of reality TV. Follow me on twitter @realityshowgirl and subscribe to her podcast at www.RealityTVGirl.com.

Readers have requested that The Wilmington Journal publish its special edition on Thursday, JULY 2, 2015 (instead if MAY 21, 2015) in celebration of its 88th Anniversary, the 100th Anniversary of Williston and in memory of Katherine Jervay Tate. We will honor the request. We invite everyone to participate in this celebration by purchasing advertising or joining us as a patron. For more information, please call Shawn Thatch at 910-762-5502. As always, we thank you for the support you have given to us through the years. Management and Staff

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The American Newspaper Media Industry Revenue Profile 2012 (NAA.org, April 8, 2013)

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