

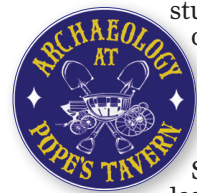
**Archaeology  
June Camp**

FLORENCE—The Pope’s Tavern Museum will host a Junior Archaeology Camp for students in ages 9-18 the week of June 3-7, Monday–Friday. The camp will be divided into two groups based on age: Group 1 will include ages 9-12 and will run from 9-11:30am each day. Group 2 will be for ages 13-18 and will take place from 1-3:30pm each day.

The camp will introduce students to the concepts of archaeology through hands-on investigation. Students will learn how to research, plan, excavate, and process artifacts at Pope’s Tavern Museum. Archaeology can help children grasp concepts relating to mathematics, history, geology, chemistry, social science, and more. This camp will utilize archaeological concepts for teaching the methods of archaeology and the history of the Pope’s Tavern site, while also incorporating age-appropriate and hands-on activities that relate to these various academic subjects. Applications are available at Pope’s Tavern Museum, the Kennedy-Douglass Center for the Arts, and online at [www.florencealmuseums.com](http://www.florencealmuseums.com) starting April 15.

Moundville Archaeological Park’s Education Department will be facilitating this program to bring the resources and skills of archaeological practice to the Florence community. The University of Alabama Museum’s Moundville

See SHORTS... on Page 6



April 10, 2024

POSTAL PATRON

**Courier Journal**

Serving Northwest Alabama and beyond with direct mail, saturation coverage

219 W. Tennessee St. Florence, AL. 35630 256-764-4268 USPS Circulation Verification Available

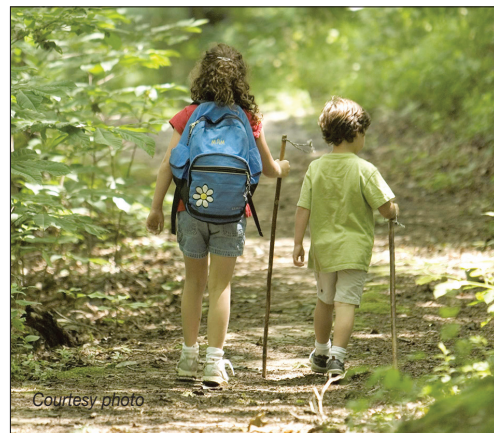
PSRST STD. ECRWSS US Postage Pd FLORENCE, AL PERMIT #44



**Belle Mont  
Hosting Kids  
in the Forest**

TUSCUMBIA—Historic Belle Mont Mansion will host a “Kids in the Forest” program on Saturday, April 13 at 1:30pm. This program is in partnership with the Alabama Forestry Commission and will be presented by Forester Johnnie Everitt.

“Kids in the Forest” is free and open to the public and will be conducted outside on the lawn at Belle Mont weather permitting. The program is intended for children ages 5-12. Please call 256-381-5052 or email [bellemontmansion@gmail.com](mailto:bellemontmansion@gmail.com) with any questions. Belle Mont is located at 1569 Cook Lane in Tuscumbia.



Courtesy photo



Staff photo: TVM

**Let's Get It!**

Mars Hill Bible School’s boys basketball coach, Jeremy Pounders, turns to acknowledge the players on his team, after he was handed the trophy affectionately termed “The Blue Map” during a presentation last week in the school gym. State championship trophies for Alabama athletics include an outline of the state with blue accents. Alabama High School Athletic Association Executive Director, Alvin Briggs and other AHSAA officials were in town to officially acknowledge the first state championship at the school for boys basketball. The Panthers defeated Highland Home 56-41 on March 1 to secure the 2A title. The team’s motto all year long was, “Let’s Get It!” Although this was the first championship for the boys after several near misses over the years, Mars Hill’s girls have collected eight state basketball championships including one for the 2022-23 season. The girls team returned to the state championship game again this year. However, they had to settle for second place and a trophy that depicts the state of Alabama with red accents. Congratulations to both programs. They are among the best in northwest Alabama, regardless of classification.

**INSIDE this Issue**

**Automotive Inside**  
**NOW**  
Advance Auto Sales

- Computer Skeptic
- Ask the Attorney
- Dave Ramsey
- Savvy Senior
- Puzzle Whirl

- Medicare Minute
- On Your Debt
- Shrek The Musical
- Hocus Focus

- Health Clinic
- Strange But True
- Pet Passions
- Adopt-a-Friend



**Online Only:**

- Alabama Outdoors
- Web Poll
- Mystery Photo
- Win a Meal for 2



Visit us Online: [www.CourierJournal.net](http://www.CourierJournal.net)

Facebook.com/FlorenceCourierJournal

**Spring Fever**  
TVA is offering a \$50 rebate for A/C and Heat Pump tune-ups.

**\$49**  
HVAC Tune-Up

**FULLER**  
HEATING • AIR CONDITIONING • PLUMBING & ELECTRICAL  
AL HVAC #91114

**256.381.7195**



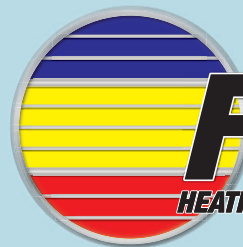
# Spring Fever

TVA is offering a \$50 rebate for  
A/C and Heat Pump tune-ups.



**\$ 49**

HVAC Tune-Up



**FULLER**

**HEATING • AIR CONDITIONING • PLUMBING  
& ELECTRICAL**

AL HVAC #91114

**256.381.7195**

**TWO CEMETERY LOTS** in Tri-Cities Memorial Gardens, Florence. Garden of Apostles, Lot# 277A, 1 & 2, \$2,000 for both, selling together. 615-832-0682

**TOYOTA: CAMRY, 2011 \$14,950.** LE 1 owner, only 62k miles, full power, alloy wheels (with new tires), just serviced including new breaks, excellent condition 256-527-2125

**McCaig's Garage**  
Late model and low mileage motors and transmissions. 90 day guarantee. Call Gary McCaig, 256-332-5366.

**GOT JUNK??** We can help!!  
Basements - Garages - Apartments - Storage Units - Furniture  
**FREE ESTIMATES** 256-856-8728

**SEARS CRAFTSMAN 10" TABLE SAW**  
\$100, Delta Bench Band Saw \$200, Craftsman Compound Miter Saw 7 1/4" \$75, Self Propelled Push Mower \$250, Call 419-230-2969 Florence

**LICENSED ELECTRICIAN**  
25 years Experience Affordable, Professional Service  
256-762-7663 Ron

**TWO LOTS in the Good Shepherd section** of Tri-Cities Memorial Gardens, Florence, AL. Lot 122-D #3 & 4, Comes with internment, custom built crypts, granite monument 60x16 with vase, \$6,500 each. Call 256-996-2334

**MILLER'S TREE SERVICE**  
Tree Trimming and Removal  
Free Estimates  
Senior Discounts  
Licensed & Insured  
256-710-0548

**\$\$ CASH PAID \$\$ for Used Mobile Homes**  
Lemmond Mobile Homes  
256-383-0808

**MOWING & WEED EATING SERVICES**  
Killen, Rogersville, Center Star, Lexington area. Free Estimates, Call or Text Wayne 931-797-8109

**2001 NISSAN XTERRA \$1500**  
256-710-2140

**BORDER COLLIE PUPPIES-** BLACK and White, Beautiful Babies, Shots and Wormed, Ready to Go! 270-849-7401

**HOME IMPROVEMENT AND BUILDING:** siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

# Delta Sigma Theta Sets May Week Schedule

*Celebration of unity, diversity, and charitable giving*



**SHOALS-**The Muscle Shoals Alumnae Area Chapter of Delta Sigma Theta Sorority Inc, recently announced its annual May Week activities for NW Alabama residents, a week-long celebration of unity, diversity, and charitable giving.

May Week activities will begin April 24 with a mental health fair at Northwest Shoals Community College - Phil Campbell campus, featuring Social Work lecturer, therapist, and mental health advocate, Trinda Owens, and her message on "Forward with Fortitude" offering insight on resilience and self-care. Food trucks will be on hand and several mental health activities stations set up by our community partnerships:

Texas Roadhouse will feature line dancing encouraging everyone to let loose and embrace the rhythm. Back to Basics, a community partner, will host activities such as karaoke and cornhole games that foster bonds and laughter. Therapeutic animals will be on hand to provide soothing companionship.

The Gulliot Center on UNA's campus will host a thought-provoking symposium on mental health May 2. Six panelists will tackle the mental health issue, "Do not Suffer in Silence: Lift me Up,"

Downtown Florence will host its a First Friday event May 3 with an international twist. "Dancing in the Street: We are Family" emerges as a vibrant celebration of

unity and diversity, with a community partner, the YMCA. There will be a live DJ and a YMCA dance instructor on hand teaching international dances.

In collaboration with WZZA radio, there will be Gospel in the Park event on Sunday, May 4 at the Willie Green Center in Tuscumbia. "Empowering the Community," features a soul-stirring tribute to the late Leonard Skipworth, a legendary beacon of inspiration in the Shoals area. The community picnic will include food trucks so neighbors can share a meal together and forge new connections.

Trinity Baptist Church will host the scholarship program May 5 celebrating academic achievement. Esteemed attorney, Rockwell Metcalf, will be the guest speaker. Metcalf is the co-executive producer and writer of the award-winning documentary, "The Contradictions of Fair Hope."

Texas Roadhouse in Florence will host the final event on May 6, a dine-to-donate event where every plate supports scholarship recipients. Then, stick around and practice the line dances learned at the April 24 event.

All May Week events are free to the public, and everyone is welcomed and encouraged to come out.

## Dr. Carlos Liotta Family and Sports Medicine Shoals Primary Care



Welcoming New Patients

Se Habla Español

Walk-ins are Also Welcome

Admitting to Helen Keller Hospital

MOST INSURANCE ACCEPTED • MEDICARE PATIENTS WELCOME

Monday-Thursday 8am - 5pm



**SHOALS**  
PRIMARY CARE

342 Cox Boulevard  
Sheffield  
256-383-4473  
shoalsprimarycarellc.com

**HT**  
**GENERAL MERCHANDISE**  
Fresh Meat • Groceries • Hardware

6591 Chisholm Rd. (Hwy. 17 North)  
Florence • 256-764-9179

We sell Gas!

**FRESH MEAT**

**Ad Valid:**  
April 10-16, 2024  
We Accept EBT Cards,  
Credit Cards & Debit Cards  
LIKE Us On   
FACEBOOK  
**HOURS:** M-F 6-10;  
Sat. & Sun. 7-10

**HOT DEAL!**  
Pork Belly (Skin On) \$2.99 Lb.  
Whole Pork Spare Ribs \$1.99 Lb.

T-Bone Steak \$6.99 Lb.  
T-Bone Steak 4/\$25

New York Strip Steak \$7.99 Lb.  
New York Strip Steak 4/\$25

Ribeye Steak \$9.99 Lb.  
Ribeye Steak 4/\$25

Ground Beef \$2.79 Lb.  
Beef Patties \$2.79 Lb.

Country Style Pork Ribs \$1.79 Lb.  
Sirloin Pork Chops \$1.79 Lb.

Pork Steak \$1.99 Lb.  
Boston Butt Pork Roast \$1.79 Lb.

Filet Mignon \$11.99 Lb.  
Beef Chuck Roast \$5.99 Lb.

Chicken Drumsticks 99¢ Lb.  
Whole Chicken \$1.59 Lb.

Boneless Chicken Breast \$1.99 Lb.  
Whole Chicken Wings \$2.99 Lb.

Chicken Leg Quarters 10 Lb. BAG \$6.99  
Farm Raised Catfish Fillet 4 Lb. BOX \$18.99

Goat Meat (6-way cut) \$4.99 Lb.  
Oxtails \$7.99 Lb.

**All-Green Tree Service**  
LICENSED • BONDED • INSURED

- Topping
- Trimming
- Removal
- Lots Cleared
- Stumps Removed
- 55' Bucket Truck

28 Years  
Credit Cards Accepted  
**256-767-3519**  
Doug Minton  
Free Estimates  
Cell 256-710-8787





# Yard Sales

An exclusive listing of the better sales in the Shoals area.

To list your sale, use the classified form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

**CENTER STAR METHODIST CHURCH YARD SALE & BAKE SALE**, 6293 Hwy 72, Killen, AL 35645 (next door to The Shipping Zone in Center Star), Sat., April 13, 7am-1pm, Lots of misc. items and clothes

**LEIGHTON MOVING SALE**, 644 J McGee Road, Fri. & Sat., 7am-until? Downsizing, two buildings full of stuff!

**FLORENCE**: Multi-family YARD-SALE in Hickory Hills. 211 McGough Blvd Saturday, April 6th Sat. 6:30am, Clothing, houseware, small appliances and more.

**FLORENCE GARAGE SALE**, 203 Ashlawn Court, Fri. & Sat., 7am-until? Home Decor, Glassware, Costume Jewelry, Chairs, and more!

**The American Legion - Florence Post #11**  
318 S. COURT STREET  
256-764-5122  
**BENEFIT YARD SALE**  
Fri., Apr. 19, Sat., Apr. 20, 7:00 a.m. until 1:00 p.m. Donations accepted each MON. WED. & FRI. Leading up to the Sale Days. **Most items are \$1- Thanks for supporting our Local Veterans**

**TUSCUMBIA FOUR FAMILY YARD SALE**  
908 N. High St., Sat., 6 am-until? Household items, Clothing and much more!

**MUSCLE SHOALS ESTATE/YARD SALE**, 809 Tyler Ave., Sat., 8am-2pm, Queen/King Bedroom Suites, Den Furniture, Mattresses & Box Springs, Flat Screen TVs, Dishes, Lamps, Clothes, China Cabinet, Dining Room Table & Chairs, Wrought Iron Table & Chairs, Electric Fireplace, Household items & more!

**FLORENCE BENE-FIT YARD SALE**

Riverhill School Gym  
2710 Darby Dr., Sat.,  
April 13th 7 am -  
Noon

"Rain or Shine" Ben-  
efitting our 6th  
grader's DC Trip

Toys, Tools, Furni-  
ture, Artwork, Kitchenware &  
more!

\*Complimentary baked item with every cookbook purchase.

### ESTATE SALE

2308 County Road 394  
Killen, Alabama 35645

Saturday, April 13th 9am-2pm  
(Numbers given out at 8:30am)  
Sunday, April 14th 1pm-3pm

Craftsman T-2200 Riding Lawn Mower, Leather Sofa, Antique Kitchen Cabinet, Bedroom Sets, China Cabinet, Welder, Generator, Shop Fan, DeWalt Saw, Tool Boxes full of tools, Household items.

REMEMBER TO BRING HELP TO LOAD YOUR PURCHASES

Cypress Creek Antiques  
(256) 275-0273  
Go to [www.estatesales.net](http://www.estatesales.net) for pictures

**WANTED** old Stingray bicycle, old metal signs, old pedal cars, old baseball cards. Any condition. 256-275-2276

**WANTING TO BUY RIDING** lawn mower 42" or larger in good condition 256-654-6781 Trinity

**1998 18' CHALLENGER BASS BOAT** 2nd owner, runs good \$3000 256-810-6094

**16 FT. DUAL AXEL** trailer, no bed. Used tin \$150 for all 256-309-8235 Danville

### WINDOWS DIRTY?

Let HoneyB Window Cleaning Clear the Way! 256-415-7468  
**FREE Estimates.**

### TOMATO PLANTS FOR SALE.

New batch ready. \$2 each. Pepper plants and other vegetables on their way. Call Justine 985-309-0395 or stop by 8019 County Road 15 in Florence.

### WHITLOCK REMODELING

Sunrooms, all flooring painting, interior, exterior, windows & doors, drywall finishing, re-finishing, hanging, kitchens, bathrooms, vinyl siding, porches, All Handyman.  
256-349-3703 or  
256-291-6630

## PETERSVILLE FAMILY CARE

Affordable, Compassionate Care



Susan Miller, CRNP  
Amanda Price, CRNP

- RAPID COVID TESTING**
- Routine Medications
- High Blood Pressure
- Asthma
- Skin Rashes
- Skin Lesion/Mole Removal
- Sports Physicals
- Cold/Respiratory Illnesses
- Flu Vaccine • Flu
- Diabetes
- IV Infusion
- High Cholesterol
- Allergies
- Hypothyroidism
- Lacerations/Stitches
- Pap Smear
- Vertigo
- Dehydration
- Primary Care
- TB Skin Test

We accept most insurances including Medicaid

• Accepting New Patients • Appointments • Walk-ins Welcome • Family Care • Urgent Care

2929 Cloverdale Rd., Unit-D • Florence • 256-275-7125

HOURS: Mon.-Thurs. 8am-5pm • Fri. 8am-12noon

### Some Of The Benefits For Women:

- Treat Incontinence
- Improve Sexual Wellness
- Non-Invasive
- Stay Fully Clothed



For a Limited Time!

**\$500**  
Emsella® Chair

EMSELLA®  
Enjoy the Ride

### Some Of The Benefits For Men:

- End Urinary Incontinence
- Increase Penile Rigidity
- Increase Control Erection
- Increase Staying Power
- Restore Confidence
- Reduce Stress & Anxiety



**HELPING HANDS** 256.712.5028 | 426 West College St. | Florence

Across from Infants & Children's

## Turning 65? Time for a MEDICARE Insurance Plan? Register Today!

Our next Medicare Class is Thursday, Apr. 18th  
11am-Noon @ Alabama Health Guidance 885 Florence Blvd.  
Florence, AL

Educate before Enrolling



We know all of those **MEDICARE** options may seem a bit confusing – but our **LOCAL** Insurance Specialists have over 20 years of combined experience to help make the whole process easy for you.

Our "Third Thursday" Medicare Education Classes, offered each month, allow you the opportunity to learn more. Call to register now to attend one of these classes!



**EXPERIENCE MATTERS!** Meet with Medicare Plan Experts:  
Hope Stamps | Ikey Fowler | Beverly Stamps White

**256-648-5710**

For accomodation of persons with special needs at meetings, call 256-648-5710

We do not offer every plan available in your area. Currently we represent 9 organizations which offer 80 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) for help with plan choices.

## Reruns CONSIGNMENT SALE



**April 12-21**  
**MON-SAT 10-6, SUN 2-5**

2701 Florence Blvd, Florence, AL  
(FCA Gym behind Umi)

Clothing for kids, babies, teens, women, and men. Plus toys, books, games, home decor, and more.

[RerunsClothing.com](http://RerunsClothing.com)



**WE BUY JUNK CARS,** Trucks or Vans with or without titles, Call Joel 256-303-7609

**ELECTRIC WHEELCHAIR** In good condition \$1,300, 931-279-1883

**HEARING AIDES BY BELLTONE,** worn six months, paid \$5,500, sell for \$2,500, Call 256-443-8404



**Tune-up \$69**

- Check Condenser Fan Motor
- Amp Compressor
- Check Capacitor
- Tighten Electrical Connections
- Check Condenser Cleanliness
- Check Freon Pressures and Temps
- Check T-stat Operations
- Check Indoor Blower Motor
- Clear Drains
- Check Evaporator Coil for Cleanliness
- Check Blower Motor Capacitor

**1-VISIT**



**PMA \$119**

- Check Condenser Fan Motor
- Amp Compressor
- Check Capacitor
- Tighten Electrical Connections
- Check Condenser Cleanliness
- Check Freon Pressures and Temps
- Check T-stat Operations
- Check Indoor Blower Motor
- Clear Drains
- Check Evaporator Coil for Cleanliness
- Check Blower Motor Capacitor

**2-VISITS**

- Clean Condenser Coil
- No Overtime Rates
- 15% Discount on Repairs
- Priority Service

**TVA is offering a \$50 rebate for A/C and Heat Pump Tune-ups!**

We handle the paperwork and all we need is a valid email address from you. TVA will send you a email and mail you the check. No inspection required.

**256-764-7386 | www.jchamm.com**

Heating/Air Conditioning • Equipment Replacement • Repairs • Maintenance  
Air Purification • Financing Options Available • AL LIC# 83391



There will be a bakery available and numerous local vendors will be selling their crafts.

**ABC's Under the Trees** Wednesday, April 10, 10:30am - 11:00am at the Florence-Lauderdale Public Library. Come sing, dance, and have fun learning the alphabet. Contact the library for the letter of the week. Ages:3&4. Registration Required

**Ready, Set, Read - Thursday, April 11, 1:30pm-2:15pm** at the Florence-Lauderdale Public Library. Come sing, dance, and have fun learning the alphabet. Contact the library for the letter of the week. Ages: 3&4. Registration Required.

**Adult Art Class - Thursday, April 11, 5pm - 7pm** at the Florence-Lauderdale Public Library. Email adults@fpl.org to register.

**Saturday, April 13 at 1:30pm** **Historic Belle Mont's "Kids in the Forest"** program takes place. This

program is in partnership with the Alabama Forestry Commission and will be presented by Forester Johnnie Everitt.

"Kids in the Forest" is free and open to the public and will be conducted outside on the lawn at Belle Mont Mansion weather permitting. The program is intended for children ages 5-12. Please call 256-381-5052 or email bellemontmansion@gmail.com with any questions. Belle Mont is located at 1569 Cook Lane in Tuscumbia.

**Friday, April 12, 6pm - 7pm** **Mystery Bookclub** - Heflin, at Helen Keller Public Library in Tuscumbia

This new book club for adults will focus on all things mystery - thrillers, cozies, true crime, detectives, and more. Each month the club will meet on the 2nd Friday at 6:00 p.m. and the 4th Monday at 2:00 p.m. Come to either meeting or both! Book for April: "Arsenic and Adobo" by Mia p. Manansala; Book for May: "Nine Lives" by Peter Swanson.

**See NOTES... page 22**

COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.  
• Email to editor@courierjournal.net

**Kahoots! Tuesday, April 9, 3:30pm - 4:15pm** at the Florence-Lauderdale Public Library. Calling all knowledge seekers! Join us for some fun as we test your skills on animals, music, movies, and more using Kahoots!

**Singing River Church of Christ** will host its 2024 Spring Gospel Meeting with Justin Roberson April 14-19. Sunday services are at 9:30am, 10:30am, and 4pm. The meeting continues Monday-Friday at 7pm nightly. Everyone is invited. Singing River is located 1800 Huntsville Road in Florence.

The Salvation Army Women's Auxiliary will host the 20th Annual Empty Bowls luncheon takes place on Wednesday, April 10 at the Marriott Shoals Conference Center from 11am-1pm. Tickets are \$20 each in advance or at the door. They are available from any SAWA member, The Salvation Army on Huntsville Rd., the Law Office of Ralph Holt, or from Trinity Ceramic Supply.

Some 60 savory soups will be available to try. The winner of the soup competition is awarded the title of Best Soup in the Shoals. All proceeds from the Empty Bowls Luncheon go to The Salvation Army food pantry of the Shoals.

YOU'RE INVITED TO OUR

# GOSPEL MEETING

WITH JUSTIN ROBERSON

## APRIL 14-19

SUNDAY: 9:30AM, 10:30AM, & 4PM  
MON-FRI: 7PM

# SINGING RIVER

CHURCH OF CHRIST

1800 Huntsville Rd., Florence

SINGINGRIVERCHURCHOFCHRIST.ORG

# Hamilton Family URGENT CARE

Walk-In Urgent and Family Care

3500 Cloverdale Road • Florence



**OPEN 7 DAYS:**  
Monday - Friday 8am-8pm;  
Saturday 8am-6pm;  
Sunday 2pm-6pm

**Accepting New Patients**



343 Hwy 72 • Killen

**Convenient Online Registration Available**

Covid Testing • Televisits Available • We See Kids! • On Site X-Ray

**256-284-7706 • www.hamiltonfamilyurgentcare.com**

Most Insurance Accepted Including Medicare and Medicaid



**WE BUY RIDING MOWERS,** John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**I BUY JUNK CARS,** trucks, vans and repairable vehicles. Call Mike 256-702-8400

**FIVE-PIECE ANTIQUE QUEEN ANN BEDROOM SUITE** Over 200 years old, excellent condition, with original cover glass top. Once offered \$3,000. Serious inquiries only please 256-856-5547

**FLORES HOME REPAIR, LLC,** Ceiling repair, Drywall, Painting and Flooring. Licensed & Insured 256-443-3697 or 256-443-3663

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**FIX IT WITH JEREMIAH** Handy Man Services Home Improvements, Furniture Assembly FREE ESTIMATES 205-649-1819

**Spring is just around the corner!**  
**Now is the best time to prepare your lawn!**

- Soil Testing
- Fertilization • Aeration
- Seeding • Dethatching
- Lawn Leveling
- Weed Control

**Call for a FREE lawn analysis & estimate!**  
**256-633-9444**

**WILLOW LEAF LAWN CARE**  
 Full Service Lawn Care Company  
 Veteran Owned & Operated

Facebook: Willow Leaf Lawn Care Website: willowleaflawncare.com

**5-FOOT FINISHING MOWER AND** Bush hog both for \$500 256-762-4903

**TOOLS FOR SALE** Contractor retiring, selling all tools! Electrical, air, ladders, sell to individual interested parties come bid on them Call Jerry 256-710-3022

**MERCEDES-BENZ: GLC 350, 2012** \$16,950. Only 30k miles (yes 30k!) Silver... black heated leather, premium factory wheels, sunroof, power lift gate, just serviced, like new condition. 256-527-2125

**DODGE: JOURNEY, 2009 \$4,800 OBO,** V6, fully loaded, new tires, extra clean, cold air, doesn't use oil, 25 mpg, 141,000 original miles, Call 256-565-8531 Courtland **NO TEXT MESSAGES**

**GREEN PLANET LAWN SERVICES**  
 Mowing, edging, hedge/shrub trimming and removal, flower bed maintenance, weeds, mulching, decorative rock/gravel, property clean up. Free estimates. Licensed & Insured  
**Call Antonio 256-284-5590**

**GMC: PICKUP, 1974 \$3,500,** Half Ton Pickup, long wheel base, very good 350 engine, straight shift, good tires, needs some minor things. Call 256-577-1632 Russellville

**ROLL-OFF DUMPSTER RENTALS:** daily, weekly and monthly rentals. Please call 256-969-7280.

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**DOUG'S STUMP GRINDING**  
 Licensed, Bonded & Insured  
 256-710-8787 or 256-767-3519

**TWO GUYS AUTOBODY SUPPLIES**

**Urethane Primer Set Up \$69.95 /5-quarts**  
**Urethane Clear Set Up \$69.95 /5-quarts**

256-767-2925

**Challenger®** Monday-Friday 8-5  
**4780 Hwy 157 • Florence**  
 (across from Underwood Elementary School)

**Don't let your unit get like this!**

**Call today!**  
**256-648-4893**

**We will ensure it clean and running efficiently**

**MPE SERVICES**  
 Heating & Air • Plumbing • Electrical  
 Full Restaurant Repair • LED Lighting

BBB 24/7 EMERGENCY SERVICE EnergyRight QUALITY CONTRACTOR NETWORK

AL#22283 59117-1

**AVALON MEDICAL GROUP**

**Dr. Laura Lindsey, MD**

Accepting New Patients  
 Call for Appointment

Monday - Thursday 8am-5pm  
 Friday - 8am-12pm

**2410 Avalon Ave, Suite 2100 • Muscle Shoals**  
**256-386-0808 • www.avalonmedshoals.com**

Laura M Lindsey MD Family Medicine

**WINDOW WORLD OF MUSCLE SHOALS**

**Window World®**  
 "Simply the Best for Less"

**ENERGY EFFICIENT**  
**Windows, Siding, Doors & More!**

**BACKED BY A LIFETIME WARRANTY**

**FINANCING AVAILABLE**

**GET YOUR FREE ESTIMATE**  
**WindowWorldMuscleShoals.com**  
**(256) 383-8894**  
 717 Michigan Ave, Muscle Shoals, AL 35661

ENERGY STAR GOOD HOUSEKEEPING QUALITY TESTED HOUSEKEEPING SINCE 1909 WINDOW WORLD CARES St. Jude Children's Research Hospital MADE IN USA





**Courier Journal**

# Classifieds

Sell it fast with a

**RED LINE AD** only \$4 additional

**HOUSECLEANING** for your office or home. Call 555-1234 for a free estimate. 15 years experience. Insured. References available.

Attract the most attention and sell your items red line fast when you choose to **Red Line** your Classified Ad. **THE FIRST LINE OF YOUR AD APPEARS IN RED CAPS.**

**TNValleyStuff.com**

As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at [TNValleyStuff.com](http://TNValleyStuff.com).

**ONLINE** - at our Website... Go to [www.courierjournal.net](http://www.courierjournal.net) and click "Place a Classified"

**PHONE** - 8AM-5PM Mon-Fri Charge to Credit/Debit Card by calling **256-764-4268**

**FAX** - 24 HRS - Charge to Credit / Debit Card by faxing an ad to **256-760-9618**. Include exp. date. List how many weeks the ad is to run.

**MAIL** - Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

**OFFICE** - Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card. Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

**DEADLINE: Friday 5pm**

**Private Party Rate** 4 LINES Each additional line - \$1.50 - Prepay - NO REAL ESTATE • 1 item per ad - 4 Weeks/4 lines 1 ITEM \$16 Each additional line - add \$4.50 **\$5.50** Week

**Commercial Rate** 4 LINES Each additional line add \$1.50 - applies to anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not - including pets. 6 Weeks \$39 - Each additional line - add \$7.50 total **\$8.00** Week

**Real Estate Rate** 5 LINES Each additional line add \$1.50 - applies to agencies, individual, developers and anyone engage in selling, renting, leasing structures and/or properties in Real Estate or General section. 6 Weeks \$36 Each additional line - add \$7.50 total **\$8.00** Week

**Yard Sales** 6 LINES Each additional line - \$1.50 YARD SALES - An exclusive listing of the area's better sales prominently placed **\$12.50** Week

**Employment** 6 LINES Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees **\$15.50** Week

**Private Party Auto Rate** Up to 8 LINES for 4 weeks. Each additional line - \$2.25. **\$17.00** 4 wks

\*one line is approx. 30 characters

Form with five empty lines for text entry.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Phone \_\_\_\_\_

**➔ HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad.....

**YES! RED LINE MY AD!**  PLEASE CHECK THE BOX **only \$4 additional**

**MAILING ADDRESS:** Courier Journal, 219 W. Tennessee St., Florence, AL 35630

**Please Print Ad Clearly. NOT RESPONSIBLE** for illegible handwriting

**Questions?** Call our office at 256-764-4268.

## Shorts...

### Archaeology June Camp

Continued from Page 1

Archaeological Park, 15 miles South of Tuscaloosa, is one of the largest and most widely studied archaeological sites in the state of Alabama.

Sponsored by the City of Florence Department of Arts and Museums, this program is free, but space is limited. Pope's Tavern is located at 203 Hermitage Drive in Florence. Call 256-760-6439 for more information.

Catering is by Jill's Sweet Memories. McCormick will also autograph and sign her cookbooks!

Tickets for Friends of the Library Members are \$30, General admission tickets are \$35 and are in sale at the Mitchell Burford



**McCormick**

Library Bookstore or online at Eventbrite.com. Search MeeMcCormick.

### IFDC's 50 Year Open House

MUSCLE SHOALS—The International Fertilizer Development Center (IFDC) will showcase how the Shoals has been helping feed the world for 50 years with a special Open House event on April 20 from 9-11:30am at its Muscle Shoals headquarters, 46 David Lilienthal Drive in Muscle Shoals on the TVA reservation.

IFDC invites its friends and neighbors in for guided tours, exhibits and demonstrations, and interactive sessions on

See **SHORTS...** on Page 7

### McCormick at Pickett Place

FLORENCE— The Friends of the Florence-Lauderdale Public Library will present a luncheon with **Mee McCormick** at noon Tuesday, May 7 at Pickett Place, 438 N. Seminary St, in Florence. Chosen as one of Southern Living's Cooks of the Year in 2020, McCormick will share her journey of healing with foods, with ranching and farming, and the importance of gut health and cooking for the microbiome.



### Personnel

#### EDITOR & PUBLISHER

Thomas V. Magazzu

#### ADVERTISING EXECUTIVES

Sadonna B. Magazzu

Judy Cox

Gregg Scott

Heather Ridinger

#### GRAPHIC COORDINATORS

Russell Roden

Andrea L. Gray

#### OFFICE STAFF/CLASSIFIED

Kara Huckaba

#### CIRCULATION

Ted Fallin

#### OFFICE HOURS:

Monday - Friday  
8:00am - 5:00pm

Copyright © 2024  
All Rights Reserved

**DEADLINES:** Issues Published Every Wednesday

INSERTS - 5 pm Thursday

DISPLAY ADS - 5 pm Thursday

CLASSIFIED ADS - 5 pm Friday unless otherwise specified

### 219 W. Tennessee St.

Florence, AL 35630

256-764-4268

Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to **51,892** Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

**EDITORIAL POLICY:** Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

**219 W. Tennessee St.**

**Florence, AL 35630**

or email to:

[editor@courierjournal.net](mailto:editor@courierjournal.net)

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

# IV THERAPY



Now offering...

- Beauty IV
- Detox IV
- Myers' Cocktail IV
- Performance IV
- Energy IV
- Weight Loss IV
- Recovery IV



1120 S Jackson Hwy,  
Suite 300  
Sheffield, AL

**256-383-4447**

Owned & Operated by Medical Associates of the Shoals





## Shorts...

### IFDC's 50 Year Open House

Continued from Page 6

the fertilizer industry. Tours start every half hour, and participants are asked to wear closed-toe shoes. Advance registration is not required.

The Open House event will provide a unique opportunity for the Shoals community to explore IFDC's facilities, engage with scientists and agricultural experts, enjoy cultural exhibitions from Africa, and learn about groundbreaking research and projects aimed at addressing global challenges faced by smallholder farmers in Africa and Asia.

### Accreditation for UNA

FLORENCE – The University of North Alabama has recently completed its reaffirmation process with its accrediting agency – the Southern Association of Colleges and Schools Commission on Colleges – with no findings and no recommendations for follow up. This is the best possible outcome for any SACSCOC institution. The reaffirmation process takes place every 10 years and entails a campus-wide effort that involves academic and non-academic areas as well as members of the community.

"I am exceedingly pleased with how well the University fared through this reaccreditation process," said UNA President Dr. Ken Kitts. "It is a major initiative that requires many hands working in concert to be a success."

SACSCOC is the body for the accreditation of degree-granting higher education institutions in the Southern states.

### Grant for Two Programs

SHOALS–Safeplace Inc. was recently awarded a \$75,525 U.S. Department of Justice grant through the state that will allow them to support two programs that can help prevent abusive behaviors. The Peace Program offers nonviolence classes in which batterers are encouraged to examine and change the beliefs that lead them to be abusive and controlling of their partners. The Harmony Program helps victims of abuse who may be showing signs of aggression in their own behaviors. The program provides a structured setting for victims to examine and change these behaviors and improve their quality of life. These programs serve Colbert, Franklin, Lauderdale, Lawrence, Marion and Winston counties.

"Domestic violence almost always irreparably harms lives and destroys families," Governor Kay Ivey noted in her announcement of the grant last week. "I am pleased to support these funds to enable trained professionals to work to prevent these cycles of violence before they forever damage lives."

The Alabama Department of Economic and Community Affairs is administering the grant. ADECA administers a wide range of programs that support law enforcement, victim programs, economic development, water resource management, energy conservation and recreation.

**Your Best Advertising Value!**



**STATE-LINE SEPTIC PRO, LLC.**  
**SEPTIC & PLUMBING**  
**256-702-6100**  
 PLUMBING PATROL IS ON A ROLL!

**MELVIN'S ON THE SPOT CARWASH**  
**256-767-3366 OR 256-335-8885 (Cell)**  
 • Pick-Up & Delivery • 24-hour Rain Guarantee • Satisfaction Guaranteed  
[www.melvinsonthespot.com](http://www.melvinsonthespot.com)

**SPECIAL WEDNESDAY WAX DAY!!!**  
 Gift Certificates Available **WAX FOR \$25** Gift Certificates Available  
 w/coupon only. Wednesday only. \*Limited Pickup & Delivery Area. Expires Tuesday, 4/16/2024

Increase Your Bottom Line By Selling Your Useful Items With Us!

**C.E. POOLS**  
**Liner replacement, water chemistry, repairs & hard to find parts are OUR SPECIALTY!**  
**WE NOW HAVE POOLS & LINERS** See us on Facebook!  
**YEARLY SPRING OPENING**  
**Sale! Sale! Sale!**  
**With Giveaways** Don't have to be present to win. **Door Prizes & Refreshments!**  
 1 registry per family. **Manufacturing Representatives Present**  
**Complete Pools**  
**In-Ground & Above-Ground Packages Also Available**  
**FREE Estimates**  
**Locally Owned 50 Years Experience**  
**Financing Available!**  
 Member of: **NATIONAL SPA & POOL INSTITUTE** **SWIMMINGPOOL.COM** **RE-FRESH** **MADE IN AMERICA**  
**256-757-1507**  
**Store Hours Wed. - Fri. 9-6 Sat. 8-4**  
**Turn South & Go 1 1/4 mi. Down Big Oak Rd. (Co. Rd. 107) Center Star**





# Peoples piggly wiggly

Down Home, Down The Street  
Cherokee • 256-359-6651

8-7 Mon thru Sat  
10-5 Sunday

Quantity & correction rights reserved.  
None sold to dealers. We reserve the right  
to correct typographical and pictorial errors.  
Limited quantities. Sorry no rain checks.  
While supplies last.

Prices Good  
April 10-16, 2024

Whole Boneless  
**Pork Loins**



**\$1.99**  
per Lb.

Chicken  
**Leg Quarters**



**\$6.99**  
10 Lb. Bag

Certified Angus Beef  
**Top Sirloin Steaks**



**\$5.79**  
per Lb.

Carolina Pride Family Pack  
**Hot Dogs**



**\$3.99**  
2 Lbs.

On Cor Assorted Flavors  
**Family Dinners**



**\$4.99**  
26 Oz.

Jimmy Dean Fully Cooked  
**Bacon**



**\$3.49**  
2.2 Oz.

**Post Cereal**  
Spring Fruity Pebbles 10 Oz., Fruity & Cocoa Pebbles 11 Oz., Honey Bunches Of Oats - Original Or Almond 12 Oz.



**\$3.69**

**Select Pride 14.5-15 Oz.**  
Cut Green Beans, French Style Green Beans, Cream Corn (Gold/White), Whole Kernel (Gold/White), Corn n Peppers, Golden n White Corn



**\$1.00**

Assorted  
**Spam**  
12 Oz.



**2/\$7**

Veg-All  
**Mixed Vegetables**  
(Original) 15 Oz.



**4/\$5**

Assorted  
**Pop-Tarts**  
12 Ct.



**\$3.99**

Hellmann's  
**Mayonnaise**  
(Original) 30 Oz.



**\$5.99**

Frito Lay  
**Lay's Potato Chips**  
7.75 Oz.



**2/\$8**

Frito Lay  
**Doritos**  
6-10.5 Oz.



**2/\$7**

**Coke Products**  
6 Pk.  
1/2 Liter Bottles



**3/\$12**

**Coke Products**  
12 Pk.  
12 Oz. Cans



**2/\$13**

**Coke Products**  
8 Pk.  
12 Oz. Bottles



**3/\$12**

Assorted Bush's  
**Baked Beans**  
22-28 Oz.



**2/\$5**

## THE SEASON'S FINEST PRODUCE

California  
**Navel Oranges**



**\$3.99**  
4 Lb. Bag

Fresh  
**Corn**



3 Ears for  
**\$1.99**

Idaho  
**Potatoes**



4 Lb. Bag  
**2/\$3**

California  
**Strawberries**



1 Lb. Box  
**2/\$5**

Green Giant Bagged  
**Carrots**



2 Lb. Bag  
**2/\$3**

Trayed  
**Tomatoes**



4 Pk.  
**2/\$3**



# Thinking of Selling Your Unwanted Diamonds & Gold?

Bring Them to the Jeweler You Trust.  
*We Pay Top Dollar*



285 Cox Creek Parkway • 256-764-4013  
Shop groganjewelers.com

**AIR PODS 2ND GEN** Like new, in box \$200 256-263-7636 leave message

**TOMATO PLANTS FOR SALE** Several varieties, \$3 each. Ready to plant. Located off HWY 20 in Lauderdale County 985-309-0395

**WE BUY RIDING MOWERS**, John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**GREG'S REMODELING & PAINTING**

Decks, Gardening and more!  
Call or Text 256-415-3939



**2008 FISHER STICK-SPEER 50 HP** Mercury with power trim and trailer, and many extras. All-weld hull \$8,900 firm 256-436-8755

**F & S LAWN SERVICE**

Mowing, weed-eating  
Mulch work & Sod, Clean-up work Licensed and Insured  
Call 256-436-0761 If no answer, leave message

**AUTO & TRUCK HEADLINERS INSTALLED**, mobile service available. Call 256-483-2923

**SPRING SPECIAL \$25 OFF**  
Is it time to clean? Smells, Water, Animals? Dryer vent cleaning. Black Hearth Chimney Sweeps 256-710-0292

**CLOSET ORGANIZER**, good, \$50; Bagger Push Mower, won't start \$40, 256-542-7400 Huntsville

**RICKY'S PAINTING** Interior/Exterior, Free Estimates, I work alone to save you money. 256-394-4406

**ICS Roofing & Construction, Inc.**  
Insurance Claims Specialist

Use the most trusted roofing company in the Shoals area!

**ICS Roofing & Construction, Inc.**  
**256-383-4277**  
**3312 Jackson Hwy. Sheffield**  
**icsroofingco.com**

BBB A+ RATED  
OWENS CORNING PREFERRED CONTRACTOR

**R & B Services**  
AL CERT# 23180  
Heating & Cooling  
**256-386-8622**

Flip The Pages Online at [CourierJournal.net](http://CourierJournal.net)

## Northwest Alabama Leg Pain Specialists

*Treating the Causes of Leg Pain, not just the symptoms.*



Do you suffer from...

- |               |                |
|---------------|----------------|
| Restless Legs | Varicose Veins |
| Cramping      | Aching         |
| Swelling      | Spider Veins   |
| Burning       | Tingling       |
| Itching       | Heaviness      |
| Discoloration | Hair loss      |

Our team of experts, including a Board Certified Physician, specialize in the diagnosis and treatment of leg problems. We utilize the latest technology to get to the cause of the problem and develop a solution.

Let us help you get back to an active and healthy lifestyle!

For more information or to setup an appointment, please call 256-766-2310.

**2095 Florence Blvd., Florence**

Phone: 256-766-2310 • Fax: 256-768-9956

## Shoals Primary Care

*Welcomes*  
**Sandra Evans**  
Family Nurse Practitioner  
Board-Certified



**MEDICAL MALL**  
1404 East Avalon Ave.  
Suite A • Tuscumbia

*Sandra welcomes New Patients at her office.*

**MOST INSURANCE ACCEPTED  
MEDICARE PATIENTS WELCOME**



Monday-Thursday 8am-5pm  
Friday 8am-12pm  
**256-381-5507**  
[shoalsprimarycarellc.com](http://shoalsprimarycarellc.com)



# EMPLOYMENT *Opportunities*

**In Search of Housekeeper/ Dog Keeper**  
 \$14 an hour after training.  
 8 am to 3 pm  
 St. Florian area  
**Call 256-764-3335**  
 (Mon. - Fri. 9am-4pm)  
 for an interview.

**Front Desk Clerk and Housekeeping**  
 Positions Available  
**Apply in person at**  
 Comfort Suites in Florence  
 (140 Matthew Paul Court)  
**NO PHONE CALLS PLEASE**

**Truck Driver Needed**  
 for dedicated run,  
 CDL required,  
 for more information  
**Call 423-413-2149**

**Quad Cities Taxi**  
 Is looking for **Taxicab Drivers, Wheelchair Van Drivers, and Dispatchers.** Day and night shifts. Must be 25. Apply in person at 122 N. Royal Ave., Florence, between 8 am and 4 pm, Mon.- Fri. (No phone calls please)

**PROFESSIONAL PAINTERS NEEDED**  
 We paint new homes.  
 If interested text or call  
 256-412-7332  
 We will contact you at the end of the day. Serious inquiries only. Pay based on experience.

**Non-CDL Truck Driver**  
 The *TimesDaily* has a position available for a Non-CDL Truck Driver. The ideal candidate must have an excellent driving record and a clean MVR (motor vehicle report) as well as proof of personal auto insurance.  
 Candidate must pass a DOT physical, be able to lift up to 50 pounds, and be capable of driving up to 8 hours at a time. Must be able to work flexible schedules including days, nights, weekends, and holidays as needed.  
**Please email resumes to**  
**hollie.coella@timesdaily.com**  
 or applications may be picked up at  
 219 West Tennessee Street  
 Florence, AL 35630

**GRASS CUTTING:** Fair Prices, Quality Work, Colbert County area. Call 256-383-3218

**2017 HONDA RANCHER 4X4**  
 Good condition \$4000 256-762-0560

**LANDERS PRESSURE CLEANING, LLC.**  
 Residential and Commercial Licensed and Insured. Free estimates, Call 256-856-3588

**2005 CADILLAC STS** 121k miles Runs Good, clean new tires \$3,200 OBO 256-261-0944

**WANTED DEAD OR ALIVE!**  
 Junk batteries, \$5 each. Ranger Battery Co. 426 Royal Avenue. 256-766-0473

**KOGER LAWN SERVICE and Pressure Washing.**  
**Call 256-366-3133**

**HOME IMPROVEMENT AND BUILDING:** siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

**REASONABLE TREE SERVICE**  
 Tree cutting, trimming, stump removal. Free Estimates. Owner Gilbert Barga 256-314-1009 or 256-366-3539

**AUTOMATIC GATES, ALARMS AND CAMERAS**  
 fullhomesecurities.com  
 866-540-4283

**FOUR-YEAR OLD TOTALLY DECOMPOSED, RICH BLACK COTTON-GIN TRASH** Chemical Free \$125 per ton. I will deliver. 256-275-6817

**ALLEN'S TRACTOR WORK**  
 Bush Hog Work and Garden Tilling Available 256-483-6819  
 Leave Message

**WE BUY RIDING MOWERS,** John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**DAVE'S HOME REPAIRS and REMODELING:** Sheetrock repair, Plumbing, Carpentry, Siding, Tile & Painting. References. Quality Work, 256-702-2983

**HONDA: ODYSSEY, 2015 \$21,450.** EXL 1 owner, only 45k miles, full power, heated leather, sunroof, rearview camera, just serviced including new breaks, excellent condition, must see and drive. \$21,450 256-527-2125

**GARDEN TILLING AND BUSH HOGGING** Services available Call for estimate 256-810-2211

**AUTO & TRUCK HEADLINERS INSTALLED,** mobile service available. Call 256-483-2923

**IT'S YARD SALE SEASON!**  
 Get a free yard sale kit with your prepaid red lined yard sale ad. Deadline Friday: 8 days prior to a Saturday sale. See Page 8 or visit [www.courierjournal.net](http://www.courierjournal.net).

**Class A or B CDL Dump Truck Drivers**  
 Full or Part-Time, five paid holidays, one week paid vacation, \$18 per hour, 256-483-9656

**1609 Nail Spa**  
 Looking for someone experienced in manicures & pedicures.

- Able To Do Basic Manicures & Pedicures
- Competitive Salary & Benefits
- Logical Turn Distribution
- Generous Tipers

Call Andy or come by for more info 256-314-2295  
 1609 E. Sixth St. • Muscle Shoals

**Service One Transport**  
 - NOW HIRING -  
 OTR CDL A Drivers  
 Good Home Time • Sign On Bonus  
 New Equipment  
 Apply on Tenstreet @  
<https://intelliapp.driverapponline.com/c/serviceone>  
**256-314-5496**

**SIGNS OF THE PAST**

A County Older Than the State  
**LAUDERDALE COUNTY**  
 created Feb. 6, 1818  
 by Alabama Territorial Legislature (Alabama became a state in 1819).  
 Named for Col. James Lauderdale, cavalryman under Gen. John Coffee and Andrew Jackson, War of 1812; Killed in battle of New Orleans.  
 Coffee planned Florence, the county seat. Jackson, President Madison owned lots.

ALABAMA HISTORICAL ASSOCIATION 1956

**Location:**  
**34.7991°N, 87.6755°W**  
**W. College St & S. Court St, Florence**

The original 1956 sign had shown its age and, half century later, was replaced and moved closer to the Lauderdale County Court House; from W. Alabama St to W. College St. and Court St.

~ Courtesy David Curott ~ author of Historical Markers and other "Signs of the Past"

**DEALER ONLY AUCTION OF ABANDONED & UNCLAIMED VEHICLES**

Cars are for parts only! VEHICLES MUST BE PAID FOR THE DAY OF SALE  
 TONY COUCH - AUCTIONEER, AL LICENSE NUMBER 657  
 ALL VEHICLES SOLD AS IS • NO WARRANTY • ALL SALES FINAL • CASH ONLY No titles offered!

**Saturday, May 18, 2024 • Sale Starts 9am**

YEAR/MAKE/MODEL	VIN	YEAR/MAKE/MODEL	VIN
2010 BUICK LACROSSE	1G4GE5EV7AF130529	2011 FORD F-250	1FTBF2A68BEC95215
1992 BUICK LESABRE	1G4HP53L9NH536130	1996 FORD F-150	1FTEF15N8TLA04685
2001 BUICK CENTURY	2G4WY55J711140596	2013 FORD F-150	1FTFW1EF1DKE92950
2012 CADILLAC CTS	1G6DJ1E31C0136393	1998 FORD WINDSTAR	2FMZA5142WBD64331
1981 CHEVROLET MALIBU	1G1AT69K9BB470109	2008 FORD FUSION	3FAHP08158R202488
1999 CHEVROLET S-10	1GCCS1444XK107741	2001 GMC YUKON	3GKEC16TX1G267006
1999 CHEVROLET S-10	1GCCS1447X8196332	1995 GMC SIERRA	1GTEC14H6SZ541877
1999 CHEVROLET TAHOE	1GNEC13R9XJ554498	2010 HONDA PILOT	5FN9YF4H62AB035823
2013 CHEVROLET IMPALA	2G1WC5E34D1106424	2004 MAZDA 6	1YVFP80D045N95720
2002 CHEVROLET AVALANCHE	3GNEC13T12G164954	1999 MERCURY COUGAR	1ZWFT61L5X5684997
2016 CHRYSLER 200	1C3CCCAB2GN152398	1997 MERCEDES-BENZ SL	WDBFA67F0VF141870
2000 CHRYSLER TOWN & COUNTRY	1C4GP44G1YB770202	2009 MITSUBISHI GALANT	4A3AB36F39E005430
2013 CHRYSLER TOWN & COUNTRY	2C4RC1BGXDR605752	2003 NISSAN ALTIMA	1N4AL11DX3C270767
1991 DODGE DAKOTA	1B7FL23X5MS335688	2011 NISSAN ALTIMA	1N4AL2A0BN423837
2004 DODGE DURANGO	1D4HD48N24F111833	2014 NISSAN ALTIMA	1N4AL3AP5EC400432
2003 DODGE DAKOTA	1D7FL16X63S160085	2000 NISSAN ALTIMA	1N4DL01D0YC200645
2014 FORD FOCUS	1FADP3F29EL163278	2004 NISSAN XTERRA	5N1ED28Y74C663274
2004 FORD MUSTANG	1FAPP44614F226844	1984 OLDSMOBILE DELTA ROYAL	1G3AN69Y8E9704502
2003 FORD TAURUS	1FAPP53U83A266954	2008 SATURN VUE	3GSCL33P78S729197
2008 FORD FOCUS	1FAHP35N98W195311	2016 TOYOTA COROLLA	2T1BURHEXGC704529
2004 FORD F-350	1FDWW36S54EC12206	2000 TOYOTA CAMRY	2T1CG22PYXC398348
2012 FORD ESCAPE	1FMCU0E71CKC01255	2007 TOYOTA CAMRY	4T1BE46K77U648122
1996 FORD EXPLORER	1FMDU32X9TUB83697	2006 TOYOTA SIENNA	5TDZA23C36S499999
2005 FORD EXPLORER	1FMZU63K75UC02907	2009 SCION TC	JTKDE167290292642

**SIMPSON'S WRECKER SERVICE** 835 Rickwood Rd., Florence, AL

NOTICE OF PUBLIC SALE: SIMPSON'S WRECKER SERVICE gives Notice of Foreclosure of Lien and intent to sell these vehicles on 05/18/2024, 09:00 AM at 835 RICKWOOD RD, FLORENCE, AL 35630-1367, pursuant to subsection 32-13-3 of the Alabama Statutes. SIMPSON'S WRECKER SERVICE reserves the right to accept or reject any and/or all bids.



**THIS RE-DO OF AN OLD ARTICLE** was inspired yet again by online arguments with other computer technicians who insisted they need ultra-fast internet for their TVs and tablets and such at home. I vehemently disagreed and showed them my math. Many of you have been falling for the offers from various providers for ultra-high-speed internet and are paying far more than you need to pay for home internet.



**Jim Fisher**

Local internet service providers are pushing "blazing" speeds that promise to make everything faster. I have news for you: They lie. Before continuing with this

# The Promise of 'Blazing' Speeds

by "The Computer Skeptic"

article, please go get your latest invoice from your internet service provider, and let's go over a couple of things. Got it? OK, now look for a heading that tells you how many megabits per second you are paying for (Mbps -- million bits per second). Common speeds around here are 50 to 100Mbps.

If you're a family of 3 or 4 and paying extra for anything over 50Mbps, you're probably throwing money out the window, and here is why: most websites deliver content to you at a

pretty slow speed. For example, a typical website sends data to you at only 1 or 2 Mbps. Online gaming systems use a surprisingly small amount of data. Thus, if all you do is visit Facebook or check your email is still akin to sipping from a fire hose. High-definition 1080p Netflix delivers movies at 3 Mbps so speeds faster than that won't make that high-def video any more high-def. A few of you may have "ultra high def" 4K TVs. Those require a minimum

of 15Mbps (25Mbps as a buffer) -- but only if you're watching 4k videos and most of us aren't - yet.

Households with more than one person need to consider how many users or devices are playing on the internet at the same time. If your household has 4 people who all surf the 'net at the same time, each of you may use up to 3-5 Mbps each so you'll need to opt for a 20 Mbps plan to keep everyone happy.

In my home, I have my gaming system, 6 TVs, smart doorbells, security cameras, thermostats, phones, tablets, smart washer/dryer, and my whole-house music system all playing at the same time and I only pay for the minimal 100 Mbps plan from AT&T but I was just fine with their old 20 Mbps plan before they gave me a free upgrade.

The bottom line is that if you are an average family doing

average stuff, you should be paying no more than \$50 per month for internet and can probably pay as little as \$20 if you shop around. I recently switched from AT&T back to Comcast for \$20 per month (for a year). Their slowest speed is now 300 Mbps in my neighborhood which is at least 10 times faster than what I need. Generally speaking, if you're experiencing "slow internet" issues, that's probably related to your wireless router, not your internet speed.

For questions or comments, Contact the Computer Skeptic, Jim Fisher at [Jim@ExcelAL.com](mailto:Jim@ExcelAL.com)

**Excel** Excellent Service, Expert Advice  
computer services  
1909 Florence Blvd., Florence  
(across from Hobby Lobby) 256-767-3337

**SHOTGLASS GUNS, INC.**  
Gunsmithing, Repairs, Refinishing, Action & Trigger jobs, Stock work, etc. Cerakote, Refurbishing  
103 Taylor Road, Florence  
256-349-5051

**MANSELL ROOFING**, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**MILLER'S TREE SERVICE**  
Tree Trimming and Removal  
Free Estimates  
Senior Discounts  
Licensed & Insured  
256-710-0548

**WANT TO BUY: C-RAM CHALLENGE COIN**, Call 256-468-4191 Huntsville

**ANTIQUE MILITARY ITEMS WANTED** Guns, Knives, Uniforms, will pay cash. Call 256-335-7663

**ESTATE SALE**  
2308 County Road 394  
Killen, Alabama 35645  
Saturday, April 13th 9am-2pm  
(Numbers given out at 8:30am)  
Sunday, April 14th 1pm-3pm

Craftsman T-2200 Riding Lawn Mower, Leather Sofa, Antique Kitchen Cabinet, Bedroom Sets, China Cabinet, Welder, Generator, Shop Fan, DeWalt Saw, Tool Boxes full of tools, Household items.

**REMEMBER TO BRING HELP TO LOAD YOUR PURCHASES**

Cypress Creek Antiques  
(256) 275-0273  
Go to [www.estatesales.net](http://www.estatesales.net) for pictures

**GOT JUNK??** We can help!!  
Basements - Garages - Apartments - Storage Units - Furniture  
**FREE ESTIMATES** 256-856-8728

**AAA CONCRETE CONCRETE, WALLS,**  
Finished Driveways, Sidewalks, Porches, Curbs, Steps, Foundations, Bobcat Work, 30 years experience, FREE Estimates.  
Call 256-633-8643 or 256-577-1823



**FORD: F-150, 2011 \$7,800, 4x4 Super Crew**, lift, new tires, metallic gray, 170,000 miles, Call 256-660-9118 Florence

**ONE 72'X30' HOOP HOUSE**  
Frame and 2 collapsed frames. All material \$1,000 256-627-9796 Cherokee

**REMODELING CONSTRUCTION 40 YEARS EXPERIENCE** Insured. Bathroom remodel, Deck, Fences, etc. 256-762-4357

**HOME AND RENTAL PROPERTY REPAIRS** Electrical, plumbing, freezers, refrigerators, water heaters, etc. (Section 8 repairs) 256-757-5620

**CONCRETE WORK: DRIVEWAYS, SIDEWALKS,** Curbs, Slabs. No job too big or too small, 30 years of experience. Call Peanut 256-980-2208

**WE BUY RIDING MOWERS**, John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**CHARLIE'S PAINTING & DRYWALL**  
Drywall Repair, Painting  
• Interior & Exterior •  
• Complete Renovations •  
• Senior Discounts •  
**Call Charlie 256-288-8826**

**People's Drugs & Variety**  
Spring Flowers - Realtouch & All Brands **20% OFF**  
Mixing Bowls **40% OFF**  
Tea Towels **10% OFF**  
Tuned Wind Chimes **ONE WEEK ONLY 10% OFF**  
Cherokee, AL 256-359-6242

**Alabama Awnings Co., Inc.**  
Serving Since 1986

**SUNPRO** MOTORIZED AWNINGS

**Free Wind Sensor**

**Free Estimates!!**

INTEGRATED DIMMABLE LIGHTS  
SUNBRELLA® FABRICS  
CASSETTE HOUSING  
EZ-PITCH ADJUSTMENT

Enjoy day or night!

256-767-1900 • 4617 Huntsville Road • Florence  
[www.alabamaawning.com](http://www.alabamaawning.com)



## Commentary

# The Clowns and Shenanigans

The Seattle Public School System is just one of many communities that is cutting ties with excellence in education, closing some schools and programs dedicated to challenging their best and brightest students. The trend, concentrated in urban areas, escalated after COVID and the death of George Floyd because education officials were concerned about racial inequities. School bosses said black and Hispanic students were underrepresented at the schools. In other words, these schools have too many white and Asian students and continuing to fund them only furthers those inequities. So, if everyone can't go from smart to brilliant, no one can elevate past "smart." That is like doing away with honors English and advanced trig because some kids don't understand it and feelings may be hurt, only on a more comprehensive scale.

According to Seattle Public School data for

See **CLOWNS...** on Page 20

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

### In A Few Words



**TOM MAGAZZU**  
Editor

## Courier Journal

# THIS WEEK

in the *Shoals*

April 10, 2024

## Happening THIS WEEK

### NWSCC Featuring **Shrek the Musical**

PHIL CAMPBELL -- Northwest Shoals Community College will host the upcoming production of *Shrek the Musical* April 11-14 in the Lou B. Beville Center on NWSCC's Phil Campbell campus. The musical is based on the beloved DreamWorks Animation film and William Steig's classic book. This

See **SHREK...** on Page 18



### CLINIC HOSTING **Women's Health Fair**

FLORENCE-- Breast and cervical cancer screenings save lives. If you are a woman between the ages of 40 and 64 with low income and no health insurance, you may qualify for the Alabama Breast and Cervical Cancer Early Detection Program. The Shoals Community Clinic has been a partner with this program since 2007.

The Annual Catherine Barnes Women's Health

See **HEALTH...** on Page 22



April 12  
256-760-4713

**RIVERHILL SCHOOL WILL HOST A YARD SALE**  
Saturday, April 13 from 7 am-12 pm in the Riverhill Gym which is toward the back of the school at 2710 Darby Drive in Florence. Proceeds will go toward the 6th grade class that will be traveling to Washington D.C. in May.

**THE SALVATION ARMY WOMEN'S AUXILIARY** hosts the 20th Annual Empty Bowls luncheon. The luncheon takes place on Wednesday, April 10 at the Marriott Shoals Conference Center from 11am-1pm. Tickets are \$20 each in advance or at the door. They are available from any SAWA member, through the Salvation Army on Huntsville Rd., the Law Office of Ralph Holt, or from Trinity Ceramic Supply. Some 60 savory soups will be available to try. The winner of the soup competition is awarded the title of Best Soup in the Shoals. All proceeds from the Empty Bowls Luncheon go to The Salvation Army food pantry of the Shoals.

**THE FIRST EVER KELLER KIDS COLOR RUN** takes place on Saturday, April 13, from 9am-noon. This event is a 5K fun run and fundraising event that begins in downtown Tusculumbia and ends in Spring Park. Entries are welcome up to the day of the event. This is a family-friendly event sponsored by the Helen Keller Festival committee. To register, visit [www.helenkellerfestival.com](http://www.helenkellerfestival.com)

**SOFTBALL**

**WED. APRIL 10 • 5PM**  
at TN State, Nashville

at Central AR in Conway, AR

**SAT. APR. 13 (DH)**  
3PM & 5:30PM

**SUN. APR. 14 • 1PM**

**NORTH ALABAMA**



**WLX 98.3 FM & 103.5 FM**

Home of **NORTH ALABAMA Athletics**

**BASEBALL**

at Bellamarine in Louisville, KY

**APR. 12 & 13 • 2PM**

**SUN. APR. 14 • NOON**

**TUE. APRIL 16 • 4PM**  
at Belmont in Nashville

Visit [www.roarlions.com](http://www.roarlions.com) for full team schedules and ticket information

## YOUR Letters

Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

- by Mail, in Person, or Mail Slot  
Editor-Courier Journal  
219 W. Tennessee St., Florence, AL 35630
- e-mail: [editor@courierjournal.net](mailto:editor@courierjournal.net)
- FAX- 256-760-9618

### Where's a Winner?

Editor:

Once again, the Powerball lottery has suspiciously had the same Powerball number 23 picked 3 times in consecutive 4 plays up to April 1, 2024, so nobody could win in order to make the jackpot bigger and to attract more buyers and players.

I find that extremely odd and suspiciously corrupt for the computer to divert a possible jackpot winner. No state or government investigation is also suspicious.

**Paul Sabatino**  
Florence

*They do not follow their sworn oaths to protect the constituents who put them in office...*

”

### So Trump Will Win

Dear Editor,

I read your publication regularly and take interest in the "letters" section. In the April 3 issue, there was a letter from a Mr. Sam Pendleton,

Jr entitled, *Election Well Done*. In the letter, Mr. Pendleton praises the recent primary election where he acknowledged two Probate Judges "for organizing and conducting a fair primary election."

I agree with that part. Most of us voted like we have since we were 18 years old. However, later in the letter he encourages average citizens in our democracy to answer the call to serve as poll workers in the November general election. I agree that serving as a poll worker is an important part of civic duty for any citizen.

However, Mr. Pendleton also called out what a wonderful job probate judges Daniel Rosser and Will Motlow did to "conduct a fair primary election."

See **LETTERS...** on Page 24



**19" TWO MAN ALUMINUM CANOE**, \$800, 256-710-3480

**GRASS CUTTING:** Fair Prices, Quality Work, Colbert County area. Call 256-383-3218

**Carter House Moving**  
Specializing in rigging, lifting and moving structures, floor leveling, and replacing damaged floor components. Call or text: 256-275-1570, 256-633-2722

**2014 CHEVY SILVERADO** Regular Cab \$15,500 OBO 110,000 miles Bed cover, step rails, and in great shape! 256-436-3654 Call for info/pics

**WE BUY & REPAIR RIDING MOWERS** All Types & Brands, Running or Not, Old or New, We Repair Any Small Engines. 256-879-8053

**HOME IMPROVEMENT AND BUILDING:** siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

**MOWING & WEED EATING SERVICES**  
Killen, Rogersville, Center Star, Lexington area. Free Estimates, Call or Text Wayne 931-797-8109

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**FEAZELL'S PAINTING SERVICE**  
**Picture Perfect Results!**  
Residential, Repaints, Interior & Exterior, Quality Work, Exterior surface cleaning. Licensed & Insured. L.B. Fezell 256-762-8953

**WE BUY RIDING MOWERS,** John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**TREE COMMANDER TREE SERVICE**  
Free Estimates Tree Removal, Debris Removal, Tree Trimming, Veteran/Senior Discounts  
Kane Rice-Owner  
256-600-3239  
Licensed & Insured

**2019 POLARIS RANGER 500 4x4** with top, split in the middle windshield, and a 4500 lb remote controlled wench on the front. Very low mileage. Excellent condition, always serviced and garage kept. \$8,800.00 firm. Call 256-466-4565.

**ROOF REPAIR** at an affordable price. Free estimates. Call 256-668-5807

**DECKS AND FENCES - FREE** Estimates. Call me at 256-856-4662. References available.

**GRASS CUTTING:** Fair Prices, Quality Work, Colbert County area. Call 256-383-3218

**LAWNCARE AND MORE, NEAL'S LAWNCARE** Free Estimates 256-284-8243.

## Worst WMD

One would quickly think the tongue would be at the top of the list. But God always has the correct answer. **Jeremiah 17:9** "The heart is deceitful above all things, and desperately wicked: who can know it?" **Isaiah 59:13** "In transgressing and lying against the LORD, and departing away from our God, speaking oppression and revolt, conceiving and uttering from the heart words of falsehood." Whatever a man may be, his tongue is sure to reveal it. **Matthew 12:34** "O generation of vipers, how can ye, being evil, speak good things? for out of the abundance of the heart the mouth speaketh." Who said that? Jesus Christ! **Hebrews 3:12** "Take heed, brethren, lest there be in any of you an evil heart of unbelief, in departing from the living God." Now God is not talking about the pump in your chest when He mentions "the heart". He is talking about the thing that sets on your shoulders. That's where the troubles and wickedness and wars and all sin, originates. The brain reacts to what you see and hear and sends the body its orders. Yes, the worst weapon of mass-destruction is the brain (heart) of man that brings thousands to death and perdition every day. You can't trust your heart (brain). The above passages declare why. Only God has the answer for death. Ask yourself, "where will I go after death?" Answer is: **Hebrews 9:27** "And as it is appointed unto men once to die, but after this the judgment:" **Acts 17:31** "Because he hath appointed a day, in the which he will judge the world in righteousness by that man whom he hath ordained; whereof he hath given assurance unto all men, in that he hath raised him from the dead." These appointments you will keep. Only Christ can change your lost condition. **Hebrews 7:25** "Wherefore he (CHRIST) is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make intercession for them." **1 Peter 3:18a** "For Christ also hath once suffered for sins, the just for the unjust, that he might bring us to God." Ask Him, He'll bring you to God today! Jesus Christ never fails and will save and forgive you!

### Beacon Baptist Church

Bill Bishop, Pastor • Rogersville • 256-247-7733  
1.2 miles north from red light on Hwy. 207 on left  
Sunday services at 10am and 11am and 6pm  
Visitors welcome!

**Always Call Before You Dig.**

**811**

Florence Gas Department  
256-760-6490

One easy call gets your utility lines marked and helps protect you from injury and expense.

Safe Digging Is No Accident: Always Call 811 Before You Dig

Visit call811.com for more information.



Know what's below. Call before you dig.

**AVALON MEDICAL GROUP**

2410 Avalon Ave • Muscle Shoals, AL 35661  
www.avalonmedshoals.com • 256-386-0808

- Born/raised in The Shoals
- Undergrad degree from Birmingham Southern College
- Local EMS experience
- Medical degree from UAB
- Residency completed at University of Mississippi Medical Center
- 6+ years of hospitalist experience
- Hospital privileges at Shoals Hospital and Helen Keller Hospital

Proud to serve you, your families, and our community!

**Adam Isbell, M.D.**  
Board Certified in Internal Medicine

**BUY HERE • PAY HERE**

**BUY HERE PAY HERE CARS**

**HOURS: Mon.-Thurs. 8am-5:30pm; Fri. 8am-5pm; Sat. 8am-Noon. After Hours by Appt.**

<b>2013 GMC Terrain</b> \$135/weekly	<b>2013 Jeep Grand Cherokee</b> \$120/weekly	<b>Lincoln Navigator</b> \$139/weekly
<b>2015 Nissan Altima</b> \$112/weekly	<b>2017 Ford Escape</b> \$125/weekly	<b>2016 Buick Verano</b> \$91/weekly
<b>2018 Chevy Trax</b> \$115/weekly	<b>2014 Honda CR-V</b> \$120/weekly	<b>2009 Chevy Traverse</b> \$115/weekly
<b>2015 Buick Encore</b> \$99/weekly	<b>2013 Nissan Sentra</b> \$87/weekly	<b>2014 Chevrolet Cruze</b> \$105/weekly

**Service Dept. OPEN: Monday-Friday**

**LOWEST NO HASSLE PAYMENTS: WEEKLY • BI-WEEKLY • MONTHLY**  
In-House Financing Based on Debt to Income Ratio not Credit Score

**Repos • Bankruptcy • No Problem**

**Advance AUTO SALES** 256-767-3705  
Advanceautosalesbhph.org  
3641 Cloverdale Rd. • Florence



**GENESIS**  
**LAWN CARE SERVICES**  
 "QUALITY FROM THE BEGINNING"

Yard Clean-Up • Sod Installation • Pressure Washing  
 • Trimming • Small Tree Removal • Year-Around Lawn Care  
 • Weeding • Housekeeping

Competitive Pricing • Licensed & Insured

Call Jaime at 256-600-4064  
 or visit us at [LawnByGenesis.com](http://LawnByGenesis.com)

**JIMMY'S MOWER SHOP**  
 buying and selling lawn & garden equipment. Call 256-284-0364 after 12pm daily, no text


**RICK'S STUMP GRINDING**  
 \*\*\*\*\*

Low prices and Free estimates, 256-740-2363  
 if no answer, leave message

2004 FORD F-350 DUALY CREW  
 CAB \$5995 256-710-2140

# ON YOUR DEBT

## Can I Transfer Or Give Away Any Property Before I File For Bankruptcy?



**B. Grant McNutt**  
 Managing Attorney

A common question that we often get asked is whether someone can give away or transfer property in order to avoid their creditors if they are going to file for bankruptcy. The very short and quick answer is "No." While it may sound like a good idea on the surface, federal bankruptcy law and most states have enacted laws which strictly prohibit a debtor (someone who is filing for bankruptcy) from doing this.

We always advise our clients to, using a golf analogy, "Play the ball as it lies." That means, in essence, to not make any transfers or changes to any of your property in contemplation of a bankruptcy filing. Of course, if there will never be a bankruptcy filing, then transfers or changes to property are usually acceptable. The context in which we see this issue, however, is when a client comes to us and has property in their name that is not exempt for bankruptcy purposes, and they want to save it by giving it to a family member or friend. The answer to whether someone should do this is an absolute "No".

Exemption planning can be very tricky and problematic in this context. The federal bankruptcy laws are very generous to people who are honest about their dealings with their property and their debts. As a result, when someone comes to us, no matter what their situation is, we essentially tell them to freeze everything, meaning do not make any changes to property, either giving any of their property away or adding to their property. This can be a big problem under the federal bankruptcy laws. In light of the fact that the bankruptcy laws require full and complete disclosure of the entire financial picture of the person that is filing, absolute honesty is an absolute requirement. It is a must when someone is filing for bankruptcy.

Failure to disclose transfers of property can result in denial of a bankruptcy discharge and, at its worst, criminal charges. Full disclosure of transfers prior to filing for bankruptcy can obviously result in the bankruptcy court and trustee voiding out the transfer and seizing back the property. The bankruptcy laws fully address this and most states have also enacted fraudulent conveyance statutes to address this exact situation.

Our advice is to tread very cautiously when and if someone is thinking about transferring property prior to a bankruptcy filing. Before you do anything like this, it is best to get a full and complete understanding of your situation. Therefore, we advise sitting down with one of our licensed attorneys in a confidential setting to discuss all of your options.

**CONTACT THE BOND & BOTES LAW OFFICES**

Alabama State Bar requires the following: "No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers."

*David Christopher's*

**BOGO 1/2 OFF**

Buy one cemetery arrangement, get the second 50% off!

Must be of equal or lesser value.

VALID THROUGH JULY 31, 2024

411 S Montgomery Ave  
 Sheffield, AL 35660  
 256-389-9424  
 Monday - Saturday 10am - 5pm  
[shopdavidchristophers.com](http://shopdavidchristophers.com)



**Dr. Darin Bowling**  
 Family Medicine & Weight Loss

**Shoals Primary Care**

Now Accepting New Patients  
 Walk-ins are Welcome

MOST INSURANCE ACCEPTED  
 MEDICARE PATIENTS WELCOME

Monday-Thursday 8am - 5pm • Friday 8am-Noon

Admitting to Helen Keller Hospital



**SHOALS PRIMARY CARE**

342 COX BOULEVARD  
 SHEFFIELD  
 256-383-4473  
[shoalsprimarycarellc.com](http://shoalsprimarycarellc.com)

**Bond&Botes, P.C.**  
 Attorneys Providing Financial Solutions

**Bond, Botes, Sykstus, Tanner & McNutt, P.C.**  
 102 South Court St, Suite 314, Florence, AL 35630  
 Phone: 256-760-1010 • Fax: 256-760-1023 • Office Hours: Monday - Friday • 8am to 5pm  
[www.bondnbotes.com](http://www.bondnbotes.com) | Bond, Botes

**CAT SITTING SERVICE**  
 Will come to kitty's home, fill bowls, scoop litter, give meds, scratch ears, 256-412-6982

**MATTHEWS TREE SERVICE**  
 (Shoals Area)  
 • Stump Grinding • Tree Trimming • Tree Removal  
 Licensed, Bonded, Insured  
 BBB Accredited  
 Steven Matthews, Owner  
 256-483-5918

**McClish Builders**  
 Licensed and Insured  
 Nelson A McClish, Owner • 256-627-7002  
 Alabama Homebuilders License #27376  
[McClishBuilders@yahoo.com](mailto:McClishBuilders@yahoo.com)







Home-Owned, Home-Operated

**Prairie Fresh  
WHOLE BONELESS PORK LOINS**

**\$2.49** Lb.

**Fresh  
GROUND CHUCK  
80% Lean - Family Pack**

**\$4.49** Lb.

**SHRIMP RING**  
61/70

**\$4.99** 10 oz.

**Family Pack  
SIRLOIN  
TIP STEAK**  
**\$5.99** Lb.

**Preferred Angus  
Beef SIRLOIN  
TIP ROAST**

**\$5.49** Lb.

**Preferred Angus  
T-BONE STEAK**  
Family Pack

**\$10.99** Lb.

**U.S. Colorado  
RUSSET  
POTATOES**  
5 Lbs.

**2/\$4**

**Florida  
YELLOW OR  
BI-COLOR CORN**  
3 Pack

**\$1.69**

**Fresh  
CANTALOUPE**  
Each

**2/\$5**

**Cluster  
TOMATOES**  
Lb.

**\$1.69**

**Coffeemate  
CREAMER**  
**\$5.99** 30-35 Oz.

**Folgers  
COFFEE**  
22-25 Oz.

**\$8.99**

**Post CEREAL Golden Crisp**  
Honey-Comb, Pebbles, Waffle Crisps Or Golden Crisps

11-14 Oz.

**2/\$6**

**HAMBURGER  
HELPER**  
4-7 Oz.

**2/\$3**

**Libby's  
VEGETABLES**  
15 Oz.

**5/\$5**

**MAYFIELD  
Ice Cream  
BARS OR SANDWICHES**  
6 Pk.

**2/\$5**

**Gain Liquid  
DETERGENT**  
32 Loads

**\$4.99**



Quantity Rights Reserved • None Sold to Dealers • WIC & Food Stamps Accepted  
Not Responsible For Typographical or Pictorial Errors

**AD GOOD APR. 10-16, 2024**



<p><b>Ragu PASTA SAUCE</b> 45 Oz.</p>  <p><b>2/\$7</b></p> <p><b>Food Club PASTA</b> 16 Oz.</p> <p><b>4/\$5</b></p>	<p><b>Betty Crocker FRUIT SNACKS</b> 10 Ct.</p>  <p><b>2/\$5</b></p>	<p><b>DORITOS</b> 7-9 Oz.</p>  <p><b>2/\$7</b></p>	<p><b>Sprite, Mello Yello, Dr. Pepper Or COCA-COLA</b> 8 Pk. 12 Oz. Btl.</p>  <p><b>3/\$11</b></p>
<p><b>Peter Pan PEANUT BUTTER</b> 16 Oz.</p>  <p><b>2/\$5</b></p> <p><b>Smuckers SQUEEZE JELLY</b> 20 Oz.</p> <p><b>2/\$5</b></p>	<p><b>Nature Valley Or General Mills CEREAL BARS</b> 5-6 Ct.</p>  <p><b>2/\$6</b></p>	<p><b>RUFFLES</b> 7-9 Oz.</p>  <p><b>2/\$7</b></p>	<p><b>Sprite, Mello Yello, Dr. Pepper Or COCA-COLA</b> 12 Pk. 12 Oz. Cans</p>  <p><b>\$6.99</b></p>
<p><b>Deer Park WATER</b> 24 Pk. .5 Liters</p>  <p><b>2/\$9</b></p>	<p><b>Red Diamond TEA</b> 24 Quart Size</p>  <p><b>2/\$4</b></p>	<p><b>Golden Flake CHEESE PUFFS, CURLS OR PUFF CORN</b> 6-8 Oz.</p>  <p><b>3/\$5</b></p>	<p><b>POWERADE</b> 8 Pk. 20 Oz.</p>  <p><b>\$4.99</b></p>
<p><b>StarKist TUNA POUCHES</b> 2-3 Oz.</p>  <p><b>\$1.19</b></p>	<p><b>Planters DRY ROASTED PEANTS</b> 16 Oz.</p>  <p><b>\$2.99</b></p>	<p><b>Blue Bell ICE CREAM</b> 1/2 Gallon</p>  <p><b>\$6.99</b></p>	<p><b>BODY ARMOR</b> 16 Oz.</p>  <p><b>4/\$5</b></p>

## DAIRY & FROZEN

<b>Food Club SHREDDED CHEESE</b> 16 Oz. .... <b>\$3.99</b>	<b>Mary B's BISCUITS</b> 22-24 Ct. .... <b>\$2.99</b>
<b>Minute Maid PUNCH</b> 59 Oz. .... <b>2/\$3</b>	<b>HOT POCKETS</b> 8-9 Oz. .... <b>2/\$4</b>
<b>Food Club BISCUITS</b> 5 Ct. .... <b>4/\$5</b>	<b>Smart Ones ENTRÉES</b> 7-9 Oz. .... <b>2/\$5</b>
<b>Shedd's Country Crock MARGARINE</b> 15 Oz. .... <b>\$2.99</b>	<b>Mayfield ICE CREAM</b> Pints .... <b>2/\$5</b>

## M-E-A-T

<p><b>Previously Frozen PORK SPARERIBS</b> 2 Pc.</p>  <p><b>\$1.99</b> Lb.</p>	<p><b>Choice EYE OF ROUND ROAST</b></p>  <p><b>\$4.99</b> Lb.</p>
<p><b>Prairie Fresh BONELESS PORK CHOPS</b> Family Pack</p>  <p><b>\$3.49</b> Lb.</p>	<p><b>Freshland ROLL SAUSAGE</b> Mild Or Hot</p>  <p><b>2/\$6</b> 16 Oz.</p>
<p><b>King's SMOKED BACON</b></p>  <p><b>\$9.99</b> 40 Oz.</p>	<p><b>Oscar Mayer WIENERS</b> Reg., Bun Length, Smoked Sausage Or Jumbo</p>  <p><b>2/\$6</b> 14-16 Oz.</p>
<p><b>Smithfield Pillowpack HAM OR TURKEY</b> Assorted</p>  <p><b>\$3.99</b> 1 Lb.</p>	<p><b>Sunset Farms SMOKED SAUSAGE</b> Assorted</p>  <p><b>\$3.99</b> 1 Lb.</p>

## BEER & WINE

<p><b>Corona, Corona Light Or Premier BEER</b> 12 Pk. Cans Or Btls.</p>  <p><b>\$16.99</b></p>	<p><b>Michelob Ultra BEER</b> 12 Pk. Cans Or Btls.</p>  <p><b>\$16.99</b></p>
<p><b>Barefoot WINE</b> 1.5 Liters</p>  <p><b>\$10.99</b></p>	<p><b>Josh Reds WINE</b> 750ML</p>  <p><b>\$15.99</b></p>

**Not Available At All Locations!**

**AD GOOD APR. 10-16, 2024**

**Prices Good At These Locations ONLY!**



**KILLEN** 1161 Hwy. 72 • 7am-11pm • 256-757-2002  
**FLORENCE** 1708 Darby Dr. • 7am-10pm • 256-767-2227  
**MUSCLE SHOALS** 3001 Woodward. • 7am-11pm • 256-381-7277  
 3413 Woodward Ave. • 7am-11pm • 256-978-6093  
**SHEFFIELD** Foodland Plus • 106 Towne Plaza • 7am-10pm • 256-381-6552

Pick up a copy of this ad in a **Courier Journal** at our store OR go online to **Foodlandgrocery.com**

**TUSCUMBIA** 103 West 1st Street • 7am-11pm • 256-383-9425  
**FORD CITY FOODLAND** River Road • 7am-10pm • 256-446-5842  
**ELGIN CROSSROADS** ELGIN Forest Plaza • 7am-11pm • 256-247-1958  
**ROGERSVILLE** Rogersville Shopping Ctr. • 7am-11pm • 256-247-1805



# FLORENCE FAMILY PRACTICE

- SEE US AT OUR NEW LOCATION!!
- Walk-ins Same Day Appointments Available
- ALL Insurances Accepted
- \$60 Uninsured Office Visit
- **FREE** Wellness Exam for BCBS and Medicare

- Urgent Care for the Entire Family
- Successful Diabetes and Weight Loss Management
- PAP Smear, Breast Exam, and Family Planning Contraception

112 Titan Drive • Florence • [florencefamilypractice.com](http://florencefamilypractice.com)  
**HOURS:** Monday - Thursday 8am - 5pm  
 Call for appointment today  
**256-764-9830**

## TELEHEALTH



**Linda C. Clemons, M.D.**  
 Board Certified in Family Medicine



**CONCRETE WORK**  
 Crack Repair and Joint Filler,  
 Backhoe and Dump Truck Work.  
 Free estimates 256-740-1971  
 or 256-633-9993

**I BUY JUNK CARS,** trucks, vans  
 and repairable vehicles. Call  
 Mike 256-702-8400

**FULL SIZED BOX SPRING AND MAT-  
 TRESS** In good shape. \$40 for all 256-606-  
 0147 Decatur

**COMPLETE COLLECTION OF  
 ALABAMA** Football Cards \$25;  
 Very nice set of Palmer & Nicholas  
 Golf Clubs \$100; Glass Top Rat-  
 tan Breakfast Table with Four  
 Chairs \$200, Call 256-335-4896

**HANDY MAN SERVICE**  
 Decks, ceramic tile, laminate  
 flooring installation, bath remodel,  
 doors, windows, shower pans,  
 bathtub refinishing, and more. Call  
 for all your home repairs  
 Bobby Greene 256-366-6641  
 Terry Mitchell 256-815-9534

The **ONE** and **ONLY**  
 Family Owned & Operated

# WOODS

**WHOLESALE FLOORING, L.L.C.**  
**256-757-9600**

**Astroturf • Residential • Commercial Carpets • Luxury Vinyl Tile  
 Hardwood • Porcelain • Laminates • Auto & Boat Carpet**

**Our ONLY Location is 7730 Hwy 72 E., Killen**  
[woodswholesale11@gmail.com](mailto:woodswholesale11@gmail.com)

**Mon, Tue, Wed, Fri 8am-5pm • Sat 8am-Noon • Closed Thur**  
 Jerry Woods, Owner • Nikki Woods-Fulmer & Leigh Woods, Sales

**I BUY CAMPERS TRAILERS  
 & MOTOR HOMES**  
 All Types, Ready to go, or if they  
 need work, for **\$FAST CASH\$**  
 Call Lawrence 931-242-3135  
 Local number

**WE BUY RIDING MOWERS,** John  
 Deere, Cub Cadet, Kubota, Crafts-  
 man, etc, Running or Not. 256-275-  
 2276

**HOME IMPROVEMENT AND  
 BUILDING:** siding, additions,  
 garages, painting, decks, Free Esti-  
 mates. 256-383-3218

**MATTHEWS TREE  
 SERVICE**  
 (Shoals Area)  
 • Stump Grinding • Tree  
 Trimming • Tree Removal  
 Licensed, Bonded, Insured  
 BBB Accredited  
 Steven Matthews, Owner  
**256-483-5918**









• Cosmetics • Hair Color & Chemicals  
 • Hair Extensions: Human & Virgin Hair  
 • Wigs • Jewelry • Wide Variety of Beauty  
 Appliances • Footwear • Novelties & More!

**COMING SOON:**  
*Hair Salon, Hair Braiding & Nail Salon!*




**615 Woodward Avenue, Muscle Shoals**  
**256-978-5691**

*Transform Your Brows*  
**Eyebrow Threading**  
 Available Here

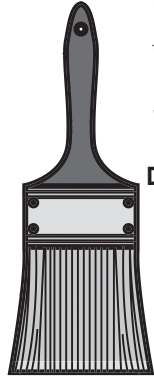
**15% Off**  
**Purchase**

Must present this coupon.  
 Excludes gift cards.  
 Expiration date 4/30/24



615 Woodward Ave.  
 Muscle Shoals  
 256-978-5691





## FLORENCE PAINTING AND DRYWALL LLC

We offer professional painting services including Interior and Exterior House Painting, Drywall Repair, Deck and Fence Staining Pressure Washing and More

Over 30 years' experience,  
Call Today for **FREE ESTIMATE**  
**ALL WORK GUARANTEED**  
**256-577-0730**

**2006 KIA SEDONA** \$5,500 Firm Gold, clean. Only 77k miles. New breaks, tires, headlights, power steering pump and alternator, front and rear AC, fold away backseats. Nice family van! 239-410-1687

### MATTHEWS TREE SERVICE

(Shoals Area)  
• Stump Grinding • Tree Trimming • Tree Removal  
Licensed, Bonded, Insured  
BBB Accredited  
Steven Matthews, Owner  
**256-483-5918**

## Shrek The Musical...

Continued from Page 12

enchanted musical extravaganza, with music by Jeanine Tesori and book and lyrics by David Lindsay-Abaire, promises to delight audiences of all ages with its heartwarming story and infectious songs.

*Shrek the Musical* brings to life the adventures of everyone's favorite ogre, Shrek, as he embarks on a journey to rescue Princess Fiona with his loyal companion Donkey.

Along the way, they encounter a colorful cast of characters, including the sassy Gingerbread Man, the villainous Lord Farquaad, and a host of fairytale creatures. Packed with humor, heart, and memorable tunes, this production is sure to captivate audiences from start to finish.

"This production has been a labor of love for our talented cast and crew," said Jonathon Romero, NWSCC Music Instructor and Director of the Musical. "We are

excited to showcase our students and members of the community. It's a show that will make you laugh, sing, and leave with a smile on your face."

Experience the whimsical world of Shrek and his friends live on stage. Showtimes are at 7pm Thursday-Saturday and 2pm on Sunday.

Tickets are \$10 each for general admission. NWSCC faculty, staff, students, and children 8 and under can enjoy free admission.

Tickets can be purchased at <https://shorturl.at/jkpK6>.



**The Best Value for Your Advertising Dollar!**



**256-764-4268**

**HONDA: CR-V, 2014 \$17,950 EX** Only 59k miles. Full power, sunroof, rearview camera, blue tooth, just serviced including new tires and breaks 256-527-2125

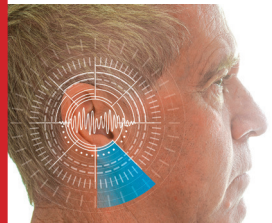
**MOVING? Call Moving Made Easy** for all your moving needs 256-483-7038

**SPRING BREAK SPECIAL** Gutter clean out, seamless gutters, gutter guards, Call GUTTER WORKS 256-394-3497

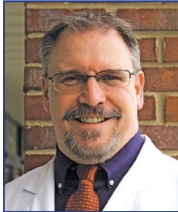
**WALKING FREE PRO SERVICES** Lawn maintenance, home remodeling and renovations, and pressure washing 256-263-6544 Florence

## ONE LOVE Hearing Concepts

**FREE** Hearing CHECK UP!  
**FREE** DEMO of ANY MODEL!



- Affordable Demo/Refurbished Models In House payments as low as \$40 month
- Advanced Technology



William "Bill" Tate, L-HIS  
Rogers H.S. Alumni

**1865 Highway 72 • Killen • 256.272.5095**  
[www.1lovehearing.com](http://www.1lovehearing.com)

## Shoals Primary Care

Welcomes

**Dr. Hameed Iqbal, MD**

Internal Medicine  
to its

**Florence Location**

Dr. Iqbal is Welcoming New Patients

MOST INSURANCE ACCEPTED • MEDICARE PATIENTS WELCOME

Monday-Thursday • 8am - 5pm  
Friday • 8am - Noon



**SHOALS PRIMARY CARE**

201 Rosa Lane  
Florence  
256-275-3838  
[shoalsprimarycarellc.com](http://shoalsprimarycarellc.com)



## FINANCIALLY STRESSED?

- ▶ **Debt Consolidation/ Bankruptcy**  
STOP Garnishments/ Repossessions/Foreclosures
- ▶ **Collection Harassment (FDCPA)**  
**Credit Report Disputes (FCRA)**
- ▶ **Social Security Denials**



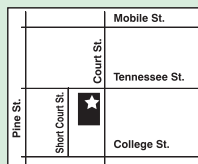
**B. Grant McNutt**  
Attorney at Law



**Nicholas H. Gajewski**  
Attorney at Law



**Tanya McCalpin**  
Attorney at Law



**BOND, BOTES, SYKSTUS, TANNER & McNUTT P.C.**

Attorneys Providing Financial Solutions

Florence • 256-760-1010

102 S. Court St., Suite 314, Florence, AL 35630

**For more information, visit [www.bondnbotes.com](http://www.bondnbotes.com)**

No representation is made that the quality of legal services to be performed is greater than the quality of legal services to be performed by other lawyers. We are a Debt Relief Agency and Attorneys at Law who, where appropriate, help people file for relief under the Bankruptcy Code.

Offices Also In:  
**Haleyville**  
205-486-3580

**Decatur**  
256-355-2447

**Huntsville**  
256-539-9899





**RIB FEST**  
**ALL WEEK LONG!**

**PRICES VALID: APRIL 10 THRU APRIL 16, 2024**

**Hormel Always Tender Texas Style Pork Ribs** **2.29** SAVE \$1.00 LB.

Smithfield Fresh Baby Back Pork Ribs **2.99** SAVE \$1.00 LB.

Indian Creek Fully Cooked St. Louis Ribs **6.99** SAVE \$1.00 LB.

10 Lb. Box Purnell's Frozen Cut Ribs **8.90** SAVE \$6.00 EA.

28 Oz. Cades Cove Pork Ribs **7.99**

10 Lb. Bag Russet Potatoes **3.99**

14 Oz. Dole Classic Coleslaw **2/\$3**

2

Days of Savings!

FRIDAY APRIL 12- SATURDAY APRIL 13, 2024

While Supplies Last!

18-20 Oz. Select Varieties Always Save BBQ Sauce or Yellow Mustard **1.19**

30-32 Oz. Select Varieties Reser's Salad or Coleslaw **4.49**

21.5-28 Oz. Select Varieties Bush's Baked Beans **2/\$5**

12 Roll Bounty Essentials Paper Towels **10.99**

18 Oz. Original or Honey Kraft BBQ Sauce **79¢** SAVE \$1.70

8 Ct. Hamburger or Hot Dog Best Choice Buns **3/\$4** SAVE \$1.07

10 Pk. Half Size Foil Steam Pans **2/\$6** SAVE \$3.35

12 Pk./12 Oz. Cans Select Varieties Best Choice Soft Drinks **3/\$10** WHEN YOU BUY 3 OR \$4.49 EACH

64 Oz. Westover Whole Chocolate Milk **1.99** SAVE \$1.50

16 Oz. Select Varieties Ole Carolina Sliced Smoked Bacon **2/\$4** SAVE 99¢ EA.

8 Ct. Hamburger or Hot Dog Ball Park Buns **2/\$6**

7.75-8 Oz. Select Varieties Lay's Potato Chips **2.49** WHEN YOU BUY 3 OR \$4.69 EACH

18 Oz. Select Varieties Country Bob's BBQ Sauce or Marinade **2/\$6**

16 Oz. G. Hughes Sugar Free Pulled Pork or Chicken **7.99**

4 Pk. Select Varieties Healthy Life Keto Buns **2/\$7**

8 Ct. Hamburger or Hot Dog Ball Park Buns **2/\$6**

Family Pack Hormel Always Tender Bone-In Assorted or Boneless Sirloin Pork Chops **1.99** LB

8.5-12.5 Oz. Select Varieties Keebler Cookies **1.99** SAVE \$2.76

16 Oz. Select Varieties Always Save Saltine Crackers **79¢** SAVE 66¢

30 Pk./12 Oz. Cans Busch or Busch Light Beer **23.49** WHERE AVAILABLE

6 Rolls Cardinal Paper Towels or 12 Rolls Bath Tissue **3.99** SAVE \$3.00

SELECTION MAY VARY BY STORE. LIMITED TO STOCK ON HAND. THANK YOU FOR YOUR UNDERSTANDING.

Store Location | 1421 N. Wood Ave, Florence, AL • 256-284-2048

We Reserve The Right To Correct Printing Errors, None Sold To Dealers, Quantity Rights Reserved. Items May Not Be Available In All Stores.

Copyright © 2023 A2 Advertising, LLC. All Rights Reserved. Written permission is required before use



# BAMA ALUMINUM CO.

Aluminum Patio Covers • Carports • Screen Rooms



For FREE Estimate **CALL TODAY!**

256-668-9890 • Darrell 256-980-9304

MADE IN THE USA **BamaAluminum.com** MADE IN THE USA

2310-B Woodward Ave. • Muscle Shoals

Facebook/BamaAluminum

BBB ACCREDITED BUSINESS

## Shoals Discount MATTRESSES

705 Avalon Ave • Muscle Shoals • 256-383-6611

### Rest Better With A New Mattress

Twin Mattresses ..... starting at only **\$79.99**

Full Mattresses ..... starting at only **\$99.99**

Queen Mattresses ..... starting at only **\$99.99**

King Mattresses.....starting at only **\$299.99**

Ashley Hybrid Mattress.....starting at only **\$299**

MLily Or Beautyrest Black Label....**50% OFF MSRP**

Mon-Fri 10am-5:30pm • Sat 10am-4pm

Like Us on Facebook @ [www.Facebook.com/ShoalsDiscountMattresses](http://www.Facebook.com/ShoalsDiscountMattresses)



# AVALON MEDICAL GROUP

2410 E. Avalon Ave

Muscle Shoals

[www.avalonmedshoals.com](http://www.avalonmedshoals.com)

**256-386-0808**

## Don Heinkel, M.D.

Tracey Owen, CRNP and a team of caring professionals  
Family Practice

Luke 10:27

Welcoming new patients for primary care.

Office Hours

Monday–Thursday 8am-5pm • Fridays 8am–Noon

590816-1

## Commentary...

# Clowns...

Continued from Page 12

2022-23, 52% of the “highly capable” students in the 2022-23 school year were white, 16% were Asian, and only 3.4% were black. Besides the fact that 28% of a highly capable non-white students are unlisted in this account, what happened to the idea of investing in more of the promising elementary students who could then be among those in the highly capable category in high school?

That’s too much work and besides, anyone who argues that scholastic achievement should supersede a proper quota of melanin content in each public classroom must be a racist.

We should all rather pursue the high end of mediocrity – in all fairness.

No wonder there is such a push for school choice and momentum building to allocate public education money where parents think it will best benefit their children.

Last week Brooklyn Federal Court Judge Nicholas Garaufis suggested that a racist culture persists within the Fire Department of the City of New York (FDNY) when he cited a March incident involving members of the New York City Fire Department booing state Attorney General Letitia James at an event and chanting in favor of former President Trump.

So FDNY the employees are racist simply because they boo a blatantly obvious political hack, and there happens to be a separate case unsettled against the FDNY by a Black group of firefighters.

Let’s not forget that Letitia James ran for attorney general of New York in 2018 not on a platform to duly uphold the law, but one of going after a particular citizen. It was a promise of per-p-walking and prosecuting Donald Trump on any charges she could, calling him “illegitimate” and “an embarrassment.” She fashioned charges, the likes of which had never been prosecuted in the state’s history, lined up the right judge and jury in a 90% democrat



district. Despite not being able to find one injured party, James initially got a ruling to confiscate almost half a billion dollars from the former President and freeze some of his businesses.

Of course, FDNY Fire Commissioner, Laura Kavanaugh, apologized profusely to James for the behavior of her department and plans on reviewing the involvement of each firefighter involved. Each firefighter should tell Kavanaugh where she can stuff one of their extension ladders.

Still in New York, regarding another manufactured sham against Trump, Judge Juan Merchan, who is overseeing the Stormy Daniels hush money trial, threw yet another gag order on President Trump a day before dismissing his presidential Immunity claim.

Merchan told Trump he cannot talk about the judge’s family. That request would be reasonable and understandable in most cases. However, this is not most cases. The judge’s family is currently being paid by the Biden campaign to the tune of about \$10 million for generating close to \$100 million in solicitations on this case. Trump is not allowed to point out to the public that the judge’s daughter is a Democrat consultant, whose clients are fundraising from Trump’s indictment. Should Trump be convicted, Merchan and his family benefit further with Biden’s chances of victory increasing in November. The plaintiff, the media, the judge’s family can smear Trump, though he is threatened with jail if he responds. The media even references “harassing or attacking”

the judge’s daughter as if she is a child. Loren Merchan is 34 years old and actively working against the defendant while making money on the situation. Instead of accusing himself, like Trump’s attorneys have requested, the judge puts a gag order on Trump, so he can’t discuss it publicly. I’m not sure how there could be a more blatant conflict of interest.

In the most ironic element to date in the case, Merchan said Trump effort to delay the Stormy Daniels hush money trial until the Supreme Court rules on his presidential immunity was brought up far too late - raising “real questions” about why.

“This court finds that defendant had myriad opportunities to raise the claim of presidential immunity,” Merchan wrote.

“Further, and as an aside, the fact that the defendant waited until a mere 17 days prior to the scheduled trial ... raises real questions about the sincerity and actual purpose of the motion,” the judge added.

WHAT? Does the fact that a prosecution effort was delayed for over seven years - until just before the 2024 campaign season got underway - raise any suspicion about the sincerity and actual purpose of the case itself? Is it not relevant that a previous DA passed on the opportunity to take the case to trial long ago?

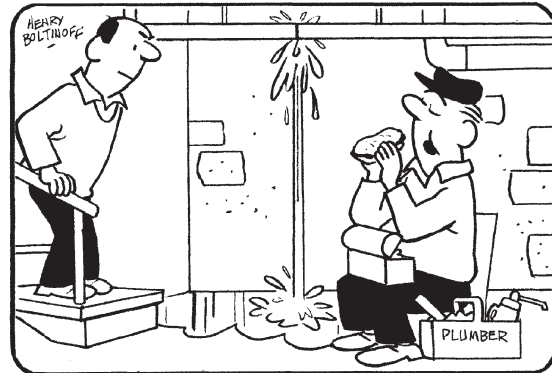
The abuse of our legal system and the abuse of Trump’s constitutional rights to defend himself in this case are indefensible.

Democrats worry aloud about Trump becoming a dictator and retaliating if he wins. Why? What could he possibly use from recent years to justify any type of retaliation?

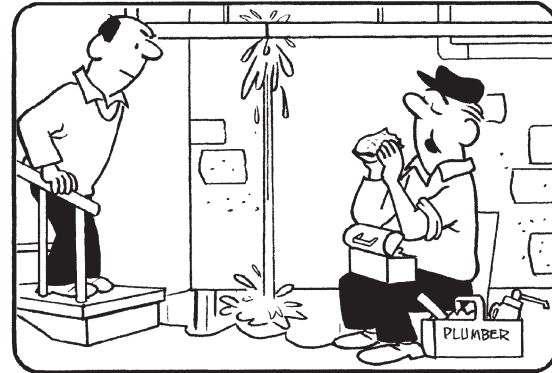
The clowns still rule.



**HOCUS-FOCUS** BY HENRY BOLTIKOFF



Find at least six differences in details between panels.



Differences: 1. Railing is different. 2. Handle is added to lunch box. 3. Sleeve is rolled up. 4. Leak is moved. 5. Pipe is thinner. 6. Bite is missing from sandwich.

**TWO BURIAL LOTS** IN Tri-Cities Memorial Gardens, Florence. Call 256-443-0496

**AUTOMATIC GATES, ALARMS AND CAMERAS**  
fullhomesecurities.com  
866-540-4283

**WE BUY JUNK CARS**, Trucks or Vans with or without titles, Call Joel 256-303-7609

**TRANSFER VIDEO TAPES & FILM**, before they ruin! DATA VIDEO TAPING 256-710-0292

**MANSELL ROOFING**, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**WE BUY RIDING MOWERS**, John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**HOME IMPROVEMENT AND BUILDING**: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

**ACORN 180 CURVED STAIR LIFT** only used five times, folding arms, seat & footrest, seatbelt, swivel seat, two remotes, rails attach to floor not walls, Retail \$8,000, Selling for \$2,500. Call 256-483-7225

**FUSE BOX OR ELECTRICAL PROBLEMS?**

Call American Electric In Florence, AL. We have over 30 years experience, with friendly, dependable and affordable service. Locally and Veteran Owned, 256-760-1152

Who can GO TO THE GYM for **30 minutes** and only **4 sessions** to get this result?  
*SPRING SPECIAL*  
**Only \$1,000 for 4 sessions!**



We now offer Rewards & Memberships!

**Why join Helping Hands Clinic VIP?**  
 ✓ Rewards for Visiting  
 ✓ Exclusive Memberships  
 ✓ Monthly Offers & Specials  
 ✓ Gift on your Birthday!



**HELPING HANDS**

256.712.5028 | 426 West College St. | Florence  
Across from Infants & Children's

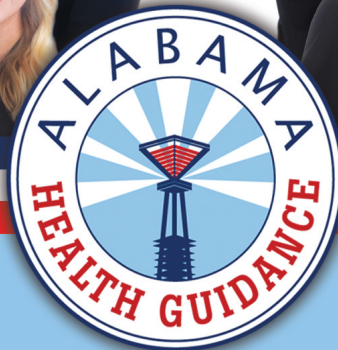
# Local Medicare Insurance Specialists

Florence Office - 885 Florence Blvd.

Muscle Shoals Office - 410 S. Wilson Dam Rd.

Hope Stamps | Ikey Fowler | Lee Fowler | Erica Vaughn  
Judy Keenum | Anah Whitehead Fowler | Beverly Stamps White | Caycee Fowler

Kay Holland | Kelly Davis | Marianna Honeycutt  
Paul Sanderson | Mark Sanderson | Conner Sanderson



**Are You Turning 65?**  
There's never a fee for our services.

- Are you a Veteran?
- Do you need Extra Help?
- Are you coming off of your Employer's Insurance?

- Medicare Education
- Medicare Insurance Enrollment
- Medicare Drug Plan Assistance

**Any Medicare Questions?**  
We can provide answers to help.

- Low Income Benefits
- Customer Service to the policies you have with us



**256-648-5710**

www.AlabamaHealthGuidance.com

**256-648-5220**





# NEED HEALTH INSURANCE?

You may qualify for coverage through the marketplace. Get **LOCAL** assistance and a **FREE** quote. Let's talk!

Depending on your family size and household income, your premium may be as low as \$0 per month, based on the plan you choose!



Heather Fowler and Erica Vaughn are available to assist you with an ACA plan. They can enroll individuals in health insurance with Blue Cross and Blue Shield of Alabama.



885 Florence Blvd.  
We are independent agents of Blue Cross and Blue Shield of Alabama. Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross and Blue Shield Association.

BlueCross BlueShield of Alabama  
www.AlabamaHealthGuidance.com  
**(256) 648-5710**  
Ask about specific enrollment times for those who qualify.

## Community Notes...

Continued from page 4

**Muscle Shoals Music Association** presents Spring Soiree at 6pm April 11 at Muscle Shoals Church of Sound, 1515 Southern Blvd, Sheffield for drinks, hors d'oeuvres, and music networking! Dress is casual. Please RSVP at www.muscleshoalsmusicassociation.com.

**Alabama Crappie Trail Fishing Tournament** takes place April 12-13 on Pickwick and Wilson Lakes - departing from Sheffield's Riverfront Park, at 1416 Alabama Avenue.  
This competition offers a family-friendly atmosphere with Division 1 and Division 2 competitions, boasting \$5,000 and \$500 guaranteed first-place payouts. It's a perfect opportunity for competitive anglers to showcase their skills while enjoying the best of Colbert County. For more information visit www.alcrappietrail.com or contact Keith Cole at 256-476-7555

**Saturday April Walking Tour in Sheffield and Tusculmbia.** Free walking tours every Saturday in April starting at 10am, continuing a beloved tradition of exploring their rich history and architecture with knowledgeable guides.  
Tusculmbia's tours vary weekly, featuring the First Presbyterian Church, the Winston Home, Locust Hill, and others, departing from the old Coldwater Books. Sheffield's tours, led by Jimmy Austin, will explore the North Montgomery residential area and downtown business district, departing from Sheffield City Hall. Each tour lasts 60-90 minutes. Open to the public, for more details, contact Colbert County Tourism at 256-383-0783.

**The first ever Keller Kids Color Run** takes place on Saturday, April 13, from 9am to noon, a 5K fun run and fundraising event beginning in downtown Tusculmbia and ending in Spring Park.  
Participants will be showered with color throughout the course and can join in at the dance party at the finish line. Entries are welcome up to the day of the event. This is a family-friendly event sponsored by the Helen Keller Festival committee. To register visit www.helenkellerfestival.com

**LifeSouth Bloodmobile Dates:**  
**Wednesday, April 10** Lauderdale County High School, 8am - 2pm  
**Saturday, April 13** Walmart - Hwy 43 - Russellville, 10am - 4pm  
**Tuesday, April 16** Deshler High School, 7:30am - 3:30pm  
**Wednesday, April 17** Collinwood High School, TN 8am - 3pm  
**Thursday, April 18** Muscle Shoals Electric Board, 10am - 4:30pm

See NOTES... page 30

## Health...

Continued from Page 12

takes place at the clinic April 12. Screenings, diagnostic lab work, mammograms, OB GYN referrals, and all treatments are covered under this program. Clinic staff will navigate each patient through the entire process. The best prevention for these cancers is early detection. Call the clinic for your appointment today at 256-760-4713.

### NEED HELP?

CONTACT 2-1-1  
Your link to community resources

## Alabama Spine & Pain

Pavan Telang, MD

Board Certified & Fellowship Trained in Interventional Pain Medicine.

Specializing in Advanced Management of Back and Neck Pain Not Involving Surgery or Opioids  
No Referral Required

256-712-2422  
3907 Peach St. • Florence, AL  
Behind Clearview Cancer Center  
alabamaspineandpain.com

Proudly serving the Shoals for 10 years.  
Thankful for our community & patients.

## Aluminum Carports and Patio Covers

Tony Cabaniss  
256-577-5990  
Chuck Cabaniss  
256-702-7881

# Okay...Where is my Courier Journal?

Did another family member get it? Outside of our delivery area? Already recycled? Post office missed you?

## No Problem... Copies Are Available Each Week at:

Foodland Stores • Food Outlet Stores • Hometown Market  
Piggly Wiggly • HT General Mdse • Big Star  
Rogersville and Town Creek Post Offices

or Read our Convenient Page-Flip Edition, 24/7  
The New Issue is Online Every Tuesday Morning!

CLICK THE HANDY LINK AT:  
[www.CourierJournal.net](http://www.CourierJournal.net)  
Alabama's Largest Newspaper Circulation









# ASK THE ATTORNEY



**Thomas McCutcheon**

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

## GAP INSURANCE vs COLLISION INSURANCE

We are seeing a decline in coverage that people buy for their own protection. I suspect advertisements which invite people to buy coverage that fits them really means buying the least coverage they can and hoping for the best. Hope is not a strategy.

That being said, we see more and more minimum limits policies at a time when we see higher and higher medical bills for injury related treatment. There are a lot of reasons for that, including medical providers dealing with auto insurance companies rather than health insurance companies to seek higher reimbursement.

We see are people who often have collision coverage that pays ACV (actual cash value). ACV has nothing to do with what you owe for your car. Collision coverage covers your car if it's damaged in a collision with another automobile whether it's your fault, their fault or nobody can decide whose fault. Collision coverage pays actual cash value. If you did not make a good deal for your car or your financing is expensive, this coverage will not pay you what you owe.

Let's face facts, a car is not a good investment. I know. There are coverages offered called "gap coverage" or "gap insurance" and this type of coverage will cover the "gap" between what someone owes on their car and the car's actual cash value in the event of an accident. The idea here is that with longer financing at higher rates, cars depreciate (lose value) faster than the amount owed is decreased. When people ask us about gap coverage, we tell them to think about the age of the car, the length of the financing and the actual cash value before making the decision to purchase gap coverage.

Buckle up, drive safely, and as always, your referrals are appreciated! 256-764-0112

Please send the questions to:

"Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631

or visit our website at: [www.mhatty.com](http://www.mhatty.com)

facebook: McCutcheon and Hamner, P.C.

We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted.



MCCUTCHEON & HAMNER  
ATTORNEYS AT LAW

## QUALITY FOUNDATION

And All Types of Home Improvement

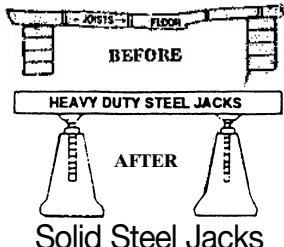
Home Owned & Operated in the Shoals by Wayne Lawhorn

Let Us Add Stability to Your Flooring

**FREE Estimate**

36 YEARS EXPERIENCE  
Licensed • Bonded • Insured

**256-767-5258**



# Food Outlet

This Ad Good April 10-16, 2024

2503 North Wood Ave. • Florence  
256-766-0456

Hwy 200 • Central Heights  
256-349-2377

We Welcome WIC & Food Stamp Shoppers. Quantity Rights Reserved. None Sold To Dealers.

## SHOP OUR FULL SERVICE MEAT DEPARTMENT

USDA FRESH FAMILY PACK  
**GROUND BEEF**  
**\$3.08** LB.

**WHOLE BOSTON BUTTS**  
1/2 BUTT **\$1.78** LB. **\$1.58** LB.

GRADE A FROZEN  
**BONELESS FRYER BREAST**  
**\$2.38** LB.

USDA **BOTTOM ROUND ROAST**  
**\$4.48** LB.

USDA FRESH **PORK STEAKS**  
**\$2.28** LB.

**BRYAN SLICED BACON**  
SWEET HICKORY SMOKE  
**\$2.88** 12 OZ.

14-15 OZ. **FOOD CLUB CORN OR GREEN BEANS**  
**78¢**

11-12 OZ. POST **FRUITY OR COCOA PEBBLES OR HONEY COMB**  
**\$2.98**

12 PACKS **FAYGO SOFT DRINKS**  
**2/\$8**

14.75 OZ. TALL CAN **DOUBLE "Q" SALMON**  
**\$2.98**

10 PACK **KOOL-AID JAMMERS**  
**2/\$5**

9-13 OZ. NABISCO **CHIPS AHOY! COOKIES**  
**\$2.98**

### DAIRY SPECIALS

8 OZ. **FOOD CLUB CHEESE SHREDS**  
**\$1.88**

### PRODUCE SPECIALS

5 LB. BAG **RUSSET POTATOES**  
**\$2.38**

LB. **YELLOW OR ZUCCHINI SQUASH**  
**\$1.48**

### FROZEN SPECIALS

1/2 GALLON **BLUE BELL ICE CREAM**  
**\$5.98**

6 PK. **MAYFIELD ICE CREAM BARS** SELECT VARIETY  
**2/\$6**

52 OZ. **FLORIDA'S NATURAL ORANGE JUICE**  
**\$3.48**

3 LB. BAG RED DEL., HONEY CRISP OR GRANNY SMITH **APPLES**  
**\$2.98**

26-28 OZ. **MARY B'S BISCUITS**  
**\$2.98**

6 PACK 1/2 LITERS **PEPSI PRODUCTS** **3/\$11**



# Ann's TIMELESS TREASURES LLC

Antiques, Furniture, Vintage & Gifts

**Final Markdowns Going Out Of Business**

**All Home Decor 50% OFF**

1818 Farms, Grandpa Yoder, Spongella, Goose Candles & More!

**Fenton Glass 30% OFF**

3926 Cloverdale Rd. - Florence - Next To Homeside Restaurant

ANN AND RON HARVEY - OWNERS **256-349-1433**

**ALL Furniture 40% OFF**

**4 HARTSELLE CITY CEMETERY** plots. 1 pair located in the SE quarter of Block 158 and 1 pair in the SW corner. \$1100 per set. 256-898-5760

**QUEEN MATTRESS** Box Springs Excellent. Two of each. \$100 and \$125 938-212-2745

**WE PAY TOP PRICES** for Junk Cars, Tractors and Equipment, with or without titles, 256-577-7911.

**Got Junk or unwanted items?** Junk Removal and Haul Away service. Need help moving anything in or out. Pick up delivery call JJ or text: 256-648-6916

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**WATCH & CLOCK REPAIR**  
256-572-2679 Killen, AL

**FOUR LOTS IN TRI-CITIES** Memorial Gardens. Prime location. Sermon on the Mount area \$4500 for all. 256-483-9267

**AUTO & TRUCK HEADLINERS INSTALLED,** mobile service available. Call 256-483-2923

**ALABAMA CRACK MAN**  
"William James Greenlee III"  
Extra Mile Brick  
**(ALL MASONRY REPAIR)**  
•Fireplace •Chimney •Firebox  
•Cracked Walls •Loose Brick  
•Driveway Cracks •Steps  
•Firebox •Tuck Pointing  
•Cracked Brick •Stucco  
•Stone Work •Concrete  
•Historic Restoration  
**82 AIRBORNE INFANTRY**  
Combat Veteran  
256-797-5281



**VETERANS** with 50% or more service-related disability may qualify for a \$6,800 grant for a walk-in shower. Call Patrick today! 256-627-8007

**MASONRY WORK:** Brick, Block, Fieldstone, all types. Excellent work. Call Mark, 256-394-2820

**RICK'S STUMP GRINDING**  
\*\*\*\*\*  
Low prices and Free estimates, 256-740-2363  
if no answer, leave message

**I BUY CLASSIC CARS**  
No matter your location, I will come to you.  
Call Lawrence 931-242-3135 Local Number

**REMODELING CONSTRUCTION** 40 YEARS EXPERIENCE Insured. Bathroom remodel, Deck, Fences, etc. 256-762-4357

## Letters...

### So Trump Will Win...

Continued from Page 12

I applied to work as a poll worker for any election. I completed the application, submitted the application online and did receive a call from a person that said she was in charge of processing the poll worker applications. During that short telephone interview, she cut right to the chase when she asked me what my political party was. I told her Democrat. She then told me that they had enough Democrat workers, and they were only interested in Republican applicants.

So much for Mr. Pendleton's praise of the recent primary election and the probate judges that seem to be preparing to make certain that Donald Trump wins Alabama.

Larry J. Smith  
Florence

### Straight Talk from God

Editor,

Reading in God's Word...

Matthew 16:18 - Jesus built one church.

See LETTERS... Page 26

**H & H Towing** (local & out of town) Buy Junk Vehicles, all types Greg 256-394-6340

**1990 Alpenlite DL 22 ft. 5th Wheel Travel Trailer** with extras, in good condition. \$8,000 OBO. Call 256-263-8264

**MANSELL ROOFING,** Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218



**Erase 10 years in 10 minutes**  
**Reverse the Aging Process**  
**Prevent Fine Lines + Wrinkles**

**\$525 Special**

**Microneedling 30 Units Botox**  
**1/2 Stick Juvederm**

**Call Lesli for an Appointment!**



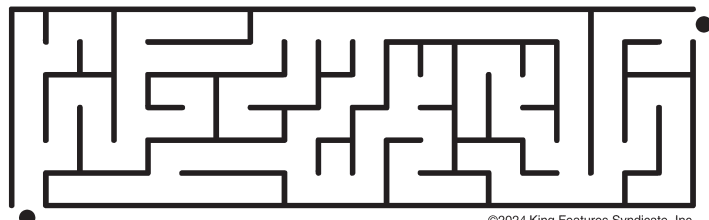
**HELPING HANDS**

256.712.5028 | 426 West College St. | Florence

Across from Infants & Children's



### Kids' Maze



©2024 King Features Syndicate, Inc.

### Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                         |           |                    |           |
|-------------------------|-----------|--------------------|-----------|
| 1. Nervous, jumpy       | ___ N ___ | Short and sweet    | ___ R ___ |
| 2. Gumdrop, e.g.        | ___ A ___ | Model Crawford     | ___ I ___ |
| 3. Ship's kitchen       | G ___     | Glen, Dale         | V ___     |
| 4. Large striped feline | ___ G ___ | Rome's river       | ___ B ___ |
| 5. "___ of the Apes"    | ___ T     | Aircraft           | ___ S     |
| 6. Negotiate            | ___ R ___ | Witty conversation | ___ N ___ |
| 7. Handbag              | ___ S     | Expunge            | ___ G ___ |
| 8. He weighs anchor     | S ___     | Clothes maker      | T ___     |
| 9. Actress Duke         | ___ T     | Merrymaking        | ___ R ___ |
| 10. Shamrock            | ___ V ___ | Last pitcher       | ___ S ___ |

### WORD LADDERS

Can you go from PLATE to REACT in 6 words? Change one letter for each rung in the ladder.

PLATE

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

REACT

## Puzzle Whirl

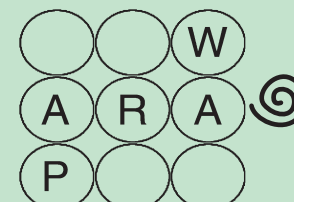
### MINI SUDOKU

			2
4	3		1
2			4
3			
	6		
5	3	1	

Place a number in the empty boxes in such a way that each row across, each column down and each small 6-box square contains all of the numbers from one to six.

© 2024 King Features Synd., Inc.

### WORD SPIRAL



Fill in the missing letters to reveal the nine-letter word that starts at one of the four corners and moves clockwise around the perimeter before ending in the center.

©2024 King Features Syndicate

Answers on Page 30



**HARDWOOD FLOOR REFINISHING**  
25 Years Experience  
All work comes with warranty.  
Ben Hanson, 256-263-2063

**AUTO & TRUCK HEADLINERS INSTALLED**, mobile service available. Call 256-483-2923

**VEGETABLE PLANTS: COLE CROPS**, 30+ varieties of tomatoes, peppers, squash, cucumbers, melons, herbs, etc. Nothing over \$1 per plant.  
**Closed on Sundays.** Joe P Gingerich, 225 Dooley Road, Ethridge, TN 38456.

**NORTH ALABAMA LAND CLEARING, LLC.** Insured and Licensed. Over 40yrs experience. Free estimates. Forestry mulching, Excavation, Dozer, Skid Steer Work, Bushhogging, Driveways, Garage pads, House pads, Ponds, all types of land clearing and demo work. No job to large or small! Call Bobby Wallace 256-810-7197

**LOOK**

**Harmon's Lawn Maintenance and Pressure Cleaning**  
Full Lawn Care, Shrub & Hedge Trimming. Lowest Prices around.  
**Call Rick for a Free Estimate 931-638-4183**

**MANSELL ROOFING**, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**JR. LAWSON TREE SERVICE**, tree trimming, stump grinding, removal. Licensed & Bonded, Free estimates, 256-856-7028

**ANTONIO'S REMODELING & PAINTING**  
Interior/Exterior, Roofing, Water Damage, Carpentry, Drywall, Decks, Showers. Licensed and Insured. Free Estimates.  
**256-577-8660**

**HANDICAPPED WHEELCHAIRS \$2,000 - \$5,000**, will sell cheap! Therapeutic Magnets use for migraines, wound care and much more \$200. Call 205-528-0321



**Courier Journal**  
**Mystery Photo of the week**  
April 10

Enter at **CourierJournal.net** for your chance to **Win LUNCH FOR 2** at **Rosie's CANTINA** in Downtown Florence

**Week of April 3 winner is Cyrus Young of Florence** who correctly guessed **"Rogersville Polo Club Field"**

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office beginning Wednesdays after Noon.



**FIVE 12 WK OLD AKC registered puppies.** 2 Sable females, 1 blk/red female, 2 Blk/Red males. Their Pedigree is awesome. The father is More than 3/4 W German & mother is more than 1/2 E German Czech. Pedigrees are available. \$600 each, call 256-227-0881 **SERIOUS INQUIRIES ONLY**



**ROOFING - LEAKS REPAIRED**, Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**MILLER'S TREE SERVICE**  
Tree Trimming and Removal  
Free Estimates  
Senior Discounts  
Licensed & Insured  
256-710-0548

**SHOALS GENERATOR PRO**  
Authorized Generac Dealer  
Sales • Service • Repair  
256-762-7663

**R.D.T. CONSTRUCTION & HANDYMAN SERVICES**  
Decks, fences, pressure washing, windows, doors, etc. All general home repair and small construction...  
"No Job Too Small!" Veteran owned. Call Brandon Taylor for an estimate at 256-762-0499

**JLB WOODWORKING & CARPENTRY**  
Quality Home Repair  
Stairs, Drywall, Fencing, Decks, Etc.  
Jim: 256-501-0704  
256-648-7561  
40+ years of experience  
Follow us on Facebook - JLB Woodworking & Carpentry

**Catherine Barnes WOMEN'S HEALTH FAIR**  
at the Shoals Community Clinic

**APRIL 12, 2024**  
By Appointment  
256-760-4713

Pap Smear Screenings  
Clinical Breast & Cervical Exams  
Mammograms if Qualify

**FREE TO THE COMMUNITY** Patients Should Be...  
Must Call for an Appointment 256-760-4713

- Women between the ages of 40 - 64
- Without insurance or provider
- Over 65 with only Medicare Part A

Presented by:  
UNA Anderson College of Nursing and Health Professions, Florence Pathology Service, Tri-State Center for Breast Health, Lauderdale County Radiology, ABCCEDP, and the Shoals Community Clinic's WELL WOMAN PROJECT





**SPEEDY DOES PROBATE**

**PROBATE \$1,250 A WILL** \*plus associated costs

**ADMINISTER AN ESTATE \$1,500** \*plus associated costs

**SPEEDY LEGAL, LLC**  
"PROVIDING COST EFFECTIVE SOLUTIONS TO SELECTED LEGAL PROBLEMS."  
256-335-6500 • 2210 HELTON DRIVE, FLORENCE

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.




**Do you need a new water faucet?**

**Give us A Call!**  
256-648-4893

**MPE SERVICES**  
Heating & Air • Plumbing • Electrical  
Full Restaurant Repair • LED Lighting








**GREEN LEAVES LAWN SERVICE**  
Mowing, Trim Shrubs, Pressure washing, Clean ups, Mulch 256-702-4466

**GOT JUNK??** We can help!!  
Basements - Garages - Apartments - Storage Units - Furniture  
**FREE ESTIMATES** 256-856-8728

**2009 HONDA SHADOW** Begin your Spring Adventure on this beautiful motorcycle! Has bags and windshield. Looks like new, runs great. Asking \$3500 931-309-5703 or 931-309-3010 Athens

**REMODELING CONSTRUCTION**  
**40 YEARS EXPERIENCE** Insured. Bathroom remodel, Deck, Fences, etc. 256-762-4357



**DAY by DAY**  
Grief Support Group for Bereaved Parents/Grandparents

Meeting will be  
**Sunday, April 14- 2pm**  
Woodmont Church East Campus,  
2002 Darby Dr., Florence

**FRIENDS, CARING AND SHARING**

For information, email: [drconley10@gmail.com](mailto:drconley10@gmail.com)

**Pet Passions from Pet Supplies Plus**

**TRAVELING WITH PETS**

With pets, you never know—especially when they're your travel buddy. Animals are creatures of habit, so try to stick with their everyday routines as much as possible. The more predictable everything is, the more they can feel like their normal selves. Even with this advice, anxiety is an unavoidable part of most trips. That's why familiarizing your pet with the different aspects of traveling is so important. Home or away, your fur baby wants to feel safe and secure. Sometimes this means protecting your pets by restraining and containing them. Other times this could mean noshing on a favorite treat. Whatever it is, Pet Supplies Plus has tips and products that'll make everyone's travel experience the best it can be.

**Preparing for Travel**

Take a practice trip. Most pets aren't used to long car rides, so before your excursion, go on short drives to get them comfortable traveling by car. You should also make sure your vehicle's heat and air conditioning are working. In other countries and even Hawaii, you may have to quarantine your pet upon arrival and provide an import form. If you're going to fly, take direct flights and go on the same flights as your pet. Have your veterinarian check out your pet to see if they're fit for flight. Whether the fur is flying or traveling by car, purchase your pet's gear well before your trip. This'll give them time to get acclimated to things like wearing a car restraint or being in a travel carrier.

**Pet Travel Checklist**

- Identification
- Medical Information/Vaccination Records
- Food & Water (and Bowls)
- Plan for Bathroom Breaks
- Other Travel Necessities - Like your pet's medications, a good collar or harness and leash, some of their favorite toys, plus extra sheets, old towels, or blankets.

**Travel Safely**

At Pet Supplies Plus we always try to see the bowl as half-full. Nevertheless, we also believe preparing for worse-case scenarios when traveling with your pets. Our golden rule is "Prevent what you can." Minimize risks by identifying any potential hazards of travel.

Courtesy of

**PET SUPPLIES PLUS**  
Muscle Shoals 519 W. Avalon Ave. 256-383-4320  
Florence 244 Seville St. 256-760-7000  
[PetSuppliesPlus.com](http://PetSuppliesPlus.com)

**Courier Journal ADOPT A FRIEND**

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

Meet **STEELE**. This smile will surely still your heart. He is full of energy and his personality is a fun and whimsical. He loves long walks and playing. He will stop for treats and likes head rubs. Please come meet this handsome boy. Fostering is free!! **ADOPTION FEE IS \$25**. The fee includes current vaccines (apart from rabies), NexGard, heartgard, \$15 rabies voucher and a voucher for \$70 off of his mandatory neuter! For more information please contact **Colbert County animal shelter at 256-381-4073**.



Meet **BOONE, BREXX** and **BECKETT**. These 3 boys were dumped in a box, on the side of a busy highway in leighton! A very nice couple stopped to get them and bring them to safety! What breed you ask? Cur? Dachshund? Lab? Collie? Honestly, who knows?! But they are 100% adorable and sweet!! They have had 1st shots, wormer and NexGard! Come by or call to meet these cute pups. For more information please contact **Colbert County animal shelter at 256-381-4073**.



**NANNETTE** (aka Nannie) is a little over a year, spayed and up to date on vaccines. She came to us as a stray and very fearful. Thanks to her foster, Nannie is learning to be a dog and getting used to the good life. She will need someone who understands that it will take time for her to warm up to you and like most women, can't be bossed around. She is housed trained and ready to meet you. She is in foster please call to set up a time to meet her. **ADOPTIONS ARE CURRENTLY \$85** and include everything your new pet needs to be on track for a happy, healthy life: vaccines, a microchip, spay/neuter, and heartworm test. Please call or come by **Florence Lauderdale animal services 256-760-6676** to meet this handsome dog.



Hubba, hubba! **BLUE JAY** is the most handsome guy around! We think he's around 2 and he's 60 lbs and he needs a good home. Blue jay is super sweet and lovable. **ADOPTIONS ARE CURRENTLY \$85** and include everything your new pet needs to be on track for a happy, healthy life: vaccines, a microchip, spay/neuter, and heartworm test. Please call or come by **Florence Lauderdale animal services 256-760-6676** to meet this sweet pup.



**Letters...**

**Straight Talk from God**

Continued from Page 24

Ephesians 1:22-23 - Jesus is the Head of the one church (or body) that He built.

Ephesians 4:4-6 - There is one body, and one Spirit, even as ye are called in one hope of your calling; One Lord, one faith, one baptism, One God and Father of all, who is above all, and through all, and in you all.

Today, we see that man has created many different religions, faiths, and denominations. We see them all around us.

God teaches us that there is only one church, or body. Men tell us that there are many different bodies, or faiths. They hold many different, man-made doctrines, beliefs, and practices. Who should we believe - God, or man?

Friends, each of us will be judged by how we have obeyed and lived by the precepts and principles written in God's Word (John 12:48).

God tells us that we all must appear before the judgement seat of Christ to answer for how we have lived here on earth (II Corinthians 5:10).

My friends, there are many denominations and religious organizations built by man with long traditions. Many show support for these organizations.

However, unless one is a faithful member of the one church that Jesus built, he or she cannot be pleasing or faithful to God (Hebrews 11:6).

**Dave Schmidt**  
Florence

**To Harm Us and America**

Dear Editor of the Courier Journal,

What is the reason for allowing unvetted illegal migrants into our country? Could it be for the sake of compassion. Or is it to fulfil a request for a low pay work force. Or is there a more sinister reason; a total collapse of our society to pave the way for a "fundamentally changed America."

It has become obvious that this administration refuses to enforce the laws set forth by the constitution. The constitution defines and provides for our democracy. Not following the constitution damages our democracy. Thus, this administration is in fact damaging our democracy.

Most of these illegal migrants are uneducated and they can only provide tasks that do not require a skill. Given enough time these migrants will attain the necessary skills. Then competition for skilled labor will increase. This will drive down the cost of skilled labor and the income of our present skilled labor force will decrease.

Or could it be that allowing this influx is to create chaos. Partisan District Attorneys are not prosecuting criminals, which also adds to the chaos. They have become political prosecutors only prosecuting select people to gain notoriety. They do not follow their sworn oaths to protect the constituents who put them in office. Some of these DAs are even stretching or breaking existing laws for their benefits. Then add to that, disgruntled Americans due to the high cost of living caused by this administration. Now, all this adds up to a very explosive atmosphere. One spark and then the country would require Marshall Law to return order. Once our leaders have control via Marshall Law they would NEVER relinquish it. Remember the old saying, 'Absolute power corrupts absolutely.'

Another factor that must be considered is that some of these migrants hate America since early childhood. They only come here to create damage. One type of damage is a mass casualty event. The possibility of a mass casualty event from some of these unvetted migrants similar to or greater than 9-11 is a possibility. In fact, the director of the FBI stated that possibility in a recent congressional hearing. All these issues appear to be lining up for a catastrophic event. Let's all hope and pray that I am wrong.

**LG Stevens**  
Florence

Get an early look at next week's issue with the...



**Courier Journal Page-Flip Edition**

Always available on our homepage by sunrise Tuesday morning - [www.CourierJournal.net](http://www.CourierJournal.net)

Courier Journal sponsored by: **FULLER**  
HEATING • AIR CONDITIONING • PLUMBING & ELECTRICAL



# Medicare Minute

## Medicare "Donut Hole"

August and September are two months we get calls on the coverage gap or "donut hole". This happens because there is a temporary limit on what your drug plan will pay while you are in the gap. The good news is not everyone will enter the coverage gap. The coverage gap begins after you and your plan have spent a certain amount on covered drugs. In 2024 once you and your plan combined have spent \$5,030 you will enter the coverage gap.

Here's the way the coverage gap works. Imagine you have a prescription that retails for \$500 per month. Your copay, hypothetically, is \$30. This means your plan would pay the rest of the cost or \$470. Medicare will track what you paid (\$30) and what your plan paid (\$470) and count the cost of the drug as \$500 for that month. Let's also say that the other prescriptions you are taking equals \$100 per month. You are now at \$600 per month. In this example you would reach the coverage gap sometime in September.

Under most plans in 2024 once you have reached the coverage gap your plan will temporarily stop paying anything on your drugs. This means you will be responsible for the entire cost of your prescriptions. The silver lining around this very dark cloud is Medicare has negotiated a discount on the drugs you use. Once you reach the coverage gap you will pay 25% of the cost of your drugs.

If you are eligible for Medicare but still on employer coverage you may wonder why you have never reach the coverage gap. This is because employer coverage does not have the "donut hole". The coverage gap only applies to Medicare prescription drug plans. Also remember that Medicare drug plans can vary which means your coverage in the gap can vary.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at [ikey@alabamahealthguidance.com](mailto:ikey@alabamahealthguidance.com). Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



Ikey Fowler

885 Florence Blvd. • 256-648-5710  
(Four Lane Shopping Center)



Maximize Your Selling Power When You REDLINE Your Ad! - See Page 6 For Details!

# Real Estate

**FLORENCE: 705 CAMP-BELL ST.** 3 bdrm., 2 ba., Newly renovated. \$1000 rent and \$500 deposit. Section 8 Accepted. 205-541-0535.

**Courtview Towers Studio Apartments 1 & 2 Bedrooms available.** Convenient to downtown Florence. Rent based on income. Equal Housing Opportunity 256-767-0201

**FLORENCE 2 BEDROOM APARTMENT,** Central Heat/Air, \$600 month plus deposit 256-764-3986

**WANT TO BUY** A 3 bedroom, 2 bath house with basement and workshop, on 2 or 3 acres, (not in a subdivision) Florence. 256-767-3519

**PROPERTY FOR SALE** Muscle Shoals 3.45 Acres Mary Mack St. 256-740-1960

**FOR SALE: HOUSE AND APT. ON 6.5 ACRES.** Cypress Inn TN. 931-279-1883

**FLORENCE: ROOM FOR RENT** \$75 weekly Private bath, garage, kitchen, near campus 256-648-7267

**WANT TO BUY: ONE acre** or small lot for mobile home with septic tank. Prefer close to Florence, call 256-767-3519

**RV LOTS FOR RENT GREAT LOCATION** Hwy. 72 & Mulberry Lane Intersection, 12500 Hwy. 72 Barton, AL, 50 and 30 amp, WI-FI, sewer, electric, TV Room, washer & dryer included, sheds with picnic tables, walking trail, Tennessee River boat ramps nearby, \$400 per month Special! 256-810-1950 call or text

**FLORENCE HOUSE FOR RENT:** 2 bdrm., 2 ba., \$800 month + deposit. 256-764-3986

**ALEXANDER VILLAGE APARTMENTS** 200 Alexander Village Place Florence, AL 35634 Taking Applications One Bedroom Units 55+ Senior Living Call 256-766-0048

**LOT 41, OAK SHORES DR** FSBO 33 acres +Lot, N. of Florence 990' frontage on Little Cypress Crk Forested rolling hills with city water Owner willing to finance \$352,000 256-980-9559

**LEXINGTON: LAND FOR LEASE** on Hwy 101 79 acres 256-810-6094

**CREEKVIEW VILLAGE APARTMENTS** 104 Creekview Village Place, Florence, AL 35633 Taking Applications One Bedroom Units 55+ Senior Living Call 256-712-2726

**DOUBLE CREEK APARTMENTS** 4704 Chisholm Road, Florence, AL 35630 Taking Applications 1 & 2 Bedroom Units 55+ Senior Living Call 256-718-1427

**FLORENCE APARTMENTS FOR RENT:** 507 S. Orleans St., 2 bdrm., next to Marriott Hotel, 55 and older or on Social Security. \$600 per month. Section 8 vouchers accepted. CALL HUD HOME NETWORK 205-807-9005

**WANT TO RENT:** Ex-military business man and child looking for a small tract of land to lease for bow hunting in Lauderdale Co. Have some equipment to do improvements to property if needed. Call 256-710-2856

**FLORENCE:** 706 N. Cherokee St. 3 bdrm. 1 ba. house for rent. Newly renovated. 4 blocks from UNA \$1,400 per month. Security deposit equal to rent. Direct deposit for rent payment required. Criminal check. Credit Check. Employment verification. 256-694-5069

**COMMERCIAL BUILDING FOR RENT** 4225 Hwy. 72, Killen, AL. Approx. 4,000 sq. ft., with overhead door, office space and warehouse, Call for more information 256-767-5762

**LOT 41, OAK SHORES DR** FSBO 33 acres +Lot, N. of Florence 990' frontage on Little Cypress Crk Forested rolling hills with city water Owner willing to finance \$352,000 256-980-9559



Serving the people of the Shoals for 89 YEARS & COUNTING!

Here at **First Southern**, we are committed to helping **you** achieve your financial goals! From buying your first home to creating your dream home,

**We Want to Help You Thrive!**



**Brenda Crittenden**  
NMLS#503788  
Vice President / Residential Mortgage Manager  
**First Southern Bank**  
NMLS#478257  
301 S Court St  
Florence, AL  
256-718-4241



**Debbie Poole**  
NMLS#498430  
Assist. Vice President / Residential Mortgage Lender  
**First Southern Bank**  
NMLS#478257  
301 S Court St  
Florence, AL  
256-718-4227

Whether you are needing **Conventional, Jumbo, FHA, VA, Construction, or USDA**, our team is well equipped to assist you!

Call one of our lenders now to get started!

## ESTATE SALE

2308 County Road 394, Killen, AL (Phillips Subdivision)

Saturday, April 13 • 9am-2pm  
Numbers given out at 8:30am

Sunday, April 14 • 1pm-3pm

- Craftsman T 2200 Riding Lawn Mower
- Leather Sofa • Antique Kitchen Cabinet
- Bedroom Sets • China Cabinet • Welder
- Generator • Shop Fan • DeWalt Saw
- Tool Boxes full of tools • Household Items

**REMEMBER TO BRING HELP TO LOAD YOUR PURCHASES**

PLEASE DO NOT BLOCK DRIVEWAYS OR MAILBOXES

**Cypress Creek Antiques & Estate Sales**  
256-275-0273

Go to [www.estatesales.net](http://www.estatesales.net) to view photos



**FirstSouthern**  
FIRSTSOUTHERN.COM





# STRANGE but TRUE

- **Modern brunch** was first proposed in 1895 as a post-hangover meal.
- **Quetzalcoatlus**, the largest known flying animal, was as tall as a giraffe and may have used its powerful forelimbs to pole-vault into the sky.
- **Cathay Williams** became the first African-American woman to serve in the U.S. Army

in 1866. Since women were barred from joining the military at the time, she enlisted as a man under the pseudonym William Cathay.

- **In Australia, weed whackers** are called whipper snippers.
- **Beaver College** changed its name to Arcadia in 2001, partly because anti-porn filters

blocked access to its website.

- **The human body** emits visible light, but it's not visible to the naked eye.
- **The FBI** dubbed **Ted Kaczynski** "The Unabomber" because his early mail bombs were sent to universities (UN) and airlines (A).
- **As astronauts spend months traveling** to Mars, their eyeballs may change shape. Some scientists believe that's due to the pressure from fluids that won't drain from their heads, thanks to the low-gravity environment.
- **President Thomas Jefferson** hated formal affairs so much that he would often greet foreign dignitaries in his pajamas.
- **Newborn babies** have nearly 100 more bones than full-grown adults.
- **The Antikythera mechanism**, discovered by sponge divers in 1900, is sometimes called the world's first analog computer. Designed to calculate dates and predict astronomical

phenomena, it was so advanced nothing surpassed it for nearly 1,500 years.

- **Some libraries** have been known to use extraordinary measures to ensure titles remained on shelves. A notable example is Marsh's Library in Dublin, Ireland, where in the 1800s, visitors desiring to peruse rare books were locked in cages until they finished reading!

*First Thought for the Day:*  
"If we open a quarrel between past and present, we shall find that we have lost the future." -- Winston Churchill


- **While death by guillotine might seem** like an ancient ritual, the practice was still in use in France up until 1977 -- when the original "Star Wars" was in theaters.
- **Sleeping through summer** is called estivation.
- **The Museum of Bad Art** in Somerville, Massachusetts, is pretty

much exactly what it sounds like -- a collection of really bad art! But then again, who's to judge?

- **The American Psychiatric Association's DSM-5** handbook classifies caffeine withdrawal as a mental disorder.
- **Humans invented booze** before the wheel.
- **When swallowed by toads**, bombardier beetles project hot, noxious chemicals from their anuses, which sometimes forces the predators to puke the beetle back up.
- **The town of Baarle** straddles the Dutch-Belgian border. In some places, the official borderline cuts through houses and cafes.
- **There are approximately 200 feral cats** roaming the grounds of Disneyland, where they help control the park's rodent population. All of them are spayed or neutered, and park staff provide them with both extra food and medical care.

- **The second-half kickoff in Super Bowl I** had to be done twice, as NBC didn't cut back from a commercial break in time to catch the first one on camera.
- **In Japan, instead of a "Man in the Moon,"** people see a "Rabbit in the Moon."
- **The Mobile Phone Throwing World Championships** are held in Finland. One winner said he prepared for the event by "mainly drinking."
- **Sometimes it snows on Mars**, but the flakes are made out of carbon dioxide, not water.
- **After the band OutKast sang "Shake it like a Polaroid picture,"** Polaroid released a statement warning that "shaking or waving can actually damage the image."

*Last Thought for the Day:*  
"The stupid neither forgive nor forget; the naive forgive and forget; the wise forgive but do not forget."  
-- Thomas Szasz  
(c) 2024 King Features Synd., Inc.



**Two Guys**  
DETAIL SUPPLIES  
256-767-2925

Mention this ad for **10% OFF** on all cash in-store purchases!  
(Expires 6/30/24)

Monday-Friday **8-5**

**4780 Hwy 157 • Florence**  
(across from Underwood Elementary School)

# It's Yard Sale Season!

Ad Only  
**\$12<sup>50</sup>**

## FREE YARD SALE KIT

when you **Red-Line** your Ad!



**REACH**  
Yard Sale  
customers in  
the Shoals...  
**52,000 Homes**

### Each Kit Includes:

- 3 Fluorescent 11" x 14" All-Weather Signs
- 140 Bright Pre-Priced Labels
- Successful Garage Sale Tips
- Pre-Sale Checklist
- Sales Record Form

**Pick-Up Your Free Yard Sale Kit Today**  
at our Office: **219 W. Tennessee St., Florence**

See page 6 or visit [www.courierjournal.net](http://www.courierjournal.net)  
Deadline Friday at 4:30pm - 8 days prior to a Saturday Sale

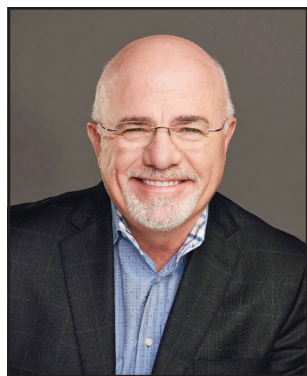




# DAVE Says

by DAVE RAMSEY

## YOU'RE A GREAT BIG BROTHER!



Dear Dave,  
My mother died about a year and a half ago, and she left me and my younger sister \$75,000 each. My sister is 16, and she plans on enlisting in the military after high school, then using the G.I. Bill to pay for college afterward. She won't receive the inheritance money until she's 18. What advice can I give her to ensure she makes good decisions with the money?

Davis

Dear Davis,  
I'm truly sorry to hear about your mom. At the same time, I'm so proud of you for stepping up to help your little sister. You know, \$75,000 sounds like a lot of money—especially to a teenager. But that kind of cash can disappear in a heartbeat if

she's not careful. And then, all she'd have left where her inheritance is concerned is a lifetime of regret.

If she'll be smart with this money, and by that, I mean investing wisely and having a little bit of fun, she could end up a rich, little old lady one day. Not only that, but she can honor the memory of your mother and change her family tree forever. Her family will think differently, and be able to live differently, all because she had the maturity to not blow the money.

You said she'll get \$75,000, right? Think about this. She could just have fun with \$15,000 or so, and invest the rest in good, growth stock mutual funds. If the stock market continues to average what it has since its start, she'll be a multi-

millionaire—and then some—by retirement. Even if I'm half-wrong on the math, the advice still stands. She'd have millions waiting for her. The point is that investing a big lump sum of money, and leaving it there for her golden years, is a great idea.

Now, I'm going to give you some homework, Davis. I want you to talk to a bunch of rich, old folks. Learn what they did to build wealth and hang onto it. Also, make sure the friends and family you both have around you are quality people—the kind who have your best interests at heart. Remember, the Bible says, "In the multitude of counsel there is safety."

Your sister is very lucky to have a big brother like

you. Walk her through this advice. Be there for her. Look out for her. She needs you right now, and she'll need you in the years to come.


God bless you both!  
—Dave

*\* Dave Ramsey is an eight-time No. 1 national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions.*

**DIVORCE** as low as **\$300** Uncontested Excludes costs

**Law Office of Robert F. Smith**

- Child Support
- Custody
- Visitation
- Modifications
- Former DHR Child Support Prosecutor with 39 Years Experience



**521 E. Tennessee St. Florence**  
**256-764-ATTY (2889)**

**A Divorce & Family Law Practice**  
**www.ShoalsFamilyLaw.com**

Fees quoted by phone  
ALL CREDIT CARDS

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.



**St. Vincent de Paul THRIFT STORE**  
*Help Us, Help Others*  
Serving Families of the Shoals

**All Linens 1/2 OFF**

**659 South Poplar Street, Florence**  
(Conveniently Located in Downtown Florence Off Veterans Drive)

**256-718-0901 • Mon.-Fri. 10am-4pm, Sat. 10am-2pm**  
[www.facebook.com/SVDPFlorence](http://www.facebook.com/SVDPFlorence)

Visit [TNValleyStuff.com](http://TNValleyStuff.com)



**Family Times Thrift Store & DELI**

**3017 Jackson Hwy Sheffield • 256-712-8831**

Join for daily lunch specials served fresh from 11a.m.-2 p.m., starting at just \$6.99!

**We have weekly specials on all thrift items:**

- **1st Week of the Month:** Enjoy a whopping 50% off on all home decor items!
- **2nd Week:** It's \$1 Dollar Days, grab your favorites for just a dollar each!
- **3rd Week:** Spruce up your space with 30% off on all furniture, and snag stylish shoes at 50% off!
- **Last Week:** It's Bag Week! Fill a bag of clothes for a set price and revamp your wardrobe affordably!

**Come experience the joy of thrift shopping & indulge in delicious meals at Family Times Thrift and Deli. See you there!**

Don't forget the great deals on Mattresses...

FOLLOW US ON facebook

Open Mon-Fri 10am-6pm • Sat 10am-3pm • Closed Sun

# Breakfast on a bagel





**scan me**

**Deals you won't find anywhere else**

Download the McDonald's app to get exclusive deals just for you

**Earn points with every order**

Get more of what you love with MyMcDonald's Rewards. The more points you earn, the more rewards you'll unlock!



easterseals  
*taking on disability together*



Easterseals of Northwest Alabama started working with Ian Francisco after receiving a Job Shadowing referral from our partners at the Alabama Department of Rehabilitation Services (ADRS). After a short paid internship, Mr. Francisco interviewed for the permanent position and was hired. His employers report that he has proved to be an outstanding worker. This is just another example of how Easterseals of Northwest Alabama is successfully partnering with people with disabilities who are committed to working, achieving self-sufficiency, and filling the need of businesses for good employees.

**Community Spotlight brought to you by Martin Family McDonald's**







# CHAD'S PAYLESS PHARMACY, INC.

OUR FAMILY CARING FOR YOUR FAMILY

501 WEST COLLEGE ST.  
FLORENCE

256-766-3298

Audrey Cohenour Newton, PharmD • Frances Cohenour Heinze, PharmD

Flu, Covid, Shingles, Pneumonia, and RSV vaccines available. No appointment needed.



## Community Notes...

Continued from page 22

**The Annual Colbert County Domestic Violence Coalition Diaper Drive is underway** to help local families impacted by domestic violence. All sizes of new diapers, wipes, and pull-ups are being accepted at assorted locations throughout the county April 1-30. The healing place in muscle Shoals, Renaissance Antiques in Florence, Rio Grande Restaurant in Sheffield, Foodland Stores in Ford City, Elgin, Rogersville, Florence, and in Muscle Shoals (3413 Woodward Ave), Peoples Drug and Piggly Wiggly in Cherokee, Rain or Shine Laundromat in Florence, Studio 220 in Florence, Our Lady of the Shoals Catholic Church in Tuscumbia.

Monetary donations are also being accepted by mail at: CCDVRC - PO Box 454 Tuscumbia, AL 35674 or PAYPAL - Jenniferccdvr@gmail.com

The coalition meets on the second Tuesday of each month in the Helen Keller

Public Library at 12pm. Call 256-284-2284 for more information.

**AARP will be doing free taxes again this year at The Chapel** at 600 N. Columbia Ave in Sheffield. We will be open every Monday, Wednesday, and Friday from 9am-3pm. Appointments are preferred, by calling Kim at 256-483-2894.

**Shoals Artists Guild Meeting** Friday, April 19, 10am-Noon at the Southall-Moore House, next to the Kennedy-Douglass Art Center, Downtown Florence. For more info, contact Carolyn Wear, 256-710-6854

**Basstactix Alabama Tournament** at Riverfront Park in Sheffield on Saturday, April 20. To register or for more information, visit [www.basstactixalabama.com](http://www.basstactixalabama.com).

**Song Contest 2024 - Participants are now being accepted** for the VIP - Songwriters Hall of Fame Museum's Song Contest 2024.

We accept all genres of music. Examples: Rock, Pop, Country, Christian Rock, Contemporary Christian, Traditional Country, R&B, Blues, Alternative, Christmas, Comedy, Folk, Bluegrass, Love, Gospel etc...

Deadline to enter is May 1. To get an entry form mailed to you call 256-604-1435. Leave your name, phone number, address and age on the answering machine if you don't get an answer.

**Frontier Days featuring Chuckwagon Races** at Rattlesnake Saloon April 25-30. There will be a variety of games for kids of all ages. Come see the Full Rodeo, Bull Riding, Chuck Wagon Racing, Live Music, all sorts of vendors, and much, much more. For more information, visit [www.rattlesnakesaloon.net](http://www.rattlesnakesaloon.net).

See NOTES... page 31

# The Printed Word Lasts Forever.

Print is right here – now, an hour from now, a week from now, and a year from now. **PRINT IS NEVER GONE.**

Courier Journal readers have all week to look through and digest what is happening and who is selling products and services locally. They enjoy the opportunity of seeing what is going on in our community without intrusion. The Courier Journal has an assortment of ad programs that can fit any budget.

The Courier Journal's four advertising executives put a combined 65 years of local print advertising sales experience to work for you.

Judy Cox 256-740-4702 Heather Ridinger 256-740-4703  
Sadonna Magazzu 256-740-4704 Gregg Scott 256-740-4705

Over 40 Years Of Mailing Direct

Northwest Alabama by Direct Mail



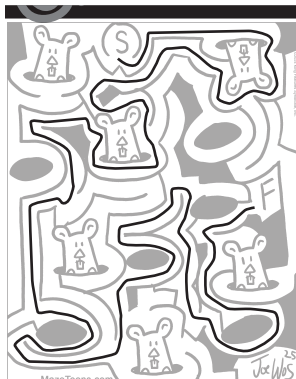
## Alabama Awnings Co., Inc.

Serving Since 1986



Free Estimates!!

256-767-1900 • 4617 Huntsville Road • Florence  
[www.alabamaawning.com](http://www.alabamaawning.com)

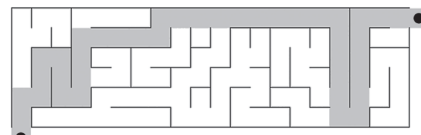


## Puzzle Whirl Answers

### Even Exchange answers

1. Tense, Terse
2. Candy, Cindy
3. Galley, Valley
4. Tiger, Tiber
5. Planet, Planes
6. Barter, Banter
7. Purse, Purge
8. Sailor, Tailor
9. Patty, Party
10. Clover, Closer

### Kids' Maze Solution



© 2024 King Features Syndicate, Inc.

**WORD LADDER**  
Answer  
PLATE, PLACE, PEACE,  
PEACH, REACH, REACT

**Word Spiral**  
Answer  
WALLPAPER

**MINI SUDOKU**

Answer

3	6	1	4	2	5
5	4	2	3	6	1
2	1	5	6	3	4
6	3	4	1	5	2
1	2	6	5	4	3
4	5	3	2	1	6





# Savvy SENIOR

## Recommended Vaccines for Medicare Recipients

Dear Savvy Senior,  
My husband and I recently turned 65 and would like to find out which vaccines are recommended and covered by Medicare?  
New Beneficiaries

Dear New,  
All recommended vaccines for adults, age 65 and older, should be covered by either Medicare Part B or Part D, but there are some coverage challenges you should be aware of. Here's a rundown of which vaccines are recommended by the Centers for Disease Control and Prevention (CDC) and how Medicare covers them.

**Covid-19:** Even though Covid-19 is no longer a public health emergency, it can still cause severe illness, particularly in older adults. Because the Covid virus continues to mutate, new vaccines are being developed to keep pace, so the CDC recommends that all seniors stay up to date with the latest Covid vaccines, including booster shots.

All Covid-19 shots are covered 100 percent by Medicare Part B.  
**Flu:** Considered an annual vaccination, most people of all ages receive flu shots in the fall when flu season begins. The CDC recommends seniors, 65 and older get a high-dose flu shot for extra protection beyond what a standard flu shot offers. The Fluzone High Dose Quadrivalent, FLUAD Quadrivalent and FluBlok Quadrivalent are your three options.

Annual flu shots are covered under Medicare Part B.  
**Pneumonia:** These vaccines help protect against pneumococcal disease, which can cause pneumonia, meningitis and other infections. The CDC recommends everyone 65 and older get a pneumococcal vaccine. There are several different vaccine options available, so talk to your doctor or pharmacist to find out which is best for you or visit the CDC's Pneumococcal Vaccination webpage at [CDC.gov/vaccines/vpd/pneumo/public/index.html](https://www.cdc.gov/vaccines/vpd/pneumo/public/index.html).

Medicare Part B covers both single dose and two-dose pneumococcal shots once in your lifetime.  
**Shingles:** Caused by the same virus that causes chicken pox, shingles is a painful, blistering skin rash that affects more than 1 million Americans every year. All people over age 50 are recommended to get the two-dose Shingrix vaccine, which is given two to six months apart, even if you previously received Zostavax. In 2020, Shingrix replaced Zostavax, which is no longer available in the U.S.

All Medicare Part D prescription drug plans cover shingles vaccinations, but coverage amounts, and reimbursement rules vary depending on where the shot is given. Check your plan.

**Tdap:** Tetanus, diphtheria, and pertussis (whooping cough) are diseases caused by bacteria that can lead to serious illness and death. Therefore, a one-time dose of the Tdap vaccine is recommended to all adults. If you've already had a Tdap shot, you should get a tetanus-diphtheria (Td) booster shot every 10 years.

All Medicare Part D plans cover these vaccinations.  
**RSV:** Respiratory syncytial virus (RSV) can lead to pneumonia or bronchiolitis and can worsen other chronic conditions common among older adults, such as asthma and chronic obstructive pulmonary disease (COPD). The CDC recommends all adults, age 60 and older, talk to their doctor about getting one of the RSV vaccines (either Arexvy or Abrysvo), usually in the fall and winter months when the virus is most prevalent.

Most Medicare Part D plans cover the RSV vaccine, but not all. If your plan doesn't cover it, you can ask for a coverage exception. You can also pay for the shot out of pocket and then follow-up with your plan to get reimbursed. If you pay for the shot upfront, your plan must pay you back.

**Other Vaccinations**  
There are other vaccines you may need depending on your health, lifestyle or travel plans. To help you get a handle on which ones are appropriate for you, take the CDC's What Vaccines Do You Need? quiz at [www2.cdc.gov/nip/adultimmsched](https://www2.cdc.gov/nip/adultimmsched). Also, talk to your doctor during your next visit about what vaccinations you should get.

Send your senior questions to:  
Savvy Senior,  
P.O. Box 5443,  
Norman, OK 73070,  
or visit [SavvySenior.org](https://SavvySenior.org).  
Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



## Notes...

Continued from page 30

**Alice in Wonderland**, a play based on the classic by Lewis Carroll, will be presented in two public performances, 2pm and 6pm, on Saturday, April 20 at Ritz Theatre in Sheffield.

As the curtain rises, Alice slides into view at the end of her long fall down the rabbit-hole. It is a more delightful place for the audience than for Alice, who is trying desperately to get back home. She tries to get help from the Mad Hatter, the Rabbit, and from the very nice Cheshire Cat. The play is long enough to contain the most delightful incidents but short enough to keep audience attention. Run time is approximately 45 minutes.

This is a Time Out for Theatre production at the Ritz, and there will be school field trip productions throughout the week. Tickets for Saturday are \$10. Children in lap (ages 0-2) are free. Tickets are available online or by calling 256-383-0533. [www.tennesseevalleyarts.org](http://www.tennesseevalleyarts.org)

**The 55th Anniversary Fundraiser Concert at Muscle Shoals Sound Studio** on April 26 promises to be an unforgettable night. Join with friends at 7pm at Muscle Shoals Sound, 3614 Jackson Highway in Sheffield, for a celebratory concert featuring the band Hippies and Cowboys. More fantastic acts will be announced as well. Enjoy the evening with food trucks, vendors, and special MSSS merchandise available throughout the event. This event is part of the initiative to keep the studio running for another 55 years and beyond! For more information, visit [www.muscle ShoalsSoundStudio.org](http://www.muscle ShoalsSoundStudio.org).

**The 20th Annual Swampers 5K & 1 Mile Run/Walk** takes place Saturday, April 27 at the Muscle Shoals Middle School Gym, benefitting the Shoals Civic League. The 5k starts at 8am, the 1 Mile Fun Run/Walk begins at 9am. Packet pickup is Friday, April 26 from 4:30-6:30pm at the gym and Saturday morning. All runners will receive a t-shirt and all 5K finishers and kids 12 and under in the 1 Mile will receive a custom finishers medal. For more information, call 256-320-7490, email [runnerdude413@aol.com](mailto:runnerdude413@aol.com), or visit [www.swampers5k.com](http://www.swampers5k.com).

**Earth Month Wrap-up is April 27** - Spring is one of the best times to visit Cane Creek Canyon Nature Preserve, at 251 Loop Rd in Tusculumbia. The waterfalls are flowing and the wildflowers are blooming. On April 27, we will wrap up Earth Month by celebrating this extraordinary property with a day of hiking, wildflowers, food, and music! While the preserve will be open at 7am as usual, there will be special events throughout the day. For more information, visit [www.landtrustal.org](http://www.landtrustal.org).

**Birding Day at the Tennessee Valley Museum of Art**, 511 N Water St, in Tusculumbia on Saturday, April 27 Join Colbert County Tourism as they host a "Day of Birding" in conjunction with Alabama's 2024 Year of Birding. There will be an assortment of family-friendly crafts and activities on the grounds of the TVMA as well as free admission to the museum. Information: 256-383-0783

**The 26th Annual Shoals-Area Special Olympics Charity Golf Tournament** is accepting players and sponsors for the event on April 22 at Turtle Point Yacht and Country Club! We're seeking players and sponsors to support this wonderful cause. Tee off for a day of fun and philanthropy. Sign up now and make a difference on the green! Contact Marla at 256-710-0232 for details or learn more and register online at [martinsupply.com/golf](http://martinsupply.com/golf).

**The 2024 Colbert County Sports Hall of Fame class** will be inducted Friday, April 19 at 7pm. The Ritz Theatre in downtown Sheffield will host the event. This year's honorees are Kenny Aycock, Ashleigh Bowens, Bo Carter, Dominique Croom, Wayne Evans, Marcus Hill, Jasmine Horne, Hal Hughston, Jason

Pruitt, Lane Roland, and Blair Woods  
Tickets are \$10 and will be available at the door. For more information, contact Leroy Willis 256-412-2184.

**Senior Meals on Weekdays at 11:30am** at The Club, 450 Country Club Road in Florence. \$1 donation

**GLASS DINING ROOM TABLE.** Large heavy glass top, iron base 96x60. \$275. 615-972-9266 Killen

**WILL BUY PROPERTY**  
Pay Cash 24 hrs.  
Call Rick 615-545-9445

**AUTOMATIC GATES, ALARMS AND CAMERAS**  
[fullhomesecurities.com](http://fullhomesecurities.com)  
866-540-4283

**MANSELL ROOFING**, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**ROOF REPAIR** at an affordable price. Free estimates. Call 256-668-5807

**WE BUY RIDING MOWERS**, John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**SKID STEER WORK**, Mini-X Work, Dirt Work, Mulching, Clean-up Work, Excavating, Water line installation. No job too big or too small. Licensed & insured. Owner/Operator Vince Lewis 256-710-7085



# SPEEDY LEGAL, LLC

“PROVIDING COST EFFECTIVE SOLUTIONS TO SELECTED LEGAL PROBLEMS.”

## CHAPTER 7

# Bankruptcy \$850\*

INCLUDES ALL FEES\*

## 256-335-6500

### 2210 Helton Drive • Florence

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

Fewer Items on our Ad are Due to Warehouse Help and Supply Shortages



Where We Don't Leave You Holding The Bag

This Ad Good April 10-16, 2024

## Big Star

Co. Rd. 47, St. Florian

256-764-0245



Quantity Rights Reserved. None Sold To Dealers.  
We Welcome WIC & Food Stamp Shoppers

<p style="font-size: 0.8em; font-weight: bold;">MTN. DEW, SUNKIST OR PEPSI</p> <p style="font-size: 0.7em;">6 PK. 1/2 LITERS</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">3/\$11</p>	<p style="font-size: 0.8em; font-weight: bold;">MTN. DEW, SUNKIST OR PEPSI</p> <p style="font-size: 0.7em;">2 LITERS</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">3/\$5</p>	<p style="font-size: 0.8em; font-weight: bold;">BONELESS COUNTRY STYLE RIBS LB.</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">\$1.99</p>	<p style="font-size: 0.8em; font-weight: bold;">SMITHFIELD SEASONED TENDERS</p> <p style="font-size: 0.7em;">19.2 OZ. PKG.</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">\$5.99</p>
<p style="font-size: 0.8em; font-weight: bold;">SUGARDALE HOT DOGS</p> <p style="font-size: 0.7em;">12 OZ. PKG.</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">\$1.39</p>	<p style="font-size: 0.8em; font-weight: bold;">JIMMY DEAN MILD SAUSAGE</p> <p style="font-size: 0.7em;">1 LB. PKG.</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">\$3.99</p>	<p style="font-size: 0.8em; font-weight: bold;">MAYFIELD SELECT ICE CREAM PINT</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">2/\$4</p>	<p style="font-size: 0.8em; font-weight: bold;">IDAHO POTATOES</p> <p style="font-size: 0.7em;">4 LB. BAG</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">2/\$3</p>
<p style="font-size: 0.8em; font-weight: bold;">FRESH STRAWBERRIES</p> <p style="font-size: 0.7em;">1 LB. CONTAINER</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">2/\$4</p>	<p style="font-size: 0.8em; font-weight: bold;">GENERAL MILLS BUGLES OR CHEX MIX</p> <p style="font-size: 0.7em;">7-8.75 OZ. BAG</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">2/\$5</p>	<p style="font-size: 0.8em; font-weight: bold;">BOUNTY ESS. PAPER TOWELS</p> <p style="font-size: 0.7em;">6-8 ROLLS OR ANGEL SOFT BATH TISSUE 8 MEGA ROLLS</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">\$5.99</p>	<p style="font-size: 0.8em; font-weight: bold;">NATURAL LIGHT BEER</p> <p style="font-size: 0.7em;">15 PK. 12 OZ. CANS</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">\$10.99</p>

Come visit us for more great specials! Like Us On Facebook Check Facebook for Daily Specials

We're Home Owned & Home Operated! Thanks For Shopping Big Star!



# PET SUPPLIES PLUS

Minus the hassle.



**LIMITED TIME OFFER**  
**10% off**

Any Full Service Groom or Bath and Brush

Removing loose undercoat hair makes your pet more comfortable and helps keep their coat and skin healthy.



[petsuppliesplus.com/grooming](https://petsuppliesplus.com/grooming)

Grooming salons available in select stores only.

**\$10 off** when you spend \$70 or more on grooming services

Valid for Rewards members thru 4/24. [petsuppliesplus.com/exclusions](https://petsuppliesplus.com/exclusions)

Book Now

Enter **890M4** at checkout

Special Offer: For a limited time, bring this ad to any Pet Supplies Plus Grooming Salon and receive **10% off** of your dog's grooming session! Experience the difference with our skilled groomers who are passionate about pets and dedicated to providing the highest level of care. PLU:82000



**Everyday Low Price**  
**\$59.98**  
Seresto flea & tick collars

save \$10  
**\$57.98**  
Advantage II  
4 ct. pkg

save \$10  
**\$39.98**  
NextStar  
3 ct. pkg

## Biggest Rewards offer ever!

Earn **\$5** in rewards for every \$40 spent

spend & save  
**20% off**



spend \$50, save 20% on Hill's Science Diet Dog Food

Enter **89Z11** at checkout



spend \$35, save 20% on Hill's Science Diet Cat Food

Enter **89Y90** at checkout



Present coupon in store valid 4/24/, use code for online purchases. View all exclusions at [www.petsuppliesplus.com/exclusions](https://www.petsuppliesplus.com/exclusions)

**Muscle Shoals** 519 W. Avalon Ave. 256-383-4320  
**Florence** 244 Seville St. 256-760-7000



**UNITED BENEFITS**

**WHEN WE UNITE, YOU BENEFIT.**

## IS YOUR CD RENEWING SOON? OR ARE YOU LOOKING FOR A BETTER RATE?

CONSIDER A MULTI-YEAR GUARANTEED ANNUITY OVER A CD FOR TAX-DEFERRED ADVANTAGES

A multi-year guaranteed annuity is a fixed annuity that offers a guaranteed fixed minimum rate for a period time. Annuities are lower-risk insurance contracts with tax benefits.

CALL US AT **256-367-8368** TO LEARN MORE

### Best Rates Today\*

2 Year	5.25%
3 Year	5.90%
5 Year	5.75%
10 Year	5.60%

### FIXED ANNUITIES vs. CDs

Benefit	Fixed Annuities	CDs
Guaranteed Income Stream	Yes	No
Tax-Deferred Growth	Yes	No
Penalty-Free Withdrawals	Yes, some	No
Bypass of Probate	Yes	Yes
Principal Protection	Yes	Yes
Insured Growth	Yes (by the issuing company)	Yes (by the FDIC)
Fees	No	No

## Questions about Multi-Year Guaranteed Annuities?

Learn more about annuities that are available to you by scanning the QR code or calling us at 256-367-8368.



\*Rates may require minimum deposit and suitability approval. Subject to change daily.