

JAMES CLINGMAN
GUEST EDITORIAL
BY
JAMES CLINGMAN
"I" versus "We"
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**ATTENTION
WILLISTONIANS!!**

The Star News is publishing 100-200 word remembrances by Willistonians. If you have an experience or would like to share an expression of what Williston meant to you, please email it to si.cantwell@starnewsonline.com by June 17th. They will be published either in the paper or on its website.

Thank You.
Linda Pearce Thomas

**BRUNSWICK
COUNTY UPDATE**



BERNEST HEWETT

Juneteenth

BY BERNEST HEWETT
CONTRIBUTING WRITER

Juneteenth is being celebrated all over the United States. It is supposed to be the time when the Union soldiers rode into Texas and told slaves and slave owners that the Civil War was over and that the Union Army had won. Also, the notice was given that there would be no more slavery. They were put on notice that, as slaves owners, they had to let Blacks out of bondage.

Slavery was over by law, but Blacks has been in a form of slavery ever since. Now we find our poor Whites and Hispanics being

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THE WILMINGTON JOURNAL

News from the African American perspective without fear or favor

VOLUME 88/No. 24

JUNE 11-JUNE 17, 2015

FIFTY CENTS

NEWS ANALYSIS

NC GOP elects first Black chairman

BY CASH MICHAELS
OF THE WILMINGTON JOURNAL

The new chairman of the North Carolina Republican Party, Hasan Harnett, is blunt as to why he feels he is the right leader for right now.

"We have a lot of work to do going into 2016," the Cabarrus County native stated on his website. "We can crush the Democrats next year if we have a plan, and proper leadership to fulfill that plan."

Indeed to read many of Harnett's writings online, or listen to his many speeches, one has to be impressed with his aspirational vision.

"Success is never an accident. It is always the result of a commitment to excellence, planning, and focused effort," Harnett once wrote. It is hard to believe, after seeing, hearing and reading the 39-year-old small business

owner, former All-American track star, and former campaign manager for failed 12th District Congressional candidate and black conservative Vince Coakley, that the Republican elected power structure - Gov. McCrory, senators Burr and Tillis, and even GOP leadership in the state Legislature - were all against his election as party chairman, instead endorsing establishment party loyalist Craig Collins of Gastonia.

Delegates, like blogger John Gjertsen, resented the idea of party leaders handpicking their choice, and charging them \$75.00-a-head to just ratify it. So they took a closer look at Harnett.

"His outspoken Christian values are good for the party, offering a much-needed perspective on the empty promises of excessive government," wrote Gjertsen.

Last Saturday during the annual NC

Republican Party Convention in Raleigh, Harnett attracted an impressive base of delegate supporters who, once a third candidate dropped out, swung his way, giving him a 700 to 562 victory over Collins that was not supposed to happen.

In that moment, history was made, and Hasan Harnett, who also served at the state GOP's minority outreach director, was elected the first black chairman of the NC Republican Party for the next two years.

"Congratulations to Hasan Harnett for his election as the new chairman of the North Carolina Republican Party," said outgoing NC GOP Chair Claude Pope, who did not run for re-election. "As a former campaign manager and outreach director, Hasan has the right experience to raise the funds necessary



NC GOP CHAIR HASAN HARNETT

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CONTRIBUTED GRAPHIC

Juneteenth is the oldest celebration of the ending of slavery.

Educating, emancipating, empowering, and energizing our communities

SPECIAL TO
THE WILMINGTON JOURNAL

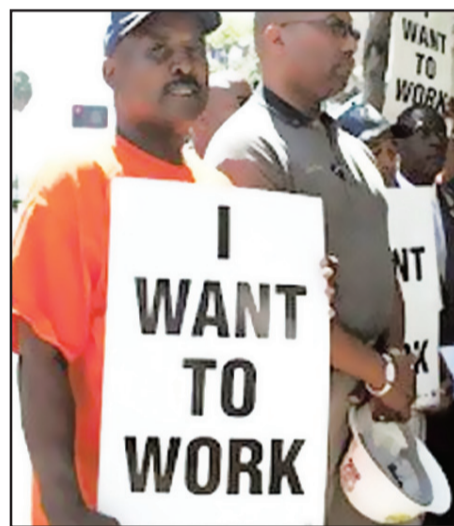
The Juneteenth Committee of Wilmington, NC, Inc., along with the Tauheed Islamic Center and the City of Wilmington, is once again preparing for the Annual Juneteenth Festival. This year the focus is the family Reunion Festival and Celebration. Sponsors want to bring together families to not only share in the Festival but have a Family Reunion at the Festival. The celebration of

Juneteenth is a time for assessment, self-improvement and for planning for the future. In honor of tradition, the Juneteenth Family Reunion and Festival Celebrations will be hosted at The Robert Strange Park, located next to the Martin Luther King Center, 401 S. 8th St. Wilmington, N.C. 28401 on June 20, 2015, starting at 10:00 a.m. to 6:00 p.m.

WHAT IS JUNETEENTH?

Juneteenth is the oldest known celebration

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The jobless rate for Black men over 20 years-old leaped a full percentage point from 9.2 percent in April to 10.2 percent in May.

Black unemployment rises

BY FREDDIE ALLEN
NNPA SENIOR WASHINGTON
CORRESPONDENT

WASHINGTON (NNPA) - After falling into the single digits in April, the Black unemployment rate increased to 10.2 percent in May, according to the latest jobs report from the Labor Department.

The national unemployment rate also increased from 5.4 percent in April to 5.5 percent in May. Most economists attribute the slight uptick in the jobless rate to the fact that more workers, nearly 400,000 by Labor Department estimates, entered the labor market last month. The national labor force participation rate, the share of the population that either has a job or is currently looking for one, crept up to 62.9 percent from 62.8 percent the previous month. The number of Blacks in the labor force also increased, but the partici-

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Governor pardons Brown and McCollum

BY CASH MICHAELS
OF THE WILMINGTON JOURNAL

Nine months after a Superior Court judge declared them innocent of 1983 rape and murder charges that sent them to prison over thirty years ago, Gov. Pat McCrory pardoned Leon Brown and his half-brother, Henry McCollum. The pair had been released

last September, but were legally unable to apply for state compensation until the governor issued pardons of innocence. They had been falsely convicted of the rape and murder of an 11-year-old girl in Red Springs. Prior to his release, McCollum was the longest serving inmate on death row. A reinvestigation of the case revealed DNA that belonged to a known rapist who lived close to the murder scene.



LEON BROWN AND HENRY MCCOLLUM.



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GOP LEADER

Continued from Page 1

to grow our grassroots army and lead our party to even greater electoral victories."

Even national GOP presidential candidates like Sen. Rand Paul [R-Kentucky] sent regards.

"Congratulations to @HasanHarnett on his victory! I look forward to working with him and the @NCGOP in the near future," tweeted Sen. Paul.

Published reports say that Harnett, who had been campaigning for leadership slot since January and made over 4,000 personal telephone calls soliciting support, attracted much of the Tea Party and Libertarian vote to his side, which means that party leaders may have a problem dictating terms to the new party leader.

If some of the posts on local conservative websites are any indication, grassroots conservatives are hailing Harnett's election as a definitive break from "the establishment" of McCrory, Burr and Tillis, and the lobbyists that conservatives allege control them.

"The Republican establishment already has the short knives out for him," wrote one

poster named "Cotton" at the "jonesandblount.com" blogsite. "He is being warned that he had better lay hands on the GOP treasury quickly, before it is looted by the establishment. Likewise, they are planning quick rule changes that will forbid him from firing their cronies that are on the NCGOP staff."

"The icing on the cake is that they are also appealing to their corrupt, big money donors to send their money to establishment PACs instead of the party. These clowns are real villains and need to be purged."

Another poster named "Republican Wildcast" called Harnett "a Tea Party favorite." Others have urged him to immediately conduct an audit before state party funds are secretly moved.

Clearly, party unity going into an important election year will be one of Harnett's tasks.

As state Republican Party chairman, Harnett's job boils down to raising as much money as possible for GOP candidates, and then getting those candidates elected.

During his campaign for the post, Harnett, who once called himself a "servant-leader" and "constitutional conservative," cited the need for the Republican Party in North

Carolina to be "re-invigorated," even though the party dominates both houses of the NC General Assembly, occupies the Governor's Office, and dominates the Congressional delegation and owns both US Senate seats.

He also called for the party to "listen to the grassroots" and hold itself "accountable."

During the candidates forum sponsored by the Lee County Republican Party last month, Harnett told attendees that even though Republicans hold the majority in state government, they shouldn't stop there.

Harnett said that the Democrats have a "well-oiled machine" and he accused them of "swooping in an stealing votes" in various neighborhoods, according to a video of his remarks on Youtube.

He also that across the nation, "...the liberal agenda" has people "turning their backs to God." During an April online interview on the program "The Recap," Harnett urged Republicans to "...fight to stand up against evil," though he didn't go further in defining exactly what "evil" he was referring to.

In his campaign videos, Harnett espouses traditional Republican values of low taxes, limited government, free markets and Second Amendment

gun rights. Married with three children, Harnett also espouses the importance of God to the Republican Party, again suggesting that Republican values are closer to biblical teachings than Democratic Party policies.

Clearly, as chairman, Harnett's top priority is fortifying North Carolina's GOP for the 2016 gubernatorial and presidential elections. With a Republican Gov. Pat McCrory vulnerable and a public increasingly unhappy with the direction the Republican-led General Assembly is going, Harnett's work will be cut out for him.

But his biggest challenge may be the one thing his very election symbolizes, namely broadening the base of the North Carolina Republican Party.

Even one of his interviewees stated that the GOP was known to be a party dominated by "old white men," and that persona needed to be changed in order for more people of color and women to join. Harnett has made it clear during his campaign for chairman that he sees broadening the party as one of his priorities beyond raising money and electing candidates.

The problem is where Harnett's party is on issues like

voting rights, Medicaid, health care and criminal justice. More times than not, the Republican Party is seen as an adversary to policies that were born out of the 60's civil rights movement, and have helped bring about a degree of equality in areas where African-Americans were previously locked out.

The Carolinian left word at the NC Republican Party and Harnett's campaign for comment, but did not hear back from him by press time Wednesday.

How Harnett convinces the black community that the Republican Party has its best interests at heart, all the while supporting GOP efforts to restrict voting rights, eliminate Medicaid and Obamacare, and clear the way for more guns to be on the streets, will perhaps be his ultimate challenge.

Pointing to his election as a "good start," Harnett added, "...there's much more work to be done."

"Our focus is to defeat the Democrats and the Clinton machine in 2016," Harnett wrote in a letter of thanks to his supporters after his victory. "As I said in my speech, teamwork makes the dream work. The Republican Party is the only party to keep the American dream alive."

UNEMPLOYMENT

Continued from Page 1

pation rate was steady at 62 percent, compared to the White labor force participation rate, which rose from 62.8 percent in April to 63 percent in May.

The White unemployment rate hasn't budged since February 2015 and in May it was still 4.7 percent. And while the share of the Black population that held a job, also known as the E-POP ratio, fell from 56 percent to 55.7 percent, the E-POP ratio showed a thin increase among Whites (59.9 percent in April vs. 60 percent in May).

The jobless rate for Black men over 20 years-old leaped a full percentage point from 9.2 percent in April to 10.2 percent in May and the participation rate for Black men decreased from 68.7 percent in April to 68.5 percent in May. During the same period, the unemployment rate for White men fell from 4.4 percent to 4.2 percent in May. The labor force rate for White men was steady month over month at 72.2 percent.

The jobless rate and the labor force participation rate for Black women over 20 years-old didn't budge in May and were 8.8 percent and 61.9 percent, respectively. Meanwhile the unemployment rate for White women ticked up to 4.3 percent in May from 4.2 percent in April and the participation rate dipped to 57.3 percent from 57.6 percent in April.

Although economists often

caution against drawing long-term conclusions based on one month's jobs report, the Black jobless rate is still nearly double the national rate a trend that has continued for decades.

As the recovery continues, economists also continue to search for reasons why hourly wages haven't improved more as the labor market tightens and the national unemployment rate falls toward pre-recession levels.

A recent report by the Center for Popular Democracy (CPD), a national group that advocates for social, racial and economic justice, pointed to Federal Reserve policies that seem to favor Wall Street over Main Street.

"The Federal Reserve's focus over the past 35 years has been on price stability, or tamping down inflation," said the CPD report. "While this focus is good for Wall Street, it has resulted in wage stagnation for most workers on Main Street."

The report also said that wages have been stagnant or falling for the vast majority of workers since 2000.

The report continued: "While at the median, wages for white workers have risen only 2.5 percent in 14 years, African-American workers have seen a wage cut of 3.1 percent over the same period."

The CPD report recommended that the Federal Reserve support policies that build a "full employment economy," keep interest rates low for cities and states to encourage investments in infrastructure, and focus on policies that can help to grow a stronger middle class.

In a recent blog post on job growth and wages, Elise Gould, a senior economist at the Economic Policy Institute, said that if the economy added 280,000 jobs a month, the jobs gap would be closed by August 2016, but if the economy only added 207,000 jobs per month, the most recent three month average, "at that pace, we wouldn't return to pre-recession labor market health until April 2017."

In a statement about the Labor Department's jobs report, Chad Stone, the chief economist for the Center on Budget and Policy Priorities, a nonpartisan think tank that studies how budget decisions affect low-income families, that

even though many of the labor market indicators have recovered since the Great Recession, it's still too early for the Federal Reserve to raise interest rates.

"By testing whether it can push unemployment lower - rather than play it safe to avoid any risk of inflation - the Fed could bring more workers back into the labor force, help more long-term unemployed find work, and begin to generate solid wage gains for most workers," Stone said in the statement.

The Federal Reserve shouldn't even think about raising interest rates until 2016, Gould said because the recovery is still lukewarm and wages are mostly flat.

Connie Razza, the director of strategic research for the Center for Popular Democracy (CPD), a national group that advocates for social, racial and economic justice, echoed those concerns.

In a press release about the jobs report, Razza said that unemployment among women and people of color is disproportionately high and that "many of those who have found work remain underemployed, underpaid, and unfairly scheduled."

Razza continued: "Against this backdrop, the next steps for the Federal Reserve are clear: The Fed should keep

interest rates low to let the economy continue its recovery, which will lead to more jobs and higher wages. This is the only monetary policy option that supports an inclusive recovery."



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BRUNSWICK

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trapped by and made slaves for the upper class, those who can buy elections and control the people around them. Although slavery ended in January 1865, we find a governing body which has perfected slavery to its upmost and now has brought it back to the people of the United States in unjust laws that slowly take away our rights. These people have spent millions on wars, with no thought but would like for people to believe that poor people, the elderly, sick, Blacks, and poor Whites are bringing down the United States.

"We the people of the United States, in order to form a more perfect union, establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessing of liberty to ourselves and our posterity, do ordain and establish this Constitution for the United States of America."

What happened to this constitution which said, "We as a nation are going forward and build a country for all, which would, among other things, establish justice for all"? Bernest L. Hewett is President of the Brunswick County Branch of the NAACP

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US FOURTH CIRCUIT RELEASES PITT COUNTY FROM DESEGREGATION ORDER

[GREENVILLE] After over 40 years of federal government oversight, the US Fourth Circuit Court of Appeals has released the Pitt County Public School System from a

1965 desegregation order. By a 2-1 decision, the appellate court was satisfied that Pitt County had successfully integrated its schools. Judge James Wynn, the dissenting opinion, wrote that he was not as satisfied with what progress Pitt County has made, and felt that it needed more time. 170,000 residents, 34 percent of whom are black, live in Pitt County. 24 percent live at, or below the poverty level, higher than the

state average. 48 percent of school students there are black, and 60 percent of the school population is at free and reduced lunch.

OVER 30 POSITIONS CUT AT ELIZABETH CITY STATE UNIVERSITY

[ELIZABETH CITY] By order of the UNC Board of Governors, Elizabeth City State University has cut \$2.8 million from its budget for the coming year, effectively

eliminating 34 positions at the 124-year-old historically black UNC System campus. Some of those positions affected were already vacant, university officials note. Enrollment continues to drop at ECSU, falling below 1,900 for the fall. The school, which has cut \$5 million from its budget over the past three years, will further save money with less technology maintenance and better energy usage.

MOORE COUNTY REINSTATES SUPT. AFTER FIRING

[CAMERON] It's a strange story that continues to get stranger. Days after the Moore County Board of Education fired a tearful School Supt. Robert Grimesey for reasons unknown, followed then by three members who voted for the termination resigning afterwards, the five remaining board members on

Monday voted 4-1 to rehire Grimesey amid angry teachers and parents. Following that vote, yet a fourth member of the school board resigned, saying that the original termination was justified. The Moore County School Board is now seeking four new members.

COMPILED BY CASH MICHAELS

JUNETEENTH Continued from Page 1

marking the ending of slavery in the United States. It is dated back to June 19, 1865

when Union soldiers, led by Major General Gordon Granger, arrived at Galveston, Texas spreading the news that the war had ended and the slaves were free. This occurred nearly 2

1/2 years after President Lincoln's Emancipation Proclamation, which became official on January 1, 1863. The celebrations that followed the reading of the proclamation by

General Gordon Granger began a tradition that has lasted over One hundred-thirty years. Today Juneteenth recognizes African American freedom and emphasizes education and achievement. It is a time for communities to come together for reflection and rejoicing. In cities across the country, people of all races, nationalities and religions are joining hands to truthfully acknowledge a period in history that shaped and continues to influence our society today.

The Juneteenth Committee, along with the City of Wilmington, presents the following events throughout the year.

February--The Juneteenth Black History Quiz Bowl co-sponsored by the

Upperman African American Center. Teams compete on African American history categories such as Education, Science, and Entertainment. 1st, 2nd and 3rd place prizes are awarded.

March--Juneteenth Gospel Fest Choirs, groups and individuals come together and share their talent in songs in an uplifting Gospel program. And Juneteenth Dance Extravaganza featuring various individuals performing Dances from Slavery to the Present, along with the History of Dance. A trophy is given to the best performance.

June--Juneteenth Festival-The festivities are open to the public and include vending, free entertainment, games and food and various vendors. Contributions are requested

to assist in obtaining resources such as monetary donations, vendors, entertainment or informative materials relative for human advancement for this event.

The events are designed to reach communities through reaching all ages and individuals.

Sponsors will receive recognition at the festival for their efforts. This is a nonprofit 501(C) 3 tax-exempt organization, and will provide a Receipt of Donation form will be provided to substantiate contributions for tax purposes. Plans are to utilize any proceeds from this event toward planning for next year's Juneteenth Celebration and a multitude of the cultural events and activities listed above for the entire community.



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721 Castle Street
Wilmington, North Carolina 28401



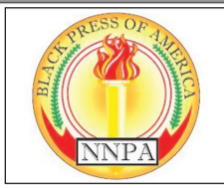
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THE WILMINGTON JOURNAL

The Wilmington Journal was founded on the principle of the Black Press Credo. The Black Press believes that America can best lead the world away from racial and national antagonism when it accords to every person, regardless of race, color or creed, full human and legal rights. Hating no person in the firm belief that all are hurt as long as anyone is held back.

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Our Voice

BLACKONOMICS "I" versus "We"

"I" In the Northern states, we are not slaves to individuals, not personal slaves, yet in many ways we are slaves of the community...It is more than a figure of speech to say that we are a people chained together. We are one people - one in general complexion type, one in degradation, one in popular estimation. As one rises, all must rise, and as one falls all must fall. Having now, our feet on the rock of freedom, we must drag our brethren from the slimy depths of slavery, ignorance, and ruin. Every one of us should be ashamed to consider himself free, while his brother is a slave." Frederick Douglass

One conclusion I have drawn from working in the collective economic empowerment vineyard for years is that "We" fail because "I" gets in the way. Black folks adore the statement, "I am because we are, and because we are, therefore, I am." Oh, if we would live by that statement rather than merely recite it. Frederick Douglass and other ancestors knew they were all in this thing together, and that no Black man or woman would rise without the rest of us rising. Have we come so far since his time that we no longer believe in the collective? Have we achieved so much and risen so high as individuals that we have lost sight of our brothers and sisters?

Considering how we are so into words these days, I thought it appropriate to offer a change in how we perceive and use the word "We." Each of us should adopt the thought that there is an "I" in "We" and realize, as our forefathers and mothers did, no matter the level of anyone's individual success, he or she is still included in the "We." That way we can eliminate much of the ego that tends to separate us from one another.

The "I," when it stands alone, is dangerous. It is rife with self-aggrandizement, self-delusion, vulnerability, and sometimes self-destruction due to its tendency to make an individual think his or her success was obtained without the help of anyone else. But add the "I" to the word "We" and watch what happens. The "I" is still successful, and it uplifts the "We" by its individual success.

The "We" is strong. It overflows with self-reliance, self-determination, love, trust, respect, and cooperation. The collective aspects of success, whether one person attains it or everyone in the group attains it, fills the "We" with pride and the "I" with strength to do even more. Thus, I would assert to you that there is an "I" in the word, "We;" it's a small "i" and it's silent.

The "I" is silent, not in the sense that it never speaks out or never does anything for itself as an individual, but rather it appreciates and respects the "We" so much that it is willing to make individual sacrifices to uplift the "We." Just as Frederick Douglass said, "As one rises, all must rise..." He understood his obligation to his people and acted upon it, irrespective of the fact that he had attained tremendous success and was "accepted" in social and political circles in which his brothers and sisters were rejected. Jackie Robinson said, "We might make it as individuals, but I think we have to be concerned about the masses of [Black] people." Both men understood the inside-outside game quite well.

While Douglass was unwilling to do what Harriet Tubman and John Brown did, he knew Black people needed a spokesperson, a protest organ, and he was not afraid to tell it like it was and speak truth to power, as he did in his newspaper, The North Star and his famous July 4th speech: "What is it to me?" he asked. Although Douglass was an "inside" man, he heaped praise on "outsider," Harriet Tubman, in a written tribute to her: "I have had the applause of the crowd and the satisfaction of being approved by the multitude, while the most that you have done has been witnessed by a few trembling, scarred, foot-sore bondmen and women, whom you have led out of the house of bondage."

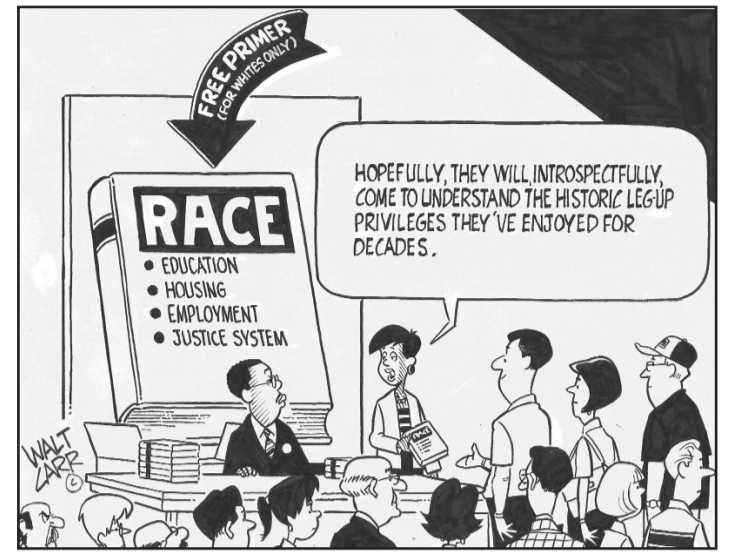
The inside-outside strategy worked well for those two stalwarts and with many other historical figures. What about us today? Are those on the inside so comfortable that they think they are not vulnerable to the same treatment the outsiders are receiving? Are the outsiders so envious of the "success" of the insiders that they spend their waking hours trying to bring the insiders down?

If we adopt the notion that there is, indeed, an "i" in "We," the battles Black people are fighting in this country will be won. Group ego beats individual ego any day. To remind us, let's change the spelling of "We" to "Wie."

Jim Clingman, founder of the Greater Cincinnati African American Chamber of Commerce, is the nation's most prolific writer on economic empowerment for Black people. He can be reached through his website, blackonomics.com.

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Visual Voice



Matters of Opinion

Dudley Williams and the beauty of discipline

Offhandedly, I can't tell you the titles of most of the dances I saw Dudley Williams, the incomparable artist who danced with the Alvin Ailey American Dance Theater company for more than 40 years, perform. And I've no knowledge of the lexicon of dance criticism; so I can't explain in critical terms what this or that particular movement he performed means.

But I've long known why I've always been awed by the work of Williams, who died last week at 76. It was the commitment to discipline his work conveyed.

Of course, Williams was one of the great artists - in any field - of our time. The riveting expressiveness in his every movement on stage enabled us to explore the beauty of movement and of its opposite: a stillness that nonetheless channeled piercing emotion. To me, his surpassing gifts were the product not only of an extraordinary artistic sensibility and training and contemplation. They were also the product of an elemental commitment

to physical and mental rigor. I admit I've long been attracted to discipline, in part because even as a child I felt I lacked it. No focus - that was me, mentally meandering this way and that until I became involved in two quite different activities in my early adolescence.

One was joining a church-based "freedom choir" in my Northern city that had direct links with civil rights activists in the South. That helped me to understand the tremendous, soul-fortifying discipline nonviolently confronting the evil of Jim Crow required. The second was my joining a summer track and field club coached by a strict disciplinarian. He had developed some of the nation's fastest schoolboy sprinters and hurdlers of those years. The workouts - that were just short of grueling - he routinely put us through, and the sense of competence I felt in completing them produced a momentous change in me: I grew to love working hard.

In other words, the combined effect of those two activities led me to realize that a positive allegiance to working to the best of one's ability is actually the determination to meet the challenges of the present and future.

That, in turn, led me to see

that quality in the actions of people all around me: In the neighborhood activists, who were dedicating their lives to improving our community. In my sophomore-year high school Latin teacher, who helped me understand that a disciplined approach to the language was the key to understanding its beauty. In my parents, and those of many of my friends, whose clairvoyance in seeing the coming expansion of opportunity across the Color Line fueled their preparing their children to take advantage of it.

Words once spoken by the Olympic track champion Michael Johnson describe my point succinctly. Explaining the technique involved in one of his specialties, the 200-meter sprint, he said, "With each step, a thought."

That attitude is a framework - not a straitjacket - for accomplishing one's goals, or at least honestly pursuing them. It rests on not just talent but, most important, on steeling one's emotions to endure the hard work the pursuit of perfection requires. It's what I think Dudley Williams meant when he said in a 2005 interview in the New Yorker magazine, "Dancing is about acting, about being a liar, basically, because often you don't

feel like dancing, but it's your job. So you get out there and you do the movement, and it's not happening. So you work harder, you work harder, you go deep inside what you're about."

He made the same point on another occasion with different words, according to the June 4 New York Times obituary of him, in saying that a dancer needed a reason for every movement. "You can't just put your hand out. You have to know what happens when you put your hand out and your body goes with it. And I dance to the music, no matter what it is... You must listen to the music and love it, and then you can do the dance differently every time."

So, I agree wholeheartedly with the well-deserved praise of Dudley Williams, the artist. It's just that I would also add two words: "and disciplinarian."

Lee A. Daniels is a longtime journalist based in New York City. His essay, "Martin Luther King, Jr.: The Great Provocateur," appears in *Africa's Peacemakers: Nobel Peace Laureates of African Descent (2014)*, published by Zed Books. His new collection of columns, *Race Forward: Facing America's Racial Divide in 2014*, is available at www.amazon.com.

CHILDWATCH

Charity is not a substitute for justice

In his speech the night before his murder Dr. Martin Luther King, Jr. repeated the Biblical parable of the Good Samaritan who stopped and helped the desperate traveler who had been beaten, robbed, and left

half dead as he journeyed along the road from Jerusalem to Jericho. The Good Samaritan is traditionally considered a model of charity for

his willingness to treat a stranger as a neighbor and friend. Dr. King agreed that we are all called to follow his example and serve those around us who need help. But he reminded us that true compassion-true justice-requires also attacking the forces that leave others in need in the first place.

Many of the cracks in America's edifice Dr. King identified over a half century ago are deeper today. CEO compensation and corporate greed and welfare have skyrocketed to morally obscene levels while middle class and minimum wage workers and people seeking work have been left behind. In 2012-2013, 4.9 million American households, including 1.3 million with children, had no cash income, relying only on the Supplemental Nutrition Assistance Program (SNAP, or food stamps) to stave off the wolves of hunger-a program Republican majorities

in both houses of Congress seek to shred while increasing government welfare to the wealthiest individuals and corporations. Countless Black, Latino, and Native American youths see no hope for the future because there are no jobs for them and our schools are not preparing the majority of them for the jobs of the future.

Government safety net programs have lifted many millions but not all children out of poverty. Investments in nine federal programs that help make work pay, increase employment, and meet children's basic needs could lift 60 percent of our 14.7 million poor children out of poverty now; instead these programs are under systematic attack today and we must reject proposals that treat our children so unfairly while others lavish tens of billions on the powerful and rich.

With true structural change there would be far less need for charity; without it the very best charitable efforts will never be enough. How many private foundations could make up for the denial of Medicaid or for the looming cuts in food stamps and other safety net programs? Yet like so many other prophets Dr. King's voice was often at odds with leaders or conveniently left unheard by citizens in his own land.

During Dr. King's lifetime, President Lyndon Johnson's great War on Poverty attempted to address some of the inequalities in the United States that needed redressing

and restructuring. But Richard Nixon sent a very different message as he accepted the Republican presidential nomination in August 1968 already criticizing President Johnson's new anti-poverty efforts.

When Ronald Reagan ran for president in 1980, he gave a similar message about letting people take care of themselves-all the more charged because he chose to deliver it at an appearance at the Neshoba County Fair in Philadelphia, Mississippi, the county where three young civil rights workers-James Chaney, Andrew Goodman, and Michael Schwerner-were murdered in June 1964.

Reagan said as governor of California he had learned many people were poor because the government "bureaucracy" there to help them "has them so economically trapped that there is no way they can get away." His first budget as president sought to eradicate virtually the entire federal safety net and replace it with block grants and billions of budget cuts.

The same familiar accusations and policies are back from some leaders today who believe government's safety net is responsible for putting poor people in a "poverty trap," and they will only be able to escape it if we shred the safety net to pieces.

Can the most dedicated volunteer at a children's hospital give every child in her community access to preventive health care if Medicaid

and the Children's Health Insurance Program are restructured or slashed deeply as some are proposing?

Should we be satisfied because we helped a single wounded traveler if we didn't do anything else about the rest who travel the road to Jericho at risk of attack or unjust stop-and-frisk and police brutality tactics and law enforcement policies that too often take rather than protect Black lives? What is so scary today is that so many young children and men of color have to combat daily violence in their own neighborhoods and from law enforcement officials enjoined to protect them.

I believe we are facing another inflection point in our nation and I hope and pray we will hear and heed and move towards and not away from becoming a more just nation. Will we just let everybody worry about themselves-and rely on needed acts of charity-to get by? Or, will we reform the deep unjust structural inequalities and injustices at America's core that favor the powerful.

Marian Wright Edelman is president of the Children's Defense Fund whose *Leave No Child Behind* mission is to ensure every child a *Healthy Start, a Head Start, a Fair Start, a Safe Start and a Moral Start* in life and successful passage to adulthood with the help of caring families and communities. For more information go to www.childrensdefense.org.

RAINBOW COALITION

Hillary a champion of voting rights

Last week, Hillary Clinton stated the simple truths about voting in America, in a stirring address before students at Texas Southern University. The right to vote, not explicitly guaranteed in the Constitution, is fundamental to a democracy.

Yet across this country, we witness systematic efforts to erect impediments to voting in order to, in Clinton's words, "disempower and disenfranchise people of color, poor people and young people."

After the Supreme Court ripped the heart out of the Voting Rights Act, Republicans in state after state passed laws to constrict the right to vote. In Texas, for example, a concealed weapons permit qualifies as "official identification" needed to vote, whereas a valid

student ID is no longer sufficient. Across the country, minority voters are more likely than white voters to face long lines in order to cast their votes. The young and the poor are less likely to have the official identification needed to vote.

This is, as Clinton said, not an accident, and "it's just wrong." She called out by name potential contenders for the Republican presidential nomination - Rick Perry, Scott Walker, Chris Christie, Jeb Bush - who have pushed voter restrictions, asking, "What part of democracy are they afraid of?"

Arguing that every citizen should have the right to vote, Clinton argued the common sense position that we should do what we can to make voting easier, not make it harder. She called for restoring the Voting Rights Act, to ensure pre-screening of election law changes that potentially discriminate against classes of voters. She embraced the bipartisan presidential commission recommendations

for expanding early absentee and mail voting and for ensuring that no one waits more than 30 minutes to cast a vote.

She also broke new ground. She urged a national requirement of 20 days of early in-person voting everywhere, including voting on weekends and on evenings, making it easier for working people to cast their ballot.

Most important, she called for universal, automatic voter registration. Every citizen at 18 would be automatically registered, unless he or she chooses to opt out. A nationally synchronized system could ensure that registration moves with the citizen, so no one needs register again. This would put an end to the false posturing about phantom voter fraud that Republicans use to erect barriers to voting.

The right to vote, as Clinton summarized, is central to democracy. But it is also about dignity. It is about inclusion. It says I am an American. My voice counts.

Clinton noted that the struggle for the right to vote was central to the civil rights movement. But that struggle has not ended. Once more voting rights are under attack. Once more barriers to voting are being erected by those who fear a true vote of the people. Once more we need citizens to mobilize to demand their right to vote. Once more we need courageous leaders to defend that right. With this powerful speech, Hillary Clinton has stood up to be counted in that fight.

The Reverend Jesse Louis Jackson, Sr., founder and president of the Rainbow PUSH Coalition, is one of America's foremost civil rights, religious and political figures. Over the past fifty years, he has played a pivotal role in virtually every movement for empowerment, peace, civil rights, gender equality, and economic and social justice. On August 9, 2000, President Bill Clinton awarded Reverend Jackson the Presidential Medal of Freedom, the nation's highest civilian honor.



Rev. Jesse Jackson, Sr.

CURRY'S COMMENTS

Hastert indictment spotlights Republican hypocrisy

The indictment of former House Speaker Dennis Hastert and the disclosure that he may have been sexually involved with at least two boys while serving as a high school football and wrestling coach in Illinois exposes the hypocrisy of the self-appointed morality police.



George Curry

It turns out that Hastert is the latest in a long line of "family values" spouting Republicans who led the charge to successfully impeach President Bill Clinton for lying about his extramarital affair with Monica Lewinsky, a White House intern.

However, while publicly vilifying Clinton, key Republican leaders had participated in or were continuing extramarital affairs with women or, like Hastert, boys.

The impeachment of Clinton was presided over by House Judiciary Committee Chairman Henry Hyde of Illinois.

"Ironically, Hyde turned out to have been guilty of his own extramarital indiscretions. In a September 1998 article, Salon.com reported that Hyde had carried on an affair with a married woman named Cherie Snodgrass during the 1960s, a story the Congressman later acknowledged was true," Time magazine reported.

Hastert's ascension to power in the House began with the resignation of House Speaker Newt Gingrich (R-Ga.)

As leader of the 1994 Republican Revolution that led to a GOP House majority for the first time in four decades, Gingrich resigned in 1998 as his party was preparing to dump him after the mid-term election reduced the number of GOP seats by five, giving the party a slim 223-211 edge over Democrats.

In a story headlined, "Gingrich Admits to Affair During Clinton Impeachment," ABC News' Jake Tapper wrote, "Setting the stage for his entry into the presidential race, former House Speaker Newt Gingrich, R-Ga., gave a radio interview ... in which Gingrich for the first time publicly acknowledged cheating on his first and second wives."

Quoting Gingrich, the story continued, "I was married very young and had my first daughter when I was very young, in fact at the end of my freshman year in college," he said of his first marriage to Jackie Battley, his former high school geometry teacher. "And after a period of time, about 18 years, things just didn't work out."

"Gingrich married his second wife, Marianne Ginther, months after he divorced Battley in 1981. According to Battley, Gingrich discussed divorce terms with her while she was in the hospital recovering from cancer surgery."

The story said, "Gingrich also acknowledged cheating on Ginther while leading the impeachment proceedings against President Clinton for allegations of perjury involving the Paula Jones sexual harassment civil case and the president's affair with Monica Lewinsky."

Finally, the story noted, "Gingrich divorced Ginther in 2000 and soon married his third wife, Callista Bisek, a former congressional aide who was in her 20s when she and Gingrich began their affair."

Rep. Robert L. Livingston (R-La.) had been elected to succeed Gingrich as House Speaker at the beginning of the January 1999 session, but he abruptly resigned before taking office.

In October, Larry Flynt, publisher of Hustler magazine and a leading pornographer, placed a full-page ad in the Washington Post offering up to \$1 million to anyone who could prove they had "an adulterous sexual encounter with a current member of the United States Congress or a high-ranking government official."

On Dec. 18, 1998, Flynt announced that he had evidence of four extramarital affairs by Livingston. The next day, Livingston resigned, saying that he had "strayed from my marriage."

When beleaguered Republicans were looking for someone with an unblemished record to coalesce around, they quickly turned to Dennis Hastert. He served as Speaker from 1999 to 2007.

The New Yorker magazine observed, "Hastert lost the job when he mishandled the scandal that erupted when Representative Mark Foley, Republican of Florida, was discovered to have sent sexual messages to teen-age male congressional pages."

Now, we may finally know why Hastert was reluctant to move against Foley.

Hastert was indicted and charged with violating U.S. banking laws and making false statements to the FBI. According to the 7-page indictment, Hastert had agreed to pay \$3.5 million in 2010 to "compensate and conceal" Hastert's "prior misconduct."

CBS News reported that "the FBI became aware of as many as two, maybe three, potential victims alleging sexual misconduct by the House speaker." It also reported,

"Jolene Burdge told ABC that Hastert molested her brother, Stephen Reinboldt, all through high school. At the time, Hastert was the wrestling coach and Reinboldt was the student equipment manager at Yorkville High School in Illinois.

"...Reinboldt is not 'Individual A' mentioned in Hastert's indictment. According to Burdge, Reinboldt died in 1995 at the age of 42 from AIDS. When her brother came out as gay, Burdge said he told her a secret.

"I asked him, 'Steve, what was your first same-sex experience?' And he looked at me and said, 'It was with Dennis Hastert,'" Burdge said. "And, you know, I was stunned."

By now, it shouldn't be stunning that the Republican morality police are rank hypocrites.

George E. Curry, former editor-in-chief of Emerge magazine, is editor-in-chief of the National Newspaper Publishers Association News Service (NNPA) and BlackPressUSA.com. He is a keynote speaker, moderator, and media coach. Curry can be reached through his Web site, www.georgecurry.com. You can also follow him at www.twitter.com/currygeorgeand George E. Curry Fan Page on Facebook. See previous columns at http://www.georgecurry.com/columns.

JACKSON

Continued from this page

promote homosexuality. The last three winners have been, Robin Roberts, Michael Sam, and now Bruce Jenner.

According to ESPN, "The Arthur Ashe Courage Award is presented to the sports-related person(s) or team, irrespective of gender or sport contested, adjudged to have made the most significant or compelling humanitarian contribution in transcendence of sports in a given year."

Publicly declaring you are homosexual is not a "significant or compelling humanitarian contribution in transcendence of sports."

Ashe actually sacrificed money, tennis matches, and his life to make it possible for the

Williams sisters to play tennis; to end Apartheid, and to defend those without a voice. Name me one sacrifice Roberts, Sam or Jenner has made to make America better?

We, in the Black community, must stop allowing others to expropriate our heroes to promote their own liberal agendas; especially when the expropriation is not consistent with the person's values and lifestyle.

Raynard Jackson & Associates, LLC is an internationally recognized political consulting, government affairs, and PR firm based in Washington, DC. Jackson is an internationally recognized radio talk show host and TV commentator. He has coined the phrase "stratitist." As a stratitist, he has merged strategic planning with public relations.

ESPN diminishes Arthur Ashe's legacy

Am I the only one who is thoroughly offended by ESPN giving Bruce Jenner "The Arthur Ashe Courage Award" during next month's ESPYS award ceremony?



Raynard Jackson

ESPN claims to be the global TV leader in sports coverage and is owned by The Walt Disney Company.

Disney is also the parent company of ABC Television (which will air the ceremony).

Disney is one of the most radically aggressive pro-homosexual companies in the world.

According to ESPN's website, "Bruce Jenner won the 1976 Olympic decathlon, setting a world record and becoming an international sports star. Jenner later became an actor in a number of TV movies, a race car driver (winning the 12 Hours of Sebring in 1986) and a successful businessman. Jenner married his third wife, Kris Kardashian, in 1991, and became part of the E! network series "Keeping Up With The

Kardashians" in 2007. (Kris and Bruce Jenner were divorced in December 2014)...Bruce has received many accolades over the years for being one of the greatest Olympians of our time, but The ESPYS are honored to celebrate Bruce becoming [his new name-I refuse to use it]," ESPN executive producer Maura Mandt said. "[He] has shown the courage to embrace a truth that had been hidden for years, and to embark on a journey that may not only give comfort to those facing similar circumstances, but can also help to educate people on the challenges that the transgender community faces."

Tell me you are kidding? Please tell me this is a bad dream. "Courage?"

This is a total insult to the legacy of Arthur Ashe and diminishes what he accomplished in his life. Courage is not admitting you are homosexual. Jenner's worst day doesn't come close to what Ashe had to overcome being Black in America and playing as a professional in one of the whitest sports at the time.

Arthur Ashe was the personification of courage. He grew up in the segregated south of Richmond, Virginia in the 40s and was a top

ranked tennis player in the 60s and 70s. According to Ashe's website, "he [Ashe] was the first African-American male tennis player to win a Grand Slam tournament. He was much more than an athlete though. His commitment to social justice, health and humanitarian issues left a mark on the world as indelible as his tennis was on the court. This site is dedicated to providing a unique multimedia resource for understanding and promoting the legacy and values embodied in the life and work of Arthur Ashe as a conscience leader, humanitarian, educator and athlete."

Ashe faced serious discrimination in his attempts to integrate professional tennis; he was arrested several times for protesting against South African apartheid; was intimately involved in the Civil Rights movement; and was a noted humanitarian. Ashe died of AIDS in 1993 from receiving a blood transfusion after heart surgery.

So, can someone please tell me how we get from the legacy of Arthur Ashe to the freak show called Bruce Jenner and by extension, the Kardashians? Every Black person should be offended by ESPN's actions. But not just

Blacks, but anyone who knows anything about the contribution Ashe made to the world.

Ashe used his life to change America for the better and left his fingerprints on the world; and Jenner put on a dress!

I would hope that Ashe's widow, Jeanne Moutoussamy-Ashe, would ask ESPN to remove her husband's name from the award because what ESPN is doing is not compatible with who Arthur Ashe was.

Name one thing Jenner has done that was "courageous;" name me one thing he has done to make America better; name me one thing he has done to make the world better.

ESPN created this award in 1993, which was well received. A few previous winners have been Pat and Kevin Tillman; Tommie Smith and John Carlos; and Nelson Mandela. No one could argue against these individuals receiving the Ashe award; they indeed did represent everything Ashe stood for.

Now ESPN has turned Ashe's award into a vehicle to

JACKSON

continued on this page

Time for young people to stop the violence

I only recently embraced my status as an "elder." Actually, I describe myself as an "episodic elder," eager enough to take one of those lovely "senior" discounts when it serves my purpose, yet reluctant to turn in my party card. Elder status hit me upside the head, though, when a young woman told me she was "tired" of my generation preaching to hers.



Dr. Julianne Malveaux

I'm willing to stop preaching when young leaders step up. I applaud the Black Lives Matter movement, and am excited when those who are of not African descent join this movement. Still, I am waiting for the same young leaders to demand that their peers stop killing one another. I'm not embracing the right-wing hype about Black-on-Black crime, because they don't address White-on-White crime. I'm not suggesting that the movement for police reform take a back seat to anything else (after all, we can have more than one movement at a time). I am suggesting, however, that young African Americans confront their peers and say "enough." When "elders" say it, we are accused of preaching, but someone needs to say it.

What if the young people who abhor the killing of their

friends and neighbors took shooters and their associates to task? What if they got up in their faces (in safe spaces, of course) and demanded to know why some of the young people who could contribute much to our community have now been massacred in the streets?

Some of those who lost their life were victims of mistaken identity, or trapped in the wrong place at the wrong time - some were little girls playing on their porches or sitting on Grandma's lap. Some of them were simply walking home from school. Some of them were in the middle of simple misunderstandings and lost their lives because of an errant glare, a careless word. Some, like Charnice Milton, survived childhood on to go to her grave at 27.

Charnice was a talented, ambitious young reporter determined to tell the story of Southeast Washington, the part of the nation's capital with the highest concentration of African Americans, the highest poverty rate and, more recently, the primary target of gentrification that pushes poor Black residents out of the homes in favor of young, affluent, White "urban pioneers."

Her death was more than a faceless statistic - it was personal. Charnice was in my office fact-checking my most recent book for a few weeks, and she literally shimmered when she spoke of the stories she hoped to tell. She didn't want to be the story, she wanted to tell the story of the least

and the left out and of the people and organizations making a difference.

Charnice's dreams of telling untold stories, along with her body, were tragically shattered when a depraved young man used her body as a human shield to protect him from a drive-by gunman.

Tears have been shed, hands have been wrung, and teddy bears and flowers have been left at the place where Charnice was slaughtered. A few days from now, someone else will be shot and the crying and handwringing will begin again. So far this year, 18 people have been killed in Ward 8 - almost one each week. The tears shed for Charnice are special tears for this amazing young woman, and yet they are the all-too-regular tears for lost life, for names that don't quite make the news.

Some young leaders are quick to blame heartless police or and the right-wing obsession with crime - even while it is declining in some cities - but how many in Washington, D.C., in Baltimore (where 43 people were killed so far this year), in Harlem, in Third Ward or Fifth Ward Houston, in St. Louis, were killed not by cops, but people who look like us? At some point, we ought also be able to say, simply: Stop the killings!

According to the Pew Research Center, "While blacks are significantly more likely than whites to be gun homicide victims, blacks are only about half as likely as whites to have a firearm in

their home (41% vs. 19%)."

Thanks to the National Rifle Association, there has been a proliferation of guns in our nation. According to federal figures, there were 310 million nonmilitary firearms in the United States as of 2009. That's an average of nearly a gun per person in our nation of 318.9 million people, making us the most heavily armed country in the world. There are more gun sellers in the U.S. than McDonald's or grocery stores.

Even so, the NRA opposes any legislation to reduce easy access to guns, and offer clichés such as "guns don't kill, people do." But guns don't fire themselves. Meanwhile, young African Americans are mowed down like bowling pins, and except for the occasional reporting of an exceptional life, those who are killed are also ignored.

It is time for young leaders to take their peers on, to step up and demand that the violence stop. It is time for these leaders to demand that media outlets cover the cumulative loss of life and the individuals who have been killed, without tediously parroting the mindless and non-contextual conversation about Black-on-Black crime. I write this not as an episodic elder preaching, but as a seasoned warrior asking her esteemed young leaders to take this baton and run with it.

Julianne Malveaux is an author and economist. She can be reached at www.julianmalveaux.com.

New Hanover County

All Eyes On You Entertainment will present the Fashion N2 Passion Show, at the UNCW Warwick Center, on June 13th at 5:00 pm. The showcase will include the fashions of 9 designers from all over the world. A portion of the proceeds will go to Duke Children's Hospital.



Resource and Information Day for Veterans will be held Saturday, June 13th at S.E.O.M., 515 Ann St. Event 1, "Veterans Benefits and Enrollment", will be held from 9:00am- 3:00 pm. Event 2, "The Insurance Questions" with presenter Henry Brown of State Farm Insurance will be held from 1:00 pm- 2:30 pm and Event 3, "The Legal Questions" with presenter Ms. Erma Johnson, Attorney At Law will be held from 3:00 pm- 4:30 pm.

Community Briefs

The Democratic Women of New Hanover County will meet on Thursday, June 11th at McAllisters Deli, 740 S. College Rd. Dinner and social time will begin at 6:00 pm followed by a business meeting at 6:45 pm. All registered Democrats are welcome. For further information call 910-395-4502.

The Saint Augustine's University (College) Alumni monthly meeting will be held on Saturday, June 20th at 2:00 pm at the Covil Farm Road Clubhouse at 7300 Covil Farm Road, Wilmington. All graduates, persons who attended and friends of St. Augustine's University are invited to attend. Ms. Pattye Brown, National Alumni President will be at the meeting to facilitate the implementation of an Alumni Chapter. Call Angie at 910-620-7978 for more information.

Policies for briefs, news, & photos on page 2.

Compiled By Wilmington Journal Staff

HOMETOWN NEWS FROM BRUNSWICK COUNTY

Visiting the sick and shut-in

It's important that you find the time to make a cheerful visit to the sick and shut-in. They might be in your neighborhood, or they might be friends in another neighborhood. This summer may be the right time to visit someone and sit on a good screened in porch or find a place most suitable for relaxing and enjoy the conversation for a short time. Forget about your sickness and feel better with a smiling face. Some homes for senior citizens may have a special visitation after hours.



Verniece Stanley

It is a privilege to use the

good spirit of sharing with people in need. There will always be that person in need of a little assistance to make it more comfortably. You may keep in contact with people who are willing to spend wonderful moments with others who are in need of companionship. Such memorable moments are worthwhile cherishing for a long time. Volunteers may have the opportunities to get more information on the sick and shut-in and offer much needed assistance. They may also be able to sit in a suitable chair for a long conversations about childhood days, listen to soft music, or watch a favorite TV program in pleasant surroundings. Such visits might be weekly or at anytime other suitable inter-

vals. Many religious groups visit the sick who are confined to hospitals or homes for the sick and senior citizens.

For children who are going through sicknesses may enjoy simple game and activities for short periods of time. It may pay off in different ways, one being the sight of happy expressions on their faces. This may be the time for their attention spans to grow longer or better.

We help people recover when we help create constructive ways of thinking, thereby helping them overcome physically. Our main reason for visiting the sick and shut-in is to offer them hope and comfort from whatever ways we can.

I say to the sick and shut-in, on the behalf of relatives and

friends, "Hurry and get well! There is a great future waiting for you."

Verniece E. Stanley is a native of Brunswick County. She grew up on a farm but wanted more excitement in life. She graduated from high school in Brunswick County in 1948 and graduated from Fayetteville State Teachers' College in 1952. She taught school in Brunswick County for nine years. She moved to Baltimore, Maryland, married, and taught school for twenty-five more years. She received her master's degree from Morgan State College in Baltimore City. She retired and moved back to Bolivia, N. C. where she enjoys writing articles for The Wilmington Journal and is an active member of the NAACP Board.

Cancer support group attends summit

BY RACHEL VAUGHN
CONTRIBUTING WRITER

Twenty-four members from RV Cancer Support Group attended the eighth annual Cancer Survivorship Summit, and have been doing so for the past four years. The Summit is for survivors and their caregivers across our state.

There is no cost to attend the summit. The following classes were on the summit's schedule this year: Having Fun with Art, Tai Chi, Aromatherapy, Meditation Techniques, Healing with Nature, Healing Touch, Healthy Living Activities, Good Eating During and After Treatment, Being on the Move, Caregiving, Financial and Legal Needs, Aging and Cancer, Sexual Intimacy for

Women and Sexual Intimacy for Men.

Some of the speakers for the Summit were Gregory Lathrop, board-certified Holistic Nurse; Leslie Verner, Oncology Nurse and Clinical Research Professional; Ann and Bob Player, Certified Physical Therapists and Tai Chi Geriatric Research Specialists; Jeffrey Whitridge, a Clinical Nutritionist; and Darrell "Luke" Holland, two-time survivor of Hodgkin's Lymphoma, treated at a North Carolina comprehensive cancer center in his early 20s.

In addition to panel discussions, we heard from survivors from the across the state who wanted to share their stories.

Mrs. Dorothy Pridgen, a

member of our Cancer Support group, shared her story. Diagnosed with breast cancer in 1995 and multiple myeloma in 2001, Pridgen used her own stem cells for the transplant.

The RV cancer support group was organized in 2004 and continues to grow with members from New Hanover, Pender, Brunswick, and Columbus counties, representing 15 different forms of cancer.

There is strong possibility that the summit will be held in Wilmington in 2016.

"Cancer survivors, perhaps more than others, more fully understand that life is about hills and valleys, triumph and defeat, storms and sunshine and yet ... and yet, they keep on keepin' on!"

- From The Little Book of



Members of Wilmington's RV Cancer Support Group attended the eighth annual Cancer Survivorship Summit in Asheville.

Hope and Humor by Kathy Cawthon

Rachel Vaughn started

RV Cancer Support Group in 2004 after she was diagnosed with non-Hodgkin

lymphoma. For more information about the group, call her at 910-395-5688.

Men's health: What every man needs to know

June is Men's Health Month in the United States, and Men's health is vital to the health of our community. Many men (and women, for that matter) do not like to go to the doctor or to receive routine health screenings, but maintaining one's health is critical to ensuring a good quality of life. African American men have the highest risk (compared to men of any other racial/ethnic groups) of developing many diseases, including heart disease, diabetes, and certain cancers. Let's talk about the important things every African American man should know about his health.

1. Prevention is Key!

Many diseases can be prevented by having good health through:

- Maintaining a healthy weight by eating a healthy, low fat and low salt diet;

- Engaging an active lifestyle by doing regular physical activity - a minimum of 20 minutes of moderate physical activity per day and muscle strengthening activities at least 2 days/week;

- Not smoking/quitting smoking/avoiding secondhand smoke;

- Having regular well check-ups with your healthcare provider; and

- Encouraging other boys and men in your life, young and old, to live a healthy lifestyle. You can be a great role model!

2. Protect Your Heart!

Did you know that African Americans die from heart disease at a 30% higher rate than whites? Fortunately, there are many things you can do to lower your risk of heart disease. For one thing, it is critical to maintain your blood pressure at a healthy level, as high blood pressure (hypertension) is a significant contributor to heart disease (as well as stroke and other problems). Hypertension means that your blood pressure is greater or equal to 140/90 mmHg. For adults with diabetes, blood pressure should be below 130/80 mmHg. Pre-hypertension, a risk factor for hypertension, is defined as having a systolic (upper number) blood pressure of 120-139 mmHg or a diastolic (lower number) blood pressure of 80-89 mmHg. If you're a smoker, you should stop, and everyone should avoid secondhand smoke. Next,

keep your cholesterol in check. Manage your diabetes. Finally, maintain a healthy weight: eat a nutritious diet and be active.

2. Control your Diabetes!

African-Americans suffer from diabetes at a higher rate and are more likely than minorities to develop its serious and life-threatening complications. If you have diabetes, it is very important to keep your blood sugar under control. The higher your Hemoglobin A1c (measures your blood sugar over the past 3 months) is, the greater your risk for heart disease and other diabetes complications. Normal HbA1c is below 5.6%; between 5.7% and 6.4% is considered prediabetes, meaning you are at risk for diabetes and other health problems. For someone with diabetes, you should aim for a level of HbA1c is less than 7.0 percent. If diet and exercise are not enough to control blood sugar, your doctor may prescribe medication. Medications used to treat diabetes include insulin, oral drugs, and new injectable (but non-insulin) medicine. Monitoring blood sugar levels is critical in determining appropriate treatment and, even more importantly, whether the treatment plan is working.

Get Screened for Cancer! Prostate Cancer

Current recommendations encourage men to have a discussion with their doctor about their prostate cancer risk to determine if screening is appropriate for them. Risk factors for prostate cancer include: age (the chance of developing prostate cancer increases after age 50); family history (having a father or brother with prostate cancer more than doubles a man's risk); high fat diet (a diet with an abundance of meat, high-fat foods and limited fruits and vegetables appears to confer a slightly higher risk); and race (prostate cancer occurs more often in African-American men). Many men experience no symptoms initially; if they do occur, symptoms may include urinating frequently at night, blood in the urine, difficulty urinating, or experiencing sexual dysfunction. Standard screening tools for prostate cancer detection include PSA (prostate specific antigen) blood test and the DRE (digital

rectal examination). Further testing may be needed if the result of either screening test is abnormal.

Testicular Cancer

Though less common than prostate cancer, testicular cancer is most often found among younger men between the ages of 15 and 35. Risk factors for testicular cancer include: undescended testicle(s); birth defects affecting the testicles, penis, or kidneys; and personal or family history of testicular cancer. Most testicular cancers are found by men themselves; all men should do monthly self exam and see their doctor if they have any lumps, pain or discomfort, enlargement or heaviness of the testicle or scrotum, dull ache in the back or groin, or fluid in the scrotum. There are three common tests used to diagnose testicular cancer: Blood tests to determine levels of tumor markers (higher levels are present with cancer), ultrasound (creates a picture of the scrotum and testicle so it can be better seen), and biopsy (tissue from the testicle is examined to determine whether cancer is present).

Colorectal Cancer

Routine screening for colorectal cancer is crucial for early detection. The American Cancer Society recommends that at age 50 men have a yearly stool blood test (a test to find small amounts of hidden blood in the stool), plus one of the following exams: a colonoscopy (every 10 years) or sigmoidoscopy (every 5 years) (procedures to look at the inside of the rectum and colon) every 10 years; or a double contrast barium enema (X-rays of the colon and rectum which are taken after a barium dye enema followed by an injection of air into the lower bowel) every 5 years. You should also see a physician immediately if you have any of the following symptoms: change in bowel habits such as diarrhea, constipation, or narrowing of the stool that lasts for more than a few days; a feeling of needing to have a bowel movement that doesn't go away after doing so; bleeding from the rectum or blood in the stool; cramping or steady stomach pain; or unexplained weakness or fatigue.

4. Take Care of Your Emotional Health

More than 6 million men

each year are diagnosed with Depression, a real, treatable medical condition. Symptoms of depression include: Persistent sad, anxious, or "empty" mood, Feelings of hopelessness, pessimism, Feelings of guilt, worthlessness, helplessness, Loss of interest or pleasure in hobbies and activities, Decreased energy, fatigue, being "slowed down", Difficulty concentrating, remembering, making decisions, Difficulty sleeping, early-morning awakening, or oversleeping, Appetite and/or weight changes, Thoughts of death or suicide; suicide attempts; Restlessness, irritability. If you have been feeling any of these symptoms that persist, you should talk with your health care provider as soon as possible. Depression can be successfully treated, and the sooner you start treatment, the more likely you will have a positive outcome.

5. Maintain Your Sexual Health

Did you know that Non-White males are significantly more likely to contract a Sexually Transmitted Infection (STI, also called STDs) compared to Whites? The most common STDs among US Men are: HPV, Genital herpes, Chlamydia, Gonorrhea, Syphilis and HIV/AIDS, and it is estimated that 19 million new STD diagnoses occur each year. Nearly a quarter, or 25%, of new cases occur in adults under the age of 30. Exposure to STIs can have lifelong consequences; increase your risk of many health problems, including certain cancers. STIs can also affect your fertility, and if you pass an STI to your partner (particularly female partners) it can affect their ability to become pregnant and carry a healthy child to term. Avoiding risky sexual behaviors and maintaining your sexual health is essential to maintaining good overall health.

Do you need further information, need resources in your area or have questions or comments about this article? Please call the Maya Angelou Center toll-free at 1-877-530-1824 or check out <http://www.menshealth-month.org/>. Or, for more information about the Maya Angelou Center for Health Equity please visit our website: <http://www.wakehealth.edu/MACHE>.

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James Alonzo "Jomo" Lawrence

James Alonzo "Jomo" Lawrence continued his journey peacefully in the early morning of May 24, 2015 at the Veterans Hospital in Durham, NC after a brief decline in health. He was surrounded and supported by his loving family and caregivers during the last days of his journey.

Jomo was born in Wilmington, NC to the late Staff Sergeant James Alfred Lawrence and the late Queenie (Palmer) Lawrence. He is survived by his sister Regina (Dovis) Lawrence Adams of Fayetteville, NC and brother Carl (Theresa) Lawrence of Greensboro, NC.

The celebration service was held on Friday, June 5th 2015 at Davis Funeral Home, 901 South 5th Street, Wilmington, NC 28401. In lieu of flowers, the family strongly encourages everyone to consider donating blood or donating to the local American Red Cross. Please pay it forward.

Ms. Arletha L. Hall

Arletha L. Hall, affectionately known as "Nene," was born in Wilmington, North Carolina on March 7, 1973 to her loving parents Kenneth Hall and Alfreda Singleton. She departed this life on May 29, 2015. Funeral services were held at 1 PM, Friday, June 5, 2015 at Union Missionary Baptist Church.

She was preceded in death by her mother, Alfreda Singleton, her brother, Kenneth Hall, Jr., and adoptive Mother/Great Aunt Eula Mae Johnson, and both of her maternal and paternal grandparents.

She received her formal education at E. A. Laney High School where she excelled at her studies. She continued her education and graduated from Miller Motte College with a degree in Business Administration.

She accepted Christ as her savior at a young age at St. Luke Missionary Baptist Church, where she was a faithful member for many years.

She was employed with At-Work Personnel where she served her community helping others with job placement, for ten years.

In her leisure time, she enjoyed singing with her group, "Justice," and spending time with her children and grandchildren. She was a devoted mother with a big loving heart who always had a kind word of encouragement to give.

She is survived by her father, Kenneth Hall (Beatrice); children, Charles "CJ" Eugene Caldwell, Jr., Ruel "Rue" Alexander Daniel Brown, and Michael "Mike Mike" Kenneth Henry; grandchildren, Ruel and Caiden Brown; and god-child, Jvardah; three brothers and five sisters, Noland Anthony Dukes, Alexander Bryant, Jonathan Shaw, Charice Green (Russell), Kenya Claiborne (Terrell), Christy Dukes, Marquita Dukes and god sister, Shameeka Williams; aunts, Sheila Watkins (Ronnie Epps), Gwendolyn Watkins, Jacqueline Watkins (Fly), Beatrice Murphy, Brenda Hall, Janice Vereen (Donald),

Charlene Smith (Smitty); uncles, Michael Watkins (Norma Lee), Shaun Watkins and Shannon Watkins; nieces and nephews, Maurice, Robert, Jada, Xayvion, Terrell, Jr., Heavyn, Zion, Naurice, Avionne and Nasir; along with a host of aunts, great aunts, uncles and a host of cousins and other relatives too numerous to name, and friends. Arrangements by Adkins-Drain Funeral Service, 515 South Eighth Street, Wilmington, North Carolina 28401. Condolences may be shared at www.adkinsdrainfuneralservice.com.

In Loving Memory Of



Mary Delores Pearson Brown
Sunrise: August 3, 1941
Sunset: June 8, 2014

Loving memories from your daughter, sister, brother, grandchildren, friends and family members.
Missing you!
Gone but not forgotten.

Loving memories,
Lee, Sandy, Dileaka,
Jamar and families

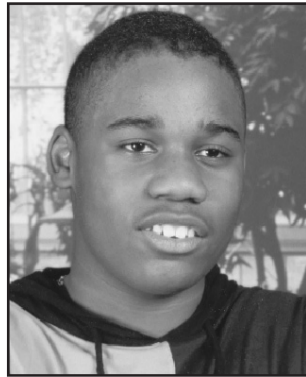


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Christopher Brooks Thomas
Sunrise: December 22, 1981
Sunset: June 8, 1997

Oh, what a beautiful morning, oh what a beautiful day, I'm going home to my Jesus, everything's going my way.

I woke up this morning bright lights all around, church folk dancing and shouting, everybody getting down.

What is this place I asked? I didn't have to ask it twice; an angel turned to me and said "Chris, you're in Paradise."

You're about to take journey, to nothing you can compare. You're in the arms of Jesus, there's happiness everywhere. Your time on earth with us is over; you've put away earthly things. The time has come and we're deeply saddened, but we know you've earned your wings.

You're in the arms of Jesus and we know you're safe with Him, you're left with us who love you, so many precious memories.

You have paved the way for each of us and now we miss live a kind and gently life like you, with Jesus as our guide. We know you will be there to greet us on our appointed dates. When it's our turn to join you in Heaven's pearly gates.

Chris, you were very special to me in so many ways. I'm hurting now, but I know God will see me through.

I'll miss the talks we had and the letters too, but God has promised to comfort me and to keep me in His care.

I'm already finding strength in knowing that not only were you special to me and all the family.

But most importantly,
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SPECIAL TO GOD.**

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385+ killed by cops in 2015



PHOTO CREDIT BILL MOORE/NEW YORK AMSTERDAM NEWS
NYPD OFFICERS

**BY HERB BOYD
OF THE NEW YORK
AMSTERDAM NEWS**

(NNPA)- Over Memorial Day weekend in Chicago, 56 people were shot, 12 of them fatally. These numbers leaped from a story about the controversy surrounding "Chiraq," the title of Spike Lee's new film. Many residents are upset by the title that blends Chicago with Iraq, thereby suggesting the city of Chicago and the country of Iraq share a similar level of violent deaths. Supporters of the film believe that rather than feel outrage over the film, residents should be outraged over the reality of the fatalities in Chicago.

Another set of numbers that grab your attention is from a recent study by the Washington Post that reports the police, nationwide, have killed 385 people during the first five months of this year more than two a day, the Post said.

"About half the victims were white, half minority," the report stated. "But the demographics shifted sharply among the unarmed victims, two-thirds of whom were black or Hispanic. Overall, Blacks were killed at three times the rate of whites or other minorities when adjusting by the population of the census tracts where the shootings occurred."

The situation in Chicago and the report from the Post probably did not escape the Rev. Al Sharpton during his speech last Friday at the Olivet Institutional Baptist Church in Cleveland. Introduced as one of "God's trombones," Sharpton warmed to his topic in a hurry, stitching his narrative to the upcoming 2016 election before dealing with the pressing issue of police misconduct and the mounting number of unarmed Black men killed by the police.

Sharpton said he had come at the request of family members of several recent victims

of police shootings, including family members of Tamir Rice, the 12-year-old who was shot and killed by the police, an incident still under investigation, and of Malissa Williams and Timothy Russell, two other victims of police violence whose names are invoked at the marches and rallies.

In fulfilling that request, Sharpton said, "If it takes all the breath in my body, they will never stand alone, and we will not be quiet." According to The Guardian newspaper of London, Sharpton said he had not come to Cleveland for a "Black on Black fight," but there were "bigger fish to fry."

His appearance in Cleveland was timely from a national standpoint because CBS's "60 Minutes" featured a segment on Cleveland, with a special report on the death of Tanisha Anderson, who was killed by the police 10 days before Rice was shot and killed.

Anderson, according to what her brother Joell told the press, had a mental breakdown on the evening of Nov. 12, and the family called 911. But instead of an ambulance, the police showed up. Upon being escorted to a patrol car, Anderson became disoriented, and when she demonstrated some reluctance, she was taken down in a "judo" hold. Her head hit the concrete pave-

ment and another officer placed his knee on her back. She was then forcibly thrown in the backseat of the police car with the officers still holding her down, practically smothering her; her brother said. Anderson never opened her eyes again or spoke another word.

If Sharpton addressed this issue, it wasn't reported, although he did briefly mention officer Michael Brelo, who fired 49 of 137 police shots at Williams and Russell at the end of a car chase. Brelo, who leaped onto the car's hood and unleashed 15 of his shots into the windshield, was acquitted on two counts of voluntary manslaughter.

The Post's report notes that the police are authorized to use deadly force only when they fear for their lives or the lives of others. "So far," it was reported, "just three of the 385 fatal shootings have resulted in an officer being charged with a crime-less than 1 percent. The low rate mirrors the findings of a Post investigation in April that found that of thousands of fatal police shootings over the past decade, only 54 had produced criminal charges. Typically, those cases involved layers of damning evidence challenging the officer's account. Of the cases resolved, most officers were cleared or acquitted."



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New Hanover County

Judah The House of Praise, International Embassy of Holiness and Uplifting Faith Ministries will hold Vacation Bible School from Monday, June 15th - Friday, June 19th from 6:00 pm - 8:00 pm at International Embassy of Holiness, 76 Darlington Ave.

New Hope Missionary Baptist Church, 701 S. 12th St., will hold their Annual Vacation Bible School, Monday, June 15th - Friday, June 19th from 6:00 pm - 8:00 pm nightly under the direction of Rev. Connie Armstrong.



Religious Briefs

St. Phillip AME Zion Church, 2913 Acorn Branch Rd., will hold their 2nd Annual Crab Feast on Saturday, June 27th from 1:00 pm - 4:00 pm. Sponsored by The Trustees & Stewards of St. Phillip AME Zion Church. This event will benefit the Building Project Fund. For more information contact Sister Catherine Cooper at 910-540-4477, Sister Dentrail Boykin at 910-200-4953, Sister Aimee Brown at 910-368-3605 or Sister Ashley Hall at 910-540-4250.

The Wilmington Cluster of Small Episcopal Churches (St. Mark's, Church of the Good Shepherd and St. Paul's) will hold Vacation Bible School at St. Mark's Episcopal Church, 600 Grace Street, from Monday, June 15th - Friday, June 19th from 5:30 pm-7:30 pm. Preschool through high school students are welcome. A snack will be provided and transportation is available. "JUNGLE SAFARI" is the theme this year, teaching about God's wonderful creation and our response to it. All of our crafts will be made with recyclable material.

Bladen County

Baldwin Branch Missionary Baptist Church, 4047 NC 242 Highway South, Elizabethtown, will hold their Graduation Recognition on Sunday, June 14th at 10:00 am. On Saturday, June 20th at 3:00 pm, United Voices Choir, ushers and congregation will travel to Kitchen Branch Missionary Baptist Church, Council, NC and on Sunday, June 21st at 10:00 am Father's Day will be observed.

Brunswick County

By His Grace Ministries is now accepting school supplies to help a child next school year. Drop off location is 5585 Waccamaw School Rd. on Saturdays at 5:00 pm.

Policies for briefs, news, & photos on page 2.

Compiled By *Wilmington Journal Staff*

Let it go, please

BY JAMES WASHINGTON
OF THE HOUSTON
FORWARD TIMES

(NNPA)- Today is truly a day that the Lord has made and it's apparent to me that as the world gets more and more complicated, the Word of God gets easier to understand. I often-times get reminded of the power of ego (mine), pride and the desire to control or more correctly, be in control. Dare I say that most people believe, certainly understand the concept of letting go and letting God. But actually doing it, they find is impossible. I know many so called Christians, as you do, who can quote scripture, but even after all these years demonstrate very little faith, if any. I know Christian control freaks who must have the last say and who just have to be right all the time. I've gotten caught up in rationalizing my own actions given the circumstances of the day, as if by some miracle of intelligence, I am the authority, only to recognize later that not only am I wrong, but God never entered the picture. I call it faithless behavior.

It is at these times that I feel open to receiving the Holy Spirit and realize every day is full of miracles. I am blessed and highly favored and always have been. I am not in control. I never have been and if the truth be told, it's okay. Giving one's life to Christ requires a constant vigil against taking credit or assessing blame. When you focus on service in the name of the Lord, you really do get a chance to see all of this from a very different perspective. Service in this regard neither seeks nor expects reward. Any act of this nature speaks for itself. It can't get any simpler than this. Christ suggests that God can see into your heart and knows your intention. Let's see now. Love God and love your neighbor as you

would love yourself. Incredibly simple! So simple, you could miss it altogether. Now on this day, any day that the Lord has made, let's march this simple concept in what appears to be an ever increasingly complex world. Behavior should then have limits. Actions should have purpose and your intent should be upper most in your mind. So, let's take a look at yesterday. You see how easy it is to get up and succumb to jealousy, pettiness, cruelty, envy and the like? It actually takes work to be humble, loving, giving and a source of truth all day every day. It shouldn't but it does. The world sees to that. It takes will power and you know the will I'm talking about.

I believe the calling of every Christian is simply to try. It's the effort that God expects. It's the intent He wants. If you're first seeking Him, then the question, then how you perform, how you think, what you say and who you hang out with gets answered with a resounding amen! I'm fortunate enough to believe that I've known people who were angels walking. Thus, I believe there are saints among us and I don't ever want to be so busy that I ignore them in my haste pursuing the world instead of the Word. However, from these living breathing angels, I've learned the battle is not necessarily over until you win. And don't concern yourself about the victory because Christ did that some time ago. What's that line in the movie? What we do today echoes in eternity. My eternity is set. All I have to do is get through this life thing. Therefore get up each and every day and get this before you leave your home. See me see God. You can do this one hour at a time, one day at a time, one person at a time. Let it go, please. May God bless and keep you always.

James, jaws@dallasweekly.com.

SENIOR MOMENTS

Struggling to make ends meet

My Fellow Seniors:

I don't want to sound like a broken record, but I intend to stay on the subject of home sharing until it begins to take root. I have been urging seniors who live in an "empty nest" to share their homes with some young person who is struggling to make ends meet. Someday, the shoe could be on the other foot. We might need some young person to move in



Ruth Johnson

because of our own failing health.

I know of one senior who was waiting for her daughter to come home and live with her after retirement, but, before that could happen, the woman was taken to the nursing home. The daughter promised faithfully that, as soon as she could get away, she would have her mother released and that they would go home and live together in peace and happiness.

However, she was too late. By the time she got home, her mother's house had already been sold, and the money was given to the nursing home. Evidently, there is a law that

is the heart and soul of the community. It is the glue that holds us together.

If we share our problems, our wisdom, and our deepest concerns, we will be climbing mountains together and propping one another up whenever a prop is needed. I pray each and every day that our people will bring their concerns to the altar, which is the only place where we can all bow together in the presence of God and one another. We will make this world a better place when we all rise together.

Mrs. Ruth Johnson is a, First Baptist Church Ministry Worker.

TELL SOMEBODY

"Fear Not!" - Part II

"For God hath not given us a spirit of fear; but of power, and of love, and of a sound mind." II Timothy 1:7



Sylvia Hooper

Fear: Unpleasant, often strong emotion caused by expectation or awareness of danger; Anxious concern

Christian Believers live victorious lives when walking by faith. "Now faith is the substance of things hoped for, the evidence of things not seen." Hebrews 11:1 Faith is the assurance of things hoped for and the proving of things not seen. Hebrews 11:6 says, "But Without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him." Because we want to please God, we are willing to walk by faith and to live by faith, as he asks us to do in His word. Faith allows us to lay hold to the promises of God and to receive many blessings from above.

This is why we should, Fear Not!

Fear is the opposite of faith. Fear cancels faith and causes one to make many mistakes in judgement. Fear promotes anxiety, which leads to a rush to judgement and rash decisions. I John 4:18 says, "There is no fear in love; but perfect love casteth out fear; because fear hath torment. He that feareth is not made perfect in love." Fear breeds anger, hatred, paranoia, and suspicion. Fear will not allow you to walk in love towards your brother or sister. Fear magnifies differences and minimizes commonalities. Fear separates and divides families, and communities racially, socially, and economically. On the other hand, Faith brings us together for the common good and with a common goal and purpose. This is why we should, Fear Not! God has not given us a spirit of fear for that very reason. God wants his children to get along and to live in peace and harmony. Fear will not allow people to dwell together in unity because fear is not of God. As a church, we cannot be fear based and faith based at the same time. We are either walking by faith or living in

fear.

Fear based politics is very prevalent today. When candidates contend for office, by seeking to frighten people of their opponent, that campaign is fear based! The campaign run by fear seeks to separate and isolate voters with biased logic, that hurts more than it helps. Instead of focusing on the candidate's actual ability, experience, conduct, character or potential... They use dirt as a distraction to cloud the real issues, muddy the waters, and to confuse the voters as to who is the better candidate. Fear based voting can cause people to lose sight of God, and see the need to do God's will without waiting on the Lord. Fear based politics use extreme negativity to gain votes. Fear based politics is bad for the community, nation and the world. When people use fear to get in office, they will use fear to stay in office. Christian voters should vote their faith according to the facts and not their fears. This is why we should Fear Not!

Faith based politics can be used in a positive way to impact our communities. Faith in God and his word shows, a level of humility affecting con-

duct and character, that is needed for those who hold office in our local, state and federal government. Fact and faith can work together, and produce great results for the common good and to the glory of God. That is, if we, Fear Not!

Prayer: Father, teach us to walk in faith, and not give way to the spirit of fear. In Jesus's Name. Amen.

"Mrs. Sylvia B. Hooper is a native Wilmingtonian, married to Pastor Johnson A. Hooper; First Lady of Faith Outreach COGIC, Jacksonville, N.C. She is a mother of three wonderful children and a proud grandmother! She is a Licensed Evangelist with COGIC, International. She is the President of PWE. Pastors Wives Empowerment Conference, an annual event held in honor of Pastors and ministers Wives. This support group's focus is to Encourage, Embrace and Empower Elect Ladies to be all they can be in Christ Jesus, while providing support to their husbands, who are Gospel preachers and pastors. Her heart's desire is to please the Lord, rescue the perishing, comfort the dying, and live a life that gives God glory!"

THE RELIGION CORNER

MSG foods - What you really need to know-Pt. 1

BY LYNDIA GRANT
OF THE WASHINGTON
INFORMER

(NNPA)- Each year in memory of my mother, Fannie Estelle Hill Grant, and to honor the anniversary of my radio talk show



Lyndia Grant

The Lyndia Grant Show, I sponsor a health fair. The next show will air on Radio One's WYCB AM, Spirit 1340, Saturday, June 13, 2015. This year's health fair will be held at The Mill, 1500 Union Avenue, Baltimore, Maryland. I'm so pleased to have invited the honorable Mayor Stephanie Rawlings-Blake and the president of the Baltimore City Council, Bernard "Jack" Young. District 7 is where The Mill is situated, and The Honorable Nick Mosby & Helen Holton will welcome attendees to his District.

This health fair has been in the planning phase for more than six months, long

before the riots! Followers of my column know health fairs are held in memory of mother who died from complications of Type 2 Diabetes at my anniversary, every year; which ties into the reason for this column.

Recently, I wrote a column titled Balancing Your Life - Mentally, Physically and Spiritually. I spoke of how sickness is all over the land, partially because of MSG foods, and I shared a true story about MSG, and how it causes weight gain and its direct connection to Type 2 Diabetes. A reader called me, which prompted this follow-up column. The caller said "You did not tell us what MSG means." I took for granted most readers were familiar with MSG, obviously not. This follow-up is for those of you who may not be familiar with this acronym.

What is monosodium glutamate (MSG)? It is a sodium salt food additive used to provide flavor to Chinese food, canned vegetables, soups and processed meats.

An article published by the Mayo Clinic shares information from The Food and Drug Administration (FDA),

which classified MSG as a food ingredient that's "generally recognized as safe," but its use remains controversial. For this reason, when MSG is added to food, the FDA requires that it be listed on the label.

A study by National Institute of Health (NIH) showed that mice injected with monosodium glutamate (MSG) led to the development of significant inflammation, central obesity, and type 2 diabetes. By 6 and 12 months of age, "These results take on considerable significance in light of the widespread usage of dietary MSG and we suggest that MSG should have its safety profile re-examined and be potentially withdrawn from the food chain," the report said.

I'm sure you're asking: What foods contain MSG? Let us examine the answer: Many websites share comprehensive lists of MSG foods. www.msgtruths.org has a small sampling for those of you who would like to avoid MSG foods. They suggest you not eat: Doritos; KFC, chicken and sausage products, ranch dressing, parmesan items,

gravy, dipping sauces, and fries with any kind of seasoning on them except plain salt. Flavored salty snack chips, like Cheetos and items with cheese powder added. Avoid parmesan encrusted soups, Caesar salad, fish sauce or extract, soy sauce, boars head, cold cuts and beef jerky (usually made with soy sauce) and anything that comes out of a can; the list is extremely long, folks.

Look around and pay close attention to body sizes today. Then look in your yearbooks from the 1950's, 1960's and even 1970's; young people were much smaller.

Organic foods are best, more expensive, but you only have one life. I'm worth it; are you? Far too many African Americans are unaware. This appears to be another form of enslavement; it is a way to kill us off quickly! More next week.

Lyndia Grant is an author, inspirational and motivational speaker, radio talk show host and columnist. Visit her new website at www.lyndia-grant.com and call 202-263-4621. Listen Fridays at 6 p.m. to her talk show on WYCB (1340 AM), a Radio One station.

Readers have requested that

The Wilmington Journal publish its special edition

on Thursday, JULY 2, 2015 (instead of MAY 21, 2015)

in celebration of its 88th Anniversary, the 100th Anniversary of Williston and in memory of Katherine Jervay Tate.

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LEGAL NOTICES

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Administrator of the Estate of **Lisa Jean Epply**, deceased of New Hanover County, North Carolina, does hereby notify all persons, firms and corporations having claims against the estate to exhibit them to the undersigned on or before **September 4, 2015** or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 4th day of June, 2015

Anna E. Gemel, Administrator
910 North 5th Avenue
Wilmington, NC 28401
Chiaki Ito, Attorney
113 B Dock Street
Wilmington, NC 28401

June 4, 11, 18, 25, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER
IN THE GENERAL COURT
OF JUSTICE
SUPERIOR COURT DIVISION
BEFORE THE CLERK
15 E 589
IN THE MATTER OF THE ESTATE
OF: CHARLES MONROE CARTER**

The undersigned, having qualified as Executrix of the Estate of **Charles Monroe Carter**, deceased, late of New Hanover County, North Carolina, this is to notify all persons, firms, and corporations having claims against the estate of the deceased to present such claims to the undersigned at the offices of Humphries & King, P.C., 616 Princess Street, Wilmington, NC 28401 on or before the **June 25, 2015**, or this notice will be pleaded in bar of their recovery. All persons indebted to the estate or decedent shall please make immediate payment to the undersigned.

This the 27th day of May, 2015.

Jeanne S. Carter
JEANNE S. CARTER, Executrix
THE ESTATE OF CHARLES MONROE CARTER
c/o Mark S. King, Attorney at law
Humphries & King, P.C.
616 Princess Street
Wilmington, NC 28401

June 4, 11, 18, 25, 2015

**NOTICE TO DEBTORS AND CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER
IN THE GENERAL COURT OF JUSTICE
SUPERIOR COURT DIVISION
BEFORE THE CLERK
15 E 666**

The undersigned having duly qualified as Administrator of the Estate Administration of **ALBERT WILLIAM BALL**, late of Wilmington, North Carolina, does hereby notify all persons, firms and corporations having claims against said Estate to exhibit them to the undersigned at Post Office Box 4, Wilmington, North Carolina, 28402, on or before the **14th day of September, 2015**, or this Notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said Estate are requested to make immediate payment to the undersigned.

This the 10th day of June, 2015.

Diana June Ball, Administrator
Estate of Albert William Ball
Susan K. Hill
Block, Crouch, Keeter, Behm & Sayed, L.L.P.
P.O. Box 4
Wilmington, NC 28402

June 11, 18, 26, July 2, 2015

**INVITATION FOR BIDS
SOLICITATION NO.: RFY15.03
HOUSING AUTHORITY OF THE
CITY OF WILMINGTON
NORTH CAROLINA
PEST CONTROL SERVICES
AUTHORITY-WIDE INCLUDING
GLOVER PLAZA**

The Housing Authority of the City of Wilmington North Carolina (WHA) Central Office located at 1524 S. 16th Street is soliciting sealed bids from interested contractors to provide Pest Control Services Authority Wide including Glover Plaza.

Project Manuals will be available on our website beginning Friday, June 12, 2015. You can download the project manual at www.wha.net, click on business opportunities. Bid Opening will be held on June 23, 2015 at 10:30 a.m.

WHA reserves the right to reject any or all bids and to waive any information in the proposal process.
Laurette Corbyons
Procurement Manager

June 11, 2015

LEGAL NOTICES

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Executor of the estate of **Jo P. Alford**, late of 101 Cedar Cove, Wilmington, New Hanover County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned 701 Market Street, Wilmington, North Carolina, 28401 on or before the **August 24, 2015**, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate please make immediate payment to the undersigned.

This the 18th day of May, 2015.

Talmsi Schultz, Executor of the Estate of Jo P. Alford
Craig and Fox, PLLC
701 Market Street
Wilmington, NC 28401

May 21, May 28, June 4, 11, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Executor of the Estate of **Diane L. Marvin**, deceased of New Hanover County, North Carolina, does hereby notify all persons, firms and corporations having claims against the estate to exhibit them to the undersigned on or before **September 4, 2015** or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 4th day of June, 2015

Burnie D. Marvin, Executor
Of the Estate of Diane L. Marvin
103 Alexandria Court
Wilmington, NC 28412
Murchison, Taylor & Gibson, PLLC
16 North Fifth Avenue
Wilmington, NC 28401

June 4, 11, 18, 25, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Administrator of the Estate of **Rebecca Cash Furre**, deceased of New Hanover County, North Carolina, does hereby notify all persons, firms and corporations having claims against the estate to exhibit them to the undersigned on or before **September 4, 2015** or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 4th day of June, 2015

Paul W. Cash, Administrator
217 Sutton Springs Drive
Garner, NC 27529

June 4, 11, 18, 25, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Fiduciary Administrator of the Estate of **Ann A. Coley**, deceased New Hanover County, North Carolina, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the **21st day of August, 2015**, or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate please make immediate payment to the undersigned.

This the 21st day of May, 2015

Timothy Alford, Fiduciary
Administrator
3105 Oakley Circle
Castle Hayne, NC 28429

May 21, 28, June 4, 11, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Collector of the Estate of **Linda Ellen O'Connell**, late of 109 North Kerr Avenue, Wilmington, New Hanover County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned in care of Charles Tighe, Esq. at Landfall Executive Suites, 1213 Culbreth Drive, Wilmington, North Carolina 28405, on or before the **3rd day of September, 2015**, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This the 28th day of May, 2015

Danielle Marion, Collector of the Estate of Linda Ellen O'Connell
Charles M. Tighe, Esq.
Attorney at Law
Landfall Executives Suites
1213 Culbreth Drive
Wilmington, NC 28405

June 4, 11, 18, 25, 2015

LEGAL NOTICES

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Executor of the estate of **James E. Boyce**, late of 8412 Fazio Dr., Wilmington, New Hanover County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned 701 Market Street, Wilmington, North Carolina, 28401 on or before the **August 24, 2015**, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate please make immediate payment to the undersigned.

This the 18th day of May, 2015.

Sarah Burger, Executor of the Estate of James E. Boyce
Craig and Fox, PLLC
701 Market Street
Wilmington, NC 28401

May 21, May 28, June 4, 11, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified as Administrator of the Estate of **Betty F. Scavella**, late of 615 Queen Street, Wilmington, New Hanover County, North Carolina the undersigned does hereby notify all persons, firms and corporations having claims against the Estate of said decedent to exhibit them to the undersigned at 701 Market Street, Wilmington, North Carolina, 28401 on or before September 4, 2015 or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This the 26th day of May, 2015.

Charlotte Noel Fox,
Administrator of the Estate of Betty F. Scavella
701 Market Street
Wilmington, NC 28401

May 28, June 4, 11, 18, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

All persons, firms and corporations having claims against **Edward C. McNair**, late of New Hanover County, North Carolina, who died on December 26, 2014, are hereby notified to present their claims to Caroline Gillick, Personal Representative, in care of the undersigned attorney at his address, on or before **September 9, 2015**, or this Notice will be pleaded in bar of recovery. All persons, firms and corporations indebted to the deceased, please make immediate payment.

This 11th day of June, 2015

Caroline Gillick, Personal Representative
John J. Peck, Attorney at Law
428 Eastwood Road
Wilmington, NC 28403

June 11, 18, 25, July 2, 2015

**SUMMONS
STATE OF SOUTH CAROLINA
COUNTY OF CHARLESTON
LATREECE A. STONEY.
IN THE FAMILY COURT OF
THE NINTH JUDICIAL
CIRCUIT
CASE No 2014-DR- 10-650**

**LATREECE A. STONEY
PLAINTIFF
V.
TYSHAWN D. JOYE
DEFENDANT**

YOU ARE HEREBY SUMMONED and required to answer the Complaint in this action. A copy of which is herewith served upon you. and to serve a copy of your pleading to said Complaint upon the subscriber at her office at 1525 Sam Rittenberg Blvd., Suite 208, Charleston, South Carolina 29407, within thirty (30) days after the service hereof. Exclusive of the day of such service. A hearing will be held on Friday, July 24, 2015 at 9:30 am at the Charleston County Family Court, 100 broad Street, Charleston, SC , 29401. And if you fail to answer the Complaint within the time aforesaid, judgment by default will be rendered against you for the relief demanded in the Complaint.

This the 2nd May, 2015

SWOPE LAW FIRM. P.A.
Attorney For Plaintiff
1525 Sam Rittenberg Blvd.,
Suite 208
Charleston, South Carolina
29407
843- 852-4925

June 4, 11, 18, 2015

LEGAL NOTICES

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

Having qualified Executor of the Estate of **Laura Fennell Hill**, deceased New Hanover County, North Carolina, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the **21st day of August, 2015**, or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate please make immediate payment to the undersigned.

This the 21st day of May, 2015

Joseph Thomas Fennell Hill, Executor
616 South 2nd St.
Wilmington, NC 2401

May 21, 28, June 4, 11, 2015

**NOTICE TO CREDITORS
STATE OF NORTH CAROLINA
COUNTY OF NEW HANOVER**

The undersigned having qualified as Administrator of the Estate of **Susanne McKeown**, deceased, New Hanover County 15-E-728, late of New Hanover County, North Carolina, gives notice to all persons, firms, and corporations having claims against the estate to present such claims to the undersigned at the offices of Alan M. Solana, Solana, Theriault & Gross, PLLC, Attorneys at Law, 1650 Military Cutoff Road, Suite 200, Wilmington, NC 28403, on or before the **18th day of September, 2015**, or this Notice will be pleaded in bar of their recovery. All persons indebted to the estate will please make immediate payment.

This the 11th day of June, 2015

Marten McKeown, Administrator
c/o Alan M. Solana, Attorney at Law
Solana, Theriault & Gross, PLLC
1650 Military Cutoff Road, Suite 200
Wilmington, NC 28403

June 11, 18, 26, July 2, 2015

**INVITATION FOR BIDS (IFB)
HOUSING AUTHORITY OF
THE CITY OF WILMINGTON
NORTH CAROLINA (WHA)
Solicitation No.: RFY15.05
UNARMED SECURITY GUARD
SERVICES AT THE
SOLOMON TOWERS
BUILDING**

The Housing Authority of the City of Wilmington North Carolina (WHA) Central Office located at 1524 S. 16th Street is soliciting sealed bids from interested contractors to provide UNARMED SECURITY GUARD SERVICES at our SOLOMON TOWERS BUILDING, 15 Castle Street.

Project Manual with specifications will be available on our website beginning Monday, June 8, 2015. You can download the project manual at www.wha.net, click on business opportunities.

WHA reserves the right to reject any or all bids and to waive any information in the proposal process.
Laurette Corbyons
Procurement Manager

June 11, 2015

**NOTICE OF SERVICE OF
PROCESS BY PUBLICATION
STATE OF NORTH CAROLINA
COUNTY OF PENDER
IN THE GENERAL COURT OF
JUSTICE
SUPERIOR COURT DIVISION
BEFORE THE CLERK
14 SP 264**

**IN THE MATTER OF THE
ESTATE OF MARTHA EVELYN
MANLEY
TO: AVERY BRUNS, MADISON
BRUNS & KENNETH EARL
BRUNS**

TAKE NOTICE that a pleading seeking relief against you has been filed in the above entitled special proceeding. The nature of the relief being sought is an order allowing the Executor of the Estate of Martha Evelyn Manley to sell real property located at 201 Oakmont Drive, Hampstead, Pender County, N.C. [also known as Lot 21 of Cross Creek subdivision] in which Avery Bruns, Madison Bruns and Kenneth Earl Bruns have or may have an interest.

You are required to make defense to such pleading no later than July 5, 2015. Upon your failure to do so, Petitioner will apply to the Court for the relief sought.

Ray C. Blackburn, Jr.,
Attorney for Plaintiff
State Bar #10248
P.O. Box 895
Hampstead, N.C. 28443
910) 270-2022

May 21, 28, June 4, 11, 2015

LEGAL NOTICES

**INVITATION FOR BIDS
SOLICITATION NO.:
RFY15.08
HOUSING AUTHORITY OF
THE CITY OF WILMINGTON
NORTH CAROLINA
GENERAL PLUMBING
SERVICES
AUTHORITY-WIDE
INCLUDING GLOVER PLAZA**

The Housing Authority of the City of Wilmington North Carolina (WHA) Central Office located at 1524 S. 16th Street is soliciting sealed bids from interested contractors to provide General Plumbing Services Authority Wide including Glover Plaza.

Project Manuals will be available on our website beginning Friday, June 12, 2015. You can download the project manual at www.wha.net, click on business opportunities. Bid Opening will be held on June 24, 2015 at 9:30 a.m.

WHA reserves the right to reject any or all bids and to waive any information in the proposal process.
Laurette Corbyons
Procurement Manager

June 11, 2015

**NOTICE OF SERVICE OF
PROCESS BY PUBLICATION
STATE OF NORTH CAROLINA
NEW HANOVER COUNTY
IN THE GENERAL COURT
OF JUSTICE
DISTRICT COURT DIVISION
15SP000368**

**FOR THE ADOPTION OF:
CHRISTIAN JOSE ELLESTON
MUNOZ
BY: DAVID ALPHANSO
ELLESTON
PETITIONING FATHER AND
DEBORAH ELAINE GREEN
ELLESTON
PETITIONING MOTHER
TO: JOSE PENA MUNOZ
AKA JOHN DOE, RESPONDENT**

Take notice that a Petition for Adoption was filed by David Alphanso Elleston and wife Deborah Elaine Green Elleston on the 27th of May, 2015, with the Clerk of Superior Court of New Hanover County in the above entitled special proceeding. The Petition relates to a male child born on August 20, 2007 in New Hanover Regional Medical Center in Wilmington, North Carolina. The birth mother's name is Davida Andrea Elleston. The name of the child to be adopted is Christian Jose Elleston Munoz. The nature of relief sought is an adoption.

Take notice that you are required to make a defense to such pleading no later than 40 days after the date of the first publication of this notice, exclusive of such date. You are required to make defense to this petition in order to participate in and receive further notice of the proceeding, including notice of the time and place of hearing. Upon your failure to do so, the Petitioners will apply to the Court for the relief sought in the Petition. Any parental rights that you may have will be terminated upon entry of the decree of adoption.

This 2nd day of June, 2015.

Law Office of Terry B. Richardson
Attorney for petitioners
NC Bar #10015
209 Princess Street
Wilmington, NC 28401
(910)763-7420

June 4, 11, 18, 2015

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Identify Theft: America's Fastest Growing Crime!
Think you're not at risk? Unfortunately you are.

Do you...
 hand your credit card to servers at restaurants?
 sign your credit cards?
 supply personal information over the internet?
 keep your Social Security number in your wallet or purse?
 leave mail at your home or business for the postal carrier to collect?
 throw away mail with personal information without shredding it?

Have you.....
 thought about writing or revising your will?
 been audited by the IRS?
 purchased a home?
 been a defendant in a civil lawsuit?
 signed a contract of any kind?
 paid a bill you thought was unfair?
 received an inaccurate credit report?
 received a moving traffic violation you thought was unjustified?
 had any type of legal question?

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 Agent



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