



TWIN CITY TIMES

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Bates Dance Festival 2024 announces lineup

LEWISTON, ME – The Bates Dance Festival returns to the Bates College campus for its 42nd season this summer with three mainstage programs at the Schaeffer Theatre along with free concerts, works in progress, artist talks, panel discussions and for the first time, a dance competition, the Summer Battle 2024, featuring three genres of Black dance.

The renowned festival will run from July 12–August 2. Ticket sales open June 1, with pricing from \$5–\$35 to make performance accessible to all.

“Every year we offer a platform for world class performance at Bates,” said Director Shoshona Currier. “And our three mainstage performers, Aretha Aoki & Ryan MacDonald, who are based in Maine, Sean Dorsey Dance, a festival favorite, and TRIBE,

led by Shamel Pitts, who is also teaching Gaga during the Professional Training Program, will bring their extraordinary vision and artistry to the Lewiston/Auburn community. New this year is a collaboration with two long-time BDF faculty members, Shakia Barron and Duane Lee Holland Jr., to shake things up with an invitational dance competition.”

The Summer Battle

2024, slated for the last weekend in July, is “about uplifting the virtuosity and lineage of Black American Artistry,” Currier said. It’s hosted with CRÄV (Cultivating Revolutionary Artistic Virtuosity), a collaborative dance program co-founded by professional dancers Shakia “The Key” Barron, an assistant professor of dance at Mount Holyoke and Holland Jr., who is on the dance faculty

at UMass-Amherst.

“We’ll have pioneers and ambassadors of the culture serving as panelists, judges, emcees and master teachers for an incredible weekend of dance, community and battles in three genres, Breakin’, Hip Hop and House,” Currier said. The finals and exhibition will be a ticketed event on Saturday.

“We’ve never done a dance competition before,

but we expect this to be an electric experience,” Currier added. “Registration for the Battle is open through May 6 so we’re incredibly excited to see who enters, not to mention who the winners are on July 27.”

That weekend will also feature a panel discussion, “The Continuum of Black American Artistry” and conclude on Sunday with a community master class taught by Barron.

LPL has museum and park passes



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LEWISTON, ME – Museum and park passes are now available for reservation or checkout in the Children’s Department at the Lewiston Public Library. Passes and tickets are available for the following destinations: Children’s Museum + Theatre of Maine, Coastal Maine Botanical Gardens and all Maine State Parks.

Children’s Museum + Theatre of Maine: Discount daily passes. This pass entitles the holder to a 50% discount to one play session for up to four people for one day.

Coastal Maine Botanical Gardens: Free tickets for one group per day, from May 1st through October 20th. One group includes a maximum of two adults and children under age 18. Tickets must be

reserved in advance for a date and time.

Maine State Park: This pass provides free admission for one car-load to enter any State Park in Maine. Any person with an Auburn or Lewiston Library Card in good standing may check out a Maine State Park pass. The pass is available on first come/first served basis, must be returned within 24 hours after pick up, and cannot be reserved in advance.

To reserve or check out passes and tickets contact the Children’s Department at 513-3133 or email LPLKids@lewistonmaine.gov. For more information on all museum and park passes visit: <https://lplonline.org/kids/things-to-borrow/museum-and-park-passes-2/> or contact the Lewiston Public Library Children’s Department. The Lewiston Public Library is located downtown at 200 Lisbon Street at the corner of Pine Street and Lisbon Street.

New to UU at Auburn UU



Christmas Eve 2023 worship service at The First Universalist Church of Auburn

AUBURN, ME – The First Universalist Church of Auburn will host “New to UU,” an informational session about the church on Sunday, May 19, from 11am-3pm. Rev. Patrick McLaughlin and the Membership Committee will introduce newcomers to the ministries of the church, and to the Unitarian Universalist faith.

Lifelong member Ms. Esther Tucker will give a brief talk about the history of the church.

Board President Anne Perron will lead a tour of the iconic building, with its carpenter gothic sanctuary, Hook & Hastings organ and recently restored Rose Window. A light luncheon will be served.

Attendance is not a commitment to join Auburn UU, but it is a requirement if you wish to sign the Membership Book. For further questions, contact Paula Spruill at pbsauburn@gmail.com.

The First Universalist Church of Auburn is located at 169 Pleasant Street in Auburn; enter on Spring Street across from Dairy Joy. Parking; accessible. For more information, see www.auburn.org.

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Newsmakers, Names & Faces

\$28M for Maine to advance safe drinking water

BOSTON, ME – The U.S. Environmental Protection Agency announced \$28,650,000 from President Biden’s Investing in America agenda to help Maine identify and replace lead service lines, preventing exposure to lead in drinking water. Lead can cause a range of serious health impacts, including irreversible harm to brain development in children. To protect children and families, President Biden has committed to replacing every lead pipe in the country. Today’s announcement, funded by the Bipartisan Infrastructure Law and available through EPA’s successful Drinking Water State Revolving Fund (DWSRF), takes another major step to advance this work and the Administration’s commitment to environmental justice. This funding builds on the Administration’s Lead Pipe and Paint Action Plan and EPA’s Get the Lead Out Initiative.

Working collaboratively, EPA and the State Revolving Funds are advancing the President’s Justice40 Initiative to ensure that 40% of overall benefits from certain federal investments flow to disadvantaged communities that are marginalized by underinvestment and overburdened by pollution. Lead exposure disproportionately affects communities of color and low-income families. The total funding announced

through this program to date is expected to replace up to 1.7 million lead pipes nationwide, securing clean drinking water for countless families.

“The science is clear, there is no safe level of lead exposure, and the primary source of harmful exposure in drinking water is through lead pipes,” said EPA Administrator Michael S. Regan. “President Biden understands it is critical to identify and remove lead pipes as quickly as possible, and he has secured significant resources for states and territories to accelerate the permanent removal of dangerous lead pipes once and for all.”

“Our goal is simple, yet essential: to assure that everyone has clean, safe drinking water. That’s why identifying and replacing lead service lines is crucial; it can protect our communities, especially the most vulnerable, from lead exposure,” said EPA Regional Administrator David W. Cash. “New England has some of the oldest housing stock in the country, and no one—no matter where they live—should have to worry about lead in their drinking water and what comes out of the tap. This funding from the Bipartisan Infrastructure Law provides the much-needed resources to help deliver on that promise—to replace every lead pipe and ensure clean, safe drinking water for all.”

“We know there is no safe level of lead consump-



tion, especially for children. And while Maine was decades ahead of the nation on banning lead pipes and plumbing fixtures, thousands of lead service lines are still in use across the state,” said Senator Angus King (I-Maine) and Representatives Chellie Pingree (D-Maine) and Jared Golden (D-Maine). “Thanks to the landmark Bipartisan Infrastructure Law, this \$28 million federal investment will help identify and replace remaining lead pipes across Maine so we can eradicate this known health threat for good. We’re proud to see this historic law continue to deliver for Maine people.”

“The Maine CDC remains committed to assisting Public Water Systems with identifying and replacing any lead service lines that may still be present across the State,” said Dr. Puthiery Va, Director of the Maine Center for Disease Control and Prevention. “The U.S. EPA funding is available to Public Water Systems in Maine to support that important work.”

President Biden’s Bipartisan Infrastructure Law invests a historic \$15 billion to identify and replace lead service lines. The law mandates that 49% of funds provided through the DWSRF Gen-

eral Supplemental Funding and DWSRF Lead Service Line Replacement Funding must be provided as grants and forgivable loans to disadvantaged communities, a crucial investment for communities that have been underinvested in for too long. EPA projects a national total of 9 million lead services lines across the country, based on data collected from the updated 7th Drinking Water Infrastructure Needs Survey and Assessment. The funding announced today will be provided specifically for lead service line identification and replacement and will help every state and territory fund projects to remove lead pipes and reduce exposure to lead from drinking water.

The Lead Service Line-specific formula used to allot these funds allows states to receive financial assistance commensurate with their need as soon as possible, furthering public health protection nationwide. The formula and allotments are based on need—meaning that states with more projected lead service lines receive proportionally more funding.

Alongside the funding announced today, EPA is also releasing a new memorandum that clarifies how states can use this and other funding to most ef-

fectively reduce exposure to lead in drinking water. Additionally, EPA has developed new outreach documents to help water systems educate their customers on drinking water issues, health impacts of lead exposure, service line ownership, and how customers can support the identification of potential lead service lines in their homes.

The Biden-Harris Administration’s ambitious initiative to remove lead pipes has already delivered significant results for families across the nation. Today’s latest funding will ensure more families benefit from these unprecedented resources, and support projects like these:

The Greater Augusta Utilities District has received \$1,000,000 through the Bipartisan Infrastructure Law for Lead Service Line Inventories including the purchase of a vacuum truck and trailer.

The Stonington Water Company has received \$65,000 through the Bipartisan Infrastructure Law for service line inspection and replacement associated with a transmission line replacement.

The Presque Isle Utilities District has received \$479,596 through the Bipartisan Infrastructure Law for Vacuum truck purchas-

ing for Lead Service Line inventory and replacement.

To view more stories about how the unprecedented investments from the Bipartisan Infrastructure Law are transforming communities across the country, visit EPA’s Investing in America’s Water Infrastructure Story Map. To read more about some additional projects that are underway, see EPA’s recently released Quarterly Report on Bipartisan Infrastructure Law Funded Clean Water and Drinking Water SRF projects and explore the State Revolving Funds Public Portal.

Today’s allotments are based on EPA’s updated 7th Drinking Water Infrastructure Needs Survey and Assessment (DWINSA) including an assessment of newly submitted information. To date, this is the best available data collected and assessed on service line materials in the United States. Later this summer, EPA will release an addendum to the 7th DWINSA Report to Congress which will include the updated lead service line projections. EPA anticipates initiating data collection, which will include information on lead service lines, for the 8th DWINSA in 2025.

For more information, including state-by-state allotment of 2024 funding, and a breakdown of EPA’s lead Drinking Water State Revolving Fund, please visit EPA’s Drinking Water website.

MaineCF grants available to support animal welfare

PORTLAND & ELLSWORTH, ME — Grants from the Maine Community Foundation’s (MaineCF) Animal Welfare Fund are available to organizations

and projects that advance animal welfare for small companion animals in the state.

In 2023, the Animal Welfare grant program awarded a total of

\$408,980 to 29 organizations. Grantees included Somerset Humane Society, for a low-cost spay and neuter program, and general support for Give a Dog a Home German



Maine
Community Foundation

Shepherd Rescue and Greater Androscoggin Humane Society.

The application dead-

line is Monday, June 3. For more information and to apply, visit www.mainecef.org/animalwelfare.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.



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Newsmakers, Names & Faces

Lewiston Farmers' Market opens for the season

LEWISTON, ME — The Lewiston Farmers' Market opened for the 2024 summer season on Sunday, May 12th at the municipal parking lot on the corner of Lincoln and Main Street. The market will operate every Sunday, May through November, and will occur rain or shine. The Lewiston Farmers' Market is proud to be able to offer community members farm fresh, local food and goods in a way that supports community well-being and is looking forward to another robust season. Farmers' Mar-

kets serve as an important access point for fresh, healthy, and local food and is a cornerstone for the livelihood of many farmers and small businesses. As in last season, customer and vendor health is of utmost importance to the Lewiston Farmers' Market. The market will continue to prioritize meeting people's food and community needs with safe practices in place and guidance from the Maine Federation of Farmers' Market (MFFM) and Department of Agriculture Conservation and Forestry (DACF). We thank all our

neighbors and friends for their incredible and continued support during this time and for the ways in which they came together last season to create a welcoming and healthy space for all.

For 2024, visitors to the market can expect to shop with new and returning vendors selling farm fresh vegetables, seasonal fruit, grass fed beef, chicken, lamb, pork, homemade baked goods, maple products, small batch cheese and milk, fresh cut flowers, perennial plants, handcrafted soap, fiber art, crafts and

more! Additionally, live music and community programs will be brought back in a safe manner for all to enjoy.

Customers are able to purchase their goods with a range of currency including Cash, Credit, Debit or SNAP/EBT (food stamps) and WIC. SNAP/EBT shoppers will continue to access the "Maine Harvest Bucks" program (<http://maineharvestbucks.org/>) which provides SNAP/EBT users with bonus fresh fruits and vegetables. The market will also be running its well loved "Mar-

ket Rewards" program whereby loyal customers receive a gift certificate after five visits AND the very popular "Seniors Day" program where seniors 62 and over receive a gift certificate to the market EVERY FIRST SUNDAY of the month.

A family-friendly farmers' market right in the heart of Lewiston-Auburn, the Lewiston Farmers' Market offers visitors a chance to connect with one another and shop for a wide variety of fresh, delicious local foods and goods. The Lewiston

Farmers' Market is sponsored by St. Mary's Nutrition Center (NC), a local and statewide resource dedicated to promoting community health through organizing, advocacy and education.

To stay up to date on Lewiston Farmers' Market activities including the pre-order and pick-up system please visit lewistonfarmersmarket.com, <https://www.facebook.com/lewistonfarmersmarket> or contact the market at lewistonfarmersmarket@gmail.com or call 207-513-3848

Midcoast Symphony Orchestra showcases finalists

TOPSHAM, ME —The Midcoast Symphony Orchestra (MSO), currently concluding its 34th season, announces the five Maine students who will be competing in a public performance to determine who wins the opportunity to perform with the MSO during its upcoming 2024/25 season. The Judith Elser Concerto Competition finals take place on Wednesday, May 22nd at 7pm at the Franco Center in Lewiston, and the performance is free and open to the public. The biennial competition honors the late Judith Elser, an MSO cellist and board member, and offers any student attending a Maine college or university the opportunity to apply for consideration. More information is available on the MSO website at www.midcoastsymphony.org. Audiences are encouraged to reserve their free tickets in advance on-



line or by calling the box office at (207) 481-0790.

The five finalists in the 2024 edition of the competition are as follows: Enzo Zhou, Violin; Heath Kennedy, Tuba; Joshua Zhang, Trombone; Miles Benson, Trombone; and Oren Varess, Piano.

Enzo Zhou attends Bowdoin College and was a 2020 graduate of Western Reserve Academy in Ohio where he served as Concert Master as well as being a featured soloist. He played for two summers at the Credo at Oberlin Conservatory, and has studied with Dean Stein and Jin Yu.

Heath Kennedy is a student at the University of Maine, Orono. He grew up in the Portland area, graduating from Cape Elizabeth High School in 2022. He has performed with the Portland Youth Wind Ensemble and Portland Youth Symphony Orchestra, and was honored with the John Philip Sousa Band Award while still in high school.

Joshua Zhang studies at Colby College where he was its 2023 Concerto Competition winner. He grew up in Wayland, Massachusetts and was awarded NAFME All-National Honors Ensemble in 2020 as well as the John Phil-

ip Sousa Band Award in 2022. Other experiences include Interlochen Arts Camp World Youth Wind Symphony and MMEA All State Honors Ensembles.

Miles Benson also attends Bowdoin College after graduating from Duluth East High School in Duluth, Minnesota. He was the MMEA All-State Concert Band Section Leader in 2021 and 2022, and was awarded the Gus & Henrietta Hill Scholarship for Music when he graduated from high school.

Oren Varess is currently a full-time piano instructor who is earning

their master's degree in piano performance at the University of Southern Maine. They earned their undergraduate degree at the University of Southern Maine as well, where they won two concerto competitions and two Honors Recital Awards.

The Midcoast Symphony Orchestra is a community orchestra founded in 1990. Started as a chamber orchestra, there are now more than 80 members. The MSO performs a full range of orchestral literature from the classical to modern periods with four regular

concerts each season at the Franco Center in Lewiston and the Orion Performing Arts Center in Topsham. A community-based organization, the orchestra draws players and audiences from south of Portland to Rockland along the coast, and inland from Augusta to the Lewiston-Auburn area. Its members all volunteer their time to practice and perform with the Midcoast Symphony. Under the baton of Rohan Smith, the orchestra continues to attract ever more professional-caliber musicians and award-winning guest artists.

LPL to host blockbuster movie event

LEWISTON, ME — The Lewiston Public Library will host its second Blockbuster Movie Event in May. This event will showcase a movie that, when introduced to theaters, drew large crowds to see it. This event will be free and open to the public. Participants are free to bring their favorite movie snacks with them.

Our event is Tuesday,


May 28, 2024, from 4 to 6 pm in Callahan Hall. Come and enjoy the film that got us all wearing pink and saying, "There is only one Allan."

The Lewiston Public Library is located downtown at 200 Lisbon Street at the corner of Pine Street and Lisbon Street. To inquire about which movie will be featured this May please reach out to the

Lewiston Public Library at 513-3135 or LPLReference@lewistonmaine.gov.

Send all items for What's Going On to the Editor. Deadline is Friday by five.


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Jonathan Knowlton joined Champoux Insurance Group in February as an Account Executive, with 20 years of experience in the insurance and investment field. After graduating from Thomas College with honors, he went to work for MetLife as a personal financial representative. From there he worked for Allstate insurance and within 3 years, had opened his own agency on Sabattus Street in Lewiston. Jonathan closed the agency after 13 successful years. Making sure clients are educated about the risks they face and protecting them with auto, home, and life insurance products has always been important to him; local families truly are in good hands with him. Jonathan lives in Auburn with his wife and son and enjoys ice fishing, ATVing, hiking, growing hot peppers and volunteering with the Boy Scouts. Champoux Insurance Group welcomes Jonathan to our Team.

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Seniors Not Acting Their Age

Chaotic Paddling on the St. George River



A damaged kayak is rescued

I've been leading Penobscot Paddle & Chowder Society whitewater paddling trips on the St. George River for many years. Organizing one this year wasn't easy. My outing was originally scheduled for March 24, but that was cancelled due to one of many March bad weather days.

My second choice was March 30th. Then I learned that was the date of the St. George River Race. Actually, that revelation really wasn't a disappointment because another cold windy day was forecast. The following day had more favorable weather predicted so that was my final decision. When I posted a club trip, I noted the water level was high.

"High" was an understatement. On the day of the race, a club member who participated reported that 42 of 96 boats that entered did not finish due to the highest water in about 40 years. As many as 22 kayaks and canoes were pinned in the river.

The racer's report was sobering. That was particularly true for me as I flipped and swam on the Sheepscot River for the first time in decades on my initial outing of the year. Although I practiced my unreliable kayak roll in the interim, I wasn't feeling confident. After consulting with the other four participants, who were all strong paddlers, we decided to complete the trip but approach it conservatively.



Kayakers paddle Ghent Road Bridge Rapid

Two Chowderheads, Ryan and Shweta Galway, were paddling a small raft providing an additional level of safety.

When the five of us met at the takeout on Route 105 in Appleton, a Game Warden informed us that based on reports he had received, there were several boats pinned in the rapids that might pose hazards. We promised to remain alert and report our findings.

After leaving my vehicle for the return shuttle, we drove about five miles north to the put-in on Route 131 in Searsmont. Although we had paddled the St. George many times and the difficulty level even at high water is no more than Class III,

the ominous reports left us with a sense of trepidation.

The St. George begins with a long stretch of flatwater; the calm before the storm. A huge boulder in the middle of the river marks the start of the first rapid. On this occasion, it was almost completely submerged.

We entered lengthy Ghent Bridge Rapid on the left. The waves were unusually large but route finding around several menacing holes was manageable. We all caught an eddy on the left at the bottom. The Game Warden, who was observing from the bridge above, pointed out a pinned boat just below. That was the first of many.

From there, rapids are continuous for about a mile. We rode a succession of feisty waves around an S-Turn bend while carefully avoiding gnarly eddy lines and watching for boats broached in unexpected places. After the turn, the river is fairly straightforward for an extended period. Fortunately, no boats blocked the main channels. However, we did see several wrapped in debris or rocks along the shore.

Near the end of the sustained whitewater, a green Old Town Canoe was lodged upside down



A canoe is wrapped around a tree after the St. George River Race



A canoe is lodged against the shore on the St. George River

against the left bank. Closer inspection indicated it was caught on something underwater and couldn't be safely extricated. The raft team collected paddles and several articles of equipment as we progressed.

Downriver, we encountered several battered abandoned boats. One red canoe was broken in half and twisted around a tree in the middle of the swollen river.

Following a serpentine stretch of flatwater, we approached the steepest falls of the day, Magog Chute. The high water flushed out much of the descent and left standing waves that were cautiously negotiated.

Below, a white hull was spotted upside down

on the right shore, the remains of a racing kayak. We were able to hoist it onto the raft and Shweta and Ryan transported it out. More badly damaged boats were passed during our remaining paddle to the takeout.

The Game Warden was waiting to gather what we salvaged and he thoughtfully helped us carry boats up the steep embankment. Our chaotic escapade was one of the most remarkable paddling endeavors in recent memory.

My book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine* narrates nine more exciting whitewater exploits around the state.

Ron Chase resides See Seniors, next page

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Seniors

Continued from previous page in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at www.northcountrypress.com/maine-al-fresco or in bookstores and through online retailers. His previous books are "The Great Mars Hill Bank Robbery" and "Mountains for Mortals – New England." Visit his website at www.ronchase-outdoors.com or he can be reached at ronchaseoutdoors@comcast.net



The St. George River begins with flatwater



A canoeist navigates a long stretch of whitewater on the St. George

Red Maple Roots Day of Giving to provide hearing aides

TURNER, ME -- Dr. Ashlee Vandiver of Red Maple Audiology is partnering with Disability Rights Maine to provide life-changing hearing health care and low-cost hearing aids to income-eligible adults under their non-profit Red Maple Roots Day of Giving later this month. All proceeds will go to Hearing The Call, an organization dedicated to providing global hearing health care to countries with limited access to hearing health care resources.

This Red Maple Roots Day of Giving will be hosted Friday, May 17th from 8:30 a.m. to 2:30 p.m. During this time, the private practice will screen, test, and fit qualifying patients with advanced hearing aids that will help



improve nearly every facet of their daily lives. Red Maple Roots Day of Giving is asking qualified participants to show proof of financial need, pay a small fee for their hearing devices, and give back volunteer hours in their community as a way to say, "Thank you," to the local companies, families, and friends

that are donating for their care.

Dr. Hilary participated in a Hearing The Call trip to Peten, Guatemala in September 2022, where they worked with a team of audiologists and volunteers for four days, seeing over 200 patients! Dr. Vandiver attended a separate Hearing The Call humanitarian-



an trip to Coatzacoalcos, Mexico where they served part of the 1,000 patients Mr. Beast helped in March of 2023.

Receiving the gift of hearing for those who have suffered from untreated hearing loss for many years can often be emotional and

heartwarming. Members of the local media are in-

vited to visit our clinic, speak with patients and our staff members, and see the dramatic impact providing people with "a hand up for hearing care" can have. This event will be taking place at 7 Cobblestone Dr. St. 2, Turner, ME 04282.

Red Maple Audiology is a member of Entheos Audiology Cooperative, a group of over 85 private practices that support Hearing the Call's mission to make hearing services accessible to those who need it the most in the United States and across the world.

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Arts & Entertainment

Volunteers needed for May 18 flag placement at Veterans' gravesites

The City of Lewiston helps to recruit volunteers to place almost 7,500 flags at the individual veteran's gravestones within cemeteries within the city.

Brief Background: The State passed a law in 2001 that requires municipalities to purchase and place individual American flags at the gravestone of every veteran buried in each cemetery located in that town. The flags must be in place for Memorial Day each year. Lewiston has 13 cemeteries and places almost 7,500 flags. All work is done by community volunteers. For many of the smaller cemeteries, the

abutting neighbors usually place the flags each year. For the two largest cemeteries – Riverside and St. Peter's, there are service organizations which have adopted these cemeteries over the years and take care of placing the flags for the City of Lewiston.

These groups welcome volunteers to assist them at the following locations. Volunteers do not need to sign up in advance; they are welcome to show up on the day of the event and will be provided instructions by the on-site coordinator(s).

RIVERSIDE CEMETERY, 192 Summer Street,

LEWISTON ME

Lewiston
Saturday, May 18, 2024, 8:30 AM (rain date – Saturday, May 25, 9 AM)

The Knights of Columbus are the coordinators for this location. Contact is Leo Baillargeon at (207) 577-7424

There are approximately 1,600 flags for this location.

ST. PETER'S CEMETERY, 217 Switzerland Road, Lewiston

Saturday, May 18, 2024 (rain or shine) at 10 AM

Meet at the Mausole-

um, St. Peter's Cemetery, 217 Switzerland Road, Lewiston

Jerry DeWitt (207) 576-0376 is the contact person, and the L/A Veterans Council members are the coordinators for this location.

There are approximately 4,000 flags for this location.

The plan is to assign teams of 5-10 volunteers to an area of the cemetery and to cover the cemetery in a grid fashion in order to not miss any stone. There is no master list of veterans

buried at either cemetery, so volunteers will need to walk each row of stones and read the inscription on each gravesite. If military service is listed on the stone, a flag will be placed there. This is a fairly time-consuming process so many volunteers are appreciated.

Logistics:

Work gloves are optional but encouraged; volunteers should bring their own hand sanitizer if interested

Wear sneakers or boots in case the grass is wet

Bring a screwdriver to use to poke a hole in the grass. It makes it much

easier to place the wooden flag dowel into the ground if you make the hole first.

Plan to bring a water bottle if it is a hot day

Bring bug spray, hat and sunscreen; be mindful of ticks

Children/youth are encouraged to participate but must be accompanied by an adult

Wearing company or organization t-shirts is welcome

Questions about the process can be directed to the Lewiston City Clerk's Office (207) 513-3124, or volunteers can reach out to the event coordinators directly.

Local students awarded Leon A. Gorman endowed scholarship

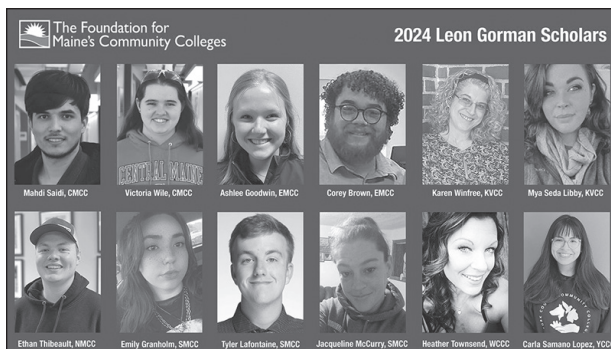
SOUTH PORTLAND, ME — Twelve Maine community college students were awarded scholarships in honor of Leon A. Gorman for the upcoming 2024-2025 academic year. The students were celebrated Tuesday, May 7, 2024 in an online event with Gorman family members and L.L.Bean leadership.

This is the ninth year that the Leon A. Gorman Scholarship has been given. The scholarship supports three students at Southern Maine Community College, two students each at Central Maine Community College, Eastern Maine Community College, and Kennebec Valley Community College; and one student Northern Maine Community College, Washington County Community College, and York County Community College. Each of the twelve Leon A. Gorman Scholars will receive an award of \$4,000, which

equals more than a full year of tuition at a Maine community college. Scholars that receive the Free College Scholarship will receive a \$2,000 scholarship.

The Leon A. Gorman Endowed Scholarship was established in 2014 by the children of Leon and Lisa Gorman in honor of Mr. Gorman's 80th birthday. The scholarship supports Maine community college students who demonstrate strong academic achievement, financial need, and a commitment to community service, a hallmark of the scholarship's namesake.

"The scholarship is now in its ninth year, and I'm still amazed and touched by the hard work of the students and their ability to persevere through life's challenges. We know that they represent the core values that Leon demonstrated in both his personal and professional life. We the Leon Gorman family take great pride in knowing



that the Leon A. Gorman Scholars represent the best of Maine and the future of Maine," said Lisa Gorman.

The 2024 Leon A. Gorman Scholars are:

Mahdi Saidi (Auburn, ME), Automotive Technology, Central Maine Community College;

Victoria Wile (Gray, ME), Building Construction Technology, Central Maine Community College;

Corey Brown (Orono, ME), Liberal Studies, Eastern Maine Community College;

Ashlee Goodwin (Eddington, ME), Crimi-

nal Justice, Eastern Maine Community College;

Mya Seda Libby (Palermo, ME), Health Science & Nursing, Kennebec Valley Community College;

Karen Winfree (Fairfield, ME), Psychology, Kennebec Valley Community College;

Ethan Thibeault (Mapleton, ME), Diesel Hydraulics, Northern Maine Community College;

Emily Granholm (Winthrop, ME), Marine Science, Southern Maine Community College;

Tyler Lafontaine (Bridgton, ME), Communications and New Media,

Southern Maine Community College;

Jacqueline McCurry (Biddeford, ME), Human Services, Southern Maine Community College;

Heather Townsend (Pembroke, ME), Liberal Studies & Health Occupations, Washington County Community College; and

Carla Samano Lopez (North Yarmouth, ME), Veterinary Technology, York County Community College.

Leon Gorman was passionate about the state of Maine. His investments in Maine's community colleges exemplified that passion. He understood that Maine's community colleges not only positively impact the lives of many aspiring individuals and their families, but also have a positive economic impact. Quite simply, he believed that well-educated community college graduates forge a bright future for the State of Maine.

"Leon Gorman was revered for his business acumen in building L.L.Bean into an internationally recognized company and for his generous philanthropic efforts throughout Maine. We are honored and grateful to the Leon Gorman family for establishing this scholarship and supporting its continued growth," said MCCS President David Daigler.

Mr. Gorman was the longtime president and CEO of L.L.Bean. He was deeply committed to the people and places of Maine and recognized the power and potential of Maine's community colleges to transform people's lives. He and his wife Lisa worked quietly behind the scenes supporting the colleges and the couple was central to the 2009 establishment and success of The Foundation for Maine's Community Colleges for which Mrs. Gorman continues to serve as vice chair.

Send all items for
Names & Faces to the editor.
Deadline is
Friday by five pm.

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Email all submissions, including name, address and phone number, to the editor.

Children's Memorial Garden unveiled in Brunswick

BRUNSWICK, ME - On Sunday, May 5th at 11AM, Midcoast based nonprofit Madeline's Mission unveiled a children's memorial garden with a small ceremony to a crowd of approximately 150 people. May 5th is recognized as Bereaved Mother's Day, a day intended to honor mothers of children who "hold their children in their hearts, instead of their hands".



"It was an incredible day as we cut the ribbon and begin this new chapter with our memorial garden," says Amie Marzen, Madeline's mom and the organization's president. "My favorite part of the day was when the bereaved siblings were able to cut the streamer and open the garden themselves for their brother or sister. It was such an amazing moment. Seeing the families see their child's butterfly also was a moment that will be imprinted on my heart."

The heartstring and central feature of this garden is a butterfly garden. Fixed into a granite base, bronze butterflies will sit atop stainless-steel rods. Families will be able to personalize a butterfly in memory of their beloved child. Artwork and flower-shaped marimbas will also make the space whimsical and welcoming. Last fall,

more than 1,100 donated bulbs were planted along with other plants purchased by Madeline's Mission, guided by the Coastal Maine Botanical Gardens.

The generous gift of space from Mid Coast Parkview Health made the garden possible. Located by a beautiful little pond on the Parkview Campus of Mid Coast Hospital in Brunswick, Maine, the Madeline's Mission Memorial Garden will be a place of healing for grieving families. The ceremony to unveil the new monument included reflective readings/ poems written by bereaved parents, remarks from the hospital and artists, and the acknowledgement of the children memorialized with a butterfly by reading their names and blowing bubbles. There are meditative petal flower marimbas to play and enjoy.

"Saying their names is so important to be-

reaved families, they never want to feel as though their child has been forgotten," says Marzen. "Our families are very excited to make this space a reality, and to have a place to come to not only honor their child, but to see they're not alone in their loss."

The project was made possible with the support of the community, including: Mid Coast Hospital, Fieldstone Artistry, Maine Dry Stone, Coastal Maine Botanical Gardens, Lorelei Vella Designs, the Moving Company Dance Studio, Crystal Vision Tribute Band, Hanover Insurance volunteers, Bath at Play, and 100 Plus Women Who Care in Southern Maine. Through this generous support, scholarships are available for families that would like a butterfly but find it is cost-prohibitive.

"This is an ongoing project, we're not done," adds Marzen, noting that



additional butterflies will be added to the monument twice a year. "We hope to keep adding flowers to this space and nurture its growth. It's been very healing for our families to come and help add to the beauty of the location while reflecting and connecting with others. It truly is a green-thumbed labor of love."

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Top Gun LA Pitch-Off celebrates entrepreneurial success

LEWISTON, ME – The Lewiston Auburn Metropolitan Chamber of Commerce hosted the highly anticipated 8th annual Top Gun LA Regional Pitch-Off Competition at The Public Theater, presented by the City of Lewiston. The event, showcasing the culmination of months of entrepreneurial development, brought together a diverse array of early-stage companies vying for recognition and advancement opportunities.

Shanna Cox, President and CEO of the Lewiston Auburn Metropolitan Chamber of Commerce, expressed gratitude to all attendees and participants for their support. “We are thrilled to witness the culmination of dedication and hard work exhibited by our entrepreneurial community in the Top Gun LA Regional Pitch-Off Competition,” Cox remarked.

The Top Gun LA Regional Pitch-Off Competition featured presentations from companies that had completed a rigorous 12-week entrepreneurial development program. Participants benefited from



Top Gun Winner Jacqueline Clark. Photo Credit Ryan Captures Life

expert guidance on various aspects of business development, including market analysis, team building, financial planning, and branding strategies. The program, designed to foster the growth of local businesses, received invaluable support from the City of Lewiston and other regional sponsors.

“We extend our sincere appreciation to the City of Lewiston, the City of Auburn, and 75

Park for their unwavering commitment to fostering entrepreneurship in our region,” Cox acknowledged. “Their generous support made this program possible and accessible to our aspiring entrepreneurs.”

The highlight of the event was the announcement of the competition winners. Jacqueline Clark and Sean Corcoran of Nor’Easter Oyster Co emerged as the first-place winners, earning recog-

niton for their innovative business concept and compelling pitch. Lorie Costigan of Glendarragh Lavender secured second place, while Sarah Chadburn of Garden Bevy was named as the alternate winner.

“These remarkable entrepreneurs exemplify the spirit of innovation and perseverance that defines our region,” Cox stated. “We congratulate them on their well-deserved suc-



L-R Sarah Chadburn, Jacqueline Clark, Lorie Costigan. Photo Credit Ryan Captures Life

cess and look forward to supporting their continued growth and impact on Maine’s economy.”

The Top Gun LA Regional Pitch-Off Competition is part of a broader effort by the Lewiston Auburn Metropolitan Chamber of Commerce to support and empower local businesses. Through initiatives like the Top Gun program, the Chamber aims to nurture a thriving entrepreneurial ecosystem that drives economic prosperity and community development.

For more information about the Top Gun LA Regional Pitch-Off Competition and upcoming Chamber events, please visit LAMetroChamber.com.

About Lewiston Auburn Metropolitan Chamber of Commerce:

The Lewiston Auburn Metropolitan Chamber of Commerce is dedicated to fostering a vibrant business community and promoting economic growth in the Lewiston Auburn Metropolitan Area.

Rotarians helping at Trinity Jubilee Center

LEWISTON, ME – Lewiston-Auburn Rotary Club President Roger Philippon, left, and long-time member Ed Plourde sort various food items at the Trinity Jubilee Center in Lewiston. L-A Rotary

Club members volunteer every Tuesday morning with the Jubilee Center’s Food Rescue Project, which brings together local food providers interested in donating leftover food to those in need. Learn more

at trinityjubileecenter.org/.

The L-A Rotary Club has been serving the community since its founding in 1917. In addition to various volunteer activities, the club raises funds to support local service agencies and

Rotary
Lewiston-Auburn
District 7790

to provide yearly scholarships to graduating seniors from area high schools. The club meets every Thursday at noon. Anyone interested in joining is encouraged to come to a meeting or visit the club website at lewistonauburnrotary.org/.



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NSB awards students with Junior Achievement of Maine

AUBURN, ME-- The second graders at Guy E. Rowe Elementary School in Norway implore their teacher to let them continue the game they're playing that, on its surface is about making pizzas but, underneath, is teaching them foundational financial skills that could last a lifetime.

In the front of the classroom, Sarah Porter, Retail Talent Development Business Partner at Norway Savings Bank, can't suppress her smile.

"They enjoy it, and so do I," she said. "We do activities based around money, entrepreneurship, businesses, the skills that they'll need to have a job, and being a responsible community member."



Sarah is one of the Norway Savings Bank team members who contribute their time and expertise to Junior Achievement of Maine, an organization that provides children with lessons on financial literacy, work, and career readiness to inspire and prepare them for success.

Thanks to generous volunteers, Junior Achievement is able to send local professionals into schools around Maine to ignite a spark in young people to realize the opportunities and realities of work and life in the 21st

century. Grades and classes usually participate in five sessions that run around an hour.

"We are able to help them understand that there are more jobs and career paths that they haven't considered," said Sarah. "Some of them even mention that they would like to have their own business one day."

Linette Dehetre is a Branch Manager and Retail Lender VP for Norway Savings Bank who has participated in schools in the Auburn area, where she is

based. "It's a truly rewarding experience," said Linette. "I so enjoy being in the community where I see the students, and they share with their family that I came to the school. I have received tokens of appreciation with my favorite being handmade thank you cards."

Research has shown that Junior Achievement "alumni" are more likely to one day earn a college degree and start a business as an adult. It's an experience that changes the lives of young people as well as those providing the guidance.

"The organization provides you with the curriculum and tools necessary to make you feel com-

fortable and prepared," said Linette. "Volunteering is as easy as completing a volunteer form and Junior Achievement matches you with a school nearby."

Linette is one of over 25 Norway Savings Bank team members who have hit Maine classrooms to help students feel more confident about managing money and their futures. Norway Savings Bank has also been a financial supporter of the organization for over a decade, including a \$1,000 donation in January.

"Our team members have been so moved to play a part in inspiring and preparing kids to be career and life ready," said Janice de Lima, Community Reinvestment Act Officer

VP at Norway Savings. "We continually encourage team members to get involved and help bring these learning experiences to life."

As for the kids at Rowe Elementary, Sarah is already looking forward to her next visit.

"They're all going to get 'play money' and have a job and a good or a service to provide, like a farmer having produce for sale. Other children will have to use money to get the produce," she said. "This will show how money moves through a community. They'll love it."

To learn more about Junior Achievement of Maine, including how to get involved, visit <https://maine.ja.org/>.

God-given freedom that everyone can find and live

AUBURN, ME -- Nicole Virgil, practitioner of Christian Science healing and public speaker, will present her talk, "Be Set Free" on Thursday evening, May 23, 7:00 pm at the Hilton Garden Inn Riverwatch, Auburn.

The talk will focus on universal healing precepts found in the Holy Bible, especially in Christ Jesus' life and teachings, showing how they are available for anyone to understand and experi-

ence through the lens of Christian Science. The talk is free, open to the community, and sponsored by First Church of Christ, Scientist, Lewiston-Auburn in Auburn

"Circumstances often present what appear to be significant obstacles to living freely, something that everyone wants to do," Ms. Virgil says. "In this talk, we will examine liberty from a Biblical perspective; and see how real people today find their

freedom from all kinds of physical, emotional and circumstantial restrictions that seem clearly beyond their control."

Sharing examples of healing from her own life and professional practice of Christian Science, Ms. Virgil will explain why Christian Science is both Christian and scientific, meaning that people can prove its effectiveness for themselves, as fully described in the book Science and Health with Key

to the Scriptures, written by the founder of the Christian Science movement, Mary Baker Eddy.

Ms. Virgil will also touch on the life of Mary Baker Eddy, who came to understand, confirm, and teach what she felt was original Christian healing. Eddy herself said she was especially inspired by Jesus' demand, "He that believes on me,

the works that I do will he do also; and greater works than these will he do, because I go unto my Father" (found in the Gospel of John 14:12 in the Bible).

For over 150 years, people around the world have worked to follow Christ Jesus in this practice of Christianity and continue to do so today, experiencing healings of

physical ills and personal difficulties.

Nicole Virgil has been a Christian Science practitioner for many years, helping people on a daily basis through this scientific approach to prayer. She travels from her home base near Chicago, Illinois, to speak to audiences as a member of the Christian Science Board of Lectureship.

County Historical Society prepares for Civil War discussion group

LEWISTON, ME -- Androscoggin Historical Society's Civil War Discussion group will begin its second year on May 23rd. This is a chance for descendants in Androscoggin County to share stories of their relatives during this national crisis that



took place between 1861 and 1865. Discussions will take place monthly on May 23, June 20, July 18, August 15, and September 19. This is a free event open to all. Discussion will take place in the atrium of the historical society at 93 Lisbon Street in Lewiston.

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Maine Council on Aging awards local grants

BRUNSWICK, ME – In the first of two micro-grant cycles, the Maine Council on Aging (MCOA) has awarded nearly \$376,000 through Hannaford Supermarkets' Connection, Health and Equity Through Food (CHEF) program across five states. Thirty-two organizations in Maine, from Berwick to Eagle Lake and Porter to Stonington, received grants in this cycle to improve the health and well-being of older adults statewide. The final micro-grant cycle is now open, and applications are being accepted online until June 30 at www.agefriendlycommunity.com.

"The response to the first CHEF grant cycle was impressive and demonstrates the significant challenges older people are facing accessing food and staying connected, particularly older people who have experienced economic disparities," said MCOA Executive Director Jess Maurer. "We wish we could have funded every application we received, but stayed focused on funding programs and activities that will have a lasting impact on people and communities. We estimate nearly 236,000 people will benefit from the grants awarded in this cycle and encourage organizations to apply in this next cycle so we can expand that reach," added Maurer.

"At Hannaford, we're focused on making thoughtful investments that ensure all members of our communities, including older adults, are healthy and thriving," said Sherri Stevens, community relations manager for Hannaford Supermarkets. "Community connec-

tion is imperative for our health and well-being as we grow older and face the challenges that come with aging. The organizations receiving funding through this first round of grants play a major role in connecting older adults with fresh, nutritious food and socialization opportunities that support mental health. We encourage other organizations to take advantage of this opportunity to support programs that put older adults at their center."

Grant recipients are supporting the nutritional and social needs of older adults in a myriad of ways, including these awardees:

Alan Day Community Garden (ADCG) in Norway works in partnership with the MaineHealth Food Pantry, Oxford County Wellness Collaborative, The Progress Center, Senior Farmshare Program, and Somali Bantu Community Association to provide opportunities for community members to build relationships, learn, and grow food together. ADCG is using the grant funds to implement a Community Meals pilot program, specifically designed to create a social network for older adults living in rural communities around food, cooking, learning, and sharing meals together.

"We are so pleased to hear that our application has been accepted in our efforts to support and work with the aging people in our community," said Alan Day Community Garden Executive Director Ricky Crocket. "On behalf of our organization and our community, thank you!"

Somali Bantu Community Association (SBCA) in Lewiston provides vital transitional

services, advocacy, and resources for food production that empower members of the refugee community to uphold cultural identity and economic well-being to thrive in their new life here in Maine. Funds from CHEF will support the purchase of essential infrastructure and growing supplies at SBCA's Liberation Farms for the Elder Farm Share program. Somali Bantu farmers participating in the program provide culturally relevant produce to Somali Bantu Elders, many of whom are homebound, helping to increase their access to traditional staple crops, connecting them to their greater community, and elevating their overall health.

Laura Neale, operations manager at Liberation Farms, expressed her deep appreciation for the CHEF grant. "Thank you so much! We are so excited for this opportunity."

Niweskok (formerly known as Eastern Woodlands Rematriation) in Northport initiates and helps sustain existing community-led food and medicine projects across tribal communities in the Northeast. Niweskok restores polycultural food systems and local fisheries, assuring transmission of traditional medicine and foodways while re-engaging spiritual foundations of Wabanaki livelihoods. Their grant is helping Niweskok to expand two programs: the Wabanaki Foodways Workshops, where elders share their knowledge of traditional food practices, and the Elder Storytelling Project, which distributes traditional food grown and gathered by Wabanaki. During these visits, elders are videotaped sharing sto-



Farmer Habiba Salat packing produce grown at Liberation Farms in Wales for recipients of the Somali Bantu Elder Share Program. (Photo courtesy of Somali Bantu Community Association.)

ries about traditional foodways.

"Woliwoni (thank you) for creating space to further uplift our work," said Co-Director Alivia Moore. "Language loss has been deep in our community; we are working to do our part to reclaim our language. Our elders are the ones that hold us together, rooting us in our traditions and providing the springboard into the future. We are putting our elders back in the center of Wabanaki life through our work to rematriate food and medicine ways at Niweskok: From the Stars to Seeds."

EqualityMaine (EQME) in Portland is the oldest statewide organization dedicated to creating a fair and just society for LGBTQ+ Mainers. They offer programs, events, and activities through the Network for Older Adults (NOA) to promote social interaction, self-empowerment, opportunities for advocacy, and community participation. NOA events are held in lo-

cations across the state and the CHEF grant is helping EQME expand NOA offerings and resources to older LGBTQ+ adults who may face social isolation, and empower them to make informed decisions about how they want to age.

"EqualityMaine's Network for Older Adults programs, events, and activities promote social interaction, self-empowerment, and opportunities for community participation. We are very grateful for Maine Council on Aging's generosity," said Development Director Heide Lester. "With this wonderful support, we've already launched an additional monthly gathering in Ellsworth."

CHEF was launched with a \$1.3 million donation to MCOA from Hannaford on December 12, 2023, under the banner of Hannaford's "Eat Well, Be Well – A Path to Better Health" initiative. The CHEF program funds organizations and projects through micro-grants in

Maine, New Hampshire, Vermont, Massachusetts, and New York, that are supporting the needs of diverse older adults – including improving access to food and increasing opportunities for socialization.

In addition to the grants, CHEF publishes a monthly newsletter and offers a series of free webinars through MCOA's Tri-State Learning Collaborative on Aging. For more information about CHEF programming or to sign up for the newsletter visit www.agefriendlycommunity.com/chef/.

Hannaford introduced Eat Well, Be Well in September 2022 to help break down the barriers that challenge access to healthy, nutritious food and wellness resources. Hannaford has donated nearly \$3 million to organizations under the Eat Well, Be Well banner.

For more information about Hannaford's community efforts and charitable giving initiatives, visit Hannaford.com/HannafordHelps.

Maine CDC marks Lyme Disease Awareness Month

AUGUSTA, ME—The Maine Center for Disease Control and Prevention (Maine CDC) urges Maine residents and visitors to take precautions to make tick prevention a "big deal" this month. Governor Janet Mills has again proclaimed May Lyme Disease Awareness Month and this year's theme is "Little tick, Big Deal."

Preventing tick bites

is the best way to keep from getting a tickborne disease. Deer ticks in Maine can carry the germs that cause diseases in people and animals. The most common tickborne diseases in Maine include Lyme disease, anaplasmosis, and babesiosis. Other tickborne diseases found in Maine are Hard Tick Relapsing Fever and Powassan virus disease.

Ticks live in wood-

ed, leafy, and shrubby areas and deer ticks have been found in all 16 counties of Maine. They are currently active, so anyone spending time outdoors should take steps to limit their exposure to ticks. Health care providers reported a record 2,943 cases of Lyme disease and seven cases of Powassan to the Maine CDC in 2023.

While enjoying the

outdoors, the Maine CDC recommends following these tips to make tick prevention a big deal:

Know tick habitat and use caution in areas where ticks may live.

Wear light-colored clothing that covers the arms and legs and tuck pants into socks.

Use an EPA-approved repellent like DEET, picaridin, IR3535, or oil of lemon eucalyptus

on skin and permethrin on clothing.

Check for ticks daily and after any outdoor activity. Check family members and pets too.

Remove your clothing when you get home and put it in the dryer before washing. Use high heat for 10-15 minutes to kill any crawling ticks.

The most common symptom of Lyme disease is a "bull's-eye" rash anywhere on the body. Other symptoms of tickborne disease include flu-like symptoms, including joint and muscle pain, fatigue, chills, fever, headache, and swollen lymph nodes. Some of these symptoms can look like COVID-19 or the flu. If you experience any of these symptoms, talk to a health care provider and be sure to

mention a recent tick bite or time spent in tick habitat.

The University of Maine Cooperative Extension Tick Lab offers tick identification at no charge to Maine residents. The Tick Lab also offers testing of ticks for infection to Maine residents for a fee of \$20. Testing can take up to three days and should be used for surveillance purposes only and not for diagnosis, as finding a tick on you, even if it was attached, does not necessarily mean that any germs have been transmitted. Contact a health care provider for concerns about tickborne illnesses. Find more information at ticks.umaine.edu. To learn more about how to be tick free, visit www.maine.gov/lyme.

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CRCofWM celebrates National Cancer Survivors Day

SOUTH PARIS, ME -- Sunday, June 2, 2024, marks the 37th Annual National Cancer Survivors Day®(NCSD) - a day when thousands of people in hundreds of communities across the globe hold celebrations to honor cancer survivors and to raise awareness of the challenges of cancer survivorship. It is an opportunity for all people living with a history of

cancer – including America’s more than 16.9 million cancer survivors – to connect with each other, celebrate milestones, and recognize those who have supported them along the way. It is also a day to remember those who we have lost to cancer.

According to the National Cancer Survivors Day Foundation, anyone living with a history of

cancer, from the moment of diagnosis through the remainder of life, is a cancer survivor. Major advances in cancer prevention, early detection, and medical treatment have resulted in longer survival rates. However, many of us know that a cancer diagnosis can leave a host of problems in its wake. Physical, financial, and emotional hardships often persist for

years after diagnosis and treatment. Survivors must contend with rapidly rising drug costs, inadequate insurance coverage, difficulty finding or keeping employment, and a lack of understanding from family and friends.

The Cancer Resource Center of Western Maine will host a FREE event in recognition of National Cancer Survivors Day on

Sunday, June 2nd, 2:00-4:00 pm at King’s Hill Inn & Barn, 56 King’s Hill Road, South Paris, Maine. There will be food catered by Blue Elephant Caterers; non-alcoholic beverages courtesy of Sips & Saddles and Stephens Memorial Hospital; and live music from the Maine musical group: Just-Because.

“Life after cancer is

more than just surviving,” said Diane Madden, Executive Director of the Cancer Resource Center of Western Maine, located in Norway. “It’s about thriving and living well. And that’s something to celebrate!” Please call the Cancer Resource Center of Western Maine at 207-890-0329 to reserve your spot before May 30th. You can also email them at info@crcofwm.org.

Businesses, fitness enthusiasts rally to support WinterKids

GREENWOOD, ME -- WinterKids is thrilled to announce the return of the 2nd Annual Mountain Mayhem, a 12-hour mountain bike and trail running challenge set to take place on June 22, 2024, from 7 a.m. to 7 p.m. at Mt. Abram Bike Park in Greenwood, Maine. This unique event serves as both a physical challenge and a meaningful fundraiser, supporting WinterKids’ mission of promoting outdoor activity among children across Maine during the winter season.

The event has garnered significant support from local businesses and sponsors, demonstrating the community’s commitment to promoting outdoor recreation and supporting youth health initiatives. Among the key sponsors are Sidecountry Sports, Cape Integrative Health, Orono Brewing Company, Fleet Feet Maine Running, Delta Dental, as well as Acadia Insurance and L.L. Bean, which have signed on as Corporate Teams.

Andrew Dailey, own-



er of Sidecountry Sports in Rockland, Maine, expressed his enthusiasm for supporting the event as the Presenting Sponsor: “As outdoor enthusiasts ourselves, we’re proud to support Winter-

Kids and their efforts to get children outside and active. The Mountain Mayhem event aligns perfectly with our values, and we’re excited to be a part of it.”

“As both a healthcare

professional and a passionate advocate for outdoor recreation, I’m thrilled to see the community come together to support such a worthy cause,” said Jen Flynn, Pediatric Nurse Practitioner at Cape Integrative Health in Scarborough (Exclusive Medical Sponsor) and WinterKids Board Member, “WinterKids’ initiatives play a crucial role in promoting physical and mental well-being among children, and events like Mountain Mayhem are instrumental in advancing

that mission.” In addition to the physical challenge, participants and spectators alike can enjoy refreshments provided by the event’s Exclusive Beverage Partner, Orono Brewing Company. Registration is now open, and WinterKids invites all Mountain Bike and Trail Running enthusiasts to join them for a fun day on the trails to support a great cause! This event is designed to be fun for all ability levels. To learn more and register, visit WK-MM.org.

Norway Savings Bank supports Bridgton’s 4 on the Fourth

BRIDGTON, ME -- It’s an Independence Day tradition that has grown from 28 runners jogging to a farmhouse on Chad-

bourne Road in 1977, to an event that draws over 2,000 participants to Bridgton each July 4. A road race in the heart of Maine’s Lakes

region that features a mix of flat terrain, hills, and beautiful views, but also camaraderie and a palpable sense of community pride.

The 4 on the Fourth returns this July, the 48th iteration of the four-mile race that has become a part of the Bridgton fabric and a celebration of the lakeside fun that defines the town each summer. Norway Savings is a longtime supporter of the race, including a \$1,000 donation this month.

Proceeds from the event benefit the Bridgton Public Library and other local nonprofits.

“We’re so grateful for the support of Norway Savings Bank. It makes it possible for the race to occur and for its proceeds to ensure our library is a great facility with dynamic programming,” said Alice Gold, sponsorship chair for the race. “We can also provide free computer use, internet access, upgraded collections, and special performers. To be able to support the library with an event like this is amazing. From the kids’ fun run to the race to the environment, it is always such a

great success thanks to the generosity of many.”

“At NSB, we’re always thrilled to be able to help beloved events in the communities we serve,” said Dan Walsh, President and CEO of Norway Savings Bank. “To see the many ways in which the 4 on the Fourth has grown and become such an integral part of the Independence Day celebration in the area is remarkable. We’re happy to play a small role in continuing this tradition.”

“4 on the Fourth is such a special piece of the early summer in the Bridgton area. People look forward to participating, volunteering, and cheering on the runners as they come by. Many people have their own special place they watch from each year,” said Erin Nelson, AVP and NSB Branch Manager in Bridgton. “We love being a part of this community and seeing the Norway Savings logo on the list of contributing sponsors each year is

a real point of pride for all of us.”

The race attracts a faithful group of runners but also participants from more than 35 states and many international competitors.

“More importantly, it provides a venue for friends and families to enjoy each other while cheering on the runners. It’s real community. The whole scene elevates the spirit of our town and its residents on our nation’s birthday,” said Race Director Bill Graham. “What could be better than that?”

To learn more about the race, its history, or to register for the kids’ fun run/walk on July 3 and the big race on July 4, visit www.fouronthefourth.com.

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Calendar

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May 18

AUBURN -- West Auburn Congregational Church – Harvest Supper, May 18, 2024, at 4:30 to 6:00

Menu: Turkey, Ham, Potato, Sweet Potato, Squash, Carrots, Corn, Peas, Rolls, Beverage & Dessert. Price: Free for under 3, \$5.00 for 12 and under, \$10.00 for all other Adults

May 18, 19

LEWISTON, TOPSHAM -- “Cityscape, Seascape, Soundscape” Saturday, May 18, 2024, 7:00 p.m. - Franco Center, Lewiston ; Sunday, May 19, 2024, 2:30 p.m. - Orion Performing Arts Center, Topsham

May 22

LEWISTON -- Elser Concerto Competition Finalists Performance Wednesday, May 22, 2024, 7:00 p.m. - Franco Center, Lewiston. All tickets are free. For more information visit MidcoastSymphony.org, call 207-315-1712, or e-mail info@midcoastsymphony.org

May 22

LEWISTON -- Hiring Event on Wednesday, May 22nd from 12:00-3:00pm at Kennedy Park, 120 Park Street, Lewiston. Co-sponsored by the Wellness Mobile, Recovery Connections of Maine and the Lewiston Career Center. The event is open to ALL job seekers and will be held rain or shine.

For a list of partic-

ipating employers, visit: <https://www.mainecareercenter.com/locations/jobfair.shtml?id=12599376>

May 23

AUBURN -- Free public lecture titled, Be Set Free at 7:00pm at the Hilton Garden Inn Riverwatch sponsored by First Church of Christ, Scientist, Lewiston-Auburn. This talk is part of the church’s efforts to embrace the community with healing love and prayer in the wake of last fall’s shooting. Speaker, Nicole Virgil, CS will examine liberty from a Biblical perspective and show how people can find freedom from all kinds of restrictions--physical, emotional, and circumstantial--that seem beyond their control.

For questions, call 207-782-0012, cschurchauburn@gmail.com

May 25

GRAY -- The First Congregational Church of Gray Saturday Night Church Supper, Saturday, May 25, 2024 @ 5:00 at the Parish House, 5 Brown Street, Gray. Handicapped Accessible. Meals are Single-sized and are \$10.00 each. Please pay at the door.

The Menu includes: Variety of Casseroles & Salads, Baked Pea Beans & Red Kidney, Red Hot

Dogs, Breads, Assortment of Desserts & Beverages.

May 25

AUBURN -- There will be a baked bean supper at Sixth St. Congregational Church at 109 Sixth St. in Auburn on Saturday, May 25th from 4:30 p.m. until 6:00 p.m. The menu consists of two kinds of beans, brown bread, cole slaw, red and brown hot dogs, assorted casseroles, assorted desserts and beverage. The cost of the meal is \$9 for adults, \$5 for children 5 to 12, under age 5 is free. All are welcome. Take-out is available.

May 27

NEW GLOUCESTER -- Memorial Parade & Memorial Service on Monday May 27, 2024 in New Gloucester. We invite you to join us Veterans, Church Groups, Cheerleaders & Dances Groups, Walkers/ Marchers, Floats, Classic Vehicles. We start line-up at 8:00 A.M. at Memorial Elementary School on Intervale Rd, New Gloucester, Me. Parade steps off at 9:00 A.M. Sharp! Parade will march to Veterans Memorial Park. The Memorial Service at the Veterans Park. A time to “Honor Our Veterans “ and Reminder Loved Ones that pass from our ranks.

Fridays June 14 – July 19

LEWISTON -- Opening Minds through Art, Fridays June 14 – July 19, 2 pm – 3 pm, Education Center of SeniorsPlus at 8 Falcon Road in Lewiston

Through a series of classes, OMA engages adults with dementia in creating free-wheeling art. Contact SeniorsPlus, at 207-795-4010, edcenter@seniorsplus.org.

June 15

GORHAM -- Gorham Garden Club Plant sale, June 15th 9AM-12 PM. Location: Baxter Library next to the Gazebo, 71 South St., Gorham, Maine

June 15

AUBURN -- On Saturday, June 15th, the Maine Iris Society will hold its 59th Annual Flower Show from 1:30 - 4:00 pm at the Auburn Middle School, 38 Falcon Drive in Auburn. Admission is free. There will be a plant sale of potted perennials. Bare-root iris rhizomes will also be available this year for \$1.00 each. Come and vote for your favorite Iris Bloom, Iris Stalk, Peony and Hosta Leaf.

July 6

GORHAM -- Hosta auctions are coming July 6th when the Maine Hosta Society will offer many exciting hosta varieties at the Treworgy Homestead and Garden at 120 Flaggy Meadow Road in Gorham, Maine. The silent auction will begin at 10:00 a.m. and the live auction at 1:00 p.m. SAVE THE DATE for

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July 13

GORHAM -- The Maine Iris Society will hold its annual auction of bearded iris rhizomes on Saturday, July 13th, starting at 1:00 pm at the Treworgy Homestead and Garden located at 120 Flaggy Meadow Road in Gorham, Maine. A complimentary self-guided tour of the Treworgy Garden is included. This event is free and open to the public.

Thursdays Aug 1 – Sept 5

WILTON -- Opening Minds through Art, Thursdays August 1 – September 5, 1 pm – 2 pm at Education Center of SeniorsPlus at 284 Main St., Suite 100, Wilton

Through a series of classes, OMA engages adults with dementia in creating free-wheeling art. Contact SeniorsPlus, at 207-795-4010, edcenter@seniorsplus.org.

Every 1st, 2nd, and 3rd

Monday

LEWISTON -- PROGRAMS FOR HOMESCHOOL FAMILIES, held the 1st, 2nd and 3rd Monday 11:15am-12:30pm at the Lewiston Public Library Children’s Department

Homeschool families, are you looking for opportunities to have fun and socialize with other homeschool families? LPL will be offering activities for homeschool families in the Children’s Department the first three Mondays of each month from 11:15am-12:30pm. The activities will be a Homeschool Video Game Social on March 6th, a Homeschool Lego Club and Curriculum Swap on March 13th, and a Homeschool Storytime and Craft on March 20th.

This program is free and recommended for homeschool families with children of all ages. No registration is required. Contact info. 513-3133, LPLKids@lewistonmaine.gov

May exhibit featured at WHA Rotating Art Gallery

LEWISTON, ME -- The Woman’s Hospital Association (WHA) Rotating Art Gallery at Central Maine Medical Center in Lewiston is displaying the paintings of Lewiston artists, Susan and Paul Boucher. Owners of Windows to Nature, their avid love of Maine’s outdoors inspires their work and lives.

Susan Boucher has been interested in some kind of art since she was young. Painting predominantly in watercolor utilizing her own photo-



‘Loons’ by Paul Boucher – photo supplied by artist

graphic images, she calls on her endless fascination with her surroundings as

she paints. Her joy in being out in nature is seen in the undulating shapes



‘Birches’ by Susan Boucher

of flowers and woodland scenes she creates.

For Paul Boucher,

art has been an integral part of his life for over 40 years. Though he has

studied under various artists he is primarily self-taught. His work combines a sense of realism with his own unique form of imagination, especially when working with his favorite subjects, New England scenes and Maine birds.

The works on display may be purchased through the WHA Gift Shop located adjacent to the main lobby at Central Maine Medical Center. A percentage of sale proceeds benefits patients of CMMC.

Lisbon Credit Union selects Sarah Perkins as new president/CEO

LISBON, ME – The Board of Directors at Lisbon Community Federal Credit Union has announced the appointment of Sarah Perkins as President/CEO, effective July 1, 2024. Board President Tim Plummer said, “I am confident that Sarah will continue the excellent leadership that has been a hallmark in the credit union’s success.” Perkins will succeed George Roy, who will retire at the end of June 2024.

Perkins has spent the last 15 years with TruChoice Federal Credit Union based in Portland,

ME, in roles of increasing responsibility, most recently as Executive Vice President and Chief Operating Officer. In her career, she has overseen Lending, Human Resources, and Technology & Facilities.

Sarah comes to Lisbon Community FCU with a desire to continue purpose-driven work that positively impacts people’s lives, whether it’s the Lisbon Staff, its Membership or the communities we serve.

A graduate of the University of Maine, Perkins resides in Gorham,



ME with her husband and children. She is currently the Chairperson of the

Gorham School Committee, President of the Maine Credit Unions’ Compliance

Council and recognized by Credit Union Magazine as a Credit Union Rock Star.

Perkins expressed her honor to lead Lisbon Credit Union by saying, “Lisbon Credit Union is a cornerstone in the communities it serves, and I’m thrilled to be a part of its future.”

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

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SENIOR TRIPS

OCTOBER 6 - 14, 2024 - NOVA SCOTIA, PRINCE EDWARD ISLAND & NEW BRUNSWICK - Trip includes 8 nights lodging, 8 breakfasts, 1 lunch, and 6 dinners. You will have a guided tour of Acadia National Park, Halifax, Peggy's Cove & Lunenburg. We will visit King's Landing Historical Settlement and have a guided tour of Prince Edward Island including Anne of Green Gable's Home. We will have admission to the Hopewell Rocks and you will visit the Water-side Town of Saint John, New Brunswick and much more. A \$75.00 deposit is due when signing up. Price is \$1,639.00 per person double occupancy and this includes all entrance fees, meal tips and bus driver tip.

NOVEMBER 18-20, 2024 - CHRISTMAS IN NEW YORK CITY - Trip includes 2 nights lodging with 3 days in New York City. Breakfasts each morning and 1 dinner in a Manhattan Restaurant is included. We will

have a backstage tour of Radio City Music Hall and a guided tour of Lower Manhattan, Times Square, Greenwich Village, Little Italy, Ground Zero and the Financial District. You will also visit the 9/11 Memorial Museum and Rockefeller Center. On Wednesday afternoon it's off to Radio City Music Hall to see the Christmas Spectacular featuring the World-Famous Rockettes. A \$200 deposit per person is due upon registration. Trip price is \$749.00 per person double occupancy which includes guided tours, Radio City Spectacular, included meals and bus driver tip. Make checks payable to White Star Tours.

DECEMBER 13-15, 2024 - WHITE MOUNTAIN HOTEL & RESORT - Trip includes 2 nights lodging with 5 meals. We will visit the Rocks Estate in Bethlehem, NH with a Moose and Bear educational program. We will stop at the Bethlehem post office where you will be able to stamp your Christmas cards with the Star of Bethlehem seal and have them mailed from Bethlehem. Trip also includes 1 afternoon comedy show and 2 evening shows. All

room and meal taxes and gratuities are included.

Price for a double is \$629.00 per person. Deposit is \$100.00 per person at time of registration. Make checks payable to White Mountain Hotel and Resort.

APRIL 12-20, 2025 - A WEEK IN SPAIN: BARCELONA, MADRID & SEVILLE - Trip includes 7 nights lodging, 7 breakfasts and 3 dinners, 5 sightseeing tours and two train rides. Highlights are Sagrada Familia, Royal Palace, Prado Museum, Cordoba, Olive Oil Tasting, Food Tasting and Royal Alcazar. Deposit to reserve your spot is \$300.00 with trip protection available for \$449.00.

If interested in any of these trips or upcoming trips, please contact Claire Bilodeau at 784-0302 or Cindy Boyd at 345-9569. If we are not available, please leave a message and we will call you as soon as we can.

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