

“Amazing Race of Gorham” meaningful to students, NSB team

GORHAM, ME—A special event on Friday, May 17, brought students on a scavenger hunt throughout Gorham for a day of excitement and exploration with the participants hopefully having enriched their future aspirations by the finish line.

The “Amazing Race of Gorham” paired eighth graders from Gorham Middle School with fifth graders at Village Elementary School to solve and follow clues that led them on a journey to businesses and community organizations in town.

One location happy to welcome the inquisitive students for a visit along the way was Norway Savings Bank’s Gorham branch, located on 65 Main Street.

“The student pairs followed the clues and eventually made their way to the bank between 10 a.m. and noon,” said Amy Lehigh, Market Manager VP at NSB in Gorham. “We spoke to each group for about ten minutes and signed their ‘passport’ sheets before they headed off to their next location.”

Part of the exercise is for the students to utilize the formal introduction techniques they have learned and pose questions they had prepared for NSB team members.

“They asked us thoughtful questions regarding what we look for in employees, the many ways Norway Savings supports the Gorham community, why we chose these careers, and what we like

about them,” said Pam DiPietro Hale, Commercial Loan Officer VP for NSB.

“They were also curious about the challenges of this career and how different what we are doing now is compared to what we wanted to do when we were their age,” said Lehigh. “It’s always interesting to hear what is on their minds.”

The event was organized by Aspire Gorham, a community-wide initiative that aims to encourage students to consider their futures.

“The Aspire Gorham team connects students to professionals for career exposure, exploration, and experience opportunities,” said Jodi Mezzanotte, Principal at Village Elementary School. “This particular



event enables fifth graders who are entering middle school to listen to students who are about to depart it. ‘Amazing Race of Gorham’ allows for these welcome and needed conversations to happen.”

Now in its third year,

the “race” is aptly named simply for the amazing connections, community, and camaraderie it inspires.

“It’s a fantastic experience for the students and for our team members as well. The day helps you truly understand how spe-

cial this community is,” said Lehigh. “It was wonderful to see the respect and courtesy the students showed to each other and to us, and observing their genuine interest in learning is a great sign for our future.”

Evergreen Credit Union expands leadership team

PORTLAND, ME—Amanda Peacock has joined Evergreen Credit Union’s leadership team as the Vice President of Member Experience and Engagement.

Since starting with Evergreen in early 2024, Peacock has improved member service response times and fostered collaborative connections amongst all teams. “The opportunity to look at everything we do at Evergreen through a member lens to elevate their experience doesn’t even feel like a job to me; it’s a privilege and one I have been honored to take on,” said Peacock.

She is excited to be part of a team that cares about everyone involved in creating positive, memorable service. “My experience at Evergreen has been welcoming and inspiring,” said Peacock. “The way that Evergreen cares for their employees shines



Amanda Peacock, VP Member Experience & Engagement at Evergreen CU



through in the service provided to our members.”

She’s proven to be an essential asset as Evergreen Credit Union grows. “Amanda understands Evergreen’s mission,” said Tim Verreault, Evergreen’s COO. “She’s collaborative across all lines of business and recognizes that, in order to take care of our members, we first need to take care of our employees. She’s forging strong bonds every day.”

Evergreen CU is Maine’s 5th largest credit union, with over \$550 million in assets and serving 6 counties in southern Maine. View Evergreen’s open positions at <https://www.egcu.org/careers>.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

Gorham Savings Bank teams up with Educate Maine



GORHAM, ME—We at Educate Maine love a good challenge, and our friends at Gorham Savings Bank have issued one: this month, they’ll match up to \$2,500 in donations to support Educate Maine’s programs — everything from Maine Teacher of the Year to Project Login

to the new Maine Mobile BIOLAB.

We’re halfway there! Will you help us meet our goal?

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Newsmakers, Names & Faces

Reminders from Real Maine this summer

AUGUSTA, ME – With spring upon us and summer quickly approaching, Mainers are encouraged to support local farms, practice safe travel around slow-moving farm equipment on rural roads, and mark the calendar for the upcoming Maine Open Farm Day (OFD) on July 28.

Maine’s agricultural heritage is deeply rooted in its local farms and vital to the state’s economy and community. Supporting these farms sustains local businesses and fosters a sense of community and connection to the land. By purchasing locally grown produce, meats, cheeses, and other farm products, consumers can contribute to preserving Maine’s agricultural landscape and traditions.

As we enjoy the scenic beauty of Maine’s rural areas, it is imperative to exercise caution when driving, especially around farm equipment. Farm machinery often travels at slower speeds and may occupy more space on the road. Drivers are urged to remain vigilant, maintain a safe distance, and pass farm equipment with care

to ensure the safety of both motorists and farmers.

Save July 28 for OFD, which provides an excellent opportunity for individuals and families to experience the magic of Maine’s farms firsthand. On OFD, farms across the state open their doors to the public, offering tours, demonstrations, and hands-on activities for visitors of all ages. It’s a chance to learn about the agricultural practices that sustain our communities and forge connections with the farmers who work tirelessly to feed and nurture our state.

In preparation for ongoing agritourism explorations around the state, Maine’s Bureau of Agriculture, Food and Rural Resources invites everyone to read and share the “Top Ten Farm Visit Don’ts.”

Visiting a farm can be a delightful experience, offering a chance to connect with nature, learn about agriculture, and enjoy the countryside. However, following certain guidelines is important to ensure a safe and respectful visit.

Here are the Top Ten Farm Visit Don’ts:

Don’t Ignore Farm Rules

Sunday, July 28

MAINE OPEN FARM DAY

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realmaine.com

REAL MAINE

Every farm has its own set of rules designed to protect both visitors and animals. Ignoring these rules can lead to accidents or disruptions. Always pay attention to and follow the guidelines provided by the farm staff.

Don’t Wander Off
Farms can be large

and sometimes hazardous areas with machinery, uneven terrain, and restricted zones. Stay within designated areas and follow paths to avoid getting lost or entering dangerous locations.

Don’t Feed the Animals Without Permission
Feeding farm animals

without permission can harm them, as not all foods are safe for every animal. Always ask the farmer before feeding any animals to ensure it’s secure and appropriate.

Don’t Startle the Animals

Sudden movements or loud noises can startle farm animals, causing them stress or triggering defensive behavior. Approach animals calmly and quietly to ensure a safe interaction.

Don’t Bring Pets
Bringing your pets to a farm can introduce diseases to the farm animals and create stress or aggressive encounters. Please leave your pets at home unless the farm specifically allows and welcomes them.

Don’t Touch Equipment
Farm machinery and tools can be dangerous if handled improperly. Only touch or operate equipment with explicit permission and supervision from farm staff.

Don’t Leave Gates Open

Leaving gates open can lead to animals escaping, which can be dangerous and create much work

for the farmers. Always close gates behind you unless instructed otherwise.

Don’t Litter

Littering can harm animals and damage the environment. Always dispose of your trash properly and carry out what you bring in.

Don’t Wear Inappropriate Clothing

Farms can be muddy, dusty, and full of insects. Wear sturdy, comfortable clothing and closed-toe shoes to protect yourself and ensure a relaxed visit.

Don’t Ignore Safety Signs

Safety signs are placed for a reason. Ignoring them can lead to accidents or harm. Remember all posted signs and warnings to keep yourself and others safe.

Following these guidelines ensures a pleasant and respectful farm visit, benefiting you and the farm community.

Do bring your sense of adventure and appreciation for exploring these local businesses we all care about. Let Real Maine be your guide. Go to realmaine.com/itinerary to plan your agricultural adventure!

State unemployment maximum weekly benefit increases June 1

AUGUSTA, ME – The Maine Department of Labor has announced that the maximum weekly benefit amount for the state unemployment program in effect from June 1, 2024 to May 31, 2025 will rise from \$573 to \$595.

In accordance with MRSA §1191, sub-§2, the

maximum weekly benefit amount is set each year as a percentage of the average weekly wage. Maine’s Average Weekly Wage in covered employment increased from \$1,103.71 to \$1,144.67, an increase of 3.7%. The increase in the average weekly wage leads to a subsequent increase in the

maximum weekly benefit amount.

Claimants filing for a new benefit year on June 1 or after will have their weekly benefit amount range between \$104 and \$595 per week. The current benefit amount, based on the 2022 average weekly wage, ranges from \$100 to \$573.

Those who already have an active unemployment claim will not see a difference in their claim, this is for new claims filed on or after June 1.

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For the purposes of monetary eligibility for state unemployment benefits, the minimum qualifying wage requirements effective from June 1, 2024 to May 31, 2025 are as follows:

1) Quarterly wage requirement in each of two different quarters (two times the annual average weekly wage) is \$2,289.34; and

2) Total base period wage requirement (six times the annual average weekly wage) is \$6,868.02.

More information on the unemployment insurance program can be found at www.maine.gov/unemployment.

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Join Maine book club with North Gorham Public Library

GORHAM, ME -- Have you heard of the Maine Public Book Club hosted by Bill Nemitz? It's called All Books Considered. See the poster of the 2024 books they're reading. Would you like to read them, too? You're in luck because except for Soft Features, North Gorham Public Library has all of them. Stop by the library and start reading!

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For more info and to sign up for the book club visit www.mainepublic.org

Sen. Collins helps dedicate Habitat for Humanity Home



I support programs that help lower-income families, veterans, and seniors afford safe and secure housing. From incentives to encourage affordable housing development to efforts to increase energy efficiency, we can help close gap between housing costs and what people can afford."

A Habitat Home Dedication recognizes all the hard work and dedication the family, volunteers, donors and other supporters have put into the homebuilding project.

SOUTH PORTLAND, ME – U.S. Senator Susan Collins delivered remarks at a Habitat for Humanity home dedication in South Portland. Habitat for Humanity has planned to construct eight homes in the surrounding area, and the recent event celebrated the completion of the first two homes.

world achieve the dream of homeownership," said Senator Collins. "I was delighted to help dedicate two new Habitat for Humanity homes for two Maine families in South Portland today. As Vice Chair of the Senate Appropriations Committee,

"For nearly a half-century, Habitat for Humanity has given new meaning to the saying, 'Home is where the heart is.' With caring hearts and strong hands, this great organization has helped people throughout Maine, across the country, and around the

Send all items for What's Going On to the Editor. Deadline is Friday by five.

What do you think?
We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers. Agree with us or another columnist? Disagree? Write to us and let us know! Email all submissions, including name, address and phone number, to the editor.

Clothes galore at Gorham's Mission of Hope Clothes Closet

GORHAM, ME -- The FREE Clothes Closet at Cressey Road Church (Mission of Hope Clothes Closet) is open to all who need Fellowship, Friendship and Clothes. We are located at 81 Cressey Road, Gorham, and we are open on the FIRST and THIRD Saturday of each month from 9 o'clock AM to 12 Noon.

We focus on clothes and accessories (gloves, scarves, hats, etc.) and welcome your donations during our operating hours. Clean clothes in good shape help the most, as they go right out to help people locally or in nearby communities. An attempt is made to have season appropriate clothes available to you. After we have displayed them for a time, they are donated to our local second-hand shops.

In addition to helping folks find clothes, we want to spend time with you! There are tables to sit, talk and to share a cup of coffee and usually a goodie with volunteers or others. Come see us! You might make a new friend. All are welcome!

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AARP Maine seeks nominees for community service award

PORTLAND, ME – AARP Maine is seeking nominations for its 2024 AARP Andrus Award for Community Service, which honors individuals 50 and over who share their experience, talent, and skills to enrich the lives of others in their community. The annual award is named after AARP’s founder, Dr. Ethel Percy Andrus, who founded AARP in 1958 at the age of 73.

“AARP Maine is ex-

cited to shine a light on Mainers 50+ who are using what they’ve learned to make a difference in the lives of those around them,” says Noël Bonam, AARP Maine State Director. “AARP has long valued the spirit of volunteerism and the important contributions AARP volunteers make to their communities and neighbors.”

The screening of nominees will be performed by a panel of AARP staff and

volunteers. The panel will review a range of criteria including each nominee’s positive impact on their community and the lives of individuals aged 50 and over.

André Chassé, current AARP Maine Volunteer State President, says: “The AARP Maine Andrus Award acts as a symbol to our members and to the public that we can all work together for positive social change.”

AARP Andrus Award for Community Service nominees must meet eligibility requirements including:

Nominees must be 50 or older, but do not need to be an AARP member or a volunteer with AARP;

The achievements, accomplishments or service on which nominations are based must have been performed on a volunteer basis, without pay;

The achievements,

accomplishments or service on which the nominations are based must reflect AARP’s vision and mission;

Couples or partners who perform service together are eligible; however, teams are not;

The recipient must live in the awarding state; and

This is not a posthumous award.

The application deadline is July 15, 2024.

The AARP Maine

Andrus Award for Community Service is an annual awards program developed to honor individuals whose service is a unique and valuable contribution to society. Last year, Falmouth resident Phil Chin was the recipient of the award.

For more information about AARP and our work in Maine, please visit our website at www.aarp.org/me and follow us on Facebook, Instagram and Twitter @aarpmaine.

Bath at Play unveils Riverwalk Rhythm

BATH, ME – On Saturday, May 18th, 2024 the Bath based nonprofit, Bath at Play, unveiled and dedicated their first community-funded project, Riverwalk Rhythm, in the newly created Bridge Park, located at 23 Commercial Street, Bath, ME. The ceremony was followed by a free community performance by the Maine based dynamic duo Amanda Panda & Rob Duquette of KindKids Music. More than 100 attendees enjoyed the concert and free ice cream and snacks that were provided by Bath at Play. The ceremony and performance were part of Main Street Bath’s Spring into Summer event.

The Riverwalk Rhythm project evolved

out of a discussion between City of Bath staff and Bath at Play in November 2022 on a low-impact solution for the then newly created Bridge Park green space on Commercial Street (formerly the Guilford Parking Lot) under the Rte. 1 Sagadahoc Bridge. This ‘FUNCTIONal art’ project aims to bring musical vibrancy to this new green space in a complementary way that is both visually striking and acoustically appealing to all. Bath at Play expects the installation to draw visitors and residents alike to this hidden gem of downtown Bath.

“Even in the rain, the excitement and support for this project was palpable,” says Dr. John Byram, co-founder and president



of Bath at Play. “Kids were playing the instrument all morning long; it was fun to see their faces light up with excitement in seeing it and getting to test it out.”

The initial phase of Riverwalk Rhythm involves installation of a Percussion Play Cavatina xylophone and accompanying music book for a one-year

trial. Both the xylophone and 4-page music book are constructed of high-quality marine grade materials and designed to withstand the elements, year-round. Community input will be gathered through an online survey to help shape the future direction of this project.

This project has been graciously and entirely funded through community donations and in-kind business sponsorships. Since October 2023, Bath at Play has raised over \$8,000 for this project toward their initial fundraising goal of \$10,000. Bath at Play thanks their community and business supporters including Madeline’s Mission, Precast of Maine, Home Depot – Topsham, Bath Savings Institution – Bath Branch, First Federal Savings – Bath Branch, Morningstar Stone and Tile, Anthony P. Keefe Builder, Sisters Gourmet Deli Bath, Hannaford



Cooks Corner, and Maine’s First Ship. Bath at Play would also like to thank the numerous people at Main Street Bath and the City of Bath that helped to navigate this project through to completion.

“Bath is the City of Ships, but it’s also a city of music - from the yearlong programming at the Chocolate Church Performing Arts Center to the Summer Concert Series at the waterfront and in Library Park,” said Byram. “We wanted

to bring that appreciation of music and art to kids in a playful way that also gets them into the outdoors. We hope that providing our youngest community members with access to an engaging high-quality instrument will open the door to a lifelong interest in music.”

This project is being dedicated to Madeline Marzen, a young resident of Bath who was lost too soon from childhood cancer, and to All the Children of Bath.

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Seniors Not Acting Their Age

An Adventurous Descent of Togus Stream



Brent Elwell maneuvers around a fallen log



Ryan Galway canoes one of many rapids on Togus Stream



Paul Plumer ducks under a low hanging bridge

Togus Stream is one of the most unique paddling adventures in central Maine. Numerous easy rapids, two Class IV descents, three giant culverts, and several low hanging bridges and trees are all part of the stimulating experience.

I grew up playing along the tiny stream. Until I was an adult paddler, it never impressed me as something that could be navigated. Beginning in 2015, I started organizing almost annual Penobscot Paddle & Chowder Society spring trips between the outlet of Togus Pond in Chelsea and Randolph where the stream enters the Kennebec River.

A trip down Togus Stream requires some advance planning. There is no U.S. Geological Survey (USGS) gauge on the stream. I consult the Sheepscot River gauge on the USGS website as an indicator of water level. Normally, a Sheepscot reading of at least 850 cubic feet per second (CFS) is necessary for Togus Stream to be a fluid entertaining descent.

Tides are another factor. The Kennebec River is tidal as far north as Augusta. A low tide in Randolph results in extensive mudflats at the bottom of Togus Stream.

This year, an early April day offered a plethora of positive reasons to paddle Togus Stream. The Sheepscot was running around 1000 CFS, low tide wasn't until 5:13 PM, and a warm sunny spring day was forecast. Best of all, three longtime paddling friends agreed to join me.

When we met at the takeout on Mill Road in Randolph, the tide was high and the stream almost at the top of its banks. The uninitiated would find it difficult to believe that in a few hours there would be a steep embankment with mud below. We intended to move along to avoid the inconvenience of wallowing in mire at the end of our escapade.

We left two vehicles for the return shuttle and transported two canoes and two kayaks to the put-in about six miles north in Chelsea. I don't begin precisely at the pond outlet as there is a lot of accumulated debris just below. Instead, we started a short distance downstream on Wellman Road.

The trip begins with excitement around the first bend where the remains of an old dam have created a precipitous falls. In the past, we sometimes successfully navigated the pitch. Not this year. The bottom was blocked by a

fallen tree. We carried left and negotiated through a stretch of rousing whitewater to a stream-swollen tunnel under a causeway that also had to be portaged. Another fun rapid ensued.

Easy rapids and quick water continued. After about a mile, we encountered a low hanging bridge. This time, we were able to crouch under; just barely, one paddler tore his life jacket on an exposed bolt.

Rounding a turn, we approached the first culvert which is situated under Windsor Road. Instead of the usual rollicking whitewater, the entrance was jammed with submerged debris partially damming the stream. A careful inspection indicated any attempt to paddle through would be hazardous. Another carry followed.

Progressing downstream, we encountered a combination of easy rapids, some calm water, and a few areas cluttered with obstructions that were cautiously maneuvered. The second culvert was also a disappointment as another fallen tree dangerously blocked access. A portage was again necessary.

Shortly beyond, we confronted the most difficult falls on the stream. Often congested, this year it was clear. We successfully eddy hopped and boat

scouted down the precipitous pitch.

The third culvert was open! We enjoyed an exhilarating descent and caught an eddy on the left to avoid colliding with a river wide downed tree. One paddler was able to duck beneath a branch on the left side. I wasn't so fortunate. I got hung up and had to roll. The others pulled over the barrier on the right.

The gradient steepened and the remainder of the trip was a continuum of stimulating rapids and quick water to the tidal pool in Randolph. No more obstructions and no mud flats at the end.

We made it to the takeout before low tide. However, there was no easy exit. A throw bag was needed to haul our boats up the steep embankment; the final challenge after an adventure-filled day on Togus Stream.

My book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine* narrates many more exciting whitewater episodes around the state.

Ron Chase resides in Topsham. His latest book, *"Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine"* is available at www.northcountrypress.com/maine-al-fresco or in bookstores

and through online retailers. His previous books are *"The Great Mars Hill Bank Robbery"* and *"Mountains for Mortals - New England."* Visit his website at www.ronchaseoutdoors.com or he can be reached at ronchaseoutdoors@comcast.net

Send all items for Names & Faces to the editor. Deadline is Friday by five pm.

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Vivid Motion Dance invites all to summer show auditions

PORTLAND, ME -- Long-time Portland staple Vivid Motion Dance brings dancers and choreographers together for their summer show, spinning fresh modern takes on Greek heroes, the Prodigal Son, and Alice in Wonderland.

Emerging director Arrin Rhinehardt brings a contemporary perspective and original dance pieces to the story of Helen of Troy, while longtime company member MJ Emerson uses Pink Floyd's Dark Side Of The Moon to intertwine dance stories of Alice in Wonderland, the Prodigal son, and a War Veteran coming home in VivMo fan favorite, Eclipse.

WHO: Vivid Motion Dance, Portland's innovative and kinda quirky dance company

WHAT: Auditions for double-feature summer show: Eclipse + Helen Of Troy

WHEN: Saturday June 1, 2024

WHERE: Deering Grange 1408 Washington Ave Portland

Auditions are held



in a class format and include a warm up followed by several combinations at center. Pre-registration is required and open at vividmotion.org/auditions.

Rehearsals: June 5 - July 25 (Mon-Thu) 6:30-9:30pm at Deering Grange in Portland ME. (No rehearsal July 4.) Dancers may not be needed for all nights/hours. Time spent in rehearsals is dependent on casting.

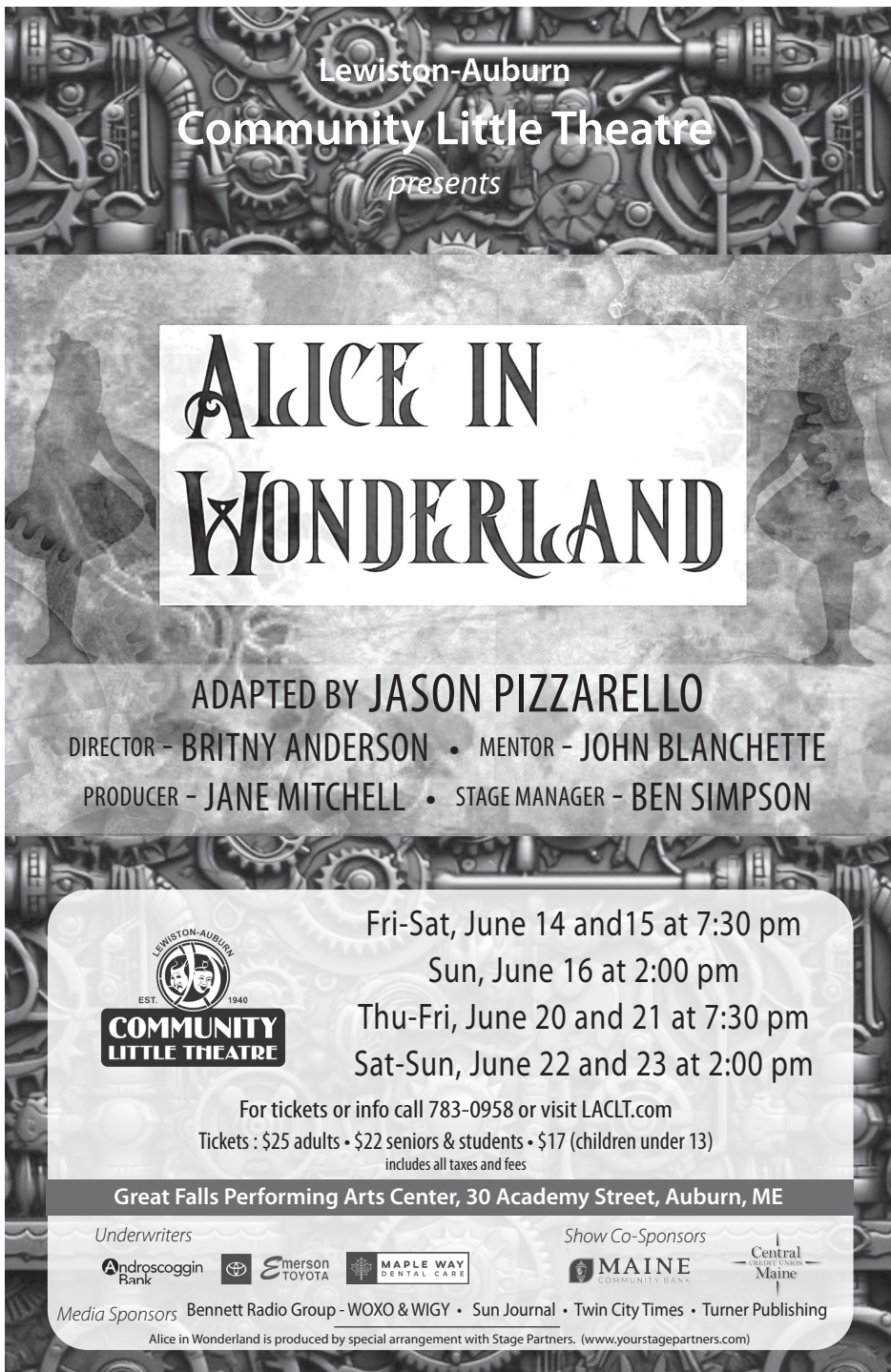
Tech: July 29 - August 1

Shows: August 2-4, 2024 at The Hill Arts, Portland | Fri/Sat 7:30pm & Sat/Sun 2:30pm

More information, including a complete list of roles (description of pieces, dance levels, gender) and registration is available at vividmotion.org

es, dance levels, gender) and registration is available at vividmotion.org

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SUN Bucks Program helps kids access food during summer

AUGUSTA, ME — The Maine Department of Health and Human Services' (DHHS) Office for Family Independence (OFI) today announced SUN Bucks, a program to help eligible families access food for their children during the summer months. SUN Bucks provides families with a one-time benefit of \$120 for each eligible school-aged child to supplement the summer grocery budget until classes and regular school meals resume in the fall.

The new federal program supplements free meals that kids of all ages can access at summer meal sites in their communities. SUN Bucks can be used to buy groceries everywhere that Supplemental Nutrition Assistance Program (SNAP) benefits are accepted, including grocery stores and farmers markets, to purchase healthy foods such as fruits, vegetables, meats and other protein sources, whole grains, and dairy. Research shows that providing families with

summer grocery benefits reduces child hunger and supports healthier diets.

SUN Bucks, also known as the Summer Electronic Benefit Transfer (EBT) program, is funded by the U.S. Department of Agriculture and permanently replaces the Pandemic EBT program that began in 2020 to help families in response to the COVID pandemic. In Maine, nearly 100,000 children are eligible for the SUN Bucks benefit, which will be available to families by the end of June 2024.

"Maine's Office for Family Independence is proud to introduce this Federal program to support children across Maine when they don't have access to regular school meals," said OFI Director Ian Yaffe. "Most families will receive SUN Bucks benefits without having to take any action because they are already enrolled in OFI programs or through our close partnership with the Maine Department of Education."

"School is almost out for the summer which means Maine kids will lose access to school breakfast and lunch," said Anna Korsen, Policy and Program Director for Full Plates Full Potential. "Thankfully, SUN Bucks will be available to fill the gap and bolster families' grocery budgets. Alongside free summer meals, SUN Bucks is a critical tool to increase food security during the summer months. Maine is again leading the nation as one of the 37 states implementing this new program."

"SUN Bucks plays a critical role in ensuring access to nutritious food for children when school is not in session," said Heather Paquette, president of Good Shepherd Food Bank of Maine. "Childhood hunger remains a concern for our state, as one in five children in Maine experienced food insecurity in 2022. We are grateful for initiatives that help bridge the gap and support the health and development of Maine's next generation."

"We applaud the state for taking the opportunity to provide more nutrition support to kids over the summer—a time when many families with lower income struggle to put enough food on the table," said Alex Carter, Policy Advocate at Maine Equal Justice. "Thanks to streamlined certification, more Maine kids will also be automatically eligible for SUN Bucks without having to re-apply and duplicate their information, overcoming one of the biggest barriers to access."

Who can enroll:
Most families will receive SUN Bucks automatically if they already receive other benefits, but some families may need to apply.

Families with a school-aged child/children who are already participating in the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), Food Distribution Program on Indian Reservations (FDPIR), are experiencing homeless-

ness, part of migrant families, or receiving MaineCare with a verified annual income under 185% of the federal poverty level will be automatically enrolled in the SUN Bucks.

Families not automatically enrolled but who believe their children are eligible can apply for SUN Bucks beginning June 1, 2024. Applications must be received by August 15 to qualify.

OFI is mailing notification letters to eligible households this week.

How eligible families will receive SUN Bucks:

For households currently enrolled in SNAP, benefits will be automatically uploaded to their existing EBT card, known as the Pine Tree card.

Children who were previously recipients of P-EBT and are not enrolled in SNAP will receive their benefits on their existing P-EBT card. Households that did not keep their P-EBT card may need to request a replacement card to access these benefits.

Children eligible for

SUN Bucks, not enrolled in SNAP and who have never been enrolled in P-EBT will receive a Pine Tree card with their benefit.

Cards must be activated within 45 days of receipt. Unused benefits will be removed from the card 122 days after issuance, regardless of spending activity.

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GSA program helps schools get student tech

BOSTON, MA — Computers are vital to a student's education. Exposure to computers throughout school helps prepare them for future opportunities in an increasingly technological society. However, for some school districts, it is difficult to afford computers for their students.

To help get computers in the hands of schools and students, the U.S. General Services Administration (GSA) sponsors the Computers for Learning (CFL) program. CFL is a program through which federal agencies can transfer excess computers and peripheral equipment directly to schools and educational nonprofit organizations to support education for children, pre-kindergar-

ten through grade 12.

The program's ambitious goal is to make modern computer technology an integral part of every classroom so that every child has the opportunity to be educated to their full potential. The equipment provided through the program is free; however, schools are responsible for packing and shipping costs.

GSA's New England Region currently has over 70 computers available for eligible schools through the CFL program.

Interested schools and educational non-profits organizations are encouraged to find more information on this program at the Computers for Learning website.

"Computers for Learning is a win-win for

the federal government and, most importantly, the children who will directly benefit from use of this technology," Francis Thomas, Regional Administrator for the New England, Northeast and Caribbean Regions, said. "GSA is pleased to be able to donate these laptops and related equipment to schools here in New England as they constantly seek to improve educational opportunities for all students."

In addition to the benefits to schools and students, the CFL program is good for the environment. The program reduces landfill disposal of electronic waste. Donating or recycling consumer electronics conserves natural resources and avoids air and water pollution, as well as green-

house gas emissions that are caused by manufacturing new materials.

"I urge eligible schools and nonprofits across New England to learn more about how Computers for Learning can make a difference in their classrooms," Thomas added.

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Fish migration through Mill Brook Preserve has begun

It's here! The largest fish migration from Casco Bay has begun. Over the next 1-3 weeks, or potentially less, thousands of alewife fish will be swimming through Mill Brook Preserve. We at the Presumpscot Regional Land Trust hope you catch a glimpse of this incredible wildlife phenomenon and that you will do your part to ensure the success of this crucial migration.

For the health of this fish migration, we have roped off the fish viewing pools; please do not cross the ropes. The ropes exist to protect and support what is an extraordinarily difficult migration for these special fish. The ropes have been added to:

help ensure all people and pets stay out of the water

stop soil eroding into the stream

make it clear fishing and collecting fish are not allowed

Remember: the migration is very stressful for the Alewives; any extra work in that process like avoiding people or pets can cause too much stress and they may not make it to the lake to spawn. You wouldn't want to have to file your taxes and fend off visitors on the same day you box up and move homes.

Alewife Migration Field Guide

This year we are pleased to offer our community a FREE Alewife



Migration Guide, available electronically. The guide was designed in collaboration with the Gulf of Maine Research Institute and provides information and guidance about the Alewife Migration, detailed information about Alewife, viewing protocol, and more. To download your free guide visit Presumpscot Regional Land Trust's website.

The Gulf of Maine Research Institute (GMRI) has been involved in research and monitoring efforts of alewife for 10+ years and we are proud to partner with GMRI annually on educational guided walks around the Alewife Migration.

Alewife Migration Guide

Want to learn more about this fish migration? Check out our Alewife Migration page of our website to learn the history and science behind this natural

wonder.

What is the Land Trust's role in the fish migration, and how can I help?

As the stewards of the largest fish migration from Casco Bay, we have over 50 volunteers involved in ensuring the success of the alewives' journey from Casco Bay to Highland Lake, where they spawn. Member support is what makes this happen; if you are already a member, thank you, if not, please consider taking a minute to join now online, and you too can be a part of supporting this incredible migration.

Mill Brook Alewife Migration Featured in National Geographic!

You know who else thinks that this migration is spectacular? National Geographic. Photojournalist Brian Skerry describes his experience witnessing the alewife run at Mill Brook

in his National Geographic article. Don't miss it!

Parking and how to get to the fish viewing pools in Mill Brook Preserve

Can I see the fish migration from every one of the Mill Brook Preserve trailheads?

Yes! See our Trail Map for locations of all the trailheads.

Which trailhead is closest?

The trailheads on Perry Court and just north of 789 Methodist Road are the shortest hikes to the southern fish viewing pool. Please park safely off the road and completely off the pavement along Methodist Road.

Which viewing pool is the best?

They are all wonderful but the southern fish viewing pool is the more likely place to see fish. The northern fish viewing pool is more remote, and if the timing is right, you can watch multiple fish ascending the waterfall at once

What can I do to be a good neighbor?

All trailheads have limited parking; please be sure not to block driveways or park on neighbors' lawns, and please try and visit during off-peak hours.

Is visiting the fish migration a family-friendly activity?

Yes! If your children are five or older (or young-



er, if you can carry them) we recommend the 2-mile hiking loop that crosses two bridges, includes nature scavenger hunt cards

steep slopes. Wear solid footwear. Since spring is in full swing, you may want to bring bug spray.

We hope you can get out and enjoy one of the most incredible wildlife wonders in Greater Portland as I just did with my kids. If you get some great photos, please email them to us; we are always love seeing our friends enjoying the Preserves. You are why we do this work.

Presumpscot Regional Land Trust



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Send all items for Names & Faces to the editor. Deadline is Friday by five pm.

Four Seasons Walk at Black Brook with Wild Seed Project

WINDHAM, ME
 -- The Land Trust is partnering with Wild Seed Project to offer a series of Four Seasons Walks at Black Brook Preserve in Windham. These walks showcase native plants and how they change throughout the year. Join Nell Houde, Wild Seed Project's education lead, as we explore the preserve, participants will learn how to identify and form relationships with many of the native plants that grow in the places we live, work and play. These walks will be



plant identification walks, and will move at a more leisurely pace, covering a little over one mile of trail during the walk.

Come walk and learn

with the Wild Seed Project!
 Walk Dates: June 6th, 4:00-5:30 (Spring), August 8th 4:00-5:30 (Summer), October 24, 3:30 -5:00pm (Fall), Winter TBD

44th annual R.B. Hall Day activities announced

BRIDGTON, ME
 -- Robert Browne Hall was a Maine composer of marches and other wind music during John Philip Sousa's era. Though not as well known nationally, his tunes are still recognizable and his legacy is celebrated every year on the last Saturday in June. This year, Bridgton Community Band cordially invites you to a day of music on June 29th, from 9:00 AM to 6:00 PM, at the Stevens Brook Elementary School on route 302 in Bridgton. There will be community bands from all over Maine as well as a noontime 'massed band' where everyone is welcome to play and R.B. Hall's own cornet will be featured!

There will be food vendors, crafters, bucket drumming, activities for kids, and one of a kind R.B. Hall t-shirts for sale! Free to all - bring a lawn chair!

This event will take place rain or shine - as we will go inside the school if need be. Hope to see you there!

For more information: Feel free to contact Ellen Lucy at ellencbcb@gmail.com or 207.274.8185.

Schedule for outdoors: (Adjusted slightly if it rains and we are inside)

- 8:50 AM - Opening ceremony
- 9:00 AM - Fanfare Concert Band
- 9:40 AM - Sacopee

- Valley Community Band 10:20 AM - Westbrook City Band
- 11:00 AM - Maine Pops Concert Band
- 11:40 AM - World Premiere of Hall Day Fanfare
- 12:00 Noon - Massed Band (All welcome!)
- 12:50 PM - Bangor Band
- 1:30 PM - Casco Bay Wind Symphony
- 2:10 PM - Bath Municipal Band
- 2:50 PM - Sebasticook Valley Community Band
- 3:30 PM - Hallowell Community Band
- 4:10 PM - Harold Crosby Community Band of Dexter
- 4:50 PM - Bridgton Community Band

Buxton PD holds Gun Give Back event

BUXTON, ME
 -- On Saturday June 1st, 2024, from 10am – 2pm we will have a booth set up for people to surrender their firearms. It will be located at the Buxton Town

Hall with a tent set up. It is very important that you DO NOT remove your firearms from your vehicle when you arrive. An officer or volunteer will accompany you to your

vehicle and collect the firearms themselves for safety purposes.

For more information call Buxton Dispatch at 207-929-6612 and ask for Detective Shaw.

GUN GIVE BACK

Saturday, June 1st 10 AM – 2 PM **Drive Up and Drop Off!**



Drop off any unwanted firearms and ammunition. Long guns, shotguns, handguns, air rifles, and pellet guns are all accepted.

Cable locks, which can be safely used to store any firearm, will be available free of charge.

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Bar Harbor/Mt. Desert	Lincoln County Sheriff's Office	Skowhegan
Brunswick	Old Orchard Beach	Westbrook
Buxton	Pittsfield	Yarmouth
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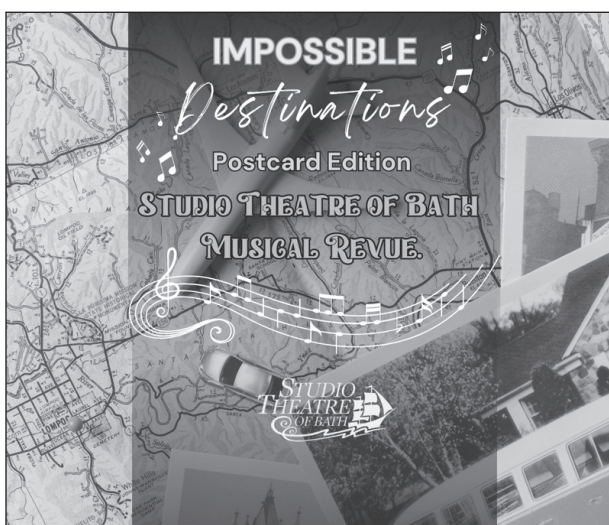
“Impossible Destinations” at Studio Theatre of Bath

BATH, ME -- Studio Theatre of Bath (STB) is thrilled to announce “Impossible Destinations: Postcard Edition,” our 3rd Impossible Dream Musical Revue, at the Chocolate Church Arts Center (CCAC) in Bath, June 8 & 9, 2024

From the CCAC’s main stage, STB’s Impossible Dream Singers will journey from a tropical island to southern pines, past cable cars to the streets of London and oth-

er wonderful sites before we ultimately arrive in Sin City. Please join our celebration of our favorite travel and adventure themes from classic standards and Broadway showtunes, as well as popular music of the last 60 years.

Featuring the talents of familiar STB favorites Jane Clukey, Cathy Madero, Courtney Babbidge, Kirsten Hayward, Dennis Crews, Shirley Bernier and Vince Shatto, as well as new friends James Meli-



ta, Jessi Diamond, Adam Rodgers and Blythe Edwards, with music direction by Jane Clukey and Courtney Babbidge.

Studio Theatre of Bath is dedicated to enriching the community through live theatrical events, having produced more than 145 shows since 1979, and is especially grateful to the Chocolate Church Arts Center for hosting this show. Studio Theatre of Bath’s partnership with the Chocolate Church Arts

Center and is made possible by the Montgomery Endowment, a gift by the estate of Priscilla & J. Pat Montgomery to ensure the continued collaboration between the Chocolate Church Arts Center and Studio Theatre of Bath to enrich the Midcoast community through live theater.

Tickets available at <https://chocolatechurcharts.org/event-data/2024-06-impossible-destinations2>

Maine DHHS recognizes May as Mental Health Awareness Month

AUGUSTA, ME — The Maine Department of Health and Human Services’ (DHHS) Office of Behavioral Health (OBH) is recognizing May as Mental Health Awareness Month, a time to promote the importance of mental health, reduce stigma, and spotlight resources for support.

Governor Janet Mills has again proclaimed May as Mental Health Awareness Month. She recently filmed public service announcements as part of OBH’s StrengthenME campaign highlighting the importance of personal connections and reminding Maine people that when times are tough, they don’t have to go it alone.

“It can be hard to talk about mental health or reach out for support, but help is here when you need it,” said OBH Director Sarah Squirrell. “Men-

tal health issues and stress can affect anyone, and the good news is services and support are available. If you or someone you love is struggling, make the connection to get help today.”

This Mental Health Awareness Month, Maine DHHS encourages people to:

Learn how to recognize the signs and symptoms of chronic stress and mental health issues, both in yourself and others. Just like with physical illness, treating mental health problems early may help to prevent a more serious illness from developing in the future. If you’re a parent, try a mental health screen for yourself or your child, and learn what parents can do.

Be informed about mental health to help reduce stigma and create a more supportive and inclusive environment for those who may be struggling.

Build your coping toolbox, equipping yourself to handle stress, complex feelings, and tough circumstances.

Champion mental health awareness, advocating for yourself, your loved ones, and your community.

As part of Mental Health Awareness Month, the Portland Sea Dogs dedicated a baseball game to “striking out” mental health stigma. OBH Director Squirrell and Governor Mills’ Director of Opioid Response, Gordon Smith, threw out the honorary first pitch.

If You Need Mental Health Help

Call 988 or Text/Call 1-888-568-1112: Call or text 988 to reach the 988 Suicide and Crisis Lifeline. The 988 Lifeline responds 24 hours a day, seven days a week to calls, chats or texts from anyone who needs support for suicidal, mental health, and/or sub-

stance use crisis, and connects those in need with trained crisis counselors. Individuals can also dial 988 if they are worried about a loved one who may need crisis support.

NAMI Maine’s Teen Text Support Line: This free, confidential resource for youth aged 13-23 is available Monday-Friday, 2pm-10pm, Saturday and Sunday 12pm-10pm. The line is staffed by trained support specialists- aged 18-24. Text (207) 515-8398.

OPTIONS: Maine residents facing opioid use challenges can connect with a local liaison through OPTIONS (Overdose Prevention Through Intensive Outreach, Naloxone and Safety), which sends mobile response teams to connect people directly to recovery services and treatment and distribute naloxone, the lifesaving overdose medication.

StrengthenME: StrengthenME is an initiative that celebrates and supports resilience. Residents who are not experiencing a mental health crisis but would like stress management resources to promote health and wellbeing can choose from a variety of supports. Services are easy to access, anonymous, and community focused. Learn more and take a wellness check-in.

Frontline & Educator Resources: Click here for one-on-one, group, and training support resources for health care workers, educators, and first responders.

Lewiston Tragedy Recovery Resources: The Maine Resiliency Center is open to support individuals impacted by the events in Lewiston, with ongoing support groups and other events.

Help Me Grow: This free information and refer-

ral service that connects pregnant parents and families with children through the age of eight to information and resources on early screening and intervention, which can address mental and behavioral health issues in young children to help get them on track for a healthy future. The Help Me Grow team will listen, link parents, providers, and community partners to services, and provide ongoing support when needed.

211 Maine: If you or someone you know needs other support and you don’t know who to call, reach out to 211. 211 Maine is a free, confidential information and referral service that connects people of all ages across Maine to local resources for mental health, financial support, health care, and more. 211 Maine is based in Maine and available 24 hours a day, seven days a week.

Maine delegation accepting military academy nominations

WASHINGTON, D.C. – U.S. Senators Susan Collins and Angus King, Jr., and U.S. Congresswoman Chellie Pingree and Congressman Jared Golden announced that they will begin accepting nomination appli-

cations from Maine high school students for appointments to the United States service academies operated by the Army, Navy, Air Force, and Merchant Marine. No nomination is required to apply to the United States Coast

Guard Academy.

Students should apply for a nomination in the spring and summer of their junior year. Senators Collins and King and Congresswoman Pingree and Congressman Golden will begin accepting nom-

ination applications as of May 15, 2024, from students for admission to the academies in the summer of 2025.

For more information please contact:

Senator Susan Collins

Contact: Karen Staples, 207-784-6969, www.collins.senate.gov
Senator Angus King, Jr.

Contact: Katie Fellows, 207-352-5216, www.king.senate.gov
Congresswoman

Chellie Pingree
Contact: Dorian Cole, 207-774-5019, www.pingree.house.gov
Congressman Jared Golden

Contact: Kim Rohn, 207-249-7400, www.golden.house.gov

UMane Extension plant diagnostic lab shares updates

MAINE -- The University of Maine Cooperative Extension Plant Disease Diagnostic Lab in Orono, which identifies diseases and provides management plans to gardeners, farmers, nurseries, and members of the lawn care industry, received

over 800 physical samples from nine different states in 2023. Also last year, the lab launched a new process for digital submission which resulted in 400 additional samples.

For many years, the lab has been able to provide this service to our in-state

customers at no cost. However, due to rising costs of ever-evolving diagnostic tests, the lab is implementing new fees in an effort to recover a portion of its expenses and ensure it can continue to support Maine growers and gardeners.

Starting May 1, 2024,

the Plant Disease Diagnostic Lab will charge \$18 for general in-state samples. Out-of-state sample fees will be increased to \$38. Garlic seed testing fees will increase to \$38 for in-state and \$68 for out-of-state samples. All digital submissions will cost \$8. The

lab also offers various specialized tests. Details on all tests and fees can be found on the lab’s webpage.

In 2023, the lab made more first detections of disease in the state than any other year, which included a new fungal disease on tomatoes and fir trees. The lab also provided confirmation testing for beech leaf disease for the Maine Forest Service, confirming the existence of the disease

in five Maine counties. The lab added three new molecular tests for improved virus and nematology detection.

The mission of Extension’s Plant Disease Diagnostic Lab is to enhance the success of Maine agricultural industries and gardeners by reducing losses due to disease and minimizing management costs by providing early and accurate disease identification.

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Training in the woods to make better leaders

BELGRADE, ME- Area adult leaders in Scouting- and some from as far away as Rangeley, Kittery and Melrose, Massachusetts- took part in a weekend training course held at Camp Bomazeen on May 17th and 18th designed to make them better leaders by giving them confidence with their outdoor skills.

Outdoor adventure is the promise made to a kid when they join Scouting. The Introduction to Outdoor Leader Skills (ITOLS) is a fun-filled program of hands-on skills training in the outdoors, designed to help leaders in Scout Troops master basic camp skills required for Tenderfoot to First Class. Basic Adult Leader Outdoor Orientation (BALOO) is the equivalent training for those working with Cub Scout-aged youth. The courses teach such things as outdoor cooking, map and compass, rope use, conducting safe campfires, hiking and backpacking, First Aid and Outdoor Ethics. The goal is to provide first-hand experiences so Scouting leaders can teach these skills to their Scouts. Course Director Chris Santiago of Vassalboro said, "It is important to teach these types of courses because Scouting is about being outdoors. Both ITOLS and BALOO help Scouters understand and guide them to the best practices of the BSA, and help Scouters become the best outdoor skilled version of themselves so they can share and deliver a quality program to our Scouts."

Camp Bomazeen, located on Great Pond in Belgrade, is the ideal outdoor setting for adults or youth to develop such skills that will serve them well through life. Geary Judkins, Scoutmaster of



Course Director Christopher Santiago, Instructor Kelly Deprez, Lou Garzia of Windham, Jeremy Seeley (red hat) of Durham (leader in Topsham), Aaron Whitman of Kittery, Dale Leonard of Kittery, Nick MacDonald of Melrose, Dan Gacki of Dallas Plantation (dark gray shirt), Instructor Nathaniel Bacon of Auburn, Instructor Geary Judkins of Farmington. Other instructors not in the photos but taking part were Cam Fails and his mother Ginger Fails of New Sharon and Bryan Vick of Waterville.

Troop 546 in Farmington, would agree as he has spent three weekends in a row at Bomazeen for various Scouting events and was one of the ITOLS instructors.

Nathaniel Bacon is an Assistant Scoutmaster for Troop 111 in Auburn and was another instructor. "There is so much value in these programs," Bacon said.

Dan Gacki of Dallas Plantation is not even registered in Scouting yet but felt it was important to take the course. "I am looking to start a Troop in Rangeley and I love the outdoors," Gacki said. He travelled more than an hour to attend. Dale Leonard and Aaron Whitman are Den Leaders in Kittery Pack 316 and also had long drives to attend. "I joined Scouts so I could find any excuse to get me and my family outside," Leonard said. "The thing I love about Scouting," Whitman added, "is being out in nature and being active." Jeremy

Seeley is a Den Leader of Cub Scout Pack 202 Topsham and agreed, "I really enjoy being outdoors and that is what Scouting is all about."

Nick MacDonald spent nearly three hours on the road to get to Bomazeen. He is a Den Leader in Cub Scout Pack 615 out of Melrose Massachusetts. He saw the event advertised on Facebook and came to complete the BALOO course.

Lou Garzia is a parent volunteer with Scout Troop 805 in Windham. "I'm here to learn some stuff," Garzia said. And experienced Scouting leaders like Kelly Deprez, Chartered Organization Representative for Cub Scout Pack 85 in Gorham, was happy to teach subjects such as knife skills and how to conduct an interfaith service for the BALOO course.

Santiago is also Scoutmaster of Vassalboro Troop 410 and finds he learns from the students while teaching.

"My favorite part of the course is meeting Scouters both new and experienced from across our district, across our council, and from outside of our council because you get to learn about them, their experiences, and most importantly become colleagues who may be a resource for you down the road."

Some training courses are required in Scouting. Youth Protection training, for example, is required for all BSA registered volunteers and is a joining requirement that must be retaken every two years (annually for leaders in Maine's Pine Tree Council which covers the Western and Southern half of state). Additionally, it is required in Pine Tree Council that all Cubmasters and Scoutmasters complete the Basic Leader Training and all assistant Scoutmasters and Assistant Cubmasters starting in 2025. Each pack or troop must have someone trained in BALOO or ITOLS and they must have at least two registered leaders who have completed Youth Protection Training in order to go camping. Much of the emphasis in Scouting is as



Course Director Christopher Santiago of Vassalboro and Geary Judkins of Farmington review the ITOLS syllabus during a break between sessions.



Kelly Deprez of Gorham instructs Cub Scout leaders on knife safety and knife usage so they can in turn teach their Cubs the proper way to safely use a pocket knife.

phases in Scouting is as Baden Powell, founder of Scouting worldwide, intended. To challenge the youth in outdoor settings so as to help develop their character and train them to serve. As Powell said, "Teach Scouts not how to get a living, but how to live."

Send all items for What's Going On to the Editor. Deadline is Friday by five.



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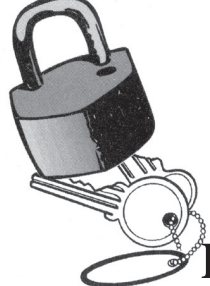
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May 31

LEWISTON -- LA Arts will be presenting the first of its five Art Walk LA events on Friday, May 31, from 5:00-8:00pm in downtown Lewiston. The public is invited to attend this free event that celebrates the arts in our community and helps support local businesses.

Summer 2024

NORWAY -- Art Exhibition "If You Lived Here, You Would ..." at the award-winning Gingerbread House, Main Street, Norway, Maine. The show will dialogue with the history of this incredible edifice, which pours out of its every nook and cranny. "If You Lived Here You Would..." is a consideration of the home's past that offers a glimpse into its potential future through a selection of sculptures, paintings, drawings, and mixed-media pieces—brought to western Maine for the very first time—by a group of internationally recognized and acclaimed artists.

June 1

PORTLAND -- Long-time Portland staple Vivid Motion Dance brings dancers and choreographers together for their summer show, spinning fresh modern takes on Greek heroes, the Prodigal Son, and Alice in Wonderland. Auditions for double-feature summer show Eclipse + Helen Of Troy will be held Saturday June 1, 2024 at Deering Grange 1408 Washington

Calendar

Send your submissions to the Editor. More online.

Ave Portland.

Auditions are held in a class format and include a warm up followed by several combinations at center. Pre-registration is required and open at vividmotion.org/auditions.

June 5

LEWISTON -- 3 PM to 5 PM Fourth Annual Celebratory March, Tree Street Youth 144 Howe Street

June 6

LEWISTON -- 3:30 PM – 5:30 PM Community Block Party, Community Concepts, 240 Bates Street

June 7

LEWISTON -- From 10:00am - 11:30am, the Lewiston Public Library Children's Department will be offering the program Baby Keepsakes: Following in Your Footsteps in honor of Father's Day. Caregivers will be able to create a personalized keepsake using their baby's footprint on top of their adult shoe print. This activity will take place in the back of the Children's Department on the third floor of the library. The program is recommended for babies ages birth to 2 years and their caregivers. Siblings are also welcome to attend.

This program is free and there is no registration. Participants are invited to

bring a clean adult shoe for this program.

June 7-8

BATH -- Studio Theatre of Bath (STB) is thrilled to announce "Impossible Destinations: Postcard Edition", our 3rd Impossible Dream Musical Revue, at the Chocolate Church Arts Center (CCAC) in Bath.

From the CCAC's main stage, STB's Impossible Dream Singers will journey from a tropical island to southern pines, past cable cars to the streets of London and other wonderful sites before we ultimately arrive in Sin City. Please join our celebration of our favorite travel and adventure themes from classic standards and Broadway showtunes, as well as popular music of the last 60 years.

June 7

LEWISTON -- 5:30 PM, Unveiling of Robert Shetterly Portrait of Dr. Bernard Lown in the Bates Mill Atrium

Dr. Lown was an LHS graduate, renowned cardiologist, won a Nobel Peace Prize, invented the defibrillator, was a peace advocate and author. Lewiston named a bridge after him, the Bernard Lown Peace Bridge, in 2008.

June 11

LEWISTON -- June

11 is Primary Day, which means residents will vote by ward. As such, all regular polling places will be open from 7 AM - 8 PM. For questions about polling locations, please visit www.lewistonmaine.gov/elections or call the City Clerk's Office at (207) 513-3124.

June 13

Sampson AFB Veterans and persons with a connection to those who took Air Force Basic Training there will have a get together Thursday, June 13 at the Governor's restaurant at noon time for lunch. All veterans of any branch or era are welcome to join us and share your experiences with us. FMI call 207-657-4909 Bob Sawyer or email wwmtkwkr1933@gmail.com

Fridays June 14 – July 19

LEWISTON -- Opening Minds through Art, Fridays June 14 – July 19, 2 pm – 3 pm, Education Center of SeniorsPlus at 8 Falcon Road in Lewiston

Through a series of classes, OMA engages adults with dementia in creating free-wheeling art. Contact SeniorsPlus, at 207-795-4010, edcenter@seniorsplus.org.

June 15

GORHAM -- Gorham Garden Club Plant sale, June 15th 9AM -12 PM. Location: Baxter Library next to the Gazebo, 71 South St., Gorham, Maine

June 15

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AUBURN -- On Saturday, June 15th, the Maine Iris Society will hold its 59th Annual Flower Show from 1:30 - 4:00 pm at the Auburn Middle School, 38 Falcon Drive in Auburn. Admission is free. There will be a plant sale of potted perennials. Bare-root iris rhizomes will also be available this year for \$1.00 each. Come and vote for your favorite Iris Bloom, Iris Stalk, Peony and Hosta Leaf.

June 20

SOUTH PARIS -- University of Maine Cooperative Extension and McLaughlin Garden and Homestead will host a panel on how climate change impacts plants on Thursday, June 20, 2-3:30 p.m. at 97 Main Street, South Paris.

June 26

LEWISTON -- Birds and Flora of New Zealand talk will be happening at Lewiston Public Library on Wednesday, June 26, 2024, from 11:30 am to

12:30 PM. FMI: <https://lplonline.org/events/lpl-to-host-the-stanton-bird-club/>

July 6

GORHAM -- Hosta auctions are coming July 6th when the Maine Hosta Society will offer many exciting hosta varieties at the Treworgy Homestead and Garden at 120 Flaggy Meadow Road in Gorham, Maine. The silent auction will begin at 10:00 a.m. and the live auction at 1:00 p.m. SAVE THE DATE for this event that is free and open to the public.

July 13

GORHAM -- The Maine Iris Society will hold its annual auction of bearded iris rhizomes on Saturday, July 13th, starting at 1:00 pm at the Treworgy Homestead and Garden located at 120 Flaggy Meadow Road in Gorham, Maine. A complimentary self-guided tour of the Treworgy Garden is included. This event is free and open to the public.

GORHAM LITTLE LEAGUE

Field Funding Campaign

The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
- Purchase seasonal fence for Shaw Park
- Repair dugouts and fencing, build storage centers
- Add infield mix and relevel current fields
- Acquire tarps and field maintenance equipment
- Add scoreboards

VISIT: GYBSA.COM FOR MORE INFORMATION, INCLUDING DONATION LEVEL REWARDS

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