

## Last Rabies Schedules

SHOALS – Local onsite rabies clinics conclude this week and early next week those schedules are inside this issue. Alabama State law requires that all dogs and cats three months of age or older be vaccinated against rabies each year. Rabies vaccines are \$12 each. Vets will attempt to follow their listed schedules rain or shine.

The Lauderdale County schedule will wrap up June 11, 13, and 14 with schedules generally from 3-8pm. The Lauderdale County Rabies Inspector is **Matthew Connolly, DVM.**

**Tuesday, June 11**  
Waterloo High School, Waterloo Fire Dept #2, Gravely Springs, Oakland Community Church, Threats Crossroad/Liberty Baptist Church

**Thursday, June 13**  
Lexington High School, Grassy Baptist Church, Old Ball Field on Bayles Street, Lauderdale County High

**Friday, June 14**  
Rogers High School, Lone Cedar Church, Mt. Zion Church, St Florian Park.

The Colbert County Rabies Inspector is **Troy A. Youngblood, DVM.**

Colbert County sites:  
**Monday, June 17:**  
2-4 pm: Muscle Shoals High School Parking Lot  
4:30-6 pm: Colbert County High School Parking Lot  
**Tuesday, June 18:**  
2-4 pm: Cherokee High School Parking Lot  
4:30-6pm: Colbert Heights High School Parking Lot

See SHORTS... on Page 2

# Happy Father's Day!

Volume 140 Number 34

June 12, 2024

POSTAL PATRON

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# Courier Journal

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## Celebrating *as* One



City of Florence photo

FLORENCE– Celebrating the American ideal of E Pluribus Unum – “Out of many, one” – Shoals Mayors Andy Betterton of Florence, Mike Lockhart of Muscle Shoals, William Foster of Tusculumbia, and Steve Stanley of Sheffield declared June 9 as Race Amity Day. This initiative, dating back 104 years, has invited communities across the United States to reflect on the beauty and richness of our nation’s people with a spirit of amity for each other every 2nd Sunday in June.

## Ground Broken for Pickleball, Tennis

FLORENCE–The city of Florence broke ground June 5 on a new Pickleball/Tennis Complex at Veterans Memorial Park. This is an exciting new community addition will provide top-tier facilities for tennis and pickleball enthusiasts. The \$9.4 million project is expected to be completed in 300 days. B.H. Craig Construction was the low bidder for the project. The expansion project features:

- 12 hard tennis courts, known for their superior quality and durability

See COURTS... on Page 9

**Father's Day**  
Sunday, June 16th

Last Minute Father's Day Gifts...  
We've Got You Covered

**20% Off**  
One Regular or Sale Price Item

Valid June 13-16, 2024. May not be used with any other coupon, discount, or offer. Excludes Shoe Department, Gift Cards, Prior Purchases, Employees. Limit one coupon per customer. Other exclusions may apply. Martin's/Wakefield's reserves the right to deny any coupons that are not being used in accordance with company guidelines. In store only.

**MARTIN'S**  
550 Cox Creek Parkway

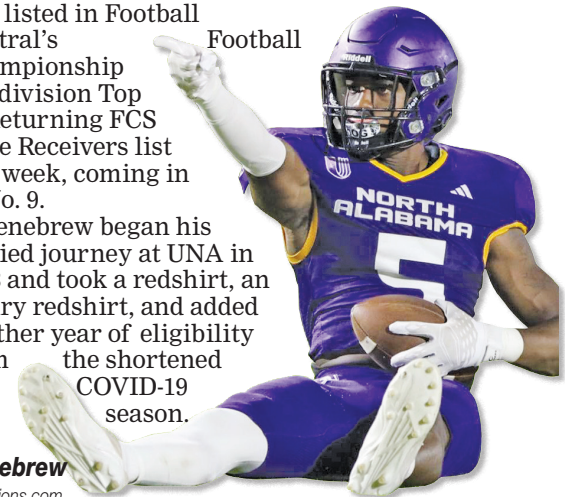


For information about advertising in premium positions like this, please call 256-740-4701.

## Kenebrew a Top 10 Returning Receiver

FLORENCE– University of North Alabama redshirt senior wide receiver Takaree Kenebrew was listed in Football Central's Football Championship Subdivision Top 10 Returning FCS Wide Receivers list last week, coming in at No. 9.

Kenebrew began his storied journey at UNA in 2018 and took a redshirt, an injury redshirt, and added another year of eligibility from the shortened COVID-19 season.



Kenebrew  
RoarLions.com

See KENE BREW... on Page 4

## INSIDE this Issue



### Automotive Inside



Advance Auto Sales  
Watson's Auto Sales  
Landers McLarty Nissan

- Insurance Insights
- Ask the Attorney
- Adopt-a-Friend
- Strange, But True
- Puzzle Whirl



- Medicare Minute
- Rabies Clinics
- The Miracle Worker
- Guest Op-Ed
- Savvy Senior

- Buffett Tribute
- Dave Ramsey
- Cat & Kids
- Hocus Focus
- SIGNS of the PAST

## Online Only:

- Web Poll
- Mystery Photo
- Alabama Outdoors



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FlorenceCourierJournal

**GET A FREE SECOND OPINION**  
(256) 381-7195



A close-up photograph of a grey showerhead with a grid pattern. A blue label with the 'American Standard' logo is visible on the side. The showerhead is partially obscured by a red and yellow geometric overlay.

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SECOND  
OPINION**

**(256) 381-7195**



E



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# LEGAL NOTICE

Notice of Abandoned and Unclaimed Vehicle Auction to be held on **Friday, June 14th at 9am**

**GARNER-PIERCE AUTOS LLC**  
2261 FLORENCE BLVD.  
FLORENCE AL 35630 • 256-768-5660

**2013 Lincoln MKT**  
Vin: 2LMHJ5AT0DBL52859  
Vehicle to be sold as is.

599211-1

**Increase Your Bottom Line By Selling Your Useful Items With Us!**

# Shorts...

Continued from Page 1

## Essity Assists Seven Locals

BARTON— Essity, a leading global hygiene and health company with local operations in Barton, has awarded a total of \$10,000 in scholarships to seven local students, as part of the company's annual scholarship program for children of employees. This year's recipients include:

**Emma Ergle** of Phil Campbell; \$1,000 to Alabama; **Russell Gist**

of Sheffield, \$1,000 to Alabama, **Huy Nguyen** of Florence, \$1,000 to Auburn; **Lacey Riddell** of Killen, \$2,500 to Mississippi State; **Zekiel Stults** of Iron City, \$1,000 to Ole Miss; **Cloey Swader** of Florence, \$1,000 to North Alabama; and **Addison Wilson** of Muscle Shoals, \$2,500 to Auburn.

The recipients were selected based on their academic achievements, demonstrated leadership and participation in school and community activities, work experience and statement of goals, as well as an outside appraisal.

Students received a combined total of \$76,500 in Essity scholarships to use toward their full-time education at an accredited U.S. or Canadian university for the 2024-25 school year. Over the last 15 years, Essity has awarded over \$1.1M to high school seniors and college students.

the promotion of **Dana Smith** to officer status as Assistant Cashier.



**Smith**

Smith was named Branch Manager of First Metro's Greenhill office in October 2023 and has been

successful in all aspects of the job.

Smith began her employment at First Metro Bank at the bank's Downtown Athens office in 2017.

Two years later, she was promoted to Customer Service Representative and Lending Assistant at the bank's Greenhill office. Having lived in Greenhill for most of her life, Smith has enjoyed serving her hometown customers.

"Dana is a hardworking and devoted member of our team, and she is committed to serving our customers in Lauderdale County," said **Tony Brewer**, Senior Vice President, and Lauderdale County President, "I look forward to seeing Dana's journey as a community banker evolve as she leads our Greenhill office into a new era of growth."

program.

According to Adult Education Executive Director **Tara Branscome**, approximately 20% of the 1,500 students in the College's Adult Education Program are English language learners. "Reading and improving literacy skills is at the core of our program," said Branscome. "We are so grateful to Dollar General and the tremendous impact these funds will make on our program and the community."

## Platinum for Organ Promos

FLORENCE – North Alabama Medical Center (NAMC) has earned Platinum Recognition from the Health Resources and Services Administration (HRSA) for educating and promoting organ donation awareness.

NAMC partnered with Legacy of Hope to celebrate National Donate Life Month on Friday, April 12 in the hospital's main lobby. The ceremony began at 1:08pm to signify the fact that one organ, eye, or tissue donor can save eight lives.

Recognition statuses are given in Bronze, Silver, Gold, and Platinum. Award statuses are received by earning points for conducting or participating in events aimed at raising awareness about the benefits of organ donation in health care.

"These recognition awards signify the profound commitment our organization has toward organ donation," said NAMC CEO **Russell Pigg**. "Transplantation is a miracle that restores lives, and we are dedicated to helping share that miracle with patients and their families."

In 2023, North Alabama Medical Center produced seven organ donor heroes and had 19 life-saving organs recovered from transplants. There were 20 bone and tissue donors, resulting in up to 2,000 recipients of an

See SHORTS...on Page 6

## Smith Named at First Metro

MUSCLE SHOALS— First Metro Bank recently announced

**NEED HEALTH INSURANCE?**  
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Depending on your family size and household income, your premium may be as low as **\$0 per month**, based on the plan you choose!

Heather Fowler and Erica Vaughn are available to assist you with an ACA plan. They can enroll individuals in health insurance with Blue Cross and Blue Shield of Alabama.

BlueCross BlueShield of Alabama  
www.AlabamaHealthGuidance.com  
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Ask about specific enrollment times for those who qualify.

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T-Bone Steak \$5.99 Lb. T-Bone Steak 5/\$25	New York Strip Steak \$7.99 Lb. New York Strip Steak 5/\$25	Rib Eye Steak \$9.99 Lb. Rib Eye Steak 4/\$25	Filet Mignon \$11.99 Lb. Beef Chuck Roast \$4.99 Lb.
Country Style Pork Ribs \$1.79 Lb. Sirloin Pork Steak \$1.79 Lb.	Whole Pork Spare Ribs \$1.99 Lb. Boston Butt Pork Roast \$1.79 Lb.	Pork Short Ribs \$1.99 Lb. Pork Belly (Skin On) \$2.99 Lb.	Smithfield Bacon 16 Oz. Pkg. \$3.99 Pork Neck Bones \$1.79 Lb.
Ground Beef \$2.99 Lb. Beef Patties \$2.99 Lb.	Chicken Drumsticks \$1.19 Lb. Split Chicken Breast \$1.39 Lb.	Boneless Chicken Breast \$2.49 Lb. Whole Chicken Wings \$2.99 Lb.	Farm Raised Catfish Fillet 4 Lb. Box \$18.99 Chicken Leg Quarters 10 Lb. Bag \$6.99





# Yard Sales

To list your sale, use the classified form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

**FLORENCE HUGE MULTI-FAMILY ORGANIZED YARD SALE**  
1617 Broadway Blvd., Fri. & Sat., 7am-until?  
Cancelled if raining

**DOWNTOWN TUSCUMBIA: MULTIPLE FAMILY LARGE YARD SALE**  
111 E Commons St S. Fri & Sat 7am. Many household items, furniture, clothing and tools.  
2 doors down from Catholic Church, Corner of Commons and Central.



**FLORENCE: YARD SALE**  
542 Riverview Dr  
~Fri. + ~Sat. 7AM  
~Sun. 1 PM

•Wall Art •Florals •Toddler Toys and Shoes •Dishes •Pink Glass  
•Lamps •Crystal Figures •Appliances •Womens Clothes 2-14, Shoes 6.5-8, Belts, Designer Purses •Jewelry: Vintage, fine, and costume •Chairs: Vintage, Pell City, Ladderback, Office  
•Christmas •Home Decor and Vintage Decor •Towels •Hand carved walking stick •Cow Skulls •And a little of Everything!

**TUSCUMBIA YARD SALE**, 1165 Tennessee Ave., Raintree Sub., Fri. & Sat., 7am-2pm, Household items, Oil Lamps and much more!

**ST. FLORIAN INDOOR SALE**  
St. Michaels Gym  
2751 Co. Rd. 30  
Sat, June 15th  
6 am-Noon  
Lots of vintage items and vintage toys  
St. Michael's CYO

**FLORENCE: YARD SALE** 2287 Co. Rd. 24 Fri. 7-3 Sat. 7-2 Household items, little girl's clothing, ladies' boutique. **RAIN OR SHINE!**

**YARD SALE FOR MISSIONS HOPE CHURCH** Corner of Gusmus & Avalon (Across from Muscle Shoals Police Dept.) Fri. 5 pm-8 pm, Sat. 8 am-2 pm A great variety of items for a great cause!

**Muscle Shoals Multi-Family Yard Sale** 309 W. Sheridan Ave Sat., 7am-until? Clothes, furniture, household items, Postponed to following Saturday if raining.

## TWO GUYS



256-767-2925

**Challenger®**

**4780 Hwy 157 • Florence**  
(across from Underwood Elementary School)

**Urethane Primer Set Up**  
**\$69.95**  
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8-5

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<b>2015 Nissan Altima</b> <b>\$112/weekly</b>	<b>2017 Ford Escape</b> <b>\$125/weekly</b>	<b>2018 Ford Fusion</b> <b>\$127/weekly</b>

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Advanceautosalesbhph.org  
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# Kenebrew

Continued from Page 1

Since then, Kenebrew has totaled 98 catches for 1,838 yards and 26 touchdowns over three seasons.

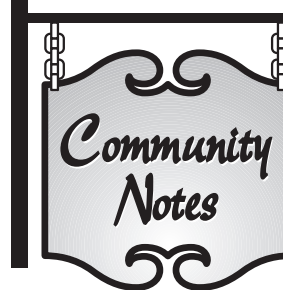
Kenebrew announced on social media in January that he would play his final season at North Alabama. He currently holds the school record with 26 career touchdown receptions, passing UNA legend Dre Hall with a touchdown catch against No. 4 Florida State in last season's finale.

The Childersburg, Alabama native finished with 42 catches for 669 yards and 10 scores in 2023.

Kenebrew earned second team All-UAC honors from both Phil Steele and FCS Football Central.

Kenebrew was one of two players from the UAC on the FCS Football Central Top 10 Wide Receivers list, joining Tarleton State's Darius Cooper at No. 6. The top returning receiver on the list is Eastern Washington's Efton Chism III.

UNA will open the 2024 season at the FCS Kickoff on Saturday, August 24 at against Southeast Missouri at the historic Cramton Bowl in Montgomery. This game will air nationally on ESPN at 6pm and will be ESPN's first primetime football game of the 2024 season.



June 28 – Joseph Baldwin  
THESE ARE FREE concerts for the community. Bring a lawn chair and a meet up with friends to enjoy MUSIC. Hope to see you at the park.

Partnerships for these musical events, include Muscle Shoals National Heritage, First Metro Bank, and Florence Lauderdale Tourism.

**The Shoals Writers Guild** presents Dr. Dan Hendricks, with "Some Possible Worlds" poetry collection at 10am on Saturday, June 15 at the Florence-Lauderdale Public Library. Free guest admission. Please join us. Membership dues (6 months) \$20.

**Utility Assistance for the 2024 cooling season begins in June.** Applications are available at the Community Action Agency of Northwest Alabama website: caanw.org or come the local office in your county and pick up an application. Utility appointments will be open later in June. Please check the appointment line for availability. 256-764-5142

**SHE Means Business Conference - June 11.** 10am-4pm, 317 N. Court St., Florence. Tickets are \$50 for chamber members and \$75 for non-members.

Hosted by the Shoals Chamber. The 2024 SHE Means Business Conference will feature a keynote address from Mrs. Caroline Aderholt, lunch, panel discussions, and a cocktail networking hour. For details, please call 256-764-4661.

**LifeSouth Bloodmobile Dates:**

**Wednesday, June 12**  
Southeastern Extrusion & Tool, Inc., 510 Staples Drive, Florence, 9am - 3pm

**Thursday, June 13** Walmart - Avalon Avenue - Muscle Shoals, 12pm - 6pm

**Friday, June 14** North Alabama Ink, 11am - 6pm

**Saturday, June 15** Walmart - Hwy 43 - Russellville, 10am - 4pm

**Monday, June 17** Long-Lewis Chevrolet of the Shoals, 1pm - 6pm

See NOTES... page 10

**COMMUNITY NOTES** may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.  
• Email to editor@courierjournal.net

**Quad Cities Photography Club (The Shoals)** meets on Tuesday June 11, 6:30pm at the University of North Alabama Art Building, 3rd Floor, 2nd door on East side (Park in lot next to Art Building located to the northeast of Norton Auditorium).

For this meeting, we will be going retro. We will meet at the darkrooms at UNA and learn about using and developing film and prints. This should be an interesting meeting. Our July meeting will be back at the Kennedy Douglas Museum in Florence.

**1st Annual Ovarian Cancer & Genetics Awareness Ride (BRCA2 Positive)** - Saturday, June 15 @ Harley-Davidson, Starts @ 11am. All proceeds go to helping with treatment & genetic testing!

**Poker Run** - kickstands up @ 2. Harley, Frosty Inn, Swamp John's - Russellville - Red Bay, Chevron @ 72 & 247, Harley

**Band: LA Outlaws, Food Truck: Rowdy Hogs BBQ. 50/50 Tickets, Raffle & Silent Auction.**

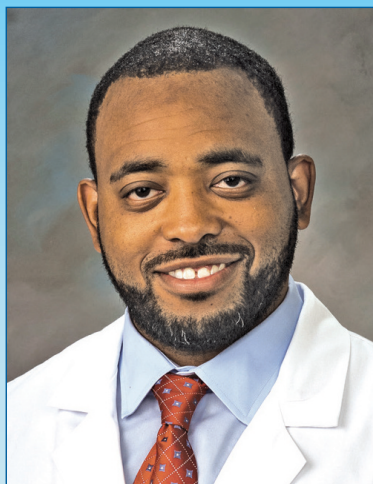
**The Summer Music Series at Wilson Park** for 2024 continues, sponsored by Florence Parks and Recreation Dept.

**"Friday Night Stars and Guitars"** - every Friday night at 7pm in June.

June 14 - David Phillips Band  
June 21 - Father and Sons

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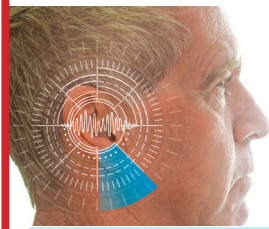
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**5 ETHAN ALLEN PIECES** good condition, oak bdrm. dining room, one item has a scratch on the side, very ornate, \$1,300 obo, no personal checks, 256-303-9949

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•Stone Work •Concrete  
•Historic Restoration  
**82 AIRBORNE INFANTRY**  
Combat Veteran  
256-797-5281



**OCCASIONALLY YOU MAY SEE** an ad duplicated and printed several times throughout the paper. This is done at the request of the advertiser. Each ad is paid for. Thank You for reading your Courier Journal.

**HOME IMPROVEMENT AND BUILDING:** siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

**GUTTER WORKS**, Seamless gutters, gutter guards, clean out and more! Free estimates. Guaranteed work. Best prices in town! Call 256-394-3497.

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Tony Cabaniss  
256-577-5990

Chuck Cabaniss  
256-702-7881

**NOTICE OF PUBLIC SALE**  
**Collision Auto Repair Services**  
gives notice of foreclosure of lien and intent to sell a  
**Black 2011 Porsche Panamera Turbo Hatchback.**  
VIN: WPOAC2A79BL090978  
on July 1, 2024 at 8:00 am at 4536 Highway 43 Killen, AL 35645, pursuant to subsection 32-13-3 of the Alabama Statutes. Collision Auto Repair Services reserves the right to reject any and/or all bids.

**Lauderdale Co. Rabies Clinic June 11-14, 2024**

Alabama State law requires that all dogs and cats three months of age or older be vaccinated against rabies each year. **THE FEE IS \$12 PER ANIMAL** at any given stop on the notices. We will attempt to follow this schedule rain or shine. Please be patient if we run late. For all stops, please have your cat confined in a pet taxi or other type of box. **LEAVE ALL CATS** in the vehicle and the Veterinarian will come to your vehicle and give the vaccine. **Dogs MUST** be leashed or confined to a pet taxi, or left in your vehicle. Please bring water with you for your pets, so that they remain hydrated.

**Dr. Matthew Connolly, DVM**  
Rabies Inspector, Lauderdale County

**Tuesday, June 11**  
3-3:45pm ..... Waterloo High School  
4-4:45pm ..... Waterloo Fire Department Station 2  
5-5:30pm ..... Gravely Springs  
5:45-6:30pm ..... Oakland Community Church  
6:45-7:45pm ..... Threets Crossroad/Liberty Baptist Church

**Thursday, June 13**  
3-4pm ..... Lexington High School  
4:15-5:15pm ..... Grassy Baptist Church  
5:30-6:30pm ..... Old Ball Field on Bayles Street  
6:45-7:45pm ..... Lauderdale County High School

**Friday, June 14**  
3-4:15pm ..... Rogers High School  
4:30-5:30pm ..... Lone Cedar Church  
5:45-6:30pm ..... Mt. Zion Church  
6:45-8pm ..... St Florian Park

**ALL DREAMS LEAD TO LANDERS McLarty**  
Landers McLarty Nissan Huntsville

Darwin Roots, Sales Consultant

Eddie Williams, General Sales Manager

Bring this ad in for an extra \$500 OFF with Darwin Roots

If you're looking for the car of your dreams, allow me to help those dreams come true. Come shop with

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Dr. Campbell is experienced in all areas of optometry!

**Dr. Hamp Moore, Dr. Kathy Warner**  
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**SCHEDULE & SHOP ONLINE AT [renaissanceeyecare.com](http://renaissanceeyecare.com)**

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**Courier Journal**

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Attract the most attention and sell your items red line fast when you choose to **Red Line** your Classified Ad. **THE FIRST LINE OF YOUR AD APPEARS IN RED CAPS.**

**TNValleyStuff.com**

As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at [TNValleyStuff.com](http://TNValleyStuff.com).

**ONLINE** - at our Website... Go to [www.courierjournal.net](http://www.courierjournal.net) and click "Place a Classified"

**PHONE** - 8AM-5PM Mon-Fri Charge to Credit/Debit Card by calling **256-764-4268**

**FAX** - 24 HRS - Charge to Credit / Debit Card by faxing an ad to **256-760-9618**. Include exp. date. List how many weeks the ad is to run.

**MAIL** - Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

**OFFICE** - Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card. Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

**DEADLINE: Friday 5pm**

**Private Party Rate** 4 LINES Each additional line - \$1.50 - Prepay - NO REAL ESTATE • 1 item per ad - 4 Weeks/4 lines 1 ITEM \$16 Each additional line - add \$4.50 **\$5.50** Week

**Commercial Rate** 4 LINES Each additional line add \$1.50 - applies to anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not - including pets. 6 Weeks \$39 - Each additional line - add \$7.50 total **\$8.00** Week

**Real Estate Rate** 5 LINES Each additional line add \$1.50 - applies to agencies, individual, developers and anyone engage in selling, renting, leasing structures and/or properties in Real Estate or General section. 6 Weeks \$36 Each additional line - add \$7.50 total **\$8.00** Week

**Yard Sales** 6 LINES Each additional line - \$1.50 YARD SALES - An exclusive listing of the area's better sales prominently placed **\$12.50** Week

**Employment** 6 LINES Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees **\$15.50** Week

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\*one line is approx. 30 characters


Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Phone \_\_\_\_\_

**➔ HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad..... \_\_\_\_\_

**YES! RED LINE MY AD!**  PLEASE CHECK THE BOX **only \$4 additional**

**MAILING ADDRESS:** Courier Journal, 219 W. Tennessee St., Florence, AL 35630

**Please Print Ad Clearly.** NOT RESPONSIBLE for illegible handwriting

**Questions?** Call our office at 256-764-4268.

## Shorts...

### Platinum for Organ Promos

Continued from Page 2

enhanced quality of life. NAMC also had 29 eye donors and 58 recipients of new sight. Individuals interested in registering to become an organ donor may visit <https://legacyofhope.org/donor-registration> for complete details.

### Four Lions on All District

GREENWOOD, IN- College Sports Communicators (CSC) announced the 2023-24 Academic All-District team for baseball on Tuesday, as the University of North Alabama was represented by **Jacob James, Brycen Parrish, Jackson Ferrigno and Gehrig Frei**.

To be eligible, student-athletes must have participated in 90% of games or started at least 66% of games. The student-athlete must also have a 3.5 cumulative GPA.

James tallied 105 strikeouts during his senior season while picking up a team-high five victories. The

Loretto, TN native took sole possession of first place on UNA's all-time strikeout list, surpassing Chad Boughner at 280. James ends his senior season with 284 career strikeouts.

Parrish led the team with a 3.58 ERA while making 19 appearances in 2024, all out of the bullpen. The Florence native tallied two saves and 57 strikeouts across 55.1 innings during his junior campaign. Parrish held opponents to a batting average of .252.

Ferrigno appeared in 48 games for UNA in 2024, splitting time at second base and as the designated hitter. The redshirt-sophomore entered the season with a 27-game reached base streak before tying Luke Harper with the longest streak in program history at 31 games.

Frei was named to the All-ASUN third team and Academic All-ASUN team following his sophomore season with the Lions. The Alpharetta, Ga. native batted .320 while tallying a team-high 15 home runs in 2024.

## NEED HELP?

CONTACT 2-1-1

Your link to community resources



### Personnel

**EDITOR & PUBLISHER**

Thomas V. Magazzu

**ADVERTISING EXECUTIVES**

Sadonna B. Magazzu  
Judy Cox  
Gregg Scott  
Heather Ridinger

**GRAPHIC COORDINATORS**

Russell Roden  
Andrea L. Gray

**OFFICE STAFF/CLASSIFIED**

Janie Brasfield  
Erin Gilbert

**CIRCULATION**

Ted Fallin

**OFFICE HOURS:**

Monday - Friday  
8:00am - 5:00pm  
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**DEADLINES:** Issues Published Every Wednesday

INSERTS - 5 pm Thursday

DISPLAY ADS - 5 pm Thursday

CLASSIFIED ADS - 5 pm Friday unless otherwise specified

**219 W. Tennessee St.**

Florence, AL 35630

256-764-4268

Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 51,892 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

**EDITORIAL POLICY:** Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

**219 W. Tennessee St. Florence, AL 35630**

or email to: [editor@courierjournal.net](mailto:editor@courierjournal.net)

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

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**\$10**

Botox per unit  
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Jeuveau per unit

**\$280**

1/2 Syringe of Filler

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You Pick, \$15 gallon  
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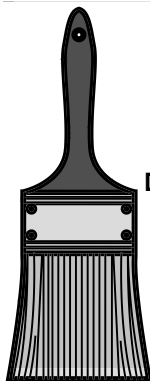
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596429-1

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# 5.10 % APY\*

### For 7 Months

# 4.50 % APY\*

### For 20 Months

\*APY = Annual Percentage Yield is accurate as of May 8, 2024 and is a limited time offer. Minimum balance to open and obtain APY is \$10,000. A penalty may be imposed for early withdrawals. Fees may reduce earnings. After maturity, if you choose to roll over your CD, you will earn the base rate of interest in effect at that time. Promotion effective as of May 8, 2024..



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**\$9.99**  
2 Lb. Box

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Lb.

St. Louis Style  
**Spare Ribs**  
**\$2.79**  
Lb.

Smithfield Assorted Flavors  
**Pork Tenderloins**  
**\$5.99**  
19.2 Oz.

Nature's Best **Cooked Shrimp** (Heat & Serve)  
**\$6.99**  
51/60 Ct. 1 Lb.

**Baby Back Ribs**  
**\$3.29**  
Lb.

Wright Double Smoked **Bacon**  
Applewood Or Hickory Smoked  
**\$8.99**  
24 Oz.

Hillshire Farms **Smoked Sausage**  
Turkey, Smoked Or Polska  
**2/\$7**  
14 Oz.

Ball Park **Franks**  
Regular Or Bun Size  
**2/\$5**  
15 Oz.

Moore's Original **Marinade**  
16 Oz.  
**\$3.29**

Pam (Original) **Cooking Spray**  
6 Oz.  
**2/\$5**

Plochman's **Yellow Mustard**  
10.5 Oz.  
**\$1.39**

Wesson Oil **Vegetable Or Canola Oil**  
40 Oz.  
**\$4.29**

Hellmann's (Original) **Mayo** 30 Oz. **\$5.59**  
Allens **Italian Green Beans** 14.5 Oz. **99¢**

Piggly Wiggly **Hamburger Dill Chips** 32 Oz.  
**2/\$5**

Cheetos 7.5-8.5 Oz., Fritos 7-9.25 Oz. Or Doritos 6-10.5 Oz.  
**\$4**

**Coke Products** 6 Pk. 1/2 Liter Bottles  
**3/\$12**

**Coke Products** 12 Pk. 12 Oz. Cans  
**2/\$13**

**Coke Products** 2 Liter  
**2/\$4**

Charmin Essentials **Toilet Paper** 6 Mega Rolls  
**\$5.49**

Bounty Essentials **Paper Towels** 4 Double Rolls  
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## THE SEASON'S FINEST PRODUCE

California **Cherries**  
**\$3.99**  
Lb.

Fresh **Corn**  
3 Ears for **\$1**

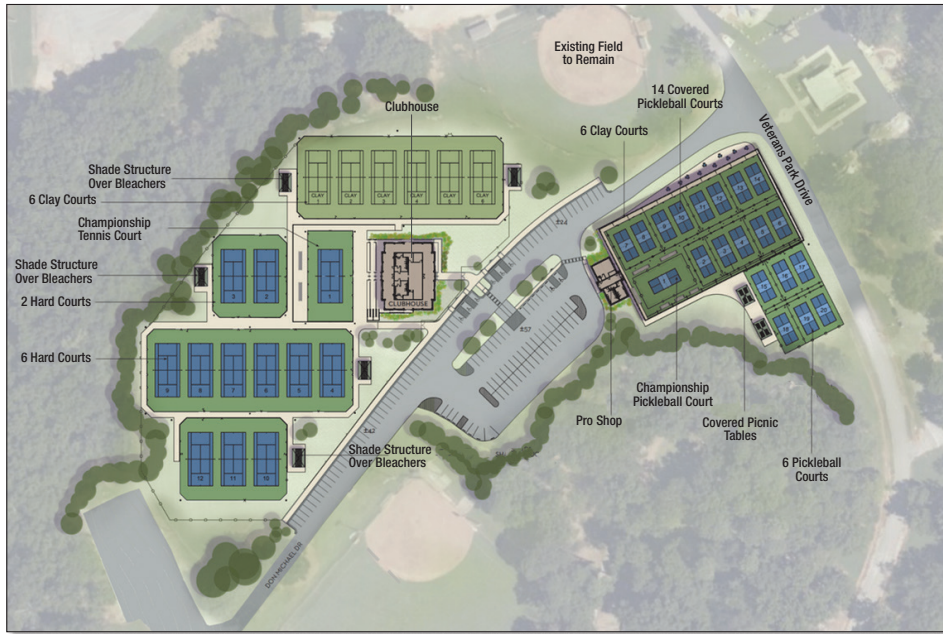
Beefsteak **Tomatoes**  
**99¢**  
Lb.

Seedless **Watermelons**  
**\$4.99**  
Each

Athena **Cantaloupes**  
**\$1.99**  
Each

Idaho **Potatoes**  
**\$2.99**  
8 Lb. Bag





VETERANS MEMORIAL PARK TENNIS AND PICKLEBALL COURTS  
FLORENCE, ALABAMA



## Courts...

Continued from Page 1

- 6 clay tennis courts, offering a premium playing experience
- 16 covered pickleball courts, ensuring playability in various weather conditions.
- 6 uncovered pickleball courts, providing additional space for outdoor recreation.
- a pro-shop, clubhouse, and restroom facilities.

"The new tennis and pickleball courts will not only provide fantastic recreational opportunities but also enhance the tourism attraction in our city," said Mayor Andy Betterton.

The addition of these facilities will make Veterans Memorial Park a premier destination for tennis and pickleball players of all skill levels and underscores the city's commitment to enhancing recreational opportunities for residents and visitors.

Florence Parks and Recreation Director, Bill Jordan, said there were approximately 9 million pickleball players in the United States in 2022. There were 36.5 million in 2023.

"Pickleball is one of the fastest growing sports in America," Jordan said. "This is an athletic facility, but, as many sports are, this is about relationships and building the community," he said.

## Concrete River Construction



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**NEED HELP?**  
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Your link to community resources



**Tune-up \$69**

- Check Condenser Fan Motor
- Amp Compressor
- Check Capacitor
- Tighten Electrical Connections
- Check Condenser Cleanliness
- Check Freon Pressures and Temps
- Check T-stat Operations
- Check Indoor Blower Motor
- Clear Drains
- Check Evaporator Coil for Cleanliness
- Check Blower Motor Capacitor

**1-VISIT**

**PMA \$119**

- Check Condenser Fan Motor
- Amp Compressor
- Check Capacitor
- Tighten Electrical Connections
- Check Condenser Cleanliness
- Check Freon Pressures and Temps
- Check T-stat Operations
- Check Indoor Blower Motor
- Clear Drains
- Check Evaporator Coil for Cleanliness
- Check Blower Motor Capacitor

**2-VISITS**

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*TVA is offering a*  
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**FREE SECOND OPINION**

*with written quote from another company.*

*We handle the paperwork and all we need is a valid email address from you. TVA will send you a email and mail you the check. No inspection required.*

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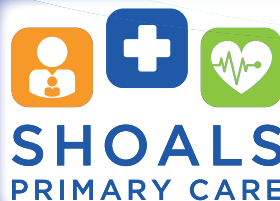


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# Notes...

Continued from page 4

**The Florence Singing River Square Dance Club Invites you to a FREE Square Dance Party at 5:30pm, Monday, July 1** at The Club 450 Country Club Drive, in Florence. Minimum age is 16 years. American Square Dancing is experiencing a revival and the community can enjoy an evening of Square Dance fun to celebrate. The party is FREE to everyone in the Shoals and surrounding communities. No Square Dance experience or special attire is required. Light refreshments will be provided.

Entertainment will be provided by internationally-known Square Dance Caller, Skip Cleland. For more information, contact: Fran Davis at 256-760-6420 or fdavis@florenceal.org

**American Legion Post #31 is gathering items** to provide gift bags for veterans. To participate, please provide white men's socks sizes 8-12 and/or white tee shirts (XL). Deliver to Emily Cooper Studio and Art Supply Store, 108 N. Main St., Tuscumbia, Tuesday-Friday 10am-4pm. Gifts will be distributed to veterans in Colbert, Franklin, and Lauderdale counties who may not otherwise have or receive such gift items from family, who are in nursing homes, assisted living facilities, and under hospice care. For more information: Commander Doug Hargett, 256-483-0610.

**Over 40 and love to play basketball**, but not quite as fast as you once were? Then 40up is for you. We are Christ-centered, family friendly and we meet every Sunday at: Victory Christian Fellowship Church gym, 2302 Hough Road in Florence.

At halftime Pastor Torey encourages all from the Word of God so bring a friend.

**The Shoals' Rivertowns Community Paddle on Waterloo's 2nd Creek.** Saturday July 13, 9am-Noon, Waterloo Boat Ramp, Lauderdale County Road 14, Waterloo. Ticket: Free, but space is limited so registration is required.

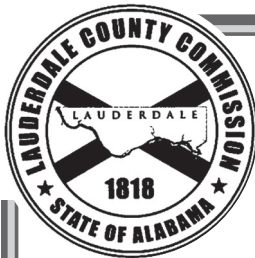
This event was rescheduled from May 18. The paddle will begin and end at the Waterloo Boat Ramp. Kayaks, personal-flotation devices, paddles and other necessary equipment are provided free. Reserve a kayak when you register. You also can bring your own boat. If you register and can't attend, cancel your reservation. Details: <http://www.eventbrite.com>

**Florence Parks and Recreation/The Club hosts the Florence Singing River Squares dance every Monday** from 5:30-7:30pm at The Club/Florence Senior Center, 450 Country Club Drive in Florence (excluding any state or federal holidays) 256.760.6420 for more information. fdavis@florenceal.org. New class will begin July 8 at 5:30pm. No experience necessary. Drug, alcohol, tobacco & weapon free facility. Fran Davis at 256-760-6420 or fdavis@florenceal.org

**1st Annual Love Shouldn't Hurt Vendor Market Sat & Sun Sept. 7-8.** At the Roundhouse in Tuscumbia (110 North Indian St.) Vendor setup, 4-7 Fri. Sept. 6. 8x8 spaces available for \$40 each non-refundable fee. Food trucks available for \$100 per space. Limited spaces; reserve today. Call CCDVRC at 256-284-2284. Email: colbertvrc@aol.com.

See NOTES... page 30

# EMPLOYMENT Opportunities



## Lauderdale County Commission

has the following positions available:

- **Payroll/ HR Assistant \$39,500**
- **Cleaning Technician \$15 Hourly**
- **Road Maintenance Technician I \$31,000**
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Lauderdale County Commission



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- 6th Floor**

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#### Taxi

Is looking for **Taxicab Drivers, Wheelchair Van Drivers, and Dispatchers.** Day and night shifts. Must be 25. Apply in person at 122 N. Royal Ave., Florence, between 8 am and 4 pm, Mon.- Fri. (No phone calls please)

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### Non-CDL Truck Driver

The TimesDaily has a position available for a Non-CDL Truck Driver. The ideal candidate must have an excellent driving record and a clean MVR (motor vehicle report) as well as proof of personal auto insurance.

Candidate must pass a DOT physical, be able to lift up to 50 pounds, and be capable of driving up to 8 hours at a time. Must be able to work flexible schedules including days, nights, weekends, and holidays as needed.

Please email resumes to: [hollie.colella@timesdaily.com](mailto:hollie.colella@timesdaily.com) or applications may be picked up at  
**219 West Tennessee St.  
Florence, AL 35630**

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## Still Looking For Jesus

**WHY? 2 Timothy 1:9** "Who hath saved us, and called us with an holy calling, not according to our works, but according to his own purpose and grace, which was given us in Christ Jesus before the world began." **1 Thessalonians 1:10** "And to wait for his Son from heaven, whom he raised from the dead, even Jesus, which delivered us from the wrath to come." **2 Timothy 4:1** "I charge thee therefore before God, and the Lord Jesus Christ, who shall judge the quick and the dead at his appearing and his kingdom;" **1 John 4:19** "We love him, because he first loved us." Heaven, a permanent vacation. Don't you just love the Lord for all his precious promises? **Ephesians 1:6** "To the praise of the glory of his grace, wherein he hath made us accepted in the beloved." **Ephesians 1:3** "Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ." **Ephesians 2:6** "And hath raised us up together, and made us sit together in heavenly places in Christ Jesus;" **Ephesians 3:10** "To the intent that now unto the principalities and powers in heavenly places might be known by the church the manifold wisdom of God;"

Thank God the saved have nothing but rejoicing and blessings and pleasures ahead in eternity for evermore. **Psalms 16:11** "Thou wilt shew me the path of life: in thy presence is fullness of joy; at thy right hand there are pleasures for evermore." Pray, pray, dear saved saint of God, for the Lord to come again to take his children home. What a day that will be, when my Jesus I shall see. What a beautiful day for the lord to come again. Look for Jesus every day. He is coming to claim all the saved that He redeemed by His precious blood. They are His property that He purchased at Calvary. Look for Him and pray for his appearing every day. **WHY? 2 Timothy 4:8** "Henceforth there is laid up for me a crown of righteousness, which the Lord, the righteous judge, shall give me at that day: and not to me only, but unto all them also that love his appearing." I hope you have this free gift.

### Beacon Baptist Church

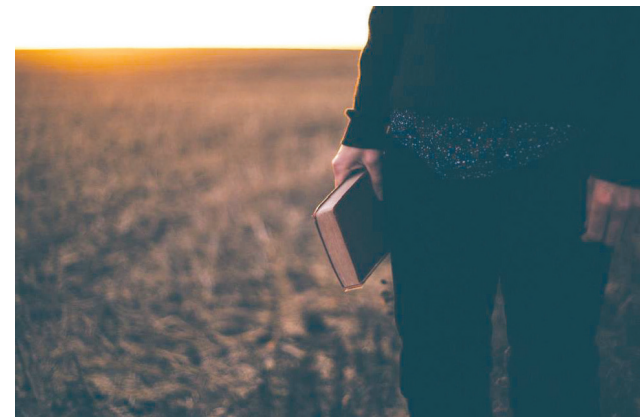
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## TOPICS:

**Sunday AM -**  
"Disciples Must Have  
The Proper Outlook"

**Sunday PM -**  
"Disciples Must  
Sincerely Love The  
Brethren"

**Monday PM -**  
"Disciples Must Be  
Religiously Narrow-  
Minded"

**Tuesday PM -**  
"Disciples Must  
Know That To Die Is  
Gain"

**Wednesday PM -**  
"Disciples Must  
Properly Handle Sin"

**Thursday PM -**  
"Disciples Must  
Know Who They Are"

**Friday PM -**  
"Disciples Must Have  
The Proper Hope"

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with Jason Shackelford (Gardendale, Alabama)



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[www.cityofmuscleshoals.com](http://www.cityofmuscleshoals.com)

**RESUMES WILL NOT BE ACCEPTED IN LIEU OF APPLICATIONS.  
Application Deadline Date: Friday, June 14, 2024, 4:30PM**

A current job description is available at city hall and the website which details essential functions of the job as well as knowledge, skills, abilities and physical requirements necessary for successful job performance. Any offer of employment is conditional based upon the successful applicant's satisfactory completion of a job related physical examination, drug and alcohol testing.

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Guest Op-Ed

# President Biden Has Jumped the Title IX Shark

**T**itle IX has helped make the United States home to some of the highest educated, most athletically dominant women on the planet. But that won't stop the Biden administration from destroying Title IX to appease the most radical members of its party.

Before the Biden administration announced its new rule, Title IX had one purpose: to ensure women and girls have equal access to publicly funded educational opportunities. It didn't matter if that education took place in an elementary classroom or an NCAA basketball court. The purpose of Title IX was to protect opportunities for women and girls to learn and grow in a safe environment.

The Biden administration, however, appears to think women have had enough success.

See TITLE IX... on Page 18

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.



US Sen. John KENNEDY (R) Louisiana

# Courier Journal

# in the Shoals

# THIS WEEK

June 12, 2024

## Happening THIS WEEK

## Tributes to Buffett for 3 Charities

FLORENCE—The Shoals Theatre will host a unique weekend event paying tribute to the legendary Jimmy Buffett, with proceeds going to three local nonprofits.

“Parrotheads” The Documentary Film will be shown on Friday, June 14 at 7:30pm, celebrating the life of the one and only Jimmy Buffett.

A concert honoring this music legend will take place on Saturday, June 15 at 7:30pm

See BUFFETT... on Page 29



Anna Bond Kelley, left, and Lillie Meyer on the outdoor stage at Ivy Green. Mary Carton

## Miracle Drama

Internationally Recognized Play Underway

TUSCUMBIA— The 63rd Annual Production of William Gibson’s THE MIRACLE WORKER opened last week in Tuscumbia and run on Friday and Saturday nights through July 20 with the EXCEPTION of July 5-6. The play is performed in the outdoor amphitheater at Ivy Green, the Birthplace of Helen Keller. Reserved

See THE MIRACLE WORKER... on Page 20

THE SHOALS WRITERS GUILD presents Dr. Dan Hendricks, with “Some Possible Worlds” poetry collection at 10am on Saturday, June 15 at the Florence-Lauderdale Public Library. Free guest admission. Please join us. Membership dues (6 months) \$20.

THE SUMMER MUSIC SERIES AT WILSON PARK for 2024 continues, sponsored by Florence Parks and Recreation Dept. “Friday Night Stars and Guitars” - every Friday night at 7pm in June. June 14 – David Phillips Band June 21 – Father and Sons June 28 – Joseph Baldwin These are FREE concerts. Bring a lawn chair and a meet up with friends to enjoy music. Partnerships for these musical events, include Muscle Shoals National Heritage, First Metro Bank, and Florence Lauderdale Tourism.

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THE SHE MEANS BUSINESS CONFERENCE is June 11 from 10am-4pm at 317 N. Court St. in Florence. Tickets are \$50 for Chamber members and \$75 for non-members. Hosted by the Shoals Chamber. The Conference will feature a keynote address from Caroline Aderholt, lunch, panel discussions, and a cocktail networking hour. For details, please call 256-764-4661.

## YOUR Letters

Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

- by Mail, in Person, or Mail Slot  
Editor-Courier Journal  
219 W. Tennessee St., Florence, AL 35630
- e-mail: [editor@courierjournal.net](mailto:editor@courierjournal.net)
- FAX- 256-760-9618

## Let's Forget Nuclear

Editor,

This comment is to the individual who suggested in the May 15 issue that nuclear energy should be our future (TVA a Prime Candidate).

The US currently produces around 2000 metric tons of spent Uranium each year and the Department of Energy has no idea what to do with it. Presently, it is stored on site at nuclear power plants, some of which have been closed. Nuclear Fission produces Cesium 137 and Strontium 90, along with Plutonium 239. These are “Bad Things.” Plutonium 239 has a half-life of 24,000 YEARS.

There are better answers to the energy needs of this country

than more nuclear reactors. They are dangerous, complicated, and expensive to build and operate. TVA has wasted billions of dollars on this technology. Some plants that were built never produced any energy. Some were started, but never finished.

Do not forget Chernobyl, Ukraine, or Three Mile Island.

Don Kress  
Florence

## Be Vote Educated

Editor,

Trump Republicans are promising to fundamentally transform the United States government. A key focus will be dismantling the public school system and funneling education funds into charter and

See LETTERS...on Page 24

Some fear that this movement will further reduce education standards and exacerbate segregation in education.





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**Courier Journal ADOPT A FRIEND**

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

Meet **Dixon**, 5-6 year old Dutch shep mix. Has been good with dogs, kittens, chickens and people. Housetrained from what we observe! If interested, please contact Colbert Animal Services @ 256-381-4073.



Meet **Drake**, 2-3 year old pit/boxer mix. Loves riding in a car, has been great with people and dogs, not cat tested. Needs lots of room to run in secure fence! If interested, please contact Colbert Animal Services @ 256-381-4073.



Meet **Saturn**. This cutie is a 3yr old lab mix and oh so fun. She gets along great with other dogs and is definitely the life of the party. She could use some training but she is very smart and eager to learn. Saturn is very treat motivated tries her best to keep a clean space and is crate trained. The \$85 adoption fee includes spay/neuter, vaccines and a microchip. Please call or come by Florence Lauderdale animal services 256-760-6676 to meet this sweetheart.



Meet **Inga**. This beautiful sweet girl is full of love and life. She is completely amazing and calm. She's a large breed dog who would love to cuddle with you! The \$85 adoption fee includes spay/neuter, vaccines and a microchip. Please call or come by Florence Lauderdale animal services 256-760-6676 to meet this sweet girl.



Meet **Gamma**. We think Gamma is a little over a year, and she is super sweet, playful and mild mannered since joining us. Fostering is free! Adoptions are currently \$85 and include everything your new pet needs to be on track for a happy, healthy life: vaccines, a microchip, spay/neuter, and heartworm test. Please call or come by Florence Lauderdale animal services 256-760-6676 to meet this amazing dog.



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If your home, auto, life or health insurance policies are about to expire, make time to meet with your agent. As your needs change, so should your coverage. Your agent can help you review what you want to protect and what you may need.

**Your family status changes**

Planning a wedding, expecting a baby or adopting a child? You'll want to help protect your growing family with adequate life insurance and disability income insurance. Losing a family member through death or divorce also should prompt a policy review.

**Your children have matured to driving age**

When you have a new teen driver, adequate auto insurance is a must. Your agent can perform a car insurance review and look at options with you. Whether your child is leaving for college, or has recently graduated, it's time to consider renters insurance.

**You move or remodel your house**

When you make upgrades, the replacement cost of your house will likely increase. If you move and downsize your home, you may be over-insured. If you move into a larger home, you may be under-insured. In all three instances, you may want to contact your agent for a home insurance review to help ensure you're sufficiently protected.

**You're starting a business**

Whether you're renting office space or opening a home-based business, include a thorough insurance review in your start-up plans. Depending on your operation's size, you may have to consider property and liability insurance as well as commercial vehicle insurance. If you have employees, you may also need workers' compensation coverage and a healthcare plan.

**Your employment status changes**

In today's rapidly changing healthcare environment, protecting your family's health can be a challenge. Here are three examples:

- Your current healthcare plan is up for renewal.
- You've started a new job.
- You've been downsized and need brand-new coverage.

**You've decided to retire**

In prepping to retire, make sure you know how your employer handles health insurance coverage once you're Medicare eligible. For out-of-pocket costs not covered by Medicare, supplemental coverage may help.

**Life event: Marriage**

*Insurance needs: Obtain life insurance*

**Life Event: New Home**

*Insurance need: Obtain homeowners insurance*

**Life Event: New Baby**

*Insurance Need: Increase life insurance*

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*Insurance Need: Increase auto insurance*

**Life Event: New Business**

*Insurance Need: Obtain business insurance*

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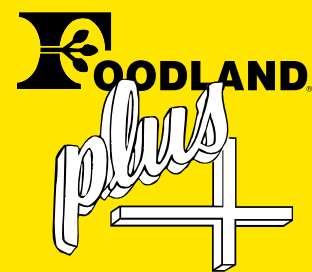


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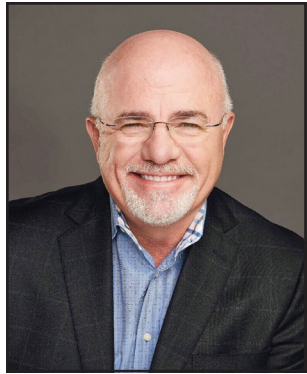
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# DAVE Says

by DAVE RAMSEY



If I were you, I'd let your oldest brothers know exactly what your financial situation is like right now. Explain what you're doing and why you're doing it, then let them know in a nice, but firm, tone you'll give them whatever you can scrape up, but you won't be chipping in anything close to \$1,000. Oh, and I'd tell them next time they hatch up a big, expensive plan like this, to check with all their brothers way ahead of time.

Best of luck, Ronald. I'm sorry you have to deal with this.

— Dave

\*Dave Ramsey is an eight-time No. 1 national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions.

## THIS IS WAY OUT OF LINE

Dear Dave, I'm trying hard to get control of my money and get out of debt, but I had a situation come up the other day, and I really don't know what to do. I'm one of four brothers, and our parents' fiftieth wedding anniversary is early next month. My two oldest brothers got together and made plans for a party without consulting the rest of us. They want everyone to chip in \$1,000 to help pay for things. I love my mom and dad, but the only savings I have is \$1,000 in my beginner emergency fund. Will you tell me how to address this situation?

Ronald

Dear Ronald, I'm going to be blunt

here, okay? Since you weren't asked about any of this ahead of time, and had no say in anything, fair would be for you and your brother who weren't consulted to pay zero. Zilch.

Planning something that expensive without consulting everyone involved well ahead of time—and expecting them to lay out \$1,000 without warning—is way out of line. And don't let your older brothers lay a guilt trip on you, either. This has nothing to do with how much you love your parents, being greedy or anything like that. It has everything to do with consideration and communication, or in this case, a lack of these on their part.

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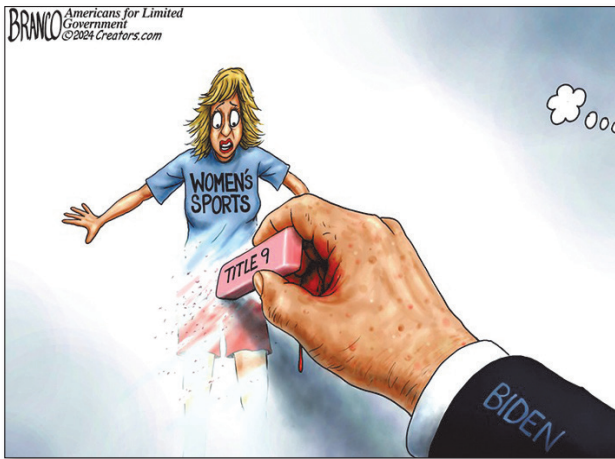
Guest Op-Ed - US Sen. John Kennedy, (R) Louisiana

# Title IX...

Continued from Page 12

Under its new rule, President Biden's Department of Education has abandoned accepted ideas of sex and gender to single-handedly interpret Title IX as protecting students from discrimination based on "gender identity." Schools must now allow students to participate in any "activity consistent with their gender identity," as asserted by the students themselves, or risk facing a discrimination lawsuit. This will open up schools to lawsuits if they forbid biological boys from using girls' restrooms or locker rooms. The same will be true for schools that ban biological boys from the girls' health or physical education classes.

Put differently, Title IX will no longer protect women based on their immutable physical characteristics. Instead, activists can weaponize Title IX to force schools to prioritize the comfortable education of the boy with gender dysphoria above the academic and emotional well-being of the dozens of girls who would rather not share a locker room or learn about puberty alongside biological boys. President Biden's new rule defeats the purpose of Title IX. By interpreting Title IX to be about protecting "gender identity" instead of physical gender, President Biden will place countless women and girls in uncomfortable—or even unsafe—learning environments. The Biden administration is unperturbed. It dismissed the concerns of parents who



don't want their daughters to share a bathroom with a biological man by denying that the "mere presence of a transgender person in a single-sex space compromises anyone's legitimate privacy interest." Put down the bong. It may be President Biden's belief that little girls do not have a legitimate privacy interest

in only sharing restrooms with other women and girls, but common sense and most Americans disagree. The Biden administration's Title IX rule will also require language restrictions on any teacher who wishes to use grammatically correct pronouns, as mandated by the federal government. Under the new rule, any teacher who refers to a little boy as "he" instead of "they" in a way that the federal government finds objectively offensive will trigger a lawsuit for discrimination. Grammar teachers might as well cancel the lesson on pronouns now. I have empathy for the

small percentage of young people who suffer from gender dysphoria. Those students deserve to receive a quality education, too. We cannot, however, prioritize the comfort of a small set of gender dysphoric students over the safety, education and opportunities of all women and girls. Title IX has protected women and girls for more than 50 years. President Biden ought to hide his head in a bag if he allows his administration to destroy decades of progress for women by turning Title IX into a weapon that his party can use to tear apart schools that don't support these anti-women gender policies. *This op-ed by Sen. John Kennedy (R-La.) first appeared in Newsweek on May 1, 2024.*

*Senator Kennedy was elected to the U.S. Senate in 2016 and reelected in 2022. He serves on the Appropriations, Banking, Budget, Judiciary, and Small Business Committees in the U.S. Senate. He serves as the top Republican of the Appropriations Subcommittee on Energy and Water Development, Judiciary Subcommittee on Federal Courts, and Banking Subcommittee on Economic Policy.*

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## The Miracle Worker...

Continued from Page 12

and general admission seating can be purchased by calling 256-383-4066. General admission seating can also be purchased by visiting themiracleworker.info.

William Gibson's *The Miracle Worker* takes place primarily in the spring of 1887 and tells the story of Annie Sullivan's arrival at Ivy Green to teach Helen Keller, who became blind and deaf after an illness in infancy. The play ends at the water pump where Helen Keller learned the meaning of language. Audience members come from all over the world to experience "the miracle" on the grounds where it happened.

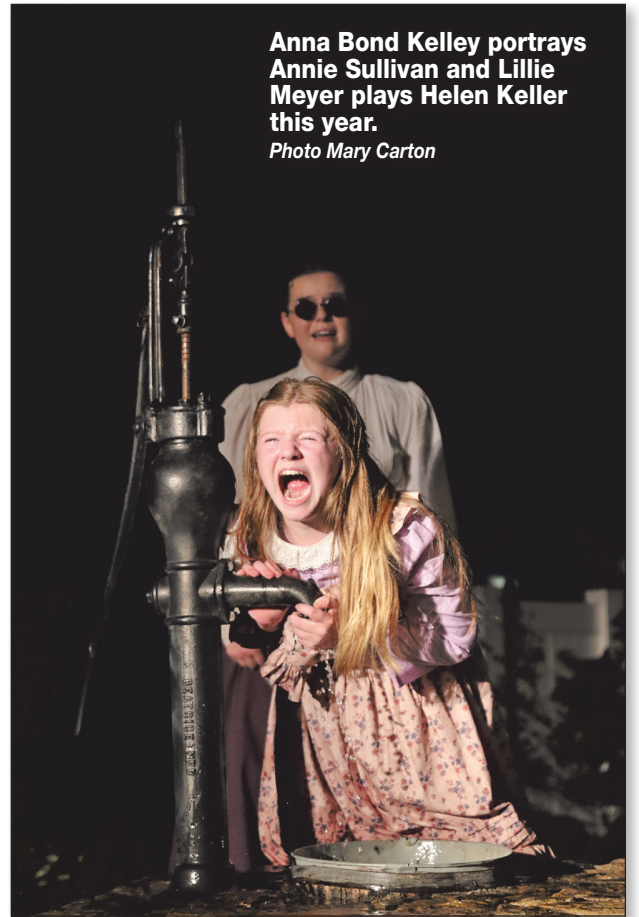
*The Miracle Worker* opened on Broadway in 1959, with Anne Bancroft and Patty Duke starring as Annie Sullivan and Helen Keller. They reprised these roles in the 1962 film and won Oscars for their portrayals. *The Miracle Worker* was first performed at Ivy Green in the summer of 1962 and has been performed every summer for 63 years.

The 63rd Annual Production of *The Miracle Worker* stars Anna Bond Kelley as Annie Sullivan and Lillie Meyer as Helen Keller.

The cast features Jonathan Moore (Captain Arthur Keller), Stephanie Crothers (Kate Keller), Tyler Hudson (James Keller), Elizabeth Ragsdale (Aunt Ev), Darren J. Butler (Mr. Anagnos), Kyla Robinson (Viney), Kalia Robinson (Percy), Destiny Rutledge (Martha), and William Freeman (A Doctor). At certain performances, Jack Butler portrays James Keller. Understudies are Martha Caroline Powell (Annie Sullivan), Mary John Alexander (Helen Keller), Evie Rosa Butler (Annie Sullivan), Coco Butler (Helen Keller), Darren J. Butler (Captain Arthur Keller), and Abigail Johnson (Kate Keller and Aunt Ev).

The Blind Children at the Perkins School for the Blind are Mary John Alexander, Coco Butler, Adley Rea Burchell, Lily Burleson, Zoe Green, Lyla Grace Gregory, Kensington Ann Grigsby, Kinsley Simons, and Nora Sparks.

The creative team for



Anna Bond Kelley portrays Annie Sullivan and Lillie Meyer plays Helen Keller this year.

Photo Mary Carton

this season's production includes Caroline Self (Director), Laura Connolly (Assistant Director), Andrew Maples (Technical Director), Dr. David Ruebhausen (Scenic Designer), Cody Woodfin (Assistant Technical Director), and William Freeman (Stage Manager). The technical and stage crew includes Paula Mestas, Gracie Mestas, Amber Anglin, and Cecilia Gooch. The entire principal cast will perform on the

following nights at 8pm: June 15, 16, 21, 28, July 13 and 19.

There will be a few varied cast substitutions June 14, 22, and July 12 and 20.

Tickets are available by calling 256-383-4066 or visiting themiracleworker.info.

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# Cat & Kids

by Cathy Turner

## My Time

Hey y'all, last week I turned 65! I had to deal with it for a minute, and then I got over myself. 65 years is a lot of years and I have loved all of them. I do feel like I've lived a long time, but I also feel new to this moment.

65 means that I have been on the planet long enough to remember when there were only three channels on the TV. I remember when we got our first television because we could finally afford it. It was a black and white TV, not on the outside, but in the fact that we could only see the shows in black and white. I remember when we got our first color TV, a console that took up a good bit of floor space in the primary spot in our small living room. The TV

programming signed off at 11PM with the playing of the national anthem. And just prior to that, the statement was made by the announcer, "It's 11 o'clock, do you know where your children are?" My mama could always answer, "Yes," to that question - we were all at home.

I'm also old enough to remember penny candy and neighborhood stores. A dime would buy you enough candy that you were satisfied. Lots of candies came wrapped in wax paper. There were Mary Jane's, Salt Water Taffy, peanut butter bars, Fire balls, Zero bars, and more. There were also real prizes inside the Cracker Jacks box like rings, bouncing balls, and puzzles. I could walk to the corner store by

myself when I was 6, 7 and 8 years old, because there was no stranger danger.

And yes, I can remember the party line, having operators and having one phone for the entire hall of girls to use in college. I put quarters in public phone booths. I remember having a phone cord long enough to walk from our kitchen wall phone out to the back porch, so that I could have some privacy. We also had a green rotary desk phone that matched our green naugahyde couch and chairs. I don't remember talking on the phone of our house for long hours, but I do remember talking with my friends in the swing on our front porch for hours. The first time I heard about a cell phone was on a news report that showed people in Sweden walking the streets talking on their phones. I remember thinking, "That will never happen here."

I remember the race riot at our high school in 1968, and I remember that first step on the moon. Walter Cronkite spoke of the Vietnam War, and

I watched soldiers carry death bags while I was eating supper. It was the first time that I actually got to see something tragic happening in the world on TV. After that, it never stopped.

I'm old enough to remember Fortran cards in college. I substitute taught for the technology teacher shortly after computers came to the schools. I knew nothing except to tell the children to wait for the turning hourglass to stop before they did the next task...umm...the rest is history.

Yes, I'm old enough to remember a few changes, but that doesn't seem what 65 is about for me. 65 seems to be a time when I trust myself and my knowledge, and those who don't agree are not a bother. 65 seems to be a time when I have just enough money to buy what I want, but I know health is wealth. 65 is a time when I love my husband dearly and he loves me fully in

return. 65 is a time when I realize that I have had a bit of an impact on this earth, and, Lord willing, I have time to do a little more. But truly, 65 is my time to enjoy. Let's go! 🎵Happy birthday... to me.🎵

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We know all of those **MEDICARE** options may seem a bit confusing – but our **LOCAL** Insurance Specialists have over 20 years of combined experience to help make the whole process easy for you.

▶ Our **"Third Thursday" Medicare Education Classes**, offered each month, allow you the opportunity to learn more. Call to register now to attend one of these classes!



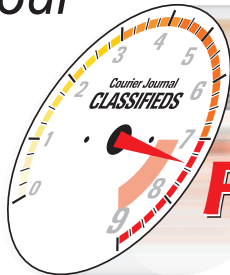
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We do not offer every plan available in your area. Currently we represent 9 organizations which offer 80 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) for help with plan choices.

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# STRANGE but TRUE

- **The Wright brothers' first flight** was shorter than the wingspan of a B-52 bomber.
- **Bai Fangli, a tricycle driver for 20 years**, donated 350,000 yuan to support the education of 300 poor Chinese students. He announced his last payment at the age of 90, saying that he was no longer fit for work.
- **There are tea bags made to look like a goldfish** swimming in your mug.
- **Are you annoyed by the sounds of wheezing, whistling, chewing, drinking, crunching, slurping, finger tapping and the like?** It's not just a quirk, but a psychiatric disorder called misophonia.
- **A man spent five months in prison** due to being unaware that his bail was just \$2.
- **Kenya Railways requires** that all trains stop for several minutes before crossing the Mwatate Dam in the southern part of the country. The practice was adopted on the advice of local residents after several mysterious derailments on the

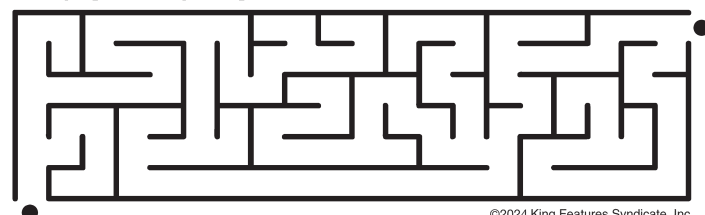
- dam were blamed on evil spirits inhabiting the reservoir, which townsfolk claimed were angered by the trains not appeasing them by pausing in tribute.
- **The world's shortest street**, located in Scotland, is a mere 6 centimeters long.
- **Jackie Robinson wasn't the first Black player** to play Major League Baseball. That honor actually belonged to Moses Fleetwood Walker, a catcher for the Toledo Blue Stockings in 1884.
- **The first volume of recipes** was published in 62 A.D. by the Roman Apicius. Titled "De Re Coquinaria," it described the feasts enjoyed by the Emperor Claudius.
- **India has a bill of rights for cows.**
- **Relics of saints** were so valued in the Middle Ages that when Elizabeth of Hungary died in 1231, her body was quickly dismembered for holy mementos by a crowd.

*Thought for the Day: "Forever is composed of nows." -- Emily Dickinson*

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## Kids' Maze



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## Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                        |           |                    |           |
|------------------------|-----------|--------------------|-----------|
| 1. Paper fastener      | ___ P ___ | Horse's stall      | ___ B ___ |
| 2. Barely audible      | ___ A ___ | Fire starter       | ___ L ___ |
| 3. Livestock           | ___ T ___ | Royal abode        | ___ S ___ |
| 4. Morsel              | ___ B ___ | Agile              | ___ M ___ |
| 5. Horizontal          | ___ N ___ | Writing style      | ___ S ___ |
| 6. French ___ soup     | O ___     | Workers' coalition | U ___     |
| 7. Run through a sieve | ___ N     | Gibraltar, e.g.    | ___ T     |
| 8. See ya ___          | ___ R     | Paint ingredient   | ___ X     |
| 9. Handbag             | ___ R ___ | Heartbeat          | ___ L ___ |
| 10. Grocery employee   | ___ A ___ | Larger than        | ___ I ___ |

## Puzzle Whirl

### MINI SUDOKU

1			
	6	1	
			3
2			5
	3	6	
5			

Place a number in the empty boxes in such a way that each row across, each column down and each small 6-box square contains all of the numbers from one to six.  
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### WORD LADDERS

Can you go from BRIDE to TRUNK in 6 words? Change one letter for each rung in the ladder.

BRIDE

\_\_\_\_\_

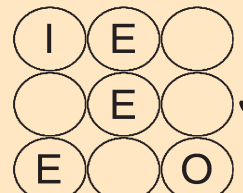
\_\_\_\_\_

\_\_\_\_\_

TRUNK

Answers on Page 30

### WORD SPIRAL



Fill in the missing letters to reveal the nine-letter word that starts at one of the four corners and moves clockwise around the perimeter before ending in the center.  
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# ASK THE ATTORNEY



**Thomas McCutcheon**

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, P.C., as a service to the residents of NW Alabama.

## HOW MANY CASES GO TO COURT?

All divorce cases go to court because there's no common-law divorce. If a divorce is not ratified by the court, it is not valid. A judge has to sign the final decree confirming and ratifying the agreement of the parties.

All worker's compensation cases go to court. These cases have to be explained to the injured worker about the

rights they have and the rights they are giving up. Judges frequently will not approve worker's compensation agreements where the injured worker is not represented by an attorney. Some judges take half an hour to go over the settlement, others take less than five minutes. Some settlements are complicated, and others are straightforward. Very few worker's compensation cases are actually tried even though all are filed simply because eventually they will need court approval and if you don't file it, they will start changing adjusters on you and it will be delay after delay.

As far as other personal injury cases, out of every 200 cases probably 150 of those cases will settle without having to file a lawsuit. The other 50 are filed in court and those are cases where insurance companies change the way that they settle cases, or the adjuster believes there's some defense (often because the person gives a recorded statement to the adjuster). 48 of those cases will settle during negotiation and/or mediation. The other two will be tried before a judge or a jury.

Because the limits of district court have been raised to \$20,000 some cases are more appropriate to be heard in district court. These cases are heard by a judge and not a jury and a lot more expeditiously because you don't have to bring 100 people to the courthouse for jury selection. Most car wreck cases that I try are tried before a jury over two or three days. I have tried four personal injury jury trials in three weeks as my own personal record. I was tired.

*Buckle up, drive safely, and as always, your referrals are appreciated! 256-764-0112*

Please send the questions to: "Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631 or visit our website at: [www.mhatty.com](http://www.mhatty.com)

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<p>5-6 OZ. SELECT VARIETY <b>HAMBURGER HELPER</b> <b>2/\$3</b></p>	<p>25.9 OZ. <b>FOLGERS COFFEE</b> <b>\$7.98</b></p>	<p>20 OZ. <b>HEINZ KETCHUP</b> <b>2/\$5</b></p>
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<p>4-6 OZ. <b>YOPLAIT YOGURT</b> <b>58¢</b></p>	<p>1 LB. PK. - FRESH CALIFORNIA <b>STRAWBERRIES</b> <b>2/\$5</b></p>	<p>11.7 OZ. <b>PILLSBURY TOASTER STRUDELS</b> <b>2/\$5</b></p>
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## Letters...

### Be Vote Educated...

Continued from Page 12

private schools. US Rep. Byron Donalds of Florida is a strong school choice proponent and surrogate for Trump. He and his wife are linked to Moms for Liberty and similar groups that promote vouchers, "biblical worldview education," and removal of books and subjects they consider controversial. (As Donalds pushed legislation to expand charter schools his wife formed a for-profit company to help manage the schools.)

Their calls for "education freedom" funded by largely unregulated vouchers are built on the premise of "universal public-school distrust." Some fear that this movement will further reduce education standards and exacerbate segregation in education. Black students who attend desegregated schools are more likely to graduate and earn higher wages.

Vouchers often act as subsidies for wealthy families who already send their children to private schools, pay for sketchy for-profit "micro schools" which have no oversight, or fund homeschooling families. Wherever they

end up, they drain the coffers of the public schools.

As usual, Alabama is following Florida and other red states. The Alabama House of Representatives recently approved legislation that authorizes politicians instead of the state board of education to appoint members to the commission overseeing charter schools. The commission draws a percentage of per-pupil funds and is incentivized to keep even weak charter schools open.

Let's be educated about how we vote.

Dan Waterman Killen

### Not Many MAGA Hats

Dear Editor,

I've got to respond to the MAGA cultist that bragged about Trump's accomplishments. We have to bring his head back to the light. Trump played golf over 300 times in his four years. That removes a year from his responsibility as commander-in-chief. He spent most of the time kissing up to the world dictators. It looks like birds of a feather flocking together to me. DELETION. He screwed up everything he stuck

his nose into.

Remember the upside-down Bible he flaunted in front of the church. If you support Trump, you're a fool. To the woman, and I use that noun loosely, that put me down for calling someone a 'fool,' I don't read story books, nor do I set myself up on the dead-end paths of make believe that you do. God bless you, dear.

I think most of the Trump cultists that woke up have removed their bumper stickers and put away their MAGA hats. Just don't see too many nowadays.

I hope we get the news soon of the years Trump gets in the slammer for cheating on his payoffs for Stormy Daniels.

I enjoyed the debates in Congress and the Senate before Trump created the separation country wide. At 80, I don't know if I'll live long enough to see our country come back together.

By the way, I'm not a sucker for serving in the military like Trump said. I'd knock him out if I ever had the chance for saying that.

And only low brows drop names in their put down letters.

Tom House Killen

Editor's Note: A little angry and mean-spirited?

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Luke 10:27

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600164-1



# Medicare Minute

## "Medicare vs Employer Coverage"

We meet weekly with individuals who are currently working but becoming eligible for Medicare. Their dilemma is often whether to stay on their employer coverage past the age of 65 or go on Medicare.

Here are a few things to think about. For those of you who are married you will want to know how it will affect your spouse if you leave employer coverage. If your spouse is not old enough for Medicare it may affect your decision differently than someone whose spouse is also Medicare eligible. If your spouse is also Medicare eligible you will want to know what your exact premium will be for you and your spouse together and separately. If that cost is high you may benefit by looking at a Medicare plan outside the company.

One important factor is the prescription drugs, if any, that you are taking. Often employer coverage will cover expensive prescription drugs better than Medicare. Also, employer coverage does not have the "donut hole" or coverage gap that Medicare drug plans have.

How Medicare works and how it coordinates with other Medicare plans can be very confusing. Some companies require their employees to go through a third-party call center to obtain their Medicare health plan. The biggest disadvantage with going through a call center outside of the area is you lose the ability to have a local agent explain your coverage face-to-face and that can go to the insurance company on your behalf if you have a problem.

In most cases it's best to stay on your employer sponsored plan. I would never encourage anyone to leave their employer coverage but the decision to do so is an individual one. What's best for your former coworker may not be what's best for you. Feel free to contact our office anytime if we can be of assistance.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at [ikey@alabamahhealthguidance.com](mailto:ikey@alabamahhealthguidance.com). Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



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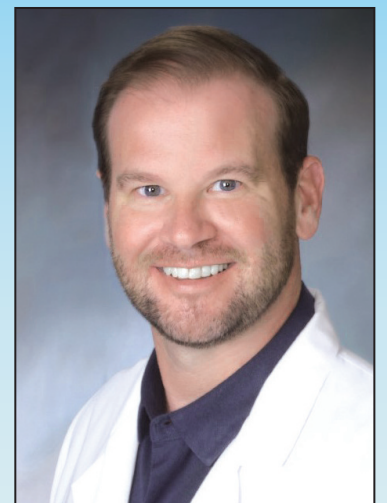
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600184-1

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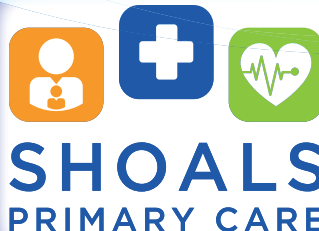
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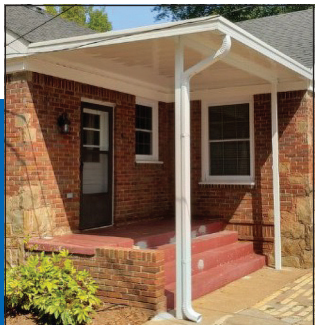
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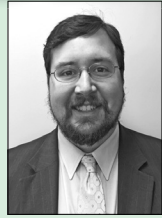


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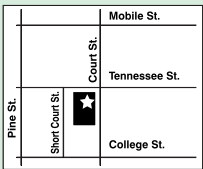
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NOTICE OF ABANDONED AND UNCLAIMED MOTOR VEHICLES

Notice is hereby given that on **Saturday, the 27th day of July, 2024 at 9:00 a.m.**, The following motor vehicles will be sold at public auction for cash. The auction will be held at Horne Wrecker Service, inc., 1634 State Street, Florence, Alabama. Horne Wrecker Service Inc. will accept proof of ownership should anyone care to submit same, Monday through Friday, between the hours of 8:00 a.m. And 4:30 p.m., until the day of the sale. **Vehicles may be viewed starting Monday July 22, 2024, between the hours of 8:00 a.m. and 4:30 p.m.**

YR/MAKE / MODEL	VIN#	TAG#	COLOR	TOWED FROM LOC
01 BMW 5251	VVBADT43461GF56840	N/A	BLACK	GOOCH'S AUTO
04 BUICK RENDEZVOUS	3G5DA03E74S561162	AL41A3855	BEIGE	HWY 20 & CO RD 16
04 CHEVROLET SUBURBAN	3GNFK16ZX4G137942	AL 2833BC3	SILVER	JACKSON HWY
10 CHEVROLET MALIBU	1GIZ85EB9AF297740	N/A	BROWN	HWY 20
12 CHEVROLET MALIBU	1GIZ85E09CF323688	N/A	BLUE	BACON ALIGNMENT
12 CHEVROLET MALIBU	1 G 1 ZC5E01 CF 17245 5	N/A	WHITE	WALMART MARKET
96 DODGE DAKOTA	187HL26X5TS541757	N/A	WHITE	HWY 157 & MAGAN DR
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14 DODGE CHARGER	2C3 CDXBG4EH21523 2	AI SFMDILS	BLUE	WOOD AVENUE
97 FORD EXPEDITION	LFMEU17LIVLA34692	N/A	GOLD	USED CAR
02 FORD WINDSTAR	2FMZA514728806476	N/A	SILVER	USED CAR
03 FORD FOCUS	1FAFP33P53W339778	N/A	GOLD	A. A.A
03 GMC ENVOY	1GKET16S936192407	N/A	RED	CO RD 52 & CO RD 532
05 GMC YUKON	1 GKFK66U75J2618 75	N/A	BLACK	HELTON MAPCO
96 ILLUSION CUSTOM	1Z91RACIXTA014342	N/A	TAN	CO RD 228
15 JEEP CHEROKEE	1 C4PJMC50FW527591	N/A	BLACK	USED CAR
03 MERCURY G MARQUIS	2MEFM75W83X640594	N/A	WHITE	CHEVRON COURT ST
10 NISSAN ARMADA	5N1BAOND7AN604226	AL 392BC7	BLUE	CO RD 8
10 NISSAN MURANO	JNBAZIMW7AW129371	N/A	WHITE	PARE LANE
12 NISSAN MURANO	JNBAZIMW6CW213586	N/A	TAN	CO RD 85 & 5
16 NISSAN AITIMA	1N4AL3AP5GC248929	N/A	WHITE	ALLENS AUTO
00 SATURN SL2	1 GBZJ5273YZ 197159	AL41A57AU	GREEN	HUNTSVILLE ROAD
08 VW BEETLE	3V\VP31 C48M503 833	N/A	BLUE	USED CAR
04 YAMAHA VSTAR	650 JYAVM01 E94A067177	MS MCA4039	BLACK	CO RD 83 & 14

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# Real Estate

**PROPERTY FOR SALE**  
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Mary Mack St. 256-740-1960

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**STORE FRONT AND WAREHOUSE** on Avalon Ave., Muscle Shoals for lease. Approx. 7,000 sq. ft. of space, 18 ft. ceilings. Also Warehouse space available, 8,000 sq. ft. of space, 17 ft. ceilings. Call 256-349-0457

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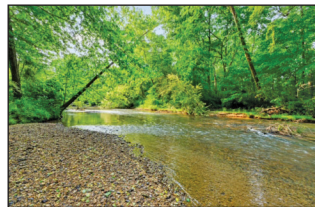
## AUCTION

**109± Acres • Home • 5 Tracts**  
**Cypress Creek Farm**  
**15811 Co. Rd. 8, Florence**  
**Sat. • June 15th • 10AM**

**REAL ESTATE:** This beautiful 109± acre Cypress Creek farm lies in the Cloverdale Community, fronting CR 8 and Cypress Creek. The farm consists of 65±



acres of established pasture with the balance in woods. Structural improvements include a 3BR, 1BA home, barn and machinery shed. **Property will be offered in 5 tracts ranging in size from 1 acre to 45 acres, combinations of tracts and again as one unit.**



**Open House: Sunday, June 9th, 1:00-3:00PM**  
[www.kingrealtyauction.com](http://www.kingrealtyauction.com)

**TERMS:** 10% down with balance due in 45 days. Seller will provide survey, deed and owner's title insurance. Seller reserves the right to accept or reject any and all bids. The real estate will be sold "AS-IS" without warranties of any kind. All information contained in this ad is believed to be correct, but not guaranteed. Announcements made by the Auction Company on day of sale supersede any printed material.

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## AUCTION

**JAMES D. ASHMORE ESTATE**  
**10560 COUNTY LINE RD, LEIGHTON, AL**  
**Open House: June 16th, 1-3 pm**  
**LIVE AUCTION**  
**Sat. • June 22nd • 10AM**  
**108± Ac • Home • 4 Tracts**



**Real Estate:** This outstanding 108± acre farm fronts County Line Rd and 6th St, just north of Leighton. The real estate includes a beautiful 2-story brick home situated on 39± acres and the adjoining 69± acres of cropland fronting 6th St. Property will be offered in 4 tracts, combinations of tracts and again as one unit.

[www.kingrealtyauction.com](http://www.kingrealtyauction.com)

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### ONLINE AUCTION

**June 16 thru June 26**  
**Personal Property**

**Furniture & Accessories:** Grandfather clock, settees, furniture, dining table w/chairs, china cabinet, twin bedroom suite, mirrors, lamps, beds, patio furniture, framed prints, wall sconces, glassware, brass items, dish sets, etched stemware, art glass, Hummel and other figurines, decorative items and more.

**Tools:** Wood working tools, saws, Woodmaster planer and drum sander, various Craftsman electric tools, Craftsman 10" radial saw, drill press and router, Porter Cable 60Gal-7hp air compressor, pipe clamps, hand tools, yard tools, shop vac, weed eaters and leaf blowers, ladders, skeet shooter, diesel tank and much more.

**Bid Online at:**  
[kingrealtyauction.hibid.com](http://kingrealtyauction.hibid.com)  
**Inspection: June 16th, 1- 3pm**  
**Pick Up: June 29th, 9 - 3pm**

**TERMS:** Cash or good check day of item pickup. Debit and credit cards accepted through online auction website. 7.25% Sales Tax to be collected. Personal Property will be sold "AS-IS" without warranties of any kind.

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# Hey...



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## Savvy SENIOR

### Dreading a Colonoscopy? There Are Alternatives

Dear Savvy Senior,

Are there any easier alternatives to a colonoscopy to screen for colon cancer? I just turned 60 and my wife keeps nagging me to get tested, but I hate the idea of drinking that laxative solution and being sedated for the procedure.

Squeamish Steven

Dear Steven,

While a colonoscopy remains the most accurate screening test for detecting colon cancer (94 percent accurate), there are other easier – although less accurate – tests available. But be aware that if the result of one of these tests are positive, you'll still need to undergo a colonoscopy. Here's what you should know.

#### Screening Guidelines

Colorectal cancer, which develops slowly over several years without causing symptoms especially in the early stages, is the second largest cancer killer in the U.S., claiming more than 50,000 Americans each year.

Colorectal cancer screening guidelines from the U.S. preventive Services Taskforce and the American Cancer Society call for most adults to get screened starting at age 45 and continuing through age 75. Earlier screenings, however, are recommended to people who have an increased risk due to family history of colorectal cancer or polyps, or a personal history of inflammatory bowel disease, Crohn's disease or ulcerative colitis.

But despite these guidelines, and the fact that colonoscopies save an estimated 20,000 U.S. lives each year, around 40 percent of eligible people don't get screened.

Why? Because most people, like yourself, dread the laxative prep and sedation, not to mention the procedure itself.

But a colonoscopy is not your only option for screening for colon cancer. There are currently several types of FDA approved stool tests that you can take in the privacy of your own home that requires no laxative-taking/bowel-cleansing preparation. The two most accurate that you should ask your doctor about are the:

**Fecal immunochemical test (FIT):** This test looks for hidden blood in your stool, which suggests polyps or even cancer. Your doctor will give you a FIT test kit to use at home. You take a small sample of stool and mail it to a lab to be analyzed. You don't need to do any prep. The cost of this annual test is covered by private insurance and Medicare. FIT has an almost 80 percent accuracy rate for detecting colon cancer, but it detects only about 28 percent of advanced polyps that might turn into cancer.

**Stool DNA test (Cologuard):** This screening kit looks for hidden blood as well as altered DNA in your stool. Your doctor will order the test, and you will receive the collection kit in the mail. You do the test at home every three years and send your stool samples to Cologuard via UPS. No special prep or change to your diet or medication schedule is required. Cologuard, which is covered by most private insurers and Medicare, detects 92 percent of colon cancers but only 42 percent of large precancerous polyps. It also may provide a false-positive, indicating that you might have cancer when you don't.

#### New Blood Test

There's also a new experimental colon cancer blood test you should ask your doctor about called the "Shield blood test." This new test, developed by Guardant Health, detects more than 80 percent of colon cancers early when they're most treatable.

Guardant is currently seeking FDA approval to market the test but it's available now as a "lab-based test" (which does not require FDA approval) but it's currently not covered by most private insurers or Medicare. Your doctor will need to request this test, which costs \$895, at [BloodBasedScreening.com](http://BloodBasedScreening.com).

Send your senior questions to:

Savvy Senior,  
P.O. Box 5443,  
Norman, OK 73070,  
or visit [SavvySenior.org](http://SavvySenior.org).  
Jim Miller is a contributor to the  
NBC Today show and author of  
"The Savvy Senior" book.





# Buffett...

Continued from Page 12

with local artists singing his greatest hits. Performers include: Will McFarlane, Bobby Wray, Justin Holder, Wayne Chaney, Marie Lewey, Cindy Walker, Clayton Ivey, Lenny LeBlanc, Gary Baker, Rob Aldridge, Gary Nichols, Cassidy McCorkle, Rivers Grayson, Steve Price, and more!

Tickets may be purchased by calling 256-764-1700 or online at [www.theshoaltheatre.org](http://www.theshoaltheatre.org). Tickets for the movie are \$10 for June 14, and concert tickets are \$50 for June 15. Both may be purchased for \$55.

The weekend events benefit The Healing Place, The Caring Place, and The Shoals Community Theatre.

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**CHEVROLET: 1/2 TON, 1964** \$12,500, Longbed C10 Half Ton, 305 V8, automatic, no computers, cash only 205-381-6611

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# SIGNS OF THE PAST



**FRANK R. KING (1859 – 1939)**  
FOUNDER, TENNESSEE VALLEY HISTORICAL SOCIETY

In 1923, King sent letters to like-minded residents of Colbert, Franklin, Lauderdale, and Lawrence counties seeking to form a regional historical association. The Tennessee Valley Historical Society was founded at the Chamber of Commerce Building in Sheffield on November 15, 1923, with 37 charter members. King served as the group's first president. He held the position for the remainder of his life.

During his tenure, King continued to collect widely and sought to ensure the preservation of much of the region's early history. In 1923, he secured the City of Tusculum's donation of fragments from a cannon used in the War of 1812 to the Alabama Department of Archives and History. The following year, his efforts led to a survey of Native American mounds in Colbert County by archaeologists from the Smithsonian Institution. The mounds were endangered by the rising waters of the Tennessee River as a result of construction of Wilson Dam. King also oversaw the Tennessee Valley Historical Society's historical marker program from its inception in 1927 until 1938.

Frank R. King died on December 23, 1939. He is buried in the King Cemetery in Leighton.

ALABAMA HISTORICAL ASSOCIATION 2023

Location: 34.7006°N, 87.5289°W

## FRANK R. KING (1859-1939)

Frank King was founder and first president of the Tennessee Valley Historical Society which he created in 1923. King collected historical memorabilia for many years, even saving Indian artifacts from Indian mounds that were to be flooded by the TVA created lakes. Much of his collection can now be seen in the Leighton Museum.

~ Courtesy David Currott ~ author of Historical Markers & other "Signs of the Past"

# Community Notes...

Continued from page 10

**The Valdosta Community Reunion will be postponed until the Fall of 2024** due to a lot of families going on vacation in June. Any questions, call Penny 256-856-0835.

**Florence Camerata, a popular local community choral group,** rehearsals held on each Thursday, at the UNA choral room from 6:30-8pm, until the concert week - on Tuesday, July 16, at First Cumberland Presbyterian Church 2422 Darby Drive in Florence. It will feature American composers, and will be happening the week before Handy Fest begins. For more information, please call 256-810-9512.

**Senior Meals on Weekdays at 11:30am** at The Club, 450 Country Club Road in Florence. \$1 donation.

**The Batting Brigade Quilt Guild, meets the second Monday of the month** at: Edgemont United Methodist Church, 1330 Eauclaire Ave., Florence. For additional information call Liz Linebrink 601-590-4367. If no answer leave message.

**REVIVE AL - Hearts on Fire, a church growth workshop, June 12-15** at Heritage Christian University on Helton Drive in Florence. Keynote speakers for this home mission event overseen by the elders of Killen Church of Christ include Dr. Kirk Brothers, Stan Dean, Zack Martin, Matt Miller, Dr. Laws Rushing, and David Shannon.

There will be 40 "how-to" classes for men and women, panel discussions each day, and coffee and snacks provided by HCU. Visit [homemission.org](http://homemission.org) to view schedule; register at [www.hcu.edu](http://www.hcu.edu).

**Vacation Bible School** is June 16-20 at Wood Avenue Church of Christ in Florence, with the theme of *The Great Physician - Rescued, Recover, Renewed, Restored*. 6:30-8:30pm nightly. Everyone welcome. There will be classes for all ages. 400 N. Wood Ave., downtown beside the library.

**Author Gary H. Miller will host a Free Self Publishing Kindle Workshop** at the Shoals Writers Guild meeting on Saturday, July 20 from 10am - noon at the Florence-Lauderdale Public Library, 350 N. Wood Ave in Florence

Miller holds a BA from the University of Georgia and is author of many publications including his latest self published book "Ragsdale Blues." Please join us for this free event.

**Social Dance on Tuesday Nights, 6:30-8:45,** at The Club (Florence Senior Center), 450 Country Club Drive in Florence. Music from across the decades provided by The Browns. The Club is an alcohol, drug, smoke, and weapon-free facility. 256-760-6420.

**Joints in Motion, chair exercise class, Tuesday, Thursday, and Friday** at The Club (Florence Senior Center), 9:30am. No charge. BINGO Wednesdays 10:15am until our 11:30am lunch (w/\$1 lunch donation)! If you are 60+ you can join us for lunch and games. 256-760-6420.

**Dance Lessons** Florence Parks and Rec will be offering small group ballroom dance lessons at Royal Avenue Recreation Center. Beginner class 1-2pm, intermediate class 2-3pm. There are also select times available for individual/couple lessons. These lessons are perfect for weddings, formals, proms, lead outs, cotillions etc. Space is limited. Call Royal Ave, Rec Center, 256-760-6245, to sign up.

**Florence-Lauderdale Tourism is excited to announce** that they now offer prints of The Shoals Mural at McFarland Park. They are 12 "x 36" and printed on archival paper. They are available for purchase at the visitor center during our regular business hours.

Regular prints are: \$25. Signed and numbered prints are \$50 (Limited edition of 250)

Location 200 Jim Spain Drive, Florence in McFarland Park. Monday-Friday, 9am-5pm, Saturday, 10am-4pm.

**The Alabama Music Hall of Fame - Star Player exhibit** will be on display at the Alabama Music Hall of Fame, 617 U.S. 72, Tusculum. Rotating exhibits at the hall of fame highlight accomplishments of area music achievers. Details: 256-381-4417.

**Volunteers are needed** at Florence Lauderdale Animal Services. All ages and interests are sought. It's an ideal option for high school students who need service letters for scholarships, or just want to contribute, and have specific/tight windows of availability. Volunteers can be those who like to work with animals, or those who would rather just do other work around the facilities. Contact Whitney at 256-762-1124 or Carla at 256-904-0517.

**Club (Florence Senior Center) and Diamond Tours Diamonds in the Rough 2024 trip Information.** [www.GroupTrips.com/TheClub](http://www.GroupTrips.com/TheClub)

- Niagara Falls Trip, June 23-29, #2101920, Double Occupancy Rate \$1187, Single Rate \$1421

- Mt. Rushmore and the Badlands, August 17-25, #2092162, Double Occupancy Rate \$1542, Single Rate \$1872

- Mackinac Island Trip, Sept 22-28, 2024, #209362, Double Occupancy Rate \$1086, Single Rate \$1335

- Pigeon Forge and Smokey Mountain Show Trip, November 11-15, 2024, #2076085, Double Occupancy Rate \$918, Single Rate \$1067

Personal Checks or Money Orders

made to Diamond Tours. Please no cash or Credit Cards. Call 256-760-6642 come by The Club to pay for your trips. 450 Country Club Drive, Florence [fdavis@florenceal.org](mailto:fdavis@florenceal.org)

One trip is scheduled with a different travel company.

- Magical Christmas Market Germany, December 10-17, 2024. 21 spaces available.

Call Collette at 800-340-5158 to sign up directly with them. You'll be traveling with us (The Club).

**Religious Abuse Support Group of the Shoals** will meet the first and last Sundays of every month. Time and Location will vary. *About us:* we are a group dedicated to supporting individuals in our local community who have experienced abuse within religious institutions.

Check our Facebook for additional details. Contact us at <https://www.facebook.com/ragsshoals/>

**There is space HERE for YOUR EVENT,** and plenty of eyes to read it. Email your information to [editor@CourierJournal.net](mailto:editor@CourierJournal.net).

**The Florence Beautification Board** presents *The Wildflower Project!* Through this project, you can contribute to the future of our community's sustainable growth. There are several tiers of involvement, Tier 1- \$100; Tier 2 - \$200; Tier 3 - \$1,000 To donate, you may give checks to the Beautification Board City of Florence, PO Box 98, Florence, AL 35631. Contributions are tax-deductible.

**McCaig's Garage**  
Late model and low mileage motors and transmissions. 90 day guarantee. Call Gary McCaig, 256-332-5366.

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**Mystery Photo OF THE WEEK**  
June 12

**WIN LUNCH FOR 2!**

**Rosie's CANTINA**  
[www.rosiesmexicancantina.com](http://www.rosiesmexicancantina.com)  
in Downtown Florence

**ENTER ONLINE at**  
[www.courierjournal.net](http://www.courierjournal.net)

**Week Of June 5 winner is Wes Richardson of Tusculum**  
who correctly guessed  
**N. Florence Park Soccer Fields on Chisholm Rd. near 7-Points**

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office beginning Wednesdays after Noon.

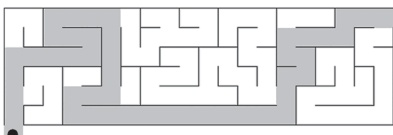


**Even Exchange answers**

1. Staple, Stable
2. Faint, Flint
3. Cattle, Castle
4. Nibble, Nimble
5. Prone, Prose
6. Onion, Union
7. Strain, Strait
8. Later, Latex
9. Purse, Pulse
10. Bagger, Bigger

# Puzzle Whirl Answers

**Kids' Maze Solution**



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**WORD LADDER**  
Answer  
BRIDE, BRINE, BRINK,  
DRINK, DRUNK, TRUNK

**Word Spiral Answer**  
OBEDIENCE

**MINI SUDOKU**

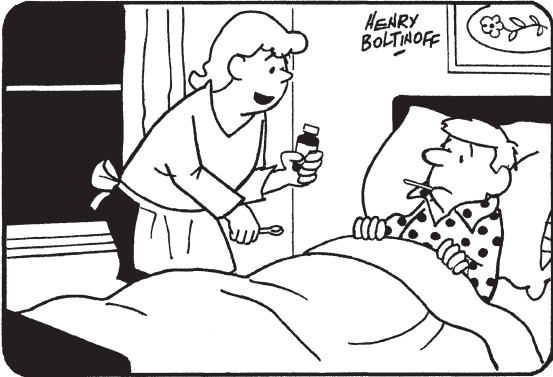
Answer

4	1	5	3	2	6
2	3	6	1	5	4
6	5	4	2	3	1
3	2	1	6	4	5
1	4	3	5	6	2
5	6	2	4	1	3



**HOCUS-FOCUS**

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Thermometer is missing. 2. Apron bow is different. 3. Cap is missing from bottle. 4. Headboard is taller. 5. Fingers are moved. 6. Leaf is missing from flower.

**R.D.T. CONSTRUCTION & HANDYMAN SERVICES**  
Decks, fences, pressure washing, windows, doors, etc. All general home repair and small construction... "No Job Too Small!" Veteran owned. Call Brandon Taylor for an estimate at 256-762-0499

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**I BUY JUNK CARS,** trucks, vans and repairable vehicles. Call Mike 256-702-8400

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**Colbert County Rabies Clinic - 2024**



State law requires all dogs and cats over 3 months of age be vaccinated against Rabies each year.



**The fee is \$12 per animal**

Rabies Officer for Colbert County, AL – Troy A. Youngblood DVM

**Below are the dates and locations for this year's Rabies Clinics**  
1 year Rabies vaccines will be administered for \$12 each

**Monday, June 17:**

2-4 pm: Muscle Shoals High School Parking Lot

4:30-6 pm: Colbert County High School Parking Lot

**Tuesday, June 18:**

2-4 pm: Cherokee High School Parking Lot

4:30-6pm: Colbert Heights High School Parking Lot

We appreciate the local school boards for their cooperation. We are excited to be able to serve the community in this way for another year.

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<b>SMITHFIELD SEASONED TENDERS</b> 19.2 OZ. PKG. <b>\$5.99</b>	<b>CAROLINA PRIDE HOT DOGS</b> 12 OZ. PKG. <b>\$1.69</b>	<b>WRIGHT BACON</b> 20 OZ. PKG. <b>\$8.99</b>	<b>TROWBRIDGE'S PIMENTO CHEESE</b> 17 OZ. TUB <b>\$7.99</b>
<b>DEER PARK SPRING WATER</b> 24 PACK 5 LTR. BTL. <b>\$4.99</b>	<b>YELLOW N BICOLOR CORN</b> 3 PACK <b>\$1.19</b>	<b>IDAHO POTATOES</b> 8 LB. BAG <b>\$2.99</b>	<b>WOODBRIDGE WINE</b> 1.5 LTR. BTL. <b>\$12.99</b>

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We do not offer every plan available in your area. Currently we represent 9 organizations which offer 80 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) for help with plan choices.



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