

Town of Gorham issues request for proposal

GORHAM, ME -- South Street Pedestrian Lighting Installation

The Town of Gorham (Owner) is requesting bids for the construction of the following project: South Street Pedestrian Lighting Installation

Bids for the construction of the project will be received at the office of the Town Clerk located at Gorham Town Hall, 75 South Street, Suite 1, Gorham, ME 04038 until Tuesday, July

9, 2024, at 10:00AM local time. At that time, the bids received will be publicly opened and read in Conference Room A.

The Project includes the following work: Installation of pedestrian light poles, light fixtures, foundations, conduit, and junction boxes on South Street. Owner shall provide lights poles, fixtures, and foundations for installation.

Bids are requested for the following contract:



South Street Pedestrian Lighting Installation

Obtaining the bidding documents: The issu-

ing office for the bidding documents is: Barton & Loguidice; achandler@bartonandloguidice.com. Prospective bidders may obtain the bidding documents from the issuing office by emailing the issuing office at the above email address. Neither Owner nor Engineer will be responsible for full or partial sets of bidding documents, including addenda, if any, obtained from sources other than the issuing office.

Pre-bid Conference:

There will be NO pre-bid conference for this project.

Instructions to Bidders: For all further requirements regarding bid submittal, qualifications, procedures, and contract award, refer to the instructions to bidders that are included in the bidding documents.

This Advertisement is issued by: Owner: Town of Gorham By: Terry Deering Title: Director of Public Works Date: June 18, 2024

Gorham senior property tax assistance applications available

GORHAM, ME -- Applications are now available for the Town of Gorham Senior Property Tax Assistance Program. This program was established to provide property tax assistance to persons 65 years of age and over who reside in the Town of Gorham. Under this program, the Town of

Gorham will provide refund payments to those individuals who maintain a home- stead in the Town of Gorham and meet the criteria established by this article.

To obtain an application, please visit the Town Clerk's Office at the Gorham Municipal Center (75 South Street) or go to the

Town's website.

Completed applications can be submitted to the Town Clerk's Office now through the deadline of August 1, 2024. If you have questions and/or need assistance completing your application, email seniorrebate@gorham.me.us, or call 222-1671.

Clothes galore at Gorham's Mission of Hope Clothes Closet

GORHAM, ME -- The FREE Clothes Closet at Cressey Road Church (Mission of Hope Clothes Closet) is open to all who need Fellowship, Friendship and Clothes. We are located at 81 Cressey Road, Gorham, and we are open on the FIRST and THIRD Saturday of each month from 9 o'clock AM to 12 Noon.

We focus on clothes and accessories (gloves, scarves, hats, etc.) and welcome your donations during

our operating hours. Clean clothes in good shape help the most, as they go right out to help people locally or in nearby communities. An attempt is made to have season appropriate clothes available to you. After we have displayed them for a time, they are donated to our local second-hand shops.

In addition to helping folks find clothes, we want to spend time with you! There are tables to sit, talk

and to share a cup of coffee and usually a goodie with volunteers or others. Come see us! You might make a new friend. All are welcome!

Send all items for What's Going On to the Editor. Deadline is Friday by five.

Food truck Summer Thursdays bring dinner to Gorham

GORHAM, ME - Food truck Summer Thursdays hosted by the Economic Development Division are back, starting with the first event on the summer solstice - Thursday, June 20.

Folks can catch a rotating selection of food trucks every Thursday through September 28th at the Little Falls Recreation Area (664 Gray Road, Gorham).

We offer a different selection of vendors each week (~7-8 total) from 4pm - 8pm, and the setting is very family-friendly complete with ample green space, music, and lawn games. It's the perfect way to spread out and enjoy a Maine summer afternoon at its finest.

This year, the Town is offering space to local organizations and businesses to engage the community and get the word out about exciting offerings and op-



portunities available to the Gorham.

We are grateful for the support of Gorham Savings Bank, which is

sponsoring the purchase of 150 lawn chairs for visitors to utilize each Thursday. Beach blankets and chairs are still welcome!

Community garden at Cressey Road Christian Church, Gorham

GORHAM, ME -- If picking your own grown juicy tomato and crispy greens is on your bucket list, try gardening at Cressey Road

Christian Church Community Garden in Bucket Step planters, ready for planting, no fees, and PFAS free.

Bucket Steps were

built by Eagle Scout candidate Christopher Bolton with help from his troop, scout leader Kelly Deprez, and Rick Smart. Bucket Steps have 3 rows,

with 4 buckets each. You may share a bucket step unit with someone. Bucket Steps are user friendly planters with minimal bending required. This

is just a beginning as we continue building raised garden units offering planting boxes and veg-trugs. Bucket Steps are available now on a first

come, first served basis. To use one of these planters, please contact Lorraine lindcabin@gmail.com for guidelines and an application.

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Newsmakers, Names & Faces

Maine CDC updates PFAS freshwater fish advisories

AUGUSTA, ME — The Maine Center for Disease Control and Prevention (Maine CDC) today issued updated and additional freshwater fish consumption advisories following ongoing PFAS testing of water bodies across the state.

Testing of fish in these locations found levels of per- and polyfluoroalkyl substances, known as PFAS, above Maine CDC's recommended levels for regular consumption. Based on the results of those tests, the Maine CDC now recommends limiting consumption of all fish or certain fish from the seven waterbodies listed below. Three of the advisories are expansions of those issued last year and four bodies of water are new additions. With these updates and additions, a total of 16 waterbodies in Maine currently have a freshwater fish consumption advisory. All fish consumption advisories are listed on Maine CDC's

website.

Elevated levels of the PFAS called perfluorooctane sulfonic acid (PFOS) were detected in fish tissue samples from McGrath Pond and Salm-on Lake in Belgrade and Oakland, Aroostook River in Caribou, Kenduskeag Stream in Kenduskeag and Bangor, Kennebec River in Waterville, Limestone Stream in Fort Fairfield, Annabessacook Lake in Monmouth and Winthrop, and Sandy and Halfmoon Streams in Unity and Thorndike. The new fish consumption advisories, listed on the CDC's website, apply to game fish caught in these waterbodies.

"These updates and expansions of Maine's fish consumption advisories are part of our broader work to limit Maine people's exposure to PFAS," said Dr. Puthiery Va, Director of the Maine CDC. "They are designed to protect the health of Maine anglers, their families and

friends, and everyone who enjoys eating freshwater fish from these bodies of water."

"Maine has over 32,000 miles of rivers and streams, and 6,000 lakes and ponds," said Judy Camuso, Commissioner of the Maine Department of Inland Fisheries and Wildlife (MDIFW). "This revised advisory provides Maine's 360,000 anglers the information they need when choosing to have a meal of freshwater fish."

Fishing in these specific waterbodies remains a safe activity, in accordance with the consumption advisories, along with other recreational activities such as swimming, wading, and boating. The Maine CDC recommends that anglers review all existing fish consumption advisories for Maine waters.

The Maine Department of Environmental Protection (DEP) collected and tested fish from these waterbodies for PFAS because they are located

where historical PFAS contamination has been found in groundwater, surface water, and/or soils. The testing this year included testing of new waterbodies and expanded testing of waterbodies to better inform consumption advisories. The Maine CDC continually consults with Maine DEP and MDIFW to develop plans for additional sampling of fish as part of the State's ongoing investigation of PFAS.

PFAS are a group of man-made chemicals found in a variety of consumer products throughout the world. Based on a report from the National Academies of Sciences, Engineering, and Medicine, exposure to certain PFAS chemicals has been associated with changes in liver and kidney function, changes in cholesterol levels, decreased immune response to vaccines in children, complications during pregnancy, increased risk of kidney cancer and possibly testicular cancer.

Three months after taking office in 2019, Governor Janet Mills signed an Executive Order creating a Governor's Task Force to review the prevalence of PFAS in Maine and to put forward a plan to address it. That Task Force has led to aggressive actions to address PFAS contamination in Maine, including:

- implementing one of the nation's earliest and strictest standards for PFAS in drinking water;

- securing tens of millions more dollars in State funding to remediate PFAS contamination, including testing and remediation efforts through drinking water treatment systems;

- establishing screening levels for PFAS in soil, fish and game, milk, and beef;

- signing a first-in-the-nation law prohibiting the spreading of sludge, a widespread source of PFAS;

- establishing a \$60 million PFAS Fund to support farmers whose land

and/or water are contaminated with PFAS;

- dedicating funds to assess the impact of PFAS on Maine's fish and wildlife, allowing for the testing of hundreds of deer, turkeys and fish that documented how PFAS in the environment impacts Maine's fish and wildlife;

- expanding the statute of limitations for Maine citizens to file claims for PFAS contamination; and supporting Attorney General Aaron Frey's lawsuit against PFAS manufacturers.

In total, the Mills Administration and the Legislature have dedicated more than \$100 million over the past several years to address PFAS.

For more information about the fish consumption advisories and PFAS, please go to:

- Maine CDC PFAS Fish Consumption Advisory FAQ

- Maine CDC Scientific Brief: 2023 PFAS Fish Consumption Advisories

SMAA opening new service hub in Sanford/Springvale

SANFORD, ME — To address the growing need for services for older adults in Maine, Southern Maine Agency on Aging (SMAA) is opening a new service hub in the Anderson Learning Center in Springvale this summer. The new location will make services more accessible to people living in Acton, Alfred, Lebanon, Newfield, N. Berwick, Sanford, Springvale, Shapleigh, and Waterboro.

A recent report from

the Federal Reserve Bank of Boston shows the rapid rate that nursing homes in New England — and especially in Maine — are closing. This data illustrates the importance of strengthening local supports that allow people to "age in place" at home, an option that is not only preferred by over 75% of older adults according to AARP, but also saves money both for their families and taxpayers. This is what Maine's Agencies on Aging, including



SMAA, have been doing for over 51 years.

"While we provide services for all older adults and caregivers in southern Maine, it's important to us that we focus on serving individuals and families with the highest social and economic need," said Megan Walton, SMAA CEO. "Through our continuous attention to needs assessments and other data as well as

conversations with fellow service providers, it became clear that the Sanford/Springvale area would really benefit from an increase of services for this population."

Programming at SMAA's Sanford/Springvale Hub will include an Adult Day Program for individuals with Alzheimer's and other dementias, Nutrition Services including Meals on

Wheels and Community Cafés, Falls Prevention exercise classes, and Medicare Counseling. Resource Specialists will also be available on site to help older adults and caregivers navigate issues with housing, healthcare, benefits, and other components of the complex network of services available in southern Maine.

Diane Small, Executive Director, Sanford Housing Authority shared, "As our population ages, the need for comprehensive services for older adults becomes increasingly critical. The opening of SMAA's Sanford Hub signifies their commit-

ment to addressing these needs and ensuring that older adults in our community have access to the support and resources necessary to thrive. Sanford Housing looks forward to this necessary and wonderful resource."

"The City of Sanford is excited for the expansion of programming by Southern Maine Agency on Aging into the Anderson Learning Center in Springvale," said Steven Buck, Sanford City Manager. The Adult Day Programming and other resources align with the public mission of the Center and greatly addresses the needs of older adults within the region."

SMAA is planning to open another service hub in Cumberland County in 2025.

Southern Maine Agency on Aging is the central resource for older adults in York and Cumberland Counties. They provide meals, family caregiver support, expert advice on insurance and drug benefits, classes to help folks age well, and information on critical community resources. These services help individuals remain securely housed and active participants in their communities at a fraction of the cost of nursing home or institutional care alternatives. www.smaa.org

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Newsmakers, Names & Faces

World renowned humanitarian & spiritual leader to visit Portland

PORTLAND, ME

World renowned spiritual leader and humanitarian, Gurudev Sri Sri Ravi Shankar will grace the stage at Merrill Auditorium in Portland on June 29 for an evening of wisdom and meditation. Celebrated as a leading figure in contemporary meditation, and for creating evidence-based techniques that cultivate sustainable joy and peace in daily life, Gurudev has been empowering individuals to enhance their mental health, relieve stress, and build resilience for over 40 years through the Art of Living Foundation.

The foundation's local chapter has played a significant role in promoting mental health through stress management and trauma relief programs for diverse groups, including medical professionals, university students at USM and UNE, youth and the recovery community. At a time when enduring impact of global uncertainties has heightened the need for effective mental wellbeing strategies and emotional resilience, Gurudev's visit connects with Maine's strong commitment to mental health and community support. "In these challenging times, Mainers are seeking inner peace and deeper connection," said Stephanie Rand, a spokesperson for the Maine Chapter. "The



Journey Within offers a profound opportunity to learn practical tools to cultivate resilience, well being and joy."

"Don't miss this unique opportunity to experience spiritual wisdom and inner transformation with Gurudev Sri Sri Ravi Shankar," said Rand.

Limited tickets for The Journey Within are available starting from \$28 through Porttix, the Merrill Auditorium's ticketing website. Tickets can also be purchased at the Merrill Auditorium box office, or by calling 207.842.0800.

For more information about the event, visit aolf.me/journey.

Gurudev Sri Sri Ravi Shankar is a global humanitarian, spiritual leader, and peace envoy. He has helped millions of people worldwide find peace and resilience in the face of adversity, learning not only how to excel in their own lives, but also how to become effective agents for social change.

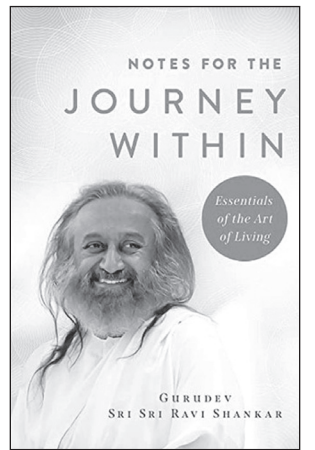
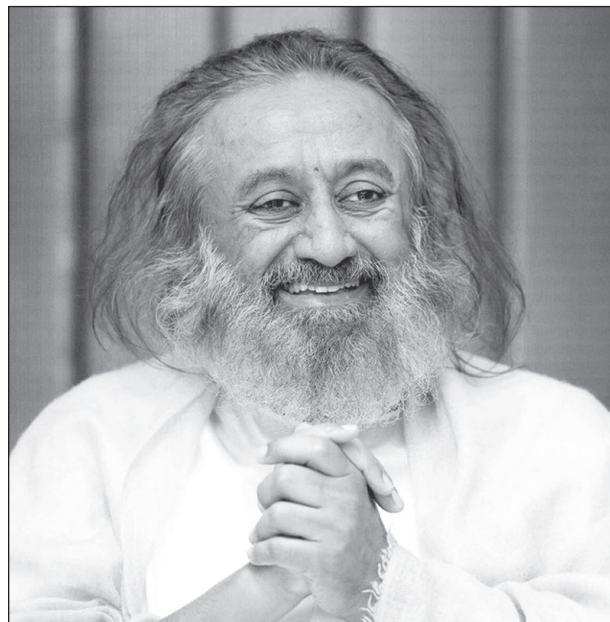
Gurudev has created numerous educational and self-development programs and tools that

facilitate the elimination of stress and foster deep and profound inner peace, happiness and well-being for individuals. His flagship program is the SKY Breath Meditation, which has been tailored for special-needs groups, while his many other programs for self-care and self-improvement all together represent a comprehensive way to help deal with issues faced by the people of the world.

As a proponent for the Gandhian principle of non-violence, Gurudev has mediated and progressed negotiations for peace in conflict-stricken areas such as Sri Lanka, Iraq, Venezuela, and Colombia, where he is credited for playing a central role in ending the violent 52-year conflict between FARC and the Colombian government. He has received 39 governmental awards, including the highest civilian awards from several nations for his peace-keeping and humanitarian efforts.

Gurudev has inspired a wave of volunteerism across the globe. In the United States:

- Over 120K students



spiritual leader Gurudev Sri Sri Ravi Shankar. AOLF's programs were developed and are used to achieve Gurudev's goal of creating world peace through a stress-free and violence-free

society. AOLF has touched over 500 million lives through numerous educational and

self-development programs and tools that facilitate the elimination of stress and fostering inner peace, happiness, and well-being. <https://www.artofliving.org/us-en>

and 2,300+ teachers have participated in the SKY Schools program in 225 schools.

- 550K+ students on 120 university campuses have participated in SKY Campus programs, leading to happy and mindful campus communities.

- 8,000+ US veterans, active military, and their families have participated in life-changing trauma relief.

- More than 20,000 inmates, correctional officers, and law enforcement staff have experienced the benefits of the PRISON SMART program, which aims to break the cycle of violence at the root.

- Over 5K healthcare professionals in 20+ in-

stitutions have benefitted from the Healing Breaths program.

About the Art of Living Foundation

Operating in 180 countries, the Art of Living Foundation (AOLF) is a non-profit,

educational, and humanitarian organization founded in 1981 by the humanitarian and

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Peaks Renewables honored with 2024 Eco-Excellence Award

CLINTON, ME – Peaks Renewables (Peaks), a subsidiary of Summit Utilities, Inc., is honored to receive ecomaine's 2024 Eco-Excellence Award. The award recognizes Peaks Renewables' outstanding commitment to environmental sustainability and its significant contributions to promoting eco-friendly practices within the business and community. The award is voted on by members of the ecomaine Board of Directors.

"It is an honor for Peaks to receive ecomaine's 2024 Eco-Excellence Award. We are very proud of our Clinton dairy digester, and it's been exciting to see this project come to life. By partnering with our state's dairy industry and local family farms, we are reducing emissions and generating home-grown gas to heat homes and warm businesses. At the same time, we are creating jobs and supporting our agricultural heritage in a sustainable way," said Angus King III, President of Peaks Renewables.

Peaks has demonstrated innovative efforts and dedication to sustain-

ability through its renewable natural gas (RNG) dairy digester in Clinton, Maine. This project, the first of its kind in Maine, injects home-grown gas derived from dairy waste onto Summit Natural Gas of Maine's (Summit) distribution system, significantly reducing emissions and supporting local agriculture.

The RNG dairy digester, located at Flood Brothers' farm, receives *See Peaks, page 9*

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For advertising information email Laurie@twincitytimes.com or call 795-5017.

Deadline

Deadline for ads and press releases is 5 p.m. on Friday preceding publication. Published every Thursday's publication.

Press Releases

All submissions, including photos, must be emailed to editor@GorhamWeekly.com.

Proofs

Publisher is not responsible for any errors in ad copy not inspected by advertiser prior to publication.

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Seniors Not Acting Their Age

White Mountain Whitewater Rocks



Kevin McKenzie kayaks one of many rapids on the Upper Saco



Suzanne Cole uses a low brace to stay upright in Tweedle Dum Falls



Canoeists Krea and Ryan Galway complete a rapid on the Upper Saco

The White Mountains in New Hampshire have more to offer than great hiking, climbing and skiing. In the spring, melting snow drains into the steep streams and rivers flowing out of the tall peaks. For a few weeks in late April and May, they provide some of the best whitewater paddling in New England.

Over the years, Chowderheads with the Penobscot Paddle & Chowder Society have avidly pursued the many paddling options the White Mountains furnish. The East Branch of the Pemigewasset in Lincoln and the Swift River near Conway are two of our

favorites. The Peabody, Ellis, Rocky Branch, and East Branch of the Saco are less frequented because they rarely have sufficient water. All have a commonality; they're rocky descents with steeper gradients than most Maine Rivers.

Another popular New Hampshire spring freshet is the Upper Saco. Headwater of the substantial Saco River that progresses to the ocean in Maine, the Upper begins in Crawford Notch and tumbles downhill to the Town of Bartlett. Barring heavy rains, the Upper is only available for a short period each spring, usually in May. Prospective pad-

dlers look for a flow in the range of 650 to 1500 cubic feet per second on the U.S. Geological Survey gauge in Bartlett. Lower levels are impassable and higher volumes can be downright scary.

After studying water levels, club member Craig McKinnon announced an Upper Saco trip in May. Although snow accumulations were less than normal in the Whites this past winter, Craig identified a day when the flow was sufficient for an exhilarating adventure.

Nine Chowderheads met at a small parking area next to a bridge over the Saco on the River Road in Bartlett on a cloudy cool

day. Our paddling entourage consisted of six kayakers and two canoes. All participants were in solo boats except Ryan Galway and his teenage daughter, Krea, who paddled a tandem canoe. Sufficient vehicles were left at the takeout for the return shuttle and we drove north on Route 302 for about five miles to the Mount Nancy Trailhead.

We elected to avoid the usual put-in farther north near Davis Path because a long portage around a difficult gorge is normally necessary. Instead, we carried and hauled our boats through the woods to the river. In retrospect, the portage is probably easier as our choice turned out to be more arduous than anticipated and required lowering boats down a steep embankment.

We enthusiastically launched in the steep, narrow boulder-strewn stream. From the outset, choosing the best routes through the rocky labyrinths was challenging. Carefully watching for fallen trees and other debris in the almost continuous whitewater was a necessity. Situated higher in his canoe than the kayakers, Craig probed a majority of the rapids.

The first rapid was indicative of what was to follow. From the top, it was almost impossible to determine the proper passage. We eddy hopped as far downriver as practicable before identifying a narrow diagonal rock-infested channel through a precipitous boulder pile. Everyone nailed it.

More exacting descents ensued. Our determined band replicated the successful technique as we plummeted through one rocky falls after another.

Those of us who were veterans of previous Upper Saco adventures were guardedly watching for two more difficult falls comically called Tweedle Dee and Tweedle Dum. Arriving at the finish of a long rapid where the Sawyer River enters on the right, we were close.

Tweedle Dee is a twisting descent that requires navigating between several huge boulders and around some intimidating holes at the end. Our crew handled it flawlessly.

The approach to Tweedle Dum is deceptive. From upstream, it appears quite benign. We boat scouted and eddy hopped to the top of an abrupt right turn. A rocky prominence on the right obscures a clear view un-

til the last moment. Nine capable Chowderheads plunged through a circuitous passage while avoiding potentially boat flipping holes and several threatening boulders.

The gradient moderates below. However, it remained a busy stimulating river. After angling southeasterly, the river widens. Route finding was more complex and the threat of dangerous debris obstructing the river greater. Our intrepid group was up to the task and we completed a truly outstanding White Mountain whitewater adventure.

My book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine* narrates many more exciting whitewater exploits around Maine.

Ron Chase resides in Topsham. His latest book, *"Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine"* is available at www.northcountrypress.com/maine-al-fresco or in bookstores and through online retailers. His previous books are *"The Great Mars Hill Bank Robbery"* and *"Mountains for Mortals – New England."* Visit his website at www.ronchase-outdoors.com or he can be reached at ronchaseoutdoors@comcast.net

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Augusta Symphony celebrates with a Capital Fourth



AUGUSTA, ME -- Please join the ASO for our first Maine Capital Fourth Event held at the Augusta Civic Center! The event will be held on July 4th from 3-5 PM. There will be full concessions available with activities, an instru-

ment petting zoo, and small ensembles playing, leading up to an ASO concert. The concert will feature traditional holiday music, marches, and pops medleys. You don't want to miss it!

The Augusta Civic Center venue offers plenty

of free parking, concessions, and air conditioning! Please visit augustasyphonymaine.org and augustaciviccenter.org for more information. ASO concerts are always free with donations gratefully accepted.

The Augusta Symphony Orchestra
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www.augustasyphonymaine.org

Strawberry Festival comes to Nathaniel Hawthorne's home

RAYMOND, ME – One of southern Maine's beloved annual events—the Strawberry Festival at Nathaniel Hawthorne's Boyhood Home in Raymond (40 Hawthorne Road)—returns this year on Saturday, June 29, from 6 p.m. to 7:45 p.m. This year's special guest speaker will be award-winning author/editor Tess Chakkalal, professor of Africana Studies and English at Bowdoin College. Ms.



Nathaniel Hawthorne's Boyhood Home in Raymond, Maine. "Image courtesy of the Hawthorne Community Association."

Chakkalal is creator and co-host of this summer's podcast series from Maine Public Radio entitled "Dead Writers: Great American Authors and Where They Lived."

Admission is \$15 for adults and \$5 for children aged 8 and under, with reservations at Hawthorne@Maine.RR.com or by calling 207-329-0537 strongly recommended. Walk-ins also are welcome.

Wrapping up the

event, all attendees will enjoy yummy homemade strawberry shortcake, served with coffee, punch, and lots of friendly smiles!

How to Donate to Nathaniel Hawthorne's Boyhood Home

Those who would like to donate to the ongoing restoration of Nathaniel Hawthorne's Boyhood Home in Raymond may do so by sending a much-appreciated check

payable to "Hawthorne Community Association" to: Hawthorne Community Association / PO Box 185 / South Casco, ME 04077. Secure credit card, debit card, and PayPal donations may be made online at: <https://www.hawthorneassoc.com>.

For reservations and other information, please send email to

Hawthorne@Maine.RR.com or call (207) 329-0537.

Bangor Symphony Orchestra renews Maestro's contract

BANGOR, ME – The Bangor Symphony Orchestra (BSO) is thrilled to announce the renewal of Music Director Lucas Richman's contract through June 2029, marking a celebrated continuation of his remarkable 14-year tenure with the orchestra. Under Maestro Richman's direction, the BSO has reached new heights in artistic excellence and community engagement.

"Lucas Richman's visionary leadership has not only elevated our orchestra's profile but has significantly deepened our connection with the com-

munity," says Elizabeth Sutherland, President of the BSO Board of Directors. "His renewed commitment ensures that the future of the Bangor Symphony Orchestra shines as brightly as the talents we showcase."

During his leadership, the Grammy Award-winning Maestro Richman has been pivotal in enhancing the BSO's programming diversity, notably championing works by female composers, including Elfrida Andree and Jessie Montgomery, this past season. This commitment to equity in the arts has enriched the symphonic

repertoire and provided our audiences with a richer, more inclusive musical experience.

In April, the BSO and Maestro Richman presented the "Paths to Dignity Project," a groundbreaking initiative that builds musical bridges with the unsheltered community. The project culminated in a Masterworks performance featuring Maestro Richman's own "Concerto for Violin: Paths to Dignity," receiving high praise from patrons and musicians alike. The concert, featuring solely Richman's compositions, underscored his significant impact on

both the BSO and the wider community.

Looking ahead, Maestro Richman will continue to captivate audiences with innovative programming, including an exciting performance of John Williams' legendary Star Wars: A New Hope In Concert score played live in sync with the film, scheduled for May of next year.

Renia Shterenberg, Executive Director of the BSO, added, "Lucas' ability to blend traditional symphonic music with innovative community projects like the Paths to Dignity has been transformative. We are excited to see how

his creativity will continue to enhance our programming and outreach in the years to come."

"It has been a great honor and joy for me to collaborate with the wonderful musicians of the Bangor Symphony Orchestra all these years," shares Lucas Richman. "It's been an incredibly fulfilling partnership and I am excited about creating even more opportunities for furthering the enrichment of our region through the power of music."

"The BSO looks forward to many more seasons of exceptional music-making under Maestro

Richman's leadership," said Sutherland

The BSO's 2024-2025 season has been announced and season subscriptions are now available. Both can be found online at <https://www.bangorsymphony.org/schedule/>.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

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Arts & Entertainment

Wiscasset Art Walk 2024 opens with Hurdy Gurdy, new shops

WISCASSET, ME – Twelve years in, and there’s always something new to discover at Wiscasset Art Walk. The 2024 season opens on Thursday, June 27, 4-7pm, in Wiscasset Village. Visitors are invited to peruse the Village galleries and shops. Village sidewalks are lined with original art, regional vendors, and local community tables where visitors can meet the artists and their neighbors!

While perusing, snag something tasty from Bowlicious food truck or enjoy Village cuisine from one of the open eating places, listed on the evening’s visitors’ map. Expect a wine tasting at Treats, sips at the new (and already a favorite) brew pub, and fine wines at In a



Bowlicious food truck

Silent Way.

Stop in at Bicycleette, one of the newest shops in the Village, and extend a welcome to the owner, responsible for the collection of fine hand-made furniture on display.

Sit a spell for a game of chess, using hand-made pieces, wrought be a lo-

cal maker. And listen to the tunes played by Wiscasset’s own hurdy-gurdy musician!

And, yes, the Garden Club of Wiscasset, a perennial WAW participant, will have fresh bouquets for home and self!

In 2024, the business sponsors to-date who sup-



Chris Lannon and Rick Turcotte brought their high octane country blues sound to WAW on August 31 of last season.

port the many free WAW activities and performers as Major Sponsors are Ames True Value, Big Barn Coffee, BIRCH Home Furnishings & Gifts, Carriage House Gardens, First National Bank, J. Edward Knight Insurance, Red’s Eats, Rock Paper Scissors,

and Sherri Dunbar/Tim Dunham Realty.

For more information about Wiscasset Art Walk, visit www.wiscassetartwalk.org or email to wiscassetartwalk@gmail.com. Wiscasset Art Walk is a program of Wiscasset Creative Alliance.



Lynn Cummings plays bodhran, Forest Weston on didgeridoo, and Heather MacLeod on penny whistle last year during the July 27 WAW.



Bicycleette furniture chest

Private Lives on stage in July at Saco River Theatre

BAR MILLS, ME – The Original’s present Private Lives, a play by Noel Coward at Saco River Theatre, 29 Salmon

Falls Road, Bar Mills, ME, July 19, 20, 25, 26, 27 @ 7:30 PM and July 21 & 28 at 2:30pm.

Elyot (Dana Packard)

and Amanda (Jennifer Porter) once married and now honeymooning with new spouses at the same hotel, meet on the balconies of

their adjacent rooms. As they relive the past, their original spark reignites and they impulsively run away together to give their relationship another shot, much to the shock of the newlyweds they leave behind.

After days of being reunited, Elyot and Aman-

da again find their fiery romance alternating between passions of love and anger. When they are discovered several days later by their jilted spouses, an energetic bride named Sibyl (Miranda Jonté) and an old-fashioned chap named Victor (Neil McGarry) all four lovers must finally

acknowledge just who is really suited to whom.

Fast-paced, witty, and passionate, Noel Coward’s comedy is a delightful romp. Also featuring Emily Eberhart as the French maid, Louise.

Tickets: \$15 General Admission at www.sacorivetheater.org.

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YMCA Camp of Maine celebrates 50 years

MAINE -- Staff from Maine and around the world are eagerly awaited the arrival of the first campers on June 23rd as we open for our 109th season. This summer the YMCA Camp of Maine is celebrating 50 years of co-ed camping with a dinner, dance and silent auction event at the camp on Saturday, July 27th at 5:30pm.

Established in 1915, the YCamp of Maine has provided access to the outdoors and camping to countless youth from Maine and beyond. The camp was one of the first YMCA facilities built in the state and served as the overnight camping program of the State YMCA of Maine. Before cities and towns had swim and gym facilities, boys from "Y Clubs"

spent summers learning leadership skills, how to work with their hands in the wood shop, on agricultural fields and swimming and boating on the lake.

Youth and staff from around the world continue to gather together along the shores of Lake Cobosseeconte each summer. While a large contingent of campers come from Maine, many come from across the country and internationally, making for a robust experience rich with diverse cultures and languages from around the world. YCamp offers co-ed traditional camp sessions ranging from four days to two weeks for youth ages 7-15, as well as leadership programs for teens.

With leadership from Dave and Jean Dellert and

Larry Guardella, the camp admitted girls for the first time in 1974. This equitable access, which we take for granted today, was a novelty back then. Because of this leadership, thousands of girls and young women have had wonderful experiences at YCamp. Women and girls have been able to partake in skill building, leadership development, increased confidence and sense of self. Girls at YCamp forged Lifelong friendships on the sports field, at the waterfront, at the pottery wheel and across tables at dinner time. For many, these experiences and relationships have been fundamental in their lives and careers.

Julia Munsey, Alum, former staff and board member, said, "From my

first summer as a camper in 1974, YCamp gave me the opportunity to make friends with people from all over the state of Maine, the country, and the world. To this day as a YCamp alum I am still connected with so many of them and it has made my life richer in so many ways. As campers we were given the opportunity to learn outdoor skills, sports and arts skills, and to develop leadership skills based on core values and character development. My experience at YCamp was so impactful and to this day I am grateful to have had the opportunity to attend."

Jeff Gleason, CEO and Camp Director shares that he's, "thrilled to celebrate 50 years of co-ed camping. The YMCA

Camp of Maine was founded in 1915 as the "Camp of Character." We have always believed in leading with integrity. We know that everyone can bring grace, talent and perspective to our world. That is why we strive to create a place where people can grow and thrive. Co-ed camping helps youth learn to work collaboratively with individuals of different genders and challenge and break down gendered stereotypes. Progress is a shared responsibility that requires us to listen and learn, while sharing the actions we take as we move forward."

While we celebrate fifty years of girls and women at camp, accessibility for all remains fundamental to our mission. Proceeds from this celebration

event will go towards the camp's capital campaign, to preserve camp for the next generation. The campaign addresses three initiatives of growing the endowment to \$1M, funding the completion of a list of necessary capital improvements and fully funding our annual 'fill the beds' campership program. Over 60% of campers receive partial or full scholarships. More about the campaign can be found here: <https://www.maineypcamp.org>

Tickets for the event can be purchased here: <https://www.givesignup.org/TicketEvent/Alumni-DinnerDance50thanniversary>

Passamaquoddy Tribe secures \$4.3M for eel aquaculture facility

BANGOR, ME—U.S. Department of Agriculture (USDA) Rural Development Maine State Director Rhiannon Hampson announced a \$4.3 million grant to the Passamaquoddy Tribe at Indian Township in Princeton. The Tribe plans to build an aquaculture facility to farm eels as an alternative to wild harvesting. The award was one of eight across the nation made possible through Rural Development's Indigenous Animals Harvesting and Meat Processing Grants (IAG).

Director Hampson hailed the grant as an important investment in the Tribal business and a critical step for a heritage industry. "Investments such as this highlight the commitment of the Biden-Harris Administration to include Indigenous voices and values in a modernized food system," she said. "Resilience is rooted in diversity and innovation. By supporting this partnership, we

are celebrating traditional resource harvesting while recognizing that innovation helps to achieve our goals for sustainable market access."

USDA's IAG program supports the priorities of Tribal Nations utilizing traditional harvesting methods and indigenous animals. It also expands processing opportunities for animals that are native to North America like bison, reindeer, salmon, and American eels. The latter are valued as a traditional Native food while also being highly sought after in the global marketplace. However, hydroelectric dams in the New England region and other ecosystem challenges have severely impacted the species and resulted in sharp population declines in recent decades.

In Princeton, the Passamaquoddy Tribe will use the latest technology to grow eels in a controlled environment and create value-added products such as filet and kabayaki (mar-

inated eel), a Japanese delicacy. A partnership with American Unagi, the only land-based eel aquaculture company in the U.S., will create jobs for members of the tribe and economic opportunities for hundreds of harvesters. This partnership will help the tribe increase profits that support its programs and services and achieve full sovereignty using natural and cultural resources.

USDA Rural Development designed the Indigenous Animals Harvesting and Meat Processing Grants program (www.usda.gov/iag) to support priorities voiced by Tribal Nations during consultations held over two years. The program reflects the Biden-Harris Administration's commitment to work in partnership with Tribal Nations to advance prosperity and dignity for all Native peoples. Grants announced today also will benefit Tribes in Alaska, Montana, Nebraska, North Carolina, Oregon, and Washington.

To strengthen Tribal sovereignty and make our overall food system more resilient, today USDA Secretary Tom Vilsack outlined a related series of agency actions. He announced grants through the Tribal Forest Protection Act and grants to support access to Indigenous foods in school meal programs. He also welcomed a class of summer interns recruited to focus on Tribal agriculture.

Speaking in Cherokee, North Carolina at the National Congress of American Indians (NCAI)

2024 Mid-Year Convention and Marketplace, the Secretary reaffirmed USDA's commitment to Tribal self-governance and self-determination. "USDA has worked hand-in-hand with Tribal Nations to ensure our programs incorporate Indigenous knowledge and perspectives," Secretary Vilsack said. "As part of our commitment to Tribes, we are making good on our promises and investing in projects that advance food sovereignty and self-determination for Tribal Nations."

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Fort Williams Museum, Cape Elizabeth History Center open

CAPE ELIZABETH, MAINE- The Cape Elizabeth Historical Preservation Society is pleased to announce the inaugural public opening of the Cape Elizabeth History Center and the Fort Williams Museum. Both are in the former Bachelor Officer Quarters at Fort Williams Park, and aremtw@wmtw.com just a short walk from Portland Head Light.

The Cape Elizabeth History Center, through accounts, documents, photographs, and artifacts, traces “The Cape Elizabeth Story” from a time when Wabanaki natives freely roamed the area to more recent “suburbanization.” The epic saga of Man vs. Nature defined early Cape Elizabeth. The inherent struggles of farming in an often inhospitable climate are chronicled along with tales of shipwrecks on a storm-lashed and/or fog-bound coastline (some with dramatic rescues). On display are magnificent scale models of Cape Elizabeth’s Town Center, ca. 1930 (complete

with working trolley), and the Cape Cottage Casino (destination for pleasure-seekers in the early 1900s). Cannon balls from the British merchant ship “Three Friends,” sunk in 1711 at Portland Point, are on exhibit, as are replicas of 17th century coins and an earthen jar found on Richmond Island in the 1800s... and much more! Concise narratives make it easy to travel through time and to stimulate interest in researching in the Society’s stored archives, which are gradually becoming available on-line.

The Fort Williams Museum recounts the 90-year history (1872-1962) of the 90 acres of shorefront real estate that became a key element in the defense of Portland Harbor through three wars. Donated artifacts of Maine Civil War hero and namesake of the Fort, Bvt. Maj. Gen. Seth Williams are featured. Another principal attraction in the Museum is a detailed scale model of the Fort as it appeared between the two World Wars. At various times, “The



The Cape Elizabeth History Center traces “The Cape Elizabeth Story” from a time when Wabanaki natives freely roamed the area to more recent “suburbanization.”

Fort” was home to regular Army and National Guard troops, as well as two companies of FDR’s Civilian Conservation Corps. The eleven thunderous cannons which once sat on the six fixed concrete gun batteries are long gone, but their memory lives in vintage 16 mm film, as well as in the recorded interviews of soldiers who served at, and people who grew up, or who had interesting experiences on the base. Poignant stories of notable individuals in the

Fort’s history are shared. The interesting tale of the ill-fated Goddard Mansion and its enigmatic owner is told. Vintage post cards, uniforms, and other memorabilia also help tell Fort Williams’s proud past.

The Cape Elizabeth History Center and Fort Williams Museum are currently open to the public at the following times:

Monday and Thursday, from 9:00 AM to noon
Saturday and Sunday, from 10:00 AM to 2:00 PM



The Fort Williams Museum recounts the 90-year history (1872-1962) of the 90 acres of shorefront real estate that became a key element in the defense of Portland Harbor through three wars



The former Bachelor Officer Quarters at Fort Williams Park is just a short walk from Portland Head Light.



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Bar Mills Community Church hosting quilt show August 10

BUXTON, ME -- We at Bar Mills Community Church located on 13 Hermit Thrush Drive, Buxton would like to invite you to join us at the bi-annual

Quilt Show and more.... Come and enjoy the beautiful quilts and pick up supplies from local vendors to make your own quilt and stay for lunch under the tent.

Lunch is \$10.

If you would like to display your quilts at this event or would like more information about the event, contact: Judy 929-5555 or judysjul@gmail.com.

Admission to the quilt show is \$5.

Here is a list of vendors: Camp Wool, Church Marketplace, Maine State Button Society, Paisley Pines Quilt Shop, Southern Maine Chapter of the Embroiderers’ Guild of America



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Don't miss *Funny Girl* on stage now!

BRUNSWICK, ME -- Maine Maine State Music Theatre (MSMT) is thrilled to announce its second production of the 2024 season, the iconic Broadway musical *FUNNY GIRL*. In an unprecedented move, MSMT has been granted the exclusive rights to produce this beloved show following the conclusion of its Broadway tour, making MSMT the first company to bring *Funny Girl* to Maine audiences after its Broadway run.

Funny Girl follows the inspiring and tumultuous journey of legendary comedian Fanny Brice as she rises from the Lower East Side of New York to become one of the biggest stars of Broadway's Ziegfeld Follies. With an original book by Isobel Lennart and a timeless score by Jule Styne and Bob Merrill including unforgettable hits like "People" and "Don't Rain on My Parade," *Funny Girl* celebrates resilience, ambition, and the power of the human spirit.

Artistic Director Curt Dale Clark expresses his excitement about this his-



Tyler Johnson-Campion, Jenna Lea Rosen

toric production: "We are honored to be entrusted with bringing *Funny Girl* to the Maine stage. Fanny Brice's story is one of triumph over adversity, and we believe it will resonate deeply with our audiences."

Directed and choreographed by Kenny Ingram, who helmed last year's hit

9 to 5: The Musical, MSMT's production of *Funny Girl* promises to capture the heart and spirit of the original Broadway production while infusing it with fresh energy and creativity. With its rich history and timeless themes, *Funny Girl* will delight audiences of all ages.

Leading the cast of

Funny Girl at MSMT are Jenna Lea Rosen (Fanny Brice), Douglas Williams (Nick Arnstein), Tyler Johnson-Campion (Eddie), and returning crowd-favorite Sue Cella as Fanny's mother, Mrs. Brice. Rosen recently portrayed the leading role of Mabel Normand in *Mack & Mabel* starring Dermot Mulroney in Los Angeles, as well as a wide variety of television, film and voiceover credits.

The cast also includes Mark Aldrich, Tommy Betz, Joe Capstick, Mary Beth Donahoe, David Gironlmo, Tauren Hagans, Michelle Beth Herman, Charis Leos, Jeremiah Valentino Porter, Mandie Rapoza, Alexander Rios, and Juson Williams.

Funny Girl also marks the mainstage debut of the MSMT Singers for the 2024 Mainstage Season: Karoline Brechter, Thomas Dalceredo, Jessica Hoadley, Calista Jones, Nate Krohmer, Christian Miller, Lav Raman, and Mark Tran Russ.

Directed and choreographed by Kenny Ingram, with Jason Wetzel (Music Director), Amy Bertacini (Production Stage Manager), Jeffrey D. Kmiec (Scenic Designer), Sam Biondello (Lighting Designer),

Shannon Slaton (Sound Designer), Theresa Bush (Costume Designer), Luis Garcia (Video Designer), Kevin S. Foster II (Wig Designer), Jamibeth Margolis (Casting). Produced by arrangement with Concord Theatricals

Don't miss this once-in-a-lifetime opportunity to experience the magic of *Funny Girl* at Maine State Music Theatre. Performances will run from June 26 - July 13 at the Pickard Theater in Brunswick,

Maine.

To ensure you receive the best prices and avoid unnecessary fees, please purchase your tickets exclusively through our official website at www.msmt.org or by calling our box office at 207.725.8769.

We strongly advise against purchasing tickets through third-party vendors, as these sellers often add exorbitant fees and surcharges, which are beyond MSMT's control and authorization.

Peaks

Continued from page 3

manure from several local farms, including Gold Top Farm, Wright Place Farm, Taylor Dairy Farm, and Heifer Haven Farm. The facility is expected to produce about 45% of Summit's residential demand and will avoid emissions equivalent to taking 6,500 cars off the road annually. ecomaine's Eco-Excellence Award celebrates organizations and individuals who embody the spirit of environmental stewardship.

"I am continually impressed by the efforts of our community members in the fields of sustainability and waste reduction. From individuals to non-profits to businesses such as Peaks Renewables, these awards allow us an opportunity to recognize

those who are working to make Maine a more sustainable place," said Kevin Roche, ecomaine CEO and General Manager.

Other community leaders and partners of the dairy digester project react to the ecomaine award:

State Senator Brad Farrin (District 3) said, "Peaks Renewables brings innovation to our region. I am pleased they are being recognized for networking seven different farms to produce renewable natural gas. In turn, the farmers receive bedding and fertilizer at no cost that is essential to their operations. It is a mutually beneficial relationship to celebrate."

Jenni Tilton-Flood with Flood Brothers Farm said, "As a dairy farmer, I am proud to be part of the Peaks dairy digester at our family farm in

Clinton. This project not only helps us manage our manure and nutrients in an environmentally friendly way, but also creates a new source of local, sustainable, renewable energy for our community. I want to congratulate Peaks on receiving ecomaine's 2024 Eco-Excellence Award and thank them for their leadership and partnership in this innovative endeavor."

Barney Wright with The Wright Place Farm said, "Working with Peaks on the dairy digester project has been great for our farm and the community. It's wonderful to see how our farm can help create clean energy for Mainers. The Eco-Excellence Award is a testament to the impressive work Peaks does to help create a sustainable future."

Secretary of the Air Force visits Bangor Air National Guard Base

BANGOR AIR NATIONAL GUARD BASE, ME -- Secretary of the Air Force Frank Kendall visited the Maine Air National Guard's 101st Air Refueling Wing on June 7, 2024, as part of a senior leader visit and invitation from U.S. Senator Susan Collins.

During his installation visit, Secretary Kendall was joined by Senator Collins, Brig. Gen. Diane Dunn, Adjutant General of the Maine National Guard, and Col. Byron Newell, 101st Air Refueling Wing commander.

Secretary Kendall met with senior leaders of the 101st Air Refueling Wing along with community leaders from the greater Bangor area. Secretary Kendall had the opportunity to join Airmen for lunch at the installation dining facility, received a mission brief from the Wing commander and participated in an award ceremony for local Airmen.

"Meeting Airmen and Guardians is one of my favorite parts of serving as the Secretary," said Secretary Kendall. "Spending time with the Air Guardsmen of the 101st was special-it was clear to me their dedication to the mission and commitment to professionalism."

Following the award presentation, both Senator Collins and Secretary Kendall delivered official

remarks as part of a base-wide meeting with the 101st Air Refueling Wing. The Secretary spoke on the importance of an agile, disciplined and multi-capable force, and the 101st Air Refueling Wing's impact on Air Mobility Command and aerial refueling.

"Our total force of Active Duty, Reserve and Guard is formidable," said Secretary Kendall. "Together we are one team, focused on the one fight-providing for our nation's defense and security. It was clear to me the Air Guardsmen of Bangor are focused on this task."

After making comments and answering several questions from the audience, the official party exited the hangar for Secretary Kendall to board his departing flight on the nearby runway.

"It was an incredible honor to have both Secretary Kendall and Senator Collins visit the MAINEiacs," said Brig. Gen. Dunn. "We are grateful Secretary Kendall was able to meet with our Airmen and local and state leaders to witness firsthand the amount of community support the Maine National Guard receives."

The mission of the approximately 1,000 members of the 101st Air Refueling Wing is to deploy and employ air refueling, airlift, expeditionary aerospace,



The Secretary of the Air Force, Frank Kendall, delivered remarks to over 600 members of the 101st Air Refueling Wing in Bangor, Maine, on June 7, 2024. Secretary Kendall commented on the future of the Air Force and answered several questions from the audience. Kendall toured the 101st ARW at the invitation of U.S. Senator Susan Collins, who joined him during his visit. (Maine Air National Guard photo by Staff Sgt. Erick Green)



Secretary of the Air Force, Frank Kendall, presents a challenge coin to Sr. Master Sgt. Joseph Busque, 101st Air Refueling Wing Inspector General Superintendent, as Brig. Gen. Diane Dunn, Maine Adjutant General, and Col. Byron Newell, 101st ARW Commander, applaud Busque's accomplishments at the 101st ARW, Bangor, Maine, on June 7, 2024. Busque was presented with the coin in recognition of receiving the Lt. Gen. Howard W. Leaf Inspector General Award, which is the highest honor awarded to IG Airmen. (Maine Air National Guard photo by Master Sgt. Andrew Sinclair)

and combat support forces around the world, while supporting National Security, Homeland Defense, and State of Maine objectives at home.



The Secretary of the Air Force, Frank Kendall, is greeted by Colonel Byron Newell, 101st Air Refueling Wing commander, at Bangor Air National Guard Base, Maine, on June 7, 2024. Kendall toured the Wing at the invitation of U.S. Senator Susan Collins, who joined him during his visit. (Maine Air National Guard photo by Master Sgt. Andrew Sinclair)



Secretary of the Air Force Frank Kendall, right, and U.S. Senator Susan Collins hold model KC-135's created by Tech. Sgt. Christopher Look, a Metals Technology Machinist, and members of the 101st Maintenance Squadron, at the 101st Air Refueling Wing, Bangor, Maine, on June 7, 2024. The 101st ARW has become a leader in 3-D printing aircraft parts for the U.S. Air Force. Kendall toured the 101st ARW at the invitation of U.S. Senator Susan Collins, who joined him during his visit. (Maine Air National Guard photo by Staff Sgt. Erick Green)

Maine home sales, values up in May

AUGUSTA, ME -- Single-family existing homes across Maine were highly sought-after in May 2024. Realtors report that 1,180 homes changed hands last month, up 3.96%, and according to Maine Listings, the median sales price (MSP) for those sales increased 7.06 percent to \$398,250 compared

to May 2023. The MSP indicates that half of the homes were sold for more and half sold for less.

"Sellers have become more active in 2024," says Paul McKee, 2024 President of the Maine Association of REALTORS® and Broker affiliated with Keller Williams Realty in Portland. "For the

fourth consecutive month, year-over-year home sales have increased.

"The 3,896 homes for sale in May were the highest number since August 2022—21 months ago—and the second-highest in 32-months, since September 2021," adds McKee. "With more homes for sale, more transactions are hap-

pening. In limited markets across Maine, buyers may have more options and some flexibility in negotiations. In other markets, for-sale inventory remains tight, and sellers continue to experience multiple offer situations, continuing the pressure on pricing," says McKee.

The National As-

sociation of Realtors announced a national sales dip of 2.1 percent in May 2024 compared to May 2023. Home prices across the country rose 5.7 percent to a national MSP of \$424,500. Regionally, sales in the Northeast were down 4.0 percent while the regional MSP increased 9.2 percent to \$479,200 com-

paring May 2024 to May 2023.

"Working with a local REALTOR® is important for keeping you well-informed of the available inventory, current market conditions, and navigating you through the entire process for a successful real estate transaction, whether selling or buying."

Healthy Living for Maine awarded grant

AUGUSTA, ME—Healthy Living for ME (HL4ME®) was selected as one of 20 grantees for USAging's Center of Excellence to Align Health and Social Care (COE). Everyone in Maine should have the chance to attain their full health potential, regardless of their socially

determined circumstance. This is the very definition of health equity! With the funding received through the COE, we will be able to further develop HL4ME's capabilities, capacities, and support infrastructure to better coordinate health and social care service deliveries for people in

Maine. This will include coordinating and collaborating with current network partners and onboarding additional network partners of the Community Care Hub (CCH), as well as contracting with health-care and insurance systems to provide social care coordination (Learn more). The COE is supported by the U.S. Administration for Community Living (ACL) and will support CCHs in their work to assess and address individuals' health-related social needs and promote whole-person care.

The intent of these awards is to provide infrastructure funding to the selected CCHs like

HL4ME in support of their contracting efforts with health care organizations for coordinated access to and delivery of social care programs and services (including support for hospital-to-home care transition programs) that assess and address health-related social needs and improve health equity and inclusion for individuals, families, and/or caregivers. These efforts will also enhance No Wrong Door access systems and coordinate with local and/or state public health departments.

Gerard Queally, Managing Partner for HL4ME states, "HL4ME is excited to be a part of this continued, national

effort to establish CCHs in key geographic areas of the country. Coordination and collaboration between the healthcare enterprise and community-based organizations in addressing health related social needs is key to improving patient care in Maine. HL4ME is excited to be recognized as a leader in this critical work."

"USAging is thrilled to award grants to these 20 outstanding CCHs," said USAging CEO Sandy Markwood. "CCHs provide critical administrative and operational supports for networks of Area Agencies on Aging, Centers for Independent Living and other community-based

organizations providing services addressing the health-related social needs of individuals with complex care needs and their caregivers. This funding will bolster the vital work CCHs do in their communities every day to align health and social care to meet people's needs," Markwood continued.

"Health care providers and plans are increasingly prioritizing screening for health-related social needs such as food insecurity, housing instability, unaffordable utilities and lack of transportation, and the aging and disability networks are critical partners in connecting people to

See Grant, page 12

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Summer art exhibition at the Gingerbread House

NORWAY, ME -- Between its restored exterior and the cracking, crumbling plaster; the palimpsest of wallpapers; and the original wood floors and moldings reside the many past lives of the Gingerbread House, an historic landmark residence in Norway, Maine. Thought to be built around 1855, it was home to several generations of families. At one point it was divided up into apartments and, sometime later, turned into an auxiliary storage facility for the town's newspaper. Indeed, the spectral residues of this place are palpable. Recently, The Friends of the Gingerbread House launched a campaign to stabilize and



restore the exterior, resulting in a Historic Preservation award in 2024.

As the Gingerbread House prepares for its next stage of existence, Drive By Space will present "If You Lived Here You Would..." a four-person exhibition featuring work by:

- Michelle Grabner
- Valerie Hegarty
- Alex Jovanovich
- Adam Payne

The show will dialogue with the history of this incredible edifice, which pours out of its every nook and cranny. "If You Lived Here You Would..." is a consideration of the home's past that offers a glimpse into its potential

future through a selection of sculptures, paintings, drawings, and mixed-media pieces—brought to western Maine for the very first time—by a group of internationally recognized and acclaimed artists.

"If You Lived Here You Would..." opened on May 19 and will be on view until the end of summer. Seeing this show will allow visitors a new experience with the Gingerbread House before its next chapter gets written.

For further information, contact: Drivebyspacenorway@gmail.com or call 203-644-2004. For opening days and hours, contact: norwaylandmarks@gmail.com.

Catholic Charities Maine joins national campaign

PORTLAND, ME – Catholic Charities Maine is joining with the Catholic Charities network around the country to participate in We Are There, a national awareness campaign highlighting the safety net of social and human services Catholic Charities agencies provide in their local communities.

"Since 1966, Catholic Charities Maine has brought comfort, hope, and relief to our neighbors, regardless of their faith, throughout the state," said Stephen Letourneau, CEO, Catholic Charities Maine. "Being part of the We Are

There campaign is one more opportunity to spread the word about the good work our nearly 500 staff and 500+ volunteers are doing every day to uplift the most vulnerable people in Maine. Being a part of the nation-wide Catholic Charities USA network helps us learn from others, tap national resources, and work toward a greater good with initiatives like this one."

As one of the largest and most diverse statewide private human service agencies in the state, Catholic Charities Maine provides leadership programs

and services to reduce poverty, support families, advocate for justice in social structures. Our work includes providing behavioral and mental health services for adults and children, supporting services in substance use disorder treatment and recovery, strengthening and growing services for Maine's aging population, welcoming and supporting New Mainers in integrating into local communities, creating program models for emergency assistance services, and addressing hunger/food security issues, among other services.

Our goal is to serve those in need with special emphasis on Maine's most vulnerable populations — the poor, elderly, and children. Catholic Charities Maine's work is mirrored by services provided at Catholic Charities agencies around the country. There are 168 independent Catholic Charities agencies and 3,900 collective locations spread out across the United States and its five territories. Collectively, the Catholic Charities network served more than 15 million people last year and provided more than 30 million meals to those in

need. The dedicated, selfless staff of Catholic Charities agencies are aided in this work by the indispensable contributions of more than 215,000 volunteers nationwide. The services offered by each local Catholic Charities agency differ because they are tailored to the specific needs of the vulnerable members of their individual communities.

Catholic Charities USA, the national membership organization for Catholic Charities agencies, organized and launched the We Are There campaign. Over the

coming months, the campaign will raise awareness for the work of Catholic Charities through a variety of national media outlets. Here in Maine, Catholic Charities Maine will continue to highlight the different ways we aid and accompany our neighbors in need.

To learn more about the We Are There campaign, visit WeAreThere.US.

To learn how to volunteer or make a gift supporting the work of Catholic Charities Maine, visit <https://www.ccmaine.org/WeAreThere>

Seasonal service to Old Orchard Beach resumes

PORTLAND, ME – The Northern New England Passenger Rail Authority (NNEPRA) announced that the Amtrak Downeaster seasonal service to Old Orchard Beach began Monday, May 20, 2024. From expansive beaches to amusement parks and the famous pier fries, there's something for

everyone to enjoy within walking distance of the Old Orchard Beach train platform.

The Amtrak Downeaster reports a 38% increase in ridership to the Old Orchard Beach station since 2020 and a 148% increase since Downeaster service began to Old Orchard Beach in 2002.

Downeaster adult fares within Maine range from just \$3 - \$11 one-way. Seniors (65+) and children (2-12) ride for half price every day. Additionally, the Discover Maine Rail Pass, valid for 10 one-way trips on the Amtrak Downeaster within a 7-day period for just \$19 per person is avail-

able for purchase.

"The Downeaster stops in so many great and walkable destinations like, Freeport, Old Orchard Beach, Saco, and Brunswick. This pass gives locals, as well as visitors spending multiple nights in the area, the flexibility to travel without the hassle and expense of driving and

parking," said Marketing Director, Taylor Belanger. The Discover Maine Rail Pass is available through all of Amtrak's distribution channels including online, mobile app, station ticketing kiosks and call center.

Additionally, effective May 20th, Downeaster Trains 689/699/1689 will operate as L stops at all sta-

tions north of Woburn. An L-Stop allows the train to leave stations north of Woburn up to 10 minutes early if there are no reserved passengers expected. This change reinforces the need for passengers to make reservations on late night trains.

For information visit AmtrakDowneaster.com.



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Grant
Continued from page 10
the services and programs needed to address them," said Alison Barkoff, who leads ACL. "It has been truly amazing to see the speed

at which this work has advanced, thanks in large part to our network's creation of CCHs, which are establishing partnerships and contracts between community-based orga-

nizations and health care organizations across the nation. ACL looks forward to ongoing collaboration with the COE to continue growing CCHs across the entire country."



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Summer 2024

NORWAY -- Art Exhibition "If You Lived Here, You Would" at the award-winning Gingerbread House, Main Street, Norway, Maine. The show will dialogue with the history of this incredible edifice, which pours out of its every nook and cranny. "If You Lived Here You Would..." is a consideration of the home's past that offers a glimpse into its potential future through a selection of sculptures, paintings, drawings, and mixed-media pieces—brought to western Maine for the very first time—by a group of internationally recognized and acclaimed artists.

Mondays through Aug 12

LEWISTON -- ART-VAN IN KENNEDY PARK, Mondays, June 24, July 1, 8, 15, 22, 29 and August 5, 12 at 3:30PM

ArtVan will be providing hands-on creative art programs this summer in Kennedy Park for children ages 5-14 (ages 5-8 must be accompanied by an adult) for self-expression, personal growth, and fun.

Free. All art supplies will be provided.

June 29

BUXTON -- Try our delicious Haddock Supper Buffet - Saturday, June 29, 2024 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$10 Adult, \$5 Child, \$20 Family.

Calendar

Send your submissions to the Editor. More online.

Please note: We will offer the option of takeout containers for those who do not want to come inside for seating. Wearing of face masks for those who wish is optional. Hand sanitizer is available for those who wish to use it.

June 29

AUBURN -- There will be a baked bean supper at Sixth St. Congregational Church at 109 Sixth St. in Auburn on Saturday, June 29th from 4:30 p.m. until 6:00 p.m. The menu consists of two kinds of beans, brown bread, cole slaw, red and brown hot dogs, assorted casseroles, assorted desserts and beverage. The cost of the meal is \$9 for adults, \$5 for children 5 to 12, under age 5 is free. All are welcome. Take-out is available.

July 1-15

PORT CLYDE, ME -- Barbara Prey Projects is pleased to open their 24th season with **ABSTRACTING FROM NATURE** by celebrated artist Barbara Ernst Prey featuring two distinct series; never before seen oil paintings and newly released limited edition prints highlighting her distinct American vision.

July 1 — 15 | 10:00 am – 5:00 pm, daily
Main St., Port Clyde,

ME 04855, 207-372-8087

July 2-7

MAINE -- The DaPonte Quartet is joined by violist Marcus Thompson and cellist Scott Kluskdahl in a delightful evening dedicated to the two gorgeous sextets of Johannes Brahms.

Tuesday July 2 at 7:00, Sanford-Springvale Historical Society, 505 Main Street, Springvale, Me

Wednesday July 3 at 7:00, St. Paul's Union Chapel, 1065 Dutch Neck Rd., Waldoboro, ME

Friday July 5 at 7:00, Portland Conservatory of Music, 28 Neal St., Portland, ME

Saturday July 6 at 7:00, Bayside Community Hall, 813 Shore Rd. Northport, ME

Sunday July 7 at 4:00, Surry Arts & Events at the Barn, 8 Cross Rd., Surry, ME

Additional information and tickets available from dapontequartet.org

July 6

GORHAM -- Hosta auctions are coming July 6th when the Maine Hosta Society will offer many exciting hosta varieties at the Treworgy Homestead and Garden at 120 Flaggy Meadow Road in Gorham,

Maine. The silent auction will begin at 10:00 a.m. and the live auction at 1:00 p.m. SAVE THE DATE for this event that is free and open to the public.

July 10, 23; Aug 6, 13, 20

MAINE -- University of Maine Cooperative Extension welcomes local farmers, service providers, and Ag stakeholders to participate in the 2024 Maine Pasture Walk Series. Five events, all of which will start at 11 a.m., will be held on the following days and farms:

The Milkhouse, 445 South Monmouth Road in Monmouth, on Jul 10.

Springside Farm, 577 Anson Valley Road in New Vineyard, on Jul 23.

Faithful Venture Farm, 17 Borough Road in Searsmont, on Aug 06.

The Wolfe's Neck Center, 184 Burnett Road in Freeport, on Aug 13.

Grace Pond Farm, 530 Main Street in Thomaston, on Aug 20.

Attendees will learn about dairy production systems, pasture management, forage species identification, climate-smart practices, regenerative grazing, and more from forage producers and Assistant Extension Professor Jaime Garzon.

The 2024 Maine Pasture Walk Series is open and free for all participants. Visit the event webpage for more information and regis-

tration.

July 10

LEWISTON -- Craft Night at Lewiston Public Library on July 10, 2024, from 5 pm to 6pm. FMI: <https://lplonline.org/events/craft-night-at-lpl-terracotta-lighthouse/>

July 11, Aug 7, Sept 13

ONLINE -- The University of Maine Cooperative Extension's Summer Equine Speaker Series. Three events, all of which will start at 6 p.m., will be held on the following days:

July 11: Alicia Harlov from the Humble Hoof Rehabilitation Center and podcast will share how movement and nutrition benefits horse health.

Aug. 7: Dr. Jaime Garzon, UMaine Extension's forage specialist, will discuss hay and forage testing, pasture care and weed management.

Sept. 13: Elissa Ballman will review various insect pests, ways to mitigate

bugs and new research.

Registration is required to receive the webinar links for this free series. For more information and to register, visit the program webpage.

July 13

GORHAM -- The Maine Iris Society will hold its annual auction of bearded iris rhizomes on Saturday, July 13th, starting at 1:00 pm at the Treworgy Homestead and Garden located at 120 Flaggy Meadow Road in Gorham, Maine. A complimentary self-guided tour of the Treworgy Garden is included. This event is free and open to the public.

July 13, 14

LEWISTON -- Sat. July 13, at 7:30 PM and Sun., July 14, at 2 PM Late and Alone – An unforgettable one-man tribute to Johnny Cash featuring his greatest hits and stories from his life and career performed by Scott Moreau. The Public Theatre, 31 Maple Street - www.thepublictheatre.org

GORHAM LITTLE LEAGUE

Field Funding Campaign

The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
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- Acquire tarps and field maintenance equipment
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OCTOBER 6 – 14, 2024 - NOVA SCOTIA, PRINCE EDWARD ISLAND & NEW BRUNSWICK – Trip includes 8 nights lodging, 8 breakfasts, 1 lunch, and 6 dinners. You will have a guided tour of Acadia National Park, Halifax, Peggy's Cove & Lunenburg. We will visit King's Landing Historical Settlement and have a guided tour of Prince Edward Island including Anne of Green Gable's Home. We will have admission to the Hopewell Rocks and you will visit the Waterside Town of Saint John, New Brunswick and much more. A \$75.00 deposit is due when signing up. Price is \$1,639.00 per person double occupancy and this includes all en-

trance fees, meal tips and bus driver tip.

NOVEMBER 18-20, 2024 - CHRISTMAS IN NEW YORK CITY - Trip includes 2 nights lodging with 3 days in New York City. Breakfasts each morning and 1 dinner in a Manhattan Restaurant is included. We will have a backstage tour of Radio City Music Hall and a guided tour of Lower Manhattan, Times Square, Greenwich Village, Little Italy, Ground Zero and the Financial District. You will also visit the 9/11 Memorial Museum and Rockefeller Center. On Wednesday afternoon it's off to Radio City Music Hall to see the Christmas Spectacular featuring the World-Famous Rockettes. A \$200 deposit per person is due upon registration. Trip price is \$749.00 per person double occupancy which includes guided tours, Radio City Spectacular, included meals and bus driver tip. Make checks payable to White Star Tours.

DECEMBER 13-15, 2024 - WHITE MOUNTAIN HOTEL & RESORT - Trip includes 2 nights lodging with 5 meals. We will visit the Rocks Estate in Bethlehem, NH with a Moose

and Bear educational program. We will stop at the Bethlehem post office where you will be able to stamp your Christmas cards with the Star of Bethlehem seal and have them mailed from Bethlehem. Trip also includes 1 afternoon comedy show and 2 evening shows. All room and meal taxes and gratuities are included.

Price for a double is \$629.00 per person. Deposit is \$100.00 per person at time of registration. Make checks payable to White Mountain Hotel and Resort.

APRIL 12-20, 2025 - A WEEK IN SPAIN: BARCELONA, MADRID & SEVILLE - Trip includes 7 nights lodging, 7 breakfasts and 3 dinners, 5 sightseeing tours and two train rides. Highlights are Sagrada Familia, Royal Palace, Prado Museum, Cordoba, Olive Oil Tasting, Food Tasting and Royal Alcazar. Deposit to reserve your spot is \$300.00 with trip protection available for \$449.00.

If interested in any of these trips or upcoming trips, please contact Claire Bilodeau at 784-0302 or Cindy Boyd at 345-9569. If we are not available, please leave a

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