

Good News

exchange

Ron Eldridge

Maps, Mentorship, & Melodies

Traveling the
Bluegrass Highway
to Shelbyville

DREAMS
Come True

ISSUE 7 2024

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VanderbiltHealth.com/WeightLossShelbyville

COOL OFF IN A NEW HOME!

All Brick Home in Union Station



This all brick 3 BR/2 BA home in the Union Station Subdivision offers a single-story layout with over 2,100 sqft of living space. The foyer leads to the great room & kitchen. The kitchen features quartz countertops & stainless steel appliances. Crown molding & laminate flooring in the main living areas. The master BA has double sinks & a big sized closet. There is a half BA, mudroom, & laundry room located off the kitchen.

102 Rochester Dr Shelbyville, TN 37160
\$429,000 MLS# 2662506

Exceptional Custom-Built Home



2,226 sq ft, with 3 BR, 2.5 BA, & situated on a 1.81+/- acre lot. Conveniently located near Murfreesboro, Franklin, & Shelbyville. Includes granite countertops, luxurious vinyl plank floors, & coffered ceilings in owner's suite & 9' to 10 ft ceilings throughout. Bonus room above the garage can be transformed into a fourth BR. Gas log fireplace, laundry room next to the owner's suite, owner's BA with tiled showers. Don't miss out! Additional acreage available.

2212 Hwy 41A N, Shelbyville, TN 37160
\$689,900 MLS# 2662457

Stunning 147+/- Acre Farm



This stunning 147+/- acre property is a prime development opportunity. Its strategic location makes it an attractive option for potential development projects. Don't miss this chance to be a part of one of the fastest growing communities!

332 Coble Rd., Shelbyville, TN 37160
\$4,800,000 MLS # 2662632

Hunting Cabin Situated on 153+/- Acres



This secluded & private renovated cabin has 3 bedrooms, 3 full BAs, soaring ceilings, stone fireplace (wood burning), brick fireplace in basement, covered deck out back, miles of trails, tree stands will remain as well as shooting houses, excellent hunting for whitetail & wild turkey, food plots, mature hardwoods & barn has cooler room for hanging your harvests, spring water & much more!

249 Coffey Road, Petersburg, TN
\$1,350,000 MLS# 2563618

Family-Friendly neighborhood



This stunning brick home located in a neighborhood with sidewalks. Features tinted windows for privacy & energy efficiency, along with high-quality Pella windows throughout. The interior boasts a modern kitchen with a smooth top stove/oven, tile backsplash, marble countertops, & stainless steel appliances. The living room has 10' tray ceilings & recessed lights. Includes 3 walk-in closets for storage space, a walk-in tiled shower with handicap access & a frameless glass door.

217 Megan Cir., Shelbyville, TN 37160
\$399,000 MLS# 2672190

Beautiful, Well-Maintained Home



Situated in a great location, offering convenience & charm. Constructed entirely of brick, this property exudes durability & timeless appeal. Appliances included for the new homeowner. Has Walk-in closets, storage space, partially fenced yard provides privacy & security. Enjoy outdoor living on the 12x20 deck, perfect for entertaining or relaxation. Additionally, a mini barn offers additional storage option.

113 Laurelwood Dr., Shelbyville, TN 37160
\$430,000 MLS# 2660418

Completely Renovated Home in Riverbend Country Club!!



Stunning home features 3 BR, 2 BA, hardwood & tile flooring, recessed lighting, custom made shaker style cabinets, farm sink in island, wine cooler/fridge in kitchen, all stainless steel appliances stay, huge walk in closets throughout, tiled shower w/rain heads & body sprays in primary BA, plus a roomy air jetted tub, barn doors in utility room. Exterior features a composite cladding siding, oversized heated & cooled 2 car attached garage & 29x36 deck for entertainment & outdoor living space!

240 Riverbend Country Club Rd., Shelbyville, TN
\$749,900 MLS# 2589395

Experience The Serenity on 288 Acres



This property features a House, Studio/Bunkhouse, Shop, Barns & More!! Generator hook-ups & city water w/spring available. Farm has 2 Hay Barns w/ sheds, open equipment barn & cattle working barn, fenced & cross fenced throughout property, 6 waterers & more. Simply breathtaking view of Downtown Lynchburg! Very Secluded - Home half mile off Goosebranch Road.

501 Gray Road, Lynchburg, TN
\$2,850,000 MLS# 2586908

Charming Historic Farm on 175+/- Acres



This exceptional property features over 175 rolling acres and a beautifully renovated 4-bedroom historic home with 3 fireplaces, built-ins, hardwoods, and tile. It includes a rocking chair front porch, covered porches, and a large 40x60 shop with 16-foot sheds. Nestled in the Flat Creek community, it offers lush forests, open fields, creeks, and stunning views, close to Lynchburg and Shelbyville.

2173 Hwy 82 south Shelbyville, TN 37160
\$1,690,000 MLS# 25912231

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2678 Hwy 41A North Shelbyville, TN 37160





Charming 3 BR, 2 BA like new home in the heart of Shelbyville. Home has large open concept living, dining, and kitchen. Split bedroom system. Large master bedroom with attached bath and closet. 2 good size guest bedrooms with bath in the middle. This bath has been redone to make a walk-in shower. Attached one car garage, concrete drive, and patio in the back. Just minutes away from everything in Shelbyville! **MLS#2627797 \$359,900**



A MUST SEE, motivated seller!! Do not miss this possibly 5 Bed, 3 bath brick home in the heart of Shelbyville with mother-in-law quarters. Currently 2 rooms that could be bedrooms are being used as offices, but one is a true bedroom. Large kitchen with NEW appliances that flows out into the dining. Huge living/sunroom with sliding glass doors. Spacious master bedroom with large closet and attached bath. Other bedrooms/offices are a great size with adequate closet space. Outside is a 5 bay carport, a barn for storage or animals, a she-shed for storage, and a second home. The mother-in-law space has bathroom, and kitchen with refrigerator and microwave (no stove). Large covered patio with ceiling fans off the back. This home sits on 1.5 acres, but the privacy is there! Roof is only 2 years, HVAC 3 years, and replacement windows throughout. **MLS#2649401 \$499,900**



Great mini farm. Bring the animals & the kiddos. 3 BR 2 bath one owner home with large eat-in country kitchen, Storm shelter room in basement area, covered front porch, 8x49 covered back deck for entertaining, 2 car carport, barn with attached shed with concrete floor, & large shop. All bedrooms are exceptionally large, and bathrooms have been updated. 7.6 acres fenced and pond. **MLS#2658647 \$394,900**



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2024 BEDFORD COUNTY FAIR SCHEDULE

* Schedule Subject to Change

Saturday, June 22

Bedford County Fairest of the Fair

| | | |
|----------|-----------------------------------------------|------------------------------------------|
| 11:00 AM | Precious Miss Bedford County Fair | Girls 0-11 months |
| 11:30 AM | Baby Miss Bedford County Fair | Girls 12-23 months |
| 12:00 PM | Toddler Miss Bedford County Fair | Girls 2-3 years |
| 12:30 PM | Tiny Miss Bedford County Fair | Girls 4-5 years |
| 1:00 PM | Petite Miss Bedford County Fair | Girls 6-7 years |
| 1:30 PM | Little Miss Bedford County Fair | Girls 8-10 years |
| 2:00 PM | Junior Miss Bedford County Fair | Girls 11-12 years |
| 3:00 PM | Ms./Mrs. Bedford County Supreme | Women, 21-49 years, single or married |
| 3:30 PM | Golden Girl <i>in memory of Joan Pimental</i> | married, any age |
| 4:00 PM | Young Miss Bedford County Fair | Girls 13-15 years |
| 5:00 PM | Miss Bedford County Fairest of the Fair | Girls 16-20 years |

*All pageants held at Shelbyville Central High School Auditorium

Sunday, July 14

| | |
|-------------------|-----------------------------------------|
| 1:00 PM - 5:00 PM | Receiving Home Ec/Ag exhibits |
| 1:00 PM | Receiving Green Thumb Challenge entries |
| 2:00 PM | Judging Green Thumb Challenge entries |

Monday, July 15

| | |
|--------------------|----------------------------------------------------------------------------------------------------------------|
| 9:00 AM - 12:00 PM | Home Ec/Ag Exhibit Judging |
| 5:00 PM | Open Dairy Heifer Show |
| 6:00 PM | Opening Ceremony <i>Don't miss Craig Campbell singing the National Anthem at the Opening Ceremony!</i> |
| 6:00 PM | Green Thumb Challenge awards |
| 6:00 PM - 9:00 PM. | Home Ec/Ag Exhibits open to the public |
| 6:00 PM | 4-H Chick Chain |
| 7:00 PM | Youth Competition Night |
| 7:30 PM | Kids Pedal Pull |
| 7:30 PM | Buddy Hart & Karl Wingruber - <i>Entertainment</i> <i>Sponsored by Randy Sadler Shelbyville Record Shop</i> |
| 8:45 PM | Fireworks |

Tuesday, July 16

| | |
|-------------------|---------------------------------------------------------|
| 4:00 PM - 9:00 PM | Home Ec/Ag Exhibits open to the public |
| 5:30 PM | Human Rooster Crowing Contest Registration (Building 2) |
| 5:30 PM | Husband Calling Contest Registration (Building 2) |
| 6:00 PM | Human Rooster Crowing Contest |
| 6:00 PM | Husband Calling Contest |
| 6:00 PM | Open Beef Show |
| 7:00 PM | Boots, Beaus, and Bling Pageant (Building 2) |
| 7:00 PM | Will Parker - <i>Entertainment</i> |
| 8:00 PM | Brett Bone - <i>Entertainment</i> |

Wednesday, July 17

| | |
|--------------------|-----------------------------------------------------|
| 10:00 AM | Senior Citizens Day |
| 10:00 AM | Youth Day @ Bedford Co. Extension Office |
| 10:00 AM - 6:00 PM | Receiving Poultry and Rabbit Entries |
| 10:00 AM - 6:00 PM | Receiving Open & Junior Egg Entries |
| 10:00 AM - 6:00 PM | Receiving Ugly Chicken Entries |
| 4:00 PM - 9:00 PM | Home Ec/Ag Exhibits open to the public |
| 5:30 PM. | Cornhole Tournament Registration |
| 6:00 PM | Faith/Patriotic Night - <i>Sean Giffin, Speaker</i> |
| 6:30 PM | Special Military Service |
| 6:30 PM | Cornhole Tournament |
| 7:00 PM | The Cavaliers - <i>Entertainment</i> |
| 7:00 PM | Fun Dog Show Registration |
| 7:30 PM | Fun Dog Show |

Bedford County Agriculture and Education Center
2119 Midland Rd., Shelbyville, TN 37160

Thursday, July 18

| | |
|--------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| 10:00 AM - 2:00 PM | Special Needs Day |
| 4:00 PM - 9:00 PM | Home Ec/Ag Exhibits open to the public |
| 5:00 PM | Mullet & Beard/Mustache Contest Registration |
| 5:00 PM | Turkey Calling Contest Registration |
| 5:30 PM | Turkey Calling Contest |
| 6:00 PM | Mullet & Beard/Mustache Contest |
| 6:00 PM | Truck & Tractor Pull Registration |
| 7:00 PM | Truck & Tractor Pull |
| 7:00 PM | <i>There will be a 50/50 Drawing (Board Members & their immediate family not eligible to win)</i> Mid-State Cloggers - <i>Entertainment</i> |

Friday, July 19

| | |
|-------------------|------------------------------------------------------------------|
| 4:00 PM - 9:00 PM | Home Ec/Ag exhibits open to the public |
| 6:00 PM | All Country Pleasure Horse, Draft Horse & Mule Show Registration |
| 6:00 PM | Mini Pull Registration |
| 6:00 PM | Open Sheep Show |
| 7:00 PM | Mini Pull |
| 7:00 PM | All Pleasure Horse Show, Draft Horse & Mule Show |
| 7:00 PM | Billy Tarkington - Bona Fide Outlaw Band - <i>Entertainment</i> |
| 8:30 PM | Salem Creek - <i>Entertainment</i> |

Saturday, July 20

| | |
|--------------------|-------------------------------------------------|
| 1:00 PM - 9:00 PM | Home Ec/Ag Exhibits open to the public |
| 9:00 AM | Cruise-In |
| 3:00 PM | Central Region 4-H Meat Goat Show |
| 3:00 PM | Donkey (Any Size) & Mini Mule Show Registration |
| 4:00 PM | Donkey (Any Size) & Mini Mule Show |
| 5:00 PM | Antique Tractor Pull |
| 6:30 PM | Poultry & Rabbit Show Awards (Building 2) |
| 7:00 PM | Huffer Brothers - <i>Entertainment</i> |
| 8:30 PM | Jed Harrelson - <i>Entertainment</i> |
| 9:00 PM - 10:00 PM | Home Ec/Ag Exhibits Pickup |

Sunday, July 21

| | |
|-------------------|----------------------------|
| 1:00 PM - 3:00 PM | Home Ec/Ag Exhibits Pickup |
|-------------------|----------------------------|

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LETTER FROM THE EDITOR


Chasing a shooting star

Dreams come true in our hometown.

WHEN I was 8, I wanted to be a teacher. I remember my third grade teacher clicking the chalk on the green board on the wall. And when I was 9, I wanted to be a director. My parents bought me a camera for Christmas, and my cousins and I would recreate our favorite movies in the yard. When I was 11, I wanted to be a writer. I remember classmates telling me how terrible my stories were. While they probably weren't, it felt like a crowd of kids surrounding me, pointing and laughing. I went home and ripped the pages over and over, trying to hold back tears. I thought, "No one will ever read another word I write." The 11-year-old me was wrong. My story — my dream — didn't end there; it was just the beginning. Today, I can offer you living proof that the wildest dreams do come true.

Our dreams are like shooting stars across the night sky. They're beautiful; they're exciting. We think, "How in the world does that work?" And we spend our entire lives chasing that shooting star. We spend every day, step after step, trying to make our dreams come true. Dreams don't always take off into space like a rocket. Sometimes, we land too hard. Sometimes, we never get off the launchpad. Thankfully, we have the launchpad we need. Our hometown is a place where dreams come true, and this issue of Good News Magazine is living proof of that.

Eleanor Roosevelt once said, "The future belongs to those who believe in the beauty of their dreams." The goal of this issue is to prove your dreams are beautiful and the future is brightly dazzling. The truth is, the shooting star has always been inside us — we just had to realize it. GN


Wesley Bryant,
EDITOR-IN-CHIEF

From our
publishing
partner



"As a lifetime resident of Shelbyville and an experienced advertising/marketing professional, I'm incredibly thrilled to contribute to a magazine that shares positive stories, strengthening our community. If you are interested in building a stronger brand or promoting your business feel free to reach out to me and let's talk."

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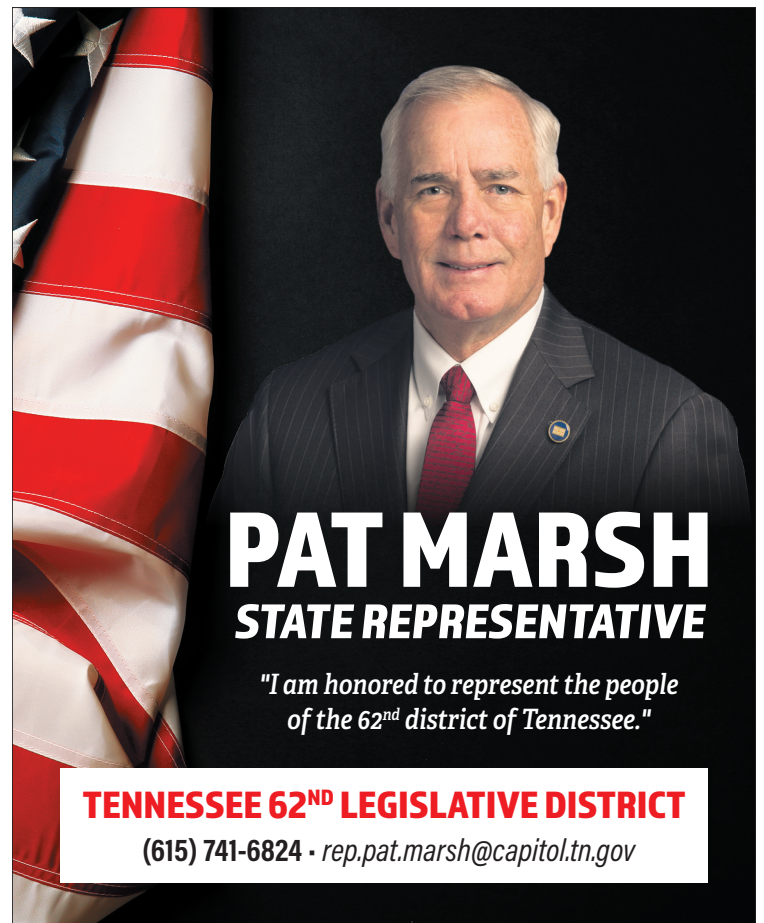
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▲ Brent Canady

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By Tina Neeley
Photography by Ashleigh Newnes
and submitted by Colby Prince


It's a reality for too many with blood diseases and cancers. Hopefulness with the start of radiation or other treatment fades to disappointment. Fear threatens to suffocate patients' dreams of seeing their children into adulthood, meeting their grandchildren, traveling the world, and other opportunities of a lifetime. A blood stem cell transplant might cure them or give them more time in many cases. Their first hope is for a match from a family member, but it's not guaranteed. Then, their only remaining hope rests upon the generosity of a total stranger.

A 2016 Facebook post shared the dream of a young man who wanted to keep dancing. Cancer bullied, pushing and pulling in a dervish whirl in dark contrast to the measured, fluid movements in the ballroom. Each dance might be the last. A blood marrow donation, though, might ensure that he lives to dance in the ways the music, not cancer, moves him.

The post captivated Colby Prince. What if donating his stem cells could keep the dream of dancing alive? What if it fulfilled the dream of another whose life depended on receiving a life-giving transplant?

"There was a guy the same age as me, and he talked about how he liked to dance and that he had blood cancer and was waiting for a match for the chance to cure him so he could keep dancing — keep living. That really spoke to me. You know, what if that was me or somebody I knew? What if I was his match to keep him alive so he could keep dancing?" Prince said with conviction.

That post by the National Marrow Donor Program prompted Prince to research the donor process further. Videos of donors and recipients meeting brought tears to his eyes and inspired him to register as a potential donor. As he reviewed information on the site about the donation process, he had no doubts about proceeding.



“Who am I to say no? Who am I not to give somebody a life-changing gift such as that?” he said. “It’s really a simple process. They sent me a kit in the mail — a simple mouth swab — very easy and painless. You just package it back up and send it off, and it was all free.”

In 2023, the call came. Prince was a match.

“I was so ready to jump in, do all the blood work, and hit the ground running. Then, I was told that we were not going to go any further. I was a little disheartened but still hopeful and remained on the registry. It’s such a rare opportunity to find a match,” said Prince.

According to the National Marrow Donor Program’s website, the odds of finding a match vary based on ethnicity from 29% to 79%. According to Prince, the odds of being called upon to donate twice are rare.

But the rare, rare thing happened nearly a year later. Prince was a match again.

“Luckily, I got the second call for a completely different person, which was great. It was a very quick process. I was very nervous that I wasn’t going to get to go through this again, but luckily everything went well.”

Like all donors, he took filgrastim injections for the five days leading up to the donation, a medication that increases the number of blood-forming cells in the bloodstream. He experienced headaches and bone pain, which were typical

side effects. The bone pain intensified as donation day approached, but he focused on his commitment and its life-saving potential.

A peripheral blood stem cell procedure involves blood drawn from one arm passing through a machine that separates the blood-forming cells. The machine then returns the remaining blood through the other arm. Prince underwent this eight-hour procedure because he agreed to participate in a scientific study.

As with organ donation, the recipient decides whether or not to meet with the donor. Either of them can reach out through the registry program and may choose whether or not to respond.

Prince shared, “A lot of people do want to meet their recipients and donors, but there are some cases where they don’t. I’m open to meeting, but I respect if he or she doesn’t want to. This wasn’t a process I did to meet somebody like that. It was just a process to change someone’s life.”

The experience is at the top of the list for a man his friends call a modern-day renaissance man. As someone who likes to stay busy, the same curiosity that sparked the donation sparks his varied hobbies. Cooking and baking, home decorating, and quilting and crocheting only begin to describe his interests.

Prince is also the food critic for Good News Shelbyville.

“I have a degree in mass communications, have written articles, and have



experience in photography. Because of my love for food and my home cooking and baking, I have all the experience [to fulfill the position].”

His desire to help someone like the young man who wanted to keep dancing compelled him to donate. He longed to match someone in need. Later, he realized someone was longing for a match, too.

“Who am I to not go through some hip pain, a headache, and a little blood drawn just to save somebody’s life? If you are that one key to someone’s door to live their life, how awesome and how much of a blessing is that!” he affirmed.

What if you’re that one key to someone’s door to life? **GN**

To learn more about blood stem cell donation, visit bethematch.org. If you’d like to learn more from Colby, contact him at colbyryanprince@yahoo.com.

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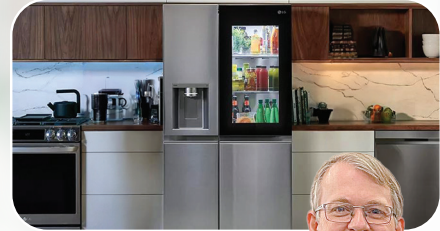


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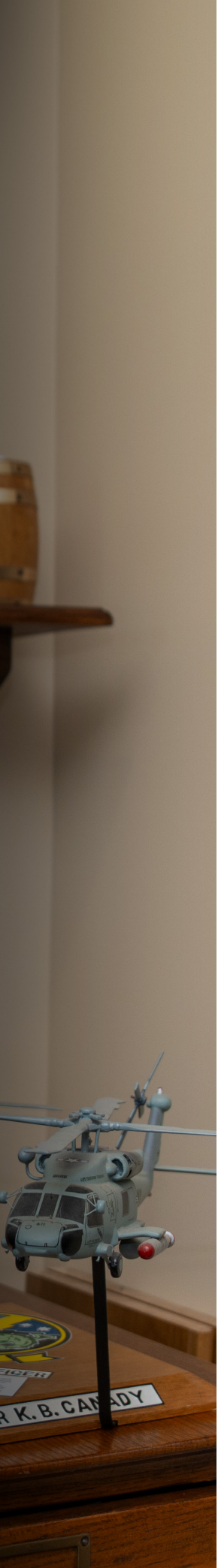


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*By Tina Neeley
Photography by Ashleigh Newnes*

From commanding helicopters and ships to leading a community bank, Brent Canady exemplifies a seamless transition of service.

THEY SAY never judge a book by its cover. In its spot on the Shelbyville Central High School library shelves, it sat untouched, passed over for the more recent, colorful selections around it. It patiently waited as students came in waves and rotations to work on term papers, study, or steal away time holding hands at the tables, heads huddled and nervous giggles threatening the quiet rules of the librarian. But with a startling tug, it was finally time! Chosen!

In his freshman year, Brent Canady chose the outdated book about the U. S. Naval Academy, more intrigued by its subject than its cover or print date. His father's example as a Navy veteran influenced his desire for military service, but what he found within the book's pages sparked a dream appointment to the U. S. Naval Academy.

"It wasn't a rule, but he had a desire for us to serve like he had served — not necessarily in the Navy, but in the armed forces. I kind of set my goal to get an appointment to the Naval Academy, but I didn't know what it would entail. I was

lucky enough that some people in town helped me get that appointment. And once I got there, I did everything I could to graduate," shared Canady.

At Annapolis, he set his sights higher and decided he wanted to fly.

Canady said, "I was lucky enough to get a flight school quota and went down to Pensacola in '84. I got my wings about 18 months later as a helicopter pilot. I had command of a helicopter squadron during Enduring Freedom and command of the Essex, an amphibious assault ship in Sasebo, Japan. I just kept getting great orders. Everything was challenging, and

you never did two jobs the same. It was a very rewarding career."

He shared his career adventures with his high school sweetheart, Kate McGrew Canady.

"She went off to the University of Tennessee and was a year behind me when I was at Navy. We got married when she graduated. Both of us really didn't know what we were getting into, but we went down to Pensacola together and traveled the world. And it was great having her alongside," Canady said.

After 30 years, he reached the height of Navy tenure, and it was time to go home.



“I had to readjust my goals to something else. My father-in-law, Bud McGrew, who’s passed away, always wanted us to come back, and he wanted to get me involved in community banking. I called First Community Bank and interviewed, and they offered me a job, so we came back.”

Trading jet fuel for strong coffee and slipping into civilian life wasn’t as easy as slipping into a sports coat and tie. However, finding common ground in his new mission eased the transition.

“When you’re at sea, you always know who’s at your right and who’s [at] your left if you’re in a cockpit flying or something like that. The good thing about the military is most everybody has gone through the same training path, so you know what experiences they’ve had. That’s not the same in the civilian world,” Canady reflected. “I think leadership abilities and traits you learn in the military can roll over to the civilian world without a problem. It’s treating people right and doing the right thing. And as long as you do that, I think you’ll succeed in everything you do.”

Now in his 11th year in the banking industry, Canady is the community leader of FirstBank in Shelbyville. The service-connected work is a natural parallel to his military career.

“FirstBank has been very good to me. Again, it’s just another way I can help people — help people buy homes, automobiles, whatever they need.”

The couple’s sons embrace the life of service modeled by their father and grandfather. One is a lieutenant in the Navy on a destroyer, and the other works with the State Department.

Canady remarked, “They both did different things, but they still are serving in the United States. That makes you feel good when you have a positive influence on your own children.”

His experiences affirmed his dream calling and stirred pride for the area he calls home.

“I’m very, very proud of my naval service. And I’m proud that I was able to serve our country. But at the same time, I felt like not only was serving our country, but I was representing the state of Tennessee,” he said. “All my actions — good, bad, indifferent, and hopefully, mostly good — reflected upon the state of Tennessee and gave me a great sense of state pride.”

With a new goal of retiring and caring for the farm inherited from his father-in-law, it’s good to be home.

“I’ve been all over the world, and there’s no place like Middle Tennessee. It’s because of the friendliest, outgoing, and compassionate people that live here. We care about each other, and we help each other.”

Canady’s journey, sparked by an unassuming book on a library shelf, took him from the halls of Shelbyville Central High to the skies as a U.S. Navy helicopter pilot. Now, back in his hometown, he’s found a new way to serve, proving that a life dedicated to helping others can take flight in many ways. GN





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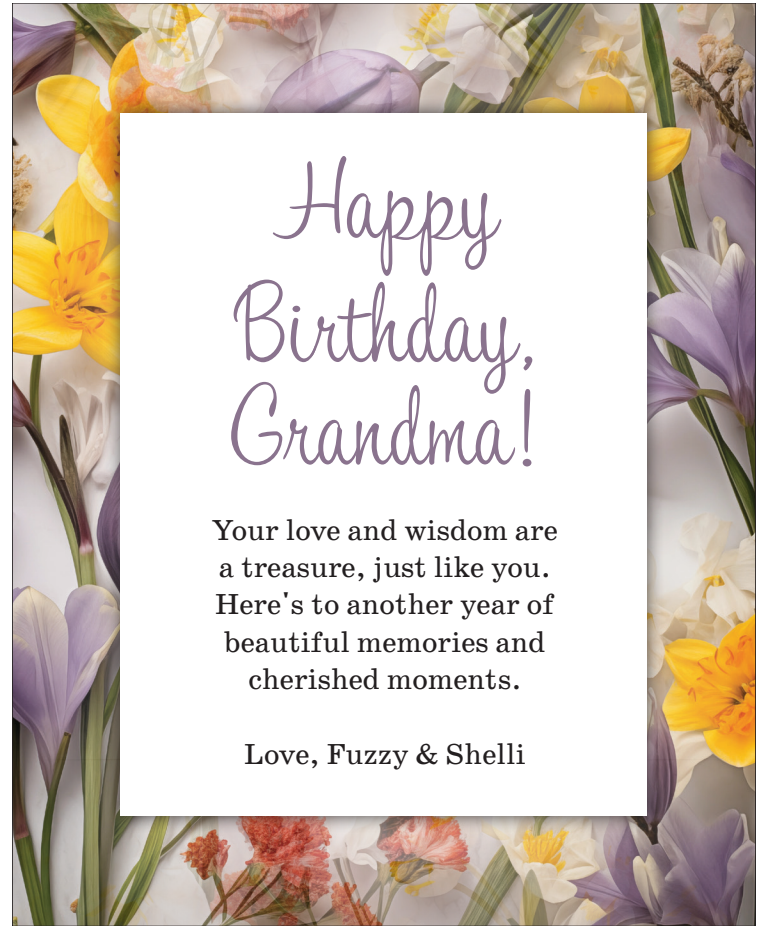
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Bites for **BRIGHTER** Futures

A Shelbyville tradition feeds local dreams.

TEN DAYS out of the year, taste, tradition, and Tennessee walking horses combine to create the touchstone of the crowning of the national grand champion. Lines as long — and longer at times — as those at the ticket booths form day and night, not for a peek at an upcoming competitor but for the deep-fried delicacy as iconic as the show itself.

By Tina Neeley // Photography by Ashleigh Newnes





The Shelbyville Optimist Club sells as many as 3,000 donuts per day and over 100,000 by the Tennessee Walking Horse National Celebration's end, a testament to the staying power of the secret recipe tucked inside an unsuspecting, cooking-oil-dotted white box. But it's what you can't see inside the box that changes the lives of countless Bedford County students.

Brent Pewitt, the Shelbyville Optimist Club's president, laid a strong foundation for his future by earning undergraduate and graduate engineering degrees from the University of Tennessee. His work involved everything from designing wind tunnels to engine and automotive testing facilities, a parallel to how infrastruc-

ture lays the foundation for countless dreams of taking flight.

Pewitt's donut booth experience goes way back. His earliest days behind the counter instilled a desire to improve the lives of those around him. Traditionally, students affiliated with the various athletics programs work in the booth during the show in exchange for the club's support of their endeavors.

"I worked there when I was probably 10, working sales at the counter, so I understand how beneficial it is for the younger kids to have that opportunity to learn to interface with people, do the math, and make change," Pewitt recalled. "At night, we have junior high sports teams come and do the sales work for us."



“The most important thing you can donate is your time because you can’t make any more time.”

BRENT PEWITT

Pewitt, now retired, and the club’s members work diligently to engineer a brighter future for local students, ensuring they have the resources to turn their dreams into reality.

Donut sales fund numerous programs for students, including:

- Scholarships to graduating seniors at the county’s three high schools
- Billy Hix’s STEM outreach to rural schools
- Shelbyville-Bedford County Public Library’s summer STEAM program
- United Way’s Stuff the Bus program
- Dolly Parton’s Imagination Library through the Shelbyville-Bedford County Public Library
- The Warm Coats program at area schools
- Pants, socks, and underwear for local elementary schools

In addition, donut sales fund contributions to capital projects such as picnic tables for Eastside Elementary’s outdoor classroom and upgrades to the baseball and softball fields at Shelbyville Central High School. The club also donates equipment and supplies for the Shelbyville Central High School’s football team.

While the donut recipe is top secret, the impact within the community is not. The foundation of service is as old and

solid as the 1935 Hobart mixer used by the club and once used in a local bakery.

“I don’t know who developed [the recipe], but George Baker was the guy that had the idea to sell donuts at the walking horse celebration,” Pewitt said.

Donuts? They laughed at the first mention, but no one’s laughing anymore, except with giddy joy as they return to the booth each year. The club’s earliest members built the program and the booth from the ground up.

Pewitt said, “We really need to give a hats-off to those guys. And my dad, Earl Pewitt, was one of them. I won’t try to name the rest who started the ball rolling. Of course, George Baker, as I always say, was our original master distiller for the donuts. Those guys all put in a lot of time and energy to make it a success.”

But you don’t have to devise a big plan to make a significant impact. Surprisingly, it’s not the things and money we donate that go the greatest distance.

“The most important thing you can donate is your time because you can’t make any more time. Everybody’s schedule is really tight these days, but if you make it a priority — think about it in advance and just plan for it and do it — it’s like taking a vacation. Everybody’s schedule is tight, but most everybody works out time for vacation. They

just schedule it and do it. Supporting your community, you still have to take the same approach,” Pewitt pointed out.

It’s a watchful approach.

“Focus on community service and making positive improvements. When you see needs in your community and the needs of your fellow citizens, what can you do to help fill that need? If they look around, everybody can see a need in their community.”

And for 10 days a year, every bite of those heavenly donuts helps meet such a need. You now have a valid excuse to buy more donuts this year. You’re welcome! **GN**

For more information, follow the Shelbyville Optimist Club World Famous Horse Show Donuts on Facebook.





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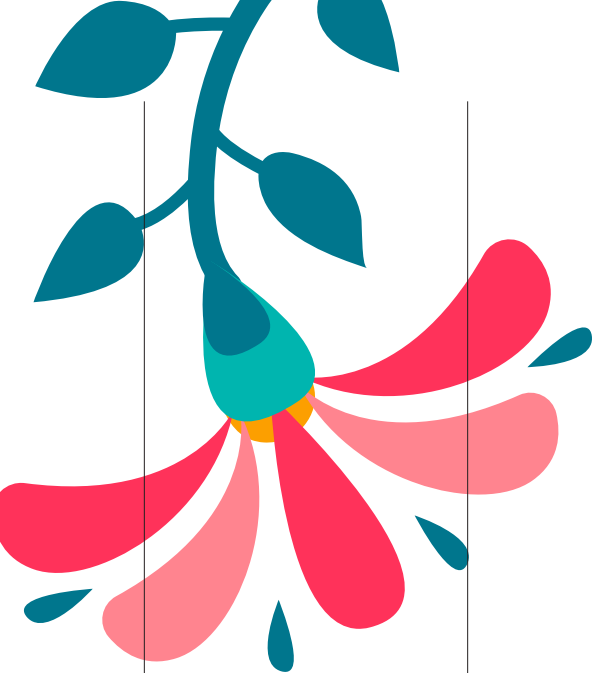
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GOOD NEWS IS COMING TO DINNER!

We will feature a local food critic's thoughts as they dine in Shelbyville. This month Colby Prince visited Ricos Pastes & Empanadas.

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STEPPING INTO Rico's, a riot of colors from the numerous piñatas and festive decorations adorning the interior greets you. The lively and inviting atmosphere sets the perfect stage for a sweet treat or a decadent dinner. The star of the show, of course, is the food.

Rico's specializes in pastes and empanadas, and it executes both to absolute perfection. On my recent visit, I indulged in a mole rojo paste and a guava and cream cheese empanada — both a new culinary adventure for me.

The mole rojo paste was a marvel. Its flaky, golden crust gave way to a rich, deeply flavorful mole filling. The balance of spices in the mole was impeccable, with just the right amount of heat to complement its complex, slightly sweet undertones. The tender meat inside was perfectly cooked, making each bite a delightful blend of textures and tastes.

The guava and cream cheese empanada was a sweet fiesta. The empanada, like the paste, was beautifully flaky and buttery — a perfect vehicle for the luscious filling. The guava provided a sweet, tangy contrast to the creamy smoothness of the cream cheese, creating a harmonious blend that lingers on your tongue.

Beyond pastes and empanadas, Rico's offers a wide array of beverages, fresh fruits, and a variety of breakfast items. The selection is as diverse as it is delicious, ensuring that there's something for everyone.

Rico's Pastes & Empanadas is not just a place to eat. It's a celebration of flavors and tradition. Whether you're a fan of savory or sweet, this vibrant food destination promises a memorable dining experience with the best customer service around. With its delightful dishes and festive ambiance, Rico's is a must-visit destination for food lovers, whether you need an on-the-go food option or want to sit and take in the atmosphere. **GN**



Savor summer's bounty



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Enjoy the season's first fruits and vegetables.

AS THE warm summer sun shines high in the Southern sky, it's time to embrace the vibrant flavors of the season. Our July recipes showcase the best of summer's produce, from juicy peaches and crisp cucumbers to sweet corn and zucchini.

Whether you're hosting a backyard gathering or enjoying a quiet evening at home, these dishes will have you savoring the tastes of the season. From refreshing salads and grilled favorites to fruity desserts, let's dig into the simple pleasures of summer together! **GN**



Strawberry Pretzel Salad

In memory of Pat Hopper

- 2 c. pretzels, crushed
- 4 T. sugar
- 3/4 c. margarine, softened
- 1 pkg. cream cheese, 8 oz., softened
- 1 c. sugar
- 1 container whipped topping, 8 oz.
- 1 lg. pkg. strawberry gelatin
- 1 1/2 - 2 c. boiling water
- 2 pkgs., strawberries, frozen, slightly thawed, 10 oz.

In a large bowl, mix together pretzels, 4 T. of sugar, and margarine. Pat pretzel mixture in a 9x13 baking dish. Bake at 400° for 6 minutes. Cool. In a mixing bowl, mix cream cheese, and 1 cup of sugar. Fold in whipped topping. Spread over pretzel crust. In a separate bowl, mix strawberry gelatin with boiling water. Stir until dissolved. Add frozen strawberries. Refrigerate until gelatin starts to thicken slightly. Stir, then pour over cream cheese layer and refrigerate until set.

Peachy Blueberry Cobbler

Submitted by Louella Turner

- 1 c. sugar
- 2 t. baking powder
- 1 c. AP flour
- 1 t. salt
- 1 c. milk
- 1/2 c. butter, melted
- 3 med. peaches, peeled, sliced, lightly sugared
- 2/3 c. fresh blueberries
- vanilla ice cream, optional

In a medium mixing bowl, combine sugar, baking powder, flour, and salt. In a small mixing bowl, combine milk and butter. Pour over sugar mixture. Mix until smooth. Pour into a greased 12x8x2 glass baking dish. Spread peaches evenly over the top of butter. Sprinkle with blueberries. Bake at 350° for 50 minutes or until batter rises through the fruit and top is golden brown. Serve cobbler warm and topped with vanilla ice cream, if desired.

Fresh Summer Salsa

Submitted by Marguerite Eddins

- 1 habanero chili pepper, seeded, minced
- 4 lg. plum tomatoes, chopped
- 2 T. vinegar
- 1 t. sugar
- 1/2 t. salt
- 1 med. cucumber, peeled, diced
- 1 c. fresh cilantro, finely chopped
- 2 T. olive oil
- 1 t. ground cumin
- tortilla chips, for serving

In a small mixing bowl, combine pepper, tomatoes, vinegar, sugar, salt, cucumber, cilantro, olive oil, and cumin. Cover and refrigerate for at least 1 hour. Serve with tortilla chips.





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▲ Dianne and Madison Arnold

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Ron Eldridge

MAPS, MENTORSHIP, AND MELODIES

Ron Eldridge's life travels the
Bluegrass Highway to Shelbyville.

By Tina Neeley
Photography by Ashleigh Newnes

HIS LONG, narrow fingers danced across the strings, no longer obsessed with the movements of the bow in his hand. Instead, the world around him disappeared into the melody, the fiddle's mellow yet vibrant tones coloring his early life in Ashland, Kentucky.

As a teenager, the instrument seemed more foe than friend.

"I started some on the fiddle about 16, but I'd get aggravated with the bow and wouldn't pick it up for a month."

It wasn't until Ron's New Year's resolution at 17 that things clicked.

"My New Year's resolution was to play an hour a day for a year. I

knew the only way I was going to learn the fiddle was to do some woodshedding."

Those initial practice sessions were a struggle.

"Within two months, I wouldn't think about the bow. I was just thinking about my notes more."

But slowly, Ron's skills improved.

"And then I started advancing — and that hour a day turned into two hours, three hours, four hours. I'd get off the bus and run and get the fiddle. By 10 or 11 o'clock, Mom would be in the other end of the house, beating on the wall. 'It's time to put it up!' But I couldn't get it out of my hands."





▲ Ron Eldridge holding a photograph of himself taken in 2000



It's no coincidence that a fiddle wound up in his hands.

"I have musical blood," he said.

You might say connections to the "King of Bluegrass," Jimmy Martin, and the "Father of Bluegrass," Bill Monroe, bookend his musical destiny. His father, Carl Eldridge, filled in regularly with Martin and Monroe until his untimely death at 29. When Ron was 18, he met Kenny Baker, a 24-year member of Monroe's Blue Grass Boys.

"When I met Kenny, man, I knew there was a better sound in a fiddle," he said with

deep admiration of Baker and his musical artistry. "I just walked up to him and said, 'I want to learn what you're doing.'"

And so began a mentorship and legacy that follows Ron's life like Sharpie trails on a worn, folded roadmap along the Bluegrass Highway. A lattice of well-lived lines traces his travels in the '70s, playing in 18 different states with a list of bluegrass greats. Kenny's influence is one of three other well-worn routes on their way to his Shelbyville home.

He said, "Rather than having one father, I feel like I had four: Roy, Kenny,

Dr. Justice, and C. A. Bobo. And I had the best influence that you could ever ask. They all took me under their wing."

Roy Kirk instilled in Ron a love of horses and a strong work ethic.

"I started riding when I was 4, and I'd do anything on [Roy's] farm — fencing, cutting firewood, and just everything. Then, my first job after I met Kenny was for Dr. R. M. Justice, a past president of the Kentucky Dental Association. Six and a half years with him was like a college education."

That college-like education led Ron to open his own dental lab at 24.



"I just appreciated the knowledge of the older people," Ron explained. "I'd be sitting on their porches, talking to them about how things were done, and I really treasured their knowledge. I think it helped me more than anything."

In 1986, music and horses moved him to Shelbyville. Two and a half years living in Nashville was two too many. With a Tennessee walking horse in training at C. A. Bobo's barn, real estate agents were unsuccessful in locating a home for Ron in Bedford County. He decided to find a place by joining a Shelbyville band and making local connections

through music. When he met Ernie Cook at Bobo's barn, the line on his life's roadmap permanently arrived in Shelbyville.

"I told Ernie, 'If you ever need fiddle on something, give me a call,' and he called me the next week."

The first gig with Ernie was all it took to locate the perfect place. Bass player Mike Neeley knew of one for sale not far from him, and it was exactly what Ron wanted.

Although now retired, the home dental lab enabled him to immerse himself in the world of walking horses while keeping one foot firmly planted in the music that is the soundtrack of his life.

"I did raise five full brothers in a row that all got Celebration ribbons, and I've been a walking horse breeder since '85. I'll have two Honor's fillies go under saddle next spring," he said with a smile.

Paying it forward is important to him. Three years ago, at a Kentucky bluegrass festival, someone introduced Ron to Wyatt Ellis, who, according to Bluegrass Today, is the youngest Gibson mandolin endorsing artist. Ron's lifetime relationship with Kenny Baker opened a vault of history and connections to Wyatt, forming a new friendship. Today, Ron enjoys

“

THERE'S NO BIGGER THRILL FOR ME THAN KNOWING I'VE MADE A CONNECTION THAT [HELPS] SOMEBODY OUT THERE PLAYING WITH SUCCESS.

Ron Eldridge

bridging the past and the future of bluegrass every chance he gets.

"I appreciate so much what people did for me. I get the most out of helping somebody young like that," said Ron.

Wyatt said, "Ron's one of my favorite people to be around. He loves bluegrass music and is excited about its future. I love to hear his stories about Kenny Baker, Jimmy Martin, and Bill Monroe."

With Ron's help, the past and the future of bluegrass connect today.

"He's been a great mentor to me. He drove me to my Opry album release in Kenny Baker's pickup and even let me wear [Kenny's] Blue Grass Boy belt buckle. I've also gotten to spend a lot of time with Ron's blonde fiddle and treasure every moment I get to play it," Wyatt added.

For Ron, the desire to learn launched a lifetime of music that is a desire to influence the future today.

"Pass it on. There's no bigger thrill for me than knowing I've made a connection that [helps] somebody out there playing with success. Like I heard someone say, 'It's better to try and fail than to succeed at nothing.'" GN

Jeb House

PRESERVING THE PAST, EMBRACING THE FUTURE

Glass Hollow Table & Tavern makes space for laughter, chatter, and the clink of glasses, creating lasting memories for generations to come.

By Tina Neeley
Photography by Ashleigh Newnes

AS IF frozen in time, John Ruskin's words ring true as you take in the elegant brick cornices and window arches that accentuate the character of Shelbyville's town square storefronts. The embellishments, remnants of the 19th century, adorn the storefronts as if guarding the memories of generations past. These architectural details, crafted with the utmost care, bear witness to the ever-changing flow of life in this timeless setting.

Yet, these buildings are more than just pretty facades, fulfilling practical duties as steadfastly today as when the doors opened to the lively town

square over a century ago. Imagine the stories these walls could whisper if only they could speak — tales of those who have passed through, their laughter and chatter mingling with the scent of freshly brewed coffee from the corner cafe and the clink of glasses at the local watering hole. Each window frame is a portal and silent witness to life's ebb and flow.

With the building's past etched into every brick and floorboard, Jeb House envisions a future where these same walls will continue to foster community in a new way. He aims to preserve the building's architectural heritage while transforming it into a





▲ Chavigny Beasley and Jeb House



must-visit destination for those seeking an authentic taste of Shelbyville's hospitality and heritage. In an age where social media allows us to share our stories like never before, his vision for Glass Hollow Table & Tavern is to create a space where fellowship and good times are celebrated and preserved for generations to come.

"From an early age, I have always loved exploring buildings, architecture, and real estate. I have two passions for Glass Hollow. The first has been to renovate our 42,000-square-foot complex by preserving and reviving its historical aspects. We've put much time and effort into this regard, and I believe it will truly be showcased once we are finished," Jeb stated.

The renovations make room for new memories to be etched into the very fabric of the building, layering the stories of the present upon the foundations of the past. As the venerable structure is carefully restored, its walls seem to whisper with anticipation, eager to welcome a new era of fellowship and connection.

"My second passion is to create a thriving business in my

hometown. I want to build something our folks can be proud of," he explained. "Our goal is to be that special place you want to bring your friends and family from out of town to have a great meal coupled with that distinct essence of Southern hospitality that can only come from a group of people that treat each other as family."

Jeb's entrepreneurial spirit is rooted in family.

He shared, "Some of my earliest dreams and aspirations were to own my own business. [For] most of my childhood and adolescence, my parents were business owners. It's a lifestyle I've always known. My mom's father and grandfather were also entrepreneurs and have had a large influence on me as well. My great-grandfather started a company called 'Sweet Sue,' which became famous for its canned products. They sold the company to Sara Lee, the famous bread company, but you can still find Sweet Sue products on the shelves at grocery stores today."

Despite obstacles along the way, Jeb, who co-owns Glass Hollow with his mom, Chavigny Beasley, never loses sight of his vision for the project.

He said, "Once you have the dream, I think the big secret to fulfilling it is just to get busy doing it. Planning goes a long way to prepare for any setbacks that small business owners are bound to face as they get started, but the key for me is to keep your nose to the grindstone and figure it out as you go. It takes a certain mindset to smile and pivot as hardships come your way. My relationship with Christ has certainly been strengthened through this process. There's a plan for your life, and it will all work out as it is supposed to, but you'll never know until you take that leap of faith and get started in whichever direction you choose."

Glass Hollow Table & Tavern is a labor of love. Jeb focuses on restoring the timeless building's architectural details while transforming it into a vibrant space that will write the next chapter in the lives of those who pass through its doors. His vision for the property extends far beyond the restaurant's walls, encompassing a dream to create a faith-led and community-focused business.

With a steadfast belief in his mission and a commitment to Southern hospitality, Jeb is pouring his heart and soul into bringing Glass Hollow Table & Tavern to life. The building will welcome a new era of culinary excellence to Shelbyville's charming town square.

As the walls whisper their approval, they eagerly anticipate the laughter, chatter, and *clink* of glasses soon filling the air, creating lasting memories for generations to come. **GN**

Glass Hollow Table & Tavern is located at 123 S. Side Square in Shelbyville. Follow Glass Hollow Table & Tavern on Facebook for the latest details.



“
**SOME OF MY
EARLIEST DREAMS
AND ASPIRATIONS
WERE TO OWN MY
OWN BUSINESS.**

Jeb House

Madison & Dianne Arnold

TWO GENERATIONS, ONE MISSION

Dianne and Madison Arnold make a good living while helping others fulfill their dreams.

By Tina Neeley
Photography by Ashleigh Newnes

THE CONFERENCE room filled with nervous energy as everyone waited for the resolution of a snag from the final walkthrough. Many other challenges on the road to closing left everyone unsure this day would come. Closing documents and conversation shuttled back and forth across the glass tabletop, everything contingent upon a compromise. The mood lightened with the ding of a text message signaling a green light. Like the sun's rays splitting the fog, the energy shifted as the buyers and their agents posed with the "sold" sign, exchanging keys and hugs.



Dianne Arnold and her granddaughter, Madison Arnold, are more than real estate agents — they're dream weavers. They understand the emotional rollercoaster of buying and selling property. For buyers, they unlock the doors to dream homes that once seemed out of reach. For sellers, they ensure a smooth transition, making the "impossible" possible and turning cherished memories into successful sales.

Dianne is at home among people. She understands the value of pursuing your dreams. Growing up, Dianne was a constant presence at her daddy's side amidst the hustle and bustle



“

I CHOSE THIS CAREER TO FOLLOW IN MY GRANNY'S FOOTSTEPS. SOMETHING AS BIG AS SHE HAS BUILT SHOULDN'T JUST BE THROWN AWAY.

Madison Arnold

of the auction barns. Manure and mooring mixed with the brays and nays.

Cattle, mules, and horses ran through the sales while farmers in denim overalls and muck boots nodded and raised their hands. Dianne absorbed it all, following her father closely.

While other girls spent their childhood playing school with their dolls, imagining a future as a teacher, Dianne dreamed of being an auctioneer.

“We had a 100-acre farm. Daddy croppped it, and he was a horse and cattle trader. [With the three oldest boys in the service], he needed a boy at that time. So I went everywhere that he went, and I got to enjoy being with people,” she recalled.

Her people-person personality fit well in the sales jobs she took early in her married life. By mutual agreement, she put her real estate dream on hold while her husband, Steve, pursued training and an apprenticeship for a career as a pipe fitter — a five-year process. During that time, Dianne juggled their two children, provided day care for five other children, and worked three part-time jobs at night to help make ends meet.

Dianne said, “After he did what he wanted, he told me, ‘You go do what you

want to do now.

I’m making enough that we can get by.’ So

I did. I went and got my real estate license. Auctioning was what I’d planned, and that’s what I loved and wanted to do the most.”

When circumstances don’t fit our dreams, it’s tempting to lose hope. But sometimes, the circumstances reshape our dreams. Dianne’s first affiliation was with Shelton Auction & Realty. The work allowed her to help care for her father-in-law, who had cancer, and shuttle her children to school and extra-curricular activities. Although she didn’t fulfill her auctioneer dream, she found helping others achieve their dreams very rewarding.

“I’ve always loved working with people, and I still do, especially the young people who think they could never afford a house,” Dianne enthused. “One of my major goals was to learn all the different types of loans so that I could help people achieve those dreams. Those loans change daily — we have to learn daily. But the first-time homebuyers who have never been able to have anything are just tickled to death, and they don’t have to throw that money away on rent every month.”

Dianne watched interest rates wildly fluctuate in her 37 years in the real es-



tate business. She’s worked through the sub-prime mortgage crisis that turned the housing market upside down in 2007 and witnessed today’s property values skyrocket.

As an agent with Coldwell Banker Southern Realty today, Dianne is guiding her granddaughter, Madison, a real estate agent since 2021. She dreams of passing on her knowledge and client base when she retires.

Dianne said, “[Madison] always said she wanted to be a radiologist. When COVID hit, she came to my house one day and said, ‘I’m not going into the medical field anymore. I’m going to sell



real estate with you.’ Any minute she’s not [in college], she’s working. I told her, ‘If we work as a team for a few years, when I retire, you’re going to have a good business.’ So that’s how we started. She got her license within weeks after she graduated from high school and passed it the first time she went. She’s been selling for three years this July.”

Madison expressed, “I chose this career to follow in my granny’s footsteps. Something as big as she has built shouldn’t just be thrown away.”

In 2023, the duo achieved Top Sales, Top Listings, Top Volume, and Top

Buyers awards from among all Coldwell Banker Southern Realty’s Shelbyville agents, according to Dianne.

Dianne is the calm in the storm when last-minute closing delays threaten to kill her buyers’ dreams. She’s a source of wisdom built on decades of experience, and she leads by example, making Madison’s future brighter. Dianne makes a good living and makes living good for those around her.

“My dream was to make a good living and help others achieve their dreams.”

Who says dreams don’t come true? **GN**



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RC Cola - MoonPie Festival - June 15

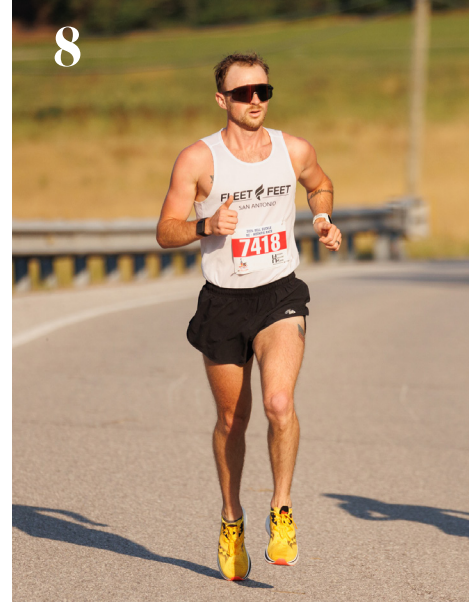


Photos submitted by Odinn Media

Bell Buckle's annual RC Cola - MoonPie Festival took place on June 15. Visitors poured into the downtown area to enjoy live music and entertainment, delicious Southern food, a parade, and many more fun activities. The event ended with the ceremonial cutting of the World's Largest MoonPie.



1. Tori Taff 2. Alison Wierenga, Karl Lenser, Alex Short, and Letitia Fecher 3. Carter Cheeseman and Joshua Novotny 4. Dallas Wayne
5. World's Largest MoonPie 6. Leslie Hayes, Jennifer Brooks, Tammy Panter, and Becky Clark



7. Elvis Presley impersonator 8. Cameron Sherry 9. Neal Riddick
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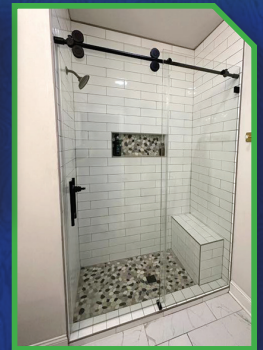
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