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John 3:16 For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.



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BIBLE TRIVIA

by Wilson Casey

1. Is the book of Damascus (KJV) in the Old or New Testament or neither?

2. What did Paul's writings say about those who refused to work should be kept from doing? Traveling, Speaking, Eating, Marrying

3. From Matthew 27, the "potter's field" was also known as the field of ...? Blood, Sorrows, Pagans, Idols

4. What priest of Midian was the father-in-law of Moses? Jethro, Melchizedek, Eleazar, Nadab

5. From Jonah 1, who were afraid and threw their wares into the sea? Slaves, Mariners, Zealots, Carpenters

6. Jesus called Himself the bread of ...? Salvation, Hope, Love, Life

ANSWERS: 1) Neither, 2) Eating, 3) Blood, 4) Jethro, 5) Mariners, 6) Life

Hardcore trivia fan? Visit Wilson Casey's subscriber site at www.patreon.com/triviaguy.

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7. Nevada 110,572 sq. mi.
8. Colorado 104,094 sq. mi.
9. Oregon 98,379 sq. mi.
10. Wyoming 97,813 sq. mi.

Source: Britannica

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Excess Weight

"Now, what are you planning to do about that excess weight you're carrying around?" the doctor asked the patient.

"I just can't seem to lose the weight," the patient said. "Must be an overactive thyroid."

"The tests show your thyroid is perfectly normal," the doctor said. "If anything is overactive, it's your fork."

Salome's Stars

ARIES (March 21 to April 19) A bit of Arian contrariness could be keeping you from getting all of the facts. Turn it off and tune in to what you need to hear. It could make all the difference this week.

TAURUS (April 20 to May 20) Getting an answer to a vital question involving financial matters might take longer than you'd expected. A new factor might have to be dealt with before anything can move forward. Be patient.

GEMINI (May 21 to June 20) Use your good sense to see what really might be driving a colleague's workplace agenda. What you learn could lead to a new way of handling some old problems.

CANCER (June 21 to July 22) A change of mind might once again turn out to be a good thing. True, most of your co-workers might not like the delay, but as before, they might appreciate what follows from it.

LEO (July 23 to August 22) You revel in golden opportunities this week. One cautionary note, though: Be careful to separate the gold from the glitter before you make a choice. Someone you trust can help.

VIRGO (August 23 to September 22) Marriage is important this week, as are other partnerships. Don't let yourself be overwhelmed by sentiment. Instead, try to steer a path between emotion and common sense.

LIBRA (September 23 to October 22) Dealing with someone who has let you down is never easy. But the sooner you're able to clear up this problem, the sooner other problems can be successfully handled.

SCORPIO (October 23 to November 21) A "friend" who is willing to bend the rules to gain an advantage for both of you is no friend. Reject the offer, and stay on your usual straight and narrow path.

SAGITTARIUS (November 22 to December 21) After all the effort you've been putting in on the job and for friends and family, it's a good time to indulge your own needs. Meanwhile, the weekend could bring a pleasant surprise.

CAPRICORN (December 22 to January 19) You might want to do something new this weekend. Close your eyes and imagine what it could be, then do it! Or come up with the closest practical alternative.

AQUARIUS (January 20 to February 18) Your good deeds bring you the appreciation you so well deserve. But once again, be careful of those who might want to exploit your generous nature for their own purposes.

PISCES (February 19 to March 20) Trolling for compliments isn't necessary. You earned them, and you'll get them. This week, concentrate on moving ahead into the next phase of your program.

BORN THIS WEEK: Meeting new people usually means you're making new friends. People want to be reflected in your shining light.

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Sunday school

Nine year old Joey was asked by his mother what he had learned at Sunday school.

"Well, Mom, our teacher told us how God sent Moses behind enemy lines on a rescue mission to lead the Israelites out of Egypt. When he got to the Red Sea, he had his engineers build a pontoon bridge and all the people walked across safely. Then he used his walkie-talkie to radio headquarters for reinforcements. They sent bombers to blow up the bridge and all the Israelites were saved."

"Now, Joey, is that really what your teacher taught you?" his mother asked.

"Well, no. But if I told it the way the teacher did, you'd never believe it!"

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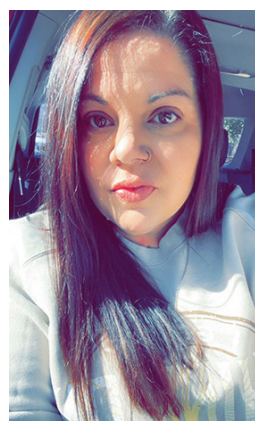
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S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

Holidays

4th - Independence Day

Community Events

The Annual Attic Sale at Danville Museum of Fine Arts and History August 3rd-6th. Sat. 9am-4pm, Sun 1pm-4pm, Mon/Tues 10am-4pm. Upscale Tagged Event for Bargain and Treasure Hunters. Free Admission to the Museum during Sale Week! 975 Main Street. Donate Items NOW, no clothes or electronics.

Summer of Soul Festival. August 15, 6-9 p.m. 760 W. Main St. Soul Train music by DJ Greg Gee! Bring your own chair. FREE. (434) 799-5216

Dance Every Friday. Ballou Center (lower level), 760 West Main St. Danville, 7:00pm - 9:30pm. Facebook: BALLOU PARK FRIDAY NIGHT DANCE for Band Schedule. \$8.00.

Vacation Bible School July 16-19 at Mt. Calvary Baptist Church, Axton. 350 AL Philpott Hwy. Ages 3-12. Bible Lessons, Crafts, Fun and Snacks, 6:30-8:30pm. Celebration Day July 20th, 10-3pm, Water Slides, Foam Party, Hot Dogs and More! Come Join Us! 276-650-2376.

Free Community Hotdog Lunch! Saturday July 20th, 12-3pm at Christ the King Lutheran Church, 1172 Franklin Tpke. Bonus-Large Selection of Free Books Available at Little Free Library Container on driveway. All Welcome!!

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SATURDAY AUGUST 3RD
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OOH, THERE'S A REALLY EXCELLENT YUMMY PATCH OF GRASS RIPE FOR THE TAKING!

IF I DON'T GET OVER THERE AND CLAIM IT SOMEONE ELSE WILL COME AND GRAB IT.

... AH, FORGET IT. I DON'T FEEL LIKE MOVING. THAT'S TOO FAR AWAY TO BOTHER.

WOW, IT'S LIKE WATCHING MY DAD ON THE COUCH WHEN HE FORGETS TO GRAB THE REMOTE.

by Dave T. Phipps

TIGER

THERE'S THE FIRST TREE I EVER FELL OUT OF.

AND THERE'S OLD MAN HEATH'S PLACE. HE YELLS AT ME!

HERE'S THE CREEK I FELL IN AND GOT SOAKED.

AN' THAT'S FALTON'S DOG WHO ALWAYS CHASES ME.

THAT'S THE POTHOLE THAT FLIPS ME OFF MY BIKE.

HERE'S WHERE JULIAN HIT ME WITH THAT NET FISH!

I LOVE THIS OLD TOWN.

by BUD BLAKE

The Spats

MY WIFE AND I SHARE THE SAME SENSE OF HUMOR.

WE HAVE TO...

...SHE DOESN'T HAVE ONE!

by Jeff Pickering

Weekly SUDOKU

by Linda Thistle

7				2				1
	8	3						9
	6		5	3				
		3	7		5			
9					6			8
	4			8				2
5			2					4
		6		1	8			3
	8			9		6		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging ♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Mug is smaller; 2. Salt and pepper are switched; 3. Napkin is smaller; 4. Mouth is different; 5. Spoon is moved; 6. Hair is different.

King Crossword

	1	2	3	4	5		6	7	8	9	10	11
12									13			
14									15			
16						17	18				19	
			20	21				22	23			
24	25	26								29	30	31
32			33					34				
35						36					37	
			38	39		40			41			
42	43			44	45				46	47	48	49
50				51				52	53			
54									55			
56									57			

ACROSS

- Ganges garments
- Stern and Asimov
- Raging rant
- Seafood soup
- Foolish talk
- Guarantee
- Faction
- Overdue
- Days of yore
- Entryway
- Bankroll
- Billboards
- Mooches
- Plunks (down)
- Wake-up calls
- Gambling game
- Poet Teasdale
- Water tester
- Tummy muscles
- Iditarod terminus
- Jazz lover
- Ballet attire
- Slightly
- Loves to pieces
- Cancel out
- Some beers
- Of France
- Constitution writer
- Upright

DOWN

- iPhone voice
- Desert-like
- Carried on
- Chemical suffix
- Traitors
- "Yeah, right"
- Tendon
- Ninny
- Water conduit
- Ringlet
- Feeder filler
- Pro Bowl stats
- Marching insect
- Kimono sash
- Chest-beating beast
- Canine greeting
- Narc's org.
- Revolutionary War battle
- Forage for food, say
- Ring decision
- Away from NNW
- High tennis shot
- Deli meat
- Cubic meter
- Aerie builder
- Young whale
- Purim's month
- Cold War initials
- Body powder
- Bickering
- Calendar abbr.
- Sleep acronym
- Corn unit

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Trivia test

by Fifi Rodriguez

- TELEVISION: What is the name of the town in the sitcom "Parks and Recreation"?
 - GEOGRAPHY: The Earth's equator runs through how many countries?
 - MOVIES: Who plays the character Morpheus in "The Matrix"?
 - MYTHOLOGY: Which Greek hero was dipped in the River Styx as a baby and made almost invulnerable?
 - EXPLORERS: Which English explorer claimed Australia for Great Britain?
 - HISTORY: Which two Native American leaders fought Gen. George Custer's troops at the Battle of Little Bighorn?
 - GENERAL KNOWLEDGE: What are the two traditional flowers associated with the July birth month?
 - LITERATURE: Which poem begins with the line, "Once upon a midnight dreary, while I pondered, weak and weary"?
 - ANATOMY: Where is the smallest skeletal muscle in the human body located?
 - INVENTIONS: What medication, originally used to treat eye muscle spasms, later became a success in reducing facial wrinkles?
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Trivia Test Answers

1. Pawnee, Indiana; 2. 13; 3. Laurence Fishburne; 4. Achilles; 5. James Cook; 6. Crazy Horse and Sitting Bull; 7. Larkspur and water lily; 8. "The Raven" by Edgar Allan Poe; 9. Middle ear — the stapedius; 10. Botox.



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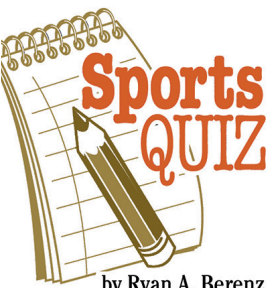
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Americanisms

“Without ambition one starts nothing. Without work one finishes nothing. The prize will not be sent to you. You have to win it.”
— Ralph Waldo Emerson

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Sports Quiz
by Ryan A. Berenz

1. He was selected by the Kansas City Chiefs in the first round of the 1984 NFL Draft. His son Joe was picked fifth overall by the Los Angeles Chargers in 2024. Who is he?

2. What team won 12 of the first 13 NCAA women's soccer national championships dating back to 1982?

3. Name the Scottish yachtsman and tea magnate who made five straight unsuccessful challenges for the America's Cup from 1899-1930.

4. Activist and basketball player Jerry Harkness, a member of the 1963 NCAA champion Loyola Ramblers, became what company's first Black salesperson?

5. After Negro Leagues statistics were incorporated into the Major League Baseball record books, what player became the all-time leader in slugging percentage with .718?

6. Name the IndyCar driver who won back-to-back Indianapolis 500s in 2023-24.

7. Renato William Jones was the Secretary-General of what international sports organization from 1932-76?

Answers

- John Alt.
 - The University of North Carolina Tar Heels.
 - Sir Thomas Lipton.
 - Quaker Oats.
 - Josh Gibson.
 - Josef Newgarden.
 - The International Basketball Federation (FIBA).
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Auto Cars

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Industrial Signs

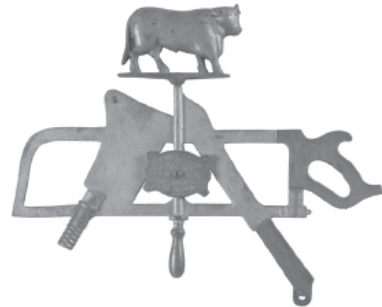
Antique advertising and store signs are popular collectibles and decorations. Sometimes, the makers are as interesting as the subjects. This butcher's sign, made of painted cast iron, sold for \$1,188 at an auction by Cowan's (Hindman). It was made by the Bernard Gloekler company.

The eponymous Bernard Gloekler, who immigrated to the United States from Germany, started his factory and shop in Pittsburgh. He had previously trained as a gunsmith but took his mechanical talents in a different direction: making industrial kitchen equipment for shops, restaurants and hotels. By the early 20th century, they were doing business all over the United States. When Gloekler died in 1911, his son Charles took over the company.

The design seen on this sign, a saw, cleaver and knife with a standing bull for a finial, appears on many other Gloekler pieces. For example, a smaller version may be used as a crest on butcher's racks. Maybe keep Gloekler in mind at your next barbecue!

Q: I found some Norman Rockwell embossed prints in my family's things. Are they valuable? How can I find collectors who might want to buy them?

A. Norman Rockwell (1894-1978) was an artist and illustrator best-known for his nostalgic portrayals of 20th-century American life. Between 1916 and 1963, he painted more than 300 covers for The Saturday Evening Post. In 1963, he began painting illustrations and covers for Look magazine, with subjects about current events, including civil rights issues and space exploration. Rockwell created over 4,000 original works of art, including illustrations for advertisements, books, catalogs, calendars, posters, sheet music and other items. Original artwork, paintings, sketches and prints signed by the artist have sold for a few hundred dollars to a few thousand dollars. The signature



We may not know who this sign was for, but it was made by the Bernard Gloekler Company of Pennsylvania. They made kitchen equipment for restaurants, hotels and butcher shops.

has to be authenticated by a qualified appraiser to be of value. Rockwell prints have been mass-produced in many sizes and most are inexpensive. Some sell online for \$5 to \$10.

TIP: Try to rearrange your furniture once a year to avoid noticeable sun fading.

CURRENT PRICES

Nautical, sextant, U.S. Navy, Range-finder, Stadimeter, fitted wood case, instruction sheet, exterior plaque, U.S. Maritime Commission, Schick Incorporated, 1942, 11 1/4 x 11 1/2 inches, \$250.

Bottle opener, figural, fish, marlin, painted, blue and white, "Duxbury, Mass." on side, snout and tail raised, iron, mid-20th century, \$360.

Clothing, hat, bowler, black, Native American beaded band, silver tone bird pin on front, gold tone U.S. Seal pin on side, gold tone crossed swords pin on brim, The Rival Hat, 7 3/4 x 6 inches, \$620.

Toy, pedal car, Buick, open top, olive green, orange trim, plexiglass windshield, painted metal, Gendron, 30 x 66 x 26 inches, \$4,800.

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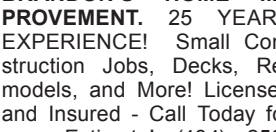
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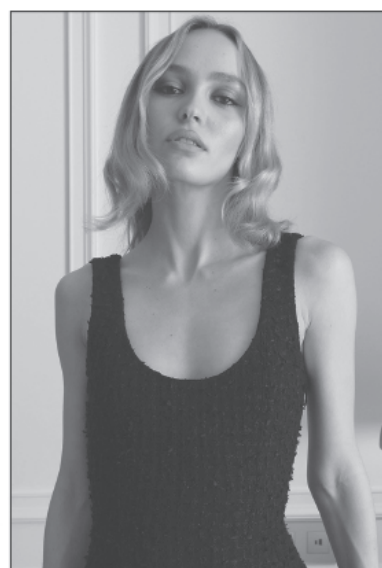
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 Q O N E L I T C I M A R E C L
 K I H O F I M U E L O N I L D
 C A B Z X W M E G V C U S R Q

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
 Unlisted clue hint: STOGIE

Bolt	Cookie	Linoleum	Pipe
Brush	Garment	Milling	Plasma
Ceramic tile	Gem	Paper	Wire
Coast Guard	Glass	Pineapple	

HOLLYWOOD
by Tony Rizzo

HOLLYWOOD — Eddie Murphy must be preparing an Olympic-style comeback. He started shooting "Beverly Hills Cop: Axel F" in August 2022 and wrapped in December 2022. In June 2024, he began voicing Donkey in the fifth "Shrek" film, along with Mike Myers, Cameron Diaz and Antonio Banderas, who are all reprising their roles in the franchise.



Courtesy of HBO
Actress Lily-Rose Depp
 (Upcoming in "Nosferatu")

In April, Murphy shot "The Pickup" with Pete Davidson, Keke Palmer, Andrew Dice Clay and Eva Longoria for Amazon MGM Studios, and he's currently working on an album, titled "9." Where does he find the time to deal with his 10 children, spanning from ages 6 to 34?

As promised back in April, Oscar winner Jamie Lee Curtis and Lindsay Lohan have started shooting "Freaky Friday 2," with Chad Michael Murray and Mark Harmon reprising their roles from their earlier film. In 1971, long before "NCIS," I met Mark when he had one line in Chad Everett's TV series "Medical Center." Talk on set was that his father was the all-American, Heisman-Trophy-winning football player Tom Harmon, and because he was great-looking, he couldn't miss. They were right!

What does it say about today's movies that the top-five-grossing films so far this year have been the animated feature "Inside Out 2" (\$1.2 billion); the sci-fi film "Dune: Part Two" (\$711.8 million); "Godzilla x King" (\$569.7 million); "Kung Fu Panda 4" (\$545.5 million); and "Kingdom of the Planet of the Apes" (\$394.7 million)? It says that it's tough to be an actor or be able to see movies of beauty, romance and substance!

This may be why Scarlett Johansson was Black Widow in "Iron Man 2" (2010), "The Avengers" franchise, "Captain Marvel," and her own film "Black Widow." She's been in other films such as "The Horse Whisperer" (1998), "My Brother the Pig" (1999), "Ghost World" (2001), "Eight Legged

Freaks" (2002) and "The SpongeBob SquarePants Movie" (2004). But now Johansson really wants to join the "Jurassic Park" franchise in the worst way.

"I'm such an enormous fan of the franchise," she admitted. "It's one of the first films I remember seeing in a movie theater. It was life-changing. It was mind-blowing. ... I've been trying to get into this franchise in any possible way for over 10 years. ... I'll do anything for it." Her prayers have been answered, and she'll headline the upcoming seventh film with Jonathan Bailey and Mahershala Ali, due on July 2025.

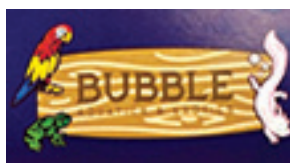
 Filmmaker Robert Eggers ("The Lighthouse") has already picked out our Christmas present! He's giving us "Nosferatu," a gothic tale of obsession between Lily-Rose Depp and a vampire (Bill Skarsgard) who is infatuated with her, causing untold horror in its wake. Sounds like a merry time for all of us! How did the Hallmark Channel miss this one?



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1. Name the film that included these songs in the soundtrack: "Rock Around the Clock," "Maybe Baby" and "Teen Angel."
2. Which artist wrote and released "Signed, Sealed, Delivered (I'm Yours)"?
3. Name the girl group that released "Love Is Here and Now You're Gone."
4. Which artist wrote and released "50 Ways to Leave Your Lover"?
5. Name the song that contains this lyric: "I told this heart of mine our love could never be, But then I hear your voice and something stirs inside of me."

Answers

1. "American Graffiti," in 1973. The film was so low-budget there wasn't much money to pay for music licensing, with all publishers getting a small amount. RCA opted out, and no Elvis Presley songs were used on the soundtrack.
2. Stevie Wonder, in 1970. The song netter Wonder a sixth Grammy nom.
3. The Supremes, in 1967. The song topped charts in the U.S., the U.K. and Canada.
4. Paul Simon, in 1975.
5. "My Heart Has a Mind of Its Own," by Connie Francis in 1960. This chart-topper was recorded on three different days. The final version was released, but weeks later, for unknown reasons, it was replaced by the second version.

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Thursday, 18th

- Danville Otterbots @ American Legion Field
- Just Write (registration required) @ Ruby B. Archie Public Library
- Live Music by Matt Crowder @ Mucho Taqueria
- Live Music by Kristy & Kyle @ Old 97 Tavern
- Live Music by WampShow @ The Golden Leaf Bistro

Friday, 19th through Sunday, 21st

- LakeFest Weekend Celebration @ Woodbine Vineyards

Friday, 19th

- Life Size Jumanji (registration required) @ Ruby B. Archie Public Library
- Glass Heart @ Ballou Recreation Center
- Brian Ellis & The Real Country Band @ Cascade Community Center
- Danville Otterbots @ American Legion Field
- Live Music by Andy Burnette Trio @ 2 Witches Winery & Brewing Co.
- Live Music by Hunter McBride @ The Golden Leaf Bistro
- DJ Steve Edmunds @ River District Social
- Music by Dennis & Kat Calfee @ Mountain Valley Brewing

Saturday, 20th

- Farmers' Market @ Danville Community Market
- Virginia Grown Farmer's Market @ Olde Dominion Agricultural Complex
- Wine Tasting @ Vintages by the Dan
- Total Body Workout Class @ Urban Fitness
- Danville Storytelling Festival @ Averett University
- Cars & Coffee @ Crema & Vine
- Bee Mindful Rooftop Yoga @ The Bee Hotel
- Danville Otterbots @ American Legion Field
- Live Music by Andy Burnette Trio @ The Golden Leaf Bistro
- Live Music by Gypsy Soul @ 2 Witches Winery & Brewing Co.
- Live Music by Matt Page @ River District Social
- Live Music by 90 Weight @ Old 97 Tavern
- Christmas in July @ Ballad Brewing
- Live Music by Matt Crowder @ Shannie's Bar & Grill
- Live Music by Fescue @ Mountain Valley Brewing

Sunday, 14th

- Open Mic hosted by Matt Crowder @ 2 Witches Winery & Brewing Co.
- Danville Otterbots @ American Legion Field

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What's Going on in Shopperland



Shopperland is Danville, Pittsylvania County, & Caswell County

Please email community news to: info@piedmontshopper.com

Laidback Golf Tour Humbled by Caswell Pines Golf Club

On Monday July 15th in near 100 degree heat fourteen members of the Laidback Golf Tour participated in their seventh tournament of the 2024 season. The event was held at Caswell Pines Golf Club in Yanceyville, NC and once again as it has in all the prior seasons the challenging layout has held the Tour members in check. Again there were no rounds turned in with rounds in the seventies and only six total birdies were carded. Two players shared the low round score of 80. One being Fran Hensley playing in the A Flight and the other being a new Tour member Brian Glaze who was playing in the B Flight. Both players carded two birdies each ; which accounted for four of the total six for the day. Hensley claimed her third win of the season after finishing second here last year on a card match with Tim Shelton. Glaze claimed his second win of the season in only his third tournament. Glaze's performance earned him a promotion up to A Flight. Jody Myers also claimed his third season victory in the C Flight with his round of 86. Meanwhile Bart Truesdell not only claimed his second win of the season in D Flight ; but he also claimed the entire skins pool money for C & D Flights with his birdie on the eighth hole making him the big money winner for the day. There was no closest to the pin winner for the C&D flights and no honey hole winners for any of the flights therefore creating a carry-over of those pools to the next event .

The Tours next event is a double points Major at Stoney Creek Golf Club in Whitsett, NC on Monday July 29th beginning at 10am. Entry fee for this event will be \$80 for Tour members or \$55 for a guest. Tour memberships for last 1/2 of season is now \$20. Registration is required by Monday July 22nd or no later than noon on Saturday July 27th. Register by emailing : golftripman@yahoo.com.

Results from Caswell Pines Tournament

A-Flight:

Fran Hensley-Horsepasture, VA - 80 gross, 69 net, \$62 winnings
 Tim Shelton - Dry Fork, VA - 84 gross, 75 net
 Allen Revis, Danville, VA - 88 gross, 76 net

B-Flight:

Brian Glaze- Burlington,NC - 80 gross, 66 net, \$62 winnings
 Robbie Revis- Danville,VA - 85 gross, 70 net, \$51 winnings
 Brad Massie - Virgilina, VA -88 gross, 74 net
 Doug Facchina - Virgilina,VA- 89 gross, 76 net
 Randy Ely - Huddleston,VA -89 gross, 72 net, \$16 winnings

C-Flight:

Jody Myers - Danville, VA - 86 gross, 68 net, \$20 winnings
 Brian Alderson - Ringgold, VA -114 gross, 96 net

D-Flight:

Bart Truesdell - Huddleston, VA - 93 gross, 70 net, \$90 winnings
 Willard Vicks - Danville, VA -100 gross, 77 net
 Kenny Powell - Danville,VA - 105 gross, 75 net, \$10 winnings
 Lenwood Jackson Jr. - Danville, VA - 110 gross, 80 net

Flight Winners;
 Fran Hensley
 Jody Myers
 Brian Glaze

Flight winner nor pictured :
 Bart Truesdell.



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Expansion planned for animal shelter's isolation area

The City of Danville and the Danville Area Humane Society today jointly announced plans to expand the isolation area for incoming puppies and kittens at the animal shelter. The expansion will create a dedicated space for these animals, thereby ensuring the health and safety of the general pet population.

The current isolation area is limited in space, making it challenging to manage the influx of young animals effectively, said Paulette Dean, executive director of the Danville Area Humane Society.

"This expansion will significantly enhance our ability to provide a safe and healthy environment for incoming puppies and kittens, protecting them and our existing shelter residents from potential illnesses," Dean said. "Only those litters who come without their nursing mothers will be in this room. Litters who come in with their mothers will be held in the already-existing quiet room."

Dean said once the stray time has been fulfilled, the animals will be available for adoption or placement in the shelter's foster program.

City Manager Ken Larking said the Public Works Department will oversee the project. The first step is to develop engineering plans.

"We fully support the expansion of the isolation area for incoming puppies and kittens at the animal shelter," Larking said. "This initiative reflects our commitment to the continuous improvement of animal care services in Danville, ensuring a safe and healthy environment for all animals in our care."

In addition to adoption and foster programs, the Danville Area Humane Society operates a spay/neuter assistance program. In 1993, that program was expanded through the courtesy of the E. Stuart James Grant Charitable Trust. Since that time, approximately 50,000 animals in Danville and Pittsylvania County have been sterilized.

Dean said the Board of Directors of the Danville Area Humane Society has committed another \$25,000 to sterilize outside cats. Owners who care for cats on their property may call the animal shelter for assistance.



OBITUARIES

"For whether we live, we live unto the Lord; and whether we die, we die unto the Lord: whether we live therefore, or die, we are the Lord's." - Romans 14:8

Lucy Elizabeth Meadows

May 24, 1934 ~ July 11, 2024 (age 90)



Lucy Elizabeth Meadows, age 90, of Danville, Virginia passed away on Thursday, July 11, 2024 at Roman Eagle Nursing Home.

Ms. Meadows was born on May 24, 1934 in Danville, Virginia to the late Claude W. Meadows and Annie Brown Meadows.

Ms. Meadows spent most of her life in

Danville where she worked at Danville Regional Medical Center for 32 years. She enjoyed fishing, painting her wooden crafts, and attending church.

Ms. Meadows is survived by many nieces and nephews.

In addition to her parents, she was predeceased by her sister, Mattie Meadows Wilson; brother, Henry Pete Meadows and 10 step-siblings.

Graveside services will be conducted on Monday, July 15, 2024 at 11:00am at Schoolfield Cemetery with Reverend Barbara Gravely officiating. At other times, the family will receive friends at the residence, 437 Lansbury Drive, Danville, Virginia 24540.

Swicegood Funeral Service is respectfully serving the Meadows family.

Pamela Searce

October 1, 1950 ~ July 15, 2024 (age 73)

Pamela Sater Searce, age 73, of Danville, VA, passed away on Monday July 15, 2024 at her residence.

Mrs. Searce was born on October 1, 1950, in Danville, VA, a daughter of the late William Sater and Billie Blair Sater.

She lived most of her life in Danville and was married to Thomas Lee Searce who preceded her in death.

Mrs. Searce is survived by her children, William Emerson of Danville, VA, Monica Moore and her husband Allen of Garner, NC, Amelia Newman and her husband Alan of Danville, VA, Amanda Whitlow and her husband Stacy of Danville, VA, Jamie Fink and her husband Troy of Crozet, VA; grandchildren, Lindsey Newman, Tori Newman, Bryce Searce, Ava Moore, Claire Moore, Caleb Moore, Cameron Fink, Kennedy Emerson, Dylan Whitlow and his wife Michaela, Haley Parrish and husband, Gavin; Great-grandchildren, Mason Hoskins and Mia Whitlow and sister, Cynthia Scruggs and husband David.

A service will be conducted at a later date

Swicegood Funeral Service is respectfully serving the Searce family.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|-----------------------|-------------|--------------------|-------------|
| 1. Greasy dirt | ___ _ _ M _ | Complain | ___ _ _ P _ |
| 2. Inspect the ledger | ___ _ _ T | Of the ear | ___ _ _ O |
| 3. An official order | ___ _ C _ _ | PhD or BA | ___ _ G _ _ |
| 4. Household duty | ___ _ _ E | Musical note combo | ___ _ _ D |
| 5. Nun | ___ _ S _ _ | Child care giver | ___ _ T _ _ |
| 6. Loner | H _ _ _ _ | Henson's frog | K _ _ _ _ |
| 7. Eye cosmetic | ___ _ _ R | Napkin fabric | ___ _ _ N |
| 8. Harriet Beecher | ___ _ _ W _ | Kitchen cooker | ___ _ _ V _ |
| 9. Frolic | ___ _ A _ _ | Royal son | ___ _ I _ _ |
| 10. Depart | L _ _ _ _ | Use a loom | W _ _ _ _ |



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LTB: Hammond Music Organ. Must be in Very Good Working Condition, Free or Reasonably Priced. Call 434-314-0487.

WTB: Wooden Phone Booth. Will Pay \$500 Max. Email at mydesk@aceweb.com

WTB: 12" Front Wheels for Bicycle. Call 434-421-2850.

WTB: Small Pool Table or Bunker. Paying Cash. Call 434-770-9024.

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Strange BUT TRUE

By Lucie Winborne

* Guglielmo Marconi, whose invention of wireless telegraphy was credited for saving the lives of over 700 Titanic passengers after it sank in 1912, had turned down a free passage on the ship, choosing instead to go to America via the Lusitania three days earlier. He narrowly missed death at sea a second time in 1915, when he was again a passenger on the Lusitania, about a month before it was sunk by a German U-boat.

* The story of Cinderella first appears in a Chinese book written in the 850s.

* Margaret Dixon, a Scottish criminal, was hanged at Musselburgh in 1728. However, just a few hours later, she climbed out of her coffin, and was reprieved and pardoned. Still, as her husband was considered a widower because she was "officially" deceased, Scottish law dictated that they had to remarry.

* The country of Liechtenstein has twice as many registered corporations as citizens.

* On April Fools' Day 1957, the BBC television documentary "Panorama" broadcast a documentary about the so-called spaghetti orchards of Switzerland, with discussions of spaghetti plantations in Switzerland and Italy, the spaghetti weevil, and the reason for the pasta's being of such uniform lengths held against a background of Swiss "spaghetti trees." Many viewers, forgetting or failing to notice the date, believed the orchards were real!

* Groups of geese on the ground are called a gaggle, but in the air they're referred to as a skein.

* Honey has been used as a center for golf balls and in antifreeze mixtures.

* In 1974, the U.S. Army Materiel Command ran a contest to name its new headquarters building and received around 500 entries. The winner? "The AMC Building."

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Thought for the Day: "I attribute my success to this: I never gave or took any excuse." -- Florence Nightingale

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WE ♥ OUR READERS



* Glassware will sparkle if you add a capful of bleach to the rinse water when hand-washing dishes.

* "Berries are in season, and I use berry baskets for lots of little storage uses. The best one is to use one to hold my sponges at the sink area. It keeps small brushes corralled as well." -- I.R. in Florida

* "We had an impromptu princess/magical fairy tea party at our house yesterday, and we came up with the best on-the-spot magic wands. We cut big stars out of paperboard (like a cereal box) and decorated them with stickers, construction paper and glitter, then we threaded them on long kebab sticks. I snipped the pointy end and covered it with colorful tape. Presto, party wand!" -- E.D. in Maine

* To keep salt from coming out of a saltshaker too quickly, add some plain, uncooked white rice to the salt. The large grains of rice will block some of the holes, causing less salt to come out with each shake.

* "When I take my dog to 'Grandma' for dog sitting, I measure out each meal into a plastic zipper-top bag. This way, Mom doesn't have to remember how much to feed at each mealtime, and it makes it easy to serve." -- V.Y. in Texas

* "At my child's day care, there is a 'Where's Mommy and Daddy?' board. Parents bring in a picture of themselves at their job, and the children can see the picture and know that it shows what Mommy or Daddy is doing while the child is playing." -- S.E. in Missouri

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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Bisphosphonates Cause Esophageal Disorders To Worsen

DEAR DR. ROACH: I'm a 68-year-old female with osteopenia. My doctor wants me to take a bone medication such as Boniva or Fosamax. I've read that folks with esophageal issues may be harmed by taking these. Can you explain why? -- C.M.C.

ANSWER: First off, we don't usually treat isolated low bone mass (osteopenia) with powerful medicines like the ones you mentioned, which are both bisphosphonates. These medicines have the potential for harm and should only be used when the benefits clearly outweigh the risks.

A person with low bone mass and a history of a fragility fracture has osteoporosis, regardless of their bone density. Some people with low bone density may be at such a high risk for fracture (based on their FRAX score) that treatment is indicated. Before treating someone with medication, many authorities recommend a 10-year risk of a fracture of 20% or higher (or a risk of a hip fracture of 3% or higher). You should find out your FRAX score.

The issue with the esophagus is that if pills get stuck in the esophagus, they can cause severe damage to it. So, people with esophageal disorders -- such as achalasia, esophageal stricture or varices, or Barrett's esophagus -- should not take these types of medicines by mouth. People with reflux without these complications can take oral bisphosphonates as long as they can comply with staying upright for 30 minutes after taking them.

DEAR DR. ROACH: My boyfriend got cancer from HPV. He was successfully treated. Is he capable of transmitting it to me? -- S.

ANSWER: HPV causes different types of problems. Warts are all caused by HPV, but only a few strains of HPV can predispose people to cancer.

The most common HPV-related cancer in men is head and neck cancer, since HPV is the leading cause of these cancers. Most of these cases in men occur from a sexually acquired HPV infection. Men are at a higher risk for HPV-related head and neck cancers than women, even though women are at a much higher risk for the overall HPV-related cancers (since cervical cancer unfortunately remains common).

Once a person has HPV, they can potentially spread the virus, even without any visible signs of infection. Condoms reduce but do not eliminate the risk of transmission. Close skin-to-skin contact is necessary for transmission, and although sexual contact is a common way of transmitting HPV, it is not necessary. Most people cure themselves of the virus within a few years.

By far, the best way to prevent HPV transmission (apart from never having close contact with anyone) is vaccination. The HPV vaccine is highly effective at preventing infection if it is given before the onset of sexual activity, but it still may be fully or partially effective after the onset of sexual infection.

The HPV vaccine prevents infection, but it is not recommended for treatment. The recommendation from the Advisory Committee on Immunization Practices is to vaccinate at the age of 11 or 12, up to the age of 26. But it is approved up to the age of 45. I have rarely given individual patients the HPV vaccine even after that age, based on their particular circumstances, and insurance typically does not pay for it in the United States.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Create a Family-Friendly Grazing Board

(Family Features) A beautifully designed charcuterie board may feel more like a grown-up treat, but with the right ingredients, delicious grazing boards can provide fun and nutrition for the whole family.

No matter what you call it, charcuterie boards, grazing boards and snack platters are all basically the same thing. The boards make a trendy addition to an entertaining menu, but a platter or kid-friendly board can be equally pleasing.

What you serve on a grazing board is entirely up to you. Most include a selection of meats and cheeses, and many incorporate nuts, crackers, dips and jams. Some also incorporate fresh fruits and vegetables. Creating your own board means there really are no rules; you can add just about anything you want.



To build a successful board, keep these tips in mind:

Choose ingredients and elements that don't require temperature control. The idea of a grazing board is that it sits out for a while. Avoid anything that needs refrigeration, heat or will lose its shape or flavor if it rests for an extended amount of time.

Select a surface large enough to hold a variety of food. It can be a simple cutting board or a cute platter. There's no specific size requirement but err on the side of bigger; spacing out your goodies can be more attractive and less messy.

Use high-quality ingredients to ensure every bite is delicious and nutritious. While shopping, remember to look for the Produce for Kids and Healthy Family Project logos next to favorite items in the produce department, as adding these flavorful fruits and veggies to your cart can help make a difference in your community.

Build your board around a theme to add an extra element of fun. Use mini cookie cutters to make fun, kid-friendly shapes out of cheese and meats. Be mindful of colors; a rainbow platter is vibrant and appealing, and colorful fruits and veggies offer a strong mix of nutrients.

Remember it doesn't have to be elaborate. Classic favorites are all you need. Even kid favorites like sections of mandarin oranges, carrot sticks and chocolate chips are fair game for a family-friendly board.

Find more ideas for creating family-friendly treats at healthyfamilyproject.com.

Taco Tuesday Board

Recipe courtesy of Healthy Family Project's "Come Graze With Us" e-cookbook

- Guacamole
- Salsa
- Queso
- Hard and soft taco shells
- Ground turkey, seasoned and browned
- Lettuce
- Diced tomatoes
- Shredded cheese
- Chopped onions
- Chopped peppers
- Sour cream
- Cilantro
- Lime wedges

On grazing board or platter, arrange guacamole, salsa, queso, taco shells, ground turkey, lettuce, tomatoes, shredded cheese, onions, peppers, sour cream, cilantro and lime wedges.

Weekend Breakfast Grazing Board

Recipe courtesy of Healthy Family Project's "Come Graze With Us" e-cookbook

- Hard-boiled eggs
- Cooked sausage links
- Mini frozen waffles, toasted
- Mini frozen pancakes, toasted
- Mini muffins
- Yogurt
- Fresh fruit
- Syrup
- Jelly

On grazing board or platter, arrange eggs, sausage links, toasted waffles, toasted pancakes, muffins, yogurt, fruit, syrup and jelly.



Yard Sales

201, 210, Other, Robertson Avenue Fri Jul 12th, 2024 from 04:00 PM - 08:00 PM Sat Jul 13th, 2024 from 07:00 AM - 11:00 AM

Moving Sale Fri Jul 26th, 2024 from 09:00 AM - 03:00 PM Sat Jul 27th, 2024 from 09:00 AM - 03:00 PM. 241 Lady Astor Place. (910) 465-3466 floridagator89@outlook.com

Garage and Yard Sale. Thu Jul 11th, 2024 from 07:00 AM - 12:00 AM Fri Jul 12th, 2024 from 07:00 AM - 12:00 PM Sat Jul 13th, 2024 from 07:00 AM - 12:00 AM. 208 North Avenue. Lots of Items Under \$1-\$10 Cleaning Out the Garage.

Multi Family Yard Sale. Sat Jul 20th, 2024 from 08:00 AM - 12:00 904 Fall Creek Rd Ringgold, VA

Huge Multi Family Yard-Sale. Sat Jul 20th, 2024 from 08:00 AM - ? 1929 Kentuck Road Tons and Tons Different Items. Call for more information 4347099312 (434) 709-9312 lumpkindakota1986@icloud.com

Multi-Family Yard Sale. 904 Fall Creek Rd Ringgold Multi-Family Yard Sale. Little Bit for Everyone. Households, Decor, Toys, Jewelry, Flags, Clothing, and More. CHEAP!

Garage Sale. Fri July 19th, 07:00 AM - ? 5720 U.S. Hwy 29, beside Wayne's Used Cars. Something for Everyone. Rain Cancels.

Yard Sale. Sat July 20th, 8am-? 137 Stokesland Ave. DVD's, Printer, Watches, Clothes and More!

Yard/Moving Sale! Fri Aug 2nd, 1pm-5pm & Sat Aug 3rd, 8-1pm. 3312 Westover Dr. turn on Lil River, Corner-Brick/House. Household, Clothing, Leather/Sectional, Entertainment/Center and More!



Even Exchange answers

- | | |
|-------------------|-------------------|
| 1. Grime, Gripe | 6. Hermit, Kermit |
| 2. Audit, Audio | 7. Liner, Linen |
| 3. Decree, Degree | 8. Stowe, Stove |
| 4. Chore, Chord | 9. Prance, Prince |
| 5. Sister, Sitter | 10. Leave, Weave |

