The Annabolis Times Vol. 23 No. 37 July 10 - 16, 2015 A Baltimore Times/Times of Baltimore Publication

'Speak Life Tour' showcases youth talent at Music Arts Festival



On Saturday, July 11, 2015 Catherine Trotter, founder of New Beginnings Youth Development & Coaching Program (far right) will hold the Speak Life Tour Music Arts Festival at Coldstream-Homestead-Montebello Community Corporation, located at 3220 The Alameda on the campus of City College High School in Baltimore. The youth development program provides transitional housing assistance to transitioning foster care youth and wraparound services that include mentoring, career and life coaching, leadership and character development and community youth engagement projects. The Speak Life Tour was added to the program in 2013. Young performers are taken on the road to perform in places such as Washington, D.C., Maryland, Virginia and New York. (Photo): Front row (kneeling): Brian Hernandez and Weyden Wedderburn; (Second row, l-r): Nakesha Moore; Epiphany; Star,; Asia Star; Lil Key; The Back Pack Poet; Brandon Gatewood; and Catherine Trotter. (Back row): Luther Wright. (See article on page 9)

Family, Friends and Colleagues Remember Washington Informer Editor

By Stacy M. Brown

Funeral services were held on Monday, July 6 for Denise W. Barnes, a veteran journalist who served as managing editor of the Washington Informer for six years until she was hospitalized in December.

Barnes, 58, died on June 18.

She was born in Tucson, Arizona, on Dec. 14, 1956, to parents Sadie and Harold and grew up in Washington, D.C., where she lived most of her life.

Barnes' aunt and uncle, Fannie and Frank Spencer, raised her and she went on to earn a bachelor's degree in journalism at Howard University before starting a more than 20 year career as a journalist, beginning with the old Washington Star which closed in 1981.

Later Barnes handled writing and other duties at National Public Radio before joining the Washington Times where she started as an editorial assistant before being promoted to reporter.

She served as a general assignment reporter on the Metro desk and later wrote feature stories for the paper's Life Times.

Barnes covered community events, Washington society, arts and entertainment and she also profiled local personalities and was a beat reporter for the Weekend section, informing readership of family activities held locally with an educational or historic flair.

Prior to joining The Washington Informer, Barnes held the position of public affairs specialist at the D.C. Department of Human Services.

Those who knew her best, including her co-workers, shared their memories of Barnes.

"This has been a very difficult month for me as pub-



Denise W. Barnes Dec. 14, 1956 - June 18, 2015

lisher of The Washington Informer," said publisher Denise Rolark Barnes. "Earlier this month, I received the news that former Washington Informer Editor Alvin Peabody passed away following complications related to diabetes. Last week, I received the sad news that our editor Denise W. Barnes also passed away. I have had the pleasure of knowing Denise for more than 30 years. We often joked about the calls and cards of congratulations

she received in 1985 when I married and took on the last name Barnes. My father, the late Dr. Calvin W. Rolark, called me one day in a rage after reading a Washington Times feature story about former Mayor Marion Barry written by Denise Barnes. He could not believe that his managing editor would write a story for a competitor newspaper but quickly calmed down once he realized it wasn't me.

"The meek walked away but those who survived her muster admired her for her tenacity. She will be sorely missed. Her entire life was dedicated to telling untold stories and increasing literacy of those who read them," Rolark Barnes said.

"I met Denise at the Washington Times in 1996 and we became fast friends," said senior Washington Informer staff writer Barrington Salmon. "I enjoyed her wide-ranging knowledge, her intellectual curiosity and her deep, unerring precision to detail. She could be tough as an editor and we had our disagreements but it was only because we both wanted the best, cleanest copy to get in the paper. I treasured her friendship. We shared a lot of laughter and tears and were inseparable to the end. I will miss her."

D. Kevin McNeir, who filled in for Barnes as managing editor, said she taught him more about writing than anyone.

"She was my friend and mentor. I have always loved being a journalist but with her guidance I discovered a new sense of joy and pride in my craft. We were kindred spirits and shared many good times," he said. "While our time together was shorter than I would have liked, I will cherish each and every moment. My beloved friend is gone too soon."



WET BASEMENTS STINK !!

Mold, mildew and water leakage into your basement causes health and foundation damage. What can be done to fix the problem? Allstate American Waterproofing is an honest, hardworking local company. We will give you a **FREE** evaluation and estimate and a fair price. We have repaired thousands of basements in the area; we can provide local references. When your neighbors needed waterproofing, they called Allstate American. Why don't you? Call now to receive a 20% discount with your **FREE ESTIMATE**. MHIC#36672

CALL 1 800 420 7783 NOW!



NOTICE

Any unsolicited manuscripts, editorial cartoons, etc., sent to *The Baltimore Times* become the property of *The Baltimore Times* and its Editorial Department, which reserves the right to accept or reject any or all such unsolicited material.

The Baltimore Times

(USPS 5840) is published every Friday by *The Baltimore Times*, 2513 N. Charles Street, Baltimore, MD 21218. Subscriptions by mail \$60 per year. Standard bulk postage paid at Baltimore, MD 21233. Postmaster send address changes to:

The Baltimore Times

2513 N. Charles Street Baltimore, MD 21218



Join Plenti for free and start earning points today!

Plenti is a new way to get rewards at Macy's and lots of other places! Join for free to earn points at one place and use them at another, all with a single rewards card.

See a Sales Associate or visit macys.com/plentiinfo to sign up and get more details. Plenti points cannot be earned or used on fees and services or on some purchases, such as at certain food establishments and leased departments within Macy's stores. To be eligible to join Plenti, you must be at least 13 years of age and have a residence in the United States or its territories, or Canada. Plenti is only available in the United States and its territories. For complete terms and conditions, including a complete list of exclusions, see Sales Associate or visit macys.com/plentiinfo

ONE DAY SALE

50%-85% OFF STOREWIDE

SHOP SAT, JULY 11 FROM 9AM-11PM

ALSO SHOP FRI, JULY 10 FROM 9AM-10PM

HOURS MAY VARY BY STORE. VISIT MACYS.COM & CLICK ON STORES FOR LOCAL INFORMATION.

ONE DAY SALE

DEALS OF THE DAY

SPECIALLY SELECTED ITEMS PRICED SO LOW YOU DON'T NEED A SAVINGS PASS! AVAILABLE ALL DAY, BOTH DAYS!

5 HOURS ONLY! 9AM-2PM FRI & SAT DOORBUSTERS

GET HERE EARLY. WHILE THEY LAST

FREE SHIPPING & FREE RETURNS AT MACYS.COM

FREE SHIPPING WITH \$99 PURCHASE. FREE RETURNS BY MAIL OR IN-STORE. U.S. ONLY. EXCLUSIONS APPLY; DETAILS AT MACYS.COM/FREERETURNS

CANNOT BE USED ON DOORBUSTERS OR DEALS OF THE DAY

★macy's **wow!** \$10 OFF

SELECT SALE & CLEARANCE APPAREL AND HOME ITEMS

\$10 OFF YOUR PURCHASE OF \$25 OR MORE.

VALID 7/10 'TIL 2PM OR 7/11/15 'TIL 2PM. LIMIT ONE PER CUSTOMER.

Excludes: Everyday Values (EDV), specials, super buys, cosmetics/fragrances, electrics/ electronics, floor coverings, furniture, mattresses, rugs. Also excludes: athletic apparel, shoes & accessories; Dallas Cowboys merchandise, gift cards, jewelry trunk shows, Macy's Backstage merchandise/locations, New Era, Nike on Field, previous purchases, selected licensed depts., services, special orders, special purchases, macys.com. Cannot be combined with any savings pass/coupon, extra discount or credit offer, except opening a new Macy's account. Dollar savings are allocated as discounts off each eligible item, as shown on receipt. When you return an item, you forfeit the savings allocated to that item. This coupon has no cash value and may not be redeemed for cash, used to purchase gift cards or applied as payment or credit to your account. Purchase must be \$25 or more, exclusive of tax & delivery fees.

CANNOT BE USED ON DOORBUSTERS OR DEALS OF THE DAY

CANNOT BE USED ON DOORBUSTERS OR DEALS OF THE DAY

CANNOT BE USED ON DOORBUSTERS OR DEALS OF THE DAY

SELECT SALE & CLEARANCE APPAREL AND HOME ITEMS

\$20 OFF YOUR PURCHASE OF \$50 OR MORE.

VALID 7/10 'TIL 2PM OR 7/11/15 'TIL 2PM. LIMIT ONE PER CUSTOMER.

Excludes: Everyday Values (EDV), specials, super buys, cosmetics/fragrances, electrics/ electronics, floor coverings, furniture, mattresses, rugs. Also excludes: athletic apparel, shoes & accessories; Dallas Cowboys merchandise, gift cards, jewelry trunk shows, Macy's Backstage merchandise/locations, New Era, Nike on Field, previous purchases, selected licensed depts., services, special orders, special purchases, macys.com. Cannot be combined with any savings pass/coupon, extra discount or credit offer, except opening a new Macy's account. Dollar savings are allocated as discounts off each eligible item, as shown on receipt. When you return an item, you forfeit the savings allocated to that item. This coupon has no cash value and may not be redeemed for cash, used to purchase gift cards or applied as payment or credit to your account. Purchase must be \$50 or more, exclusive of tax & delivery fees.





9202107

ONE DAY SALE PRICES IN EFFECT 7/10 & 7/11/2015.



OPEN A MACY'S ACCOUNT FOR EXTRA 20% SAVINGS THE FIRST 2 DAYS, UP TO \$100, WITH MORE REWARDS TO COME. Macy's credit card is available subject to credit approval; new account savings valid the day your account is opened and the next day; excludes services, selected licensed departments, gift cards, restaurants, gourmet food & wine. The new account savings are limited to a total of \$100; application must qualify for immediate approval to receive extra savings; employees not eligible.

Guest Editorials/Commentary

They're Off and Running

By Lee H. Hamilton

The presidential election is 16 months away, but already we're smack in the middle of the usual media scrum of campaign coverage, prognostication, and strategizing by many of us who have nothing much to do with the real campaigns. I've been following the rhetoric of both parties, and there are a few points that stand out enough to tell us something about what we have to look forward to.

To begin, the country is not in a sunny mood. There is a sense that America is adrift, that we don't quite know how to deal with the forces of globalization, technological change, economic uncertainty, or terrorism. Americans are looking for a leader who can restore confidence.

The economy in particular weighs on ordinary Americans' minds. There's wide-spread agreement that the growing economy has done very little to help people of ordinary income — not just in recent years, but really for the past generation. Still, the improving economy may be responsible for one interesting aspect of the campaign: Republicans thus far have made national security a centerpiece issue, though this could change with world events. They are also focusing on the budget deficit, cutting taxes, and, as always, pulling back on the reach of government. They want to eliminate Obamacare as well as cut Medicaid, move Medicare to a voucher system, repeal the estate tax, cut domestic programs, roll back financial reform and efforts to limit greenhouse gas emissions, and eliminate further consumer protections.

Still, the improving economy may be responsible for one interesting aspect of the campaign: Republicans thus far have made national security a centerpiece issue — perhaps responding to polling that shows that Republican voters consider it a key factor in deciding among the plethora of GOP candidates. This emphasis could change with world events, but right now candidates are pressing the argument that President Obama is not tough enough when it comes to foreign policy; they don't think highly of his leadership in the world, and in particular want to see more of a military buildup. It's a little less clear what they want to do with that military power. Of course, national security and terrorism aren't the only issues that figure prominently in the Republicans' array of issues. So do the budget deficit, cutting taxes, and, as always, pulling back on the reach of government. They want to eliminate Obamacare as well as to cut Medicaid, move Medicare to a voucher system, repeal the estate tax, cut domestic programs, roll back financial reform and efforts to limit

greenhouse gas emissions, and eliminate further consumer protections.

For the Democrats, meanwhile, addressing income inequality, maintaining social security and other entitlements, improving the country's decaying infrastructure, job creation, college costs, immigration and energy reform, and climate change all loom large. They want to preserve Obamacare, move forward on climate change, retain taxes on high-income earners, and preserve the financial reforms of the last decade. With no incumbent president, many candidates, no clear favorite, and major differences in outlook on which issues to address and how to address them, this will be in the grand American political tradition a lively, contentious, long, expensive, maybe even pivotal election. Who gets to answer the biggest questions we face — the appropriate U.S. role in the world, what the reach and purpose of government should be, which path will best secure Americans' prosperity and world peace — is up for grabs. We've got an interesting election ahead as a nation. I'm looking forward to it. I hope you are, too.

Lee Hamilton is Director of the Center on Congress at Indiana University; Distinguished Scholar, IU School of Global and International Studies; and Professor of Practice, IU School of Public and Environmental Affairs. He was a member of the U.S. House of Representatives for 34 years.



Community Affairs

'First Lady of the Black Press' is Subject of Book Discussion

Ethel Payne was important figure in Civil Rights Era

Many people do not recognize the name Ethel Payne among the most important people in the civil rights movement. In his new biography, James McGrath Morris aims to change that.

Morris will discuss and sign "Eye on the Struggle: Ethel Payne, the First Lady of the Black Press" (Harper-Collins, 2015) at noon on Tuesday, July 21, in the Mumford Room, located on the sixth floor of the James Madison Memorial Building, 101 Independence Ave. S.E., Washington, D.C. This Books & Beyond event is co-sponsored by the Center for the Book in the Library of Congress and the Library's Manuscript Division. It is free and open to the public; no tickets are required.

Payne was a journalist as a reporter for the Chicago Defender. In those pages, she continually urged President Dwight D. Eisenhower to support desegregation. She continued throughout her career to report on the struggles of the civil rights era, and her work is credited with persuading many African Americans to take up the cause.

President Lyndon B. Johnson acknowledged her contributions by presenting her with one of the pens he used to sign the Civil Rights Act. When she went to work for CBS in 1972, she became the first African American woman to be a commentator for a national network.

James McGrath Morris is an author, columnist and radio show host. He writes primarily biographies and works of narrative nonfiction. He is working on a new book, "The Ambulance Drivers: Hemingway and Dos Passos – Literary Lives in War and Peace," that will be published by Da Capo Press in 2017. His other books include "Pulitzer: A Life in Politics, Print and Power," "Jailhouse Journalism: The Fourth Estate Behind Bars" and (with Kevin Stillwell) "Revolution by Murder: Emma Goldman, Alexander Berkman and the Plot to Kill Henry Clay Frick."

Page Opposite/Commentaries

Local Residents Join Petition for Bree Newsome

By Stacy M. Brown

The online petitions are as direct as Bree Newsome proved to be strong. Donations have been pouring in from across the country and around the world for Newsome who last month made headlines when she scaled a 30-foot pole in Columbia, South Carolina and removed the Confederate flag in the wake of hate-filled shooting at a historic black church left nine African Americans dead.

"We could not sit by and watch the victims of the Charleston Massacre be laid to rest while the inspiration for their deaths continues to fly above their caskets," Newsome said.

She and a white man, James Tyson, were arrested after the incident on June 27, 2015.

They were both charged with defacing monuments on state capitol grounds and each face up to three years in prison and a \$5,000 fine.

But, several online petitions, one that's already raised approximately \$100,000 for Newsome and Tyson's defense, have called on charges to be dismissed

The Baltimore Times
Publisher
Joy Bramble

Managing Editor Joy Bramble Director of Special Projects Dena Wane

Dir., Promotions/Entertain. Columnist Eunice Moseley Editorial Assistant Kathy Reevie

Administrative Assistant

Ida C. Neal

Staff Writers

Ursula Battle Jayne Matthews Hopson

Director of Advertising Donnie Manuel

> Photographers Lawrence Kimble Gar Roberts

The Baltimore Times is a publication of The Baltimore Times/Times of Baltimore, Inc. No part of this publication may be reproduced without the written consent of the publisher

Mailing Address
The Baltimore Times
2513 N. Charles Street
Baltimore, MD 21218
Phone: 410-366-3900- Fax 410-243-1627
www.baltimoretimes-online.com



Activist Bree Newsome scaled a 30-foot pole in Columbia, South Carolina to remove the Confederate flag.

Photo courtesy of bluenationreview.com

against the pair.

The petitions have been signed by individuals as far away as Japan. Residents in the Baltimore area have also signed petitions, including at act.colorofchange.org.

"What Bree Newsome did was as heroic and courageous as anything we've seen in years, probably decades," said Leslie Hudnell.

"She doesn't deserve jail; she should get a medal and a parade."

Tina Knight, another Baltimore area resident, said Newsome did what many others probably wanted to do but were too afraid.

"Big [congratulations] to her, a lot of folks probably wanted to do the same but she's the one who showed she had the guts to do it," Knight said.

As noted on the petition, Newsome's

actions follow "a growing trend of prosecutors from Oakland to Baltimore and across the country overcharging people who take non-violent direct action in defense of black lives."

Newsome, an activist and filmmaker from Charleston, North Carolina, and Tyson were part of a multiracial group of Carolinians led by teachers and activists determined to take down the Confederate flag from the capitol grounds in South Carolina.

The petition noted that within an hour state workers had raised the hateful banner once again in time for an 11 a.m. white supremacist rally.

"The Confederate flag was born out of a government defending the enslavement of black people and resurrected as an emblem for whites violently opposing racial integration. Any government that recognizes the flag is declaring that it cherishes a history of racial terror," petitioners noted.

"It's time for a new chapter where we are sincere about dismantling white supremacy and building toward true racial justice and equality," Newsome told reporters following her release on bail.

When asked about a recent poll that suggested most people see the Confederate flag as a symbol of Southern pride, Newsome told CNN that the mentality shows that people need to be better educated about the history of the Civil War. She hoped her actions and those of the state, which had a black worker put the flag back up about half an hour later, draw attention to a moral dilemma.

"It's a moment for society to do a gut check of our values," Newsome said.

On her Facebook page, Newsome noted that she is a western North Carolina field organizer for Ignite NC, which protests voter laws it sees as discriminatory.

After she finishes doing her round of media interviews, she told CNN, she'll go back to the same thing she was doing before her time on the flagpole and in the spotlight.

"The work continues until we are no longer in a place of being dependent on institutions and systems that don't value our lives," Newsome said.

Editor's Note: South Carolina's state Senate passed a bill to remove the Civil War Confederate flag from the state Capitol grounds on Tuesday, July 7, 2015 by 36-3 vote. The bill will now go to the South Carolina House of Representatives. The flag has flown on the Capitol grounds for over 50 years.

Want to comment on the editorials or any other story?

Please contact: The Baltimore Times

2513 N. Charles Street, Baltimore, MD 21218

Phone: 410-366-3900 Fax: 410-243-1627

email: btimes@btimes.com

NRPA, Walmart Foundation Provide Free Summer Meals, Recreation

By Stacy M. Brown

Healthy lunches are tough to come by for children once school ends and the summer months begin.

Parents and caretakers are primarily busy at work and the fruit, vegetable, carton of milk and otherwise healthy noon time meal that children receive at school can too often turn into, well, something less healthy when school's out.

However, for eight weeks, children in Baltimore can benefit from a summer meal and nutrition program sponsored by the National Recreation and Park Association (NRPA) through a \$2.3 million grant from the Walmart Foundation.

"Food is one of the most important things we do together," said Karrie Denniston, the director of hunger relief and nutrition at the Walmart Foundation.

"These programs represent one really important way that allows us to help these communities in being able to give people access to that really important feeling of sharing a meal," Denniston said.

The summer feeding programs take place at more than 7,700 communities across the country and serve more than 1 million low-income children, according to a report in USA Today.

Beginning in mid-June when school usually ends, the program extends until the end of August — and for some sites, throughout the rest of the year.

The Walmart Foundation is a part of the Walmart business that focuses on hunger relief, sustainability, women's economic empowerment and career enhancement.

Seven non-profits are participating in this summer feeding and nutrition program endeavor, including the YMCA and



The summer meal program is available at 41 Camp Baltimore sites and the city has been awarded a \$30,000 cash grant to increase the number of healthy meals served to low-income youth. Courtesy Photo

the NRPA, which have \$5.3 million and \$2.3 million focused on the efforts, respectively.

Last year, the Food Research and Action Center found only one in six children from low-income backgrounds had access to these meals over the summer, officials at the Walmart Foundation said. Locally, the program is available at 41 Camp Baltimore sites and the city has been awarded a \$30,000 cash grant to increase the number of healthy meals served to low-income youth.

Additionally, the NRPA provided \$10,500 of in-kind nutrition literacy program donations to help educate children on nutrition, the human body, and the

importance of maintaining a healthy lifestyle.

Baltimore was one of 80 grant recipients for the 2015 out-of-school time program grants supported by the Walmart Foundation.

Denniston said the organization aimed to find gaps in how families can access affordable food during the summer, when school programs aren't as apparent.

"That's really where this comes in because we see that there's a huge opportunity for families who may not have the means to access them," Denniston said, adding that education is at the forefront of the program since it would allow families to learn about where they can access these affordable meals and how to cook them.

Baltimore families can take advantage of the program by signing up their child for Camp Baltimore, which is free for residents.

To find a list of camp sites, hours and information on signing up, visit http://bcrp.baltimorecity.gov/Recreation/CampBaltimore.aspx.



The 6th Annual "B-Sharp Summer Music Enrichment Academy"

Timothy Baptist Church is now accepting applications for students ages 8 to
18. The Academy begins Monday July 6 to Saturday, August 8, 2015, 8am to
2pm daily. The cost is \$200 per student for the five week session.
Instructors are qualified music educators and professional musicians.

FREE Breakfast and Lunch

Contact Mrs. Eartha Lamkin at elamkin@verizon.net or call 410-728-1447

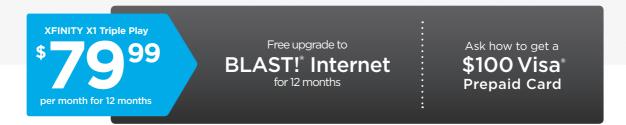
Learn: music theory, sight singing, ear training, voice and more.



Home is where XFINITY® is

Now, the best in entertainment is always with you

Whether at home or on the go, there's nothing like XFINITY on the X1 Entertainment Operating System. It's Internet and TV working together - for me. XFINITY Internet delivers the fastest in-home WiFi, so I can access the best in entertainment from any room, on any device, anytime. Plus, with the XFINITY TV Go app, I can take my entertainment with me, even watch live TV. The XFINITY X1 Triple Play from Comcast is perfect for frequent fliers who want a piece of home - wherever they go.



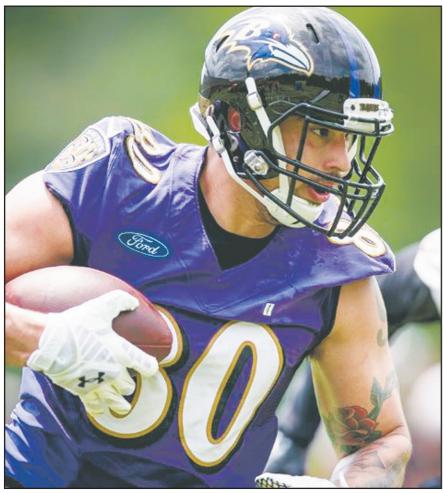
Visit **xfinity.com** today





Offer ends 7/12/15, and is limited to new residential customers. Not available in all areas. Requires subscription to Starter XFTriple Play with Digital Starter TV, Performance Internet and XFINITYVoice® Unlimited services. Two-year term agreement required. Early termination fee applies. Equipment, installation, taxes and fees, including regulatory recovery fees, Broadcast TV Fee (up to \$3.50/mo.), Regional Sports Fee (up to \$1.00/mo.) and other applicable charges extra, and subject to change during and after the promo. After applicable promotional period, or if any service is cancelled or downgraded, regular rates apply. Comcast's service charge for Starter XFTriple Play ranges from \$146.49 - \$147.49/mo., depending on the required to a single outlet. May not be combined with other offers. TV: Limited Basic service subscription required to receive other levels of service. Internet: WiFi claims based on September and November 2014 studies by Allion Test Labs, Inc. Actual speeds vary and are not guaranteed. Reliably-fast claim based on 2014 FCC "Measuring Broadband America" Report. XFINITY WiFi is included for XFINITY Internet Performance service and above only. Requires compatible WiFi-enabled laptop or mobile device. Hotspots available in select locations only. Voice: \$29.95 activation fee may apply. Service (including 911/emergency services) may not function after an extended power outage. Money-Back Guarantee applies to one month's recurring service charge and standard installation charges. Prepaid card mailed to Comcast account holder within 18 weeks of activation of all required services and expires in 90 days. Cards issued by Citibank, N.A. pursuant to a license from Visa® U.S.A. Inc. and managed by Citi Prepaid Services. Cards will not have cash access and can be used everywhere Visa® Obit Termination of the Propagation of the Propagatio

Ravens TE Crockett Gillmore embraces bigger role in 2015



Ravens tight end Crockett Gillmore executes a drill during OTAs in June, 2015.

Photo is courtesy of www.baltimoreravens.com

The 2015 NFL season will bring about an increased role for second-year tight end Crockett Gillmore. He was selected in the third round of the 2015 NFL Draft and came on later in the season as a contributor. A lingering hip injury to fellow tight end Dennis Pitta and the departure of Owen Daniels (last year's starter) has opened the door for Gillmore.

Gillmore approached the offseason as a chance to get ready to take advantage of a huge opportunity. It was very clear that he put in a lot of hard work during the offseason. Gillmore reported to OTAs with a noticeably more muscular frame. Ravens head coach John Harbaugh was quick to point out that he was impressed with Gillmore. "What I've noticed mostly about Crockett is the change physically. He was a big guy before, but now he's really [big]." Harbaugh continued; "He's packing a lot of

muscle on that [frame] -275 pounds. He looks the part."

Last year was a chance for Gillmore to really get involved by blocking in the run game. It was something that he felt that he had to make himself into in order to compete last season. He worked to further develop those skills by attending an offensive line coach this offseason. Playing in the trenches requires a great deal of strength which was something that Gillmore focused on increasing.

The 15 pounds of muscle that he gained is very evident when seeing him in uniform. In Gillmore's opinion, it was absolutely necessary. "I just went back to training. Really, it was a long season, so you get some recovery, but then it's back to the weight room." Gillmore said; "That's the biggest thing for me. To me, I felt like I needed to work on my routes and catching the ball, so that's what I

did. Fundamentally, from the weight room standpoint, I kind of put on some weight and got a little bit stronger."

As a result of the muscle gain, Gillmore feels faster and feels like he has more power to get in and out of his breaks. The results showed during minicamp as Gillmore was constantly getting open in the middle of the field and making catches. Steve Smith Sr. put it best when he said that Gillmore has the ability to not only get open, "he has a knack for being wide open with no one around him."

There weren't too many players that made more catches than Gillmore during OTAs and mini-camp. The Ravens did draft two tight ends in the 2015 NFL Draft. It is no secret that the tight end position is one that the organization wanted to address.

Maxx Williams was someone that the team had a first round grade on and got him in the second round. He is someone that they expect to have a large role in the passing game.

The other tight end that they drafted

was Nick Boyle in the fifth round. He was brought in because of his blocking skills. The addition of these two players is something that Gillmore has no problem with. "Welcome to the Ravens. That's their job to come in here and help the team just like it was my job last year. We're going to continue to do that, and we're going to continue to do whatever we can to really push that position to be one of the best groups in the league." Gilmore said.

The upcoming season will be one where Gillmore can progress as a player. He isn't a one-trick pony. In fact, he is a blend of the two tight ends that the team selected this year. Gillmore will surprise some with his soft hands and ability to get more yardage after the catch. He is also a reliable blocker.

T he year 2015 could also call for an increased role in life. Gillmore recently proposed to his girlfriend Hayley Thompson on July 4th and she said yes.



'Speak Life Tour' showcases youth talent at Music Arts Festival

By Stacy M. Brown

The ink on the degree Catherine Trotter received from Morgan State University likely wasn't dry when the then ambitious and motivated 22-year-old started the nonprofit New Beginnings Youth Development & Coaching Program.

Trotter's goal was to provide a platform for young individuals to showcase their talents and to make a difference in the lives of others.

"We wanted our young people to use language in a positive light and we wanted to provide a platform for youth and young adults to showcase their talents and use language in a positive way because a lot of what you see on television and hear on the radio isn't positive at all," said Trotter, whose House of New Beginnings organization stemmed from the implementation of a mentoring program.

In 2006, the organization expanded its services to offer transitional housing



Keon Myers, inspirational rapper

assistance to transitioning foster care youth. In 2009, the program expanded into NB Youth Academy.

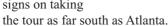
Today, its development program provides wraparound services that include mentoring, career and life coaching, leadership and character development and community youth engagement projects.

The program is open to youth and young adults between the ages of 10 and 25.



Catherine Trotter family supporters: (Left to right): Yolanda Trotter, sister-in-law; Catherine Trotter, founder, New Beginnings Youth Development & Coaching Program (center); Mia Trotte, toddler (center); and Catherine's brother Andrew Trotter. Photos: The Umbrella Syndicate

Two years ago in 2013, Trotter added even more to the organization, initiating the Speak Life Tour where young performers are taken on the road to perform in places such as Washington, D.C., Maryland, Virginia and New York. She said she also has designs on taking



However, before that, Trotter has some major local plans.

On Saturday, July 11, 2015 Trotter will hold the first Speak Life Tour Music Arts Festival at Coldstream-Homestead-Montebello Community Corporation, located at 3220 The Alameda on the campus of City College High School in Baltimore. The noon festival will feature live performances and visual arts. It will include boutique pop-up shops, a host of



Luther Wright, visual artist

food, hair and other vendors, community information and 30 hair cut vouchers will be provided to young males between five and 12 years old.

"This coming Saturday is an opportunity for young people to be a part of the Speak Life Tour," Trotter

said. "The festival is a culmination of a lot local people coming together."

Trotter said she's hoping that 300 or more residents will attend Saturday's event and a team of young volunteers have been busy at work handing out and posting fliers about the event, which is scheduled to run until 6 p.m. The event is free to attend.

Trotter said the performances at the event are specifically tailored toward motivating young individuals and to



Star sings R&B and gospel

help strengthen their resolve to become leaders in their communities.

"The response has been very well for Speak Life overall," Trotter said. "We average about 150 people coming to our regular shows so, at the festival; we are looking to double that."

Maryland student remembered through growing scholarship and 5K Run

By Andrea Blackstone

Maurice C. Harris, 18, was awarded a scholarship to help with expenses while attending his first year at Prince George's Community College, in memory of 17-year-old Tekau Rasayon. The announcement was made during the second annual Tekau's Heart Memorial 5K Run/Walk on May 30, 2015 at Surrattsville High School (SHS) in Clinton, Maryland. Harris will receive a \$1,100 check from money raised at this year's event.

The Rasayon family started Tekau's Heart Memorial Foundation to preserve the memory of the cadet colonel in the Air Force Junior Reserve Officer Training Corps (JROTC Unit MD-942) who was destined to do great things in life.

Tekau was a well-rounded 4.0 GPA student who had been accepted to numerous universities, but she wanted to remain in Maryland. The high school senior with interests in pre-law and public relations looked forward to attending Towson State University (TSU) after graduating from high school. Her plans were interrupted in 2012.

After Tekau Rasayon collapsed on the track at SHS, she was transported to Southern Maryland Hospital where she passed away. It was later determined that Tekau's death was a result of an unknown heart condition called anomalous coronary artery (ACA). The congenital condition usually does not show up until the late teens or early adulthood. It is reportedly documented as the second leading sudden cause of death in young athletes. It rarely has symptoms, yet 50 percent of first incidences are usually fatal.

Dr. Niyana Rasayon described his daughter as "an incredible, phenomenal spirit." He recalls Tekau's playful personality and qualities that brought out the best in others. Along with Tekau's mother, Judith Rasayon, he raises awareness about ACAs and created a scholarship for college-bound seniors who attended Surrattsville High School. Harris is the second scholarship recipient who wrote a winning essay that was selected by Tekau's family.



Judith Rasayon, (far left) and her husband, Dr. Niyana Rasayon (front and center) remember their daughter, the late Tekau Rasayon, along with family members, alumni of Surrattsville High School (SHS), friends and supporters. During the second annual Tekau's Heart Memorial 5K Run/Walk, \$1,100 was raised for a scholarship that will be awarded to the second college-bound recipient, Maurice C. Harris.

Photos: Andrea Blackstone

"She (Tekau) passed away on a Wednesday, March 28, 2012 and that Friday we had an appointment scheduled to tour the university (TSU)," Judith said. "With this particular scholarship, we wanted to have one that would be accessible to students that were going to college (and) graduating from SHS. We wanted this to be for students that work really hard, but who may not be at the top of the class."

Tekau was known as a high achiever with a big heart, giving spirit and cheerful attitude. Her attributes continue to manifest through the manner in which family and friends have managed to bless others despite their difficult loss. Tynisha Payton, her volleyball coach and gym teacher, mentioned that she will always remember Takau's outgoing spirit.

"She never met an enemy," Payton said.

SMSgt. Phyllis Dickerson, a JROTC instructor at SHS, was like a second mother to Tekau. Dickerson reminded JROTC students who attended the second annual Tekau's Heart Memorial 5K Run/Walk how special Tekau was to all who knew her.

"Even those of you who didn't know Tekau, I think you probably have a sense of who she really was by just being in our presence," Dickerson said.

Sponsorship and support of the Tekau's Heart Memorial 5K Run/Walk has evolved into a movement to give back to youth and unite the community beyond SHS. Miss American Jr. Teen Eastern Shore, 15-year-old Amber Glenn, attended the event and offered supportive words to Tekau's family and friends. Effective Chiropractic Health and Wellness Center was a sponsor this year. Dr. Levy Riley III supported the event inperson with his wife, Jinean Riley.

"We are in the business of doing chiropracting, and dealing with the spine, but we also are in the business of giving back to the community as well," Riley said.

The late teen's mother, Judith expressed that she would like the sponsorship to grow. A long-term goal is to continue offering the scholarship and raising awareness for ACAs on a larger scale.

For more information or to make a donation, visit http://www.tekausheart5k.com.



Judith Rasayon and this year's scholarship winner, Maurice C. Harris, share a happy moment at the second annual Tekau's Heart Memorial 5K Run/Walk. Harris will receive a \$1,100 check on July 12, 2015 at Surrattsville High School in Clinton

Free, Reduced Cost Sexual Health Services in Baltimore

By Stacy M. Brown

The National Coalition for Sexual Health, which consists of more than 50 of the nation's top health and medical organizations, has issued a call-to-action in an effort to encourage African-Americans to take advantage of what they call historic levels of insurance coverage through the Affordable Care Act and to access recommended preventive sexual services.

The coalition, which includes Planned Parenthood, the Center for Sexual Health at Morehouse School of Medicine and the National Campaign to Prevent Teen and Unplanned Pregnancy, has recommended services that include the HPV vaccine, female contraceptives, pap smears and screenings for sexually transmitted diseases like HIV.

"Individuals may be able to access services directly from their regular health care provider if they have one and, if an individual does not have a regular health care provider, there are many clinics in Baltimore that provide free or low cost services," said Dr. Arik Marcell, an asso-

ciate professor at the Johns Hopkins
University divisions of General Pediatrics and Adolescent Medicine Departments of Pediatrics and Population,
Family & Reproductive Health.
"Individuals should learn about what types of sexual and reproductive health services they should get and talk to their primary care provider about it since some of the services may vary depending on the individual's gender and age,"
Dr. Marcell said.

In a news release, coalition officials noted that many African-Americans are not currently benefiting from important services, which are vital to the overall health and well-being of the community. As an example, in 2013, only 34 percent of African-American girls and 16 percent of African-American boys received all three doses of the HPV vaccine, the only cancer prevention vaccine currently available.

Approximately 44 percent of sexually active African-American women ages 15 to 21 were not screened annually for Chlamydia, which, when left undiag-



The National Coalition for Sexual Health has issued a call to action for African-Americans to take advantage of the Affordable Care Act and get checked for STDs.

Photo courtesy of itriagehealth.com

nosed and untreated, is a leading cause of preventable infertility;

Also, more than a third of African-Americans have never been tested for HIV, even though it is recommended that all sexually active people be tested at least once, and that many be tested at least annually if they're at increased risk.

"You and your health matter. We know you have a lot on your plate, but we all need to make room for our sexual health. Just like protecting your heart health, managing your blood pressure, and exercising regularly – it's worth your time," said Christian J. Thrasher, the director of the Center of Excellence for Sexual Health at the Morehouse School of Medicine.

"We have a tremendous opportunity here. An unprecedented number of people now have access at no cost to these safe and effective preventive services that have been endorsed by leading medical organizations nationwide," Thrasher said. "We need to take advantage of these services."

Recommended for all Americans by the Centers for Disease Control and Prevention and the U.S. Preventive Services Task Force, preventive services can help you avoid many male and female cancers, plan your pregnancies, and detect and treat common STDs before they cause serious problems.

"Knowledge is power. It's important to take charge of your own sexual health, and get informed about the services that are recommended for you," said Susan Gilbert, the co-director of the National Coalition for Sexual Health.

"Don't assume that you are automatically getting these services when you go to your health care provider. You need to ask your provider to be sure," Gilbert

Baltimore residents can visit www.ncshguide.org for more information. In the state of Maryland, minors can access services that include family planning without needing parental consent, though these types of clinics also encourage parental involvement. Other important websites that provide information on free and low cost services include www.baltimoreupdate.com, www.knowwhatuwant.org/home, and https://mmcp.dhmh.maryland.gov/familyplanning/SitePages/Home.aspx. Baltimore residents also can visit the Center for Adolescent and Young Adult Health at Johns Hopkins Harriet Lane on Wolfe Street; Healthy Teens & Young Adults on W. North Avenue; Pediatric and Adolescent Clinic at Health Care for the Homeless on Fallsway; the University of Maryland Adolescent and Young Adult Center on Penn Street; BCHD Druid Health District STD Clinic on W. North Avenue: BCHD Eastern Health District STD Clinic on N. Caroline Street; Belair-Edison Family Health Center on Erdman Road; Chase Brexton on North Charles Street; Eastern Family Planning Clinic on N. Caroline Street; Highlandtown Healthy Living Center on Fleet Street: Johns Hopkins Community Physicians East Baltimore Medical Center Pediatrics & Med/Peds on E. Eager Street; and Planned Parenthood of Maryland Baltimore City Health Center on N. Howard Street.



Nine Baltimore residents honored for building better communities

By Stacy M. Brown

Nine local residents have been recognized for their commitment and dedication to bettering Baltimore.

Edoh Akwei, Tyrone Barnwell; Changa Bel;, Van Brooks; David Harris; Jonathan Moore; Akil Patterson; Dwight Watkins; and Bishop James Winslow all of Baltimore each received a BMe Leader Award, which includes a \$10,000 grant for the winners to increase their community outreach efforts.

"I hear people saying that there are no positive men around, and I always inform them that I can tell you of at least 143 of them," said Shawn Burnett, acting community manager of BMe Baltimore. "These are the men the media won't tell you about, those that give back to their communities."

BMe Community is a national network of approximately 12,000 men— predominately African American— though open to those of all races and genders who uplift the community, defying negative stereotypes.

"I was ecstatic because I was joining a national network of men working hard to build a better community which at times can seem very lonely and hard," said Van Brooks, who serves the city by providing opportunity for elementary and middle school students to participate in positive activities out of school with his Safe Foundation for Education, Inc., organization.

"BMe showed me that there are other men going through the same thing that I am and everyone is more willing to help each other," said Brooks, who before the award had planned a fundraiser for his organization.

Barnwell, the founder and director of 3Cs Youth Initiative, said the award and recognition allowed him to feel accomplished.

"I felt like I was doing something right. Someone was interested in what I was working so hard to make happen," said Barnwell, whose 3Cs is a youth-led organization that's committed to mobilizing young individuals to be involved in the choices that will affect their education and their eventual outcomes as citizens of Baltimore.



BMe award winners.Courtesy Photos/BMe Community

Bell, a health and wellness expert who is founding a nonprofit that promotes yoga and meditation practice in socially stratified communities, said the award and prize money allowed him to open the door to his yoga studio.

"For me, the great affirmation, validation that somebody heard me and understood my perspective on how I wanted to contribute to peace in my community was a very good feeling," Bell said. "I called my wife and we laughed and rolled on the floor. Then, I just sat in my studio and took it all in with a huge grin on my face."

Bell says his goal is to sign up 100 black men and track them as they do yoga for at least a year, at a minimum three times per week.

The BMe Community began as a project of the John S. and James L. Knight Foundation. Since 2012, its 143 BMe leaders in five cities provide educational, economic, human rights and other services to more than 300,000 of their neighbors each year.

Organization officials said the BMe



Van Brooks, BMe Community Award winner

Community asserts that the most prosperous way forward for America is to value all its people, recognize black men as assets, reject stories that denigrate people, and work together for our common interests in caring and prosperous communities.

"The people who experience BMe Community in action become fans of it because we have an optimistic, factbased, aspirational message about black men and about America's future," said



Trabian Shorters, BMe CEO and founder

BMe CEO and founder Trabian Shorters. "America is at another one of those historic moments where we can choose chaos or community," Shorters said. "These men have always been here. We just admit their existence and invite people of all races and genders to reach with us to build assets, build community and give our children a better story of America."

NFL veteran partners with Boys & Girls Club for community service projects

By Andrea Blackstone

It is not every day that local youth have an opportunity to meet a Super Bowl winner, spend time discussing topics like leadership and education, and even play dodgeball after completing a community service project. Members of the Boys & Girls Clubs of Annapolis & Anne Arundel County (BGCAA) were afforded opportunities of mentorship, hands-on community service and fun, through a partnership with Usama Young and BGCAA. Young is a free agent who is approaching his 8th season in the NFL. He won the Super Bowl XLIV title with the New Orleans Saints in 2009. Young founded the Usama Young Youth Foundation that same year, then later launched a rebranded nonprofit called Believe in U (BIU). According to the website, the organization aims to "empower disadvantaged youth, including those with disabilities or those from non-traditional families and underserved communities."

On June 26, 2015, a day of community building kicked off in Annapolis at Wiley H. Bates Heritage Park as a part of BIU's Annual Charity Weekend. Young challenged six to 12-year-old BGCAA campers who sat on bleachers in Bates's gymnasium to look ahead toward the future.

"Do any of you have goals? Do you know what you want to be?" Young asked. "When I was in school, my teacher asked me the same questions."

Several hands raised in response to Young's inquiry. The athlete and philanthropist listened to replies as his wife, Gia Young, and other BIU volunteers stood nearby. As residents of Charlotte, N.C., the Youngs give back locally and nationally, by providing interactive programming that inspires personal growth. However, Usama's roots are local.

Usama was born in Washington, D.C. and is a graduate of Largo High School in Prince George's County. The veteran NFL player's career highlights impressed many campers, but Usama offered a practical message of valuing education, reminding youth that hard work is required to become successful.

"I want to let you all know, whatever goals ya'll have, whatever aspirations ya'll have, keep on working at it. Don't let anyone tell you that you can't accomplish it, ya'll got that?" Young said.

The professional athlete also acknowledged the importance of having a backup plan. During a Q & A, Usama mentioned a knee injury, but expressed his love for teaching and helping youth through BIU.

"I just wanted to know where we could serve. My wife and myself were thinking about what we wanted to do for my charity weekend this year. This is a part of it. We said every year we've been going to the Capital Area Food Bank in D.C. We've been going to that food bank, filling up their pantry and doing different things



Super Bowl winner, Usama Young, middle, spoke to almost 100 Boys & Girls Clubs of Annapolis & Anne Arundel County (BGCAA) campers at Bates in Annapolis. Barbara Jean Butler, right, a volunteer at BGCAA through the Anne Arundel County Foster Grandparent Program, sits next to Young after he gave an inspirational talk that was held in the gymnasium.

Photo: Andrea Blackstone

with them. I said, 'This year, let's step outside of the box,'" Usama later said.

Along with selected BGCAA campers, staff and members of BIU, the athlete's local visit continued with a trip to the Light House Shelter in Annapolis, where they delivered food. Young then headed to help beautify two residences in the Freetown Village community, located in Glen Burnie, Md. Freetown Village Boys & Girls Club members and volunteers ate lunch at the club before delivering supplies to selected homes. Usama and BIU volunteers planted rose bushes, plants and weeded along with youth volunteers. The event marked the first time that the majority of BGCAA members participated in a beautification project.

munity, and put the community before themselves," Steven Cornette, CEO of BGCAA said. Usama said that importance of giving back was instilled in him at a young age. And through lessons he learned, the NFL veteran tries to pass along valuable wisdom to budding leaders.

"This event allows the kids to think about the com-

"Since I was little, I have memories of going out to the [Washington] Monument and the [National] Mall right across the street from the White House, where there were so many homeless people. My parents had me serving meals. We would make sandwiches, make hot soup during the winter months, and give back to



Usama Young and selected BGCAA campers, staff and members of BIU visited the Light House Shelter in Annapolis, where they delivered food. Courtesy Photo/Freetown

them, and we didn't have that much," Usama said. "So for us to be able to give to others, and not having everything ourselves, it was something that was near and dear to me, and something that has always been important to me. Now, I have a platform to serve. I'm going to do it as much as possible."



Baltimore Caribbean Carnival 2015

Capture the sounds, sights, and tastes of the Caribbean at the 34th annual Baltimore Caribbean Carnival parade and festival on Saturday, July 11 and Sunday, July 12, 2015

Officially known as the Baltimore Washington One Carnival, this annual event draws thousands of spectators and participants from the Baltimore/Washington DC area and beyond.

Beginning with a Caribbean-style parade, the festivities continue with a family, fun-filled, Caribbean festival showcasing live music and entertainment, a delicious sampling of authentic Caribbean food stalls and so much more...all enclosed within Baltimore's Clifton Park.

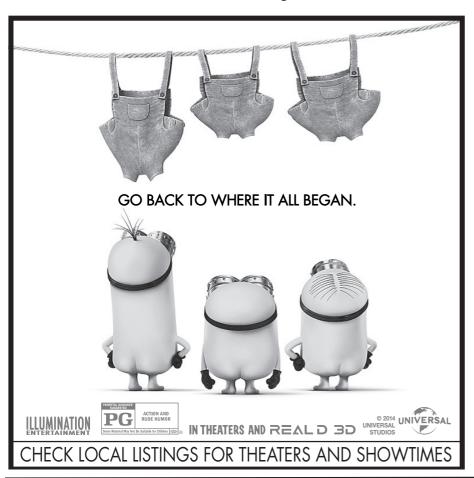
Saturday's 1 ½-mile parade features a stream of floats, eye-catching costumes, and the hip-swaying sounds of soca music. Parade Date & Time: Saturday, July 11, 2015; 12 Noon – 5:00 PM Parade Start: 900 E 33rd Street, Baltimore MD 21218 Parade End: Clifton Park, Baltimore Md. 21213



Beginning at the 900 block of 33rd Street in Baltimore, Maryland, the parade proceeds east on 33rd Street, then turns right on The Alameda and continues south across Harford Road to enter Clifton Park via St. Lo Drive. The parade is expected to last approxi-

The parade is expected to last approximately five (5) hours with the last partic-

ipating band crossing the Harford and St. Lo Drive intersection by 5:00 pm. Following the parade, a festival continues at Lake Clifton Park until 10:00 pm.





Maple Lawn Street Festival

The Maple Lawn Street Festival—a free event including food trucks, a beer garden, live music, a sidewalk sale, and a Kids Zone—is scheduled for Saturday, July 11, 2015 from 5 p.m. to 9

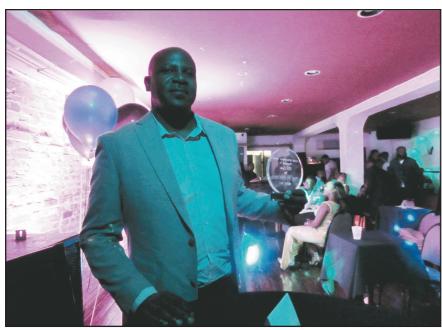
p.m. The festivities conclude with a fireworks display that begins at approximately 9:15 pm.



The Street Festival will be held along Maple Lawn Boulevard, the main thoroughfare of Maple Lawn, a 600-acre mixed-use business community in the Fulton section of Howard County, Maryland.

For additional information e-mail MapleLawnEvents@fullmoonmarketing.net

Black Music Month Celebration



Dj Spen, 2015 Artist Achieve Award recipient Photo: Phinesse Demps

Event producer and media personality, Kevin Lei is the creator and executive producer of The Platform: A Black Music Month Event. In 2012, Kevin Lei produced his first show in Baltimore for Black Music Month honoring "The Godmother of R&B" Lil Mo'. Each year Lei has continued to bring awareness and attention to Black Music Month by acknowledging the accomplishments of artists and performers alike.

The Platform: A Black Music Month Event is one of the leading events in the city of Baltimore in celebration of Black Music Month. The show brings together performers and honorees from all genres of music to create an unforgettable experience.

On June 30, the celebration of Black Music Month took place at Mood Lounge @347. It was an amazing talent laden group of artists who put on a showcase! Kevin Lei and the Carrollton Group really did put on a classy show! It started kind of late, but it was well worth the wait.

The event was hosted by Crystal L.

Bass and Rock Mitchell with performances by Jessica Hall; Therron Fowler; Lia Songbird; Christen B.; Khare Hawkins; Freedom Imani and David Lyve. These artists will be featured in future Indie Soul columns.

The highlight of the night was the presentation of the 2015 Artist Achieve Awards to Maurette Brown Clark and DJ Spen.

According to Lei, "I really wanted a platform to show appreciation for black music. This is a passion of mine and to be able to do something for these artists is what drives me. This truly is a labor of love." Lei you did one heck of job and I can't wait for the 2016 awards show. Mark your calendar people. You don't want to miss this. To see photos from the event, please visit of website: www.baltimoretimes-online.com under Indie Soul.

Indie Soul welcomes your questions and comments. To contact Phinesse Demps, call 443-885-9183 or 410-501-0193 or email: lfpindiesoul@gmail.com Follow him on Twitter: @lfpindiesoul.

Indie Soul Music Review: Saun & Starr Look Closer

Radio is definitely missing out on some great music this summer. Next up for Indie Soul is a review of the debut album debut from some real soul sistas; Saun & Starr.

I was introduced to these sistas when they sang background for the Dap-Kings. I heard them perform and I was blown away. These women can blow. They are like any true indie artist who had to grind to get where they are today. They worked full-time jobs, sang in bands, performed here and there until their chance came perform

with the Dap-Kings and the rest is history. Now it's time for the United States to show these women some love.

Their debut project takes it back with that funk, soul, and love just the way you like it. They have powerful voices and meaningful lyrics. The love song, "If Only" is the track! Saun & Starr lament over missing that one person they now realize that they love. Follow that up with "Anotha Love Like Mine" they flip the script by telling a cheating man he will regret his actions and that



Photo Courtesy of Daptone Records

he will never find a love like hers. The title track "Look Closer" sets the tone for the CD which is a silky smooth groove that has you bopping your head and smiling. Other favorites include: "Gonna Make Time," "Your Face Before My Eyes," and "Blah, Blah, Blah, Blah, Blah,"

For more on Saun and Starr and to purchase the CD, please visit: www.saunandstarr.com.

La Rhonda Leigh Shoe Mobile Boutique



Shoe-Tastic
Savings from LaRhonda
Leigh Shoe Mobile
15% off ANY Pair of
Shoes online:

www.larhondaleigh.com Code: BTIMES

May also be redeemed in person on Wednesdays at Liberty Farmer's Market, 8604 Liberty Road, Randallstown

Indie Soul * Indie

Indie Soul Book and Interview: 'This Ain't What You Want' by Jabar

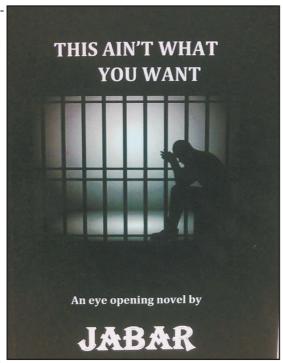
When the Baltimore riots happened, I was immediately contacted by author Jabar who told me his book, "This Ain't What You Want," would be a great read for adults but especially our youth of today.

Jabar said he was inspired to write the book out of a desire give back and help young people make educated decisions. The book is the first of a planned series of fiction novels written specifically for young people and the unique challenges they face.

According to Jabar, "Twenty-five hundred people in the U.S. are serving life without parole for crimes they committed when they were juveniles and for most, the choices that lead where they are could have been

avoided." "Young people need to be able to closely examine the mistakes of others and books like this will allow them to use that they have learned to navigate life's obstacles," he continued. The question becomes, how can such a book be of assistance in the community?

"'This Ain't What You Want'" can assist our communities because it creates a platform for open and honest dialog between young people and their support system parent's teachers, counselors, mentors, as well as between young peo-



ple and their peers. This book and the ones that will follow are consequence oriented and were designed to make kids stop and think with its gritty honesty and no holds barred approach to at-risk behavior."

Without question this book really delves into the real-life choices black males are forced to make every day. It is definitely a must read for young men also for parents who will find out ways to connect with the young adult in your life. It's not just a great read but an eye opener.



Indie Soul: Shows to Watch



(L-R)Loretta Devine, Lil Rel Howery, Amber West, Jerrod Carmichael and David Alan Grier enjoy some Snuggie time. The Carmichael Show premieres Wednesday, August 5 at 9:30/8:30c on NBC, Photo: Courtesy of NBC

It's summer time and that means your favorite shows are on hiatus but here is your chance to check out some great shows

CharmTV-TV25, (Local channel, check your television channel or cable guide for channel listing or watch on demand: www.charmtv.tv), has produced a very intriguing show called "Sandtown-Path Forward" based on the unrest here in Baltimore. If you are interested in making a difference, want to be a part of a movement toward a better Baltimore, or want to hear from the people in that community, you must watch. What many conversations are lacking is actually hearing what the community feels and what they want for the future. You hear the words from Sandtown residents and business owners, without a host or commentary. It's a great way to let Sandtown speak for itself. We all can learn something and be a part of the healing process. Kudos to TV25.

Mark your calendars for August 5th as NBC debuts two shows that are worth watching but one for sure might be a huge hit for NBC. Indie Soul has been behind the show "Mr. Robinson" since it was announced in 2014. For whatever reason the show was shelved before it even aired but now it gets a new life. The sitcom stars Craig Robinson as a music teacher at a middle school.

Everyone is calling "The Carmichael Show" the new "All in the Family." The show stars Devine, Lil Rel Howery, Amber West, Jerrod Carmichael and David Alan follows the life of standup comedian Jerrod Carmichael as he navigates through life with his therapist intraining girlfriend and his heavily opinionated family. Kee p your eye on this one. This is sure to be huge as long as NBC doesn't get a quick trigger finger to cancel.

Indie Soul welcomes your questions and comments. To contact Phinesse Demps, call 443-885-9183 or 410-501-0193 or email: lfpindiesoul@gmail.com Follow him on Twitter: @lfpindiesoul.

Active-Duty Military to Receive In-County Tuition Rate

AACC Board Changes Residency Policy for Students on Active Duty

Active-duty military – regardless of where they live or where their duty station is – will be charged tuition at the county rate when enrolled at Anne Arundel Community College under a new policy approved by the college's board of trustees at its June 9 meeting. To be eligible for this special tuition rate, the student must present evidence of his/her active-duty status to the cashier prior to making the first payment of tuition and fees and when adding a class.

Although some military students have been eligible in the past for in-county tuition rates, this change is the first time the college has defined active-duty members of the United States Armed Forces as in-county residents, regardless of where they live or are stationed.

" As a military-friendly school for the



past six consecutive years, AACC realizes the importance of providing support for its military students and their fami-

lies. The new 'Residency Requirements' policy provides another opportunity for the college to expand that support," said

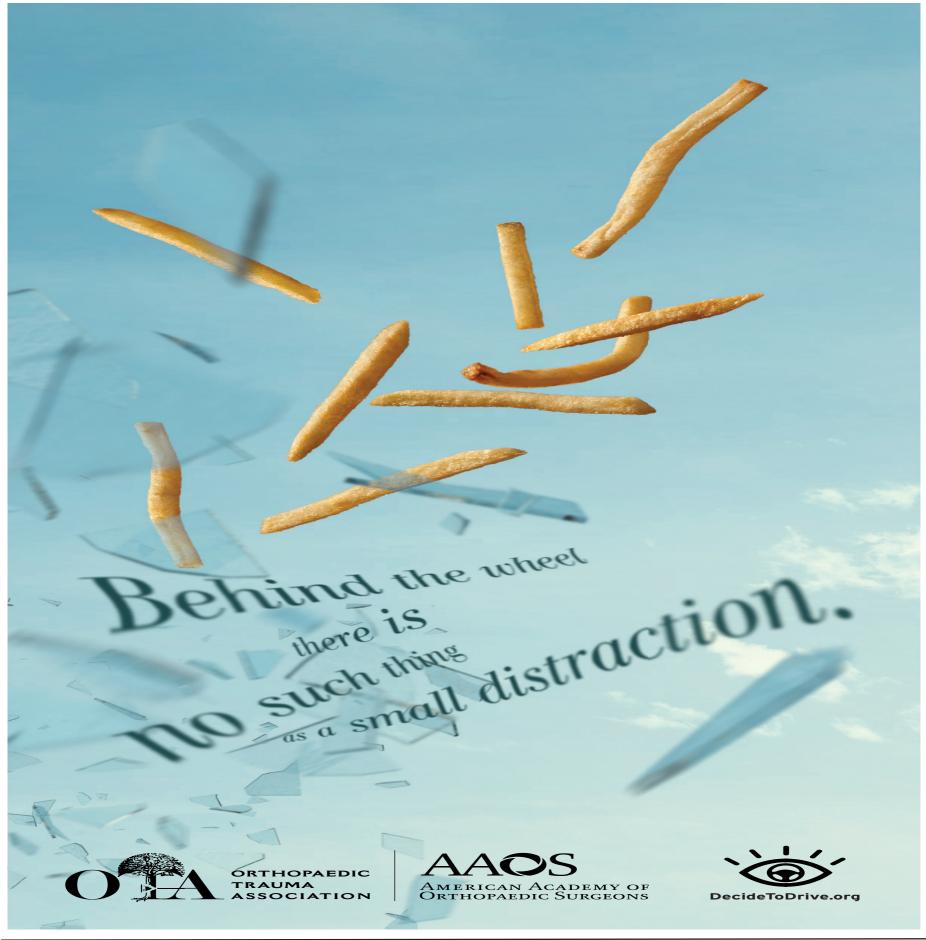
AACC President Dr. Dawn Lindsay.

Veterans and their spouses and dependent children also are covered in the new policy.

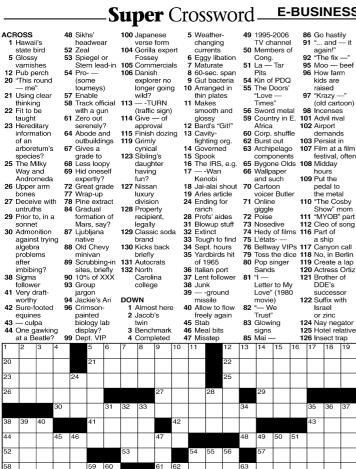
- Those students using veteran benefits will be classified as out-of-county, instate residents for tuition purposes, even if they live outside the state.
- Veterans receiving the Montgomery or Post 9/11 GI Bill educational benefits and their spouses and dependent children who enroll within three years of the veteran's discharge will be classified as in-county if they live in Anne Arundel County or out-of-county, in-state for tuition purposes, even if they live outside of Maryland.

For information, visit http://www.aacc.edu/aid/veterans/default.cfm or contact the AACC Veterans Benefits office at 410-777-2203 or vabenefits@aacc.edu.





Super Crossword E-BUSINESS





by Hal Kaufman

NINE COUNTI Object of this exercise is to see that the nine circles of the triangle at right contain the digits 0-8 in such a manner that digits in circles on each of the sides have a tota of 13.



WATERED DOWN BIRD WORDS

THOSE who know their sea and marsh birds, and also know their vowels, should have an easy time here. To identify birds, sim-

ert missing vowel

11. P-tr-l. 12. P-l-c-n. 13. G-nn-t. 14. -spr-y. 15. C-t. 16. P-ff-n. 17. B-tt-m. 18. Shr-k-. 19. Pl-v-r. 20. P-ng-

of 13.
Digits 0, 1 and 2 are already in place, leaving just six more to be inserted.
Clue: Two missing digits on one of the three sides are even numbers.
Try to puzzle it out in two minutes or less.

'L' 9 'b' 7 'c' 6'

Top, clockwise, 0, 8, 3, 2, 4, 6, 1, 5, 7, is one way. YOUR CALL! "The is the greatest nuisance among conveniences, the greatest convenience among nuisances, said Robert Lynd. Of what did he speak?

(0)

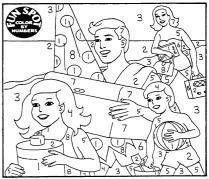
 \bigcirc

 $\bigcirc\bigcirc\bigcirc$

 \bigcirc



PAINT SETI Two of these artists are twins. Which two is for you to decide. Be sure to study all details carefully.



TASK FORCE! Everyone's pitching in on this trip to the beach. Apply colors by number: 1— Red. 2—Lt. blue. 3—Yellow. 4—Lt. brown. 5—Flesh tones. 6—Green. 7—Dk. brown. 8—Dk. blue.



CryptoQuip

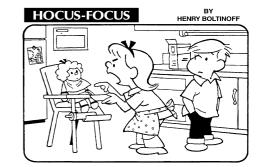
Clue: A equals U

KRRAVZSN K YZF RZSNWP FWKVWC AB GZFY K QZN

WIWHFPLSZHR HLVBKSX, GLAIC

FYWX QW RLSX KSC HYWP?

© 2014 King Features Synd., Inc





Match the countries in the left column with their nicknames on the right.

- 1 Indonesia b. The Cradle of Civilization
- 2. Philippines 3. South Africa

STERE STERE

- 4. New Zealand
- 5. Chile
- 6. Egypt 7. Thailand
- c. Pearl of the
- Orient
- d. Kiwiland
- e. Land of Smiles
- f. Emerald of the

Equator g. Rainbow Nation

©2014 King Features Syndicate



drawing details between top and bottom panels. How an you find them? Check answers with those below.

Differences: 1. Drawing is missing. 2. Wall oven is smaller. 3. Bottle is missing. 4. Apron is different. 5. Light is missing. 6. Door is missing.

Even Exchange by Donna Pettman

128

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Think over	N	Face dust	W
2. Heroic	E	Well done!	0
3. Warlock	w	Gecko, e.g.	L
4. Peace Prize giver	В	Tome	V
5. First born	_ L	Most peculiar	_ D
6. Dwelling	U	Mister Ed, e.g.	R
7. Delaware's capital	_ 0	Pearl seeker	_ '
8. Haphazard	D	Kidnapper's demand	s
9. Fully mature	N	Snarl	L
10. Pursue	A	Picked	0

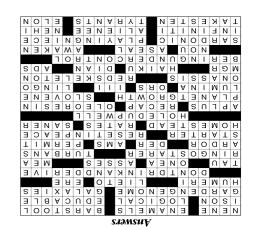
© 2014 King Features Synd., Inc

they be Sony and Cher seuming a hit singer CryptoQuip

5-a, 6-b, 7-e. 1-f, 2-c, 3-g, 4-d, Stickelers Answer

.6	Oldest, Oddest	١٥.	Chase, Chose
٠,	Nobel, Novel	.6	Grown, Growl
.ε	Wizard, Lizard	.8	Random, Ransom
٦.	Brave, Bravo	٠.٢	Dover, Diver
1	Ponder, Powder	.9	House, Horse
CIDMCIID			

Even Exchange



Super Crossword.

106

127

130

AUTOS WANTED

CARS/TRUCKS WANTED! Top \$\$\$\$\$ PAID! Running or Not, All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330

GET CASH TODAY for any car/truck. I will buy your car today. Any Condition. Call 1-800-864-5796 or www.carbuyguy.com

CASH FOR CARS: Cars/Trucks Wanted! Running or Not! We come To You! Any make or model Instant Offer - Call: 1-800-569-0003

AUTO DONATIONS

Donate Your Car to Veterans Today! Help and Support our Veterans. Fast - FREE pick up. 100% tax deductible. Call 1-800-656-1632

EMPLOYMENT

The path to your dream job begins with a college degree. Education Quarters offers a free college matching service. CALL 1-800-375-6219

HEALTH/MEDICAL

VIAGRA & CIALIS! 50 pills for \$95. 100 pills for \$150 FREE shipping. NO prescriptions needed. Money back guaranteed! 1-877-743-5419

SUMMER SPECIAL VIAGRA 40x (100 mg) +16 "Double Bonus" PILLS for ONLY \$119.00. NO PRESCRIPTION Needed! Credit/Debit Required. 1-888-

386-8074 www.newhealthyman.com Satisfaction Guaranteed!!

Viagra 100mg/Cialis 20mg, 44 Pills/+4 Free. Only \$99.00. No prescription Needed! Save \$500 Now! Call Today 1-888-797-9029

BUSINESS OPPORTUNITY

\$500-\$1000 Daily Returning Phone Calls! No Selling, No Explaining! Not MLM! Call 1-800-689-0931

ANNOUNCEMENTS

Acorn Stairlifts. The AFFORDABLE solution to your stairs! **Limited time -\$250 Off Your Stairlift Purchase!** Buy Direct & SAVE. Please call 1-800-410-7127 for FREE DVD and brochure.

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-800-895-7416

Got an older car, boat or RV? Do the humane thing. Donate it to the Humane Society. Call 1-800-758-2204

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace -little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-419-3684

Sell your structured settlement or annuity payments for CASH NOW. You don't have to wait for your future payments any longer! Call 1-800-391-0460

SOCIAL SECURITY DISABILITY BENE-FITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-208-6915 to start your application today!

EVENTS

Holding a Carnival! Fair! Festival! Jubilee! Promote it to over 1 Million readers for only \$200!!! Visit ww.midatlanticevents.net for more details or call 800-450-7227.

WANTED TO BUY

CASH for sealed, unexpired DIABETIC TEST STRIPS/ STOP SMOKING PROD-UCTS! Free Shipping, 24hr Payments! Call 1-877-588-8500, Espanol Available www.TestStripSearch.com.

REAL ESTATE

Tennessee Lakefront Community, OWNER FINANCING AVAILABLE, beautiful lake and mountain views, private marina, starting at \$24,900 call 1-877-513-8015 for more information

NOTICE

This Newspaper is not responsible for advertisements placed under Business Opportunities. Looking for a business opportunity? Investigate before you Invest!

Call 1-877-FTC-HELP

MISCELLANEOUS

AIRLINE CAREERS. Get FAA approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly. Call AIM 888-686-1704

CASH FOR CARS: All Cars/TruckWanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960

Dish Network. Starting \$19.99/month (for 12 months.) PLUS Bundle New Ad Copy! & SAVE (Fast Internet for \$15 more/month.) CALL 1-800-240-0859

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-980-6076 for \$750 Off.

SOCIAL SECURITY DISABILITY BENE-FITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-290-8321 to start your application today!

YOUNG READERS – Find the magic of farm life in this wonderful children's book. Check out Richard the Donkey and His LOUD, LOUD Voice at www.RichardThe-Donkey.com

DISH TV Starting at \$19.99/month (for 12 mos.) SAVE! Regular Price \$32.99 Ask About FREE SAME DAY Installation! CALL Now! 877-451-6721

CASH PAID for unexpired, sealed DIA-BETIC TEST STRIPS! 1 DAY PAYMENT & PREPAID shipping. HIGHEST PRICES! Call 1-888-776-7771. www.Cash4Diabetic-Supplies.com

BUILDING MATERIALS

Metal Roofing & Siding for houses, barns, sheds. Close outs, returns, seconds, overruns, etc. at Discount Prices. Huge inventory in stock. 717-445-5222 Ephrata Pa.

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace -little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-491-6053

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: Call 1-877-737-9447—18+

Want To Purchase Minerals And Other Oil/Gas Interests. Send Details To: PO Box 13557, Denver CO 80201.

SUPPORT our service members, veterans and their families in their time of need. For more information visit the Fisher House website at www.fisherhouse.org

HEALTH & FITNESS

VIAGRA 100MG and CIALIS 20mg! 40 Pills + 10 FREE. SPECIAL \$99.00 100% guaranteed. FREE Shipping! 24/7 CALL NOW! 1-888-223-8818

FOR SALE

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 1-800-906-3115 for \$750 Off

MONEY TO LEND/LOANS

ACCESS YOUR LAWSUIT CASH! In an Injury Lawsuit? Need Cash Now? Low Rates. No Credit Checks/Monthly Payments. Call Now 1-800-568-8321. www.lawcapital.com

CLASSIFIED ADVERTISING

Reach over 20 million homes nationwide with one easy buy! Only \$2,395 per week for a 25 word classified! For more information, go to www.naninetwork.com

BUSINESS TO BUSINESS

Advertise to 500,000 Homes with a business card size ad. You choose the area of coverage in free community papers...we do the rest. Call 800-450-7227 or visit macnetonline.com



exploremarketplace 410.884.4600 1.800.884.8797

www.explorehoward.com | We accept which was accepted whi













Professional Services

To Place Your Ad Call 410-884-4600 Today!

2-story Foyers/Vaulted Ceilings Military Discounts Drywall/Water Damage Repair Senior Citizen Discounts Power Washing/Decks/Homes ► Licensed & Insured Handyman/Carpentry ► MHIC#70338 Wallpaper Removal COMMERCIAL > RESIDENTIAL

www.handsonpainters.com 410-242-1737

Our showroom & service dept.

1702 Joan Ave • Balto 21234

410-882-1027

Serviced

Free

Estimates

Free pick up & delivery



MHIC# 10138 www.fivestarmaryland.com Interested in placing your ad on **Service Page?**

PAINTING SERVICE

THE BEST QUALITY PAINTING

Interior/Exterior Starting at:

Rooms - \$175 • Windows - \$35

Work Done by Owners

Licensed in MD for 30 years

Chris & Mike Levero

Bonded & Insured

Free Estimates

FIVE STAR HOME SERVICE

410-661-4050

410-744-7799



CUSTOM CONTRACTOR UNLIMITED

Fully Licensed & Insured

Specializing in:

Brick & Stone Repair Sidewalks, Porches & Steps Chimney/Fireplace Repair

Brick Re-pointing

Small Home Improvements

www.custom-contractor.com MHIC#79665

410.356.6202

AUTO **SERVICES**

YOU COULD SAVE OVER \$500 OFF YOUR AUTO INSURANCE. Save 10% by adding property to quote. Call Now! 1-888-498-

AUTO INSURANCE STARTING AT \$25/ MONTH! Call 877-929-9397

VEHICLES WANTED

AARON BUYS CARS & TRUCKS Any year or condition. Fair prices. Immediate service. Local. Call 410-258-0602

DELIVER YOUR MESSAGE Place your ad in the classifieds.

WANTED

DONATE AUTOS, TRUCKS, RV'S. LUTHERAN MISSION SOCIETY
Your donation helps local fami-

lies with food, clothing, shelter, counseling. Tax deductible. MVA License #W1044.

410-636-0123 or www.Lu-theranMissionSociety.org

ACCOUNTING **SERVICES**

CALL NOW TO SECURE A SUPER LOW RATE ON YOUR MORTGAGE.

Don't wait for Rates to increase Act Now! Call 1-888-859-9539

BANK ON RESULTS.

Your ad here pays off.



Specializing in Concrete & Masonry Construction Since 1977

Driveways Brick Sidewalks Stone **Patios** Stucco Steps Chimnevs **Custom Design Basements**

(o) 410.663.1224

(c) 443.562.7589 MHIC #3802

WWW.LSCMD.COM

ACCOUNTING **SERVICES**

SELL YOUR STRUCTURED SETTLEMENT OR ANNUITY payments for CASH NOW. You don't have to wait for your future payments any longer! Call 1-800-283-3601

SOCIAL SECURITY DISABIL-ITY BENEFITS Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-706-8742 to start your application today!

Box Your Ad!

You'll be noticed.

BUSINESS SERVICES

DRIVE TRAFFIC TO YOUR BUSINESS AND REACH 4.1 MILLION READERS WITH JUST ONE PHONE CALL &

ONE BILL. See your business ad in 104 newspapers in Maryland,
Delaware and the District of
Columbia for just \$495.00 per
ad placement. The value of
newspapers advertising HAS
NEVER BEEN STRONGER...call 1-855-721-6332 x 6 or 301-852-8933 today to place your ad be-fore 4.1 million readers. Email Wanda Smith @ wsmith@mddcpress.com or visit our website at www.mddcpress.com.

With circulation over 260,000 households strong, BSMG's classifieds provide opportunity and results. 410-332-6300



Over 600 vacation homes in all price ranges Kitty Hawk, Kill Devil Hills, Nags Head, and Southern Shores to Corolla - 2 to 18 bedrooms most with private pool/

Linens and towels are provided (call for exception)

877-642-3224 . www.brindlevbeach.com

PLACE YOUR AD TODAY IN THE AREA'S PREMIER NEWSPAPERS, The Baltimore Sun and The

Washington Post newspapers, along with 10 other daily newspapers five days per week Reach 2.5 million readers with your ad placement in every daily newspaper in Maryland. Delaware and the District of Columbia. For just pennies on the dollar reach 2.5 million readers through the MDDC's Daily Classified Connection Network, CALL 1-855-721-6332 x 6 SPACE is VERY LIMITED; email

wsmith@mddcpress.com or visit our website at

GENERAL SERVICES

ATTN: COMPUTER WORK Work from anywhere 24/7. Up to \$1,500 Part-Time to \$7,500/ mo. Full Time Training provided Www.WorkServices25.com

LEAP INTO SPRING WITH THE USE OF OUR FULL-SERVICE FURNITURE UPHOLSTERY CLEANING TEAM! Call Up-holstery Care USA today-410-622-8759-Baltimore or 202-534-7768- DC & MD. As industry leaders, we can make your spring cleaning a breeze Visit us at www.upholsteryca

PLACE YOUR AD TODAY IN BOTH The Baltimore Sun and The Washington Post newspapers, along with 10 other daily newspapers five days per week. For just pennies on the dollar reach 2.5 million readers through the Daily Classi-fied Connection Network in 3 states: CALL TODAY: SPACE is VERY LIMITED; CALL 1-855-721 6332 x 6 or 301-852-8933 email wsmith@mddcpress.com visit our website at www.md

GUTTERS

BOB'S GUTTER SERVICE t cleaning & repairs guards installed! Save \$\$\$! Handyman. 20 yrs exp Fast, friendly! 410-750-1605

HAULING

1+1 AAA ABC Attics, Bsmt, Garage, Yards. 25 yrs of honest hauling. Same Day. Call Mike: 410-446-1163

A 1 MIN. CALL HAULS IT ALL

Any size job welcome. Guar to beat comp. price. Free est Mike 410-294-8404. Now ac epting all major credit cards

HAULING

Clean Houses Basements, Yards & Attics Haul free unwanted cars Match Any Price!!!!!

HEALTH & WELLNESS

NEED INTERIOR/EXTERIOR

STRAIGHT or Curved ACORN Stairlifts; Call Angel & Kathy TO-DAY 888-353-8878; Also available Exterior Porchlifts: Avoid Unsightly Long Ramps; Save \$200.00.

MPROVEMENT

ALL THINGS BASEMENTY!

Basement Systems Inc. Call us for all of your basement needs! Waterproofing, Finishing, Structural Repairs, Humidity and Mold Control FREE ESTIMATES! Call 1-800-998-5574

FIND THE RIGHT CARPET MENTS. Ask about our 50% off specials & our Low Price Guarantee. Offer Expires Soon. Call now 1-888-906-1887

LAWN & GARDEN

LAWNS BEAUTIFULLY CUT, TRIMMED & EDGED

By a very nice guy. Reasonable Please call Jeff 410-764-2406.

CAREER TRAINING

AIRLINE CAREERS START
HERE
Get hands on training as FAA certified Technician fixing jets Financial aid if qualified. Call for free information Aviation Insti tute of Maintenance 1-877-818-0783

www.FixJets.com

AVIATION Grads work with JetBlue, Boeing, Delta and others- start here with hands on training for FAA certification. Fi-nancial aid if qualified. Call Aviation Institute of Maintenance 866-823-6729

MEDICAL BILLING TRANEES NEEDED! Train at Home to become a Medical Office Assistant! NO EXPERIENCE NEEDED Online training at CTI gets you job ready! HS Diploma/ Ged & Computer/Internet needed.1-877-649-2671 www.

MEDICAL CAREER! Train at Home for a career process-ing Medical Billing & Insur-ance Claims! NO EXPERIENCE NEEDED! Call CTI for details! HS Diploma/GED & Computer/In-ternet needed. 1-877-649-2671

ABM'S HAULING

STAIRLIFTS!
Raymond Maule & Son offers

HELP WANTED.

ANIMAL CARE FACILITY

(PHOENIX, MD)

Needs an energetic, reliable person to clean & care for nimals & do office work part time. Computer skills & dedi ation to job is necessary. Cal

EARN \$500 A DAY:

Insurance Agents Needed * Leads, No Cold Calls * Commissions Paid Daily * Lifetime Renewals * Complete Training *
Health & Dental Insurance * Life
License Required. Call 1-888-713-6020

MULTIPLE OPENINGS

AVAILABLE Entry Level Position No Experience Required We Provide Full Training for Competitive Pay, Bonus Opportunities, Trip Incentives Call 410-616-0615 to set up an

BUSINESS OPPORTUNITIES

DRIVE TRAFFIC TO YOUR BUSINESS and reach 4.1 million readers

with just one phone call & one bill. See your business ad in 104 newspapers in Maryland, Delaware and the District of Columbia for just \$495.00 per ad placement. The value of newspapers advertising HAS NEVER BEEN STRONGER....call 1-855-721-6332 x 6 today to place your ad before 4.1 million readers. Email Wanda Smith @ wsmith@mddcpress.com or visit our website at

GARAGE/ YARD SALES

COMMUNITY YARD SALE Sat 7/18, 8am-1pm. Spaces \$10 Trinity U.M.C. 2100 Westchester

www.mddcpress.com

GARAGE/ YARD SALES

HOME IMPROVEMENT

Pole Building

Agricultural • Commercial • Residential

your FREE ESTIMATE. MHIC#36672

 More Efficient Cost Less

More Durable

Design Flexibility

(800) 331-1875

Stronger

HOWARD CO FAIRGRNDS Kids Nearly New Fall Sale Saturday, Sept 19th. 8a-1p 140 family booths selling everything for NB-teens. booth Info KNNsale.com

WET BASEMENTS STINK!!

Mold, mildew and water leakage into your basement causes health

and foundation damage. What can be done to fix the problem?

Allstate American Waterproofing is an honest, hardworking local company.

We will give you a FREE evaluation and estimate and a fair price. We

have repaired thousands of basements in the area; we can provide local

references. When your neighbors needed waterproofing, they called

Allstate American. Why don't you? Call now to receive a 20% discount with

CALL 1 800 420 7783 NOW!

SUNDAY BAZAAR AT THE Howard County Fairgrds Sunday. Sept 20. 9am-2pm Handmade Crafts, Antiques Collectibles, Vintage Flea Market, and much more! booth info HCSBazaar.com

VENDORS WANTED Mega Boutique "Shop 'Til You Drop" Sun 11/8, 10-5. B.T. Sisterhood Pikesville, MD. Spaces going quickly. Info: 410-484-3393

HEALTH & FITNESS

CANADA DRUG CENTER is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with sav-ings of up to 90% on all your medication needs. Call today 1-800-418-8975, for \$10.00 off your first prescription and free

GET HELP NOW! ONE BUT-TON SENIOR MEDICAL ALERT.
Falls, Fires & Emergencies happen. 24/7 Protection. Only \$14 99/mo Call NOW 888-772-9801

CPAP/BIPAP

supplies at little or no cost from Allied Medical Supply Network! Fresh supplies deliv ered right to your door. Insurance may

cover all costs. 800-902-9352 GOT KNEE PAIN?

Back Pain? Shoulder Pain? Get a pain-relieving brace -little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-900-540

LOWEST PRICES ON HEALTH INSURANCE We have the best rates from top companies! Call Now! 855-895-8361

HEALTH & FITNESS

HEALTH INSURANCE IS RE-OUIRED QUIRED. You might be pay-ing too much. It's time to stop wasting money. Get great cov-erage for less. Call today 1-888-753-3642

MPROVEMENT

40 Year

Warranty!

Serving our Customers for 30 Years

www.FettervilleSales.com

IF YOU OR SOMEONE YOU KNOW HAS TAKEN XARELTO and then suffered a serious bleeding event, you may be entitled to compensation. I

VIAGRA - PFIZER BRAND Lowest Price from USA Pharmacies. No doctor visit needed! Discreet Home Delivery. 855-684-5241

VIAGRA AND CIALIS USERS! 50 Pills SPECIAL - \$99.00. FREE Shipping! 100% guaranteed. CALL NOW! 855-409-4132

MERCHANDISE

KILL BED BUGS & THEIR EGGS! Buy Harris Bed Bug Killers, Complete Treatment System/KIT Available: The Home Depot, homedepot.com, Hardware Stores

MISCELLANEOUS

ACORN STAIRLIFTS. THE AF-FORDABLE solution to your stairs! **Limited time -\$250 stairs! **Limited time -\$250 Off Your Stairlift Purchase!** Buy Direct & SAVE. Please call 1-800-304-4489 for FREE DVD and brochure.

ADVERTISE YOUR PRODUCT OR SERVICE NATIONWIDE or by region in over 7 million households in North America's best suburbs! Place your clas-sified ad in over 570 suburban newspapers just like this one. Call Classified Aven at 888-486-2466

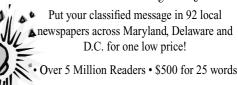
DISH NETWORK - GET MORE FOR LESS! Starting \$19.99/ month (for 12 months.) PLUS Bundle & SAVE (Fast Internet for \$15 more/month.) 800-278-1401

MISCELLANEOUS

MISCELLANEOUS

MISCELLANEOUS

Is your advertising BUSINESS TAKING A HIT?



Price is per week; add'l words extra. Frequency discounts available.

CALL MDDC PRESS SERVICE

1-855-721-MDDC x6 • www.mddcpress.com

MDDC CLASSIFIED AD NETWORK

NEED TO JAZZ THINGS UP?



Place a business card-size ad in 71 Maryland, Delaware and DC newspapers for one low price!

Over 3 Million Readers
 Only \$1,450 per week!

SAVE UP TO 85%

CALL MDDC PRESS SERVICE 1-855-721-MDDC x6 • www.mddcpress.com

Frequency discounts and ad size options also available.

LOTS & ACREAG

OWNER 800-888-1262

SUMMER GETAWAY BAR

GAIN CABIN AND 3+ ACRES

NEAR LAKE & PARK \$59,900
Perfect cabin shell on level park

like Parcel with easy access to town and Lake, shopping. Short

drive to DC Utilities on site

new perc. Ez financing CALL

MĎĎC 2x2 DISPLAY AD NETWORK

FREE \$50 WALMART GIFT CARD & 3 FREE

of YOUR FAVORITE MAGAZINES! To claim this free offer, Call 855-954-3224

GET CABLE TV. INTERNET & PHONE WITH FREE HD Equipment and install for under \$3 a day! Call Now! 855-752-8550

GET THE BIG DEAL FROM DIRECTV! Act Now- \$19.99/mo.

Free 3-Months of HBO, starz, SHOWTIME & CINEMAX FREE GENIE HD/DVR Upgrade! 2014 NFL Sunday Ticket Included with Select Packages. New Customers Only IV Support Hold ings LLC- An authorized DirecTV Dealer Some exclusions apply - Call for details 1-800-897-4169

KILL BED BUGS! Buy Harris Bed Bug killer Complete Treat-ment Program/Kit. Harris Mat-tress Covers add Extra Protection! Available: ACE Hardware. Buy Online: homedepot.com

KILL ROACHES! Buy Harris Roach Tablets. Eliminate Bugs-Guaranteed. No Mess. Odorless. Long Lasting. Available at Ace Hardware & The Home Depot

PLACE A BUSINESS CARD AD IN THE STATEWIDE DISPLAY 2X2 ADVERTISING NETWORK just one call, one bill and one ad placement in 82 newspapers

in Maryland, Delaware and DC TODAY! For just \$1450.00, Get the reach, Get the results and for Just Pennies on the Dollars Now...call 1-855-721-6332 x 6 or email wsmith@mddcpress

PLACE YOUR 2X4 AD IN THIS NETWORK IN 82 NEWS-PAPERS IN MARYLAND, DELAWARE AND DC for just \$2900.00. Reach 3.6 million readers every week with just one call, one bill and one ad. Call 1-855-721-6336 x 6 to place your ad or email wsmith@ mddcpress.com. Get the reach the results...maximize your advertising dollars TODAY!

REAL ESTATE

EQUAL HOUSING All Real Estate advertised

If you believe that you may

have been discriminated

against in connection

with the sale, rental or

call The United States

Department of Housing

and Urban Development.

VACATION RENTAL

OCEAN CITY, MARYLAND.

Best selection of affordable rentals. Full/ partial weeks. Call

for FREE brochure. Open daily.

Holiday Resort Services, 1-800

638-2102. Online reservations:

of housing,

1-800-669-9777

(HUD)

financing

herein is subject to the federal Fair Housing Act which makes it illegal to **REAL ESTATE** indicate any preference. CALL 302-545-0550 TODAY limitation or discrimination to see Completely Redesigned 4 Bedroom Single Family Home in LEWES, DELAWARE; Open based on race, color, religion, sex, handicap, Floor Plan features Living Room with CATHERAL CEILING; 2.5 Baths with TONS of Amenities; familial status or national origin, or an intention to Close to Beaches & Convenient make any such preference, Shopping - \$285,000 limitation or discrimination We will not knowingly WANT A LARGER FOOTPRINT accept any advertising in the marketplace consider advertising in the MDDC Display for Real Estate which is 2x2 or 2x4 Advertising Network Reach 3.6 million readers every week by placing your ad in 82 newspapers in Maryland, Delain violation of the law. All persons are hereby informed that all dwellings ware and the District of Columbia. With just one phone call advertised are available on your business and/or product will be seen by 3.6 million read-ers HURRY...space is limited, CALL TODAY!! Call 1-855-721an equal opportunity basis.

6332 x 6 or 301 852-8933 email wsmith@mddcpress.com or visit our website at www.mddcpress.com

Celebrate Birthdays & Anniversaries with a

"Happy Ad".

50% off already low private party rates.

Positive stories about positive people!

