

## 'Greatest movie musical of all time' hits Gorham stage

**GORHAM, ME** -- Get your tickets to GPAC's Singin' in the Rain Jr! Shows are at GMS on Aug 2nd 7pm, 3rd 2 & 7pm and the 4th at 2pm. Visit Gorham Arts Alliance website to secure your seats today!

About the musical:

The "Greatest Movie Musical of All Time" is faithfully and lovingly adapted by Broadway legends

Betty Comden and Adolph Green, from their original award-winning screenplay in Singin' in the Rain JR. Hilarious situations, snappy dialogue and a hit-parade score of Hollywood standards make Singin' in the Rain JR. a guaranteed good time for performers and audience members alike.

Singin' in the Rain JR. has all the makings of a



Tinseltown tabloid headline — the starlet, the leading man and a love affair that

could change lives and make or break careers! In silent movies, Don Lockwood and Lina Lamont are a hot item, but behind the scenes, things aren't always as they appear on the big screen! Meanwhile, Lina's squeaky voice might be the end of her career in "talking pictures" without the help of a talented young actress to do the talking and singing for her.

## Town of Gorham nomination papers now available

**GORHAM, ME** -- A Municipal election will be held on Tuesday, November 4, 2024 for the purpose of electing:

TWO (2) persons for Town Council to serve a 3 year term

TWO (2) persons for School Committee to serve a 3 year term

Nomination papers are available from the Town Clerk's Office beginning on Thursday, July 25, 2024. Completed nomination papers must be submitted to the Town Clerk's office no later than 5:00 p.m. on Thursday, September 5, 2024.

Any registered voter of the Town of Gorham, who is interested in running for any of these positions, must submit nomination papers with no less than 35 or more than 50 signatures of persons who are registered voters of the Town of Gorham.



Please contact the Town Clerk's Office at 222-1670 if you have any questions.

## Food truck Summer Thursdays bring dinner to Gorham

**GORHAM, ME** - Food truck Summer Thursdays hosted by the Economic Development Division are back, starting with the first event on the summer solstice - Thursday, June 20.

Folks can catch a rotating selection of food trucks every Thursday through September 28th at the Little Falls Recreation Area (664 Gray Road, Gor-

ham).

We offer a different selection of vendors each week (~7-8 total) from 4pm - 8pm, and the setting is very family-friendly complete with ample green space, music, and lawn games. It's the perfect way to spread out and enjoy a Maine summer afternoon at its finest.

This year, the Town is offering space to local or-

ganizations and businesses to engage the community and get the word out about exciting offerings and opportunities available to the Gorham.

We are grateful for the support of Gorham Savings Bank, which is sponsoring the purchase of 150 lawn chairs for visitors to utilize each Thursday. Beach blankets and chairs are still welcome!



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# Newsmakers, Names & Faces

## National Guard participates in cyber defense exercise

**AUGUSTA, ME** -- Maine National Guard Cyber Operations organizations participated in the 10th annual Cyber Yankee exercise, hosted by the Massachusetts National Guard, at Joint Base Cape Cod, Mass., May 6 to 17, 2024. This significant event provided critical training for the National Guard's Defensive Cyber Teams, enhancing their cyber capabilities, and fostering collaboration with industry partners across the New England region.

Cyber Yankee, recognized as the second largest exercise of its kind globally, evaluates a "whole-of-Government" response to significant cyber incidents involving critical infrastructure that directly affect the American people. Elements of critical infrastructure include gas, electricity, water, and other vital resources that our citizens depend on daily.

Maine is actively



developing a Cyber Response Team to collaborate with local, state, and federal government officials in the event of a cyber-attack involving Maine's critical infrastructure and cyber-based resources, said Lt. Col. Steven DeLong, Director of Cyber and Communications, Maine Air National Guard.

"Soldiers and Airmen who are cyber experts not only in the military but in their civilian jobs as drill status guardsmen, play a larger role in the threats we face on a daily basis, now more than ever," said

DeLong. The Maine Cyber Response Team, initially made up of 20 Airmen and Soldiers, displayed their skills in support of Maine's State Partnership Program (SPP) member, Montenegro, during a significant cyber incident in the fall of 2022. The team was activated and in the country within 14 days in an advise and assist role in helping restore Montenegro's critical information systems.

"Cyber Yankee brings not only the technical aspect of simulating 'real world' based cyber



incident scenarios in the network test range, but it also evaluates the decision-making process of the leadership roles that make those important calls on how to respond," said DeLong.

The exercise saw extensive collaboration among the Army and Air National Guard, Active and Reserve components of the U.S. military, various levels of government, and civilian industry partners including Avangrid, MIT Lincoln Labs, Booz Allen Hamilton, Security Onion, Eversource, Fed-

eral Energy Regulatory Commission, Teamworx Security, and Palo Alto Networks.

This year, for the first time, members of the U.S. Space Force and international partners were integrated into the exercise alongside National Guard units from ten different states. Uruguay, Cyprus, Kenya, and the Bahamas were among the SPP partners participating, with Israel joining through a bilateral agreement with Massachusetts.

During Cyber Yankee, five "blue" teams

of Soldiers and Airmen worked with civilian "orange" teams to defend networks against "red" teams simulating adversarial ransomware attacks. Despite challenges such as internet connectivity and account access issues, the exercise was deemed a success.

"From my interaction with the International Partners and the U.S. government and military personnel, I can say that the event did a great job meeting the training and integration objectives from both perspectives," said 1st Lt. Gordon Smith, International Partner Planning Lead.

Overall, Cyber Yankee underscores the critical role of defensive cyber operations within each state and highlights the National Guard's readiness and capability to execute this unique mission. It also facilitates enhanced security cooperation between industry partners, the Guard, and international allies.

## \$17.5M advances for Maine law enforcement, public safety

**WASHINGTON, D.C.** – U.S. Senator Susan Collins, Vice Chair of the Senate Appropriations Committee, announced that she advanced \$17,471,000 in Congressionally Directed Spending for Maine law enforcement and public safety upgrades. These projects were included in the Fiscal Year (FY) 2025 Commerce, Justice, and Science (CJS) and Transportation, Housing and Urban Development (THUD) Appropriations bills, which were official-

ly approved by the Senate Appropriations Committee today and now await consideration by the full Senate and House.

"It is critical that the men and women who make up Maine's finest and bravest have access to the most effective equipment to better protect themselves and our communities," said Senator Collins. "This funding would improve public safety efforts and emergency response capacity throughout Maine. As the Vice Chair of the Appropria-

tions Committee, I will continue to advocate for this funding as the appropriations process moves forward."

This funding advanced through the Committee's markup of the FY 2025 CJS and THUD Appropriations bills—an important step that now allows the bill to be considered by the full Senate. Committee consideration of legislation is a key part of regular order, which helps our government function efficiently and deliver results for the people of Maine and America.

*Local funding advanced by Senator Collins for Maine law enforcement and public*

*safety upgrades in the FY 2025 CJS and THUD appropriations bills is as follows:*

**Lewiston Police Department Public Safety Equipment**

Recipient: Lewiston Police Department; Project Location: Lewiston, ME; Amount Requested: \$2,073,000; Project Purpose: To purchase protective gear and other public safety equipment.

**Cumberland County Jail Public Safety Equipment**

Recipient: Cumberland County Sheriff's Office; Project Location: Cumberland County, ME; Amount Requested: \$77,000; Project Purpose: To purchase public

safety equipment.

**Portland Police Department Emergency Response Vessel**

Recipient: Portland Police Department; Project Location: Portland, ME; Amount Requested: \$325,000; Project Purpose: To purchase an emergency response vessel.

**Rumford Police Department Public Safety Equipment**

Recipient: Rumford Police Department; Project Location: Rumford, ME; Amount Requested: \$750,000; Project Purpose: To purchase public safety equipment.

Earlier this month, Senator Collins advanced nearly \$16 mil-

lion in Congressionally Directed Spending for Maine fire stations and emergency services in the FY 2025 Agriculture, Rural Development, and Food and Drug Administration Appropriations bill.

In 2021, Congress reinstated Congressionally Directed Spending. Following this decision, Senator Collins has secured more than \$1 billion for hundreds of Maine projects for FY 2022, FY 2023, and FY 2024. As the Vice Chair of the Appropriations Committee, Senator Collins is committed to championing targeted investments that will benefit Maine communities.

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# Newsmakers, Names & Faces

## Help make Windham's Class of 2025 Project Graduation a success!

WHS Class of 2025 Project Grad

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**WINDHAM, ME --** Project Graduation started in Oxford Hills, Maine, in 1980 to prevent post-graduation tragedies after 7 teens lost their lives due to alcohol and drug related activities. It provides a free post-graduation celebration for all seniors,

organized and funded by parents and the community.

With 265 students, the largest Windham class ever, we need to raise \$30K-\$40K. We're selling potted mums from now until August 24th, with pickup on September 20th

and 21st. Please email your completed order form to whsprojectgrad2025@gmail.com

Thank you!  
Class of 2025  
Questions? Contact:  
Lyndsay Stretch 207-318-2753 or whsprojectgrad2025@gmail.com

## Clothes galore at Gorham's Mission of Hope Clothes Closet

**GORHAM, ME --** The FREE Clothes Closet at Cressey Road Church (Mission of Hope Clothes Closet) is open to all who need Fellowship, Friendship and Clothes. We are located at 81 Cressey Road, Gorham, and we are open on the FIRST and THIRD Saturday of each month from 9 o'clock AM to 12 Noon.

We focus on clothes and accessories (gloves, scarves, hats, etc.) and welcome your donations

during our operating hours. Clean clothes in good shape help the most, as they go right out to help people locally or in nearby communities. An attempt is made to have season appropriate clothes available to you. After we have displayed them for a time, they are donated to our local second-hand shops.

In addition to helping folks find clothes, we want to spend time with you! There are tables to sit, talk and to share a cup of coffee

and usually a goodie with volunteers or others. Come see us! You might make a new friend. All are welcome!

Send all items for What's Going On to the Editor. Deadline is Friday by five.

## Maine Needs seeking donations

**PORTLAND, ME --** Can you help us with any of these items? These are things we are completely out of. Check our website for

the full list of what we're in need of currently and then come see us during donation hours: Tue 8am-8pm, Wed & Sat 10am-12pm.

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- tents

MAINENEEDS.ORG/DONATIONS

### What do you think?

We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers. Agree with us or another columnist? Disagree? Write to us and let us know! Email all submissions, including name, address and phone number, to the editor.

## WHY PEOPLE CHOOSE CHAMPOUX INSURANCE

**Jonathan Knowlton**  
Licensed Agent

*Jonathan Knowlton joined Champoux Insurance Group in February as an Account Executive, with 20 years of experience in the insurance and investment field. After graduating from Thomas College with honors, he went to work for MetLife as a personal financial representative. From there he worked for Allstate insurance and within 3 years, had opened his own agency on Sabattus Street in Lewiston. Jonathan closed the agency after 13 successful years. Making sure clients are educated about the risks they face and protecting them with auto, home, and life insurance products has always been important to him; local families truly are in good hands with him. Jonathan lives in Auburn with his wife and son and enjoys ice fishing, ATVing, hiking, growing hot peppers and volunteering with the Boy Scouts. Champoux Insurance Group welcomes Jonathan to our Team.*

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All submissions, including photos, must be emailed to [editor@GorhamWeekly.com](mailto:editor@GorhamWeekly.com).

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## Seniors Not Acting Their Age

# Navigating Windy Quahog Bay



Kayakers paddle into the wind towards Yarmouth Island



Andrea Reising enters upper Quahog Bay



Paddlers search for a lunch spot on Quahog Bay

One of the benefits of being a member of the Penobscot Paddle & Chowder Society is that if you want to organize an impromptu outing, there is usually someone available to join you. That was true when I recently decided to organize a sea kayak trip on Quahog Bay near Cundy's Harbor.

Hot, sunny but windy weather was forecasted for the following day. Peninsulas and islands surrounding the bay appeared to offer partial protection from predicted gusty southwest winds. A club email resulted in two Chowderheads, Andrea Reising and Eggman DeCoster, agreeing to join me on short notice.

Situated in the middle and south of the horse-

shoe-shaped Sebascodean Great Island, Quahog Bay offers paddlers opportunities to explore a multitude of islands and inlets. A circumnavigation of substantial Yarmouth Island is often an option.

The best kayak access to Quahog Bay is a tiny boat landing at Bethel Point, a couple of miles west of Cundy's Harbor on Sebascodean Great Island. The congested launch area located next to a working lobster fishing dock offers a handful of public parking spaces. Additional parking is available nearby for a nominal fee.

Three of us met at Bethel Point on a steamy late June morning. As predicted, wind was gusting out of the southwest. We

were the first boaters on the scene, so we occupied the convenient public parking spaces.

The often busy landing ramp is used by fisherman, recreational boaters, kayakers, and those commuting to and from homes and cottages on the islands, particularly Yarmouth. There was no competition when we embarked in calm water. Low tide had occurred an hour earlier so it was rising.

Despite the windy weather, we decided to test the conditions on the west side of Yarmouth Island, situated directly south of the landing. Turning the northwest corner into lower Quahog Bay, we immediately encountered a strong headwind. Relief

from the unrelenting gale was found in a narrow channel between Yarmouth and Little Yarmouth Islands. Unfortunately, the tidal level was insufficient to allow a traverse through the entire scenic corridor

Unwilling to persist into the wind, we decided against a Yarmouth Island circumnavigation. Instead, we ferried out into the bay and turned north. The result was instant bliss. Our upper bodies acted as small sails as we rode the wind and tide past Pole Island into the protected confines of upper Quahog Bay.

The strong flood tide helped propel us towards the northern terminus of the bay. A narrow inlet at the top seemed ripe for exploration. We navigated deep into the attenuated passageway where it ended at a collection of cottage docks.

Reentering the bay, we progressed east along the northern shore sheltered from the wind by several islands populating the area. We were in search of a Maine Island Trails Association (MITA) campsite, our intended lunch spot.

Eggman's topo map indicated the MITA site was on a small island east of the largest, Snow Island. However, precisely which island was unclear. We investigated two without success.

Andrea disembarked on the northern tip of an elongated twisting island with forested patches on both ends. We were in luck. She had landed at the Little Snow Island MITA site. Another campsite is located on the southern sector of the island. We stopped for a leisurely lunch on scenic ledges adjacent to the camping area.

From Little Snow, we paddled due south to a prominence of land on the southeastern arm of Sebascodean Great Island. Temporarily secure from the wind, we anticipated a powerful blast when angling southwest. Hugging the shore, we were relieved to find a passageway free of strong winds. Except for a brief blustery broadside turning east, we experienced relatively benign conditions proceeding to the landing.

Unlike the beginning

of the day, the ramp at the landing was bustling with activity during our return. As three Chowderheads approached, a motorboat was departing. A large pleasure craft was preparing to launch when we disembarked. In no rush after a thoroughly enjoyable day, we pulled our kayaks off to the side to permit the vessel an unencumbered departure.

My book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine* narrates numerous sea kayak exploits along the Maine coast from Casco Bay to the Bold Coast.

Ron Chase resides in Topsham. His latest book, *"Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine"* is available at [www.northcountrypress.com/maine-al-fresco](http://www.northcountrypress.com/maine-al-fresco) or in bookstores and through online retailers. His previous books are *"The Great Mars Hill Bank Robbery"* and *"Mountains for Mortals - New England."* Visit his website at [www.ronchase-outdoors.com](http://www.ronchase-outdoors.com) or he can be reached at [ronchaseoutdoors@comcast.net](mailto:ronchaseoutdoors@comcast.net)

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# Ag Secretary Vilsack visits Brunswick Farmers' Market

**BRUNSWICK, ME** – U.S. Department of Agriculture (USDA) Secretary Tom Vilsack announced from the Brunswick Farmers' Market that USDA is partnering with farmers and small businesses to expand access to clean energy and lower energy bills through the Rural Energy for America Program (REAP) and the Rural Energy for America Technical Assistance Grant Program (REAP TAG). USDA Rural Development Maine State Director Rhiannon Hampson joined Secretary Vilsack to announce forty-one REAP grants totaling \$2.4 million for small rural businesses and farms in Maine.

"Maine is leading the way in REAP grants, making meaningful investments in our food system and making a difference for farmers' bottom lines," said Director Hampson. "I lead' is not just our state motto, it is a way of doing business. That is certainly true at USDA Rural Development, where we are putting Inflation Reduction Act funding to the highest and best use supporting small businesses and agricultural producers."

Today's announcement followed an Investing in America Town Hall Meeting held by Secretary Vilsack at the University of

Maine in Orono on Thursday. There he underscored USDA's focus on increasing income, reducing costs, and enhancing the resiliency of rural businesses and agricultural producers. The Secretary also discussed the importance of farms and small businesses for rural communities and the "ripple effect" they can have on everything from the food supply to economic development to rural healthcare availability.

To further emphasize the value of diverse farms to rural economies, Secretary Vilsack delivered today's REAP announcement at the Brunswick Farmers' Market. "The Biden-Harris Administration is partnering with people in rural communities across our nation to expand access to clean energy and save rural Americans money," Secretary Vilsack said. "We are hard at work, continuing what we've always done, supporting rural small businesses and farmers as they create jobs for their communities and drive economic prosperity." He met with farmers and market members, and several joined him for the announcement.

REAP enables agricultural producers and rural small business owners to expand their use of wind, solar, geothermal



Secretary Tom Vilsack at the podium during his Investing in America Town Hall address at the University of Maine in Orono last Thursday afternoon.

and small hydropower energy and make energy efficiency improvements with grants to pay for up to 50% of project costs. Thus far under the Inflation Reduction Act, Rural Development has invested \$226 million in 155 REAP projects in Maine.

Maine State Director Hampson has prioritized supporting REAP projects under \$20,000 with a portion of the available funding. "It has been important to me to create an equity of access to these dollars, allowing small projects and small businesses to have just as many opportunities as the big guys," she said today. "For USDA, 'In-

vesting in America' means investing in rural businesses, farms, and food producers, one dollar at a time."

Examples of the awards being announced today include:

Copper Tail Farm, a Waldoboro goat dairy and member of the Brunswick Farmers' Market, will use a \$16,700 REAP grant to install an 18.8kW roof mount solar photovoltaic system.

The Bankery and Skowhegan Fleuriste LLC will use a \$35,000 REAP grant to install a 21kW roof-mount solar photovoltaic system on the company's downtown Skowhegan bakery and floral shop.

TLK Real Estate Holdings LLC (The Lost Kitchen) in Freedom will use a \$69,000 REAP grant to install a new generator as a retrofit to its existing hydroelectric system. This project is expected to save \$12,424 per year.

A complete list of all Maine REAP projects can be found online.

REAP Technical Assistance Grants:

Among the forty-one Maine REAP grants announced today were two REAP Technical Assistance Grants. Coastal Enterprises Inc. (CEI) was awarded a \$100,000 REAP TAG and Island Institute secured a \$150,000 REAP TAG. Both nonprofit organizations will use the funding to recruit and assist rural small business owners and agricultural producers in applying for REAP grants, prioritizing people in distressed or disadvantaged communities.

Rockland-based Island Institute has an established track record supporting businesses on the working waterfront. "By stabilizing energy costs, improving resilience and reducing carbon emissions, clean energy solutions create a 'win-win-win' for Maine's island and rural coastal businesses," said Kim Hamilton, President

of Island Institute. "With funding from Rural Development's REAP TAG, Island Institute will build on decades of work with small owner-operated fishermen, sea farmers and marine businesses to make sure they can access USDA resources to make their clean energy transitions possible."

Betsy Biemann, CEO of Cooperative Enterprises, Inc (CEI), noted that the REAP TAG grant would help that organization support sustainability for businesses around the state. "This grant will enable CEI to work with owners of small businesses and farms, helping them and Maine's rural communities have greater access to clean energy and energy efficiency improvements through the USDA REAP program," she said. "This in turn will help these rural businesses to reduce their energy costs and be more resilient in the face of the changing climate." Biemann hosted Secretary Vilsack, Director Hampson, Maine Department of Agriculture, Conservation and Forestry Commissioner Amanda Beal, and USDA program beneficiaries for a conversation at CEI in Brunswick prior to the grant announcement at the farmers' market.

# Maine game wardens offer career information session

**MAINE** -- Have you considered becoming a Maine Game Warden and want to learn more about the position, qualifications, and hiring process? Here's your chance to find out! Meet with current staff and discover how to start down a path towards this challenging and rewarding opportunity in the Maine outdoors. Participants are encouraged to ask any questions they may have for our game wardens.

Working in the beautiful Maine outdoors every day is a dream of many.... But what other perks come with serving as a Maine Game Warden?

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hicle, watercraft, snowmobile, ATV, computer, telephone, GPS, digital camera, and a variety of other state-of-the-art equipment and apparel)

Upward and lateral mobility and rewarding specialty paths (K9 team, dive team, airboat operator, and more)

No day is the same, and each season brings on new challenges and views

The reward of protecting Maine's natural resources and those who enjoy them

We have three in-person career information nights coming up this September! Sign up today:

Bangor - Wednesday, September 4 from 6:00pm - 8pm

Gray - Friday, September 13 from 5:00pm - 7pm

Sidney - Saturday September 14 at 12:00pm - 2pm

If you can't make it to the in-person career information sessions, register for an online zoom meeting on Tuesday, September 10th from 6-8pm. Maine Game Wardens are excited to answer any re-

cruitment questions you may have.

Can't make it to one of the scheduled sessions? Maine Game Wardens are always happy to answer your questions or meet with you one-on-one to talk about this unique career path. Click here to set up a time to meet with a recruiter or ask a question.

Learn more about becoming a Maine Game Warden at [mainegame-warden.com/gethired](http://mainegame-warden.com/gethired)

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# Arts & Entertainment

## West Buxton Library hosts ongoing Writer's Workshops

**BUXTON, ME** -- Summertime, a time for family reunions, picnics, storytelling by the campfire. What if you wrote down these stories, capturing them for the next generation? Let's not lose our unique family customs, odd habits, and Grandma's sayings.

You're invited to join

Writer's Workshops, meeting monthly, 2nd Wednesday, 6:30PM to 8:30PM. These workshops are funded by the Narragansett Number One Foundation and sponsored by the West Buxton Public Library. There are no fees, no pre-requisites, and spelling doesn't count. These workshops are for

adults. We are friendly, non-judgmental, and encouraging. After three years meeting as a Memoir Group, we are expanding to include all genres of creative writing.

FMI and the Zoom link, contact Lorraine at lindcabin@gmail.com.

## Grand adventures abound with Gorham Arts Alliance

**GORHAM, ME** -- Beginning this Fall of 2024, GAA will be hosting a Performing Arts After School Program for students in grades 2nd-5th and 6-8th at the Performing Arts Center

located at 34 School St. This program will be filled with classes (audition prep, acting, improv, music theory, vocals, theater tech and musical theater dance) specifically designed for the young

performing artists who want to accelerate their knowledge of 'all things theater'.

Visit the Gorham Arts Alliance at <https://gorhamarts.org/fall-shows> to learn more.

## Standish Summer Spectacular has something for everyone



**STANDISH, ME** -- Come and join us on August 3rd for an amazing day of family fun!!

12:00 pm - Standish Summer Spectacular Parade (Parade Start - Standish Congressional Church; Parade End - Randall Orchard)

1:30 pm - Standish Spectacular Event at Standish Memorial Park at 670 Ossipee Trail West

Live music from 4:30 - 5:30 pm - Daniel Wolfe; 6:00 - 7:30 pm - Andi Fawcett Duo

Amazing Food Trucks & Snacks including Mainely Meatballs; PB & ME; Fahie Fair Foods; kettle corn; snow cones

Tons Of great activities including bounce houses, rock wall, games, petting zoo, pony rides,

face painting, bounce slides, kite making kits, AND MUCH MORE!!!!

9:00 pm - FIREWORKS!!

**Send all items for What's Going On to the Editor. Deadline is Friday by five.**

## Learn on the Lawn at Gorham's Baxter Memorial Library

**GORHAM, ME** -- Join Gorham's Baxter Memorial Library for fun opportunities with Learn on the Lawn on Thursdays 10:00am-11:00am:

Thursday, August

8th—Sea Turtle Tracks Presented by: Marine Mammals of Maine

Join us in the Youth Services department to learn about Maine's sea turtles. Learn about the basic biol-

ogy, ecology, conservation, and the threats that sea turtles face in Maine and globally.

This program is for all ages! Children under 8 years old need adult supervision.

Lewiston-Auburn  
**COMMUNITY LITTLE THEATRE**  
*presents*

# the PROM

Music by Matthew Sklar  
Book & Lyrics by Chad Beguelin & Bob Martin

Director - Jennifer McClure Groover  
Assistant Director - Myranda Michaud  
Music Director - Paul G. Caron  
Choreographer - Adelyn Bell  
Stage Manager - Brian Pfohl  
Producer - Sophia Wood

Fri-Sat, Aug 9 -10, 2024 at 7:30 p.m.  
Sun, Aug 11, 2024 at 2:00 p.m.  
Thu-Fri, Aug 15-16, 2024 at 7:30 p.m.  
Sat-Sun, Aug 17-18, 2024 at 2:00 p.m.

For tickets or info call 783-0958 or visit LACLT.com  
Tickets : \$25 adults • \$22 seniors & students • \$17 (children under 13)  
includes all taxes and fees

Great Falls Performing Arts Center, 30 Academy Street, Auburn, ME

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**TUESDAY** ADULT DAY TRIP  
**SEPTEMBER 24**  
**9:30AM-3PM**

# Cumberland County Fair

Come with us to the 152nd Annual Cumberland County Fair. Tuesday is Senior Day and admission is only \$6!

**\$5+**

Cost includes round-trip transportation to and from the Community Center only. Admission (\$6), food, and spending money are on your own.

To register, please visit:  
[www.WestbrookCommunityCenter.org](http://www.WestbrookCommunityCenter.org)  
or call 207-854-0676

# Critical call for blood, platelet donors: Help save lives now

**PORTLAND, ME** — The American Red Cross urges donors to give blood or platelets now to reinforce the blood supply as much as possible before the summer winds down. Type O blood donors and those giving platelets are especially needed to help keep hospital shelves stocked through August.

Donors remain critically needed to support the Red Cross delivery of vital blood products, which are in demand around-the-clock as hospitals work to save lives this summer. When fewer people answer the call to donate, the blood supply can quickly shrink. Help safeguard necessary care for patients — book a time to give blood or platelets by visiting [RedCrossBlood.org](http://RedCrossBlood.org), calling 1-800-RED CROSS or by using the Red Cross Blood Donor App.

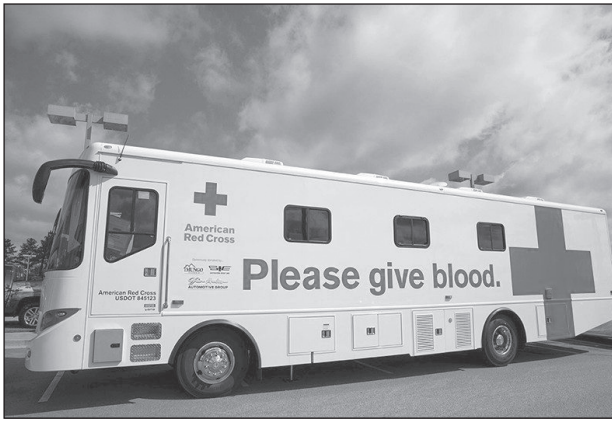
In thanks, those who come to give Aug. 1-31, 2024, will get a \$20 Amazon.com Gift Card by email. See [RedCrossBlood.org/Help](http://RedCrossBlood.org/Help) for details.

Upcoming blood donation opportunities Aug. 1-15

**Androscoggin**  
Lewiston  
8/12/2024: 9 a.m. - 1:30 p.m., Saint Marys Regional Medical Center, 99 Campus Ave.

**Cumberland**  
Brunswick  
8/9/2024: 11 a.m. - 4 p.m., Martins Point Healthcare, 114 Bath Road  
Falmouth  
8/3/2024: 9 a.m. - 2 p.m., Saco Bay Orthopaedic & Sports Physical Therapy, 325 US-1

8/14/2024: 12 p.m. - 4:30 p.m., Lunt Auditori-



um, 74 Lunt Road  
Freeport  
8/8/2024: 12:30 p.m. - 5 p.m., Freeport Harra-  
seeket Grange #9, 13 Elm  
St

Gorham  
8/1/2024: 1 p.m. - 6  
p.m., Cressey Road Chris-  
tian Church, 81 Cressey  
Road

8/15/2024: 1 p.m. - 6  
p.m., Cressey Road Chris-  
tian Church, 81 Cressey  
Road

New Gloucester  
8/14/2024: 9 a.m. - 3  
p.m., The Commons, 59  
Pineland Drive

Portland  
8/7/2024: 10 a.m. -  
2:30 p.m., Portland Elks  
Lodge, 1945 Congress St.

8/12/2024: 9 a.m. - 3  
p.m., Merrill Auditorium,  
20 Myrtle Street

South Portland  
8/5/2024: 9 a.m. - 2  
p.m., Reform Physical  
Therapy, 525 Main St  
Standish

8/8/2024: 12 p.m. - 5  
p.m., Gardenside Condo

Association, 12 Garden-  
side Drive

Westbrook  
8/9/2024: 12 p.m.  
- 4:30 p.m., Westbrook  
Community Center, 426  
Bridge Street

Windham  
8/2/2024: 10 a.m. -  
3 p.m., North Windham  
Union Church, 723 Roos-  
evelt Trail, Route 302

Yarmouth  
8/9/2024: 12 p.m. -  
5 p.m., American Legion  
Post 91, 196 Main St

How to donate blood  
Simply download  
the American Red Cross  
Blood Donor App, visit  
[RedCrossBlood.org](http://RedCrossBlood.org), call  
1-800-RED CROSS (1-  
800-733-2767) or enable  
the Blood Donor Skill on  
any Alexa Echo device to  
make an appointment or  
for more information. All  
blood types are needed to  
ensure a reliable supply  
for patients. A blood donor  
card or driver's license or  
two other forms of iden-  
tification are required at



check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at [RedCrossBlood.org](http://RedCrossBlood.org).

[RedCrossBlood.org/RapidPass](http://RedCrossBlood.org/RapidPass) or use the Blood Donor App.

Amplify your impact — volunteer!

Another way to support the lifesaving mission of the Red Cross is to become a volunteer blood donor ambassador at Red Cross blood drives. Blood donor ambassadors help greet, check in and thank blood donors to ensure they have a positive donation experience.

Volunteers can also serve as transportation specialists, playing a vital role in ensuring lifesaving blood products are delivered to nearby hospitals. For more information and to apply for either position visit [redcross.org/volunteertoday](http://redcross.org/volunteertoday).

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# TOPS recognition given to Gorham woman

**GORHAM, ME** — TOPS Club, Inc. (Take Off Pounds SensiblySM), the nonprofit weight-loss support organization, has begun unveiling its top “royalty” for 2023. TOPS® royalty are women and men who have officially recorded the largest weight loss from their starting weight at the end of the year, regardless of the time taken to reach their goal. Maria Spofford of Gorham, who lost 139.6 pounds, is the 2023 Maine Queen. She was honored on April 13 at the Maine recognition event at the Augusta Civic Center.

TOPS provides an individual approach to weight loss and overall wellness. Consistent group support, health education, and recognition are all key components to successful weight management. Maine has an adult obesity rate of 33.1%, and in 2023, TOPS members in Maine lost a cumulative 5,057 pounds.

“All of us in TOPS



Maria Spofford of Gorham, in her ‘before’ photograph.

are immensely proud of our members’ weight-loss achievements,” said TOPS President Rick Danforth, who maintained a 100-pound weight loss for 15 years. “Through their TOPS membership, these

individuals can honor their life-altering successes, other members, and those who have preceded them. By maintaining their allegiance to lifestyle modifications, a hallmark of TOPS’ winning formula, TOPS members



Spofford, after having lost 139.6 pounds, was named the 2023 Maine Queen.

apply the tools they’re provided and the backing of their peers to attain their weight loss goals.”

Weekly meetings are the heart of TOPS support, whether they are held in person or online. In-per-

son meetings start with an optional weigh-in, with members then sharing challenges, successes, or goals, followed by a brief program covering a variety of health and wellness topics, and may conclude

with awards and recognition for the week. Visitors can attend their first TOPS in-person meeting free of charge and are encouraged to try more than one chapter since they’re all a little different.

For online membership, meetings are conducted via Zoom and are offered at least five times during the week. The meeting starts with members disclosing challenges, successes, or goals. Next, the online facilitator presents a prepared program and sometimes includes guest speakers who share their expert views on fitness, nutrition, and more. Meetings conclude with action steps related to the program presented.

Membership is affordable, starting at \$49 per year in the U.S. and \$59 annually in Canada, plus nominal chapter fees. Join TOPS, visit [www.tops.org](http://www.tops.org), or call 800-932-8677 to learn more about TOPS and to find a local chapter.

# Sen. Collins’ All-American Flag Act to be signed into law

**WASHINGTON, D.C.** — Senator Collins has announced that the All-American Flag Act, legislation she introduced with Senator

Sherrod Brown (D-OH), passed the House of Representatives and now heads to the President’s desk to be signed into law. This bipartisan

bill requires the government to only buy flags completely produced and manufactured in the United States. In 2017, the U.S. imported 10 million

American flags including 50,000 from China. This bill passed the Senate on November 2, 2023.

“The American flag serves as a symbol of our identity, resolve, and values as one people. To honor its significance, the federal government should only use flags entirely manufactured in the United States,” said Senator Collins. “This bipartisan legislation would

ensure that the symbol of our nation is preserved while supporting American jobs and manufacturers.”

Currently, the federal government must buy flags that contain only 50 percent American-made materials. The All American Flag Act would require the government to buy flags that are produced entirely with American-made materials and

manufactured completely in the United States. According to the U.S. Department of Commerce and U.S. Census Data, in 2015 the dollar value of U.S. imports of American flags was \$4.4 million. Of that amount, \$4 million of imported flags came from China. In 2017, the U.S. imported 10 million American flags. Of those, all but 50,000 came from China.

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<sup>\*</sup> Earn \$30 bonus for each \$1,000 transferred to a new or existing ECU Sun Select Credit Card during the promotional period, not to exceed \$450. Balance transfers must occur during the promotional period ending 12/31/2024, in order to be eligible. The bonus is payable 60 days after the month-end in which the balance transfer took place and the credit card must remain open at time of deposit. Some restrictions apply. For more information, including bonus eligibility, visit [egcu.org/credit](http://egcu.org/credit).

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# Bands Behind the Barn to support scholarships for therapeutic riders

**BUXTON, ME --** Get ready for a rocking good time with Bands Behind the Barn - live music, cold drinks, and good vibes all night long!

Welcome to Bands Behind the Barn! A Benefit Concert where all proceeds go towards Scholarships for Therapeutic Riders at Hearts & Horses Farm!

Saturday, September 14 · 12 - 7pm at 63 Justin Merrill Road Buxton, ME 04093

Join us at Hearts & Horses Therapeutic Riding Center for a day filled with live music, good vibes, delicious food, and great company.

Get ready to dance the night away with talented bands playing all your favorite tunes. This in person event is the perfect way to spend the day with friends, family and horses. Don't miss out on this unforgettable experience - mark your calendars now!

Our Musical Line-up...

- 2 For Jackson
  - Andi Faucett
  - Laurie Jones
  - Two Minutes Out
  - Chris Loviett
- \$12.00 each or \$25.00 per family OR you can pay at the gates. Bring your lawn chairs, your whole family and meet us there.



# Community garden at Cressey Road Christian Church, Gorham

**GORHAM, ME --** If picking your own grown juicy tomato and crispy greens is on your bucket list, try gardening at Cressey Road Christian Church Community Garden in Bucket Step planters, ready for planting, no fees, and PFAS free.

Bucket Steps were built by Eagle Scout candidate Christopher Bolton with help from his troop, scout leader Kelly Deprez, and Rick Smart. Bucket Steps have 3 rows,

with 4 buckets each. You may share a bucket step unit with someone. Bucket Steps are user friendly planters with minimal bending required. This

is just a beginning as we continue building raised garden units offering planting boxes and veg-trugs. Bucket Steps are available now on a first

come, first served basis. To use one of these planters, please contact Lorraine lindcabin@gmail.com for guidelines and an application.

# \$33M in EPA grants to clean, redevelop Maine industrial sites

**WASHINGTON, D.C. --** U.S. Senators Susan Collins and Angus King announced today that a total of \$33 million in federal brownfields funding has been awarded for the assessment and clean-up for 13 sites in Maine. The federal grants, awarded by the U.S. Environmental Protection Agency (EPA), will assist local communities as they work to redevelop these contaminated sites to improve and promote future economic development.

A brownfield site is a property that contains a hazardous substance, pollutant, or contaminant that can hinder the potential to reuse or redevelop the site. The EPA's Brownfields Program assists states and local communities as they assess, safely clean up, and reuse brownfield sites for economic development projects.

"The Brownfields Program has been critical to Maine, helping local communities promote redevelopment efforts and drive economic growth," Senator King said. "With the assistance of this program, we have seen communities throughout the state successfully convert previously unusable liabilities into productive assets - particularly in rural Maine. In addition to cleaning up hazardous substances and improving our environment, this investment will help Maine communities

create new economic development opportunities to attract businesses that create good jobs for Maine people. This funding will build on past successes and help these communities move forward into the future." The funding is allocated as follows:

- Southern Maine Planning and Development Commission - \$500,000
- RLF Supplemental Grant - \$3,500,000
- Westbrook, ME - \$4,000,000
- Eastern Maine Development Corporation - \$3,000,000
- Kennebec Valley Council of Governments - \$500,000
- Lincoln, ME - \$5,000,000
- Maine Department of Economic Community Development - \$3,500,000
- Our Katahdin - \$5,000,000
- Piscataquis County Economic Development Council - \$1,000,000
- Portland Housing Development Corporation - \$1,000,000
- Sanford, ME - \$5,500,000

Senators Collins and King have been longtime advocates of the Brownfields Program. They previously announced \$24.2 million and \$1.5 million to cleanup Brownfields and revitalize communities across Maine. This latest round of funding was supported by the bipartisan Infrastructure law, co-sponsored by both Collins and King, which included a \$1.5 billion boost for the Brownfields program.

Send all items for Names & Faces to the editor. Deadline is Friday by five pm.



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**THE GAHS GOLDEN PAW AWARDS**

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Thursday, September 12th, 2024  
5:00pm - 9:00pm  
Royal Oak Room, Lewiston

Dinner buffet by Grazi To Go!

Special Guest Performance by Julia Gagnon!

Get Your Tickets Today to Benefit the Greater Androscoggin Humane Society  
[www.gahumane.org/goldenpawawards](http://www.gahumane.org/goldenpawawards)

# HART's annual yard sale at Cumberland Fairgrounds is back

**CUMBERLAND, ME** - The Homeless Animal Rescue Team (HART) of Maine, an adoption center & shelter for cats in Cumberland, is pleased to announce their huge annual Yard Sale is back at the Cumberland Fairgrounds, Thursday, August 8 through Sunday, August 11, 2024. Admission is free. All proceeds from items sold at HART's flagship fundraising event will go directly to providing essential care for the hundreds of cats they take in every year.

The money raised will help pay for food, litter, general medical care, and the costs associated with the more complex medical needs that some surrendered cats require to survive, thrive, and be ready for adoption.

Sarah Michniewicz, HART Board Vice President, long-time volunteer, and organizer of HART's Yard Sale, noted, "It's been incredible to watch the excitement and enthusiasm for this event grow every year. Last year we gen-

erated just over \$69,000 for HART. This year, we are hoping to exceed that amount, with a goal of \$75,000. And I know we can do it, based on the generous support of our community and our many dedicated volunteers, who make it all happen."

## SIP & SHOP PREVIEW

On Wednesday evening, August 7, 2024, from 4:30 p.m. - 7:15 p.m., HART will open the Yard Sale doors early for a Sip & Shop Preview event. A \$28 presale admission fee (\$30 at the door) will allow shoppers exclusive early access to the Yard Sale, snacks and a complimentary beverage. This is always a fun evening, complete with DJ, a gourmet pie sale, exciting raffles, and great conversation with treasure seekers and fellow cat lovers. Presale tickets are available on HART's website: <https://hartofme.org/calendar-of-events/2024-yard-sale-sip-and-shop>

## DONATIONS AND VOLUNTEERS STILL

**HART**  
HOMELESS ANIMAL RESCUE TEAM'S ANNUAL  
**YARD SALE**  
AUGUST 8-11, 2024  
EXHIBITION HALL, CUMBERLAND FAIRGROUNDS  
FREE ADMISSION • THUR-SAT 8AM-6PM • SUN 8AM-NOON  
Shop thousands of treasures, find great deals, and pick up delectable treats from our Bake Sale table. All proceeds from this flagship fundraising event go directly to providing essential care for the hundreds of cats we take in every year.

**SIP AND SHOP PREVIEW EVENT**  
WEDNESDAY AUGUST 7 • 4:30-7:15PM  
Early access to the yard sale, beverage, and snacks.  
\$28 tickets online / \$30 admission at door  
Details and tickets available at [hartofme.org](https://hartofme.org)

**FOR MORE INFORMATION:**  
[HARTOFME.ORG](https://HARTOFME.ORG) | 207-829-4116

## WELCOME

HART is accepting donations of items to sell at the Yard Sale through Noon on Sunday, August 4 at their shelter at 302 Range Road in Cumberland. Then, HART will continue to accept items (especially furniture) at the

Cumberland Fairgrounds Exhibition Hall, Monday, August 5 through Wednesday, August 7, 8 a.m.- 6 p.m. and Thursday, August 8, 8 a.m.-12 Noon. They are looking for previously loved yet delicately used (or new!) furniture, home decor, kitchen gadgets,

small appliances, clothing, toys, tools, garden equipment, holiday decorations, collectibles, books, and more.

For a complete list of needed items, as well as those they cannot accept visit their website: <https://hartofme.org/calendar-of-events/2024-yard-sale>

Homeless Animal Volunteers are still welcome to help set up for and during the event. For more information on volunteering, visit their website: <https://hartofme.org/calendar-of-events/2024-yard-sale>

## ABOUT HART'S ANNUAL YARD SALE

Admission to HART's Annual Yard Sale is free. The event runs Thursday, August 8 - Saturday August 10, 2024 from 8 a.m. - 6 p.m. and Sunday, August 11, 2024 from 8 a.m. - Noon. The Yard Sale is located in the Exhibition Hall at the Cumberland Fairgrounds, 197 Blanchard Road, Cumberland, Maine 04021.

HART (Homeless Animal Rescue Team) of

Maine is a no-kill shelter and adoption center for cats in Cumberland, Maine. HART's mission is to provide refuge, comfort, and comprehensive medical attention for all cats that have been surrendered, abandoned, injured, or abused and find appropriate community placements for them. HART is a primarily volunteer-run organization that provides a safe refuge to hundreds of homeless cats each year. They receive no public funding and rely on the support of individual donors, foundations, businesses, and a committed group of volunteers to help them rescue and provide shelter for these innocent animals.

HART is a 501(c)3 non-profit corporation licensed by the State of Maine. HART is a member of the American Humane Association, the American Partnership for Pets, and the New England Federation of Humane Societies. To learn more about HART, please visit [hartofme.org/about](https://hartofme.org/about)

# \$430K awarded to organizations serving BIPOC communities

**PORTLAND & ELLSWORTH, ME** - The Maine Community Foundation (MaineCF) awarded \$430,000 to organizations serving Black, Indigenous and people of color (BIPOC). MaineCF's BIPOC Fund awarded 39 grants totaling \$350,000. Donors with advised funds at MaineCF awarded an additional 13 grants totaling \$80,000.

2024 grantees include:

Food for All, to provide food-insecure immigrants with access to culturally relevant food

Generational Noor, to build awareness and access to substance use disorder and mental health services for Black, immigrant and people of color throughout Maine

Khmer Maine, to improve the quality of life and social and economic wellbeing of Cambodians in Maine.

This year, MaineCF committed to funding BIPOC Fund grantees for two years. Grantees will receive a second disbursement in 2025. The appli-

cation for the next grant cycle will open on Feb. 15, 2026.

This grant program is designed to help BIPOC people in Maine achieve greater equity by investing in nonprofit organizations; changing policies and practices that negatively impact BIPOC people because of their race; and supporting efforts to alleviate the impact of race-based discrimination and disparities.

The fund was established in 2007 and leaders from various racial and ethnic communities around the state comprise its advisory committee. This year's BIPOC Fund was boosted by funding from the Rockefeller Family Fund, Maine Health Access Foundation and the Abbagadasset Family Fund.

Learn more about the BIPOC Fund and view all the recent grantees, visit [www.mainecef.org/bipoc](https://www.mainecef.org/bipoc). For more information, contact Senior Community Partner Gloria Aponte C. at 207-412-0847 or [gapon-teclarke@mainecef.org](mailto:gapon-teclarke@mainecef.org).



**The Community Conservation Initiative (CCI) engages immigrant communities in Greater Portland in environmental conservation work. CCI received a grant from the Maine Community Foundation's Black, Indigenous and People of Color Fund for its work. Photo courtesy CCI**

The Maine Community Foundation brings people and resources together to build a better Maine through strategic giving, community leadership, personalized service, local expertise and strong investments. To learn more about the foundation, visit [www.mainecef.org](https://www.mainecef.org).

2024 Grants  
Afghan Community, to help unify, educate and empower Afghan women through classes, skills, events and other means to integrate them into Maine communities: \$10,000  
AK Health and Social

Services, to promote health equity, economic justice and social wellbeing for immigrants, refugees, asylum seekers and BIPOC communities in Maine: \$10,000

Black Owned Maine, for a sustainable, innovative ecosystem of Black entrepreneurs: \$10,000

Bomazeen Land Trust, for the rematriation, perpetual protection and healing of ancestral Wabanaki spaces: \$7,500

Community Conservation Initiative, to engage Greater Portland immigrant communities in en-

vironmental conservation work: \$10,000

Community Organizing Alliance, to uplift and center the voices, narratives and lived experiences of Black, Indigenous, people of color to shape and change the landscape of their community: \$10,000

Djiboutian American Community Empowerment Project, to ensure that children from underserved communities in Lewiston/Auburn are born, stay healthy, and prepared for school: \$10,000

Empowered Immigrant Women Unite, to help foster stability, prosperity and health to immigrant women and girls in Lewiston/Auburn: \$10,000

Food for All, to provide food-insecure immigrants with access to culturally relevant food: \$10,000

Generational Noor, to build awareness and access to substance use disorder and mental health services for Black, immigrant and people of color throughout Maine: \$10,000

Her Safety Net, to provide advocacy for women immigrants, refugees, asylum seekers and BIPOC and to focus on the health of all disadvantaged and marginalized communities: \$5,000

In Her Presence, to support the empowerment and personal ambitions of immigrant women and girls and address common challenges and issues: \$10,000

Indigo Arts Alliance,

to support the professional development and amplification of Black and Brown thought leadership, artistic vision and practice: \$10,000

Kennedy Park Football Club, to engage young adults in skill-development sessions, help them plan for their future, and navigate higher education with financial aid opportunities: \$10,000

Khmer Maine, to improve the quality of life and social and economic wellbeing of Cambodians in Maine: \$10,000

Ladder to the Moon Network, to educate the public about Africa and immigration and to advocate for the wellbeing of all immigrants through various multimedia platforms and events: \$10,000

Land in Common, to restore land connection with and for Black, brown, Indigenous and diasporic communities: \$10,000

Maine Association for New Americans, to promote social and personal empowerment of immigrants and address racial equity and health disparities in Maine: \$10,000

Maine Community Integration, to integrate New Mainers into their communities while respecting and uplifting their diverse cultures, identities and traditions: \$10,000

Maine Prisoner Advocacy Coalition, to support and advocate for Maine's incarcerated citizens, their families and

See BIPOC, page 12

**Jason Hodsdon Masonry**

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**BIPOC**

*Continued from page 10*

friends: \$10,000

Maine Wabanaki Reach, to support the self-determination of Wabanaki people through education, truth-telling, restorative justice, and restorative practices in Wabanaki and Maine communities: \$7,500

Mano en Mano to work with farmworkers statewide and immigrants in Downeast Maine: \$5,000

Multi Generations for Affordable Housing, to provide stable, affordable housing solutions and supportive services to underserved communities in Southern Maine: \$10,000

New England Arab American Organization, to bridge cultures, celebrate diversity and empower Arab Americans and New Mainers to build healthy, fulfilling and productive lives while preserving their heritage: \$10,000

New Mainers Public Health Initiative, to identify and address health inequities in marginalized communities: \$10,000

Nibezun (Wabanaki Cultural Preservation Coalition), to provide an inclu-

sive space for healing and to promote sustainability for all people and future generations: \$5,000

Niweskok, to restore the Penobscot Bay region as a Wabanaki food hub: \$5,000

Pleasant Point Health Center, is provide high-quality health care to those we serve, and improve the health and wellbeing of the Sipayik community: \$10,000

Portland Empowered, to ensure the voices of immigrant families reflected in policy and practice in public schools: \$10,000

Presente! Maine, to empower displaced Afro/Indigenous and Latinx peoples of Maine through survival programs, community power building, cultural celebration and transformative healing practice: \$10,000

Quality Housing Coalition, to support and create quality housing opportunities for those in need in Maine: \$10,000

Racial Equity and Justice, to advocate for BIPOC community members and host annual retreats for BIPOC families: \$10,000

Sipayik Resilience

Committee, to foster climate resilience and make energy efficiency technology more accessible to members of the Passamaquoddy Tribe at Pleasant Point following community-directed goals: \$5,000

Somali Bantu Community Association of Maine, to provide vital transitional services, advocacy and food production that empowers members of the refugee community to uphold cultural identity and economic wellbeing: \$10,000

Southern Maine Workers Center, to promote worker justice through anti-racist education, organizing and advocacy among non-unionized, low-wage workers, prioritizing immigrants, BIPOC, LGBTQ+ and disabled workers: \$10,000

Tender Table, to engaging and uplifting BIPOC community members across Maine through activities that center experiences and connections to food, identity, collective liberation, and each other: \$10,000

Third Place, to connect Maine's Black professionals, students and entrepreneurs to social,

professional, and economic opportunities: \$10,000

Trinity Jubilee Center, to address unmet needs of underserved people in the Lewiston-Auburn area through comprehensive services that bridge critical service gaps and help patrons persevere, maintain dignity and overcome barriers: \$10,000

United Youth Empowerment, to provide services that empower the will of the immigrant youth and their families: \$10,000

From donor-advised funds:

Bomazeen Land Trust, for the rematriation, perpetual protection and healing of ancestral Wabanaki spaces: \$2,500

Four Directions Development Corporation, to improve the social and economic conditions of Native American tribes in Maine through education and investment in affordable housing, tribal business ventures and Native entrepreneurship: \$5,000

Her Safety Net, to provide advocacy for women, including immigrants, refugees, asylum seekers and BIPOC and focus on the health of all dis-

advantaged and marginalized communities: \$5,000

Indian Township School, to provide and foster a culturally integrated education which encourages a desire for learning in a safe, respectful and nurturing environment: \$10,000

Maine Wabanaki Reach, to support the self-determination of Wabanaki people through education, truth-telling, restorative justice, and restorative practices in Wabanaki and Maine communities: \$2,500

Mano en Mano, to work with farmworkers statewide and immigrants in Downeast Maine: \$5,000

Nibezun (Wabanaki Cultural Preservation Coalition) to provide an inclusive space for healing and to promote sustainability for all people and future generations: \$5,000

Niweskok, to restore the Penobscot Bay region as a Wabanaki food hub: \$5,000

Sipayik Resilience Committee, to foster climate resilience and make energy efficiency technology more accessible to members of the Passamaquoddy Tribe at Pleasant

Point following community-directed goals: \$5,000

Sunlight Media Collective, to document and present stories affecting Wabanaki people and highlighting Wabanaki perspectives, with a particular emphasis on the intersection between environmental issues and tribal rights: \$10,000

Tree Street Youth, to provide programs that support social-emotional development, academic success, leadership skills, workforce development and college/career prep for Lewiston youth: \$10,000

Wabanaki Public Health and Wellness, to provide community-driven, culturally centered public health and social services to all Wabanaki communities and people while honoring Wabanaki cultural knowledge, cultivating innovation, and fostering collaboration: \$10,000

Wabanaki Youth in Science to inspire and support persistence in the sciences for Native youth by providing long-term educational opportunities that integrate Indigenous ecological knowledge with western science: \$10,000

# NSB produces, releases free safe banking video series

**NORWAY, ME** ---“Americans lose billions of dollars each year to fraud, including countless people in Maine. As a mutual bank, we’re dedicated to serving our customers and communities, and trying to help our neighbors identify and avoid today’s common scams felt like a great way to do that.”

The words of Dan Walsh, President and CEO of Norway Savings Bank, explain the motivation and purpose behind the new Safe Banking video series produced by NSB. The four-part series is now available for viewing at [www.norwaysavings.bank/security](http://www.norwaysavings.bank/security) or [\[rity/#Safe-Banking\]\(https://twitter.com/Safe-Banking\) and excerpts from the series will be featured on the bank’s social media platforms each Tuesday throughout the summer.](http://www.norwaysavings.bank/secu-</a></p></div>
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“This series features NSB team members and community members providing the tools and knowledge necessary for people to protect themselves against today’s most prevalent scams,” said Walsh. “These videos strengthen our efforts to safeguard our customers and non-customers so they can spot scams and potential fraud in advance.”

The first video in the series provides an overview of scams in general, including how scammers



find victims. Successive videos explore specific scams that are most commonly used in 2024, the “red flags” people can use to spot and avoid fraud,

and what steps should be taken if you’re a victim of a financial scam to mitigate damage and recover.

“The scenarios and fraud attempts that are spotlighted in the videos are drawn from situations that our team members frequently hear about,” said Darci Hamm, Executive Vice President and Chief Operating Officer for NSB.

“It’s crucial that people recognize how common it is to be confronted with a scam. This is a topic that people can identify with and this information can really help. It’s really to everyone’s benefit to get the word out.”

“These videos will help viewers make better decisions, protect themselves by being more aware of what they are sharing, and identify scam warning signs,” said Randy Easler, Senior Vice President and Senior Retail Banking Officer for NSB.

The series also provides NSB with another opportunity to carry out the customer care that has helped define the bank since its inception in 1866.

“Serving and protecting our customers, as well as delivering dependable financial guidance and peace of mind to those who depend on us, are our

top priorities,” said Walsh. “This beneficial series meets a community need, especially for those who don’t realize how widespread this issue is. We’re proud to be able to extend this education and guidance.”

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**Mondays through Aug 12**  
LEWISTON -- ART-VAN IN KENNEDY PARK, Mondays, June 24, July 1, 8, 15, 22, 29 and August 5, 12 at 3:30PM

ArtVan will be providing hands-on creative art programs this summer in Kennedy Park for children ages 5-14 (ages 5-8 must be accompanied by an adult) for self-expression, personal growth, and fun.

Free. All art supplies will be provided.

**Thursdays Aug 1 – Sept 5**

WILTON -- Opening Minds through Art, Thursdays August 1 – September 5, 1 pm – 2 pm at Education Center of SeniorsPlus at 284 Main St., Suite 100, Wilton

Through a series of classes, OMA engages adults with dementia in creating free-wheeling art. Contact SeniorsPlus, at 207-795-4010, edcenter@seniorsplus.org.

**Aug 1, 2, 4, 6, 24, 25; Sept 8, 14**

Join the DaPonte String Quartet with new violinist, Philipp Ellsner in a performance of Mozart's Quartet in Bb Major, K. 589 and Beethoven's epic Quartet in Eb Major, Op. 127

Thursday August 1 at 7:00pm Robinhood Free Meetinghouse, 210 Robinhood Rd., Georgetown

Friday August 2 at 7:00pm St. Paul's Union Chapel, 1065 Dutch Neck Rd., Waldoboro

# Calendar

Send your submissions to the Editor. More online.

Sunday August 4 at 4:00pm Sanford Springvale Historical Society, 505 Main Street., Springvale

Tuesday August 6 at 7:00pm Lemont Hall, 2 Pleasant St., Brunswick

Saturday August 24 at 4:00 Union Hall, 24 Central St., Rockport

Sunday August 25 at 4:00 Surry Arts & Events at the Barn, 8 Cross Rd., Surry

Sunday September 8 at 7:00 Old Walpole Meetinghouse Candlelight Concert, State Rt. 129, Walpole

(<https://oldwalpole-meetinghouse.org/> for tickets)

Saturday September 14 at 4:00 Great Cranberry Island Church

Tickets and additional information at [dapontequarter.org](http://dapontequarter.org)

**Aug 5 - 16**

BAR MILLS -- Summer Theater Camps at Saco River Theatre, 29 Salmon Falls Road, Bar Mills, ME, August 5 - August 16. Join us for an enriching experience where children can explore their creativity and develop confidence through the theater. FMI, visit SRT, Jr. — Saco River Theatre

**Aug 6, 13, 20**

MAINE -- University of Maine Cooperative Extension welcomes local farmers,

service providers, and Ag stakeholders to participate in the 2024 Maine Pasture Walk Series. Five events, all of which will start at 11 a.m., will be held on the following days and farms:

Springside Farm, 577 Anson Valley Road in New Vineyard, on Jul 23.

Faithful Venture Farm, 17 Borough Road in Searsmont, on Aug 06.

The Wolfe's Neck Center, 184 Burnett Road in Freeport, on Aug 13.

Grace Pond Farm, 530 Main Street in Thomaston, on Aug 20.

Attendees will learn about dairy production systems, pasture management, forage species identification, climate-smart practices, regenerative grazing, and more from forage producers and Assistant Extension Professor Jaime Garzon.

The 2024 Maine Pasture Walk Series is open and free for all participants. Visit the event webpage for more information and registration.

**Aug 7, Sept 13**

ONLINE -- The University of Maine Cooperative Extension's Summer Equine Speaker Series. Three events, all of which will start at 6 p.m., will be held on the following days:

July 11: Alicia Harlov from the Humble Hoof Reha-

bilitation Center and podcast will share how movement and nutrition benefits horse health.

Aug. 7: Dr. Jaime Garzon, UMaine Extension's forage specialist, will discuss hay and forage testing, pasture care and weed management.

Sept. 13: Elissa Ballman will review various insect pests, ways to mitigate bugs and new research.

Registration is required to receive the webinar links for this free series. For more information and to register, visit the program webpage.

**Aug 14**

AUBURN -- Read ME Summer Book Discussions at the Auburn Public Library, Wednesday, August 14, 2024 – 4:00-5:00 p.m. (The Road to Dalton)

**Aug 14**

LEWISTON -- The Lewiston Public Library in Kennedy Park to see the amazing Mr. Drew and His Animals Too on Wednesday, August 14th at 5:30PM. This summer fun event is for all ages and no registration is required. Free. In person.

Kennedy Park is located at 120 Park Street in Lewiston. The Lewiston Public Library is located downtown at 200 Lisbon Street at the corner of Pine Street and Lisbon St.

More information about the performance by Mr. Drew and His Animals Too is available by contacting the Lewiston Public Library at

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513-3133 or [LPLKids@lewistonmaine.gov](mailto:LPLKids@lewistonmaine.gov).

**Aug 23**

LEWISTON -- The Lewiston Public Library for Butterfly Storytime and Craft in the Children's Department on Friday, August 23rd at 10am. Recommended for children ages 2 – 6 years old and their caregivers. Siblings are always welcome.

Enjoy an interactive butterfly storytime learning about butterflies and their life cycle. Stop by for some fun with books, songs, and body movement while building early literacy skills. After the storytime, each child can decorate and create their own flapping butterfly.

This program is free, open to the public and no registration is required.

**Aug 26**

FAIRFIELD -- The US Navy Band, Country Current, is coming to Maine the last week of August '24. They will be at Lawrence High School in the air-conditioned WATC in Fairfield,

Maine on Monday, 26 AUG '24 at 7 p.m. The physical school address is: 9 School Street, Fairfield, ME 04937. Tickets are FREE and may be printed off at the following link: [https://usnavyband.ticketleap.com/2024-cc-fairfield/dates/Aug-26-2024\\_at\\_0700PM](https://usnavyband.ticketleap.com/2024-cc-fairfield/dates/Aug-26-2024_at_0700PM)

**Summer 2024**

NORWAY -- Art Exhibition "If You Lived Here, You Would ...." at the award-winning Gingerbread House, Main Street, Norway, Maine. The show will dialogue with the history of this incredible edifice, which pours out of its every nook and cranny. "If You Lived Here You Would..." is a consideration of the home's past that offers a glimpse into its potential future through a selection of sculptures, paintings, drawings, and mixed-media pieces—brought to western Maine for the very first time—by a group of internationally recognized and acclaimed artists.

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Edward Island including Anne of Green Gable's Home. We will have admission to the Hopewell Rocks and you will visit the Waterside Town of Saint John, New Brunswick and much more. A \$75.00 deposit is due when signing up. Price is \$1,639.00 per person double occupancy and this includes all entrance fees, meal tips and bus driver tip.

**NOVEMBER 18-20, 2024 - CHRISTMAS IN NEW YORK CITY -** Trip includes 2 nights lodging with 3 days in New York City. Breakfasts each morning and 1 dinner in a Manhattan Restaurant is included. We will have a backstage tour of Radio City Music Hall and a guided tour of Lower Manhattan, Times Square, Greenwich Village, Little Italy, Ground Zero and the Financial District. You will also visit the 9/11 Memorial Museum and Rockefeller Center. On Wednesday afternoon it's off to Radio City Music Hall to see the Christmas Spectacular featuring the World-Famous Rockettes. A \$200 deposit per person is due upon registration. Trip price is \$749.00 per person double occupancy

which includes guided tours, Radio City Spectacular, included meals and bus driver tip. Make checks payable to White Star Tours.

**DECEMBER 13-15, 2024 - WHITE MOUNTAIN HOTEL & RESORT -** Trip includes 2 nights lodging with 5 meals. We will visit the Rocks Estate in Bethlehem, NH with a Moose and Bear educational program. We will stop at the Bethlehem post office where you will be able to stamp your Christmas cards with the Star of Bethlehem seal and have them mailed from Bethlehem. Trip also includes 1 afternoon comedy show and 2 evening shows. All room and meal taxes and gratuities are included.

Price for a double is \$629.00 per person. Deposit is \$100.00 per person at time of registration. Make checks payable to White Mountain Hotel and Resort.

**APRIL 12-20, 2025 - A WEEK IN SPAIN: BARCELONA, MADRID & SEVILLE -** Trip includes 7 nights lodging, 7 breakfasts and 3 dinners, 5 sightseeing tours and two train rides. Highlights are Sagrada Familia, Royal

Palace, Prado Museum, Cordoba, Olive Oil Tasting, Food Tasting and Royal Alcazar. Deposit to reserve your spot is \$300.00 with trip protection available for \$449.00.

If interested in any of these trips or upcoming trips, please contact Claire Bilodeau at 784-0302 or Cindy Boyd at 345-9569. If we are not available, please leave a message and we will call you as soon as we can.

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