Gorham WEEKLY

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August 22, 2024

Lewiston-Auburn Balloon Festival photo spread **pages 7-10**



Bruce Byberg of Remax New England, Hannah Bradbury and John Colburn. Photos by Laurie and Chris Allen.

West Buxton Library hosts ongoing Writer's Workshops

BUXTON, ME --Summertime, a time for family reunions, picnics, storytelling by the campfire. What if you wrote down these stories, capturing them for the next generation? Let's not lose our unique family customs, odd habits, and Grandma's sayings.

You're invited to join Writer's Workshops, meeting monthly, 2nd Wednesday, 6:30PM to 8:30PM. These workshops are funded by the Narragansett Number One Foundation and sponsored by the West Buxton Public Library. There are no fees, no pre-requisites, and spelling doesn't count. These workshops are for adults.

We are friendly, non-judgmental, and encouraging. After three years meeting as a Memoir Group, we are expanding to include all genres of creative writing.

FMI and the Zoom link, contact Lorraine at lindcabin@gmail.com.



Gorham's Cressey Road Christian Church Garden is in bloom





Junk removal • Yard cleanup. Everything & anything! Residential & Commercial Our team ensures spotless, refreshed spaces with eco-friendly practices and competitive pricing. "Trust us for a superior cleaning experience" Call (207) 595-6347 or email Northernsupremecleaning@gmail.com



Garden Volunteers Rick Smart and Tom Lindstedt discuss next steps for water supply. If you are interested in helping this garden grow, contact Lorraine lindcabin@gmail.com. These other photos show what's growing in the bucket steps built by Eagle Scout candidate Christopher Bolton with help from his scout troop, scout leader Kelly Deprez and Rick Smart.







Gorham's Atlantic Dance Arts gets ready for fall dance season

Pellet Stove need cleaning or repair?

Call The Stove Guy (207) 286-7633

Great Rates!

Atlantic Dance Arts' Open House on Thursday, August 29th!

Mark your calendars for looking to check out our facility, get fitted for new dance shoes or dancewear browse our

sale, this is the perfect opportunity to gear up for the new season. We can't wait to see you



29 School St. Gorham, ME Parking & entrance on Cross St. STUDIO TOURS SHOE FITTINGS CLASS REGISTRATION MEET THE FACULTY DANCEWEAR SALE

ATLANTIC DANCE ARTS

New and returning families are welcome to stop by for our 2024 Open House! Come check out our facility, explore the many programs we offer, and learn what sets us

apart from the rest!

Installs ~ 23 Years Experience

Page 2 Thursday, August 22, 2024

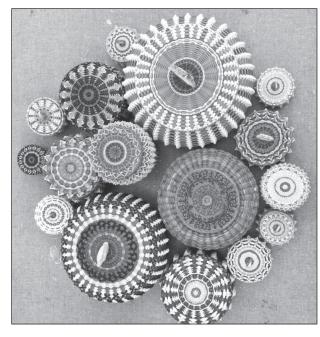
Newsmakers, Names & Faces

Wabanaki artist festival returns this weekend

NEW GLOUCES-TER, ME -- The annual festival of Wabanaki's finest, award-winning artists is returning to Sabbathday Lake Shaker Village on Saturday, August 24th from 10am-3:30pm.

Basket making, stone carving, birch bark etching, woodcarving, doll making, beadwork, and jewelry making are among the oldest, enduring, and unique traditions passed down through generations of Penobscot, Passamaquoddy, mac, and Maliseet peoples, known as the Wabanaki, or "People of the Dawn."

Over 40 of the finest,





award-winning artists will participate in the Wabanaki Summer Market for their southernmost gathering in the State of Maine. Don't miss this special opportunity to appreciate Wabanaki culture firsthand through basket making, bead working, storytelling, drumming, singing, and dancing.

Purchase museum-quality crafts directly from Wabanaki artists recognized for preserving important cultural traditions. Crafts will be offered at a wide range of price points. It is recommended that shoppers are prepared with cash and/or personal checks since not all artists accept debit/credit cards.

The ever-popular Burnaburnuskek Singers & Drummers will be drumming and singing from 12pm-1pm.

The Keepers of Traditions- This year's featured artist are: Dolly Barnes, Barry and Lori Dana, Faye Decontie, Gal Frey, Wendy Little Bear, Burnurwurbskek Singers, Butch and Kellie Jacobs, Paula Love, Richard Love, Melaina Maloney, Peter Neptune, Debbie Nicholas, Kenny Keezer, Debbie Huston, Gayle Phillips, Butch Phillips, Rae Pictou, David Sanipass, Caron Shay, Sarah Sockbeson, and Frances Soctomah.

Free admission and free parking. Rain or shine.

Maplewood Barbecue will be bringing their smoker and selling their popular dinner plates to the public, while supplies last.

Sabbathday Shaker Village thanks all those who value quality educational and cultural experiences by supporting the Wabanaki Summer Market. Learn more at maineshak-

MaineCF accepting applications for fall grant programs

PORTLAND ELLSWORTH, ME

The Maine Community Foundation (MaineCF) is accepting applications for its fall grant programs. The deadline to apply for each of the following grant programs is Monday, Sept. 16. To apply, visit www. mainecf.org/apply.

The Equity Fund's mission is to strengthen lesbian, gay, bisexual, transgender, and queer (LGBTQ+) organizations in Maine and support community-based initia-

The fund will give priority to proposals that increase access to health care, reduce race-based disparities, violence and/ or harassment and promote respect and understanding. People who identify as LGBTQ+ must be involved with the or-

ganization or project in a leadership capacity and/ or be involved with the design, delivery and evaluation of services and be most of the intended recipients of services. For more information, visit www. mainecf.org/equity.

Investing in Leaders of Color supports nonprofit leaders of color and their organizations. The program provides one-on-one coaching, a stipend for professional development and operating costs, and networking opportunities.

This program is designed for people of color in leadership positions in nonprofit organizations that serve communities of color and promote racial equity in the state of Maine. Grants will be made to the organizations.

To receive a grant, applicant organizations



must serve communities of color and promote racial equity. The leader must be a person of color at a nonprofit organization in Maine and be available for coaching and professional development within a one-year timeframe. For more information, visit www.mainecf.org/iloc.

The Maine Charity Foundation Fund provides general operating and project support to organizations and projects that provide transportation and/or deliver essential services to under-resourced Maine people with limited or no

sources for LGBTQIA2S+

access to transportation. For more information, www.mainecf.org/ mainecharity.

Maine Expansion Arts supports arts organizations and arts-based programs in Maine serving rural communities and/or Black, Indigenous, and other people of color, particularly in areas with limited access to the arts.

The program offers two separate tracks: one for organizations serving rural communities and the other for organizations led by and/or serving Black, Indigenous, and people of color (BIPOC). For more information, visit www. mainecf.org/mea.

The Maine Land Protection grant program provides grants for land acquisition or land conservation easement projects that build strong connections between people in Maine/Wabanaki territory and its land and water.

The proposed project must create or increase permanent access to land and water, particularly to marginalized and historically excluded populations. This includes people with low incomes, disabilities, mental health conditions or limited English proficiency; Black, Indigenous and other people of color; immigrants and/or refugees; those who identify as LGBTQ+ and communities with limited conservation opportunities. For more information, visit www.mainecf.org/mlp.

The Maine Theater Fund provides capacity-building, general operating and project support to nonprofit professional and community theaters in the production and presentation of live theater. Priority will be given to adult theater, dramas and organizations that have not received multiple grants in recent years. For more information, visit www. mainecf.org/mainetheater.

The Maine Community Foundation brings people and resources together to build a better Maine through strategic giving, community leadership, personalized service, local expertise and strong investments. To learn more about the foundation, visit www.mainecf.

OUT Maine receives grant from Jane's Trust Foundation

ROCKLAND, ME OUT Maine has received a sizable grant from Jane's Trust Foundation,

which will be used to develop and implement a multi-year approach to address the critical need for affirming mental health reyouth and families in

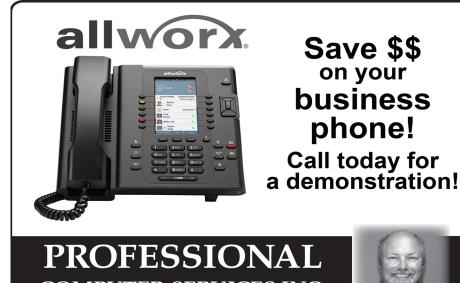
The grant itself will fund OUT Maine's curriculum development, training programs, support groups, and provider networking opportunities, with a strong focus on evaluation to assess effectiveness and impact. The nonprofit will be partnering with local

universities to train new mental health professionals in supporting and affirming the LGBTQIA2S+ com-

"Especially in rural parts of the state, queer youth can feel extremely isolated, and experience higher rates of depression and suicidal ideation than their peers," says OUT Maine's Executive Director Sue Campbell. "This grant from Jane's Trust Foundation will help us educate the next generation of therapists and counselors to give these kids and their families the support they need."

Jane's Trust Foundation is "a family foundation dedicated to creating a more socially just and environmentally sustainable world in which all people thrive through education and deep connections with family, community, and the natural world."





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Buck Buchanan A+, MCP Certified Technician Thursday, August 22, 2024 Page 3

Newsmakers, Names & Faces

Evergreen CU collaborates with Scarborough Land Trust

SCARBOROUGH,

ME - Evergreen Credit Union is proud to partner with the Scarborough Land Trust (SLT) through Evergreen's Community Partners program.

The Community Partners program aligned with SLT's mission and values from the start. "Getting business owners, managers, and employees out into nature is a goal of SLT to help create a com-

munity that understands and connects with our unique natural resources," said Andrew Mackie, Executive Director of Scarborough Land Trust.

Evergreen offers annual donations and additional on-demand business resources to its 17 Community Partners. "Being able to apply these professional resources to SLT projects has given us a capability not usually available to local or regional land trusts," said Mackie.

With Evergreen's new branch at 617 U.S. Route 1 in Scarborough, their team is looking forward to seeing how the town continues to evolve. "Our partnership with SLT and connection to the Scarborough community will continue to grow as they further advance their mission," said Jason Lind-



Evergreen Credit Union Community Partner, Scarborough Land Trust, are excited to move forward with their land-conserving mission.

strom, Evergreen's President/CEO.

Scarborough Land Trust conserves over 1,600 acres of land in Scarborough. Evergreen Credit Union is Maine's 5th largest credit union with over \$550 million in assets. Their Scarborough branch is their 5th retail location. Learn more about Evergreen's community support at https://www.egcu. org/community.

WinterKids announces grantees to receive portion of \$25K

WESTBROOK,

ME - WinterKids is thrilled to announce the recipients of its Downhill 24 Outdoor Fund. This year's grants, totaling \$25,000, will go to 10 outstanding organizations across Maine. These grants are aimed at promoting outdoor activities and encouraging children to stay active throughout the year.

The WinterKids Downhill 24 Outdoor Fund was established to further WinterKids' mission of getting kids outside and active with funds raised at the Downhill 24 event. Through a community vote, the top three winning organizations in each category were selected, with one honorable mention winner also being recognized for their dedication and efforts.

501(c)(3)Maine Nonprofits Category

The top three winners in this category are:

Adoptive and Foster Families of Maine, Inc., Bangor, ME (grant funds to serve Hancock and Penobscot Counties). Grant Amount: \$5,000

Intended Use: The WinterKids grant will be matched for the Snowbuster program, which is currently only provided in a few rural counties. Funds would allow expansion to Hancock and Penobscot counties. The Snowbuster program provides quality winter outerwear for youth in foster care or living with a kinship caregiver.

Saddleback Maine Community Corps, Rangeley, ME (Franklin County). Grant Amount: \$2,000 Intended Use: Enable children in grades 1-8 to get free season-long equipment loans and lift tickets, then participate in Ski Tuesday, Saddleback's 8-10 weekly 3-hour professionally instructed group ski/ride lessons accompanied by their Community Corps.

Big Rock, Mars Hill, ME (Aroostook County). Grant Amount: \$1,000

Intended Use: Purchase skis, boots, poles, helmets, and snowboards to expand the rental fleet that supports the community 'Ski4Life' program.

Maine Public Schools Category

The top three winners in this category are:

Oak Hill, Gray New Gloucester, and Lisbon High Schools and Middle Schools, Wales, ME (Androscoggin/Cumberland County). Grant Amount:

Intended Use: Rent out Lost Valley for a day, provide gear, ski lessons,

Noble Middle School, Berwick, ME (York County) Amount: \$2,000

Intended Use: Purchase skateboards, cross-country skis, sleds, archery resources, and additional outdoor supplies and/or fund transportation costs for hiking, skating,

VOTE NOW!

and fishing trips. Dirigo Elementary School, Peru, ME (Oxford County).Grant Amount: \$1,000

\$25,000

Intended Use: Replace old and worn-out gear for snowshoeing and cross-country skiing.

Maine Parks & Recreation Category

The top three winners in this category are:

Eustis/Stratton Recreation Department, Stratton, ME (Franklin County). Grant Amount: \$5,000

Intended Use: Train Water Safety Instructors and purchase lifejackets, safety equipment and learning tools to create a strong swim lesson and water safety program.

Biddeford Recre-Biddeford, ME ation. County). Grant (York Amount: \$2,000

Intended Use: Offset the cost of ski programming to make it more accessible to children of all socioeconomic backgrounds, &/or purchase additional equipment for seasonal outdoor recreation that would allow more children to participate in water programing.

Easton Recreation, Easton, ME (Aroostook County). Grant Amount:

Intended Use: Offset costs for their work with local mountain to provide "ski for life" rates that include rental equipment and lessons for children in their downhill ski program.

> Honorable Mention Princeton

& Rec, Princeton, ME (Washington County). Grant Amount: \$1,000

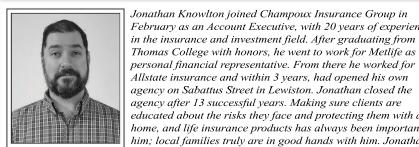
Intended Use: Support the addition of a bay of swings and playground accessories.

Congratulations to all the deserving grantees! We commend their commitment to getting kids outdoors and active, making a positive impact on the physical and mental well-being of Maine's youth.

For more information about the WinterKids Downhill 24 Outdoor Fund and its initiatives, please visit WinterKids. org/D24Fund.

Send all items for Names & Faces to the editor. **Deadline** is Friday by five pm.

WHY PEOPLE CHOOSE **CHAMPOUX INSURANCE**



Licensed Agent

Jonathan Knowlton

personal financial representative. From there he worked for Allstate insurance and within 3 years, had opened his own agency on Sabattus Street in Lewiston. Jonathan closed the agency after 13 successful years. Making sure clients are educated about the risks they face and protecting them with auto, home, and life insurance products has always been important to him; local families truly are in good hands with him. Jonathan lives in Auburn with his wife and son and enjoys ice fishing,

Jonathan Knowlton joined Champoux Insurance Group in

February as an Account Executive, with 20 years of experience

Thomas College with honors, he went to work for Metlife as a

ATVing, hiking, growing hot peppers and volunteering with the Boy scouts. Champoux Insurance Group welcomes Jonathan to our Team.



150 East Avenue Lewiston, ME 04240 (207) 783-2246 www.MaineInsuranceOnline.com

Gorham

(207) 558-8488 Info@GorhamWeekly.com

28 State Street, Gorham, ME 04038 Mail: 89 Union Street, Suite 1014, Auburn, ME 04210

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Deadline

Deadline for ads and press releases is 5 p.m. on Friday preceding publication. Published every Thursday's publication.

Press Releases

All submissions, including photos, must be emailed to editor@GorhamWeekly.com.

Proofs

Publisher is not responsible for any errors in ad copy not inspected by advertiser prior to publication.



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Seniors Not Acting Their Age

To the Goslings and Back



Kayakers prepare to depart from Mere Point Boat Launch

Paddlers cross Merepoint Bay towards Upper Goose Island



Mark Nelson approaches West Gosling Island

Mere Point Boat Launch in Brunswick provides boat access to Merepoint Bay. Nearby Maquoit and Middle Bays are also easily reached from this location. Operated by the Town of Brunswick, the upscale facility offers all-tide deep water entry and egress. Amenities include two boat ramps, a large dock, lots of parking, two toilets and a picnic area.

There is a downside. According to the town, the landing also provides an option to separately launch kayaks and hand-carry watercraft. This is misleading as the steep narrow stairs and weird contraption supposedly designed to lower kayaks down to the water is, in my opinion, unsafe. I never use it and I don't know any other kayakers who do. Instead, the ramps are our choice to embark and disembark; a far safer alternative.

I wrote the Town of Brunswick about my safety concerns but they never responded. The landing was built by the State of Maine at the taxpayer's expense. It would seem reasonable to conclude the intent of constructing the facility was to create a safe launching environment for all users, not just motor craft.

Located near the end of Merepoint about 6 miles from the business section of Brunswick,

the landing also provides convenient access to a multitude of islands in the northern Casco Bay region including the Goose and Gosling Islands. I recently announced a Penobscot Paddle & Chowder sea kayak trip departing from the Mere Point Boat Launch. My planned destination was West Gosling Island where a Maine Island Trail Association (MITA) campsite is located. Happily, two frequent sea kayak companions, Ellen and Mark Nelson, agreed to join me.

The three of us met at the landing on a hot, steamy morning. Light to moderate winds out of the southwest were predicted and the tides were going to be uncooperative for most of the day. We launched our kayaks from one of the ramps without problems. My experience has been that kayaks and motorized crafts are quite compatible when loading and unloading. Patience and respect for one another are the keys.

A light sea breeze was a refreshing relief from the sultry air crossing Merepoint Bay to Upper Goose Island, about a one mile expanse of open water. We passed an oyster farm on the east side of Upper Goose before progressing beyond a narrow channel that separates it from Lower Goose.

The tiny Gosling Islands were visible in the distance as we navigated along Lower Goose. Several moorings populate the area between the southeastern end of Lower Goose and the Goslings. On most summer days, numerous pleasure crafts are parked there. Not on this occasion; only two lonely vessels were taking advantage of the ideal boating weather.

West Gosling has a sandy beach that facilitates an easy landing. Shortly after we pulled our kayaks onto the shore, a team of MITA employees arrived in a motorboat and cleaned the site. We found shade from the sun next to the campsite for our lunch break. While walking the shoreline, Ellen discovered a substantial community of periwinkles in the intertidal zone, something I'd missed during previous visits.

We considered paddling a long mile farther south to Little Whaleboat Island. After further discussion, our decision was to travel west across the bay to a chain of islands leading north to Merepoint

As we were advancing towards the northern terminus of Bustins Island, Mark noted a fog bank was approaching Little Whaleboat. By the time we stopped at the next island, Pettingil, it was completely enveloped in fog. Our serendipitous decision to forego the traverse to Little Whaleboat was a fortuitous one.

Progressing north along Williams Island while taking advantage of a tailwind, we inexplicably encountered turbulent seas. There didn't appear to be any obvious explanation. We speculated that underwater shoals coupled with strong tidal currents were probably the cause

Sister Island is northern-most in the sequence of islands before Merepoint. Given the earlier choppiness, the one mile passage between them that connects Merepoint and Maquoit Bays was surprisingly calm.

The launch area was busy when we arrived. No problems were experienced while using a ramp to disembark.

My book, Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine describes eight more exciting sea kayak excursions along the Maine coast.

Ron Chase resides in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at www.northcountrypress.com/maineal-fresco or in bookstores and through online retailers. His previous books "The Great Mars Hill Bank Robbery" and "Mountains for Mortals -New England." Visit his website at www.ronchaseoutdoors.com or he can be reached at ronchaseoutdoors@comcast.net.

> Send all items for What's Going On to the Editor. Deadline is Friday by five.





Thursday, August 22, 2024 Page 5

Maine Authors Book Festival held at Thomaston Public Library

THOMASTON,
ME— Maine Authors Publishing will be hosting the
5th Annual Maine Authors

5th Annual Maine Authors Book Festival on August 24, 2024, from 11 a.m. to 4 p.m., at a new location the Thomaston Public Li-

Meet over 100 talented authors from across Maine (complete available from www. MaineBookFestival. com), spanning a wide range of genres, ready to sign and sell their books. This year's pirate-themed event (costumes optional!) promises fun for the whole family. Kids will love the treasure hunt and children's area hosted by The Coastal Children's Museum, while everyone can enjoy live music from the Shank Painters, and a pirate costume contest at 12:15 (win fun prizes for children and adults). Food will be available for sale from Station 118 as well as ice cream from Stone Fox Farm Creamery. A portion of the proceeds from the book sales and all raffle ticket sales will be donated to The Coastal Children's Museum and the Thomaston Public Library.

From 11:30 a.m.– 12:30 p.m., children's author Susan Vaughan will MAINE AUTHORS
BOOK FESTIVAL
Sat., Aug. 24 • 11AM – 4PM • 60 Main Street

NEW LOCATION: THOMASTON PUBLIC LIBRARY

STOTE

JAMES LIVE MUSIC BY SHANK PAINTERS • CHILDREN'S AREA • FOOD TRUCKS

WWW.mainebookfestival.com

present "Piracy and the Coast o' Maine." Most pirate adventuring took place in waters far south of Maine, but did you know that long ago there were pirates who sailed Maine waters? Join author Vaughan for a short look at piracy on the coast of Maine, fun creating pirate hats, and a reading of her new book, Stowaways: A Maine Pirate Tale.

From 1:30–2:30 p.m., author Philip C. Baker will present "How to Write a Novel; It's Easy!" All you need is a "what-if machine." Merely type in, "What if?" What if a frail old Cuban fisherman hooks

a monster fish and battles the natural world to bring the pez to shore? Ding! Pulitzer Prize. What if right and wrong are inverted, morality overturned, while an Italian-American family and the family business are celebrated? Ding, ding! A runaway, best-selling novel, which is then turned into one of the greatest trilogies in film history. All Hemingway and Puzo did was turn on the what-if machine. Baker discusses the simple methods required to write the novel of your dreams. Relying on the learning experience of writing Hunger Hill, Philip brings humorous insights into writing a book, specifically the nov-

From 2:30-3:30 p.m., author Deborah Gould will present "Historical Fiction: A Conversation with Deborah Gould." What is historical fiction, anyway? What changes it from a dry-asdust narrative of dates and achievements to an intriguing, breathing work of literature? In other words, what makes it come alive? Let's talk about the weaving of social history, archival records, and the power of imagination into a novel about the people who came before us.

Local Thomaston restaurant Station 118 will have a customized menu for the event. FMI: www. station118.com. Based out of Searsport, Stone Fox Farm Creamery will have homemade ice cream for purchase. FMI: www. stonefoxfarmcreamery.

Shank Painters are a pirate-themed trio based out of Portland, Maine. Featuring accordion, guitar, vocals, banjo, and percussion, their repertoire consists of traditional sea shanties, tavern songs, and originals. FMI: www. shankpainters.com.

Maine Authors Publishing has been bringing

MAINE AUTHORS
BOOK FESTIVAL

Saturday, August 24 • 11am—4pm • 60 Main Street, Thomaston

NEW LOCATION: Thomaston Public Library

PRESENTATION SCHEDULE

11:30am—12:30pm

Firacy and the Coast o' Maine, with Suan Yaughan

Most pirace adventuring rook place in water far south of Maine, but ind you know that long ago there were pirates who sailed Maine waters) fan subroy on the coast of Maine, fun creating pirace has, and a reading of the rene book, Stownways: A Maine Private Tale.

1:30am—2:30pm

How to Write a Novel; It's Easy!

with Thilip C. Baker

All you need is a "what-if machine." Merely type in, "What if? What if a fail old Cuban harmonic celebrated Ding, dingl A runaway, betweeling novel, which is then turned into one of the greatest trilogies in flinh istory. All Herningway the fact of the greatest trilogies in flinh istory. All Herningway and the clauses the simple methods required to write the novel of your dreams, Relying on the learning experience of working Hunger Hill, Philip brings humorous insights into writing a book, specifically the world.

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2:30am—3:30pm

A conversation with Deborah

local stores, readers, and writers together since 2009. As a cooperative-style publisher, their goal is to support local independent authors throughout the publishing process with affordable services such as editing, design, printing, a trade catalog, distribution, and marketing assistance. Only a percentage of books are accepted under the Maine Authors Publishing imprint after they have been vetted.

For more information, visit www.MaineAuthorsPublishing.com.

Pirate

Themed!

The book festival will be held at the Thomaston Public Library, 60 Main Street, Thomaston, from 11:00 a.m.—4:00 p.m. Parking will be available at the library and nearby (follow parking signs). The festival is open to the public, and admission is free. For more information, visit www. MaineBookFestival.com.

King welcomes first results of drug price negotiations

WASHINGTON,

D.C. — U.S. Senator Angus King (I-ME) celebrated the White House completing the first round of Medicare negotiations to lower the price of 10 prescription drugs, which will lower out of pocket costs for Medicare beneficiaries on eligible drugs and save Medicare — and American taxpayers — billions. The announcement comes nearly two years after the Inflation Reduction Act, which King supported, was signed into law. In addition to the negotiation provisions, the bill also in-



cluded a cap on the coats in insulin and a \$2,000 cap on out-of-pocket drug costs for adults on Medicare. Tens of thousands of Maine Medicare enrollees currently take the 10 drugs included in the negotiations, paying annual out-of-pocket costs up to nearly \$5,000 in 2022.

"Today's announcement from the White House is welcome news which has been a long time coming. One of the first bills I ever cosponsored in the Senate was the Medicare Prescription Drug Price Negotiation Act and thanks to the Inflation Reduction Act, this vision has finally become a reality," said Senator King. "For many older Maine people on a fixed income, affording lifesaving drugs can be a tremendous financial strain — sometimes forcing folks to choose

between their health or putting good on the table. With 30% of Maine people enrolled in Medicare, this is a game-changing step forward toward ensuring our seniors have better access to prescription medications while also reducing the heavy financial burden of high out-ofpocket costs. The savings from these new lower prices will also be a huge boost to the financial strength of Medicare itself, helping to insure its long-term viability. This is a real victory for people across Maine

forward to working with my Congressional colleagues to advance additional common sense ways to deliver better healthcare at lower costs.

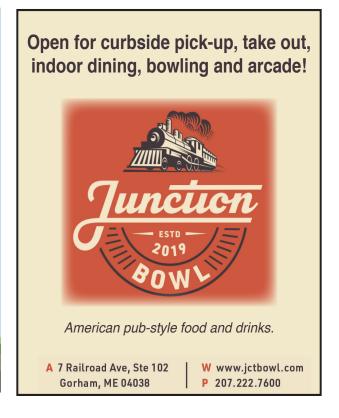
Senator King has

Senator King has consistently worked to reduce healthcare costs for Maine people. The Inflation Reduction Act has laid the groundwork for — and in some cases already implemented — long-term changes in federal policy that will keep people healthier and deliver higher quality care at a lower cost to patients and Medicare. These benefits are

delivered while simultaneously reducing the deficit by finally allowing Medicare to do what any other large customer in America can do in a free market negotiate bulk discounts. This will save taxpayers hundreds-of-billions from the Medicare budget. Last spring, Senator King introduced legislation to fast track drug pricing negotiations and continue to lower drug costs for older Maine people. He also has joined colleagues in calling on the Biden Administration to authorize cheaper, generic drugs.







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Gorham holds open house



GORHAM,

-- House of Parker Preschool is thrilled to invite you to our Grand Opening Open House! Join us for this special event as we open our doors to all families. Come explore our brand-new school, meet our energetic preschool teacher Mrs. Hanscome, and discover the exciting opportunities we have in store for your children. We can't wait to welcome

Email: Houseofparkerpreschool@gmail.com or call 207-807-1197 for more info!

Buxton Recreation Department holding community yard sale

Buxton Recreation Department will be holding our first ever Community Yard Sale! Be sure to come check out the many booths our

community members have! They may just have the next treasured item! Maine-ly Meatballs will be joining us for the day and will be dishing out delicious food!

Have items that you might want to part ways with? Reach out Grace Bibber, Recreation Director at gbibber@buxton.me.us to rent a table or two!



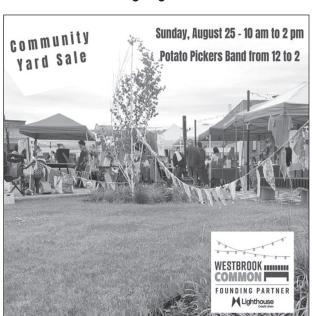
House of Parker Preschool of Discover Downtown Westbrook holding community yard sale

WESTBROOK,

ME - Discover Downtown Westbrook is holding its first Community Yard Sale. Stop by the Common from 10 to 2 on Sunday, August 25 to check out all sorts of new and used goods!

Vendors include: Studio Joy Wonder Sea Glass With Sass **CMQ** Creations Advitiiya Creations Lighthouse Sports

> BlueCatVintage Yardsale vintage **Cartermore Creations** and more!



Community garden at Cressey Road Christian Church, Gorham

built by Eagle Scout can-

didate Christopher Bolton

GORHAM,

If picking your own grown juicy tomato and crispy greens is on your bucket list, try gardening at Cressey Road Christian Church Community Garden in Bucket Step planters, ready for planting, no fees, and PFAS free.

with help from his troop, scout leader Kelly Deprez, and Rick Smart. Bucket Steps have 3 rows, with 4 buckets each. You may share a bucket step unit with someone. Bucket Steps are user friendly planters with Bucket Steps were minimal bending required.

This is just a beginning as we continue building raised garden units offering planting boxes and vegtrugs. Bucket Steps are available now on a first come, first served basis. To use one of these planters, please contact Lorraine lindcabin@ gmail.com for guidelines and an application.

Town of Gorham nomination papers now available

GORHAM, ME -- A Municipal election will be held on Tuesday, November 4, 2024 for the purpose of

TWO (2) persons for Town Council to serve a 3 vear term

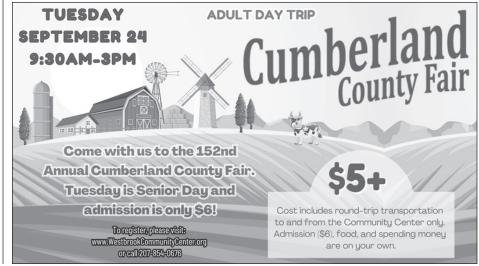
TWO (2) persons for School Committee to serve a 3 year term

Nomination papers are available from the Town Clerk's Office beginning on Thursday, July 25, 2024. Completed nomination papers must be submitted to the Town Clerk's office no later than 5:00 p.m. on Thursday, September 5, 2024.

Any registered voter of the Town of Gorham, who is

interested in running for any of these positions, must submit nomination papers with no less than 35 or more than 50 signatures of persons who are registered voters of the Town of Gorham.

Please contact the Town Clerk's Office at 222-1670 if you have any ques-



Page 7 Thursday, August 22, 2024

Wicked Illustrations Paint Party at L-A Balloon Festival













Photo by Suzanne Murray



- Potatoes
- Vegetables
- Grain Corn
- Eggs
- Beef



207-784-1455

1552 Riverside Drive, Rte. 135, Auburn



Photo by Suzanne Murray



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MEMBERSHIP REQUIRED TO OPEN A SHARE CERTIFICATE. FEDERALLY INSURED BY NCUA.

Page 8 Thursday, August 22, 2024





Photo by Izzac MacDonald



Photo by Izzac MacDonald

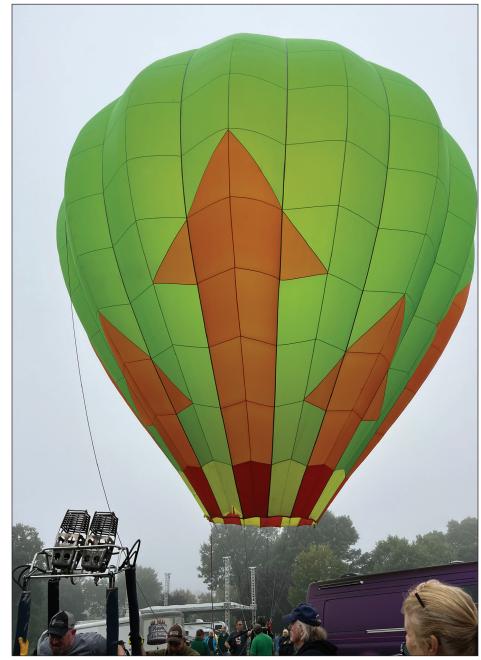


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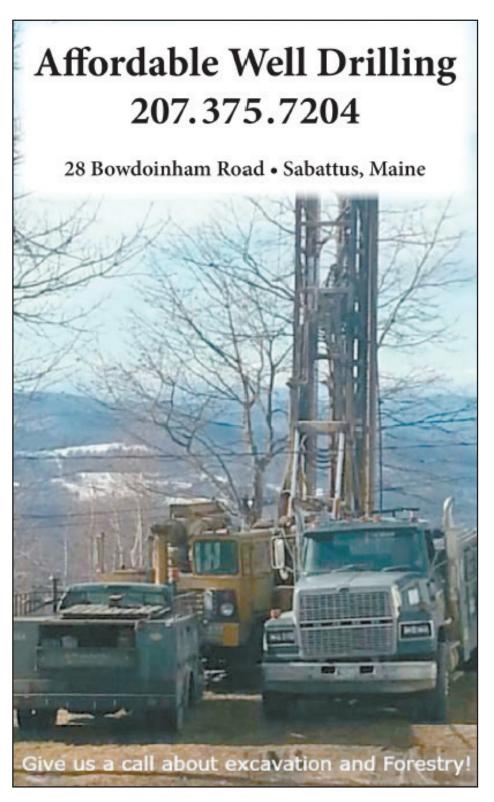
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Thursday, August 22, 2024 Page 9







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www.ElRodeoME.com www.OrderElRodeoME.com Page 10 Thursday, August 22, 2024







Photo by Suzanne Murray



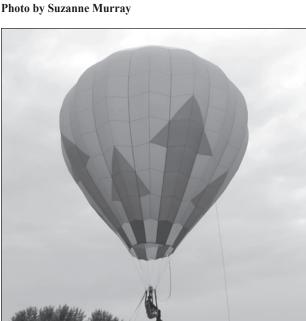




Photo by Laurie and Chris Allen



Photo by Laurie and Chris Allen



Photo by Laurie and Chris Allen

Photo by Suzanne Murray

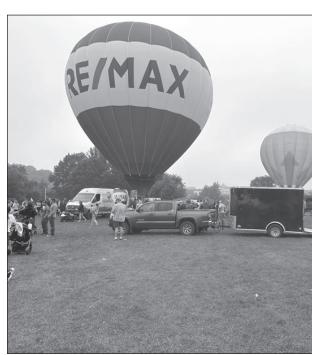


Photo by Laurie and Chris Allen

When you plan your funeral arrangements in advance, you're giving your family more than just a record of your service wishes. You're also telling them how much they mean to you. Planning ahead takes so little time, yet it gives your family what they'll need most. Time together, time to heal. Our trained staff members are available to discuss your funeral plans with you and record your wishes now ... before they're needed. What a nice gift to give your family. And yourself.

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Thursday, August 22, 2024 Page 11

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INOGEN

Page 12 Thursday, August 22, 2024

Maine receives \$450M grant to cut climate pollution

BOSTON, ME – As part of the Biden-Harris Administration's Investing in America agenda, U.S. Environmen-Protection Agency announced the general competition selection of the New England Heat Pump Accelerator to receive a \$450 million Climate Pollution Reduction Grant to implement community-driven solutions that tackle the climate crisis, reduce air pollution, advance environmental justice, and accelerate America's clean energy transition.

The New England Heat Pump Accelerator is a coalition application led by Connecticut Department of Energy and Environmental Protection, in partnership with the Maine Governor's Office of Policy Innovation and the Future, Massachusetts Department of Energy Resources, New Hampshire Department of Environmental Services, and Rhode Island Office Energy Resources. The selected application will fund projects across Connecticut, Maine, New Massachusetts, Hampshire, and Rhode Island that will rapidly accelerate the adoption of cold-climate air-source heat pumps, heat pump water heaters, and ground source heat pumps. The project will support coalition partners in providing resources for more than 500,000 single-family and multifamily residential buildings.

"President Biden believes in the power community-driven solutions to fight climate change, protect public health, and grow our economy. Thanks to his leadership, the Climate Pollution Reduction Grants program will deliver unprecedented resources to states, local governments, and Tribes to fund the solutions that work best in their communities," said EPA Administrator Michael S. Regan. "Selected recipients have put forward ambitious plans to advance sustainable agriculture, deploy clean industrial technologies, cut emissions and energy costs in homes and commercial buildings, and provide cost- and energy-efficient heating and cooling to communities, creating economic and workforce development opportunities along the way."

"No community should have to worry about a future of heat waves, flooding, and sea level rise; and every community should be able to seize the opportunities of a transition to a clean energy future. Today's announcement underscores our commitment to addressing the climate crisis head-on through collaborative, community-driven solutions," said EPA Regional Administrator David W. Cash. "The \$450 million Climate Pollution Reduction Grant for the New England Heat Pump Accelerator will not only advance our region's clean energy transition and create good jobs, but also deliver significant benefits to our communities by improving air quality, reducing energy costs, and fostering environmental justice. By working together, Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island are setting a powerful example of regional cooperation and innovation in tackling climate change."

"Heat pumps have become a greener, more energy efficient way for Maine people to save money during harsh New England winters," said U.S. Senator Angus King. "Across our state, we are already seeing the impacts heat pumps have on minimizing our carbon footprint while maximizing the amount of money staying in the pockets of Maine people. Our state will continue to lead in the cost-efficient energy space thanks to this EPA grant for the New England Heat Pump Accelerator Program."

"Mainers rely on fuel oil to heat our homes more than anywhere else in the country. Maine has already made significant progress on turning this high energy burden into an opportunity for climate progress, and this Climate Pollution Reduction Grant will accelerate our statewide transition to cleaner, more efficient, and cost-effective heat pumps. This grant will not only save Mainers and our neighbors money on their energy bills but will further America's climate goals to curb fossil fuel emissions and meet the growing challenge of climate change," said Congresswoman Chellie Pingree.

EPA made its selections through a rigorous grants competition that was designed to be fair and impartial. The Agency reviewed nearly 300 applications that were submitted by entities from across the country and requested a total of nearly \$33 billion in

The 25 selected applications—from states, a Tribe, local governments, and coalitions of these en- tiative, which aims to silience Framework, and tities—will receive feder- ensure 40 percent of the more.

al funding to implement local and regional solutions. Many of these projects can be expanded and provide examples that other states, local governments, Tribes, and even businesses can replicate in their work to tackle the climate crisis.

Together, these selected projects will implement ambitious climate pollution reduction measures designed by states, Tribes, and local governments that will achieve significant cumulative GHG reductions by 2030 and beyond. When estimates provided by all selected applicants are combined, the proposed projects would reduce greenhouse gas pollution by as much as 971 million metric tons of carbon dioxide equivalent by 2050, roughly the emissions from 5 million average homes' energy use each year for over 25 years.

EPA expects to announce up to an additional \$300 million in selections under the Climate Pollution Reduction Grants program for Tribes, Tribal consortia, and territories later this summer.

State, Tribal, and local action is vital to deliver on the President's commitment to reduce climate pollution by over 50 percent by 2030 and achieve net-zero emissions no later than 2050. The innovative measures contained in the selected applications, developed with input from local communities, are expected to achieve substantial public health benefits such as reducing exposure to extreme heat, improving air quality, reducing energy burden for lower income Americans, improving climate resilience, and providing workforce and economic development opportunities, particularly in low-income and disadvantaged communities.

The Climate Pollution Reduction Grants advance President Biden's historic Justice40 Inioverall benefits of certain climate, clean energy, and other federal investments flow to disadvantaged communities that are marginalized by underinvestment and overburdened by pollution.

The grants will fund projects supporting the deployment of technologies and programs to reduce greenhouse gases and other harmful pollution across the country and build the infrastructure, housing, industry, and competitive economy needed for a clean energy future. These grants will also help businesses capitalize on new opportunities, spur economic growth and job creation in new and growing industries, and support development of training programs to prepare workers. EPA expects to award the funds later this year, once all legal and administrative requirements are satisfied.

Many of the proposed projects contained in the selected applications announced, as well as the \$250 million in planning grant funding that EPA is providing under the CPRG program for development of Climate Action Plans by state, local, and Tribal governments across the country, will complement the Biden-Harris Administration's historic federal actions and national climate strategies across sectors. Those include: the U.S. National Blueprint for Transportation Decarbonization, the Administration's efforts to achieve 100% clean electricity by 2035 and make zero emissions construction common practice by 2030, the Industrial Decarbonization Roadmap, the U.S. Buildings Decarbonization Blueprint, the Administration's climate-smart agriculture efforts and Nature Based Solutions Roadmap, the U.S. Methane Emissions Reduction Action Plan, the National Climate Re-



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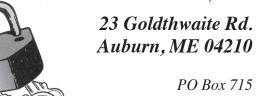
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Thursdays through Sept 5

WILTON -- Opening Minds through Art, Thursdays August 1 – September 5, 1 pm - 2 pm at Education Center of SeniorsPlus at 284 Main St., Suite 100, Wilton

Through a series of classes, OMA engages adults with dementia in creating free-wheeling art. Contact SeniorsPlus, at 207-795-4010, edcenter@ seniorsplus.org.

Aug 23

BAR MILLS -- Novel Jazz Septet - Keeping the musical legacy of Duke Ellington and Billy Strayhorn alive and swinging at Saco River Theatre, 29 Salmon Falls Road, Bar Mills, ME, Friday, August 23 at 7:30 PM. Tickets: \$15 General Admission www.sacorivertheate. org.

Aug 23

LEWISTON -- The Lewiston Public Library for Butterfly Storvtime and Craft in the Children's Department on Friday, AuCalendar

Send your submissions to the Editor. More online.

gust 23rd at 10am. Recommended for children ages 2 - 6 years old and their caregivers. Siblings are always welcome.

Enjoy an interactive butterfly storytime learning about butterflies and their life cycle. Stop by for some fun with books, songs, and body movement while building early literacy skills. After the storytime, each child can decorate and create their own flapping butterfly.

This program is free, open to the public and no registration is required.

Aug 24

GRAY -- First Congregational Church of Gray Saturday Night Church Supper, Saturday, August 24, 2024 @ 5:00 at the Parish House, 5 Brown Street, Gray

Handicapped

cessible. Meals are Single-sized and are \$10,00 each. Please pay at the door. The Menu includes: Variety of Casseroles & Salads, Baked Pea Beans & Red Kidney, Red Hot Dogs, Biscuits & Assortment of Desserts & Beverages

Aug 24, 25; Sept 8, 14

Join the DaPonte String Quartet with new violinist, Philipp Ellsner in a performance of Mozart's Quartet in Bb Major, K. 589 and Beethoven's epic Quartet in Eb Major, Op.

Saturday August 24 at 4:00 Union Hall, 24 Central St., Rockport

Sunday August 25 at 4:00 Surry Arts & Events at the Barn, 8 Cross Rd., Surry

Sunday September 8 at 7:00 Old Walpole Meetinghouse Candlelight Concert, State Rt. 129, Walpole

(https://oldwalpolemeetinghouse.org/

Saturday September 14 at 4:00 Great Cranberry Island Church

Tickets and additional information at dapontequartet.org

Aug 24

PORTLAND -- 2024 Portland Fine Craft Show, Saturday, August 24, 2024 10am - 5pm

Free Street Parking Lot @ 120 Free Street, Portland ME. Admission is free and open to the public. Outdoors - rain or shine

Aug 25

LEWISTON -- Mr. Drew and His Animals Too are at Lewiston Farmers Market once again! On August 25th from 11am to 1pm, join the market for a FREE, fun, family-friendly educational program featuring creatures of all kinds!

The market is located at 2 Oxford St, Lewiston. The program will take place on the Farmers Market Green, located between Oxford St alley and Lincoln St. Have questions? Stop by the market info booth and we'll be happy to help. The market itself is open for business 9:30am to 1:00pm. Check out our array of local produce and goods while you're at it!

Aug 26

FAIRFIELD - The US Navy Band, Country Current, is coming to Maine the last week of August '24. They will be at Lawrence High School in the air-conditioned WATC in Fairfield, Maine on Monday, 26 AUG '24 at 7 p.m. The physical school address is: 9 School Street, Fairfield, ME 04937. Tickets are FREE and may be do not want to come inside for seating.

Premium entertainment at affordable prices!

printed off at the following link: https://usnavyband. Wearing of face masks for those who wish ticketleap.com/2024-ccfairfield/dates/Aug-26is optional.

2024_at_0700PM

Aug 28

BAR MILLS -- Na-

than & The Zydeco Cha

Chas - If you haven't

heard what's happening

in zydeco lately, here's

your chance at Saco River

Theatre, 29 Salmon Falls

Road, Bar Mills, ME,

Wednesday, August 28

at 7:30 PM. Tickets: \$15

at www.sacorivertheatre.

delicious Haddock Sup-

per Buffet - Saturday, Au-

gust 31, 2024 - 5:00 pm

at Living Waters Church,

Parker Farm Road, Bux-

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Please note: We will

Aug 31

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Summer 2024

NORWAY -- Art Exhibition "If You Lived Here, You Would" at the award-winning Gingerbread House, Main Street, Norway, Maine. The show will dialogue with the history of this incredible edifice, which pours out of its every nook and cranny. "If You Lived Here You Would..." is a consideration of the home's past that offers a glimpse into its potential future through a selection of sculptures, paintings, drawings, and piecesmixed-media brought to western Maine for the very first time—by a group of internationally recognized and acclaimed artists.



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\$50K



The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
- Purchase seasonal fence for Shaw Park
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- Acquire tarps and field maintenance equipment
- Add scoreboards

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Thursday, August 22, 2024

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Keystone Sprinter 5th Wheel. 2018, 31 feet, 2 super slides, large refrigerator, like new-hardly used. Full winter cover, super glide included. Asking \$25,500 - please call 207-754-2165

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King's Landing Histori-

cal Settlement and have

a guided tour of Prince

Edward Island including

Anne of Green Gable's Home. We will have admission to the Hopewell Rocks and you will visit the Waterside Town of Saint John, New Brunswick and much more. A \$75.00 deposit is due when signing up. Price is \$1,639.00 per person double occupancy and this includes all entrance fees, meal tips and bus driver tip.

NOVEMBER 18-20, 2024 - CHRISTMAS IN **NEW YORK CITY** - Trip includes 2 nights lodging with 3 days in New York City. Breakfasts each morning and 1 dinner in a Manhattan Restaurant is included. We will have a backstage tour of Radio City Music Hall and a guided tour of Lower Manhattan, Times Square, Greenwich Village, Little Italy, Ground Zero and the Financial District. You will also visit the 9/11 Memorial Museum and Rockefeller Center. On Wednesday afternoon it's off to Radio City Music Hall to see the Christmas Spectacular featuring the World-Famous Rockettes. A \$200 deposit per person is due upon registration. Trip price is \$749.00 per person double occupancy which includes guided

tours, Radio City Spectacular, included meals and bus driver tip. Make checks payable to White Star Tours.

DECEMBER 13-15, 2024 - WHITE MOUNTAIN **HOTEL & RESORT** - Trip includes 2 nights lodging with 5 meals. We will visit the Rocks Estate in Bethlehem, NH with a Moose and Bear educational program. We will stop at the Bethlehem post office where you will be able to stamp your Christmas cards with the Star of Bethlehem seal and have them mailed from Bethlehem. Trip also includes 1 afternoon comedy show and 2 evening shows. All room and meal taxes and gratuities are includ-

Price for a double is \$629.00 per person. Deposit is \$100.00 per person at time of registration. Make checks payable to White Mountain Hotel and Resort.

APRIL 12-20, 2025 - A WEEK IN SPAIN: BAR-CELONA, MADRID & SEVILLE - Trip includes 7 nights lodging, 7 breakfasts and 3 dinners, 5 sightseeing tours and two train rides. Highlights are Sagrada Familia, Royal

Palace, Prado Museum, Cordoba, Olive Oil Tasting, Food Tasting and Royal Alcazar. Deposit to reserve your spot is \$300.00 with trip protection available for \$449.00.

If interested in any of these trips or upcoming trips, please contact Claire Bilodeau at 784-0302 or Cindy Boyd at 345-9569. If we are not available, please leave a message and we will call you as soon as we can.

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Page 16 Thursday, August 22, 2024

Food truck Summer Thursdays bring dinner to Gorham

Food truck Summer Thursdays hosted by the Economic Development Division are back, starting with the first event on the summer solstice – Thursday, June 20.

Folks can catch a rotating selection of food trucks every Thursday through Falls Recreation Area (664 Gray Road, Gorham).

We offer a different at its finest. selection of vendors each week (~7-8 total) from 4pm - 8pm, and the setting is very family-friendly complete with ample green space, music, and

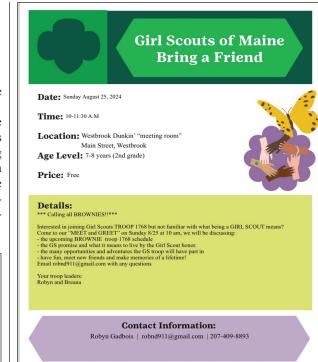
September 28th at the Little lawn games. It's the perfect way to spread out and enjoy a Maine summer afternoon

> This year, the Town is offering space to local organizations and businesses to engage the community and get the word out about exciting offerings and op

portunities available to the

We are grateful for the support of Gorham Savings Bank, which is sponsoring the purchase of 150 lawn chairs for visitors to utilize each Thursday. Beach blankets and chairs are still wel-

Send all items for What's Going On to the Editor. **Deadline** is Friday by five.





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