



# TWIN CITY TIMES

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## Andwell Health Partners doctor receives award

LEWISTON, ME — Elizabeth Balsam Hart, MD, Hospice Medical Director/Director of Medical Services at Andwell Health Partners, the largest, non-profit home and community-based healthcare and care management organization in Maine, was named one of the most influential leaders in hospice and palliative care, a field focused on relieving suffering and improving quality of life for people with serious illnesses.

The American Academy of Hospice and Palliative Medicine (AAHPM) asked its more than 5,000 members to nominate who they think are the leaders – or Visionaries – in the field.

Dr. Hart is one of those physicians, nurses and healthcare professionals recognized by their peers for the important role they played in advancing the specialty of Hospice and Palliative Care.

“I am inspired by Dr. Hart’s visionary leadership and unwavering dedication to excellence in hospice

and palliative care,” said Jackie Fournier, Nurse Practitioner, Andwell Health Partners. “She has been instrumental in developing an evidence-based practice and culture of excellence at Andwell. Under her leadership, the palliative and hospice practice has grown significantly to meet the needs across the State of Maine always keeping the patient and their family at the center. She blends the art and science of care seamlessly.”

Dr. Hart is a family physician with additional board certifications in Hospice and Palliative Medicine and Geriatrics. An honors graduate of Harvard-Radcliffe Colleges and Dartmouth Medical School, she completed her family medicine residency and her geriatric fellowship at Maine-Dartmouth Family Medicine Residency in Augusta. She is a graduate of the Practice Change Fellowship (PCF), a national program supported by the Hartford Foundation and Atlantic Philanthropies to advance excellence in geri-



atric leadership. She enjoyed her two-year local PCF project, “Cultivating Meaningful Conversations to Guide Care,” which focused on launching the POLST (Physician Orders for Life Sustaining Treatment) program in Maine.

Hospice and palliative medicine is the medical specialty that focuses on improving quality of life and relieving pain and other symptoms in seriously ill patients. Palliative care can and should be provided to patients who continue to receive treatments to try to cure or control their disease, regardless of their prognosis. Hospice is a specific type of palliative care for patients whose life expectancy

is likely to be six months or less. Hospice and palliative care also helps patients and families understand their treatment options and make decisions about their care, and provides information on spiritual and psychosocial services, support for family and caregivers and grief counseling.

“This program recognizes extraordinary individuals who continue to enhance the delivery of care for seriously ill patients and have brought true innovation to our field,” noted Wendy-Jo Toyama, MBA FASAE, AAHPM CEO.

“These visionaries represent thousands of clinicians, educators, and researchers who continue to innovate and lead the field to provide the highest quality care and support for those living with serious illness and their caregivers,” noted Vicki Jackson, president of AAHPM.

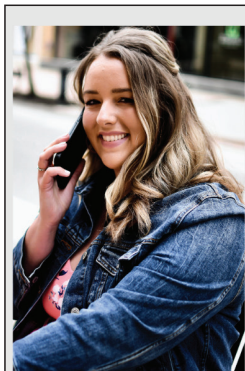
More information on the Visionaries project, including the list of the award winners is on the Academy’s website [www.aahpm.org](http://www.aahpm.org).

## Lewiston-Auburn Balloon Festival photo spread pages 7-10



Bruce Byberg of Remax New England, Hannah Bradbury and John Colburn. Photos by Laurie and Chris Allen.

Send all items for Names & Faces to the editor. Deadline is Friday by five pm.



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## Barks n’ Brews at Greater Androscoggin Humane Society

LEWISTON, ME — Get ready for a tail-wagging good time at Barks n’ Brews! On Sunday, August 25th, 2024, from 11:30 AM to 4:30 PM, the Greater Androscoggin Hu-

mane Society will host a fun-filled day celebrating our furry friends and the joy they bring to our lives. This free community event promises to be a day of excitement for dog lovers of all ages.

Date: Sunday, August 25th, 2024

Time: 11:30 AM – 4:30 PM

Location: Greater Androscoggin Humane Society, 55 Strawberry Ave, Lewiston, ME 04240

Parking: Hahnel Bros Parking Lot (46 Strawberry Ave, Lewiston, ME 04240)

Bring your family and canine companions for an exciting day featuring face painting, live music by Jody Boys, and

a variety of activities and vendors. The ladies at L/A Taco will be on-site serving delicious food, Halo Sips will have amazing lemonade, and there will be a beer tent featuring Baxter Brewing Co! Wristbands for 21+ guests will be provided upon entry. At 1:30pm we’ll have an adoption runway featuring adoptable pets! GAHS will also be open for adoptions.

2024 Bark & Brews Vendors Include:

- Brooke Trout Designs – Handmade Jewelry
- Sunny D Doggie Treats – Homemade Dog Treats
- Proxima Design Cat Toys – Handmade Cat Toys
- Halo Sips – Fresh

Squeezed Lemonade

Beyond The Kerf – Onsite Pet Tag Engraving

GAHS Tents – Raffles, 50/50, Face Painting & Dog Lick-Art Making

Cute Chic Y – Crocheted Animals

LC Tumblers & Tees – Custom Tumblers & Tshirts

Kitsune Creations - Homemade Toys & Accessories

Ello Sunshine - Handmade creations and events

Misfits Rehab - Wildlife Rehabilitation Facility

Banks’ Creations - Custom tumblers, glasses and resin crafts

Poofs Freezed Dried Candy - Your Fave Candy, Freezed Dried!

More to come!

This is a rain-or-shine event, and Robin’s Dog Park will be open to the public. Please note that dog park rules apply. Water bowls will be available on-site, and any canine displaying unsociable behavior will be kindly asked to leave. Event proceeds will benefit the Greater Androscoggin Humane Society.

See Barks, page 14

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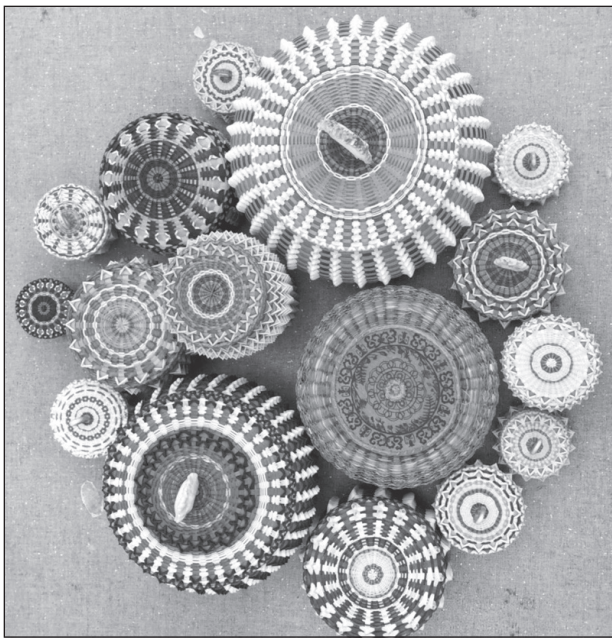
# Newsmakers, Names & Faces

## Wabanaki artist festival returns this weekend

**NEW GLOUCESTER, ME** -- The annual festival of Wabanaki's finest, award-winning artists is returning to Sabbathday Lake Shaker Village on Saturday, August 24th from 10am-3:30pm.

Basket making, stone carving, birch bark etching, woodcarving, doll making, beadwork, and jewelry making are among the oldest, enduring, and unique traditions passed down through generations of Penobscot, Passamaquoddy, Micmac, and Maliseet peoples, known as the Wabanaki, or "People of the Dawn."

Over 40 of the finest,



award-winning artists will participate in the Wabanaki Summer Market for their southernmost gathering in the State of Maine. Don't miss this special opportunity to appreciate Wabanaki culture firsthand through basket making, bead working, storytelling, drumming, singing, and dancing.

Purchase museum-quality crafts directly from Wabanaki artists recognized for preserving important cultural traditions. Crafts will be offered at a

wide range of price points. It is recommended that shoppers are prepared with cash and/or personal checks since not all artists accept debit/credit cards.

The ever-popular Burnaburnuskek Singers & Drummers will be drumming and singing from 12pm-1pm.

The Keepers of Traditions- This year's featured artist are: Dolly Barnes, Barry and Lori Dana, Faye Decontie, Gal Frey, Wendy Little Bear, Burnurwurbskek Singers, Butch and Kellie Jacobs, Paula Love, Richard Love, Melaina Maloney, Peter Neptune, Debbie Nich-

olas, Kenny Keezer, Debbie Huston, Gayle Phillips, Butch Phillips, Rae Pictou, David Sanipass, Caron Shay, Sarah Sockbeson, and Frances Soctomah.

Free admission and free parking. Rain or shine.

Maplewood Barbecue will be bringing their smoker and selling their popular dinner plates to the public, while supplies last.

Sabbathday Lake Shaker Village thanks all those who value quality educational and cultural experiences by supporting the Wabanaki Summer Market. Learn more at [maineshakers.com](http://maineshakers.com)

## MaineCF accepting applications for fall grant programs

**PORTLAND & ELLSWORTH, ME** — The Maine Community Foundation (MaineCF) is accepting applications for its fall grant programs. The deadline to apply for each of the following grant programs is Monday, Sept. 16. To apply, visit [www.mainecef.org/apply](http://www.mainecef.org/apply).

The Equity Fund's mission is to strengthen lesbian, gay, bisexual, transgender, and queer (LGBTQ+) organizations in Maine and support community-based initiatives.

The fund will give priority to proposals that increase access to health care, reduce race-based disparities, violence and/or harassment and promote respect and understanding. People who identify as LGBTQ+ must be involved with the or-

ganization or project in a leadership capacity and/or be involved with the design, delivery and evaluation of services and be most of the intended recipients of services. For more information, visit [www.mainecef.org/equity](http://www.mainecef.org/equity).

Investing in Leaders of Color supports nonprofit leaders of color and their organizations. The program provides one-on-one coaching, a stipend for professional development and operating costs, and networking opportunities.

This program is designed for people of color in leadership positions in nonprofit organizations that serve communities of color and promote racial equity in the state of Maine. Grants will be made to the organizations.

To receive a grant, applicant organizations



**Maine**  
Community Foundation

must serve communities of color and promote racial equity. The leader must be a person of color at a nonprofit organization in Maine and be available for coaching and professional development within a one-year timeframe. For more information, visit [www.mainecef.org/iloc](http://www.mainecef.org/iloc).

The Maine Charity Foundation Fund provides general operating and project support to organizations and projects that provide transportation and/or deliver essential services to under-resourced Maine people with limited or no

access to transportation. For more information, visit [www.mainecef.org/mainecharity](http://www.mainecef.org/mainecharity).

Maine Expansion Arts supports arts organizations and arts-based programs in Maine serving rural communities and/or Black, Indigenous, and other people of color, particularly in areas with limited access to the arts.

The program offers two separate tracks: one for organizations serving rural communities and the other for organizations led by and/or serving Black, Indigenous, and people of

color (BIPOC). For more information, visit [www.mainecef.org/mea](http://www.mainecef.org/mea).

The Maine Land Protection grant program provides grants for land acquisition or land conservation easement projects that build strong connections between people in Maine/Wabanaki territory and its land and water.

The proposed project must create or increase permanent access to land and water, particularly to marginalized and historically excluded populations. This includes people with low incomes, disabilities, mental health conditions or limited English proficiency; Black, Indigenous and other people of color; immigrants and/or refugees; those who identify as LGBTQ+ and communities with limited conservation opportunities.

For more information, visit [www.mainecef.org/mlp](http://www.mainecef.org/mlp).

The Maine Theater Fund provides capacity-building, general operating and project support to nonprofit professional and community theaters in the production and presentation of live theater. Priority will be given to adult theater, dramas and organizations that have not received multiple grants in recent years. For more information, visit [www.mainecef.org/mainetheater](http://www.mainecef.org/mainetheater).

The Maine Community Foundation brings people and resources together to build a better Maine through strategic giving, community leadership, personalized service, local expertise and strong investments. To learn more about the foundation, visit [www.mainecef.org](http://www.mainecef.org).

## OUT Maine receives grant from Jane's Trust Foundation

**ROCKLAND, ME** — OUT Maine has re-

ceived a sizable grant from Jane's Trust Foundation,

which will be used to develop and implement a multi-year approach to address the critical need for affirming mental health resources for LGBTQIA2S+

youth and families in Maine.

The grant itself will fund OUT Maine's curriculum development, training programs, support groups,

and provider networking opportunities, with a strong focus on evaluation to assess effectiveness and impact. The nonprofit will be partnering with local

universities to train new mental health professionals in supporting and affirming the LGBTQIA2S+ community.

"Especially in rural parts of the state, queer youth can feel extremely isolated, and experience higher rates of depression and suicidal ideation than their peers," says OUT Maine's Executive Director Sue Campbell. "This grant from Jane's Trust Foundation will help us educate the next generation of therapists and counselors to give these kids and their families the support they need."

Jane's Trust Foundation is "a family foundation dedicated to creating a more socially just and environmentally sustainable world in which all people thrive through education and deep connections with family, community, and the natural world."

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# Newsmakers, Names & Faces

## Lewiston announces city board, committee vacancies

**LEWISTON, ME** – The City of Lewiston is seeking resident volunteers to serve as members of the City’s various boards and committees. The following city boards and committees have current openings: Board of Appeals full member, Androscoggin County Budget Committee – District 2, Planning Board associate member, and Lewiston Senior Advisory Council representatives from Wards 1, 2, 4, 5, and city wide.

The Board of Appeals is charged with hearing citizen appeals

regarding orders, rules or failures of certain municipal entities to act relating to the zoning and land use code, building code, property maintenance, fire prevention codes, etc. The board has limited authority in granting conditional use permits and variances of zoning setbacks and related requirements.

The County Budget Committee will review the proposed budget, meet with each department and make recommendations to the Commissioners. The committee meets September through November. Residents can look up

their county district on the election page of the City of Lewiston’s website.

The Lewiston Seniors Advisory Council serves as an advisory council to the City Council in regard to community issues affecting seniors and shall serve as a liaison between the seniors of the community and the city. The committee shall enable seniors to send and receive recommendations from the City Council for consideration, to work toward goals that empower all of the community’s senior population, and to undertake service projects

that enhance the community.

The Planning Board performs duties prescribed by ordinance and state statute regarding subdivision review, major development review, and amendments to the land use code. It directs the preparation and maintenance of the official city zoning map and the city’s comprehensive plan. The board reviews the annual capital improvement program and the acquisition and disposition of all public ways, land, buildings and other municipal facilities not acquired through tax-lien

foreclosure. It hears and decides applications for conditional use permits, where the development is a major development as defined by City Code.

Lewiston residents who are interested in applying can contact the City Clerk’s Department to complete a committee volunteer application. Application forms are also available on the Boards and Committees page of the City’s website at [www.lewistonmaine.gov](http://www.lewistonmaine.gov). Committee descriptions, meeting times and other information about committee service are also

available on the City’s website. Applications can be submitted at any time and will be accepted until the positions are filled however the requested filing deadline is 4:00pm on Wednesday, August 28.

Residents are welcome to contact the City Clerk’s Department at 513-3124 with any questions they may have regarding the committee appointment process. Completed applications shall be submitted to the City Clerk’s Office for processing. Office hours are Monday - Friday, 8:30am - 4:00pm.

## Andwell Health Partners launches Therapy Care outpatient services

**LEWISTON, ME** - Andwell Health Partners announces the opening of its new Andwell Therapy Care outpatient services, now welcoming patients at 710 Main Street in Lewiston. This state-of-the-art facility is designed to meet the increasing demand for specialized therapy services in the greater Lewiston/Auburn area and surrounding communities.

“Our outpatient physical, occupational, and speech therapy services are aimed at meeting the critical demand for such services,” said Mary Anderson, OTD, OTR/L,

CLT, SI cert., Associate Director of Outpatient Andwell Therapy Care. “Our clinic is dedicated to providing high-quality care in an environment tailored to the specific needs of our adult patients.”

The Andwell Therapy Care outpatient clinic focuses on delivering exceptional one-on-one therapy for a range of conditions, including, but not limited to:

**Orthopedic and Neurological Rehabilitation:** Targeted therapy for patients recovering from orthopedic injuries or neurological conditions.



Formerly known as Androscoggin Home Healthcare + Hospice

**Parkinson’s Disease:** Utilizing the LSVT Big and Loud program to address the unique needs of Parkinson’s patients.

**Lymphedema and Cancer Rehab:** Specialized care for patients managing lymphedema and cancer.

**Cognitive and Life Skills Retraining:** Support for those requiring cog-

nitive rehabilitation and regaining essential daily living skills.

**Pre- and Post-Surgical Therapy:** Enhancing strength before and aiding recovery after surgical procedures.

**Traumatic Brain Injury (TBI), Spinal Cord Injury, Amputations, and Long COVID:** Comprehensive care for individ-

uals with these complex conditions.

**Gender Affirming Voice Training:** Speech therapy to support individuals in adjusting their vocal characteristics to better reflect their personal identity.

The clinic is particularly focused on filling gaps in service availability and addressing the needs of an aging population. “Our outpatient clinic is specifically designed for adults, especially older adults, providing them with an environment where they feel supported and understood,” Anderson added.

Andwell Therapy Care outpatient physical, occupational and speech therapy is another service in Andwell Health Partners continuity of care. Andwell Health Partners is Maine’s largest, non-profit home and community-based healthcare and care management organization.

To learn more or make a referral, please call (207) 741-1345 or email [patientservicecenter@andwell.org](mailto:patientservicecenter@andwell.org).

For more information on Andwell Health Partners services, visit <https://andwell.org>.

## Make a difference in the lives of older adults with SeniorsPlus

**MAINE** -- Senior-Plus, a leading organization dedicated to improving the quality of life for aging adults and people with disabilities, is looking for committed volunteers for its Money Minders program. This program pairs well-trained volunteers with clients who need help managing their monthly bills. By reducing overdraft and late fees, the program provides a lifeline to older adults and offers participants peace of mind. Volunteers have a significant impact on the well-being of the participants. This free service is available to individuals

aged 60 and older.

**Why Volunteer?**  
**Make a Difference:** Help older adults stay independent and financially healthy.

**Flexible Hours:** Volunteer hours that fit into your schedule.

**Comprehensive Training:** Receive training to help manage budgets, ensure timely bill payments and providing peace of mind.


**How to Get Involved:** Contact Senior-Plus today to learn more about the Money Minders program and how you can contribute. Your time and dedication can help some-

one stay on top of their finances and reduce unnecessary stress.

**Contact Information:** Call us at 207-753-6148 or email: [volunteerservices@seniorsplus.org](mailto:volunteerservices@seniorsplus.org) to find out more about volunteer opportunities and how you can make a positive impact in your community.

Join us in making a difference. Become a Money Minders volunteer and help bring peace of mind to the aging adults in your community.


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*Jonathan Knowlton joined Champoux Insurance Group in February as an Account Executive, with 20 years of experience in the insurance and investment field. After graduating from Thomas College with honors, he went to work for MetLife as a personal financial representative. From there he worked for Allstate insurance and within 3 years, had opened his own agency on Sabattus Street in Lewiston. Jonathan closed the agency after 13 successful years. Making sure clients are educated about the risks they face and protecting them with auto, home, and life insurance products has always been important to him; local families truly are in good hands with him. Jonathan lives in Auburn with his wife and son and enjoys ice fishing, ATVing, hiking, growing hot peppers and volunteering with the Boy scouts. Champoux Insurance Group welcomes Jonathan to our Team.*

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# Seniors Not Acting Their Age

## To the Goslings and Back



Kayakers prepare to depart from Mere Point Boat Launch



Paddlers cross Merepoint Bay towards Upper Goose Island



Mark Nelson approaches West Gosling Island

Mere Point Boat Launch in Brunswick provides boat access to Merepoint Bay. Nearby Maquoit and Middle Bays are also easily reached from this location. Operated by the Town of Brunswick, the upscale facility offers all-tide deep water entry and egress. Amenities include two boat ramps, a large dock, lots of parking, two toilets and a picnic area.

There is a downside. According to the town, the landing also provides an option to separately launch kayaks and hand-carry watercraft. This is misleading as the steep narrow stairs and weird contraption supposedly designed to lower

kayaks down to the water is, in my opinion, unsafe. I never use it and I don't know any other kayakers who do. Instead, the ramps are our choice to embark and disembark; a far safer alternative.

I wrote the Town of Brunswick about my safety concerns but they never responded. The landing was built by the State of Maine at the taxpayer's expense. It would seem reasonable to conclude the intent of constructing the facility was to create a safe launching environment for all users, not just motor craft.

Located near the end of Merepoint about 6 miles from the business section of Brunswick,

the landing also provides convenient access to a multitude of islands in the northern Casco Bay region including the Goose and Gosling Islands. I recently announced a Penobscot Paddle & Chowder sea kayak trip departing from the Mere Point Boat Launch. My planned destination was West Gosling Island where a Maine Island Trail Association (MITA) campsite is located. Happily, two frequent sea kayak companions, Ellen and Mark Nelson, agreed to join me.

The three of us met at the landing on a hot, steamy morning. Light to moderate winds out of the southwest were predicted and the tides were

going to be uncooperative for most of the day. We launched our kayaks from one of the ramps without problems. My experience has been that kayaks and motorized crafts are quite compatible when loading and unloading. Patience and respect for one another are the keys.

A light sea breeze was a refreshing relief from the sultry air crossing Merepoint Bay to Upper Goose Island, about a one mile expanse of open water. We passed an oyster farm on the east side of Upper Goose before progressing beyond a narrow channel that separates it from Lower Goose.

The tiny Gosling Islands were visible in the distance as we navigated along Lower Goose. Several moorings populate the area between the southeastern end of Lower Goose and the Goslings. On most summer days, numerous pleasure crafts are parked there. Not on this occasion; only two lonely vessels were taking advantage of the ideal boating weather.

West Gosling has a sandy beach that facilitates an easy landing. Shortly after we pulled our kayaks onto the shore, a team of MITA employees arrived in a motorboat and cleaned the site. We

found shade from the sun next to the campsite for our lunch break. While walking the shoreline, Ellen discovered a substantial community of periwinkles in the intertidal zone, something I'd missed during previous visits.

We considered paddling a long mile farther south to Little Whaleboat Island. After further discussion, our decision was to travel west across the bay to a chain of islands leading north to Merepoint.

As we were advancing towards the northern terminus of Bustins Island, Mark noted a fog bank was approaching Little Whaleboat. By the time we stopped at the next island, Pettingil, it was completely enveloped in fog. Our serendipitous decision to forego the traverse to Little Whaleboat was a fortuitous one.

Progressing north along Williams Island while taking advantage of a tailwind, we inexplicably encountered turbulent seas. There didn't appear to be any obvious explanation. We speculated that underwater shoals coupled with strong tidal currents were probably the cause.

Sister Island is northern-most in the sequence

of islands before Merepoint. Given the earlier choppiness, the one mile passage between them that connects Merepoint and Maquoit Bays was surprisingly calm.

The launch area was busy when we arrived. No problems were experienced while using a ramp to disembark.

My book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine* describes eight more exciting sea kayak excursions along the Maine coast.

*Ron Chase resides in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at [www.northcountrypress.com/maine-al-fresco](http://www.northcountrypress.com/maine-al-fresco) or in bookstores and through online retailers. His previous books are "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England." Visit his website at [www.ronchase-outdoors.com](http://www.ronchase-outdoors.com) or he can be reached at [ronchase-outdoors@comcast.net](mailto:ronchase-outdoors@comcast.net).*

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# Maine Authors Book Festival held at Thomaston Public Library

**THOMASTON, ME**—Maine Authors Publishing will be hosting the 5th Annual Maine Authors Book Festival on August 24, 2024, from 11 a.m. to 4 p.m., at a new location—the Thomaston Public Library!

Meet over 100 talented authors from across Maine (complete list available from [www.MaineBookFestival.com](http://www.MaineBookFestival.com)), spanning a wide range of genres, ready to sign and sell their books. This year's pirate-themed event (costumes optional!) promises fun for the whole family. Kids will love the treasure hunt and children's area hosted by The Coastal Children's Museum, while everyone can enjoy live music from the Shank Painters, and a pirate costume contest at 12:15 (win fun prizes for children and adults). Food will be available for sale from Stone Fox Farm Creamery. A portion of the proceeds from the book sales and all raffle ticket sales will be donated to The Coastal Children's Museum and the Thomaston Public Library.

From 11:30 a.m.–12:30 p.m., children's author Susan Vaughan will

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[www.mainebookfestival.com](http://www.mainebookfestival.com)

present "Piracy and the Coast o' Maine." Most pirate adventuring took place in waters far south of Maine, but did you know that long ago there were pirates who sailed Maine waters? Join author Vaughan for a short look at piracy on the coast of Maine, fun creating pirate hats, and a reading of her new book, *Stowaways: A Maine Pirate Tale*.

From 1:30–2:30 p.m., author Philip C. Baker will present "How to Write a Novel; It's Easy!" All you need is a "what-if machine." Merely type in, "What if?" What if a frail old Cuban fisherman hooks

a monster fish and battles the natural world to bring the pez to shore? Ding! Pulitzer Prize. What if right and wrong are inverted, morality overturned, while an Italian-American family and the family business are celebrated? Ding, ding! A runaway, best-selling novel, which is then turned into one of the greatest trilogies in film history. All Hemingway and Puzo did was turn on the what-if machine. Baker discusses the simple methods required to write the novel of your dreams. Relying on the learning experience of writing *Hunger Hill*, Philip brings humorous insights into writing a

book, specifically the novel.

From 2:30–3:30 p.m., author Deborah Gould will present "Historical Fiction: A Conversation with Deborah Gould." What is historical fiction, anyway? What changes it from a dry-as-dust narrative of dates and achievements to an intriguing, breathing work of literature? In other words, what makes it come alive? Let's talk about the weaving of social history, archival records, and the power of imagination into a novel about the people who came before us.

Local Thomaston restaurant Station 118 will have a customized menu for the event. FMI: [www.station118.com](http://www.station118.com). Based out of Searsport, Stone Fox Farm Creamery will have homemade ice cream for purchase. FMI: [www.stonefoxfarmcreamery.com](http://www.stonefoxfarmcreamery.com).

Shank Painters are a pirate-themed trio based out of Portland, Maine. Featuring accordion, guitar, vocals, banjo, and percussion, their repertoire consists of traditional sea shanties, tavern songs, and originals. FMI: [www.shankpainters.com](http://www.shankpainters.com).

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For more information, visit [www.MaineAuthorsPublishing.com](http://www.MaineAuthorsPublishing.com). The book festival will be held at the Thomaston Public Library, 60 Main Street, Thomaston, from 11:00 a.m.–4:00 p.m. Parking will be available at the library and nearby (follow parking signs). The festival is open to the public, and admission is free. For more information, visit [www.MaineBookFestival.com](http://www.MaineBookFestival.com).

## King welcomes first results of drug price negotiations

**WASHINGTON, D.C.** — U.S. Senator Angus King (I-ME) celebrated the White House completing the first round of Medicare negotiations to lower the price of 10 prescription drugs, which will lower out of pocket costs for Medicare beneficiaries on eligible drugs and save Medicare — and American taxpayers — billions. The announcement comes nearly two years after the Inflation Reduction Act, which King supported, was signed into law. In addition to the negotiation provisions, the bill also in-



cluded a cap on the costs in insulin and a \$2,000 cap on out-of-pocket drug costs for adults on Medicare. Tens of thousands of Maine Medicare enrollees currently take the 10 drugs included in the negotiations, paying annual out-of-pocket costs up to nearly \$5,000 in 2022.

"Today's announcement from the White House is welcome news which has been a long

time coming. One of the first bills I ever cosponsored in the Senate was the Medicare Prescription Drug Price Negotiation Act and thanks to the Inflation Reduction Act, this vision has finally become a reality," said Senator King. "For many older Maine people on a fixed income, affording lifesaving drugs can be a tremendous financial strain — sometimes forcing folks to choose

between their health or putting good on the table. With 30% of Maine people enrolled in Medicare, this is a game-changing step forward toward ensuring our seniors have better access to prescription medications while also reducing the heavy financial burden of high out-of-pocket costs. The savings from these new lower prices will also be a huge boost to the financial strength of Medicare itself, helping to insure its long-term viability. This is a real victory for people across Maine and the nation, and I look

forward to working with my Congressional colleagues to advance additional common sense ways to deliver better healthcare at lower costs.

Senator King has consistently worked to reduce healthcare costs for Maine people. The Inflation Reduction Act has laid the groundwork for — and in some cases already implemented — long-term changes in federal policy that will keep people healthier and deliver higher quality care at a lower cost to patients and Medicare. These benefits are

delivered while simultaneously reducing the deficit by finally allowing Medicare to do what any other large customer in America can do in a free market — negotiate bulk discounts. This will save taxpayers hundreds-of-billions from the Medicare budget. Last spring, Senator King introduced legislation to fast track drug pricing negotiations and continue to lower drug costs for older Maine people. He also has joined colleagues in calling on the Biden Administration to authorize cheaper, generic drugs.

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# Arts & Entertainment

## Bailey Public Library to host author, singer-songwriter

**WINTHROP, ME** -- The Bailey Public Library in downtown Winthrop will host international bestselling author Tess Gerritsen on Wednesday, August 28th at 6:30 p.m. The talk will focus on Gerritsen's latest novel "The Spy Coast," which received coveted star reviews from both Kirkus and Booklist. The book is the first in a new series.

Gerritsen's novels, featuring detective Jane Rizzoli and medical examiner Maura Isles, inspired the TNT television series "Rizzoli & Isles." Her books have been top-3 bestsellers in the United States and number one bestsellers abroad. She has won both the Nero Wolfe Award for excellence in the mystery



genre, and the Rita Award - the highest award of distinction in romance fiction.

A graduate of Stanford University, Gerritsen went to medical school at the University of California, San Francisco. Now retired from medicine, she writes full time and lives in Maine.

The event, part of the fifteenth annual Winthrop

Lakes Region speaker series hosted by the library, is free and open to the public. For more information call the library at 207-377-8673 or visit [www.baileylibrary.org](http://www.baileylibrary.org).

The Bailey Public Library in downtown Winthrop will host award-winning singer-songwriter Pete Kilpatrick on Thursday, August 29th at 6:00 p.m.



Pete Kilpatrick has been named Maine's best act four times in the Portland Best Music Awards, and has performed with Dave Matthews, Ray Lamontagne and many others. His music can be heard on "Parks and Recreation," "The Office," and at the annual Sundance Film Festival.

Kilpatrick spent his early childhood in Boston

before moving to Maine and graduating from York High School. He then attended the University of Southern Maine where he earned a degree in marketing.

The concert will take place in the King Event Room on the lower level of the Bailey Library. Doors to the event room will open at 5:30pm.

The event is free and

open to the public. For more information call the library at 207-377-8673 or visit [www.baileylibrary.org](http://www.baileylibrary.org).

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## Skelton Taintor & Abbott named Top Firm

**LEWISTON, ME** -- Skelton Taintor & Abbott is pleased to report that it has been named in the 2025 edition of "Best Law Firms™" as a Tier 1 firm in the Family Law and Litigation – Real Estate practice areas. "Law Firm of the Year" awards recognize a single top firm for its work in a specific legal practice area nationwide.

Awards are determined based on a handful of factors including lawyer feedback, the number of lawyers included in Best Lawyers® for that firm and practice area, historical analysis of the firm's "Lawyer of the Year" awards, materials submitted by firms and the firm's overall scope of areas of expertise.

Sarah Mitchell, Skelton Taintor & Abbott President, stated "Recognition as a "Best Law Firm" by Best Lawyers is an honor and serves to highlight the hard work and commitment to excellence shown by the firm's dedicated lawyers and staff. I am proud to work with such a tremendous team!"

## NYC comic coming to Great Falls Comedy Club

**AUBURN, ME** -- Make laughter a priority this week at Great Falls Comedy Club on Friday and Saturday night.

Friday night join our very own Nick Gordon for a night of laughs featuring a packed lineup of local comedy talent.

Then on Saturday night check out former firefighter turned stand up comedian, all the way from the clubs in New



York City, Damien Speranza.

Also appearing this weekend: Pat Neuguth and

Mike Johnson. Tickets can be found at <https://www.greatfallscomedyclub.com> or purchased at the door. Great Falls Comedy Club is located inside Craft Brew Underground at 34 Court Street, Auburn, under the red awning.

For more information contact the club at [info@greatfallscomedyclub.com](mailto:info@greatfallscomedyclub.com) or by phone at 207-200-5366.

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## Free pocket Constitutions available

**LEWISTON - AUBURN, ME** -- In conjunction with Constitution Day, September 17th, the Lewiston-Auburn Optimist Club is making available

to any interested students, teachers or schools, free pocket sized Constitutions that can be used in the classroom or for home studies.

Quantities are limited and will be given on a first come first served basis. To order, please contact any Optimist Club Member, or call 783-5269

**Send all items for Names & Faces to the editor. Deadline is Friday by five pm.**

# Wicked Illustrations Paint Party at L-A Balloon Festival



Paint Party photos by Wicked Illustrations.



Photo by Suzanne Murray

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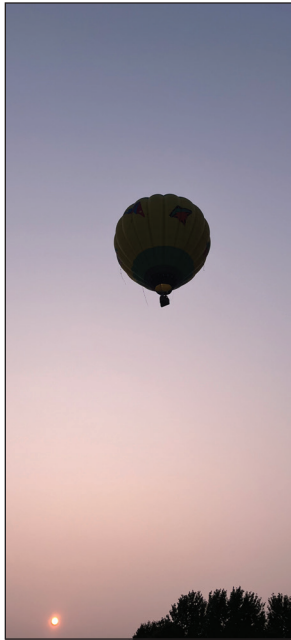


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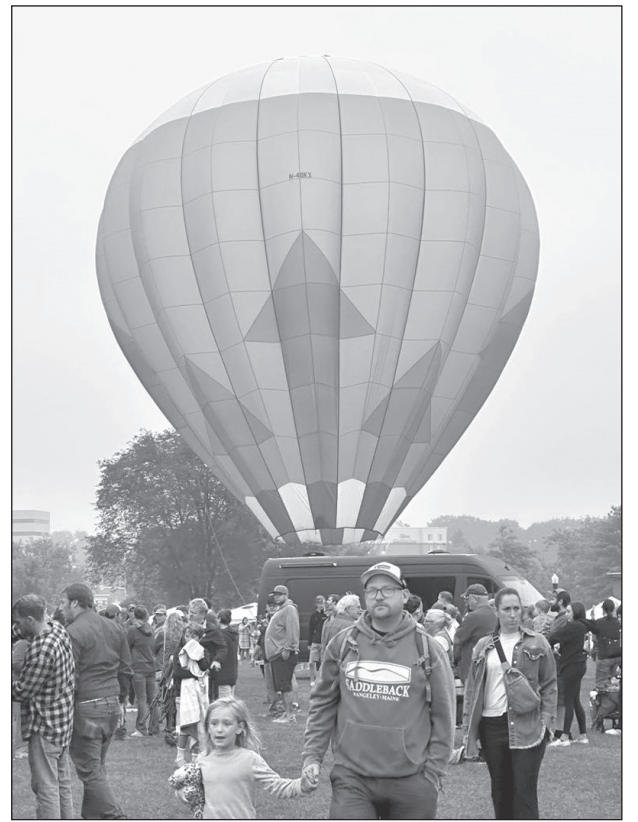


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# Maine receives \$450M grant to cut climate pollution

**BOSTON, ME** – As part of the Biden-Harris Administration’s Investing in America agenda, the U.S. Environmental Protection Agency announced the general competition selection of the New England Heat Pump Accelerator to receive a \$450 million Climate Pollution Reduction Grant to implement community-driven solutions that tackle the climate crisis, reduce air pollution, advance environmental justice, and accelerate America’s clean energy transition.

The New England Heat Pump Accelerator is a coalition application led by Connecticut Department of Energy and Environmental Protection, in partnership with the Maine Governor’s Office of Policy Innovation and the Future, Massachusetts Department of Energy Resources, New Hampshire Department of Environmental Services, and Rhode Island Office of Energy Resources. The selected application will fund projects across

Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island that will rapidly accelerate the adoption of cold-climate air-source heat pumps, heat pump water heaters, and ground source heat pumps. The project will support coalition partners in providing resources for more than 500,000 single-family and multifamily residential buildings.

“President Biden believes in the power of community-driven solutions to fight climate change, protect public health, and grow our economy. Thanks to his leadership, the Climate Pollution Reduction Grants program will deliver unprecedented resources to states, local governments, and Tribes to fund the solutions that work best in their communities,” said EPA Administrator Michael S. Regan. “Selected recipients have put forward ambitious plans to advance sustainable agriculture, deploy clean industrial technologies, cut emis-

sions and energy costs in homes and commercial buildings, and provide cost- and energy-efficient heating and cooling to communities, creating economic and workforce development opportunities along the way.”

“No community should have to worry about a future of heat waves, flooding, and sea level rise; and every community should be able to seize the opportunities of a transition to a clean energy future. Today’s announcement underscores our commitment to addressing the climate crisis head-on through collaborative, community-driven solutions,” said EPA Regional Administrator David W. Cash. “The \$450 million Climate Pollution Reduction Grant for the New England Heat Pump Accelerator will not only advance our region’s clean energy transition and create good jobs, but also deliver significant benefits to our communities by improving air quality, reducing energy costs, and fostering en-

vironmental justice. By working together, Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island are setting a powerful example of regional cooperation and innovation in tackling climate change.”

“Heat pumps have become a greener, more energy efficient way for Maine people to save money during harsh New England winters,” said U.S. Senator Angus King. “Across our state, we are already seeing the impacts heat pumps have on minimizing our carbon footprint while maximizing the amount of money staying in the pockets of Maine people. Our state will continue to lead in the cost-efficient energy space thanks to this EPA grant for the New England Heat Pump Accelerator Program.”

“Mainers rely on fuel oil to heat our homes more than anywhere else in the country. Maine has already made significant progress on turning this high energy burden into an opportunity for climate progress, and this Climate Pollution Reduction Grant will accelerate our statewide transition to cleaner, more efficient, and cost-effective heat pumps. This grant will not only save Mainers and our neighbors money on their energy bills but will further America’s climate goals to curb fossil fuel emissions and meet the growing challenge of climate change,” said Congresswoman Chellie Pingree.

EPA made its selections through a rigorous grants competition that was designed to be fair and impartial. The Agency reviewed nearly 300 applications that were submitted by entities from across the country and requested a total of nearly \$33 billion in funding.

The 25 selected applications—from states, a Tribe, local governments, and coalitions of these entities—will receive feder-

al funding to implement local and regional solutions. Many of these projects can be expanded and provide examples that other states, local governments, Tribes, and even businesses can replicate in their work to tackle the climate crisis.

Together, these selected projects will implement ambitious climate pollution reduction measures designed by states, Tribes, and local governments that will achieve significant cumulative GHG reductions by 2030 and beyond. When estimates provided by all selected applicants are combined, the proposed projects would reduce greenhouse gas pollution by as much as 971 million metric tons of carbon dioxide equivalent by 2050, roughly the emissions from 5 million average homes’ energy use each year for over 25 years.

EPA expects to announce up to an additional \$300 million in selections under the Climate Pollution Reduction Grants program for Tribes, Tribal consortia, and territories later this summer.

State, Tribal, and local action is vital to deliver on the President’s commitment to reduce climate pollution by over 50 percent by 2030 and achieve net-zero emissions no later than 2050. The innovative measures contained in the selected applications, developed with input from local communities, are expected to achieve substantial public health benefits such as reducing exposure to extreme heat, improving air quality, reducing energy burden for lower income Americans, improving climate resilience, and providing workforce and economic development opportunities, particularly in low-income and disadvantaged communities.

The Climate Pollution Reduction Grants advance President Biden’s historic Justice40 Initiative, which aims to ensure 40 percent of the

overall benefits of certain climate, clean energy, and other federal investments flow to disadvantaged communities that are marginalized by underinvestment and overburdened by pollution.

The grants will fund projects supporting the deployment of technologies and programs to reduce greenhouse gases and other harmful pollution across the country and build the infrastructure, housing, industry, and competitive economy needed for a clean energy future. These grants will also help businesses capitalize on new opportunities, spur economic growth and job creation in new and growing industries, and support development of training programs to prepare workers. EPA expects to award the funds later this year, once all legal and administrative requirements are satisfied.

Many of the proposed projects contained in the selected applications announced, as well as the \$250 million in planning grant funding that EPA is providing under the CPRG program for development of Climate Action Plans by state, local, and Tribal governments across the country, will complement the Biden-Harris Administration’s historic federal actions and national climate strategies across sectors. Those include: the U.S. National Blueprint for Transportation Decarbonization, the Administration’s efforts to achieve 100% clean electricity by 2035 and make zero emissions construction common practice by 2030, the Industrial Decarbonization Roadmap, the U.S. Buildings Decarbonization Blueprint, the Administration’s climate-smart agriculture efforts and Nature Based Solutions Roadmap, the U.S. Methane Emissions Reduction Action Plan, the National Climate Resilience Framework, and more.

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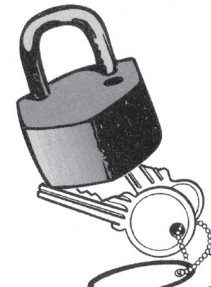
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**MAINE HOSTING SOLUTIONS**

# CONTACT US TODAY FOR POSSIBLE OPENINGS FOR YOUR AD IN OUR BUSINESS DIRECTORY!

**Thursdays through Sept 5**

WILTON -- Opening Minds through Art, Thursdays August 1 – September 5, 1 pm – 2 pm at Education Center of SeniorsPlus at 284 Main St., Suite 100, Wilton

Through a series of classes, OMA engages adults with dementia in creating free-wheeling art. Contact SeniorsPlus, at 207-795-4010, edcenter@seniorsplus.org.

**Aug 23**

BAR MILLS -- Novel Jazz Septet - Keeping the musical legacy of Duke Ellington and Billy Strayhorn alive and swinging at Saco River Theatre, 29 Salmon Falls Road, Bar Mills, ME, Friday, August 23 at 7:30 PM. Tickets: \$15 General Admission at [www.sacorivertheatre.org](http://www.sacorivertheatre.org).

**Aug 23**

LEWISTON -- The Lewiston Public Library for Butterfly Storytime and Craft in the Children's Department on Friday, August 23rd at 10am. Recommended for children ages 2 – 6 years old and their caregivers. Siblings are always welcome.

Enjoy an interactive butterfly storytime learning about butterflies and their life cycle. Stop by for some fun with books, songs, and body movement while building early literacy skills. After the storytime, each child can

# Calendar

Send your submissions to the Editor. More online.

decorate and create their own flapping butterfly.

This program is free, open to the public and no registration is required.

**Aug 24**

GRAY -- First Congregational Church of Gray Saturday Night Church Supper, Saturday, August 24, 2024 @ 5:00 at the Parish House, 5 Brown Street, Gray

Handicapped Accessible. Meals are Single-sized and are \$10,00 each. Please pay at the door. The Menu includes: Variety of Casseroles & Salads, Baked Pea Beans & Red Kidney, Red Hot Dogs, Biscuits & Assortment of Desserts & Beverages

**Aug 24, 25; Sept 8, 14**

Join the DaPonte String Quartet with new violinist, Philipp Ellsner in a performance of Mozart's Quartet in Bb Major, K. 589 and Beethoven's epic Quartet in Eb Major, Op. 127

Saturday August 24 at 4:00 Union Hall, 24 Central St., Rockport

Sunday August 25 at 4:00 Surry Arts & Events at the Barn, 8 Cross Rd., Surry

Sunday September 8 at 7:00 Old Walpole

Meetinghouse Candlelight Concert, State Rt. 129, Walpole

(<https://oldwalpolemeetinghouse.org/> for tickets)

Saturday September 14 at 4:00 Great Cranberry Island Church

Tickets and additional information at [daponte-quartet.org](http://daponte-quartet.org)

**Aug 24**

PORTLAND -- 2024 Portland Fine Craft Show, Saturday, August 24, 2024 | 10am - 5pm

Free Street Parking Lot @ 120 Free Street, Portland ME. Admission is free and open to the public. Outdoors - rain or shine

**Aug 25**

LEWISTON -- Mr. Drew and His Animals Too are at Lewiston Farmers Market once again! On August 25th from 11am to 1pm, join the market for a FREE, fun, family-friendly educational program featuring creatures of all kinds!

The market is located at 2 Oxford St, Lewiston. The program will take place on the Farmers Market Green, located between Oxford St alley and Lincoln St. Have questions? Stop by the market info booth and we'll be happy to help. The market itself is open for business 9:30am to 1:00pm. Check out our array of local produce and goods while you're at it!

**Aug 26**

FAIRFIELD -- The US Navy Band, Country Current, is coming to Maine the last week of August '24. They will be at Lawrence High School in

the air-conditioned WATC in Fairfield, Maine on Monday, 26 AUG '24 at 7 p.m. The physical school address is: 9 School Street, Fairfield, ME 04937. Tickets are FREE and may be printed off at the following link: [https://usnavyband.ticketleap.com/2024-cc-fairfield/dates/Aug-26-2024\\_at\\_0700PM](https://usnavyband.ticketleap.com/2024-cc-fairfield/dates/Aug-26-2024_at_0700PM)

**Aug 28**

BAR MILLS -- Nathan & The Zydeco Chas - If you haven't heard what's happening in zydeco lately, here's your chance at Saco River Theatre, 29 Salmon Falls Road, Bar Mills, ME, Wednesday, August 28 at 7:30 PM. Tickets: \$15 at [www.sacorivertheatre.org](http://www.sacorivertheatre.org)

**Aug 31**

BUXTON -- Try our delicious Haddock Supper Buffet - Saturday, August 31, 2024 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$10 Adult, \$5 Child, \$20 Family.

Please note: We will offer the option of takeout containers for those who do not want to come inside for seating.

Wearing of face masks for those who wish is optional.

Hand sanitizer is available for those who wish to use it.

**Summer 2024**

NORWAY -- Art Exhibition "If You Lived Here, You Would ...." at the award-winning Gingerbread House, Main Street, Norway, Maine. The show will dialogue with the history of this incredible edifice, which pours out of its every nook and cranny. "If You Lived Here You Would..." is a consideration of the home's past that offers a

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glimpse into its potential future through a selection of sculptures, paintings, drawings, and mixed-media pieces—brought to western Maine for the very first time—by a group of internationally recognized and acclaimed artists.

**Sept 4, 11, 17, 25**

LEWISTON -- The Oasis of Music begins its 2024-25 season on Wednesday September 4 with a performance by Denny Breau. Doors open at noon for a 12:30 start.

9/4. Denny Breau, songs and guitar stylings

9/11 John Smedley, jazz guitar, bass

9/17 (Tuesday!) Chris Lansley, flute and piano

9/25 Barry Lawson, mandolin and guitar

The Oasis of Music is a weekly music series held at Trinity Commons, 247 Bates Street in Lewiston. Music begins at 12:30 and continues for 30 or 40 minutes. Admission is free, with donations accepted. For more information call 344-3106.

**Thursdays starting Sept 5**

LEWISTON -- Baby Sensory Playtime in the Lewiston Public Library's Children's Department every Thursday morning from 10am to 12pm, starting September 5th, 2024.

Drop-in and join us for Baby Sensory Playtime! Babies and their caregivers will have the opportunity to interact with a variety of sensory toys and socialize with other families with young children. Playtime with sensory toys contributes to a baby's cognitive development, fine motor skills, social and emotional development, creativity, and language development.

Recommended for babies ages birth-18 months and their caregivers. Siblings are always welcome. This program is free, open to the public and no registration is required.

**Barks**

*Continued from page 1*

This event is proudly hosted by Baxter Outdoors. Baxter Outdoor events are designed to celebrate New England's natural spaces, foster community around the great outdoors, and be accessible to all who wish to join in on the fun. We can't wait to see you all at the inaugural Barks & Brews event! For more information, please visit our website: <https://www.baxterbrewing.com/event/barks-brews/>

**Butterfly Storytime**  
Friday  
August 23  
10AM  
Children's Department  
Recommended ages 2 - 6 years old  
Lewiston PUBLIC LIBRARY

## Audience favorite *Always...Patsy Cline* on stage at TAM

MONMOUTH, ME – Theater at Monmouth will present the musical *Always... Patsy Cline* for their fall show in September. Created and Originally Directed by Ted Swindley, this heartfelt celebration, full of emotion and down-home country humor, is sure to leave you tapping your toes to songs you know and love! Featuring hits such as "Walkin' After Midnight," "I Fall to Pieces," and "Crazy," *Always... Patsy Cline* is based on the true story of Cline's friendship with her biggest fan, Louise Seger. After Cline's tragic and untimely death, Louise reminisces on their hap-penstance friendship, her love for the singer, and the letters they wrote one another over the years, which Patsy consistently signed "Love Always... Patsy Cline". Be sure to join us for this "Crazy" good time

Thursday, September 12th through Sunday, September 22nd including matinee and evening performances both weekdays and weekends.

Directed by Adam P. Blais and Music Direction by Courtney Babbidge, *Always... Patsy Cline* features Susan Haefner as Louise Seger and Hope Elizabeth Schafer as Patsy Cline. While both women will be making their Theater at Monmouth debuts, neither are strangers to the big demands the show holds. Haefner has appeared previously on Broadway in *State Fair*, 42nd Street, and understudying Sutton Foster in the role of Millie Dillmount in *Thoroughly Modern Millie*. She has also appeared in many National Tours and at Regional Theaters across the country. Schafer is a rising star, having played the

role of Patsy in other productions of the show. She will be taking a small hiatus from her role as Mama Ogre/Wicked Witch in the National Tour of *Shrek the Musical* to step back into Patsy's boots in Monmouth.

Additional Production Credits include Set and Lighting Design by Jim Alexander, Costume Design by Michelle Handley, Wardrobe Supervision by Erika Gordon, Stage Management by Cameron Sarchi\*, Production Assistance by Llyn SADBHH Thomas, and Production Management by Daniel B. Thompson. The Musicians for the show will include Music Director Courtney Babbidge on Piano and Guitar, Parker Kenyon on Bass, Kate Gray on Violin, and Spencer D'Lauro on Percussion.

Performance Calendar: PREVIEW/MON-

MOUTH NIGHT 9/12 at 7:30 p.m.; OPENING 9/13 at 7:30 p.m.; additional performance dates 9/14, 9/19, & 9/20 at 7:30 p.m.; 9/14, 9/15, 9/17, 9/18, 9/21, & 9/22 at 1:00p.m.

*Always... Patsy Cline* is Co-Sponsored by Andrews Tolman and Robert & Cynthia McGuire.

Audience Engagement Programs

Post-Performance Discussions. Join us at select performances for Post-Performance Discussions with the cast and creative team. Discuss the critical historical, artistic, and cultural perspectives of the worlds of the show! A Post-Show Discussion will follow the 9/22 at 1:00p.m. performance.

Tickets and Ways to Save. Single tickets for *Always... Patsy Cline* are \$40 for adults, \$35 for senior citizens, and \$25 for students (18 and under).

There is a \$3 processing fee per ticket, regardless of how tickets are purchased.

Group Rates. Group Rates are available for parties of 10 or more, whether it's a large student group or a small knitting club, a corporate party or just family and friends! Groups who book also have the privilege of requesting a post-show discussion for the date of their performance! Contact the Box Office by email at [boxoffice@theateratmonmouth.org](mailto:boxoffice@theateratmonmouth.org) or by calling 207.933.9999 for more information and to book your group.

Monmouth Nights. The first performance of each show is Monmouth Night! Residents of the town of Monmouth can receive tickets for \$15 each. Monmouth Night is Thursday, September 12 for *Always...Patsy Cline*. Contact the Box Office at 207.933.9999 for Mon-

mouth Night Tickets, Proof of Residency may be required.

Opening Nights are Educator Nights. Educators receive 20% off the general ticket price with a valid photo ID at the Box Office.

Under 30 Rush Tickets. For patrons under 30, \$15 Rush Tickets are available for up to 20 audience members at each performance in the season excluding the Family Show and Special Events. Contact the Box Office by email [boxoffice@theateratmonmouth.org](mailto:boxoffice@theateratmonmouth.org) or by calling 207.933.9999 after 10 a.m. on the day of the show. Requests made before the Box Office is open will not be processed.

For calendar and reservations, please contact the TAM Box Office at 207.933.9999 or visit [www.theateratmonmouth.org](http://www.theateratmonmouth.org).

# Classified Ads

## BUSINESS FOR SALE

### Turnkey Screenprint Business

17 years successful apparel and design company available to the right people. Plenty of current accounts and still going. All equipment and stock included. 2000 square foot open shop for potential lease agreement. Call to discuss (207) 576-3210.

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**Keystone campfire edition travel trailer.** New June 2018. 29.8 feet. Less than 500 miles on it. 12 foot slide out, large refrigerator, leather couch. Two gray water tanks, large closets, over \$9000 extras. AC/furnace. Paid \$34,000 new. Must sell. Asking \$21,000. 207-310-0212.

**Keystone Sprinter 5th Wheel.** 2018, 31 feet, 2 super slides, large refrigerator, like new - hardly used. Full winter cover, super glide included. Asking \$25,500 - please call 207-754-2165

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## FOR SALE

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2 sound bars (Polk-High Performance Home Theater System), NEW, still in box. Sell both for \$175. Paid \$527. For both from Dish Network. Lewiston 207-240-1813.

## HOUSE KEEPING

Housekeeping/ House Arranging small items to aid in mobility. Small jobs/spring cleaning and removal of unwanted items. Scheduled regularly and ongoing. (207) 705-7989

## LIVE & CODE IN MAINE

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## SENIOR TRIPS

**OCTOBER 6 – 14, 2024 - NOVA SCOTIA, PRINCE EDWARD ISLAND & NEW BRUNSWICK** – Trip includes 8 nights lodging, 8 breakfasts, 1 lunch, and 6 dinners. You will have a guided tour of Acadia National Park, Halifax, Peggy's Cove & Lunenburg. We will visit King's Landing Historical Settlement and have a guided tour of Prince Edward Island including

Anne of Green Gable's Home. We will have admission to the Hopewell Rocks and you will visit the Waterside Town of Saint John, New Brunswick and much more. A \$75.00 deposit is due when signing up. Price is \$1,639.00 per person double occupancy and this includes all entrance fees, meal tips and bus driver tip.

**NOVEMBER 18-20, 2024 - CHRISTMAS IN NEW YORK CITY** - Trip includes 2 nights lodging with 3 days in New York City. Breakfasts each morning and 1 dinner in a Manhattan Restaurant is included. We will have a backstage tour of Radio City Music Hall and a guided tour of Lower Manhattan, Times Square, Greenwich Village, Little Italy, Ground Zero and the Financial District. You will also visit the 9/11 Memorial Museum and Rockefeller Center. On Wednesday afternoon it's off to Radio City Music Hall to see the Christmas Spectacular featuring the World-Famous Rockettes. A \$200 deposit per person is due upon registration. Trip price is \$749.00 per person double occupancy which includes guided

tours, Radio City Spectacular, included meals and bus driver tip. Make checks payable to White Star Tours.

**DECEMBER 13-15, 2024 - WHITE MOUNTAIN HOTEL & RESORT** - Trip includes 2 nights lodging with 5 meals. We will visit the Rocks Estate in Bethlehem, NH with a Moose and Bear educational program. We will stop at the Bethlehem post office where you will be able to stamp your Christmas cards with the Star of Bethlehem seal and have them mailed from Bethlehem. Trip also includes 1 afternoon comedy show and 2 evening shows. All room and meal taxes and gratuities are included.

Price for a double is \$629.00 per person. Deposit is \$100.00 per person at time of registration. Make checks payable to White Mountain Hotel and Resort.

**APRIL 12-20, 2025 - A WEEK IN SPAIN: BARCELONA, MADRID & SEVILLE** - Trip includes 7 nights lodging, 7 breakfasts and 3 dinners, 5 sightseeing tours and two train rides. Highlights are Sagrada Familia, Royal

Palace, Prado Museum, Cordoba, Olive Oil Tasting, Food Tasting and Royal Alcazar. Deposit to reserve your spot is \$300.00 with trip protection available for \$449.00.

If interested in any of these trips or upcoming trips, please contact Claire Bilodeau at 784-0302 or Cindy Boyd at 345-9569. If we are not available, please leave a message and we will call you as soon as we can.

## SUPERVISED EXERCISE

Fit to Function, individualized exercise programming promoting function through fitness. All ages welcome with emphasis on middle aged and older adults. Currently offered at private Lewiston gym, in-home options available. Call Mike Phelan for more information. 207-577-8777

## WANTED

### Odd jobs and Gig work

Trained and experienced in babysitting, petsitting, senior/adult care and cleaning. Contact Missy at 207-539-3261.

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**AD INFO:** \_\_\_\_\_  
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**NUMBER OF WEEKS TO RUN:** \_\_\_\_\_

# Auburn UU welcomes Rev. Terry

AUBURN, ME -- The First Universalist Church of Auburn welcomes Rev. Terry Sweetser as its new minister. Beginning on August 4, Rev. Terry will be preaching for eight consecutive Sundays, giving the congregation and visitors an opportunity to get to know him in the context of church worship life.

"We are fortunate to be able to engage Rev. Terry as our minister," says David Das, president of the Auburn UU Board of Directors. "His energy and enthusiasm are contagious."

Weekly homilies have, indeed been lively, engaging participants listening in person and on Zoom.

"The many positions that he has held within Unitarian Universalism give him a unique perspective on church life," says Das of Sweetser's fifty years of service as in both parish ministry and supporting the denomination at the national level. To learn more about Rev. Terry, see [reverendterry.org/](http://reverendterry.org/).

Notably, Rev. Terry has specialized in transitional ministry, helping

congregations rediscover themselves. He describes this as a time, "when a congregation can understand deeply and fully that its dynamism resides not in any one leader. It thrives within itself and in the larger world serves."

"A particular focus for Rev. Terry," Das notes, "will be working with our new Director of Religious Exploration, Samantha McCune, to reimagine our programs for children and youth." McCune is hosting a Family Game Night on Saturday, August 31 at

4pm, to engage families who may be interested in Auburn UU's religious "exploration" approach.

To learn more about the First Universalist Church of Auburn, see [auburn.org](http://auburn.org) or call 783-0461. Sunday worship is held at 10 a.m. at 169 Pleasant Street, across from Dairy Joy. Parking, accessible.



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