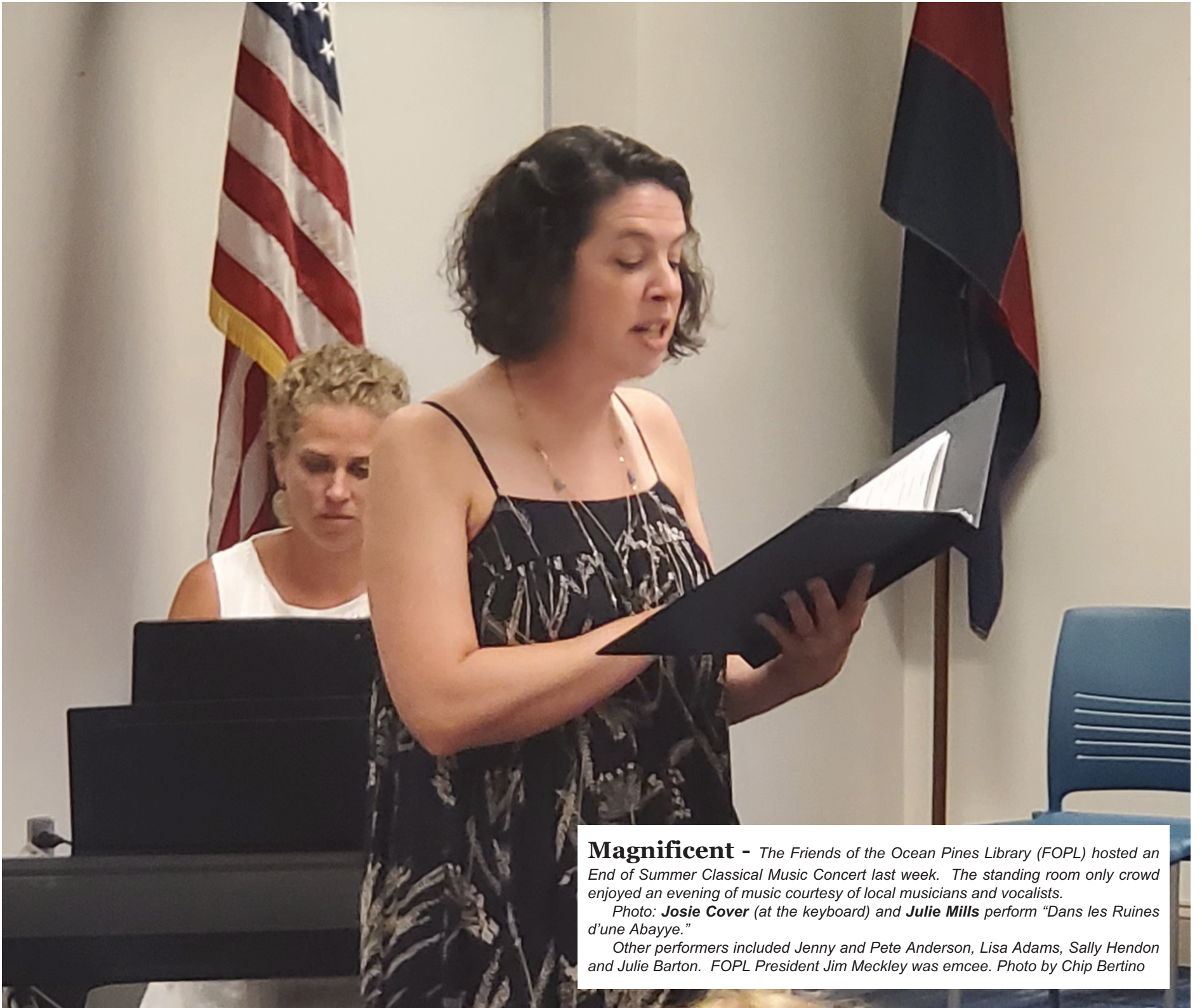


The Courier

September 4, 2024 Volume 25 Number 1



Magnificent - *The Friends of the Ocean Pines Library (FOPL) hosted an End of Summer Classical Music Concert last week. The standing room only crowd enjoyed an evening of music courtesy of local musicians and vocalists.*

*Photo: **Josie Cover** (at the keyboard) and **Julie Mills** perform "Dans les Ruines d'une Abayye."*

Other performers included Jenny and Pete Anderson, Lisa Adams, Sally Hendon and Julie Barton. FOPL President Jim Meckley was emcee. Photo by Chip Bertino

GOLD IS AT AN ALL TIME
RECORD HIGH!

It's Never Been A Better Time to Sell
WE BUY Gold & Silver Coins Gold Jewelry
Silver Jewelry Silverware

D.A.KOZMA JEWELERS Rt. 50 & 611 in the FOOD LION SHOPPING CENTER WOC 410-213-7505 KOZMAJEWELERS.COM

Zweemer's

PAVING & SEAL COATING

Residential • Commercial • Licensed & Insured

Berlin and Ocean Pines Most Trusted Source For All Your Paving Needs For Over 20 Years!

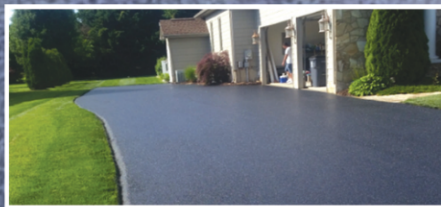
**Low Maintenance
Cost Effective
Driveways
Installed Quickly
CALL TODAY!**

**DRIVEWAYS & PARKING LOTS
INSTALLATIONS & MAINTENANCE**

- Black Top
- Millings Grading
- Seal Coating
- Patching
- Stone
- Tar & Chip

We Fix Pot Holes, Root Problems and Install Drains

**Zweemer Landscaping Bundling Package • Complete Property Services
Call Today for ALL Your Landscape & Hardscape Needs
888-Zweemer**



10% OFF ANY JOB

Mention This Ad

**Call Us Today For Your
FREE Estimate**

15% OFF ANY JOB

for All First Responders & Active Military

SERVING DELMARVA FOR OVER 20 YEARS

888-ZWEEEMER • 302-363-6116

Ocean Pines volunteers help grant 'Twilight Wish'

Two Ocean Pines women made the dreams of two local seniors come true on Wednesday, thanks to the Twilight Wish Foundation.

Lester Mason, 80, and Chauncey Corbin, 70, have each been clients of the Worcester County Developmental Center for several decades. The center, in Newark, Maryland, has helped local people with intellectual disabilities find meaningful employment, gain independence, and increase their self-worth since 1973.

Mason, WCDC a resident for more than 30 years, can often be seen carrying a picture book of his favorite cars. Corbin, a resident at the center since 1999, also loves cars, but was never able to get his driver's license because of an intellectual disability.

Both enjoy the Cruisin' Ocean City event where they can interact with classic cars, especially the hot rods.

On Wednesday, Worcester County Twilight Wish Foundation Chapter Director Carolyn Dryzga and volunteer Barb Peletier introduced Mason and Corbin to Ocean City Cruzers Club President Ronnie Young – and his 1929 Ford Roadster.

Mason took a 10-minute ride in the classic hot rod and posed for pictures next to it. Corbin was a little shy, but still enjoyed touching the car and meeting Young.

Several clients posed for pictures with the car, and Mason and Corbin each received t-shirts, and certificates that read:

*"For Maintaining an Inspiring and Uplifting Spirit
and Dedication to Others
Know that others remember and care"*

The Roadster itself has quite the history, built by Young and his father and brother more than 70 years ago.

"It was built from scratch," Young said. "My brother bought it in 1953, and when he went in the Marines my dad started on it with me, and it eventually moved on to me and I've kept it ever since," he said.

Young said building the car was a labor of love, and seeing it bring joy to others so many years later is deeply gratifying.

"It's terrific. I'm glad I could do this for somebody," he said. "I'm really glad I

could help somebody out and help them make a wish come true."

Dryzga started the Worcester County chapter of the Twilight Foundation in March. The chapter worked with WCDC to grant a client's wish to meet Minnie Mouse in July, and in August helped a 95-year-old veteran dine at Harrison's Harbor Watch and watch boats from the White Marlin Open come in.

Peletier, a prolific local volunteer who was given the Sam Wilkinson Volunteer Award from Ocean Pines earlier this month, said she was eager to help this new

cause.

"Carolyn told me about it, and I said, 'I'm in!'" she said. "It's been great so far. Everyone we approach has been so generous with their time."

Both were familiar with WCDC because of their prior volunteer experience.

"We've been going to nursing homes and visiting the Developmental Center, and just asked people to keep their ears open if they had anyone with a wish," Peletier said.



"We both feel that, if we can make somebody happy, it's a wonderful thing that we've discovered, and it's great that we can share this together," Dryzga said.

Dryzga said the Worcester Twilight Wish chapter is currently a two-person operation, but they will start to seek additional volunteers next year.

The Twilight Wish Foundation is a national nonprofit "whose mission is to honor and enrich the lives of seniors

through intergenerational wish granting celebrations." Since 2003, the nonprofit has granted more than 6,100 wishes throughout the United States.

For more information on local opportunities through the Twilight Wish Foundation, contact Dryzga at twfworca@gmail.com or call 302-889-0040 or 215-519-3670.

For more information on the organization, visit www.twilightwish.org.



Using natural gas
in your home or at
your business
can reduce your
carbon footprint.

Learn more at
sandpiper-energy.com

SANDPIPER
ENERGY

Chamber to Host Oktoberfest in the Pines

The Worcester County Chamber of Commerce in Ocean Pines will host its second annual Oktoberfest in the Pines on Sunday, October 6, at White Horse Park in Ocean Pines from 1 p.m. to 6 p.m. The event will feature the Enzian Volkstanzgruppe from Newark, DE.

The Enzian Volkstanzgruppe, or EVTG, is a Bavarian Volkstanz and Schuhplattler group founded in 1968. The object of the EVTG is to promote and preserve German folk dancing in the interest of assisting the Delaware Sängerbund and Library Association, Inc. in its aim to promote German customs and traditions. The Chamber wishes to bring the true meaning of Oktoberfest to the community. In Germany, Oktoberfest is not considered simply a beer festival, but rather a traditional folk festival for the entire family. What better way to celebrate the German culture than by enjoying an authentic folk dancing troupe and band?

A variety of food vendors will be on hand along with a Beer Garden and fun games and activities for all ages. Bring a chair to watch the performances, bring the kids to enjoy a lovely community Fall event, and learn the true meaning of Oktoberfest. Vendor and sponsorship opportunities available. For more information, visit WorcesterCountyChamber.org or contact us at (410) 641-5306, kerrie@worcestercountychamber.org.

Yacht Club pool to open this weekend

The Ocean Pines Yacht Club Pool will remain open an additional weekend in September, open from Friday, September 6 through Sunday, September 8 from 8 a.m. to 7 p.m., each day.

General Manager John Viola credited Aquatics Department staff and said keeping the pool open later into the season will help enhance the customer experience.

“We were able to staff to make this possible, and we believe this will provide our homeowners with even more opportunities to enjoy our amenities,” he said.

WCDC to host quarter auction

Worcester County Developmental Center (WCDC) will host a Quarter Auction on Tuesday, September 17 at their facility located at 8545 Newark Rd in Newark.

Proceeds from the event will go toward purchasing mobile notebooks to help direct care staff provide up-to-date support to clients daily.

Tickets are \$10 each. Each ticket includes one paddle. Each additional paddle can be purchased for \$5. If you are unable to attend and would like to participate, you can purchase an All in Paddle for \$50.

Doors open at 5:30 pm with the auction beginning at 6 p.m. Bring your quarters, but rolls of quarters will also be available for purchase. There will be a 50/50 raffle, a table of raffle items and vendors. Light refreshments and beverages will be available for purchase. Limited WCDC merchandise will be for sale.

Tickets can be purchased at WCDC or on Eventbrite at <https://www.eventbrite.com/e/wcdc-quarter-auction-tickets-980189612517?aff=oddtcreator>.

Donations from local businesses are being sought in return for advertising at the event.

Donations can be sent to WCDC at P.O. Box 70 Newark, MD 21841. If donation items cannot be mailed, please call and the item can be picked up. If you have any questions, please contact Jen Smullen 443-497-3875.

All donations to the Quarter Auction are tax-deductible. Worcester County Developmental Center, Inc. is exempt for federal taxes under section 501(c)(3) of the Internal Revenue Code. A tax-exempt determination letter is available to you upon request.

Since 1973, Worcester County Developmental Center has been committed to empowering adults with disabilities to be members of society capable of independent thinking and advocating for themselves to create rich, meaningful lives.



Worcester County Garden Club scholarship award

Worcester County Garden Club Scholarship Committee Chair Sandy Buchanan and member Glenda Clarke recently met for lunch with Ellie Johnson, recipient of the 2024 Worcester County Garden County Scholarship. Johnson had received the club's 2023 scholarship and talked about her recent freshman year at the University of Maryland studying Environmental Science. She took a variety of Environmental Science classes and is currently planning to pursue a concentration in Environmental Policy and a minor in Sustainability. Johnson enjoys growing plants and was very busy last summer managing a garden plot where the surplus became local food donations. The Worcester County Garden Club is pleased to renew this scholarship for the coming year and assist Johnson in her studies that share the club goals of environmental concerns and good stewardship of our land.

Above: WCGC Scholarship Chair **Sandy Buchanan** with 2024 scholarship recipient **Ellie Johnson**.

Hops Scramble nets funds for local charities

The Ocean Pines Golf Club on August 23 played host to the annual Ernie Stiles Memorial Bavarian Hops Golf Scramble.

The 17th annual event paid homage to the late Ernie Stiles, who founded the event in the early 2000s as a fun fundraiser for local charities.

During the tournament, players teed off for a nine-hole experience.

Ed Kessler earned the coveted “hops hat” with his closest-to-the-pin shot of two feet, three inches on the seventh hole – he also made birdie.

Proceeds this year of \$1,336 went to Diakonia and a \$1,286 donation went to the Worcester County Humane Society. The tournament has raised more than \$35,000 for local charities since its inception.

Organizers Patty Curtin and Don McMullen thanked the golfers and in-kind donations from patrons that

made the event possible.

“A special thank you to our friends at the seventh hole cheering us on, to John O’Connor and the bag drop personnel for their work, and Judie and Grayson for their work at the Clubhouse Grille in making our 17th annual event a success,” they said.

Clothing giveaway scheduled

Holy Trinity Cathedral ACNA will host a clothing giveaway on Saturday, September 14, from 9 a.m. to noon. Clothing for men, women, and children will be included. The cathedral is located at 11021 Worcester Highway in Berlin. If you are in need of clothing for yourself and your children, but can’t afford new, then you can take advantage of the gently used clothing that has been donated.

**Hot Sauce Band**

Art League party scheduled to return

The Art League of Ocean City announces tickets are now on sale for their annual “pARTy of the Year” to be held on October 9 between 6 p.m. to 9 p.m. at the Embers Restaurant at District 24 in Ocean City.

The theme for 2024 is “Wonderland,” and the party will feature Alice in Wonderland-inspired décor and an evening full of surprises. Tickets are \$150 and available online at OCart.org, by calling 410-524-9433, or at the Ocean City Center for the Arts, 502 94th St. bay-side.

Proceeds from the event support the many outreach and community programs of the Art League, a 501c3 nonprofit organization.

“What’s down the rabbit hole?” Rina Thaler, executive director of the Art League, asked. “Follow the White Rabbit and don’t be late! You’ll party with the Queen of Hearts and a very curious cast of characters for an evening filled with art, fun, friends, and food, all with a gorgeous bayfront view. A limited number of tickets are available, so please reserve early.”

The evening also includes Wonderland characters brought to life by the Lower Shore Performing Arts Company, special drinks at the open bar, an array of heavy hors d’oeuvres including a raw bar, sushi and ceviche, desserts from Candy Kitchen, and music and dancing with the Hot Sauce Band.

Guests have the opportunity to

bid on unique auction items including a raffle where the winner receives \$5,000 cash or a travel voucher sponsored by Oasis Travel.

“Our party is the one everyone talks about every year,” Thaler continued, “and this year will be no exception. Your support allows the Art League to keep the doors of the Ocean City Center for the Arts open seven days a week and free to all, and to reach out into the community with enriching programs.”

Corporate and personal sponsorships are still available for the party. “This is a golden opportunity to show your support for the arts and nonprofit organizations in our community,” Jessica Bauer, development director of the Art League, said. “The Art League has many levels of sponsorships available, with wonderful perks like private tables, VIP benefits, raffle tickets, and so much more.”

Potential sponsors may contact Bauer at development@artleagueofoceancity.org.

**E-subscribe
FREE**
to *The Courier* and
get it delivered to your
computer each week!

delmarvacourier.com

AGH explores strategic partnerships

The Atlantic General Hospital’s Board of Trustees announced last week they are launching a strategic partnership exploration process that will consider all options to enhance healthcare in the region. This process ensures Atlantic General Hospital continues moving forward thoughtfully to secure a future as a thriving, growing and competitive health system. The process will explore whether partnering with a like-minded healthcare organization or remaining independent is the right way to achieve that goal.

“Atlantic General Hospital has proudly served this community for more than 30 years, thanks to our dedicated associates, medical staff, volunteers and our local community,” said Doug Cook, Chair of the Atlantic General Board of Trustees. “The Board is excited to embark on this important journey to thoughtfully and carefully explore the best way to ensure Atlantic General continues providing high-quality healthcare to our community for decades to come.”

Over the coming months, the Board will determine a path forward that allows the organization to build upon the strengths and unique characteristics that define Atlantic General Hospital, while casting a wide net to evaluate all strategic options for the hospital’s future.

“Across the country, independent community hospitals like ours face difficult challenges including growing labor shortages and provider and specialist recruitment challenges, all while the cost of providing high-quality healthcare continues to increase,” said Don Owrey, president and CEO of Atlantic General Hospital. “We are excited to move forward in this important work to preserve AGH’s proud legacy as our community’s local hospital, while planning for an even brighter future.”

This is the first step in a deliberate process that will take considerable time. The Atlantic General Hospital Board is committed to keeping the community informed as the strategic partnership exploration unfolds.

“The Board of Trustees is energized around the opportunity to proactively determine the future of Atlantic General Hospital,” said Cook. “I can think of no better time to chart our course to determine the best, next step to ensure our hospital continues as our community’s local healthcare provider.”

The strategic partnership exploration process will not impact the health system’s daily operations, and nothing changes today for patients.

Visit www.AGHForward.org to learn more about the partnership exploration process and next steps.



Advertising Sales Professionals

The Courier, a weekly community newspaper seeks experienced advertising sales individuals with strong interpersonal skills to build advertising relationships and assist in publication growth.

You must be professional, well-spoken, deadline and customer oriented, and highly motivated with strong communication and organizational skills. Work from home.

This is a commission-based position with considerable income growth potential. Enjoy flexible working schedule.

Send cover letter and resume to
Chip Bertino at

chipbertino@delmarvacourier.com

EOE

There are no restrictions on abortion in Maryland

Editor:

Did you know there are no legal restrictions on abortion in Maryland? Not one.

That being the case, you have to wonder why the Democrats in the legislature have proposed an amendment to the Maryland constitution that will establish abortion as a constitutional right. They can't seriously think that the State of Maryland, with its 2:1 Democrat voter majority, will ever pass legislation restricting abortion rights.

This issue will be Question One on the ballot this year. The following is the text of the Reproductive Freedom Amendment:

"That **every person**, as a central component of an **individual's right** to liberty and equality, has the fundamental right to reproductive freedom, **including but not limited to** the ability to make and effectuate the decisions to prevent, continue, or end one's pregnancy. The State may not, directly or indirectly, deny, burden, or abridge the right, unless justified by a compelling state interest achieved by the least restrictive means." (Bolding intentional).

I humbly ask all readers to carefully consider this amendment and note that there are no age parameters ("Individual" includes everyone, of any age) and that it is very broad in the "right" granted ("Not limited" how? To what?). A Republican Senator offered an amendment to this Reproductive Freedom Amendment that would require parental consent for minors, but this was rejected. Why?

Why was this amendment rejected? Why do some politicians think parents should not know about or participate in their child's life alternating decisions and who is encouraging these decisions? And, seriously, do you really think this will be limited to abortion?

Even parents who are full-throated proponents of abortion, which is, again, completely unrestricted in Maryland, should be very cautious about this and carefully consider their votes on this amendment to the Maryland constitution.

The purpose of this amendment is to override parents' rights and to allow the state, through the public education system, to encourage minors' life altering decisions without parental knowledge or consent.

Jan Kolesky
Berlin



Donation - The Kiwanis Club of Greater Ocean Pines-Ocean City recently donated \$2,000 to Worcester GOLD (Giving Other Lives Dignity). (L-R) Kiwanis Club President **Bob Wolfing** and GOLD's Executive Director **Nicholas Canford**.

Courier Almanac

On September 4, 2016, Mother Teresa, a Roman Catholic nun who dedicated her life to caring for the destitute in India, officially becomes Saint Teresa of Calcutta, almost two decades after her death on September 5, 1997.

A Pew Research Center analysis of population estimates by the U.S. Census Bureau between 1970 and 2022 indicates the Hispanic population has grown by a considerable margin over the last half century-plus. According to the Pew Research Center, the Hispanic population in the U.S. was around 9.6 million in 1970. By 2022, that figure had risen to more than 63 million. By 2022, Hispanics accounted for roughly 19 percent of the U.S. population, which was nearly four times as high a percentage as 1970, when just 5 percent of the nation's individuals could claim Hispanic heritage. The Hispanic population has experienced a recent boom as well, as the Pew analysis indicated the number of Hispanics in the U.S. grew from 50.5 million in 2010 to 63.6 million in 2022.





e-subscribe **FREE** to
The Courier and get it
delivered to your
computer each week!

delmarvacourier.com



Chip Bertino Publisher/Editor

Mary Adair Comptroller

Linda Knight Advertising Representative

Contributors

Jack Barnes, Dan Collins, Ralph Farrusi Ron Fisher, Douglas Hemmick, Joe Reynolds
Robert B. Adair 1938-2007

98 Nottingham Lane Ocean Pines, MD 21811
410-629-5906

thecourier@delmarvacourier.com

www.delmarvacourier.com

facebook.com/TheCourierofOceanPines

The Courier

Look that up in your Funk and Wagnalls*

You will hear no complaints from me about the wonders of modern technology. Well, you won't hear many complaints. So much information is now available at my finger-

1933-present." There are no passages about World War II because it's six years in the future.

Or how about this? "Television. A concept of transmitting radio and images to a home receiver." That's something isn't it? A concept.

Of course, information is now updated in nanoseconds. I don't have to go to the bookshelf or library to be enlightened. Just tap my phone screen and

presto! Everything I want to know about "twerking" is right there which is either amazing or a just a little unsettling.

I remember an occasion when my wife and I were watching a commercial in which Marie Osmond was promoting a diet plan. We recalled when Marie with her brother Donny hosted a television show in the 1970s. The show was watched at that time on televisions without stereo, HD or Bluetooth compatibility. We debated how old Marie was. The word "debate" really doesn't convey accurately the scene. My wife has a tendency to speak in infallible tones. Fortunately, modern technology provided me with a bit of an edge. I Googled Marie Osmond's name and learned she was a few years younger than my wife thought which I quickly related. The room went stone quiet. You know, sometimes modern technology is not all it's cracked up to be.

Funk and Wagnall is no more. It has gone the way of the dinosaur, the phone booth and video stores. Wikipedia is the research tool of today. It's never out-of-date and is much easier to carry around than 26 bound volumes. Still, years from now a person walking through an antique shop won't have the opportunity to learn what the world knew as of 2024.

**A catchphrase popularized in the 1960s television program Rowan and Martin's Laugh-In.*

It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com



tips; literally no farther away than the touchtone screen of my phone. There was a time when if I wanted to learn something about some distant island in the South Pacific Ocean, I'd refer to Funk and Wagnalls.

Remember Funk and Wagnalls? Each year the company published alphabetical volumes containing information on just about everything and anything. They were usually leather bound (or at least looked leather bound) and lined the bookcase. Information, photos and diagrams were all printed on the black and white pages. It was all there for the reading. Now it seems quaint - thumbing through pages to locate information. It's as old fashioned as a rotary phone.

Growing up we had a set of encyclopedias. I don't remember if they were Funk and Wagnalls but I do remember my mother acquired the books over a period of time from the A&P supermarket. During visits she purchased one or two volumes. For the longest time we had volumes B through E; no A and only one of the two index volumes. Eventually the entire set of burgundy and white covered volumes rested on our bookshelf. And there they sat for a long time. With each passing year they became dated and less used. The contained information became a time capsule. Gerald Ford was president. Beijing was Peking. Pluto was a planet. Whatever happened to these books I am unsure.

From time to time when I amble through an antique store, I find old encyclopedia volumes. Opening an old volume, inhaling the musty smell of time, equates to time travel. It's amusing to read: "Roosevelt, Franklin D.: president of the United States,

E-subscribe **FREE** to *The Courier* and get it delivered to your computer each week!

www.delmarvacourier.com

**FIFTEENTH ANNUAL
PATRIOT DAY
FASHION SHOW AND LUNCHEON**
"United We Stand"

Thursday, OCTOBER 3, 2024
Ashore Resort and Beach Club
10100 Coastal Highway, Ocean City, MD
10:00 am—2:00 pm

Fashions by: BRUDER HILL AND L'ETE

Plated Luncheon

\$45
(Includes tax and gratuity)

**Lucky Surprise Boxes, Vendors
and Much More**
For information call Kris Barron at: 443-614-8445

Tables of
10
**For group seating, please send all checks and reservations together
to:**
RWWC Fashion Show, P.O. 1292, Ocean Pines, MD 21811
Checks made out to RWWC Fashion Show

Sponsored by The Republican Women of Worcester County
Deadline: September 12, 2024



HAMILTON

HAND TO SHOULDER





Wrist Pain?

Sprains & Pains

Custom braces made to fit!

NEXT TO FOOD LION **410.208.3300**

Ocean Pines: info@hamiltonhand.com

SDMS earns distinguished Apple recognition

Worcester County Public Schools announced that Stephen Decatur Middle School (SDMS) has been recognized as an Apple Distinguished School for 2024–2027 for their commitment to continuous innovation in education and using Apple products to create exemplary learning practices.

Apple Distinguished Schools are recognized as some of the most innovative in the world. They are centers of leadership and educational excellence, with a clear vision for how technology-rich environments support learning goals. At SDMS, teachers incorporate technology into their lessons, empowering students to lead, learn, and thrive, to discover new opportunities, and to make their world a better place.

“Our school believes firmly that instruction is at its best when we inspire our students to be creative, collaborative, critical thinkers,” said Theresa Torpey, principal of Stephen Decatur Middle School. “The use of Apple technology in our classrooms does all of this and also empowers our students to not only engage with their learning, but to take ownership of it.”

The selection of SDMS as an Apple Distinguished School highlights the school’s success as innovators and creators of compelling learning environments that engage students and provides tangible evidence of academic achievement.

“I continue to be amazed how our

schools are successfully infusing technology into their instructional practice to more effectively reach this generation of learners,” Superintendent of Schools Lou Taylor said. “We began the journey to bring cutting edge technology to our schools in 2020, and to have now four of our schools be named Apple Distinguished Schools within that time demonstrates how impactful this investment is for our both our students and staff.”

The three-year designation of being an Apple Distinguished School comes with the expectations that SDMS will continuously innovate and explore cutting-edge opportunities for using technology to design the future of education. They join Berlin Intermediate School, which was named an Apple Distinguished School for 2022–2025 and will reapply for this distinction this school year, and Pocomoke and Snow Hill High Schools, which were named Apple Distinguished Schools for 2023–2026.

Students and staff at all four schools will engage with the Apple Education team, along with a worldwide network of school leaders, to investigate and support the integration of new education products, curriculum, and services and inspire others. The schools will have the opportunity to renew the recognition during the last year of their recognition term, by demonstrating continued growth in innovative learning with integrated technology.



Success - The Ocean City-Berlin Optimist Club held its annual golf tournament at Ocean City Golf Club, Newport Bay course, Wednesday, August 28. The purpose of the tournament is to fund the organization’s youth foundation. The purpose of the youth foundation is to endow scholarships for the students of Stephen Decatur High School.

Thanks to the 56 golfers who participated, and to the incredible generosity of our sponsors throughout the community, nearly \$17,000 was raised. Charles Smith has been running the tournament for 14 years and, in that time, over \$200,000 has been raised for the foundation.

Above: **Sharon Sorrentino** and **Cindy Malament** who worked the golf tournament checking in golfers and selling tickets.

Worcester County achieves AAA bond rating

Fitch Ratings, one of three major credit rating agencies, has upgraded Worcester County’s Issuer Default Rating (IDR) and general obligation (GO) bonds to AAA.

In its rating commentary, Fitch recognized the County’s financial resilience, for both revenues and expenditures, as well as the planned build-up of reserves in recent years as key ratings drivers for the upgrade. In addition, the County’s ability to manage long term debt and related liabilities was cited as being well above comparable counties and Fitch concluded that the County’s credit outlook is “Stable.”

“We’re very pleased that our conservative management of taxpayer money and county assets has been recognized in this elevated rating

that will improve our ability to borrow money at a reduced cost,” said Worcester County Commissioner Chip Bertino.

Those better borrowing costs will serve the county well as major capital projects move forward, according to Finance Director Phil Thompson.

“The recent rating upgrade from AA to AAA from Fitch Ratings rewards us for years of prudent fiscal management and responsible budget decisions,” Thompson said. “This rating will provide lower borrowing costs that the county will use to provide needed capital projects including schools and infrastructure improvements that will provide long lasting benefits to the residents of Worcester County.”



Advertising Sales Professionals

The Courier, a weekly community newspaper seeks experienced advertising sales individuals with strong interpersonal skills to build advertising relationships and assist in publication growth.

You must be professional, well-spoken, deadline and customer oriented, and highly motivated with strong communication and organizational skills. Work from home.

This is a commission-based position with considerable income growth potential. Enjoy flexible working schedule.

Send cover letter and resume to
Chip Bertino at

chipbertino@delmarvacourier.com

EOE



Ocean Pines FALL FLEA MARKET

**It's time to make
room for the holiday
gifts & make a little
holiday cash!**

Saturday, Sep 21 | 8am-12pm

(rain or shine)

White Horse Park & Community Center



The Indoor/Outdoor Flea Market welcomes vendors selling gently used clothing, household items, toys, jewelry, collectibles & more!

Admission: FREE to Shoppers!

VENDOR SPACE

All spaces include one 8ft. table & 2 chairs (indoor & outdoor).

Stop by, take a look at the layout, choose your location & get registered.

Residents \$15 Non-residents \$20

Spaces go fast! Don't wait!



Call Rec & Parks to register space at: 410.641.7052



My Backyard... sponsored by Maureen Kennedy

The Warbler

Warblers in North America are known as small migratory songbirds that travel long distances from as far as South America up to breeding grounds as far as Canada. They are active and often bright birds that rush through from breeding to wintering grounds in a flash of yellow and green and with a marvelous variety of songs.

In North America, they are members of the wood-warbler family but in Europe, the Old World warblers are members of the Sylviidae family, but there are 13 families called warblers in the world.

Although warblers can look similar to finches, wrens, or sparrows, they are not related songbirds.

There are 52 species of warbler that visit North America regularly according to the American Birding Association. Many of them look quite similar in shades of yellow. There are also two species named warblers that breed here but they are not actually warblers, the arctic warbler and the olive warbler.

A great time to spot warblers is in spring during migration, especially in May. Canada is the best place to see them in the summer, and in southern states, some warblers will overwinter.

North American warblers are also known as wood-warblers as they can be found mainly in woodland and forests. You may also get what is known as warbler neck, which is a painful neck stiffness and tingling from looking up into the trees with your binoculars trying to spot them.

Warblers migrate and can travel long distances from winter to summer grounds.

Common Warblers in Spring:

- Yellow Warbler
- Common Yellowthroat
- Yellow-rumped Warbler
- American Redstart
- Northern Parula

Common Warblers in Winter:

- Yellow-rumped Warbler
- Palm Warbler
- Orange-crowned Warbler
- Common Yellowthroat
- Pine Warbler

Warblers mainly eat insects that they find from branches and leaves in trees, but in winter they may also eat some fruits and berries.

You can also attract warblers to your backyard by making insect-friendly habitats or offering mealworms. Some will also visit bird feeders for black oil sun-



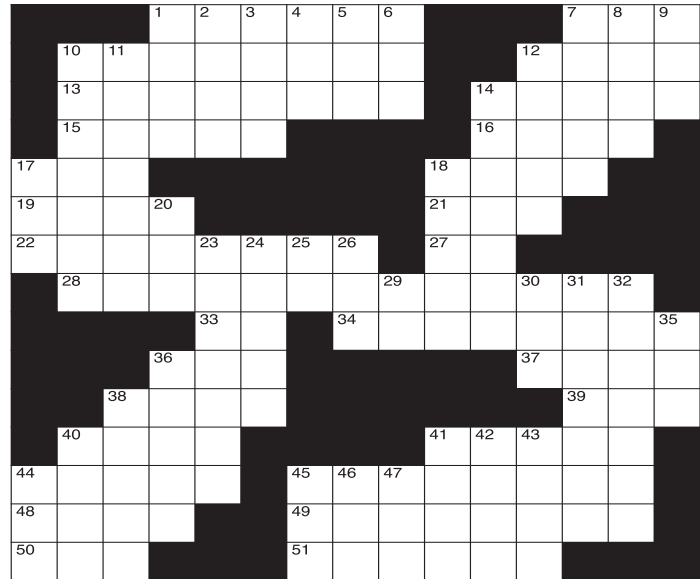
flower seeds, hulled sunflower seeds, peanut hearts, suet, and peanut butter.

You will often hear warblers before you see them and if you get to know a few of their songs then it will be easier to identify the bird you see. Luckily some warblers' songs sound more distinctive than others.

Warblers are probably called warblers due to their warbling song as to warble means to sing in a thrilling song with many twists and turns.

Warblers' songs can be described as buzzy, clear, or a thrill and they may rise in pitch or fall and they have several different sounds going on. A buzzy note sounds insect-like, a clear note is like a whistle and a thrill is so fast you can't hear the individual notes.

-birdadvisors.com

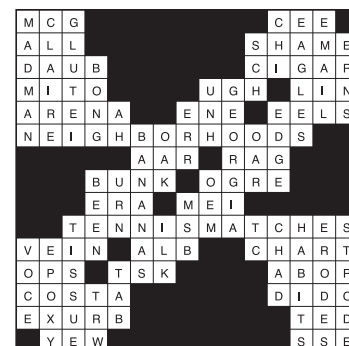


CLUES ACROSS

- 1. Current unit
- 7. Reciprocal of an ohm
- 10. God of the sea
- 12. A way to disfigure
- 13. Positioned
- 14. Tall tropical American tree
- 15. Large deciduous trees
- 16. ___ and ends
- 17. Part of a machine
- 18. Brews
- 19. One who leads prayers in a mosque
- 21. Indian state
- 22. Partisans
- 27. Top lawyer in the land
- 28. Former Dodgers MVP
- 33. Title for women
- 34. Heated and allowed to slowly cool
- 36. Copycat
- 37. Sounds
- 38. One-time Israeli diplomat Abba
- 39. Part of (abbr.)
- 40. Hateful
- 41. Collide
- 44. European football heavyweight
- 45. One who works for you
- 48. Song
- 49. Ancient marvels
- 50. Bridge building degree
- 51. Delivery boys

CLUES DOWN

- 1. Continent
- 2. Submissive
- 3. There's a lot in a bowling alley
- 4. Sun up in New York
- 5. Court decision ___ v. Wade
- 6. Finish line
- 7. Young women
- 8. Hives of activity
- 9. Hyman Roth's right-hand man Johnny
- 10. Eastern U.S. river
- 11. Popular cooking ingredient
- 12. Greek mythological princess
- 14. Scent for men
- 17. Cost, insurance and freight (abbr.)
- 18. Once more
- 20. Irate
- 23. Triangular spaces above a door
- 24. Norwegian playwright and poet Henrik
- 25. Atomic #58
- 26. Patti Hearst's captors
- 29. Natural logarithm
- 30. Talk incessantly
- 31. Went by
- 32. Strives
- 35. Fall back
- 36. Manila hemp
- 38. Not easily explained
- 40. Former "Double Dare" host Summers
- 41. Mollusk
- 42. Capital of Togo
- 43. Letter of Semitic scripts
- 44. Founder of Babism
- 45. Indicates near
- 46. Family of regulator genes
- 47. Indicates before



Answers for August 28



We're all about the birds and more!

OPEN

Tuesday - Saturday 10 am - 5 pm

South Gate Ocean Pines 11312 Manklin Creek Rd

410-208-1479

Follow us on facebook @ mybackyard.oceanpines

Underground Ocean on moon of Uranus

Astronomy & Spaceflight

By Douglas Hemmick, Ph.D.



This month features a topic which has fascinated professional astronomers and hobbyists for decades: the underground oceans found in some of the moons of giant planets.

The giant planets' moons have been surprising astronomers ever since the thrilling 1979 discovery of erupting volcanoes on Jupiter's "IO." Similar discoveries in the late 1990s and 2000s uncovered cold ice

surface. The detection of these carbon-based deposits has led scientists to consider the possibility that a hidden ocean beneath Ariel's crust has been releasing this material to its surface.

The logic of this conclusion was explained by the study's leader, Richard Cartwright: "It just shouldn't be there. You've got to get down to 30 kelvins (minus 405-degrees Fahrenheit) before carbon monoxide

The moons of Uranus have not been as closely examined as those of Jupiter and Saturn, but were visited just once by Voyager II in 1986. With the recent James Webb results on Ariel, some astronomers are suggesting that new missions to explore Uranus and Neptune might be in order to help us to better understand Ariel and other large moons of those systems.

Team member and NASA scientist Ian Cohen said: "All these new insights underscore how compelling the Uranian system is. Whether it's to unlock the keys to how the solar system formed, better understand the planet's complex magnetosphere, or determine whether these moons are potential ocean worlds, many of us in the planetary science community are really looking forward to a future mission to explore Uranus."

September 23 marks the anniversary of the discovery of the remotest planet, Neptune, in 1846.

In September the full stellar vista is visible at about 8:30 p.m., as the constellation Cygnus the Swan

(Northern Cross), appears almost directly overhead. To the west Hercules the Hero is also seen flying high. One might imagine Hercules as a smaller and fainter "cousin" of the famous wintertime constellation, Orion the Hunter. High in the eastern sky, the Great Square of Pegasus comes into view after 9:30 p.m.

Near the southern horizon one may see Sagittarius, the Archer (teapot).

Lunar conjunctions take place this month on September 10, near the southern horizon, when the crescent moon is just one tenth of a degree south of Antares in Scorpius and then again on the 17th when the full moon will dance just half a degree north of the planet Saturn, in the south east.

Wishing clear skies and good luck to all stargazers.



geysers and underground oceans on Jupiter's Europa and also Saturn's Enceladus.

An article in July's *Astrophysical Journal Letters* reports that one of Uranus moons, Ariel, may also have a subsurface ocean. A research team led by Dr. Richard Cartwright from the Johns Hopkins Applied Physics Laboratory (APL) in Laurel, MD conducted the study of this moon orbiting the second-most remote of the Sun's planets. The team relied on observations in the infrared spectrum taken by the James Webb Space Telescope which revealed Ariel's molecular composition.

Ariel has been known for having the brightest surface glow among all the moons of Uranus, and unexpectedly, high amounts of frozen carbon dioxide and carbon monoxide have now been found on its icy

is stable. The carbon monoxide would have to be actively replenished, no question."

In other words, because Ariel is not cold enough to maintain its icy layer of carbon dioxide and carbon monoxide, this suggests there must be some mechanism to renew them after they boil off into space. Ariel's surface temperature is indeed too warm with an average of 65 degrees Fahrenheit.

The Johns Hopkins study pointed out how chemical processes could create the carbon/oxygen compounds in the waters of the subsurface ocean. Astronomers had already observed cracks and grooves in the surface of Ariel, providing the means for slushy ice to rise to the surface. In addition, the moon features smooth and unblemished regions consistent with icy eruptions.

E-subscribe **FREE** to *The Courier* and get it delivered to your computer each week!
www.delmarvacourier.com

LET THE PROS HANDLE IT!

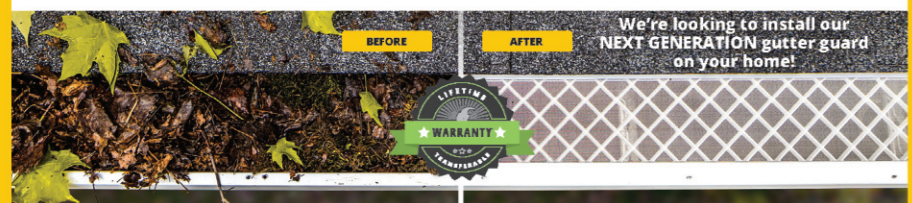


20% OFF + **10% OFF**
Your Entire Purchase* Seniors + Military

USA ACCREDITED BUSINESS A+ ++ We offer financing that fits your budget!

CALL TODAY FOR A **FREE INSPECTION!** **1-844-549-2540**

* See Representative for full warranty details. *One coupon per household. No obligation estimate valid for 1 year. †Subject to credit approval. Call for details. AR 366920923, AZ ROC 344027, CA 1035795, CT HIC0571530, FL CBC056678, IA C127230, ID RCE 51604, LA 595544, MN 176447, MO MHMC 111225, MI 262300173, 262300318, 262300328, 262300329, 262300330, 262300331, MN R731804, MT 226192, ND 47304, NE 50145-22, SD 145-23, NJ 130H09953900, NM 408693, NV 88990, NY H-19114, H-52229, OR 218294, PA 179643, 069383, RI GC-41354, TN 10961, UT 10783658-5501, VA 2795169445, WA LEAFNMW8222, WI W056912.



FULL SERVICE GUTTER PROTECTION - SCHEDULE YOUR FREE INSPECTION NOW! 1-844-549-2540

WCPS performance leads state

Last week the Maryland State Department of Education released statewide performance data with Worcester County Public Schools outperforming the majority of school systems in the State across content areas.

During the State Board of Education meeting, State Superintendent Dr. Carey Wright and staff provided an update on student performance on state assessments administered in spring 2024 in English/Language Arts (ELA) and mathematics. Statewide, assessment results showed Maryland's students experienced modest gains in both ELA and mathematics.

Across Maryland, In Worcester County, student performance on the spring ELA assessments topped all other school systems in Maryland with 69.4 percent of students scoring as proficient or higher, 21 percentage points above the state average of 48.4%, and nearly five percentage points above the next local education agency (LEA). A particular highlight are Worcester County's middle school aged students who tested in spring 2024. Countywide, sixth graders' proficiency grew across all schools; Snow Hill Middle School's (SHMS) seventh graders saw one of the strongest gains with a nearly 11 percentage point increase over the prior year.

Statewide, mathematics performance data saw a nominal gain over last year with 24.1 percent of Maryland's students reaching proficiency across all tested areas. Worcester County topped the State by over 15 percentage points in mathematics with 39.3 percent of students reaching proficiency across all assessments and following Howard County by less than two percentage points. (See Figure 2.) All seventh graders in Worcester County experienced growth from last year's proficiency levels with SHMS once again standing out with double digit gains, nearly 11 percentage points of growth over 2023. Stephen Decatur Middle School (SDMS) was the top middle school in the entire state of

Maryland in the Math 08 assessment with nearly 56 percent of its eighth graders reaching proficiency. When examining eighth grade mathematics holistically at SDMS, between the MAT 08 and Algebra I assessments, 62 percent of all eighth graders reached proficiency.

"Today's results are a testament to the hard work of our students and the unwavering dedication of our teachers, educational support staff, and leaders," Superintendent of Schools Lou Taylor said. "It is certainly validating that our scores are consistently leading the State. Our collective efforts are making an impact, and I hope our community is proud to see this positive progress for our students."

Bicycle, pedestrian path feasibility study comments sought

Worcester County Public Works (WCPW) officials invite area residents and visitors to comment on a recently completed bicycle-pedestrian path feasibility study. The study addresses a proposal to develop a hiking and biking trail on MD Rt. 611 from US Rt. 50 to Assateague State Park. To view the study, visit www.co.worcester.md.us. Under Important Links, click on "MD 611 Feasibility Report."

"The main purposes of the study were to determine which side of MD Rt. 611 would best be suited for a path, what it would cost to design and construct the path, and what regulatory needs exist if the project receives the greenlight to move forward," WCPW Director Dallas Baker said. "We are currently working to secure grant funding to cover the design and construction costs."

The study was conducted by McCormick Taylor and funded with grants from the Maryland Department of Transportation (MDOT). The completed study does not guarantee the path will be designed or built, although grant applications have been submitted to MDOT for the initial design.

Please submit comments to Charde Tunnell at ctunnell@co.worcester.md.us by September 30. For more information, call WCPW at 410-632-5623.



Helping - Sage Hall of Ocean Pines assists during last Saturday's free kids' crafts at the Ocean City Center for the Arts.

AGH offers free flu clinics

MD 21851

As a service to the community, Atlantic General Hospital & Health System is again providing community flu vaccination with a series of free clinics for those ages 13 and older.

No appointment is required. Clinic dates are subject to change based upon flu vaccine availability.

Flu Clinics:

Sept 26, 2024 | 10 a.m. - 1 p.m.
St. Mary Star of the Sea Holy Savior Catholic Church
1705 Philadelphia Avenue, Ocean City, MD 21842

Oct 2, 2024 | 11 a.m. - 12:30 p.m.
Stevenson United Methodist Church
123 N. Main Street, Berlin, MD 21811

Oct 3, 2024 | 10 a.m. - 2 p.m.
Pocomoke City Volunteer Fire Company
1410 Market Street, Pocomoke,

Oct 4, 2024 | 8 a.m. - 1 p.m.
Ocean Pines Community Center
235 Ocean Parkway, Ocean Pines, MD 21811

Oct 5, 2024 | 8 a.m. - 12 p.m.
Gudelsky Family Medical Center (Drive-Thru)
10614 Racetrack Road, Ocean Pines, MD 21811

Oct 19, 2024 | 8 a.m. - 12 p.m.
Gudelsky Family Medical Center (Drive-Thru)
10614 Racetrack Road, Ocean Pines, MD 21811

High-dose vaccines are available at these clinics. Any high-dose flu vaccines given, intended only for those 65 and older, will be billed to Medicare or private insurance.

For updates on the Atlantic General Hospital Community Flu Clinics, including new clinic dates, please visit www.agh.care/flu.

e-subscribe **FREE** to *The Courier* and get it delivered to your computer each week!

The many hats worn by ER nurses

Emergency Nurses Week, September 6 to 12, is a reminder for the unparalleled contributions of those in the field. Emergency rooms are fast-paced environments. ER nurses are right in the thick of things, performing a range of tasks that illustrate the value and talent of these highly skilled professionals.

Though many things attract people to a career as an ER nurse, the spontaneity of the job undoubtedly merits consideration. No two shifts are the same for ER nurses, whose ability to thrive despite that lack of routine is remarkable. Individuals curious about what a day in the life of an ER nurse might be like should know that the following are just some of the many tasks these invaluable professionals may be asked to perform during a given shift.

Triage: ER nurses help with the preliminary assessment of patients to determine the urgency of their needs. Often referred to as triage, this part of the job underscores the

depth of medical knowledge ER nurses must have, as assessing a patient's needs often requires quick thinking and recognition of details that patients themselves may not have identified or communicated.

Vital signs: ER nurses are typically tasked with taking and monitoring patients' vital signs. This may include taking and documenting pulse rate, blood pressure and body temperature, among other signs. This information is essential for keeping patients safe and ensuring assessments are accurate.

Medication administration: ER nurses also routinely administer medication prescribed by a doctor as well as any medications patients were taking prior to being admitted to the ER. Nurses' experience and knowledge is vital when performing this task, as they can consult with physicians about patients' existing medications, which may dictate what the doctor can and cannot prescribe to treat the condition that brought the individual to the ER. When tasked with administering

medication, ER nurses may prepare intravenous infusion of medications and may need to contact the patient's family or pharmacist to confirm which medications the patient was taking to treat preexisting conditions.

Medical procedures: ER nurses sometimes assist physicians as they perform certain medical procedures. For example, nurses may intubate patients and suture wounds during procedures.

Monitor patients: ER nurses are often the face of a hospital for patients and their families. Much of these interactions occur while nurses are monitoring patients before they see a physician and after a physician has ordered tests or treatments. In this regard, ER nurses must excel at comforting patients and their families until a diagnosis is delivered or confirmed via testing.

There is no shortage of responsibilities for ER nurses, which only underscores how valuable and vital these talented professionals are.

WANTED

The Courier seeks an individual interested in writing an "Around the Pines" feature. Individual should have an interest in and understanding of the Ocean Pines community. Good written communications skills required. If interested, please email Chip Bertino at

chipbertino@delmarvacourier.com



BE PREPARED FOR FALL WITH PERSONALIZED PHYSICAL THERAPY

Scheduling patients for gym-based and aquatic physical therapy, pelvic floor therapy, balance/vestibular, and sports medicine. **Skip the clinic: We now offer in-home physical therapy appointments!**



WHEN YOU'RE HERE, YOU'RE FAMILY.

Call 443-513-3910 or go to www.aquacarephysicaltherapy.com

Historical events from September 1924

The month of September has been home to many historical events over the years. Here's a look at some that helped to shape the world in September 1924.

The Dawes Plan goes into effect on September 1. The plan details a restructuring of reparations payments Germany owes to the Allied Powers in the aftermath of World War I. Charles G. Dawes, who was integral in developing the plan, would be awarded the Nobel Peace Prize in 1925 for his contributions.

On September 2, Negro National League President Rube Foster announces the first "Negro World Series" would be played in October. Foster announces the series will feature the champion of his league and the champion of the Eastern Colored League.

At least 300 civilians are killed during the Taif massacre in the King-

dom of Hejaz on September 3.

The fourth annual Miss America Pageant is held in Atlantic City, New Jersey, on September 6. Miss Philadelphia, Ruth Malcomson, wins the pageant. Miss Columbus, Mary Katherine Campbell of Ohio, finishes as First Runner-Up after winning the pageant the previous two years.

John Dillinger, who would ultimately be identified as the mastermind behind a gang accused of robbing 24 banks and four police stations, attempts to rob a grocery store in Indiana on September 6. The attempt marked Dillinger's first attempt at a major crime, but he and his accomplice are quickly apprehended and sent to jail.

Twenty people, including four police officers, are killed during a gun battle in the American territory of Hawaii on September 9. The Hana-pepe massacre stemmed from a dis-

pute amongst striking workers at the McBryde sugar plantation on the island of Kauai.

The sensational trial of Nathan F. Leopold, Jr. and Richard Albert Loeb ends on September 10. Each man is sentenced to life plus 99 years for the kidnapping and murder of Bobby Franks in May.

Pengiran Ahmad Tajuddin becomes the new Sultan of Brunei on September 11. Ahmad Tajuddin serves until his death in 1950.

Thomas Wade Landry is born in Mission, Texas, on September 11. Landry would become the first head coach of the Dallas Cowboys in the National Football League, a job he held for 29 seasons.

General of the Armies John J. Pershing retires from the United States Army on September 13. The highly decorated General Pershing is the last American military officer to achieve the rank of a six-star general.

Horace Saks and Bernard Gimbel open the luxury department store Saks Fifth Avenue at 611 Fifth Avenue in Manhattan on September 15.

First baseman Jim Bottomley of the St. Louis Cardinals sets a major league record when he drives in 12 runs in a nine-inning game on September 16. The record still stands, though Bottomley now shares it with a fellow St. Louis Cardinal, Mark Whiten, who drove in 12 runs against the Cincinnati Reds in the second game of a doubleheader on September 7, 1993.

On September 18, the United States military occupation of the Dominican Republic ends after more than eight years.

Joseph Stalin orders the arrest of Alexander Krasnoshchyokov on September 19. Krasnoshchyokov is the first prominent Bolshevik to be arrested under the leadership of Stalin, who ultimately allows Krasnoshchyokov to rejoin the government in 1925. That second chance would prove somewhat brief, as Stalin would order Krasnoshchyokov's execution in 1937.

The American freighter SS Clifton sinks in Lake Huron on September 22. All 26 crew members perish, and the wreckage of the Clifton would not be found until 2016.

British racer Malcolm Campbell breaks the record for the fastest speed on land on September 24. Campbell, driving a Sunbeam 350HP with a V12 engine, reaches a speed of 146.18 miles per hour, narrowly breaking the record set by Ernest Eldridge just months earlier.

Controls on the German Navy are relaxed on September 30 in recognition of improved relations between the Allied Powers and Germany.

Anglers to meet

The Ocean Pines Anglers Club will meet on Saturday, September 14 at 9:30 a.m. in the Ocean Pines library. The speaker will be Cpt. Vince Cannuli of Running Tides Charters. Vince is a premier bay and offshore angler, a multi-tournament winner, and along with his daughters is a local legend when it comes to sheepshead and tog fishing. His presentation will focus mainly on fishing for sheepshead, offering insights on habitat. He will share tips on bait, tackle and variety of easy to make rigs. There will also be updates on tournaments. All are welcome.



Sunshine Properties, Inc.
3.5% Premium Full Service Marketing
410-600-3419

- Great Service
- Great Value
- Great Results

Ask For **Michael Ray**, Owner/Broker
 Direct Line: **301-980-8155**


Sunshine Saves You Money!

Edward Jones > edwardjones.com | Member SIPC

Compare our CD rates
 Bank-issued, FDIC-insured

3-Month 4.75% APY*	6-Month 4.6% APY*	1-Year 4.65% APY*
-------------------------------------	------------------------------------	------------------------------------

Call or visit your local financial advisor today.



John Bennish
 Financial Advisor
 11200 Racetrack Road
 Suite A102 The Pavilions
 Ocean Pines, MD 21811
 410-208-9083

*Annual Percentage Yield (APY) effective 08/29/24. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

FDI-1867N-A AECSPAD 23050752

E-subscribe **FREE** to *The Courier* and get it delivered to your computer each week!



Recognized - During the Volunteer Spirit of Worcester Awards ceremony at the Worcester County Government Center in Snow Hill August 20, the commissioners presented a commendation to **Sue Latour**, a Lifetime Achievement Spirit recipient. Since becoming a volunteer for the Maryland Coastal Bays Program as a water monitor and seal steward in 2012, Latour has donated countless hours to protect water quality and seals. Her photographs have helped the National Aquarium determine whether seals that come ashore only need rest or if human intervention is needed.

The basics of prostate cancer

If asked to name the most common non-skin cancer in the United States, few Americans may point to prostate cancer. But prostate cancer is the most common non-skin cancer in the United States, and the World Cancer Research Fund notes it is the fourth most commonly occurring cancer across the globe.

The Prostate Cancer Foundation notes that one out of every nine men in the United States will be diagnosed with prostate cancer in his lifetime. Such figures underscore the importance of learning about prostate cancer. Knowledge of prostate cancer and its risk factors and symptoms may help men improve their prognosis if and when they are diagnosed with the disease.

What is the prostate? The prostate is a walnut-sized gland that is responsible for producing seminal fluid. The growth and function of the prostate is controlled by male hormones, including testosterone.

Are there early warning signs of prostate cancer? The PCF notes that there usually aren't any early warning signs for prostate cancer. The tumor associated with prostate cancer does not push against anything, even as it grows, so many men with prostate cancer do not experience pain until the

cancer has advanced beyond its earliest stages.

What are the symptoms of prostate cancer?

According to the PCF, in rare cases prostate cancer can cause symptoms. Some of the more mild symptoms may be mistaken as normal byproducts of aging, and their presence may not necessarily mean a man has prostate cancer. However, the appearance of any of the following symptoms should be discussed with a physician immediately.

- A need to urinate frequently, especially at night. Sometimes the need to urinate may be urgent.

- Difficulty starting or holding back urination.

- Weak, dribbling or interrupted flow of urine.

- Painful or burning urination.

- Difficulty in having an erection.

- A decrease in the amount of fluid ejaculated.

- Painful ejaculation.

- Blood in the urine or semen.

- Pressure or pain in the rectum.

- Pain or stiffness in the lower back, hips, pelvis, or thighs

Does anything increase a man's risk for prostate cancer? The WCRF notes that there is strong evidence to suggest that various factors increase a

please see prostate page 17

Perks to enjoying raw, local honey

Whether one places a dollop in tea or drizzles some in a yogurt smoothie, honey is the sweet finish that can make various foods and beverages taste that much better. In fact, honey is perhaps Mother Nature's most natural sweetener.

While honey in any form can provide its share of healthy offerings, raw honey - which is unprocessed and taken straight from a honeycomb - may be even healthier than the alternatives. According to a 2019 report in Medical News Today, some people believe that processing honey, which often involves pasteurization, removes many of its natural beneficial elements. But honey taken straight from the beehive contains bee pollen, bee propolis and scores of antioxidants.

Individuals interested in trying raw, local honey should consider buying it from a trusted local producer. For those who need more convincing, the following are five beneficial properties of raw honey.

Antioxidants: Raw honey contains plant chemicals that act as antioxidants. Healthline says some types of honey have as many antioxidants as fruits and vegetables, which can protect the body from free radicals that damage cells.

Antimicrobial/antifungal properties: Raw honey has antimicrobial properties that could kill certain bacteria, says the Carolina Farm Stewardship Association. That is perhaps why

honey long has been used as a natural salve for wounds. Honey can soothe a sore throat, and it also can attack bacteria in the throat responsible for certain illnesses. Healthline says raw honey also has been studied for its use against certain Candida-related infections.

Allergy relief: Raw, local honey is made from local flowers and flowering plants. By ingesting raw, local honey regularly, a person is taking in small, manageable doses of allergens from their area, which can help build up an immunity to these allergens over time.

Digestive relief: Raw honey has been studied for use in treatment for H. pylori bacteria, a common cause of stomach ulcers. Raw honey also may help people overcome diarrhea. Honey contains prebiotics, which nourish good bacteria that live in the gut.

Brain health: A 2017 study published in the journal Pharmacognosy Research found ingredients of honey have anti-inflammatory properties that may help fight inflammation in an area of the brain called the hippocampus, which is responsible for memory.

Raw, local honey can help protect the environment because the public has a vested interest in maintaining natural spaces and healthy bee populations. Raw, local honey is available from various vendors, notably small operations at farmers markets who take quality control seriously.

HELP WANTED **Advertising Sales Professionals**

The Courier, a weekly community newspaper seeks experienced advertising sales individuals with strong interpersonal skills to build advertising relationships and assist in publication growth.

You must be professional, well-spoken, deadline and customer oriented, and highly motivated with strong communication and organizational skills. Work from home.

This is a commission-based position with considerable income growth potential. Enjoy flexible working schedule.

Send cover letter and resume to
Chip Bertino at

chipbertino@delmarvacourier.com

EOE

Obituary

Frank Creamer, 76

Frank Robert Creamer, age 76, passed away on Sunday, August 25, 2024, in Ocean Pines, MD. Born in Washington, DC, he was the son of the late Robert Creamer and Mary Galli Creamer.



Frank was passionate about many sports such as basketball, softball, football, and tennis. In retirement, he found pickleball and co-founded the Ocean Pines Pickleball Club in 2014. He served on the Board of the Ocean Pines Pickleball Club

for many years growing the club from a few members to currently over 400.

He is survived by his wife, Diedre Creamer, son, David Patrick Creamer (Amy), stepsons, David M. Umberger, and Stephen W. Umberger, stepdaughter, Lisa M. Umberger; brothers, Patrick Emelio Creamer, and Gregory Creamer; granddaughter, Teresa J. Creamer, and step grandsons, William A. Hedge and Luke Umberger.

In addition to his parents, he was preceded in death by a brother, Douglas Creamer.

A celebration of life was held on August 30, 2024 at St. Peter's Lutheran Church, 10301 Coastal Highway in Ocean City, MD. In lieu of flowers, donations may be made to the Ocean Pines Pickleball Club. Letters of condolence can be sent to the family via www.burbagefuneralhome.com. Arrangements are in the care of The Burbage Funeral Home.

Thrift shop extends hours

The Community Church at Ocean Pines announced new extended hours for its thrift stores located at 11227 Racetrack Road. The Shepherd's Nook and the Angels' Attic (formerly the Flea Market) offers gently used or new clothing and gently used housewares items, books, lamps, and toys at greatly reduced prices. The hours of operation are now Tuesday through Saturday from 9 a.m. to 3 p.m. Funds raised are used to support the community outreach ministry and missions of the church.

The church also supplies food to the community through Sarah's Food

Pantry whose hours of operation are Wednesday-Saturday from 9 a.m. to 1 p.m.

Donations may be dropped off at any time in the donation room. We do not accept TVs, large appliances, furniture, mattresses, box springs or bed pillows. New or gently used items in good condition, clean, safe and resalable are accepted as donations.

If you are looking to volunteer, sorting and sales positions are available. For information, contact Samantha Miller at TheNook@ccaop.org, 410-641-5433 or visit www.ccaop.org.

TidalHealth to hold Advance Care Planning webinar

TidalHealth will hold a free Advance Care Planning webinar at 1 p.m. on Tuesday, September 10.

What care would you want if you had an unexpected illness? Who would you want to make decisions for your care? Have you talked about your wishes with your loved ones if you are unable to speak for yourself? Learn about Advance Care Planning, which can help you answer these questions.

Advance Care Planning refers to making decisions about your health-care in the future, if, due to injury or

illness, you cannot express these wishes yourself. It is important for adults of all ages to plan for future medical needs now because a serious accident or illness can happen at any age.

To register, please contact Tina Basel at 410-463-9964 or tina.basel@tidalhealth.org; Gigi Pierce at 443-783-1519 or georgette.pierce@tidalhealth.org; or John Tyler at 410-543-7202 or john.tyler@tidalhealth.org. The link will be provided when you register.

Bunting to leave chamber

Late Friday afternoon the Worcester County Chamber of Commerce at Ocean Pines Board of Directors announced that Chamber President Kerrie Bunting was leaving the

organization "to pursue an opportunity that aligns perfectly with the next chapter of her life."

In a statement, board president Derrick Elzey noted Bunting's six years of service to the chamber and credited her with "significant strides in economic development, community engagement and partner support."

Bunting has taken a position with Coastal Hospice in Ocean Pines.

Elzey said the chamber was "committed to finding a new leader who will continue to build on the strong foundation [Bunting] has laid." He invited interested candidates to send resumes to derrick@myberlinagent.com once the job description is posted.

The Chamber has multiple events scheduled during the next few months including Oktoberfest in the Pines on October 6 and the Black and Gold Masquerade Award Banquet on November 24.

-Chip Bertino

WANTED

The Courier seeks an individual interested in writing a regular "Around the Pines" feature. Individual should have an interest in and understanding of the Ocean Pines community.

Good written communications skills required. If interested, please email Chip Bertino at

chipbertino@delmarvacourier.com

Shhh... She's fixing the world ❤️



Now Available



Each week for more than two decades, Chip Bertino has written his column, *It's All About...* which is published weekly in *The Courier*. *Some of My Favorites* is a collection of Chip's favorite columns in book form.

To purchase a copy call **410-629-5906** or email

The Courier

e-subscribe **FREE** to *The Courier* and get it delivered to your computer each week!



delmarvacourier.com

LSLT welcomes recent graduates to its team

The Lower Shore Land Trust (LSLT) announced the addition of Maddie Mowl and Brooke Orr to their team. Both are recent graduates of Salisbury University's Environmental Studies program.



Maddie Mowl

Maddie Mowl, will be serving as LSLT's Program Specialist through the Chesapeake Bay Trust's Chesapeake Conservation and Climate Corps Program.



Brooke Orr

During her senior year at Salisbury University, Maddie served as a Communications and Outreach intern at LSLT, making a mark with her enthusiasm and creativity. She graduated in spring 2024 with a Bachelor's in

Environmental Studies and a minor in Outdoor Education Leadership. "I'm looking forward to continuing my work with the Lower Shore Land Trust and contributing to their goals. It's an incredible opportunity to stay connected with the community and the environment I care so deeply about," she adds.

Brooke Orr also joins LSLT as a Program Specialist, serving through Salisbury University's ShoreCorps Americorps Program, and brings with her a love for conservation and sustainable urban planning. Reflecting on her new role, Brooke says, "It's an honor to work with LSLT and to be part of a team that's so committed to preserving the natural beauty and ecological health of the Lower Shore. I'm eager to bring my passion for conservation and planning to this important work."

With a Bachelor's degree in Environmental Studies and a minor in Urban and Regional Planning from Salisbury University, Brooke is looking for ways to blend her interests in

conservation, planning, and interpretation. Her time at Salisbury University was marked by extensive research, leadership, and collaboration, skills she's excited to bring to LSLT. Outside of work, Brooke enjoys paddleboarding, painting, and cozy moments with her dog, Bailey. "The opportunity to apply my education and passion to real-world conservation efforts is something I've been working toward for years. I'm elated to start this journey with LSLT," Brooke shares.

Matt Heim, Executive Director of LSLT and a also a proud Salisbury University alumnus expressed his excitement about welcoming Maddie and Brooke to the team. "It's incredibly rewarding to see such talented and passionate individuals like Maddie and Brooke join our organization, especially as recent graduates of Salisbury University,

where I also began my journey in the environmental field. It's always great to keep talent close to home here on the Shore. Drawing on the exceptional talent from Salisbury University is a testament to the strength of their Environmental Studies program and its alignment with our goals at LSLT, and the conservation community in the region." says Heim.

The Lower Shore Land Trust plays a vital role in preserving the natural beauty and ecological integrity of the Eastern Shore. By assisting landowners in protecting critical habitats, working agricultural lands, and natural places, LSLT ensures that the region's scenic vistas, historical sites, and thriving agricultural and forestry industries endure for generations to come.

Learn more about their important work at www.LowerShoreLandTrust.org.

prostate
from page 15

man's risk of developing prostate cancer. Such factors include:

-Body weight: Men who are obese or overweight are at increased risk of developing advanced prostate cancer.

-Height: Men who are tall are at an increased risk of prostate cancer.

-Diet: The evidence regarding the effects of diet on prostate cancer risk is not as strong as evidence linking body weight and height to the disease. However, the WCRF notes that high consumption of dairy products and diets high in calcium might increase a man's risk of prostate cancer.

Is screening effective? The PCF notes that there is controversy about the risks and benefits of pros-

tate cancer screening. Men must make their own decisions regarding prostate cancer screening, and such decisions should only be made after discussing the disease and their family histories with their physicians.

Prostate cancer affects millions of men and their families every year. More information about the disease can be found at www.pcf.org.

A BAGEL and...

410-208-0707

Open 6 a.m. - 2 p.m.
Wednesday - Sunday

Free
Wireless
Internet

Serving Breakfast and Lunch

Closed through September 11

Pastries and Cookie Trays

Boar's Head Meats

RTE. 589

O.P. South Gate Entrance

OCEAN PKWY

A Bagel and... Manklin Creek

Southgate - Ocean Pines
(Manklin Creek & Ocean Pkwy)

e-subscribe **FREE** to *The Courier* and get it delivered to your computer each week!

Phragmites

NOW!

is the best time to control Phragmites

Reduce Fire Hazard!

Improve Your View!

Call WeedPRO Today!

410-742-2973

LICENSED INSURED CERTIFIED IN MD & DE
48 Years Experience

NEW CUSTOMER DISCOUNT

\$25 OFF

For First Time Customers

Expires 10-15-24

Call Today

FREE ESTIMATES!

Call **WeedPRO** Today!



**VOLUNTEER & CAREER
SERVING OCEAN PINES
SINCE 1963**

FIRE STATION FUNDRAISER

We are raising funds to build a new and improved South Station.

Personalized
Brick Fundraiser

OCEAN PINES
VOLUNTEER FIRE
DEPARTMENT
www.bricksrus.com

TWO OPTIONS

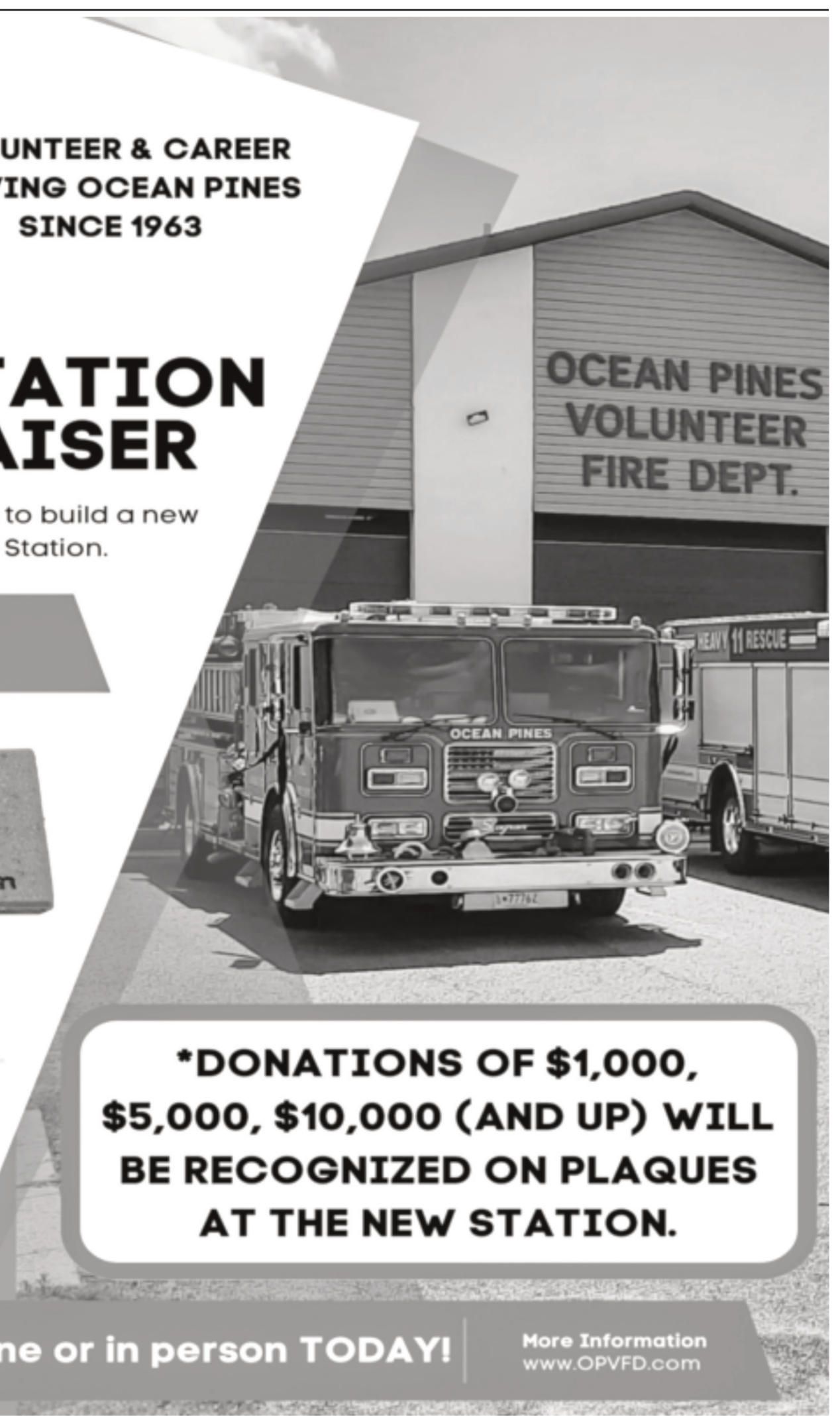
- ✓ 4x8 Brick- \$100
- ✓ 8x8 Brick- \$200

**BRICKS WILL BE USED
TO CONSTRUCT A
FEATURE AT THE NEW
SOUTH STATION!**

***DONATIONS OF \$1,000,
\$5,000, \$10,000 (AND UP) WILL
BE RECOGNIZED ON PLAQUES
AT THE NEW STATION.**

PURCHASE online or in person TODAY!

More Information
www.OPVFD.com



Some things to think about

Gathered from the internet
by *Jack Barnes*



When she was the First Lady, **Eleanor Roosevelt** only **allowed female journalists** at her press conferences, ensuring that **newspapers would have to hire women.**

A Senior's Version of FACEBOOK

For those of my generation who do not, and cannot, comprehend why Facebook exists: I am trying to make friends outside of Facebook while applying the same principles. Therefore, every day I walk down the street and tell passers-by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom. I give them pictures of my family, my dog and of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch, and doing what anybody and everybody does every day. I also listen to their conversations, give them "thumbs up" and tell them I "like" them. And it works just like Facebook. I already have 4 people following me: 2 police officers, a private investigator and a psychiatrist.



Baby Boomers will get this 🤔
Too Funny!!



Support Local Businesses

To place your business card call
410-629-5906

BOAT LIFTS

Ocean City Boat Lifts & Marine Construction Inc.
"We sell the best and service the rest"
(410) 352-5095
oceancitylifts@gmail.com
12010 Industrial Park Rd., Unit 11, Bishopville, MD 21813
MHIC 13392

FINANCIAL SERVICES

Consulting & Business Services

- Tax Debt Relief
- Credit Repair
- Tradelines for Individuals & Businesses
- Tax Lien Removal
- Full Service Accounting
- Business Credit

We get results!
434-219-6692
www.AMAconsultingbusiness.com

FINANCIAL SERVICES

MITCHELL AND HASTINGS FINANCIAL SERVICES
STEVEN E. SWEIGERT, CRP[®]
CHARTERED RETIREMENT PLANNING COUNSELOR[®]
INVESTMENT ADVISOR

9927 STEPHENDECATUR HIGHWAY, SUITE 18, OCEAN CITY, MD 21842
410-213-2150 800-647-8727 Fax 410-213-2151



Place your
business card here!
Call Linda Knight
443-366-4184

DENTISTRY

Gerard Ott, D.M.D., PA
Jeremy Masenior, D.D.S.
Family Dentistry

1 Pitts Street
Berlin, Maryland 21811

(410) 641-3490
ott.masenior@gmail.com

JEWELRY

D.A. Kozma Jewelers

Custom Designs
Personalized Service
Bridal Consultation



410-213-7505
410-524-GOLD

www.dakozmajewelers.com
on Route 611 at Route 50 in the Food Lion Shopping Center

E-subscribe **FREE** to *The Courier* and get it delivered to your computer each week!

www.delmarvacourier.com

Since
1978

D.A. Kozma Jewelry & Coins

OUR
46th
YEAR

Design your Dream Custom Work Welcome

Custom Designs Created In House



*Create Your One of
A Kind Piece*

*Update Your
Current Jewelry*

*We Can Repair
Your Love Worn
Jewelry Too*

We specialize in creating custom designed jewelry that is as unique as you. Let us help you design your dream.

- Dan & Adrienne Kozma

D.A. Kozma Jewelry & Coins

BUYING & SELLING GOLD, SILVER, COINS & CURRENCY

FREE APPRAISALS - 1 COIN OR AN ENTIRE COLLECTION
BUYING GOLD, SILVER JEWELRY & FLATWARE

410-213-7505 410-524-GOLD



www.kozmajewelers.com

9936 Stephen Decatur Highway, West Ocean City Route 611 at Route 50 in the Food Lion Shopping Center