

Gorham goalie protects the net for Wheaton men's soccer

NORTON, MA -- Five different players scored to fuel a 5-1 victory for the Wheaton College (Mass.) men's soccer team over visiting Saint Joseph's College (Maine) this afternoon on Keefe Field in Norton, Mass. on the Wheaton campus.

The Lyons improve to 2-0 on the season for their best start after two matches since 2014 when they won their first five contests. Wheaton's goal total marks the most in a home game since the Lyons defeated Emerson College, 6-1, on October 21, 2017.

The Monks fall to 0-1-1.

The game was called final with 2:26 left to play following a lightning strike.

Wheaton dominated play, outshooting Saint Joseph's 24-3, while owning a 9-2 margin on corner kicks.

The Lyons scored within the first 10 minutes of the game and added one more score before the intermission. Wheaton added three insurance goals in the second stanza, while the Monks' only marker came on a penalty kick.

First year forward

Gael Vera (Westminster, Mass.) put the Lyons on the board in the 10th minute of play with his first collegiate goal. The rookie collected the ball, which had been popped into the air, and unfurled a shot from a step inside the top of the box that settled just inside the far left corner for a 1-0 Wheaton edge.

The Lyons tacked on another goal with a tick over 10 minutes to play in the half for a 2-0 lead. Junior midfielder Baden McLaughlin (Yarmouth, Maine) served a free kick from just outside the box into the goalmouth, where it was blocked in front, but sophomore midfielder Caleb Cassetta-Waxman (Denver, Colo.) redirected the ball with a header into the right corner of the net for his first collegiate score.

Wheaton took advantage of a free kick from 23 yards out for its third marker of the day. Senior forward Alasdair Ferrier (Concord, N.H.) curled a shot from behind a Saint Joseph's wall that snuck just inside the far right post for his first tally of the season coming in the 53rd minute of the contest.

The Monks broke up the Lyons' bid for a shutout in the 68th minute when senior midfielder Rion Dos Santos (São Paulo, Brazil) deposited a penalty kick into the right corner of the net to cut the deficit to 3-1.

Junior midfielder Baden McLaughlin (Yarmouth, Maine) created his own space after picking up a loose ball and was able to stop and fire a shot into the far left post for his first goal of the year in the 74th minute and provide the home team with a three-goal margin.

The Lyons manufactured their fifth goal of the afternoon when senior midfielder Max Strong (Littleton, Mass.) flicked the ball off his back foot from a crowd just outside the box, where first year forward Charlie Margiloff (Rye, N.Y.) was able to carry the ball into the box. The rookie sent a short cross to sophomore midfielder Declan Rhatigan (Holderness, N.H.), who ripped a shot that was deflected off a Monk defender, before finding the back of the net for his first collegiate goal with 8:30 left in regulation.

Junior keeper Michael O'Gara (Ardmore, Pa.) was untested in a scoreless first half, before yielding to Wheaton sophomore goalie Nick Phinney (Gorham, Maine), who stopped one of two shots in the second session. Senior netminder Liam Foley (Middleton, Mass.) turned away nine shots, including a penalty kick, in 87:34 of play for Saint Joseph's.

Dempsey Challenge 2024 Special Section Pages 8-9



Gorham School Dept. invites community to book talk

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GORHAM, ME -- Cressey Road Christian Church will be hosting a Bean Supper featuring "George's Baked Beans." Come early to secure your seat at this delicious dinner.
81 Cressey Road, Gorham, Maine on September 21 at 5 PM
Adults \$10 Ages 5-12 \$5 Under 5 FREE

Newsmakers, Names & Faces

AmeriCorps members recognized for distributing food

MAINE -- Maine Governor Janet Mills recognized AmeriCorps members serving in the VISTA program for their efforts working with the Maine Department of Agriculture, Conservation and Forestry's Maine Ending Hunger Corps for the AmeriCorps VISTA Food Security Initiative.

These 23 members recruited nearly 3,000 volunteers and distributed nearly 1,147,000 pounds of food to people in Maine. As part of the Food Security Initiative they participated in a knowledge sharing community, connecting with organizations increasing food security across the country.



Call for submissions for veterans' art exhibition

AUGUSTA, ME—The Maine Arts Commission is honored to announce a call for submissions for the upcoming Maine Veterans Art Exhibition, set to be displayed at the State Capitol Complex in Augusta. This significant exhibition provides a unique and powerful platform for Maine Veterans to showcase their artistic talents and share their personal experiences through visual art with the wider community.

Togus Theater in Chelsea. This special event will honor the selected veteran artists and feature speeches, artistic performances, and an award ceremony presented by the Quilts of Valor Foundation. Veteran artists who have not been awarded a Quilt of Valor, will receive a custom-made quilt as part of the ceremony. The event will also include a panel discussion featuring veteran artists. The ceremony is a collaboration between the Maine Arts Commission, the Maine Bureau of Veterans' Services, Togus VA, and the Quilts of Valor Foundation.



Heather Hancock, (Air Force) receives a Quilt of Valor at the 2023 Veterans ceremony in the Hall of Flags at the Maine State House.

Veterans across Maine are invited to submit their visual artwork for consideration in the 2024/2025 Veterans Art Exhibit. Selected pieces will be prominently exhibited at various prestigious locations within the State Capitol Complex, including the second floor of the Burton M. Cross Office Building, and the Maine Arts Commission offices. The exhibition will run from October 8, 2024, through February 28, 2025.

Submission Guidelines and Deadlines: The submission deadline for artwork is September 28, 2024, by 5:00 PM EST.

be notified of their selection status by September 30, 2024. The Maine Arts Commission will coordinate with selected artists for art drop-off and other logistics.

matted as "Title / Year / Size of Work / Medium / Price" (up to 2,000 characters).

In recognition of National Veterans and Military Families Month in November, the Maine Arts Commission will host a celebratory ceremony on November 13, 2024, from 2:00 PM to 4:00 PM at

Each Maine Veteran artist may submit up to two pieces of two-dimensional, mounted or framed visual art. The artwork should be ready for display, securely framed, or professionally mounted with appropriate picture wire, and should not exceed 20 pounds in weight.

All applications and required materials must be submitted through the online Application Portal. Applicants are encouraged to review the details thoroughly and reach out to the Commission with any questions before submission.

This project is inclusive and open to all veteran artists, regardless of race, color, religion, national origin, gender, age, military status, sexual orientation, marital status, or physical ability.

Submissions will be reviewed on September 29, 2024, and artists will

Application Requirements:

A brief Bio and/or Artist Statement, describing the artist's background, medium, typical subject matter, and themes (up to 1,300 characters).

The Maine Arts Commission is proud to provide this opportunity to honor the artistic achievements of Maine's Veterans and to celebrate their contributions to the cultural fabric of our state. We look forward to showcasing the powerful and evocative works in this important exhibition.

A list of works, for-

For more information and to submit your work,

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please visit the Maine Arts Commission's website or contact Program Director Khristina Kurasz at 207-287-2713.

The Maine Arts

Commission fosters and encourages public interest and participation in the cultural heritage and artistic expression in our state. We pursue our mission through partnerships and collaborations, initiatives, advocacy, and grants for organizations, individual artists, communities, and schools throughout Maine.

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UMaine Extension 4-H to hold fundraisers at Cumberland Fair

MAINE -- University of Maine Cooperative Extension Cumberland County 4-H Leaders Association will hold its annual fundraisers during the Cumberland Fair, open daily 7 a.m. - 9 p.m., Sunday, September 22 to Saturday, September 28, 2024 at 197 Blanchard Road, Cumberland. Funds raised support scholarships, camperships, activities, events and trips for 4-H members in Cumberland County.

Tickets, \$1 each or \$5 for six, are on sale now for the 4-H Pig Raffle and can be purchased at the Cumberland County Extension office, 75 Clearwater Dr., Ste 104 in Falmouth or during the Cumber-

land Fair at the Pig Raffle Booth located in front of the 4-H Exhibit Hall. The raffle winner will receive a freezer-ready pig donated by Connie Wood, Pat Stack and Ralph Clark, raised by Jacob Brown with grain donated by Windham Blue Seal, and processing donated by Windham Butcher Shop. The drawing will be held Saturday, September 28 at the fair but you do not need to be present to win.

The 4-H Kitchen, located at the back of the 4-H Exhibit Hall across from the Livestock Show Arena, is open daily from 7 a.m. to 8:30 p.m. It offers an affordable menu for breakfast, lunch and dinner. Both the Pig Raffle



Photo courtesy University of Maine Cooperative Extension.

Booth and 4-H Kitchen are staffed by 4-H members, volunteers, parents, and friends donating their time to support 4-H.

For more information visit the program webpage, call 207.781.6099 or email allison.pollock@maine.edu.

Pups in the Park event to benefit Standish Dog Park

STANDISH, ME -- Standish Community Dog Park will be holding a Pups in the Park event to benefit the dog park. The event is free and fun for all, well-behaved dogs on a leash, and will be held on Saturday, September 14, 2024 (rain date 9/15). It will be at 670 Ossipee Trail West, Standish on the multi-purpose fields at Memorial Park. The event is from 10 am-1 pm. The Fun Dog Show registration starts at 10 am and the show will start at 10:30 am. Trooper Hinck and K9 Berry will do a demonstration at noon. Raffle prize drawings will be at 1 pm.

We will have Sponsors and give-a-ways, vendors, non profits, a chill zone, fun agility area and more!

Standish Parks and Recreation operates the dog park with support from volunteers. The money raised with help add benches and a shade structure. We hope to see you there!

Send all items for What's Going On to the Editor. Deadline is Friday by five.

Registration open for horticulture, gardening programs

MAINE -- Registration will open on September 23 and 30 for two comprehensive horticulture training programs offered by University of Maine Cooperative Extension. Individuals interested in starting a career in horticulture or enhancing their gardening skills have two opportunities: the Maine Horticulture Apprentice Training and the Maine Gardener Training.

The Maine Horticulture Apprentice Training is designed for those who want to explore a new career, improve their skills, or start their own business in horticulture. "We developed this training with input from industry experts



Maine Horticulture Apprentices Vanessa Seder (left) and Annika Schmidt (right) at Tidewater Farm in Falmouth. Photo courtesy University of Maine Cooperative Extension.

to ensure participants gain practical skills and knowledge that employers value," said Rebecca Long, Coordinator of Horticulture Training Programs for UMaine Extension. The course combines flexible online learning with a hands-on apprenticeship experience. Enrollment opens Monday, September 23, 2024 at noon and space is limited. For course fees,

schedules and more information, visit the Maine Horticulture Apprentice Training website.

The Maine Gardener Training is for individuals who want to deepen their gardening knowledge without any volunteer or apprenticeship requirements. This virtual course provides foundational education and skills to bring your garden to the next lev-

el. Enrollment opens Monday, September 30, 2024 at noon and space is limited. For course fees, schedules and more information, visit the Maine Gardener Training website.

For more information or to request a reasonable accommodation, contact the Extension horticulture team at 207-581-3188 or extension.gardening@maine.edu.

Clothes galore at Gorham's Mission of Hope Clothes Closet

GORHAM, ME -- The FREE Clothes Closet at Cressey Road Church (Mission of Hope Clothes Closet) is open to all who need Fellowship, Friendship and Clothes. We are located at 81 Cressey Road, Gorham, and we are open on the FIRST and THIRD Saturday of each month from 9 o'clock AM to 12 Noon.

We focus on clothes and accessories (gloves,

scarves, hats, etc.) and welcome your donations during our operating hours. Clean clothes in good shape help the most, as they go right out to help people locally or in nearby communities. An attempt is made to have season appropriate clothes available to you. After we have displayed them for a time, they are donated to our local second-hand shops.

In addition to helping

folks find clothes, we want to spend time with you! There are tables to sit, talk and to share a cup of coffee and usually a goodie with volunteers or others. Come see us! You might make a new friend. All are welcome!

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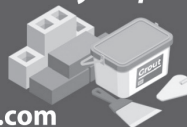
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Get ready for emergencies with National Preparedness Month

PORTLAND, ME — The American Red Cross of Northern New England is encouraging everyone to take critical actions during National Preparedness Month this September to be ready for worsening disasters. Deadly storms and floods, raging fires and extreme heat are becoming more frequent and intense due to the climate crisis and families are experiencing the effects.

“Disasters can happen at any time, often without warning, changing lives forever in just minutes,” said John Montes, Red Cross regional disaster officer. “As our climate changes, it’s critical to help protect your loved ones and National Preparedness Month is the ideal time to get your household ready for emergencies.”

HOW TO PREPARE
Get ready for disasters by

making a plan to stay safe, gathering important supplies and knowing how you’ll stay connected. Follow these steps to prepare for emergencies:

Depending on the emergency, you may need to stay where you are or go somewhere else to stay safe. If you may need to leave, think about where you will go, how you will get there, where you will stay and what you’ll take with you. Plan well in advance if you’ll need help leaving or use public transportation.

Next, gather and organize critical supplies — like food, water and medicine — into a go-kit and a stay-at-home kit. Your go-kit should include three days of supplies that you can take with you. Your stay-at-home kit should have two weeks of food and water, and a one-month



supply of medications, if possible.

Customize your kit to meet your household’s specific needs. If you have young children, don’t forget formula and diapers. If you have pets, include leashes, carriers, food, bowls, litter and a litterbox.

Make a plan to reconnect with loved ones if you are separated or if the phone or internet is down. Write down important phone numbers on a contact card and carry it with you.

Finally, download the free Red Cross Emergency app for real-time weather alerts and expert advice in both English and Spanish.

And don’t forget to sign up for free emergency alerts from your local government to get critical information during local emergencies.

CLIMATE CRISIS EFFECTS This year, experts forecasted active hurricanes and wildfires — predictions that are proving to be true. In July, Hurricane Beryl broke records as the earliest Category 5 storm ever recorded and in early August, Hurricane Debby brought widespread flooding to much of the East Coast. So far in 2024, 2.7 million more acres of land have been burned by wildfires compared to all of 2023. Plus, 2024 is on track

to be the hottest year on record according to experts. Altogether in 2024, the U.S has experienced 19 climate disasters, each with losses of over a billion dollars — more than double the average from the last 40 years.

Locally, the Red Cross of Northern New England responded to 35 weather-related disasters in Maine since last September, assisting 350 people. Most notably, was our response to catastrophic flooding in the mid-coast area last December. During that response, the Red Cross supported four emergency shelters serving more than 100 residents; served more than 600 meals and distributed more than 800 disaster relief supplies to those in need.

When these disasters happen, the Red Cross is there providing food, shelter and comfort to ensure

no one faces such a difficult time alone. To help families better cope with this worsening climate crisis, the Red Cross is also enhancing our support for those who need it most and increasing our capacity to respond to non-stop disasters.

“The best defense during an emergency is to be prepared, and that’s true for both our individual families and our entire community,” said Montes. “During National Preparedness Month, consider donating to help people affected by disasters big and small, or making an appointment to give blood. If you have the time, take a first aid class or put on a red vest and join us as a volunteer.”

Visit redcross.org or call 800-RED CROSS (800-733-2767) to learn more today.

Great State of Illustration in Maine shines at UMA

AUGUSTA, ME - The Illustration Institute, based on Peaks Island in Maine, brings their energetic, multifaceted exhibition The Great State of Illustration in Maine to its first educational venue, the Charles Danforth Gallery at the University of Maine at Augusta. The exhibition, which includes the work of more than eighty pub-

lished Maine illustrators, will be on view September 3 through October 18 with a reception September 12 at 4 p.m.

The Great State of Illustration in Maine includes works by time-honored Maine talents like Dahlov Ipcar and Ashley Bryan and many emerging artists, and in media like watercolor, pen and ink, and woodcuts.

The diversity of methods, subjects, and artists charge the exhibition with energy, humor, and emotion, transforming the space of the Danforth Gallery into a glittering showcase of some of Maine’s most talented and creative artists.

The exhibition will include four events open to the public: a reception September 12 at 4 p.m.; a

talk by Scott Nash about Getting Started as an Illustrator on October 1 from 12 - 1 p.m.; a panel discussion on Women in Illustration moderated by Jess Esch on October 8 from 12 - 1 p.m.; and an artist presentation by Steve Constanza on October 17 from 4 - 6 p.m. The public are welcome and invited to all these events.

The Great State of

Illustration in Maine is on view from September 3 - October 18, 2024, and the public is welcome to visit the gallery in Jewett Hall, which is open on Mondays through Fridays from 9:00 am to 4:00 pm.

Follow the Danforth Gallery on Instagram and Facebook @UMADanforth and on their website: danforth.uma.edu.

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Friends of Feral Felines holding used book sale

WESTBROOK, ME -- Friends of Feral Felines is holding a used book sale on Saturday, September 21 from 9am to 2pm at the Westbrook Community

Center, 426 Bridge St. in Westbrook.

F of FF is a nonprofit supporting abandoned cats in southern Maine with veterinary care, food, and

housing. Sales help both the homeless cats and the community by reducing the numbers through trapping, neutering, and homing. FMI www.feralfelines.net

Send all items for Names & Faces to the editor.
Deadline is Friday by five pm.

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Seniors Not Acting Their Age

Kayaking during the Campobello Fog Fest



A tandem kayak team paddles next to Sugarloaf Rock at Liberty Point on Campobello Island



Paddlers navigate through narrow channels on the east side of Campobello



Campobello Island is famous for its rugged cliffs

Campobello Island in New Brunswick is located across the International Bridge from Lubec. Its rugged spectacular coastline seems like a continuation of the Bold Coast which extends north from Cutler to West Quoddy Head in Lubec.

According to the book *Moondoggle*, were it not for a historical happenstance, Campobello would likely be part of the United States. When inspecting the area during boundary negotiations, American diplomat, Daniel Webster, got seasick and declined to sail around the island. With his blessings, the Webster-Ashburton Treaty in 1842 established the international border west of Campobello even though it was a few feet from Lubec and miles from Canada.

Recently, a large group of Mainers traveled to Campobello for six days of kayaking, biking and hiking during the annual

Fog Fest. Campobello has a Fog Fest for a good reason: fog is very common. While camping at Herring Cove Provincial Park, we experienced a steady diet of soupy haze throughout our stay.

Sea kayaking the Campobello coastline was a primary goal for most of the group with the rugged east side of the island our top priority. During our first full day, dense fog precluded a safe kayak trip, so we biked and hiked the Roosevelt Campobello International Park (RCIP) trails.

The sun was shining when we arose the following morning but patchy fog persisted along much of the coastline. Twelve kayakers in eleven kayaks decided to organize a shuttle in hopes of completing a journey along the east shore if the foggy conditions improved.

Since light to moderate winds were predicted

out of the southwest, we planned a traverse south to north. Two vehicles were left at Mill Cove in the northeastern corner of the island for a return shuttle. While leaving the cove, one vehicle was temporarily stuck in sand, causing a short delay and a strenuous workout for three members of the party.

The entire group met at a gravel beach on the southern shore of RCIP called Lower Duck Pond. Fog still lingered along the coast but appeared to be lifting. We prepared for potential foggy paddling by consulting our maps, taking a compass bearing, and placing fog horns and fog lights on our kayak decks. The trip was on.

Not only was the fog a concern, but rounding sometimes treacherous, Liberty Point, was a matter to be reckoned with. Located about a mile east of the put-in, we hoped to minimize any risk by arriv-

ing at about high tide.

Fog diminished as we approached the formidable promontory. Massive Sugarloaf Rock marks the extreme end of the point. Calm seas allowed for safe passage on both the inside and outside of the impressive monolith.

The fog was moving offshore as we turned the point and the magnificent coastline was visible facing north. However, nearby Grand Manan Island remained enveloped in fog throughout the day.

Our hardy band progressed north with the assistance of a light tailwind. In a couple of locations, the high tide allowed paddlers to negotiate through narrow channels between the coast and offshore boulders. We stopped at picturesque Raccoon Beach for some boat adjustments and a snack.

After passing boulder-strewn Con Robinson Point, twelve kayakers tra-

versed expansive Herring Cove to prominent Eastern Head at the far end. From that escarpment, the dazzling cliffs continue almost unabated to Mill Cove.

Most of the remaining journey along the bluffs was in calm water. However, we encountered tricky unpredictable currents next to some headlands. Not far offshore the powerful Fundy Bay tides were causing turbulent seas; an added incentive to stay close to the cliffs. Shortly before entering Mill Cove, we passed an immense fish weir that appeared to be operational.

The tide was flowing out when we entered Mill Cove. After landing on the rocky beach, an extended carry was required to reach the vehicles.

A handful of intrepid paddlers opted to lengthen their day by kayaking to Head Harbor Lightstation at the northern terminus of the island. Most of us

were satisfied with a truly exceptional paddling experience. For many, the lighthouse was an objective for another day; hopefully from the west side of the island.

My book, *Maine Al Fresco: The Fifty Finest Adventures in Maine* narrates eight sea kayak trips in Maine including an exciting foggy expedition along the entire Bold Coast.

Ron Chase resides in Topsham. His latest book, *"Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine"* is available at www.northcountrypress.com/maine-al-fresco or in bookstores and through online retailers. His previous books are *"The Great Mars Hill Bank Robbery"* and *"Mountains for Mortals – New England."* Visit his website at www.ronchase-outdoors.com or he can be reached at ronchaseoutdoors@comcast.net

OUT Maine receives grant from Jane's Trust Foundation

ROCKLAND, ME — OUT Maine has received a sizable grant from Jane's Trust Foundation, which will be used to develop and implement a multi-year approach to address the critical need for affirming mental health re-

sources for LGBTQIA2S+ youth and families in Maine.

The grant itself will fund OUT Maine's curriculum development, training programs, support groups, and provider networking opportuni-

ties, with a strong focus on evaluation to assess effectiveness and impact. The nonprofit will be partnering with local universities to train new mental health professionals in supporting and affirming the LGBTQIA2S+ com-

munity.

"Especially in rural parts of the state, queer youth can feel extremely isolated, and experience higher rates of depression and suicidal ideation than their peers," says OUT Maine's Executive Direc-

tor Sue Campbell. "This grant from Jane's Trust Foundation will help us educate the next generation of therapists and counselors to give these kids and their families the support they need."

Jane's Trust Founda-

tion is "a family foundation dedicated to creating a more socially just and environmentally sustainable world in which all people thrive through education and deep connections with family, community, and the natural world."

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Arts & Entertainment

USM Art Gallery unveils TANGLE



Pamela Moulton and Roy Fox, TANGLE, 2023. Steel, salvaged ropes, and nets, paint, 14 ft. tall x approx. 10 ft. across. Commissioned for the University of Maine System and the citizens of Maine under the Maine Percent for Art Act.

P O R T L A N D , M E -- The University of Southern Maine is thrilled to announce the acquisition of TANGLE, a sculpture by artists Pamela Moulton and Roy Fox. Funded by the Maine Percent for Art Program, TANGLE is an artwork that takes the whimsical form of a fantastical five-legged creature constructed of steel, rope, and net salvaged from the Gulf of Maine.

Moulton and Fox's material choices speak to the history of net fishing in Maine. The Wabanaki people have continuously practiced net fishing for

12,000 years. The legacy of this practice continues today in a different mode via our commercial fishing industry and in our wateradjacent communities, tying into Maine's economic identity. Unfortunately, industry-discarded rope and net, known as "ghost gear," endangers marine life and is nearly impossible to recycle.

Moulton and Fox salvage these ropes and nets, allowing the material to take on new forms in TANGLE. The sculpture sees knotted and twisted channels reminiscent of mycelial structures intertwining to reveal a mythi-

cal creature in their wake. The artists fashion these weighty environmental concerns into something joyous: a celebration of our intertwined ecological destinies and a reimagining of what is possible through artistic reuse.

Join us in celebrating the public unveiling of TANGLE on Thursday, September 12th, from 4 - 5 p.m. on our Portland campus, outdoors behind the McGoldrick Center. Featuring remarks by the artists, University President Jacqueline Edmondson, and others, this event is open to attendees of all ages, free of charge.

Honorary Chairs of Camp Susan Curtis Gala announced

P O R T L A N D , M E -- Camp Susan Curtis is thrilled to announce Jen and Bob Montgomery-Rice as Honorary Chairs for its 50th Anniversary Gala event. The Campfire Under the Stars Gala will take place on October 3rd at Brick South on Thompson's Point and celebrate fifty years of providing life-changing summer camp experiences for children from low-income families.

Long-time Maine educator, Jen Montgomery-Rice, and Bob Montgomery-Rice, President and CEO of Bangor Savings Bank, will serve as Honorary Chairs for the event. Their commitment to the mission of Camp Susan Curtis underscores a shared belief in the transformative power of positive adult mentors and a sense of belonging for Maine children facing economic hardship.

"For many of these kids, camp is more than just a summer getaway," said Jen Montgomery-Rice. "It's where they can embrace new and enriching experiences through various activities they can't get at home, from arts and crafts to outdoor adven-

tures and team-building events. As someone who grew up loving camp and as a lifelong educator, I recognize the importance of our youth's social-emotional health and education. Positive camp experiences, like those at Camp Susan Curtis, contribute to a sense of belonging and mental well-being and bolster kids' confidence and skills that they carry throughout their lives."

Jen and Bob are steadfast supporters of initiatives that offer life-changing opportunities to underserved youth. Their dedication to Camp Susan Curtis is rooted in the belief that every child deserves the chance to develop the confidence that comes from overcoming challenges in a safe and nurturing environment.

"Camp Susan Curtis provides Maine youth with access to mentorship, support, and life skills essential for their development. Growing up, camp was a significant part of my life, and I see the same impact on today's campers. From the youngest participants to those in the leadership program, they learn to collaborate, have fun with and lead others,"

added Bob Mont-



gomery-Rice. "These experiences are crucial for their personal growth and the future prosperity of Maine, as these kids are the next generation of leaders and innovators."

Since its inception, Camp Susan Curtis has helped more than 19,000 campers from across Maine find a supportive, caring community where they can learn, grow, and thrive. The 50th Anniversary Gala aims to celebrate this legacy while raising funds to ensure that future generations continue to benefit from the camp's unique programs, designed specifically to best serve children from low-income households.

Camp founders Governor Ken Curtis and Mrs. Polly Curtis will be the special guests of honor at CSC's 50th anniversary gala, allowing attendees a chance to experience the thrill of camp for themselves.

West Buxton Library hosts ongoing Writer's Workshops

B U X T O N , M E -- You're invited to join the West Buxton Library Writing Workshops. There are no fees, no prerequisites and spelling doesn't matter. These workshops are for adults in Buxton and surrounding communities. We are funded by the Narragansett Number One Foundation and sponsored by the West Buxton Public Library.

You are not required to share your writing, but if you do, you will find us a friendly, non-judgmental and encouraging group. Our critiquing guidelines include: Positivity, Encouragement, Kindness.

We meet the second Wednesday of each month, via Zoom. If you are not connected via Zoom, you may want to join our in-house meeting in October:

Two tentative dates have been reserved at Buxton Town Hall

Saturday 10/5 or Saturday 10/19

I'm looking for a speaker for either of these dates. Do you know someone who might be interested in being our guest? There is a small stipend available.

FMI and the Zoom link, contact Lorraine lindcabin@gmail.com

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Send all items for Names & Faces to the editor.
Deadline is Friday by five pm.

UMA drones provide photography for airport cleanup

AUGUSTA, ME – Drones from the Uncrewed Aircraft Training program at the University of Maine at Augusta (UMA) have been engaged in cleanup efforts at the Brunswick Executive Airport since approximately 1450 gallons of aqueous film-forming foam (AFFF) mixed with 50,000 gallons of water was released from Hangar 4 on August 19, 2024. The AFFF is of particular concern as it contains poly-fluoroalkyl substances, commonly known as PFAS, which are considered “forever chemicals”. Though these chemicals have been used in consumer products worldwide since about the 1950s, according to the National Institute of Environmental Health Sciences, they are difficult to break down and can adversely affect health.

UMA drones have been monitoring the environment from the air, searching for evidence of foam and providing important information about its possible spread in nearby waterways. The Mid-coast Regional Redevelopment Authority contacted Dr. Daniel Leclair, Assistant Professor of Aviation/



Mere Creek snakes through a flatland of dense woods

Uncrewed Aircraft Systems at UMA, to participate in the cleanup efforts.

Tasked with monitoring the environment, including tidal marshes, between the airport and Casco Bay, Dr. Leclair, Assistant Professor of Aviation/Uncrewed Aircraft Systems at UMA, has conducted vital daily aerial photography, looking for evidence of the foam spreading. “The foam is fluffy and very light. The wind can easily carry it. When it dissipates in water, it creates a surface sheen like gasoline but is not as colorful. It can also re-foam and expand if the

water gets stirred up,” Dr. Leclair described.

The drones are invaluable for quickly accessing areas that would otherwise be time-consuming and difficult to reach. Instead of hiking through dense forests or tangled grassland, through underbrush, mud, and rocks, the drones can be flown high above or close to the surface. They can record video and take still shots with powerful zoom lenses and image stabilizers.

Dr. Leclair is an experienced uncrewed aircraft pilot, having flown multiple missions, including recording the extent of dam-

age from Hurricane Sandy for FEMA in 2012. He uses different drones for specific purposes. For this mission, he employs the small but powerful Parrot ANAFI USA, initially designed for the U.S. Army, which is particularly good for flying along the waterways under tree canopies. He is also using two larger drones, the DJI Matrice 210 and the fast-moving, long-range DJI Inspire 2, which are better for more open areas and locations farther away. These drones have up to seven cameras, some for recording images and others for navigational functions. Not all foam

on these waters is AFFF; some can be from biological sources resulting from natural processes. All potential areas of interest are photographed, and the locations recorded are reported directly to the Coast Guard to evaluate and triage for further study.

By assisting in the monitoring and cleanup efforts, UMA is helping research efforts at the University of Maine PFAS+ Research Initiative and other researchers studying AFFF behavior in waters and tidal marshes. “UMA is proud of what we do to help our community with this unfortunate incident. This work not only assists in cleanup efforts but also in research to learn how to mitigate future incidents, create safer products, and improve our ability to recover from incidents when they occur,” said Dr. Leclair.

For more information about UMaine’s PFAS+ research, visit umaine.edu/pfas/resources/. To learn more about sampling and remediation efforts, visit the Maine Department of Environmental Protection (DEP) web page for the Brunswick site at maine.gov/dep/projects/bnas/index.html.

UMA is the only university in Maine that has an Uncrewed Aircraft Systems (UAS) pilot training program. UMA has trained over 500 students in the introductory Commercial Drone course. The program has expanded, and students can now earn a UAS bachelor’s degree in Applied Science. A UAS minor is also available in combination with any major. To learn more about this and UMA’s other aviation programs, visit uma.edu/aviation.

In addition to the Uncrewed Aircraft program, UMA offers aviation programs in Flight Instruction and aviation maintenance and is planning an Air Traffic Controller program for next year.

UMA transforms the lives of students of every age and background across the State of Maine and beyond through access to high-quality distance and on-site education, excellence in student support, civic engagement, and professional and liberal arts programs. For more information, please visit uma.edu.

Health and Human Services Committee honored

AUGUSTA, ME – Members of the 131st Legislature’s Health and Human Services Committee were collectively recognized as the 2024 Legislators of the Year by the Maine Council on Aging (MCOA) for advancing laws and policies to improve the health and wellness of older Mainers.

Over the past two years, the committee has advocated for expanding eligibility for the Medicare Savings Program, which assists older Mainers in paying for some or all of their out-of-pocket costs for Medicare pre-

miums, deductibles and copayments. Additionally, the committee defended against attempts to repeal the increased eligibility, ensuring its continued support for older Mainers. House Democrats on the committee, led by House chair Michele Meyer, D-Eliot, have also advocated for legislation to provide funding for Meals on Wheels, direct care services, and other caregiver support.

“Everyone deserves to age with dignity,” said Meyer. “I am so proud of the work conducted by the 131st Legislature’s Health

and Human Services Committee over the last two years and our efforts to advocate for legislation that supports a healthy, age-integrated Maine. We could not conduct this important work without the educational resources and expertise provided by the Maine Council on Aging.”

House Democrats on the Health and Human Services Committee include:

Rep. Michele Meyer, D-Eliot
Rep. Margaret Craven, D-Lewiston
Rep. Anne Graham,

D-North Yarmouth
Rep. Colleen Madigan, D-Waterville
Rep. Dan Shagoury, D-Hallowell

Rep. Sam Zager, D-Portland
Members will receive their awards at MCOA’s annual

CHANGE AGent Summit, which will be held at Pineland Farms in New Gloucester on Sept. 25, 2024.

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Rally together: Run/walk, Ride, Duathlon, Virtual, Spinathon

RALLY TOGETHER: 5K RUN/WALK PRESENTED BY UNUM

Join us for an inspirational 5K that starts and ends at the Festival in the Park. Presented by Unum. Feeling ambitious? Join our Dempsey Duathlon featuring a 4.5 mile run and 21.5-mile ride DOUBLE the fun!

In-person event located in Lewiston, Maine featuring run/walk and ride events on Saturday, September 21st.

Register at Dempsey-center.org

RALLY TOGETHER: RIDE EVENTS

Choose your own adventure! Join us on Saturday, September 21st for a 15-, 25-, 35-, 50-, 65-mile metric century bike ride or Wendy's Way - a family-friendly out-and-back ride 5-mile ride with an epic rest stop.

Feeling ambitious? Take on the Dempsey Duathlon featuring a 4.5 mile run and 21-mile ride DOUBLE the fun!

In-person event located in Lewiston, Maine featuring run/walk and ride events on Saturday, September 21st.

RALLY TOGETHER: TAKE THE CHALLENGE

Back again this year - the ultimate challenge for your inner athlete. Register for our take on a Duathlon, presented by Geiger, and crush 2 events in 1--a 4.5-mile run followed by at 21.5-mile ride!

About the challenge The Dempsey Duathlon is a 25-mile course that you'll split into a 4.5-mile run to a rest stop where you'll change your gear and finish the remaining 21.5 miles in a challenging ride to the finish.



General Information: Event is limited to 150 participants - so register today!

Must be at least 15 years of age to participate 4.5 mile run must be completed in 1-hour (roughly a 12 minute/mile pace)

Bag and bike drop off at designated rest stop to take place early Saturday morning (details to come)

Bag Valet will be available

Personal items left behind for the ride portion will be bagged and labeled

Bagged items will be transported and available for pickup at the Bag + Bike Tent at the finish line

In-person event located in Lewiston, Maine featuring 5K run/walk and 21-mile ride on Saturday, September 21st.

DEMPSEY CHALLENGE REGISTRATION INCLUDES:

Participant t-shirt; Fundraising Incentives; Fundraising Guide to help you achieve your fundraising goals!; Beverage ticket to enjoy a Maine craft beer, mimosa or bloody Mary; Maine-inspired finisher meal in the Food + Bever-

age Tent VIRTUAL DEMPSEY CHALLENGE

It's easy to participate as a Virtual Challenger! On September 21st, pin on your bib, snap a selfie while you complete your activity and submit your results. All Virtual Challengers who raise at least \$300 and complete the Virtual Dempsey Challenge will receive an exclusive Virtual Challenge Finisher patch.

Register by 9/1 to receive t-shirt and official bib by Challenge weekend.

On September 21st, complete your activity from wherever you are in the world.

Take a picture as you participate in the Global Challenge.

Submit your results by 5:00 PM ET on 9/21 to receive an exclusive Global Challenge Finisher patch.

All virtual challengers receive: Participant t-shirt and bib shipped to you; Fundraising Incentives shipped to you; Fundraising Tool Kit to help you achieve your fundraising goals!

Virtual Challengers who raise at least \$300, complete and submit their activity will receive an official Global Challenge Finisher patch

2024 JIBE CYCLING STUDIO SPINATHON

Saturday, September 21st

CLASS TIMES: 7am | 8am | 9am | 10am | 11am



LOCATION: Sismard-Payne Police Memorial Park, 46 Beech St., Lewiston, ME 04240

We can't WAIT to bring our 5th (can you believe it?) Annual Spinathon to the DEMPSEY CHALLENGE for 2024!

So gather your teams of 2 to 3, or get ready to ride as an individual and join one of the biggest and most impactful events of the year. 100% of the funds raised by YOU help provide personalized, holistic services at no cost to cancer patients, their loved ones, and care partners.

Teams of 2-3 will collectively cycle for 6 consecutive hours, and if you ride as an individual, you can participate in any (or all) of the 6 classes during the day!

Individual and Team Registration is NOW OPEN!

About the event The Spinathon has

quickly become a premier annual fundraising event for Jibe Cycling Studio and its community. Over the past 4 years, the event has raised over \$175,000 for cancer organizations. This year's event will benefit the Dempsey Center as an official fundraiser for the 2024 Dempsey Challenge.

Once you register online, your team fundraising page will automatically be created for you! Every single dollar you raise will help the Dempsey Center provide personalized, holistic services at no cost to cancer patients, their loved ones and care partners.

BONUS! As an official fundraiser and extension of the Dempsey Challenge, all Spinathon participants will receive: Official Spinathon Hat Adult Beverage ticket in the Maine Craft Beer, Wine + Mimosa Tent; Access to all Dempsey Challenge Fundraising Incentives

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Dempsey Challenge schedule

Honor together

DEMPSEY CHALLENGE

DempseyChallenge.org

THURSDAY, SEPT. 19

PACKET PICK UP + OPEN HOUSE

4:00 PM - 7:00 PM
Dempsey Center - Lewiston
29 Lowell St., 5th Floor | Lewiston, Maine
Pick up your packets + bibs and tour the Dempsey Center's Lewiston location. Discover all the services that the Dempsey Center provides at no cost to people impacted by cancer.

FRIDAY, SEPT. 20

PACKET PICK UP + OPEN HOUSE

10:00 AM - 7:00 PM
Dempsey Center - Lewiston
29 Lowell St., 5th Floor | Lewiston, Maine
Pick up your packets + bibs and tour the Dempsey Center's Lewiston location. Discover all the services that the Dempsey Center provides at no cost to people impacted by cancer.

CHAMPIONS FOR HOPE

7:00 PM - 8:30 PM
Hilton Garden Inn - Auburn, ME
Honor cancer survivors and celebrate this year's top fundraisers. By invitation only.

FESTIVAL IN THE PARK

SATURDAY, SEPT. 21
8:30 AM - 3:30 PM

CHALLENGER FOOD + BEVERAGE TENT

9:00 AM - 10:30 AM - Breakfast
11:00 AM - 3:30 PM - Lunch

MAINE CRAFT BEER + WINE GARDEN

Featuring local breweries: Baxter Brewing, Lost Valley Brewing, Side by Side, Gritty McDuff's, and Lone Pine

BLOODY MARY + MIMOSA BAR

Featuring Ice Pik Vodka

FOOD TRUCK COURT

Opens at 7:00 AM

LIVE ENTERTAINMENT

Poland Spring Brand 100% Natural Spring Water Entertainment Stage

DEMPSEY CENTER + CHALLENGE MERCH

DEMPSEY CENTER MISSION TENT

KIDZ ZONE

Dempsey Dog Meet + Greet, Read Alouds, and Activities for All Ages



SATURDAY, SEPT. 21

VENUE OPENS TO CHALLENGERS

6:15 AM
Simard-Payne Park - 46 Beech St. Lewiston
Register for Challenge, turn in any last-minute donations, and get your questions answered!

OPENING REMARKS

7:00 AM
Poland Spring Entertainment Stage - Simard-Payne Park



JIBE CYCLE SPINATHON

7:00 AM - 1:00 PM

CHALLENGE EVENTS

Please arrive at least 15 minutes before your event start time for staging.

65-MILE RIDE START

7:30 AM

50-MILE RIDE START

7:45 AM

35-MILE RIDE START

8:00 AM

DEMPSEY DUATHLON START

presented by Geiger
8:15 AM

25-MILE RIDE START

8:30 AM

5K RUN START

presented by Unum
8:45 AM

5K WALK START

presented by Unum
9:05 AM

WENDY'S WAY FAMILY RIDE + 15-MILE RIDE START

9:30 AM

KIDS FUN RUN

presented by TD Bank
11:00 AM

Register at the tent near the start line beginning at 10:30 AM

SURVIVOR WALK

1:00 PM
Simard-Payne Park

If you are a cancer survivor, are in active treatment or are honoring a loved one, please join us for the Survivor Walk.

FUNDRAISING AWARDS

1:15 PM
Poland Spring Entertainment Stage - Simard-Payne Park

CHALLENGE AFTER PARTY

6:00 PM - 9:30 PM
Lost Valley Brewpub
200 Lost Valley Rd. Auburn, ME



Patrick Dempsey with his mother, Amanda Dempsey

Throughout the Dempsey Challenge event, we'll take time and space to HONOR TOGETHER: the friends, family, and loved ones whose lives have been impacted by cancer.

Amanda Dempsey Award

2023 AMANDA DEMPSEY AWARD WINNER: TONY ACHILLE

Named in memory of Patrick Dempsey's mother Amanda Dempsey, the award is presented to a cancer survivor who has a passion for helping Mainers with cancer. Although Amanda was reserved and humble, she had a warm presence, and was passionate about giving back to her community.

Past winners include Trevor Maxwell (2022), Sue Craib (2021), Jon Henry (2020), Priscilla "Pat" Rollins (2019), Barbara Deschenes (2018), Christina Parrish (2017), Brooke Ismail (2016), Dr. James Campbell (2015), Nel Bernard (2014), Hailley Sontag (2013), Kristen Short (2012), Laura Davis (2011), Scott Thomas (2010), and Carlene Sperry and Allen Lariviere (2009).

Signs of Hope +

Healing

At the Dempsey Challenge, you'll see wonderful messages of support and love lining the Riverwalk and portions of the run/walk and ride routes. Signs of Hope + Healing are an important reminder of what the Dempsey Challenge and Dempsey Center are all about - showing support for those impacted by cancer.

Dempsey Challenge participants, spectators, volunteers - anyone impacted by cancer - are invited to create a sign for display throughout Dempsey Challenge weekend.

IMPORTANT: Signs must be received by the

following time in order to guarantee placement:

Dempsey Center, Lewiston: Friday, September 20, 7PM ET

Dempsey Center, South Portland: Thursday, September 19, 7PM ET

Please refer to the Submission Packet (see button below) for instructions and submission form. You'll include it along with your sign and mounting bracket one of two ways:

Mail to: Dempsey Center, 29 Lowell St. 5th Floor, Lewiston, ME 04240

Drop off at the Dempsey Center in Lewiston or So. Portland during normal business hours.



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Analysis finds rising seas could threaten Maine infrastructure

WASHINGTON, D.C.—Climate change is rapidly worsening tidal flooding and escalating risks to essential and valuable coastal infrastructure that millions of people depend on. According to a new analysis by the Union of Concerned Scientists (UCS) titled “Looming Deadlines for Coastal Resilience,” nearly 1,100 critical infrastructure assets along the U.S. coastline would flood 12 times per year on average, or the equivalent of once a month, by 2050, assuming a medium rate of sea level rise. That number could jump to more than 5,300 critical infrastructure assets at risk by 2100. The more than 1,700 U.S. communities with at-risk critical infrastructure assets between now and the century’s end are currently home to nearly 7.4 million people, with Maine’s communities and infrastructure exposed. As tidal flooding risks to expensive, long-lived infrastructure grows rapidly in the decades ahead, policymakers and decision makers from every sector of society must take urgent actions to prepare communities and sharply curtail the use of fossil fuels driving the climate crisis.

The results for Maine

are below. Assuming a medium sea level rise scenario (3.2 feet globally, on average, by 2100) and bearing in mind that the amount of sea level rise experienced along U.S. coastlines by century’s end is less certain as it is largely dependent on heat-trapping emissions released in the coming decades:

As many as 17 of today’s critical infrastructure assets would be at risk of being flooded, on average, twice annually by 2050. Of those assets, 15 would be at risk of flooding the equivalent of once each month and 14 the equivalent of once every other week.

By the end of the century, as many as 48 of today’s critical infrastructure assets would be at risk of flooding, on average, twice annually by 2100. Of those assets, 40 would be at risk of flooding the equivalent of once each month and 28 the equivalent of once every other week.

The critical infrastructure most at risk of disruptive flooding includes industrial contamination sites, government facilities, and public health and safety buildings in 2050 and 2100.

In 2050, there are 15 communities with at-risk critical infrastructure. By

2100, it jumps to 25 communities.

The number of critical infrastructure assets at risk of disruptive flooding is expected to increase 13% by 2050 and triple by 2100, as compared to a 2020 baseline.

Using a combination of data from National Oceanic and Atmospheric Administration (NOAA) tide gauges, U.S. government agencies, and three sea level rise scenarios developed by a U.S. Interagency Task Force—referred to as high, medium, and low in the report—UCS determined when critical infrastructure assets along the entire coastline of the contiguous United States, as well as Guam, Puerto Rico and the U.S. Virgin Islands, would be at risk of being routinely flooded by high tides at least two, 12 or 26 times per year, on average, in the coming decades. Critical infrastructure is defined in the analysis as assets and facilities that provide functions necessary to sustain daily life or that if flooded could impose societal hazards. The analysis includes results for 2020, 2030, 2050 and 2100 for six types of critical infrastructure: educational institutions, energy infrastructure, government facilities, industrial contamination sites,

public health and safety buildings, and subsidized housing. It also utilizes the White House Council on Environmental Quality’s Climate and Economic Justice Screening Tool to ascertain if the infrastructure at risk of flooding is located in “disadvantaged” or “non-disadvantaged” communities, as defined by the tool. Factors that contribute to a community being considered disadvantaged include burdens they face related to health, housing, climate change and income. This analysis only considers present-day infrastructure and population data, which means the results may be conservative.

Due to a variety of factors—coastline length, sea level rise rate, land subsidence and zoning laws—some states have more critical infrastructure assets exposed to disruptive tidal flooding in the coming decades than others. The analysis finds that California, Florida, Louisiana, Maryland, Massachusetts, and New Jersey have the highest numbers of critical infrastructure assets that will need to be made more resilient or be relocated to safer ground. Meanwhile, because of longstanding racial and socioeconomic inequities, disadvantaged

communities that already carry heavy burdens have, on average, more infrastructure at risk of flooding and fewer resources to address this challenge. According to the analysis, about one-third of coastal communities are currently designated as disadvantaged, but they are home to more than half of the critical infrastructure at risk through 2050. Disadvantaged communities with infrastructure at risk have higher percentages of Black, Hispanic or Latino, and Native American residents and more infrastructure at risk per capita than non-disadvantaged communities. Public and affordable housing represents the single most at-risk category of vital infrastructure.

The report offers a range of recommendations for policymakers and public and private decision makers to ensure communities are adequately prepared for the risks and challenges that lie ahead. The recommendations include using the best available science to inform near- and long-term risk planning and scaling up public and private funding—beyond allocations in existing policies such as the Infrastructure Investment and Jobs Act—to

increase the climate resilience of coastal infrastructure. The report also encourages implementing policies to reduce historical inequities and prevent future harms, protecting subsidized housing when possible, opening just opportunities for people or communities that opt to relocate, and planning for a wide range of possibilities that could occur as sea level rise rapidly accelerates.

Even if all global heat-trapping emissions ceased today, much of the expected sea-level rise between now and midcentury is already locked in due to insufficient efforts to reduce emissions by policymakers to date, and the obstructive and damaging actions of fossil fuel companies. However, the amount of sea level rise that occurs between 2050 and 2100 depends on global heat-trapping gases released over the next several decades and Earth’s physical response—namely the extent of land-based ice loss and ocean warming—caused by those emissions. This is why sharply curtailing heat-trapping emissions, phasing out fossil fuels and ramping up clean energy solutions must also be cornerstones of actions to help protect coastal communities.

Elder fraud program launches at Maine Hannaford pharmacies

PORTLAND, ME -- The U.S. Attorney’s Office for the District of Maine today announced an innovative new elder fraud awareness program that will utilize the inherent relationships of pharmacists and their customers to reach older Mainers. The Maine Rx Elder Fraud Program is a collaborative effort between the U.S. Attorney’s Office, AARP Maine, and the Maine Council for Elder Abuse

Prevention.

“Pharmacists are consistently ranked among the most trusted health care providers, and with approximately 9 out of 10 people over age 65 having at least one regular prescription, pharmacists will be a key partner in our efforts to inform this population,” said U.S. Attorney Darcie N. McElwee. “That trust and regular contact makes pharmacies an ideal conduit to reach older Mainers, as well as their family members or caregivers.”

The program, which is designed to educate Mainers on common signs of scams and how to report elder fraud, will begin at Hannaford Supermarkets’ 60 in-store pharmacies across Maine. Informational brochures will be attached to prescription bags for distribution to

Hannaford pharmacy customers.

“We recognize older individuals, as well as their caretakers, make up a large portion of our customer base, and that we are uniquely positioned to help reach this audience directly through our pharmacy services as a trusted source for health and safety information,” said Sara Lane, Manager of Pharmacy Clinical Services, Hannaford Supermarkets. “We are always looking for opportunities to make a positive impact in the communities we serve and by making this information available to our pharmacy customers in all corners of our state, our goal is to help reduce the number of elder fraud incidents in Maine.”

Elder fraud is a growing problem across the nation. Last year, more than 101,000 Americans aged

60-plus were defrauded out of \$3.4 billion through an ever-growing variety of scams. According to the FBI, that number included 397 Mainers who filed fraud complaints last year for losses totaling more than \$7.1 million, and many others go unreported. While some scams can have negligible losses, recent sophisticated scams have robbed victims of their life savings.

“There are so many different types of scams in circulation, it can be difficult to recognize them all. Add in technology, and it becomes even more difficult,” said Jane Margesson, Communications Director for AARP Maine. “Increasingly, the scams are more sophisticated and with multiple layers, even multiple scammers playing different roles. As the schemes have become more complex, the potential losses have increased as well. Those losses can be especially devastating

for victims nearing or in retirement. Some of the stories we hear are absolutely heartbreaking.”

“The actual losses are likely considerably higher than reported,” said Andrew McCormack, Assistant U.S. Attorney and Elder Justice Coordinator for the District of Maine. “For a variety of reasons, older individuals are often hesitant to report when they’ve been scammed. While it is normal to feel embarrassed when you’ve been tricked, it is important to remember that the criminals who take advantage of people are absolute pros at what they do. Older Americans are not the only victims – people of all ages and backgrounds fall prey to scams every day – but after a lifetime of saving and perhaps not being online as often and therefore as current on recent scams, they are a common, and frankly favorite, target for some of the most insidious types of fraud.”

The informational materials were created by the U.S. Attorney’s Office with assistance from the Maine Council for Elder Abuse Prevention. The materials will include common signs of scams as well as information about the National Elder Fraud Hotline.

“We are grateful to all the organizations that have worked together to make this program possible. Our collective aim is to reduce the number of people in Maine who are victimized by these cruel schemes,” said U.S. Attorney McElwee. “Sadly, there are always going to be criminals who try to take advantage and steal your hard-earned money. Recognizing red flags can help prevent you, or someone you love, from becoming a victim.”

For information about the Maine Rx Elder Fraud Program, email usame.outreach@usdoj.gov or call the U.S. Attorney’s Office at 207-780-3257.

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Maine Justice Foundation awards Access to Justice Tax Credit

AUGUSTA, ME -- The Maine Justice Foundation is pleased to announce the 2024 recipients of the Access to Justice Tax Credit Program. In an effort to encourage lawyers to provide services to underserved areas of our State, the Legislature enacted the Access to Justice Tax Credit Program. Starting in 2022, the program authorized five lawyers who practice in underserved areas. Now in its third year, the program will authorize up to five additional eligible attorneys to receive a \$6,000 tax credit in 2024 and in each year thereafter through 2027.

36 M.R.S. Section 5219-ZZ provides that the Maine Supreme Court or its designee shall certify up to five qualified attorneys

annually for participation in the Access to Justice Tax Credit Program. The Court has designated the Maine Justice Foundation to administer the program and established a Standing Committee to assist and advise the Foundation in the process. The Standing Committee includes representatives of the Maine Justice Foundation, the Maine State Bar Association, and the Maine Trial Lawyers Association.

The Foundation accepted applications from eligible attorneys from June 1-17, 2024 and received submissions from several eligible applicants statewide representing underserved areas in Penobscot, Kennebec, Knox, Aroostook and Cumberland counties. The Founda-



ation has recertified the 2022 and 2023 applicants for their second- and third-years representing applicants from Penobscot, Hancock, Waldo, Aroostook, Somerset, Androscoggin, and Cumberland counties.

To be eligible, attorneys must commit to practicing law in an underserved area for at least five years, must be rostered by the Maine Commission on Public Defense Services

to accept court appointments to represent clients in an underserved area, and must agree to perform pro bono legal services in an underserved area. Once eligibility was determined, the five successful recipients of the tax credit were made by random selection.

The new attorneys selected through this process for 2024 include Sarah Catherman of Waterville, Benjamin Fowler of Bangor, Andrew Catherman

of Waterville, Adrienne Fernstrom of Rockland, and Jeremiah McIntosh of Washburn. The attorneys who have been recertified include Cassandra Rogers and Benjamin Everett of Presque Isle, Taylor Kilgore of Turner, Gregory LeClerc of Standish, Ryan Rutledge of Skowhegan, Britany Sawyer of Arundel, Shamara Bailey of Patten, Lynn Madison of Rockland, and Stephen Smith of Augusta. "The Access to Justice Tax Credit is a phenomenal way to incentivize attorneys to represent clients in underserved areas throughout the state. The need for these legal services is substantial and this tax credit is exactly the type of tool that should be broadly implemented to support

lawyers who do the important work of helping Mainers in need access the justice system," says Michelle Draeger, Executive Director of the Maine Justice Foundation. "We look forward to reporting the success of this program to the Legislature in 2027 with the goal of increasing the number of attorneys who can be eligible annually. Doing so will ensure that more people in need receive the justice they deserve," adds Draeger.

The Maine Justice Foundation, founded in 1983 as the Maine Bar Foundation, is the state's leading funder of civil legal aid Mainers in need. Find us online and support access to justice through donations to various funds at www.justicemaine.org.

Make-A-Wish Maine celebrates most wishes granted

MAINE -- Make-A-Wish Maine ended their fiscal year 2024 on August 31st with 89 wishes granted—the most wishes granted in a single year by the chapter since its founding in 1992. This averages one wish every four days right here in Maine.

The 89th wish of the year hit another milestone for Make-A-Wish Maine as it was also the chapter's 1,900th wish granted to a Maine child!

Wish kid Natalie Anton is 12 years old and lives in Somerset County and has the honor of being the 1,900th wish granted by Make-A-Wish Maine. Natalie's wish to see a black sand beach was granted in

Hawaii just last week.

"My favorite part [of Natalie's wish] was the constant smile on her face," says wish mom Katie Corson. "Natalie thoroughly enjoyed snorkeling. She was so excited to see animals in the ocean she had never seen before."

"We are thrilled to celebrate a record-setting year in creating hope for Maine's wish kids," says Make-A-Wish Maine Board Chair John Stibal. "As the Chair of the Board of Directors, I've seen firsthand the impact of a wish come true for kids like Natalie. With a dedicated Board of Directors, volunteers and staff who go above and beyond, and medical partners who believe in



our mission, we are excited to continue to deliver transformational wishes in the upcoming year."

From trips to Walt Disney World to meet their

favorite characters to one-of-a-kind experiences in Hawaii, wish kids in Maine have imaginations that take them all over! Other wishes granted this year include a

wish for a shopping spree, a wish to meet a YouTube star, a fly-fishing trip to Montana, a wish to meet a sloth, and a wish to attend the NBA All-Star Game. Each wish is personalized, taking the wish child's interests into account and being sure to include the entire family, including siblings.

Make-A-Wish Maine grants wishes to children 2.5 to 18 at referral who have been diagnosed with a critical illness. In a national 2022 Impact Study, a large majority of Make-A-Wish alumni, parents, and medical providers overwhelmingly agree that the wish experience contributes substan-

tially to physical, mental, and emotional health. They found the wish experience was a necessary part of the medical treatment journey, improved the odds of survival, provided a support system and better health outcomes, and gave the child a better chance of recovering from their critical illness.

This same study found that 90% of wish parents said the wish experience helped relieve their family from traumatic stress and that 100% of medical providers said the wish experience improves a child's emotional well-being. Source: Make-A-Wish 2022 Wish Impact Study (Rounded Figures).

Collins, King announce \$500K to improve rural healthcare

WASHINGTON, D.C. — U.S. Senators Susan Collins and Angus King announced that the Maine Department of Health and Human Services (DHHS) is being awarded grant funding to help improve rural healthcare. The Medicare Rural Hospital Flexibility Program award, totaling \$504,176, will support Critical Access Hospitals (CAHs) in quality

improvement, and establish or expand rural health emergency medical services. The program is funded through the Health Resources and Services Administration (HRSA).

Critical Access Hospitals are designations given to eligible rural hospitals by the Centers for Medicare and Medicaid Services (CMS). The CAH designation was created in 1997 in response to over 400 rural hospital closures during the 1980s and early 1990s. Maine has 16 CAHs located across the state.

"As one of the most rural states in the nation, Maine people already face many challenges when accessing affordable, quality healthcare," said Senators Collins and King. "This grant will help our rural healthcare systems provide better care, and work to ensure we do not lose these critical facilities and services to preventable closures. We welcome this funding and are grateful for the continued federal support to help keep Maine people safe and healthy. By investing in the health and

well-being of our rural communities, we are making an investment in the future of Maine."

Senators Collins and King have been staunch supporters of bolstering rural healthcare across Maine. Last summer, they joined bipartisan legislation to expand telehealth access through Medicare, making it easier for patients to connect with their providers. They also have advocated on behalf of rural seniors' access to care and introduced the Protecting Rural Seniors' Access to Care Act.

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Calendar

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Thursdays
LEWISTON -- Baby Sensory Playtime in the Lewiston Public Library's Children's Department every Thursday morning from 10am to 12pm.

Drop-in and join us for Baby Sensory Playtime! Babies and their caregivers will have the opportunity to interact with a variety of sensory toys and socialize with other families with young children. Playtime with sensory toys contributes to a baby's cognitive development, fine motor skills, social and emotional development, creativity, and language development.

Recommended for babies ages birth-18 months and their caregivers. Siblings are always welcome. This program is free, open to the public and no registration is required.

Sept 13

ONLINE -- The University of Maine Cooperative Extension's Summer Equine Speaker Series. Three events, all of which will start at 6 p.m., will be held on the following days:
Sept. 13: Elissa Ballman will review various insect pests, ways to mitigate bugs and new research.

Registration is required to receive the webinar links for this free series. For more information and to register, visit the program webpage.

Sept 14

LEWISTON -- From 12 noon to 3 PM 4th Annual

Rally for Recovery hosted by the Lewiston Area Public Health Committee in Kennedy Park

Sept 14

STANDISH --- The Standish Community Dog Park will be hosting their Pups in the Park event to benefit the dog park. The event is free and fun for all, well-behaved dogs on a leash, and will be held on Saturday, September 14, 2024 (rain date 9/15). It will be at 670 Ossipee Trail West, Standish on the multi-purpose fields at Memorial Park. The event is from 10 am-1 pm. The Fun Dog Show registration starts at 10 am and the show will start at 10:30 am. Trooper Hinck and K9 Berry will do a demonstration at noon. Raffle prize drawings will be at 1 pm. We will have Sponsors and give-a-ways, vendors, non profits, a chill zone, fun agility area and more!

Standish Parks and Recreation operates the dog park with support from volunteers. The money raised with help add benches and a shade structure.

Sept 14

Join the DaPonte String Quartet with new violinist, Philipp Ellsner in a performance of Mozart's Quartet in Bb Major, K. 589

and Beethoven's epic Quartet in Eb Major, Op. 127

Saturday September 14 at 4:00 Great Cranberry Island Church

Tickets and additional information at dapontequartet.org

Sept 15

AUBURN -- 10am. Water Communion Service, First Universalist Church of Auburn, 169 Pleasant St. FMI auburn.org or call 783-0461.

Sept 17, 25

LEWISTON -- The Oasis of Music begins its 2024-25 season on Wednesday September 4 with a performance by Denny Breaux. Doors open at noon for a 12:30 start.

9/17 (Tuesday!) Chris Lansley, flute and piano

9/25 Barry Lawson, mandolin and guitar

The Oasis of Music is a weekly music series held at Trinity Commons, 247 Bates Street in Lewiston. Music begins at 12:30 and continues for 30 or 40 minutes. Admission is free, with donations accepted. For more information call 344-3106.

Sept 18

LEWISTON -- The Ladies of St Anne Sodality, Prince of Peace Parish will be holding their General Membership Meeting

September 18,2024 at the Holy Family Parish Hall. A Casserole Supper will be served at 6PM. Tickets are \$5.00 and are available by contacting any of the officers or by calling 782-4516. The Meal ticket must be purchased by September 9, 2024.

Installations of Officers, Counselors and Honorary Members will take place.

Sept 20

LEWISTON -- Friday, September 20th at 10am the Lewiston Public Library Children's Department will be offering the program Baby Footprints Keepsakes. Caregivers and their infants will be able to create a baby footprints keepsake using the imprints of their children's feet on salt dough.

This activity is recommended for caregivers with children ages 0-24 months old. This program will take place in the Children's Department on the third floor of the library. The activity is free and there is no registration required.

Sept 20

BRUNSWICK -- The 2024-25 UUCB Concerts for a Cause Series season will include folk, jazz, blues, celtic, and choral singing for justice. This season's charities receiving 100% of the profits from the concert are Brunswick Area Teen Center and Maine Family Planning. For further details about the con-

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certs, go to <https://www.uubrunswick.org/events/>.

Pousette-Dart DUO - FRI, Sept 20, 2024 at 7:30 pm. Doors open 7:00 pm.

The first concert of the series will be the Pousette-Dart DUO (Jon Pousette-Dart and Jim Chapdelaine), formerly of the folk-rock group Pousette-Dart Band.

Pousette-Dart band was a mainstay of album radio in the 70's and a favorite on the college circuit. circuit becoming one of the busiest touring groups in the US working with such acts as The Byrds, Bonnie Raitt, Little Feat, The Eagles, James Taylor, The J. Geils Band, and many more. They released 4 albums of harmony-filled, country-tinged folk-rock, and got plenty of radio play with songs including "Amnesia," "What Can I Say," and "Freezing Hot." As a Duo they perform decades of music from the Capitol years up to the latest solo releases. Jon Pou-

sette-Dart DUO has become one of the top Country and Folk artists in the 2024 music scene. These long-touring musicians will perform the music known by heart by a whole generation.

Tickets: \$25 in advance, \$30 at the door, \$10 Students/Children. Available at the church office, Gulf of Maine Books, or online at <https://ticketstripe.com/pousette>.

Sept 21

WESTBROOK -- Friends of Feral Felines is holding a used book sale on Saturday, September 21 from 9am to 2pm at the Westbrook Community Center, 426 Bridge St. in Westbrook. F of FF is a nonprofit supporting abandoned cats in southern Maine with veterinary care, food, and housing. Sales help both the homeless cats and the community by reducing the numbers through trapping, neutering, and homing. fmi.... www.feralfelines.net

GORHAM LITTLE LEAGUE

Field Funding Campaign

The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

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OCTOBER 6 – 14, 2024 - NOVA SCOTIA, PRINCE EDWARD ISLAND & NEW BRUNSWICK – Trip includes 8 nights lodging, 8 breakfasts, 1 lunch, and 6 dinners. You will have a guided tour of Acadia National Park, Halifax, Peggy's Cove & Lunenburg. We will visit King's Landing Historical Settlement and have a guided tour of Prince Edward Island including

Anne of Green Gable's Home. We will have admission to the Hopewell Rocks and you will visit the Waterside Town of Saint John, New Brunswick and much more. A \$75.00 deposit is due when signing up. Price is \$1,639.00 per person double occupancy and this includes all entrance fees, meal tips and bus driver tip.

NOVEMBER 18-20, 2024 - CHRISTMAS IN NEW YORK CITY - Trip includes 2 nights lodging with 3 days in New York City. Breakfasts each morning and 1 dinner in a Manhattan Restaurant is included. We will have a backstage tour of Radio City Music Hall and a guided tour of Lower Manhattan, Times Square, Greenwich Village, Little Italy, Ground Zero and the Financial District. You will also visit the 9/11 Memorial Museum and Rockefeller Center. On Wednesday afternoon it's off to Radio City Music Hall to see the Christmas Spectacular featuring the World-Famous Rockettes. A \$200 deposit per person is due upon registration. Trip price is \$749.00 per person double occupancy which includes guided tours, Radio City Spec-

tacular, included meals and bus driver tip. Make checks payable to White Star Tours.

DECEMBER 13-15, 2024 - WHITE MOUNTAIN HOTEL & RESORT - Trip includes 2 nights lodging with 5 meals. We will visit the Rocks Estate in Bethlehem, NH with a Moose and Bear educational program. We will stop at the Bethlehem post office where you will be able to stamp your Christmas cards with the Star of Bethlehem seal and have them mailed from Bethlehem. Trip also includes 1 afternoon comedy show and 2 evening shows. All room and meal taxes and gratuities are included. Price for a double is \$629.00 per person. Deposit is \$100.00 per person at time of registration. Make checks payable to White Mountain Hotel and Resort.

APRIL 12-20, 2025 - A WEEK IN SPAIN: BARCELONA, MADRID & SEVILLE - Trip includes 7 nights lodging, 7 breakfasts and 3 dinners, 5 sightseeing tours and two train rides. Highlights are Sagrada Familia, Royal Palace, Prado Museum, Cordoba, Olive Oil Tasting, Food Tasting and Royal Alcazar. Deposit

to reserve your spot is \$300.00 with trip protection available for \$449.00.

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Town of Gorham election, referendum, voting information

GORHAM, ME -- A General Election, Referendum Election, and Municipal Election will take place on Tuesday, November 5, 2024 in which voters will have an opportunity to vote to elect the President, one of Maine's two United States Senators, Maine's two Representatives to Congress, all members of the Maine Legislature (State Senators and State Representatives), certain county officers (which could vary by county), as well as appointments to the Gorham Town Council and Gorham School Committee. The Referendum Election will also allow Maine's citizens the opportunity to vote on People's Veto Referenda, Direct Initiatives of Legislation (i.e. Citizen Initiatives), Bond Issues, other referenda proposed by the Legislature, and Constitutional Amendments.

The 2024 General Candidate List (excluding the president) can be viewed at the Town's website (as of August 5, 2024).



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