



# TWIN CITY TIMES

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FREE • Vol. XXVI, No. 25

Your Hometown Newspaper Since 1999

Thursday, October 31, 2024 • FREE

## Final performances of musical '1776' this weekend at CLT

AUBURN, ME - The musical "1776" continues this weekend at the Community Little Theatre (CLT) in Auburn. Winner of three Tony Awards, including Best Musical, "1776" tells the story of John Adams, Benjamin Franklin, Thomas Jefferson, and others as they fight for independence against a deadlocked Continental Congress in a musical that is by turns witty, wise, entertaining, and even sus-

penseful. Performances of "1776" will start at 7:30 p.m. on October 31, November 1 and 2. The Sunday matinee at 2:00 p.m. on November 3 will be the final performance. Tickets are \$25 for adults, \$22 for seniors/students, and \$17 for children aged 13 and under. Tickets are available online at [lact.com](http://lact.com) or may be purchased at the door. All performances will be held at CLT on 30 Academy Street in Auburn.



Four members of the Continental Congress are pictured here in a scene from CLT's "1776." From left are Nicole Emery as Joseph Hewes of North Carolina, Duane Glover as Stephen Hopkins of Rhode Island, Tony Morin as John Hancock, and Glenn Davis as Richard Henry Lee of Virginia. Final performances of the show will be held this weekend.



## Absentee ballots, early voting hours now available

LEWISTON, ME - The State Candidate and Referendum election will be held on Tuesday, November 5. Absentee ballots for this election are currently available for Lewiston voters. The City Clerk's Office mailed over 2,500 absentee ballots on Tuesday to fill orders that have been submitted since August. Voters should expect to see these in their mailboxes over the next few days. Ballots can be returned via the mail or delivered to the absentee ballot drop box at City Hall.

tee ballot may order one via four methods:

- 1) Calling the City Clerk's Office at 513-3124
- 2) Submitting an application form via the mail or red City Hall drop box; application can be downloaded from the City's website
- 3) In person at the City Clerk's Office, located on the second floor of City Hall; office hours are Monday, Wednesday, Thursday - 7:45am - 4:00pm and Tuesdays 7:45am -5:30pm
- 4) Online at the City's election website

Registered voters wishing to obtain an absent-

The statewide deadline to request an absentee

### LEWISTON ME

ballot is Thursday, October 31.

The City's Early Voting Polling Place will be open Monday through Thursday during the dates of October 8 - 31. The hours are 8am - 4pm and the voting will take place in the City Council Chambers, first floor, City Hall. There will be 13 voting booths to accommodate the volume of voters. "Residents really appreciate the convenience of coming into City Hall to vote early during our elections, they

find the space to be a quieter place to vote and a calmer pace than at the polls on a busy election day. Many residents look forward to this option every year and we are happy to provide this service", said Lewiston City Clerk Kathy Montejo.

Before voting, residents are encouraged to familiarize themselves with the candidate races and five state referendum questions. The City's website contains sample ballots as well as information on



ranked choice voting, directions to the polling places and other information that voters may find useful. The website address is: [\[maine.gov/117/Elections\]\(https://www.lewiston-maine.gov/117/Elections\)  
Voters are encouraged to contact the City Clerk's Office at 513-3124 with any questions they may have.](https://www.lewiston-</a></p></div>
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## Railroad Club to sponsor Christmas ExTRAINaganza

AUBURN, ME -- The Great Falls Model Railroad Club of Auburn is holding its annual "ExTRAINaganza" at 144 Mill Street in Auburn on the weekends before and after Thanksgiving. The handicapped-accessible club house, across from the Barker Mill in New

Auburn, will be decorated as a Winter Wonderland with trains of various sizes operating on five permanent layouts throughout the two-story building. ExTRAINaganza will be held from 10 to 4 on Saturday, November 23; Sunday, November 24; Friday, November 29;

Saturday, November 30; and Sunday, December 1.

From the moment they walk through the door and see trains running on multiple tracks and through the tunnels of the large G-gauge layout, children are fascinated by the sights and sounds. The interactive ski slope is a

highlight of the attractive winter scene. Around the corner, young children can enjoy Thomas the Tank Engine on a separate layout in the G-gauge room, with other engines from the Thomas series running on the upper trestle. Adults and children will discover that the

G-gauge layout has many features that were hidden from their first vantage point, including intricate trestles created by club members. The club's permanent layout for the smaller n-scale is in the next room. Trains will also be operating in the hallway on the O-Gauge Lionel layout, which incorporates a variety of unique structures.

The club's extensive HO layout downstairs is an engineering marvel. Members continue to develop new and expanded details. Long-time residents of the area will recognize many of the 1950's scenes reproduced in the Lewiston Lower section of the layout,

including Bates Mill #5 and the former Portland Union Station. Children can sign up to be "Guest Engineers" and operate one of the HO trains.

Train-related items can be purchased at the club's store including locomotives and rolling stock in a variety of scales, railroad hats, whistles, T-shirts, locomotive earrings, books, and other train-themed items.

Admission is by donation, suggested as \$5 for adults and free for children 12 and under. For more details and photos of the ExTRAINaganza in previous years, visit our website: [www.greatfallsmodellrrclub.org](http://www.greatfallsmodellrrclub.org)

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# Newsmakers, Names & Faces

## CMMC gathers to commemorate Lewiston tragedy, one year later

**LEWISTON, ME** -- Central Maine Medical Center (CMMC) team members gathered for a somber ceremony on Oct. 25 to mark the one-year anniversary of the mass casualty incident in Lewiston.

The event took place in the main hallway of CMMC where the final patients who were wounded in the mass shootings were escorted out as team members lined the hallway to say goodbye.

Following a moment of silence and invocation by staff chaplain Claire Curole, several members of Central Maine Healthcare's senior leadership team spoke to those who gathered.

"Whether you were at CMMC that night or in the day or days after the lockdown was lifted you made a difference," said Steve Littleton, DBA, president and CEO, Central Maine Healthcare. "And here we stand together, grateful that we are here at this hospital that, for almost 140 years, has cared for our community."

"In all the chaos, we were nurses," said Kari Paradis, vice president of



Steve Littleton, DBA, president and CEO, Central Maine Healthcare and CMMC team members gather for Oct. 25 commemoration ceremony.



tal, urologic, plastic and general surgery.

They were aided by more than 100 nurses, nurse practitioners, physician assistants and other CMH healthcare professionals, all of whom have had extensive training in mass casualty incidents.

A total of 15 severely injured patients were transported to CMMC. Two were deceased upon arrival. One patient died after being admitted. Thirteen lives were saved.

Most admitted patients were discharged from

Nursing and Patient Services at Bridgton Hospital. "We put our training and skill to the test and into practice. We assumed roles, took charge, stayed focused and saved lives."

"What was most touching about the past 12 months was the way we came together," said John Alexander, MD, chief med-

ical officer, Central Maine Healthcare. "And although it's hard, and we will never forget, we now make our way to the future carrying this with us along the way."

On the evening of the shooting, CMMC quickly assembled a large team of surgeons who have expertise in orthopedics, cardiovascular, thoracic, colorec-

CMMC within the first few weeks following the incident. Three, however, had an extended stay in the ICU because of their extensive injuries and the complicated, multiple surgeries they required.

Shortly after last year's tragedy, Central Maine Healthcare established the Compassionate

Care Fund to provide resources for trauma response and support, including emotional and behavioral health services for the community and first responders, as well as trauma care for patients who can't pay. To learn more about the fund or to donate, please visit the "ways to give" page on [www.cmhc.org](http://www.cmhc.org).

## Turkey Trot 4 Hope walk/run returns

**NORWAY, ME** -- The sixth annual Turkey Trot 4 Hope Scenic 4 Mile Run or 1 Mile Run/Walk will be held Thanksgiving Day, November 28th, at 9am at the Norway Fire Station, 19 Danforth Street, Norway. Our many sponsors this year have guaranteed that this will be a great event to benefit the Cancer Resource Center of Western Maine

(CRCofWM). This is indeed a day of THANKS where individuals, teams, businesses, and communities can support the work that the CRCofWM does throughout the western Maine region.

You can register at [raceroster.com/93093](http://raceroster.com/93093). All Oxford county Maine students K-12 can register for FREE, thanks to a very generous donor. Awards



The 7th Annual Turkey Trot 4 Hope will be held in-person and virtually this year. All proceeds benefit the Cancer Resource Center of Western Maine. Visit [raceroster.com/93093](http://raceroster.com/93093) to register.

will be given out starting at 10am so participants can get to their Thanksgiving celebrations.

If you are away for Thanksgiving or do not live locally we encourage anyone to join in the fun VIRTUALLY to support the CRCofWM. Your route can be a favorite trail, a walk with your dog, a daily running route, or even a treadmill. If you run virtually, we would love to see where you chose to participate by posting on our Facebook page or #turkeytrot4hope.

"This is the signature fundraising event for Cancer Resource Center of Western Maine and this year we hope to have many more participants actively fundraising," commented Caleb Grover, 2024 Turkey Trot 4 Hope Committee Chair. "We challenge each Turkey Trot 4 Hope participant to help us raise much needed funds to support people in western Maine affected by cancer."

CRCofWM's mission is to embrace anyone affected by cancer in a community that offers hope and caring through support, education and concepts in healthy living. CRCofWM offers one to one support, free wellness programs and classes, support groups, travel and food assistance, and comfort items to anyone impacted by cancer...because no one should face cancer alone. For more information [www.crcofwm.org](http://www.crcofwm.org) or 207-890-0329.

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Send all items for What's Going On to the Editor. Deadline is Friday by five.

# Newsmakers, Names & Faces

## Construction underway on \$30M Androscoggin River project

**LEWISTON, ME** – Lewiston Auburn Clean Water Authority (LACWA) has announced that construction is underway on a historic infrastructure project that will improve public health, and preserve the cleanliness of the Androscoggin River. The project will expand the cities’ treatment capacity by 20-percent and offer a 2.1 million gallon ‘combined sewer overflow’ (CSO) tank to serve as a relief system during wet weather events. Lewiston and Auburn are among 34 clean water utilities in Maine with aging pipe infrastructure that carry both sewer and storm waters through the same network to treatment facilities. When storms increase water volume, untreated raw waters can automatically bypass

these facilities and be diverted into rivers, oceans, watersheds and bays.

“This is one of the most important projects of its kind in the state of Maine right now,” said Michael Riley, Senior Environmental Engineer, Maine Department of Environmental Protection. “The first inch of rain from a storm carries 80-percent of the pollution, so to be able to prevent that from entering Maine’s waterways is critical for the protection of both public health and our natural resources,” Riley added.

In 2023, rain events forced 197 million gallons of untreated water and sewage into the Androscoggin River. A 2023 report by the Maine DEP says 745 million gallons of raw waters polluted Maine

waterbodies – a 244-percent increase from 2022. Storm events brought a record 57 inches of rain in 2023 and the impact caused water quality issues and closures at beaches and fishing sites statewide.

“This project is another example of our communities’ dedication to the protection and restoration of our river,” said Kevin Gagne, Director, Public Works Department, City of Lewiston.

A collaborative effort has been underway for 50 years to restore water quality in the Androscoggin, which was one of the top 10 most polluted rivers in the United States. After 5 decades of remediation, MDEP is currently re-viewing an application to reclassify the entire river from the lowest Class C to

a Class B, which means it is swimmable and fishable.

“All the communities along the banks of the Androscoggin will benefit from the economic and residential renaissance that’s underway here, which is reflected by an increase in jobs, population and new business growth,” said Ferg Lea, Androscoggin River Watershed Council. “The river is a key part of our success, and it is once again the jewel of our communities,” Lea said.

Lewiston recently adopted a slogan “Opportunity Lives Here” and is refining zoning standards to attract new development, increase housing inventory, and add opportunities to allow small stores and restaurants in some neighborhoods. Auburn is working to bring on 2,000

new housing units by 2025 and increase population by 25-percent.

“Residents can be proud of this project because it embodies our continued commitment to building infrastructure that protects our future,” said Mike Broadbent, Superintendent, Auburn Water and Sewer District.

Since 1989, the Environmental Protection Agency and Maine DEP have been actively working to limit overflow events. In 2007, over 2.5 billion gallons of raw storm and sewer waters entered Maine waters – in 2022, there was less than 400 million gallons. Since the program started 35 years ago, thirteen communities have reached zero pollution events and significant progress has been made.

“The trendline has certainly been positive in our community and statewide, but we have work left to do. Our project is a great example of how communities can work together to continue to protect clean water in Maine,” said Travis Peaslee, General Manager, LACWA.

As one of the first and largest clean water facilities in Maine, LACWA cleans up to 32 million gallons of water received daily from regional businesses and residents before safely returning to the river. The CSO tank project will increase plant capacity to 38 million gallons per day and is funded through a series of state, federal and municipal bonds and grants. It is expected to be completed by early 2026.

## Emma Noonan joins Fontaine Family Team

**AUBURN, ME** -- Fontaine Family - The Real Estate Leader is proud to announce Emma Noonan as the newest addition to their growing Auburn team.

Emma Noonan, a native of Steep Falls, Maine, and current resident of Topsham, brings her pas-

sion for helping people and building meaningful connections to the Fontaine Family team. With a background in customer service and a Bachelor’s degree in Criminology from the University of Southern Maine, Emma is dedicated to going above and beyond for her clients, ensuring they

feel supported and valued throughout their real estate journey.

Emma’s experience as a server at Longhorn Steakhouse in South Portland taught her the importance of creating positive experiences for others, a skill she now applies to her work in real estate. Wheth-

er working with buyers or sellers, Emma is committed to providing exceptional service and fostering strong relationships.

Family is the cornerstone of Emma’s life. She values the close-knit bond she shares with her loved ones, who have been her biggest supporters. In her

free time, Emma enjoys spending time outdoors, working out, and being with her three dogs—Milly, Coal, and Ella. A former decorated track and field athlete through childhood and college, Emma’s competitive spirit and dedication to excellence drive her to succeed in all she does.

Emma is excited to help her clients find their perfect home and create lasting memories in the community she loves.

For real estate opportunities with Emma Noonan, she can be contacted by phone at (207) 787-1166 or email emma@fontaineteam.com

## Maine Music Society announces 7th annual online auction

Looking for a unique shopping experience? Take a look at the amazing assortment offered on the Maine Music Society’s seventh online auction site beginning at noon on November 2, 2024. You’ll find everything from homemade breads to snow-shoeing and skiing experiences, vacation rentals, beautiful artworks, toys, fashions crafted by local artisans, and gift certificates from a variety of local businesses ranging from hardware to personal care to dining to sports events. You’ll be able to preview everything on Friday, November 1, so that you’re ready to start bidding when the site goes live at noon on Saturday, November 2. The Auction will close 10 days later at 9 pm on Wednesday, November 13, 2024. Winners will

be notified and given the location to pick up items.

Details on bidding procedures and a link to the auction website are available on the MMS website [www.mainemusicsociety.org](http://www.mainemusicsociety.org).

MMS is also excited to announce that rehearsals are under way for our 2024-25 season: Celebrating Community.

We begin with the ever-popular a cappella experience Battle of the Blends on Saturday, November 2 at 7:00 pm, when we’ll also kick off the Online Auction. Join us in December for A Season of Celebration, in March for Out of the Ashes, and in May for A Showcase of Americana. All concerts are at the Franco Center, 46 Cedar Street, Lewiston. Visit [www.mainemusicsociety.org](http://www.mainemusicsociety.org) for details and

tickets.

Please support the MMS Chorale and Chamber Singers by participating in this shopping experience just in time for the holidays.

Thank you to our Auction Sponsors: Allen & Dawn Sample, Bates Mill Dermatology, Champoux Insurance Group, Chuck & Patty Scheib, DeBlois Electric Inc., Dirigo Federal Credit Union, Hancock Lumber, Lisa Laliberte State Farm Insurance, Maine Family Federal Credit Union, Moody’s Collision Center, Roopers, and The Vault.

Visit [www.mainemusicsociety.org](http://www.mainemusicsociety.org) or contact [info@mainemusicsociety.org](mailto:info@mainemusicsociety.org) for more information.

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risks. Lynn enjoys using her skills to contribute to the team environment which carries over to the client.



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## TWIN CITY TIMES

### TWIN CITY PUBLISHING, INC

Twin City Times • 89 Union Street, Suite 1014 • Auburn, ME 04210  
Gorham Weekly • 28 State Street • Gorham, ME 04038

[Info@TwinCityTimes.com](mailto:Info@TwinCityTimes.com)  
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Deadline for ads and press releases is 5 p.m. on Friday preceding publication. Published every Thursday’s publication.

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# Watercolor painting workshop offered

**RAYMOND, ME** – Have you always wanted to learn the art of watercolor painting? Or do you want to brush up on your skills? Suitable for any skill level, Kathleen Gerdes' watercolor workshop is coming to Nathaniel Hawthorne's Boyhood Home in Raymond (40 Hawthorne Road) on Monday, November 4, from 1 p.m. to 4 p.m. Cost

is \$45 per student, which includes the use of the instructor's supplies and materials. Everyone wishing to participate is asked to please register in advance by emailing workshop instructor Kathleen Gerdes at gerkat214@gmail.com. Designed to be a fun, stress-free community experience among fellow artists, Ms. Gerdes' workshop will cover, step-

by-step, what each student needs to know about paints, brushes, and paper, plus all the basic watercolor skills and techniques. Plenty of time will be offered to practice what you learn, and each student will leave with his or her own painting, along with the knowledge and skills needed to continue painting at home. More about Kathleen



Image courtesy of Kathleen Gerdes.

Gerdes Kathleen Gerdes of Naples is a mostly self-taught artist who teaches watercolor classes at Scarborough Adult Education. A painter for more than 20 years, Kathleen believes that everyone is an artist and her love of teaching reflects that. Her work is unique and whimsical, and she loves to paint everyday objects

that have lots of color. Her upcoming workshop at Nathaniel Hawthorne's Boyhood Home in Raymond reflects her hope to expand and share her work throughout the Naples-Raymond-Bridgton area. For more information, please visit [www.hawthorneassoc.com](http://www.hawthorneassoc.com) or send email to [gerkat214@gmail.com](mailto:gerkat214@gmail.com)

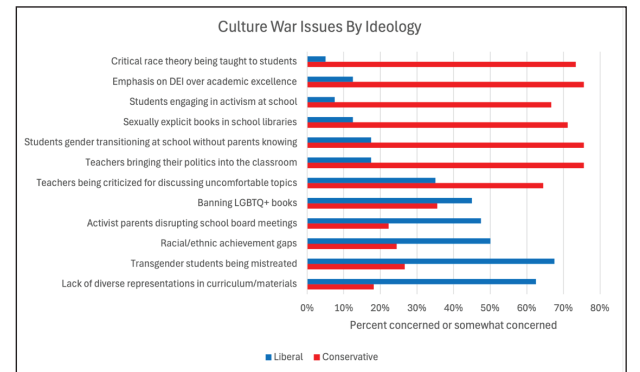
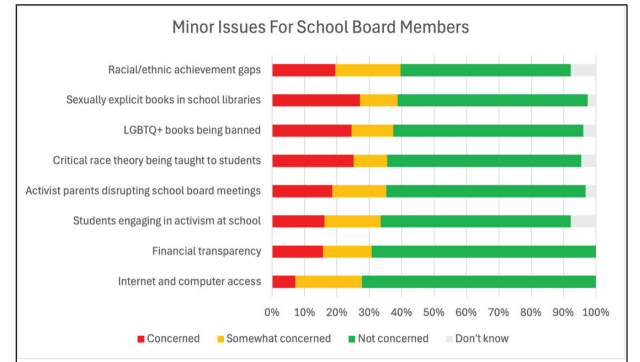
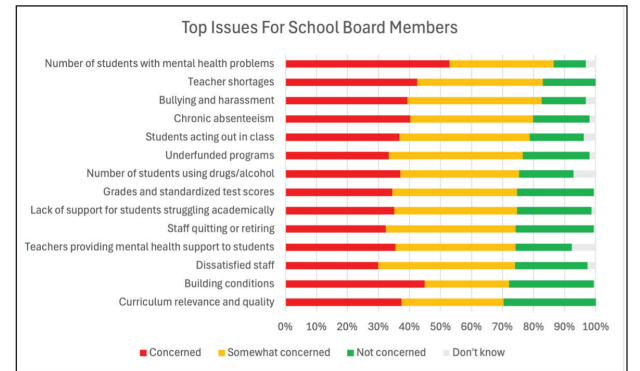
# Maine Policy releases school board member survey

**PORTLAND, ME** – Maine Policy Institute released the Maine School Board Member Survey, its newest publication, which surveyed current Maine school board members on 40 education-related issues to identify board members' top concerns across the state. The survey found a majority of school board members view the performance of their individual board as "good" or "excellent" and said their board engages in Maine Policy's school board best practices. It also found that self-identified liberal and conservative school board members are increasingly polarized on controversial "culture war" issues in K-12 education.

**Top Issues** School board members across Maine are most concerned about mental health, staffing and behavior issues within schools. Eighty-six percent of respondents were concerned about mental health problems among students, 83 percent about teacher shortages, and the same number expressed concern about bullying and harassment. Four-in-five board members also identified chronic absenteeism as an ongoing concern. "Over the last few years, the number of students struggling with mental health and behavioral issues has increased. These challenges, among others, are driving teachers to leave the profes-

sion, worsening the state's teacher shortage," said Jonah Davids, research fellow at the Maine Policy Institute and creator of the survey. "The fact that school board members across the state, regardless of political views, identify these as their top concerns shows that these problems go beyond political perception and are affecting nearly everyone." **Minor Issues** Among the 40 issues surveyed, board members were least concerned about racial/ethnic achievement gaps, controversial curriculum, activism from parents, financial transparency and internet access. Just 39 percent were concerned about LGBTQ+ book

bans, 38 percent about sexually explicit books, and 36 percent about critical race theory. **Political Polarization** Board members who identified as liberal or conservative generally share the same top concerns as all board members but diverge on issues related to activism by students and parents, gender and sexuality, and diversity, equity and inclusion policies. Only five percent of liberal board members identified critical race theory as a concern compared to 73 percent of conservative members. Similarly, 63 percent of liberal members expressed concern about the lack of diverse representations in curriculum and learning materials while only 18 percent of conservative members identified this as a concern for their district. "Many people care deeply about these culture war issues and genuinely want to make progress on them. But results like these show that when it comes to these inflammatory topics, liberals and conservatives are almost in different worlds," said Davids. The survey was created by Davids and distributed electronically to Maine school board



members. Maine Policy collected the names and email addresses of 1,034 Maine school board members from district websites. Those board members were emailed a link to the survey three times over the course of the summer. Roughly 220 board members responded. Survey participation was completely voluntary.

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# Seniors Not Acting Their Age

## Final Days on the Petawawa River



Bill & Sally Blauvelt navigate Schooner Rapids

For the fourth consecutive day, six of us awoke to glorious weather while on a Petawawa River expedition in Ontario. The weather had been phenomenal. The days had been hot and sunny with light winds and the nights cool but comfortable. A brief rain shower the night before had been the only imperfection. Even more remarkable, blackflies had been nonexistent.

We were camping at Natch Rapids, the last of three demanding sections of whitewater. With the exception of chipmunks and red squirrels, wildlife sightings had been rare on the trip. However, early that morning, a bull moose crossed the river just above our campsite.

Natch Rapids consists of two falls, the first being the most difficult. Four of us had lined our boats around upper Natch the previous day. Two of our companions, Ken Gordon and Eggman DeCoster, had decided to run the steep two-stage descent first thing in the morning. We set up safety with throw bags on both sides of the river in anticipation of their attempts.

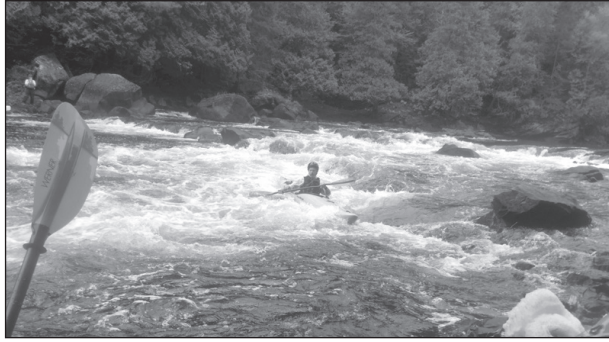
The falls begins with a horizon line, so locating the correct entrance is problematic. Paddling a canoe, Eggman missed the preferred route and scraped down a narrow chute between two boulders but stayed upright

before plunging effortlessly over the second ledge drop. Ken navigated his expedition kayak down the correct channel angled left to avoid an ugly pour over below. However, he was unable to correct his boat angle and plummeted diagonally over the lower ledge but landed smartly at the bottom.

Buoyed by their successful descents, our steadfast band proceeded through a narrow canyon towards lower Natch falls. Bill and Sally Blauvelt had previously scouted the two-stage pitch so we followed them in their tandem canoe. They flawlessly negotiated down the twisting rapid and everyone replicated their route one boat at a time. The river description rates both Natch rapids Grade 3. I consider the upper significantly more challenging than the lower.

Below, a series of well-spaced waves provided the perfect opportunity to play. Eggman was able to execute a superb wave-surf in a loaded canoe while everyone cheered him on. Shortly after, vertical cliffs that exceed 300 feet in elevation marked the end of the canyon. Rare ferns reportedly grow on the cliffs.

Following an extended section of flatwater and a few easy rapids, we arrived at the beginning of Schooner Rapids, a two-mile stretch of almost



Ken Gordon completes upper Natch Falls

continuous whitewater we had enthusiastically anticipated. The very entertaining rapids lived up to our expectations. Midway through, we passed under Hydro Line Bridge, the first sign of civilization since the beginning of our journey.

After Schooner Rapids, we entered scenic mile-long Coveo Lake. At the outlet of the lake, Five Mile Rapids begin. We stopped at cluster of rocks at the top for lunch. From that vantage point, feisty waves at the start appeared very inviting. As expected, navigating through them was very stimulating. Unfortunately, they gradually diminished over the next two miles, not five.

Subsequently, strong currents propelled us along at a rapid pace. We were surprised when several islands were encountered in an area where the river widens. A review of our maps indicated we were ahead of schedule and had unexpectedly arrived at the top Whitson Lake.

After careful inspection, we selected the best of four campsites on the south shore of the lake. The spacious location provided plenty of room for five tents and included a large communal area with a fire ring. This was the best site since our first night. Every campsite we stayed at on the Petawawa included a wooden box toilet, a much appreciated amenity.

The exceptionally good weather continued for our final day. Sunny skies and mirror calm waters facilitated easy crossings of Whitson, Smith, and McManus Lakes. Short exhilarating rapids separated the lakes.

The takeout at the northeastern end of McManus Lake where Algonquin Portage Outfitters had delivered our vehicles was easily located. Our vehicles were a welcome sight.

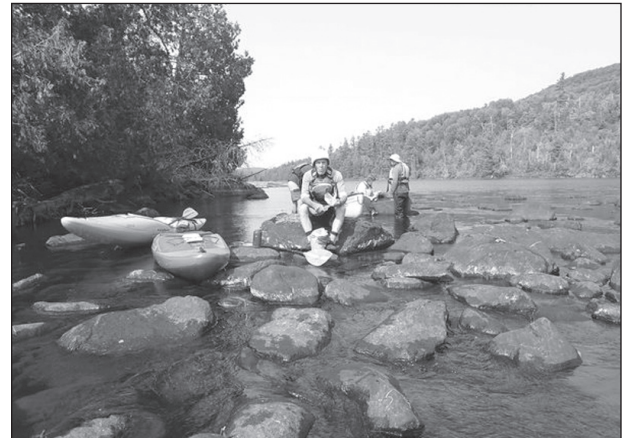
The six of us parted company for our separate road trips home. We had the satisfaction of knowing we had experienced a truly remarkable wilderness river trip with phenomenal weather, an abundance of excitement, great friends and no blackflies.

My book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine* narrates six outstanding Maine river expeditions.

Ron Chase resides in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at [www.northcountrypress.com/maine-al-fresco](http://www.northcountrypress.com/maine-al-fresco) or in bookstores and through online retailers. His previous books are "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England." Visit his website at [www.ronchase-outdoors.com](http://www.ronchase-outdoors.com) or he can be reached at [ronchaseoutdoors@comcast.net](mailto:ronchaseoutdoors@comcast.net)



Paddlers encounter high cliffs at the end of Natch Canyon



The group stops for lunch at the top of Five Mile Rapids



Paddlers raft up to study maps when arriving at Whitson Lake



A moose crosses Petawawa River near Natch campsite

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# Arts & Entertainment

## Americans Who Tell the Truth portrait exhibition on display

**LEWISTON, ME** - Opening on November 15th and closing December 15th is an exciting exhibition of painter Robert Shetterly's Americans Who Tell the Truth portraits at the Bates

Mill Atrium on 35 Canal Street in Lewiston, Maine. The entire Americans Who Tell the Truth collection of more than 270 portraits will be on display. These stunning portraits portray Amer-

ican figures — ranging from historical icons to contemporary activists — who have acted to confront injustice and advocate for change.

The exhibit's opening event will be on Friday, No-

vember 15, 5:00 – 7:00 P.M. All are welcome. Artist remarks will be at approximately 5:45 PM. For the duration of the exhibition, there will be guided tours, student art workshops, and

a special teaching workshop and panel discussion on November 20th at 3:30 – 5:00 PM.

Robert's most recent title, Portraits of Peacemakers, is a wonderful col-

lection of painted portraits of activists who have been instrumental in the story of peace activism in the United States.

Robert is a Maine artist based in Brooksville.

## Stanton Bird Club November monthly meeting

**AUBURN, ME** -- On November 4th, the Stanton Bird Club will be hosting the first in its 2024-25 lecture series with featured speaker, Nick Lund, Maine Audubon's Advocacy and Outreach Manager. Entitled "State of the Birds: Decades of Change", he will be discussing the changing population of Maine birds over the last few decades focusing on which species are disappearing, which

are increasing, and what the future of Maine birds might be.

A Falmouth native and a graduate of the University of Maine School of Law in 2010, Lund is the author of several books, including the American Birding Association Field Guide to the Birds of Maine, and The Ultimate Biography of Earth. An avid birder and nature writer, his articles have

appeared in Down East magazine, Slate.com, The Washington Post, National Geographic, and other outlets.

The talk will be held on Monday, November 4th from 4-6pm at the Auburn Public Library. The public is welcome. The lecture series is free of charge. The Stanton Bird Club, a leader in environmental awareness, owns and manages the Thorncrag



Common Loon (photo supplied by speaker)

Nature Sanctuary in Lewiston as well as the Woodbury Nature Sanctuary in

Monmouth and Litchfield. More information about other activities of the Club

can be found at [www.StantonBirdClub.org](http://www.StantonBirdClub.org) and on its Facebook page.

## Auburn Art Club Scholarship Auction



**AUBURN, ME** -- The Auburn Art Club will hold its Scholarship Auction at 2:00 p.m. on Monday, November 4, at Sacred Heart Church

on Western Avenue in Auburn. Members are asked to bring their items to be auctioned by 1:30 in order to give members time to look over the

items to be auctioned as well as time to look over raffle items. Members are encouraged to invite relatives, neighbors, and friends.

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Music by  
**Sherman Edwards**

Lyrics by  
**Sherman Edwards**

Based on a conception of  
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**Brandon Chaloux**

Producer  
**Jane Mitchell**

**Fri-Sat, Oct 25 -26, 2024 at 7:30 p.m.**  
**Sun, Oct 27, 2024 at 2:00 p.m.**  
**Thu-Sat, Oct 31, Nov 1-2, 2024 at 7:30 p.m.**  
**Sun, Nov 3, 2024 at 2:00 p.m.**

For tickets or info call 783-0958 or visit [LACLT.com](http://LACLT.com)  
Tickets : \$25 adults • \$22 seniors & students • \$17 (children under 13)  
includes all taxes and fees  
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# License to Chill 2024 silent auction kicks off

**PORTLAND, ME** – WinterKids invites you to be a part of creating lifelong healthy habits for children across Maine at our 2024 License to Chill Silent Auction and Live Event! Starting October 24, the silent auction offers exclusive experiences, luxury items, and unique packages that not only deliver excitement but also directly support WinterKids’ mission to keep kids active and engaged outdoors during the winter months.

Through fun outdoor activities and educational programs, WinterKids reaches over 50,000 participants annually, helping them develop healthy, active habits—even in our longest, coldest season. This November, you can

help us continue this important work by joining us for License to Chill 2024!

The silent auction will run online from October 24 to November 7, offering something for everyone—from unique experiences to luxury getaways. But the highlight of the evening is our exciting Live Auction & Fundraiser at Après, located in Portland’s trendy East Bayside neighborhood.

Join us on November 7, from 6:00 – 9:00 PM, for an evening of fun, food, and community! Blake and Kelly from Coast 93.1 will emcee the event, featuring live music by TJ Swan, dinner from Meet on the Street, and craft cocktails by Après. What truly sets the night apart is our exclusive live

auction—offering rare, one-of-a-kind items available only to those attending in person. Featured live auction items include:

Four Boston Bruins tickets for 1/23/25 Game Vs. Ottawa Senators

Loafer Package- Original Sugarloaf Lower Narrow Gauge trail sign & Custom Wood Sugarloaf trail map table

Pizza Lovers’ Bundle- Roccbox Portable Pizza Oven by Gozney donated by Agren and \$100 Monte’s Fine Food Gift card

Every bid—whether in the silent or live auction—directly supports WinterKids’ mission to help children stay active and healthy during Maine’s winter months. With a goal of raising

\$50,000, we aim to expand our programs, ensuring more children have access to outdoor winter activities through initiatives like the WinterKids Winter Games, which empowers schools to incorporate outdoor play into learning, and our WinterKids App, which gets kids outside having fun at a reasonable cost.

Why Attend the Live Event?

Exclusive Auction Items: Bid on experiences you won’t find anywhere else.

Networking & Entertainment: Mingle with local leaders while enjoying live music in one of Portland’s hottest venues.

Support WinterKids: Your participation directly funds programs that in-

spire children to get outdoors, stay active, and embrace the magic of winter.

“We’re looking forward to welcoming our community for our season kickoff!” says Courtney Holub, Executive Director of WinterKids. “License to Chill is more than a fundraiser—it’s a celebration of community and the joy that outdoor play brings to children’s lives. Seeing everyone come together to uplift Maine’s kids is truly inspiring.”

Event Details:  
Date: November 7, 2024

Time: 6:00 PM - 9:00 PM

Location: Après, 148 Anderson Street, Portland, ME

Tickets: starting at \$75, available at Winter-

Kids.org/LicenseToChill  
Don’t miss this unforgettable evening where fun meets purpose—buy your tickets today and help us ensure more Maine children thrive outdoors this winter!

For more information or to purchase tickets, visit <https://winterkids.org/licensetochill/>

The 13th Annual WinterKids License to Chill is made possible thanks to Presenting Sponsor, Mt. Abram, and thanks to generous support from Snowman Sponsor, Harvard Pilgrim Health Care, and Snowball Sponsors, Acadia Insurance, Chalmers Insurance Group, Charcutemarie, Eighty8 Donut Cafe, and The Little Gym of Scarborough.

## Patients needing blood, platelets rely on committed blood donors

**PORTLAND, ME** — The American Red Cross is highlighting the ongoing need for blood and platelet donors as festive schedules ramp up this fall. Eligible individuals – especially those with type O blood and those giving platelets are encouraged to make a donation just ahead of the holiday season.

Blood supply momentum must remain steady, as the Red Cross has worked this month to recover blood products uncollected due to recent hurricanes. Any disruption in the ability to collect blood can lead to an impact on routine and life-saving medical care.

The seasons may change but the need for blood donors stays the same. Give blood or plate-

lets and make a big difference in someone’s life by visiting [RedCrossBlood.org](http://RedCrossBlood.org), calling 1-800-RED CROSS or by using the Red Cross Blood Donor App.

In thanks, those who come to give by Oct. 31 will receive a \$10 Amazon.com Gift Card by email, plus be automatically entered for a chance to win one of three \$5,000 gift cards. For full details, visit [RedCrossBlood.org/Treat](http://RedCrossBlood.org/Treat).

Those who come to give in early November, Nov. 1-17, will receive a \$10 e-gift card to a merchant of choice, plus be automatically entered for a chance to win one of two \$7,000 gift cards. For full details, visit [RedCrossBlood.org/Thanks](http://RedCrossBlood.org/Thanks).

Upcoming blood do-



**American Red Cross**

nation opportunities Oct. 24-Nov. 17:

**Androscoggin**  
Auburn

10/31/2024: 9 a.m. - 1:30 p.m., Central Maine Community College, 1250 Turner St

Poland  
11/9/2024: 9 a.m. - 1:30 p.m., Poland Town Hall, 1223 Maine Street, Rt. 26

**Cumberland**  
Cape Elizabeth  
11/14/2024: 12 p.m. - 4:30 p.m., Saint Bartholomew Church, 8 Two Lights Rd

Falmouth  
11/8/2024: 9 a.m.

- 2 p.m., The Episcopal Church of St. Mary, 43 Foreside Rd

Gorham  
11/7/2024: 1 p.m. - 5:30 p.m., Cressey Road Christian Church, 81 Cressey Road

Gray  
11/12/2024: 12 p.m. - 4:30 p.m., American Le-

gion Gray, 15 Lewiston Rd

Portland  
11/6/2024: 12 p.m. - 5 p.m., Cross Insurance Arena, 1 Center Street

11/15/2024: 8 a.m. - 1 p.m., Deering High School, 370 Stevens Ave.

South Portland  
11/12/2024: 9 a.m. - 1:30 p.m., Eastpoint Christian Church, 345 Clarks Pond Pkwy

Standish  
10/31/2024: 8 a.m. - 1 p.m., Bonny Eagle High School, 700 Saco Road

11/15/2024: 9 a.m. - 1:30 p.m., Standish Town Hall, 175 Northeast Road

Westbrook  
11/8/2024: 12 p.m. - 5 p.m., Westbrook Community Center, 426 Bridge Street

Windham  
11/11/2024: 10 a.m. - 2:30 p.m., North Windham Union Church, 723 Roosevelt Trail, Route 302

Yarmouth  
11/1/2024: 12 p.m. - 5 p.m., American Legion Post 91, 196 Main St

11/15/2024: 12 p.m. - 4:30 p.m., American Legion Post 91, 196 Main St

## Free classes with New Ventures Maine

**AUGUSTA, ME** -- New Ventures Maine is offering free workshops and classes statewide in October in three program areas: career building, starting businesses, and financial education. NVME’s redesigned website provides information about classes, instructors, and locations as well as individual coaching and matched savings programs.

Upcoming classes include (partial list):

**Build Your Career**  
My Next Career Move (self-paced)

Building Confidence (one-hour online workshop)

**Start Your Business**  
Tax Readiness for the Self-Employed (one-hour workshop)



Build Your Business Website (six sessions)

Bookkeeping Solutions (one-hour workshop)

**Manage Your Money**

Matched Savings Information Session (one-hour workshop)

My Money Works (five sessions)

Let’s Talk About Credit (one-hour workshop)

A schedule of free workshops and classes is

regularly updated and accessible online. To learn more and choose a class that’s right for you, visit [newventuresmaine.org](http://newventuresmaine.org) or call 207-621-3440.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

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# Pause For Pets Craft & Vendor Fair

**LEWISTON, ME** -- We are excited to announce our next PAUSE FOR PETS Craft & Vendor Fair to benefit our community's pets and the life saving work of the of the Greater Androscoggin Humane Society.

Make sure to join in on the fun on SUNDAY, NOVEMBER 3rd at the LEWISTON MEMORIAL ARMORY from 10am to 3pm.

There will be 65+ exhibitors offering a wide variety of items for your whole family – including your favorite furry friend! Please check back closer to the event for a full list of exhibitors.

Raffle tickets can be

purchased to win prizes donated by our exhibitors, and a 50/50 will be held. There will also be a FREE door prize drawing for all attendees.

Volunteers and staff will be on hand to offer information about the shelters programs and services, and it's the perfect time to ask about getting involved with the shelter yourself!

We will be collecting physical donations to support animals in care and our Pet Pantry. The biggest needs are cat food, litter, bleach, paper towels, high efficiency laundry detergent, soft pet treats and training treats for dogs.

Admission is free



and the building is handicapped accessible. Plenty of parking is available. Unfortunately, privately owned pets are not permitted.

Vendor spots are full for this event. Please email [events@gahumane.org](mailto:events@gahumane.org) for more information or to request to be on the standby list.

## PAUSE FOR PETS Craft & Vendor Fair



TO BENEFIT THE GREATER ANDROSCOGGIN HUMANE SOCIETY

Come shop with local crafters & vendors offering a wide variety of products and gift items!

**Sunday  
Nov. 3  
10am -3pm**



We will be collecting donations of cleaning supplies, pet food, litter and other items for the shelter.

Lewiston Memorial Armory  
65 Central Ave, Lewiston

**50/50 and RAFFLES on sale to benefit GAHS.**

**THE Maine Music Society** Celebrating Community  
2024 - 2025 SEASON

2024 - 2025 SEASON UNDERWRITERS: Hardy Wolf & Downing • Sun Journal  
ARTISTIC DIRECTOR: Dr. Richard Nickerson

**Battle of the BLENDS**  
Saturday, Nov. 2 • 7:00pm  
FRANCO CENTER • LEWISTON

This perpetual audience favorite will feature five spectacular groups raising their voices in exuberant renditions of jazz, barbershop, rock'n'roll, spiritual and Renaissance vocal music. Join us for this ever-popular a cappella experience.

EVENT SPONSOR: PLATZ ASSOCIATES  
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For tickets call 207-333-3386 or visit [mainemusicsociety.org](http://mainemusicsociety.org)

**What do you think?**  
We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers. Agree with us or another columnist? Disagree? Write to us and let us know!  
Email all submissions, including name, address and phone number, to the editor.

**Alphabet Ribbon Keepsakes**  
Friday  
November 8th  
10am

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Send all items for Names & Faces to the editor. Deadline is Friday by five pm.

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**Vote Bruce Bickford for Maine Senate on November 5!**  
Paid for by Bruce Bickford For Senate



# Battle of the Blends XXIX: A Cappella returns to Lewiston

**LEWISTON, ME** – The Maine Music Society (MMS) is excited to announce the 29th annual Battle of the Blends on Saturday, November 2, 2024, at 7:00 p.m. at the Franco Center in Lewiston. This much-loved event brings together five outstanding vocal groups for an evening of diverse a cappella performances, from jazz and barbershop to rock ‘n’ roll and Renaissance music.

Hosted by MMS Artistic Director, Richard Nickerson, the concert will feature performances by:

The Maine Music Society Chamber Singers, all members of the MMS Chorus, are known for their wide-ranging repertoire, from classical to modern pop, and have performed at various public events and as a part of several local concert series.

None of the Above delivers smooth harmonies in a broad mix of pop tunes, jazz standards, folk, spirituals, and non-traditional music with their own unique flair. NOTA was a finalist on the inaugural season of WGBH’s Sing That Thing.

Lewiston High School Blue Notes and the LHS Chamber Choir, two talented groups of young singers, are performing for the first time at Battle. The Chamber Choir is an advanced choral ensemble whose members must audition to be in that class. They have performed at various community events

and many of the students are regularly accepted into honors festivals. The Blue Notes is an auditioned ensemble of highly dedicated students. Blue Notes is a club that meets once a week and requires students to prepare their music on their own time. This is their first performance outside of school concerts.

The Afternotes are a women’s group based on New Hampshire’s seacoast and southern Maine. This multi-generation ensemble blends barbershop with contemporary a cappella.

The Downeasters Chorus is one of the top musical-performing and dynamic men’s organizations in New England. They are part of the Barbershop Harmony Society promoting their love for barbershop – a musical art form with genuine American roots.

Set in the historic Franco Center, this one-night-only event promises a captivating celebration of a cappella music that the whole family will enjoy.



MMS Chamber Singers

New this year: Tickets are just \$6 for students ages 13 and up, and as always, youth 12 and under attend free when accompanied by an adult!

Tickets are on sale now, and early reservations are encouraged as the event typically sells out. Purchase tickets online at [www.mainemusicociety.org](http://www.mainemusicociety.org) or call 207-333-3386.

Don’t miss this incredible evening that highlights vocal talent from Central Maine and beyond! Support local artists and enjoy an unforgettable musical experience.

The Maine Music Society thanks our Season Underwriters Hardy, Wolf & Downing and the Sun Journal, the Event Sponsor Platz Associates,



The Afternotes

Co-Sponsors Austin Associates and Schooner Estates, and Sup-

porter Cornerstone Wealth Planning for making this concert possible.



None of the Above



The Downeasters

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*- Al*

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# 4-H offers online info session for aspiring volunteers

**MAINE** -- University of Maine Cooperative Extension will host a two-part online informational session for adults interested in becoming Maine 4-H volunteers from 6-7 p.m. on November 12 and 19.

“Start Your 4-H Volunteer Journey” will provide participants with information about the UMaine Extension 4-H youth development program through four short e-Learning mod-

ules. Attendees will also participate in an experiential educational activity, learn about the key aspects of positive youth development and be introduced to the ages and stages of youth. The two one-hour virtual sessions will wrap up with an outline of next steps and an introduction to a county staff contact to help with the application process if desired.

A 4-H volunteer is



Photo courtesy University of Maine Cooperative Extension / Edwin Remsburg.

many things: mentor, advisor, friend, teacher, referee, role model, pacesetter and much more. 4-H volunteers have the opportunity to make a positive difference in the lives of children, teach them valuable skills, help them achieve a positive self-image, accomplish personal goals and earn a sense of accomplishment.

The informational sessions are free, registration is required on the pro-

gram webpage.

For more information or to request a reasonable accommodation, contact Jennifer Lobley, [jennifer.lobley@maine.edu](mailto:jennifer.lobley@maine.edu), 207.255.3345.

**Send all items for What's Going On to the Editor. Deadline is Friday by five.**

# DFD Russell Medical Center to expand services

**BRIDGTON, ME** - DFD Russell Medical Center is pleased to announce the expansion of its behavioral health and medication-assisted treatment services in Bridgton, Maine. This expansion is made possible by federal grant funding from the Health Resour-

ces and Services Administration (HRSA). The funding and subsequent expansion are intended to enhance access to crucial behavioral health and substance use disorder treatment services for individuals in Central and Western Maine.

As part of HRSA's nationwide initiative, grants were awarded to more than 400 community health centers across the country that care for more than 10 million people. Funding aims to integrate mental health and substance use disorder treatment into primary

care.

DFD Russell Medical Center remains steadfast in its commitment to providing stigma-free, culturally competent, and accessible behavioral health and substance use services to individuals in need. The expansion will

help address the mental health and opioid crisis impacting Maine communities.

In line with the expansion efforts, DFD is now seeking to hire a Licensed Clinical Social Worker (LCSW) at its Bridgton location. The LCSW will play a crucial

role in providing comprehensive psychotherapy, counseling, and support services to patients in need. Interested candidates are encouraged to learn more on DFD's website at [www.dfdrussell.org/career-opportunities/employment-openings/](http://www.dfdrussell.org/career-opportunities/employment-openings/).

# King urges review of suicide prevention efforts

**WASHINGTON, D.C.** — U.S. Senator Angus King (I-Maine), a member of the Senate Armed Services Committee (SASC), has written a letter to Comptroller General Gene Dodaro urging the U.S. Government Accountability Office (GAO) to begin work on a report that reviews suicide prevention matters of the reserve component of the Department of Defense (DOD). The Fiscal Year 2025 National Defense Authorization Act (NDAA) requires the GAO to conduct a review of suicide prevention and response policies for re-

serve personnel, and the extent to which the DOD and military services have coordinated these policies at the federal, state and local levels. Senator King's letter comes just weeks ahead of the first anniversary of the Lewiston shooting that was carried out by an Army reservist, who failed to receive adequate mental health care.

Over one-third of U.S. military service members serve in the reserve component, which provides trained units and qualified personnel in times of war or national emergency, or to fill the needs of the Armed Forces

whenever more units and personnel are needed. In 2023, the DOD reported that the suicide rate among reserve component personnel was generally similar to that of the U.S. population. However, reserve component personnel often have limited access to military suicide prevention resources.

“It has been nearly a year since Sergeant First Class (SFC) Robert Card II committed the deadliest mass shooting in Maine's history, killing 18 and wounding 13 on October 25, 2023, in Lewiston, Maine. Since the tragedy, multiple press

reports, investigations by the Army, and the Governor of Maine's special commission have revealed troubling matters. I urge you to consider these investigations and to meet with all stakeholders as you conduct your review,” wrote Senator King.

“Service members in reserve status are critical to our Armed Forces and represent nearly one-third of the total force. I am concerned that they experience limited access to military-supported suicide prevention resources. Authorities can be confusing and blurred for service members including com-

manders at all echelons. Effective coordination between unit commanders and local authorities is misunderstood, yet it is critical to ensuring public safety and that service members receive the care that is needed,” continued Senator King.

Representing one of the states with the highest rates of veterans per capita, Senator King is a staunch advocate for America's servicemembers and veterans. He has been among the Senate's most prominent voices on the need to address veterans suicide, and has repeatedly pressed for action from top De-

partment of Defense officials on this issue. Most recently, at the request of Senator King, the Department of Defense (DoD) released a new report breaking down suicide rates in the Armed Service by job function. Additionally, he recently wrote a letter urging further investments in traumatic brain injury research, the signature wound of the Iraq and Afghanistan wars that has unfortunately led to a high number of veteran suicides. This past August, he introduced legislation to provide safe firearm storage for veterans in an effort to reduce suicides.

# \$2M to train next generation of fishermen, women

**WASHINGTON, D.C.** – U.S. Senators Susan Collins and Angus King and U.S. Representatives Chellie Pingree and Jared Golden announced that two commercial fishing associations have been awarded a combined \$2,067,434 in grant funding to support training and workforce development for the next generation of Maine fishermen and women. The grants were awarded through the National Oceanic and Atmospheric Administration's (NOAA)

Young Fishermen's Development Program.

“Maine is known around the world for our proud fishing heritage thanks to the generations of hardworking men and women who have sustained it,” said Collins, King, Pingree, and Golden. “These investments in youth workforce development will help ensure that young Mainers entering the commercial fishing sector have the skills and support they need to succeed, preserving the strength of this vital

industry now and into the future.”

“MCFA's mission of advocating for sustainable fisheries and vibrant fishing communities is focused on doing this work with the goal of building a brighter future for the next generation of fishermen and fishing businesses in Maine. The Young Fishermen's Development Act, which was identified as a priority by the Fishing Communities Coalition, provides much needed resources to invest in our next generation and we are pleased to be able to deploy funds to create educational tools to advance fishermen wellness,” said Ben Martens, Executive Director of the Maine Coast Fishermen's Association. “Thank you Senator Collins, Senator King, Representative Pingree, and Representative Golden who co-sponsored this important legislation

and who have continued to lead in ensuring it is annually funded.”

“Thanks to YFDA support, MCCF's Eastern Maine Skippers Program will be able to continue to meet our next generation where they are, and provide them with very authentic maritime and marine science learning to support future maritime careers, including fishing and science - skills that directly translate into the workforce here in Maine, and elsewhere,” said Alexa M. Dayton, Ph.D., Executive Director of Maine Center for Coastal Fisheries. “The future of lobstering and maritime careers in Maine is bright, and this program is helping to keep kids in school to complete their education, and providing mentorship to help them put it all together for the long run. The great news is, we have demand for

the program from teachers, students, families and that's a signal that we're still going strong with a vibrant fisheries economy in Maine.”

The funding is allocated as follows:

Maine Coast Fishermen's Association - \$1,771,092 to establish an online knowledge hub targeted toward young fishermen and women that will include educational training content focused on career development and caring for your physical and mental wellbeing as part of the commercial fishing industry.

Eastern Maine Skippers Program - \$296,342 to provide targeted career development opportunities for young fishers. The program will serve eight rural Maine coastal schools and train 80 high school students and 16 post-graduates annually through

workshops, vessel-based activities and mentorship.

NOAA's Young Fishermen's Development Program was established by the Young Fishermen's Development Act, legislation that the entire Maine Delegation helped lead to final passage in 2020.

**Jason Hodsdon Masonry**

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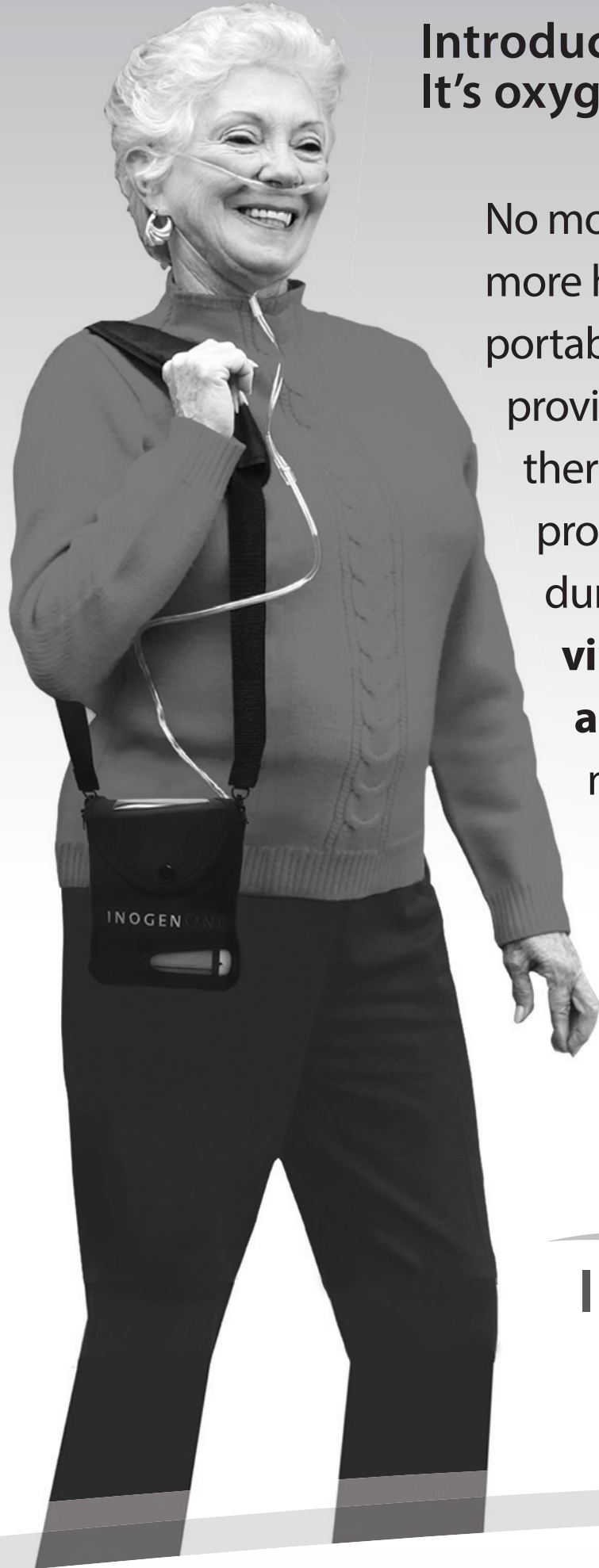
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# Air National Guard announces promotions, change of command

**BANGOR AIR NATIONAL GUARD BASE, ME** -- The Maine Air National Guard is pleased to announce the promotions of Maj. Gen. Frank Roy and Brig. Gen. Ian Gillis, and the change of command on Oct. 20, 2024. The Bangor Air National Guard Base first hosted Roy's promotion in the morning, with Gillis' promotion in the afternoon, immediately followed by the Maine Air National Guard change of command, where Roy transferred command to Gillis.

The change of command ceremony, attended by several hundred members of the Maine Air and Army National Guard and special guests, highlighted the longstanding tradition of leadership transitions in the military and celebrated the accomplishments of both officers. Brig. Gen. Diane Dunn, Commissioner of the Department of Defense, Veterans and Emergency Management, and Adjutant General, presided over the ceremony.

"The Maine Air National Guard Commander plays a critical role in advocating for our Air Guard units in South Portland, Augusta, and Bangor," said Dunn. "Maj. Gen. Roy has done remarkable work strategizing long-range plans, securing the relevancy of the Maine Air National Guard for future generations of MAINEiacs. Brig. Gen. Gillis, with his wealth of experience, is more than prepared to con-

tinue this legacy and lead the Maine Air National Guard into the future."

This leadership transition comes at a critical moment for the Maine Air National Guard, which continues to adapt to evolving global security challenges while maintaining a strong commitment to the local community and the state of Maine. The 101st Air Refueling Wing was recently named one of seven basing locations being considered to field the newest air refueling jet, the KC-46. If selected the 101st Air Refueling Wing would transition the KC-135 to the KC-46.

"The MAINEiacs have an incredible reputation based on our dedication and commitment to excelling at every opportunity and challenge we face," said Roy. "I'm confident the members of the Maine Air National Guard will expand on this reputation with Brig. Gen. Gillis' outstanding leadership. The MAINEiacs will continue to lead the way."

With his first remarks as commander, Gillis expressed his gratitude and appreciation for the opportunity to lead the MAINEiacs.

"To the men and women of the Maine Air National Guard, I thank you for your continued support," said Gillis. "Your support and readiness will be pivotal over the next several years so that we can be prepared for any future challenges. 'Be ready to fight tonight' is not just a



**Brig. Gen. Diane Dunn, Commissioner of the Department of Defense, Veterans and Emergency Management, and Adjutant General, congratulates Maj. Gen. Frank Roy on his promotion during a ceremony at the Bangor Air National Guard Base on Oct. 20, 2024. Roy, of T1R9, was recently named the Air National Guard Advisor to the Commander of the Air Education and Training Command headquartered at Joint Base San Antonio-Randolph.**

saying; it must continue to be our calling."

Roy, of T1R9, was recently named the Air National Guard Advisor to the Commander of the Air Education and Training Command headquartered at Joint Base San Antonio-Randolph, Texas, after serving as the MEANG Commander since April 2022.

During his promotion ceremony, Roy was joined by his wife, Joy, and daughter, Mollie, his parents, and other family and friends at the event. His son, Jake, watched the broadcast live, as did other family members and friends who could not attend.

"I've been incredibly honored to be a member of such an outstanding organization," said Roy. "The members of the Maine Air National Guard have continued to excel at everything they do, and I will always cherish my time with you."

Roy enlisted in the U.S. Army prior to his high

school graduation from Lee Academy in 1986. He initially served as a combat medic and was later trained as a helicopter pilot as a commissioned officer in the Army before transferring to the Air National Guard in 1993. Roy has served as Flight Safety Officer, Chief of Wing Safety, and Wing Commander. He is a command pilot with over 3,900 combined flying hours in rotary-winged and fixed-winged aircraft.

"Maj. Gen. Roy's leadership and vision have been a cornerstone of the Maine Air National Guard's success, and his tenure as commander has been marked by operational excellence and innovation," said Dunn, who presided over Roy's promotion ceremony. "I wish him great success in his new opportunity."

During his comments, Gillis thanked his wife, Marcia, and his daughters, Valery, Mackenzie, and Delainy, for their continued support even following a brief period of retirement. His mother and numerous family members and friends were in attendance.

"Everyone in this hangar has had an impact



**Brig. Gen. Diane Dunn, Commissioner of the Department of Defense, Veterans and Emergency Management, and Adjutant General, congratulates Brig. Gen. Ian Gillis on his promotion and command of the Maine Air National Guard during a ceremony at the Bangor Air National Guard Base on Oct. 20, 2024, where he assumed command from Maj. Gen. Frank Roy. Gillis, of Glenburn, joined the Maine Air National Guard in 1988 and will now oversee the readiness and employment of almost 1,200 Airmen assigned to the MEANG.**

on my career, an effect on my leadership style, from the youngest Airman, to the oldest retiree, and I want to thank you all for helping bring me to this point," said Gillis. "I'm a second-generation MAINEiac, I've seen the proud tradition of those who've served before us. The MAINEiac emblem is a reminder of our strengths and talents, and our ability to accomplish even more."

Gillis, of Glenburn, brings extensive experience, having served in multiple leadership capacities at the 101st Air Refueling Wing throughout his career. Gillis has earned a reputation for his innovative approach to mission success and commitment to the welfare of his fellow Airmen.

After enlisting in the Maine Air National Guard in 1988, Gillis received his commission in 1992 and served with the 132nd Air Refueling Squadron and, as Director of Training for the 101st Operations Support Squadron, he was recognized as an expert in KC-135 Training and established the Air National Guard Tanker Training Advisory Council. He also served as the 101st Air Refueling Wing Commander from November 2021 to October 2023, leading over 850 Airmen to meet worldwide requirements.

In his new position,

Gillis oversees the readiness and employment of almost 1,200 Airmen assigned to the Maine Air National Guard across the State of Maine. He is directly responsible for the full spectrum of their command, training, and morale, ensuring combat readiness to support worldwide, state, and local missions.

"The Maine National Guard has demonstrated superior performance and capability, and we know that Brig. Gen. Gillis has all the capabilities and the talents to continue to move us forward at the strategic level," said Dunn. "We are ready for his leadership and excellence to lead us forward."

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**Thursdays**

LEWISTON -- Baby Sensory Playtime in the Lewiston Public Library's Children's Department every Thursday morning from 10am to 12pm.

Drop-in and join us for Baby Sensory Playtime! Babies and their caregivers will have the opportunity to interact with a variety of sensory toys and socialize with other families with young children. Playtime with sensory toys contributes to a baby's cognitive development, fine motor skills, social and emotional development, creativity, and language development.

**R e c o m m e n d e d** for babies ages birth-18 months and their caregivers. Siblings are always welcome. This program is free, open to the public and no registration is required.

**Oct 31; Nov 1, 2, 3**

AUBURN - Opening night of the Community Little Theatre production of the musical '1776.' The curtain rises at 7:30 p.m. as the Founding Fathers come alive in this classic American musical. Performances will also be held at 7:30 p.m. on October 26, 31, and November 1, 2. Matinees will be held at 2:00 p.m. on October 27 and November 3. Tickets are \$25 for adults, \$22 for seniors/students, and \$17 for children aged 13 and under. Tickets and more information are available

# Calendar

Send your submissions to the Editor. More online.

online at <https://www.lact.com/>.

**Nov 1**

TURNER -- We are having a Bean Supper on Friday, Nov. 1<sup>st</sup> at the Turner Center Universalist Church on Route #17 across from the Gazebo from 4:30 to 7:00. We're having two kinds of Beans, Hotdogs, Coleslaw, Rolls, Beverages, and Desserts. The cost is \$10 and \$5 for children 10 and under

**Nov 2**

WINTHROP -- Award-winning children's author Margy Burns Knight will host a book launch event for her latest children's book "Who Needs a Statue?" at 1:00 p.m. on Saturday, November 2nd at the Bailey Public Library in downtown Winthrop

**Nov 2**

AUGUSTA -- Join us for HOME for the Holidays Craft Fair on November 2, 2024 from 9am to 4pm at the American Legion, 396 Eastern Ave., Augusta! Enjoy browsing many different vendors as you get into the holiday season!

**Nov 3**

LEWISTON -- PAUSE FOR PETS Craft & Vendor Fair to benefit

our community's pets and the life saving work of the of the Greater Androscoggin Humane Society. Make sure to join in on the fun on SUNDAY, NOVEMBER 3rd at the LEWISTON MEMORIAL ARMORY from 10am to 3pm.

**Nov 4**

AUBURN -- Auburn Art Club will hold its Scholarship Auction at 2:00 p.m. on Monday, November 4, at Sacred Heart Church on Western Avenue in Auburn. Members are asked to bring their items to be auctioned by 1:30 in order to give members time to look over the items to be auctioned as well as time to look over raffle items. Members are encouraged to invite relatives, neighbors, and friends.

**Nov 6**

AUBURN -- Auburn Public Library hosts Author Talk with S. Mason Pratt: On The Knife Edge, Wednesday, November 6, 2024 at 4 PM.

**Nov 8**

BAR MILLS -- The Blues on Sunday Quartet at Saco River Theatre, 29 Salmon Falls Road, Bar Mills, ME, Friday, November 8 at 7:30 PM. Tickets: \$15 General Ad-

mission at [www.sacorivertheatre.org](http://www.sacorivertheatre.org)

**Nov 15 - Dec 15**

LEWISTON -- Opening November 15th and closing December 15th is an exciting exhibition of painter Robert Shetterly's Americans Who Tell the Truth portraits at the Bates Mill Atrium on 35 Canal Street in Lewiston, Maine.

**Nov 16**

SABATTUS -- Our Lady of the Rosary Christmas Craft Fair at 131 High st. in Sabattus is running 9-3 on Saturday, November 16th. 28 vendors, raffles, and a bake sale, come enjoy this small town Christmas Fair charm!

**Nov 16**

LEWISTON -- The Ladies of Mu Chapter of Delta Kappa Gamma International is bringing back their annual Teddy Bear Fair on November 16 from 9:00 to 2:00 at the Lewiston High School gym.

**Nov 23**

BRUNSWICK -- The 2024-25 UUCB Concerts for a Cause Series season will include folk, jazz, blues, celtic, and choral singing for justice. This season's charities receiving 100% of the profits from the concert are Brunswick Area Teen Center and Maine Family Planning. For further details about the concerts, go to <https://www.uubrunswick.org/events/>.

Novel Jazz Septet - Sat, Nov 23, 2024 at 7:30 pm. Doors open 7:00 pm.

Novel Jazz Septet, one of Maine's premiere jazz groups, is now in their 20th year of keeping the musical legacy of Duke Ellington and Billy Strayhorn alive and swinging. The band embarked on a project to go through the massive archives at the Smithsonian Museum of American History as well as the Strayhorn Collection at the Library of Congress. finding compositions by Ellington and Strayhorn, transcribing some lesser-known gems for the band and reinterpreting them with a 21st century sound.

Tickets are \$20 in advance, \$25 at the door, and \$10 for students/children and will be available at the church office, Gulf of Maine Books, or online at [ticketstripe.com/novel-jazz7](https://ticketstripe.com/novel-jazz7).

**Nov 23**

LEWISTON -- Visit with Daniel Tiger at the Lewiston Public Library on Saturday, November 23rd at 11am in Callahan Hall! This event is in partnership with Maine Public Radio and PBS Kids.

Daniel is so excited to visit the Lewiston Public Library for an hour of creativity, book giveaways and literacy. Join us for storytime fun with children's author Chris Van Du-

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sen and playtime making masks. Daniel is certain he is going to have a Grriffic time and can't wait to meet and take a photo with you! Don't forget your FREE ticket to the event at the link below.

This event is free and open to the public. Registration required on Eventbrite: <https://tinyurl.com/2w47jfpw>

**Jan 11**

BRUNSWICK -- The 2024-25 UUCB Concerts for a Cause Series season will include folk, jazz, blues, celtic, and choral singing for justice. This season's charities receiving 100% of the profits from the concert are Brunswick Area Teen Center and Maine Family Planning. For further details about the concerts, go to <https://www.uubrunswick.org/events/>.

David Mallett - Sat, January 11, 2025 at 7:30 pm. Doors open 7:00 pm.

Maine's own singer-songwriter David Mallett is one of America's true troubadours. In a career that spans four decades, David Mallett has recorded 17 albums and has performed in clubs, concert halls and festivals across the US, Canada and Europe. He has appeared on numerous broadcasts, including National Public Radio's A Prairie Home Companion. Known for his carefully written, poetic offerings, his body of work has provided material for more than 150 artists, including Alison Krauss, Pete Seeger, Hal Ketchum, Emmylou Harris, John Denver and even the Muppets, and his "Garden Song" has become an American folk classic.

Tickets: \$25 in advance, \$30 at the door, \$10 Students/Children. Available at the church office, Gulf of Maine Books, or online at <https://ticketstripe.com/pousette>.

**Mar 15**

BRUNSWICK -- The 2024-25 UUCB Concerts for a Cause Series season will include folk, jazz, blues, celtic, and choral singing for justice. This season's charities receiving 100% of the profits from the concert are Brunswick Area Teen Center and Maine Family Planning. For further details about the concerts, go to <https://www.uubrunswick.org/events/>.

[www.uubrunswick.org/events/](http://www.uubrunswick.org/events/).

Women in Harmony - Sat, Mar 15, 2025 at 7:30 pm. Doors open 7:00 pm. Tickets: \$25 in advance, \$30 at the door, \$10 Students/Children

Women in Harmony is a Portland-based chorus of 60 women's voices, which has been singing for social justice for over 20 years. It is a diverse group of gay and straight, musically sophisticated and musically untrained women who unite in song and a spirit of fairness. Women in Harmony is dedicated both to musical excellence and social justice.

Tickets: \$15 in advance, \$20 at the door, \$10 Students/Children. Available at the church office, Gulf of Maine Books, or online at <https://ticketstripe.com/womenharmony>

**Apr 12**

BRUNSWICK -- The 2024-25 UUCB Concerts for a Cause Series season will include folk, jazz, blues, celtic, and choral singing for justice. This season's charities receiving 100% of the profits from the concert are Brunswick Area Teen Center and Maine Family Planning. For further details about the concerts, go to <https://www.uubrunswick.org/events/>.

Guy Davis - Sat, April 12, 2025 at 7:30 pm. Doors open 7:00 pm.

Guy Davis is a two-time, back-to-back Grammy nominee for Best Traditional Blues, a musician, actor, author, and songwriter. Guy uses a blend of Roots, Blues, Folk, Rock, Rap, Spoken Word, and World Music to comment on, and address, the frustrations of social injustice, touching on historical events, and common life struggles.

Tickets are \$25 in advance, \$30 at the door, and \$10 for students/children. Available at the church office, Gulf of Maine Books, or at [ticketstripe.com/guy-davis](https://ticketstripe.com/guy-davis).



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When Amy talks about her work, supporting individuals who are aging at home and living with disabilities, she doesn't talk about what her job takes, but instead about all that it gives back to her.

"It's just so fulfilling," Amy says. "There are so many things that we take for granted that mean so much for other people to do. It makes you so thankful for what we have. And my relationships with them make my heart so much bigger"

Amy supports her clients with activities of daily living. That can entail a wide variety of tasks on a daily basis. Some days that may mean helping a client get out of bed and get dressed, water her plants, or prepare her favorite sandwich for lunch. Often it means supporting her client with managing routine errands like trips to the grocery, that create opportunities to connect with familiar people and places. Amy is so grateful to give her clients – and their families – the peace of mind to live independently at home.

"It means so much to be able to give them positive experiences, a sense of control, and a sense of connection that otherwise would be lost," Amy says.

It's been nearly a decade since she moved into this field, and left her long-time waitressing job. "I don't think I'd ever go back," she says.

Amy is one of a growing number of Mainers who has discovered rewarding work in the field of Direct Support, ensuring that adults with age-related, physical, behavioral, intellectual, and cognitive health needs have the support they need to stay safe and independent in their homes and communities, and empowered to achieve their personal goals.

There are a multitude full-time, part-time, or per-diem positions available, which offer the flexibility to juggle work with family responsibilities. Paid training opportunities are widely available, and easy to complete. Many positions do not require advanced degrees.

Amy loves being able to work close to home, so she doesn't have to worry about the costs or hassle of a commute. "To be able to work locally, near home has made me so much closer with my entire community," she says. She encourages anyone interested in making a change to consider a position in Direct Support.

"There's just a huge, huge need," she says, "for good people, who really care."

To learn more about full-time, part-time, and per-diem opportunities in your community, go to [Mainecareerswithpurpose.org](http://Mainecareerswithpurpose.org). Follow @MaineCareerswithPurpose on Facebook and Instagram.

**"There's just such a huge need for good people who really care."**

**Send all items for What's Going On to the Editor. Deadline is Friday by five.**





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