



Letter is Not Saying You Have Lead

FLORENCE—Letters recently sent out to many Lauderdale County residents by Florence Water Department pertaining to lead contamination is not meant to indicate their water is suspected of being contaminated.

The Water Department Manager **Tad Cole** said the letters were mailed out as part of a federal Lead and Copper Rule Revisions program.

The Environmental Protection Agency requires all city water systems nationwide to create and maintain an inventory of service line materials. The inventories were to have been submitted to the Alabama Department of Environmental Management by October 16, but Florence had yet to complete its inventory.

The letters are only intended to inform Florence Water customers the department has not inventoried their water lines yet.

“We have to send out a letter to customers letting

See **SHORTS...** on Page 2

REMINDER: OUR DEADLINE

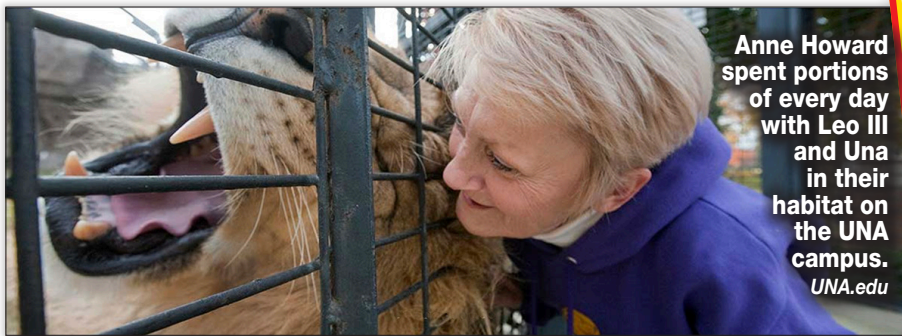
for the Dec. 4 issue is
**Weds,
Nov. 27**

Display ads - Noon
Classified ads - 4:30pm
Call us: 256-764-4268

Courier Journal

Serving Northwest Alabama and beyond with direct...
Courier Journal Perma-Note

219 W. Tennessee St. Florence, AL. 35630 256-764-4268 USPS Circulation Verification Available



Anne Howard spent portions of every day with Leo III and Una in their habitat on the UNA campus.
UNA.edu

A Roaring Silence

Tributes to Anne and Dan Howard, Leo III, and Una

FLORENCE—A couple of hundred supporters and admirers of Leo III and Una, the most recent live lion mascots at the University of North Alabama, gathered at the George H. Carroll Lion Habitat on November 18 to celebrate the twin lions’ birthdays and recognize their adoptive parents.

Former UNA Vice President for Advancement, Dan Howard, and his wife, Anne, raised the twin lion cubs

in their home before they were old enough to live in the habitat.

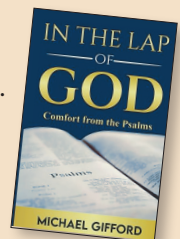
Una, died in June 2020 at age 17. Leo III died on May 2 of this year after more than 21 years of guarding the campus. Dan Howard died in 2022. Anne died in January of this year.

“Today is a celebration and

See **ROARING SILENCE...** on Page 10

Psalms Offering Comfort

FLORENCE — In the rapidly expanding market of comfort and self-help books, New Heights Marketing, Inc. announces the release of the second printing of *In the Lap of God: Comfort from the Psalms* by Michael Gifford.



See **PSALMS...** Page 8

MARTIN'S
FRIDAY 5 AM TO 10 AM

50% OFF**

ONE ITEM

**THIS IS NOT A COUPON

THE FIRST 150 CUSTOMERS IN LINE FRIDAY, 11-29-2024 WILL RECEIVE A COUPON FOR 50% OFF ONE ITEM**
VALID FRIDAY 5AM TO 10 AM EXCLUSIONS APPLY. MUST BE 18 YEARS OR OLDER.
550 Cox Creek Parkway

For information about advertising in premium positions like this, please call 256-740-4701.

A Tour of Homes That's Not to Miss

SHOALS—CaringPlace of the Shoals ushers in the 2024 Holiday Season with an enchanted Tour of Homes.

On Friday, December 6 from 5–9pm and Saturday, December 7 from 2–7pm the following gracious homeowners will open their seasonally-decorated homes to the community to benefit CaringPlace of the Shoals.

John and Wanda Nesmith
609 North Wood Ave., Florence
Teddy and Maya Champion
724 North Wood Ave., Florence
Mary Ann Posey
7619 Dr. Kennedy Drive, Florence



See **TOUR...** Page 6



Automotive Inside NOW
Advance Auto Sales

INSIDE this Issue

- Medicare Minute
- Ask the Attorney
- Adopt-a-Friend
- Savvy Senior
- Auctions! Auctions!

- Trax 4 Max
- Cat & Kids
- Hocus Focus
- Dollar Stretcher
- In a Few Words



- Thanksgiving Meal
- Moments in Time
- Dave Ramsey
- Community Notes
- SIGNS of the PAST



Online Only:

- Web Poll
- Alabama Outdoors
- Mystery Photo



Visit us Online: www.CourierJournal.net

Facebook.com/
FlorenceCourierJournal



CASH FOR CLUNKERS

EXPIRES: 11/30/2024

Your Trade-In Values

Furnace	\$350
Air Conditioner	\$350
Water Heater	\$250

0% FINANCING
with Low Monthly Payments



256-381-7195

AL HVAC LICENSE #91114 • AL PLUMBING MPG-3489 • AL ELECTRICAL 01889



CASH FOR CLUNKERS

EXPIRES: 11/30/2024



Your Trade-In Values

Furnace	\$350
Air Conditioner	\$350
Water Heater	\$250

0% FINANCING
with Low Monthly Payments



256-381-7195

AL HVAC LICENSE #91114 • AL PLUMBING MPG-3489 • AL ELECTRICAL 01889

Northwest Alabama Leg Pain Specialists

Treating the Causes of Leg Pain, not just the symptoms.



Do you suffer from...

- | | |
|---------------|----------------|
| Restless Legs | Varicose Veins |
| Cramping | Aching |
| Swelling | Spider Veins |
| Burning | Tingling |
| Itching | Heaviness |
| Discoloration | Hair loss |

Our team of experts, including a Board Certified Physician, specialize in the diagnosis and treatment of leg problems. We utilize the latest technology to get to the cause of the problem and develop a solution.

Let us help you get back to an active and healthy lifestyle!

For more information or to setup an appointment, please call 256-766-2310.

2095 Florence Blvd., Florence
Phone: 256-766-2310 • Fax: 256-768-9956

Shorts...

Letter is Not Saying You Have Lead

Continued from Page 1

them know the status of their service lines are unknown, simply because we have not completed the inventory yet," Cole said.

In the coming weeks the workers will be checking remaining service lines that feed the meters to make sure none are lead or galvanized pipes that previously were connected to lead.

Nelson Named Outstanding Administrator

SHEFFIELD – Sheffield City Schools Superintendent Dr. Carlos Nelson has been named as the 2024 Outstanding Administrator in Literacy by the Alabama Literacy Association.

Nelson was nominated for the award by the Singing River Literacy Council. The award recognizes pro-education

administrators who are highly dedicated to their profession and go above and beyond for student literacy and achievement.

The award was presented to Nelson during a special awards luncheon Nov. 7 in Birmingham.

"I am sincerely honored to receive this award," Nelson said. "I always strive to better the education process for students and it's our employees on the front lines who do that—the teachers, administrators, central office staff, reading coaches and all the staff who put the hours in to increase literacy. This is certainly not an award I earned alone, but because of our employees who work so tirelessly to make literacy gains happen in our district. In fact, their names should be on the plaque."

Nelson said it was an especially touching honor to be presented the award by a former L.E. Willson principal, Tony Willis.

"He and I worked together to help build the literacy program at L.E. Willson, so it was a great, full-circle moment, Nelson added.

father, the late Edward F. Mauldin, never graduated from college, but it did not limit him from success. Mauldin added that his father believed that any exposure to college was better than no exposure at all.

"We want the scholarship recipients to know they're not alone in this journey," said Mauldin. "You have the opportunity—and the responsibility—to pay forward the support you're receiving from the University of North Alabama and Bank Independent. When you have the chance to help someone else, take it and know that our entire team of 700 team members is here to support you on your journey."

"Our partnership with Bank Independent and the Mauldin family is a celebration of academic excellence and a relationship that has grown tremendously over the years," said UNA President Dr. Ken Kitts.

"From financial support and event sponsorships to Bank Independent leaders serving on university boards and committees, the impact is evident across our campus. We are deeply grateful for all that Bank Independent does to support our students and community."

Mauldin Goes to 6 at UNA

SHEFFIELD— Six University of North Alabama students were recognized by representatives from Bank Independent and UNA as the 2024 recipients of the Edward Fennel Mauldin Endowed Scholarship.

The 2024 UNA Edward Mauldin Scholarship Undergraduate students receiving scholarships were Henry Ajualip Huarcas, Freshman, Computer Science; Ashton D. Bright, Sophomore, Criminal Justice; Kadi A. Norato, Junior, Nursing; and Devin Wesley Riggs, Senior, Psychology.

Graduate recipients included Colton C. Marquart, MBA, and Anya A. Smith, Elementary Education. Bank Independent President Macke Mauldin congratulated the students on their achievements, explaining that his

5 Awards for UNA Volleyball

JACKSONVILLE, FL – North Alabama Volleyball earned postseason recognition on Wednesday prior to the 2024 Atlantic Sun Conference Championship. The league announced graduate All-American Jasmine Brooks and freshmen Reese Ricketts and Audrey Small received honors from the conference.

Ricketts was named the ASUN Freshman of the Year and received Third Team All-ASUN and All-Freshman team selections. Brooks was named to the All-ASUN Second Team, and Small capped the regular season with an All-Freshman Team selection.

GENERAL MERCHANDISE
Fresh Meat • Groceries • Hardware

6591 Chisholm Rd. (Hwy. 17 North)
Florence • 256-764-9179

We sell Gas!

FRESH MEAT

Ad Valid:
Nov. 27-Dec. 3, 2024

We Accept EBT Cards,
Credit Cards & Debit Cards

LIKE Us On
FACEBOOK

HOURS: M-F 6-10;
Sat. & Sun. 7-10

<p>Ground Beef \$2.99 Lb.</p> <p>Beef Stew Meat \$4.99 Lb.</p>	<p>T-Bone Steak \$5.99 Lb.</p> <p>T-Bone Steak 4/\$25</p>	<p>Ribeye Steak \$8.99 Lb.</p> <p>Ribeye Steak 4/\$25</p>	<p>Filet Mignon Steak \$12.99 Lb.</p> <p>Beef Chuck Roast \$5.99 Lb.</p>
<p>Smoked Picnic Ham \$1.99 Lb.</p> <p>Fresh Pork Neck Bones \$1.79 Lb.</p>	<p>Country Style Pork Ribs \$1.99 Lb.</p> <p>Boston Butt Pork Roast \$1.79 Lb.</p>	<p>Whole Spare Ribs \$1.99 Lb.</p> <p>Breakfast Pork Chops \$1.99 Lb.</p>	<p>HOT DEAL! \$49.99</p> <p>1 Pk. Ribeye Steaks (4 Steaks Per Pack) 1 Pk. Ground Beef OR Beef Stew Meat 1 Pk. Chicken Tenders OR Boneless Chicken Breast 1 Pk. Boneless Pork Chops OR Bone-In Pork Chops 1 Pk. Chicken Wings OR Mix Cut Wings</p>
<p>Smoked Hog Jowl \$2.99 Lb.</p> <p>Chicken Drumsticks \$1.39 Lb.</p>	<p>Split Chicken Breast \$1.49 Lb.</p> <p>Chicken Tenders \$2.99 Lb.</p>	<p>Farm Raised Catfish Fillet \$1.89 4 Lb. BOX</p> <p>Chicken Leg Quarters \$7.99 10 Lb. Bag</p>	

Medicare Minute

"Prescription Drug Plans"

October 15th through December 7th is a period of time that Medicare has set aside to make changes to your Prescription Drug Plan (PDP) or Medicare Advantage Plan (MA) if you want. Whether you have a Medicare supplement and a stand-alone drug plan or a Medicare Advantage Plan with prescription drug coverage now is the time to review your drug plan for 2025. Like MA plans, drug plans have certain things you want to look at when considering which PDP is best for you. Those things are premium, deductibles, copays, coinsurance and the plan's provider network.

Although the things listed above are most important so are the tiers that drugs are placed into. So before we discuss the cost of the plans let's look at drug plan tiers. Normally there are five tiers to a drug plan. Tier 1 and Tier 2 drugs are usually your most common generic drugs. Tier 3 drugs are preferred brand, Tier 4 drugs are non-preferred brand and Tier 5 drugs are specialty drugs. One of the most misunderstood parts of a drug plan is the tier a person's drug is in.

Many people we meet with think that if their drug is listed in a certain tier under their current PDP it's the same on all plans. This is not always true. Sometimes, for example, a drug may be listed a Tier 2 under one plan but may be a Tier 3 under another plan. Why is this important? Because in most drug plans the copays are higher for Tier 3 than Tier 2.

You can check the tiers of your drugs by looking at the plan's formulary. The formulary is a list of the drugs that are covered by the plan. You can get the formulary of the plan you are considering by going to the plan's website, going online to Medicare.gov or you can visit our office and we can help.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



Ikey Fowler

885 Florence Blvd. • 256-648-5710
(Four Lane Shopping Center)



CHIMNEY NEED ATTENTION?
Is it time to clean? Smells, Water, Animals? Dryer vent cleaning. Black Hearth Chimney Sweeps 256-710-0292

FIREWOOD SEASONED HARDWOOD MIX: Ash - Hackberry - Cherry - Oak - Hickory \$60 load. You pick up. Call or text before 7 pm, 256-702-6239

Yard Sales

An exclusive listing of the better sales in the Shoals area.

To list your sale, use the classified form on page 8.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)



SHEFFIELD: BLACK FRIDAY ESTATE SALE

117 Wheeler Ave Fri. 11/29 and Sat. 11/30 7am-2pm Large selection of collectibles, Christmas items and decorations, tools, furniture, houseware and misc. items.

AVON CHRISTMAS OPEN HOUSE

Nov. 30th - Dec 8, 10am-6pm
Sundays 1pm-7pm,
Super Savings on Saturdays and Sundays!

110 Heather Lane, Muscle Shoals For more info. call Terease the Avon Lady 256-394-8115 or Jessica 256-349-9414 *Refreshments & Give-aways*

BELLY MOWER FOR FARMALL TRACTOR \$150 OBO, Call 256-710-8938

WILLOW LEAF LAWN CARE

Fall Clean-up and Leaf Removal, Mowing, Fertilization, Weed Control, Lawn Renovation, Insect Control. etc. Licensed and Insured.

Veteran owned and operated.
256-633-9444 or 256-501-0704
Facebook: Willow Leaf Lawn Care

THREE CHILD BIKES good condition 1 Mongoose, vinyl dogs house, 3 sheets of tin, \$125 256-339-5283

2020 CADILLAC XT5 SPORT White, Tan interior, 34,500 miles Like new, everything works. Fully equipped. 256-318-1512

Home to Home
FURNITURE & HOME FURNISHINGS
Christmas Home Decor

Wed.-Sat. 10:00-4:00
807 E. AVALON AVE.
MUSCLE SHOALS, AL

Nan's on the move!
109 East 6th Street
Downtown Tuscumbia

Nan's Fashions & Finds
256-436-0128
Wed.-Fri. 10-5
Sat. 10-2

across from
Promenade Bridal and
Coldwater Seed Store

COME SHOP FOR
YOUR BLACK FRIDAY
AND
SMALL BUSINESS SALE

Happy Birthday
Darryl
Darryl Keith Kimbrel
11-22-1967 - 11-21-1999

Darryl, we love and miss you so much each and every day!

Mom & Dad (Johnnie & Denny)

"Roll Tide, Roll!"

The area's exclusive "Voice of the Crimson Tide"

You can hear all Football & Basketball games on 93.9 THE SCORE!



AVALON

MEDICAL GROUP

2410 E. Avalon Ave
Muscle Shoals
www.avalonmedshoals.com
256-386-0808

Don Heinkel, M.D.
Tracey Owen, CRNP and a team of caring professionals
Family Practice
Luke 10:27

Welcoming new patients for primary care.

Office Hours
Monday–Thursday 8am–5pm • Fridays 8am–Noon

Community Notes

- Shoe Station - Florence Nov. 30, 10am–4pm
- Ollie's Bargain Outlet Dec. 1, 10am–4pm
- L.E. Willson Elementary Sheffield Dec. 2, 8:30am–2pm
- Cypress Creek Indoor Range Florence Dec. 7, 10am–4pm
- Foodland - Rogersville Dec. 22, 8am–1pm
- Sam's Club Dec. 24, 8am–12pm

Explore the rich history of Sheffield this holiday season on an entertaining two-hour trolley tour. Guided by the knowledgeable, Jimmy Austin! Tickets are \$15 and are available at Sheffield Public Library. For additional information, call 256-386-5633.

See NOTES... page 6

COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

- Email to editor@courierjournal.net

The Cpl. Matthew D. Conley Detachment of the Marine Corps League has begun fundraising for the local Marine Corps Reserve Toys for Tots program. Toy drop boxes at many merchants through November 29 including the Courier Journal/TimesDaily offices at 219 W. Tennessee St. in Florence.

New, unwrapped toys of all kids are accepted. Please "Join the Marines" in this effort!

LifeSouth Bloodmobile Dates:

- Rick's Farm Market MS Nov. 26, 10am–4pm
- Walmart - Hough Road Nov. 27, 8am–12pm

Chloe's Fund Annual Santa Paws Christmas Market

First United Methodist Church

415 N. Seminary St. • Florence
Fellowship Room
Friday & Saturday
Dec. 6 & 7 10am–5pm

Christmas Decor & Household Gifts

Proceeds benefit Chloe's Fund
Emergency Care for Florence-Lauderdale Animal Services

WINDOW WORLD OF MUSCLE SHOALS



"Simply the Best for Less"

ENERGY EFFICIENT

Windows, Siding, Doors & More!

BACKED BY A LIFETIME WARRANTY



FINANCING AVAILABLE

GET YOUR FREE ESTIMATE

WindowWorldMuscleShoals.com
(256) 383-8894
717 Michigan Ave, Muscle Shoals, AL 35661









Are you getting super high rates with your free checking?

5.50% APY*
ON BALANCES UP TO AND INCLUDING \$25,000 IF QUALIFICATIONS ARE MET

0.05% APY*
ON ALL BALANCES, EVEN IF QUALIFICATIONS ARE NOT MET

Earning is really easy! Enrollments must be in place and all of the following transactions and activities must post and settle to your Kasasa Cash account during each Monthly Qualification Cycle:

- At least 1 ACH payment or ACH credit transaction(s)
- At least 15 debit card purchases
- Be enrolled in and agree to receive e-statements

FirstSouthern BANK
firstsouthern.com

Ask for **KASASA CASH**
It's our superpower.

Qualification Information: To earn your rewards, the following enrollments must be in place and all transactions and activities must post and settle to your Kasasa Cash account during each Monthly Qualification Cycle. At least 1 ACH credit or ACH payment transaction(s). At least 15 debit card purchases. Be enrolled in and have agreed to receive e-statements rather than paper statements. Be enrolled in and log into online banking. Maintain a valid email address on record with our bank. Account transactions and activities may take one or more days to post and settle to the account and all must do so during the Monthly Qualification Cycle in order to qualify for the account's rewards. "Monthly Qualification Cycle" means a period beginning one (1) banking day prior to the first day of the current statement cycle through one (1) banking day prior to the last business day of the current statement cycle. See our website or contact one of our branch service representatives for specific Monthly Qualification Cycle dates. **Reward Information:** When your Kasasa Cash account qualifications are met during a Monthly Qualification Cycle, daily balances up to and including \$25,000 in your Kasasa Cash account earn an interest rate of 5.50% resulting in an APY of 5.50%, and daily balances over \$25,000 earn an interest rate of 0.50% on the portion of the daily balance over \$25,000, resulting in a range from 5.50% to 0.50% APY depending on the account's daily balance. When your Kasasa Cash qualifications are not met, the interest rate earned on the account's entire average daily balance will be 0.05% resulting in an annual percentage yield of 0.05%. Interest will be credited to your Kasasa Cash account on the last day of the current statement cycle. APY = Annual Percentage Yield. APYs accurate as of 04/01/2024. Rates, rewards, and bonuses, if any, are variable and may change after account is opened, rates may change without notice to you. No minimum balance is required to earn or receive the account's rewards. Rewards less than a penny cannot be distributed. Fees may reduce earnings. **Additional Information:** Account approval, conditions, qualifications, limits, timeframes, enrollments, log-ons and other requirements apply. \$50 minimum deposit is required to open the account. There are no recurring monthly maintenance charges or fees to open or close this account. Advertised information and rewards are based on all account qualifications being met during each cycle period. Contact one of our bank service representatives for additional information, account details, restrictions, reward calculations, processing limitations, cycle dates and enrollment instructions. Member FDIC. **Trademarks:** Kasasa and Kasasa Cash are trademarks of Kasasa, Ltd., registered in the U.S.A.

Member **FDIC**
Kasasa, Kasasa Cash, and Kasasa Rewards are trademarks of Kasasa, Ltd., registered in the U.S.A.



Alabama-Auburn Watch
Starting at \$49

Diamond Cluster Pendants
(Heart-Pear-Round-Cushion)



Lacquered 24K Gold Roses
\$99.99 each



Birthstone Tree of Life Pendant & Chain Sale
\$79.99
All 12 Months Available



CITIZEN Eco-Drive
Citizen Eco Drive Watch Collection
20% Off



NOMINATION ITALY
Create Your Bracelet



Birthstone Cross Pendant & Chain Sale \$39.99
All 12 Months Available

THE PERFECT GIFT!

Lab Grown Diamond Rings



Freshwater Pearl 3-pc. Set
Retail \$375
Sale \$239



Diamond Marriage Symbol Starting at \$179
Christian Marriage Symbol Starting at \$219



Starting at \$399



Plastic Nail File Case \$8
12-Color Options - Perfect Stocking Stuffer

Diamond Bracelets
30% Off



10K /14K Chains and Bracelets
40% Off



Diamond Studs Starting at \$159



Nail File/Sleeve \$14
24-Swarovski Crystal Color Combination

Genesis Jewelry

915 Woodward Avenue • Muscle Shoals • 256-381-4830 • www.jewelrybygenesis.com
Monday-Friday 9am-6pm • Saturday 9am-4pm



Peoples
piggly wiggly
Down Home, Down The Street
Cherokee • 256-359-6651

8-7 Mon thru Sat
10-5 Sunday
Quantity & correction rights reserved. None sold to dealers. We reserve the right to correct typographical and pictorial errors. Limited quantities. Sorry no rain checks. While supplies last.
Prices Good
Nov. 27-Dec. 3, 2024



Kentucky Legend Hams
\$5.99 Lb.



Twin Pack Boston Butt Pork Roast
\$1.69 Lb.
While Supplies Last!



Cook's Shank Portion Hams
\$1.89 Lb.



Tennessee Pride Sausage
2/\$7 1 Lb.



Wright's Bacon
\$7.99 24 Oz.



Sanderson Farms Jumbo Pack Drumsticks
\$1.49 1 Lb.



Bruce's Cut Yams
15 Oz.
2/\$3



Duncan Hines Cake Mix
12.25-15.3 Oz.
2/\$3



Eagle Brand Condensed Milk
14 Oz. Can
2/\$5



Jet Puff Mini Marshmallows
10 Oz.
2/\$3



Duncan Hines Frosting
14-16 Oz.
3/\$5



Swanson Chicken & Beef Broth
14.5 Oz. Can
\$1



Pet Ritz Pillsbury Pie Shells
2 Ct.
2/\$6

Tons of In-Store Markdown Prices For Your Holiday Needs
Come Check Us Out!



Cool Whip
8 Oz.
2/\$4



Frito Lay Products Lays
7.75 Oz.
\$2.50



Land o Lakes Butter
16 Oz.
\$3.49



Dr. Pepper
12 Pk. 12 Oz. Cans
3/\$12



Coke Products
6 Pk. 1/2 Liter Bottles
3/\$11



Coke Products
12 Pk. 12 Oz. Cans
3/\$13

THE SEASON'S FINEST PRODUCE



Red Delicious or Granny Smith Apples
89¢ Lb.



Mississippi Sweet Potatoes
59¢ Lb.



Sleeved Celery
2/\$3



Yellow Onions
\$1.99 3lb bag

Notes... Tours...

Continued from page 4

Muscle Shoals Sound's Holiday hours are - Thanksgiving: Closed Wednesday, November 27- Monday, December 2. Christmas: Closed December 24 - January 6.

Disabled American Veterans in Sheffield meets every fourth Tuesday of each month. (November 26) at 1409 W. 11th St. in Sheffield - 256-381-8229. Dinner at 6pm - Business at 7pm. Veterans Serving Veterans. Open Monday-Wednesday 9am-1:30pm.

FAME Recording Studio's holiday schedule is as follows: Thanksgiving: Closed Thursday, November 28- Sunday, December 1, open on Monday, December 2 Christmas: Closed Tuesday-Friday December 24-27, open Saturday, December 28, then closed until Thursday, January 2.

The Lauderdale County Solid Waste Department will be closed on Thanksgiving Day, (Thursday November 28), which will cause a delay in household and commercial services. Business will resume on Friday November 29 to collect Thursday's route then and Friday's on Saturday, November 30.

The landfill will be closed on Thursday (Thanksgiving day) and will be open on Friday (7:30am-3:30pm) and Saturday (8-11:30am) Anyone with any questions can call our office at 256-760-5878

Wesley Chapel United Methodist Church invites everyone to find Hope, Peace, Joy, and Love in Christ while gathering together this Christmas season

December 1- Special Hanging of the Greens Worship, 10:30am
December 8-Christmas Pageant and fellowship Lunch, 10:30am
December 15-Blue Christmas Service, 10:30am
December 18-Dinner then Christmas Caroling & Cocoa 5:30pm
December 24-Come and Go Communion, 4-5:30pm
December 24-Christmas Eve Candlelight Service, 6pm
Wesley Chapel is at 11025 County Rd 15 in Florence. Facebook.com/wesleychapel Florence

Dr. Heather Posey Johnson 108 River Park Court, Florence
Gary and Vicki Dean 700 N. Montgomery Ave., Sheffield
Don and Diane Kruse 910 North Montgomery Ave., Sheffield
Will and Brooke Morris 100 N. Mulberry Street, Tuscumbia
T. W. and Roberta Billings 308 East Third Street, Tuscumbia
Bryan and Susann Hamlin 501 East Third Street, Tuscumbia
Jimmy and Nan Gardiner 901 East Fifth Street, Tuscumbia
City of Tuscumbia 200 N. Commons Street West, Tuscumbia

All proceeds from this impressive charitable event benefit CaringPlace of the Shoals Adult Day services. Tickets are \$50 for the entire tour and available for purchase at Kennedy Douglass Art Center, Sheffield Library, First United Methodist Church in Florence, and Colbert County Tourism Association. for more information, call 256-762-1166.

GREEN PLANET LAWN SERVICES
Spring/Fall Clean-ups, Complete Mowing, Hedge/Shrub Trimming, Flowerbed Maintenance, Mulch, Pine Straw, Decorative Rock and Pressure Washing. Licensed & Insured. -Free Estimates- Call Antonio 256-284-5590

See NOTES... page 11



In Need of a LOAN?
It's never been so simple!
LOANS from \$300-\$10,000
Quad Cities Financial
204 Cox Creek Pkwy Ste A • Florence
256-765-9909
*W.A.C. All loans subject to liberal credit policies.

4.60% APY*

7 Month-Term Certificate of Deposit



MEMBER FDIC



Located in North Florence at Seven Points
256-766-6300 • www.peopletrustbk.com

*4.60% (Annual Percentage Yield) is effective as of November 6, 2024 and is subject to change at any time. Fees may reduce earnings. A \$25,000 minimum deposit required to open the account and earn the advertised APY. An early withdrawal penalty will apply. Not available to financial institutions or public funds. Limited time offer. After maturity, if you choose to renew your CD, you will earn the base rate of interest in effect at that time.

L.J. Mabe Contracting, LLC

Tankless Hot Water Heaters
Installation & Maintenance Free Estimates
Repair & Replace • All Types of Water Heaters

Upgrade Your Home; Upgrade Your Life!

High efficiency tankless water heaters provide endless domestic hot water, all while keeping your utility bills low.

NAVIENT Rinnai

- Never Run Out of Hot Water
- Save Valuable Space
- Better Value Than a Tank
- Reliability You Can Count On

3401 Huntsville Road, Florence • (256) 394-2490

WE ARE A SERVICE COMPANY

617293-1

Karen's Corner
Ladies Apparel

CHRISTMAS 50% OFF SALE
Ladies' Apparel, Purses & Jewelry

224 N. Court St. Florence
Wed-Thur-Fri 11-4

EMPLOYMENT Opportunities

NIGHTSHIFT DELIVERY DRIVERS NEEDED

The Times Daily has immediate openings for full time and part time Non-CDL truck driving. Drivers will deliver pallets and postal bins of subscription newspapers to numerous USPS locations in Jefferson, Lawrence, Morgan and Shelby Counties in Alabama, as well as Davidson County, Tennessee. The ideal candidate must have an excellent Motor Vehicle Report and proof of personal auto insurance. Candidate must pass a DOT physical, be capable of driving up to 8 hours at a time as well as the flexibility to work days, weekends, and holidays as needed.

Please email resumes to:
morgan.whitehead@timesdaily.com
or pick up an application at
219 W. Tennessee St.,
Florence, AL 35630

MAKE AMERICA GREAT AGAIN

WITH
GABRIEL AND HART TRUCKING

CLASS A CDL DRIVERS NEEDED

For Southeast and Midwest Runs
\$.60 per mile. Home on weekends
BC/BS & Pension Plans
Must have 3 years OTR experience

Call for info: 256-712-5569

621008-1

DIETARY AIDES FULL TIME w/Benefits and Part Time

Lauderdale Christian Nursing Home

Excellent Benefits Competitive Salary

- BlueCross / Blue Shield Insurance (Employees pay \$100/mo.)
- Employer provided Life Insurance & BCBS Dental
- Vacation, Paid Time Off, Holidays,
- 401K

Resumes to: aparker@lcnh.org
Or apply in person (no phone calls)

2019 County Road 394, Killen
Located in Greenhill off Hwy 43 N
(turn by Citgo onto County Road 394)

622853-1

Tools of Immorality

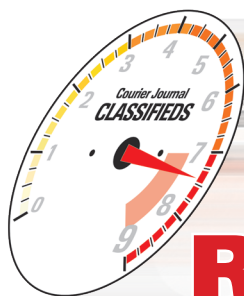
Tolerance and indifference have created the mayhem we have today. Prosperity can turn out to be the greatest enemy we have ever seen. Frantically, our culture is demanding new avenues of excitement and sin and pleasure. What is God going to allow OR DO next? His moves go largely unnoticed by the worldly "Christian!" History repeats and when altered or destroyed will be repeated for sure. **Ecclesiastes 1:9** "The thing that hath been, it is that which shall be; and that which is done is that which shall be done: and there is no new thing under the sun." God told that Jew going into Caanan: **Numbers 33:52** "Then ye shall drive out all the inhabitants of the land from before you, and destroy all their pictures, and destroy all their molten images, and quite pluck down all their high places." TOOLS OF IMMORALITY! Israel lost their land by sinning and forsaking the Lord. Example : **Ezekiel 8:9-10** "And he said unto me, Go in, and behold the wicked abominations that they do here. So I went in and saw; and behold every form of creeping things, and abominable beasts, and all the idols of the house of Israel, pourtrayed upon the wall round about." TOOLS OF IMMORALITY! Pictures? You all know what the tools of immorality are today! We spend hours every day with cellphones, tv's and computers, ungodly music ect. Where's time for prayer and bible study? We're fighting a losing battle without the LORD! We're pre-occupied with pleasing the flesh! How soon we forget what Jesus said: **John 15:5** "I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing." The tools of immorality have quenched the Light and the life of Christ in our lives! The best of both worlds is what most folks want. **Luke 16:13** "No servant can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon." It's our choice, tools of morality or immorality! A search will reveal you are your worst enemy, addicted to tools of immorality.

Beacon Baptist Church

Bill Bishop, Pastor • Rogersville • 256-247-7733
1.2 miles north from red light on Hwy. 207 on left
Sunday services at 10am and 11am and 6pm
Visitors welcome!

619039-1

The Brain Zone! online at CourierJournal.net



Courier Journal

Classifieds

Sell it fast with a

RED LINE AD only \$4 additional

HOUSECLEANING for your office or home. Call 555-1234 for a free estimate. 15 years experience. Insured. References available.

Attract the most attention and sell your items red line fast when you choose to **Red Line** your Classified Ad. **THE FIRST LINE OF YOUR AD APPEARS IN RED CAPS.**

TNValleyStuff.com

As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at TNValleyStuff.com.

ONLINE - at our Website... Go to www.courierjournal.net and click "Place a Classified"

PHONE - 8AM-5PM Mon-Fri Charge to Credit/Debit Card by calling **256-764-4268**

FAX - 24 HRS - Charge to Credit / Debit Card by faxing an ad to **256-760-9618**. Include exp. date. List how many weeks the ad is to run.

MAIL - Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

OFFICE - Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card. Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

DEADLINE: Friday 5pm

Private Party Rate 4 LINES Each additional line - \$1.50 - Prepay - NO REAL ESTATE • 1 item per ad - 4 Weeks/4 lines 1 ITEM \$16 Each additional line - add \$4.50 **\$5.50** Week

Commercial Rate 4 LINES Each additional line add \$1.50 - applies to anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not - including pets. 6 Weeks \$39 - Each additional line - add \$7.50 total **\$8.00** Week

Real Estate Rate 5 LINES Each additional line add \$1.50 - applies to agencies, individual, developers and anyone engage in selling, renting, leasing structures and/or properties in Real Estate or General section. 6 Weeks \$36 Each additional line - add \$7.50 total **\$8.00** Week

Yard Sales 6 LINES Each additional line - \$1.50 YARD SALES - An exclusive listing of the area's better sales prominently placed **\$12.50** Week

Employment 6 LINES Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees **\$15.50** Week

Private Party Auto Rate Up to 8 LINES for 4 weeks. Each additional line - \$2.25. **\$17.00** 4 wks

*one line is approx. 30 characters

Form with fields for Name, Address, City, State, and Phone.

Name _____

Address _____

City _____ State _____ Phone _____

HOW MANY WEEKS? Multiply the number of weeks - X - the cost of the ad.....

YES! RED LINE MY AD! PLEASE CHECK THE BOX **only \$4 additional**

MAILING ADDRESS: Courier Journal, 219 W. Tennessee St., Florence, AL 35630
Please Print Ad Clearly. NOT RESPONSIBLE for illegible handwriting
Questions? Call our office at 256-764-4268.

Psalms...

Continued from Page 1

The book has its roots in the loss of Gifford's first wife to cancer in 2010 when both were in their 50s. While searching the book of Psalms for comfort in his grief during that time, he found 21 that were especially uplifting to him and that prompted his desire to share those words of comfort.

Gifford includes exposition, commentary, and practical application of each of the 21 Psalms. Afterward, readers will benefit from two additional sections of the book. The first is a categorical listing of more than 200 verses from the book of Psalms that can be used for affirmations of comfort and encouragement. The second chronicles the journey of a husband and wife in their battle with cancer.

"At some point in life, most people will face loss and the grief that follows it," Gifford noted. "Whether the loss is the passing of a loved one, the dismissal from a job, the severing of a

valued relationship, or the decline of one's own health, grief is a part of life, and it's a part of life that hurts. However, comfort is available from the timeless book of Psalms."

In the Lap of God: Comfort from the Psalms is available from Amazon at <https://www.amazon.com/Lap-God-Comfort-Psalms-ebook/dp/B0DHZP58WN>. It's available as an eBook for immediate download or as a paperback.

Gifford has been preaching and teaching the Gospel of Jesus Christ for 46 years, including congregations in Alabama and Georgia. He has authored five other books, as well as numerous other articles that can be found online at SoundBibleStudies.com.

Gifford has also hosted and co-hosted Bible-based radio and television programs and has served as an instructor and Campus Director for the Georgia School of Preaching and Biblical Studies.

Mystery Photo
OF THE WEEK
November 27

WIN LUNCH FOR 2nd

Rosie's CANTINA
www.rosiesmexicancantina.com
in Downtown Florence

ENTER ONLINE at
www.courierjournal.net

Week of Nov. 20 winner is Carmen Hetzel of Muscle Shoals who correctly guessed "Foodland in Muscle Shoals next to Lowe's"

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office beginning Wednesdays after Noon.



Personnel

EDITOR & PUBLISHER

Thomas V. Magazzu

ADVERTISING EXECUTIVES

Sadonna B. Magazzu

Judy Cox

Gregg Scott

Heather Ridinger

GRAPHIC COORDINATORS

Russell Roden

Andrea L. Gray

OFFICE STAFF/CLASSIFIED

Erin Gilbert

CIRCULATION

Ted Fallin

OFFICE HOURS:

Monday - Friday

8:00am - 5:00pm

Copyright © 2024

All Rights Reserved

DEADLINES: Issues Published Every Wednesday

INSERTS - 5 pm Thursday

DISPLAY ADS - 5 pm Thursday

CLASSIFIED ADS - 5 pm Friday unless otherwise specified

219 W. Tennessee St.
Florence, AL 35630
256-764-4268
Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 51,892 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St.
Florence, AL 35630
or email to:
editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

Concrete River Construction

Concrete Walls • Finished Floors
Driveways • Sidewalks • Porches • Curbs
Stamped and Stained Concrete

Free Estimates • Licensed and Insured • 15 years experience

Call or Text: 256-762-5800 • 256-710-8198

WE BUY RIDING MOWERS, John Deere, Cub Cadet, Kubota, Craftsman, etc. We will buy it running or not. Give us a call at 256-275-2276

ROOFING - LEAKS REPAIRED, Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

All-Green Tree Service
LICENSED • BONDED • INSURED

- Topping
- Trimming
- Removal
- Lots Cleared
- Stumps Removed
- 55' Bucket Truck


28 Years
256-767-3519
Doug Minton Cell **256-710-8787**

Credit Cards Accepted **Free Estimates**


Cold or flu?

We've got you!

URGENT CARE | WELLNESS CARE | FAMILY CARE



► WALK-IN ► HOLD MY SPOT® ► TELEMEDICINE



Open 7 days a week

Florence — 202 Cox Creek Pkwy.

Muscle Shoals — 210 Avalon Ave.

Urgent Care

HHUrgentCare.org

STANDARD PARTI POODLES 812-620-4398

REASONABLE TREE SERVICE
Tree cutting, trimming, stump removal. Free Estimates. Owner Gilbert Barga 256-314-1009 or 256-366-3539

WE BUY JUNK CARS, Trucks or Vans with or without titles, Call Joel 256-303-7609

FUSE BOX OR ELECTRICAL PROBLEMS?
Call American Electric In Florence, AL.
We have over 30 years experience, with friendly, dependable and affordable service. Locally and Veteran Owned, 256-760-1152

REMODELING CONSTRUCTION 40 YEARS EXPERIENCE Insured. Bathroom remodel, Deck, Fences, etc. 256-762-4357

H & H Towing (local & out of town)
I Buy Junk Vehicles, all types
Greg 256-394-6340

WE BUY RIDING MOWERS, John Deere, Cub Cadet, Kubota, Craftsman, etc. We will buy it running or not. Give us a call at 256-275-2276

GUTTER GUARD SPECIAL
Gutter clean out, seamless gutters, gutter guards, Call GUTTER WORKS 256-394-3497

FLORES HOME REPAIR, LLC, Ceiling repair, Drywall, Painting, Flooring, Carpentry Work, Licensed & Insured 256-443-3697 or 256-443-3663

MONDETTA OUTDOOR PROJECT men's XL coat. \$30. 256-654-0202

REGISTERED ANGUS BULL BORN 10/30/22 Proven breeder, vaccinated, wormed, DNA. Excellent pedigree \$4000 256-366-5018

ANTIQUE MILITARY ITEMS WANTED Guns, Knives, Uniforms, will pay cash. Call 256-335-7663


SHEFFIELD: BLACK FRIDAY ESTATE SALE
117 Wheeler Ave Fri. 11/29 and Sat. 11/30 7am-2pm Large selection of collectibles, Christmas items and decorations, tools, furniture, houseware and misc. items.

GREAT VALUE BABY BUNDLE, crib with mattress, bouncy seat, swing, high chair \$130 you pick up. Also **Douglas Fir Christmas Tree,** 9 ft. tall with storage bag \$200. Call 256-621-8622 Decatur

BUYING ESTATES PAYING CASH
Buying Entire Estates, Collections, Antiques, Tools, Jewelry, & Coins.
Text or Call 256-762-0966

Looking for former Monsanto employees, between 1960-1980. Please contact Britney Fries at 813.230.7702 or bfries@mrhflaw.com

SEASONED FIREWOOD Oak and Hickory \$150 pick-up truck load (delivered) Call 256-633-2765

CONCRETE WORK
Retainer Walls - 1 ft to 3 ft. Backhoe and Dump Truck Work. Free estimates 256-740-1971 or 256-633-9993

HOME AND RENTAL PROPERTY REPAIRS Electrical, plumbing, freezers, water heaters, etc. 256-757-5620

MATTHEWS TREE SERVICE (Shoals Area)
•Stump Grinding •Tree Trimming •Tree Removal
Licensed, Bonded, Insured
BBB Accredited
Steven Matthews, Owner
256-483-5918

Liquidation Sale

30% off

Hardware - Electrical - Plumbing
Paint - Giftware - Tools

November 25th-29th

Discount Dans - Athens
16800 Hwy 72 - Athens AL
256-216-5666 M-F 8-5



YOU DESERVE special PRICING

ON YOUR AUTO, BOAT, OR RECREATION LOAN!





Bring your loan to Listerhill and get up to 1% off our already competitive rates!

Since 1952, Listerhill Credit Union has served local communities. Members benefit every day through their relationship with Listerhill by having their accounts and loans with us. With relationship pricing, you can receive a discount for your new:

- Checking Account
- Direct Deposit
- Outside Loan
- Automatic Payment
- Listerhill Credit Card

Already a member with one or more of these relationships? Swell! Then you are already eligible for relationship pricing discounts!



Federally Insured by NCUA

LISTERHILL.COM/SPECIAL

QUALITY FOUNDATION
And All Types of Home Improvement

Home Owned & Operated in the Shoals by Wayne Lawhorn
Let Us Add Stability to Your Flooring

FREE Estimate

36 YEARS EXPERIENCE
Licensed • Bonded • Insured
256-767-5258

BEFORE
HEAVY DUTY STEEL JACKS
AFTER
Solid Steel Jacks

DOUG'S STUMP GRINDING
Friendly & Affordable
Licensed. Bonded. Insured
256-710-8787 or 256-767-3519

PLAY THE GAME DAY SCORE CARD Contest every week during the football season. Win a \$50 gift card from Lost Pizza Co. for the best card and another \$50 gift card, plus \$50 cash if it is a perfect card. Only in the Courier Journal and at CourierJournal.net.

CONCRETE! CONCRETE!
DRIVEWAYS, PATIOS,
CRACK REPAIR, RESURFACE
256-303-2177



A Roaring Silence...

Leo III and Una shown in the natural environment of their habitat on the UNA campus.

UNA.edu

Continued from Page 1

expression of our deep appreciation to Anne, to Dan, to Leo and to Una," Kevin Haslam, vice president for Advancement said during the ceremony, which took place on what would have been the 22nd birthday of the lions. "What occurred here over the last 22 years was special, so very, very special. Anne used to say this was our Camelot, and I believe she was right."

Those at Monday's gathering sang "Happy Birthday" to Leo and Una, and shared memories of the lions, and gratitude for the Howards.

Brandon Kutz, a member of the Lion Crew who helped care for the live mascots, said the lions are near to the hearts of UNA students, alumni and many people in the Shoals.

"Leo and Una here at UNA was an institution as long as I remember, and

I know the community misses them greatly," Kutz said. "To Dan and Anne, they were not just university mascots; they were their children. They were in their house when they were young. I still have the dining room table with the chew marks from Leo. (Anne) treasured that," Kutz added. "I don't know what the future holds, but I do know that Dan, Anne, Leo and Una will forever be in my heart."

Local veterinarians Matthew Connolly and Brandon Fisher were in charge of medical care for Leo III and Una.

"It was an honor to be so close to such magnificent creatures and to watch them grow," Connolly said. "We were very privileged to be able to be tagged to do this."

He said he and Fisher loved the lions, but he

joked that they definitely didn't love us. We were the ones that gave vaccines, did physical exams, things that usually involved needles and syringes and those kinds of things."

Fisher added, "Thank you to the community, thank you to the university for allowing us to have the privilege of caring for them."

UNA recently issued a survey as part of a study to explore the interest and the feasibility of bringing live lion mascots back to campus. That survey is completed, and a committee charged with the oversight will present its findings to UNA President, Ken Kitts, later this year.

University officials said that the process of returning live mascots to campus would take about five years and cost upwards of \$7.2 million.

Christmas Specials
One Week Only

Christmas Picks/Stickins 40% OFF	Fall Merchandise Last Week 50% OFF
Mixing Bowls 30% OFF	All Beehive Bathhouse Products 25% OFF
Ginger Snaps Buy 1 Get 1 Free	Except Mens Products 40% OFF

People's Drugs & Variety
Cherokee, AL 256-359-6242

Get the gift that keeps on giving!

10% Off Installs

CALL TODAY!
256-648-4893

MPE SERVICES
Heating & Air • Plumbing • Electrical
Full Restaurant Repair • LED Lighting

24/7 EMERGENCY SERVICE
TVA EnergyRight QUALITY CONTRACTOR NETWORK

BBB f o

AL#22283 Offer is valid Nov. 1 - Nov. 30 2024. This is not valid with any other discounts/coupons

November Special

Includes:

- 2 lb beef roast
- 2 lb ground beef
- 2-8 oz ribeyes
- 2 lb fresh chicken tenders
- 2 lb sausage or bacon
- 2 lb boneless chops

for \$68⁹⁹

Call 256-320-5223 to place a pre-order or come see us at 1012 Avalon Ave, Muscle Shoals

Order Online: mikesmeatmarket.smartonlineorder.com

EST. 2017 256.320.5223

MIKE'S MEAT MARKET

1012 Avalon Ave. Muscle Shoals, AL

Download App To Receive In Store & Online Points For Discounts On All Store Items.

Thank you for all your support!

GUTTER WORKS, Seamless gutters, gutter guards, clean out and more! Free estimates. Guaranteed work. Best prices in town! Call 256-394-3497.

WE BUY RIDING MOWERS, John Deere, Cub Cadet, Kubota, Craftsman, etc. We will buy it running or not. Give us a call at 256-275-2276

ROOFING - LEAKS REPAIRED, Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

1998 FLEET WOOD CAMPER Everything works. Good tires, new floor, just put roof seal on it. Ready to go \$3200 OBO 256-394-6453

RICK'S STUMP GRINDING

Low prices and Free estimates, 256-740-2363
if no answer, leave message

5 AKC REGISTERED GERMAN SHEPHERD PUPS all females, West German Show Line Black and Red 12 Weeks old, \$500 firm. 256-345-3310

JUNK REMOVAL
Florence based junk removal company. Reach out for a free virtual estimate today.
bnlremovals@gmail.com
256-945-0432

MINIATURE SCHNAUZER PUPS AKC and CKC. Will be ready for Christmas! 256-653-9594
www.schnauzerpupsforsale.com

WHITLOCK REMODELING
Pressure Washing
Sunrooms, all flooring painting, interior, exterior, windows & doors, drywall finishing, re-finishing, hanging, kitchens, bathrooms, vinyl siding, porches, All Handyman.
256-349-3703 or
256-291-6630

200 perfect pieces of Stoneware and China, many patterns and brands, 75 cents each, 256-355-5859

ALLEN'S BUSH HOG SERVICE
References Available
256-483-6819
Leave Message

FREE TO A GOOD HOME, FEMALE HUSKY spayed, UTD all shots except heartworm, 11 mo. old. Crate trained. Does not like cats. 256-566-1926 Decatur.

DRIVING INSTRUCTOR AND AUTHOR OF THE CAREFUL VS. THE CARELESS DRIVER
1st lesson free for new drivers, and drivers new to AL.
615-962-4493
vanheydenauthor@gmail.com

AAA CONCRETE CONCRETE, WALLS,
Finished Driveways, Sidewalks, Porches, Curbs, Steps, Foundations, Bobcat Work, 30 years experience, FREE Estimates.
Call 256-633-8643 or
256-577-1823

LICENSED ELECTRICIAN
25 years Experience
Affordable, Professional,
Insured
256-762-7663 Ron

Notes...

Continued from page 6

The The Full Moon Players and Cypress Moon Studios in Sheffield presents "Million Dollar Quartet Christmas" written by Colin Escot will have meet and greet with dinner for Full Moon membership Patrons and a sneak peak of the show Wednesday, December 4. The play opens December 5-8 and December

12-15. Rock in the holidays with Elvis, Johnny Cash, Carl Perkins, Jerry Lee Lewis and our very own, Sam Phillips!

The production is directed by Jennifer Adams with Mike Adams as assistant. Musical director is Gene Anne Gifford.

Tickets are \$20 in advance and \$25 at the door. Visit cypressmoonstudios.org or call 256-335-6961 for tickets or more information.

The Children's Museum of the Shoals will host Grinchmas on Saturday,

December 7 from 11am-1pm. Cost is \$10 per child, members and nonmembers. That includes a photo op with the Grinch and Grinch dust to keep him away on Christmas! CMS is located at 2810 Darby Dr. in Florence. For more information, call 256-284-7107.

Post 5140 of the Veterans of Foreign Wars in Florence is actively seeking new members.

We have a proud tradition of service and care deeply about our local

community and those who have served in our nation's wars.

The group meets every 3rd Thursday each month at 6:30pm (November 21) at 127 South Royal Ave. in Florence.

For more information on how you can become a member, contact Jeff Palmer, Post Commander at 256-483-9937. If no answer, please leave your name and number and we will call you back or email vfwpost5140@gmail.com

Wars in Florence is actively seeking new members. We have a proud tradition of service and care deeply about our local community and those who have served in our nation's wars. For more information on how you can become a member, contact Jeff Palmer, Post Commander, at 256-483-9937.

If needed, please leave your name and phone number and we will call you back

Post 5140 of the Veterans of Foreign Wars in Florence See NOTES... page 15



Congressman Aderholt is thankful for you and wants to help.

If you have a problem with a federal government agency or department, such as the Department of Veteran Affairs, Social Security, Medicare, IRS, or the Passport Agency, etc., please feel free to contact my office.

Tuscumbia District Office (256) 381-3450



FINANCIALLY STRESSED?

- ▶ **Debt Consolidation/ Bankruptcy**
STOP Garnishments/ Repossessions/Foreclosures
- ▶ **Collection Harassment (FDCPA)**
Credit Report Disputes (FCRA)
- ▶ **Social Security Denials**



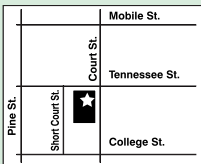
B. Grant McNutt
Attorney at Law



Nicholas H. Gajewski
Attorney at Law



Tanya McCalpin
Attorney at Law



BOND, BOTES, SYKSTUS, TANNER & McNUTT P.C.
Attorneys Providing Financial Solutions

Offices Also In:
Haleyville
205-486-3580
Decatur
256-355-2447
Huntsville
256-539-9899

Florence • 256-760-1010

121 S. Court Street, Florence, AL 35630

For more information, visit www.bondnbotes.com

No representation is made that the quality of legal services to be performed is greater than the quality of legal services to be performed by other lawyers. We are a Debt Relief Agency and Attorneys at Law who, where appropriate, help people file for relief under the Bankruptcy Code.

Checklist for Heaven *REVISED* The 5 Steps to Salvation

PLEASE TAKE 5 MINUTES TO READ THIS BRIEF ARTICLE!

This article is written in response to an ad printed in the *Courier Journal* November 6, 13, and 20, 2024

This article is respectfully written because of love for Almighty God and for my brethren. We are either brothers and sisters in our great grandparents, Adam and Eve, or Jesus Christ!

The ad entitled, Checklist for Heaven, claims to tell a sinner how to be saved and inherit eternal life!

This is not what Jesus said that is recorded in the Holy Bible.

The following verse tells us what Jesus said!

Matthew 7:21

Not everyone who says to me, Lord, Lord; shall enter the kingdom of heaven, but he who does the will of my Father in heaven.

Luke 6:46

But why do you call me Lord, Lord; and not do the things which I say?"

What does the Lord tell us to do in order to be saved?

HEAR and BELIEVE

John 8:24

Therefore I said to you that you will die for your sins; for if you do not believe that I am He, you will die in your sins.

Belief in Jesus is the foundation for our relation to Jesus.

Romans 10:9-10

If you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.

For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

The Word of God states here that belief in the Lord Jesus and confession of that faith is essential to salvation. But belief and confession is not the whole plan. As the Word of God will explain in the following verses!

Following part of a plan will not result in the completion of a project! For instance, if you are building a house, you cannot build a living room and then decide that the house is complete!

Many false prophets on T.V., radio, and in publications say that belief and confession will save. As was stated earlier, the following verses from the Word of God deny the truth of this claim.

REPENT - Luke 13:3 -

I tell you, no; but unless you repent you will all likewise perish.

Repentance is a change of mind that brings about a change of actions.

Romans 12:2

And do not be conformed to the world, but be transformed by the reviewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

CONFESSION - Luke 12:8

Also I say to you, whoever confesses me before men, him the Son of man will also confess before that angels of God.

BAPTISM - John 3:3-7

Jesus answered and said to him, Most assuredly, I say to you, unless one is born again, he cannot see the kingdom of God.

Nicodemus said to him, how can a man be born when he is old? Can he enter a second time into his mother's womb and be born?

Jesus answered, most assuredly, I say to you, unless one is born of the water and the spirit, he cannot enter the kingdom of God.

"That which is born of the flesh is flesh, and that which is born of the spirit is spirit.

Do not marvel that I said unto you, you must be born again.

Acts 2:36-39

Therefore let all the house of Israel know assuredly that God has made this Jesus whom you crucified, both Lord and Christ

Now when they heard this, they were cut to the heart, and said to Peter and the rest of the apostles, men and brethren, what shall we do?

Then Peter said to them, repent and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit.

For the promise is to your children, and all who are afar off, as many as the Lord, our God will call.

Matthew 28:18-20

And Jesus came and spoke to them, saying, all authority has been given to me in heaven, and on earth. Go, therefore, and make disciples of all the nations, baptizing them in the name of the father, son, Holy Spirit."
"Teaching them to observe all things that I have commanded you; and lo, I am with you, always, even to the end of the age. Amen

The sinners prayer that we here quoted occasionally on TV, radio, and in written publications is **not** in the Word of God.

It is the word of men!

Here, Believe, Repent, Confess, and be Baptized for the forgiveness of sins is the Word of God, and it is printed in this article.

Leon Smith
Florence

Paid advertisement

PLAY THE GAME DAY SCORE CARD & Win a \$50 gift card from Lost Pizza Co.

Dr. Zaman Shah

at
Shoals Primary Care

in Sheffield

Board Certified
in Internal Medicine



Dr. Shah is continuing Dr. Syed's legacy of excellent and compassionate patient care with all of his former patients.

Monday-Thursday 8am - 5pm

Walk-ins are Welcome

Dr. Shah is also welcoming new patients.

ALL INSURANCE ACCEPTED

MEDICARE PATIENTS WELCOME



342 Cox Boulevard
Sheffield
256-383-4473
shoalsprimarycarellc.com

MULTI-FUNCTIONAL EXERCISE CHAIR, USES your own weight. \$175. Call 256-942-4489 Florence

RICKY'S PAINTING Interior/Exterior, Free Estimates, I work alone to save you money. 256-394-4406

RESTORERS DREAM! ORIGINAL 1941 Chevy 2-door Deluxe WW 16' Tires. Good upholstery. Owner passed. Must sell auto items. Last offer, \$9,000. Info and pics call 770-458-0281, 850-348-8656, Tony, or email jantuck@att.net Blountsville

LABRADOODLE PUPPIES Will be 8wks old and ready for their forever homes on 12/10 4 males, 5 females \$600 256-577-5039 or 256-577-5038

Dirt Pros Septic & Evacuation Licensed, Bonded and Insured Free Estimates 256-762-6426

ROOFING - LEAKS REPAIRED, Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

MATTHEWS TREE SERVICE
(Shoals Area)
•Stump Grinding •Tree Trimming •Tree Removal
Licensed, Bonded, Insured
BBB Accredited
Steven Matthews, Owner
256-483-5918

VETERANS
with 50% or more service-related disability may qualify for a \$6,800 grant for a walk-in shower. Call Patrick today!
256-627-8007



*Come let us find Hope, Peace, Joy, and Love in Christ
As we gather together this Christmas season*

- December 1— Special Hanging of the Greens Worship, 10:30AM
- December 8 — Christmas Pageant and fellowship Lunch, 10:30AM
- December 15 — Blue Christmas Service, 10:30AM
- December 18 — Dinner then Christmas Caroling & cocoa 5:30PM
- December 24 — Come and Go Communion, 4:00 - 5:30PM
- December 24 — Christmas Eve Candlelight Service, 6:00PM

Wesley Chapel United Methodist Church

11025 County Road 15, Florence Facebook.com/wesleychapelflorenceal

Mary Belle's
FINE ANTIQUES & GIFTS



Join us on Black Friday and Small Business Saturday to find timeless gifts for the whole family and classic holiday decor!

(256)-367-4153
marybellesflorence.com
3103 Florence Blvd, Florence, AL 35634

FIREWOOD FOR SALE! All Hardwood, cured, split, dry stored, 16 to 18 inches long. You Haul \$90 per truckload 256-762-0696.

BIG JUICY'S PAINTING No job too big or small! Painting, gutters, pressure washing. **Free Estimates** 938-212-4422 or 256-263-8321

WANTED DEAD OR ALIVE! Junk batteries, \$5 each. Ranger Battery Co. 426 Royal Avenue. 256-766-0473

COWBOY BOOTS, ARIAT, MEN'S size 10.5D, Heritage Pro Crepe, \$140 OBO. Must see! Never worn. Still in box 256-263-7636.

JR. LAWSON TREE SERVICE, tree trimming, stump grinding, removal. Licensed & Bonded, Free estimates, 256-856-7028

MASONRY WORK - Need small done? Patchwork, steps, mailboxes, remodeling, 30 years experience. Call Shelby 256-412-9085

Thanks for voting us #1 Urgent Care Walk-In-Facility!

Hamilton Family
URGENT CARE
Walk-In Urgent and Family Care



OPEN 7 DAYS:
Mon. - Fri. 8am-8pm;
Sat. 8am-6pm; Sun. 2pm-6pm
Accepting New Patients

COME VISIT US AT OUR NEW FACILITY AT 3515 CLOVERDALE RD.
Right across the street from our previous location



Celebrating 2 Years In Killen

Also visit us in our Killen location at 343 Hwy. 72 (New Moulton location in 2024)

Covid Testing • Televisits Available • We See Kids! • On Site X-Ray
256-284-7706 • www.hamiltonfamilyurgentcare.com

Convenient Online Registration • Most Insurance Accepted Including Medicare and Medicaid

Commentary (Classic)

Our Expectations for Thanksgiving

Originally published in this space November 27, 2013, and just as applicable now.

Thanksgiving is here and many of us can't wait for our mom's ham or turkey and dressing. We always seem to have those special tastes etched in our memories. We know how this dish or that dish will taste before we even sit down.

We know how some people will behave during the day, how the kids will fill the house with familiar sounds, and how Uncle Joe will nod off at the table within a few minutes of finishing his dessert.

These happy Thanksgiving memories gradually mature as the years pass. The kids grow up and have families of their own, adding to the number of chairs and tables used at the meal.

It's easy for the younger generations not to realize how much of a burden Thanksgiving preparation really can be. They may not

See **THANKSGIVING...** on Page 32

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

in the *Shoals*

THIS WEEK

November 27, 2024

Happening
THIS WEEK

Tradition Continues Thanksgiving Meal at the Roundhouse

Thanksgiving Event in Memory of Max



FLORENCE— The 4th Annual Trax4Max 5K Turkey Trot and 1 mile Fun Walk/Run take place Thanksgiving morning, Thursday, November 28 from First Baptist Church (209 N. Walnut St.) in downtown Florence.

Proceeds from this USATF certified event benefit YMCA of the Shoals.

The Trax for Max event is in memory of long-time YMCA supporter and avid runner, Max Barnett who passed away in the fall of 2020 after an extended illness.

"This run is perfect to honor Max as he was an avid runner," said his widow, Whitney, before the inaugural Trax4Max on Thanksgiving Day, 2020.

Athletes with more casual aspirations often choose to take part in the 1Mile

See **TRAX...** Page 16



Colbert County Sheriff Eric Balentine
Times Daily File / Dan Busey

By **Russ Corey**
Times Daily Staff Writer

TUSCUMBIA — Colbert County Sheriff Eric Balentine said one of the goals of his inaugural Thanksgiving Dinner is bringing the community together to share a meal and some fellowship.

The Sheriff's Community Thanksgiving

See **MEAL...** Page 31

THE 2ND ANNUAL THANKSGIVING DAY COMMUNITY LUNCH

in Muscle Shoals called "The Shared Table" is on Thursday, November 28 at the Muscle Shoals Rec Center at Gattman Park from 11am-1pm.

THE CROSSROADS COMMUNITY OUTREACH FRIENDSGIVING

Thanksgiving lunch takes place Thursday, November 28 from 11am-1pm. It will take place in two locations, the parking lot of St Mark Church at 220 East Alabama St. downtown Florence or at Fairground Community Center, 415 Fairground Rd, in North Florence. To volunteer or donate, text 256-284-2218. The event is sponsored by the Long Lewis Foundation and the Florence Parks and Recreation Department.

BASKETBALL MEN

WED., NOV. 27 • 1PM
vs Dalton State
at Flowers Hall

SUN., DEC. 1 • 3PM
at Wofford
Spartanburg, S.C.

98.3 FM & 103.5 FM
Home of North Alabama Athletics

BASKETBALL WOMEN

SUN., DEC. 1 • 3PM
at Arkansas-Pine Bluff
Pine Bluff, Ark.

THUR., DEC. 5 • 6PM
vs Samford
at Flowers Hall

Visit www.roarlions.com for full team schedules and ticket information

TENNESSEE VALLEY ART ASSOCIATION'S Winter Art Market

runs from November 28-December 23 featuring unique, high quality, handmade items in a wide variety of media. For more information, call 256-383-0533 or visit our website at tennesseevalleyarts.org.

YOUR Letters

Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

- **by Mail, in Person, or Mail Slot**
Editor-Courier Journal
219 W. Tennessee St., Florence, AL 35630
- **e-mail: editor@courierjournal.net**
- **FAX- 256-760-9618**

New Facility Names

Editor,

The *Courier Journal* in its August 7 edition printed a letter entitled "The New Facilities." Within this letter, it was suggested that the UNA Media Director issue a press release that that would make it very clear as to how we need to refer to the new facilities. There were also questions about Mike D Lane Field and the Bill Jones Athletic Complex. These concerns have not been answered!

The prior letter noted that a UNA Trustee referred to the new facilities as "one Bank Independent Stadium but the baseball and football fields are going to be separate." The UNA Athletic Director, Josh Looney, stated "UNA hopes to have its

baseball stadium ready for spring of 2025 and its new football stadium ready for 2026." The UNA Media Director stated new facilities "will be known as Bank Independent Stadium and a new UNA baseball field."

In addition, it has not been noted if the name of the previous baseball field, Mike D. Lane Field,

... If there's one thing I hate, it's being cajoled into liking someone I detest before I'm good and ready...



will carry over to the new baseball field, or whether the infield or the press box will carry his name. In addition, nothing has been reported concerning the status of the Bill Jones Athletic Complex – the area that encompasses Flowers Hall and where all this new work is now taking place.

The seating capacity for the new football facility has been reported to be around 10,000. However, nothing has been reported on the seating capacity for the new baseball facility. Will it be standing room only?

It is hopeful that UNA's Media Director will soon clarify the concerns noted above. Roar Lions!

Bill Smoak
Florence

See **LETTERS...** on Page 26

Injured in a Wreck?

Our client recovered \$7,500,000!

NEVER settle for less.



**MCCUTCHEON
— & HAMNER —**
ATTORNEYS AT LAW

mhatty.com
256.333.5000



No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

Notes...

Continued from page 11

Toddler Time Storytime (Ages 18-36 months) - Every Tuesday at the Muscle Shoals Public Library. Join Ms. Amy for songs, stories, and age-appropriate activities. Caregivers must remain with children for all programs.

Florence Parks and Recreation and the Florence Lauderdale Public Library are partners in the Lighting of Wilson Park and 5th Annual Holiday Bike Parade around the park on Saturday, December 7. The park lighting is at 5pm. The bike parade begins at 5:30pm. Show your

creative side by decorating your bicycle with lights, ornaments, ribbons, tinsel, and other festive items. Awards will be given for the best decorated bikes.

The Forest Hills Show Choir will perform immediately following the park lighting. There will be a performance by the Kicks n' Licks band, and Happi Pappi food truck will be on site with beignets and hot chocolate or coffee. Bring your lawn chairs and appropriate weather-related attire.

Register to take part in the bike parade register @ FLPL.Eventbrite.com.

The Community Hope Foundation is seeking dedicated volunteers to serve as reading tutors for K-3 graders, helping children improve their reading skills and comprehension. This is a wonderful

opportunity to make a lasting impact on young learners at a critical learning stage in life! Join Our Reading Enrichment Program!

Volunteers can include retired teachers, current teachers, aspiring teachers, and anyone with a passion for helping children succeed! Volunteers will be asked to submit an application, provide a background check, and commit to at least 2 hours per week during the school year.

If you are interested, please email us at tdpflorence@gmail.com or call/text 256-412-9086. Help us inspire the next generation of readers and lifelong learners!

Historic Sheffield Trolley Tours, resume Sundays, December 8 and 15 at

2pm, departing from City Hall. Explore the rich history of Sheffield this holiday season on an enlightening two-hour trolley tour, guided by historian, Jimmy Austin. Tickets are \$15 and available at the Sheffield Public Library. Seating is limited. Call for more information. 256-386-5633.

Chloe's Fund 6th Annual Santa Paws Christmas Market takes place in the Fellowship Room at First United Methodist Church in Florence, at 415 N. Seminary St.

Shop for assorted gifts on Friday and Saturday, December 6 and 7 from 10am-5pm each day.

Proceeds benefit Chloe's Fund - providing Emergency Care for Florence-Lauderdale Animal Services.

Special Christmas Giveaway Includes Clothes, Decorations, and Treats, along with Infant/Adult Clothes, and Shoes on Thursday, December 5 from 8-10am at the Care Center, First Baptist Church, Killen.

The Florence Camerata, a popular local community chorus, will present its Annual Holiday Concert at 7pm on Thursday, December 5, at the First Presbyterian Church on E. Mobile Street in downtown Florence.

This concert will feature a wonderful variety of Christmas favorites, including traditional carols such as Oh Come, All Ye Faithful, nostalgic ballads such as Twas the Night Before Christmas, Chestnuts Roasting on the Open Fire, and even a clever ditty about Fruitcake! Some of

these songs will feature the choir and soloists as well, and you will come away with happy anticipation of the coming holiday!

Our talented leader is Mrs. Rebecca Rockhill, and our well-respected pianist is Karen Cantrell.

Please make plans to come.... admission is free, but donations are gratefully accepted!

Belgreen High School's Homecoming is Friday, December 6. They will be honoring the Class of 2010 during half-time of the third basketball game. Games start at 4:30pm.

See NOTES... page 33



Are You Turning 65? MEDICARE Health Plan Options Can Be CONFUSING

Our professionals make sure you get the benefits you need.

- Are you a Veteran?
- Are you coming off your Employer's Insurance?
- Do you need Extra Help?

ALABAMA HEALTH GUIDANCE Insurance Specialists can answer all of your MEDICARE questions, and there's never a fee for our services!

Hope Stamps | Anah Fowler | Ikey Fowler | Lee Fowler
Erica Vaughn | Lisa Gargis | Judy Keenum | Heather Fowler
Beverly Stamps White | Caycee Fowler (& Easton)

256-648-5710

885 Florence Blvd, Florence • AlabamaHealthGuidance.com
We do not offer every plan available in your area. Currently we represent 9 organizations which offer 80 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) for help with plan choices.



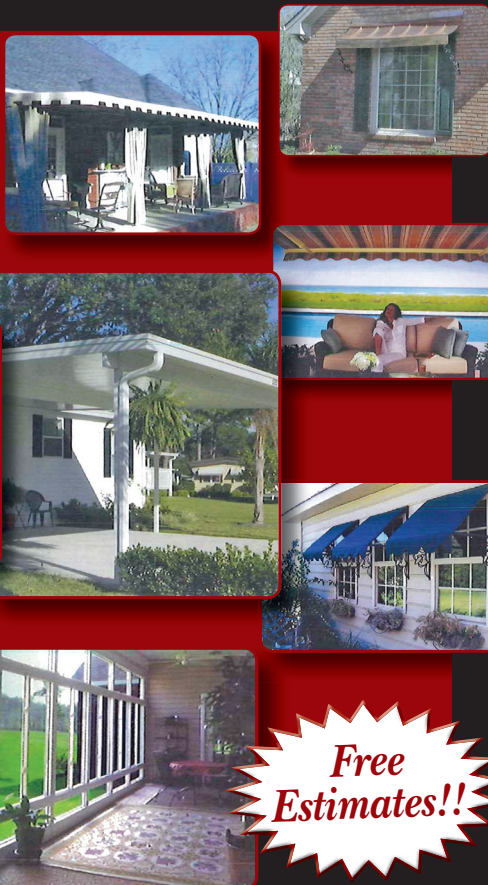
621832-1

620971-1

Alabama Awnings Co., Inc.

Serving Since 1986

Residential and Commercial Awnings



Free Estimates!!

4617 Huntsville Road • Florence
256-767-1900 • www.alabamaawning.com



Trax...

Continued from Page 12

Run /Walk option. Early registration is encouraged through the QR Code with this article or by visiting <https://trax4maxturkeytrot5k.itsyourrace.com/>

The cost is \$40 - 5K or the 1 Mile Fun Run. Race time is 8am. Race day registration and packet pick up starts at 6:30am. Early packet pick up is available November 27 from 10am-6pm at Rock Solid Running Company, 2801 Mall Rd. Suite 12A in Florence.

Barnett was a member at First Baptist where he served as a deacon for 22 years and at the YMCA where he was a board member for 17 years.

More information about the events is available at the Trax4Max or YMCA of the Shoals Facebook page.



WANT TO BUY 1990 Toyota Pick Up. Running or Not. Automatic Trans. Two Wheel Drive 931-505-3969 Florence

JEFFREYS IRRIGATION Repairs, fits, installs. Free Estimates. Call 256-879-8053

McCaig's Garage

Late model and low mileage motors and transmissions. 90 day guarantee. Call Gary McCaig, 256-332-5366.

I BUY CLASSIC CARS

No matter your location, I will come to you. Call Lawrence 931-242-3135 Local Number

CONCRETE WORK: DRIVEWAYS, SIDEWALKS, Curbs, Slabs. No job too big or too small, 30 years of experience. Call Peanut 256-980-2208

MANSELL ROOFING, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

REMODELING CONSTRUCTION 40 YEARS EXPERIENCE Insured. Bathroom remodel, Deck, Fences, etc. 256-762-4357

WALK-IN SHOWER

Professionally installed. Replace that old tub in three days or less, \$6,800. Call 256-627-8007

WE BUY RIDING MOWERS, John Deere, Cub Cadet, Kubota, Craftsman, etc. We will buy it running or not. Give us a call at 256-275-2276

SHOTGLASS GUNS, INC.

Gunsmithing, Repairs, Refinishing, Action & Trigger jobs, Stock work, etc. Cerakote, Refurbishing 103 Taylor Road, Florence 256-349-5051

Shoals Bible Class

Study the Bible at your own pace.

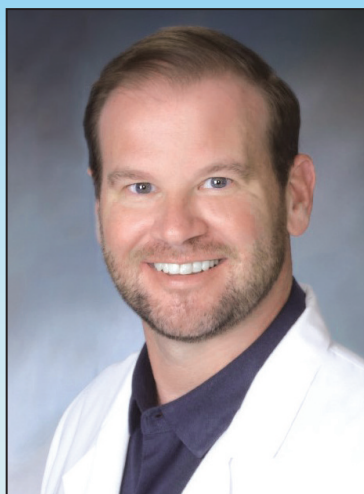
Online, or by mail

- Online lessons - go to ---> shoalsbibleclass.worldbibleschool.org
- Postal lessons - Phone 256-766-3617

Shoals Primary Care

Dr. Brad Ginevan

is Welcoming New Patients in Sheffield



Monday-Thursday • 8am - 5pm

MOST INSURANCE ACCEPTED • MEDICARE PATIENTS WELCOME

Walk-ins are Welcome



SHOALS
PRIMARY CARE

342 Cox Boulevard
Sheffield
256-383-4473

shoalsprimarycarellc.com

10% OFF WHOLE HOME WATER FILTRATION SYSTEMS

CALL TODAY!

256-648-4893

MPE SERVICES

Heating & Air • Plumbing • Electrical
Full Restaurant Repair • LED Lighting

AL#22283

Offer is valid Nov. 1 - Nov. 30, 2024. This is not valid with any other discounts/coupons.

Rosa Parks' Life of Courage

S H O A L S - The Ministers Wives and Widows of the Muscle Shoals Baptist District Association is working continuously through the fourth quarter and into holidays. The Women's Conference, held in October, was focused on encouraging and uplifting the women of the Shoals area. The conference theme was, "The Many Crises Women Faces in 2024." Speakers included Jackie Gregg and Melvia Russell. Minister Dora Nichols gave a word to inspire everyone and prayed for each woman during Altar Call. Her text was from Luke 18:1-8 and her topic was "Endure to the End." She challenged us to reach out to the youth of our community and

help make a difference in their lives.

The Ministers Wives and Widows Auxiliary is planning a Rosa Parks Day program on December 1. The youth of the area will learn about Mrs. Rosa Parks and the courage she had in 1955. Governor Kay Ivey and the Alabama Legislature designated December 1 as Rosa Parks Day in 2018. The Governor said, "May we forever remember her courage and her civil rights contributions." On December 1, 2019, the Governor also participated in the statute dedication for Parks in Montgomery.

Sheryl Hamilton, auxiliary president, is inviting everyone to attend the program on Sunday, December 1 at

12:30pm at Mt. Carmel Baptist Church, at 610 S. Mulberry Street in Tuscumbia. "Our area youth are outstanding," Parks said. "They too can be someone special like Rosa Parks and hold a life of courage."

Parks was a seamstress by trade and a longtime member of the Montgomery Branch of the NAACP. She was arrested on December 1, 1955, after refusing to surrender her seat on a segregated Montgomery bus to a white passenger. The arrest sparked the Montgomery Bus Boycott. Parks was awarded the Presidential Medal of Freedom in 1966 and was the first woman to lie in honor at the U.S. Capitol Rotunda.

Ministers, Wives and Widows of the Muscle Shoals Baptist District Association Courtesy



FORD: ECOSPORT, 2019 \$16,900 OBO. Titanium, white in color, 41K miles, like new. Call 256-436-2300 Hackelburg

HOUSE ARCHITECTURAL FLOOR PLAN 1303 sq. ft. Asking \$200 OBO 256-366-6149

Carter House Moving Specializing in rigging, lifting and moving structures, floor leveling, and replacing damaged floor components. Call or text: 256-275-1570, 256-633-2722

1987 CHEVROLET PICKUP, square body, short wheel base, 5.7 engine, overdrive transmission, runs great! Needs minor cosmetic work. \$7,500, call or text 256-856-2545

CHIHUAHUA PUPPIES, REGISTERED AND full blooded, females, \$735 + males, \$630. Call Ralph 256-303-2406. We deliver!

HYUNDAI: SANTA FE, 2011 \$3,200, SUV, color white, one owner, garage kept, interior/exterior excellent condition, 178,000 highway miles, V6 engine, this car runs great! New tires & battery. Can text photos, Home# 256-353-5562 or Cell# 719-250-3447 Decatur

ALABAMA CRACK MAN
"William James Greenlee III"
Extra Mile Brick
(ALL MASONRY REPAIR)
•Fireplace •Chimney
•Firebox
•Cracked Walls •Loose Brick
•Driveway Cracks •Steps
•Firebox •Tuck Pointing
•Cracked Brick •Stucco
•Stone Work •Concrete
•Historic Restoration
82 AIRBORNE INFANTRY
Combat Veteran
256-797-5281



GOT JUNK OR UNWANTED ITEMS? Junk Removal and Haul Away. Can help with moving anything in or out. Call or text JJ's Junk Removal Service, 256-648-6916

NIKON BINOCULARS with carrying case \$160 448-207-4849 Muscle Shoals

FALL CLEAN-UP

now available
R.D.T. CONSTRUCTION & HANDYMAN SERVICES
Decks, fences, pressure washing, windows, doors, etc.
All general home repair and small construction...
"No Job Too Small!" Veteran owned. Call Brandon Taylor for an estimate at 256-762-0499

St. Vincent de Paul THRIFT STORE
Help Us, Help Others
Serving Families of the Shoals
We will reopen Monday, Dec. 2
Have a Blessed Thanksgiving!
659 South Poplar Street, Florence
(Conveniently Located in Downtown Florence Off Veterans Drive)
256-718-0901 • Mon.-Fri. 10am-4pm, Sat. 10am-2pm
www.facebook.com/SVDPFlorence

The Utilities Board
City of Muscle Shoals
Water & Wastewater Department
WILL ACCEPT SEALED BIDS on the following piece of vehicle until
3:30pm on January 16, 2025.
The vehicle listed may be inspected at the office located at 2001 Wildwood St, Muscle Shoals. This vehicle will be **SOLD AS IS.**
2017 Ford Explorer (White)
1FM5K7D80HGD92730
The Utilities Board City of Muscle Shoals Water & Wastewater Department reserves the right to reject any or all bids, to waive any informality in any bid, and to accept any bid considered being advantageous to the owner.

~ THANKSGIVING ~

This is the time for thanksgiving
A time to be happy, by golly.
Please don't rush the season;
Next month we'll be jolly.

I think of my neighbors,
On both sides of the river.
Some are receivers,
And some are the givers.

Those who have plenty
Share with those in need.
I am thankful for people
Who clothe and feed.

- Gathering coats for
- Cold weather to come,
- Gloves for fingers,
- So they're not numb.

- Donating teddy bears,
- Games, balls, and toys
- To make Christmas happen
- For many girls and boys.

- We stop to thank God
- For our blessings in living.
- On my knees I thank God
- For all of the giving.

~Anonymous

★ **FREE TICKET TO HEAVEN** ★
Simply Pray Daily
• Heavenly Father,
• forgive me of my sins.
• I pray for wisdom,
• guidance, knowledge
• and understanding.
• Amen
• *This will change your life.*
• Dave Campbell

HR Professionals
Our rates are very reasonable and our employment section is seen by potential employees in **over 51,000 Shoals homes each week.**
Courier Journal
Call us for results... 256-764-4268

Dr. Andrew Williams

has just joined

THE INTERNAL MEDICINE CLINIC
in Florence and is



**WELCOMING
NEW PATIENTS!**
Same Day Appointments!

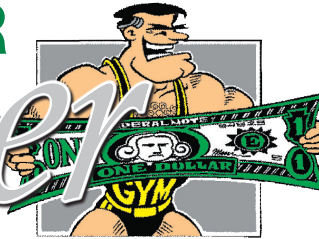
www.drwilliamsimc.com

Call for more info or to schedule an appointment.

THE INTERNAL MEDICINE CLINIC

204 Ana Dr., Florence • 256-767-5940

THE DOLLAR
Stretcher



Want to live better on the money you already make? Visit TheDollarStretcher.com for hundreds of articles to help you stretch your day and your dollar! c. 2024 Dollar Stretcher, Inc.

**NATURAL FEVER
BLISTER FIX**

Last winter, I found the

perfect natural fever blister fix. It's honey! When I feel a blister or cold sore coming on, I put a dab of honey on the spot. This prevents the blister or sore. And, if I already have one, it shortens the duration.
Justine

TOY GIFTS

Before you hit Black Friday or start shopping online, spend some time on Craigslist or thrift stores. You'd be surprised how many people give away toys this time of year. Many of them are in nearly perfect condition. My kids would rather have two or three used toys than one new one. With our budget being tight, that's the exact choice I face, so I'll

be watching Craigslist closely for the next few weeks.
Ashleigh

**INSTEAD OF A FIRE
PIT**

We decided that as much as we loved outdoor fire pits, we found we were limited to how often we could burn due to the level of wind. We decided to put a small wood burning stove with a long smoke stack outside to have year-round contained fireside enjoyment without the worry of the wind blowing. We placed some reduced ceramic tile we picked up at Lowe's in a unique design pattern on the patio and placed the little black stove on top. We are now the talk

of the neighborhood. Everyone loves the stove idea and it's great to stand around after working in the yard on a bitter cold day to warm hands and feet.
Susan W.

**GREAT
ENTERTAINMENT
FOR LESS**

We love to entertain our friends, but dinner for six or eight was stretching our budget. Then we decided to time shift. Instead of Friday or Saturday night dinner, now we do Saturday or Sunday breakfast! Almost anything we do (French toast, waffles, pancakes, eggs, bagels) is cheaper than a dinner menu. And being breakfast, there's no need for a couple of bottles of wine. We still get to see our friends and visit just like before, but now the cost of hosting is a fraction of what we were spending.
Josh

**HOW I GOT OUT OF
DEBT**

Last fall, I was facing a

See DOLLAR... page 24

**Aluminum Carports
and Patio Covers**

Tony Cabaniss
256-577-5990

Chuck Cabaniss
256-702-7881



THE COURIER JOURNAL WILL
**Conclude Business
on Wednesday this week
for the Thanksgiving Holiday.**

**THE AD DEADLINE for the
November Dec. 4 issue is
4pm WEDNESDAY, NOV. 27**



(The Wednesday before Thanksgiving) Call 256-764-4268

**Classified ads placed on Friday, November 29 online
or through the call center will publish Dec. 11.**

Happy Thanksgiving

Closing at 2PM Thanksgiving Day

FOODLAND Supermarkets

Home-Owned, Home-Operated

FOODLAND plus

FOODLAND Marketplace

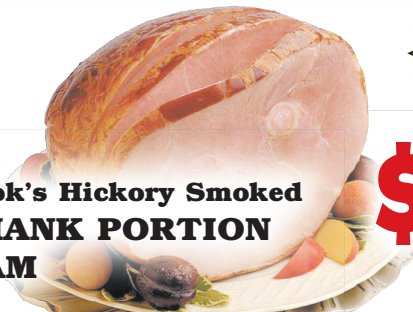


Pride of the Farm Self Basting Young TURKEY BREAST

\$169 Lb.

Lewis BROWN & SERVE ROLLS
12 Ct. PKg.
2/\$4

Cook's Hickory Smoked SHANK PORTION HAM



Cook's BUTT PORTION HAM
\$189 Lb.

\$169 Lb.

Smithfield SPIRAL SLICED HAM (Red Foil Only)



\$269 Lb.

MISSISSIPPI SWEET POTATOES Lb.



39¢

YELLOW ONIONS 3 Lbs.



2/\$4

Family Pack Preferred Angus BONELESS RIBEYE STEAK



SNOW CRAB LEGS
\$1899 2 Lbs.

\$1299 Lb.



Tennessee Pride ROLL SAUSAGE

2/\$6 1 Lb.

CELERY Each



99¢

Sweet California HALOS 3 Lb. Bag



\$499

Blue Bell ICE CREAM 1/2 Gallon or 12 Pk. Cups



\$599

Maxwell House COFFEE 25-27 Oz.



\$799

Washington St. HONEYCRISP APPLES 5 Lb. Bag



\$599

U.S. #1 Idaho RUSSET POTATOES 15 Lbs.



\$699

Domino SUGAR 4 Lb.



2/\$7

White Lily FLOUR OR MEAL 5 Lb.



\$299

Kraft MAYO 30 Oz.



\$399

Food Club VEGETABLES 14-15 Oz.



99¢ 69¢

Crisco VEGETABLE OR CANOLA OIL 40 Oz.



\$399

Mrs. Smith and Marie Callender CREAM PIES 24-40 Oz.



\$599

Food Club CHEESE Shreds, Chunks Or Cubes 6-8 Oz.



\$199

Food Club RELISH 10 Oz.

EDWARD'S PECAN PIES \$599



Quantity Rights Reserved • None Sold to Dealers • WIC & Food Stamps Accepted Not Responsible For Typographical or Pictorial Errors

AD GOOD NOV. 20-DEC. 3, 2024



Fresh GROUND BEEF
73% Lean Family Pack

\$3.49 Lb.



TENDERLOIN STEAKS
\$17.99 Lb.

Preferred Angus Beef WHOLE TENDERLOIN FILLET

\$15.99 Lb.

MEAT



Kentucky Legend WHOLE OR HALF BONELESS HAM

\$4.29



Food Club or Jennie-O Grade A Self Basting YOUNG TURKEY
10 Lbs. & up
Not all brands available at all stores

99¢ Lb.



Preferred Angus Beef Bone In STANDING RIB ROAST

\$11.99 Lb.

SEE BACK PAGE FOR COUPON TO CUT OUT AND USE IN STORE!



Previously Frozen Prairie Fresh 2 PC. SPARE RIBS

\$2.19 Lb.



Family Pack BOTTOM ROUND STEAKS
\$5.99 Lb.

Preferred Angus Beef Boneless BOTTOM ROUND ROAST

\$5.49 Lb.



Sanderson Farms Fresh Boneless Skinless CHICKEN BREAST

\$3.99 Lb.



Prairie Fresh Marinated PORK TENDERS

\$5.99 18.4 Oz.



Prairie Fresh Marinated PORK FILETS

\$7.99 27.2 Oz.



Wrights Stack Pack BACON

\$7.99 1.5 Lb.



Johnsonville FRESH BRATS

\$4.99 19 Oz.



Rudy Farms SAUSAGE PATTIES

\$8.99 3 Lbs.



Land O Frost Assorted Varieties PREMIUM HAM OR TURKEY

\$5.99 1 Lb.



Bryan BACON Regular Or Thick

2/\$7 12 Oz.



Bryan 4x6 HAM Assorted Varieties

2/\$7 10 Oz.

Bryan COCKTAILS
\$2.99 13-14 Oz.

Carolina Pride SMOKED SAUSAGE
\$3.29 14 Oz.

Tennessee Pride SAUSAGE BALLS
\$4.99 16 Oz.

YAM PATTIES Tray Pack
\$2.99 1 Lb.

Bob Evans SIDES
2/\$7 14-24 Oz.

State Fair CORN DOGS
\$3.99 5-6 Ct.

Sweet Potato FRIES
\$3.99 3 Lb.

21/25 Cooked P&D SHRIMP
\$16.99 2 Lb.

PRODUCE



Yellow or Zucchini YELLOW OR ZUCCHINI SQUASH

\$1.49 Lb.



Fresh LEMONS
1 Lb.

\$2.39



Baby Peeled CARROTS
1 Lb.

2/\$3



Collard Greens or TURNIP GREENS Small Bunch

99¢



Ocean Spray CRANBERRIES
12 Oz.

2/\$5



Dole COLE SLAW or Diced SOUTHERN SLAW

2/\$4 Bag



Del Monte PINEAPPLES
Each

2/\$5



CELERY HEARTS
Each

\$2.29



Sweet Baby Supreme CARROTS
12 Oz.

2/\$4



Fresh Gourmet CRISPY ONIONS OR CRANBERRIES
3.5-4 Oz.

\$2.99

FOODLAND Supermarkets **FOODLAND Marketplace** **FOODLAND plus 4**
 Home-Owned, Home-Operated

Food Club CRANBERRY SAUCE
 14 Oz.



\$1.19

French's FRIED ONIONS
 6 Oz.



\$3.99

Del Monte VEGETABLES
 14-15 Oz.



4/\$5

Allens GREEN BEANS, Margaret Holmes & Glory GREENS or VEG-ALL 27-28 Oz.



2/\$4

Green Giant Shoe Peg, Mexi-corn, Yellow & White CORN
 11 Oz.

2/\$3

Sugary Sam or Bruce's YAMS
 29 Oz.



2/\$5

Del Monte FRUIT
 14-15 Oz.



2/\$5

LeSueur PEAS
 15 Oz.

\$1.69

Food Club CONFECTIONER SUGAR
 2 Lb.



2/\$5

Eagle Brand or Meadow Gold CONDENSED MILK 14 Oz.



2/\$5

Duncan Hines CAKE MIX
 15 Oz.



\$1.19

Duncan Hines FROSTING
 16 Oz.

2/\$3

Duncan Hines BROWNIE MIX
 18 Oz.



4/\$5

Pet CANNED MILK
 12 Oz.

\$1.69

Baker's Angel Flake COCONUT
 14 Oz.



2/\$6

Kraft VELVEETA or Deluxe SHELLS & CHEESE DINNER 12-14 Oz.



\$2.99

Idahoan POTATOES
 4 Oz.

4/\$5

Keebler GRAHAM PIE CRUST
 4-6 Oz.



2/\$5

Reynold's FOIL
 50-75 Ft.



\$4.99

Hefty EASYGRIP CUPS
 18 Oz. - 30 Ct.



2/\$6

Hefty PLATES & TRAYS
 21-45 Ct.



2/\$6

FROZEN

Pictsweet VEGETABLES
 12-14 Oz.



2/\$4

Sister Schubert's ROLLS
 10-13 Oz.

\$3.49

Pillsbury 9in PIE SHELLS
 2 Ct.

2/\$6

Mayfield Selects ICE CREAM
 48 Oz.

\$3.99

COOL WHIP
 8 Oz.

2/\$3

DAIRY

Blue Bonnet MARGARINE
 1 Lb.



99¢

Daisy SOUR CREAM
 16 Oz.

\$1.99

COUNTRY CROCK
 45 Oz.

\$5.49

Pillsbury Grands BISCUITS or Crescent ROLLS 6-8 Ct.

2/\$6

Food Club BUTTER
 1 Lb.

\$4.29

Jif PEANUT BUTTER
15-16 Oz.



2/\$5

General Mills CHEX CEREAL
12-14 Oz.



2/\$7

MANUFACTURER COUPON EXPIRATION 1/31/2025

\$2.00 OFF

Any KENTUCKY LEGEND HALF HAM



Redeemable only at participating retailers

LIMIT ONE COUPON PER PURCHASE. Minimum purchase requirement: \$2.00. Any other use constitutes fraud. Void if sold, copied, transferred, altered, prohibited or restricted. Good only in the USA and APO/EPO post office addresses. No other coupon may be used with this coupon. Consumer pays any states tax. Specialty Foods Group will reimburse you for the face value of this coupon plus 8¢ handling if coupon is submitted in compliance with this offer and Specialty Foods Group Redemption Policy. Cash value 1/20¢. Send Coupons to: SFG Company, Interior Dept #75400, Mtn. Ave Office 801 Union Pacific Blvd STE 5, Laredo, TX 78045.

0035600-007901

MANUFACTURER COUPON EXPIRATION 1/31/2025

\$3.00 OFF

Any KENTUCKY LEGEND WHOLE HAM



Redeemable only at Participating Retailers

LIMIT ONE COUPON PER PURCHASE. Minimum purchase requirement: \$3.00. Any other use constitutes fraud. Void if sold, copied, transferred, altered, prohibited or restricted. Good only in the USA and APO/EPO post office addresses. No other coupon may be used with this coupon. Consumer pays any states tax. Specialty Foods Group will reimburse you for the face value of this coupon plus 8¢ handling if coupon is submitted in compliance with this offer and Specialty Foods Group Redemption Policy. Cash value 1/20¢. Send Coupons to: SFG Company, Interior Dept #75400, Mtn. Ave Office 801 Union Pacific Blvd STE 5, Laredo, TX 78045.

0035600-007900

Red Diamond TEA BAGS
24 Quart Size Bags



2/\$4

Zatarains CREOLE INJECTORS
16 Oz.



\$4.99

BISQUICK
40 Oz.



\$3.99

Pit Boss PELLETS
20 Lb.



\$7.99

Mtn. Dew, Sunkist, Starry Or PEPSI
6 Pk 1/2 Liter



4/\$12

Mtn. Dew, Sunkist, Starry Or PEPSI
2 Liters



2/\$4

Mtn. Dew, Sunkist, Starry Or PEPSI
12 Pk. 12 Oz. Cans or 8 pk 12 Oz. Btl.



2/\$11

Aquafina WATER
24 Pk. .5 Liters

AQU Or Lipton TEA
12 Pk. .5 Liters



\$5.99

LAY'S CHIPS
7-8 Oz.



2/\$5

TOSTITOS
9-12 Oz.



2/\$7

ON THE BORDER CHIPS
8-12 Oz.



2/\$4

GOLDEN FLAKE, UTZ, OR ZAPPS CHIPS
7-8 Oz.



2/\$4

BEER & WINE

Yuengling, Miller Lite or Coors Light BEER 24 Pk. Cans **\$24.99**

Budweiser or Bud Light BEER 24 Pk. 16 Oz. Cans **\$25.99**

Stella Rosa WINE 750 MI **\$12.99**

Woodbridge WINE 1.5 Ltr **\$10.99**

DELI & BAKERY

King's HAWAIIAN ROLLS 12 Pack **\$3.99**

King's HAWAIIAN ROLLS 24 Pack **\$7.99**

Savannah CLASSIC DRESSING 2 Lb. **\$6.99**

Leonard's 7" COCONUT OR CHOCOLATE CAKE 28 Oz. **\$13.59**

Closing at 2PM Thanksgiving Day Not Available At All Locations!

AD GOOD NOV 20-DEC 3, 2024

FOODLAND Supermarkets

Prices Good At These Locations ONLY!

KILLEN 1161 Hwy. 72 • 7am-11pm • 256-757-2002

FLORENCE 1708 Darby Dr. • 7am-10pm • 256-767-2227

MUSCLE SHOALS 3001 Woodward. • 7am-11pm • 256-381-7277
3413 Woodward Ave. • 7am-11pm • 256-978-6093

SHEFFIELD Foodland Plus • 106 Towne Plaza • 7am-10pm • 256-381-6552

TUSCUMBIA 103 West 1st Street • 7am-11pm • 256-383-9425

FORD CITY FOODLAND River Road • 7am-10pm • 256-446-5842

ELGIN CROSSROADS ELGIN Forest Plaza • 7am-11pm • 256-247-1958

ROGERSVILLE Rogersville Shopping Ctr. • 7am-11pm • 256-247-1805



Cat & Kids

by Cathy Turner

The Reason

It's the season of gatherings. I just had a gathering at my house that usually happens about twice a year. For years now I've been having the college girls that go to our congregation to my house for dinner, devo, and a craft. It's so much fun! I just love that age group. For the devo, I have the girls write down questions about life that have been on their minds. Then, I

answer the questions with scripture and experiences. These questions have stimulated wonderful conversation/discussion over the years, and it generally brings everyone closer. And for the craft, we paint, we've made toilet tissue pumpkins, and at this most recent gathering, we made snow globes with Mod Podge and Epsom salt. There was lots of laughing and giggling. It's always a

glorious visit and I always end up feeling wonderful... and wiped out. :) It's a good tiredness, but I'll have to admit that it takes a lot to have 15-20 girls in your home.

I did a talk recently and I actually wrote down the steps of my process of getting ready for the girls to come. After years of practice, I have my getting-ready-for-company routine down to what works for me. The prepping list looks something like this: One Week Out - Decide craft. Purchase supplies. Make craft. Perfect the process, etc. Three Days Before - Make grocery list. Get groceries - remember bath tissue. Clean the downstairs bath. (Now I'm tired.) Two Days Out - Clean upstairs bath. Dust and vacuum. (Really tired.) Put away. Remind the girls. The Day Before - Set up the tables, e.g. put in extra leaves, prepare tablecloths and centerpieces. Put out glasses, silverware and the china (the first time you come to eat at my house you get the china treatment - after that it's paper plates). Cook the vegetables. Bake the cakes. Decide what to wear. (Sit down.) Day of the Event - Cook the starch. Cook

the meat. Change clothes and do hair. Cook rolls. Clear kitchen. Put craft materials on tables. Find note cards and pens for devo. Welcome visitors in. Choose and lead an icebreaker. Pray and eat. Make sure everyone gets attention. Give craft and devo instructions. Research life question answers during craft time. Do devo. Visit until 9:30, 10:30 or 11pm. Clean kitchen some.

At what point did I invite Christ in? Looks like way down the list! It makes me think of what Christ said to His friend Martha, who was hosting Him in her house. He said, "Martha, Martha, you are worried and bothered about so many things; but only one thing is necessary." He said that there's only one thing! The rest is just the stuff of life, and God has promised to take care of that. We just need to focus on Christ and listen to Him. But we get all stirred up and entangled in what we look like, what we have, who's coming... Who was Martha trying to impress? Why didn't she just leave the dishes and sit down and delight in her company. What was she trying to accomplish?

This is the question that I meditate on when company is coming - What am I trying to accomplish? What are my God-goals for the gathering? This is what I pray on while I am at the craft store, at the grocery store, cleaning the toilets, making those cakes, etc. I call this prep time my days of "Piddling and Prayer". I genuinely wanted those girls to connect at my house - to get to know each other better, to learn some truth while we were together, and leave my home feeling loved and supported knowing that

God was among us. So, it wasn't when we prayed for the food that I asked Christ in. It was when I started bringing up these girls' needs in prayer, long before they came through my door.

It's definitely not wrong to want your house to look nice for holiday gatherings and such like. But that shouldn't be the main focus. Our loved ones need our attention and prayer. Invite Him in - that should always be the reason for every season.

Email comments or suggestions to CatnKids1@gmail.com

1stoprental@comcast.net 256-383-8855

1 STOP RENTALS

Furniture, Appliances & Electronics

Rent To Own

419 E. 2nd St. • Sheffield

Family Times Thrift Store & DELI

3017 Jackson Hwy Sheffield • 256-712-8831

Weekly Deli Specials & More!

Saturday Football Specials:

- 20 Wings for just \$20!
- Hot Dogs: 2 for \$2
- Cheeseburgers, Hamburgers & Philly Cheesesteaks

Bakery Delights:

- Fresh Cakes, Pies, Brownies & more!
- 16 flavors of hand-dipped ice cream

Call us for large quantity orders!

Thrift Store Alert: Unbeatable thrift deals!

Don't miss our \$5 BAG SALE the last week of every month!

Open Mon-Fri 10am-6pm • Sat 10am-3pm • Closed Sun

FOLLOW US ON facebook

This Could Have Been Us



LIVES ARE FOREVER CHANGED.

The destruction, devastation and hopelessness for those experiencing the fury of Hurricane Helene and its Tropical Storm aftermath is incalculable. Recovery will take years for most of the areas affected. Hundreds are dead, towns are washed away, and some survivors have lost everything and will never fully recover.

With a slightly different storm path, this would have impacted the Tennessee Valley. We can count our blessings, pray for those involved and the ones trying to help, and when possible, donate whatever amount we can to help those in dire need.

Give today through your church, the Red Cross, the Salvation Army, Samaritan's Purse, Americares, or any other trusted charitable organization. Research your national charity of choice at the Better Business Bureau's site, Give.org. Thank you.

A local resident helps free a car that became stranded in a stretch of flooding road as Tropical Storm Helene strikes, on the outskirts of Boone, N.C. on Sept. 27, 2024. Photo Credit: Jonathan Drake, Reuters



THE DOLLAR Stretcher



Want to live better on the money you already make? Visit TheDollarStretcher.com for hundreds of articles to help you stretch your day and your dollar! c. 2024 Dollar Stretcher, Inc.

Continued from Page 18

debt problem, so I got a part-time job at a local retail store. I worked every hour I could get and every dollar I earned went to reducing debt. Not only was that a big help, but because I was so busy, I spent a lot less on the holidays! Friends and relatives knew that I was too busy to shop, so they didn't mind that I shorted them on presents. I'm in much better shape this year, but I'm going to work ahead to finish off repaying those debts that remain.
Aubrey

THE COOK ISN'T FEELING WELL

My husband and I both cook for our family, but it seems if one of us is sick,

the other has all they can do to care for the kids, etc. without cooking dinner. For a few days, the budget gets blown on fast food and pizza. I've decided this winter is going to be different. I've made a few freezer meals that we can quickly prepare when one of us is sick. It wasn't hard to do. I just doubled up on some recipes over the last month. They are mostly casseroles and soups.
Ginny

HOLIDAY DECORATION

We've been close friends with two other couples for years. We like to see each other over the holidays, but it seems like everyone gets so

busy that sometimes we just don't get it done. Two years ago, we came up with a plan. Each year, on the day after Thanksgiving, we visit all three houses. We help each other decorate and share leftovers as we go from house to house. We don't get all the decorating done, but we get a good start. And now we don't feel bad if we don't get to see each other again until January!
Doreen

MAKE COOKING EASY

I used to keep all of my homemade bread ingredients in different places around my kitchen and pantry. Making bread became a hassle. I put some thought into it and now have a baking section under my big dough rising towel in the least stressed corner of my kitchen. It's so much easier now to bake bread and other goodies each week. I wish I had done this years ago.
Glenda

CUSTOM CHRISTMAS GIFTS

My daughter is crafty and wanted to do something for her friends this Christmas. She

couldn't spend a lot of money, so whatever she came up with had to be low cost. I love the idea that she's working on now. She bought some of those white 2' x 4' ceiling

See DOLLAR... page 30

Over 1,000,000 Trading Cards
60,000 Comics
1000's of Funkos



49 Lannes West Drive Killen, AL

Fri: 4-7 • Sat. 8-4
Sun: 10 -4

Shingle & Metal Roofing

- Standing Seam
- Custom Made on Job Site
- Concealed Fasteners
- Competitive Pricing

ALUMINUM GUTTERS

LICENSED, INSURED & BONDED

USA Made Products



Jerry & Chad Gann
GANN'S
Discount Siding, Inc.

Leighton
256-446-9767

Now Accepting (827) 911

Advertising with us is Easy... And Set-up is FREE!

- 1.) Call us for a 2-minute account set-up.
 - 2.) Our Award-Winning ad staff quickly creates your ad with your information.
 - 3.) You approve / modify and pay with card
- Your new ad is on the press, and in over 50,000 mailboxes next week!**



Courier Journal



The state's largest circulation, good news format, and a long shelf life make us a favorite for generations of readers and advertisers alike. One call gets you started...

219 West Tennessee St. Florence 256-764-4268 www.CourierJournal.net

ASK THE ATTORNEY



Thomas McCutcheon

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, P.C., as a service to the residents of NW Alabama.

Negotiation, Mediation, Arbitration or Trial

No insurance company will pay money without proof that money is owed. This is especially true in personal injury cases where documentation of medical expenses, injuries, lost wages and other claims is required. Unless the claim is documented, the claim will not be paid.

Your attorney should know the value of the case after becoming thoroughly familiar with the injuries and medical documents that prove these injuries. A demand letter containing the information needed for an insurance company to evaluate a claim adds to the value of a claim. This letter should address why the other party is at fault and the damages.

At this point negotiation can take place to settle the case. The majority of cases are settled after documentation is obtained and received by the insurance company. This includes documentation of how the bills were paid, whether it was Blue Cross Blue Shield, Medicare, Medicaid or if they were not paid. If the case is filed for trial, most cases are still negotiated for settlement.

Those cases that can't settle are often ordered to mediation by the court. Mediation is an opportunity for all the parties to be present with a mediator who can help the parties reach an enforceable resolution. We mediate a lot of cases. The mediator does not have the authority to decide the case absent an agreement between the parties.

If a case is not settled it is then referred over for a trial. A trial will resolve the issues one way or the other. Outcomes at trial can be good, bad or indifferent. It is that uncertainty that truly promotes settlement through negotiation or mediation. A trial means that a judge decides what law applies and the jury decides what the facts of the case are and then applies the law to the facts to render a decision known as a verdict, stated in dollars, or for the defendant.

Certain types of contracts contain agreements not to go to court but to instead arbitrate. Automobile purchase contracts almost always contain an agreement to arbitrate. These agreements are enforced by the court. During arbitration both parties present evidence that is generally admissible but under a more relaxed evidentiary standard and the arbitrator makes the final decision. Arbitration decisions are generally not reviewable by the courts.

Buckle up, drive safely, and as always, your referrals are appreciated! 256-764-0112

Please send the questions to: "Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631

or visit our website at: www.mhatty.com

facebook: McCutcheon and Hamner, P.C.

We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted.



MCCUTCHEON & HAMNER
ATTORNEYS AT LAW

Take Note...
of your Community.



Community Notes

Food Outlet

This Ad Good November 27-December 3, 2024

2503 North Wood Ave. • Florence
256-766-0456

Hwy 200 • Central Heights
256-349-2377

We Welcome WIC & Food Stamp Shoppers. Quantity Rights Reserved. None Sold To Dealers.

The Price You See On The Shelf, Is What You Pay!

<p>USDA FRESH ANGUS FAMILY PACK GROUND BEEF \$2.98 LB.</p>	<p>KENTUCKY LEGEND HICKORY BACON \$4.28 1 LB.</p>	<p>KENTUCKY LEGEND 1/4 SLICED BONELESS HAMS \$4.98 LB.</p>
---	---	---

<p>OSCAR MAYER WIENERS 2/\$3 1 LB.</p>	<p>OSCAR MAYER THICK SLICED BOLOGNA 2/\$4 1 LB.</p>	<p>GRADE A FRESH FRYER LEG QUARTERS \$6.88 10 LB.</p>
---	--	--

<p>22-25 OZ. FOLGER'S COFFEE \$8.98</p>	<p>19 OZ. FOLGER'S DECAF \$9.98</p>	<p>15-16 OZ. BUSH'S BEANS & PEAS 5/\$5</p>	<p>16 OZ. BUSH'S CHILI BEANS 2/\$3</p>	<p>24 OZ. LOG CABIN SYRUP \$2.98</p>
---	-------------------------------------	--	--	--------------------------------------

<p>18.3 OZ. DUNCAN HINES CHEWY FUDGE BROWNIE MIX \$1.38</p>	<p>21 OZ. SUCCESS BOIL-N-BAG RICE \$3.48</p>	<p>13.5 OZ. KELLOGG'S POP-TARTS \$2.98</p>
---	--	--

DAIRY SPECIALS PRODUCE SPECIALS FROZEN SPECIALS

<p>16 OZ. DAISY SOUR CREAM 2/\$4</p>	<p>5 LB. BAG RUSSET POTATOES \$2.38</p>	<p>1/2 GAL. BLUE BELL ICE CREAM \$5.88</p>
--------------------------------------	---	--

<p>1 LB. LAND-O-LAKES BUTTER \$4.48</p>	<p>LARGE CALIFORNIA NAVEL ORANGES 78¢ EACH</p>	<p>10-13 OZ. SISTER SCHUBERT ROLLS \$3.88</p>
---	--	---

<p>8 OZ. FOOD CLUB CHEESE BARS/SHREDS \$1.78</p>	<p>12 OZ. DOLE CLASSIC COLE SLAW 2/\$3</p>	<p>2 CT. PILLSBURY PIE CRUST \$2.88</p>
--	--	---

<p>6 PACK 1/2 LITER BOTTLES COKE PRODUCTS 3/\$12</p>	<p>6 PACK 1/2 LITER BOTTLES SPRITE PRODUCTS 3/\$12</p>
--	--

SIGNS OF THE PAST

BEAR CREEK MOUND

The village site was occupied as early as 8000 B.C. by hunters who stayed only long enough to prepare their kill. From the time of Christ to 1000 A.D., migratory people of this area practiced limited agriculture.

The nearby fields and streams offered an abundance of nuts, fruits, game and fish. These people shaped this mound and built a crude temple on its summit to house their sacred images.

Location: 34. 8062°N, 87.6314°W
Natchez Trace Pkwy, 200 ft W of Colbert Co line

This new 2024 Walk of Honor Marker honors Almeda Fowler, an early film actress. Born in Florence on February 27, 1886, Almeda was married to Alfred Henry Reeves (1907-1940). She died in Los Angeles on September 8, 1964, at the age of 78.

~ Courtesy David Currott ~ author of Historical Markers & other "Signs of the Past"

Letters...

Continued from Page 14

They Seem Sensible

Editor,

My name is Jim. I'm a recovering voter. I watch Bill Maher's Friday night TV show and appreciate that he'll scorn left-leaning thinkers almost as much as conservatives. But he's been getting on my nerves.

He's had some guests I don't care for, both Democrats and Republicans. I consider all viewpoints. At least, I think I do. What irks me is that Maher humanizes them. With him, they come across as sensible, self-effacing, and—this really hurts—likable. If there's one thing I hate, it's being cajoled into liking someone I detest before I'm good and ready.

My father told my brother and me that, if we're honest, the people we don't like are those we don't know very well. I've found this to be true, especially of candidates most of us never meet.

I'm also struggling with confirmation bias; adopting a point of view, then only considering information that

supports that view. I attribute my struggle with this affliction to congressional wrangling since January 6, 2021.

I counter this condition through journalists like S.E. Cupp, Gene Lyons, Mona Charen, Fareed Zakaria, and David Brooks. They are my 12-step program to stop my slide into confirmation bias.

The good news is, I hear this program still has openings—assuming that prospective members admit they have a problem.

Jim Newton
Itasca, IL

Football a Religion?

Editor,

I've seen a few incidents that make me wonder if it's true football is a religion.

At a funeral a few years ago, I read a sign posted on the chapel door. It said, in effect, not to talk about the day's earlier football game since the family had been busy and planned to watch the recorded game after the funeral concluded. I wondered who they

thought might have stepped in to speak a word of comfort to the grieving family and brought up football, or worse, ribbed them about their team's defeat? And furthermore, it would seem the grieving family would not have cared on that day about a ballgame.

The second incident I heard about from a music minister friend.

Baptist churches used to have "pack-a-pew" nights in revival meetings, offering recognition or prizes to those who brought the largest number of people. My friend said they had an Alabama/Auburn pack-a-pew night and encouraged attendees to wear team colors, but some of their members almost came to blows before the service began!

I've known churches who sponsored an Alabama/Auburn canned food drive, and I participated once in an Alabama/Auburn blood drive. In these events, even the "losers" won since it benefited worthy causes. But the idea of getting angry at a revival meeting takes the cake.

A pastor friend customarily wrote a caution in his church newsletter the week before the Iron Bowl game (Alabama vs. Auburn). He reminded everyone it was just a game, and some would be sad, and some would be happy that Sunday, and everyone must be kind. This so impressed me that I've followed his example that momentous week. (I understand the Egg Bowl in Mississippi elicits the same kind of strong feelings!)

I myself once fell prey to this kind of good-natured ribbing. Rhonda was our church's summer youth intern, and I recognized her on the final Sunday before she returned to college. For some reason I spoke some off-the-cuff words about her school being different from my school. Elton McGaha came to see me the next day.

"Michael, you know I love you, but what we do in this church on Sunday is more important than football."

I took his words to heart.

I told this story in January 2020 when I conducted Elton's funeral at the First

Baptist Church in Selma. I remain grateful for his tutelage.

Like everything else in life, we must seek proper balance and be sure loving God and loving others weighs heaviest on the scale.

Michael J. Brooks
Alabaster

Hegseth is a True Leader

Editor,

The country is preparing to celebrate a 250-year anniversary. History of this remarkable country has been dependent on the contributions of many brave individuals.

During the American Revolutionary War, most of the generals were in their mid-to-late 30s, with some notable exceptions like the Marquis de Lafayette who became a major general at the young age of 19.

George Washington was a relatively young general at the start of the revolution and was only in his mid-40s when he became commander-in-chief.

We forget that it is the acts of young men who define our destiny – the young who die protecting our freedoms and protecting our futures.

I'm sending this because I think Pete Hegseth is a truly remarkable leader who grasp what needs to be done to define the path to be followed to maintain the 'land of the free and the home of the brave'.

Jerry W Peyton
Owensboro, KY



The Best Value for Your Advertising Dollar!



256-764-4268

MEDICARE INSURANCE Questions?



Get Answers!

Call **Derrick Gargis**

(256) 335-3384



We do not offer every plan available in your area. Currently we represent 5 organizations which offer 56 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.

FIREWOOD FOR SALE:

Seasoned and Split 4x4 rick \$65 you pick up. Fire pit bundles \$10. Call 256-349-9601 or 256-443-7395 Leave Message

TRI-CITIES MEMORIAL GARDENS, two lots conveniently located by street in garden of Apostles \$1500 for both, plus transfer fee 256-335-3536

CERAMIC PET WATER FOUNTAIN never used \$35 256-686-1227

JIMMY'S MOWER SHOP buying and selling lawn & garden equipment. Call 256-284-0364 after 12pm daily, no text

FREE PING PONG TABLE, you pick up. Bunk Beds with mattress \$150. Call 256-483-8352

LAWCARE AND MORE, NEAL'S LAWNCARE Leaf Removal Free Estimates 256-284-8243.

DIVORCE as low as **\$300** Uncontested Excludes costs

DIVORCE:

- Child Support
- Custody
- Visitation
- Modifications
- Former DHR
- Child Support Prosecutor with 40 Years Experience

Law Office of Robert F. Smith

521 E. Tennessee St. Florence
256-764-ATTY (2889)

A Divorce & Family Law Practice
www.ShoalsFamilyLaw.com

Fees quoted by phone ALL CREDIT CARDS

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

AUTOMATIC GATES, ALARMS AND CAMERAS
fullhome securities.com
866-540-4283

ANTIQUe CORNER CABINETS, antique China cabinets, antique bedroom suite, large dining room table with 6 chairs and 2 captains, antique marble top table and sofa tables, other items. 256-483-9871 256-366-9163

HANDYMAN SERVICE
Ceramic Tile Installation, Bathtub Resurfacing, Bath Remodeling, Decks, Doors and Windows.
Call for all your home repair needs.
Bobby Greene 256-366-6641
bobbygreene93049@gmail.com

DRYWALL REPAIRS & PAINTING
No Job too big or too small
30 years experience.
Call Thomas 850-774-0158

TREE COMMANDER TREE SERVICE
Tree Removal, Debris Removal, Tree Trimming, Veteran & Senior Discounts. Free Estimatees. All Major Credit Cards accepted.
Kane Rice-Owner
256-600-3239
Licensed & Insured

CHRISTMAS ELF COOKIE JAR 12" tall, excellent condition. \$5 256-320-5499 Leave message. Muscle Shoals.

SEASONED FIREWOOD Oak and Hickory \$150 pick-up truck load (delivered) Call 256-633-2765

WE BUY JUNK CARS, Trucks or Vans with or without titles, Call Joel 256-303-7609

TWO BURIAL PLOTS Tri-Cities Gardens, includes 2 vaults and marker. Easy access 256-627-3501

This Week Only
November 27 - December 3

1/2 OFF

ALL HOUSEWARES

THE BLUE DOOR THRIFT STORE

4129 Helton Dr., Florence • 256-766-4923
SHOPPING HOURS: Tues., Wed., Fri. 9-4 • Sat. 10-1
Donation Hours: Mon-Fri 7:30am-3:30pm, Sat 9am-2pm

Thinking of Selling Your Unwanted Diamonds & Gold?

Bring Them to the Jeweler You Trust.
We Pay Top Dollar

G GROGAN JEWELERS BY Lon

285 Cox Creek Parkway • 256-764-4013
Shop groganjewelers.com

Shoals Discount MATTRESSES
705 Avalon Ave • Muscle Shoals • 256-383-6611

Rest Better With A New Mattress

- Twin Mattresses starting at only **\$79.99**
- Full Mattresses starting at only **\$99.99**
- Queen Mattresses starting at only **\$99.99**
- King Mattresses starting at only **\$299.99**
- Ashley Hybrid Mattress starting at only **\$299**
- MLily Or Beautyrest Black Label.... **50% OFF MSRP**

Mon-Fri 10am-5:30pm • Sat 10am-4pm
Like Us on Facebook @ www.Facebook.com/ShoalsDiscountMattresses

Welcome to the Shoals & Medical Associates

Cameron Bonds, MD



Now accepting patients!
(256) 383-4447
www.medshoals.com

A native of Tishomingo County, Mississippi, Dr. Cameron Bonds is board-certified in Family Medicine. He received his medical degree from the University of Mississippi School of Medicine. He is now seeing patients at Medical Associates of the Shoals in Sheffield.

Helen Keller Hospital
www.helenkeller.com

Checklist for Heaven
Get Ready, Time is Short

The **only** thing of worth is your soul. Make sure you're going to Heaven with God, and not Hell alone in suffering, darkness, and torment forever. Please take this quiz to make sure Heaven is your destination!

- I Realize** that I am a Sinner – Romans 3:23
- I understand** that sin has a price; death – Romans 6:23a
- I know** that no good deed will get me to Heaven. Ephesians 2:8-9
- I know** God loves me and Jesus Christ died for my sins – Romans 5:8, John 3:16
- God tells me He has a **gift of eternal life** for me – Romans 6:23b
- I prayed from my heart**, for God to forgive my sin and for Jesus to be my Savior – Romans 10:9-10
- I knew** after I prayed that the Lord had saved me – Romans 10:13
- I felt** born again and cleansed of all my sin – John 3:3

God gave you free will to choose His love. God loves you, put down your pride, and start doing things God's way before it's too late. – Luke 12:18-20

If this was a blessing to you, we would like you to come worship with us.

Elgin Missionary Baptist Church
10567 Highway 72, Rogersville, AL 35652 • (256) 633-2255
Sunday School 9am, Service 10am, Wednesdays 6pm
Visit our website @ elginmbc.org

Knox Media, Florence Park & Rec Host Thanksgiving Event

FLORENCE—Knox Media Group and the Florence Park & Recreation Dept. hosted “Thanksgiving in the Park” on Sunday, November 17 as an event to help giving back to the community, especially

during these challenging economic times. Knox Media Group’s goal was to provide nourishing meals, fellowship, and essential items for free to those who were interested.

unity,” said Moshiu T. Knox, owner of Knox Media Group, “It was a heartwarming sight to see everyone coming together to support one another and to share in the joy of the season.”

Appreciation goes out to everyone who contributed to the success of this event.

Close to 1,000 members of the community turned out and the success of this event would not have been possible without the generous support of the many sponsors, participants and the efforts of many volunteers. Your contributions and dedication have made a significant difference in the lives of many families.

“On Sunday, we felt that we brought together a diverse group of people in a spirit of love and



Deborah White and Jason Ethridge help serve meals to those in attendance.

Courtesy photos Knox Media Group



L-R: Moshiu Knox, Tomeka Tubbs, Kaelin Denton and Montrell Reeder.



L-R: Belinda Baugh, Makynnee Clanton, and Tomeka Tubbs.



UNITED BENEFITS | WHEN WE UNITE, YOU BENEFIT.

MEDICARE MADE EASY

Medicare plans can change every year. That's why it's important to find the best Medicare plan to fit your needs. A United Benefits Medicare Specialist can assist with:

- Medicare Advantage Plan
- Medicare Supplement Plans
- Prescription Drug Plans
- and more!

THE ANNUAL ELECTION PERIOD IS OCT 15 - DEC 7

SCHEDULE A FREE ONE-ON-ONE CONSULTATION

Call 256-980-1744 or stop by the office (address below).

You can also schedule an appointment online by scanning the QR code or visit <https://unitedbenefits.com/shoals-medicare>



Moments in Time



• **On Nov. 25, 1990**, following a severe thunderstorm on Thanksgiving Day, Washington State's historic Lacey V. Murrow Memorial Bridge broke apart and sank to the bottom of Lake Washington. Its disintegration was slow enough for news crews to capture the entire event on camera and broadcast it to a fascinated audience throughout western Washington.

• **On Nov. 26, 1864**, Oxford mathematician Charles Lutwidge Dodgson, better known to us today by his pen name, Lewis Carroll, sent a handwritten manuscript called "Alice's Adventures Under Ground" to 12-year-old Alice Liddell. One of the earliest stories written solely to amuse rather than teach children, it became a beloved and much-adapted classic and is still the author's best-known work.

• **On Nov. 27, 2005**, Aerosmith's Steven Tyler and Joe Perry of Aerosmith, along with rapper 50 Cent and other notable music celebs, took to the stage as featured performers in New York City's Rainbow Room at the \$10 million bat mitzvah of 13-year-old Elizabeth Brooks.

• **On Nov. 28, 1582**, 18-year-old William Shakespeare and 26-year-old Anne Hathaway paid a 40-pound bond for their marriage license in Stratford-upon-Avon. Their first child, daughter Susanna, followed six months later.

• **On Nov. 29, 1942**, coffee was added to the list of rationed items in the U.S. in spite of its record production in Latin American countries, due to high demand for the bean as well as shipping needed for other purposes.

• **On Nov. 30, 1954**, a 7-inch meteorite weighing eight and a half pounds crashed through the roof of Elizabeth Hodges's house in Sylacauga, Alabama, bounced off a radio, and struck her hip as she slept on her living room sofa. Although badly bruised on her hip and leg, she was not permanently injured.

• **On Dec. 1, 2020**, South Korea, which normally requires its men to enlist in the military by the time they turn 28, passed a law to defer such service until age 30 for K-pop stars who have "elevated the country's cultural influence around the world."

(c) 2024 King Features Synd., Inc.

PACE SEPTIC SOLUTIONS & CONSTRUCTION
 Septic Tank Installations and Repairs.
 Senior Discounts
 Licensed & Insured
 Spencer Pace 256-951-6149

RICK'S STUMP GRINDING

 Low prices and Free estimates, 256-740-2363
 if no answer, leave message

CADILLAC: DTS, 2007 Gray, runs great and good tires. less than 85,000 miles. 256-349-3507

WANT TO BUY: THE Heritage of Morgan County, Alabama book. If you have one please call me at 256-612-1387

I BUY CAMPERS TRAILERS & MOTOR HOMES
 All Types, Ready to go, or if they need work, for **\$FAST CASH\$**
 Call Lawrence 931-242-3135
 Local number

NORTH ALABAMA LAND CLEARING, LLC. Insured and Licensed. Over 40yrs experience. Free estimates. Forestry mulching, Excavation, Dozer, Skid Steer Work, Bushhogging, Driveways, Garage pads, House pads, Ponds, all types of land clearing and demo work. No job to large or small! Call Bobby Wallace 256-810-7197

IN NEED OF FREE YARD WORK
 Church organizations, volunteers appreciated 256-710-2195

SKID STEER WORK, Mini-X Work, Dirt Work, Mulching, Clean-up Work, Excavating, Water line installation. No job too big or too small. Licensed & insured. Owner/Operator Vince Lewis 256-710-7085

MANSELL ROOFING, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

NEED HEALTH INSURANCE?

You may qualify for coverage through the marketplace. Get **LOCAL** assistance and a **FREE** quote. Let's talk!

Depending on your family size and household income, your premium may be as low as **\$0 per month**, based on the plan you choose!



Heather Fowler and Erica Vaughn are available to assist you with an ACA plan.

They can enroll individuals in health insurance with Blue Cross and Blue Shield of Alabama.*



www.AlabamaHealthGuidance.com
(256) 648-5710

Ask about specific enrollment times for those who qualify.



885 Florence Blvd.

We are independent agents of Blue Cross and Blue Shield of Alabama. Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross and Blue Shield Association.

DONALDSON BROTHERS FLOORING LLC

FAMILY OWNED AND OPERATED SINCE 1944

- ◆ Luxury Vinyl Tile
- ◆ Hardwood ◆ Laminate
- ◆ Residential & Commercial Carpet

OPEN: MONDAY - FRIDAY 8 a.m.-4:30 p.m., SATURDAYS BY APPOINTMENT

Find us on Donaldson Brothers Flooring, LLC

28495 County Rd. 14, Florence • 256-766-0429

Get an early look at next week's issue with the...

Courier Journal Page-Flip Edition

Always available on our homepage by sunrise Tuesday morning - www.CourierJournal.net

Courier Journal sponsored by: **FULLER**
 HEATING • AIR CONDITIONING • PLUMBING & ELECTRICAL

Thank you for letting us care for you!

MEDICAL ASSOCIATES OF THE SHOALS

4 Convenient Locations

- 2735 Cloverdale Road, Florence
- 351 AL Hwy 64, Killen
- 1106 N Cave Street, Tuscumbia
- 1120 S Jackson Hwy, Sheffield

256-383-4447

www.medshoals.com

Med Spa OF THE SHOALS

We now offer Med Spa Services!

- IV Therapy
- Botox/Jeuveau/Filler
- Laser Skin Rejuvenation
- Laser Hair Removal
- Facials/Chemical Peels
- and so much more!

256-383-4447 (option 2)

www.medshoals.com/medspa



McClish Builders
 Licensed and Insured
 Nelson A McClish, Owner • 256-627-7002
 Alabama Homebuilders License #27376
 McclishBuilders@yahoo.com

**AUTOMATIC GATES,
 ALARMS AND CAMERAS**
 fullhomesecurities.com
 866-540-4283

**MATTHEWS TREE
 SERVICE**
 (Shoals Area)
 •Stump Grinding •Tree
 Trimming •Tree Removal
 Licensed, Bonded, Insured
 BBB Accredited
 Steven Matthews, Owner
 256-483-5918

**THE DOLLAR
 Stretcher**



**Continued
 from Page 24**

**931-279-1604 YOUR
 ULTIMATE HANDYMAN**
 Painting, drywall repair, minor
 electrical repairs, pressure
 washing, plumbing, bathroom
 remodeling, deck building,
 wood rot repair, floor refinishing,
 gutter cleaning, and more!

ROOFING - LEAKS REPAIRED
 Chimneys Flashed, Valley Repair
 All Work Guaranteed. Free esti
 mates, 256-383-3218

DECKS AND FENCES - FREE
 Estimates. Call me at 256-856-
 4662. References available.

BAMA ALUMINUM CO.
 Aluminum Patio Covers • Carports • Screen Rooms
MADE IN THE U.S.A



For FREE Estimate CALL TODAY!
 256-668-9890 • Darrell 256-980-9304

BamaAluminum.com
 2310-B Woodward Ave. • Muscle Shoals
 Facebook/BamaAluminum



tiles at Lowe's. She cut them into smaller 2' x 2' pieces. She's using them to make customized bulletin boards for her friends. Using stencils she found on the internet, she's putting her friend's name on the board with acrylic paints that she already has from other projects. On some, she's stapled pictures of things that the person loves. She's also added pictures of her friend and others from their group. It's costing her almost nothing, and it is so personal!
Simon

HANDY PATCH

We were on a camping trip when my son's bike tire started leaking. I didn't have a spare inner tube, so I got creative and covered the puncture with a 2" x 2" piece of duct tape. I made sure the tube was clean, so it stuck. Then I covered that patch with a larger 3" x 3" patch. I reassembled the tire and it's been holding air for nearly a year now. I had a similar problem with our above ground swimming pool this spring. There was a small hole below the water line. Once again, I cleaned the area well, cut a small duct tape patch, and applied it with a second larger patch on top. I put it on the inside of the lining, so the water forces the tape against the liner. It's worked fine all summer! They say you can fix anything with duct tape, but who knew it was true?
Ryan

OLDER CAR SAFETY

If your car is more than a few years old, your headlight lenses have probably gotten cloudy, which means you're not seeing as well as you should when driving at night. You can buy a lens cleaning kit, or you can do it yourself. A wet towel and some baking soda is all you need. Sprinkle the baking powder onto the wet hand towel and rub the headlight cover. Avoid the surrounding metal. The baking soda

**Let's talk
 life insurance**

Contact me today



Bert Bretherick
 Agent

2912 Hough Road
 Florence, AL 35630

Bus: 256-764-2241
 bert@agentbert.com
 www.agentbert.com



**ONLINE AUCTION
 TRACTOR - GUNS - AMMO
 TOOLS
 18240 CR 8, Florence, AL
 Nov. 24 thru Dec. 4**

Partial List: 2018 John Deere 5065E 4WD (535hrs) w/JD 520M loader, bucket & hay spear, Bush Hog BH 217 rotary cutter, Homesteader 18ft enclosed trailer, Apollo 250RX dirt bike, 1979 Chevy C10 4WD, **Rifles:** Remington, Winchester, Henry, Ruger, Marlin and more. **Shotguns:** Browning, Remington, Winchester, Mossberg and more. **Handguns:** Smith & Wesson, Ruger Taurus and more. Barnett Predator Crossbow, lots of ammo, knives, generators, welders, pressure washers, air compressors, saws, airless paint sprayers, many wheels/tires, boxes of motor, Craftsman tools and more.



Bid Online at:
kingrealityandauction.hibid.com
Open House: Sun., Nov. 24th 1- 3pm
Pick Up: Dec. 7th 9 - 3pm

Terms: Cash or good check day of item pickup. Debit and credit cards accepted through online auction website. Seller reserves the right to accept or reject any and all bids. Personal Property will be sold "AS-IS" without warranties of any kind. All guns will be delivered to a FFL dealer for transfer of ownership. All bidders must meet State & Federal gun law requirements and be of legal age to bid on guns and ammunition.



KING
 REALTY & AUCTION CO., INC.
 256-766-9600
 KINGREALTYANDAUCION.COM
 HENRY J. KING, BROKER (AL #5403 - TN #6919) • PAUL KING, III (AL #5354 - TN #7184)

As a Thank You for your
 Tireless Service to our Community,
**We're Offering First
 Responders**
**\$25 Off Any Service &
 \$250 Off Any
 Heating & Cooling Unit!**

Just give us a call to schedule your service or install,
 and be sure to let us know you're a first responder.



256-764-7386 | www.jchamm.com
 Heating/Air Conditioning • Equipment Replacement • Repairs • Maintenance
 Air Purification • Financing Options Available • AL LIC# 83391

See DOLLAR... page 37

PEACOCKS, BLACK SHOULDER. 2 males 3 months old. 6 yearlings, 3 males 3 hens. \$100 each. Text 256-710-8294

MANSELL ROOFING, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

Meal...

Continued from Page 14

Dinner will be held on Thanksgiving Day at the Tuscumbia Depot and Roundhouse downtown.

"I've seen it done in other places," Balentine said.

He said there are also other goals he wants to achieve.

"The goal here is to do several different things," Balentine said. "I want to feed people who don't have any food. I want to feed people who have food, but don't have anyone to share the holiday with."

Another goal is for the community to enjoy a complementary meal and have some fellowship, perhaps with someone they haven't seen in a while.

Balentine said the dinner will be served at the Roundhouse beginning at 11 a.m.

"I'll say a few words, someone will say the blessing," Balentine said. "I'll be serving food. Hopefully some of the elected officials will help me."

He said there will also be meals served from the Cherokee Senior Center, but those will mainly be meals that are taken to homebound residents and people who cannot leave their homes.

According to a flyer announcing the dinner, contact the Colbert County Sheriff's Office via Facebook messenger to reserve a plate for delivery.

The sheriff also said he is accepting volunteers to help serve and distribute meals.

He thanked the city of Tuscumbia for allowing him to use the roundhouse for the event.

Balentine said several local businesses have stepped up to make the event happen, including several Shoals restaurants that will be providing food and fresh produce.

He said meals will be served until they run out of food.

All people have to do, he said, is "come through the door" and enjoy the meal.

"I just felt like it's something that needs to be done," Balentine said.

Originally published November 18, 2024, at TimesDaily.com

DODGE: CHARGER, 2023 Daytona 392 Only 600 Miles!! One owner car. Red exterior. \$49,500 256-394-3264 Tuscumbia

HICKORY WOOD 1/2 PICKUP Load \$50, Call or text before 7 pm, 256-702-6239

BUYING ESTATES: Flatware, Silver, Gold, Jewelry Coins and Platinum. Call 256-443-2439

HOME IMPROVEMENT EXPERT

Kitchen/Bath Remodel, Flooring, Windows, Doors, Trim, Carpentry, Tile, Drywall, Siding
931-279-1604

CKC REGISTERED BORDER COLLIE PUPPIES Born 8/14/2024 Fully Vaccinated, dewormed, call 256-349-8585 for more information.

Horne Salvage

Used Auto & Truck Parts

256-764-5538



We Buy Used Cars, Junk Cars & Light Duty Trucks!

616124-1

RICK'S STUMP GRINDING

Low prices and Free estimates, 256-740-2363
if no answer, leave message

RAPTURE EMERGENCY MEDICAL SHEARS, Gold, glow in the dark handle, asking \$20 OBO 256-263-7636

THE COURIER JOURNAL - We're Good For Your Business!

ANTONIO'S REMODELING & PAINTING
Interior/Exterior, Roofing, Water Damage, Carpentry, Drywall, Decks, Showers. Licensed and Insured. Free Estimates.
256-577-8660

STATE-LINE SEPTIC PRO, LLC.
SEPTIC & PLUMBING
256-702-6100
PLUMBING PATROL IS ON A ROLL!

Courier Journal ADOPT A FRIEND

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

Meet Larkin! She is just about a year old and she has been at the shelter for almost 5 months. This adorable girl is shy and timid but we think she's a really, really sweet girl. Larkin offers sweet tail wags, she looves food, she likes playing in water, and she has been playful with other dogs at the shelter. This beauty needs more life experience and help building her confidence so she can find a home! The adoption fee is currently \$50 and includes everything your new pet needs to be on track for a happy, healthy life: vaccines, a microchip, spay/neuter, and heartworm test. Please call or come by **Florence Lauderdale animal services 256-760-6676** to meet this precious pup.

Meet Pastel! This pretty lady is fun and energetic. She will definitely keep you smiling and entertained. She recently went on a doggies day out to the park and had the best time. Pastel walks great in leash and loves car rides. She would make a great travel, work or snuggle buddy. Pastel has a beautiful coat and well as personality. The adoption fee is currently \$50 and includes everything your new pet needs to be on track for a happy, healthy life: vaccines, a microchip, spay/neuter, and heartworm test. Please call or come by **Florence Lauderdale animal services 256-760-6676** to meet this amazing dog.

Meet Creek! This sweet blue eyed boy was found incredibly skinny and malnourished. Creek is slowly gaining weight back and would do so much better if he was in a foster or forever home to be loved and nourished back to health. Fostering is free and this boy is completely amazing and deserves the best home ever. The adoption fee is currently \$50 and includes everything your new pet needs to be on track for a happy, healthy life: vaccines, a microchip, spay/neuter, and heartworm test. Please call or come by **Florence Lauderdale animal services 256-760-6676** to meet this sweet fella.

The Christmas Gift
that keeps giving all year long!

For November only: **20% off!** Great gift for Him or Her!

<p>12x20 carport Regularly \$1495 w/ discount: \$1196</p>	<p>Many other sizes available!</p> <p>-20x20x9 -(2) 8x8 doors -2 windows -walk-in door Regularly \$7910 w/ discount: \$6328</p>	<p>Check out our custom options!</p> <p>18x30x9 combo unit Regularly \$7055 w/ discount: \$5644</p>
--	--	--

MODLIFE HOMES Corner of CR-55 and 207 in Rogersville 256-206-5205

622446-1

Dr. Reid Melson, DO
Internal Medicine

is welcoming
New Patients at
Shoals Primary Care
2122 Helton Drive
Florence

Walk-ins are Also Welcome

MOST INSURANCE ACCEPTED • MEDICARE PATIENTS WELCOME

Monday-Thursday 8am - 5pm • Friday 8am-Noon

**2122 Helton Drive
Florence
256-415-8680
Fax: 256-367-4990
shoalsprimarycarellc.com**

SHOALS PRIMARY CARE

61756-1

Commentary

Thanksgiving...

Continued from Page 14

really think about it. They just know they want the same memories from their younger years as they grow older.

Mothers especially want nothing more than to please their children and grandchildren during the holidays. They would consider disappointing them in the slightest to be a

personal failure, and that burden is not fair.

I know so many grown kids that literally whine, saying they want their mom's turkey, her dressing, or her pumpkin pie. I bet they do! How many of those grown kids with young families have ever prepared such a meal? Have they ever had to plan the menu,

go shopping, pay for the groceries, arrange seating, make sure the house was clean, have all the dishes, silverware, and glasses washed and ready for a brood of 10-20 all at once in a kitchen designed to prepare food for 5 or 6 people?

Does she even get to be off her feet for 30 minutes while she eats

with the family?

Older generations in particular don't necessarily realize the burden that is on them, except for the time crunch. The same amount of work takes so much longer. Some classic recipes have to be altered because current can, jar, and box sizes have been reduced so much. Bigger families only add to the workload. Do we expect moms and aunts to do it all year after year no matter what?

Those of us who aren't very good in the kitchen can be a demanding bunch. We almost assume that a Thanksgiving meal at home is an entitlement with mom and dad footing the financial, physical, and emotional tab. And off we go to the game room, to the TV for the ball game, or to the back porch for a smoke as soon as we finish.

Next time, we may consider eating out, ordering the meal already prepared, or sharing the work and the responsibility for the meats and side dishes. Perhaps we could take mom's list to the grocery store and do the shopping for her for a change.

Those who already share the load by rotating homes and responsibilities deserve a congratulations.

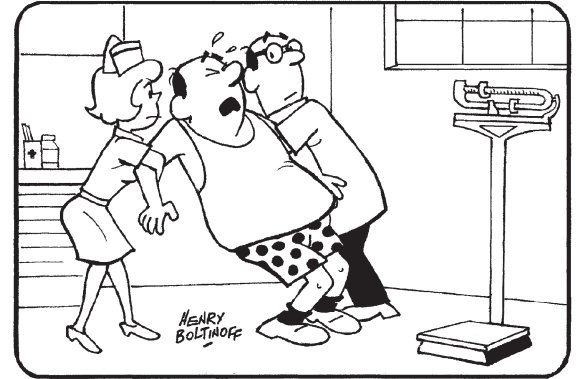
In addition to keeping the proper perspective about the holiday and its spiritual roots, at the very least we should pay attention to every detail that is required to pull off such a holiday event, not just the aspect we see for a couple of hours on Thursday.

We should realize how special the people are who have been making it happen in many families, often for several decades and portions of three generations. They deserve a big hug and heartfelt thank you. Those memories will be some of our most cherished long after they are gone.

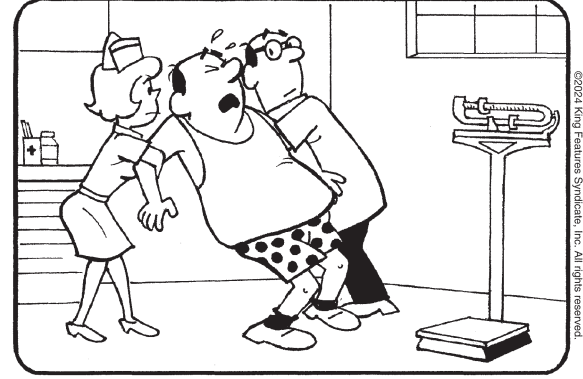
Will we let them truly enjoy a few of the Thanksgiving and Christmas holidays from a participant's perspective before we miss that opportunity?

Happy Thanksgiving to everyone!

HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Leg is moved. 2. Scale is shorter. 3. Nurse's foot is shorter. 4. Cabinet is not as wide. 5. Window is smaller. 6. Sock is moved.

HOLIDAY ESTATE SALE!

Black Friday Weekend!
Friday, Nov. 29: 9am-3pm
Saturday, Nov. 30: 9am-2pm
Sunday, Dec. 1: 1-4pm
201 Riverwood Dr., Florence, AL

Several Fully Decorated Christmas Trees: 6', 7-1/2', 9', 9-1/2', Containers of Beautiful Ornaments, Holiday Table Decor, Hello Kitty kids Christmas tree ♥ Home Decor Items & More! Unique gift items, many items new in packages!

Enjoy apple cider & Christmas cookies with us!

FOR SALE ADVANTAGE REALTY & ESTATE SALES, Inc.
 Serving NW AL since 2002
 Marold Davis, Broker • 256-762-8950
 Stephanie Davis, Owner
 256-335-9917

Terms: We accept debit/credit cards, cash & Venmo. Sales are final. Everything sells "As-is" and "Where-is." You agree to shop at your own risk. We are not responsible for accidents or injuries. We look forward to seeing you there!

EMPIRE AUCTION gallery

6026 HIGHWAY 72 WEST, ATHENS
 Mile Marker 61- 1 mile from Elk River
 256-476-8882 J.D. BARRETT

Monthly and Semi-Monthly Auctions of antiques, furniture, cast-iron, Persian rugs, art, lighting, and home décor.

EmpireAuctionGallery@gmail.com • EmpireAuction.net
 Follow us on Facebook and Instagram.

Upcoming Auction DATES:
 SUNDAYS AT 2PM: December 8,
 Tuesday, December 31 (11am New Year's Eve Day),
 January 12, February 2, March 9, March 23, April 6.

A.A.L. 1855

ONLINE AUCTION BARBIE DOLL COLLECTION

401 S. Pine St. Florence, AL
Nov. 27 thru Dec. 11

THIS AUCTION IS A MUST SEE FOR EVERYONE!

Collection includes: Vintage Barbie Dolls, Collector and Limited Edition Barbie Dolls, Other dolls: Midge, Ken, Skipper, and more, Gone with the Wind, Wizard of Oz, Star Trek, Barbie Playsets, Original Dream House, outfits, ornaments, figurines, collector plates and more.

kingrealityandauktion.hibid.com
 Open House: Dec. 2-6, 9-4pm, King Realty's Office
 Pick Up: Dec. 16-19, 9-4pm, King Realty's Office

Terms: Cash or good check day of pickup. Debit and credit cards accepted through online auction website. Seller reserves the right to accept or reject any and all bids. Personal property will be sold "As-Is" without warranties of any kind. All information contained in this ad is believed to be correct. Announcements made on the auction website supersede any printed material.

KING REALTY & AUCTION CO., INC.
 256-766-9600
 KINGREALTYANDAUCTION.COM

HENRY J. KING, BROKER (AL #5403 - TN #6919) • PAUL KING, III (AL #5354 - TN #7184)

Notes...

Continued from page 15

Gospel Singing Saturday night
December 7 at 6pm - Pleasant Ridge Baptist Church, 123 Taylor Road in the Petersville community. The local Gospel group "Reassurance" will be singing. Everyone is welcome!

Shoals Christian School is hosting its 6th Annual Shoals Christian Christmas Market on Saturday, December 7 from 9am-4pm. This one-day shopping event will include over 60 local vendors and food trucks. Admission is only \$3 (12 & Under FREE). Come shop, listen to Christmas music, grab a coffee, and stay for lunch. Follow our Facebook page @scsmarkets for more information and advertisements of our vendors. All proceeds go to benefit our SCS.

You are invited to Council President Katrina Simmons', Holiday Fellowship luncheon on Sunday, December 8 from 1-5pm at the W.C. Handy school gym, 1050 Pruitt St. in Florence. This is a free public event, dine-in or carry-out is available. This is a welcoming fellowship where everyone is valued with food, fun, and community for all. Donations and volunteers are needed! Contact Katrina Simmons, 256-349-3879.

The NACOLG SENIORx Medication Assistance Program supplies free and low cost medications for anyone in Alabama with a disability or a chronic illness regardless of age that requires daily medication. Medicare recipients may also be eligible.

For more information contact NACOLG SENIORx today. There is no charge for this service. 1-800-AGELINE (1-800-243-5463) Paula Pardue 256-389-0529

This program is in partnership with the State of Alabama and Alabama Department of Senior Services

Free Clothes - The Samaritan House, 600 Geneva Ave., Muscle Shoals, gives away free clothing each Tuesday from 9-11am - except for every 5th Tuesday. Donations are accepted.

Country Line DANCE Lessons 6:30-8pm Thursday nights Instructor: Jan

Ownby, \$10/ Person
1104 US Hwy 72. Tusculumbia. Come Dance with Us! For more Info: 256-810-0973.

"It's a Dickens Christmas, Y'all" returns to downtown Tusculumbia on Saturday, December 14 from 10am -

4pm. The free downtown festival will have Dickens characters, carolers, brass bands and a callope along Main Street throughout the day. Expect "snow", carriage rides, trolley tours, Victorian dancers, an arts and crafts market tent, food vendors, and themed specials at downtown shops and eateries.

Special events (some with modest admission charges) are: "Scones and Moans", Breakfast with Rudolph, Poetry and Music at St. John's Church, Milk and Cookies with Tiny Tim, "Strut Your Mutt" Dog Parade, S'mores Firepit, Cookie Decorating, Ornament Making, Story-telling by Delores Hydock at Locust

Hill and a Holiday Tea in the historic clubhouse at the Tennessee Valley Country Club.

Santa will make his annual visit to Tusculumbia during the event. Pre-festival event: "Friends of the Fezziwigs" Party on Thursday, December 12 (ticketed). The Dickens themed Christmas Festival is

sponsored with community participation by Tusculumbia Retail Development, Inc. For info: 256-383-9797 or 256-383-0783. Follow on Facebook - 14th Annual It's A Dickens Christmas Y'all.

See NOTES... page 34

STATE OF ALABAMA DEPARTMENT OF EDUCATION LEA Financial System							Exhibit F-III-A
Combined Statement of Revenues, Expenditures, and Changes in Fund Balances All Governmental Fund Types and Expendable Trust Funds Budget and Actual For Fiscal Year Ended September 30, 2024							
141 - Florence City Schools	GENERAL	VARIANCE	SPECIAL REVENUE	VARIANCE			
Description	Budget	Actual	Favorable (Unfavorable)	Budget	Actual	Favorable (Unfavorable)	
Revenues							
State Sources	\$32,819,478.37	\$37,570,344.82	\$4,750,866.45	\$0.00	\$18.00	\$18.00	
Federal Sources	\$1,500.00	\$1,540.00	\$40.00	\$12,230,892.18	\$12,398,782.27	\$167,890.09	
Local Sources	\$23,927,260.00	\$27,221,583.20	\$3,294,323.20	\$1,461,417.40	\$1,542,193.08	\$80,775.68	
Other Sources	\$145,500.00	\$166,105.89	\$20,605.89	\$528,241.70	\$157,227.02	(\$371,014.68)	
Total Revenues:	\$56,893,738.37	\$64,959,573.91	\$8,065,835.54	\$14,220,551.28	\$14,098,220.37	(\$122,330.91)	
Expenditures							
Instructional Services	\$29,974,124.35	\$31,254,365.92	(\$1,280,241.57)	\$5,639,369.90	\$6,505,015.83	(\$865,645.93)	
Instructional Support Services	\$9,143,381.99	\$9,837,910.82	(\$694,528.83)	\$1,910,912.79	\$1,812,177.30	\$98,735.49	
Operation & Maintenance Services	\$9,133,074.72	\$8,671,398.73	\$461,675.99	\$850,673.00	\$590,622.55	\$260,050.45	
Auxiliary Services	\$2,160,284.00	\$2,554,119.83	(\$393,835.83)	\$4,242,673.44	\$4,389,150.74	(\$146,477.30)	
General Administrative Services	\$1,977,071.00	\$2,384,900.34	(\$407,829.34)	\$568,348.76	\$204,658.38	\$363,690.38	
Special Revenue Outlay	\$1,541,147.00	\$1,240,864.56	\$300,282.44	\$1,261,892.00	\$1,259,794.82	\$2,097.18	
General Service	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
Other Expenditures	\$2,594,152.00	\$2,571,006.70	\$23,145.30	\$683,641.36	\$714,930.94	(\$31,289.58)	
Total Expenditures:	\$56,523,235.06	\$58,514,566.90	(\$1,991,331.84)	\$15,157,511.25	\$15,476,350.56	(\$318,839.31)	
Other Financing Sources (Uses)							
Other Financing Sources:	\$817,928.18	\$430,218.96	(\$387,709.22)	\$888,461.00	\$766,836.26	(\$121,624.74)	
Other Financing Uses:	\$1,314,412.00	\$827,350.25	\$487,061.75	\$55,103.00	\$258,959.13	(\$203,856.13)	
Total Other Financing Sources (Uses):	(\$496,483.82)	(\$397,131.29)	\$99,352.53	\$833,358.00	\$507,877.13	(\$325,480.87)	
Excess Revenues and Other Sources Over (Under) Expenditures and Other Uses:	(\$125,980.51)	\$6,047,875.72	\$6,173,856.23	(\$103,601.97)	(\$870,253.06)	(\$766,651.09)	
Beginning Fund Balance - Oct. 1:	\$27,599,541.85	\$27,599,541.85	\$0.00	\$940,878.32	\$940,878.32	\$0.00	
Ending Fund Balance - Sept. 30:	\$27,473,561.34	\$33,647,417.57	\$6,173,856.23	\$837,276.35	\$70,625.26	(\$766,651.09)	

Have you seen our state-of-the art Flip Page edition?

Find the link on right column of our homepage at www.CourierJournal.net

or bookmark the link for the most recent issue: <https://courierjournal.pageflip.site/publications/CourierJournal>

FULLER
HEATING • AIR CONDITIONING • PLUMBING & ELECTRICAL
256-381-7195
fullerHVAC.com

Years of history with all the resizable images, printable pages, searchable content, and advertiser hyperlinks at your fingertips.

Classifieds
Sell it fast with a **RED LINE AD** only \$3 additional!

It's online every week beginning on Tuesday morning.

Community Notes...

Continued from page 33

Preschool Storytime (Ages 3 yrs and up) - Wednesday, October 30, 10:30am - 11:30am. Every Wednesday at the Muscle Shoals Public Library. Join Ms. Amy for songs, stories, and age-appropriate activities. Caregivers must remain with children for all programs

Tuscumbia Civitan Club announces the unprecedented re-release of last year's Christmas Ornament, "Deshler High School." These ornaments sold out quickly last year! They are available again now for purchase at Fiddledee D! Gift Shop, 111 S. Main St., Tuscumbia and at Helen Keller Library, 511 N. Main St., Tuscumbia. Cost is \$20 cash or check only (to Tuscumbia Civitan Club). Proceeds benefit local charities. For more information or to purchase by mail or Paypal: Tuscumbiacivitan@gmail.com. Watch for the release of the 2024 Ornament soon. For more info, 256-710-1440.

Santa Manley will be at THE BARN in Deibert Barn in Florence's Deibert Park from 10am-noon on Saturday, December 14 for visits and pictures. Donut NV food truck will be there with donuts and hot chocolate. See you at the Barn!!! - 2801 Darby Drive

The Florence Senior Center (The Club) - Diamonds in the Rough presents Fabulous Bus Tours for 2025. Fabulous Bus Tours for 2025. Planning is underway now!

The Ark Encounter & Creation Museum - Apr 07 - 11, 5 Days - 4 Nights 8 meals: 4 breakfasts and 4 dinners \$815 pp/Double Occupancy

See the Bible come to life on this amazing bus tour to The Ark Encounter, Creation Museum, and more!

San Antonio, TX-Feb 16-25, 7 days-6 nights, 10 meals: 6 breakfast and 4 dinners. \$915 pp/double occupancy.

Cruise the River Walk, tour San Antonio, The Alamo and LBJ Ranch, and more!

Virginia Beach, Colonial Williamsburg & Historic Norfolk - May 4-10, 7 days 6 nights, 10 meals: 6 breakfast 4 dinners. \$1130 pp/double occupancy.

Visit Virginia Beach boardwalk, Norfolk Naval Base Harbor Cruise, visit battleship Nauticus and Wisconsin. Mariner's park and museum, aquarium and more!

Cape Cod & Martha's Vineyard, - July 2-20, 9 days 8 nights, 14 meals: 8 breakfast 6 dinners. \$1370 pp/double occupancy.

Escorted visit to Martha's Vineyard, historic sea side towns, "outer cape", JFK Museum, Foxwood Casino Resort and more!

Beautiful Vermont, October 11-19, - 9 days 8 nights, 14 meals: 8 breakfast 6 dinners. \$1698 pp/double occupancy.

Visit authentic Maple Farm, Ben & Jerry's Ice Cream Factory, Dinner Cruise/Entertainment on Lake Champlain, Sherburne Museum, Cider Mill, Quarry and more!

Lancaster Show Trip & The Dutch Country, November 16-22, 2025, 7 days 6 nights, 10 meals, 6 breakfast 4 dinners. \$1130 pp/double occupancy.

Several shows including, "NOAH", the Magic and Wonder theater, guided tour of Philadelphia, Lancaster and Kitchen Kettle Village, admission to the Amish experience & Jacob's choice at the F/X theater. Holocaust Memorial, Liberty Bell and Hershey's Chocolate World and more!

For more information, visit: www.grouptrips.com/TheClub or call The Club 256.760.6642 or email Fdavis@florenceal.org

Over 40 and love to play basketball, but not quite as fast as

you once were? Then 40up is for you. We are Christ-centered, family friendly and we meet every Sunday at: Victory Christian Fellowship Church gym, 2302 Hough Road in Florence.

At halftime Pastor Torey encourages all from the Word of God so bring a friend.

There will be no Shoals Writers Guild meeting in November or in December. Meetings will resume on Saturday, January 18, 2025 with the Free Kindle Direct Publishing Workshop hosted by author Gary H. Miller at 10am at the Florence-Lauderdale Public Library, 350 N. Wood Avenue in Florence.

Membership dues are \$40/year with a \$5 discount if paid in full.

For more information email: shoalswritersguild@gmail.com

Chess Club - Play Chess at the Sheffield Public Library Conference Room, 316 N. Montgomery Ave., from 4-5pm. Mondays. Beginners to advanced; all ages.

Joints in Motion, chair exercise class, Tuesday, Thursday, and Friday at The Club (Florence Senior Center), 9:30am. No charge. BINGO Wednesdays 10:15am until our 11:30am lunch (w/ \$1 lunch donation)! If you are 60+ you can join us for lunch and games. 256-760-6420.

Florence Parks and Recreation/ The Club hosts the Florence Singing River Squares dance every Monday from 5:30-7:30pm at The Club/Florence Senior Center, 450 Country Club Drive in Florence (excluding any state or federal holidays) 256.760.6420 for more information. fdavis@florenceal.org. New class will begin July 8 at 5:30pm. No experience necessary. Drug, alcohol, tobacco & weapon free facility. Fran Davis at 256-760-6420 or fdavis@florenceal.org

Senior Meals on Weekdays at 11:30am at The Club, 450 Country Club Road in Florence. \$1 donation.

Social Dance on Tuesday Nights, 6:30-8:45pm, at The Club (Florence Senior Center), 450 Country Club Drive in Florence. Music from across the decades provided by The Browns. The Club is an alcohol, drug, smoke, and weapon-free facility. 256-760-6420.

Zodiac Players Season - The Zodiac Players have the following plays scheduled: "Steel Magnolias" Jan. 16- 19, 2025, directed by Dylan Bales; "South Pacific the Musical" April 17-20, 2025, directed by Jacob Adams. The plays will be at Shoals Theatre, 123 N. Seminary St., Florence. For ticket information, or to become a patron, call 256-764-1700 or go to theshoalstheatre.org.

Oakdale Missionary Baptist Church 1215 E. Reeder Street in Florence welcomes all children to our new Children's Church Class! Ages "pottier trained" to 12 years. "Mrs. Trish" Robbins is Children's Director 10am Sunday School 11am Children's Church and regular Church Service with Kenneth Floyd, Pastor

All Sheffield Senior Citizens, ages 60 and over, are invited to come join us at 303 2nd street in Sheffield for a free meal (\$1 donation is optional) or if you are home bound, we can deliver you a free meal Monday-Friday. The Sheffield

Hey! ...

THAT

Looks like a

PAY-OFF!

Courier Journal

Scores of regular advertisers have been in the Courier Journal for a very long time, some 20, 30, even 40 years! These are a few.

Whether large ads, small ads, classified ads, fliers, or online, many of our readers find them here, and chances are good that a lot of money has changed hands as a result.

Alabama's largest circulation, a good news format, and a long shelf life make us a favorite for generations of readers and advertisers alike.

One call gets you started...

Advertising that PAYS-OFF Quite Handsomely...

219 West Tennessee St. Florence 256-764-4268
www.CourierJournal.net



See NOTES... page 38

Real Estate



2170 KILLOUGH DR, TUSCUMBIA 3 brdm. 2 ba. 2 story, Large house with unfinished basement, fenced in 2.09 acres, Ample space and closets \$275,000 256-436-1509

AVAILABLE NOW

3 brdm., 2 ba.,
\$1,500 per month,
4 brdm., 2 ba., with den
\$1,800 per month
Southeastern-Properties.com 256-764-7666

FLORENCE: LOT SPACE FOR RENT \$175/mo. Sharps Mill Road, Co. Rd. 8, 1 mile from Underwood School. Nice yard. On private property in residential area. Call or Text 256-668-2828 or 256-398-8723

SALE OR LEASE 208 S Atlanta Ave Lot 150 x 150, Building 4000 sq ft B2 Zoning. Call Richard 615-545-9445

"REDUCED" PROPERTY FOR SALE Muscle Shoals 3.45 Acres Mary Mack St. 256-740-1960

SHEFFIELD: 303 14TH ST 2 brdm. 1 ba., washer/dryer connections, front/backyard, \$650 rent, \$650 deposit, app req. Call 901-800-6229

FLORENCE HOUSES FOR RENT: 2 brdm., 1 ba., \$800 month + deposit. 256-764-3986

FLORENCE 2 BEDROOM APARTMENT, Central Heat/Air, \$600 month plus deposit 256-764-3986

ROOM FOR RENT IN FLORENCE, full use of house, only need bedroom furniture, \$500 per month + half of utilities, 256-529-8155

MARS HILL MANOR HEATHERWOOD and WEEDEN HEIGHTS APARTMENTS

Currently taking applications for our waiting lists.

Applications can be picked up at
502 Mars Hill Road,
Florence, AL 35630



MOBILE HOME FOR SALE: Central area, \$14,500, 2 brdm., 1 ba., lot can be rented for \$150 month, no pets, 256-483-8352 or 256-412-9346

RV LOTS FOR RENT GREAT LOCATION

Hwy. 72 & Mulberry Lane Intersection, 12500 Hwy. 72 Barton, AL, 30 or 50 amp, WI-FI, sewer, electric, TV Room, washer & dryer included, sheds with picnic tables, walking trail, Tennessee River boat ramps nearby, \$400 first month special! 256-810-1950 call or text

ONLINE AUCTION COURT ORDERED AUCTION

5± Acres - Building 17601 CR 14, Waterloo, AL

Dec. 1 thru Dec. 12

Real Estate: This 5-acre tract fronts CR 14 (Waterloo Rd), 1/2 mile east of the Natchez Trace Pkwy. This wooded property includes a building (formerly used as living quarters) and a pole shed. The building will be sold "as is" without warranties of any kind. The property is served by public water and electricity.



Bid online at: kingrealityandauktion.hibid.com

Terms: This sale is subject to the confirmation of the Circuit Court. 10% down payment due upon signing of the contract within 24 hours from end of sale. Balance due upon delivery of deed, 43 days after confirmation by the court. Possession upon delivery of deed. Seller will furnish deed and owner's title insurance.

All information contained in this ad is believed to be correct, but not guaranteed. Changes made by the Auction Company during the online auction supersede any printed material.

ONLINE AUCTION 2± Acres - 1 Tract Hwy. 157 / Ricks Ln. Near Muscle Shoals NOV. 27 thru DEC. 11



Real Estate: This 2± acre high visibility corner lot sits at the intersection of Hwy 157 & Ricks Lane. The property lies just east of Muscle Shoals and fronts 356± ft along Hwy 157 and 248± ft on Ricks Lane. The property is unrestricted and has water, power, natural gas, and high-speed internet available.

kingrealityandauktion.hibid.com

Terms: 10% down payment due upon signing of the contract within 24 hours from end of sale. Balance due upon delivery of deed within 30 days from day of sale. Seller will provide survey, deed and owner's title insurance. Seller reserves the right to accept or reject any and all bids. Real Estate will be sold "AS-IS" without warranties of any kind.

All information contained in this ad is believed to be correct, but not guaranteed. Changes made by the Auction Company during the online auction supersede any printed material.

AUCTION Sat., Dec. 14 10AM 91 +/- Acres • 1 Tract - Wolf Springs Community 2705 CR 236, Town Creek, AL



Real Estate: This 91± acre farm fronts CR 236, just south of Pooles Pond. The farm consists of 70± acres of rolling established pasture with the remaining acres in mature timber. There is a year-round spring on the property. Property will be offered in 1 tract as a final sale.

kingrealityandauktion.com

Seller: Martha Pool, Kimberly and Thomas Lane

Terms: 10% down with balance due in 45 days. Seller will provide deed and owner's title insurance. Seller reserves the right to accept or reject any and all bids. The real estate will be sold "AS-IS" without warranties of any kind.

All information contained in this ad is believed to be correct, but not guaranteed. Announcements made by the Auction Company on day of sale supersede any printed material

ONLINE AUCTION 10± Ac - 3 Tracts Separate Locations Rogersville, AL NOV. 21 thru DEC. 5



- **Tract 1 - 1.39± Acres** fronting Mackey St.
- **Tract 2 - 2.79± Acres** fronting Mackey St. and Lee St.
- **Tract 3 - 7.55± Acres** fronting Hwy 72 and CR 165.

Each Tract lies in the Rogersville city limits and is zoned R1. Each tract will be a final sale and will not be combined with other Tracts. Water and sewer availability is temporarily limited, contact the Town of Rogersville for availability.

kingrealityandauktion.hibid.com

Terms: 10% down payment due upon signing of the contract within 24 hours from end of sale. Balance due upon delivery of deed within 30 days from day of sale. Seller will provide deed and owner's title insurance. Seller reserves the right to accept or reject any and all bids. Real Estate will be sold "AS-IS" without warranties of any kind.

All information contained in this ad is believed to be correct, but not guaranteed. Changes made by the Auction Company during the online auction supersede any printed material.

Alabama Spine & Pain

Pavan Telang, MD

Board Certified & Fellowship Trained in Interventional Pain Medicine.

Specializing in Advanced Management of Back and Neck Pain Not Involving Surgery or Opioids

No Referral Required

256-712-2422

3907 Peach St. • Florence, AL
Behind Clearview Cancer Center

alabamaspineandpain.com

Proudly serving the Shoals for 11 years.

Thankful for our community & patients.

GOT LEAVES?

Call

F & S Lawn Service

Mulch, Bag, Vacuum

256-436-0761

If no answer, leave message

SEASONED FIREWOOD Oak and Hickory \$150 pick-up truck load (delivered) Call 256-633-2765

REMODELING CONSTRUCTION 40 YEARS EXPERIENCE Insured. Bathroom remodel, Deck, Fences, etc. 256-762-4357

KOGER LAWN SERVICE and Pressure Washing. Call 256-366-3133

TRANSFER VIDEO TAPES & FILM, before they ruin! DATA VIDEO TAPING 256-710-0292

IT'S YARD SALE SEASON! Get a free yard sale kit with your prepaid red lined yard sale ad. Deadline Friday: 8 days prior to a Saturday sale. See Page 8 or visit www.courierjournal.net.

AUTOMATIC GATES, ALARMS AND CAMERAS fullhomesecurities.com 866-540-4283

MALTESE PUPPIES-MALES, CKC REGISTERED, Beautiful Little White Babies, The Sweetest Babies 270-849-7401

J.J.J. MAINTENANCE SERVICES

Specializing in Roof Repair and Leaks. 786-291-3565 (Shoals area)

NARMORE PAINTING CALL DANNY AT 256-702-8024 | professionally paint stained cabinets. Website: narmoreremodeling.com Military and Senior Discounts

MANSELL ROOFING, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

CAN YOU FIND THE DIFFERENCES in the two drawings? Look for Hocus Focus each week, only in your Courier Journal.

RICK'S STUMP GRINDING

Low prices and Free estimates, 256-740-2363 if no answer, leave message

GAME DAY SCORE CARD

Lost Pizza Co.



BEST ENTRY WINS A \$50 GIFT CARD TO Lost Pizza Co.



A "Perfect" Winning Card ALSO wins \$50 CASH plus a 2nd \$50 GIFT CARD to Lost Pizza Co.



<input type="checkbox"/> Texas at Texas A&M	<input type="checkbox"/> South Carolina at Clemson
<input type="checkbox"/> Tennessee at Vanderbilt	<input type="checkbox"/> Oklahoma at L.S.U.
<input type="checkbox"/> Miami at Syracuse	<input type="checkbox"/> Arkansas at Missouri
<input type="checkbox"/> Notre Dame at U.S.C.	<input type="checkbox"/> Georgia Tech at Georgia
<input type="checkbox"/> Florida at Florida St.	<input type="checkbox"/> Arizona St. at Arizona
<input type="checkbox"/> Louisville at Kentucky	<input type="checkbox"/> Michigan at Ohio St.

WK 14 Saturday Nov. 30

CHECK BOX BESIDE EACH WINNING TEAM

DEADLINE: FRIDAY, 5PM Nov. 29

MAIL-IN ENTRIES MUST BE POSTMARKED BY FRIDAY AND RECEIVED BY MONDAY! (vs: games at neutral location)

TIE BREAKER Write Exact Score Below

Auburn at Alabama

name _____
address _____ city _____ state _____ zip _____
day phone _____ evening phone _____

Week 12 - Saturday, November 16 Winner: LACY WAYNICK of Florence wins the \$50 Gift Card!

Enter online at www.courierjournal.net
or Mail or deliver your entry to: Courier Journal Gameday Scorecard
219 W. Tennessee St., Florence, AL 35630 - Fax to: 256-760-9618
Winners will be listed online Tuesday afternoon and in the FOLLOWING week's Courier Journal.



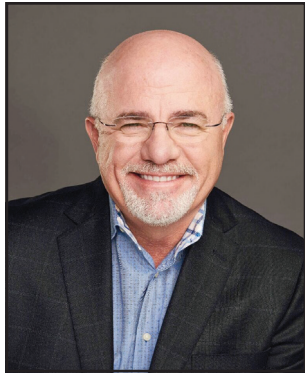
Alabama Spine & Pain



RULES: You can only enter for yourself, not other people. Only one entry per person per week. Only one winner per week. Winners must present a photo I.D. when picking up their gift certificate(s). Check the box beside the appropriate picks for the first 11 games, then write in the exact score of the tie-breaker game and alternate game. Person with the most correct picks receives a \$50 Gift Card from Lost Pizza Co. No change will be returned for any unused portion of the certificate. Gratuity is not included. In event of a tie, the tie-breaker score will be utilized. Otherwise, it will not be considered. Closest tie-breaker score wins. Total points will be next tie breaking procedure, and a random drawing of finalists will be used to determine the winner if they are still tied after the tie-breaking procedure. ALTERNATE GAMES will only be used in cases of late postponements or forfeits, games which will then be excluded from consideration. Person with the winning card for the week, who also picks every game correctly including tie-breaker, will also win \$50 from the Courier Journal and another \$50 Lost Pizza Co. Gift Card. Judges decision is final. Mailed entries must be post-marked by deadline day. Hand-delivered, faxed or on-line entries must be submitted by exact time of deadline stated above. NO EXCEPTIONS. Winner is posted on website each Tuesday afternoon and in the paper delayed by one week. Employees and family of Courier Journal and Game Day Scorecard sponsors are ineligible to win. NOTE: If you're faxing, first make a CLEAN COPY, then FAX THAT COPY. NEWSPRINT DOES NOT REPRODUCE CLEARLY ON A FAX. WE ARE NOT RESPONSIBLE FOR ILLEGIBLE COPIES.

DAVE Says

by DAVE RAMSEY



HE KNOWS WHAT'S BEST FOR US

Dear Dave, My wife and I are currently on Baby Step 2 of our plan. We attend church regularly, and we've always made sure we tithed 10% to 15% in the past. Do you think it would be okay to lower our tithe while we're getting out of debt and working through our debt snowball?

Karl

Dear Karl, When you look up the Hebrew word "tithe," it means tenth. Not 10 to 15 percent—a tenth. I've studied Scripture on this subject for about 25 years and taught in Christian settings. But please keep in mind you shouldn't do this because I gave you a "rule." I'm not the final authority on this. What we're about to get into comes from God.

In Proverbs, it refers to the tithe as first fruits, off the top, before anything else. The book of Deuteronomy says to give a tenth of your net increase. Centuries of protestant Christian teaching has focused on the idea that the tithe goes to the local church, because it's the New Testament representation of the Old Testament storehouse. The storehouse took care of the Levites, which were the priests—or pastors—and the orphans and widows. Today, the New Testament church is supposed to use it for the same kinds of things: pastor's salaries and helping people who are struggling.

Before we go any further, I want you to remember

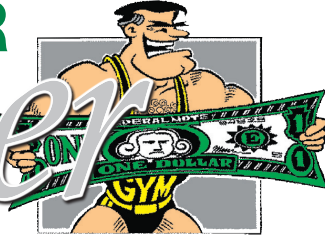
one thing. Tithing isn't a salvation issue. God doesn't love you more just because you tithe a larger amount than the person sitting next to you in church. God loves you. Period. You're His child, and He's going to love you even if you don't tithe. But He knows what tithing does for us. It makes us focus on something other than ourselves. Doing it makes us less selfish, and more selfless. It makes us a little more Christ-like. And he wants us to be giving and loving to the people around us.

Do you see what I'm saying, Karl? God doesn't need your money. He doesn't need my money. It was my choice decades ago when I hit bottom financially to continue tithing all the way into bankruptcy court and all the way out. But if someone literally can't afford to tithe for some reason—or can't hit 10% and still wants to attend and support a church—I'm pretty sure God understands.

— Dave

Dave Ramsey is a national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions.

THE DOLLAR Stretcher



Want to live better on the money you already make? Visit TheDollarStretcher.com for hundreds of articles to help you stretch your day and your dollar! c. 2024 Dollar Stretcher, Inc.

Continued from Page 30

will gently scrub the lens and make it clear again! Abel

SHUT UP AND LISTEN

If you're shopping for a big ticket item (like a fridge or washer/dryer combo), don't talk too much. Let the salesperson know that you're looking for a bargain and tell them any specific needs that you have. Then say as little as possible. Most people hate silence, especially salespeople. They'll start by asking questions about what you want and how you'll use it. If you give them short answers, they'll feel that they need to keep the conversation going. Sometimes they'll walk away, but often they'll mention that they could throw in free delivery or some other perk.

Rob

WHY I LOVE OLDER CARS

Most of us know that a

car loses about 30% of its value in the first year or so. Until I bought a three-year-old car and then drove it for 10 years, I didn't have any idea how much I'd save. After the first two years, I had all the payments done. Because the car was less expensive than a new one, I could afford to pay it off quicker. I kept setting aside my payment amount in the third year. That allowed me to increase my deductibles, which lowered my insurance rates. I didn't want to deal with repair bills, so I bought an extended warranty. I could have gotten by without it. When it got to be about seven years old, I dropped my collision insurance. I've saved enough that when I buy another three-year-old replacement, I'll be able to pay cash for it! No more car payments for me!

Doug

PAYING THE BILL

Treat your savings account like it is your

credit card and make payments to fill it back up as you pull the money out. Donald via Facebook

YOUR CAR TITLE

My husband and I are both 52. From here on out, any vehicles we purchase will be titled to "him or her" (not just him and not just her) because when one of us passes, it will be easier for the other than having vehicles titled to him and her or only him or only her.

Michelle

NEW WATER HEATER...NOT!

My neighbor called to ask me about a plumber. He said that he needed a new water heater. When I asked if it was leaking, he said that it wasn't, so I showed him how to check the heating element. It turned out that it was bad and all he had to do was replace it. It was a \$20 part and a 30-minute job!

Toby

PATIO FURNITURE PROTECTION

We don't have room to store our patio furniture inside during the winter but wanted to protect it from the winter weather. Therefore, I sprayed the furniture with a flat, clear spray paint. I sprayed the wrought iron and even the lawn ornaments. You don't notice the clear coat, but it helps prevent rust and corrosion.

Ricky

SECURITY DEPOSITS

I wanted to make sure that I got my security deposit back when I moved out. Therefore, after I finished cleaning, I took a whole lot of pictures. I took pictures of each kitchen appliance (inside and out), under the sinks, and in the bathrooms. I even took pictures of the ceiling fans. I sent them to my landlord. It was a polite way of saying "don't try to keep my deposit" and it worked!

Jack

AUTOMATIC GATES, ALARMS AND CAMERAS
fullhomedecor.com
866-540-4283

ROOFING - LEAKS REPAIRED, Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

JR. LAWSON TREE SERVICE, tree trimming, stump grinding, removal. Licensed & Bonded, Free estimates, 256-856-7028

Turning 65? Time for a MEDICARE Insurance Plan? Register Today!

Our next Medicare Class is Thursday, Dec. 19th 11am-Noon @ Alabama Health Guidance 885 Florence Blvd. Florence, AL

Educate before Enrolling

We know all of those **MEDICARE** options may seem a bit confusing – but our **LOCAL** Insurance Specialists have over 20 years of combined experience to help make the whole process easy for you.

▶ Our **"Third Thursday" Medicare Education Classes**, offered each month, allow you the opportunity to learn more. Call to register now to attend one of these classes!

ALABAMA HEALTH GUIDANCE

EXPERIENCE MATTERS! Meet with Medicare Plan Experts: Hope Stamps | Ikey Fowler | Beverly Stamps White

256-648-5710

For accomodation of persons with special needs at meetings, call 256-648-5710

We do not offer every plan available in your area. Currently we represent 9 organizations which offer 80 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) for help with plan choices.

MELVIN'S ON THE SPOT CARWASH

256-767-3366 OR 256-335-8885 (Cell)

• Pick-Up & Delivery • 24-hour Rain Guarantee • Satisfaction Guaranteed
www.melvinonthespot.com

SPECIAL WEDNESDAY WAX DAY!!!

Gift Certificates Available **WAX \$25** Gift Certificates Available

w/coupon only. Wednesday only. *Limited Pickup & Delivery Area. Expires Tuesday, 12/3/2024

Notes...

Continued from page 34

Senior Center is open from 8AM-noon M-F. You must be present before 11am for the free meal. We play Bingo free of charge on Monday, Tuesday, and Friday and you can win an assortment of cool items. A variety of other games are also played daily.

We have Karaoke on Monday evenings and a live dance band on Friday evenings starting at 5pm. If you do not drive or don't have a way to the Center, a Senior Center bus can pick you up and bring you home at no

charge! There are also planned outings designed especially for seniors. We also go out to eat as a group once a month. We would love to have you join us!

Dance Lessons Florence Parks and Rec will be offering small group ballroom dance lessons at Royal Avenue Recreation Center. Beginner class 1-2pm, intermediate class 2-3pm. There are also select times available for individual/couple lessons. These lessons are perfect for weddings, formals, proms, lead outs, cotillions etc. Space is limited. Call Royal Ave, Rec Center, 256-760-6245, to sign up.

Babytime Storytime (Birth to 18

months) - 10:30am - 11:30am. Every Friday at the Muscle Shoals Public Library. Caregivers must remain with children for all programs.

The Alabama Music Hall of Fame -- Star Player exhibit will be on display at the Alabama Music Hall of Fame, 617 U.S. 72, Tusculumbia. Rotating exhibits at the hall of fame highlight accomplishments of area music achievers. Details: 256-381-4417.

Volunteers are needed at Florence Lauderdale Animal Services. All ages and interests are sought. It's an ideal option for high school students who need service letters for scholarships,

or just want to contribute, and have specific/tight windows of availability. Volunteers can be those who like to work with animals, or those who would rather just do other work around the facilities.

Contact Whitney at 256-762-1124 or Carla at 256-904-0517.

There is space HERE for YOUR EVENT, and plenty of eyes to read it. Email your information to editor@ CourierJournal.net.

The Florence Beautification Board presents The Wildflower Project! Through this project, you can contribute to the future of our community's sustainable growth. There are several tiers of involvement, Tier 1- \$100; Tier 2 - \$200; Tier 3 - \$1,000 To donate, you may give checks to the Beautification Board City of Florence, PO Box 98, Florence, AL 35631. Contributions are tax-deductible.

Gerald Clemmons needs a kidney! Gerald is a lifelong resident of Lauderdale County. He has kidney disease and is on dialysis. He has been told that he needs a kidney transplant, and a living donor is his best chance to survive. Please consider becoming a living kidney donor for him at Vanderbilt Hospital.

You can help! To be a donor, you will need to: know your blood type, be at least 18 years of age, be in good physical health, and have a good mental disposition. This week can provide more information: <https://bit.ly/VandyLivingDonor>

If you can't donate, please share this information.

Serve with Honor. Part time service with full-time benefits. The Alabama National Guard wants YOU! Protect your state and nation while enjoying great

benefits for roughly 40 days/year.

Call for more information. SSG Candi Flanagan at 251-459-4309.

Alabama Hospice of the Shoals is currently seeking volunteers to serve in Colbert, Lauderdale, Lawrence, Franklin, Marion, and Winston counties. For more information, contact Susan Coke at 256-314-1204.

Shoals CASA is currently looking for new CASA volunteers (Court Appointed Special Advocates) who have a passion for helping children. This is rewarding, active work with local foster children who need someone who represents THEIR interests. The CASA staff makes sure that caring community volunteers have the training, information, and support they need to give local abused and neglected children a voice within the court and child welfare system - A positive adult relationship who will demonstrate compassion and a passion to help children reach a safe and permanent home. The nature of this opportunity will require a background check, references, and six weeks of free training. Other CASA advocates have said it is the most rewarding work they have ever done. The new training class starts in late January.

Please call Heather Begley, Shoals CASA's Executive Director, for more information. 256-765-0041.

Florence Parks and Recreation/ The Club/Florence Senior Center, hosts a variety of activities for adults throughout the week. Chair exercise classes, line dancing, Square dancing, social dancing, BINGO, \$1 lunch, Rummy, Rummy cubes, Rook, Mexican Train & Chicken Foot Dominoes. 9am-3:30pm. 450 Country Club Drive in Florence. Group Travel is available for the community. Call for specifics. 256-760-6420.

LifeSouth is in emergency need for blood donors. This year continues to be difficult for LifeSouth and blood centers across the country with the impact of the pandemic causing a decrease in blood donations, while the need to help patients in local hospitals continues to increase.

Regular blood donors who have not given recently and first-time donors can make a major impact by donating. One donation can save up to three lives.

Donate at the Center, 307 Veterans Drive, Florence. Schedule an appointment, 256-765-7038. www.lifesouth.org. The hours are: Monday, Wednesday, Friday 9am-5pm; Tuesday and Thursday 9am-7pm; Saturday 9am-3pm; Sunday 1-5pm.

REMODELING CONSTRUCTION 40 YEARS EXPERIENCE Insured. Bathroom remodel, Deck, Fences, etc. 256-762-4357

FIREWOOD OAK & HICKORY, stored in dry, \$130 a load, delivered 256-412-4840 or 256-602-7510 Tusculumbia

MANSELL ROOFING, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

FEAZELL'S PAINTING SERVICE Picture Perfect Results! Residential, Repaints, Interior & Exterior, Quality Work, Exterior surface cleaning. Licensed & Insured. L.B. Feazell 731-313-4618

LEGION MOTORSPORTS

**General Maintenance
Diagnostics**



**Engine Repair
Transmission Swaps**



**A/C Repair
Brakes
& Suspension**



**OPEN
Mon-Fri 8am -5pm**

Owners

Dustin Roden, 256-443-9569 • Shane Roden, 256-366-5697

3519 FLORENCE BLVD. • FLORENCE



THE COURIER JOURNAL WILL
**Conclude Business
on Wednesday this week
for the Thanksgiving Holiday.**

THE AD DEADLINE for the
November Dec. 4 issue is

4pm WEDNESDAY, NOV. 27



(The Wednesday before Thanksgiving) Call 256-764-4268

Classified ads placed on Friday, November 29 online or through the call center will publish Dec. 11.



Savvy SENIOR

Best Pill Boxes and Medication Management Tools

Dear Savvy Senior,
Can you recommend some good pill boxes and medication reminding devices? I've recently started taking several new prescription medications along with some vitamins I normally take and need to get a pill box that helps me organize them. What can you tell me?

Almost 70

Dear Almost,
Pill boxes (a.k.a. pill organizers) play an important role in keeping people healthy because they help you stay on top of your medication regimen. While there are many options, here are a few tips to help you choose, along with some top-rated pill boxes as recommended by expert reviewers.

Identify Your Needs?

When choosing an appropriate pill box for you, you first need to ask yourself a few questions, such as:

• **How many pills do you take and how big are they?** If you take only a few medications, a smaller pill box may be sufficient. But if you're taking multiple medications and large vitamin supplements, you'll want to get a large compartment pill box that can hold your daily dosage.

• **Do you take your pills once a day or multiple times a day?** If you take medications only once a day, a simple pill box with one compartment will do. But if you need to take medications multiple times a day, you'll want to get a pill box with either two, three or four compartments for each day of the week.

• **Do you have problems remembering to take your medications?** If so, there are organizers that have built-in alarms and reminding features, or

you can download a free medication reminding app on your smartphone.

• **Do you have a difficult time opening your medication containers?**

If so, there are easy-open pill boxes or automated medication dispensers that are ideal for those with dexterity problems.

• **Do you need a portable pill box for when you're away from home?**

There are smaller portable pill boxes made for traveling, some of which have sealed-shut cases that prevent moisture and dust from entering.

Best Pill Boxes

With help from The New York Times (Wirecutter) and USA Today (Reviewed), some of the best pill boxes in 2024 are offered by Auvon and Sukuos which make a variety of single and multiple compartment pill organizers that are big, colorful and easy to open.

Their top-rated options include the "Auvon Weekly Pill Organizer" for once-a-day medication users; "Sukuos AM/PM Weekly 7 Day Pill Organizer" for twice a day use; "Auvon iMedassist Moisture-Proof Weekly Pill Organizer" for four times a day; and the "Auvon Moistureproof Monthly Pill Organizer" for those who want to organize their medications monthly.

Or, if you're interested in a travel pill box, the "MUchengbao Travel Pill Organizer" is considered an excellent choice.

High-Tech Pill Organizers

If you need more help keeping up with your medication regimen, there are smart pill boxes that will organize your pills, remind you to take them, track your progress and even text or email caregivers if pills are missed. A popular

option to consider here is EllieGrid (elliegrid.com, \$149), which connects the pill box to the EllieGrid app (via Bluetooth) that you would install on your smartphone.

Or if you need even more help, there are automated medication dispensers like the Hero (herohealth.com, \$45 per month), which is a comprehensive, Wi-Fi connected, app-based system that will remind you when to take your pills and dispenses them to you.

Medication Reminding Apps

If you're interested in a medication reminding app, some top-rated choices include MyTherapy (mytherapyapp.com) or Medisafe (medisafeapp.com). These are free apps that you can download in the Apple or Google Play app stores that will send you timely notifications to take your pills, and reminders to refill your prescriptions.



Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

WATCH & CLOCK REPAIR
Including Grandfather Clocks
256-572-2679 Killen, AL

TWO T-MOBILE SMARTPHONES \$100 for both 256-227-0513

ROOF REPAIR at an affordable price. Free estimates. Call 256-668-5807

WE BUY RIDING MOWERS, John Deere, Cub Cadet, Kubota, Craftsman, etc. We will buy it running or not. Give us a call at 256-275-2276

THANK YOU for reading the Courier Journal!

BUY HERE • PAY HERE

BUY HERE PAY HERE CARS

HOURS: Mon.-Thurs. 8am-5:30pm; Fri. 8am-5pm; Sat. 8am-Noon. After Hours by Appt.

2012 Ford Flex
3RD ROW

2014 Ford Focus
LOW DOWN PAYMENT

2015 Lincoln MKS
LUXURY SEDAN

LOWEST NO HASSLE PAYMENTS: WEEKLY • BI-WEEKLY • MONTHLY
In-House Financing Based on Debt to Income Ratio not Credit Score

MECHANIC ON DUTY
OPEN TO THE PUBLIC: Monday-Friday

Advance AUTO SALES 256-767-3705
www.Advancebhph.com
3641 Cloverdale Rd. • Florence

Fewer Items on our Ad are Due to Warehouse Help and Supply Shortages

This Ad Good Nov. 27-Dec. 3, 2024

Big Star
Co. Rd. 47, St. Florian **256-764-0245**

Quantity Rights Reserved. None Sold To Dealers.
We Welcome WIC & Food Stamp Shoppers

COCA-COLA PRODUCTS
6 PK. 1/2 LITERS
3/\$12

COCA-COLA PRODUCTS
12 PK. 12 OZ. CANS
2/\$9

FAMILY PACK GROUND BEEF
LB.
\$2.99

KENTUCKY LEGEND HAMS
LB.
\$5.99

TROWBRIDGES PEMENTO CHEESE
17 OZ.
\$7.99

WRIGHTS BACON
24 OZ.
\$7.99

JENNIE O TURKEY BREAST
LB.
\$1.79

CAROLINA PRIDE COCKTAIL SMOKIES
14 OZ. PKG.
2/\$5

BETTY CROCKER CAKE MIX
13.25 OZ. BOX
3/\$5

BETTY CROCKER FROSTING MIX
12-16 OZ. CAN
3/\$5

KRAFT SHREDDED CHEESE
8 OZ. BAG CHEDDAR
2/\$4

BALL PARK HAMBURGER BUNS
15 OZ. BAG
2/\$5

Come visit us for more great specials! Like Us On **Check Facebook for Daily Specials**

We're Home Owned & Home Operated! Thanks For Shopping Big Star!



Christmas 2024



Boutique Items



Western Wear



Camo

*Check off your
Christmas list
at Happy Hollow!*



Kids Toys



Guns & Ammo



Powersports Vehicles

And much more...