



TWIN CITY TIMES

© Twin City TIMES, Inc. 2024

(207) 795-5017 • Info@TwinCityTimes.com

FREE • Vol. XXVI, No. 29

Your Hometown Newspaper Since 1999

Thursday, November 28, 2024 • FREE

CMMC welcomes new gastroenterologist

LEWISTON, ME -- Central Maine Healthcare is happy to welcome Gaurav Kakked, MD. Dr. Kakked is a gastroenterologist who will be seeing patients at Central Maine Medical Center (CMMC) in Lewiston.

Dr. Kakked is very excited to join the team at CMMC, specifically because of the high num-

ber of interventional endoscopic ultrasound procedures performed at the hospital.

"Some of the procedures that are being done here at CMMC match what is being done at large academic centers in major cities," Dr. Kakked said. "People aren't aware of this. The caliber of care and people here is very

impressive."

Dr. Kakked attended Gujarat University in India. He did his residency at Mount Sinai in New York and completed a gastroenterology fellowship at Willam Beaumont Hospital in Michigan. Dr. Kakked also completed an advanced endoscopy fellowship at Rush University in Chicago.



"We are very fortunate to have Dr. Kakked with us here at CMMC," said Kanishka Bhattacharya, MD, chief of gastroenterology at Central Maine Healthcare. "His expertise in interventional endoscopy will complement a team that is already performing these new and cutting-edge procedures for our patients in

Maine."

Central Maine Healthcare's board-certified gastroenterologists provide expert care for all types of gastric problems, from everyday stomach ailments to complex intestinal, swallowing and inflammatory conditions. They work closely with our patients to create a tailor-made treatment plans.

Wreaths Across America's escort to Arlington to stop in Lewiston

C O L U M B I A FALLS, ME – Wreaths Across America (WAA) is proud to announce the commencement of its annual "Escort to Arlington," the nation's longest veterans' parade. This event is meant to honor and remember our fallen heroes while instilling the value of freedom in the next generation.

The official route, available for viewing on the nonprofit's website, will make stops at schools, memorials, and various locations down the East Coast. Unless specified otherwise, these events are open to the public and the community is encouraged to attend

and welcome the escort as it arrives in the area. Please note that arrival times are approximate.

The Escort and its participants will travel through and make stops in Maine on Saturday and Sunday, December 7 and 8, before heading South on Monday, December 9.

- Saturday, December 7:**
 - Quoddy Head Light-house, Lubec – 6:30 am
 - Calais Border Patrol Crossing, Calais – 10:30 am
 - Narraguagus High School, Harrington – 4:00 pm (invite-only event)
- Sunday, December 8:**

- Parade through Mil-bridge – 7:45 am
- Ellsworth YMCA – 8:40 am
- Erskine Academy, South China – 12:15 pm
- Lewiston High School – 3:10 pm. The public is welcome at the ceremony and to welcome the convoy along their route to Lewiston High School.
- New Gloucester Veterans Monument – 6:45 pm
- Escort arrives at Ocean Gateway, Portland – 8:30 PM
- Monday, December 9:**
 - Escort departs Portland waterfront – 7:15 am
 - Wells Junior High

School – 8:30 am; departure toward I95 South planned for 10:45 am

This year's Escort to Arlington participants will include the current national president of American Gold Star Mothers, Inc., Patti Elliot, among many Gold Star family members – fathers, mothers, brothers, sisters, wives and children. Additionally, the current national president of Blue Star Mothers, Inc., Rebecca Stafford, will join the trip along with Blue Star family members. Veterans representing many eras and Veteran Service Organizations (VSO), such as The American Legion National

Vice Commanders Charles "Chuck" Robbins and Joseph "Joe" Lysaght and American Legion Auxiliary National President Trish Ward, will all be traveling on the week-long journey. Members of the Patriot Guard Riders, Patriot Riders, and law enforcement from departments across Maine and New England will provide escort to ensure safe transport for all participants throughout the week.

On Saturday, December 14, 2024, the nation will come together to observe National Wreaths Across America Day. Over 4,800 participating locations na-

tionwide will host ceremonies to commemorate this special day. This event serves as an opportunity for communities to pay their respects to our fallen service-members.

To find a participating location near their community, volunteer to place wreaths, or make a \$17 sponsorship to place a remembrance wreath for a local veteran laid to rest in their area can visit the Wreaths across America website. Together, we can honor the fallen, show gratitude to those who serve, and impart the significance of freedom to future generations.

SeniorsPlus to launch capital campaign on Giving Tuesday

LEWISTON, ME -- SeniorsPlus, the designated Area Agency on Aging serving Androscoggin, Franklin, and Oxford counties, will announce the launch of the public phases of a \$5.5 million capital campaign for construction of a new education and nutrition center on Tuesday, December 3, at 10 a.m. at its headquarters at 8 Falcon Road, Lewiston.

The public is invited to attend the campaign launch, which will feature speakers, music, pastries made by the Meals on Wheels kitchen of SeniorsPlus, and coffee provided by Just-In-Time Recreation. Plans for the 12,000 square foot structure designed by Adam Lemire

of the Auburn architectural firm of Platz Associates will be unveiled. Construction of the new facility in an adjoining lot at 14 Mollison Way is planned for 2025.

Representatives of SeniorsPlus will announce the "Encompass Campaign," a capital campaign for the building of a new education and nutrition center facility at 14 Mollison Way designed to help fight isolation by increasing socialization, access to food, and access to education and digital communities.

SeniorsPlus President and CEO Betsy Sawyer-Manter will detail the plans and their impact together with Holly Zie-



linski and Dustin Ward, Chair and Vice Chair of the Board of Directors of SeniorsPlus respectively.

Tuesday, December 3 at 10 a.m.
Where: 8 Falcon Road, Lewiston, ME 04210

The December 3 event coincides with Giving Tuesday, a global generosity movement that highlights the impact and needs of nonprofits worldwide.

Donations to the Encompass capital campaign

may be made by visiting www.seniorsplus.org/campaign.

"Since 1972, SeniorsPlus has been a vital lifeline for older adults and adults with disabilities in Western Maine," said Betsy Sawyer-Manter, President and CEO of SeniorsPlus. "As the need for support continues to grow, the new education and nutrition center is urgently needed to provide a crucial space where our community can connect, find purpose, and access essential resources. This center will not only strengthen our Meals on Wheels and nutrition programs, but it

will also combat isolation, offering a place for individuals to engage, build friendships, and continue learning."

Loneliness among older adults is epidemic and, according to the National Institute on Aging, the health risks of prolonged isolation are equivalent to smoking 15 cigarettes a day.

Clean Books
OLIVIA OUELLETTE
Bookkeeper / Owner

Give us a call today for a free quote!

WWW.CLEANBOOKSMAINE.COM
CLEANBOOKSMAINE@GMAIL.COM
207-370-9292
PO BOX 615, GARDINER, ME 04345

Professional & Reliable Cleaning Services

REAL CLEAN LLC

Over 20 Years Experience
Commercial • Residential
Serving Maine • New Hampshire

(207) 712-2765 - Stacy Mahonen - www.RealCleanLLC.com

Best Source for Arts, Music and Theater! Your Hometown Paper.

Newsmakers, Names & Faces

Andwell addresses top misconceptions about hospice

Q&A with Andwell Health Partners' Hospice Director, Katherine Pushee, RN, MBA

While hospice may mean different things to different people, there are some common misperceptions about hospice that we hope to clarify here. To shed light on some of these misunderstandings, we've enlisted the help of Andwell Health Partners' new Hospice Director, Katherine Pushee.

Q: What are some of the most common misconceptions about hospice?

A: One common misconception of hospice is that people may feel that choosing hospice care means "giving up." In fact, in hospice, we take a holistic approach to chronic illness to improve quality of care for those within our community. Two common goals are: reducing unwanted visits to the emergency department or hospital, which may result in aggressive treatment that is not consistent with the

patient's goals and preferences; and alleviating the burden of care on families and other caregivers.

Another misconception is that a hospice is a physical space. While there are hospice facilities where patients may receive care, hospice is primarily a service and approach to care. You do not have to "go somewhere" to get hospice care. We come to you, with nursing, home health aides, social workers, chaplains, and volunteers collaborating to bring care and improve quality of life for the patient and their families.

Q: Why do you think these misconceptions about hospice persist?

A: I believe that these misconceptions about hospice persist due to lack of understanding around the hospice benefit in general. That fear of "giving up" in going on hospice clouds all else. Once people understand what hospice care really is, and the benefits that it can provide,

Andwell

HEALTH PARTNERS

Formerly known as Androscoggin Home Healthcare + Hospice

then we are able to deliver care to more patients and their families who would benefit from it.

Q: How can hospice care providers and organizations better educate the public to dispel these misconceptions?

A: One of the most significant ways a provider or organization can better educate the public is partnering with an organization such as Andwell Health Partners to help have those conversations with patients and their families. Providers are often busy within their medical world and may not have time or resources to fully address all of the patient's and caregivers' needs. That is where an organization like Andwell

can help, working in partnership with the providers to support difficult conversations and utilize our hospice team's expertise to help support and educate the patients and their families within the community.

Q: What makes non-profit hospice care, and Andwell in particular, different?

A: I have found that at Andwell Health Partners, we are committed to giving back to the community—right here in Maine. That is a significant difference from other providers. It is also important that we provide services for people needing hospice care, regardless of whether there is insurance to cover that care or not. One of the most impressive and

innovative aspects that I learned about when I got here was that Andwell uses the proceeds from the Andwell Thrift Stores to support hospice services for community members who are uninsured. The mission of caring for Maine people and giving back to the community is part of our DNA.

Q: What kind of services do hospice care teams provide?

A: Hospice provides nursing care, home health aide care, spiritual support, social work support, and volunteer services for the patient and their family or caregivers. Hospice also provides bereavement support for those who are grieving after the patient's death. It really is looking at each individual patient and their family and taking a comprehensive approach to best support them and meet them where they are.

Hospice is covered under Medicare, MaineCare and most private insurance policies. (For

those without health insurance coverage, please call Andwell and ask to speak with our billing staff who will work with you to explore options so we can make sure that financial issues are not a barrier to receiving high quality hospice care.)

Q: What is the one thing that you wish people knew about hospice care?

A: It is important that people know that hospice care takes a holistic approach that focuses on quality of life. Our goal is to meet people where they are and provide high-quality care for both patients and their families. Hospice care is not about "giving up"; it's about living the best quality of life for the time you have left. At Andwell Health Partners, our mission is to support as many patients and families as possible during the most challenging times. If you have any questions about hospice care, please don't hesitate to contact us.

Bids & Brews auction fundraiser to benefit HART this December

CUMBERLAND, ME - The Homeless Animal Rescue Team (HART) of Maine, an adoption center and shelter for cats in Cumberland, is pleased to announce their second annual silent and live auction fundraising event, Bids & Brews, December 5, 2024, at Maine Beer Company in Freeport, Maine. Admission is free.

Like last year's hugely successful inaugural event at Maine Beer Company, it will feature a silent and live auction, free pizza, and all the excitement

of outbidding others for a good time and a great cause. The event will run from 5:30 p.m. to 8:00 p.m. Admission is free (but HART will gladly accept donations at the door).

Silent auction selections will include an eclectic and curated mix of gift cards, jewelry, professional services, gift baskets, artwork, and more, all generously donated by individuals and local establishments. The live auction will feature signature trips and VIP experiences.

All proceeds from

this event will help alleviate some of the increased financial burden HART has taken on this year due to the rising price of veterinary care, food, and medical supplies. This fundraiser will help HART continue the excellent work of helping abandoned cats survive, thrive, and be ready for adoption into their next forever home.

Send all items for Names and Faces to the Editor. Deadline is Friday by five.

A silent & live auction fundraiser for HART of Maine

BIDS & BREWS

Thursday Dec 5, 2024 @ 5:30p
Maine Beer Company

FMI: hartofme.org



Injured on the job?

We should talk.

(207) 333-5103

Help@BilodeauLaw.me

BILODEAULAW.ME

**BILODEAU
LAW**

allworx



Save \$\$ on your business phone!
Call today for a demonstration!

**PROFESSIONAL
COMPUTER SERVICES INC.**

207.784.6295
buck@pro-pc.us



Buck Buchanan
A+, MCP Certified Technician

Best Source
for Arts,
Music
and
Theater!
Your
Hometown
Paper.

Newsmakers, Names & Faces

Rinck Advertising expands team, elevates leaders

LEWISTON, ME – Rinck Advertising, a woman-owned agency, is proud to announce a series of strategic hires and promotions, strengthening its team with a diverse lineup of talented professionals. In response to growing client demand and the rapidly evolving marketing landscape, these appointments reflect Rinck’s commitment to nurturing leadership and innovation, while continuing to ensure opportunity for female leaders. With new perspectives and a shared dedication to client success, these professionals position Rinck to deliver cutting-edge, impactful strategies across various industries, cementing the agency’s role as a leader in strategic, client-centered solutions.

Promotions

Yany Av Senior UX/UI Designer

Promoted to Senior UX/UI Designer, Avarcrafts accessible, empathy-driven digital experiences. Based in Sioux Falls, South Dakota, her mission-centered approach aligns seamlessly with Rinck’s commitment to inclusivity and digital accessibility, ensuring Rinck’s clients connect with audiences through optimized, user-friendly solutions.

Sarah Bird – Associate Creative Director of Content, Culture, and Innovation

Sarah Bird, now Associate Creative Director, will be pivotal in shaping Rinck’s creative vision, focusing on cultivating client connections and fostering a culture of innovation. Located in Maryland, Bird’s

background in storytelling and brand-building supports Rinck’s mission to stay ahead of marketing trends, infusing each project with fresh, strategic insights that resonate with today’s audiences.

New Hires

Lynn Wassmer – Paid Social Media Manager

Lynn Wassmer joins Rinck as a Paid Social Media Manager, bringing extensive expertise in global media. Certified as an ABX Digital Advertising Specialist, Wassmer will support social media strategy for Rinck’s B2B clients, helping them navigate complex digital landscapes with forward-thinking approaches that maximize engagement and ROI. Based in Illinois, she was previously a Global Paid Media Specialist at UL Solutions.

Samantha Habayeb – Senior Account Manager

With 14 years of international marketing experience, Samantha Habayeb joins Rinck as a Senior Account Manager. Based in Maryland, she brings a deep understanding of client needs around the globe, including the U.S., Middle East, and the UK. Habayeb will oversee client accounts such as Colman’s USA, Dental Herb, and Pears, applying her expertise to develop strategies that bridge multiple markets and resonate across audiences.

April Dlugokeski – Senior Project Manager

April Dlugokeski joins Rinck as a Senior Project Manager, with extensive experience in project execution and team collaboration. Previously with



Flight Safety International, Dlugokeski will support clients like Al Fresco, Olitalia, Unilever International, Dove, Vaseline, Pears, and Novonesis, ensuring that projects are delivered with precision, on time, and within scope.

Emily Broadbent – Senior Account Manager

A marketing strategist with a decade of agency experience, Emily Broadbent joins Rinck as a Senior Account Manager. Located in Cape Elizabeth, Maine, she will provide support for Maine-based clients such as Androscoggin Bank, MaineGeneral

Health, MaineHousing, and Safe Voices. Her track record in creative, integrated communications will enhance Rinck’s ability to build strong, community-focused strategies that drive local engagement.

These strategic promotions and new hires reflect Rinck’s commitment to remaining flexible and client-focused in a constantly evolving industry. The agency continues to seek out top-tier talent that brings innovative, specialized skills to address client needs and leverage new opportunities for growth and impact.

About Love: Esther Tucker’s Story at First Universalist Church

AUBURN, ME – The First Universalist Church of Auburn presents *About Love: Esther’s Story* on Sunday, Dec. 1 at 12:30pm. This one-act play is staged as a readers theater piece with music, celebrating the remarkable Esther Tucker, of Poland, and her life-long commitment to Auburn UU. Born into the congregation, Tucker is the church’s oldest member at the age of 93.

The Adult Religious Education group, chaired by Charles I. Nero, is presenting a year of programming on the theme “The Power of Love,” to explore the Unitarian Universalist Association’s new covenant, approved at its annual meeting in June of 2024. “Love is the power that holds us together,” the covenant proclaims, “and it is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of love.”

Conceived by Nero, “About Love” was developed from an interview with Esther Tucker by Nero and Toby Haber-Giasson, director of the church’s award-winning



The legendary Phil House rehearses with the cast of “About Love: Esther’s Story,” (LtoR) Cynthia Grimm, Toby Haber-Giasson and Cindy Greathouse.

UU Theater group. This is the first collaboration between Adult RE and UU Theater, one of the longest-running religious theater groups in Maine. The cast features Cindy Great-

house, Cynthia Grimm, and Toby Haber-Giasson as Esther’s alter-egos, with Ned Claxton as the interviewer. Legendary organist

Phil House provides rich musical accompaniment of Tucker’s favorite hymns, and musician Pam Weeks lends her fiddling artistry to the production.

The performance will be staged in Auburn UU’s Gothic Revival sanctuary. Designed in 1876 by John Stevens of Boston, Massachusetts, the First Universalist Church of Auburn is listed on the National Reg-

ister of Historic Places.

“About Love” will be preceded by a potluck from 11am-noon. Freewill donations to the church will be accepted in lieu of an admission fee. The show will also be viewable on the church Facebook page and the Zoom worship link.

First Universalist Church of Auburn is located at 169 Pleasant St. (entrance on Spring St. across

from Dairy Joy). Accessible; parking available. FMI, call 783-0461 or contact office@auburnuu.org.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

WHY PEOPLE CHOOSE CHAMPOUX INSURANCE



Jonathan Knowlton
Licensed Agent

Jonathan Knowlton joined Champoux Insurance Group in February as an Account Executive, with 20 years of experience in the insurance and investment field. After graduating from Thomas College with honors, he went to work for MetLife as a personal financial representative. From there he worked for Allstate insurance and within 3 years, had opened his own agency on Sabattus Street in Lewiston. Jonathan closed the agency after 13 successful years. Making sure clients are educated about the risks they face and protecting them with auto, home, and life insurance products has always been important to him; local families truly are in good hands with him. Jonathan lives in Auburn with his wife and son and enjoys ice fishing, ATVing, hiking, growing hot peppers and volunteering with the Boy Scouts. Champoux Insurance Group welcomes Jonathan to our Team.



CHAMPOUX INSURANCE
YOUR SECURITY IS OUR MAIN CONCERN

150 East Avenue
Lewiston, ME 04240
(207) 783-2246
www.MaineInsuranceOnline.com

TWIN CITY TIMES

TWIN CITY PUBLISHING, INC

Twin City Times • 89 Union Street, Suite 1014 • Auburn, ME 04210
Gorham Weekly • 28 State Street • Gorham, ME 04038

Info@TwinCityTimes.com
(207) 795-5017

TWIN CITY PUBLISHING, INC. 2022®

All materials found in TWIN CITY TIMES are copyrighted. All rights in those materials are reserved and permission to use them must be specifically granted by Twin City TIMES.

FREE e-subscriptions at
www.TwinCityTimes.com

Advertising

For advertising information email
Laurie@twincitytimes.com or call 795-5017.

Deadline

Deadline for ads and press releases is
5 p.m. on Friday preceding publication.
Published every Thursday’s publication.

Press Releases

All submissions, including photos, must
be emailed to editor@twincitytimes.com.

Proofs

Publisher is not responsible for any errors in ad
copy not inspected by advertiser prior to publication.

Jason Hodsdon Masonry

Chimneys • Chimney Cleanings • Masonry Demo
Repointing & Repairs • Culture Stones
Restorations • Stainless Steel Liners

We install professional chimney caps!

215-3557

North Monmouth

Jasonhodsdonmasonry@gmail.com



Maine-ly Harmony performing Songs of the Season



Left to Right, first row Judy Labonte, Jennifer Clair, Betty Avery, Martha Tait, Lynn Izzi, Kathy Joyce, Lea Davis, Barbara Combs; 2nd row Martha Bangs, Peg Dubrow, Candace Pepin, Janet Dunham, LouAnne Mossler, Donna Ryder, Dotti Meyer; Third row Lynn Rogers, Danielle Bolouc, BJ Sylvester-Pellett, Cathy Anderson, Nancy Bossie, Sue Staples, Director Kathy Greason.

GARDINER, ME -- Join the Maine-ly Harmony Chorus Sunday, December 8th at 2 p.m. at the Highland Avenue United Methodist Church, 35 Highland Avenue, Gardiner, Maine for the "Songs of the Season" - your favorite Christmas songs, including a silent auction, refreshments and a special appearance from Jolly Ole St. Nick! We all need a little Christmas and look forward to sharing our musical holiday favorites with you. A donation of \$15 is accepted at the door.

"Round Up for Kids" through December with Rocky's

BATH, ME - Rocky's Ace Hardware, one of the country's largest family-owned Ace Hardware dealers with 50 locations in nine states, is kicking off the season of giving with its "Round Up for Kids" fundraiser. Throughout the campaign, which extends through December 31, customers are asked to round up their purchase total to the next dollar. The difference is donated to Children's Miracle Network (CMN) Hospitals.

"The healthcare professionals at these hospitals are doing the work of heroes," said Rocky's Ace Hardware President Rocco



Falcone. "CMN helps more than 10 million kids each year get the best possible medical treatment."

Last year, the initiative raised more than \$41,000 across all Rocky's locations. 100 percent of the money raised from the Rocky's location in Bath goes to benefit MaineHealth Barbara Bush Children's Hospital in Portland. Donations help fund critical treatments, innovative research,

pediatric equipment, financial assistance for families and services aimed at putting the minds of children and families at ease during difficult hospital stays.

"Every year, I'm overwhelmed by the generosity of our customers," Falcone said. "Children's Miracle Network helps save lives. We're looking forward to another successful season of contributing to this worthy cause."

Wiscasset Holiday Marketfest brimming with seasonal cheer

WISCASSET, ME - Wiscasset Holiday Marketfest heralds the gift-giving season with three days of local shopping and lots of activities for shoppers, families, locals, and visitors to enjoy! In 2024, visit Marketfest on Fri., Dec. 6, Sat., Dec. 7, and Sun., Dec. 8, in Wiscasset Village, from 10am to 5pm each day and festive family events on Friday and Saturday evenings.



Wiscasset Holiday Marketfest's Christmas Cookie Challenge judges (l to r), Anthony Weismann, Brad McCary, and Daphne Cromwell, took their task of choosing the best holiday cookie very seriously in 2023. (Bob Bond photo)

Marketfest features a visit from Santa who arrives via a grand light parade. Kids get treats and cocoa, adults get Hot Toddies. Sheep for petting and marshmallows for roasting keep the brisk evening toasty. The weekend's free raffle for dining in every participating storefront entices shoppers to browse while the very popular Christmas Cookie Challenge is an irresistible call to local bakers. Hang around until after the judging for the chance to sample these tasty morsels. Find inspiration in the annual Wreaths Around the

Holidays display and be part of the friendly competition for People's Choice.

The historic Nickels-Sortwell House will be decked with holiday greens and open for tours, while the old barn next door will be transformed into a shopping wonderland for unique, one-of-a-kind, artisan-made gifts. A family-friendly Snow Ball is a dance party for all to enjoy!

Ornament workshops, a shopping event

just for kids, songs of the season from a female barbershop quartet, wagon rides, and more bring the joy of the season to all who visit Wiscasset Village during Holiday Marketfest 2024!

For more details, see the Calendar on www.WiscassetHolidayMarketfest.com. Wiscasset Holiday Marketfest is a partnership between Wiscasset Creative Alliance and Wiscasset Area Chamber of Commerce.

Send all items for Names & Faces to the editor. Deadline is Friday by five pm.

**Sealcoating • Hot Rubber Crack Filling
New Installations • Concrete
Reclaimed Asphalt • Loam**

Our premium grade sealer inexpensively adds years of life!

Protect your investment with our wide range of products!

Roadmark Industries

Mike Willett • 143 Pleasant Street • Auburn

(207) 240-5535

ROOTED
hair studio



Courtney



Michael

Accepting New Clients ~ Booth Rental Available

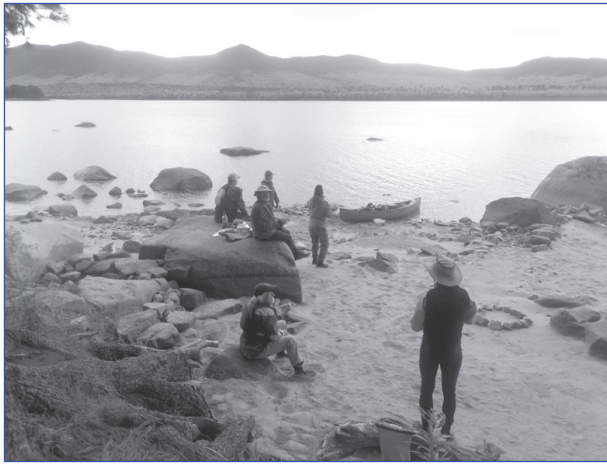
214 Minot Avenue ~ Auburn ~ 689-3035

Seniors Not Acting Their Age

Navigating Historic Flagstaff Lake



Kayakers enter Flagstaff Lake in the shadow of the Bigelow Mountain Range



Paddlers visit a campsite where former Flagstaff Village was located



A rusty reminder of former Flagstaff Village

A large group of Chowderheads from the Penobscot Paddle & Chowder Society was preparing for the second day of their annual Fall Super weekend of outdoor activities in Carrabassett Valley. Several decided on mountain bike rides in the area; I had scheduled a paddling trip on Flagstaff Lake.

A major concern for our planned lake excursion was wind. During the previous day, we had experienced gusty gales that brought down trees and caused numerous power outages throughout the state. However, overnight conditions improved dramatically: light variable winds and sunny skies were forecast. The trip was on!

Flagstaff Lake has a rich compelling history. In the fall of 1775, during the early days of the Revolutionary War, Colonel Benedict Arnold led a small army on an epic march through Maine and southern Quebec to conduct an ill-fated attack on Quebec City. For several days, the beleaguered army struggled through what was then the Dead River and now Flagstaff Lake. While in that vicinity, a hurricane destroyed

a large number of their bateaux that carried most of the food supply. At the time, Arnold is believed to have raised a flag in what became Flagstaff Village, hence the name Flagstaff.

Subsequently, the three small communities of Bigelow, Dead River, and Flagstaff were established along that stretch of the Dead River. In 1950, Long Falls Dam was constructed flooding the villages and creating Flagstaff Lake. The residents, many resistant, were removed through the process of eminent domain. Some remnants of the former villages still exist, much of them underwater.

Eleven paddlers in 9 kayaks and a tandem canoe joined me at the boat landing on the western shore of Flagstaff Lake in Stratton on a calm, cool, sunny morning. That was the meeting place not the planned launch point. Instead, we drove north on Route 27 to Eustis and motored east on Flagstaff Road to Myer's Beach. From that location, the distance to a campsite situated where the former Flagstaff Village was located is about four miles. That was our destination.

Vehicles cannot drive to the beach. Rath-

er, boats must be carried across a narrow bridge and launched in a tiny inlet that connects with the lake.

Our enthusiastic band of Chowderheads quickly spilled out into the lake. Clear skies provided spectacular views of the towering Bigelow Mountain Range that parallels the southern shore. We delighted in that majestic vista for the remainder of the outing.

Our choice to delay paddling until Sunday was a good one as winds were negligible as we navigated easterly past Flagstaff Peninsula and along the shoreline of a large island in the western center of the lake. Lofty Flagstaff Mountain and Picked Chicken Hill dominated the eastern horizon. Slightly west of distinctive Jim Eaton Hill, two small boats could be seen next to the shore close to what appeared to be our island campsite destination.

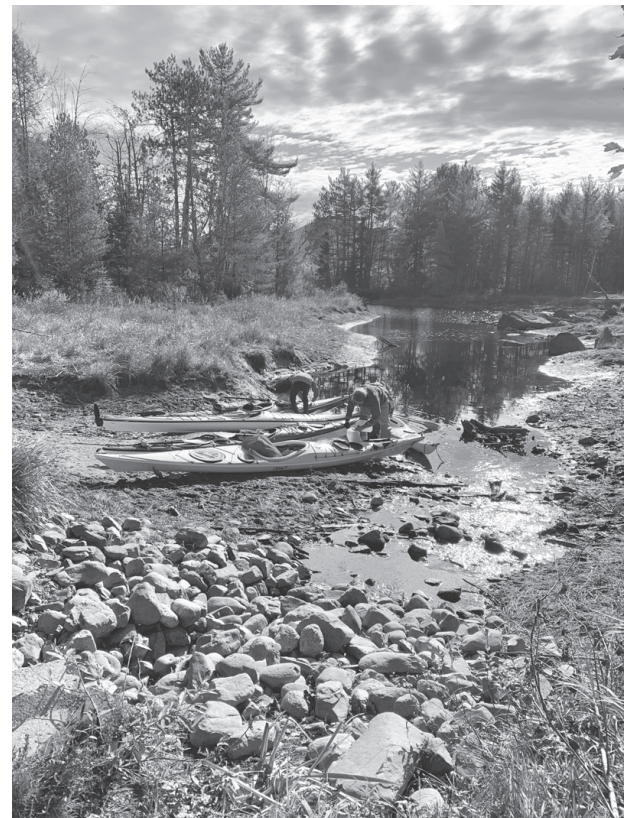
A trio of paddlers greeted us when we arrived at the campsite. The friendly boaters were camping at another location east of Jim Eaton Hill, but were investigating the area. They had spent the previous day paddling in extremely gusty winds

and had been fortunate to survive the ordeal without capsizing. We were thankful to have waited a day for the winds to subside.

Our group of inquisitive Chowderheads lingered at the exceptional campsite for lunch and some exploration. Two rusted vehicles, remnants from the former Flagstaff Village, were found on the outskirts of the campsite. There are several locations that appear to be the remains of old building foundations. Later research by one kayaker in the group, Suzanne Cole, indicates we had paddled over numerous submerged former homes. During periods of very low water, some of the surviving structures can reportedly be seen.

Returning in the shadow of the Bigelow Mountain Range with light winds, we paddled west towards Myer's Beach. Several walkers could be seen strolling on the beach as we approached. This was a remarkable day to experience the beauty Flagstaff Lake from any vantage point.

We disembarked satisfied to have completed an exceptionally scenic fascinating excursion.



Kayakers prepare to launch near Myer's Beach on Flagstaff Lake

Alas, Fall Super activities had ended for another year.

My book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine* narrates the best lake and river trips in Maine and details a rollicking whitewater ride down the lower Dead River.

Ron Chase resides in Topsham. His latest book, *Maine Al Fresco:*

The Fifty Finest Outdoor Adventures in Maine is available at www.northcountrypress.com/maine-al-fresco or in bookstores and through online retailers. His previous books are *"The Great Mars Hill Bank Robbery"* and *"Mountains for Mortals – New England."* Visit his website at www.ronchase-outdoors.com or he can be reached at ronchaseoutdoors@comcast.net

GRIDIRON
Restaurant
LEWISTON, MAINE

SCAN HERE! → The Place where every hour is happy.



OPEN DAILY
11AM-9PM
DINE IN - TAKE OUT
207-777-6353
207-777-6354

1567 Lisbon Street Lewiston, Maine

We Deliver.

SUBWAY Not all delivery services available at every restaurant. All other related trademarks are owned by Frito-Lay North America, Inc. ©2020 Subway® is a Registered Trademark of Subway® IP LLC. ©2020 Subway® IP LLC.

Open for curbside pick-up, take out, indoor dining, bowling and arcade!



American pub-style food and drinks.

A 7 Railroad Ave, Ste 102
Gorham, ME 04038
W www.jctbowl.com
P 207.222.7600

Arts & Entertainment

Dream big: LPL campaign kickoff with princesses and superheroes

LEWISTON, ME -- Join us for our initial fundraising event to support the Children's Department renovation, Dream Big: Capital Campaign Kickoff with Princess and Superhero Friends in Callahan Hall.

Meet-and-greet with fairytale princesses and popular superheroes. Watch each princess's performance and enjoy a tasty snack. Kids will be able to decorate their own superhero cape or crown for a special photo with their favorite character. Dream big

with us and draw what you would like the new Children's Department to look like at our art station while live music fills Callahan Hall.

Come out to have fun, generate awareness and celebrate the season.

Dream Big is a fundraising event in support of READY to Grow: LPL's Campaign for Kids to renovate the Children's Department. Our vision is to provide generations of Lewiston's youth with an inspiring place to play, grow, and explore while



remaining respectful of our rich history and reflecting the cultures and traditions of modern-day Lewiston.

When you use a library, you join a community. Libraries are a vital

resource, providing a space where families and children can connect, and access needed resources. It's time for the Children's Department to grow in order to better serve families. Your

donation can help us make the Children's Department a more welcoming, appealing, and exciting destination! To learn more please visit: <https://lplonline.org/about/support-the-library/Midcoast> Brass comes to LPL as a community outreach from the Midcoast Symphony Orchestra, which makes its home in Lewiston at the Franco Center. For more information about the Midcoast Symphony's 35th concert season and other community outreach events, visit midcoastsymphony.org.

This event is free and open to the public with a suggested donation of \$25+. Registration required on GiveButtr: <https://givebuttr.com/LPLholidayparty> 513-3133; www.LPLonline.org

For more information contact the Children's Department at 513-3133 or LPLKids@Lewiston-Maine.gov

<https://lplonline.org/events/dream-big-capital-campaign-kickoff-with-princess-and-superhero-friends/>

Maine Music Society presents: "A Season of Celebration"

LEWISTON, ME — The Maine Music Society Chorale, directed by Dr. Richard Nickerson, is thrilled to announce its upcoming holiday concert, A Season of Celebration, to be held on Saturday, December 14, 2024 at 7:00 p.m. and Sunday, December 15, 2024 at 2:00 p.m. at the Franco Center in Lewiston.

This festive performance will showcase a wonderful blend of timeless holiday music, including cherished carols and some new seasonal favorites. Its featured work this year is Francis Poulenc's Gloria. The concert will also include a stunning arrangement of Dan Forrest's Angels We Have Heard on High.

As part of the celebration, the audience will be invited to join the Chorale in its traditional holiday sing-along, adding to the joy and community spirit of the season.

The 80+ volunteer singers from the Lewiston-Auburn area, under the direction of Artistic Director Richard Nickerson, have been rehearsing



The Maine Music Society Chorale; Photo by Jared Morneau

for weeks to deliver a performance that promises to inspire and uplift. With a perfect mix of festive traditions and new holiday gems, A Season of Celebration will surely fill the Franco Center with the warmth, wonder, and excitement of the season.

For more information, or to purchase tickets, visit us online at www.mainemusicsociety.org or call the MMS office at 207-333-3386. While you can purchase tickets at the door, we encourage you to buy your tickets in advance to secure your seats for this highly anticipated event.

Tickets:
Adult - \$27*; Senior - \$25*; Student - \$6*
Children under 12: free when accompanied by an adult.

Group rates available

for 10 or more tickets to the same performance purchased at the same time. Call our business office: 207-333-3386.

* Price includes all handling fees

The Maine Music Society thanks its Season Underwriters Hardy, Wolf & Downing and the Sun Journal, the Event Co-Sponsor Liberty Mutual, Supporters Norman Hanson & DeTroy and The Ladd Foundation for making this concert possible.

The Maine Music Society (MMS) is a nonprofit organization dedicated to enriching the cultural life of the Lewiston-Auburn area through performances of choral music in a broad range of musical genres — contemporary, musical theatre, classical, opera,

oratorio. MMS's 80+ volunteer singers, musicians, and staff share a passion for creating music that inspires, uplifts, and connects the community.

Best Source for Arts, Music and Theater! Your Hometown Paper.

ONE WEEKEND ONLY!

A Christmas Carol

adapted by Christopher Schario

A story you know, told in a way you've never imagined.

Dec 13 @ 7pm

Dec 14 @ 2pm & 7pm

Dec 15 @ 2pm



ALL KIDS \$15

Black Friday Savings! Use **BKFRI2425EV** at checkout and save \$6 each on Adult single tickets to any EVENING show. Offer expires 12/2/24

Theatre Tickets Make Great Gifts!

ThePublicTheatre.org | 782-3200

SPONSORS Dirigo Federal Credit Union, Baxter Brewing UNDERWRITERS Platz Associates, Sun Journal, WOXO & WIGY



31 Maple Street, Lewiston

Maine schools set to compete in WinterKids Winter Games

WESTBROOK, ME –WinterKids is thrilled to announce the selection of Maine schools to participate in the highly anticipated 2025 WinterKids Winter Games. This year’s Winter Games, running from January 13 to February 7, 2025, will see schools from across the state competing in outdoor challenges with the chance to win cash prizes, including a \$5,000 prize for the top-ranking school.

The WinterKids Winter Games provides an opportunity for students and faculty to engage in outdoor learning while exploring weather science in Maine’s winter landscape. Each week, participating schools will focus on a different aspect of weather—Temperature, Precipitation, Wind, and Clouds—conducting hands-on activities that encourage collaboration, critical thinking, and outdoor physical activity.

The schools selected for the 2025 WinterKids Winter Games include:



School, Wilton, ME (Franklin County) Community Regional Charter School, Cornville, ME (Somerset County)

Cranberry Isles School, Cranberry Isles ME (Hancock County)

Dirigo Elementary School, Peru, ME (Oxford County)

Ella P. Burr, Lincoln, ME (Penobscot County)

Harrison Elementary School, Harrison, ME (Cumberland County)

Lamoine Consolidated School, Lamoine, ME (Hancock County)

Marcia Buker Elementary School, Richmond, ME (Sagadahoc County)

Miller School, Waldo, ME (Lincoln County)



Minot Consolidated School, Minot, ME (Androscoggin County)

North Haven Community School, North Haven, ME (Knox County)

Rangeley Lakes Regional School, Rangeley, ME (Franklin County)

Rose M Gaffney, Machias, ME (Washington County)

Shapleigh School, Kittery, ME (York County)

Sylvio J. Gilbert School, Augusta, ME (Kennebec County)

Woodland Consoli-

dated School, Woodland, ME (Aroostook County)

Each participating school will receive a comprehensive toolkit, including Winter Games PLAY-Books for every student, packed with four weeks of outdoor activities and weather-related challenges, incentives corresponding to the weekly themes, and the WinterKids Learn Outside Guide to help elementary school teachers incorporate outdoor education all winter long. Throughout the games, schools will earn points by



completing activities, engaging their communities, and demonstrating school-wide enthusiasm for outdoor learning. Families, community members, and local businesses are encouraged to support their schools through organized events like family nights and themed outdoor activities.

“The WinterKids Winter Games gives students, teachers, and entire communities a chance to embrace the best of Maine’s winter season,” said Marion Doyle, WinterKids’ Education Director. “We’re excited to

watch this year’s schools gain an understanding of our weather and climate through fun outdoor activities and daily weather observations.” The WinterKids Winter Games furthers the organization’s mission of helping children develop healthy lifelong habits through outdoor winter education and activity.

The 2025 WinterKids Winter Games are made possible, thanks to generous support from Hannaford Snack Pals, Aroma Joe’s, MMG Insurance, and Stockhouse Restaurant & Sports Pub.

Midcoast Tree Festival continues this weekend in Brunswick



BRUNSWICK, ME – The Midcoast Tree Festival (MTF) fundraiser, presented by Hammond Lumber Company, will return to Brunswick’s St. John’s Community Center at 43 Pleasant Street during the weekends of November 22 -24 and November 29 – Dec. 1.

Brimming with gifts worth \$500 or greater each, beautifully decorated and “themed” holiday trees are donated by businesses and organizations in and around the Midcoast area. The public are invited to attend to view the trees/gifts and purchase raffle tickets for chances to win the trees and all gifts of their choice. Over fifty

trees will be available this year. Along with contributions from each participating Tree Benefactor, Priority Real Estate Group will again donate “Mega Tree” – an oversized Christmas tree that includes over fifty gifts and goodies!

Guests will enjoy daily concessions and hot cocoa bar provided by the Brunswick Knights of Columbus Sekenger Council 1947 and a robust bake sale courtesy of St. John’s Catholic School. A range of entertainers will participate at various times throughout the two-week-end event including Your Caricature (character drawings), Mt. Ararat Middle School Chorus, musicians,



Hark: A Duo, local magician and balloon artist, The Great Stephan; performer, Dennis Doiran and the St. Mary’s Choir. Youth arts and crafts activities will be offered daily between 10 a.m. – 12 p.m. A visit from Santa will conclude festivities on Sunday, December 1 at 11 a.m. Doors close at 2 p.m. on Dec. 1 with tree-winners drawn and called that afternoon/evening.

The event entry fee is only \$2 per person and FREE for children under the age of 12. Entry fees are cash only. Raffle tickets are 0.50 each with an unlimited amount sold to attendees that want to bid. Cash and credit may

be used to purchase raffle tickets. A daily 50/50 is also cash only.

The Midcoast Tree Festival is a fundraiser that supports the programs and services of Spectrum Generations including Meals on Wheels; All Saints Parish of the Midcoast region, spiritual development, emergency fuel and housing assistance fund in addition to other programs and projects; and the Bath-Brunswick Regional Chamber “Chamber Works 2030” program which focuses on education, workforce development, hiring needs and other key issues that affect those living and working within the Midcoast region.



Volunteers and sponsors are also needed to support this fundraiser. To learn more, including specific event timing and daily activities and to register for the gingerbread house decorat-

ing contest, visit: <https://www.midcoastmaine.com/midcoast-tree-festival> or email: midcoasttreefestival@gmail.com and make sure to follow Midcoast Tree Festival on Facebook @midcoasttreefestival.

**Send all items for
Names & Faces
to the editor.
Deadline is
Friday by five pm.**

Christmas Fair comes to Auburn

AUBURN, ME -- Come visit the former Rectory at 24 Sacred Heart Place in Auburn which has recently been transformed into a "Christmas Victorian House." Filled with an exciting assortment of holiday decorations including:

Byers Choice Carollers, Porcelain Seraphim Angels, jewelry, collector dolls, framed art, China, crystal, specialty vases, florals, small kitchen appliances, and children's gifts! Many new or nearly new!

Dates: Friday 12/6 – Saturday 12/7 10:00 am – 4:00 pm

For information: call Immaculate Heart of Mary Office 207-782-8096



Pictured L-R: Sandy Tardiff, Carol DeRoy, Diane Dennis, Bonnie Stone

SeniorsPlus announces new chief human resources officer

LEWISTON, ME -- SeniorsPlus, the designated Area Agency on Aging serving Androscoggin, Franklin, and Oxford counties, announces the hiring of Holly Greenleaf as the organization's new Chief Human Resources Officer (CHRO).

Greenleaf is from Southern Maine and has worked as a human resource professional for more than twenty years, mostly within the Maine public school system. She worked for the State of Maine Department of Transportation as the Assistant Human Resources Director, and then, most recently, as an Employee Relations Manager for the City of South Portland. She holds a Bachelor's degree in Business Studies and has been working toward her Masters of Legal Studies in Human



Holly Greenleaf is the new Chief Human Resources Officer at SeniorsPlus.

Resource Management. At SeniorsPlus, Greenleaf supports a staff of 125 employees across the state.

SARAH FRYE HOME HOLIDAY CRAFT FAIR
TO BENEFIT ACTIVITIES
SUNDAY DECEMBER 8th 9AM-3PM

Multiple vendors include, Scentsy, Avon, Papparazzi, Stuffies & Childrens Items, Homemade/Handmade Crafts, Baked goods and more..... Something for everyone! Happy Holidays!!

751 Washington Street North, Auburn Maine 207-784-7242

Augusta Symphony Orchestra Holiday Pops concert

AUGUSTA, ME -- The Augusta Symphony Orchestra is delighted to invite you to its annual Holiday Pops Concert on Sunday December 15th at 3:00 PM at the South Parish Church 9 Church Street Augusta. Founded in 1920 the ASO has been a beloved musical presence in the Augusta area for over a century and is under the inspired direction of conductor and music director Jinwook Park.

This festive program will feature a variety of clas-

sical and holiday favorites. It begins with Mozart's Divertimento in F major. Then enjoy Albinoni's Oboe Concerto in D minor with the ASO's own Necia Enoch as oboe soloist.

After intermission the orchestra will perform the enchanting Waltz of the Flowers from Tchaikovsky's Nutcracker Suite followed by selections from Handel's Messiah bringing the joy and reverence of this iconic oratorio to life. The spirited A Christmas Festival by Le-

roy Anderson rounds out an afternoon of seasonal music and celebration. There may even be some special surprises along the way!

Celebrate the holiday season with us as the ASO fills the air with the joy and beauty of live music. We look forward to sharing this special concert with you!

As always admission to ASO concerts is free with donations gratefully accepted. More information can be found at augustasyphony-maine.org

STAPLES COWORKING

A NEW SPACE TO BREAK OLD RULES

COME TRY OUR NEW COWORKING AND MEETING SPACE IN AUBURN FOR FREE!

MENTION THIS AD AND GET 1 FREE WEEK OF OPEN SEAT COWORKING AND 1 HOUR OF MEETING ROOM USE.

OFFER VALID ONLY AT OUR 89 UNION ST. AUBURN, ME LOCATION

Water that just works.



GOODWIN WELL & WATER INC.



Maine's leader in water well drilling, pump installation, and geothermal installation.

207.224.7861 goodwinwellandwater.com

Hannaford Charitable Foundation donates \$30K to community center

LEWISTON, ME – The Trinity Jubilee Center is proud to announce a generous donation of \$30,000 from the Hannaford Charitable Foundation to support the construction of the Center’s new home. The donation is part of Hannaford’s ongoing commitment to supporting local communities and helping those in need.

The Trinity Jubilee Center, the social services hub of the Lewiston community, provides vital services to residents facing economic hardship, including food assistance,

shelter, employment support, and medical care. The Center’s new home opens in 2025 at 123 Bates Street in Lewiston. With the construction of the new facility, the Center will be able to expand its services to help those experiencing homelessness, hunger, and other challenges.

“We are honored to support the important work of the Trinity Jubilee Center, which has been a lifeline for so many individuals and families in the Lewiston community,” said Peter Forester, Chair



Hannaford Charitable Foundation presents a check for \$30,000 at the Trinity Jubilee Center. Capital campaign co-chair Kate Ault-Abbruzzese (left) and Executive Director Erin Reed (center) received the check from a team of Hannaford executives.

of the Hannaford Charitable Foundation. “This

donation is an investment in the well-being of our

neighbors and helps ensure that the center can continue to provide critical services to those who need it most.”

The \$30,000 donation will be used to purchase and install a new walk-in refrigerator to store food for the Center’s Soup Kitchen and Food Pantry, much of which comes from daily donations from the local Hannaford Supermarkets store in Lewiston.

Trinity Jubilee Center’s Executive Director, Erin Reed, expressed deep gratitude for Han-

naford’s generosity. “This gift will make a profound difference in our ability to serve the people of Lewiston and beyond. We are thrilled to be able to open a facility that will allow us to meet the growing need in our community and provide the services that so many rely on. Hannaford’s support plays a crucial role in helping us achieve that mission.”

For more information about the Trinity Jubilee Center and how to support its mission, visit www.trinityjubileecenter.org.

Stanton Bird Club holds next lecture in series

LEWISTON, ME -- On December 2nd, the Stanton Bird Club will be hosting the second in its 2024-25 lecture series with a focus on birds of the temperate zone with Micah Miller PhD, Director of the Arctic Program with the Biodiversity Research Institute. Miller joined the Institute in 2023 after working in Alaska for many years on a wide range of projects on waterfowl, upland birds, and seabirds with the U.S. Fish and Wildlife Service. Among the birds he studied were the Spectacled Eider, spectacular birds which breed on the Alaskan and Russian tundra.

A native of Maine, Miller received his undergraduate degree at the University of Alaska Fairbanks and went on to complete his graduate studies at Southern Illinois University. He is now focused on the conservation of loons and Arctic birds, as well as the study of legacy and emerging contaminants impacting North American bird populations.

The talk will be held on Monday, December 2nd from 4-6pm at the Auburn



Miller in Alaska with Spectacled Eider (photo supplied by speaker)

Public Library. The public is welcome. The lecture series is free of charge.

The Stanton Bird Club, a leader in environmental awareness, owns and manages the Thorn-crag Nature Sanctuary in

Lewiston as well as the Woodbury Nature Sanctuary in Monmouth and Litchfield. More information about other activities of the Club can be found at www.StantonBirdClub.org and on its Facebook page.

THE Maine Music Society Celebrating Community
2024 - 2025 SEASON

2024 - 2025 SEASON UNDERWRITERS: Hardy Wolf & Downing • Sun Journal
ARTISTIC DIRECTOR: Dr. Richard Nickerson

A Season of Celebration

Saturday, December 14 at 7:00pm

Sunday, December 15 at 2:00pm

FRANCO CENTER • LEWISTON

EVENT CO-SPONSOR Liberty Mutual.

For tickets call 207-333-3386 or visit mainemusicsociety.org

Andwell
HEALTH PARTNERS
formerly Androscoggin Home Healthcare + Hospice

New Name. Same Heart.

- Home Health
- Hospice
- CareGivers
- Community & Behavioral Health
- Maternal & Child Health
- Therapy Care

www.andwell.org

Fixed-Rate Credit Card

as low as

8.99%

APR¹

Up to

\$450*

Transfer Bonus

\$30 per \$1,000

egcu.org/sun

Scan to open or call

221-5000

¹ Annual Percentage Rate as of 10/10/2023. Not all applicants will qualify for the lowest rate or be approved. Promotion and rate subject to change without notice, foreign transaction fees may apply.
*Earn \$30 bonus for each \$1,000 transferred to a new or existing ECU Sun Select Credit Card during the promotional period, not to exceed \$450. Balance transfers must occur during the promotional period ending 12/31/2024, in order to be eligible. The bonus is payable 60 days after the month-end in which the balance transfer took place and the credit card must remain open at time of deposit. Some restrictions apply. For more information, including bonus eligibility, visit egcu.org/credit.

Annual UUCB Holiday Fair Saturday December 7, 9:00-3:00



BRUNSWICK, ME -- The spirit of the season awaits you at the ever-popular Holiday Fair at the Unitarian Universalist Church of Brunswick. The aroma of delicious soups and baked goods and the sound of live music will welcome shoppers. The beauty of handmade creations of vendors and crafters will decorate the sanctuary. Freshly created holiday wreaths will add their fragrance in the lobby. Everyone is sure to discover an unexpected perfect find in the White Elephant room and at the used tool table. The room with gently used jewelry will once again be filled with treasures. The Kids' Creation Station will entertain young visitors. Enjoy a day of holiday spirit at this festive event.

UUCB is located at 1 Middle Street, Brunswick at the corner of Pleasant and Middle Streets where the Holiday Moose will welcome you on Saturday, December 7.

Best Source for Arts, Music and Theater! Your Hometown Paper.

Camp No Limits chosen by 100+ Women Who Care

MAINE -- 100+ Women Who Care Southern Maine celebrated its 10th anniversary by selecting Camp No Limits as the recipient nonprofit during a special celebration at the Portland Elks Club on November 4th.

Camp No Limits provides specialized camps for children with limb loss and limb differences, offering support, mentorship, and education in a welcoming and inclusive environment. The camp fosters a sense

of community where both children and their families receive essential resources, encouragement, and connection. Importantly, 100% of families are provided scholarships, ensuring that financial barriers do not prevent participation.

Camp No Limits is expected to receive over \$24,000 in donations from the members of 100+ Women Who Care Southern Maine. The two runner-up presenters at

the event, Sebago Lakes Region Fuller Center for Housing and Ferry Beach Association, will each receive \$2,000 in recognition of their dedicated work and impact in the community.

100+ Women Who Care Maine was founded in November 2014 with 80 women in attendance. Today, the group has grown to 485 members. As of its 10th anniversary, 100+ Women Who Care Southern Maine has raised over \$650,000 for Maine nonprofits.

The group is made up of women dedicated to making a difference by supporting local nonprofits. Women are welcome to attend meetings as guests to see if the group is a good fit for them. Each member commits to donating \$50 each quarter to the nonprofit chosen at each meeting, although attendance is not required. At each meeting, three nonprofits—randomly nominated by members—present 5-minute pitches, followed by 5 minutes of Q&A. Afterward, the group votes to select the nonprofit that will receive the donations. Donations go directly to the nonprofit via credit card or check.

Founder Deb Bergeron said, "As a group, we come together quarterly to select a nonprofit to receive a collective donation made up of equal contributions from all members. While it can sometimes feel like an individual's contribution may not make a significant impact, together, we amplify our efforts and create real, lasting change in our communities—far beyond what any of us could accomplish alone."

The Maine nonprofits that have benefited span a wide range of causes, including veterans, children with disabilities, pregnant women, fishermen, terminally ill young adults, victims of domestic abuse, animal welfare, teens, immigrant families, incarcerated youth, animal rescues, and more. Several of the nonprofits that have been chosen over the past 10 years gathered at the anniversary meeting for a group photo to celebrate the collective impact of the group.

The next meeting will be held on Monday, February 3, 2025, at The Elks Lodge on Congress Street in Portland, with networking starting at 5:45 PM and the meeting beginning at



Deb Bergeron, founder of 100+ Women Who Care Southern Maine. Deb Maxfield, Camp No Limits. Photo by: LeBel's Lens Photography

6:30 PM. For more information about 100+ Women Who Care Southern Maine, visit: www.100womenwhocaresouthernmaine.com.

Wreaths & Greens
Arts
Crafts


UU Church of Brunswick

Corner of Pleasant & Middle Street

Holiday Fair

Saturday
Dec 7
9am - 3pm

Most vendors accept cash or checks only



Jason Hodsdon Masonry

We install stainless steel liners



215-3557
North Monmouth 
Jasonhodsdonmasonry@gmail.com

The Influence of the Optical looks at nature and art

NEW GLOUCESTER, ME -- Unity Environmental University is hosting Maine-based artists looking at the intersection of nature and art. Join Hilary Irons for her presentation, The Influence of the Optical on

December 12th, 5:00 PM at Freeport Hall on Pinedale Campus, 70 Farm View Dr, New Gloucester, ME 04260

A Maine-based painter and curator, Irons has held residency

at the Albers Foundation, Skowhegan, MacDowell, the American Academy in Rome, the Pace House, Hewnoaks, Canterbury Shaker Village, and the Surf Point Foundation. Her work revolves around opticality,

the landscape, and material culture, exploring the ways in which our reading of space and objects are impacted by color, mark, and light. She is the gallery and exhibitions director at the University of New England.

YOUR VOTES ARE IN!

GREATER LEWISTON/AUBURN'S 30th ANNUAL BEST BUSINESSES FOR 2024

<p> VOTED BEST DANCE SCHOOL MARY JANE'S SCHOOL OF DANCE (241-2498) 675 MAIN ST. LEWISTON</p>	<p> VOTED BEST AUTOMOTIVE SERVICE RDA AUTOMOTIVE (783-0581) 68 ADAMS AVE. LEWISTON</p>
<p> VOTED BEST LANDSCAPE COMPANY DAVIS LANDSCAPE CO., INC. (353-4848) 78 LISBON ST. LISBON</p>	<p> VOTED BEST FLOWER SHOP BLAIS FLOWERS & GARDEN CENTER (783-8566) 539 WEBSTER ST. LEWISTON</p>
<p> VOTED BEST PIZZA LEWISTON HOUSE OF PIZZA (786-2020) 95 LINCOLN ST. LEWISTON</p>	<p> VOTED BEST HEATING OIL SALES & SERVICE SAIL ENERGY (225-3000) 84 GENERAL TURNER HILL RD., TURNER</p>
<p> VOTED BEST TANNING SALON BEACH BUMS (783-8422) 250 CENTER ST. AUBURN</p>	<p> VOTED BEST PROPANE GAS SALES & SERVICE SAIL ENERGY (225-3000) 84 GENERAL TURNER HILL RD., TURNER</p>
<p> VOTED BEST BOUTIQUE ELLIEANNA GIFT SHOP. (241-8378) 785 MAIN ST. LEWISTON</p>	<p> VOTED BEST HOTEL/MOTEL/INN HILTON GARDEN INN AUBURN RIVERWATCH (784-4433) 14 GREAT FALLS PLAZA AUBURN</p>
<p> VOTED BEST EYE CARE PROFESSIONALS OPTOMETRIC ASSOCIATES (784-3564) 168 EAST AVE. LEWISTON</p>	<p> VOTED BEST LEARNING CENTER STEPPING STONES EARLY LEARNING CTR (946-5437) 301 SAWYER RD. GREENE</p>
<p> VOTED BEST SUSHI RESTAURANT SEA 40 JAPANESE CUISINE (795-6888) 40 EAST AVE., #2 LEWISTON</p>	<p> VOTED BEST SPORTS PUB THE GRIDIRON RESTAURANT & PUB (777-6353) 1565 LISBON ST. LEWISTON</p>
<p> VOTED BEST INSURANCE AGENCY CHAMPOUX INSURANCE GROUP (783-2246) 150 EAST AVE. LEWISTON</p>	<p> VOTED BEST WAITSTAFF THE GRIDIRON RESTAURANT & PUB (777-6353) 1565 LISBON ST. LEWISTON</p>
<p> VOTED BEST REAL ESTATE AGENCY FONTAINE FAMILY THE REAL ESTATE LEADER (784-3800) 336 CENTER ST. AUBURN</p>	<p> VOTED BEST HAIR SALON ELITE BODY ESSENTIALS (946-2323) 697A RTE. 202 GREENE</p>
<p> VOTED BEST ATTORNEY FALES & FALES, P.A. (786-0606) 192 LISBON ST. LEWISTON</p>	<p> VOTED BEST HAIR EXTENSIONIST (946-2323) CANDICE GRAY @ ELITE BODY ESSENTIALS 697A RTE. 202 GREENE</p>
<p> VOTED BEST BURGER GIPPER'S SPORTS GRILL (786-0715) 120 CENTER ST. AUBURN</p>	<p> VOTED BEST VALUE MEAL GIPPER'S SPORTS GRILL (786-0715) 120 CENTER ST. AUBURN</p>
<p> VOTED BEST MASSAGE THERAPY REVELATION MASSAGE (376-3233) 577 MAIN ST. LEWISTON</p>	<p> VOTED BEST MORTGAGE COMPANY GUILD MORTGAGE COMPANY (777-1551) 181 CENTER ST. AUBURN</p>
<p> VOTED BEST ROOFING CONTRACTOR DONALD DARLING & SONS ROOFING (576-2585) SERVING L/A AREA</p>	<p> VOTED BEST COMMUNITY BANK/CU MAINE FAMILY FEDERAL CREDIT UNION (783-2071) 555 SABATUS ST. LEWISTON</p>
<p> VOTED BEST POOL & SPA COMPANY RICK'S POOLS & SPAS (786-4256) 1057 SABATTUS ST. LEWISTON</p>	<p> VOTED BEST FINANCIAL ADVISORS TWIN CITY FINANCIAL GROUP (777-1300) 1071 LISBON ST. LEWISTON</p>
<p> VOTED BEST AUTO DEALERSHIP CRAFTS CARS (353-4361) 711 LISBON ST. LISBON FALLS</p>	<p> VOTED BEST GENERAL CONTRACTOR TAZ EXCAVATION (577-7741) SERVING L/A AREA</p>
<p> VOTED BEST BUILDER BOUFFARD & McFARLAND BUILDERS (783-6224) 1543 HOTEL RD. AUBURN</p>	<p> VOTED BEST BANQUET/FUNCTION FACILITY LOST LODGE (784-1561) 200 LOST VALLEY RD. AUBURN</p>
<p> VOTED BEST TOWING SERVICE LINDY'S AUTO REPAIR & SALES (946-5650) 518 ROUTE 202 GREENE</p>	<p> VOTED BEST TAKEOUT GIPPER'S SPORTS GRILL (786-0715) 120 CENTER ST. AUBURN</p>
<p> VOTED BEST AUTO BODY REPAIR ARMAND'S AUTO BODY, INC. (782-7113) 31 BLAKE ST. LEWISTON</p>	<p> VOTED BEST EYELASH EXTENSIONIST BEAUTIFY ME (357-7082) 1225 CENTER ST., SUITE 100A, AUBURN</p>
<p> VOTED BEST NAIL SALON NAIL JUNKEE (344-5094) 250 CENTER ST. AUBURN</p>	<p> VOTED BEST CASUAL RESTAURANT THE GRIDIRON RESTAURANT & PUB (777-6353) 1565 LISBON ST. LEWISTON</p>
<p> VOTED BEST CHILD CARE/PRESCHOOL DONNA'S DAYCARE CENTER (784-6769) 977 SABATTUS ST. LEWISTON</p>	<p> VOTED BEST NEW RESTAURANT EL RODEO MEXICAN RESTAURANT (753-0365) 736 SABATTUS ST. LEWISTON</p>
<p> VOTED BEST PROPERTY MANAGEMENT COMPANY LABRECQUE PROPERTY CORP. (375-8694) 1339 SABATTUS ST. LEWISTON</p>	

INDICATES NUMBER OF YEARS AS WINNER

VOTE ONLINE AT: [BESTOFSURVEYS.COM](https://bestofsurveys.com)

MARKET SURVEYS OF AMERICA, AN INDEPENDENT SURVEY COMPANY, IS PROUD TO ANNOUNCE THE WINNERS OF THE 30th ANNUAL GREATER LEWISTON/AUBURN'S BEST BUSINESSES FOR 2024 SURVEY. THE ABOVE WINNERS ARE THE RESULT OF TALLIED PUBLIC BALLOTS AND INTERNET VOTING FOR THE LEWISTON/AUBURN SMALL BUSINESS COMMUNITY.

Efficiency Maine's awarded "Leader of the Pack"

AUGUSTA, ME – Efficiency Maine's success accelerating the electrification of home heating was honored with the prestigious "Leader of the Pack" award from The American Council for an Energy-Efficient Economy (ACEEE). The award, which is bestowed every five years, recognizes outstanding energy efficiency programs across the United States. This year ACEEE made awards in 10 categories from among nearly 100 programs nominated across the country.

Efficiency Maine emerged the winner in the Home Electrification category for its programs promoting heat pumps and heat pump water heaters in residential buildings. The award for this category is given to a "comprehensive program that replaces a home's fossil fuel appliances and equipment with more efficient electric alternatives." Efficiency Maine's programs have consistently delivered among the highest rates in the U.S. for heat pump and heat pump water heater installations per capita. The Efficiency Maine programs comprise extensive consumer education resources, including tools and tips on its website, as well as a tiered system of income-differentiated rebates, pilot programs to test new technology, and close collaboration with trained heat pump install-

ers, plumbers, and electricians across Maine.

ACEEE is a non-profit research organization that develops policies to reduce energy waste and combat climate change, and is renowned for its analysis and rankings of energy efficiency programs across the country. The award committee evaluated programs on multiple factors, such as ambitious long-term goals, interim metrics to measure progress, effective marketing to reach target audiences, performance evaluation for ensuring effectiveness, and community engagement, especially with historically underserved communities. It cited Efficiency Maine's programs for the "significant advancement of heat pump installation and its substantial financial incentives."

"These exceptional efficiency programs are leading the way for saving energy, cutting pollution, and lowering energy bills," said Jasmine Mah, senior research analyst at ACEEE and lead researcher for Leaders of the Pack. "Utilities and third-party program administrators seeking to establish or improve energy efficiency programs can look to this diverse set of leaders as models."

"This award is the result of a great team effort, led by the contractors in Maine who are marketing and installing heat pumps and heat



pump water heaters at record rates, and aided by consistent support for Efficiency Maine's programs from our Board of Trustees and state legislators and officials," said Michael Stoddard, executive director of Efficiency Maine.

As an early leader in promoting the use of heat pumps in cold climates, Efficiency Maine has now rebated more than 175,000 heat pumps for space heating. In 2023 alone, more than 25,000 Maine homes received Efficiency Maine rebates for heat pumps or heat pump water heaters, equivalent to 4.5% of all Maine year-round residences in the state. The quasi-state agency's heat pump programs have received national recognition in recent years for demonstrating success in cold climates, achieving broad geographic distribution throughout the state, improving homes of low-income and moderate-income families, and piloting new applications in manufactured homes. The programs are also noted for fostering a fast-growing sector of small businesses com-

prising more than 700 registered trade allies.

The heat pump water heater initiative has been able to achieve the best market penetration in the U.S. by offering incentives to achieve price parity with baseline electric water heaters at the point of sale in retail and distributor outlets, such as Lowe's and Home Depot. Since its inception, the program has rebated more than 70,000 heat pump water heaters in Maine, a state with approximately 570,000 year-round homes.

"Maine has been a leader in air source heat pump adoption through the leadership of Efficiency Maine Trust to establish industry standards, quality control, and clear and transparent marketing for customers," said Patrick Woodcock, president & CEO of the Maine State Chamber of Commerce. "Further, it would not have been possible without the partnership with dozens of Maine businesses who saw the opportunity to lower energy costs and improve home heating and cooling quality to make Maine's nation-leading adoption

possible. The recognition through the American Council for an Energy-Efficient Economy's 'Home Electrification Leader of the Pack' is the culmination of over a decade of work from the staff at Efficiency Maine Trust and highlights the continued opportunity in market transformation to meet our state's and nation's decarbonization goals and requirements."

"Efficiency Maine's initiatives allow PHCC contractors to offer valuable incentives to their customers that result in a win-win for both parties," said Alice Ames, executive director of Maine Association of Plumbing-Heating-Cooling Contractors (PHCC). "Our ongoing positive relationship with Efficiency Maine helps these money-saving incentives reach more Maine homeowners as they adopt new energy-efficient heat pumps and heat pump water heaters."

"Thanks to the leadership of Governor Mills and Efficiency Maine Trust, Maine has set an example for the nation on how efficient, cost-saving technologies like heat pumps can benefit residents and businesses and significantly reduce our reliance on imported fossil fuels," said Dan Burgess, director of the Maine Governor's Energy Office. "I congratulate Efficiency Maine Trust on this award and look for-

ward to continued collaboration with the Trust and other partners to build on our success and deliver more energy and cost savings for Maine homes and businesses."

"On behalf of the Efficiency Maine Board of Trustees, we are proud of Efficiency Maine's accomplishments to successfully promote and support the use of heat pumps and heat pump water heaters in our state," said Board Chair Glenn Poole. "These programs are supporting energy-efficient and money-saving technologies that have a tangible positive impact on the lives of Maine's residents and businesses."

Learn more about Efficiency Maine's heat pump incentives here: <https://www.energymaine.com/about-heat-pumps/>. Information about heat pump water heater rebates can be found here: <https://www.energymaine.com/at-home/water-heating-solutions/>.

Additional information on Efficiency Maine's and other Leaders of the Pack Award recipients can be found on the ACEEE awards webpage. Since the award's inception, ACEEE has evolved its assessment of efficiency programs to include a greater emphasis on energy equity, electrification with comprehensive weatherization, and reducing carbon emissions.

THE L-A VETERANS COUNCIL WANTS YOU TO KNOW THAT IT IS NOT TO LATE TO HAVE YOUR LOVED ONES NAME ON THE NEXT STONE IN THE VETERANS PARK. NOVEMBER 2024
CALL JERRY DEWITT (207)-576-0376 TODAY, DON'T MISS IT, CALL TODAY. COST IS \$40.00. HONOR THOSE THAT HAVE SERVED.

Studio Theatre presents 11th Twisted Christmas!

BATH, ME -- Studio Theatre of Bath presents the 11th Twisted Christmas variety show on December 13th and 14th at 8 PM, at Long Reach

Kitchen & Catering at 387 Whiskeag Road. The show is for adults only and presents music, comedy, dance, improv, audience participation & classic Christmas themes with a twist. STB President Garret Coffey adds, "Twisted Christmas has become a new holiday tradition for hundreds of audience members for more than a



decade."

Tickets are \$20 in advance, or \$25 at the door. For more information and to purchase tickets, "like"

Studio Theatre of Bath on Facebook, and visit www.studiotheatreofbath.com or www.studiotheatreofbath.com

Jay's
Lawn & Garden

207-713-6090
Delivery Available

- MULCH
- LOAM
- COMPOST
- GRAVEL
- STONE
- SAND

1294 Sabattus Street
Lewiston

Loading Hours:
M-Th by appointment
Fri - 8 am to 5 pm
Sat - 8 am to 2 pm
Sun - 8 am to Noon

Also offering residential & commercial lawn mowing services

FARRIS
Lawn Care
L.L.C.

207-344-5212

- Landscaping
- Hardscape
- Drainage Installs
- Retaining Walls
- Mowing
- Snow Plowing
- and more!

207-344-5212

Business Directory

ACCOUNTANT



AUSTIN ASSOCIATES
CERTIFIED PUBLIC ACCOUNTANTS

Auburn 207-783-9111 Norway 207-743-7777
AustinPA.com

Your Financial Team

FLOWER SHOPPE



Sweet Pea Designs
FLOWER SHOPPE

777-1520

www.sweetpeafloraldesignsme.com

FREE DELIVERY L/A

PHOTOGRAPHY



PortraitEfx of Maine
Bell Studios, Inc.

Executive Portraits • Business photographs • Videos

Gray, ME (207) 657-6372
maine@portraitefx.com
www.maine.portraitefx.com

AUTO CARE

The Only Full-Service Gas Station in Auburn!

Poisson & Sons
Auto Care Center, Inc.

Computer Diagnostics • Yokohama Tires
Repairs • Alignments • Inspection Station
Gas • Clear K1 • Tune-ups • Brakes • Batteries

Dan & Don Poisson
dfpoisson@aol.com

260 S. Main St., Auburn • 782-9144

MASONRY



Jason Hodsdon
JasonHodsdonMasonry@gmail.com

Masonry • Culture Stones
Chimneys • Chimney Cleaning
Repointing & Repairs
Restoration
Stainless Steel Liners

Fully Insured
Free Estimates
20+ Years of Experience

North Monmouth
(207) 215-3557

PRINTING



EVERGREEN
CUSTOM PRINTING, INC.

2 Great Falls Plaza, Suite 1B
Auburn ME 04210
info@evergreencustomprinting.com

RICK OSGOOD
owner
207-782-0525
phone

Full Service Commercial Printer
Color & B/W Printing & Copying
Large Format • Posters
Booklets • Carbonless Forms
Letterheads • Envelopes
Business Cards • Labels • Tags
Design Service • and More!

SPACE AVAILABLE

Your ad
HERE!

Call 795-5017

MARINE SERVICES

BOAT REPAIR SHOP

PONTES
Marine Service

Power by **MERCURY** MerCruiser
OMC **VOLVO PENTA** **Perkins** **YANMAR** Velvet Drive

237 Lewiston Road • Topsham, ME 04086 • (207) 725-5997
www.pontesmarine.com

SELF STORAGE



AUBURN SELF STORAGE, LLC

23 Goldthwaite Rd.
Auburn, ME 04210

PO Box 715
Lewiston, ME 04243

PHONE 376-3325

CHIROPRACTOR

Family Chiropractic Center

Experience Life

1485 Lisbon Street, Lewiston
207.783.0078
www.familychirome.com

PAINTING

Interiors • Exteriors
Free Estimates

Drywall Repair
Pressure Washing

W.J. Libby
Painting Co.

WADE J. LIBBY
WJLibbyPainting@gmail.com CELL: 207.210.0605

SHIPPING



GOIN' POSTAL
Your Friendly Neighborhood Shipping Center

- Shipping
- Packing
- Receiving
- Copies
- Fax Service
- Mailbox Rentals
- Mail Order Fulfillment

Bring in this ad for 10% off UPS or FedEx Shipping!

UPS **UNITED STATES POSTAL SERVICE** **FedEx** **DHL**

9 N. River Road in Auburn ~ www.AuburnGoInPostal.com ~ 784-9900

CONTRACTORS

Fully Insured • 5 Year Workmanship Warranty

AMERICAN BUILDERS
Custom Building & Remodeling

Call 207-500-8100
For **FREE** Estimates

Call Tyler 500-8100
Finish Carpenter

Quality Work with References Available

PHOTOGRAPHY



Laura Elaines
PHOTOGRAPHY

www.facebook.com/LauraElainesPhotography
LauraElainesPhotography@gmail.com
(207) 212-5993

WEB HOSTING



Web Hosting
Web Design
Web Promotion
One Stop
207-442-9006

MAINE HOSTING
SOLUTIONS

CONTACT US TODAY FOR POSSIBLE OPENINGS FOR YOUR AD IN OUR BUSINESS DIRECTORY!

Thursdays

LEWISTON -- Baby Sensory Playtime in the Lewiston Public Library's Children's Department every Thursday morning from 10am to 12pm.

Drop-in and join us for Baby Sensory Playtime! Babies and their caregivers will have the opportunity to interact with a variety of sensory toys and socialize with other families with young children. Playtime with sensory toys contributes to a baby's cognitive development, fine motor skills, social and emotional development, creativity, and language development.

Recommended for babies ages birth-18 months and their caregivers. Siblings are always welcome. This program is free, open to the public and no registration is required.

Through Dec 15

LEWISTON -- Opening November 15th and closing December 15th is an exciting exhibition of painter Robert Shetterly's Americans Who Tell the Truth portraits at the Bates Mill Atrium on 35 Canal Street in Lewiston, Maine.

Nov 30

BUXTON -- Are you tired of turkey? Try our delicious Haddock Supper Buffet - Saturday, November 30, 2024 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$10 Adult, \$5

Calendar

Send your submissions to the Editor. More online.

Child, \$20 Family.

Please note: We will offer the option of takeout containers for those who do not want to come inside for seating. Wearing of face masks for those who wish is optional. Hand sanitizer is available for those who wish to use it.

Dec 1

AUBURN -- About Love: Esther Tucker's Story, 12:30pm. First Universalist Church of Auburn, 169 Pleasant St. (enter on Spring St. across from Dairy Joy). Freewill donations accepted. Parking; accessible. FMI 783-0461.

Dec 1

GORHAM -- 40th Annual White Rock Tree Lighting at White Rock Community Clubhouse, 34 Wilson Road at 4:30pm

The White Rock Friendship Club is hosting the 40th Annual Tree Lighting at the White Rock Community Clubhouse on Sunday, Dec 1 at 4:30pm. Listen to the reading of the Christmas story. Sing Christmas carols while sipping hot cocoa around the Christmas tree. Santa will arrive on a White Rock Fire Station fire truck!

Dec 3

LEWISTON -- Capital campaign launch and coffee break event Tuesday, December 3 at 10 am. 8 Falcon Road, Lewiston, ME 04210

SeniorsPlus will celebrate the public launch of a capital campaign for the building of a new education and nutrition center in Lewiston. The event will include food, music, and speakers, and is free and open to the public.

Dec 6

BAR MILLS -- We at Bar Mills Community Church located at 13 Hermit Thrush Drive, Buxton will be having our Christmas Marketplace, Friday, December 6 2:00-6:00. There will be a great selection of fresh greens to decorate your home, a wide variety of baked goods-cookies, breads, pies and candy to satisfy your taste buds. There will also be plenty of handcrafted gift ideas for your family, friends and even your pets. There is something for everyone on your list. We look forward to seeing you, your family and friends. We accept cash and checks only. FMI contact: Judy 929-5555.

Dec 7

GORHAM -- Casco Bay Wind Symphony "Sounds of the Season", A Musical Holiday Celebration with Dr. William Kinne, Musical Director on Saturday, December 7, 2024 from 2:00 to 4:00 p.m. at McCormack Performing Arts Center, Gorham High School, 41 Morrill Ave., Gorham, Maine 04038

Dec 7-8

AUBURN - 'A Fireside Christmas' at Community Little Theatre. A feel-good holiday show of popular Christmas songs and carols, selections from classic holiday musicals, and dance numbers. Santa will appear. Performances on Saturday, Dec. 7 at 7:30 p.m. and Sunday, Dec. 8 at 2:00 p.m. Advance tickets are \$15.00 available at last.com. Tickets will also be available at the door for \$20.00.

Dec 7-9

BRUNSWICK -- Holiday Fair at the Unitarian Universalist Church of Brunswick on Saturday, December 7 from 9 am to 3 pm. UUCB is located at the corner of Middle Street and Pleasant Street in downtown Brunswick.

Dec 13

LEWISTON -- At 10am the Lewiston Public Library Children's Department will be offering the program Little Keepsakes: Height Ribbons. Caregivers will be able to measure their young children and cut a ribbon to each child's height and place it in a clear plastic bauble to finish the keepsake.

Free. No registration required. Recommended for caregivers and their children ages 0- 6 years old. Siblings are also welcome to attend and participate.

Dec 13-14

BATH - Twisted Christmas, A Nice & Naughty Evening of Entertainment on Friday December 13th and Saturday December 14th at 8:00 p.m. Longreach Kitchen & Catering 387 Whiskeag Road, Bath. \$20 in advance, \$25 at the door. Tickets available online at studiotheatreofbath.com

Dec 15

AUGUSTA -- The Augusta Symphony Orchestra is delighted to invite you to its annual Holiday Pops Concert on Sunday December 15th at 3:00 PM at the South Parish Church 9 Church Street Augusta.

Dec 23

LEWISTON -- Join us at the Lewiston Public Library at noon to celebrate the holiday season! Come and make your own snowflake for decoration or as an ornament. Create a unique snowflake for yourself or as a gift. All materials are provided. Free. In

FLAGSHIP CINEMAS
Premium

Premium entertainment at affordable prices!

VISIT ONE OF OUR FIVE MAINE LOCATIONS!

AUBURN | FALMOUTH | WELLS | WATERVILLE | THOMASTON

WWW.FLAGSHIPCINEMAS.COM

person. Recommended for children ages 5 – 13 years old and siblings welcome.

Dec 24, 31

LEWISTON -- From 11:15am to 12:00pm at the Lewiston Public Library, enjoy an interactive storytime for some fun with books, songs, and body movement while building early literacy skills.

Recommended for children ages 3 – 5 years old and their caregivers. Siblings are always welcome. Please stay home if you or your child are sick and not feeling well. This program is free, open to the public, and no registration is required.

Jan 11

BRUNSWICK -- The 2024-25 UUCB Concerts for a Cause Series season will include folk, jazz, blues, celtic, and choral singing for justice. This season's charities receiving 100% of the profits from the concert are Brunswick Area Teen Center and Maine Family Planning. For further details about the concerts, go to <https://www.uubrunswick.org/events/>.

David Mallett - Sat, January 11, 2025 at 7:30 pm. Doors open 7:00 pm.

Maine's own singer-songwriter David Mallett is one of America's true troubadours. In a career that spans four decades, David Mallett has recorded 17 albums and has performed in clubs, concert halls and festivals across the US, Canada and Europe. He has appeared on numerous broadcasts, including National Public Radio's A Prairie Home Companion. Known for his carefully written, poetic offerings, his body of work has provided material for more than 150 artists, including Alison Krauss, Pete Seeger, Hal Ketchum, Emmylou Harris, John Denver and even the Muppets, and his "Garden Song" has become an American folk classic.

Tickets: \$25 in advance, \$30 at the door, \$10 Students/Children. Available at the church office, Gulf of Maine Books, or online at <https://ticketstripe.com/pousette>.

Mar 15

BRUNSWICK -- The 2024-25 UUCB Concerts for a Cause Series season will include folk, jazz,

blues, celtic, and choral singing for justice. This season's charities receiving 100% of the profits from the concert are Brunswick Area Teen Center and Maine Family Planning. For further details about the concerts, go to <https://www.uubrunswick.org/events/>.

Women in Harmony - Sat, Mar 15, 2025 at 7:30 pm. Doors open 7:00 pm. Tickets: \$25 in advance, \$30 at the door, \$10 Students/Children

Women in Harmony is a Portland-based chorus of 60 women's voices, which has been singing for social justice for over 20 years. It is a diverse group of gay and straight, musically sophisticated and musically untrained women who unite in song and a spirit of fairness. Women in Harmony is dedicated both to musical excellence and social justice.

Tickets: \$15 in advance, \$20 at the door, \$10 Students/Children. Available at the church office, Gulf of Maine Books, or online at <https://ticketstripe.com/womenharmony>

Apr 12

BRUNSWICK -- The 2024-25 UUCB Concerts for a Cause Series season will include folk, jazz, blues, celtic, and choral singing for justice. This season's charities receiving 100% of the profits from the concert are Brunswick Area Teen Center and Maine Family Planning. For further details about the concerts, go to <https://www.uubrunswick.org/events/>.

Guy Davis - Sat, April 12, 2025 at 7:30 pm. Doors open 7:00 pm.

Guy Davis is a two-time, back-to-back Grammy nominee for Best Traditional Blues, a musician, actor, author, and songwriter. Guy uses a blend of Roots, Blues, Folk, Rock, Rap, Spoken Word, and World Music to comment on, and address, the frustrations of social injustice, touching on historical events, and common life struggles.

Tickets are \$25 in advance, \$30 at the door, and \$10 for students/children. Available at the church office, Gulf of Maine Books, or at ticketstripe.com/guydavis.



Discovering a Rewarding Career Helping Mainers Age in Place



Careers with Purpose
Connecting lives, advancing community

When Amy talks about her work, supporting individuals who are aging at home and living with disabilities, she doesn't talk about what her job takes, but instead about all that it gives back to her.

"It's just so fulfilling," Amy says. "There are so many things that we take for granted that mean so much for other people to do. It makes you so thankful for what we have. And my relationships with them make my heart so much bigger"

Amy supports her clients with activities of daily living. That can entail a wide variety of tasks on a daily basis. Some days that may mean helping a client get out of bed and get dressed, water her plants, or prepare her favorite sandwich for lunch. Often it means supporting her client with managing routine errands like trips to the grocery, that create opportunities to connect with familiar people and places. Amy is so grateful to give her clients – and their families – the peace of mind to live independently at home.

"It means so much to be able to give them positive experiences, a sense of control, and a sense of connection that otherwise would be lost," Amy says.

It's been nearly a decade since she moved into this field, and left her long-time waitressing job. "I don't think I'd ever go back," she says.

Amy is one of a growing number of Mainers who has discovered rewarding work in the field of Direct Support, ensuring that adults with age-related, physical, behavioral, intellectual, and cognitive health needs have the support they need to stay safe and independent in their homes and communities, and empowered to achieve their personal goals.

There are a multitude full-time, part-time, or per-diem positions available, which offer the flexibility to juggle work with family responsibilities. Paid training opportunities are widely available, and easy to complete. Many positions do not require advanced degrees.

Amy loves being able to work close to home, so she doesn't have to worry about the costs or hassle of a commute. "To be able to work locally, near home has made me so much closer with my entire community," she says. She encourages anyone interested in making a change to consider a position in Direct Support.

"There's just a huge, huge need," she says, "for good people, who really care."

To learn more about full-time, part-time, and per-diem opportunities in your community, go to Mainecareerswithpurpose.org. Follow @MaineCareerswithPurpose on Facebook and Instagram.

"There's just such a huge need for good people who really care."

Classified Ads

BUSINESS FOR SALE

Turnkey Screenprint Business

17 years successful apparel and design company available to the right people. Plenty of current accounts and still going. All equipment and stock included. 2000 square foot open shop for potential lease agreement. Call to discuss (207) 576-3210.

CAMPER FOR SALE

Keystone campfire edition travel trailer. New June 2018. 29.8 feet. Less than 500 miles on it. 12 foot slide out, large refrigerator, leather couch. Two gray water tanks, large closets, over \$9000 extras. AC/furnace. Paid \$34,000 new. Must sell. Asking \$21,000. 207-310-0212.

Keystone Sprinter 5th Wheel. 2018, 31 feet, 2 super slides, large refrigerator, like new - hardly used. Full winter cover, super glide included. Asking \$25,500 - please call 207-754-2165

CLEANERS

CC Island Cleaning Company. Seasonal, Air B&B, homes. Cleaning with care. Call for a quote. Denise (207) 420-4952.

CLEANING

NORTHERN SUPREME CLEANING. Junk removal • Yard cleanup. Everything & anything! Residential & Commercial Our team ensures spotless, refreshed spaces with eco-friendly practices and competitive pricing. *Trust us for a superior cleaning experience!* Call (207) 595-6347 or email Northersupreme cleaning@gmail.com

Commercial Office Cleaning. 1st Choice Floor Care & Building Maintenance. Commercial cleaning company with 25+ years experience and fully insured. 1 day a week or more we can do it all. Call, email or text. (207) 956-3114 stephen@1stcoice floorcare.com www.1stchoicefloorcare.com

FOR SALE

All-in-one Dell printer and fax machine. \$495. Call 783-8327.

Wood boiler – Must go! \$2,500. Alternate heating carbon steel wood boiler. Purchased in 1996 for \$6,800. New door seal, bricks, blanket, and silicone card bead. Includes cycle timer and plumb fittings. 1,400#. Model E100 wood gun. Can be lifted directly into your trailer.

HOUSE KEEPING

Housekeeping/ House Arranging small items to aid in mobility. Small jobs/spring cleaning and removal of unwanted items. Scheduled regularly and ongoing. (207) 705-7989

LIVE & CODE IN MAINE

Maine cybersecurity start-up seeks local software engineer
Defendify is looking for a senior full stack engineer to join full-time. Small team/big results. Fun + flexible + always interesting. Come build our award-winning, all-in-one cybersecurity platform. Position information and to apply: www.defendify.com/careers.

defendify.com/careers.

PAINTING

Interiors and Exteriors. 23 years full time, references upon request, seniors and veterans discount on labor, free estimates. Call for on site review of your project with advice on what you have now and the best way to proceed. Call 207-786-9849

SENIOR TRIPS

If interested in any of the following trips or upcoming trips, please contact Claire Bilodeau at 784-0302 or Cindy Boyd at 345-9569. If we are not available, please leave a message and we will call you as soon as we can.

MAY 29 - JUNE 4, 2025 - WASHINGTON, D.C.

- NATION'S CAPITAL – Trip includes 7 days and 6 nights lodging, 6 breakfasts and 4 dinners. A guided tour of Washington, D.C. which includes the US Capitol, the White House, the National Archives, Embassy Row and Georgetown. We will also visit the Washington Monument, Lincoln Memorial, the Martin Luther King, Jr. National Memorial. We will also have a

guided evening tour of all the Memorials. We will have a Guided Tram Tour of inspirational sights such as Arlington National Cemetery, Tomb of the Unknown Soldier, Kennedy Graves and the Iwo Jima Memorial.

We will visit the Smithsonian Museum and the Museum of the Bible which contains some of the oldest and most important biblical artifacts in human history. On our way home we will stop and enjoy the National Harbor which is a unique waterfront wonderland of shopping, dining and more. **A \$75.00 deposit is due when signing up for this trip. The price is \$985.00 per person double occupancy. Add \$305.00 for single occupancy. Final payment is due 3/22/25.**

SEPTEMBER 11-19, 2025 – BLUEGRASS COUNTRY & THE SMOKY MOUNTAINS

- Price includes round trip air from Logan International Airport, hotel transfers, and all transportation while on tour, 9 days, and 13 meals. Highlights of this tour are Louisville and Lexington, Kentucky – Churchill Downs, Kentucky Derby Museum, Louisville

Slugger Museum, Buffalo Trace Bourbon Distillery, Lexington Horse Farm.

Gatlinburg, Tennessee – Dolly Parton's Smoky Mountain Theme Park, Guided tour of the Great Smokey Mountain National Park (UNESCO), Cherokee, Old Smoky Moonshine Distillery. Asheville, North Carolina – Blue Ridge Mountains, tour of the Biltmore Estates Mansion and manicured grounds.

Deposit for this trip is \$698.00 per person and due by March 11, 2025. Early bookings save \$100.00 per person. For more information on pricing call Claire.

OCTOBER 6 – 10, 2025

– ATLANTIC CITY, CAPE MAY, & PHILADELPHIA - Trip includes 5 days and 4 nights lodging, 4 breakfasts and 4 dinners and a free casino bonus for those who want to gamble.

Guided tour of Philadelphia including Liberty Bell, Independence Hall, Betsy Ross House, the Federal Reserve and Mint. Then off to Cape May with a Trolley Tour of the Victorian Mansions of Cape May and a walking tour of a historic Victorian Home. We travel to Cape May Point and the

famous Cape May Lighthouse. Our next day is a free day in Atlantic City to do as you please. Take in a show, do some gaming or just stroll down Atlantic City's Famous Boardwalk. **A \$75.00 deposit per person is due upon signing up. The price for this trip is \$849.00 per person double occupancy. Add \$210.00 for single occupancy. Final Payment is due 7/30/25.**

NOVEMBER 16-26, 2025

– CLASSICAL GREECE

- Price includes round trip air from Logan International Airport, hotel transfers and all transportation while on tour. Trip also includes 16 meals (9 breakfasts, 1 luncheon, and 6 dinners).

Highlights of this tour are Athens, the Acropolis and Parthenon, Delphi, Olympia and Ancient Mycenae. You will visit a Greek Farm, have a Cooking Class, Greek Dance Class, and visit two remote monasteries. We will also have a tasting of local wines, olive oil and sweets.

If you are interested in any of these trips or for more information, please contact Claire at 784-0302 or Cindy at 345-9569.

Classified Ads UP TO 40 WORDS!

\$25 PER WEEK
EACH ADDITIONAL WORD 25¢

Send payment with completed form to our bookkeeping office:
89 Union Street, Suite 1014 Auburn, ME 04210 or email it to us!

Card # Visa Master Card 3 digits # on back

Exp. date ____/____/____ Signature _____

Name & Address _____

Phone: _____

CATEGORY: _____

HEADLINE: _____

AD INFO: _____

NUMBER OF WEEKS TO RUN: _____

**CLASSIFIED ADS
\$25 PER WEEK**

Lewiston's Kyle Simmons takes lead in Tri-Town Family 5K

LEWISTON, ME -- Lewiston's Kyle Simmons cruised to victory in the 13th Annual Tri-Town Family 5K on Sunday, November 10th in Minot, Maine.

Simmons previously won the race in 2022 and shaved off some time this year, finishing in 19:06. He was followed by Poland Regional High School's Riley Lamb (20:15), a junior.

On the women's side, Poland Regional High School freshman Mackenzie Lane set the pace (24:55), followed by Kelly Harmon of Litchfield (26:19).

In 2012, Bruce M. Whittier Middle School in Poland received a grant to start a full-school running program. Teachers and staff coached students and provided opportunities for students to walk and run together.

The program has evolved over the years, but it has consistently helped develop the community within the school, strengthening relationships amongst students and between students and teachers.

The Tri-Town Family 5K was created to culminate Bruce M. Whittier Middle School's first run program. Originally named the Whittier Family 5K, the first race was a great success with 236 people finishing the run/walk event through Minot's beautiful trails and fields. Over the first thirteen years, 2,866 people have crossed the finish line. This year, there were 174 finishers.

Registration for the Tri-Town Family 5K is free thanks to the generous donations of local businesses. Their contributions pay for a



timing company, DJ, refreshments, prizes and other supplies that help make the event special. Each year, there is money left over to help buy new sneakers for middle school students.

On top of recognizing overall top finishers and age group winners, there is a special category for the first Bruce M. Whittier Middle School Mid-Knights to complete

the 5K. This year's top Whittier runners were 8th grader Jackson Garcia (20:17), who finished third overall, and 8th grader Allie Cort (31:10).

Next year's Tri-Town Family 5K is tentatively scheduled for November 9, 2025. Thanks to the kindness and generosity of our friends in the community, it will again be a free event open to all.



80 nativities from over 40 countries displayed in Gray

GRAY, ME - The First Congregational Church of Gray-UCC is delighted to invite the public to view a display of more than 80 nativity scenes from more than 40 countries, collected over the years by the Rev. Dr. Paul Day. The nativities

are representative of countries across the globe, some carved from native woods, others hand crafted porcelain figures, modeled from clay, made of stained glass, and even creches that were lovingly hand crocheted and one built with Legos.

"It's been a long time

since I got my first creche," Dr. Day explained. "It seems as if I had a couple, then it sort of exploded. I looked for them when I traveled, went on mission trips, and found them in Fair Trade collections. And, of course, I received many as gifts from dear

friends and family."

There will be a special table for children where they can hear "touch me" instead of "do not touch" on some of the displays. They will also find the tiny "Nativity in a Nutshell", nativity cookie cutters, finger puppets, the Veggie

Tales crew, and the Lego nativity. Coloring sheets will also be available for them.

This outstanding collection will be set up in the Parish Hall, 5 Brown St., Gray, across the street from the Gray Congregational UCC Church. Doors will

open to the public on Saturday, December 14, at 9 a.m. until noon. Light refreshments will be available.

Entry to the event is free; however, gifts of new socks, warm mittens and hats, or donations to the Gray Food Pantry are encouraged.

 **GORHAM HOUSE**
a Senior Lifestyle community

Holiday Spirits

A HAPPY HOUR & OPEN HOUSE

WEDNESDAY, DECEMBER 18 | 3 - 5 P.M.
50 NEW PORTLAND ROAD | GORHAM, ME 04038

We're in the holiday spirit at Gorham House, and we'd love to share it with you! Join us for an afternoon of signature cocktails, mocktails and mixology magic. While you're here, we'd love to take you on a tour of our beautifully decorated community as you discover just how merry and bright senior living can be.

We look forward to raising a glass in season's cheer.

RSVP to 802-636-6343