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TIME: 10 AM -4:00 PM

WHERE: 215 Westover Drive, Danville, VA 24541



It matters who does your taxes





Presidents' Day February 17th, 2025

The third Monday in February is observed in the United States as a legal holiday in commemoration of the birthdays of George Washington and Abraham Lincoln. Originally established in 1885 in recognition of President George Washington, it is still officially called "Washington's Birthday" by the federal government. Traditionally celebrated on February 22—Washington's actual day of birth—the holiday became popularly known as Presidents' Day after it was moved as part of 1971's Uniform Monday Holiday Act, an attempt to create more three-day weekends for the nation's workers.



ARIES (March 21 to April 19) Having second thoughts could be a good thing, even if you're determined to go through with your plans. You might find it worthwhile to take a fresh look at how things have been set up.

TAURUS (April 20 to May 20) Financial matters could continue to be a problem until you're able to straighten out some of the more pesky situations. Once this happens, the rest should be easier to unsnarl.

GEMINI (May 21 to June 20) Family matters once again take center stage and should be dealt with competently and quickly. Again, insist that others take on their fair share of the responsibilities.

CANCER (June 21 to July 22) Your creative pursuits seem to be running into a roadblock. But rather than blame outside factors, look within to see if you might be holding back your efforts for some reason.

LEO (July 23 to August 22) Keep your keen Cat's Eye focused on relevant aspects of this new situation in your life. Don't be distracted by trivial matters. You need the pertinent facts before making a decision.

VIRGO (August 23 to September 22) As much as you prefer doing things on your own, continue to accept help if you still need to resolve the problem that affects your project. anwhile, some cheerful about to come your way!

LIBRA (September 23 to October

Please remember to donate to the PIEDMONT SHOPPER

22) While you might begrudge the added time it will take to get your project from point A to B to C, etc., you could benefit from the facts that will emerge over this expanded time

SCORPIO (October 23 to November 21) Regarding your workplace suggestions, be prepared to produce the facts to counter reactions from skeptics who feel like your approach is unreasonable or even impossible.

SAGITTARIUS (November 22 to December 21) Savvy Sagittarians will look for work-related answers on their own rather than relying on unproved assumptions. It might take more time to do so, but the payoff is worth it.

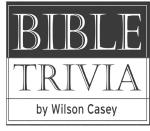
CAPRICORN (December 22 to January 19) Your aspects continue to favor family issues, with a special emphasis this week on changes in and around your home. Get everyone to suggest what they would like to see

AQUARIUS (January 20 to February 18) A matter you thought had been settled still might produce surprises. Best advice: Continue to gather facts to bolster your position just in case you need to produce them quickly.

PISCES (February 19 to March 20) While your instincts are usually right when discerning 'twixt truth and deception, you could benefit from doing more research on the new "prospect" that you've been pitched.

BORN THIS WEEK: Your wisdom is only matched by your generosity, making you the sort of friend everyone hopes to have.

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- 1. Is the book of Jeremiah (KJV) in the Old or New Testament or neither?
- 2. What's the finish to this Proverbs 14:23 verse: "In all labor there is ..."? Profit, Righteousness, Grace, Rewarding
- 3. At whose well did Jesus meet the Samaritan woman? Joshua's, Jonah's, Jacob's, Judas'
- 4. From Revelation 21, how many gates does the New Jerusalem have? 1, 4, 12, 16
- 5. Who was king during Zechariah's time of prophecy? David, Daniel, Darius, Saul
- 6. How long did Aaron's followers mourn him? 3 days, 13 days, 30 days, 3 months

ANSWERS: 1) Old, 2) Profit, 3) Jacob's, 4) Twelve, 5) Darius, 6) 30 days

Comments? More Trivia? Gift ideas? Visit www.TriviaGuy.

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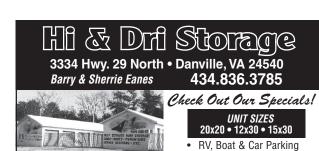


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Joey Van Pelt Graphic Design

February 2025 1 3 6 8 10 11 12 13 14 15 18 19 20 22

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28

Recreation Schedule for

Association of 5551Tom Fork

Road, Ringgold Va. Recre-

ation Schedule: 1.The Danville

Church & Community Based

Tutorial Program 4:30 - 6:30

Every Monday 2. Sit and get

Fit Classes, 1st , 2nd. and 3rd.Tuesdays of each Month,

all ages. 3. Bingo, every 4th

Tuesday, all ages 4:30-5:30

4. Every 1st. and 3rd. Thurs-

day Circuit Walk, Indoor walk/

Out door Track, 5:30 - 6:30.

5. Every 1st Sat. Open Gym

Dec., Jan., and April /Board

Feb, Flag Football, Dec., Tee

Ball, March. 6. Family Night

every 4th Friday - 5:00- 7:00.

7. Recreation Meetings The

third Thursday during the months of Sept., Oct., at 6:00.

The remainder months will

be on the second Thursday

at 6:00. 8. Fun Day Nov. 23,

(all ages) 2:00- 4:00. 9. Unity

Tea, Dec.7, 4:00 - 6:00. All age

groups are welcome to attend.

Contact Kathy B. Ramsey at 434-251-0379 for additional

Activities, 2:00 -

Recreation Ministry

Basketball; Oct.,

Volley Ball, Nov.&

Cherrystone

Outside

Program

Games

4:00

Missionary

25

Holidays

2nd - Groundhog Day 14th - Valentine's Day 17th - Presidents' Day

Community Events

Resource Fair. April 10, 10am-1pm. 760 W. Main St. Resources for Older Adults. FREE. (434) 799-5216 clinebl@danvilleva.gov

A Life in Stitches. Feb. 26, 11am-12pm. 760 W. Main St.. Edith Edmunds takes you on The Underground Railroad through her Quilt Exhibit. (434) 799-5216 clinebl@danvilleva.gov

Dance Every Friday. Ballou Center (lower level), 760 West Main St. Danville, 7:00pm 9:30pm. Facebook: BAL-LOU PARK FRIDAY NIGHT DANCE for Band Schedule. \$8.00.

Christ the King Lutheran Church Invites you to Join our Sunday Morning Service Sunday's at 11am. 1172 Franklin Turnpike. Free Books Available on Post Next to Driveway.

Brosville Public Library is Hosting a Veterans Coffee the Second Friday of Every Month. Join Us!

Pelham Methodist Church Brunswick Stew will be February 15th. Ready at Noon. \$10 per Qt. 594 Red Marshall Road Pelham, NC. Call 336-388-2542 for Pre-Orders.

The Bible Reading Club will Continue to Meet on Wednesdays at 6pm in the CTK Fellowship Center 1172 Franklin Turnpike. Bring your Personal Bible, All Welcome! Join Us!



Free Community Hotdog Lunch! Saturday Feb. 15th 12-3pm at Christ the King Lutheran Church, 1172 Franklin Tpke. Bonus-Large Selection of Free Books Available at Little Free Library Container on driveway. All Welcome!!

Stew February 15th at **Pelham** United Methodist Church. 594 Red Marshall Road Pelham, NC, Ready at Noon, Pickup by 1pm. \$10 Per Quart. Pre-Order 336-388-0124 or 336-394-8045.

Please Come Out and Join the C M B A Women's Ministry as they celebrate Black History Month. The National Theme: African America and Labor. Hands that Serve: Hearts that Lead Saturday, February 15, 2025 at 3:00 PM at The Cherrystone Missionary Baptist Association 5551 Tom Fork Rd. Ringgold Va.the C M B A Women's Ministry as they celebrate Black History Month. The National Theme: African America and Labor. Hands that Serve: Hearts that Lead Saturday, February 15, 2025 at 3:00 PM at The Cherrystone Missionary Baptist Association 5551 Tom Fork Rd. Ringgold Va.

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It was the first camping experience for Paul. As soon as he had pitched his tent, he went for a hike in the woods. In about fifteen minutes he rushed back into camp, bleeding and disheveled.

"What happened?" asked a fellow camper.

"I was chased by a black snake!" cried the frightened Paul. The camper laughed and retorted, "A black snake isn't deadly."

"Listen," groaned Paul, "if he can make you jump off a fifty-foot cliff, he is!"

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Amber Waves





information.



WHO YOU







IGER













Weekly SUDOKU

2 1 7

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1 5

Place a number in the empty boxes in such a way

that each row across, each column down and each

small 9-box square contains all of the

numbers from one to nine

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging ♦♦♦ HOO BOY!

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MY POINT! ANY FOOL COULD



HOCUS-FOCUS HENRY BOLTINOFF DOP



Differences: I. Spatula is wider. 2. Tie is different. 3. Sleeve is longer. 4. Ear is larger. 5. Pancake is added. 6. Cap is larger.

7. Gatorade; 8. A rubber; 9. Gold, silver, platinum and palladium; 10. Lupercalia 1. Mount Logan; 2. Jeff Probat; 3. Pigs; 4. Mississippi; 5. 27.3 days; 6. 179; Trivia Test Answerst

King Crossword

15 18 17 Pentagon gp. 23 "- Las Vegas" 36 40 42 43 45 48 50

2 Earth (Pref.) 3 "Friendly skies" co.

ments

37 Goldberg on 'The View' 40 - Lingus 41 Honker 42 Refines

47 Duel tool 48 Investigates 49 Holler

ACROSS Water, in Mexico 5 Sprite

8 Pedestal 12 Like holiday

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decorations

18 Mild cheese

20 Singer Mann

25 Verbal attack 28 Yr. parts

29 Some latte sizes

30 Cut the lawn

32 Italian cornmeal recipe

34 Race finish 35 Rapscallions

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50 "Mayday!" 51 Taxpayer IDs

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Answer

Weekly SUDOKU

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27 Club in a

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part-timer

Charlotte's

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4 Stage com-5 Oklahoma city 25 Primitive

Fond du -Fleet of ships 26 Apple desk-Pandemon-

9 Pro votes 11 Tend texts 13 Oklahoma

tribe 19 Currier's partner

33 Toy train 20 \$ dispenser © 2025 King Features Synd., Inc.

21 Denny's rival 34 Sculpted trunks soup 36 Bridal cover 23 Battery mea-

37 Curds' partner 38 Great expectation

39 Hurler Hershiser 40 Swiss peaks 43 Tic-tac-toe

loser 44 Storefront

sign abbr. 45 Poetic dusk 46 Hot wok sound

Rodriguez

cious metals?

1. GEOGRAPHY: What is the highest mountain in Canada?

2. TELEVISION: Who is the host of the long-running reality series "Survivor"?

3. LITERATURE: Which animals represent the Communist Party in "Animal Farm"? 4. U.S. STATES: Which state is the birthplace

of the singer Elvis? ASTRONOMY: How long does it take the

moon to orbit the Earth?

MOVIES: What is the score Elle receives on her law school admission test in "Legally

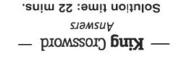
Blonde"?

7. AD SLOGANS: Which product's slogan is "Is It In You?"

8. LANGUAGE: What is an eraser called in the United Kingdom? 9. SCIENCE: What are the four primary pre-

10. GENERAL KNOWLEDGE: Valentine's Day arose from which Roman ritual?

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Animals & Accesories



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Announcements

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Join us at Pleasant Grove Christian Church on Sundays at 11am or Wednesdays at 7pm. More Info 434-270-9235 434-470-2117 or 434-476-7762.

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Big Happy 60th Birthday in Heaven to James Hill, my husband. I Love You and Hope you have the Best day! Your Wife, Sue.



CELEBRATE CONCERT--SWANSONVILLE CHURCH You are invited to a special Praise and Worship Concert Sunday, February 16, 2025, at 6:00 PM at Swansonville Pentecostal Holiness Church. 16300 Mount Cross Road, Dry Fork. . Celebrate is a multi talented musical group representing over 20 churches crossing denominational and racial barriers to spread the message of hope in a divided world with the message of ""One Community, One Savior" This group features a choir and worship team backed up by a full orchestra sound you will not hear anywhere else. . Please join us and be blessed! (434) 548-8765 jpb@hhn.

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Piedmont Pets February 13, 2025 By Paulette Dean

Most people have heard the starfish story. It has circulated since the mid-1980s and usually has no author's name attached. The story as we know it was heavily adapted from an essay written by Lore Eiseley in 1969.

In the adaptation, an older man walked on a beach the day after a bad storm. Thousands of starfish had washed up on the beach and will die in the scorching sun. A young boy picked one up and threw it back into the ocean. The older man chided the young man, saying his action would not make a difference, considering the vastness of the problem. The boy picked up another one, threw it into the ocean, and said, "I made a difference for that one."

Sometimes for people who love animals, the sheer number of ones needing help can be overwhelming. Locally, there are thousands who need help and worldwide, the numbers are mind-boggling.

It may be easy to wring our hands and give up in despair. A better response, however, would be to think of Helen Keller's statement, "I long to accomplish a great and noble task, but it is my chief duty to accomplish small tasks as if they were great and noble."

Many times we hear people say when they come to the shelter to adopt, "Oh, I wish I could take them all." Adopting one, though, changes that animal's life.

We also hear, "I can only give a little bit of money." Very few people can afford large donations, and smaller ones are appreciated. People give what they can and the gifts multiply when put together.





996 South Boston Rd., Danville, VA 24540 Phone: (434) 799-0843

Some people say, "I wish I had more time to volunteer at the shelter." We believe, though, that volunteers who only have time to walk one dog, bathe one puppy, or cuddle one kitten help those animals tremendously. We do not expect people to spend huge amounts of time at the shelter. Each effort made by a volunteer is valued.

When we receive complaints about animals being neglected, the complainant often says, "I wish I could do something." The fact is, the phone call they just made may have just saved an animal from a lot of suffering.

Those who respect and love the creatures with whom we share this earth want to save them all. It is not within the power of man to save an entire world of animals.

It is within the power of every one, though, to save one dog, one cat, one cow, one bird, etc. Each one saved becomes the one starfish thrown back into the water.

Our next volunteer orientation will be March 6th at 4:00 p.m. at the shelter. We hope to see you there. Your service will matter.

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2-13 Inch Flatscreen TV's. No Remotes. Asking \$30 Each. Call 434-429-7658.

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Antiques & Collecting By Terry and Kim Kovel

Tea Trolleys

It's probably no surprise that the tea trolley emerged in Victorian England. Just the words "tea trolley" can conjure up an image of a delicate cart laden with floral china and shining silver plate, pushed by a primly uniformed servant into an ornately furnished room where aristocratic women perch on uncomfortably carved mahogany chairs.

Like many upper-class English fashions, the tea trolley spread to the United States, where it received a new spin in the 20th century: With Prohibition ending in the 1930s, the tea trolley was repurposed as the bar cart or cocktail cart. This was also when the style we now call mid-century modern emerged. Scandinavian design was particularly popular, with clean lines, simple shapes and light woods.

This cart, made of birch with white enameled wheels, was designed in 1948 by Alvar and Aino Aalto, the Finnish husband-and-wife team that co-founded the furniture company Artek. An Eldred's auction described it as a "tea trolley" rather than a cart. The old-fashioned name didn't decrease its appeal, as it sold at the auction for \$2,650.

I have a lot of first-edition Beanie Babies and Bears. I'm wondering if I can get in contact with someone to help me price and sell them.

. The Beanie Babies fad explod-A ed in the 1990s, and a resale market appeared almost immediately. While it hasn't reached the heights of the original craze, the resale market is still active. There are several online resources for Beanie Baby collectors to research and evaluate their toys. Try tycollector.com, beaniebabies priceguide.com or beaniepedia.com. Check the tags on each toy; both the cloth tag sewn to the toy (collectors call it the "tush tag") and the heart-shaped paper swing tag. They will tell you the edition, material, location made, and other information that can affect the price. If a Beanie Baby is an early



Teatime comes to modern times. Scandinavian modern design gives an Artek tea trolley a sleek, stylish look.

or limited edition, stuffed with PVC pellets, or made in Indonesia instead of China, it is usually worth more. Spelling errors, misprints and other variations on the tag can also increase the value. For more accurate values on eBay, look up Sold listings under Advanced Search. You can also search websites like Craigslist or Facebook Marketplace for Beanie Babies collector clubs. If you want to sell your collection at an auction, look for auction houses that specialize in toys, collectibles, estate sales and pop culture.

TIP: Dust leather furniture with a dry cloth and vacuum in crevices and edges. Use a leather conditioner about once a year. If there is spill, wipe up the liquid with a cloth or sponge, wipe with lukewarm water and let it air dry.

CURRENT PRICES

Do not use soap or soak the stain.

Toy, horse, rocking, wood, painted, white, black base, leather saddle, Victorian, 31 x 55 1/2 x 12 inches, \$320. Lamp, hurricane, baluster shape shade, tole base, figural, leafy vines, grass, scalloped foot, felt base, 14 1/2 inches, pair, \$770.

Textile, Navajo, trading post, gray ground, cream and black motifs, serrated diamonds, checkerboards, red border, corner tassels, early 1900s, 74 1/2 x 55 inches, \$800.

For more collecting news, tips and resources, visit www.Kovels.com

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by Tony Rizzo

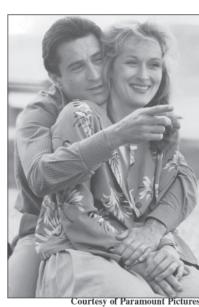
HOLLYWOOD - Robert De Niro, now 81, never rests on his laurels, and what laurels they are: two Oscars, a Golden Globe, four Emmys, an AFI Lifetime Achievement Award, the Kennedy Center Honors, the Cecil B. DeMille Award, the Screen Actors Guild Lifetime Achievement Award, and the Presidential Medal of Freedom! He also has three exciting films

that are ready for release. In the crime drama "The Alto Knights," due on March 21, he plays a dual role of two 1950s crime bosses Vito Genovese and Frank Costello, with Debra Messing co-starring. Then De Niro stars opposite Jamie Foxx, Scott Eastwood, John Leguizamo and Rita Ora in the action thriller "Tin Soldier." He'll follow this with Netflix's political-thriller series "Zero Day," which also stars Jesse Plemons, Joan Allen, Connie Britton, Dan Stevens and Angela Bassett.

It was a funny thing when our two greatest actors, De Niro and Meryl Streep, made a movie together called "Falling in Love" (1984), along with Dianne Wiest, David Clennon, Jane Kaczmarek and Harvey Keitel. It cost \$12 million but only grossed \$11.1 million. It received 54% on Rotten Tomatoes based on 13 reviews. Their consolation? Streep and De Niro respectively won an Italian Oscar for Best Foreign Actress and Actor. I think it's time for a rematch!

Ryan Gosling may be joining the "Star Wars" universe because "Deadpool & Wolverine" director Sean Levy wants him to! And judging from the \$1.33 billion grosses of "Deadpool & Wolverine," Levy can probably have anything he wants. Disney's been looking for new ways to invigorate their "Star Wars" franchise, and this untitled film that Levy has worked on for two years with Jonathan Tropper is the answer that they've been hoping for. Nevertheless, we won't see it until it opens on Dec. 17, 2027.

Gosling's next film is the epic sci-fi film "Project Hail Mary" with award-winning German actress San-



Robert De Niro and Meryl Streep in "Falling in Love" (1984)

dra Hüller, and it is due sometime in March 2026.

What's more glamorous than a movie premiere? (Except maybe the Academy Awards!) Red carpets, bright lights, screaming fans, and flashes illuminating the stars in their couture gowns and tuxedos as they arrive to thunderous applause! In London, they take their premieres very seriously, and on occasion, their royals even attend the festivities. So, imagine the shock when Timothée Chalamet pulled up to the London premiere of his Bob Dylan biopic not in a limo but on a Lime electric bicycle that he rented for the occasion.

While some fans went wild, others were shocked and dismayed, and the City of London Police reacted by giving him a \$79 fine (65 pounds) for not parking his bike properly. Sadly, his stunt only took the movie's United Kingdom grosses to \$3.2 million, while the United States grosses were \$60 million against its \$50-\$70 million cost. There are many disadvantages to being "A Complete Unknown!"

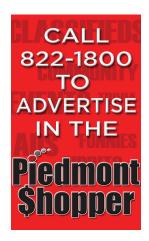
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Dr. Keith

Roach

Elderly Man Weighs 84 Pounds Decades After His Stomach Removal

DEAR DR. ROACH: Is 18 years a record for living without a stomach? A family member had stomach cancer when he was 70 and had his stomach removed. He consulted with a dietician and has been able to eat small but frequent meals. He can also take enzymes, vitamins and other things, but slowly he has lost

Now at 88, he is down to 84 pounds, and his muscles are also affected. He used to play racquetball regularlv. but this came to an end during COVID and wasn't picked back up after the pandemic. He can no longer walk without assistance. They are putting a feeding tube into his small intestine to supplement what he usually eats.

Are you familiar with this type of thing? What else can be done, or is this the end? Will he starve to death? — Y.F.

ANSWER: I have seen many patients with stomach cancer and have never seen this degree of weight loss, but weight loss is very common after removing the stomach. This degree of weight loss is very disturbing and usually results in a worse outcome, so effective treatment is overdue. A feeding tube, which isn't often the appropriate treatment for weight loss, seems to be an important short-term treatment. I assume that he has had extensive evaluations for the recurrence of diseases, including CT scans.

You mention that he has been getting vitamins; B12 and vitamin D levels are often profoundly low after gastrectomy (removal of the stomach), so these should be checked, even if he has been on replacements. If no other cause is found, it might be worth a try to use an

In addition, I would formally measure his total calorie input in a day to see whether the problem really is that he isn't getting enough calories. I would be worried that he isn't absorbing all of

There is no reason for him to starve to death. In the very worst case, nutrition can be given intravenously while they figure out why he is losing so much weight.

DEAR DR. ROACH: I am an 84-year-old male in amazingly good health and have great physical abilities, but after running about 3 miles, I noticed some minor chest discomfort. After a calcium score test and stress test, my doctor wanted to place stents in my coronary arteries.

I read a National Institue of Health study from 2020 regarding stent outcomes versus medication and lifestyle changes, and it showed no difference in the outcomes. So, I decided not to do the stents.

I no longer do any distance running, but I do weight training and a stationary bike exercise for 10 minutes without any chest issues. I now take statin drugs, blood pressure medicines, and baby aspirin.

Are you familiar with this study, and am I doing a reasonable thing by not having the stents inserted? T.E.

ANSWER: Whether stents are beneficial in people with stable coronary artery disease remains somewhat controversial. Although stents in combination with a healthy diet, exercise and medication may improve symptoms better than lifestyle changes and medication alone, there are no data to show an improvement in lifespan or in preventing heart attacks.

Your cardiologist wanted to reduce your symptoms, but if you aren't having any now, then stenting isn't indicated. If you had to reduce your running because of chest discomfort, then stenting might possibly allow you to do more exercise without having these symptoms.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@ med.cornell.edu.

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Please email community news to: info@piedmontshopper.com







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Thursday, 13th through Sunday, 16th

- Yoga & More @ Danville Yoga & Meditation Center

Thursday, 13th

- Little Learning Lab (registration required) @ Ruby B. Archie Public Library
- Copper Pianos e Caesars Thread Bar
- Open Mic w Matt Crowder @ Old 97 Tavern
- Trivia Night @ Ballad Brewing
- Game Night @ Renewal Brewing

Friday, 14th and Saturday, 15th

- Triangle Cycles Moonlight Indoor MX Series @ Olde Dominion Agricultural Complex
- Valentine's "Ghost" Experience @ Impotters Clayworx

Friday, 14th

- Valentine's Dance w Heart of Glass @ Cascade Community Center
- Valentine's Dance w The Bullet Band @ Ballou Recreation Center
- Copper Pianos @ Caesars Thread Lounge
- Speakeasy Night @ Ballad Brewing
- Live Music by The League of Ordinary Gentlemen @ 2 Witches Winery & Brewing Co.
- Live Music by Mama BriBri & The Stranger @ The Golden Leaf Bistro
- Be Mine at Woodbine: Valentine's Dinner (ticketed event) @ Woodbine Vineyards Saturday, 15th

- Wine Tasting @ Vintages by the Dan
- Total Body Workout Class @ Urban Fitness
- Winter Market @ Danville Farmers' Market
- Victorian Garden & Flower Show @ The Langhorne House Museum, 117 Broad Street
- Story-Time w Mrs. Judy @ The Dog-Eared Page
- Annual Galentine's Event @ The Golden Leaf Bistro
- Opening Day: The Age of Dinosaurs @ Virginia Museum of Natural History, Martinsville
- Artist's Studio Series: Cricut Basics w Brian Stanley @ Ruby B. Archie Public Library
- Cars & Coffee @ Crema & Vine
- Live Music by Matt Page @ River District Social
- Copper Pianos @ Caesars Thread Lounge
- Live Music by Blue Drive Ramblin' Duo @ 2 Witches Winery & Brewing Co.
- Vinyl & Brews @ Ballad Brewing
- Thomas Hinds Live @ Renewal Brewing

Sunday, 16th

- Open Mic hosted by Matt Crowder @ 2 Witches Winery & Brewing Co.
- Copper Pianos @ Caesars Thread Bar
- Dungeons, Dragons, & Drafts @ Scuffle Hill Brewing Co.



Black History Month has a lengthy history that dates back more than a century. According to History.com, historian Carter G. Woodson and minister Jesse E. Moorland founded the Association for the Study of Negro Life and History (ASNLH) in September 1915. Promoting the achievements of Black Americans was among the various missions of the ASNLH. One of the ways the ASNLH sought to achieve that mission was through the establishment of Negro History Week in 1926. Organizers chose the second week of February for the event because that week happened to be when Abraham Lincoln (1809) and Frederick Douglass (1818) were born. Lincoln and Douglass played pivotal roles in the abolition of slavery in the United States. After the establishment of Negro History Week in 1926, more and more cities began to celebrate it. History.com notes that by the 1960s Negro History Week had evolved into Black History Month on college campuses, eventually leading to formal recognition of the event by American president Gerald Ford in 1976.



GOD'S STOREHOUSE TO HOST 11TH ANNUAL EMPTY BOWLS FUNDRAISER

God's Storehouse will host its eleventh annual Empty Bowls on Friday, February 28 at 750 Memorial Drive in Danville. The Empty Bowls fundraiser is a collaborative effort between God's Storehouse, local artists, and local restaurants. A simple meal of soup and bread or crackers will be served as a reminder that too many people throughout our region are facing hunger.

Tickets are \$25 and can be purchased at God's Storehouse, Karen's Hallmark in the Danville Mall, Fox Glove West Main Street, Haymore Garden Center, Awards and Trophy, Main Street Art Collective, or for online tickets Google: QGive Empty Bowls God's Storehouse. Tickets will be \$30 the week of the event. The event is sponsored by The Episcopal Church of the Epiphany, First National Bank, and the Danville Register and Bee.

Jonathon Scollo and other artists at the Swanson Studio of the Danville Museum of Fine Arts and History, students from Chatham Hall Fine and Performing Arts Department, and George Washington High School art teacher, Frances Viden, and students at GW and Galileo have created handcrafted ceramic bowls for the event. Ticket holders will also have an opportunity to participate in a silent and chance auction.

"Empty Bowls has become an event that everyone in our organization looks forward to every year. We love inviting our community to come and see what we do day in and day out," said Karen Harris, executive director of God's Storehouse. "Every week we provide food to our neighbors that need it and by inviting people into our space that may not usually visit our facility, we are asking them to remember that our mission cannot be filled without their support. Our hope is that the empty bowls people take home remind them to share their bounty throughout the year."

To understand the need, it's important to understand the situation God's Storehouse faces every day.

In Danville, 1 out of every 4.7 residents lives in poverty. In Danville and Pittsylvania County combined, there are more than 15,000 people who suffer from food insecurity. Food insecurity is defined as a lack of consistent access to enough food for every person in a household to live an active, healthy life.

"Without donations from community members, local stores, faith communities, and businesses we would not be able to keep our pantry ready for every need," Harris said. "This community is such a blessing to us and to our customers, volunteers, and staff. With our outstanding volunteers and continued support through fundraisers like this one, we will continue to serve as long as we are needed."



OBITUARIES

"For whether we live, we live unto the Lord; and whether we die, we die unto the Lord: whether we live therefore, or die, we are the Lord's." - Romans 14:8

Kathy (Reid) Oakes

December 26, 1955 ~ February 10, 2025 (age 69)

Mrs. Kathy Oakes, age 69, of Dry Fork, Virginia, passed away on February 10th, 2025 at Lewis Gale Medical Center in Salem, Virginia.

She was born on December 26th, 1955, in Danville, to the late Joseph and Barbara Mitchell Reid.

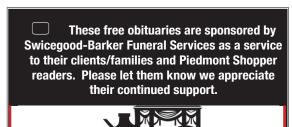
Mrs. Oakes retired from Dan River Mills and attended Dan River Church. She was an excellent cook and loved to try new recipes. She also enjoyed traveling, fishing and spending time with her husband on the Blue Ridge Parkway. She was a very loving and supporting mom who would help anybody that she could.

She is survived by her husband of 25 years, Earl Oakes; son, Tim Oakes (Amber); step-sons, Earl Oakes, Jr. and Billy Oakes; step-daughter, Angela Oakes (James McVay); grandchildren, Cash Oakes, Emma Oakes, Freya Oakes, Wyatt Oakes, and Landen Oakes; and brothers, Joey Reid, Ken Reid, and Bruce Reid.

Mrs. Oakes was predeceased by her parents.

Funeral services will be conducted February 15, 2025 at Swicegood Funeral Service Chapel at 2:00pm. Visitation will take once hour prior. Interment will follow the service at Schoolfield Cemetery.

Swicegood Funeral Service is respectfully serving the Oakes family.



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Funeral Services

Swicegood Funeral Home (434) 792-5611 (434) 792-7211 www.swicegood-barker.com

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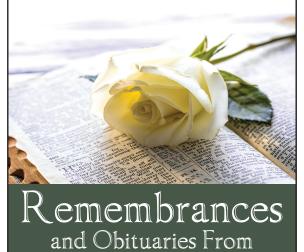
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Honor the memory of your cherished one by sharing the story of their life with friends, neighbors and associates here in the community.



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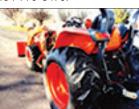
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LESLEY ANN TERRY FEB. 05, 2025

BOBBY GENE ATKINSON FEB. 07, 2025

NORRIS FUNERAL HOME

NANCY BARNES CRISWELL OCTOBER 20, 1949 - FEBRUARY 7, 2025

WILLIAM DAVID COLE MAY 7, 1928 - FEBRUARY 5, 2025

JAMES "JIMMY" THOMAS FLIPPEN FEBRUARY 16, 1938 - FEBRUARY 5, 2025

BETTY RUTH NEALY BRANSCOMBE APRIL 17, 1934 - FEBRUARY 4, 2025

BETTY HUDSON ARNOLD APRIL 1, 1932 - FEBRUARY 4, 2025

WILLIAM ROBERT JAMISON III NOVEMBER 9, 1968 - FEBRUARY 9, 2025

JOURNEE ELIANNA SHELTON AUGUST 30, 2024 - FEBRUARY 7, 2025

BETTY DARLENE JENNINGS

JULY 29, 1957 - FEBRUARY 6, 2025

CALLIE MARLOWE WELLS

JUNE 15, 1920 - FEBRUARY 5, 2025

TOWNES FUNERAL HOME

ALICE CARPER FELLABAUM FEB 6, 2025

FRANCES FALLIS SKENDERIS

FEB 4, 2025

FISHER & WATKINS FUNERAL HOME

GAYLE LEE BLACKWELL JUNE 17, 1956 - FEBRUARY 3, 2025

FRANCES CAROLYN MCCAULEY APRIL 25, 1959 - JANUARY 30, 2025

DL MCLAUGHLIN FUNERAL HOME

TIANNA MONTE' SMITH MARCH 29, 1992 - FEBRUARY 1, 2025

MAGIC MAZE ● — NUTS

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 H E B Y W T R O L J E U G E H

 B Y W U R A P L P Y T C O C O

 N K I G D B I Z X T T W E L V

 S Q O M K Z S M E I I E G E E

 C A Y W A U T R A N B H F Z S

 Q P N R L H A J G D H S F A E

 C A B Y G U C X V U A A S H S

 Q P N U Q M H Y R O K C I H K

 J H O S G N I B M I L C A F E

 C D B Z G N O D N A U Q Y M X

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: PASTRY WITH A MIDDLE HOLE

Beech Bitter Brazil Cashew Climbing Coco Hazel Hickory Macadamia Pistachio Quandong Safety Square Wing

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Call 434-822-1800

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from $M\underline{A}STER$ for an I, you get MISTER. Do not change the order of the letters.

1. Ingenious	E	Four-leaf	0
2. Swamp	s	Join the parade	C
3. Tattle	_ N	Sew up	_ T
4. Wanted sign	P	List of names	R
5. Examine the books	T	Of the ear	0
6. Speak	U	Playful water mammal	0
7. Way to go!!	0	Having courage	E
8. Heat gauge	s	Final high school year	
9. Full of energy	_ E	Young canine	_ U
10. Unpretentious	H	Take a fall	T
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Small Recliner. \$50. Call 336-394-2816.

Large Recliner. Vinyl. Good Condition. Asking \$75. Call 336-394-2816.

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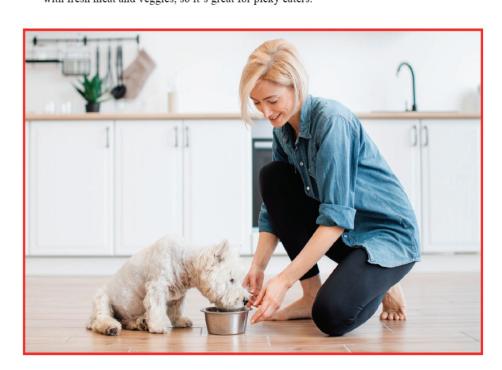
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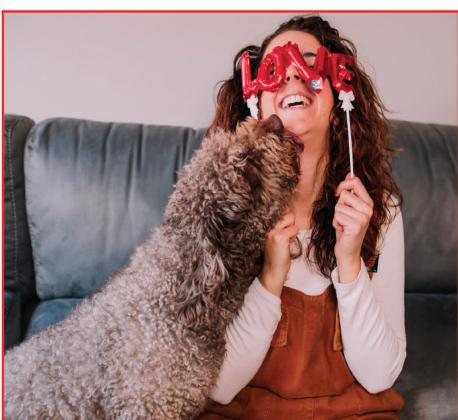
4 Vet-Approved Tips to Show Your s Love this Valentine's Day

FAMILY FEATURES

or pet parents in the U.S., Valentine's Day is another chance to shower their pets with love. This Valentine's Day, animal lovers can show their affection in special ways. Extra attention and extra playtime may be in store, but Americans are expected to spend a record \$27.5 billion this Valentine's Day, 32% of whom plan to purchase gifts for their pets, according to an annual survey conducted by the National Retail Federation and Prosper Insights & Analytics. "Dogs are very in tune with their pet parents' emotions," said Dr Aziza Glass, expert vet for Freshpet. "Pups are sure to feel the love from the actions and little things pet parents do." Consider these vet-recommended ways to show your pets just how much you love them:

- Cook a batch of pet-friendly treats: Since the classic Valentine's Day gifts of chocolate and candies are out of the question for dogs, homemade treats are a great alternative. Dehydrated veggies and fruit treats are easy options. All you need to do is choose pet-safe fruits and vegetables and bake them for a few hours. Some pet-friendly foods include strawberries (loaded with vitamins C, B1, B6, K and more), cranberries (include antioxidants to help prevent inflammation) and beets (packed with fiber, vitamins and minerals).
- Switch to a fresh, healthy diet: The way to your pet's heart is often through his or her stomach. One of the best ways you can show your love is by making the switch to fresh food like Freshpet, the leading fresh pet food brand. Freshpet is not only nutritious, but also made with fresh meat and veggies, so it's great for picky eaters.





- Create sustainable DIY toys: Sure, you can buy your pup a new toy this Valentine's Day, or you can make your own with items lying around your house. It's quick and easy to make a crinkle chew toy. If your dog likes that crinkle sound, try covering an empty plastic water bottle with a sock or two. Your dog will go nuts for the sounds it makes when chewing and it's a green way to reuse before recycling.
- Plan a doggie play date: Socialization is important for everyone dogs and humans alike. Head to a nearby dog park or plan a play date with some neighborhood friends to get your dog out and playing with others. In addition to providing an excuse to run around with friends, your pup will thank you for it later.

By sharing these thoughtful gestures, dogs will be showering their pet parents with kisses, which triggers endorphins in both dogs and humans, reinforcing the bond between the two even more.

Discover more ways to show your pets some love by visiting Freshpet.com.



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WTB: Valentines Decor. Large Quantities, Reasonably Priced, Call 434-709-2583.

Wanting to Buy: Service Station and Farm Gas Pumps, and Air Meters. Call 434-728-2960

WTB: Junk Vehicles. Call 434-579-8952.

Local WTB: Used Vinyl Records, Any Size. Please Call Before Having Yard Sale. Also Interested in Buying Turntable and Reel to Reel. Call 434-203-9964.

WTB: 4WD Mule. Call 336-269-6566.

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Know These 4 Core Factors to Av a Heart Health Syndrome

FAMILY FEATURES

n the U.S., 1 in 3 adults is at risk for a newly recognized syndrome that comes from a combination of heart disease, kidney disease, type 2 diabetes and excess body weight. This cluster of conditions, called cardiovascular-kidney-metabolic (CKM) syndrome, is an example of how problems in one part of your body can affect other parts.

To avoid CKM syndrome, health experts suggest paying close attention to four of the American Heart Association's Life's Essential 8 - blood pressure, lipids, body weight and blood sugar level - which are core health factors that impact your metabolic health.

Good metabolic health means your body uses energy well and keeps these factors in a normal range. However, when numbers are off in one area, it can affect others, raising your risk for heart disease, stroke, kidney disease and diabetes.

Consider these tips from the American Heart Association to help keep your core health factors under control.

Blood Pressure

High blood pressure, also known as hypertension, happens when the force of your blood pushing against the walls of your blood vessels is too high. High blood pressure is a leading cause of heart disease, stroke and kidney disease.

Because high blood pressure doesn't have symptoms, the only way to know you have it is to get your blood pressure checked. Healthy blood pressure is below 120/80. If your blood pressure is 130/80 or higher, talk to your doctor about checking your other core health factors.

Lifestyle changes can help reduce high blood pressure. One example is a Dietary Approaches to Stop Hypertension (DASH) eating pattern that's low in fat and rich in fruits, vegetables, whole grains and low-fat dairy products. Losing 10 pounds and reducing alcohol consumption can also



circulates in the blood where your body uses it to build cells and make vitamins and hormones. You may also get cholesterol from eating animal products. If there's too much cholesterol circulating, your risk of type 2 diabetes, heart disease and stroke may increase.

For optimal CKM health, your LDL cholesterol should be below 100 and triglycerides below 150. Triglycerides are the most common type of fat in the body. If your triglyceride level is 135 or higher, talk to your doctor about decreasing your risk.

Losing body weight and increasing physical activity decrease triglyceride levels. In addition, DASH and Mediterranean (plant-based, high-fiber, low-fat) eating patterns support healthy LDL and triglyceride levels.

Body Weight

Healthy weight may be determined by body mass index (BMI), a number that represents your weight in relation to your height. Extra body fat can mean a higher risk for many health problems, including heart disease, stroke, high blood pressure, high cholesterol and diabetes.

waist circumference is 88 centimeters or higher for women and 102 centimeters or higher for men. Aim for a BMI

To lose weight and keep it off, start by setting realistic goals. Understand how much and why you eat, manage portion sizes, make smart snack substitutions and be physically active.

Blood Sugar

High blood sugar can slowly damage the kidneys. In fact, diabetes is the leading cause of kidney disease, and it increases the risk of heart attack and stroke.

Blood sugar is measured in two ways: a fasting blood glucose test (short term blood sugar) and an A1C test (long term blood sugar control). A normal fasting blood glucose level is 70-99 and a normal A1C level is below 5.7%. Fasting blood glucose above 125 and A1C of 6.5% or higher means you have diabetes.

Habits that help you avoid high blood pressure, weight gain and high cholesterol also keep your blood sugar in check. These are especially important if you have a family history of diabetes.

Learn more about CKM syndrome and how to manage your risk at heart.org/CKMhealth.



Real Estate Section

Homes · Land · Rentals · Services



Mobile Homes

Commodore Mobile Home for Sale. 3 Bd, 1 Bath. Needs-Work, Kitchen/Living Room. Rest Solid. Has to be Moved. Good Rental Potential. Asking-\$2500, Negotiable. Call-903-519-1569.

Real Estate

15 Acres Yanceyville, Leesburg Area off 86. 1 Main-Home and 1 Second-Home (trailer). 4-5 Tobacco Barns. 25 Minutes from Danville. Serious Inquiries Only. Selling As Is. Call Anthony 336-494-8322 or 434-713-9245. Great Piece of Property!

Rental Property

Rental House in Pine-Tag Subdivision. 2 Bedroom, 2 bath brick ranch with carport, large walk in closet in main bedroom. Living room, eat in kitchen, dining room, large family room with wet bar and fireplace. Laundry room. Deck off family room and storage building. Appliances include; stove, refrigerator, dishwashmicrowave, disposal, washer, dryer. Rent \$1600 per month, \$1600 Deposit. Lawn maintenance included. (434) 203-2426

House for Rent 154 Carver Drive. 2 BR, 1 Bath, \$625 a Month, Plus Deposit. For More Information, Call 434-709-3382.

Mobile Home For Rent. 2 Bd. Appliances Furnished, including Washer/Dryer. 58E Area. \$800 Month & \$800 Deposit. Call for More Information 434-793-2422.

2 Bedroom Mobile Home. 2 Bedroom, 1 Bath Mobile Home for Rent located on Private Lot in the county just minutes from the city limits. No Pets Allowed. \$800.00 per Month Rent and \$800.00 Security Deposit. Call for more information. (434) 709-5432





WTB: Dining Room Table that has 12-16 Chairs. Call

Honda CRV. 15". Call 434-554-1621.

WTB: 90 Nissan Maxima Window Regulators for all 4 with Motor. Call 336-269-6566.

LTB: Metal Window Awnings. Call 434-710-9830.

WTB: Paparazzi Jewelry Wanted in Large Quantity and Reasonable Priced. Call 434-709-2583.

WTB: Nintendo 64 Console & All Accessories. Good Condition. Call 434-554-1060.

WTB Walk Behind String Mower. WTB Walk Behind / Push String Mower. Reasonably Priced. Not interested in older models. (434) 250-8328. (434) 250-8328



by Freddy Groves

The Veterans Administration Office of Inspector General has been busy. As always, their focus is on identifying problems that cause harm to veterans.

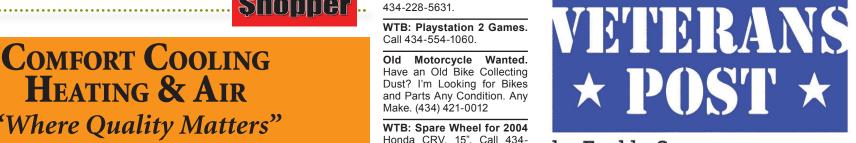
instances where biopsies weren't done quickly, called in. And inadequate treatment was given

OIG report. During performance reviews, they rated the dermatologist as "unsatisfactory" but focused on tardiness problems instead of big concerns like not actually doing biopsies. Instead of bouncing the dermatologist out the door, they decided to recommend nonrenewal of clinical privileges, which allowed the dermatologist to keep working with

And (it just keeps getting better and better) senior staff claimed not to know about what was going on despite continued reporting by staff of their concerns and the dermatologist having been given two unsatisfactory reviews. Further, they didn't follow policy and report

Enter the VAOIG -- in response to allegations of deficiencies in care -- and patient records were finally reviewed, including 13 additional records given to the OIG. What the OIG found was grim, especially with cancer diag-

If you have a medical concern, be sure that it's addressed. If a test or biopsy is done and no one calls you, get on the phone to them in seven days and insist on knowing the result. Don't trust that "no news is good news."



Take charge of your medical care

For example, in one VA medical center there were concerns about the care given by a dermatologist on staff. Specifically, there were 48 which allowed cancers to grow and spread. And abnormal test results weren't communicated, which delayed treatment. And the dermatologist documented procedures that weren't actually done. And specialists weren't for certain cancers. And the dermatologist had been in the habit of copying and pasting previous notes from one appointment to the next, which meant that new information wasn't added to patient files. And, and, and ... so many instances of deficiency in care, all by one dermatologist. This went on from 2021 to

The supervisors weren't let off the hook in the

the dermatologist to the state licensing board.

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by Matilda Charles

AARP membership: It's worth having

After many years at the same cost, AARP increased their membership fee to \$20 at the beginning of this year. But it's still a bargain when you consider the additional benefits, savings and discounts that are available, as well as the newspaper and magazine.

The website (aarp.org) lists discounted gym memberships, travel and vacation packages, insurance, flowers and so much more. If you need computer help such as hooking up to a wireless network or printer, you can get 15% off the Norton Ultimate Help Desk.

The health benefits especially are worth considering. If you suspect you need hearing aids, AARP Hearing Solutions offers a free hearing exam and then 20% off hearing aids, should you need them.

If you need at-home physical therapy, AARP offers the service through Luna, and it's covered by Medicare, Aetna, Anthem and Cigna.

Check the Optum Rx page on AARP's website for prescription drug discounts. Enter your drug in the search box and it will find the best price. Print out your discount card or have it sent to you in email.

In my area, I qualify for discount tires, Dr. Scholl's shoes (20% off) and half-price car washes, among other things.

The discounted items aren't the only thing you'll find with AARP. The Tax Aide Locator is set up to help low and moderate income seniors with tax preparation -- or, if you prefer to do it yourself with just a little bit of coaching, they can provide that, too.

The advice and how-to columns alone are worth the cost of the membership. Digitizing your old home movies, tips to help prevent falls and seven ways to avoid germs at the gym are just a few of the current columns on AARP's online front page.

To learn more about the benefits of an AARP membership, check the website or give them a call at 888-687-2277.

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WTB: Fridges in Working Condition. No Double Doors. Call 434-441-1364.

WTB: 3-5 Acres of Land with Well & Septic. Pittsylvania County, Halifax area and surrounding counties. Call 434-575-0999

LF: Cymbals & Snare Drum. Call 434-314-0236. For FREE

LTB: Hammond Music Organ. Must be in Very Good Working Condition, Will Pay up to \$500. Call 434-314-

Want to Buy and Collect Antique Whiskey Beer and Pharmacy Bottles and other Danville items older things. 434-203-3163

Want to Buy and Collect Antique Pocket & Wristwatches Running & Broken. Call 434 203-3163

WTB: Records, Albums. Prefer African American Artists. Call 434-441-1364. WTB: Utility Trailers, 6x12

Enclosed and 6x12 Regular or 7x14. Call 434-548-4891.Call 434-548-4891.



1. Name the town mentioned in "Last Chance to Turn Around."

2. Who wrote and released "Love Is

All Around"? Which group wrote and released

"The Tracks of My Tears"? 4. Who wrote "Anticipation"?

5. Name the song that contains this lyric: "I know you don't know what I'm going through, Standing here looking at you."

Answers

1. Brooklyn, in the 1965 song by Gene Pitney. Besides creating his own hits, Pitney penned chart toppers for others, including the Crystals, Ricky Nelson, Vikki Carr and Roy Orbison.

2. The Troggs, in 1967. The song charted around the globe, but it really took off when Scottish band Wet Wet Wet covered the song for the film and soundtrack "Four Weddings and a Funeral." Their version topped the charts nearly everywhere.

3. Smokey Robinson and the Miracles, in 1965. In 2021 it was ranked as "The Greatest Motown Song of All Time."

Carly Simon, in 1971.

5. "Hurt So Bad," by Little Anthony & The Imperials, in 1964. The song was a hit for the group, especially after they sang it on "The Ed Sullivan Show." The song has been covered by numerous others, including The Lettermen and Linda Ronstadt.

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ló Ann Derson

- * When you finish a wood-working project, save your leftover bits of sandpaper and use them to sharpen your scissors. All you need is a piece long enough to make a few cuts through.
- * "Plastic grocery bags are handy for so many uses, but keeping them organized was always a pain, until I discovered that I could use an empty tissue box to store them. I just ball up each bag individually (so there is no air trapped) and stuff it in the tissue box. You can do the same thing for larger amounts of bags by using an empty 12-pack box from soda. I store one of these in my shop." -- Fred C. from Pennsylvania
- * "Tired of squirrels on your bird feeders? String a line of 2-liter soda bottles (as many as you like) together, and hang them between two trees, with the feeder in the middle. Works like a charm." -- C.V. in Maine
- * If your kids (or you) like cereal, be sure to save the heavy plastic liners that hold the cereal inside the box. They are really handy when freezing meat patties in stacks. You can use them to separate layers of cookies, too.
- * "I just finished packing up my house to move, and this little tip was a dandy: Use a toothpick to keep the open end of your tape from disappearing. When you cut the tape, slip a toothpick at the end that's still on the roll. You will never have to go fishing for it again." -- L.K. in New Mexico
- * If your water takes a minute to warm up, keep a pitcher by the sink. Let the water flow into the pitcher until it gets warm. Then, use that water (that otherwise would have been wasted) on your houseplants and in your garden.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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A Delectable Dessert for Valentine's Day



If you're going above and beyond a stuffed animal and boxed chocolates this Valentine's Day, try these Cheesecake Cookie Cups for a special homemade dessert. Made with love, it's a perfect combination of sweet and creamy. Visit Culinary.net for more sweet treats to share with loved ones.

Cheesecake Cookie Cups

INGREDIENTS

2 packages (16 ounces each) chocolate chip cookie dough

Whipping Cream:

- cup heavy cream
- 2 tablespoons sugar

Filling:

- 8 ounces cream cheese, softened
- 1/2 cup powdered sugar
- cup whipping cream
- crumbled cookies, for topping (optional) sprinkles, for topping (optional)

INSTRUCTIONS

Heat oven to 350 F.

In muffin tin, press three pieces of cookie dough into each muffin hole. Bake 15 minutes. Let cool 5 minutes then use shot glass and press into each hole. Let cool another 5 minutes and place on rack to cool completely.

With hand mixer, mix heavy cream and sugar until it thickens then add cream cheese and powdered sugar; cream together. Spoon into cool cookie cups.

If desired, use piping bag and pipe pretty edge around cup. Top with crumbled cookies or sprinkles, if desired.



- 1. This relief pitcher won World Series titles with the 1969 New York Mets and the 1980 Philadelphia Phillies. His son is a country music star. Who is he?
- 2. Who did Muhammad Ali defeat in a hard-fought unanimous decision to retain the undisputed heavyweight championship at New York City's Madison Square Garden on Sept. 29,
- 3. Name the motorsports driver, engineer, designer and businessman from New Zealand who was killed in 1970 while testing a new racecar in England.
- 4. Center Will Perdue won three NBA championships with the Chicago Bulls from 1991-93 and won his fourth title with what team in 1999?
- 5. Pro Football Hall of Fame wide receiver Calvin Johnson, who played for the Detroit Lions from 2007-15, was nicknamed after what "Transformers" character?
- 6. Atlanta Drive GC, Boston Common Golf, Jupiter Links GC and The Bay Golf Club are among the teams in what indoor/virtual golf league?
- 7. Name the Hall of Fame jockey who won the Kentucky Derby riding Sea Hero in 1993 and Grindstone in

Answers

- 1. Tug McGraw (his son is Tim McGraw).
- 2. Earnie Shavers.
- Bruce McLaren. 4. The San Antonio Spurs.
- Megatron.
- TGL Golf. Jerry D. Bailey.

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Yard Sales

Inside Estate Sale. 2449 Shady Grove Road, House is Full of Furniture, Household Items, Decor, Christmas and Much More! Nothing Over \$25.

Huge Moving Garage Sale. Fri Feb 14th, 2025 from 08:30 AM - 04:00 PM Sat Feb 15th, 2025 from 08:30 AM - 03:00 PM 920 Loop Rd, Keeling, Va. Antiques, China, oil lanterns, Cast Iron Pans, liquor decanters, books, fishing rod & reels, Tupperware, table lamps, dvd's, vhs movies, Wilton cake pans/plates/boards, t-post clips, New Oil-less turkey fryer, toaster, can opener, shower curtains, Valances & lots more! Everything must Go!



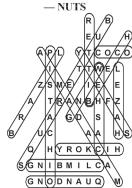
By Lucie Winborne

- * Read a week's worth of The New York Times and you'll have absorbed more information than the average 17th-century citizen would have encountered in their lifetime.
- * A 1972 plane crash that claimed the lives of 101 people occurred because the crew was distracted by a burned-out landing gear indicator light and failed to notice that the autopilot had inadvertently been disconnected.
- * California was named for a fictional island in a 16th-century romance novel.
- * Researchers testing insect repellents used Victoria Secret's Bombshell perfume as a standard and accidentally discovered that it repels mosquitoes better than many repellents on the market.
- * In 19th-century Maryland, it was illegal to sell mineral water on a Sunday.
- * People's body temperature drops when they watch videos of other folks putting their hands into cold water.
- * Onychophagia is the technical term for biting your nails.
- * A man who tattooed the word "Netflix" on his body and then tweeted a picture of the ink to the company was rewarded with a year's worth of free service.
- * In Wisconsin, the most frequently googled "how to spell" word is Wisconsin.
- * When Prohibition started, alcohol could only be bought for medicinal and religious purposes, from a pharmacy or a doctor. "Medicinal whiskey" was prescribed for just about anything and used to treat conditions such as toothaches and the flu. With a prescription, a patient could legally purchase up to 1 pint of hard liquor every 10 days.
- * In medieval times, the word "abracadabra" was written out in the shape of a triangle and worn around the neck in an amulet to prevent deadly diseases.
- * It takes somewhere between 144 and 411 licks to reach the center of a Tootsie Pop.

Thought for the Day: "The purpose of life is a life of purpose." -- Robert Byrne

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Even Exchange answers

- Clever, Clover 2. Marsh, March
- 6. Utter, Otter
 - 7. Bravo, Brave
 - Snitch, Stitch Sensor, Senior
- Poster, Roster Peppy, Puppy 5. Audit, Audio 10. Humble, Tumble