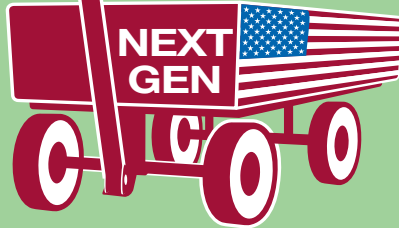


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Think Spring, Think Green



Welcome to the South Lake County direct mailed edition of The Family Flyer. We have **Savings of the Green** on every page. With spring right around the corner, be sure to check out all the home improvement opportunities. Spring your clocks ahead on Sunday, March 9th @ 2am, daylight savings time begins. As always, thanks for reading and using the local advertisers in your communities, as they make The Family Flyer Happen! We will be back in your mailbox on April 3rd.

The Family Flyer Sisters
219-689-6262



"You're only here for a short visit. Don't hurry. Don't worry. And be sure to smell the flowers along the way." Walter C. Hagen

*The Publisher has made every effort to ensure the accuracy of all information in this Family Flyer. The Publisher, however, can not accept responsibility for any error that may occur.






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“What’s Goin’ On”

March 17th - The Lowell VFW Post 6841 is having a St. Patrick's Day Dinner. Monday, March 17. Starts at 4PM till 8PM, Corned Beef and cabbage Dinner, Reuben Sandwiches, Carry Out Available VFW, 17401 Morse St. Lowell. Call for price VFW 219-696-8121

March 21st - REVERSE RAFFLE at Lowell VFW Post 6841 1st and every 25th ticket wins \$150, 247th ticket wins \$250, 248th ticket wins \$750, 249th ticket wins \$1000, 250th ticket wins \$5000. Only 250 tickets will be sold, \$50 a ticket public invited. Drawing on Friday, March 21st, 2025, 17401 Morse St., Lowell, Indiana See bartender for tickets VFW 219-696-8121

KARAOKE - every Friday at 7:00 pm. and BAR BINGO every 1st and 3rd Wednesday of every month. VFW Auxiliary Post 6841, Lowell.

NEW BINGO BINGO - Mondays and Wednesdays Doors open at 4pm with 1st Early Bird at 5:45pm and Regular Bingo at 6:30pm. St. Elijah 8700 Taft St. Merrillville, IN 219-769-4375 (after 3pm). Play all night long for \$19 set-up. \$300 5 Regular games, \$600 total 2 in 1 Picture Frame and \$1300 total for 3 in 1 Coverall. Free birthday set-up "week of" only. Delicious homemade food available for purchase. Permanent seating available.

ST. ELIJAH Homemade strudels and nut rolls PRE ORDER EMAIL: playitagain31@outlook.com or phone 219-942-9762. St. Elijah Serbian-American Hall, 8700 Taft Street, Merrillville

Thursday Only - The St. Vincent DePaul food pantry at St. ED's Catholic Church, serving the Tri-creek area, is open from 10:00am - 11:30am Thursday Only. 216 S. Nichols St, Lowell, IN

BINGO — Bingo is at the Lowell American Legion on Route 2 Jan. through Nov. on the 2nd and 4th Saturday. Dec. is only on the 2nd Saturday. Doors open at 5pm, first early bird starts at 6pm. Food is available, and the bar is open.

Continued on page 10

Cancer Benefit for Colleen Nagle

Saturday, April 5, 2025
3pm to 9pm
Open to the Public
American Legion Post 261
13050 Washington St.
Cedar Lake, IN



Please pray for Colleen

Colleen is a Long-Time Member of the American Legion Riders Post 261
\$10 donation benefit only
\$20 donation includes food



“No One Fights Alone”

Music by:
The Village Ruckus Band
from 5 to 8

Raffle Baskets • 50/50 & Food until gone.
Proceeds from the benefit will be donated to the family to help defer medical costs.

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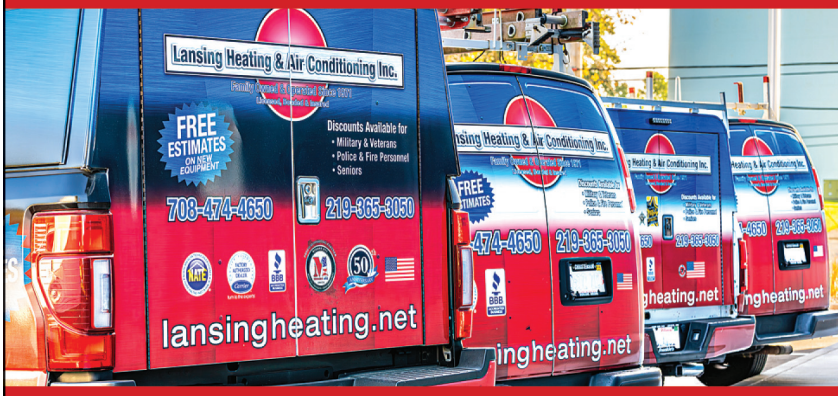
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Gardening Tips

by Jackie Kubiak #12



Spring gardening in NW Indiana can include planting flowers, vegetables, and grass seeds. The last frost varies by region, but it's usually 2nd weekend in May or (Mother's Day as a Rule!)

Mid March:

Flowers: Pansies, violas, primroses, and ranunculus: Plant in early spring for blooms in late spring or early summer

Vegetables: Radishes, leafy greens, carrots, chard, beets, and turnips: Quick-growing vegetables that thrive in cool weather

Broccoli, cauliflower, and cabbage: More resilient in the heat, so they'll still be thriving by late June

Onions and potatoes: Start in the spring so that you have more time to enjoy them

Grass: Plant new grass seeds in early spring when daytime temperatures are consistently between 60 and 75 degrees Fahrenheit

Mid-April: Strawberries: plant plants about 18" apart with 3' feet between rows. Ever bearing varieties will produce fruit in the spring and fall of the year. June bearing produce one big crop around the first part of June. Plants typically live for around three years.

Best to wait til mid May:

Tomatoes: (plant baby plants about 2' apart. Use a cage or stake if the variety recommends it.

Eggplant: plant baby plants. Harvest end of July.

Peppers: plant baby plants about 18" apart. Harvest end of July. *Please Shop Local, see ya next month! Think Spring!!*

"What's Goin' On"

Continued from page 4

Mondays and Wednesdays - The Crown Point Adult Learning Center (an affiliate of the Center of Workforce Innovations) is having open registration Mondays and Wednesdays 9:30-12:30, 1-4, for individuals wanting to attain their high school equivalency and to learn to speak, read, and write English. Learn about the skill training available in welding, certified nursing assistant, CDL, entry level manufacturing, emergency management technician, pharmacy technician, and hospitality. Information: 219-314-9904; 122 N. Main St., (inside the Crown Point Library) Crown Point.

Lowell Adult Learning Center can help change your future. Call or stop in to find out how you can earn your HSE or qualify for FREE job training. 219-696-6777, Lowell ALC 151, North Fremont, Wednesdays 10-4, Thursdays 1-7. We plan many activities and trips. Information call 219-365-8746.

Continued on page 16



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Here's what's Cookin'

By Phyllis Hays, #11 with Trixie

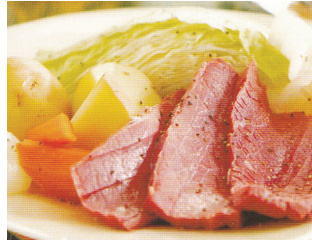


Corned Beef and Cabbage

St. Patrick's Day began as an opportunity to honor St. Patrick, the patron saint of Ireland, who was credited with bringing Christianity to this island nation. Through the years, St. Patrick's Day has transformed into a celebration of Irish culture as well as a day for fun and fanfare. Of course, no celebration would be complete without delicious food.

Makes 6 to 8 servings

- 12 new red potatoes, quartered
- 4 carrots, sliced
- 1 corned beef brisket (about 4 pounds)
- 2 onions, sliced
- 3 whole bay leaves
- 8 whole black peppercorns
- 1 head cabbage, cut into wedges



1. Place potatoes and carrots in bottom of slow cooker. Add brisket, onions, bay leaves, and peppercorns. Add enough water to cover brisket. Cover; cook on low 4 to 5 hours or on high 2 to 2 1/2 hours.
2. Add cabbage. Continue cooking on low 4 to 5 hours longer or on high 2 to 2 1/2 hours longer. Slice brisket against the grain, and serve with vegetables.

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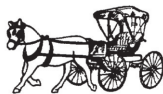
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- Plus Bread Bullets
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- Plus Fried Pickles
- Plus 2 Liter of Pop/Pitcher

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FAMILY MEAL DEAL #3

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- Plus Cheese Sticks
- Plus Chicken Nuggets
- Plus Fried Pickles

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FAMILY MEAL DEAL #4

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- Plus Cheese Sticks
- Plus Garlic Bread
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Outdoor Observations by Tom Berg

The Aggressive European Starling



“Starlings have beautiful feathers, but these birds are bullies. Photo by Tom Berg.”

European starlings are one of many non-native bird species that can be found just about everywhere in America, and they range throughout much of Canada, too. They were introduced into the United States from Europe in the 1890s, and today there are more than 200 million starlings in North America. Starlings are a dark bird when viewed from afar, looking almost completely black. But when seen up close, they are actually very beautiful. Their feathers have a bluish-green iridescent sheen during the summer, and in the fall and early winter their feathers are tipped with white, making them look spotted. Their tail is short and their beak is long and slender. Since they are not native to the USA, European starlings are considered a pest by most people. This thought is reinforced by the fact that they are noisy and very aggressive, and often travel in large flocks. They are well-known for mobbing back yard bird feeders and driving away other birds, including native species. Starlings are at home almost everywhere, and especially around people and towns. They prefer areas with vegetation that is cropped close to the ground, like grassy neighborhood lawns. They walk through the grass slowly, looking for insects and invertebrates. Worms, caterpillars, beetles, moths and spiders are eaten regularly during the summer. In the winter they switch to grains, small fruits and even garbage. One other reason that most people consider starlings to be pests is because these birds often harass native birds and even drive them from their nests. Once they drive those birds off, the starlings use those nesting sites for themselves. Talk about invasive!

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ENTRY

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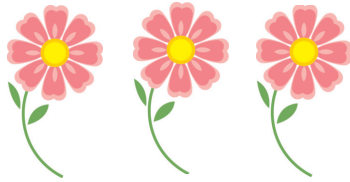
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FLAG FOOTBALL

<p>4 - 6 Division</p> <ul style="list-style-type: none"> Sunday Mornings 30 Minute Games 20 Minute Practice Before Each Game 7v7 Parent Coaches Registration includes: <ul style="list-style-type: none"> Jersey Belt with flags 	<p>7-9, 10-11, 12-14, & 15-17 Divisions</p> <ul style="list-style-type: none"> Saturday Afternoons 20 Minute Practice Before Each Game 42 Minute Games Parent Coaches Registration Includes: <ul style="list-style-type: none"> Jersey Belt with flags
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Jane Ball Elementary School - 13313 Parrish Ave, Cedar Lake, IN 46303
 219-374-3700 Ext. 3701

SAVE THE DATE - 3/19/25, 6:30 P.M.

Please share with any friends and/or neighbors who may need this important information.

Informational Kindergarten Parent Meeting

An informational parent meeting is scheduled for March 19th, at 6:30 p.m. for all families who have an incoming kindergarten student attending Jane Ball for the 2025-2026 school year. Students must turn 5 years old on or before August 1, 2025. Please mark this important meeting on your calendar. We strongly encourage all new incoming kindergarten parents to attend. The meeting will be held in the gym at Jane Ball Elementary. You may enter the school through Door A at the west side of the building. If you are unable to personally attend, please send someone in your place to obtain all the important information that will be presented. Information will also be shared on how to schedule your child's registration appointment for either May 1st or May 2nd, so it is very important for you to attend. The incoming kindergarten student(s) are not required to be at the parent meeting on March 19th, but they must attend the actual registration appointment on May 1st or May 2nd.

We look forward to meeting you and welcoming the Hanover graduating class of 2038!

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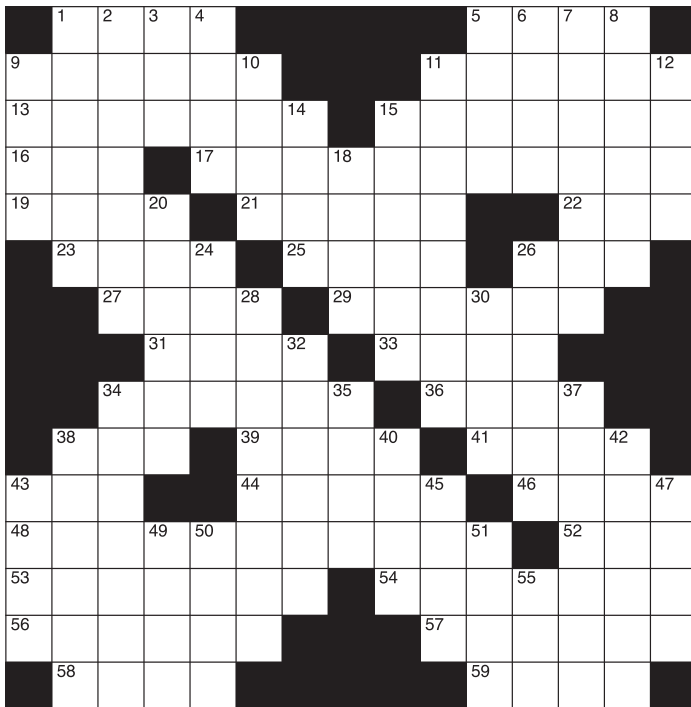
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ACROSS

- 1. Take heed
- 5. One's superior
- 9. Prepped meat
- 11. Tighten anew
- 13. Type of textile fiber
- 15. Animalistic
- 16. When you hope to get somewhere
- 17. Offender
- 19. Former NYC mayor Ed
- 21. Type of cryptocurrency
- 22. Mauna __, Hawaiian volcano
- 23. Herring-like fish
- 25. Popular PBS program
- 26. Congressman (abbr.)
- 27. Flightless Australian birds
- 29. Defrosted
- 31. Prior Yankee sensation Kevin
- 33. Nasal mucus
- 34. Some are southern
- 36. A place to construct
- 38. Popular beer brand
- 39. Shouts of farewell
- 41. Network of nerves
- 43. Make a mistake
- 44. Showed old movie
- 46. Body parts
- 48. A divisor
- 52. Congressional investigatory body
- 53. Papers
- 54. Most unnatural
- 56. Judge the worth of something
- 57. Makes sounds while sleeping
- 58. Which
- 59. Hungarian Violinist

DOWN

- 1. Pages
- 2. Head pain
- 3. A loud utterance
- 4. Large brown seaweed
- 5. Hulu's chef Carmine
- 6. Greek mountain
- 7. Made final
- 8. Bar
- 9. Tai subgroup
- 10. What you eat
- 11. Teaches again
- 12. Small constellation
- 14. Type of berry
- 15. Cows fattened for meat
- 18. A way to hoof it
- 20. Exaggerated a role
- 24. About two
- 26. Long upholstered seat
- 28. What employees earn
- 30. Fiber from a coconut husk
- 32. Digits
- 34. Polish by rubbing
- 35. Liquid body substances
- 37. Furniture with open shelves
- 38. Edible part of a chicken
- 40. Satisfy
- 42. Tool used to remove
- 43. Icelandic poems
- 45. Swiss village
- 47. Drunks
- 49. Evergreen plant genus
- 50. Light precipitation
- 51. Ribosomal ribonucleic acid
- 55. An informal debt instrument

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“What’s Goin’ On”

Continued from page 10

MONTHLY:

- Monday Nights - BINGO! The Valparaiso Moose 108 Indiana Ave Valparaiso IN has Bingo on Monday Nights.** Bingo starts at 6:30pm. It's a non-smoking establishment.
- 4th Monday each month - Bookends Book Discussion Group, 7 pm.** Call to reserve a copy of the current month selection. South Haven Public Library, 403 W. 700 North, Valparaiso. Information: 759-4474.
- 4th Monday each month - AARP Chapter 35110, Crown Point meet at 12:30 pm** at the Crown Point Civic Center. Informational speakers & programs. Dues are \$5.00 per year, refreshments served. Contact: Sue Mick 219-689-9168.
- Every Tuesday and Thursday - Easy Does it Fitness Class- 9am.** \$5 per class. Cedar Lake Parks Department hosting at the Monastery Clubhouse – 9800 West 129 th Avenue in Cedar Lake, Indiana.
- 4th Tuesday each month - Young at Heart Seniors BINGO Free!** Begins at 1:00 pm with dessert. Come for fun and fellowship. Selection of prizes, no cash. Lower level of First United Methodist Church. 520 E. Commercial Ave., Lowell. Use east (parking lot) entry. Elevator available. Call 219-696-9219.
- KEENagers every second Tuesday of the month** meeting at the Lowell bowling alley at noon. If you want to enjoy a good meal and have fun playing bingo this senior group is for you cost of meal is only \$11 please join us you will not regret it.
- 1st Wednesday of each month unless otherwise stated. Christian Womens Connection Luncheon at Suzie’s Cafe, CWC** which is Christian Women's Connection in Valparaiso Indiana. Womens encouraging one another as we enjoy a delicious lunch meal. 1050 Southpoint Dr., Valparaiso. Inspirational Speaker, Charlotte Hubrich “So What Do You Think?” Serving begins at 12:15, Cost is \$20. Call either Kay 219-926-6935, Natalie 219-762-5869 or Arlene 219-929-8031. Seating limited
- Every Wednesday Pinochle at the Eagles Post in Cedar Lake at 1 PM** please join us everyone welcome!
- Every Wednesday - Bingo, 6pm Early Bird, 6:30pm Regular Bingo, \$1000 Jackpot.** Kouts American Legion Post 301, 959 W. Indiana St. (Rt. 8). Food for purchase by Ladies Auxiliary. Information: 766-9919. *“Smoking and Non-Smoking now available”*
- Every Wednesday - BINGO, Crown Point Moose Lodge #260, 1200 N. Indiana Ave. Early birds-9am; regular games-10am.** Information: 663-1302. **Continued on page 20**

Lowell Girls Basketball 2025 Sectional CHAMPS!!

It's been 25 years since The Lady Red Devils have seen a sectional crown. Championship game took place in the "Pit" as Lowell defeated neighboring Hanover Central 45-34. The devil's finished their season 16-10.



Front row Seniors: Tori Chabes, Reagan Claus, Bre Kidd, Ashlee Evans, Addison Umfleet and Elysia Laub. Back row: JV coach Samantha Riley, Varsity Head coach Kelly Chavez, Abbie Hamilton, Josie Laub, Gatlin Hanrath, Tatum Claus, Brooke Dawson Hayden Blocker, Aubrey Fleming, Manager Mackenzie Troncozo, Alivia Madison, Brooklyn Hazzard, Layla Baron, Kourtney Wilczewski, Ella Labas, Cheyenne Anderson, Varsity assistant coach Jessica Hayden.



St. Patrick's Day Dinner at the Izaak Walton League in Griffith:
Corned Beef & Cabbage, Saturday March 15, 2025 from 3pm to 7pm. Open to the Public for more info: Jackie: 219-487-0001. Dine-In or Take-Out, while supplies last.



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Win one of two \$50 checks!

Play The Game Rules:

Find the hidden "High School" License Plate on page 18 or 19. Tell us which advertiser has the hidden license plate in their ad and you could WIN THE GAME! A random drawing of all correct entries will take place and two lucky winners will be announced in the Next Months Family Flyer. Those winners will each win \$50 to choose two or more of the participating advertisers on these 2 pages. Must be 18 years of age and willing to have your picture in the paper to play, by entering this contest, contestant grants permission for their name to be used on any other promotional materials. GOOD LUCK! Only one entry per household.

Family Flyer Play The Game Entry Form

Name _____

Address _____

Phone _____

Advertiser with license plate _____

Entry must be postmarked by March 15, 2025.
Mail to: The Family Flyer Play the Game,
P.O. Box 1004, Crown Point, IN 46308

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March 6th - Bag Sale

fill a bag provided by the store for \$10.00 + tax.

March 7th & 8th CLOSED for restocking.

Starting on Tuesday March 11th all of our Spring/Summer items will be available! St. Patrick and Easter items also available.

Gleaners is a non-profit organization with all proceeds going back to the community since 1982. We accept donations of good clean clothing and household items. Ask cashier for a tax receipt. We are located at:

13131 Lake Shore Dr. Cedar Lake, IN

(next to Dollar General)

For information please call 219-374-5266

“What’s Goin’ On”

Continued from page 16

Every Wednesday - Parent Chat Support Group! 6:30-7:45pm. For parents challenged by the complexities of raising children ages birth to eighteen years. Lively discussions on a variety of topics, including age appropriate discipline, conscious/unconscious parenting, bullying, truancy prevention, and aggressive behaviors, also includes personal and professional relationship improvement. \$10/class. Purdue Tech Center, Crown Point. Call Rosemarie Grabowski 886-1111 to register. Space limited. No walk-ins.

Every Thursday - ST. ELIJAH BAKED GOODS Homemade nut rolls Apple, cherry, cheese strudels, St. Elijah Serbian-American Hall, 8700 Taft Street, Merrillville. ORDER EMAIL: playitagain31@outlook.com or phone 219-942-9762

Every Thursday - TOPS (Take Off Pounds Sensibly) Group meets every Tuesday morning at Faith Church 6729 W. 133rd Ave., Cedar Lake. Weigh in begins at 9 am and meeting starts at 930 am Contact Millie 219-776-1200 for more information.

Every Thursday - Alateen, ages 11-19, if you are affected by someone else's drinking Alateen can help. 7:00 p.m. Free To Be ME St. Peter's Lutheran Church 6540 Central Ave. Use entrance off parking lot unless otherwise instructed. 8:00 p.m. T.G.I.T. Trinity Lutheran Church 250 S. Indiana Ave. Crown Point Entrance E Upstairs Library Information: 219-769-1133 <http://www.nwialanon.org>

Every Thursday - TOPS (Take off pounds sensibly). Group meets every Thursday evening at First Presbyterian Church 218 S. Court St. Crown Point, IN Rear entrance next to resale shop. Weigh in begins at 6 pm, Meeting begins at 6:30 pm. Contact June at 219-545-4145 for more information.

Every Thursday - Bridge, 11:45am, Hanover Trustee's office, 13330 Parrish Ave., Cedar Lake. Interested parties call Lois K. 374-5538.

Every Thursday - Crown Point Lions Club meets the first and third Thursdays monthly from 6:30pm-7:45 pm (Sept.-May) at Sportsmen Club in Crown Point. This 80 year old service oriented club is just waiting for YOU! Volunteerism at its finest. Our motto: "We Serve" For more information: MaryJane@McColly.com

2nd Thursday of every month: Alzheimers/Dementia Support Group 6:00 p.m. Christ Presbyterian Church 7416 E. 109th Ave. Winfield 219-663-0129

1st Thursday of each month - READING CLUB - ESO Joyce Wargo Reading Club- Meetings held at Regional Federal Credit Union Meeting Room, 2801 Boilermaker Court, Valparaiso (behind Menards) from 1 p.m. - 3 p.m. Meetings include book reviews/discussions, business agenda, work on various philanthropic projects (crafts, sewing, library, etc.) that benefit local charities. Guests/potential new members welcome. For more information contact Nancy at (219) 395-9343.

Every Friday - OVEREATERS ANONYMOUS MEETINGS at 10 am, Faith Church, 8910 Grace St, Highland IN. Contact person Barb at 219-742-3397.

Every Friday - Crown Point Bridge from 12:45-4:15 pm. Team Game \$1/ person. Bulldog Park Community Center, Crown Point.: Call Sharon at 226-0152 for info and to sign up.

Every Friday - St. Michael the Archangel National Catholic Church All Year Except Friday following Thanksgiving. 4pm - 7:30pm 6629 W. 133rd Ave., Cedar Lake, IN 46303. All you can eat Fish \$11 adult \$6 child (2 pc only on child) Shrimp, Shrimp & Fish Combo, Specials \$12, includes coleslaw and bread plus choice of fries, baked potato or 3 pierogi. Coffee, Ice Tea, Tea included; soda \$1.00. Homemade Desserts Available, carry outs available. Hall Phone: (219) 374-7626. Weekly Specials listed on website www.stmichaelpncc.org

Every Friday - Overeaters Anonymous meetings, Faith Church, 10 am, 8910 Grace St., Highland. Information: Barb 742-3397.

1st Friday each month - MOMS Club of Cedar Lake/Lowell meetings, 9:30am. Lowell Public Library, 1505 E. Commercial Ave. Local moms and their children are invited to meet the club and experience the friendship and support the organization provides its members. Information: 690-3450 or momsclubcedarlake@yahoo.com.

1st Friday each month - Music Jam, Roselawn American Legion (located 2 miles west of I-65 on State Road 10). Large dance floor, great music, lead guitarist Jerry Vernon & many other fine musicians. Doors open 5pm, food starts 5:30 pm, music starts at 6pm. Information: Betty 345-5825.

3rd Friday each month - Fish Fry & Bake Sale, 4-8pm, American Legion Post #261, Cedar Lake. Dine in or carry outs available. Call 374-9815.

4th Friday each month - WOW, widows or widowers social club. 7pm at St. Micheal's Church, Schererville. Non denominational. Weekly events and outings. Information 365-8746.

2nd & 4th Saturday each month - Bingo, doors open at 5pm with early bird games starting at 6pm; regular games at 7pm. Food and drink available by Ladies Auxiliary. American Legion Post 101, 108 E. Commercial Ave., Lowell. Information: 696-9120.

3rd Saturday each month - Using directories in your family history research, 10am, Northwest Indiana Genealogy Society. Information: nwigs.org or email kaylynn.mathews@nwigs.org. Crown Point Public library, 122 N. Main St., Crown Point.

4th Saturday each month - Fibromites Unite, a local support group for fibromyalgia patients and their families. St. Margaret Mercy Hospital, Dyer, 10am-12pm. Information: Jodi 708-589-5803 or fibromitesunite.org.

If you would like to tell us community events for next month, we may publish your info. Send by the 15th of the month to: Family Flyer What's Goin' On, P.O. Box 1004, Crown Point, IN 46308 or email to: debbie@familyflyer.com

PLEASE NOTE: OUR PUBLICATION COMES OUT THE 1ST THURSDAY OF EACH MONTH

They Named The Baby!

“Saige Lynnor”

born Feb. 8, 2024, 5 lbs. 15 oz. Parents Jamar & Blake of Crown Point, IN. Grandparents Carolyn “GMA” of Beaufort, SC and Luther “Paw Paw” of Evansville, IN.

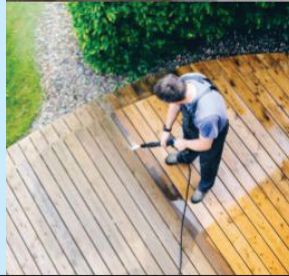


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They Named The Baby!

To announce your baby in The Family Flyer, please fill out the form below "FREE OF CHARGE".

All announcements must be in The Family Flyer's office by the 15th of each month to appear in next month's issue.



Baby's Name _____

Birthdate _____ Weight _____

Parents & Town _____

Grandparents & Town _____

Name & Phone # of person placing announcement _____

Mail to: They Named the Baby
P.O. Box 1004, Crown Point, IN 46308

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Hey Kids... Coloring Contest



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(219) 300-2148

Color the picture and you could win
a special Family Flyer Prize!!

PLEASE PRINT

Name _____

Age _____

Address _____

Phone _____

Send to: Family Flyer Kids Coloring Contest,
P.O. Box 1004, Crown Point, IN 46308.
Must be postmarked by the 15th of the month.
A random drawing will take place and you could be the Lucky
Winner. Contest open to all children age 12 and under.



Lincoln Elementary School - 12245 W. 109th Ave., Cedar Lake, IN 46303
219-374-3600 ext. 3601

SAVE THE DATE – 3/19/25, 6:30 P.M.

Please share with any friends and/or neighbors who may need this important information.

Informational Kindergarten Parent Meeting

An informational parent meeting is scheduled for March 19th, at 6:30 p.m. for all families who have an incoming kindergarten student attending Lincoln for the 2025-2026 school year. Students must turn 5 years old on or before August 1, 2025. Please mark this important meeting on your calendar. We strongly encourage all new incoming kindergarten parents to attend. The meeting will be held in the gym at Lincoln Elementary. You may enter the school through Door F at the southeast corner of the building. If you are unable to personally attend, please send someone in your place to obtain all the important information that will be presented. Information will also be shared on how to schedule your child's registration appointment for either April 24th or 25th, so it is very important for you to attend. The incoming kindergarten student(s) are not required to be at the parent meeting on March 19th, but they must attend the actual registration appointment on April 24th or 25th.

We look forward to meeting you and welcoming the Hanover graduating class of 2038!

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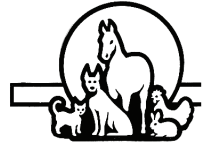
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Expires 4-5-25
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We aim to create deeper connections between God and His People, by authentically sharing our lives and the Gospel of Jesus Christ with others. At Hillside, our FOCUS is on being a Christ centered church that ministers to unashamed of the truth of the gospel of Jesus Christ, and we strive to be continually growing in our spiritual walk with the Lord. Join us for Worship on Sundays at 10:15am; Nursery and Kid's Church Available. Coffee & Fellowship at 9:40am. For info and events visit www.hillsidecrownpoint.org (219) 663-0312

Lake Hills Baptist Church
9209 W. 85th Ave., Schererville - 365-4747
Sunday School all ages 9:45 am - 10:45
Services 8:30am and 11:00am;
Wednesday Night Activities 6-8pm
website: www.lakehillsonline.org

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Holy Name Catholic Church
11000 W. 133rd Ave., Cedar Lake, IN 46303. Fr. Patrick Gawrylewski O.F.M.
Pastor 219-374-7160. Services: Saturday 5 pm, Sunday 7, 9 & 11 am.
holyname4884@att.net
www.holynamecl.org

Our Lady Queen of Apostles Mission
Roman Catholic Tridentine Latin Mass
Contact Information for Mass times and locations: Fr. Joseph Appelhantz
970-417-9051.
joseph.appelhantz@gmail.com

St. Matthias Catholic Church
101 W. Burrell Dr. Crown Point, IN 46307
Phone: 219-663-2201
Pastor: Fr. James Wozniak. Confession: Wednesday 6:00 p.m. & Thurs. 8:30 a.m.
Mass Times: Saturday 4:00 p.m.
Sunday 8:00 a.m. 10:30 a.m. & 7:00 p.m.
www.stmatthiasparish.net
www.facebook.com/stmatthiasparish
Many spiritual and educational activities available.

St. Michael the Archangel National Catholic Church
6629 W 133rd Avenue, Cedar Lake, IN 46303. Pastor: Fr John Kowalczyk
Mass Times: Sunday 9:30 a.m.
Tues, Wed, Thurs 9:00 a.m.
219-374-7621. smapncc@sbcglobal.net
www.stmichaelpnc.org
We welcome you to come back

CHRISTIAN

Faith Church
Faith Church is a Bible-believing, outreach-oriented, community of believers committed to changing the world one relationship at a time. We have locations in Cedar Lake, Dyer, Highland and Munster, Indiana, and Beecher, Illinois, as well as an online ministry at WeAreFaith.tv. We don't have a dress code or an expectation of you - we just want to know you and serve you! Visit WeAreFaith.org/locations for services times, including Faith Kids (infant-5th grade) and our special needs ministry. Call (219) 864-0300 for additional information. Reach out meetings every Friday at 10am at 8910 Grace St. in Highland, Please contact Barb @ 219-742-3397.

CHRISTIAN

Southlake Christian Church Of Crown Point
501 Pratt, Crown Point, IN 46307
219-663-1010 - Pastor Perry McLemore.
Sunday Adult Bible Study 8:45 a.m.
Sunday Worship Service 10:00-11:00 a.m.
Sunday Dive Deeper 11:30 am
Wed. Midweek Fellowship 5:00 pm
Wed. Midweek Bible Study 6:00 pm
southlakechristianchurchcp.com

LUTHERAN

Gloria Dei Lutheran Church
Evangelical Lutheran Church in America
"Making a difference in your life with Jesus"
3711 Ridge Road Highland, IN 46322
219-838-5313. Services: Sunday 10:00am.
email: gdlc3711@sbcglobal.net
website: <http://www.gloriadeihighland.com>
www.facebook.com/gloriadeihighland

Trinity Lutheran Church & School
Lutheran Church-Missouri Synod
250 S. Indiana Avenue, Crown Point, IN 219-663-1578. Services: Sunday 8:00am Traditional and 10:30am Contemporary.
Monday 6:30pm Traditional.
Pastor: Hal Toenjes
email: info@trinitycp.org
website: trinitycp.org

Trinity Memorial Lutheran Church
Trinity Memorial Lutheran Church (Lutheran Church - Missouri Synod)
Pastor Brian J. Nygaard
7950 Marshall St. (Corner of US 30 & Marshall) Merrillville, IN 46410
219.769-5376. Sunday Services: 9 a.m. traditional tmlchurch.com

METHODIST

Cedar Lake United Methodist
7124 W. 137th Place, Cedar Lake, 374-7312. Rev. Ken Puent, Pastor
Sunday: Prayer Service 8:30 am Free Breakfast 9:00 am. Now open to the public, in person worship church 10:00 am or on line service, find us on facebook.
email: cedarlakeinumc.org

First United Methodist Church
352 S. Main St., Crown Point, 219-663-1515. Sunday Services: Traditional 8:00 am & 11:00 am; Contemporary 9:30 am, Holy Communion on first Sunday of the month. Coffee & Fellowship 9 am & 10:45 am, Sunday School 9:30 am. Sunday morning nursery provided.
E-mail: admin@fumccp.org
Web: <http://www.fumccp.org>

NON-DENOMINATIONAL

Church of Christ
204 Prairie St., Lowell, IN 46356;
219-696-2436. Preacher: Henry Gilliana
Sunday Worship 10:15 am & 6 pm.
Sunday Bible Study 9:30 am

Momentum Church
2200 N. Main St., Crown Point, IN 46307 (219) 779-9104. We are a non-denominational church focused on helping people from all backgrounds "move forward" in faith. We all get stuck in life and need some help to navigate through difficult and challenging times. We are a Bible-centered church with a strong emphasis on building encouraging and supportive relationships! If you are trying out church for the first time or coming back to church, we think you'll find a safe place to get a fresh start. We gather for worship on

NON-DENOMINATIONAL

Sundays at 10:00am. Tues. 6:30pm
Nursery and children's ministry are offered at both times. We also offer a wide variety of group meetings and other activities at various times throughout the month. Visit our website at momentumindiana.org

ORTHODOX CHRISTIAN

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(A parish of the Ecumenical Patriarchate of Constantinople) 545 East 77th Avenue Schererville (between Austin Ave. & Cline Ave. (next to Chapel Lawn Cemetery)
Rev. Fr. Lev Holowaty-Pastor; Rectory: 219-864-4342 Church: 219-864-1529.
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PRESBYTERIAN

Immanuel Presbyterian Church
140 W. US 30, Schererville, IN
Sunday: Adult Bible study 9 a.m.;
Worship 10 a.m. with nursery and Children's Sunday School provided.
Communion on the first Sunday of every month. For more information call the church office at (219) 865-2686

Range Line Community Presbyterian Church
18095 Clay Street, Hebron IN (Route 2, 1 mile east of I-65)
Sunday Worship Service at 10am
Everyone is welcome. Come meet our new Minister! Communion on the first Sunday of every month. Sunday School for children ages 6 -12 during Church on non Communion Sundays. For more info contact Church office: 219-996-8746.

REFORMED

Crown Point Christian Reformed Church
909 E. Greenwood Ave., Crown Point, IN (at the corner of Greenwood & Indiana)
Office: 219/663-3643;
Email: office@cpccr.org
Sunday Services 9 am & 10:30 am every week. 5pm Gathering on 3rd Sunday of each month. Childcare available at all services!
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Nursery Available infant - 3 years old *
Children's Worship age 4 years - 5th grade, Facebook & Instagram @hopechurchlowell.com www.hopechurchlowell.com
219-690-8889.

Community United Reformed Church
8405 Alexander St. Schererville, IN
www.communityurc.org
219.365.9260. We welcome you to worship with us! Our worship centers on the simple elements that the Bible itself provides: singing psalms and hymns, confessing our sins, hearing words of forgiveness and

REFORMED

grace, praying together, listening to Christ-centered preaching, giving offerings of gratitude, and celebrating the sacraments. God nurtures our growth in the grace and knowledge of Jesus Christ by joining us together to serve and edify one another in loving fellowship. Our life together is centered around our common identity in Christ and around His Word. We offer ministries and activities for men, women, and children of all ages.
Sunday Worship: 9:30 am and 5:00 pm
Nursery is available.

Oak Glen United Reformed Church of Lansing, Illinois
2244 Indiana Avenue Lansing, IL
Come join us for Worship!
We are a confessional church which affirms the historic truths of the Protestant Reformation: namely, that we are saved from our sins by grace alone through faith alone in Jesus Christ alone which then changes us inwardly so that the aim of our life is to bring glory to God alone. Worship times: 9:30 AM and 5:00 PM
Nursery is provided. Facebook: Oak Glen United Reformed Church
Or on the web: www.oakglenurc.org

Redeemer United Reformed Church

10681 Park Place, St. John, IN 46373.
Pastor Steve Swets,
(219) 384-8061 • redeemerurc.com
Sunday Worship: 9:00 a.m. and 5:00 p.m.
We invite you to join us for worship. We are located in the Gates of St. John. Redeemer is a church that seeks to be Christ centered, grace filled, and people loving. We have ministries for every age of child or adult. Nursery is provided.
Come and join us!

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Contact office for information on participating on Zoom during service. Website www.firstunitarian-hobart.org
We welcome those of all religious backgrounds, races, ethnicities, sexual orientation and economic situations.
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UNITED CHURCH OF CHRIST

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14804 W. 113th Ave., Dyer, IN 46311.
365-5288. Hanover Township S. of 231, W. of Calumet. Sunday Worship Service after Labor Day 10:30am. We welcome non members for weddings, funerals and baptisms. www.dyerzionucc.org



"The Aisle Seat"

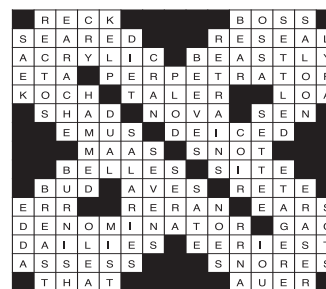
by Tim Fealy

I try to find a faith-based movie for the Easter season. Again, this year, I am recommending a favorite film of mine since I first saw it in college. "Romero" tells the true story of Oscar Romero, a priest who is appointed Archbishop of San Salvador in El Salvador in 1977. It is a time of civil unrest as the military dictatorship that rules the country uses death squads to torture and kill anyone who speaks out against the government. The Church feels Romero is a safe choice and that he will maintain the status quo. Oscar even admonishes a priest friend for being too radical. The friend asks Oscar if Jesus would be on the side of the poor or those who oppress the poor? Over the course of the film, and in real life, Oscar transforms from someone who is most comfortable on the sidelines to

someone who will risk his life to protect the innocent. The film will have you evaluating your own faith and your willingness to act upon it. If you are looking for a film to challenge and inspire you, "Romero" is a must. On my scale, "Romero" receives \$10.

Keeping with the faith-based theme, friends have been recommending "The Chosen," a historical drama based on the life of Christ. In one episode, two different groups of people are celebrating the Shabbat dinner. High priests and wealthy friends gather at the one meal. At the other is a former prostitute who is celebrating the meal for the first time. She worries about doing it correctly and if her guests will enjoy the food she has prepared. Among her friends are a blind woman and a beggar.

When everyone is seated, there is an unexpected knock on the door. It is Jesus who has come to join her. So many moments like this are heartfelt and beautiful. What sets the series apart is that Jesus and his followers are portrayed like real people. They joke and tease each other. Matthew is portrayed as being quirky. This is on purpose as the writers wanted to show that disciples did not need to be perfect to follow Christ. This would be a wonderful series to watch with the family. On my scale at what I would pay to see this, "The Chosen" gets \$10.



Answers to this months Crossword

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Coloring Contest: Harley Reeg age 8 of Crown Point.

Nascar Noise Winner: Heidi Warren of Lowell.
(Advertiser with checkered flag was in Kubiak's Service)

Pet Photo Contest: Alison Kubiak & Megan & Nolan Brown.
(Pictured in this months Family Flyer)



Sandy of Lowell chose to spend her \$\$ at The Hen and Welch's Stop and Shop Please call 219-689-6262



Jamie of Cedar Lake Please call 219-689-6262

This Months Play The Game Winners:

Rick Shettles of Crown Point
Dave Colella of Crown Point

Call 219-689-6262 to claim your \$\$
Congratulations Winners, Keep Playing!

(The hidden license plate was in Engineered Products)

Attention: Cedar Lake, Lowell and St. John Residents Pick up your April 3rd Family Flyer at:

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- Lake Liquors
- Luke Gas Station
- Harry O's
- Strack & Van Til
- Sandbar Restaurant
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Lowell

- The Butcher Block
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- East & West
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- Casey's
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St. John

- Kennan Liquors
- North & South
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- Strack & Van Til
- Centier Bank
- BMO Bank

Fit & Healthy Family Guide

March is Colorectal Cancer Awareness Month

Find better ways to prevent and treat colorectal cancer

Colorectal cancer is the second leading cause of cancer death in the United States, behind only lung cancer. The National Cancer Institute estimates that 152,810 people in the United States received a diagnosis of colon or rectal cancer in 2024, and approximately 53,010 died of it.

Colorectal cancer awareness is important because many cases of cancer of the colon or rectum are preventable. Screening by colonoscopy can help prevent this cancer because precancerous polyps found during the procedure can be removed at the same time. Furthermore, colonoscopy can also detect the cancer at early stages, when treatment is more likely to be successful.

The five-year relative survival rate for cancer localized to the colon or rectum is 91.1%, according to the National Cancer Institute. The survival rate drops significantly as the cancer spreads beyond those organs. Considering all cases, the five-year survival rate is 65%.

Cancer of the colon or rectum is more common in men than women. It is also more

common among American Indians/Alaska Natives than people of other races. The median age of diagnosis in the United States is 66 years, while about 78% of newly diagnosed patients are aged 55 and older.

Early-Onset Colorectal Cancer

Colorectal cancer is increasingly being diagnosed in people under the age of 50, which is called "early onset." The incidence of early-onset colorectal cancer has increased about 2% per year since 1994. Cancer Research Catalyst, discusses this trend here: Seeking Clues to Early-onset Colorectal Cancer.

Factors contributing to an increase in early-onset colorectal cancer, according to the Cancer Progress Report 2024, include:

- Unhealthy diet and the microbiome
- Obesity
- Chemicals in the environment
- Use of antibiotics
- Consumption of alcoholic beverages
- Sedentary behaviors

Colon cancer is a growth of cells that begins in a part of the large intestine called the colon. The colon is the first and longest part of the large intestine. The large intestine is the last part of the digestive system. The digestive system breaks down food for the body to use.

Colon cancer typically affects older adults, though it can happen at any age. It usually begins as small clumps of cells called polyps that form inside the colon. *cont. on next page*

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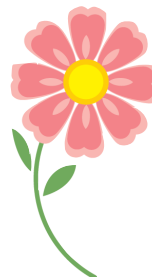
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Fit & Healthy Family Guide

March is Colorectal Cancer Awareness Month

Polyps generally aren't cancerous, but some can turn into colon cancers over time. Polyps often don't cause symptoms. For this reason, doctors recommend regular screening tests to look for polyps in the colon. Finding and removing polyps helps prevent colon cancer.

Symptoms

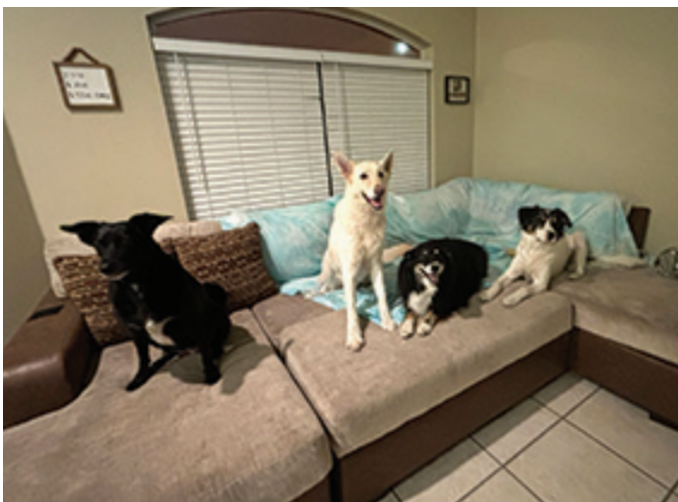
Many people with colon cancer don't have symptoms at first. When symptoms appear, they'll likely depend on the cancer's size and where it is in the large intestine.

Symptoms of colon cancer can include:

- A change in bowel habits, such as more frequent diarrhea or constipation.
- Rectal bleeding or blood in the stool.
- Ongoing discomfort in the belly area, such as cramps, gas or pain.
- A feeling that the bowel doesn't empty all the way during a bowel movement.
- Weakness or tiredness.
- Losing weight without trying.

If you notice lasting symptoms that worry you, make an

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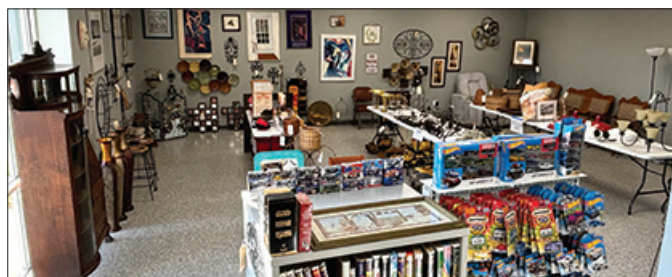
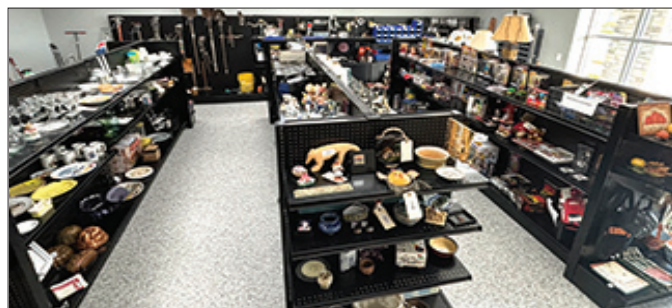
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The St. Patrick's Day Parade in Crown Point: will be held at dusk Monday, March 17, in the downtown square. The original nighttime St. Patrick's Day Parade in NWI

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Lake County Extension Homemakers Association

Application for Lucile Smith Memorial Scholarship

Offered by: The Lake County Extension Homemakers Association, Inc.

ELIGIBILITY

- An Indiana resident 21 years of age or older (at time of application) and a resident of Lake County for at least six months.
- Has financial need
- Shows ability to complete education or upgrade vocational skills.
- Is a full time student at an academic, education, vocational school including which is state licensed or accredited.
- Copy of current letter of admission and a transcript verifying enrollment.
- Must be currently in undergraduate study.

CONDITIONS

- The scholarship will be paid up to the amount of \$1000.00, paid jointly to recipient and school.
- The scholarship is to be used for books, tuition costs and other school related expenses.
- Selection will be based on a person studying at an undergraduate level.

SELECTION

- Those selected to receive the scholarship will be notified by mid April.
- The selection committee will represent the Lake County Extension Homemakers Association, Inc. The scholarship will be award on Achievement Day during May and awardee will be introduced by the chairperson of the scholarship Committee. a brief statement will be requested from the recipient.
- Scholarship applications must be submitted by April 1, 2025.



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