

Last weekend to see USM Gorham's 'Little Women'



L-R, Top to Bottom: Karoline Brechter (Meg), Taylor Ciotti (Jo), Kaelan Gildart (Marmee), Emma Hall (Beth), Kiki Belanger (Amy). Photo by Kat Moraros Photography

GORHAM, ME -- The University of Southern Maine Department of Theatre, in collaboration with the Osher School of Music, Welcomes Spring with Fantastical & Heartwarming Little Women, the Broadway Musical, April 4-13th at Russell Hall on the USM Gorham Campus.

Based on Louisa May Alcott's groundbreaking novel of the same name, Little Women, the Broadway Musical, depicts the story of Jo March as she reflects on her struggle to become a successful writer in Civil War America. Finding strength in the support and love of her mother and sisters, Jo fights to overcome enormous obstacles - including war, illness, and discrimination - in her pursuit of achieving her dreams. This reimagined and fantastical portrayal of an American classic is brought to life with glorious music filled with per-

sonal discovery, heartache, hope, and everlasting love.

Content Advisories: Conversations about death and the Civil War.

Little Women is suggested for grades five and up.

Little Women, The Broadway Musical, In collaboration with the Osher School of Music. Book by Allan Knee, Music by Jason Howland, Lyrics by Mindi Dickstein. Based on the novel by Louisa May Alcott, Directed by Danny Hutchins, Musical Direction by Edward Reichert, Choreography by Vanessa Beyland.

April 4-13, 2025

Russell Hall, USM Gorham Campus

Tickets:

To purchase tickets, or for more information, visit USM Theatre online at <https://usm.maine.edu/department-theatre/box-office-tickets/>, or call the USM Theatre Box Office at

(207) 780-5151. For more information on USM's Department of Theatre events and programs, head to: <https://usm.maine.edu/department-theatre/> \$10-\$24

Those needing special accommodations to participate fully in this program, contact Janice Gardner at (207)780-5289 or janice.gardner@maine.edu. Hearing impaired: call USM's telex / TDD number (207)780-5646.

Special April 12th Performance: A Little Women VIP Spring Soiree

To celebrate storytelling, women in literature, and the work of the USM Department of Theatre, we will be hosting "The Little Women VIP Spring Soiree" on April 12th. This special fundraising event will feature hors d'oeuvres, cash bar, a photo booth, an intermission dessert bar, a raffle, a silent auction with great items from local businesses, special student performances, a meet-and-greet with the cast after the show, and a ticket to Little Women, the Broadway Musical. Everyone is encouraged to dress in your spring soiree best. All proceeds support the USM Department of Theatre.

Tickets to Little Women VIP Spring Soiree <https://www.give-campus.com/schools/UniversityofSouthernMaineFoundation/events/little-women-vip-spring-soiree>

French discussion group held at Gorham's Baxter Library

GORHAM, ME -- All are welcome to French Discussion Group, which meets the first Tuesday of

every month at Gorham's Baxter Memorial Library, the second Wednesday of the month at Falmouth

Memorial Library, and the fourth Thursday of the month at Scarborough Public Library.



Sexual Assault Awareness Month

Pages 7-9

Evergreen Credit Union raises \$43K to fight hunger in Maine

PORTLAND, ME – Evergreen Credit Union successfully raised \$43,570.63 for the Maine Credit Unions' Campaign for Ending Hunger in 2024.

Most of the funds were raised during Evergreen Credit Union's annual disc golf tournament held at Pineland Farms in New Gloucester, ME in October 2024. This event brought together members of the community, credit union employees, and disc golf enthusiasts for a day of friendly competition and philanthropy.

"Raising money for the Campaign for Ending Hunger is incredibly important to us," said Jason Lindstrom, Evergreen Credit Union's President/CEO. "By collaborating with credit unions across Maine, we can make a significant impact in the fight against food insecurity. We are grateful to our members and the community for their continued support."

The Maine Credit Unions' Campaign for Ending Hunger is a statewide initiative aimed at eradicating food insecurity in Maine through collaborative efforts among credit unions. Evergreen Credit Union is donating their raised funds to the Wind-



Emma Pierce and Catie Scribner from Evergreen Credit Union present \$5,000 to the South Portland Food Cupboard.



ham Food Pantry, Harrison Food Bank, South Portland Food Cupboard, Crosswalk Community Outreach in Naples, and the food pantry at the Barbara Bush Children's Hospital at Maine Medical Center. Evergreen Credit Union, Maine's 5th largest credit union with over \$580 million in assets, provides exceptional banking services to its members while supporting the local community. For more information about Evergreen Credit Union and its initiatives, visit egcu.org/community.

Spring 2025 Gorham Brush Drop Off Days

GORHAM, ME -- Public Works (located at 80 Huston Road) will be accepting brush Saturday, April 26th and Saturday, May 10th 8AM - 3PM.

This event is for residents ONLY, no commercial drop offs will be ac-

cepted. No stumps, please. Leaves and grass clippings accepted in the designated area throughout the season.

Please do not leave your bags behind. Contact the office with any questions at 207-222-4950 or dpw@gorham.me.us.

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2025 Spring Brush Drop Off

Residents only, no commercial drop off. No stumps will be accepted.



Leaves & grass clippings accepted in the designated area throughout the season. Please do not leave bags behind.

When: Saturday, 4/26 and Saturday, 5/10
Time: 8AM to 3PM
Location: 80 Huston Rd.

Letter to the Editor:

Bill could impose time of use charges for electricity

Rising electricity rates continue to be a burden on Mainers which is why I am writing to express concern regarding LD 186, "An Act to Clarify the Public Utilities Commission's (PUC) Authority to Establish Time of Use Pricing for Standard Offer Service." This bill could have a significant impact on older Mainers' electric

bills.

The bill would allow the PUC to impose time of use (TOU) rates for Standard Offer Service (the supply of electricity for nearly all Maine electric customers). TOU involves charging different rates for electricity usage during peak and off-peak hours. This is something the Commission has pub-

licly stated they wish to do, even though a full analysis has yet to be completed in Maine.

Shifting to TOU would disproportionately impact retirees, family caregivers, and those who work from home. Individuals who are home during peak hours could find it difficult to shift their energy usage to off-peak times.

Also, many Mainers have switched to heat pumps or are thinking about making the switch. TOU pricing would make home heating even more expensive since these devices are 100% electric.

As part of a 2022 proceeding, the PUC ordered Central Maine Power to evaluate various rate design offerings (including

TOU) and submit recommendations by December 2025. We question why the PUC is pushing a move towards TOU before this analysis and its subsequent recommendations have been completed.

I was made aware of this pending legislation through my volunteer work with AARP Maine. I urge all readers to join AARP in

opposing LD 186. Please contact your legislators and encourage them to vote against this bill. It is crucial that we protect our older residents from policies that could harm their financial stability and well-being.

John White

Lead Utilities Advocacy Volunteer, AARP Maine

Greene, Maine

Newsmakers, Names & Faces

Public comment open for Monarch Butterfly Endangered Species Act

MAINE -- The U.S. Fish and Wildlife Service is reopening the public comment period for a proposed rule to list the monarch butterfly as a threatened species under the Endangered Species Act. The proposed rule includes species-specific protections and flexibilities to encourage conservation of the butterfly under section 4(d) of the ESA. The comment period will be

reopened for 60 days, until May 19, 2025, to give all interested parties an additional opportunity to comment on the proposed rule, which was published on December 12, 2024. Comments that were previously submitted do not need to be resubmitted as they are already incorporated into the public record and will be fully considered in the final listing determination.

Public comments

are an integral part of the ESA listing determination process, and the Service recognizes the complexity of the information requested for public comment in the proposed rule. By reopening the public comment period, the agency is ensuring everyone has a chance to share information relevant to the conservation status of the species, including the associated 4(d) rule and pro-

posed critical habitat designation.

The reopening of the public comment period for the monarch butterfly will publish in the Federal Register Reading Room. A reopened 60-day comment period will open on March 19, 2025, and will close on May 19, 2025. Information about how to submit comments can be found on regulations.gov by searching for docket number

FWS-R3-ES-2024-0137.

Everyone can play a role in saving the monarch butterfly. Because of the species' general habitat use and wide distribution, all sectors of society have an opportunity to participate in a broad range of conservation efforts throughout the butterfly's range. You can learn more about the monarch butterfly, the monarch listing proposal, and how to help conserve

monarch butterflies at [fws.gov/monarch](https://www.fws.gov/monarch).

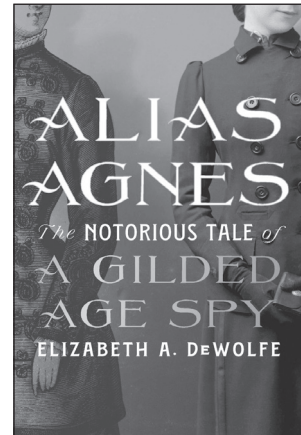
The U.S. Fish and Wildlife Service works with others to conserve, protect and enhance fish, wildlife, plants and their habitats for the continuing benefit of the American people. For more information, visit www.fws.gov and connect with us on social media: Facebook, Instagram, X, LinkedIn, Flickr, and YouTube.

UNE professor publishes new book, will speak in Auburn

AUBURN, ME -- UNE Professor Elizabeth DeWolfe unearths the secret story of a Maine-born detective and her unsuspecting target in *Alias Agnes: The Notorious Tale of a Gilded Age Spy*. Maine-native Jane Tucker was a stenographer scrambling to get by when she took a job as an undercover detective. Her target: Madeleine Pollard, former mistress of Congressman W. C. P. Breckinridge, whom she had sued for breach of promise when he failed to marry her as pledged. The trial was a national sensation, but

Tucker, alias Agnes Parker, was so successful that no one discovered her secret task or her real identity until historian Elizabeth DeWolfe's deep research in US and UK archives uncovered Tucker's work and Pollard's amazing post-trial life. Written in engaging prose with all the intrigue and suspense of a detective tale, *Alias Agnes* chronicles the lives of two women at the cusp of the twentieth century—the opportunities that beckoned and the challenges that thwarted their dreams.

DeWolfe has three upcoming events and



MWPA | MAINE WRITERS & PUBLISHERS ALLIANCE EST. 1975

Stories (Kent State University Press), about the unfortunate death in Saco of a textile mill operative in 1849, and *Shaking the Faith* (Palgrave) about the nineteenth-century anti-Shaker campaign of Mary Marshall Dyer, a former member. DeWolfe's passion is to uncover the extraordinary stories of ordinary women. In addition to her books, she has also published in *Down East*, *Historic New England*, *Maine Women* and online on *Nursing Clio* and *Farmer-ish*. She makes her home in southern Maine with her husband, a rare books seller at DeWolfe and Wood Books.

"This is a stirring tale of secrecy, betrayal, ambition, jilted love, and the many barriers—political, financial, legal—faced by young women in nineteenth-century America. In *Alias Agnes*, Elizabeth DeWolfe has deftly wrapped fascinating social history around a page-turning courtroom drama." — Matthew Goodman, *New York Times* bestselling author of *Eighty Days: Nellie Bly and Elizabeth Bisland's History-Making Race Around the World*

"Through the riveting tale of a jilted lover and the spy dispatched to entrap her, DeWolfe unveils two narratives of justice and betrayal surrounding women who were striving to break free from the constraints of their time." — Amy Stewart, *NY Times* bestselling author of *Girl Waits with Gun*.

"I tore right through this courtroom drama of two ambitious women trying to forge a path through the restrictions placed on their lives in 1890s America. Letters, trial transcripts, newspaper coverage, all provide details and insight, making for gripping narrative nonfiction." — Kim Todd, award-winning author of *Sensational: The Hidden History of America's "Girl Stunt Reporters"*

more will be added to her website:

Woman's Literary Union Literary Bazaar on Saturday, April 12, in Auburn.

A reading at the Maine Historical Society in Portland on June 5th at 7:00 p.m. in conjunction with the exhibit *Notorious: Maine Crime in the*

Public Eye.

A Reading at the Buxton-Hollis Historical Society on June 17 at 7:00 p.m.

ELIZABETH DEWOLFE is professor of History at the University of New England (Biddeford). She is the award-winning author of *The Murder of Mary Bean* and *Other*

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Newsmakers, Names & Faces

Gorham's Robert Callahan awarded CTE Admin of the Year

AUGUSTA, ME — On Tuesday, March 11, Sen. Stacy Brenner, D-Scarborough, and Sen. Peggy Rotundo, D-Lewiston presented a legislative sentiment to Robert Callahan of Gorham, Director of the Lewiston Regional Technical Center (LRTC), in recognition of his being named the 2024 Career and Technical Education Administrator of the Year by the Maine Association of Career Technical Education.

"The work Rob has done for the students of Lewiston and surrounding communities is so important," said Sen. Rotundo.

"LRTC provides valuable experience that students will use in the classroom, in college and in their careers after high school. This award is a testament to the hard work he has put in, and how much value he adds to Lewiston's educational curriculum. I cannot thank him enough for the effort he puts into educating our future generations."

Callahan was nominated by his peers at the Technical Center on the Lewiston High School campus. Following the nomination, the executive committee of the Maine Association of Career



Sen. Stacy Brenner, D-Scarborough, (left) and Sen. Peggy Rotundo, D-Lewiston, (right) with Robert Callahan (center).

Technical Education voted for him to receive the award.

"It was a pleasure to welcome Mr. Callahan

to the Maine Senate," said Sen. Brenner. "Career and technical education equips students with hands-on skills needed to

succeed both in the classroom and in the future workforce."

The LRTC is a part of the national Career and Technical Education program. LRTC provides hands-on, immersive education opportunities that prepare Lewiston High School students for a variety of careers and college.

Callahan has been an active participant in policy discussion about Career and Technical Education centers at both the state and national level. He has also contributed to educational forums and shared best practices with fellow educators. Callahan has been credited with influencing positive changes in CTE policies and funding, which have been beneficial to students and educators across the state.

The CTE Excellence Awards are administered through Maine Administrators of Career and Technical Education and the Maine Association for Career and Technical Education. Callahan will now advance to the regional level of recognition for a chance to progress to the national level through the national Association of Career and Technical Education.

Local leaders to speak at MOFGA's film screening

PORTLAND, ME — The Maine Organic Farmers and Gardeners Association (MOFGA) is excited to partner with Maine Farmland Trust to present a screening of Common Ground on April 12th at the Portland Museum of Art. Common Ground is an award-winning documentary that delves into the history of farming in North America, the industrialization of agriculture, and the transformative power of regenerative farming practices.

Date & Time: Saturday, April 12, 1:00 – 3:30 PM

Location: Portland Museum of Art - 7 Congress Square, Portland, ME



Tickets: \$10

Following the screening, MOFGA's Public Policy Organizer, Bill Pluecker, will moderate a panel discussion to share insights on the role of organic agriculture in fostering a resilient food and farming system, and provide actionable steps that individuals can take. The discussion will highlight how Maine



farms are prioritizing soil health and investing in the sustainability of our rural communities.

"Soil health is at the heart of a sustainable future," said Pluecker. This event offers a unique opportunity to explore how we can collectively invest in the well-being of our

land and communities."

The following speakers will join Pluecker on the panel:

Stacy Brenner – President & CEO at Maine Farmland Trust, State Sen-

ator, farmer at Broadturn Farm in Scarborough;

Caitlin Frame – Board Member at Maine Farmland Trust, farmer at The Milkhouse in Monmouth;

Caleb Goossen, PhD – Organic Crop and Conservation Specialist at MOFGA; and

Alessia McCobb – Board Member at MOFGA, farmer at Sound Pine Farm in Brunswick.

This event is happening as a part of the popular Art in Bloom series at the Portland Museum of Art (PMA). During the week

of April 9-13, the museum is filled with floral designs from farmers, florists, and artists from across Southern Maine, with each display inspired by the exhibited artwork. The PMA has a full week of programming to celebrate Art in Bloom, and filmgoers can purchase a separate entry to enjoy the beautiful blossoms.

Tickets for the film screening are \$10 for adults and \$7 for students, and they are available now at the PMA's website. There is limited seating, and this event is likely to sell out.

Clothes galore at Gorham's Mission of Hope Clothes Closet

GORHAM, ME -- The FREE Clothes Closet at Cressey Road Church (Mission of Hope Clothes Closet) is open to all who need Fellowship, Friendship and Clothes. We are located at 81 Cressey Road, Gorham, and we are open on the FIRST and THIRD Saturday of each month from 9 o'clock AM to 12 Noon.

We focus on clothes and accessories (gloves, scarves, hats, etc.) and welcome your donations during our operating hours.

Clean clothes in good shape help the most, as they go right out to help people locally or in nearby communities. An attempt is made to have season appropriate clothes available to you. After we have displayed them for a time, they are donated to our local second-hand shops.

In addition to helping folks find clothes, we want to spend time with you! There are tables to sit, talk and to share a cup of coffee and usually a goodie with volunteers or others. Come

see us! You might make a new friend. All are welcome!

Send all items for What's Going On to the Editor. Deadline is Friday by five.

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Seniors Not Acting Their Age

Unique Skiing on Titcomb Mountain



A skier descends a Titcomb Mountain trail

I've been aware of Titcomb Mountain in Farmington as a winter recreation destination for years. However, I didn't realize they had an extensive network of cross-country ski trails. I recently met a skier who praised the quality of the Titcomb Ski Area trails and added that it was possible to ride the alpine ski lift to the high point and descend the Nordic Trails. I decided to investigate.

My online research turned up some interesting information about Titcomb Mountain. The Titcomb Ski Area is run by the Farmington Ski Club and was established in 1939. The Maine Office of Tourism reports the mountain

as the oldest club-operated ski area in Maine.

The Titcomb Mountain website indicates the 750-foot mountain slope includes 16 alpine trails with two ski lifts – one closed this winter. Fat tire biking is permitted when conditions allow and the trails are open for hiking, running and biking in the summer. Important to me, over 10 miles of groomed Nordic trails provide options for beginners through advanced skiers as they branch out from the base lodge and rise to the top of the alpine trails. Unable to recruit companions, I decided on a solo visit.

The ski area provides unique trail access for Nor-



The Titcomb Mountain trails were exceptionally well-groomed

dic skiers. Trails are open 24/7 and skiers are asked to leave a \$10 donation in a drop box located outside the lodge. Lift tickets are free for seniors 70 and over; an incentive for me.

When I arrived early afternoon on a cool, cloudy March day, only a handful of vehicles were parked next to the Nordic ski trailhead where two skiers were departing. The alpine ski lifts were not operating and the lodge was closed, but a helpful trail worker directed me to the donation drop box.

Prior to leaving home, I printed a trail map from the ski area website. My goal was to ski long gradual trails on the left

of the downhill section to the top of the mountain and then complete a loop by descending the shorter steeper Nordic trails on the opposite side. If time permitted and the lift was running when I finished, I planned to ride it to the top and complete a second descent.

A skier was returning as I started on the well-groomed, easy Cedar Swamp Trail. He advised that continuing on the exterior trails would provide the easiest climb to the summit. I found the quality of the grooming to be exceptional throughout my journey.

A gentle upward gradient continued when I entered Turnpike Trail. The tracks were fast and I quickly glided along to a sharp right turn onto Ridge Road Trail which began with a steep ascent. Initially, I used the herring-bone technique to climb Ridge Road. However, a kick and glide was effective on the remainder of the primarily moderate incline.

Overall, the signage



Farmington school students assemble at Titcomb Mountain Ski Area

on the trail system is quite good. However, according to the trail map, skiers who want to continue up the ridge must follow Stonewall Alley to Roller Coaster Trail before arriving at the top of the alpine section. I never found a sign for Stonewall Alley but assume I skied it. The views of western Maine from the summit were outstanding.

Nordic skiers can choose between an intermediate and advanced descent on the steep side of the trail network. I selected the intermediate Wild Acres Trail. It was a good choice for me as I found the twisting, sometimes precipitous, path stimulating but challenging. The excellent grooming was invaluable for controlling my speed.

The scene was dramatically different when I returned to the base lodge. The parking lot was full, the ski lift running, and scores of youngsters from Farmington schools were assembled in groups at the foot of the mountain. The students were obviously

training for both Nordic and downhill ski racing. Much of the trail network was crowded with determined young competitors.

I decided to bypass the ski lift and retrace my original route to upper Ridge Road and back. I wasn't alone as several parents and grandparents were enjoying the less traveled route. Next time, I'll start skiing earlier in the day.

My book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine* features several chapters about the best Nordic skiing in Maine.

Ron Chase resides in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at www.northcountrypress.com/maine-al-fresco or in bookstores and through online retailers. His previous books are "The Great Mars Hill Bank Robbery" and "Mountains for Mortals – New England." Visit his website at www.ronchase-outdoors.com or he can be reached at ronchaseoutdoors@comcast.net

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TSA requiring federal ID for domestic flights May 7

By Joyce Bucciantini, AARP Maine Community Outreach Volunteer

As sure as April showers bring May flowers, warmer weather brings our minds to summer vacations and travel. Many of us have favorite spots to visit along the Maine coast or mountain lakes. However, if we plan to fly within the United States for our vacation we will need to have the new Real ID requirements for domestic air travel.

Starting on May 7, 2025, the Transportation Security Administration (TSA) will require domestic airline travelers to show a federally

approved identification card or document to pass through TSA screening. The Maine REAL ID driver's license, ID Card, a passport or passport card will meet the TSA requirement.

Maine residents can apply for the REAL ID driver's license or ID card at their local Bureau of Motor Vehicles Office (BMV). Residents will need to bring documentation that shows proof of identity and citizenship, Social Security number, and proof of residency. A birth certificate or passport are examples of documents to show identity and citizenship. Residency documents

can include an unexpired Maine driver's license, W2 forms or utility bills. Maine's BMV website has a complete list of acceptable documents at: <https://www.maine.gov/sos/bmv/forms/MVL-8-Rev-12-22.pdf>.

Maine residents who have changed their names will also need to bring the appropriate court or government documents to provide evidence of the name change. For example, a marriage license would document a name change (from marriage).

How can we determine if our driver's license or ID card is a REAL ID or not? The Maine REAL ID driver's license and ID



card have a gold state of Maine with a white star in the top right-hand corner. A driver's license with the words, 'Not Intended for Federal Purposes', in the right-hand corner, is not a REAL ID.

Getting a REAL ID remains optional. However, those who often fly



domestically might find it easier to carry the REAL ID instead of a passport. Appointments can be made online to apply for your REAL ID through a link on the Maine BMV website at maine.gov. It takes about 4 weeks to receive your REAL ID, so planning ahead is important.

As always, the AARP local coffees and

other events are in full swing, and we welcome anyone to join us. We hope to see you soon!

Joyce Bucciantini is a retired middle school educator. She currently coordinates Delta Kappa Gamma's Read to Me program, is a tutor with Literacy Volunteers-Androscoggin, and is an active AARP Maine volunteer. She enjoys her gardens, being outdoors and traveling.

Please use the following web address to find more information about AARP Maine and events near you: aarp.org/me · me@aarp.org · [@aarpmaine](https://www.facebook.com/aarpmaine) · 866-554-538

Registration open for Bath Savings Paddle for Pine Tree Camp

SOLO AND BRUNSWICK, ME – The 29th Annual Bath Savings Paddle for Pine Tree Camp returns in June with one goal in mind: to raise funds for Maine kids and adults with disabilities to experience freedom and independence at Pine Tree Camp.

On Saturday, June 7, paddlers will reunite in Solon for the traditional route down the Kennebec River. On Sunday, June 8, paddlers will come together to loop the Androscoggin River in Brunswick. Both paddles are family-friendly and perfect for all ages, skill levels and abilities.

Since 1945, Pine Tree Camp has welcomed all who could benefit, regardless of their ability to pay. This is one of our largest fundraisers of the year and 100% of proceeds support our open door policy.

Register for the paddle at this link: <https://pinetreesociety.org/paddle-for-pine-tree-camp/>

On Thursday, May 29, the 3rd Annual Hammond Lumber Company Cornhole for a Cause and Party for the Paddle to

benefit Pine Tree Camp will take place at The Woodshed in Manchester. For more details and to register for this cash prize competition, please visit: <https://pinetreesociety.org/pts-events/cornhole-for-a-cause/>

29th Annual Bath Savings Paddle for Pine Tree Camp

Saturday, June 7
9:30am

Solon: Traditional route down the Kennebec River

Paddle begins at The Evergreens Campground in Solon (202 Ferry Street, off Route 201A) and ends in North Anson on the Patterson Bridge Road. This is a three mile, two-hour paddle.

Register: <https://pinetreesociety.org/paddle-for-pine-tree-camp/>

Sunday, June 8
9:30am

Brunswick: Loop on the Androscoggin River

Paddle begins and ends at the Water Street Boat Landing (located at the end of Water Street) in Brunswick. This is a two mile, two-hour loop.



Kathy Clement and Steven Everett, both from Starks, paddled the Kennebec River in Solon in 2024 to support Pine Tree Camp. The 29th Annual Bath Savings Paddle for Pine Tree Camp Weekend will take place Saturday, June 7 in Solon and Sunday, June 8 in Brunswick. All proceeds support the camp's tuition fund which ensures Maine kids and adults with disabilities can attend Pine Tree Camp regardless of their ability to pay.

Register: <https://pinetreesociety.org/paddle-for-pine-tree-camp/>

More About Pine Tree Camp: Pine Tree Camp, which celebrates its 80th anniversary in 2025, is a program of Pine Tree Society and an American Camp Association-accredited camp for people with disabilities. Every year,

hundreds of Maine children and adults with disabilities arrive at Pine Tree Camp in Rome and their lives are transformed. Year-round, campers experience freedom and independence by actively participating in outdoor activities like kayaking, boating, swimming, fishing, hiking, biking, archery, snowshoeing and

cross country skiing thanks to Pine Tree Camp's 285-acre, fully-accessible campus on North Pond. Full tuition assistance is available. Since 1945, no camper has ever been turned away due to their ability to pay. <https://pinetreesociety.org/camp-home/>

Sponsors of the 29th Annual Bath Savings Pad-

dle for Pine Tree Camp include: Bath Savings, Hammond Lumber Company, The Woodshed, HUB, Franklin Savings, Central Maine Power, Harvard Pilgrim Healthcare, Evergreens Campground, Marden's, NRF Distributors, Seaspray Kayaking and Paddleboarding, Assistance Plus, Brookfield Renewable and Alice's Awesome Adventures.

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Arts & Entertainment

“May the Fourth Be with You!” concert coming to Gorham

GORHAM, ME -- Please join your Casco Bay Wind Symphony on May 4th, 2025 as we celebrate “A Space Odyssey.” Included in our concert at 2 PM at the McCormack Performing Arts Center at Gorham High School are the following pieces:

Strauss “Symphony No. 6: The Blue Marble” by Julie Giroux - complete with stunning video
‘Jupiter’ from “The Planets” by Gustav Holst and
John Williams’ “Star Wars Trilogy” (arranged by Donald Hunsberger)
Tickets are available

at the door and online at www.cascobaywindsymphony.org
Adult tickets are \$13 in advance and \$15 at the door. Seniors (65 and older) - pay what you can. Students and children are always free.
We are celebrating our 45th year and hope you can join us!

Casco Bay Wind Symphony Presents

A SPACE ODYSSEY

This musical exploration of outer space and our own planet will spark the imagination and fascinate anyone who has dreamed of exploring the final frontier.

Featuring:
Also Sprach Zarathustra (heard in the film 2001: A Space Odyssey) by Richard Strauss
Symphony No. 6 -- The Blue Marble (with stunning video) by Julie Giroux
"Jupiter" from the epic The Planets by Gustav Holst
Star Wars Trilogy by John Williams

May the Fourth be with you!

Sunday, May 4, 2025
2:00 p.m.

McCormack Performing Arts Center
at Gorham High School
Dr. William Kinne, Conductor


www.cascobaywindsymphony.org

Get Tickets Here

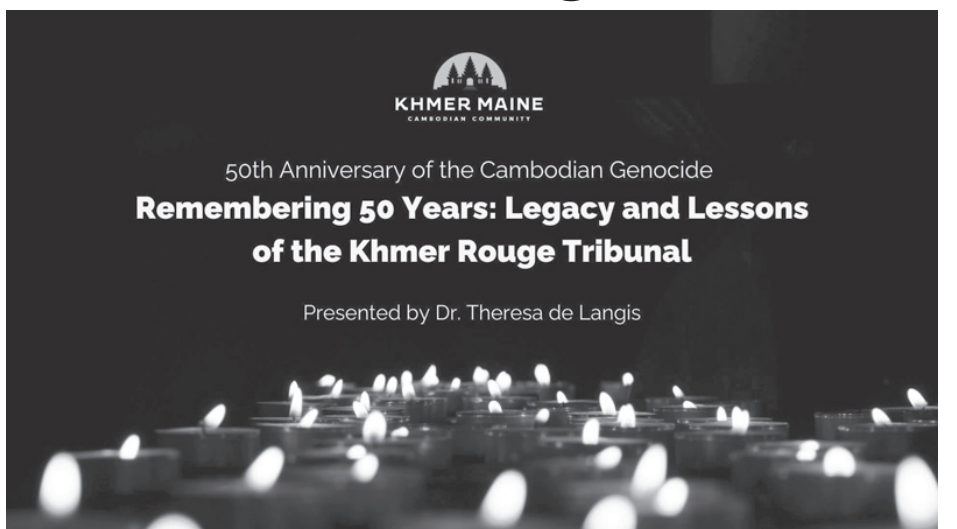
Adults - \$13 in advance / \$15 at door
Seniors 65+ - Pay what you can
Students/Kids - Free

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Celebrating 45 Years



Khmer Maine marks anniversary of Cambodian genocide



MAINE -- Join us on April 17, 2025, as we mark the 50th anniversary of the fall of Phnom Penh to the Khmer Rouge regime. The event will be held in the Sam L. Cohen Community Hall at the Jewish Community Alliance of Southern Maine, 1342 Congress Street, Portland, ME 04102, from 6:30pm to 8:30pm.

Event is free and open to the public. Due to limited space, REGISTRATION IS REQUIRED.

This presentation offers a critical update on the Khmer Rouge Tribunal’s judicial phase, completed in 2023, highlighting the convictions and life sentences handed down

to three senior leaders deemed most responsible for these atrocities.

Our speaker, Theresa de Langis, PhD, is currently developing a curriculum on the Tribunal’s legacy for university students in Cambodia. With over two decades of experience in teaching, research, and practice within the U.S. government, the United Nations, and academia, Dr. de Langis is an expert in trauma-informed oral history and its role in transformative meaning-making and family history. Her work, focusing on women’s rights in conflict and post-conflict scenarios, bridges law, political science, literature, and film to provide deep insights into

genocide, gender, and historical memory.

This event will explore not only the judicial outcomes of the Khmer Rouge Tribunal but also the ongoing efforts to support survivors and engage the younger generation in understanding this dark chapter of human history. The session will include a question-and-answer segment, inviting participants to reflect on how these historical events resonate with today’s uncertain global future.

We invite community members to join us for an evening of thoughtful dialogue and remembrance as we link the lessons of the past with the challenges of our present.

Lakes Region Senior Center invites Gorham seniors to activities

GORHAM, ME -- If you are looking for a fun senior center with lots of activities daily, come join us at Little Falls Activity

Center, 40 Acorn Street, Gorham, Maine. We are open from 8:30 to 2 or 3 pm depending on the activity. Our calendar is online.

Call Gerry Day, President, at 839-3859 for more information

Membership fee is \$20 a year with many perks.

Join Conservation Commission for 5th annual Gorham Cleans Up

GORHAM, ME -- Folks of all ages are invited to join the Gorham Conservation Commission in collaboration with the Gorham Village Alliance and the Think Blue Maine campaign for the 5th Annual Gorham Cleans Up event on Sunday, April 27, 2025 from 8:30am - 11:00am to pick up trash in the Village and along the drainage basins along New Portland Road and South

Street. As with previous years, Gorham Volunteers in Police Service (VIPS) will help with traffic safety and the Gorham Conservation Commission will provide clean-up supplies, including donuts!

This is a great way to get outside, have some fun and keep trash out of Gorham’s stormwater runoff basins. The event will start at the Municipal Cen-

ter, and donations will be collected for the Gorham Food Pantry.

To sign-up and find

more information about the event, please visit <https://www.gorhamconservation.org/gorham-cleans-up/>.



#gorhamcleansup

April is Sexual Assault Awareness Month

April declared Sexual Assault Awareness Month

State of Maine Proclamation

WHEREAS, sexual assault affects people of all races, genders, and economic backgrounds in every Maine community; and

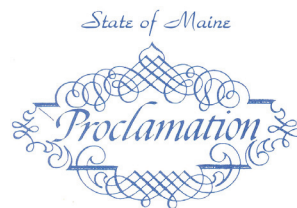
WHEREAS, more than 19,000 people in Maine will experience sexual violence this year, and one in five Mainers will be impacted in their lifetime;

and WHEREAS, sexual violence has far-reaching public health and societal costs, with impacts on survivors, their loved ones and their communities, often resulting in mental health struggles, substance use, housing insecurity, lost wages, and healthcare costs; and

WHEREAS, Maine's

support systems for survivors are under-resourced, leaving too many without the justice and healing they deserve; and

WHEREAS, widespread stigma, shame, and misinformation about sexual violence lead to low reporting rates of these crimes, further isolating survivors and allowing violence to continue; and



WHEREAS, raising awareness and educating our communities about sexual violence can create meaningful, long-term change, and ending sexual

violence requires the commitment of every person in our state;

NOW, THEREFORE, be it resolved that I, Janet T. Mills, Governor of the State of Maine, do hereby proclaim the month of April 2025 as Sexual Assault Awareness Month throughout the State of Maine, and I urge all citizens to work together to

prevent sexual violence, support survivors, and challenge harmful attitudes and actions.

In testimony whereof, I have caused the Great Seal of the State to be hereunto affixed GIVEN under my hand at Augusta this second day of April Two Thousand Twenty-Five

Governor Janet Mills of Maine

RAINN advocates for solutions to tech-enabled sexual abuse

WASHINGTON, D.C. – This April RAINN, the nation's largest anti-sexual violence organization, marks Sexual Assault Awareness and Prevention Month (SAAPM), and we're shining the spotlight on the emerging realities, mental health impacts, and possible solutions to tech-enabled sexual abuse.

A rapidly growing form of sexual violence, tech-enabled sexual abuse includes non-consensual

intimate images shared online like 'deepfakes' created with AI technology or child sexual abuse material (CSAM) posted to websites and social media accounts.

"With every advancement in technology, there are those who will abuse it to harm others, and that is exactly what we're seeing with tech-enabled sexual abuse," said Jennifer Simmons Kaleba, vice president of communications for RAINN. "While many

things stand out about this kind of sexual abuse—the fact that anyone from a celebrity to a classmate can be a victim, or that internet platforms aren't required to do anything about it when it's reported—the ease with which someone can cause so much havoc and harm is possibly the most shocking."

Take the case of Ellison Berry in Texas, who was 14 when an image-swapping app was used to turn

RAINN

an innocuous photo of her into a nude image and then shared with her classmate. RAINN has worked with lawmakers to create legislation that would give survivors like Berry a tool to not only make this act a crime, but hold tech platforms accountable to take down the material within 48-hours of reporting. Take

it Down has passed the Senate unanimously and RAINN and advocate partners are calling for its full passage.

"We've worked with fierce determination for the past year to bring this bill forward because we know—and survivors know—that AI-assisted sexual abuse is sexual abuse and real harm is being done; real pain is caused," said Stefan Turkheimer, RAINN vice pres-

ident of public policy.

This SAAPM, RAINN is calling on supporters to help "take back our tech." Tech-enabled sexual abuse is a violation of your rights, dignity, and safety. It robs individuals of control over their image, voice, and personal boundaries. Together, we can fight tech-enabled sexual abuse and build a safer world for everyone.

Learn more at rainn.org/saapm-2025.

Tips for talking with survivors of sexual assault

Contributed by RAINN

It's not always easy to know what to say when someone tells you they've been sexually assaulted, especially if they are a friend or family member. For a survivor, disclosing to someone they care about can be very difficult, so we encourage you to be as supportive and non-judgmental as possible.

Sometimes support means providing resources, such as how to reach the National Sexual Assault Hotline, seek medical attention, or report the crime to the police. But often listening is the best way to support a survivor.

Here are some specific phrases RAINN's National Sexual Assault Hotline staff recommend to be supportive through a survivor's healing process.

"I believe you. / It took a lot of courage to tell me about this." It can be extremely difficult for survivors to come forward and share their story. They may feel ashamed, concerned that they won't be believed, or worried they'll be blamed. Leave any "why" questions or investigations to the experts—your job is to support this person. Be careful not to interpret calmness as a sign that the event did not occur—everyone responds to traumatic events differently. The best thing you can do is to believe them.

"It's not your fault. / You didn't do anything to

deserve this." Survivors may blame themselves, especially if they know the perpetrator personally. Remind the survivor, maybe even more than once, that they are not to blame.

"You are not alone. / I care about you and am here to listen or help in any way I can." Let the survivor know that you are there for them and willing to listen to their story if they are comfortable sharing it. Assess if there are people in their life they feel comfortable going to, and remind them that there are service providers who will be able to support them as they heal from the experience.

"I'm sorry this happened. / This shouldn't have happened to you." Acknowledge that the experience has affected their life. Phrases like "This must be really tough for you," and "I'm so glad you are sharing this with me," help to communicate empathy.

There's no timetable when it comes to recovering from sexual violence. If someone trusted you enough to disclose the event to you, consider the following ways to show your continued support.

Avoid judgment. It can be difficult to watch a survivor struggle with the effects of sexual assault for an extended period of time. Avoid phrases that suggest they're taking too long to recover such as, "You've been acting like this for a while now," or "How much longer will you feel this

way?"

Check in periodically. The event may have happened a long time ago, but that doesn't mean the pain is gone. Check in with the survivor to remind them you still care about their well-being and believe their story.

Know your resources. You're a strong supporter, but that doesn't mean you're equipped to manage someone else's health. Become familiar with resources you can recommend to a survivor, such as the National Sexual Assault Hotline 800.656.HOPE (4673) and online.rainn.org, y en español a rainn.org/es.

It's often helpful to contact your local sexual assault service provider for advice on medical care and laws surrounding sexual assault. If the survivor seeks medical attention or plans to report, offer to be there. Your presence can offer the support they need.

If someone you care about is considering suicide, learn the warning signs, and offer help and support. For more information about suicide prevention please visit the National Suicide Prevention Lifeline or call 800.273.TALK (8255) any time, day or night.

Encourage them to practice good self-care during this difficult time.

If you or someone you know has been affected by sexual violence, it's not your fault. You are not alone. Help is available

24/7 through the National Sexual Assault Hotline at 1-800-656-HOPE or visit the Online Hotline, y en español a rainn.org/es.

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE, online.rainn.org y rainn.org/es) in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

NATIONAL SEXUAL ASSAULT HOTLINE

If you were affected by sexual assault, you are not alone.

online.rainn.org
800.656.HOPE

National Sexual Assault Hotline
No matter what stage of recovery you're at, confidential, anonymous support is available 24/7 for survivors & loved ones.

Telephone
800.656.HOPE

- Talk to a trained staff member or connect with a local sexual assault service provider.
- Get direct, personal, one-on-one support.

Online chat
online.rainn.org

- Chat one-on-one with a trained support specialist.
- Secure technology, accessible from any device.

RAINN

The National Sexual Assault Hotline is operated by RAINN, the nation's largest anti-sexual violence organization. This postcard was produced by RAINN under Grant No. 2014-01-00002, awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this postcard are those of the contributors and do not necessarily represent the official position or policies of the U.S. Department of Justice.

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April is Sexual Assault Awareness Month

SARSSM's Sexual Assault Helpline

Sexual Assault Response Services of Southern Maine (SARSSM) offers a free, confidential 24-hour sexual assault helpline for anyone affected by sexual violence in York and Cumberland Counties in Southern Maine.

Call Our Helpline at 1-800-871-7741

Common Reasons People Call Our Helpline:

They just want to talk about what happened, or have questions about whether or not a situation was consensual.

They have experienced an assault and are in need of resources and support.

They would like to request that we meet them at the hospital to support them through a forensic exam (rape kit), or at the police department while they file a police report.

They are interested in receiving ongoing advocacy services, or would like to sign up for one of hope and healing programs (support groups, yoga).

Someone they care about has experienced sexual violence and they are looking for ways to help.

They are a community partner supporting a survivor of sexual violence and would like to consult with an advocate.

... and more! Feel

free to give us a call.

What to Expect When You Call Our Helpline

When you call our helpline, our answering service will answer your call and request your first name, county and phone number to help route your call to an on-call Advocate in your area. The Advocate will return your call within 15 minutes at the phone number you provided. Please ensure that your phone settings will allow you to receive a call from a blocked phone number. If you are calling from a pay phone, you can ask that the answer service patch you through to us, and they will keep you on the line until



mail if you miss their call, but you can always call the helpline number again to request another call back.

Once the advocate is on the line, they will introduce themselves and ask how they can help. You can let them know if you just want to talk, or ask questions. If you feel nervous or are unsure about what to say, that's okay! You can just let them know how you are feeling, and they will help guide you through the conversation. They are non-judgmental and will never blame you for what happened. Helpline Advocates are there to support, validate, and help you.

an Advocate has joined the call. If you need a language interpreter, simply state what language you speak, and the advocate

will arrange for an interpreter to assist by phone. Please Note: For safety reasons, Advocates are unable to leave you a voice-

SARSSM has resources for parents & caregivers

The work Sexual Assault Response Services of Southern Maine (SARSSM) does to support schools provides an important foundation for your child. Research shows that youth understand important concepts when those conversa-

tions happen at home, too. Children are more likely to ask for help and form healthy peer relationships when they learn about boundaries, personal body safety, and respect from the trusted adults they know the best. It may be uncomfortable to have



conversations with your kids about challenging topics. These conversations about boundaries, emotions, and safety will have a tremendous impact on their wellbeing later in life - and get easier with practice.

Our Kids in Space Coloring & Activity

Books can help parents start conversations with their children. Please contact us if you would like us to mail you a coloring book!

SARSSM Trainings for Parents & Caregivers

Child Sexual Abuse Awareness and Healthy Child Sexual Develop-

ment Training (1.5 hrs. in person or virtual)

Parents, caregivers, and other youth-serving adults are invited to attend this training to learn about child sexual abuse awareness and prevention.

For more information, see SARSSM's website.

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April is Sexual Assault Awareness Month

Supporting educators in abuse, violence prevention

Sexual Assault Response Services of Southern Maine's (SARSSM's) Prevention and Education Program has a range of offerings to support students and educators (teachers, guidance counselors, and school social workers who deliver child abuse prevention content) in primary and secondary schools across York and Cumberland Counties.

We offer age-appropriate curriculums and supplemental materials that teachers, school social workers and guidance counselors can use on topics related to child sexual abuse and sexual violence prevention. Our materials align with state mandates and best practice.

We also offer robust trainings and educational resources for educators,

with three goals in mind: appropriate use of our student-facing resources, compliance with their state training mandates, and skills development to best support their students. You can access our educator tools on our virtual Educator Toolkit platform, which you can access by submitting a request via the form located at SARSSM's website.

We pride ourselves on being highly responsive to the needs of educators and are available to provide technical assistance. Educators are also welcome to reach out to us with unique classroom needs. We will try to accommodate you as our capacity allows.

Other School-Based Activities We Offer
We are excited to

offer the following in-person or virtual prevention and education activities:

Customizable After-school Group Engagement: Invite us to train student leaders, facilitate dialog around sexual violence prevention, or collaborate on customized after-school activities! We love supporting gay-straight alliances, students organizing against sexual violence, and others! Recommended for middle and high schools.

Lunch Drop-In Sessions: Invite us to table during lunchtime where we will hand out resources, answer questions, and engage with your students! Recommended for middle and high schools.

Bulletin Boards: Offer us a prominent school bulletin board to deco-

rate on a sexual violence prevention or education theme of your choosing! Some popular bulletin board themes include: the importance of consent, the pillars of healthy relationships, and the 5 D's of Bystander Intervention. We are also happy to help support students in designing their own bulletin boards

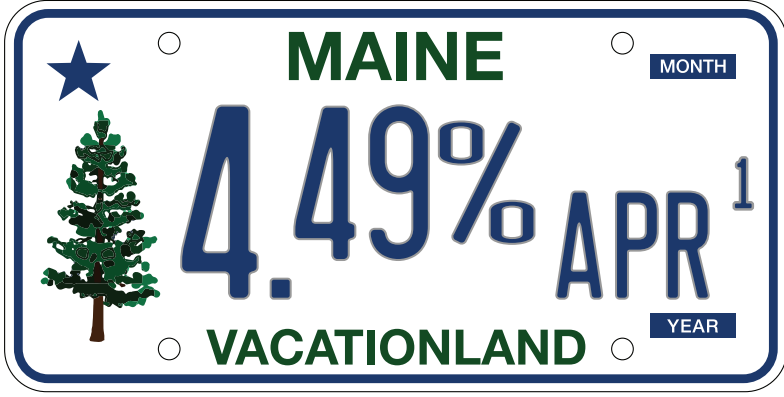
on our topic areas.
Teen Book Clubs: Invite us to host a teen book club that explores our key content areas though young adult fiction! We allow young people to select a book of interest from our curated list and will lead engaging in-person or virtual discussions. Recommended for middle

and high schools.
We appreciate receiving as much notice as possible for requests and will do our best to accommodate based on our capacity. Honoraria to support our work are always appreciated, and allow us to build staffing capacity to respond to requests.

Send all items for Names & Faces to the editor. Deadline is Friday by five pm.



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FAME launches Financial Literacy Month contest

AUGUSTA, ME – Maine has room for growth when it comes to K-12 financial education. Currently, only 15.2% of Maine high school students are required to complete a personal finance course prior to graduation. As a result, many students leave high school unable to successfully manage their money and make informed financial decisions, impacting their ability to pursue training and education after high school. To help raise awareness of the importance of teaching financial skills as early as elementary school, the Finance Authority of Maine (FAME) has launched its first-ever Design Your Dream Money Contest.

The contest, which was created in partnership with the Alford Scholarship Foundation, will open on April 1st. Students in

grades one through six are invited to create their own \$500 bill using a template created by FAME.

All contest submissions will receive a water bottle sticker from FAME and one student from each grade level state-wide will be selected as a grand prize winner and will receive a fun pack from FAME. In addition, each school that submits an entry will be entered into a school giveaway. The winning school will receive an Invest in ME Reads event hosted by FAME.

The purpose of the contest is to raise awareness of the importance of lifelong financial education and to engage families and students early in the topic in elementary school. FAME offers a variety of free resources to help families take small steps to build strong money skills

at home. Many of these students were born Maine residents and have already received the \$500 Alford Grant for higher education, underscoring the significance of this initiative.

“When it comes to money skills, parents and caregivers are the most important influence in a child’s life,” said Mary Dyer, FAME’s Financial Education Programs Manager. “Our goal is to make teaching about money fun and easy, and we have created a variety of programs that do just that. Through Invest in ME Reads, families will find extensive games, activities, and conversation starters to help them begin the money conversation at home. The Design Your Dream Money Contest is just another way to inspire young people to learn about money and dream about their future.”

Dyer emphasized the importance of family discussions about career pathways and education after high school, highlighting the \$500 Alford Grant as a pivotal investment in the children’s futures. “We hope to encourage conversations at home that help kids and families to dream big about their future,” she added.

In addition to the contest, FAME offers a variety of resources and events to support financial wellness in Maine:

Invest in ME Reads: This free family financial wellness program was created by FAME to help parents and caregivers teach early financial skills. As part of the program, FAME provides free books, educational resources, activities, and tips to all Maine public school students in grades one through six to share at

home with their families. Invest in ME Reads is now reaching over 84,000 elementary students across Maine.

Financial Check-in with FAME Seminar on April 4th: Personal Finance Foundations Part II: From Emergency Funds to Investing. You’re on a budget and have a solid emergency fund in place. What’s next? Are you ready to invest or start long-term savings for a home, education, or retirement? Perhaps you are still managing debt? Join us as we discuss intermediate steps on the road to personal financial wellness. Individuals can sign up here.

Free Online Personal Financial Education: FAME offers free online financial education to support Maine people during high school, college, and beyond. Any Maine resident can create their own account and use

the interactive modules to learn their money personality, complete a course, create budgets, and more.

Claim Your Future®: Created by FAME, Claim Your Future encourages students to explore education after high school, future careers and money management. It includes career comparison tools, expanded student loan decision-making, and career videos. This free program is available as both a classroom game and an online resource.

Maine Jumpstart Fostering Financial Education in Maine Schools Conference: FAME is proud to continue its support of the Maine Jumpstart Coalition for Personal Financial Literacy will be hosting the 16th Annual Fostering Financial Education in Maine Schools Conference on May 9th.

Registration opens for UMaine Summer Educators Institute

MAINE -- The University of Maine College of Education and Human Development is accepting registrants for the 2025 UMaine Summer Educators Institute, which will be held June 25-27 on campus.

This year’s conference will feature experts from the college, as well as thought-leaders in the field of K-12 education from

Maine and beyond, who will hold a series of workshops and talks around the theme “Learning Without Limits: Elevating Education Across Communities.” Attendees can choose from sessions in three strands: Cultivating Rural Teacher Leadership, Middle-Level Education and Reaching All Learners. During the conference, the college’s

Center for Applied Research on Education and Schools (CARES) will host a meeting of its Rural Teacher-Leader Support Network.

Alex Shevrin Venet, a Vermont-based educator, professional learning facilitator and writer, is this year’s keynote speaker. Shevrin Venet is the author of two books, “Equity-Cen-

tered, Trauma-Informed Education” and “Becoming and Everyday Changemaker: Healing and Justice at School,” as well as numerous articles for publications like Edutopia and Mindshift. She is founder of the website Unconditional Learning and co-founder of Nurturing the Nurturers, which helps support teacher well-being. She teaches

graduate-level courses for educators at Vermont State University and Antioch University New England.

Educators who participate in the institute are eligible for 25 contact hours or 2.5 continuing education units (CEUs). The cost to attend the three-day conference is \$595. Educators who register before May 1 will pay the early bird dis-

count rate of \$525. There’s also a group discount rate of \$499 per person for three or more people from the same school, district or other organization. Participants are also eligible for a discount rate at Hotel Ursa, located on campus.

More information, including a link to register, is available online.

Maine community college students named to Academic Team

AUGUSTA, ME – Twenty-six Maine community college students have been named to the All-Maine Academic Team in recognition of their outstanding academic achievement, leadership, and service.

The students receiving the award and a \$500 scholarship from the MCCS Board of Trustees are:

Emma Dionne, Auburn, Central Maine Community College in Auburn

Ivy Hutchinson, New Vineyard, Central Maine Community College

Logan Levesque, Greene, Central Maine Community College

Zulma Lizarazo, South Portland, Central Maine Community College

Georgiana Baker, Frankfort, Eastern Maine Community College in Bangor

Emma Brezovsky, Bucksport, Eastern Maine Community College

Samuel Meyers, Corinth, Eastern Maine Community College

Stephanie Wright, Oakland, Eastern Maine Community College

Skye Havey, Somerville, Kennebec Valley Community College in Fairfield/Hinckley

Andrea King, Unity, Kennebec Valley Community College

Jaikari Rada-Gonzalez, Palermo, Kennebec Valley Community College

Jasmine Sanders, Augusta, Kennebec Valley Community College

Logan Bernier, New Canada, Northern Maine Community College in Presque Isle

Grace Flewelling, Easton, Northern Maine Community College

Robert Giles, Bangor, Northern Maine Community College

Ethan Thibeault, Mapleton, Northern Maine

Community College

Emily Berry, New Gloucester, Southern Maine Community College

in South Portland/Brunswick

Callie Chambers, Portland, Southern Maine Community College

Tyler LaFontaine, Bridgton, Southern Maine Community College

Anne Martucci, Bath, Southern Maine Community College

Jordyn Bray, Springfield, Washington County Community College in Calais

Chelsey Megquier, Calais, Washington County Community College

Nataleigh Blackman, Sanford, York County Community College in Wells

Pamela Meads, Kennebunk, York County Community College

Andrew Melendez, Berwick, York County

Community College

Christos Stathoplos, Moody, York County Community College

Emma Dionne (CMCC) and Samuel Meyers (EMCC) were named Maine New Century Scholars for earning the highest scores in the state on their All-USA Academic Team applications.

Dionne was named the 2025 Maine New Century Transfer Pathway Scholar and will receive a \$2,250 scholarship. Meyers was named the 2025 Maine New Century Workforce Pathway Scholar and will receive a \$1,500 scholarship.

Dionne was also one of only twenty college students nationwide chosen for the prestigious 2025 All-USA Academic Team by Phi Theta Kappa. Selected from nearly 2,100 nominees, Dionne will receive a \$5,000 scholarship.

Dionne was recognized for her academic achievements, campus and community engagement, and overall leadership. Dionne will be recognized during the American Association of Community Colleges’ (AACC) annual convention in Nashville in April.

The New Century Pathway Scholarship program is sponsored by The Coca-Cola Foundation, The Coca-Cola Scholars Foundation, the American Association of Community Colleges, and Phi Theta Kappa. Only one New Century Transfer and Workforce Scholar is selected from each state.

The All-Maine Academic Team is a program of Phi Theta Kappa, an international honor society for two-year colleges. Students are nominated and selected for the team by their college.

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Arts & Entertainment to the editor.
Deadline is Friday by five pm.

Discover the incredible journey of alewives

PORTLAND, ME
 -- Join the Presumpscot Regional Land Trust (PRLT) and the Gulf of Maine Research Institute (GMRI) for a special evening featuring *The Alewife Journey*—a short film that captures the awe-inspiring migration of alewives as they return to the Presumpscot River and Mill Brook to spawn in Highland Lake. With breathtaking footage from our guided walks at Mill Brook Preserve, the film offers a powerful look at the significance of this species and the vital conservation efforts underway to protect them.



Thursday, April 10th
 5:30 - 7:00 PM
 The Gulf of Maine Research Institute, Portland, ME

Film Screening & Panel Discussion: After the screening, join an engaging expert panel discussion moderated by Glenn Prickett, President & CEO of GMRI. Our panelists will explore topics of conservation, climate change, and recreation in the Gulf of Maine:

- Sam Bengs, Research Associate, GMRI
- Graham Sherwood, Senior Scientist, GMRI
- William Sedlack, Executive Director, PRLT
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 Watch the Film Trailer Here: [View Now](#)
 PRLT members get FREE registration! Email brenna@prlt.org to claim your fee waiver. Register at

PRLT's website – Space is limited!
 Want to learn more about Alewife ahead of the screening? Check out our Alewife Migration E-Guide. We hope to see you

there for this inspiring celebration of conservation and community!
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Keep the blood supply blooming: Give blood or platelets now

PORTLAND, ME — This April, the American Red Cross urges individuals to give lifesaving blood or platelets now as seasonal travel ramps up. The impact of busy spring calendars comes on the heels of an incredibly challenging winter, during which tens of thousands of blood products went uncollected due to weather. With upcoming holiday celebrations and record-breaking spring break travel expected in the coming weeks, donors of all blood types are needed, especially those with type O blood and those giving platelets.

Blood has a shelf life of only 42 days. With no substitute for blood and no way to manufacture it, volunteer donors are essential to patient care. Spring plans can disrupt normal giving patterns, but the need for blood is constant.

Help hope bloom this spring – book a time

to give blood or platelets now by visiting RedCrossBlood.org, calling 1-800-RED CROSS or by using the Red Cross Blood Donor App.

All who come to give in April will be automatically entered for a chance to win a \$5,000 gift card. There will be three lucky winners. Additionally, those who come to give April 1-13, 2025, will receive a \$15 Amazon.com Gift Card by email. All who come to give later in the month, April 14-30, 2025, will receive an exclusive Red Cross T-shirt, while supplies last. See RedCrossBlood.org/Hope for details on all three offers.

Upcoming blood donation opportunities April 1-16

Androscoggin
Auburn
4/14/2025: 9 a.m. - 2 p.m., Edward Little High School, 77 Harris St

Lisbon Falls
4/14/2025: 12:30 p.m. - 5 p.m., Lisbon United Methodist Church, 14 School St.

Poland
4/15/2025: 9 a.m. - 2 p.m., Poland Regional High School, 1457 Maine St Route 26

Cumberland
Cape Elizabeth
4/10/2025: 12 p.m. - 4:30 p.m., Saint Bartholomew Church, 8 Two Lights Rd

South Portland
4/15/2025: 9 a.m. - 1:30 p.m., Eastpoint Christian Church, 345 Clarks Pond Pkwy

Westbrook
4/11/2025: 12 p.m. - 4:30 p.m., Westbrook Community Center, 426 Bridge Street

Windham
4/16/2025: 12 p.m. - 5 p.m., North Windham Veterans Center, 35 Veterans Memorial Drive

UMaine Extension hosting 4-H Ag Symposium for teens

ORONO, ME — University of Maine Cooperative Extension will host the 4th annual 4-H Agricultural Symposium for Maine teens on April 21–22.

The symposium is an overnight experience for youth ages 14-18. Participants will engage with industry professionals on the UMaine campus in Orono, develop leadership skills and nurture friendships with teens from around the state. Youth will participate in hands-on learning experiences like visiting a lab to examine parasites related to animal health, exploring cellulose nanomaterials from tree pulp at the Process Development Center, joining fun activities with Maine Bound



Mariah J. from Franklin County and Hannah J. from Cumberland County take a closer look at specimens from UMaine Extension's Diagnostic Research Laboratory, a highlight of the annual 4-H Agricultural Symposium. Photo courtesy University of Maine Cooperative Extension.

Adventure and more.

Previous 4-H membership is not required. Assistance with transportation can be provided upon request. The program is free but space is limited. Registration is required at the program webpage.

For more information or to request a reasonable accommodation, contact Alisha Targonski at 207.622.7546 or extension.4hagleadership@maine.edu.

Maine DOL holding Renewable Energy Career Fair

MAINE - Join The Maine Department of Labor at the Inaugural Renewable Energy Career Fair on Wednesday, April 16th, from 9 a.m. to 12 p.m. at the Greater Portland CareerCenter!

This event will bring together top professionals from the renewable energy sector and talented job seekers, creating an incredible opportunity to network, connect, and explore exciting career prospects.

In addition to job opportunities, you'll also discover available training

MAINE DEPARTMENT OF LABOR

opportunities to help you grow and advance in this rapidly expanding industry.

Meet industry leaders
Explore job opportunities

Discover training programs to boost your career

Be a part of the renewable energy sector!
Hope to see you there!

Explore Maine's growing renewable energy sector

April 16th
9:00 A.M. TO 12:00 P.M.

Greater Portland CareerCenter
151 Jetport Blvd., Portland, ME

Why Attend?

- Connect with leading employers in renewable energy
- Explore career pathways in a growing industry
- Discover training available at low or no cost for Maine residents
- Learn about opportunities for women in non-traditional occupations
- Find out how foreign-trained professionals can break into the field

Don't miss out on this exciting opportunity to jumpstart your future with a sustainable career in the renewable energy sector!

COASTAL COUNTIES WORKFORCE, INC. This workforce product and services are 100% funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration. The product was created by the grantee and does not necessarily reflect the official position of the U.S. Department of Labor.

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Send all items for Names & Faces to the editor. Deadline is Friday by five pm.

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Calendar

Send your submissions to the Editor. More online.

Wednesdays
GORHAM -- Story Hour every Wednesday from 10:30 to 11:30 at North Gorham Public Library.

Thursdays
LEWISTON -- Baby Sensory Playtime in the Lewiston Public Library's Children's Department every Thursday morning from 10am to 12pm.

Drop-in and join us for Baby Sensory Playtime! Babies and their caregivers will have the opportunity to interact with a variety of sensory toys and socialize with other families with young children. Playtime with sensory toys contributes to a baby's cognitive development, fine motor skills, social and emotional development, creativity, and language development.

Recommended for babies ages birth-18 months and their caregivers. Siblings are always welcome. This program is free, open to the public and no registration is required.

Saturdays
AUBURN -- Books! Books! Books! The Auburn Public Library Bookstore is now open on Saturday mornings, from 9:30-1:00. Choose from hundreds of gently used books, with most prices under \$3. We have books for children, teens, and adults, fiction and non-fiction. We often have puzzles, CDs, and DVDs, too. Stop in and browse our ever changing selection! Auburn Public Li-

brary, 49 Spring Street.

Apr 12
AUBURN -- The "Shop into Spring Craft and Vendor Fair" will take place on Saturday, April 12, 2025, at the Auburn Mall from 10 AM to 3 PM. A diverse group of crafters and vendors will be showcasing a wide range of unique items. It's the ideal opportunity to find the perfect gifts for springtime occasions such as Mother's Day, birthdays, weddings, and graduations. Admission is free, and raffle tickets will be available for purchase. All proceeds from the event will benefit the Greater Androscoggin Humane Society. Additionally, we will be collecting physical donations for the shelter on that day.

Apr 12
LEED -- Leeds Volunteer Fire Department Spring Pancake and French Toast Breakfast 6:30 am - 10 am, Serving: French Toast, Pancakes, Eggs, Bacon, Sausage, Ham, Home Fries, Coffee, Cider and OJ

Adults \$10, kids 4-12 \$6, under 4 Free. Funds Raised will purchase Personal Protective Gear

Apr 12
BRUNSWICK -- The 2024-25 UUCB Concerts for a Cause Series season will include folk, jazz, blues,

celtic, and choral singing for justice. This season's charities receiving 100% of the profits from the concert are Brunswick Area Teen Center and Maine Family Planning. For further details about the concerts, go to <https://www.uubrunswick.org/events/>.

Guy Davis - Sat, April 12, 2025 at 7:30 pm. Doors open 7:00 pm.

Guy Davis is a two-time, back-to-back Grammy nominee for Best Traditional Blues, a musician, actor, author, and songwriter. Guy uses a blend of Roots, Blues, Folk, Rock, Rap, Spoken Word, and World Music to comment on, and address, the frustrations of social injustice, touching on historical events, and common life struggles.

Tickets are \$25 in advance, \$30 at the door, and \$10 for students/children. Available at the church office, Gulf of Maine Books, or at ticketstripe.com/guy-davis.

Apr 15
TURNER -- Music for Mavis" hosts 2025 Cabin Fever Concerts at 98 MATHEWS WAY, OFF RT. 117 TURNER CENTER. 6:00-7:30 PM. Leave the winter blues behind and enjoy music with your fellow music lovers, right beside the gazebo, downstairs

in the TPLibrary Building. The music is as follows:

April 15: Jim Galant and Billy Belskis, Instrumentals/blues/Celtic/a mix

Apr 16
LEWISTON -- The Androscoggin Retired Educators' Association will meet at 10:30 on Wednesday April 16th at Montello Heights, 55 College St., Lewiston, Maine. Coffee will be available at 10:00, so come early and socialize with friends. The cost of the luncheon meal is \$12. Checks should be made out to AREA. Send reservations to Gina Fuller, 36 Elliott Ave, Lewiston, Maine 04240.

Apr 17
FRYEBURG -- South African musician McCoy Mrubata will be returning to the LHE/PAC's Bradley Backstage on April 17th, at 7:00PM. Mrubata will be joined by his musical collaborator, guitarist Gary Wittner.

Apr 22
LEWISTON -- Celebrate Earth Day at the Lewiston Public Library in the Children's Department on Tuesday, April 22, from 5:00 p.m. to 6:30 p.m. Children will learn about the importance of Earth Day and the ways they can reduce, reuse, and recycle. By using bottle caps, recycled paper, and plastic bags, children can create stylish friendship bracelets, goofy puppets, or adorable mini pets. This program is recommended for elementary-aged kids 6-14

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Apr 22
LEWISTON -- At 11am Chewonki will present their traveling natural history program, Owls of Maine: Habits and Adaptations of Maine's Native Owls in Calahan Hall at Lewiston Public Library. This program includes an intimate and detailed look at a live owl, bringing these creatures of the night into the light! Free. No registration required. All ages are welcome to attend.

Apr 22-26
LEWISTON -- Join

us at the Lewiston Public Library for Make an Owl Friend in the Children's Department on the 3rd floor from April 22nd-26th. Come create your very own owl friend out of paper and feathers. Make an owl to take home or create one for display at the Lewiston Public Library. Use crayons, colored pencils, feathers and glue to decorate your paper owl. All materials are provided. Free. In person. For more information contact the Children's Department at 513-3133 or LPLKids@LewistonMaine.gov

Westbrook City Band holding free concert

WESTBROOK, ME -- Join the Westbrook City Band as our 35-piece concert band plays toe-tapping fun and familiar music for all ages -- show tunes, marches, and patriotic tunes!

Tuesday, April 15, 2025 7PM - 8PM
 Westbrook Community Center
 426 Bridge St. Westbrook, ME 04092

GORHAM LITTLE LEAGUE

Field Funding Campaign

The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
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- Repair dugouts and fencing, build storage centers
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- Acquire tarps and field maintenance equipment
- Add scoreboards

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SENIOR TRIPS

If interested in any of the following trips or upcoming trips, please contact Claire Bilodeau at 784-0302 or Cindy Boyd at 345-9569. If we are not available, please leave a message and we will call you as soon as we can.

SEPTEMBER 15 - 18, 2025 - THE GRAND CANYON OF PENNSYLVANIA - Trip includes 3 nights lodging, 3 breakfasts and 3 dinners including the historic Peter Herdic House and The Carriage House. Highlights of this tour are Susquehanna River Cruise, Pennsylvania Grand Canyon Wagon Tour, Millionaires Row Tour, Thomas Taber Mu-

seum, Historic Rowley House and much more. A \$75.00 deposit is due upon signing up. Price of this trip is \$769.00 pp double occupancy and \$918.00 for a single. Final payment is due July 17, 2025.

OCTOBER 6 – 10, 2025 – ATLANTIC CITY, CAPE MAY, & PHILADELPHIA - Trip includes 5 days and 4 nights lodging, 4 breakfasts and 4 dinners and a free casino bonus for those who want to gamble. Guided tour of Philadelphia including Liberty Bell, Independence Hall, Betsy Ross House, the Federal Reserve and Mint. Then off to Cape May with a Trolley Tour of the Victorian Mansions of Cape May and a walking tour of a historic Victorian Home. We travel to Cape May Point and the famous Cape May Lighthouse. Our next day is a free day in Atlantic City to do as you please. Take in a show, do some gaming or just stroll down Atlantic City's Famous Boardwalk. A **\$75.00 deposit per person is due upon signing up. The price for this trip is \$849.00 per person double occupancy. Add \$210.00 for single occupancy.**

Final Payment is due 7/30/25.

NOVEMBER 16-26, 2025 – CLASSICAL GREECE - Price includes round trip air from Logan International Airport, hotel transfers and all transportation while on tour. Trip also includes 16 meals (9 breakfasts, 1 luncheon, and 6 dinners). Highlights of this tour are Athens, the Acropolis and Parthenon, Delphi, Olympia and Ancient Mycenae. You will visit a Greek Farm, have a Cooking Class, Greek Dance Class, and visit two remote monasteries. We will also have a tasting of local wines, olive oil and sweets.

APRIL 14 - 22, 2026 - HOLLAND AND BELGIUM SPRINGTIME CRUISE - Trip includes 9 days and 20 meals. Highlights are 7 Night River Cruise, Amsterdam with Canal Cruise, Keukenhof Gardens, Middelburg, Belgium Waterways, Scenic Sail, Bruges, Antwerp, Kinderdijk Windmills. Ship is the MS Amadeus Brilliant. Included in price is round trip air from Logan International Airport and all Hotel Transfers. Deposit is \$898.00 pp plus \$699.00 if you

want travel protection. Rates vary depending on the cabin category you choose.

SEPTEMBER 20 - 28, 2026 - DISCOVER PAINTED CANYONS OF THE WEST - Trip includes 9 days and 11 meals. Highlights are Colorado National Park, Wine tasting in the midst of Colorado Wine Country. Moab, Arches National Park, Canyonlands National Park, Dead Horse Point State Park, Capitol Reef State Park, Bryce Canyon National Park and Zion National Park all in Utah, last day in Vegas. Included in price is round trip air from Logan International Airport and all Hotel Transfers. Deposit is \$698.00 pp plus \$429.00 if you want travel protection.

If you are interested in any of these trips or for more information, please contact Claire at 784-0302 or Cindy at 345-9569.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

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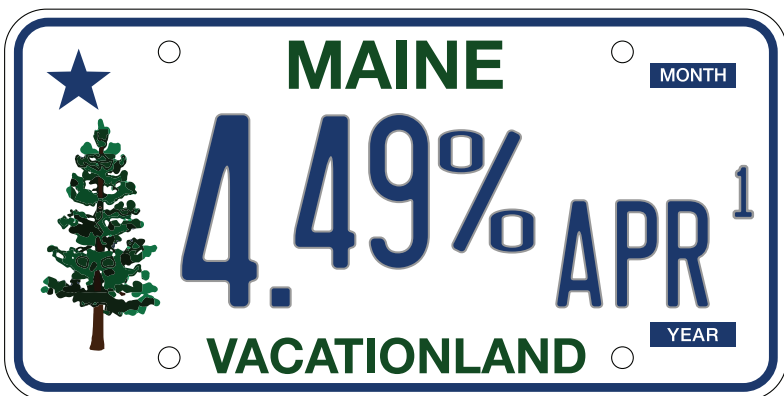
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