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SAN ANGELO'S FAMOUS CLOCK SHOP

Tumbleweed Smith



Martin Valis repairs clocks and watches at his shop in downtown San Angelo.

"One day I work on watches and the next day I work on clocks. It just all depends on what needs to be done next."

He's been repairing clocks and watches fifty-seven years.

"At any one time, we have probably two

Tumbleweed Smith hundred clocks in here for repair or sale or whatever." He held up a clock and said: "This is an old kitchen clock, probably made back in the early 1900s. These were always in the kitchen of grandpa's house. It had to be loud enough so that he could hear it back in the bedroom so he knew when to get up in the morning. That's the reason for the loud bonging. Back in the early 1900s you could buy this clock from anywhere from seven dollars and fifty cents to about ten dollars. Now, they're around five to six hundred.

"I have my watch bench and we have our clock benches that we work on. The clock bench is lower than the watch benches in order to repair watches, you've got to get really close to them. You do a lot of microscopic work. When you work on watches you just use one eye because of the magnification. I've worn glasses since I was seventeen and my eyesight is right at 20/20."

His shop is full of grandfather clocks. "I don't know how many thousands we've worked on the last fifty years. We've got like thirty-one in here now. Some of them are in for repairs and some of them are for sale. The grandchildren now will tell us 'We want to have it fixed so it runs.' I'm working on an old pocket watch right now a lady is giving to her grandson when he graduates from college. Yesterday, I worked on a mantel clock all day long for a fellow that brought it in and got it running again. That might be the reason why there's not more clocksmiths around. It's so time consuming and you have to do it right or the clock won't run. You can spend three days working on one clock for three hundred dollars. A kid can pull out a motherboard on a computer and stick another one in in ten minutes and charge six hundred and people pay it!"

Some of the clocks he repairs are from all parts of the country.

"Snowbirds come in from someplace like Minnesota. They bring the clock in and on the way back to Minnesota, they pick it up and take it back home."

Two of his daughters and one granddaughter paid their way through college by repairing clocks.

"They're probably better at it than I am.

"It's fun to go to work every day. You know, that's the whole reason we're here. I don't have to work anymore, but it keeps me going. It's a labor of love. I've done it so long and have so many friends through this business."

Tumbleweed Smith to be inducted into the Texas Radio Hall of Fame This Year in November.

Tumbleweed Smith, originator and producer of THE SOUND OF TEXAS radio series will be inducted into the Texas Radio Hall of Fame on November 1st in the Broadcast Museum in Kilgore. After 9 years in radio and television news, Tumbleweed decided features were what he really liked to do. "It was sort of an experiment in free enterprise," he says. "I wanted to see if I could make a living doing what I really like to do."

The syndicated statewide radio series began August 1, 1969 and covers Texas history folklore, small towns, unique events and most of all the state's colorful characters and storytellers. He has conducted over 14,000 interviews which will go into the oral history department archives at Baylor University. Tumbleweed has also had a syndicated newspaper column for more than 40 years.

He lives in Big Spring with his wife, Susan. They have two sons, four grandsons and one great grandson.

WORD SEARCH (Comedy Movies 2)

Find and circle all of the comedy movies that are hidden in the grid.

The remaining letters spell an additional comedy movie.

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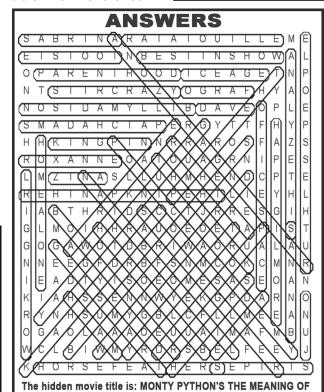
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Rex Stovall

Memorial service for Rex Stovall, age 71 of Sulphur Springs, Texas, will be held at 2:30 p.m. on Friday, August 15, 2025, at Murray-Orwosky Funeral Home in Sulphur Springs, Texas. Visitation will be held one hour prior to the service from 1:30-2:30 p.m. Mr. Stovall passed away at Sincerity Homestead in Greenville, Texas, on Sunday, August 10, 2025, after a courageous 20-year battle with Parkinson's.

Rex Franklin Stovall as born on April 1, 1954, in Dallas, Texas, to Warren Range and Ethel Marie (Raney) Stovall. He married Jan Carol Wilson in Dallas, Texas, on August 17, 1974. Rex graduated from Bryan Adams High School and then obtained an associate's degree from Eastfield College in Dallas. He joined the Dallas Fire Department in 1976 — a job and brotherhood he loved. After serving 31 years, he retired from Station 39 as a Lieutenant. He was an avid weightlifter and loved playing golf. For many years Rex coached youth soccer in Sulphur Springs and served as President of the Sulphur Springs Soccer Association. He worked part-time for Sears installing garage doors for 30 years.

Rex is survived by his wife of over 50 years, Jan Stovall of Sulphur Springs, Texas; son, Jeff Stovall and spouse Stephanie of Flower Mound, Texas; daughter, Holly Stovall of Arlington, Texas; grandchildren, Audrey Stovall, Allie Stovall, and Avery Stovall; sister, Sheila Stovall of Denver, Colorado; sister, Theresa and spouse Kenneth Williams of Georgetown, Texas; double first cousins, Warren Stovall of Tampa, Florida, Clyde Stovall of Atlanta, Georgia, Ruth Stovall and spouse Billie Phillips of McKinney, Texas; and numerous other cousins, nieces, and nephews.

He was preceded in death by his parents, Warren and Ethel Stovall; daughter, Melody Beth Stovall; and an aunt & uncle who were like parents to him, Jesse and Mary Stovall.

In lieu of flowers, the family asks that you consider a memorial donation to the Parkinson's Foundation, the Hopkins County Genealogical Society, or the Hopkins County Museum and Heritage Park.



Sherri Lynn Ferrell February 3, 1958 — August 7, 2025

Memorial service for Sherri Lynn Ferrell, age 67, of Sulphur Springs, Texas will be held at 11:00 a.m. on Saturday, August 16, 2025 at Murray-Orwosky Funeral Home in Sulphur Springs, Texas with Bro. David Burns officiating. A private inurnment will be held at Posey Cemetery at a later date. Visitation will be held one hour prior to the service from 10:00-11:00 a.m. at Murray-Orwosky Funeral Home. Mrs. Ferrell passed away at her home on Thursday, August 7, 2025. Sherri Lynn Ferrell wasborn on February 3, 1958 in Sulphur Springs, Texas to James Andrian and Mattie Lou (Joslin)

Tucker. She married Paul Steven Ferrell in Birthright, Texas on April 15, 1976. Sherri was a cafeteria manager for the Sulphur Springs Independent School District for many years. Sherri loved her family and especially enjoyed spending time with her grandchildren and great-grandchildren. She was a member of the Birthright Baptist Church.

Sherri is survived by her children, Bridget Lemond (Paul) of Dike, Texas and Cory Ferrell of Sulphur Springs, Texas; grandchildren, Railey Jenkins (Jess) of Emory, Texas, Weston Lemond of Dike, Texas, and Kenny Lemond of Dike Texas; great-grandchildren, Jordon Jenkins, Jasper Jenkins, and Jamey Jenkins; siblings, Nancy Large of Mammoth, Arizona, Rita Martin of Tucson, Arizona, Carla Dixon (Darreyl) of Sulphur Springs, Texas, Mike Tucker of Sulphur Springs, Texas, and Archie Tucker (Linda) of Sulphur Springs, Texas. She was preceded in death by her brother, James Tucker of Point, Texas; sister, Patsy Large of Tucson, Arizona; and brother-in-law, Danny

In lieu of flowers, the family asks that you consider a donation to the Posey Cemetery Association or the Birthright Baptist Church in her memory.



Large of Mammoth, Arizona.

Cleve Williams

July 15, 1937 — August 6, 2025

A funeral service for Cleve Williams, age 88, of Sulphur Springs, Texas was held at 2:00 p.m. on Saturday, August 9, 2025 at Murray-Orwosky Funeral Home in Sulphur Springs. Interment followed at Restlawn Memorial Park. Visitation was held one hour prior to the service from 1:00-2:00 p.m. at Murray-Orwosky Funeral Home. Mr. Williams passed away at his home on Wednesday, August 6, 2025.





Glutathione: The Master Antioxidant Your Body Can't Thrive Without

In the world of wellness, certain nutrients get all the attention, vitamin C for immunity, collagen for skin, magnesium for relaxation. But there's one molecule quietly working behind the scenes that plays a critical role in your health and longevity: glutathione. Often called the "master antioxidant," glutathione protects every cell in your body, supports detoxification, and helps you stay resilient against the daily stressors of modern life.

Glutathione is a small but mighty compound made of three amino acids—glutamine, cysteine, and glycine. Your body naturally produces it, but production can be disrupted by factors such as chronic stress, poor diet, environmental toxins, certain medications, and the natural aging process. Think of glutathione as your body's internal cleaning crew and repair team rolled



Gabriela Camacho

into one, it mops up harmful free radicals, recycles other antioxidants like vitamins C and E, and repairs oxidative damage before it leads to illness.

One of glutathione's most important jobs is detoxification. The liver, your body's primary detox organ, relies on glutathione to neutralize and eliminate toxins, heavy metals, and waste products. Without adequate glutathione levels, your detox pathways can become sluggish, leaving you more vulnerable to inflammation, fatigue, brain fog, and chronic disease. This is why low glutathione has been linked to conditions ranging from autoimmune disorders and cardiovascular disease to neurodegenerative diseases like Parkinson's and Alzheimer's.

Glutathione also plays a pivotal role in immune health. It not only supports the production and activity of immune cells but also helps regulate the inflammatory response, keeping it in balance. This makes glutathione especially important during times of illness, recovery from surgery, or high stress, when your immune system needs extra support.

From a wellness and beauty standpoint, glutathione's benefits are equally impressive. Its power-ful antioxidant action helps protect skin cells from UV damage and pollution, which accelerates aging. Many people notice brighter, clearer skin and improved complexion when their glutathione levels are optimal. In fact, IV glutathione therapy has become a sought-after treatment in wellness clinics for both its health benefits and its aesthetic perks.

The challenge is that glutathione is easily depleted. Modern life exposes us to a constant barrage of oxidative stress, from processed foods and alcohol to poor sleep and environmental pollutants. While the body can make glutathione, its production drops naturally with age, making supplementation an important consideration for many adults.

You can support your glutathione levels through diet (foods rich in sulfur like garlic, onions, and cruciferous vegetables), regular exercise, stress reduction, and targeted supplementation. For those with greater needs—such as individuals with chronic illness or high toxin exposure—IV glutathione therapy offers a direct, highly bioavailable boost.

In the landscape of wellness, glutathione stands out as a cornerstone of cellular health, detoxification, immunity, and longevity. It's not just another nutrient on the list, it's the one that keeps your body's entire defense system running at its best. If you're serious about protecting your health and aging gracefully, glutathione deserves a place at the top of your wellness strategy.



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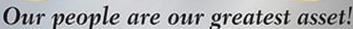












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