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August 14, 2025

Updates complete at Gorham Schools tennis courts

GORHAM, ME

- Gorham Schools thanks the following groups for making our tennis courts come alive again!

Shaw brothers

Terry, Jeff and the Gorham Public Works

> Beaver-brook Tennis. Gorham Recreation. Gorham Fence.

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SPECIAL SECTION PAGES 7-10

Town of Gorham seeks to fill committee, council seats

GORHAM, ME -The Municipal election will be held on Tuesday, November 4, 2025 for the purpose of electing:

THREE (3) persons for Town Council to serve a 3 year term.

TWO (2) persons for School Committee to serve a 3 year term.

will be available from the Town Clerk's Office beginning on Monday, July 28, 2025. Completed nomination papers must be submitted to the Town Clerk's office no later than 5:00 p.m. on Thursday, September 4, 2025.

Any registered voter of the Town of Gorham, who is interested in running for any of these positions, must submit nomination papers with no less than 35 or more than 50 signatures of persons who are registered voters of the Town of Gor-

Please contact the Town Clerk's Office at 222-1670 if you have any

Clothes galore at Gorham's Mission of Hope Clothes Closet

GORHAM, ME -The FREE Clothes Closet at Cressey Road Church (Mission of Hope Clothes

Closet) is open to all who need Fellowship, Friendship and Clothes. We are located at 81 Cressey Road,

GORHAM · WINDHAM

GREAT FALLS #1 & GREAT FALLS #2

BRIDGE REHABILITATION

WINDHAM CENTER ROAD CLOSURE

Scott Construction Corporation will be closing Windham Center Road to complete the rehabilitation of Great Falls #1 & Great Falls #2 Bridges (6210 & 1529) over the Presumpscot River for the MaineDOT. Great Falls Bridges are located approximately 0.5 miles westerly of River Road. The closure will start at 7:00 am on Monday, August 18th, 2025 and will be open to traffic on or before Wednesday, October 1st, 2025. Detour routes will be provided. If there are any questions please context. Scott Construction at

there are any questions, please contact Scott Construction at 207-899-5709. Maine DOT WIN: 027070.00

Gorham, and we are open on the FIRST and THIRD Saturday of each month from 9 o'clock AM to 12

We focus on clothes and accessories (gloves, scarves, hats, etc.) and welcome your donations during our operating hours. Clean clothes in good shape help the most, as they go right out to help people locally or in nearby communities. An attempt is made to have season appropriate clothes available to you. After we have displayed them for a time, they are donated to our local second-hand shops.

In addition to helping folks find clothes, we want to spend time with you! There are tables to sit, talk and to share a cup of coffee and usually a goodie with volunteers or others. Come see us! You might make a new friend. All are wel-

Celebrate wellness in Gorham by giving blood or platelets

PORTLAND, ME -During National Wellness Month, the American Red Cross encourages people to prioritize their personal health and well-being while helping to save lives with a blood or platelet donation. Donors of all blood types especially those with type O positive or B negative blood - are asked to make an appointment now to prevent a further drop in donor turnout.

In August, the Red Cross will provide free A1C screening - a test commonly used to screen for prediabetes and diabetes - for all donors who make a successful blood, platelet or plasma donation. Fasting is not required for this test, and donors will be able to view their confidential results one to two weeks after their donation in the Blood Donor App or their donor account at Red-CrossBlood.org. Donors will receive one A1C test result in a 12-month period.

August also brings changes in routines. Backto-school plans, the start of fall sports and final summer vacations may be top of mind right now, but patients can't wait. Making and keeping donation appointments can be the difference in a patient's treatment journey.

Help save lives and empower your health! Schedule a time to give now by visiting RedCross-Blood.org, calling 1-800-RED CROSS or by using the Red Cross Blood Donor App. Those who come to give through August 28, 2025, will receive a \$15 e-gift card to a merchant of choice. For details on both offers, visit RedCross-Blood.org/Test.

Upcoming blood donation opportunities Aug. 16-31.

> Cumberland Brunswick

8/22/2025: 9 a.m. -2 p.m., American Legion Post 20, 1 Columbus Drive.

8/27/2025: 12 p.m. - 5 p.m., Elks Lodge, 179 Park

Falmouth

8/27/2025: 10 a.m. - 2 p.m., Lunt Auditorium, 74 Lunt Road.

Freeport 8/25/2025: 9 a.m. -1:30 p.m., Hilton Garden Inn Freeport - Old Town Hall Building, 5 Park

Gorham

8/21/2025: 1 p.m. -5:30 p.m., Cressey Road Christian Church, Cressey Road.

Portland 8/19/2025: 8 a.m. - 2 p.m., UNUM HO3, 2211

Congress St. 8/22/2025: 11 a.m. - 3 p.m., Jewish Community Alliance of Southern

Maine, 1342 Congress St. 8/30/2025: 9 a.m. - 1 p.m., Holiday Inn By the

Bay, 88 Spring Street. South Portland

8/25/2025: 9 a.m. - 1 p.m., Portland Sheraton at Sable Oaks, 200 Sable Oaks Drive.

8/26/2025: 9 a.m. - 1 p.m., Eastpoint Christian Church, 345 Clarks Pond

Westbrook

8/22/2025: 12 p.m. - 4 p.m., Westbrook Community Center, 426 Bridge Street.

8/28/2025: 11 a.m. -3:30 p.m., Bill Dodge Auto Group, 4 Saunders Way.

Windham

8/20/2025: 12 p.m. - 5 p.m., North Windham Veterans Center, 35 Veterans Memorial Drive.

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Sleep Apnea Relief Without a Mask

Struggling with sleep apnea?

St. Mary's now offers Inspire, a breakthrough treatment that helps you breathe naturally at night without a mask or hose.

Call 207-777-8959 to schedule your consultation.

St. Mary's Center for Sleep Disorders ₂ 2 1 Z



Page 2 Thursday, August 14, 2025

Newsmakers, Names & Faces

High- & low-rope challenge course free to the public in August

CHERRYFIELD,

ME – Every Tuesday and Wednesday through August, Maine Seacoast Mission welcomes the public to enjoy its new high- and low-ropes challenge course! Located at the Mission Downeast Campus at 6 Weald Bethel Lane in Cherryfield, the course will be open from 4:00 p.m. to 6:00 p.m. on August 19, 20, 26, and 27. This event is free and open to all ages.

For all ages, individuals and families can experience the course with the Mission's trained and experienced staff. Featuring high and low elements, the Mission's outdoor course offers a combination of horizontal challenges and vertical challenges using wood beams, poles, ropes, and cables. The Mission's challenge course serves the organization's education and community engagement programs as well as service tour volunteers in the Mission's Housing Improvement program.

"When an adult or child tries our challenge course, it is more than an



opportunity to have fun in a safe environment" says Downeast Director Jenny Jones, "Participants also get to test their own perceived limits and work collaboratively with the folks who are also enjoying the course and staff who operate the course."

Helmets, harnesses, and ropes are provided by the Mission as well as course-trained staff. Closed-toe shoes are required to participate. Crocs footwear is not allowed. Children under 18 must be

accompanied by an adult.

Please direct questions to Challenge Course Manager Luke Kremer at lkremer@seacoastmission. org or call (207) 546-4466.

Rooted in a history of compassionate service and mutual trust, Maine Seacoast Mission seeks to strengthen coastal and island communities by educating youth, supporting families, and promoting good health. For more information, please visit https://seacoastmission.

BBB: Tips for back-to-school shopping

As the back-to-school season approaches, parents and students are gearing up for the annual shopping spree. Whether you prefer in-person shopping or browsing online, staying informed and prepared can make this busy time more manageable and cost-effective. Better Business Bureau has tips to help you navigate back-to-school shopping.

Before determining what students may need for the year, set a budget. Planning ahead as much as possible will help keep expenses to a minimum and help everyone involved stay on task.

BBB recommends the following tips when looking for school-related items, either in person or

In-person shopping

Create a shopping list before heading to the store. This helps you stay focused and avoid impulse purchases.

Shop early. To avoid crowds and ensure you get the best selection, start your shopping early in the season.

Compare prices between retailers, save coupons, sign up for email alerts, and redeem any cash-back or rebate offers. This will help you get the best deals and stay within budget.

Check store policies. Be aware of return policies, especially for electronics and clothing, in case you need to make exchanges or returns.

Research big-ticket items

Read reviews. Look for reviews from credible sources to understand the pros and cons of different models.

Check specifications. When buying new equip-

ment, check with your child's school to learn about any technical requirements and determine if any changes are necessary to the home's highspeed internet. Before purchasing an expensive laptop, tablet, or computer accessory, research the brands, warranty, customer reviews, and prices at various stores to ensure the best deal. Also, look up the retailer's reputation on BBB.org.

Look for student discounts. Many tech companies offer discounts for students. Verify eligibility and take advantage of these savings.

Shop smart with sales and tax-free week-ends

Plan ahead. Mark your calendar for upcoming sales and tax-free weekends. These are ideal times to buy school supplies, clothing, and electronics without paying sales tax. Check out this resource from the Federation of Tax Administrators to see what your state offers

Make a priority list. Decide which items are most crucial to purchase during these sales to maximize your savings.

Combine discounts. Look for opportunities to combine store sales with manufacturer rebates or coupons.

Asking for discounts Don't hesitate to ask. When shopping in person, inquire if there are any available discounts, especially for bulk purchases or floor models.

Leverage loyalty programs. Sign up for store loyalty programs, which can offer exclusive discounts and points on purchases.

Use student IDs.

Some store discounts are available to students with either a ".edu" email address or a student ID. If you're a student or have a student in your family, ask if there are any student discounts available.

Visit school supply drives. Many communities and organizations host school supply drives where you can either donate or receive supplies. Check with local schools, community centers, or non-profits.

Consider buying in bulk

Team up with other parents. Consider pooling resources with other parents to buy supplies (like paper towels, tissues, wipes, hand sanitizer) in bulk, which can be more cost-effective.

Warehouse stores.
Check out warehouse clubs for bulk deals on school supplies and snacks.

Shop wisely and safely online

When shopping online, be wary of ads that feature items that imply that you may want or need them based on your search history. Scammers could be trying to drive you to a different website. Take note of the ad and go to the store's website by directly typing into the search bar. Note the website's privacy policy and contact information, and always use a credit card when purchasing

Shop on reputable websites. Ensure you are purchasing from well-known and trusted websites. Look for HTTPS in the URL.

Use secure payment methods. Opt for secure payment methods like credit cards or payment services that offer buyer protection.

By following these tips, you can make your back-to-school shopping experience smoother, safer, and more economical. Whether you're shopping for essentials or splurging on big-ticket items, a little planning and research can go a long way in ensuring you get the best value for your money.

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Send all items for What's Going On to the Editor.
Deadline is Friday by five.

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Brunswick students make their mark on space science

A piece of St. John's Catholic School in Brunswick, Maine, made history as it launched into suborbital space aboard Blue Origin's New Shepard rocket-marking the school's second successful spaceflight experiment in two years. This time, their work flew as part of the first-ever all-female Blue Origin crewed mission, led by Lauren Sanchez.

The student-designed experiment was made possible through Teachers in Space, Inc., a nonprofit committed to bringing authentic space research into classrooms across the country.

Students from St. John's Catholic School gathered together to watch the launch live. It was an unforgettable experience to witness such a historic moment—especially knowing that the payload included an experiment designed by former St. John's middle school students during their time at the school.

The launch was part of an ongoing journey in aerospace science at St. John's.

Middle school students at St. John's played a direct role in designing the Blue Origin experiment, proposing original hypotheses, crafting schematics, and selecting sensors for the CubeSat's payload. With guidance from Teachers in Space, students engaged in real-world engineering, building their experiment to meet strict static-free and precision fabrication standards.

Their experiment investigated three environmental variables during suborbital flight:

Temperature pothesis: If the rocket is launched into suborbital space, then the temperature inside the pressurized cabin will first decrease, then increase, due to atmospheric changes during ascent and descent.

UV Radiation Hypothesis: If the rocket remains within Earth's ozone layer, then UV radiation exposure inside the pressurized cabin will remain stable.

Environmental Sen-Hypothesis: If the cabin is pressurized and stabilized, then gyroscope, accelerometer, and barometric pressure readings will remain relatively con-

"This kind of handson experience is transformative," said Karin Paquin, science teacher and project advisor at St. John's. "When students realize their ideas can actually fly to space—literally—it changes their sense







for space education in

Maine. If you're interested

in learning how to bring

projects like these to your own classroom or school,

be sure to attend the CS

Summer of Fun sessions at

Husson University in Ban-

gor this summer, where

Karin Paquin will co-lead

workshops on implement-

ing space science experi-

ments in the classroom.

of what's possible."

Students expressed awe and pride at seeing their work reach such

"Space has always seemed like a surreal place," said 7th grader Aria. "Seeing kids from a small state like ours design real experiments is just really cool."

6th grader Gracelynn added, "It's inspiring to see you can do something like this no matter where you come from. As a woman, it inspired me."

This historic launch not only highlighted progress in gender equity within aerospace but also underscored the power of student-led STEM education. The St. John's team's work shows that when students are given the tools to explore, create, and question-the sky is not the

It's an exciting time

Landing School of Boatbuilding and Design hosting open houses

ARUNDEL, ME The Landing School of Boatbuilding and Design in Arundel, a non-profit marine trades school, is hosting open houses at



er Rd. on Aug 15 (2-4 12PM).

our campus at 286 Riv- PM) and Aug 25 (10AM-

Lakes Region Senior Center invites Gorham seniors to activities

you are looking for a fun senior center with lots of activities daily, come join us at Little Falls Activity

GORHAM, ME – If Center, 40 Acorn Street, Gorham, Maine. We are open from 8:30 to 2 or 3 pm depending on the activity. Our calendar is online.

Call Gerry Day, President, at 839-3859 for more information

Membership fee is \$20 a year with many perks.

Living Waters Church invites Gorham to Haddock Supper

delicious Try Haddock Supper Buffet - Saturday, August 30, 2025 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$10 Adult, \$5 Child, \$20 Fam-

Please note: We will offer the option of takeout containers for those who do not want to come inside

OUT Maine awards college scholarships to local students

ROCKLAND, ME

- As of August 8th, OUT Maine has awarded a record number of educational scholarships to 7 students across the state.

This year's recipients are Avery Alsop, attending the University of Maine in Orono, Brianna Michaud, attending Southern Maine Community College, Grace Farr, attending the University of Southern Maine, Rose Chaloult, attending Saint Michael's



LIFTING UP MAINE'S QUEER YOUTH

College, Roman Holland, attending Skidmore College, and Sasha Saedan, attending Bennington College. An additional student also received a scholarship to cover textbook costs.

Four of these students are new to the scholarship, and the other three have renewed their award for their continued studies. In total, OUT Maine is sending out See OUT, page 14

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Deadline

Deadline for ads and press releases is 5 p.m. on Friday preceding publication. Published every Thursday's publication.

Press Releases

All submissions, including photos, must be emailed to editor@GorhamWeekly.com.

Proofs

Publisher is not responsible for any errors in ad copy not inspected by advertiser prior to publication.

Nominations open for 2026 Maine Women's Hall of Fame

MAINE – Nominations for the 36th Maine Women's Hall of Fame in 2026 are now being accepted to honor those who have made an outstanding contribution to improving opportunities for all Maine women. Deadline for nomination submissions is Nov. 1.

An organization or individual can nominate an outstanding woman whose achievements have made a significant statewide impact and improved the lives of women in Maine, and whose contributions have enduring value for women. Nomination requirements and submission information are online.

An induction ceremony in the spring, typi-

cally held during Women's History Month in March, will honor the woman or women of achievement selected by an independent panel of judges.

Past inductees to the Maine Women's Hall of Fame include authors, athletes, artists, activists, administrators, political and religious leaders, educators, doctors, lawyers, scientists and college presidents. Among the most recent honorees: physician Julia McDonald, community activist Nancy Fritz and astronaut Jessica Meir. A full list of inductees, starting with Sen. Margaret Chase Smith and women's health advocate Mabel Wadsworth in 1990, is online.

Maine Business and Women/ Professional Maine Futurama Foundation established the Maine Women's Hall of Fame. The Bennett D. Katz Library at the University of Maine at Augusta has a collection of photographs, video recordings and other materials from the Maine Women's Hall of Fame induction ceremonies, as well as a permanent public gallery of inductee portraits.

Maine BPW/Futurama Foundation, working with Maine Community Foundation, awards annual scholarships to outstanding and deserving Maine women to help them achieve economic self-sufficiency.

Send all items for What's Going On to the Editor.
Deadline is Friday by five.

Join "Light the World in Teal" Alzheimer's Awareness Campaign

MAINE – The Alzheimer's Foundation of America (AFA) is inviting sites all over the world – from buildings, bridges, and stadiums to city halls and homes – to sign up for its global "Light the World In Teal" Alzheimer's Awareness initiative.

Sites across the globe will be lighting up in teal—AFA's Alzheimer's awareness color—on November 3 as part of Alzheimer's Awareness Month to spotlight the issue of Alzheimer's disease and show support for all those affected by it.

"Whether it's a sky-



scraper or a single-family home, every structure that signs up for this program helps to raise Alzheimer's awareness, show support, and spark conversations about a growing, global public health crisis that currently affects 55 million people worldwide," said Charles J. Fuschillo, Jr., AFA's President and CEO. "We're grateful to each site that has signed up thus far, and encourage those who haven't to do so, and

help make the teal Alzheimer's awareness spotlight as bright as possible."

No registration fees are required to participate in the program. More than 1,300 sites in all 50 US states and 16 other countries/territories have already signed up to participate in this year's program.

Sites interested in participating in AFA's annual Light the World in Teal Alzheimer's awareness program on November 3 can sign up by visiting www.lighttheworldinteal. com or contacting AFA at 866-232-8484.

August is Emergency Management Awareness Month

MAINE – The Maine Association of Local Emergency Managers (MALEM) is proud to join the International Association of Emergency Managers (IAEM) in recognizing August 2025 as National Emergency Management Awareness Month. This nationwide campaign aims to raise awareness about the

emergency management profession and the critical role emergency managers play in keeping our communities safe and resilient.

Whether responding to a natural disaster, coordinating a public health response, or planning for long-term recovery, emergency managers work behind the scenes every day to protect lives, property, and essential services. These professionals serve in every corner of Maine — from municipal and county emergency management agencies to tribal, state, and federal partners, as well as across sectors like healthcare, higher education, utilities, transportation, and private industry.

"Emergencies and disasters — whether natural, technological, or human-caused — can happen without warning," said MALEM President Aaron Milroy. "This month is an opportunity for Mainers to get to know the professionals in their communities who work year-round to ensure we are prepared and

resilient."

Throughout August, MALEM invites the public to take action:

Learn what emergency management is and why it matters

Find out who your local emergency manager is — in your town, county, workplace, school, or industry

Ask about existing emergency plans and preparedness initiatives in your area

Find out how you can support and partner with your local emergency management office

Whether you're a resident, business owner, or part of a local organization, you have a role to play in community preparedness. Building relationships with emergency managers and understanding your local plans is the first step toward becoming a more informed and resilient community member.

To learn more about National Emergency Management Awareness Month, visit: https:// www.iaem.org/KnowYourEM











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Page 5 Thursday, August 14, 2025

Seniors Not Acting Their Age Searching for Sturgeons on the Kennebec River

"The sturgeons are jumping," my friend, Brent Elwell, reported. He was referring to a recent trip he had taken on the Kennebec River. Paddling the Kennebec is always a pleasure but doing so while watching the sturgeons jump is an exceptional experience.

When I remarked that I'd like to complete a trip on the river while the sturgeons were still running, he suggested an upcoming hot, sunny July day. We had a plan. Emails to the usual suspects resulted in six friends responding in the affirmative.

The sturgeons have been coming to Maine for at least several thousand years, probably much longer since fossils date them as far back as 100 million years. They were a source of food for Native Americans and early European settlers who began commercially harvesting them in the 1600s.

Overharvesting, poor water quality and dams likely caused their significant decline and they were declared an endangered species. In recent years, that has changed on the Kennebec River. Improved water quality and removal of the Edwards Dam in Augusta in 1999 have contributed to a substantial resurgence of the sturgeon population.

Our preferred sector of the Kennebec to paddle is an 9-mile stretch from Sidney to Augusta. There is a quality boat ramp in Sidney at the end of Recreation Drive with ample parking and an excellent takeout at East Side Boat Landing Park in Augusta.

Eight of us met at the boat landing in Augusta on a hot, steamy morning. We left a vehicle to shuttle drivers at the end of the day and drove to the Sidney facility.

The sky was clear and winds nonexistent when we launched in calm water in a wide part of the river. Our entourage consisted of three solo kayaks, a solo canoe, and two tandem canoes. Shortly after embarking, a sturgeon jumped out of the water about 30 vards downriver. The search was on.

One of the first things that many paddlers notice when launching in Sidney is that most of the shoreline is undeveloped until reaching the outskirts of Augusta. The contrast with the takeout in downtown Augusta is striking.

Based on my experience, watching for the sturgeons to leap is a potentially frustrating process. When you're alert and waiting, nothing happens. However, when distracted while in conversation with a fellow paddler, a huge sturgeon often jumps high out of the water and crashes back a few feet away. History repeated itself on this day.

Getting a photo of a sturgeon while still in the air is an even more exasperating undertaking. I've been trying for several years and have yet to even come close. That failure held true on this trip. I've resolved to take lots of photos and eventually one will jump into the picture maybe.

Our sturgeon sightings continued as we progressed south past logging booms that are remnants of a bygone era when millions of logs were transported downriver. Birdlife abounds on this sector of the river. During our voyage, we enjoyed multiple sightings of eagles, hawks, herons, ospreys and ducks. Their presence is likely the result of a plentiful fish

However, the most impressive and stimulating sightings were the perhaps two dozen leaping sturgeons we observed. The



A group of paddlers assemble on the Kennebec River in mir-



where we disembarked at

the landing completing a

very entertaining day of

paddling. Several sturgeon

watchers were gathered

Fresco: The Fifty Finest

Outdoor Adventures in

Maine narrates 17 exciting

trips on Maine's wonderful

in Topsham. His latest book, "Maine Al Fresco:

The Fifty Finest Outdoor

Adventures in Maine" is

available at www.north-

My book, Maine Al

Ron Chase resides

along the shore.

rivers and streams.

Paddlers pass an old logging boom in Sidney

primitive appearing fish, many five to seven feet in length, blast completely clear of the water and land with an explosive crash.

Why sturgeons leap out of the water is an interesting question. Some recent research indicates they may jump to regulate their bladder pressure or to communicate with other sturgeon. Whatever the reason, they put on a spectacular show.

As we approached Augusta, the towering Route 3 Bridge materialized on the horizon high above the river. We stopped on exposed rocks on the left shore just above the bridge for lunch.

Soon after, while sturgeons were seen jumping in the area, we passed the remnants of Edwards Dam and paddled under the rusted remains of a no longer operating railroad bridge.

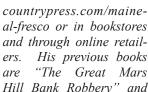
An outgoing tide increased the downstream current entering Augusta al-fresco or in bookstores and through online retail-His previous books "The Great Mars Hill Bank Robbery" and

"Mountains for Mortals -New England." Visit his website at www.ronchaseoutdoors.com or he can be reached at ronchaseoutdoors@comcast.net.



Canoeists watch for sturgeon while paddling the Kennebec

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Page 6 Thursday. August 14. 2025



Friends of The Mountain Division Trail legislative update

MAINE - Big news on the trail until rail movement in Maine. The Mountain Division Rail Trail was joined by three other rail trail efforts which have now completed the Rail Use Advisory Council (RUAC) process as required by law. All RUACs recommended by significant majority vote that the rails be removed and a trail until rail be constructed for recreational us. The Commissioner of MDOT concurred with the RU-ACs recommendation and secured legislator sponsors and the legislation (LD29 and LD30) was submitted to the Transportation Committee.



The Committee received hundreds of testimonies (in person and written) in favor of the legislation and recommended approval following this extensive review. The legislation was approved by the House (5/28/25) and the Senate (6/18/25) and signed into law by Governor Mills on 6/20/25. Quite a process which involved

representatives from all the towns through which the rail trails pass, state agency representatives, and key interested local organizations.

Key details:

Authorizes MDOT to remove the tracks and replace with a trail until rail.

Replacement: Tracks will be replaced with an interim bicycle and pedestrian trail.

Funding: The project is subject to available funding, permitting, and municipal agreements.

Recommendation Process: The decision was based on recommendations from the Lower Road Rail

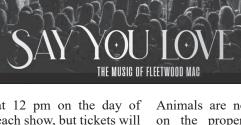
See Trail, page 11

Arts Jubilee presents the music of Fleetwood Mac tonight!

Conway, NH – Arts Jubilee's 42nd Summer Concert Series comes to an end next Thursday, August 14th at Cranmore Mountain. The final show features Say You Love Me: New England's Premier Fleetwood Mac Tribute. Local trio Lighthouse Louie will open the show at 6 pm, followed by Say You Love Me at 7.

Say You Love Me has been performing for nearly seven years. Comprised of some of Portland, Maine's finest musicians and friends, this 10-piece powerhouse brings decades of beloved Fleetwood tunes to the stage.

Admission is \$20 for adults, \$15 for seniors, \$5 for students, and free for kids 12 and under. You can pre-order tickets online at www.artsjubilee.org or pay at the gate on the night of the show starting at 5:30 pm. Please note that online sales close



at 12 pm on the day of each show, but tickets will always be available at the front gate.

Arts Jubilee concerts are 'rain or shine' with the exception of rare circumstances, so concertgoers are advised to come prepared as they would to any outdoor event. Parking is free, food and beverages are available for purchase on site, and there will be a raffle for a variety of prizes at every concert. Seating is not provided at the venue, so concertgoers are encouraged to bring a lawn chair or blanket.

Animals are not allowed on the property except for leashed service dogs. There is an elevator located next to the front gate for handicap accessibility.

Special thanks to Cranmore Mountain (Host Sponsor), White Mountain Oil & Propane (Season Sponsor), The Fairfield Inn by Marriott (Lodging Sponsor), the Conway Daily Sun and Conway Broadcasting radio stations (Media Sponsors), and all of our valued sponsors. For more information please visit www. artsjubilee.org.





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Lewiston-Auburn Balloon Festival is this weekend August 15-17 Meet L-A Balloon Festival's 2025 balloons

















Balloon Festival Parade has something for everyone



Everybody loves a parade! Whether you're for the music, the balloons, the vintage cars or just to see who's wearing the most sparkles, the Lewiston-Auburn Balloon Festival parade has something for everyone. Make sure to hunker down in your front-row seat on Sat., Aug. 16 at 10 AM.

will roll:

Kickoff at Elm & Main in Auburn

Cruise down Main Street through New Auburn – wave like you mean it!

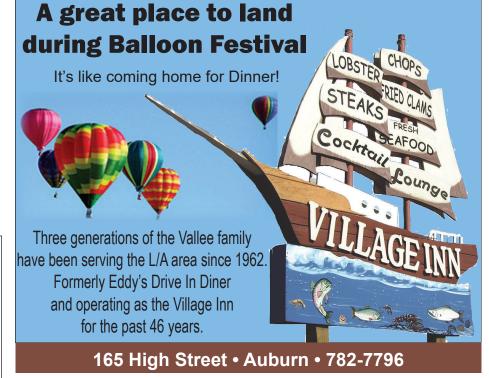
Float over the Bernard Lown Peace Bridge into Lewiston via Cedar Street – keep it zen in the ing? Drop a line to ham-Quiet Zone (from Cedar in lyn300@gmail.com Here's how the parade Auburn to Lincoln Street in join the fun!

Lewiston)

Trek on through to Lincoln Street

Wrap up at Beech Street or just keep rolling down Lincoln if the energy's too good to stop.

Wanna be in the parade instead of just watch-







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Page 8 Thursday, August 14, 2025

THE WISH BALLOOM FISHER

Friday, Aug. 15
Balloon Launch, Simard Payne Park 6:00 AM
Food Vendors 4:00
PM-10:00 PM

Carnival, Lincoln St. Lewiston, near Station Grille 4:00 PM–10:00 PM Artisan/Makers Fair and Trade Show, Simard Payne Park 4:00 PM–8:00 PM. Hundreds of talented makers will feature crafted soaps, woodworking, crochet plush pals, candles.

chet plush pals, candles, jewelry, artwork, handcrafted baskets, stained glass, pottery, embroidery, and so much more!

Medieval Tent Ac-

Medieval Tent Activities, Simard Payne Park, Amphitheater 4:00 PM-8:00 PM. Join the Society for Creative Anachronism, an immersive his-

tory group where you can experience tournaments, royal courts, feasts, and dancing, and learn how to recreate crafts and skills of the pre-17th century world. Friday's Activities include fiber and arts displays and medieval caricatures.

Live Music: Country Roads, Main Stage at Simard Payne Park 4:30 PM - 6:00 PM. Hailing from Southern Maine, Country Roads delivers the best of today's modern country, covering hits from Luke Combs, Tim McGraw, George Strait, Jason Aldean, Johnny Cash, and more. Whether you're two-stepping, line dancing, or just singing along, this high-energy performance is all about great music, good company, and plenty

Balloon Launch, Simard Payne Park 6:00 PM

Balloon Tether Rides, Simard Payne Park 6:15 PM – 9:00 PM

L-A Balloon Festival Schedule

Live Music: Violinist Mavy Ho-Le, Main Stage at Simard Payne Park 6:45 PM – 7:15 PM. At 21 years old, Mavy Ho-Le is undoubtedly an up-and-coming force to be reckoned with in the instrumental world. Her unique styles of performing combined with choreographed numbers makes her stand out from a traditional classical string setting.

Live Music: Traveller - The Chris Stapleton Experience, Main Stage at Simard Payne Park 7:30 PM-10:00 PM. Traveller is a music project dedicated to re-creating the music of Chris Stapleton. These A-list seasoned musicians got together and put together a show that will have you screaming for



more. From Alec Antobenedetto's uncanny vocal resemblance to Chris Stapleton, Tina Daurizio with her magical Morgane Stapleton background vocal harmonies, Leo Melanson's amazing pedal steel tapestries, Jay Tullio's whiskey-tinged guitar lines, Kyle Murphy's weaving of Acoustic Guitar; background vocals, Dave Hines velvety smooth bass lines to world-renowned drummer Joe Donnelly laying down the foundation of this band. This show will have you screaming for more long after it's over.

Moon Glow Primary, Simard Payne Park 8:30 PM-9:00 PM

Saturday, Aug. 16
Balloon Launch, Simard Payne Park 6:00 AM
Pancake Breakfast,
Simard Payne Park – Big
Tent 6:00 AM – 10:00 AM

Balloon Tether Rides.

Simard Payne Park 7:15 AM – 10:00 AM

Parade, Parade Route Coming Soon 10:00 AM – 11:00 AM

Medieval Tent Activities, Simard Payne Park 10:00 AM-7:00 PM. Join the Society for Creative Anachronism, an immersive history group where you can experience tournaments, royal courts, feasts, and dancing, and learn how to recreate crafts and skills of the pre-17th century world. All day activities include: Fiber and arts demonstrations; Youth activities; Medieval Caricatures; Forge demonstra-

Carnival, Lincoln St. Lewiston, near Station Grille 10:00 AM–10:00 PM

Food Vendors, Simard Payne Park 11:00 AM-10:00 PM

See Schedule, next page

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Schedule

Continued from previous page

Pups in the Air, Simard Payne Park 11:00 AM -11:45 AM

Live Music: Jody Boys, Main Stage at Simard Payne Park 11:45 AM – 1:15 PM. Jody Boys is a fun party band who cover great hits from the 70's, 80's and 90's with a few surprises from all over. If your looking to enjoy some good diverse music this band likes to rock!

Artisan/Makers Fair and Trade Show, Simard Payne Park 12:00 PM – 8:00 PM. Join us for an Artisan/Makers Fair & Trade Show presented by Maine Micro Artisans. Hundreds of talented makers will feature crafted soaps, woodworking, crochet plush pals, candles, jewelry, artwork, handcrafted baskets, stained glass, pottery, embroidery, and so much more!

Tour the Basilica, Pickup at LABF Entrance Oxford and Beech Sts. 12:00 PM – 3:00 PM

"Blue, Brews and Cruise" Classic Car Show, Festival Plaza and Main St. in Auburn 12:00 PM-5:00 PM. Join the City of Auburn for the 7th annual Auburn Blues, Brews & Cruise! Head to Main Street/Festival Plaza in the heart of downtown Auburn on Saturday, August 16 from Noon to 5:00PM. Enjoy incredible LIVE blues by Bad Daddy, Matt & The Barnburners, Kimball, Goodman & Miller, and Continental Shakedown. There will be food trucks, delicious local craft brews, a classic car show and fun for all ages! Admission is free. Learn more at: www. auburnblues.com

Pups in the Air, Simard Payne Park 1:00 PM – 1:45 PM

Live Music: Bazinga! Main Stage @ Simard Payne Park 2:00 PM – 3:45 PM. Bazinga! will energize the crowd with a dynamic mix of 90s hits to now hits, from alt-rock anthems

to smooth R&B grooves contemporary favorites. It's the perfect recipe for a high-energy concert vibe to put your dancing shoes

Live Music: Ocean House Road Band, Main Stage @ Simard Payne Park 4:00 PM – 5:45 PM. Ocean House Road Band members grew up in the 1960's and 1970's. We witnessed the greatest evolution of music in the history of the western world; folk music, Motown, rock and roll, folk rock, blues and yep, blues rock. We saw the great ones perform.

Balloon Launch, Simard Payne Park 6:00 PM

Balloon Tether Rides, Simard Payne Park 7:15 PM – 9:00 PM

Live Music: Denny Breau, Main Stage @ Simard Payne Park 6:45 PM – 7:30 PM. Denny Breau legendary guitarist and singer/songwriter Denny Breau will mesmerize the audience with his flawless rhythm and stunning six-string guitar work, blending

folk, Delta blues, country, and jazz effortlessly

Live Music: Motor Booty Affair, Main Stage @ Simard Payne Park 7:30 PM-10:00 PM. Motor Booty Affair has been lighting up stages across America with their 70's extravaganza for several years, continually improving on the show that has been dubbed "The Ultimate Disco Party Band". It is their mission to get the crowd groovin' as they deliver hits from Earth Wind & amp; Fire, The Bee-Gees, KC and the Sunshine Band, Chic, The Commodores, Barry White, Abba and more. They will create an event you will never forget. Make sure you bring your boogie shoes because no matter how big the dance floor is - it's always packed from the first song to the last!

Sunday, Aug. 17

Balloon Launch, Simard Payne Park 6:00 AM

Pancake Breakfast, Simard Payne Park – Big Tent 6:00 AM – 10:00 AM

Balloon Tether Rides, Simard Payne Park 7:15 AM – 10:00 AM

Lewiston Farmer's Market, Oxford St. & Cross St. 9:30 AM – 2:00 PM. The Lewiston Farmers' Market offers visitors a chance to connect with one another and shop for a wide variety of fresh, delicious, local foods and goods while fostering a vibrant downtown and building a strong community and local economy.

Family Fun Day, Simard Payne Park 9:00 AM – 1:00 PM

Pups in the Air, Simard Payne Park 9:30 AM – 10:15 PM

Pony Rides, Simard Payne Park 9:30 AM – 6:00 PM

Food Vendors, Simard Payne Park 11:00 AM – 8:00 PM

Live Music: Camp of Rock, Main Stage @ Simard Payne Park 10:15 AM – 11:00 AM. Camp of Rock will start your Sunday with the youthful energy of Camp of Rock. These talented summer camp students will perform rock classics from Heart, The Kings, The Black Crowes, and Led Zeppelin.

Artisan/Makers Fair and Trade Show, Simard Payne Park 12:00 PM – 7:00 PM. Hundreds of talented makers will feature crafted soaps, woodworking, crochet plush pals, candles, jewelry, artwork, handcrafted baskets, stained glass, pottery, embroidery, and so much more!

Tour the Basilica, Pickup at Entrance 12:00 PM – 3:00 PM

Live Music: Maine's Got Talent Top 3 Winners, Main Stage @ Simard Payne Park 11:15 AM – 12:00 PM

Pups in the Air, Simard Payne Park 12:15 AM – 1:00 PM

Live Music: Snarky Sisterz, Main Stage @ Simard Payne Park 1:00 PM – 2:15 PM

Diana Quinn and Lisa Ann Wright are the Snarky Sisterz, a DC-based duo that defies categorization! The Snarky Sisterz play an eclectic mix of clever originals and covers, from bluegrass to the Beatles, 20s standards to punk, and on to roots rock, Americana, blues, 60s girl group songs, and even a smidgeon of jazz. www.snarkysisterz.com

Live Music: Rumor Has It, Main Stage @ Simard Payne Park 2:30 PM - 3:45 PM. Rumor Has It are all about having fun, engaging the crowd and



Lewiston-Auburn Balloon Festival

The Balloons are BACK...and so is the CARNIVAL



playing music that everyone enjoys. They play a wide variety of music traversing decades and multiple genres!

Live Music: Taylor Hughes, Main Stage @ Simard Payne Park 4:00 PM - 6:00 PM. Taylor Hughes is a New Hampshire homegrown country singer. He started singing when he was very young. His musical drive is to bring storytelling and traditional country music. He's performed all around New England and has sold out performances at the Bank of New Hampshire stage.

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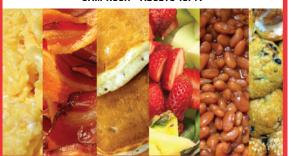
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Enter the Balloon Festival Photo Contest

Got a great eye and love for balloon-filled skies? Enter the Lewiston-Auburn Balloon Festival Photo Contest for a chance to win awesome prizes and even more importantly, win smiles across our community

Whether you're snapping sunrise lift-offs, glowing evening skies, or joyful festival faces, we want to see your favorite moments from the Lewiston-Auburn Balloon Festival Aug. 15–17, 2025 at Simard-Payne Park in Lewiston!

Open to all amateur & professional photographers



Unlimited entries al-

Digital photos only, JPEG, 300 dpi

For full contest rules, visit www.laballoonfest.org



Pups in the Air takes flight at L-A Balloon Festival 2025

Up, pup, and away! Get ready for tails waggin' and frisbees flyin'! Pups In The Air lands at the 2025 Lewiston-Auburn Balloon Festival!

These paws-itively amazing Disc Doggers and their talented four-legged friends will leap, spin, and soar on the Main Field at Simard-Payne Park, 46 Beech St., Lewiston. Catch their high-flying fun: Sat., Aug. 16 at 11:00 AM and at 1 PM Sun., Aug. 17 at 9:30 AM and 12:15 PM.

This year's "cast" is full of seasoned pros from national competition qualifiers to top notch disc champs from all over New

England.

Bring the kids. Bring your friends. Get ready to be fur-tunately amazed!

This year's "cast" is full of seasoned pros from national competition qualifiers to top-notch disc champs from all over New England.

Send all items for What's Going On to the Editor.
Deadline is Friday by five.





2024 Balloon festival photo by Izzac MacDonald



2024 Balloon festival photo





Thursday, August 14, 2025

ELG: National Mesothelioma Registry urgently needed

Contributed by The Environmental Litigation Group P.C. (ELG)

AUBURN, ME – The Environmental Litigation Group P.C. (ELG) calls on the federal government to create a national mesothelioma registry to combat the concerning rates of misdiagnosis affecting veterans in Maine and throughout the country. By establishing a comprehensive database, the firm is optimistic that authorities and healthcare providers can enhance early detection, improve data sharing, and ensure timely and appropriate treatment for patients disproportionately impacted by this deadly asbestos-related disease.

"Veterans are paying the price for our fragmented healthcare system's failure to connect their exposure history with mesothelioma's early warning signs. And this issue demands immediate attention. Let us remember that we owe them more than delayed diagnoses and missed chances. More importantly, we owe them a system that recognizes them and supports their needs," said Jonathan Sharp, the Chief Financial Officer (CFO) of the ELG.

First documented in 1767, mesothelioma has since become notorious for being an aggressive and lethal cancer that continues to take a heavy toll on veterans and the general public. Research shows that this disease is almost exclu-

sively linked to exposure to asbestos, a fibrous mineral that naturally occurs in certain types of rock. Due to its thermal resistance and insulating properties, this material was widely used in various industries and by the military, especially throughout the 20th century. Consequently, service members stationed at contaminated sites were likely exposed to this dangerous mineral, putting them at a high risk of developing mesothelioma later in life.

Currently, about 30% of the nearly 3,000 annual mesothelioma diagnoses in the US occur among veterans. Despite the growing awareness about this public health concern, diagnostic errors remain alarmingly common. A recent analysis indicates that 80.8% of stage 1 mesothelioma findings were initially misdiagnosed, often delaying treatment until the disease had advanced further. Similarly, 69.5% of stage 2 patients and 35.4% of those at stage 3 were misclassified. Even stage 4 cases, typically more definitive, still saw a 12.8% misdiagnosis rate. These incorrect diagnoses have tragically led to devastating outcomes.

Between 1999 and 2017, Maine alone reported 2,490 asbestos-related deaths, wherein 447 were attributed to mesothelioma and 278 to asbestosis. Androscoggin County, in particular, recorded 204

fatalities during the same period. Such disconcerting statistics stem from the extensive use of asbestos-containing materials (ACMs), especially by military operations during World War II. One notable site known for significant asbestos exposure is the former Naval Auxiliary Air Facility Lewiston, now the Auburn-Lewiston Municipal Airport. Commissioned in April 1943, the site's cold storage hangar has been found to contain as-

To tackle this escalating crisis, the ELG proposes the creation of a national mesothelioma registry through the unified efforts of the Department of Veterans Affairs (VA), the Department of Defense (DoD), and other concerned stakeholders. Such a database could effectively resolve this long-standing issue as it could track asbestos exposure, flag at-risk veterans for routine checkups, and support early diagnosis through data-driven protocols. By leveraging existing infrastructure, this initiative could be implemented quickly and effectively on a large scale.

"This registry is feasible and long overdue. With the right tools, the VA and the DoD can take a data-driven approach that honors veterans with the care they have earned. We cannot afford to let more lives slip through the cracks because of preventable delays, so the government must immediately establish this registry," Sharp stated optimistically.

Now, the ELG encourages lawmakers, veterans' service organizations,

and healthcare leaders to prioritize this proposal and make it a national mandate.

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Trail

Continued from page 6

Use Advisory Council, which included public input and community meetings.

gs.
Trails Until Rail:

Portland – Auburn line (LD 30) – Sometimes referred to as the Berlin Subdivision extends from a point north of the swing bridge in Portland in Back Cove to Auburn - about 25 miles.

Brunswick to Augusta (LD29) and a portion of the line in Hallowell (LD29) sometimes referred to as the Lower Road. It extends from Brunswick to Gartner

connecting with existing trails. In Gartner this trail will connect to Augusta via the Kennebeck River Rail Trail. The new Lower Road trail will be 33.5 miles.

Calais Rail Trail Calais.

Connecter (part of LD29) - The trail is 12.26-mile and stretch from Ayers Junction in Pembroke to Route 1 in Calais. It connects the 88-mile, Downtown Sunrise trail to the outskirts of

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August 2025

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For more information, please contact Maine CASA at: (207) 213-2865 or casa@courts.maine.gov



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I Screen, You Screen: Cancer pain awareness: Palliative vs. hospice care

By Ann Morrell RN, Health Writer

Chronic pain can impact our lives in so many ways. Who doesn't know someone dealing physical/emotional pain or stress? The truth is that we can all benefit from alternative methods to deal with these issues. But the answer isn't always in pill form. Our past reliance on opioids for pain relief has taught us to look for natural ways to help relieve pain. Let's look at the difference between palliative care and hospice care relating to cancer treatment:

Hospice Care is used to increase quality of life and support caregivers when a prognosis of less than 6 months is given.

Palliative care can be used at any point in a serious illness to provide symptom relief and manage pain, as well as provide support with insurance forms or emotional needs.

What is Hospice care?
While palliative care

is available to anyone with serious illness, hospice care is focused on patients with incurable disease or when the challenges of treatment outweigh the benefits for those in the end stage of illness.

Hospice care works to enhance quality of life and



pain management with an understanding that no "curative" treatments are used. So, treatment for blood pressure or diabetes will be used to maintain quality of life, curative treatments like chemo or surgery will not. Hospice care has become an especially important tool for those facing incurable illness. It provides emotional support, medications and supplies, therapies and even coaching for caregivers. Hospice care specialists can create an environment of support that benefits patients and caregivers in the end of life process.

Who pays for hospice

Private insurance, Medicare, and some state Medicaid plans cover hospice. There may be special funding through specific cancer groups and private partnerships.

What is Palliative

Palliative care is for anyone with a serious diagnosis, in any stage of the disease process, seeking relief of pain and discomfort, or assistance with care coordination with a focus on quality of life. Palliative care can be obtained alongside curative and therapeutic treatments such as dialysis, surgery or chemotherapy. Think of palliative care as a specially trained care team that works alongside your traditional medical treatment team. PC works very well with traditional medicine and can be received at home, in nursing homes, or outpatient clinics. Services include symptom and pain management, assistance with insurance forms, care coordination, and may also assist with advanced directives or spiritual care. You can use palliative care services for many reasons that

are not "end of life" related. Who Pays for Palliative Care

Many insurance companies pay for palliative care. Medicare, Medicaid and the Veterans Administration (VA) also cover palliative care in many situations.

Why Palliative Care
Both hospice and
palliative care use similar
tools to ease pain, aid and
support, and improve qual-

ity of life, but hospice care is focused on end of life and palliative care is used alongside curative treatments.

Palliative care is just another tool your medical team may utilize to bring relief of symptoms associated with cancer. The following link lists many types of alternative and complementary treatments that may be available to you or someone you know living with cancer.

https://www.cancer. org/cancer/managing-cancer/side-effects/pain/cancer-pain/non-medical-treatments-for-cancer-pain.html

Palliative care has grown in use and frequency in the recent decades. Treatments like acupuncture and massage have gained in popularity and Maine has so many excellent providers. Also, many insurance companies are paying some portion of care!

If you have questions about what palliative care is right for your situation please reach out to your healthcare provider.

And please see your provider to stay up to date on screenings for your age and sex.

About I screen, you screen...we all need to screen

Screening is a cornerstone of cancer control. Cancer screening tests increase the chance of finding cancer early, when treatment is likely to work best. With some types of cancers, early and regular screening can prevent the occurrence of cancer.

I SCREEN, YOU SCREEN is a monthly initiative of the Cancer Resource Center of Western Maine to share information with the public about the importance of early cancer detection and screening. Each month, there will be a focus on a different cancer, including some of the possible signs and symptoms that should prompt a conversation with your primary care provider.

About the author

Ann Morrell is a practicing Registered Nurse and Health Content Writer. Her varied 12+ years of nursing experience ensure that her content provides technical information with practical insights.

Maxwell Close Collective delivers captivating performance



BOSTON, MA Maxwell Close, a talented drummer and composer from Berklee College of Music, led his Maxwell Close Collective in a memorable concert at the Berklee Performance Center (BPC) on Thursday, July 17, 2025. The performance, a rare opportunity for a Berklee student to headline at the BPC, offered an evening of innovative music that also honored jazz icon John Coltrane on the anniversary of his passing. The event brought approximately 150 attendees to the Berklee Performance Center venue.

Close, 21, originally from Pennington, New Jersey, showcased his distinctive blend of jazz, funk, and fusion. The 16-musician ensemble included horns, strings, keyboards, a rhythm section, and world instruments, alongside special guest artists. The setlist featured primarily original compositions, with two pieces dedicated to Coltrane, demonstrating Close's broad artistic range.

Maxwell Close grew up in Pennington, NJ, and attended The Pennington School. Now a Massachusetts resident, Maxwell has enjoyed his musical journey in Boston and has fallen in love with his retreats to Rangeley, Maine.

Maxwell's new EP, Rangeley, was named after what he perceived as the best song on his new EP.

His grandparents, Donald (Skip) M. Sykes Jr. and Frances P. Sykes, purchased a vacation home in Rangeley, many years ago and Maxwell and his family would vacation there every summer throughout the course of his life.

"I have a personal

connection to Rangeley," says Maxwell. "I come to relax, embrace my artistry, and become inspired. It's so peaceful there."

Audience Reactions Highlight the Night's Impact

The performance struck a powerful chord with attendees, who praised the ensemble's musicianship and Close's artistic vision:

"A night of great music by some of the finest young, up-and-coming musicians, spearheaded by drummer Maxwell Close. Keep an eye—and an ear—out for these guys and girls!"

— Greg Saffares,Guilderland, NY

"I was mesmerized by the music. Ten out of ten—loved it!"

— Lourdes Ronquillo, Trenton, NJ

"I didn't expect 90 minutes of fusion jazz at that level. A truly wonderful performance."

— Ghahre Pascale, McKinney, TX

Explore Maxwell Close's Unique Sound on New FP

Close's BPC performance offered a glimpse into his evolving musical journey, which now includes the release of his new EP, Rangeley. Available now on all major streaming platforms, the EP offers listeners an even deeper exploration of his unique sound.

"I'm most proud of how honest and complete it feels," Close shared about Rangeley. "This EP is the best representation of who I am musically; it doesn't sound like anything else out there. Every track feels intentional."

Maxwell and three other members of the Maxwell Close Collective will be opening for "The Electric Alliance" on September 3rd at the Middle East Restaurant and Nightclub in Cambridge and on September 10th at the Lizard Lounge in Cambridge.

To stay updated on Maxwell Close's music and future performances, follow him on Instagram: @maxclose.



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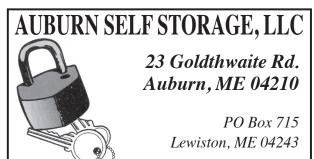
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Mondays through Aug 18

LEWISTON – The Lewiston Public Library, in partnership with ArtVan, will be offering art programs in the Children's Department for children ages 5-14 every Monday from June 23rd-August 18th from 3:00PM-4:30PM. Children aged 5-8 must be accompanied by an adult.

Now through Aug 29

WEST GARDINER – Shop Maine Craft presents BIG, a collection of large-scale porcelain sgraffito sculpture and wheel-thrown forms by artist Tim Christensen, on view July 22 through August 29, 2025, at the Center for Maine Craft in West Gardiner.

Aug 15, 16

AUBURN – The Maine Franco-American Genealogical Society is holding a garage sale fundraiser on both Friday, August 15, and Saturday, August 16, from 9 am to 4 pm at 1313 Riverside Drive in Auburn.

Aug 15

AUGUSTA – Augusta Symphony Soirée, the only ticketed concert in the ASO schedule, which will help support the ASO's mission and expenses. Held at Jewett Hall on the University of Maine at Augusta campus (46 University Dr.), this elegant evening will feature chamber ensembles drawn from ASO musicians, including Concertmaster Anne McKee. The program

Calendar

Send your submissions to the Editor. More online

will culminate with the ASO's own Maestro Jinwook Park leading a lively winds and strings nonet with his violin rather than his baton.

The evening will open with a welcome reception at 7:00 pm during which supporters can meet each other as well as orchestra members. The concert will begin at 7:30 pm.

Aug 15, 25

ARUNDEL – The Landing School of Boatbuilding and Design in Arundel, a non-profit marine trades school, is hosting open houses at our campus at 286 River Rd. on Aug 15 (2-4 PM) and Aug 25 (10AM-12PM).

Aug 16 FREEPORT

Wolfe's Neck Center for Agriculture & the Environment is bringing a new twist to a familiar favorite with Brews & Bites, a tasting festival happening Saturday, August 16 from 3–6 PM inside the historic Mallet Barn.

Aug 16

ELLSWORTH – The Downeast Scenic Railroad and New England Steam Corporation are thrilled to welcome families back for the much-anticipated Touch-a-Train event on Saturday, August 16, from 9:00 a.m. to 1:00 p.m. at the Washington Junction rail yard.

Aug 17

LISBON FALLS – The 4-H Youth Development Program in Androscoggin and Sagadahoc counties, part of University of Maine Cooperative Extension, is hosting a dropin Open House on Sunday, August 17 from 1 p.m. – 4 p.m. at the Androscoggin/Sagadahoc Extension office, 24 Main Street, Lisbon Falls.

Aug 18

AUBURN – Auburn Public Library: Foraging Wild Mushrooms: Avoiding Toxic Mistakes to be taking place on Monday, August 18th from 5-6:30 PM.

Aug 20 BRUNSWICK

Merrymeeting Bay Trout Unlimited to Speak at "Sustainable Brunswick" Lecture Series Wednesday August 20, 2025, Curtis Memorial Library, 6:00 pm -7:30 pm.

Aug 21

LEWISTON – Lewiston Public Library: Paint Night at the Library 5-7PM.

Aug 30

BUXTON – Try our delicious Haddock Supper

Buffet - Saturday, August 30, 2025 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$10 Adult, \$5 Child, \$20 Family. Please note: We will offer the option of takeout containers for those who do not want to come inside for seating.

Sept 3

LEWISTON – The Oasis of Music Wednesday series opens its seventh season on September 3 with a performance by local legend Denny Breau.

The Oasis of Music happens at Trinity Commons, 247 Bates Street in Lewiston, every Wednesday beginning at 12:30, from September through May. Attendees are treated to a short concert of music of many genres, from folk to pop to rock to jazz and classical and beyond, performed by many of our finest local musicians, in what is considered "an acoustic jewel" of a performance space.

Starting Sept 10, 2nd and 4th Wednesdays

LEWISTON – The Lewiston Public Library, in partnership with ArtVan, will be offering in-person art programs. Starting on September 10th, the programs will take place on the 2nd and 4th Wednesday of every month from 3:30pm-5:00pm in the Children's Department for children ages 5-14. Make Art with ArtVan is free, open to the

public, and no registration is required. All art supplies

OUT

Continued from page 3

will be provided.

over \$52,000 in scholarships for the 2025-2026 academic year.

Thanks to a generous anonymous donor to the organization, OUT Maine is able to offer substantial renewable scholarships each year to help Maine LGBTQIA2S+ and allied students bridge the gap between financial aid and need at a college, university, or vocational school of their choice. The scholarships can be worth up to \$25,000 every year for four years of schooling based on the student's need.

OUT Maine wishes these students great success in their respective academic careers, and can't wait to see all that they accomplish.

Premium entertainment at affordable prices!

FLAGSHIP CINEMAS

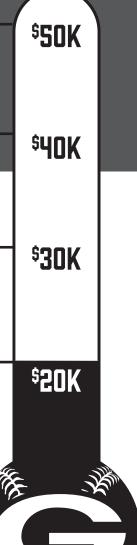
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LGBTQIA2S+stands for lesbian, gay, bisexual, transgender, queer and questioning, intersex, and two-spirit. Allies are folks who do not identify as LGBTQIA2S+ but have camaraderie with the LGBTQIA2S+ community. Cis or cisgender means a person's gender identity and sex-assigned-at-birth match. If gender identity and sex-assigned-at-birth do not match, a person may identify as transgender. For more definitions of LGBTQ+ terminology, visit www.outmaine.org/ resources/terminology.

OUT Maine has an ambitious goal: to create more welcoming and affirming communities for Maine's diverse queer youth in all their intersectional identities by changing the very systems that serve them. For more information, please visit www.outmaine.org.



GORHAM LITTLE LEAGUE Field Funding Campaign

The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
- Purchase seasonal fence for Shaw Park
- Repair dugouts and fencing, build storage centers
- Add infield mix and relevel current fields
- Acquire tarps and field maintenance equipment
- Add scoreboards

VISIT: GYBSA.COM FOR MORE INFORMATION, INCLUDING DONATION LEVEL REWARDS



VISIT: tinyurl.com/GYBSA-DONATE or MAIL TO: GYBSA, PO Box 176, Gorham, ME 04038

GYBSA is a non-profit 501(c)(3) tax deductible contribution

Thursday, August 14, 2025

Classified Ads

CAMPER FOR SALE

Keystone campfire edition travel trailer. New June 2018. 29.8 feet. Less than 500 miles on it. 12 foot slide out, large refrigerator, leather couch. Two gray water tanks, large closets, over \$9000 extras. AC/furnace. Paid \$34,000 new. Must sell. Asking \$21,000. 207–310–0212.

Keystone Sprinter 5th Wheel. 2018, 31 feet, 2 super slides, large refrigerator, like new-hardly used. Full winter cover, super glide included. Asking \$25,500 - please call 207-754-2165

CAREGIVER

FULL TIME Caregiver. Professional Female Seeks Family That Needs a Fulltime Caregiver For Their Young Children / Special Needs / Elder Person to do care in their home! Call 207-352-8478 Monday - Friday Preferred - Would consider 4-10 hour days.

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All-in-one Dell printer and fax machine. \$495. Call 783-8327.

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Maine cybersecurity startup seeks local software engineer

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Seeking house, cottage, bungalo, two or three family property, we have sufficient ability to purchace quickly, no commisions. 207-749-1718 or mainebuyers@gmail.com

SENIOR TRIPS

If interested in any of the following trips or upcoming trips, please contact Claire Bilodeau at 784-0302 or Cindy Boyd at 345-9569. If we are not available, please leave a message and we will call you as soon as we can.

SEPTEMBER 15 - 18, 2025 - THE GRAND CANYON OF PENNSYL-VANIA - Trip includes 3 nights lodging, 3 breakfasts and 3 dinners including the historic Peter Herdic House and The Carriage House. Highlights of this tour are Susquehanna River Cruise, Pennsylvania Grand Canyon Wagon

Tour, Millionaires Row Tour, Thomas Taber Museum, Historic Rowley House and much more. A \$75.00 deposit is due upon signing up. Price of this trip is \$769.00 pp double occupancy and \$918.00 for a single. Final payment is due July 17, 2025.

OCTOBER 6 – 10, 2025 – ATLANTIC CITY, CAPE MAY, & PHILA-DELPHIA - Trip includes 5 days and 4 nights lodging, 4 breakfasts and 4 dinners and a free casino bonus for those who want to gamble.

Guided tour of Philadelphia including Liberty Bell, Independence Hall, Betsy Ross House, the Federal Reserve and Mint. Then off to Cape May with a Trolley Tour of the Victorian Mansions of Cape May and a walking tour of a historic Victorian Home. We travel to Cape May Point and the famous Cape May Lighthouse. Our next day is a free day in Atlantic City to do as you please. Take in a show, do some gaming or just stroll down Atlantic City's Famous Boardwalk. A \$75.00 deposit per person is due upon signing up. The price for this trip is \$849.00 per person double occupancy. Add \$210.00 for single occupancy. Final Payment is due 7/30/25.

NOVEMBER 16-26, 2025 – CLASSICAL GREECE

- Price includes round trip air from Logan International Airport, hotel transfers and all transportation while on tour. Trip also includes 16 meals (9 breakfasts, 1 luncheon, and 6 dinners).

Highlights of this tour are Athens, the Acropolis and Parthenon, Delphi, Olympia and Ancient Mycenae. You will visit a Greek Farm, have a Cooking Class, Greek Dance Class, and visit two remote monasteries. We will also have a tasting of local wines, olive oil and sweets.

APRIL 14 - 22, 2026 -HOLLAND AND BEL-**GIUM SPRINGTIME CRUISE -** Trip includes 9 days and 20 meals. Highlights are 7 Night River Cruise, Amsterdam with Canal Cruise, Keukenhof Middelburg, Gardens, Belgium Waterways, Scenic Sail, Bruges, Antwerp, Kinderdijk Windmills. Ship is the MS Amadeus Brilliant. Included in price is round trip air from Logan International Airport and all Hotel Transfers. Deposit is \$898.00 pp plus \$699.00 if you want travel protection. Rates vary depending on the cabin category you choose.

SEPTEMBER 20 - 28, **DISCOVER CANYONS PAINTED** OF THE WEST - Trip includes 9 days and 11 Highlights are Colorado National Park, Wine tasting in the midst of Colorado Wine Country. Moab, Arches National Park, Canyonlands National Park, Dead Horse Point State Park, Capitol Reef State Park, Bryce Canyon National Park and Zion National Park all in Utah, last day in Vegas. Included in price is round trip air from Logan International Airport and all Hotel Transfers. Deposit is \$698.00 pp plus \$429.00 if you want travel protection.

If you are interested in any of these trips or for more information, please contact Claire at 784-0302 or Cindy at 345-9569.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

Classified Ads

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WEEKS TO RUN:

Page 16 Thursday, August 14, 2025

National Cancer Survivors Day held at King's Hill Inn & Barn



Bottom row center: Kristen Short, cancer survivor and founder of Short Folks for Hope.

PARIS, ME – Over 75 people attended a National Cancer Survivors Day Celebration on June 1st which was organized by the Cancer Resource Center of Western Maine (CRCOfWM) and hosted by King's Hill Inn & Barn of Paris, Maine.

National Cancer Survivors Day®(NCSD) is a day when thousands of people in hundreds of communities across the globe hold celebrations to honor cancer survivors and to raise awareness of the challenges of cancer survivorship. It is also an opportunity for all people living with a history of cancer including America's more than 16.9 million cancer survivors – to connect with

each other, celebrate milestones, and recognize those who have supported them along the way. It is also a day to remember those cancer survivors who have passed. "Life after cancer is more than just surviving," said Diane Madden, Executive Director of the Cancer Resource Center of Western Maine, located in Norway. "It's about thriving and living well. And that's something to celebrate!"

Guest speakers at the event included: Kristen Short, local breast cancer survivor and founder of Short Folks for Hope, a Maine foundation which grants "wishes" to cancer patients (shortfolks.org); and Ray Ruby, Executive

Director of the Maine Cancer Foundation. Ms. Short spoke about her personal cancer journey, transition to cancer survivorship, and her work to spread hope and joy to other cancer patients through her foundation

King's Hill Inn & Barn donated use of their barn for the event, and all food, beverages and entertainment were donated. The event was organized by CRCofWM Board Member Mallory Cash. Guests enjoyed music by "Just Because," a local trio of musicians; and hors d'oeuvres were provided by Blue Elephant Catering. MaineHealth Stephens Hospital was also a sponsor of this event.



by owner

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