

L-A Rotary Club welcomes new members

LEWISTON, AUBURN, ME – The Lewiston-Auburn Rotary Club recently inducted five new members who are pictured below along with their club sponsors and officers. From left are outgoing president Larry Delhagen; new members Scott and Elaine St. Pierre and their sponsor Stephanie Gelinas; new member Nishant Patel and sponsor Roger Philippon; sponsor Christine and new member Amy Sanchez; and President Peter Arsenault. Absent from the photo is new member Jeffrey Har-



mon, mayor of Auburn. Scott and Elaine St. Pierre are the owners of SPS Property Inspections of Lewiston, which offers comprehensive home inspections, testing, and handyman services. Nishant Patel, the owner of Future Foods Supermarket in

Mechanic Falls, is actually a transfer member from his previous club in Boston, MA. Amy Sanchez is creator and executive director of Kommunity Kritters in Lewiston, a grassroots resource to assist Lewiston residents to care for their animals.

The Lewiston-Auburn Rotary Club has been serving this community since its founding in 1917. In addition to various volunteer activities, the club raises funds to support local service agencies and to provide yearly scholarships to graduating seniors from area high schools. The club meets every Thursday at noon at the Village Inn Restaurant in Auburn. Anyone interested in joining is encouraged to come to a meeting and visit the club website at lewistonauburn-rotary.org/.

BALLOON FESTIVAL
PHOTO SPREAD PAGES 7-10

New at LPL: Playaway audiobooks for adults

LEWISTON, ME – The Lewiston Public Library is thrilled to announce a new addition to their collection: LPL is now circulating Playaway audiobooks for adults! Playaways are plug and play devices, each with a preloaded audiobook, that

just require headphones or an aux cord for readers to listen. The library has been circulating audiobooks in this format as part of the Children's collection for several years and is now starting a collection of adult titles in order to better serve the needs of the

community. Audiobooks for adults, in various formats, have long been a part of the library's collection, but the goal of adding this new format is to make reading more accessible to more members of the community. Playaways don't require the use of a cell phone or other device like the eAudiobooks available to LPL cardholders through CloudLibrary, and they don't split books up over multiple discs that need to be switched out like books on CD. This makes listening to books more accessible to a variety of patrons, including those with low

vision, limited access to technology, or low English literacy. The new Adult Playaway collection is currently on display alongside the new books on the first floor of the Lewiston Public Library. You can browse the full collection online at bit.ly/lplplayaway. The Lewiston Public Library is located downtown at 200 Lisbon Street at the corner of Pine Street. More information about the Adult Playaway collection is available by contacting the Lewiston Public Library at 513-3134 or LPLCirc@lewistonmaine.gov.

Free varicose vein screenings at St. Mary's Vein Care

MAINE – St. Mary's Vein Care will host a free screening event for varicose veins and circulation concerns on Tuesday, September 17 from 10:00 a.m. to 12:00 p.m.

Appointments are required, with time slots available every 10 minutes. During the visit, the expert vein care team will perform a quick, painless screening, review results, and discuss any next steps or treatment options if needed.

Varicose veins can be more than a cosmetic issue. They may signal circulation problems that can worsen over time. This event is an opportunity to get answers and learn about treatment options in a comfortable and convenient setting.

To schedule an appointment, call (207) 777-4469.

Introducing...
PLAYAWAY
Plug & Play Audiobooks
Now for Adults!

LPL is now circulating adult audiobooks in Playaway format! Browse in person on the library's first floor or online at bit.ly/lplplayaway.

Lewiston PUBLIC LIBRARY

4-H to offer Family STEM Club in Lisbon Falls

LISBON FALLS, ME – 4-H Youth Development Program in Androscoggin and Sagadahoc counties, a part of University of Maine Cooperative Extension, will offer two, 4-week Family STEM Club sessions this fall at the UMaine Extension office, 24 Main Street in Lisbon Falls.

Families will engage in hands-on STEM projects together, with opportunities for adults to lead the activities with support

from 4-H staff. Adults interested in learning how 4-H clubs operate and youth interested in joining 4-H are encouraged to attend.

Series 1 will be offered on Thursdays, September 18 through October 9. Series 2 will be offered on Thursdays, October 30 through November 20. All sessions will meet from 4 p.m. to 5:30 p.m. Youth must be ages 5 to 11 and a resident of Androscoggin or Saga-

dahoc County to participate. Participation is free however space is limited. Register on the program webpage by Thursday, September 11 for Series 1 and Thursday, October 23 for Series 2. If you need a reasonable accommodation or have additional questions, contact Androscoggin/Sagadahoc Counties 4-H staff at laura.personette@maine.edu or 207.353.5550.



Kids and caregivers work together to learn STEM concepts and discover new interests at the 4-H Family STEM Club, slated to start this fall at the UMaine Extension Androscoggin/Sagadahoc County Office in Lisbon Falls. Photo courtesy of University of Maine Cooperative Extension.

Sleep Apnea Relief Without a Mask
Struggling with sleep apnea?
St. Mary's now offers Inspire, a breakthrough treatment that helps you breathe naturally at night without a mask or hose.
Call 207-777-8959 to schedule your consultation.

Professional & Reliable Cleaning Services
REAL CLEAN LLC
Over 20 Years Experience
Commercial • Residential
Serving Maine • New Hampshire
(207) 712-2765 - Stacy Mahonen - www.RealCleanLLC.com

Send all items for What's Going On to the Editor.
Deadline is Friday by five.

Newsmakers, Names & Faces

Lisbon Community FCU's Basket Raffle has 51 prizes up for grabs

LISBON, ME – Lisbon Community Federal Credit Union is thrilled to announce its record-breaking Basket Raffle—featuring an incredible 51 themed baskets—with all proceeds benefiting the Campaign for Ending Hunger.

Raffle tickets are on sale now through September 4, 2025, and are available to both Lisbon Credit Union members and the general public. Winners will be drawn on September 5, 2025. Tickets are just \$1 each or seven for \$5, making it easy for everyone to take part in this community-favorite fundraiser.

Baskets are on display at both Lisbon Credit Union locations, and tickets can be purchased in person at either location. From sweet indulgences to outdoor adventures, this year's baskets offer something for everyone. Here is a short sample of the baskets offered this year:

\$5 Uncirculated Bills Basket – For the first time in history, two women's signatures appear on these Federal Reserve Notes—uncut and uncirculated \$5 bills in a collector-worthy presentation.

Sweet Tooth Basket – From Maine Gourmet Chocolates: handmade pistachio bark, thin mint bark, orange Needham's, penuchi fudge, chocolate-drizzled pretzels, and a spicy crunch mix for a flavor-packed experience.

Bling in Bloom Basket – A jewelry tree adorned with stunning handcrafted gemstone bracelets by Victoria Lajoie Handcrafted Jewelry, featuring citrine, amethyst, tiger eye, garnet, carnelian, peridot, and labradorite.

Catch 'Em All Basket – An angler's dream from Pine State Sports Supply, loaded with hooks, lures, bobbers, tackle, and premium braided fishing line.

Get Busy Gardening Basket – Donated by Bush's Bushes Landscape Nursery, this gardener's bundle includes \$250 in gift certificates, top-tier tools, fertilizers, and a sturdy wooden trellis.

Disc Golf Package Basket – Donated by Dr. Disc Golf, this pro-level set includes a Discover Disc Golf backpack, Maine-themed cap, Birdie Bag by INNOVA, Dr. Disc Golf marker, and 8 high-quality discs to cover all your

throwing needs. Perfect for seasoned players and newcomers alike.

"This event is one of our favorite traditions," said Sarah Perkins, President/CEO of Lisbon Community FCU. "Every basket represents the generosity of our members, local businesses, and staff—and every ticket purchased helps us fight hunger right here in our communities."

Whether you're drawn to gourmet treats, sparkling jewelry, fishing gear, disc golf, or gardening goods, there's a basket waiting for you. Don't miss your chance to win big while giving back to the community.

Raffle Details:
Tickets: \$1 each or 7 for \$5
Sales End: September 4, 2025
Winners Drawn: September 5, 2025
Locations: LCFCU Lisbon & Lewiston Offices
For more information, visit LisbonCU.org/basket to view ALL 51 baskets and their contents or stop by one of our branches today.

Joshua Dunlap of Scarborough nominated to US Court of Appeals

WASHINGTON, D.C. – At a hearing of the Senate Judiciary Committee, U.S. Senator Susan Collins introduced Joshua Dunlap of Scarborough, Maine, who has been nominated to the U.S. Court of Appeals for the First Circuit.

Mr. Dunlap grew up in Vassalboro, Maine, and is currently a partner in the litigation group of Pierce Atwood LLP, in Portland, where he co-chairs the firm's Appellate & Amici division. He has practiced at Pierce Atwood for over fifteen years, handling substantial civil litigation matters in both appellate and trial courts. He also chairs the Maine Appellate Rules Committee, to which he was appointed by the Maine Supreme Judicial Court. Prior to his work at Pierce Atwood, Mr. Dunlap clerked for the Honorable Paul J. Kelly, Jr., of the United States Court of Appeals for the Tenth Circuit. Mr. Dunlap graduated first in his class from Notre Dame Law School. He came to Washington for his hearing with twenty members of his family, including his parents, wife, and children.

Senator Collins:
"Chairman Grassley, Ranking Member Durbin, members of this committee, I'm pleased to appear before this distinguished committee today to wholeheartedly support Joshua Dunlap's nomination to serve on the U.S. Court of Appeals for the First Circuit."

"Josh grew up in Vassalboro, Maine and now lives in Scarborough with his wife, Sydney, and their three children. If you look in back of



me, you will see his three children, his wife, his parents, and numerous other members of his family. In fact, 20 of them, who are so proud of his nomination that they've made the trip to Washington. Josh graduated first in his class from Notre Dame Law School, where he received the law school's highest honor, awarded to the student with the most distinguished academic record. He then clerked for Judge Paul Kelly of the U.S. Court of Appeals for the Tenth Circuit.

"In 2009, Josh joined the very well-respected law firm Pierce Atwood in Portland, Maine. During his 16 years at the firm, he has specialized in complex civil litigation matters and currently serves as co-chair of the firm's Appellate & Amicus division. Josh is admitted to practice in multiple U.S. Courts of Appeal and before the U.S. Supreme Court. He has also assisted special masters in three original jurisdiction proceedings before the U.S. Supreme Court. Finally, Josh also chairs the Maine Appellate Rules Committee to which he was appointed by the Maine Supreme Judicial Court. This impres-

sive experience, coupled with his extraordinary intelligence and integrity, makes Josh exceptionally well-qualified for a seat on the First Circuit. His substantial appellate litigation experience will bring a practitioner's perspective to the court.

"The committee has already received many compelling letters of support for this nominee, and I would like to highlight a couple of them. A diverse group of faculty and alumni of Notre Dame Law School who taught Josh or studied alongside him have praised his, "respect for differing views" and "deep appreciation for the rule of law." A letter signed by 19 leading Maine attorneys, who described themselves as having a broad spectrum of political views and legal philosophies, wrote that Josh has all the qualities the finest judge's exhibit; he is hardworking, courteous and judicial in temperament, very smart, and of sterling character with a commitment to fairness and the rule of law.

"Mr. Chairman, before I conclude, I would like to thank Judge William Kayatta, whom Josh has been nominated to replace, for his outstanding service to the First Circuit. I joined in recommending him to President Obama, and had the honor of introducing Judge Kayatta to this committee. Now, it is my honor to recommend Josh, who actually worked with Judge Kayatta early in his tenure at Pierce Atwood, to this committee. I am confident that, if confirmed, Josh will serve Maine and the nation extraordinarily well in this critical role.

"For these reasons, I urge the committee to support his nomination, and I appreciate this opportunity to introduce him to the committee."

Jason Hodsdon Masonry

We install stainless steel liners

215-3557
North Monmouth

Jasonhodsdonmasonry@gmail.com

Best Source for Arts, Music and Theater! Your Hometown Paper.

Injured on the job?

We should talk.

(207) 333-5103

Help@BilodeauLaw.me
BILODEAULAW.ME

BILODEAU LAW

allworx

Save \$\$ on your business phone!

Call today for a demonstration!

PROFESSIONAL COMPUTER SERVICES INC.

207.784.6295
buck@pro-pc.us

Buck Buchanan
A+, MCP Certified Technician

Newsmakers, Names & Faces

SeniorsPlus announces new member, officers to Board

Central Maine Healthcare welcomes new orthopedic surgeon

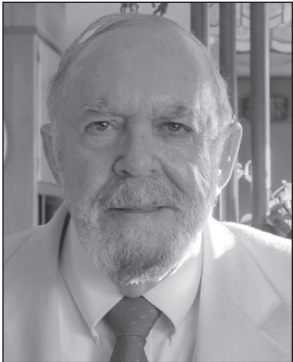
LEWISTON, ME – SeniorsPlus, the designated Area Agency on Aging serving Androscoggin, Franklin, and Oxford counties, announces the election of a new member to its Board of Directors, as well as a new slate of officers.

Joining the Board is Roland Morin of Livermore. Morin is a retired nurse practitioner. He served as a Money Minders volunteer at SeniorsPlus, has worked in Africa as a volunteer for four years and previously volunteered at Andwell Health Partners and Catholic Charities.

Dustin Ward of New Gloucester replaces Holly Zielinski of Poland as the Chair of the Board of Directors of SeniorsPlus. Ward was raised in Presque Isle and resides in New Gloucester with his wife and two boys. Dustin holds both a Bachelors of Arts in Political Science and a Master of Divinity. His focus is two-fold, as an “Equity and Reconciliation Advocate,” being the president and founder of It Is Time ..., LLC, and a “ Golf Entrepreneur,” starting Tee Time LLC in October of 2024. Both businesses look to uplift equity and inclusion in various ways throughout communities in Maine and New England. Most recently he has been a Select Board Member of New Gloucester, and President of the Board of Atlantic Black



Holly Zielinski, left, former Chair of the SeniorsPlus Board of Directors, ceremonially passes the gavel to new Chair Dustin Ward of New Gloucester.



Roland Morin of Livermore has joined the Board of Directors of SeniorsPlus, Western Maine’s designated Area Agency on Aging.

Box. He joined the SeniorsPlus Board of Directors in 2022.

Other appointments to the slate of officers of the Board of Directors of SeniorsPlus are Don Berry of Sumner to Vice Chair, Marie Samson of Auburn to Treasurer, and Gary McGrane of Jay to Secretary.

Established in 1972

and headquartered in Lewiston, SeniorsPlus is the Western Maine designated Area Agency on Aging covering Franklin, Oxford and Androscoggin counties. The overall program goal of SeniorsPlus is to assist older people and adults with disabilities in its tri-county area to remain safely at home for as long as possible. The mission of SeniorsPlus is to enrich the lives of older people and adults with disabilities, their families and communities, and to support them to make informed choices. SeniorsPlus envisions a future where all older adults and individuals with disabilities are engaged and respected while living quality, independent lives in the communities of their choice. Last year, SeniorsPlus served a diverse population of almost 8,000 clients and fielded 101,000 phone inquiries.

LEWISTON, ME – Central Maine Healthcare is pleased to announce the arrival of a new provider. Eric Benson, MD, is now practicing at Central Maine Healthcare Orthopedics.

Dr. Benson attended Princeton University before receiving a Master of Science in Physiology at Georgetown University. He attended the Georgetown University School of Medicine before completing an orthopedic surgery residency at the University of New Mexico and a fellowship in shoulder, elbow and hand surgery at the Roth/McFarlane Hand and Upper Limb Center in London, Ontario.

Prior to joining Central



Maine Healthcare, he practiced at New Mexico Orthopedics, specializing in shoulder and elbow surgery.

“I chose orthopedic surgery and shoulder and elbow surgery in particular because I have the opportunity to work with and



help a wide range of patients with different interests and activity levels and at different stages of life,” Dr. Benson said.

Central Maine Healthcare Orthopedics offers a full spectrum of treatments and services, from fracture care and casting for broken bones to complicated surgical procedures, rehabilitation and therapy services, allowing delivery of comprehensive, whole-person care from one location, to help patients get back to the activities they love.

Movement Mortgage opens new branch in Augusta

AUGUSTA, ME – Movement Mortgage, a trusted name in residential mortgage lending, is proud to announce the grand opening of its new branch office in Augusta, Maine. The new location, situated at 5 Community Drive, Office L108, Augusta, ME 04330, will serve local residents with a full suite of home financing solutions.

The Augusta branch will be led by Kevin Philbrick, NMLS #349341, a seasoned mortgage professional with extensive experience in helping clients navigate the home loan process. Kevin and his team are committed

to delivering personalized service and transparent guidance for homebuyers, homeowners, and real estate partners in the area.

“Our goal is to help more Mainers achieve their homeownership dreams through reliable lending services and community-focused outreach,” said Kevin Philbrick. “Opening this branch in Augusta is an exciting step in bringing that vision to life.”

The new office will offer a wide range of mortgage products, including conventional loans, Maine Housing, FHA, VA, USDA, and refinancing options tailored to meet

the unique needs of local borrowers. Clients can expect industry experience, competitive rates, and a commitment to integrity in every transaction.

For more information or to schedule an appointment, contact:

Kevin Philbrick, Branch Manager



Phone: 207-838-5007

Email: kevin.philbrick@movement.com


Website: www.movement.com/kevin.philbrick

Create a Tissue Paper Butterfly!

Available Throughout August
in the 3rd Floor
Children’s Department


 

WHY PEOPLE CHOOSE
CHAMPOUX INSURANCE




Jonathan Knowlton
Licensed Agent

Jonathan Knowlton joined Champoux Insurance Group in February as an Account Executive, with 20 years of experience in the insurance and investment field. After graduating from Thomas College with honors, he went to work for Metlife as a personal financial representative. From there he worked for Allstate insurance and within 3 years, had opened his own agency on Sabattus Street in Lewiston. Jonathan closed the agency after 13 successful years. Making sure clients are educated about the risks they face and protecting them with auto home, and life insurance products has always been important to him; local families truly are in good hands with him. Jonathan lives in Auburn with his wife and son and enjoys ice fishing, ATVing, hiking, growing hot peppers and volunteering with the Boy scouts. Champoux Insurance Group welcomes Jonathan to our Team.



150 East Avenue
Lewiston, ME 04240
(207) 783-2246
www.MaineInsuranceOnline.com



CHAMPOUX INSURANCE
YOUR SECURITY IS OUR MAIN CONCERN

Send all items for
Names & Faces to
the editor. Deadline
is Friday by five pm.

TWIN CITY
TIMES

TWIN CITY PUBLISHING, INC
Twin City Times • 89 Union Street, Suite 1014 • Auburn, ME 04210
Gorham Weekly • 28 State Street • Gorham, ME 04038

Info@TwinCityTimes.com
(207) 795-5017

TWIN CITY PUBLISHING, INC. 2022®
All materials found in Twin City TIMES are copyrighted.
All rights in those materials are reserved and permission to
use them must be specifically granted by Twin City TIMES.

FREE e-subscriptions at
www.TwinCityTimes.com

Advertising
For advertising information email
Laurie@twincitytimes.com or call 795-5017.

Deadline
Deadline for ads and press releases is
5 p.m. on Friday preceding publication.
Published every Thursday’s publication.

Press Releases
All submissions, including photos, must
be emailed to editor@twincitytimes.com.

Proofs
Publisher is not responsible for any errors in ad
copy not inspected by advertiser prior to publication.

DaPonte String Quartet concerts in August & September

MAINE – DaPonte String Quartet concerts in August & September will be performing Beethoven and Korngold: A Journey from Heroic Classicism to Hollywood Romance.

Sunday August 24 3:00 pm St. Columba’s Episcopal Church, 32 Emery Lane, Boothbay Harbor.

Wednesday August 27 7:00 pm Maine Jewish Museum, 267 Congress Street, Portland.

Thursday August 28 7:00 pm Union Church, Rt. 129 & Middle Road, South Bristol.

Friday August 29 7:00 pm St. Paul’s Union Chapel, 1065 Dutch Neck Rd., Waldoboro.

Sunday August 31 3:00 pm Great Cranberry

Island Church, Great Cranberry Island.

Thursday September 4 7:00 pm First Church in Belfast, UCC, 8 Court St., Belfast.

Friday September 5 7:00 pm Union Hall, 24 Central Street, Rockport.

Saturday September 6 3:00 pm Brunswick Unitarian Universalist Church, 1 Middle St., Brunswick.

Sunday September 7 7:00 pm Old Walpole Meetinghouse Annual Candlelight Concert, a fundraiser for the Meetinghouse.

Saturday September 13 5:00 pm Eagle Hill Institute, 59 Eagle Hill Rd., Steuben.

Sunday September 14 4:00 pm Surry Arts & Events at the Barn, 8 Cross Rd., Surry.

For additional information and tickets go to www.dapontequartet.org.

2025 Maine Hire-A-Vet campaign kicks off

MAINE – The 2025 Maine Hire-A-Vet Campaign kicks off this Thursday, August 14, at the Augusta Civic Center! Maine’s annual campaign is a statewide effort with the goal of at least 100 employers hiring at least 100 veterans and military family members during a 100-day period.

The kickoff will be followed by monthly in-person hiring events throughout the state. The first session was August 14, 2025 and is followed by sessions on:

September 25, 2025 | 11:00 am to 3:00 pm | University of Maine-Orono

October 16, 2025 | 11:00 am to 3:00 pm | Maine Sports Arena, Saco

November 13, 2025 | 11:00 am to 3:00 pm | University of Maine-Farmington

While the campaign is focused on veterans and their families, these events are open to ALL jobseekers!

The Maine Hire-A-

Vet campaign provides support and resources to connect veterans with employers through a network of state and federal agencies, resources and non-profits, education on military language and culture, recruiting and hiring assistance, and recognition for the hiring and advancement of veterans and military family members.

Learn more at www.myworksourcemaine.gov/events/maines-hire-vet-campaign-2025.

Local families provide school supplies for children in need

MAINE – As the summer season comes to an end, local families are preparing for the school year with back-to-school sales, but many families are not just shopping for their own children. Families are collecting school supplies, along with personal care items and fun toys, for children in need around the world. These items will fill Operation Christmas Child shoebox gifts, which will be sent to children in over 100 countries—reminding children that God loves them and they are not alone.

For many children around the world, school supplies like coloring pencils and markers are a luxury many cannot access. For Dioany Yosuiño, a shoebox recipient from Venezuela, colorful markers were something she longed to have as she attended school,

but her family could not afford them.

When Yosuiño received an Operation Christmas Child shoebox, she remembers all the vibrant colors and the brand-new toys. “To my surprise, I also received really good, quality markers,” said Yosuiño. “From that moment and through the shoebox gift, I understood what the Bible says is true. Whenever we trust in God, He promises to give us the desires of our heart,” said Yosuiño. This simple gift, filled with school supplies, made a life-changing impact for Yosuiño because it opened the doors for her to trust God in a new way.

For more information visit samaritanspurse.org/occ. National Collection Week is Nov. 17 – 24. Participants can donate \$10 per shoebox gift online through



GRIDIRON
Restaurant
LEWISTON, MAINE

SCAN HERE!



The Place where every hour is happy.

**OPEN DAILY
11AM-9PM**

**DINE IN - TAKE OUT
207-777-6353
207-777-6354**

1567 Lisbon Street Lewiston, Maine

Open for curbside pick-up, take out, indoor dining, bowling and arcade!



American pub-style food and drinks.

A 7 Railroad Ave, Ste 102 Gorham, ME 04038 | **W www.jctbowl.com** | **P 207.222.7600**

Best Source for Arts, Music and Theater!

Your Hometown Paper.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

ROOTED
hair studio



Courtney



Michael

Accepting New Clients

214 Minot Avenue ~ Auburn ~ 689-3035



Murphy Mission FUNDRAISER

The Margaret Murphy Centers for Children

25TH ANNIVERSARY

JFM commits to making lives better for children and adults with differing abilities.



Help us raise vital funds for JFM, a local nonprofit dedicated to empowering children and adults living with disabilities and autism.

15% of all food sales on September 24th from 4pm to 9pm will be donated by Lost Valley to help keep our mission going!



Wednesday, September 24th | 4pm to 9 pm

Lost Valley
200 Lost Valley Rd. Auburn, ME

Seniors Not Acting Their Age Exploring Lower Togus Pond

For several years, I've organized Penobscot Paddle & Chowder Society spring whitewater trips on Togus Stream from Chelsea to Randolph where it joins the Kennebec River. Those adventures recently motivated me to investigate the source of the stream, Togus Pond in Augusta.

My research indicated Togus Pond is separated into two distinct bodies of water called Togus Pond and Lower Togus Pond. Togus Pond is a wide, circular pond whereas Lower Togus Pond is elongated with numerous coves, inlets, and islands. Lower Togus Pond appeared to be a much more appealing destination for kayak exploration so that was my choice.

After identifying a hot, sunny July day with light southerly winds forecast, I sent an email invitation to the usual suspects. My neighbor and friend, Seth Blodgett, was free and agreed to join me.

The only boat access to Lower Togus Pond is located on Route 105 in Augusta. The small hand-carry landing has a paved parking area with space for a few vehicles.

The skies were partly cloudy and winds nonexistent when we arrived at the boat launch. After carrying boats through a narrow path for a short distance, we embarked in two solo flatwater kavaks.

The first thing that impressed us about northern Lower Togos Pond was that it was essentially undeveloped. Initially, we cruised south through a narrow passage with swamp grass along both shores. Soon after entering a widening section of the pond, we passed a family of loons feeding in a cove on the western shore, indicative of an abundant fish population. A confusing array of islands, peninsu-

las and coves populate this part of the pond. Lacking an obvious route south, we followed a twisting path that was free of swamp grass and lily pads.

The character of the pond gradually transitioned from swampy terrain to a more rugged rocky shoreline. Ledge outcroppings were observed on several of the small islands in the central part of the pond. We stopped for lunch on one of the ledges which had a convenient place to land. An old stone fire ring at the top was evidence fires had been built there in the past and the site may have been used for camping.

More route finding was necessary when we set off again. We chose a narrow passageway between some small islands and emerged into open water. A large inlet on the left appeared to be a cul-del-sac, so we elected to angle right into an attenuated channel.

We made the right choice passing a cottage on the right and entering narrows with a developed shoreline. A colony of camps and year-round homes line both shores nearing the southern terminus of the pond.

At that point, we had not seen anyone on the water. Numerous paddle boats were associated with the camps but there was an apparent absence of motor boats. We stopped to talk with three women who were swimming to escape the heat. They reported there was no prohibition against motorboats but their access is limited to launching from the cottages so there aren't many on the pond.

We progressed south through a field of lily pads to the outlet dam near Route 17. The dam is an interesting contrast of old and new. Originally built in 1804 and rebuilt in the 1980s, the Worromonto-



A kayaker arrives at the outlet dam on Togus Pond



A gentle tailwind benefited paddlers on the return trip

gus Lake Association is the owner. A fishway was completed in 2019 and the unique design is considered one of finest in the country. Getting out of our boat to view the interesting facility was worth the effort.

The fishway has successfully reintroduced alewives into Togus Pond. The hope is that other species which populate the stream such as Atlantic Salmon will climb the ladder and spawn in the pond.

The return trip was one of pure bliss. We benefited from a gentle tailwind, sunny skies and warm temperatures while traveling through one of central Maine's most scenic ponds. Remarkably, no other boaters were encountered during our voyage.

Lower Togus Pond is the ideal destination for boaters searching for an outstanding paddling expe-

rience on a predominantly undeveloped remote pond with quality access. We'll be back.

My book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine* narrates 28 paddle trips on Maine's rivers, streams, lakes and ponds, and along the coast.


Ron Chase resides in Topsham. His latest



Topsham resident Seth Blodgett kayaks through an undeveloped section of Lower Togus Pond

book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at www.north-countrypress.com/maine-al-fresco or in bookstores and through online retailers. His previous books are "The Great Mars Hill Bank Robbery" and "Mountains for Mortals – New England." Visit his website at www.ronchaseoutdoors.com or he can be reached at ronchaseoutdoors@comcast.net.

We Deliver.



Uber
Eats

GRUBHUB™

Postmates

DOORDASH

SUBWAY Not all delivery services available at every restaurant. All chips-related trademarks are owned by Frito-Lay North America, Inc. ©2020. Subway® is a Registered Trademark of Subway IP LLC. ©2020 Subway IP LLC.

STAPLES COWORKING

A NEW SPACE TO BREAK OLD RULES

**COME TRY OUR NEW COWORKING
AND MEETING SPACE IN AUBURN
FOR FREE!**

**MENTION THIS AD AND GET 1
FREE WEEK OF OPEN SEAT
COWORKING AND 1 HOUR OF
MEETING ROOM USE.**

**OFFER VALID ONLY AT OUR
89 UNION ST. AUBURN, ME LOCATION**

100% Financed Garages!



**No money down.
FREE estimates.
Schedule your new
garage install today!**

AMERICAN BUILDERS

Custom Building & Remodeling



(207) 500-8100 ~ www.AmericanBuilders.com

Arts & Entertainment

Party like it's 1813 at LPL's first literary Regency Ball

LEWISTON, ME – Join us at the Lewiston Public Library's Jane Austen Regency Ball on Saturday, October 18th in Callahan Hall. Doors will open at 6:30pm, and the dance will run from 7 to 9pm. The ball will include English Country Dancing and light refreshments. This is the Lewiston Public Library's first annual literary ball, commemorating Jane Austen's 250th birthday.

English Country Dancing is a style of social folk dance that has been around for over five centuries and was popular during the Regency era. It is an approachable style of dance that utilizes a caller who teaches each song's dance and calls the figures as the song progresses.

PARTY LIKE IT'S 1813!

Lewiston **PUBLIC LIBRARY** presents
the Jane Austen
REGENCY BALL

in **CALLAHAN HALL** on
SATURDAY, the 18th of OCTOBER.

6:30pm: Doors Open
7pm: Dance Begins

You are requested to attend LPL's
First Annual Literary Ball.
Learn English Country Dancing and enjoy
complimentary light refreshments at this
free after-hours event. Regency attire and
fancy dress encouraged. Ages 13+.

Contact 207-513-3134 for more details.

This is a beginner-friendly dance, so participants do not need any prior experience to attend.

This free, after-hours event is open to participants ages 13 and up. No registration is required. Regency attire and fancy dress are encouraged.

The Lewiston Public Library is located downtown at 200 Lisbon Street at the corner of Pine Street. More information on this program is available by contacting the Lewiston Public Library at 513-3134 or LPLCirc@lewiston-maine.gov.

Oasis of Music Wednesday series opens in September

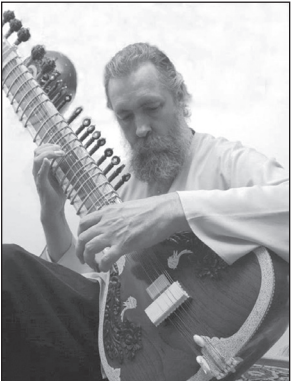
LEWISTON, ME – The Oasis of Music Wednesday series opens its seventh season on September 3 with a performance by local legend Denny Breaux.

The Oasis of Music happens at Trinity Commons, 247 Bates Street in Lewiston, every Wednesday beginning at 12:30, from September through May. Attendees are treated to a short concert of music of many genres, from folk to pop to rock to jazz and classical and beyond, performed by many of our finest local musicians, in what is considered "an acoustic jewel" of a performance space.

Breaux will perform a set of favorite original songs and covers, both songs and instrumentals with his signature guitar style. He is critically acclaimed for his singing and guitar work. He started playing guitar when he was 9 years old and was performing professionally by his early teens. During more than 40 years as a full-time musician, he has performed with many well-known artists and picked alongside outstanding guitarists including Bryan Sutton, Harvey Reid, J.P. Cormier, Pat Donohue, Dan Crary and Steve Kaufman. He has long been in demand as a studio musician and has done jingles and sound tracks for radio and television as well as recorded and produced albums for other artists.

Denny was inducted into the Maine Country Music Hall of Fame in 2004, the youngest inductee in the history of the organization.

Other Oasis performers in September include American sitarist David Pontbriand on the 10th, folk songs and instrumentals with Keith Prairie and his hammered dulcimer September 17, and singer-songwriter Vanessa Jones with bassist Jerry Adams on September 24.



Admission to the Oasis of Music is free, with donations for the music accepted. For more information email Greg Boardman at bowandstring@gmail.com.

Follow us on Facebook

www.facebook.com/twincitytimes

THE IRISH...

AND HOW THEY GOT THAT WAY

By FRANK McCOURT

A heartfelt musical tribute to the Irish-American experience.

\$40 Tickets Aug 27/28

TICKETS:
\$40-60
We,Fr,Sa - 7pm
Th,Sa,Su - 2pm

Aug 27 - Sep 14

ThePublicTheatre.org

782-3200

All performances at 31 Maple St, Lewiston

SPONSORS: Schooner Estates; Sandy Morrell-Rooney & Chuck Rooney

PUBLIC THEATRE
MSMT
MAINE STATE MUSIC THEATRE
A CO-PRODUCTION



A great place to land during Balloon Festival

It's like coming home for Dinner!



Three generations of the Vallee family have been serving the L/A area since 1962. Formerly Eddy's Drive In Diner and operating as the Village Inn for the past 46 years.



165 High Street • Auburn • 782-7796

Skelton Taintor & Abbott
ATTORNEYS AT LAW

Over 160 years of commitment to clients, cases, and community.

500 Canal Street, Lewiston, Maine
Call 207.784.3200 or visit sta-law.com

Caring for your needs since 1970

Finley Funeral Home

15 Church Street, Livermore Falls, ME 04254
(207) 897-3588



Bragdon-Finley Funeral Home

707 Main Street Monmouth, ME 04249
(207) 933-4444

www.finleyfuneralhome.com

Member of International Order of the Golden Rule
The Maine Funeral Directors Association • The National Funeral Directors Association



Area Agency on Aging and your trusted, nonprofit source for information in Androscoggin, Franklin, and Oxford counties

8 Falcon Road, Lewiston

1-800-427-1241 • www.seniorsplus.org

WE CAN HELP!

Medicare counseling • Meals on Wheels
Caregiver support • Education Center
MoneyMinders and benefits assistance



**Delicious Food.
Gorgeous View.**



Check out our waterfall stream
overlooking the lake!



Open 7 days a week 10am-9pm
470 Lake Shore Dr, Auburn • 784-2521



Photos by Millie Barnard, Twin City Times



DAN THE MAN
REAL ESTATE

207-939-8970

*Specializing in
bank owned
homes.*

NOW HIRING
sales agents
and brokers!

danthemanmaine.com



Affordable Well Drilling
207.375.7204

28 Bowdoinham Road • Sabattus, Maine



Give us a call about excavation and Forestry!

**Proud to support
our communities**

Serving:

- Androscoggin
- Cumberland
- York
- Lincoln
- Oxford
- Sagadahoc



Evergreen
Credit Union

- Portland - South Portland - Windham -
- Naples - Scarborough -



Photos by Millie Barnard, Twin City Times



*Emerson Chevrolet supports
The Lewiston - Auburn
Balloon Festival*



EMERSON

CHEVROLET

AUBURN, MAINE

946 Center Street
Auburn • (207) 784-3503
www.EmersonChevy.com

SINCE 1996

DaVinci's

EATERY

BEST ITALIAN FOOD IN L/A

150 Mill St. Lewiston, Me

207-782-2088

Accepting reservations online and by phone

www.davinciseatery.com

WICKED GOOD EATS,
WITHOUT THE WICKED PRICE

MONDAY - CHEESEBURGER & FRIES 7.99

TUESDAY- BAKED STUFFED HADDOCK 18.99
& BOWL OF HADDOCK CHOWDER 8.99

THURSDAY NIGHT
ALL YOU CAN EAT
COMFORT FOOD BUFFET

4-8PM - ADULTS 18.99

SUNDAY MORNING
ALL YOU CAN EAT BREAKFAST BUFFET
8AM-NOON - ADULTS 16.49

YES WE HAVE DELIVERY! ORDER ONLINE AT GOVERNORSRESTAURANT.COM OR ON DOOR DASH

COME CHECK OUT OUR NEW LOOK- 1185 LISBON STREET, LEWISTON. (207) 753-0175



**Send all items for What's
Going On to the Editor.
Deadline is Friday by five.**

Come get your
Farm Fresh Potatoes
Sweet Corn &
Vegetables!

- Potatoes
- Vegetables
- Grain Corn
- Eggs
- Beef

207-784-1455
1552 Riverside Drive, Rte. 135, Auburn



NSB makes \$2.5K donation to Lake Stewards of Maine

AUBURN, ME – A recent study conducted by the University of Maine found that the state’s lakes and ponds contribute over \$14 billion in annual value to Maine’s economy. Protecting them requires ongoing monitoring and early detection of changes to maintain the health of these freshwater havens, and that’s a mission Lake Stewards of Maine (LSM) is determined to fulfill. Based in Auburn, the organization encourages citizen participation in the gathering of credible scientific information that allows LSM to serve as the primary source of lake data in Maine.

“LSM is a statewide nonprofit that trains, certifies, and provides technical support to volunteer community scientists who collect water quality data and survey lakes for aquatic invasive species. Over 1,200 LSM volunteers are actively monitoring nearly 550 lakes across the state,” said Alison Cooney, Executive Director of LSM.

Volunteers provide early warnings that improve LSM’s ability to protect Maine’s lakes.

“All of our training and support is provided at no charge to the public, and we welcome all participants,” said Cooney.

NSB has long supported LSM to help ensure that training and support

remains free, most recently donating \$2,500 to the LSM effort.

“Community-based monitoring, training, and education are vital,” said Dan Walsh, President and CEO of Norway Savings Bank. “Volunteers play such a critical role in this effort and NSB is proud to play a small part in helping Lake Stewards of Maine expand this early detection network.”

“We are very grateful for the partnership between Norway Savings Bank and Lake Stewards of Maine which has been critical to our ongoing statewide work,” said Cooney. “It makes such a difference in keeping Maine’s lakes and

ponds clean and healthy.”

There are many ways to help LSM in its protection of Maine’s lakes and ponds. To learn more about the organization and how you can pitch in if you are able, visit www.lakestewardsmaine.org. To find information about nearby lakes, visit www.lakesofmaine.org.

New law addresses knowledge gap around menopause

AUGUSTA, ME – On July 1, Gov. Janet Mills signed into law legislation sponsored by Rep. Kristen Cloutier, D-Lewiston, that will better equip those who menstruate with the knowledge they need to help navigate menopause and make informed decisions about their bodies and health.

LD 1079 will direct the Department of Health and Human Services to work with healthcare providers – including obstetricians, gynecologists and primary care physicians – as well as community-based health programs and hospitals, to develop comprehensive education materials about perimenopause and menopause. These resources will provide information about the symptoms, physical and emotional changes, treatment options and long-term health considerations associated with these transitions.

“I introduced this bill because resources and information about menopause are not mainstream in the ways they are for other normal life phases,” said Cloutier. “Failure to inform and educate people about menopause has huge health and economic im-

pacts. This bill represents a crucial step toward normalizing conversations about menopause and equipping individuals with the accurate information they need to make the best decisions for their individual health.”

According to data collected by AARP, 80% of graduating internal medicine residents did not feel competent to discuss or treat menopause. Only 20% of OB/GYN residencies offer menopause training and half of all U.S. OB/GYN residencies thought they needed more education on menopause medicine. Additionally, it is estimated that 85% of perimenopausal and menopausal people experience symptoms that impact their quality of life, but only 60% seek clinical help. Of these people, 75%

subsequently go untreated.”

The new law will go into effect September 24, 2025.

Rep. Kristen Cloutier is serving her fourth term in the Maine House and represents House District 94, which includes part of her hometown of Lewiston. She is the House chair of the Taxation Committee and serves as a member of the Appropriations and Financial Affairs Committee.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

Jason Hodsdon Masonry

Chimneys • Chimney Cleanings • Masonry Demo
Repointing & Repairs • Culture Stones
Restorations • Stainless Steel Liners
We install professional chimney caps!

215-3557
North Monmouth
Jasonhodsdonmasonry@gmail.com





207-344-5212

FULLY INSURED

LANDSCAPING

HARDSCAPING

SNOW REMOVAL

- Landscaping
 - Hardscape
 - Drainage Installs
 - Retaining Walls
 - Mowing
 - Snow Plowing
 - and more!
- 207-344-5212

MULCH



Black-Brown \$45/yard
Playground Chips \$25/yard
Reground Chips \$40/yard
(all natural)

Screened Loam

Delivery Available!
642-6181 ~776-1063 ~ 415-2781

RICHARD WING & SON LOGGING
RT 114, 610 Richville Road, Standish, Maine

Maine CASA Volunteer Training August 2025

Interested in advocating for the best interests of children in need?



Join us for our next volunteer training! This free, five-day training is designed to prepare attendees for certification as volunteer guardians ad litem (GALs) in Maine child protection cases.

For more information, please contact Maine CASA at: (207) 213-2865 or casa@courts.maine.gov



CASA
Court Appointed Special Advocates
FOR CHILDREN

MAINE JUDICIAL BRANCH
FAMILY DIVISION

www.casaofmaine.org

Tips for trolling for Maine trout & salmon

BRUNSWICK, ME – Trolling Maine’s ponds and lakes is a traditional and effective way to enjoy fishing. Lifelong angler Stan Pauwels will share tips and secrets for trolling for trout and salmon at the Tuesday, September 16, 2025, monthly get-together of the Merrymeeting Bay Chapter of Trout Unlimited.

Stan moved to Maine in 1983 to attend graduate school. He fell in love with the tremendous fishing, hiking, and camping opportunities across the state. Stan specializes in catching smallmouth bass on large rivers in the summer, and salmonids on ponds and lakes across the four seasons. He particularly enjoys the technical challenge of targeting salmon and trout on lakes in the summer, which is the topic of his presentation – “Trolling for Maine’s Trout & Salmon: The Good, The Bad, The Ugly.”

Members and the public are invited to attend the Merrymeeting Bay monthly meeting of this national cold-water conservation organization as we gather sportspeople and conservationists on Tuesday, September 16,



2025, at Sea Dog Brewing, 1 Bowdoin Mill Island, Topsham.

Social hour begins at 6:00 pm, the presentation starts at 7:00 pm. The event is free; dinner and drinks can be purchased.

MMBTU monthly membership meetings are held at Sea Dog on the third Tuesday of each month, September through May. Upcoming meetings are scheduled for 21 October, 18 November, and 16 December.

No admission fee. Open to members and non-members alike.

Please join us. Our mission is to conserve, protect, and restore our

area’s cold-water resources and the watersheds on which they depend. Trout Unlimited is the nation’s oldest and largest cold-water fisheries conservation organization dedicated to caring for and recovering America’s rivers and streams so our children can experience the joy of wild and native trout and salmon. Across the country, TU brings to bear local, regional, and national grassroots organizing, durable partnerships, science-backed policy muscle, and legal firepower on behalf of trout and salmon fisheries, healthy waters, and vibrant communities.

TPT, MSMT present *The Irish... and how they got that way*



Charis Leos, David Girolmo, Curt Dale Clark, Heidi Kettenring. Photo by Kevin Faraci.

LEWISTON, ME – Two of Maine’s premier theatre companies, The Public Theatre and Maine State Music Theatre, are thrilled to present a special co-production of the spirited musical revue *The Irish...and How They Got That Way*, running August 27 through September 14, 2025, at The Public Theatre in Lewiston. This unique collaboration brings together the best of both companies, celebrating the resilience, humor, and enduring spirit of the Irish people in a heartwarming production that will leave audiences clapping, laughing, and singing along. Almost 3,500 tickets have already been sold and matinees are filling up quickly.

This marks the first co-production between MSMT and The Public Theatre since their successful collaboration on *Grease* in 2019.

“The Public Theatre is excited to offer Maine audiences an opportunity to see our beautiful theatre in Lewiston,” says Ray Dumont, Executive Director. “Partnering with Maine State Music Theatre, as we did in 2019 with *Grease*, combines the expertise, resources, and commitment to excellence of both organizations to

bring a production to our stage that will delight audiences with great music and great performances. We hope that many new theatergoers will come to see what’s happening in Lewiston.”

Written by Pulitzer Prize-winning author Frank McCourt (Angela’s Ashes), this lively and heartfelt musical revue offers a stirring tribute to the Irish-American experience. Through a seamless blend of storytelling, humor, and music, the production showcases beloved ballads like “Danny Boy” and “The Rose of Tralee” alongside contemporary hits from U2, creating a theatrical journey that is both poignant and uplifting.

This crowd-pleasing production of *The Irish...and How They Got That Way* boasts a star-studded cast of longtime Maine State Music Theatre favorites, including Curt Dale Clark, David Girolmo, Heidi Kettenring, and Charis Leos. The production is directed and choreographed by the award-winning Marc Robin, renowned for his dynamic work on MSMT’s most beloved productions. Last spring, this same production played to sold-out houses at The Fulton Theatre in Lancaster,

PA.. “This cast is truly the best of the best. Not only are they MSMT favorites, but they are also lifelong friends. I am so excited to reunite this incredible group for an unforgettable theatrical event,” says Curt Dale Clark, Artistic Director of Maine State Music Theatre.

Don’t miss this rare opportunity to experience the warmth and wit of Frank McCourt’s masterpiece *The Irish...and How They Got That Way*, presented by two of Maine’s most celebrated theatre companies.

PERFORMANCE SCHEDULE: Previews: August 27 & 28 • Opening Performance: Friday, August 29 at 7 PM • Evening Performances: Wednesdays, Fridays, and Saturdays at 7 PM • Matinees: Thursdays, Saturdays, and Sundays at 2 PM. All performances take place at The Public Theatre, 31 Maple St., Lewiston.

TICKET INFORMATION: Tickets range from \$45 - \$60 and are available exclusively through The Public Theatre:

Website: thepublictheatre.org.

Phone: 207.782.3200.

In-person: The Public Theatre Box Office, 31 Maple Street, Lewiston, ME 04240.

988

LIFELINE

maine

No Judgement, Just Help

Call, Text or Chat 988

988 crisis hotline offers free and confidential support available 24/7.

Send all items for Names & Faces to the editor. Deadline is Friday by five pm.

CLEAN BOOKS LLC

BOOKKEEPING SERVICES

207-370-9292

cleanbooksmaine@gmail.com

www.cleanbooksmaine.com

Best Source for Arts, Music and Theater! Your Hometown Paper.

Business Directory

ACCOUNTANT



AUSTIN ASSOCIATES
CERTIFIED PUBLIC ACCOUNTANTS

Auburn 207-783-9111 Norway 207-743-7777
AustinPA.com

Your Financial Team

FLOWER SHOPPE



FREE DELIVERY L/A

Sweet Pea Designs
FLOWER SHOPPE

777-1520

www.sweetpeafloraldesignsme.com

PHOTOGRAPHY



Executive Portraits • Business photographs • Videos

Gray, ME
(207) 657-6372

maine@portraitefx.com
www.maine.portraitefx.com

AUTO CARE

The Only Full-Service Gas Station in Auburn!

Poisson & Sons
Auto Care Center, Inc.

Computer Diagnostics • Yokohama Tires
Repairs • Alignments • Inspection Station
Gas • Clear K1 • Tune-ups • Brakes • Batteries

Dan & Don Poisson
dfpoisson@aol.com

260 S. Main St., Auburn • 782-9144

MASONRY



Jason Hodsdon
JasonHodsdonMasonry@gmail.com

Masonry • Culture Stones
Chimneys • Chimney Cleaning
Repointing & Repairs
Restoration
Stainless Steel Liners

Fully Insured
Free Estimates
20+ Years of Experience

North Monmouth
(207) 215-3557

PRINTING



RICK OSGOOD
owner

207-782-0525
phone

Full Service Commercial Printer
Color & B/W Printing & Copying
Large Format • Posters
Booklets • Carbonless Forms
Letterheads • Envelopes
Business Cards • Labels • Tags
Design Service • and More!

2 Great Falls Plaza, Suite 1B
Auburn ME 04210
info@evergreencustomprinting.com

SPACE AVAILABLE

Your ad
HERE!

Call 795-5017

MARINE SERVICES

BOAT REPAIR SHOP

PONTES
Marine Service

Power by
MERCURY MerCruiser

VOLVO PENTA

OMC

Perkins

YANMAR
Velvet Drive

237 Lewiston Road • Topsham, ME 04086 • (207) 725-5997
www.pontesmarine.com

SELF STORAGE



AUBURN SELF STORAGE, LLC

23 Goldthwaite Rd.
Auburn, ME 04210

PO Box 715
Lewiston, ME 04243

PHONE 376-3325

CHIROPRACTOR

Family Chiropractic Center

Experience Life

1485 Lisbon Street, Lewiston
207.783.0078
www.familychirome.com

PAINTING

Interiors • Exteriors
Free Estimates

Drywall Repair
Pressure Washing

W.J. Libby
Painting Co.

WADE J. LIBBY
WJLibbyPainting@gmail.com CELL: 207.210.0605

SHIPPING



- Shipping
- Packing
- Receiving
- Copies
- Fax Service
- Mailbox Rentals
- Mail Order Fulfillment

Bring in this ad for 10% off UPS or FedEx Shipping!

UPS UNITED STATES POSTAL SERVICE FedEx DHL

9 N. River Road in Auburn ~ www.AuburnGoinPostal.com ~ 784-9900

CONTRACTORS

Fully Insured • 5 Year Workmanship Warranty

AMERICAN BUILDERS

Custom Building & Remodeling

Call 207-500-8100
For FREE Estimates

Quality Work with References Available

PHOTOGRAPHY



Laura Elaines
PHOTOGRAPHY

www.facebook.com/LauraElainesPhotography

(207) 212-5993
LauraElainesPhotography@gmail.com

WEB HOSTING



Web Hosting
Web Design
Web Promotion
One Stop

207-442-9006

MAINE HOSTING
SOLUTIONS

CONTACT US TODAY FOR POSSIBLE OPENINGS
FOR YOUR AD IN OUR BUSINESS DIRECTORY!

Now through Aug 29
WEST GARDINER – Shop Maine Craft presents BIG, a collection of large-scale porcelain sgraffito sculpture and wheel-thrown forms by artist Tim Christensen, on view July 22 through August 29, 2025, at the Center for Maine Craft in West Gardiner.

Aug 21
LEWISTON – Lewiston Public Library: Paint Night at the Library 5-7PM.

Aug 22
MINOT – Please join us in our parking lot for a Free Family Friendly Movie Night and a Make Your Own Smores Event! at the Minot United Meth-

Calendar

Send your submissions to the Editor. More online.

odist Church on Friday, August 22nd. Movie starts at 7:00 p.m. Please bring your own chairs! Hope to see you there! Minot United Methodist Church, 142 Minot Avenue, Minot Maine. If raining, movie will be shown indoors! Any questions, please contact: Joan Spitzform at 207-998-2819.

Aug 23
THOMASTON – The 6th annual Maine Book Festival (formerly the Maine Authors Book Festival) will

be held on August 23, 2025, from 11 a.m. to 4 p.m. at the Thomaston Public Library and sponsored by Maine Authors Publishing.

Aug 24, 27, Sept 6
MAINE – Beethoven and Korngold: A Journey from Heroic Classicism to Hollywood Romance.

Sunday August 24 3:00 pm St. Columba's Episcopal Church, 32 Emery Lane, Boothbay Harbor
Wednesday August 27 7:00 pm Maine Jewish Mu-

seum, 267 Congress Street, Portland.

Saturday September 6 3:00 pm Brunswick Unitarian Universalist Church, 1 Middle St., Brunswick.

For additional information and tickets go to www.dapontequartet.org.

Aug 25
ARUNDEL – The Landing School of Boatbuilding and Design in Arundel, a non-profit marine trades school, is hosting open houses at our campus at 286 River Rd. on Aug 15 (2-4 PM) and Aug 25 (10AM-12PM).

Aug 30
BUXTON – Try our delicious Haddock Supper Buffet - Saturday, August 30, 2025 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$10 Adult, \$5 Child, \$20 Family. Please note: We will offer the option of takeout containers for those who do not want to come inside for seating.

Sept 3
LEWISTON – The Oasis of Music Wednesday series opens its seventh season on September 3 with a performance by local legend Denny Breau.

The Oasis of Music happens at Trinity Commons, 247 Bates Street in Lewiston, every Wednesday beginning at 12:30, from September through May. Attendees are treated to a short concert of music of many genres, from folk to pop to rock to jazz and classical and beyond, performed by many of our finest local musicians, in what is considered “an acoustic jewel” of a performance space.

Sept 6
AUBURN – The Maine Iris Society is having its public auction of Siberian Iris and Daylilies on Saturday, September 6, at 1 pm at the United Methodist Church, 439 Park Avenue, Auburn. This is a public auction where members and non-members can obtain Maine garden grown Siberian irises and daylilies. <https://www.facebook.com/maineirissociety>

Starting Sept 10, 2nd and 4th Wednesdays
LEWISTON – The Lewiston Public Library, in partnership with ArtVan, will be offering in-person

FLAGSHIP CINEMAS

Premium

Premium entertainment at affordable prices!

VISIT ONE OF OUR FIVE MAINE LOCATIONS!

AUBURN | FALMOUTH | WELLS | WATERVILLE | THOMASTON

WWW.FLAGSHIPCINEMAS.COM

art programs. Starting on September 10th, the programs will take place on the 2nd and 4th Wednesday of every month from 3:30pm-5:00pm in the Children's Department for children ages 5-14. Make Art with ArtVan is free, open to the public, and no registration is required. All art supplies will be provided.

Sept 12
LEWISTON – At 10am the Lewiston Public Library Children's Department will be offering the program Baby Footprints Keepsakes. Caregivers and their infants will be able to create a baby footprints keepsake using the imprints of their children's feet on salt dough. This activity is recommended for caregivers with children ages 0-24 months old.

Sept 16
TOPSHAM – “Trolling for Maine's Trout & Salmon: The Good, The Bad, The Ugly” Merry-meeting Bay Trout Unlimited Public Meeting at Sea Dog Brewing, 1 Bowdoin Mill Island, Topsham, 6:00-8:00 pm.

Sept 17
MAINE – St. Mary's Vein Care will host a free screening event for varicose veins and circulation concerns from 10:00 a.m. to 12:00 p.m. Appointments are required, with time slots available every 10 minutes. To schedule an appointment, call (207) 777-4469.

Sept 25, Oct 16, Nov 13
MAINE – The 2025 Maine Hire-A-Vet is a statewide effort with the goal of at least 100 employers hiring at least 100 veterans and military family members during a 100-day period. While the campaign is focused on veterans and their families, these events are open to ALL jobseek-

ers!
September 25, 2025 | 11:00 am to 3:00 pm | University of Maine-Orono.

October 16, 2025 | 11:00 am to 3:00 pm | Maine Sports Arena, Saco.

November 13, 2025 | 11:00 am to 3:00 pm | University of Maine-Farmington.

Oct 18
LEWISTON – Party like it's 1813! Join us at the Lewiston Public Library's Jane Austen Regency Ball, doors will open at 6:30pm, and the dance will run from 7 to 9pm. The ball will include English Country Dancing and light refreshments. This is the Lewiston Public Library's first annual literary ball, commemorating Jane Austen's 250th birthday.

Nov 15
LEWISTON – Prince of Peace Parish Christmas Craft Fair Saturday, from 9-3. Looking for crafters/artists at Holy Family Church Hall 607 Sabattus St., Lewiston. Prices for tables/spaces range from \$25-\$40! Contact Angela at adobson@unc.edu.

1st, 3rd Wednesday of every month
LEWISTON – Join Lewiston Public Library for Bumps & Babies on the 1st and 3rd Wednesday every month starting June 4th from 10:30am to 11:30am in the Children's Department.

Bumps & Babies is a support group that provides a safe, compassionate space for individuals navigating the emotional and physical challenges of pregnancy and the postpartum period. Members can share experiences, receive encouragement, and connect with others facing similar struggles, such as anxiety, depression, or the joys and adjustment to parenthood.

Poland Spring Resort

OPEN TO THE PUBLIC

FENN PARK

MINI GOLF - DISC GOLF

DRIVING RANGE

ICE CREAM SHOP

20+ FLAVORS

GIFFORD'S ICE CREAM



+207-998-4351

547 MAINE ST., POLAND SPRING

WWW.POLANDSPRINGRESORT.COM

MEL'S HILLTOP RESTAURANT

LUNCH, DINNER, DRINKS

OPEN DAILY 11:30 AM - 9 PM

TRY OUR DOUBLE SMASH BURGER!



PRO SHOP

18-HOLE GOLF COURSE

4 PICKLEBALL COURTS

3 GRASS TENNIS COURTS

+207-998-6002

37 ROBBINS RD., POLAND SPRING

WWW.POLANDSPRINGRESORT.COM



Finding a fulfilling career with flexibility and room to grow



Careers with Purpose

Connecting lives, advancing community

Petra always knew she wanted to pursue a career that involved helping people. After studying nursing for a semester, and realizing that it wasn't for her, she discovered her calling as a Mental Health Rehabilitation Technician/Community, or MHRT-C, was the perfect fit.

In that role, she works with individuals living with serious and persistent mental illness, helping them access support services in the community. That might include a wide range of tasks on any given day, from helping clients connect with food and childcare resources, to helping them enroll in college classes.

"I love getting to be a part of people moving forward in their lives," she says. "I get to see people believe in themselves again."

Petra is a part of the growing field of Behavioral Health, ensuring that Mainers with behavioral health needs have the support they need to stay safe, independent, and empowered to achieve their personal goals. There are thousands of openings with providers throughout the state. In addition to the rewarding nature of the work, Petra appreciates having flexibility with time to be there for her husband and two young children.

"I have a lot of control over my schedule," she says. "I really do get to enjoy my kids' childhood."

Emily became a Mental Health Rehabilitation Technician-I, or MHRT-I, shortly after getting her associate's degree, and her son was diagnosed with autism. "I wanted to be prepared to meet his needs and be as knowledgeable as possible," she said.

The position, working with individuals' serious mental illness in supported residential settings, turned out to be a gateway to a new path that she could never could have imagined. Emily went on to become a Licensed Clinical Social Worker, get her Doctorate in Social Work, and teach college classes, all as a mother of three. Today, as the Principal Investigator for Behavioral Health Workforce Initiatives at the Catherine Cutler Institute at the University of Southern Maine, Emily oversees MHRT-related certifications and training initiatives across the state. As she reflects on her path, she sees her time as an MHRT-I as pivotal.

"It helped me truly understand the profound impact behavioral health work could have, not only on the clients I served, but also on my own sense of purpose and fulfillment," she says. "To be able to see people have those light-bulb moments, really discover who they are and witness their resilience; it's amazing."

To learn more about full-time, part-time and per-diem opportunities in your community, go to Mainecareerswithpurpose.org. Follow @MaineCareerswithPurpose on Facebook and Instagram.





READ MAKE EXPLORE

Lewiston PUBLIC LIBRARY

Monarchs at the Library!

Visiting Throughout August

3rd Floor Children's Department



Maine Music Society Board welcomes new members



Left to right: Katie Lauze, Linda Nickerson, missing – Melissa Record

LEWISTON, ME – The Maine Music Society [MMS] is pleased to announce the addition of two new Directors to its Board and the election of Linda Nickerson as Vice Chair.

Linda Nickerson, the new MMS Vice Chair, has been an active chorale member and on the Board since 2022 serving as Marketing co-chair. She is a University of Maine graduate with a degree in Education. Linda has extensive experience in administrative support at Ecolab and Unum. She served many years in various roles at North Windham Union Church with a focus on education, marketing and active involvement in the Music with a Mission concert series. Her extensive business experience, social media, leadership and commu-

nications skills will continue to greatly benefit MMS.

Melissa Record is Vice President & BSA/ Compliance Officer at Auburn Savings Bank. As a resident of North Monmouth, her community service includes membership in the Winthrop Rotary Club, serving as an AARP Fraud Watch speaker and as a member of the Finance Committee of the Big Brothers/Big Sisters of Mid-Maine. Her excellent technical and fund-raising skills will prove an asset to MMS.

Katie Lauze, a Lewiston resident and member of the MMS Chorale, is an Affordable Housing Landlord/Property Manager. A current member of the Lewiston Housing Committee, she is also a former member of the

Lewiston Public Health Committee and the Una Voce Chamber Choir Board. Coupled with her background in public health and insurance for the State of Maine and Unum, her community volunteerism provides her with a broad perspective and knowledge of the local scene. She looks forward to helping with communications and event planning.

The Maine Music Society is a nonprofit music-performing organization that serves the communities of Central Maine through imaginative and artistically excellent public performances. It supports the MMS Chorale and the MMS Chamber Singers. For more information contact info@mainemusicsociety.org or visit our website at www.mainemusicsociety.org.

CAMP FOR SALE

by owner

24' x 24' - 2 bedroom cabin with a loft bumpout addition (8' x 14') with bathroom and shower. Power, new propane heater installed, new well and septic, new 8' x 12' deck, 4 acres of land, abundant with wildlife, washer and dryer hook up, new driveway, stumped and leveled off yard, direct ATV access.



For more information

Call 207-215-3557

\$380,000

Thurston Rd, Cornville

Evergreen
Credit Union

egcu.org/auto

Auto Loans

Rates as low as **4.24%** APR¹



Start now.
Local
Financing
Leader



Scan to apply
or call
207-221-5000

★ Trustpilot
Rated 4.7 Stars
as of 7/14/25

¹ Annual Percentage Rate as of 6/9/2025. Rates subject to change without notice. Not all applicants will qualify for the lowest rate or be approved. Advertised rate is based on risk based & relationship pricing discounts. For more information, visit egcu.org/auto.

Water that just works.



Maine's leader in water well drilling, pump installation, and geothermal installation.

207.224.7861 goodwinwellandwater.com