

## Dempsey Challenge 2025

### Special Section pages 7-9

DEMPSEY

CHALLENGE

CHALLENGE

yourself.

## Vendor applications open for Fall Fest & Makers Market in Gorham

**GORHAM, ME** – Ridge Farm in Gorham, ME Saturday, October 18th from 10 a.m. - 3 p.m. (rain or shine) 236 Sebago Lake Rd.

Vendor applications are open for Fall Fest & Makers Market @ Orchard

You can apply at our Instagram and website.



## FALL FEST & MAKERS MARKET

### AT ORCHARD RIDGE FARM

SAT, OCT 18<sup>TH</sup>  
10AM-3PM

236 SEBAGO LAKE RD, GORHAM, ME 04038

## North Gorham Public Library looking for volunteer readers

**GORHAM, ME** – We at North Gorham Public Library are sad to announce that we had to say goodbye to Paula Boyce, who leads our weekly Story Hour. She decided to accept a teaching position at a nearby college. Her shoes will be hard to fill, but if you'd like to try, please send us an email at [libng@north-gorham.lib.me.us](mailto:libng@north-gorham.lib.me.us)

This is a volunteer position.

Story Hour is held every Wednesday from 10:30 to 11:30 in the library. It is geared toward toddlers and



preschoolers, and features sing-alongs, reading a short story, and making a simple craft. The kids also usually

play with the puzzles and toys we have on hand. We can have anywhere from two to 10 children.

## Join MDT Clean-Up Day – Help keep the Gorham trail beautiful!

**GORHAM, ME** – Hello Friends! Mountain Division Trail is organizing a Trail Clean-Up Day and would love your help! Meeting Location: Where the trail crosses Wescott Rd, Gorham

Time: 8:00am to 4:00pm on Saturday September 13.

We'll head toward

Otter Pond once we gather.

Tasks include:

Lopping

Raking

Leaf Blowing

Tools:

We'll have some tools available, but feel free to bring your own. Useful items include loppers, rakes, hedge trimmers, leaf blowers, and gloves.

Refreshments:

Water and snacks will be provided at the Wescott Rd meeting spot.

If you have any questions, please email us at [fo-tmdt@gmail.com](mailto:fo-tmdt@gmail.com).

Thank you for helping us keep the Mountain Division Trail safe, welcoming, and beautiful for all!

## Town of Gorham seeks to fill committee, council seats

**GORHAM, ME** – The Municipal election will be held on Tuesday, November 4, 2025 for the purpose of electing:

THREE (3) persons for Town Council to serve a 3 year term

TWO (2) persons for School Committee to serve a 3 year term

Nomination papers

will be available from the Town Clerk's Office beginning on Monday, July 28, 2025. Completed nomination papers must be submitted to the Town Clerk's office no later than 5:00 p.m. on Thursday, September 4, 2025.

Any registered voter of the Town of Gorham, who is interest-

ed in running for any of these positions, must submit nomination papers with no less than 35 or more than 50 signatures of persons who are registered voters of the Town of Gorham.

Please contact the Town Clerk's Office at 222-1670 if you have any questions.

## Clothes galore at Gorham's Mission of Hope Clothes Closet

**GORHAM, ME** – The FREE Clothes Closet at Cressey Road Church (Mission of Hope Clothes Closet) is open to all who need Fellowship, Friendship and Clothes. We are located at 81 Cressey Road, Gorham, and we are open on the FIRST and THIRD Saturday of each month from 9 o'clock AM to 12 Noon.

We focus on clothes and accessories (gloves, scarves, hats, etc.) and welcome your donations during our operating hours. Clean clothes in good shape help the most, as they go right out to help people locally or in nearby communities. An attempt is made to have season appropriate clothes available to you. After we have

displayed them for a time, they are donated to our local second-hand shops.

In addition to helping folks find clothes, we want to spend time with you! There are tables to sit, talk and to share a cup of coffee and usually a goodie with volunteers or others. Come see us! You might make a new friend. All are welcome!



I WANT YOUR OLD VINYL

## THE RECORD CAT

CASH PAID FOR ALBUMS

207.899.2938

## Pain holding you back?

St. Mary's Chronic and Interventional Pain / Physiatry team offers non-surgical care to help you move better, feel stronger and get back to living. We treat a wide range of conditions with personalized plans that work for you.

Call 207-333-4799 to learn more.



ST. MARY'S  
HEALTH SYSTEM  
Chronic and Interventional  
Pain Management / Physiatry  
A Member of Covenant Health



## Professional & Reliable Cleaning Services

# REAL CLEAN LLC

Over 20 Years Experience  
Commercial • Residential  
Serving Maine • New Hampshire

(207) 712-2765 - Stacy Mahonen - [www.RealCleanLLC.com](http://www.RealCleanLLC.com)



# News-makers, Names & Faces

## AARP News You Can Use – September 2025

By Joyce Bucciantini, AARP Maine Community Outreach Volunteer

On August 14, 1935, President Franklin D. Roosevelt signed the Social Security Act into law stating, "...we have tried to frame a law which will give some measure of protection to the average citizen and to his family against the loss of a job and against poverty-ridden old age." Social Security created a system of earned retirement income for American workers to avoid the dire poverty experienced during the Great Depression.

I remember getting my first real paycheck and seeing the Social Security deduction. My father explained that paying into Social Security now creates an income benefit paid to us later. Being 17, later seemed a long way away. Like me, Social Security has seen a few changes over the years. Social Security has changed from just supporting retired employees to also providing benefits to eligible spouses, children, people with disabilities and their families.

According to AARP, over 69 million Americans are receiving some type of Social Security. In Maine,



95% of people over age 65 receive Social Security benefits and rely on them to pay their everyday bills. Social Security benefits are not gifts; they are our own hard-earned money being paid back to us.

Full retirement age for Social Security depends on your age. For people born before 1958 the age is 65. For those youngsters born between 1958 and 1960, full retirement age is between 66 and 67. AARP and Social Security websites have information about Social Security eligibility. Anyone can create an account at mysocialsecurity.gov to monitor their Social Security benefits.

Part of our Social Security benefit is taxed based on our overall income. However, the newest federal budget bill allows eligible seniors over 65 who earn less than \$75,000 (\$150,000 for joint filers)



to deduct \$6,000 per individual (\$12,000/couple) from their overall taxable income. This tax deduction could reduce overall taxes for many older Americans. A qualified tax preparer can explain how this deduction impacts individual taxpayers.

Social Security is a promise between workers and our government; employees pay into Social Security during their working years and receive an income based upon their earnings after retirement. For 90 years, Social Security has kept that promise providing a crucial income source for retirees. AARP is committed to making sure our government keeps that promise whatever changes the next decades may bring. Happy Birthday to Social Security!

As always, check out the AARP Maine website for an AARP event near you. I hope to see you there!

*Joyce Bucciantini is a retired middle school educator. She currently coordinates Delta Kappa Gamma's Read to Me program, is a tutor with Literacy Volunteers-Androscoggin, and is an active AARP Maine volunteer. She enjoys her gardens, being outdoors and traveling.*

Please use the following QR Code or web address to find more information about AARP Maine and events near you:

aarp.org/me · me@  
aarp.org · @aarpmaine ·  
866-554-538.

## A little good goes a long way: Give blood or platelets with Red Cross

**PORTLAND, ME** – The American Red Cross asks donors to give blood or platelets now to help maintain a healthy blood supply. Donors of all blood types, especially those with types O positive and B negative blood, are urged to make an appointment to keep lifesaving blood products ready the moment patients need them.

People coming together to care for one another is the humanitarian spirit shared by our Red Cross community and fans of PEANUTS. And this month, the Red Cross and PEANUTS are once again joining forces to remind people that a little good goes a long way. In celebration of the 75th anniversary of PEANUTS, those who come to give blood in September will get an exclusive Red Cross x PEANUTS mystery bag with one of four special T-shirt designs, while they last.

Each design is iconic, and donors won't know which one they'll get until they open the bag. Additionally, there will be a number of golden tickets randomly in the mystery bags hidden throughout the country. Donors who find a golden ticket when they open their bag will have the chance to redeem it

through an online form for all four T-shirts! See RedCrossBlood.org/Peanuts for details.

Be a friend to patients in need. Book a time to give by visiting RedCrossBlood.org, downloading the Red Cross Blood Donor App, or calling 1-800-RED CROSS.

Seasonal challenges Routines are changing, and schedules are filling up before fall, which could keep people from coming out to help save lives. In addition, the threat of severe weather and hurricanes remains strong in late summer. As we near National Preparedness Month, it's important to note the significant disruption weather can cause all year long. Between July 1, 2024, and June 30, 2025, weather canceled about 1,500 blood drives, causing more than 40,000 blood donations to go uncollected. Making and keeping donation appointments where it's safe to do so can help patients when and wherever they need it most.

Upcoming blood donation opportunities.

Androscoggin  
Auburn  
9/11/2025: 1 p.m. - 6 p.m., Auburn Fire Department, 550 Minot Avenue.

Poland  
9/13/2025: 9 a.m. - 1 p.m., Poland Town Hall, 1223 Maine Street, Rt. 26.  
Cumberland  
Brunswick  
9/10/2025: 12 p.m. - 5 p.m., Elks Lodge, 179 Park Row.  
Cape Elizabeth  
9/11/2025: 1 p.m. - 5 p.m., Saint Bartholomew Church, 8 Two Lights Rd.  
Falmouth  
9/10/2025: 10 a.m. - 2 p.m., Lunt Auditorium, 74 Lunt Road.  
Gorham  
9/4/2025: 1 p.m. - 5:30 p.m., Cressey Road Christian Church, 81 Cressey Road.  
Portland  
9/15/2025: 9 a.m. - 1 p.m., Maine Medical Center - Dana Education Center, 22 Bramhall Street.  
South Portland  
9/9/2025: 9 a.m. - 1 p.m., American Legion, 413 Broadway.  
Standish  
9/15/2025: 9 a.m. - 1 p.m., Standish Town Hall, 175 Northeast Road.  
Westbrook  
9/12/2025: 12 p.m. - 4 p.m., Westbrook Community Center, 426 Bridge Street.  
Yarmouth  
9/5/2025: 11:30 a.m. - 4 p.m., American Legion Post 91, 196 Main St.

**Jason Hodsdon Masonry**

**We install stainless steel liners**

**215-3557**  
North Monmouth

**Jasonhodsdonmasonry@gmail.com**

# Injured on the job?

## We should talk.

(207) 333-5103

Help@BilodeauLaw.me  
BILODEAULAW.ME

**BILODEAU LAW**

# Send all items for Names & Faces to the editor.

## Deadline is Friday by five pm.

**Save \$\$ on your business phone!**

**Call today for a demonstration!**

**PROFESSIONAL COMPUTER SERVICES INC.**

**207.784.6295**  
buck@pro-pc.us


**Buck Buchanan**  
A+, MCP Certified Technician

**Best Source for Arts, Music and Theater!**

**Your Hometown Paper.**






# Newsmakers, Names & Faces




**Baxter**  
MEMORIAL LIBRARY  
*Sponsored by the Friends of the Library*

### September Greetings from Baxter Memorial Library!






**Author Event: Amie Lynne Martin**  
Wednesday, September 10th 6pm  
Witty, warm, and wicked hot romance awaits!  
Amie Lynne Martin is a writer, reader, crafter, and full time daydreamer. She fell in love with stories at a young age, raised on the likes of Star Wars and Indiana Jones. With more ideas than she can write, she balances her creative works while working in the elementary school system. Join us to hear about her writing history and process, where she gets her ideas, and hear her read from her second Haven's Point novel, *Out of the Woods*.



**Author Event: Anthony Phillip Blasi**  
Wednesday, September 17th 6pm  
From the bloody King Philip's War battlefields of Massachusetts to the fight for the wilderness of New Hampshire and Vermont, author Anthony Blasi explores the journey from frightened homesteader to toughened wilderness warrior. Anthony is a municipal clerk and a member of several genealogical societies throughout the Northeast. He is a graduate of the University of Maine at Farmington, where he received the Roger Grindle Award from the history department and presented a thesis on the history of genealogy in America.

### Book Club!

Thursday, September 11th  
*By Any Other Name*  
by Jodi Picoult  
Thursday, September 25th  
*Euphoria*  
by Lily King  
Meets at 10:15am in the Schneider Great Room.  
No registration necessary.  
All are welcome!



**SEWING CLASS FOR ADULTS!**  
at Baxter Memorial Library  
Choose one of the two Thurs of every month  
Starting in October 2025  
4:00pm-5:30pm  
Baxter Memorial Library  
STUDENTS WILL LEARN  
✓ Machine Basics  
✓ Fabric Selection  
✓ Pattern Making  
✓ Creative Stitching  
ONLY FOUR SPOTS LEFT  
This class requires you to bring a sewing machine with you.  
FMI call 203.7992

Follow us on Facebook  
[www.facebook.com/GorhamWeekly](http://www.facebook.com/GorhamWeekly)

## F&W Forestry expands operations in southern Maine

**MAINE** – F&W Forestry Services, Inc., one of the nation’s oldest and largest forest management and consulting firms, is expanding its footprint in Maine through the acquisition of Two Trees Forestry. The move strengthens F&W’s presence in the state and reinforces its commitment to high-quality, client-centric forestry services.

Founded in 1984, Two Trees is a well-respected provider of comprehensive forest management services to private landowners and municipalities across central and southern Maine. As part of the transition, Two Trees will retain its name and Harold Burnett, the company’s longtime owner, will continue to run the business, operating out of the Winthrop office.

“As I began planning for retirement, it was important to find a partner that shares our environmental ethics, professional standards, and dedication to client service,” said Burnett. “F&W aligns perfectly with our values, and I believe our clients will experience a seamless transition with no disruption to the service they’ve come to expect.”

F&W, established in 1962, is a trusted provider of high-quality, comprehensive forest management services to a diverse landowner base. Its expertise includes timber sales, management plans, property management, field support services, forest inventory and mapping, forestland accounting, technical and analytical services, real estate, and natural capital.

“We are thrilled to welcome Two Trees to the F&W family,” said Marshall Thomas, president of F&W. “From our very first meeting, it was clear that Harold and his team exemplify the professionalism and client commitment that define our approach.”

F&W is committed to ensuring continuity for Two Trees’ clients, who

## Friends of Feral Felines holding book sale

**WESTBROOK, ME** – The Friends of Feral Felines 22nd annual book sale is coming to Westbrook again this year, to the very popular Westbrook Community Center at 426 Bridge Street.

The sale will run from 9am to 2pm on Saturday, September 20. There will be hundreds of books, including top titles and great prices!

Sales support Friends of Feral Felines ongoing mission to reduce the number of abandoned cats in southern Maine through Trap-Neuter-Release, socialization, and forever homes, as well as providing food and medical care.

FMI: [www.feralfelines.net](http://www.feralfelines.net).



## Fall book and bake sale

**NEW GLOUCESTER, ME** – The Friends of the New Gloucester Public Library are pleased to invite the community to their annual Fall Book and Bake Sale on Sunday, September 14, 2025, from 12:00 to 3:00 p.m. at the New Gloucester Community Building located at 381 Intervale Road. A members-only preview sale will be held that day from 11:00 a.m. to 12:00 p.m. If you are not yet members of the Friends, we welcome you to join on the day of the event to gain early access and support the Library.


The Friends book and bake sale is a beloved New Gloucester tradition, dating back as early as the 1960s, when discarded library books were first offered for sale to raise funds. Today, the event brings residents together to browse gently used books while enjoying homemade cookies, cakes, and other baked treats.

Established in 1989, the Friends of the New Gloucester Public Library is a 501(c)(3) nonprofit organization dedicated to enhancing the Library’s programs and services. The Friends provide funding for events, materials, museum and park passes, and community engagement initiatives. Notable efforts have included landscaping projects, educational workshops, and participation in town-wide events such as the Community Fair and the annual Tiny Timber tree lighting.

For more information or to learn how to become a member of the Friends, please visit the Library, the Friends website ([www.friendsnewgloucesterlibrary.org](http://www.friendsnewgloucesterlibrary.org)) or follow The Friends of the New Gloucester Public Library on social media.


Send all items for What’s Going On to the Editor. Deadline is Friday by five.

### WHY PEOPLE CHOOSE CHAMPOUX INSURANCE




**STEPHEN NAGY**  
Personal Lines Agent

“I take the time to find the most comprehensive personal insurance package for each client. That’s how I deliver on the promise.”



**CHAMPOUX INSURANCE**  
YOUR SECURITY IS OUR MAIN CONCERN  
150 East Avenue ~ Lewiston, ME 04240  
(207) 783-2246  
[www.MaineInsuranceOnline.com](http://www.MaineInsuranceOnline.com)



# Gorham WEEKLY

(207) 558-8488  
Info@GorhamWeekly.com  
28 State Street, Gorham, ME 04038  
Mail: 89 Union Street, Suite 1014, Auburn, ME 04210

©TWIN CITY PUBLISHING, INC 2022® FOUNDED IN 1998  
All materials found in GORHAM WEEKLY, INC. are copyrighted.  
All rights in those materials are reserved and permission to use them must be specifically granted by Gorham Weekly, Inc.

FREE e-subscriptions at [www.GorhamWeekly.com](http://www.GorhamWeekly.com)

**Advertising**  
For advertising information email [Laurie@twincitytimes.com](mailto:Laurie@twincitytimes.com) or call 795-5017.

**Deadline**  
Deadline for ads and press releases is 5 p.m. on Friday preceding publication. Published every Thursday’s publication.

**Press Releases**  
All submissions, including photos, must be emailed to [editor@GorhamWeekly.com](mailto:editor@GorhamWeekly.com).

**Proofs**  
Publisher is not responsible for any errors in ad copy not inspected by advertiser prior to publication.



# Funds support AmeriCorps Seniors programs in Maine

WASHINGTON, D.C. – U.S. Senator Susan Collins, Chair of the Senate Appropriations Committee, announced that three organizations in Maine will receive a total of \$1,373,395 through the Fiscal Year 2025 AmeriCorps Seniors Foster Grandparent Program (FGP) and the Senior Companion Program (SCP).

The funding will support the work of 149 older volunteers across the State of Maine who provide aid, companionship, and guidance to seniors, young people, and children. “These grants will help older Mainers remain active and engaged in their communities while providing critical support to some of the most vulnerable

people in our state,” said Senator Collins. “Whether it’s mentoring and providing guidance to students or helping older adults continue to live independently, foster grandparents and senior companions make a real difference in the lives of those they serve.” The funding is allocated as follows:

- The Opportunity Alliance (South Portland) \$583,373 Foster Grandparent Program award to support 65 volunteers.
- Penquis CAP (Bangor) \$399,717 Foster Grandparent Program award to support 44 volunteers.
- University of Maine System (Orono) \$390,305 Senior Companion Program award to support 40 volunteers.

According to AmeriCorps, the FGP engages volunteers age 55 and over to serve in communities as role models, mentors, and friends to children. The SCP engages volunteers to provide assistance and companionship primarily to elderly individuals—and also to people with disabilities—who have difficulty with daily living tasks.

Senator Collins is a longstanding member of the National Service Congressional Caucus and has cosponsored legislation to exclude the AmeriCorps Education Award from federal income tax. In recognition of her strong support for AmeriCorps, Senator Collins received the Edward M. Kennedy National Service Lifetime Leadership Award in 2023. She joined a bipartisan group in introducing legislation to expand national service programs significantly to help the country recover and rebuild from the COVID-19 public health emergency.

# Give Deer Spy a try!

Outdoor recreation and natural resources are truly at the center of our state’s identity. So many Maine memories are made through watching wildlife! Responsible wildlife management preserves these opportunities for future generations, and you can be a part of it.

Wildlife watching can be a wholesome hobby, serious science, or both at once! Deer Spy is a community science project that invites all wildlife watchers to be a part of white-tailed deer management in Maine. You don’t need to be a biologist; you just need to enjoy watching deer raise their families!

Participation is quick, easy, and rewarding. We are interested in all white-tailed deer observations anywhere in Maine from August 1 through September 30. The next time you slow down to let a mama deer lead her fawns across the road, grab your binoculars to watch does or a beautiful buck in your backyard, or witness some white-tails during your next outdoor adventure, all you need to do is fill out Maine Department of Inland Fisheries and Wildlife’s online form with the following information.

It’s as simple as that! Every time you share your sightings, you supply our biologists with statistics to better understand Maine’s white-tailed deer population. The more eyes we have on Maine’s deer, the more we can fine-tune management and maintain a healthy herd. So join Maine’s team of community scientists by giving Deer Spy a try during your next family excursion or outdoor adventure!

Learn More About Deer Spy and Submit Observations

Did you capture a cool photo during Deer Spy?

Photos aren’t required



to submit observations to Deer Spy, but participants often capture some neat moments. We’d love to share what you’ve seen with future Deer Spies! If you capture a photo you’d be happy to have us share on social media to highlight the rewarding community science experience, please email them to our Social Media Coordinator.

Photos must be your own or photos you have permission to share.

Photos must be of deer in Maine, preferably taken during Deer Spy (August/September)

Please include the photographer’s name so we can give appropriate credit!

Bonus points if you tell us a little about your experience participating in Deer Spy!

Love watching all kinds of wildlife?

The only thing better than watching wildlife in Maine is watching wildlife in Maine for science! There are lots of opportunities for community science across our state throughout the year. The Wild Turkey August Production Survey



is currently well underway, with turkey poult counts collected through the end of August. Learn about all of our current and past community science projects on our website.

Community Science can often be done right in your own backyard, but if you’re looking for a new place to explore, watch wildlife, and do some community science, find a Wildlife Management Area near you!

Send all items for What’s Going On to the Editor. Deadline is Friday by five.



LEWISTON, MAINE

**SCAN HERE!**



*The Place where every hour is happy.*

**OPEN DAILY  
11AM-9PM**

**DINE IN - TAKE OUT**

**207-777-6353**

**207-777-6354**

1567 Lisbon Street Lewiston, Maine

Open for curbside pick-up, take out, indoor dining, bowling and arcade!



American pub-style food and drinks.

**A** 7 Railroad Ave, Ste 102  
Gorham, ME 04038

**W** [www.jctbowl.com](http://www.jctbowl.com)

**P** 207.222.7600





Courtney



Michael

**Accepting New Clients**

214 Minot Avenue ~ Auburn ~ 689-3035



**Jay's**  
Lawn & Garden

**207-713-6090**

**Delivery Available**

Also offering  
residential & commercial  
lawn mowing services

- MULCH
- LOAM
- COMPOST
- GRAVEL
- STONE
- SAND

1294 Sabattus Street  
Lewiston

**Loading Hours:**  
M-Th by appointment  
Fri - 8 am to 5 pm  
Sat - 8 am to 2 pm  
Sun - 8 am to Noon



# Seniors Not Acting Their Age

## Dyer Long Pond is a Serene Hidden Gem



A group of paddlers navigate north on Dyer Long Pond

I “discovered” Dyer Long Pond in Jefferson while studying my Delorme Maine Atlas for prospective lakes and ponds to explore in central Maine. A banana shaped body of water with several inlets, coves and small peninsulas, the approximately 3-mile long pond appeared to be an excellent paddling destination.

Dyer Long Pond is situated in a remote wilderness area of Jefferson that is off the beaten path. On the map, it looks like one of those locations that qualifies for the phrase, “you can’t get there from here.” There is a State of Maine designated hand-carry boat landing on the western shore at the approximate midpoint in the pond.

When my wife, Nancy, and I decided to paddle the intriguing pond on a hot, sunny late-July day with light northerly winds predicted, we extended an invitation to several frequent paddling companions. Four enthusiastic boaters agreed to join us on short notice.

Locating the boat landing on Dyer Long Pond required some investigation. Traveling Route 215 south from Cooper’s Mills in Jefferson, turn left onto Hinks Road and follow it for about one-half mile to a boat landing sign on the right. A lengthy dirt road continues to the landing where there is ample parking and a paved loading zone.

We launched a tandem canoe and four solo

kayaks on the mirror calm pond and began traveling north along the west shore. Several small homes and cottages were passed but no activity was observed. The pond remained very quiet throughout our voyage.

The northern end of the pond is undeveloped and ripe for exploration. Two of us found a small brook that feeds the pond from the north and began a reconnaissance. Guarded by a field of lily pads and thick swamp grass, we reached a point of no return after persisting for a modest distance in a narrow twisting channel. Purple Loosestrife colorfully decorated the marshy area. Unfortunately, the perennial herb is an invasive species and poses a threat to wetland ecosystems by outcompeting native vegetation and reducing the habitat for wildlife.

After regrouping along a wooded section on the northern shore, the entire entourage began paddling south along the east shore past a handful of cottages, many embedded into a relatively steep embankment. Again, the camps were remarkably quiet.

At the approximate midway point, we traversed west across the pond and stopped at the boat landing for a lunch break. While there, a solo kayaker launched into the pond and two fishermen arrived to test their luck from shore.

With the exception of a few cottages on the



A kayaker explores a swampy area in the northern part of Dyer Long Pond

west shore, the southern half of the pond is largely undeveloped. We passed a prominent peninsula on the east side and entered a narrowing body of water where extensive swamp grass dominates the western shoreline.

Progressing south, we navigated through a twisting attenuated passage to an old dam at the southern outlet. When paddling closer to inspect, the deteriorating structure was obviously in poor condition. Debris had accumulated at the rim and manually adding and removing boards from slots in the dam appear to be the method used to manage the pond level. The land around the dam is posted so we were unable to investigate further.

According to my research, approximately 10 years ago a dispute arose about maintaining acceptable water levels on the pond. In 2018, the Maine DEP held a hearing in Jefferson concerning the matter. According to a news report, camp owners believed the dam owner was allowing the pond level to drop too low. It’s unclear if the issue was resolved, but the water level seemed adequate during our trip. However, it does not appear the aging dam allows for migration of alewives into the pond.

Our return trip was a delight. A light headwind provided relief from the hot, steamy weather as we slowed our pace to take full advantage of the

exceptional scenery and serene environment.

The lone kayaker met earlier was the only boater seen during our voyage. I recommend Dyer Long Pond for paddlers in search of a quiet scenic lake or pond trip in central Maine.

My book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine* devotes 28 chapters to paddling Maine’s lakes, ponds, rivers, and the coastline.

Ron Chase resides in Topsham. His latest book, *“Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine”* is available at [www.northcountrypress.com/maine-al-fresco](http://www.northcountrypress.com/maine-al-fresco) or in bookstores and through online retailers. His previous books are *“The Great Mars Hill Bank Robbery”* and *“Mountains for Mortals – New England.”* Visit his website at [www.ronchase-outdoors.com](http://www.ronchase-outdoors.com) or he can be reached at [ronchaseoutdoors@comcast.net](mailto:ronchaseoutdoors@comcast.net).



Paddlers investigate the dam at the southern outlet



Two kayakers travel south on Dyer Long Pond

# We Deliver.

Uber Eats

GRUBHUB

Postmates

DOORDASH

**SUBWAY**Not all delivery services available at every restaurant. All chips-related trademarks are owned by Frito-Lay North America, Inc. ©2020. Subway® is a Registered Trademark of Subway IP LLC. ©2020 Subway IP LLC.

# 100% Financed Garages!

## No money down. FREE estimates. Schedule your new garage install today!

# AMERICAN BUILDERS

Custom Building & Remodeling

(207) 500-8100 ~ [www.AmericanBuilders.com](http://www.AmericanBuilders.com)

# STAPLES COWORKING

## A NEW SPACE TO BREAK OLD RULES

### COME TRY OUR NEW COWORKING AND MEETING SPACE IN AUBURN FOR FREE!

#### MENTION THIS AD AND GET 1 FREE WEEK OF OPEN SEAT COWORKING AND 1 HOUR OF MEETING ROOM USE.

OFFER VALID ONLY AT OUR 89 UNION ST. AUBURN, ME LOCATION



# Arts & Entertainment

## Ash Seed Collecting Workshop with PRLT

**NORTH YARMOUTH, ME** – Join Presumpscot Regional Land Trust for a hands-on Ash Seed Collection Workshop, the third event in The Ash Tree Stewardship & Education Program, a four-part series of educational walks designed to raise public awareness and encourage stewardship of ash trees. Ash trees are vital to the health of our forests and hold deep cultural significance for the Wabanaki people, who have long relied on Brown Ash for basket making. Today, ash trees are critically threatened by the invasive emerald ash borer beetle.

During this workshop, we'll go over ash tree identification and seed-collection techniques and equipment before hiking off-trail into the floodplain forest. There, we will search for seed-bearing ash trees and split into groups to collect seeds together. Binoculars are recom-



mended for spotting seed clusters high in the canopy, and long pants are encouraged, as there may be some poison ivy.

This event is co-hosted by the Wild Seed Project, Royal River Conservation Trust, and Royal River Conservation Trust, and is part of the larger statewide efforts of the Ash Protection Collaboration Across Wabanakik (APCAW). Each walk in the series will equip participants with practical skills they can apply in their own forests and communities to help protect and preserve ash in Maine.

Parking for Dunn's

Depot Trail is available at the Town of North Yarmouth's Route 9 boat launch site (512 Memorial Highway), next to Old Town House Park. Once the lot is full, park along the shoulder of Route 9, on the same side of the road as the boat launch. Get the address and register with the Presumpscot Regional Land Trust for GPS Address. Carpooling is encouraged!

Ash Seed Collecting Workshop.

Thursday, September 11th, 4-6 pm.

Dunn's Depot Preserve, Royal River Conservation Trust.

## Local Oldies Dance Group raises \$5K for Ronald McDonald House

**MAINE** – Rock n' roll music's abiding popularity is the driving force for the Oldies Dance Group, whose ongoing mission is to support the Ronald McDonald House of Portland.

The organization's 25th dance on April 19 in Biddeford sold 301 tickets in just seven days and earned \$5,316, pushing the total amount that the Oldies Dance Group has raised in 17 years for the Ronald McDonald House to \$129,814. The Ronald McDonald House provides comfort for the families of pediatric patients in Maine and supports programs that directly improve the health and well-being of children and enables family centered care to ensure that family members are fully supported and actively involved in their child's care.

"This is really an achievement of everyone who has attended the dances staged by the Oldies Dance Group through the years and to all the individuals and businesses who remain steadfast in their commitment to assisting the sick children and their families of the Ronald McDonald House of Portland," said Bruce Martin, Oldies Dance Group organizer. "We are grateful to have this support and deeply humbled that through the years, the Oldies Dance Group has shattered the \$129,000 donation threshold."

Martin said the dances are held twice a year in the spring and in the fall and are more than just typical fundraisers.

"For those who grew up with great rock n' roll tunes as the soundtrack of their lives, these dances



The 26th Rock n' Roll Oldies Benefit Dance will be held from 7 p.m. to midnight on Saturday, Oct. 18 at the Eagle's Hall in Biddeford.

are such a wonderful social event," Martin said. "The music is familiar to everyone, and it energizes people to get up on the dance floor while others just enjoy visiting and socializing with their friends during the evening."

He said demand for dance tickets is overwhelming and in between the dances in the spring and fall he receives hundreds of phone calls from throughout Maine and nearby states from individuals seeking to purchase tickets.

"I think it's because rock n' roll music truly connects people of all ages and walks of life," Martin said. "The dances are fun and filled with songs that really get people out of their seats and up onto the dance floor."

Businesses and individuals making donations for the April dance include Bill Dodge; Napa Sanel; Advance Auto; Tractor Supply; Community Pharmacy; Saloon Color & Cut; Dickerson's Candy; All About Time; Gorham Sand & Gravel; Copy It; and the Fraternal Order of Eagles.

Also making donations to the April dance were Georges Sandwiches;

Bob's & Mikes Mini Mart; Arctic Glacier Ice; Cadorette/HVAC; M/M Beeman; Janet Sparkowich; Chris and Shonna Eisenhower; and Ed's Grove.

The next Rock n' Roll Oldies Benefit Dance will be the 26th dance hosted by the Oldies Dance Group and will be held from 7 p.m. to midnight Saturday, Oct. 18 at the Eagle's Hall, 57 Birch St., Biddeford.

Tickets are just \$15 and sell out quickly as seating is limited.

"I always say to everyone that if you're thinking about attending the next dance, I encourage you to call soon because these tickets sell out in just a few days," Martin said. "When the tickets are sold out, they're gone, and we have a waiting list should something suddenly become available. This is one of the most popular events in Southern Maine and it's truly telling just how popular these dances are and how much people love rock n' roll music."

For further details, to purchase tickets for the upcoming Rock n' Roll Oldies Benefit Dance, or to volunteer to help, call 207-284-4692.



### THE IRISH... AND HOW THEY GOT THAT WAY

By FRANK McCourt

**NOW PLAYING!**  
Best Seats Evenings

A heartfelt musical tribute to the Irish-American experience.

**PUBLIC THEATRE**  
**MSMT**  
MAINE STATE MUSIC THEATRE  
A CO-PRODUCTION

TICKETS: \$45-60  
We,Fr,Sa - 7pm  
Th,Sa,Su - 2pm

**Aug 27 - Sep 14**  
**ThePublicTheatre.org**  
**782-3200**

All performances at 31 Maple St, Lewiston

SPONSORS: Schooner Estates; Sandy Morrell-Rooney & Chuck Rooney

## Lakes Region Senior Center invites Gorham seniors to activities

**GORHAM, ME** – If you are looking for a fun senior center with lots of activities daily, come join us at Little Falls Activity

Center, 40 Acorn Street, Gorham, Maine. We are open from 8:30 to 2 or 3 pm depending on the activity. Our calendar is online.

Call Gerry Day, President, at 839-3859 for more information

Membership fee is \$20 a year with many perks.





Highlights from last year!



D E M P S E Y

C H A L L E N G E

THURS

18

SEPT

4:00 PM -

7:00 PM

PACKET PICK-UP

Simard-Payne Park

46 Beech Street | Lewiston, Maine

Pick up your bib, t-shirt, water bottle, and turn in any last minute funds.

FRI

19

SEPT

12:00 PM -

6:00 PM

PACKET PICK-UP

Simard-Payne Park

46 Beech Street | Lewiston, Maine

4:00 PM -

6:00 PM

PARTY IN THE PARK

Simard-Payne Park

Tune your bike with the Maine Bike Coalition, get your incentives, enjoy live music, and party with other Challengers to kick-off the weekend! Featuring Baxter Brewing.

6:00 PM -

8:00 PM

NIGHT OF LOVE + LIGHT

Royal Oak Room | Lewiston, Maine

Celebrate this year's top fundraisers. By invitation only.

SAT

20

SEPT

7:00 AM

OPENING REMARKS

Oxford Street Start Stage

7:30 AM

FESTIVAL IN THE PARK OPENS

Simard-Payne Park. Open to the Public!

7:30 AM

65-MI, 50-MI, + GRAVEL RIDES START

Staging begins 15 minutes prior to departure.

7:45 AM

10K RUN START

Staging begins 15 minutes prior to departure.

8:15 AM

5K RUN START

Staging begins 15 minutes prior to departure.

8:25 AM

5K WALK START

Staging begins 15 minutes prior to departure.

9:20 AM

25-MILE RIDE START

Staging begins 15 minutes prior to departure.

9:35 AM

WENDY'S WAY RIDE START

Staging begins 15 minutes prior to departure.

11:00 AM

KIDS' FUN RUN

Oxford Street Start Line

1:00 PM

HONOR WALK

presented by Concentra

Main Stage

CHALLENGE yourself.

WWW.DEMPSEYCHALLENGE.ORG

Thank you to everyone taking on the Dempsey Challenge presented by Hearts of Pine. All proceeds from all Dempsey Challenge Weekend events go directly to the services offered by the Dempsey Center, making life better for people impacted by cancer.

Learn more at [www.DempseyCenter.org](http://www.DempseyCenter.org)



Caring for your needs since 1970

Finley Funeral Home

15 Church Street, Livermore Falls, ME 04254

(207) 897-3588

Bragdon-Finley Funeral Home

707 Main Street Monmouth, ME 04249

(207) 933-4444

[www.finleyfuneralhome.com](http://www.finleyfuneralhome.com)

Member of International Order of the Golden Rule

The Maine Funeral Directors Association • The National Funeral Directors Association

Serving Maine Since 1970

Good Health to You and the Planet too!

AXIS NATURAL FOODS

120 Center Street Plaza

Suite 300

Auburn, ME 04210

(207) 782-3348

[axisnaturalfoods.com](http://axisnaturalfoods.com)

Natural & Organic Foods • Vitamins

Herbal Products • Books

Body Care • Organic Produce



DEMPSEY

CHALLENGE

CHALLENGE yourself.



**Congratulations to the participants of the Dempsey Challenge, You rock!**



- Fire Alarms
- Video Systems
- Intrusion Alarms
- Access Control
- Commercial
- Residential



855-740-6794  
BuildingControlsMaine.com



Are you up for the Challenge?

Each September, thousands of people break out their inner athletes and challenge themselves to take on a walk, run, or ride event to help make life better for people impacted by cancer by taking on the Dempsey Challenge.

100% of funds raised by Challenge participants provide personalized, holistic services at no cost to cancer patients, survivors, care partners, bereaved individuals, families, and other loved ones. Founded by actor Patrick Dempsey, this flagship fundraising event has raised nearly \$20 million since its inception.

Register at <https://www.dempseycenter.org/dempsey-challenge/>

Celebrate, Honor, and Rally... Together.

Dempsey Challenge Weekend is a time to come together, both in-person and virtually, to show support for the clients supported by the Dempsey Center.

Challengers come together to RALLY in the event that means the most to them; to CELEBRATE everyone’s hard work training and fundraising to reach their goals; and to HONOR those impacted by cancer’s over-arching reach into their lives.

Your Support is Making a Difference

Taking on the Dempsey Challenge is more than participating in a 5k or cycling event. Taking on the Dempsey Challenge is becoming a part of the Dempsey Center community and committing to making life better for people impacted by cancer.

When you become a Challenger, you immediately start making a difference. Every single dollar you raise goes directly to the services provided at the Dempsey Center. Learn more about all of our services at the Dempsey Center website.

Participate in-person or virtually!

OPPORTUNITIES FOR EVERYONE

Register for our in-person Dempsey Challenge event or virtually (participate anytime, anywhere) or as a volunteer. There are no barriers to joining in and no limits to what’s possible when we - as a global community - CHALLENGE OURSELVES to support people impacted by cancer.

IN-PERSON

Our in-person event is located in Lewiston, Maine and features 5K/10K run/walk and ride events on Saturday, September 20th

Dempsey Challenge Registration Includes: Participant t-shirt; Fundraising Guide to help you achieve your fundraising goals!; Beverage ticket to enjoy a Maine craft beer, mimosa or bloody Mary (or Colton + Levi’s Lemonade Stand!); Maine-inspired finisher meal in the Food + Beverage Tent

VIRTUAL EVENT

Our virtual event is also completed on September 20th, anywhere and in any way you choose!

Virtual Dempsey Challenge Registration Includes: Official bib, shipped to you; Fundrais-

ing Incentives, shipped to you; Exclusive Finisher Medal, shipped to you; Fundraising Guide to help you achieve your fundraising goals!

CHALLENGE YOURSELF

Four easy steps to get in on the fun!

1. Choose Your Challenge

We offer different participation levels suited for all skill levels: Walk/Run a 5K or Run a 10K. Ride 10mi (Wendy’s Way), 25mi, 50mi, or 65mi cycling road routes OR Challenge Yourself with an advanced 52mi gravel ride!

Virtual Participants can participate in any activity from anywhere in the world - and support people impacted by cancer.

2. Register

Registration is currently open. When registering as an adult participant, you’re committing to a fundraising minimum. For more details, see the registration website.

3. Choose a Team Type

Participate on your own, join a team, or create your own team.

About Teams: There is no limit to how many members can be on a team.

Teams can be a mix of walkers, runners, riders, and virtual participants. Each team member is responsible for their own fundraising minimum for their chosen event.

4. Fundraise

Fundraising commitments vary by event but participants have until event day, September 20th, to meet or exceed their minimum. Your commitment and generosity supports the Dempsey Center’s mission to make life better for people managing a cancer impact.

KEY DATES

Friday, September 12, 2025 5:00 PM ET: Team Packet Pickup registration deadline; Registration change deadline

Thursday, September 18, 2025 12:00 PM ET: Deadline to be recognized as Dempsey Challenge individual or team award winner\*; Deadline for College Cup and High School Challenge\*; Deadline to raise \$3,000+ to receive A Night of Love + Light Champion event invitation\*

September 20, 2025 5:00 PM ET: Final incentive deadline

\*All funds must be received by the deadline date and time.

Supporting The Dempsey Center  
Defeating Cancer



www.atwork.com • (207) 225-5627

WE ARE HIRING

APPLY FOR THESE POSITIONS IN THE L/A AREA!



- FULL-TIME BENEFITS INCLUDE:
- HEALTH, DENTAL, VISION, LIFE, SHORT + LONG-TERM DISABILITY.
  - PAID TIME OFF (18 DAYS)
  - 13 PAID HOLIDAYS
  - 403B PENSION PLAN: AGENCY 2% CONTRIBUTION + MATCH UP TO 4%
  - MILEAGE REIMBURSEMENT



- MAINE FAMILIES TEAM LEAD  
ENERGY AUDITORS  
MENTAL HEALTH CARE COORDINATOR  
COMMUNITY EDUCATION COORDINATOR  
MENTAL HEALTH CARE CLINICIAN



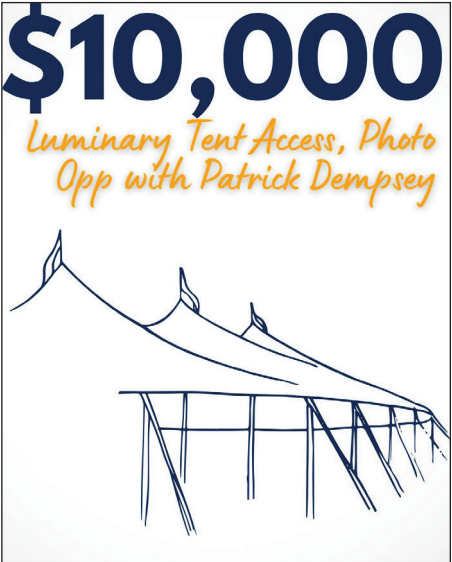
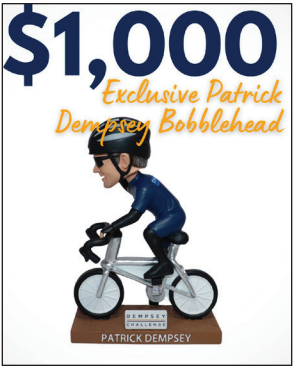


This year’s incentives

Taking on the Dempsey Challenge means ensuring that people throughout Maine and across the United States have access to high-quality supportive care throughout their cancer journey—all at no cost. Each and every Challenger works hard to Challenge Themselves to raise money in support of this mission...and while that in and of itself is an incentive, a little gift of

thanks doesn’t hurt! We’re thrilled to share some amazing incentives from our incredible partners for the 2025 Dempsey Challenge, presented by @hearts\_sc! What incentive do you hope to earn this year?! In-person Challengers will be able to pick up their incentives either at the Party in the Park on Friday, September 19th from 4-6pm or throughout

the day in Simard-Payne Park on September 20th. Virtual Challengers are also eligible for incentives, and those will be mailed to your registration address following Challenge week-end. From all of us here at the Dempsey Center—thank you. Thank you for registering for Challenge, for fundraising, and for making life better for people impacted by cancer.





**Skelton  
Taintor  
& Abbott**  
ATTORNEYS AT LAW



**Over 160 years of  
commitment to  
clients, cases, and  
community.**

500 Canal Street, Lewiston, Maine  
Call **207.784.3200** or visit [sta-law.com](http://sta-law.com)



**In-Person  
Registration**  
2025 T-Shirt



**Virtual  
Registration**  
Commemorative  
Medal






**DAN THE MAN  
REAL ESTATE**

207-939-8970

**Specializing in  
bank owned  
homes.**

NOW HIRING  
sales agents  
and brokers!


[danthemanmaine.com](http://danthemanmaine.com)




[egcu.org/rec](http://egcu.org/rec)

**Rec Loans**

Rates as low as  
**5.49%**  
APR<sup>1</sup>

Scan to apply  
  
or call  
207-221-5000



<sup>1</sup> Annual Percentage Rate as of 7/18/2025. Rates subject to change without notice. Not all applicants will qualify for the lowest rate or be approved. Advertised rate is based on risk based & relationship pricing discounts. For more information, visit [egcu.org/rec](http://egcu.org/rec).



## Plant Disease Diagnostic Lab achieves national accreditation

ORONO, ME – The University of Maine Cooperative Extension Plant Disease Diagnostic Lab recently achieved Core Accreditation through the National Plant Diagnostic Network (NPDN). This designation highlights the lab’s commitment to excellence in plant disease diagnostics and its vital role in supporting plant health and biosecurity across Maine and the northeastern U.S.

Led by Assistant Diagnostician Stephanie Shea and Director Alicyn Smart, the lab joins an elite network of diagnostic facilities nationwide that meet rigorous standards set by the NPDN Core Accreditation Program, making it the second land-grant University to achieve this designation.

“This milestone recognizes our lab’s dedication to high-quality diagnostics and continuous improvement,” said Smart. “It reflects the hard work of our team and our responsibility in protecting Maine’s agriculture and ecosystems from invasive pests and pathogens.”

The NPDN Core Accreditation Program provides a framework for diagnostic labs to develop and implement a comprehensive quality management system. This ensures consistent accuracy, professionalism and preparedness across the network. Core Accreditation means that the UMaine Extension lab has successfully met quality standards in areas such as diagnostic protocols and standard operating procedures; equipment maintenance and calibration; data management and recordkeeping; staff training and proficiency testing; and risk mitigation and biosecurity practices.

As part of the NPDN, which includes over 70 labs across the U.S., the UMaine Extension Plant Disease Diagnostic Lab plays a critical role in early detection and response to emerging plant threats such as beech leaf disease.

“By achieving Core Accreditation, our lab strengthens Maine’s readiness to respond to plant health threats quickly and effectively,” said Shea. “We’re proud to contribute to national diagnostic excellence and safeguard the region’s agricultural economy and environment.”

The lab provides diagnostic services to growers, homeowners, industry professionals and government agencies. In addition to diagnostics, it supports plant health through educational outreach, applied research and collaborations with the U.S. Department of Agriculture Animal and Plant Health Inspection Service, Maine Department of Agriculture, Conservation and Forestry, and other regional partners.

For more information about the UMaine Extension Plant Disease Diagnostic Lab and its services, visit the program webpage.

## TurfMutt: Fall is the most important season for your yard

ALEXANDRIA, VA – For 15 years, the TurfMutt Foundation has encouraged people to get outside, care for, and enjoy their own family backyards, parks and community green spaces. As autumn approaches, there’s no better time than now to plan for next spring and summer.

“Now that fall is just around the corner, our best advice is to just keep going,” said Kris Kiser, President & CEO of the TurfMutt Foundation. “Fall is a great season for getting outside with the more moderate temperatures and changing foliage but it’s also the time of year to prepare trees, shrubs, grass and gardens to better weather the colder months.”

Kiser added that it is important not to sleep on autumn yardwork. “Do not put your outdoor power equipment away just yet,” he advised. “Fall is the most critical season for your outdoor living room. What you do now will set the tone for what your yard will look like and how healthy it will be next spring.”

Here are just a few ways the TurfMutt Foundation suggests sprucing up and enjoying your family yard this fall:

Create a Fall Yardwork Checklist. As long as your grass is growing, keep mowing. Other important to-dos include aerating your lawn, overseeding, cleaning out flower beds,



trimming back perennials, and adding a fresh layer of mulch around trees and shrubs to protect them during the winter months.

Feed Your Lawn, Naturally. When autumn leaves fall, consider mulching them with your lawnmower instead of raking and disposing of them. This will not only keep yard waste out of the local landfill, it also adds organic matter back into the soil.

Plant Bulbs Using the “Right Plant, Right Place” Principle. Fall is an ideal time to plant many spring flower bulbs. Select those that will thrive in your region by checking out the USDA Plant Hardiness Zone Map. By choosing the right plants for your climate and lifestyle, you’ll be rewarded with a beautiful and purposeful green space your entire family will enjoy year-round.

Embrace Outdoor Living (and Working). In many areas of the country, fall means a respite from scorching temperatures and an opportunity to really embrace outdoor living. Fall allows families

to transition even more everyday activities like dining, studying, working, and relaxing outside.

Personalize Leaf Peeping Season. There’s no need to fight the crowds to enjoy the fall foliage if you plant trees that change color. Or you can experience the glory of fall by taking a family walk to a neighborhood park or natural area.

Check out the TurfMutt Foundation’s International Backyarding Fact Book to learn more about the power of parks, backyards and other green space around us. Sign up for Mutt Mail, a monthly e-newsletter with “backyarding” tips and all the news from the TurfMutt Foundation.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

CLEAN BOOKS LLC

BOOKKEEPING SERVICES

207-370-9292  
cleanbooksmaine@gmail.com  
www.cleanbooksmaine.com

CAMP FOR SALE  
by owner

24' x 24' - 2 bedroom cabin with a loft bumpout addition (8' x 14') with bathroom and shower. Power, new propane heater installed, new well and septic, new 8' x 12' deck, 4 acres of land, abundant with wildlife, washer and dryer hook up, new driveway, stumped and leveled off yard, direct ATV access.




For more information  
Call 207-215-3557


\$380,000

Thurston Rd, Cornville

Water that just works.



GOODWIN  
WELL & WATER INC.



Maine’s leader in water well drilling, pump installation, and geothermal installation.

207.224.7861 goodwinwellandwater.com



## Midcoast Symphony Orchestra presents 36th season

**TOPSHAM, ME** – Coming off a highly successful 35th-anniversary year that drew its largest audiences since before the pandemic, the Midcoast Symphony Orchestra is excited to announce its 2025-26 season, “Celebrating the Human Spirit.” Four programs are planned, each presented on Saturdays at 7:00pm in Lewiston/Auburn, and at 2:30pm on Sundays in Topsham.

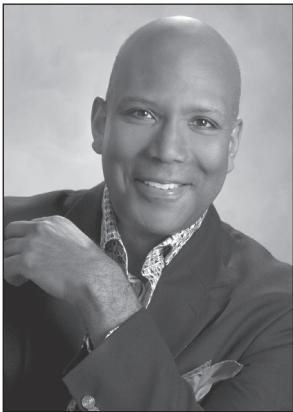
Music Director Rohan Smith, currently in his 22nd year guiding the MSO, conducts the concerts in October, January, and May, while guest conductor Jinwook Park takes the podium for the March concerts. Other guest artists this season include baritone Philip Lima in October, previously heard with Midcoast as soloist in songs by Copland and Mahler; the pianist Morgan Lee, playing Beethoven’s Fourth Piano Concerto on the March program; and, as part of the large forces that will be assembled for Mahler’s “Resurrection” symphony in May, the mezzo-soprano Roselin Osser, soprano Jessica Kenlan, and choir director Zen Kurimaya. Season tickets are now on sale for \$80 at [midcoastsymphony.org](http://midcoastsymphony.org) or by calling the box office at (207) 481-0790.

The first concert, on October 25 and 26, is titled “Heroes: Common and Uncommon.” Besides Beethoven’s Symphony No. 3, commonly known as the “Eroica” or “heroic” symphony, the concert features Philip Lima singing Martin Luther King Jr.’s “I have a Dream” speech in a musical setting by Lee Hoiby.

In keeping with MSO tradition, the January 17 and 18 program “Myths and Magic” consists of several shorter pieces designed with the whole family in mind, including Tan



Jinwook Park (photo credit Susan Wilson)



Philip Lima (photo credit Susan Wilson)



Roselin Osser (photo credit Ars Magna Studio)

Dun’s intriguing “Passacaglia: Secret of Wind and Birds,” with a section in which the audience plays bird sounds over their cell phones to accompany the orchestra.

The March 21 and 22 program, called “Ambition and Destiny,” will be led by one of the orchestra’s favorite guest conductors, Jinwook Park, who is also the conductor of the Colby College Orchestra and the Augusta Symphony.

The MSO wraps up its season on May 16 and 17 with one of the towering works of the orchestral repertoire, the “Resurrection” symphony by Mahler, featuring chorus and vocal soloists, and performed on the Saturday night concert at the new Donald M. Gay

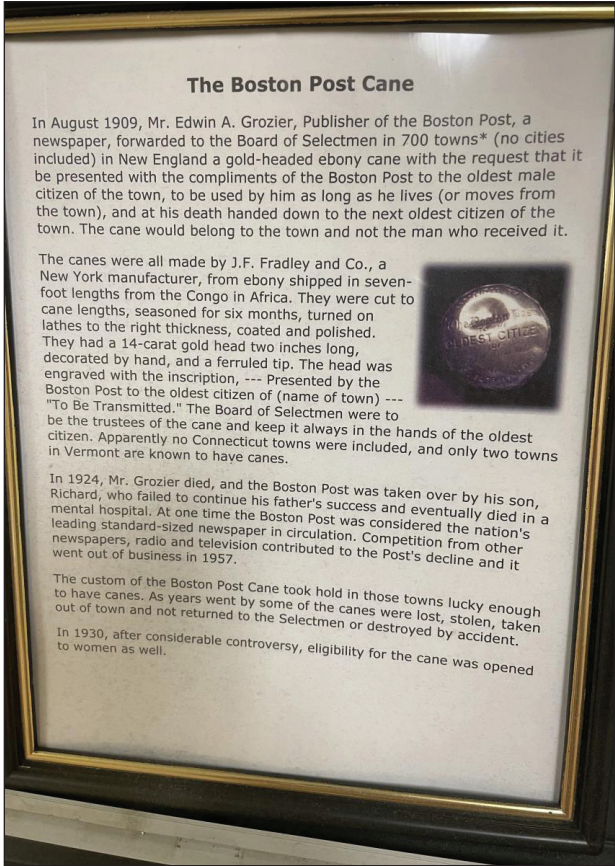
Performing Arts Center at Edward Little High School in Auburn.

The mission of the Midcoast Symphony Orchestra (MSO) is to provide an outlet for talented musicians to study, perform, and share their love for symphonic music through performances and educational activities for all ages. The 85-member, all-volunteer, non-profit, community orchestra has been led since 2003 by music director Rohan Smith. MSO’s “More with Midcoast” series offers audiences the opportunity to hear interviews with guest artists, try out the instruments for themselves, or observe an open rehearsal on stage with maestro Smith.

## Gorham reviving Boston Post Cane, looking for oldest resident

**GORHAM, ME** – The Town of Gorham is reviving the tradition of the Boston Post Cane. We are looking for the oldest living resident of Gorham. The person must have lived in the Town of Gorham for a minimum of the most recent 10-year period and must be willing to receive the honor. If you know of someone who may qualify, please contact the Town Clerk’s Office at 207-222-1670 or visit the Town’s website to fill out a nomination form.

Additional supporting documentation may be required. Nomination papers will be available until September 30, 2025.



**Best Source**  
for Arts,  
Music and  
Theater!  
**Your**  
Hometown Paper.

**Jason Hodsdon Masonry**

Chimneys • Chimney Cleanings • Masonry Demo  
Repointing & Repairs • Culture Stones  
Restorations • Stainless Steel Liners  
*We install professional chimney caps!*

215-3557  
North Monmouth  
[Jasonhodsdonmasonry@gmail.com](mailto:Jasonhodsdonmasonry@gmail.com)



**Follow us on Facebook**  
[www.facebook.com/GorhamWeekly](http://www.facebook.com/GorhamWeekly)



207-344-5212

FULLY INSURED

LANDSCAPING

HARDSCAPING

SNOW REMOVAL

- Landscaping
- Hardscape
- Drainage Installs
- Retaining Walls
- Mowing
- Snow Plowing
- and more!

207-344-5212

# MULCH



Black-Brown \$45/yard  
Playground Chips \$25/yard  
Reground Chips \$40/yard  
(all natural)

Screened Loam

**Delivery Available!**  
642-6181 ~776-1063 ~ 415-2781

**RICHARD WING & SON LOGGING**  
RT 114, 610 Richville Road, Standish, Maine



# Maine to pilot Outdoor School for All

**BRYANT POND, ME** – Thousands of Maine students will participate in transformative overnight outdoor educational experiences in the coming school year — at no cost to their districts.

Maine Outdoor School for All is launching this fall thanks to \$450,000 secured from private foundations, including the Betterment Fund, Horizon Foundation and Quimby Family Foundation, and bipartisan legislation establishing the program sponsored by state Sen. Rick Bennett and signed

into law in May by Gov. Janet Mills.

The program will be administered by University of Maine Cooperative Extension, which will make grants to certified outdoor learning centers, enabling them to provide students in grades four through eight immersive, three-day, two-night outdoor educational experiences.

About one-fifth of Maine public school students already participate in overnight programming through the organizations that make up the Maine

Outdoor School for All coalition, including UMaine Extension’s 4-H Learning Centers, the Chewonki Foundation, the Ecology School and Schoodic Institute, typically paid for by the sending district or private foundations.

With the establishment of the program in state statute, initial private funding and a campaign to raise an additional \$1 million this year, Maine has become one of just four states committed to providing outdoor learning opportunities for all public school students, regardless

of the socioeconomic status of their family or their district. Oregon, Washington and Minnesota have Outdoor School for All programs funded by lottery proceeds and appropriations.

At current funding levels, UMaine Extension expects the program will serve 1,000 additional students in 2025-26. When fully funded at \$6 million annually, the program will be accessible to all students in grades four through eight in the state. Extension will certify outdoor education programs across the state and issue grant funding for these programs to partner with school administrative units and provide immersive outdoor education.

“There is no better classroom than the Maine outdoors,” said Executive Director of UMaine Extension 4-H Centers Ryder Scott. “Research has reinforced that outdoor learning benefits students’ academic performance and their physical and social-emotional wellbeing. These aren’t just field trips — they are transformational experiences that engage Maine students in exciting STEM learning and prepare them for future success in their studies and careers.”

While at the certified outdoor learning centers, students and their teachers will participate in hands-on discovery aligned with state learning results. The core curriculum will help students develop in-demand STEM, leadership, communication and collaboration skills, while fostering confidence, connection to the state’s outdoor heritage and a commitment to environmental stewardship. This is entirely consistent with the goals and strategies of the recently released 10-Year Maine Outdoor Recreation Economy Roadmap, which proposes expanding pipelines to rewarding careers in the outdoor industry through “increasing access to outdoor experiences” and “integrating outdoor education and career pathways in K-12 curricula.”

“Our outdoor school experiences make a meaningful difference in the academic and social-emotional learning for our students,” said Woodstock Elementary Principal Beth Clarke about her students’ immersive learning at the UMaine 4-H Learning Center in western Maine. “Whether observing the life cycle of plants, understanding ecosystems or learning leadership skills, Outdoor School at Bryant Pond deepens our students’ understanding



**Youth learn about invasive green crabs, including how to cook, crack and eat them, during an October 2024 fishing activity at the 4-H Camp and Learning Center at Blueberry Cove. Photo courtesy of University of Maine Cooperative Extension.**

of the world and helps them grow into successful young adults.

“Extension is thrilled to play a key leadership role in the Outdoor School program,” said UMaine Extension Dean Hannah Carter. “This program will create pathways for students to attend Maine’s public universities and help build a labor force skilled in resource management, conservation, outdoor recreation, agriculture and forestry.”

“Outdoor immersive education allows all its participants the opportunity to grow academically and socially. It allows students to practice healthy risk taking, and it shows them a world beyond cell phones and social media,” said 2025 Maine Teacher of the Year Becky Hallowell, who incorporates outdoor teaching and learning into her fourth grade at Wiscasset Elementary School. “All our Maine students deserve to have this opportunity.”

“Research shows the critical years around middle school are a key window for physical, social and mental health development and the data shows that Maine youth are facing more mental health challenges than ever before. These middle school years are when kids start thinking about possible career pathways and their beliefs about the place they call home,” said Maine Environmental Education Association Executive Director Olivia Griset. “When our youth get to have positive community-based learning experiences they gain a greater sense of place and connection to this state, making it more likely they will want to stay here to pursue careers, contribute to the Maine economy, raise their families, and participate in their local communities.”

“Current funding formulas for public education simply do not allow schools that would most benefit from this type of experience to pay for it out of their normal operating budgets, especially schools in rural, low-income or remote parts of the state. And yet, these very students are often the ones we are depending on

to lead our fishing, farming and forest industries in the future, and hope they develop an interest in the sustainable resource management so crucial to Maine’s economy,” said the Chewonki Foundation’s Nancy Kennedy.

“This new Outdoor School program creates a framework for improved access to robust outdoor learning programs for students in our poorer and more rural areas,” said Cobscook Institute Co-Executive Director Shaun Haskins. “Making this a statewide initiative, rather than something that individual schools or school districts must manage to implement on their own, reduces barriers and builds opportunity for all of our youth to reap the benefits of these amazing programs.”

“This is a win for Maine students,” said Ecology School President Drew Dumsch. “We know from decades of experience that outdoor education is a powerful spark that keeps kids engaged in hands-on learning, STEM-related studies and, most importantly, gives them a window into Maine’s distinct landscape and natural heritage — from working forests and tidal estuaries to agriculture, conservation and fisheries. Now we must secure full and ongoing funding so all of our kids can benefit.”

To learn more about supporting Maine Outdoor School, contact Ryder Scott at [ryder.scott@maine.edu](mailto:ryder.scott@maine.edu).

## Poland Spring Resort

OPEN TO THE PUBLIC

### FENN PARK

MINI GOLF - DISC GOLF  
DRIVING RANGE  
ICE CREAM SHOP  
20+ FLAVORS  
GIFFORD'S ICE CREAM

### MEL'S HILLTOP RESTAURANT

LUNCH, DINNER, DRINKS  
OPEN DAILY 11:30 AM - 9 PM

TRY OUR DOUBLE SMASH BURGER!

### PRO SHOP

18-HOLE GOLF COURSE  
4 PICKLEBALL COURTS  
3 GRASS TENNIS COURTS

+207-998-4351  
547 MAINE ST., POLAND SPRING  
WWW.POLANDSPRINGRESORT.COM

+207-998-6002  
37 ROBBINS RD., POLAND SPRING  
WWW.POLANDSPRINGRESORT.COM

# 988

LIFELINE

## maine

No Judgement, Just Help

SCAN ME

### Call, Text or Chat 988

## 988 crisis hotline offers free and confidential support available 24/7.

## Best Source for Arts, Music and Theater!

### Your Hometown Paper.



# Business Directory

## ACCOUNTANT



AUSTIN ASSOCIATES  
CERTIFIED PUBLIC ACCOUNTANTS

Auburn 207-783-9111 Norway 207-743-7777  
AustinPA.com

Your Financial Team

## FLOWER SHOPPE



FREE DELIVERY L/A

Sweet Pea Designs  
FLOWER SHOPPE

777-1520

www.sweetpeafloraldesignsme.com

## PHOTOGRAPHY



Executive Portraits • Business photographs • Videos

Gray, ME (207) 657-6372  
maine@portraitefx.com  
www.maine.portraitefx.com

## AUTO CARE

The Only Full-Service Gas Station in Auburn!

Poisson & Sons  
Auto Care Center, Inc.

Computer Diagnostics • Yokohama Tires  
Repairs • Alignments • Inspection Station  
Gas • Clear K1 • Tune-ups • Brakes • Batteries

Dan & Don Poisson  
dfpoisson@aol.com

260 S. Main St., Auburn • 782-9144

## MASONRY



Jason Hodsdon  
JasonHodsdonMasonry@gmail.com

Masonry • Culture Stones  
Chimneys • Chimney Cleaning  
Repointing & Repairs  
Restoration  
Stainless Steel Liners

Fully Insured  
Free Estimates  
20+ Years of Experience

North Monmouth  
(207) 215-3557

## PRINTING



RICK OSGOOD  
owner  
207-782-0525  
phone

Full Service Commercial Printer  
Color & B/W Printing & Copying  
Large Format • Posters  
Booklets • Carbonless Forms  
Letterheads • Envelopes  
Business Cards • Labels • Tags  
Design Service • and More!

2 Great Falls Plaza, Suite 1B  
Auburn ME 04210  
info@evergreencustomprinting.com

## SPACE AVAILABLE

Your ad  
HERE!

Call 795-5017

## MARINE SERVICES

BOAT REPAIR SHOP

PONTES  
Marine Service

Power by  
MERCURY MerCruiser

VOLVO PENTA

OMC

Perkins

YANMAR  
Velvet Drive

237 Lewiston Road • Topsham, ME 04086 • (207) 725-5997  
www.pontesmarine.com

## SELF STORAGE



AUBURN SELF STORAGE, LLC

23 Goldthwaite Rd.  
Auburn, ME 04210

PO Box 715  
Lewiston, ME 04243

PHONE 376-3325

## CHIROPRACTOR

Family Chiropractic Center

Experience Life

1485 Lisbon Street, Lewiston  
207.783.0078  
www.familychirome.com

## PAINTING

Interiors • Exteriors  
Free Estimates

Drywall Repair  
Pressure Washing

W.J. Libby  
Painting Co.

WADE J. LIBBY  
WJLibbyPainting@gmail.com CELL: 207.210.0605

## SHIPPING



- Shipping
- Packing
- Receiving
- Copies
- Fax Service
- Mailbox Rentals
- Mail Order Fulfillment

Bring in this ad for 10% off UPS or FedEx Shipping!

UPS UNITED STATES POSTAL SERVICE FedEx DHL

9 N. River Road in Auburn ~ www.AuburnGoinPostal.com ~ 784-9900

## CONTRACTORS

Fully Insured • 5 Year Workmanship Warranty

AMERICAN BUILDERS

Custom Building & Remodeling

Call 207-500-8100  
For FREE Estimates

Quality Work with References Available

## PHOTOGRAPHY



Laura Elaines  
PHOTOGRAPHY

www.facebook.com/LauraElainesPhotography

(207) 212-5993  
LauraElainesPhotography@gmail.com

## WEB HOSTING



Web Hosting  
Web Design  
Web Promotion  
One Stop

207-442-9006

MAINE HOSTING  
SOLUTIONS

CONTACT US TODAY FOR POSSIBLE OPENINGS  
FOR YOUR AD IN OUR BUSINESS DIRECTORY!



**Sept-Oct**  
WEST GARDINER – The Center for Maine Craft is pleased to announce the opening of A New Chapter, a compelling two-artist exhibition featuring prints and original mixed media artwork by Larry Clifford and handcrafted furniture by Brian Haddock of Rural Modern Furniture. The show runs from September 2 through October 26, 2025.

**Sept 5**  
WATERVILLE – The September 5 opening is presented as part of Waterville’s First Friday, a monthly celebration of the arts and business in downtown Waterville. This First Friday will take the form a block party, with Main Street closed between Temple and Spring Streets. Waterville Creates is partnering with the Colby College Museum of Art, Elm City Music School, Discover Waterville, and other partners to bring fun, free programs for all ages. All are welcome Friday, September 5, 5–7pm.

**Sept 6**  
AUBURN – The Maine Iris Society is having its public auction of Siberian Iris and Daylilies on Saturday, September 6, at 1 pm at the United Methodist Church, 439 Park Avenue, Auburn. This is a public auction where members and non-members can obtain Maine garden grown Siberian irises and daylilies. <https://www.facebook.com/maineirissociety>.

# Calendar

Send your submissions to the Editor. More online.

**Sept 6**  
MAINE – Beethoven and Korngold: A Journey from Heroic Classicism to Hollywood Romance.  
Saturday September 6 3:00 pm Brunswick Unitarian Universalist Church, 1 Middle St., Brunswick.

For additional information and tickets go to [www.dapontequartet.org](http://www.dapontequartet.org).

**Tuesdays, Sept 9, 16, 30 and Oct 7, 14, 21**  
AUBURN – Auburn Public Library: Fall Slow Flow Yoga to be taking place on Tuesdays, September 9th, 16th, 30th and October 7th, 14th, 21st, 2025 from 4:30 to 5:30 PM.

**Starting Sept 10, 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays**  
LEWISTON – The Lewiston Public Library, in partnership with ArtVan, will be offering in-person art programs. Starting on September 10th, the programs will take place on the 2nd and 4th Wednesday of every month from 3:30pm-5:00pm in the Children’s Department for children ages 5-14. Make Art with ArtVan is free, open to the public, and no registration is required. All art supplies will be provided.

**Sept 12**  
LEWISTON – The Lewiston Contradance se-

ries at Trinity Commons will kick off its new Fall season on Friday September 12. The dance, which runs from 7:30 to 10 is always preceded at 7 with a workshop for people who would like to learn contradance basics before the program, during which the dances are taught and called to live music.

**Sept 12**  
LEWISTON – At 10am the Lewiston Public Library Children’s Department will be offering the program Baby Footprints Keepsakes. Caregivers and their infants will be able to create a baby footprints keepsake using the imprints of their children’s feet on salt dough. This activity is recommended for caregivers with children ages 0-24 months old.

**Sept 14**  
NEW GLOUCESTER – The Friends of the New Gloucester Public Library are pleased to invite the community to their annual Fall Book and Bake Sale on Sunday, September 14, 2025, from 12:00 to 3:00 p.m. at the New Gloucester Community Building located at 381 Intervale Road. A members-only preview sale will be held that day from 11:00 a.m. to 12:00 p.m.

**Sept 16**  
TOPSHAM – “Trolling for Maine’s Trout & Salmon: The Good, The Bad, The Ugly” Merrymeeting Bay Trout Unlimited Public Meeting at Sea Dog Brewing, 1 Bowdoin Mill Island, Topsham, 6:00-8:00 pm.

**Sept 17**  
MAINE – St. Mary’s Vein Care will host a free screening event for varicose veins and circulation concerns from 10:00 a.m. to 12:00 p.m. Appointments are required, with time slots available every 10 minutes. To schedule an appointment, call (207) 777-4469.

**Sept 20**  
WESTBROOK – The Friends of Feral Felines 22nd annual book sale is coming to Westbrook again this year, to the very popular Westbrook Community Center at 426 Bridge Street. The sale will run from 9am to 2pm on Saturday, September 20. There will be hundreds of books, including top titles and great prices!

**Sept 25, Oct 16, Nov 13**  
MAINE – The 2025 Maine Hire-A-Vet is a statewide effort with the goal of at least 100 employers hiring at least 100 veterans and military family members during a 100-day period. While the campaign is focused on veterans and their families, these events are open to ALL jobseekers! September 25, 2025 |

FLAGSHIP CINEMAS  
*Premium*



Premium entertainment  
at affordable prices!

VISIT ONE OF OUR FIVE MAINE LOCATIONS!

AUBURN | FALMOUTH | WELLS | WATERVILLE | THOMASTON

WWW.FLAGSHIPCINEMAS.COM

11:00 am to 3:00 pm | University of Maine-Orono.  
October 16, 2025 | 11:00 am to 3:00 pm | Maine Sports Arena, Saco.  
November 13, 2025 | 11:00 am to 3:00 pm | University of Maine-Farmington.

**Oct 4-5**  
CANAAAN – Maine’s Garlic Fest returns this October 4th & 5th, 2025 at Lake George Regional Park in Canaan, Maine!  
**Oct 18**  
LEWISTON – Party like it’s 1813! Join us at the Lewiston Public Library’s Jane Austen Regency Ball, doors will open at 6:30pm, and the dance will run from 7 to 9pm. The ball will include English Country Dancing and light refreshments. This is the Lewiston Public Library’s first annual literary ball, commemorating Jane Austen’s 250th birthday.

**Oct 25, 26**  
MAINE – The Mid-coast Symphony Orchestra presents “Heroes: Common and Uncommon” Rohan Smith, Conductor.  
Saturday, October 25, 2025 - 7:00 p.m. - Franco Center in Lewiston.  
Sunday, October 26, 2025 - 2:30 p.m. - Orion Performing Arts Center in Topsham.  
Aaron Copland: Fanfare for the Common Man; Giuseppe Verdi: Overture to Vespri Siciliani; Lee Hoiby: I have a Dream (featuring Philip Lima, baritone soloist); Spiritual Medley (featuring Philip Lima, baritone soloist); Ludwig van Beethoven: Symphony No. 3, “Eroica”.  
**Nov 15**  
LEWISTON – Prince of Peace Parish Christmas Craft Fair Saturday, from 9-3. Looking for crafters/artists at Holy Family Church Hall 607 Sabattus St., Lewiston. Prices for tables/spaces range from \$25-\$40! Contact Angela at [adobson@une.edu](mailto:adobson@une.edu).

\$50K

\$40K

\$30K

\$20K



GORHAM LITTLE LEAGUE

Field Funding Campaign



The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
- Purchase seasonal fence for Shaw Park
- Repair dugouts and fencing, build storage centers
- Add infield mix and relevel current fields
- Acquire tarps and field maintenance equipment
- Add scoreboards

VISIT: [GYBSA.COM](http://GYBSA.COM) FOR MORE INFORMATION, INCLUDING DONATION LEVEL REWARDS

DONATE TODAY!

VISIT: [tinyurl.com/GYBSA-DONATE](http://tinyurl.com/GYBSA-DONATE) or  
MAIL TO: GYBSA, PO Box 176, Gorham, ME 04038

GYBSA is a non-profit 501(c)(3) tax deductible contribution









[egcu.org/rec](http://egcu.org/rec)

# Rec Loans

## Rates as low as

**5.49%**  
APR<sup>1</sup>

Scan to apply



or call  
207-221-5000



<sup>1</sup> Annual Percentage Rate as of 7/18/2025. Rates subject to change without notice. Not all applicants will qualify for the lowest rate or be approved. Advertised rate is based on risk based & relationship pricing discounts. For more information, visit [egcu.org/rec](http://egcu.org/rec).

**Follow us on Facebook**  
[www.facebook.com/GorhamWeekly](http://www.facebook.com/GorhamWeekly)



# Insulate. Be comfortable. Save money.

**Act now while rebates up to \$8,000 are available\***



Find an insulation professional  
at **efficiencymaine.com**  
or call **866-376-2463**.

\* All homeowners eligible for rebates up to \$4,000. Verified income-eligible homeowners qualify for rebates up to \$8,000. See [efficiencymaine.com](http://efficiencymaine.com) for details.



A MAGICAL  
MASQUERADE

FRIDAY • SEPTEMBER 12 • 3P.M.

50 NEW PORTLAND RD. | GORHAM, ME 04038

Experience the magic of our community firsthand when you join us for an afternoon of mystery and delight. Sip and savor our signature drinks and appetizers as you tap your toes to enchanting music, uncover the mystery in a special activity, and get a glimpse into our vibrant lifestyle. Whether you don a mask or not, we invite you to raise a glass with us at the celebration of the year!

RSVP today at **207-579-8007** or visit  
**SLCMAGICALMASQUERADE.COM**



Independent Living | Assisted Living | Memory Care  
Skilled Nursing & Rehabilitation



Follow Us On     Pet Friendly