

White Among Six Finalists

MONTGOMERY – Six Alabama teachers are finalists for the Presidential Award for Excellence in Mathematics and Science Teaching, the nation's highest honor for K-12 mathematics and science teachers. The awards recognize teachers for contributions to the classroom and to the profession. This year's awards honor secondary (grades 7-12) school teachers.

Two of Alabama's Presidential finalists are in the mathematics field and four are in the Science field. Among the Mathematics Finalists is 26-year teaching veteran, **Joel White**, from Brooks High School in Killen. White teaches Algebra II with Trigonometry, PreCalculus, and Calculus.

"I was nominated by Dr. Janet Jenkins who is a computer science professor at UNA. Dr. Jenkins is a former student of mine from the early days of my career when I was teaching at Lexington High School. I have been doubly blessed in my career, because I have had the privilege of teaching the best and teaching with the best at two absolutely wonderful schools... Brooks High and Lexington High."

Presidential finalists were recognized by the Alabama State Board of Education last week at an awards luncheon in Montgomery.

LCU Ambush Winner

MUSCLE SHOALS—Listerhill Credit Union collaborated with the University of North Alabama to present its annual *After School Ambush* for regional high schools. The Franklin County high school with the most text votes in the contest was Tharptown with 363 of 548.

Listerhill and UNA presented \$500 at an event last week to Tharptown High School's principal, **Barry Laster**. Tharptown High students were treated to a full concert by Oldsport, a local band from Florence. At the end of the concert a Listerhill representative randomly drew **Kaylee Pennington's** name for an Apple Watch giveaway.

The purpose of the Ambush is to provide community support and pique interest in Listerhill's local financial cooperative. After School Ambush winners for Colbert

See SHORTS... on Page 9

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Volume 132 Number 27

April 20, 2016



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O'Dell is Academic

MUSCLE SHOALS -- Carly O'Dell of Rogersville received Northwest-Shoals Community College's most prestigious honor last week when she was awarded the President's Award for the Shoals campus.

O'Dell maintains a 4.0 grade point average while being actively involved with the Alpha Sigma Beta chapter of Phi Theta Kappa. She was recently named as one of two students to represent NW-SCC as a 2016 All-Alabama Academic Team recipient. O'Dell is a product of the

AWARD ... on Page 6



NW-SCC President, Dr. Humphrey Lee awards Carly O'Dell with the 2016 President's Award for the Shoals campus. NW-SCC photo

First Annual Challenge Starts

Erasing Litter

SHOALS—Keep the Shoals Beautiful announced its grand prize winner for the #IKeeptheShoalsBeautiful Challenge last week. Kimber Leoni is a third grader from Brooks Elementary who was randomly selected to win an ultimate experience package of the Shoals. There will be a pizza party for her class at Brooks and a special visit from Truman, the baby dragon mascot of *Kidsville News!*

The #IKeeptheShoalsBeautiful Challenge for all Shoals area elementary students in Kindergarten-sixth grade, has received a lot of buzz lately.

See BEAUTIFUL... on Page 6



The *Kidsville News!* baby dragon mascot, Truman, made a visit to Brooks Elementary in Killen on Friday. He was there to congratulate 3rd-grader Kimber Leoni for her good work during the anti-litter program for Shoals elementary and middle school students.

Shoals Chamber - Hope Frederick

Gross, Lane to GSC Hall

BIRMINGHAM—Former University of North Alabama football All-American quarterback, Cody Gross, and former Lion head baseball coach, Mike Lane, have been selected for induction into the Gulf South Conference Hall of Fame as part of the Class of 2016.

The GSC is now in its 47th year and will officially induct its third hall of fame class of five inductees on Wednesday, June 1. This year's class includes three former student-

See GSC HOF... on Page 15



Cody Gross led UNA to three NCAA titles
UNA photo

Inside this Issue

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- Computer Skeptic
- Adopt-A-Friend
- Knight's Korner
- Yard Sales



- Adopt-A-Friend
- Dave Ramsey
- Alabama Rigged
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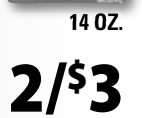
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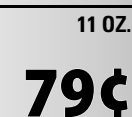
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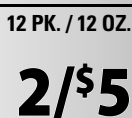
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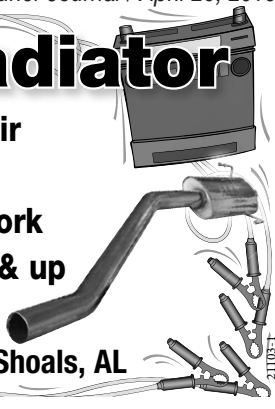
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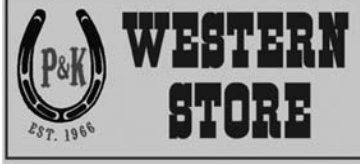
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To list your sale, fill out the form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)



KILLEN: 368 DEER CREEK Dr. Saturday 6 a.m.-Noon, Deer Creek Village. Babies and kid's toys and clothes, adult clothes, home decor, etc.

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FLORENCE: SHOP AT DEJAVU, 2701 Florence Blvd., Mon-Sat, 10am-6pm behind church, behind Japanese restaurant. for: Like new plus size shorts 24W-4X, other women's & men's clothing, furniture etc. My proceeds go to help person with no job and no insurance.



FLORENCE: 250 CO. RD. 272 Huge Moving/Yard Sale. Friday and Saturday April 22-23, 6 a.m. - 2 p.m.. Just off Cloverdale Rd. Rain dates April 29-30. Furniture, tools, heaters, household items, wide variety.

KILLEN: 78 BROOK RIDGE Ln. Fri - Sat 8 a.m.-? Plus size clothing and baby items. Lots of misc!

YARD SALE!

TUSCUMBIA: 315 PENNY LAP Lane Friday and Saturday, 8 a.m. until. On Hawk Pride Mountain. Tools, a few antiques and a lot of miscellaneous!



ROGERSVILLE: 465 GREER DR. Thurs. - Fri. 7 a.m.-3 p.m. Home-dale Subd. Furniture, kitchen, china, Corelle and Corningware, large to plus size clothing, shoes and work boots, lots of household items, pictures, grandfather clock, antique piano, bookcases. 256-412-2219

CENTER STAR: CHURCH YARD sale and Bake sale! April 23, Saturday, 7 AM-1 PM, Hwy 72, located next to Hometown Video. Center Star United Methodist Church. Lots of miscellaneous!

GARAGE SALE

FLORENCE: 1027 PIEDMONT ST. Near Braly Stadium. Saturday 11 a.m.-5 p.m. World War II items, antiques, designer clothes/shoes/handbags, furniture, Giant bicycle, Pro Walker workout machine.

MOVING

FLORENCE: 312 TAYLOR DR. Saturday 6 a.m.-??, Kendale Gardens. Computer desk, dining and living room sets, 2 beds, glassware, kitchen utensils, lots of tools, etc. House also for sale.



TUSCUMBIA: 908.OLD LEE HWY Fri - Sat 4/22-4/23, Home Decor, Furniture, Tools, Gently used baby clothes (Boy/Girl, NB-2T), Bunch of Baby Gear (Mamaroo, Jumperoo, Strollers, etc), MUCH MORE! 7a-12p



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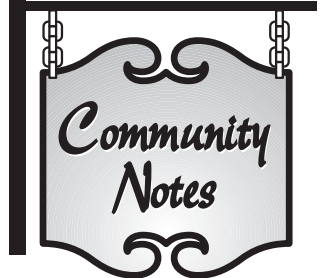
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Florence Fire Department Fire Hydrant Testing will begin Monday, April 25 continuing until the end of May. The Florence Fire Department will be flushing fire hydrants to determine proper operation and flow. This process can cause temporary discoloration of water. If you would like more information or have any questions on the sections of the city where fire hydrants are being tested call: 256-760-6475 or 256-760-6393.

Earth Day Community Yoga in Spring Park hosted by The Willows Day Spa & Yoga Studio, Friday, April 22 at 6pm and Saturday, April 23 at 2:30pm. These two classes are donation based, and all proceeds will go to benefit "Friends of Spring Park." All attendees will be registered to win prizes from The Willows and receive a free gift bag.

Monthly Covered Dish Luncheon and Program at the Zip City Community Center, 10511 Hwy 17, Florence, on Thursday, April 21 at 11:30am. Please bring a covered dish. Everyone is welcome.

Sons of Confederate Veterans, E. A. O'Neal Camp No. 478 Meeting at 6:30pm April 21 (the 3rd Thursday of the month) at Pope's Tavern & Museum, 203 Hermitage Drive, Florence. 256-764-4945

Fish Fry at Central Volunteer Fire Department, Thursday, April 21, 4-7pm. Fish, shrimp and chicken catered by Swamp John's. Plates \$10. Proceeds go to the fire dept.

Shoals Got Talent and Variety Show sponsored by the Sterling High School Reunion Committee will take place, May 7 at Sheffield High School. Ages 12 and up. Register by April 23 to show your talent. 1st, 2nd and 3rd place prizes will be awarded. Registration fee is \$10. Registration forms can be obtained by calling event organizers Vanessa Hailstock 256-381-9245 or Elaine Eggleston at 256-381-1447.

The popular event "Third Tuesday" at the Alabama Music Hall of Fame takes place from 4:30-6pm in the museum lobby. The artists for April will be Daniel Market, Tony Robertson, who is with IronHorse and Tony Lee with Wildwood Ruminators. They play a variety of oldies, folk, as well as original music. The event in the lobby remains FREE to the public. Tours of the Alabama Music Hall of Fame are an additional charge. For more information, please contact the Alabama Music Hall of Fame. 256-381-4417.

Lifesouth Faces Critical Need - LifeSouth Blood Drives for April
ECM Center, 205 Marengo Street, Florence, 256-765-7038. The hours are: Monday-Friday, 9am-5pm; Saturday, 9am-3pm; Sunday, 1-5pm.

Keller Center, 1208 S Jackson Highway, Sheffield, 256-383-3535. The hours are: The hours are: Monday-Friday, 9am-5pm. Wednesday, April 20, 9am - 4pm, Wrangler, 35615 U.S Highway 43, Hackleburg

Thursday, April 21, 9am - 5pm, University of North Alabama, Sponsored by Student Nurses Association, In Front of the Clock Tower, Florence

Friday, April 22, 8am - 3:30pm, Lauderdale County High School, 201 Cedar Street, Rogersville

Saturday, April 23, 9am - 4pm, Hackleburg Neighbor Day, 314 1st Avenue, Hackleburg

Sunday, April 24, 11am - 4pm, Salem Church of Christ, 9671 Highway 17, Florence

Monday, April 25, 11am - 7pm, Walmart, 517 West Avalon Avenue, Muscle Shoals

Tuesday, April 26, 9am - 3pm, Colbert County Health Department, 1000 South Jackson Highway, Sheffield

Wednesday, April 27, 9am - 6pm, Shoals Area Association of Realtors, Sam's Club, 364 Cox Creek Parkway, Florence

See NOTES... page 18



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<p>Boneless Country Style Pork Ribs lb. 1.89</p>		<p>PIGGLY WIGGLY FUDGE OR Ice Cream Bars 12 PACK 2/\$6</p>	<p>PIGGLY WIGGLY QUICK Chocolate Chip Cookies 16 OZ. PKG. 2/\$4</p>

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\$1 2 LITER BTLs. | **4/\$10** 6 PACK, 1/2 LITER BTLs.



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PIGGLY WIGGLY
Frozen Crinkle Cut French Fries
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2/\$4

PIGGLY WIGGLY
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PIGGLY WIGGLY
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FRIDAY, APRIL 22 10AM-5PM
SATURDAY, APRIL 23 10AM-5PM

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- Diamond Jewelry (all kinds)
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- Disney Cells
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- Famous Autographs/Photos
- Fountain Pens (1940 & older)

STERLING & SILVER:

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- Antique Silver



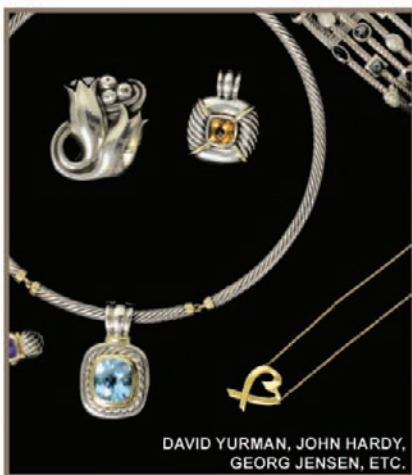
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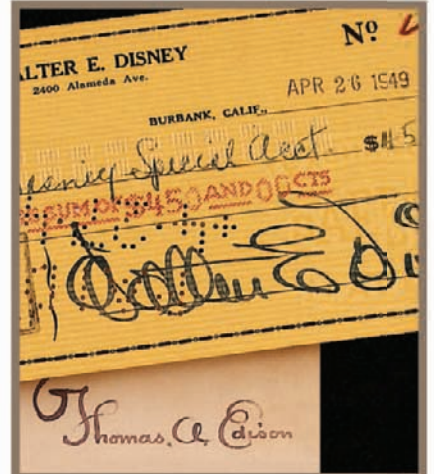
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FRIDAY, APRIL 22
10AM-5PM

SATURDAY, APRIL 23
10AM-5PM

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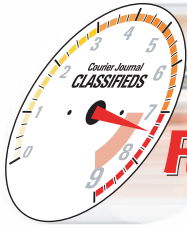
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DEADLINE: Friday 5pm

Beautiful...

Continued from Page 1

For ten weeks students were randomly selected to win weekly prizes, based off their social media photos. Students were encouraged to snap a photo of themselves placing litter and/or recycled material in the appropriate bin.



Third grader Kimber Leoni with Keep the Shoals Beautiful Director, Chelsea Kauchick on Friday.
Shoals Chamber - Hope Frederick

They were then to upload that photo to Instagram, Facebook, or Twitter using the hashtag #IKeepTheShoalsBeautiful. "The challenge had parents, teachers, and students motivated to recycle. Many were already doing this in their community, but the contest gave them an extra incentive to share their good works through social media," said Keep the Shoals Beautiful Director, Chelsea Kauchick. Partnering with the Tennessee Valley Authority, SCA Tissue, the Courier Journal, Kidsville News! and 102.7 KISS FM, KTSB surprised students and classrooms with prizes ranging from movie tickets, gift cards, breakfast events, and gift baskets. "This contest encouraged positive behavior and social responsibility," said KTSB board member and Education Outreach Coordinator for the City of Florence Recycle Center, Rachel Mansell. "We

noticed when we presented one student with a prize that his or her classmates were quick to post their own photos for our contest. We realized recycling was contagious." "I'm proud Kimber Leoni won our grand prize," said Kauchick. "She was a dedicated participant in the contest and would post several photos each week of her recycling efforts. She's a very deserving recipient." Kimber's award package included vouchers for bowling, laser tag and the movies, as well as a three-hour limo ride, gift card to Target, and a one-night stay at the Marriott Shoals Hotel & Spa. KTSB also awarded Kimber's class with a pizza party to further the idea that when one person is environmentally conscious, everyone benefits. Keep the Shoals Beautiful is an affiliate of Keep America Beautiful and is a sponsored program of the Shoals Chamber of Commerce.



Kimber Leoni's class celebrated with her. After this photo they all had a pizza party.
Shoals Chamber - Hope Frederick

Courier Journal

Personnel

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Thomas V. Magazzu
- ADVERTISING EXECUTIVES**
Sadonna B. Magazzu
Judy Cox
Gregg Scott
Joe Broadfoot
- GRAPHIC COORDINATORS**
Russell Roden
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Andrea L. Gray
Gwyn Jones
- OFFICE STAFF/CLASSIFIED**
Janie Brasfield

CIRCULATION
John Steele

OFFICE HOURS:
Monday - Friday
8:00am - 5:00pm

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Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 70,173 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St. Florence, AL 35630
or email to:
editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

Award...

Continued from Page 6

Shoals Scholar Dollars scholarship. Odell has also contributed to her community through participation in the local soup kitchen, volunteering through her church, and coaching youth basketball. O'Dell has been consistently named to the President's List for her academic achievements. She plans to transfer to Auburn University this fall and earn a degree in Computer Engineering. The faculty submits nominations to the Award Committee for the final selection. The recipient must have earned a grade point average of 3.7 or higher. In addition, the recipient must have demonstrated leadership and actively participated in community service while attending NW-SCC.

DEADLINES: Issues Published Every Wednesday
 INSERTS - 5 pm Thursday
 DISPLAY ADS - 5 pm Thursday
 CLASSIFIED ADS - 5 pm Friday unless otherwise specified

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DODGE: 392 CHARGER, 2015, 485 HP, 6,500 miles, 1 owner, garage kept, never rained on. All options including moonroof and track mode. MSRP \$56,500, sell \$49,750. 256-577-0465.



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VOLKSWAGEN: JETTA SE, 2014 \$12,478. leather, auto, 41k, financing available, call Trey 205-365-7236 or 256-764-3351

NISSAN: ALTIMA SV, 2013, \$13,500. 4 door, 24K MI. 256-308-1370

HYUNDAI: SONATA, 2006 ASKING \$6,500. NO PAYMENTS, 56k mi. automatic, 256-324-8042

NISSAN: MAXIMA 3.5S, 2014 \$16,778. cloth, 36k mi. Financing available. Call David 256-415-0331 or 256-764-3351.

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Classified Form on Page 6

TOYOTA PRIUS, 2012 \$14,900. 73,000 miles, white, clean, good condition, 256-767-3629

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7 YEAR OLD JACK Russell Terrier, registered, female, \$50. 256-350-4377.

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SCION: IQ, 2013 AUTO, air, 52,000 highway miles, approximately 40 miles gallon, \$7,500. 256-443-3974.

NISSAN: ALTIMA 2.5S, 2011 \$11,968. cloth, 61k, financing available, call Hoke 256-740-1297 or 256-764-3351

ENTER THE 29TH ANNUAL Courier Journal Shoals Pet Picture Contest! Details inside this issue!

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DODGE: RAM 3500, 2004 \$17,500. Dually, white SLT Crew Cab, 2 wheel drive, long wheel base, 5.9L Cummings Diesel Engine, B&W Companion 5th Wheel Hitch included, 153,000 miles, 256-355-4634

GMC: 2500, 1986 \$1,950. 1978 GMC 6000 dump truck, \$3,850. 20' pintle trailer, \$2,500. 256-324-8042

FORD: EDGE, 2013 \$22,788. SEL, leather, 35k, financing available, call Tony 931-213-1386 or 256-764-3351

CHEVROLET: CORVETTE, 1978 SILVER anniversary, 61,500 miles, \$8,900. 256-366-4323

HYUNDAI: SONATA SE, 2015 \$14,976. cloth, auto, 39k, Financing available call Matt 256-810-0283 or 256-764-3351

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ASK THE ATTORNEY



Thomas McCutcheon

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Q Why does our insurance company have to get involved when it was their fault?

A This is a question that I answer every week. People don't understand uninsured motorist coverage. If you are swimming in Shoals Creek and a car comes off the bridge and hits you and breaks your arm, and they don't have any insurance, your uninsured motorist coverage will pay your for medical bills, lost wages and pain and suffering. If you had moved in with your grandmother the month before and she had a car with uninsured motorist coverage and you had a car with uninsured motorist coverage on it and you were hurt bad enough, her uninsured motorist coverage could also pay for your medical bills, lost wages and other special damages.

A lot of times people are hurt more than what the amount of insurance the person who caused the accident has. Let's say you lose a foot and the person only has \$25,000.00 in coverage. With no liability issues, the loss of a foot is worth easily \$500,000.00 and most people wouldn't take that if they could enter into the deal voluntarily. Under this set of facts, if you and your wife have two cars and you have a child that has a car and each car has \$100,000.00 in uninsured motorist coverage, you could collect \$325,000.00 in insurance money.

People who have no insurance or have the minimum limits of insurance typically can't provide any additional payment for injury.

That's why your insurance, specifically your uninsured/underinsured motorist coverage has to get involved. It is very good coverage to have and not very expensive. Don't reject your uninsured motorist coverage.

If the accident was the fault of another and you ask for your uninsured motorist coverage, your insurance company can't drop you for an accident that wasn't your fault. You paid for that coverage and they expect to and do profit from selling uninsured motorist coverage.

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20576-1

SHORTS...

LCU Ambush Winner

Continued from Page 1

and Lauderdale counties will be announced at the end of the month.

"Listerhill loves to be a part of local schools," said **Tosha-Paige Brewer**, marketing project manager for Listerhill Credit Union. "Not only is this a way for us to give back financially, but it's an opportunity to treat deserving students to something fun and memorable."

UNA Celebrates ROTC at 100

FLORENCE – The Reserve Officer Training Corps (ROTC) is turning 100 years old in April, and officials with the ROTC program at the University of North Alabama thinks that's something to celebrate!

In honor of the national program's centennial birthday, UNA will host a symposium April 21 and 22. There will be a plaque unveiling on Friday, April 22 and a 5k run/march and Junior ROTC challenge on Saturday, April 23.

According to Lt. Col. **Cochran Pruet**, UNA department chair for Military Science and director of UNA ROTC, the ROTC was established in 1916 by then President Woodrow Wilson under the National Defense Act. During its 100-year timespan, more than 500,000 officers have been commissioned in the U.S. Army.

UNA's ROTC Program has been in existence since 1950. Since then UNA has contributed 1,155 officers to the U.S. Army.

The military history symposium will feature **Howard T. Weir, III**, author of *A Paradise of Blood: The Creek War of 1813-1814*; and **Dr. Derek Frisby**, instructor of Military History at MTSU.

A plaque unveiling in the UNA ROTC Commemorative Garden will feature updates to the ROTC Graduates/Commissions from 1989-2015. The unveiling will be presided over by Brig. Gen. (Retired) **Jim Noles** (UNA ROTC Alumni).

Finally, on Saturday, April 23 the UNA ROTC will hold a 5Krun/ruck march. The march will also serve as a fundraiser for the American Military Legacy scholarship established by UNA ROTC alumnus **Col. Buddy Brook**. Following the run there will be a junior ROTC challenge featuring an invitational competition between regional high school ROTC programs. Officials expect a group of about ninety high school students to attend the event.

For more information, go to www.una.edu/rotc/ or call 256-765-4271

See SHORTS... on Pg. 10

MATCHED LADIES RECLINERS MICROFIBER, dark sage, very good condition; pics available, \$135 both, Cell:530-262-1558.

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FORD: MUSTANG, 1989 LX, blue, hatchback, 5 speed, black interior, built 306, chrome Cobra R wheels, \$5,000. 256-740-7996

FORD: F-150, 2015 \$27,922. XLT, crew cab, 4x2, V8, 28k, Financing available, call Brandon, 256-710-4598 or 256-764-3351

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SUBSTANCE ABUSE THERAPIST/ COUNSELOR

Riverbend Center for Mental Health is seeking a Substance Abuse Therapist/Counselor for their Crisis Stabilization facility in Franklin County. Position requires a Masters or Bachelors degree with two years supervised clinical substance abuse experience, or certification by an independent board and three years supervised clinical substance abuse experience. Interested persons may apply in person at 635 West College Street, Florence, AL., by mail to P.O. Box 941, Florence, AL. 35631, or email hrdirector@rcmh.org.

HIGHLY EXPERIENCED TREE CLIMBER/BUCKET Operator \$12-\$25 an hour depending on experience. Please call 256-577-7369, Affordable Tree Service, LLC.

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QUAD TAXI LOOKING CITIES for Taxicab Drivers, Limousine Drivers, Wheelchair Van Drivers Day and night shifts. Must be 21 with good driving record, must pass drug test. Apply in person, 1212 Vine St., Florence between 8 a.m. and 4 p.m. Mon.-Fri.

HELP WANTED OUR BUSINESS is growing. We need two installers we can train to install patio covers, screenrooms, and sunrooms. This is a full time position. Must be neat and have good driving record. We will be taking applications Wednesday and Thursday, April 20th and 21st only. Come by Alabama Awnings at 4617 Huntsville Rd., Florence, AL. NO PHONE CALLS PLEASE!

BEHAVIORAL AIDES

RIVERBEND CENTER for Mental Health is seeking Behavioral Aides to work on a temporary basis in their Therapeutic Summer Program. Selected candidates will work with emotionally challenged children and youth. Applicants must be at least 19 years of age. Some college education and/or experience with children/adolescents preferred. Applicants may respond in person to 635 West College Street, Florence, AL., by sending resume to P O Box 941, Florence, AL. 35631, or by email to hrdirector@rcmh.org. No phone calls please!

LIBERTY NATIONAL LIFE INSURANCE is hiring part-time and full-time positions available in the Shoals area. Must have clean criminal background. Call for an interview. 256-856-4333.

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(Florence) Busy and respected medical office seeking Medical Assistant with good computer skills to assist with screening and treating patients. No night or weekend work. **Please email resume including salary requirements to medofcnp@gmail.com**

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PREVENTION SPECIALIST

RIVERBEND CENTER for Mental Health is in search of a part-time Prevention Specialist. This highly visible position provides community/in-school prevention education to school age children. Candidate must have excellent communication, media and public relation skills. A bachelor's degree in a social sciences or education is required. Candidates may apply in person to 635 W. College Street, Florence, AL. 35630, by mail to P O Box 941, Florence, AL. 35631, or email hrdirector@rcmh.org.



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SHORTS...

Continued from page 9

Sheffield A+ College Ready

MONTGOMERY – Sheffield High School is one of 29 additional high schools across the state that have been selected to participate in a successful statewide initiative to increase the number of students prepared for the challenge of college courses through a three-year grant.

These schools will join 161 Alabama high schools in the ALSDE / A+ College Ready Program that receive comprehensive teacher training and student support to boost enrollment and success in Advanced Placement (AP®) courses in mathematics, science, English, social studies, and computer science, as well as the rigorous courses that lead up to AP.

Alabama has consistently ranked number one among all 50 states in the percent increase in qualifying scores on math, science and English AP exams from 2008-2015 for all students, and 3rd in the nation for minority students.

Sheffield High School has been invited to join the program in the 2016-17 school year. Sheffield will be a member of the ninth group of schools participating in this statewide college readiness program in which over half of all Alabama public school districts applied to participate.

"Our teachers and students understand the level of rigor and depth of knowledge associated with Advanced Placement courses and are excited about raising the level of expectations through this program," said Keith Lankford, Sheffield City Schools Superintendent.

Relay for Life is April 29

MUSCLE SHOALS – Relay For Life of the Shoals invites you to help us "Send Cancer Packing" April 29 at the Northwest Alabama Fairgrounds in Muscle Shoals.

This signature event raises funds to support cancer research and provide programs and services to cancer patients and their families.

Local cancer survivors are encouraged to take part in the survivor dinner beginning at 5pm on the 29th in Building 3. The speaker is Hero of Hope, Haley Heupel. Please RSVP by April 20 to 256-536-1863.

Relay opening ceremonies will begin at 6:15pm. All cancer survivors and caregivers are invited to join in for the special survivor lap and caregiver lap.

Teams will delicious food and fun activities for adults and kids alike. A Kid's Corner will also be set up with two double slides and two obstacle course fun zones. Tickets will be \$1 per ride or \$5 for a wristband to play all night.

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by DAVE RAMSEY

TALK ABOUT BOUNDARIES

Dear Dave,
My husband and I are just starting to get control of our finances, but we have a problem. My dad has a habit of expecting us to buy things for him. I know he has money, but anytime he knows we're going to the store, he gives us a list of things he wants. If he's with us, he just throws things in the cart and expects us to pay. He acts like we have an obligation to do all this for him. I love my dad, but this has become annoying. What can we do?
Christina

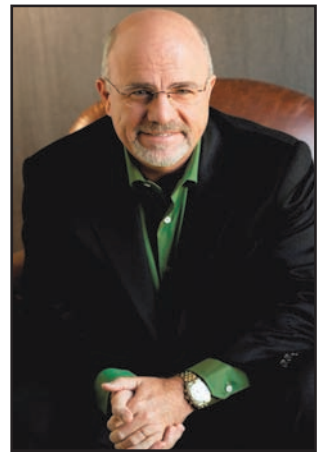
Dear Christina,
I know you love your dad, but he sounds like the kind of guy who doesn't really respect boundaries. And these kinds of folks, as a rule, don't like it when they're suddenly confronted with them. Regardless, you need to have a firm but loving talk with your dad.

Let him know how much he means to both of you, but remind him that you and your husband are working hard to get into better financial shape. This means you can't spend more than is absolutely necessary. If he's hungry, have him over for dinner. If he just needs one or two small things, that's not such a big deal. But you're not obligated to pay his way just because he's your dad.

Like I said, he may or may not like this conversation. He may fuss and throw a little fit, but at that point it becomes his problem, not yours. Chances are he'll come around in a week or so, and after he gets over the embarrassment of it all, everything will be all right again.

You aren't an unloving or ungrateful daughter for not letting him run all over you. Talk to him in a kind, respectful way. If you feel you can't stand up to him alone, ask your husband to lend support or put a voice to your wishes. It's important that you're both on the same page with this issue.

—Dave



IF IT'S PAID FOR, DO YOU SELL IT?

Dear Dave,
I'm debt-free except for my house. I make about \$120,000 a year, and I have a truck that's worth around \$33,000 and a car that's worth \$28,000. I don't have an emergency fund, so I was wondering if I should sell the truck to establish my emergency savings.
Eric

Dear Eric,
A good rule of thumb is to never have more than half of your annual income tied up in things that go down in value. You're not quite there, but you're close. And I love your idea of wanting to immediately establish an emergency fund. You never know what life is going to unexpectedly throw at you, and an emergency fund is great insurance against that sort of thing.

Here's how I look at it. Nothing you've told me indicates that this truck represents anything being out of control. It's an expensive truck, but it's not like you make \$30,000 a year and have a \$33,000 truck. That kind of thing would be just plain stupid. But if you don't need or want the truck — and you're that passionate about having a big, instant emergency fund in place — then sell it!

—Dave

Dave Ramsey is America's trusted voice on money and business, and CEO of Ramsey Solutions. He has authored five New York Times best-selling books. The Dave Ramsey Show is heard by more than 8.5 million listeners each week on more than 550 radio stations. Dave's latest project, EveryDollar, provides a free online budget tool. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

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MGB: 1974 \$9,200. MAROON with tan top and interior. 30k miles with air. Nicest one around. Call 256-353-1320.

TOYOTA: COROLLA, 2012 \$9,999. 86K miles, perfect condition, text message best or call after 5 PM. 256-366-5799.

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Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

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JARED ADAMS	5885 Hwy 17 Florence, AL 35634	D38	Household Goods, Furniture & Boxes
CLEVEN BROWN	1420 Co. Rd. 24 Florence, AL 35633	E05	Household Goods, Furniture

GMC: YUKON, 2013 \$32,000. excellent condition, towing package, TV, leather, 29K miles, 256-366-9959.

FORD: TAURUS, 1999 \$2,750. 124k, Lower Prices! 256-247-6004, www.capautosales.com

TOYOTA: SIENNA, 2004 \$3,600. 209k miles, leather seats, 256-466-8238

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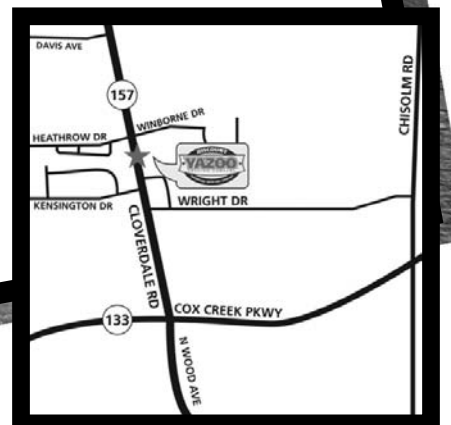
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Commentary

Medicaid is Another Societal Microcosm

The Alabama Legislature passed a general fund budget which Governor Bentley vetoed, saying it was \$85 million short of adequately funding Medicaid. Nonetheless, Bentley's veto was overridden by the Republican supermajority. With lawmakers digging in against raising taxes, deep budget cuts now appear inevitable.

There is no question that corporate tax loopholes need to be addressed as do property tax rates for vast miles of Alabama's forested lands. However, a lot of campaign money and community investment flows from those multi-billion dollar corporations and has for generations. Very few state senators or representatives in either party are bold enough to propose a degree of taxation that would cover current entitlements and new needs.

Looking at it from another perspective, should they? They ran on less government with fewer taxes and were elected on that basis.

Entitlements are very rarely rolled back. We are routinely told that more funding will always solve problems, but it never does. It may soften some edges for a while, but resulting needs always create a demand for even more funding.

We see non-profit events every week designed to show support and raise money for those who are underprivileged or down on their luck. And most people are more than happy to participate.

See **SOCIETAL...** on Page 23

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

THIS WEEK

in the *Shoals*
April 20, 2016

Happening THIS WEEK



Bryant Boswell, past president of the Natchez Trace Parkway Association, portrays Andrew Jackson at the Hermitage, Jackson's home in Tennessee. Bryant will be reprising this role with living history tours at Belle Mont Mansion Friday.

Jackson at 200

TUSCUMBIA—Guided tours at Belle Mont Mansion are part of the Bicentennial Commemoration Kick-off for the building of the Jackson Military Road through frontier Alabama and the Shoals area. The special after-hours tours are planned for Friday, April 22, at 4pm and 5pm.

The historic home built in 1828 is an example of early Federal architecture. Many plantation

See **200...** on Page 33

THE HISTORY

Jackson's Military Road was one of Alabama's first large-scale road construction projects. Development began after the Battle of New Orleans in 1815 when General Andrew Jackson expressed the need for a more efficient route from Nashville to New Orleans. In 1816 the U.S. War Department authorized Jackson to appoint an engineer and begin

See **HISTORY...** on 33

Fishing History is Alabama Rigged

FLORENCE—The Florence/Lauderdale Tourism Board is hosting a fascinating free program about the cultural history of outdoor sporting called *Alabama Rigged: A Cultural History of Fishing in North Alabama* on Saturday April 23 from 4-6:30pm. Visitors will have the opportunity to receive stimulating insights into the history of this region's sporting tradition.

This is the second venue in a three-part lecture series. Many fisherman and historically curious individuals are excited to have the chance to see this illuminating lecture event and travelling exhibit.

Dr. Ted Ownby is the Director of the Center for the Study of Southern Culture from the University of Mississippi. He will

See **CULTURAL...** on Page 29



White

"MURDER AT SHAKE'S RATTLE & ROLLS" a 50's Murder Mystery Dinner Show at On The Mountain Theater, takes place Friday, April 22 and Saturday, April 23 at 7pm. Adults \$35, child 12 and under \$28, includes show and gratuity. Purchase online at MountainTheater.org. Advance group sales, of 8 or more are \$30. Tickets must be purchased in advance. More info call 256-710-8963. Located at 4150 Underwood Mtn. Rd, Tusculumbia.

STEPHEN SONDEHEIM'S FAIRY TALE CLASSIC

"Into the Woods" will be presented in UNA's Norton Auditorium Friday, April 22 at 7:30pm and Sunday, April 24 at 2pm. Tickets are \$10 for adults and \$5 for all students. Tickets are available at una.edu/music, at the Lindsey Theatre box office M-F from 10am-2pm, and at the door. The UNA production includes a full orchestra with wonderful sets and costumes.

The story of "Into the Woods" brings together many classic fairy tale characters who intersect in a new way. A childless baker and his wife on a quest in the forest meet Cinderella, Little Red Riding Hood, Rapunzel, and Jack, each one on a quest to fulfill a wish of their own. For more information, contact the UNA Department of Music at 256-765-5122 or visit una.edu/music.

FISHING DAY AT DEIBERT PARK is Thursday, April 21 from 6:30am-noon. Bring your own tackle, bait, snacks and chair. Catch and keep. Catch and share. Catch and release. No license required for this event. Sponsored by Florence Parks and Recreation Department/The Club (Senior Center). For more information, call 256-760-6420.

For Tickets call the Ticket Office 256-765-5466 or email Ticket Mgr. Jenn Sharp at jlsharp1@una.edu

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Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

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Devastating and Fatal

Editor:

The Alzheimer's Association estimates there are more than five million Americans living with Alzheimer's disease and more than 15 million Alzheimer's caregivers. As an Alzheimer's advocate, it is my honor to represent them to our elected officials.

I was honored to participate with 1,200 others from across the country in the 28th annual Alzheimer's Association Advocacy Forum in Washington, D.C., where we appealed to Congress for action on Alzheimer's disease.

In addition to the human toll, Alzheimer's is the most expensive

condition in the nation, costing \$236 billion a year. Nearly one in every five Medicare dollars is spent on people with Alzheimer's or another dementia. These costs will continue to increase as baby boomers age, soaring to more than \$1 trillion in 2050.

Alzheimer's is not only devastating but it is also fatal. Alzheimer's is the sixth leading cause of death in the U.S. and the only cause of death among the top ten without a way to prevent, stop or even slow its progression.

Thank you to Representative Mo Brooks for meeting with our delegation to discuss the Alzheimer's crisis. I hope we can count on your continued support.

It is only through adequate funding and a strong implementation of the

National Plan to Address Alzheimer's Disease that we will meet its goal of preventing and effectively treating Alzheimer's by 2025.

Brandi Medina
Director of Programs & Education
Alzheimer's Association-
Mid South Chapter
Huntsville

Should Band Together

Editor:

Bruce Springsteen, other Pop stars and some companies are boycotting states that don't want people born with male genitals to share bathrooms and showers with women and young girls. If true Christians believe the new laws are valid and should be enforced to protect their morals and beliefs, then Christians should band

See **LETTERS...** on Page 17

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GSC HOF...

Continued from Page 1

athletes and two head coaches.

Previous UNA inductees include former UNA football standout, Ronald McKinnon; former UNA basketball coach and athletic director, the late Bill Jones; and UNA volleyball standouts, Rachel Price Bell and Ronda Price Brinley.

CODY GROSS

A native of Rogersville, Gross led UNA to three consecutive NCAA Division II National Championships from 1993-95. He compiled a 41-2 record as a starting quarterback, a 12-1 record as a starter in the NCAA playoffs, a set a host school records.

Gross was selected for the 50th Anniversary UNA Football Team for 1949-98, the Gulf South Conference "Team of the Quarter Century" for 1971-95. He has been inducted into the UNA Athletic Hall of Fame (2006), the Division II Football Hall of Fame (2006) and the Lauderdale County Sports Hall of Fame. Gross and former North Dakota State quarterback, Jeff Bentrin, are the only two players in Division II history to be the starting quarterback on three national championship teams.

MIKE LANE

The winningest coach in GSC baseball history, Mike Lane spent 25 years as head baseball coach at the University of North Alabama. While there Lane transformed the program into one of the nation's most consistent winners. Lane came to UNA in 1983 and took over a baseball

Mike Lane had 25 straight winning seasons at UNA.

UNA photo



program that had produced only one winning season in the six years prior to his arrival.

In his 25 years at UNA, Lane had 25 straight winning seasons, won 908 games, and averaged 36 wins per season. He ranks among the winningest coaches in Division II history in both wins and winning percentage.

Under Lane numerous Lion baseball players went on to play professional baseball, including Cedric Landrum, Jim Czajkowski, Terry Jones, Sergio Romo, and Josh Willingham who played 11 seasons in the Major Leagues.

The stadium was then renamed in his honor as Mike D. Lane Field during the 2008 season.

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NOT A DAY GOES BY THAT someone doesn't ask me, "How do I keep all this junk off my computer?" This is usually asked after the client pays us a respectable chunk of change to clean up the mess they made of their computer. Examples of this junk include registry optimizers, fake antivirus software, driver updaters and technical support software that trick many of you into calling "Microsoft" to fix a computer problem that you probably don't even have. All these programs can slow your computer down and produce annoying pop-ups. My honest answer to their query is, "I have no clue." In the old days, 5 to 10 years ago, the common source of this kind



Fisher

HANDS OFF THE JUNK

by "The Computer Skeptic"

of junk was peer-to-peer file sharing (the source of "free" music) and pornographic websites. Now days, it is more common that little old ladies come in with this kind of junk. They insist they are doing nothing more than playing the occasional online card game or basic word processing. I believe them when they say they honestly don't know. These little old ladies are rapidly supplanting grandchildren as excellent revenue generators for my business.

I suspect that most people are simply being tricked into clicking

on stuff. For example, you may visit an online card game website and see an advertisement that says, "Your computer is SLOW! Click here to make it faster!" Click that link and you'll be seeing someone like me in no time.

Another way of attracting junk is to download free software from various otherwise-legitimate websites. When downloading free software, you'll often run across a fake download link — or multiple fake download links — on the software's web page. You'll often find large, brightly colored

buttons with text like "Free Download" or "Download Now" while the legitimate download link is in very small text. These are often advertisement banners designed to mimic real download links, tricking you into clicking them and installing different software.

Another way of attracting junk is when trying to download the Java update. You find that McAfee Security Scan Plus or the uber-annoying Ask toolbar is bundled as a "free" product by default. Users who accept the default option or don't read it will end up with this additional software on their computers.

To avoid this sort of thing, be careful on download pages — uncheck any additional software you don't want to install before downloading the intended installer. To remove the bad software, you'll generally just need to hunt it down in the list

of installed programs in the control panel and uninstall it. A particularly bad installer might pull in multiple junk programs that you'll have to remove.

A decent bit of software called MalwareBytes Antimalware will often remove much of the junk automatically. Get it from Malwarebytes.org.

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JEFFREY WEAVER	67 County Road 354 Florence, AL 35634	2113	Household Goods, Furniture & Boxes

Letters...

Should Band Together

Continued from Page 14

together and not buy from or support any companies or stars who defy those principles. Christians should find alternative products and entertainment that supports their values. Remember, no one is indispensable. Anyone can be replaced. However, I wonder how many Christians are true to their beliefs and will stand up for those beliefs. Few are selected and few will be chosen.

Paul Sabatino
 Florence

Painfully Inadequate

Editor:

Imagine a community without adequate health care.

No emergency room, no local cancer treatments, no intensive care beds, no hospital to provide needed surgery in your local community. This is what could happen if a proposed plan on the table to drastically cut Medicaid funding is not reversed. The people of Chilton County didn't have to imagine it. Chilton Medical Center closed in 2012, leaving the county without a hospital. Citizens woke up one morning and the care was no longer available.

Think about what might happen in your community if the only hospital closed. Where would the child who broke his arm sliding into home go to be seen? Worse, where would someone go if they thought they were having a heart attack or stroke or if they were ready to deliver a baby? Driving to Montgomery or Birmingham might be an option for someone

with a scheduled surgery, but it's not convenient. In an emergency, it's life threatening.

In addition to the loss of health care access, the community would lose hundreds of good jobs and would likely have difficulty recruiting new businesses to the area ... all creating a devastating blow to the local economy.

That's why the people of Chilton County overwhelmingly voted in favor of a one-cent sales tax to fund the construction of a new hospital in partnership with St. Vincent's Health System. Nobody likes taxes, but this sales tax was a necessary investment to ensure access to the level of care that only a hospital can provide 24 hours a day, 7 days a week. The people of Chilton County saw what life was like without access to care, and almost 80% of them voted in favor of the tax to support the new hospital. And Chilton County is not alone. Other areas such as Bibb and Randolph Counties have found similar ways to keep healthcare in their communities. People will sacrifice when it may make the difference between life and death for a loved one. The voters in these cases did not want an Alabama without care, and legislators should take notice. The current Medicaid funding proposed in the General Fund Budget is painfully inadequate. Unless it's fixed with new revenue, some hospitals will have to cut services, cut staff, or close altogether. Why would any community want to find out what those in Chilton County learned the hard way? Concerned citizens should contact their legislators and urge them to fully fund Medicaid in order to ensure access to care in our communities.

Neeysa Biddle, FACHE
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Last week's winner is **Linda Barnett** of Killen who correctly guessed "Lauderdale Co. Board of Education, Florence"

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office on Wednesdays after 12 Noon.

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Notes...

Continued from page 4

Basic Civilian Handgun Safety Course - hosted by The Tuscumbia Park and Recreation Department, Thursday, April 21, 6-9pm at the Tuscumbia Multi Purpose Center, 601 N. Commons St. East. Course fee is \$35. Classes will be limited to first 20 participants. You must be 18 years old to register. Classes will be offered monthly. Class will be taught by a Certified NRA instructor with over 30 years in Law Enforcement experience. Bring your handgun UNLOADED. Instructor will bring ammo for the range. More info: 256-386-5655

WE CARE After School Ministry of Wesley Chapel United Methodist Church in Central Heights is still enrolling students. Contact Melissa at 245-483-2559 for more information.

Alabama's official musical drama, "The Incident at Looney's Tavern" is returning to the stage after a 13-year hiatus for four days of performances in Winston County. Presented by the Winston County's Young Actors Guild, "The Incident at Looney's Tavern" runs April 21-24 in the Double Springs Middle School gymnasium. Directed by Mrs. Sharon Fike, the musical features middle and high school students in the Winston County school system.

Performances are April 21, 22 and 23 at 7pm and April 24 at 2pm. General admission ticket prices are \$5 per person. Tickets may be ordered by phone by calling 205-489-5018. Tickets will also be sold at the door with limited seating. For more information, call the Winston County Board of Education at 256-489-5018.

Glendale Church of Christ Wednesday Night Series 7pm each night, located at 8000 County Road 200, north of Florence. April 20 - Chris Moran April 27 - Bill Bagents Please come and bring a friend. Everyone welcomed.

13th Annual "Angels for Autism" Scramble April 23 at The Golf Club in Anderson. All benefits go to The Autism Society of Alabama, memory: Elyse St. John Shirley.

7-8am sign up, \$60 each player. 2 person scramble includes green fees and cart. Early sign up bonus. Shotgun start. "Hole in One" on #7 - brand new Honda Accord from University Honda, Florence. Multiple prizes paid on all par 3 Hole in Ones. Cash prizes: 3 places. Longest drive and close to pin prizes. Random door prizes - No Waiting Dirty Bags, doughnuts, peanuts.

For details contact: 256-247-1867 or Director: Marshall at 256-483-1812, fax 256-247-1867.

See NOTES... page 38

2000 JOHN DEERE 5210 tractor, 54 HP Diesel, quad remotes, all new tires, \$11,800 obo. John Deere 175 loader, \$3,850. Hay Fluffer Rake, for wet hay, like new, \$1,500. John Deere 1518, batwing bushhog, \$3,900. 6.5 ft. Marliss, no till, pasture drill, \$3,500. Double Cultipacker, 8 ft. 3 PT, like new, \$1,250. Bushhog brand, 4 ft. bushhog, \$495. BigTex gooseneck trailer, 29 ft., 10K, dual tandem, like new, \$5,900. 256-810-7238.

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BEDDING PLANTS, JAM, JELLY, vegetables. Florence Farmer's Market--Saturday, April 16th, 23rd, 30th, 8 a.m.-1 p.m. Market officially open May 7th. Garner Farm 256-668-7773

MARQUISE DIAMOND RING, WT. 1.55 with 2 round diamonds on each side, totals 1.95ctw, EGL certified. Appraisal value, 18k. 256-227-3149


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For all Shoals Students, K-6th Grade

#IKeepTheShoalsBeautiful challenge

Thank You to all who entered!





Week #6 Winner
received a \$25 dollar gift card to Wal-mart and some other goodies.
Tyler Johnson
Weeden Elementary • 3rd Grade

Week #8 Winners
Brody Cole & Trenton Herbster
Waterloo School
3rd Graders

Week #7 Winner
received a \$25 dollar gift card to Wal-mart and a bucket of goodies.
Maggie Luehrman
Forest Hills Elementary

Jeremiah Gatlin
Cherokee
Pre-K

GRAND PRIZE Winner
Congratulations to Kimber Leoni, a third grader at Brooks Elementary School, for winning Keep the Shoals Beautiful's grand prize! We surprised Kimber's class with a pizza party & a special visit by the Kidsville News! Mascot, Truman the baby dragon.

Kimber was awarded a gift package that included:

- \$25 gift card to Target donated by Keep the Shoals Beautiful
- 2 hours of bowling, pizza, and soda from Lauderdale Lanes donated by Keep the Shoals Beautiful
- 1 large pizza, four drinks, and 30 tokens donated by Chuck-E-Cheese
- Two movie tickets donated by Carmike Cinemas
- 6/1-hour passes for Laser Tag, donated by Tagtical Laser Tag
- \$50 Marriott Shoals Hotel & Spa gift card
- \$15 gift card, donated by Nail Kandy
- 6 Armbands for rides at Spring Park donated by Joel Kendrick, KTSB Board Member and City of Tuscumbia Parks and Recreation
- T-shirt from 102.7 KISS FM
- One-night stay at the Marriott Shoals Hotel & Spa, donated by the Marriott
- Three-hour Hummer limo ride

Congratulations, Kimber & thank you for Keeping the Shoals Beautiful!



Thank you for all who donated for this fantastic prize for a deserving student, and a huge thank you to our sponsors: TVA, SCA, Courier Journal, Kidsville News! and 102.7 KISS FM. We couldn't have pulled off the big reveal without your help!



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STEAK** **\$1⁴⁹** Lb.



**Oscar Mayer
CHOPPED
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CHEESE OR
ROAST TURKEY** **\$2⁴⁹**
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12 Oz.



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Bob Evans
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**Buttermilk
Red Skin**
**All Varieties
Bob Evans
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**Zeigler
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BOLOGNA** **\$1⁹⁹**
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Each



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BROCCOLI CROWNS** **\$1⁴⁹**
Lb.



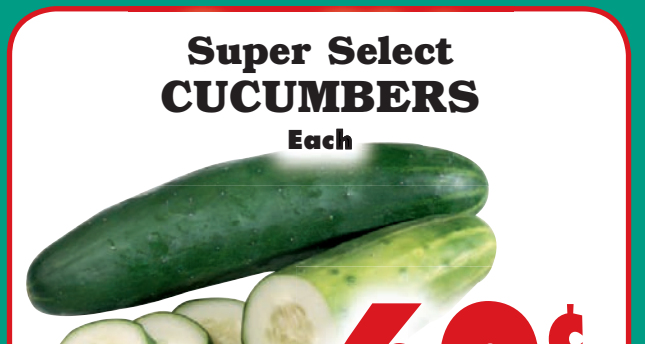
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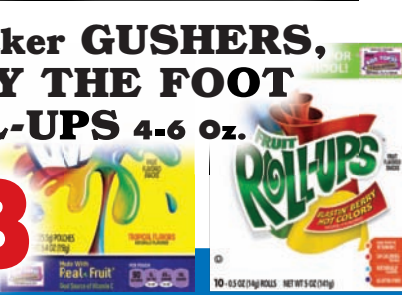
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Commentary

Societal...

Continued from Page 14

For at least three generations more and more attention has been placed on the need to support the underprivileged at the expense of the middle and upper middle class. The generosity of U.S. taxpayers has been amazing. However, any attempt at reform from that continued increase in welfare spending is met with accusations of apathy and greed by those who like to distribute feelings of guilt among the haves.

Primary care reimbursements, prescriptions, dialysis treatments, and vision care for adults in Alabama all could lose significant funding in the new budget. Many scream about that being unfair. In spite of all the housing, utility, food, communications, clothing, medical, educational, financial, and insurance assistance, it's still deemed unfair because enough is never forthcoming. The so-called playing field is not even.

Who decided that everyone is entitled to the best healthcare possible no matter what it costs or who is paying for it?

This mindset expands to an even greater extent on the federal level.

What's unfair is having the person who smoked most of his life, took several vacations yearly, lived above their means - and generally wasted money - sleeping in a nursing home bed right next to the person who worked to the point of exhaustion every day, conscientiously scrimped and meticulously saved for their retirement and their families' future. The latter will be forced to pay \$80-90,000 yearly out of their own savings to the nursing home. The irresponsible person gets a free ride courtesy of the taxpayer.

What is fair about the fact that each will have the same amenities, care, bedding, cheap TV's, and skimpy food portions in the nursing home? What was the purpose of their decades

of saving? Where are the benefits of a life well-lived?

The President is running interference for millions of largely unemployable, non-assimilating refugees from south of the border and the middle-east. The overwhelming majority of these non-English speaking welfare recipients will come to the United States, soak up a life of leisure and benefits, and wait to vote for their new masters on the left.



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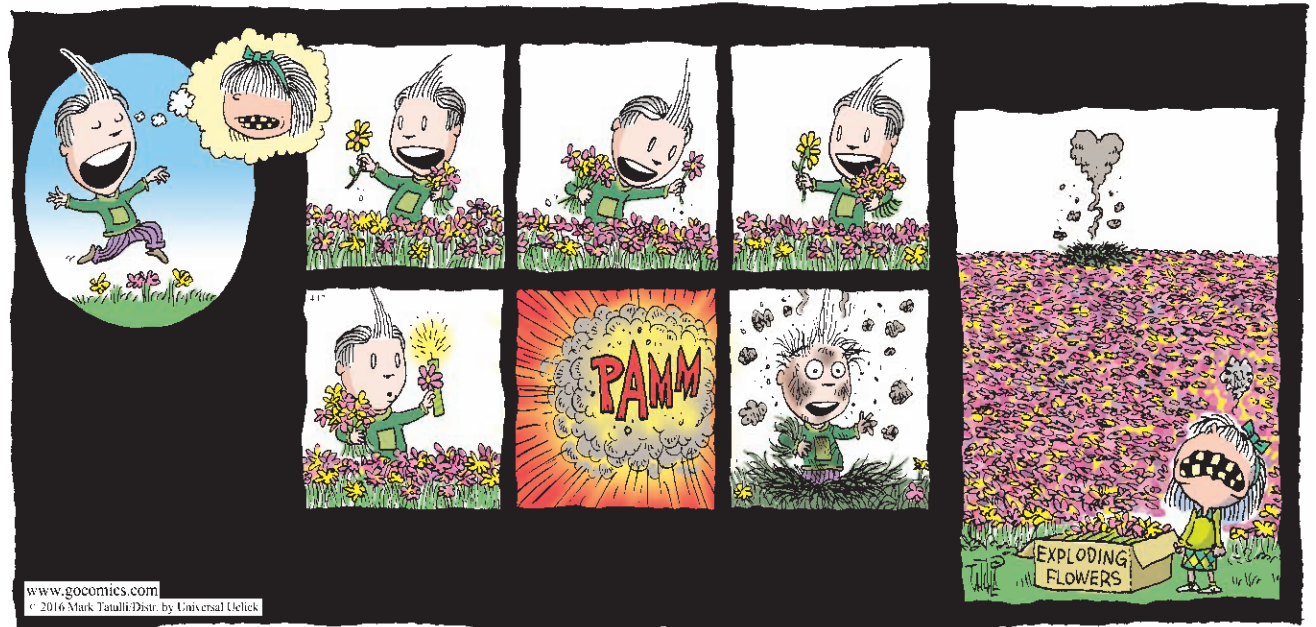
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Anemia and Aging

Aging is accompanied by a number of physical changes. Some of these changes, such as vision impairment or loss of hearing, are anticipated, while others may arrive unexpectedly.

One condition many adults unexpectedly encounter is anemia. While anemia is common in older adults and its prevalence increases with age, it is not a condition that is widely

considered part of the aging process. Anemia is often a symptom of a hidden problem that needs to be addressed promptly.

Anemia is one of the most common blood disorders, affecting more than three million Americans, says the National Heart, Lung, and Blood Institute. The American Society of Hematology notes that anemia is characterized by insufficient levels of red blood cells in the blood. Anemia also occurs when red blood cells, which are responsible for carrying oxygen to the various organs and tissues throughout the body, are not functioning properly.

Very often the signs of anemia are overlooked or go unnoticed until a blood test determines low hemoglobin (Hb) or hematocrit (HCT) concentrations. Some people discover they have anemia as they attempt to donate blood, at which time their red blood cell count is found to be inadequate. When the body lacks oxygen, any number of the following symptoms may be experienced:

- weakness
- dizziness
- extreme fatigue
- shortness of breath
- fast or irregular heartbeat

- pale or yellow skin
- cold hands or feet

Frequently, existing disorders or conditions, such as congestive heart failure, are made worse by anemia. But unless doctors specifically consider anemia as a possible cause of symptoms, its presence can go undiagnosed.

The American Academy of Family Physicians says the most common causes of anemia among older men and women include chronic diseases and iron deficiency. Vitamin B12 deficiency, folate deficiency, gastrointestinal bleeding, and myelodysplastic syndrome are other causes of anemia.

The main way to treat anemia is to discover its source and reverse the outcomes. For instance, a gastrointestinal bleed may need to be repaired. If iron deficiency is the source of the anemia, iron supplements may be prescribed. Many methods to correct anemia involve trial and error and experimentation, especially when the source of the anemia is unknown.

Anemia is a condition that can affect aging adults but does not need to be accepted as a natural consequence of aging. Correct diagnosis and treatment can mitigate symptoms.

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BABY GIRL is 2 years old, & she is wonderful! She is precious and so beautiful! She is already spayed & vaccinated. Baby Girl loves people, but she needs to be the only dog in her new home. **THE PET OF THE WEEK SPECIAL ADOPTION FEE IS \$15**, which includes spay or neuter & rabies! To learn more, call the Colbert Shelter at 256-381-4073.

MACKLEMORE is a sweet 2 year old Redbone Coonhound Mix. He gets along well with other dogs and is very calm and laid back!! **\$85 ADOPTION FEE** includes neuter or spay & rabies. Call the Florence Shelter at 256-760-6676 to learn more!

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Folks In Denial

The next two appearances of Jesus Christ. #1 The translation of the saints. *See Philippians 3:20&21.* Notice the text: v-20-"we look for the Saviour". V-21- "who shall change our vile body". Notice again in *1 Corinthians 15:50-58*- notice the text v-51-"we shall all be changed" &v-52-"we shall be changed"&v-53 "mortal must put on immortality." Notice again in *Titus 2:13* "Looking for that blessed hope, and the glorious appearing of the great God and our Saviour Jesus Christ;" Again in *1 Thessalonians 4:13-18*: look at v-13- "*I would not have you to be ignorant*" & the words in v-17- "we which are alive"&"shall be caught up"& the words in v-18- "*comfort one another with these words.*" Again in *2 Timothy 4:8* "Henceforth there is laid up for me a crown of righteousness, which the Lord, the righteous judge, shall give me at that day: and not to me only, but unto all them also that love his appearing." Notice in these texts "**THAT IT IS CROWN DAY**" and that the saved man should, "love his appearing", have "comfort" from his appearing and look toward to it with great anticipation and joy knowing our battle here is over.

Appearance #2. *This appearing is not comfortable or enjoyable.* Look in *2 Peter 3:10* "But the day of the Lord will come as a thief in the night; in the which the heavens shall pass away with a great noise, and the elements shall melt with fervent heat, the earth also and the works that are therein shall be burned up." Again in *Revelation 1:7* "Behold, he cometh with clouds; and every eye shall see him, and they also which pierced him: and all kindreds of the earth shall wail because of him. Even so, Amen." *Revelation 6:17* "For the great day of his (LAMB) (CHRIST) wrath is come; and who shall be able to stand?" *To deny any difference between (wrath and wailing) & (blessed hope & comfort) is to abide in total darkness. To change the truth in the KJV is a similar effort.* Salvation opens our eyes from darkness to light. *Acts 26:18* "To open their eyes, and to turn them from darkness to light, and from the power of Satan unto God, that they may receive forgiveness of sins, and inheritance among them which are sanctified *by faith that is in me.*" Only God can open your eyes. No salvation, no light, no revelation. *See Ephesians 1:17-23.*

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Doctor's Weekly Quiz - Topic: Roman Numerals

I=1, V=5, X=10, L=50, C=100, D=500, M=1000
(To get the correct number, SUBTRACT the lesser roman numeral if it is listed BEFORE the larger roman numeral, yet ADD the roman numeral if it is listed AFTER the larger roman numeral) IV=4 or vi=6

1. XVI=?
A.) 21, B.) 16,
C.) 14, D.) 6

2. XLI=?
A.) 41, B.) 61,
C.) 49, D.) 46

3. CDXI=?
A.) 409, B.) 511,
C.) 411, D.) 611

4. DCCIX=?
A.) 809, B.) 709,
C.) 819, D.) 919

5. MMXVI=?
A.) 1999, B.) 2001,
C.) 2009, D.) 2016

Answers: 1: B 2: A 3: C 4: B 5: D

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Cultural...

Continued from Page 14

discuss men's outdoor recreational pursuits from the late 19th to early 20th century with much of the discussion being centered upon hunting. Ownby addresses how the meanings associated with hunting, freedom, and masculine identity have significance for the more recent history and the expansion in the fishing industry.

With TVA projects came a tremendous surge in opportunity for anyone with a boat to begin to chase fish. With an expanded public waterway system came greater opportunities to experience a newfound freedom in the great outdoors.

According to Project Director John Agricola, Alabama Rigged: A Cultural History of Fishing in North Alabama promises not to disappoint as an exciting weekend activity for the whole family.

The first lecture delivered at the Guntersville Museum by a fly fishing professor at the University of Alabama, Dr. Michael Steinberg, was well-received. Steinberg discussed a broad history of fly-fishing and explained that there is room for growth in this sport right here in Alabama. This tracks the exhibit's focus, demonstrating a close parallel between art and fishing.

The event is sponsored in part by the Alabama Humanities Foundation, the state affiliate of the National Endowment for the Humanities.

For more information on the program, contact Florence/Lauderdale Tourism at 256-740-4141 or visit www.alabamarigged.com

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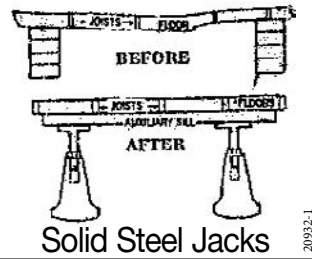
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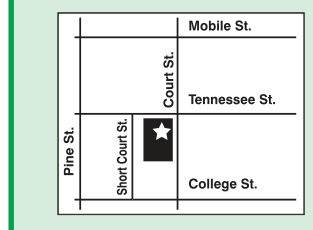


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Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Liam was devastated to learn that Steffy had married his brother during his absence. Vivienne tried to strike a deal with Sasha. Aware of the ordeal he'd been through, family and co-workers warmly welcomed Liam back to Forrester Creations. Brooke braced herself for the worst when Katie asked for a private moment alone to discuss their recent squabble. Rick got suspicious when he caught Ridge in a lie. Wyatt stood his ground when Liam vowed to take back the life he lost while in captivity. Rick and Katie compared notes regarding Ridge's recent whereabouts. *Wait to See: A young couple's happiness is threatened by a third party.*

GENERAL HOSPITAL Paul made an astonishing confession. Lomax took Jordan to task. Dillon found Nina in a bad state. Obrecht gave Franco advice about his love life. Sam's nightmare came with a warning. Carlos and Anna finally had it out. Lulu focused on rebuilding her marriage. Laura gladly accepted an offer of help. Julian tried to get some important information out of Alexis. Ned learned that Olivia and Julian were co-parenting Leo. Andre arrived at the PCPD on official business. Obrecht unintentionally planted an idea in Monica's head. Mac and Felicia enlisted some legal assistance for Anna. Michael and Felix continued their search for Sabrina. Nina was stunned by Franco's cluelessness. *Wait to See: Hayden's day goes from bad to worse.*

DAYS OF OUR LIVES Abigail came clean to Marlena about setting Ben on fire. Deimos made Kate an offer she couldn't refuse. Theresa had a surprising suggestion for Victor and Maggie. JJ told Chad that Ben had been locked up. Victor made an offer to Nicole knowing that Deimos had a weakness for her. Steve packed up and moved out of the house. Summer connected with Brady but was still conflicted about her mother. Jade and Joey vented their frustrations about their families to one another. Abigail was committed to doing whatever it took to get well for her son. JJ was concerned about his mom's addiction. A mystery caller told Hope to confront Deimos. *Wait to See: Marlena shares her wor-*

THE YOUNG AND THE RESTLESS Victoria visited her father in jail. Summer was forced to give a deposition in Newman's lawsuit against Jabot. Hilary blackmailed Neil into trying to convince Jack to keep her on the board of the foundation. Victoria told Jack that she was willing to drop the lawsuit if he met certain demands. Meanwhile, Kevin, Mariah, and Natalie were convinced that they would never see any profits from Pass Key. Victor warned Victoria that she would never be able to effectively run the company as long as she was tied to Billy. Sage thanked Dylan for allowing her to visit with Sully. Summer kissed Luca. Sharon confided in Sage that she was having nightmares about her time at Fairview. *Wait to See: Sharon reaches out to Patty for some answers.*

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- Limit 1 picture per category, DOG, CAT, & EXOTIC (Maximum of 3 pictures / per family)
- Only the pet's owner may enter.
- No professional photography please.
- Bright, Clear, Color photographs required for publishing
- Minimum picture size 3" x 3"
- Limit 3 animals in each picture.
- Pictures must have been taken within last 16 months
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FAT CATS

Feline obesity is out of control. Here's how to get your cat back on track to a healthy figure

By **Kim Campbell Thornton**
Universal Uclick

When we at Pet Connection say "fat cats," we're not talking Wall Street bankers. The percentage of cats considered to be overweight (10 to 19 percent greater than ideal weight) or obese (20 percent or greater than ideal body weight) has reached a whopping 58 percent, according to a survey by the Association for Pet Obesity Prevention.

That makes excess weight the No. 1 nutritional disorder in cats. Carrying too many pounds is linked to a number of feline health problems. Obese cats are more likely to suffer a liver disease called hepatic lipidosis; feline urinary tract disease; diabetes; lameness; complications from anesthesia; and non-allergenic skin conditions.

What's the skinny on the increase in tubby tabbies? It may be as simple as a lack of recognition of what a healthy cat looks and feels like. A study published in the Journal of Feline Medicine and Surgery in 2010 found that nearly 34 percent of owners underestimated their cats' body condition score.

Body condition scores rank cats on a 5-point scale, with 1 being emaciated, 2 thin, 3 ideal, 4 heavy and 5 grossly obese. In a hands-on test, it should be easy to feel a cat's ribs and other prominent bones using light pressure. If your cat falls into category 4 or 5, it's time to institute a kitty weight loss plan to help him regain a slim, trim figure.

Start with a veterinary exam to rule out medical problems that might be causing the weight gain. A weigh-in establishes current

weight so a goal weight can be determined.

Your first thought might be to cut back on the amount of food you give, but that just leads to a cat who is hungry and unhappy. A different food may be a better option.

Feeding a diet that swaps out carbohydrates for proteins appears to be useful for weight loss, says Margie Scherk, DVM, speaking on feline weight management at the World Feline Veterinary Conference in San Diego, California, last October. And be aware that even 10 extra pieces a day of kibble formulated for normal weight maintenance can cause a cat to gain a pound in a year. Measure food and give it at regular mealtimes instead of free feeding.

Diet is a big part of helping cats lose weight, but getting them moving is important, too. You might not be able to take your cat jogging or get him to walk on a treadmill, but there are plenty of creative ways to add exercise to your pet's life and at the same time provide a more stimulating environment.

An easy way to keep him moving while you're gone during the day is to divide the amount of food he receives daily into six or seven portions. Place each portion in a small container, and hide them throughout the house. Mix up your hiding places so he has to work to find his food each day.

Interactive play is also important. Use toys to encourage him to walk and run around the



For successful weight loss, cats need reduced calories, more exercise and close monitoring.

house. Your cat is a predator, so focus on his love of stalking and chasing. Cats have short attention spans, so playtime of two to five minutes a few times a day is plenty. Since cats are nocturnal, you may find that he is more interested in being active after the sun goes down.

Introduce exercise gently and gradually. Cats who are overweight or obese can injure their joints if they do too much too quickly.

Most important, remember that prevention is best when it comes to obesity. Weight gain is more likely after cats turn 2 years old, so don't let them become sedentary as they mature. That's a heck of a lot easier than trying to change their eating habits or food after they have put on too many pounds.

petbuzz

Cats don't thrive on veggie diet

• **Can cats be vegetarian or vegan?**
That depends on how long you want to have a cat, says Kristi Krause, DVM, a board-certified specialist in feline medicine. Cats, with their claws and teeth made for taking down and eating meat, are obligate carnivores, meaning they require certain proteins that can be obtained only from meat. Supplements don't contain enough of the essential amino acids cats need to thrive and survive. Cats who eat a diet that's not meat-based can develop vitamin and mineral deficiencies that affect bone and muscle development; an enlarged heart from lack of taurine; and vision problems.

• **Until recently, neuroscientists believed that neurons** such as the eye's photoreceptor cells did not regenerate after being damaged. But new findings from researchers at the University of Pennsylvania School of Veterinary Medicine showed that in certain forms of early canine blindness, photoreceptor cells in the retina continued to divide when puppies were between 7 and 14 weeks old. Further research will focus on genes involved in turning cells on to divide, in the hope of developing a therapy to interfere with cell death and retinal degeneration. It could eventually help not only dogs, but also people with similar disorders.

• **Rabbits are an age-old symbol of fertility, and for good reason.** The furry breeding machines can produce six or more litters a year, with each litter containing five to eight kits (what baby rabbits are called). Do the math: That's at least 30 to 48 baby bunnies per year. During their breeding season, which runs from February to September, female rabbits are constantly pregnant. They can become pregnant again within 24 hours of giving birth. To prevent unwanted pregnancies, spay or neuter rabbits ASAP; they reach sexual maturity between 3 and 6 months of age.

— **Dr. Marty Becker, Kim Campbell Thornton and Mikkel Becker**

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FRIDAY, APRIL 22 - HOUSEHOLD ITEMS: Antique furniture, Bedroom suites, Living Room suite, Dining Room suite, Hand sewn quilts, Hoosier cabinet, Buffet, Appliances, New and old tools, Old tack items, Antique jars, and More.

SATURDAY, APRIL 23 - FARM ANTIQUES: Antique Cars, Trucks, Tools and Farm equipment on Saturday: 1930 Ford Model A, 1925 Ford Model T Doctors Coupe, 1930s Ford Sedan with suicide doors, GMC Flatbed truck, Ford Flatbed Truck, Ford 600 Flatbed Truck, Ford Tractor and mower, Lots of horse drawn wagon parts, Wood burning stoves, Lots of antique farm implements (square balers, rakes, plows, planters, and more), Tons of antique hand tools, Corn shuckers, Cotton wagons, Trailers, Saw mill parts and SO MUCH MORE.

DIRECTIONS: From Hwy 43 and Hwy 24 intersection, head east to Hwy 243. Head South on Hwy 243 for 11.5 miles to Hwy 79 (mile marker 8). Turn left onto Hwy 79, go 2 miles stay straight at stop sign. Go 1 mile sale is on the left. Street address: 6971 Hwy 93 Russellville, AL 35654

Champion Auction • 256-412-3289
Brad T. Champion SL 1867

Champion Auction
15599 Hwy 81,
Russellville, AL 35654
256-412-3289

200...
Continued from Page 14

homes across the Tennessee Valley were built in the years following the completion of the Military Road in 1820. Fertile farmlands were opened up for settlement and vast migration into the area occurred. Belle Mont is one of the earliest of these grand homes.

Tour guests will receive an introduction to Belle Mont, visit the rooms of the mansion, and see staged vignettes depicting the history of the Military Road. Bryant Boswell is a past president of the Natchez Trace Parkway Association. He will reprise the role of Andrew Jackson, explaining how the road was conceived and tracing its completion. Living history reenactors in period attire will dramatize in still vignettes with narration other aspects of the building of the road. These tours will also depict life in early Alabama during the time period when Alabama became a state with participants learning about culinary experiences of the era.

The public is invited and the cost is \$10 per person. Proceeds benefit operation and preservation of the historic house museum. Belle Mont is owned by the Alabama Historic Commission and is operated by the Colbert County Historical Landmarks Foundation. Belle Mont is located at 1569 Cook Lane in Tusculmbia just off Hwy. 43 S.

For more information, please call Belle Mont at 256-381-5052, Colbert County Tourism at 256-383-0783 or visit <http://natcheztrace.org/category/living-history>.

History...
Continued from Page 14

procuring equipment. Construction of the road began in 1817 with 300 U.S. soldiers building the road. It was completed on May of 1820 at a cost of \$300,000. The new road was 483 miles

long and passed through Florence (Hermitage Dr.) then crossed the Tennessee River at the Mussel Shoals to Jackson's Hollow, now Sheffield. It continued through Tusculmbia (Dickson Street) on the hill above Big Spring (Spring Park) and southward toward Russellville. The road shorted the old Natchez Trace route by 200 miles.

Alabama became a state in 1819 and will celebrate the Bicentennial of Statehood in 2017 and continue the celebration through 2019. This local observance of the Jackson Military Road is one of the first State Bicentennial Events planned.

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2 Estate Auctions

Friday, April 29 • 10am
**3BR, 2BA House on a 4.7 Acre Creek Front
Lot, Furniture & Personal Property**
The Evelyn J. Smith Estate



This custom built home features 3 bedroom & 2 baths, eat in kitchen with oak cabinets and built in stove top, oven and dishwasher, the living room has a gas log replace, the house was built handicap accessible with wide hallway and 3' interior doors, there is a large laundry closet. The exterior walls were built with 2x6" studs and 6-1/4" insulation. A concrete drive leads to the 2 car garage and there is a sun porch across the back of the house. This is a 4.7 acre creek front lot with over 659' on Mill Creek. Great picnic and recreational areas and fun for the family! Call Shane Today for more information. 256-757-8898.

Personal Property Partial List: GE Side by Side Refrigerator, Emerson Microwave, Kitchenware, Plates, Dishes, Cookware, Glassware, Washer & Dryer, Small Dining Table & Chairs, Wood Kitchen Cabinet, Angel Collections, Oak Curio Cabinet, 2 Bar Stools, Small Oak Entertainment Center, 3 Piece Living Room Suite, Lift Chair, Oak Coffee & End Tables, Weather Radio, Console Record Player, Queen Size Oak Bedroom Suite, Wicker, Chest Freezer, Deer Mounts, Patio Furniture, And Much More

DIRECTIONS: From Elgin go north on Hwy 101 for 4 miles, turn left onto County Road 50 and go 4 tenths mile, turn right onto County Road 450 and go 6 tenths mile, turn right onto Cool Springs Road and follow the SHANE ALBRIGHT AUCTION SIGNS to the auction on the right.

REAL ESTATE TERMS: A 20% down payment is due at end of auction, with balance due on or before June 29, 2016. The sellers will provide a general warranty deed and a title search. The purchaser/s are responsible for all other closing cost. The property is sold AS-IS WHERE-IS with no warranties expressed nor implied. Shane Albright Auctions and its agents are acting as agents for the seller only in this transaction.

PERSONAL PROPERTY TERMS: Payment in full due at end of auction by cash or good check. All items sold AS-IS WHERE-IS with no warranties expressed nor implied. All items must be removed auction day so bring a truck or trailer and help to load.

NO BUYERS FEES!

Saturday, April 30 • 10am
2BR, 1Ba House,
Furniture & Personal Property
The Betty Clemmons Estate



This cute, well kept 2 bedroom, 1 bath home is sitting on a 1/2 acre lot. It features a steel roof and a recent HVAC upgrade. The kitchen has nice custom oak cabinets, built in stove/oven, dishwasher and a desk. There is a formal dining and living room located just of the kitchen. The laundry room has a door to the back patio and in the back yard is a small building for storage. Call Shane for more info. 256-757-8898.

Personal Property Partial List: Wrought Iron Patio Table & 8 Chairs, Lawn Tools, 5250 Watt Powerback Generator, Gas Cans, Maytag Washer & Dryer, Upright Freezer, Small Dining Table & Chairs, Recliner, 2 Sofas, Several Chairs, Vintage Console Stereo, Kitchen, Plates, Dishes, Pots, & Pans, Full 3 Piece Bedroom Suite, Queen 3 Piece Bedroom Suite, Lamps, Portable Sewing Machine, Small Dining Room Suite (table & 6 chairs), China Cabinet, Server Cart, China & Glassware, Oneida Stainless Flatware, Vacuum, Spoon Collection, Comfort Zone Heater

DIRECTIONS: From Killen, AL go north on Hwy 43 for 6.7 miles, turn right on County Road 47 and go 2.8 miles, turn right on County Road 33, to first house on the right. Watch for the SHANE ALBRIGHT AUCTION SIGNS!

REAL ESTATE TERMS: A 20% down payment is due at end of auction, with balance due on or before June 30, 2016. The sellers will provide a general warranty deed and a title search. The purchaser/s are responsible for all other closing cost. Homes built prior to 1978 may contain lead based paints. In accordance with federal law you have 10 days prior to auction day to have the property tested using a nondestructive testing method or on auction day you will sign a form waiving this right. The property is sold AS-IS WHERE-IS with no warranties expressed nor implied. Shane Albright Auctions and its agents are acting as agents for the seller only in this transaction.

PERSONAL PROPERTY TERMS: Payment in full due at end of auction by cash or good check. All items sold AS-IS WHERE-IS with no warranties expressed nor implied. All items must be removed auction day so bring a truck or trailer and help to load.

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KILLEN: 3 BRDM. 2 ba. Lake Home, steep lot, very nice home, very private, Nights. 256-757-8716

COMMERCIAL SPACE FLORENCE 301 Cypress Mill Rd. \$650 per month. Knight & Humphries Inc. 256-349-0000

FLORENCE HOME FOR SALE, 312 Westbury Lane, Creekwood Subdivision, 4 bdrm., 3 ba., nice home, lots of updates, big lot. Call 256-443-6977

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APARTMENT: MUSCLE SHOALS, NICE 1 bdrm., central heat and air, washer/dryer connections, \$430 per month, no pets. www.rentshoals.com. K&H Inc. 256-766-6992

HOME FOR SALE, SHEFFIELD 709 Dover Ave., 3 bdrm., 2 ba., \$47,500. 256-335-2265 after 5 pm

SOUTHERN OAKS VIL-LAGE A great place to call home! Now leasing 2BR apartment homes from \$445, 3BR from \$520. Call or stop by, 1301 Hermitage Drive, Florence, 256-766-5730. Vouchers Welcome. Equal Housing Opportunity.

TUSCUMBIA: 901 KELLER LANE H-1, 1 Bdrm, Elderly/ Disabled and 2 Bdrm. subsidized apartments available. On site management, 24 hour maintenance and Courtesy Officer. Laundry facilities on site. Stove, Refrigerator, Water and Trash Fees included. For more information call 256-381-5193

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307 ANDOVER DRIVE LIKE NEW 3 bed 2 bath home in quiet Winborne park subdivision. Granite countertops, energy efficient appliances, all the bells and whistles. Call 256-366-1153 for appointment. \$217,900

ROGERSVILLE: 1163 ROSE ST. 3 bdrm. 1 ba. \$500 monthly, \$500 deposit, 256-483-2735

SHEFFIELD, 1500 PINE-HURST BLVD., 3 bdrm., 2 ba., recently updated family room, could be 4th bedroom, \$95,500. Dana Fisher Knight & Humphries, Inc. 256-483-2845

HUNTSVILLE ROAD HOME FOR Sale, Florence, 3 Bdrm. 2 Full Ba. large family room, large separate living room, vinyl siding, new kitchen cabinets, on Huntsville Road, \$49,900. 256-366-1256

FLORENCE FOR SALE, 4 bedroom, 2.5 bath, hardwoods, ceramic tile, carpet, 2,350 sq. ft., 2 car garage also 1200 sq. ft. detached garage. \$189,000. 256-710-8120

FOR RENT OR RENT TO OWN FLORENCE: 202 Baker Dr. nice 3 bdrm. 2 ba. home, hardwoods, basement, convenient to downtown, \$850 month, \$850 deposit. WWW.RENTSHOALS.COM 256-710-1632 256-766-6992 **KNIGHT & HUMPHRIES, INC.**

FLORENCE: ONE BED-ROOM APARTMENT, \$425. Efficiency apartment, \$330. Phone 703-346-9063.

★ ★ ★ ★

FLORENCE: 1354 JAMES STREET 2BR-2BA Dollhouse newly painted, nice appliances, fenced back yard. \$575.00 month plus deposit. No pets or smoking. 256-767-5200

203 FOURTH AVE. WEST House For Sale, Tuscumbia, 3 bdrm., 2 ba., Ranch style, 28x28 detached garage, quiet neighborhood, approximately 1,300 sq. ft., have reduced price, asking \$73,000. 256-633-1463. By appointment.

ELK RIVER OFFSHORE LOT near bridge, \$35K. 256-247-1280 leave message.

FLORENCE, 430 N ECLIPSE St. House for sale by owner, \$12,000 obo, 2 bdrm., 1 ba. 256-335-9562.

MUSCLE SHOALS OFFICE SPACE, large conference room, approx. 5,000 sq. ft., \$1,250 per month. Knight & Humphries, Inc. 256-349-0000

ROGERSVILLE: 1254 ROSE ST 4 bdrm., 2 ba., brick house for rent one block from LCHS. \$800/mo., \$800 dep. No pets/ smoking. 256-483-5203.

Real

MUSCLE SHOALS: 601 CANDLER Ave 3 bdrm., 1 ba., \$5,000 down, \$795 month, Knight & Humphries, Inc. 256-349-0000

KILLEN: NICE 2 BDRM./ 2 ba. duplex apartment for rent, \$550 month, \$500 deposit. No pets. www.rentshoals.com 256-766-6992 K&H Inc.

SHEFFIELD: 1500 PINE-HURST BLVD. 3 bdrm., 2 ba., Recently updated, \$99,500 Dana Fisher 256-483-2845 Knight & Humphries, Inc.

I BUY HOUSES FOR Cash. Call, 256-349-0000

FOR SALE, 1323 DAYTON St., Florence, \$7,500, needs work, K&H Inc., 256-349-0000

GREENHILL AREA: FOR RENT, 14x70 mobile home, 2 bdrm., 1 ba., water furnished, no pets. \$400 month, \$200 deposit. Call 256-366-8440 or 256-366-5712.

FLORENCE: OFFICE SPACE AVAILABLE May 1st. \$750 per month. Knight & Humphries, Inc. 256-349-0000

FLORENCE, 191 CHAP-ARRAL, 4 bdrm., 3 ba., approx. 2,400 sq. ft., \$109,000 Knight & Humphries, Inc. 256-349-0000

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REAL ESTATE AUCTION SATURDAY – APRIL 30 3 Residential Properties Sold On Site Investment Potential Properties

10am – 137 Rainbow City Drive, Florence
3 Bedrooms, 1 Bath
Directions: From Hwy 20 (Savannah Hwy) take CR 14 (Waterloo Rd), go 2.4 miles, turn right onto Rainbow City Drive, property on left. Signs up.



11am – 30 Rainbow City Drive, Florence
3 Bedrooms, 1 Bath
Directions: From Hwy 20 (Savannah Hwy) take CR 14 (Waterloo Rd), go 2.4 miles, turn right onto Rainbow City Drive, property on right. Signs up.



1pm – 1893 County Road 228, Florence
3 or 4 Bedrooms, 1 Bath
Directions: From Hwy 20 (Savannah Hwy) turn onto CR 200, go just past the McGee Town sign, turn right on CR 228, go to property on left. Signs up.



All properties are subject to Lauderdale County Probate Court Approval

TERMS: 20% down day of sale, with the rest due within 30 days from court approval. Seller will furnish deed and title policy. Property sold AS-IS. House may contain lead-based paint. Prospective buyer has the right to inspect up to 10 days before auction. Couch Auction & Realty is agent of the Seller. Seller reserves the right to refuse any and all bids. All information in this ad is from sources believed to be correct but is not guaranteed. All announcements made day of sale take precedence over any printed material.

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Estate

ROGERSVILLE/BROWNS FERRY 1 BDRM. furnished apartment and 2 bdrm./2 ba. unfurnished apartment. Photos at www.cabnel.com. 256-366-2328

CO. RD. 42 FOR Sale by owner 4 bdrm. 2.5 ba. with bonus study/nursery, new roof, Wilson school district. \$87,000. 206-948-3174

Village Parc Townhomes
2BR, 2.5BA
\$650

Brentwood & Steeplechase
2BR, 2BA
\$550

Chisholm Way
2BR, 1BA
\$450

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MUSCLE SHOALS: FULTON ST. Nice 4 bdrm., 2 ba. home for rent, \$500 per month, \$550 deposit. Section 8 welcome with good rental history. www.rentshoals.com. 256-766-6992. K&H Inc.

SALE BY OWNER, 3804 Pasadena Ave. Underwood Estates. Must see! Move-in ready. 1,500 sq. ft. plus 10x12 sunroom. 3 bdrm., 2 ba., master bath ceramic tile. Living room, dining room, eat-in kitchen, Armstrong memory tile throughout, new thermal windows throughout, newer roof with 30 lb. felt. Lot 113.5x139.45, 2-car carport with off storage. Fenced back yard with large tool shed. Safe neighborhood, good neighbors. On school bus line. May see any time. May see anytime. \$134,500. Call 256-762-1045.

I BUY USED MOBILE homes, fast closing paying cash. 931-478-6295.

SHEFFIELD, 500 FRANKFORT AVE. 3 bdrm., 1 ba., \$1,500 down, \$695 per month. Knight & Humphries, Inc. 256-349-0000

119 DOWDY DRIVE BRICK 3 bedroom, 2 bathroom, heat pump, large lot, good roof, large 2-story out building with electricity, dead end street. Outside city limits but close to everything. \$80,300

2 BDRM. LAKE HOUSE for rent, \$800/month. 256-381-4629

FLORENCE: FOR RENT, 202 Baker Dr. nice 3 bdrm., 2 ba., home, hardwoods, basement, convenient to downtown Florence, \$750 month, \$750 deposit. www.rentshoals.com 256-710-1632, 256-766-6992 Knight & Humphries, Inc.

KILLEN/GREENHILL, 33071 COUNTY ROAD 8, 3 bdrm., 2 ba., 5+/- acres, 3 out buildings, recently updated. \$139,900. Dana Fisher Knight & Humphries, Inc. 256-483-2845

Real Estate Continued on the next page

SMITH LAKE LOTS, OFFSHORE, \$28,500. 0 down, \$225. mo. Addison, Arley, water, power, wooded, good for trailers, cabins, RV's and homes. Larry Woodall, 256-355-2760

298 CO RD 582, 3 acres, Minnie Farms, Oakville, 0 down, \$350. mo. \$38,500. water, power, septic, Larry Woodall, 256-355-2760

RENT OR RENT TO own, Florence/Killen, 1-2 bdrm. apts., 1-6 bdrm. homes, 256-762-7340 or 256-335-9495.

GREENHILL AREA: FOR RENT, 14x60 Mobile Home, 2 Bdrm., 1 Ba., water furnished, no pets. \$375 month, \$200 deposit. 256-366-8440 or 256-366-5712

I BUY USED MOBILE homes, fast closing paying cash. 931-478-6295.

SHEFFIELD: 108 WATTS BAR St. Village Landing Apartments, 1 and 2 bdrms available with free Wi-Fi, call 256-443-0789

FLORENCE: 924 W IRVINE Ave 3 bedrooms, 1 bath; \$475 month, \$450 Deposit; Section 8 Welcome 256-446-3242

FLORENCE: NEW CONSTRUCTION, 2055 Co Rd 61, 4 bdrm., 2.5 ba., bonus & office, 2+/- acres, \$399,900. Dana Fisher 256-483-2845 Knight & Humphries, Inc.

FLORENCE, 191 CHAPARRAL, 4 bdrm., 3 ba., approximately 2,400 sq. ft., \$108,000 Knight & Humphries, Inc. 256-349-0000

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MOBILE HOME FOR SALE 16X64, 2 BDRM., 2 Ba., open living area, with 8x12 storage building, 12x22 carport. Bought new in 2013. Must see, will negotiate. Serious inquiries only. 256-648-6054

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LAKE CABIN AND MOTORHOME hookups, Town Creek, 1 bdrm. could sleep 8/10, private gate, pier, boat ramp, \$650/ mo. 256-335-9495.

REAL ESTATE AUCTION

10:AM Saturday, April 23rd

2 BUILDINGS & 6.5 ACRES


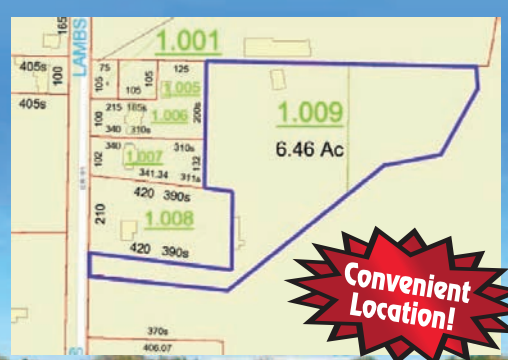
Lambs Ferry Road, Rogersville, Alabama, 1.2 miles south of Hwy 72



NO BUYER'S FEE!

This property is conveniently located just south of McDonald's, with easy access to Hwy 72. It is 6.5+/- acres with public utilities in place including sewer, public water and power. There are two buildings, a 30'x50' block with concrete floor and an office building with an apartment upstairs.

A chain link fence surrounds a portion of the property.





Convenient Location!

DIRECTIONS: From The Rogersville, Alabama intersection of Lambs Ferry Road and Hwy 72, go south on Lambs Ferry for 1.2 miles to auction on the left. **Watch for the SHANE ALBRIGHT AUCTION SIGNS!**

AUCTION TERMS: Real Estate: A 20% down payment is due by the purchaser at end of auction. The balance is due on or before May 23rd 2016. The sellers will provide a general warranty deed and 2016 property taxes will be prorated at closing. Title insurance is available at Purchasers cost. All other closing costs a will be paid by the purchaser. All property is being "SOLD AS IS- WHERE IS" with no warranties expressed or implied. In all transactions Shane Albright Auctions and its agents are acting as agents for the sellers only.

**Contact Ben Phillips for more information:
256-710-9683**



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MUSCLE SHOALS:

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Real Estate

REAL ESTATE & PERSONAL PROPERTY AUCTION

ESTATE OF CECIL AND BETTY MURPHY
SATURDAY – APRIL 23 – 10AM

Auction Held On Site: 7295 County Road 6, Florence, AL 35633

Directions: Go north on Cloverdale Road (Hwy 157) from Cox Creek Parkway, turn west (left) on County Road 6, go ½ mile, property on right, signs are up.



This property will be offered in 3 separate tracts, any combination, then as a whole. Seller will provide survey.

16 ± Acre Farm, fenced with a barn, brick home and rental house. The brick 2-story house is very nice, beautiful inside and out, has 4 bedrooms, 3 baths, living room with fireplace, formal dining, large kitchen with island and breakfast area, laundry and mud room, 2 central units, wood and ceramic floors, 2-car garage, and a back porch. Located less than 1 mile off of Hwy 157. The rental house has 3 bedrooms and 1 bath with central heat & air.

Shown by appointment prior to auction.

General List of Personal Property: Extra nice glassware—cobalt glass, modern flow blue, Fenton, Fostoria stemware sets, Noritake china "Crest", "Country Rose" china; very good furniture—mahogany Duncan Phyfe table, china cabinet, Sumter bedroom furniture, rice kingsize bed and other bedroom suites, grandfather clock; collectible dolls; console record player and albums; Towle sterling silver "Fontana"; 1847 Wm Rogers Silver "Heritage" Silverplate set; costume and fine jewelry; washer, dryer, freezer; and much more!

TERMS: Real Estate - 20% down day of sale with the rest due within 30 days. Seller will furnish deed and title policy. Property sold AS-IS. House may contain lead-base paint. Prospective buyer has the right to inspect up to 10 days before auction. Couch Auction & Realty is agent of the Seller. Seller reserves the right to refuse any and all bids. All information in this ad is from sources believed to be correct but is not guaranteed. All announcements made day of sale take precedence over any printed material. NO BUYERS PREMIUM. **Personal Property** - Cash or approved check with proper I.D. All items sell AS-IS and final.

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1604 Mockingbird Ct., Ste. G, Florence, AL 35630 • 29 Word Street, Fairburn, GA 30213

REAL ESTATE AUCTION! SAT., APRIL 30TH, 10AM

Mrs. Bobbie McGee & The "Late" Mr. James Ollie McGee

2167 Estaline Drive, Lauderdale County, Florence, AL



Brick Home located in Windcrest Heights Addition II SD!

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DIRECTIONS: From Florence Blvd. & Mall Road in Florence, AL. Traveling West on Florence Blvd., turn right onto Mall Road, travel approx. 0.6 miles. Turn left on Cloyd Blvd. Travel approx. 0.2 miles. Turn left on Estaline Drive. The property and sale site will be on the right. **Watch for our Holland signs!**

TERMS & CONDITIONS: Personal Property: Cash or check with proper identification the day of sale. All items sold "as is" with no warranties expressed or implied. **Real Estate:** A non-refundable deposit of 15% will be required the day of the same with closing within 30 days. The seller will furnish a deed and a preliminary title search. **No Buyer's Premium!!!** All other expenses, including closing costs will be charged to the purchaser(s). The real estate is being sold "as is" with no warranties expressed or implied. The home was built prior to 1978. However, the seller can neither confirm nor deny the presence of lead based paint. Anyone interested in the home can have it inspected any time prior to the auction at their expense. Information contained herein believed to be correct but not guaranteed. Announcements made the day of sale by Holland Realty & Auctions, Inc. supersede any printed material. Agency Disclosure: Auctioneers are acting as agents for the seller only.



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DODGE: CARAVAN, 2015 \$18,988. SXT, cloth, 40k, financing available, call Tony 931-213-1386 or 256-764-3351

KIA: SPORTAGE, 2011 \$10,790. LX, cloth, 100k, Financing available, call Shannon 256-412-1551 or 256-764-3351

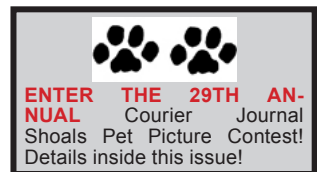
FRANK'S LAWN SERVICE MOW, trim, edge, garden and shrub. Free estimates and reasonable rates 251-408-2014.

MITSUBISHI: LANCER, 2015 \$11,998. cloth, auto, 25k, financing available, call JD 256-577-1056 or 256-764-3351

FORD: EDGE, 2014 \$18,988. SEL, leather, 76k, Financing available, call JD 256-577-1056 or 256-764-3351

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CADILLAC: FLEETWOOD, 1996 BROUGHAM, black, 110,000 miles, original owner. Excellent condition, 256-332-5081 or 256-627-1916.

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Memorable Masters Moments

In my opinion, the greatest golf tournament in the world is the Masters at Augusta National Golf Club. The recently completed 2016 classic was once again proof that the old saying that the real Masters doesn't start until the back nine at the famed golf course is true. One of the top favorites, 22-year-old Jordan Spieth can attest to that fact.

His debacle at the par-3 12th hole in Amen Corner was almost unbelievable, and as it turns out, it cost him a second consecutive green jacket. But Spieth certainly isn't the only golfer by far to fall victim to the Masters great finishes. I was fortunate to witness many memorable moments in Masters history in my coverage of the tournament as a member of the media.

I was there when Scott Hoch missed the infamous 2-foot putt to win the green jacket only to see Nick Faldo capture that year's title. Then there was Raymond Floyd hooking his approach shot into the lake on the 11th hole to lose in a playoff. Once again, Greg Norman was denied the coveted green jacket when he lost a six-shot final round lead to lose to Nick Faldo in 1996. Norman was quoted as

saying, "the Masters is the one tournament I've always wanted to win above all others." I saw Tiger Woods, the reigning U.S. Amateur Champion, in his Masters debut in 1996. I'll have to say that my biggest thrill came in 1995 when my hero, Ben Crenshaw, captured his second green jacket. Crenshaw wasn't playing well coming into the tournament and on top of that he flew to Texas on the day before the tournament began to be a pallbearer of his longtime mentor, Harvey Penick.

It was a week that was meant to be. Crenshaw pulled himself together and played four rounds on heart and determination. I saw practically every shot Gentle Ben took that week knowing I was seeing something very special. And who can forget that indelible image of Crenshaw dropping his putter, hands on knees and crying unashamedly after sinking the winning putt on the 18th green? I know the golfing stars of today are not the ones I grew up watching, but I wouldn't take anything for all my Masters memories from the past era.

E-mail comments and suggestions to: jerrywknight@comcast.net

MERCURY: MARINER, 2009 \$11,468. Voga Edition, moonroof, 105k, Financing Available, Tony 931-213-1386 or 256-764-3351

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The 2016-2017 City of Florence Community Development Block Grant Annual Action Plan for Year 2

will be on review for thirty days starting Tuesday, March 19th and ending on Thursday, May 19th at 5:00 pm at the following locations:

- City of Florence Planning and Community Development Department at 110 W. College Street, Suite 115
- Florence-Lauderdale Public Library
- City of Florence website www.florenceal.org

Comments concerning the plan may be submitted in writing to the City of Florence Planning and Community Development Department located at 110 W College St., Suite 115, Florence, AL 35630.

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Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Tenant Name	Address	Unit #	Stored Items
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DENNIS WOLFE	3007 15th Ave. Sheffield, AL 35660	5110	Household Goods, Furniture
ALEXIS CLARK	PO Box 3861 Muscle Shoals, AL 35662	556	Household Goods, Furniture, Boxes, Suitcases
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Community Notes...

Continued from page 18

Fourth Saturday Breakfast at the Zip City Community Center on April 23 from 6:30-9am. Menu includes eggs, sausage, bacon, biscuits, gravies, grits, juice and coffee. Adults, \$6, children under 10, \$3. Proceeds used for Center expenses. Everyone is invited.

Lexington Senior Center will hold a Breakfast Saturday, April 23, 2016 from 6:30am-9am. All you can eat - \$6.00 / person.

Friends of the Shelter are hosting a Bake Sale at the Florence Lauderdale Animal Shelter on Saturday April 23. There will be a special adoption fee of \$45 on that day also. Bake sale proceeds help with medicine for the shelter animals.

Waterloo Fire will start our 2016 Saturday Night Fishing Tournament April 23 starting at 6pm and lasting until 1am on the south Boat Dock.

Central High School Alumni Banquet Saturday, April 23, 5-6pm Social hour; 6-7pm Meal; 7-8pm Minutes, college scholarship awards and entertainment. \$10 per person at the door.

The meal will feature turkey and dressing, variety of vegetables, congealed salad, rolls and dessert. We will be honoring the Class of 1966. If you would like to make a donation to Central High School scholarship fund, please contact Central High School at 256-764-2903. It is a wonderful time for food and fellowship, so spread the word.

Spring Revival at Abundant Life Baptist Church, 530 N. Broadway St., Florence, April 27-29. Pastor C. Dwight Woods of Berean Baptist Church of Marion, AL will be conducting the service.

The Annual Don White Memorial Golf Tournament will take place Saturday, April 28 at the Twin Pines Golf and Country Club in Littleville. The tournament supports the University of North Alabama golf team and pays tribute to the memory of Don White as one of the area's former top amateur golfers. Shotgun starts are at 8am and 1pm. Four-man scramble teams are \$400 per team and lunch and a tee gift are provided. To register, call Jason Vaughn at 256.740.7324

Second Annual Community Yard Sale, Saturday, April 30 on the grounds of The Club/Florence Parks and Recreation Department (Senior Center), 450 Country Club Drive (of Savannah Highway) in Florence. Gates open 5am for set up. Sale from 6am - noon. \$10 for your spot. Sell off the tailgate, trunk, table or quilt. Come join us. For more information, call 256-760-6420. Rain Date: May 14.

Shoals Christian School Band Pancake Breakfast Fundraiser at Applebee's on Florence Blvd., Saturday, April 30 from 8-10am. \$5/ person. Tickets may be purchased at the door. Proceeds benefit the Shoals Christian Band.

Singing - Second Baptist Church, Sheffield, corner of Fifth and Frankfort, on Saturday, April 30, 6:30pm. Featuring: The Lovelace Family. Everyone welcome.

Book Talk/Signing with Kelly Garner, "The Good Samaritan of Snowmageddon" Sunday, May 1, 2pm at Florence-Lauderdale Public Library, Vestavia Hills resident Kelly Garner was born and raised in Florence and is a 1983 graduate of Bradshaw High School. The UNA alum became known as "The Good Samaritan of Snowmageddon." In his book, "The Night That Changed Our Lives", he looks back at the tragic accident that almost ended his life. During the central Alabama ice storm in 2014, Garner ventured out to help those stuck on nearby Highway 31. The diabetic developed severe hypoglycemia and plunged 40 feet off the edge of a cliff, spending more than 12 hours in single-digit temperatures before his rescue. He spent months in the hospital and rehab, but he hopes that readers will see his experience as he does: as a gift from God--full of miracles, inspiration, and survival. The author will sell and sign copies of his book at the event. For more information, call 256-764-6564, ext. 28.

Shoals Area Wide Prayer Rally Wednesday, May 4, 6pm at Florence-Lauderdale Coliseum. Emphasizing the importance of prayer on the eve of the National Day of Prayer. Praying together in the Shoals. Featuring Dr. Robert Smith, Jr., Professor of Christian Preaching, Beeson Divinity School, Samford University. Music by Shoals Praise and Worship Choir.

Taking the Fear Out of Fostering/Adoption - May is National Foster Care Month. In recognizing this month, we are having a Foster Care and Adoption Information Event at Tusculum Church of Christ at 7pm, May 5. Join us over desserts and coffee for a night of stories from the world of foster care and adoption. Social workers from Agape of North Alabama and current foster and adoptive parents will share their experiences and expertise.

If you have EVER considered foster/adoption, come and get your questions answered. Let's get involved in the lives of children from hard places.

Friends of Lewis Co. Library announced that the Hohenwald Springfest will be held on Friday, May 6 and Saturday, May 7 in and around the Community Building at Memorial Park.

At our website, www.hohenwaldspringfest.com, shoppers can see the growing list of participating vendors along with other event details, including a map. Vendors are encouraged to go on our website for event information, including a link to download the contract, which is due no later than April 15. Questions not answered on the site may call the event chair, Glenna Sikes at 931-306-8636.

Monthly RSVP Luncheon at Cloverdale Community Center, Tuesday, April 26 at 11:30am. Guest speaker will be Judge Will Motlow. Everyone welcome.

The Crossroads Arena in Corinth, MS and Phat Kidz Comedy present the "Kids Comedy & Magic Show" featuring Kids of Comedy Korner from the Atlanta IMPROV on Saturday, May 7 from 5-7pm. Tickets will be \$10 for kids ages 5-12, and \$15 for adults - ages 13 and up. Children 4 and under are admitted free. These young comedians will present a brand new showcase by getting on the stage and performing comedy skits, stand-up routines, a magic show, improv, and much more. Enjoy this one-of-a-kind original show hosted by Quincy Bonds aka "Pookie" from Tyler Perry's "House of Payne."

Decoration Day of the Osborn Hill Cemetery will be on May 7. The first Saturday of May has been observed as Decoration Day for well over 100 years. All old flowers will need to be removed off the graves. Please make plans for that special day to come to the cemetery. Also its time again for annual donations. Please make check to the Osborn Hill Cemetery Fund and mail to 2805 Coburn Mt. Road, Tusculum, AL 35674 or to Valley State Bank in Littleville, AL 35674.

Sons of Confederate Veterans, E. A. O'Neal Camp No. 478 Meeting at 6:30pm May 19 (the 3rd Thursday of the month) at Pope's Tavern & Museum, 203 Heritage Drive, Florence. 256-764-4945

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16 OZ. PKG.

RICK'S PULLED PORK
BARBECUE



\$5.99
16 OZ. PKG.

GWALTNEY
BACON



\$2.99
12 OZ. PKG.


DAIRY SPECIALS

<p>PURITY DAIRY PURE SKIM, 2%, OR HOMOGENIZED LACTOSE-FREE MILK</p>  <p>\$2.39 HGL CARTON</p>	<p>PILLSBURY GRANDS BISCUITS</p>  <p>79¢ 5 CT. CAN</p>
<p>PRE-PRICED \$4.39 KRAFT AMERICAN CHEESE SINGLES</p>  <p>\$2.69 16 OZ. PKG.</p>	<p>AZTECA FLOUR TORTILLAS</p>  <p>\$1.19 10 CT. PKG.</p>

FROZEN FOODS


<p>PURITY PREMIUM TREATS BIG DIPPER, TOFFEE BARS, OR FUDGE BARS</p>  <p>2/\$3 6 CT. BOX</p>	<p>TOTINO'S PIZZA ROLLS</p>  <p>\$4.99 44.5 OZ. BAG</p>
<p>PICTSWEET BUTTER BEANS OR BEAN LIMA BEANS</p>  <p>4/\$5 12 OZ. BAG</p>	<p>PICTSWEET CORN-ON-THE-COB</p>  <p>3/\$5 6 CT. PKG.</p>

ALL VARIETIES
PRIDE CORN



2/\$1
14.5-15 OZ. CAN

SHUR FINE NO STICK
COOKING SPRAY



\$1.49
6 OZ. CAN

PINK BEAUTY
PINK SALMON




2/\$4
14.75 OZ. CAN

SAUER'S
MAYONNAISE



\$1.79
30 OZ. JAR

SHUR FINE
BARBECUE SAUCE




79¢
18 OZ. BOTTLE

VLASIC
DILL PICKLE SPEARS




2/\$4
24 OZ. JAR

BUSH'S BEST BEANS
GRILLIN' OR BAKED



3/\$5
22-28 OZ. CAN

ARMOUR
VIENNA SAUSAGE



2/\$1
4.6 OZ. CAN

SHUR FINE
GRANULATED SUGAR



\$1.69
4 LB. BAG

NAVEL
ORANGES



\$2.99
4 LB. BAG

ON-THE-VINE
TOMATOES



\$1.19
LB.

KEEBLER
SIMPLY OR PECAN SANDIES



\$2.39
11.2-11.3 OZ. PKG.

SHUR FINE
SALAD DRESSINGS




2/\$3
16 OZ. BOTTLE

CRISP ICEBERG
LETTUCE



89¢
HEAD

FRESH
BROCCOLI CROWNS



99¢
LB.

PRE-PRICED \$3.29
LAY'S
POTATO CHIPS



\$2.19
7.75-8 OZ. BAG

NESTLE PURE LIFE
DRINKING WATER



\$2.99
24 PACK .5 LITER BOTTLES

SPARKLE
PAPER TOWELS



\$4.99
8 REG. ROLL PKG.

ANGEL SOFT
DOUBLE ROLL BATHROOM TISSUE



\$4.99
12 ROLL PKG.

FRITO LAY MUNCHIES
SANDWICH CRACKERS



2/\$3
8 CT. BOX

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2015 BUICK REGAL
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In Stock!**

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2015 GMC SIERRA DBL. CAB
2015 GMC YUKON XL'S
SAVE SAVE SAVE SAVE**



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2016 BUICK ENCORE 1SB



32 MPG HWY.

2016 BUICK VERANO 1SD



24 MPG HWY.

2016 GMC SIERRA CREW CAB 1500

4X4 WITH SLT PREMIUM PLUS PKG.
WITH \$1,250 OPTION PKG.
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2016 GMC TERRAIN SLE-1

**ONLY \$199*
PER MONTH**

**ONLY \$199*
PER MONTH**

**\$8,262
TOTAL VALUE**

**ONLY \$199*
PER MONTH**



36 MPG HWY.

2016 BUICK LACROSSE 1SB



24 MPG HWY.

2016 BUICK ENCLAVE 1SD



25 MPG HWY.

2016 GMC CANYON 2 WD SLE CREW CAB



24 MPG HWY.

2016 GMC ACADIA SLE-1

ONLY \$299
PER MONTH**

ONLY \$399
PER MONTH**

ONLY \$249*
PER MONTH**

ONLY \$299
PER MONTH**

*24 Month/20K Mile Lease W.A.C., down payment will vary per model. See salesperson for details. **39 Month/32,500 Mile Lease, W.A.C., down payment will vary per model. See salesperson for details. ***36 Month/30K Mile Lease W.A.C., down payment will vary per model. See salesperson for details.

CARFAX BUY WITH CONFIDENCE!

<p>13 Honda Odyssey #6133GB, V6, Full Power, Dual Doors, Nice! \$20,988*</p>	<p>09 Chevy Sierra #G1965A, Crew Cab, SLT, Leather, 1 Owner! \$21,788*</p>	<p>08 Hummer H3 Alpha #7023GA, 4 Door, Leather, Sunroof, 5.3 V8! \$22,688*</p>	<p>14 Toyota Camry #P7236A, 4 Door, XLE, V6, Navigation, 1 Owner! \$23,688*</p>	<p>13 Dodge Ram 1500 #G9396B, 4 Door, 1 Owner, 20 Inch Wheels! \$26,988*</p>
<p>11 GMC Yukon #1296GB, 4 Door, SLT, Leather, Nice Local Trade! \$26,988*</p>	<p>11 Chevy Silverado #G2639B, Crew Cab, Z71, 4x4, Only 49K Miles! \$28,688*</p>	<p>12 Jeep Wrangler #6969GA, 2 Door, V6, Hard Top, Leather, 30K Miles! \$28,988*</p>	<p>12 Toyota Tacoma #0450GB, Double Cab, Leather, 4x4, 1 Owner! \$29,788*</p>	<p>14 Honda Pilot #9662GA, 4 Door, EXL, 1 Owner, Nice! \$29,788*</p>
<p>14 GMC Terrain Denali #2883GA, 4 Door, Leather, Sunroof, 14K Miles! \$29,988*</p>	<p>12 GMC Sierra #2287GB, Crew Cab, SLE, 4x4, Z71, Leather, 17K Miles! \$31,988*</p>	<p>14 GMC Sierra #4582GA, Crew Cab, SLE, 5.3 V8, Leather! \$33,888*</p>	<p>14 GMC Yukon XL #5036GA, 4 Door, SLT, Leather, 1 Owner, 35K Miles! \$34,988*</p>	<p>15 GMC Canyon #5413BA, 4 Door, SLE, All Terrain, 4x4, 1 Owner! \$35,888*</p>
<p>13 Chevy Suburban #4627GC, 4 Door, 4x4, LT, Leather, Nice! \$36,988*</p>	<p>14 Jeep Grand Cherokee #4356GA, 4 Door, 4x4, Overland Edition, 1 Owner! \$36,988*</p>	<p>14 Toyota Tundra #8003GA, Crew Cab, Limited, 1 Owner, 11K Miles! \$37,688*</p>	<p>12 GMC Denali XL #8120GB, Leather, Sunroof, Navigation! \$37,988*</p>	<p>15 GMC Sierra #1719GA, Z71, SLT, Leather, 4x4, 1 Owner! \$39,988*</p>
<p>15 Jeep Wrangler #7715BA, 4 Door, Navigation, 4x4, 5K Miles! \$38,988*</p>	<p>13 Chevy Suburban #P5471 4 Door, LTZ, Leather, Nice Local Trade! \$39,888*</p>	<p>14 GMC Sierra #1420GA, Crew Cab, Z71, 4x4, SLT, 22K Miles! \$39,888*</p>	<p>14 GMC Sierra #G9736A, Crew Cab, Z71, SLT, 1 Owner! \$40,988*</p>	<p>15 GMC Yukon #1792GA, 4 Door, SLE, 20 Inch Wheels, 1 Owner!! \$42,488*</p>
<p>15 GMC Sierra #5418GA, Crew Cab, SLT, 4x4, Sunroof, Navigation! \$44,988*</p>	<p>15 Chevy Tahoe LTZ #P7515, 4 Door, Leather, Sunroof, Navigation! \$46,788*</p>	<p>13 Lexus LS460 #6839GA, 4 Door, Leather, Navigation, Sunroof! \$47,988*</p>	<p>15 GMC Sierra Denali #8187GA, Crew Cab, 4x4, 6.2 V8, Dual DVD! \$51,788*</p>	<p>15 Chevy Silverado 2500 HD #5948GA, 4x4, Duramax, High Country, 10K Miles! \$57,988*</p>

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