# Reaching 58,000 Homes by Direct Mail

## **Toys for Tots Box in Office**

SHEFFIELD — The Courier Journal / TimesDaily office is an official drop-off point for the annual Toys for Tots drive in the Shoals. We are located at 219 West Tennessee St. in downtown Florence.

The public can drop off new unwrapped toys safely in our lobby

from

8am-

5pm



M-F where they will be secured for the campaign.

Parents can register their children for the annual Toys for Tots distribution from November 19-22 at the Marine Corps League headquarters, located at 215 South Montgomery Ave. in Sheffield. Parents will need to supply photo ID, proof of residence, (utility bill), a birth certificate, and Social Security card for each child.

## It's Giveaway **Day at Bethel**

LEIGHTON - Bethel Colbert Missionary Baptist Church in Leighton is hosting a Community Giveaway Day in partnership with the faith-based humanitarian aid organization, World Vision,



on Saturday, November 15 from

donated 30,000 pounds of supplies that include: Amazon items, toys, personal care items, paper goods, service containers, seasonal items,

Brain Zone!

**Automotive Inside** 

**Advance Auto Sales** 

See SHORTs... on Page 2

**POSTAL PATRON** November 12, 2025

Postage Pd ORENCE. Al



1 MILE FUN RUN/WALK

219 W. Tennessee St. Florence,

Volume 143 Number 3

UNA Entertainment Dept. Named for

# **Briggs**

Department has been renamed to the For information about advertising in premium positions like this, please call 256

David and John Briggs Family brother, John Briggs.

Department of Entertainment The name was upanimously. Entertainment Industry Industry.

The move was made possible by a gift given by Darren and Gabriel Briggs, the sons of session musician legend David Briggs, and

USATF CERTIFIED THANKSGIVING MORNING **NOVEMBER 27** 

**First Baptist Church** 209 Walnut St. • Florence

RACE TIME: 8AM (Benefits YMCA of the Shoals)

EARLY PACKET PICK-UP: **NOV. 26** 10AM-6PM

approved by the UNA Board of Trustees at its recent quarterly meeting in September.

See DAVID BRIGGS... on Page 4

his father, Mufasa, and the betrayal

of his uncle, Scar. Along the way, encounters he familiar friends and learns valuable lessons

about responsibility and strength.

\$10. Student tickets are \$5. For more information, please call 256-383-0533 or visit TennesseeValleyArts.org for

beyond with direct mail, saturation coverage

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Florence Council Meetings Live on YouTube with Comments

FLORENCE — The Florence City Council Meetings will now be streamed live on YouTube beginning in November. Tune in live or view later by visiting the city's official YouTube channel at youtube.com/@cityofflorencealabama7670/

The mayor and council stress that they are committed to transparency and accessibility through digital innovation and public participation.

YouTube is the number one streaming platform in the world," incoming Mayor, Ron Tyler, said. "This move ensures better access, open communication, and a permanent archive of council meetings for residents who wish to stay informed."

See LIVE... Page 6



### THE CLASSIC STORY of "THE LION KING"

to the comes Ritz stage with a special production of "The Lion Lion King KIDS!" on

Thursday and Friday, November 14-15 from 7–8pm at The Ritz Theatre in downtown Sheffield at 111 W. Third St.

Directed by Emily Borden, the show follows the journey of the young lion prince, Simba, as he seeks to reclaim his throne after the death of



Adult general admission tickets are

## INSIDE this Issue



Dauzat St. Marie at Ritz **Studio** 



- Ask the Attorney
- **Dave Ramsey**
- **Jackson Highway** 50 Year Tribute
- **Hocus Focus**



## **Online Only:**



**Guest Commentary** from the Patriot Post **SIGNS of the PAST** 





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## Shorts...

## It's Giveaway Day at Bethel

**Continued from Page 1** 

small household appliances, bottles, bags, umbrellas, backpacks, clothing, shoes, belts, soap, and more. These items will be distributed for free.

Anyone is welcome to come by to receive items. Given the government shutdown, special early access will be available to all federal workers from 8–9am (must present employee badge). The giveaway will take place at the Bethel Community Life Center at 910 Bethel Church Rd in Leighton. Volunteers who would like to help with the organization and distribution process that day are welcome.

If interested, please call Wesley Thompson (Pastor) at 580-695-5078, or Christine Robinson at 256-810-9535.

November is expected to be a difficult month for many families because of the shutdown. This is Bethel Colbert's way of blessing some local families with support and

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## 2 at NWSCC **Earn Mauldin Scholarships**

SHEFFIELD – Bank Independent recently recognized two students from Northwest Shoals Community College, sophomore **Skylar Wright** and freshman Allison Inman, as recipients of the 2025 Edward Fennel Mauldin Endowed Scholarship. The students were honored at a reception hosted by Bank Independent and NW-

SCC representatives.
Wright has been awarded a renewal of the scholarship. A 2024 graduate of Brooks High School, Wright is currently pursuing studies in computer science at NW-

Inman is the newest recipient of the scholarship. She is a 2025 graduate of Deshler, is pursuing an associate's degree in early childhood development and wants to be a teacher.Bank Independent CEO Macke Mauldin congratulated the students on their achievements, sharing how the scholarship reflects the values of his father, the late Edward F. Mauldin.

Throughout his life, he believed that education is one of the most important opportunities an individual can pursue. When speaking with young people about their future, he encouraged them to seek education no matter what they wanted to study or do. Éxposure to this kind of learning opens your mind to new possibilities and helps you learn how to be a successful person."

We consider this one of the best days of the year," NW-SCC president, Dr. **Jeff Goodwin** said. "We are so grateful to have everyone here and deeply appreciate the incredible support Bank Independent has provided to our students over the years.

Left-to-right at the recent Edward F. Mauldin Scholarship presentation: NWSCC President, Dr. Jeff Goodwin; recipient Skylar Wright, Bank Independent CEO, Macke Mauldin; and recipient Allison Inman.

Bank Independent photo

## Storytime is **November 14**

FLORENCE-Florence Arts and Museums is happy to announce another of our Storytime at the Museum series. Our Museum Educator is inviting families of ALL ages, with children's literature focusing specifically on ages 5-12 to listen to a retelling of the Thanksgiving story that honors the Native peoples who made it possible on Friday, November 14 from 10-11am at the Florence Mound Museum.

The story read aloud will be, Keepuunumuk, Weeâchumun's Thanksgiving Story, written by Danielle Greendeer, Anthony Perry, and Alexis **Bunt**, illustrated by **Gary Meeches Sr.** After listening to the story, families will have the opportunity to create air dry clay seed mosaics to take home or leave at the museum to display for our Native American Heritage Month Display in the museum.

This program is sponsored by the City of Florence Department of Arts and Museums. This event will be free to the public.

The Florence Mound Museum is located at 1028 S. Court St and is open to the public for selfguided tours and other scheduled programming on Tuesday-Saturday from 10-4pm, and on Sunday from 1-4pm. For more information, call 256-760-

See SHORTs... on Page 8









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Ground

Beef

Breast

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Drumsticks







# Yard Sales

An exclusive listing of the better sales in the Shoals area.

### To list your sale, use the classified form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

TUSCUMBIA: MULTIPLE FAMILY GARAGE SALE 501 S Lafayette St Sat. 6 am to 1 pm Christmas and home decor, shoes, children and adult clothing, toys.

> Topping • Trimming

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Credit Cards

**Doug Minton** 

FLORENCE: KENDALE
GARDENS,
BIG CLEANOUT
GARAGE / YARD
SALE 7711 Lakewood Dr Fri.
and Sat. 8 am until MultifamilyFurniture, USA made Lexington
hadroom with dresser solid bedroom with dresser solid wood, cherry dining room table
with china cabinet, glass top
table and chairs, lamps, pictures, collectibles, Christmas
trees and items, home decor
and more!

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Estimates

St. Florian BIG BIG BIG INDOOR SALE St. Michael's Gym 2751 Co Rd 30 Saturday, Nov. 15 6am-noon Lots of nice items!

Lots of nice items!
Clothes, vintage tea cups, furniture, hunting gear, Waterford crystal, priced reasonably, 2x4s, Christmas trees, \$400 value priced very reasonably, ornaments for each tree, vintage boxed ornaments, crib, changing table,
Lots more!

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A gym full!

**FLORENCE** ESTATE SALE 4725 Co. Rd. 7,

Fri., Nov. 14 & Sat., Nov. 15, 8am-2pm, Furniture, Appli-ances, Bedroom Suite, Cookware, Home Decor & more!

**FLORENCE GARAGE SALE** 70 Co. Rd.203, Sat., Nov. 15th, 7am-3pm, Furniture, Clothes, Tools, Knives, and much more! "Rain or Shine"

FLORENCE YARD SALE, 209 S. Eclipse St., Fri. & Sat., 7am-until? Tools, Good Ladies Clothes (1X-2X), Household items and much more! Cancelled if raining.

FLORENCE HUGE ORGANIZED MULTI-FAMILY YARD SALE, 1617 Broadway Blvd. Fri., Nov. 14, 7am-4pm and Sat., Nov. 15, 7am-noon,.

**FLORENCE ESTATE SALE** 104 James Court, Old Hickory Subdivision Sat., Nov. 15th, 7 am-until?

MUSCLE SHOALS GARAGE SALE 504 Hickory Ave., Sat., Nov. 15th 7am-until?

Christmas Decor, Toys, Household items and more!

Living For And In The Future

Living in the past is useless and dwelling there promotes depression and discouragement in the light of current confusion and conflict today. Today's reruns continually prove that point! One cannot relive what happened yesterday, and what faces us in the mirror every day is a reminder of what's coming! No matter what your age, you should be thinking about what's coming down the road. A lot of folks out there are like people driving down the highway at night with their lights off, taking their chances on what lies ahead. You need to start preparing for what's coming after the fun and games are over! The saved folks have a great future ahead of them and need to start laying up treasures in heaven. The lost folk have a bad future ahead of them and need to fix it now. Your family will follow you right into hell cause that's where you're going. Start living in the

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light of eternity. Psalms 16:11 "Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore." 1 Corinthians 2:9 "But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him." Titus 2:13 "Looking for that blessed hope, and the glorious appearing of the great God and our Saviour Jesus Christ;" Revelation 5:10 "And hast made us unto our God kings and priests: and we shall reign on the earth." Revelation 22:5 "And there shall be no night there; and they need no candle, neither light of the sun; for the Lord God giveth them light: and they shall reign for ever and ever." The saved have a glorious everlasting future. If you're lost, you know it. Will you even consider being saved and having a part of this eternal bliss? Jesus Christ shed His blood, suffered your hell, and died and paid your sin debt and rose from the dead for your justification, so you would enjoy a blessed future. Ask Jesus for forgiveness, and to save you and trust Him today!

### **Beacon Baptist Church**

Bill Bishop, Pastor • Rogersville • 256-247-7733 1.2 miles north from red light on Hwy. 207 on left Sunday services at 10am and 11am and 6pm Visitors welcome!

 $\star$   $\star$ 

LEXINGTON: ESTATE SALE. 8425 Hwy 101

Sat. 9-4, One day only. Furniture, crib, antiques, glassware, appliances, housewares, clothes, cookbooks, tools, more.

**ESTATE SALE, FLORENCE** 1887 Co. Rd. 27, Nov. 14 & 15. 9am-3pm Furniture, Bedroom Suites, Mirrors, China Cabinets, Freezers, Bird-bath, Concrete Planters, Odds & Ends, 3XLT Leather Jacket, Cash

FLORENCE MULTI-FAMILY **UPSCALE YARD SALE** 325 Doubletree Ln., Indian Springs Sub., Sat., Nov 15th 8am and Sun., Nov. 16th

11am. Furniture, Kitchenware, Housewares, Shoes, Clothes and more! No rain date.

RUSSELLVILLE SALE
Lindberg &
Eva Mae Rickard
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Oct. 23, 24 & 25
Thurs. & Fri.
8am-4pm
Sat. 8am-noon **ESTATE** Sat. 8am-noon

Sat. 8am-noon
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items, Butter Churns, Kitchen
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XXL, Tops & casual wear; Furniture included: 1 antique
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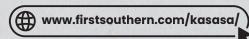
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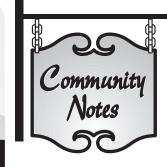
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Qualification Information: To earn your rewards, the following enrollments must be in place and all transactions and activities must post and settle to your Kasasa Cash account during each Monthly Qualification Cycle: At least 1 ACH credit or ACH payment transaction(s). At least 15 debit card purchases. Be enrolled in and have agreed to receive e-statements rather than paper statements. Be enrolled in and log into online banking. Maintain a valid email address on record with our bank. - Account ransactions and activities may take one or more days to post and settle to the account and all must do so during the Monthly Qualification Cycle in order to qualify for the account's rewards. "Monthly Qualification Cycle in means a period beginning one (1) banking day prior to the lists business day of the current statement cycle. See our website or contact one of our branch service representatives for specific Monthly Qualification Cycle dates. Reward Information: When your Kasasa Cash account qualifications are met during a Monthly Qualification Cycle, daily balances up to and including \$25,000 in your Kasasa Cash account earm an interest rate of 5.50% resulting in an APY of 5.50%; and daily balances over \$25,000 are an interest rate of 0.50% on the portion of the daily balance over \$25,000, resulting in a range from 5.50% to 0.50% APY depending on the account's daily balance. When your Kasasa Cash account and the result of the count's entire average daily balance will be 0.05% resulting in an annual percentage yield of 0.05%. Interest will be credited to your Kasasa Cash account on the last day of the current statement cycle. APY = Annual Percentage Yield APYS accurate as of 0.40/40/2024. Rates, rewards, and bonuses, if any, are raible and may change after account is opened; rates may change without notice to you. No minimum balance is required to earn or receive the account's rewards. Rewards less than a penny cannot be distributed. Fees may reduce earnings. Additional Information. Account approval, conditions, quifi

# Chuck James

Vegetation Management **Bush Hog Property** Storm Debris Clean Up

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COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue. • Email to editor@courierjournal.net

The Shoals Salsa Showdown is turning up the flavor for the Florence Education Foundation on Saturday, November 15 from 2–5pm at Singin' River Brewery in downtown Florence. Tickets are \$15

Local participants will showcase their best homemade salsas, and attendees will have the chance to taste, vote, and celebrate the creativity of our area's finest salsa makers.

Fans will vote for the winners in each of the following categories during this fun and flavorful community competition.

• Best Traditional Salsa

- Most Creative Salsa
   Best Queso
- Most Festive Booth

Overall Winner

For more information and tickets visit: florenceeducation foundation.org/events/ event-calendar.html

All proceeds from the event benefit the Florence Education Foundation, supporting programs that enhance educational opportunities for Florence City Schools students.

Midway Church of Christ's Fall Gospel Series continues though-Wednesday November 12 with guest speaker, Buc Chumbley from the Capshaw Church of Christ in Harvest, AL. Services are at 7pm each night. Chumbley's Tuesday topic is, "Lord, I Believe – Help My Unbelief," Wednesday "To Seek And Save The Lost"

Midway is located at 6000 U.S. 43 north of Killen. Everyone is invited! For more information, please visit: facebook. com/midwaychurchofchrist.org

Readers of the Lost Ark Book Club 10am, third Wednesday, (November 19) at Helen Keller Public Library, 511 Main St. Tuscumbia. nancy537481@yahoo.com

See NOTES... page 7

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## David Briggs...

**Continued from Page 1** 

David Briggs, a native of Florence, was only 14 when he played piano on his first recording session at James Joiner's studio in downtown Florence. During the next five decades, he played on more than 10,000 recording sessions and contributed his unique and diverse sound to numerous No. 1 records and thousands of charted records in multiple genres.

Harold Bradley, former President of the Nashville Chapter of the American Federation of Musicians who (AFM), oversaw David's retirement package

our

time of his retirement. said: "Based on research, David

Briggs is most the recorded D. Briggs musician in the history of the AFM." As a member of Rick Hall's FAME Studio's first rhythm section, known the Muscle Shoals Rhythm Section, they recorded a number of hits beginning in 1961 until their departure to Nashville in December 1964 when he was 23. This whirlwind of success led to the Muscle Shoals Rhythm Section being the band backing up The Righteous Brothers and Tommy Brothers and

Muscle Shoals sound. After his move Nashville, David continued to expand his creative talents and business skills into several successful

Roe at a significant date in Rock 'n' Roll history, opening for the Beatles' first show in the U.S. in

Washington D.C., on February 11, 1964. David was an integral part of the vanguard that defined the

ventures, establishing Quadraphonic Studio 1970and Danor Publishing Company with fellow Muscle Shoal's Rhythm Section member Norbert Putnam.

Quadraphonic Studio became the premier top rock/pop recording studio in Nashville, and Danor Publishing Company generated a number of pop, rock, and country hits. Artists recording at Quad included Neil Young, Jimmy Buffett, Joan Baez, The Jacksons, Bob Seger, and many more. They sold the companies in 1980.

David opened House

of David Studio in 1980 and, a few years later, opened Will N David Music, with legendary hit songwriter Will Jennings. The resulting success of both entities led to more legendary pop, rock, and country success. A few clients' who recorded at House of David included Joe Cocker, Neil Young, Roy Orbison, BB King, Fogelberg, Steve and numerous Earle, others

Will N David Music became a significant music publisher in a short period of time, winning BMI's Top Pop Music Publisher of the Year in 1988. A small sampling of hits from the catalogue includes Whitney Houston's "Didn't We Almost Have It All," Steve Winwood's hit singles, "Higher Love," "Roll with It," "Back in the High Life," and "Finer Things" Fric Clapton's Things," Eric Clapton's "Tears in Heaven," Ronnie Milsap's "Woman in Love;' and Shenandoah's "Next to You Next to Me.'

Beyond being the most recorded piano player with Elvis Presley, David multiple recorded in

See JOHN B... on Page 10





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MAL – Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

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YARD SALES - An exclusive listing of the area's better sales prominently placed	\$1	<b>5</b> 0 we
<b>Real Estate Rate</b> 5 LINES Each additional line add \$1.50 – applies to agencies, individual, developers and anyone engage in selling, renting, leasing structures and/or properties in Real Estate or General section. 6 Weeks \$36 Each additional line - add \$7.50 total	\$ <b>8</b>	<b>00</b> Week
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Private Party Rate 4 LINES Each additional line - \$1.50 - Prepay - NO REAL ESTATE • 1 item per ad - 4 Weeks/4 lines 1 ITEM \$16 Each additional line - add \$4.50	<b>5</b>	<b>JU</b> Week

Name			
Address			

**HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad..... YES! RED LINE MY AD! PLEASE ONLY \$4 additional

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**Questions?** Call our office at 256-764-4268.

Phone

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YARD SALE SEASON! Get a free yard sale kit with your prepaid red lined yard sale ad. Deadline Friday: 8 days prior to a Saturday sale. See Page 8 or visit www.courierjournal.net.

HOME IMPROVEMENT AND BUILDING: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

THANK YOU for reading the Courier

JR. LAWSON TREE SERVICE, tree trimming, stump grinding, removal. Licensed & Bonded, Free estimates, 256-856-7028

STILL SMELLS NEW! - 2022 Bumper Pull Heartland North Trail Camper, pulled 250 miles from dealership to covered carport. never been in the weather, appli ances never used, king size bed, comes with lots of extras. Call 334-300-0129. No texts.



## ive..

**Continued from Page 1** 

first The streamed meeting was November Moving forward the Work Sessions will begin at 4:30pm every first and third Tuesday, followed by the City Council Meeting at 5pm in the City Auditorium, located at 109 South Pine Street in Florence. All residents are invited to attend these public meetings in person or watch online.

Subscribe and follow the city's channel to receive notifications of future live streams and archived meetings. Comments will be enabled during the broadcast, allowing public for increased engagement.

Council The City Meeting Agendas are available for public review at https://florenceal.org/ Agendas are city\_council\_agenda-2/.

For more information, contact media@florenceal. org, call 256-760-6494, or visit www.florenceal.org.

## **Your Best** Advertising **Value!**





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## **OFFICE STAFF/CLASSIFIED**

**OFFICE STAFF/SALES ASST.** 

### Tina Hill **CIRCULATION**

Ted Fallin

### **OFFICE HOURS:**

Monday - Friday 8:00am - 5:00pm

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### 219 W. Tennessee St.

Florence, AL 35630 256-764-4268 Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 51,892 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

### 219 W. Tennessee St. Florence, AL 35630

or email to: editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for Advertisers are responsible for all content and claims in their advertising.

**DEADLINES:** Issues Published Every Wednesday INSERTS - 5 pm Thursday

DISPLAY ADS - 5 pm Thursday CLASSIFIED ADS - 5 pm Friday unless otherwise specified



## **Community Notes...**

**Continued from page 4** 

The Holos Hope Christmas Market of 2025 will be hosted on Saturday, November 15 from 10am-3pm at 1954 Jackson Rd in Florence, Entry fee is \$5, Holos Hope is a nonprofit located at an undisclosed location in Florence committed to supporting the recovery of survivors of human trafficking and domestic violence. Proceeds go towards funding our residential program from women survivors.

This is an opportunity for the community to get involved in the mission to serve this population and to make a difference. We would love to

see you there!
For more information, please visit holoshope.org

Art Workshop at The Ritz - All

workshops for adults age 21+ Wine & Canvas Series \$40/class. All supplies provided. Nov. 21: Snowman Family Portraits 6:30–8pm

For more details and to register, visit TennesseeValleyArts.org. Call 256-383-0533 with any questions.

Free Dental Work for Veterans **Only** on Friday, November 14 at Ryerson & Associates, DMD, 1013 E. Avalon Ave. Muscle Shoals. 7am-3pm - First Come, First Served. One Procedure per Patient

• Cleaning • Filling • Extraction-Dd214, Military Id, Or Ngb23 is required.

Shoals Artist Guild Member **Exhibition** at Kennedy-Douglass Center for the Arts, 217 E. Tuscaloosa St., Florence continues throughNovember 17. The center is free and open 9am-4pm Monday-Friday and 1-4pm Sunday.

City of Florence Leaf collection routes began November 1! Please follow the guidelines and help us avoid time-consuming truck repairs.

Leaf Collection Guidelines for city of Florence residents:

Leaves should be raked curb side, but NOT in the street or gutter.

Keep leaf piles away from obstacles

like cars, trees, fences, and mailboxes.

Don't cover your WATER METER.

Limbs, pinecones, sticks, and rocks DAMAGE EQUIPMENT and slow the collection process.

BAGGED LEAVES will be picked up weekly with curb side trash in the city.

Mary Linville: Retrospective - at the Kennedy-Douglass Center for the Arts. This Memorial Exhibition, continuing through January 5, 2026, features the paintings and drawings of the late Mary Linville who produced a wide variety of work, including florals, local historic places, abstracts and landscapes.

Although she was mainly a watercolorist, she also worked in oils,

acrylic, mixed media and pastels.
The Kennedy-Douglass Center for the
Arts\_is located at 217 E. Tuscaloosa St. Florence and is open to the public Monday-Friday from 9am-4pm and on Sundays from 1-4pm. Admission is free. Call 256-760-6379.

The classic story of "The Lion King" comes to the stage with a special production of "The Lion King on Thursday and Friday KIDS!" November 14-15 from 7–8pm at The Ritz Theatre, 111 W. Third St. in Sheffield. Directed by Emily Borden the show follows the journey of the

young lion prince, Simba, as he seeks to reclaim his throne after the death of his father, Mufasa, and the betrayal of his uncle, Scar. Along the way, he encounters familiar friends like Timon and Pumbaa, and learns valuable lessons about responsibility and inner strength. For more information, please call 256-383-0533

Arts/Crafts/Vendors applications **are available now** for the 36th Anniversary of CHRISTMAS IN THE COUNTRY at LaGrange College Site Park from 10am-4pm each day, November 21 and 22 Contact: Inuiselenz9324@amail com or 256-702-9799. 1491 LaGrange College Rd. in Leighton.

Are you a UNA Graduate that owns a Small business? Sign up to be featured on Small Business Saturday. Nov 30.

This is your chance to:

· Be spotlighted in a special social media campaign.

• Collaborate with the Florence-

Lauderdale Public Library, UNA's Mane Agency, and the Small Business Development Center.

The Town and Gown Task Force, a partnership between the University of North Alabama and the City of Florence, is inviting local business owners to participate in an exciting new initiative ahead of Small Business Saturday on November 30th!

Somewhere in Time support group for Widow/Widowers in their new life journey after the loss of a spouse. Call for schedule 256-791-5569.

Join Pink Alabama for their annual Bake Sale Fundraiser on Friday, November 21 from 8am-2pm at the Lauderdale County Federal Government Building, 102 S. Court Street in Alabama.

All proceeds help local cancer patients and survivors. Cash only. For more information or to participate, call 256-

Pink Alabama is a 501(c)(3) non-profit

See NOTES... page 9



# TENNESSEE VALLEY MUSEUM of ART | THE HISTORIC RITZ THEATRE FEATURING WORKS BY OVER 45 ARTISANS!

Nov 14-15

at 7pm



NOV. 29 - DEC. 23 AT THE TVMA

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MEMBERS: FREE

The RITZ

Theatre



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Do you have a Favorite Thing that you would like to share with the community in this unique exhibit?

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## Shorts...

**Continued from Page 2** 

### **Pretes' Award** from APCG

FLORENCE - Dr. Michael Pretes, Professor of Geography at UNA, is the 2025 recipient of the Distinguished Service Award of the Association of Pacific Coast Geographers. (APCG) is a professional organization that promotes geographical research and education in the Pacific Coast region of North America.

Pretes's record "is distinguished by any reckoning. His service to the discipline and the APCG has been formidable, including serving as the APCG President and, more recently, accepting the election as the APCG representative to the

American Association of Geographers Council, the ruling body for academic geography initiatives nationally," said Paul Starrs, Professor Emeritus of Geography at the University of Nevada Reno.

Founded in 1935, the APCG also serves as the Pacific Coast Regional Division of the American Association of Geographers. Its members are geographers from the region, which includes Alaska, Arizona, California, Hawaii, Idaho, Nevada, Oregon, Washington, British Columbia, and the Yukon Territory. Pretes, a native of California, has been active in the organization for more than 20 years while teaching at UNA.

The Distinguished
Service Award recognizes members with an outstanding and sustained contribution to the organization, the region, and the discipline of geography.

## **Grissett Joins Shoals Primary**

TUSCUMBIA-Shoals Primary Care recently announced the addition of Dr. Bryan Grissett to the practice at Shoals Medical Mall at 1404 E. Avalon Ave. in Tuscumbia.

Grissett, a native of Gadsden, Alabama, completed medical school at the Philadelphia College of Osteopathic Medicine (PCOM), followed by an internal medicine residency in Huntsville and endocrinology fellowship at Ochsner in New Orleans. As a person with Type 1 diabetes himself, Dr. Grissett has firsthand

understanding of the physical and emotional impact that chronic endocrine conditions can have on individuals



Grissett

is wellequipped to address a wide range of endocrine concerns,

and their

families.

Grissett

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diabetes management, thyroid disorders, and hormone imbalances. SAVE THE DATE

Outside of work, Grissett spends his time biking, attempting cooking, playing video games, and building a home with his family.

Office hours are Monday-Thursday 8am-4pm, Friday 8am-12pm. The office can be reached at 256-381-5507.

## **Shoals Royale** on February 21

FLORENCE - United Way of Northwest Alabama last week announced the 2026 date for its signature fundraising gala, the 4th Annual Shoals Royale, on Saturday, February 21 at the Renaissance Shoals Conference Center.

This casino-themed event brings all the glitz and excitement of Las Vegas to the Shoals, complete with live entertainment, gaming tables, prizes, hors d'oeuvres, and a cash bar – all for a great cause. The red carpet is being rolled out for a night of elegance and generosity, where class is mixed with community spirit. While

black tie attire is entirely optional, it's a great excuse to dress up and make a grand entrance.

"Every spin of the wheel and every hand played helps change lives right here at home," said Kerry Del Pizzo, COO of United Way of Northwest Alabama.

Shoals Royale has become one of Northwest Alabama's premier charity events, uniting local businesses, community leaders, and residents for a night of luxury and purpose. Proceeds directly

benefit United Way of Northwest Alabama and the 12 local nonprofit partners and 22 community programs it funds, helping to improve

education, health, and financial stability across Lauderdale, Colbert, Franklin, and Marion counties.

IV

Tickets and more details are available now at givebutter.com/ shoalsroyale2026.



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## Notes...

### Continued from page 7

The Annual Trax4Max 5K and Turkey Trot returns Thanksgiving moming starting at 8am at First Baptist Church in downtown Florence 2000 Walnut Street. Get ready to run (or walk!) for a great cause.

This annual 5K and 1-mile fun run benefits the YMCA of the Shoals and honors the memory of Max Barnett,

whose heart and soul inspired this event.
Race starts at 8am (race-day 8am (race-day registration begins at 6:30am

Early Packet Pick-Up: November 26 from 10am-6pm at Solid Rock Running

For more information and to register

visit: Trax4Max.com Find us on Facebook: Trax4MAX or YMCA of the Shoals

Christmas for Kids - It's that time of year again. We are in need of sponsors for children during Christmas. These children have one or both parents in either jail or prison.

These are innocent children who have done nothing but are certainly affected

because of their parent's wrongdoing.

If you or your organization would like to sponsor one or more of these children who do deserve a beautiful Christmas or would like more details call or write me.

Debbie Dixon 256-443-1297, P.O. Box 2234, Florence, AL 35630. Tax ID #

Cramer's Cluckin' for a Cause Throwdown is Saturday, November 22 -

11am-5pm at the Cotton Gin at Roberson Farms, in Rogersville. Featuring Twiggy, the water skiing-squirrel! Also included Is a chicken stew cook off, fall vendor market, chicken drop, live music, a gun raffle, and a petting zoo.

This is a fundraiser event Benefitting Cramer Children's Center - serving children who have been abused or witnessed abuse

Tickets are \$12 and kids 5 and under get in free! tickets now

cramerchildrenscenter.com or at the gate

Community Crossroads its host will annual FriendsGiving Thanksgiving Lunch on Thursday, November 27 from 11am-1pm at the Handy Recreation Center, located at 1105 Beale Street in Florence

The event is sponsored by the Long-Lewis Foundation and the Florence Parks & Recreation Department, and it provides a warm meal and fellowship for those in and around the West Florence community.

To volunteer or donate, text 256-284

The 2025 Kiwanis Community Thanksgiving Service in the Colbert County area will take place at Tuscumbia First Methodist on Wednesday, November

23 at 5pm, 104 E. 3rd St. in Tuscumbia. Area ministers will lead the services with the featured speaker this year being Sunnyside Church of God's lead pastor, Dr. Nick Ray. An offering for the Colbert Care Center will be taken. All are invited to attend.

The 58th Annual Turkey Shoot presented by Knights of Columbus Council 3989, Two Saturdays - 1pm at Langer Hall, 4051 Co. Rd. 30 in St. Florian. Test your marksmanship at this Family-Friendly event (shotgun and .22 rifle) Target shooting against 9 others for a chance to win a turkey or ham. Firearms and ammo are provided. Concessions are available.

The Tennessee Valley Art Association presents its 6th Annual Winter Art Market from November 29–December 24, from 10am-5pm This thoughtfully curated seasonal showcase about 40 local and regional artisans exhibiting distinctive fine art, jewelry, pottery, and gifts. Admission is \$5. 511 N. Water St. For more information. please call 256-383-0533.

Free Clothes - The Samaritan **House,** 600 Geneva Ave., Muscle Shoals, gives away free clothing each Tuesday from 9–11am - except for every 5th Tuesday. Donations are accepted.

### Crossroads Community Outreach

will host its Annual FriendsGiving Thanksgiving Lunch on Thursday, November 27 from 11am-1pm at the Handy Recreation Center, located at 1105 Beale Street, Florence.

The event, sponsored by the Long-Lewis Foundation and the Florence Parks & Recreation Department, will provide a warm meal and fellowship for the West Florence community.

To volunteer or donate, text 256-284-2218

See NOTES... page 11

### TREE COMMANDER TREE SERVICE

Tree Removal, Debris Removal, Tree Trimming, Veteran & Senior Discounts. Free Estimatees. All Major Credit Cards accepted. Kane Rice-Owner 256-600-3239 Licensed & Insured \*Voted #1 Tree Service in

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### NOTICE OF SELF STORAGE SALE

Please take notice A1 Mini Storage located at 2204 S. Wilson Dam Road, Muscle Shoals, AL 35661intends to hold an auction to enforce its privilege against • Robert Hudson, Unit #6. The sale will occur as an online auction via www.storageauctions.net on 11/14/25 at 12 pm Courier Journal 11/05/2025 and 11/12/2025

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Kay Holland | Kelly Davis | Marianna Honeycutt Paul Sanderson | Mark Sanderson | Conner Sanderson



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For any questions or to schedule an appointment, please call 256-764-9661.





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No phone call please. E.O.E.

### **NURSERY ATTENDANT**

First Cumberland Presbyterian Church of Florence is hiring a Nursery Attendant for Sunday morning worship service. Knowledge and experience working with children ages 0-6. Willingness to work special events as needed. Hours Sunday 9am-12pm. Pay \$50 per shift. Contact Lynn at 256-627-0672 (9am-5pm)

## Administrative Sales Assistant / Event Coordinator

The TimesDaily has an immediate opening for a full-time
Advertising Administrative Sales
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Responsibilities in-

clude but are not limited to:
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- tions
   Assisting with training staff on computer ticket entry
   Interacting with customers and other departments on a regular basis

  Assisting management with
- scheduling special sections
   Filing daily newspapers
   Answering phone calls and
- Helping service all walk-ins
  Event Coordinator, plans, organizes and oversees all aspects of an event to ensure it runs smoothly and meets objec-tives, from initial planning to ex-
- ecution and breakdown. Completing various other administrative duties

The ideal candidate for this position is highly organized, has strong attention to detail, and Must be able to multitask,

must be able to multitask, prioritize deadlines, and keep information strictly confidential. We are looking for someone with a desire to go the extra mile.

This position requires a high school degree or equivalent ad-

school degree or equivalent, ad-ministrative assistant experience, and proficiency with computers, phones, and office

equipment.
The job will require availability
Monday – Friday and is 37.5
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timesdaily.com
or applications can be picked
up at TimesDaily
219 W. Tennessee Street, Florence, AL 35630.

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- Communicating with clients to ensure accuracy and satisfaction
- Helping with creative layouts, promotions, and special projects
- Providing general administrative support to the sales and marketing team

### Qualifications:

- Strong organizational and communication skills
- Basic computer and design skills (Microsoft Office; familiarity with Canva, Adobe, or similar a plus)
- · Attention to detail and ability to neet deadlines
- Team-oriented with a positive attitude

### We offer:

- Competitive pay
- Friendly, collaborative work environment
- · Opportunities for growth within a respected local media organi-

If you're ready to start or grow your career in advertising, we'd love to hear from you!

Apply by sending your résumé and cover letter to: baretta.taylor@decaturdaily .com

## John Briggs...

**Continued from Page 4** 

recording studios around the world with artists George Harrison, Leon Russell, Dolly Parton, Neil Young, Roy Orbison, Jerry Lee Lewis, Linda Ronstadt, Johnny Cash, Dan Fogelberg, Joan Baez, Al Green, Dean Martin, Willie Nelson, Brenda Lee, the Pointer Sisters, JJ Cale, Bob Seger, and many more artists.

He worked with more than 90 artists in the County Music Hall of Fame and more than 90 artists who are in the Rock 'N' Roll Hall of Fame – an iconic achievement of note.

From a historical perspective, David was a simply a musical genius and successful businessman. He was inducted in the Alabama Music Hall of Fame in 1999 and into the Musician's Hall of Fame as a member of the Muscle Shoals Rhythm Section in

David's brother, John Briggs, received his Commercial Music Degree from UNA in 1983. After graduation, he was the Studio Manager of House of David Studio and Creative Department at Screen Gems, Colgems, and EMI Music.

He then became the Vice President of Membership for the largest performing rights organization in the world, the American Society of Composers, Authors, and Publishers (ASCAP). In this role, John demonstrated a wide range of creative, business, and leadership skills that led to his success as one of the industry's most valuable players. Just a few of the acts John recruited to ASCAP from 1985-2010 included the Backstreet Boys, The Chicks, Kenny Chesney, ZZ Top, Brad Paisley, Dobie Gray, Deana Carter, Shenandoah, Alan Jackson, The Cranberries, Black, Clint **Iessica** Simpson, Little Texas. Brian McKnight, Kenny

Chesney, Gloria Gaynor, and Garth Brooks.

After his time at ASCAP, John worked with Estevez/ Sheen Productions in LA and was the Executive Producer of Jerry Lewis' theatrical version of The Nutty Professor. John later moved into the financial arena, serving as the Entertainment Industry Specialist at US Bank followed by serving as Vice President of the Entertainment and Pro Sports Division of Tower Community Bank.

dedicated Α arts supporter, John has been an active member of several music industry and civic oriented organizations, in both Middle Tennessee and here in the Shoals. John is a

graduate of

Leadership

Music and

ASCAP's

Leadership

Program MOVE. He

received the

Governor's



J. Briggs

Award for his contribution to American music and the Alabama Music Hall of Fame Music Industry Achievement Award.

evidenced recently being named to the Billboard list of Top Music Business Schools, Entertainment Industry program is a leader in the field" said Dr. Ryan Zayac, Dean of the College of Arts, Sciences, and Engineering. "The gift of the naming provides further validation that our graduates are making names for themselves in the broader industry. We are deeply grateful to Gabriel and Darren Briggs and John Briggs for the naming of this program for his brother, David, and the Briggs Family."

# CONTACT 2-1-1

Your link to community resources

### **Full-Time Machine Operator**

The TimesDaily is seeking a printing press operator to join our northwestern Alabama printing facility.

## Responsibilities include but are not limited to: • Performing standard set up

of printing press

- Operating the press Making adjustments to maintain quality control Performing preventative maintenance and repairs.

Hands-on experience with a Goss Urbanite or DGM 850 is a plus, but not required. We are ready to hire and will train for the position.

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Applications are available at the TimesDaily Office 219 W. Tennessee St., Florence, AL 35630 Questions or resumes may be emailed to: Kevin.Blurton@timesdaily .com



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); (c (c (''')

November 12

in Downtown Florence

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te. Winners can pick up their Gift Certificate at the Courier Journal

Week of November 5 winner is

Bill Hyde

of Florence

who correctly guessed "Longhorn Steakhouse in Florence" **Courier** 

Journal

## Notes...

**Continued from page 9** 

The Florence Beautification Board invites you to a Florence holiday tradition, the North Court Street Tree Lighting on Sunday, November 23 at 5pm.

This festive evening will feature performances by the Shoals Symphony, seasonal treats from UNA Culinary, and joyful music from community carolers. Gather with family and friends as we light the tree and welcome the holiday season in downtown Florence.

Shoals Artists Guild Meeting Every 3rd Friday of the month, (November 21), 10am-Noon at the Southall-Moore House, next to the Kennedy-Douglass Art Center, Downtown Florence. For more info, contact Carolyn Wear, 256-710-6854.

The City of Florence Beautification **Board** invites you to a Florence holiday tradition! The North Court Street Tree Lighting will take place on Sunday, November 23, at 5PM. This festive evening will feature

performances by the Shoals Symphony, seasonal treats from UNA Culinary, and joyful music from community carolers. Gather with family and friends as we light the tree and welcome the holiday season in downtown Florence.

### December 3: John Paul White's "Home for the Holidays" Concert

John Paul White returns to Norton Auditorium for his Home for the Holidays concert on December 3. Ticket information will be released soon. Stay tuned for details. This annual 5K and 1-mile fun run benefits the YMCA of the Shoals and honors the memory of Max Barnett, whose heart and soul inspired this event.

Florence Fly Fisher & Tyers meets the 1st Tuesday of every month (Dec. 4) from 6:30-8pm at St Bartholomew Episcopal Church, 1900 Darby Dr. in Florence. Anyone interested is welcome and encouraged to attend.

See NOTES... page 24

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## **Guest Commentary**

## The Courage to Stand Alone

ccasionally, there are those on the Left who demonstrate the courage to do what is right and speak the truth — to stand against the gale-force winds trying to crush them into silence.

You may have heard that there were some off-season elections last Tuesday. And there was other news that day!

The Schumer Shutdown became the longest on record, as Senate Demos rejected the 14th vote to reopen the government. This is despite increasing pressure from Demo allies, including the largest federal workers union, to cut the crap.
Even their Left media

publicists are not buying it. House Minority Leader

Hakeem Jeffries's (D-NY) fake shutdown narrative got blown out of the water by CNN. Thus, Demos continue holding the nation's

**MARK** 

**ALEXANDER** 

The Patriot Post

military and other critical service providers, like air traffic controllers, hostage to their insistence that the temporary emergency

### See THE COURAGE... on Page 20

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

## Courier Journal

# in the

DAUZAT ST. MARIE

## **Playing in the** Ritz Studio

SHEFFIELD – Get ready for an afternoon of soulful Americana tapestries when Dauzat St. Marie performs live with the Dirty Rain Revelers at the Ritz Studio in Sheffield

Sunday, November 16 at 4pm.
Pronounced "dough-zaht saynt mah-ree," these two aren't just a Singer/Songwriter Americana duo; they're an experience. This seasoned musical power union between

See SOULFUL... on Page 26





50 Year **Tribute** 

# Cypress Jackson Moon Hosts **Highway**

SHEFFIELD – Songwriters and Storytellers will pay tribute to the band Jackson Highway this week in celebration of 50 years since its formation in 1975. Muscle Shoals Sound Swamper, Jimmy Johnson, named the band after the first Muscle Shoals Sound Studio, located on Jackson Highway in Sheffield. The studio relocated in May 1978 to the river location at 1000 Alabama Ave, the current location of Cypress Moon Studios.

See HIGHWAY... on Page 22

### THANKSGIVING IN THE PARK: LET'S SHARE &

CARE takes place from 3-6pm on Sunday, November 16 at Wilson Park in downtown Florence. This community event is hosted by Knox Media Group and Florence Park & Recreation Department and will feature free cooked meals and the distribution of coats. hats, gloves, socks, household supplies, and more while supplies last.

THE UNA MEN'S **BASKETBALL TEAM** will host a "Night of Champions" for the regular season home opener against Lane College on Friday, November 7 at 6pm. Last year's team will be presented with rings for the ASUN Regular Season Championship, and a new banner will be revealed in CB&S Bank Arena. UNA will also honor Coach Gary Elliott with the naming of Gary Elliott Court. Elliott is the all-time wins leader at UNA and led the Lions to the 1991 NCAA

### AN AFTERNOON OF STORYTELLING WITH **DOLORES HYDOCK** and

Div. II National Championship.

"Abundant Blessings," takes place Thursday, November 13 at 10:30am at the Muscle Shoals Public Library, 1918 Avalon Ave. featuring heartwarming stories about Thanksgiving. Tickets are \$10 and brunch will be served. For ticket purchase and additional detavils, you can contact 256-386-9212.





Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. Letters must include name, address and phone number for verification. (Only name and town will be published.) Letters are subject to editing. Please limit to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

- by Mail, in Person, or Mail Slot Editor-Courier Journal 219 W. Tennessee St., Florence, AL 35630
- e-mail: editor@courierjournal.net
- FAX- 256-760-9618

### Work on the Smoke!

Dear New Florence City Officials,

Welcome. Now, get to work.

For starters, please make sure businesses in the City of Florence know that there is no smoking in front of businesses.

It's your job to enforce ordinances. We who do not smoke and have health issues appreciate a smoke free environment. We voted you in to serve us, because we hoped you would make the difference that previous city council members did not.

The City of Nashville is smoke free. Here's a short video about their decision to become smoke free: YouTube.com and search Smoke Free Nashville.

Cigarette smoke is not only bad for musicians, but also for everyone.

invite the City of Florence to follow the smart suit of Nashville and become smoke free too.

If it is to be, it's up to we (us). Together we can make our city a better place to breathe.

Thank you in advance,

**Joy Willow** Florence

A Citizen with lung damage.

. . . Maybe the Pure Food & Drug Act needs revision. . .

## New Judge, No Relief

Editor,

My grandson in high school asked me for a concise description of what is going on in Ukraine for his Government class discussion.

I said it's like this: an internationally known murderer and thief physically breaks into someone's house, rapes their wife, murderers their parents, and ships their kids off to who knows where.

Instead of the good people joining together to capture and/or annihilate this thieving murderous invader, their response is a feeble request that he stop his horrific actions.

See LETTERS... on Page 14

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### New Judge, No Relief...

**Continued from Page 12** 

A new judge with the power to stop this murdering lowlife enters the scene claiming he'll have this lowlife neutered and incarcerated in 24 hours. However, the judge, who is crooked and deathly afraid of the murdering thief, offers a solution that is pathetic at best.

The crooked judge rules that the murdering thief gets to remain in the victim's house which is now deemed half his, and he can keep raping the victim's wife.

The victim's kids don't ever have to be returned, and the victim can never obtain any type of security to protect himself, his wife, or his remaining property from any future attacks the murdering thief would or could perpetrate against the victim.

Such a deal!

B. E. Rachal Rogersville

### **Ingredients Should Be** Banned in US

Dear Editor:

This week I bought groceries at one of the big, box stores.

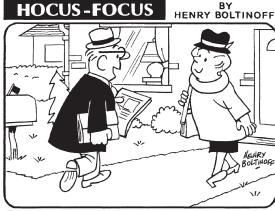
Now that I must watch my cholesterol intake, I came across a box of the store brand chocolate chip waffles. In the nutrition facts notification on the back of the package, the cholesterol content was listed as <5 mg., with daily value shown as 1%. So, I thought it would be a quick and easy microwave breakfast and put it in the

It was not until I got home that I read a warning label in very small letters, which said, "WARNING: Consuming this product can expose you to chemicals including furfuryl alcohol, which is known in the State of California to cause cancer and birth defects or other reproductive harm."

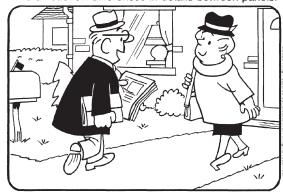
I do not think it should be legal to sell such a product anywhere in the United States of America Further, it makes no sense to me that the Food & Drug Administration would allow such an ingredient to be sold in Administration any food product. Maybe the Pure Food & Drug Act needs revision.

At any rate, I felt it my duty as a concerned citizen to warn your readers not to waste money or jeopardize health by consuming such a hazardous food item.

**Kevin Patrick Dillon** Florence



Find at least six differences in details between panels



Differences: 1. Leg is moved. 2. Door is larger. 3. Tree is smaller. 4. Mailbox is taller. 5. House in distance is not as wide. 6. Pages

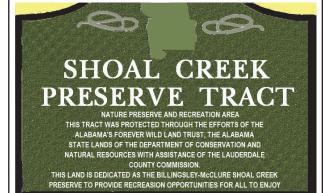


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**CLASSIFIED FORM ON PAGE 6** 

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~ Courtesy David Curott ~ author of "Historical Markers and Other Signs of the Past"



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Every week it seems someone walks into our office and says, "I wished I had called you.'

Last week a very nice gentleman was in our office and explained that he had hired a local attorney he knew through church to represent him after he was hit as a pedestrian in a parking lot. He was injured and needed help.

The gentleman "said that he was told by this lawyer that since he was not in his vehicle at the time

that his uninsured motorist coverage (UM) would not apply." That is simply incorrect. His medical payment coverage would not apply as a pedestrian, but his UM and any residents' UM of his household related to him would apply. Lawyers have to find the coverage to pay the medical bills and pay for the iniury.

A person can be a resident relative of someone, not be a listed driver on their policy or even be an excluded driver from a policy and get injured in an automobile accident, UM coverage still applies. UM can be used to cover lost wages, pain and suffering, and loss of enjoyment of life. We work to find all the available coverage that could benefit our clients.

To be fair, no single lawyer can do everything, and to be honest, no lawyer should try. Personal injury law is its own area with its own rules. Some lawyers advertise they practice in multiple areas of the law, and while they can, the reality is that no lawyer can do it all.

If you are injured in an automobile accident or have an on-the-job injury, talk to a lawyer who practices personal injury law. One who understands the coverages, the claims process, and the overall process of how insurance works.

Choosing the right lawyer at the beginning isn't just a detail, it can change the entire outcome of your case. If you're not comfortable with your lawyer, talk to another one. All personal injury lawyers offer a free consultation to make sure there is a good fit between the client and the lawyer and the lawyer and the client. Everyone has certain beliefs or expectations and if those can be addressed and met then you should have a good attorney-client relationship.

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- The home team must provide the referee with 36 footballs for each National Football League game.
- Only three countries in the world are entirely surrounded by one other country.
- Research has shown that individual breathing patterns, including the timing, volume and rhythm of chest movements, can be used to identify people with up to 97% accuracy.
- The world's rarest hair and eye color combo is red and blue, respectively.
- Scientists trained rats to drive cars (custom-made from plastic cereal containers and small wires), and while the rodents original motivation was Froot Loops, they surprisingly appeared to love going for joy rides as well.
- People spend roughly 10% of their waking hours with their eves closed.
- Hydrothermal vents created by fissures on the sea floor in areas of significant tectonic plate activity can pump out fluids at temperatures hot enough to melt lead.
- The human brain runs on less power than a 60-watt light bulb.
- Bagels were once given to women as gifts after childbirth. Some pregnant women even wore bagels on necklaces as protection, or ensured that bagels would be present in the room where they would

 There is cellphone **service** at the summit of Mount Everest.

• Pixar technical

- director Galyn Susman, while on maternity leave, was notified that 90% of the movie "Toy Story 2" had accidentally been deleted, and the studio's on-site backup had failed. Fortunately, she had copies of the film on her laptop, which was wrapped in blankets and carefully carried back to the studio.
- In Iceland, there are 13 mischievous "Yule Lads" rather than one Santa, who leave either gifts or rotten potatoes in children's shoes,

Thought for the Day: "When you're happy you enjoy the music, but when you're sad you understand the lyrics." -- Frank Ocean

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## **Medicare Minute** Medicare Advantage Plans Part 3

A Medicare Advantage Plan (MA) is a type of Medicare health plan offered by a private insurance company that contracts with Medicare to provide you with all your Part A and Part B benefits. There are six things to consider when choosing a MA plan. We discussed three of those things last week; the premium, copays and coinsurance of the plan. This week we will talk about deductibles, provider networks and drug formularies.

A deductible is the amount you are required to pay for your health care services before your health insurance begins to pay. Most MA plans do not have a deductible on services as long as you receive the services from an in network provider. If you receive the services from an out of network provider you may have to meet a deductible before the plan pays or you may not have coverage at all depending on the type of plan you have.

The provider network of the plan is a list of doctors or health care facilities that have agreed to accept the plan. If you are considering a MA plan for the first time you will want to verify with your agent that any doctor or facility you may want to visit is in your plan's network. If you are already in a MA plan you will want to verify with your doctor that they will accept the plan in 2023.

A MA plan's drug formulary is a list of drugs that are covered by the plan. This will include the tiers and copays of the drugs and any deductible you may have to meet on the prescriptions you are taking. Don't overlook the formulary of the plan because MA plans do not cover every prescription drug that is manufactured.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@ alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.





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### Guest Commentary - Mark Alexander

## The Courage to Stand Alone...

**Continued from Page 12** 

subsidies passed during the COVID-19 pandemic to prop up ObamaCare, the so-called "Affordable Care Act," be made permanent.

As you well know, there is no such thing as "temporary" government funding, and yes, that includes taxpayer-funded "free" healthcare for illegal immigrants.

Firing a shot across the Demos' bow, Donald Trump called for Senate Republicans to terminate filibuster rules requiring a 60-vote threshold for legislation. Of course, the conventional wisdom is that if Republicans do so, the next time Demos control the Senate, they will cite the Republican precedent and discard filibuster rules.

However, given the strident leftist surge of Democrat Party socialists, who are Marxists hiding behind a more palatable political façade, they may set that filibuster precedent themselves.

But this column is not about the consequences of shutdowns. It is about the courage to do what is right and tell the truth.

Since the shutdown

began 36 days ago, there have been two Democrat senators who have had the courage to stand gale-force against the winds of their party. They are Pennsylvania's John Fetterman and Nevada's Catherine Cortez Masto. Fetterman has broadcast his objections from the mountaintops: "I think it's a core responsibility as a senator to keep our government open. The Democratic Party, my Republican party, the Party, they have different priorities ... you sort those things out. But you don't hold shutting government down as a hostage. ... I would remind everybody too ... this was designed by the Democratic Party to expire at the end of the year. This is not something taken from the Republicans. They were designed to expire. ... Shutting the government is really Democratic what the Party wants to do. ... I follow country, then party, and it's the wrong thing for the country. ... If you vote to shut our

government down, you are going to harm millions

of Americans, and why

would you do this?"

That display of courage, under constant fire from the Demo crazies, is encouraging!

But there is another person who, though also not a conservative, has stood her ground against far more forceful winds than those against Fetterman and Cortez Masto.

And that would be author J.K. Rowling.

Yes, although she has earned the political and cultural condemnation of the American Left for opposing their deviant transnormalcy agendas, she is standing strong against that gender-cult deviancy as a citizen of the UK. And the UK has become shockingly oppressive of free speech. There is no affirmation of free speech in the UK, despite Article 10 of the European Convention on Human Rights.

Apparently, the authoritarians among the UK government have employed the systemic redlining of free speech playbook used by the Biden/Harris regime. That assault on the First

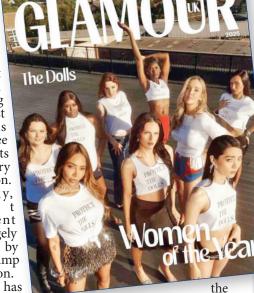
Amendment ranks high a m o n g the worst degradations of our free speech rights in the history of our nation. Fortunately, t h a t

infringement
has been largely
corrected by
the Trump
administration.
Rowling has

described her political views as left-leaning and fiercely anti-authoritarian, particularly regarding freedom of speech.

Rowling has become one of the leading voices on the planet defending the rights of women against men who pretend to be women. Of the whole sordid so-called "transgender" movement, she says:

she says:
"What a woman
means has changed
over time' makes as
little sense as 'what the
sky means has changed
over time.' No amount
of fashionable jargon,
pseudo-science or
religious belief will alter
the nature of women or



sky. You are not God. Reality exists independently of you." As for the attacks against her exercise of free speech, she boldly notes:

"Freedom of speech means freedom to cause offense. The number of supposed liberals who've fallen at this most basic hurdle, because for the first time in their lives they risked losing the approval of their tribe, has been staggering."

And she clearly identifies her detractors:

"If you believe free speech is for you but not your political opponents, you're illiberal. If no contrary evidence could change your beliefs, you're a fundamentalist. If you believe the state should punish those with contrary views, you're a totalitarian. If you believe political opponents should be punished with violence or death, you're a terrorist.

Predictably, Rowling has obliterated her celebrity and media critics, as would be expected from a master of words, including some once-close friends. Furthermore, she has boldly restated a list of her beliefs for handy reference:

"Is it my belief that women and girls should have their own public changing rooms and bathrooms? That women should retain female-only rape crisis centres? That men don't belong in women's sport? ... That women should remain a protected class in law, because they have sex-specific needs and issues? That language should reflect reality rather than ideological jargon, especially in a medical context? That women shouldn't be

harassed, persecuted or fired for refusing to pretend humans can change sex? That women should not be threatened with violence and rape when they assert their rights? That freedom of speech and belief are essential to a pluralistic democratic society? That troubled minors, especially those who are gay, autistic and trauma-experienced, should be given mental health support instead

of irreversible surgeries and drug treatments on non-existent evidence of benefit? ... That cross-dressing heterosexual male fetishists aren't actually oppressed, but having the time of their lives piggybacking off gender identity ideology? That said ideology, and the privileged, blinkered fools pushing it because they suffer zero consequences themselves, have done more damage to the political left's credibility than Trump and Farage could have achieved in a century? Let me have vour thoughts. Who would dare?

Last week, Glamour UK, a women's fashion and beauty magazine, became the latest women's publication to feature men on the cover of its "Women of the Year" edition — in this case, nine men wearing shirts with the message, "Protect the Dolls." Apparently, "dolls" is what trans-dudes like to be called.

Rowling wasted no time issuing her condemnation of the cover, saying:

"I grew up in an era when mainstream women's magazines told girls they needed to be thinner and prettier. Now mainstream women's magazines tell girls that men are better women than they are." And once again, like

And once again, like Fetterman and Cortez Masto standing firm for what is right and speaking the truth out loud, Rowling's courage is encouraging!

Published initially on 11/5/25 at PatriotPost.us Follow Mark Alexander on X/Twitter @ MAlexander1776



Courier Journal / November 12, 2025 Alabama's Largest Direct Mail Weekly

# Moments in Time

- On Nov. 10, 1885, German inventor Gottlieb Daimler's teenage son made the first longdistance test run of the world's first motorcycle, the Reitwagen, which featured a wooden frame and wheels, no suspension system and a leather drive belt.
- On Nov. 11, 1984, the bronze "Three Soldiers" statue (also known as the "Three Servicemen") was unveiled near the Vietnam War Memorial. Designed by Frederick Hart to honor the diversity of those who served in that conflict, it also marked the first time an African American was depicted in a sculpture on the National Mall.
- On Nov. 12, 1996, teens Amy Grossberg and Brian Peterson checked into a Delaware motel, where Amy gave birth to their child. The baby was later found dead in a trash container behind the motel, and the couple confessed to the crime after having previously claimed the child was stillborn.
- On Nov. 13, 1953, Mrs. Thomas J. White of the Indiana Textbook Commission called for the removal of references to the book "Robin Hood" from textbooks used by the state's schools, claiming that there was 'a communist directive in education now to stress the story of Robin Hood because he robbed the rich and gave it to the poor." Her campaign, unlike Robin's, was unsuccessful.
- On Nov. 14, 1941, "Suspicion," a romantic thriller starring Cary Grant and Joan Fontaine and directed by Alfred Hitchcock, made its debut on the silver screen. It would go on to win an Academy Award nomination for Best Picture and a Best Actress Oscar for Fontaine, and marked the first time that Grant and Hitchcock worked together. They would collaborate again on

"Notorious," "To Catch a Thief" and "North by Northwest."

- On Nov. 15, 1783, John Hanson, the first president of the Continental Congress under the Articles of Confederation, died in Maryland. Though he's sometimes referred to as America's first president, the role didn't exist as an executive position separate from Congress until 1789.
- On Nov. 16, 2012, Hostess Brands sparked a panicked hoarding of snack cakes when the company announced it was shutting down, and a 31,000% jump in Twinkie sales on Amazon in only a week.

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## Highway...

Continued from Page 12

Jackson Highway was the first band to sign with the Muscle Shoals/Capitol Label which Record would also land Delbert McClinton, Levon Helm from The Band, and Russell Smith from The Amazing Rhythm Aces. The Jackson Highway toured Rand with Triumph, UFO, and Ted Nugent to name a few.

Dennis Gulley and Russell Gulley will open and special two-night anniversary event on November Wednesday, 12. The first night will and feature stories songs behind the music. bandmates. Former Britt Meacham, Tommy Patterson, and Ronnie Vance will be attending as well.

Thursday, November 13 will feature Dennis Gulley as the voice of the Jackson Highway Band, with Britt Meacham on guitar.

The Songwriters and Storytellers event will be filmed as the second in a series that originated in 2015 with the Amazing Rhythm Aces. The show was filmed and shelved after tornadoes hit Cypress Moon Studios on July 14, 2015. The Jackson Highway Band reunion will be the second episode in the soon to be released series.

Showtimes are 7pm both nights. Tickets are \$20 per night. A limited 2-night VIP ticket is available for \$50, which includes a signed poster with an original Jackson Highway Band 45 record.

Tickets are available at cypressmoonstudios.org.

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## Is your company involved in the United Way's **WORKPLACE CAMPAIGN?**

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of children in Northwest Alabama live in families struggling to afford basic needs.

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For more information, call the United Way of Northwest Alabama, 256-764-5892.

Space courtesy of Courier Journal.

by DAVE RAMSEY

## **MAKE SURE** THE DEGREE IS PRACTICAL AND MARKETABLE

Dear Dave,

My husband wants to leave his job next year. He wants to go back to school full-time and finish his degree. It wouldn't take him long to complete his studies, and we've both agreed it's the best thing to do for our family. The only drawback is once he begins school, our yearly income will fall from \$100,000 to about \$50,000. The good news is we'll have



his veteran's stipend and tuition assistance from my job to help pay for things. During all this, once we complete Baby Step 3, should we move on the Baby Step 4, or keep saving?

Courtney

Dear Courtney,

As long as you two are completely in agreement about this plan, and you're willing to save like crazy for the next year and beyond, I think it makes sense. But listen carefully to this next part.

You're going to have some unexpected things pop up along the way. That's just how life works. I'm not trying to discourage you, but I want you to understand that even with your husband's stipend, and help from your employer, you'll have to stick to a budget and be smart with your money now more than ever before.

Later, once you complete Baby Step 3—which is having three to six months of expenses set aside as an emergency fund—Baby Step 4 is usually starting to invest 15 percent of your income for retirement. In your case, however, you're investing not directly for retirement at that point. But you will be investing in your husband and your future together as a family. And it's a great investment if he's studying something that has practical marketplace application. Because that means you're setting the stage to make back the money you put into his degree and have a bigger income for years into the future

Again, as long as he's not off taking stupid courses like left-handed puppetry or pursuing a Ph.D. in the history of German polka, you two are making a great investment for the future. Do everything you can to save and pile up money that includes him doing something to bring in a little cash on weekends when he's not in classso you two can pay the bills, he can get through

school and together, you can make this dream come

- Dave

Dave Ramsey is a ninetime national bestselling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.

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## **Community Notes...**

**Continued from page 11** 

Florence Camerata H Concert is set for December 4. Holiday

Directed by Rebecca Rockhill and accompanied by Karen Cantrell, the choir offers the opportunity to participate in choral music in a cordial setting with people who love to sing. For information, call or text 256-910-9512.

Wednesday, December 12, 7p.m. -Tim Lowry, a nationally known storyteller, will perform Charles Dickens' "A Christmas Carol" at the Florence-Lauderdale Public Library. The program is free and open to the public. the Holidays concert on December 3. Ticket information will be released soon. Stay tuned for details.

The Club/Florence Senior Center at 450 Country Club Drive in Florence serves boomers and seniors of the Shoals

Monday-Friday 9am-3:30pm, Games (Rook, Mee, Dominoes, Mexican Train, Chickenfoot LRC, and others. M-F Chickenfoot, LRC, and others. M-F Lunch served (\$1 donation), BINGO (Wednesday), Chair Exercise (Tuesday, (Wednesday), Chair Exercise (Nesday, Thursday, Friday), Rock Painting (Friday), Local Events, Square Dance Lessons, (Mondays), Social Dance (Tuesday), and Specially Scheduled Dance Events, Master's Games, Shuffleboard (Broadway Rec. on Tuesday),

The Florence Senior Center (The - Diamonds in the Rough presents Fabulous Bus Tours for 2025. Fabulous Bus Tours for 2025. Planning is

underway now! Lancaster Show Trip & The Dutch Country, November 16-22, 7 days/6 nights, 10 meals, 6 breakfast 4 dinners.

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Several shows including, "NOAH", the
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of Philadelphia, Lancaster and Kitchen Kettle Village, admission to the Amish experience & Jacob's choice at the F/X theater. Holocaust Memorial, Liberty Bell and Hershey's Chocolate World and

For more information, visit: www. grouptrips.com/TheClub or call The Club 256.760.6642 or email Fdavis@ florenceal.org

The Shoals Symphony at UNA is rolling out the red carpet for "Holidays on the Silver Screen" Saturday, December 6 at 7pm! Step into the magic as they perform music from The Polar Express, It's a Wonderful Life. White Christmas. Home Alone, Love Actually, Harry Potter, and more - all paired with classic clips on

Walk the red carpet in the lobby and have your photo taken paparazzi-style. Between piece short, fun recreations of iconic holiday movie moments featuring members of our community will be shown. And, of course, there will be plenty of music, magic, and holiday cheer for the whole family

The concert will run around 90 minutes including a 15-20 minute intermission. It is the perfect way to kick off the holiday season. For more information and tickets -from \$19-\$39- visit shoalssymphony.org or call 256-710-1623.

Crossroads Christmas **Community Event** will take place on <u>Saturday, December 20</u> 1PM to 4:00 PM at the Handy Recreation Center, located at 1105 Beale Street, West Florence,

This festive afternoon will feature meals, prizes, and fun for the entire community. The event is sponsored by Florence Parks & Recreation and Long Lewis, To volunteer or donate, text 256 284-2218.

Tuesday night Social Dance at The Club/ Florence Senior Center, 450 Country Club Drive, in Florence. \$6. Doors open at 6pm.

Dance from 6:30-8:45pm. Texas two ep, waltz, line dance, fox trot and more! The Browns provide the music from across the decades!

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389-0529 This program is in partnership with the State of Alabama and Alabama Department of Senior Services.

The Florence Senior Center/The

**Club is now offering transportation** 3 days a week (Tuesday, Wednesday, Thursday) for seniors, 60 years+, who are no longer driving and live within a five mile radius of The Club. For more program and transportation information please call The Club Monday-Friday, 9am-3:30pm. The Club is located at 450 Country Club Drive in Florence off of Savannah Highway next to the old landfill.

256-760-6420 for more information.

See NOTES... page 25



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### **Continued from page 24**

Shoals Christian School is having it's Annual "Shoals Christian Spring Market" on Saturday, December 6 from 9am-4pm at Shoals Christian School, 301 Heathrow Dr. in Florence, Shopping, food trucks, Christmas music, and more

F3 Shoals: Fitness Fellowship Faith. F3 is a free workout group that is open to all men, is always held outdoors, has rotating leadership, and it ends in a time of fellowship and prayer. The mission of F3 is to plant and grow men's small workout groups to invigorate male community leadership. Our weekly schedule is Monday & Thursday at Gattman Park in Muscle Shoals, Tuesday & Friday at Diebert Park in Florence, and Wednesday at TVA Trails Thunder Rd. trailhead. All workouts begin at 5:30am. Look for the planted American shovel flag! https://map.f3nation.com/ or call for more info 256-394-2326.

Historical Plaques Again Available - After a few years of unavailability, the plaques to mark individual historical homes and buildings in Florence are being offered once again by popular

To be eligible for a plaque, the home or building must be at least fifty (50) years old and must not have had its street side facade significantly altered. Heritage Preservation, Inc., a local non-profit organization, is producing the plaques lots of 50 or more, and the cost is 100 each, prepaid. Therefore, when \$100 each, prepaid. Therefore, when as many as 50 have been ordered, the company will go to press. To receive an application for ordering a new plague or replacing an existing one, please contact Billy Warren at 256-718-5020 or by email at: brwarren@florenceal.org.

Al Anon Men's Group meets every Thursday night 6:30-7:30pm at St. Bartholomew Episcopal Church, 1900 Darby Dr in Florence. All are welcome.

Saturday Stories - Every Saturday, at the 11am-11:30am, at the morenice-Lauderdale Public Library, Join us for fun stories and crafts for the entire family!

Florence Exchange Club meets **at noon** every Thursday at the Royal Avenue Recreation Center, 421 N Royal Avenue in Florence. Contact for information is: https://www.facebook. com/ExchangeClubOfFlorenceAlabama

The Florence Duplicate Bridge Club meets at the Royal Avenue Recreation Center, 420 N. Royal Avenue, Florence, every Monday and Wednesday (except holidays). Players new to duplicate should arrive early for guidance. Players must be fully vaccinated. 256-

See NOTES... page 27

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## **Statement of Revenues and Expenditures Muscle Shoals City Board of Education** For the Year Ended September 30, 2025

# Fund Balances - October 1, 2024

General Fund	11,210,303
Special Revenue Fund	2,126,125
Debt Service Fund	1,422,644
Capital Projects Fund	4,460,181
Fiduciary Fund	546,270
Total Fund Balances	19,765,523
Revenues	
State Sources	28,007,828
Federal Sources	3,543,667
Local & Other Sources	17,203,001
Total Revenues	48,754,496
<b>Expenditures</b>	
Instructional Services	23,399,926
Instructional Support Services	7,341,577
Operation & Maintenance	4,625,840
Auxiliary Services	3,464,069
General Administrative Services	1,903,529
Capital Outlay	3,345,933
Debt Services	1,322,529
Other Expenditures	1,827,714
Total Expenditures	47,231,116
Other Financing Sources	296,994
Excess Revenues & Other Sources of Expenditures	1,820,374
Fund Balances - September 30, 2025	
General Fund	12,014,782
Special Revenue Fund	2,429,564
Debt Service Fund	1,560,230
Capital Projects Fund	4,929,685
Fiduciary Fund	651,636
Total Fund Balances	21,585,898

## NEED HEALTH INSURA

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**CLASSIFIED FORM ON PAGE 6** 

## Soulful...

### **Continued from Page 12**

Heather St. Marie and Dauzat features Mat high-octane vocals over intricate guitar work captivating audiences far and wide with their lockstep harmonies electrifying stage presence.

With Heather's highvocals soaring octane over Mat's intricate guitar work and silky vocal harmonies, Dauzat St. Marie's music paints vivid sonic landscapes. Their songwriting is honest and relatable, touching on themes of love, loss, resilience, nostalgia, and the beauty of the human spirit.

Their song "Where Were You?" landed on the "Where 2021 Grammy® Awards ballot in three separate categories - Song of the Year, Record of the Year, and Best Pop Duo Group Performance. Their reputation for unforgettable live performances has deservingly placed Dauzat St. Marie on major tours with legends like REO Speedwagon, Pat Benatar, **Tefferson** Starship, Marshall Tucker Band, Springfield, Rick and many more... across the US and abroad.

The duo also played with Grammy Awardwinning global music icon Seal during his recent Seal 30th Anniversary World Tour, celebrating three decades of his landmark self-titled album.

Tickets are \$15. more information, please call 256-383-0533 or visit TennesseeValleyArts.org

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239 Indian Springs Dr., Florence, AL

Fri.: 9am-2pm; Sat.: 9am-1pm; Sun.: 1pm-3pm

Owners have sold their 2nd Home which they had furnished primarily with furniture from Story & Lee. Most of this furniture was either never used, or used very little! There are 5 beautiful bedroom suites, nice mattresses, a gorgeous Thomasville Dining Room Suite, a mid-size sectional, (2) Lane stressless-style recliners, wonderful new and like-new kitchen items, grandfather clock, Maytag washer & dryer, white side by side refrigerator, beautiful area rugs, TV's, costume jewelry, ladies clothes & shoes, vacuum cleaners, Christmas decor and much more! Don't miss! See photos on our company FB page & EstateSales.net & EstateSales.org

**TERMS:** Everything sells "As-is" and "Where-is." Buyer will need to disassemble furniture & bring help to load. Sales are final. We are not responsible for accidents or injuries. Shop at your own risk.



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256-335-9917



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Don Heinkel, M.D. Allyson Johnson, CRNP and a

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Contact Mara Beth Cravens at 256-740-5811 or email marabeth.cravens@timesdaily.com to showcase your wedding in our 2026 Tennessee Valley Brides Magazine.

> Deadline is December 2nd, 2025

## Notes...

### **Continued from page 25**

Ready. Set. Read - Every Thursday. 1:30pm-2:15pm at t Lauderdale Public Library

This fun class is designed to help students prepare for kindergarten. We practice motor skills (pencil grip, tracing, cutting), letter identification and sounds, and beginner sight words.

This program is for children that are 4-year-olds that will enter Kindergarten the following fall. Registration is required. Contact Youth Services for more details or to register.

There is space HERE for YOUR **EVENT**, and plenty of eyes to read it. Email your information to editor@ CourierJournal.net.

The TN River Bass Club fishes monthly on Tennessee River and Bear Creek lakes. Welcome boaters or nonboaters 16 or older of all experience levels to join. Club is based in Sheffield. information, contact Tommy at 256-627-5662.

Florence Exchange Club's updated Meeting information: Noon on Tuesdays

at the Royal Avenue Recreation Center 421 N Royal Avenue, Florence. Contact for information is: https://www.facebook. com/ExchangeClubOfFlorenceAlabama

Religious Abuse Support Group of the Shoals will meet the first and last Sunday of every month. Time and location will vary. Check Facebook for details: www.facebook.com/ragshoals

Babytime Storytime (Birth to 18 months) - 10:30am – 11:30am. <u>Every</u> <u>Friday</u> at the Muscle Shoals Public Library. Caregivers must remain with children for all programs.

Washington Masonic Lodge No. **36**, 207 W. Fifth St., Tuscumbia, meets the second and fourth Monday at 7pm.; practice at 7pm Thursday, 256-856-3852

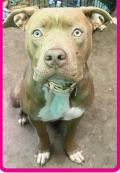
Toddlertime Storytime (Ages 18-36 months) - Every Tuesday at the Muscle Shoals Public Library. Join Ms. Amy for songs, stories, and age-appropriate activities. Caregivers must remain with children for all programs.

Sheffield Kiwanis Club. Noon Wednesdays, Park Place, 500 Montgomery Ave., Sheffield.

See NOTES... page 30



The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a a new friend today



Riley is a sweet and gentle girl with the most beautiful eyes that will melt your heart! She loves attention and eniovs being around people. Riley has a calm, loving personality and would make a wonderful companion for someone looking for a loyal friend. Her adoption fee is \$85, which

includes spay, vaccines, and microchip — everything she needs to start her new life with you! Call Florence-Lauderdale Animal

Services at 256-760-6676 for more information or come by to

meet this lovely girl today!



Blu B is a gentle, shy boy who's just waiting for someone to show him the love he deserves. Once he feels safe, he melts into affection and loves getting his "lovies." He does pretty well on a leash and keeps a fairly clean kennel — he just needs a little confidence and a patient friend to help him shine. His adoption fee is \$85, which includes everything he needs



neuter, vaccines, and microchip.
Call Florence-Lauderdale Animal Services at 256-760-6676 for more information or come by to meet Blu B and give this sweet boy a

## Hocus Pocus



This adorable little girl is full of puppy energy and sweetness! She's a young female pup who loves to play and is eager to learn — she just needs a little training to become the perfect companion. Hocus Pocus is cute as can be and ready to wiggle her way into your

Her adoption fee is \$85, which includes everything she needs to be happy and healthy — spay, vaccines, and

microchip.
Call Florence-Lauderdale information at 256-760-6676 or come by to meet Hocus Pocus today!



# Real Estate

HOME FOR RENT SHEFFIELD, 4 Bed, 1.5 Bath, \$1,200 per month,

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91 PIN HOOK ROAD 2 bed, I bath home on a half acre lot. For sale \$150,000 (256)483-8570.

4

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FLORENCE HOME FOR LEASE, 126 S. Franklin St., 3 bdrm., 2 ba., \$1,200 month + deposit, Kairos Property Management 256-656-3578

FLORENCE TOWNHOUSE FOR RENT: 2 bdrm., 2 ba., \$700 month + deposit, Call 256-764-3986

### **TUSCUMBIA**

Two story, 3 bdrm., 2 ba., Colbert Heights, one year lease, you pay utilities, pet friendly, 256-263-8716 or email: eamondeck@yahoo.com

DUPI FX FLORENCE APARTMENTS, 2 bedroom, 1 bath, 250-B, Rose Dr., \$725 per month. Property Call Kairos Management 256-656-3578

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For small tracks of land to lease for bow hunting only. Will purchase insurance and have equipment to improve property, if needed. Mature Veteran, local business owner. Killen, St. Florian. **Center Star areas** 

MUSCLE SHOALS 213 MARKATE AVE, two bedroom house, appliances, HVAC, private driveway, NO room house, PETS. \$750 month, \$750 deposit. 256-349-0301. Leave a Text or voicemail message.

preferred.

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### **FLORENDALE APARTMENTS** TAKING APPLICATIONS

1 bdrm. - \$400; 2 bdrm. - \$450: 3 bdrm. - \$500

Water Included, \$25 application fee per adult, for background check Call 256-766-1823

Muscle Shoals - 100 South Central Ave, Apt.-A, two bedroom apartment, appliances, HVAC, concrete parking pad, private back patio. NO PETS. \$850 month, \$850 deposit. 256-349-0301. Leave a Text or Voicemail.

FOR SALE: 3 BDRM, 1 BA. Brick Houses, Maud Road \$60,000 Cherokee, AL. 256-702-8345

### **MONTREAT APARTMENTS**

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MUSCLE SHOALS - 206 MARY MACK AVE, two bedroom, two bath mobile home, appliances, HVAC, covered parking and storage room. NO PETS. \$750 month, \$750 deposit, 256-349-0301. deposit, 256-349-030 Leave a Text or voicemail.

PLAY THE GAME DAY SCORE PLAY THE GAME DAY SCORE CARD Contest every week during the football season. Win a \$50 gift card from Lost Pizza Co. for the best card and another \$50 gift card, plus \$50 cash if it is a perfect card. Only in the Courier Journal and at in the Courier Jou CourierJournal.net.

## ONLINE **AUCTION NOVEMBER 4-11**

4 Tracts - Separate Locations **Commercial Properties Muscle Shoals & Sheffield** 



Real Estate: The Gary Simpson estate is liquidating its excess properties consisting of 4 tracts, 1 in Sheffield and 3 in Muscle Shoals, Each tract will be a final sale and will not be combined

Tract 1 - 1.2± Acres at 1410 Second St. The majority of the property is a gravel parking with chain link fence.

with other parcels.

Tract 2 - 0.3± Acres fronting Glendale Av, just south of Second St in Muscle Shoals. This property is currently leased to a cell tower. Lease will be assigned to buyer at closing.

Tract 3 - 0.29± Acres of undeveloped land fronting Florence Av between Gusmus Av and Glendale Av, one block south of Second St.

Tract 4 - 7.6± Acres located at 202 Cox Blvd. Sheffield. This tract consists of 7 properties separated by undeveloped streets and alleys. The tract features a 15,000± sf building with 3 +/- acres fenced.

### kingrealtyandauction.hibid.com

Terms: 10% down payment due upon signing of the contract within 24 hours form end of sale. Balance due upon delivery of deed within 30 days from day of sale. Seller could be upon a delivery of deed within 30 days from day of sale. Seller will provide deed and owner's title insurance. Seller reserves the right to accept or reject any and all bids. Real Estate will be sold "AS-IS" without warranties of any kind. All information contained in this ad is believed to be correct but not guaranteed. Changes made by the Auction Company during the online auction supersede any printed material.



## **OPEN FOR INSPECTION**

## Saturday, November 15 • 11am-2pm

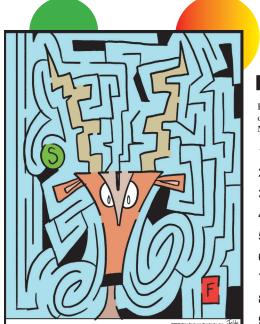
The James L Tune Estate, Home, Garage on 3+ acres On the Mountain at 410 Woodland Dr. Tuscumbia, AL 35674





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rain Zone.



### **Answers** on Page 30

### Even Exchange by Donna Pettmar

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from M $\Delta$ STER for an I, you get MISTER. Do not change the order of the letters.

1. BLT ingredient	C	Industrialist	R
2. Traveler's inn	_ 0	Shelf	_ E
3. Implant	s	Turn inside out	V
4. Tent user	C	Monkey with	T
5. Welcome	E _	Super-duper	A
6. Nocturnal	N	Vision	s
7. Petition		Seem to be	R
8. 1000	D	Civil War general	T
9. Adobe	C	Invigorating	s
10. Strategy	Y	Law enforcement	E

MINI <b>SUDOKU</b>				
	6	3		
	1	5	3	
		6	5	3
3			4	6
	3			1
Place a number in the empty boxes in such a way that each row across, each column down and each small 6-box square contains all of the				

numbers from one to six



" My father is going to showing som of the games he played as a boy —

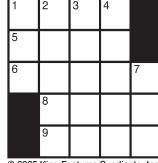
SCRAMBLERS Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!				
Arrange GATES				
Toil GUDDER				
Happy HIBELT				
Danger NEECAM				
	TODAY'S WORD			
	TODAY'S WORD			

### **Micro Crossword**

### Across

- 1 Heed an
- "applause" sign 5 Salon treatment that goes to the dogs?
- **6** Pass-the-baton race
- 8 Specialized mag
- 9 "Take ("Your audience awaits")

# By Elizabeth C. Gorski



© 2025 King Features Syndicate, Inc.

- 1 Life-saving skill, for short
- 2 Gibbons of "Entertainment Tonight" fame
- 3 Go off-script
- 4 Yuja Wang's instrument
- 7 Tree with flexible wood



- 1. SCIENCE: What is the study of clouds called?
- 2. GEOGRAPHY: Which country's highest mountain is called Ben Nevis?
- 3. ACRONYMS: What phrase does the acronym GPS stand for?
- 4. TELEVISION: What beer brand appears in "The Simpsons" animated TV show?
- 5. HISTORY: When was Earth Day first celebrated?
- 6. ANATOMY: What is a common name for the condition known as piloerection?
- 7. MOVIES: Which city was the setting for the movie "The Sting"?
- 8. MATH: How many yards are in a mile?
- 9. ANIMAL KINGDOM: What is a baby ferret called?
- 10. FOOD & DRINK: Which celebrity chef stars on the cooking show "Hell's Kitchen"?



What do you think of that new diner on the moon? Food was good, but there really wasn't much atmosphere.

Why did the dinosaur cross the road? Because the chicken wasn't born yet.

Why can't Elsa from Frozen have a balloon? Because she will "let it go, let it go."

## THANK YOU to our Brain Zone! Sponsors!





glasses at Night"?

Sunrise"?

verse of "Crocodile Rock"?

all and watching it fall apart."

2. Which female is named in the first

3. Who wrote and released "Tequila

4. Name the singer who had a hit with "Time in a Bottle" after his death.

5. Name the song that contains this

lyric: "It's like having a dream where

nobody has a heart, It's like having it

**CITY OF FLORENCE** 









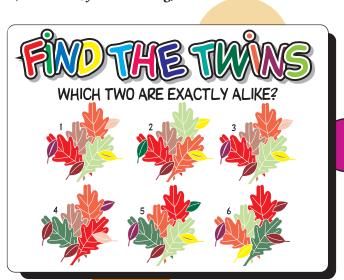
### Florence Historian Billy Warren



# THE CITY OF FLORENCE'S CENTENNIAL CELEBRATION

The July 12, 1918, edition of the Florence Times described in detail the planned pageant that would be staged less than a month later. The wedding of the spirit of the water and the spirit of the air, based upon a Native American legend and written by Elizabeth (Kirkman) O'Neal, formed the basis for the pageant already in rehearsal and directed by Miss Cora Bell Moore of New York to celebrate the City of Florence's centennial. The script for the entire pageant was written by Susan (Kirkman) O'Neal - the sister of Elizabeth - and was staged on August 8 and 9 in the natural amphitheater on the campus of he State Normal College [now the University of North Alabama] - at least a dozen years before there was a human-made amphitheater in that vey same spot. The pageant boasted ten (10) scenes, beginning with the period before the arrival of white people and concluding with the completion of the air nitrate plants where "the power from the shoals is to be used to extract nitrogen from the air for the purpose of overcoming the spirit of evil." Each of the scenes was managed and directed by members of the pageant committee who represented prominent Florence families at the time; among them were such names as these: Ashcraft, Brock, Campbell, Gilbert, Glenn, Milner and Southall. The pageant concluded each evening with a ball, at which the players, in costume, took a prominent part. It was a happy, proud two days for the citizens of Florence, Alabama, for sure.

- Billy Warren, City Historian (brwarren@florenceal.org)



## **CryptoQuip**

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: L equals T

H LERSQRCF HJYRMSM PI IMSCXE HMLVPMO VHDOSJ

RCLP H FHDDSMW HCJ XMRSJ

"FRQS YS HDD WPNM YPCSL!"

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Answers on Page 30



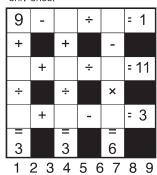
- 1. Is the book of Nathan (KJV) in the Old or New Testament or neither?
- 2. Though Paul was born in Tarus of Cilicia, where was he brought up? *Jerusalem, Shiloh, Jericho, Damascus*
- 3. What 8-year-old boy served as king of Jerusalem for 100 days? Shamgar, Jehoiachin, Adino, Sisera
- 4. From John 5, who stirred up the water at the pool of Bethesda? *Priest, Angel, Wind, Jesus*
- 5. Who was Jacob's firstborn as found in Genesis 35? *Reuben, Ehud, Joshua, Elah*
- 6. From Judges 1, who fed 70 kings at his table? *Benaiah, Nebuchadnez-zar, Adoni-bezek, Mephibosheth*



- 1. FootJoy is a leading brand of shoes, gloves and apparel made for what sport?
- 2. What Racing Hall of Fame jockey from Puerto Rico won eight U.S. Triple Crown series races from 1974-85?
- 3. What caused umpire Bill Haller to eject Baltimore Orioles manager Earl Weaver from a game versus the Minnesota Twins on Aug. 2, 1969?
- 4. How many touchdowns did Seattle Seahawks running back Shaun Alexander score in the first half of a 48-23 win over the Minnesota Vikings on Sept. 29, 2002?
- 5. What NBA expansion team had a 7-44 record before finally winning its first road game at the Atlanta Hawks on Feb. 8, 1975?
- 6. What two brothers, both rookie pitchers, started against each other in a 1986 game between the Philadelphia Phillies and the Chicago Cubs?
- 7. Butch van Breda Kolff was the head coach of which NBA team that lost the NBA Finals in consecutive seasons from 1968-69?

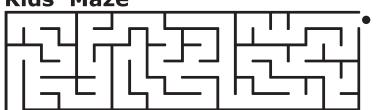
**GO FIGURE!** 

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.



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Kids' Maze

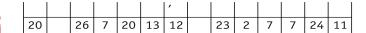


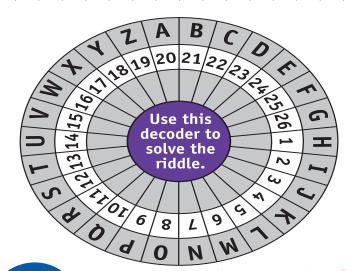
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# Brain Zone!

# SECIBLE TO COLUMN COLUM

## What is smaller than a gnat's mouth?





# WORD SPIRAL F S N

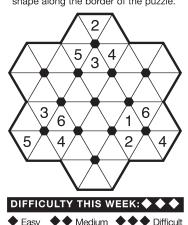
Fill in the missing letters to reveal the nine-letter word that starts at one of the four corners and moves clockwise around the perimeter before ending in the center.

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## NOMTFUKE?

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



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## **Community Notes...**

**Continued from page 27** 

**Florence Kiwanis Club**, Noon Fridays, Shoals Marriott Conference Center, 10 Hightower Place, Florence.

Florence Exchange Club's updated info Noon, Tuesdays - We now meet at the Royal Avenue Recreation Center, 421 N Royal Avenue, Florence. Contact for information is: https://www.facebook. com/ExchangeClubOfFlorenceAlabama

Tuscumbia Kiwanis Club, Noon Tuesdays, Helen Keller Public Library annex, 511 N. Main St., Tuscumbia. Lunch and speaker. Joel Parris, 256-577-6968

Florence Rotary Club, Noon, Mondays, Marriott Shoals Conference Center, 10 Hightower Place, Florence. Lunch: 11:30 a.m.

Tuscumbia Civitan Club, Noon Thursdays, Helen Keller Public Library Annex, 511 N. Main St., Tuscumbia. Lunch and speaker. Richard Sheridan.

Dance Lessons Florence Parks and Rec will be offering small group ballroom dance lessons at Royal Avenue Recreation Center. Beginner class 1-2pm, intermediate class 2-3pm. There are also select times available for individual/couple lessons. These lessons are perfect for weddings formals, proms, lead outs, cotillions etc. Space is limited. Call Royal Ave, Rec Center, 256-760-6245, to sign up.

Florence Parks and Recreation/ **The Club** hosts the Florence Singing River Squares dance every Monday from 5:30-7:30pm at The Club/Florence Senior Center, 450 Country Club Drive in Florence (excluding any state or federal holidays) 256.760.6420 for more information. fdavis@florenceal.org. No experience necessary. Drug, alcohol, tobacco & weapon free facility. Fran Davis at 256-760-6420 or fdavis@florenceal.org

Joints in Motion, chair exercise class, Tuesday, Thursday, and Friday at The Club (Florence Senior Center), 9:30am. No charge. BINGO Wednesdays 10:15am until our 11:30am lunch (w/ \$1 lunch donation)! If you are 60+ you can join us for lunch and games. 256-760-6420.

Chess Club - Play Chess at the Sheffield Public Library Conference Room, 316 N. Montgomery Ave., from 4-5pm. Mondays. Beginners to advanced; all

Social Dance on Tuesday Nights, 6:30-8:45pm, at The Club (Florence Senior Center), 450 Country Club Drive in Florence. Music from across the decades provided by The Browns. The Club is an alcohol, drug, smoke, and weapon-free facility. 256-760-6420.

**Country Line DANCE Lessons** 6:30–8pm Thursday nights Instructor: Jan Ownby, \$10/ Person

1104 US Hwy 72. Tuscumbia. Come Dance with Us! For more Info: 256-

The Community Hope Foundation is seeking dedicated volunteers to serve as reading tutors for K-3 graders, helping children improve their reading skills and comprehension. This is a wonderful opportunity to make a lasting impact on in life! Join Our Reading Enrichment Program!

Volunteers can include retired teachers, current teachers, aspiring teachers, and anyone with a passion for helping children succeed! Volunteers will be asked to submit an application, provide a background check, and commit at least 2 hours per week during the school year.

If you are interested, please email us at tdpflorence@gmail.com or call/text 256-412-9086. Help us inspire the next generation of readers and lifelong learners!

All Sheffield Senior Citizens, ages **60 and over**, are invited to come join us at 303 2nd street in Sheffield for a free meal (\$1 donation is optional) or if you are home bound, we can deliver you a free meal Monday-Friday. The Sheffield Senior Center is open from 8AM-noon M-F. You must be present before 11am for the free meal. We play Bingo free of charge on Monday, Tuesday, and Friday and you can win an assortment of cool items. A variety of other games are also played daily.

We have Karaoke on Monday evenings and a live dance band on Friday evenings starting at 5pm. if you do not drive or don't have a way to the Center, a Senior Center bus can pick you up and bring you home at no charge! There are also planned outings designed especially for seniors. We also go out to eat as a group once a month. We would love to have you join us!

Volunteers are needed at Florence Lauderdale Animal Services. All ages and interests are sought. It's an ideal option for high school students who need service letters for scholarships, or just want to contribute, and have specific/tight windows of availability. Volunteers can be those who like to work with animals, or those who would rather just do other work around the facilities.

Contact Whitney at 256-762-1124 or Carla at 256-904-0517.

The Florence Beautification Board presents The Wildflower Project! Through this project, you can contribute to the future of our community's sustainable growth. There are several tiers of involvement, Tier 1- \$100; Tier 2 - \$200; Tier 3 - \$1,000 To donate, you may give checks to the Beautification Board City of Florence, PO Box 98, Florence, AL 35631. Contributions are tax-deductible.

Serve with Honor. Part time service with full-time benefits. The Alabama National Guard wants YOU! Protect your state and nation while enjoying great benefits for roughly 40 days/year.

Call for more information. SSG Candi Flanagan at 251-459-4309.

Alabama Hospice of the Shoals is currently seeking volunteers to serve in Colbert, Lauderdale, Lawrence, Franklin, Marion, and Winston counties. For more information, contact Susan Coke at 256-

CryptoQuip

A thieving admirer of

French artwork walked

into a gallery and cried

'Give me all vour Monet!'

Shoals CASA is currently looking for new CASA volunteers (Court Appointed Special Advocates) who have a passion for helping children. This is rewarding, active work with local foster children who need someone who represents THEIR interests. The CASA staff makes sure that caring community volunteers have the training, information, and support they need to give local abused and neglected children a voice within the court and child welfare system - A positive adult relationship who will demonstrate compassion and a passion to help children reach a safe and permanent home. The nature of this opportunity will require a background check, references, and six weeks of free training. Other CASA advocates have said it is the most rewarding work they have ever done. The new training class starts in late January.

Please call Heather Begley, Shoals CASA's Executive Director, for more information. 256-765-0041.

There is space HERE for YOUR EVENT, and plenty of eyes to read Email your information to editor@ CourierJournal.net.

Florence Parks and Recreation/ The Club/Florence Senior Center, hosts a variety of activities for adults throughout the week. Chair exercise classes, line dancing, Square dancing, social dancing, BINGO, \$1 lunch, Rummy, Rummy cubes, Rook, Mexican Train & Chicken Foot Dominoes. 9am-3:30pm. 450 Country Club Drive in Florence. Group Travel is available for the community. Call for specifics. 256-760-6420.

LifeSouth is in emergency need for blood donors. This year continues to be difficult for LifeSouth and blood centers across the country with the impact of the pandemic causing a decrease in blood donations, while the need to help patients in local hospitals continues to increase.

Regular blood donors who have not given recently and first-time donors can make a major impact by donating. One donation can save up to three lives.

Donate at the Center, Donate at the Center, 307 Veterans Drive, Florence. Schedule an appointment, 256-765-7038. www. lifesouth.org. The hours are: Monday, Wednesday, Friday 9am-5pm; Tuesday and Thursday 9am-7pm; Saturday 9am-3pm; Sunday 1-5pm.

**SCRAMBLERS** 

solution

1. Stage: 2. Drudge:

3. Blithe; 4. Menace

Today's Word

**LAUGHING** 

## Tennessee Valley Brides Magazine **Coming Sunday, February 1, 2026**

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### Answers

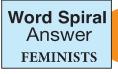
 Corey Hart, in 1984, Legend says the song was created when the album was being recorded in a studio where the air conditioning vents were right above the control room. Personnel wore sunglasses to protect their eyes from the draft. "Susie," in the 1972 song by Eltor

2. Suste, in the 1972 song by Enton John. Two years later John was sued by the songwriter who had created "Speedy Gonzales" for having used the same chords as the 1961 song.

3. The Eagles, in 1973. It went to No. 64 on the Hot 100 chart.

- 4. Jim Croce, in 1973.
  5. "Into the Night," by Benny Mardones, in 1980. According to Mardones, the song was inspired by his attempts to help a local poor family by giving their teens odd jobs to make a few dollars after their father abandoned them.

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## **Even Exchange**

- Lodge, Ledge
  - Insert, Invert
- Camper, Tamper

MINI SUDOKU

2 6 3 1 4 5

4 1 5 3 6 2

1 4 6 5 2 3

3 5 2 4 1 6

5 2 1 6 3 4

3 4 2 5 1

**Kids' Maze Solution** 

6

- 5. Greet, Great
- 7. Appeal, Appear
- 8. Grand, Grant
- 9. Brick, Brisk
  - 10. Policy, Police
- Nephology.
   Scotland, 4,413 feet high. 3. Global Positioning System.
- 4. Duff. 5. 1970.
- 6. Goosebumps.7. Chicago.
- 8. 1,760. 9. A kit.
- 10. Gordon Ramsay.

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9 - 7 ÷ 2 = 1 + 8 ÷ 1 = 11 

## 6 3 4 2 5 1 5 2 1 6 3 4

2 6 3 1 4 5

4 1 5 3 6 2

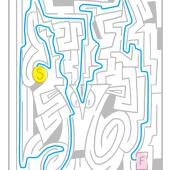
3 5 2 4 1 6

4 6 5 2 3

- The New Orleans Jazz. 6. Mike (Phillies) and Greg (Cubs)
- 7. The Los Angeles Lakers.

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### SCRAMBLERS solution 1. Stage; 2. Drudge;

3. Blithe; 4. Menace Todav's Word

**LAUGHING** 

### SECRET CODE

What is smaller than a

A gnat's dinner

Alabama's Largest Direct Mail Weekly Courier Journal / November 12, 2025



## How to Make a Home Safer and More Accessible as You Age

Dear Savvy Senior, What simple tips can you recommend for making a home age friendly? My husband and I are in our *late-sixties and want to* remain living in our home for as long as possible. Homebody Hanna

Dear Hanna,

Many older adults, like you and your husband, want to stay living in their own home for as long as possible. But being able to do so will depend on how easy it is to maneuver your living space as you get older.

There are literally dozens of simple adjustments and modifications you can do to help make your home safer and more accessible for aging-in-place. Here's a summary of tips from the National Institute on Aging and AARP, which offers a free room-by-room guide with practical suggestions for older adults living independently.

### **ENTRANCE WAY:**

Have at least one exterior doorway with step-free access. If not possible, consider a ramp.

Add a bench in the foyer to sit on when removing shoes or to set down items while locking or unlocking the door.

### **BATHROOM:**

Install a walk-in shower with a bench and nonskid decals or mats to prevent

Add a hand-held nozzle to the shower head to facilitate rinsing off while seated.

Install grab bars on the shower wall and near the

Put in a taller toilet or add a toiler riser.

Consider plugging in a nightlight.

manage, create a bedroom on the main level by transforming a den or an office.

Make sure the bed is easy to get in and out of. Purchase bed risers, if needed.

Invest in an adjustable bed for extra comfort.

### KITCHEN:

Purchase a stove with safety features that alert the resident when a burner is on or have automatic shutoffs.

Relocate major appliances to make them easier to reach.

Add slide-out drawers or trays to existing cabinets for better access.

Install a lever-style, light-touch or sensor faucet, which is easier to use than a faucet with turn-style knobs or handles.

### **FURNITURE & RUGS:**

Get rid of furniture and clutter to make rooms easier to move around in.

Use chairs with armrests, which makes sitting and standing easier.

Avoid furniture with sharp corners, which can cause bruises and cuts when bumped up against.

Hide cords out of pathways — but don't put them under rugs.

Area rugs, if used, should be secured to the floor with a nonslip mat or anti-slip rug tape.

For more tips, get a copy If stairs are too difficult to of AARP's "HomeFit Guide" which is a 36-page fully illustrated guide and has more than 100 aging-inplace tips and suggestions that can be made to an existing house or apartment or incorporated into designs for a new residence.

> It explains how a smartly designed or modified home can meet the varied and changing needs of its older residents. It also features easy-to-do, low-cost and no-cost fixes that lessen the risk of trip hazards and increase the safety of highuse areas like the bathroom, kitchen and stairway.

In addition, AARP also offer videos and a HomeFit AR app (available for iPhone and iPad) that can scan a room and suggest improvements to help turn your house into a "lifelong home," free from safety and mobility risks.

Visit AARP.org/HomeFit to order or download a free copy of this guide, or to watch their videos. You don't need to be an AARP member to access this content.

If you'd like more handson help, you could also hire an occupational or physical therapist that works with older adults. He or she can come in, evaluate your home and recommend aging-in-place solutions. And if you get a referral from your doctor, Medicare will usually cover a home walk-through.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.





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