



**ECHO**  
**5 year Consumer Warranty**  
**Serviced out & ready to go to work for you**



**903-473-8788**  
**hootensteel.net**


**1139 W. Lennon Dr., Emory, Tx. 75440**  
**Mon.-Fri. 7 am - 6 pm - Sat. 7 am - 5 pm**  
**www.hootensteel.net**

# Congratulations Wildcats! Now on to Round Two!

## Area Round of the 2025 UIL Texas Football State Playoffs!



**SS Wildcats VS Alvarado Indians**  
**Friday, November 21 at 7:30 p.m.**  
 Children's Health Stadium/Prosper ISD,  
 Prosper, Texas

Wildcats are home team so wear your blue!  
 Tickets are side specific-once inside, there is no  
 switching sides during the game.



## STREETCARS IN EL PASO

### Tumbleweed Smith

Philadelphia, Boston, San Francisco, New Orleans and San Diego all have streetcars. So does El Paso, Texas, where public transportation started in 1882.

"It started with the city pet, Mandy the Mule," says Jaime Ortega, Assistant Superintendent of the El Paso Public Transportation Department that has employees in the streetcar division. "We had thirteen cars, forty mules that served downtown El Paso and Juarez, Mexico. In 1902 we got our first electric trolley. That's when we got rid of all the mules. We ended up with sixty-four miles of track. Eighty percent of it was in El Paso and the rest was in Juarez. The overhead electrical wires were installed in 1901.

"The wires were up until 1975 when we started taking them down. In 2015 we reinstalled all the wires."

The streetcars are an important part of El Paso and people from all over the world go there to ride them.

"We are averaging about thirty thousand passengers a month," says Jaime. "It's kind of a fifty-fifty mix of tourists as well as local patrons."

Some El Paso residents ride the streetcars to work and school. It's a free ride. There are nine streetcars in the fleet.

"So we have six completely refurbished and three in their original condition. All of them are in the original body style when they were created."

The streetcar route gives passengers a forty-five minute ride and has stops along the way.

"We have twenty-seven platforms along our track. They have canopies painted in bright burnt orange colors. If you want to ride, all you have to do is go to a platform and the streetcar will stop and you can get on."

The updating on the cars includes modern conveniences such as air conditioning and Wi-Fi. The vintage cars can seat an average of 70 people and are in the original color scheme. For many, it's a nostalgic ride. Many former residents of EL Paso visit the city, ride the street cars, listen to the rumble as the cars move along the tracks and remember riding them as children.

The streetcars were introduced because El Paso was growing in manufacturing, agriculture, mining, commerce and the military during the early part of the twentieth century. The cars in use now were built in 1937.

"They were refurbished in Brookville, Pennsylvania and are really well done. These six are the only ones of their kind in the world. There are no other streetcars like ours. They have a lot of history on them."



**Tumbleweed Smith** Transportation Department that has employees in the streetcar division. "We had thirteen cars, forty mules that served downtown El Paso and Juarez, Mexico. In 1902 we got our first electric trolley. That's when we got rid of all the mules. We ended up with sixty-four miles of track. Eighty percent of it was in El Paso and the rest was in Juarez. The overhead electrical wires were installed in 1901.

## FISH DAY!

IT'S TIME TO STOCK

YOUR POND!!

Delivery Will Be

**FRIDAY, December 5**

EMORY 2:45-3:30

@ Potts Feed Store

GREENVILLE 4:15-5:00

@ NE TX Farmers Co-op

**SATURDAY, December, 6**

MT. VERNON 10:45-11:30

@ 2S Feed & Ranch Supply

QUITMAN 8:45-9:30

@ Potts Feed Store

SULPHUR SPRINGS 10:15-11:00

@ NE TX Farmers Co-op

"LIKE" US ON FACEBOOK!!!

**FISH WAGON**

To Place An Order Call Toll Free

1-800-643-8439

www.fishwagon.com

## SPOTTING FAKE NEWS STORIES

\* Check the URL of the story: **abcnews.com** is a legitimate news source, **abcnews.com.co** is not. Anything that ends with something other than .com is likely to be a spoof.

\* If someone important is quoted, **google the quote**. It can be tracked back to an event or a statement if it is legit.

\* **Reverse search the questionable image** on google. Right click the image and copy the URL. Go to **images.google.com** and paste the URL to find out where it came from.

### Check with these tools:

Politics - Factcheck.org & Politifact.com

General Scams - Snopes.com

Email and FB hoaxes - Truthorfiction.com &

Hoaxslayer.com

## WORD SEARCH (Old TV Shows 1)

Find and circle all of the old TV shows that are hidden in the grid. The remaining letters spell the name of an additional old TV show.

S	I	L	L	I	G	E	I	B	O	D	E	E	R	A	N	N	O	D
W	A	L	T	O	N	S	P	E	Y	T	O	N	P	L	A	C	E	T
A	F	N	G	I	X	A	T	V	H	O	D	D	C	O	U	P	L	E
L	L	E	A	R	M	E	R	E	H	W	E	S	L	E	T	S	O	Y
A	I	R	A	M	E	M	U	R	P	H	Y	B	R	O	W	N	V	D
L	P	M	E	R	E	E	Y	L	M	I	A	M	I	V	I	C	E	O
J	P	A	E	T	G	L	N	Y	S	Y	M	N	K	S	T	Y	B	O
E	E	D	V	F	N	S	F	H	L	E	C	O	O	O	P	E	O	D
T	R	A	I	L	I	E	R	I	O	E	R	N	D	N	J	Y	A	Y
S	E	B	T	Y	T	M	C	L	R	R	R	C	E	S	N	A	T	D
O	D	O	I	I	H	I	L	L	G	R	N	A	A	G	Q	A	K	W
N	I	U	G	N	G	T	A	B	A	O	I	E	D	N	R	U	C	O
S	H	T	U	G	I	D	S	I	E	C	M	N	T	L	E	E	A	H
M	W	Y	F	N	L	O	S	L	A	N	I	E	T	E	I	E	M	D
P	A	O	S	U	N	O	I	L	L	O	C	D	R	I	D	K	R	E
O	R	U	R	N	O	G	E	I	I	E	S	A	E	P	N	U	R	G
E	D	I	S	N	O	R	I	E	C	H	I	P	S	M	Y	T	A	D
H	Y	N	A	P	M	O	C	S	E	E	R	H	T	E	O	L	I	M
O	O	R	A	G	N	A	K	N	I	A	T	P	A	C	Y	W	E	N

ALICE  
BEN CASEY  
BEVERLY HILLBILLIES  
CHIPS  
CANNON  
CAPTAIN KANGAROO  
DOBBIE GILLIS  
DONNA REED  
DR. KILDARE  
EMERGENCY  
FLIPPER

FLYING NUN  
FUGITIVE  
GOMER PYLE  
GOOD TIMES  
GREEN ACRES  
GREEN HORNET  
HOWDY DOODY  
I SPY  
IRONSIDE  
JETSONS  
KOJAK

L.A. LAW  
LASSIE  
LOVE BOAT  
MAD ABOUT YOU  
MAUDE  
MEDICAL CENTER  
MIAMI VICE  
MOD SQUAD  
MOONLIGHTING  
MURPHY BROWN

ODD COUPLE  
PEYTON PLACE  
RAWHIDE  
RIFLEMAN  
RIN TIN TIN  
SOAP  
ST. ELSEWHERE  
TAXI  
THREE'S COMPANY  
WALTONS



# CLASSIFIEDS

**\*\$3.50 for 15 Words or Less - Call Today 903-885-9966**

Have Your Ad Read By 20,000 People

Covers Greenville, Commerce, Caddo Mills, Cumby, Campbell, Brashear, Sulphur Springs, Winnsboro & Emory

## Miscellaneous

**Donate Your Car to Veterans Today!** Help and Support our Veterans. Fast - FREE pick up. 100% tax deductible. Call 800-245-0398

**TOP DOLLAR PAID** for old vintage guitars! Gibson, Fender, Martin, Greesch, Rickenbacker, Epiphone, Etc. 1930's to 1980's. Call 866-433-8277

Reach millions of homes nationwide with one easy, affordable buy in the ADS Network! For more information [www.communitypublishers.com/category/all-products](http://www.communitypublishers.com/category/all-products)

**Replace your roof w/ the best looking & longest lasting material steel from Erie Metal Roofs!** 3 styles/ multiple colors available. Guaranteed to last a lifetime! Limited time offer up to 50% off install + additional 10% off install military, health & 1st responders. 833-370-1234

## Miscellaneous

**Peace of mind & early detection** - Now more than ever, it's important to get screened for Stroke & Cardiovascular Disease risk. Life Line Screening is simple & painless. 833-970-4172

**We buy houses for cash as is!** No repairs or fuss. Any condition. Easy 3-step process: Call, get cash offer, get paid. Get your fair cash offer today. Liz Buys Houses: 844-877-5833

**Portable oxygen concentrator** may be covered by Medicare! Reclaim independence & mobility w/the compact design & long-lasting battery. Inogen One free info kit! 877-305-1535

**Consumer Cellular** - same reliable, nationwide coverage as large carriers. No long-term contract or hidden fees, free activation. All plans unlimited talk & text starting at just \$20/ mo. 877-751-0866

## Miscellaneous

**Become a published author.** We want to read your book! Dorrance Publishing trusted since 1920. Consultation, production, promotion & distribution. Free author's guide 877-729-4998 or [dorranceinfo.com/ads](http://dorranceinfo.com/ads)

**No more cleaning gutters.** Guaranteed! Leaf-Filter backed by no-clog guarantee & lifetime warranty. Call 1-833-610-1936 to schedule FREE inspection/estimate. Get 15% off your entire order. Military & Seniors get additional 10% off. Limited time. Restrictions apply, see rep for details.

**Inflation at 40-year highs.** Interest rates are up. Credit cards, medical bills, car loans. Have \$10k+ in debt? Call National Debt Relief to find out how to pay off your debt for much less than you owe! Free quote: 844-955-4930

*Advertising In  
The Millennium Shopper  
Really Works. 903-885-9966*

## Miscellaneous

**Don't let the stairs limit your mobility!** Discover the solution for anyone who struggles on the stairs, concerned about a fall or wants to regain access to their entire home. AmeriGlide 833-399-3595

**Home break-ins take less than 60 seconds.** Don't wait! Protect your family, home, assets now for as little as 70¢/day! 833-890-1262

**Jacuzzi Bath Remodel** can install a new, custom bath or shower in as little as 1-day. Limited time, waving all installation costs! Additional terms apply. Subject to change & vary by dealer. Ends 12/28/25. 844-501-3208

**Pest control:** Protect your home from pests safely. Roaches, Bed Bugs, Rodent, Termite, Spiders & more. Locally owned & affordable. For service or inspection today! 833-860-0657 Have zip code ready!

**MobileHelp** America's premier mobile medical alert system. Home or away. For safety & peace of mind. No long term contracts, free brochure! 888-489-3936

## Miscellaneous

**Aging roof? New homeowner?** Storm damage? You need a local expert provider that proudly stands behind their work. Fast, free estimate. Financing available. 833-640-4753 Have zip code ready when calling!

**Water damage clean-up & restoration:** A small amount of water can lead to major damage in your home. Our trusted professionals do repairs to protect your family & home value! 833-887-0117. Have zip code ready!

**Professional lawn service:** Fertilization, weed control, seeding, aeration & mosquito control. Free quote. Ask about first application special! 833-860-0811

## Miscellaneous

**Wesley Financial Group, LLC** timeshare cancellation experts over \$50 million timeshare debt/fees cancelled in 2019. Free info package. Free consultations. Over 450 positive reviews. 833-308-1971

**Bath & shower updates** in as little as 1-day! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & military discounts available.

**Toby Boatman**  
**Garage Doors**  
Sales • Service  
Installation  
Doors • Electric Door  
Openers  
903-438-1970  
903-348-6170

## ANSWERS

S	I	L	L	I	G	E	I	B	O	D	E	E	R	A	N	N	O	D
W	A	L	T	O	N	S	P	E	Y	T	O	N	P	L	A	C	E	T
A	F	N	G	I	X	A	T	V	H	O	D	D	C	O	U	P	L	E
L	L	E	A	R	M	E	R	E	H	W	E	S	L	E	T	S	O	Y
A	I	R	A	M	E	M	U	R	P	H	Y	B	R	O	W	N	V	D
L	P	M	E	R	E	E	Y	L	M	I	A	M	I	V	I	C	E	O
J	P	A	E	T	G	L	N	Y	S	Y	M	N	K	S	T	Y	B	O
E	E	D	V	F	N	S	F	H	L	E	C	O	O	O	P	E	O	D
T	R	A	I	L	I	E	R	I	O	E	R	N	D	N	J	Y	A	Y
S	E	B	T	Y	T	M	C	L	R	R	R	C	E	S	N	A	T	D
O	D	O	I	I	H	I	L	L	G	R	N	A	A	G	Q	A	K	W
N	I	U	G	N	G	T	A	B	A	O	I	E	D	N	R	U	C	O
S	H	T	U	G	I	D	S	I	E	C	M	N	T	L	E	E	A	H
M	W	Y	F	N	L	O	S	L	A	N	I	E	T	E	I	E	M	D
P	A	O	S	U	N	O	I	L	L	O	C	D	R	I	D	K	R	E
O	R	U	R	N	O	G	E	I	I	E	S	A	E	P	N	U	R	G
E	D	I	S	N	O	R	T	E	C	H	I	P	S	M	Y	T	A	D
H	Y	N	A	P	M	O	C	S	E	E	R	H	T	E	O	L	I	M
O	O	R	A	G	N	A	K	N	T	A	T	P	A	C	Y	W	E	N

The hidden TV show is: THE MARY TYLER MOORE SHOW

**Call today and receive a  
FREE SHOWER PACKAGE  
PLUS \$1600 OFF**

**SAFE STEP  
WALK-IN TUB**  
**1-855-417-1306**

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB1082165 NSCB 0082999 0083445

**Make the smart and ONLY CHOICE  
when tackling your roof!**

**LIMITED  
TIME  
OFFER!  
SAVE!**

**UP TO  
50%  
OFF  
INSTALLATION**

**FREE ESTIMATE  
1.833.370.1234**

**ERIEHOME.**  
Expires 10/31/2024

MADE IN THE U.S.A.

New orders only. Does not include material costs. Cannot be combined with any other offer. Minimum purchase required. Other restrictions may apply. This is an advertisement placed on behalf of Erie Home Services, Inc. (Erie). Offer terms and conditions may apply and are available in your area. If you call the number provided, you consent to being contacted by telephone, SMS text message, email, pre-recorded messages by Erie or its affiliates and service providers using automated technologies notwithstanding if you are on a DO NOT CALL list or register. Please review our Privacy Policy and Terms of Use at [www.eriehomeservices.com](http://www.eriehomeservices.com). All rights reserved. License numbers available at [eriehome.com/erie-license](http://eriehome.com/erie-license).



**The Millennium Shopper.com**

FREE weekly shopper published on Wednesdays reaching over 15,000 readers in Hunt, Hopkins, Rains, Franklin, and Wood Counties.

Racks in Sulphur Springs, Greenville, Commerce, Lone Oak, Emory, Quinlan, East and West Tawakoni, Cash, Caddo Mills, Pickton, Como, Point, Winnsboro, Lake Fork, Yantis and Farmersville.

**Joy Wilson, Owner**  
115 Jefferson, P.O. Box 1037  
Sul. Spgs, Tx. 75482  
903-885-9966, 903-348-3546

ads@millenniumshopper.com  
www.millenniumshopper.com



**GOBER Post Frame Buildings**  
Shops, Garages, Houses, Agriculture, Commercial  
**1-405-595-0770**

30'x40'x10' - \$20,400	With 4" Concrete, Fully Insulated,
30'x40'x12' - \$22,600	1 Commercial Overhead,
30'x50'x10' - \$24,600	1 Entry Door, #1 29 Ga.
30'x50'x12' - \$26,700	40 yr. Painted Metal, Built on Your Level Site, Additional Sizes Available Mileage or Higher Concrete

**Protect Your Home And Property!!!** Prices May Apply  
Make Sure Your Contractor is Following The Law.  
Ask For General Liability and Workers Comp. Insurance

**www.goberconstruction.com**

Buying • Selling • Custom Cracking  
Custom Cleaning • Harvesting • Gift Baskets  
Gourmet Pecans • Seasonings • Pecan Oil



Online Store  
Open 24/7

Family Owned  
& Operated

**www.howlandpecanco.com**

2150 Church St., Paris, Texas  
Phone: (903) 784-3303

Located across from Evergreen Cemetery next to Chevron gas station



**GOD BLESS AMERICA**



**0% FINANCING AVAILABLE** OR **SAVE UP TO \$4,500\***  
ON SELECT KUBOTA L02 SERIES EQUIPMENT

**Save On Select L02 Series Tractors**  
L3302 + L3902 Expires 12-31-2025

**Hunt County Farm Supply**  
813 West Main  
Campbell, Texas 75422  
903-862-2273



**Check Out Our Website**  
www.millenniumshopper.com

**2025  
PECANS**

**Campbell Pecans**  
Since 1929  
1302 Washington St  
Commerce, TX  
903.366.1141

**Mon - Sat**  
**10:00 - 3:00**



**Your  
Full-Service  
Propane  
Provider**

319 State Hwy. 24  
Campbell, Tx.  
**903-454-6565**  
**www.GasAndSupply.com**



# holiday!

## Clean Up Fix Up Repair!



**Auto, Commercial,  
Residential Glass & Mirror**

605 Main St., Sul. Spgs., Tx.  
www.kisersglasstech.com 903-885-9845  
sales@kisersglasstech.com 800-272-8371



Member FDIC



www.bankatcnb.bank

Serving  
Sulphur Springs,  
Winnsboro, Yantis,  
Quitman, Hawkins,  
Holly Lake, Naples,  
Mineola, Wills Point,  
Canton, Gladewater,  
Grand Saline, Emory  
and Queen City!

## E-Z FIXES, LLC



*Your Local One-Stop Shop  
Handyman Service*

~Dry Wall & Ceiling Repairs  
~Painting & Tinting  
(Interior/Exterior)  
~Trim & Carpentry (Decks, Patios,  
Steps, Gazebos)

**Eric Zolnay 903-440-2783**

*See us for all your clean-up  
and fix-up needs!*

## Hunt County Farm Supply

813 West Main  
Campbell, Texas 75422  
903-862-2273



Sul. Spgs.  
Toby Boatman  
**GARAGE  
DOORS**  
Sales • Service • Installation  
Doors • Electric Door Openers  
903-438-1970 903-348-6170



**Everything you need to  
know for do-it-yourself!**

## Hooten's Hardware

Home ~ Farm ~ Ranch

1139 West Lennon Dr.  
Emory, Texas 75440  
903-473-8788



903-335-2551 **Nathan's**

## Lawn & Tree Service



Lawn Mowing • Weed Eating • Tree  
Trimming & Removal • Trash Haul  
Off • Moving Services

Check on **Google!** Call for info!

www.nathanslawnandtreeservice.com



471 Highway 37 South  
Mount Vernon, Texas 75457

Jonathan Wafford  
(903) 563-5422 - Owner  
jonathanwafford@gmail.com

Fetzen Talsma  
(903) 434-3797 - Assistant Manager  
f JTEQUIPMENTRENTALS



## Get your home and yard in shape for the holiday season!

*The* **Millennium Shopper** and **FLIPPIN**  
printing  
115 Jefferson St. Sul Spgs.



# Obits



## WEST OAKS FUNERAL HOME

500 Hillcrest Dr., Sulphur Springs, Tx. 75482

<http://www.westoaksfuneralhome.com>



### **Sandra Kay Conine**

Funeral service for Sandra Kay Conine, age 87, of Sulphur Springs, Texas, will be held at 11:00 a.m. on Friday, November 21, 2025, at Murray-Orwosky Funeral Home in Sulphur Springs with Kirk Luecke officiating. Pallbearers will be Mike Withrow, Ryan Withrow, Blake Withrow, Chase Withrow, Alan Stephens, and Justin Stephens. Visitation will be held one hour prior to the service, from 10:00–11:00 a.m., at Murray-Orwosky Funeral Home. Mrs. Conine passed away at Wesley House Assisted Living on Sunday, November 16, 2025.

Sandra Conine was born on September 17, 1938, in Marysville, Kansas. She married her high school sweetheart, Darryl Conine, on January 31, 1958. Sandra was a stay-at-home mom until she began working as a teacher's aide at Mesquite ISD, where she served for 20 years. She was a devoted wife, mother, and Meemaw.

Sandra loved to travel, paint, and create beautiful flower arrangements. Her greatest joy in life was her family. She loved being a Mom and Meemaw and could always be found helping with her grandkids or cheering them on at their many sporting events. She never

missed a game if she could help it—she was their biggest cheerleader. In recent years, she cherished getting to know her great-grandchildren.

Sandra is survived by her daughters, Kathy Withrow (Mike) of Sulphur Springs, TX, and Misty Stephens (Alan) of Scurry, TX; grandchildren, Ryan Withrow (Megan) and their son, Townes; Darryl Blake Withrow (Kelcee) and their son, Oliver; Chase Withrow (Cayli) and their daughter, Lila; Ashley Stephens (Jasmine) and their daughter, Aaliyah; Katie Stephens and her daughters, Casey, Mackenzie, and Everli; and Justin Stephens. She is also survived by her sisters-in-law, Linda Tramel of Kaufman, TX; Debbie Payne (Allan) of Rockwall, TX; and Dorothy Hodges of Garland, TX; along with numerous nieces and nephews.

She was preceded in death by her husband, Darryl; her infant son; her parents, Stacy and Katherine Hodges; and her brother, Stacy Larry Hodges.



### **Steve Randell Reed**

November 15, 1946 ~ November 15, 2025 (age 79)

Funeral Services for Steve Randell Reed, age 79, will be at 2:00 p.m. on Wednesday, November 19, 2025, at West Oaks Funeral Home Chapel with Pastor Rusty Posey officiating with Bobby Keller assisting. Roger Reed, Rodney Keller, Randall Reed, Don Chapman, Brian Ogles, Wayne Kendall, Stephen Carter, and Mike Booth will be serving as pallbearers. Interment will follow the service at Ridgeway Cemetery. Visitation will be from 6:00 p.m. to 8:00 p.m. on Tuesday, November 18, 2025, at West Oaks Funeral Home. Steve passed away on Saturday, November 15, 2025, in Sulphur Springs, Texas.

Steve was born on November 15, 1946, to Marvin Ray Reed and Mary Leona Keller Reed in Sulphur Springs, Texas. He married Wanda Burks on September 1, 2012. Steve was a mechanic by trade and attended Hope Family Fellowship. He adored spending time with his family especially his grandchildren.

He is survived by his loving wife, Wanda Reed; sons, Jackie Reed and his wife, Stephanie, Keith Duncan and his wife, Marcie, and Bradley Edge; daughters, Sherry Reed, Veronica Duncan, and Lorita Bledsoe; brothers, Bobby Keller and his wife, Janet, Paul Reed and his wife, Sharon, Richard Reed and his wife, Becky, Mark Reed and his wife, Brenda, and Jerry Keller and his wife, Marion; sisters, Peggy Brzeski, Rhonda Falls and her husband, Todd, and Helen Baskin and her husband, Charlie; 14 grandchildren and 26 great-grandchildren; sisters-in-law, Joey Reed, Patsy Linker, and Wilma Sexton; special cousins, Rodney Keller, Don Chapman and numerous nieces, nephews, cousins, and friends.

Steve was preceded in death by his parents, wife, Ann Reed; sons, Rusty Reed, and Brandon Edge; brothers, Junior Reed, Loyd Reed, Roger Reed, and Ricky Reed and sisters, Betty Long and Mary Jane Medina.



### **Gayle Scarborough**

Funeral Services for Gayle D. Scarborough, age 75, were held at 2:00 p.m. on Tuesday, November 18, 2025, at West Oaks funeral Home Chapel with Reverend Billy Walker officiating. Interment followed the service at Yantis Cemetery. Visitation was held from 5:00 p.m. to 7:00 p.m. on Monday, November 17, 2025, at West Oaks Funeral Home. Gayle went home to be with the Lord on Thursday, November 13, 2025, in Tyler, Texas. The Yantis Volunteer Fire Department escorted.

He was born on March 12, 1950, in Sulphur Springs, Texas to Marlin and Wilma Scarborough of Yantis, Texas. He married Dorothy Anita Davis on June 6, 1969, in Yantis, Texas. Preceding him in death were his parents, his sister, Vickie, and his parents-in-law, Thelbert and Dorothy Davis.

Surviving is his wife of 56 years, Mrs. Anita Scarborough, daughter, Rachel and Ray Cross, sons, John and Matthew Scarborough, brother, Ben and Terry Scarborough, sister, Julia, and Michael Robbins, all of Yantis, sister-in-law, Karen Davis-Hammond of Aurora, Illinois, Aunt Ruby Nell Hogan, several nieces and nephews, and honorary friends, Jeremiah and Sharon Bye and honorary

grandchildren, Anna, John, Isaiah, and Caitlyn.

Gayle accepted Christ at an early age. His core values involved serving Christ by serving others. He was an organist for New Beginnings Fellowship Baptist Church of Sulphur Springs and Primera de Baptiste Mission in Rio Bravo. He assisted Rev. Bill Waldrop and Missionaries Kelly Hein and JB Salazar with audio/visual production in Laredo.

He served in the Yantis Volunteer Fire Department. He served as reserve deputy for Hopkins County Sheriff's Office under Sheriff Junior Tittle. He was a dispatcher for Sulphur Springs Police Department. He was a TCOLE Instructor at the DPS Academy, and law enforcement instructor at Texas A&M University in Loreda as well as Collin County Community College in McKinney.



# Arginine is a nutrient that supports the body in many different ways

Good circulation matters more than we realize. It affects how quickly our tissues heal after stress or injury and supports the body's natural inflammatory response. It also helps manage blood pressure in a gentle way by improving how flexible the vessels are.

Arginine is one of those nutrients that quietly supports the body in ways most people never really think about. It is an amino acid found in everyday foods, yet its role reaches far beyond basic nutrition. When we talk about wellness, optimal performance and supporting the body's natural ability to repair and regulate itself, arginine becomes a key player worth understanding. It is not just something athletes use for workouts. It is a compound that influences circulation, healing, hormone balance and even how energized we feel from day to day.

At its core, arginine helps the body produce nitric oxide. This is a natural signaling molecule that tells blood vessels to relax. When the vessels are able to widen and open more fully, circulation improves. Better blood flow can mean better oxygen delivery, improved nutrient transport and a more efficient cardiovascular system. Many people first hear about arginine because of this circulatory benefit, but its influence extends into many other areas of health.

Good circulation matters more than we realize. It affects how quickly our tissues heal after stress or injury and supports the body's natural inflammatory response. It also helps manage blood pressure in a gentle way by improving how flexible the vessels are. When the body has enough arginine to create nitric oxide, the heart and vascular system can often function with less strain. In a wellness setting this can support clients who are looking for improved energy or better physical performance or who simply want to feel more balanced.

Arginine also plays a direct role in protein synthesis. The body needs it to build muscle tissue and to repair damaged cells. This makes it valuable for people who are active or who are working to recover from illness or stress. It becomes part of the natural rebuilding process that happens daily within muscles, skin and organs. In addition, arginine supports the release of certain hormones that influence strength, metabolism and immunity. Because of this it is often used as a supportive nutrient in wellness programs that focus on recovery, performance or general vitality.

Another overlooked aspect of arginine is its relationship with the immune system. It helps create compounds that support white blood cell activity and overall immune resilience. For clients who want to stay well while navigating demanding schedules or stressful periods, this can be a meaningful benefit. When the immune system is better supported, the body can respond more quickly to challenges and maintain balance more easily.

Arginine is widely available in foods such as nuts, seeds, poultry, fish and dairy. Some people choose to supplement it or receive it as part of wellness therapies for more focused benefits. While it is generally well tolerated, it is always important for individuals to discuss it with a professional if they have medical conditions or take prescription medications, especially those involving the cardiovascular system.

Overall, arginine is a quiet powerhouse. It supports circulation, healing, energy and immune function in ways that help the body work more naturally and efficiently. In a world where everything moves quickly, nutrients like arginine remind us that sometimes wellness begins with understanding how the smallest molecules can create the biggest impact.

dy has enough arginine to create nitric oxide, the heart and vascular system can often function with less strain. In a wellness setting this can support clients who are looking for improved energy or better physical performance or who simply want to feel more balanced.

Arginine also plays a direct role in protein synthesis. The body needs it to build muscle tissue and to repair damaged cells.

This makes it valuable for people who are active or who are working to recover from illness or stress. It becomes part of the natural rebuilding process that happens daily within muscles, skin and organs. In addition, arginine supports the release of certain hormones that influence strength, metabolism and immunity. Because of this it is often used as a supportive nutrient in wellness programs that focus on recovery, performance or general vitality.

Another overlooked aspect of arginine is its relationship with the immune system. It helps create compounds that support white blood cell activity and overall immune resilience. For clients who want to stay well while navigating demanding schedules or stressful periods, this can be a meaningful benefit. When the immune system is better supported, the body can respond more quickly to challenges and maintain balance more easily.

Arginine is widely available in foods such as nuts, seeds, poultry, fish and dairy.



**Gabriela Camacho**

## PUBLIC AUCTION

**Tuesday, November 25, 2025**

**Address:** 1501 W Main St. • Henryetta, OK 74437

**Directions:** In Henryetta, OK at the Jct of Hwy 75 & Main Street, take Main Street west 1.7 mi. Auction on Left. Auction is just on west side of Henryetta. Street Parking



**STARTS @ 9:37AM**

**For More Info & Pictures**  
**www.chuppsauction.com**

**SAWMILL EQUIPMENT, SEMI TRUCKS, HEAVY DUTY TRAILER, GRAPPLE TRUCK, CARS for PARTS, LOG SKIDDERS, PULLEYS, EDGER SAW, SAW BLADES, ROLLERS, MANDRELS, IRON BEAMS, AIR COMPRESSORS, 3-PHASE MOTORS, ELEC BOXES, WIRE CATTLE PANELS, OVERHEAD FUEL TANKS, BANDING MACHINE, TRASH PUMPS and MORE!!**

**RUNNING  
1 RING  
All Day!**

**\*\* AUCTION STARTS @ 9:37 AM \*\* LIVE ONSITE & ONLINE BIDDING on Lots 1 - 55 START @ 10:31 AM \*\***

**Auctioneer's Note:** Whitlock's Saw Mill has been in business 75+ years and is now closed. They are selling all their inventory. Please visit our website for pictures and any updates at [www.chuppsauction.com](http://www.chuppsauction.com) or follow us on Facebook.

**TERMS: Cash – Credit Cards – Check with Proper ID – OK Sales Tax Applies unless exemption is shown. NOT RESPONSIBLE FOR ACCIDENTS. ANY ANNOUNCEMENTS DAY OF SALE SUPERSEDES PREVIOUS ADVERTISING.**

## CHUPPS AUCTION & REAL ESTATE

**Stan Chupp**  
**(918) 638-1157**

**Dale Chupp, Realtor**  
**Coldwell Banker Select**  
**(918) 630-0495**

**Jonathan Miller**  
**(918) 237-7582**





# 2025 Sulphur Springs

Go  
Cats!



Wildcats are home  
team! Wear your blue!

Area

## WILDCAT PLAY-OFF!

Wildcats VS Alvarado

Area Round Friday, November 21

Children's Health Stadium, Prosper ISD 7:30 p.m.

**WEST OAKS  
FUNERAL  
HOME**

500 S. Hillcrest  
Sul. Spgs.  
903-885-0787



**GO CATS!**

www.bankatcnb.bank  
Member FDIC



**Jordan's Place Pediatrics**

984 N. Texas,  
Emory, Tx.  
903-494-0947

Sherri Barclay, MD  
Board Certified Pediatrics

Birth to 18 Yrs.

1317 N. Hillcrest  
Sulphur Springs, Tx.  
903-438-1110



**Uptown Cuts**

Walk-ins Welcome!

No Appointment needed!

1402 Mockingbird Lane, Suite 5 903-885-7300



**Toby Boatman  
GARAGE DOORS**

Sales • Service • Installation • Doors

903-348-6170 • Electric Door Openers 903-438-1970

**FRIDAY NIGHT FOOTBALL!**

Support your favorite teams!

**Hooten's  
Hardware**

Home ~ Farm ~ Ranch

1139 W. Lennon Dr.  
Emory, Texas 903-473-8788

Go  
Cats!

**Pizza Inn.**



1320 Mockingbird Lane  
Sulphur Springs 903-885-1549

**KGT KISER'S  
GLASS TECHNOLOGY, INC. KGT**

Go Auto glass repair and replacement.  
Cats! 605 Main St. 903-885-9845

**WYATT'S  
TOWING  
& Recovery Inc.**

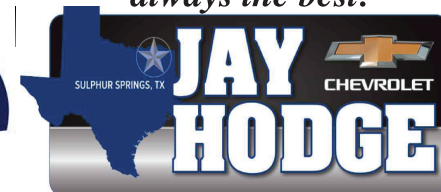
Daniel Hammer  
903-335-1897



Concrete & landscaping

Aldo Ibarra  
430-357-2572

Your drive to the game in a Chevy is  
always the best!



478 Wildcat Way Sul. Spgs.  
903-558-0100

## We back the Sulphur Springs Wildcats!

2nd Place in District 7-4A/D1



The

**Millennium Shopper**

Joy Wilson  
Owner



115 Jefferson St.

and

Sul. Spgs. Tx.

**FLIPPIN**  
printing