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**VOL. 27 ISSUE 1340, March 11, 2026**

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# TEXAS TOFFEE

## Tumbleweed Smith

TEXAS TOFFEE is a candy store in Plano.

"The root of toffee is butter, sugar and nuts," says owner Koree Webb. "So, I have three different kettles, which is quite an upgrade from the way we used to do it by hand. The kettles really help us cook and we have people come in just to see the process. We have to watch the temperature very close because toffee and any candy can burn quite easily if you're not careful."

Koree and her family run the business.

"My parents used to own a software company and during the holidays my mother would always make toffee to give to clients. This was back in the early nineties and with all the increases in technology they decided to sell the business. However, those clients used to call and ask for toffee. So about eighteen years ago we as a family were coming back from a trip to Galveston and on the way home we decided to give this a try. We started in my mom's kitchen, then rented commercial kitchen space then built our own place. The factory and store are in one building." Texas Toffee has been at the State Fair of Texas seventeen years and is shipped all over the world, even to India, China and Australia.

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"It started in my great grandmother's kitchen and has worked its way down to succeeding generations."

Koree taught school eighteen years and her husband was an actor with regional theaters before going into the toffee business.

"So, he left his acting career and I left my teaching career and now we're here building a new career together."

It is a big business.

"On any given day we yield about one hundred fifty to two hundred pounds of toffee. We have five full time employees but around Christmas we have eighteen people taking care of customers. Everybody has a good time and we all love coming to work. We make toffee five days a week, sometimes six. We take orders here, package everything here and ship it out. So, we're kind of a one stop shop here. We have people come in and pick up some toffee just like you would pick up a candy bar in a grocery store."



Tumbleweed Smith

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I E N O E R D B O C E V H O O O O A B U C  
D N N O E N U E O P I T G E A C Y N R I A  
E T E R R C E C P L O A S B A O O E Z L P  
R R R T G A O I Y E N R O N V B N B I I M  
M U S P T O A E L S N D T C E N Y T O B I  
A N C I N O H R R A Y D I E U K E S S R P  
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C I I S L D N A N T S R E N M S E A N U E  
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N G A A O M T R T R A E N C I E M H S F S  
T E L T S C A N K L E A M L N R D H E Y R  
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R R R T G A O I Y E N R O N V B N B I M  
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O N R R Y S A A L A H D E I C N T A R M D  
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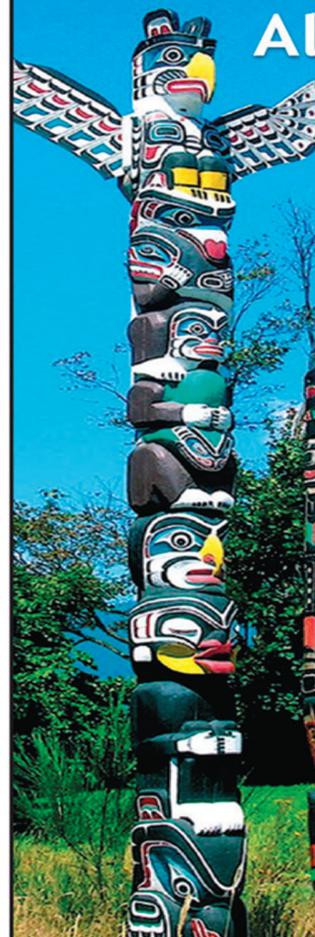
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### **Johnny Leon Bradberry** December 13, 1946 - March 3, 2026 (age 79)

Johnny Leon Bradberry, age 79, died March 3, 2026, at Wesley Oaks Memory Care, Sulphur Springs, Texas.

John was born December 13, 1946, in Sulphur Springs, Texas, to Johnny Bailey and Bettie Lou McCauley Bradberry. He was the youngest of two children and is survived by his sister, Alta Lou Cordell of Enchanted Oaks, Texas. He graduated from Sulphur Springs High School and received a Bachelor of Science degree from East Texas State University, Commerce, Texas, in Business Administration and Industrial Education.

John's military service in the U.S. Naval Air Reserve was cut short due to hearing loss. He tried several jobs in early years before settling into a long and devoted career with Grocery Supply in Sulphur Springs. He made lifelong friends there and retired in 2022 after 50 years of service.

The greatest joy for John from an early age was flying. He took his first plane ride in the second grade in a two-place, tandem-seat taildragger. He co-owned his first aircraft at the age of 17. His favorite aircraft were his Luscombe T-8F Observer, a Piper PA-12 Pacer, and his beloved Aeronca 7AC Champion. He was profoundly interested in the Sulphur Springs Municipal Airport from an early age. He was involved in projects, publicity, and aviation events and was an active member of EAA Chapter 1094. The airport beacon held a special fascination for John. At five years old, he would beg his father to take him to the airport so he could see it up close. In later years, he was involved with its maintenance, restoration, and recognition. John kept notebooks of beautifully preserved history of the airport. These have been donated to the airport at his passing.

Local history was also of interest to him. He kept records of events and changes and was knowledgeable about his town. He sent emails to many friends alerting them to events in Sulphur Springs and surrounds and encouraged participation. He was a member of the Hopkins County Genealogical Society for many years. He rarely missed a history walk given by John Sellers. He enjoyed exploring cemeteries and attended many cemetery tours. His research on his own family has provided a wealth of information on their ancestry. John was a member of the First Methodist Church of Sulphur Springs. He was a quiet, honest, thoughtful, and humble man with an adventurous streak and a dry sense of humor.

John is survived by Cynthia Loftis who he met on New Year's Eve 1998 at the home of their dear friend, B.F. Hicks. She was his love and companion until his death. He is also survived by his nieces: Debbie French and family, Mabank, Texas; Pam Foster and husband, Steve and family, Mabank, Texas; and nephew, Michael Cordell, Dallas, Texas. He is survived by cousin, Fred McCauley, wife Roberta and family, Cynthia's family and many other relatives and friends.

Heartfelt appreciation goes to many who gave love and support during John's battle with Alzheimer's: Cynthia's sisters, Debby Helton and husband, Wayne and Kathy Riley and husband, Jay; Fred McCauley and wife, Roberta; B.F. Hicks; Pat Wright; Latisha Campbell; Ray and Linda Johnson; Tammi Reardon and the AD Support Group at First United Methodist Church, Sulphur Springs; Chapter AB PEO Sisterhood; Visiting Angels; Wesley Oaks Memory Care; Choice Hospice; Dr. Sunil Thummala and staff; and Dr. James Gulde and staff.

John's memorial marker will be placed in the Bradberry Family plot in the Sulphur Springs City Cemetery. A Celebration of Life will be planned at a later date.



### **Judy Carol Garrett** November 13, 1944 ~ March 5, 2026 (age 81)

A funeral services for Judy Carol Garrett, age 81, of Brashear, TX, was conducted at 2:00 p.m., Sunday, March 8, 2026, at South Liberty Baptist Church with Bro. Robert Burns officiating and Halsten Potts and Tim Potts assisting. Visitation was held 1 hour prior to the service at the church. Interment followed at Greenview Cemetery with Ray Sparks, Barry Smith, Halsten Potts, Marcus Ford, Ricky Ted Williams and Ronnie Miller serving as pallbearers. Honorary pallbearers were Mike Couch, Jim Potts, Gary Williams, Wayne Allison, David Rawson and Norman Colyer. Judy passed away on Thursday, March 5, 2026, at Hunt County Regional Hospital in Greenville. Judy was born on November 13, 1944, in Paris, TX, the daughter of William Morris Wilson and Loraine Nabors Wilson. She married Dannie Garrett on August 7, 1964, in Winnsboro, TX. He preceded her in death. Judy worked for Raytheon as a Supervisor for many years. Judy is survived by her children, Dewayne Garrett and wife Georgia, daughter, Tammie Winstead and husband David Paul, grandchildren, Reese Garrett (Sara), Tasha Garrett Comeaux (Cameron), Jason Garrett and David Wayne

Winstead (Hannah) and 6 great-grandchildren.



### **Elizabeth Wilburn** November 25, 1947 — March 4, 2026

Elizabeth Ann Wilburn, 78, passed away peacefully on March 4, 2026, surrounded by her loving family at her lifelong residence. Funeral services are scheduled for 2:00 p.m. on Sunday, March 8, 2026, at Murray-Orwosky Funeral Chapel with C.J. Duffy and Zack Ross officiating. Visitation is scheduled for Saturday, March 7, 2026, from 6:00 to 8:00 p.m. at Murray-Orwosky Funeral Home. Interment will follow at Old Saltillo Cemetery. Pallbearers are Adam Wilburn, Raymond Wilburn, Chris Wilburn, Stetson Mullins, Gordon Frazier, and Billy Phillips. Honorary pallbearer is Bobby Carey.

Elizabeth was born on November 25, 1947, in Sulphur Springs to the late T.C. Phillips and Etta Mae (Price) Willey. On June 16, 1967, she married the love of her life, Steve Wilburn. Together, they built a life centered on family, faith, and devotion to one another. Their marriage spanned more than five decades until Steve preceded her in death on December 13, 2022.

After her children were grown, Elizabeth worked for several years at Winn-Dixie and later managed an antique store in downtown Sulphur Springs. She was a faithful member of Immanuel Baptist Church and enjoyed participating in activities at the Senior Citizens Center for many years.

# Peptides: The Next Frontier in Wellness and Regenerative Health



**Gabriela Camacho**

In the rapidly evolving world of wellness and preventative medicine, peptides are gaining attention as powerful tools for supporting the body's natural healing and optimization processes. Often described as the "messengers" of the body, peptides are short chains of amino acids that signal cells to perform specific biological functions. Because they naturally occur in the body, peptide therapies are increasingly being explored in regenerative medicine, longevity science, and integrative wellness. What Are Peptides?

Peptides are essentially small proteins made from amino acids—the same building blocks that form larger proteins in the body. Their role is to communicate with cells and instruct them to carry out particular tasks, such as producing hormones, repairing tissue, reducing inflammation, or regulating metabolism.

As we age, the body's natural production of certain peptides decreases. This decline can contribute to slower healing, reduced energy, metabolic changes, and visible signs of aging. Peptide therapy aims to restore or optimize these signaling pathways, helping the body function more efficiently.

## Benefits of Peptides in Wellness

One of the most exciting aspects of peptide therapy is its versatility. Different peptides target different biological systems, which allows treatments to be tailored to specific wellness goals.

### 1. Cellular Repair and Recovery

Certain peptides are known for their regenerative properties. They can support tissue repair, muscle recovery, and healing from injuries. This makes them appealing not only for athletes but also for individuals dealing with chronic inflammation or slow recovery.

### 2. Metabolic Health and Energy

Some peptides support mitochondrial function and metabolic efficiency, helping the body produce energy at the cellular level. Improved metabolism can contribute to better weight management, improved stamina, and overall vitality.

### 3. Immune System Support

Peptides can also play a role in immune modulation. By helping regulate immune responses, certain peptides may support the body's ability to defend against illness while reducing excessive inflammation that contributes to chronic disease.

### 4. Anti-Aging and Longevity

Many wellness clinics utilize peptides for their potential anti-aging benefits. By stimulating collagen production, improving cellular repair, and supporting hormone signaling, peptides may help improve skin health, cognitive clarity, and overall resilience as the body ages.

### 5. Brain and Mood Support

Some peptides influence neurochemical pathways that affect mood, focus, and cognitive function. These peptides are being explored for their potential role in supporting stress resilience, mental clarity, and neurological health.

## A Personalized Approach to Wellness

One of the key advantages of peptide therapy is personalization. Because different peptides perform different roles, protocols can be customized based on an individual's health goals, lifestyle, and underlying conditions. Many integrative wellness practices combine peptides with other therapies such as IV nutrient therapy, lifestyle optimization, hormone balance, and regenerative treatments.

When used appropriately under medical guidance, peptide therapy may become a valuable component of a comprehensive wellness strategy designed to support the body rather than simply mask symptoms.

## The Future of Regenerative Medicine

Research into peptides continues to expand, and many experts believe they represent a major advancement in preventative and regenerative healthcare. By working with the body's natural biological signals, peptides offer a promising approach to improving vitality, recovery, and overall well-being.

As wellness medicine continues to evolve, peptide therapies may play an increasingly important role in helping individuals maintain optimal health, improve performance, and support longevity in a natural and targeted way.





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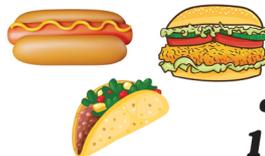
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