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April 28, 2016 • FREE

Drug Take-Back Day is Sat., April 30

On Saturday, April 30, from 10 a.m. to 2 p.m., law enforcement agencies across the state, including the Androscoggin County Sheriff's Office and the police departments of Auburn, Lewiston, Lisbon, Livermore Falls, Mechanic Falls and Sabattus, will once again give the public an opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous, expired, unused, and unwanted prescription drugs.

Now administered by the Maine Sheriff's Association, in partnership with the United States Drug Enforcement Administration and Healthy Androscoggin, the Drug Take Back Program is a national initiative formed in 2015 to give citizens an opportunity to safely dispose of their unused medications anonymously and free of charge.

This initiative addresses a vital public safety and health issue, because medicines that languish in home cabinets are highly

susceptible to diversion, misuse, and abuse, and the disposal of unused medicines by flushing them down the toilet or throwing them in the trash, where they can ultimately seep into ground water supplies, has been recognized as a potential safety and health hazard.

The drop-off locations in Androscoggin County are Bedard Pharmacy, 359 Minot Avenue in Auburn; Farwell Elementary School, 100 See Take-Bake, page 3

Lobster Roll Luncheon



Making preparations for the 38th annual event are (l. tor.) Gil Ross, Lahja Dibello, Lindsay Bates, Richard Gross, Pat Gardiner and Carl Steidel.

In a sure sign of spring, Calvary United Methodist Church at 59 Sabattus Street in Lewiston will host their 38th annual Lobster Roll Luncheon on Friday, May 6, from 6:30 a.m. to

A major fund raiser for the church, this community event is a fun and delicious way to connect with

old friends and make new ones. Volunteers are welcome to help in the days leading up to and including

For more information, call Barbara at 784-7771.

Knights of Columbus present essay awards



Pictured here (l. tor.) are Matthew Gastonguay, Jerry Poulin, Nick Bowen, Bob Dumond, Paige Enrico and Caroline Castagna.

To mark the first day of Lent, Saint Dominic a presentation from the Academy's Ash Wednes- Knights of Columbus. Bob

day Mass concluded with

Dumond, the Grand Knight of the Holy Family Council,

Jerry DeWitt and Norm Cote at Veterans Memorial Park

Dr. Robert McVety, DMD

Story and photo by Rachel Morin

Jerry DeWitt, Chair of L/A Veterans Council, and Norm Cote, Vice-Chair, visited the Veterans Memorial Park on a cold, rainy April morning to review plans for a huge ceremony this Memorial weekend honoring and remembering the veterans who served in the U.S. Military. DeWitt and Cote have been working on these plans for a year and everything is now in place for the unveiling of the



Jerry DeWitt (l.) and Norm Cote at Veterans Memorial Park 28th monument with the ans who served in the U.S.

engraved names of veter-

Major General Susan Y. Desjardins, USAF (Ret.) a two-star general, will unveil the 28th monument on Saturday, May 28, at 10 a.m. She will also speak at the unveiling. The monument will include her name as well as members of her family, totaling five family members: her father, Albert Desjardins, US Marine Corps; her mother Ann Desjardins, US Air Force; her brother, Thomas Desjardins, US Navy and her sister, Cheryl Desjardins, US Army.

The L/A Veterans Council and the Twin Cities of Lewiston and Auburn are pleased and proud to have Major General Desjardins as their honored guest as this is a first time event for the See Veterans, page 2



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Newsmakers, Names & Faces

New board members at AHCH



Pictured here (l. to r.) are Elizabeth Keene, Chip Morrison and Jacqueline Fournier

Auburn Citizen of the Year

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5:00 pm to 8:00 pm

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We keep the recipient's name under wraps

until the night of the event.

If you'd like to know who the

2016 Auburn Citizen of the Year will be,

please email: auburnmaineba@gmail.com

Androscoggin Home Care & Hospice has announced that three new members have joined its Board of Directors. They are Jacqueline Fournier, NP of Mt. Vernon (Central Maine Medical Center), Elizabeth Keene of Farmingdale (St. Mary's Regional Medical Center), and Chip Morrison of Auburn (Androscoggin Bank).

Other members of the board include Chip Liversidge of Rangeley (Chair), Miles Hunt of North Yarmouth (Vice-Chair), Christopher Gagnon of Windham (Secretary), Alex Roy of Harrison (Treasurer), Jeffrey Gosselin of Lewiston (Member at Large), Christine Bosse of Sabattus, Sharon Cullenberg of Farmington, Jeffrey Lacroix of Auburn, Peter Mauro, Jr. of Auburn, Cyndi Robbins of Poland, Sharron Sieleman, RN, of Auburn, and Prof. Blake Whitaker of Turner.

"Androscoggin Home Care & Hospice is governed by a volunteer Board of Directors with close ties to the communities we serve," said Julie Shackley, President/ CEO. "Their expertise and commitment has brought exceptional leadership to the agency. We are pleased to see this tradition continue with the most recent appointments to our board.

2016 marks Androscoggin Home Care & Hospice's 50th anniversary. Over the past 50 years, AHCH has grown to become one of Maine's most respected home health and hospice care agencies. To learn more about AHCH and how you can help, call 795-9407 or see www.ahch.org.

Local students support Humane Society



Ava Biedrzycki

Three local students recently presented the Greater Androscoggin Humane Society with donations they asked for to help support the animals at the shelter this year in place of birthday gifts.

Ava Biedrzycki, a second grade home schooled student, presented donations from her eighth birthday party; Anie Graham, a sixth grade student at Geiger School in Lewiston, presented donations from her twelfth birthday party; and Trevor Pineau, a sixth grade student at Montello School in Lewiston, presented donations from his twelfth birthday party. Among the items they contributed were pet food, treats, blankets and cleaning supplies. These items will help with the care of the thousands of unwanted animals the Humane Society helps each year.

Located at 55 Strawberry Avenue in Lewiston, the Greater Androscoggin Humane Society provides a safe haven for more than 4,400 sick, homeless and abused animals in the greater Androscoggin area each year. The primary support for the shelter comes



Anie Graham



Trevor Pineau

from fundraising events and donations of concerned citizens. To learn more about volunteering at the shelter or adopting an animal, call 783-2311 or see www.SavingPetsInMaine.org.

Walmart funds purchase of new Meals on Wheels truck



SeniorsPlus Executive Director Betsy Sawyer-Manter and Auburn Walmart Co-Manager Nicholas Ziebart, with the new Meals on Wheels delivery truck SeniorsPlus purchased with grant funding provided by the Walmart Foundation.

SeniorsPlus has purchased a new delivery truck for its Meals on Wheels program after receiving grant funding from the Walmart Foundation. The \$43,260 grant to purchase the truck was awarded through Walmart's State Giving Program, which supports organizations that have a long-lasting, positive impact on their

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communities across the U.S. Additional funding was also provided by the Libra Foundation.

The new Ford Hotshot 70/30 food truck is equipped with hot and cold storage to accommodate up to 250 hot meals and 250 cold meal bags. The meals are transported daily from the SeniorsPlus Meals on Wheels kitchen in Lewiston to the SeniorsPlus Meals on Wheels distribution center in Livermore. Driven by staff members, who are assisted with loading, unloading and delivering meals by community volunteers, the truck accrues a minimum of 250 miles and occasionally as many at 500 miles each week.

"We are so thankful

independent and healthy."

"We are very happy to support SeniorsPlus in their mission to provide meals for seniors," said Chris Buchanan, Director of Public Affairs & State and Local Government Relations at Walmart. "Many seniors don't know where their next meal will come from, and programs like Meals on Wheels are on the front lines in providing nutritious meals and advocacy for a group that is often overlooked. We are proud to provide this worthy group with our support."

SeniorsPlus relies on

for the donation that the Walmart Foundation made to ensure the purchase of a new, very much needed Meals on Wheels delivery truck," said Betsy Sawyer-Manter, Executive Director of SeniorsPlus. "Our old one is on its last legs, and we knew we had to raise funds to replace it. It is because of partners like Walmart that we are able to continue with our mission to keep older adults fed,

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more than 500 volunteers to deliver almost 90,000 meals annually to nearly 600 homebound older adults and adults with disabilities. The meal-delivery people are trained to provide a quick-safety check on the client's well-being, and this friendly visit keeps the client connected with the outside world.

To be considered for support by the Walmart Foundation's State Giving Program, perspective grantee organizations must submit applications through the online grant application. Applicants must have a current 501(c) (3) tax-exempt status to meet the program's minimum eligibility criteria. Additional information about the program's funding guidelines and application process is available at www.walmartfoundation. org/stategiving.

Veterans

Continued from page 1

park, having a two-star general perform the unveiling ceremony and addressing the dignitaries, families and public as well.

Plans are underway for a huge parade with combined marching bands of Lewiston High School, Edward Little High School and Leavitt Institute. The Kora Temple Highlanders will also be among the participants in the parade. More details will follow.

Governor's Address: Negative headlines don't tell the real story

The Maine people know the press attacks me every chance they get, but I have always said I did not become Governor to please the media.

Dear Maine Tax-

Unfortunately, sensational headlines in newspapers get more attention than any issue that has real substance.

Our Administration has brought fiscal responsibility to state government, cut taxes, reformed welfare, reduced red tape and taken major steps to address Maine's heroin problem. But you will not read much about these efforts.

For example, I recently signed a bill that for the first time in Maine's history adds 200 beds to provide treatment for those addicted to drugs. The bill authorizes expansion and improvements to the Maine Correctional Center in South Windham. In addition to the treatment beds, we created for the first time forensic mental health beds and the first medical beds specifically for female offenders. It also creates for the first time a geriatric wing to care for older offenders. These are all first-of-theirkind treatment beds—none existed in Maine before my administration created this



Governor Paul R. LePage

bill. But you will not see that in any headline.

I even managed to cut \$30 million from the cost of the project by reducing the footprint of the new facility and renovating existing structures, instead of constructing more new buildings. This was a fiscally responsible, business-like approach to get the best bang for our buck, provide much-needed treatment beds and save money for the taxpayers. You won't see that in any headlines, either.

Liberal legislators took a year-and-a-half to authorize less than half the drug agents we need to take dealers off the streets. Then they criticized my administration for not providing treatment to addicts. You saw those headlines every day for months.

While these politi-

cians were stalling and pandering to the press, we were working on a real solution to provide treatment for addicts, women and offenders from all over the state.

I recently signed another drug-related bill from our administration that creates one of the strictest Prescription Monitoring Programs in the country to prevent people from getting addicted to opiates, which often leads to heroin addiction.

The deadly heroin problem claims over 250 lives a year and results in more than 1,000 babies a year being born addicted to or affected by drugs.

I have no problem speaking loudly and publicly about the drug crisis in Maine. Despite the negative media reports every day, my administration and I will keep working for the people of our great state.

However, I will ask the people of Maine to learn the facts. As President Ronald Reagan said, "Trust, but verify." You know you cannot believe what you see in the media. But if you start reading between the lines, you will often see there is more to the story.

> Thank You, Paul R. LePage Governor

New hospice volunteers at AHCH



Graduates of the March Hospice Volunteer Training Class at Androscoggin Home Care and Hospice were (l. tor.) Anne Morin of Auburn, Doris Bourque and KathyArchibald of Lewiston, Phyllis Meunier of Washington and Joanne Painter of Casco. For information about the next volunteer training opportunities at AHCH, call 795-9407 or see www.ahch.org.

Kof C Continued from page 1

along with Jerry Poulin, Worthy Secretary, presented awards to students who participated in an essay contest about Catholic Faith. For this year's theme of "The Importance of Civil Liberties," students were invited to write an essay on their experience with religious freedom and why it is important to them.

Of the fifteen students selected and awarded monetary prizes of \$50 or \$25. The top winners for the

eighth grade were Nick Bowen (first place), Paige Enrico (second place) and Matthew Castagna (third place). First place winner for the tenth grade was Caroline Gastonguay. All four winners had their essays qualify for the district level competition. If their essays continue to be selected, they'll have a chance to compete at the international level.

The Knights of Columbus are a fraterwho participated, four were nal Catholic benefit society that renders financial aid to members and their families.

SeniorsPlus honors Jones with Ikaria Award



At its Fill the Plate Breakfast recently, SeniorsPlus honored retiring staffer Connie Jones with its 2016 Ikaria Award for her singular and outstanding contributions toward improving the lives of older adults. Since joining SeniorsPlus in 2007, Jones launched the agency's Education Center, introduced the annual Aging Well Living-Well Expo, moved the agency's Nutrition Program to a bigger, more efficient facility in Lewiston, and added a wide variety of new programming.

Take-Back

the Mechanic Falls Police Department, 108 Lewiston Street in Mechanic Falls; the Poland Town Office complex lot, 1231 Maine Street in Poland; the Sabattus Police Department, 190 Middle Road in Sabattus; and the Turner Fire & Rescue Station, 19

Continued from page 1

Farwell Street in Lewiston; the Lisbon Police Department, 300 Lisbon Street in Lisbon; the Livermore Falls Police Department, 2 Main Street in Livermore Falls;

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Those unable to make the April 30 event may drop off their unused medications at several drop sites available year-round that are also free and anonymous. These sites are located at the Auburn, Lisbon, Livermore Falls, Mechanic Falls and Sabattus Police Departments, the Turner Fire & Rescue Station, the Poland Town Office, and Greene Village Pharmacy, located at 19B Patten Road in Greene.

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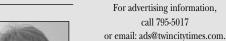


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Only Steps Forward

We must focus on the rail line most likely to be used

By Jonathan P. LaBonté MAYOR OF AUBURN

While the start of the budget season puts a lot of pressure on the near-term task of passing a responsible budget, it is important the City of Auburn and its elected officials continue to keep an eye on long-term opportunities for economic growth and how to get there. The foundation of that, in my opinion, is transportation.

Transportation can include everything from

sidewalks and bike paths to bus and rail and highways and even to broadband. The ability to move people and goods and ideas/information both to and from your community is what sets apart successful cities. Given that last week and this week included several meetings relating to transportation, I wanted to offer a few thoughts about where we are and where we might go.

At the annual meeting of the Lewiston Auburn



Mayor Jonathan P. LaBonté Railroad Corporation, Bob Stone, who also serves as Auburn City Councilor

for Ward 2, joined me in being confirmed as trustees representing the shares of the City of Auburn. Dick Trafton also serves for Auburn and is president. Long story short, about 140 years ago, the cities saw an opportunity to jointly invest in constructing a railroad to lease to a private company to encourage competition and drive business growth.

The railroad company isn't the same as it was back then, when the shareholders

and each city was sent a dividends check for the earnings from the track lease. Today, the LA Railroad keeps the lease revenue in its own accounts to spend on new projects, consultants and staffing

Over the last decade, the LA Railroad has also acquired a number of properties along Lincoln Street from a previous effort to bypass PanAm for freight leaving the state. The grant funds from the state tied to that acquisition now leave the property free and clear to sell, redevelop, lease or do any number of things with.

To seek possible solutions to "What's the future?," a land subcommittee has been appointed by the board to investigate options for each parcel, review previous and current city plans and determine what strategic interest there may be for the long term.

This week the cities will meet with the Northern New England Passenger Rail Authority about a service plan to bring passenger rail back to Auburn and Lewiston. Since the Downeaster service was first launched, there have been repeated promises for passenger services to be offered in the L-A region. It's not worth the column space or time to get into the many reasons, but let's just say it's not just Augusta's fault.

Going forward, we must become much more focused about what we want and how we get there. Keeping every option on the table, like we have always done, just won't do it.

There are three

simply met once a year rail lines that come into Lewiston-Auburn, and we must focus on the line most likely to be used. This is an area of shared interests between both city governments and the community. We must not let alphabet soup agencies cloud our path forward.

> It appears both cities are set on passenger services coming downtown. The most feasible will be with the PanAm line from Portland. That means the rail line heading to the airport needs to be set aside and the taxpayer-subsidized Auburn-Lewiston Airport and AVCOG must not be working against the cities interest of getting to downtown. It's a distraction that has hurt us in the past.

> The rail line heading to Brunswick, part stateowned and part PanAmowned, should become the focus of a signature rail-totrail part of the East Coast Greenway. Do you think Lewiston's new riverside trail is great? Wait until you can bike 13 miles to Lisbon Falls village and continue on to Brunswick.

> Freight may come back in the future, but let's defer that to PanAm rather than trying to undercut them, as some did before. Instead of waiting 50 years to see if freight comes back, let's use the next 50 years for recreation and tourism.

A focus on growing passenger services downtown. Re-aligning an old rail line for recreation and tourism. Streamlining the direction of the alphabet soup agencies to just get it done. Those are very specific shared interests for Auburn and Lewiston, and I'm confident we can get there.



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Auburn Citizen of the Year Banquet

In a tradition dating back to 1974, the Auburn Citizen of the Year at its annual Citizen of the Year Banquet on Thursday, May 5 from 5 to 8 p.m. at Martindale Country Club in Auburn.

The purpose of the award is to recognize a person who lives or works in Auburn who has enriched the community by making

a local, state or national impact. This may have been Business Association will accomplished through a name its 2016 Auburn lifetime of service or by a single deed, the benefit of which will continue to be felt and recognized years later. The 2015 Citizen of the Year was Greg Whitney.

The cost to attend the banquet is \$40 per person, which includes dinner, the program and entertainment. To register online, see www.auburnba.com.

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Enough is Enough

We need civility and respect back in our schools

By Robert E. Macdonald MAYOR OF LEWISTON

Last week while having breakfast with my wife at a local restaurant, our waitress informed us that she had pulled her daughter from one of Lewiston's primary schools and enrolled her at St. Dominic's.

She explained her daughter had become very upset because she was being harassed by three male students. But this is what caught my attention: she informed us that since the beginning of the school year, this third-grade class had gone through four teachers (two regular and two substitutes), and at the start of the current quarter a fifth teacher had been hired to take over the class.

Our local school system is putting a tremendous financial burden on Lewiston property taxpayers. While we all pay state and federal taxes, those who own property are burdened with an additional tax that goes directly into city coffers to pay for city services. Senior citizens living on a fixed income are finding that what they saved, hoping to allow them to live comfortably in retirement, is being eaten up faster than a swarm of locusts destroying a field

Middle-aged families are finding that what once were good-paying jobs,



Mayor Bob Macdonald

allowing them to live comfortable lives, suddenly no longer provide the income to maintain their current lifestyle. And for those young families just starting out-good luck.

Now at this point as Lewiston's mayor, I could point the finger of blame at the school committee, the school superintendent, the principals and our teachers. This is the easy and politically correct way to pass the buck. No blowback.

But this does not serve to solve the problem; it only perpetuates it. The source of these problems is the years of inaction by the Maine State Legislature and the Maine Education Association (MEA).

They have ignored the conditions of our schools because they are either afraid to upset some progressive group, afraid to be negatively labeled

or they go along to get along in order to retain their legislative seat, or it's a combination of all three.

In Lewiston, Superintendent Bill Webster has done an outstanding job at keeping our school budget from exploding to heights that would bring angst and real catastrophic fiscal distress to many of our retired and middle-income property taxpayers. Thinking out of the box, he has developed and put programs in place that have reduced the continual fiscal burden placed on our property taxpayers by progressive federal and state bureaucrats with the help of our elected officials.

Over the past few

weeks, 104 Auburn teachers bravely stood up and informed the public of what is really happening in our schools. On a daily basis, the local news reports on and YouTube broadcast videos of classroom assaults on teachers and students. This is not isolated behavior; it's the new normal. Yet what is being done to stop it? At this point, apparently nothing.

It's time for our elected officials to address how we bring civility and respect back into our schools. Fear and chaos do not create an atmosphere conducive to allowing our teachers to teach and our students to

Chamber launches Adult Scholarship Program; applications due by May 6

The Lewiston-Auburn Metropolitan Chamber of Commerce has established an Adult Scholarship Program to recognize and support employees of Chamber member organizations who are working to advance their education at the college level.

Four scholarships of \$1000 each will be awarded annually. The scholarships will be awarded directly to each recipient. One award will be made per individual, although the award may be divided to apply to two semesters of college work.

To be eligible, applicants must be employed 20 or more hours by a member organization of the Lewiston-Auburn Metropolitan Chamber of Commerce; begin course(s) within 6 months of receiving the award; be matriculated in college-level coursework applicable toward an Associates, Bachelor's or Master's degree; have a high school diploma or equivalent; and be at least 18 years old.

The completed application and employer verification form must be received by May 6. Recipients will be notified by mail or e-mail in early June. To receive an application, call the Chamber at 783-2249, email Jenny@ LAMetroChamber.com, or see www.LAMetroChamber.com.

ries since fifth grade and hopes her experience in Denmark will inspire future story ideas.

"Emma is absolutely an amazing person, one of several that we need to continue to acknowledge and develop here at St. Dom's," said Mr. Marty Bressler, Skelton's World Geography teacher. "She is an exceptional writer and is part of an amazing group of freshmen that will positively define the school over the next four years."

For more information on CISV, see http://www.

St. Dom's student off to Denmark for summer peace program

St. Dominic Academy ninth grader Emma Skelton will travel to Denmark for 22 days this summer as a delegate for a peace-oriented camp known as the Children's International Summer Villages program. CISV is a leadership organization that develops cross-cultural understanding in children, youth and adults around the world. It also promotes peace, friendship and understanding.

Each year, students from around the world come together for this retreat, where they work to understand the differences in cultures and discuss problems that exist between cultures. Thirty-six students, including Skelton, will spend over three weeks together building new relationships, crossing language and culture gaps and discussing global topics. Skelton attended a similar camp through CISV two years ago in France.

"I'm excited to go," said Skelton. "I look forward to meeting my peers around the world. It will be interesting, because they are going through the same things that I am, but in a different country. I don't know if we will be able to communicate because of the language differences, but I want to try and make a lot of memories and new friendships."



Emma Skelton

Last fall, Skelton was published in the 2015 Young Authors Camp's "Young Words" publication. She has been writing short sto-

cisvusa.org.



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CMCC offers "Clear Communication at Work"

The Corporate and Community Services Department of Central Maine Community College will offer "Clear Communication at Work" on three consecutive Wednesdays, May 11 through May 25, from 8:30 a.m. to 12:30 p.m. This three-part course will help workers, managers, HR professionals and others to communicate more effectively across departments and job titles. The goal of the program is to help participants learn how to create a sustainable sense of effective collaboration at work, even when the parties involved don't agree.

Participants will learn to identify the difference between needs and strategies, feelings and thoughts, and requests and demands; how to formulate an observation that does not include evaluation or judgment; how to convey requests that

are doable, measurable, and specific; and how to gather insights into what motivates the words and actions of people in the workplace. The cost of \$179 includes all materials. The registration deadline is May 4. For more information or to register, call 755-5280 or see www. cmcc.edu/ccs.

Send Calendar listings to Editor@TwinCity Times.com



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What's Going On

High St. Congregational presents Indoor Yard Sale



Mary K. and Monte W. survey treasures already donated for this year's event.

The Parish Guild of High Street Congregational Church will host their annual Indoor Yard Sale on Saturday, May 7, from 9 a.m. to 1:30 p.m. The church is located at 106 Pleasant Street in Auburn.

The event features a wide variety of items offered for sale by a large number of vendors. You never know what you may find, from rare books, to antiques, to collectibles. Are you stocking up for camp? Housewares are often available for pennies on the dollar. Need tools, craft supplies or sporting equipment? This would be a great place to look for items on your list. Everything is priced to sell, and since no one wants to shop on an empty stomach, coffee and concessions will be available.

For those who have items to sell, table rentals are \$20 each. For those who have items they no longer need, organizers will take donations of gently used items (no clothing, furniture or electronics) right up until the day of the sale. All proceeds from this popular event support the Guild's work on behalf of the church and greater community through youth camp scholarships and donations to local and foreign mission projects.

For more information on table rentals or to donate goods, contact the church office on Monday, Wednesday or Thursday from 9 a.m. to 4 p.m. at 784-1306 or email office@highstreet-ucc.org.

USM LA Senior



Students at USM Lewiston Auburn Senior College use their break time in the South Lobby Student Lounge to read up on an essay they will discuss in Marguerite Stapleton's Spirituality Class. Animated exchange of ideas always follows these essays! (Photo by Rachel Morin)

CMO offers foot and ankle health seminar

On Thursday, April 28, Central Maine Orthopaedics, a division of Spectrum Medical Group, will host a free community seminar focused on foot and ankle health. Michael C. Saraydarian, DPM, FAC-FAS, will lead the discussion with plenty of time allowed for questions and answers.

The event is for anyone suffering from conditions including corns, callouses, bunions, toenail pain or discoloration, athlete's foot, foot or ankle swelling or any pain experienced in the heel, toe, arch or ankle. No problem is too small; anything that restricts activities such as walking, running, dancing, exercising, gardening or working is worth a conversation. Those attending are encouraged to bring their questions and concerns to learn more about possible causes and potential treatment options.

Dr. Saraydarian is a board-certified podiatrist devoted to progressive and modern surgical techniques for foot, hind foot, and ankle deformities in adult and pediatric patients. He



Michael C. Saraydarian, DPM, FACFAS

specializes in the diabetic foot, ranging from monitoring, to reconstructive and preservative procedures, to resolve ulceration. He joined CMO in 2009. "I always had an interest in science, biology and medicine and considered it a noble profession to be a doctor and help people," he said. "I also like the hands-on component of orthopaedics, where I am working on what is, for the human body, mechanical structures."

Free and open to the public, the seminar will take place from 5 to 7 p.m. at Central Maine Orthopaedics at 690 Minot Avenue in Auburn. Light refreshments will be served. To register, call 344-2433 or email rsvp@cmogroup.org.

Job Fair set for May 2

Local job seekers will have an opportunity to meet face-to-face with more than 20 employers at a Job Fair scheduled for Monday, May 2 from 10 a.m. to noon at the CareerCenter at 5 Mollison Way in Lewiston. For more information, call the Lewiston CareerCenter at 753-9001 (TTY users call Maine Relay 711).

Employers planning to attend include: ACE Security, Androscoggin Savings Bank, Arcadia New England, Catholic Charities, Cigaret Shop-

per, Clover Health Care, Cozy Harbor Seafood, Inc., Employment Specialist of Maine, Express Employment Professionals, Geiger, Great Falls Marketing, Growing Opportunities, HMSHost Corporation, Lucas Tree Experts, Maine Army National Guard, Manpower, McKesson, Nestle Waters NA, SaviLinx, ServiceMaster Professional Cleaning, T.D. Bank, Ted Berry Company, Inc., Time Warner Cable, U.S. Border Patrol, and Western Maine Transportation Services.

Free Pickleball clinic at YMCA



Learn the basics of this fast-growing, low-impact cardio activity on Friday, April 29.

The YMCA of Auburn-Lewiston will host a free Pickleball clinic on Friday, April 29 from noon to 1 p.m. The event is open to all players ages 14 years and up. All equipment will be provided.

Pickleball is a low-impact sport that combines the fundamentals of ping pong, tennis and badminton in a fun, fast-paced cardio activity appropriate for all ages. Players compete individually or in pairs using paddles and a wiffle ball.

Paul Amnott, retired Lewiston High School athletic director, will provide instruction in proper grip, serving, "dinking," scoring, ready position, strategy and helpful do's and don'ts. Participants are invited to stay for game-play immediately following the clinic. Pickleball is offered at the YMCA every Friday afternoon from noon to 2 p.m. and Friday and Wednesday evenings from 5 to 7 p.m.

For more information about the clinic or weekly Pickleball at the Y, contact Becky Walker, director of health and wellness, at 795-4095 or bwalker@alymca.org.

Program helps students sample healthy new foods

In an effort to encourage students to try healthy new foods, the St. Mary's Nutrition Center Youth Campaign Crew recently prepared large batches of kale chips, hummus and salsa for students to sample in the Lewiston High School cafeteria. The group also helped cafeteria staff prepare over 1,200 smoothies that were featured on the menu as part of National Nutrition Month.

The taste tests are part of a broader initiative funded in part by a recent U.S. Department of Agriculture Farm to School planning grant made to the Auburn School Department late last year. St. Mary's Nutrition Center and the Auburn and Lewiston school departments are collaborating on the grant project through the Androscoggin Farm to School Network.

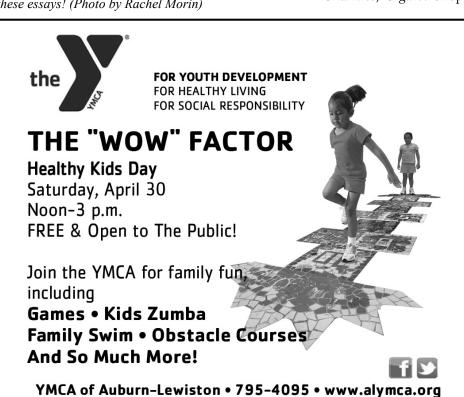
The Youth Campaign Crew is a small group of Lewiston High School students receiving training in the areas of leadership development and action planning



Nutrition Center Youth Campaign Crew member Julian Marley displays the group's mission statement during a homemade hummus taste test they organized recently in the Lewiston High School cafeteria.

to promote change around food issues in their school and community.

Program participant Fatuma Saney said that her favorite part of the project was learning how to make a lot of different foods. "I got to make fresh salsa and receive feedback about it from kids my age," she says. "Everyone loved it! I really hope they will use our recipe to try to make it at home."





Be the change: Help end sexual assault.

Helping to end sexual assault takes courage. How can we even begin to end a problem so widespread and long-standing? The answer is, "One person at a time."

When you see or hear things that contribute to and perpetuate sexual assault, you have the power to take action. What may seem like a small act is in fact very powerful. Recognizing that each of us has that power is a tremendous step toward preventing - and ultimately, ending sexual violence.

Here are some simple things anyone can do to help prevent and end sexual assault:

Don't blame victimsurvivors who have experienced sexual assault. Blaming victim-survivors contributes to perpetuating the problem of sexual violence. Ultimately, an act of violence is the fault of the person who committed the violence - not the fault of the person to whom violence was done.

When someone tells you, "I was raped," believe them! People rarely lie about experiencing sexual assault. Whether it's a woman, man or child who has the courage to confide in you, letting her or him

Survivors' Words

that keeps draining me.

Somehow

which pains me

Somehow

I'll get through the pain

I will get through the

I'll get past the shadows

rain coming from my eyes



know that you believe them not only helps in their healing process, it also brings the truth of this widespread problem into the light.

Recognize the fact that men and boys are sexually assaulted, harassed and abused. Again, believing the truth of this fact brings the problem into the light, and helps in the prevention of all sexual violence.

Call your friends on their behavior. It may not seem like a big deal, but when your buddy makes a sexual remark to someone on the street, it contributes

A tiny part of my life,

I will live my life in an

IT WILL GET BETTER

undaunting way so the pain

will not always be haunting

For this I am told;

that causes strife

SOMEHOW

to a culture that allows sexual violence.

Let your friends know why behavior like that isn't cool.

Be open to examining and adjusting your own behavior. Even if we would never commit an act of sexual violence ourselves, we still might say and do things that contribute to its cause. Recognizing and changing these things in ourselves is the ultimate in preventing and ending sexual assault: Being the change that we want to see in the world. Build and join community. There is strength in numbers. Join those committed to preventing sexual assault.

These are only a few things we can do to prevent sexual assault, abuse and harassment. To learn more, contact us for more information, or to schedule an educational presentation in your workplace, school or community group.

Sexual Assault Prevention & Response Services

24-Hour Helpline 1-800-871-7741 TTY:1-888-458-5599



Volunteers are the lifeblood of our work.

Join a group of dedicated, enthusiastic people, committed to aiding the recovery of victim-survivors of sexual assault, and working for an end to the problem.

Whether staffing our

24-hour helpline, helping out in our offices and with special projects, or sharing your skills and talents, we

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one, it really is over now....

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Tormented in Silence

Survivors' Words

Are you still afraid, thinking.... one day, he might find you....

What was it he said, "our little secret ... if you tellno one will believe you...."

So you carry the burden deep within your soul, keep it buried, far far awaysilenced, so no one will ever

It seems one moment to be forgotten

~the next, as if you've gone back in time, to that place where dark shadows lurk, and demons tear at

ended.

For when he left this

Was the moment..... when he finally set you Free.

(Inspired by the countless survivors I've met on this journey.)



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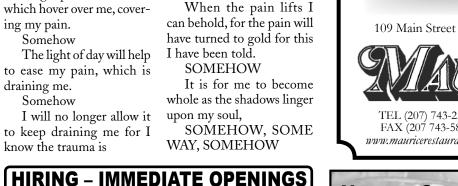
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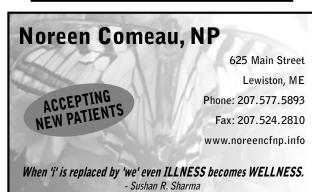






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What's Going On

Auburn Art Club Meeting

The Auburn Art Club will hold its annual meeting and luncheon for members on Tuesday, May 3 at the Central Maine Community College Culinary Arts Building. The business meeting will begin at 10:30. Following the meeting, lunch will be served by students in the Culinary Arts Program.

Joan Macri will present the program "Behind the Scenes of a White House Christmas," in which she will share slides and details about her experience last November as a decorator of the White House. White House Christmas decorators are selected competitively from across the United States. Macri's love of American History and her interest in gardening

and creative endeavors led her to apply.

Joan Macri has lived in the Lewiston-Auburn area since 1977. She taught secondary school social studies for 37 years, including 24 years at Lewiston High School. There, among other duties, she coached the Debate Team, served as an advisor to the National Honor Society, and created the Aspirations Program, which she later expanded with College for ME-Androscoggin.

Hostesses for the event will be Stephanie Upton, Kathy Cutter, Benita Flynn, Louise Reynolds, Jean Laliberte and Elizabeth Bell. Members should let Treasurer Louise Reynolds know of their choice of entrée and payment for the luncheon.

3 out of 4 adults

in the US have foot

or ankle pain.

Are you one of them?

If you answer yes, pick up the phone and call 207.783.1328

Monmouth Academy Class of '76 plans reunion

The Monmouth Academy Class of 1976 will have a 40th Class Reunion on Saturday, July 2, from 5 to 10 p.m. at Prospect Hill Golf Club in Auburn. The event is open to teachers and students of all graduating classes. Music will be provided by "The Music Crew" and golfing will be available for \$20 per round. An informal BBQ will take place at the home of a local classmate on Sunday, July 3.

The cost to attend the reunion will be \$45 per person. The deadline to register is May 15. Checks should be made payable to Denise Clougherty and mailed to 89 Davis Brook Drive, Poland, ME 04274. For more information about the event, call 754-7903.

5K Series now open

Registration for Triple Crown

Triple Crown planning committee members are (l. to r.) Kevin Mitchell, Ralph Fletcher, Erin McKay, David Hediger, Mary Murphy, Scott Brown, Marie Veselsky, Jeff Wigton, Jamie Theriault, Shawn Vincent, Mona Murphy and Mike Lecompte. Absent from the photo are Amy Hediger, Erin Dunbar, Ben Fletcher, Maureen Goff, Marcie Hird and Michael Girardin.

Registration for the ninth annual Greater L-A Triple Crown 5K Series, presented by Maine Orthopedic Foundation, is now open. The series consists of three 5K (3.1 mile) races: the YMCA Fit Fest on Sunday, June 12 at Festival Plaza in Auburn; Emily's Run on Sunday, July 24 at Edward Little High School; and the L-A Bridge Run on Sunday, August 28 at the Rollodrome in Auburn. Each course is

USA Track & Field certified and proceeds support the YMCA, Fletcher Foundation and Bridge Run Foundation.

This year, the YMCA

This year, the YMCA Fit Fest 5K has been designated by the Road Runners Club of America as its Maine State Championship event. RRCA State Championship medals will be awarded to the top finishing Maine men and women in the open, Masters (over 40), Grand Masters (over 50), and Senior Grand Masters (over 60) divisions.

Each 5K will begin at 8:30 a.m. and will feature chip timing, prize drawings, refreshments, massages, music, and cash prizes awarded to the top finishers starting at 10 a.m. An Auburn Firefighter's Local 797 Kids' Fun Run will precede each 5K at 8 a.m. Those who

complete all three races will be eligible for special prizes and awards.

Registration for all three races is \$60. The last day for Triple Crown registration is June 12, when the price will increase to \$70. Individual 5K registrations are \$20, increasing to \$25 on race day. Registration for all Triple Crown 5K events is free for children ages 14 and under. The Kids' Fun Runs are also free to all youngsters, with registrations accepted on the day of the event only.

Registration forms can be picked up at the YMCA of Auburn-Lewiston at 62 Turner Street in Auburn. For more information, including the complete prize distribution and volunteer and sponsorship opportunities, see www.triplecrown5k.com.

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Criterium bike race organizers seek volunteers, sponsors

The Auburn-Lewiston Rotary Breakfast Club and Rainbow Bikes are teaming up to bring crite-

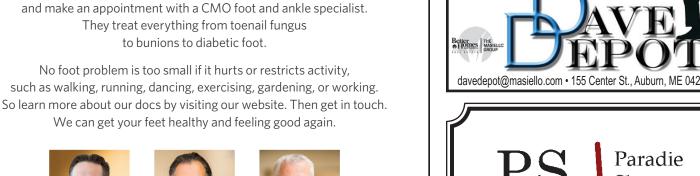
rium bike racing to Lewiston-Auburn on Sunday, July 31. A criterium is a spectator-friendly bike race that consists of multiple laps around a closed-circuit course. Presented in downtown Lewiston with Kennedy Park as the staging area, the event will feature racers from around New England competing in six categories that will start and finish on Bates

include three children's races and will host area food and health related organizations and vendor tents. All profits raised from this year's event will

be donated to the Boys & Girls Club in Auburn.

The Auburn Rotary Club is looking for race sponsors and volunteers to help support the race throughout the day. For more information on sponsorships, volunteering, or how you can be a part of this event, contact Mona Leavitt at Mechanics Savings Bank at mleavitt@mechanicssavings.com or Bill Hunter at Hahnel Bros Co. at 784-6477 or whunter@ hahnelbrosco.com.







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Michael C. Saraydarian DPM, FACFAS

DO

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and surgical center

Roller Derby Recruitment Meeting

Have you ever wanted to get involved in Roller Derby? If so, now is your chance, because the Androscoggin Fallen Angels are looking for new recruits! The team will host an in-

formation session at their home track, the Lewiston Armory, on Wednesday, May 4 at 6 p.m.

No prior roller skating experience is necessary. The team will teach participants

Community Action Agency

whose mission is to provide

leadership, education and

support to build thriving

individuals, families and

communities. For more in-

formation, see community

-concepts.org.

Comm. Concepts' drivers program going strong at 30

As 2016 marks the 30th year of Community Concepts' Transportation Program, demand and need for this important doorto-door service remains as strong as ever. Relying largely on volunteers, Community Concepts provides transportation for Maine-Care-qualified medical appointments, breast cancer treatment and support services (funded by a grant from the Maine Affiliate of Susan G. Komen for the Cure) and to meet the needs of elders and veterans.

This volunteer driver program is an important one for the region. Last year, Community Concepts volunteer drivers logged more than 6.4 million miles in completing over 155,000 trips.

According to Community Concepts' Director of Transportation Brad Edwards, people volunteer to help provide the service for a variety of reasons. Older residents volunteer because they enjoy the social aspects of volunteering and the friends they make. In fact, the agency currently has more than 100 drivers over the age of 50. College students volunteer to become part of the community and to get to know the area. Others volunteer to accrue volunteer hours needed to remain eligible to receive government benefits.

"We receive many inquiries from people looking to volunteer as a way to meet the rules for minimum volunteer hours to remain eligible for SNAP (Supplemental Nutrition Assistance Program) or other benefits," Edwards said. "Volunteers drive their own cars and are reimbursed 41 cents per mile. On average, our drivers last year received weekly reimbursement checks of around \$250. This reimbursement does not count as income, so it does not impact income eligibility for programs like SNAP."

Opportunities are available in Androscoggin, Franklin, Oxford and northern Cumberland County. For more information about the program, contact Brad Edwards at 1-800-866-5588 or see www.community-concepts.

Just celebrating its 50th Anniversary, Community Concepts is a private non-profit, 501(c)(3)

everything they need to know to safely compete in flat track roller derby. All

women ages 18 and over who are willing to commit to a fun new sport, get a

great workout, and meet an incredible group of women are welcome. For more in-

formation, find them on Facebook at "AFArollerderby".



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Twin I GEE SETTES Weekly Arts & Entertainment

Public Theatre presents "Crossing Delancey"

If you're a grandmother, granddaughter, or anyone looking for a great Mother's Day present, the Public Theatre has the perfect gift for you. It's called "Crossing Delancey," a delightful romantic comedy about a doting Jewish grandmother who is determined to see her granddaughter get married before she dies. Who needs match. com when your grandmother knows a matchmaker? But is Sam, the neighborhood pickle man, the kind of husband a girl has in mind?

Combining humor with heart, Crossing Delancey is an entertaining family comedy that reminds us of our crazy relatives and how much we love them. Turned into a popular movie starring Amy Irving, the play is similar in tone to the much loved film "My Big Fat Greek Wedding."

"This story, about an ambitious young woman caught between her grandmother's world on Delancey Street in lower Manhattan and her 'modern' desire for a love and life beyond what her family knows, reminds us of the difference between what we think we should have and

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LUNCH

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From left: Carole Schweid as Bubbie, Deanna McGovern as Izzy and Marina Re as Hannah

what our heart really wants," says director Christopher Schario.

Voted "Best theatre in Maine" three years running by Down East Magazine's Readers' Poll, the Public Theatre hires professional actors from New York, bringing the best talent from Broadway and beyond to Lewiston. The role of Bubbie, the Jewish grandmother we all wish we had, will be played by Carol Schweid, who was in the original cast of the famous musical "A Chorus Line" on Broadway and was previously seen at the Public Theatre as

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the grandmother in "Over the River and Through the Woods." Also returning to the Public Theatre will be Marina Re as Hannah the matchmaker and Peter Simon Hilton as Tyler, a desirable but unattainable famous author. The role of the granddaughter, Izzy, will be played by Deanna McGovern. Sam the pickle man will be played by Ben Rosenblatt.

Recreating parts of both New York City's Lower East Side and Izzy's "Uptown" world, the set for Crossing Delancey has been designed by Judy Staicer, with lighting by Bart Garvey and costumes by Kathleen Payton Brown. The Public Theatre's annual Silent Auction will take place in the lobby during the run of the production.

Crossing Delancey runs May 6, 7, 8, 12, 13, 14, and 15. Show times are Thursday and Fridays at 7:30 p.m., Saturdays at 8 p.m., and Sundays at 2 p.m., with

Bailey Library hosts Travis Mills for talk, film screening

Bailey Public Library of Winthrop will host retired U.S. Army Staff Sergeant Travis Mills on Friday, April 29 at the Winthrop Performing Arts Center at Winthrop High School on Rambler Road. Doors will open at 6:30 p.m. and the event will start at 7:00.

The program is free and open to the public, but contributions to the Travis Mills Foundation to support the Maine Chance Lodge & Retreat will be collected at the door. For more information or to reserve tickets, call the library at 377-8673.

Mills has authored a book, "Tough as they Come," and his film, "Travis: A Soldier's Story," was released nationwide in 2014. The film includes raw footage from Mills' early days of rehabilitation, as well as interviews with his fellow soldiers and a reenactment of his April 2012 injury. During his third tour of duty in Afghanistan, he was caught in an IED blast four days before his 25th birthday. Mills became one of only five soldiers from

an extra Saturday matinee on May 14 at 3 p.m. A free preshow wine-tasting hosted by Rails Restaurant will take place in the theater lobby on Thursday, May 12 beginning at 6:30 p.m. Tickets are \$20 for adults and \$5 those ages 18 and under. For tickets, call 782-3200 or visit www. thepublictheatre.org.



Mills is one of only five soldiers from the wars in Afghanistan and Iraq to survive a quadruple amputation.

the wars in Afghanistan and Iraq to survive a quadruple amputation. The event will feature a talk from Mills in addition to a screening of the film.

Mills recently announced that his Foundation has purchased the historic Maine Chance Lodge & Retreat in Rome and will convert it into housing for disabled veterans and their families. The Lodge was previously owned by cosmetics pioneer Eliza-

beth Arden, and Hollywood luminaries such as Judy Garland and Ava Gardner have passed through its doors. Now, the home will be converted into America's first fully accessible "smarthome" facility to serve combat-wounded veterans and their families.

The event will be cohosted by Winthrop resident Karen Toothaker and co-sponsored by American Legion Alfred W. Maxwell Jr. Post No. 40.





www.facebook.com/twincitytimes



Basilica to present organ concert

Organist Loreto Aramendi will perform on the historic Casavant organ in the Basilica of Saints Peter and Paul on Thursday, May 5 at 7:30 p.m. Free and open to the public, her program will include works by Wagner, Tournemire, Lizst, Saint-Saëns, and Fauré. The basilica is located at 122 Ash Street in Lewiston.

Aramendi has collaborated with the Basque Symphony Orchestra, with



 $Loreto\ Aramendi$

whom she has recorded two discs, for many years. As an

organist, pianist, and harpsichord player, she performs as a soloist and as part of different groups, embracing all periods and styles. She is a professor at the F. Escudero Conservatoire in San Sebastian and main organist of the Cavaillé-Coll organ (1863) of the Basilique of Santa María del Coro. In 2016, she plans to give recitals in France, Spain, Italy, England, Argentina and USA.

Maine-ly Harmony, Route 17 Ramblers team up for show

The Maine-ly Harmony women's barbershop chorus will present a program called "Hollywood Hit Parade," featuring tunes from classic and popular movies from the 1930s through 1980s, on Saturday, April 30 at 2 p.m. The event will take place at Kennebec Community Church, located on St. Andrews Street (off South Belfast Avenue) in Augusta.

Joining them on the bill will be the Route 17 Ramblers, whose blended harmonies will add a country and western flavor to the show. A traditional country ensemble formed in the fall of 2015 by Anne Danforth (guitar, vocals), Donna Ryder (guitar, vocals), Lise Bécu



The Route 17 Ramblers are (l. to r.) Donna Ryder, Rosey Gerry, Anne Danforth and Lise Becu, a.k.a.

(fiddle, mandolin and vocals) and Rosey Gerry (autoharp, banjo, guitar and vocals), the group takes its name from the Chelsea, West Gardiner, Martinsville and Lincolnville area from which they hail. The Ramblers present a good mix of music for all types of audiences, including

arrangements of traditional country and gospel music and even a few French songs.

Tickets will be \$10 at the door for adults, with kids ages 12 and under admitted free of charge. For more information, contact Donna Ryder at 582-5523 or aryder3@roadrunner.com.

Stanton Bird Club lists May events

Stanton Bird Club of Lewiston-Auburn will hold its next meeting on Monday, May 2 at 6:30 p.m. in Room 285 at the USM's Lewiston-Auburn College. The subject of the program, to be presented by club volunteer Alan Seamans, will be "Moon Watching." This will be the last club meeting with a speaker until the fall. The event is free and open to the public.

Alan Seamans has been a volunteer with the Stanton Bird Club since 2006. Since then, he has helped monitor vernal pools, conduct field trips, assist with stewardship, and edit the club newsletter, "The Chickadee Chronicle." He

completed the Maine Master Naturalist program in June, 2013 and enjoys sharing his knowledge of and enthusiasm for the natural world with others.

Other than the sun, the moon is the most frequently seen astronomical object, yet many people don't fully understand or appreciate why its appearance changes regularly. Through interactive demonstrations, Seamans will show why the moon has eclipses, phases, and size changes. He'll also discuss tides, misconceptions about the moon's "dark side," and movie mistakes. Finally, he will lead the audience in a simple activity that allows one to make

predictions about where the moon will appear in the sky and how it will change day to day. A greater understanding of our nearest celestial neighbor will inspire viewers to enjoy this free spectacle year round.

The month of May will abound with opportunities to participate in Stanton Bird Club field trips. The club will host eleven field trips during the month. All of the trips are free, open to the public, and include carpooling from the meeting place. Trip leaders will identify and comment on birds seen and heard, and everyone will point out birds they notice. Bring binoculars and See Bird Club, page 12

Twin City Nights

Temple Shalom concert spotlights traditional instrument

Temple Shalom will present Pete Rushefsky, one of the world's leading players of the "Tsimbl," a traditional instrument played for centuries by East-European Jewish musicians, in concert on Saturday, April 30 at 8 p.m. The event is free and open to the public.

The tsimbl is a type of hammered dulcimer that can be thought of a cross between a piano and a steel drum. Rushefsky performs on and teaches the instrument all over the world and has toured extensively with renowned classical violinist Itzhak Perlman. At this event, he will be accompanied by his wife Maddy (flute), along with Temple Shalom's Rabbi and Rebbetzin, Sruli Dresdner and Lisa Mayer (clarinet, recorders, violin, vocals).

Temple Shalom is located at 74 Bradman Street in Auburn. For more information, or to



Pete Rushefsky is one of the world's leading players of the "tsimbl," a type of hammered dulcimer favored for centuries by Jewish musicians of Eastern Europe.

RSVP (recommended), call Temple Shalom weekdays between 9 a.m. and noon at 786-4201.

Check TCT every week for updated Calendar listings!







The Casavant Organ will replace Sacred Heart's aging

instrument, which needs re-

pairs. The new organ will be

professionally installed once

some logistical improvements

and interior modifications

Platt Pipe Organ Fund for

Sacred Heart Church was

established to highlight the

richness and significance of

the church's liturgical cele-

brations through sacred music

and to inspire active partici-

pation within the community.

Proceeds from the concert,

along with contributions to

the Pipe Organ Fund, will

help defray costs of the pur-

chase, relocation, and instal-

lation of the new organ, as

well as future maintenance

and improvements. The fund

is also designed to provide

education and training to

parish organists, choirs and

cantors and subsidized organ

lessons for deserving and

is located at 8 Sacred Heart

Place (off Western Avenue)

Sacred Heart Church

talented youth.

The Sister Elizabeth

have been made.

Twin City Nights

Maine humorist returns to Chocolate Church

The Chocolate Church Arts Center of Bath will welcome pioneering Maine humorist Tim Sample back to its main stage for an all-ages performance on Friday, April 29 at 7:30 p.m. Sample was a key player in propelling Downeast humor into mainstream popular culture through a series of recordings he and others created in the early 1980s. His first album, recorded in 1979, was produced by Noel Paul Stookey of Peter, Paul, and Mary and featured liner notes by humorist Marshall Dodge. Sample and Dodge would then collaborate on the 1981 recording "Sample and Dodge," portions of which

Continued from page 11

dress for the weather.

A walk in Evergreen

Cemetery and Capisic in

Portland will depart on Satur-

day, May 14 at 7 a.m. from the

Staples parking lot in Lewis-

ton, across from Marquis

Signs. Returning at noon,

this trip will visit two prime

spots to see warblers during

spring migration. For more



Tim Sample

were recorded at the Chocolate Church 35 years ago.

Since then, Sample has been entertaining people around the world with Maine humor and Yankee storytelling in the tradition of "Bert and I." His career has included producing over 100 "Postcards from Maine"

segments about the lifestyles of Mainers for CBS News Sunday Morning. More recently, he was the reader for Stephen King's audiobook-only release of the extended short story "Drunken Fireworks."

The Chocolate Church Arts Center is located at 804 Washington Street in downtown Bath. Tickets are \$35 for VIP seating, which includes reception and an autographed CD. Regular seating is \$20 in advance or \$24 at the door. Tickets may be purchased by calling the box office at 442-8455 or online www.chocolatechurcharts.org.

Bird Club Dan Marquis at 513-8213.

The annual Warren Warbler Walk will depart on Sunday, May 15 at 7:30 a.m. from J.C. Penney's parking lot in Auburn and end at 11 a.m. The group will drive to multiple locations for short walks through riparian, woodland and farm fields in search of warblers. For more information, contact trip leader Dan Marquis at

The annual Birding

Walk at the Sylvester and Benjamin Farms will meet on Wednesday, May 18 at 7:30 a.m. at the Sylvester Farm at 1128 Riverside Drive in Auburn. After exploring the farm's prime riparian habitat, the group will head down the road to the Benjamin Farm, finishing up at about 11 a.m. For more information, contact trip leader Linda Seamans at 240-1380.

A Leader's Choice

Louis Philippe concert to benefit Platt Pipe Organ Fund

Maine singer and recording artist Louis Philippe will grace the stage - the altar, that is - of Sacred Heart Church in Auburn on Sunday, May 1 at 2 p.m. in a concert to benefit the parish's music program and the Sister Elizabeth Platt Pipe Organ Fund. The program will feature a variety of inspirational songs and traditional Gospel hymns, including a sing-along finale. Philippe will also perform selections from his latest CD, "The Funeral Singer: Songs of Comfort and Healing During Life's Transitions."

With 40 years of Music Ministry experience, Philippe enjoys a reputation for his ability to organize a plethora of diverse singers in lively, nourishing worship music. It's also not unusual for him to lend his talents to support musical causes or to encourage up-and-coming artists, which is why he's particularly excited about this event and the parish's musical goals. "I can't wait to meet Sister Elizabeth," Philippe said. "She sounds like an amazing woman."

At age 84, Sister Elizabeth Platt, C.O.C., who currently serves as Pastoral Assistant, has dedicated al-

Trip will depart on Satur-

day, May 21 at 7:30 a.m.

from the Staples parking

lot in Lewiston and return

at noon. Trip leader Steve

Reed will choose a destina-

tion based upon where the

most interesting sightings

are occurring. For more

information, contact him at

Nadeau Memorial Walk

will take place on Sunday,

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319-6630.

Among his many musical talents, Philippe is known for his ability to organize diverse singers in lively, nourishing worship music.

most 30 years of service to Immaculate Heart of Mary Parish in religious education and the RCIA Program. A period of her life that she often speaks of with particular fondness is her years of ministry teaching children to sing the parts of the Mass. Before coming to Maine, she also worked with the Boys' Choir in Boston.

Last fall, the parish procured a 1954 Casavant Opus 2277 Pipe Organ from the Sisters of Notre Dame in Toledo, Ohio, when their chapel closed after 60 years.

May 22 from 1 to 3 p.m. at Thorncrag Bird Sanctuary on Montello Street in Lewiston. Join the Nadeau Family to see the wildflowers and trails that Larry loved so well. For more information, contact walk leaders Jeri and Gary Maurer at 524-2060.

Regularly scheduled Bates College Area Bird Walks will continue on Tuesdays, May 3, 10, 17

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Thursday Friday,

Saturday

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in Auburn. Tickets are \$10 (\$8 per person in groups of five or more) or \$5 for youth. They can be purchased following all weekend Masses at Sacred Heart and St. Philips Churches or by calling the church office. They will also be sold at the door. For more information about the Sister Elizabeth Platt Pipe Organ Fund or to make a contribution, call the church office at 782-8096.

> and 24, from 6 to 8:30 a.m. A great way to see returning song birds, including many warblers, the walks depart from the front of Hathorn Hall on the Bates College campus, go past Mt. David to Riverside Cemetery, and return via a circuit of Lake Andrew. Frequently sighted are Mallard ducklings, Redwinged Blackbirds and even an occasional Osprey diving for fish. Walk leaders include Judy Marden, Doug Boyd and Steve Reed. For more information, call Steve Reed at 319-6630.

> Regularly scheduled Wednesday Bird Walks take place every other Wednesday into late fall, visiting a variety of interesting and diverse local habitats. This month's two walks will be about two miles long over fairly even surfaces to look for spring migrants. Both trips will run from 8 to 11 a.m. A trip to Paper Mill Trail on May 11 will depart from the Staples parking lot in Lewiston, and a trip to Highland Green Heath on May 25 will depart from the Food City Shopping Center parking lot at 583 Lisbon Street in Lisbon Falls. For more information, call trip leaders Stan and Joan DeOrsey at 406-4741.

See Bird Club, page 13





EUPHONY, Orono's chamber choir, will present their spring concert at the Center. The concert is FREE, however donations will be accepted to benefit the preservation of the Franco Center.

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Thursday, April 28

Constituent Outreach Hours. Staff reps. of Sen. Angus King are on hand today at the city halls of Lewiston (10 a.m. to noon) and Auburn (2 to 4 p.m.) to meet with area residents about specific problems, legislative issues or concerns about federal govt. agencies. No appt. needed. FMI call 1-800-432-1599.

Legal Advisory Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Attorney Sonia Buck of Linnell, Choate & Webber discusses "Construction Law in Maine." \$50 (members \$25). 783-2249. Register at www. androscoggincounty.com.

Foot and Ankle Health Seminar. 5 to 7 p.m. Central Maine Orthopaedics, 690 Minot Ave., Auburn. Dr. Michael C. Saraydarian, DPM, FACFAS, discusses and answers questions about all aspects of foot and ankle health. Free. Register at 344-2433 or rsvp@cmogroup.org.

Monthly Meeting. 6 p.m. Armory Building, Central Avenue, Lewiston. Marine Corps League Central Maine Detachment 810 convenes; all Marines, FMF Corpsman and those interested in the Marine Corps are invited.

Film Screening. 6:30 p.m. YWCA of Central Maine, 130 East Ave., Lewiston. The Y preludes its annual Stand Against Racism on Sunday with the film "Mountains Take Wing -Angela Davis & Yuri Kochiyama on Life, Struggles, and Liberation." Free. 795-4050; nbornstein@ywcamaine.org.

Friday, April 29

Pickleball Clinic. Noon to 1 p.m. YMCA, 62 Turner St., Auburn. Learn the basics of this fun, fast-paced, low-impact cardio activity played using paddles and a wiffle ball. Ages 14+. Free.

Author Visit. 7 p.m. Winthrop High School, Rambler Rd., Winthrop. One of the few soldiers from Afghanistan and Iraq to survive a quadruple amputation, Travis Mills discusses his book and screens his film. Free. To reserve tix, call Bailey Library at 377-8673.

Comedian Tim Sample. 7:30 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. Sample returns to the venue where he and Marshall Dodge recorded parts of

Bird Club

Continued from page 12

Spring Sunday Afternoons at Thorncrag offer a nature guide, available one dry Sunday afternoon each month in April, May and June, to explain what highlights visitors may find as they explore park trails. The guide can be found after 1 p.m. at Hayward Gazebo, adjacent to the Thorncrag parking lot off Montello Street. Admission is free and open to the public.

Calendar

See more Calendar at www.TwinCityTimes.com

their pioneering "Sample and Dodge" Maine humor album 35 years ago; all ages. \$20 advance; \$24 at door. 442-8455; www.chocolatechurcharts.org.

Saturday, April 30

PeaceJam Slam. 8 a.m. to 4:30 p.m. Holocaust & Human Rights Center, 46 University Drive, UMaine-Augusta. This peace conference for youth in grades 8 through 12 features an address by Nobel Peace Prize Laureate Betty Williams. \$18 (incl. lunch). 589-3451; peacejam.org/

Multiple Sclerosis Walk. Lewiston High School. Registration at 9 a.m. in the gym; walk begins at 10:00. Five mile- or shorter routes, refreshments, lunch. Rain or shine. Register at 1800-526-8890 or www. msmaine.org.

Concert: Maine-ly Harmony. 2 p.m. Kennebec Comm. Church, St. Andrews St., Augusta. The women's barbershop chorus presents "Hollywood Hit Parade"; also performing are The Route 17 Ramblers. \$10 (kids 12- free). 582-5523; aryder3@roadrunner.com.

Concert. 8 p.m. Temple Shalom 74 Bradman St., Auburn. Pete Rushefsky, one of the world's leading players of the traditional "tsimbl," performs with wife Maddy and Rabbi and Rebbetzin Sruli Dresdner and Lisa Mayer (flute clarinet, recorders, violin, vocals). Free. RSVP at 786-4201.

Sunday, May 1

Stand Against Racism. Noon. YWCA of Central Maine, 130 East Ave., Lewiston. Community members are invited to come stand for the common goal of eliminating racism; keynote speaker, workshops. Free. 795-4050; nbornstein@

Concert: Louis Philippe. 2 p.m. Sacred Heart Church, 8 Sacred Heart Place, Auburn. The popular Maine singer and recording artist performs to benefit the Sister Elizabeth Platt Pipe Organ Fund. \$10; youth \$5. 782-8096.

Monday, May 2

Stanton Bird Club Meeting. 6:30 p.m. Room 285, Lewiston-Auburn College. Club volunteer Alan Seamans presents "Moon Watching," a program about how and why the moon's appearance changes monthly, daily, and sometimes even hourly. Free.

Tuesday, May 3

Bates College Area Bird Walk. 6 to 8:30 a.m. Join Stanton Bird Club for this regular Tuesday a.m. walk from the front of Hathorn Hall on the Bates College campus, past Mt. David to Riverside Cemetery, and back by circling Lake Andrew. Free; all welcome. 319-

Auburn Art Club Meeting. 10:30 a.m. Culinary Arts Building, Central Maine Community College. After the annual business meeting, club members welcome Joan Macri for "Behind the Scenes of a White House Christmas." Contact Treasurer Louise Reynolds re: choice of lunch entrée.

Auburn GOP City Committee Meeting. 7 p.m. All registered Republicans are invited to this discussion of ways to help support local, state-wide and congressional candidates, as well as fund-raising initiatives.

Wednesday, May 4

Maine Money Academy Workshop. 5:30 to 7:30 p.m. Central Maine Community College, Auburn. This session's topic is "Retirement Money & Rollovers." \$19. Space limited; register by 4/29. 755-5280; www.cmcc.edu/ccs.

Roller Derby Recruitment Meeting. 6 p.m. Lewiston Armory, 65 Ĉentral Ave. The Andro. Fallen Angels are looking for new recruits; come find out if Roller Derby is right for you! No prior roller skating experience necessary; all women ages 18+ welcome.

Thursday, May 5

Auburn Citizen of the Year Banquet. 5 to 8 p.m. Martindale Country Club, Auburn. In a tradition dating back to 1974, the Auburn Business Association name its 2016 Citizen of the Year. \$40. Register online at www. auburnba.com.

Organ Concert. 7:30 p.m. Basilica of Sts. Peter & Paul, 122 Ash St., Lewiston. Organist Loreto Aramendi performs works by Wagner, Tournemire, Lizst, Saint-Saëns, and Fauré. Free.

Friday, May 6

Not Your Normal Formal. 5:30 p.m. Ramada Inn, Lewiston. This fundraiser for the L-A Metro Chamber of Commerce celebrates the Roaring '20s; auctions, prizes, costume contest. \$50. 783-2249. www.LAMetro-Chamber.com.

Theater: Crossing Delancey. 7:30 p.m. Public Theatre, 31 Maple St., Lewiston. This popular play portrays a doting Jewish grandmother determined to see her granddaughter married before she dies. Again May 7, 8, 12, 13, 14, and 15 (Sat. 8 p.m.; Sun. 2 p.m.) \$20 (ages 18- \$5). 782-3200; www.thepublictheatre.org.

Saturday, May 7

Paper Crafting & Scrapbooking Day. 8 a.m. to 5 p.m. Holy Family Church Hall, Sabattus St., Lewiston. Includes snacks, drawings and two Make-and-Takes. Benefits John F. Murphy Homes. \$35. Register, prepay by May 5. 784-5307; 784-0389.

Indoor Yard Sale. 9 a.m. to 1:30 p.m. High St. Congregational Church, 106 Pleasant St., Auburn. This popular annual event features items for sale by a large number of vendors; concessions avail. Benefits Parish Guild. 784-1306; office@ highstreet-ucc.org.

Tuesday, May 10

Bates College Area Bird Walk. 6 to 8:30 a.m. Join

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Mother's Day (PG-13) 1:20	4:10	6:55	9:30
Keanu (R) 1:40	4:20	7:15	9:35
The Huntsman: Winter's War (PG-13) 1:00	3:30	6:50	9:25
The Jungle Book (PG)12:45	3:20	6:45	9:10
The Jungle Book 3D (PG) 2:00	4:40	7:25	9:45
The Boss (R) 1:10	3:40	7:00	9:20
Zootopia (PG)1:30	3:50	6:40	9:05
Batman v Superman: Dawn of Justice (PG-13) 12:50	4:00	7:10	XXX
Ratchet And Clank (PG) 1:55		7:05	
Ratchet And Clank 3D (PG)	4:30		9:15
Eye In The Sky (R) 1:50	4:25		
Criminal (R)		7:20	9:45

Stanton Bird Club for this regular Tuesday a.m. walk from the front of Hathorn Hall on the Bates College campus, past Mt. David to Riverside Cemetery, and back by circling Lake Andrew. Free; all welcome. 319-

Legal Advisory Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Reps. from Skelton, Taintor & Abbott discuss "Pre- and Post-Marital Agreements." \$50 (members \$25). Register at www.androscoggincounty.

Wednesday, May 11

Stanton Bird Club Field Trip. 8 to 11 a.m. Stan and Joan DeOrsey lead this trip to Paper Mill Trail to look for spring migrants. Meet in Staples parking lot in Lewiston. Free; all welcome. 406-4741.

Thursday, May 12

Theater: Crossing Delancey. 7:30 p.m. Public Theatre, 31 Maple St., Lewiston. This popular play portrays a doting Jewish grandmother determined to see her granddaughter married before she dies. Again May 13, 14, and 15 (Sat. 8 p.m.; Sun. 2 p.m.) \$20 (ages 18-\$5). 782-3200; www.thepublictheatre.org.

Friday, May 13

Lewiston Kindergarten Registration. 9 a.m. to 2:30 p.m. Make appt. at elementary school in your district; bring child and child's birth certificate, immunization records, proof of address. FMI, call 795-4103.

Sunday, May 14

Stanton Bird Club Field Trip. 7 a.m. to noon. Dan Marquis leads this trip to Evergreen Cemetery and Capisic in Portland to see warblers in spring migration. Meet at Staples parking lot in Lewiston. Free; all welcome.

Public Works Week Celebration. 11 a.m. to 3 p.m. Norway Savings Bank Arena, Auburn. Auburn Public Services and NSB Arena invite families to come learn more about dept. services and equipment; door prizes, giveaways, free ice skating (rentals avail.)

Concert: Midcoast Symphony Orchestra. 7:30 p.m. Franco Center, 46 Cedar St., Lewiston. The Orchestra, Oratorio Chorale and Vox Nova Chamber Choir perform "Verdi's Requiem." \$20 (students free, but tix required). 846-5378, www.midcoastsymphony.org.

Sunday, May 15 Stanton Bird Club Field Trip. 7:30 to 11 a.m. Dan Marquis leads the annual Warren Warbler Walk through various woodland and field locations. Meet at J.C. Penney's in Auburn.

Free; all welcome. 513-8213.

Hospice House 5K & Remembrance Walk. Starts from Central Maine Community College, Auburn. Androscoggin Home Care & Hospice's largest annual fundraiser features awards, remembrance opportunities and family fun. 795-9407; www.ahch.org.







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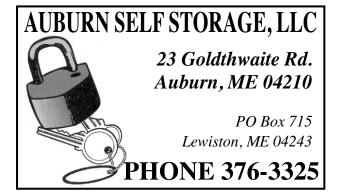
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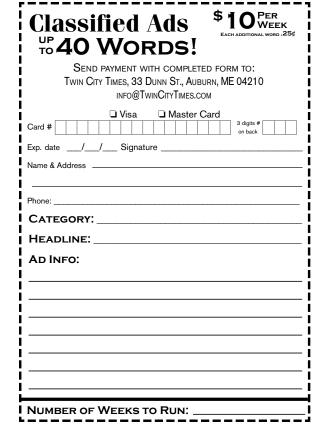
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