FREE • Vol. XVI, No. 7

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May 19, 2016 • FREE

Out & About with Rachel Morin

At Veterans Memorial Park



One of the beautiful Monuments at the Veterans Memorial Park: IN MEMORY OF THE AMERICAN SOLDIERS KNOWN BUT TO GOD. See more photos on page 6.

Story and photos by Rachel Morin The Veterans Memorial Park in Lewiston, ideally

located on the banks of the Androscoggin River, is being spruced up for the big Memorial Weekend. The weather has been cooperating for the yard work and the installation of pavers along the new walkway to the Gold Star Mothers' Monument. Flowers will be planted. American flags will be placed along the 27 Monuments bearing the engraved names of the men and women who served in the U.S. Military.

This is a huge event, for the Twin Cities, a first time event, with a twostar general, Major General Susan Y. Desjardins US-AF(Ret.) of Exeter, New Hampshire, officiating at the unveiling of the 28th Monument. Her name, as well as names of the five members in her military family, is included with the names already engraved on the 28th Monument. The unveiling will take place on Saturday, May 28, at 10 a.m. See O & A, page 6

Model Railroad Club presents Hobo Holiday

On Saturday, May 21, Great Falls Model Railroad Club will hold its fifth annual Hobo Holiday from 10 a.m. to 4 p.m. This family fun event will take place in the club's two-story, handicapped accessible building at Hobo Holiday is an 144 Mill Street, across from the Barker Mill Apartments, in Auburn. Children and adults are invited to add to the festive atmosphere by dressing as hobos.

opportunity to learn about an interesting part of railroad history while enjoying model railroad displays and various games and activities. Hobo culture and hobo See Hobo, page 3

Uplift LA Celebrates 10th Anniversary



Winners of the inaugural 40 Under 40 awards at the tenth anniversary dinner for Uplift LA, formerly the Young Professionals of the Lewiston Auburn Area. Photo by: Bell Studios/ PortraitEFX photo. See photos on page 8.

On Friday, Uplift LA (formerly Young Professionals of the Lewiston Auburn Area) held a special event that welcomed members of the community to celebrate the organization's 10th Anniversary. Celebrations included recognizing the participants and winners of its 5th Y-Not? Challenge, officially launching Uplift LA's new brand and award-

ing the inaugural LA's 40 Under 40 honorees. The event, which took place at the Kora Shrine Center in Lewiston, welcomed 230 community members!

New Brand: Friday marked a big change for the Young Professionals of the Lewiston Auburn Area (YPLAA) as it launched itself as the rejuvenated and reenergized, Uplift LA. With the new tagline of "Supporting the Rising Professionals of the Lewiston Auburn Area" they are hoping to remove the misconceptions that members have to be of a certain age to participate or attend events. Uplift LA would rather look at events as a means to intermix companies and individuals together for fur-See Uplift, page 8

Art Walk LA kicks off May 27

Spring is here, and this year's first Art Walk Lewiston Auburn is just around the corner. Art Walk LA converts downtown busi-

nesses and storefronts into public arts spaces that include galleries, exhibitions, and special performances. The event takes place from 5

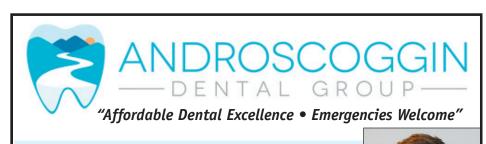
Dr. Robert McVety, DMD

to 8 p.m. on the final Friday of each month from May to September.

To add to the fun of connecting with friends and viewing great local art, Art Walk LA also includes live music. Here's the lineup for the 2016 kickoff event on

Chicks with Sticks. 5:30 p.m., Dufresne Plaza, Lewiston. This steel drumming group brings the sound of the tropics, with a repertoire that includes Jimmy Buffett, Bob Marley, and a selection of calypso fa vorites and popular tunes for easy listening and dancing in the streets.

The Juke Joint Devils. 8 p.m., She Doesn't Like Guthries, Lewiston. This band plays an energetic, swinging blues that isn't heard much these days. It's a foot-stomping, hip-shaking genre that harkens back to See Art Walk, page 7



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Newsmakers, Names & Faces

Community Recyle Day diverts waste from landfills



Pictured here (l. to r., from front) are Leah Punch, Matthew Shaw, Jennifer Hogan, Natalie Michaud, Christina Carter, Laurie Pelletier, Kierstyn Barnies, Lorriane Foster, Jhanae Laplanete, JoAnn Jackson, Bria Duncan and Betsy Sibley.

Community Credit Union recently hosted a Community Recycle Day to help community members do their part in saving the earth. Local organizations e-Waste Recycling Solutions, Security Shredding, the SHARE-Center and Stratham Tire teamed with CCU to make the event a success. Among the items recycled as a result of the event were 93 tires, 2880 pounds of paper for shredding, and enough consumer electronics to fill a 70foot trailer. "We got a lot of

> What Maine

parents

believe

is not

what

Maine

teens

think!

great items today," said Paula Thibodeau of the SHARE-Center. "We hope we can be part of this again next year!"

Community Credit Union runs a program called "Do Your Part," which encourages its members to participate in opportunities to recycle products such as cell phones and eye glasses. They also hold regular shredding events. For more information about upcoming recycling opportunities at CCU, see www.community-creditunion.com.

teens

are at

risk for

alcohol

CMCC students earn AVBOR scholarships



Pictured here (l. to r.) are AVBOR Secretary/Treasurer Colette Couter; CMCC Dean of Planning & Public Affairs Roger Philippon; scholarship recipients Djima Ainan, Justin Goulet, Amanda McDonough, and Shelby Young; and AVBOR President Desmond Duguay.

Four students at Central Maine Community College - Djima Ainan, Justin Goulet, Amanda McDonough, and Shelby Young - have been awarded scholarships from the Androscoggin Valley Board of Realtors. They were recognized recently at a breakfast meeting hosted by the organization.

Djima Ainan of Lewiston has earned high honors as a student in the human services program at CMCC. She will graduate in May and plans to continue her education at USM/Lewiston-Auburn in the social and behavioral sciences program.

Justin Goulet of Auburn is an honor student in accounting who hopes to transfer to a four-year college after he graduates. He hopes to work as a tax analyst.

Amanda McDonough of Lisbon has earned President's Honors in the early childhood education program. She plans to pursue a bachelor's degree at USM/ Lewiston-Auburn.

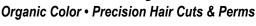
Shelby Young of Minot has earned President's Honors in the business administration and management program and hopes to pursue a bachelor's degree in accounting.

Send all submissions for What's Going On to Editor@TwinCityTimes.com. Deadline is Friday by five.

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CMCC students win Graziano Scholarships



Graziano Scholarship recipients Melissa Potter (l.) and Adam Nickerson (c.), with Culinary Arts program chair Austin Perreault

Two honor students in the Culinary Arts program at Central Maine Community College, Adam Nickerson of Greene and Melissa Potter of Lewiston, have been awarded the 2016 Joseph Graziano Memorial Scholarships.

Nickerson and Potter have completed the Culinary Arts certificate program and will continue their studies this fall in the school's Restaurant Management associate degree program.

The endowed fund was established in memory of Joseph Graziano, owner and founder of Graziano's Restaurant, which operated in Lisbon for many years. In addition to owning the popular Italian eatery, Graziano was active in many local organizations. The goal of the scholarship fund is to preserve Graziano's legacy of "love through food."

The Culinary Arts program at CMCC is a one-year certificate program designed to prepare students for employment in a variety of positions in the food service industry. Students may also elect to earn an associate degree in restaurant management. For more information about the program, contact the Admissions Office at 755-5273.

Dehetre to helm Auburn branch of Norway Savings



Linette Dehetre

Norway Savings Bank has hired Linette Dehetre to the position of Assistant Vice President, Branch Manager of its Auburn office. In her new position, Dehetre will develop and enhance new and existing banking relationships with business and personal customers in the Androscoggin

County market. She will also coach, educate and mentor employees and serve as the senior retail lender in the branch.

Dehetre comes to Norway Savings with nearly thirty years of banking experience. She is also active in the community. She serves on the board of directors for Safe Voices, is an instructor for Junior Achievement of Maine, and teaches financial literacy at local high schools. She is also an Āndroscoggin regional council member for the Center for Financial Training & Education Alliance and is an active member of the Lewiston-Auburn Metropolitan Chamber of Commerce.



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Governor's Address: NRCM is ignoring the will of rural Mainers

The Natural Resources Council of Maine is at it again. First, they denied high-paying mining jobs to rural Mainers. Then they tried to raise electricity costs by giving above-market-rate contracts to the solar industry. Now they are ignoring the will of Mainers by asking President Obama to unilaterally create a national park in the Katahdin region.

Dear Maine Taxpayer,

The Natural Resources Council of Maine knows the people of rural Maine do not want a national park on Roxanne Quimby's land in the Katahdin region. Town after town has voted against it. The Legislature approved

Fr. Leo Patalinghug, host

of "Savoring our Faith" on

EWTN and co-host of "En-

tertaining Truth" on Sirius

XM Radio, was the keynote

speaker at a Catholic women's

conference recently at the Hil-

ton Garden Inn Riverwatch

of Auburn. Patalinghug is

the founder of "Grace Before

Meals," an international

apostolate which aims to

strengthen families and rela-

tionships through God's gift

Send all items for

What's Going On

to Editor@Twin

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Deadline is

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of the family meal.

a bill I proposed to block creation of the national monument. So, NRCM is trying to end run around the Maine people and pressuring President Obama to declare the land as a "national monument." It's the first step in creating a national park.

Senator Angus King, who champions all liberal causes at the expense of working Mainers, invited the director of the National Park Service to hold a public meeting to discuss creating the national monument.

Working closely with King, the NRCM coordinated attendance at the meeting and arranged to bus supporters from Southern Maine to the meeting in Orono. Not surprisingly, King did not invite—or



Governor Paul R. LePage

even notify-the Governor's Office. It's pretty clear they have made up their mind, and they don't want to have an open dialogue.

The push to create this national monument is being spearheaded by liberal environmentalists, like Roxanne Quimby and her son Lucas St. Clair; Angus King and Quimby's spokesman David Farmer; and summer visitors who are not concerned about poverty in rural Maine.

Liberals from Portland and wealthy coastal towns also favor the national monument. Most of these people have never visited the North Woods, and they don't care what rural Mainers want.

The Quimby family is now using highly paid lobbyists in Washington, D.C. to lobby President Obama to use his authority to designate this area a national monument. They ignore the fact that the National Park Service already has a \$12 billion backlog in maintenance work at national parks. Wildfires

in western states on federal land owned by the National Park Service are the result of poor management of the forest. We cannot risk that kind of disaster in Maine.

Let's be honest, folks. The creation of this national park is nothing more than an ego play for Roxanne Quimby and Senator King. It's not about good jobs for rural Mainers—it's about headlines for Angus King. Heaven forbid he would help Northern Mainers get good jobs. If it was about creating good jobs, the Natural Resource Council of Maine would not be involved. The liberal elitists at NRCM say "no" to every opportunity to create jobs for rural Mainers. They are determined to preserve a pristine environment with

no human activity, even if it keeps people in poverty.

We can have a balance between protecting the environment and creating good jobs. A national park is not the way to do it. If Quimby wants a legacy, she can donate her land to the State of Maine. It would be well-managed, Mainers could still use it for traditional activity and it would be a good complement to Baxter State Park.

Rural Mainers need to speak up: tell President Obama to stay out of it; tell Angus King to go back to Washington; and tell NRCM to stop obstructing good jobs for Mainers.

> Thank You, Paul R. LePage Governor

Speaker serves up message of faith, family, and food



Hoho

Continued from page 1 folklore will be explained in a special handout, while symbols that hobos once used to communicate about potential dangers or places where they were welcome will be displayed around the building. Everyone will have a chance to sample hobo stew.

A scavenger hunt will encourage participants to investigate the entire railroad club building, with its extensive library and model railroad layouts in various scales. Younger children will enjoy the special play area with its age-appropriate trains, and the opportunity to operate Thomas the Tank Engine on the newly improved layout in the G-gauge room. As guest engineers, older children will run trains on the club's permanent HO layout downstairs. Children's games will include Hoop a Caboose, Roundhouse Roulette, and fishing for prizes in a special fish pond. Hobo Bucks for games

that offer prizes may be purchased at the door for \$1 each or seven for \$5. Model railroad supplies and TrainTime videos will be available for purchase.

Railroads are private property and hobos rode the trains illegally. Because the railroad club does not want to encourage trespassing on railroad property, the event will also feature a Railroad Safety Quiz. Throughout the building, Operation Lifesaver safety posters will display infor-

241-2580

mation that can be used to answer the questions. Those who answer them correctly will be entered into a free drawing for prizes, including gift certificates from Governor's Restaurant and a free pass to ride on one of Maine's participating tourist rail-

Admission to the event is \$3; children under age 12 will enter free of charge. For more information, see www.greatfallsmodelrrclub.org.

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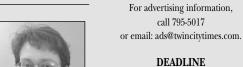


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Only Steps Forward

Lewiston isn't the only city Auburn should work with

By Jonathan P. LaBonté MAYOR OF AUBURN

In a state like Maine, where economic development efforts are spread thin across nearly 500 little municipalities, finding partnerships between towns and cities is a critical tool to attract workers, support and grow existing businesses and make the most of limited taxpayer resources.

For generations, the default in the City of Auburn was partnerships with

Lewiston. That made complete sense when looking at the distance between L-A and Portland (nearly an hour by car before the Turnpike) and when considering the surrounding towns like Poland, Minot, Turner and Greene were still predominantly farm country.

Auburn and Lewiston formed a railroad to create competition against another railroad. Auburn and Lewiston took ownership of an airport and with invest-

ment from both cities built a business park. Auburn and Lewiston stood down from competing on the construction of a new hydroelectric dam and allowed CMP to choose the best location; in exchange, both cities agreed to share in property taxes and revenues from the water rights secured in the

Those are three examples, the most recent being 30 years ago now, where the two cities cooperated on



Mayor Jonathan P. LaBonté very specific and targeted infrastructure projects to attract private investment.

Since that time, each city has invested independently in its downtowns and industrial parks.

Many former residents and others attracted to work in our region have chosen to build homes in those same towns that were once dominated by agriculture. In turn, those communities have needed to focus on ways to grow their tax base.

To our south, the explosive growth in the housing market in Portland has led many residents-and investors-to look for opportunities within a larger travel radius. That travel radius now includes communities like Auburn.

Shifts in global trade and manufacturing have also moved intermodal traffic away from the city-owned Port of Auburn to the Port of Portland—a port owned by the City of Portland but managed under lease by the Maine Port Authority.

So where does this leave potential partnerships? Without the limiting factors of the past, Auburn should be engaging with partner towns and cities where both can add value, and that means working with more than just the City of Lewiston.

As the fourth largest community in Southern Maine, our city has a lot to offer potential partners in terms of staff expertise and infrastructure to grow the economy.

To our immediate west is the Town of Poland. In recent years, water and sewer services from Auburn have been extended to serve portions of that town. The St. Lawrence and Atlantic Railroad, the Lewiston Auburn Railroad and the Port of Auburn all come together near our shared border. Water, sewer, natural gas, railroads, highway access and vacant land all coming together in an area of Southern Maine form an asset to market to site locators and is an example of something both Auburn and Poland could pursue together.

To the east sits the City of Lewiston, with the Androscoggin and Little Androscoggin Rivers, as well as the canals, giving our two cities more potential downtown waterfront for redevelopment than likely any other community in the state or northern New England.

With shared interests in the canal water rights from the mid 1980s, a relicensing of the Monty Hydro planned to begin soon and real estate owned by our Lewiston-Auburn Railroad within Riverfront Island, the downtown is ripe for a new partnership between the two cities. And with the shared real estate market and public transit system of the two cities, we would be poised to support increased residential investment tied to commuter connections back and forth to Portland.

Speaking of that city to our south, the growth of the Port of Portland with the arrival of Eimskip, the Icelandic shipping company, is opening up doors for additional warehousing, cold storage and even larger scale seafood processing. With real estate on Commercial Street in Portland at a premium, and Auburn sitting just 25 miles by rail inland, we are well positioned to partner in the growth of that port if we engaged and secured a seat at the table.

Partnerships with other cities are essential. Rather than generic, they should be specific: each city or town should know what the shared interest is, how investments will be laid out and how the return on that investment will be measured.

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Enough is Enough

Police officers are expected to be flawless

By Robert E. Macdonald Mayor of Lewiston

Calling all hunters! When you're out in the woods tracking game, upon spotting your prey, do you get an adrenaline rush? If you gamble at the casino, how many adrenaline rushes do you get waiting to see that last line on a slot machine?

If you're a parent, does your adrenaline rise when your kid carries a puck down the ice, shoots at a hoop, gets a hit or throws a great pass? I'll bet 99% would answer yes.

In law enforcement, when you pin on that badge, you're expected to be flawless. The expectations and high standards you are held to greatly exceed those of the general public. Make a mistake and you may never return home to your family. Make a mistake and a fellow officer might not return home.

Make a mistake and you will be investigated and come under intense scrutiny by the public and the press. You could lose your job or possibly go to jail. But how many people actually have any idea of the daily trials and tribulations of the average police officer?

Each day a police officer goes to work, he or she has no idea what they will face that day. Murder, robberies and rapes are few and far between for the average Maine law enforcement



Mayor Bob Macdonald

officer. But one call patrol officers handle on a frequent basis is traffic accidents.

They range from the typical bumper thumper to gory fatal accidents and everything in between. How would you react to a steady

diet of handling several accidents per week? Being able to reference in your mind the consequences that could happen when a societal miscreant, who cares nothing about his fellow citizens and places the public in jeopardy by driving at speeds exceeding 100 miles per hour on crowded highways and neighborhood streets at 4 p.m. in the afternoon, would tend to get the average police officer's adrenaline flowing.

Fifty-year-old Richard Simone of Worcester, Massachusetts had a bad day last Wednesday. Richard, one of the many miscreants living amongst us that feel society's rules don't apply to them, was driving along

minding his own business when suddenly the blue lights of a pesky Holden, Massachusetts, police car came on.

Now at this point a law-abiding citizen would have pulled their car over to the side of the road. But Richard is not a law-abiding citizen, he is a habitual criminal. Stopping for the police would insure a trip to jail. Due to the fact he was wanted on multiple warrants, the chase was on.

When the chase finally ended, two state troopers, one from Massachusetts, the other one from New Hampshire, issued Simone some street justice. Their actions will probably cost them their jobs and maybe

result in criminal prosecution, while Simone—for his lawless behavior—will end up with a big payday and the status of victim.

I am not excusing the officers' actions, but I do want to see if they will be treated by our criminal justice system and the press the same way our disadvantaged street-roaming predators are treated.

This is Police Memorial Week. Let us take pause to recognize the ultimate sacrifice made by many officers for the communities they served. In Lewiston let us remember Paul Simard, David Payne and Giles Landry.

Rest in peace, my friends.

CMHC offers free "Ask an Audiologist" sessions

In celebration of national Better Hearing and Speech Month, Central Maine Hearing Center will offer two "Ask an Audiologist" question-and-answer sessions on hearing health during the month of May. Both sessions are free and open to the public.

The first session will take place on Thursday, May 19 from 9 to 10 a.m. at Café L-A at Auburn Public Library, located at 49 Spring Street in Auburn. The second session will take place on Tuesday, May 31 from 4 to 5 p.m. in Conference Room C at 12 High Street in Lewiston.

Certified audiologist Dr. David Jardine of Central Maine Hearing Center will host the casual sessions. Participants will be invited to ask any questions they may have about hearing, hearing loss, and hearing aids. Light refreshments will be provided. Those planning to attend are asked to register by calling Central Maine Hearing Center at 786-9949.

Dr. Jardine has published several papers on hearing loss and tinnitus and recently served on the Audiology Advisory Council of the American Speech Language Hearing Association.

Located on the Central Maine Medical Cen-



Check TCT every week for updated Calendar listings! ter campus in Lewiston, Central Maine Hearing Center provides comprehensive ear and hearing disorder evaluation, diagnosis and treatment for children and adults of all ages.

The center offers aural rehabilitation services, including hearing aids, assistive listening devices and instruments to treat tinnitus. Hearing aids are selected and programmed to fit each patient's unique hearing needs. The center also provides ongoing support and services to help patients continue to experience the benefits of hearing well as their needs change.

For more information, see www.cmmc.org/hearing-services.

Chamber poses "Five Money Questions for Women"

The L-A Metro Chamber of Commerce will present the next seminar in its "Finance Matters" series, "Five Money Questions for Women," on Wednesday, May 25, from noon to 1:30 p.m. Leading the workshop will be Edward Jones financial advisor Thomas Carr, who will present tools women can use to identify financial goals and establish a financial strategy. These include the Rule of 72, systematic investing, employer-sponsored retirement plans, and IRAs as strategies for saving.

A third generation Mainer, Carr graduated from Lewiston High School and received the Wall Street Journal Award from the Maine Business School at USM in 2010. He has provided financial guidance to families in Central and Coastal Maine since 2012.

All Chamber seminars take place in their conference room at 415 Lisbon Street in Lewiston. The cost is \$25 for members and \$50 for non-members. For more information, call 783-2249; to register, see www. LAMetroChamber.com.

Preservation Board to honor Agora Grand Event Center

The Lewiston Historic Preservation Review Board will honor two local properties on Friday, May 20 at 3 p.m. at the Agora Grand Event Center at 220 Bates Street in Lewiston. The properties to be recognized are the Agora Center itself, and the adjacent Inn at the Agora, previously St. Patrick's Church and St. Patrick's Rectory. The two properties are now owned

by Andrew Knight. The event is free and open to the public.

Each year, in observance of National Preservation Month, the board recognizes outstanding local preservation efforts. Its goal is to raise awareness about the important role of historic preservation in enhancing communities, energizing local economies and renewing existing resources.



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Out & About with Rachel Morin

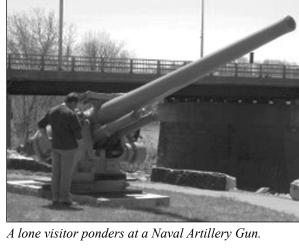
At Veterans Memorial Park



Keith G. Millett, owner of K. G. Millett Masonry of Turner, prepares the important leveling and grading before installing the pavers on the walkway to the Gold Star Mothers Monument.



Millett checks his work and he is pleased.





"A few hours more and we'll be done" says Millett.

O & A

Continued from page 1

Desjardins will also speak to the assembled dignitaries, veterans, families and the public. Brigadier General Douglas A. Farnham, Adjutant General, Maine National Guard, will also be in attendance as well as Lewiston Mayor Robert Mcdonald and Auburn Mayor Jonathan LaBonte. Both Mayors will

with AFC Jerry DeWitt USA (Ret.), Chair of the LA Veterans Council, and DC 2 Petty Officer Norm Cote USN (RET.), Vice-Chair, for the past two months as they finalize the preparations for the Memorial Weekend. They have been working on the plans for the past year. Norm called me a year ago to enlist my help with press releases

also speak at the event.

I have been working

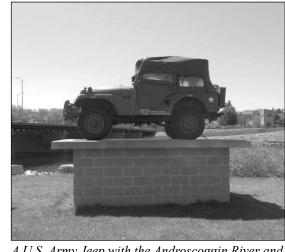
for the past year. Norm called me a year ago to enlist my help with press releases leading up to the event. It is inspiring to work with these veterans and see the pride and respect they have for the project and their attention to

every detail. I met Keith Millett, owner of K.C. Millett Masonry in Turner, who is building the walkway to the Gold Star Mothers Monument. We talked during his break and it is clear he is pleased and proud to be involved in this project. I took 'before and after' photos of Keith's work. Later, as it was such a lovely day, I took the opportunity to walk around the beautiful Park and took a few more photos.

DeWitt and Cote are inviting all veterans' organizations, including the Vietnam Veterans of America to participate in



Working on the pavers.



A U.S. Army Jeep with the Androscoggin River and the Auburn skyline in the background.

the parade in vehicles and/ or Color Guard as well as other interested units. FMI, please call DeWitt at (207) 576-0376 or by e-mail at jdewitt@tcmhs.org.

Those interested in having their names or family members who have served in the U.S. Military may contact Cote FMI at (207) 782-1725, by e-mail at nmcote@roadrunner.com or 11 Pineland St., Lewiston 04240.

Seating is limited but people are welcome and encouraged to please bring their own chairs as a place has been arranged for additional seating.





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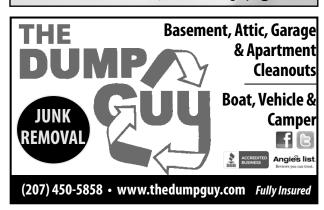
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Art Walk

Continued from page 1

that swampy, rocky sound people once heard in noisy bars

Michael Krapovicky. 6 to 9 p.m., Festival Plaza, Auburn. Professionally performing in New England since 1999, Krapovicky is a songwriter and multi-instrumentalist with a love for harmony and concise, heartfelt lyrics. A member of the Grumps and Eds Meds, he also performs solo acoustic, promoting his recorded music, most notably "Songs I Lied About," "Lowlife," and RPM Challenge songs from 2008, 2010, 2012 and 2016.

In addition to the event's over 20 venues in Lewiston, local arts non-profit LA Arts will partner in 2016 with over 10 participating business spaces in downtown Auburn.

Auburn venues for 2016 include 84 Court Restaurant, Auburn City Hall, Auburn Public Library, Café LA, Designs by Skip, Gritty McDuff's, Kate Lavin Photography, Maine Gourmet Chocolates, Roger's Haircutters, and Top It Frozen Yogurt.

Lewiston venues for 2016 include Avant-Garde Maine Paintbar, Bear Bones Beer, Chill Yoga, Downtown Handmade Vintage & The Hive, Dube's Flower Shop, Forage Market, Fuel Lewiston, Gil Poliquin Hearing & Optical, Hardy Wolf & Downing, Heritage Collectibles, J Dostie



Art Walk LA converts downtown businesses and storefronts into public arts spaces that include galleries, exhibitions, and special performances.



Chicks with Sticks



The Juke Joint Devils

Jewelers, Kimball Street Studios, LA Arts, Lamey Wellehan, Lewiston Public Library, Paul's Clothing & Shoe Store, She Doesn't Like Guthries, The Studio, The Vault, and Wicked Illustrations

To keep up-to-date on Art Walk LA all summer, visit their Facebook page or see http://laarts.org.

Chamber spotlights "Laws Protecting Military Personnel"

The next workshop in the Chamber of Commerce's "L-A Law" legal advisory workshop series for businesses will be "Laws Protecting Military Personnel and Families" on Thursday, May 26 from noon to 1:30 p.m.

Not only is it important that our military-member employees understand their rights, but it's important that private employers and business owners understand them as well.

For example, those with employees serving, or who have family members serving, in the military should know about legal obligations they may have to grant leaves of absence to those employees.

Attorney Sonia Buck, partner at Linnell, Choate & Webber, LLP, will discuss the importance of keeping accurate records and will provide tips for employers who want to revise employee handbooks and personnel

policies to reflect laws protecting military employees and their families. She will also discuss other laws protecting military members and ways in which these laws might affect small business practices.

Matthew Collins, a volunteer with Employer Support of the Guard and Reserve, will explain ESGR and how it can be a resource to employers. Prior to retiring on February 1, 2015,

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LA Arts entry named one of 64 nationwide "Our Town" projects

When National Endowment for the Arts Chairman Jane Chu recently announced 64 awards totaling \$4.3 million to support projects across the nation through the NEA's "Our Town" program, LA Arts was one of the organizations recommended to receive a \$50,000 award. The funds will be used to design and implement a cultural and artistic entrepreneurship program and related projects.

The Our Town grant program supports creative place-making projects that help transform communities into lively, beautiful, and resilient places with the arts at their core. The NEA received 240 applications for Our Town this year, and will make awards ranging from \$25,000 to \$100,000.

"For six years, Our Town has made a difference for people and the places where they live, work, and play," said NEA Chairman Jane Chu. "Projects such as the one led by LA Arts help residents engage the arts to spark vitality in their communities."

"We believe that this initiative, which will provide artisans with business development skills, is an incredibly important one," said Josh Vink, Executive Director for LA Arts. "It offers key support for the arts and culture sector, which is very much needed. That sector is a vital part of our history and is essential for the continuing development of the Twin Cities."

LA Arts' partners in the initiative, the Lewiston Auburn Economic Growth Council, Maine College of Art, and Pratt Institute, believe that artisan-based manufacturing can be a significant catalyst for future economic development in Lewiston-Auburn and can provide an opportunity to position a brand that is grounded in the cultural heritage of the communities while presenting a clear vision for the future.

"We are proud to partner with LA Arts as part of

our engagement in entrepreneurship in LA Maine," said John Holden, President of LAEGC. "Entrepreneurs, who come from all walks of life and cultures, are encouraged in a creative and artistic environment."

Page 7

"MECA is pleased to be a partner in this grant to link our students and alumni to entrepreneurial opportunity to expand the breadth and depth of Lewiston and Auburn's often hidden - but exemplary and innovative - craft, art and design economy," said Rebecca Swanson Conrad, Vice President for Institutional Advancement at Maine College of Art.

The project will also support and celebrate Lewiston-Auburn as a center of manufacturing and "making" in the State of Maine, including a partnership with Museum LA and plans for the Maine Innovation Expo, scheduled for May of 2017 at the Bates Mill complex. For more information, contact LA Arts at 782-7228

Collins had careers in both state and federal government, most significantly as an investigator monitoring employer compliance with civil rights and labor laws. After serving over four years in active duty and 26 years in a reserve capacity, he retired from the Coast Guard Reserve as a Chief Warrant Officer 4 at the end of 2007.

Chamber workshops take place in their conference

room at 415 Lisbon Street in Lewiston. Registration is \$25 for members and \$50 for non-members. For more information, call 783-2249; to register, see www.LAMetroChamber.com.



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Uplift LA Celebrates 10th Anniversary



Joseph Philippon, from the Lewiston Police Department, poses on the red carpet with his wife, Katie, at the 40 Under 40 event at the Kora Shrine in Lewiston on Friday night. Philippon was one of the honorees at the tenth anniversary dinner hosted by Uplift LA, formerly Young Professionals of the Lewiston Auburn Area.

Uplift

Continued from page 1

ther networking and business relationship building; especially across Lewiston Auburn. Membership in Uplift LA is free and information on Uplift LA can be found at www.upliftlamaine.com or on Facebook at www.facebook.com/up-

LA's 40 Under 40: As Uplift LA embarked on its

10th Anniversary, Steering Committee members decided to honor many local rising professionals by holding its first annual 40 Under 40 awards celebration. 40 individuals from 10 different categories were recognized. Categories included: Building LA, Creative Geniuses, Economic Development, Education, Emerging Leaders, Entrepreneurs, Government, Health & Wellness, Local Heroes and Volunteers.



Dan Thayer, President and CEO of Thayer Corporation, introduces the winners of the 2016 Y-Not? Challenge which he instituted several years ago.

Photos by: Bell Studios/PortraitEFX



Dr. Ashlee Vandiver, Chair of Uplift LA, announces the rebranding of their group from Young Professionals of the Lewiston Auburn Area at the tenth annual dinner sponsored by the group at the Kora Shrine on Friday night. This was also

They received a total of 522 nominations from community members, nominating a total of 187 local rising professionals. The Facebook post has reached over 18,000 people, was viewed by 1,221 individuals and the voting platform was viewed by 8,113 individu-

Your comfort is our top priority and your

LA selected the individuals receiving the most votes in each category. If individuals received a high number in multiple categories, they were awarded the category with the highest number



Nikki Withrow, Sarah Peters, Katrina Varney Guinard, and Sarah Peters stand with Dan Thayer after being announced the winners of the 2016 Y-Not? Challenge at the Uplift LA annual dinner last Friday night at the Kora Shrine in Lewiston.

Lewiston GOP to meet May 26 The Republican City election of the Finance

Committee of Lewiston will meet on Thursday, May 26 at 7 p.m. at the L-A Metro Chamber of Commerce at 415 Lisbon Street. Doors will open at 6:45. On the agenda will be the nomination and

Chair. Please come and meet the 2016 candidates to be prepared for the June 14 Primary. For more information, contact Chair Shane Bouchard at 740-6135 or Secretary Leslie Dubois at 577-1187.

uplift

City launches info resource for landlords

While landlords are an important part of any community, there is often no easy way to quickly communicate with them as a group. To address this issue, the City of Lewiston has established a Notify Me resource for "Landlords/ Property Managers" on its municipal web site to more efficiently notify them about issues that could potentially impact their properties.

For instance, the City

waste and ePass systems that may affect those utilizing the City's collection programs.

Those who sign up Notify Me will be kept abreast of any potential changes and will be notified of meetings on this and other relative issues. They can choose to be notified by text, email, or both. To sign up, click on the "Notify Me" button on the home page of the City's web site and then







May 19, 2016 • Twin City TIMES Page 9

L-A Metro Chamber breakfast at the Kora Shrine Center



L-A Metro Chamber CEO, Matt Leonard was the speaker.



Michael Higgins, Units Lt. Colonel, 2016 Illustrious Potentate Dr. Paul Poulin and Bernie McAllister, Units Colonel from Kora Shrine Center at their Feztival of Trees

Evergreen Subaru donates \$25K to Boys & Girls Club



Pictured here (l. to r.) are Christian Duchette, Angie Lafayette and Barry Dean of Evergreen Subaru; Ann Messinger of Boys & Girls Clubs of Southern Maine; General Manager Doug Weisz of Evergreen Subaru; Jim Costello Jr., Past President of BGCSM; Andie Hannon, Director of BGCSM's Auburn-Lewiston Clubhouse; Lynn Weisz of Evergreen Subaru and Bill Bergeron of Subaru of New England.

As a result of Subaru's national "Share the Love" program of late 2015, Evergreen Subaru of Auburn recently donated \$25,000 to the Boys & Girls Clubs of Southern Maine's Auburn-Lewiston Clubhouse. During the event, patrons who bought a new Subaru at Evergreen had an opportunity to choose one of five charities to which Subaru would donate \$250. The Boys & Girls Club was named this year's Hometown Charity by Evergreen.

The award will support the transportation of club members to and from the Clubhouse after school and during the summer and will increase the number of experiential field trips for kids and teens.

"We are so pleased to work through Share the Love with the local Boys & Girls Club to help increase member transportation,"

said Evergreen Subaru General Manager Doug Weisz. tion is vital to serving more kids and teens who need

"We realize that transporta-

What's Going On

Community Concepts screens preview of "Dream On"

From Bernie Sanders to Donald Trump, the 2016 presidential candidates share one thing in common: a conviction that they can revitalize the American Dream. Pinned between stagnant wages and the soaring costs of housing, education and healthcare, millions of Americans are struggling to make ends meet.

To address these urgent issues before this year's critical election, Community Concepts will host a preview screening of "Dream On" before it airs on PBS. The screening will take place on Tuesday, May 24 at 6 p.m. at the Franco Center in Lewiston. The event is free; pre-registration is requested at www.community-concepts.org.

"Dream On" features political comedian John Fugelsang as he retraces the journey of Alexis de Tocqueville, whose study of our young country in 1831 came to define America as a place where anyone could climb the ladder of economic opportunity. Following in the Frenchman's footsteps, Fugelsang speaks with fastfood workers and retirees,

the club the most, and we're fortunate to be able to help local youth in this way."

Located at 774 Center Street in Auburn, Evergreen Subaru this year celebrates 10 years of proudly serving Lewiston-Auburn, Augusta, Portland and surrounding

The Boys & Girls Clubs of Southern Maine operates five locations in Auburn, Portland and South Portland. These clubs currently serves 2,850 registered members, of which nearly 620 come from the Lewiston-Auburn community. For more information, see www.bgcmaine.org.

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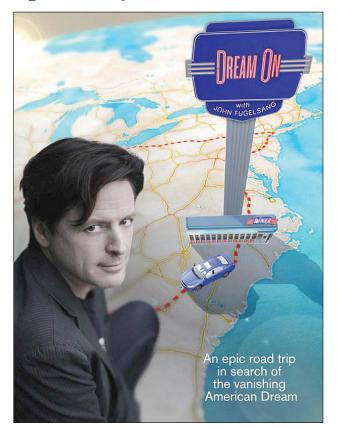
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prisoners and entrepreneurs, undocumented immigrants and community organizers about their hopes, dreams, and daily struggles. "Dream On" explores whether the optimistic spirit of the American Dream that Tocqueville observed is alive and well in the twenty-first century, or whether George Carlin was right when he famously quipped, "It's called the American Dream because you have to be asleep to believe it."

"Many of the issues raised in the film also come up locally in Lewiston and Auburn and across the counties we serve," said Shawn Yardley, CEO of Community Concepts. "In the film, they speak with people from across the U.S. about overcoming generational poverty, access to healthcare and insurance, providing capital for entrepreneurs and small business owners. Had they elected to, they could have produced the film right here in Central Maine and had very similar conversations."

Community Concepts, which just celebrated



Political comedian John Fugelsang retraces the 1831 journey of Alexis de Tocqueville to explore whether the optimistic spirit of the American Dream that Tocqueville observed is still alive and well in the 21st century.

its 50th Anniversary, is a private non-profit, 501 (c) (3) Community Action Agency whose mission is to provide leadership, education and support to build thriving individuals, families and communities. For more information, see www.community-concepts.org.

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■ toenail discoloration

□ athlete's foot

□ heel pain

□ toe pain

arch pain

□ ankle pain

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Weekly Arts & Entertainment

Puppet Theatre to present "African Adventure Tales"

Spectacular scenery and infectious music will bring two traditional folktales to life when the Public Theatre presents the Crabgrass Puppet Theatre's production of "African Adventure Tales" on Sunday, May 22 at 2 p.m. Winner of the "Best Performance" award at the 2015 Puppeteers of America National Festival, this humorous adaptation is perfect entertainment for children ages 4 through 10 and their families.

In "Koi and the Kola Nuts," the youngest son of a chief sets out on a journey in search of fortune, carrying only a sack of kola nuts. His kindness to the creatures he meets is rewarded when they help him find a new home. In "Anansi and the Talking Melon," one of the most hilarious trickster characters in world folklore eats his way into a melon and then



finds himself too full to back out. Trapped inside, he fools other animals into believing the melon can talk

Tickets for everyone ages 18 and under are only \$5 each. This reduced ticket rate ticket is made possible by the generous support of foundations and local businesses. Tickets for adults are \$10. Additional School-Day Performances will take place on Monday and Tuesday,

SATURDAY

2 Ham or Salami

Italians

w/2 Fountain Drinks

EVERYDAY

May 23 and 24, at 9:30 and 11:30 a.m.; Tuesday, May 24 at 4:15 p.m., and Wednesday, May 25 at 9:30 a.m. For more information or to buy tickets, call 782-3200 or see www.thepublictheatre.org.

Sabattus Rec hosts Kids' Scrabble Scramble

fore moving on to the next.

The Sabattus Rec Club Running Program will hold a Kids' Scrabble Scramble on Saturday, May 21 at 1:30 p.m. at the ball fields at Pleasant Hill Road. There will be two events, the first for kids ages 5 to 8, the second for kids ages 9 to 12. The younger group will be allowed to have spelling helpers.

The Scrabble Scramble is a game and contest that combines speed, exercise, and spelling, all in one event. Participants will be shown eight different exercises, such as jumping jacks, and then will move as quickly as possible to each of the eight stations, performing the number of required reps at each be-

Participants will collect a random Scrabble letter tile at each station. Once they complete the course, they will return to the start area, where they will use their letters to try to create words. Ribbons will be given for the first word, the longest word, and the word worth the most Scrabble points.

The event is open to

any child from the Oak Hill area. Registration will begin at 1 p.m. The registration fee will be \$3, or \$5 for two or more kids from the same family. Each registered child will receive a certificate for a free Olympia Sports t-shirt.

A few volunteers are still needed to help run the event. For more information, contact Jon at 375-8105 or running@sabattusrec.com.

Children's Fishing Derby & Casting Competition

The Litchfield Sportsmen's Club will host its 41st annual Children's Fishing Derby & Casting Competition on Saturday, May 21. The competitions are open to all kids ages 5 through 15. There is no charge to enter the fishing derby and a small fee to enter the casting competition.

The fishing derby will feature two age divisions, for those ages 5 to 9 and those ages 10 to 15. Registration will open at 9 a.m. Those ages 5 to 9 will fish from 9:30 to 11:30 a.m., while those ages 10 to 15 will fish from 10 to 11:30 a.m. The child who catches the largest fish (determined by weight) in each age division will receive a cash prize and trophy. Second place will receive a trophy. All kids will receive a prize for entering. The awards ceremony will begin

The casting competition will have a single division for kids ages 5 to 15 and will run from 10 to 11:30 a.m. The winner will receive a trophy.

Contestants must bring their own poles and gear (only worms and artificial lures allowed) and must be accompanied by an adult. Non-resident kids over age 12 must have a valid, non-resident fishing license.

John Gorka to perform at Chocolate Church



Known for his soulful baritone and sharp songwriting, John Gorka has crafted a long string of fine recordings in his now three-decade career. He'll play a mainstage show at Chocolate Church Arts Center, 804 Washington Street in Bath, on Friday, May 20 at 7:30 p.m. Tickets are \$25 (\$30 at the door), available at 442-8455 or www. chocolatechurcharts.org.

Located at 2782 Hallowell Road, Litchfield Sportsmen's Club stocks its on-site pond with trout each year specifically for the children's fishing derby. Food and drink will be available

in the clubhouse. For more information, including a full set of contest rules, contact Tom Pelletier at 268-9271 or Mike Fletcher at 331-4719, or see www.LitchfieldSportsmensClub.com.



TUESDAY Meatball Subs

WEDNESDAY

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APL book groups seek new members

Auburn Public Library sponsors two book groups that are eager to welcome new members in June. The Auburn Page Turners will discuss the novel "Rush Oh" by Shirley Barrett on Monday, June 6 at 1 p.m. Incredible as it may seem, packs of killer whales harried much larger sperm and humpback whales under the harpoons of fishermen in the waters of Twofold Bay, on the south coast of New South Wales, in the late 19th and early 20th century.

This historical period novel focuses on the famous whale man, George "Fearless" Davidson, and his family. The narrator is Davidson's precocious elder daughter, Mary, who in spinster middle age has decided to set down the events of the whaling season of 1908, when the industry's decline was established.

The Pickwick Club, Maine's Dickens and Victorian-Era discussion group, will meet on Saturday, June 25 at 10 a.m. to discuss "The Victorian City" by Judith Flanders. From the moment Charles Dickens arrived in London in 1822, he obsessively walked its streets, recording its pleasures, curiosities and cruelties. Flanders describes its markets, transport systems, sewers, rivers, slums, alleys, cemeteries, gin palaces, chop-houses and entertainment emporia to reveal the Victorian capital in all its variety, vibrancy and squa-

Twin City Nights

lor. For more information, call Joanne at 583-6957 or Alexis at 779-8979.

Copies of both titles may be acquired through interlibrary loan, which is free for all cardholders.

Plant sale at Freeport Historical Society

The Freeport Historical Society will offer perennials from local private gardens and select annuals grown locally at its Town and Country Plant Sale on Saturday May 21, from 9:30 a.m. to 1:30 p.m. at 45 Main Street in Freeport. Members and those joining as new members may be early bird buyers at 8:30 a.m.

The organization is coordinating its sale with plant sales the same day at Wolfe's Neck Farm in Freeport and St. Mary's Garden Club in Falmouth. Maps to the events will be provided at each site and will include discount coupons for area businesses. For more information, call 865-3170 or see HistoricFreeport.org.

APL program explores

experience.

Did you know that most of what we know about the universe was learned using radio telescopes? Auburn Public Library's program series supporting the interactive exhibit "Discover NASA: From Our Town to Outer Space" will continue on Monday, May 23 at 6 p.m., when Jon Wallace will discuss how radio waves are revealing some of space's greatest secrets.

Radio telescopes consist of an antenna, or system of antennas, connected to one or more radio receivers to detect and analyze radio waves from space. This program will explore the uses that astronomers are making of radio astronomy and the advantages of radio versus optical observing. Since radio picks up lower energy (i.e., lower temperature) objects than optical astronomy, radio telescopes can "look" at very different objects. A demonstration radio telescope will be available before and/or after the program to give

participants a hands-on

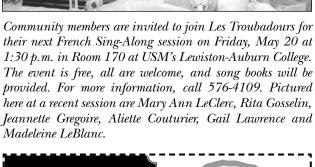
tional Center for Interactive

Learning at the Space Sci-

ence Institute in Boulder,

On loan from the Na-

Madeleine LeBlanc. radio astronomy



Next French Sing-Along

May 20



783-0336



Fun in the Sun ~ Backyard

essentials for a summer outdoors

Photo courtesy of Getty Images

From a leisurely afternoon watching the kids play in the sprinkler to an evening cookout with friends under the stars, it's the perfect time of year to bask in the comfort and beauty of your own backyard. Take this year's outdoor enjoyment to a new level with items designed to keep you and your fellow revelers safe and ready for food and fun.

Easy Summer Entertaining

There's something about summer that makes casual get-togethers great. The menu can be simple, an outdoor setting makes decorating a cinch and the options for entertainment are nearly endless. Put a

special touch on your celebrating with these ideas:

If you find yourself short on seating, create conversation areas using colorful quilts or blankets.

Add lighting to dim corners with a simple strand of twinkling Christmas lights or take it up a notch with festive strings of lantern-style lights.

Create a refreshing breeze and help keep pests at bay with fans set on low to circulate the air. For a simple decorative touch, add some streamers that will dance in the wind.

Thread a variety of fresh fruits on bamboo skewers and insert ends into See Fun, page 12





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Thursday, May 19



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or CALL 782-2211



Fun

Continued from page 11

the rind of an upside-down watermelon half for a pretty and practical centerpiece.

Greet young guests with small buckets filled with dollar store treasures like sidewalk chalk, jump ropes and water guns to ensure they stay entertained while the adults have some fun of their own.

Savor the Flavors of Summertime

Summer heat has everyone reaching for hot dogs, barbecue and refreshing cocktails. Now, with Barefoot Refresh Spritzers in a lightweight, single-serve can, you can enjoy the flavors of summer where wine glasses and bottles aren't always welcome – including poolside, beaches, parks and your own backyard. Available in Crisp

L-A's Best Source for Arts, Music and Theater Twin City TIMES Your Hometown Paper!

White and Summer Red varieties, these spritzers are best enjoyed straight from the chilled can, poured over ice or mixed in a cocktail. For more information, visit BarefootWine.com.

Help Your Skin Recover After Too Much Sun

Lose track of time on the beach? Miss that spot applying sunscreen? Sun exposure sneaks up on all of us. That's why it's important to have a product such as SunBurnt Advanced After-Sun Gel on hand. It instantly cools, rehydrates and repairs, helping skin recover from getting too much sun. It's gentle on even the most sensitive skin and combines some of nature's best healing and hydrating ingredients, plus aloe, in a unique, nonsticky formula. For more information, go to sunburnt.

Be Prepared for Burns, Bites and Scrapes

Summer means backyards, beaches and big adventures. Unfortunately, it can also mean bumps, bugs and run-ins with the grill. With First Degree Multi-Symptom Burn Cream, you're prepared for minor burns, bug bites and scrapes before they strike. It's 96 percent natural and works on contact to soothe pain and itching, boost healing and help reduce the appearance of scars. Keep First Degree in your first aid kit and keep yourself in the fun. For more information, visit firstdegree.

Keep Hot Summer Parties on Ice

On those hot summer days when it's necessary to

have quick access to a cold drink outdoors, keeping a well-stocked cooler on hand is the perfect solution. You can take food and drinks with you to outdoor activities, such as tailgating, camping, parties and backyard entertaining, with portable coolers. With various sizes available, you can pack everything from meat for the grill and condiments to two-liter bottles of soda and other sips of choice inside and let the outdoor fun begin.

Grill Up Some Good-

Nothing adds to a backyard party quite like the aroma and flavor of delicious grilled fare. From traditional favorites like burgers and hot dogs to chicken, steak, fish or kebabs, having a grill that can do it all is imperative. From portable models you can also use while camping or tailgating to grills built into an outdoor kitchen, there's one to fit every need. Look for grills with features such as a side burner, multiple racks or storage space that make grilling up a full summer menu easier.

Serveware with a Purpose Perfect for all of those backyard barbecues, and featuring artwork by PBS cooking show host Jacques Pepin, the Pass the Plate serving platter generates a \$5 donation each time an individually numbered platter is passed and registered online. With its fresh and cheery design, this unique serving piece, which is available for \$24.95 at Villeroy & Boch stores or by calling 1-888-886-8318, makes sharing even more fun. (Family Features)

The Androscoggin County Republican Committee Invites YOU to the Spectacular

Annual Lincoln Day Dinner and Auction

May 20, 2016, Franco Center, Lewiston, ME



Enjoy a wonderful meal, live music, and a fun auction!

Governor Paul LePage and Congressman Bruce Poliquin

Doors Open at 5:00, cash bar Reception, with live music, 5:30 - 6:30 Dinner at 6:45

Speakers and Silent or Live Auctions throughout the evening Tickets: \$40

> For Tickets or FMI, Contact: Patti Gagne, Chair at 783-4529 Jon Kirsch, Finance Chair at 212-8787 Joanna Said, Secretary 897-4824

Tickets also available online at: http://androgop.weebly.com/

Thursday, May 19
Business Development
Workshop. 8 to 9:30 a.m.
Chamber of Commerce,
415 Lisbon St., Lewiston.

415 Lisbon St., Lewiston. Kurk Lalemand of Next Level Business Coaching presents "Preparing for a Tradeshow." \$50 (members \$25). Register at www.an-

droscoggincounty.com.

Ask an Audiologist.
9 to 10 a.m. Café L-A,
Auburn Public Library, 49
Spring St., Auburn. Certified audiologist Dr. David
Jardine of Central Maine
Hearing Center answers
questions about hearing,
hearing loss, and hearing

aids; light refreshments.

Free. Register at 786-9949.

Film Screening. 4:30 to 6:30 p.m. Room 104, Olin Arts Center, Bates College. Local sponsors of Nat'l Healthcare Decisions Day present the PBS Frontline film "Being Mortal," about the importance of discussing our wishes for end-of-life care. Free.

Author Visit. 6:30 p.m. Auburn Public Library. Historian and author Ron Chase discusses his book "The Great Mars Hill Bank Robbery." Free. Copies avail. for purchase. 333-6640, ext. 4.

Friday, May 20

French Sing-Along. 1:30 p.m. Rm. 170, L-A College, 51 Westminster St., Lewiston. Les Troubadours lead this free monthly event; all are welcome, song books provided. 576-4109.

Award Ceremony. 3 p.m. Agora Grand Event Center, 220 Bates St. Lewiston. The Lewiston Historic Preservation Board honors the restoration of the Agora Grand Event Center and the adjacent Inn at the Agora, previously St. Patrick's Church and Rectory. All are welcome. Free.

Lincoln Day Dinner & Auction. 5:30 p.m. Franco Center, 46 Cedar St., Lewiston. This annual event of the County GOP incl. dinner, live music, auctions, and speakers Paul LePage and Bruce Poliquin. \$40. 783-4529; http://androgop.weebly.com.

Concert: John Gorka. 7:30 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. Known for his soulful baritone, this New Folk pioneer has crafted a

Calendar

See more Calendar at www.TwinCityTimes.com

long string of fine recordings in his now decades-long career. \$25 (\$30 at door).

Saturday, May 21

Stanton Bird Club Field Trip. 7:30 to noon. Steve Reed leads a Leader's Choice Trip to where the most interesting sightings are occurring. Meet in the Staples parking lot in Lewiston. Free. 319-6630.

Screening Clinics. 9 a.m. to noon. Five locations in Central Maine. If your child ages 18- has an orthopedic condition, burn or spinal cord injuries, or a cleft lip and/or palate and may benefit from the free care offered at Shriners Hospitals for Children, call 754-4706 or 782-6831.

Children's Fishing Derby & Casting Competition. 9 a.m. to noon. Sportsmen's Club, 2782 Hallowell Rd., Litchfield. Open to kids ages 5-15. For details and complete rules, see www.LitchfieldSportsmensClub.com.

Plant Sale. 9:30 a.m. to 1:30 p.m. Freeport Historical Soc., 45 Main St., Freeport. On sale will be perennials from local private gardens and select annuals grown locally; a map to other sales will incl. coupons to local businesses. 865-3170; HistoricFreeport.org.

Hobo Holiday. 10 a.m. to 4 p.m. Great Falls Model Railroad Club, 144 Mill St., Auburn. Enjoy hobo and train-related games and activities for the whole family. \$3 (kids ages 11- free). www. greatfallsmodelrrclub.org.

Kids' Scrabble Scramble. 1:30 p.m. Ball fields, Pleasant Hill Rd., Sabattus. The Sabattus Rec Club hosts this exercise game and contest for kids ages 5-12; prizes, free t-shirt. \$3 (max. \$5 per family). 375-8105; running@sabattusrec.com.

Benefit Supper for Lisa Simmons. 5:30 p.m. Elks Lodge, 1675 Lisbon St., Lewiston. Happy Hour, dinner, raffles, dancing to music provided by Music Reflection DJ Mark Peillet. \$10. 240-4532; 713-4927.

Concert: Maine Music

Soc. Chorale. 7:30 p.m. Franco Center, 46 Oxford St., Lewiston. This "Tribute to the Piano Men" features the songs of Billy Joel and Elton John. Again 5/22 at 3 p.m. \$20/18/10 (kids 11- free). 782-7228; www. mainemusicsociety.org.

Sunday, May 22

Stanton Bird Club Walk. 1 to 3 p.m. Thorncrag Bird Sanctuary, Montello St., Lewiston. Walk leaders Jeri and Gary Maurer join the Nadeau Family on the annual Larry Nadeau Memorial Walk along the trails Larry loved. All are welcome. Free. 524-2060.

Theater: "African Adventure Tales." 2 p.m. Public Theatre, 31 Maple St., Lewiston. Crabgrass Puppet Theatre's humorous adaptation of two traditional tales is perfect for kids ages 4-10 and their families. \$10 adults, \$5 kids ages 18-.782-3200, www.thepublictheatre.org.

Monday, May 23

Black Lives Matter Vigil. 4:30 p.m. Auburn side, Longley Bridge. Central Maine's Showing Up for Racial Justice group invites community members to join them for this event. 783-0461; centralmaine SURJ@riseup.net.

Radio Astronomy Program. 6 p.m. Auburn Public Library. In conjunction with the current "Discover NASA: From Our Town to Outer Space" exhibit, Jon Wallace discusses how radio waves are revealing some of space's greatest secrets. Free. 333-6640, ext. 4

Tuesday, May 24

Bates College Area Bird Walk. 6 to 8:30 a.m. Stanton Bird Club leads this regular Tuesday a.m. walk from the front of Hathorn Hall on the Bates campus, past Mt. David to Riverside Cemetery, and back via a circuit of Lake Andrew. Free. 319-6630.

Film Screening. 10 a.m. to noon. Jalbert Hall Auditorium, Central Maine Community College. Local sponsors of Nat'l Healthcare Decisions Day present the PBS Frontline film "Being Mortal," about the importance of discussing our wishes for end-of-life care. Free.

Andro. Historical Soc. Annual Meeting. Marco's Restaurant, 12 Mollison Way, Lewiston. After the business meeting at 5:30 p.m. and dinner at 6:30, State Historian Earle Shettleworth discusses "The Maine Homefront in World War I." \$25 (members \$20). Reserve by 5/17 at 784-0586.

Film Screening. 6 p.m. Franco Center, 46 Cedar St., Lewiston. Community Concepts hosts a preview of the PBS documentary "Dream On," which explores whether the optimistic spirit of the "American Dream" still survives. Free. Pre-register at www.community-concepts.org.

Wednesday, May 25

Stanton Bird Club Field Trip. 8 to 11 a.m. Stan and Joan DeOrsey lead a trip to Highland Green Heath to look for spring migrants. Meet in parking lot of Food City Shopping Center, 583 Lisbon St., Lisbon Falls. Free. 406-4741.

Finance Matters Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. "Five Money Questions for Women" provides tools to identify financial goals and strategies. \$50 (members \$25). 783-2249; register at www.LAMetro-Chamber.com.

Film Screening. 6 to 8 p.m. Franco Center, Lewiston. Local sponsors of Nat'l Healthcare Decisions Day present the PBS Frontline film "Being Mortal," about the importance of discussing our wishes for end-of-life care. Free.

Thursday, May 26 Legal Advisory Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Attorney Sonia Buck, partner of Linnell, Choate & Webber, discusses "Laws Protecting Military Personnel and Families." \$50 (members \$25). Register at www.androscoggincounty.com.

Lewiston GOP Committee Meeting. 7 p.m.

FLAGSHIP CINEMAS

MAY 20TH THROUGH MAY 25TH

DOORS OPEN AT: AUBURN 746 Center Street Auburn Movie Hotline — 786-860

Addarn Movie Healine 1			_
The Nice Guys (R)12:30	3:40	7:10	9:40
Neighbors 2: Sorority Rising (R)1:10			
Money Monster (R)1:55	4:40	7:05	9:20
Mother's Day (PG-13)1:20			
The Jungle Book (PG)12:45	3:20	6:45	9:05
Captain America: Civil War (PG-13)12:15	1:45	3:30	8:30
9:45 showing ONLY FRIDAY/SATURDAY		6:40	9:45
Captain America: Civil War 3D (PG-13)1:00	4:10	7:30	XXX
The Huntsman: Winter's War (PG-13)4:50			
The Angry Birds Movie (PG)12:00	2:15	7:00	
The Angry Birds Movie 3D (PG)	4:30		9:15
Zootopia (PG)1:30	3:50	6:50	
Keanu (R)			9:10

Chamber of Commerce, 415 Lisbon St. On the agenda is the nomination and election of a Finance Chair; meet the 2016 candidates in adv. of the June 14 Primary. 740-6135; 577-1187.

Friday, May 27

Art Walk LA Kick-off. 5 to 8 p.m. Venues in downtown Lewiston and Auburn become public arts spaces for this monthly event; tonight's entertainers are Chicks with Sticks, The Juke Joint Devils, and Michael Krapovicky. See schedule, list of venues at http://laarts.org.

Tuesday, May 31

Ask an Audiologist. 4 to 5 p.m. Conf. Room C, 12 High St., CMMC campus, Lewiston. Certified audiologist Dr. David Jardine of Central Maine Hearing Center answers questions about hearing, hearing loss, and hearing aids; light refreshments. Free. Register at 786-9949.

Friday, June 3

Theater: "August: Osage County." 7:30 p.m. Great Falls Performing Arts Center, 30 Academy St., Auburn. Community Little Theatre presents the award-winning drama about the disintegration of a Southern family. Again 6/4-5, 9-12 (Sundays at 2 p.m.) \$18/15/12.783-0958; www.laclt.com.

Saturday, June 4 Safe Voices Walk-Run to End Domestic Violence. 9 a.m. Bates College, Lewis-

INTRODUCING

ton. Help spread awareness about domestic abuse and raise funds to support vital services in Andro., Franklin and Oxford Counties.795-6744. www.safevoices.org.

Planned Parenthood Voter Canvas. 10 a.m. to 4 p.m. First Universalist Church, 169 Pleasant St., Auburn. After a training session in the morning, participants engage in a community voter canvas on the topic of abortion rights. 783-0461; www.auburnuu.org.

Monday, June 6

Book Discussion. 1 p.m. Auburn Public Library. The Auburn Page Turners discuss the novel "Rush Oh" by Shirley Barrett; copies available to APL/LPL cardholders via interlibrary loan. 333-6640, ext. 4.

Tuesday, June 7

Primetime Adventures Lecture. 2 p.m. Auburn Public Library. Senior College instructor Charles Plummer discusses "Philosophy of Freedom and Liberation." Free. 333-6640, ext. 4.

Thursday, June 9
Theater: "August:
Osage County." 7:30 p.m.
Great Falls Performing
Arts Center, 30 Academy
St., Auburn. Community
Little Theatre presents
the award-winning drama
about the disintegration of
a Southern family. Again

about the disintegration of a Southern family. Again 6/10-12 (Sunday at 2 p.m.) \$18/15/12.783-0958; www. laclt.com.





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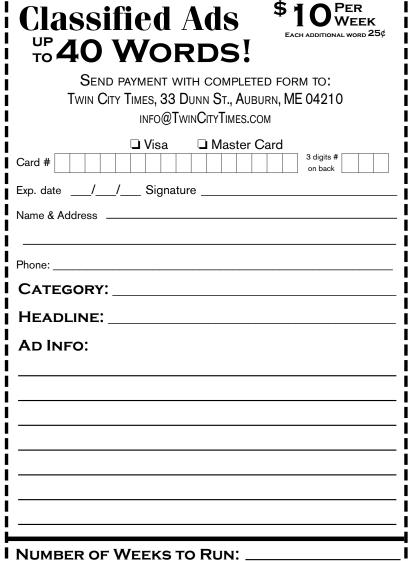
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What's Going On

Humane Society hosts birthday parties

have recently presented the Greater Androscoggin Humane Society with donations they asked guests to bring to their birthday parties this year in place of gifts. Their party guests generously donated pet food, toys, treats and cleaning supplies

Page 16

These local students to help care for the thousands of unwanted animals the Humane Society, located at 55 Strawberry Avenue in Lewiston, helps each year. For more information about volunteering at the shelter or adopting an animal, call 783-2311 or see www.SavingPetsInMaine.org.



Ava Blanchette, age 10 of Lewiston, is a student at Mc-Mahon Elementary School. She is pictured here (3rd from r.) with (l. to r.) Emily Trider, Natalie Beaudoin, Abi Beaucage, Taylor Melvin, Julia Savard, Parker Beymolla and Isabella Brunetti.





Sisters Lyra and Addison Raymond, ages 8 and 6 of Auburn, are students at East Auburn School. Pictured here (l. to r.) are friend Kaylei Ouellette, Lyra, Executive Director Steven Dostie, York the Dog, Addison, and brother Isaach.



Julia Worden, age 10 of Auburn, is a student at Fairview Elementary School.

UNE offers online Master's in Applied Nutrition

The University of New England's College of Graduate and Professional Studies has announced the launch of a new online master's degree program

in Applied Nutrition. The mission of the new Master of Science program is to prepare students for leadership roles in the nutrition field, to advance knowledge and skills promoting excellence and innovation in all areas of nutrition practice, and to emphasize evidence-based best practices to support the well-being and health outcomes of those served.

"Policy and population trends are driving the need for qualified professionals in the field of nutrition," said Martha Wilson, Ph.D., Dean of the College of Graduate and Professional Studies & Associate Provost for Online Learning. "Given UNE's strength as a premier health sciences university, we believe our Applied Nutrition program will provide professionals with the skills and tools they need to make a positive impact in their communities, in Maine and across the globe."

UNE's Applied Nutrition program will be offered entirely online with no campus visits required. The 36-credit hour program will offer a generalist track as well as options for specialization in the areas of Business, Social Media, & Entrepreneurship; Obesity and Health Promotion;



Korah Cunningham, age 11 of Auburn, is a student at Park Avenue Elementary School. She is pictured here with sisters

Friends Mason Higgins (l.) and Drake Bartley, both age 10 of Greene, are students of Greene Central School.

and Nutrition and Disease

Prevention. The program

does not lead to Registered

Dietician (R.D.) verifica-

the field of nutrition is

growing rapidly," said Pres-

ident Danielle Ripich. "The

addition of the Applied

Nutrition master's degree

demonstrates UNE's con-

tinued commitment to ed-

ucating tomorrow's health

and wellness professionals."

UNE Online has

"The research shows

hired Elizabeth Dodge, M.S., Ph.D., in the role of Applied Nutrition Program Manager. Dodge joins the college with more than twelve years of experience in the nutrition and education fields. During her tenure at the University of Maine, she served in a variety of capacities, including advisor for the division of lifelong learning, course design specialist for the HealthyU initiative, and adjunct faculty and course design specialist in the Department of Food Science and Human Nutrition.

> "The Bureau of Labor predicts that employment in the field of nutrition is expected to grow 21% over the next five years," said Dodge. "This is above the average growth rate. We know that there are a number of professionals looking for nutrition-focused advanced degrees, including those who already

hold R.D. certification but do not have a master's, and those who do not wish to obtain certification but still want an advanced degree and rigorous education in the field to support and further their personal and professional goals. This program is intended to fill that gap."

The UNE Online Master of Science in Applied Nutrition is accepting applications for the Fall 2016 term. The application deadline for the program is August 1. For more information, email nutrition@ une.edu or see http://online.une.edu/applied-nu-

Maine's largest private university, the University of New England offers dozens of undergraduate, graduate and professional degree programs and is home to Maine's only medical and dental schools. With coastal campuses in Portland and Biddeford and one in Tangier, Morocco, UNE attracts internationally recognized scholars in the sciences, health, medicine and the humanities. It is one of a select group of academic institutions with a comprehensive health education mission that includes programs in medicine, pharmacy, dental medicine, nursing and an array of allied health professions. For more information, see www.une.edu.



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