FREE • Vol. XVI, No. 11

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June 16, 2016 • FREE

# Kindergarten Commencement



Forty-one Saint Dominic Academy Kindergarteners celebrated the end of their school year recently with several hundred family members and friends present. After a special blessing from Fr. Seamus Griesbach, each teacher had the opportunity to share memories of their students, and a presentation and slideshow projected highlights from the year. The Kindergarten Commencement ceremony is a longstanding part of the St. Dominic tradition.

# CMMC gallery features Debra Trafton



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"My Daily Commute" by Debra Trafton

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Paintings by Auburn artist Debra Trafton are now on display at the Central Maine Medical Center Woman's Hospital Association Rotating Art Gallery through the end of June. Her painting style conveys the splendor and distinctiveness of monumental architecture, landscapes and captivating figures. She articulates details in full resolution while letting others meld in an atmospheric impressionism.

Using acrylic, watercolor and metal leaf on large and small-scale canvas, wood, or paper, Trafton See CMMC, page 3

# Maine B2B Trade Show held at Colisee in Lewiston



Sharon Cloutier, Rachel Hawksley and Jennifer Lobb from Mechanics Savings Bank. See more photos on pages 7-10. (TCT Photos by Ashley Somma and Bill David)

After twenty years, the Androscoggin Business to Business Trade Show has grown to be one of the largest business networking events in the

state of Maine and is now called the Maine B2B Show.

The show is organized by the Lewiston Auburn Economic Growth Coun-

Lewiston Auburn Metropolitan Chamber of Commerce. The Maine B2B Show was held at the Androscoggin Bank Colicil in partnership with the see In Lewiston on June 9.

## YMCA seeks nominations for Hall of Fame class

The YMCA of Auburn-Lewiston seeks nominations for its second annual Hall of Fame class. bers, ambassadors, advocates

Nominees may be current or former staff, volunteers, Y members, board memor community partners. Selected inductees will represent inspirational leadership and dedication to the Y's mission and the broader movement, touching lives in the dozens, hundreds, or even thousands. Honorees will be recognized at the Y's Annual Meeting, to be held on Thursday, December 8 at Martindale Country Club.

Anyone may submit a nomination, including friends or relatives of deceased candidates. The deadline to submit a nomination is Thursday, June 30. They may be submitted in person at the YMCA Welcome Center at 62 Turner Street in Auburn or online at www.alymca.org/ hall-of-fame-nomination.

The Y Hall of Fame was established in 2015 to honor the men and women whose contributions have made the Y a thriving community resource for nearly See YMCA, page 3



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# Newsmakers, Names & Faces

### Kaplan University confers 408 degrees



The 2016 Summer Commencement for Kaplan University's Maine campuses in Augusta, Lewiston and South Portland and its local online students was held recently at Merrill Auditorium in Portland, where 408 celebrated their aca-

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demic achievements. The graduates earned certificate, associate, bachelor or master degrees from Kaplan University's School of Nursing, College of Social and Behavioral Sciences, and Schools of Business and Information Technology, Education,

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and Health Sciences.

Former U.S. Representative Dr. Peter Smith, who also served as Vermont Lieutenant Governor and Founding President of three higher education institutions, including the Community College of Vermont, California State University and the Open College at Kaplan University (OC@ KU), delivered the keynote address.

"The promise of opportunity lies at the heart of the American Dream, and education delivers on that promise," said Smith. "With your success today comes the added responsibility of keeping the door to opportunity open for others in the years

Kaplan University Maine Campuses President Dr. Christopher Quinn conferred the degrees. "Our graduates have worked hard to earn their degrees while also juggling multiple priorities to meet the needs of the local employers," said Quinn. "Most Kaplan University graduates are parents, so the value of their degrees will far exceed today's recognition.

### Churchill Downs breaks ground on casino hotel

Governor LePage, Maine lawmakers, and representatives from Oxford Casino and Churchill Downs Incorporated gathered at Oxford Casino in Oxford recently to break ground on the casino's new hotel development. The \$25 million capital project includes expansion of the existing Oxford Casino facility and will feature over 100 new guestrooms, including standard rooms and suites, additional dining options, an expansion of the gaming floor and new, flexible meeting and banquet space.

"This is a really exciting time for Oxford and the Oxford Casino," said Bill Mudd, President and COO of Churchill Downs Incorporated. "Since we acquired this casino back in 2013, Churchill Downs Incorporated has been a very proud operator in this state. Today's groundbreaking is evidence of our continued commitment to Southern Maine and to providing the best casino and first class property experience that our customers expect. We're honored to continue investing in this community to create new jobs and generate economic development for Oxford and the surrounding communities."



The \$25 million capital project is expected to create 60 new full-time positions and an estimated 1,000 temporary construction jobs.

In his remarks, Governor LePage thanked Churchill Downs Incorporated and cited the change in the unemployment rate in the region, from just under 12% in 2011 to the current rate of 3.4%.

In addition to remarks from the Governor and Bill Mudd, the program featured Jeremey Callahan, Slot Tech Manager at Oxford Casino. Callahan expressed gratitude to the Governor and key lawmakers in attendance who stood up to protect jobs in rural Maine. Following the groundbreaking ceremony, guests were invited to enjoy a light lunch.

Construction of the hotel and banquet space represents the second time CDI has invested in and expanded the facility since purchasing the Oxford property in July 2013. The facility currently employs over 400 people and is the largest employer in the town of Oxford. This latest expansion will create 60 new full-time positions and an estimated 1,000 temporary construction jobs.

The new hotel will connect to the town's newly installed municipal sewer system, providing a significant source of revenue for the sewer project. Construction of the expansion is expected to begin as early as June 2016 and be complete by summer 2017.

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# Governor's Address: A Trip to Disney isn't Likely; Why Legislators Must Come Back to Augusta

Fiscal responsibility is something I take, as your Governor, very seriously.

Dear Maine Tax-

The State of Maine does not have a revenue problem; it has a spending problem. Revenues collected by the state are up and because of sound financial policies the State's credit rating continues to improve. However, socialist politicians made some bad decisions before they went home and now the executive branch is paying for it - literally.

Simply put, the Legislature passed four bills that could cost hundreds of thousands of dollars. I have no problem with the bills passing, but I do have an issue with the fact that our administration has no funding to pay for the bills.

If your family wants to go on vacation to Disney, but only has enough money to get to Fun Town, do you go to Disney anyway? Your household budget helps determine



Governor Paul R. LePage

what you're able to do. In this case, the executive branch doesn't have enough money to pay for all four bills. Therefore, I am prepared to call a special session to address the Legislature's failure to fund these four bills properly.

The bills call for an unfunded study of ambulance services, an unfunded needle exchange program, addition funding to the County Jails and pay increases to Riverview State employees.

I am prepared to introduce a bill to legislators during the special session. The bill addresses the funding issues in a responsible manner, which avoids depleting existing resources and a fragile salary plan. However, I am also prepared should the Legislature refuse to address this problem to take action by Executive Order.

These are not decisions I take lightly, but they must make financial sense. The Legislature cannot pass bills with faulty funding. It's a gimmick and I will not put the State at financial risk because of it.

So, legislative leadership has a choice. It can come back and deal with the fiscal issues it created and work with the administration to identify responsible ways to pay for these bills or we can go it on our own. Either way, I'm not planning a trip to Disney anytime soon, but I may go to Fun Town.

Thank You, Paul R. LePage Governor

### **CMMC**

Continued from page 1

gracefully applies sumptuous strokes of color to create a cavernous sense of space, accentuating notable architectural elements. Light plays a vital role in each composition.

Trafton holds a bachelor's degree in art. She accepted an artist residency in Naples, Italy, during the summer of 2015 and has been exhibiting internationally. Her works are collected commercially and individually across the globe.

Some of the works on display at CMMC may be purchased through the WHA Gift Shop, located adjacent to the Main Lobby. A percentage of sale proceeds benefits CMMC.

### **YMCA**

Continued from page 1

150 years. The inaugural honorees were Col. James G. Bouchles, Pauline Bourgoin, Richard Kendall and Malcolm Philbrook.

"This event is about recognizing individuals who have shaped the YMCA to meet community and family needs over the last century and a half," said YMCÁ CEO Steven Wallace. "They have unselfishly given of their time, talent, and treasure to ensure the Y continues to evolve into what greater Androscoggin County needs it to be."

For more information about the Y Hall of Fame celebration, contact Victoria Stanton at vstanton@ alymca.org or 795-4095.

### Lost Valley opens Adventure Park

Lost Valley in Auburn will open its new Adventure Park on Thursday, June 16, with an official grand opening on Monday, June 20. A ribbon cutting ceremony will take place that day at 4:30 p.m. The park represents the first phase in the plan of new owners Scott and April Shanaman to bring four-season family entertainment to their facility at 200 Lost Valley Road.

Summer activities at the park will include wet and dry inflatable slides, with the addition of a rock climbing wall, euro bungee and a spider climb slated for this season, and more activities to come with future expansion. Gifford's ice cream will be the featured cool treat at the Lodge Snack Bar.

"We are excited to bring this to Lost Valley," said Shanaman. "Our goal is to provide year-round fun for the community and year-round employment for our staff, while also



creating additional jobs. We currently have openings for ride, snack bar, ice cream stand, and ticket sales attendants." Those seeking employment are encouraged to contact the Lost Valley

The park plans to be open 7 days per week from 11 a.m. to 7 p.m., weather

permitting. Full-day pass tickets are \$12 for those under 38" and \$18 for those over 38." In addition to day passes, the park will offer special rates for parties and groups who reserve in ad-

For more information, call 784-1561 or see lostvallevski.com.

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### you are cordially invited to the Inspired Voices Saturday June 18, 2016 at the Gendron Franco American Heritage Center 46 Cedar Street, Lewiston TICKETS: Reception: Advance: \$20 6 PM Door: \$25 Performance: Student/Senior: 7 PM\$15 $\mathcal{FMI}$ : To Purchase: inspiredvoices2016.eventbrite.com 207-783-9141 Hosted by TRI-COUNTY MENTAL HEALTH SERVICES

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### Only Steps Forward

# L-A is fortunate to have water sources for recreation, drinking and wildlife

By Jonathan P. LaBonte

Mayor of Auburn

While I've reported to many of you the potential we have to attract visitors to our region, those living here often take for granted having two major rivers converging in our downtown and a spectacular public water supply like Lake Auburn.

But the rivers in particular weren't always something to be celebrated.

Last week, I was asked to present a seminar at

Bates College as part of the 50th reunion class program. While some of these graduates have had ties to Maine, more were from across New England and elsewhere in the country. Can each of you imagine the river in the days pre-Clean Water Act when they were students here in Lewiston-Auburn in 1966?

Many once described the Androscoggin as too thick to paddle and too thin to plow. Industrial waste from paper mills was added to municipal sewer systems discharging directly to the river as well. It was in the top 10 most polluted rivers in the country.

To stand in front of this group from Bates to share the restoration success of the Androscoggin and how the river's rebirth has set the stage for an awakening of the community of Lewiston-Auburn was quite an honor. And to say the alums were impressed with our progress to date was an understatement.



Mayor Jonathan P. LaBonté

At times the small successes, the incremental improvements may not be as visible to those living and working here. When taken in the context of history, one could easily call it a miracle, but for the reality that it took activists, community leaders, industry coming to the table, businesses and so many others to get us to this point.

And from guests two generations removed from college, I joined the Maine Water Environment Association as they celebrated Maine Clean Water Week by recognizing the winners of their statewide school poster contest. The backdrop emphasized my earlier point, as we stood in Veteran's Park at the base of the Great Falls in Lewiston.

The Maine Water Environment Association is in its 50th anniversary year (must be a year for 50th celebrations), and they received hundreds of posters, which were judged for creativity, delivering a strong message and connecting with the association's mission. Four young students from the reaches of Maine (North Berwick, Stonington, Bethel and Lewiston) were recognized for their designs and awarded a small

cash prize. To see these young students, along with their families, standing by the river on a beautiful late spring day was a visual reminder of how far we've come, even if these students weren't alive to see anything other than this. It is also a credit to groups like Maine Water Environment and local volunteers Matt

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Timberlake of Ted Berry Company and Paula Drouin of the Lewiston Auburn Water Pollution Control Authority.

And as the weekend came to a close, our ever-growing Triple Crown 5k road racing series kicked off with the YMCA FitFest along the downtown riverfront and trails. While this event is yet another example of what can happen as we take full advantage of a restored river, the organizers took their environmental stewardship several steps further when they chose to move away from bottled water for the entire series and instead will make tap water fresh from Lake Auburn available to runners.

Much has been invested to protect Lake Auburn and to ensure it is a clean source of quality drinking water for our community. The move by organizers is a chance to showcase this natural resource to local athletes as well as the hundreds of runners that travel from all over Maine to compete in our cities.

We are fortunate to live in a community with abundant water sources for recreation, for drinking, for wildlife and just to enjoy its natural beauty. Just a few generations ago, we had nearly destroyed a number of these resources. Let's all be sure we take the time to celebrate where we are, take the time to get out and enjoy what we have and take the time to continue the efforts of improvement for the next generation.

**Bert LaBonte** 

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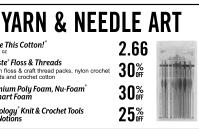
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### Enough is Enough

### It's time to focus on industrial arts in our schools

By Robert E. Macdonald

Mayor of Lewiston

Last week our city was dressed up to the "nines." Pride reverberated from inside the Colisee. No, the MAINEiacs hockey team was not announcing its return to Lewiston; rather, it was the expansion of the yearly Business to Business

This exhibition showcased many of the diverse businesses that call LA Metro their home. If you attended the show, you experienced the reinforcement of the phrase, "L-A, it's happening here."

It was a grand experience, rightly putting a spotlight on the Lewiston-Auburn area and its surrounding businesses. But when the spotlights fade and the civic pride dissipates, the businesses highlighted at the Colisee will continue to prosper and expand, bringing economic growth and jobs to the area.

But this growth presents local businesses and government a problem: How to supply the work force needed to keep our growing economy running.



Mayor Bob Macdonald

A dramatic change is needed in our school system. Currently the phrase

dation, MidCoast Symphony Orchestra and the YMCA of Auburn-Lewis-

For more information, including grant criteria, or for an application, see www.androscogginbank.com.

"college for me" is repeatedly heard throughout our school system. Students are led to believe that the lack of a college degree will somehow lead to a struggling life of living paycheck to paycheck.

But many students are not academically talented. They apply to college and are accepted. Once enrolled, they are required to take remedial courses in subjects like math, English, reading, etc., in order to bring themselves up to an academic level where they will understand and be able to do the academic work required of them to pass college courses.

These students spend a substantial amount of time and money taking courses that they don't have the academic prowess to pass. Like those who will graduate from college, they will face the start of their life in debt. The fact that these students were accepted to a college or

university knowing that they were academically deficit borders on criminal.

It is time to reexamine our community needs and restructure what's being taught in our schools in order to meet our community needs. Those needs appear to be the increasing of industrial arts courses.

It is time to give our students the skills that will enable them to successfully enter the job market at the completion of their high school graduation.

Starting work with basic skills to effectively do the job at hand will allow not only the honing of one's skills, but also upward mobility in the company. It will also allow the employee a clear vision into what training he will need to advance in his career field.

Currently in our area, we have a shortage of electricians, plumbers and various technician jobs needed to keep our city running. These jobs pay well, don't incur crushing debt and guarantee you a job in your field, not at a fast-food restaurant.

It is time we look at and expand industrial arts programs in our our community schools.

Last Friday, my wife and I attended the graduation ceremony of Lewiston High School Class of 2016. The ceremony was well orchestrated, and it was great to see the graduates proudly marching up to receive their diplomas. The keynote speaker was Ian Clough. His advice to the students was always be proud you come from Lewiston.

This is advice I hope the graduates will carry with them throughout life and hopefully pass this on to their friends and relatives. Lewiston is a great place to live.

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### "Greater Giving" grant applications due June 30

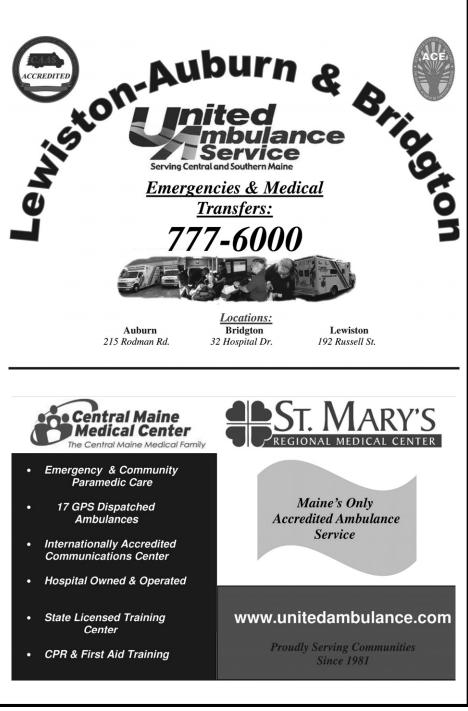
is accepting grant applications for the second cycle of its 2016 Greater Giving program through June 30. Greater Giving is the bank's community impact program, launched in 2015 to provide support to nonprofits and organizations that benefit the community in three specific areas: economic development, education and the arts. It accepts grant applications twice each year, with deadlines on June 30 and December 31.

The Greater Giv-

Androscoggin Bank ing program's philosophy of "community impact through partnership" is not only an exercise in volunteer hours and money donated, but an emphasis on community partnerships and a focus on giving efforts in strategic areas where the bank can make the biggest difference. In January 2016, the awards committee approved first cycle grants totaling \$7,500 to four organizations, including the Androscoggin River Watershed Council, the EqualityMaine Foun-









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is an introduction to macros

as a feature of Excel, but is

not an introduction to Excel

itself. To get the most from

the workshop, participants

The L-A Metro

Excel macros.

# What's Going On

### Bates' Clean Sweep Yard Sale on Saturday

Bates College and local non-profit organizations will host the popular annual Clean Sweep Yard Sale on Saturday, June 18 at the Lewiston Armory. Doors will open at 8 a.m. Now in its sixteenth year, this popular event remains one of the largest community tag sales in Maine. More than 1,000 eager bargain-hunters are expected to attend. In years past, the event has raised as much as \$20,000 for participating local non-

The bulk of sale items come from Bates College students, who each year donate an estimated 5,000 items, including dorm room furniture, appliances, electronics, sporting equipment, camping gear, rugs, clothing, and kitchenware. The sale has three goals: to keep students' used goods out of the landfill; to make the items available to local residents at low cost; and to support local nonprofits.

In the past, bargain hunters have arrived hours before the doors open, so interested residents are encouraged to plan accordingly.

### Andro. County GOP Meeting

The Androscoggin County Republican Committee will meet on Monday, June 20 at 7 p.m. at the Greene Municipal Office, 220 Main Street in Greene. The guest speaker will be James Barron, board member of

Gun Owners of Maine. All registered Republicans are invited to attend. For more information, contact Committee Chair Patti Gagne at 576-9096 or pattigagne@allstate.com or Secretary Joanna Said at 897-4824.

### Local residents graduate from Bowdoin College

During Bowdoin College's 211th Commencement ceremony on May 28, bachelor of arts degrees were awarded to the Class of 2016, comprising approximately 460 students from 39 states, the District of Columbia, and 15 other countries and territories, including the following local students.

Connor Dumont, of Auburn, who graduated with a major in Mathematics and Education; Matthew Shen of Auburn, who graduated with a major in Chemistry and a minor in German; Brianna Bishop of Bowdoin, who graduated cum laude with a major in Government and

Legal Studies and a minor in Cinema Studies; Jacob Mac-Donald of Poland, who graduated with a major in Neuroscience; and Ryan Szantyr of Poland, who graduated with a major in Government and Legal Studies and a minor in Cinema Studies.

# Rev. Taylor to preach in

Kennedy Park
Rev. Douglas Taylor of Backyard Missions, formerly "The Jesus Party," will pull his mobile roadside chapel into Lewiston's Kennedy Park for open-air preaching this summer. The meetings will take place evshould be comfortable with Excel before attending.

Owner of Dirigo Software Solutions, a company that specializes in helping companies save time and money through technology, William Wade is a veteran of the United States Marine Corps and a USM graduate with a Bachelor's of Science in Business Administration. He has been working in the information technology field since he left the Marine Corps in 1998, but has been a computer nerd since the day his father brought home the Tandy 1000HX.

Workshops in the chamber's ongoing "Technology: What Do You Know About 'IT?" series will continue through November 2016. All sessions take place in their conference room at 415 Lisbon Street in Lewiston. The cost is \$25 per workshop for members and \$50 for non-members. For more information, call the them at 783-2249. To register, see www.LAMetroChamber.com.

ery Friday night in July and August from 6 to 8 p.m. at the park's gazebo.

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two local ministries, the Assembly of God of Lewiston and Extended Hand Ministry. For more information on the gospel meetings, call Rev. Taylor at 786-5568.

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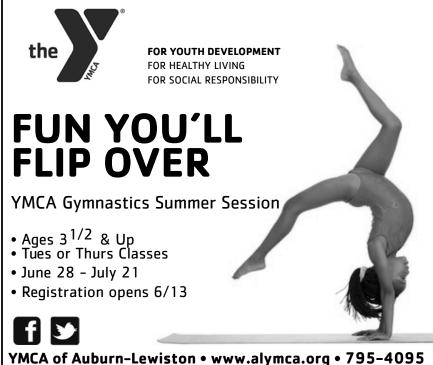




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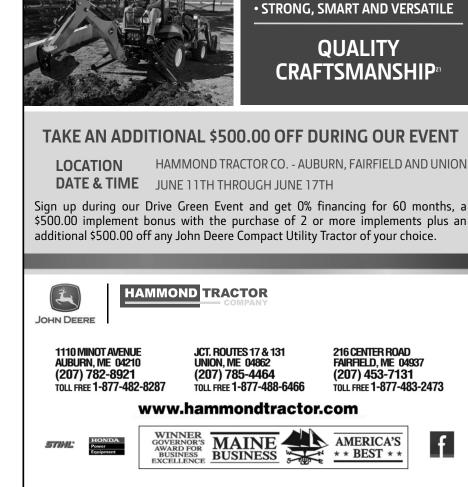




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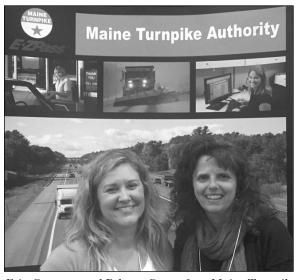
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Shelly Pray from Bangor Savings Bank

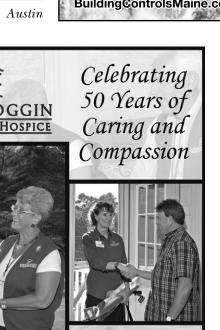


Vickie Gould and Dave Gideon from Building Controls LLC



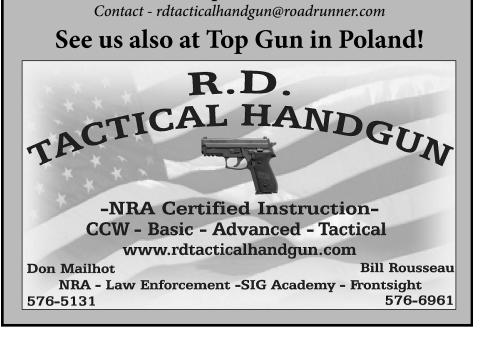
Zachary Bryant and Jeremy Marchessault from Austin Associates











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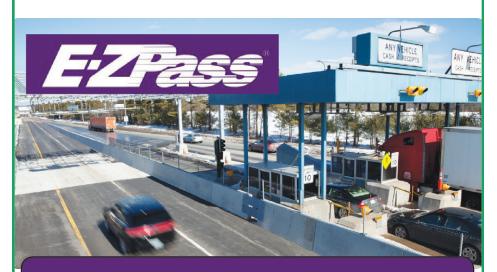


Derek Simkowitz, Angie Snow and Robert Blackman from Camden National Bank

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Jessica Laliberte, Carolyn Cutting and Erin Menzer from Kaplan University



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Like CMO, Spectrum is a physician-owned and directed organization — in fact, it's Maine's largest in this category, with over 200 physicians practicing in the areas of anesthesiology, orthopaedics, pathology, radiology, and radiation oncology. Being physician-owned and directed allows us to keep our primary focus on patients. Together, we are taking a leadership role in shaping the future of Maine's healthcare landscape.

As with all Spectrum divisions, CMO retains its independence and commitment to the communities we serve in and around L/A. To learn more about Spectrum and CMO, please visit spectrummedicalgroup.com and cmogroup.org.

Here's to the health of everyone in Maine!











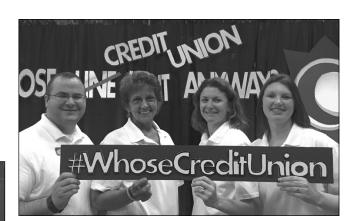
Maureen Higgins and Mary Dempsey from the Dempsey Center



Aimee Goodwin and Jennie Malloy from The Brand Collective



Jenny Ziebart and Debra Caroll from LA Metropolitan Chamber



Matthew Shaw, Lorraine Foster, Betsy Sibley and Jen Hogan from Community Credit Union



 ${\it Jim Day} \ and \ {\it Janice Anthoine from Martindale Country}$ Club and Supporting Strategies

# (TCT Photos by Ashley Somma and Bill David)



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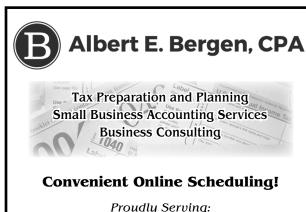


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# Twin I GEE SETTES Weekly Arts & Entertainment

### Celebration Barn presents Skinny German Juggling Boy



Living proof that being German doesn't mean you can't be funny, Hilby is a master of countless circus and variety skills.

Celebration Barn Theater will present Hilby the Skinny German Juggling Boy on Saturday, June 18 at 8 p.m. Best described as a show without boundaries, Hilby is living proof that being German doesn't mean you can't be funny.

Hilby is an expert in juggling all sorts of objects and subjects, and in countless circus and variety skills, such as unicycling, rope walking, fire eating and manipulations, and balancing stunts. He creates magical and hilarious moments by getting his audiences involved, so watch out for catapults, marshmallows, lots of velcro, and the bowling-ball of terror. His performances

have been hailed as "rivetingly absurd" by the New York Times and "poetry in motion" by the New Zealand Herald.

Tickets are \$14 for adults, \$12 for seniors ages 60-plus, and \$8 for kids ages 17 and under. All tickets are general admission and members receive priority seating. The lobby and concessions open at 7 p.m. Purchasing tickets in advance is strongly recommended.

Celebration Barn Theater is located just off Route #117 at 190 Stock Farm Road in South Paris. For more information or to purchase tickets, call the box office at 743-8452 or see www.CelebrationBarn.com.

# Local agencies mark Feast Day with cultural program

The Gendron Franco Center, in association with the Québec Delegation to Boston, the Franco-American Collection at US-M-LAC, the Maine Franco-American Genealogical Society, Place St-Louis in Auburn, and Museum L/A, will celebrate the Feast Day of St. John the Baptist (the Fête Nationale) on Friday, June 24.

Designed to showcase the contributions of Franco-Americans and other Francophone cultures to the community, the event will start at 10:30 a.m. with a social hour and cash bar in the center's Heritage Hall, followed at 11:30 by a traditional Fête Nationale luncheon of salad, rice with chicken and mushrooms, and Fête Cake.

At noon, churches from across the Twin Cities will ring their bells to mark the holiday. A program at 12:30 in the center's Performance Hall will feature speakers, the Franco-American Veterans Color Guard, songs led by singing group Les Troubadours, Acadian-style fiddler Gus Lacasse, and a traditional

holiday fireworks display to conclude the festivities.

Attending the event

Attending the event will be Marie-Claude Franco-eur, head of the Québec Delegation to Boston and representatives of the Ursuline Sisters, an order of nuns who arrived from Québec to teach in local parochial schools 100 years ago. A special dedication honoring the Ursuline centennial will take place at the end of the celebration.

Gus Lacasse, a teenage phenomenon who lives in Ellsworth, got his start playing the fiddle when he was 11 years old. His family roots are French Canadian and his style is Acadian and Cape Breton. He is now a professional recording artist and has produced two albums.

Related Saint-Jean-Baptiste Day events will include live music, tours and other surprises from 2 to 4 p.m. at the former St. Louis Church, now Place St. Louis, in New Auburn. Reserved meal tickets are \$10. To purchase tickets, call 689-2000, visit the Box Office at 46 Cedar Street, or see francocenter.org.



Performing at the event will be Acadian-style fiddler Gus Lacasse, a teenage phenomenon from Ellsworth who has already recorded two albums.

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# Shaker Village hosts Maine Festival of American Music

Sabbathday Lake Shaker Village will host Roots and Traditions: The Maine Festival of American Music from June 22 through June 25. Taking place in one of Maine's most beautiful and acoustically superb music venues, the Shakers' 1794 Meeting House, the festival will provide a rare opportunity to appreciate Shaker music within the wider context of classical and folk traditions while celebrating American musicians and composers.

Received mostly by spiritual inspiration rather than deliberate composition, Shaker music is a product of one of America's most unique communal religious experiences. The majority of Shaker songs originate from the mid-19th century and have been preserved by the Shakers through oral tradition. There were at one time over 25,000 Shaker songs; today, as many as 1000 remain part of the active repertoire of the Sabbathday Lake Shakers.

One of these living songs, "Simple Gifts," has achieved lasting significance outside of the Shaker Church. Written originally in 1848 by Maine Elder Joseph Brackett, "Simple Gifts" in its best known adaptations was used by Aaron Copland to create "Appalachian Spring" and by Martha Graham for her avant-garde dance performance "The Shakers." By its quintessential nature, this song ties together the performances presented throughout the Maine Festival of American Music.

The opening night program on Wednesday,

### Sawyer Memorial presents SNAFU!

In the spirit of the great American comedy teams of the past, two of Maine's premiere international variety performers will bring their contemporary show to Sawyer Memorial in Greene on Friday, June 24 at 2 and 7 p.m. Admission is free and open to the public.

Maine residents Michael Menes and Leland Faulkner have both made their livelihoods as professional variety entertainers and are well established as solo artists. But in their new, two-man show, they conspire to bring Murphy's Law to comedic life. What can go wrong, will go wrong as these "Masters of the

Ridiculous" explore a collection of props, physical gags, and imaginative illusions. Suitable for all ages, the performance also includes hand shadows, juggling acts, and audience participation.

Early in their careers, Menes and Faulkner met as young aspiring students at the renowned Celebration Barn Theatre in South Paris. The two created SNAFU! over a nine-month period at Menes' Eureka Retreat rehearsal studio in neighboring Buckfield. The show has already toured internationally as the opening act of the Shanghai International Comedy Festival and the Bengbu International Clown Festival in China,

where the team performed over 30 shows this September and October. Menes and Faulkner recently presented the Maine premiere of the show at Celebration Barn Theatre.

With a film degree from the Brooks Institute in Santa Barbara, California, Faulkner also produces humorous videos with Menes at the Eureka Theatre of Comedy. Videos can be found online on the SNAFU Vimeo Channel.

The Araxine Wilkins Sawyer Memorial is located at 371 Sawyer Road in Greene. For more information, find them on facebook, call 946-5311, or see sawyer-foundation.com.

June 22 at 7 p.m. will feature the Portland String Quartet and soprano Luette Saul, who will perform works spanning three centuries, including Maine composer Supply Belcher's "The Harmony of Maine," Maine Shaker Elder Joseph Brackett's "Simple Gifts," Tom Myron's "Kathe Kollwitz," and Beethoven's profound late Quartet Op. 132.

The program on Thursday, June 23 at 7 p.m. will be devoted to Shaker song, as composer Kevin Siegfried leads the Portsmouth Singers in choral arrangements of Shaker tunes. Historical commentary will be provided by one of the world's remaining living Shakers, Brother Arnold Hadd

The program on Friday, June 24 at 7 p.m. will be the culmination of a project by Chris Moore of 317 Main Community Music

Center, who will lead community singers in performing the original folk songs they composed inspired by original 19th-century Shaker music and other deep-rooted American folk music traditions.

On Saturday, June 25 at 1:30 p.m., the Don Roy Trio will parallel the Shaker song and dance tradition by performing a variety of mid-19th century Franco-American fiddle tunes and step dances, born and bred in the French Canadian mill towns of Maine.

On Saturday, June 25 at 7 p.m., the Portland String Quartet will complement works by Mozart and Mendelssohn with William Grant Still's "Lyric String Quartette" and Pulitzer Prize-winner Norman Dello Joio's "Lyrical Interludes," which he wrote expressly for the Portland String Quartet.

Sabbathday Lake Shaker Village is located at 707 Shaker Road in New Gloucester. Tickets are \$20 per program. For more information about the festival or individual programs, or to buy tickets, call 926-4597 or see maineshakers.com.

A National Historic Landmark, Sabbathday Lake Shaker Village is one of Maine's most important and intact cultural landscapes. The Village has 18 historic buildings and structures dating from the 1790s to the 1930s, including the only active Shaker Meeting House. The only place of its kind where farming, forestry, and tourism sustain the world's only active Shaker Community, the 1,800-acre property is a key heritage tourism destination in southern Maine and is included in the National Park Service's Shaker Historic Trails.

### Tuesdays at the Gazebo presents Katie Daggett

On June 21 at 6:30 p.m., Music for Mavis' Tuesdays at the Gazebo will present Maine-based singer-songwriter Katie Daggett. This weekly event takes place on the village green, Route 117 in Turner Center. Bring your own blankets and chairs. The suggested donation of \$5-10 goes to the performers. For more information, call 754-0954.

Daggett has been performing her unique style of adult contemporary music at coffeehouses, clubs, restaurants and house concerts throughout New England since 1981. She received an Associate's Degree in Music with a major in voice from the University of Maine at Augusta. In 1991, her music took a new and personal direction as she began writing and recording her own material. Although deeply rooted in folk, her musical creations reflect the influences of other styles, including country, blues, and reggae.

Daggett's has been "The Voice of Maine" for

Maine Tourism's summer and fall television commercials, which aired in Boston and New York. She has released three albums, "Big Picture" in 1995 with trio Chord on Blue, "Sistermoon" in 1999 with duo Sistermoon, and "Outside In" in 2004, also with Sistermoon. Her new album, "My Sister's Room," recorded by Bob Colwell and featuring Roger Sampson on guitar, is a collection of favorite original songs and choice covers from her wide repertoire.

### Comedy Night to benefit Trinity Jubilee Center

Sapphire Night Club at 150 Center Street in Auburn will host a Comedy Night on Wednesday, June 22 at 7 p.m. to benefit Trinity Jubilee Center. The event will include performances by three comedians, a 50/50 raffle, and a silent auction.

Performing at the event will be comedians Rob Steen, Jody Sloane, and Dennis Fogg. Steen has been an entertainer for more than 20 years and has been a frequent guest on "The Late Show with David Letterman." He is the owner of

Headliners Comedy Club. Sloane has participated in the Boston Comedy Festival and Funniest Comic in New Hampshire. Fogg is the owner of Uncle Andy's Diner in South Portland. Silent auction items will include tickets to Bangor Waterfront concerts and Portland Seadogs games, including a pass to throw out the ceremonial first pitch.

The Jubilee Center is a community center in downtown Lewiston. Proceeds from the event will support the center's programs,

including a soup kitchen, food pantry, resource center, refugee integration program, and day shelter, which serve more than 1,000 people every week.

Doors for this ages 18-plus event will open at 6 p.m. Tickets are \$15 and can be purchased on Trinity Jubilee Center's website or at the door. For more information about the Jubilee Center's programs, including their Empty Bowls Supper, or this event, email info@trinityjubileecenter.org or see www. trinityjubileecenter.org.





### Thursday, June 16

Mind Your Business Workshop. 8 to 9:30 a.m. LA Metro Chamber of Commerce, 415 Lisbon St., Lewiston. Kurk Lalemand of NEXT Level Business Coaching presents "Create a One-Page Business Plan." \$50 (members \$25). 783-2249. www.LAMetroCham-

HR Thursdays Workshop. Noon to 2 p.m. LA Metro Chamber of Commerce, 415 Lisbon St., Lewiston. Jay Casavant of Vantage Point Recruiting presents "Hiring for Your Best Fit." \$50 (members \$25). 783-2249. www.LAMetroChamber.com.

Author Visit. 2 p.m. Androscoggin Community Room, Auburn Public Library. Local historian John Henderson discusses his new book "The Irish of the Androscoggin." Copies avail. for purchase. Free. 333-6640, ext. 4.

### Saturday, June 18

Clean Sweep Yard Sale. 8 a.m. Lewiston Armory. Used items donated by departing Bates College students are on sale at bargain prices; proceeds go to local nonprofits.

Theatre: Jack and the Beanstalk. 11 a.m. Pickard Theater, 1 Bath Rd., Bowdoin College campus, Brunswick. This Maine State Music Theatre for Young Audiences show is appropriate for all ages. \$10-15. 725-8769; www.msmt.org.

NEF 24: Promised Land. 7 p.m. Andro. Bank Colisée, Lewiston. In this mixed martial arts competition, bariatric surgeon Steve bang takes on combat sports veteran Stacy Lupo. \$25+. 783-2009, ext. 525; www. TheColisee.com.

Hilby the Skinny German Juggling Boy. 8 p.m. Celebration Barn Theater, Route #117, 190 Stock Farm Rd., So. Paris. This circus performer is living proof that being German doesn't mean you can't be funny. \$14/12/8. 743-8452; www.CelebrationBarn.com.

### Sunday, June 19

Leavitt Father's Day 5K. 9 a.m. Leavitt Area High School, Turner. This annual woods and field trail race benefits the Leavitt Cross Country Team; age divisions; prizes; Kids' Fun Run. \$15/ free in advance; \$20/5 on race day. www.leavittfathersday5k.

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goods and products. Sundays through mid-October. 513-3848; lewistonfarmersmarket@gmail.com.

### Monday, June 20

A Grand Night for Singing. 2 and 7:30 p.m. Pickard Theater, Bowdoin College campus, 1 Bath Rd., Brunswick. Maine State Music Theatre interns and local actors perform the songs of Rogers & Hammerstein. \$20-40. 725-8769; www. msmt.org.

Andro. County GOP Committee Meeting. 7 p.m. Greene Municipal Office, 220 Main St., Greene. The speaker will be James Barron of Gun Owners of Maine. All registered Republicans invited. 576-9096; pattigagne@ allstate.com

### Tuesday, June 21

Helicopter Ball Drop. 5 p.m. Martindale Country Club, Auburn. Owners of raffle tickets representing balls that land closest to the target win cash prizes; hors d'oeuvres, live music. Benefits CMMC's Arbor House. 795-2950; giving@cmhc.org.

Tuesdays at the Gazebo. 6:30 p.m. Village green, Rt. 117, Turner Center. Mainebased singer-songwriter Katie Daggett performs originals and covers influenced by folk, country, blues, and reggae. A suggested donation of \$5-10 goes to the musicians.

### Wednesday, June 22

Guided Bird Walk. 8 to 11 a.m. This Stanton Bird Club trip to Riverside Trail in Lewiston to view nesting birds meets in the Promenade Mall parking lot near Staples. Free; all welcome. 406-4741; jsmd@att.net.

Business Technology Workshop. Noon to 1:30 p.m. LA Metro Chamber of Commerce, 415 Lisbon St., Lewiston. William Wade, owner of Dirigo Software Solutions, introduces participants to "Excel Macros."\$50 (members \$25). 783-2249. www.LAMetroChamber.

Informational Meeting. 3 p.m. Seniors Plus, 8 Falcon Rd., Lewiston. Those interested in volunteering to help plan monthly community activities for people with dementia and their caregivers are invited to attend. Register in adv. at 772-0115, mpechenik@alz.org

Comedy Night. 7 p.m. Sapphire Night Club, 150 Center St., Auburn. Comedians Rob Steen, Jody

Sloane, and Dennis Fogg perform; 50/50 raffle, silent auction. Doors at 6 p.m. Ages 18+. Proceeds benefit Trinity Jubilee Center. \$15. www. trinityjubileecenter.org.

Maine Festival of American Music. 7 p.m. Shaker Village, 707 Shaker Rd. New Gloucester. The Portland String Quartet and soprano Luette Saul perform works by Maine composer Supply Belcher, Shaker Elder Joseph Brackett, and Beethoven. \$20. 926-4597; maineshakers.com.

### Thursday, June 23

Fourteenth Amendment Forum. 2 p.m. Auburn Public Library. Senior College instructor Charles Plummer discusses "Reconstruction: The People and Politics of the Post-Civil War Era." Sponsored by the Maine Humanities Council. Free. 333-6640, ext. 4.

Hay Barn Gala & BBQ. 6 p.m. Mallet Barn, Wolfe's Neck Farm, 631 Wolfe's Neck Rd., Freeport. Live music, silent and live auctions, BBQ dinner by Buck's Naked Bar-B-Q, cash bar. Pres. by Freeport Hist. Society. \$55. www. HistoricFreeport.org.

Maine Festival of American Music. 7 p.m. Shaker Village, 707 Shaker Rd. New Gloucester. Composer Kevin Siegfried leads the Portsmouth Singers in choral arrangements of Shaker tunes. \$20. 926-4597; maineshakers.com.

### Friday, June 24

Fête Nationale Celebration. Franco Center, Lewiston. Local French cultural organizations mark the Feast Day of St. John the Baptist with a luncheon at 11:30 a.m. and a program at 12:30 p.m. Lunch \$10. For program details or to buy tix, see francocenter.org.

SNAFU! 2 and 7 p.m. Sawyer Memorial, 371 Sawyer Kd., Greene. International touring performers Michael Menes and Leland Faulkner bring their new, two-man comedy show to Greene. Free. 946-5311; sawyer-foundation.com.

Maine Festival of American Music. 7 p.m. Shaker Village, 707 Shaker Rd. New Gloucester. Chris Moore of 317 Main Community Music Center leads local

singers in performing original folk songs inspired by 19thcentury Shaker music. \$20. 926-4597; maineshakers.com.

Concert: Keith Kendrick and Sylvia Needham. 7:30 p.m. Congregational Church, 10 Church Lane (Parker Head Rd.), Phippsburg. This acclaimed duo performs traditional English songs of land and sea. \$12/6 (kids ages 8- free). 389-1770; BrownPaperTickets.com.

### Saturday, June 25

Book Discussion. 10 a.m. Auburn Public Library. The Pickwick Club, Maine's Dickens and Victorian-Era book discussion group, discusses "The Victorian City" by Judith Flanders; copies available to APL/LPL cardholders via interlibrary loan. 333-6640, ext. 4.

Harraseeket Heritage Day. 11:30 a.m. to 2 p.m. Strouts Point Wharf Co., 5 Wharf Rd., So. Freeport. Family activities, refreshments, live music, author visit. Pres. by Freeport Hist. Soc. \$10, \$5 kids ages 4-11 (or \$25 per family). www. historicfreeport.org.

Maine Festival of American Music. 1:30 p.m. Shaker Village, 707 Shaker Rd. New Gloucester. The Don Roy Trio parallels the Shaker song and dance tradition by performing a variety of mid-19th century Franco-American fiddle tunes and step dances. \$20. 926-4597; maineshakers.com.

Maine Festival of American Music. 7 p.m. Shaker Village, 707 Shaker Rd. New Gloucester. The

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Finding Dory (PG)11:50	2:15		
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Finding Dory 3D (PG) 1:00	3:25	6:45	9:05
Central Intelligence (PG-13) 1:30	4:30	7:20	9:45
Now You See Me 2 (PG-13) 12:30	3:50	7:00	9:45
The Conjuring 2 (R) 12:40	3:30	6:50	9:40
Me Before You (PG-13)12:50	4:20	6:55	9:20
Warcraft (PG-13) 1:20		6:40	
Warcraft 3D (PG-13)	4:00		9:20
Teenage Mutant Ninja Turtles: (PG-13) 1:10		7:15	
Out Of The Shadows			
Teenage Mutant Ninja Turtles: (PG-13)	4:10		9:40
Out Of The Shadows 3D			
Alice Through the Looking Glass (PG) 12:20		7:05	
X-Men: Apocalypse (PG-13)	3:20		9:35
The Angry Birds Movie (PG)12:00	2:25	4:50	
Neighbors 2: Sorority Rising (R)		7:25	9:30

Portland String Quartet complements works by Mozart and Mendelssohn with ones by William Grant Still and Norman Dello Joio. \$20. 926-4597; maineshakers.com.

### Sunday, June 26

Lewiston Farmer's Market. 10 a.m. to 1 p.m.

Municipal Parking Lot, corner of Lincoln & Main. Enjoy live music and/or other family-fun activities while buying fresh, local goods and products. Sundays through mid-October. 513-3848; lewistonfarmersmarket@ gmail.com.







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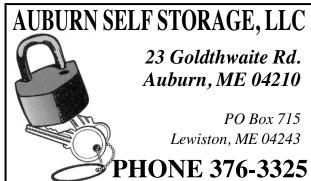
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### Local surgeon returns to MMA ring



46-year-old bariatric surgeon Steve Bang of Auburn takes on 48-year-old combat sports veteran Stacy Lupo at the Androscoggin Bank Colisée on Saturday.

At most New England Fights events, Steve Bang, Sr. (1-1) would be on the other side of the steel fence, either watching one of his sons do battle or acting as

the cage-side physician. But this weekend, as he has done twice in the past, Bang will enter the mixed-martial-arts cage as a competitor.

The 46-year-old ba-

riatric surgeon from Auburn will take on 48-year-old Stacy Lupo (0-0) in an amateur MMA lightweight bout as part of "NEF 24: Promised Land" on Saturday, June 18 at the Androscoggin Bank Colisée. Tickets start at \$25 and are available by calling the box office at 783-2009, ext. 525 or at www.TheColisee.com.

"I love competition and how it drives us to improve and become a more perfect version of ourselves," said Bang. A native of Riverton, Wyoming, Bang graduated from Brigham Young University in 1994 and then from the Des Moines University College of Osteopathic Medicine in 1998. He currently trains at Central Maine Brazilian Jiu-Jitsu alongside his sons, Steve Bang, Jr. (1-1), Skyler Bang (0-0), Shawn Bang

(1-1), and foster son Conner Murphy (1-0), who will join their father in competition at

Coming from the medical field, Bang is well aware of the risks he takes every time he enters the cage. "Just days after turning 47, I will face a warrior intent upon bodily harm," he says. "And yet, I bring the health of mind, body and spirit beyond what is required to just be a participant. I am passionate about my training, and by every metric, I am at my peak performance levels. One day that trend will head south, but today is not that day."

While making his debut in the MMA cage, his opponent, Stacy Lupo, is a longtime veteran of combat sports. A martial artist for 32 years, he holds black belts in both Taekwondo and Shotokan karate and was

an accomplished wrestler in high school. In the 1980s and 90s, he competed in amateur boxing and kickboxing. In his last kickboxing bout, he won a unanimous decision over Don Labbe in the main event of a 1995 card in Lewiston. He ran his own martial arts academy for more than a decade, and currently trains at the Shatterproof Combat Club in Dexter.

"I don't know Steve per-

sonally, but like me, he is an old man in a young man's sport, so I give him his due respect," said Lupo. "As the saying goes, 'be wary of old men in a world where men die young.' I want to thank him for giving me the chance to compete in a sport I've always loved."

For more information about the event, including fight card updates, see www. NewEnglandFights.com.

### Auburn Rec plans Senior Trips

The Auburn Recreation Department will present the following trips for seniors this summer. Space is limited, so register Monday through Thursday from 8 a.m. to 1 p.m. at the Senior Citizens Office at Pettingill Park. For more information, call 333-6601, ext. 2108.

Thursday, July 21 -Songo River Queen, Naples. The bus will leave Pettengill Park at 10:30 a.m. for a twohour cruise on a replica of a Mississippi paddle boat, the Songo River Queen II, and will return by about 3:30 p.m. A lunch of an Italian sandwich, chips and beverage will be served on board. On the way back, the bus will stop at Gifford's Ice Cream for on-your-own treats. The cost is \$25 for members of First Auburn Senior Citizens and \$35 for non-members.

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Thursday, August 11 - Sebago Lake State Park. Grab your favorite chair and a bag lunch and snacks for this day trip to Sebago Lake State Park, where participants may lie on the beach, swim in the lake's crystal clear water, or sit in the shade with a good book. The van will leave Pettengill Park at 8:30 a.m. and return by 4 p.m., with a stop on the way back at Gifford's Ice Cream for on-vour-own treats. The cost is \$5 for transportation; seniors get into the park free of charge.

Tuesday, August 16 -Old Orchard Beach. Walk or lie on the beach, swim, bring a lunch, or eat pizza and fries at the pier. It's all up to you. The van will leave Pettengill Park at 9 a.m. and return by 4 p.m. The cost is \$5 for transportation and



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