

Councilman Johnny Khamis wins re-election

By William Bellou *Publisher*

S an Jose councilman Johnny Khams won four more years on the City Council representing District 10 spanning Almaden Valley in the June 7 primary. Khamis won 76 percent of the vote and Mike Sodergren received 24 percent.

Software professional Mike Sodergren entered the race late and ran his campaign with no donor money and did not accept endorsements. "My greatest disappointment in losing this election is that I will not be able to serve the people of San Jose," said Sodergren.

"I'm honored and humbled that the residents of district 10 have given me the opportunity to serve our community for another four years," said Khamis. "I'm looking forward to helping our city become, safer, more financially responsible, and customer friendly.

Khamis continued: "I truly appreciate the confidence you placed in me having re-elected me to a second four year term as your District 10 Councilmember. I am overwhelmed that such a majority of you have voiced your support of the work we have done together to improve our District and our city. To the volunteers, donors and supporters who saw me through this campaign, who contributed time, money and effort, I am most humbled and grateful for all you have done. I greatly appreciate all of your effort and support over the past several months towards my re-election campaign."



Councilman Johnny Khamis. Photo by Raymond Rodriguez

"I'm honored and humbled that the residents of District 10 have given me the opportunity to serve our community for another four years," said Khamis. Sodergren said he wanted to prove a point by taking no money from special interest groups and that it is possible. He also said he's hopeful that future campaigns will follow his lead. "I decided to run because I wanted to show that it is possible to run for an office taking no donor money and just presenting ideas that represent the interests of the people,"

the people of San Jose. The city broke a trust with our public

"I decided to run because I wanted to show that it is possible to run for an office taking no donor money and just presenting ideas that represent the interests of the people," said Mike Sodergren, who received 24 percent of the vote. said Sodergren. "Having run and capturing nearly 25 percent of the vote I'm encouraged that it is not only possible to run, but it is likely that many future campaigns will be conducted with no contributions with any strings to special interest groups."

said Mike Sodergren, who received 24 percent of the vote. Sodergren continued: "Although we are blessed with resources and talent at City Hall, I found a depth of problems and a lack of

servants when it sought to reverse pension commitments followed by mean spirited negotiations that resulted in the loss of about a third of our public safety personnel. We need some soul searching and make some needed changes."



Honor Flight Bay Area No.8 WWII and Korean vets at the WW II Memorial, June 6.

Honor Flight Network created to honor America's veterans for their sacrifices

By William Bellou Publisher ylene Kuhn of Almaden Valley participated in Bay Area Honor Flight number eight that left San Jose for Washington D.C. on Sunday, June 5. Honor Flight is a non-profit organization that transports America's Veterans to Washington, D.C. to visit memorials dedicated to honor the service and sacrifices of themselves and their friends.

Aylene escorted Donald Levy, a WWII vet who was among twenty six World War II and Korean War See NETWORK, page 8

Santa Clara County 2.0

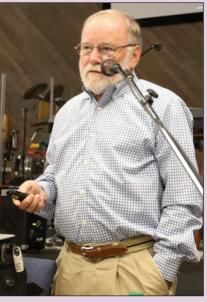
By Lorraine Gabbert Senior Staff Writer hange, growth and planning for Santa Clara Valley's future was the focus of a recent Almaden Valley Community Association meeting.

"Santa Clara County is entering a new era in its physical development, driven by major demographic, economic, environmental and geographic forces," says Don Weden, Retired Principal Planner of Santa Clara County Planning. "It is becoming a more urban place."

"When it comes to the future, there are three kinds of

people: those who make it happen, those who let it happen and those who wonder what happened," says Weden, quoting American academic John Martin Richardson, Jr. "We need to be proactive and decide what kind of future we want."

With a projected population growth in Santa Clara County of about 300,000 people in the next 15 years — 2/3 of which will be age 65+ housing needs may change from single family homes to urban villages. "With growth comes economic prosperity," he says. "We need to take *See COUNTY, page 17*

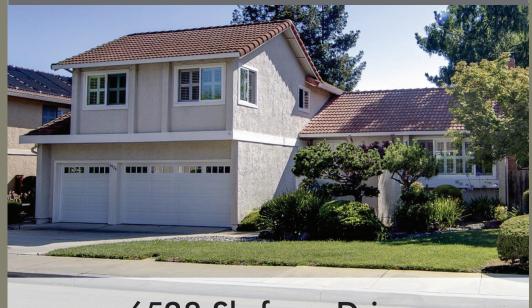


Don Weden's vision of the next version of Santa Clara County creates suburban-urban hybrids.

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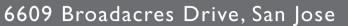
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Almaden **Times**

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Valley Currents

cur·rent (adj.) *Present, topical, timely, newsworthy*. (n.) *Movement in a definite direction, a flow.*

How to build authentic character in youth sports

By Sean Eastwood Times staff writer

Not everyone deserves a trophy. In fact, unearned rewards can be harmful, because artificially inflating a child's self-esteem merely for participation in sport sends the wrong message, warns psychologist Jason Richardson.

"There are plenty of incarcerated felons with an inflated self-view and there are extremely successful people grappling with a more moderate self-concept, so selfesteem alone is not the measure by which we should prepare our children for greatness," says Richardson, a Pan-Am Games gold medalist who is also known as "Dr. JRich" among colleagues.

Richardson isn't alone. Last year, Pittsburgh Steelers outside linebacker James Harrison returned two participation trophies given to his two sons, awarded not for a specific victory that they'd earned, but simply for being student-athletes.

Anyone can give and get a trophy, but the true value of youth sports is in the occasional tough lessons – and successes – children experience through hard work and merit, says Richardson, author of "It's All BS! We're All Wrong, And You're All Right!" www.drjasonrichardson.com.

He offers practical tips parents can share with their kids.

• Stop saying "the problem is …" Fill in the blank. Too many people say the problem is with the coach, the school, the other kids, the equip-

ment, the schedule – and so on. This kind of thinking implies failure because it immediately rules out your child's goals. Instead, say things that rule in positive outcomes, such as, "I/We/You can do this!"

• Make failure a teachable moment. Sports can test a kid's emotional fragility. They may want to give up with failure, but that's a terrible lesson. If your child missed a free throw that would've won the team the game, encourage free-throw practice the next day. Better yet, ask them what they are going to do differently next time! Use a coach's staple: remind your child that Michael Jordan was cut by his high school basketball team during his

sophomore year. Parents can always reward persistence and effort.

• Don't let your child's ego run wild. The flipside of low self-esteem due to failure can be cockiness with success. Children have far less experience keeping the ego in check, so if he/she is the best athlete in school, they may become arrogant. Try to catch this early; people evolve at different rates. Temper their ego by showing examples of humility,

respect and gratitude. Use examples of great athletes who have overcome slumps or adversity.

• Show them how to be a better student. It may seem odd that a star quarterback can memorize every detail of a complex playbook, but has trouble with class studies. If he's having trouble with chemistry, for example, place the playbook next to the textbook and show him the parallels of complexity. Don't let him believe he's "just a jock."

About Jason Richardson, Psy.D., MBA

Dr. Jason Richardson (www.drjasonrichardson.com) is a psychologist who earned his principles for self-improvement as a world-traveling athlete and doctoral student. He maintained top-10 status on the professional BMX circuit for most of his 15-year career, retiring with a gold medal at the 2007 Pan American Games.

Almaden Community Center to celebrate Independence Day

Almaden Community Center Seniors will be celebrating the 240th birthday of Independence Day with an All American BBQ on Wednesday July 6, at 2 p.m.

A traditional BBQ will be served and entertainment will be presented by popular artists Mike and Sandi Bell.

Tickets are available MWF, 8:40 a.m. to 10 a.m. in the lobby of the Almaden Community Center. Tickets prices are \$12 for members and \$15 for non-members.

Red Hawk Casino trip sponsored by Almaden Community Center

Almaden Community Center is sponsoring a trip to Red Hawk Casino on Tuesday, July 19.

Tickets are \$35 which includes a \$15 free slot play or a \$20 table match play with a player's card.

The fun bus departs at 8 a.m. and will return between the hours of 6-7 p.m.

Sign up weekday mornings MWF, 8:40 a.m.to 10 a.m. at the Almaden Community Center, or call Sally at 408-826-9619 or Bea at 408-761-4002.

OP ED The U.S. Government must stop playing games with unemployment statistics

It's time for the U.S. Government to stop playing games with the unemployment statistics. The bogus stats make it impossible for the public to get a true picture of what is really going on with the U.S. economy.

The jobs report released June 3 marked the lowest monthly performance since 2010. Officials were counting on a gain of 140 – 190K jobs. So the number hits and guesses what? It wasn't 190K or 14K. It wasn't even 100K. It was a measly 38K.

Unfortunately, it is much worse. The April jobs report was revised down more than 59,000. The labor force participation level fell to 62.6 percent and the number of people working part-time was up by nearly a half million people. To make everyone feel better about the economy, the Federal Reserve added 224,000 jobs that don't really exist. So, we actually lost 180K jobs. How is this possible? The jobs numbers included a hypothetical number of laid off workers that opened their own businesses, each hiring hundreds of people. One problem, they do not have any proof that these jobs exist. There are no corporate documents, business licenses, or tax returns! They simply made the numbers up.

For the May 2016 unemployment report, the federal reserve "guessed" that laid off workers opened new businesses and hired 224,000 people. Who in their right mind believes this?

So, last month, more than 600,000 people fell out of the labor force. Why? They couldn't find work. They gave up. They just said "To hell with it, I'll just sit on the couch." They got on welfare. They got food stamps. They applied for disability. A very sad situation, for sure.

Fortunately, those of us living in Silicon Valley are somewhat isolated from the current economic downturn as reflected in the "true" unemployment statistics. However, we should plan now for the future, as the downturn may soon affect us.

Whoever gets in the Whitehouse, Democrat or Republican, it's time for transparency and stop lying to the American people about the current condition of our economy.

Jim Ainsworth Silicon Valley









6731 Worthing Court Classic Shadow Brook Home 4 bedrooms, 2.5 bathrooms. 2,240 square feet of living space. Spacious residence with stunning remodeled kitchen. Top Almaden Schools: Graystone Elementary, Bret Harte Middle School, and Leland High School. Price Available Upon Request.



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961 Nevada Avenue Willow Glen Charmer! Spacious home in the heart of Willow Glen. 4 bedrooms, 3 full bathrooms, 2,370 square feet of living space.



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Dear Friends, Residents and Neighbors,

Thank you for voting in the June 7th election and I truly appreciate the confidence 76% of you placed in me having re-elected me to a second four year term as your District 10 Councilmember. I am overwhelmed that such a majority of you have voiced your support of the work we have done together to improve our District and our city.



To the volunteers, donors and supporters who saw me through this campaign, who contributed time, money and effort, I am most humbled and grateful for all you have done. 1 greatly appreciate all of your effort and support over the past several months towards my re-election campaign.

I am thrilled and humbled to continue the work we have accomplished together, and am committed to achieving as much in the next four years as we have in the past four years. My staff and I are ready to continue providing meaningful and fun events, attentive customer service, and thoughtful policy toward our community goals of fiscal responsibility, public safety, and community pride.

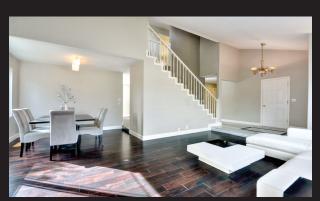
One of the next events coming up is the 3rd Annual July 4th Fun Festival at Almaden Lake. Mark your calendars - I look forward to celebrating Independence Day with all of you there!

Thank you again for all of your support, and I look forward to working with you over the next four years to make our community even better!

July Khain







4969 Popejoy Court

This amazing family home was built for entertaining with ease of flow from room to room. Recently updated with a transitional flair offering 2,005 square feet of living space, 4 bedrooms (one bedroom and full bath on main floor) and 2.5 baths, situated on a 7,842 square foot lot with a cul-de-sac setting. \$975,000



6673 Copperwood Circle

Gorgeous Copperwood town house situated in the heart of Almaden Valley. This home has been updated throughout with a Transitional flair and offers 1,451 square feet of living space, 3 bedrooms and 2.5 baths. Walking distance to all major conveniences, shopping, hiking and Almaden Golf and Country Club. \$848,000



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Times **News**





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Each veteran is accompanied by a volunteer Guardian responsible for assisting their veteran during the trip. Here, **Aylene Kuhn** accompanies veteran **Donald Levy** at the tribute.

Network

Continued from page 1

veterans from northern California, most in their 90's who boarded a Virgin American flight bound for Washington D.C.

Honor Flight consists of 130 hubs nationwide and has flown 159,703 veterans since 2005. The organization was created solely to honor America's veterans for all their sacrifices. Top priority is given to World War II survivors, along with other veterans who are terminally ill.

The Honor Flight Bay Area Foundation hosted the flight from San Jose and is a hub of the National the Honor Flight Network. Honor Flight Bay Area began in 2014 to serve those in the San Francisco Bay Area and has now completed eight trips. There are more than 21,000 currently on the wait list for Honor flights.

The flights for Veterans is free of charge and is supported by individual and corporate donations.

Each veteran is accompanied by a volunteer Guardian responsible for assisting their veteran during the trip. From the moment the veterans are in our hands until they are returned to their loved ones the Guardians will be asked to treat these heroes as if they are family and ensure that every veteran has a safe, memorable, and rewarding experience. Guardians are volunteers and are expected to pay for their trip.

"On June 6 the day began with a visit to the World War II Memorial," said Aylene. "Since this date was the 72nd Anniversary of D Day a special tribute was given to four members of the group who were D Day survivors," she said.

The veterans also visited the American History Museum followed by lunch at the Women's Memorial. After lunch they witnessed the changing of the Guard at the Tomb of the Unknown at Arlington National Cemetery. "After a visit to the Air Force Memorial a very tired group returned to their hotel for dinner and a good night's sleep," said Aylene.

On June 7, the first stop included the Lincoln Memorial, Korean War and Vietnam War Memorials. Lunch included a visit to the Navy Memorial and later the Marine Corps Memorial. At the Dulles Airport they visited the Udvar Hazy Air and Space Museum home of many historic aircraft. The group then boarded their flight back to the Bay Area and the end of a journey of a lifetime for all involved.

According to the Department of Veterans Affairs, an estimated 640 WWII veterans die each day. "Our time to express our thanks to these brave men and women is running out," said Aylene.

More information about the Honor Flight program can be found at their web site - www.honorflight.org.



Every purchase you make directly supports the men, women, teens, children and families at Teen Challenge. www.teenchallenge.net + 2842 South Bascom Ave. San Jose CA 95124 + 888.339.3193



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San Jose Police Dept. launch new web-based crime mapping service

By Councilmember Johnny Khamis Special to the Times

n my continued efforts to keep you all aware of how to make District 10 a safer district, I want to highlight the San Jose Police Department's newest tool in combating crime.

This month, Chief Garcia presented to CrimeMapping.com, a new web-based crime mapping service making San Jose crime data available to the public via the web, email alerts, and a free mobile web application. This service extracts crime incident data on a regular basis from the Department's records system, so that the information being viewed through a web browser is the most accurate and up-to-date available.

Any resident with access to the internet can map out and analyze recent crime activity in his or her neighborhood. CrimeMapping.com also offers free Crime Alerts, which help keep the community well informed by distributing incident reports via e-mail to anyone who subscribes to the system.

The website and the free mobile web application allow residents to see a map of recent crime activity near an address — such as a residence, place of business, or school. Members of the community can select crime types and date ranges in order to generate reports.

Previous online crime mapping

services published by the Department displayed Computer-Aided Dispatch (CAD) data, which represented preliminary information based on 9-1-1 calls as well as the caller's location. Crimemapping.com data is based on incident reports from the Records Management System (RMS) and is further refined, classified, and attached to the incident location. You should find that the information from RMS will be more complete than the CAD data.

Keeping the public well informed is an effective tool in helping to reduce crime. Please continue to encourage your neighbors to organize Neigh-borhood Watch Groups and share your ideas with each other on how to protect your homes and property.

Here is the link to the new crime mapping service: http://www. sjpd.org/CrimeStats/CrimeMappi ngFAQ.html

Expressway weeding

My office has received many calls and emails over the past few weeks asking when the weeds on Almaden Expressway would be cut down. I am happy to report that the work is now in progress!

The Expressways within San José and throughout Santa Clara County are owned and maintained by the County, so my staff contacted the County Roads and Airport Department to inquire about the weed abatement schedule. We were

told that Almaden Expressway would be done after Capital Expressway was completed, and to expect to see workers in mid-to-late June. Well, as you may have noticed, County crews have already started the weed abatement along Almaden Expressway.

This year they are a little ahead of schedule as they weren't expected to start for

another few weeks, and last year they didn't start until about late July. It is a big job, and will take a few more weeks to complete, so please be patient. In addition, if a roadwork need arises that is more important, such as a safety issue or filling potholes, the workers would be moved to those jobs and the weed abatement would continue once they finish those repairs.

This issue comes up every year, and the reality is that landscape maintenance ranks well below safety and road repairs for the County when it comes to prioritizing work. The County is quick to take care of safety hazards, and when my office called about the fallen tree on the median near Camden, and a dead tree leaning over the Expressway near McAbee, County work crews



Report Johnny Khamis, City Councilmemb issues. Beautification of the expressways, however, is a relatively low priority and weed abatement and safety hazards are not their only concerns. The County has offered to let cities take over landscaping of the expressways, and several Cities have done that, including Mountain View, Palo Alto, and Los Altos Unfortun-

went out right away

and took care of these

ately, San José does not have the resources that would allow the City to take on this additional responsibility.

If residents are interested in taking on the beautification of the Expressway nearest them, there are a few options available. One option is to ask the City to create a special tax district – a maintenance district - similar to what was put in place for a portion of Santa Teresa Boulevard and for the Auto Mall section of Capital Expressway. With a maintenance district, residents and/or businesses vote and. if they agree, a special property tax is assessed and the revenues from the tax are used to improve and maintain their specific portion of the Expressway.

In the Santa Teresa and Capital examples, it is the businesses that agreed to tax themselves to make the area more attractive to customers, but the same sort of district can be set up for residents. Another option is to "adopt" an expressway, or portion thereof. Currently, the Rotary Club of Almaden is considering adopting a section of Almaden Expressway between Coleman and McAbee as a pilot project. Fundraising activities would be planned, and the club would hire a contractor for most of the work, especially on the median, as required by County regulations. If you are interested in participating in either of these options, or have other ideas to suggest, please contact my office.

California's smoking age raised to 21

If you're 21 years or older you can legally smoke in California. It's now a crime to sell or give tobacco to anyone less than 21 years of age, including 'E' cigarettes.

Members of the military between the ages of 18 and 21 will not be affected by the change in the age requirement.

The law also comes with an increase in fees for those that sell tobacco products, which include 'E' cigarettes. Retailers currently pay a one-time fee of \$100 per location. In Junuary 2017, the fee will increase to \$265 each year.

California is the second state to raise the purchasing age of tobacco products to 21, after Hawaii earlier this year.

Gas prices rise

Average retail gasoline prices in San Jose have risen 2.0 cents per gallon in the past week, averaging \$2.91/g.

San Jose gas prices compared to the national average has increased 2.4 cents per gallon in the last week to \$2.38/g, according to gasoline price website GasBuddy.com.

Areas nearby San Jose and their current gas price climate:

Oakland- \$2.88/g, up 3.0 cents per gallon from last week's \$2.85/g.

San Francisco- \$3.01/g, up 2.5 cents per gallon from last week's \$2.98/g.

Salinas- \$2.88/g, up 1.7 cents per gallon from last week's \$2.86/g.



Mayor Liccardo releases June budget

ayor Sam Liccardo has released his June Budget Message, outlining his latest recommendations for adopting a final, balanced budget for the 2016-17 fiscal year.

"With this Budget Message, we continue to take a fiscally-prudent approach that prioritizes saving for an uncertain future and bolstering our city's long-term fiscal stability," said Mayor Sam Liccardo. "At the same time, we are in a position to make some limited one-time expenditures that focus on improving public safety and our quality of life."

The June Budget Message recommends adoption of the City Manager's Proposed Budget which, following direction from the unanimously-approved March Budget Message, focuses the limited new dollars available this year on bolstering reserves and smart, targeted, one-time investments that will help improve basic city services. These actions include:

Saving: Increasing the city's budget reserves to help cover a projected deficit in FY 17-18 and to protect against unexpected fluctuations in city finances.

· Investing in Police: Allocating additional funding to support a robust police officer recruitment effort and for additional police officer overtime to help backfill for vacant positions.

Investing in Emergency Fire & Medical Response: Realigning resources to restore Fire Engine Companies 30 and 40, and investing in technological improvements like a new IP-based alert system that has been shown to reduce response times by an average of 30 seconds per call in other similarly-sized fire departments.

Investing in Youth: Expanding the "San Jose

Works" program to provide 1,000 kids in gangimpacted neighborhoods with jobs that will help them "build a resume rather than a rap sheet."

The Mayor's June Budget Message also includes a number of additional recommendations and adjustments to the proposed budget, such as:

- Adding an additional \$1.3 million to the Budget Stabilization Reserve, which will bring the City's collective "safety net" funds up to 5.8 percent of the city budget.

- Allocating an additional \$1 million in one-time funds to improve traffic safety via neighborhood traffic calming programs, additional crossing guards and other related efforts.

- Enhancing the City's emergency preparedness by reinstating the Community Emergency Response Team training program, investing in our mass warning/alert system and other related infrastructure improvements.

"We continue to make gradual progress towards restoring both our city's fiscal health and the critical city services that our residents deserve," continued Mayor Liccardo. "Unfortunately, given the projected deficits in future years, we are not yet in a position to significantly enhance services that carry ongoing costs.'

San Jose voters will vote Tuesday on a ballot measure that would increase the current sales tax by quarter cent and generate approximately \$40 million in additional revenue each year (note: only \$30 million would be generated in FY 2016-17 given that the increase would not take effect until October).

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ALMADEN VALLEY\$1,200,0004 BR 2.5 BA Wonderful Pierce Ranch home with
open floor plan, soaring ceilings,spacious interior,
mew interior paint, carpeting & hardwood flooringMargaret Yost & David Yost,
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ALMADEN VALLEY \$1,188,000 4 BR 2 BA Outstanding Shadowbrook neighborhood! Very convenient to coveted Almaden schools. Attractive, well maintained home with appealing flow

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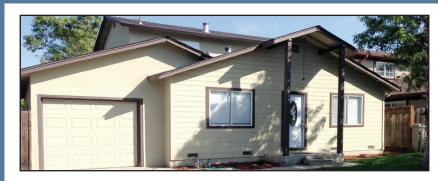


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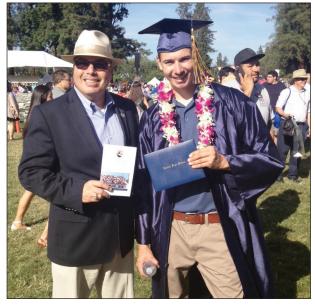
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Times News





Congratulations, Leland High School Class of 2016!



Councilmember Johnny Khamis with Leland Graduate Kai Segura





Brandon and Kaitlyn Tuck, Leland High School and Bret Harte.

Congratulations, Alyssa! We're so proud of you. You'll be a great Tiger! We love you! —Mom, Dad, and Ashley



Left: Brody Sarpa. Right: Justin Safier. Photos by Neha Bandaru.



Left: Jennifer Koh. Right: Theresa Knox.

Congratulations on graduating from Presentation!! We wish you the best at Cal Lutheran! Follow your heart and you will go far! *Love, mom, dad, Lauren, Nick, and Erik*



Left: Isaac Margolis. Right: Jurrien Le.



(L-R): Zain Basit, Gage Alspach, Adam Graves, and Alex Mitchell.

Congratulations Brandon & Kaitlyn Tuck on your 2016 Leland High School and Bret Harte Middle School graduations! We are so proud of you both! *Love, Mom, Dad, Devin & the kitties* Times **News**





Pioneer Teacher **Jennifer Clem** and Pioneer Student **Eric Ananamalay**



Congratulations, Pioneer High School Class of 2016!



Emily Woodley and Maddy Brown



A group of graduates including Michael Martinez, Amber Rizzi, Stephanie Todd, Jackson Spilker, Kyle Penick, Jack Johnson, Ross Graham, Charis Beck, John Tierney, Matt Pinkney, Julia Cima, Trevor Johnson, Chris Raimondi, and Nicole Kanga (many of these students were in the cast for *Les Miserable School Edition*, Pioneer's Spring Musical)



Julia Cima, Jack Johnson, John Tierney and Blake Bertolin.

We are so proud of your courage these past 4 years, Kai. Kudos to your 3.8 GPA showcasing your excellence & commitment to your academics. We love you. *Love from your Family & Friends*



Alex Liebscher and friends pause to pose.



Graduates await their diplomas.

John Davis, a graduate of Valley Christian High School and recipient of the Provost Gold Scholarship, will study statistics at Baylor University. We are so proud of you John! *Love, Mom, Dad & Rachel*



It's finally time to celebrate!



From left to right - MacKenzie Drake, Rebekah Smith, Emily Woodley, Emily James, Zara Wehrung, Jillian Welnak, Cassidy Caldwell

Graduates, congratulations and best wishes! You and your classmates are a big part of what makes Almaden so special. —The Yost family



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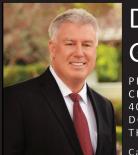




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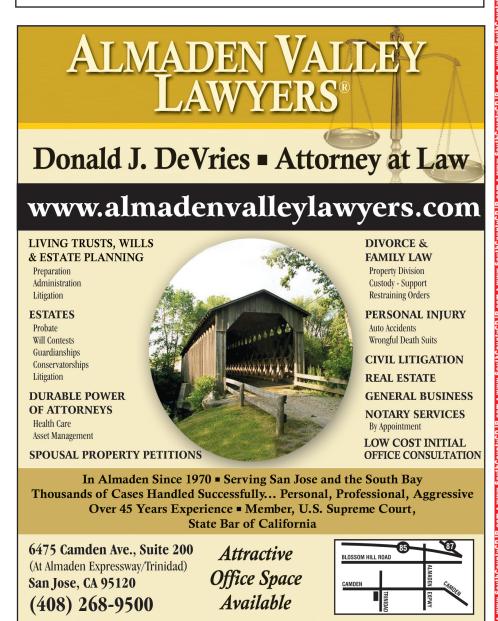
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County

Continued from page 1 advantage of growth and development and determine where we want urban development to take place."

Weden says that for seniors living alone, single family homes don't always work as well as a walkable neighborhood in an urban community. A national study showed that one out of five Americans over age 65 doesn't drive and more cut back when gas prices rise. "As people outlive their ability to drive," says Weden, "they become trapped in suburbia. We created neighborhoods that were fun to grow up in but may be problematic to grow old in. Seniors want to be active, independent and engaged with family, friends and the community. If they are isolated, it may lead to depression."

The rise of Millennials also affects future housing planning. Many are less likely to be homeowners due to the high cost of homes and a desire for the freedom to relocate for jobs. "They have a strong preference for urban living," says Weden, "and according to the National Association of homebuilders, 88 percent of Millennials prefer to live in or near an urban setting." With the lowest rate of driver's licenses in their age group since the 1960s, they also prefer to walk or take public transit.

Both seniors and Millennials want to live in neighborhoods where they can have active lifestyles without owning an automobile. "We need to create better communities with civic imaginations and the political will to see beyond what we have today," says Weden. "We have the potential to do great things."

"Maintaining our quality of life, while adapting to these major changes will require responsible, visionary, land use planning," says Weden, "and community attitudes that support well-planned, appropriately-located, higher-density new development. Living in Silicon Valley, we are fortunate to have the tools and resources we need for constructive change."

Weden believes that the county needs to build smaller, less expensive housing. "With an aging population, in 15 years, healthcare and eldercare workers will be needed to take care of us," he says, "but they make less money than teachers. Where can they afford to live? The high cost of housing is one of the biggest challenges we face."

"People need to overcome their fear of density in the suburbs and look at it instead as a tool in city building," he says. "Density can make housing more affordable and improve transit and lifestyle options. The choices are to accept, resist, mitigate or guide it where it will do some good. We need to create livable, green, urban neighborhoods."

Dynamic piano duo Anderson and Roe to perform at the Carmel Bach Festival

By Sean Eastwood Times staff writer

The Carmel Bach Festival is featuring the popular piano duo Anderson and Roe Thursday, July 28 at Carmel's Sunset Center for a special.

Known for their high-octane performances, original compositions, and notorious music videos, Greg Anderson and Elizabeth Joy Roe are revolutionizing the piano duo experience for the 21st century.

The Anderson & Roe Piano Duo aims to make classical music a relevant and powerful force around the world. Their recent albums (When Words Fade, An Amadeus Affair, and The Art of Bach) were all released to critical acclaim and have spent dozens of weeks at the top of the Billboard Classical Charts, while their Emmy-nominated, self-produced music videos have been viewed by millions on YouTube.

Concert selections include the

Haydn Variations by Brahms, *La Valse* by Ravel, and Radiohead's "*Paranoid Android*," among others.

Anderson & Roe's performance epitomizes the Carmel Bach Festival's evolving commitment to broader programming. Thursday concerts in 2016 have crossover appeal, with eclectic offerings designed to entertain all musical tastes. The Thursday, July 21 program is entitled "Beethoven to Broadway," and features the Festival soloists performing songs from Rossini, Beethoven, Copland, Ives, Arlen and Lerner & Lowe.

The performance is certain to be a highlight of the 79th Annual Festival, July 16 – July 30, presented in various venues throughout Carmel, Monterey, Seaside and Pebble Beach, California. This year's festival features main series concerts, recitals performed on period instruments and a Music and Ideas series. Artistic Director and Principal Conductor Paul Goodwin, in partnership with artistic leadership, has programmed a Festival based on the theme of "Bach Inspires" and celebrating the centennial of Carmelby-the-Sea.

Highlights of the 2016 Festival include:

An opening night concert that includes **Handel's** *Water Music*, **C.P.E Bach's intriguing** *Magnificat*, and Eric Whitacre's choral masterpiece *Cloudburst*.

A new venue for our pre-fest chamber concert on Wednesday, July 13 at the Monterey Museum of Art, Pacific Avenue location, titled Happy Hour Bach. A **new performance time for Sunday's afternoon concert**, Bach's masterpiece, the *B Minor Mass*, which will be performed at 4 p.m. on July 17 and 24

Mozart's first grand opera, *Idomeneo*, in a specially adapted version for Carmel

Wednesday evening concerts,

Immortal Bach, at the magnificent **Carmel Mission Basilica**, featuring Festival Orchestra, Chorale and Chorus and conducted by Associate Conductor **Andrew Megill**

Friday night orchestral concerts featuring Mendelssohn's epic *Fifth Symphony* and Bach's *Ein' feste Burg ist unser Gott*, BWV 80, both inspired by Bach's chorale, "A Mighty Fortress is Our God"

A wide array of chamber concerts **including the** *Carmel Muse* on Tuesday afternoons July 19 and 26.

For the third year, due to popular demand, a special family concert is scheduled on Saturday, July 23 at 11 AM at Sunset Center Theater featuring *Leonard and Rasmus Solve a Mystery*.

Discounted ticket prices for students, active and retired military, and families

For more information on Carmel Bach Festival, visit: www.bachfestival.org.





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Pastor, Rev. Dr. Michele Rogers Brigham

408 268-0243

www.AlmadenCongregational.org We are a welcoming Church engaged in progressive approach to faith, worship and giving to our local community. We are proud to be UCC, Open and affirming (O&A)

and welcome members of the LGBT community. We support local Innvision Shelter Feedings once a month, San Francisco Night Ministry, Second Harvest Food Bank, Church World Service, and Communities Responding to End Poverty Worship 9:00AM, Sunday School 10:00 AM Sundays. 1st Sundays in Worship: Holy Communion 2nd Sunday in Worship: Folk Choir 3rd Sundays at Coffee Hour: Round Table Disc.

4th Sundays in Worship: Blessing of Birthdays/Anniversaries/other "joy" Occasions Tuesday, AA Meetings, 8:15-9:15 PM.

Wednesdays, 9:30 AM., Women's Study Group

CHURCH OF CHRIST 5351 Carter Ave., San Jose 95118 408.265.5837 www.bibleroad.org We strive to be a group of Christians that love and honor God and Jesus Christ in our daily lives. We assemble each Sunday to encourage each other through singing, studying, praying and sharing in the Lord's supper. Simple just like what one reads about in the New Testament. Bible class at 9:30 AM Worship at 10:30 AM Located in south San Jose near Kooser Rd. and Camden Ave. (behind the Almaden Valley Athletic

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East Valley Church We are a Multicultural Christian Community committed to making Christ known to our Neighbors, Community and World. Sunday Schedule: Coffee and Conversation 9.15am Worshin 9:45am, Sunday School for all ages 11:15am Childcare is provided for all our Sunday Services. Our NEW Children's Building is Open! Uplifting music, Biblical teaching, ministries for Children, Youth, College & Career, Small Groups for all adults, Ministries to Men, Women, Seniors, Celebrate Recovery (Please see website for details and meeting times www.eastvalleychurch.com) VBS: June 13th – 17th (5:45-8:30pm) & Sports Camp: July 18th - 22nd (9am -12:30pm) For more details or to register please visit our website Senior Pastor - Pastor Ron Johnson, Community-Life Pastor -Pastor Patrick Boyd, Children's Ministry Co-Directors - Alyssa Friend and Kristen Pearson We are located at 2827 Flint Ave (Between Tully & Norwood) San Jose, CA 95148, Phone 408-238-0231, e-mail info@eastvalleychurch.com We are associated with Converge Worldwide www.convergeworldwide.org

The Episcopal Church in Almaden 6581 Camden Ave. San Jose, CA 95120. The Rev. Shelley Booth Denney, Rector Phone: 408-268-0243 Web:www.eca-si.org At the Episcopal Church in Almaden (ECA), we are joyful followers of Jesus Christ. Through worship, study, fellowship and outreach, we strive to nurture and grow a strong faith community of believers, a family of all ages, where each member feels welcomed, loved, valued and empowered to serve. Children are especially welcomed and cherished as an important part of God's family. All junior high and senior high students are welcome to participate in our Youth Groups. During the school year we have joint Sunday School with our sister church, the Congregational Church of Almaden Valley, UCC. The Episcopal Church in Almaden offers the following regular opportunities for worship: Sunday at 7:30AM and 10:30AM, Holy Communion service. Each Sunday service is followed by a coffee hour for friendship and conversation

Evergreen Valley Church Visit our Web Site at wwww.evcsj.com 2750 Yerba Buena Rd. San Jose, CA 95121. Phone: 408-274-7422. Saturday worship is at 5 pm. Sunday worship services at 9 am and 11 am.. Excellent contemporary Christian music and Biblebased teaching. Nursery care and Children's Sunday School programs at 9 am and 11 am. Junior High students meet at 9am and High School students meet at 11am. Nuevo Comienzo: Servicio en espanol. Domingo 4pm.

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town.com Telephone: (408) 294-7254 x310. We are a community serving the Christ from the heart of the City, working to know Jesus and make Jesus known by serving, worshipping, and learning together Worship services are at 10:00 AM at the Horace Mann Community Center (7th and Santa Clara Streets). Worship includes both contemporary and traditional music, a message that is relevant to real life, based in the Bible, and meaningful to people of all ages and backgrounds. We work in our community to provide real assistance and long-term, life-saving solutions: food, housing, counseling, and spiritual direction. Our children's & families' ministries include Sunday classes, outdoor family activities such as bike rides and fishing trips. Come. Make a Difference and feel the difference God can make in your life!

Holy Spirit Catholic Church Faith.Knowledge.Community - this is our promise to our members. If you are looking for an active Christian faith community, we invite you to experience Holy Spirit Parish Community. All are welcome! We are located at 1200 Redmond Avenue, San Jose, CA 95120. Mass is celebrated at 8:30 a.m.

Monday - Friday. Our weekend Mass schedule is Saturday 5 p.m., Sunday 8 a.m., 9:30 a.m., 11:30 a.m. and 6 p.m. Rite of Reconciliation is every Saturday at 4 p.m. or by appointment. Our Parish Office is open Monday -Thursday 8:30 a.m. - 4:30 p.m. and Friday 9:00 a.m. - 3:00 p.m. Call 408-997-5100 for recorded information or 408-997-5101 to speak with someone in our parish office. Information on Faith Formation for children and adults can be obtained by calling our Catechetical Office at 408-997-5115. Get in the loop with our 3sixty High School Youth Ministry by calling 408-997-5106. Holy Spirit School serves grades Pre-K through 8th, and is located at 1198 Redmond Avenue. You can reach the school office at 408-268-0794.

THE POINT CHURCH

www.ThePoint.Church 3695 Rose Terrasse Circle. San Jose CA 95148 Located at the top of Aborn Rd and Murillo Ave. Come be inspired and build your faith as we worship together this Sunday @ 10:30 AM. KidsPoint is our children's ministry, serving infants through 5th grade. It is a fun and safe experience for kids as they grow in their walk with God. ONE is our student ministry, serving 6th through 12th grades. We help lead students into a growing relationship with Jesus through conversations, fun and service. Because of the diversity of Evergreen we offer church services in 5 languages. each with their own auditorium and pastor

10:30 AM English, Mandarin, Cantonese and Cambodian. Spanish at 1:00 PM.

SAINT ANTHONY CATHOLIC CHURCH

We invite you to become a part of our hospitable, intimate Catholic parish. We are a caring community, promoting spiritual growth, reaching out to people in need and where you get to know people by name. We offer children's religious education (CREATE); Youth Ministry (BLAST & X-STATIC); Scripture Study (day & evening); Senior's Group and many other adult ministries as well. Saint Anthony parish is located in Almaden Valley at 20101 McKean Road, San Jose, 95120. Our weekend Masses are at 4 p.m. on Saturday at our historic church at 21800 Bertram Road in New Almaden, CA 95042 and on Sunday at 8:30 a.m., 10:30 a.m., and 5:30 p.m. at the McKean Road location. Our Parish Office is open Monday 9 a.m. - 12 p.m. and Tuesday thru Thursday, 9 a.m. - 12 p.m. and 1 - 4 p.m. For more information, stop by the Parish Office or call 1+ (408) 997-4800, or visit our website at www.churchstanthony.com. Fr. Larry Hendel, Pastor.

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www.stfrancisofassisipreschool.org We invite you to join our community of faith located in the Evergreen area of San Jose. We are an inclusive diverse community striving to serve as Disciples of Jesus Christ in the footsteps of St. Francis, offering prayerful and joyful liturgies; evangelization, fellowship, and service opportunities to the community. We offer spiritual opportunities for all ages, including children's liturgy, dynamic E.C.H.O - Jr. High, IGNITE - High School and North Star -Young Adult Ministries, along with small faith communities and opportunities to help the poor and marginalized of San Jose. Our Preschool is the only Catholic Preschool offering quality family oriented service in the Evergreen and Silver Creek areas. Our Chapel. Gathering Hall, Parish Office, Mission Center, Parish Gift Shop, Memorial Garden and Preschool are all located at 5111 San Felipe Rd. Please come join us to worship at one of the following times and locations:

St. Francis of Assisi Chapel Saturday 5:00PM, Sunday 8:30 AM, 10:30 AM, 12:30 PM, 4:00 PM (Mass in Vietnamese), 6:00 PM Youth Mass

St. Francis of Assisi Gathering Hall Sunday 9:00 AM, Sunday11:00AM, Igbo Mass - Second Sunday of the month 12:30 PM Mt. Hamilton Grange - 2840 Aborn

Road Sunday 9:30 AM

The Villages Gated Community (Cribari Auditorium) Sunday 8:15 AM For more information, please call or visit us at the Parish Mission Center open M-F 9:00 AM -12:00 PM; 1:00 PM - 4:00 PM. Come join us and share your presence with us so that together we may grow and share our gifts to help build God's Kingdom!

Worship listing advertisements are \$495 annually. (408) 898-7534.



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Leticia Espinoza, CMT

Times Local News

Cattle return to Santa Teresa Park after 10 year absence

By Sean Eastwood Times staff writer

attle will return to Santa Teresa County Park after an absence of more than 10 years on July 1.

A local rancher, operating under a license with the h park, will bring a small herd of

beef cattle for summer and fall grazing.

Cattle will be excluded from the Pueblo Day Use Area, however hikers, bikers, and equestrians may encounter cattle along the trails on the south side of the park. Trail users are cautioned that locked gates along trails will be used to control cattle movement in some locations.

The County of Santa Clara Parks and Recreation Department will use the cattle to combat the growth of exotic annual grasses that compete with native wildflowers in the unique serpentine grasslands within the park.

Endemic wildflowers such as plantain, popcorn flower, shepherd's needle, red maids, fritillary, jewel flower, and dudleya depend on adequate sunlight during the spring growing season.

Chekerspot butterfly



Bay Checkerspot butterfly

The Santa Teresa Grazing Management Plan and Santa Clara Valley Habitat Conservation Plan recognize management strategies to protect the federally listed bay checkerspot butterfly, which depends on serpentine grassland wildflowers for feeding and breeding habitat.

> Growth of annual grasses has been accelerated in recent years owing to nitrogen deposition from atmospheric pollution. Grazing is a recognized cost-effective method to reduce annual grass cover.

> Livestock grazing at Santa Teresa County Park is being implemented under a management plan approved by the County Board of

Supervisors in 2013. The Parks and Recreation Department also uses livestock for natural resource management at several other county parks, including Calero, Joseph D. Grant, Ed Levin, and Coyote Lake-Harvey Bear Ranch County Parks.

Roughly 11,000 acres of park lands are currently grazed under licenses with local ranchers, who pay monthly rental to the county for use of pastures on park lands. The County Board of Supervisors adopted the parks rangeland management policy in 1992.

Voters approve new 15-year sales tax, dowse deregulation of pot clubs

San Jose voters overwhelmingly approved a new quarter-cent sales tax for the next 15 years and extinguished separate measure that would have deregulated the city's pot clubs.

Measure B is expected to bring \$40 million a year to the city's general fund.

Mayor Sam Liccardo was pleased with the passage of the tax measure, which he called an investment in the city's future.

The Mayor provided a written statement: "After years of belt-tightening through fiscal reforms and other cost-cutting measures, the voters agreed that additional revenues are needed to continue restoring essential city services. As we move towards adopting a final budget for the upcoming fiscal year, it's critical that we focus these additional dollars on our residents' top priorities: enhancing public safety and repairing our deteriorating roads."

In addition to restoring the city's depleted police force and chip away at a massive backlog of street repairs, Liccardo wants the city to spend some of the newly minted tax revenue to hire more than 40 new police officers.



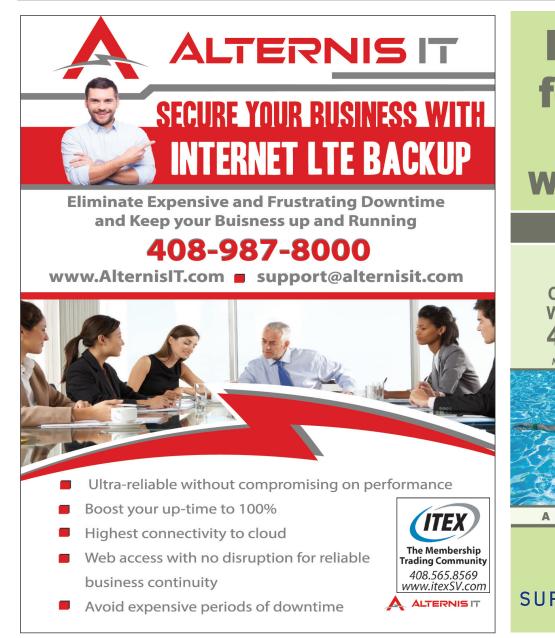
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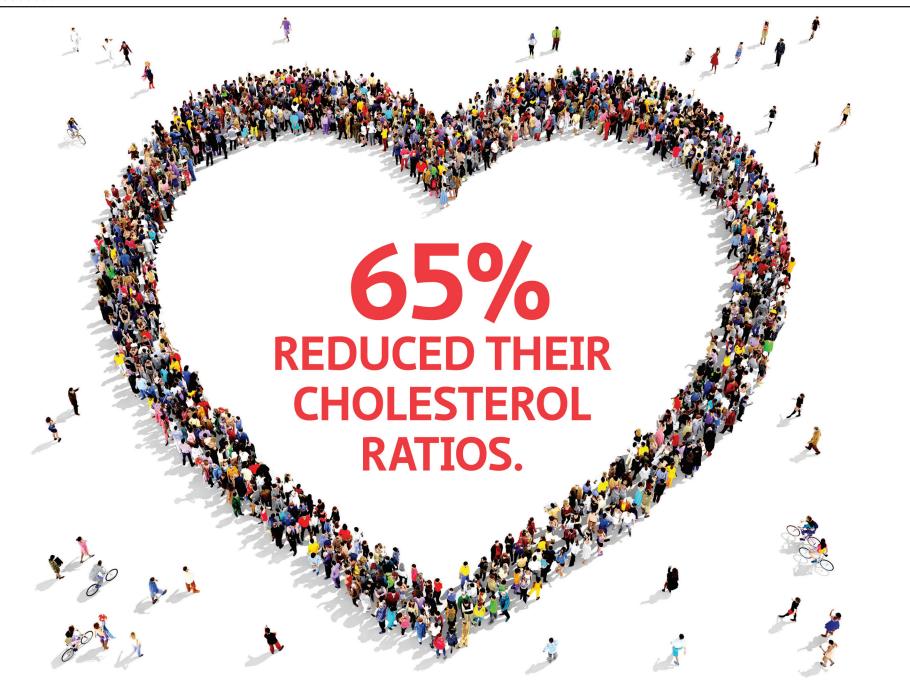


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Times Election 2016

LOOK WHO DROPPED BY SILICON VALLEY BUSINESS CENTER RECENTLY Local and national politicians on the stump for Clinton stop by the home of the Almaden Times

In the days before the recent election which elevated Secretary Hillary Clinton into the role of Presidential nominee for the Democratic Party, a number of politicians dropped by the Silicon Valley Business Center, which hosts the office of Times Media, Inc., in support of Clinton's campaign.

"We have been very excited to have different elected officials and guests visit us in our office over the last few weeks," said Melody Alemansour, organizer for the Hillary campaign in Santa Clara County. "Our volunteers have been working very hard making phone calls and knocking on doors to get out the vote for Secretary Clinton. Visits from Senator Booker, Tony Goldwyn and President Clinton help reinforce the notion that what we are doing is vital for the future of our country."

"I find it really exciting to have such a powerful group of visitors stop by our offices during this campaign season," said Gregg Bunker, owner of the business center.

"I'm here in California doing everything I can to get Hillary Clinton elected president because America needs her experience and steady hand in the White House," said Sen. Cory Booker (D-NJ).



President **Bill Clinton** offered words of encouragement to Hillary supporters.

"The stakes this fall couldn't be higher and the choice couldn't be clearer. We need a President who will keep America safe, bring people together, break down barriers, and deliver results that will make a real difference in people's lives. Hillary Clinton will do just that."

Supervisor Ken Yeager, and Mayor Sam Liccardo also attended the event supporting Clinton's run.





Above: Senator Cory Booker was also in town in support of Hillary Clinton.



Mayor Sam Liccardo (left, with SVBC owner Gregg Bunker) lends his support to the Hillary campaign.





President **Bill Clinton** (pictured here with Silicon Valley Business Center owner **Gregg Bunker** and his wife, **Lisa**) dropped by the office on a whirlwind tour of the Bay Area in support of Hillary Clinton's historic election night victory which assured her the Democratic Party's nomination for the Presidency.



Times Features



Oliver - Orange and white tabby male, 1 year old.

Leo - Black male, 2 years old.

Maisy - Black and white female, 2 years old.

The Dancing Cat partners with Silicon Valley Pet project seeking location to re-open in San Jose

Silicon Valley's first cat adoption lounge, The Dancing Cat, is back better than ever with the announcement of a new partnership with Silicon Valley Pet Project (SVPP).

SVPP is a nonprofit animal rescue organization that rescues at-risk cats and dogs from the San Jose Animal Care Center, Silicon Valley's largest municipal animal shelter.

The Dancing Cat was originally conceived as a four-week pop-up lounge in downtown San Jose in May, 2015, designed to help potential adopters meet and become acquainted with adoptable pets.

The Dancing Cat was so embraced by the community, that it remained active and of service to the public for six months. More than 50 adult cats were adopted, 12 community events were held in the space, and over 2,000 visitors passed through the doors.

Building on the organization's success, The Dancing Cat's founders Mary Rubin and Ann Chasson are joining with Silicon Valley Pet Project to create a permanent space for people to meet mingle and spend time with adoptable cats. The main goal of the partnership is to find loving forever homes for adult cats who are at risk in the shelter by providing a free-roaming, comfortable and safe space for these cats to be showcased. Additionally, the project seeks to present a unique venue for social and educational events in the community.

To date, SVPP has primarily focused on foster parents and local adoption events to rehome rescued animals, but that strategy is expanding.

"We were incredibly inspired by Ann's and Mary's commitment and passion to feature adoptable adult cats in such a creative way," said Melissa Lisbon, President of Silicon Valley Pet Project.

"The adult cats SVPP selected to be featured at The Dancing Cat were quickly adopted by wonderful families. We are excited to join forces in our common mission to save more lives in our community through innovative initiatives. The Dancing Cat represents the Silicon Valley spirit by addressing a challenge with a fresh perspective: the animal welfare challenge of the overpopulation of adult cats in our local shelters."

The Dancing Cat team is currently searching for a suitable permanent location in the San Jose area. Anyone with information about a possible available location can contact thedancingcat@svpetproject.org. The project is accepting financial donations towards the reopening of The Dancing Cat on its website: www.thedancingcat.org.

"It was exciting to see how enthusiastically the space was embraced, resulting in so many successful adoptions," Rubin said. "We in the volunteer and nonprofit arenas can make a bigger impact on a problem like homeless pets when we work together, leverage our passion and learnings. We look forward to continuing The Dancing Cat with SVPP's contributions of both talent and support."

Interested in adopting one of the Dancing Cats? Start by meeting them and filling out an adoption application at svpetproject.org.



Maddie - Chocolate Siamese mix, 1 year old, female.



Ada - Gray and white tabby, female, 1 year.



Simba - Brown tabby male, 2 years old.



Catallus - Snowshoe Siamese mix male, 11 years old.



Cataline - Snowshoe/Siamese mix, 11 years old, male.

Summer school offered at Holy Spirit Catholic School

Holy Spirit School is offering summer school classes starting June 20 through July 15. Holy Spirit School is a Catholic elementary and middle school that was established in 2000. It serves pre-kindergarten through 8th grade.

Holy Spirit School is located at 1198 Redmond Ave, San Jose. Phone: (408) 268-0794. Visit holyspirit-school.org for more information. Times **Health Notes**

Cutting sugar's umbilical cord: ways to help curb the craving

nce upon a time, sugar was mostly relegated to desserts. But now, excessive amounts can be found in our everyday foods and beverages, and it's taking a toll, according to recently published studies.

• The University of Texas MD Anderson Cancer Center exposed high-sugar diets as major risks for cancer, especially breast cancer.

• The Frontiers in Molecular Neuroscience journal indicates that sugar may cause not only diabetes and obesity, but also brain defects similar to those triggered by stress or abuse.

• Sugar accounts for much of our country's weight gain and the rise of fatty liver disease.

"We already knew it was very bad for us, but alarming new evidence just keeps pouring in," says nutritionist and juicing pioneer Cherie Calbom, MS, who is known as "The Juice Lady."

"Despite the case against excessive sugar intake, we know its prevalent use remains in things like ketchup, yogurt, canned soup, salad dressing, tomato sauce, bread, granola bars – not to mention soda or dessert-style coffee beverages."

That's why Calbom suggests taking full control of the sugar in your diet by making your own meals, snacks and drinks. Her most recent book, "The Juice Lady's Sugar Knockout" (www.juiceladycherie.com), offers recipes for overcoming sugar.

Samples of her "Sugar Knockout" recipes include:

Curb your carb craving with a Jerusalem artichokebased juice cocktail. Here's a traditional remedy:

- 3-4 carrots
- 2 celery ribs
- 1 Jerusalem artichoke
- 1 cucumber, peeled if not organic
- 1 lemon, peeled if not organic
- ½ green apple

Wash produce first and, once juiced, drink as soon as possible.

Longing for dessert-time? Try a delicious alternative to traditional Chocolate Mousse.

- 1 medium avocado, ripe
- 2 Tbsp. unsweetened cocoa powder
- 2 Tbsp. coconut nectar or $\frac{1}{4}$ tsp. stevia

• 6 Tbsp. almond milk

• Optional: pistachios, strawberries, raspberries or goji berries

Put large chunks of avocado flesh in the blender. Add the cocoa, sweetener and almond milk. Blend, starting on low and then moving to high speed until smooth. If the avocado is larger, you will need a bit more of each ingredient. If it is



too thick, drizzle in a bit more almond milk. Add more cocoa or sweetener to taste. Refrigerate the mousse and serve cold. Top with nuts or berries.

"These recipes let you know that, once you decide to live without sugar, it's deliciously possible," Calbom says. About Cherie Calbom, MSN (a.k.a. The Juice Lady)

Cherie Calbom holds a Master of Science degree in whole foods nutrition from Bastyr University. Known as "The Juice Lady" (www.juiceladycherie.com) for her work with juicing and health, she is author of 31 books, with millions of copies sold worldwide. No stranger to healthy diet trends, Cherie joined George Foreman as nutritional spokesperson in the Knockout the Fat phenomena that forever changed grilling in America.

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Proices Guide

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. Times Feature

How to handle trust beneficiaries and substance abuse

By Donald J. DeVries Special to the Times

This week's question: My wife and I are in the process of setting up our living trust, wills, and related documents. A big problem is that one of our daughters is into heroin big time. She has three children, two heroin felony convictions, and we do not want to cut our our daughter and grandchildren from our trust. How can we deal with that appropriately? Wayne W.

Almaden Valley

Dear Wayne,

You are not unique in facing a problem of potential substance abuse by a possible beneficiary, Wayne. It would be terrible if your and your wife's hard-earned money would go down the drain in the form of heroin.

The good news is that several provisions are possible to include in your new living trust so as to try to protect against substance abuse. There is no guarantee, of course, but some language in your new living trust may help.

For example, you may specify that you and your wife as Trustees and your Successor Trustees (after you and your wife are gone) may suspend the beneficiary's withdrawal rights and all of the beneficiary's rights to participate in decisions concerning the removal and appointment of Trustees in the future

The suspension rights mentioned above may be exercised if the Trustee reasonably

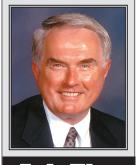
believes that a beneficiary of any trust routinely or frequently uses or consumes any illegal substance so as to be physically or psychologically dependent upon that substance, or is clinically dependent upon the use or consumption of alcohol or any other legal drug or chemical substance that is not prescribed by a board certified medical doctor or psychiatrist in a current program of treatment supervised by such doctor or

psychiatrist. Another aspect is that the Trustee must reasonably believe that as a result, the beneficiary is unable to care for himself or herself, or is unable to manage his or her

financial affairs. If those factors exist, then the living trust language may state that the Trustee has the power to suspend all mandatory distributions to the beneficiary, including distributions upon termination of the trust.

If the above circumstances exist, the trust language may also state that the Trustee has the authority to require the beneficiary to submit to one or more physical examinations, including laboratory tests of bodily fluids determined to be appropriate by a board certified medical doctor.

The living trust language may also specify that if, in the opinion of the examining



Ask The Lawyer nald J. DeVries, tornev at Law

For past articles, visit our web site at w.almadenvalleylawyers.com doctor, the examination indicates current or recent use of a drug or substance as mentioned above, the examining doctor will determine an appropriate method of treatment for the beneficiary.

Such treatment could include counseling or treatment on an in-patient basis in a rehabilitation facility that is acceptable to the Trustee. Your living trust may also provide that if the beneficiary consents to the treatment, the Trustee shall pay the costs of treatment directly to the provider of those services.

It would be good to state that monetary distributions

may be resumed by the Trustee to the beneficiary when examinations indicate no improper use of the substances for 12 months and/or when the Trustee in his or her discretion determines that the beneficiary is able to care for himself or herself and is able to manage his or her financial affairs.

Your new living trust might also specify that no Trustee, nor any doctor retained by the Trustee, will be responsible or liable to anyone for a beneficiary's actions or welfare. Also, it may be stated that the Trustee has no duty to inquire whether a beneficiary uses drugs or other substances as described in the trust.

Along the same lines as the above paragraph, you may state in your living trust that the Trustee and any doctor retained by the Trustee is to be indemnified from the trust estate and held harmless from any liability of any nature in exercising his or her judgment and authority under the trust, including any failure to request a beneficiary to submit to medical examinations, and including a decision to distribute suspended amounts to a beneficiary.

The living trust may also provide that if monetary distributions are resumed, the suspended amounts may be distributed to the beneficiary at that time. If, by that time, the beneficiary has passed on, the trust should specify where such amounts should be distributed.

There are a few instances where a Trustee cannot suspend distributions to a beneficiary, but you need to see your own lawyer or CPA concerning those technical exceptions.

So, there you go, Wayne. I hope this information proves helpful in your goal to do the right thing for your family.

Donald J. DeVries Almaden Valley

You can reach Mr. DeVries with your questions by email at don@almadenvalleylawyers.com, with "Almaden Times" in the subject line, fax at (408)268-6502, telephone at (408)268-9500, or mail at DeVries Law Office at 6475 Camden Avenue, Suite 200, San Jose, CA 95120. Your name will not be used. No attorney-client relationship is created by these articles.

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Times Feature



Greek cooking demonstration

Author Aristea Pettis recently held a cooking demonstration at St. Basil's Greek Orthodox Church, and also sold her cookbook recently at the Almaden Branch Library. Above, Pettis is pictured with Rashmi Naik, inset with Rashmi's daughter Devina, and below with Brigitte Jones. Photos by Rashmi Naik





Ladies as pictured, L-R: Darlene Tenes, Jennifer Freitas, Sherry Carney, Vickie Johnson; President, June Gwartney, Vice President; and Althea Kippes.

Neighborly gathering for ice cream social is anything but chilly

Members of "WE AND OUR NEIGHBORS" met on June 14 to hold an ice cream social in their San Jose Club House, located at 15480 Union Ave. The group is the oldest continuously run women's club in Santa Clara County, which was founded in 1892.

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Times Feature

Volunteers begin fighting Zika virus with smartphones

Tired of playing Candy Crush on your cell phone?

An international research effort to identify potential drug compounds to combat the Zika virus is being launched on a tech platform.

The platform turns a network of volunteers' personal computers, as well as Android mobile phones and tablets, into a virtual supercomputer that can speedily process millions of calculations.

The #OpenZika project, announced Thursday, will run virtual experiments on potential compounds that could form drugs to address Zika. It's the latest health-related research project by IBM's World Community Grid.

After a dozen years of operation, the platform has almost 750,000 people and 470 institutions across 80 countries, allowing researchers to tap their 3.5 million computers and mobile devices for latent processing power.

The #OpenZika project is now running virtual experiments on potential compounds that could form drugs to address Zika. It's the latest health-related research project by IBM's World Community Grid.

After a dozen years of operation, the platform has almost 750,000 people and 470 institutions across 80 countries, allowing researchers to tap their 3.5 million computers and mobile devices for latent processing power. The World Community Grid has been used to research diseases including malaria, Ebola, tuberculosis and childhood neuroblastoma.

Volunteers download a World Community Grid app to their computer or devices. That allows researchers to run calculations on the devices, without their owners noticing a difference in performance.

Data generated from the #OpenZika project will be available to researchers on an opensource basis around the world.

To volunteer, visit: worldcommunitygrid. org.

Almaden Times Real Estate Guide





23755 McKEAN ROAD

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