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<p>USDA Government Inspected Fresh</p> <p>Boneless Chicken Breasts</p> <p>\$1.99 lb.</p> <p>Family Pack 3 Lbs or More</p>	<p>USDA Choice Beef First Cut... Bone-In</p> <p>Chuck Steaks</p> <p>\$2.99 lb.</p>	<p>80% Lean Ground Beef</p> <p>99¢ lb.</p>	<p>Fresh Whole Pork Spareribs</p> <p>\$1.99 lb.</p>	<p>USDA Grade A... Fresh All Natural Sanderson Farms Chicken Thighs or Drumsticks</p> <p>79¢ lb.</p> <p>Jumbo Pack</p>	<p>Sweet or Hot Pure Pork</p> <p>Teresa's Italian Sausage</p> <p>\$2.99 lb.</p> <p>3 Lbs. or More No Added Preservatives</p>
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PRODUCE Cherries Are a Healthy Snack! A serving size of 21 cherries has less than 100 calories.

<p>Northwest Cherries</p> <p>\$1.99 lb.</p>	<p>10-12 Lb Avg Whole Red Ripe Seedless Watermelon</p> <p>\$3.99 ea</p> <p>Sliced Priced Higher</p>	<p>32 Fl Oz - Assorted Protein Plus or Bolthouse Farms Smoothies</p> <p>2/\$7</p>	<p>1 Lb Cont... California Strawberries or 6 Oz Cont... Fresh Raspberries or Blackberries</p> <p>\$2.99</p>	<p>8-14 Oz Bag Classic Iceberg or Classic, Angel Hair or Creamy Cole Slaw or Shredded: Lettuce, Carrots or Red Cabbage</p> <p>2/\$5</p>	<p>Dole Salads</p> <p>4/\$5</p>
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<p>Chipotle, Buffalo or All American BBQ</p> <p>Boar's Head Chicken Breast</p> <p>\$7.99 lb.</p> <p>Sliced To Order</p>	<p>Yellow or White Key Food American</p> <p>\$3.99 lb.</p> <p>Sliced To Order</p>	<p>Glenrock Domestic Ham</p> <p>\$4.99 lb.</p> <p>Sliced To Order</p>	<p>Perdue Turkey Breast</p> <p>\$5.99 lb.</p> <p>Sliced To Order</p>	<p>Apple Pie</p> <p>\$3.99</p> <p>Red, White & Blue Pie Sale!</p>
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<p>Simply Juice</p> <p>2/\$5</p>	<p>Tropicana Punch</p> <p>99¢</p>	<p>Chobani Greek Yogurt</p> <p>10/\$10</p>	<p>Gatorade Sports Drinks</p> <p>5/\$5</p>	<p>Carnation Evaporated Milk</p> <p>4/\$5</p>
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<p>Kraft American Singles</p> <p>2/\$5</p>	<p>General Mills Cereal</p> <p>2/\$5</p>	<p>Kellogg's Cereal</p> <p>\$1.99</p>	<p>Corn Flakes</p> <p>2/\$5</p>	<p>Nabisco Chips Ahoy! Cookies</p> <p>2/\$5</p>	<p>Capri Sun Drinks</p> <p>2/\$4</p>
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<p>Cracker Barrel Cheese</p> <p>2/\$5</p>	<p>Mazola Oil</p> <p>\$5.99</p>	<p>Hellmann's Mayonnaise</p> <p>\$2.99</p>	<p>Bumble Bee Chunk Light Tuna</p> <p>4/\$3</p>	<p>Kingsford Charcoal</p> <p>\$7.99</p>
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<p>Poland Spring Water</p> <p>\$3.99</p>	<p>Tide Laundry Detergent</p> <p>\$10.99</p>	<p>Scott Paper Towels</p> <p>\$5.99</p>	<p>Key Food Rice</p> <p>\$7.99</p>	<p>Chef Boyardee Pasta</p> <p>10/\$10</p>
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<p>Ben & Jerry's Ice Cream</p> <p>3/\$10</p>	<p>Eggo Waffles</p> <p>\$3.99</p>	<p>Hot Pockets Sandwiches</p> <p>3/\$6</p>	<p>Libby's Corned Beef</p> <p>\$3.99</p>
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38 Oz BU Regular Heinz Tomato Ketchup **99¢**

128 Fl Oz Cont Assorted Drinks or Arizona Iced Tea **\$1.99**

144 Fl Oz Pig... 12 Oz Assorted Bar'n, Dr. Pepper, Fanta, Seagram's, Minute Maid, Fruit, Tab, Mello, Yello, Coke or Sprite 12 Pack **\$1.99**

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CREAMY RASPBERRY ICE POPS

Ingredients:

- 1 cup fat free milk**
- 1 (1 ounce) package instant sugar-free vanilla pudding mix**
- 1/2 cup fat free milk**
- 1 cup fresh raspberries**
- 2 cups raspberry sherbet, softened**
- 2 cups reduced-fat frozen whipped topping, thawed**

Prep Time: 15mins & Ready In: 3 hr 15 mins
10 Servings & only 106 Cals each



Directions:

- 1. Pour 1 cup of milk into a bowl, and stir in pudding mix. Beat with an electric mixer about 2 minutes until thickened. Place the remaining milk and raspberries into a blender and puree until smooth.**
- 2. Pour the raspberry puree into the pudding, and add the whipped topping. Stir together until incorporated. Stir in the softened sherbet. You may either mix it in completely, or leave it swirled.**
- 3. Divide this mixture evenly among 10 molds or small plastic cups. Place a wooden craft stick into each, and freeze for at least 3 hours.**

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 The Bronx Penny Pincher Office will be **CLOSED ON FRIDAYS DURING THE 2016 SUMMER SEASON.** For your convenience the latest edition is available for pick up.



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COST OF AD \$ _____
EXTRA WORDS _____
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"Fighting For A Better Community"



JAMES VACCA
NYC Councilman
13th District

3040 E. Tremont Ave. *The City of New York*
 Bronx, NY 10461
 718-931-1721
 718-931-1605 (Fax)

james.vacca@council.nyc.gov

Message From James Vacca
NYC Councilman 13th District

UPCOMING MOVIES UNDER THE STARS

All summer I will be showing free movies in our parks, which I sponsor through the Neighborhood Initiative Development Corporation (NIDC). On Friday, July 1st, I will sponsor the next installment of the program with a showing of "Kung Fu Panda 3" in Loreto Playground at Morris Park Ave. & Haight Ave. The following installment will be held on Friday, July 15th, in Bufano Park at Bradford Ave. between LaSalle Ave. and Waterbury Ave., with a showing of "Alvin and the Chipmunks: Road Trip." Both movies will begin at 8:30 PM. If there is severe rain, the movie will be cancelled, but in the event of light rain, the show will go on. Call my office at 718-931-1721 for more information.

THE CITY BUDGET: BRINGING BACK YOUR TAX DOLLARS

Recently, there was a deal on the city budget. During this budget season, I have fought passionately for our community, working to bring back your hard-earned tax dollars. This year, as I have done every year since I was elected, I've brought millions of dollars for senior centers, improvements in our parks, school infrastructure upgrades, along with funding for a number of groups that provide great services for our community. I was also able to provide a \$2.2 million grant for technology upgrades in all of our communities' schools. Each elementary and middle school in my district will receive \$100,000 to be used for smart boards, computers, broadband internet wiring, or any other technology-related item. You sent me to City Hall to fight for your interests and now that the budget season is in the rear view mirror, I look forward to a summer of community events. I hope to see many of you at the block parties, outdoor movies, street fairs and other special events that we are fortunate to have in our community.

DSNY SCHEDULE CHANGES FOR FORTH OF JULY WEEKEND

There will be no collection or street cleaning on Monday, July 4th. If your regular garbage collection occurs on Mondays, set your garbage out after 4 pm on Monday evening for Tuesday pickup. If your regular recycling collection occurs on Monday, hold your recycling until the following Monday, July 11th. Additionally, alternate side of the street parking on July 4th will also be suspended, as there will be no street cleaning.

LEAVE THE FIREWORKS TO THE PROFESSIONALS

Every Fourth of July I enjoy watching the various fireworks shows throughout the city. I want to remind everyone that the possession and exploding of fireworks is a misdemeanor in NYC. Beyond that, they are very unsafe. Countless people end up in the hospital with injuries related to fireworks every year. Do yourself and your neighbors a favor and go to a professional show to see your Fourth of July fireworks.

PLEASE TAKE NOTE: Once your ad has been placed, there will be **NO REFUNDS**. PLEASE: Read your ad the first day it appears. If any error was made by The Bronx Penny Pincher on a TELEPHONE NUMBER OR ADDRESS the publisher will be happy to correct it **FREE OF CHARGE**. The Publisher is not responsible for typographical errors. However, the Publisher must be notified within 48 hours of THAT publication or the publisher will not assume responsibility. Please include your phone number and/or address in ad copy or the Publisher will not be responsible if either of the above is left out. **PLEASE WRITE LEGIBLY**. We will not be responsible for illegible handwriting.

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COMMUNITY
F.Y.I. ABOUT OUR NEIGHBORHOOD!
NEWS

TO ALL NON-PROFIT ORGANIZATIONS

Do you have a Special Event that is of interest to the neighborhood?
PRINT IT IN THE BRONX PENNY PINCHER
FREE OF CHARGE!

The Bronx Penny Pincher will print your Community Events!
 (NON-PROFIT ORGANIZATIONS ONLY)

SEND YOUR COMMUNITY EVENTS TO:

COMMUNITY NEWS EDITOR
 c/o Bronx Penny Pincher
 3797 E. Tremont Avenue
 Bronx, NY 10465
FAX: 718.828.7974

EVENTS MUST BE FREE OF CHARGE!

All Copy Must Be Received By Monday, 2 Weeks Prior to Your Event, For That Thursday's Publication. The Bronx Penny Pincher Reserves the Right to Refuse Any Copy That is Not in The Best Interest to The Community Only.

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The Bronx Penny Pincher will not be responsible for any four color discrepancies that may occur when electronic materials are printed. The Bronx Penny Pincher cannot be held accountable for any change that may occur in color quality or match.



ABOUT OUR NEIGHBORHOOD CALENDAR OF EVENTS!

ALL NON-PROFIT ORGANIZATIONS WELCOME! (Must provide non-profit certificate.)

DO YOU HAVE A SPECIAL EVENT THAT IS OF INTEREST TO THE NEIGHBORHOOD?!

Excluding Yard & Garage Sales. We will print your event **free of charge.**

JEANNE JUGAN HOME FOR THE AGED located at 2999 Schurz Ave Bronx, N.Y. is always in need of brand new or near new items that can be sold in our gift shop and Annual Christmas Bazaar. We have a special need for NEW toys. Other items include jewelry, gift sets, electronic items, specialty items, new tagged clothing, accessories, collectibles. No VHS please. If you have any questions regarding a donation please contact Joanne at the Home 347-329 1800. Please make sure your packages are securely wrapped. If possible please drop off donations during the weekdays. God Bless you for your continued generosity.

CIRCLE OF CARE. Information Session for Caregivers! Are you caring for an elderly loved one? Feeling overwhelmed with your caregiving responsibility? Join us for information on free supportive services that can help make your caregiving responsibilities easier! First Friday of every Month, 1:00-2:00pm. Throggs Neck NY Public Library 3025 Cross Bronx Expressway. Bronx, NY 10465.

NORTHEAST BRONX SENIOR CENTER. Located at 2968 Bruckner Blvd, lower part of St. Benedicts Church open Monday through Friday, 9 A.M.- 4 P.M. A hot lunch is served daily at 12 noon. A voluntary contribution is appreciated. Daily social and cultural activities including Billboards, Bingo, Book Club, Dancing, Glee Club, Exercise and more. A variety of trips to Atlantic City, Aqueduct Racetrack, Empire Casino, Sands Casino, Bay Plaza and more. Blood pressure screening is available once a week. A case worker is available to help Seniors access entitlements and benefits. No registration fee is required. Seniors must be 60 years old or older.

WOODLOCH PINES TRIP. Catholic Widow and Widowers and the Bronx Divas have joined together in planning a trip to Pennsylvania's exclusive resort "Woodloch Pines". 3 nights 4 days. Sunday, Sept. 11th to Wednesday Sept 14th and stopping at the Mohegan Sun casino in PA on the return trip home. For reservations: Call Connie Anderson at 718-829-8142 or Fran Arico at 718-828-5073. ALL INVITED.

REGISTRATION BRONX HOUSE SUMMER SESSION. Performing arts school offers classes for young people of all ages on Tuesdays, Wednesdays, Thursdays and Saturdays beginning the week of June 29th and running through August 21st. Ongoing registration is also available year-round for private instruction in piano, guitar, voice, violin, drums, and other instruments. Bronx House is located at 990 Pelham Parkway South. For more information or to register call 718-792-1800 ext. 235, or check the website at www.bronxhouse.org.

MMCC MOSHOLU DAY CAMP. Day camp for children entering Kindergarten. From July 6th-August 18th. 8:00am-5:00pm. Located at MMCC Mosholu Day Camp- Harriman State Park.

JULY FILM SERIES. Film: Playing for Keeps (2012). July 8, 2016 at 10:30 am. A former sports star who's fallen on hard times starts coaching his son's soccer team as a way to get his life together. His attempts to become an adult are met with challenges from the attractive soccer Moms pursue him at every turn.

MOSHOLU MONTEFIORE COMMUNITY CENTER. Baychester Community Center/MMCC Summer Play Program. From July 6 - August 18. 12:00PM-5:00PM. 1220 E. 229th Street, Bronx.

BRONX TAILS CAT ADOPTION. Every Saturday from 12-4pm. Petsmart in Yonkers, 2458 Central Park Road 914-771-5756. Adorable kittens & cats available for adoption, application required.

ASPCA MOBILE CLINIC. On July 31, 2016. Arrive before 7:00am at White Plains Road and 229th Street, in front of the Community Board #12 Building. The clinic serves approximately 20-25 animals per day on a first-come, first-served basis until full. Be prepared to wait approximately two hours for intake of animals. Low-income pet parents in New York City's five boroughs must have government issued photo ID proof of public assistance/benefits, as spay/neuter fees vary depending on benefits. For more information visit www.aspcanyc.org/nyc/aspcanyc-mobile-spayneuter-clinic.

FIRST LUTHERAN CHURCH VACATION BIBLE SCHOOL. Barnyard Roundup, Monday, July 11-Friday, July 15, from 9:30-2:30. The Meet and Greet is Sunday July 10 at 2:00pm. Closing program Friday July 15 at 7:00pm. For more information please call Miss Debby at the church office. 3075 Baisley Avenue, Bronx, NY 10465, 718-829-0650.

TEENS PROGRAM AT THROG'S NECK LIBRARY.

MUTT-I-GREES. Presented by North Shore Animal League. The North Shore Animal League brings in a shelter animal to show the wonders of empathy. Working together to create an adoption poster, teens help an animal to find a forever home - they give voice to the voiceless. We will give a brief on Animal League America, which is the world's largest no-kill adoption shelter, and the origin of the word Mutt-i-gree. For ages 12 to 18 years old. Monday, July 11 3:00 p.m. FREE at the Throg's Neck Library, 3025 Cross Bronx Expressway Ext. Bronx, NY 10465, 718-792-3612.

VOLUNTEERS NEEDED FOR A BRONX HOUSE EVENT.

Bronx House is looking for volunteers to read stories, help with arts and crafts, lead fitness activities and help local 4-year olds get a glimpse of the joys that await them when they begin school in September. No special skills required. Sunday, July 17th 10:30am-3pm. 990 Pelham Parkway South, Bronx NY 10461. Register to volunteer at beta.livewithpurpose.nyc/agency/bronx-house or call 718-792-1800 ext. 249.



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