

The REMINDER *Free!*

Rhode Island's First Buyers Guide

62 YEARS IN BUSINESS

July 5, 2016 • Volume 62 • Issue 8

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July 5, 2016



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Please make sure your photos are in focus. Blurry photos cannot be reproduced.

EXETER GRANGE COLLECTING CELL PHONES

The Exeter Grange #12, in connection with Cell Phones for Soldiers, is collecting old cell phones for soldiers serving overseas. The goal of Cell Phones for Soldiers is to help keep troops connected with their families by providing every US soldier with a way to call home free. A Drop Box will be located at the Exeter Grange Hall, 469 Ten Rod Road (Rte. 102), Exeter. For more local information, call Celeste at 822-2603, email mrfisher1968@cox.net or you can visit www.cellphonesforsoldiers.com for more information about the program.

WELLONE PRIMARY MEDICAL & DENTAL CARE BRICK PROGRAM INITIATIVE

WellOne Primary Medical & Dental Care, a non-profit corporation founded in 1909 and a Federally-Qualified Health Center that provides primary medical, dental & behavioral health services to individuals of all ages is seeking community support to help pay for a new HVAC system in its Pascoag facility. Individuals can support this critical need by purchasing a personally engraved brick in the Memorial Walkway at the entrance to the Pascoag Health Center. Personally engraved brick can be purchased for only \$50. For Order Forms & more information, visit www.welloneri.org and click on "Ways to Give".

EXETER GRANGE MEETINGS

Exeter Grange, 469 Ten Rod Road (Rte. 102), Exeter, will hold their regular meetings on the 3rd Thursday of each month beginning at 7:30PM. All are welcome.

ST. XAVIER ACADEMY HOMECOMING 2016

St. Xavier Academy, Class of 1966, is seeking classmates to celebrate their 50th Year Anniversary at the Annual Homecoming & Reunion on October 30. Mass will be celebrated at 11AM at St. Timothy's Church, Warwick Avenue, in Warwick, followed by a Luncheon at Quidnessett Country Club in North Kingstown. Classes ending in 6 & 1 will also be honored and all SXA graduates are welcome. For more information visit stxavieralumnae.org, email info@sxa.org, find us on facebook or contact Carol (263-1823) or Jan (353-4777).

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Q. What's worse than no will?
A. A poorly drafted one.

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M.L.V.

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EXETER ANIMAL SHELTER

The Exeter Animal Shelter, 169 South County Trail, Exeter, has many adult cats needing good homes. Call 294-2754 for hours. Visit exeteranimalshelter.petfinder.com for Adoptable Pet List.

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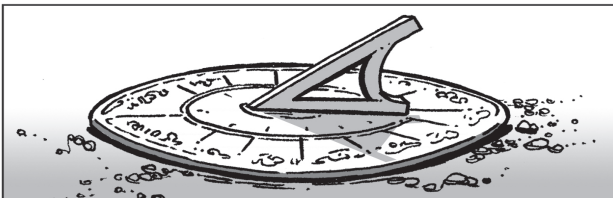
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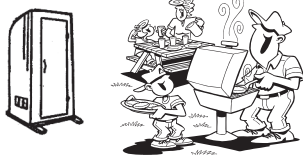
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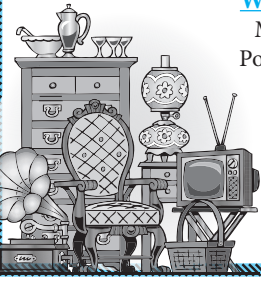
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**RICE CITY CHURCH PRESENTS
A TASTE OF RI SUMMER**

Rice City Church, 63 Vaughn Hollow Road, Greene (off Rte 14), will hold a Taste of RI Summer Supper on July 23. Menu includes chowder, clamcakes, hot dogs & watermelon for dessert. Cost is 12/adult, \$5/child (6-12), children 5 & under are guests of the Church. The School House Thrift Shop is open most Supper Nights. Please call Phyllis at 397-5743 for more information and/or reservations. If no answer, call Jean at 823-1049 or 822-9144 and leave a message.

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Puzzle Page



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King Crossword

- ACROSS**
- 1 Pealed
 - 5 Work with
 - 8 "Ali --"
 - 12 Gin flavoring
 - 13 "Kidding!"
 - 14 Hollywood clashers
 - 15 Eight on a sundial
 - 16 Ratatouille ingredient
 - 18 Carrot cousin
 - 20 Redhead's secret?
 - 21 With it
 - 22 Petrol
 - 23 Discard
 - 26 Salad base
 - 30 Gorilla
 - 31 Intention
 - 32 Quarrel
 - 33 Coleslaw or sauerkraut
 - 36 Door holder
 - 38 "-- had it!"
 - 39 Droop
 - 40 1,000 kilograms
 - 43 Popeye's strengthener
 - 47 Floret veggie
- DOWN**
- 1 Answer an invite
 - 2 Inter --
 - 3 Type of film
 - 4 Oriental companion
 - 5 Loosen, in a way
 - 6 First course
 - 7 And so on (Abbr.)
 - 8 Command
 - 9 Not "fer"
 - 10 German city
 - 11 One side of the Urals
 - 17 Converse
 - 19 Pinch
- 22 Jewel
 - 23 Pouch
 - 24 Bookkeeper (Abbr.)
 - 25 Civil War soldier
 - 26 Falsehood
 - 27 Grecian vessel
 - 28 Gear tooth
 - 29 Ram's mate
 - 31 Time of your life?
 - 34 "Tara Road" author Maeve
 - 35 With (Fr.)
 - 36 "Bali --"
 - 37 Snub
 - 39 Rail nail
 - 40 Recipe meas.
 - 41 Pitcher Hershiser
 - 42 Part of N.B.
 - 43 Pivot
 - 44 Quite eager
 - 45 Stop up
 - 46 Fixes a skirt
 - 48 Feedbag morsel

1	2	3	4	5	6	7	8	9	10	11
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K I H E F U H G D T D B P Z Y
W V S T Y R L S I O E P Q O N
L O K I H E N B N L O R F D C
R G N I R R E H A P P L I A Z
E L P P A X W R L V U O B F S
R Q O B O T A M O T N M T K J
I H S K C E N G I S P O T S F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- A blush
- Barns
- Blood
- Cardinal
- Cherries
- Firetruck
- Heart
- Herring
- Necks
- Poppy
- Roses
- Sore eyes
- Stoplight
- Stop sign
- Tomato

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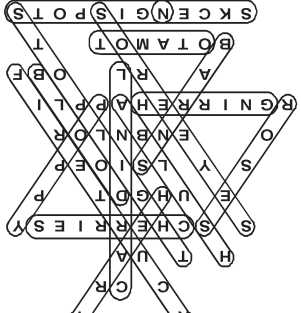
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4	8	7	2	8	7	8	4	5	2	6	5	6
E	L	T	U	T	Y	I	K	M	N	O	B	S
4	8	7	4	2	6	4	3	5	6	5	2	8
A	M	O	D	E	P	V	A	I	E	T	X	A
4	7	3	2	7	8	6	8	2	6	2	5	7
I	U	R	P	R	T	R	E	E	O	R	I	S
2	5	6	8	7	3	7	8	3	4	2	8	7
I	O	U	S	E	E	L	U	I	C	E	C	F
5	2	8	3	2	8	4	8	5	6	5	6	5
N	N	C	D	C	E	E	S	P	S	A	I	Y
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E	D	S	E	S	E	A	O	A	F	S	S	F

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THE COLOR RED

Solution time: 21 mins.

**WEST WARWICK PUBLIC LIBRARY
SUMMER READING PROGRAM**

The West Warwick Public Library, 1043 Main Street, West Warwick invite Readers entering Grades 1-5 to join their Summer Reading Program, "On Your Mark, Get Set Read". Weekly programs beginning July 11 include music, computer gaming, storytimes, science, ballet & movement, etc. The Library is also a Summer Lunch Site for children 18 & under thanks to Sodexo & the West Warwick School Department. Details available at the Youth Department, online at www.wvlibrary.org or by calling 828-3750, Ext. 5.

**COVENTRY PUBLIC LIBRARY
FREE FAMILY FITNESS EVENTS**

The Coventry Public Library, 1672 Flat River Road, Coventry, invites children and families to register for the following fitness events: Rising Sun Jiu Jitsu on July 8 at 11AM, Yoga with Nora Brennan on July 15 at 11AM, Breakdancing & Gymnastics with Javier de la Camara on July 22 at 11AM & Yoga with Rebecca Mele on July 29 at 11AM. Call 822-9102 to register and/or for more information.

**NIGHTTIME STORY HOUR
AT GREENE PUBLIC LIBRARY**

Greene Public Library, 179 Hopkins Hollow Road, Greene, invites children ages 3-8 to the Library every Tuesday night at 6PM for "Bathrobes & Books: A Nighttime Story Hour". Children are welcome to come ready for bed.... pajamas, slippers & all, to enjoy a story & craft with friends and family. Please call 397-3873 or email jean@coventrylibrary.org for more information and/or to register.

MOMS FOR MOMS

You can make a difference with just ONE HOUR a week! Moms for Moms/Families First RI helps pregnant women and new mothers deal with an enormous transition by matching them with trained volunteers who are mothers themselves. The program provides emotional and social support and strives to connect new moms to resources within their own communities. We will train you and provide supervisory support to all volunteers. For more information, call 383-9933 or email admin@familiesfirstri.org

**CRAFTY KIDS ON SATURDAYS
AT GREENE PUBLIC LIBRARY**

Greene Public Library, 179 Hopkins Hollow Road, Greene, invites Elementary School aged children to the Library on Saturday morning between 10AM-Noon to do a fun, hands-on craft. Please call 397-3873 or email jean@coventrylibrary.org for more information or to find out the Craft of the Month.

Health Hints

**Five Ways Older Adults Can Be More Active
By The National Diabetes Education Program**

(NAPSA)—As you get older, your risk for health problems, such as type 2 diabetes, increases. You also have a greater chance of getting type 2 diabetes if you have a family history of the disease. But it's never too late to lower your risk for type 2 diabetes. Research shows that modest weight loss through healthy eating and being active can help to prevent or delay type 2 diabetes in people over age 60.

If you are overweight, losing 5 to 7 percent of your current body weight can help you prevent or delay type 2 diabetes. If you weigh 200 pounds, this means a weight loss of about 10 to 14 pounds. Talk to your doctor about setting safe weight loss goals and ways to be more active.

**Getting Started:
How to Get Moving**

Once you set your goals, decide what small steps you will take to get started. For example, you might say, "I will walk for 10 minutes after lunch to be more active each day" until you reach at least 30 minutes a day, five days a week.

Be active, move more and sit less to help yourself lose weight or stay at a healthy weight and be more flexible and strong. Ask your health care provider how you can safely start to be more active. Before being active, be sure to warm up to get your body ready. Shrug your shoulders, swing your arms, or march in place for three to five minutes before you begin any activity.

Five Ways to Be More Active

There are many ways you can get active at little or no cost, such as walking or doing chair exercises. Find an activity you can enjoy so you can stay at it. This will make it easier to stick to your plan and reach your goals. Try these ideas:

•**Around the House.** Things that you do every day can help you to be more active. Stand up from a chair and sit down again without using your hands. Rise up and down on your toes while standing and holding on to a stable chair or countertop. When you watch TV, stretch and move around during commercial breaks. You can also walk around the house when you talk on the phone. Follow along with a video for older adults that shows you how to get active.

•**Around Town.** Being more



**National Diabetes
Education Program**

A program of the National Institutes of Health and the Centers for Disease Control and Prevention

active can also be a great way to meet friends. Join a local walking group. Always walk in safe places such as the mall, museum or a community center. Wear shoes that fit your feet and provide comfort and support.

•**While Running Errands.** Make getting active a part of your regular day. If it is safe, park the car farther away from stores or restaurants. If you take the bus or train—and the area is safe—get off a stop earlier and walk the rest of the way.

•**With Your Family.** Get your family involved to make being active more fun. Teach the younger people in your life the dances you enjoy. Plan a trip to the local pool and go for a swim together. Moving around in the water is gentle on your joints.

•**Get Outside.** When you can, get active outside. Take care of a garden or wash your car. Enjoy a brisk walk with friends or family around a park, museum or zoo.

For more tips to help prevent or delay the onset of type 2 diabetes, download or order the "It's Not Too Late to Prevent Diabetes. Take Your First Step Today" tip sheet or "Small Steps. Big Rewards. Your Game Plan to Prevent Type 2 Diabetes: Information for Patients" booklet from the National Diabetes Education Program at www.YourDiabetesInfo.org or call 1-888-693-NDEP (6337); TTY: 1-866-569-1162.

The U.S. Department of Health and Human Services' National Diabetes Education Program is jointly sponsored by the National Institutes of Health (NIH) and the Centers for Disease Control and Prevention (CDC) with the support of more than 200 partner organizations.

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COVENTRY MEN'S CLUB STEAK FRY

The Coventry Men's Club, Phillips Hill Road, Coventry, will hold a Steak Fry & Chicken Dinner on July 15 at 7PM. Live music will follow. Steak Dinner \$15, Chicken Dinner \$12. Reservations MUST be made by July 13 by calling 385-3536.

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1. Finding Dory(PG) animated
 2. Central Intelligence (PG-13) Dwayne Johnson, Kevin Hart
 3. The Conjuring 2(R) Vera Farmiga, Patrick Wilson
 4. Now You See Me 2 (PG-13) Jesse Eisenberg, Mark Ruffalo
 5. Warcraft(PG-13) Travis Fimmel, Paula Patton
 6. X-Men: Apocalypse (PG-13) James McAvoy, Michael Fassbender
 7. Teenage Mutant Ninja Turtles: Out of the Shadows (PG-13) Megan Fox, Will Arnett
 8. Me Before You (PG-13) Emilia Clarke, Sam Claflin
 9. Alice Through the Looking Glass(PG) Mia Wasikowska, Johnny Depp
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Food For Thought

Hybrids, Heirlooms And GMOs Explained

(NAPSA)—If the terms “hybrid,” “heirloom” and “GMO” have you stumped, you’re not alone. When it comes to buying seeds and plants, there’s a lot of confusion, even among seasoned gardeners. Here are a few facts that may help.

Hybrids
 First things first: Hybrids are not the same thing as genetically modified organisms (GMOs). Thanks to pollinators such as bees and butterflies moving pollen from plant to plant, hybrids occur naturally in nature. A hybrid is created when two different plant varieties of the same species are cross-pollinated.

In the same way that dog breeders can cross a Labrador retriever and a poodle to create a soft, fluffy Labradoodle, gardeners can select parent plants that display particular traits to produce offspring that offer improved yield, size, hardiness, color, shape and taste.

The process of selective breeding was pioneered by Gregor Mendel in the 19th century. When it was first used by horticulturists in the 20th century, it resulted in hybrid corn that produced higher yields. Since that point, breeders, researchers and inventive gardeners have been using the process of hybridization to produce fruits, vegetables and flowers with highly selective features. Seed producers such as W. Atlee Burpee & Co. used selective breeding to create iconic vegetables such as the “Big Boy” tomato, a hybrid that displayed such vigor and disease resistance that it shaped the modern era of tomato breeding.

“Hybrids grow well coast to coast with stable and reliable traits across a multitude of growing environments. The dependability of flavor and garden performance is what makes them garden staples throughout the good—and the bad—growing seasons,” said Chelsey Fields, a horticulturist at Burpee.

Heirlooms
 Unlike hybrid seeds that result from selective breeding, heirlooms are open-pollinated varieties prized for having characteristics that haven’t changed over 50 to 100 years. They’re often specific to a particular area and therefore not widely adaptable. Also, unlike hybrids, their flowers and fruits tend to be less vigorous, making them more susceptible to diseases and adverse conditions. Many heirloom seeds were once available commercially and have been saved from extinction by dedicated gardeners who save fresh seeds every year.

Genetically Modified Organisms
 GMOs are quite different from both hybrids and heirlooms. GMO seeds are the result of genetic engineering, the process of altering a plant’s DNA in a laboratory setting. This often includes introducing genes from a different species to increase a plant’s resistance to disease or spoilage. It’s important to know GMOs are found only in commercially grown farm produce. Seeds or plants that might contain GMOs are not available to home gardeners in the United States. All of Burpee’s hybrid and heirloom seeds are non-GMO. The company has supplied American home gardeners with the highest-quality seeds since 1876.

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Instead of the traditional gearbox, a zero-turn rider uses a system of hydraulic pumps and wheel motors to drive the mower forward and backward at variable speeds of up to 10 miles per hour. The zero-turning radius is achieved with independent hydro motors on each drive wheel, which allow one wheel to run forward simultaneously as the other runs in reverse. When combined with freely rotating caster wheels ahead of the cutting deck, the system allows for a zero-turning radius and a heightened level of control.

“For many folks, time is almost more valuable than money,” said Daryn Walters of Exmark Mfg. “The switch from a tractor-style mower to a mid-mount zero-turn riding mower dramatically reduces the time it takes to care for the yard. Not only do users have more time to do what they love, the unmatched cut quality delivers a professionally maintained appearance.”

Walters noted that zero-turn riders are the dominant mower type for professional landscape

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contractors and the virtues for which contractors choose the mowers are similar to those homeowners want.

In short, he said it's about doing more in less time.

“Their business is built on delivering a great cut quality, but to be profitable they need to do it as quickly as possible. This is where a mid-mount zero-turn rider shines.”

There are a number of considerations that factor into the ultimate value of the mower. Mower options including higher-horsepower engines, wider cutting decks and accessory bagging systems are available.

Bigger isn't always better, however, and it makes sense to choose an appropriate zero-turn mower for the property. When selecting a mid-mount zero-turn riding mower, consider overall size, landscaping and budget.

More guidelines on selecting the right mower for a property can be found at www.exmark.com/NotSureWhatToBuy.aspx.

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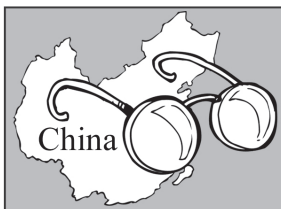
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—Yogi Berra

Collecting

by Larry Cox

Paint by Number

Q. I have heard that paint-by-number pictures from the 1950s have become collectible. I have several that my daughter did that are quite good. Are they salable? — Alice, St. Johnsville, New York

A. "Paint-by-Number" pictures were originally produced by Max Klein, an engineer and owner of the Detroit-based Palmer Paint Company, and Dan Roberts, a commercial artist. The first examples issued in 1951 under the Craft Masters brand were an immediate success. Each kit had a picture board with light blue or gray-lined areas that were numbered to match certain colors.

In recent years, many of these paintings have popped up in shops and at antique malls, mostly priced in the \$25-\$35 range. During the 1950s and '60s, more than 12 million of the kits were sold.

Q. During the 1950s, my mom was a big fan of Don McNeill and his Breakfast Club, a network radio program. She purchased his book, which was published in 1953. Would it be of interest to a collector? — Scott, Arvada, Colorado

A. "Don McNeill's Breakfast Club" was broadcast from Chicago and debuted in 1933. It continued until 1968, making it the longest-running network radio show ever. The

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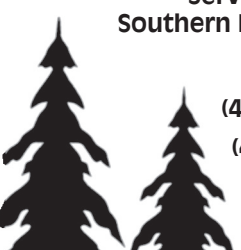
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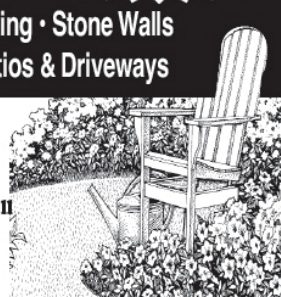
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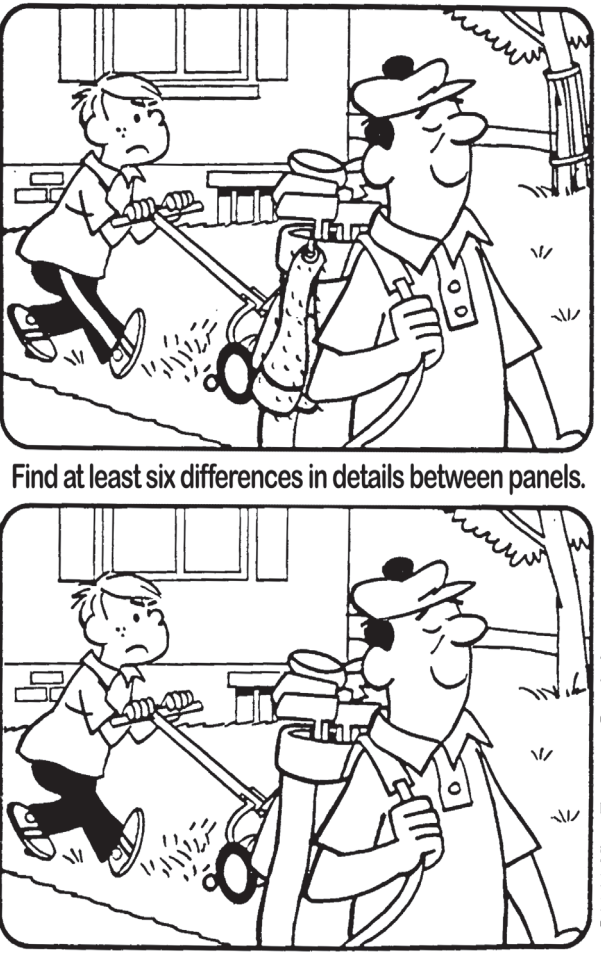


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Your Yard

Preparing Your Lawn And Garden Equipment For Spring: Tips From The Outdoor Power Equipment Institute OPEI Reminds Consumers To Use Only E10 Or Lower Fuel In Any Lawn And Garden Equipment

(NAPSA)—Spring is on its way, and soon, home and business owners will be cleaning and preparing lawn and garden equipment.

“Many are so eager to pull out lawn and garden equipment once spring arrives that they sometimes forget basic steps to ensure the powerhouse of the equipment—the engine—is in good working order,” said Kris Kiser, president and CEO of OPEI.

“One challenge is that most fuel contains some level of ethanol, which contains corrosive alcohol. If you left that fuel in the tank over the winter months, you don’t want to use it in the spring. It may damage your equipment. You need to drain it and put in new fuel that is E10 or lower,” advises Kiser.

Whether it’s a mower, trimmer, blower, chain saw or pruner, the Outdoor Power Equipment Institute (OPEI) offers tips to help users avoid fuel-related problems and ready their equipment to operate safely.

Check the fuel tank. If fuel has been sitting all winter long in the fuel tank, do not use it in the spring. Drain it responsibly and put in fresh fuel. Remember to dispose of this fuel properly.

Use only E10 or lower fuel in your outdoor power equipment. Do not use gas with more than 10 percent ethanol (E10) in outdoor power equipment. Some gas stations may offer 15 percent ethanol (E15) gas or other fuel blends, but this higher ethanol fuel is dangerous—and is in fact illegal—to use in any small engine equipment, such as lawn mowers, chain saws, generators, and all other lawn and garden equipment.

Don’t leave fuel sitting in the tank for more than 30



Don't be fuelish—Use only E10 or lower fuel in any lawn and garden equipment.

days. Untreated gasoline (without a fuel stabilizer) left in the system will deteriorate, which may cause starting or running problems and, in some cases, damage to the fuel system.

Inspect your equipment. Check for loose belts and missing or damaged parts. If you find anything concerning, replace the parts or take your equipment to a qualified service representative.

Drain out the old oil and put in fresh oil. Remove the oil drain plug in your lawn mower and catch the old oil in a container. Replace the plug and refill the engine with oil recommended by the product manufacturer. Properly dispose of the oil you drained.

Install clean air filters. Your engine and equipment will run much better with clean filters. Paper filters need to be replaced. Some foam filters can be cleaned and replaced.

Sharpen your cutting blade. Have your lawn mower’s cutting blade sharpened so you can get a clean cut on your lawn. Your lawn will be healthier and your lawn mower will operate more efficiently, too.

Clean your equipment. If you did not clean your equipment before storing it, there may be dirt, oil or grass stuck to it. Give your equipment a good spring-cleaning. A cleaner machine will run more efficiently and last longer.

Review your manual. Now is a good time to read the operator’s manual and familiarize yourself with the controls and what they do. Make sure you know how to stop the machine quickly if needed.

About OPEI
The Outdoor Power Equipment Institute is an international trade association representing more than 100 power equipment, engine and utility vehicle manufacturers and suppliers. OPEI is the advocacy voice of the industry, and a recognized Standards Development Organization for the American National Standards Institute (ANSI) and active internationally through the International Standards Organization (ISO) and the International Electrotechnical Commission (IEC) in the development of safety and performance standards. OPEI is managing partner of GIE+EXPO, the industry’s annual international trade show, and the creative force behind the environmental education program, TurfMutt.com. OPEI-Canada represents members on a host of issues, including recycling, emissions and other regulatory developments across the Canadian provinces. For more information, visit www.OPEI.org.



Moments in time
THE HISTORY CHANNEL

• On **July 14, 1881**, Sheriff Pat Garrett shoots Henry McCarty, known as Billy the Kid, to death at the Maxwell Ranch in New Mexico. Garrett had been tracking the Kid for three months after the gunslinger escaped from prison only days before his scheduled execution.

• On **July 15, 1903**, the newly formed Ford Motor Company takes its first order: an \$850 two-cylinder Model A automobile with a backseat. The car was delivered a week later. The Model A could accommodate two people side-by-side on a bench; it had no top, and was painted red.

• On **July 12, 1933**, the first three-wheeled, multi-directional Dymaxion car designed by Buckminster Fuller is manufactured in Connecticut. It had a steel chassis and a body made of ash wood, covered with an aluminum skin and topped with a painted canvas roof.

• On **July 11, 1945**, the Soviet Union promises to hand over power to British and U.S. forces in West Berlin. Although the division of Berlin into zones of occupation was seen as temporary, the dividing lines quickly became permanent.

• On **July 13, 1955**, nightclub owner Ruth Ellis is convicted of murdering her boyfriend, playboy race-car driver David Blakely. Ellis was later executed by hanging, becoming the last woman in Great Britain to be put to death.

• On **July 17, 1967**, Jimi Hendrix drops out as the opening act for teenybopper sensations The Monkees. The booking of psychedelic rock god with the made-for-television Monkees was the brainchild of Hendrix’s manager, Mike Jeffery.

• On **July 16, 1995**, Amazon officially opens for business as an online bookseller. Within a month, the fledgling retailer had shipped books to all 50 states and 45 countries. Amazon eventually morphed into an e-commerce colossus, selling everything from groceries and furniture to live ladybugs.

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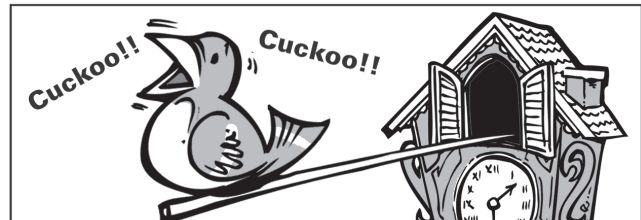
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Cuckoo clocks, containing carved wooden birds that emerge and “sing” to tell the time, were made in the Black Forest of Germany as early as 1730 and are still popular.

Did You Know?

(NAPSA)—Saving is a crucial part of effective budgeting. Investigate available savings options, such as a savings account, CD or contributing to your company’s 401k. Whichever way you choose, identify what you can save monthly and stay consistent. For more information, visit www.springleaffinancial.com.



savings, visit www.zipcar.com/calculator.

The majority of men who are noncitizens and are living in the U.S. full time are required to register with Selective Service. Failure to register can carry severe penalties. To learn more, visit www.sss.gov or call (888) 655-1825.

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AARP CHAPTER 2210 PORTLAND SYMPHONY’S “THE MAGIC OF CHRISTMAS” TRIP
AARP 2210 is sponsoring a trip to see Portland Symphony’s “The Magic of Christmas” on December 9. The trip includes buffet lunch at the Merry Manor Inn, Portland Symphony’s “The Magic of Christmas” & motorcoach transportation by Conway Tours. Cost is \$114/person. Call Tony at 463-3237 for reservations or for more information.

GREENE PUBLIC LIBRARY FARMER’S MARKET
The Farmer’s Market returns to the Greene Public Library, 179 Hopkins Hollow Road, Greene, on Tuesdays (beginning May 31) from 4-6PM, rain or shine. More Vendors & a Market Manager are needed. Please call 397-3873 or email gail@coventrylibrary.org

AARP CHAPTER 2210 SCALLOP FEST & HYANNIS HARBOR CRUISE TRIP
AARP 2210 is sponsoring a Scallop Fest & Hyannis Harbor Cruise trip on September 23. The trip includes admission & lunch at the Scallop Fest in Falmouth, MA, Hyannis Harbor Cruise & motorcoach transportation by Conway Tours. Cost is \$84/person. Call Maureen at 828-5188 or Patricia at 821-3733 for reservations or for more information.

BOY SCOUT TROOP #31 MEETINGS
Boy Scout Troop 31 meets Wednesday nights at 7PM at Christ the King Church. All boys ages 10-17 are welcome.

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LIBRARIES OF FOSTER STORYTIMES

TYLER FREE LIBRARY offers Storytimes every Wednesday at 10AM for infants-2 1/2 year olds and at 10:45AM for 3-5 year olds.

**NEW ENGLAND STEEL GUITAR ASSOCIATION
STEEL JAM**

The New England Steel Guitar Association will hold a Steel Jam on July 10 from 1-5PM at American Legion Post #15, 1016 Post Road, East Greenwich. The band "Crossfire" will perform.

**NEW HORIZONS CENTER FOR EQUINE
ASSISTED THERAPY NEEDS VOLUNTEERS**

New Horizons Center for Equine Assisted Therapy is seeking volunteers as side walkers. They are located at Cornerstone Farm, 86 Foster Center Road in Foster. Please call 397-9242 or visit ridenewhorizons.org for more information.

IGA RECEIPTS FOR LIBRARIES OF FOSTER

The Libraries of Foster are still collecting IGA grocery receipts. They are able to put them to good use.

GREENE PUBLIC LIBRARY HOURS

Hours at the Greene Public Library, 179 Hopkins Hollow Road, Greene, are as follows: Tuesday & Thursday 3-7PM, Wednesday, Friday & Saturday, 9AM-1PM. Please call 397-3873 for more information.

AARP CHAPTER 2210 BOSTON DUCK TOUR TRIP

AARP 2210 is sponsoring a Boston Duck Tour Trip on July 15. The trip includes motorcoach transportation by Conway Tours, lunch at Maggiano's Little Italy, 1 1/2 hour Boston Duck Tour & shopping & browsing at the NEW Assembly Row. Cost is \$114/person. Call Maureen at 828-5188 or Patricia at 821-3733 for reservations or for more information.

STORYTIME AT TYLER FREE LIBRARY

Tyler Free Library, 81A Moosup Valley Road, Foster, will hold its Storytime for infants or preschoolers on Wednesday mornings at 10AM. Please call 397-7930 to register or for more information.

BANNERS FOR BUSINESSES IN COVENTRY

The Celebrating Coventry Committee is celebrating the 275th Anniversary of the Town of Coventry with limited edition street banners, personalized with your business or organization name (available only for purchase in 2016). Cost per banner is \$249. Order your banner soon so it may be strategically placed at your location before supplies run out. Call Sandy Lukowicz at 821-2444 or email celebrating-coventry@gmail.com and get yours today!

CLUB FRONTENAC STEAK FRY

Club Frontenac, 1143 Main Street, West Warwick, will hold a Steak Fry from 5-8PM on the 2nd Thursday of each month beginning in April and continuing through November. Menu includes steak, potato, vegetable, salad, mushrooms, onions. \$14/person. 821-9846.

WEST GREENWICH HAPPY SENIORS

The West Greenwich Happy Seniors are looking for new members. This group meets (2) Mondays per month at the West Greenwich Elks Lodge on Rte. 3. They play Bingo and go out to eat at local restaurants. Call Jean at 822-9144 for more information.

YOGA CLASS

AT WEST WARWICK SENIOR CENTER

The West Warwick Senior Center, 145 Washington Street, West Warwick is offering a Yoga Class on Wednesdays from 11AM-12PM. Cost is \$5 per class. Call 822-4450 for more information.

WII GAMES AT COVENTRY SENIOR CENTER

The Coventry Senior Center, 50 Wood Street, Coventry, invites Seniors to play Wii games on Thursday afternoons. They offer golf, baseball or bowling and also have purchased Wii Fit.

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Say this little prayer (6) times a day for (9) consecutive days, your prayer will be answered before the 9th day, no matter how impossible it may seem to you.

Don't forget to thank the Sacred Heart.

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Mary

**Prayer to the
BLESSED VIRGIN**

(Never known to fail). O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the sea, help me and show me here in, you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have recourse to thee (3 times.) Holy Mary, I place this cause in your hands (3 times). Say this prayer for three consecutive days. You must publish it and it will be granted to you. Grateful Thanks.

MARY



Storm Watch

If you live where rough weather can occur, do a quick survey of your backyard. Can Shepherd hooks, birdbaths and hanging feeders be brought in quickly? What about other items that could cause a lot of damage if uprooted during high winds? Plan ahead. Be safe this summer.

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SUMMER READING PROGRAM AT GREENE PUBLIC LIBRARY

Greene Public Library, 179 Hopkins Hollow Road, Greene, invites kids to join the "On Your Mark, Get Set, Read" Summer Reading Program. Beginning July 6 and continuing until August 10. Participants will exercise their minds with reading and their bodies with fun games at the Greene Public Library. Students are asked to read six books and the Library will offer action-filled events throughout the Summer. If you are unable to attend registration on July 6, registration by phone or email is acceptable. Call 397-3873 or email jean@coventrylibrary.org to register.

JULY STORY PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope is offering the following Programs: **Book Babies!** for ages birth-24 months and their caregivers, on July 8, 15, 22 & 29 at 10:30AM (20 minute program). **Time for Two's** for children age 2 & a caregiver on July 8, 15, 22 & 29 at 11:15AM (30 minute program). **Pajama Party** on July 7 from 6:30-7:30PM. Wear your pj's! To register for programs or for more information, call 821-7910.

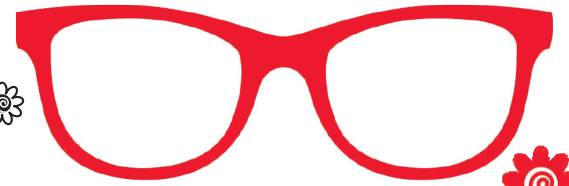
GREENE PUBLIC LIBRARY PRESENTS...

Greene Public Library, 179 Hopkins Hollow Road, Greene, will host a program on Insects in the Garden featuring RI Master Gardener Melissa Guillet on July 14 at 7PM. She will discuss the good vs. the bad bugs and how to welcome or control them. Reservations are preferred. Call 397-3873 or email jean@coventrylibrary.org

JULY CHILDREN'S PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope is offering the following Programs: **Ready, Get Set...Play Games!** on July 6 (Marble Madness) & July 20 (outside games) from 4-5PM. **Breakfast with a Book!** on July 11, 18 & 25 at 10:30AM. **Move, Move, Move with Miss Lynn!** (Ages 2-9) on July 12 at 2:30PM. Nashville Singer-Songwriter Miss Lynn performs original & traditional music to encourage children to get up & move. **Reading Partners!** on July 12, 19 & 26 at 6PM. Children ages 3-8 & Teens in Grades 6-12 partner up to read together. **Make & Take Tuesdays!** July 12, 19 & 26 at 6:45. **Family Movie Night!** July 14 at 6PM. Come enjoy pizza and a family film. **Malik the Magic Guy!** (Grades K-5) on July 21 at 6:30PM. **Celebrate Harry Potter!** (Grades 3-12) on July 27 at 6:30PM. **Exercise Your Mind!** (Ages 4 & up) on July 28 at 6PM. Engineer your own Dancing Robot or Balancing Buddy! **LEGO Club** (Ages 4 & up) on July 9 & 23 from 10-11AM. Registration required for all Programs, except Drop-In Crafts & LEGO Club, by calling 821-7910.

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• "To get to dust bunnies under the fridge or any piece of heavy furniture, wrap packing tape sticky-side out on a yard stick. Then, just swipe under the furniture, and out comes the dust." — *I.E. in Virginia*

• Instant serving "bowls" for chips: Using your hands, lightly push the bottom of the bag into itself, creating a bottom. Use scissors to trim bag top down to access potato chips easily. Or, if you don't have scissors, simply create a cuff to make the bag shorter. This way, you can reclose the bag if there are chips left over, and chips don't spill out of the bag left on its side.

• Never add flour or cornstarch directly to a soup or broth for gravy. Dissolve in a few tablespoons in water first and add gradually. You won't get the lumps.

• Got fruit flies? Their short life cycle can make it incredibly hard to rid yourself of their presence. Here's a great trap you can DIY. Add about 1/4 cup of apple cider vinegar to a mason jar. Drop in a piece of over-ripe fruit. Roll up a square of paper to make a small funnel, and tape into shape. Set the funnel into the jar. The flies go in for the fruit and vinegar, then can't get out.

• If you want to bring shake-on spices or garnishes to a picnic, use an empty Tic Tac container. This is great for, say, Parmesan cheese that goes on a pasta salad at the last minute, or grill spices that you can shake on.

• "If you have iron stains in your sink or elsewhere, fill 'er up with Coca-Cola, and let it sit for several minutes. The Coke will eat away at the stains, and will make it easier to get them off." — *A.C. in Maryland*

Send your tips to *Now Here's a Tip*, 628 Virginia Drive, Orlando, FL 32803.

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—Dwight D. Eisenhower

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The REMINDER 2ND SECTION

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July 5, 2016
Volume 62 • Issue 8

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THIS WEEK'S SALE DATES:

Friday, July 8th through Thursday, July 14th!

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<p>New York Strip Steak Fresh 5.49 lb.</p> <p>Meat Loaf Mix Fresh 2.29 lb.</p> <p>Natural Casing Franks Hummel Brothers 3.69 lb.</p> <p>American Cheese Fresh Sliced 2.89 lb.</p>	<p>Center Cut Pork Chops Fresh Premium, Bone-In 1.99 lb.</p> <p>London Broil Steak Fresh 2.99 lb.</p> <p>Rare Roast Beef Hummel Brothers 6.59 lb.</p> <p>Honey Smoked Turkey Breast Fresh Sliced 4.99 lb.</p>								
<p>BACKYARD BBQ DEALS</p> <p>3lbs. Chicken Leg Quarters • 2lbs. Boneless Chicken Breast 2lbs. Sausage or Boneless Pork Rib 2lbs. Frozen Beef Patties or 80% Lean Ground Beef 2lbs. Hot Dogs • 1lb. American Cheese 2lbs. Potato or Macaroni Salad 12 Pack Hamburger Buns • 12 Pack Hot Dog Rolls</p> <p style="text-align: right; font-size: large;">ONLY \$39.95</p>									
<p>SALE DATES: Friday, July 8th through Thursday, July 14th!</p> <p>SUMMER SAVINGS!</p> <table border="0" style="width: 100%; font-size: x-small;"> <tr> <th style="width: 50%;">GROCERY NEEDS</th> <th style="width: 50%;">FRESH BAKERY</th> </tr> <tr> <td> <p>Hunt's Ketchup 24 oz. or BBQ Sauce 18 oz. 5/\$5</p> <p>Peter Pan Peanut Butter 15-16.3 oz. 2/\$4</p> <p>Hood Ice Cream 48 oz., Assorted 2.99 ea.</p> <p>Best Yet Salad Dressing 16 oz. 2/\$3</p> </td> <td> <p>Italian Bread Fresh Baked 2/\$3</p> <p>Sticky Buns 4 Pack Fresh 3.50 ea.</p> <p>Cinnamon Craver Rolls Skinner 3.99</p> <p>Eggo Waffles or Pancakes 8.5-14.8 oz. 2/\$4</p> <p>Arizona Iced Tea Gallon, Assorted 2/\$5</p> </td> </tr> <tr> <th colspan="2" style="text-align: center;">PREPARED FOODS</th> </tr> <tr> <td> <p>Egg Potato Salad Roch's Own 2.99 lb.</p> <p>Meatballs In Red Sauce Roch's Own 3.89 lb.</p> </td> <td> <p>Boston Cream Pie Fresh 5.99 ea.</p> <p>Antipasto Salad Roch's Own 4.99 lb.</p> <p>Fresh Calzones Roch's Own 2.99 ea.</p> </td> </tr> </table> <p style="font-size: x-small;">STORE HOURS: Monday thru Saturday 7AM - 9PM; Sunday 7AM - 8PM Join Our Mailing List To Receive Weekly Specials www.rochsmarket.com</p>		GROCERY NEEDS	FRESH BAKERY	<p>Hunt's Ketchup 24 oz. or BBQ Sauce 18 oz. 5/\$5</p> <p>Peter Pan Peanut Butter 15-16.3 oz. 2/\$4</p> <p>Hood Ice Cream 48 oz., Assorted 2.99 ea.</p> <p>Best Yet Salad Dressing 16 oz. 2/\$3</p>	<p>Italian Bread Fresh Baked 2/\$3</p> <p>Sticky Buns 4 Pack Fresh 3.50 ea.</p> <p>Cinnamon Craver Rolls Skinner 3.99</p> <p>Eggo Waffles or Pancakes 8.5-14.8 oz. 2/\$4</p> <p>Arizona Iced Tea Gallon, Assorted 2/\$5</p>	PREPARED FOODS		<p>Egg Potato Salad Roch's Own 2.99 lb.</p> <p>Meatballs In Red Sauce Roch's Own 3.89 lb.</p>	<p>Boston Cream Pie Fresh 5.99 ea.</p> <p>Antipasto Salad Roch's Own 4.99 lb.</p> <p>Fresh Calzones Roch's Own 2.99 ea.</p>
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<p>1475 Main Street & Rte. 117 • West Warwick, RI • Tel: 401.822.2660 • rochsmarket.com</p> <p style="font-size: x-small;">Not Responsible For Typographical Errors. Art Is For Illustration Purposes Only. We Reserve The Right To Limit Quantities. All Sale Items While Supplies Last.</p>									

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Luncheon Lobster Roll \$9.99

includes Chowder, Fries & Cole Slaw

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2 Fish & Chips

1/2 Dozen Clam Cakes, 2 Cups Chowder **\$16.99**

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Served with Soup or Salad, Potato & Vegetable

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Motorcycles

2000 ROAD KING CLASSIC: Excellent shape. \$5500 OBO. 699-2369.

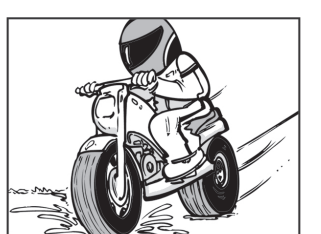
Boats for Sale

(4) ACADIA 12.5' KAYAKS: Like new, with trailer. \$1950 OBO. 486-1021.

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—John Erskine

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Internet Improving Our Lives

The World Wide Web of Opportunity

(NAPSA)—One of the most important learning tools for students is broadband Internet at home. With it, students can tackle almost any assignment. Beyond benefits to education, the Internet offers a world of opportunity to the entire family, bringing quick and easy access to an endless variety of resources that make health care, job searches, saving money and staying in touch with friends or family as simple as the click of a mouse.

For instance, with the Internet at home, you have the ability to:

- **Search and Apply for Jobs Online**—Whether writing a résumé, learning interview skills, networking or finding and applying for a job, the Internet can be crucial for the job search. Check out sites such as CareerBuilder.com, Indeed.com and Linked In.com.
- **Access Health Care Information**—With the Internet, you can search for quality medical care nearby, read reviews of health care professionals, keep track of your insurance coverage and monitor your health progress on sites such as http://health.yahoo.net and WebMD.com.
- **Find Educational Resources**—Not only is the Internet a place to research and write homework assignments, it also offers students of any age the opportunity to explore everything from the GED test and colleges to getting student aid and finding a scholarship. Try CollegeSource.org, InfoPlease.com and CK12.org.
- **Explore Financial Literacy and Support**—Getting a credit card, creating a budget, finding tax help, retirement planning or learning helpful tips on managing money—the Internet, and sites such as MyMoney.gov and Mint.com, can help you get a better understanding of it all.
- **Stay Connected**—E-mail is a quick way to send and receive messages. You can also choose to get bills and bank statements electronically, instead of through the mail.
- **Use Social Media**—For most, social media is a way for family and friends to stay in touch. It's also a way to find new recipes or learn parenting tips. Popular sites include Facebook, Twitter, Instagram, Pinterest and Skype.

Unfortunately, not everyone has broadband Internet service at home. Many low-income families struggle to afford it, while others simply don't understand the benefits the Internet can provide. In fact, in many low-income neighborhoods, broadband adoption rates are only around 15 to 20 percent, while in upper income communities, broadband penetration rates are as high as 90 percent. With 30 percent of the U.S. still without broadband Internet service at home, far too many continue to miss out on all the terrific resources the Internet can deliver.

To help bridge this digital divide in America, programs such as Comcast's Internet Essentials have been developed. Offering families with at least one child eligible for the National School Lunch Program in-home Internet for less than \$10 a month; computers for less than \$150; and free digital literacy training online, in print or in person, it's the largest and most comprehensive broadband adoption program in the country.

In less than two years, Internet Essentials has connected 220,000 families—approximately 900,000 low-income Americans—to the power of the Internet. Speeds for customers are now up to 5 Mbps downstream and up to 1 Mbps upstream. The enrollment process has also been streamlined with instant approval eligibility available to more schools.

To take advantage of this program, call (855) 846-8376 or visit www.InternetEssentials.com or www.InternetBasico.com.

Additional resources, Internet safety information, how-to websites and instructional videos on how the Internet can benefit students and families can be found at http://learning.internet.essentials.com.

AMERICAN SIGN LANGUAGE THIS SUMMER



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RICHMOND GRANGE #6 MEETINGS

Richmond Grange, 690 Usquepaugh Road (Rte. 138), West Kingston will hold their Monthly Meetings at 7:30PM on the 1st & 3rd Friday of each month. New members are always welcome. For more information on Meeting details or how to join, please call Carol at 269-1769.

FREEMASONS TO COLLECT HOSPITAL SUPPLIES

The Freemasons are collecting many types of hospital supplies that may be loaned to residents of RI at no charge. Call 246-0865 or 453-4650 for pick-up or delivery.

COVENTRY HIGH SCHOOL CLASS OF 1974 RE-UNION & 60TH BIRTHDAY PARTY

The Coventry High School Class of 1974 will hold their 42nd Reunion/60th Birthday Party at 7PM on September 3 at Nautika Restaurant, 28 Water Street, East Greenwich. Join us on facebook, Coventry High School Class of 1974 Reunion. Not on facebook? Email your contact information to coventryhssclassof1974@gmail.com They are also looking for many classmates who cannot be located. Please forward any information to the email address listed.

PROJECT LINUS

Project Linus is a national, all volunteer, non-profit organization which brings comfort to seriously ill children in local hospitals through gifts of new, handmade security blankets! If you have blankets you have hand-crafted or donations of new fabric, yarn, etc. to donate, please drop them off at "The Reminder" Office, 1049 Main Street, Coventry. "The Reminder" is open Monday-Friday from 8:30AM-5PM and is the local drop off location for Project Linus donations. For more information, please call "The Reminder" at 821-2216.

SEEKING RESPONSIBLE DOG LOVERS TO PROVIDE FOSTER CARE

The Little Rhodie Bully Breed Club, a RI based non-profit group, is seeking caring, responsible dog lovers to provide foster care for bully breed & bully breed mix dogs while they await adoption into their forever homes. We are also seeking volunteers to assist with fundraising and educational events. For more information, please contact Susan Parker, President of the Little Rhodie Bully Breed Club, 823-8851.

11-PIECE OAK DINING SET, \$1200. (2) Curio cabinets, \$40 each. 823-5655.

5TH WHEEL HITCH SLIDER with mount, 16K. \$250. 822-2113.

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Home Alone

DEAR PAW'S CORNER: My 1-year-old dog, "Clemente," gets extremely anxious whenever I leave home. He barks nonstop, as my neighbor has mentioned repeatedly. I put him in his crate whenever I leave, but it doesn't matter if I'm gone for 20 minutes or all day — he will not stop barking until I get home.

I tried leaving him out of the crate when I go out for short periods, but then he just barks, claws at the door and scatters my shoes everywhere. What else can I do? — Beth N., Brooklyn, New York

DEAR BETH: Reducing your pet's anxiety when you leave home can be really tough. Regardless of his history — whether he was a shelter adoption or brought home from a litter — Clemente's perception is that you are leaving, and he doesn't know why or for how long. How will he eat if you're gone for days? Why won't you take him with you? A lot of things are running through his mind.

Even if you just go out of sight for a few minutes, some pets get really worried. I've come out of the bathroom to find my dog and cats clustered together, staring up at me mutely with eyes that seem to say, "Where did you GO?"

There are many things to try, all of which involve reassuring Clemente that you will come home. Contact a trainer who specializes in easing anxiety (Clemente's vet may have some good recommendations). Most importantly, do it soon. Right now he's got some anxiety, but that could develop into more destructive behaviors. Now is the time to really build that relationship with your dog and help him feel more confident that you are always there for him.

Send your tips, questions or comments to ask@pawscorner.com.

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ROCH'S FRESH FOODS

SALE DATES: JULY 6TH THROUGH JULY 12TH



MONDAY-SATURDAY 7:00 AM TO 8:00 PM SUNDAY 7:00 AM TO 7:00 PM

www.rochs.com

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Roma/Italian Plum Tomatoes .99 lb.

Sweet - Juicy Southern Peaches..... 1.49 lb.

Sno - White Cauliflower 1.99 hd.

Fancy - Sweet Cantaloupes... 1.99 ea.

Fresh - Tender Broccoli Crowns 1.49 lb.

Healthy - Red Ripe Cherry Tomatoes..... 1.99 pk



Sugar Snap Peas 1.99 lb.

Grape Tomatoes..... 1.99 pk.

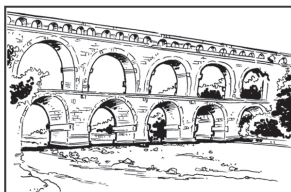
Nature's Own 17.6 lb. Sugar Maple hardwood Charcoal..... 12.99

Sclafani - Extra Virgin 250ml Olive Oil..... 3.99

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An aqueduct is a bridge which is designed to carry water. The Pont du Gard, for example, was built by the Romans nearly two thousand years ago.

LITERACY VOLUNTEERS OF KENT COUNTY OFFERS ENGLISH LESSONS

Learn to speak, read & write English. Enroll in Literacy Volunteers of Kent County's free learning program. In just a few hours per week, you can improve your English skills in speaking, reading and writing. You will be paired with a Tutor who will instruct you, one-on-one according to your individual needs. Lessons are scheduled at your convenience and all information exchanged remains confidential. Please call 822-9103 or email lvkc@coventrylibrary.org for more information.



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*Promotion begins June 1, 2016 and ends July, 30, 2016. Federally insured by NCUA



COVENTRY PUBLIC LIBRARY EVENING STORYTIMES

The Coventry Public Library, 1672 Flat River Road, Coventry, will offer **Evening Storytimes** for children ages 3-8 at 6:30PM on July 6, 13, 20 & 27, August 3 & 10. Children are invited to wear their PJ's & slippers! No registration is required. Call 822-9102 for more information.

COVENTRY PUBLIC LIBRARY TEEN PROGRAMS

The Coventry Public Library, 1672 Flat River Road, Coventry, invites Teens entering Grades 6-12 to register for the following special events: Yoga Class on July 8 at 12:30PM, Watercolors Painting Class on July 15 at 12:30PM, Mine-craft Modding with the RI Computer Museum on July 22 at 12:30PM & Giant Games Day on July 29 at 12:30PM. Call 822-9102 to register and/or for more information.

COVENTRY PUBLIC LIBRARY PRESENTS...

Coventry Public Library, 1672 Flat River Road, Coventry, welcomes Professor Stanley Carpenter on July 7 at 7PM in the Town Council Chambers as he speaks about Nathanael Greene. Nathanael Greene was George Washington's Second in Command and a major player in the winning of the American Revolution. He was a RI native who lived in Coventry. This program is being sponsored by Ocean State Urgent Care & Primary Care of Coventry. To register for this event or for more information, call Jane at 822-9104 or email js@coventrylibrary.org

GREENE PUBLIC LIBRARY PRESENTS...

Greene Public Library, 179 Hopkins Hollow Road, Greene, will host the following programs: **Little Yoga with Rebecca Mele** on July 13 at 10AM. **Farm Fresh With Farm Fresh Rhode Island** (ages 11 & up) on July 21 at 4PM. **The Rain Ninja with Breakdancer & Gymnast Javier de le Camara** on July 22 at 12PM. **Zumba with Sue Chaffee Standish** on July 27 at 10AM. Reservations are preferred. Call 397-3873 or email jean@coventrylibrary.org to register.

AARP CHAPTER 2210 KING ARTHUR FLOUR TOUR & THE NORWICH INN TRIP

AARP 2210 is sponsoring a King Arthur Flour Tour & Norwich Inn trip on October 21. The trip includes delicious lunch at the historic Norwich Inn, guided tour & browsing at King Arthur Flour, visit to the Vermont Country Store & motorcoach transportation by Conway Tours. Cost is \$114/person. Call Maureen at 828-5188 or Patricia at 821-3733 for reservations or for more information.

COVENTRY HIGH SCHOOL CLASS OF 1971 45TH REUNION

Join 100 of your former classmates at the Class of 1971 Coventry High School 45th Year Reunion. Celebrate with us on Saturday, October 8, 2016 at the West Valley Inn. Evening event will include hors d'oeuvres, buffet dinner, entertainment and dancing. Tickets - \$50 per person. To join the party email CoventryHSReunion@gmail.com, find us at Classmates.com or like us on Facebook!

TEEN VOLUNTEERS NEEDED AT HOPE LIBRARY

Hope Library, 374 North Road, Hope, is in need of teen volunteers in Grades 6-12 to partner up and read with a younger child in the Library this Summer. The program will run on Tuesdays at 6PM from July 12-August 9. All reading will be done in the Children's Room and will be followed by a quick craft at 6:45PM. Other volunteer hours may be available assisting with other programs. Call 821-7910 for more information.

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Apartment for Rent

Apartment for Rent

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WANTED: Building/Garage for Tire Sales/Auto Repair, etc. Karen, 447-3405.

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We Buy UNWANTED HOUSES Fast! Offer in 48 Hrs. CASH... Any situation. Any condition. Call today, 595-8703.

WEST WARWICK: 1 Bedroom, heat, hot water, appliances included, 3rd floor. \$660/month. 392-0461.

WEST WARWICK: 1 Bed, 2nd floor, Living Room, large kitchen, full bathroom, parking, washer/dryer hook-up. Call on this well kept & clean apartment. Non-smoking & no pets please. \$650/month. 323-8412 or 397-2255.

WEST WARWICK: 2nd Floor, 1 bed, heat & hot water. No pets. No smoking. \$885/month plus security deposit. 828-5122.

WEST WARWICK, 8 Capron Street: 3 Bed, 2nd floor. \$245/week. 467-3171.

1 BED, 1 BATH. All utilities included. 2nd Floor walk-up. Pets negotiable. Two decks. \$850/month. 401-935-4640.

WEST WARWICK: Completely renovated. 1 Bed, 2nd floor, appliances, all utilities, parking, laundry. **NO PETS.** \$200/week. \$800 security. Call Judy, 339-1693.

Room For Rent

PHENIX HOTEL, 18 Highland Street, West Warwick: Monthly \$450. 821-2636 between Noon-5PM or 241-5116.

Duplex for Rent

WEST WARWICK: Nice 2 bed Raised Ranch Duplex, 1 1/2 bath, laundry 2-story, water view, nice yard. \$975. Jeff, 378-6204.



Cows drink anywhere from 25 to 35 gallons of water each day—equal to a bathtub filled with water. They also eat 40 to 50 pounds of feed per day.

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Warwick: New Listing! Large 3-4 bed colonial, beautiful hardwoods, new baths, central air, new windows, corner lot, \$219,900

Warwick: New Listing! Beautiful 4 bed, 1.5 bath Dutch colonial, double living room, sun room, garage, deck, huge yard, \$274,900

Pawtucket: New Listing! Nicely renovated two family, 3 beds/1st floor, 2 beds/2nd floor with cathedrals, deck to yard, \$169,900

Coventry: Updated 3 bed colonial with nice backyard, corner lot, shed, next to bike path, credit for connecting to sewer, \$129,900

West Greenwich: 2 houses on almost 10 acres! Spacious 3-4 bed home, 3 full baths, indoor heated pool, PLUS 26'x 40' 5 room raised ranch, \$639,900

Coventry: Great investment opportunity or owner occupied, nice 3 unit property, 5 beds total, fenced, almost an acre, \$260,000

East Greenwich: Recently remodeled 3 bed, 2 bath ranch, new granite kitchen & baths, hardwoods, C/A, acre, \$373,500

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Phone: (401)826-1649
www.CrowePropertiesRI.com

COVENTRY: 2 Park Street
1 apartment available - \$1085 per month
First Floor: 2 bedrooms, 2 bathrooms, washer and dryer, refrigerator, stove, private entrance, private deck, off street parking, next to Coventry Greenway - bike and walking path, hot water included only
- NO PETS -

COVENTRY: 45 Reservoir Road
OFFICE SPACE Second Floor: \$485 per month.
Security, Deposit, Application, Background Checks
- NO PETS -

COVENTRY & WEST WARWICK:
1, 2 & 3 Bedrooms, Appliance, No Pets.
From \$650-\$975
Bernard, 821-1500

PHENIX BAPTIST CHURCH VACATION BIBLE SCHOOL
Phenix Baptist Church, 2 Fairview Avenue, West Warwick, invites children age 3-Grade 6 to grab their expedition gear and prepare to "Journey Off the Map!". This Vacation Bible School runs daily from 9AM-12PM from July 18-22. Join together to learn the truths about Jesus - the ultimate Guide! Call 821-1618 or email phenixbc@verizon.net for more information.

AARP SMART DRIVING COURSE
The West Warwick Senior Center, 145 Washington Street, West Warwick, will conduct an AARP Driver Safety Program on July 21 from 12-5PM. Anyone can take this course but Seniors 55+ (and sometimes 50+) could be entitled to a discount on their Automobile Insurance Policy - check with your Insurance Agency. Cost is \$15 for AARP Members & \$20 for non-members. Seating is limited, so call 822-4450 to reserve your spot.

COMPUTER CLASSES AT COVENTRY PUBLIC LIBRARY
The Coventry Public Library, 1672 Flat River Road, will offer one-on-one Adult Computer Classes free of charge. Basic Skills, Internet Searching, Word Processing, Facebook & Excel are the lessons being offered. Call 822-9105 or stop by in person to sign-up or for more information.

FREE CLASSES FOR RI SENIORS
Artists' Exchange, 50 Rolfe Square in Cranston is offering FREE classes to RI Seniors. Artists' Exchange offers free and engaging classes in art, ceramics, theater & music for all ages and abilities. Free classes run Monday-Friday, 10:30AM-12PM & 12:30-2PM. Art classes are offered in painting, drawing, mixed media & ceramics. Theater classes are for beginner, intermediate & advanced actors. Space is limited. Seniors please call 490-9475 to reserve a spot in one or more free classes.

LOUTTIT LIBRARY HOURS
Louttit Library, 274 Victory Highway, West Greenwich will hold a storytime with Miss Shannon on Mondays at 10:30 AM. This is geared for preschool aged children and their caregivers. No registration necessary.

SOCIAL MEDIA APPS CLASS AT THE WEST WARWICK PUBLIC LIBRARY
The West Warwick Public Library, 1043 Main Street, West Warwick is offering a Social Media Apps Class on April 18 from 6-7:30PM. This class will look at different social applications (facebook, Twitter, Instagram, etc.) you can download to your device. This program is free and open to all. Sign-up is required. For more information and/or to register, call 828-3750, Ext. 4 or email ref@wwlibrary.org

MILITARY NEWS

US AIR FORCE AIRMAN DONALD R. GALLOWAY has graduated from Basic Military Training at Joint Base San Antonio-Lackland, San Antonio, TX. The Airman completed an intensive, 8-week Program that included training in Military Discipline and Studies, Air Force Core Values, Physical Fitness and Basic Warfare Principles and Skills. He is a 2014 graduate of Exeter-West Greenwich High School.

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Plainfield Pike Flea Market
2111 Plainfield Pike, Johnston, Rhode Island

OPEN EVERY SUNDAY
VENDORS WANTED - ALL SPOTS \$20
(Vendors can arrive at 5:30am)

**CLEANING OUT YOUR HOUSE?
Come sell it at the Flea market!**

Every Sunday 6am-2pm
April 17-October 23, 2016
401-640-2601

Rhode Island's Largest Outdoor Flea Market!

You will be responsible for cleaning area.
Nothing will be left behind



301 BLANCHARD STREET (1st right off West, 1st left off East), West Warwick: July 9, 7AM-3PM.

110 PULASKI STREET, West Warwick: Yard Sale & Car Wash Fundraiser! July 9, 8AM-1PM. Clothes, toys, electronics, home-goods & tools.

MOVING SALE! 6 Tamarack Trail, Coventry: July 9 & 10, 8AM-3PM. Furniture, power tools, housewares, clothing.

12 TILTON STREET, West Warwick: July 9, 8AM-4PM. Antiques, collectibles, dolls, toys, books, furniture, tools, clothing, plants, drill press, band saw & lots more.

ESTATE SALE! 63 Taft Street, Coventry: July 9, 7AM-2PM. Tools, vintage furniture, household items, books & more! Rain date July 10.

Children are the living messages we send to a time we will not see.
—John W. Whitehead

RIVERPOINT CONGREGATIONAL CHURCH RUMMAGE SALE
Martha & Mary's Shop at Riverpoint Congregational Church, 75 Providence Street, West Warwick, will hold a Rummage Sale on July 9 from 9AM-1PM. Clothing (\$.25-\$.50/item), household goods, kitchen items, vintage solid Oak folding chairs (in very good condition), plus more.

EXETER GRANGE CHRISTMAS IN JULY SALE
Exeter Grange Hall, 469 Ten Rod Road (Rte. 102), Exeter, will hold a Christmas in July Sale on July 16 from 9AM-2PM. There will be Christmas items galore and even some other "Holiday" items as well. Claire's Collectible Corner will also be open. The Grange will revive their scrumptious Strawberry Shortcake for only \$5 each. Please call Celeste at 822-2603 or 206-9837 with any questions or for more information.

THE OLD MILL FLEA MARKET in the Historic Centreville Mill, 3 Bridal Avenue, West Warwick: Open 8AM-4PM every Saturday & Sunday. Free admission. Quality Vendors wanted. Antiques, collectibles, architectural, garage memorabilia & much, much more. Contact Andy, 226-3377.

MEALSITE
All meals include milk, coffee or tea, bread/margarine

COVENTRY SENIOR CENTER • 822-9180
WOOD STREET, COVENTRY • FOR RESERVATIONS CALL:
DONATION \$3.00

Wed. 7/6 **Brunch.** Orange juice, fruit stuffed pancakes with syrup, sausage links, omelet with tomato sauce, fruit cup.

Thurs. 7/7 Onion soup with croutons, American Chop Suey, elbow pasta, green beans, shortbread cookie, 9-grain bread. Sandwich: Italian grinder.

Fri. 7/8 Red chowder, Florentine fish, crispy potatoes, sliced carrots, fresh fruit, rye bread. Sandwich: Corned beef on rye.

Mon. 7/11 Chicken soup, Beef Stroganoff, buttered egg noodles, mixed vegetables, pudding, wheat bread. Sandwich: Grilled chicken on wheat.

Tues. 7/12 Italian Wedding soup, chicken Cacciatore, basil rice, seasoned summer squash, fruit cocktail. Sandwich: Tuna on Italian.

W. WARWICK SENIOR CENTER • 822-4450
145 WASHINGTON ST., WEST WARWICK • RESERVATIONS CALL:
DONATION \$3.00

Wed. 7/6 Spinach salad with strawberries, veal and peas with rice pilaf, marinated baby carrots, dessert. Option: Chicken Caesar salad wrap.

Thurs. 7/7 Chicken soup, stuffed chicken breast, roasted fingerling potatoes, broccoli and cranberry sauce, dessert. Option: Chef salad.

Fri. 7/8 Antipasto, spaghetti with white clam sauce, focaccia, spinach, dessert. Option: Chicken salad on wheat.

Mon. 7/11 Fresh fruit, American Chop Suey, garlic bread, roasted zucchini, dessert. Option: Italian grinder.

Tues. 7/12 Cucumber carrot salad, BBQ pulled pork sandwich, roasted potato salad, roasted green beans, dessert. Option: Turkey and cheese on wheat.

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LIFE ALERT: 24/7. One press of a button sends help FAST! Medical, Fire, Burglar. Even if you can't reach a phone! FREE Brochure. Call 1-800-457-1917.

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DEMAND FOR PAYMENT

Notice is hereby given that the undersigned demands payment amounts due to the undersigned as of 06/28/16

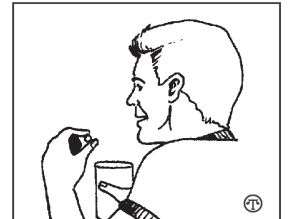
Unit B18 Susan Standish: Amount Due \$750.00
Unit 74 Phillip Laporte: Amount Due \$570.00
Unit 136 John Maher: Amount Due \$625.00
Unit 160 Tom Imondi: Amount Due \$560.00

In the event that the above amount remains unpaid as of 07/27/16 any right to access terminates and goods may be sold at public auction or otherwise disposed of in accordance with the law.

TLC MINI STORAGE
389 Mishnock Road
W. Greenwich, RI 02817
(401) 392-3300



(NAPSA)—Many pharmacists are providing preventive health care services, including immunizations, health testing, chronic care patient counseling and medication therapy management. To learn more about preventive services at Walgreens pharmacies, visit www.walgreens.com.



Millions of Americans are currently affected by AMD—a condition that causes damage to the macula, a small spot near the center of the retina. Early detection is key. To help, Prevent Blindness provides a free resource, "The AMD Learning Center," at www.preventblindness.org/amd.

Yard Sale Form

DIRECTIONS: Print one word in each box; phone number counts as one word. 10 words \$8.00, 25¢ for each additional word. Mail or bring your ad to **THE REMINDER, 1049 Main St., Coventry, RI 02816** DEADLINE MONDAY AT 12:00 NOON. Except when there is a Monday holiday, deadline is Friday at 12:00noon.

BORDERS \$1.50 EXTRA
BOLD TYPE \$1.50 EXTRA

					\$8.00
\$8.25	\$8.50	\$8.75	\$9.00		\$9.25

Bold Type Border

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OFFICE USE ONLY

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City _____ Phone _____

Price Per Week _____ No. of Weeks _____ Amt. Pd. _____

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_____ Sec. Code _____ Expiration date: _____

Signature _____

THE REMINDER, PO Box 33, Coventry, RI 02816 • 821-2216

E-Mail: rreminder@aol.com

FAX IT! 821-0397 (Photocopy form before faxing)

Be sure to include your Credit Card number, name on the card and expiration date

Entertainment



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25% OFF

Entire Guest Check **MON.-FRI. ONLY**

One coupon, per check, per visit. Not valid with any other coupons or promotional offers. Coupon has no cash value. No change returned. Taxes and gratuity not included. Valid in Coventry only. Selection and prices may vary. Only original coupon accepted. Photocopied coupons are not valid. Excludes Holidays. Excludes Alcoholic Beverages. No substitutions. Expiration 9/13/16.

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33 Sandy Bottom Rd., Coventry • 828-1810 • www.theoldetheaterdiner.com • Everyday 6am-11pm • Bar 'til 1am

20% OFF*

BREAKFAST

Valid Monday-Friday 7am-3pm
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Horse Show Week

July 11-15
Horse Science

August 8-12
Gymkhana

Time: 9:00-3:00 daily
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\$350/wk using own horse

Lessons/Training Available
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Spacious 12x12 Stalls
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Large Outdoor Arena
Round Pen • Daily Turnout
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One Free Exercise Per Month

HALL RENTAL: Newly remodeled, available for all types of parties & functions. Very reasonable rental rates. VFW 449, 197 Providence Street, West Warwick. Call 828-9715 after 3PM.

HALL FOR RENT: Coventry Men's Club available for Bachelor Parties, Weddings, Birthdays, Retirement Parties, Etc. Menu available. Call 385-3536 or 821-5904 for more information.

HALL RENTAL: VFW Post 9404, 29 South Main Street, Coventry. Call 828-9705 for a quote or we will negotiate a price based on your needs.

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Did You Know?

(NAPSA)—An ASPCA national poll found that only a quarter of dog owners (28 percent) and cat owners (24 percent) say their animals are microchipped. The ASPCA reminds pet owners to update the info on their pet's collar and microchip, and to include pets in their evacuation plan. Learn more at www.aspcanet.org.

ZipList.com is now being used by nearly 4 million families to find and save new recipes, create their weekly shopping list, and find local grocery deals. Learn more on how to save time and money at www.ziplist.com/ mistakes or download the free Android or iPhone app at www.ziplist.com/apps.

Most women, a recent survey discovered, want a swimsuit with slimming technology. Fortunately, it can be found in the Lands' End Slender Suit. Popular colors and styles range



from black and white to color clashing to the nautical look. Learn more at www.landsend.com and (800) 800-5800.

Mr. Clean Outdoor Pro Multi-Purpose Spray cuts through grease and grime on grills, patio furniture and more. Mr. Clean Magic Eraser Outdoor Pro is specially designed to help lift away tough grime with water alone, even in hard-to-reach spaces. Learn more at www.mrclean.com.

STEAK FRY: Club Frontenac, 1143 Main Street, West Warwick. Thursday, July 14, 5-8PM. Menu includes steak, potato, vegetable, salad, mushrooms, onions. \$14/person. 821-9846.

DOG ADOPTION EVENT AND FAMILY FAIR: Come to our Grand Opening, July 23, 10AM-4PM. Bounce house, clowns, food, dogs, bring Fido! CampBowWow.com/west-warwick or look for us on Facebook



Salome's
Stars

ARIES (March 21 to April 19) You dislike waiting for promises to be fulfilled and for commitments to be kept, but resist your headstrong tendency to push things along. Your patience will be rewarded.

TAURUS (April 20 to May 20) Expect continuing opposition to your plans from die-hard detractors. However, your determination to see things through will carry the day. A Pisces has romantic ideas.

GEMINI (May 21 to June 20) You might be too close to a troublesome workplace situation to deal with it successfully. Step away in order to get a better perspective. A solution soon becomes obvious.

CANCER (June 21 to July 22) You might suspect that someone you trust has misled you on an important matter, but a more balanced view of things reveals a misunderstanding to be the culprit.

LEO (July 23 to August 22) The Big Cat's animal magnetism has rarely been stronger. You can either just bask in all that admiration or use it to your advantage, especially in the workplace.

VIRGO (August 23 to September 22) Someone who previously balked at cooperating with you on a project suddenly has a change of heart. Accept both help and advice with grace.

LIBRA (September 23 to October 22) Some hazy issues still need to be cleared up before you can move on with your new plans. A friend from the past reaches out to re-establish old ties.

SCORPIO (October 23 to November 21) Continued positive fall-out follows that risky workplace decision you made some time ago. Your payoff will soon prove to be more substantial than you expected.

SAGITTARIUS (November 22 to December 21) A personal relationship continues to be affected by a recent unexpected turn of events. Things need to work themselves out without finger-pointing.

CAPRICORN (December 22 to January 19) It's a wonderful week for all you capricious Goats to kick up your heels with friends or family members in some well-earned fun and frivolity.

AQUARIUS (January 20 to February 18) Caution is advised before making a financial commitment to someone you don't really know. There are better ways to build friendships than with risky fiscal dealings.

PISCES (February 19 to March 20) Travel plans continue to be favored. A change of scenery brings new opportunities, both personally and professionally. Be open to the possibilities.

BORN THIS WEEK: You have a strong sense of loyalty that shows itself best in your relationships with family and friends.

JAYCEES & DVDS4VETS

The JAYCEES and their Foundation will be coordinating volunteers for in-kind donations of DVD's media for distribution to Veterans in areawide Hospitals, Clinics and for personal use as well. DVDs4Vets is a non-profit Charity Service which allows the public to locate local Veterans Hospitals, Clinics, Centers and State Vet Homes, in order to donate new and used DVD's. Simply contact the Kent County JAYCEES at 828-9191 or email wwJAYCEESkc@aol.com

FREE DIABETES EDUCATION CLASSES

Healthcentric Advisors, the New England Quality Innovation Network-Quality Improvement Organization (NEQIN-QIO), in collaboration with the RI Department of Health, is offering FREE Diabetes Self-Management Classes. These classes are conducted in an interactive workshop format and are 2 1/2 hours in length, once each week for 6 consecutive weeks. A new class is scheduled to begin at the Louttit Library in West Greenwich on July 8 from 12:30-3PM. A light lunch will be provided from 12-12:30PM. Please call Brenda at 528-3246 or Joyce at 528-3268 to register and/or for more information.

FREE FELLOWSHIP DINNER
AT CORNERSTONE OF FAITH UMC

Cornerstone of Faith UMC, 1081 Main Street, Coventry, will hold a Free Fellowship Dinner on the last Saturday of each month at 5PM. Please call 821-1931 for more information.



200 Mishnock Rd., West Greenwich, RI
www.mishnockbarn.com

Weekly Dance Schedule		
21 and Over, ID's Required Under 21 Must be with a Parent or Guardian		
Monday*, Tuesday & Wednesday	Beginner Dance Lessons & Requests Doors Open at 7pm • Lessons at 7:30pm	\$10
Friday & Saturday	Dance Lessons & Requests Doors Open at 7pm Lessons at 8pm	\$10
Thurs. July 7th Open 7pm Band 8 pm	Mishnock All Stars Thursday Night Rocks!! Dancing to DJ and Bands - No Cover	Free
Sunday July 31st Noon to 6pm	Mishnock Country Dance 24th Anniversary BBQ Special Guest Instructors plus your choice of Steak or Chicken with Shrimp Cocktail & lots more food! See website for details	Tickets \$37- \$40



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*Prayer to the
BLESSED VIRGIN*
(Never known to fail). O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the sea, help me and show me here in, you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have recourse to thee (3 times.) Holy Mary, I place this cause in your hands (3 times). Say this prayer for three consecutive days. You must publish it and it will be granted to you. Grateful Thanks.
R.G.

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LOCAL HAY: Good quality. \$7/Bale delivered. \$6.50/Bale picked up. 269-8860.

The purse of the people is the real seat of sensibility. Let it be drawn upon largely, and they will then listen to truths which could not excite them through any other organ.
—Thomas Jefferson

10TH ANNUAL FAMILY/PROFESSIONAL PARTNERSHIP CONFERENCE

Join the Rhode Island Parent Information Network (RIPIN), Partner Agencies & Community Organizations for a full day of education, resources and fun family activities on July 15 from 8:30AM-4PM at the Crowne Plaza in Warwick. This Resource Fair 2016 is for families, children/youth & providers serving those with special healthcare needs. \$10 Registration for parents/caregivers/providers includes breakfast & lunch, all activities plus great takeaways. Children of all ages attend for free. For more information, contact Tara at 270-0101, Ext. 139 or townsend@ripin.org

FAITH FELLOWSHIP COMMUNITY CHURCH VACATION BIBLE SCHOOL

Faith Fellowship Community Church, 260 Victory Highway, West Greenwich, invites you to bring your child (ages 3-12) for a faith filled week of fun with a Fire Station theme. Vacation Bible School will run from July 11-15 from 9:30AM-12PM. Call Becky at 487-0337 for questions and registration.

COVENTRY PUBLIC LIBRARY PRESENTS...

The Coventry Public Library, 1672 Flat River Road, Coventry, will host Professional Storyteller Joseph Theroux on July 12 at 2PM. Children ages 5-12 are invited to this program which is part of the 2016 "On Your Mark, Get Set, Read!" Summer Reading Program. No registration required. Call the Library at 822-9102 for additional information.

MOUNT VERNON BAPTIST CHURCH OPENS ITS DOORS!

The public is invited to visit the restored Mount Vernon Baptist Church, 210 Plainfield Pike, Foster, on Sunday July 17 from 1-5PM. Restoration expert Warren Lanpher, of Circa 1700, took extensive photos of the entire process and will show that work 3 times during the afternoon. The 1795 building now reflects its original design as a Quaker Meeting House. During the Open House, the building will be dedicated. Light refreshments will be served and all are welcome.

COVENTRY PUBLIC LIBRARY TEEN PROGRAMS

The Coventry Public Library begins the Teen Summer Reading Program, "Get In The Game, Read!", on July 5. Teens entering Grades 6-12 may enter books read on the Library website (www.coventrylibrary.org) to earn chances to win weekly raffles. Teens who read 6 books by the end of the program may enter the Grand Prize Raffle to win an iPad Mini. Call 822-9102 for more information.

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