Relay for Life Gets \$12,000

MUSCLE SHOALS— Listerhill Credit Union once again emphasized its tag line, "It's All About We" as the cooperative raised and donated nearly \$12,000 to the American Cancer Society's Relay for Life. The donation served both the Shoals and Columbia, Tennessee area relays for the fight against cancer.

Listerhill Credit Union members and employees united together April 18-May 6 to raise more than \$8,000 through various fundraisers FIRST QUOTE TOO HIGH?

like T-shirt sales, breakfasts, lunches, raffles and more. Approximately \$3,000 came from local relay event sponsorships.

"Listerhill has been a leader in raising money towards the fight against cancer for many years," said Heath Butler, marketing specialist for Listerhill Credit Union. "Together we can make our community a better place."

The most popular fundraiser featured a competition between two Listerhill regional managers and two members of the Education Department in which losers had to kiss Wilbur, a pig. Employees voted by placing money in designated boxes for who they most wanted to see kiss Wilbur. Regional managers Rob Michael and Dani Spann won the kiss by a landslide.

Southeastern Extrusion - 45

FLORENCE-Southeastern Extrusion & Tool, Inc. is celebrating 45 years in business, all of which have been here in Florence. The company was founded on July 1, 1971. **John Moody** and **Garry**





Barnes

Extrusion & Tool with just five employees. Today the company has grown to be one of the largest Aluminum Extrusion Die and Tooling manufacturers in North America. Southeastern supplies tooling to the various

Barnes started

the Southeastern

Aluminum Extruders in the United States, Mexico, Central America and other parts of the world. Southeastern is known as a leading innovator in the Aluminum Extrusion industry and is one of the largest employers in Florence.

See SHORTs... on Page 6

Shoals 70,000 Mailed & 102,000 Readers

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Volume 132 Number 38

July 6, 2016

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Courier Journal



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A Salute to Riedel

by Patsy Glenn for Courier Journal

7hile the rest us are thanking veterans for service. the veterans in this area are thanking Lenita Riedel for hers. She's the lady who worked tirelessly as the Veterans Service Officer at the local VA office for over

twelve years. Health ĥave forced Lenita's retirement, but her dedication to the service of veterans and their families will be felt

for generations. "She is one of the most professional people I've ever met," Raynea Call said of her former coworker. "She's going to be missed tremendously. Until she came along, we felt like we were afterthought Montgomery and Lenita changed that.'

See RIEDEL... Page 11



YMCA X-ing

FLORENCE – The city of Florence and the YMCA of the Shoals recently dedicated themselves to making Helton Drive safer for teens crossing the street to get to the Y. As one Florence High School teacher put it, the teenagers have been "playing Frogger" to get across Helton. At a recent ceremony dedicated to the idea of having ped heads, pedestrian activated

See YMCA... Page 6

Pictured L-R at the dedication are Tom Frith; Dick Jordan; **Andy Betterton;** Cathy Turner, Y's Health and **Wellness Director;** Mickey Haddock; **Melanie Roth**; Jean Bock; Jacqueline Broder:

and Doug Tallman. YMCA courtesy photo



Joseph Ezell, above, SkillsUSA Silver Medalist. works to complete his carpentry project at the national Skills competition in Louisville, KY.



Hutcheson

Three Medal at NW-SCC

MUSCLE SHOALS -Proving to be some of the best in the nation, three Northwest-Shoals Community College students were awarded medalist honors at the 2016 SkillsUSA



National Competition in Louisville, Kentucky last week. • Joseph Ezell of Five Points,

Tenn. won the silver medal (2nd place in the nation) in Carpentry • Jonathan Howard of

Rogersville, Ala. won the bronze medal (3rd place in the nation) in Cabinetmaking

• Amber Hutcheson of Bear Creek, Ala. won the bronze

See SKILLS... Page 23



Dave Ramsey

Hocus Focus Adopt-A-Friend

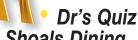
BoomTown Soap Updates **Medicare Minute**

Cat & Kids

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Jr. Whirl

Ask the Attorney



Shoals Dining Pet Connection











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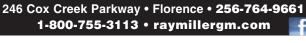
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LOST MEMORIAL DAY MY YORKIE MIX, MAY have fur missing. Please call: 256-577-5882



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MALE, VERY FRIENDLY. PLEASE call and identify or offer to adopt. 256-383-4401 or 256-765-0395.

Male, age 69, looking for female, 50-65 to travel with through Biloxi, New Orleans, Pearl River and Tunica. Friendship and maybe more. Call 256-366-7129 for interview.

SHANE PROCTOR HEATING AND Cooling, \$50 service calls. Free estimates, free second opinions. AL # 11050. 256-415-3758.

THE TUSCUMBIA FEDERAL CREDIT Union is accepting sealed bids for a 2006 Suzuki Forenza. The bids will be opened on July 21,2016 at 11a.m. You may call 256-383-3331. Tuscumbia Federal Credit Union reserves the right to reject any or all bids.

FREEZER; SIDE-BY-SIDE RE-FRIGERATOR AND Two Wooden Desks. Call 256-762-1576



FRIDGIDAIRE REFRIGERATOR 4 YEARS old, great condition \$250 Call 256-227-0800.

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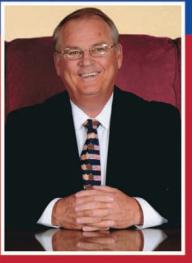
Take Cox Creek Parkway to Savannah Hwy., turn right, the church is 0.5 miles on the right.

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If you've got something to say, something you want to know more about, or if you just want a FREE hot dog, join Mayor Haddock at an upcoming Community Caucus. Dates and locations can be found at MickeyHaddockforMayor.com or on Facebook.

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- Animal Shelter
- Jobs
- Budget
- City Projects

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An exclusive listing of the better sales in the Shoals area.

To list your sale, fill out the form on page 6

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

FLORENCE HUGE MULTI-FAMILY YARD SALE, 124 Dora Dr., (Forest Hills Sub.) Sat. 6 am until?, Furniture, men's and women's clothing, home decor, kitchen items and much more!

MUSCLE SHOALS HUGE YARD SALE: 2004 Rosedale St. Fri. and Sat. Rain or Shine, 7 a.m. - 4 p.m. Just off of Wilson Dam Rd. Boutique clothing, furniture, shoes and much more!

FLORENCE: HUGE MOVING SALE! 301 Normandy Drive, Fri - Sat 6:30AM-1:30PM. Furniture, sofas, china hutch, glassware, lawn equipment, and MORE! All nice items!

SHEFFIELD: 1801 ROBERSON **BLVD.**, behind McDonalds. Moving Sale, July 5-8. Antique pictures, dishes, furniture, shower stall, clothes, etc.

TUSCUMBIA: 288 LANE Fri - Sat 8AM-3PM, Moving Sale! 100's of items of named brand clothing, like new, \$1.00 each and shoes, electronics, furniture many more misc

FLORENCE: 331 SPRING COVE RD. July 9th and 10th, 7a.m. Old hoarders, cleaning out the house; antique glassware, many collectibles, clothes, huge variety of items.

FLORENCE: 218 S. RICHARDS St. Yard Sale Sat., 6:30 a.m. Kids and adult clothes, shoes, books, stuffed animals, etc.

FLORENCE: 630 INDUSTRY ST. Fri. and Sat., close to Singing River Bridge. Furniture, clothes, infant - 3X, shoes, menswear to 3X, dishes, comforters, linens, misc.

FLORENCE: COVE RD. July 8th and 9th, 7a.m. Old hoarders, cleaning out the house; antique glassware, many collectibles, clothes, huge variety

RED LINE YOUR ADS. SEE PAGE 6

DR. Yard Sale, Fri. and Sat., 7 am Off 157 behind Wright BBQ. Jr., plus and men's clothes, shoes, recliner, chairs, jewelry, glassware

FLORENCE 414 UNDERWOOD

KILLEN: 1654 COUNTY RD. 393 Fri - Sat Fri. 6AM-11AM - Sat. 6AM-?, Multi Family, home decor, toys, furniture, clothes.

FLORENCE HUGE YARD SALE: 110 S. O'Neal St. Saturday, 7 a.m. until. A little bit of everything! Clothes, furniture, lots of crystal glassware, etc.

OCCASIONALLY YOU MAY SEE an ad duplicated and printed several times throughout the paper. done at the request of the advertiser. Each ad is paid for. Thank You for reading your Courier Journal.

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MISSION FOODS ROUTE, EAST Lauderdale, Lawrence, and Giles County TN territory. Flour and corn tortillas, corn chips. \$17,500 route, cargo van. 256-412-6179

1994 JOHNSON 50 HP 16 ft. Semi V boat, trolling motor, 3 seats, \$4,400. 256-483-9779

ARROW GLASS, 170 MER-CRUISER, great condition, \$22.500.256-762-3793

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COLBERT MEMORIAL GAR-DENS SIDE by Side burial plots. Excellent road access. Valued \$4,400 asking \$1,700. ea.

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AMAZING PURPLE SHEER **SLEEVE** dress, Steinmart, size 24 Women's, \$78 256-227-4010.

BURIAL PLOTS AT Roselawn Cemetery. Located in The Garden of Chapel. Lot 116 D, Located in section 3 and 4. \$1500. ea OBO, 586-419-6566

VACUUM CLEANER REPAIR, MOST makes & models. Free estimates. Ken's Sewing & Vacuum Center, 256-381-0161.

HONDA: ACCORD, 1990 \$2,750. 4 door, one owner, have receipt where it was bought new. Good condition and good tires. 205-412-2625

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Please drop off in a variety of our yellow donation boxes or simply bring to the front of store.

Current needs: 2x4's, sheets of plywood, other building materials.

Donation box sponsors (Corporate and Individual) are being accepted.

Host a Family Times Thrift Store clothes collection bin at your business. - Easy and Hassle-Free. Contact your local Family Times Thrift Store office at contact@familytimesthrift.org or 256-712-8831 to schedule a visit to your site.

Volunteers with time on your hands, we need you.

Cash donations can be accepted directly at www.familytimesthrift.org

Beginning Tuesday June 28th, 2016 Lauderdale Lanes will begin to install the QubicAmf SPL II Bowling Lanes. SPL II is the highest scoring lanes in the world.

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During this upgrade Lauderdale Lanes WILL REMAIN OPEN. Upgrades include, installing 32 SPL II Lanes, 16 Harmony Ball Return systems (including under lane ball tracks.), approach work and pinspotter overhaul. This upgrade will ensure Lauderdale Lanes will remain a first-class bowling facility for decades to come.





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Go to our Website

www.lauderdalelanes.com for hours of operation, rates & specials!

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Dine Hill Church of Christ **VBS 2016**

Awas Soaring to Bible Places Friday, July 15 5:30 Cookout

7-8:30 VBS Saturday, July 16 9am-1pm

1024 County Road 10 • Waterloo For more info call 256-415-1777

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12 PACK

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Frozen

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Dressing

ARGO

Sliced

Peaches

2/\$4

1

16 OZ. PKG.

3.39

\$1

28 OZ. CAN

2/\$3

28 OZ. CAN

2/\$3

10 COUNT CAN



Clothes Give Away - Thursday, July 7 from 8-10am at the Care Center, First Baptist Church, Killen.

Gospel Singing at Peppertown Baptist Church, Hwy 48 in Lexington, Sunday, July 10. Congregational singing at 11am, lunch at noon. By Faith group from Manchester, TN at 1:15pm.

Zip City Neighborhood Watch Meeting July 10, 2pm at Zip City Fire

Join Us This Summer At The Tennessee Valley Museum Of Art 2016 S.T.E.A.M. Camp* Art Classes - ages 8 -12, ages 13 -16, and ages 16 -20

Ages: 8 -12, Monday - Thursday, July 11- 14, 9am - 12:30pm Adventures in Art: Exploring Collage

and Resist by Barb Hendricks This course will explore a variety of visual art media as the students create collage and water-based paint resist projects. we will look at the work of Matisse, Picasso, and the Impressionists to learn more about the process and

historic use of collage and resist. Exploration of Tactile & Textures by Pam Wright

Inspired by the work of author/ illustrator Eric Carle, young artists will turn ordinary paper into a variety of tactile and visual textures using an assortment of materials and methods that will then be used to recreate works of art...with many fun surprises along the way! Both Classes - TVAA Members - \$100,

Non-Members - \$120, All art supplies are included

Ages: 13 -16, Monday - Thursday, July 11 - 14, 1:30-3:30pm S.T.E.A.M. Power by Jaceena

Shepard

Young artists will spend four

afternoons with Jaceena Shepard, a nationally known and award winning art instructor, to visualize and create a water media painting. Students will explore the design process from conception to execution while applying science, technology, engineering and math related techniques to their artistic endeavor. Art techniques used in this process will inspire young artists to look at their world in a new way.

TVAA Members - \$65, Non-Members -\$85, All art supplies are included. Ages: 16 -20, July 7 -10, Sessions: 4,

Foundations of Drawing by Martha

Carpenter Foundation drawing is an introduction

to drawing as a basic practice that underlies all visual art making. Students will investigate the basic elements of visual language (including mark, line, gesture, contour, edge, value, form, volume, mass, density proportion, scale linear perspective, order pattern, rhythm, texture, and the illusion of space) through a series of observations and exercises. Emphasis is placed on drawing from observation. There will be discussion about how S.T.E.A.M. integrates with the

TVAA Members - \$55, Non-Members

\$65, All art supplies are included.

* S.T.E.A.M. Camp: Has a visual arts focus with explanation as to how science, technology, engineering and mathematics integrate with the visual

To register for classes: Call the Tennessee Valley Art Association at 256-383-0533 or register online.

Swamp John's Fish Fry at Cherokee Fish, chicken tenders, shrimp or combo plates with slaw, fries, and hush puppies and drink for \$10. Dine in or carry out.

Open Mic Gospel Singing Friday, July 8, 6:30pm at Rhodesville United Methodist Church.

The Barnett Brothers Band will be at West Side Village Community Center, Hwy 99 in the Owens Community, Friday, July 8 7pm Admission is \$5 All ages are welcome. No smoking allowed, no drugs or alcohol permitted. Bring finger foods to share at break. For more information call 256-771-0586

The NW AL Chapter #2 of the Korean War Veterans Association will meet for breakfast and business at Hampton Inn and Suites, 505 S. Court St. Florence, Saturday, July 9. The meeting will begin promptly at 8:30am. We will be using a room separate from the dining area so come earlier and eat breakfast before coming to the meeting room. Questions should be directed to President Jim Taylor at 256-383-8172.

See NOTES... page 38



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Cheese

Singles

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BOXER PUPPIES, 6 WKS old blk/white. Must see how cute we in our tuxedos! \$50. Please call 256-577-3791 before 6p.m.

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HOME IMPROVEMENTS, all types of remodeling. 256-381-7762 or 256-349-3703

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DODGE: RAM 1500, 2000 extended cab, 318 Magnum engine, 100K miles, new tires, ball joints, tie rod ins. shocks, and brakes garage kept. \$5,200. 256-810-



FORD: FUSION SE, 2012 \$10,990. White/ Pearl, 4 door, 71,541 actual mi. 3.0 Liter V6 Fuel Flex engine. Good matching tires/ tread. Looks/ Drives Like New! Price Is Firm. 520-5593

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IULY 6 - Willie Hamblen (itinerant preacher; Hattiesburg CoC, Hattiesburg, MS)

- 1. Is it wrong to be gay? Why did you make people like this? Why do you say homosexuals must die?
- 2. Why do you let innocent people suffer? Why do you let pain and suffering continue? 3. Why didn't you ask Mary if you could impregnate her before you did it? Would you call that rape?

JULY 13 - Mike Benson (Oxford CoC; Oxford, AL)

- Why aren't you more obvious? Why don't you just show yourself so unbelievers will become believers? Why is it a good
- thing to believe in you without proof?

 3. Members of the three (3) monotheistic religions say you exist. The evidence is to the contrary. Those members also say that you are a loving God. The evidence is that you torture babies and children with disease and starvation. Those members also say you are paternal, but that you are also a vengeful God. I know many parents who aren't vengeful and don't torture their children when they make mistakes. Why are you like this? And please don't respond with a copout

Note: Location designation next to the speaker's name indicates the congregation where he ministers. There will be a separate Bible Class activity for younger children each evening. Please see this ad in the Courier Journal each week for new Speaker and Question Topic info. www.woodavenue.com

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DEADLINE: Friday 5pm

YMCA..

Continued from Page 1

buttons and sidewalks at Helton and Bradshaw, Mayor Mickey Haddock reminded us, "Helton Drive is a state highway, so the process will be challenging and lengthy." However, the city intends to keep the project going. The safety of the children is the number one issue.

John Cooper, the Director of the Department of Transportation, has already acknowledged that there are TAP (transportation) funds available in 2017 and that this crosswalk/sidewalk project is worthwhile. The mayor also spoke of other sidewalk projects in process that will make the Shoals more walkable. This is the other primary goal.
Present at the dedication

were City Councilmen, Andy Betterton and Dick Iordan, Y Board members, Frith, Jacqueline Broder and Doug Tallman, Y Executive Director, Jean Bock and Melanie Roth, the Project Specialist from Y

Roth is overseeing the 3-state Y Walkability 50-state Leaders through a grant from the Center of Disease Control in conjunction with the Surgeon General's Office. Roth gave kudos to the Y and the city for being a part of step-one toward the fulfillment of the Surgeon Generals Call to Action to Promote Walking and Communities. YMCA of the Shoals's efforts will be replicated all over positions during the year.

the state. Ms. Roth added, "This Y is representing all of the Ys in Alabama. We have things like this happening in all fifty states. We are impacting over 2700 communities.'

"We hope that 'walkable" becomes a household word. We are looking to make all communities better across Alabama and in every state in the nation. Y's across America are dedicated to healthy living and meeting the needs of our communities."

SHORTs...

Continued from Page 1

Hall Signs Free **Agent Contract**

FLORENCE -- Former University of North Alabama All-Gulf South Conference catcher, Kevin Hall of Collierville, Tenn., has signed a free agent contract with the New York Mets organization.

Hall is a two-year starter at UNA in 2015 and 2016 who led the Lions and was among the GSC leaders in virtually every offensive category this past season. He hit .390 with eight home runs and 41 runs batted in, scored 49 runs, stole 16 bases and had a .468 on base percentage. Hall led the Lions with 21 multiple-hit games in 2016. He started all 47 games for the Lions this season and played five different

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EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as pages permits for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St. Florence, AL 35630 or email to

editor@courieriournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

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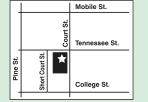


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7

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2. Heavens-Above is a non-profit web site developed to help people C.) Wine D.) A, B, & C track and observe satellites orbiting earth using star charts. True or False

3. In Norse Mythology, Vahalla is a movie? majestic, enormous hall ruled by who that houses dead warriors.

Doctor's Weekly Quiz - Topic: Heaven A.) Thor B.) Loki C.) Odin D.) Eric the Red

> 4. For Muslims, Paradise promises rivers of what? A.) Milk B.) Honey

5. The lyrics in the song "Cheek to Cheek" begins with "Heaven, I'm in Heaven" was featured in which

A.) Taps B.) Godzilla C.) The Green Mile D.) Blue Hawaii

Answers: 1: C 2: True 3: C 4: D 5: C

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Ask Dr. Webb



What is 'suffering' and why do people have to suffer? Can it be prevented?

Increasingly, more seniors appear to be suffering—and they tell me so. Why?

What is suffering. Dr. Eric Cassell, in his book *The Nature of Suffering and the* Goals of Medicine, describes it as: any significant distress which has no end in sight.

Who suffers and why. Dr. A. Gawande, a general surgeon, writes in his Being Mortal, that modern medicine now causes more suffering than it relieves.

Physicians and business-modeled health care agencies are 'doing more' and 'promising more', resulting in more drugs, more surgery, more tests, all assuming that more is better; while forgetting the core goals of medicine—first, do no harm, and relieve suffering.

Everyone knows to never assume what someone else wants. Therefore, we must ask what are their goals: most tell me living longer is only acceptable if they can be comfortable and continue doing what they do now; otherwise, they are often "ready to go", because they want 'quality' more than 'quantity'.

Unfortunately, their kids can have trouble letting go. Hank Dunn, in his Hard Choices for Loving People, says the 'kids'—and their physicians—are often not aware of the marginal benefit of many treatments: those who choose such life [or death]-prolonging treatments for failing patients do so primarily out of an inability to let go and not out of moral necessity or medical appropriateness.

He comments that family member guilt often underlies decisions demanding unnecessary care. And, sometimes it is easier to aggressively treat patients than confront the emotional and spiritual issues that are driving the choices; and physicians are trained to primarily provide those treatments rather than help families resolve difficult

Next time, I'll discuss what can be done to prevent this



256-767-6699

Ask Dr. Webb is a bi-weekly article sponsored by Hospice of the Shoals as a community service to answer questions about hospice care and end of life issues. Please submit questions to ssimpson@hofts.org or call 256-767-6699.

Dr. Robert Webb has focused his practice on geriatrics and palliative care since 2003. He is the Medical Director at Hospice of the Shoals.

16K miles, original owner, garage kept, no accidents, \$19,950 call

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ASK THE ATTORNEY



Thomas McCutcheon

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

FOLLOWING UP ON LAST WEEKS ARTICLE

Last week Joel wrote an article about workers' compensation and what happens when injuries are not reported in accordance with the law and the injury happens on the job, BlueCross BlueShield will not pay the bills.

Let me explain why this happens and how to prevent it. Then I will tell you what my law firm does to solve these problems.

First, most people do not realize that because workers' compensation adjusters are completely immune from suit, they can be difficult and tricky to deal with. There is nothing that you can legally do to them even if they tell you things that are not true. They can and will delay weekly benefit checks, they will terminate benefit checks without warning, they

will claim overpayment, but you never see an underpayment. The reason that they can do these things is because they cannot be sued for it.

pervisor. If there is any question about whether or not they remember being told, we write a letter (within 90 days) and put the employer on notice in writing. We always file suit. All workers' compensation cases have to be approved by the court and we do not believe it is beneficial to subject our clients to adjusters who are not under the supervision of the court and are not officers of the court and subject to discipline as an attorney is. Defense lawyers in workers' compensation cases work hard to show other causes or that the injured worker is capable of doing more than they claim, but at the end of the day no good attorney wants to lose his credibility with the judge.

About the worst action that people will do when they are hurt and need help is they will not claim an on-the-job injury at a doctor's office. When a person puts in writing that there was some other cause or time for the injury other than the actual facts of an on-the-job injury, it creates a problem that is difficult for us to solve.

Report your injury, be consistent with how the accident happened when you tell the doctor about it and when you fill out the information sheet in the doctor's office. Come see us, we won't charge you a dime unless we can help you. If we can, we will tell you and you can make the decision to wait and see how it goes or hire us, but either way you will leave with information that you did not have. We appreciate all of our clients and anyone who wants to ask us about an on-the-job injury is welcome to do so.

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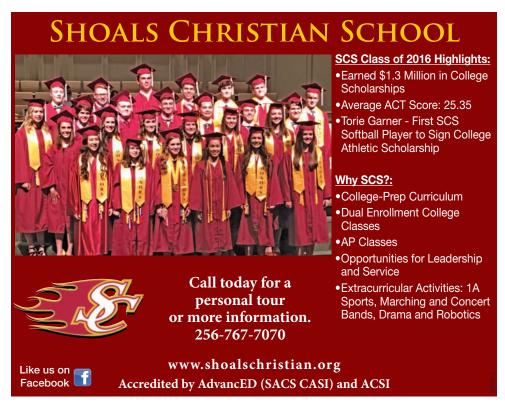
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Riedel...

Continued from Page 1

Ms. Riedel comes by that commitment to the military honestly. Lenita is the daughter and wife of service members, and she was also in the Army herself for a total of 27 years.

Lola Moore, whose late husband William was in the Navy, said Lenita helped her get in touch with the Madison VA office so he could be fitted with hearing aids and glasses. "That was outside her realm of responsibility," Raynea pointed out. "But that's just Lenita. She cares. All she was required to do was get information to vets and their families about state and federal benefits and how to get them."

Leonard, Chester veteran of the Marines, praised Lenita for her help in filing his claim for the PTSD program. He said that when Lenita had an office in Colbert County, she worked with just about every veteran there. Raynea agrees. She shared that the Shoals office has been called the busiest and most productive in the state, but Lenita never was content to sit in her office and wait for veterans to come to her. This seemingly whirlwind of energy was active with the American Legion Post 11 and served as their Veterans Service Officer. According to Bill Phillips, Jr., Vice Commander, she was always willing to stay late and help people. "She had her own slot on the monthly program to update vets on pending state and federal legislation."

Mary Day Smith, Adjutant of Post 11, said they so appreciated Lenita and the VA they approached the Lauderdale County Commission for help in relocating the VA office from the basement of the Courthouse. The Commission was able to secure the building on South

Court Street next door to the Legion office.

Lenita Riedel just happened to be the first woman to be in charge of Veterans Services for Lauderdale County and the first woman to be District Manager. She impressed Mark Moore, past Department Commander of the local Disabled American Veterans Chapter, as being straightforward and giving good advice. "She's knowledgeable," he said. "She's done a good job."

"She's done a good job."

Jesse Qualls, the Service Officer of the Veterans of Foreign Wars Post 8640, agreed that Ms. Reidel is very professional. He said he'd been privileged to work with her for many years. "I used to have to get on her for working too much," he chuckled.

That seems to be the only complaint any veteran has about this dedicated woman who said her work always felt like a calling.

George Thorne, who served in the Air Force, remembered how Lenita had helped him not only with his own claim, but also that of his dad, a WWII veteran. "She was a pleasure to meet with. She was always smiling. I think she appreciates veterans. She gets us."

There is no higher praise than that.



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The Mysteries of God #4

I can do all things through Christ who strengthens me. Phil. 4:13 NKJ

1 Corinthians 4:1 "Let a man so account of us, as of the ministers of Christ, and stewards of the mysteries of God." A good steward and minister takes good care of the things committed to his hand. The Apostle Paul states in 1 Corinthians 15:10 "But by the grace of God I am what I am: and his grace which was bestowed upon me was not in vain; but I laboured more abundantly than they all: yet not I, but the grace of God which was with me." The fourth mystery is 1 Corinthians 15:51-53 "Behold, I shew you a mystery; We shall not all sleep, but we shall all be changed, In a moment, in the twinkling of an eye, at last trump: for the trumpet shall sound, and the dead shall be raised orruptible, and we shall be changed. For this corruptible must put on

the last trump: for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed. For this corruptible must put on incorruption, and this mortal must put on immortality." Confirmed again by Paul in 1 Thessalonians 4: 13-18. Notice this appearing of the Lord is going to bring comfort in verses 17&18. 1 Thessalonians 4:17-18 "Then we which are alive and remain shall be caught up together with them in the clouds, to meet the Lord in the air: and so shall we ever be with the Lord. Wherefore comfort one another with these words."

This mystery is commonly known among the saved of this dispensation as the changing, and or translating or catching up of the saints. Confirmed again in **Philippians 3:20-21** "For our conversation is in heaven; from whence also we look for the Saviour, the Lord Jesus Christ: *Who shall change our vile body, that it may be fashioned like unto his glorious body*, according to the working whereby he is able even to subdue all things unto himself." Again in **1 John 3:2** "Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is." Ephesians 2:7 "That in the ages to come he might shew the exceeding riches of his grace in his kindness toward us through Christ Jesus." What a blessing it is and ought to be, knowing what is ahead for the saved. That's what real heaven is. I sincerely hope you are going. See Ephesians 2:8&9.

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Blessed is the nation whose God is the Lord. Psalm 33:12

FOUNDING FATHERS

"An appeal to arms and to the God of hosts is all that is left us! ... Sir, we are not weak if we make a proper use of those means which the God of nature hath placed in our power. ... Besides, sir, we shall not fight our battles alone. There is a just God who presides over the destinies of nations and who will raise up friends to fight our battles for us.

... Is life so dear, or peace so sweet as to be purchased at the price of chains and slavery? Forbid it, Almighty God! I know not what course others may take; but as for me, give me liberty or give me death!" * PATRICK HENRY

"I've lived, sir, a long time, and the longer I live, the more convincing proofs I see of this truth: That God governs in the affairs of men. If a sparrow cannot fall to the ground without His notice, is it probable that an empire can rise without His aid? We've been assured in the sacred writings that unless the Lord builds the house, they labor in vain who build it. I firmly believe this, and I also believe that without His concurring aid, we shall succeed in this political building no better than the builders of Babel."

* Benjamin Franklin

PRESIDENTS

"It is the duty of all nations to acknowledge the providence of Almighty God, to obey His will, to be grateful for His benefits, and humbly to implore His protection and favor." * GEORGE WASHINGTON

"We have no government armed with power capable of contending with human passions unbridled by morality and religion. Our Constitution was made only for a moral and religious people. It is wholly inadequate to the government of any other." ★ JOHN ADAMS

"And can the liberties of a nation be thought secure when we have removed their only firm basis, a conviction in the minds of the people that these liberties are of the gift of God? That they are not to be violated but with His wrath? Indeed I tremble for my country when I reflect that God is just; that His justice cannot sleep forever."

★ THOMAS JEFFERSON

"Is it not that in the ch

"Is it not that in the chain of human events, the birthday of the nation is indissolubly linked with the birthday of the Savior? That it forms a leading event in the progress of the Gospel dispensation? Is it not that the Declaration of Independence first organized the social compact on the foundation of the Redeemer's mission upon earth? That it laid the cornerstone of human government upon the first precepts of Christianity?" ★ JOHN QUINCY ADAMS

SUPREME COURT JUSTICES

"The Bible is the best of all books, for it is the word of God and teaches us the way to be happy in this world and in the next. Continue therefore to read it and to regulate your life by its precepts."

★JOHN JAY: FIRST CHIEF JUSTICE

"Providence has given to our people the choice of their rulers, and it is the duty, as well as the privilege and interest of our Christian nation, to select and prefer Christians for their rulers."

 \star John Jay: First Chief Justice

"Human law must rest its authority ultimately upon the authority of that law which is Divine. ... Far from being rivals or enemies, religion and law are twin sisters, friends, and mutual assistants. Indeed, these two sciences run into each other." ★ James Wilson: Original Justice on the U.S. Supreme Court

SUPREME COURT RULINGS

"There is no dissonance in these [legal] declarations. ... These are not individual sayings, declarations of private persons: they are organic [legal, governmental] utterances; they speak the voice of the entire people. ... These, and many other matters which might be noticed, add a volume of unofficial declarations to the mass of organic utterances that this is a Christian nation." ★ Church of the Holy Trinity v. U.S., 1892 (Unanimous Decision Declaring America a Christian Nation) Significantly, the U.S. Supreme Court cited dozens of court rulings and legal documents as precedents to arrive at this ruling; but in 1962, when the Supreme Court struck down voluntary prayer in schools, it did so without using any such precedent.

Testament, without note or comment, be read and taught as a divine revelation in [schools] – its general precepts expounded, its evidences explained and its glorious principles of morality inculcated? ... Where can the purest principles of morality be learned so clearly or so perfectly as from the New Testament?" ★ VIDAL V. GIRARD'S EXECUTORS, 1844 (UNANIMOUS DECISION COMMENDING AND ENCOURAGING

"Why may not the Bible, and especially the New

CONGRESS

THE USE OF THE BIBLE IN

GOVERNMENT-RUN SCHOOLS)

"We are a Christian people...not because the law demands it, not to gain exclusive benefits or to avoid legal disabilities, but from choice and education; and in a land thus universally Christian, what is to be expected, what desired, but that we shall pay due regard to Christianity?" * SENATE JUDICIARY COMMITTEE REPORT, JANUARY 19, 1853

EDUCATION

"Let every student be plainly instructed and earnestly pressed to consider well the main end of his life and studies is to know God and Jesus Christ which is eternal life (John 17:3) and therefore to lay Christ in the bottom as the only foundation of all sound knowledge and learning. And seeing the Lord only giveth wisdom, let every one seriously set himself by prayer in secret to seek it of Him (Proverbs 2, 3). Every one shall so exercise himself in reading the Scriptures twice a day that he shall be ready to give such an account of his proficiency therein." ★ HARVARD 1636 STUDENT GUIDELINES

FOREIGN OPINION

"The Americans combine the notions of Christianity and of liberty so intimately in their minds that it is impossible to make them conceive the one without the other." ★ ALEXIS DE TOCQUEVILLE: FRENCH OBSERVER OF AMERICA IN 1831, AUTHOR OF DEMOCRACY IN AMERICA

"There is no country in which the people are so religious as in the United States. ... The great number of religious societies existing in the United States is truly surprising: there are some of them for everything; for instance, societies to distribute the Bible; to distribute tracts; to encourage religious journals; to convert, civilize,

educate...to take care of their widows and orphans; to preach, extend, purify, preserve, reform the faith; to build chapels, endow congregations, support seminaries...to establish Sunday schools...to prevent drunkenness, etc."

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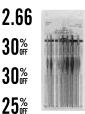
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foreign and domestic. I don't believe that being retired relieves me of that responsibility. The domestic enemiesincluding some who are in the three branches of our government-are destroying our nation. Some are simply motivated by greed and the desire for power. There are some, however, who actually want to see this nation, under the control of world government. The harm is the same no

 $My\ Turn, \ {\it by\ Major\ Euell\ White,\ U.S.\ Army,\ (retired)}$

When I was commissioned a second lieutenant I took an

Those Who Love Our Nation...

oath to defend the Constitution against all of its enemies,

matter the motive. Through ignorance of the meaning of our Constitution, or the deliberate misinterpretation of it of its meaning, some of our judges and legislators are working to allow the evil system of Islam's sharia law become part of the law of the land in our nation. Sharia law denies the constitutional rights of women and allows violence against them by male

family members. Political correctness and denial of the reality of the intent of those who are planning for our destruction is taking us down a slippery slope. The so-called American Civil Liberties Union (ACLU), People for the American Way, Freedom From Religion Foundation and other organizations are being allowed to make de facto law, limiting the freedom of speech and religion by twisting the meaning of the Constitution and bullying institutions with

threats of lawsuits. God has been expelled from the schools and history is being revised to deny the Christian influence in the founding of this great nation. Historical revision has done immeasurable damage to our society. In many of the schools children are being taught that this nation was founded by atheists, agnostics and deists. But that is a lie. The Continental Congress formed the American Bible Society and immediately after creating the declaration of independence voted to purchase and import 20,000 copies of Scripture for the people. Patrick Henry, the firebrand of the American Revolution, wrote: "It cannot be emphasized too strongly or too often that this great nation was founded not by religionists, but by Christians; not on religion, but on the Gospel of Jesus Christ. For that reason alone people of other faiths have been afforded freedom of worship here." In 1782 the United States Congress voted this resolution: "The Congress of the United States recommends and approves the holy Bible for use in all

In recent history the Supreme Court has ruled that Bible reading in the public schools is unconstitutional. It has banned prayer in public schools, and legalized the murder of innocent children. It has outlawed the 10 Commandments in our public schools, giving this explanation for the ruling: "If the posted copies of the 10 Commandments were to have any effect at all it would be to induce schoolchildren to read them and if they read they read them meditation meditate upon them and perhaps venerated them and observed them this is not a permissible objective." The Supreme Court of the United States declared that children venerating and observing the 10 Commandments is not permissible objective. In the last two presidential elections the citizens of this nation, assisted by illegal aliens, have elected a man for president who does not love this nation. A man who has shown repeatedly that he favors both communism and radical Islam over our form of government.

In November the Democrat that is most likely to run for his replacement is no better. Those who love our nation must not let that person be elected.

euellwhite@bellsouth.net

• FLORENCE: Florence Boulevard & N. Patton Street (256) 768-0185



Commentary

Name Befits Her Ascent to the Top

omen's basketball would not claim me among its avid fans. It was a rudimentary product when I was growing up in the 70's. No one gave it attention. It was just one of the Title IX opportunities that gave women another sport in which

In A

FeVV

Words

TOM MAGAZZU

Editor

to compete. Few people had a vision for women's sports. Many local females were fortunate to play for Noona Kinnard as she developed stellar programs during the 70's and 80's at

Bradshaw High in Florence.
On a much larger scale, a 22 year old UT-Martin graduate named Pat Head quietly took the reigns of Tennessee's women's basketball program in 1974. Her salary was \$250/ month. Her office was the size of a closet. And women's basketball was about to change gears.

While catching some women's NCAA tournament games on TV one time in the early-mid 90's, I

remember my wife asking me, "Why are you watching girls' basketball?" My response was reactionary. "I'm not, I'm watching Tennessee basketball." Only afterward did I realize how stupid that was, and yet, how true. Pat Summitt not only made watching women's basketball tolerable, she made it enjoyable.

As she matured her quiet confidence was a pleasure to watch. That renowned stare could cut through the toughest players, coaches, and

See SUMMITT... on Page 31

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

Courier Journal



Athletes Dive In

Sunday morning July 10 just after sunrise, athletes from all over the southeast region will dive into the waters of the Tennessee River from the beach area at McFarland Park to compete in the third year of the Renaissance Man Olympic-Distance Triathlon.

The race features a scenic course showcasing the best of Florence as endurance athletes swim 1.5km/.9 miles

See TRAITHLON... on Page 17

RECREATION is currently taking registration for the Take the Stage Twirling Clinic at **Broadway Recreation Center** The clinic will be held for all

FLORENCE PARKS AND

skill levels and is July 11-13 from 9am-1pm. Cost for the Clinic is \$60. Instructor is Mary Anne Spears. Register by calling 256-366-1918 or takethestage@comcast.net.

A FISH AND CHICKEN SUPPER AND SILENT

AUCTION benefiting the Riverton Rose Trail Volunteer Fire Department takes place Saturday, July 9 from 4:30-7pm at the Colbert County Park Pavilion located nine and a half miles off Hwy 72 in Alabama. Follow signs from the highway. Eat In or Carry Out Plates are \$9 each and

includes a drink and dessert.

TUSCUMBIA WELCOMES

BoomTown

TUSCUMBIA-The Alabama Music Hall of Fame will host the bluegrass band BoomTown for a special two-show indoor concert July 9 at the Alabama Music Hall of Fame on Hwy 72 in

This special concert will open with a special performance by Wildcat Ridge of

See BOOMTOWN... on Page 32



The Return Addresses 'Three Strikes'

FLORENCE-The Documentary Screening and Discussion of *The Return* takes place Tuesday, July 12 at 6pm at Florence-Lauderdale Public Library.

California amended its Three

Strikes law in 2012, one of the harshest criminal sentencing policies in the country. The passage of Prop. 36 marked the first time in U.S. history that citizens voted to shorten sentences of those currently

incarcerated. Within days, the reintegration of thousands of "lifers" was underway.

The Return examines this unprecedented reform through

See RETURN... on Page 32

DAY BY DAY, GRIEF

SUPPORT for Bereaved Parents/Grandparents Meets Sunday, July 10 at 2pm at Woodmont Baptist east campus in Florence. The group will talk about ways to give ourselves permission to grieve. For more information, send your email address to anita.watkins@comcast.net. Everyone is welcome.

HENDRIX CHAPEL CHURCH OF CHRIST will

host Vacation Bible School for kids and adults July 10-13

each night at 7pm. Classes

for parents, grandparents, and all who are interested

in healthy spiritual growth.

Teens will be taught by Ben Gean, Ben Siegel, and Dustin Culberson. The adult classes

will be taught by Wayne Wood, Avery Dupuy, Chase Walters, and Nolan Burns. Everyone is

welcome. Come and bring the whole family. Hendrix Chapel is located at 13007 CR 8 in

Florence (1 mile west of the

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Dear Courier Journal:

Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest

or any topic of concern or interest. **Letters must** include name, address and phone number for **verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person 219 W. Tennessee St., Florence, AL 35630

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• FAX- 256-760-9618

YOUR

American voters agree money has too much influence in our democracy

and are eager to hear candidates debate bold solutions. Voters need to know where candidates stand reforming on our democracy so every voice is heard. A democracy does not work when special interest money drowns out the voices of everyday Americans.

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candidates to tell us where they stand on the Fight Big Money agenda, a platform endorsed by over a dozen organizations committed to restoring balance to our democracy. The agenda urges candidates to explain their stances

on specific policy reforms, including creating a small-donor citizen-funded Source is an Athiest election program, protecting the right to vote, overturning disastrous Supreme Court decisions like Citizens United, ensuring full disclosure of political contributions, and making sure our

finance campaign laws are strictly enforced.

These commonsense solutions supported by a wide majority Americans Democrats, Republicans, Independents. encourage Let's candidates let voters know

where they stand on these important issues at www. WhoWillFightBigMoney.org.

Marilyn Lee Florence

Editor:

In response to Brandy Heathcock's letter (*She Was Indoctrinated*) in the June 29 Courier Journal in which she charged that the belief that this was founded as a Christian nation is erroneous opinion, here are some quotes from some of our nation's founders.

In his speech to the House of Burgesses in May 1765, Patrick Henry said, "It cannot be emphasized too clearly and too often that this nation was founded, not by religionists, but by Christians; not on religion, but on the gospel of Jesus Christ. For this very reason, peoples of other faiths have been afforded asylum, prosperity and freedom of worship here.

John Adams, our second President, said, "It is religion and morality alone which can establish the principles upon which freedom can securely stand.

See LETTERS... on Page 33

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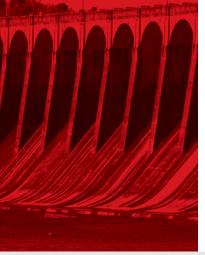
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addition problem. The same letters get the same digits.





Illustrated by **David Coulson**



ascending order, beginning with OSTRICHES. 1. Large, flightless African birds.

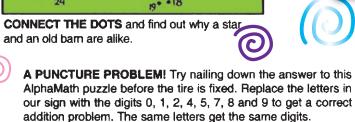
way up, so that the remaining let-

following helpful hints are in

Iters, at each level, spell out a new word. You have three minutes. The

PYRAMID OF WORD POWER You won't solve this one by sticking your head in the sand. Starting with the given word OSTRICHES at the bottom of our pyramid, try dropping one letter at a time as you work your

- 2. Most resembling a thoroughbred.
- 3. Found in libraries.
- 4. A female relative.
- 5. Rows in a stadium.
- 6. A building's location.
- 7. Part of railroad tracks.
- 8. A player in the game of tag.
- 9. Symbol for iodine.



DON'T GET TURNED OFF BY THIS ONE! In this puzzle, ail of the words get progressively longer, and they all start with OFF. Some hints are:

- 1. OFF (in place).
- 3. To present for consideration. 4. Out of pitch.
- 5. Transfer data.
- 2. Goes away from.
- Behind the scenes.

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Triathlon...

Continued from Page 14

in the Tennessee River, Bike a 40 km/25 mile loop up Savannah Highway and back down Gunwaleford Road, then finish it off with running a 10km/6.2 miles through the heart of downtown Florence and UNA's campus.

This is the second year that the event has been selected as the USAT Southeast Regional Special Qualifier for the Olympic-Distance. Athletes that qualify at this event get to move on to the 2016 USA Triathlon Olympic-Distance National Championships in Omaha, Nebraska on August 13. It is an honor to host this special qualifier for the second consecutive year!

The Renaissance Man Triathlon was created by husband and wife team, Bradley and Jordyn Dean, in 2012 to help create a Renaissance in The Shoals through athletic endurance, creative thinking, philanthropy, and a community minded spirit. Bradley participated in triathlons throughout the Southeast and always came back to Florence questioning why the Shoals didn't have one. It became their mission to use their marketing and event production skills to bring the Olympic-Distance triathlon to life.

event This was established in part as a way of giving back to the community. The charity partner this year is the 610 Project, a Shoals-based nonprofit dedicated to sustainable success of developing Haitian communities. The mission of the 610 Project is to empower the Haitian people through education, vocational training, and efforts microenterprise in such a way that these communities will begin to thrive and provide for their own people and needs.

As the event approaches

this weekend, the community is encouraged to support these athletes by volunteering along the routes and helping keep them safe on the roadways. If you are interested in volunteering please visit http://vols.pt/hDVACq and sign up for a spot today!

It's not too late to register! If you don't feel like you can complete the entire race on your own you can also sign up with a friend or two as a relay team, or participate in the Aquabike or Cyclorun.

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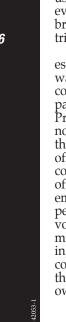
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Skills...

Continued from Page 1

medal (3rd place in the nation) in Job Skill Open Demonstration (Cosmetology)

According to NW-SCC Associate Dean of Workforce Development, Rose Jones, NW-SCC career technical students made history last week. "This is the first time we have had multiple medalists at the national SkillsUSA competition," stated Jones.
"We have been among the best in the state in cosmetology and carpentry for several years, but I think this shows that many of our career technical programs are in the discussion with the best in the nation. I want to express how proud I am of our instructors and students. To me they are the best in the nation."

Carpentry NW-SCC instructor, Titus Grisham, had the opportunity to teach and train two national medalists over the past year, and he knows how rare a feat this is for a program. "There are a lot of tremendous carpentry instructors that never get the opportunity to experience training one national medalist. To be able to have two of them in class is something special," said Grisham. "I think one way we are able to help our students is by sharing the first-hand experience that Jessie (White) and I have had at state and national competitions. In Jesse was in their shoes. He won a silver medal for the college and can really help them with the mental preparation it takes to be successful on this stage."

Other than Hutcheson, Howard, and Ezell, NW-SCC had one other student place in the top ten at the 2016 National SkillsUSA competition: Rebecca Borden of Florence placed 10th in Cosmetology - Job Skill Demonstration A).

SkillsUSA NW-SCC sponsors are: Salon and Spa Management - Melinda Grissom and Callie Bankston; Cabinetmaking/ Carpentry - Titus Grisham and Jessie White.

SkillsUSA 2015 The National Championships placed over 6,000 outstanding career and education technical students against each other in elite hands on competition in 100 different technical, leadership fields.

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WORLD FOR LESS

Over the years, I've collected various frugal recipes from different cultures. I look for recipes that would have been common for their poorer people. Often they're very tasty. My family loves the variety, and I like the fact that my grocery budget gets some relief! Gracie

CLEANING VERTI-CAL BLINDS

The pale beige, fabric vertical blinds on my sliding glass door had developed yellow greasy-looking spots and I was wondering what I could do other than take down and clean one strip at a time. I sprayed the spots with hydrogen peroxide and the yellow spots disappeared after a couple of days with no discoloration. Even the black adhesive carelessly gotten on in a few places by the men re-placing the vinyl floor faded almost completely away. Just to be careful you might want to try a hidden spot before treating the whole

Carolyn A.

CHECKING FOR WASTE

My family thinks I'm crazy, but once every few months, I take a good look at our trash. When I first looked, it was a revelation. We threw out way more food than I thought, and the all the fast food wrappers reminded me of how often we used the drive thru. To me, it's an easy reminder of places that we be throwing away money.

Susie places that we're literally

SUMMER HAIR

Love to swim in the summer? I do. I'm at the beach or in the pool almost every day. But, that's hard on my hair. Now, I bring hair conditioner with me in my beach bag. No one notices that I have conditioner in my hair. Everyone's hair looks wet at the beach! I use the cheapest conditioner I can find and my hair survives the summer looking

Норе

SPECIAL BIRTHDAY

What do you get for your mom's 70th birthday when she says she doesn't need anything? You give

her something I call a "Birthday Book." I googled the date of her birth for any notable events and printed out any articles I found on those events. I also searched for any product images that would have been popular then. I organized the sheets into a red (her favorite color) folder and did a cover in calligraphy. All it cost me was a little time, and mom was thrilled with it.

Diana

COSTLY MOVE

If you're moving long distance and paying for your own move, you need to know this trick. Sometimes you can ship stuff via UPS, FedEx, or even the post office for less than the mover would charge. Last time we moved, UPS charged less per pound than the mover. Therefore, anything that could be easily boxed up and wasn't breakable went UPS. I borrowed a friend's pickup and took it to the shipper the day before we moved. By the time it was delivered days later, we were already at our new address. It didn't save a lot, but given how expensive that move was, we needed to save every dollar we could.

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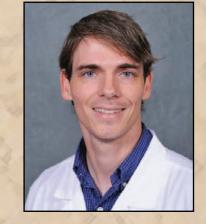
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Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

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Medicare Minute

"4 Parts of Medicare"

Did you know there were four parts to Medicare, not two? Did you know that two of the parts you can get through the federal government but the other two parts, if you choose to take them, must be purchased through private insurance companies? Finally, did you know most people have an option as to whether to sign up for three of the four parts of Medicare? To some these are very simple questions but to others they can be very confusing.

The four parts of Medicare are labeled Part A, Part B, Part C and Part D. Over the next few weeks we will discuss each of the four parts in detail but for today let's simplify things by saying that Part A is your inpatient or hospital care, Part B covers your outpatient services, Part C is called Medicare Advantage and Part D is your prescription drug plan.

The two parts of Medicare that you receive through the federal government are Parts A & B. The two parts that can purchased through private insurance companies are Parts C & D. So which parts are optional for most people? That would be Parts B, C and D.

It's very important for the Medicare beneficiary to be familiar with each of the four parts of Medicare and what they cover. Here are some ways you can do that. First you can go to Medicare.gov. This is an excellent website that will tell you everything you want to know about Medicare. You can also refer to the "Medicare and You" handbook. Another way to learn about the basics of Medicare is to attend one of the Medicare Education Classes our company conducts. They are free of charge and open to the public. Just contact our office for times and dates. Of course you can also check out the "Medicare Minute" each week in the Courier Journal!!

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-284-7249), stop by our office at 879 Florence Blvd (Four Lane Shopping Center), or email me at ikey@



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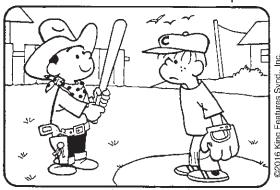
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Hope Displayed

colorful art form on our coffee table. That's what happens when you have a child who went to art school for college. Our home is sprinkled with his original pieces (which makes us look interesting). Recently, I did away with the last piece of machined furniture store wall art in our house. I count this as a blessing that I can finally afford to retire my husband's bachelor pieces and display local artists' and our son's, Randall's, work

We have a very lively, throughout the house. My favorite is the one on our coffee table. As a sophomore at SCAD

(Savannah College of Art and Design), Randall was required to take 3-D Design. In that class, he made a hybrid creature out of foam board, a fivefoot wire frame eel, some other things and "Chris", an anthropomorphic stack of shape toys. Chris is about 18 inches long. Chris is brought to life by color and basic human features. He is made of clay. Chris is a yellow sphere connected to a red cone that touches a blue block lying on the table with rolled white arms and legs. His knees are bent and one of his elongated oval feet is perched atop a smaller block which is a hand-fashioned red die with white dots. One of Chris's arms lies folded, elbow out, while his hand is behind his head. The other arm is totally outstretched with his finger pointing straight to the sky. Chris sees something – that's why I call him, "Chris in the Clouds".

Chris embodies a great number of human attributes, but the most prominent one is imagination. His finger is pointing to things that only he can see. What do you see in the clouds? Have you ever sprawled in the grass with anyone and played that game? It's difficult to see what other people see. It's much easier to see what you, yourself, see in the clouds. It's great that each of us have different imaginations. That makes the world so great. It's fabulous that you can create and that I can create. Imagination comes out of innocence, peace and knowledge. Imagination progressing.

has a big, 3-D smile that is meticulously chiseled. His wide eyes with Pacman shaped pupils and his flat white teeth in an open maroon-shadowed mouth that seems to be saying something are bright with optimism. Chris is excited

"Čhris in the Clouds"

about what he is seeing or what he thinks he is seeing. He is having fun and only seeing good things. Chris reminds me of my mom, of my children and of myself – looking for the best in things. One of my co-workers once described me jokingly as the one that "lives in a land of rainbows and butterflies". Well, there is nothing wrong

'Chris in the Clouds" Did I mention that Chris is a kid? I know this because he is accompanied by his trusty yellow pull-toy dog, who is basically a thick hot dog shape with half a hot dog shape stacked on top for his head. Chris's dog has flat brown ears and a small pointed brown tail. Resembling a 50's toy, he stands upright on four red wheels and has a drawn on face. Chris's dog, his optimism and imagination point to his youth. This

statue morphs into vitality

by the hope he displays. My

son dislikes when I analyze

his work, but this one is

easy. Chris personifies hope.

"Chris in the Clouds" has

the kind of hope that I want

to keep.

comments Email suggestions to CatnKids1@ gmail.com





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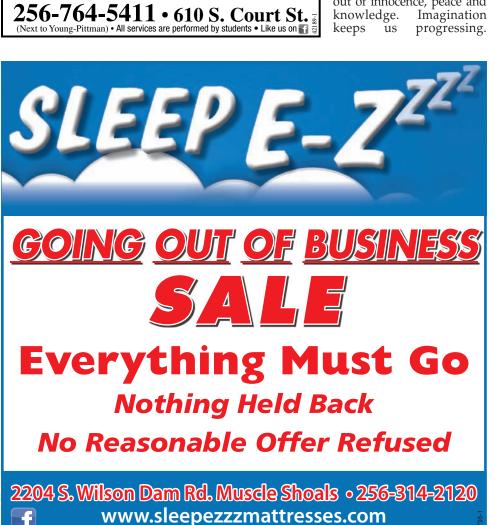
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Summitt...

Continued from Page 14

game officials. She was a master motivator, teacher, and life-long friend to those with whom she had extensive contact.

Sports fans know all about the unparalleled influence she had on basketball women's as coach of the Lady Vols until 2012. Summitt was the national coach of the year seven times, made 18 Final Four appearances, and won eight national championships. She was a National Basketball Hall of Fame inductee in 2000 and a Presidential Medal of Freedom recipient in 2012.

Possibly the most telling statistic about her on and off-the-court success is that since the Women's NCAA Tournament began in 1982, every four-year player for Summitt earned her degree and made it to the NCAA Tournament's Elite Eight round at least one time.

Tennessee was the queen of the college basketball mountain when Summitt agreed to schedule Connecticut in the mid-90's. It wasn't beneficial for the Volunteers, but it was beneficial for women's basketball. That UT rivalry with UConn for 15 years is still unparalleled in women's athletics.

The term 'institution' doesn't really do her justice. Any young woman of the past two generations who has picked up a basketball with more than a passing fancy has to be saddened by Summitt's premature death at age 64. She positively influenced so many young people, especially women, tens of thousands of whom she never met.

Some male coaches have and will win more games than UCLA legend, John Wooden, however his name stands alone in men's college basketball.

The same can be said for Pat Summit in the women's game - several times over.

It's nice that the of Tennessee University dedicated the playing surface at Knoxville's Thompson-Boling arena and erected a monument and plaza outside the arena to Summitt in recent However, let's be serious here. Appreciation for the late benefactor B. Ray Thompson and former university president Boling Edward notwithstanding, the arena erected in 1987 deserves to include the name Summitt.

An even more appropriate gesture would be naming the award that honors the Women's College Basketball Player of the Year in Summitt's memory.

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BoomTown

Continued from Page 14

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BoomTown's members have been a part of the bluegrass scene for decades. Their sound includes a mix of traditional and progressive bluegrass styles that have won competitions such as the 2015 Loretta Lynn Pickin' Jamboree. Prior to forming BoomTown group members have played with bands and artists such as Josh Graves, Farmhand Quartet, Canaan's Crossing, Barefoot Nellie

and Company, and Clear Creek.

The concert starts at 4pm with a second performance at 7:30pm for extra capacity. Doors open 30 minutes prior to each show. Tickets are \$15 and can be bought via Ticketleap at Amhof. ticketleap.com/boomtown or at the Alabama Music Hall of Fame.

Return...

Continued from Page 14

the eyes of freed prisoners, families, reentry providers, and attorneys/judges wrestling with untested law.

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NAME THAT BREED

Shelter workers often misidentify dogs as "pit bulls," study finds

By **Kim Campbell Thornton** Universal Uclick

ould you pick out a pit bull from a lineup? You might think so, but there's a good chance you'd be wrong. Even experts have problems when it comes to labeling a particular breed or mix. That's bad news for dogs who are misidentified, especially if they are in communities with breed-specific legislation — laws that ban certain types of dogs.

To test the accuracy of shelter dog identification, University of Florida researchers went to four shelters and asked a total of 16 shelter staff members with at least three years of experience, including four veterinarians, to look at 120 dogs (30 at each shelter). Their task? To identify the dogs' breed or mix based solely on appearance. The researchers then took blood samples from the dogs, developed DNA profiles for each animal and compared the DNA findings against the staff's initial assessments.

The results, published in the November 2015 issue of The Veterinary Journal, found that dogs with DNA of breeds often considered to be pit bulls (such as American Staffordshire terriers and Staffordshire bull terriers) were identified only 33 to 75 percent of the time. Dogs with no genetic evidence linking them to pit bull-type dogs were labeled as pit bulls from 0 to 48 percent of the time. Veterinarians were no better at identifying a dog's breed

than other shelter staff.

Misidentification can seriously affect a dog's chances at adoption, or even end his life. That's because more than 700 communities, including Denver and Miami, have passed breed-specific legislation (BSL) aimed at restricting ownership of certain breeds.

The restrictions are based on assumptions that those breeds are inherently dangerous, that such dogs can be reliably identified and that the restrictions will improve public safety, the study states. In most instances, the laws target "pit bulls," a term that can refer to several breeds — usually American pit bull terriers, American Staffordshire terriers, bull terriers and Staffordshire bull terriers — as well as mixed breeds that have a particular appearance: blocky head and stocky body.

"Identification of dogs as pit bulls can trigger an array of negative consequences, from the loss of housing to being seized by animal control to the taking of the dog's life," says Julie Levy, DVM, Ph.D., the study's lead author and a professor of shelter medicine at the University of Florida College of Veterinary Medicine in Gainesville. "In the high-stakes world of animal shelters, a dog's life might depend on a potential adopter's momentary glimpse and assumptions about its suitability as a pet. If the shelter staff has labeled the dog as a pit bull, its chances for adoption automatically go down in many shelters."

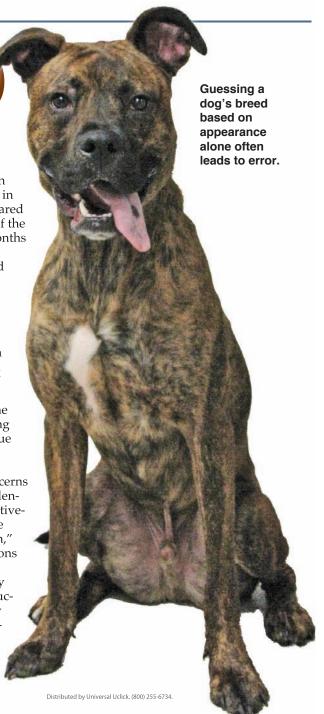
Niko's case is a good example of what

can go wrong. He was seized in 2007 by animal control officers in Kansas City, Kansas, who declared he was a pit bull, in violation of the city's ban. Niko spent eight months in a kennel before a DNA test showed what owners Mike and Amy Johnson had claimed all along: He was a Boxer mix.

More than 15 years ago, the Centers for Disease Control recognized the problem with visual identification of dogs. In its study published in the Sept. 15, 2000, issue of the Journal of the AVMA, the authors noted the difficulty of determining the breed of a particular dog, saying that descriptions are often vague and rely on subjective visual observations.

"CDC continues to have concerns over the ability to accurately identify breeds of dogs and to effectively reduce dog bites through the use of breed-specific legislation," says CDC health communications specialist Courtney N. Lenard.

The conclusion? Public safety would be better served by reducing risk factors for dog bites by supervising children, recognizing canine body language, avoiding unfamiliar dogs in their territory, neutering dogs and socializing puppies, Levy says.



Letters...

Source is an **Athiest**

Continued from Page 14

Thomas Jefferson, our third President, said, "We all agree in the obligation of the moral precepts of Jesus and nowhere will they be found delivered in greater purity than in his discourses.

James McHenry, signer of the Constitution and Secretary of War, said, "The Holy Scriptures can alone secure to society, order and peace, and to our courts of justice and constitutions of government, purity, stability, and usefulness. In vain, without the Bible, we increase penal laws and draw entrenchments (defenses) around our institutions. Bibles entrenchments strong (protections). Where they abound, men cannot pursue wicked courses."

Washington, George our first President, said, "Reason and experience both forbid us to expect that national morality can prevail in exclusion of religious principle. Purity of morals is the only sure foundation of public happiness in any country... public True religion affords to government its surest support... Religion and morality are the essential pillars of civil society.'

Charles Carroll, signer Declaration The Independence, said: "Without morals a republic cannot subsist any length of time; they therefore who are decrying the Christian religion whose morality is so sublime and pure...are undermining the solid foundation of morals, the best security for the duration of free governments'

These are only a few of the many quotes from the founders of this nation. Ms. Heathcock's source for her beliefs is an atheist who is working to deny the rights of our military personnel to practice their Christian

Euell White Florence

Devils Believe. but Don't Listen

Editor:

Regarding Floyd Price's letter of June 1, (Is Jesus Not Being Specific?) I maintain baptism is essential for salvation. Christ commanded it. Many examples in Acts reveal salvation's baptism as mode

Price said Jesus "did not need to be baptized," but Iesus said He must do so <u>"to fulfill all_righteousness"</u> [Mt. 3:13-17]. Jesus would never require of us anything He was unwilling to do Himself, so He was immersed in water. The difference? Our baptism is "to wash away sins" [Acts 22:16], but Jesus had none to remove. His exemplary

baptism demonstrated how to be baptized-not with sprinkling or pouring-but with immersion.

Those not baptized [not born again of water and the spirit] cannot enter God's kingdom [Jn. 3:1-5].

comment Price's regarding Jn. 14:6 missed the point. Jesus is the door. We go through Him to get to the Father. Baptism is how

we get inside Christ [Gal. 3:27; Rom. 6:1-11].

1 Pet. 3:21 proves baptism saves us. It doesn't remove bodily filth, but clears the conscience.

Those referenced in Acts 10:44-48 were commanded to be baptized in the Lord's name because baptism was required for salvation. No double standard here. God saves those who believe and are baptized, but damns those who don't. If you delay baptism and die, you waited too long to obey God. That's not God's fault, because God is longsuffering [2 Pet.

Like 1 + 1 = 2, Jesustaught that Belief + Baptism = Salvation [Mk. 16:15-16]. Faith alone won't save. The devils believe [and tremble], and faith without works James 2:14-26]. is dead, being alone. [See

Pentecost interrupted, crying, "Men and brethren, what must we do?" Peter told them to repent and be baptized for remission of sins [Acts 2:38]. This matches 1 Peter [teaching baptism saves us] and Acts 22:16 [indicating baptism washes away sins].

Price's letter failed to connect baptism and Christ's blood. Christ shed His blood in his death. A soldier spear-pierced Christ's side at His crucifixion. Immediately blood and water poured out [Jn. 19:34]. We contact Christ's blood in the water when baptized into His death [Rom. 6:3].

Baptism references abound in concordances. Study of them proves sinners must BELIEVE and

be BAPTIZED to be saved. Price found four specific N.T. references indicating that baptism is necessary for salvation. Why then does he conclude that baptism is not necessary for salvation? Remember: Devils believe; they just don't do what God

Kevin Dillon Florence

SELL IT by Next Week!

See Page 6



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- Dryer vent
- · Bird/Animal problem?





Kevin.

THE BOLD AND THE Laura becomes more reliant on **BEAUTIFUL** When Thomas told the other party guests about Brooke's reason for not attending, speculation ensued. Following her tense interaction with Bill, Katie broke an important promise to her family. Thomas was relentless about getting Steffy to ad-mit that she was still in love with Liam. Bill and Brooke shared a difference of opinion regarding whether or not they should tell Katie about their feelings for one another. Wyatt paid his mom a visit to make sure she was staying away from Steffy. Brooke and Katie had a heated argument, unleashing years of resentment toward one another. Wait to See: A husband com-

mits the ultimate betrayal.

DAYS OF OUR LIVES Theresa revealed to Brady that she fell asleep. Victor did his best to comfort Maggie, who was distraught over Summer. Kayla admitted to Steve that she still wasn't ready to move forward with him. Jade tearfully told Joey that her parents wanted nothing to do with her. Chloe revealed to Philip that Deimos was returning to Salem. Shawn was concerned that his re-lationship with Belle was at a standstill. Nicole asked Chloe if she was interested in Deimos. Chad still didn't trust Andre but pretended to be on his side. Chad had a conversation with "Stefano." Wait to See: Andre or-

chestrates a secret plan.
GENERAL HOSPITAL Laura wondered about Spencer's odd phone conversation. Maxie bonded with a job candidate at Crimson. Kiki and Morgan shared a close moment. Liz voiced her belief in Franco's innocence. Jason had some bad news. Anna urged Alexis to be careful. Nathan was shocked by what he found. Maxie questioned Griffin about the challenges of the priesthood. Son-ny was frustrated because he was forced to leave Julian's fate in someone else's hands. Meanwhile, Julian was getting increasingly suspicious. Maxie learned the truth about CJ's true identity. Kristina whispered the wrong name at the wrong time. Wait to See:

THE YOUNG AND THE RESTLESS Meanwhile, Nick visited Victoria and told her they needed to go to Adam's trial as a united front. Christine and Paul were surprised to see Nikki in the courtroom. Nick told his sister that he wouldn't be shocked if it turned out their father framed Adam. Sharon admitted to Mariah that she went off her meds because her nightmares were getting worse. Nick asked Luca not to mention the trip he took overseas to investigate the oil spill. Jack was defensive when Billy quizzed him on his relationship with Phyllis. Hilary shunned Devon as she waited to see if Dr. Neville's treatment was working. Wait to See: Victor's accomplice surfaces in Genoa City.

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andall on eal Estate

News & Tips on the Shoals Market

ALL IN on the **Selling Side**

Are you in a relationship with a Realtor right now? If you are using an agent to sell your home, or to buy a new home, you are. As with any relationship, the level of commitment can vary greatly. After 15-plus years in the business, I can tell you this: you and your agent should both be "all in". This means different things, depending on whether you're on the selling side or the buying side of the transaction. Let's talk about the selling side.

When selling your home, the end goal is to get the most money for the home while spending the least time on the market. Being "all in" means that both you and your Realtor are committed to making that he was the selling that the selling state. that happen. Commitment on your Realtor's part is shown in ways like taking numerous, quality photos of your home and using those photos to advertise it. Your home should have a significant online presence, because that's the number one way that people look for homes these days. A committed agent will take detailed notes and use those to write an inviting description of the property.

A committed agent will also give you advice on things you can do to show your home at its very best. It can be really uncomfortable to point out negative aspects of someone's property to them. It's far easier to stick a sign in the yard and hope for the best, but that's not commitment. Commitment is willingness to point out things that a homeowner can do that will increase their chances to sell. It can be anything from a really deep cleaning, to de-cluttering, to maintenance issues. Believe me, buyers notice. And it matters.

Which leads me to the other side of the relationship. Commitment on behalf of the seller means taking that advice graciously, and doing everything you can to make it happen. If you are not in a position financially to make any repairs, it's important that you let your agent know up front. Otherwise, be committed to making every showing the absolute best it can be. It's also imperative that you let your home be shown any time (within reason) someone wants to make an appointment. Your agent can't do these things for you, and putting them off could mean letting "your buyer" pass you by. A short period of deep commitment beats a lengthy, half-hearted effort, every time.

Next time, we'll look at what commitment looks

like on the buyer side. - mr

Please feel free to send your questions.

Rest assured I will only use your first name when I answer your questions. Email to: questions@mikerandallhomes.com or mail to:

Questions for Mike Randall Coldwell Banker Pinnacle Properties 2093 Florence Blvd, Florence, AL 35630

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Continued from the previous page.

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\$4 Classifieds! See Page 6



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Saturday-Tuesday July 23 - 26

Public Sale July 30 - August 13

1518 Florence Blvd. • Florence (beside the neighborhood Walmart)

CTI SATURDAY, JULY 9th • 10:00 AM

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Partial list of personal property to be sold: 2004 Chevrolet Impala (9,000 miles), Curio Cabinet, Duncan Phyfe Dining Table, 1950s dining table, Cedar Hope Chest, 3 piece waterfall bedroom suite, 2 piece bedroom suite, costume jewelry, rare salt & pepper collection, coffee table, end tables, 1960s floor lamp, churn, old wood cabinet, metal stool, lamps, sofa, antique rocking chair, Pyrex, refrigerator dishes, arm chairs, washer, dryer, microwave, refrigerator, upright freezer, figurines, push lawnmower, assorted dishes, hand tools, shop tools, vard tools, antique radio, much, much more to be sold!!!

DIRECTIONS: From 2nd Street in Sheffield, turn onto 14th Ave. beside the Sheffield Fire Department and go 1/2 mile to auction sute on the right.

TERMS: Real Estate: 10% down day of auction with remainder due within 30 days. Purchaser to pay all closing costs including the deed preparation, the title search fee, the owners title insurance policy & the closing agent fee. Personal property: Cash or good check day of auction. A ten percent buyers premium will be used on both the real estate & the personal

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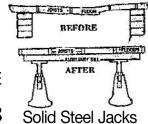


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by DAVE RAMSEY

NO MORE GUILT TRIPS!

Dear Dave,

My parents left their six-figure jobs to enter the ministry when I was in high school. That was 10 years ago, and my mom still regularly asks me to share my money with them. I don't mind helping So am I. People like us get our relaxation and even fulfillment the requests and their bad financial decisions. Mu mom also to to make me feel bad sometimes if I can't afford to give them as much as they want. She constantly ref-erences their calling, and that I should want to help with that. How can I stop this pattern?

Renee

Dear Renee,

tion for anyone involved. By consistently giving or loaning your parents money, you've lost respect for them in the process. The relationship has become strained, and that's a tough thing for anyone to deal with agent for guilt trips. It seems God. That's toxic.

named Paul who made tents while he conducted his ministry. I'm paraphrasing, of course, but his line was something like, "If you don't work, you don't eat." He had a job, remember? So, suggesting that someone Dave Ramsey is America's work outside the ministry trusted voice on money and busiwhile trying to do God's work isn't mean or unfair.

No one should do this to their child, and it's going to be The Dave Ramsey Show is hard to unravel it all and turn heard by more than 8.5 million lisit into a respectable situation. teners each week on more than 550 I hope everyone will consider radio stations. Dave's latest projsitting down with a mature ect, EveryDollar, provides a free third party, and developing a online budget tool. Follow Dave on situation where you're no lon-ger giving or lending them the web at daveramsey.com. money.

In the meantime, read a book called Boundaries by Dr. Henry Cloud. After that and some objective intervention, I think this situation will become a lot healthier for everyone.

–Dave

FINDING THE RIGHT MOTI-VATION

Dear Dave,

My husband and I make \$180,000 a year combined, and we have a net worth of about \$1.6 million. We've been blessed financially, and lots of times motivated by a survival point of view, but what do you do when you're not motivated by that kind of thing anymore? How do you find and live out God's purpose for your life?

Dear Lisa,

Congratulations on your success! You guys really have been blessed, and it sounds like you've worked hard for your

If you've ever studied psychology a little bit, you may remember Maslow's hierarchy



of needs. Basically, once you get physiological and safety needs met, you feel a need to find other things to motivate you. It sounds like you're a

My suggestion would be to start thinking about ways you can serve and help other people or causes you care about. This could even mean becoming a stay-at-home mom for a while and really pouring into your kids, if you have them. If it's something else, that's okay This is not a healthy situation. How about this? You've obviously been thinking about this stuff for a while. Take a day all to yourself, away from everything and everybody, and bring along nothing but some food and drink, a bunch of notepads and pencils, and a — especially in a parent-child Bible. Open up your mind and situation. On top of all that, your heart to the things you your mom sounds like a travel care about and all the possibilities. You have to have a goal like she's working you over that is worthy in your mind, while implying it's all really for and you don't have that right

Going into the ministry is I can't tell you what your callan admirable thing. However, ing is, Lisa, but I can say this. I remember a guy in the Bible There's tons of joy and fulfillment to be found when you're working in a way to serve the people and things that matter most in your life!

–Dave

ness, and CEO of Ramsey Solutions. He has authored five New York Times best-selling books. The Dave Ramsey Show is Twitter at @DaveRamsey and on



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Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Tenant Name Address	Unit #	Stored Items
CELESTINE THOMPSON WEBSTER 162 Rose Dr., Apt A5 Florence, AL 35630	B70	Household Goods, Furniture & Boxes
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DEWEY IRONS 3410 Chisholm Rd., Apt 121 Florence, AL 35630	Household Goods	
MISTY GRAY 320 Co. Rd. 124 Florence, AL 35633	F30	Household Goods, Furniture & Boxes

REDLINE Your Ad! - See Page 6

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Community Notes...

Continued from page 4

Cloverdale Community Center **Breakfast** will be held on Saturday, July 9 from 6:30-9am. Cost is \$6 for adults and \$3 for children. Profits from the breakfast will go toward the upkeep of the center.

Food for Christ Saturday, July 9, 10:30-11:30am. for more information call,

Single Adult Ministry for Seniors (40 and above, non-denominational) get together Saturday, July 9 at 6pm at Cross Point Student Center for dinner and games. Please bring a covered dish.

Stewartville Church of Christ Homecoming Sunday, July 10. Jeff South guest speaker. Jamie Barrier will lead the singing. Bible class, 9am; Worship, 10am. Fellowship meal following Worship

Benefit Fish/Chicken Fry for Charles Casey Bentley, Sunday, July 10, :30am-1:30pm at Cornerstone Church of Christ, 12101 Hwy 20, Florence. \$10

per place, eat in or carry out. We will have a Cake Walk/Bake Sale For more information or to help with fish fry, please contact Romie Phillins

Charles & Casey Bentley are survivors from being shot by a family member. They have a lot of medical expenses.

NAMI Shoals Family Support **Group** for families with adults and/ or children who have brain disorders (mental illnesses) and NAMI Connection Recovery Support Group for people who have been diagnosed with a brain disorder and are in recovery meets Tuesday, July 12 at 7pm at the NAMI Shoals office, 749 Thompson St., Suite A, Florence.

Families helping families. Peers supporting each other. You are not alone. Need directions or more information, call 256-765-2081.

Vacation Bible School "Away We Go! Soaring to Bible Places" at Pine Hill Church of Christ Friday, July 15, 5:30pm cookout, 7-8:30 VBS and Saturday, July 16, 9am-1pm. All Ages. Singing, classes, snacks, activities, and more.

Church located at 1024 County Road 10, Waterloo. For more information call 256-415-1777.

The Shoals Chamber of Commerce is accepting applications for the 28th Leadership Shoals class through July

The general class size is 25-30 individuals and spans nine sessions from August to May. The \$800 per person cost of the program covers all meals, admissions to events, travel and lodging costs. Two overnight stays, one in September at Earle Trent Assembly and another in Montgomery in March, are part of the program.

Leadership Shoals is an opportunity to better understand and appreciate the Shoals community. Since it's inception over 25 years ago, Leadership Shoals has seen more than 500 businesses and community leaders go through this program. Leadership Shoals offers numerous opportunities to broaden perspectives and gain an increased understanding of community dynamics and public issues

Members are encouraged to complete a group project, as well as attend one city council meeting, take a police ride shift with an officer, and write a brief summation of each. Applicants must also

be a current Shoals Chamber member. Following the program, the Chamber holds a graduation ceremony for all participants that have met requirements. The application is found under the Chamber tab at shoalschamber.com. For additional information regarding this program, contact Chelsea Kauchick at ckauchick@shoalschamber.com or 256-764-4661.

Reynolds/Wise Can Plant Reunion will meet July 16, 2pm at Shoney's in Florence. To RSVP or for more info, please contact Sharon Allen 256-275-

Sons of Confederate Veterans, E. **A. O'Neal Camp No. 478 Meeting** at 6:30pm July 21 (every 3rd Thursday of the month) at Pope's Tavern & Museum, 203 Hermitage Drive in Florence. 256-

Bradshaw High School's 50 Year Celebration will be held on Saturday, July 23, from 3-6pm at Woodmont Baptist Church, East Campus. Open to everyone who attended the school. Walk-through of school, 4-5pm. Friday, July 22 with a Bradshaw section in Wilson Park at 7pm. Free. Head count needed. Email Bill Norvell at wknorv@gmail.com if planning on attendina.

Friends of the Killen Library Bookstore has cookbooks on sale for one-half off all through the month of June. Collectibles, most are first editions, sell for around \$3, some are just \$2. Signed copies sell for slightly more at \$4-5. Paperbacks are 50¢, magazines 25¢, hardbacks \$1, and DVD's and audio books are only \$2. We offer lots of fiction by popular authors, non-fiction in many categories, and a good selection of children's books. All proceeds go to the benefit of the library. The bookstore is open from 9-5 on Fridays and 9-1 on Saturdays. The bookstore has an allvolunteer staff and is located next door to the Killen Library on J C Mauldin Hwy in the Killen Town Hall Complex. Friends of the Library is a 501(c)(3) organization.

Kids & Teens Eat Free for the **Summer** - Ekklesia Ministries Summer Feeding Program - Monday-Friday

SHĔFFIEĽD 10-11:30am, Oakhill Apartment Complex

11am-12:30pm, Blake Apartments 12-1:30pm, Long Lowe Apartments 1-2:30pm, Manning Homes 12-1:30pm Threadgill

11am-12:15pm L.E. Willson 11:30am-12:15pm Sheffield High FLORENCE

11am-12:30pm, Florendale Apartment Complex

12-1:30pm, Hermitage Knolls Lunch and snack provided daily. Please come get a HOT nutritious meal

Is food a problem for you? Do you eat when you are not hungry? Do you binge, purge or restrict? Overeaters Anonymous Meeting Thursdays, 6pm, 505 N Seminary St, Florence. Contact person: Bill 256-335-2514. No dues, fees, diets, or weiah-ins,

Spring Park Rides Schedule

3pm-Dusk, Saturday. 11am-Dusk, Sunday: 1pm-Dusk

Last week of May until Second week of August

Monday thru Thursday: 11am-5pm, Friday: 11am-8pm, Saturday: 11am-8pm, Sunday: 1pm-8pm

Third week of August until last week of November

Saturday: 11am-Dusk, Sunday. 1pm-Dusk

December 1-24: Train and Carousel Only - Monday-Sunday 4-8pm

LifeSouth Blood Drives for July

ECM Center, 205 Marengo Street, Florence, 256-765-7038. The hours are: Monday-Friday, 9am-5pm; Saturday, 9am-3pm; Sunday, 1-5pm.

Keller Center, 1208 S Jackson Highway, Sheffield, 256-383-3535. The hours are: The hours are: Monday-Friday,

Tuesday, July 5, 11am - 5pm, Bentley Chevrolet, 1950 Florence Boulevard, Florence

Wednesday, July 6, 10am - 4pm, Lauderdale County Court House, 200 South Court Street, Florence

Fridav. July 8. Noon - 7pm. Walmart. 13675 Highway 43, Russellville

Saturday, July 9, 11am – 5pm, Leighton City Hall, 8900 Main Street, Leighton

Sunday, July 10, 8am-1pm, Hamilton First United Methodist, 130 Military Street North, Hamilton

Monday, July 11, 1- 6pm, Long Lewis Ford, 2800 Woodward Avenue, Muscle Tuesday, July 12, 9am - 5pm, Bank

Independent, 426 Veterans Drive, Wednesday, July 13, 9am – 3pm, Lauderdale County Health Department,

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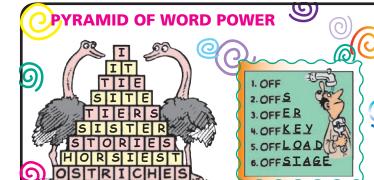
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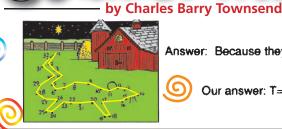
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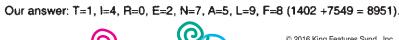
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