

The Courier

July 6, 2016 Volume 16 Number 45

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Pines candidate session scheduled

A concerned Ocean Pines resident has organized a Board of Director Candidate Conversation and Q & A event. The event is July 16 at the Worcester County Library, Ocean Pines branch at 9 a.m. This year three candidates will be chosen for the Board of Directors for the Ocean Pines Homeowners Association. Resident Steve Tuttle has reserved the large meeting room at the library and is coordinating the event. The intent is to have an opportunity for audience members to ask questions directly of each candidate. All Ocean Pines members, eligible to vote in the election are encouraged to attend. For more information call Steve Tuttle at 610-368-9919.

Terns Landing yard sale set

The annual Terns Landing Community Yard Sale will take place Saturday July 16 from 8 a.m. to noon. The entrance to the community is at Ocean Parkway and Alton Point in South Ocean Pines. The rain date for this event is Sunday, July 17 from 8 a.m. to noon.

Free concert on the lawn

"Annapolis Bluegrass Coalition" will perform at the Berlin Heritage Foundation's second concert on the lawn this season on Sunday, July 10 at 6 p.m.

Bring a chair and a picnic to enjoy this free concert on the lawn of the Calvin B. Taylor House Museum at 208 North Main Street in Berlin.

The Taylor House Museum is open through the end of October on Mondays, Wednesdays, Fridays and Saturdays from 1-4 p.m. Group tours are available anytime by appointment.

For more information contact the Taylor Museum at 410-641-1019 or visit our website at www.taylorhousemuseum.org.

Anglers to meet Saturday

The Ocean Pines Anglers Club will meet on Saturday, July, 9 at 9:30 a.m. in the Ocean Pines library. Local fishing legend, Big Bird Cropper will be the speaker. Big Bird's family has lived in this area over 100 years and he learned fishing from his grandfather at an early age. He has been on WBOC fishing shows 19 times and on Hooked On OC for their 200th episode. His favorite catch is the blue fish but he is renowned for his flounder and rockfish expertise using the Roy Rig that he has created. All are welcome.



Duck race tickets now available

Every Saturday in Ocean Pines from 8 a.m. and 1 p.m. at the Ocean Pines Farmers Market, the Kiwanis Club of Greater Ocean Pines-Ocean City will sell duck race entries to raise funds for its youth programs to help local children. Pictured is Kiwanis Duck Race chair **Dick Clagett** with the duck race mascot at the Farmers Market in White Horse Park. Duck entries are \$5 per duck or three for \$10. Cash prizes are \$1000, \$300 and \$200. Winners do not have to be present to win. Call Dick at 301-788-1517 for tickets or information. The race will occur at the Lazy River Pool at Frontier Town on Friday, August 26 at 6 p.m.

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Students honored at annual SkillsUSA event

Career and technical students from Worcester County won some of the nation's highest awards at the 2016 SkillsUSA Championships, held in Louisville, KY, on June 22-23. More than 6,000 students competed at the national showcase of career and technical education. The SkillsUSA Championships is the largest skill competition in the world and covers 1.2 million square feet, equivalent to 19 football fields or 25 acres.

Students were invited to the event to demonstrate their technical skills, workplace skills and personal skills in 100 hands-on occupational and leadership competitions including robotics, automotive technology, drafting, criminal justice, aviation maintenance and public speaking. Industry leaders from 600 businesses, corporations, trade associations and unions planned and evaluated the contestants against their standards for entry-level workers. Industry support of the SkillsUSA Championships is valued at over \$36 million in donated time, equipment, cash and material. More than 1,700 industry judges and technical committee members participated this year.

A total of 1,080 gold, silver and bronze medals were presented to students. Many winners also received industry prizes, tools of their trade and scholarships. Skill Point Certificates were awarded in 86 occupational and leadership areas to students who met a predetermined threshold score in their competition, as defined by industry. The Skill Point Certificates are a component of the SkillsUSA Work Force Ready System, a national assessment program for career and technical education.

The following students received

SkillsUSA Championships medals and SkillPoint Certificates from your area:

Keyondra Snell, from Berlin and a student at Worcester Technical High School (Newark), was awarded the high school silver medal in Building Maintenance.

Lindsay Kremer, from Snow Hill and a student at Worcester Technical High School (Newark), was awarded the high school silver medal in Principles of Engineering & Technology.

"More than 6,000 students from every state in the nation participated in the SkillsUSA Championships this week," said SkillsUSA executive director Tim Lawrence. "This showcase of career and technical education demonstrates our SkillsUSA partnership at its finest. Our students, instructors and industry partners work together to ensure that every student excels. This program expands learning and career opportunities for our members."

The SkillsUSA Championships event is held annually for students in middle school, high school or college/postsecondary programs as part of the SkillsUSA National Leadership and Skills Conference. More than 300,000 students and advisors join SkillsUSA annually, organized into more than 18,000 sections and 52 state and territorial associations. The national, nonprofit partnership of students, instructors and industry is a verified talent pipeline for America's skilled workforce that is working to help solve the skills gap.

SkillsUSA is a vital solution to the growing U.S. skills gap. This nonprofit

please see skill on page 6

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Dr. Jerry Wilson, superintendent of Worcester County Schools, Board members **Janet Morse, Toni Keiser, Bill Gordy, Lee Chisholm, Todd Ferrante**, WCEF chair, **Shirley Sultani, Lou Taylor**, assistant superintendent of Worcester County Schools, **Hope Palmer, Tara Miller** and **Jonathan C. Cook**, president of the WCBOE.

Foundation donates to schools

Worcester County Education Foundation (WCEF) members recently met with the Worcester County Board of Education (WCBOE) to present a check for \$35,000 and to update the WCBOE on the Foundation's progress to date.

Todd Ferrante, WCEF Chairman explained that the "Worcester County Education Foundation, a 501(c)3 which was established in 2013, is comprised of over twenty active business and community leaders; men and women from all over Worcester County." "The foundation's mission is to create a proactive partnership between the public school system and the community by linking community resources with the educational needs of its students, in order to prepare them to succeed. As one of our first initiatives we are 100% committed to providing Worcester County students equal access to a digital education. We understand that the cost to complete the digital conversion of all schools and provide each student with the necessary devices costs approximately \$750 per student. We hope to accelerate this process." Ferrante went on to list the five immediate goals.

1) Ask the business community and private sector to Champion Education by helping us meet our goal to raise \$5 million to support digital conversion and future needs of WCPS.

2) Accelerate the purchase and distribution of necessary digital devices to all classrooms K-12 so every student has equal access to a World Class Education. This will en-

able students to master today's technological skills as well as provide improved teaching and learning through increased student engagement.

3) Provide Equal Access to technology so that every student has the same chance to succeed.

please see schools on page 6

ENJOY YOUR SUMMER!

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Robert B. Adair 1938-2007

2012 Business of the Year

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Ruby is the accepted birthstone for July. It is also the accepted anniversary gemstone for the 15th and 40th year.



Ruby is known as the "Lord of the Gems" because of its rarity and beauty. Derived from the Latin word

"ruber", it simply means red. Ruby, like sapphire, is a variety of corundum and only exists as a true red in color. The finest color is a vivid, almost pure spectral red with a very faint undertone of blue, as seen in Burmese rubies which are considered the finest.

The highest quality rubies are said to protect their owners from all kinds of misfortune. A fine ruby assured the owner he would live in harmony with his neighbors. It would protect his stature in life, his home and land. Its protective powers were intensified when set in jewelry, and worn on the left side. Many believed rubies possessed an inner flame which burned eternally.

Medication mismanagement can be prevented

Medication management is an important issue for seniors and their families. Failure to properly manage medications can threaten the lives of seniors, highlighting the emphasis families must place on ensuring seniors take their medications in strict adherence to their physicians' instructions.

Polypharmacy, or the taking of multiple medications for different conditions, can be a potential health hazard for the thousands of seniors who must manage health conditions with prescription drugs. Harmful drug interactions are a result of the confusion that can arise when seniors take multiple medications at the same time. The American Society of Health-System Pharmacists estimates that more than 34 percent of senior citizens are prescribed medications by more than one physician, and 72 percent use medications they were prescribed more than six months prior. Many people also have begun 'pharmacy shopping' to save money. According to a study published in 2010 in "American Nurse Today," 44 percent of men and 57 percent of women older than age 65 take five or more medications per week, with some taking as many as 10.

Medication confusion is one risk, but older adults also metabolize medications differently than young people. As a result, they may be more susceptible to overdose or other ill effects. Families looking to help seniors effectively

manage their medications should consider the following tips.

Keep a running list of medications. Maintain a list of all medications being taken, noting both prescription and over-the-counter medications and any supplements and herbs. Provide a copy to any new doctors you visit and any new pharmacies you patronize.

Use pill sorters. Medication sorters can keep medications organized and eliminate some of the personal error in medication management. Organizers have daily slots and may also differentiate between nighttime and daytime medications.

Understand why each medication is being prescribed. Ask your pharmacist and doctor to explain why each medication is prescribed. This information should be printed on the prescription label. Some drugs designed for one symptom may actually be used to treat other issues as well.

Ask for help. Some seniors may benefit from friendly reminders from a loved one regarding when to take certain medications, especially if they need to take multiple doses throughout the day. Cognitively impaired sen-



iors may require the services of a visiting nurse or another caregiver.

Recognize that not all medications are right for seniors. The American Geriatrics Society maintains a list of medications that older adults should avoid or take with extreme caution. Some drugs pose a high risk of side effects or interactions, while others are less effective. Discuss alternatives with your physician if you are prescribed one of these medications.

Keep a medication diary. Record any side effects that occur and how the medications make you feel. Always bring up issues promptly with a doctor.

Proper medication management can help seniors avoid drug-related accidents or worse.

Arts Council names scholarship winners

Four talented Worcester County students have been each awarded art scholarship from the Worcester County Arts Council in support of their artistic goals.

Emily Cook and Elle Bargar, both graduating Stephen Decatur High School seniors, and Fiona O'Brien, an art major student at Radford University as well as previous recipient of Art Scholarship from the Arts Council, have been each awarded a \$1,000.

A \$2,000 Scholarship award for Taylor Zarif, Worcester Preparatory School senior, was made possible by a generous contribution provided by John Sisson and his Family in memory of John Carroll Sisson III.

All scholarship recipients were recognized at the annual membership meeting of the Arts Council held Sunday, June 12.

The Worcester County Arts Council's scholarship program is designed to identify, recognize and encourage talented students who demonstrate excellence in Dance, Music, Theater, Visual Arts and Creative Writing.

For more information on Art Scholarship program and how to apply visit our website: www.worcestercountycouncil.org.



Left to right: **Emily Cook, Elle Bargar, Taylor Zarif and Fiona O'Brien** who were present at the award recognition held during the Annual meeting.

Dancing, giggles and Giana

Author's note: *This week marks one year since I've been with my grandchildren. There are times when this reality bothers more than other times. I came across this column I wrote a couple years ago and it made me feel better.*



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

And so it was one evening not too long ago, with the sound of music all around us, that I had the pleasure of dancing with my granddaughter Giana. And oh, what a time we had twirling around the sofa and dining room table.

My wife and I traveled recently to visit our daughter and her family in Prescott, Arizona. My son-in-law was graduating from Embry Riddle University and commissioning as a second lieutenant in the United States Army. We were excited to see the kids, proud of our son-in-law and truth be told most eager to see our little Giana who, since we last saw her, started walking. Seeing our daughter and son-in-law was very nice to be sure but seeing, holding and hugging our granddaughter was why we really made the trip. And she didn't disappoint.

There's just something magical about spending time with a grandchild even it's just walking them in a stroller or watching them eat macaroni and cheese. It's all good. Scratch that. It's all great. And if you believe I'm being just a little too over the top about this, well, I make no apologies.

One evening while the others went out for a bit, my wife and I were alone babysitting. We popped in one of Giana's favorite movies, "The Princess and the Frog." I hadn't seen the film before but the New Orleans jazz soundtrack certainly kept my attention and got not just my foot tapping but my entire body swaying. In short order I was got to my feet, scooped up Giana and danced her around the room. She was laughing and smiling. I was laughing and smiling (and a little short of breath). Up in the air I threw her; she squealed with delight. I squealed with delight. I dipped her. She laughed. I laughed. And when the music was over I think we were both a little sad and

wanted more. I also wanted to sit for a moment or two. When I dance I really give it all I've got. What I lack in technique I more than make up for with energy and enthusiasm. High kicks and pelvic gyrations can take a lot out of a person. It was all worth it though just to see that little girl's face light up with laughter and hear the sweet sound of her giggles.

The following evening after Giana was given a bath by her two grandmothers, several of us sat on the floor of her room as she played

with her many toys, going from one to another us handing us and then taking back her "little people." Crawling on the floor I chased her around the room as she darted into the arms of one grandmother and then the other, always looking back at me to see how close I was to her. When I hid around a corner, she quietly peeked around to find me and screamed with delight when I raised my arms and yelled "gotcha!" It gets no better than moments like that. It really doesn't.

After all the planned festivities were over we spent a family day sightseeing and enjoying the panoramic views from the mountain town of Jerome. We ate lunch at the Mile High Café. While her two sets of grandparents, parents and uncle ate sandwiches, Giana sat in a high chair at the head of the table eating macaroni and cheese. Maybe "eating" is not the right word. "Devouring" would be a more apt description. The kid has an appetite. Several times she faux offered us a sampling of her lunch; each time laughing as she put it in her mouth before we could accept it.

It was bittersweet when it was time to leave. We said our goodbyes in a parking lot. Hugs and kisses. More hugs and kisses. And finally we turned and headed to the car to drive to the airport. My wife and I didn't really talk for the first several miles. I had to wipe tears from eyes several times. After a little bit my wife and I started reliving the many moments we had enjoyed with our little Giana, mimicking her expressions and laughing.

I don't like that my granddaughter lives so far away. I understand it but I really don't like it one bit. I guess that's why it makes when we're together that much more special.

It was a wonderful trip.

STEVEN W. RAKOW

Attorney at Law

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4) Assist with providing every teacher with the tools and training necessary to “teach to the student”, personalizing a student’s education. (For instance, new technology allows a teacher to instantly view every student’s essay or math problem in the classroom, from her device, in real time, so the teacher can evaluate a student’s progress and respond quicker, providing corrections and personal guidance to individual students, instantly.)

5) Provide Teacher Grants. This Spring the WCEF initiated a grant process which provides teachers and staff members funding for innovative and creative teaching materials, allowing teachers to seize new teaching techniques that maximize learning potential. In May, the WCEF proudly awarded 5 teachers with grants totaling nearly \$3,000.

In addition, over the last two years the WCEF has funded \$20,000 in laptop covers, providing every ninth grade student in the county with the equipment necessary to protect their device.

To date, through very generous donors, the Worcester County Education Foundation has raised over \$500,000 and has awarded approximately \$50,000 to assist with digital conversion, donate essential equipment and award teacher grants. The Foundation’s ultimate goal is to raise \$5 million and create an Endowment Fund which will provide a perpetual funding resource for the future needs of our students and teachers.

To make a donation or to learn more about the Worcester County Education Foundation visit www.wced.foundation or call 410-632-5076.

skills
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partnership of students, instructors and industry ensures America has the skilled workforce it needs to stay competitive. Founded in 1965 and endorsed by the U.S. Department of Education, the association serves more than 300,000 member students and instructors each year in middle schools, high schools and colleges. This diverse talent pipeline covers 130 trade, technical and skilled service occupations, the majority STEM-related. More than 600 corporations, trade associations, businesses and labor unions actively support SkillsUSA at the national level. SkillsUSA programs are integrated into career and technical education through a framework of personal, workplace and technical skills grounded in academics. Local, state and national championships, designed and judged by industry, set relevant standards for career and technical education and provide needed recognition to its students. SkillsUSA also offers technical skill assessments and other workplace credentials. For more information, go to: www.SkillsUSA.org.

TV show to film in the region

Mike Wolfe, Frank Fritz, and their team from “American Pickers” are returning to Maryland! They plan to film episodes of the hit series throughout the region this July.

“American Pickers” is a documentary series that explores the fascinating world of antique ‘picking’ on history. The show follows Mike and Frank, two of the most skilled pickers in the business, as they hunt for America’s most valuable antiques. They are always excited to find sizeable, unique collections and learn the interesting stories behind them.

As they hit the back roads from coast to coast, Mike and Frank are on a mission to recycle and rescue forgotten relics. Along the way, the Pickers want to meet characters with remarkable and exceptional items. The pair hopes to give historically significant objects a new lease on life, while learning a thing or two about America’s past along the way.

Mike and Frank have seen a lot of rusty gold over the years and are always looking to discover something they’ve never seen before. They are ready to find extraordinary items and hear fascinating tales about them. The show is looking for leads and would love to explore your hidden treasure. If you or someone you know has a large, private collection or accumulation of antiques that the Pickers can spend the better part of the day looking through, send us your name, phone number, location and description of the collection with photos to americanpickers@cineflix.com or call 855-old-rust.



Get together - Standing on the left is **Phil Rittershafer**, a member of the Widows & Widowers Club. He runs the car pool for trips and does the 50/50 at every meeting. To his right is **John Willmuth** who plans activities and trips with his staff. The club meets every third Tuesday of the month in the Ocean Pines Community Center. Seated is member **Diane Day**. Photo by Anna Fultz.

Jesse’s Paddle event is next week

When Jesse Klump took his own life in 2009, his family decided to make the best of their tragedy by forming a nonprofit corporation to provide a memorial scholarship, and three years later, launching a grassroots suicide prevention program.

“It was what Jesse would have wanted us to do,” said his mother and Fund President Kim Klump.

Jesse’s Paddle, an annual event of the Jesse Klump Memorial Fund to raise funds for scholarship and suicide prevention, is scheduled for Saturday July 16. The event, which features canoe, kayak and paddleboard paddling, is in Snow Hill at the Pocomoke River Canoe Company. Registration begins at 4 p.m. Boats go in the water by 5 p.m.

“While ours are very serious missions,” said Klump, “on this day every year we remember those we have lost to suicide with fun, food, auctions, prizes, and live music. Every penny of the funds we raise is invested in suicide prevention education, and scholarship.”

There are prizes for top pledge producers and for winners of “Jesse’s Poker Paddle,” this year’s paddling game. Those collecting more than \$25 in pledges can reserve a boat for the Poker Paddle for free by calling 410-632-3971. Those who want to enjoy the fellowship,

the music, and the festivities from the dock are cordially invited, too.

“Our prizes include, among other great things, a private pontoon boat trip on the Pocomoke for up to 10 guests, an off-season Ocean City package at the Clarion with lunch and dinner restaurant certificates, a night at the River House Inn in Snow Hill with a dining certificate at the Blue Dog Cafe, a night at the Lighthouse Club in OC and other prizes,” said Klump.

A form for collecting and registering pledges is available at www.jessespaddle.org, and boats can be reserved by calling the Pocomoke River Canoe Company at 410-632-3971. Paddlers can create their own fundraising teams or pledge on behalf of an existing team at <http://jessespaddle.donorpages.com/JessesPaddle2016>.

“Every paddler leaves Jesse’s Paddle with a prize,” Klump said, “and hopefully everyone leaves with new awareness of the threat of suicide in our seaside communities, where suicide rates are high, and of their ability to stem the tide of suicide.”

Information on the Fund, the missions, and Jesse’s Paddle is available by calling 443-982-2716 or visiting www.choosetolive-maryland.org and www.jessespaddle.org.

Maryland court system has interesting characteristics

By **Steven W. Rakow**, Esquire

Unlike many other states and the federal judiciary, Maryland does not have a supreme court. Instead, Maryland has as its highest court the Court of Appeals. It functions the same as a supreme court and hears cases on direct appeal, certification on questions of law and, mostly, upon writ of certiorari that gives the court the power to take on or decline to hear a case. The Court of Appeals consists of a panel of seven judges, appointed by the governor, who hear the cases and decide the issues.

The Court of Appeals used to hear all appeals from the circuit courts of the state. In the early 1960s, the Court of Appeals' docket had grown such that it struggled to keep up with the number of cases. In 1966, the Court of Special Appeals was created as the intermediate appellate court for the state. The Court of Special Appeals now hears all appeals from the circuit and orphans courts. The Court of Special Appeals consists of 15 judges appointed by the governor, but in almost every case, there are only three judges assigned to hear and decide the mat-

ter.

Below the Court of Appeals and Court of Special Appeals are the circuit courts of each county and Baltimore City. Circuit court judges are also appointed by the governor and run for retention at the next gubernatorial election and after having served for 15 years. Circuit courts hear criminal, civil, juvenile, and domestic relations cases. It is in the circuit courts where jury trials are held. Criminal cases tried in the circuit court include major felonies, some misdemeanor, and all of the cases from District Court where a defendant wants his case tried to a jury. For civil cases, the amount in controversy between the parties must be greater than \$30,000 (\$5,000 if a jury is requested) and can be tried before a judge alone or to a jury. Juvenile cases and domestic, or family law, are also heard by circuit court judges. Sometimes, though, a magistrate and not a judge will hear a juvenile or domestic case. The magistrate's findings are later approved by a circuit court judge before they become final orders. Circuit courts also hear appeals from cases tried in the District Court.

If you are charged with a misdemeanor, certain felonies, or a traffic matter; are involved in a civil case with an amount less than \$30,000 (without a jury request), including small claims (amounts under \$5,000); have a preliminary hearing on a felony charge; or have a landlord-tenant issue, you'll find yourself in District Court. Like the circuit courts, each county has one or more District Court locations where cases are tried to a judge alone. There are no jury trials in District Court. The District Court judges are appointed by

Prince George's County, the Orphan's Court judges do not have to be lawyers.

To learn more about Maryland's judiciary, visit www.mdcourts.gov.

Steven W. Rakow, Esquire, is a retired Marine officer and has just under 20 years' experience in the practice of law. He maintains a general private practice and can be reached at 410-600-3075, via email at steve@steverakowlaw.com, or through his website steverakowlaw.com.

2 New Openings



Coastal Hospice
& Palliative Care

We're looking for 2 great team members to work at our Thrift Shop in Berlin! One Warehouse Position – requires heavy lifting and continual standing in our climate controlled Donation Center. One Associate to assist with sorting, pricing and displaying inventory as well as learning the cash register. If you've got a great work ethic and customer service attitude we want you! Apply by July 22 to be considered. Visit our website:

www.coastalhospice.org

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Beach and Beyond's Best Summer Day-Trip contest is underway

Worcester County Tourism wants to know what you consider to be the perfect day-trip to Worcester County, Maryland. Do you search for ponies at Assateague Island, shop 'til you drop in Berlin, explore the Old-Growth Forest of Snow Hill, take a River Cruise down the Pocomoke, or take in the beaches, boardwalk and entertainment in Ocean City? Tell us about it and you could be a winner in the Beach and Beyond "Best Summer Day-Trip Contest."

"We are looking for your perfect Worcester day trip," Worcester County Tourism Director Lisa Challenger said. "Anything goes, so get creative, wacky, frugal, decadent, fun. You've got the experience, and we want it."

Here's what you need to know to take part in the contest. The day-trip

must take place entirely in Worcester County. The day-trip must be able to be completed in 12 hours or less. Tell us about your day-trip in 300 words or less. That's it!

Submissions are due by noon on July 15. One entry per person. Once you click submit, no other changes can be made. On Monday, July 18, the top 12 submissions – chosen for their awesomeness, feasibility and uniqueness – will be published to be voted on by the public through noon on Wednesday, July 27.

Three winners will be announced on Thursday, July 28. First place will receive a GoPro HERO Session. Second place will receive a Fitbit Charge HR Wireless Activity Wristband. Third place will receive a FujiFilm Instax Mini 8 with strap and batteries.

Worcester County employees and their families are not eligible to participate in the contest. To sign up, go to www.visitworcester.org. For more information, contact Worcester County Tourism at (410) 632-3110 or visit @beachandbeyond on Facebook and Instagram.

Gospel cabaret scheduled

The Germantown School Community Heritage Center will host its second annual Gospel Dinner Cabaret on Sunday, July 24 at 4 p.m. Vocalists Chris Waters, Sr., Chris Waters, Jr and Ashley Foreman will perform. The cost is \$20 per ticket including meal. The center is located at 10223 Trappe Road in Berlin. For more information and ticket reservations call 410-641-0638.



Clean up — Ocean Pines Platform Tennis members clean up Manklin Meadows Park for the Fourth of July as part of the Adopt-A-Park program. From left to right are **Jim Lawn, Mike Simcock, Jane Simcock, Victor Burke, June Freeman and Jim Freeman**

Pines, AGH to offer free health seminars

The Ocean Pines Recreation and Parks Department and Atlantic General Hospital will offer two free informational health seminars to the public this summer. The seminars will be held at the Ocean Pines Community Center, located at 235 Ocean Parkway in Ocean Pines.

On Wednesday, July 13 from 5:30-6:30 p.m. Dr. Sara Moghaddam, a dermatologist at Atlantic General Hospital, will discuss the truth about sunscreens, what they are and how to use them. She will also discuss skin cancer surveillance and how to identify melanoma and other skin cancers.

Then on Wednesday, August 31 from 5:30-7 p.m. Dr. Roopa Gupta, a medical oncologist and hematologist at Atlantic General Hospital, will present a seminar on cancer prevention and treatment. She will share when recommended screenings should occur, risk factors, warning signs and what cancers are most com-

monly seen in our area. She will also answer questions from the audience.

Although there is no cost to attend these seminars, spaces are limited and advance registration is required. For more information or to register, call the Ocean Pines Recreation and Parks Department at 410-641-7052.

Information regarding additional recreational programs, including an online version of the Ocean Pines Activity Guide, is available at OceanPines.org.

AGH, church to hold health fair

Atlantic General Hospital will sponsor a health fair on Saturday, July 16, between 8 a.m. and noon. It will be held at Bethany United Methodist Church located at 8648 Stephen Decatur Highway in Berlin. (corner of Rte. 611 and Snug Harbor Rd.) There will be free health information, screenings, fasting blood sugars, full lipid panel, food, fun, and games for the whole family. Call 410-641-2186 for information.



July Drinks of the Month

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\$7

Strawberry Limeade \$7

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410-641-6000

Illegal dumping harms the county

Wherever you gaze in Worcester, Maryland's only seaside county, precious natural resources abound. Oceans of blue lap golden sands. Farm fields of green rise to meet the sun. Endless tributaries feed into the Atlantic Coastal Bays. However, in recent months a scourge of sorts has begun that threatens the health and vitality of Worcester County. That scourge is caused by individuals who litter trash, furniture and other items along the roadsides and waterways rather than properly disposing of these items. Cleaning up litter is costly, and the items themselves can jeopardize public health and safety. We need your help to stop illegal dumping and keep Worcester beautiful.

Worcester County offers numerous options to assist people in the proper disposal of unwanted items as well as waste products. Those who opt not to pay for private trash removal services, can purchase an annual dump sticker at a cost of \$100 annually, which allows residents to dispose of trash at the Central Landfill in Newark and the homeowner convenience centers located in Berlin, Snow Hill and Pocomoke. Recycling bins are located throughout the county from Bishopville to Pocomoke, and twice a year in spring and fall the County hosts household hazardous waste and electronics recycling events in Showell and West Ocean City.

Consider donating items that still have life left in them and may be of worth to others. Area nonprofit agencies, like Diakonia in West Ocean City and Habitat for Humanity in Salisbury, accept gently used furniture, clothing and household items.

In the early 1970s the nonprofit organization Keep America Beautiful

launched a public education campaign that fostered public and private partnerships to prevent littering, reduce and recycle waste, and increase community greening and beautification, and it was credited with inspiring the country's environmental movement. Worcester County Public Works is calling on the community to reawaken that movement locally. Let's work together to properly dispose of waste and recyclables.

"For reasons we're at a loss to explain, there seems to have been a recent explosion in the incidences of illegal roadside dumping," Public Works Director John Tustin said. "We're asking those in the community, residents and visitors alike, to partner with us to keep Worcester clean."

Areas most heavily impacted by illegal dumping include the following: Sims Road near the Delaware line north of MD Rte. 610; Willards Bypass Road, northwest of Whaleyville near the Wicomico Line; Holly Grove Road in the Berlin area; Newark Fire Trail near Ironshire; Harrison Road in the Berlin Area; Forest Lane Road off Whiton and Laws Roads north of Snow Hill; Mt. Olive Church Road east of MD Rte. 12 and north of Snow Hill; Dunn Swamp Road off the Pocomoke Beltway; and Carter Road north of Pocomoke off U.S. Rte. 113.

Littering is a civil infraction that comes with penalties. The County is stepping up monitoring and enforcement efforts in and around these nine hotspots and other locations, but we need your help and support too. If you see someone dumping trash, please report your sighting by contacting the Worcester County Sheriff's Office at 410-632-1111.



Questers donate candlesticks

The Calvin B. Taylor House Museum features two new additions this summer thanks to the Arcadia Questers. This local chapter has been very generous to the Taylor House for many years with several donations of historic furnishings. This year's donation from the Questers is a pair of late eighteenth century candlesticks now displayed in the museum's parlor next to the grandfather's clock, a 2014 donation from this historic preservation group. The Taylor House Museum is open through the end of October on Mondays, Wednesdays, Fridays and Saturdays from 1 p.m. to 4 p.m.

Jr. golf tournament to begin

Ocean Pines Golf & Country Club will host its annual Junior Golf Tournament on Wednesday, July 20 beginning at noon. The tournament is open to boys and girls ages five to 18.

Players will be grouped according to age and/or ability. Male and female divisions will also be created if sufficient registrations are received. All skill levels are welcome.

Ages five through eight will play three holes, ages nine to 11 will play six holes, ages 12-13 will play nine holes and ages 14-18 will play 18 holes. Tournament participants will be required to walk, although push carts are allowed. Parents may follow along on the course; a golf cart fee will apply for those parents wishing to ride.

The cost to participate is \$15 for three or six holes and \$25 for nine or 18 holes. The entry fee includes greens

fees, snacks and prizes.

Registration may be completed online at OceanPinesGolf.org or in person at Ocean Pines Golf & Country Club, located at 100 Clubhouse Drive in Ocean Pines. The deadline for registrations is Friday, July 15. For more information, call Ocean Pines Golf & Country Club at 410-641-6057.

Chicken BBQ this Saturday

A chicken barbecue will be held on Saturday, July 9 at St. Paul United Methodist Church Men's Ministry. For \$8 per ticket, attendees will get half a chicken and roll. The event will begin at 11 a.m. The church is located at 405 Flower Street in Berlin. For more information contact Patrick Henry at 443-880-4746

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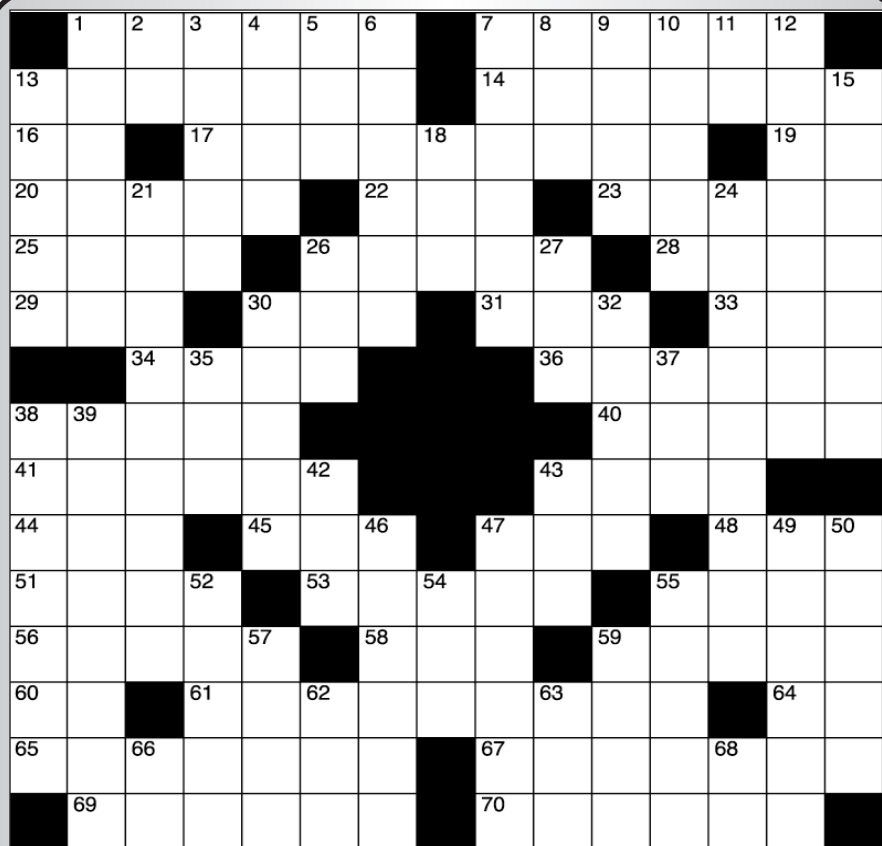
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(Manklin Creek & Ocean Pkwy)

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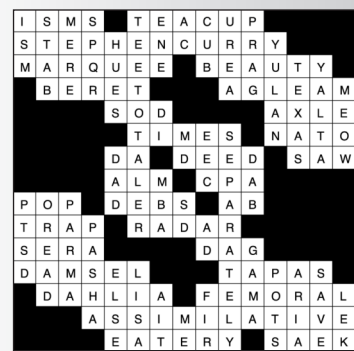
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- ACROSS**
- 1. Systems, doctrines, theories
 - 5. Belle's friend Chip was one
 - 11. NBA MVP
 - 14. Preeminent
 - 15. __ and the Beast
 - 18. Round, flattish cap
 - 19. Bright
 - 21. Unpleasant person
 - 23. Passes through a wheel's center
 - 24. The New York __
 - 28. Military alliance
 - 29. He prosecutes the accused
 - 30. Noble act
 - 32. Handyman's tool
 - 33. Austrian river
 - 35. An accountant certified by the state
 - 36. Dad (slang)
 - 39. Women
 - 41. Type of blood
 - 42. Ambush
 - 44. Measuring instrument
 - 46. Protein-rich liquids
 - 47. Socially conservative person (Australian)
 - 49. Girl
 - 52. Small Spanish dishes
 - 56. Mexican plant
 - 58. About thigh
 - 60. Absorptive
 - 62. Diner
 - 63. Ethnic group of Laos
- DOWN**
- 1. International radio band
 - 2. Thrust
 - 3. Measures insignificance
 - 4. Appears on Roman currency
 - 5. Does not drink
 - 6. Midway between northeast and east
 - 7. Actinium
 - 8. A Chicago ballplayer
 - 9. Compound
 - 10. Former British pol
 - Derek
 - 12. Color properties
 - 13. Chinese magnolia
 - 16. American state
 - 17. Conference of Allied leaders
 - 20. Cats 'say' this
 - 22. Didymium
 - 25. He conducts physicals
 - 26. European Economic Community
 - 27. Individually
 - 29. Begetter
 - 31. Press against lightly
 - 34. Licensed for Wall Street
 - 36. Posttraumatic stress disorder
 - 37. Mountain nymph (Greek)
 - 38. Italian city
 - 40. South Dakota
 - 43. Rank in the Ottoman Empire
 - 45. In the year of the Lord (abbr.)
 - 48. Explorer Vasco da __
 - 50. Besides
 - 51. Bart's sister
 - 53. They hold plants
 - 54. Song
 - 55. Rescue
 - 57. Small island
 - 58. Coniferous tree
 - 59. Albanian currency
 - 61. Of I



Answers for June 29

Eyes on the Skies Exploring the Ringed Planet Saturn

By Douglas Hemmick, Ph.D.



July is the first full month of summer, and with it comes the constellations Scorpius the Scorpion and Cygnus the Swan (the Northern Cross). Despite the heat of the day, evenings are often mild and it might be a good bet to enjoy the stars.

The topic for July is the planet Saturn. With its magnificent rings Saturn has been given special attention, even by the early astronomers including Galileo who noted bulges, later identified as Saturn's rings. In 1655, the Dutch astronomer Christiaan Huygens discovered Saturn's largest moon, Titan. Located as the sixth planet from the Sun, the gas giant Saturn is the second largest planet boasting a diameter about 80 % of Jupiter's. However, when the measurement includes its main massive rings, Saturn measures about double the diameter of Jupiter.

NASA's space probes to the outer solar system were spurred on by close planetary encounters, known as "gravitational slingshots." A planet's gravitational attraction is exploited, to both accelerate the craft onwards and to bend the flight path, aiming for the next planetary destination. Three Saturn missions, Pioneer-11, Voyager-1 and 2, all have used such boosts, with close encounters of Jupiter before flying along to Saturn. Voyager-2 then continued its planetary encounters, later reaching Uranus and Neptune.

Observations by both of the Voyager probes indicated that Saturn's atmosphere is mostly hydrogen and helium, contributing to the low density of this gas giant planet. Saturn is hypothesized to be the only planet that could "float on water," with its extreme low density. Photos of Saturn's cloud patterns indicated oval-shaped storms churning, and extreme wind speeds up to 1,100 mph – four times higher than Jupiter's wind speeds.

For decades prior to the probes, astronomers had known that the rings contain a myriad of small

highly-reflective particles. This helped explain why they were visible

to Earth's early astronomers. Two gaps divided the rings into three separate regions which astronomers labeled A, B and C. Experienced hobbyists may observe two or three of these rings with good backyard telescopes. The space probes have offered much

greater scientific insights.

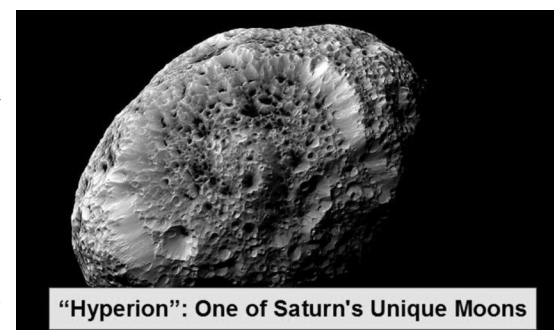
Additional rings have been lettered as they were discovered. Voyager-1 discovered three fainter, previously unknown rings: ring D, located closest to the planet, and rings E and G located outside of A. Pioneer-11 is credited as first finding ring F.

In addition to its rings, Saturn offers a fascinating collection of satellites including 62 moons and more than 90 moonlets. Saturn's largest moon, Titan, rivals some planets being 75% the size of Mars and larger than Mercury by 6%. Titan had long been known for the presence of the chemical element methane on its surface. Voyager-1 measured Titan's frigid surface temperature at 94 Kelvin (minus 290 F). This temperature, along with the observed atmospheric pressure allows the possibility of liquid methane, perhaps forming rivers and lakes.

Other Saturnian moons have startling properties. Phoebe is the only moon orbiting in the opposite direction from Saturn's own rotation. Such contrary motion makes Phoebe unique in all the solar system. Several of Saturn's moons are not spherical but are oblong, or potato-shaped. One example is Hyperion which also features a porous surface resembling a sponge.

One of the most stunning discoveries may be the so-called shepherd moons, which play a role in shaping

please see **eyes** on page 15



"Hyperion": One of Saturn's Unique Moons



Volunteer planting event planned

Join the Maryland Coastal Bays Program (MCBP) Saturday, July 9 from 10 a.m. to 3 p.m. at the MCBP office to plant native shrubs and flowers at the Ilia Fehrer Nature Preserve to help increase habitat value for local wildlife and to enhance the site.

The Ilia Fehrer Nature preserve is a 441 acre forested area located on Assateague Island Road. This property is owned by Worcester County and was purchased with grants from NOAA's Coastal and Estuarine Land Conservation Program and the Department of Natural Resources' (DNR) Program Open Space. Through an agreement with the County, MCBP is working with its partners including the Community Foundation of the Eastern Shore, Chesapeake Bay Trust, DNR to has agreed to restore 60 acres of pine monoculture to deciduous forested wetlands for passive recreational uses such as hiking, bird watching, and equestrian trail riding.

This property is not yet open to the public and may only be accessed by MCBP's volunteers; this presents volunteers with a great opportunity to see this site and participate in its restoration first hand!

This event is part of MCBP's 10 Days for the Bays program where a volunteer event is takes place on the second Saturday of each month throughout 2016. For more information and to volunteer please contact Amanda at amandap@mdcoastalbays.org or 410-213-2297 ext. 103. For we can plan materials, MCBP needs volunteers to register

in advance. As this planting is in a forested area, proper attire from shoes/boots that can get dirty and wet to long sleeve shirts and pants to avoid ticks should be considered, as well as bug spray, water and bagged lunch.

The Maryland Coastal Bays Program is a 501(c) (3) non-profit dedicated to protecting the five bays behind Ocean City and Assateague Island. Your donations make it possible for MCBP to continue our work of protecting the coastal bays and are tax deductible.

Safe sitter courses offered

Peninsula Regional's Safe Sitter Course is a nationally recognized, medically accurate course taught by qualified Medical Center staff. It provides young adults with the safety information and skills needed to be a Safe Sitter including basic life-saving techniques, safety precautions to prevent accidents, how to summon help and tips on basic child care.

The course is open to young men and women ages 11 to 14, and class size is limited. Parents are reminded that Maryland law requires babysitters to be at least 13 years of age. There are three class sessions left this summer: July 8, July 22 and August 5. The one-day class runs from 8:30 a.m. to 3:30 p.m.

The registration fee is \$50. Partial scholarships are available based on need. Call 410-543-7781 to learn more or to register for this class.

Photography contest to commence

Photographers are invited to record their artistic views of the Ocean City resort during the week of July 10 – 16 and enter them into "A Week in the Life of OC" photography contest at the Ocean City Center for the Arts. Cash prizes will be awarded for the best photos.

Submitted photos will be juried, and the best will be selected to be on display in Studio E at the Arts Center during August with a First Friday art opening on August 5. All entries will be on display at the Arts Center the weekend of August 5-7.

"We hope to show a slice of life in the resort by asking photographers to capture images during a specific week," said Rina Thaler, executive director of the Ocean City Center for the Arts. "This is a wonderful opportunity for both professional and amateur photographers to show us their unique views of Ocean City during the height of the summer season."

The Town of Ocean City is co-sponsoring the event with cash prizes, and may use the chosen photographs in their publicity for the town, giving the photographers extra exposure.

The contest rules are follows:

- All photos must be taken the week of July 10 thru 16, 2016.
- All photos must be taken within the town limits of Ocean City, MD.
- Maximum two entries per artist. Photographs only.

- Photos must be submitted at the Ocean City Center for the Arts on Sunday, July 31 from 2-4 p.m. or on Monday, August 1 from 10 a.m. to noon.

- Entries must be framed and ready to hang with wire on back.

- Maximum size of outer edge of frame: 11x17 inches.

- This is a juried show. All entries will be on display opening night, First Friday, August 5 from 5-7 p.m. and throughout that weekend. Juror will select the best photos submitted for display in Studio E throughout the month of August.

- Non-refundable entry fees (per entry): \$10 for Art League members; \$15 for non-members.

- All artists selected for Studio E show must submit a high-resolution digital image of their accepted entry(s) by August 15, 2016.

- Photographers agree submitted work may be used by the Town of Ocean City and the Art League of Ocean City for future publicity purposes.

The Ocean City Center for the Arts at 502 94th Street is the home of the Art League of Ocean City, a non-profit organization dedicated to bringing the visual arts to the community through education, exhibits, scholarship, programs and community art projects.

More information is available at 410-524-9433 or www.artleague-foceancity.org.

Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., July 7	10:22 a.m. 10:46 p.m.	4:27 a.m. 4:28 p.m.	5:44 a.m.	8:27 p.m.
Fri., July 8	11:10 a.m. 11:30 p.m.	5:13 a.m. 5:18 p.m.	5:45 a.m.	8:26 p.m.
Sat., July 9	11:57 a.m.	5:59 a.m. 6:09 p.m.	5:45 a.m.	8:26 p.m.
Sun., July 10	12:15 a.m. 12:46 p.m.	6:44 a.m. 7:02 p.m.	5:46 a.m.	8:25 p.m.
Mon., July 11	1:02 a.m. 1:38 p.m.	7:29 a.m. 7:55 p.m.	5:47 a.m.	8:25 p.m.
Tues., July 12	1:52 a.m. 2:32 p.m.	8:14 a.m. 8:50 p.m.	5:47 a.m.	8:25 p.m.
Wed., July 13	2:45 a.m. 3:27 p.m.	9:00 a.m. 9:46 p.m.	5:48 a.m.	8:24 p.m.

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How should investors respond to Brexit

By **Ben Ogle**

As you know by now, the United Kingdom (U.K.) has voted to leave the European Union. The "Brexit" vote is expected to have major implications for Britain's trade and economic relationships – but how might it affect you, as an individual investor?



Ben Ogle

At first glance, you might be worried. After all, right after the results came in, we saw a sharp decline in stock markets around

the world, including here in the United States. And we may well see more volatility in the near term. But by taking a step back and looking at the big picture, you might see that the outlook for investors is nowhere near as gloomy as you may have thought. Here are some suggestions for maintaining your perspective:

Be patient. Despite the Brexit vote, it's not so simple for the U.K. to just pack its bags and bid "adieu" to the European Union. In fact, it may take three or more years before the U.K. actually departs. This extended time period can give financial markets a chance to absorb the new reality –

while giving investors time to ponder their long-term strategy.

Don't forget about the "fundamentals." Financial markets dislike uncertainty, which is why they fell so sharply after Brexit. But the markets move much faster than the fundamentals that actually drive stock prices – and, despite Brexit, these fundamentals remain generally positive. In the U.S., economic growth is expected to continue in the 2%–2.5% range, and the prospects of a recession remain small. U.S. companies will continue to operate in Britain as before, and British companies will still participate in the global economy.

Review your investment portfolio – and look for opportunities. If you've done a good job of building a diversified portfolio that's based on your individual needs, goals, risk tolerance and time horizon, you may not need to take any action in the immediate aftermath of Brexit. Diversification is especially important, because it's possible that some financial assets may be more negatively affected by Brexit than others; you can blunt this impact by owning a wide range of investments. (Keep in mind, though, that while diversification can ease the effects of volatility, it can't guarantee

*please see **brexit** on page 15*

CLASSIFIEDS

Display Ads: \$15 per column inch **Deadline:** 5 p.m. Friday *Prepayment required. Cash or check accepted*



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Community Calendar

When submitting items for the calendar please include the event name, date, where held, time and a little about the event. Items being considered for the calendar need to be in by noon on Friday. E-mail to thecourier@delmarvacourier.com

Mondays

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Open every Monday through October: **Historic St. Martin's Church Museum.** 1-4 pm. 11413 Worcester Highway, Showell, MD. For more information, call 410-251-2849

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Mon. & Tues.

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

Mon., Wed. & Sat.

Church Thrift Shop

OC Baptist Church's Thrift Shop by Seaside Christian Academy behind White Marlin Mall open 10 a.m.-2 p.m. Mon. & Wed., 9 a.m. to 3 p.m. Sat. Call 410-251-6971.

Tuesdays

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Take off Pounds Sensibly Meeting. Berlin group No. 331, Worcester County Health Center 9730 Healthway Dr., Berlin, 5:30-7:00 p.m. TOPS is a support and educational group promoting weight loss and healthy lifestyle. It meets weekly on Tuesdays. Info: jean-duck47@gmail.com

Tuesdays and Thursdays

Poker players wanted for Gentlemen's Poker in North Gate

area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesdays

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahanddancing.com

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Wed., Thurs., Fri. & Sat.

Church Thrift Shop

The Shepherd's Nook at Community Church at Ocean Pines is open 9 a.m. to 1 p.m. Call 410-641-5433.

Diakonia Thrift Shop

'Used to be Mine' offers clothing, furniture, household items and more. Proceeds benefit Diakonia shelter and pantry. Located at

Rte. 611 and Sunset Ave. Open 10 - 4. Call 410-213-0243.

Thursdays

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Fridays

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

Program helps smokers stop

The Worcester County Health Department is committed to helping smokers establish new behavior patterns that lead to a tobacco free lifestyle and is offering classes with trained instructors to help with that journey. Smoking cessation aids (CHANTIX, gum, patch, lozenges) are available through a voucher program.

Classes will be held at the Berlin Health Center, 9730 Healthway Drive, Tuesdays from 5 to 6 p.m., July 12 through September 27. A "Motivation to Quit" class will be held on July 12 from 5 p.m. to 6 p.m. at the Berlin Health Center. You can register at this session, or by calling the Worcester County Health Department at 410-632-0056.

Professionally trained instructors can help participants create a supportive environment to break the smoking addiction. The class will teach how to develop a customized plan for quitting. The smoking cessation course consists of seven sessions covering topics like stress management, weight control, assertive communication, how to develop a quit plan, relapse prevention, and physical activity.

7th Annual

DIAKONIA GOLF TOURNAMENT

Wednesday, July 20, 2016

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Keep pets cool, comfortable and safe during hot weather

Summer may be a time for vacations and recreational activities for human beings, but pets may not be privy to the same luxuries. Summer recreation may not always include our four-legged friends, as summer heat and other issues can pose a threat to companion animals. As a result, pet parents must make pet safety a priority when the weather heats up.

The Humane Society of the United States says that the summer months can be uncomfortable and dangerous for pets. Temperatures that may be tolerable for adults and children who are dressed accordingly may not be so for animals covered in fur. It is vital to help pets stay comfortable and safe as summer temperatures heat up. Pet parents also must be aware of particular dangers that go hand-in-hand with summertime activities.

Practice vehicle safety. It is never acceptable to leave pets in parked cars, even for a minute. Temperatures inside vehicles can rise quickly and considerably in a matter of minutes, even with the windows opened slightly. HSUS says on an 85-degree-day, temperatures inside parked cars can reach 102 F within 10 minutes. Pets can suffer irreversible and even fatal organ damage in that period of time. If you have to run errands, keep dogs and cats at home where they will be more comfortable.

Stay off of hot asphalt. If you have

ever walked on the hot sand or an asphalt driveway on a hot day, you understand just how scorching those surfaces can get. Dogs and cats do not have protective shoes to wear, so safeguard the delicate pads of their paws by keeping companion animals off of hot surfaces. Schedule walks in the early morning or late afternoon when temperatures are cooler.

Schedule a pet grooming visit. The American Veterinary Medical Foundation suggests speaking with your veterinarian to see if it's appropriate for your pet to get clipped shorter or to be shaved in the summer. But a fur coat can offer protection from the sun, so weigh the pros and cons before taking action. Apply sunscreen to your dog's skin if he or she has a thin coat.

Provide a way for pets to cool off. If you are hot, chances are your pet is

hot, too. Offer a means for pets too cool off, such as a wading pool when you are outside. Offer plenty of fresh water. Keep pets who do not enjoy the heat indoors with the air conditioner running on hot days.

Look for indicators of heat stress. The American Veterinary Association says heat stress is marked by heavy panting, dry or bright red gums, thick drool, vomiting, diarrhea, or wobbly legs. Move pets exhibiting such symptoms to a cool place, drape a damp towel over the animal's body, rewetting the cloth frequently, and get the animal to the vet as soon as you possibly can.

Exercise caution in the water. Dogs



can get swept away by rip currents just like human swimmers. If you will be boating, invest in a life jacket for your pooch and look for water hazards, such as currents, sink holes, and blue-green algae in lakes and ponds.



Success - American Cancer Society's North Worcester County Relay for Life celebrated its success with a wrap-up party June 14 at Frontier Town. The next fundraiser this year will be the 7th Annual Cancer Memorial Golf Tournament Saturday, September 3, at Ocean City Golf Club. For information on the tournament call 410-641-1779 or email dawnhodge@comcast.net.

Above: Relay for Life co-chairs **DJ Thompson** and **Dawn Hodge** present **Debi Wooten** of Stevenson United Methodist Church with the top rookie team award.

brexit

from page 12

profits or protect against all losses.) As you review your holdings, you may even want to consider adding international and U.S. stocks, if appropriate for your situation, to take advantage of the drop in price of many quality companies. As always, of course, be aware that the value of your shares will fluctuate and you may lose principal. Also, international investing does carry some special risks, mostly related to currency fluctuations and foreign political and economic events.

Keep your focus on the long term. If Brexit-inspired volatility does go on for a while, keep your focus on your long-term financial goals, which have not changed. By staying focused on the "far horizon," so to speak, you'll be less tempted to make short-term moves that may not be in your best interest. The Brexit vote may not be a positive development for the global economy. But we've gotten past bigger events in the past, including wars and other political crises, and we'll get through this one, too. As the British themselves famously posted on their walls during World War II, "Keep Calm and Carry On." That's good advice for investors, too.

This article was written by Edward Jones and is provided by Ben Ogle, financial advisor with Edward Jones, 11200 Racetrack Road, Suite A102 The Pavilions, Ocean Pines, MD 21811. Phone: 410-208-9083; Website: www.edwardjones.com.

eyes

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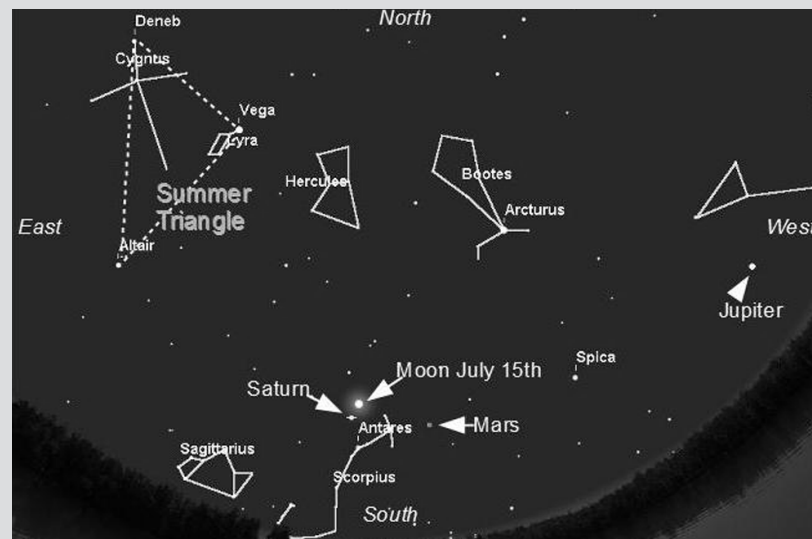
Saturn's ring system. Voyager-1 discovered the small shepherd moons Prometheus and Pandora, one on either side of the newly discovered ring F. Other shepherd moons are Janus and Epimetheus. Such moons act as gravitational caretakers, constraining the ring's particles and maintaining their orbital patterns.

Next month's column will focus on the Cassini-Huygens probe which has been orbiting Saturn since 2004.

This month stargazers may see the bright planet Jupiter appearing in the western sky at about 9 p.m. The full stellar vista comes into view at about 9:30 p.m., as the constellation Scorpius the Scorpion hovers just above the southern horizon. The planets Saturn and Mars are seen to frame Scorpius to the east and west, respectively.

An interesting conjunction takes place on July 15 when the moon, Saturn and the star Antares form a vertical line in the sky.

High in the northern sky, one can see the constellation Cygnus the Swan. Many stargazers are aware that Cygnus's star Deneb along with the stars Vega and Altair make up the summer triangle.



Diakonia golf tourney seeks golfers

There are still spots available for golfers to participate in Diakonia's 7th annual golf tournament fundraiser on Wednesday, July 20, at the Ocean City Golf Club, Seaside Course, on South Point. Registration includes golf cart, Captain's Choice Scramble, tee gifts and complimentary refreshments. Mulligans will be available. A catered lunch begins at 11:30 a.m., followed by a shotgun start at 1 p.m., with hors d'oeuvres and a cash bar during the final scoring segment. The

event concludes with an awards presentation and announcement of all raffle and 50-50 prize winners. A grand prize of a car donated by Sherwood of Salisbury will be awarded to the lucky person who is able to score a hole in one on the designated tee.

Sign up with a team of four, or as an individual and be assigned to a team. Cost is \$100 per player, \$400 a team. To register to play, contact Sandy Sribnick at 301-922-4127 or email at ssribnick@rcn.com.

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