

Aguascalientes, Mexico for the 2015 Pan American Open Taekwondo Championships, where Brandon and Marissa both won gold medals; Team USA members Jennifer Howard and Master Benny Lopez getting ready for the championships; Visitacion takes his place on the winners' podium



Throw a celebration that takes the cake. San Jose 2721 Aborn Road, Suite 10 (408) 238-7500

Evergreen 'Day in the Park' celebration Saturday, Oct. 3

By William Bellou Publisher

glorious day has been planned when the community gathers Saturday Oct. 3 at Lake Cunningham Regional Park for "Day in the Park 2015" from 9 a.m. to 3 p.m. This event brings our commu-

nity together for food and fun at Lake Cunningham where families are encourage to explore numerous opportunity for community resource information and also enjoy outdoor adventure

This year's event features more than 60 community part-



Free BBQ and pumpkins are always favorites at the event.

ners from non-profit services to local small businesses offering products and services.

Free BBQ and pumpkins are always a favorite at the annual event. The retired San Jose Police and Firefighters will be back at the barbeque grill flipping burgers. More than 200 volunteers are helping to make this year's event special. In addition, See DAY IN THE PARK, page 3

Evergreen Valley athlete wins gold medal at 2015 Pan American **Open Taekwondo Championships**

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By William Bellou Puhlisher

randon Visitacion (15), a sophomore attending D^a sophistic High School, won the gold medal in his division representing the USA Team at the 2015 Pan American Open Taekwondo Championships held in Aguascalientes, Mexico on September 10-11.

The USA team competed against National Team members from all over North and South American countries at the Pan American Championships. Marissa Mabanag (13), (Blossom

Valley) representing Team USA from the same Taekwondo School as Brandon, also won the gold medal in her division.

Brandon started his Taekwondo training when he was four vears old. He earned his first degree black belt at the age of eight. He is now a third degree black belt certified by Kukkiwon, the World Taekwondo Headquarters (Korea), and trains under master instructor and US National Team coach, Andrew Suh, at TAEMA Taekwondo, located in Blossom Valley.

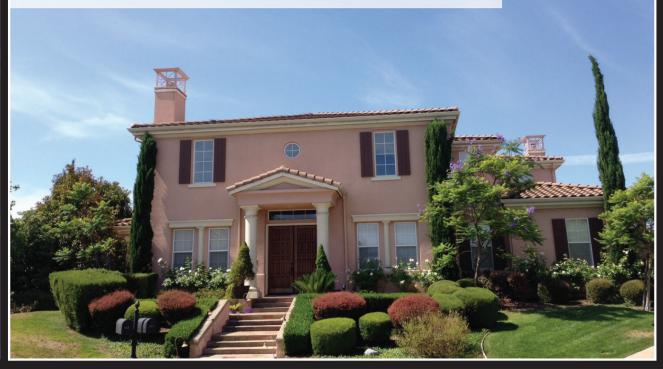
See TAEKWONDO, page 3

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Times Cover Stories



Winners at the Taekwondo competition take their places on the podium.

Taekwondo

Continued from page 1

Brandon, who earned a 3.90 GPA in his freshman year at Silver Creek, said he was a bit nervous during his first match against an athlete from Colombia. However, nerves aside, he won the match against Columbia (8-7), Dominican Republic (4-3), Peru (8-4), and Brazil in overtime after a 6-6 score. The event featured more than 30 Pairs division (synchronized Poomsae). Team USA earned an incredible 13 medals in the 12 divisions, including an impressive 10 gold, 2 silver and 1 bronze.

"I could not have accomplished all of this without the support of my parents, coach, and team mates back at home and in Mexico," said Brandon. "I was very happy at the end of my finals match. All of the hard work training many hours every day to have this opportunity to represent USA and win is amazing." To make the USA Taekwondo National Team, team members from TAEMA Taekwondo qualified at CA State Championships in Fresno earlier this year in April, followed by US Nationals in Austin, TX in July and lastly, the team placed first at USA Team Trials in Colorado Springs, CO in August.

"This competition was a huge deal for these athletes," said Jennifer Howard, a team member in the 30-40 year old division. "In preparation for the tournament in Mexico, our team has been training 3-5 hours a day 5-6 days a week," said Jennifer.

Jennifer explained that to earn a gold medal at this level of competition is very rare. "But to have two teammates from the same school, with the same coach, both winning Gold at Pan Am and team trials is unbelievable," she said.

Brandon's favorite quote: "Champions behave like champions before they are champions." –Bill Walsh

Day in the Park

Continued from page 1

the popular food trucks, MoGo BBQ and Treatbot, will be available for purchased food options.

Day in the Park 2015 will offer a multitude of resources including United Way, San Jose Police Department Crime Prevention, New York Life Insurance, The Foundation for Hispanic Education and many more.

The San Jose Police Department will have a recruitment booth for those interested in applying to the department or learn the requirements for possible future employment.

In addition to the free BBQ, outdoor activities include skate park access, outrigger canoe lessons, a job and community resource fair, food trucks (Treatbot and Mogol), live entertainment, an obstacle course, rock climbing wall, and back again this year - the popular photo booth. Among the various mascots visiting us this year are Danny the Dragon, Sharkie, "Q" (from the San Jose Earthquakes), and Gigante (from San Jose Giants Baseball). Children and adults are encouraged to grab a fun picture of their favorite mascot to share with family and friends.

Get healthy and stay healthy by climbing the free Rock Wall, get a free blood pressure check at the Evergreen Valley College Nursing Program's booth, and receive a free balance screening from Vortex Physical Therapy and Balance.

Day in the Park is also partnering with Brian Hom and the Food Allergy and Anaphylaxis Connection Team's (FAACT) event - Walk/Run for Food Allergies - to raise awareness of food allergy issues. We are looking forward to helping spread awareness of this issue that affects so many people while also sharing Day in the Park with even more participants. To register for the walk, visit the FAACT website http://www.sanjoseca.gov.

SPORTS BRIEFS

Youth basketball league begins September 11th at Chaboya Middle School

Open to boys and girls in the 5th thru 8th grade

Teen Basketball at Chaboya Middle School begins Friday, September 11th thru November 20th for all interested boys and girls in grades 5th thru 8th regardless of the school they are attending. Sign-ups will continue until the 120 available slots are full (60 players in 2 divisions). There will be two co-ed divisions of 6 teams and no more than ten players on each team. In this "funpetitive," league everyone plays equally for four quarters.

Practices are usually no more than once a week and we are looking for coaches (most coaches practice right before their game). Cost for the league is \$165 which includes a game jersey, 8 or more games, personal basketball, participation medal, 1st and 2nd place trophies, facility rental and officials.

For more information or to register, phone John at (408) 605-1513 You can also stop by Chaboya, or e-mail E.A.S.Y. Hoops Basketball at easyhoopsbasketball@yahoo. com to obtain a registration form.

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This Week:

NEWS

Local secondary housing units can help ease the housing shortage in San Jose: PAGE 6

FEATURE

Canadian immigrant in Evergreen specializes in fitness training: PAGE 10

NEWS

Iguanas restaurant offered free food 'til we ran out' in Evergreen: PAGE 11



▲ EVENT You can help 'Keep Coyote Creek Beautiful' on World Habitat Day: PAGE 12

ALSO Meeting Times: PAGE 14 Worship Guide: PAGE 15



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Valley Currents

cur•**rent** (adj.) *Present, topical, timely, newsworthy.* (n.) *Movement in a definite direction, a flow.*

New Seasons Market to raise starting wage

Beginning on January 1, 2016 New Seasons Market will implement new wage scales for all store positions, and the starting wage for all store staff will increase from \$10.30 to \$12.00 per hour.

Since its founding days, New Seasons has had an internal starting wage that is higher than the federal and state minimum, and offers a generous compensation and benefits package. The company's new starting wage will be higher than California's new starting rate that also goes into effect on January 1, 2016. California's starting wage will increase from \$9.00 to \$10.00 on the first of the year.

"We believe raising the minimum wage is the right thing to do for our staff and our communities, to ensure everyone can thrive in the communities they live and work," said Wendy Collie, CEO of New Seasons Market. "We will be raising starting wages to \$12 as of January 2016. A higher minimum wage policy needs to meet the needs of our staff, our customers and the communities we serve, to ensure sustainable businesses and the vitality of the economy as a whole.

About New Seasons Market

New Seasons Market, located at 5667 Silver Creek Valley Rd, is a neighborhood grocery store and a champion for healthy regional food systems. Beginning in 2000 with a single Portland store, today it runs 17 stores companywide-16 New Seasons Markets in Oregon and Southwest Washington, as well as one store in San Jose, Calif. It also owns and operates five New Leaf Community Markets in Northern California. New Seasons is dedicated to cultivating community and delivering trademark customer service that lives up to its reputation as "the friendliest store in town." Its stores offer a wide array of local organic produce at season's peak, humanely raised meats from animals fed or finished on a non-GMO diet, sustainably harvested seafood, Oregon Tilth Certified Organic artisan breads, handmade freshly prepared foods and unique, artisanal local finds alongside favorite classic brands. It's also a leader in sustainability, progressive employment and giving back to community, donating 10 percent of after-tax profits to local nonprofits and community organizations. As a result of its mission-driven approach, New Seasons became the first grocer in the world to become a certified B Corporation, which recognizes companies committed to using the power of business for good, taking as much care of staff, community and environment as they do their business. www.newseasonsmarket.com



Herrera commemorates National POW/MIA Recognition Day by raising the POW/MIA flag in City Hall Plaza

Recognizing the significance of flying the POW/MIA flag and in response to requests from San Jose Veteran's Groups, Vice Mayor Rose Herrera hosted a flag raising on Friday, September 18.

To commemorate National POW/MIA Recognition Day, members from American Legion Post 419 performed the flag ceremony. Bugler Boyd Green provided the bugle call.

As an Air Force Veteran, Vice Mayor Herrera won support from her council colleagues to fly the POW/MIA flag at City Hall 365 days a year. The flag raising marks the first day that the POW/MIA flag will be flown continuously at City Hall. San Jose is the first large city in California to fly the flag at City Hall 365.

"As a Veteran, I understand the importance of remembering and honoring those soldiers who never came home from war or conflict," states Vice Mayor Herrera, "The principle of leaving no one behind - no matter the cost - is deeply embedded in the U.S. military and for our Veterans who did come home and the families who still grieve over POW/MIA victims, flying this flag provides some amount of consolation."

The event was attended by San Jose Mayor Sam Liccardo, Councilmembers Ash Kalra, Magdalena Carrasco, and Johnny Khamis. Veteran's groups who attended include The United Veterans Council of Santa Clara County, Veteran's Supportive Agency, American Legion Posts 380, 419, 642, 809, District 13, American Legion Riders, Blue Star Moms, Disabled American Veterans of America Chapter 11, San Jose Vietnam War Memorial Foundation, Scottish American Military Society - Post 1921, Scottish American Military Society - Region 16, Society of 40 & 8 (40/8), Sons of the American Revolution, Sons of Union Veterans of the Civil War, United States Volunteers, Veterans of Foreign Wars, Veterans of Foreign Wars Post 344, Veterans Support Services, Vietnam Veterans of America Chapter 201 and Associates of Vietnam Veterans of American Chapter 201.

The POW/MIA flag will be flown directly beneath the American flag in accordance with the U.S. Flag code 189. Recognition of National League of Families POW/MIA flag:

The National League of Families POW/MIA flag is hereby recognized officially and designated as the symbol of our Nation's concern and commitment to resolving as fully as possible the fates of Americans still prisoner, missing and unaccounted for in Southeast Asia, thus ending the uncertainty for their families and the nation.

Description of the POW/MIA Flag

The flag is black, bearing in the center, in black and white, the emblem of the League. The emblem is a white disk bearing in black silhouette the bust of a man, watch tower with a guard holding a rifle, and a strand of barbed wire; above the disk are the white letters POW and MIA framing a white 5-pointed star; below the disk is a black and white wreath above the white motto YOU ARE NOT FORGOTTEN.

LET THE EVERGREEN TIMES HEAR FROM YOU! Send your letters to editorial@ timesmediainc.com or via postal mail to: Evergreen Times, Silicon Valley Business Center, 1900 Camden Ave., San Jose, CA 95124

Times Local News



to Great America's annual "Halloween

READY TO FACE YOUR FEARS? Times staff writer newest 'zombie' at **Great America's 'Halloween Haunt'**

By Diane Blum Times Staff Writer

recently signed up to work as a zombie at Great America's Halloween Haunt, their annual park-wide scream fest. You know, when the park is (literally) crawling with some 500 zombies, evil clowns, prisoners on the loose (from a mental asylum, of course) and other gory evil-doers.

I already loved the event as a guest and I'm known for my love of all things that go bump in the night, so I figured I'd be a natural.

But first, I had to meet the park's "fright" requirements.

There's the three hour orientation, where I learned that most of the other "scare talent" had already worked in Haunt in previous years. Returning zombies, freakish wax museum figures and roving goblins. I also found it was a very dedicated, fiendish bunch, all very passionate about their particular horror character. Their enthusiasm is definitely "to die for".

All were talking about their preferred "scare strategy." Of course, all talent goes to mandatory "Scare School", so you learn all the secrets and tricks of the trade to be your frightful best. Along with great acting and passion, the professional make-up and costuming helps turn ordinary human beings into demons of the dark.

There are 9 frightful mazes, each with its own unique theme (new this year, inSanitorium, where the inmates are just a little insane). The eight returning haunted mazes include Zombie High, Wax Museum Chamber of Horrors (where did that wax figure go?), Roadkill Road House, CornStalkers (nothing like frightening scarecrows romping in the hay), Madame Marie's Massacre Manor, Mirror Mirror, Toy Factory and Dia De Los Muertos.

There are 3 all-new scare zones with roaming creatures, all superb at emerging from the fog at just the scariest possible moment. I'm working in the zombie infested "Evacuate!" scare zone (unfortunately, most of my coworkers are undead so I'm not making any new friends); and there is also Killer Clown Town (this is where unloved clowns go to cheer up, and unhappy clowns are not pleasant) and Lockdown (don't even ask who has escaped). There are even creatures slithering around on the ground, yes, the ground, so watch your step!

To top it off, there are 4 haunting shows, and of course, there are Great America's superb thrill rides should you still have any of your nerves left!

Along with seemingly endless fog; the elaborate sets, lighting and special effects will



Evergreeen Times staff writer Diane Blum is the Halloween Haunt's newest zombie.

all ensure a totally creepy, interactive experience. So creepy, the event is recommended for those over 13 (and those who don't easily faint at the sight of a lot of blood and gore). I also wouldn't recommend bringing infants or toddlers due to the dark lighting, the scary nature of the event and crowds.

Come early this month, as the event does get more crowded closer to Halloween, and also, get the Fright Lane pass, which provides you front of maze line privileges as well as exclusive Skeleton Key access to five special 'experiences" where only the bravest souls are allowed.

Halloween Haunt runs every Friday, Saturday and Sunday through Halloween. Check their website for specific times, which vary.

Tickets can be purchased online at www.cagreatamerica.com/haunt with free admission for 2015 and 2016 Gold Pass holders. Students can receive some scary discounting by showing their valid student ID. Check out the online specials, such as the combined Admission/Fright Lane pass available on some Friday nights, and don't forget to budget \$20 for parking (you might want to ghoul-pool with your friends).

For the younger kids, The Great Pumpkin Fest allows kids 12-and-under to wear their costumes and trick-or-treat during daytime hours with Snoopy and the Peanuts Gang. Check out the website for times, running Oct 2-Nov 1

So come face your fears and enter a world of terror where your screams may in fact awaken the undead!

Editor's note: Note that costumes are not allowed at Halloween Haunt, and there are security searches at the entry gates.





was exemplary. Entire staff was knowledgeable & you get the sense they actually care about your business. The facility is clean, new, and has state of the art equipment.

-Anthony C. 11/10/2014

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EVERGREEN TIMES OCT. 2 – OCT. 15, 2015 **PAGE 5**

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Times Local News

Local secondary housing units can help ease the housing shortage in San Jose

By Vice Mayor Rose Herrera

Special to the Times ike other cities throughout the Bay Area, San Jose faces the need to house a growing population. Secondary units, previously referred to a "granny units," could be part of the solution. Modifying zoning policy and solving parking issues would encourage residents to add units average size (600 to 700 sq ft) that could account for 5% of new

affordable housing production. Planners and other stakeholders see secondary units as one way to accommodate future growth. For instance, in its projections for the Grand Boulevard Initiative in San Mateo/Santa Clara counties, the Greenbelt Alliance assumes that 5% of new housing production will come from in-law units.

Yet, local regulations may impede development. A Center for Com-

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For registration information and placement on a mailing list call (408) 918-7770 or visit parkhere.org and click on "education" and "Jr Ranger Program".

munity Innovation (CCI) at the Institute Urban for & Regional Development (IURD) at UC-Berkeley study found that zoning and planning regulations, particularly onerous parking requirements, constituted the most significant barrier to secondary unit development. From this same report The Craigslist data indicates that

30% of secondary units are affordable to households in the very lowincome category (30% to just under 50% of AMI), and that 49% lie within the low-income category (50% to just under 80% of AMI). A secondary unit strategy, by bolstering the stock of units in the very low-income and low-income affordability categories with minimal expenditures of public funds, could therefore help to free up such scarce (and dwindling) monies for the subsidization of the lowest income affordable developments.

Affordability is a critical issue as both the price to buy a house or rent an apartment puts San Jose on a short list of the least affordable places. This means that not only new arrivals must face the challenge of affording a place to live but also those who grew up here and would like to retire where they grew up and adult children who would like to stay in San Jose but are often forced to leave because they cannot afford to live here. The word gentrification is used to describe San Francisco's struggle with affordability and the push back from neighborhoods like the mission district to the tech boom and the rising housing costs. San Jose is looking at a variety of ways to address our housing challenge. As the urban center of Silicon

Valley we are looking at innovative

ways to address the problem. San

Jose's General Plan 2040 projects



District 8 Report By Rose Herrera City Councilmemb

building single family homes on large parcels at the outer edge of the city are instead encouraging the building of higher- density, multifamily housing closer to our core. Increasing supply will help slow increasing

costs. We are also encouraging infill housing development throughout the city where we can increase housing density.

The city is pursing two strategies, inclusionary housing and the Housing Impact Fee to encourage the building of affordable housing. Inclusionary zoning is currently being challenged in the U.S. Supreme Court. The Housing Impact Fee will start seeing revenue generation in around 4 years and will provide around \$20M a year for affordable housing. We will need to be creative and utilize every option including increasing the number of Secondary units to meet the housing demand.

At the start of every fiscal year (August), our city council votes on setting policy priorities that we agree we will ask staff to work on during the year.

This year, in response to the need for housing, I asked my colleagues to consider asking staff to consider modifying the San Jose Municipal Code to make changes in the zoning and other changes that would facilitate the building of secondary detached residential units on residential parcels. I argued that in the midst of the worst housing crisis this city has seen, it is important we pursue every option we can for building more space that can house our residents with dignity. Like other Bay Area cities, Secondary

Detached Units in San Jose allow for a naturally affordable housing unit as well as creating a place that older and younger residents can stay with family and retain their independence. By amending the City Code to allow for the safe construction of a Secondary Residential Unit detached from the main house, we add one more tool to our residents' tool belt to help combat skyrocketing rents and housing availability. The argument was well-received and my nomination to add this to our short list of priorities won support.

This type of unit could provide a viable alternative for an elderly parent, an adult child, a source of income. These units are naturally affordable and unsubsidized by the city. There is a high demand for these types of units as proven by the large number of illegally built secondary detached units (estimated at 12,957 by a UC Berkeley study conducted prior to 2006). Our current requirements for secondary units are a barrier to them being built. Some of the biggest hurdles are the minimum lot size of 8,000 square feet, the parking requirements, and the required minimum required setbacks. Fortunately, these hurdles are addressed in the revised General Plan 2040 EIR, which the city Council will be voting on before the end of the year.

The housing crisis has been a continuous discussion amongst my colleagues and city staff. Secondary housing units are one way we can address this.

The discussions on both Secondary Housing Units and Rent Control will continue at City Council over the next few months. I encourage you to become educated on the subjects and voice your opinions through emails to the council and attending one of the public meetings on the subjects.

If you have any further questions or comments, please do not hesitate to email my office at district8@sanjoseca.gov. I want to keep you informed! Sign up for the District 8 newsletter - go to www.sanjoseca.gov/district8.

Coffee Chat with Vice Mayor Herrera and Captain Mata on public safety

On Thursday, October 8, community members are invited come and share their concerns and ideas regarding public safety in our community with Vice Mayor Rose Herrera and Police Captain Tony Mata. This event will be held from 9:30 am - 11:30 am in the

Gas prices continue to fall

Average retail gasoline prices in San Jose have fallen 2.8 cents per gallon in the past week, averaging \$2.92/g yesterday, according to GasBuddy's daily survev of 427 gas outlets in San Jose. This compares with the national average that has not moved in the last week to \$2.29/g, according to gasoline price website GasBuddv.com.

Including the change in gas prices in San Jose during the past week, prices yesterday were 79.9 cents per

New Seasons Market Evergreen's classroom. Coffee and refreshments will be served. New Seasons Market is located at 5667 Silver Creek Valley Rd, San Jose. For more information or questions about this event, please email Jennifer.gonzales@sanjoseca.gov.

gallon lower than the same day one year ago and are 28.0 cents per gallon lower than a month ago. The national average has decreased 22.1 cents per gallon during the last month and stands 104.6 cents per gallon lower than this day one year ago.

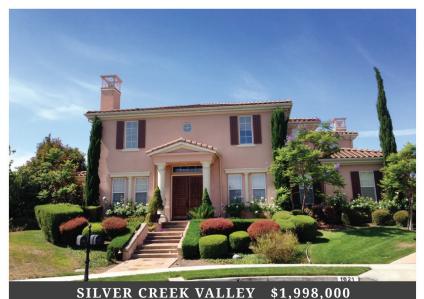
"Retail gasoline prices should be expected to continue a slow but steady descent consistent with what typically occurs when cheaper 'winter blend' gasoline becomes more available as we near the beginning of the fourth quarter," said Gregg Laskoski, GasBuddy senior petroleum analyst.

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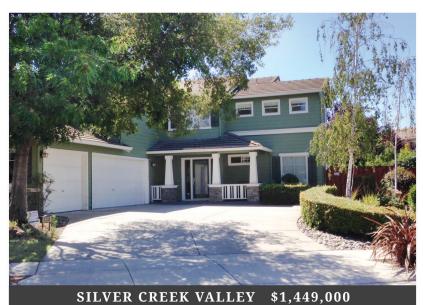
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Times Local News

Imprisonment of Sir Cyrus has happy ending

By Frank Shortt Times Staff Writer

Socks, a great mouser, spent many days sleeping on my patio. Everyone began calling him socks and he adopted me as his own.

When he's outside he's constantly prowling on court or the environs. If anyone's garage door is open, he walks gingerly around the whole perimeter, sniffing everything in sight, and it is easy to tell what he is looking for. This is what led to his imprisonment and how my wife Sharon and I learned his true name.

Several times, since making Sir Cyrus's acquaintance, I noticed dead mice, and even a large rat, lying at the base of the stairs leading up to John and Veronica's townhouse. They are Cyrus' owners.

This is Cyrus' way of telling us that he is, indeed, doing his job. On Mother's Day, our neighbors, John and Veronica, informed us, "We have not seen Cyrus in about four days and we fear that someone or something has detained him. We have

already searched the area very diligently and have even gone to the Animal Shelter, who informed us that no cats fitting Cyrus' description had been brought in." This is how we finally learned the mouser's real name.

"I am sure that he was here for a visit on Tuesday as he came in my garage where I was working and did his sniffing routine and even lay down in the middle of the garage for a rest." I replied fearfully.

John and Veronica were leaving to visit John's mother for her special day. "If I see Cyrus I will try to detain him and let you know when you return."

We visited several homeowners that afternoon letting them know that Cyrus was missing. They all promised that they would inform him if they should happen upon the wayward cat. I even went down by the creek to see if any birds of prey were circling about. Someone had reported that coyotes had been seen running through the complex on several occasions.

While working on my computer, I heard a thumping on his front door. Upon opening the door, there stood Lisa, the elementary school teacher, with her little dog on a leash. I had informed her beforehand about the missing feline as he sometimes napped on her patio.

"I think I have found Cyrus the cat, she

informed me. As I was walking my dog, I thought I heard cat sounds coming from the garage on our court. As I listened more closely, I was sure there was a cat trapped inside!" This was the answer to our prayers. I said "Let's go see what we can do to rescue Cyrus." If we cannot extract him, maybe we can slide some water and food under the door to keep him alive until such time that the owners return." There was no visible way that Cyrus could be rescued except to resort to breaking down the door. They did not dare do this as it was not their door. They attempted to do the second option. This proved to be a little more difficult than had been thought at first. I got a huge screwdriver in my tool box, and placed the screwdriver underneath the door in order to pry it up.

Lisa ran to get some water, and she just hap-

pened to have some cat food around also. The container Lisa brought would not fit underneath the door! She went inside and returned with a paper bowl that would go under the door by prying a little harder with the screwdriver. We could hear Cyrus

eating the food, and hopefully, drinking some water. I called a relative of the home owners to see if he might have a clue as to their phone number. This panned out nothing. Lisa called the HOA and informed them of the situation that evening.

On Monday morning, I called Ron, a former board member, to try his key on the garage door, hoping that maybe it would open. No such doings! He went home and called the Homeowner's Association again to see if maybe they could contact the owners of where "socks" was imprisoned. Joanne had been trying since Lisa called her on Sunday evening. I told Ron to please give his number to the HOA and if they found out anything to call him right away. During the afternoon on Monday as I was taking a nap, the phone rang with news from Joanne at the HOA that Mike and Cay were on their way home. This was great news! Now we could all breathe a little easier.

Mike and Cay had left for a flight to Canada and had never dreamed that there was a nosy cat inside their garage. Thankfully, Cyrus is a very neat cat and did not rearrange the garage too badly. Thanks to all the neighbors who pulled together to make sure Sir Cyrus will continue doing his great job of policing the neighborhood for unwanted pests of the "rodentia" persuasion.

Three cheers for Cyrus the Great Survivor!



Capitol Mazda donates \$11,000 to 'Go Red for Women'

apitol Mazda was celebrated by Mazda North American Operations (MNAO) for being the top volunteering dealer in the nation in 2014.

The Capitol Mazda staff volunteered more than 3,000 hours through their work with the Mazda Drive for Good program. Their commitment to the community is evident not only through their recognition from MNAO, but through their check donation to GO RED AMHA.

The Del Grande Group (Oak Tree Mazda, Concord Mazda and Capitol Mazda) surprised representatives from "Go Red for Women" with a donation of \$11,000 - monies that were generated and combined by the dealerships through Mazda Drive for Good community grants funds.

Mazda Drive for Good, on a national level, continues to give back to local communities across the U.S. throughout the year through volunteering and through community grant donations such as the one presented at Capitol Mazda.

The Silicon Valley Go Red for Women focuses on three areas to support the fight against heart disease in women: heightening awareness of the issue, creating a passionate call-to-action and generating funds to support education and research.

Evergreen **Times PHOTO CONTEST** Grand Prize: \$150 worth of groceries! POWERED BY NEW SEASONS "Where local and organic meet

MARKET

September's Winner!

classic favorites"



The winning photo for September is by **Emilie Wu**. "My daughter, **Miranda**, likes to fuel her fun by eating freshly picked apples from Gizdich Ranch in Watsonville," Wu said. Congratulations, Emilie!

October's Theme: Back to Basics ENTER TODAY!

OFFICIAL CONTEST RULES: **Deadline** – Photos must be received before 5:00 p.m. Sunday, Oct. 31, 2015 and should be emailed to: **photocontest@timesmediainc.com**.

PHOTO AND PHOTOGRAPHER ELIGIBILITY: Anyone may enter a photo in the contest. All ages are welcome. Photos should be no smaller than 800 by 600 pixels but no more than 2MB in file size. Images should be submitted in JPG (at high quality). No panoramas

please. Image Modifications: Minor digital enhancement is permitted, but images that have been significantly modified or appear unnatural will be disqualified. Images must be in natural color. No watermarks, signatures, or copyright notices may be added to images. All winning images will be displayed with the photographer's name. Adding or replacing elements in an image is not allowed.



September runner-up: **Maya Sydir**. "This is an unedited photo I took of waterskiing at sunset."

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y, enthusiasm 9021 Village View

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www.davidharrisrealtor.com 408-223-7200 408-754-1500 Times Feature

Canadian immigrant of Evergreen specializes in fitness training

By Frank Shortt Times Staff Writer inspirations are Arnold Schwarzenegger and Josh Henkin, both body builders that inspired by her strong-willed mother whose fearlessness taught her independence and how to survive through the hard times in her life. She is Ling

Romulo, Evergreen Fitness Trainer.

Ling dishes out helpful nutrition advice to

her clients. She acknowledges her ex-husband for buying her a book entitled, Body for Life by Bill Philips that taught her the fundamentals of training and how to shape her body.

Ling says, "My motto is like Nike's ad "Just Do It!'

"I believe in taking action and not pondering over unnecessary doodads," said Ling. "I think diving into an activity without overthinking about it is best sometimes. I do focus



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Fitness trainer Ling Romulo tells her clients to "just do it!"

on form and technique but I don't believe in bombarding someone with too much information and causing too much overload."

Ling said that sometimes you just have to 'do it" and then make adjustments to the exercise along the way. "A short explanation with good demonstration is sufficient," she said. "I find that sometimes if I focus on too many variables then it's even harder to perform the exercise or to even start something."

Ling was born in Hong Kong but she, along with her family, migrated to Toronto, Canada when she was two years old where she became a citizen. She lived in Toronto until twenty-four years of age and graduated from University of Toronto with a Bachelor of Commerce degree.

Ling moved back to Hong Kong shortly after graduating from college to work for a bank. After 5 years of living in Hong Kong, Ling met her future husband, and was married. They then moved to Manila, Philippines living there for 10 more years having two girls while there before moving to San Jose in 2005.

Ling obtained a certificate with ACE (American Council on Exercise) in the year 2000 when she decided to become a personal trainer. "I began my present business in Manila, Philippines in 2001," said Ling. "I started out as a part time personal trainer for fun. I was able to lose my baby fat (from having given birth to two girls) by exercising intensely for a few months. Shortly after attaining my weight goal, some trainers (in the gym that I worked out in) challenged and encouraged me to compete in body building. So I decided to have a new goal and trained myself further to compete in Ms. Philippines Body building competition in 2002. I was able to transform my body drastically in about four months. After competing and winning third

place in the Nationals, people became interested in training with me. At first it started out as a hobby in the Philippines, in 2006, I worked at the Bally Fitness facility in San Jose shortly after moving from Manila. I started working part time and then it became full time. I then worked for Club One in San Jose for three years from 2007 until 2010. Afterward, I decided to go on my own and work out of my garage. I was hesitant to start my own business at first because I didn't have much equipment or space. I was also not confident that I would get a

steady flow of clients."

She continued, "I soon discovered that I didn't need a lot of huge equipment to train people. I have lots of exercise tools and have added to my collection for the past five years. I am constantly discovering new exercise tools and adding them to my gym. People love the variety that I offer them in my training. I keep it fresh all the time and love to learn new moves and use different tools as I often attend workshops and educational trainings to keep up with new trends in the fitness industry. I also have an interest in nutrition and life coaching. I plan to get certified in both in the near future."

Ling overcame her fear of not having enough clients as many of her clients encouraged her to start her own business. They could see that she had what it takes to succeed in her chosen field. From the assistance of Yelp reviews, from her clients who followed her from Club One, she was able to build up a very comfortable roster of new clients. Her clients enjoy the encouragement and education she has to offer.

"I hope to be able to expand my business by offering a more comprehensive nutrition course and also some life coaching for those who seek more help than just the physical aspect of personal training," said Ling. "I think it's important to understand the underlying motivation for people to want to start a training program. People come to me for many different reasons; to lose weight, tone up, shape their bodies, build more strength and muscle mass or just to stretch out their muscles."

For more information, contact Ling Romulo at ling.romulo@gmail.com, or by phone at (408) 550-4236

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WOMEN'S HEALTH

2015

Times Feature



Franklin Collazo (in the blue and white t-shirt) stands in the sun waiting his turn on "Stupid Saturday!"

'STUPID SATURDAY' Iguanas restaurant offers free food 'til we run out' in Evergreen

By Frank Shortt Staff Writer

S aturday Sept. 26 will be remembered by many Evergreen residents as the day they happened to be at the right place at the right time when Iguanas restaurant offered "free food 'til we run out!"

Iguanas termed the special day as "Stupid Saturday" as every Iguanas location, except the Santa Clara store, was included in this fantastic offering. The doors opened at 11 a.m. with a long line of patrons crowding the outside perimeter. The parking lot at the location was nearly full.

If any restaurant wants to bring attention to its offerings by attracting a huge crowd, all it has to do is offer free food! The head cook, Romero, was on hand to insure that everyone received a fair shake, no pun intended. Free drinks were included in "Stupid Saturday."

Iguanas only asked that there be only one person per order and one meal per person; and no Burritozillas or Super Iguanas were included in the food giveaway. This resulted in a win-win situation for both the restaurant and the patrons.

The restaurant's management believes they added many happy new patrons with its gesture that will ultimately make up for any lost revenue. Also, this is Iguanas way of saying thank you to their loyal patronage.

Iguanas offers fantastic burritos of all sizes, mouth-watering enchiladas, like momma used to make, as well as scrumptious tacos with any meat desired, including chicken, carne asada, and carnitas. They also offer a variety of drinks, sodas as well as authentic Mexican drinks.

The crowd, although enthusiastic, was very orderly and treating "Stupid Saturday!" as a festive occasion. This was a chance to meet new neighbors, visit with a friend, or visit with family for some precious moments.

Who should be there but Franklin Collazo famed for the 'Walk and Roll' program at Laurelwood Elementary School? His comment, "Great idea!" Michelle and friend eagerly awaited the preparation of their food. They too thought this was a wonderful gesture on the part of Iguanas.

Friday, October 9, 2015 will be another blockbusting day for patrons of Iguanas. This is the day they will offer a free t-shirt with any purchase. Now who can beat the likes of that?

"Stupid Saturday" is a registered trademark of Iguana's Restaurant.



Patrons line up for Iguana's new drink dispenser.

Off The Shelf: Introducing Hoopla

By Amelia Vander Heide Special to the Times

any San Jose Public Library patrons love to utilize our wide selection of media from DVDs to music CDs. Now patrons are able to access some of that media from the comfort of their own homes. Film lovers, binge-watchers, music aficionados, comic book nerds, and avid eAudiobook listeners now have access thousands of movies, television

shows, music albums, comics, and eAudiobooks. All are available for mobile and online access through Hoopla- all you need is your San Jose Public Library card.

To register for Hoopla please visit http://www.hoopladigital.com then select the Log-In link followed by the Sign-Up Now link. Patrons will need a valid e-mail address, as well as their library card number and PIN to complete registration. Hoopla also has a free mobile app ready to download for Android, IOS, and Kindle Fire HDX devices. Patrons may checkout Movies and TV shows for three days, whole music albums for seven days, and eAudiobooks and comics for a full 21 days. Still have questions? Feel free to call the library or come-in for further assistance.

Baby and Me

Evergreen Branch Library is excited to

announce the launch of two new programs. Baby and Me Storytime will begin a four week engagement on Saturday October 3 at 11 a.m. This program is designed for babies 0-18 months and requires caregiver participation in all songs and activities. Older children may not come to this event and space is limited to 20 babies. Parents and caregivers must register either in-person or by calling the library at (408) 808-3060.

Adult Computer Basic Class

Are you new to the computer and the Internet? Would you like to learn how to use a computer, navigate the internet, and open an email account? If so, then the Adult Computer Basics Class is for you. Come and receive instruction on a variety of computer applications including Microsoft Word, Internet, and how to set up an email account. This class will be taught in English, but instruction in Hindi/Gujarati is also available. This class will be held for six weeks on Tuesday mornings at 10 a.m. beginning October 6. Registration is encouraged, but not required. To register, please visit the information desk or call the library at 408-808-3060. **Free Flu Shot and Resource Fair**

> In addition to these two new serial programs, the Evergreen Branch Library will be hosting two special one-time programs. Join us on Tuesday October 6 from 11 a.m. - 2 p.m. for Free Flu Shot and Resource Fair. Adults 18 and over, non-Kaiser patients, are welcome to receive a free flu shot. Families with young children are welcome to come and enjoy a Family Storytime on Saturday October 10 at 1 p.m. This special storytime is recommended for entire families, especially for those with children 8 years old and younger.

Additional Events

You can view Evergreen Branch Library's complete event listings and information on activities at other library locations at events.sjpl.org. Updates on library events are also available via our RSS feeds (sjpl.org/updates) and our Facebook page (https://www.facebook.com/sanjoseli-

brary) Parking

When the library parking lot is full, customers may find additional parking available at Grace Church on the other side of Aborn Road. We thank Grace Church for this generous offer that allows the library to better serve the Evergreen community.

Amelia Vander Heide is a librarian at the Evergreen Branch Library. Evergreen Library is located at 2635 Aborn Road, between Capitol Expressway and White Road. The library phone number is (408) 808-3060. Evergreen Branch Library is part of the San José Public Library System. For more information, visit the library website, sjpl.org.





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New Seasons Market Evergreen Events

Every Fri, 5-7pm & Every Sat, 2-4pm: Complimentary Wine Tasting and Cheese Pairing. Educate your palette! Oct 2: Morgan Winery, Oct 3: Scott Harvey Wine, Oct 9: Cannonball, Oct 10: Storrs & Rockwall.

Tues, Oct 6, 4-5pm: Kidlandia Afterschool Fun & Snacks for Kids Ages 4 – 9. Bring your Little Seasons for afterschool activities every Tuesday. Meet in the Cafe area for coloring, crafts, and making easy, tasty snacks. \$5. Space limited, please preregister (see below).

Sun, Oct 4, 12-2pm, Oktoberfest. Celebrate a 200 year old tradition by joining us for a complimentary beer tasting and tasty \$5 bratwurst sausage plate.

Thursday, Oct 8, 9:30am-11:30am, Coffee Chat with Vice Mayor Herrera & Police Captain Mata. Share your concerns and ideas regarding public safety in our community with Vice Mayor Rose Herrera and Police Captain Tony Mata in the New Seasons Classroom. Refreshments will be served. Free. For more information or questions, please email Jennifer.gonzales@sanjoseca.gov.

Tues, Oct 13, 4-5pm: Kidlandia Afterschool Fun & Snacks for Kids Ages 4 - 9. Bring your Little Seasons for afterschool activities every Tuesday in the Café area: coloring, crafts, and making easy, tasty snacks. \$5. Space limited, please preregister (see below).

Wed, Oct 14, 3-4pm: Afternoon Tea Party for Seniors. Have a seat in our Café area, pour yourself a cup of tea, chat with friends and make new ones. A variety of teas, pastries and cookies will be available. Offered every second and fourth Wednesday. \$1.

Wed, Oct 14, 6-7pm, 12 Tips to Staying Slim During the Holidays Wellness Lecture.

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MARKET

5667 Silver Creek Valley Road NEW SEASON San Jose, CA / (408) 513-8200 newseasonsmarket.com

Today is National Desserts Day and the perfect time to learn 12 easy tips for enjoying the festivities without the guilt! Free. Preregister (see below).

Thurs, Oct 15, 8am-9pm: **Community Day for Camp** Galileo at James F. Smith Elementary. 5% of the day's sales will be donated to this nonprofit whose mission is teaching and inspiring kids PreK - 8th grade to be fearless innovators

Sat, Oct 17, 11am-2pm, The **Great Pumpkin Taste-Off!** Enjoy samples of a variety of tasty foods and beverages throughout the store that have pumpkin as an ingredient. Vote for the best employee-made pumpkin dessert and jack-olantern contests! Free.

To preregister for classes, visit the Solutions Counter in the store or go to: www.newseasonsevergreen.eventbrite.com. New Seasons Market is located at: 5667 Silver Creek Valley Rd, San Jose. 408-513-8200. Connect with us at. www.newseasonsmarket.com/o ur-stores/evergreen



You can help "Keep Coyote Creek Beautiful"

"Keep Coyote Creek Beautiful" is a nonprofit organization dedicated to keeping Coyote Creek clean for its neighboring residents and the surrounding area. This Saturday, October 3, is World Habitat Day cleanup, located locally at the Tully ball fields. The organization is currently looking for more volunteers to help from 9 am to noon. If you would like to help "Keep Coyote Creek Beautiful" restore Coyote Creek, a crucial ecosystem, to its former glory, sign up and help clean up the creek. Registration instructions and further information can be found at: http://www.eventbrite.com/e/103-coyote-creek-cleanup-for-worldhabitat-day-registration-18007472836.

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Castillo at 238-2000

Evergreen School District Board of

Meetings are typically

held on the second

month. in the district

boardroom at 3188

Evergreen School District

Parent Advisory

The Parent Advisory Committee Meetings for

2015-16 will meet on

the first Wednesday of

the months of October.

December, January

February, March and

May. The meeting is

held in the Everareer

School District board-room, 3188 Quimby

tion, call the Evergreen

Community Center at

Garden Club Meets at the Evergreer

Library on Aborn Road,

Each meeting will fea-ture a monthly gardening class FREE to the pub-

lic. For further informa-

tion contact Arvind

7020 or email

Kumar at (408) 715-

chhaprahiya@yahoo.co

Evergreen Valley High School Athletic Booster

Club meets every sec-

(408) 270-2220

Evergreen Valley

San Jose the first

Wednesday of the

month at 7:00 p.m.

Road at 9:30 a.m.

Quimby Road. For more

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Adlibmasters Toastmasters Club A group dedicated to helping develop commu nication and leadership skills. The group meets the first and third Tuesdays of each month from 5:15 - 7 p.m. at HGST, a Western Digital Co. and the second and fourth Tuesdays from 12 - 1 p.m. at IBM. For more information, go to www.adlibmasters.org or call Lorraine Myers at 1(408) 717-5552 week-

District 8 Com Roundtable (D8CRT) The District 8

days or 1(408) 238-4580 weekends.

Community Round Table (D8CRT) meets the first Thursday of the month from 7 - 9 p.m. at the Community Room in the new Evergreen Branch Library on Aborn Road. http://d8crt.org

CalRTA-Area V-Div. 70 Retired Teachers Organization. Meets bimonthly at various eastside cafes also conducts a variety of holiday socials/activities and scholarship fundraisers. Established in 1983! All teaching levels and others welcome. This organization supports the goals and purposes of the California Teachers' Retirement System. For more information call E. Paros at (408) 274-1609 or email parosej@ sbcalobal net

East Side Union High School District Board of Trustees Meetings are typically held on the third Thursday of each month at 6 p.m. in the ESUHSD Education Center 830 N Capitol Ave. 347-5000 Check the web site for agendas and updates: www.esuhsd.org

The Evergreen Al-Anor meetings held at St. Francis of Assisi Church on Thursdays at 7 p.m. have been cancelled indefinitely due to lack of attendance

The Evergreen Business Association is intended to allow business own-ers and leaders in the Everareen community to meet, connect, and net-work with each other in this fast growing part of San Jose We believe that doing business with local business serves everyone in the commu-nity. The group will meet each month on the third Thursday at the Evergreen Branch Library. The group invites owners and lead-ers of B2B and B2C businesses in the Evergreen area. There is no cost for membership For more information please refer to our Meetup page here: http://www.meetup com/Evergreen-Business-Association

Evergreen-East Valley Realtors Marketing Meeting Meets each Tuesday 8:30 a.m. The EEVRMM invites realtors, brokers

Association lenders and related affiliates to its breakfast Madison and Pulte area

developments are welcome and encouraged to attend future meetings. For more information go to the Web at nttp://groups.yahoo.com / group/fallscreekneighbors or call Dave Zenker at (408) 238-2591.

The Evergreen Community Center offers a variety of classes and special events, for kids, adults and seniors. For more information on our activities visit: www.sanjoseca.gov/ orns The Senior Nutrition program serves a delicious and

well balanced meal to seniors 60 and over every Monday – Friday at noon. The suggested donation is \$3 per person. Please make reservations at least one day in advance by calling (408) 270-1244. The center is located at 4860 San

Felipe Road Friends of Evergreen Library Meetings are held on the second Tuesday of February, April, June, August, October and December from 6:30 p.m. to 8:00 p.m., in Group Study Room A

The Evergreen Senior at the Evergreen Advisory Council meets the third Branch Library, 2635 Aborn Road, San Thursday of every Jose. Visit their web-site at friendsofevermonth at 9:30 a.m. Get involved in helping plan greenlibrary, org or events for seniors, volcall 408-808-3060 fo unteering for a good more information cause, and getting to know your fellow sen-Hidden Glen iors. For more informa-

Community To join a neighborhood ussion egroup, go

http://groups.vahoo.co m/group/ HiddenGlenSanJose/

LeyVa Community Action Team Association This group is bounded by Barberry Lane and Monrovia Drive, Capitol Expressway, Aborn Road, and South King Road. For meeting time and location, please ntact the sociation at (408) 795-5855

Lions Club - San Jose

ond Wednesday of the month at 7 p.m. in the school's administration **Evergreen Valley High**

Sch

Site Council

Meets the first Wednesday of every month on the EVHS campus in the adminis tration building D, 3300 Quimby Rd., San Jose. Confirm meetings by visiting the school's web site, http://ev.ca.campusgrid.net/ home and clicking on school site council in the left hand toolbar or calling the school at (408) 347-7000

Evergreen Valley Service Organization For more information,

call (408) 274-6756 Falls Creek Neighborhood Homeowners from the

East Valley This group meets Tuesday evenings from 6 pm to 8 pm for a dinner meeting at Carrow's Restaurant, 1696 Tully Rd. near the corner of Tully Rd/King Road. For more information, con-tact Lions Club member

Bill Evans at (408) 274-4728 McLaughlin Corridor Neighborhood Assoc. Meets second Thursday at 7 p.m. at Tully Library. 365-1300. Meadowfair Neiahborhood

Association Meets the second Wednesday of odd-numbered months at 7 p.m. at Meadowfair Center. 2696 King Rd. For more information call 539-2308 **POWERPartners** is a

dynamic group of small business owners with the mission of provid-ing a positive and supportive environment to . empower female sole proprietors to be their personal and professional best. By support-

Silver Creek (PTSA) Parent, Teacher, Student Association ing each other, we can leverage each other's expertise, collaborate Meets at 6:30 p.m. on the second Tuesday in ind provide services the Silver Creek High some community service contributions and School Principal's Conference Room 3434 Silver Creek others for profit - to other women in the areas of health. well-Road. For more ness and aesthetics. In essence, help women information, call 347-5830. Silver learn how to take Creek School impeccable care of themselves as their life Site Council Meetings: Second Tuesday expectancy increases as well as to help peo of the month at 5:30 p.m. in ple increase the quality of that life room V-1

Reid—Hillview Airport Silver Oak Assn Educational Meets third Wednesday Partnership at 7:30 p.m. in the Reid The Silver Oak Hillview airport termi-Educational nal. 2350 Cunningham Partnership is Ave. 251-4939. For now called the more information visit Silver Oak www.rhvaa.org. Elementary PTO (Parent Teacher Rotary Club of San Organization). Jose East/Evergreen Meets every Thursday SOFPTO will not be meeting from 12:15 to 1:30 over summer. p.m. at the Ranch Golf Meetinas will . Club, 4601 Hill Top resume in View Lane. (408) September

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New meeting schedule will be posted in August

Meets third Wednesday SIR Branch 114 at the Villages Sons in Retirement at 8:30 a.m. at Prusch Park, South King Road at Story. For more infor (SIR) Branch 114 mation, call 238-5422 meets every first Tuesday of the month in the Villages' Clubhouse Fairway Room. The meeting

270-0557

Association

Story Road Business

San Jose/Evergreen

Community College District Board

Office. Board Room.

San Jose, CA 95113

San Pedro Squares

Toastmasters Club

Meets every Tuesday

from 7 a.m. to 8:30 a.m. at Jimmy's

Restaurant, 222 W.

Capitol Expressway in San Jose. Contact

Barbara at 373-2815

or email barbaramcch

esney @sbcglobal.net

for further information

or check out the web-

http://www.sanpe-

drosquares free

toasthost.org.

site at

40 S Market St

Normally meets second Tuesday at 7:00 p.m. Meetings in the District

agenda includes a noon luncheon for all SIR Branch 114 members and a 12:30 p.m. speaker open to all Villagers and friends. For more information call Lou Figone, SIR 114 BIG SIR at (408) 966-4175. West Evergreen Neighborhood Association This group represents the area bounded approximately by Flanigan Drive, South

King Road, Aborn Road, and Alvin Avenue. Meets the third Tuesday at O.B. Whaley Elementary School, 2655 Alvin Ave., 7 to 8 p.m. For more information, contact the association at 535-8613.



lesson Piano, guitar, drums, bass and flute (408) 268-6703

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EVERGREEN TIMES OCT. 2 – OCT. 15, 2015 **PAGE 15**



CAMPBELL UNITED METHODIST CHURCH 1675 Winchester Boulevard (near Hamilton), Campbell, 95008. Church Office: 378-3472, www.campbellumc.org. E-mail us at: camp-bell_umc@earthlink.net. SUNDAY WORSHIP: 9:00 and 10:30 a.m. Handicapped, hearing-impaired friendly facility. (Nursery Care avail able). SUNDAY SCHOOL for every age at 9:00 a.m. WHAT YOU WILL FIND: Youth/Young Adult programs, Choirs for all ages, Active Senior Fellowship, a dynamic and diverse congregation of seekers motivated to explore the questions of faith and life: opportunities for fellowship, study, spiritual growth and outreach. Campbell UMC is a ALL ARE WELCOME! Campbell UMC sponsors Bright Days preschool, offer-ing a play-based, develop-

mentally appropriate curriculum. Call 378-8422 for infor-mation.

CONGREGATIONAL **CHURCH OF ALMADEN** VALLEY. UCC

6581 Camden Ave., San Jose, CA 95120 Pastor, Rev. Dr. Michele Rogers Brigham 408 268-0243 www.AlmadenCongregational

We are a welcoming Church engaged in progressive approach to faith, worship and giving to our local community. We are proud to be UCC, Open and affirming (O&A) and welcome members of the LGBT community. We support local Innvision Shelter Feedings once a month, San Francisco Night Ministry, Second Harvest Food Bank, Church World Service, and Communities Responding to End Poverty. Worship 9:00AM, Sunday School 10:00 AM Sundays. 1st Sundays in Worship: Holy Communion 2nd Sunday in Worship: Folk 3rd Sundays at Coffee Hour: Round Table Disc 4th Sundays in Worship: Blessing of Birthdays/Anniversaries/other "joy" Occasions Tuesday, AA Meetings, 8:15-9:15 PM Wednesdays, 9:30 AM., Women's Study Group

CHURCH OF CHRIST

5351 Carter Ave., San Jose 95118 408.265.5837 www.bibleroad.org We strive to be a group of Christians that love and honor God and Jesus Christ in our daily lives. We assemble each Sunday to encourage each other through singing, study-ing, praying and sharing in the Lord's supper. Simple just like what one reads about in the New Testament. Bible class at 9:30 AM Worship at 10:30 AM Located in south San Jose near Kooser Rd. and Camden Ave. (behind the Almaden Valley Athletic Club). Come make new Christian

EAST VALLEY CHURCH

East Valley Church We are a Multicultural Christian Community com-mitted to making Christ known to our Neighbors. Community and World. Sunday Schedule: Breezeway Café 9:15am, Worship 9:45am, Sunday School for Mann Community Center (7th and Santa Clara Streets). all ages 11:15am Childcare is provided for all our Sunday Services. We will Worship includes both contemporary and traditional music, a message that is relbe opening our New Nurseries and Children's Building Soon! evant to real life, based in the Bible, and meaningful to people of all ages and back-Uplifting music, Biblical arounds. We work in our teaching, ministries for Children, Youth, College & community to provide real assistance and long-term, Career, Small Groups for all life-saving solutions: food. adults, Ministries to Men, Women, Seniors, Celebrate housing, counseling, and spiritual direction. Our chil-Recovery (Please see website dren's & families' ministries for details and meeting times www.eastvalleychurch.com) include Sunday classes, outdoor family activities such as Community-Life Pastor bike rides and fishing trips. (Youth/College & Career) – Pastor Patrick Boyd, Come, Make a Difference and feel the difference God can We are located at 2827 Flint make in your life! Ave (Between Tully & Norwood) San Jose, CA HOLY SPIRIT CATHOLIC 95148. Phone 408-238-CHURCH 0231. e-mail info@eastvalleychurch.com We are associated with

THE EPISCOPAL

Booth Denney, Rector

Phone:408-268-0243

and conversation

CHURCH

EVERGREEN VALLEY

2750 Yerba Buena Rd. San

Jose, CA 95121. Phone: 408-274-7422. Saturday

rary Christian music and

10:45 am. Junior High stu-dents meet Sunday's at 9

am. Junior High and High

School students meet on

Tuesday's at 6:30 pm.

Domingos 4 pm.

DOWNTOWN

FIRST CHURCH

10:00 AM at the Horace

worship is at 5 pm. Sunday

Visit our Web Site at

wwww.evcsj.com

Faith.Knowledge.Community this is our promise to our members. If you are looking

Converge Worldwide www.convergeworldwide.org for an active Christian faith community, we invite you to experience Holy Spirit Parish Community. All are welcome! We are located at 1200 **CHURCH IN ALMADEN** 6581 Camden Ave. San Jose Redmond Avenue. San Jose CA 95120. The Rev. Shelley CA 95120. Mass is celebrated at 8:30 a.m. Monday -Friday. Our weekend Mass Web:www.eca-sj.org At the Episcopal Church in schedule is Saturday 5 p.m. Sunday 8 a.m., 9:30 a.m., Almaden (ECA), we are joyful followers of Jesus Christ. 11:30 a.m. and 6 p.m. Rite of Reconciliation is every Saturday at 4 p.m. or by Through worship, study, fellowship and outreach, we appointment. Our Parish strive to nurture and grow a strong faith community of Office is open Monday -Thursday 8:30 a.m. - 4:30 p.m. and Friday 9:00 a.m. believers, a family of all ages, where each member feels welcomed, loved, valued and 3:00 p.m. Call 408-997-5100 for recorded information or 408-997-5101 to speak with empowered to serve. Children are especially welcomed and cherished as an important someone in our parish office Information on Faith Formation for children and part of God's family. All junior high and senior high students are welcome to participate in our Youth Groups. During the adults can be obtained by calling our Catechetical Office at 408-997-5115. Get in the loop with our 3sixty High School Youth Ministry by call-ing 408-997-5106. Holy school year we have joint Sunday School with our sister church, the Congregational Spirit School serves grades Pre-K through 8th, and is located at 1198 Redmond Church of Almaden Valley UCC. The Episcopal Church in Almaden offers the following regular opportunities for worship: Sunday at 7:30AM and 10:30AM, Holy Avenue. You can reach the school office at 408-268-0794. Communion service. Each Sunday service is followed by a coffee hour for friendship

THE POINT CHURCH www.ThePoint.Church 3695 Rose Terrasse Circle

San Jose CA 95148 Located at the top of Aborn Rd and Murillo Ave. Come be inspired and build your faith as we worship together this Sunday @ 10:30 AM. KidsPoint is our children's ministry, serving infants through 5th grade. It worship services at 9 am and 11 am.. Excellent contempois a fun and safe experience for kids as they grow in their walk with God. ONE is our Bible-based teaching. Nursery care and Children's Sunday School programs at 9 am and student ministry, serving 6th through 12th grades. We help lead students into a growing relationship with Jesus through conversations, fun and service. Because of the diversity of Evergreen we offer church services in 5 languages, each with their College/Young adults meet on Sunday's at 6 pm. Casa de Oración: Servicio en Espa?ol: own auditorium and pastor 10:30 AM English, Mandarin, Cantonese and Cambodian. Spanish at 1:00 PM.

SAINT ANTHONY **CATHOLIC CHURCH**

Worshipping at 55 N. 7th Street, in downtown San Jose. (Horace Mann school) We invite you to become a part of our hospitable, inti-mate Catholic parish. We are firstchurchdowntown com Telephone: (408) 294-7254 a caring community, promoting spiritual growth, reaching x310. We are a community serving the Christ from the heart of the City, working to know Jesus and make Jesus out to people in need and where you get to know peo-ple by name. We offer chil-dren's religious education known by serving, worship-ping, and learning together. Worship services are at (CREATE); Youth Ministry (BLAST & X-STATIC): Scripture Study (day & evening): Senior's Group and

many other adult ministries as well. Saint Anthony parish is located in Almaden Valley at 20101 McKean Road, San Jose, 95120. Our weekend Masses are at 4 p.m. on Saturday at our historic church at 21800 Bertram Road in New Almaden, CA 95042 and on Sunday at 8:30 a.m., 10:30 a.m., and 5:30 p.m. at the McKean Road location. Our Parish Office is open Monday 9 a.m. - 12 p.m. and Tuesday thru Thursday, 9 a.m. - 12 p.m. and 1 - 4 p.m. For more information, stop by the Parish Office or call 1+ (408) 997-4800, or visit our website at www.churchstanthony.com. Fr. Larry Hendel, Pastor.

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ST. FRANCIS OF ASSISI **CATHOLIC CHURCH** 5111 San Felipe Rd., San Jose CA 95135 408-223-1562. www.stfrancisofassisi.com www.stfrancisofas-sisipreschool.org We invite you to join our community of faith located in the Evergreen area of San Jose. We are an inclusive diverse community striving to serve as Disciples of Jesus Christ in the footsteps of St. Francis, offering prayerful and joyful liturgies; evangelization, fellowship, and service opportunities to the community. We offer spiritual opportunities for all ages, including children's liturgy, dynamic E.C.H.O - Jr. High, IGNITE -High School and North Star -Young Adult Ministries, along with small faith communities and opportunities to help the poor and marginalized of San Jose. Our Preschool is the only Catholic Preschool offering quality family oriented service in the Evergreen and Silver Creek areas. Our Chapel, Gathering Hall, Parish Office, Mission Center, Parish Gift Shop, Memorial Garden and Preschool are all located at 5111 San Felipe Rd. Please come join us to worship at one of the following times and locations: St. Francis of Assisi Chapel Saturday 5:00PM, Sunday 8:30 AM, 10:30 AM, 12:30 PM, 4:00 PM (Mass in Vietnamese), 6:00 PM Youth Mass St. Francis of Assisi

Gathering Hall Sunday 9:00 AM, Sunday11:00AM, Igbo Mass Second Sunday of the month 12:30 PM Mt. Hamilton Grange - 2840 Aborn Road

Sunday 9:30 AM The Villages Gated Community (Cribari Auditorium Sunday 8:15 AM For more information, please call or visit us at the Parish Mission Center open M-F 9:00 AM -12:00 PM: 1:00 PM - 4:00 PM. Come join us and share your presence with us so that together we may grow and share our gifts to help build God's Kingdom!

Worship listing advertisements are \$495 annually. Please call Brigitte at (408) 558-3623.

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The Ryergreen Times

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