Courier

August 3, 2016 Volume 16 Number 49

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Berlin Peach Festival is Saturday

The eighth annual Berlin Peach Festival will be held this Saturday, from 11 a.m. until 4 p.m., on the grounds of the Calvin B. Taylor House Museum, 208 North Main Street. Admission is free. Rain date for the festival will be Sunday, August 7, from 11 a.m. until 4 p.m.

Mayor Gee Williams will officially open the festival with help from Little Miss and Little Mister Berlin Peach 2015. The Boy Scouts from Troop 261 will present the colors. All afternoon, attendees will be able to stroll among the displays, demonstrations and sales tables. There will be peaches for sale from a variety of Mid-Atlantic growers.

Vendors include debidean jewelry, Bogan Pottery, Patricia Rouch (American Girl doll clothes), Angela Rocco Photography, Creatively Bent (jewelry), Love, Byrd Soap, Mudboy Guitar Works, Kimpressions Designs, Jenoc Designs (wooden bowls) and Cheryl Young (stained glass).

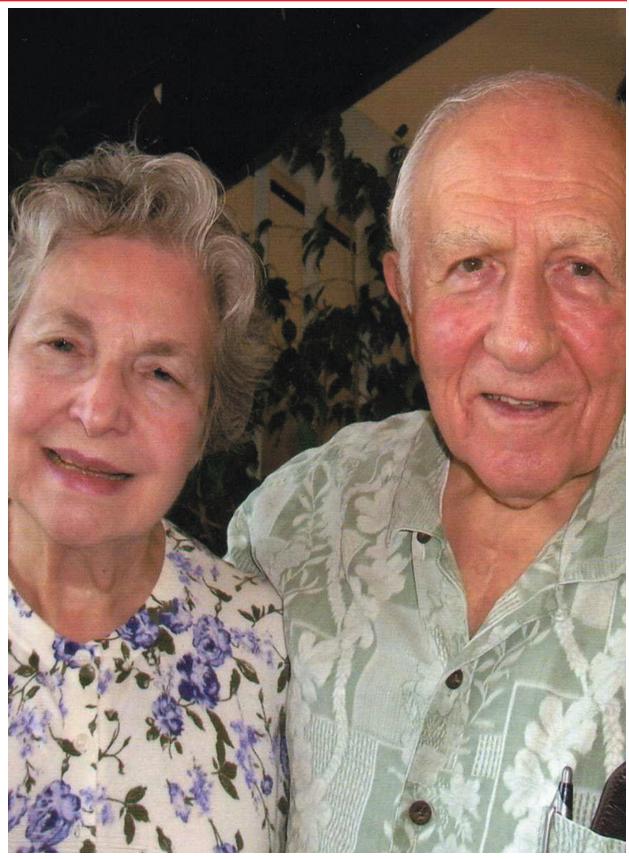
Demonstrations feature Linda Davis' baskets and quilted goods, Ocean Breeze Alpacas (knitting, spinning and fiber arts), Wes Townsend's Back Street Apiary and Tiffany Nichols (master gardener). Food vendors include the Arcadia Questers, Baked Desserts Café & Gallery, Buckingham Presbyterian Church and the Worcester County Developmental Center. Information booths will include The Harrison Family with informal talks about its nursery business in the early 20th century.

Children's activities begin at 11:30 a.m. as the kids "shake their booties" to make ice cream the old-fashioned way. In addition, kids can try their hands at juggling with Cascading Carlos (Mir), take old-time photo cut-outs, have their faces painted and put on temporary peach tattoos. The day's entertainment will feature Micky Justice, with a special performance by Perpetual Commotion, a children's violin / fiddle ensemble.

As in the past there will be a pie-baking contest, three pie-eating contests and a container of peach pits to guess, with prizes for all the winners. In addition, attendees may purchase 50-50 raffle tickets from the Berlin Heritage Foundation.

All afternoon, the Calvin B. Taylor House Museum will be open for tours of the historic 1832 house, as well as of the upstairs exhibition "Images of the Past." In addition, the museum will have a sales and membership information booth.

The eighth annual Peach Festival is sponsored by the Berlin Heritage Foundation. For more information, contact Susan Taylor at 410-641-1019 or email at taylorhousemuseum@verizon.net.



Celebrating - *Ellen* and *Tom Oneto* will celebrate their 67 years together along and Tom's 89th birthday on August 7. They have 10 children. Tom and Ellen have been members of the Ocean City Aviation Association for 17 years. Tom is a past president of the organization. Photo by Anna Foultz.

Lower Shore Land Trust relocates

The Lower Shore Land Trust has visitor center showcasing the natumoved its office to Snow Hill, Maryland. Over the last 25 plus years, the Lower Shore Land Trust has been housed in several locations. Initially

it started as an all-volunteer organization, functioning out of a home. Later, Lower the Shore Land



Trust moved to an office space in Salisbury before moving to a private home office near Berlin. For the last 10 years, the Lower Shore Land Trust has maintained an office in Berlin and was part of a successful coalition which assisted efforts by the Town of Berlin to achieve the title of the state's first sustainable town. The new location in Snow Hill is close to numerous protected lands and central to the organization's service area of Worcester, Somerset and Wicomico counties.

The office at 100 River Street will serve as a permanent home for the Lower Shore Land Trust to focus on the conservation of rural lands and to educate the community and visitors about the local bays and tributaries through activities such as paddling, cycling, hiking, birdwatching and habitat restoration. This location will provide opportunities for classroom-style programs, demonstration gardens and for a ral and cultural heritage of the region.

The Lower Shore Land Trust Board of Directors has recognized

> that to meet the needs of the community, the organization would need to be more accessible to the public. Board members discovered the building in Snow Hill and agreed to purchase the space realizing that it would provide a

great location to serve the public while promoting the benefits of conservation and outdoor recreation. A headquarters for the organization and the capital funding for the long term stewardship of conservation easements is an important part of the campaign budget. The project fully supports efforts to grow the educational capacity and foster a new generation of stewards of our natural resources.

The organization plans a formal ribbon cutting at a future date, although plans are underway to become involved with activities in and around Snow Hill. The Lower Shore Land Trust will host a series of open house events during First Fridays in Snow Hill and invites the public to visit the new office. The doors will be open for the Blessing of the Combines on August 6 from 11 a.m. to 3 p.m. The new address is 100 River Street. The phone number is 443-234-5587.

Extension to hold open house

The University of Maryland Worcester County Extension (Worcester County UME) will host an open house as part of Snow Hill's Annual Blessing of the Combines event on Saturday, August 6 between 11 a.m. and 4 p.m. The office is located at 305 Bank Street in Snow Hill.

As part of this town event that celebrates the start of the harvest season, Worcester County UME will showcase how MD Extension serves the community in farming, youth development, health and wellness, finance education, and home gardening. There will be giveaways and activities for the kids. Your agriculture and 4-H agents, along with the finance and nutrition educators, will be on hand to highlight Extension programs. Light refreshments featuring local produce will be available inside the UME Worcester County of-

The Smith-Lever Act of 1914 established the Cooperative Extension Service, which allows all community members to benefit from the knowledge of our land-grant universities. Extension engages people, organizations and communities through programs that increase knowledge, economic wellbeing and quality of life.



Donation - Dr. Bela J. Gulyas visited Worcester County Humane Society (WCHS) on July 13 and brought a check for \$2500. This is the second of four installments made in memory of his wife, Patricia A. Gulyas. Mrs. Gulyas loved animals and wished for her funds to be used to improve animal welfare. Pictured are Dr. Bela Gulyas and WCHS employee Jess Summers.

MCBP announces Adopt Your Street program

The Maryland Coastal Bays Program (MCBP) is partnering with the Ocean City Surf Club to extend the Adopt Your Beach Program from the beaches to the street of Ocean City by sponsoring the Adopt Your Street Program.

After its debut in March, Adopt Your Beach experienced an overwhelming response as residents, organizations and businesses adopted the majority of OC beaches. Ocean City's Green Team encouraged MCBP to reinstate its adopt a street program which was implemented in 2003 but had been discontinued due to staffing and program changes. Ocean City Council voted unanimously to approve the new Adopt a Street Program last week.

Adopt Your Street focuses on residents, businesses and organizations adopting city side streets to reduce litter that eventually enters into the coastal bays. By removing bay-bound litter from the streets, we improve the health of wildlife, our fellow humans, and the overall function of the bays. The ultimate program goal is to promote of pride and ownership of our resort and our waterways.

MCBP has already heard from a few residents that have been cleaning their streets for years. "For the past eight years, I have prided myself on walking up and down the street I live on with a dustpan and broom and collecting trash at least a few times per week," states 62nd ocean block resident Doug Antos, adding "it really does make a difference. It's been my experience that over time, people do notice and at times individuals will come up and thank me. That in itself is payment that no amount of money can replace, and, this effort really does not take up much time at all. Some minutes of caring volunteerism with this effort goes a very long way indeed."

For more information on this program and to sign up to adopt a street, visit the MCBP website at www.mdcoastalbays.org.. The minimal commitment is to agree to four clean ups a year and to record what you have picked up during your clean up on the link located on the website. This data is entered into a database that tallies all of the Adopt Your Beach and Adopt Your Street clean ups.

MCBP is hoping that area homeowner associations and other organizations and even businesses will jump on the band-wagon to keep their streets clean and contribute to important data collection.

Part of the National Estuary Program, the Maryland Coastal Bays Program is a non-profit partnership among the towns of Ocean City and

please see **mcbp** on page 4

OPA board meets, bridge work to begin

By Kelsey Reichenberg

On Thursday, July 28, the Ocean Pines Association (OPA) Board of Directors held their monthly open meeting in the Assateague Room of the Ocean Pines Community Center. Pres-

ident Pat Renaud was absent so Vice President Cheryl Jacobs directed the meeting.

General Manager Bob Thompson began the meeting with his report. First, he updated the board and attendees on the major amenities' financials, including golf, the yacht club and aquat-

ics. Thompson was pleased to announce that golf ended the month \$10,565 better than budget for the month, with net revenues and expenses better than budget.

The Yacht Club finished the month \$48,895 below budget with net revenues \$65,104 worse than budget and expenses \$16,208 better than budget for the month. Aquatics ended the month \$8,474 worse than budget with the monthly revenues and expenses worse than budget.

Thompson went on to discuss the progress with projects that are currently underway in Ocean Pines. The Sports Core Pool renovation project, which includes improvements to the deck and pool, was approved by the board in February, began on July 10 and is projected to end by September 10. According to Thompson, the contractor has been great to work with and the project is moving along according to plan.

Thompson went on to explain that the bids are due this week for the Beach Club bathrooms, and they will be analyzed and leveled for Board presentation. Additionally, the final permits for the White Horse Park bathrooms are being worked on with the county. Additional information has been supplied to the Fire Marshall and preliminary site preparation has been made.

Next, Thompson explained that the odor that was recently present in the Yacht Club has been looked at by a contractor. "They've closed off the vents on the north and the east sides of the building, and it seems to have al-

leviated the odor issue," Thompson stated. "We are keeping an eye on it to make sure the issue is fixed, and if not, the contractors will look at other options."

Furthermore, Thompson discussed

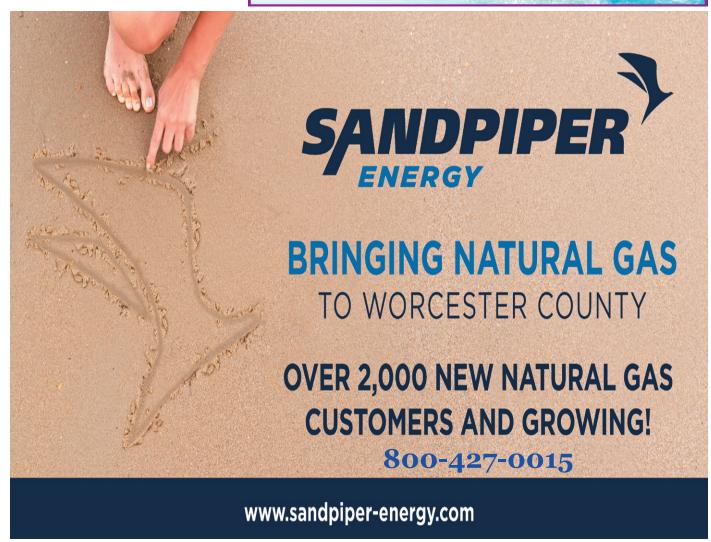


the awnings that have been ordered for the Tiki bar at the Yacht Club. "They should be installed and operational by August 8," he explained.

Bridge repair, which was a process approved two months ago, will begin in early August. "They will start with

please see opa on page 11





The Courier

P.O. Box 1326 Ocean Pines, MD 21811 410-641-6695 • fax: 410-641-6688 thecourier@delmarvacourier.com www.delmarvacourier.com

Chip Bertino

Publisher/Editor chipbertino@delmarvacourier.com

Susan Bertino

General Manager

Mary Adair / Comptroller

Contributing Writers

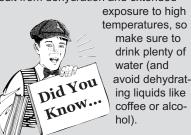
Betty Cianci, Ron Fisher, Steve Habeger Douglas Hemmick, Jean Marx, Betty McDermott, Dolores Pike, Kelsey Reichenberg and Bev Wisch

Robert B. Adair 1938-2007

2012 Business of the Year

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A few hours of baking under the sun can cause some seriously uncool symptoms and may even lead to severe sickness. Heat exhaustion, heat stroke, and sun poisoning can all result from dehydration and extended



Symptoms of heat exhaustion, heat stroke, and sun poisoning include confusion and dizziness, fatigue, headache, muscle cramps or weakness, nausea, excessive sweating or lack of sweating, pale skin, swelling (particularly of the hands or face), rapid heartbeat, and confusion. Sun poisoning can also be indicated by skin redness and blistering, pain and tingling, or fever and chills.

If you (or someone you're with) display any of these symptoms, get out of the sun and heat (umbrellas are your friend), remove any unnecessary clothing, drink plenty of water, and take a cool bath or shower. If symptoms are on the severe side swelling, confusion, painful and blistering sunburns - it's best to seek medical attention.

Awareness walk scheduled

For the fifteenth year, Women Supporting Women (WSW) will host their Walk for Awareness at Winterplace Park on Saturday, October 8.

Survivors and friends are encouraged to form teams to walk in honor or memory of someone in their lives who have been impacted by breast cancer, or just walk for fun. Registration begins on-site at 8:30 a.m. Ceremonies begin at 10 a.m. Registration is \$25 in advance, \$30 on "walk" day. Children 12 and under walk free with an adult. Dogs are welcome for \$5 and are given a goodie bag. Awards are given for top fundraising team, top fundraising individual, largest team, most spirited team and best decorated dog.

The event includes participation from local businesses and vendors, a selfie station and a dove release honoring those who are fighting the battle and in memory of those we have lost. Lunch is provided by Texas Roadhouse.

For more information, call the WSW office at 410-548-7880.

Ravens Roost to hold benefit cruise

A benefit Bar - Hop Cruise, for the Atlantic General Hospital 2017 Penguin Swim will be sponsored by the Ocean City Ravens Roost #44 on September 7. This cruise departs on the Explorer with Captain Jack from MR DUCKS at 5:45 p.m. and stops at three waterfront bars. Return time is 10 Contact Gary Miller at garywm@mchsi.com for information and reservations.

mcbp

from page 2

Berlin, Worcester County, the National Park Service, the U.S. Environmental Protection Agency, and the Maryland Departments of Natural Resources, Agriculture, Environment and Planning. program works closely Worcester County residents and local environmental groups to ensure the most practical strategies are pursued, implemented and monitored for success. For more information contact Sandi Smith at sandis@mdcoastalbays.org or by calling 410-213-2297 ext 106.



Longtime Kiwanian to relocate

Wednesday July 20 was the last meeting of the Kiwanis Club of Greater Ocean Pines -Ocean City that would have longtime member, Elmer Muth, in attendance. Elmer, a member of "The Greatest Generation," served in the Army during WW II and was on Normandy on D-Day, June 6, 1944. He is a longtime member of the American Legion in Ocean City. Elmer, 91, (seated) is surrounded by fellow Kiwanians wishing him well in his move to Roswell, GA, to be near his daughter and family. (L-R) Ralph Chinn who presented Elmer with his official Kiwanis picture, as President Mark Joseph, and others watch in the background. Elmer will be seeking out the Kiwanis Club in Georgia.

Plein Air event planned

The Worcester County Arts and attend the free and open to the Council announced that its 7th Annual Paint Berlin, plein air event, will occur again this fall.

This year, participating artists will set up on the streets, sidewalks and green spaces between September 22 and 24 providing the community and visitors with the unique experience of seeing the surroundings through the eyes of the artists and preserving the best aspects of the community.

Artists' registration is open until August 31 and is limited to 50 participants. Artists will have an opportunity to network, exhibit and sell their artwork as well as compete for cash prizes: \$1,000 - first place; \$500 - second place; \$250 - third place; \$100 - honorable mention; and, \$100 - artists' choice award. Entries submitted for the competition will be reviewed and judged by accomplished artist Abigail McBride. Registration forms are available on the Arts Council's website: www.worcestercountyartscouncil.org

Visitors are invited to come and watch artists work during this event public "Wet Paint" sale and exhibit featuring artwork created during this event.

The exhibit will be held at the Worcester County Arts Council Gallery located at 6 Jefferson Street on Saturday, September 24 between 11 a.m. and 3 p.m. Paintings from the exhibit will be available for sale and remain on display until October 31.

Funding for this event is provided by the Town of Berlin, Joan W. Jenkins Foundation, and the Salt Water Media.

To become a sponsor of this special event contact the Arts Council's office at 410-641-0809.

Parkinson group to meet

The August meeting of the Worcester Parkinson's support group will be held at Fiesta Park in Ocean City at 139th St. on Tuesday, August 9, from noon to 3 p.m. The main dish and drinks will be provided. If those attending would like to bring a side dish, they may.

A busy little boy

The front door opened and we ting my arm with the other as if to were greeted by two children, a girl and a boy, whom we hadn't seen in more than a year. The little boy standing before me with the big smile and vibrant brown eyes surprised me because the last time I saw him he was

convey, "there, there. It's okay. You never really had a chance."

Through the years I've heard the phrase, "he's all boy," uttered usually by older women when they described a rambunctious toddler. The phrase

always rang hollow for me until now. It is a most apt moniker for my grandson

who can best be described as a bulldozer. He doesn't let anything deter him from making his way from point A to point B. It's fascinating to watch him go about his business in a bull in a China

shop manner, even when he barrels into you arms outstretched to be picked up. It's not that he wants your embrace. He wants a higher vantage point to scope out what's on the counter.



It's All About. . . By Chip Bertino chipbertino@delmarvacourier.com

just starting to crawl. And there he was looking not like a baby but a little boy. What a difference a year makes.

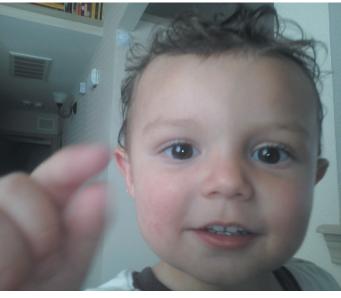
After the hugs and kisses, our granddaughter was quick to ask us to come play in her room. Our grandson continually jumped up and down ex-

citedly. As grandparents there is no more warm sensation than when your grandchildren get wound up when they see you. It was worth the 30 hour, 2,200mile drive to receive such reception.

As the kids settled down my wife and I took time to pay attention to daughter, our whom we also hadn't seen in more than a year.

She was looking good so we quickly turned our attention back to the kids.

We arrived just before lunchtime so after we unloaded the truck we sat at the table to enjoy a meal. Our grandson can best be described as a "foodie." His other grandfather has commented that he would feel safer feeding a crocodile than feeding this little boy. He's right. The last time I shared a meal with him he was still being fed by others. Not anymore. He sits in his seat and devours with gusto what is before him. Then he goes after what's on your plate without shame. It's humbling when you lose a tug-ofwar contest with a near two-year-old over a slice of ham. He was a gracious winner though. He simultaneously took the ham with one hand while pat-



He is a very busy little boy, constantly on. He has two speeds: full throttle and neutral. When it's time to shift into neutral, he does this too with determination. During "quiet time," which is the equivalent of nap time, he takes his favorite brown blanket and settles down in his crib. From outside his bedroom door, he can be heard talking to himself before drift off to sleep. About an hour or so later, he can be heard yelling that he's ready to get up. And the busyness commences anew.

As a father I sometimes found it exasperating when my children were as busy as my grandson. But as a grandfather, it is a joy to watch a little boy be so busy. I can watch him for hours.



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AGH to hold fall classic

dation recently announced that its newly named Robert E. Warfield Memorial Fall Golf Classic to benefit Atlantic General Hospital will be held on Thursday, September 22, at Ocean City Golf Club.

The tournament, formerly known as the AGH Annual Fall Golf Classic, will celebrate its twenty-third year recognizing the generous commitment and loyal service of the late Robert E. Warfield, Sr. Bob dedicated his busy life to giving to others in service and in spirit. He was an integral member of the AGH Fall Golf Classic Committee since he joined the Foundation's Board of Directors in 1999. A founding member of the hospital's Board of Trustees, former chairman of the Board of Directors for the



August Drinks of the Month

Strawberry Limocillo Martini

Strawberry Limeade \$7

\$2.50 Bottles

Becks Heineken Fin City Black Fin

\$15 Bottle of the Month

Rhiannon Red Blend

\$10 bottles featured throughout the month

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The Atlantic General Hospital Foun- AGH Foundation, he was also a member and served on the board of directors for the Ocean City Golf and Yacht Club and on the board of directors for the Maryland Economic Development Corporation and Chesapeake Bay Restoration Fund.

> For local golfers this tournament has become an annual tradition, with last year's event raising \$105,000 to expand health care services and programs for our community through our local hospital. Registration begins at 11 a.m. with a 1 p.m. shotgun start. Player entry fee includes lunch and dinner as well as beverages on the course. Deluxe gift bags, exciting course challenges and impressive tournament prizes are also included. Lunch this year will be provided by Bad Monkey OC Bar & Grill. Dough Roller Restaurants will provide dinner at the post-tournament banquet.

> As in years past, each team can choose their course/format: Newport Bay/Best Ball or Seaside/Scramble. Team reservations can be submitted via the hospital website and must be received by September 15. Space is limited and earliest entries are accommodated first. Non-golfers can still join the fun with dinner, awards and the live auction which will begin at 5 p.m.

> Players and guests can take part in a silent auction featuring exciting baskets and unique prize items including a complimentary entry into the 43rd Annual White Marlin Open. The auction is open to the public and the winners will be announced at the post-tournament dinner and reception.

> For more information about the tournament or how to become a sponsor, contact Alli J. Hudson, Event Coordinator, in the Foundation office at 410-641-9671. Or, visit www.atlanticgeneral.org/golf or text WARFIELD to 41444.



 ${f Visit}$ - Jack Hassman, Capital District Division 5 Lt. Governor, recently visited the Kiwanis Club of Greater Ocean Pines - Ocean City. He oversees eleven Eastern Shore Kiwanis Clubs in Maryland, Delaware and Virginia and is a member of the Bridgeville, DE Kiwanis Club. Hassman visits the eleven clubs several times a year and updates members on policies and events.

Marlin Club presents scholarships, prepares for show

The Ocean City Marlin Club Auxiliary presented four \$3,500 scholarships this year. Recipients included the following students from Stephen Decatur High School: Caroline D'Ortenzo who will major in engineering at New York University, and Logan Romberger who plans to major in electrical engineering and computer science at the University of Virginia. Recipients from Worcester Prep were Noah McVicor who plans to major in business management Salisbury University and Grace Tunis who plans to major in science and technology at Virginia Poly Tech.

One of the major fundraising events held each year in support of the scholarship fund is the Annual Jewelry, Fashion and Home Décor Show. This year's show will be held on August 11 from 11 a.m. to 4 p.m. at the Ocean City Marlin Club located at 9659 Golf Course Road in West Ocean City. The \$5 admission fee includes one complimentary glass of wine, beer or soda. Sandwiches and chips will be available for purchase.

This annual event is open to the public and includes over 20 vendors offering a wide variety of items, many of which are hand-made. For more information, contact: cspicknall@gmail.com.

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Edward **Jones** MAKING SENSE OF INVESTING

Member SIPC

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a telephone number where the aucan reached to verify authenticity, necessary.

ters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

thecourier@delmarvacourier.com

Governor appoints Smack

John (Dale) Smack III of Snow Hill was recently appointed by Governor



Dale Smack

Larry Hogan as a Maryland Parole Commissioner. Smack, recently retired as Chief Deputy with the Worcester County Sheriff's Office and as Chief Judge with Worcester County phans' Court,

will assume his new position after August 16. Smack spent approximately 29 years with the Sheriff's Office and approximately 10 years as an Orphans' Court Judge. The Maryland Parole

Commission is charged with determining on a case-by-case basis whether inmates serving sentences of six months or more in state or local facilities are suitable for release into the community under certain conditions or supervision by the Division of Parole and Probation.

Parole commissioners and hearing officers hold hearings via videoconferences and in correctional facilities throughout Maryland. The commission holds open parole hearings and has a strong commitment to victim rights.

The Worcester County Republican Central Committee will soon advertise to hold interviews and submit names to Governor Hogan to fill Smack's remaining term as an Orphans' Court Judge.

Free art reception is Friday

Paintings by John Davis Held and the new "A Week in the Life of Ocean



John Held

City" photography contest show are featured at the Ocean City Center for the Arts in August.

The public is invited to the free opening reception at the Arts Center on First Friday,

August 5, from 5 to 7 p.m. to meet the artists and enjoy hors d'oeuvres. The shows will run until August 27.

Baltimore artist John Davis Held is featured in the Thaler Gallery with a show entitled "Studies in Light." His work evokes a strong mood, whether he is capturing a stormy landscape or a dramatic still life, in a technique that combines oils and pastels. For Held, it's all about the light, and he is noted for his luminous skies.

As a child, Held was inspired to be an artist by his frequent visits to the art galleries of New York City. He attended the California Institute of the Arts and Evergreen State College in Washington, has participated in Baltimore Artscapes and is currently represented by the Troika Gallery in Easton.

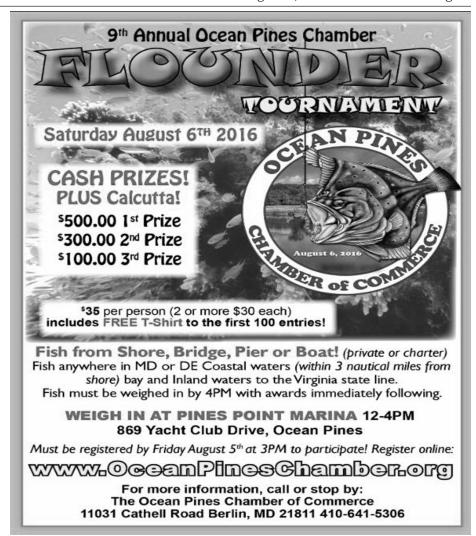
Juried works from "A Week in the Life of Ocean City" photography contest will hang in Studio E in August, and cash prizes will be awarded during the First Friday opening. The photographers turned their cameras to the resort during the week of July 10-16, capturing slices of life during the height of the summer season. All submitted photographs will be on display at the Arts Center from August 5-7.

The oil and acrylic paintings of Brigitte Bowden hang in the Spotlight Gallery during August. She received her undergraduate and Masters of Education degrees from Salisbury University. As coordinator of instruction for the Worcester County Public Schools, she supervised the school system's visual arts program. Bowden currently teaches art at the Art Institute and Gallery in Salisbury and the Worcester County Arts Council.

Marge Bradach of Gargatha, Va. is the artisan in residence during August. Her expressive jewelry combines earth, wind and fire to form a visual adornment meant to inspire the wearer. Her surroundings of fields, sea breezes, and hot summer days influence her creations.

The Ocean City Center for the Arts at 502 94th Street is the home of the Art League of Ocean City, a non-profit organization dedicated to bringing the visual arts to the community through education, exhibits, scholarship, programs and community art projects.

More information is available at 410-524-9433 or www.artleagueofoceancity.org.





Less hectic mornings can reduce stress

Many families find the rush is on to make it to school and work on time each morning. Feeling rushed in the morning is a recipe for added stress. Rushing through things is a poor way to begin a day, and those feelings of uneasiness can put a damper on the rest of the day ahead.

Making mornings less hectic involves a few different strategies that parents and kids can easily incorporate into their daily routines.

Wake up slightly earlier. Getting up earlier than normal, even if it is just 15 to 20 minutes before you are accustomed to getting out of bed, can help reduce morning stress. Resist

the temptation to hit the snooze button over and over again. A few extra minutes each morning can make you feel more relaxed and make for a smooth, stress-free start to the day.

Get some work done the night before. Prepare lunches the night before and have them ready in the refrigerator. In addition, lay your clothes for the following day out each night. This saves time and takes a couple more things off your morning to-do list.

Ease back into a routine. As a new school year dawns or a long vacation comes to an end, begin going to bed earlier and start waking up earlier as well. This can make the transition from carefree mornings to busy mornings go more smoothly.

Prep backpacks in the evening. Look through folders, sign paperwork, check assignments, and do whatever is you need to do the night before to save your family from having to scramble in the morning. This ensures those permission slips get signed and items make it back into school bags.

Opt for school lunch a few times.



Look ahead on the school lunch menu and speak with children about which meals they enjoy. Let kids purchase school lunch on those days to give yourself a day off from lunch detail.

Have quick breakfast foods available. Smoothies, cereal bars, oatmeal, and whole-grain cereals are fast and nutritious ways to start the day.

Carpool whenever possible. Busy families can save themselves extra work by proposing a neighborhood carpool. Sharing school drop off detail frees time up for parents once or twice a week, and kids may enjoy traveling to school with their friends.

Mornings can be tricky when family members are getting ready for school and work at the same time. By practicing a few daily rituals, it is possible to curb the rush and start the day happier and more relaxed.



Getting ready - Ocean City Aviation Club met on July 12 at the Ocean City Airport to plan the upcoming "Wings on Wheels" fundraiser to be held on **Saturday, September 3**. It will include airplanes, cars, trucks and military vehicles. (L-R) President **Tom Oneto** (seated) and above him is Treasurer **Coleman Bunting** and Vice President **J.D. Quillin** with other members. Photo by Anna Foultz.



Try to beat the heat with a healthy salad. Many nights in the summer we enjoy a salad for dinner. Any greens will do. Just pile them high and add tomatoes, sliced onions, cucumbers

plus any of the following: chunks of blue cheese, Craisins, walnuts or pecans, left over chicken or ham slices or hard boiled eggs. Be creative and add a light dressing such as raspberry vinaigrette.

Recently I found myself with an abundance of zucchini and dug into my recipes and made zucchini bread.

large bowl. Beat to together the eggs, sugar, oil and vanilla. Add dry ingredients to liquid mixture. Stir just until dry ingredients are moistened. Add grated zucchini and nuts. Stir to



Zucchini Bread

- 3 cups sifted flour
- 1 t. baking powder
- 1 t. baking soda
- 1 t. salt
- 1 t. cinnamon
- 3 eggs
- 2 cups sugar
- 2/3 cup canola or vegetable oil
- 1 t. vanilla
- 2 cups grated unpeeled zucchini
- 1 cup chopped pecans

Mix together flour, baking soda, baking powder, salt and cinnamon in

blend. Do not overbeat. Pour into two greased 9 x 5 loaf pans and bake at 350 degrees for 50 minutes or give it the toothpick check. Sprinkle 10X sugar over tops of warm bread.

Zucchini (chopped) is also excellent to add to spaghetti sauce along with sliced onions and fresh tomatoes. That's what I love about living on the shore with all the fresh vegetables at our disposal.

Enjoy! And stay cool.

bevwisch@aol.com



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A brief overview of Maryland's medical cannabis laws

By Steven W. Rakow, Esquire

Maryland, like most states, still considers cannabis – more commonly



Steve Rakow

known as marijuana
– a controlled, dangerous substance
subject to strict regulation. Possession of
a small amount of
marijuana can result
in a civil citation and
fine. Possession of
marijuana in

amounts greater than 10 grams or dis-

tributing marijuana will result in criminal charges with stiff penalties. Still, Maryland recognizes the medicinal uses of cannabis.

Beginning with the O'Malley administration in 2014, Maryland changed its laws regarding medical cannabis. The Hogan administration, in 2015, amended these laws to require strict licensing requirements for the implementation of growing, processing and dispensing facilities in the state along with registration of doctors who prescribe medical cannabis to certified patients. The laws make it more difficult for patients to obtain and for doctors to prescribe cannabis but these laws are necessary in a day and age when many people now believe that marijuana should be legalized with no restraints on its use. Maryland will now allow cannabis use for medicinal purposes but like any other drug, cannabis will be tightly controlled.

Beginning in 2015, there were close to 900 applicants for grower, processor and dispensary licenses in the state. The Maryland Medical Cannabis Commission (MMCC) is currently reviewing all applicants and intends to announce soon which companies will receive the limited number of licenses authorized by law. Not until growers, processors and dispensaries are licensed will certified patients be able to obtain medical cannabis legally.

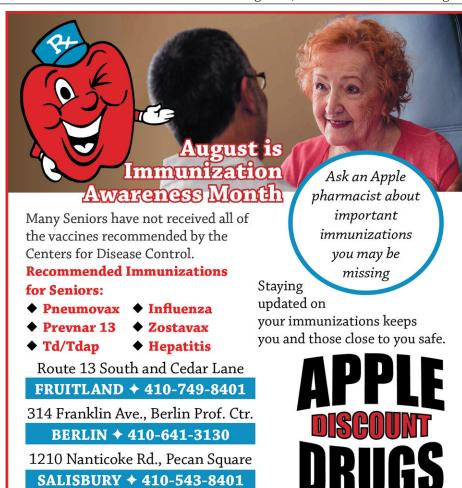
Many concerns come from future patients regarding how cannabis will be consumed. Patients will not be allowed to smoke cannabis. Instead, cannabis will be processed so that the active ingredient – THC – will come in the form of oils, extracts and ingestion via vaporization. Edible forms of cannabis are not authorized by law and will still be illegal. Certified patients can receive a medical cannabis ID card and will be allowed to transport medical cannabis within the state. It will still be illegal to transport cannabis in any form outside of Maryland

Other concerns come from the local community. Many citizens do not want grow facilities or dispensaries in their backyard. What the public should understand is that the growers will not be harvesting fields of cannabis. No one will be allowed to grow cannabis like farmers do corn. Rather, all growing and processing will be done in an indoor, closed, controlled and secure facility subject to very tight regulations and oversight by state regulators. Many other drug processing facilities operate in Maryland and cannabis growers and processors will be no different.

Local government may try to implement laws to preclude licensed facilities from operating in their cities, towns and counties. Proper zoning regulations may be implemented, as

please see rakow on page 15





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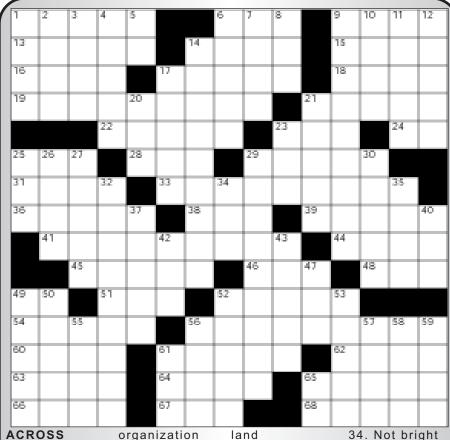


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- 1. Dried corn kernals (pl.)
- 6. A dog is one 9. Medieval
- feline 13. Appeal
- emotionally 14. Uncommon
- 15. Chinese currency
- 16. Gain as in-
- terest 17. Habitat
- 18. Ribosomal ribonucleic acid 19. 2015 NL
- batting champ 21. Makes wet
- 22. Discounts 23. Beavers
- build this 24. Between south and east
- 25. Promotional materials 28. Arbiter
- 29. Ancient Greek ruler 31. Ruse
- 33. Where coaches spend
- their time 36. LA land-House mark 38. Nothing
- 39. Chickpea plant 41. Revolution-
- ary War militia member 44. Civil rights

- organization
- 45. Fathers 46. Carries
- things 48. Frequently 49. Location of
- White House 51. Small amount
- 52. A structure forming a covered entrance
- 54. Soothes 56. Shameless
- 60. Middle
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- 66. Small boy 67. Belonging
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- 2. Protruding ridge on worms
- 3. Insignificant
- 4. Pains 5. South
- Dakota 6. Greek is-

- land 7. Emerald
- Isle 8. Golfers

35. Kansas

hoops coach

40. Dead end

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49. One who

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believes in a

50. Carnival

53. German

55. Conquer

59. A form of

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43. Nostrils

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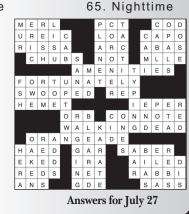
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- know this well 9. Desire to set fire to
- things 10. A glow 11. Levels
- 12. Enzyme 14. Explains again
- 17. City in South of France
- 20. Paddle 21. Salian 23. Split
- pulses 25. Consumed 26. Small drink
- of spirits 27. Indigenous people 29. Elaborated
- 30. Painting technique 32. Repentance



Eyes on the Skies

Cassini probe observes Saturn

By Douglas Hemmick, Ph.D.



As August arrives, the summertime reaches its peak. While midday walks could become an ordeal, the warm temperatures may be perfect for a late night session with the Perseid meteor shower.

This month focuses on Saturn explorations by the Cassini spacecraft, a mission jointly sponsored by NASA and the European Space Agency. Along its two-billion mile flight path, Cassini used gravitational slingshots from both Venus and Jupiter arriving

at Saturn in July 2004. Later that year, the Huygens lander split away from the orbiter to pursue its own mission. achieving the first and only safe landing on a remote celestial

body, the moon Titan.

To assist Huygens's perilous landing on the Titan, the probe used a heat shield and two parachutes to reduce its breakneck speed. Among Huygens's most interesting finds were hints of liquid at its landing site. With Titan's ambient temperature of minus -179 Celcius (-280 F) the small rocks observed were granite-hard chunks of ice. Some of these had rounded smooth surfaces like Earth's river rocks, suggesting ancient liquid immersions. Titan's terrain showed evi-

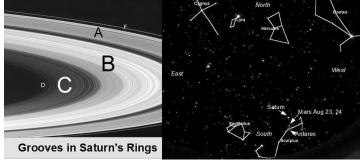
Cassini and earlier probes found that Titan's atmosphere contains nitrogen at 98.4% and methane at just 1.4%. While methane is not a dominant atmospheric component, the hydrocarbon appears heavily involved in Titan's "weather cycles." The methane takes liquid form on Titan's surface, gaseous form in the atmosphere, then falls as "methane rain."

dence of an apparent shoreline.

Although Titan's hazy atmosphere severely limits visual surveillance, Cassini's radar mapping has discerned not only the presence of liquid lakes of methane, but their depth, ranging up to 200 meters. The large ones are known as "maria" (seas). Initially

mapped in 2007, Titan's second largest methane lake, Ligeia Mare, is larger than Lake Huron and Lake Michigan combined. In 2011 Cassini detected Titan's giant lake Kraken Mare, the largest of all at 400,000 square kilometers.

During its observations of Saturn itself, Cassini witnessed a remarkable weather phenomenon dubbed the monster 2011 storm. First appearing in December 2010, the enormous storm wrapped itself around Saturn's

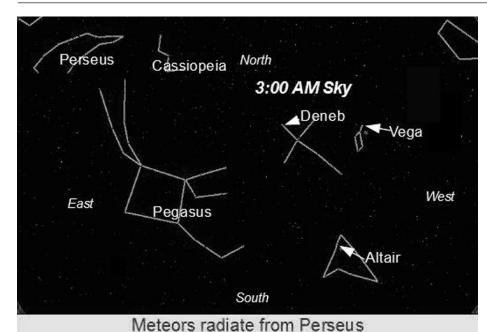


mid-northern latitude, ultimately reaching a length of 300,000 kilometers. At its peak, the storm pattern was visible to hobbyists with sophisticated backyard telescopes.

Cassini and earlier probes have revealed fascinating new details for Saturn's rings. When viewed from afar the rings appear as solid, homogenous, wide bands of material. However, close-up images reveal hundreds of grooves, giving the appearance of a phonograph record.

Cassini also analyzed the patterns of starlight either blocked (occulted), or able to pass through Saturn's rings. These starlight observations produced evidence of changing waves or oscillations in particle sizes and patterns occurring within the rings. Interestingly, the patterns of smaller and larger particles within the rings are not fixed or constant, but slowly changing over time and moving across the ring itself. The timing of such density waves seems correlated to the orbital motions of some of Saturn's moons.

Readers may recall that the Voyager probes got a startling surprise at



eyes from page 10

Jupiter's moon Io, seeing a series of volcanic eruptions. Saturn's small moon Enceladus revealed a similar treat. Just as IO is subject to gravitational flexing, distorting its shape, so Enceladus experiences similar forces from Saturn. Enceladus responds by spraying giant geysers of water vapor and icy particles, shooting as high as 1500 kilometers into space. Some of these ice crystals then enter into orbit about Saturn, joining the E ring.

For stargazers enjoying the heavens, the full vista of night stars arrives at about 9:15 p.m. As they did last month, Saturn and Mars both appear within Scorpius the Scorpion. Mars is a planet which changes position in a matter of weeks, and it enters a conjunction with Saturn and Antares on August 23 and 24.

August stargazing features the Perseid meteor shower. Because Perseus the Hero is the "radiant" of the shower, meteors will appear to originate from there and move quickly outward. The earliest time Perseus can be clearly seen is 1:30 a.m., halfway between the horizon and the zenith.

This shower reaches its peak of activity on the night of August 11 between the hours of 3 and 5 a.m. (technically the morning of August 12). Stargazers may feel fortunate there is no interference with moonlight this year. With a cloud-free sky, as many as a dozen meteors per hour may be seen.

opa from page 3

work under the bridges in August and then switch to working on top of the bridges in September." Thompson went on to explain that boats will still be able to pass through when construction is underway, but boat traffic will be limited to one boat at a time.

The Request for Proposal went out for paving work to take place in Ocean Pines in the fall. The pre bid is August 1. Furthermore, Thompson updated the board on the status of the pickleball courts. "New nets have been ordered, and bids for painting are in. We also have 1 bid for paving and 1 for fencing." Renovations will not begin until everything is rectified so that the courts can stay in service.

The last project Thompson discussed was repairs to the Country Club. "We've been working with the Becker Morgan Group to receive an updated engineering report," Thompson explained. Public works is also working on items inside of the building and new furniture will also be ordered in the near future.

Following the GM's report, the board voted in favor of taking action on 2 CPI violations which include 47 Harbormist Circle and 35 Burr Hill Drive. Lastly, the board also passed a motion made by Jack Collins to set a universal racquet membership renewal date.

How students can handle the transition to middle school

A child's school-aged years are filled with many different lessons and experiences. While in school, kids have the opportunity to broaden their horizons and meet new people. Many students will attend various schools before moving on to college, and therefore they must learn how to adjust to new schools. While many students attend elementary school together for years, students may not know their classmates once they make it to middle school, which tends to boast larger student bodies than elementary schools. That is because many middle school student bodies are a combination of several elementary schools. Making the transition from elementary school to middle school or junior high can spark anxiety in students, but that does not have to be.

The National Education Association says a common element of a successful middle school experience is a smooth and positive transition from elementary school. The following are a few ways students can handle their transition to middle school.

Participate in a school-based transition program. Middle schools frequently host open houses for elementary school students, who can take tours of the campus. Parents can take part in these events with their children. If your schedule does not allow you to attend, then schedule a private tour with the middle school principal or a faculty member. Middle

school guidance counselors or guest speakers also may make the rounds, visiting elementary schools directly. Be sure your student attends such information sessions so he or she can get an idea of what to expect during middle school.

Dispel any myths your youngster might have heard about middle school. Youngsters hear lots of things about middle schools, and much of what kids hear might be untrue. Ask kids what they have heard about the schools they will be moving on to, and then do your best to dispel any myths.

Find a middle school buddy. Ask an older sibling or invite someone who is currently enrolled in the school to speak with your child and answer any questions he or she may have. Hearing directly from a fellow student may make your child feel more comfortable about what to expect.

Talk about any other fears. Engage in an open dialogue with your son or daughter about any additional fears he or she may have. If students are worried about academics, spend some time over the summer going over the curriculum. If the potential for peer pressure is a cause for concern, reinforce advice on how to react to peer pressure

Parents and their children can take several steps to make students' transitions to middle school as smooth as possible.

Tide and Sun * tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide HIGH TIDE LOW TIDE SUNRISE SUNSET DATE 9:10 a.m. 6:06 a.m. 8:07 p.m. Thur., August 4 9:35 p.m 9:54 a.m. 10:16 p.m. 3:56 a.m. 6:07 a.m. 8:06 p.m. Fri., August 5 4:02 p.m. 10:38 a.m. 10:58 p.m. 4:36 a.m. 6:07 a.m. 8:04 p.m. Sat., August 6 4:48 p.m. 11:21 a.m. 8:03 p.m. 5:17 a.m. 6:08 a.m. Sun., August 7 11:39 p.m. 5:34 p.m. 5:59 a.m. 8:02 p.m. 6:09 a.m. Mon., August 8 12:06 p.m 6:23 p.m. 6:42 a.m. 12:22 a.m. 8:01 p.m. 6:10 a.m. Tues., August 9 12:53 p.m 7:14 p.m. 7:27 a.m. 8:07 p.m. 1:09 a.m 8:00 p.m. Wed., August 10 6:11 a.m. 1:45 p.m

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Community newspapers are a valuable resource

Local newspapers play vital roles in communities across the globe. The Information Age has changed the way many people get their news, but local newspapers continue to serve as valuable resources for readers interested in learning more about and becoming more involved in their communities.

While local publishers continue to adapt to the changes brought about by technology, the following are a handful of benefits unique to local newspapers.

Local newspapers keep readers upto-date on their own communities. Globalization may be here to stay, but that does not mean local communities are no longer home to newsworthy events. National and international newspapers and 24-hour cable news

channels can keep men and women upto-date on national and world news, but in many instances, local newspapers are the only means people have to learn about what is going on in their own communities. Local politics impact residents' lives every day, and local newspapers cover local politics extensively.

Local newspapers benefit nearby businesses. Small business owners often connect with community members via local newspapers. A strong, locally based small business community can improve economies in myriad ways, creating jobs in the community and contributing tax dollars that can be used to strengthen local schools and infrastructure. And local newspapers do

their part by providing affordable and effective advertising space to local business owners looking to connect with their communities.

Local newspapers can strengthen communities. Local newspapers are great resources for residents who want to become more active in their communities and learn more about community events. Local newspapers often showcase community events like carnivals, local theater productions and projects like park cleanups. These are great ways for readers to become more active in their communities and build stronger communities as a result.

Local newspapers can benefit children. National newspapers may have little age-appropriate content to offer

young children, but local newspapers tend to include more soft news items than national periodicals, and such stories typically are appropriate for young readers. According to Newspapers in Education, students who participated in an NIE group in Florida performed significantly better in spelling and vocabulary than nonreaders. Additional studies have indicated that students who use newspapers in the classroom perform better on standardized reading tests than those who do not use newspapers in class.

Many local newspapers have played vital roles in their communities for decades, providing a go-to resource for local readers and business owners.

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Community Calendar

When submitting items for the calendar please include the event name, date, where held, time and a little about the event. Items being considered for the calendar need to be in by noon on Friday. E-mail to thecourier@delmarvacourier.com

Mondays

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Open every Monday through October: **Historic St. Martin's Church Museum.** 1-4 pm. 11413 Worcester Highway, Showell, MD. For more information, call 410-251-2849

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Mon. & Tues.

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

Mon., Wed. & Sat.

Church Thrift Shop

OC Baptist Church's Thrift Shop by Seaside Christian Academy behind White Marlin Mall open 10 a.m.-2 p.m. Mon. & Wed., 9 a.m. to 3 p.m. Sat. Call 410-251-6971.

Tuesdays

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Take off Pounds Sensibly Meeting. Berlin group No. 331, Worcester County Health Center 9730 Healthway Dr., Berlin, 5:30-7:00 p.m. TOPS is a support and educational group promoting weight loss and healthy lifestyle. It meets weekly on Tuesdays. Info: jeanduck47@gmail.com

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area Ocean Pines.Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m.on Pinehurst Rd.Ocean Pines. Call 410-208-0063 for more information.

Wednesdays

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahanddancing.com

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Wed., Thurs., Fri. & Sat. Church Thrift Shop

The Shepherd's Nook at Community Church at Ocean Pines is open 9 a.m. to 1 p.m. Call 410-641-5433.

Diakonia Thrift Shop

'Used to be Mine' offers clothing, furniture, household items and more. Proceeds benefit Diakonia shelter and pantry. Located at Rte. 611 and Sunset Ave. Open 10 - 4. Call 410-213-0243.

Thursdays

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Fridays

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

Letters sent to The Courier for publication consideration must be signed and include



a telephone number where the author can be reached to verify authenticity, if necessary. Let-

ters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

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Check

Us

Combine blessing event scheduled

Have you ever seen a farmer's Combine up close? Well, picture a whole line of them, parked right downtown along Green Street in Snow Hill. Add farm animals, a city block loaded with agricultural themed games for children, lots of food and live stage entertainment and you have the Blessing of the Combines.

The event which honors the agricultural community, is in its 18th year and will take place this Saturday, August 6 between 11 a.m. and 3 p.m. Vendors will open at 9 a.m.

There is still room for a few craft vendors and area organizations to participate. Contact Diana Nolte at 443-944-4402 or email blesscombines@gmail.com to register.

The Parade of Combines sets off down Rte. 12 to Green Street at 11:15. A "throttle thrust" will signal Master of Ceremonies Steve Hales to begin the program with the presentation of colors by the awardwinning Snow Hill High School Junior Marine Corps ROTC. Following the parade, a lineup of area musicians will perform including the "Michael Christopher Band."

Children can visit a variety of animals at the Petting Barnyard, then hop aboard a wagon for a free hayride. There will also be free pony rides, a Children's Barnyard full of activities, the popular Children's Tractor Pull and a Scales and Tales presentation by representatives of the Pocomoke River State Park.

For details contact Becky Payne at 443-783-1715, or email blesscombines@gmail.com.

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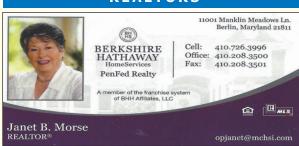
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Craft events - Members of the Pine'eer Craft Club created colorful wreaths from Flip Flops as their project for the month of July. The group meets the third Wednesday of each month at the Ocean Pines Community Center at 9:45 a.m. Guests are always wel-

The group also sponsors the Artisan & Craft Shop in White Horse Park, opposite the Community Center, where a variety of specialty, hand created items are sold. The shop is open Saturday 9 a.m. to 3 p.m. and Sunday 10 a.m. to 3 p.m.

On Saturday, August 6 the Craft Club will host the 39th Annual Pine'eer Arts & Crafts Festival from 9 a.m. to 3 p.m. on the grounds of White Horse Park and also indoors at the Ocean Pines Community Center. Stop by to check out the unique, handcrafted items

RWWC to hold fashion show

The Republican Women of fought to give women the right to vote. Worcester County will hold their An- Fashions will be by Chico's. Doors nual Patriot Day Fashion Show Lunch- open at 10:30 a.m. The program be-

eon Tuesday, September 27, at Clarion Resort Fontainebleau Hotel located



at 10100 Coastal Highway in Ocean clude your choice of steak or chicken City. The theme this year will honor with your salad and mail to Pat Addy, America's Suffragettes, those that 20 Chatham Court, Berlin, MD 21811.

gins at 11:30 a.m. The cost of the luncheon is \$33 per person. For information and reservations, please call Pat Addy at 410-208-0171. Or, make check payable to RWWC, in-

rakow

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with the regulation of other business operations, but local government may not prohibit that which is expressly authorized by Maryland state law. A recent Maryland Attorney General opinion provided to the Maryland Senate confirmed the supremacy of state law over local law in this area of regulation.

As Maryland progresses towards the legal growing, processing and dispensing of cannabis, questions and concerns about the program will increase. In an effort to keep the public informed, the MMCC has set up a website with a host of information for the public. The link is mmcc.maryland.gov.

Everyone should keep one thing in mind – cannabis is and will continue to be a controlled, dangerous substance. Possession of cannabis outside of what is allowed under law is and will continue to be illegal. Maryland is not Colorado or Washington.

Steven W. Rakow, Esquire, is a former assistant state's attorney. His private practice focuses on civil litigation, contracts, construction law, criminal and traffic law, and other general practice matters. He's a retired Marine officer and has owned several small businesses. Steve can be reached at 410-600-3075, by email at steve@steverakowlaw.com, or through his website www.steverakowlaw.com.

WCHS to hold cat adoption events

Society (WCHS) will hold adoption events, "The Cat Days of Summer" at several different locations throughout the summer. Look for shelter volunteers at the front entrance of Walmart in Berlin from 9 a.m. to 3 p.m. on the following Saturdays: August 6, 20 and September 3. There will also be adoption booths at Petco in West Ocean City and Ocean Pines Farmers Market on August 20. In addition, the shelter will participate in the Worcester County Fair on August 13 and 14. There will be cats available for adoption at every event along with raffle tickets available for purchase with the chance to win three cash prizes.

The WCHS is a no kill shelter located on Eagle's Nest Road just off Stephen Decatur Highway. There are over 100 cats living at the shelter with the majority of them being adult cats. Most are very affectionate, adoptable cats who have spent a year or longer at the shelter.

"There are so many great adult cats at the shelter that get overlooked be-

Christian club to meet

Bethany United Methodist Church will sponsor a Christian Social Club meeting on August 8 at 6:30 p.m. The church is located at the corner of Snug Harbor Road and Route 611 in Berlin. For more information call 410-629-

Church to hold chicken barbecue

St. Paul United Methodist Church Men's Ministry will hold a chicken barbecue on Saturday, August 13 beginning at 11 a.m. The cost is \$8 per person for half a chicken and roll. The church is located at 405 Flower St. in Berlin. For more information contact Patrick Henry at 443-880-4746.

The Worcester County Humane cause of their age," said Sandy Summers, WCHS board member and volunteer. "These cats have so much love to give and deserve to know the happiness of finding their forever family."

If you are interested in adopting a cat or kitten come on out to one of the "Cat Days of Summer" events. Adoption fees for cats five and under are \$100 and those over the age of five are Adoption fees include \$50. spay/neuter, immunizations, and microchip.

The shelter also has a "senior to senior" program where anyone 65 and older who adopts a cat eight years or older will have their adoption fee waived.

For more information on available pets or questions about adoption visit the shelter website www.worcestercountyhumanesociety.org or call 410-213-0146. Follow the shelter on Facebook and Instagram for event updates and available pets.

Knights of Columbus schedule events

The Knights of Columbus will hold its BBQ Chicken Day on August 6 between 4 p.m. and 7 p.m. Half chicken and sides will be available for dine-in or take out.

All You Can Eat breakfast buffets will be hosted on Sunday, August 14 and 28 between 8:30 a.m. and 11:30 a.m. The cost is \$10 per adult and \$6 per child under age eight.

Bingo will be held Friday nights on August 5, 12 and 19. Doors open at 5 p.m.; games start at 6:30 p.m.

The events will occur in Columbus Hall located behind St. Luke's Church in Ocean City at 9901 Coastal Highway. For more information call 410-524-7994.

STEVEN W. RAKOW

Attorney at Law

General Practice / Civil Litigation / Criminal Defense Contracts / Construction Law

- President, Worcester County Bar Association
- Former Assistant State's Attorney, Worcester County
- Retired Marine Officer 19 Years Legal Experience



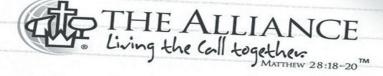
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