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August 2016 Issue 97

Laughs and Lifts

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Everyone's Favorite
Family Magazine!



Laughs and Lifts

Published since 2008, Laughs and Lifts is the Wiregrass' Favorite Family Magazine.

Laughs and Lifts is the most unique and most loved monthly magazine in the Wiregrass Region, and is distributed Free in over 150 locations & online at LaughsandLifts.com

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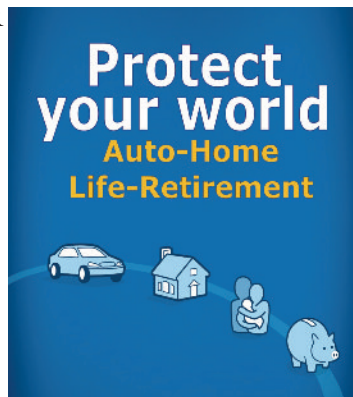
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They call our language the mother tongue because the father seldom gets to speak.

RETIRED DISABLED VETERAN

CHS GRADUATE 1984

Kurt TUCKER
City Council Place 1

PD, POL. ADV. BY KURT TUCKER, P.O. BOX 2488, OZARK, AL 36361

It's Wider

At an art gallery, a woman and her 10 year old son were having a tough time choosing between two paintings. They finally chose and went with the autumn themed one. "I see you prefer an autumn scene as opposed to a floral one," said the gallery owner, who was nearby and saw the mother-son interaction. "No," said the boy. "This painting is wider, so it'll cover the three holes I put in the wall."

When your dog jumps on your bed it's because he loves you.
When your cat jumps on your bed it's because he loves the bed.

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When I lost my rifle, the Army charged me \$85. That's when I finally understood why in the Navy, the captain goes down with the ship.

Denver or Salt Lake City?

I couldn't decide whether to go to Salt Lake City or Denver for vacation, so I called the airlines to get prices. "Airfare to Denver is \$300," the cheery salesperson replied. "And what about Salt Lake City?" "We have a really great rate to Salt Lake—\$99," she said "but there is a stopover." "Where?" "In Denver," she said.



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Show Must Go On

The circus was in town and Stanislaus and Oleg were the featured act. While Oleg walked across the high wire without a net, Stanislaus would balance on Oleg's shoulders, all the while juggling 5 balls at once. A few minutes before they were to go on, Oleg called for the ringmaster. It seems Oleg had become deathly ill by eating some bad sushi and would have to cancel tonight's performance. "You'd better tell Stanislaus," Oleg said. Walking into Stanislaus' dressing room, the ringmaster got right to the point. "Stanislaus, I have some bad news. You won't be doing your act tonight." "Why not?" "You don't have Oleg to stand on!"

Buying the World

Two guys are at a bar, drunk and talking nonsense.
MAN 1: I am planning on buying the world.
MAN 2: That is crazy and makes no sense what-so-ever, you can't buy the world.
MAN 1: Why not?
MAN 2: Because, I am not going to sell it to you.

If I had only one day left to live, I would live it in my math class: it would seem so much longer.

Working hard for something we don't care for is called stress.
Working hard for something we love is called passion.

**AUGUST
23RD**

Vote for and elect ROGER

PARRISH

"The Laughs and Lifts Magazine Publisher"

CITY COUNCIL PLACE 4

For the past eight years I have worked very hard to promote the businesses and the City of Ozark with Laughs and Lifts Magazine. As YOUR City Council Member, promoting Ozark will remain my goal.

I know first hand that people respond to a good product. **Folks, Ozark is a good product.**

I want to help make Ozark even better. *I humbly ask for your consideration, vote, and support.*

As YOUR City Council Member, for every vote I make that spends YOUR tax dollars,

I will make my decision after these questions have been answered...

CAN WE AFFORD THIS? & How Will We Pay For This?

How Will This Make Ozark BETTER? Why Does Ozark NEED This NOW?

How Will This Benefit The Citizens and Businesses of Ozark?

Everyone's main concern in Ozark is Economic Development and well-paying jobs.

A safe community, (both fire and police), well maintained streets and infra-structure, parks and modern leisure services, modern schools and well-staffed and equipped hospitals are essential to attract new businesses and industry which bring the jobs to any city. When those things are in place, a city attracts growth, both new citizens and new industry. Friends, Ozark doesn't have the tax revenue to accomplish all those things overnight. But we must start NOW, doing the small things that can be accomplished. I suggest we start a campaign to **Bring In Other Than Ozark Money into Ozark and Spend Ozark Money Here!**

In an effort to keep Ozark citizens buying in Ozark, I will support efforts to court businesses and small industries in Dothan, Enterprise, and Troy, where we are spending Ozark money to move or expand into Ozark. With the emphasis on new to Ozark businesses and ones that provide good paying jobs. I.E. Ozark could easily support a NEW Tractor and Farm Implement Dealership.

Friends, millions of dollars ride right through Ozark every year on their way to Florida. This is Other Than Ozark Money. Since we have the new gas tax, let's take advantage of it. I will support an advertising campaign of billboards south of Montgomery going south, and north of the Florida line going north aimed at getting cars, trucks and motor homes to eat, sleep and get fuel in Ozark. I want to see 100% of the gas tax revenue go to street resurfacing and upkeep.

I will support our new Mayor, in his efforts to bring **new industry** into our city. I will encourage our new Mayor to be in Montgomery as often as it takes to procure grant money to make our city appealing to new industry.

In lieu of recent events, I will support efforts to secure grants or spending tax dollars to keep our Police Officers safe, well trained and equipped to do their dangerous job. OPD does not pick sides. Race, gender, sexual preference or politics doesn't matter, they just do their job...**protecting ALL lives.**

Ozark Leisure Services provide youth sports programs for both girls and boys in football, soccer, baseball, softball, basketball, cheerleading, and archery. I will actively support finding mostly grant funding or donor money (not tax dollars) to build a state of the art sports complex to play all sports, one that will be the envy of all cities, one that will attract state, regional, and national tournaments for both girls and boys, all of these will make a major economic impact to Ozark.

I will gladly support and challenge any citizen's group to think of more ideas and hash out details to bring Other Than Ozark Money into Ozark, and Spend Ozark Money Here!

I will support securing grant funding for an indoor community pool facility, or finding a donor for whom the pool complex could be named.

Pd. Pol. Adv. By Roger Parrish Campaign • PO Box 681 • Ozark, AL 36361

I have deleted so many emails today and yesterday I feel presidential.



Here are my qualifications to be YOUR Mayor:

12 years as Mayor of the City of Ozark & 4 years as Ozark Economic Development Director.

Distinguished 30-year Army career in major positions of responsibility, retiring as Chief of Staff of the Army Aviation Center and Fort Rucker.

Forty-six years of *visionary* and *principled* leadership and staff experience.

High energy, focused, and principled leadership; focused on all Ozark residents & where Ozark needs to go; local, state, & federal political & business contacts are intact; & my attitude + influential contacts + your support = Ozark progress!

Community service: 16 Community Service & Christian organizations, including Chair of Wiregrass Honor Flight [5 trips to Washington D.C., over 300 veterans to see the WWII Memorial, & raised \$360,000+].

HERE'S WHAT WE ACCOMPLISHED WHEN I WAS MAYOR FROM 1996 TO 2008

- > Postured Ozark for economic growth.
- > Expanded city limits by 450%.
- > Increased the tax base.
- > Constructed new City Hall.
- > Expanded Industrial Park; Blackwell Airport; Godwin Center; & medical facilities.
- > Constructed Small Business Incubator Center.
- > Brought 18 retail businesses to US231 corridor.
- > Income-producing microwave tower.
- > Solidified Wiregrass Area Partnerships.
- > 20-year Plans for Street Paving [with fenced funding] & Workers' Compensation.

HERE'S WHERE WE ARE GOING WHEN I'M ELECTED YOUR MAYOR !!!

FINISH WHAT WE STARTED WHEN I WAS MAYOR.

- Reinstate 20-Year Plans for street paving & Workers' Compensation
- A clean, well-maintained city
- Stand-alone Alabama Aviation College; an Alabama strategic asset
- Strengthen relationships with Ft. Rucker, Wiregrass/State/National leaders & full spectrum of industries
- Expand public & recreation facilities support
- Renewed, invigorated economic development efforts to increase tax base
- Work for ALL Ozark residents & what's best for the City

Pd. Pol. Ad by the Bunting Campaign for Mayor, Joe Godwin, Treasurer, 1309 A.B. Stubbs Road, Ozark, AL 36360

It's not what you look at that matters, it's what you see.
~ Henry David Thoreau

AUGUST 2016

5

Laughs and Lifts

A life spent making mistakes is not only more honorable but more useful than a life spent in doing nothing. ~ George Bernard Shaw

VOTE AUGUST 23RD

Mike Barefield

★★★★★★ FOR MAYOR



PD. POL. ADV. BY "BAREFIELD CAMPAIGN", 115 E. COURT SQUARE, OZARK, AL 36360

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Teacher: What do mean? Student: Horizontally it is 0 and vertically it is 3.

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The King's

"But my God shall supply ALL your needs according to His riches in glory by Christ Jesus"
Philippians 4:19

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3 choices in life: GIVE UP; GIVE IN; OR GIVE IT YOUR ALL!

AUGUST 2016

7

**Laughs
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Worrying is using your imagination to create things you don't want.

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Have you ever had that awkward moment when you're walking down the steps and you think there's another step and you Hulk stomp the ground.

That's A Good Thing

The young boy was spending a Sunday afternoon with his grandpa. Looking at pictures of his grandpa in his military uniform, the boy asked, "Grandpa, did you ever kill anyone in the war?" "No champ, I never did." "That's a good thing." "You're telling me," began grandpa, "I was the cook!"

I'll Pass On the Wings

The flight attendant on the trip was handing out plastic pilot wings to some kids. As the young man stepped forward, she playfully offered some to him. He passed, pointing to the Airborne wings on his Army uniform. He explained, "The last time someone gave me wings, I had to jump out of the airplane."

**ANDY
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PAID POLITICAL ADVERTISEMENT BY ANDY GILLAND, PO BOX 2266, OZARK, AL 36360

THAT EXPLAINS IT!

I got my stomach by doing as many crunches as I can everyday; usually either Nestle or Captain.

A zookeeper is ordering new animals. As he fills out the forms, he types "two mongeese". That doesn't look quite right, so he tries two mongoose, and then two mongooses. Giving up, he types, "One mongoose, and while you're at it, send another one."

No matter how much you revisit the past, there's nothing new.



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The following words were written on the tomb of the Anglican Bishop in the Crypts of Westminster Abbey:

"When I was young and free and my imagination had no limits, I dreamed of changing the world. As I grew older and wiser, I discovered that the world would not change, so I shortened my sights somewhat and decided to change only my country, But it, too, seemed immovable.

As I grew into my twilight years, in one last desperate attempt, I settled for changing only my family, those closest to me, but alas, they would have none of it.

And now as I lie on my deathbed, I suddenly realize: If only I had changed myself first, then by example I would have changed my family. From their inspiration and encouragement, I would then have been able to better my country and, who knows, I may have even changed the world."

I make myself rich by making my wants few!

AUGUST 2016

9

**Laughs
and Lifts**

Sometimes you get the best light from burning bridges. ~ Don Henley

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Charles Spurgeon

Hoe your own
row
& raise your
own babies.
Smoke your
own smoke
& grow your
own daisies.
Mend your
own fence
& own your
own crazy.
Mind your own
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& Life will be
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Drivers Ed Student

As the new drivers ed student drove through the red light at the intersection, the instructor admonished him and asked, "Why did you not stop for the red light?"

The student replied, "My brother doesn't." The instructor directed him to return to the school for more instruction before any more driving could take place. On the way back, the student approached the same intersection with a green light, he immediately slammed on the brakes shocking the instructor as well as other drivers. "Why did you stop at a green light?" The student replied, "You never know when my brother's coming."

We are drowning in information while starving for wisdom.

ELECT Stanley ENFINGER

OZARK CITY COUNCIL PLACE 5

PD. POL. ADV. BY STANLEY ENFINGER 2570 S. HWY 123 OZARK, AL 36360

A retiree was given a set of golf clubs by his co-workers. Thinking he'd try the game, he asked the local pro for lessons, explaining that he knew nothing whatever of the game. The pro showed him the stance and swing, then said, "Just hit the ball toward the flag on the first green." The novice teed up and smacked the ball straight onto the green, where it stopped inches from the hole. "Now what?" the fellow asked the speechless pro. "Uh... you're supposed to hit the ball into the cup," the pro finally said, after he was able to speak again. "Oh great! NOW you tell me!" said the beginner.

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AUGUST 2016 **Laughs
and Lifts**
11

"What a dreadful thing! Taste is the enemy of creativeness."
- Pablo Picasso -

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If you continue to dance in the theater of vanity and pride, then the only applause you will ever get is the recognition in others that you really are a fool.



Little Johnny had finished his summer vacation and gone back to school. Two days later his teacher phoned his mother to tell her that he was misbehaving. "Wait a minute," she said. "I had Johnny with me for three months and I never called you once when he misbehaved."

Traveling in Colorado

A couple were on vacation in Colorado. They flew to Denver and rented a car to sight see. One of the sights was a bridge that was more than 1,000 feet above the river. Walking out onto the bridge, they noticed it swaying in the wind. "I don't think I want to drive the car across this bridge," one said to the other. "What are you worried about?" the second replied. "It's a rental."

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SPIDER IDENTIFICATION CHART



The coach called one of his 9-year-old baseball players aside and asked, "Do you understand what co-operation is? What a team is?" "Yes, coach", replied the boy.



Continued →

**"What does your mother do for a headache?"
"She sends me out to play."**



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Piping Up

A Scottish mother visits her son in his New York City apartment and asks, "How do you find the Americans, Donald?"

"Mother," says Donald, "they're such noisy people. One neighbor won't stop banging his head against the wall, while the other screams and screams all night long."

"Oh, Donald! How do you manage to put up with them?"

"What can I do? I just lie in bed quietly, playing my bagpipes."



VOTE
Aug. 23rd

RE-ELECT

WINSTON T.

JACKSON

OZARK CITY COUNCIL • PLACE 3

"Improving Ozark Together"

Pd. Pol. Adv. by Winston T. Jackson Campaign, P.O. Box 44, Ozark Al 36361

"Do you understand that what matters is we win or lose as a team?" The boy nodded in agreement. The coach continued, "I'm sure you know, when an out is called, you shouldn't argue, curse, attack the umpire, or call him insulting names. Do you understand all that?" Again, the boy nodded yes. The coach continued, "And when I take you out of the game so that another boy gets a chance to play, it's not good sportsmanship to call your coach dumb, or stupid, or worse, is it?" "No, coach." "Good," said the coach. "Now go over there and explain all that to your Grandmother."

The Phrase, "don't take this the wrong way" has a zero percent success rate.

Aunt T's Kitchen

Tuna Mushroom

Ingredients

- 1/2 cup water
- 1 teaspoon chicken bouillon granules
- 1 package (9 ounces) frozen cut green beans
- 1 cup chopped onion
- 1 cup sliced fresh mushrooms
- 1/4 cup chopped celery
- 1 garlic clove, minced
- 1/2 teaspoon dill weed
- 1/2 teaspoon salt
- 1/8 teaspoon pepper
- 4 teaspoons cornstarch
- 1-1/2 cups cold milk
- 1/2 cup shredded Swiss cheese
- 1/4 cup mayonnaise
- 2-1/2 cups egg noodles, cooked and drained
- 1 can (12 ounces) light tuna in water, drained and flaked
- 1/3 cup dry bread crumbs
- 1 tablespoon butter



Directions

1. In a large saucepan, bring water and bouillon to a boil; stir until bouillon is dissolved. Add the next eight ingredients; bring to a boil. Reduce heat; cover and simmer for 5 minutes or until vegetables are tender.
2. In a small bowl, combine cornstarch and milk until smooth; gradually add to vegetable mixture. Bring to a boil; cook and stir for 2 minutes or until thickened. Remove from the heat; stir in cheese and mayonnaise until cheese is melted. Fold in noodles and tuna.

Tuna Casseroles

3. Pour into a greased 2-1/2-qt. baking dish. In a small skillet, brown bread crumbs in butter; sprinkle over casserole. Bake, uncovered, at 350° for 25-30 minutes or until heated through. Yield: 4-6 servings.

Tuna Melt

Ingredients

- 1 (16-ounce) package corkscrew macaroni
- 2 tablespoons butter
- 2 tablespoons all-purpose flour
- 1 teaspoon salt
- 1/4 teaspoon black pepper
- 3 cups milk
- 2 cups shredded Swiss cheese, divided
- 3 (6-ounce) cans tuna, drained, flaked
- 2 tomatoes, cut into 1/4-inch-thick slices



Directions

1. Preheat oven to 400 degrees F. Coat a 9- x 13-inch baking dish with cooking spray.
2. In a large saucepan of boiling salted water, cook pasta 7 minutes, or until al dente. Drain well and return to pot; set aside.
3. Meanwhile, in a medium saucepan over low heat, melt butter. Stir in flour, salt, and pepper and cook 1 minute, stirring constantly. Gradually stir in milk; increase heat to medium-high and cook until mixture thickens, stirring occasionally. Remove saucepan from heat and add 1-1/2 cups cheese, stirring until melted.
4. Add cheese sauce and tuna to pasta in pot; toss until evenly mixed. Transfer mixture to baking dish. Arrange tomato slices on top, overlapping if necessary. Sprinkle with remaining cheese.

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Tuna Casseroles

5. Cover baking dish with foil and bake 20 minutes. Remove foil and bake an additional 10 to 15 minutes, or until hot and bubbly.

Transfer the cookies to a baking rack and cool completely.

Best Tuna Casserole Ever

Ingredients

- 12 ounces wide egg noodles, cooked al-dente, drained and rinsed
- 1 can cream of golden mushroom soup (any cream of mushroom soup will do, but I find that the golden stuff adds nice color and flavor) – use the low fat stuff if you're counting calories
- 3/4 cup evaporated milk
- 1/4 cup mayonnaise (low fat is ok)
- 1/4 cup sour cream (low fat is ok)
- 1/4 cup water
- 2 five-ounce cans of tuna, drained
- 1/2 packet of dry Lipton onion soup mix
- 1 1/2 cups freshly grated sharp cheddar cheese, separated
- 1 tbsp Worcestershire
- 1 tsp Tabasco
- 1/2 tsp celery salt
- 1 tsp black pepper

Optional – 1 cup of frozen baby peas or vegetable medley, thawed and drained

Directions

Preheat oven to 325 degrees. In a large bowl mix all ingredients, reserving 1/2 cup of the shredded cheese, and folding the cooked pasta in last after everything else has been mixed well. Pour everything into a greased casserole dish, and sprinkle remaining cheese on top. Bake uncovered in the preheated oven for thirty minutes. Serve hot – serves up to six.

Aunt T's Kitchen

Creamy Scalloped Potatoes & Tuna

Ingredients

- 2 cups milk
- 2 cups whipping cream
- 2 cloves garlic, minced
- 6 medium russet potatoes
- 3/4 teaspoon salt
- 1/2 teaspoon white pepper
- 1 tablespoon butter or margarine
- 12 ounces can tuna, drained and flaked
- 1 1/2 cup shredded Mozzarella cheese

Directions

Preheat oven to 350 degrees F. In a 3-quart saucepan over medium heat, combine milk, whipping cream, and garlic.

Peel potatoes; slice about 1/8 to 1/4-inch thick. Add potatoes, salt and white pepper to milk mixture; heat to simmering.

Grease an 11 x 7-inch casserole with butter; spoon potato-milk mixture into dish.

Bake 25 minutes at 350 degrees F; remove from oven. Add tuna, stirring gently; top with cheese.

Bake 35 more minutes, or until potatoes are baked through and top is golden brown.

Let stand, covered, about 15 minutes to thicken.

Mom: What do IDK, LY & TTYL mean?

Son: I don't know, love you, talk to you later.

Mom: OK, I will ask your sister.

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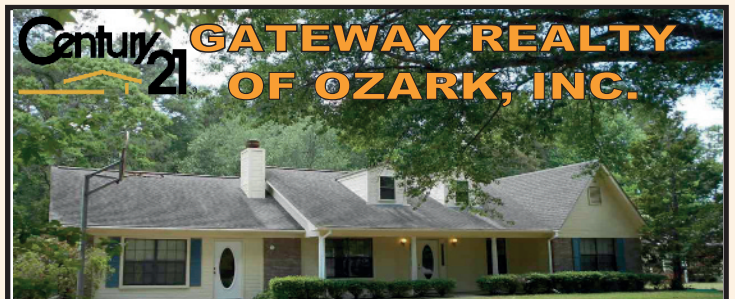
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2016
WOMEN'S CHOICE AWARD®
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Dale Medical Center Receives the 2016 Women's Choice Award® as one of America's Best Hospitals for Emergency Care

Ozark, AL.- July 18, 2016 – Dale Medical Center has received the 2016 [Women's Choice Award®](#) as one of [America's Best Hospitals for Emergency Care](#). This evidence-based designation is the only Emergency Care award that identifies the country's best healthcare institutions based on robust criteria that considers female patient satisfaction, clinical excellence, and what women state that they want from a hospital.

The list of 360 award winners, including Dale Medical Center, represents hospitals that have provided exceptional patient care and treatment, signifying Dale Medical Center's, commitment to meeting the highest standards in Emergency Care for women, their families and their community.

"To be among the top 10% nationally out of 3,800 hospitals is an incredible accomplishment for our hospital. Our physicians and nurses are dedicated to providing excellent care. They work extremely hard to provide excellent care and I am very proud of their accomplishments," said Vernon Johnson, CEO.

The America's Best Hospitals for Emergency Care are hospitals that consistently rank among the best of the 3,800 hospitals reporting on the performance of their respective Emergency Departments. They are judged on the following Emergency Department performance measures reported by the Centers for Medicare and Medicaid Services (CMS):

1. Average number of minutes before outpatients with chest pain or possible heart attack got an ECG,
2. Average time patients spent in the Emergency Department, before they were admitted to the hospital as an inpatient,
3. Average time patients spent in the Emergency Department before they were seen by a healthcare professional,
4. Average time patients spent waiting in the Emergency Department, after the doctor decided to admit them as an inpatient, but before leaving the Emergency Department for their inpatient room,
5. Average time patients spent in the Emergency Department before being sent home,
6. Average time patients who came to the Emergency Department with broken bones had to wait before receiving pain medication,
7. Percentage of patients who came to the Emergency Department with stroke symptoms who received brain scan results within 45 minutes of arrival,
8. Percentage of patients who left the Emergency Department before being seen.

Each of the measures indicated above were weighted according to a survey of over 1,000 women on their relative priority, and listed above in order of importance. In addition, hospitals that fell within the bottom 25th percentile for patient recommendation scores were eliminated from consideration for the award.

For each Emergency Department measure, the top 25th percentile and the top 50th percentile are determined for all hospitals reporting the measure. Hospitals that ranked in the top 25% nationwide for a measure received points according to the measure's relative importance. Hospitals that ranked between 25% and 50% received half points. Points were then totaled for all measures, per hospital. Those hospitals with total scores that placed them in the top 10% nationally, earned the Women's Choice Award.

"We have found that recommendations are an important consideration used by women in selecting a hospital for themselves and their family. By helping women know which hospitals in their area provide the best critical care, we are able to help them make better decisions, especially when it comes to emergency situations," says Delia Passi, CEO and Founder of the Women's Choice Award.



Dr. L.D. McLaughlin

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**Dr. L. D. McLaughlin
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McLaughlin Benefit August 25, 2016

Plans are finalized, tickets and sponsorships are being sold for the fourth annual LD McLaughlin Memorial Benefit to be held August 25th at the Ozark Civic Center. The Events Team at Dale Medical Center is working hard to make sure that the evening is enjoyed by all that attend.

The doors will open at 5:30pm for this year's event with plenty of food, a special presentation at 6:30pm with entertainment at 7:00pm. "We are excited to have Tim Gabrielson from Las Vegas as our entertainer this year. He will provide a fun, high energy evening you will not want to miss.", said Vernon Johnson, CEO Dale Medical Center.

Tim Gabrielson's, "The Magic of Comedy", has taken the country by storm. His quick wit, interactive magic and playful spirit will take the audience along on a comedic journey. Tim is based out of Las Vegas and has headlined at Mandalay Bay on the Las Vegas Strip. He is the author of, "Lemons to Laughter", that has sold 10's of copies. The reviews from those that have attended his performances include remarks such as, "Off the Charts", "Outstanding", and "Nothing Short of Amazing".

The LD McLaughlin Benefit is a fundraiser held each year to honor the memory and legacy of the late Dr. LD McLaughlin. Funds raised each year are used to promote the mission of Dale Medical Center of providing quality healthcare for Dale County and the surrounding area. Make plans to attend this year's event. For more sponsorship or ticket information, call 334-774-2601.

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Mr. & Mrs. Smith have been back from their honeymoon for two weeks when Mr. Smith comes home from work and says that he has invited four of his friends from the office home for dinner on Friday night.

Mrs. Smith, is a bit apprehensive and asks if she must cook a meal for the four. The husband explains that there will be eight coming because each will bring his wife. Since this is their first party, the husband consoles her by saying that all she has to do is get some Chinese food in and perhaps she can bake a cake. This sounds like a good idea, and they sit down and decide what Chinese food to get.

Friday morning Mrs. Smith calls the office in tears. She explains that the only cake recipe she has will only feed six.

CONTINUED ON PAGE 19

Did you know that the first Fords had engines made by Dodge.

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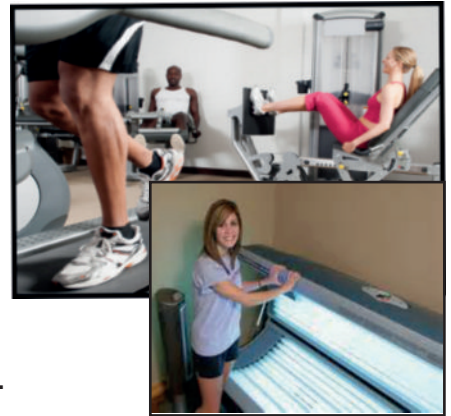
change your wants into what God desires!
 Does prayer change how you view the world?
 No, not always, but it will change whose eyes you see the world through.
 Does prayer change your regrets from the past?
 No, not always, but it will change your hopes for the future!
 Does prayer change the people around you?
 No, not always, but it will change you - the problem isn't always in others.
 Does prayer change your life in ways you can't explain?
 Oh, yes, always! And it will change you from the inside out!
 So does prayer REALLY change ANYTHING?
 Yes! It REALLY does change EVERYTHING!-
 Teressa Vowell

There was a farmer in the field with his cows and he counted 196 of them... but when he rounded them up, he had 200.

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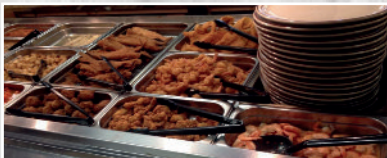
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Every man is guilty of all the good he didn't do. ~ Voltaire

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Hubby says, "Why don't you just double the recipe?" She decides that is a good idea. At four, hubby gets another phone call -- this time quite frantic. "I just can't do it," wifey weeps. "It's impossible." "Now, now, what's the matter?" "Well, their recipe calls for two eggs..." "So, you use FOUR eggs. Don't you have them?" "Yes -- then it needs 4 cups of flour." "Well," Mr. Smith says rather testily, "you will have to use 8 cups of flour -- what is the problem?" "It isn't the ingredients," Mrs. Smith sobs, "it says that the cake must be baked at 350 degrees and I have checked the oven, and I can't turn the heat up to 700 degrees!"

A round-trip plane ticket: Boy, that really takes me back.

For sale: Eight puppies from a German Shepherd and an Alaskan hussy.

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- 3 THE GIFT OF LAUGHTER - Clip cartoons. Share articles and funny stories. Your gift will say, "I love to laugh with you."
- 4 THE GIFT OF A WRITTEN NOTE - It can be a simple "Thanks for the help" note or a full sonnet. A brief, handwritten note may be remembered for a lifetime, and m even change a life.





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REMARRIAGE

Two women met for the first time since graduating from high school 40 years ago. One asked the other, "You were always so organized in school, "Did you manage to live a well planned life?" "Oh yes," said her friend. "My first marriage was to a millionaire; my second marriage was to an actor; my third marriage was to a preacher; and now I'm married to an undertaker." Her friend asked, "What do those marriages have to do with a well planned life?" "One for the money, two for the show, three to get ready, and four to go."



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- 5 THE GIFT OF A COMPLIMENT - A simple and sincere, "You look great in red," "You did a super job" or "That was a wonderful meal" can make someone's day.
- 6 THE GIFT OF A FAVOR - Every day, go out of your way to do something kind.
- 7 THE GIFT OF SOLITUDE - There are times when we want nothing better than to be left alone. Be sensitive to those times and give the gift of solitude to others.
- 8 THE GIFT OF A CHEERFUL DISPOSITION - The easiest way to feel good is to extend a kind word to someone; really it's not that hard to say, "Hello" or "Thank You."

When I want your opinion, I'll remove the duct tape.

Advice from An Old Farmer

Your fences need to be horse-high, pig-tight and bull-strong.
Life is simpler when you plow around the stump.
A bumble bee is considerably faster than a John Deere tractor.
It don't take a very big person to carry a grudge.
You cannot unsay a cruel word.
Every path has a few puddles. When you wallow with pigs, expect to get dirty.
Most of the stuff people worry about ain't never gonna happen anyway.
Don't judge folks by their relatives.
Remember that silence is sometimes the best answer.
Live a good, honorable life... Then when you get older and think back, you'll enjoy it a second time.
Don't interfere with somethin' that ain't bothering you none.
Timing has a lot to do with the outcome of a Rain dance.
Sometimes you get, and sometimes you get got.
Good judgment comes from experience, and a lotta that comes from bad judgment.
Live simply. Love generously. Care deeply. Speak kindly. Leave the rest to God.
Don't pick a fight with an old man. If he is too old to fight, he'll just kill you.
Most times, it just gets down to common sense.

Drive carefully, It's not just cars that can be recalled by their maker.



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Winnie Frazier

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Pd. Pol. Adv. by Winnie Frazier- Ozark, AL

NOTE FROM THE PUBLISHER

Almost every day readers tell me how much they love Laughs and Lifts, & how this "little magazine" touched their lives. I want to thank you, the reader and advertisers, for making Laughs and Lifts successful. God Bless You All.

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If your religion is worth killing for, please start with yourself.

Renewing Our Mind

Wallace Kennedy, Jr.

The mind is the battle-ground, a realm in which our spiritual warfare takes place. Every believer in Christ Jesus experience a wrestling of thoughts in our minds. Our new creation (born-again-spirit) fights against worldly systems, the flesh or the carnal nature, and the devil.

The mind encompasses our thoughts (imagination, reasoning, and intellect), as well as our emotions and will. In all of these aspects lie the very heart of an individual. By our thoughts and feelings, we determine our will and purpose for our lives. As Christians, we seek to live by the truth and power of God because they are our assurance of God's promised victory in each and every situation in life, and we are not ignorant of the reality of evil, and the destruction that surrounds our world on a daily basis.

It is in this process that we will encounter a very real spiritual struggle in our thoughts, emotions and will, because the adversary knows that these areas are directly related to the power of our faith, and means to receiving the promises of God. The adversary's goal is to weaken the faith of every Christian.

Paul tells us: Do not be conformed to this world, but be transformed by the renewing of your mind. Then you will be able to discern what is the good, pleasing, and perfect will of God. Romans 12:2

We have to exchange our old way of thinking and doing things, and take on a mind like Jesus Christ. Washing our mind daily on the Word of God, can cleanse us.

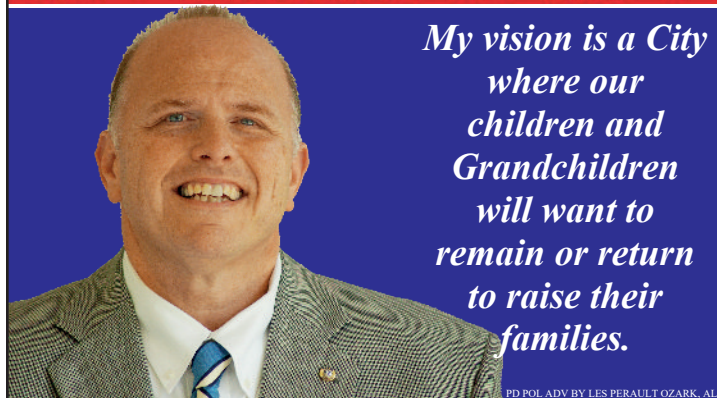
Course of Action: Joshua 1:8 This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

Thoughts produce words, words produce actions, action produce habits, habits produce destiny. Chang our thoughts and change our life!



Never lie to someone who trusts you.
Never trust someone who lies to you.

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Sometimes one pays more for the things one gets for nothing. ~ Albert E.

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Mistakes are proof that you are trying.

Well, apparently Rock Bottom has a basement!

BAMBOOZABLES

Answers On Page 31

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You can't plow a field by turning it over in your mind

See if You Can Find 9 difference in the two photos below.



It's so hot my Frosted Flakes melted!

AUGUST 2016

23

Laughs and Lifts

PASTOR'S POINT

Pastor Haley Einfinger

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Show Me Your Way!

America is in grave danger!! We see the effects of erosion all around our country such places as the Grand Canyon. It's what we call nature's beauty, but it's not



inhabitable. Yes, you can visit it. You can take helicopter rides over it, but you can't live there. Not only are places in our country eroding in the physical but it is eroding spiritually all around us. What it took years to establish and get past is now crumbling before our eyes. We need to be praying and asking what Moses' was asking many years ago. "Show me now Your Way, that I may know You."

Exodus 33:13 Now therefore, I pray, if I have found grace in Your sight, show me now Your way, that I may know You and that I may find grace in Your sight. And consider that this nation is Your people." 14 And He said, "My Presence will go with you, and I will give you rest."

We need to know God now more than we ever have. See if you know God's ways then you know God. If you know God, then we know his ways. Our society is so ever trying to redefine who God is! David in the book of psalms writes:

Psalm 25:4 Shew me thy ways, O Lord; teach me thy paths. 5 Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

Before David became King he was searching for the right path in God. He said show me your ways!! We can be like David or we can be like another self-proclaimed King named Elvis. Elvis wrote a song called "My Way"

And now, the end is near; And so I face the final curtain. My friend, I'll say it clear, I'll state my case, of which I'm certain. I've lived a life that's full. I've traveled each and every highway; But more, much more than this, I did it my way.

You can be like King David or you can be like King Elvis, but if you will be like King JESUS it will make all the difference in the world!!

Knowledge talks and wisdom listens!

EASY NEW ORCA CUP GIVE AWAY CONTEST



Every month Laughs and Lifts is giving away 2 Orca Cups to 2 of our blessed readers. Playing and entering is easy. Here's how: Search the left corner of ads in this edition of Laughs and Lifts ...

Find the letters "L" "A" "U" "G" "H" "T" "E" "R"

Mail or Email the names of the 8 business' in which you found the letters along with your Name and Town

T0: Parrish Publishing PO Box 681 Ozark, AL 36361

Email to Roger@laughsandlifts.com with subject or attn: line: **LAUGHTER**
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Drawing will be held on the 20th of the month.

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I'm having amnesia and deja vu at the same time...Now I think I've forgotten this before.

Claybank Master Gardeners

Hello Gardeners!

August is upon us, and the weeds in my yard are happily producing and multiplying faster than I can keep up with. Being protective of the pollinator bees, butterflies, and birds, I try to stick to organic methods of weed control, like spraying vinegar on the walkways only. Some use boiling water—but if anyone can tell me their favorite method, I'll share it here. (ozarkdee@gmail.com) Some weeds are edible, so adding a few leaves freshly grown (picked early in the morning) to summer salads adds extra nutrition. Dandelion weeds are a bit on the bitter side, like argula, but rich in calcium, potassium and vitamin A, according to Euell Gibbons in Stalking the Healthful Herbs.

Controlling Insects and Diseases of Tomatoes (excerpts from Alabama cooperative Extension bulletin ANR-0302)



The more common insect pests of tomatoes include fruitworms and hornworms, aphids, whiteflies, and stinkbugs. Tomato fruitworms and hornworms may be controlled by sprays of *Bacillus thuringiensis* (Dipel, Thuricide, others) beginning just after eggs hatch when caterpillars are still small. Insecticidal soaps are

effective for control of aphids and whiteflies if sprays are directed to the upper and lower leaf surfaces. Stinkbugs may be controlled, but weekly sprays may be necessary for control. Disease development is favored by wet, humid conditions, so keep foliage dry by watering in the morning and using drip irrigation. Scout your plants often to detect and then identify any potential diseases. [Hot temperatures will cause bud drop, try to shade plants from afternoon sun.]

August 4th: Bring your lunch and hear about Controlling Nuisance Pests at the Extension office 12-1 PM.

NOW is the time to sign up for the Master Gardener Class from Sept. 7 to Nov. 16, 2016. It will meet Wednesdays at the Dale County Extension Office. *Sept. 1st is the deadline for application.* Cost is \$135. Call 334-774-2329 for more information. The next Master Gardener Meeting will be held at the Hoppergrass Restaurant 11:00, August 18th. Come and share your garden successes or questions with other Dale County and Wiregrass area Gardeners. Extension Agent Drew Thompson will present information on his new tree project.



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Don't tell me how hard you work, Tell me how much you get done.

AUGUST 2016
25

Laughs
and Lifts



Dr. Geoff Gaunt

"Your Hometown Dentist"

Hi Readers!

This month I'm getting back to our current theme of "getting back to basics".

I'm going to start out this month's "basic" by giving a shout out to one of my patients today who is a senior citizen. After I checked her teeth I proclaimed, "Well Mrs M, you once again have NO cavities!" She has never had a cavity while I've been her dentist. Before I could set her up in the chair, she started telling me and my hygienist, Starla, that she has a bad habit of flossing all the time! She went on to tell us that she has floss in drawers all over her house, several locations in her car, and 3 or 4 in her purse!!

Frankly, If all my patients had her "bad" habit, I'd have to find a band to play my bass guitar in at nighttime gigs! She is employing the absolute BEST habit for preventing cavities. When we don't floss, the plaque that sits on and between the teeth is allowed to establish itself as an acid producing machine. The acid is strong enough to destroy the HARDEST substance in the body!

The analogy that I love to use with my patients is of an ant hill....hang in there folks.....If you keep disturbing the ant hill, the ants cannot properly organize to build their hill larger to produce more ants!

Until next month, Heath and Happiness,

Geoff Gaunt, DMD
dothancosmeticdentistry.com
334-673-7440

Children should be taught more about the Rock of Ages instead of the supposed age of rocks.

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**Laughs
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					1	3		
	9			4	6	8		
8							6	
		9		3		7		
1			6	5			3	8
					2		1	
								7
4			7					1
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They told me I was gullible...and I believed them.

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Laughs
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"There are two kinds of people who don't say much, those who are quiet and those who talk a lot."



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IT IS IN THE CARDS

Two little boys were talking. One said to the other, "Do you believe anyone can predict the future with cards?"

"Oh, Yes," said the other boy, "my Mom can.

She took one look at my report card and told me exactly what would happen when my Dad got home."

I don't want to say we eat out a lot, but I've noticed that when I call my kids for dinner, they run to the car.

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Marketing Tips

Two beggars are sitting side by side on a street in Rome. One has a cross in front of him; the other one holds a Star of David. Many people go by, but they put money only into the hat of the man behind the cross.

Eventually, the Pope strolls by and notices the inequality in donations.

Approaching the beggar with the star, the pontiff says: "My poor fellow, don't you understand? This is a Catholic country; this city is the seat of Catholicism. People aren't going to give you money if you sit there with a Star of David, especially when you're sitting beside a man with a cross. In fact, they would probably give him more money to him out of spite."

The beggar with the star listens, smiles, turns to the other beggar and says, "Moshe, would you look who's trying to teach the Goldstein brothers about marketing?"

BAMBOOZABLES ANSWERS

1. Black eye
2. The beginning of time
3. Apply within
4. Reading between the lines
5. Pick up after yourself
6. Standing room only
7. Little fish in a big sea
8. So long for now
9. Foreigner
10. Round of Golf
11. Holy Cow
12. Picket line

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Wants to Know

Kind and respected sir: I see in the paper that a man named John Sipes was attacked and ate up by a bear whose cubs he was trying to get ... in the mountains near your town. What I want to know is did it kill him or was he only partly ate up. I think he is a distant husband of mine. My first husband was of that name but I thought he was killed in the war. I have been married twice since. If it is him, you will know by his six toes on the left foot. He also has a spread eagle tattooed on his front chest and an anchor on his right arm. If alive don't tell him I'm married to Joe White because he never liked Joe. Maybe you'd better act as if I'm dead, but find out all you can about him and please answer back.

P.S. Was the bear killed? Also was he married again and did he leave any property with me laying claims to?

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I looked up and there's the mirror!!! ~ Weldon P

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