

The REMINDER

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Rhode Island's First Buyers Guide

62 YEARS IN BUSINESS

August 9, 2016 • Volume 62 • Issue 13

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Attorneys at Law

Edward C. Roy, Jr., Esquire
edward_roy@hotmail.com


Geralyn M. Cook, Esquire
geri_cook@hotmail.com

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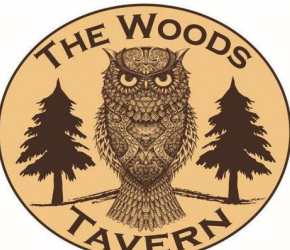
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 (Never known to fail). O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the sea, help me and show me here in, you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have recourse to thee (3 times.) Holy Mary, I place this cause in your hands (3 times). Say this prayer for three consecutive days. You must publish it and it will be granted to you.

KTS

Novena to the BLESSED VIRGIN
 (Never known to fail). O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the sea, help me and show me here in, you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have recourse to thee (3 times.) Holy Mary, I place this cause in your hands (3 times). Say this prayer for three consecutive days. You must publish it and it will be granted to you.

MMM

Notice of the disposal and or sale of personal property in accordance with the provisions of the Rhode Island State Statutes, Chapter 42, Title 34-42-4 enforcement of the Self-Storage Facilities Operator's Lien, the property in the listed units will be disposed of on 08/24/16 10:00am at the premises of TLC Mini Storage, 389R Mishnock Rd., W. Greenwich RI 02817 (401)392-3300. TLC Mini Storage reserves the right to cancel this sale at any time for any reason.

The Garden Bug

Heatstroke

Summer temperatures can be dangerous! Work outdoors only during the morning or early evening. Apply sunscreen, and wear loose-fitting, lightweight clothing, sunglasses and a wide-brimmed hat. Drink plenty of fluids, and work slowly. Be aware that medications in your system may affect your body's ability to cool itself. *If you notice symptoms such as headache, dizziness, lack of sweating, flushed appearance, cramps, weakness, nausea, vomiting, rapid heartbeat, breathing changes, seizures, confusion or disorientation, call 911, then try to cool yourself by sitting in front of a fan or near an air vent indoors.* — Brenda Weaver

Source: www.webmd.com

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The Kitchen Diva!

by Angela Shelf Medearis



Make Your Watermelon a "Dinner" Melon

Watermelons are a delicious, fresh ingredient that shouldn't be restricted to fruit platters and buffet tables. Its versatility is astounding. Botanically, a watermelon is a fruit — a ripened ovary of a seed plant and its contents — much like the pepper, pumpkin or tomato.

However, as a member of the cucurbitaceous plant family of gourds, watermelon also is related to cucum-

ber and squash — planted from seeds or seedlings, harvested and then cleared from the field like a vegetable. For this reason, it's also classified as a vegetable or, as its sometimes called, a "fregetable."

Fruit or vegetable, watermelons are a sweet delicacy with numerous health benefits. Watermelon is a good source of vitamin C, thiamin and vitamin B-6. It's also a source of vitamin A, magnesium and potassium, contains no cholesterol and is very low in sodium. This rich red fruit is fat-free and also has lots of lycopene, an antioxidant believed to reduce cancer and lower the risk of heart attack. Though there is sugar in the melons, it is naturally diluted by the high levels of water they contain.

• Pair it with fresh herbs like mint, salty foods (e.g. prosciutto, pancetta) and sweets like dark chocolate.

• Watermelon is ideal for chutneys, glazes, jellies, jams and reductions.

• Because it's easy to puree, watermelon can be used in a variety of sweet and savory sauces.

Place the chicken in a large zipper-lock bag with the pineapple juice, soy sauce, ginger, garlic and green onions and seal tightly. Place bag on a pan or in a bowl, and marinate in the refrigerator at least 2 hours or up to 12 hours. Meanwhile, make the watermelon glaze.

To make the glaze: (Makes 2 1/2 cups)

- 2 cups watermelon puree
- Juice from 3 fresh lemons
- 1 tablespoon lemon zest
- 1/2 cup agave syrup or honey
- 1 teaspoon chipotle hot sauce
- 1/2 teaspoon cinnamon
- 1/2 tablespoon red pepper flakes
- 1/2 tablespoon ground cumin

Combine all 8 ingredients. Simmer together in a heavy saucepan for 20 minutes or until sauce thickens. Reserve 1/2 cup of the sauce for dipping. Set the remaining sauce aside to glaze the wings.

To bake the chicken wings:

- 1/2 cup vegetable oil
- 2 tablespoons poultry seasoning
- 1/2 teaspoons salt
- 1/2 teaspoons ground black pepper

1. Heat the oven to 450 F. Pour the oil evenly on 2 rimmed baking pans. Divide wings evenly between the pans. Toss wings with the oil. Season wings with the poultry seasoning, salt and pepper; toss to coat. Leave ample room between the chicken pieces.

2. Bake for 25 minutes, then turn wings over and rotate the position of the pans. Continue to bake another 25 minutes until chicken pieces are crisp and golden brown.

3. Toss chicken with the reserved watermelon glaze until coated, and then return all of the pieces to one of the pans and continue to bake until glazed and charred in places, about 5 minutes. Serve with some of the reserved watermelon glaze.

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www.divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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Depositphotos.com

Try this recipe for Marinated Chicken Wings with Watermelon Chipotle Glaze. The spicy-sweet flavors showcase this "fregetable's" versatility while putting a new spin on classic chicken wings!

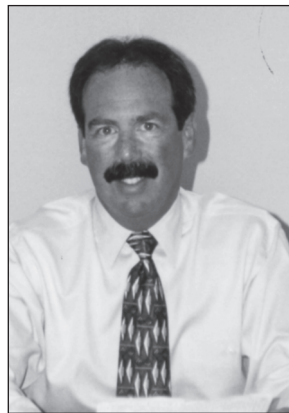
Chicken Wings With Watermelon Chipotle Glaze

To make the marinade:

- 3 pounds chicken wings and/or drumettes
- 2 cups pineapple juice
- 1/2 cup dark soy sauce
- 1 tablespoon minced fresh ginger
- 3 cloves minced fresh garlic
- 4 green onions, green and white parts, roots removed, chopped

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Rhode Island's First Buyers Guide



Should Dogs Drink Tap Water?

DEAR PAW'S CORNER: Recently you advised against using human toothpaste to brush dogs' teeth because, for one thing, the fluoride in toothpaste is toxic to them. With this in mind, what are the ramifications of dogs drinking fluoridated water? — Rich, via e-mail

DEAR RICH: That's an excellent question, and one that all pet owners should consider. About 67 percent of the U.S. population receives municipal drinking water with added fluoride, according to a 2012 Centers for Disease Control and Prevention report.

Opinions on fluoride and its effect on people and pets is an emotional issue, for understandable reasons. And that can leave pet owners even more confused about whether they should be protecting their pets from tap water. The Merck Manual of Pet Health details the effects of fluoride at toxic levels (for pets, that can be as low as 1 milligram per kilogram). But that does not address fluoride in water. If municipalities fluoridate their water, it is diluted at 0.7 parts per million, which is very small — but many people are concerned that those small amounts can build up in one's system over time, causing long-term health effects.

For the short term, you can simply avoid giving pets tap water every day — use filtered or bottled water instead. But bottled water has its own set of issues (such as plastic filling up landfills).

How can you find out if your drinking water has added fluoride? Contact your local water utility provider and ask (the number is on your water and sewer bill). Or, check out the CDC's My Water's Fluoride website, which has fluoridation data supplied by 39 participating states.

Send your tips, questions or comments to ask@pawscorner.com.

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Fri. 8/12 Clear chowder, country crisp fish with tartar sauce, sliced seasoned potatoes, broccoli slaw, multi-grain bread, fresh fruit. Sandwich: Corned beef and Swiss on multi-grain.

Mon. 8/15 Beef barley soup, roast turkey with gravy, butternut squash, peas and onions, wheat bread, pineapple chunks. Sandwich: Roast beef with cheese on wheat.

Tues. 8/16 Potato leek soup, pub burger with mushroom gravy, mashed potatoes, summer squash, oatmeal bread, fresh fruit. Sandwich: Turkey salad on oatmeal.

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Fri. 8/12 New England clam chowder, stuffed sole, rice pilaf, cauliflower, dessert. Option: Italian grinder.

Mon. 8/15 Egg roll, chicken teriyaki, fried brown rice, stir fried vegetables, dessert. Option: BLT on wheat.

Tues. 8/16 Fresh fruit, roast stuffed pork loin with gravy, mashed sweet potatoes, peas and onions and applesauce, dessert. Option: Waldorf chicken salad plate.

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Westbay Community Action is sponsoring a Farmer's Market at the Coventry Senior Center, 50 Wood Street, Coventry, on August 15 at 11AM. The Farmer's Market will be set up in the front of the building on the Courtyard. Bring your Farmer's Market Vouchers.

FUNNY 4 FUNDS COMEDY FUNDRAISER

Project Friends will hold a Comedy Fundraiser at The Phenix Sportsmen's Club, 715 Main Street, West Warwick, on September 23 beginning at 6PM (Show starts at 7PM). Tickets are \$25 each and include Dinner Buffet. For tickets, please call Melissa 954-2183, Lisa 649-1610 or Maryann 301-1025.

RAFFLE TICKETS AVAILABLE FOR THE JOHN H. URWIN III MEMORIAL SCHOLARSHIP FUND FUNDRAISER

The Annual Fundraiser to benefit the John H. Urwin III Memorial Scholarship Fund Grand Prize will consist of (5) tickets to Gillette Stadium to see the NE Patriots vs. the NY Jets on December 24 at 1PM. Contact Laurie or John at 826-1746. The Drawing will take place on September 24 immediately following the Pasta Dinner to be held at the Coventry Community Center. Visit www.jhiii.com for more information.

COMPLIMENTARY HAIRCUTS AT THE COVENTRY SENIOR CENTER

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BOOK NOTES

(NAPSA)—In her book "Spin Sucks: Communication and Reputation Management in the Digital Age," author Gini Dietrich says transparent and honest communication is more effective in today's digital age. Published by Que Publishing, it's available via Amazon, Barnes & Noble, 1-800-CEO-READ and other bookstores.



A new book, "Understanding Lung Cancer: An Introduction for Patients and Caregivers," is by Dr. Naheed Ali, author of a number of books on health care. The book is on Amazon and where books are sold. For information on Dr. Ali, go to www.NaheedAli.com.

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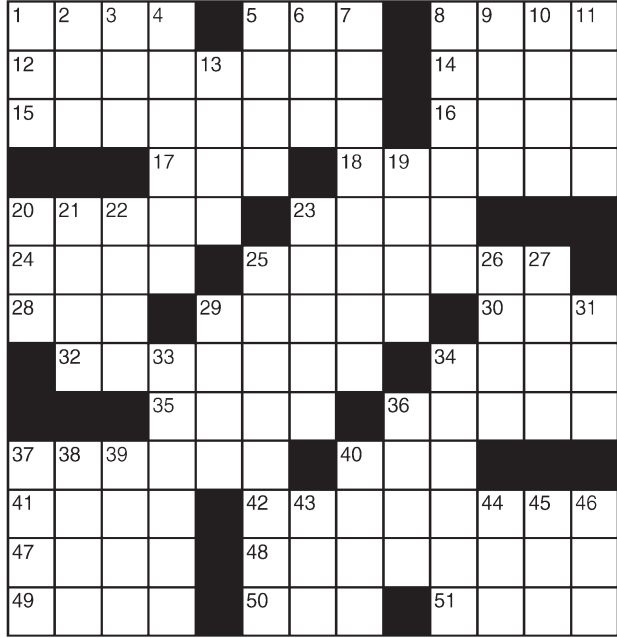
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King Crossword

- ACROSS**
- 1 Atomizer output
 - 5 Annoy
 - 8 Picnic invaders
 - 12 Pub
 - 14 Old Italian coin
 - 15 Poisonous evergreen
 - 16 Alternative to Windows
 - 17 Greek consonants
 - 18 Electrical resistance
 - 20 Some silverware
 - 23 Soon, in verse
 - 24 Individuals
 - 25 "Hamlet" Oscar winner
 - 28 Schedule abbr.
 - 29 "Once upon ..."
 - 30 Periodical, for short
 - 32 Semisweet sherry
 - 34 Location
 - 35 Study of the past (Abbr.)
- DOWN**
- 1 Chinese chairman
 - 2 Ailing
 - 3 Witness
 - 4 "Much obliged"
 - 5 Unopened roses
 - 6 Exploit
 - 7 Apache leader
 - 8 Graduates
 - 9 1492 vessel
 - 10 Advanced math
 - 11 Old German duchy name
 - 13 Responsibility
 - 19 Hoisted, at sea
 - 20 Enemy
 - 21 Aware of
 - 22 Authentic
 - 23 Preferred invitees
 - 25 Ear doctor's device
 - 26 Eastern potentate
 - 27 -tat-tat
 - 29 Operatic solo
 - 31 Toothpaste style
 - 33 Buckeye
 - 34 Always, in music
 - 36 Show anger
 - 37 Relocate
 - 38 Desert-like
 - 39 Actress Campbell
 - 40 Legend
 - 43 Long, crosser
 - 44 - and outs
 - 45 Baseball hat
 - 46 Crafty



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C A B Y X R G A L H W V T M L
T S R L P E A N T P S O S N E
L K J I E D G P A S T O R E D
D E K C O D E R O H C N A F E

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Anchored
- Banked
- Berthed
- Filed
- Hangered
- Moored
- Parked
- Planted
- Shelved
- Stashed
- Stored
- Stowed
- Tabled
- Tethered
- Tied up

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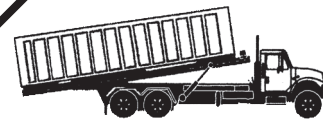
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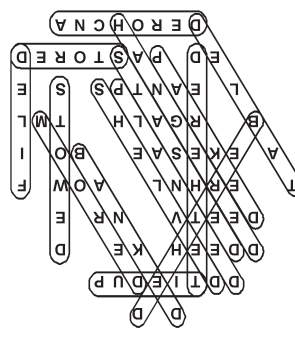
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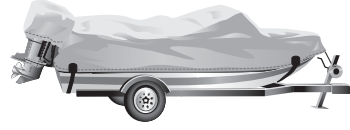
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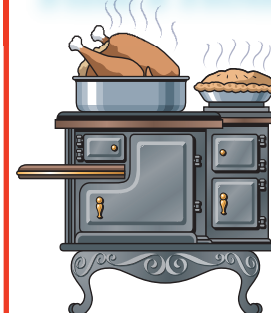
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Did You Know?

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Over 3 million high school students will graduate this year. If any of them is a young man you care about, first, congratulations, and second, he needs to register with the Selective Service to get many kinds of jobs and scholarships. Learn how at www.sss.gov.

CableMover.com is the one-stop shop for free moving resources. Watch Moving Makeover videos with designer and TV home makeover expert Libby Langdon and get a free, customizable Moving Guide with timelines and checklists. You can even schedule your high-speed Internet, cable TV and phone connection in advance of your move.

A survey by Home Instead, Inc., franchisor of the Home Instead Senior Care network, found that 95 percent of surveyed seniors have not talked to their loved ones about driving. To see Let's Talk About Driving resources, visit www.LetsTalkAboutDriving.com or call a Home Instead office.

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HOLLYWOOD by Tony Rizzo

HOLLYWOOD — Universal Pictures is determined to re-launch its monster series, which it started in 2010 with the remake of the classic **Lon Chaney, Jr.** film, "The Wolfman," with **Benicio Del Toro** (2000 Oscar winner for "Traffic"). The film cost \$150 million but only returned \$140 million at the box office. Now Universal plans to remake "Frankenstein," with 2007 Oscar-winner **Javier Bardem** (for "No Country for Old Men"). If the reboot is a success, it plans to remake "The Bride of Frankenstein" as a follow-up.



<http://listcult.com/javier-bardem/>
Javier Bardem

Bardem met **Penelope Cruz** while they were filming **Woody Allen's** "Vicky Christina Barcelona" (for which she won an Oscar), and they were married in 2010. He starred in "Skyfall" (2012) and is upcoming in "Pirates of the Caribbean: Dead Men Tell No Tales" (May 26 release) and has just completed the sci-fi thriller "Day 6," with **Jennifer Lawrence**, **Michelle Pfeiffer** and **Ed Harris**. No word yet if Bardem will be Dr. Frankenstein or his monster. Our guess is he'll play Dr. Frankenstein, but then **Aaron Eckhart**, no slouch in the acting department, played the monster in "I, Frankenstein" in 2014.

ship fizzled out soon after they were "thrown" together.

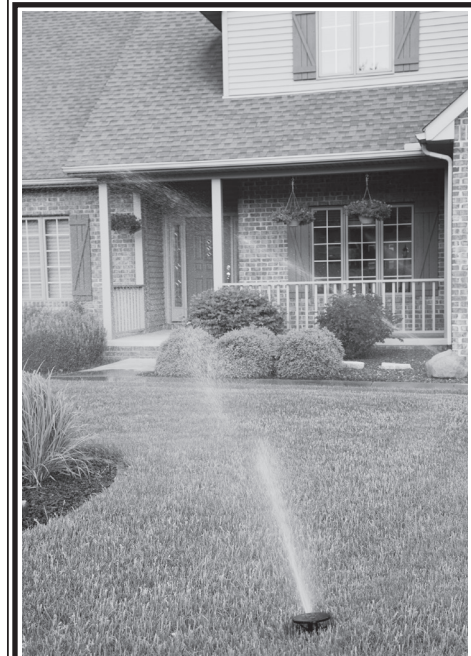
Get ready for "The Bachelor" meets "Big Brother" with an all MALE cast. **Lance Bass** (NSYNC) will host the show for LOGO. It will have 13 men living in a house as they compete for the heart of one of the "Nation's most eligible gay heartthrobs." This was tried by Bravo in 2003 with "Boy Meets Boy." The "eligible bachelor" was **James Getzlaff**, who had 15 suitors, mostly gay with a few straight guys thrown in as a twist (choose a gay guy and you win money and a trip, pick a straight guy, and he wins the money and the trip). Getzlaff chose **Wes Culwell** (a gay guy), won the money and the trip, but their relation-

Matt Nix, creator, writer and executive producer of nine seasons of "Burn Notice" and nephew of famous late-great Hollywood publicist **Esme Chandlee** (Tom Selleck and Sam Elliott's longtime promoter) will exec produce, write and be co-show runner (with **Bryan Singer**) of the new "X-Men" series at Fox TV. It's about two parents who discover their children have special mutant powers, and they have to hide them from the government, which wants to use those special powers. Marvel is slowly taking over TV, as it did big screens. It's created ABC's "Agents of S.H.I.E.L.D.," Netflix's "Jessica Jones" and "Luke Cage," FX's "Legion" and Freeform's "Cloak & Dagger." Pretty soon the only place you'll be able to get away from Marvel is in church ... or does it have a mutant preacher in the wings?
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Birding BITS BY Cindy Brook

Peanuts in the Shell
 Nothing brings birds into your yard like raw or roasted unsalted peanuts in the shell. Birds cannot resist them. And these are not just the bigger birds like blue jays, crows and woodpeckers. I've seen smaller birds like wrens, titmice and cardinals carry these gems off as well.

E-mail: birdingbits@cflrr.com
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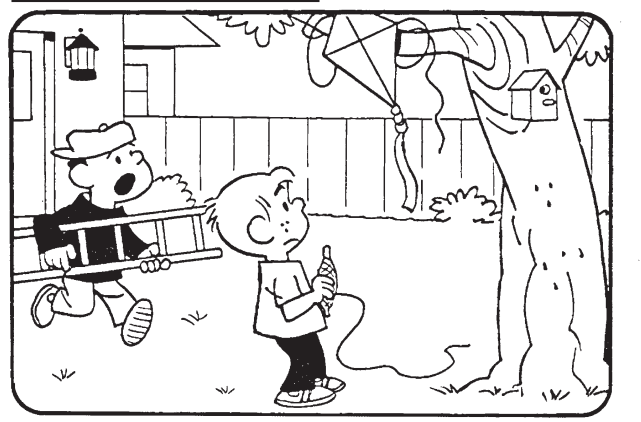
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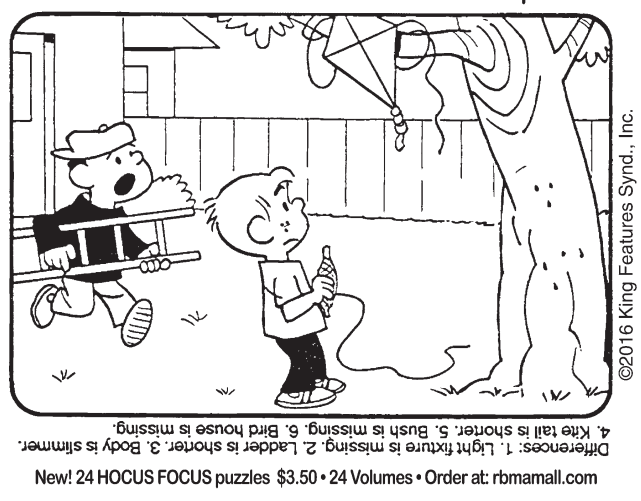
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SCLEDERMA SUPPORT GROUP MEETING

The Scleroderma Support Group meets on the 4th Wednesday of each month (meetings in November & December are on the 2nd Wednesday) at 7PM at Roger Williams Medical Center, 825 Chalkstone Avenue (1st Floor Day Treatment Room), Providence. Call Carole at 241-4659 or Laura at 1-508-761-3546 for more information.

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The Lake Mishnock Volunteer Fire Company is accepting applications for First Responders, Firefighters and EMT's and those who would like to help the community in a 9-1-1 setting. Are you that person? You could be. Please call 397-7353 for more information.

PROJECT FRIENDS TREASURE CHEST HOURS

Project Friends Treasure Chest, located at 191 MacArthur Boulevard (2nd floor), Coventry has gently used clothing for children, teens, women (0-4X) & men. Hours are Tuesday, Wednesday & Thursday from 10-11:30AM as well as from 1-2:30PM on Tuesdays & Thursday afternoons. We gladly accept any donations. Public welcome. If you have any questions, please call 822-6229.

VOLUNTEERS NEEDED FOR CELEBRATE COVENTRY'S CAR SHOW

Celebrate Coventry's 275 Anniversary is looking for volunteers to help out with the day's activities on August 13 from 10AM-3PM at the Coventry Town Hall. Please email Mark, mrobitaille@coventryri.org or Sandy, slukowicz@verizon.net

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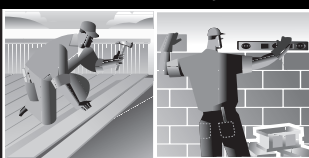
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Jordan Has Spoken

It was less than a year ago that Kareem Abdul Jabbar mentioned that Michael Jordan chose "commerce over conscience," failing to comment on the social issues we face in America.

Welcome to this week's sports column. It's time to let the man have his say, which he did on ESPN's newly dropped website called "The Undeafed" — the famous sport channel's attempt to address racial matters, presumably in sports.

Wedged between a listicle about Prince and the death of Ms. Cleo (which she surely predicted), we have a statement from his Airness himself.

When you think about sports drinks or really cool sneakers or a guy who can fly and dunk on Bugs Bunny, only one name bubbles to the surface: Michael Jordan ... the second greatest player to ever play who did not fight Bruce Lee, through no fault of his own.

When you think about social causes, the second most exposed athlete of all-time — Jordan — remained silent on the issues that mattered.

No longer. Jordan has spoken. Here are his words:

"As a proud American, a father who lost his own dad in a senseless act of violence, and a black man, I have been deeply troubled by the deaths of African-Americans at the hands of law enforcement and angered by the cowardly and hateful targeting and killing of police officers. I grieve with the families who have lost loved ones, as I know their pain all too well.

"I was raised by parents who taught me to love and respect people regardless of their race or background, so I am saddened and frustrated by the divisive rhetoric and racial tensions that seem to be getting worse as of

late. I know this country is better than that, and I can no longer stay silent. We need to find solutions that ensure people of color receive fair and equal treatment AND that police officers — who put their lives on the line every day to protect us all — are respected and supported.

"Over the past three decades, I have seen up close the dedication of the law enforcement officers who protect me and my family. I have the greatest respect for their sacrifice and service. I also recognize that for many people of color their experiences with law enforcement have been different than mine. I have decided to speak out in the hope that we can come together as Americans, and through peaceful dialogue and education, achieve constructive change.

"To support that effort, I am making contributions of \$1 million each to two organizations, the International Association of Chiefs of Police's newly established Institute for Community-Police Relations, and the NAACP Legal Defense Fund. The Institute for Community-Police Relations' policy and oversight work is focused on building trust and promoting best practices in community policing. My donation to the NAACP Legal Defense Fund will support its ongoing work in support of reforms that will build trust and respect between communities and law enforcement. Although I know these contributions alone are not enough to solve the problem, I hope the resources will help both organizations make a positive difference.

"We are privileged to live in the world's greatest country — a country that has provided my family and me the greatest of opportunities. The problems we face didn't happen overnight and they won't be solved tomorrow, but if we all work together, we can foster greater understanding, positive change and create a more peaceful world for ourselves, our children, our families and our communities."

Now, can we get back to the game?
 Mark Vasto is a veteran sportswriter who lives in New Jersey.

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COOKOUT & LAWN CONCERT

The Church of the Apostles, 170 Fairview Avenue, Coventry, will host an evening of praise & worship music with Ray Athaide, Worship Leader at Pawtuxet Baptist Church on August 12 at 6PM. This evening will be held rain or shine. Weather permitting, the concert will be outdoors. Bring a lawn chair & a friend. Hot dogs & hamburgers will be available at 5:30PM. Call 821-7609 or visit www.apostlesri.org for more information.

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The West Warwick Public Library, 1043 Main Street, West Warwick is accepting Passport Applications on behalf of the US Dept. of State. US citizens planning international travel may apply for their passports at the Library at the following times: Mondays 1-8PM, Tuesdays & Wednesdays 9AM-8PM, Thursdays 9AM-4PM, Fridays 9AM-12PM, Saturdays call first. For Application Forms, information on documentation required, fees, etc., visit travel.state.gov

NEW ENGLAND STEEL GUITAR ASSOCIATION STEEL JAM

The New England Steel Guitar Association will hold a Steel Jam on August 13 from 1-5PM at American Legion Post #15, 1016 Post Road, East Greenwich. "Luv N Country" will perform.

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Source: Pizza Today

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ENGRAVED BRICK FUNDRAISER

The Coventry Historical Society has launched an engraved brick fundraiser to build a memorial brick walk at the Read Schoolhouse. The walk will be named "Lillian's Way" in honor of Lillian Thurston, who founded the Society in 1971 and who passed away in 2014. The cost per brick is \$75 for a 4"X8" or \$125 for a 6"X9" and is open to both individuals and businesses. Each brick can have up to 3 lines with 18 characters per line (including punctuation & spacing). The proceeds will be used to maintain the Read Schoolhouse. To order a brick or for more information, contact Mary at 828-7523.

COVENTRY COMMUNITY EMERGENCY RESPONSE TEAM SEEKS VOLUNTEERS

The Coventry Community Emergency Response Team (CERT) is recruiting volunteers to assist the town during large scale weather events & other emergency events that may affect the community. Members need to complete a Training Program and receive Certification as a CERT Member. For more information, contact Jim at coventrycertteam@gmail.com

KOREAN WAR VETERANS NEEDED

Korean War Veteran Ch. 2 looking for new members. Very active in state. Not necessary to have been in the War. 6 Months Free Membership! Please call Joe at 340-7804 for information.

AUGUST STORY PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope is offering the following Programs: **Book Babies!** for ages birth-24 months and their caregivers, on August 5 & 12 at 10:30AM. **Time for Two's** for children age 2 & a caregiver on August 5 & 12 at 11:15AM. **Pajama Party** on August 4 from 6:30-7:30PM. Wear your pj's! To register for programs or for more information, call 821-7910.

COVENTRY PUBLIC LIBRARY PRESENTS...

Coventry Public Library, 1672 Flat River Road, Coventry, will host Roxie Zwicker, an author of 7 books on New England's folklore and ghostly history, as she presents iSpirit Bridges! at 7PM on August 31 in the Town Council Chambers. †Roxie is program on connections ("bridges") to the spirit world relates how unseen energy †can be used to †contact the supernatural. This unforgettable presentation demonstrates what it's like to talk to spirits and explain how they help us overcome life's most difficult moments. † Please register with Jane at 822-9104 or email js@coventrylibrary.org

13TH ANNUAL RIDE FOR HOPE

The 13th Annual Ride For Hope in memory of John Fontes, Sr. will take place on September 18. Registration begins at 9AM and the Ride starts at 11AM. The Ride begins and ends at the Mishnock Barn, 200 Mishnock Road, West Greenwich. Post Party includes lunch, live music, raffles, pig roast and rodeo. Fee is \$25/person. All proceeds benefit ALS (Lou Gehrig's Disease). Call Bob at 822-4917 or 263-4626 for tickets or more information.

MEALS ON WHEELS APPRECIATION DINNER

Meals on Wheels is having a Volunteer Appreciation Dinner for all their Drivers on September 22 from 3:30-7:30PM at the West Valley Inn. Meals on Wheels Volunteers are invited at no charge and if you would like to bring a guest, it's only \$20. You MUST RSVP by September 2.

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Uncle Wiggily Puzzles

and if complete. Should you sell them? Only you can determine that.

Q. I have a set of jigsaw puzzles featuring Uncle Wiggily that was given to me during the 1940s when I was a child. The set of three is complete and in excellent condition. I have been offered \$50, but can't decide if I should sell or keep the puzzles. — *Jerry, Pine Hills, Florida*

A. Uncle Wiggily was created in 1910 by Howard R. Garis, a syndicated newspaper columnist. Uncle Wiggily Longears was an elderly rabbit, complete with a tailcoat and top hat. His adventures originally appeared in the Sunday funny papers, but soon expanded to include story books, puzzles, cereal bowls and party games.

Uncle Wiggily's friends included Fuzzy Wuzzy, Sammie and Suzie Littletail, Grandpa Goosey Gander, Billy Wagtail, Jackie and Peetie Bow-Wow and a host of others. When I was about 7 and in bed with the measles, my grandmother brought me a book, "Uncle Wiggily Has the Measles." I cherish it to this very day. Uncle Wiggily was my pal, and I thought he was swell. I still do.

There were three puzzles issued in the same box, according to the "Official Hake's Price Guide to Character Toys" by Ted Hake and published by House of Collectibles. According to Hake, the puzzles are worth in the \$25-\$100 range, depending on condition

Q. I have a letter and three telegrams sent by Theodore Roosevelt to Captain Charles L. Cooper in the spring and summer of 1898. The letter is dated July 18, 1898 and is signed by Roosevelt when he was the Chief Quartermaster in Denver, "Headquarters Department of the Colorado." His full title was "Lt. Col. & D.Q.M. Gen'l U.S. Army, Chief Quartermaster." The letter is requesting Capt. Cooper to furnish original correspondence regarding transportation of Major H.B. Hersey, 14 officers and 342 men from Santa Fe, New Mexico Territory, to San Antonio. The three telegrams are dated May 4 and May 7, 1898. Do these documents have any value? — *Robert, McArthur, Ohio*

A. I recommend you contact Heritage Auctions, a company that specializes in the appraisal and sales of historic documents. Contact is 445 Park Ave., New York, NY 10022, and 212-486-3500.

Write to Larry Cox in care of KFW5, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

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• It was beloved English author and humorist P.G. Wodehouse, probably best known for his tales of Wooster and Jeeves, who made the following observation: "Judges, as a class, display, in the matter of arranging [divorce settlements] that reckless generosity which is found only in men who are giving away someone else's money."

• Brides in ancient Rome carried sheaves of wheat, not bouquets of flowers.

• Andrew Jackson, the seventh president of the United States, had a pet parrot with a questionable vocabulary. In fact, Poll (the pet in question) was so foul-mouthed (-beaked?) that it disrupted Jackson's funeral. According to Rev. William Menefee Norment, who presided at the service, "Before the sermon and while the crowd was gathering, a wicked parrot that was a household pet got excited and commenced swearing so loud and long as to disturb the people and had to be carried from the house."

• The reasons why aren't clearly understood, but it seems that people with high blood pressure rarely get cancer.

• Glass-bottom beer tankards were invented during medieval times. Evidently, some taverns were so rough that patrons felt the need to be able to see the other drinkers even when turning the mug bottoms-up.

• Those who study such things say that when you're sleeping, a quarter of all your blood is in your liver.


• It's pretty common knowledge that it's the male seahorse, not the female, that gives birth to the young. Not many people realize, though, that a male seahorse can deliver a brood of a thousand or more babies in the morning, and then be pregnant again that night.

Thought for the Day: "I get up every morning determined to both change the world and have one hell of a good time. Sometimes this makes planning my day difficult." — E.B. White

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 —Knut Hamsun

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Cooking Contest Corner

Eggland's Best Launches 'America's Best Recipe' Contest

(NAPS)— Eggland's Best (EB) is looking for the best original egg recipe with the launch of its 2016 "America's Best Recipe" Contest. For the first time ever, Eggland's Best is encouraging fans to submit recipes featuring EB eggs combined with their favorite state-inspired ingredients.



Which state ingredient do you like to pair with EB eggs? Enter your original egg dish for the chance to win \$10,000.

The Contest
 Whether your Eggs Benedict gets a boost from Louisiana crawfish or a perfect Georgia peach makes your Peach Custard Pie even better, you have until April 29 to submit your favorite recipes on the EB website (www.egglandsbest.com/americasbestrecipe) for the chance to win \$10,000. With four meal categories to choose from, and countless local fruits, meats and vegetables across the country, the opportunities are endless!
 Recipes will be judged on criteria such as taste, creativity, and the inspiration behind the local recipe ingredients. After state winners are selected, Eggland's Best will call on all Americans to help narrow down the "Best in State" recipes to five "Best in Region" winners.

tion Twins"). "We are excited to see how egg lovers from each state do the same with their state ingredients!"

A Sample
 For recipe inspiration, New York City residents Lyssie Lakatos and Tammy Lakatos Shames created a "Big Apple Egg Bake."

Big Apple Egg Bake
 Makes 7 servings

- Ingredients:**
- 4 Eggland's Best eggs (We use Eggland's Best because they have 25% less saturated fat than other eggs)
 - 2½ large apples (use a sweeter variety like Fuji or Red Delicious)
 - 2 ounces turkey bacon
 - 1 teaspoon olive oil
 - 1 yellow onion, thinly sliced
 - 1½ teaspoons fresh rosemary, chopped (or ½ teaspoon dried)
 - 1½ teaspoons fresh thyme, chopped (or ½ teaspoon dried)
 - 1½ cups liquid egg whites
 - ¼ cup 2% fat plain Greek yogurt
 - 5 ounces low-fat cheddar cheese, grated

- 4 ounces fat-free feta cheese, crumbled
- Freshly ground pepper
- Oil in a spray container

Directions:
 Preheat oven to 375 degrees F. Core and thinly slice two of the apples. Repeat for the remaining half apple, but set it aside to layer on top.
 In a large nonstick pan over medium heat, cook the turkey bacon until slightly crisp. Transfer the turkey bacon to a cutting board and roughly chop. Place on a small plate and set aside.

In the same pan, add the olive oil and turn the heat to medium. Add the onion and apple. Sauté for 10 minutes or until the ingredients are soft and translucent.
 Stir in the rosemary and thyme. Turn off the heat and allow the mixture to cool to room temperature.

In a large mixing bowl, whisk together the Eggland's Best eggs, egg whites and Greek yogurt. Add the cheeses, turkey bacon and apple/onion mixture. Season with pepper and mix well.

Spritz a casserole dish with oil from spray container and pour in egg mixture. Place in the oven and cook for about 30-35 minutes or until the center is set. About 20 minutes into the cooking time, take out the casserole and arrange the remaining apple slices on top. Place the dish back in the oven and continue to bake for the remaining time. Allow the casserole to cool for 10-15 minutes before serving. Enjoy!

For official contest rules and to submit your original recipes, visit www.egglandsbest.com/americasbestrecipe.

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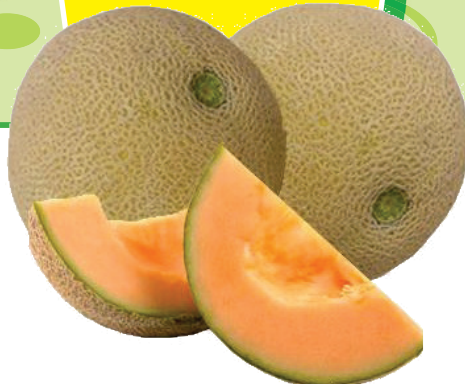
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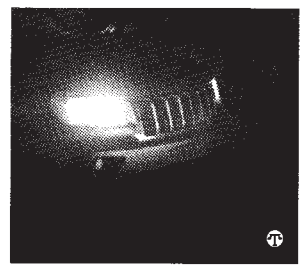
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Safety On The Road

Safe Trips Start With These Six Maintenance Tips

by Brian Noble (NAPS)—While many people know to check their oil and tire pressure before a road trip, there is one commonly overlooked car care component it would be a bright idea to remember: headlight maintenance.



As the National Safety Council points out, driving at night is more hazardous than at any other time since vision—one of the most important senses necessary for driving—is compromised. Depth perception, color recognition and peripheral vision are all affected.

During road trips, drivers should think ahead to protect themselves from the dangers of nighttime driving.

The National Highway Traffic Safety Administration adds that the primary reason for severe nighttime accidents and reduced driving safety is dim, cloudy or improperly lit headlights. In fact, a 20 to 50 percent reduction in headlight output leads to a 90 percent increase in the possibility of an accident. Yet an estimated nine out of 10 cars on the road have dirty or yellowed headlights that greatly reduce vision and need to be replaced, repaired or restored.

last time the headlights were changed, it may be time for an upgrade.

Before hitting the streets, it's important to not join the majority—check vehicle headlights and ensure that visibility is high. Try these headlight maintenance tips to prepare for the open road ahead and improve vehicle safety year-round.

• **Always swap in pairs:** It's very important to replace headlights in sets of two. Since headlights dim over their lifetime, a new bulb paired with an old bulb will create an uneven field of vision, which can be a major distraction on the road for oncoming traffic.

• **You have choices for better headlights:** Better headlights can help increase visibility farther down the road, which in turn can help drivers feel safer and more secure when driving at dusk, dawn or nighttime. If there's an object on the road, better headlights can help drivers react sooner. Any upgrade above a basic headlight replacement can create a better, safer experience for drivers. Many high-performance halogen headlights don't increase glare, which avoids affecting other drivers on the road.

• **Consider DIY:** Depending on the vehicle's make and model, changing the headlight bulbs can be a simple process that doesn't require a mechanic or service professional. Various online guides exist to help consumers swap out headlight bulbs in a matter of minutes. Consult the vehicle's owner's manual for replacement procedures, needed tools and safety precautions.

• **Replace before burn-out:** Headlights can dim over time so make sure to replace them before they burn out. If you can't remember the

• **Restoration as an option:** The average age of vehicles on the road today is more than 11 years old. Millions of these cars have faded, cloudy plastic headlight lenses. There are DIY restoration kits that can help you restore clarity and remove the hazy yellow appearance on headlight lenses. A good restoration kit can let up to three times more light shine on the road from the same, once cloudy headlight.

• **Keep it clean:** Be sure all vehicle lights, including headlights, taillights and turn signals, are clean.

Learn More
 To shed further light on headlight facts and figures, see www.sylvania.com.

• **Mr. Noble is an expert with SYLVANIA Automotive Lighting.**

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Moments in time

THE HISTORY CHANNEL

- On Aug. 16, 1896, while salmon fishing in Canada's Yukon Territory, George Carmack reportedly spots nuggets of gold in a creek bed. His lucky discovery sparked "Klondike Fever," the last great gold rush in the American West.
- On Aug. 17, 1915, Charles F. Kettering, co-founder of Dayton Engineering Laboratories Company (DELCO), is issued a U.S. patent for his "engine-starting device" — the first electric ignition mechanism for automobiles. Prior to his invention, drivers had to use iron hand cranks to start their engines.
- On Aug. 20, 1920, seven men, including legendary football star Jim Thorpe, meet in Canton, Ohio, to organize a professional football league, the forerunner to the National Football League.
- On Aug. 19, 1953, the Iranian military, with the support and financial assistance of the United States, overthrows the government of Premier Mosaddeq and reinstates the Shah of Iran. Iran remained a Cold War ally of the U.S. until a revolution ended the Shah's rule in 1979.
- On Aug. 15, 1961, two days after sealing off free passage between East and West Berlin, East German authorities begin building the Berlin Wall to permanently close off access to the West. For the next 28 years, the heavily fortified Berlin Wall stood as the most tangible symbol of the Cold War.
- On Aug. 21, 1971, antiwar protesters associated with the Catholic Left raid draft offices in Buffalo, New York, and Camden, New Jersey, to confiscate and destroy draft records. The FBI and local police arrested 25 protesters.
- On Aug. 18, 1991, Soviet President Mikhail Gorbachev is placed under house arrest during a coup by high-ranking members of his own government, military and KGB secret police. The coup collapsed three days later, but Gorbachev's days in power were numbered. He resigned in December 1991.

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SOAP Updates

COMPILED BY DANA BLOCK



NBC Photo: Paul Drinkwater
 Nadia Bjorlin stars as "Chloe" on "Days of Our Lives"

THE BOLD AND THE BEAUTIFUL

Steffy attempted to convince Eric that Quinn was just using him. Meanwhile, Wyatt was shocked by Quinn's version of events. Eric was faced with a big decision. Steffy felt like she was having a nervous breakdown. Ridge asked Thomas for forgiveness. Eva tried to comfort Liam but quickly realized that he only had eyes for Steffy. Afraid of losing her, Wyatt vowed to Steffy that he would quickly handle the latest situation with his mother. Thomas and Ridge were stunned to hear about Quinn's latest scheme. Liam warned Steffy to get far away from Wyatt and his lunatic mother. Eric told Wyatt his side of the story. **Wait to See:** Fear takes over the boardroom at Forrester Creations.

match for Franco than Elizabeth. Morgan didn't understand why Kiki was so upset by his wonderful gesture. Dante and Lulu vouched for Jason. Nina was confused by what she heard. Dillon had some awkward news to break to Morgan. Nathan asked Maxie to trust him again. Sonny and Jason intercepted a dangerous scheme. Nina took matters into her own hands. Alexis's emotions finally rose to the surface. **Wait to See:** Lulu delivers some staggering news to Hayden.

DAYS OF OUR LIVES

Sonny and Paul got caught up. John and Marlena shared a romantic moment. Caroline had a startling vision. Chad remembered his father. John and Brady gained a lead on Tate's kidnapping. Chloe shared her news with Philip. Gabi had a scary encounter. Deimos declared his love for Nicole. Dario struggled to forgive his father. Deimos and Nicole took their relationship to the next level. Jennifer and Chad continued their custody battle. Rafe and Hope enjoyed a romantic evening together. Nicole confided in her former enemy, Chloe. **Wait to See:** Jennifer imagines Jack comforting her.

THE YOUNG AND THE RESTLESS

Esther and Kevin were shocked to see Chloe back in Genoa City. Chloe assured Kevin that she was mentally stable and no longer wanted to harm Adam. After learning about their history together, Natalie feared that Kevin still had feelings for Chloe. Phyllis was upset when she learned that she would be working close to Billy. Nick worried that his father would fire Victoria now that he was out of prison. Dylan, Sharon and her daughters went camping together. Hilary was insistent on fighting the lawsuit filed by the participants in the drug trial. Ashley came to Dr. Neville's defense at the press conference. Sharon became uneasy when Faith told a tale about a baby switch. **Wait to See:** Victoria makes a decision about whether or not to join Brash & Sassy.

GENERAL HOSPITAL

Dante advised Lulu not to share her theory with Laura. Jordan and Valerie found clear fingerprints on the tainted vial. Nina inadvertently told Curtis of a disturbing conversation between her and Franco. Jason delivered some important news to the gang on Cassadine Island. Scott suggested that Nina was a better

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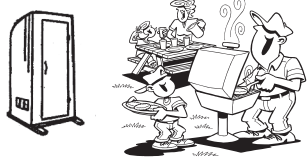
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CRAFTERS WANTED

The Coventry Historical Society is seeking Crafters for their Halloween Harvest event to be held on October 15 (rain date October 16) from 10AM-4PM at the Read School House, corner of Rte. 117 & Read School House Road, Coventry. Spaces are \$15 each and you will need to bring your own table. For more information, contact Mary at 828-7523 or Ginny at 397-3661.

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RI PINK HEALS MEETING HOUSE

The RI Pink Heals Meeting Center, located at 53 Providence Street, Suite 6, West Warwick, will be open every 3rd Thursday of the month starting August 18, 2016 from 6-7:30PM. This is a social gathering for all those currently battling cancer and all survivors. Come and meet some of our survivors and get their perspective and insights. Due to the fact that many women in our group are currently in treatment, we kindly ask that if you have any type of cold/cough or any other contagious illness, you will refrain from attending any event until such illness has passed. Also, for the same reasons, we ask that there be NO CHILDREN allowed at the center. Thank you for your understanding. If you have any questions, please call or email, we are here for you!! (401) 828-PINK (7465) riphwomen@gmail.com

CRAFTERS WANTED!

Hopkins Hill Fire Department Ladies Auxiliary will hold their Annual Open House and Bazaar on October 16 from 10AM-3PM. The Firefighters will sell clam cakes & chowder in conjunction with the Bazaar. Table rentals are \$25. Call Nancy at 828-8577 or email nstjean@verizon.net for an application or for more information.

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top 10 movies


1. **Star Trek Beyond** (PG-13)
Chris Pine, Zachary Quinto
2. **The Secret Life of Pets** (PG) animated
3. **Ghostbusters** (PG-13)
Melissa McCarthy, Kristen Wiig
4. **Lights Out** (PG-13)
Teresa Palmer, Gabriel Bateman
5. **Ice Age: Collision Course** ... (PG) animated
6. **Finding Dory** (PG) animated
7. **The Legend of Tarzan** .. (PG-13)
Alexander Skarsgard, Rory J. Saper
8. **Mike and Dave Need Wedding Dates** (R)
Zac Efron, Adam Devine
9. **Hillary's America: The Secret History of the Democratic Party** (PG)
Dinesh D'Souza, Jonah Goldberg
10. **The Infiltrator** (R)
Bryan Cranston, John Leguizamo

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SHOP LOCAL



Real Estate



Crowe Properties
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Phone: (401)826-1649
www.CrowePropertiesRI.com

COVENTRY: 2 Park Street
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First Floor: 2 bedrooms, 2 bathrooms, washer and dryer, refrigerator, stove, private entrance, private deck, off street parking, next to Coventry Greenway - bike and walking path, hot water included only
– NO PETS –

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WEST WARWICK, 8 Capron Street: 3 Bed, 2nd floor. \$245/week. 467-3171.

WEST WARWICK: 2 Bed, 3rd floor, on Bus Route, newly renovated, "Lead-Safe". \$650/month. 580-8803.

WEST WARWICK: Andrews Avenue: 2nd Floor, 4 rooms, 1 or 2 bedroom, appliances included, large yard. \$800/month. Damage deposit required. 821-3874.

WEST WARWICK, Centerville: 2 Bedroom, 3-Season porch, washer & dryer, basement storage, heat included. \$975.month. 323-4111.

Room For Rent

PHENIX HOTEL, 18 Highland Street, West Warwick: Monthly \$450. 821-2636 between Noon-5PM or 241-5116.

Commercial For Sale/Rent/Lease

COVENTRY: Retail space in busy Plaza, approximately 600 sq. ft., parking. Call 500-2283.

WEST WARWICK: Office/Retail Space. 800+ Sq. ft., off-street parking, all utilities included. \$750. Call Rob at Ropal, 368-2255.

COVENTRY: Commercial/Industrial building. 1250 Sq. ft., loft, lavette, directly off Exit 7 of Rte. 95. \$875/month. Call 397-4201.

House to Rent

WEST WARWICK, 3 Leo Street: 2 Large bedrooms, ample closets, large kitchen with appliances, open concept Living Dining Room, remodeled bathroom, hardwood floors, washer/dryer hookup in the basement. Located in nice quiet area. \$1000/month. No utilities included. Security deposit required. 823-7843.



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ARUBA TIMESHARE: Renaissance Ocean Suites, 9th week (3/3/17-3/10/17), 5th floor. \$8500. Call Yankee Bob, 828-1322. Remember, cash talks!

Hints For Homeowners

Importance Of Garage And Gate Safety For Homeowners

(NAPS)—As a homeowner, few things are more important than safety and security, whether referring to the entry and exit points of your home or community at large. Unfortunately, millions of homes and communities are at risk, with 1 in 15 garages and 3 out of 4 gate systems lacking the latest safety features, which ensure protection for everyone who comes into contact.



You can ensure your garage and community's automatic gates are safe and functional by following a few simple steps.

As you work to keep your home and community safe, keep in mind the following tips for added safety in your garage and around your community.

to the home, consider installing a garage door opener with a battery backup system, so you can still park your vehicle, reach stored items and access your home.

1. Don't Chance It. Check It.® Beyond your regular routine of checking the fireplace, electrical outlets and carbon monoxide detectors, you should also check systems often overlooked, such as your garage door opener. Because more than 70 percent of homeowners use the garage as the main access point to the home, it is crucial that garage door openers not only function properly, but also safely. To ensure that all family members—including your children and pets—are as safe as possible, consider conducting LiftMaster's 3-Step Safety Check. The check only takes a few minutes, but it can tell you if the garage is not functioning properly. To conduct, check the sides of the garage door for properly installed photo eyes mounted no higher than six inches off the floor; block photo eyes with an object over six inches tall and test the garage door—the door should not close. Finally, lay a 1.5-inch-high object on the ground, in the door's path and test the door—the door should reverse off this object. If your garage fails any steps of the check, consult a professional garage door dealer.

3. In addition to checking or updating your garage door system, you should also consider the safety of your community as a whole. With more than 11 million households across the U.S. located within gated residential communities, automatic gates are another area where safety is often overlooked, but is vital. Do your part by speaking to your community or property manager about the 2016 Underwriters Laboratories' UL 325 standards, to ensure automatic gates in your community are up to code. If the gates in and around your community do not have the proper safety equipment, such as photo eyes, consider replacing them with ones that do.

2. Make sure your family is prepared under any circumstance—whether it's a power outage or a storm. Install a backup power source or products that have backup capabilities built in, so that your daily routine isn't disrupted. To maintain access

4. If you are installing a new garage door or community gate access system, make sure to involve a professional, safety-trained dealer. "Many homeowners don't realize this, but the garage door is the heaviest moving object in the home, and gates can be even heavier," said John Villanueva, Vice President of Marketing at LiftMaster. "This makes the garage and gate area extremely important in ensuring the safety of your entire family."

With these helpful tips, you can ensure that your garage and community's automatic gates are safe and functional. To learn more about safety in and around your home and community, please visit www.LiftMaster.com.

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Coventry: Mint 3 bed, 1.5 bath contemporary, cathedrals, skylights, family room, new roof, sheds, on cul-de-sac, \$249,900

West Greenwich: Custom colonial has it all, 4-5 beds, 3.5 baths, FP, lower/possible in-law, heated garage, 3.7 acres, \$379,900

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Heatstroke
Summer temperatures can be dangerous! Work outdoors only during the morning or early evening. Apply sunscreen, and wear loose-fitting, lightweight clothing, sunglasses and a wide-brimmed hat. Drink plenty of fluids, and work slowly. Be aware that medications in your system may affect your body's ability to cool itself. If you notice symptoms such as headache, dizziness, lack of sweating, flushed appearance, cramps, weakness, nausea, vomiting, rapid heartbeat, breathing changes, seizures, confusion or disorientation, call 911, then try to cool yourself by sitting in front of a fan or near an air vent indoors. — Brenda Weaver
Source: www.webmd.com

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12 HARBOUR AVENUE, West Warwick: August 13, 8AM-3PM. Toys, furniture, antiques & miscellaneous items. No early birds.

26 PINETREE ROAD, Coventry: Sunday, August 14, 7-11AM. Furniture, household. more.

NAME YOUR OWN PRICE! Moving, everything must go! 57 Shippee Avenue, West Warwick. August 13 & 14.

10 COVE ROAD, Coventry: August 13, 8AM-3PM. No early birds!

THE OLD MILL FLEA MARKET in the Historic Centreville Mill, 3 Bridal Avenue, West Warwick: Open 8AM-4PM every Saturday & Sunday. Free admission. Quality Vendors wanted. Antiques, collectibles, architectural, garage memorabilia & much, much more. Contact Andy, 226-3377.

PRE-MOVING SALE!
1734 Plainfield Pike, Coventry (Greene): Saturday August 13, 8AM-Noon. Selling many years of treasures including tools, furniture & household items. Dolls including Madame Alexander, 1960's Penny Brite, Dawn & Barbie (porcelain, Bob Mackie, special editions and Holiday). Beanie Babies, Hallmark ornaments, games (WII/N64), movies and much more! Cash & Carry (No checks or holds). Also selling 2003 low mileage Honda VTX1800 in mint condition.

MOVING SALE! 93 Victory Highway, West Greenwich: Friday/Saturday, August 12 & 13, 8AM-3PM. Tools, yard equipment, furniture, jewelry, etc.

MULTI FAMILY MOVING SALE! 4 View Road, Coventry: August 13, 8AM-Noon. Rain date August 20.

126 WATERMAN HILL ROAD, Western Coventry: August 12 & 13. Multi Family. Rain date August 19 & 20.

80 SYCAMORE DRIVE, West Warwick: August 13, 8AM-2PM. Family Yard Sale! Furniture, household & more. Rain date August 14.

ESTATE SALE! 81 Nottingham Drive, West Warwick: August 13, 9AM-3PM. Clothing, kitchen, household & many different items from previous sales.

HEALING MASS & ANOINTING SERVICE
SS John & James Church, 20 Washington Street, West Warwick, invites everyone to celebrate a Healing Mass and Anointing Service during the Mass on August 20 at 11AM. Lunch will be served in the School Cafeteria following the Mass. RSVP no later than August 13 to Dillia 828-6790 or Normand 828-0520.

AARP CHAPTER 2210 SALEM CROSS INN & BRIGHT NIGHTS AT FOREST PARK TRIP
AARP 2210 is sponsoring a Salem Cross Inn & Bright Nights at Forest Park trip on November 27. The trip includes Oakwood Farm Christmas Barn visit, early dinner at the Salem Cross Inn, Bright Nights at Forest Park & motorcoach transportation by Conway Tours. Cost is \$85/person. Call Maureen at 828-5188 or Patricia at 821-3733 for reservations or for more information.



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GREENE PUBLIC LIBRARY FARMER'S MARKET
The Farmer's Market returns to the Greene Public Library, 179 Hopkins Hollow Road, Greene, on Tuesdays (beginning May 31) from 4-6PM, rain or shine. More Vendors & a Market Manager are needed. Please call 397-3873 or email gail@coventrylibrary.org

WEDNESDAY MORNING WALKS AT COVENTRY LIBRARY
Coventry Public Library, 1672 Flat River Road, Coventry, invites you to head out for a stroll on the Greenway on Wednesday mornings at 9:30AM from now until August 17. Bring your smart phone and learn how to enjoy music and audio books. Call 822-9105 or email megan@coventrylibrary.org for more information and/or to register.

COVENTRY PUBLIC LIBRARY SUMMER READING PROGRAM AWARDS PARTY
Coventry Public Library, 1672 Flat River Road, Coventry, will hold their Awards Party on August 16 at 10AM for children in Grades 1-5 who participated in the Summer Reading Program, "On Your Mark, Get Set, Read!". Musician Katie Fairhead will be there to entertain. Certificates & prizes will be awarded. No registration required. Call 822-9102 for more information.

THE MUSTARD SEED FARM EQUINE-ASSISTED THERAPY CENTER SEEKING VOLUNTEERS
The Mustard Seed Farm, located in Foster, offers a diverse, challenging, life-enhancing equine-assisted therapy, equine-assisted psychotherapy program & workshops for children, adults, Veterans and their families with specific needs. Volunteers are needed to assist as side-walkers, horse leaders, grooming horses, tack cleaning & general barn duties. Comprehensive training for volunteers is offered. Please contact Peggy, 1-740-815-4123 or visit www.themustardseedfarm.com

WEST WARWICK PUBLIC LIBRARY OUTREACH PROGRAM
The West Warwick Public Library is offering free home delivery of Library material to the elderly & disabled. This Outreach Program brings Library materials (books, movies, music, etc.) to the elderly or disabled, as well as anyone who is homebound. The Program is free and patrons are accepted all year round. For more information, contact Anne at 828-3750, Ext. 11 or email acapezza@wwlibrary.org

PARLONS FRANCAIS!
Parlons Francais meetings will be held at 7PM on the third Wednesday of each month at the West Warwick Youth Center, Factory Street, West Warwick. Anyone wishing to revive their French-Canadian heritage is welcome. Please call Edith at 828-4263 or Faxine at 821-9092 with any questions.

ADULT COLORING AT GREENE PUBLIC LIBRARY
The Greene Public Library, 179 Hopkins Hollow Road, Greene, is offering "Color Me Calm", drop-in Adult Coloring on Thursdays from 4-7PM. Adult coloring is now the trend! The Library will supply the materials, a warming fire & soothing music. Just come, relax, & color your stress away! Call 397-3873 or email jean@coventrylibrary.org for more information.

AUGUST CHILDREN'S PROGRAMS AT HOPE LIBRARY
Hope Library, 374 North Road, Hope is offering the following Programs: **LEGO Club** (Ages 4 & up) on August 6 & 20 from 10-11AM. **Tuesday Movie Madness!** August 9 at 2:30PM. **Reading Partners!** on August 9 at 6PM. Children ages 3-8 & Teens in Grades 6-12 partner up to read together. **Make & Take Tuesdays!** August 9 at 6:45. **Animal Experiences with Dave Marchetti!** (Grades K-5) on August 11 at 6:30PM. **Ready, Get Set...Play Games!** (Grades 1-5) on August 17 from 4-5PM. Registration required for all Programs, except Drop-In Crafts & LEGO Club, by calling 821-7910.

COVENTRY-WEST GREENWICH P.E.R. ASSOCIATION CHICKEN BBQ
The Coventry-West Greenwich P.E.R. Association will hold a Chicken BBQ on August 20 at the Coventry-West Greenwich Elks Lodge, 42 Nooseneck Hill Road, West Greenwich. No Host Cocktails begin at 6PM. Buffet Style Dinner of 1/2 Chicken, Baked Potato, Baked Beans & Corn will be served at 7PM, dessert & coffee follow. Tickets are \$12.50/person. Tickets are available in the Lounge after 4PM or by calling Audrey at 862-6480. All proceeds benefit Emblem Club Charities.

ANTIQUe TRUCK SHOW
The RI Antique Truck Club will hold their Annual Antique Truck Show on August 28 from 8AM-3PM (Rain or Shine) at the RI-CONN Historical Air Field, 2357 Plainfield Pike (Rte. 14), Coventry. Entry Fee \$10 per Show Vehicle PLUS a donation of a canned good(s) for the Food Drive to benefit the RI Community Food Bank. Visitor Admission is 5 (or more) canned goods or \$5/person. For more information, call Roger or Jackie at 647-7226.

Entertainment

celebrity extra

by cindy elavsky



Abbie Cobb

Q. I love seeing “Suburgatory” co-star Carly Chaikin in USA’s “Mr. Robot.” Can you tell me what some of the other cast members are up to now? — *Linda F., via email*

A. Abbie Cobb, who played Kimantha in the hilarious ABC comedy, currently stars in the movie “Boy in the Attic,” along with Max Lloyd-Jones and Gina Holden. Abbie stars as Callie, a 17-year-old girl who, following the death of her grandmother, inherits her grandmother’s house with her mother, Rachel. As they get ready to put it up for sale, she discovers an 18-year-old boy has been living in the attic for months. When the boy tells Callie why he has been hiding there, she agrees to keep his secret from everyone, including her mother. The movie premieres Saturday, Aug. 20, at 8 p.m. ET/PT on Lifetime.

Q. Rick Springfield was absolutely awesome on ABC’s “Greatest Hits” premiere. What else does he have in the pipeline? — *Marian E. in Florida*

A. The producers of the CW’s long-running fantasy drama “Supernatural” confirmed that the ‘80s rock star will play the role of Lucifer in the show’s first few episodes of the 12th season, which premieres Thursday, Oct. 13, at 9 p.m. ET/PT. Rick — who’s been gaining solid acting cred for his much-talked-about roles in “Ricki and the Flash” opposite Meryl Streep, as well as “True Detective” — will play Vince Vincente, whose body the devil decides to use as his vessel now that he’s done possessing Castiel. “The first vessel that [Lucifer] feels comfortable with is a rock star who’s a little bit on the down side who’s trying to come back,” executive producer Robert Singer revealed during the “Supernatural” panel at Comic-Con in July.

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindyelavsky.com.

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HALL RENTAL: Newly remodeled, available for all types of parties & functions. Very reasonable rental rates. VFW 449, 197 Providence Street, West Warwick. Call 828-9715 after 3PM.

HALL RENTAL: VFW Post 9404, 29 South Main Street, Coventry. Call 828-9705 for a quote or we will negotiate a price based on your needs.

HALL FOR RENT: Coventry Men’s Club available for Bachelor Parties, Weddings, Birthdays, Retirement Parties, Etc. Menu available. Call 385-3536 after 2PM for more information.

Salome's Stars

ARIES (March 21 to April 19) You sometimes go to extremes to prove a point. But this time, you won’t have to. Supporters are ready, falling over themselves to help you make your case.

TAURUS (April 20 to May 20) Venus might be your ruling planet, but Mars is in the picture as well. So don’t be surprised if your romantic relationships are a bit rocky at this time. But they’ll soon smooth over.

GEMINI (May 21 to June 20) Gemini might rush into romance and risk being wrong about someone rather than be left with no one. But this is one time when it’s wiser to be wary of where your heart takes you.

CANCER (June 21 to July 22) With all (or most) of those pesky problems behind you, take time for your family and friends. Travel aspects are favored, with long-distance journeys high on the list.

LEO (July 23 to August 22) You might have started to question the wisdom of being open with someone you hoped you could trust. But be assured you won’t be disappointed. You’ll soon hear good news.

VIRGO (August 23 to September 22) You have a reputation for honesty and integrity, and that will help turn around a situation that was not only disappointing but also quite unfair. Good luck.

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STEAK FRY: Club Frontenac, 1143 Main Street, West Warwick. Thursday, August 11, 5-8PM. Menu includes steak, potato, vegetable, salad, mushrooms, onions. \$14/person. 821-9846.

LIBRA (September 23 to October 22) A happy event creates a closer tie with a family member who seemed hopelessly estranged. Positive aspects also dominate in important career matters.

SCORPIO (October 23 to November 21) Your ruling planet, Pluto, helps you adjust to change. So, stop putting off that long-delayed move, and make it with the assurance that you’re doing the right thing.

SAGITTARIUS (November 22 to December 21) You have a wonderful capacity to learn quickly and well. This will help you when you are faced with an opportunity to move on to a new path in life.

CAPRICORN (December 22 to January 19) Good news: You suddenly find that you’re not facing that new challenge alone. You now have someone at your side, ready to offer whatever support you might need.

AQUARIUS (January 20 to February 18) Your versatility — which is just one of those aspects of yourself that make you so special — helps you adapt to the challenges of a new and exciting opportunity.

PISCES (February 19 to March 20) Your sensitive nature picks up on the needs of others. But what about your desires? You need to take more time to assess what your goals are and, if necessary, redirect them.

BORN THIS WEEK: You give your trust openly and easily. People find you easy to be with and enjoy your wit, your good sense, and your capacity to love and be loved.

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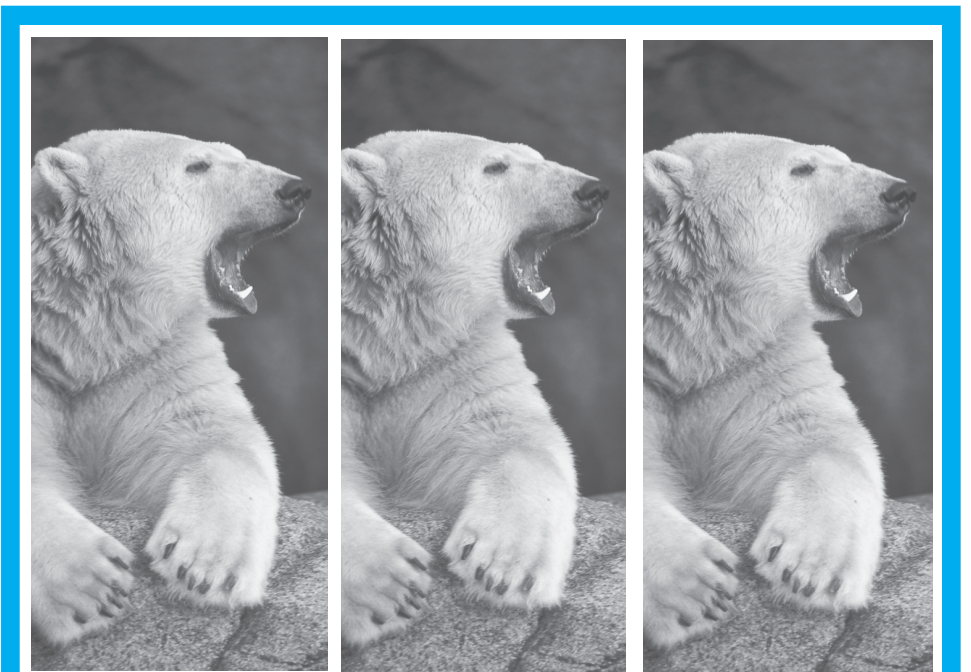
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Weekly Dance Schedule

21 and Over, ID's Required
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Thursday August 4th Open 7pm Band 8pm	Mishnock All Stars Thursday Night Rocks Dancing to DJ's and Bands	FREE
Friday & Saturday	Dance Lessons & Requests Doors Open at 7pm Lessons at 8pm	\$10



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Fabulous Food

Battered Is Better
(NAPSA)—To make your fried chicken one for the history books, chef Kevin Houston offers this advice:

“Start with quality chicken,” says Houston, who is the “chief flavor officer” and lead chef for Church’s Chicken. “Buy a whole bird but separate it into parts so everything cooks evenly.” Wings and breasts cook faster than legs and thighs. “Give each piece a double dunk in batter and breading. You’ll end up with a lighter, flakier crust and, because batter



You can have great fried chicken at home and away.

fully coats each piece, it locks in juiciness. Even white meat pieces will be tender and moist. If you like extra crunch, put some cornstarch into your batter recipe instead of flour.”

Most batter starts with flour and water as a base. Houston prefers a 50/50 mix of flour and cornstarch before adding salt, pepper and spices. “You can triple dip before frying,” Houston adds. “Just be sure to give each layer of batter time to settle.” Now it’s time to fry. “You don’t need a deep fryer—just a good cast-iron skillet and either peanut or canola oil.” Bring oil to 350 degrees or just between medium and high on the stove. Cook light and dark meat in batches, submerging pieces halfway in oil...without crowding the pan. Wait five minutes before turning, then dial heat down to medium-low to prevent overcooking and dark crust. Cook five to seven more minutes, then move to a drying rack (never paper towels). Crust should be golden brown, shiny, and ready for greatness.

Donna's Day

Creative family fun

by Donna Erickson

Fun Stuff to Do in 5 Minutes

What can you do in five minutes? Anything constructive?

My friend’s mom had her doubts about it as a young girl growing up in Oregon. One day she acted bored and fidgety while waiting for her dad to get ready to take her somewhere. He suggested that she do something constructive while she waited. She told him that a few minutes wasn’t time enough to get anything done.

Right then they jumped in the car and he drove her to a little house at the end of a streetcar line. It had a stunning garden, full of beautiful flowers. My friend’s mom was amazed.

Her dad told her the little house belonged to a streetcar operator. Each time the streetcar reached the end of the line where the house was located, the operator would hop off and tend his garden for the five minutes he had before he had to hop back on and begin the streetcar’s run in the opposite direction. Her father said to her, “Look what the man has accomplished by making good use of the few minutes he had each time the streetcar stopped.”

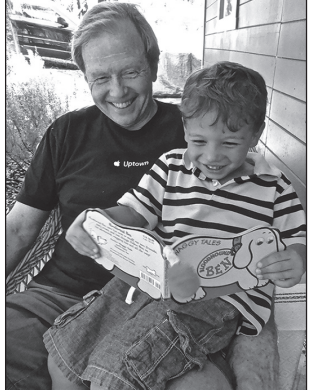
It was a lesson to remember. You might want to sit around the breakfast table with your kids today and think of the things you can do together that take about five minutes, then make a list to refer to when you are looking for a quick activity to share. If you happen to lose track of time, remember that in family life there doesn’t have to be a clock or a finish line.

Here are ideas to make five minutes in your busy days count:

- Pick a chore and finish it together. For example, fold towels from the dryer, wipe down kitchen counters, empty garbage from all the trash cans

in the house, dust picture frames, take out junk from the car or wash bicycle water bottles.

- Floss your teeth
- Write a thank-you note
- Whistle
- Play a song on an instrument
- Recite the alphabet backward
- Practice times tables
- Shine a pair of shoes
- Fill a birdfeeder, wash a dog bowl or clean out the kitty litter box
- Grab a pen and paper and play tic-tac-toe.
- Read a picture book with a preschooler.
- Tell recollections of a special event in your children’s lives.
- Put together a to-do list for tomorrow.
- Delete emails, photos and messages from electronic devices.
- At bedtime, tell a story from your childhood about a time when you misbehaved. Kids like to hear how you got out of a jam. Don’t be surprised if they want to hear it over and over again.



Donna Erickson’s award-winning series “Donna’s Day” is airing on public television nationwide. To find more of her creative family recipes and activities, visit www.donnasday.com and link to the NEW Donna’s Day Facebook fan page. Her latest book is “Donna Erickson’s Fabulous Funstuff for Families.”

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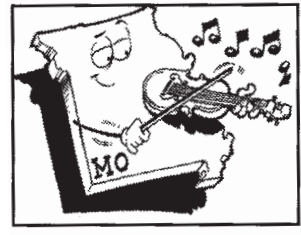
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