

The **REMINDER** *Free!*

Rhode Island's First Buyers Guide

62 YEARS IN BUSINESS

August 16, 2016 • Volume 62 • Issue 14

At Your Service.....3	Job Market.....8
Automart.....18	Puzzle Page.....6
Child Care.....8	Reader Ad Form.....4
Entertainment.....23	Real Estate.....21
Home Improvement.....9-13	Yard Sales.....22

1049 Main Street, Coventry, Rhode Island 02816 (401) 821-2216 • www.rireminder.com

*****ECRWS*****
Local Postal Customer

PERMIT NO. 15
U.S. POSTAGE PAID
COVENTRY, RI

TO THE POINTE OF *Performing Arts*

DIRECTOR: SHERI MASIELLO

CRANSTON 942-5554 NORTH PROVIDENCE 354-0054 COVENTRY 385-9500

Register Now for Fall Classes!

Quality Classes offered in:

Ballet Tap Jazz Pointe HipHop Lyrical Contemporary & Creative Movement

What is everyone talking about? Come see for yourself.....

*All classes taught by amazing dance teachers who are nurturing, motivating, and dedicated to our goal of instilling self-confidence and excellent technique in our dancers.

*Our atmosphere is non-competitive but challenging for dancers of all abilities and every student matters to us!

*We offer reasonable tuition rates & an easy monthly payment plan.

* We provide an organized & professional atmosphere throughout.

*We offer multiple performance opportunities in local & national shows including Walt Disney World & on cruise ships.

www.tothepointeofperformingarts.com

"Enter as Strangers, Leave as Friends"

SALON SERENITY

First Time Guests
Looking for a New Look,
Try One of Our Salon Specials

- Color, Highlights and Cut..... **\$85** (reg. \$100)
- Color, Cut..... **\$56** (reg. \$66)
- Haircuts..... **\$20** (reg. \$30)
- Pedicure..... **\$30** (reg. \$40)
- Keratin Smoothing Treatment..... **\$50 Off**

www.salonserenityRI.com

577 Tiogue Ave., Coventry, RI
(401) 821-0027



Made Possible by:
Coventry Lumber, Consolidated Concrete,
Miller Electric, RT Nunes & Sons Inc., Trust Construction

Thank You! From the
Coventry 275th/
Celebrate Coventry Committee



ERIC GEORGE, DMD & ASSOCIATES
"Trusted Family Dental Care"



Accepting New Patients

Evening & Saturday Appointments Available
Emergencies Seen Promptly
Interest-free Financing Available
Accepting Most Insurance Plans | Se Habla Espanol

- General Dentistry Cosmetic Dentistry
- Implants Orthodontics
- Oral Surgery Teeth Whitening
- Root Canals Sedation Dentistry

MATTHEW ALMEIDA, DMD, MS, Orthodontist
KYLE MALESRA, DMD • BASHAR SHEHADEH, DMD

Welcoming DEREK CORNETTA, DDS
121 Sandy Bottom Road, Coventry, RI
401-213-3814 Office | 822-3353 Fax



METAL COMMODITIES
 WHERE PRICE MAKES THE DIFFERENCE

Good Deals, Good Prices!

BUYING • Aluminum • Aluminum Cans
 Insulated Wire • Brass • Copper • Stainless
 Steel Batteries • Electric Motors
 Transformers • Catalytic Converters
 Appliances • Lt. Iron • Cast Iron • Steel

220 Old Baptist Rd., North Kingstown, RI **885-8866**
 Hours: Mon.-Fri. 7:30am-4:15pm, Sat. 7:30am-3:30pm (12-12:30 Closed for Lunch)

ocean state
 primary care of Coventry

Come Join Our Practice!

We are accepting new patients.
 Call for an appointment at 401-821-6800

982 Tiogue Avenue, Coventry, RI Monday-Friday 8am-4pm
 www.oceanstateurgentcare.com

Heather Isabella, MA
 Daniel Collins, MD
 Alfred Liddle, PA
 Meaghan Macrae, NP-C
 Kristen Governo, MA

DISTRICT **26**

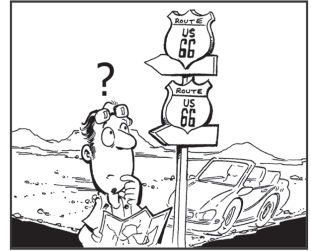
MARZULLO
 A REPRESENTATIVE FOR YOU

Paid by People for Marzullo, Josephine Marzullo, Treasurer

FIREWOOD: Seasoned, clean, cut, split. Delivered locally. \$225. Call 741-2777.

CAMP WOOD - \$135/load. Call 623-0271.

DUMP RUNS: Furniture, appliances, construction debris, brush, junk, etc. 1-866-559-5984.



Because of a change in alignment in 1937, there is an intersection where Route 66 crosses itself.

WEST WARWICK PUBLIC SCHOOL MENTORS NEEDED

Do you have an hour a week to share? That's all it takes to volunteer to spend an hour a week with a child, in a school during school time! You can work with either a girl or boy on the Elementary, Middle, or High School level. For more information call Dana Papitto, 822-8435.

KNITTING CIRCLE AT GREENE PUBLIC LIBRARY

"Purls of Wisdom", Greene Public Library's Knitting Circle meets every Tuesday at 6PM at the Library, 179 Hopkins Hollow Road, Greene. Come and knit by the fire with friends. New members are always welcome. Call 397-3873 for information.

PROJECT LINUS

Project Linus is a national, all volunteer, non-profit organization which brings comfort to seriously ill children in local hospitals through gifts of new, handmade security blankets! If you have blankets you have hand-crafted or donations of new fabric, yarn, etc. to donate, please drop them off at "The Reminder" Office, 1049 Main Street, Coventry. "The Reminder" is open Monday-Friday from 8:30AM-5PM and is the local drop off location for Project Linus donations. For more information, please call "The Reminder" at 821-2216.

GREENE PUBLIC LIBRARY HOURS

Hours at the Greene Public Library, 179 Hopkins Hollow Road, Greene, are as follows: Tuesday & Thursday 3-7PM, Wednesday, Friday & Saturday, 9AM-1PM. Please call 397-3873 for more information.

AARP CHAPTER 2210 SCALLOP FEST & HYANNIS HARBOR CRUISE TRIP

AARP 2210 is sponsoring a Scallop Fest & Hyannis Harbor Cruise trip on September 23. The trip includes admission & lunch at the Scallop Fest in Falmouth, MA, Hyannis Harbor Cruise & motorcoach transportation by Conway Tours. Cost is \$84/person. Call Maureen at 828-5188 or Patricia at 821-3733 for reservations or for more information.

INDIAN CHURCH OF RHODE ISLAND

The Indian Church of RI (serving Indian Christians in RI, CT & Southern MA) would like to invite those who are from India or other Asian countries and would like to enjoy the Christian fellowship in a traditional way, to join them in their Worship & Communion Services. For information call 280-1231 or email indianchurch.ri@gmail.com

COVENTRY-WEST GREENWICH P.E.R. ASSOCIATION CHICKEN BBQ

The Coventry-West Greenwich P.E.R. Association will hold a Chicken BBQ on August 20 at the Coventry-West Greenwich Elks Lodge, 42 Nooseneck Hill Road, West Greenwich. No Host Cocktails begin at 6PM. Buffet Style Dinner of 1/2 Chicken, Baked Potato, Baked Beans & Corn will be served at 7PM, dessert & coffee follow. Tickets are \$12.50/person. Tickets are available in the Lounge after 4PM or by calling Audrey at 862-6480. All proceeds benefit Emblem Club Charities.

Beauty Trends
 A Standout Smile Says It All

(NAPSA)—Investing some time in brightening and whitening your smile can help attract the right kind of attention—whether you want to make new friends or make history.

A lovely smile has always served as a great calling card, and in the age of digital cameras, videoconferencing and social networking, a gleaming set of pearly whites may be even more important in getting the right message across.

However, many Americans don't feel their smile shows them in the best possible light—only one American in three (37 percent) say they are completely happy with their own smile, and nearly one in five (17 percent) say they avoid having their picture taken because they are self-conscious about their smile.

Having a radiant smile is easier to achieve with the latest whitening systems, which work by attacking existing stains and preventing new ones. Caring for your smile should be an important part of any beauty routine.

To manage both surface stains and those below the tooth's surface, it's best to approach the smile care routine in the same way you might a beauty care routine—with daily and periodic treatment solutions.

Periodic intensive treatments are the best way to remove embedded stains, while daily care is necessary to remove surface stains.

That's why a comprehensive system may be your best bet. For example, the Crest® and Oral-B® 3D White™ collection works in several ways. It:

1. Whitens: Crest® 3D White™ Professional Effects Whitestrips® with Advanced Seal technology deep clean to get at stains embedded below the tooth surface that cannot be reached by brushing or rinsing alone. Worn once a day for 30 minutes, the Whitestrips provide professional-level whitening at home for results you can start seeing in just three days.
2. Cleans: Crest® 3D White™ Vivid Toothpaste and Oral-B® 3D White™ Toothbrushes remove surface stains on the teeth. Up to 80 percent of the stains are removed in just two weeks.
3. Protects: Crest® 3D White™ MultiCare Whitening Rinse and Crest® 3D White™ Vivid Toothpaste surround teeth with a stain barrier, repelling stains to help prevent future stains from forming. The whitening rinse further whitens teeth by removing surface stains and protecting against future stains.

Approach your "smile routine" the way you would any beauty routine—with daily and periodic treatment solutions.

"MICHIGAN..." "MISSISSIPPI"

It was two Algonquin tribes, the Michi Gama and the Michi Sepe, that gave the names to the states of Michigan and Mississippi.

Cutest Pet of the Week
 August 16, 2016

"Cinna"
 Adopted in 2014 by Rich, Cinna is a curious and loving cat who loves to cuddle with his stuffed animals.

Email your photos to mail@rireminder.com, along with the names of both you and your pet and tell us why they are so special!
 Please make sure your photos are in focus. Blurry photos cannot be reproduced.

Moving Ideas

Tips To Help You Plan A Smooth Move

(NAPSA)—Some say it's a period of time that's worse than rush hour or tax time. What is it? It's moving season.

Each year, 40 million Americans move, with half of all moves taking place between Memorial Day and Labor Day. Although the average American moves 12 times in a lifetime, it never gets easy.

HGTV's Libby Langdon and David Gregg—she is a home design expert; he's a new-product specialist—say "moving stress" stems from a lack of planning and preparation.

"Nobody likes to move; it's a complete upheaval of your life," said Gregg. Both agree that by incorporating the right technology with the right design elements, you can eliminate much of the stress.

Here are their tips:

Clear Out The Clutter

Gregg suggests that moving is a great time for introducing new technologies to organize and de-stress your living environment.

"The average person has five to six remotes sitting around on the coffee table," he said. "Moving is a perfect time to clear out the clutter and get rid of them all, except for one. Upgrading to a universal remote can help; they've gotten a lot simpler to both program and use."

Hide The High Tech

Also, Gregg recommends hiding all your tech equipment behind closed doors or in other, less-traveled rooms. By using a device called a radio frequency extender, you can keep your DVD player and other electronics hidden and still operate them from up to 100 feet away.

Create A Familiar Feeling

As a designer, Langdon believes the key to a seamless move

is to focus on creating the feeling from your old home in your new home. She notes this can be done in a number of economical ways.

"Think vertically when it comes to your drapes and hang them where the wall meets the ceiling instead of at the top of your window frame," said Langdon. "This draws your eyes upward, making the ceiling seem higher and your rooms feel bigger."

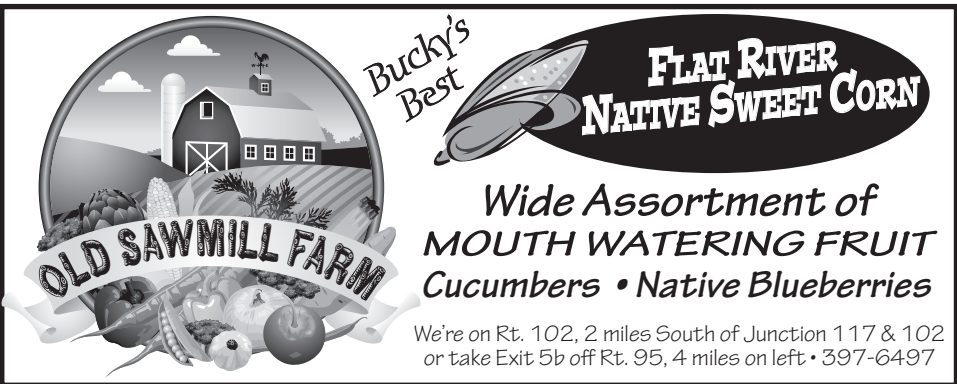
Update With Paint

Langdon also points out that when it comes to paint, people tend to be fearful of picking the wrong color.

"Painting your walls is an inexpensive way to update the look of a room with your existing furniture," said Langdon.

Creature Comforts First

Above all, Gregg and Langdon say you can eliminate a great deal of moving-related angst by making sure creature comforts, such as your cable television, your Internet and your phone services, are transferred prior to your move. You can even schedule this transfer at no cost at www.cablemover.com, where you'll find additional tech and design tips to "smooth your move."



FLAT RIVER NATIVE SWEET CORN
Bucky's Best
Wide Assortment of MOUTH WATERING FRUIT
 Cucumbers • Native Blueberries
 We're on Rt. 102, 2 miles South of Junction 117 & 102 or take Exit 5b off Rt. 95, 4 miles on left • 397-6497

Budget Plans to Help You Stay Ahead Call Today!

\$5.00 Off 100 Gallons
 *New customers only with this coupon

DIAL OIL SERVICE
 For Prompt Friendly Service
 You'll Be Glad, You Called "Dial"
 Fuel Assistance Vendor Automatic Delivery Contracts Available
 Family Owned & Operated Coventry
821-4447
 Pet. Lic. #30

REMINDER Classified Ads... We'll find a home for everything... even you.

SEEKING RESPONSIBLE DOG LOVERS TO PROVIDE FOSTER CARE
 The Little Rhodie Bully Breed Club, a RI based non-profit group, is seeking caring, responsible dog lovers to provide foster care for bully breed & bully breed mix dogs while they await adoption into their forever homes. We are also seeking volunteers to assist with fundraising and educational events. For more information, please contact Susan Parker, President of the Little Rhodie Bully Breed Club, 823-8851.

NEW HORIZONS CENTER FOR EQUINE ASSISTED THERAPY NEEDS VOLUNTEERS
 New Horizons Center for Equine Assisted Therapy is seeking volunteers as side walkers. They are located at Cornerstone Farm, 86 Foster Center Road in Foster. Please call 397-9242 or visit ridenewhorizons.org for more information.

LOUTTIT LIBRARY HOURS
 Louttit Library, 274 Victory Highway, West Greenwich will hold a storytime with Miss Shannon on Mondays at 10:30 AM. This is geared for preschool aged children and their caregivers. No registration necessary.

NEWLY ESTABLISHED NAVY JROTC AT COVENTRY HIGH SCHOOL NEEDS YOUR HELP
 Coventry High School is pleased to announce the Navy JROTC Program for the Fall of 2016. This program will continue developing character, integrity & leadership to its students as the Air Force JROTC did for over 40 years. With your help and generosity, we look to secure the funding needed to provide our Cadets with the necessary uniforms and materials needed to transition to this branch of service. We ask you to support our Cadets and their future, in serving this community. Please share this with those you know for any contribution will be greatly appreciated. We thank you in advance for your assistance and cooperation with this campaign. www.gofundme.com/2ewnkc4

Last Will and Testament

Q. What's worse than no will?
A. A poorly drafted one.

Call for a **FREE Review**
Law Office of Steven J. Hart



Wills, Trusts, Estates, Divorce, Custody, Visitation
 Personal Injury • Landlord/Tenant • Bankruptcy
 328 Cowesett Ave., Suite 3, West Warwick, RI
Call 828-9030
 www.hartlawri.com

First Consultation at No Charge



COVENTRY ANIMAL SHELTER has many pets available for adoption that need good homes. Call 822-9106 for more information.

CASH FOR VINTAGE & FINE WINE: Dom Perignon, Cristal, Krug, Opus One, Petrus, Lafite Rothschild, Mouton, Latour, Haut Brion, Margaux, Gaja, Ornellaia & more. Call James @ (401)419-7805, single bottles or entire collections.

Getting Eaten Alive by Mosquitos? Finding Ticks on Your Pets?

KEEP YOUR FAMILY AND PETS SAFE.

We provide one time spraying for parties, weddings, etc... or Season Long Protection.

Call TREE PRO, they have the solution!



TreePro INC.
 Licensed and Insured
 www.treeprori.com

BOOK NOW! 822-4600

At Your Service

CARPET CLEANING
 R. CAPECE Carpet, Tile and Upholstery Cleaning: Free estimates. 338-5555.

CESSPOOL SERVICE
 CHEVALIER CESSPOOL CLEANERS: Cesspools and septic tanks pumped. New systems installed. Sewer connections. 736-8313.

COOLING & HEATING
 H.K. HEATING, INC: All phases of Heating, Air Conditioning, Air Conditioning, Solar and Kohler Generators Serviced & Installed. 24 Burner Service. (401)397-3316. Lic. #6377/insured.

ELECTRICAL
 JADE ELECTRIC: Wiring, emergencies. 24 hour., 828-5908. Lic.# A1538. Insured.

RICHARD J. PIZZI Electrical Contractor: 125 Revere Avenue, West Warwick. Residential Wiring (home repairs). No job too small. A145, insured. 580-8803.

FACSIMILE SERVICE
 THE REMINDER'S FAX SERVICE. Now you can send or receive letters, statements, invoices, etc. in seconds by using The Reminder Fax Service. Want more details? Call The Reminder and ask about our fax: 821-2216. Fax Number: 821-0397. To Send: \$3.00 (+tax) for the first page, \$1.00 for every additional page. To receive: 75¢ ea. page (+tax).

FENCE INSTALLATION & REPAIR
 VENTURA FENCE CO., INC.: Serving Rhode Island since 1975 for all your fencing needs. Fully licensed and insured. Call anytime 821-7200.

K.C. FENCE COMPANY: Professional installations and repairs, all styles of fencing. Free estimates. Call Charlie 397-5076.

FINANCIAL SERVICES
 MOFFITT & ASSOCIATES, LLC.: Financial Services and Investments, Retirement Planning and 401K rollovers. www.moffittassociates.com 1260 Main St. (Rte. 117), Coventry (401)828-0097.

FIREWOOD
 VERRIER TREE SERVICE, INC.: Kiln Dried Firewood, Cut & Split. Pick-up or Delivered. Insect Free Guaranteed. The Driest Wood You Can Buy. Bulk or Bundled Indoor Hardwood or Outdoor Softwood for Campfires. 397-3942.

FLOORING
 ALL PHASE FLOORING INSTALLATION, INC: 27 Years experience. Lic. 6488. Sales and installation of carpet, vinyl, laminate, hardwood. Call for a free estimate. George Pelletier, 339-6673.

GARAGE DOORS
 CARR'S OVERHEAD DOOR, INC.: Residential and commercial garage doors & openers. Best prices, quality materials, factory authorized Lift Master and Wayne Dalton Dealers. Lic. #13612. 332 Nooseneck Hill Road, Exeter, RI (401) 397-6015.

HOME IMPROVEMENTS
 LEWIS & CLARKE ENTERPRISES, INC.: New homes, additions, garages, kitchens, bathrooms, family rooms, roofs, and repairs. 345-3227. License #5646.

BILL'S REMODELING: Additions, Formica, finish work, custom built vanities, siding. No job too small. Bill Langlais 397-9256 after 5pm. RI Registration #648.

JOUBERT CONSTRUCTION: Home Remodeling and Repair Specialists. All types of new construction. Reg. #3835. Call Marc, 401-741-6146. Thank you.

LANDSCAPE MAINTENANCE
 ALL SEASONS LAWCARE: Full Service Landscape Maintenance and Construction Company. From Lawncare to Installation of Brick Paver Walkways and Patios. 732-7993.

MASONRY
 B. TRAUTMAN MASONRY: Brick/block, stone, fireplaces, and masonry landscaping. Residential and commercial. License #7933. Visa and Mastercard accepted. 447-4645.

PEST CONTROL
 WINFIELD TERMITE & PEST CONTROL: All your pest needs. 821-7800.

KENT COUNTY PEST CONTROL, LLC: Residential and Commercial. Certified in Industrial, Structural and Health Related Pest Control. 100% Guaranteed. 401-569-0212.

PLUMBING & HEATING
 WILLIAM LEMOI PLUMBING: Repairs and installations. Electric roter and drain cleaning service. 397-5446. Master Plumbers License #1299.

JOHN P. KEOGH PLUMBING & DRAIN CLEANING: Electric sewer roter service. Master Plumber Lic. #1881. 401-862-8810.

A GOOD PLUMBER: Plumbing, heating, drain cleaning. 401-808-2284. RI Lic. #MP002399. MA Lic. #30436.

JACK KENNY PLUMBING & HEATING: Furnaces, boilers, solar. New construction, service and renovations. Reg. #1841MP. #2564MPF 481-5086.

RATES & DEADLINE FOR AT YOUR SERVICE
 \$8.00 PER WEEK for 10 words (25¢ each add. word) Min. 1 Month. Deadline: Last Thursday of each month for ads starting the following month. Mail or bring your ad to The Reminder. 1049 Main St., Coventry, RI 02816. Phone: 821-2216. Fax: 821-0397.

ROOFING
 L&L ROOFING CO.: Flat Roofing, tar/gravel, all types of shingle roofs, tear-offs, new plywood, specialist at flashing. Free estimates. Insured. Lic.#135. 1527 Main Street, West Warwick. 823-0490.

DEPIETRO ROOFING, INC.: Specials Available. Quality work, free estimates. RI Reg. #22850. Call John 573-9328.

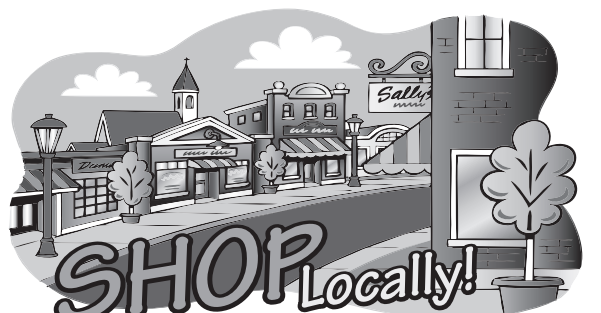
SEPTIC SYSTEMS
 TLC SEPTIC SYSTEMS: Design & Installation, Foundation Digging, Land Clearing & Grading. Class 1 License. Registered Contractor. Free Estimates. Call 392-3300 or visit www.tlcrhodeisland.com.

TAX SERVICES
 VICTOR MOFFITT & CO., INC.: Bookkeeping, Tax Services for individuals and businesses, 40 years experience. 1260 Main St. (Rte. 117), Coventry. 828-2155. www.vmcricom.

TILE INSTALLATION
 TSU CONSTRUCTION: Tile, Marble, Granite Installation. Reg. #8795. Call Charlie 556-8134.

TREE SERVICE
 VERRIER TREE SERVICE, INC.: Total Tree Care - Removals, Pruning, Stump Grinding, Spraying, Land Clearing, Brush Mowing, Spring Clean-Ups, Licensed. Insured. 39 Years of Satisfied Customers. 24 Hour Every Day Service. Free Estimates. 397-3942.

WINDOW CLEANING
 WINDOW CLEANING: Houses, Mobile Homes, Storefronts. Years of experience, guaranteed work. CLEAR VISION. Call John, 826-3324.



I'M IN PAIN!

Ideal Protein Weight Loss Management

Can Chiropractic Help Me?

We believe the answer can be found in a complete chiropractic consultation and examination including x-rays. And to help you find out for sure, we will do a complete chiropractic consultation and examination including x-rays (procedures that normally cost \$130.00 or more) for \$25.00.

We will make this special program available for the next 30 days.

\$25.00 Reg. \$130.00 program
Offer expires 09-16-16

- A private consultation with the doctor
- A thorough spinal examination including orthopedic and neurological tests
- A confidential report of our findings
- A referral to proper specialists if we determine chiropractic can't help you
- X-rays, if considered necessary

CHIROPRACTIC CENTER OF WEST GREENWICH

(401) 397-9948
16A Nooseneck Hill Road, West Greenwich
Exit 6, near the jct. of Rt. 3 & Mishnock Rd., off Rt. 95
www.chirowg.com

Most Insurances Accepted



Sherry Morrissette DC, DACNB
Chiropractic Neurologist



Amanda Quinones, DC,

Running for Office? Remember Every Vote Counts!

Your Message Reaches More Voters



Don't miss your opportunity to reach more voters.

The Reminder is MAILED to over 24,000 homes in the local area and because we are a FREE paper, we reach nearly EVERY home – not just those who subscribe.

THE REMINDER

1049 Main Street, Coventry • 821-2216

Visit Us Online at www.RIReminder.com

BANKRUPTCY \$950 Flat Fee

Chapter 7 Bankruptcy
Payment Plan Available
Attorney David B. Hathaway
Former Chapter 7
Bankruptcy Trustee
401-738-3030
ribankruptcy.net
This firm is a debt relief agency

THE REMINDER, 1049 Main Street, Coventry. Our business is making your business successful!

WANTED: Antiques and collectibles. Moving or just cleaning out? We pay more for your old jewelry, glassware, furniture, pottery, clocks, paintings, military items, crocks, post cards, cameras, photos, old coins, etc. For prompt and courteous service call Bill, 821-0381.

MAPLE VALLEY CONSTRUCTION: All types of excavation, loam, gravel, fill. Reasonable rates. Honest service. 569-7001.

BACKHOE SERVICE FOR HIRE: Foundations & House Lots, Additions, Septic System - Design & Construction, Septic Repair & Dry Wells, Utilities, Sewer, Water Lines, Stump Removal. Lic/Ins. 397-3136.

Furniture & Antique AUCTION



Starting SATURDAY, AUGUST 20TH
Dining, Bureaus, Bedrooms, Tables, Chairs

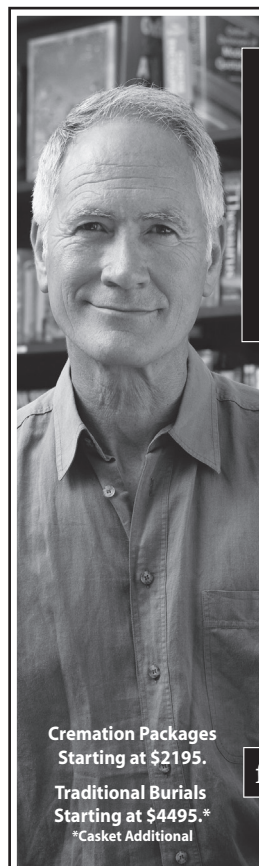
You Name It We Have It!
Not Store Prices - Auction Prices

Danny's Auction

Rte. 6, Foster, RI (401)647-2558
www.facebook.com/dannysauction

Good teaching is one-fourth preparation and three-fourths theater.

—Gail Godwin



I didn't want to settle for a discount funeral when I can get a full-service one...

There is a misconception that you cannot purchase a full-service funeral at an affordable price. Not so. We offer a variety of full-service funeral plans to fit any budget, any need, custom tailored to be as special and unique as the person you are honoring.

So why settle for less?

GORTON-MENARD
FUNERAL HOME & CREMATORY
721 Washington Street, Coventry, RI

401 821-7306
www.gortonmenardfuneralhome.com

for the same price.

- On-Site Family Owned Crematory
- We Accept the Transfer of All PreNeeds

READER AD FORM

Household Item Classifieds

Used Furniture, Tools, Exercise Equipment, Etc.

\$7.00 for 10 words.
25¢ each additional word.

Business Classifieds

Help Wanted, Yard Sales, Wood for Sale, Real Estate, Home Improvement, Etc.

\$8.00 for 10 words.
25¢ each additional word.

Automart Classifieds

Autos, Motorcycles, Boats, Auto Service, Etc.

\$8.00 for 10 words.
25¢ each additional word

Household _____ Business _____ Automart _____

BOLD TYPE BORDER

Please print clearly. One word per box.

\$1.50 per week extra for each.

Phone number counts as one word. We are not responsible for words we cannot read.

				10 words

Name _____ Address _____ Town _____ Phone _____
Price Per Week _____ Number of Weeks _____ Amount Paid _____
 Check Enclosed Money Order Enclosed
Circle One: VISA MasterCard Discover American Express Account # _____
Security Code _____ Expiration Date _____

OFFICE USE

Fax It! 821-0397

(Photocopy before Faxing)

Mail or bring your ad with payment to:

THE REMINDER

1049 Main Street (intersection of Sandy Bottom Road and Rte. 117) Coventry, RI 02816-5706

E-Mail: mail@rreminder.com Website: www.rreminder.com

THE DEADLINE FOR ALL READER ADS IS MONDAY AT 12 NOON. (When there is a Monday Holiday, Deadline is Friday at 12 Noon)

Office Hours: Monday - Friday 8:30-5

A mail slot is located on our front door for after hours drop off. Please include payment.

24 Hour Answering Available... Call 821-2216 Anytime



How to Place a Novena.

Please indicate the prayer that you would like published, include your initials, and mail or bring to:

THE REMINDER

1049 Main Street, Coventry, RI 02816-5706

You may place your Novena by phone if you are using a credit card.

- Prayer to the Blessed Virgin
- Prayer to St. Jude
- St. Jude Novena
- Thanksgiving Novena to St. Jude
- Novena to the Sacred Heart
- Other (indicate below or send a photo copy)

Don't Forget Your Initials!

Indicate Initials Here

\$12.00
per Novena
Please enclose payment

Deadline is Friday at 5pm for publication in the following Tuesdays edition of The Reminder



Established 1954
Stevens Publishing, Inc.

Peter Stevens General Manager
Amey Stevens Tilley Office Manager/Editor
Dawn Donnelly Front Desk

DISPLAY ADVERTISING
Cheryl Petrarca, Melissa Hundley

ART DEPARTMENT
Liz DeVonis, Monique Rice

THE REMINDER is published every Tuesday. Open Monday through Friday 8:30am-5:00pm. We are not responsible for typographical errors, or the content of ads paid for in The Reminder. We do, however, reserve the right to edit. We will be responsible for errors appearing in ads only to the extent of correcting the same in the next issue. Opinions expressed in articles and advertisements are not necessarily those of the editor. Political ads and/or advertisements expressing an opinion of any type must be submitted at least one week before desired publication date. All copy for this type of ad is subject to the approval of the publisher. Advertisers are asked not to encourage other papers to copy ads from The Reminder.

THE REMINDER

1049 Main Street, Coventry, RI 02816-5706
(401) 821-2216 • FAX: 821-0397

**Look to Someone
You Can Trust**

With years of experience to provide you with prompt, courteous and professional service.



POSTED ANTIQUES

WE PAY MORE FOR YOUR

Military Items, Jewelry, Coins, Post Cards, Toys, Photos, Pottery, Furniture and More!

Also Looking to Purchase Estates
**ATTIC & CELLAR
CLEANOUTS OUR SPECIALTY**

Call Bill **821-0381**



BUDGET STRETCHING IDEAS
Family Meals Under \$10

(NAPSA)—If you need a budget-friendly recipe that delivers great taste in minutes, try these flavorful dishes that won first and second place in Success Rice's recent Feed 4 for \$10 contest.

The winning recipes were chosen based on taste, creativity, appearance and ease of preparation. The recipes are ready in 30 minutes or less.

To view other winning recipes, visit www.SuccessRice.com/feed4for10.



Feed 4 for \$10? It's easier than you might imagine with the winning recipes from a recent contest.

Mango Chicken and Rice

- 1 bag Success Jasmine Rice or White Rice
- 1 tbsp. vegetable oil
- 1 lb. boneless, skinless chicken breasts, cut into 1-inch pieces
- ½ cup red onion, diced
- 1 red bell pepper, diced
- ¾ cup hot mango chutney
- 1 fresh mango, peeled and diced
- ¼ cup cilantro, chopped

- ½ cup ranch salad dressing
- 2 cups shredded cabbage
- 3 tbsps. cilantro, minced
- 1 lb. ground chuck
- 2½ tbsps. hot and spicy taco seasoning mix
- 2 tbsps. vegetable oil
- 4 hamburger buns

Prepare rice according to package directions. Let cool for five minutes. To make cilantro slaw: In large bowl combine ranch salad dressing, cabbage and cilantro. Toss to combine; cover and refrigerate until serving.

In large bowl, combine rice, ground chuck and taco seasoning mix. Form into four patties sized slightly larger than hamburger buns.

Heat vegetable oil in large skillet over medium heat. Add patties and cook to medium well (10 to 12 minutes or until center is 165° F), turning once.

To serve, on each hamburger bottom bun, place a cooked patty, an equal amount of slaw and top bun. Serves four.

Prepare rice according to package directions. In large skillet, heat oil over medium heat, add chicken and cook until the meat is no longer pink in the center.

Add red onion and red bell pepper. Cook five minutes. Add mango chutney, mango, cilantro and rice. Stir well and serve. Serves four

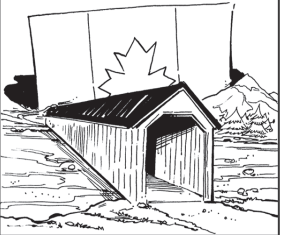
Zesty Southwest Burgers With Cilantro Slaw

- 1 bag Success White Rice or Brown Rice

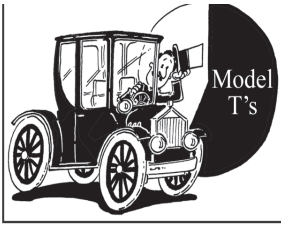
Babies are always more trouble than you thought—and more wonderful.
—Charles Osgood

Visits always give pleasure—if not the arrival, the departure.
—Portuguese proverb

Talent does what it can; genius does what it must.
—Edward George Bulwer-Lytton



The world's longest covered bridge, nearly 1,300 feet long, is in Canada.



In 1916, 55 percent of the cars in the world were Model T Fords, a record that has never been beaten.



"It's Time For Your Eye Exam"

Coventry Eye Care Associates & Optical Center
860 Tiogue Ave., Coventry
828-2020




Dr. Richard Liner Dr. Thomas Liner
OPTOMETRISTS

Chariho Eye Care Associates & Optical Center
1171 Main St., Wyoming
539-7900

Protect Your Child's Eyes with Safety Sports Eyewear




OAKLEY **WILEY X**

CoventryEyeCare.com Like us on Facebook

**Convenient Appointments
Insurance Accepted • Senior Discounts**

CLUB FRONTENAC STEAK FRY
Club Frontenac, 1143 Main Street, West Warwick, will hold a Steak Fry from 5-8PM on the 2nd Thursday of each month beginning in April and continuing through November. Menu includes steak, potato, vegetable, salad, mushrooms, onions. \$14/person. 821-9846.

BANNERS FOR BUSINESSES IN COVENTRY
The Celebrating Coventry Committee is celebrating the 275th Anniversary of the Town of Coventry with limited edition street banners, personalized with your business or organization name (available only for purchase in 2016). Cost per banner is \$249. Order your banner soon so it may be strategically placed at your location before supplies run out. Call Sandy Lukowicz at 821-2444 or email celebratingcoventry@gmail.com and get yours today!

NIGHTTIME STORY HOUR AT GREENE PUBLIC LIBRARY
Greene Public Library, 179 Hopkins Hollow Road, Greene, invites children ages 3-8 to the Library every Tuesday night at 6PM for "Bathrobes & Books: A Nighttime Story Hour". Children are welcome to come ready for bed.... pajamas, slippers & all, to enjoy a story & craft with friends and family. Please call 397-3873 or email jean@coventrylibrary.org for more information and/or to register.

COVENTRY HIGH SCHOOL CLASS OF 1986 REUNION
The Class of 1986 will be celebrating their 30th Reunion on August 27 at the East Greenwich Firemen's Club. Tickets are \$40. Call 821-4121 or email flynnsusan@coventryschools.net with any questions/updated information.

Law Offices of Tara R. Cancel
931 Jefferson Boulevard, Suite 2006, Warwick, RI 02886
(401) 739-9700

FREE CONSULTATION
HOME VISITS MAY BE ARRANGED IF NECESSARY

Our firm concentrates in...
BANKRUPTCY, PROBATE, FAMILY LAW,
DIVORCE, ESTATE PLANNING,
WILLS/TRUSTS/POWERS OF ATTORNEY
LANDLORD/TENANT MATTERS, PERSONAL INJURY,
DEBT RELIEF, COLLECTIONS and BUSINESS LAW

You Can Always Depend on Your Neighborhood Insurance Agent.



Kim Raymond
Vice President

Trusted Choice **OCEANPOINT INSURANCE AGENCY, INC.**

Home | Auto | Business | Life • 826-3366 • oceanpointins.com

I am thankful for the mess to clean after a party because it means I have been surrounded by friends.
—Nancie Carmody

WANTED ANY JUNK VEHICLE
Highest Prices Paid!
Paying \$100-\$500 cash
Same Day Removal
Call 474-5723 anytime

Mahindra RED TAG SALE!

Visit the DTC TENT at the WASHINGTON COUNTY FAIR!
Wed., Aug. 17th - Sun., Aug. 21st
www.washingtoncountyfair-ri.com



7 YEAR LIMITED POWERTRAIN WARRANTY



Save Big on MAHINDRA 5', 6', 7' box blades, mowers, and more!

Rule Your Land with The World's #1 Selling Tractor

Mahindra Rise.

Dubay's Tractor Center L.L.C.
Since 1976 A.D.
www.DubayTractor.com

65 Dubay Drive
Danielson, CT 06239
(Off Cucumber Hill Rd. at the RI border)
40 YEARS STRONG
860-774-7595

Mahindra TOUGHEST TRACTORS ON EARTH

Puzzle Page

DAN'S OIL
 MARK V. PARISELLA, PROP
 Please call for fast and friendly same day deliveries

#2 Fuel Oil **Ultra-Low Sulfur**
Kerosene **Premium Diesel**

RELIABLE SERVICE
AUTOMATIC DELIVERIES
24 HR. SERVICE

Visa MasterCard Lic. #130 **822-4430**

DEVANE FOGARTY & RIBEZZO
 ATTORNEYS AT LAW

1454 Main Street
 West Warwick, RI 02893

Frank Ribezzo Brian Fogarty

BANKRUPTCY
WILLS/PROBATE
FAMILY ISSUES
DIVORCE
PERSONAL INJURY

821-9945

Local Lawyers Serving
 Our Area for 17 Years

www.dfrlawri.com

LEMAY CONTRACTING INC.

Vinyl, Aluminum, Wood, Brick,
 Stone Siding, Boats & R.V.'S
 325 Gallon Water Tank

Professional Results with Affordable Prices
 FREE ESTIMATES, FULLY INSURED,
 CALL US TODAY!

401-397-2227 • 401-486-5293
 www.lemaycontracting.com

HOT/COLD WATER PRESSURE WASHING
 Available in low to high pressure
 Residential / Commercial

"Big Guy"
 Surface Cleaner for Deep
 Cleaning of Concrete, Driveways,
 Walkways, Patios, Decks, Docks,
 Pool Aprons, Etc.

PATRIOT OIL CO.

24 Hour Burner Service
 Automatic Delivery
 Discount Fuel Oil
 Heating Assistance Vendor
 Residential & Commercial
 Oil & Kerosene
 Ultra Low Sulfur Diesel

License #16 • MP #7897 • Master E-#1101

823-9291

Richard's Oil
 275 South Main St., Coventry 822-1543
 YOUR #1 OIL DEALER

Will Match any Local Oil Companies' Current Oil Prices

SUMMER IS HERE!
Have your boiler cleaned NOW!
Talk Person to Person 24/7

Radio Dispatch • Automatic Delivery
 Fuel Assistance Vendor • RI License #95. MPF #2297

24 Hour Burner Service

Verrier Tree Service

- Removal
- Pruning
- Stump Grinding
- Land Clearing
- House Lots
- Subdivisions
- Firewood Available

Free Estimates
 Insured
 Licensed Arborist
 Mulch
 Commercial
 Residential
 24 Hr. Everyday Service

Since 1974
 verriertree.com **397-3942**

Let Verrier Tree Service care for your trees the Proper way.

Valley FUEL INC.
 Lic.#444

No Extra Credit Card Charges

401-823-8113
 1343 Main St., West Warwick, RI
 Paul Petrozzi, owner

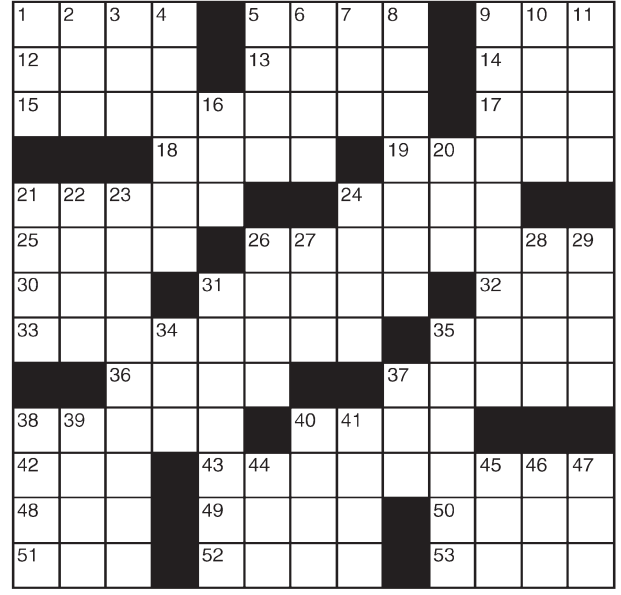
KEROSENE CASH & CARRY
 24 HOUR SERVICE • CALL FOR DAILY PRICES
 R.I. LIHEAP Vendor - Radio Dispatched

WARWICK OIL
 Lic.#345

Quality Home Heating Oil
 at Discount Prices!
 Family Owned & Operated

King Crossword

- ACROSS**
- 1 Colorado Springs org.
 - 5 Bivouac
 - 9 Hot tub
 - 12 Ashen
 - 13 Winged
 - 14 "Holy mackerel!"
 - 15 Independent's ballot, at times
 - 17 George's brother
 - 18 Group of actors
 - 19 — Island
 - 21 Smaller map
 - 24 Titanic's woe
 - 25 Treats the lawn
 - 26 Praiseworthy
 - 30 Greek consonant
 - 31 NHLer in Buffalo
 - 32 Summer mo.
 - 33 Judge's pronouncement
 - 35 Not fooled by
 - 36 Heredity unit
 - 37 Guys
 - 38 Weary of it all
 - 40 Prizefight
 - 42 Venusian vessel?
- DOWN**
- 1 — and downs
 - 2 Cutting tool
 - 3 Mr. Baba
 - 4 Borderline constructs
 - 5 Cleveland NBAers, for short
 - 6 Oodles
 - 7 Wrestling surface
 - 8 Go before
 - 9 Benny Goodman's group, e.g.
 - 10 Skin opening
 - 11 Vacationing
 - 16 Gangster's weapon
 - 20 Man-mouse link
 - 21 Mischievous tykes
 - 22 Schnozz
 - 23 Double-hinged entry
 - 24 Pavel of hockey note
 - 26 Bowler's path
 - 27 "Wipeout" network
 - 28 Troubadour's instrument
 - 29 Broadway clashers
 - 31 Submits
 - 34 Ball holder
 - 35 Waited longer than
 - 37 Used a shovel
 - 38 Rope fiber
 - 39 Somewhere out there
 - 40 — -Honey candy bar
 - 41 Biblical brother of Er
 - 44 Court
 - 45 Historic period
 - 46 Stannum
 - 47 Droop



© 2016 King Features Synd., Inc.

MAGIC MAZE • ROYAL TITLES

E E D A X U R O L J G D A X V
 S M P T H N K I C F C A X V S
 Q P S O N O L Z J B H E C A X
 N R V S T U A R A P N L J H F
 S (E M P E R O R) D B Y X R V T
 S S E T N U O C A R P E O M K
 I S E U G N Q G S H S C E D B
 Z X W H Q N U R T I P N A R Q
 O N L J C I I G A F V I J D C
 A Y X W V U T K S M L R A E R
 P O N E K U D L K J I P R G F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Countess
- Czar
- Duchess
- Duke
- Earl
- Emperor
- Empress
- Kaiser
- King
- Marquess
- Pharaoh
- Prince
- Queen
- Raja
- Viscount

©2016 King Features Syndicate, Inc. All rights reserved.

BRILOR INC.

Sealcoating, Line Striping, Crack Filling
 Free Estimates

Brian Senerchia, Owner
(401)248-5692

Reg. #39894 Fully Insured
 Brilorincorporated@gmail.com www.facebook.com/brilorinc

K. WILCOX LANDSCAPING INC.

COMPLETE CONSTRUCTION
 NEW SERVICE: LANDSCAPE LIGHTING

- Landscape Design
- Lawn Installations
- Masonry - Walks
- Lawn Sprinklers
- Backhoe
- Retaining Walls
- Excavating
- Hydro Seeding

Call **392-3136** Ask for Kurt
 Fax: 397-8475
 kwilcoxlandscaping.com
 Member of RINA - Fully Insured Lic. #6442

Residential & Commercial

WE ARE THE AUTHORITY ON LOW PRICES

COD ONLY **M.V.P.D. OIL** **SAME DAY DELIVERY**

A Division of Dan's Oil, Inc.

Mark V. Parisella Discount Oil
 Lic. #130 **HOPE, RI 615-9962**

PHENIX OIL

DISCOUNT PRICES C.O.D.
Joe Dessert • 822-1938
 License #78

Rick & Greg Nunes
649-0670

Riverpoint Disposal
 Rolloff Container Service

Same Day Service • Competitive Pricing
 Multiple Sizes Available

Family Owned & Operated

R.I. Emergency
 (401) **821-9213**

R.I. Lic. MP 001740
 Ct. Lic. #266037

EASYFLOW PLUMBING

New Homes, Renovations, Additions, Repairs,
 Water Filtration Systems, etc.

Custom quality workmanship for homeowner satisfaction.
Ray (Chip) Hinkson

ROYAL TITLES

Solution time: 21 mins.

PROTECTING YOUR FAMILY

Keeping Your Family And Home Safe Takes On New Urgency

(NAPSA)—With health costs as high as they are, the last thing you need is for an avoidable accident in your house to land you in the doctor's office. Still, about 45 percent of unintentional injuries occur in or around the home, according to Yale Medical Group. Fortunately, there are ways to avoid becoming a statistic.



Having a variety of bandages on hand can help keep families prepared for emergencies.

"Simple steps can help keep families safe," says Debra Holtzman, an acclaimed safety expert and author of the best-selling book "The Safe Baby: A Do-It-Yourself Guide to Home Safety and Healthy Living." "The key is to plan ahead and be prepared for emergencies."

Holtzman, who has appeared on the "Today" show, "Dateline NBC" and "Martha Stewart Living Radio," has a number of tips that make obvious sense. While some may sound familiar—multipurpose fire extinguishers, for example, should be kept on hand—others help protect against household hazards that aren't obvious but are just as dangerous.

• Stay Safe—Designating a safe room in your home may be a new idea to many, but it could mean the difference between life and death during a hurricane or tropical storm. A big closet or interior room, without a window, is ideal. Opt for flashlights and radios powered by hand cranks so you won't have to worry about depleted batteries. To keep your home safe from intruders, you might upgrade your security via motion sensor lights, along with dead bolts and peepholes for exterior doors. And check the references of anyone working in your home to verify trustworthiness.

• Stay Connected—Think twice before trying to pare expenses by disconnecting the corded landline phone that plugs into a phone jack in your home. It often works during power outages—unlike cordless phones—and cell phones can be unreliable. Also, post a list of emergency numbers, including out-of-town contacts, since it's sometimes easier to connect with a long-distance number outside of an emergency area than a local number within it.

• Stay Healthy—No more procrastinating—if you haven't done so, it's time to put together a first-aid kit. Essentials include non-latex gloves, antiseptic wipes and

• Stay Kitchen-Cautious—Store knives and other sharp utensils in drawers with safety latches. Keep fruit and vegetables free from disease-causing bacteria by washing them thoroughly—even if the packaging says the produce has been prewashed. Also, keep Nexcare Waterproof Clear Bandages near the sink. These ultrathin waterproof bandages keep water out and stay on when washing produce, dishes and hands.

For more information, visit www.nexcare.com.



The tuxedo was invented in 1887, in Tuxedo, N.Y.

WANTED ANY JUNK VEHICLE
Highest Prices Paid!
Paying \$100-\$500 cash
Same Day Removal
Call 474-5723 anytime

EXETER GRANGE COLLECTING CELL PHONES

The Exeter Grange #12, in connection with Cell Phones for Soldiers, is collecting old cell phones for soldiers serving overseas. The goal of Cell Phones for Soldiers is to help keep troops connected with their families by providing every US soldier with a way to call home free. A Drop Box will be located at the Exeter Grange Hall, 469 Ten Rod Road (Rte. 102), Exeter. For more local information, call Celeste at 822-2603, email mrfisher1968@cox.net or you can visit www.cellphonesforsoldiers.com for more information about the program.

COVENTRY PUBLIC LIBRARY PRESENTS...

Coventry Public Library, 1672 Flat River Road, Coventry, will host Roxie Zwicker, an author of 7 books on New England's folklore and ghostly history, as she presents iSpirit Bridges at 7PM on August 31 in the Town Council Chambers. †Roxie's program on connections ("bridges") to the spirit world relates how unseen energy †can be used to †contact the supernatural. This unforgettable presentation demonstrates what it's like to talk to spirits and explain how they help us overcome life's most difficult moments. † Please register with Jane at 822-9104 or email js@coventrylibrary.org

CRAFTY KIDS ON SATURDAYS AT GREENE PUBLIC LIBRARY

Greene Public Library, 179 Hopkins Hollow Road, Greene, invites Elementary School aged children to the Library on Saturday morning between 10AM-Noon to do a fun, hands-on craft. Please call 397-3873 or email jean@coventrylibrary.org for more information or to find out the Craft of the Month.

To live a creative life, we must lose our fear of being wrong.
—Joseph Chilton Pearce

All the arts we practice are apprenticeship. The big art is our life.
—M.C. Richards



FAMILY COURT

JENNIFER HOOPIS D'AMBRA
Attorney at Law

DIVORCE • CHILD CUSTODY • VISITATION
CHILD SUPPORT • ALL FAMILY COURT MATTERS

FREE CONSULTATION • CREDIT CARDS ACCEPTED

Rhode Island does not have a procedure for certification or recognition of specialization by lawyers

823-6266

Visit My Website: HoopisandHoopis.com

TownFarmLandscape.com



401.392.1818

Boarding & Lessons

Summer Riding Camps!
Sign Up Now!

Stepping Stone Ranch
201 Escoheag Rd., West Greenwich
397-3725
www.steppingstoneranch.com

Take exit 5A off I-95 to Rt. 3 South to Rt. 165 West. Follow Signs!





Shop LOCAL... Bee LOCAL!

COVENTRY
821 Tiogue Avenue,
Coventry, RI 02816
401-826-0050
401-826-0051

TOM'S MARKET

Fresh. Local. Exceptional.

tomsmarket.com
**Mon.-Sat. 8am-7pm,
Sun. 8am-6pm**

PRODUCE	PREPARED	GROCERY	MEATS
<p>WOW!</p> <p>Sweet & Jumbo Cantaloupes \$1.99 ea.</p> <p>RI Grown Extra large Tomatoes \$1.69 lb.</p> <p>Fresh & Crisp Romaine Lettuce.....99¢_{hd.}</p> <p>Great in a salad!! English Cucumbers.....99¢_{ea.}</p> <p>Mix & Match! Strawberries or Raspberries.....2_{pkg} \$5.00</p> <p>Great on the Grill! Tender, Thin Asparagus.....\$2.99_{lb.}</p> <p>Extra Fancy Granny Smith Apples.....\$1.69_{lb.}</p> <p>Cool & Crisp Celery.....\$1.29_{bu.}</p> <p>Jumbo Red Onions.....\$1.29_{lb.}</p> <p>Super Sweet Ripe Golden Pineapples.....\$2.99_{ea.}</p>	<p>Roasted Sweet Potato, Lentil & Quinoa Salad \$4.99 lb.</p> <p>Tom's Famous Chicken Caesar Pasta salad \$5.99 lb.</p> <p>Tom's Own Baked Stuffed Potatoes.....2/\$5</p> <p>Tom's Red or White Clam Chowder.....\$5.99_{qt.}</p> <p>Delicious Clam Cakes.....6/\$3.99</p> <p>Quick & Easy Orchetti, Escarole and White Beans.....\$5.99_{lb.}</p> <p>Roasted Salmon Fillet with Summer Corn Relish.....\$14.99_{lb.}</p> <p>Delisious BBQ Country Style Ribs.....\$3.99_{lb.}</p> <p>Award Winning Chinese Chicken Salad.....\$5.99_{lb.}</p> <p>Sweet Italian Sausage Meatballs.....\$5.99_{lb.}</p>	<p>Cardini's, 12 oz. Salad Dressing \$2.99</p> <p>Frontera, 8 oz. Skillet Sauces \$1.99</p> <p>Natural Directions, 15 oz. Organic Beans.....2/\$4</p> <p>17 oz. Hy Fung Siracha Sauce.....\$2.99</p> <p>5 lb. Shurfine Flour.....\$1.99</p> <p>8-10 pk. Varieties Carnation Instant Breakfast.....\$3.99</p> <p>5.5 oz., Friskies Canned Cat Food.....5/\$3</p> <p>43-50 oz. Arm & Hammer Laundry Detergent.....\$3.99</p> <p>Calise Bakery Split Rolls.....2/\$6</p> <p>16.9 oz. Farchoni Extra Virgin Olive Oil.....\$4.99</p>	<p>Family Pack Ground Chuck \$2.99 lb.</p> <p>Family Pack Assorted Pork Chops \$1.99 lb.</p> <p>Certified Angus Beef NY Sirlion Steaks.....\$6.99_{lb.}</p> <p>St. Louis Style Pork Spare Ribs....\$3.99_{lb.}</p> <p>Certified Angus Beef Top Round London Broil.....\$3.99_{lb.}</p> <p>All Natural, Al Fresco Chicken Sausage.....\$3.99_{pkg.}</p> <p>Nthan's Jumbo Beef Franks.....\$5.99_{pkg.}</p> <p>Extra Lean Shaved Steak.....\$5.99_{lb.}</p> <p>Tuscan Style Marinated Chicken Breast.....\$2.99_{lb.}</p> <p>Great on the grill! 2 Pack Pork Tenderloins...\$3.99_{lb.}</p>

DAIRY/FROZEN	BAKERY	FISH	DELI
<p>Yoplait original</p> <p>All Varieties Yoplait Yogurt 10/\$5</p> <p>59 oz. Newman's Lemonade \$1.69</p> <p>8 oz. Kraft Shredded Cheese.....\$2.99</p> <p>4 Pk. Jello Pudding or Jello.....2/\$4.00</p> <p>16oz. Hood Cottage Cheese.....\$2.39</p> <p>32 oz. Hood Lactade Ice Cream.....\$3.19</p>	<p>From Our Ovens Strawberry Rhubarb Pie \$6.99 ea.</p> <p>Fresh Baked Roasted Garlic Ciabatta.....\$3.99_{ea.}</p> <p>Delicious 10 Ct. Black & White Cookies.....\$3.99_{pkg.}</p>	<p>Wild Caught North Pacific Scrod \$5.99 lb.</p> <p>Fresh Mako Shark.....\$6.99_{lb.}</p> <p>Narragansett Bay Quahogs.....99¢_{lb.}</p>	<p>Kretschmar Swiss Cheese.....\$5.99 lb.</p> <p>Boar's Head Smokemaster Black Forest Ham \$7.99 lb.</p> <p>Boar's Head Ovenroast Chicken Breast.....\$7.99_{ea.}</p> <p>Deutschmacher Beef Bologna.....\$4.99_{lb.}</p> <p>Tom's Own Thanksgiving Style Turkey.....\$8.99_{lb.}</p> <p>Beef International Rare & Juicy Roast Beef \$6.99 lb.</p>

Job Market & Childcare

Help Wanted

Help Wanted

Help Wanted

Help Wanted

Childcare

Childcare

Tractor Trailer Drivers Wanted

Dayville, CT

Applicant must have 100,000 verifiable safe driving miles or 2,500 hours verifiable safe driving time.

80% of trips return home the same day.

www.fritolayemployment.com

Equal Employment Opportunity Employer M/F/D/V

Frito-Lay Driver Pay
Competitive Pay
Mileage
Paid Weekly
Deadhead Pay
Stop Off Pay
Vacation Pay
Orientation Expenses Paid
Breakdown Pay
Loading/Unloading Pay
Inspection Pay

Benefits:
Health Insurance
Dental Insurance
Vision Plan
Life Insurance
Retirement Plan/401K
Passenger Program



Santoro's Pizza

HIRING:
Cooks and Waitresses.

Apply Within:
Santoro's Pizza
687 Tiogue Ave., Coventry

WELLNESS COACHES WANTED Do you love to help people? Are you self-motivated? Part and full time positions available with the ability to work from home. Training provided. Email your name, contact phone number, and best time to call. dawnbike@gmail.com

Joyful Noise, Inc.

is NOW ENROLLING Children for our Toddler, Pre-School and Pre-Kindergarten Programs

We are thrilled to announce that we are in the preliminary stages of opening a new "Program" for 12 month to 18 month olds. We are currently accepting names to be placed on a wait-list for this exciting new classroom.

We Offer Half and Full Day Programs

A.M. and P.M. Extended Care for Students Enrolled in Public Pre-School

Open Monday through Friday from 6:30am - 6:00 pm

We have Reasonable Rates!



Call Jennifer or Adrienne for More Details and to Schedule a Tour!

Joyful Noise, Inc.

9 New London Avenue, West Warwick, RI

(401)828.8210

Check us out on Facebook: www.facebook.com/Joyfulnoiseinc and at www.joyfulnoiseinc.com

Direct Support Professionals

FT, PT & Per Diem – Coventry, W. Warwick, Warwick, Cranston & Johnston

Bring the right attitude; we'll train you for success!

Everybody needs a job but only extraordinary people work here. Our team is fun, creative, and dedicated making a difference every day in the lives of the people we serve. The heart of what we do is to support and serve people with Intellectual and Developmental Disabilities.

No experience necessary, On the job paid training is provided

All shifts available

Excellent Benefits with LOW bi-weekly contributions: Health, Dental, Vacation, Sick, 401K, Aflac, etc.

Minimum Requirements:

HS diploma/GED; Valid driver's license/Good driving record.

Pay: \$10.25-\$11.25

Apply online:

www.westbayri.org
or call 738-9300



Now Hiring Housekeeping Positions

Weekdays/Weekends 9am-2pm

Great Working Environment
Apply in Person



101 Nooseneck Hill Rd.
West Greenwich

OFFICE: Typing, customer service. Part time afternoons. Flexible start 1-2 PM. Monday through Friday. Smith's General Trucking, West Greenwich. Call Peter G. 821-7667.

RENTAL SPACE AVAILABLE at Salon Dragonfly, 2405 Nooseneck Hill Road, Coventry: Looking for Hair Stylist, Barber, Nail Tech, Esthetician, Massage Therapist, etc. 206-1969.

Jobs Wanted

CINDY'S CLEANING SERVICE: Great references. Call Cindy for rates, 239-8480.

MATURE HOUSEKEEPER Looking to clean your home: 16 Years experience. References. Call Christine, 822-1199.

DRIVER WANTED: CDL Class A with 2 or more years of experience a must. Must have clean Driving Record. Must pass BCI. Start immediately. Local run. Home daily. Call 397-3167 between 9AM-3PM only. Serious only need apply.

Spring Villa MEMORY CARE NOW HIRING

- RN-Part Time
- CNA-1st and 2nd Shifts
- CMT-1st Shift Every Other Weekend, 2nd Shift Every Friday
- COOK-Every Other Weekend and Some Nights

Apply at Spring Villa

59 Pleasant St., West Warwick, RI

EOE

Wishing Well®

8	3	8	5	8	2	8	4	5	8	3	8	6
L	C	I	C	F	Y	E	Y	O	I	O	M	N
8	2	5	3	6	3	2	5	3	4	5	8	5
P	O	N	M	O	F	U	F	O	O	R	R	O
4	2	4	3	7	6	2	4	2	4	3	4	5
U	A	P	R	S	S	R	R	E	I	T	Z	N
8	5	7	3	8	4	5	2	4	8	5	6	5
O	T	T	R	V	E	P	W	F	E	R	T	O
3	8	4	5	2	4	5	2	3	7	3	2	3
E	S	R	B	E	I	L	L	C	A	E	C	I
7	6	3	6	4	6	7	2	3	4	3	2	4
Y	R	V	U	E	G	C	O	E	N	D	M	D
2	6	5	2	7	6	4	6	5	7	6	5	7
E	G	E	D	A	L	S	E	M	L	S	S	M

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

©2016 King Features Syndicate, Inc. All rights reserved.

Like any kid, I just need a chance!

Become a Foster Parent!

The Groden Center is seeking stable, loving individuals and couples who are interested in becoming foster parents for children and teens with special needs.



- Wraparound Support 24/7
- Comprehensive Training
- Generous Tax-Free Stipend
- Respite

For Information on How You can Become a Foster Parent, call Andrea at 401-274-6310 x1259 www.grodencenter.org



AIRLINE CAREERS

Get FAA approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly.

Call Aviation Institute of Maintenance
800-481-7894

GENERAL HELP: As needed basis. Friendly work environment. No experience necessary. Will train. Part-time hours available. Apply in person, ABS Printing, 173 Washington Street, West Warwick, RI.

DRIVER: Local route. 5000 sign-on bonus! No CDL? We'll help you get your CDL-B with HAZMAT endorsement! 855-677-5016.

CLEANER: 1st & 2nd Shifts. 15-25 Hours per week, \$9.60/hour. Must have valid Drivers License, reliable vehicle and clean BCI. Coventry, Warwick & Cranston areas. 258-9648.

MATURE CUSTOMER SERVICE REPRESENTATIVE with strong phone skills and basic computer, for incoming calls at our home office in Warwick, Tuesday, Wednesday, Thursday, 1PM to 6PM. \$20/Hour after 30 day training at \$15/Hour. Call Dr. Seymour at 401-463-3917.

CONSTRUCTION WORKER: Experience in all phases of construction & operation of machines, CDL Class B required. CDL Class A is a plus! Start immediately. Benefits available. Call 397-3167 between 9AM-3PM only. Serious only need apply.

Home Improvement

David R. Laferriere • 378-4487
 Finish Carpenter • Quality Finish Work Since 1980

- New Finish Trim in New or Older Houses
- New Kitchens and Baths
- Built in Units
- Wainscoting
- Crown Mouldings
- Fireplace Surrounds
- Interior & Exterior Doors

Coventry, RI • Reg. #22280. Insured

STEVEN'S HOME IMPROVEMENTS: If it needs repair and has to do with wood... We'll fix it! RI Reg. #38944. 286-7123.

MOVER
 Will move your Shed, Jacuzzi, Swingset, Camper, Boat or other large items. Free Estimates (401)265-8755

TRUST CONSTRUCTION CORP. Licensed - Insured
 Vinyl Siding • Remodeling • Additions • Garages • Sheds • Decks • Roofs • Replacement Windows & Doors • Flooring
Snowplowing
 Free Estimates
 Reg. 23872 Ryan 265-6927

CARLEY CONSTRUCTION  **General Contractors**

Roofing • Vinyl Siding • Windows • Bathrooms
 Kitchens • Additions • Decks
 Basement Conversions • Interior/Exterior Painting

Remodeling~Renovations / Design-Build
401-545-1620
 Since 1988 - RI Reg#5509
 Residential/Commercial • Fully Insured
 www.carleyconstructionco.com

Decorator's Notebook
Five Handy Pointers On Painting Your Home

(NAPSA)—A fresh coat of paint can be one of the easiest and most inexpensive ways to update a home's decor and value. With the right tools and tips, even first-time painters can learn to paint like a pro.

Prep the Area
 Remove furniture, wall hangings, and light switch and outlet covers. Protect floors from drips and spills with canvas sheeting. Apply painter's tape along trim, molding and windows. Use a putty knife to ensure that tape is securely adhered around edges.

Clean Slate
 For a truly professional look, start with a smooth, clean surface. Fill in nail holes and cracks with Spackle. Remove dust, dirt, grease, and glossy finishes with a nontoxic, trisodium phosphate (TSP) substitute such as Mötsenböcker's Lift Off All Surface Paint Prep. This not only makes your finished project look better, it helps the paint last longer.

The Right Tools
 Before you apply your first coat, be sure you have all the right tools for the job. A nylon-polyester brush will work with nearly any type of latex paint. Rollers can be used to paint large surfaces such as walls. Look for a cover with a ½" to ¾" nap. Paint spills and drips are practically inevitable, but Mötsenböcker's Lift Off Latex Based Paint Remover can be handy for easy cleanup.

THE GUTTER GODS, INC.
241-8838

- Seamless Gutters
- Gutter Cleaning
- Aluminum Trim
- Siding
- Roofing
- Painting

William J. Muller Jr. • Coventry • RI Reg. #12882

RAY PLANTE & SONS

Residential & Commercial
SEPTIC SYSTEM PUMPING
DESIGN & INSTALLATION • PIPE ROOTERING
EXCAVATION • CHEMICAL TREATMENTS
SEWER & WATER LINES INSTALLED



821-2929 • 826-2929
 1 Abbotts Crossing Road, Coventry • RayPlanteandSons.com

Brush Up on Good Techniques
 Paint one wall at a time starting at the top so drips fall on unpainted areas. Brush on paint around trim and in the corners of walls. Use a paint roller for larger surfaces. Roll paint into a three-by-three-foot W pattern. Continue rolling until all sections are painted, adding fresh paint to the roller as it dries. Most paints will require two coats and some darker shades may require three.

Clean Up
 Remove tape immediately after painting, before the wall dries, so fresh paint isn't peeled off with it. Check for paint drips and spills on floors, hardware and furniture. Use a dry cloth to wipe wet paint from surfaces. Then apply a paint remover such as Mötsenböcker's Lift Off to the surface. Gently agitate dried paint with a soft-bristle brush, then blot dry.

Learn More
 For further tips on how to paint your home, you can visit www.facebook.com/LiftOffGreen.

(401)397-7662
M&M PAVING

- Driveways
- Parking Lots
- Pavers
- Sidewalks
- Patios

Fully Licensed and Insured
 Free Estimates
mmlandscaping@cox.net
 Reg. #33777

SPONIK BROTHERS

COMPLETE CESSPOOL & SEPTIC CLEANING
SEPTIC SYSTEMS DESIGNED & INSTALLED
 Abbott's Crossing Rd. Coventry
821-2341

SHRUB TRIMMING,
 Mowing, Edging, Yard Cleanup. Fully Insured. Free Estimates. Call John, 401-529-1598.

Strange BUT TRUE
 By Samantha Weaver

L & L ROOFING

Call Now for a **FREE ESTIMATE** (401)823-0490
LLroofing@hotmail.com

RESIDENTIAL & COMMERCIAL
 All Types of Shingle Roofs • Plywood Replacement • Tear-Offs
 In Business 25 Years • Reg. #135
 1527 Main Street • West Warwick, RI 02893

Clean Cut Painting Services LLC

Glenn Meade (401) 787-5131
 Dylan Ellinwood (401) 206-8481
cleancutpainting@gmail.com

Services Available Residential & Commercial:
 Power Washing • Wood Floors
 Interior/Exterior Painting
 Cabinet Restoration • Deck Staining
 Registered 39550 & Insured • Free Estimates

CLEAN UPS: Junk, brush, construction debris. Deliveries of Loam or Mulch. 368-9385.

FINECUT LANDSCAPING: Weekly/bi-weekly Lawn Maintenance, Mulching, Trim Shrubs, Tree Work. Rich, 401-347-6730.

• It was English Victorian author Samuel Butler who made the following sage observation: "Words are like money; there is nothing so useless, unless when in actual use."
 • Martha Jane Canary — better known as Calamity Jane — was a noted frontierswoman in the late 19th century. She defied expectations of women by refusing to wear dresses, becoming a scout and fighting against Indians in the West. As one contemporary commenter observed, "She swore, she drank, she wore men's clothing. She was 50 years ahead of her time."
 • Those who study such things say that two-thirds of a shark's brain is dedicated to detecting and sorting out odors.
 • In his 1510 book "The Adventures of Esplandian," Spanish author Garcil Rodríguez de Montalvo wrote of an island peopled entirely by Amazon-like women, and he called it California. When Spaniard Francisco de Ulloa was exploring the west coast of North America, his initial surveys of the Baja Peninsula led him to believe the land was an island, so the region was given the name of the mythical place: California.
 • In Mongolia, it's common to put salt in one's tea before drinking it.
 • If you're a fan of nature documentaries, you've doubtless seen footage of Africa's Serengeti, site of the world's largest terrestrial mammal migration. If you've seen images of the place, you won't be surprised to learn that in Maasai, the word "Serengeti" means "the place where the land runs on forever."
 • You've probably heard of John Steinbeck's celebrated novel "Of Mice and Men," but you probably didn't know that it was almost titled "Something That Happened."

Free Estimates! Residential Specialist **40 Years in Business!**

Lic. #5840
R&R ROOFING
401-823-1330
 Roof Specials on Complete Jobs
 All Work Guaranteed!

Angie's list
 Super Service Award Winner 2013, '14, '15
 Richard Rossi, owner
rrossi57@gmail.com
www.randrroofingri.com

HANDYMAN: Small odd jobs, painting & much more. Reasonable. Rich, 206-6252.

HANDYMAN: Painting, Carpentry. Laminate floors, tiling. Remodeling. Registered and insured. 749-3763.

SIR MICHAEL'S LAWN CARE: Commercial & Residential. Fully insured. Weekly/Bi-weekly Lawn Maintenance, Powerwashing, Mulch & more services. Call 368-9385.

HANDYMAN WORK: Will do all small jobs nobody wants to do including roof repairs, roof cleaning, masonry work, power washing, hardwood floors, painting, lawns, dump runs, chimney cleaning. FREE estimates. Tom, 206-9591.

Quality Work at Reasonable Prices
MR. PLUMBER
PLUMBING & HEATING
826-9003

Plumbing & Heating • Residential/Commercial
 New Construction • Service • Repairs
 Drain Cleaning
 Convenient Scheduling • All Major Credit Cards Accepted
 RIMP #1623 • RIMPF #6564 Licensed, Bonded and Insured

Ellinwood Landscaping & Lawn Care
RESIDENTIAL and COMMERCIAL
LAWN MOWING
 Full Service Lawn and Landscape Installations, Renovations and Maintenance

- Pruning
- Hedge Trimming
- Gardening
- Bush Cutting
- Land Clearing
- Bush Hog
- Weeding
- Tractor Work
- Backhoe Work
- Aeration
- Dethatching
- Overseeding

New lawns installed and damaged lawns repaired
Call Today! (401)256-7820
ellinwoodlandscaping.com • elandscaping@hotmail.com
 Neighborhood Rates and Yearly Contract Specials Available

The Garden Bug
Cardinal flower

This native wildflower displays spikes of brilliant red during summer and sometimes into fall. It loves the sun, and does well in moist soil in ditches and near stream banks, swamps, ponds or lakes. Most insects struggle to access the long necks of the trumpet-shaped blossoms, so cardinal flowers depend on hummingbirds for fertilization. Its roots were once used in traditional medicines; however, the plant is toxic if eaten in large quantities. Overpicking has reduced its numbers in the wild somewhat; it can be propagated by bending a stem down into the mud and fastening it with a rock or sticks, or can be grown by seed.
 — Brenda Weaver
 Source: wildflower.org, gardeningknowhow.com

Home Improvement

Rhode Island's Premiere Pavement Company



Estimates Online
24/7 at
www.nulookinc.com
(401) 232-0795

R.I. Contractor's
Registration #13445



**Asphalt Paving
and Sealcoating**

Installation/Repairs/Maintenance

Call Nu-Look today
for all of your
driveway and
parking lot needs.
We provide FREE
detailed estimates
and guarantee
our work.



PUMP THAT SEPTIC
Septic Cleaning, Maintenance
and Installations



**Sewer Installs & Repairs
Drain Cleaning • Portable Toilet Rentals**

Use This Ad for **\$10.00 Off**
Any Service*
*Excludes Portable Toilet Rentals



739-1212
diffleyseptic1.com

MPF # 6371
MP # 1644

Coventry, RI

C.W. GUMMINGS Plumbing Co.

PLUMBING HEATING SERVICE SOLAR

828-7730

SERVING ALL OF RHODE ISLAND!!

CWCummings.com

RIVERS LAWNCARE

Spring & Fall Cleanups
Specializing in:

- Weekly Maintenance
- Mulching • Edging
- Trimming • Planting

Licensed & Insured
Honest & Dependable

FOR FREE ESTIMATES CALL RICK (401)385-3998

ED FLORI 265-4247

50 of Quality YEARS

PETE FLORI 828-0098

HOPE CONCRETE MASONS CO.

SIDEWALKS - STEPS
RESURFACE STEPS
GUARANTEE

17 Meadow Rd. Hope, R.I. 02831 • Reg #2698

L.J. HART CONSTRUCTION Co.

KITCHENS
MAN (WOMAN) CAVES
ADDITIONS
REMODELING
FORMICA WORK
ROOFING
INSTALLATIONS

499-5908

FREE ESTIMATES
RI REG. #3400

A.S. PAINTING CO.

Interior - Exterior
Painting
Power Washing

Neat - Professional
Reliable
Free Estimates

ARTHUR SOUSA
954-7657
Reg. #16190 and Insured

Nothing travels faster than light,
with the possible exception of
bad news, which follows its own
rules.

—Douglas Adams

Collecting
by Larry Cox

Fountain Pen

Q. I have a Parker fountain pen that was used by my uncle during the 1930s. He was a banker and considered it his favorite writing instrument. It is the "Thrift Time" model in brown. What is it worth? — Stan, Kent, Washington

A. The first fountain pen was invented in 1830, but they were not really manufactured commercially until the 1880s, when a suitable metal for the tips was perfected. The first successful commercial fountain pen producers were Waterman (1884) and Parker (1888). Parker entered the market with a fountain pen named "Lucky Curve."

Vintage fountain pens are collectible, and some have become quite pricey. I found your pen referenced in "Collecting Pens" by Edward Kiersh and published by House of Collectibles. According to Kiersh, your Parker Thrift Time was produced in 1932 and is worth about \$150. The Pen Collectors of America can be contacted at www.pencollectorsofamerica.com.

Q. I have a Mickey Mouse Club projector with films and in its original box. The box is falling apart. It is model 488, and I am curious if it has much value. — Erna, Falls City, Texas

A. Your projector was manufactured during the early 1950s by Stephens Products, a company

based in Middletown, Connecticut. I found several of these projectors on eBay, most priced in the \$75-\$100 range. One featured the hand-cranked projector in its original box with 14 film strips, including ones featuring Hopalong Cassidy, Chip 'n Dale and Pluto. It had a requested opening bid of \$69. As this column was being written, no bids had been submitted.

Q. I have my dad's pocketwatch. It was made by Elgin. My problem is I would like to have it cleaned and don't know how to go about this. — Norma, Decatur, Illinois

A The Elgin National Watch Company was founded in 1864 in Elgin, Illinois, and produced more jeweled watches than any other company during its more than 90-year history. The company made many low-end watches, all the way up to its famous high-quality railroad grade. The railroad watches are especially collectible. Although you didn't specify the model or grade of your watch, it is best to have it professionally cleaned by a jeweler.

Write to Larry Cox in care of KFWS, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

© 2016 King Features Synd., Inc.

ROOFING

Discount Home Improvement

30 years of Satisfied Customers in the Warwick Area.

NOW SERVING CUSTOMERS
IN THE COVENTRY AREA

Most Tear-Offs Completed in 1 Day!

737-8622

RI REG. #5939
FULLY INSURED

BUG OUT Pest Control

RESIDENTIAL & COMMERCIAL

All Phases of Pest Control

Pestered by Termites, Carpenter Ants & Wasps?
Call 397-9160 Ask for John
bugoutpestcontrolne.com
FREE ESTIMATES

Miceli Roofing & Construction

Licensed and Insured

Remove Old/Install New Roofs
Rubber Roof
Single Ply Roofs
Shingles • Tar Gravel

Call **828-9956** Reg. #0060

R.I. Construction & Design, Inc

RICDINC@COX.NET

**KITCHEN & BATH REMODELING
DECKS**

25 Years Experience

Donald Palleschi • 401-623-1237
Commercial & Residential Construction
All phases of construction and remodeling
RI Registration #22885 • Insured

SWB INDUSTRIES

Call Us for Your
DRIVEWAY DUMPSTERS
for All Your Disposal Needs.

10 Yard & 15 Yard Containers
— Call for Our Competitive Prices —

DEMOLITION & EXCAVATION WORK AVAILABLE

VISA MasterCard
Shane Bettez **439-6100**

SANTOS EXCAVATION

Big or Small, we do it all!

- Septic Design & Installation
- Driveway Grading
- Stump Pulling
- Water & Sewer Connections

401-640-2537
Todsantos64@yahoo.com

410-827-0500

M&M LANDSCAPING INC.

DESIGN & CONSTRUCTION

**SHRUB/BUSH PRUNING
AERATION & OVERSEEDING**

Weekly Lawn Maintenance, Sprinkler Systems
5 Step Fertilization, Mulch, Loam, Seed, Planting,
Slit Seeding, Fertilization, Hydroseeding, & More

Start to Finish Landscaping

Sprinkler Systems, Lot Clearing,
Complete New Construction
Cement Work, Sidewalks, Retaining Walls

UNLOCK
Paving
Stones,
Retaining
Walls,
Walkways,
Patios

397-7662

Free Estimates - Fully Licensed & Insured - RI Reg. #33777

Home Improvement



Landscaping
 Weekly Maintenance
 Spring and Fall Clean-Ups
 Architectural Design
 Installation
 Lawn Renovations
 Sod • Hydroseed

SEASONAL CLEANUPS

Irrigation
 Sprinkler System Installation
 #135 Master Irrigation

Construction
 Excavation & Backhoe Service
 House Lots
 Water & Sewer Lines
 Excavation • Septic Systems
 Stumping Lots
 ISDS Licensed

FOUNDATION DRAINS & SUMP PUMPS

Saccoccia's
 439-5005 • www.saccocias.com
 FREE ESTIMATES | FULLY INSURED | COVENTRY

Lorenson Well Drilling
 Since 1955
INSTALL REPAIR • SERVICE

- Pump Repair & Service
- Filtration System Install and Service
- Well and Water Systems Including Geothermal
- Drilled Well & Point Well Sprinkler Systems

LorensonWellandPump.com
397-3926
 WD/PI License #2

THE TREE GUY

- Firewood
- Stump Grinding
- Land Clearing
- Tree Removal & Trimming

Call for Free Estimate
 Rob **255-8756**
 Insured

PLUMBING & HEATING

Complete Plumbing & Heating Installation & Repair Service
 Gas Boiler & Water Heater Service & Installation

Master Plumber
 Lic. No. 1636 MP2 #6282 **DAVE PARRILLO 822-0618**

DRYWALL & PLASTER

HOUSES ADDITIONS REPAIRS

ONE DAY CEILINGS
 Call Cory **595-8703**
 Lic. & Insured. Reg. #33185

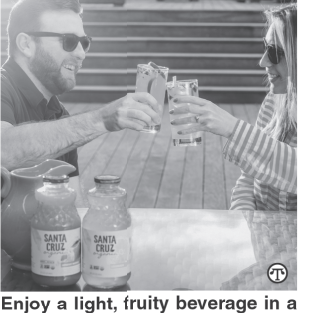
MIKE RAPOSA PAINTING
 Ceiling & Wall Repair
 Interior & Exterior Paint & Stain
Wallpapering
 • Organized • Clean
 Affordable - Dependable
 All Work Guaranteed
 No Job Too Small
 Quality Workmanship
954-3686
 Reg.#14105 Member BBB Free Estimates

Hints For The Home

Tips For Cleaning Your Kitchen

(NAPSA)—While many find joy in the comfort foods of winter, spring provides a chance to embrace a fresh approach to your eating habits. The following tips will put a spring in your step and get you ready for this temperate season:

- **Out with the old.** There's a reason spring is the chosen season for all things related to cleaning. It's the season associated with ideas of rebirth, rejuvenation and renewal. What better way to refresh your food choices than by cleaning your pantry and fridge? Toss expired products and donate the shelf-stable goods you no longer want to a worthy cause.
- **Celebrate color.** Spring ushers in fresh new produce that adds a variety of flavor and nutrition. Produce such as apricots, green beans and broccoli all provide a pop of color that helps ensure you are enjoying the best seasonal produce this spring.
- **Get organized.** Eliminate cluttered bags of rice or pasta by placing them in glass jars to make searching for pantry staples a breeze. Visit the grocer's bulk aisle for a variety of snack staples such as nuts and seeds—great for that afternoon craving.



Enjoy a light, fruity beverage in a fresh, clean kitchen.

- **Springtime beverages.** Swap the hot and rich drinks of winter for the lighter, fruit-infused tastes of spring. New **Santa Cruz Organic®** Agua Fresca beverages are lightly sweetened and blended with organic fruit juice and a splash of lemon juice. Available in Mango Passion-fruit, Pomegranate and Grapefruit flavors, Certified USDA Organic Agua Fresca beverages are a revitalizing companion to warm weather fun.

For more ideas and recipes, visit www.santacruzorganic.com or www.facebook.com/santacruzorganic.

Paint Doctor

- Residential/Commercial
- Interior/Exterior
- Powerwashing • Carpentry
- Decks • Doors • Windows

Free Estimates. Reg. #19141. Insured
401-837-5955 Michael Martin

TREES DAMAGED by Gypsy Moths?

Call Us to Evaluate the Damage
J.W. Studley & Sons
 for all your Tree removal Needs
641-0212

Bucket Truck Work
 Pruning/Trimming
 Stump Grinding
 Full Line of Mulch Products

House Lots - Land Clearing • Residential/Commercial
 Established 1982 Licensed Arborist on Staff
 Free Estimates Lic. #29307 • Insured

SJS TREE & LANDSCAPE

Cranston, RI
Scott J. Soares
401-486-9560
 sjstree@gmail.com

- Commercial/Residential
- Fully Licensed & Insured
- Power Raking
- Land Cleared
- Brush Hogging/Removal
- Stump Grinding
- Hydroseeding
- Maintenance
- Snowplowing/Sanding
- Seasoned Firewood
- Organic Mulches
- Aerial Lifts & Trucks

JOE'S MASONRY:
 Walls, walkways, chimneys, cultured stone. Free estimates. 369-0008, Joe.

KEVIN'S HOME REPAIR: Quality - Honest - Affordable. Reg. #22931/ Insured. New Installations include: Windows, doors, sliders, storm doors, interior/exterior painting, decks, stairs. **REPAIRS INCLUDE:** Roofs, vents, siding, plaster, steps, decks, fences, gutters, wallpaper/tile repair, powerwashing, yard clean-up, shrub trimming, and lawn maintenance. 823-3572.

Paul Santos Construction
 General Contracting
 Windows • Doors • Roofing • Etc.

VINYL SIDING ROOFING SNOWPLOWING

Senior Discount 10% off
 RI Reg. #22318
 Insured • Free Estimates
255-6647

ROOF! ROOF!

DePietro Roofing, Inc.
RESIDENTIAL/COMMERCIAL ROOFING SPECIALISTS
CALL FOR SPECIALS!
 Quality Work • All Phases of Roofing
 No Job Too Small
Call John 573-9328
 FREE ESTIMATES • INSURED • REG. #22850

JAMIE'S POWERWASHING & DECK STAINING

Pressure Wash Your Vinyl Siding
 Remove the Dirt, Mold, Mildew & Bugs
 HOMES • DECKS • GUTTERS • CONCRETE
 PATIOS • CONDO COMPLEXES

INTERIOR PAINTING HANDYMAN SERVICES CONSTRUCTION

LOWEST PRICES GUARANTEED, WE WON'T BE BEAT.
837-4545
 Free Estimates Leave Message Checks Accepted
 jamiespowerwash.com
 Insured Reg. #26406 Residential/Commercial

37 Years of Experience Licensed & Fully Insured

Ciolfi Seamless Gutters, Inc.
 Cleaning • Installation • Repairs

Don't Forget!!!
 Gutter Cleaning Helps Prevent Water In Your Basement!

Prompt, Professional Service at Reasonable Prices

Bob Ciolfi • **401-477-6180**
 RI Reg. #23810

Plastering

PATCHES REPAIRS NEW OR RESURFACED CEILINGS & WALLS

RI Reg. #2139
FREE ESTIMATES
392-3319

RIVERS PAVING INC.

- Driveways
- Parking Lots
- Landscape Construction
- Bobcat Service

Asphalt Paving **Sealcoating**

Free Estimates Reg. #24335 & Insured Member RIBA
 Rick Rivers, President **397-8193**

Home Improvement

GENESIS PAINTING



Interior/Exterior Painting
Power Washing
Paper Hanging
Owner Operated - Friendly Service
Clean and Neat and On Time.
Reg. #26905 and Insured
Thank You!
Call 588-0941

POWERWASHING



Call Today for Your Free Estimate!
401-441-5872
Registered & Insured

**HOUSES • DECKS
POOL APRONS and MORE**

East Coast Tree Works

"Serving all of RI, Southern MA & Eastern CT"
Fully Insured
(401) 766-9449
(401) 338-7442 cell

NOW ACCEPTING
DISCOVER VISA MasterCard American Express

- Bucket Truck & Tree Climbing
- Hazardous Tree Removal
- Large/Small Tree Pruning
- Tree Cabling, Stump Grinding
- Land Clearing, Tree Planting
- Bobcat Services
- 24 Hour Storm Damage Service

Dennis McSweeney, Owner/Licensed Arborist
"Call Today for a FREE Estimate and Great Summer Rates"

TSU Construction

Expert Tile Installation
Kitchen & Bath Remodels

Charlie Mischler Free Estimates
556-8134 Reg. #8795

Consumer Corner

Amazon Expands Its Prime FREE Same-Day Delivery Program To New Metro Areas

(NAPSA)—Good news for millions of Americans in need of last-minute travel items, spring cleaning supplies, birthday gifts and much more. Prime members in Charlotte, Cincinnati, Fresno, Louisville, Milwaukee, Nashville, Raleigh, Richmond, Sacramento, Stockton, Tucson and Central New Jersey can now enjoy unlimited Prime FREE Same-Day Delivery with Amazon Prime.



Many people can save time and money by joining a special group of online shoppers.

What You Get
Prime members in eligible areas can choose from more than a million items available for Prime FREE Same-Day Delivery including popular electronics, toys and games, home repair tools, beauty essentials, vacation must-haves and more. Customers can place an order in the morning and receive all Same-Day orders over \$35 before bedtime that very same day, seven days a week—even Sunday. Orders placed in the afternoon and evening arrive the next day.

What's In It For Everyone
Amazon Prime is an annual membership program for \$99 a year that offers customers unlimited Free Two-Day Shipping on more than 30 million items across all categories, unlimited FREE Same-Day Delivery on more than a million items in 27 metro areas, and one- and two-hour delivery on tens of thousands of items through the Prime Now app available in more than 25 metro areas.

Where To Get It
With this new announcement, Prime FREE Same-Day Delivery is now available in 27 metro areas, spanning across 1,000 cities and towns in the U.S. Metro areas include Atlanta, Baltimore, Boston, Charlotte, Chicago, Cincinnati, Dallas-Ft. Worth, Fresno, Indianapolis, the greater Los Angeles area, Louisville, Milwaukee, Nashville, greater New York City including North and Central New Jersey, Orlando, Philadelphia, Phoenix, Raleigh, Richmond, Sacramento, San Diego, the San Francisco Bay area including Oakland and San Jose, Seattle-Tacoma, Stockton, the Tampa Bay area, Tucson and Washington, D.C. Find eligible zip codes and start shopping at www.amazon.com/same-day or join Amazon Prime at www.amazon.com/prime.

In addition, members in the U.S. can also enjoy the following benefits with Amazon Prime.

- Access to unlimited streaming of tens of thousands of movies and TV episodes with Prime Video.
- Unlimited streaming of more than 1 million songs and thousands of curated playlists and stations with Prime Music.
- Free unlimited photo storage with Prime Photos. Cherished memories are safe and secure in Amazon Cloud Drive.
- Thirty-minute early access to select Amazon Lightning Deals and MyHabit.com events.
- Access to more than 1 million e-books with Kindle Owners' Lending Library. Borrow one Kindle book a month with no due date.

Learn More
Find eligible zip codes and start shopping at www.amazon.com/same-day or join Amazon Prime at www.amazon.com/prime.

KENT COUNTY HOME IMPROVEMENT SEAMLESS GUTTERS

- Seamless Gutters Installed
- Shur-Flo Leaf Protection
- No More Leaky Gutters
- Never Clean Gutters Again

Complete Gutters on Ranch House \$399 installed
(includes 80' of gutter & 40' of Downspout)

Vinyl Siding Ranch From **\$4500**
Raised Ranch From **\$7500**

Vinyl Replacement Windows From **\$275** includes installation

Call for Free Estimates **206-1777** Reg. #25748

24 HOUR EMERGENCY SERVICE



ALL PHASE HEATING & COOLING INC.

825-7600

Quality Workmanship for Over 50 Years! Servicing RI and MA

Tune Ups & Repairs • Water Filtration Systems
Well Pumps Installed

IT'S NEVER TOO LATE TO INSTALL A NEW A/C SYSTEM

Get Your A/C Checked \$119
Must Present Coupon. Not to Be Combined Expires 8/31/16

\$25 OFF Any Service Over \$125
Must Present Coupon. Not to Be Combined Expires 8/31/16

Senior Citizen & Veterans Discounts
Fully Licensed & Insured
MP2037 • MP1050
MPP6202

A-1 REGLAZING CO.

Porcelain, Ceramic Tile, Fiberglass, Formica
Rated #1 in RI on Angie's List



Bathroom & Kitchen Restoration • RI Reg. #25028
Save Up to 75% Off Replacement Cost
Call Ken Bird **374-4576** for a free Estimate
visit us at www.a1reglazing.com

"When Quality Counts"
CALL KEN TURGEON FREE ESTIMATES
Lic. #15828

K.T. PLASTERING, INC.

We Create Your Walls & Ceilings from Start to Finish

Interior Specialists

Over 40 Years Experience
(401) 823-1871

- REPAIRS • REMODELING
- NEW CONSTRUCTION
- CEILINGS & WALLS

Licensed Arborist #639 Fully Insured

TALL TIMBER TREE SERVICE



- Free Estimates
- Tree Pruning & Trimming
- Tree Removal
- Bucket Truck
- Stump Grinding
- Brush Chipping

24 Hour Emergency Service
474-8839 ask for Joe

FINE CUT LANDSCAPING:

Weekly or Bi-weekly Lawn Maintenance, Mulch Beds, Trim Shrubs, Tree Work. POWERWASHING. Rich, (401)347-6730.

RON'S HANDYMAN SERVICES:

The only Handyman to call! NO JOB TOO SMALL Interior/Exterior Painting, Carpentry, Doors, Windows, Power Washing, Laminate Floors, Siding, Dump Runs, Decks, and so much more. For Fast, Courteous Service call Ron at 401-480-7694. Reg. #36981.

SUMMER CLEAN-UP:

Yards raked, lawns mowed, shrubs trimmed, trees cut down, brush hauled away, debris hauled away. Quality work. Excellent rates. Doug, 826-3444.

DEUS LANDSCAPING

LANDSCAPE & MASONRY CONSTRUCTION

Landscape Design • New Planting
Mulching • Sod & Seeding Lawns
Backhoe, Grading & Power Raking • Stone Walls
Brick & Cobblestone Walks, Patios & Driveways

Senior Citizen's Discounts
Other Discounts Available

828-6939
524-0503 cell

Over 40 Years in Business
Reg. #9526



REYNOLDS Painting & Powerwashing

Quality Work & Affordable Prices

DON'T DELAY! CALL NOW TO BOOK THIS SEASON!

- Interior/Exterior Paint
- Stain and Deck Refinishing
- Wall Paper Removal
- Wall Repair

Insured. RI Reg. #17431 **(401) 258-1659**



DEMOLITION MAN

BOILERS/OIL TANKS REMOVED

Fast, Reliable & Courteous

Free Estimates Div. of Field Work **864-9917** Reg. #26496 Insured

Don't let a Full Septic Tank Ruin Your Party Plans

RHODE ISLAND SEPTIC SERVICES

CELEBRATING OVER 60 YEARS SERVING ALL OF RHODE ISLAND



GET IT DONE! \$10.00 OFF WITH THIS AD

EXPERIENCE YOU CAN TRUST

Septic System Design & Installation
Commercial & Residential • Chemical Treatments
Systems Installed • Line Rooting
Class 1 Designer License

397-3167 www.RI-Septic.com

DISCOVER VISA MasterCard

Home Improvement

Ed's Ceramic Tile

Ceramic Tile, Marble & All Types of Flooring
Kitchens • Baths • Etc.
Repaired or RegROUTED
40 Years Experience
Free Estimates
215-0152
setilecompany@aol.com
Reg. #2937

Joseph Farias & Son Masonry Inc.

ALL MASONRY WORK
Chimney - Fireplace - Walkways - Driveways - Repairs
NORBERT FARIAS, Owner/President
Office: 401.397.4860 - Mobile: 401.559.6314
1031 Victory Hwy., Greene, RI 02827 Reg. 6458

STURDY STEEL HANDRAILS

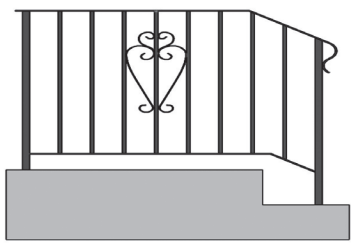
Get a Grip- Don't Slip!

Design, Fabrication, Priming, Painting & Installation all included in our services!!!

FREE ESTIMATES!!

10% Senior Discount

Call us at (401)828-1919



RAILINGS by LITTLE RHODY - in Coventry, RI since 1963.



Floors - All Types
Kitchen & Bath
Updates
Decks • Doors
Windows
General Repairs

Paul Lavoie
401.474.7940
R.I. Reg. No. 8476 Insured

CESARIO PAVING CO.

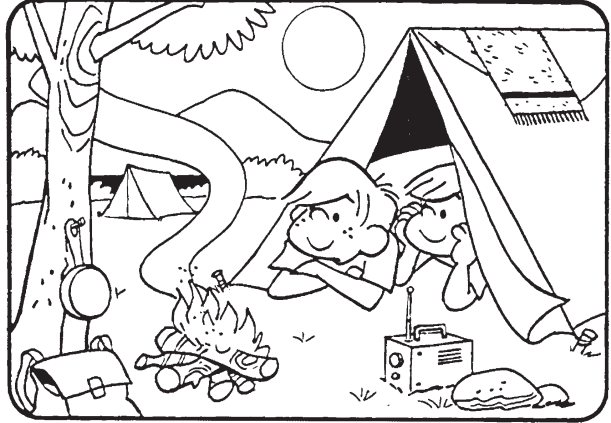
Established 1950
ASPHALT DRIVEWAYS
PARKING AREAS
SEAL COATING
3rd Generation Pavers
486-4561 • 739-4372

Realistic Painting

25 Years Experience
Interior/Exterior
Good Standing with BBB
401-481-2534
Licensed & Insured

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Frying pan is missing. 2. Tent is missing. 3. Sun is lower. 4. Radio is missing. 5. Tent flap is different. 6. Towel is missing.
New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com

INTERIOR & EXTERIOR PAINTING
Neat • Reliable • Affordable
Professional Work Done by
ART'S PAINTING 397-4059
3 Generations of Painting • Reg. #171

24 HOUR BURNER SERVICE • FREE ESTIMATES
UNITED MECHANICAL INC.
GAS & OIL
24 HR. OIL EMERGENCY SERVICE
AIR CONDITIONING & HEATING • PLUMBING
SALES • SERVICE • INSTALLATION
Book Now and Save!
Summer A/C and Heating Specials
Offer expires July 31, 2016
Yearly Contracts Available
2 Starline Way, Unit 4 Cranston, RI 02921
Tel: 401.228.7511 • Fax: 401.270.3477
www.unitedheatingsvc.com
MPF 1515 MR 1515

STUMP GRINDING



Tired of Mowing Around Those Stumps?
Call/Text Robert 465-4546
FISHER CAT ENTERPRISES, LLC

HARDWOOD FLOOR INSTALLATION AND REFINISHING
Laminates, Tile, General Carpentry
& Stair Renovations
598-7641
www.falconhomeimprovement.com
Insured Reg. #26293 Free Estimates

AMD Landscaping Inc.
Landscape Design & Construction
Patis • Retaining Walls • Outdoor Fireplaces • Kitchens & Outdoor Living Spaces
Complete New Construction • Pavers • Natural Stone Work • Masonry
Drainage Solutions • Lawn Installations • Site Grading • Sod • Planting
Fully Licensed & Insured **(401)632-5324** Free Estimates
AMDLandscapingRI.com

HIGH QUALITY, AFFORDABLE TREE CARE SERVICES SINCE 1978

Little Rhody Tree Service
Tree & Stump Removal • Pruning • Climbers
Bucket Truck • Landscape Construction
Planting • Diagnosis • Insect & Disease Control
Deep Root Fertilization • Cabling & Bracing
Consulting Arborist
Mike Difranco, Licensed Arborist
Emergency Service • Fully Insured • References
401-206-9616

FREEMASONS TO COLLECT HOSPITAL SUPPLIES

The Freemasons are collecting many types of hospital supplies that may be loaned to residents of RI at no charge. Call 246-0865 or 453-4650 for pick-up or delivery.

JAYCEES & DVDS4VETS

The JAYCEES and their Foundation will be coordinating volunteers for in-kind donations of DVD's media for distribution to Veterans in areawide Hospitals, Clinics and for personal use as well. DVDs4Vets is a non-profit Charity Service which allows the public to locate local Veterans Hospitals, Clinics, Centers and State Vet Homes, in order to donate new and used DVD's. Simply contact the Kent County JAYCEES at 828-9191 or email wwJAYCEESkc@aol.com

Quatro Concrete Construction, Inc.



DECORATIVE CONCRETE
Stamped Concrete • Exposed Aggregate
PATIOS • POOL APRONS • SIDEWALKS • DRIVEWAYS
Proudly Serving the Ocean State for 24 Years
(401) **647-3881**
quatroconcrete.com
FOSTER, RI
ALLI QUATRO, LICENSE #567

J.M.S. CONSTRUCTION

All Phases of Construction and All Your Masonry Needs
Roofing & Chimney Solutions
Decks • Windows • Doors
Fences • Vinyl Siding • Sheds
Remodeling • Tile Work • Etc.
Walls • Walkways
Fireplaces/Chimney Solutions
Pool Aprons • Concrete Work
Brick & Cobblestone
Fully Licensed & Insured
Reg. #18168
Jose Silva
(401) **615-3816**

PROFESSIONAL SHRUB TRIMMING:
Free Estimates. Fully Insured. Call John, 401-539-1598.

ELECTRICIAN: Licensed & insured. No job too small. Free estimates. Jay, 996-5532.

NEW, REBUILT Chimneys, Walls, Walkways, Patios. Also Powerwashing & Chimney Cleaning. Insured. 369-0008, Joe.

ROOFING, Gutters, Chimneys, Carpentry, Painting, Slate Roof Repairs. RI #12186. Call Mike, 405-6187.

For All Your **LANDSCAPE MATERIALS**
Decorative Crushed Stone
(14 Different Colors)
• Black Mulch • Hemlock • Rotten Rock
• Brick/Mason Sand • Natural Cedar • Screened Loam
• Cobblestone • Patio Blocks • Stone Dust
• Colored Cedar • Pine Mulch • Wallstone
• Colored Hemlock • Playground Chip
• Compost • Pool Sand
• Concrete Sand • Processed Gravel
• Fill • Reground Asphalt
• Hemfir • Rice Stone
PICK UP & DELIVERY
We Sell **POST WOODWORKING SHEDS** Constructed on Site
C&A LANDSCAPE MATERIALS
1350 Nooseneck Hill Rd., Rt. 3, Coventry
- OPEN 7 DAYS -
822-2265
Proudly Serving Our Customers for Over 20 Years
www.camaterials.com

IDENTITY THEFT

While Identity Theft Is Down, Friendly Fraud Is Up

(NAPSA)—While the number of cases involving identity fraud are down, certain consumer costs attributed to fraud actually increased in 2010. This demonstrates why consumers need to stay vigilant.



While fraud incidents decreased in 2010, consumer out-of-pocket losses due to identity fraud actually increased.

Those are just some of the key findings from the 2011 Identity Fraud Survey Report.

The survey also found that:

- The number of identity fraud incidents decreased by 28 percent over the past year. Approximately 3 million fewer adults were victimized by identity fraud in 2010, compared to 2009. This is the largest single-year decrease since the survey began monitoring identity fraud in 2003.

- At the same time, consumer fraud costs increased in 2010. Specifically, the “mean” consumer out-of-pocket fraud amounts due to identity fraud increased 63 percent, from \$387 in 2009 to \$631 per incident in 2010.

- “Friendly fraud” is on the rise. Fraud perpetrated by people known to the victim, such as a relative or roommate, grew 7 percent, with consumers between the ages of 25 and 34 most likely to be victims of this type of fraud. People in this age group are also the most likely to have their Social Security number (SSN) stolen—with 41 percent of fraud victims in this group reporting theft of their SSN.

- New account fraud was the most damaging and caused the greatest losses—\$17 billion. New account fraud, in which accounts have been opened without the victim’s knowledge, can be difficult to detect and is the most likely to severely impact the victims.

The survey was conducted by Javelin Strategy & Research and sponsored by Fiserv, Intersections Inc. and Wells Fargo.

James Van Dyke, Javelin’s president and founder, advises

that consumers need to stay vigilant. Here are some tips:

- **Keep Personal Info Private**—At home or work, secure your personal and financial records in a locked storage device or behind a password.

- **Don’t Overshare on Social Networks**—Javelin reports that 36 percent of people aged 65+ do not use the privacy settings on social networks. This potentially exposes crucial information to fraudsters.

- **Be Vigilant**—Nearly half of all reported identity fraud cases are first detected by consumers. Monitor your accounts regularly and set up alerts that can be sent via e-mail and to a mobile device.

- **Learn About Identity Protection Services**—These include credit monitoring, fraud alerts, credit freezes and database scanning, some of which can be obtained for a fee and others at no cost.

- **Report Problems Immediately**—Quickly letting your bank, credit card issuers and the local police know that identity fraud has occurred can enhance the likelihood that losses are reduced and law enforcement can pursue fraudsters.

To learn more, visit the website at www.widsafety.net.

BANKRUPTCY
IN-HOME
APPOINTMENTS
STATEWIDE

Visit my website
RI-Bankruptcy.com

**FREE TELEPHONE
CONSULT**
PAYMENT PLANS

MARK S. BUCKLEY
ATTORNEY AT LAW

467-6800

We are a debt relief agency that helps people file for bankruptcy protection



Want to raise funds for your organization?

HENRY'S CHRISTMAS TREE FARM
has **SPECIAL GROUP RATES** in quantities
of 50 or more on Christmas Trees

7-8' \$17 • 6-7' \$12

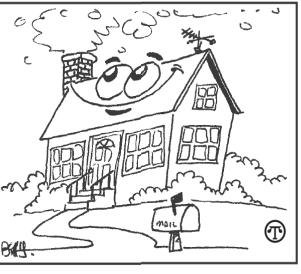
Call us Now at **401-821-3778**

Additional discounts on Larger Quantities

It's difficult to think anything but pleasant thoughts while eating a homegrown tomato.
—Lewis Grizzard

Did You Know?

(NAPSA)—In an effort to provide do-it-yourselfers the highest-quality products to beautify all exterior wood surfaces, Behr has a variety of premium stains and finishes available exclusively at The Home Depot. Learn more at www.behr.com.



Chase Freedom customers can sign up to earn a total of 5 percent cash back on up to \$1,500 in purchases on gas, airline, hotel and car rentals this summer. You can learn more and sign up for the fun and the savings online at www.chase.com/freedom.

and other fee protections. To learn more, visit www.federalreserve.gov/creditcard.

You can now upgrade movies you already own to Blu-ray for a nominal charge. Dozens of popular titles are available to upgrade through the Warner Bros. Home Entertainment Group DVD2Blu upgrade program. For a list of titles, visit www.DVD2Blu.com.

Adding grilled shrimp to leafy greens can convert a simple salad into a delicious, protein-packed meal. If you are looking for a healthier way to satisfy your need for nutrition and taste, try a recipe from The Shrimp Council. For more information, visit www.eatshrimp.com.

In an emergency situation, such as an outbreak of food-borne illness, a power outage, natural disaster or a food product recall, call the USDA Meat and Poultry Hotline at (888) MPHOTline, or (888) 674-6854; type a question into “Ask Karen” (www.AskKaren.gov); go to www.fsis.usda.gov; or go to www.befoodsafe.gov.

The new paperback book “Handy Dad,” by Todd Davis, host of HGTV’s “Over Your Head,” is chock-full of creative and inexpensive ways to keep families entertained for hours building things. It’s available where books are sold or online at www.chroniclebooks.com, or you can call (800) 759-0190.

Under new regulations from the Federal Reserve, if your credit card company increases your card’s Annual Percentage Rate (APR), it must tell you why. Other new rules address penalty fees

With a little help from On Demand digital cable services, families don’t have to travel far to experience other cultures, create unique crafts or hone their cooking skills. For ideas, check out www.thisiscable.com.

Energy Matters

A Beautiful Way To Conserve Energy

(NAPSA)—Going green doesn’t have to mean giving up the comforts of home.



An attractive, programmable thermostat can be a cool way to save money on energy.

What You Can Do

Here are hints that may help:

- **Paint the walls** of your home a light color. Dark colors absorb light and require more energy to achieve the same effect. Light colors conserve energy while helping your home seem brighter and more cheerful.

- **Plant windbreaks, trees and shrubs** around your house to beautify and protect your home.

- **Check your filters regularly** during periods of high use. Replacing dirty filters increases efficiency, promotes better health and saves money, too.

- **Utilize a programmable thermostat to manage energy consumption** and reduce your energy costs. A programmable thermostat can make a big difference in controlling your heating and cooling energy costs. It will provide a comfortable indoor climate while you are home and reduce wasted energy when you are asleep, at work or away on vacation.

One such thermostat can beautify your home as well. That’s because it works like a digital picture frame to show your own photos. It even comes with customizable faceplates, wallpaper backgrounds and screen savers, such as slide shows and clocks.

This multifunctional, simple-to-use, programmable touch-screen thermostat has more than a dozen preset themes, including nature and holiday themes. Each theme has separate photos, displaying daytime and nighttime scenes, including the sun for day and the moon for night. Whether you choose from the available themes or use your own photos,

your thermostat becomes a small piece of wall art that’s engaging to use.

It’s compatible with virtually every type of heating and air-conditioning system and is only about half the price of competitive programmable thermostats that don’t have photo themes.

Up to 100 photos can rotate as a slide show in screen saver mode, and personal photos may also be selected as the background wallpaper for the thermostat.

With four programmable periods per day, this richly featured thermostat also comes with easy-to-use software to adjust preferences, alerts, daylight savings time, and vacation, security and overall system settings. An “At-a-Glance” screen clearly shows the heating and cooling status, time, and room temperature. Outside temperature can be displayed, too. You can even get reminder alerts right on the thermostat when it’s time to change the filter or call for service. Called ColorTouch, it’s available from Venstar, a leader in thermostats.

Learn More
For more information, visit www.venstar.com/Thermostats or call (818) 812-9930.



Preparing Pets for Disasters

DEAR PAW'S CORNER: I live in a part of the country that rarely sees extreme weather events like tornadoes, hurricanes, floods or blizzards. So I never gave much thought to having a disaster-preparedness kit. However, a couple of weeks ago my neighbor’s house caught fire and burned down. Thankfully no one was injured, and they did not own pets, but it got me thinking about how I would care for my cat and dog in an unforeseen disaster.

I put together a small disaster kit that I keep in the trunk of my car, stowed out of the way. It has copies of my pets’ medical records, two extra leashes and collars with extra ID tags attached, a few single-meal pouches of dog and cat food, a gallon of water and a couple of old T-shirts for emergency bedding (which hopefully have a familiar scent to help them feel at home). If we have to leave very quickly — and in a fire there is no time to try and grab anything, except family — I have a little less to worry about afterward. — Sara in Washington

DEAR SARA: That’s a great idea, and a very important point about priorities in a disaster — natural or otherwise, like a house fire. Time is essential, so first, get to safety, and worry about paperwork much later.

Preparing a pet-care kit is an important part of disaster planning. Sit down with your family to discuss how you will handle events like house fires, evacuation orders or other emergencies. You also should put together a list of local and federal agencies and organizations that can help you during and after a disaster.

Send your tips, questions or comments to ask@pawscorner.com.

A good meal makes a man feel more charitable toward the world than any sermon.
—Arthur Pendenys

Cookery has become a noble art, a noble science; cooks are gentlemen.
—Robert Burton

The discovery of a new dish does more for the happiness of mankind than the discovery of a star.
—Antheleme Brillat-Savarin

A hungry stomach seldom scorns plain food.
—Horace

R.W. WARNER
MOVING & TRUCKING CO.

Servicing Your Moving Needs Since 1960

Across the State or Around the Corner
Call Warners
821-0029

R.I. MC. - 234

AURORA FUEL

“Quality Home Heating Fuel at a Low Price”

- Automatic Delivery Available
- Heating Assistance Vendor
- Call For Lowest Rate

(401) 345-5996

Lic. #31

Salmon River Veterinary Service, LLC

Mobile Veterinary Service
LASER SURGERY
LASER THERAPY
FELINE SPAY/NEUTER

RYAN LOISELLE, DVM
793-0092
salmonrivervet@yahoo.com
rimobilevet.com

Now Accepting Crafters!

Space is limited, reserve your spot today.
For info or to register please email dmsptocraftfair@gmail.com

Deering Middle School, West Warwick
HOLIDAY CRAFT FAIR
November 5th, 8am to 4pm
100+ Crafters – 8’x10’ Wall Space

Scituate
PORTABLE RESTROOMS INC.
DAILY - WEEKLY - MONTHLY
SERVICED & SANITIZED WEEKLY

946-0700
26 Green Hill Rd., Johnston

- Construction Sites
- Special Events
- Private & Public Functions
- Handicap & Deluxe Units

Lic. #586

SEE IT!
TOUCH IT!
SHOP LOCAL

.....and have it home with you today!

WE BUST OUR CUBES FOR YOU!
3LB. BAG OF ICE
\$2.00
 1495 Main St., West Warwick
 Across from Roch's
 Mon.-Sat. 10-6

Looking for an Aggressive Family Law Attorney
 with extensive experience in
DIVORCES, CUSTODY, VISITATION, RESTRAINING ORDERS AND CHILD SUPPORT CASES?
 Evening Appointments Available
 Free Consultations
 CALL **DAWN M. COOK, ESQ.**
(401) 331-9610

ROSSI AUTO CARE
Sales & Service, Inc.
 22 Tiogue Ave., West Warwick
 822-1660

CUSTOM EXHAUST SPECIALIST
 All Work 100% Guaranteed
FLOWMASTER
MAGNAFLOW

Hot Summer Savings!

Stay Cool! A/C Recharge Special \$99.00*
*Parts Extra. most vehicles • expires 8-23-16 • with this Coupon cannot be combined with any other special

QUALITY USED CARS
 Trades Welcome
 Guaranteed Financing
 Cars Arriving Daily

Oil, Lube & Filter
 Plus safety check
\$19.99* (Reg. \$24.99)
*Up to 5 qts. Oil most vehicles • expires 8-23-16 • with this Coupon cannot be combined with any other special

WANTED ANY JUNK VEHICLE
 Highest Prices Paid!
 Paying \$100-\$500 cash
 Same Day Removal
 Call 474-5723 anytime

THE HEAT IS ON! CALL FOR YOUR QUOTE TODAY!

AIR CONDITIONER
 • Installations
 • Add-Ons
 • Annual Maintenance

DUCTLESS MINI SPLITS
 • Quiet
 • Energy Efficient
 • Easy Installation

NEW CUSTOMER SPECIALS - CALL FOR MORE INFORMATION.
24 HOUR SERVICE
DIONNE & SON'S FUEL OIL
 Sales • Service • Heat & A/C Installations
 821-9266
 PO BOX 369, COVENTRY • FAX 823-9164
Licensed & Insured, RI Pet Dealers Lic. #133, MPF #8170, MR #6170

FREE CLASSES FOR RI SENIORS
 Artists' Exchange, 50 Rolfe Square in Cranston is offering FREE classes to RI Seniors. Artists' Exchange offers free and engaging classes in art, ceramics, theater & music for all ages and abilities. Free classes run Monday-Friday, 10:30AM-12PM & 12:30-2PM. Art classes are offered in painting, drawing, mixed media & ceramics. Theater classes are for beginner, intermediate & advanced actors. Space is limited. Seniors please call 490-9475 to reserve a spot in one or more free classes.

Did You Know?

(NAPSA)—Geothermal units such as those from WaterFurnace International, Inc. feature two-speed compressors that let the units run longer at partial capacity, reducing frequent on-off cycles and improving efficiency and comfort. Learn more at www.waterfurnace.com or (800) GEO-SAVE.

 Everyone—from large corporations to small mom-and-pop businesses—can afford to create professional-looking marketing materials and Web sites with a subscription-based, online stock image agency, such as Shutterstock, which has 7.4M images available. To learn more, visit www.shutterstock.com or call (866) 663-3954.

 The enduring designs of door-glass, such as ODL's Veranda External Grille, can be tailored to fit your lifestyle, create curb appeal and personalize your home. For more information or to locate a dealer near you, please visit www.ODL.com or call 1-800-769-0759.

 You can learn about reverse mortgages and national banks at HelpWithMyBank.gov. To talk with an information specialist from the U.S. Office of the Comptroller for the Currency's Customer Assistance Group, in English or Spanish, Monday through Friday, 7:00 a.m. to 7:00 p.m. CST, call (800) 613-6743.

 In an effort to ensure a fantastic feast, the American Meat Institute has released new recipes and grilling tips guaranteed to satisfy a hungry man. Both can be found online at www.meatpoultrynutrition.org.

Sacred Heart
 May the Sacred Heart of Jesus be adored, glorified, loved and preserved now and forever. Sacred Heart of Jesus pray for us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us.

Say this prayer (9) times a day for (9) days. Publication must be promised.

MAI

RAFFLE TICKETS AVAILABLE FOR THE JOHN H. URWIN III MEMORIAL SCHOLARSHIP FUND FUNDRAISER
 The Annual Fundraiser to benefit the John H. Urwin III Memorial Scholarship Fund Grand Prize will consist of (5) tickets to Gillette Stadium to see the NE Patriots vs. the NY Jets on December 24 at 1PM. Tickets are \$10 each and are available at Gel's Kitchen, 1745 Main Street, West Warwick; Big D's Sports Apparel & Collectibles, 749 Tiogue Avenue, Coventry; or by contacting Laurie or John at 826-1746. The Drawing will take place on September 24 immediately following the Pasta Dinner to be held at the Coventry Community Center. Visit www.jhiii.com for more information.

TLC SEPTIC SYSTEMS
 Design and Installation

Selling your home? All Cesspools in RI are subject to the RI Cesspool Act of 2007 and will need to be replaced with an ISDS Approved Septic System within one year of the closing date

- Foundation Digging
- Land Clearing and Grading
- Class 1 License
- Registered Septic Contractor

Call today for a FREE ESTIMATE
401-392-3300

Monday - Saturday 8am-5pm; Sunday 9am-3pm
www.tlcrhodeisland.com

VISA MasterCard

Notice of the disposal and or sale of personal property in accordance with the provisions of the Rhode Island State Statutes, Chapter 42, Title 34-42-4 enforcement of the Self-Storage Facilities Operator's Lien, the property in the listed units will be disposed of on 08/24/16 10:00am at the premises of TLC Mini Storage, 389R Mishnock Rd., W. Greenwich RI 02817 (401)392-3300. TLC Mini Storage reserves the right to cancel this sale at any time for any reason.

Unit B18 Susan Standish
Unit 74 Phillip Laporte
Unit 136 John Maher
Unit 160 Tom Imondi

Terms: Cash or Certified Check. Pre-registration required. TLC Mini Storage reserves the right to cancel this sale at any time for any reason, and hereby gives notice of it's intention to bid at such sale and any postponement or adjournment there-of.

FIREWOOD FOR SALE: JW Studley & Sons. Cut & split seasoned wood. \$250/cord. Est. 1982. Not a fly by night! 641-0212.

COMPUTER SERVICES: Affordable Repairs, Upgrades, Data Recovery. Expert Services, A+ Certified. Paul, 996-5517.

Novena to the Sacred Heart

I give thanks for the favor granted by the powerful Novena made to the Sacred Heart.

May the Sacred Heart of Jesus be praised, adored and glorified through the whole world forever. Amen.

Say this little prayer (6) times a day for (9) consecutive days, your prayer will be answered before the 9th day, no matter how impossible it may seem to you.

Don't forget to thank the Sacred Heart.

Publication promised. Many favors received.

DAL

LITERACY VOLUNTEERS OF KENT COUNTY OFFERS ENGLISH LESSONS
 Learn to speak, read & write English. Enroll in Literacy Volunteers of Kent County's free learning program. In just a few hours per week, you can improve your English skills in speaking, reading and writing. You will be paired with a Tutor who will instruct you, one-on-one according to your individual needs. Lessons are scheduled at your convenience and all information exchanged remains confidential. Please call 822-9103 or email lvkc@coventrylibrary.org for more information.

WEST GREENWICH HAPPY SENIORS
 The West Greenwich Happy Seniors are looking for new members. This group meets (2) Mondays per month at the West Greenwich Elks Lodge on Rte. 3. They play Bingo and go out to eat at local restaurants. Call Jean at 822-9144 for more information.

IGA RECEIPTS FOR LIBRARIES OF FOSTER
 The Libraries of Foster are still collecting IGA grocery receipts. They are able to put them to good use.

CLEANUPS of attics, cellars, garages, buildings, yards. Leaf Cleanups, etc. Some cleanouts for content. Anything hauled away. Antiques and furniture bought. Very reasonable. Free estimates. Call anytime for your small moving needs. 397-2781 or 741-2781.

Jamie Italiane-DeCubellis, D.D.S.

Caring Family Dentistry
Accepting New Patients
 Open Monday-Friday and Some Saturdays
We Pride Ourselves in Gentle Dentistry for the Entire Family!

OFFERING:
 General Dentistry, Cosmetic Dentistry, Teeth Whitening, Dental Implants, Root Canals Therapy, Extractions, Nitrous Oxide, Oral Surgery and Periodontal Care

ACCEPTING EMERGENCIES - SEEN SAME DAY
 Interest Free Financing Available • Accepting Most Insurance Plans

Check us out at www.healthyteethri.com • Email us at healthyteethri@gmail.com
 Find us on Facebook@Dr.Jamie.ItalianeDeCubellisDDS

Or Call Us at 401-828-7070
 325 South Main Street, Coventry, RI

TOP DENTISTS

Friendly SEPTIC
732-3234

Our Prices are So Low, No Coupons Necessary!

1,000 Gallons..... \$180
1,500 Gallons..... \$245
2,000 Gallons..... \$310

www.FriendlySeptic.com

Services:
 • Grease Pumping
 • Septic Pumping
 • Septic Regeneration
 • Septic Inspection

Timothy A. Williamson Esq. **WILLIAMSON LAW** **Tara L. Fontaine Esq.**

- Personal Injury
- Divorce
- Child Support

600 Tollgate Road, Warwick RI 02886
(401)739-8500
Tawilliamsonlaw@gmail.com

- DUI/Refusals
- Criminal Matters
- Employment Law

"...Where Dreams Begin!" **Lets Dance STUDIO**

Please visit our new website: www.letsdanceww.com

289 Cowesett Ave., (Cowesett Plaza)
 West Warwick 828-4870

Angela Coburn-Director
Gary Coburn-Director

Former Choreographer for Walt Disney World
 Certified by Dance Masters of America

"Where Dreams Come True...!"

Fun Family Atmosphere

REGISTRATION
MONDAY, AUGUST 22nd
AND
TUESDAY, AUGUST 23rd
BETWEEN 1PM & 7PM

Low Family Rates
 JAZZ • TAP • BALLET • HIP HOP
 PRE-SCHOOL • LYRICAL AND GYMNASTICS

FREE FELLOWSHIP DINNER
AT CORNERSTONE OF FAITH UMC
 Cornerstone of Faith UMC, 1081 Main Street, Coventry, will hold a Free Fellowship Dinner on the last Saturday of each month at 5PM. Please call 821-1931 for more information.

ANTIQUe TRUCK SHOW
 The RI Antique Truck Club will hold their Annual Antique Truck Show on August 28 from 8AM-3PM (Rain or Shine) at the RI-CONN Historical Air Field, 2357 Plainfield Pike (Rte. 14), Coventry. Entry Fee \$10 per Show Vehicle PLUS a donation of a canned good(s) for the Food Drive to benefit the RI Community Food Bank. Visitor Admission is 5 (or more) canned goods or \$5/person. For more information, call Roger or Jackie at 647-7226.

COVENTRY-WEST GREENWICH ELK'S VETERAN'S FUNDRAISER GOLF TOURNAMENT
 The Coventry-West Greenwich Elks will sponsor a Veteran's Fundraiser Golf Tournament at Coventry Pines, 1065 Harkney Hill Road, Coventry, on September 10. Shotgun start at 9AM, played in a Scramble format. For more information, call Frank at 828-8438 by August 27.

COVENTRY HIGH SCHOOL CLASS OF 1961 50 YEAR REUNION
 Coventry High School Class of 1961 will hold their 55th Reunion on September 22 at Richards Pub in East Greenwich at 2 PM. \$30 per person. We will have a light lunch with cash bar available. Please send checks no later than September 8 to Joyce Gallup, 279 Siler Lake Avenue, Wakefield, RI. Questions, call Jack, 922-9999.

COVENTRY HIGH SCHOOL CLASS OF 1974 REUNION & 60TH BIRTHDAY PARTY
 The Coventry High School Class of 1974 will hold their 42nd Reunion/60th Birthday Party at 7PM on September 3 at Nautika Restaurant, 28 Water Street, East Greenwich. Join us on facebook, Coventry High School Class of 1974 Reunion. Not on facebook? Email your contact information to coventryhsclass1974@gmail.com or call Bev D., 639-4906.

LIBRARIES OF FOSTER STORYTIMES
 TYLER FREE LIBRARY offers Storytimes every Wednesday at 10AM for infants-2 1/2 year olds and at 10:45AM for 3-5 year olds.

BOY SCOUT TROOP #31 MEETINGS
 Boy Scout Troop 31 meets Wednesday nights at 7PM at Christ the King Church. All boys ages 10-17 are welcome.

FENWAY PARK BUS TRIP
 There will be a Catholic Night Fenway Park Bus Trip on September 12 to watch the Boston Red Sox vs. the Baltimore Orioles at 7:05PM. Bus leaves from SS Peter & Paul Parking Lot at 4:45PM (arrive at 4:15PM) and will return at approximately 11PM. Cost is \$70/person and includes ticket and transportation. Call 821-2198 for more information.

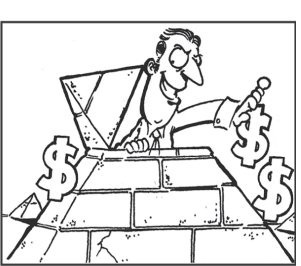
13TH ANNUAL RIDE FOR HOPE
 The 13th Annual Ride For Hope in memory of John Fontes, Sr. will take place on September 18. Registration begins at 9AM and the Ride starts at 11AM. The Ride begins and ends at the Mishnock Barn, 200 Mishnock Road, West Greenwich. Post Party includes lunch, live music, raffles, pig roast and rodeo. Fee is \$25/person. All proceeds benefit ALS (Lou Gehrig's Disease). Call Bob at 822-4917 or 263-4626 for tickets or more information.

COVENTRY MEN'S CLUB STEAK FRY
 The Coventry Men's Club, Phillips Hill Road, Coventry, will hold a Steak Fry & Chicken Dinner on August 19 at 7PM. Live music will follow. Steak Dinner \$15, Chicken Dinner \$12. Reservations MUST be made by August 17 by calling 385-3536.



- On Aug. 24, 79 A.D., Mount Vesuvius erupts in southern Italy, devastating the prosperous Roman cities of Pompeii and Herculaneum, and entombing thousands under a thick layer of volcanic material and mud. In the 18th century, the cities were rediscovered and excavated.
- On Aug. 22, 1864, the International Red Cross is founded in Geneva after being advocated by Swiss humanitarian Jean-Henri Dunant. The international emblem, a red cross on a white background, is the Swiss flag in reverse.
- On Aug. 25, 1875, Matthew Webb, a 27-year-old merchant navy captain, becomes the first known person to successfully swim the English Channel. Webb accomplished the 21-mile crossing, which really entailed 39 miles of swimming because of tidal currents, in just under 22 hours.
- On Aug. 27, 1883, the most powerful volcanic eruption in recorded history occurs on Krakatau, a small volcanic island in Indonesia. Heard 3,000 miles away, the explosions threw 5 cubic miles of earth 50 miles into the air, created 120-foot tsunamis and killed 36,000 people.
- On Aug. 23, 1926, the death of silent-screen idol Rudolph Valentino at age 31 sends his fans into a hysterical state of mass mourning. Some 100,000 mourners lined the streets outside the New York City church where funeral services were held.
- On Aug. 26, 1957, the Soviet Union announces that it has successfully tested an intercontinental ballistic missile (ICBM) capable of being fired "into any part of the world." Following his election in 1960, President John F. Kennedy made missile development and the space program priorities.
- On Aug. 28, 1968, at the Democratic National Convention, tens of thousands of protesters against the Vietnam War battle thousands of police in the streets of Chicago. Fights also broke out on the convention floor, and delegates and reporters were beaten and knocked to the ground.

© 2016 King Features Synd., Inc.



The term Ponzi scheme is named for the pyramid investment scheme devised by Charles Ponzi in 1920. Ponzi promised a 50 percent return in six months but investors ended up losing millions of dollars.

Mon.-Sat. 7:00 AM to 9:00 PM
 Sunday 7:00 AM TO 8:00 PM
www.rochs.com
 SALE DATES: August 17 - August 23

ROCH'S FRESH FOODS
 Taste why "fresh" is our middle name

HAVING A PARTY? we have... FRUIT & VEGGIE TRAYS

SPECIALS FOR WEST WARWICK STORE ONLY!

Southern Peaches.....	.99 lb.	Large Green Bartlett Pears.....	1.29 lb.
Cantaloupes.....	2/\$3	Local Green Cabbage...	.69 lb.
Romaine Lettuce.....	.99 hd.	Fresh Cut, Red, Ripe Watermelon.....	.59 lb.
Assorted Varieties Sclafani Pasta...2/\$3			

1480 Main Street, West Warwick • 828-4554 Wholesale Distribution Center 30 Arnold Farm Road, W. Greenwich • 392-4230

Newly Renovated

POTVIN~QUINN FUNERAL HOME
 Family Owned Since 1857

New Entrance *Beautiful Lobby* *Large Chapel*

Traditional Funerals to Simple Cremation Services
 Pre-Arrangements & Pre-Financing Available

Funeral Directors:
 Paul C. Potvin, Manager
 Michael F. Quinn, Patrick J. Quinn, Jerome D. Quinn,
 Stanley G. Larson and Christopher P. Quinn

45 Curson Street, West Warwick, RI 02893
 Office (401)821-6868 • Fax (401)821-0011
 Email Office@potvinquinnfuneralhome.com • www.potvinquinnfuneralhome.com

SUPPORT OUR LOCAL Shops & Restaurants

The REMINDER 2ND SECTION

Rhode Island's First Buyers Guide

August 16, 2016
Volume 62 • Issue 14

At Your Service	3
Automart	18
Child Care	8
Entertainment	23
Home Improvement	9-13
Job Market	8
Puzzle Page	6
Reader Ad Form	4
Real Estate	21
Yard Sales	22

Hey Kids! Look Cool for Back to School
Call for an Appointment Today!

Now Offering Paul Mitchell Lice Guard Products.
Help Repel **DREADED** Head Lice!

10% Off Lice Guard Products with Back to School Cuts.
Must present coupon. Expires 8/31/16



Susan Michaels Salon
A Salon for the Whole Family

WOMEN | MEN | KIDS CUTS
COLOR | FOIL | STRAIGHTENING
STYLES/UPDO'S
FOR ALL OCCASIONS
MANI/PEDI | ACRYLIC/SHELLAC
FACIAL WAXING | THREADING

By appointment • Walk ins Welcome when available • Gift Certificates
83 Sandy Bottom Rd., Coventry • 822-4242 Tues. & Wed. 9:30-8, Thurs. 12-8, Fri. 9:30-6, Sat. 9-3, Closed Sun. & Mon.

Legein Dance Academy of Performing Arts
39 Sandy Bottom Road, Coventry, RI • 822-4650

It's time to start thinking about "tutus and tap shoes and pretty little ballerinas..."

Now Accepting New Enrollments for Ages 3-Adults
Open House Registration
August 29 & 30 - 2pm-7pm

Ballet • Pointe • Tap • Jazz • Hip Hop
Musical Theater • Lyrical • Kinderdance
Modern Dance • Adult Tap



Call Today to Register Your Little Ballerina

legeindance@gmail.com • www.legeindance.com

ROCH'S MARKET
"The Tastiest Deals in Town"

THE FRESHEST MEATS

MEAT FEATURE OF THE WEEK
Fresh, Bone-In Country Style Pork Ribs **99¢ lb.**

Fresh, Lean Sirloin Tip Steaks **5.99 lb.**

Fresh, Grade A, Boneless Chicken Tenders **2.49 lb.**

Fresh, Lean Top Round Steak **2.99 lb.**

Fresh, Grade A, Bone-In Chicken Drumsticks or Thighs **89¢ lb.**

Fresh Sliced American Cheese **3.29 lb.**

Kretschmar, Sriracha Style Turkey Breast **5.89 lb.**

Fresh Sliced Corned Beef or Pastrami Round **5.49 lb.**

Fresh Sliced, Domestic Swiss Cheese **4.49 lb.**

DELICIOUS DELI DEALS

DELI FEATURE OF THE WEEK
Fresh Sliced Honey Ham **2.89 lb.**

Best Yet, 16oz. Salted or Unsalted Butter Quarters **2/\$6**

19 oz. Jack Daniel's BBQ Sauce **2/\$3**

3 pk. Best Yet Paper Towels **2/\$4**

15-19.5oz. Asst. Pillsbury Cake or Brownie Mix **4/\$5**

3 oz. Nissin Ramen Noodles **6/\$1**

6 Assorted oz. Ocean Spray Craisins **2/\$4**

32 oz. White or Brown Success Rice **2/\$6**

36oz. Lindy's Italian Ice **2/\$5**

Fresh Baked Italian Bread **2/\$3**

12 Pk. Muffin Town Corn Bread **2/\$7**

4 Pk. Assorted Gourmet Muffins **2/\$7**

7 Inch Triple Chocolate Cake **7.00 ea.**

PREPARED FOODS

Roch's Own Macaroni Salad **2.49 lb.**

Roch's Own Battered Chicken Breasts or Chicken Parm **4.99 lb.**

Fully Cooked Chicken Wings **3.49 lb.**

Roch's Own Antipasto Salad **4.99 lb.**

BACKYARD BBQ DEALS
3lbs. Chicken Leg Quarters • 2lbs. Boneless Chicken Breast
2lbs. Sausage or Boneless Pork Ribs
2lbs. Frozen Beef Patties or 80% Lean Ground Beef
2lbs. Hot Dogs • 1lb. American Cheese
2lbs. Potato or Macaroni Salad
12 Pack Hamburger Buns • 12 Pack Hot Dog Rolls **ONLY \$39.95**

STORE HOURS: Monday thru Saturday 7AM-9PM; Sunday 7AM-8PM
Join our Mailing List to Receive Weekly Specials www.rochsmarket.com

1475 Main Street & Rte. 117 • West Warwick, RI • Tel: 401.822.2660 • rochsmarket.com

Not responsible for typographical errors. Art is for illustration purposes only. We reserve the right to limit quantities. All sale items while supplies last.

Paid by People for Marzullo, Josephine Marzullo, Treasurer

MARZULLO
A REPRESENTATIVE FOR YOU

INTERNATIONAL BROTHERHOOD OF ELECTRICAL WORKERS-PROVIDENCE, RI
IBEW LOCAL 99

Tired of just having a job? Do you want an Amazing Career?
IBEW Local Union 99 is expanding again!

For over 125 years, the IBEW has been recruiting, training and providing work for the highest skilled and most efficient crafts people in the industry. We do this with a training program, safety record, wage and benefit package that is unmatched in the industry.

If you are brand new, but have an amazing work ethic, are intelligent and love to learn, then you need to talk to us! If you are a licensed journeyman who has a great work ethic, is accomplished at the craft and want to be rewarded for your commitment to the industry, then you need to speak to us! If you are licensed and a Foreman, General Foreman or Superintendent and are tired of an unbalanced reward for your investment, then you need to speak to us! If you are an electrical estimator or project manager, we may have opportunities for you also, license preferred but not always necessary!

We are testing and interviewing entry level apprentice applicants right now! We are testing and granting advanced placement to high quality registered apprentices right now! We are testing, training and welcoming into membership qualified open-shop electricians right now!

We are currently expanding our market share and job opportunities for men and women of superior stock, so what on earth are you waiting for!

jwalsh@ibew99.org • www.IBEW99.org

BREWMASTERS Neighborhood TAVERN
Strongest Ales & Tales

Grand Opening
99 MICRO BREWS 52 ON TAP!!
BrewMasters Tavern specializes in great seafood dishes, steaks, burgers, pasta and much more. Their seafood dishes are the best, and their award winning chowder is the Talk of the Town! We have the Best Lunch Specials in Town!
Sat. & Sun. Breakfast starting August 20th

brewmastersri.com

Coventry's Home for Seafood!
Lobster & Steamer Combos
Fresh Native Steamers

Served Daily
LOBSTER
Single & Twin Boiled

JUMBO SCALLOPS
WHOLE BELLIES
All Seafood Entrées Served with Cup of Chowder, Potato & Vegetable

Family Friendly

Served Daily
Take Out or Dine In
Clam Cakes
1/2 Doz. \$3.95 / Dozen \$7.50

CHOWDERS
BUY 3 QUARTS/ GET 1 FREE
Take Out Only

Friday, Saturday & Sunday
12 Noon-10 pm

Prime Rib Dinner
Served with Soup or Salad, Potato & Vegetable
1lb. King Cut \$17.99 | 12oz. Queen Cut \$14.99

Take Out or Dine In
2 Fish & Chips
1/2 Dozen, Clam Cakes, 2 Cups Chowder
\$16.99
Cannot be combined with other offers or gift coupons. Multiple Coupons Accepted. Must present coupon.

"APPY" HOUR DAILY 2-5 & 9-CLOSE
1/2 PRICE APPS • 50¢ WINGS

DAILY SPECIALS 11:30AM-2:30PM
TAKE OUT OR EAT IN

All Burgers, Pizzas & Calzones \$5.99
All Day Monday

DAILY SPECIALS - ALL DAY
Dine In or Take Out
Luncheon Lobster Roll
includes Chowder, Fries & Cole Slaw
\$9.99
Must present coupon. Cannot be combined with other offers or gift coupons. Multiple Coupons Accepted.

• Tuesday: Kick the Keg & Wing Night
• Wednesday: Pint Night (Buy a Micro Brew Get a Free Pint Glass)
• Ladies Night Every Thursday 8-12pm with Jack "The Rabbi" Picard (solo pianist)
• Live Entertainment Every Friday & Saturday Night
• Patio Seating by the River • Catering Service Available
• Book your next Party with us! Private room seats 25-30 guests

1152 Main Street, Coventry • 401-615-8989 • unlimited parking at Dave's Market Plaza
Open Daily 11:30am-1am; Serving lunch daily 11:30

Automart

F&G Salvage, Inc.
530 Nooseneck Hill Road, Exeter • 397-6360

Recyclers of:
Autos, Trucks,
Heavy Equipment,
Light Iron, Copper, Brass,
Aluminum and All Metals

Used Auto Parts For Sale

Roll Off Dumpsters Available

NOW PAYING CASH
Open Mon.-Fri 7:30am-4:30pm, Sat. 7:30am-1pm

TIRES \$15 UP

ALIGNMENT, BRAKES, ETC. \$29 UP

RHYDA TIRE CO.
"My Father's Business"
199 Providence St.
W. Warwick • 401-822-0014

Faith: Is the substance of things hoped for, evidence of things not seen.

RICHMOND DIESEL & TIRE

Passenger Tires & Light Truck Tires NEW & USED
Truck Tires NEW, USED & RETREAD
Farm Equipment Tires
Specialty Tires • Off-Road Tires
Truck Tires Road Service Available

Mon.-Fri. 7:30-4:30, Sat. 7:30-1:00
530 Nooseneck Hill Road, Rt. 3 Exeter, RI 397-2828

Toyo Tires • Mufflers • Interstate Batteries • Tires • Batteries • Oil • Lube • Filters

NAPA AUTOCARE CENTER

51 Years in Business

Hope Service Station
1 Hope Avenue, Hope, RI 02831
Call for appointment 828-2626

Tires • Batteries • Oil • Lube • Filters

G&B AUTOMOTIVE SALES • SERVICE • RENTALS

– Complete Auto Care –
DOMESTIC • ASIAN • EUROPEAN
We Keep the Service in Everything We Do.

APPLY TODAY FOR 6 or 12 MONTHS/NO INTEREST FINANCING*
*Subject to credit approval. Minimum monthly payments required. See store for details.
NAPA Easy Pay • CarCare One • Synchrony Financial

Clean, Thoroughly Inspected, Priced Right Vehicles

10% OFF PARTS & LABOR ENGINE TUNE UP
We'll Keep You Running Smoothly!
Offer ends 9/20/16

A/C Special going on now!
Be Cool, Be Happy!

– WE BUY VEHICLES –
401-828-9846 • 401-828-2940
1039 Main Street, West Warwick
www.gandbautomotive.com • gandbautomotive@gmail.com

Autos for Sale/Wanted

WANTED CARS & TRUCKS Up To \$2,500 Paid 952-3831 JUNK CARS WANTED

WANTED ANY JUNK VEHICLE Highest Prices Paid! Paying \$100-\$500 cash Same Day Removal Call 474-5723 anytime

2004 HYUNDAI SONATA: Only 97,000 miles. All new brakes. Inspected. \$3190. 347-4291.

UP TO \$5000! We Buy Junk: Unwanted & repairable autos. Call today, gone today. 266-2693.

2002 LAND ROVER FREE LANDER: Rust free. Inspected. Very nice, \$3999. 347-4291.

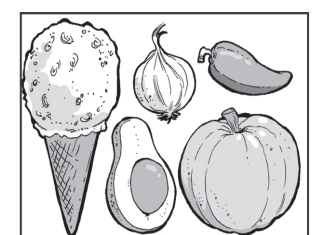
Sport Utility Vehicles

1999 DODGE DURANGO: 4-wheel drive. V-8. New battery, tires. 150,000 miles. Runs excellent. \$950. 487-1452.

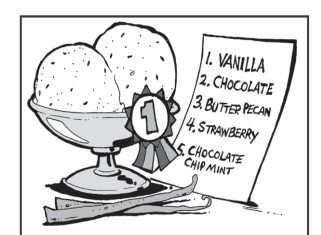
9/11 REMEMBRANCE CEREMONY
A 9/11 Remembrance Ceremony, marking the 15th anniversary of those lost lives, survivors & our local heroes in the tragic events of September 11, 2001, will be held on September 11 at 6PM at Riverpoint Community Park, 110 Hay Street, West Warwick (along the Bike Path). The public is invited as well as Clergy representation, RI's Veterans Councils & Organizations, Scout Troops, Public Safety Honor Guards and School Bands & Choruses to participate in this solemn occasion of reflection & collective resilience among our American people.



Ice cream novelties such as ice cream on sticks and ice cream bars were introduced in the 1920s. Seems like kid stuff, but today, adults consume nearly one-half of all such treats.



Among the more unusual flavors of ice cream ever recorded are avocado, garlic, jalapeño and pumpkin.



Vanilla is the most popular flavor of ice cream in the U.S.A.

Auto/Truck Parts

FIBERGLASS TONNEAU COVER: Fits all small trucks. Came off Sonoma. \$100 OBO. Call 647-2431.

Boats for Sale

1999 SEA RAY: 18' 180 Bowrider, Mercruiser I/O, Shoreland'r trailer. \$3000. 440-6922.

Motorcycles

2006 YAMAHA Roadstar 1700. Low mileage. Like new. \$4,900. 720-299-7631.

Camping Trailers

TENT TRAILER: 1985 Starcraft 21. Canvas very good. Inside needs some work. \$650. 826-2818.

CAMPER: 2011 Kodiak Tagalong. 27 Feet. \$12,000. Excellent condition. Sleeps six. 828-0993.

CAMPER: Ginny B. Was \$5500. Reduced \$3500. For information call 822-5434.

CAR CARE CORNER

Stop Vehicle Problems Before They Stop You

(NAPSA)—Whether you're taking a road trip or just commuting to work, the likelihood of your vehicle leaving you stranded is greater than you think.



Don't let yourself and your vehicle become another roadside attraction; get it maintained and serviced before you leave home.

Each year, AAA rescues 29 million stranded motorists. In 2010, the motor club expects it will jump-start or replace nearly 5 million auto batteries with its AAA Mobile Battery Service, and estimates it will change more than 3.5 million flat tires. And while AAA's well-trained roadside technicians will be able to get three out of five motorists back on the go, more than 11 million drivers will have problems that require their vehicles to be towed—many of which could be avoided with proper maintenance.

Taking care of your vehicle now can cost far less than a major repair later on. AAA recommends two fundamental things you can do to find and fix problems before they happen.

1. Identify a quality repair shop and use that facility for all your vehicle repairs and maintenance so you develop a good working relationship with them and they get to know your car.

One way to find quality auto repair facilities that meet and maintain high professional standards for training, equipment, cleanliness and customer service is to look for the AAA Approved Auto Repair sign. You can also search online at www.AAA.com/Repair.

2. Have your car serviced regularly based on the manufacturer's recommended maintenance schedule. While some maintenance and repair tasks are best left to certified automotive technicians, there are a few basics you can easily check yourself:

- Engine Air Filter—Check the

air filter every six months or 7,500 miles by holding it up to a 100-watt lightbulb. If light can be seen through much of the filter, it's still clean enough to work.

• Battery—Check the battery cables to ensure they are securely attached to the terminals. Clean the terminals if there are any signs of corrosion.

• Tire Pressure—Check and adjust tire pressures at least once a month when the tires are cold—including the spare. The manufacturer's recommendations can be found in the owner's manual or on a sticker on the driver's doorjamb.

• Tire Tread—Check the tread depth by inserting a quarter upside down into a tire groove with Washington's head facing outward. The tread should cover part of Washington's head.

• Windshield Washer Fluid—Check the windshield washer fluid reservoir monthly and test the washer spray nozzles for proper operation and aim.

• Windshield Wiper Blades—Check the blades at every oil change or whenever they fail to wipe the glass clean in a single swipe. The rubber inserts usually last six to 12 months.

ZIGGY'S AUTO SALES

"THE BEST"

BUY HERE PAY HERE

Good Credit/Bad Credit/No Credit NO PROBLEM!

3961 Quaker Lane
North Kingstown, RI 02852 (401)294-3629

Car Corner

Don't Let Low-Cost Parts Raise Your Risk And Reduce Your Vehicle's Value

(NAPSA)—According to the U.S. National Highway Traffic Safety Administration (NHTSA), some 10 million vehicles are involved in accidents every year.

If yours is ever one of them and needs repairs, it's important to remember that to keep it on the road to safety and saving, you need to avoid counterfeit, aftermarket, salvaged and recycled auto parts.

The Problem
Some people think, or are told by their insurance company, that they can save money by visiting independent repair shops that are not recognized by the automakers for collision repairs. Unfortunately, these shops may offer copies of original parts or recycled components from other collision-damaged vehicles. Often, these parts are unsafe for long-term use. Counterfeit and recycled crash parts also affect the vehicle's appearance and decrease its resale value. Car manufacturers such as Hyundai encourage the use of OEM (original equipment manufacturer) parts on all vehicle repairs because such parts are designed and manufactured to meet Hyundai's engineering specifications. Before you have your car fixed, it can be wise to find out whether the repair facility uses original equipment parts.

Hyundai Genuine Parts are manufactured to exact engineering specifications for a precise fit without modifications, ensuring quick and proper installation. They are also tested to ensure they meet the U.S. government's collision safety and crash protection standards. These parts have high reliability because they are made from high-quality materials. The NHTSA says this is espe-



Non-OEM Part



Hyundai Genuine Part

This test shows the difference between a non-OEM air bag and a Hyundai genuine air bag.

cially important when you need a new air bag.

Expert Advice
To help, Hyundai has created a consumer awareness campaign, highlighting the differences between non-Hyundai and Hyundai Genuine Parts.

"Counterfeit parts have been a growing problem over the last 30 years," said Frank Ferrara, executive vice president, customer satisfaction, Hyundai Motor America. "Customers would see short-term savings after their vehicle was repaired, not even aware that non-Hyundai parts were used to bring these repair costs down. Short-term savings can have adverse long-term implications on the vehicle and passengers, which ultimately ends up costing more. Consumer awareness is essential to addressing this issue and Hyundai is willing to do its part. The more people understand the dangers behind using non-Hyundai components and see the benefits of purchasing original parts, the less likely they are to suffer severe consequences and lose value on their car."

After the repair, it's a good idea to take delivery of your vehicle during the day and inspect it in daylight. Look for consistent gaps between panels and make sure the doors, hood and trunk open properly.

What Else You Can Do

Even before you get your car repaired, remember to do six things immediately after any vehicle accident:

1. Check everyone for injuries; call an ambulance when in doubt.
2. If you can, move all cars involved to a safe place out of traffic.
3. Turn on your hazard lights.
4. Inform the police even if the accident is minor.
5. Notify your insurance agent.
6. Take photos if you can and make notes, including specific damages to all vehicles involved, witness information and so on.

Learn More
For further facts and stats, visit www.HyundaiUSA.com/ConsumerAwareness. You can also watch the video titled "Don't Gamble with Counterfeit Parts" on the HyundaiUSA YouTube channel.

*School is Just
Around the Corner!*



Have your School Pictures or Student ID's looking Dapper with 20% Off Your Haircut*

733 Bald Hill Rd., Warwick, RI • 401.822.2898
*New Customers Only. One Per Person

EXPERIENCE THE SUPERNATURAL: Read KJV Mk 2:23, then Google Mandela Effect.

VOICE LESSONS & COACHING: 10 Years experience. Ages 9 and up. \$22 per half hour. Call Tim at 401-225-8149.

HAVE TRUCK WILL HAUL: Junk, brush, construction debris. Best prices for DUMPSTERS. 497-1282.

Prayer to the BLESSED VIRGIN
(Never known to fail). O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the sea, help me and show me here in, you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have recourse to thee (3 times.) Holy Mary, I place this cause in your hands (3 times). Say this prayer for three consecutive days. You must publish it and it will be granted to you. Grateful Thanks.
J.M.A

Now Offering Small Home Repairs!

Lincoln
PEST CONTROL
401-349-5600
www.lincolnpestcontrol.com
FREEDOM FROM WHAT BUGS YOU!

MICHAEL GERARD JEWELRY & COIN
1245 Main Street, West Warwick • 822-4150 RI Lic. #8018
Hours: Mon.-Thurs. 10am-5:30pm; Fri. till 6:00pm

Large Selection of 14Kt. Gold Chains, Charms, Bracelets and Rings Diamond Bracelets, Pendants and Rings Too! ~ LAYAWAY ~

WE BUY GOLD HIGHEST CASH PRICES PAID
We Buy and Sell Gold & Silver Coins & 999 Silver Rounds, 'Old' Paper Money

Energy Matters

A Beautiful Way To Conserve Energy

(NAPSA)—Going green doesn't have to mean giving up the comforts of home.

What You Can Do

Here are hints that may help:
• **Paint the walls** of your home a light color. Dark colors absorb light and require more energy to achieve the same effect. Light colors conserve energy while helping your home seem brighter and more cheerful.

• **Plant windbreaks, trees and shrubs** around your house to beautify and protect your home.
• **Check your filters regularly** during periods of high use. Replacing dirty filters increases efficiency, promotes better health and saves money, too.

• **Utilize a programmable thermostat to manage energy consumption** and reduce your energy costs. A programmable thermostat can make a big difference in controlling your heating and cooling energy costs. It will provide a comfortable indoor climate while you are home and reduce wasted energy when you are asleep, at work or away on vacation.

One such thermostat can beautify your home as well. That's because it works like a digital picture frame to show your own photos. It even comes with customizable faceplates, wallpaper backgrounds and screen savers, such as slide shows and clocks.

This multifunctional, simple-to-use, programmable touch-screen thermostat has more than a dozen preset themes, including nature and holiday themes. Each theme has separate photos, displaying daytime and nighttime scenes, including the sun for day and the moon for night. Whether you choose from the available themes or use your own photos,



An attractive, programmable thermostat can be a cool way to save money on energy.

your thermostat becomes a small piece of wall art that's engaging to use.

It's compatible with virtually every type of heating and air-conditioning system and is only about half the price of competitive programmable thermostats that don't have photo themes.

Up to 100 photos can rotate as a slide show in screen saver mode, and personal photos may also be selected as the background wallpaper for the thermostat.

With four programmable periods per day, this richly featured thermostat also comes with easy-to-use software to adjust preferences, alerts, daylight savings time, and vacation, security and overall system settings. An "At-a-Glance" screen clearly shows the heating and cooling status, time, and room temperature. Outside temperature can be displayed, too. You can even get reminder alerts right on the thermostat when it's time to change the filter or call for service. Called ColorTouch, it's available from Venstar, a leader in thermostats.

Learn More

For more information, visit www.venstar.com/Thermostats or call (818) 812-9930.

CLASS OF 1961, Coventry High School. The class of 1961 will celebrate their 55th Reunion on September 22 at Richards Pub in East Greenwich at 2 PM. \$30 per person. We will have a light lunch with cash bar available. Please send checks no later than September 8 to Joyce Gallup, 279 Silver Lake Avenue, Wakefield, RI. Questions, call Jack, 822-9999.

THANK YOU Blessed Mother for answering my prayers. R. G.

THREE NEW EXTERIOR DOOR frames with casings and thresholds. \$20 each. Call 647-2431.

HAND AND GARDEN TOOLS. Camping gear. Women's shoes. Books. Fans. Kitchen items. Call 397-3504.

GENERAL ELECTRIC Room size portable air conditioner. 8,000 BTU. Used one season. \$175 OBO. 647-2431.

The man who thinks he can live without others is mistaken; the one who thinks others can't live without him is even more deluded.
—Hasidic Saying

Any party which takes credit for the rain must not be surprised if its opponents blame it for the drought.
—Dwight Morrow

COMPUTER CLASSES AT COVENTRY PUBLIC LIBRARY

The Coventry Public Library, 1672 Flat River Road, will offer one-on-one Adult Computer Classes free of charge. Basic Skills, Internet Searching, Word Processing, Facebook & Excel are the lessons being offered. Call 822-9105 or stop by in person to sign-up or for more information.

CRAFTERS WANTED!

Hopkins Hill Fire Department Ladies Auxiliary will hold their Annual Open House and Bazaar on October 16 from 10AM-3PM. The Firefighters will sell clam cakes & chowder in conjunction with the Bazaar. Table rentals are \$25. Call Nancy at 828-8577 or email nstjean@verizon.net for an application or for more information.

CRAFTERS WANTED

The Coventry Historical Society is seeking Crafters for their Halloween Harvest event to be held on October 15 (rain date October 16) from 10AM-4PM at the Read School House, corner of Rte. 117 & Read School House Road, Coventry. Spaces are \$15 each and you will need to bring your own table. For more information, contact Mary at 828-7523 or Ginny at 397-3661.

STORYTIME AT TYLER FREE LIBRARY

Tyler Free Library, 81A Moosup Valley Road, Foster, will hold its Storytime for infants or preschoolers on Wednesday mornings at 10AM. Please call 397-7930 to register or for more information.

WII GAMES AT COVENTRY SENIOR CENTER

The Coventry Senior Center, 50 Wood Street, Coventry, invites Seniors to play Wii games on Thursday afternoons. They offer golf, baseball or bowling and also have purchased Wii Fit.

YOGA CLASS AT WEST WARWICK SENIOR CENTER

The West Warwick Senior Center, 145 Washington Street, West Warwick is offering a Yoga Class on Wednesdays from 11AM-12PM. Cost is \$5 per class. Call 822-4450 for more information.

MOMS FOR MOMS

You can make a difference with just ONE HOUR a week! Moms for Moms/Families First RI helps pregnant women and new mothers deal with an enormous transition by matching them with trained volunteers who are mothers themselves. The program provides emotional and social support and strives to connect new moms to resources within their own communities. We will train you and provide supervisory support to all volunteers. For more information, call 383-9933 or email admin@familiesfirstri.or

Country decorating simply done.
the Porridge Pot
a simple country store
937 Tiogue Avenue, Coventry • 823-0030
SUMMER HOURS:
Wednesday-Saturday 11am-4pm
Closed Sun., Mon. Tues.

TLC Disposal Service

• 4 Size Dumpsters Available
• Same Day Service in Kent County Area
Call Today 392-3300
Monday-Saturday 8am-5pm, Sunday 9am-3pm
www.tlchrhodeisland.com

Waste Away Septic Services

397-7501

SHOP LOCALLY SAVE GAS!

top ten GENETIC DISORDERS

1. Cystic Fibrosis
2. Huntington's Disease
3. Down Syndrome
4. Duchenne Muscular Dystrophy
5. Sickle Cell Anemia
6. Celiac Disease
7. Becker Muscular Dystrophy
8. Noonan Syndrome
9. Thalassemias
10. Bloom's Syndrome

Source: activebeat.com

NOTICE OF VACANCY IN TOWN COUNCIL DISTRICT 5

Pursuant to Coventry Town Charter Section 3.06 there is a vacancy to be filled in the Town Council District 5 Council position. Section 3.06 provides that if such vacancy shall occur less than six (6) months prior to the next regular election, the vacancy shall be filled for the unexpired term by the remaining members of the Town Council. The Town Council may fill this vacancy at the Town Council meeting scheduled for August 22, 2016 or at any meeting hereafter, with due notice given.

Cheryl A. George, Town Clerk

WANTED ANY JUNK VEHICLE
 Highest Prices Paid!
 Paying \$100-\$500 cash
 Same Day Removal
 Call 474-5723 anytime

Novena to the BLESSED VIRGIN
 (Never known to fail). O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the sea, help me and show me here in, you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands (3 times). Say this prayer for three consecutive days. You must publish it and it will be granted to you. Grateful Thanks. BAF

CAT FREE TO GOOD HOME: Spayed and Rabies shot. 401-536-3773.

Random Acts of Kindness...

I am writing to thank that special person that opened up their heart for my family. We are going through a hard time. We are almost homeless because we are behind on rent. Someone sent me a \$50 Stop and Shop card for groceries. I thank you because I was shut out from Food Stamps. I was feeling helpless until that happened, I thought that no one cared.

TAD

ps. There should be more laws to protect tenants that get behind on their rent. Our Governor needs to help regular people. One of my best friends left the state of Rhode Island with her family because she got a home to rent outside RI. She has a special needs child, too. I'm a single mom raising two young adults, one with autism. There is no help I lost my husband in 2010 and my house.

Attention Moms and Dads Too...
 Want to Learn Easy and Quick Braiding and Back-to-School Hair Ideas?
2 Hour Class Monday, August 22nd 7:00-9:00pm at a. Salon Galleria
Call to Register 821-0400
 a. Salon Galleria 1015 Tiogue Ave., Coventry • 821-0400 www.asalongalleria.com

GREENE PUBLIC LIBRARY PRESENTS...
 Greene Public Library, 179 Hopkins Hollow Road, Greene, presents Maritime Ghosts and Seafaring Spirits featuring author and historian Roxie Zwicker on Thursday, September 1 at 7 PM. Reservations preferred. Call 397-3873 or email jean@coventrylibrary.org.

WANTS TO PURCHASE minerals and other oil and gas interests. Send details to PO Box 13557, Denver, CO 80201.

MAKE A CONNECTION: Real people, flirty chat. Meet singles right now! Call LiveLinks. Try it FREE. Call now, 1-888-909-9905. 18+.

4X8 HARBOR FREIGHT FOLDING UTILITY TRAILER: Stores vertically in garage or shed. Includes homemade stake sides and rear gate. \$200 OBO. 401-258-2059.

LOGITECH G510s GAMING KEYBOARD with game panel, LCD screen. Excellent condition. \$60. HP W2207 22" LCD monitor, lightly used. Power cord and VGA cable. \$65. 828-0096.

SOFA: Green, 6'. Good condition. \$175. Also, free firewood. 823-8012.

WEIL - MCLAIN STEAM BOILER: Brand new, model eg/peg55. \$2500. Call 615-5947.

KIDS PACKAGE



Starting at \$129
 INCLUDES 2 FRAMES!

Children ages 3-13
 Not to be combined with insurances or other offers

VISION CARE COVENTRY
 401.822.2025

21 COVENTRY SHOPPER'S PLAZA



Coventry High School NJROTC "HELP A VET & HELP A CADET EVENT"

We are securing funding to transition to the new unit. Please stop by and make a donation for the Cadets. We will be collecting food items for OPERATION STAND DOWN during this fundraiser!

FOOD ITEMS NEEDED:

- Tuna Fish • Oatmeal • Cereal • Stuffing
- Juices (unrefrigerated) • Canned Vegetables • Dessert Mixes
- Instant Potatoes • Pasta • Tomato/Meat Sauce • Rice • Soup

LOCATION: Richard's Oil, 275 South Main St., Coventry, RI
DATE: Saturday, August 20th TIME: 10am-2pm

Pointers For Parents

100 Bite-Size Summer Moments: Family Fun Made Simple

(NAPSA)—As a parent, life is chaotic. Some days can feel like a race to get through, but when we slow down and savor a joyful moment of simplicity, we never regret it. Positive memories that involve lively activities and healthful foods, like blueberries, can set kids on a positive path, instilling shared memories and good choices to last a lifetime.

To make this summer unforgettable, the Blueberry Council is sharing 100 Bite-Size Summer Moments—simple, enjoyable, wholesome and delicious things to do as a family. Here are 25 "bites," or ideas for things to do together to kick off the summer. You can find detailed recipes and blueberry farm locations, plus new Bite-Size ideas every two weeks now through August, at littleblueberrymom.com.

- Slow it down on your nature walk—take pics of the coolest and weirdest things you see, then look them up when you get home.
- Pick your own blueberries at a nearby farm—make something fun or eat 'em fresh!
- Pack up paper and art supplies for a trip to the local zoo and draw the animals you like best. Can you say arts and giraffes?
- Punch up your lunch with a family picnic! Everyone gets to choose or make one thing he or she likes the most.
- Stir up an adults-only beverage with Blueberry Moscow Mules. The occasion? Life.
- Establish a "no-phone zone" at meals. Replace texting with talking! What did YOU learn/do today?
- Host a recipe swap party with friends. Discover healthy, fun snacks for kids AND the latest gossip. #WinWin.
- Try your hand at fun-shaped pancakes. Not artistically inclined? Everyone can make a delicious smiley face out of blueberries!
- Challenge kids to make their own recipes using only ingredients already at home. (It's not lazy, it's resourceful!)
- Shop together for exotic new fruits or veggies to try—like star fruit or artichokes—and find recipes to use them.



Positive memories of family activities and healthful foods such as blueberries, as in these Red, White and Blueberry Popsicles, can set kids on a positive path toward good choices that last a lifetime.

- Preserve the taste of summer with homemade blueberry jam. Your future self will be grateful!
- Go for gold with your own Summer Olympics at the pool with races, relays and other games.
- Make each member of the family a "Wellness Wednesday" jar to drop in activity and healthy food ideas. Every Wednesday, pick one from each jar and let the wellness wash over you.
- Plant blueberry bushes on your property. The environment and your family will thank you!
- Give your kids' roadside stand an edge with bright blueberry lemonade.
- Get ready for long car trips and beach vacays with a neighborhood book swap.
- Got picky eaters? Entice them with a build-your-own-smoothie bar full of fruits/veggies.
- Plan a neighborhood "progressive playdate," moving from house to house to enjoy different "play stations."
- Rally the kids for a local playground/park cleanup day.
- Clear space for a serious dance floor. Rock the house with a

Zumba party or try out the funniest moves you can find on YouTube.

- Hit your local blueberry festival for tasty treats and activities.
- Make a friend's day with a surprise letter! Fill the envelope with fun paper gifts like a hand made bookmark, stickers or confetti—and don't forget to decorate the envelope!
- Practice "Muffin Tin Math" with toddlers, letting them count and categorize healthy snacks in muffin tins or ice cube trays.
- Take turns storytelling—each person contributes one sentence at a time. Write down or record for lasting family memories.
- Chill out with some guilt-free homemade ice pops with freezer fruit. Here's how:

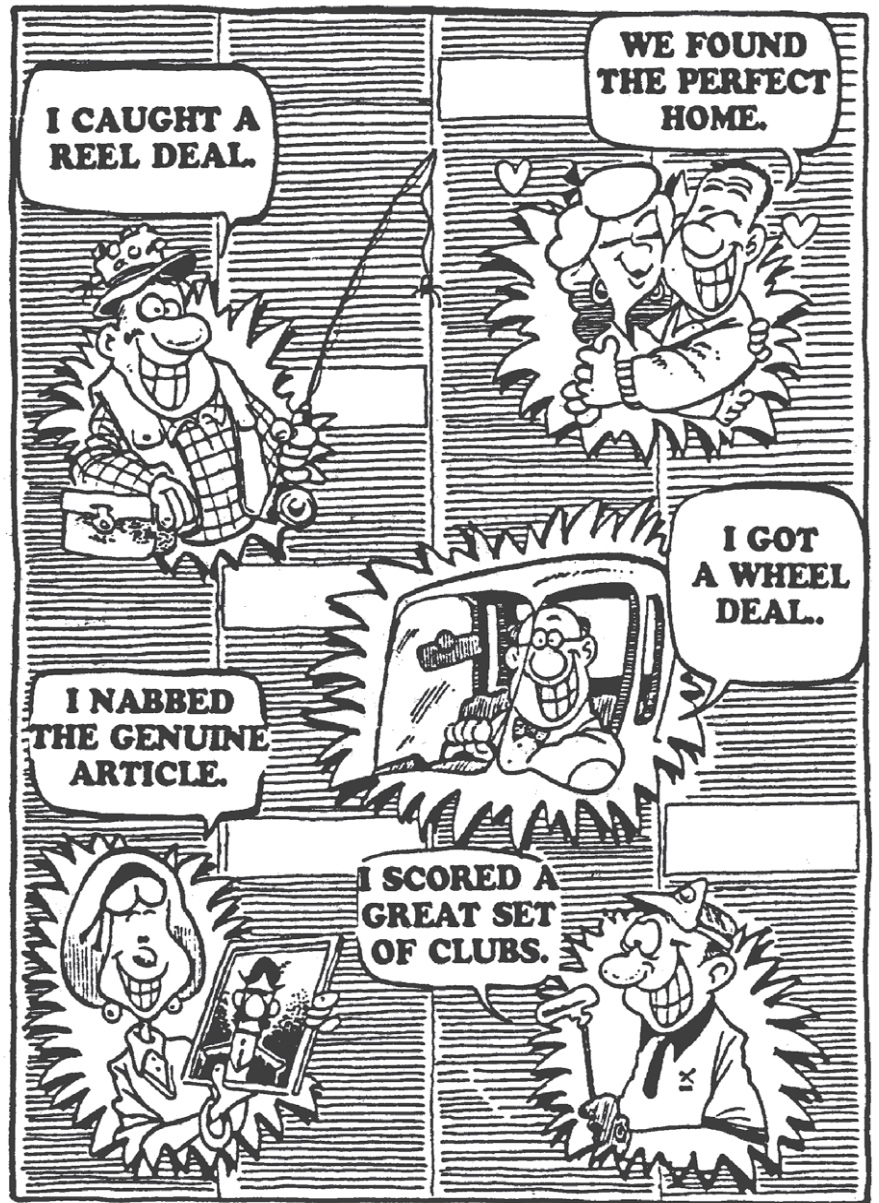
Red, White and Blueberry Popsicles
 Makes 4

- 1 cup vanilla yogurt
- 1 cup frozen blueberries, thawed
- 1 cup diced watermelon
- 4 popsicle sticks and mold

In a blender, add blueberries and 5 tablespoons yogurt puree until smooth. Divide blueberry mixture among the ice pop molds, filling them about 1/2 of the way. Freeze 1-2 hours. Add a layer of 2 tablespoons yogurt on top of frozen blueberry layer to each ice pop mold. Freeze 1 hour until almost completely frozen. In the meantime, puree watermelon and 1 tablespoon yogurt in a blender. When the yogurt layer is almost completely frozen, add watermelon mixture to form top layer of the ice pops. Push in the pop handles. Freeze another 1-2 hours.

Keep this list handy for inspiration and adventure, marking off each one as you live it, and find more ideas from the U.S. High Bush Blueberry Council at www.littleblueberrymom.com/BiteSizeSummer.

Looking for Local Bargains...



Whatever you're looking for, you'll find success in The Reminder.

That's because thousands of readers just like you know that The Reminder is the most effective way to reach interested prospects without spending a lot of cash. So whether you've been looking high and low for a great deal or hither and yon for a serious buyer, make a breakthrough in The Reminder!

THE REMINDER

"Where Buyer and Seller Get Together"

1049 Main Street, Coventry, RI • 821-2216
 www.rireminder.com



Real Estate

Apartment for Rent

Apartment for Rent

Apartment for Rent

WANTED

Multi Family
2, 3 or 4 Unit
Fixer-Upper Ok
Karen 401-447-3405

Room For Rent

PHENIX HOTEL, 18 Highland Street, West Warwick: Monthly \$450. 821-2636 between Noon-5PM or 241-5116.

House to Rent

COVENTRY: 3 Bed. No utilities included. \$1250/month plus damage deposit. Available September 1. 265-1645.

Commercial For Sale/Rent/Lease

COVENTRY: Commercial/Industrial building. 1250 Sq. ft., loft, lavette, directly off Exit 7 of Rte. 95. \$875/month. Call 397-4201.

WEST WARWICK: Office/Retail Space. 800+ Sq. ft., off-street parking, all utilities included. \$750. Call Rob at Ropal, 368-2255.

Real Estate Wanted

We Buy UNWANTED HOUSES Fast! Offer in 48 Hrs. CASH... Any situation. Any condition. Call today, 595-8703.

Vacation Real Estate

ARUBA TIMESHARE: Renaissance Ocean Suites, 9th week (3/3/17-3/10/17), 5th floor. \$8500. Call Yankee Bob, 828-1322. Remember, cash talks!



• "I find that if I rinse out my Styrofoam to-go cups from coffee shops or convenience stores, I can re-use them at least a couple of times. The cup and lid are really convenient, and I save money by bringing coffee from home." — F.C. in Colorado

• Eggs for breakfast at the campsite? Do yourself a favor: Pre-crack and scramble them, then store in an empty water bottle. You'll never have to worry about accidentally smashing the carton of eggs.

• Asparagus can be kept longer in the fridge if you trim the ends and place the stalks upright into a wide-mouth glass with a little bit of water in the bottom. You can get an extra few days of storage with this trick.

• "If your stainless steel sink gets dull, spray it with club soda." — J.S. in Washington

• "Need an emergency bootsaver? Stick a rolled newspaper down into the boot to keep it from flopping over." — C.R. in Pennsylvania

• To help coats and jackets last longer, give them a coating of water-proofing spray.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

BUYING OR SELLING?
The Summer Market is HOT!
FREE PROPERTY ANALYSIS
Contact Christine DiNardi (401) 480-1550
Here for All Your Real Estate Needs
30+ Years Experience. Full Time!
R/MAX Central
CDiNardi@aol.com
www.DiNardiGroup.com
401.480.1550 Call or Text

THINKING OF SELLING YOUR PROPERTY??
Wondering what the value is?
Call 401-828-2100 TODAY for a
FREE MARKET ANALYSIS OF YOUR PROPERTY!
No Cost! No Obligation! No Gimmicks!
We SELL houses....and now is the time to SELL!
We have buyers waiting to BUY!

Coventry: Open Sunday 1-3!! 3 Birchwood Lane!! Nice 3 bed, 1.5 bath contemporary, new roof, sheds, cul-de-sac, \$249,900

Coventry: New Listing!! Immaculate 2 bed mobile, central air, move right in, furniture is negotiable, \$49,900

Coventry: New Rental!! 2 bed, 1.5 bath town house in Washington Village, central air, finished lower, \$1,400 monthly

Foster: Quality built cape, 17 ft. cathedrals, 3 beds, 4 full baths, huge master, FP, C/A, 3 car garage, 18+ acres, \$489,900

Richmond: Oversized 3-4 bed, 2 bath cape, 7.5 acres, hardwoods, stone FP, large kitchen, 3 car garage, easy access Rt. 95, \$329,000

Coventry: Ramblewood, updated 2 bed mobile, well maintained, central air, enclosed porch, carport, \$39,900

Warwick: Nice 4 bed, 1.5 bath Dutch colonial, double living room, sun room, hardwoods, garage, huge yard, \$274,900

Century 21
SMARTER. BOLDER. FASTER.®
ACCESS AMERICA
1025 Tiogue Ave., Coventry, RI 02816
828-2100
www.century21.com

Realtors® and Vacation Rental Agents
Advertise Your Properties For Sale or Vacation Rentals throughout New England in free distribution newspapers with over 700,000 circulation

FOR ONLY **\$99** FOR A 25 - WORD CLASSIFIED

The REMINDER
Rhode Island's First Buyers Guide

1049 Main St., Coventry • (401) 821-2216
mail@rireminder.com

Crowe Properties
45 Reservoir Rd., Coventry, RI 02816
Phone: (401)826-1649
www.CrowePropertiesRI.com

COVENTRY: 2 Park Street
1 apartment available – \$1085 per month
First Floor: 2 bedrooms, 2 bathrooms, washer and dryer, refrigerator, stove, private entrance, private deck, off street parking, next to Coventry Greenway - bike and walking path, hot water included only – NO PETS –

COVENTRY: 45 Reservoir Road
OFFICE SPACE Second Floor: \$485 per month.
Security, Deposit, Application, Background Checks – NO PETS –

COVENTRY & WEST WARWICK:
1, 2 & 3 Bedrooms, Applianced, No Pets.
From \$650-\$975
Bernard, 821-1500

COVENTRY: 3 Bedroom, heat & hot water included. \$1200/month. Housing Vouchers welcome. 392-0461.

COVENTRY: 3 Bed Townhouse style apartment. High ceilings, hardwoods, washer/dryer hook-ups, large yard, in quiet neighborhood. No pets. No smoking. Must have good credit. \$1095. 580-2947.

WEST WARWICK: 1 Bed Victorian. Quiet, private entrance, deck, hardwoods, parking, storage, laundry, heat, hot water. 1410-1412 Main. \$795. 378-6204.

WEST WARWICK: 2 Bed, appliances, air conditioner, heat/hot water included. \$850/month plus security deposit. 523-7977.

AFFORDABLE RENTALS
CALL ROPAL REALTY
EDWINA 440-7368

WEST WARWICK:
1 bedroom, hardwoods, central air!!
Heat & hot Water included.
Call Edwina - 440-7368

HOPE: Jan Nic Apartments. Contains electric stove, refrigerator, air conditioner, ceiling fans. New hardwood floors. Electric baseboard heaters. Includes carport unit, storage shed, laundromat, water. \$925/month plus security. 1 year lease. No pets. No smoking. Call 497-3922.



What may be the oldest musical instrument was found in a cave, a Neanderthal site in Slovenia. The instrument is the 43,000-year-old femur of a bear that has two evenly spaced holes.

Real Estate Ad Form

DIRECTIONS: Print one word in each box; phone number counts as one word. 10 words \$8.00 25¢ for each additional word. Mail or bring your ad to
THE REMINDER, 1049 Main St., Coventry, RI 02816 DEADLINE MONDAY AT 12:00 NOON,
except when there is a Monday holiday, deadline is Friday at 12:00 noon.

BORDERS
\$1.50 EXTRA
BOLD TYPE
\$1.50 EXTRA

					\$8.00
\$8.25	\$8.50	\$8.75	\$9.00	\$9.25	
\$9.50	\$9.75	\$10.00	\$10.25	\$10.50	

Bold Type Border

Name _____
Address _____
City _____ Phone _____
Price Per Week _____ No. of Weeks _____ Amt. Pd. _____
 Mastercard Visa Am. Ex. Discover # _____ Sec. Code _____
Expiration date: _____ Signature _____

OFFICE USE ONLY

THE REMINDER, 1049 Main St., Coventry, RI 02816 821-2216
www.rireminder.com • E-Mail: rireminder@aol.com

*** FAX IT! 821-0397** (Photocopy form before faxing)
Be sure to include your Credit Card number, name on the card and expiration date



Yard Sales

Big John's Pawn Shop

1495 Main Street, West Warwick
615-5500

WE BUY GOLD

10K \$400.oz.
14K \$600.oz.
18K \$700.oz.
Sterling \$12.oz.

Pure Silver or Gold
90% of Gold Market

Xbox One & PS4 Games & Consoles PLENTY IN STOCK!

DVD's • Electronics TV's • Tools Landscape Equipment Furniture • Appliances

BUY - SELL - PAWN HONEST PRICES PAID! LAYAWAYS AVAILABLE

THE OLD MILL FLEA MARKET in the Historic Centreville Mill, 3 Bridal Avenue, West Warwick: Open 8AM-4PM every Saturday & Sunday. Free admission. Quality Vendors wanted. Antiques, collectibles, architectural, garage memorabilia & much, much more. Contact Andy, 226-3377.

101 BLACKROCK ROAD, Coventry, Saturday, August 20. 8 AM to 3 PM. New and used items. A lot to choose from.

PREMOVING SALE: 16 Clarke Road, Coventry. August 20. 7 AM to 12 Noon. Rain date, August 21. Furniture. Piano. Games. Brew-eriana, etc.

60 CARRSPOND ROAD (off Division Road), West Greenwich: August 20, 7:30AM-1PM (weather permitting). Antiques & loads of old stuff, industrial legs, saw horses, tool chest, Remington display case. "Men Working" sign, well pump, Olympic weights & bench, etc. Rain date August 27.

149 GOUGH AVENUE, Coventry: August 20, 7AM. Rain date August 21.

56 PHENIX AVENUE, West Warwick: August 20, 9AM-2PM. Large Yard Sale.

55 HILL FARM CAMP ROAD, Coventry: August 20. Toys, furniture, miscellaneous, composite decking materials.

MOVING SALE! 6 Lane F, Ramblewood Estates, Coventry: August 20 & 21. Winter clothes, furniture, patio furniture, wicker set, small appliances & more.

6170 FLAT RIVER ROAD, Coventry: August 20, 8AM-2PM. Antique dresser, kitchen stand, small appliances, home goods, DVD's, new items!

68 COVENTRY DRIVE, Coventry: Sunday, August 21, 9AM-2PM. Moving Sale!

6 THREE M ROAD, Coventry: August 20, 8AM-4PM. House stuff, tools from A-Z & more.

YARD SALE! 77 WOOD COVE DRIVE (Wood Estates), Coventry: Saturday, August 20, 7AM-1PM. Clothing, accessories, toys, children's items, small household items, holiday decorations, computer table and more! New items as well.

YARD SALE: 21 Howard Avenue, Hope. August 20. Everything must go! VW parts, kids, glassware, antiques, this and that, and much more!

2 LABREA WAY, Coventry: Saturday, August 20, 7AM-Noon.

LUNG CANCER? And 60 years old? If so, you and your family may be entitled to a significant cash award. Call 1-800-364-0517 to learn more. No risk. No money out of pocket.

LIFE ALERT: 24/7. One press of a button sends help FAST! Medical, Fire, Burglar. Even if you can't reach a phone! FREE Brochure. Call 1-800-457-1917.

SOCIAL SECURITY DISABILITY BENEFITS: Unable to work? Denied benefits? We can help! WIN or pay nothing! Contact Bill Gordon & Associates at 1-800-586-7449 to start your application today!

CASH FOR CARS: We buy any condition vehicle, 2002 & newer. Nation's top car buyer! Free towing from anywhere! Call 1-888-553-8647.

WARM WEATHER IS YEAR ROUND IN ARUBA! The water is safe and the dining is fantastic. Walk out to the beach. 3 Bedroom weeks available. Sleeps 8. \$3500. Email carolaction@aol.com for more information.

A PLACE FOR MOM: The nation's largest Senior Living Referral Service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-800-417-0524.

GOT KNEE PAIN? Back pain? Shoulder pain? Get a pain-relieving brace at little or NO cost to you. Medicare patients, call Health Hotline now! 1-800-279-6038.

SELL YOUR STRUCTURED SETTLEMENT or Annuity payments for CASH NOW. You don't have to wait for your future payments any longer! Call 1-800-938-8092.

AIRLINE MECHANIC TRAINING: Get FAA Certification. No HS Diploma or GED. We can help. Approved for Military Benefits. Financial Aid if qualified. Job placement assistance. Call Aviation Institute of Maintenance, 1-866-453-6204.

CARS/TRUCKS WANTED!!! All makes/models, 2000-2016! Any condition. Running or not. Top \$\$ paid! Free towing! We're nationwide! Call now, 1-888-985-1806.

ENJOY YOUR Own therapeutic walk-in luxury bath. Get a free in-home consultation and receive \$1,750 OFF your new walk-in tub! Call Today!! 800-987-1543.

STRUGGLING TO GET into a Car, House or Apartment because of your Credit Score? Call to get a free credit score, report and consultation. 800-953-5979.

KILL BED BUGS! Buy Harris Bed Bug Killers/KIT. Hardware Stores, The Home Depot, homedepot.com

CASH PAID: Up to \$25/box for unexpired, sealed Diabetic Test Strips. 1-DAY PAYMENT. 1-800-371-1136.

PARKINSON'S DISEASE SUPPORT GROUP MEETINGS

The East Greenwich PARKINSON'S SUPPORT GROUP meets at 9:30AM on the 1st Saturday of the month at The Seasons, 5 St. Elizabeth Way, East Greenwich. The YOUNG ONSET & YOUNG AT HEART PARKINSON'S SUPPORT GROUP meets at 10AM the 3rd Saturday each month at Kent Hospital Doctor's Auditorium. The FRIENDS & FAMILY (Caregiver) SUPPORT GROUP meets the 4th Saturday each month at Atria Senior Living Harborhill, 159 Division Street, East Greenwich. The DBS (Deep Brain Stimulation) PARKINSON'S SUPPORT GROUP meets at 10 AM the 2nd Saturday every other month at Kent Hospital Doctor's Auditorium. For more information about Parkinson's Disease or this Support Group please call Mary Ellen Thibodeau, RN APDA Parkinson's Information & Referral Center at Kent Hospital 401-736-1046.

EXETER ANIMAL SHELTER

The Exeter Animal Shelter, 169 South County Trail, Exeter, has many adult cats needing good homes. Call 294-2754 for hours. Visit exeteranimalshelter.petfinder.com for Adoptable Pet List.

ANGELS ON HORSEBACK NEEDS VOLUNTEERS Angels on Horseback in Ashaway, RI is looking for qualified volunteers ages 15+ as sidewalkers, qualified horse leaders, game assistants & farm work. If you are seeking a rewarding & fun volunteer Community Service opportunity, please visit angelsonhorsebackri.com or contact Donna at 316-6418.

EXETER GRANGE MEETINGS

Exeter Grange, 469 Ten Rod Road (Rte. 102), Exeter, will hold their regular meetings on the 3rd Thursday of each month beginning at 7:30PM. All are welcome.

ELIZABETH BUFFUM CHACE CENTER OFFERS SERVICES FOR THOSE AFFECTED BY DOMESTIC ABUSE

The Elizabeth Buffum Chace Center (EBCC) is a non-profit agency dedicated to ending interpersonal violence and sexual assault. EBCC provides a comprehensive range of services designed to help victims of domestic violence and educate the community to prevent further abuse. Services include, but are not limited to, a 24-hour confidential helpline and emergency safe shelter with support services. For more information, or to get help, call the Elizabeth Buffum Chace center at 738-1700.

ADDICTION COUNSELING

Narcanon reminds families that abuse of addictive pharmaceutical drugs is on the rise. Learn to recognize the signs of drug abuse & get your loved ones help if they are at risk. Narcanon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals. 1-800-431-1754.

ADDICTION COUNSELING

Narcanon can help you take steps to overcome addiction in your family. Call today for free assessments or referrals. 1-877-413-3073.

RICHMOND GRANGE #6 MEETINGS

Richmond Grange, 690 Usquepaugh Road (Rte. 138), West Kingston will hold their Monthly Meetings at 7:30PM on the 1st & 3rd Friday of each month. New members are always welcome. For more information on Meeting details or how to join, please call Carol at 269-1769.

RHODE ISLAND HOSPITAL OPIATE STUDY

Do you have an opiate problem? Do you have a goal of being opiate free? Are you on Probation or Parole? You may be eligible for a Study at Rhode Island Hospital. Participation is voluntary, transportation is provided and you will be compensated for your time. Please call 444-6427 to learn more about the Study.

WELLONE PRIMARY MEDICAL & DENTAL CARE BRICK PROGRAM INITIATIVE

WellOne Primary Medical & Dental Care, a non-profit corporation founded in 1909 and a Federally-Qualified Health Center that provides primary medical, dental & behavioral health services to individuals of all ages is seeking community support to help pay for a new HVAC system in its Pascoag facility. Individuals can support this critical need by purchasing a personally engraved brick in the Memorial Walkway at the entrance to the Pascoag Health Center. Personally engraved brick can be purchase for only \$50. For Order Forms & more information, visit www.welloneri.org and click on "Ways to Give".

ST. XAVIER ACADEMY HOMECOMING 2016

St. Xavier Academy, Class of 1966, is seeking classmates to celebrate their 50th Year Anniversary at the Annual Homecoming & Reunion on October 30. Mass will be celebrated at 11AM at St. Timothy's Church, Warwick Avenue, in Warwick, followed by a Luncheon at Quidnessett Country Club in North Kingstown. Classes ending in 6 & 1 will also be honored and all SXA graduates are welcome. For more information visit stxavialumnae.org, email info@stxavialumnae.org, find us on facebook or contact Carol (263-1823) or Jan (353-4777).

Yard Sale Form

DIRECTIONS: Print one word in each box; phone number counts as one word. 10 words \$8.00, 25¢ for each additional word. Mail or bring your ad to THE REMINDER, 1049 Main St., Coventry, RI 02816 DEADLINE MONDAY AT 12:00 NOON. Except when there is a Monday holiday, deadline is Friday at 12:00noon.

BORDERS
\$1.50 EXTRA
BOLD TYPE
\$1.50 EXTRA

					\$8.00
\$8.25	\$8.50	\$8.75	\$9.00	\$9.25	

Bold Type Border

Name _____

Address _____

City _____ Phone _____

Price Per Week _____ No. of Weeks _____ Amt. Pd. _____

Mastercard Visa Am. Ex. Discover

_____ Sec. Code _____ Expiration date: _____

Signature _____

OFFICE USE ONLY

THE REMINDER, PO Box 33, Coventry, RI 02816 • 821-2216

E-Mail: rreminder@aol.com

FAX IT! 821-0397

(Photocopy form before faxing)

Be sure to include your Credit Card number, name on the card and expiration date

Entertainment

REMINDER COUPON

THE OLDE THEATER DINER

33 Sandy Bottom Rd., Coventry • 828-1810 • www.theoldetheaterdiner.com • Everyday 6am-11pm • Bar 'til 1am

20% OFF*
BREAKFAST

Valid Monday-Friday 7am-3pm
*Must order from Breakfast Menu

*One coupon per check, per visit. Not valid with any other coupon or offer. Gratuity not included. Must purchase one beverage per person. * Coupon does not discount taxes, alcohol and beverages. Expires 9/22/16

Everyday
**BUY 2 PIZZAS
GET 3RD FREE**

TAKE OUT ONLY!
Must be same size of equal or lesser value
Excludes special offers. Cannot be combined with any other offer.
Must have coupon - Expires 9/22/16

OUT in NOWHERE BREAKFAST & CREAMERY

Serving Breakfast Saturday & Sunday 6AM-Noon

Buy 1 Breakfast,
Get the Second
1/2 PRICE

Sat. & Sun. 6am-9am
Excludes Specials

**2 Eggs,
Homefries,
Toast & Coffee
\$2.99**

Sat. & Sun. 6am-9am

OPEN FOR ICE CREAM 7 DAYS

12 NOON-10PM/11PM ON WEEKENDS
Serving 38 Flavors of Gifford's Hard Serve Ice Cream
25 Flavors of Soft Serve
Inside and Outside Dining • Plenty of Picnic Tables

CAR SHOWS EVERY SUNDAY AT 5PM WITH CRUISIN' BRUCE

Right Off the Bike Path - Directly Across from Mobile
2246 Flat River Road, Coventry • 401-385-9139

HALL RENTAL: Newly remodeled, available for all types of parties & functions. Very reasonable rental rates. VFW 449, 197 Providence Street, West Warwick. Call 828-9715 after 3PM.

HALL FOR RENT: Coventry Men's Club available for Bachelor Parties, Weddings, Birthdays, Retirement Parties, Etc. Menu available. Call 385-3536 after 2PM for more information.

NEED A DJ? We specialize in Weddings and all occasions. Interactive DJ with all types of music and lighting. Call Russ for estimate! thebeatdjentertainment.com 401-415-6210.

5th ANNUAL CHRISTMAS IN AUGUST: Saturday, August 20. 2 PM until ?? Admission \$6. Entertainment Cliff Myers and 21 Guns. Games, raffles, vendors. Food for purchase. Event is open to the public 21 and over. All proceeds to "Adopt-A-Family" charity. Held at Crompton Vets Organization, 37 Hepburn Street, West Warwick. Call 821-2660 for information.

HALL RENTAL: VFW Post 9404, 29 South Main Street, Coventry. Call 828-9705 for a quote or we will negotiate a price based on your needs.



25% OFF

Entire Guest Check

MON.-FRI. ONLY

One coupon, per check, per visit. Not valid with any other coupons or promotional offers. Coupon has no cash value. No change returned. Taxes and gratuity not included. Valid in Coventry only. Selection and prices may vary. Only original coupon accepted. Photocopied coupons are not valid. Excludes Holidays. Excludes Alcoholic Beverages. No substitutions. Expiration 9/13/16.

THE COZY GRILL
FAMILY RESTAURANT
473 Tiogue Ave. Coventry, RI
401.821.3440
Sun.- Thurs. 7am-3pm;
Fri. 7am-8pm; Sat. 7am-3pm



CROW'S NEST

SEAFOOD • CHICKEN • STEAK • PASTA • FISH & CHIPS!

Most Full Dinners Include Soup, Chowder or Salad

Chowder & Clam Cakes Every Day!

DAILY SPECIALS • Smaller Portions Available • Takeout Orders Welcome

Open 7 Days a Week 11:30 a.m. - 10:30 p.m.

288 Arnolds Neck Dr., Warwick, RI • 732-6575

LOCATED 1/4 MILES SOUTH OF APPONAUG 4 CORNERS
www.crowsnestri.com

MEALSITE

All meals include milk, coffee or tea, bread/margarine

COVENTRY SENIOR CENTER • 822-9180
WOOD STREET, COVENTRY • FOR RESERVATIONS CALL:
DONATION \$3.00

Wed. 8/17	Egg drop soup, shrimp chow mein with crunchy noodles, oriental blend vegetables, Mandarin oranges, hamburger bun. Sandwich: Salami/provolone on bun.	\$10
Thurs. 8/18	Happy Birthday. Chicken soup with egg barley, Italian sausage, seasoned rigatoni, peppers and onions, frosted cupcake, marble bread. Sandwich: Italian tuna on marble.	
Fri. 8/19	Lemonade, marinated grilled chicken, pasta salad, coleslaw, watermelon, dinner roll. Sandwich: Hamburger on a bun.	
Mon. 8/22	Kale and bean soup, liver and onions, mashed potatoes, vegetable blend, oatmeal bread, mixed fruit. Sandwich: Fish sandwich on roll.	
Tues. 8/23	Cream of broccoli soup, Shepherd's pie, Asparagus cuts, diced peaches, wheat dinner roll. Sandwich: Pulled pork/roll.	

W. WARWICK SENIOR CENTER • 822-4450
145 WASHINGTON ST., WEST WARWICK • RESERVATIONS CALL:
DONATION \$3.00

Wed. 8/17	Greek salad, veal & peas, wild rice, mixed vegetables, dessert. Option: Seafood salad sandwich.	
Thurs. 8/18	Italian wedding soup, pot roast with gravy, mashed potatoes, green beans, ice cream. Option: Spinach salad with chicken.	
Fri. 8/19	Caesar salad, American chop suey, garlic bread, roasted zucchini, dessert. Option: Ham & cheese sandwich.	
Mon. 8/22	Cheese platter with marinated vegetables, pasta with tomato sauce, sausage and meatballs and mixed vegetables, dessert. Option: Turkey and cheese on wheat.	
Tues. 8/23	Fresh fruit, chicken with biscuit and gravy, mashed potatoes, roasted Brussels sprouts, dessert. Option: Greek salad.	

This ad sponsored every week by your friends at The Reminder

Donna's Day Creative family fun

by Donna Erickson

Stage Your Own Olympic Games

Get inspired by the excitement of the 2016 Summer Olympic Games in distant Rio de Janeiro.

The Rio Games will host 28 sports, including the familiar track and field, gymnastics and swimming. There are other favorites, like basketball, cycling, table tennis, kayaking and sailing, with the addition this year of golf and kite surfing. With so many events to learn about and follow, opportunities abound for introducing your kids and their friends to new sports for fun and fitness.

Start training now, and keep it up! That's what educator Nancy Troffey encourages her 3- and 4-year-olds to do in a preschool class at a summer family camp. A painted, recycled cardboard mattress box with Olympic symbols and "USA Training Center" spelled out in big letters daily inspires pint-size athletes when they hear stories, draw, play and exercise.

Olympic hopefuls aren't born, she tells the active kids. "Good athletes have healthy, strong bodies, and they work hard."

As they eagerly line up one by one for a practice routine wiggling through a nylon tube, balancing on a masking-tape balance beam taped to the floor and running around a playhouse to the finish line, she says, "Set your mind on the goal!"

Set your mind on family goals with these ideas:

HAVE A GOLD MEDAL WAY TO START THE DAY

Just like Olympians, enjoy your own morning "training table" in a snap with this tasty medley.

In a serving-size bowl, let your kids make a base layer of sliced bananas. Spread cottage cheese over the bananas, then scatter nuts or granola.

Add fresh fruit and a large spoonful of yogurt. Enjoy with whole-grain toast on the side.

Tip: Make an extra portion and toss in a blender the following morning with fruit juice for an on-the-spot smoothie.

GET IN SHAPE TOGETHER

Make it a new habit to walk, jog and bike in your neighborhood. When the weekend comes around, find an easy-to-follow nature trail and enjoy hiking through beautiful trees cloaked in ferns and other wild plants. Exercise and a dose of nature are a healthy combination.



MARK YOUR PROGRESS

Record your fitness activities on poster board. Across the top, list favorite family activities, such as biking, hiking, swimming and basketball. Write the date and any anecdotes under columns. At the end of the month, you'll have a visual record of your active family fun.

Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit www.donnasday.com and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families."

© 2016 Donna Erickson
Distributed by King Features Synd.



ARIES (March 21 to April 19) A troubling situation takes a positive turn and moves toward a resolution that should please you and your supporters. Meanwhile, make time to deal with new domestic issues.

TAURUS (April 20 to May 20) It's a good time to reassess your goals and consider shifting directions. Remember to keep an open mind, and be prepared to make changes as new opportunities arise.

GEMINI (May 21 to June 20) Rely on your strong Mercury aspect to help you close that communication gap before it becomes too wide to cross. A sibling or other family member has news.

CANCER (June 21 to July 22) You're about to get off that emotional roller coaster and start experiencing more stability than you've been used to. This is a good time to let someone new into your life.

LEO (July 23 to August 22) Good news: A trusted friend comes through for you. But you still need to shed that last scrap of self-doubt and once more become the cool, confident Cat we all know and love.

VIRGO (August 23 to September 22) Things should be getting back to a less hectic pace. Enjoy the more peaceful atmosphere. You earned it. But don't forget about those still-unresolved issues.

LIBRA (September 23 to October 22) A more positive family relationship develops as misunderstandings are explained away. A job situation appears promising, but check it out before you act on it.

SCORPIO (October 23 to November 21) Congratulations. That on-the-job situation is working out as you'd hoped. Now's a good time to relax and to enjoy the company of family and close friends.

SAGITTARIUS (November 22 to December 21) You might feel as if you're caught in an emotional tug-of-war. But don't be rushed into a decision on either side. Wait for more facts before you act.


CAPRICORN (December 22 to January 19) The Goat's usually high level of self-confidence is brimming over these days. This should help you deal with a situation that you've avoided for far too long. Go for it.

AQUARIUS (January 20 to February 18) Relationships become more intense. But be careful not to be pushed into decisions you're not comfortable with. Remember: You're the one in charge of your life.

PISCES (February 19 to March 20) You need to show more confidence in your ability to reach your goals. Make that long-delayed decision, and avoid floundering around in a sea of self-doubt.

BORN THIS WEEK: Although you appear to be strongly opinionated, you can also be open to other ideas — so long as they are presented with logic and clarity.

Ocean State Mechanical, Inc.
Installation / Repair / Maintenance Contracts



American Standard
HEATING & AIR CONDITIONING

MITSUBISHI ELECTRIC
COOLING & HEATING

We Repair All Major Brands
Phone: 401-828-8848
oceanstatemech.com

AUGUST CHILDREN'S PROGRAMS AT HOPE LIBRARY
Hope Library, 374 North Road, Hope is offering the following Programs: **LEGO Club** (Ages 4 & up) on August 6 & 20 from 10-11AM. **Tuesday Movie Madness!** August 9 at 2:30PM. **Reading Partners!** on August 9 at 6PM. Children ages 3-8 & Teens in Grades 6-12 partner up to read together. **Make & Take Tuesdays!** August 9 at 6:45. **Animal Experiences with Dave Marchetti!** (Grades K-5) on August 11 at 6:30PM. **Ready, Get Set...Play Games!** (Grades 1-5) on August 17 from 4-5PM. Registration required for all Programs, except Drop-In Crafts & LEGO Club, by calling 821-7910.

DO YOU WANT TO LEARN TO KNIT?
If you knit or you would like to learn, join the Knitting Group at the Coventry Senior Center, 50 Wood Street, Coventry. The group meets on Wednesday mornings at 9:30AM. This is a great way to socialize and make new friends.

COVENTRY SENIOR HARMONICA BAND NEEDS MUSICIANS
Revive the old talent, dust off the instrument, enrich your life. If you are over 55 and play harmonica, banjo, or guitar, we need you! Senior band plays gigs at Senior Centers, Nursing Homes, anniversaries, etc. Call Zandy (days) 732-7870, Ext. 107 or Roger (nights) 397-5157.

SEWING PROJECT TO HELP FOSTER KIDS IN RI
Organizers of The Sewing Project to Help Foster Kids are looking for volunteers to sew kid-friendly pillowcase bags for foster children. When a child is taken from a home that has been deemed unsafe by DCYF (Dept. of Children, Youth & Families), the child may take only a small amount of toys, clothes, and personal belongings. Many times, DCYF workers just don't have enough suitcases to use, so when a child arrives at a Crisis Center, Group Home or Foster Home, many times they arrive with literally 1 or 2 large black trash bags full of personal items. Let's change that! This is an ongoing project. Work at your own pace. For more information, contact Hollie at 385-9876 or holliegal@verizon.net

COVENTRY HIGH SCHOOL CLASS OF 1971 45TH REUNION
Join 100 of your former classmates at the Class of 1971 Coventry High School 45th Year Reunion. Celebrate with us on Saturday, October 8, 2016 at the West Valley Inn. Evening event will include hors d'oeuvres, buffet dinner, entertainment and dancing. Tickets - \$50 per person. Cocktails at 6PM, Dinner, Dancing to DJ "Eddie the Fixer" at 7PM. Deadline to purchase tickets is September 13. Email CoventryHSReunion@gmail.com, find us at Classmates.com or like us on Facebook!

GREENE PUBLIC LIBRARY FARMER'S MARKET
The Farmer's Market returns to the Greene Public Library, 179 Hopkins Hollow Road, Greene, on Tuesdays (beginning May 31) from 4-6PM, rain or shine. More Vendors & a Market Manager are needed. Please call 397-3873 or email gail@coventrylibrary.org

Develop interest in life as you see it; in people, things, literature, music—the world is so rich, simply throbbing with rich treasures, beautiful souls and interesting people. Forget yourself.
—Henry Miller

Blushing is the color of virtue.
—Diogenes

INMAN & TOURGEE
ATTORNEYS AT LAW

Proud to Have Served the Community for Over 26 Years

PERSONAL INJURY • DIVORCE
AUTO ACCIDENTS
REAL ESTATE • BANKRUPTCY
WORKERS' COMPENSATION
CRIMINAL MATTERS • DUI
SOCIAL SECURITY • WILLS & TRUSTS
PROBATE • LAND USE
ELDER LAW

FREE CONSULTATIONS

1500 Nooseneck Hill Rd., Coventry, RI 02816
Phone (401)823-9200 • Fax (401)823-9278
Visit Our Website at www.itwlaw.com

Start Smart
With a Back-to-School **Vision Exam**

Routine vision checks often miss eye problems that can adversely affect a student's ability to succeed in the classroom. Make sure your child is in the clear for a successful school year with a comprehensive professional eye exam.

Second Pair of Glasses **Discounted 30%***
Certain restrictions apply

RHODE EYE LAND

Family Eye Care by Dr. Jacqueline Boisvert

401.262.0042
Stop & Shop Plaza
74 Frenchtown Rd.
North Kingstown

www.rhodeeyeland.com

Start The School Year Right With A Fresh Face

(NAPSA)—Let's face facts. As millions of teenagers get ready to head back to school, they may be hoping for the same thing: a fresh start and a fresh face. Unfortunately, almost all teenagers experience at least an occasional whitehead, blackhead or pimple. Research shows stress from breakouts, coupled with the stress of returning to school, can have profound psychological effects on teenage acne patients. In fact, the recent Skin Matters Survey, conducted by Harris Interactive, found that 70 percent of teenagers feel pressure to have clear skin, and 60 percent of teenage girls think acne negatively affects their self-confidence.



Prescription acne medication can go a long way toward reducing teens' stress about their complexion during the school year.

Despite the availability of improved, effective acne treatments, teens continue to suffer from the negative impact that acne can have on social relationships and quality of life. The same survey determined less than half of teens (44 percent) feel knowledgeable about skin care and only 14 percent of teens with acne have seen a dermatologist specifically for their acne.

today, there are many effective treatments that can help clear up virtually every type of acne and prevent new breakouts, so it's important to visit a dermatologist who can collaborate with you on a targeted skin care regimen. This regimen may include a prescription-strength treatment, such as a topical retinoid, which goes deep down to unclog pores and prevent breakouts. Retin-A Micro is the only acne medication with patented microspheres that contain tretinoin, the No. 1 prescribed retinoid by dermatologists. Microspheres help absorb excess oil, reduce facial shine and protect against irritation. Available in a unique and sleek pump, Retin-A Micro Pump delivers a consistent amount of medication with each use, making treatment easy. For full prescribing information, visit www.RetinAMicro.com.

For teens, getting rid of embarrassing acne can be just as time consuming as picking out an outfit for the first day of school, so it's important to know how to avoid that breakout before it happens, and what to do if it does. Acne is unique to every individual. The good news is that

FREE FAST EASY

Saturday, August 27
8:00AM - 1:00PM
West Greenwich Town Hall
280 Victory Highway

ECO-DEPOT
A Rhode Island Resource Recovery Program



Make an appointment and drop off your household toxic chemicals, pesticides, sharps (medical needles) and leftover paints at an upcoming Eco-Depot Event.



For a complete list of locations, dates and the types of waste Eco-Depot accepts, please visit EcoDepotRI.org or call 401.942.1430 x241.

Community Matters

Lifestyle Apparel Brand Recognizes The Contributions Of Everyday Heroes

(NAPSA)—A company that manufactures outerwear has created a campaign to honor everyday heroes.



The Everyday Heroes Award recognizes the contribution of those who display motivation, perseverance and passion in the service of others.

That's the term Free Country uses to describe those who display motivation, perseverance and passion and who go above and beyond in service to others. Whether the acts of heroism involve a football team giving its disabled teammate a chance to score a touchdown or a mother's sacrifice to ensure opportunity for her child, these are the people the Free Country Everyday Heroes campaign wishes to recognize.

arm—he understands the difficulty that families face with special needs children.

From teaching the campers softball and teamwork skills to being patient and kind to each child, Whitney is known for always having a smile on his face.

Whitney was nominated by Teryl Higgins, the mother of a camper who suffers from a compromised immune system and osteogenesis imperfecta—a brittle bone disease. In addition to receiving a plaque, Whitney, Mrs. Higgins and her daughter each received a Free Country jacket.

In September, company founder and CEO Ira Schwartz honored the first recipients of the award, David and Kaete Nazaroff, co-founders of Ride To Give, a non-profit charity that turns athletic ability into fundraising power for families with children who are disabled, injured or ill.

The charity renovated a room for the Halstead family. Ride to Give intends to complete the "Ride" annually, benefiting different children in need each year. It also continues to raise awareness and funds for other causes dear to the hearts of its founders. To date, Ride to Give has raised more than \$1,000,000 for over 50 families.

Whitney is also in the running for the Grand Prize: a cash reward as well as a donation to the charity of his choice.

To learn more and to submit an Everyday Hero for consideration, visit www.freecountry.com and www.facebook.com/liveinit.

During the summer of 2013, David Nazaroff, followed by a support van with a team of three, completed the first annual bicycle "Ride" from Nyack, N.Y. to Jefferson, Ga., completing the 900 miles in five days. Its purpose was to raise awareness and donations for the family of Tripp Halstead, a toddler who suffered a traumatic brain injury in 2012.

Recently, Free Country also recognized Dan Whitney of Corvallis, Ore., the brand's second Everyday Hero. Whitney is the softball coach and president of Camp Attitude, a not-for-profit organization dedicated to providing a unique camping experience for families in the disabled community.



As someone who has overcome disabilities himself—about 18 years ago, Whitney broke his neck; he now uses a scooter and has full function in only one