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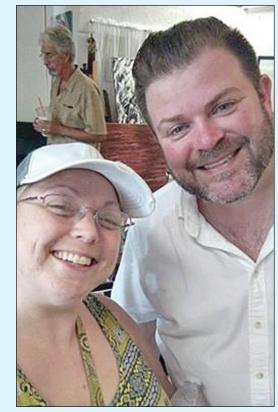
September 1, 2016 • FREE

#### Festival offers "Little Taste of Greece"

"A Little Taste of Greece" will be the theme of this year's Greek Festival on Saturday, September 10 from 10 a.m. to 6:30 p.m. at Holy Trinity Greek Orthodox Church on Hogan Road in Lewiston. Parking and admission are free and all are invited. Greek pastries (baklava, kataifi, flogeres, and cookies), desserts (baklava sundaes, honey puffs called loukoumades) and savory specialties (beef and chicken gyros, spanakopita, pastitso, salad), as well as Greek coffee and other beverages, will be a focus of this one-day event. All are invited to experience this celebration of food, culture, faith, and tradition.

Greek folk music and dancing, along with dance lessons, will be featured throughout the day, and the church will be open for tours. Also under the tent will be Greek cheeses and olives for sale, along with a spectacular treasure trove of items gathered for the bargain picker's "agora" (market). Among the merchandise available will be vintage items, household items, art, books, toys, jewelry, decorative items, furniture, and more. Dealers are welcome.

## Art Walk LA features local artists



Tiffany Manson at The Studio with Owner, Grayling Cunningham for the Selfie Contest. (See more photos on page 6.)

#### First Univ. presents Rose Window award

First Universalist Church of Auburn has awarded its 2016 Rose Window honor to Anne Kinney of Auburn. The award is conveyed to a congregant who exemplifies Unitarian Universalist principles and has made exceptional contributions to their faith community.

Kinney has served the congregation tirelessly since her arrival. Her service has included terms on the board as Vice President and President and on the Welcoming See Rose, page 3

#### Mechanics Bank places first in Springbrook Scholarship Scramble



First Place Gross: Mechanic Savings Bank Team: Ed Snook, Peter Chapman, Dick Roy, & Rick Vail. (Photo by Matt Shaw) (See page 2 for additional photo and story)

## Local junior race walkers bring home gold



Dunn is in the back row, third from left; Allen is in the front row at far the right.

Spencer Dunn of Auburn and Kayla Allen of Lewiston competed recently at the 28th annual USA vs Canada junior race walk dual in Fort Saskatchewan, Alberta Canada. A total of 22 athletes

from the U.S. and Canada competed in the event. Team USA was represented by athletes from Maine, New York, Texas, Illinois, Ohio and California. The Canadian athletes came from Quebec,

British Columbia, Alberta and Saskatchewan provinces.

Dunn placed 4th for team USA and 6th overall in the boys 10k event. Allen placed 5th for team USA See Walkers, page 4





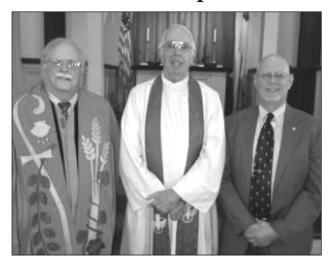
Movie Listings Every Week! Only in TCT. See page 13. www.FlagshipCinemas.com

See all of this week's stories and ads online. Free!

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## Newsmakers, Names & Faces

## Sixth Street Congregational installs new pastor



The Rev. Joseph Dressler (c.) was recently installed as pastor of Sixth Street Congregational Church in Auburn by Rev. Stephen Gray (l.) and Mr. Harry Marsters from the Cumberland Association of the United Church of Christ. Rev. Dressler, who received his Master's of Divinity from Bangor Theological Seminary in 2013 after a 40-year career in human resources, also serves as chaplain at the Harold Alfond Center for Cancer Care in Augusta. He has a son who lives in Maine and a daughter, son-in-law, and two young grandsons who live in California.

#### Argo Marketing supports Make-A-Wish Maine



Argo Marketing Group was a Sponsor of Hope for the recent Summer Block Party at Mac's Grill of Auburn to benefit Make-A-Wish Maine. Here CEO Jason Levesque (r.) presents a check for \$1,500 to Make-A-Wish Maine co-chair Philip Poirier.

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#### Rotary Club gets new president



Outgoing club president Giselle St. Amand with new president Monique Roy (Photo courtesy of Betsy Sibley)

Outgoing L-A Rotary Club president Giselle St. Amand ceremoniously passed her mantle to new club president Monique Roy during a luncheon meeting at the Ramada Inn of Lewiston recently. Members thanked St. Amand for her year of leadership in "Service Above Self" and welcomed Roy, whose tenure will include a 100th anniversary celebration of its charter.

Roy presented the results of a club-wide survey outlining the goals members said they would like to achieve. These included a focus on increasing membership, and inviting represen-

tatives from local businesses, government, nonprofits, and school groups as speakers for their weekly meetings.

Two grants drafted by Roy were approved. The group agreed to provide a \$3,814 grant to Lewiston's Universally Accessible Playground Project toward the purchase of tuned drums and to sponsor a 2017 Autism Movie Event in partnership with Flagship Cinema of Auburn. The 100th Anniversary Celebration of the club's charter is scheduled for April 22, 2017. For more information, call 753-9040 or email monica.millhime@maine.gov.

## CCU supports St. Mary's Food Pantry



One in four children living in Androscoggin County are known to be food insecure. To help alleviate this problem, Community Credit Union recently raised \$900 and collected 400 non-perishable food items totaling 285 pounds during a food drive for the Food Pantry at St. Mary's Nutrition Center. Pictured here (l. to r.) are Matthew Shaw, Christina Carter, and Jennifer Hogan of Community Credit Union and Kirsten Walter, Mia Poliquin Pross, Fiston Mubalama Lowatiwiga, and Jon Myles of St. Mary's Nutrition Center.

#### Springbrook Golf Club 2016 Scholarship Scramble



First Place Net: Great Falls Insurance Company Team: Marti Conti, Michelle Augello, Anita Penley, & Dick Albert. (Photo by Matt Shaw)

The 17th annual Lewiston Auburn Metropolitan Chamber of Commerce/Central Maine Community College Chip Morrison Scholarship Scramble, with major sponsor Geiger and co-sponsors, Center Street Dental, and Skelton, Taintor & Abbott, 65 other local business sponsors raised over \$35,000 for scholarships for local students attending college.

## Boys & Girls Clubs bire new director



Maura Moody

Maura Moody has been hired as the new Unit Director of Boys & Girls Clubs of Southern Maine's Auburn-Lewiston Clubhouse. Moody brings a unique set of skills and experience to the position. She has strong ties in the L/A community that were strengthened during her role as Public Relations Manager for the Lewiston-Auburn Economic Growth Council, a position for which she put her public relations degree from University of South Carolina to work. She also brings experience working with youth at the Family Violence Project and New

Beginnings Youth Shelter. Since joining BGCSM's Auburn-Lewiston Clubhouse in July as Program Director, Moody has already made a mark by being passionate about the mission, grounded in youth development and enthusiastic about bringing opportunities to children and teens, especially those in Lewiston-Auburn who need Boys & Girls Clubs the most. For more information on Boys & Girls Clubs of Southern Maine, see www. bgcmaine.org.



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- Camp Dragonfly Attendee

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#### Fontaine Family supports Make-A-Wish Maine



The company's Bid for Wishes online auction raised \$8023.

Fontaine Family - The Real Estate Leader recently raised \$8023 through its Bid for Wishes online auction to benefit Make-A-Wish Maine.

"This is our third year running the auction fundraiser," said Brenda Fontaine, owner of Fontaine Family. "All monies stay in Maine and go toward granting a wish for children and their families to lessen the burden of facing life threatening illnesses." Fontaine noted that the goal was to raise \$7000, the average cost to fund a wish in Maine. "We were thrilled that we exceeded the goal," she said.

The Bid for Wishes Auction takes place entirely online, where participants can place their bids for donated items. Fontaine said that over 90 businesses

#### Rose

Continued from page 1

Congregation and Denominational Affairs committees as chair; working to connect with sister church Allen Ave UU in Portland; organizing the annual church retreat at Ferry Beach Center; and organizing the annual Chili Cook-Off to raise scholarship money for the retreat.

For more information about the First Universalist Church of Auburn, call 783-0461 or see www.auburnuu. and individuals contributed items for the auction, with prizes ranging from an array of gift cards, to hand crafted items, to a vacation rental. This year's auction even featured a ride to school on a fire truck.

"We couldn't do this effort without support from our business community and friends," said Fontaine, noting that the agency has been involved in Walk for Wishes and other Make-A-Wish Maine fundraisers since 2009. "This year's auction was done in memory of Nolan Thomas Williams, who battled cancer for seven months and died of melanoma just a few weeks after

his fourth birthday. This sweet, sensitive little boy left his family and friends with precious memories. All who knew him were blessed." Make-A-Wish serves

a unique and vital role in helping strengthen and empower children battling life-threatening medical conditions. Make-A-Wish Maine grants the wish of a Maine child every five days throughout the year. For more information, see maine.wish.org.

Fontaine Family -The Real Estate Leader has offices in Auburn and in Scarborough. For more information, see brendafontaine.com.

#### YWCA offers child care options

The YWCA of Central Maine now has child care openings for preschool children ages 2.5 to 5 years old. Full-time spots are available, as are part-time options for those looking for a less expensive alternative or for social opportunities for their child.

The YWCA's trained and compassionate staff engage preschool children in creative learning through circle time with the calendar, reading books, counting, and concentrating on teacher-designed activities or projects. Children also engage in a lot of recreational time, including swim lessons and fun-time splash

in the pool, outside play time, free choice activities and a chance to run and play games in the gym.

The YWCA also has openings for children before and after school. The before-school session runs from 7 a.m. until the bus

#### Agren wins \$5,000 for hole-in-one

at the Greater Androscog-

gin Humane Society's 14th

annual Golf Tournament.

Held in June at Martindale

Country Club, Agren made

the rare shot from 220 yards

on hole #9, making him the



Hole-in-one prize winner Jason Agren, with Greater Androscoggin Humane Society Development Director Donna Kincer

Jason Agren was recently presented with \$5,000 following his hole-in-one

comes to bring students to Martel or Farwell School. The after-school session is open to students of all Lewiston schools except Longley. These sessions offer a safe and fun environment for children to gain new friendships, receive homework help, and enjoy fun and creative activities. Friday afternoon sessions feature an hour of swim time in the pool.

For those who need a place for their child from 7 a.m. to 5:30 p.m. on vacations, snow days, holidays or teacher workshop days only, a full day option includes fun activities and swim time in the pool.

Now available this school year for an additional fee is an extended care option for all programs from 6:30 to 7 a.m. in the mornings and 5:30 to 6 p.m. in the afternoons.

For more information, contact Child Care Director Jessica Richard at 795-4050, ext. 104 or jrichard@ywcamaine.org or see www. ywcamaine.org.

first hole-in-one winner in the history of the Society's

The primary support for the Society comes from fundraising events like the annual Golf Tournament and donations of concerned citizens. The tournament raised over \$23,500, all of which goes toward funding the operating costs of caring for and sheltering over 4,400 animals annually. The \$5,000 hole-in-one prize was paid for by Hole-In-One International.

The Greater Androscoggin Humane Society is located at 55 Strawberry Avenue in Lewiston. For more information about volunteering at the shelter or adopting an animal, call 783-2311, find them on Facebook, or see www.SavingPetsInMaine.org.

#### Council 8742 names Family of the Year



The Knights of Columbus, Andy Valley Council 8742, recently presented their Family of the Year Award to Ray and Shirley Biron. Conveyed to a family who has assisted the council with various projects throughout the year, the award was presented during the council's annual summer picnic, held at the home of Knight Walter Levesque in Poland. The Birons are pictured here with Grand Knight Kenny Chamberlain.

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Laurie A. Steele Publisher/CEO  $\underline{Laurie@TwinCityTimes.com} \hspace{0.2cm} \underline{Ashley@TwinCityTimes.com} \hspace{0.2cm} \underline{Emma@TwinCityTimes.com} \hspace{0.2cm} \underline{Editor@TwinCityTimes.com} \hspace{0.2cm} \underline{Laurie@TwinCityTimes.com} \hspace{0.2cm} \underline{Laurie@Tw$ 



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#### Only Steps Forward

#### New housing projects create questions, concerns, uncertainty

By Jonathan P. LaBonte

Mayor of Auburn

Over the last couple of weeks, the public discussion of new housing projects has led to a lot of questions, concerns and overall uncertainty about how these projects come to be, where and how they are voted on and why Auburn would support more housing being built at all.

For those not following in detail, one family housing project is proposed for Spring Street, near the historic Engine House, and

another for Loring Avenue at the site of a historic farmhouse not far behind the Engine 2 Station.

While I can't answer all of the concerns and questions I've heard in this space, I wanted to offer some thoughts and encourage residents to call or email me, their city councilor or city staff to weigh in. A community workshop with the city council and developers has been added to the schedule and will occur next Tuesday, September 6 to provide time



Mayor Jonathan P. LaBonté

to learn more and have a discussion as residents.

For background, every five years the city has to complete a strategic plan for how it would invest federal dollars targeted to create economic opportunity in our in-town neighborhoods and improve the overall quality of the housing in these areas. As part of that, a lot of data is pulled together about the quality of existing homes and apartments and how much of their income renters and home owners have to pay towards their housing expenses. While it can be dry reading, as we all try to move the city forward together, understanding how property owners and our neighbors work to make a living and pay the bills is important.

For example, did you know that since 2000, our intown neighborhoods in Auburn have lost nearly 3% of their population and the rest of the city has been relatively flat. Nationally, and throughout New England, young professionals and seniors are moving in large numbers to cities. Auburn, and our sister city of Lewiston, should be working to attract and retain those residents.

Along with that loss of population, in the last decade, property values in those same in town neighborhoods have fallen by nearly 5%. When you think that the city relies on property taxes to fund our essential services, the loss of value in our in-town neighborhoods-and a city and school budget that has not been flat for the last decade—creates a shift in share of tax burden to other residential neighborhoods and commercial areas of the city.

Citywide, Auburn has around 11,000 total housing units. For comparison, Lewiston has about 17,000. Of those units, the Auburn has worked with partners over the years to ensure that about 1,300 of them are available for targeted people like those with disabilities, senior citizens and families that are working and have lower incomes. That makes up about 12% of all the units. Again, by comparison, Lewiston totals about 17% of all units.

Of those dedicated to certain populations, over one-third of those units in Auburn are designated for seniors, a share that is 50% higher than Lewiston's units committed to seniors.

On the other end of the spectrum, Auburn has only worked to secure one in every seven affordable rentals for families that are of lower incomes. In Lewiston, over one in every three units is available for families. As we learned from our neighborhood schools earlier this year, we are experiencing a very high rate of turnover for students during the school vear, driven in part by families needing to re-locate due to issues with their apartments or their struggle to keep up with rents.

And the challenge isn't just for renters. For many of our seniors and longtime residents who own older homes in Auburn, more than 35% are paying more than \$600 a month for expenses, not counting their mortgage. Utilities, heat and property taxes create a real burden, especially for those on a fixed income.

For over a generation, the city has hired consultants to collect this kind of data, created a five year plan, brought it to the council and then repeated the process every five years. The loss of population in-town, the loss of property values and the rising tax burden elsewhere in the city has been evidence that the old way of doing things hasn't worked.

As the Auburn City Council, city staff and neighborhoods look at these proposals, I encourage us to look at all aspects of how we try to grow our community and support residents in having quality housing. It doesn't need to be an either/ or, it can be a both/and.

#### Walkers

Continued from page 1

and 5th overall in the girls 5k event. The U.S. scored the most points ever by a U.S. team at this event and were awarded gold medals for their performance.

This was Dunn's third time representing team USA at this event and Allen's second. The athletes earned their spots on the team in June when they competed at USA Track & Field's junior nationals 10k qualifying race in Clovis, CA.

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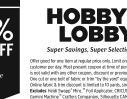
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#### Enough is Enough

#### In the world of bare-knuckle politics, words have consequences

By Robert E. Macdonald

Mayor of Lewiston

State Representative Drew Gattine of Westbrook, welcome to the world of bare-knuckle politics, a world where—how do you liberals put it—words have consequences.

You have been pulled from your rosy world of manicured lawns and honey-sweet people and thrust into a more realistic world inhabited by people like D-Money and Smoothy. A world where insults will be met with something other than niceties.

This time the liberal playbook went awry. What's wrong with Governor Paul LePage? Doesn't he know when he is called a "racist" he must immediately go to his corner, cease any criticism and quietly reflect on his forbidden conduct? Apparently Rep. Gattine subscribes to the adage: Republicans will run when confronted. Not in this case.

The look of sheer fear on Rep. Drew Gattine's face, captured in photos in the newspapers and broadcast on TV, will hopefully resonate with those on the Left that not everyone they smear lacks intestinal fortitude. I wonder, do you think an ambulance and several EMTs were off camera during the TV interviews in case Gattine was overcome by fear and possibly collapsed?

This event provides those with an interest in the study of political science an overview of the evolution of politicians in this country. It has gone from once-fearless legislators to a flock of sheep, sheep that live in fear—sheep that cast votes in order to avoid criticism. It is unfortunate that a majority of our current legislators mirror President Obama's foreign policy: don't confront.

But what did the Governor do to cause this type of savaging? He simply told the



Mayor Bob Macdonald

truth. He accurately stated that 90% of the out-of-state, gang-affiliated entrepreneurs that come into Maine to sell illegal and deadly opiates like heroin and fentanyl are black or Hispanic. This, to the horror of our Liberal Democrats in Maine. In our evolving brave new world, this type of truthfulness is frowned upon.

Not to lose an opportunity to smear the Governor and law enforcement, the ACLU jumped into the fray with their all too familiar cry, "Racial profiling." Please, give us a break. We are talking about ruthless and organized drug dealers who come up from Brooklyn and the Bronx to supply white, local dealers with product. They then distribute this poison throughout our population, killing five Mainers a week, while making a healthy profit.

The local sellers are white, while the majority of out-of-state distributors are black and Hispanic. I would further hazard a guess that the police know when these dealers leave New York and where they are heading to.

Governor LePage's reaction to the vile degrading of his character by Rep. Gattine is that of a red-blooded American who has been defamed, not an out-of-control person. This type of thinking is because the Left has been able to sissify the population. LePage is hardly sissified, and we should

thank him for standing up for the disenfranchised citizens of Maine.

The cause of this confrontation is the result of disagreement over how the current opioid problem should be handled. The Governor wants to increase law enforcement. Democrats and liberal legislators want to increase treatment-both medical and counseling. The question is: with limited tax dollars, how much will be pulled from the elderly, mentally and chronically ill and others? This will be your decision as a voter in November.

Also lost in this media-created frenzy is the TV reporter who started it by asking LePage about Gattine's accusation, which Gattine claims was not true. Why is the reporter conveniently given a pass?

Lastly, we have the Portland Press Herald. It ran an editorial on Friday, August 26, titled "Message to America: Sorry we gave you LePage." This editorial asks for forgiveness of Maine voters for making a terrible mistake by electing and then re-electing the Governor, claiming he is "unfit for high office."

Talk about editorial narcissism. When did the Portland Press Herald become a national newspaper? Last I knew, its dwindling circulation extended only to the cities and towns of Southern Maine with maybe a sprinkling in the New Hampshire border towns. If the Portland Press Herald wants to apologize for the liberals in Portland and its surrounding townsfine. However, you do not speak for the rest of Maine.

If a governor's election was held today, Governor LePage would win handily. Why? Because he speaks for the hard-working common people, not the wine-sipping, cheese-eating, Priusdriving Maine elitists.

#### Take-out bean suppers return



Knights of Columbus Council 12652 launch their season of take-out bean suppers at Holy Cross Church Hall on Saturday, September 3. Proceeds support the council's local works of charity.

The Holy Cross Knights of Columbus, Council 12652, will begin their 2016-17 season of take-out bean suppers on Saturday, September 3 from 3 to 5:30 p.m. Regular take-out suppers will take place on the first Saturday

of each month through May.

The event takes place at Holy Cross Church Hall, 1080 Lisbon Street in Lewiston, and proceeds support the council's local works of charity.

Offerings include their special bean recipe,

coleslaw, buns, ham, and bologna. To accommodate a variety of needs and budgets, items may be purchased in combination specials or "A La Carte." Orders may be placed on site or called in to 212-5163

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#### Chamber Breakfast at Martindale Country Club

The LA Metro Chamber of Commerce will host its next Chamber Breakfast on Thursday, September 8 at 7 a.m. at Martindale Country Club in Auburn. Wake up and network with hundreds of other like-minded

business professionals as you enjoy breakfast, unlimited coffee, and sound insight from guest speakers.

This month's speaker will be Patricia Rosi, CEO of the Wellness Connection of Maine, who will discuss "Medical Cannabis in Maine: The Challenges of Succeeding in a Unique Industry." The cost is \$25 for members and \$30 for non-members. To register, see www.LAMetroChamber.com.



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#### Art Walk LA features local artists

Over 40 artists' work were displayed throughout

Nichole Pelletier, Rachel Lavarree and Melanie Therrien in front of one of her paintings at Wicked Illustrations for the Selfie Contest.



Bill Eldridge, the new owner of a piece by Melanie Therrien of Wicked Illustrations





Alina Laliberte at Wicked Illustrations for the Selfie Contest.



Tiffany Manson and her friend Barb, taking the puppies to the LA Art Walk! First stop Wicked Illustrations for the Selfie Contest with Poise, Quiet City and The Studio.



Enjoying, On the Water, at Wicked Illustrations.



At Poise for the Selfie contest with owner Shanna, Rachel Lavarree and Nicohle Pelletier.



Heather Butler and Mac McFarlane at Wicked Illustrations.

## Chamber workshop explains "How Money Works"

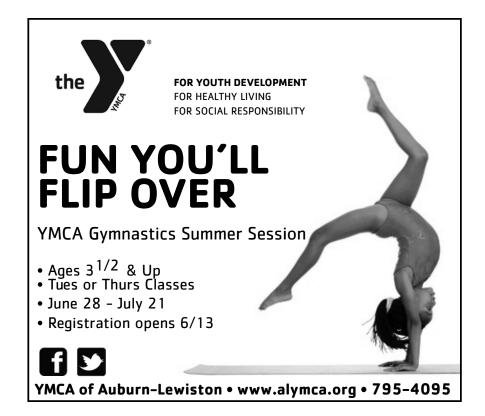
The next seminar in the L-A Metro Chamber of Commerce's Finance Matters series will be "How Money Works" on Wednesday, September 7 from noon to 1:30 p.m.

Did you know that one in four employees are in serious financial distress, and that 80% of those spend 12 to 20 hours per month worrying about their finances, costing your company an estimated \$7,000 in productivity per employee per year? Designed to relieve that stress, this workshop is an Employee Assistance Program designed for employers to offer to their employees as a benefit to inform them of financial secrets used by the wealthy that anyone can use to their benefit.

The workshop will be presented by Randy Martin of Primerica Financial Services. Martin has been involved with Primerica since 2003, beginning when he was a postal worker in Auburn. In that time, he has developed his own business and opened an office in Turner.

The chamber's Finance Matters seminars will continue through December. All seminars are in their conference room at 415 Lisbon Street in Lewiston. The cost is \$25 for members and \$50 for non-members. For more information, call 783-2249. To register, see www. LAMetroChamber.com.





#### There's an Apple for That



If you've ever stood in the produce aisle and wondered what apple to select among the many varieties available, you're not alone. Apple varieties can differ greatly when it comes to taste, texture, cooking and storage properties, making it important to make the right choice to get the best results for your recipe or pairing.

At appleforthat.com, visitors can type in what they plan to cook - from broad categories such as salads, smoothies and snacks, down to specific recipes, such as pink applesauce, fritters, candy-coated snacks and more. The website provides information on the perfect apple to use plus suggests recipes and further information - like tips, health benefits and insights on storage and cooking - helping make the decision easy, no matter what you're making.

Using the right apple can make or break your recipe. For example, some of the best baking apples are Granny Smith and Pink Lady because these apples hold up particularly well under high heat, retaining a firmer texture. Using a good baking apple is what brings that delicious, subtle crunch to pie and other pastry delights, versus a mushy filling. The special Pinata apple by Stemilt Growers is particularly well suited for baking, as it holds up to heat and boasts classic apple flavor with a tropical twist.

For everyday fruit platters, snacks and appetizers featuring fresh, sliced or chopped apples, Honeycrisp is a fantastic option because of its incredible fracturing crunch and a refreshing sweetness similar to fresh apple cider. For whipping up a classic chicken salad, try Fuji or Golden Delicious apples, which are among the sweetest around - the extra sweetness contrasts with the savory ingredients for a more complex flavor. These apples are also ideal

for applesauce due to their soft textures.

For more heart-healthy recipes loaded with antioxidants, vitamin C and fiber, such as this easy, two-minute version of a traditional apple tart, which uses Pink Lady apples, visit appleforthat.com.

Two-Minute Apple Tart Prep time: 2 minutes Cook time: 25 minutes Servings: 8

1 refrigerated ready-touse pie crust

1 pound apples, cored and sliced

2 tablespoons cold butter 1/4 cup granulated sugar 1 teaspoon cinnamon

Heat oven to 425 F.

Remove pie crust from refrigerator and warm to room temperature, about 15-20 minutes. Unroll crust and place it on large baking sheet. Arrange sliced apples on crust, leaving about two inches of space around edge.

Chop cold butter into small bits and scatter over apples. Mix sugar and cinnamon together and sprinkle over apples. Fold two-inch section of open pie crust over apples - this will not cover apples, but contain them inside crust.

## Mouthwatering Autumn Sandwiches



As autumn temperatures move in, sidewalks are painted orange with freshly fallen foliage, cozy sweaters are taken out of storage and mouths begin to water for hearty dishes packed with fall-friendly ingredients. There's much more than pumpkin to freshen up your food: Make the most out of your fresh farmer's market picks and create seasonal sandwiches with these simple add-ins that blend all of your favorite autumn flavors.

\* Butter-up: Pumpkin may be the star of autumn, but butternut squash is quick on its heels. Easy to prepare and packed with vitamins

Bake 20-25 minutes until crust is golden brown and apples are just soft. (Family Features)

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A and C, butternut squash adds a hearty sweetness to any dish. Give your sandwiches a seasonal makeover by creating custom spreads and sauces blended with butternut squash. From a roasted squash, manchego and balsamic-onion grilled cheese to a tangy goat cheese and squash spread on your favorite panini, this quick addition is sure to give any sandwich an extra burst of flavor.

\*Gobble up extra protein: When the leaves start to fall, turkey takes center stage as the go-to protein for sandwiches, snacks and, of course, Thanksgiving dinner. But why wait for leftovers to enjoy a classic turkey sandwich? Lean turkey options help elevate sandwiches while still packing a nutritional punch.



"Look for turkey products that are lower in sodium and fat without sacrificing the amount of protein you get in each serving," says registered dietitian and cookbook author Jessica Fishman Levinson MS, RDN CDN. "A great option is Simply Delicious Slow Roasted Turkey Breast from Land O'Frost, which offers 8 grams of protein for only 50 calories per serving." Simply Delicious is certified as heart-healthy by the American Heart Association and contains no artificial flavors, by-products or added hormones.

\* Apple a day: Apple

picking is a favorite autumn past time, but what do you do with all those freshly picked apples after the pie is made? Use everyone's favorite seasonal fruit to brighten up a warm grilled panini or gourmet grilled cheese with a layer of homemade apple chutney or apple butter.

With these tips in in mind, you'll be able to incorporate your favorite seasonal flavors into an endless array of sandwich combinations. For coupons and more information about Simply Delicious products from Land O'Frost, visit www.landofrost.com. (NewsUSA)



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## What's Going On

#### Chamber fundraising seminar features "Go Fish" author The LA Metro money. Just as different fish

The LA Metro Chamber of Commerce will host the fundraising seminar "Go Fish: How to Catch (and Keep) Contributors" with internationally acclaimed speaker Nancy Bocskor on Friday, September 9 from 8 a.m. to noon at the Hilton Garden Inn of Auburn.

Bocskor, the author of "Go Fish: How to Catch (and Keep) Contributors," a step-by-step guide to fundraising, is an expert on relationship fundraising and is regularly sought-after to share her knowledge in this area through workshops, lectures and university courses.

Relationship fundraising is cost-effective, yields high returns, and the results can be immediate. But for it to work, you must understand why people give



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money. Just as different fish require different bait and equipment, different people need different approaches. This presentation explains relationship fundraising and how to help each donor move from concern, to pas-

Appropriate for executive directors, development officers, senior and junior fundraisers, non-profit staff, lobbyists, advocates, and PAC and grassroots professionals, this half-day seminar will provide practical advice about how to ask for money, organize finance committees, host profitable events, write successful fundraising letters and other best practices for non-profit fundraisers. Attendees will learn how to build a functioning fundraising operation, use storytelling to build personal relationships, build a powerful finance team, and plan fundraising events that actually raise money.

For more information, call 783-2249. To register, call www.LAMetroChamber.com.

## Maine Oxy tees up for Make-A-Wish



Make-A-Wish Maine recently presented a plaque to Maine Oxy in recognition of its support. Pictured here (l. to r.) are Maine Oxy President Dan Guerin, Sonya Purington of Make-A-Wish Maine, Tom Cyr and Mike Mathieau of Maine Oxy, and Adam Dunbar of Make-A-Wish Maine.

Maine Oxy will proudly host its fourth annual Charity Golf Tournament in support of Make-A-Wish Maine on Saturday, September 17 at Fox Ridge Golf Course in Auburn. All proceeds from the tournament will be donated to help grant wishes for children battling life-threatening medical conditions across Maine. The average cost of one wish is \$7,000. Maine Oxy's fundraising goal for this year's tournament is \$16,000.

"This is an opportunity for everyone to help support an amazing organization," said Dan Guerin, President of Maine Oxy. "We're big supporters of the incredible work done by Make-A-Wish here in Maine and across the country. By organizing this tournament, Maine Oxy is excited to help grant more wishes to many local children."

The 2015 golf tournament raised \$14,000, which helped grant two wishes. One of the wish recipients, Jared of Greene, wanted to go to Hawaii. While there, he ran in a 5k-road race!

For more information about the tournament, call 784-5788 or email Tom at tcyr@maineoxy.com or Diana at dpicavet@maineoxy.com. You can also register online at maineoxy.com.

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it doesn't exist.

#### Food for Thought asks: "Were German Spies on Monhegan Island During WWI?"

Steven B. Rogers will be the presenter at USM Lewiston-Auburn Senior College's first "Food for Thought" luncheon of the season on Friday, September 9 at 11:30 a.m. Rogers' talk last year on his fascinating work for the Justice Department was so well received that he was invited back for this enticing session, called "Were There German Spies on Monhegan Island During World War I?"

What do you think? Let's set the stage: The year is 1915. War has been raging in Europe for a year and the United States is trying hard to remain strictly neutral in that conflict. But Germany raises the stakes when it declares unrestricted submarine warfare against neutral shipping and a German sub sinks the Lusitania, claiming the lives of over 100 American civilians. That summer, three mysterious German men appear on Monhegan Island off the coast of Maine and the rumors rage. Were they German spies? If so, why were they there? Join us on September 9 - the public is cordially invited - and

Steven B. Rogers is an independent historian and research consultant based in Washington, D.C., having retired from the U.S. Department of Justice in early 2010 after 32 years of service investigating war crimes and human rights violations.

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Originally from



Steven B. Rogers is an independent historian and research consultant based in Washington, D.C.

Chicago, he holds a foreign diploma from the Pädagogische Hochschule-Freiburg im Breisgau, Germany; a BA in German and English from Florida Southern College; a MA in German Literature from the University of Arizona in Tucson; and a PhD in Germanic Studies from the University of Maryland at College Park.

His essays, articles, poems, reviews and translations have appeared in books, journals, magazines, encyclopedias, and anthologies. He is currently working on a novel set in Halifax, Nova Scotia during World War I, and several pieces of shorter fiction taking place in Maine.

Steve and his wife, SallyAnn, a watercolorist and jeweler, now travel extensively and divide their home time between historic Mount Rainier, Maryland, on the edge of Washington, D.C., and a lakeside cottage in New Gloucester.

Now in its 19th year, L-A Senior College presents the monthly 11:30 luncheon program in Function Room 170 at USM LAC. The cost, which includes lunch, is \$7 with advance reservation or \$8 at the door.

To make your advance reservation, call Senior College at 753-6510 by noon on Wednesday, September 7. Reservation calls received after this time will be considered "at the door."

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## Butterfly Release Celebration sets record



Almost 700 butterfly dedications were received for the annual event, which this year raised more than \$27,000 to support patient care and family support services provided at Hospice House. (Photo by Nathan Tsukroff)

Androscoggin Home Care and Hospice's eighth annual Butterfly Release Celebration on August 7 raised more than \$27,000 to support patient care and family support services provided at the Hospice House. The number of people attending reached 600, surpassing previous years, and 697 butterfly dedications were received.

Ken Albert, AHCH's new President and CEO, welcomed guests, discussed the meaning of hospice care and challenged everyone to have the courage to have conversations with family, friends and health care providers about how we want to live our final days. AHCH's volunteer choir Androscoggin Harmony provided music to start the program. In recognition of the agency's 50th anniversary, butterfly releasers included AHCH's first President, Dick Hooper, its most recent CEO, Julie Shackley, and 45-year employee Linda Stone.

Names of those being remembered were read, and Hospice Supervisor Victoria Scattoloni concluded the program by noting that, for centuries, butterflies have symbolized celebration, transformation and transition. As each butterfly box reached its stand, they were opened, and Monarch butterflies filled the sky. It was a peaceful moment for those in attendance to reflect and remember their loved ones.

"You would think that an event with 600 people would be loud and boisterous, but it isn't. It is calm and peaceful," noted Development Coordinator Teri Blaschke. "It is amazing to watch 600 people of all ages listening closely for their loved one's name to be read and to see the emotions on their faces. When the butterflies are released, you can hear the gasps. It is very moving and incredibly beautiful."

## What's Going On

## Rotary speaker to discuss modern news reporting

Sharon Deveau-Handy will be the guest speaker at the next meeting of the Lewiston-Auburn Rotary Club on Thursday, September 8 at the Ramada Inn. In her presentation, "It's Not Your Grandparents Evening News," she will discuss how technology has changed news gathering and reporting. Guests are welcome to attend.

Deveau-Handy has covered the news in Lewiston-Auburn and southern Maine for nearly 40 years. A native of Bangor who grew up in the Orono-Old Town area, she was inspired to pursue a career in journalism by the work of Washington Post reporters Carl Bernstein and Bob Woodward, who uncovered the Nixon Administration's role in the Watergate break-in.

She graduated from the University of Maine with a degree in journalism in 1978. Her first job brought her to Lewiston, and she liked it so much she never left. Over the course of her 20 years at the Lewiston Sun-Journal, she worked her way up from general assignment reporter to the police, fire and business beats before moving to editorial duties. She has been the assignment editor at WMTW-TV, Channel 8 since 1998.

During her tenure, the news team at WMTW has been recognized by the Maine Association of Broadcasters for its Election Night coverage and has won several regional Edward R. Murrow awards, most recently for their coverage of the blizzard of January 2015. She has also won a Maine Association of Broadcasters award for Public Affairs Reporting for an exclusive report in 2006



Sharon Deveau-Handy has been the assignment editor at WMTW-TV, Channel 8 since 1998.

detailing tax liens that had been imposed on a candidate for governor.

Deveau-Handy is active in the community. She recently became chair of the Board of Directors for Literacy Volunteers-Androscoggin and is president of the Lewiston High School Performing Arts Boosters. She and her husband, Jim Handy, are parents of three adult children, all of whom live and work in the Lewiston-Auburn area.

For more information about this or other Rotary programs, contact Monica Millhime at 753-9040 or monica.millhime@maine.gov.

## Franco Center offers French classes for adults

The Gendron Franco Center will host weeknight French language reacquisition classes for adults starting September 7. The Wednesday night classes will meet from 6:30 to 8 p.m. over an eight-week session in September and October. Classes are taught in French, with English explanations provided as needed. The pace is relaxed, and varied topics are used as a guide to help with speaking. Participants are asked to bring a binder or folder and something to write with

Teaching the course will be Vanessa Stasse. Born in Sherbrooke, Québec of Belgian parents, she has a Master's degree in anthropology from Laval University in Québec City and has lived in Maine for over ten years, teaching French and yoga and interpreting in French, English and Por-

tuguese.

The sessions will take place in Heritage Hall at the Franco Center. The total cost for the eight sessions is \$80. The Franco Center requires a minimum of eight people per session. If that threshold is not met, full refunds will be issued to those who have already registered and paid. To register, call 783-1585, email vanessa. stasse@outlook.com, or mail your contact information and payment to Gendron Franco Center, 46 Cedar Street, Lewiston, ME 04240 Attn: Adult French Classes.

The Franco Center also offers French classes for teens, Fun in French for children ages 4 to 12, and other after-school programs in partnership with community organizations. For more information, call 783-1585, email jjacques@francocenter.org, or see FrancoCenter.org.

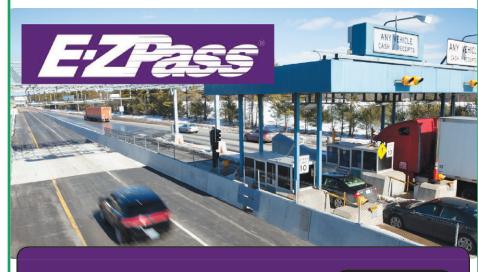


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# Weekly Arts & Entertainment

#### Louis Philippe to perform at La Rencontre

Popular singer and pianist Louis Philippe will provide the entertainment at the Gendron Franco Center's next La Rencontre (The Gathering) on Thursday, September 8 at 11:25 a.m. The meal will be home cooked smothered beef with mashed potatoes and green beans and Franco Center cookies for dessert. Doors will open at 10 a.m.

La Rencontre is in no way restricted to Frenchspeakers or even those of Franco descent. All are welcome to attend this fun monthly meal and event as long as spots remain open. The cost of the meal and program is \$10 per person. Guests may contact the center for reservations



After the meal, musician and vocalist Louis Philippe will perform songs in French and English.

at 783-1585 or boxoffice@ francocenter.org.

After the meal, musician and vocalist Louis Philippe will perform songs in French and English, interspersed with some occasional humor. Based in Portland, he is the founder of Reindeer Records, a small grass-roots label that continues to bring music, business experience and career exposure to entry-level artists. He has a number of CDs available, including "La Vie En Rose: A Tribute to Piaf" and "Father Frenchie Comes to Lewiston." Several raffle prizes will be drawn at the end.

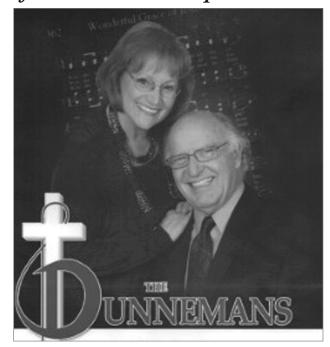
The Franco Center is wheelchair accessible and located on the corner of Cedar and Oxford Streets in the "Little Canada" section of Lewiston, just over the bridge from New Auburn.

#### Dunnemans to perform at Court St. Baptist Church

The Dunnemans will present a concert of gospel music at Court Street Baptist Church in Auburn on Sunday, September 4 at 6 p.m. From Binghamton, New York, Gretchen and Reg Dunneman perform a unique blend of gospel songs, including Southern gospel, country, traditional hymns, classical, and contemporary Christian styles. The couple presents approximately 350 concerts each year at churches, campgrounds, conventions, and senior living facilities from Ontario, Canada to Florida.

Gretchen, a graduate of Eastern University and classically trained, has sung Gilbert and Sullivan operettas, "pops" concerts, and a cappella choral works. She has performed with The Friendship Trio, The Broome County (NY) Savoyards, The BC Pops, The Binghamton Symphony Orchestra, and The Tri-Cities Opera.

Reg, a native of Stratford, Ontario, was raised in a musical family and played piano at an early age. He organized The Victors Trio



The Dunnemans will perform a unique blend of gospel songs, including Southern gospel, country, traditional hymns, classical, and contemporary Christian styles, on Sunday, September 4.

and later The Tabernacle Trio, then toured with Canada's Galileans, a Southern gospel quartet, for more than 20 years before meeting and marrying Gretchen and going on tour as The Dunnemans.

The couple has cut several CDs, including "There's Something Going On," "Tell Them This," "Timeless," "Confident,"
"Before the Throne," and their newest project, "How Big Is Your God?" In addition, Gretchen has recorded the acclaimed CD, "The Recital."

All are invited to attend the concert at 129 Court Street. A free will offering will be received. For more information, call 784-6661.

Send all items for Arts & **Entertainment** to Editor@Twin CityTimes.com.

Deadline is Friday by five.

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#### Public Theatre set to launch new season



Last season's run of "The Ladies Foursome," directed by Tony Award-winning actress Judith Ivey, broke box office records.

Riding the wake of their fourth consecutive win as "Best Theatre in Maine" in Down East Magazine's annual "Best of Maine" readers' poll and last season's record-breaking run of "The Ladies Foursome," The Public Theatre is set to launch its 26th season with an exciting assortment of new plays, including three New England premieres.

But first, in a brief burst of pre-season excitement that pays tribute to its history as a movie house, the theater will again host the Manhattan Short Film Festival on September 23 and 24. This exciting festival features ten short films from around the world, shown together in one viewing. Audiences at selected venues around the globe see the same films within the same week and then vote for their favorites. An entry in last year's festival went on to win the Oscar in the short film category.

The Public Theatre's season will officially open with Tony Award-nominated Maine playwright John Cariani's most recent play, "Last Gas," running October 14 through 23. In this funny, touching and thoughtful comedy by the author of "Almost, Maine," love is lost and found by Nat Paradis, a lonely Red Sox fan who manages the last gas station in northern Maine before the Canadian border.

When an old flame returns to town on the same day his best friend scores Red Sox vs. Yankees tickets, Nat's quiet world sparks to life as choices collide and he follows his heart into unknown territory. A special behind-the-scenes fundraising event featuring John Cariani and the cast will take place on Wednesday, September 28.

On November 4, 5, 6, national headlining stand-up comedians Karen Morgan (a finalist on Nickelodeon's "Search for the Funniest Mom in America") and Jim Colliton will team up for "Lawn and Disorder" to explore the hilarity that resides in everyday married life. Prepare for non-stop laughter, audience participation, and even a couple's game show during this evening of comedy that has "perfect date night" written

The holiday season will be ushered in on December 9, 10, and 11 with The Public Theatre's critically acclaimed original production of "A Christmas Carol." Audience members of all ages will discover the magic of theater when six actors and a fiddler bring Charles Dickens' classic story to life in a way you've never imagined and will never forget. The Public Theatre's everyday ticket price of only \$5 for those ages 18 and under makes this a holiday tradition that families can afford.

Ring in the New Year with "Under the Skin," running January 27 through February 5. Raina's ailing father needs her kidney, but since he's been a lousy dad, she's not too sure he's "kidney worthy." What do we actually owe to our parents and they to us? How do we find a way to be generous with those who have let us down? And why can't we act like adults when our parents are in the room? The road to understanding is paved with surprises in this funny, powerful and moving new play about this most complicated connection between parents and children.

Shake off the winter blues with the hip and charming romantic comedy "Wrong for Each Other," running March 17 through 26. How do you act when you run into an ex nine years later? For this seemingly mismatched couple, it's all awkwardness, nostalgia and laughter as they flash back to the highs and lows of their past relationship. Written by the author of last season's hit "The Ladies Foursome," this charming romantic comedy filled with the wisdom of hindsight combines the chemistry of "Mad About You" with the witty banter of "Seinfeld."

The season will wrap with "Ripcord," running May 5 through 14. In this hilarious and heartfelt new

## "Early Evening Show" welcomes Mark Turcotte

On Saturday, September 3 at 8 p.m., Celebration Barn Theater will present Mike Miclon's late-night talk show spoof "The Early Evening Show," featuring special guests Mark Turcotte and Jason Tardy, along with show regulars Fritz Grobe, Tom Murphy, and more.

Mark Turcotte is a versatile comedian who's performed for audiences ranging from sold-out event centers to his daughter's elementary school faculty. In 2016, he was a semi-finalist in the World Series of Comedy at McCurdy's Comedy Theatre in Sarasota, Florida. He has been selected to perform in the Boston Comedy Festival, Cleveland Comedy Festival,

comedy from the Pulitzer Prize-winning author of "Good People" and "Fuddy Meers," it's "The Golden Girls" meets "The Odd Couple" as two feisty widows wage war over the most desirable room in a retirement home.

The Public Theatre's motto, "Where every person can be a theatre person," is reflected in its mission to produce Broadway-quality theatre featuring professional actors from New York to LA for an affordable top ticket price of only \$20, with an everyday \$5 ticket price for everyone ages 18 and under.

The Public Theatre is located at 31 Maple Street in downtown Lewiston. Season subscriptions are currently on sale. Individual tickets, gift certificates, morning student matinees and group rates for parties of 10 or more are available for all productions. For more information, including show times, call 782-3200 or see www.thepublictheatre.org.



Twin City Nights

Mark Turcotte (photo by Ram Sport Photography)

North Carolina Comedy Arts Festival and Maine Comedy Festival. He was a finalist in the 2014 Funniest Comic on the East Coast contest at Mohegan Sun.

Jason Tardy's solo act is a heady mix of high-energy juggling, fire-eating, balancing, contortion, and crazy offbeat comedy. His fearlessness, outrageous risk-taking, and constant off-kilter banter makes his show a must for audiences of all ages. A long-time Early Evening Show

guest, Tardy has performed all over the U.S. and abroad, including three shows at The White House in Washington, D.C.

The Early Evening Show's wild improvisations, surprise guests and audience interactions have made it the longest-running live variety show in Maine. The Bangor Daily News called it, "a seamless, hilarious production," and CBS Sunday Morning called it "must-see reality."

Tickets are \$14 for adults, \$12 for seniors (ages 60 and over), and \$8 for kids (ages 17 and under). All tickets are general admission and members receive priority seating. The lobby and concessions open at 7 p.m. Purchasing tickets in advance is strongly recommended. Celebration Barn Theater is located just off Route #117 at 190 Stock Farm Road in South Paris. For more information or to purchase tickets, call the box office at 743-8452 or see www. CelebrationBarn.com.







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11am - 1:30pm

## Twin City Nights

#### Maine Event Comedy presents Kelly MacFarland

Maine Event Comedy will present nationally touring comedian Kelly Mac-Farland at the Lewiston Elks Lodge on Saturday, September 10 at 8 p.m. MacFarland has appeared on NBC's Last Comic Standing and Gotham Comedy Live. She'll be joined by Brian Brinegar, Mark Reilly and host Mark Turcotte.

Captivating crowds with her charm and playful point of view, Kelly MacFarland headlined the Boston Women in Comedy Festival, was first runner-up in the 2009 Boston Comedy Festival and was voted Best of the Fest in the 2010 Aspen Rooftop Comedy Festival. She has appeared on The Today Show, The View and has entertained our troops overseas.

Thrice named Maine's Best Comedian by the Portland Phoenix, Brian Brinegar is originally from Los Angeles and has worked with Last Comic Standing winner Iliza Shlesinger. He was featured on the Comedy Time Network and has performed at the Comedy Store in Los Angeles and the Ice House in Pasadena.

Mark Reilly, who moonlights as a U.S. mail carrier, was a finalist in Portland's Got Talent and a semi-finalist in Portland's Funniest Professional contest. He recently performed at the World Series of Comedy in Boston and in the Broken Record Show at the Wild West Comedy Festival in Nashville Tennessee. Host Mark Turcotte was a recent selection to the Boston, Cleveland, and North Carolina comedy festivals.

The Lewiston Elks Lodge is located at 1675 Lisbon Road. The show is for ages 21-and-older and doors open at 7 p.m. Tickets are \$10 in advance and \$12 at the door. Advance tickets are available at maineeventcomedy.com. For more information, call 513-0742 or email maineeventcomedy@gmail.com.

#### APL book group to discuss "Elephant Company"

The Auburn Page Turners are always looking for new members to join their boisterous and fun group of avid readers. Their next discussion on Monday, September 12 at 12:30 p.m. will feature the non-fiction title "Elephant Company: The Inspiring Story of an Unlikely Hero and the Animals Who Helped Him Save Lives in World War II." In the book, author Vicki Constantine Croke tells the story of James Howard

"Billy" Williams, whose uncanny rapport with elephants transformed him from a carefree young man into the charismatic war hero known as Elephant Bill.

"Although not without tragedy, the story of Elephant Bill, with his near mystical understanding of elephants, is ultimately uplifting," wrote Sara Gruen in a New York Times review. "Elephant Company' is nothing less than a sweeping tale, masterfully written."

#### FRANCOCENTER.ORG PIANO CONCERT SERIES Chiharu Naruse Friday, September 23 \$15; Seniors \$10; Students Free "a world class artist who would grace any concert stage.' - Portland Press Herald ... AND MARK YOUR CALENDER ... Saturday, October 15 Franco Center **Gala and Concert** Celebrate - Experience - Discover Central Maine's Premier Events FrancoCenter.org Corporate Parties Conferences Class Reunions Weddings/Receptions Celebrations of Life Banquets Family Gatherings Concerts Dances Fundraising Events ... and more! Proms COMPLETE CATERING & BAR SERVICES! (207) 783-1585 \* FRANCOCENTER.ORG \* 46 CEDAR STREET, LEWISTON DEKWKITEKS: CENTEK STREET DENTAL \* TUKNEK PUBLISHING \* TWIN CITY TIMES. NSORS: ANDROSCOGGIN BANK \* SUN JOURNAL \* PENMOR \* ROOPERS \* UNCLE ANDY'S DIG GLEASON MEDIA \* NEXT LEVEL BUSINESS COACHING \* CITY of LEWISTON \* OXFORD CASINO

#### DaPonte String Quartet returns to Paris Hill



Chosen by DownEast Magazine as Maine's Number One Music Group in 2014, the quartet is comprised of Ferdinand "Dino" Liva (violin), Lydia Forbes (violin), Myles Jordan (cello), and Kirsten Monke (viola).

The DaPonte String Quartet will return to Paris Hill for the First Baptist Church of Paris' annual Leaf Peeper Concert on Sunday, September 4 at 3 p.m. Their program will feature the Mendelssohn String Quartet Op 80 and the Beethoven String Quartet Op 59, No 2. The church is located at 500 Paris Hill Road in South Paris. Admission is \$15 per person, payable at the door.

The DaPonte String Ouartet was chosen by DownEast Magazine as Maine's Number One Music Group in 2014. The Quartet is comprised of four musicians, Ferdinand "Dino" Liva (violin), Lydia Forbes (violin), Myles Jordan (cello), and Kirsten Monke (viola), all formerly of the Philadelphia Symphony, who chose to move to Maine in the early 1990s.

While musicians and critics alike wondered at the time why the DSQ would make that move, it turned out to be a fortunate one. Few string quartets can boast such a devoted following. The people of Maine have warmly embraced the DSQ, which has become an integral part of the state's musical life. When the Quartet debuted at New York's Carnegie Hall, a large contingent of their fans traveled to New York to hear and cheer them there.

This support enables the DSQ to perform a wide-ranging and varied repertoire. While many classical musicians struggling with the realities of the contemporary musical marketplace find themselves performing exclusively new compositions, the Quartet's repertoire spans the entire history of music, from seventeenthcentury works on original instruments to cutting-edge contemporary quartets, like the one written for them by Pulitzer Prize-winning composer David Del Tredici.

The DSQ is also known for their inventive interpretations of the works they play. The Boston Globe has observed that whatever music they present - be it Renaissance, Baroque, Classical, Romantic, Modern, or Post-Modern - the freshness of the DSQ's performances make these works appear novel and contemporary. Their performances affirm chamber music as a vital contemporary art form.

Nor has the move cost them a national following. The DSQ continues to be sought after to perform and teach all over the U.S. and the world. They have appeared in France, Scotland, Canada, and more than twenty American states. Their performances have been broadcast over nation-wide radio and television programs in both the United States and Canada. They have received awards from the National Endowment for the Arts, the Philadelphia Musical Fund Society, the Music Teachers National Association, Chamber Music America, and have participated in several of the nation's most prestigious concert series to rave reviews.

For more information about the concert, contact Mary Beth Caffey at 754-7970 or mbcaffey@aol.

#### Auburn Rec offers senior activities

The Auburn Recreation Department will offer the following activities for seniors in September.

Line Dancing will be offered at Hasty Community Center in Pettengill Park on Friday mornings from 10:30 to 11:30 a.m. and Friday evenings from 6 to 7 p.m. Led by Rina Cloutier, this is a drop-in program and no registration

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is required. The cost to attend is \$3 per person.

On Thursday, September 15, from 8 to 10 a.m., the seniors center will host a pancake breakfast for those ages 55-plus. The menu will include pancakes, butter, syrup, bacon strips, strawberries, whipped cream coffee or tea and orange juice. The cost is \$5 per person.

On Thursday, September 22, there will be a trip to Market Basket in Biddeford. The van will leave Pettengill Park at 9 a.m. and return around 4 p.m. Lunch (on your own) will be at a local restaurant, and the van will stop at other local stores as desired. The cost is \$5 per person and space is limited. Register in person at the Auburn Rec Department.

For more information, call Jan Biron Mondays through Thursday from 8 a.m. to 1 p.m. at 333-6601, ext. 2108.



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#### Thursday, September 1

Mind Your Business Seminar. 8 to 9:30 a.m. LA Metro Chamber of Commerce, 415 Lisbon St., Lewiston. Tim Cyr of the Aspiring Entrepreneurs' Guild discusses "Quitting the Day Job." \$50 (members \$25). www.LAMetro-Chamber.com.

Rotary Club Meeting. Noon to 1 p.m. Ramada Inn, Lewiston. Director Tahlia Chamberlain discusses Literacy Volunteers-Androscoggin. Guests welcome. 753-9040; monica.millhime@maine.gov.

Frank Glazer Memorial Concert. 7 p.m. Franco Center, 46 Cedar St., Lewiston. For this free special event, Glazer's youngest student, Ksenia Kostelanetz, performs works by Rachmaninoff, Brahms and Beethoven. No tickets required. 783-1585.

#### Saturday, September 3

Gem and Mineral Show. 10 a.m. to 5 p.m. Nat'l Guard Armory, Western Ave., Augusta. The Kennebec Rocks and Minerals Club present displays, demos, door prizes, and kids' activities. Cont. 9/4, 10-4. 873-6270.

Take-Out Bean Supper. 3 to 5:30 p.m. Holy Cross Church Hall, 1080 Lisbon St., Lewiston. Items may be purchased in combo specials or "A La Carte"; order on site or call 212-5163. Pres. by Knights of Columbus Council 12652.

The Early Evening Show. 8 p.m. Celebration Barn Theater, 190 Stock

## Calendar

See more Calendar at www.TwinCityTimes.com

Farm Rd. (just off Rte. #117), So. Paris. This episode of Mike Miclon's latenight talk show spoof features guests Mark Turcotte and Jason Tardy. \$14/12/8. 743-8452; www.CelebrationBarn.com.

#### Sunday, September 4

Lewiston Farmer's Market. 10 a.m. to 1 p.m. Municipal Parking Lot, corner of Lincoln & Main. Enjoy family-fun activities while buying fresh, local goods and products. Sundays through mid-October. 513-3848; lewistonfarmersmarket@gmail.com.

Concert: DaPonte String Quartet. 3 p.m. First Baptist Church, 500 Paris Hill Rd., So. Paris. The acclaimed ensemble performs works by Mendelssohn and Beethoven. \$15 at door. 754-7970; mbcaffey@aol.com.

Concert: The Dunnemans. 6 p.m. Baptist Church, 129 Court St., Auburn. This husband-and-wife duo perform a range of gospel songs, including Southern gospel, country, traditional hymns, classical, and contemporary Christian styles. Free will offering.

#### Tuesday, September 6

Tuesdays at the Gazebo. 6:30 p.m. Village green, Rt. 117, Turner Center. Turner Templetons with Tom Stevens perform. Sug-

Comm. Concepts helps finance

treehouse lodging venture

gested \$5-10 donation goes to the musicians.

#### Wednesday, September 7

Finance Matters Seminar. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Randy Martin of Primerica Financial Services discusses "How Money Works." \$50 (members \$25). 783-2249; www. LAMetroChamber.com.

Volunteer Scribes Program. 2 to 3 p.m. Auburn Public Library. The Alzheimer's Assoc. discusses this program, in which college students interview and write the life stories of those living with dementia. Free. 333-6640, ext. 4

#### Thursday, September 8

Chamber Breakfast. 7 a.m. Martindale Country Club, Auburn. Wellness Connection of Maine CEO Patricia Rosi discusses "Medical Cannabis in Maine: The Challenges of Succeeding in a Unique Industry." \$30 (members \$25). www. LAMetroChamber.com.

La Rencontre. 11:30 a.m. Franco Center, 146 Cedar St., Lewiston. After the meal, musician and vocalist Louis Philippe performs songs in French and English. \$10. Reserve at 783-1585, boxoffice@francocenter.org.

Rotary Club Meeting. Noon to 1 p.m. Ramada Inn,

Lewiston. WMTW-TV, Channel 8 assignment editor Sharon Deveau-Handy discusses why "It's Not Your Grandparents Evening News." Guests welcome. 753-9040; monica.millhime@maine.gov.

#### Friday, September 9

Fundraising Seminar. 8 a.m. to noon. Hilton Garden Inn, Auburn. The LA Metro Chamber presents fundraising expert Nancy Bocskor, who discusses her book "Go Fish: How to Catch (and Keep) Contributors." 783-2249; register at www.LAMetroChamber.

Food for Thought Luncheon. 11:30 a.m. Room 170, Lewiston-Auburn College. Independent historian Steve Rogers addresses the question: "Were There German Spies on Monhegan Island During World War I?" \$7/8, incl. lunch. For adv. price, register at 753-6510 by noon on 9/7.

#### Saturday, September 10

Greek Festival. 10 a.m. to 6:30 p.m. Holy Trinity Greek Orthodox Church, Hogan Rd., Lewiston. All are invited to enjoy the foods, music and dancing of Greece; church tours, tag sale. Free admission.

Square & Round Dancing. 7 to 10 p.m. Oxford Hills Middle School, 100 Pine St., So. Paris. The Swingin' Bears kick off their season; door prizes, 50/50 drawing, refreshments. \$7 (free for non-dancers). 782-4050; swinginbears.squaredanceme.us.

Maine Event Comedy. 8 p.m. Lewiston Elks Lodge, 1675 Lisbon Rd. Host Mark Turcotte welcomes Brian Brinegar, Mark Reilly and nationally touring comedian Kelly MacFarland. Ages 21+; doors at 7:00. \$12 (\$10 in advance). maineeventcomedy.com.

#### Sunday, September 11

Lewiston Farmer's Market. 10 a.m. to 1 p.m. Municipal Parking Lot, corner of Lincoln & Main. Enjoy family-fun activities while buying fresh, local goods and products. Sundays through mid-October. 513-3848; lewistonfarmersmarket@gmail.com.

#### Monday, September 12

Jason Bourne (PG-13)......

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Don't Breathe (R)...

War Dogs (R)...

Sausage Party (R).

Mechanic: Resurrection (R)......

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Hands of Stone (R) ...... 12:30

The Secret Life Of Pets (PG)...... 1:30 4:20

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Book Discussion. 12:30 p.m. Auburn Public Library. The Auburn Page Turners discuss Vicki Constantine Croke's "Elephant Company: The Inspiring Story of an Unlikely Hero and the Animals Who Helped Him Save Lives in World War II." Free.

#### Tuesday, September 13 Tuesdays at the Ga-

zebo. 6:30 p.m. Village green, Rt. 117, Turner Center. Mary Murphy performs. Suggested \$5-10 donation goes to the musicians.

#### Wednesday, September 14

Concert at the Basilica. 7:30 p.m. Basilica of Sts. Peter and Paul, 122 Ash St., Lewiston. This weekly concert series concludes with a performance by Randall Mullin (organ) and the Norumbega Brass Ensemble. Free. www.princeofpeace.me.

#### Sunday, September 18

Lewiston Farmer's Market. 10 a.m. to 1 p.m. Municipal Parking Lot, corner of Lincoln & Main. Enjoy family-fun activities while buying fresh, local goods and products. Sundays through mid-October. 513-3848; lewistonfarmersmarket@gmail.com.

#### Sunday, September 25

Lewiston Farmer's Market. 10 a.m. to 1 p.m. Municipal Parking Lot, corner of Lincoln & Main. Enjoy family-fun activities while buying fresh, local goods and products. Sundays through mid-October. 513-3848; lewistonfarmersmarket@gmail.com.

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..... 1:40 4:40 .. 7:15 9:25

.. 1:15 4:15 .. 6:50 9:15

3:30..6:45 9:10

..7:20 9:40

.. 1:10

.. 12:50

#### Saturday, October 1

The Dempsey Challenge. Simard-Payne Memorial Park, Lewiston. Pres. by Amgen, this run, walk and cycle event supports the Patrick Dempsey Center for Cancer Hope & Healing. Cont. Sunday. Register at www. dempseychallenge.org.

The Early Evening Show. 8 p.m. Celebration Barn, 190 Stock Farm Rd. (just off Rte. #117), So. Paris. Mike Miclon's late-night talk show spoof concludes its summer run with a final all-new episode. \$14/12/8. 743-8452; www. CelebrationBarn.com.

#### Sunday, October 2

Lewiston Farmer's Market. 10 a.m. to 1 p.m. Municipal Parking Lot, corner of Lincoln & Main. Enjoy family-fun activities while buying fresh, local goods and products. Sundays through mid-October. 513-3848; lewistonfarmersmarket@gmail.com.

#### Sunday, October 9

Lewiston Farmer's Market. 10 a.m. to 1 p.m. Municipal Parking Lot, corner of Lincoln & Main. Enjoy family-fun activities while buying fresh, local goods and products. Sundays through mid-October. 513-3848; lewistonfarmersmarket@gmail.com.



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#### Timberstone Adventures, a family-run disc golf course in Stoneham, recently expanded their operation to include a unique lodging experience: treehouses. Owners Karen and

Frank Ring worked with Zakk Maher of Community Concepts Finance Corp to secure the funding needed to construct three new treehouse cabins on their property, located only 20 minutes north of downtown Norway, abutting the White Mountain National Forrest. The Rings have already started booking reservations through the end of the summer for the newly completed treehouses, which sleep four people each. The largest treehouse, to be completed in August, will sleep eight and will boast a full kitchen, two full baths, two living rooms, and a custom built spiral staircase.

The Rings, with help from their son, Josh, and his wife, Cindy, started building the first treehouse in 2014 with lumber cut and milled on site. That treehouse was featured in Bethel Living Magazine in 2015 and has garnered much attention by travelers on Route 5. It is scheduled



Timberstone Adventures owners Frank and Karen Ring, with their son, Josh, his wife, Cindy, and their grandchildren, Kaylee, Alanna, and Owen

to host "Bill Green's Maine" later this summer.

Timberstone Adventures opened their mountain terrain disc golf course in 2015 and secured a spot hosting the Maine Disc Golf Tour in July 10. They provide free rounds of

disc golf to their overnight guests, which have included wedding parties, local church groups and corporate retreats. For more information on Timberstone Adventures Disc Golf and Treehouse reservations, see TimberstoneAdventures.com.



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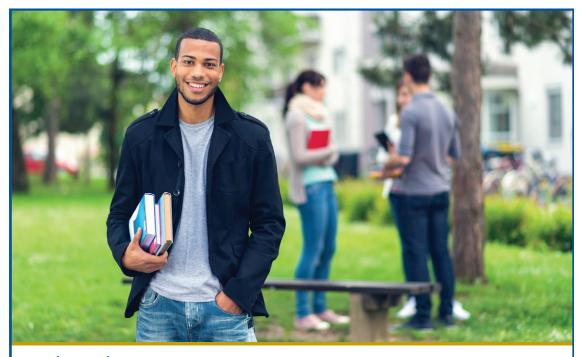
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Lin Dehetre of Norway Savings Bank presents a \$1,500 donation to Dave Zimmerman of BME.

Norway Savings Bank recently donated \$1,500 to Maine Housing and Building Materials Exchange, an organization that offers new and recycled building materials to low-income Maine families for the improvement, weatherization and general maintenance of their homes at substantially discounted prices.

Located in Lisbon, BME occupies a 14,000 sq. ft. warehouse that holds thousands of inventory items: hot water heaters and wood-stoves, insulation, lumber and flooring, doors, windows and many other components that keep a house safe and secure. Material donations come from a variety of sources, including contractors, building supply warehouses, and home-owners remodeling their homes. Shoppers of BME pay an annual income-based membership fee ranging from \$10 to \$25 and the product pricing is also based on the customers' income.

"Our mission is to give deep discounts to very low-income homeowners to improve heating, weatherization, energy efficiency and safety," said Dave Zimmerman, Operations Director of BME. "Every year we find ourselves unable to assist all the applicants to this program because of a lack of funding. Norway Savings Bank's donation will help us meet this need."

"This is a really great way to give back to our community, by enabling people to make important renovations to their homes in a very affordable way," said Lin Dehetre, manager of the bank's Auburn branch.



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