

219 West Tennessee St. Florence, AL 35630 256-764-4268

**EMS Director
in State Post**

SHEFFIELD – Bruce Carson was nominated to sit on the State Emergency Medical Control Committee (SEMCC). Carson is the director of Keller EMS. The SEMCC is a committee of the Alabama Department of Public Health office of EMS and Trauma.

The SEMCC formulates rules and policy pertaining to emergency medical services. This committee comprises physicians and medical professionals across the state of Alabama. Carson will be one of the first paramedics to ever serve on the committee.

Carson has worked with Keller EMS for over twenty years and has served as director since 2008. He also serves as the Trauma Coordinator for Helen Keller Hospital and is a member of both the trauma and stroke committees at the hospital. Carson is also a flight paramedic with Air Evac.

**Health Plan
for Florence**

FLORENCE—August 29 marked the opening of the City of Florence Employee Health & Wellness Center, a new facility that will provide access to primary and preventive healthcare to city employees and their dependents which will be covered by the city's health plan. This new center is a collaborative partnership by the city of Florence and Tennessee-based industry pioneer for onsite healthcare, CareHere.

Covered patients can schedule appointments online or over the phone. Appointments are never double-booked so the wait time is on average less than two minutes.

CareHere will oversee and manage the operations of the facilities. "We look forward to providing primary care and preventive care resources that will help to inspire the employees of the city of Florence and their families in reaching their health and wellness goals," stated Ben Baker, Florence native, CareHere Co-founder, and COO.

The City of Florence Health and Wellness is located at 311 West College Street.

**Birthday Plans
for Wheeler**

HILLSBORO—The Alabama Historical Commission is honoring General Joe Wheeler's birthday at his home in on Saturday, September 10.

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Volume 132 Number 46

September 7, 2016

POSTAL PATRON

Courier Journal

Verification of weekly circulation upon request



Flood Relief

SBC Disaster Relief Ministry on Site with Others in Louisiana



L-R Sammy Dennis, Butch Hillis, Johnny Nixon, Larry Jarnigan, and Terry Burcham.

Ginamarie Showalter

Editor's Note: Ginamarie Showalter spent many years of her life in Florence and now lives in Zachary, LA. She assisted with flooding stats and information for a commentary that published in last week's Courier Journal. Ginamarie was pulling out of a Baton Rouge parking lot August 31 and a Woodmont Baptist Church bus with Disaster Relief trailer passed her. She followed it and later got these photos.

BATON ROUGE, LA – The Southern Baptist Convention Disaster Relief Ministry team has been trained and certified to do what is called "mud out" relief work from flooding. They help remove and tear out the insides of flooded homes to the studs. Then treat the studs with Clorox water to kill the mold and to dry out foundations. Preston "Butch" Hillis is a member at Woodmont Baptist in Florence, and he is the Northwest

See RELIEF... on Page 6

Courier Journal Perma-Note

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**It's All About
Our Caring**

SHOALS—The 2016 United Way of Northwest Alabama's Campaign Kickoff and Day of Caring will begin with the hands-on meal packaging event, UNITE to Fight Hunger, on Tuesday, September 13 beginning at 7:30am at the Florence-Lauderdale Coliseum on Veterans Drive in Florence.

The mission of United Way of Northwest Alabama is "to improve lives by mobilizing the caring power of the community to create

See CARING... on Page 6



United Way photo

**GOSPEL
from the Son
of the Mob**

FLORENCE—The Attention Homes of NW Alabama is hosting a Benefit Dinner on Thursday, September 15 at 6pm at Cross Point Church of Christ in Florence.

The featured guest will be nationally-acclaimed speaker and author, Michael Franzese. Dinner will be catered by Ricatoni's.

Michael Franzese grew up as the son of notorious Underboss of New York's violent and feared Colombo crime family. At his most affluent he generated an estimated \$5-\$8 million per week from legal and illegal businesses. Then an innocent young woman walked into his life. Her beauty captivated him and her faith in God brought him home. It's a

See MOB... on Page 6

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- Adopt-A-Friend
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WASHINGTON
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Celestial Thoughts

Are you in one of those jobs where you feel stuck? Do you have more to offer the world, but you have to pay the bills? Do you feel undervalued and unappreciated? If so, you are not alone. It seems somewhat unfortunate that I can relate, but on the other hand, it has given me great perspective and motivation to work on my humility. What I have done with some of my lemons in life is make lemonade in the form of blessing someone's day. When I see a co-worker who is suffering, has a birthday, or has gone above and beyond, I take it upon myself to give them a little goodie of some kind with a note of encouragement. It seems like a small thing, but they have been so shocked to be recognized in this way. Their faces shine and they tell me how much the small token meant to them. Maybe that's why God has you in your current situation. He may need you to make some lemonade.

"... encourage one another and build each other up..."
1 Thessalonians 5:11

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SHORTS...

Birthday Plans for Wheeler

Continued from Page 1

Visitors to Pond Spring, the General Joe Wheeler Home, will be able to sample cake made from a family recipe said to be the General's favorite.

Entrance to the grounds, to view the re-enactment, the concert, and cake and Pepsi products are FREE. Admission to the Wheeler House is \$8 adults, \$5 seniors/college students/military, \$3 children 6-18, and free for children under 6. Tours are from 9am-3pm.

The annual celebration begins at 10am. The public can explore the grounds from 10am-3pm. Come see re-enactors firing a working Civil War cannon and cavalry officers performing drills. Watch folk artists such as a blacksmith demonstrate their skills. Enjoy a pit-fire cooking demonstration or view handmade quilts based on designs from the 1860s. Learn about bees and their ecosystem from the Tennessee Valley Beekeepers Association.

Lunch will be available for purchase from Copperhead Road Barbeque & Such, a local food truck. At noon the grounds will be filled with live music featuring country music performer Wade Oliver on the museum's front porch.

Wheeler was a legendary Confederate general, a U.S. congressman, and a Spanish American War general. Following the Civil War, Wheeler became a national symbol for reunification and reconciliation. His 1870s home is the center point of the 50-acre historic site owned by the Alabama Historical Commission. The collection contains around 10,000 objects, furnishings, clothing, and papers associated with the family. For more information contact Kara Long at pondspringdirector@gmail.com or 256-637-8513.

JAGUAR: XJS, 1985 4-SEAT coupe; small block GM engine/tranny; body straight; \$1,500. 256-349-8849, or 256-757-2271.

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The Utilities Board City of Muscle Shoals Water & Wastewater Department will accept sealed bids on the following vehicle until 3:30 p.m. on **September 15, 2016.** The vehicle listed may be inspected at the office located at 2210 E. Second Street, Muscle Shoals. This vehicle will be **SOLD AS IS.**

2003 Ford F150 Crew Cab
White Exterior
1FTRW07673KB97967

The Utilities Board City of Muscle Shoals Water & Wastewater Department reserves the right to reject any or all bids, to waive any informality in any bid, and to accept any bid considered being advantageous to the owner.

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The Mystery of Iniquity

The phrase found only in 2 Thessalonians 2:7, one Webster's definition of iniquity is "a sin or a crime; wickedness, any act of injustice." Iniquity is in Bible 262 times. Sin is in Bible 389 times. The Bible says **Ecclesiastes 7:20** "For there is not a just man upon earth, that doeth good, and sinneth not." **James 1:15 states** "Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death." Sin came on this earth through the Devil. See **1 John 3:8** "for the devil sinneth from the beginning." The devil caused Adam and Eve to disobey God. **Romans 5:12** "Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned." **Romans 6:23** "For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord." God set the death penalty, not man. In **Romans 7:17&20**, the saved Apostle Paul declares "sin that dwelleth in me." Paul died. Why? **Sin was in his body after salvation and sin is in our body whether you are saved or not. We will all die because our physical body is cursed.** Only the saved will escape physical death if the Lord comes and takes us up to be with Him. The mystery of iniquity does his work very well. **SIN IS A PERSON AND A SILENT KILLER. SEE GENESIS 4:7.** Only two men have escaped death so far, Enoch and Elijah. See **Genesis 5:24 & 2 Kings 2:11.**

As a result of sin, (iniquity), man has two appointments ahead of him. **Hebrews 9:27** "And as it is appointed unto men once to die, but after this the judgment." Acts 17:31 "Because he hath appointed a day, in the which he will judge the world in righteousness by that man whom he hath ordained; whereof he hath given assurance unto all men, in that he hath raised him from the dead." Now, today as you read this and you are not ready to meet these appointments, you still have a chance to prepare to meet God. You can decide now, today, to receive the one who paid the penalty for your sins, the Lord Jesus Christ. If you don't and you die and enter eternity alone, you will be without hope forever. Christ can fix you up, just ask Him.

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Community Notes

Day by Day, support for grieving parents and grandparents, meets Sunday, September 9 at 2pm at the Woodmont Baptist East Campus, Darby Drive, Florence.

The theme of the meeting will be: "Strengthening those in grief as they remember and share an event in the life of their child."

Another upcoming activity will be the annual balloon release on October 11.

For more information about either event, email anita.watkins@comcast.net or nhargett@comcast.net or call 256-764-8093.

The Club in Florence Boomers and Seniors is sponsoring a Pigeon Forge and Smoky Mountains Show Trip (Open to All Ages) 5 Days - 4 Nights, November 7-11, 2016, \$435 pp/Double Occupancy. This Tour Includes: Motorcoach transportation, 4 nights lodging, 8 meals: 4 breakfasts and 4 dinners. Admission to Titanic: The World's Largest Museum Attraction, Three Dinner Shows: Soul Of Motown, America's Hit Parade, and The Hatfield-McCoy Show, One Evening Show: Smoky Mountain Opry, Two Morning Shows: The Smith Morning Variety Show And "Tis The Season" Show. Free time in Historic Downtown Gatlinburg.

Deadline to register extended to September 9. For Information and Reservations Contact: Fran Davis at 256-760-6420.

Swamp John's Fish Fry Friday, September 9 from 4-7pm at the Lions' Den, 118 Church Street in Cherokee. Fish, chicken tenders, shrimp or combo plates with fries, slaw, hush puppies and drink for \$10. Dine in or carry out.

Autism Support Group meets every fourth Thursday of every Month. For more information please call Bridget Anderson Hodges 256-767-6417 or 256-740-2532 or email bridgethodges4@gmail.com

The Board of Directors of Kennedy-Douglass invite you to join them for an Open House on Friday, September 9 from 11:30am-2pm at 217 East Tuscaloosa St., Florence. All three houses will be open, and we encourage you to tour each house. Many changes have been made in each one. Refreshments will be served. Door prizes. For more information, please call 256-760-6379.

Alamance Chapter Daughters of the American Revolution will meet Friday, September 9 at 2pm at the Florence Lauderdale Public Library.

Single Adult Ministry for Seniors (S.A.M.S.) meets Friday, September 9 at 6pm at Cross Point Church of Christ Pavilion. Bring finger food and be ready for some corn hole competition. 256-767-1869. (non-denominational singles -40 and over)

Cloverdale Community Center Breakfast will be held on Saturday, September 10 from 6:30-9am. The cost of the breakfast is \$6 for adults and \$3 for children. Profits from the breakfast will go toward the upkeep of the center.

Food From Christ - If you are in need, call 256-810-8694.

Ladies Day at Salem Church of Christ, 9671 Hwy 17, Florence on Saturday, September 10, 8:30am-Noon. Breakfast will be served. Guest speaker: Leah Faughn.

Let the Beauty of Jesus be seen in you.

The Order of St. Luke Shoals Chapter monthly meeting is September 1 at 6:30pm in the Sheffield Room of Park Place, 501 N. Montgomery Ave. Sheffield. Dr. Stephen Gray's message "Are You Ready to Commit to Spiritual Growth?" is the last of his series. Prayer is available at 6pm and after the program.

The Landing is a place for junior high and high school youth to get help with hurts, habits and hang-ups. It follows the format of Celebrate Recovery. This non-denominational program at Rogersville United Methodist Church in Rogersville is a Christ-centered way to help teach and bring healing to teenagers who are dealing with many issues in their life including dysfunctional families, addictions, self-harm, or struggling to find their place in this world. We meet Thursdays at 6pm for snack and the program starts at 6:30pm. For more info contact Robert at 256-247-3307 or Jan at 256-230-5653. If you know anyone who needs this help, please direct them to this group.

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piggly wiggly

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An exclusive listing of the better sales in the Shoals area.
To list your sale, fill out the form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

ROGERSVILLE: 7 FAMILY BIG BACK YARD SALE, Friday and Saturday, Sept. 16 and 17, 7 am until? 1964 Lee St.

YARD SALE!

FLORENCE: 334 CO. RD. 232 Saturday 7 a.m.-?? Clothes household and outside items, washer & dryer, FOUR FAMILIES!

MOVING

ROGERSVILLE: 75 JACKSON AVE. (Elgin Forest) Yard Sale Rain or Shine- Saturday, Sept. 10. Gold frame mirror, Tierra dishes, recliner, plus size women's/men's clothes, Lots of misc. items, girl clothes size 4 up to 10.

TUSCUMBIA: 1008 E. FIFTH Street Fri - Sat Fri. 7:00 am til 2:00 pm, Sat. 7:00 am til 2:00 pm, Multi Family YARD SALE. Antiques, collectibles, tools, furniture, household items, etc. Lots of other goodies.

TUSCUMBIA: 13100 HIGHWAY 247 Saturday First house on the left 6am-12 metal detector, lawn mover, odd tools, etc.

SHEFFIELD: 3206 18TH AVENUE (Across from water tower) Saturday 7AM-Noon, LOTS of unique stuff!

GARAGE SALE

FLORENCE "3 FAMILY" 210 Westbury LN, Creekwood Sub., Sat., Sept. 3rd Children's Store Closed! Thousands of kid's clothes and items! Name brand children's clothes all sizes, furniture, bedding, pictures, baby items, **BIGGEST SALE EVER!!**

MUSCLE SHOALS: YARD SALE! Sept. 10th, Saturday, 7 AM, 2003 Rosedale: Furniture, jewelry, boys/men's/ladies and women's plus sizes, books and miscellaneous.

CARPORT SALE

FLORENCE: 3820 CO. RD. 137 Saturday, 7-12. nothing over \$5.

GARAGE SALE

CENTRAL: 15815 SAVANNAH HWY 20 Thurs. - Sat. 8 a.m.-?? About 2 miles past the Trace going toward Tennessee. Nice furniture, clothes, like new home interior, too much to list! **FOUR FAMILIES!**

GARAGE SALE

MUSCLE SHOALS: 305 LAUREL Oak Dr. Saturday 5:30 a.m.-11 a.m. Cypress Lakes Subd.

FLORENCE GARAGE SALE:

3820 CO. RD. 137 Saturday, 7-12. Large variety! A few nearly new Alabama clothes.

Yard Sale

MUSCLE SHOALS: 2205 GUSMUS Ave. Fri. and Sat., 6 a.m. Clothes, furniture, toys, tools, glassware.

MUSCLE SHOALS HUGE MOVING SALE, 221 Lewis St., Friday and Saturday, 7:30 am-4 pm, Tools, Entertainment Centers, Old Vinyl Records, Furniture, Men's clothing and shoes, Household items, Linens, Games and much more!

ELGIN CROSSROADS: STACEY LANE (Elgin Forest Subdivision) Fri - Sat 7AM-2PM. TOOLS, large rolling tool box, oak roll top desk, assorted household items.

MULTI-FAMILY YARD SALE, SATURDAY, Sept. 10th, 7 am until? 1705 Co Rd 73, Killen, (two miles past Atlas Church of Christ) Clothing, Tools, Toys, Pictures, Furniture, Rugs, Microwave, lots of misc.

WHY SPEND EXTRA MONEY advertising anywhere else when you can reach EVERY HOME in the Shoals with one sharp looking and inexpensive ad in the Courier Journal. See page 6 for classified advertising or call our advertising department at 256-764-4268 for more details.



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I BUY JUNK VEHICLES- Cars, trucks & vans. Pay cash. Call Chris 256-856-0577

FORD: FUSION, 2012 \$9,972. SE cloth, auto, 114k, financing available call Long Lewis Mitsubishi Volkswagen 256-764-3351

WANTED DEAD OR ALIVE! Junk batteries, \$5 each. Ranger Battery Co. 426 Royal Avenue. 256-766-0473

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CHEVROLET: CRUZE, 2014 \$11,500. Chevrolet, Impala, 2012 \$9,750. 256-353-1776 or 256-502-9036

CHEVROLET: CAMARO, 2014 \$18,988. LT cloth, auto, 45k. Financing available call Long Lewis Mitsubishi Volkswagen 256-764-3351

CONCRETE FLOWER POTS, BENCHES, statuary, \$250 all. Craftsman blower, \$45. 256-766-3345.

JOHN DEER, 15' BATWING cutter. \$3,850. 256-324-8042.

PAINTING, DRYWALL, PRESSURE WASHING, Ceiling refinishing Javier Ramos 205-873-3229 256-483-5342

QUEENSIZ BRONZE METAL BEDFRAME exc. cond. asking \$225, serious buyers lv. msg. 652-8432.

2016 CHEVROLET: COLORADO LT, crew cab, 4x4 like new, 7,800 miles, loaded, summit white/dark gray interior, \$30,500. 256-627-6995 or 256-332-9328

HYUNDAI: ACCENT, 2007 \$3,500. Hatch back, black/grey, automatic, very good running condition, 161k miles. 256-476-1930.

SEWING MACHINE REPAIR, MOST makes & models. Free estimates. Ken's Sewing Center, 256-381-0161.

2006 FORD F-250 DIESEL AUTO, Crew Cab, short wheel base, good condition, \$6,000. 256-274-2904

2008 PRIDE JAZZY 614 HD Hoverround wheelchair, excellent shape, \$650. 256-751-3401, leave message.

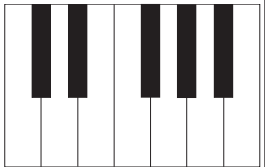


LINCOLN: TOWN CAR, 1992 \$2,500. runs well, good condition, 100k mi. complete set of Ford shop manuals. 256-772-3932

NISSAN: ALTIMA, 2015 \$15,976. S Sport leather, auto, 18k. Financing available call Long Lewis Mitsubishi Volkswagen 256-764-3351

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DR. MICHAEL R. LINVILLE

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Doctor's Weekly Quiz - Topic: Guns

1. During WWII, which size bullet fit both a Thompson Submachine gun and a pistol?
A.) 30 Cal B.) 38 Cal
C.) 45 Cal D.) 9mm

2. The Maxim gun was a weapon invented in 1883. It was the first recoil-operated machine gun. The inventor was a citizen of which country?
A.) USA B.) United Kingdom
C.) Russia D.) France

3. A carbine from French 'carabine,' is a long arm firearm with a barrel

shorter than a rifle or a musket.
True or False

4. President Abraham Lincoln was killed by one shot behind his left ear by a Derringer pistol with a .44 caliber bullet.
True or False

5. President John Kennedy was killed by a rifle manufactured in which country?
A.) Italy B.) Germany
C.) Russia D.) USA

Answers: 1: C 2: B 3: True 4: True 5: A

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OFFICE — Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

DEADLINE: Friday 5pm

- Private Party Rate** 4 ~~3~~ LINES for 1 item Prepay - No REAL ESTATE, FIREWOOD, or TICKETS. Each additional line - \$1.25 - CASH DISCOUNT - 4 Weeks/3 LINES for 1 item \$13.50 - Each additional line - \$5.00 no credits..... **\$4⁵⁰** Week
- Commercial Rate** 5 ~~4~~ LINES Prepay - applies to all REAL ESTATE and anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not. 1 vehicle per ad. Each additional line - \$1.25 CASH DISCOUNT - 6 Weeks/4 Lines \$35.00. Each additional line - \$7.50 **\$7⁰⁰** Week
- Yard Sales** 6 ~~5~~ LINES Prepay Each additional line - \$1.25 YARD SALES - An exclusive listing of the area's better sales prominently placed **\$11⁰⁰** Week
- Employment** 6 ~~5~~ LINES Prepay Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees **\$12⁵⁰** Week
- Private Party Auto Rate** Up to 8 LINES for 4 weeks. Prepay Each additional line - \$2.00 **\$15⁰⁰**

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Relief...

Continued from Page 1

Alabama coordinator for the all-volunteer team. The team also includes Jim Green, Stan Sockwell, Sammy Dennis, Larry Jarnigan, Terry Burcham and Johnny Nixon.

The disaster relief trailer that accompanies the crew is owned by the Colbert Lauderdale Baptist Association and is equipped with chain saws, tools, and other vital equipment that the crew utilizes while they are on site.

According to Woodmont Associate Pastor, Steve Thompson, the team was called out by the SBC Disaster Relief Ministry after an assessment was made and permission granted by the homeowners to

come. Most often the work involves homes that do not have flood insurance. The state of Alabama has dozens of similar teams that have been and will be called out to help with the damage in Louisiana. Usually a local Baptist church is set up as the staging ground for the volunteers to eat and sleep. Several disaster relief food trailers that can provide hundreds of meals a day have also been sent to Louisiana. The Southern Baptist Convention Disaster Relief program works closely with the Red Cross.

If you see a yellow hat or yellow shirt in an affected area, it most likely is a SBC disaster relief volunteer.

UN1TE...

Continued from Page 1

lasting change" and for the third year in a row the UN1TE to Fight Hunger event is helping to achieve that mission.

Through a partnership with Numana, Inc. (www.numanainc.com), the City of Florence, and corporate sponsorships, United Way volunteers will package over 20,000 Meals In 60 minutes for local food pantries! Hunger continues to be a serious problem in Northwest Alabama. According to Feeding America's most recent statistics, there are approximately 28,930 food insecure individuals in Colbert, Franklin and Lauderdale counties. This is an increase from just one year ago.

Approximately 250 volunteers of all ages are needed to help accomplish the mission of this day from start to finish. Each volunteer will receive breakfast and a United Way t-shirt. All volunteers must pre-register with Teresa Bartek by calling the United Way office at 256-764-5892

or by emailing campaign@uwshoals.org with name and t-shirt size.

At the conclusion of the packaging event, the annual Day of Caring will commence and volunteer teams will disperse all across Northwest Alabama to complete projects for area non-profits. Projects range from yard work to indoor cleaning and time commitments range from one hour to all day.

United Way would like to thank Navistar, TNT Fireworks, MJ Carter & Co., BAM! (Books A Million), SunTrust Bank, Buffalo Rock Pepsi, CB&S Bank, McDaniel Window & Door, Blue Cross Blue Shield, The Caring Foundation, and Publix for their corporate sponsorships this year.

If you would like to volunteer your time on the Day of Caring or if you are a company that would like to adopt one of the remaining Day of Caring projects, please contact the United Way of Northwest Alabama at 256-764-5892 no later than Wednesday, September 7.



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 Monday - Friday
 8:00am - 5:00pm

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EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

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 or email to: editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

Mob...

Continued from Page 1

story that will inspire and bring hope with a powerful lesson: No one is so bad that they can't be forgiven...life can begin again!

Franzese will share his journey from being an active player in organized crime to falling in love and dedicating his life to Christ. Enjoy dinner and this extraordinary life story as you help benefit the Attention Homes of NW Alabama. Call 256-767-0972.

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16th Annual Return to Coldwater Festival

September 9 & 10

Spring Park, Tuscumbia



OKA KAPASSA Schedule of Community Events

THURSDAY, SEPT. 8, 6 P.M.,
Cherokee Public Library,
Chickasaw Dance Troupe
with Freeman Owle
(Cherokee Eastern Band), Storyteller

FRIDAY, SEPT. 9, 6 P.M.,
Florence Lauderdale Public Library,
Arvel Bird (Paiute) with Amy Bluemel
(Chickasaw), Storyteller

SATURDAY, SEPT. 10, 8 A.M.,
Walk of Life,
Trolley Leaves from Spring Park to
Tuscumbia Landing to begin Walk

SUNDAY, SEPT. 11, 10 A.M.,
First Christian Church, Florence,
Freeman Owle
(Cherokee Eastern Band),
Speaker/Storyteller



OKA KAPASSA FESTIVAL 2016 SCHEDULE

Saturday, September 10th (Schedule Tentative)



- 8:00 Trolley Leaves Park to Tuscumbia Landing for Walk of Life – Community Invited. Walk Begins at 9:00 from Tuscumbia Landing
- 9:00 Park Opens – Native American Crafts, Demonstrations, Native Foods & Music
- 10:00 Freeman Owle (Sequoyah) - Opening Remarks
- 10:15 Introduction of Special Guests, Committee Welcome - Calling Song - Drums
- 11:00 Grand Entry and Salute to Veterans
- 11:20 Northern and Southern Drum Demonstration
- 11:30 Chickasaw Nation Dance Troupe
- 11:50 Eastern Band Cherokee Dancers
- 12:10 Hoop Dance - Lyndon Alec (Alabama)
- 12:25 Arvel Bird (Paiute) - Music
- 1:20 Injunuity - Choctaw / Chickasaw - Music
- 1:00 Chickasaw Nation Dance Troupe
- 1:55 Eastern Band Cherokee Dancers
- 2:15 Storyteller
- 2:25 Northern and Southern Drum Demonstration
- 2:35 Hoop Dance - Lyndon Alec (Alabama)
- 2:45 Arvel Bird (Paiute) - Music
- 3:15 Chickasaw Nation Dance Troupe
- 3:35 Injunuity - (Choctaw / Chickasaw) - Music
- 4:00 Eastern Band Cherokee Dancers
- 4:20 Hoop Dance / Conclusion of Arena Activities
- 5:00 Stickball – West Side of Pavilion
- 6:00 Close - Che pisa la cho!



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Cherokee Northern Drum*

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The Muscle Shoals National Heritage Area named Oka Kapassa an NPS Centennial Event -- part of the nationwide celebration of NPS's 100th birthday. Our support of Oka Kapassa exemplifies NPS' commitment to recognition through promoting a greater knowledge of the culture, history and heritage of people of Native American descent through research and education, and a full and accurate inclusion of the history and contributions of people of Native American descent.

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HONDA: ACCORD, 2010 \$11,962. LX-P cloth, auto, 74k, Financing available. Call Long Lewis Mitsubishi Volkswagen 256-764-3351

19" TV FOR SALE, \$10. Call 256-479-7325.

FORD: FUSION, 2015 \$15,444. SE, cloth, 46k, Financing available, call Long Lewis Mitsubishi Volkswagen 256-764-3351

KIA: SEDONA, 2014 \$14,000. one owner, low mileage, black with tan interior. Call 256-797-0752 or 256-275-7410.

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Ask Dr. Webb

When dementia has been diagnosed, why should that influence your decisions about other medical problems?



Dr. Robert Webb

Because each physician is trained to focus on their own subspecialty, what's best for the 'whole' patient can be overlooked. The AGS (American Geriatrics Society) encourages doctors to look for the geriatric 'syndromes' that seniors develop: not just a 'heart problem', or a 'lung problem', but an 'aging person problem'!

This is especially important when dementia develops. Why? Because it has been described by families as 'a disease worse than even cancer': it robs them of the person they knew, and causes great physical, mental, and spiritual suffering.

Much has been written about the distress families are forced to endure when we fail to take a more 'holistic' approach. Katy Butler's article in the New York Times, *My Father's Broken Heart: how a pacemaker wrecks a family's life*, describes how both her demented father's and their whole family's suffering was prolonged: a pacemaker was inserted to 'fix' the heart to keep him alive; that action interfered in what could have been his escape from a *fate worse than death*, and allowed his dementia to deteriorate further.

More patients and families who, once dementia has been diagnosed, want to avoid a similar situation, are choosing 'Comfort Care Only', which means, do nothing which could prolong their suffering and dying: this includes "No CPR", "No ventilator", "No feeding tube", "No surgery", "No dialysis", and "No antibiotics". They hope that some other terminal event, such as a cancer, or a heart attack, or a pneumonia (the "old person's friend"), will allow them to die before they reach dementia's final stage.

And yet, some adult children struggle to accept this, wanting 'everything done'. Unfortunately, that misguided love may worsen the suffering everyone wants to avoid.



Ask Dr. Webb is a bi-weekly article sponsored by Hospice of the Shoals as a community service to answer questions about hospice care and end of life issues. Please submit questions to ssimpson@hofs.org or call 256-767-6699.

Dr. Robert Webb has focused his practice on geriatrics and palliative care since 2003. He is the Medical Director at Hospice of the Shoals.

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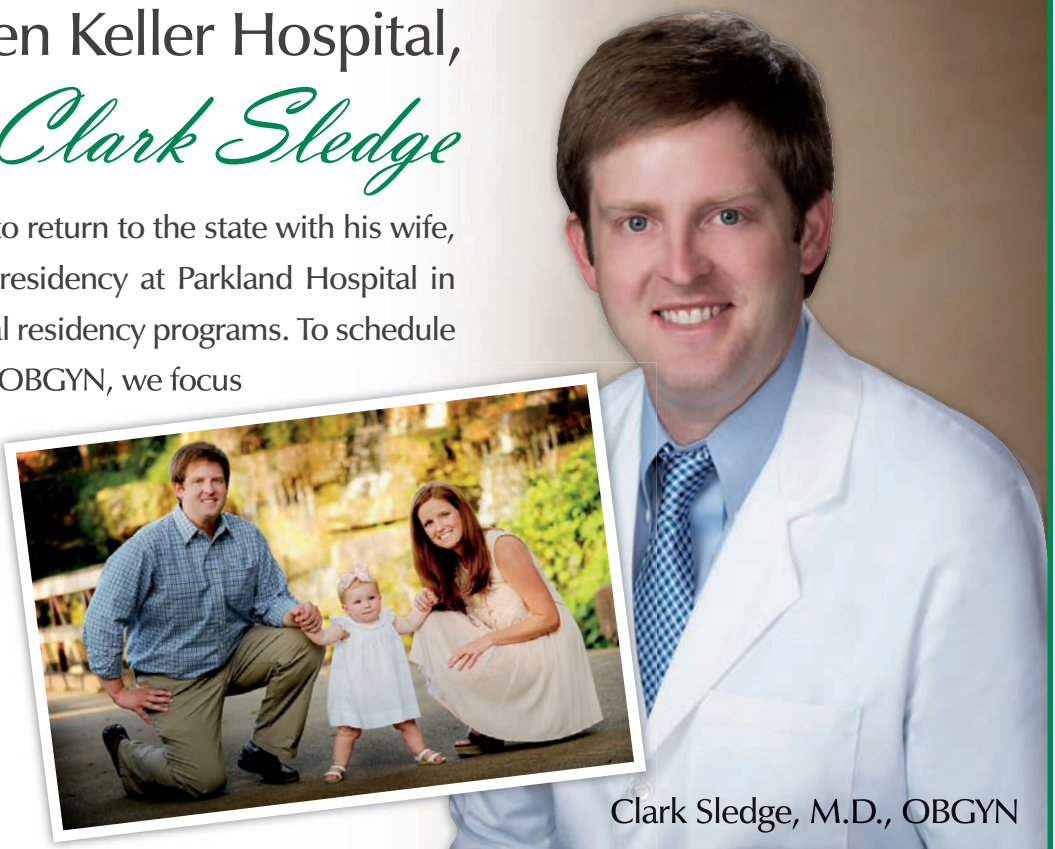
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Bankruptcy and the American Spirit



B. Grant McNutt
Managing Attorney

As an attorney who meets with clients in difficult financial situations every day, I can say with certainty that there is still a stigma associated with filing bankruptcy. However, if you stop and think about it, I think you'll realize that bankruptcy is a part of what makes America great.

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If you've suffered financial problems, don't feel like bankruptcy is the end. It isn't. Bankruptcy was created on the idea of offering a fresh start. As fellow Americans, we're proud of anyone who has taken a chance to try something new, and it is only through fostering that spirit of big risk-taking that we can achieve great things.

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Commentary

Oops, Not Genetic ... So Now What?

Two weeks ago a significant report published in the journal, *The New Atlantis*, challenged all the progressive talking points. The 143 page report discusses over 200 peer-reviewed studies in the social, psychological, and biological, sciences, detailing documenting what scientific research demonstrates about gender and sexuality.

I'm not at all surprised that the decades-long media-aided premise about sexuality and gender are not supported by scientific evidence. There is no scientific evidence of a gay gene, no biological cause for same-sex orientation, and no scientific basis for special transgender rights or accommodations. The notion that gender identity as a fixed trait independent of one's biological sex was summarily dismissed.

The report was authored by two of the nation's leading scholars on mental health and sexuality. Paul McHugh, a professor of psychiatry and behavioral sciences at Johns Hopkins University, and Lawrence Mayer, a professor of biostatistics at Arizona State University, cannot be considered remotely conservative.

That doesn't matter. Not only will the findings will be suppressed by the national media, but the two researchers will be discredited academically and their findings summarily labeled as invalid. Undoubtedly,

See GENETIC... on Page 35

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

THIS WEEK

in the *Shoals*

September 7, 2016

Happening THIS WEEK



Learning 21 Habits

In his new book, *Twenty-One Habits of Highly Functioning Families*, author and speaker, Terry Cagle, uses outside the box practicality to inspire Godly habits in each member of the family. He presents twenty-one practical and Biblically-

based habits to best equip families to grow closer to God and one another, taking families from dysfunction to function.

Cagle will be the featured speaker for the Shoals Area Youth Series (SAYS) Sunday,

See SAYS... on Page 37

Sunday Sept. 11 5:30pm

Join Florence's 2nd Annual Bacon Crawl



FLORENCE- All bacon lovers are invited to the 2nd Annual Downtown Bacon Crawl on Saturday, September 10 from 10am-3pm. It is sponsored by Florence Main Street. Tickets may be purchased at the Main Street office at 301 North Pine Street, 8am-5pm through Friday, or online at www.florencemainstreet.com.

Saturday Sept. 10 5:30pm

See CRAWL... on Page 36

An Electric Hot House Benefit

FLORENCE-There will be a rock concert fundraiser to benefit Ragan Morris on Thursday, September 8 from 5:30-8pm in downtown Florence at Wilson Park featuring Electric Zen and Hank's Hot House. Ragan sustained a traumatic brain injury in a jet ski accident on Memorial Day weekend. Bring a lawn chair and be ready for Ragan's Rock in the Park.

Three freshmen classmates of Ragan's, Zane Bowling, Trey Nichols, and Caroline Webb, along with junior, Nathan Grissett from Florence High

See RAGAN... on Page 37

ABOVE: Electric Zen is L-R: Nathan Grissett, Trey Nichols, Zane Bowling, and Caroline Webb
Courtesy photo

THE POETRY EVENT
Florence-Lauderdale Public Library - "The Myth of Water: by Jeanie Thompson, Monday, September 12 at 5:30pm. Award-winning Alabama poet Jeanie Thompson will visit FLPL to talk about her new poetry collection, "The Myth of Water: Poems from the Life of Helen Keller."

THE SOUTHSIDE CHURCH OF CHRIST
of Rogersville invites your support and participation in the "United We Stand Rally!" on September 10, beginning at 9am at Heritage Park in Rogersville. This rally is an effort to counter and address the ongoing violence and racial disharmony that our nation and communities are faced with at this time. Representatives from law enforcement, community and church leaders, and elected officials will address and rally the community of Rogersville and surrounding areas together. Come and enjoy inspirational music, messages, and fellowship. We will collectively lift up Jesus as a beacon of hope for the answer to the societal ills we're faced with today. If there is ever a time for us to stand united that time is now!

MARGERUM COMMUNITY CHURCH
will be having a River Baptism Sunday, September 11 at 11am at TVA Park on Riverton Rose Trail. Everyone is invited. The church is at 2460 Margerum Road in Cherokee.

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YOUR Letters

Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person
219 W. Tennessee St., Florence, AL 35630
• e-mail: editor@courierjournal.net
• FAX- 256-760-9618

Trump Not the Fuhrer

Editor, Courier Journal:

On August 27 the *Times Daily* carried a cartoon which said, "Trump for Fuhrer." The Fuhrer was Hitler. If the Times Editor was not likening Donald Trump to Adolph Hitler, I do not understand his point.

I wrote to the Editor that if this type of material continues, the *Times Daily* will soon not come into my home. I and millions more Americans, including our able Sen. Sessions, support Donald Trump for President.

I pay \$55.25 every three months to the *Times Daily*. I do not pay this kind of money to be offended and abused. It would be nice if a thousand more would join me in this.

Anyway, the *Courier Journal* and *East Lauderdale News* are enough. Thank you for your excellent, helpful paper.

OC Birdwell, Jr.
Rogersville

Bats prey on mosquitoes, as do Purple Martins, a species fourth on Bird Studies Canada's "Top 15 Hit List" of birds killed by wind turbines.

The Vote Can Unseat

Editor:

The very idea of a state lottery was doomed from the very first words out of our Governor' mouth. Others who thought it would easily get total backing and get the necessary votes, really failed this time. You ask "Why?" Attempts to make a state lottery legal have been going on for a very long time

and never will see the light of day. Those who oppose it say it is gambling. That may be true, but everything you do in this life is a gamble. When you get up in the morning you might not make it through the day. When you drive to work it is a gamble. You might not get there for various reasons. It is a gamble at work that you will be fired or let go for many different reasons. So, fellow Alabamians, do you want the lottery to help with education like Tennessee? Or do you want our representatives to tack on other things to the proposed bill and dwindle the amount for education, so it winds up with less than it has now? Put our representatives on notice that we are watching them. They better do a good job for education, because there is a thing called a VOTE that can unseat them for the one who will do what they could not do.

Joe Fairer
Muscle Shoals

See LETTERS... on Page 17



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I ABSOLUTELY LOVE getting reader mail. This last one really hit on a good point so I'd like to share it with you. The question was, "Hi Jim, is it just Alabama people, or is the entire world's population getting stupider? Do folks in, say, Norway, fall for such?" The writer was responding to my last article concerning those who fall for those "free car, camper, motorhome" scams seen on Facebook almost daily. It does take some restraint sometimes when I see those kinds of posts or listen to clients relate their scam stories to me. My inner voice often screams, "What were you thinking you big silly?" Alas, there's an old saying, "There but by the grace of God go I."



Fisher

STUPID IS AS STUPID DOES

by "The Computer Skeptic"

I have learned through long experience that the moment you think you're smarter than someone else, life delivers unto thee a heaping slice of humble pie. Scammers are getting better and better at what they do. They prey on our insecurities, greed, and, yes, ignorance. They know exactly what buttons to push to get their way. Just yesterday, I had a client come in who has a PhD in education. He was scammed into granting computer So, no, the victims I talk to almost daily are definitely

not stupid. The scammers are simply getting better. And, okay, maybe we are all a little stupid. But you certainly raise a valid question: Are we in the South "stupider"? Are Americans more stupid than other countries? Does this kind of thing happen in Norway? I think it is a fascinating scientific question. My hypothesis is that ignorance knows no borders. But I want to know more so here we go: The gold standard for measuring intelligence is the Intelligence Quotient (IQ). I found a website

that ranked countries by average IQ and found that Far Eastern countries are the "smartest" with an average IQ of about 105. Eastern and Northern European countries follow close behind that with an average of 100. The US, Canada, Germany and the UK are all pretty darn close with an average of about 99. The bottom of the list offers no surprises. All of them are 3rd World countries that severely lack educational opportunities. And it's no surprise that, on average, us Southerners are a few insignificant IQ points lower than the rest of the nation. But to directly answer my reader's question, Norway averages an IQ of 100, the US averages 98. So Norway is "smarter" but not by enough to really matter. I then researched how prevalent Facebook scams are in Norway and found that, unsurprisingly, Facebook scams in Norway are

thriving quite nicely, thank you. The same goes for every other country that I could translate. So, yeah, with regards to internet scams, it certainly appears that we are made of the same gullible stuff.

Jim Fisher owns Excel Computer Services in Florence. Reach him at www.ExcelAL.com

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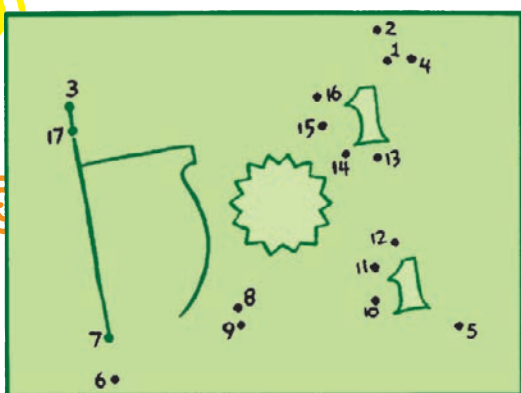
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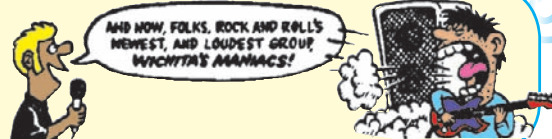
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FIND THE HIDDEN ISLAND in the announcer's introduction!



Answers On Page 42

IT'S MAGIC! Use the numbers 5 through 14 to fill in this Magic Number Square. The numbers in each horizontal row and vertical column should total 51. We've filled in six of the squares. The rest is up to you. Use trial and error — and a good eraser!

	15	19	
18			16
	21		
			20

[51]

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Try to "bark" out the answers to these Ladder Puzzles in less than five minutes. You are given a word that must be changed into another word in a series of moves. During each move, change one letter in the previous word to form a new word. We changed POLE to CATS in four moves. Can you change the following words in four moves each?

POLE
PALE
PATE
PATS
CATS

1. BURN to COOK
2. GOLD to BARS
3. HARD to LUCK
4. LEAD to MINE
5. WIND to SAIL

Illustrated by David Coulson

Letters...

Continued from Page 14

Will Not Cater to Cell Issues

To the Other Readers:

How many of us have friends and relatives who have moved here from another state and insist on keeping their old cell numbers? They fear that some old friend, business associate, etc. won't be able to get in contact with them if they changed to a local cell number. If they want to keep their old numbers, I suggest they get a cheap prepaid phone with a one year card and transfer their old cell number to that phone. Set up a voicemail message that states to NOT leave messages here but call the new number.

Apparently, our friends and relatives love having to respond to every question of, "Where are you from" and the standard answer of, "I'm from _____ but I live here now" every time they use their out of state numbers.

I am no longer going to cater to these new local residents by using my cell phone to call their number to save on long distance charges that would be incurred on my local home phone service if I called them and they were in the same building as me.

If you are going to live here, then you need to have a local number. It's not my problem that you'll miss a call from an old acquaintance who may never call you again anyway.

This is kind of the same situation I have because I'm tired of telling people that I'm not from Russellville since I am stuck with that address, but live in Colbert County.

Roger Henry
Russellville, AL
(Colbert County)

Relied on a Sincere Fear

Editor:

Lately I've been studying the Biblical concept of the fear of the Lord. It seems to me that I should have had more of it. Fearing God is the best approach to his grace that can keep me out of hell. It is the best way to govern my life so that the president or policemen won't have to do it for me.

In studying Colonial American history, it is recognized that the founders of our country relied on a sincere fear of the Lord. The Constitution they drafted was constituted for a people who were primarily governed by the God of Israel. It served to limit civil government by checks and balances. It prescribed that our leader would simply preside while we managed quite well on our own. His job was to lead us as defenders

See LETTERS... on Pg 19

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Letters...

Relied on a Sincere Fear

Continued from Page 17

when hostile armies came to subjugate us and burn the White House. Our first president had to be urged to take the job, preferring retirement after winning the War of Independence. Candidates today fight for the presidency as if to save us. However, our problem is in how we despise the wisdom and instruction from God.

Besides jacking up healthcare costs, President Obama has joined the enemy in wresting the institution of marriage away from God. By turning his back on God's authority, Obama has turned against legitimate government. He has turned on his friends, three of them having a special claim on him and his affinity for homosexual policy. Their names are Bland, Spencer, and Young. The disintegration of integrity accompanies his rebellion against God on marriage.

Of the candidates to replace him, Donald Trump is a failure at running casinos, several of which have gone bankrupt. Casinos exploit willing losers. The occasional payoff is nothing more than bait for those who hope to make a living by feeding cash to slot machines, card tables, and roulette wheels. Will Donald Trump and bankruptcy be our national lottery ticket?

Another candidate is Hillary Clinton. She puts the "madam" in Madam Secretary. She was "lady of the house" where President Bill Clinton treated a young intern like a whore. Whenever women balk at Bill's sexual advances, Hillary calls them bimbo eruptions. On a visit as Secretary of State, she danced like a drunk at one of Colombia's finer party establishments.

Meanwhile, back at the hotel the Secret Service were confirmed as whoremongers while on business of State. Hillary doesn't mind, she's used to whoremongers. Their company can always be aborted and abandoned in the park. Her level of concern for Americans is zero. Those who were killed in Benghazi were in her trust. With aggravated nonchalance she asks what difference it makes at this point, anyway.

The difference is made when we the people decide to live up to the notion of 'In God We Trust.' "Let us hear the conclusion of the whole matter: Fear God, and keep his commandments: for this is the whole duty of man. For God shall bring every work into judgment, with every secret thing, whether it be good, or whether it be evil." (Ecclesiastes 12: 13-14)

Floyd Jones
Killen

See LETTERS... on Pg 26

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7' FRONTIER ROTARY CUTTER. \$1,950. 8' Woods. \$2,250. 256-324-8042.

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QUEEN PILLOWTOP MATTRESS SET still in factory plastic, \$200. Full size, \$185. Kings, \$300. Delivery possible. Eric 256-710-7325.

2 TIDE PRIDE SEASON Tickets, Section U3P, Row 10, Seats 15 and 16, theater seats, \$1,260. 256-766-4799, leave message.

CHRYSLER: TOWN AND COUNTRY 2008 \$7,988. leather, dvd. Financing available call Long Lewis Mitsubishi Volkswagen 256-764-3351

DODGE: AVENGER, 2014 \$11,998. SE cloth, auto, 50k, financing available call Long Lewis Mitsubishi Volkswagen 256-764-3351

ANTIQUE CHIFFERROBE, GOOD CONDITION, \$150. OBO, 256-783-5982

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HANDYMAN SPECIALISTS, WE DO all types of home repair: electrical, plumbing, dry wall, leaking roofs. Immediate service. Call now and WE RESPOND NOW! 256-324-0824.

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2006 FORD FUSION SE, 5-speed, high highway mileage, asking \$3,200. 256-436-6902



Saturday, September 24 • 8am-4pm

Celebrate National Public Lands Day with us!

Fish for Litter on Lake Pickwick & Lake Wilson to Catch \$500 in Cash!

Our beautiful waters have long been a source of enjoyment; but, many citizens are unaware of locations where litter stretches from bank to bank.

Roll up Your Sleeves. There's Work to be Done!

Shoals area collection sites include:

- McFarland Park, Florence
- Lock Six, Killen
- TVA Fleet Harbor, Muscle Shoals
- Riverfront Park, Sheffield

Register as a group or individual!

KTSB @keeptheshoalsbeautiful.com

256-764-4661

Every participant gets a free t-shirt!

Each 13-gallon trash bag you fill with litter from the Tennessee River or the shoreline enters you for a chance to win \$500. Start now and bring your full bags to our collection site or join us for the tournament!

Gloves, litter grabbers, and trash bags will be provided the day of the tournament. Bring your own or use ours. The drawing will take place at 5pm.

Tennessee River Litter Tournament Rules and Regulations

- Trash bags must be 13-gallon standard tall kitchen bags to qualify.
- Trash can be obtained from the shoreline or the Tennessee River waterways.
- Each full trash bag entitles participants to one entry for the drawing.
- Participants can enter for the drawing as an individual or as a group.
- The drawing will take place at 5pm on September 24. You do not need to be present to win.
- The winner of the contest must be willing to sign a photo release form, and will be publicized in various types of news outlets, including: digital media, social media, and print media.

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FORD: FUSION, 2011 \$9,788. SE cloth, auto, 82k, financing available. call Long Lewis Mitsubishi Volkswagen 256-764-3351

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CHEVROLET: 1500, 2004 \$3,000. Long wheel base, Silverado regular cab. V6, auto, 114k miles. Good condition. Can text pictures. Call 256-856-3138.

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BEST POWER ROCKER RECLINER, brown leather, 6 mths. old, \$500. 256-773-4124.

INSIDE/OUTSIDE SALE TO THE PUBLIC
Saturday, Sept. 10 • 7am-2pm

GOING-OUT-OF-BUSINESS SALE
Bobby Butler Electric

1409 Shop Pike, Sheffield

Come by and check out these sale items:

Utility Truck Bed, Oak Desks, Drafting Table, Pipe Benders (several sizes), Punch Sets, Breakers, Fuses, Fan Motors, Light Bulbs & Fixtures, Security Lights, All Types Conduit & Fittings, Transformers, Heater Coils, Switch Plates, Misc. Screws & Nails, Base Kitchen Cabinets

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GRAY ASHLEY COUCH, LIKE new, \$300. Brown leather chair and ottoman, \$200. X-Box 1, two controllers and two games, \$250. 256-366-3274.

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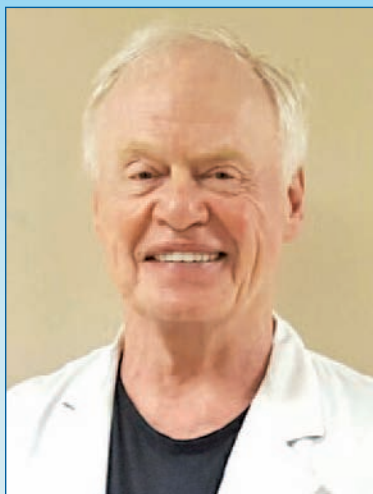
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82nd Annual **September 20-25**
NORTH ALABAMA STATE FAIR

Show off your talents at the Fair! Start getting ready now - registration for the following Home & Garden entries begin Saturday, September 17th: Art, Photography, Crafts & Hobbies, Baking, Food Preservation, Field Crops, Beekeeping, Flowers, Sewing, Needlework and Quilts.

Rules & times can be found in the Fair's Exhibitor Handbook

Applications are available now for the following Fair competitions!

- 9/20 – Fairest of the Fair Pageant, Red Wagon Contest;
- 9/21 – Cheer Competition; 9/22 – Youth & Group Talent Contest;
- 9/23 – Adult Talent Contest, Heifer Show;
- 9/24 – Young Girls Beauty Pageants, Lamb Show

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USDA Select Star Ranch Angus T-BONE STEAK **\$5.99** Lb.

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Jumbo Peru Sweet ONIONS **99¢** Lb.

Frito-Lay DORITOS All Varieties 10 Oz. **2/\$4**

Mayfield ICE CREAM All Varieties 48 Oz. **2/\$6**

Chef Buddy's COLESLAW **99¢** Each

Pride VEGETABLES Beans & Corn 15 Oz. **2/\$1**

Food Club Dry PINTO BEANS 1 Lb. Bag **2/\$1**

Folgers Gourmet Supreme COFFEE All Except Decaf 24-30 Oz. **\$6.98**

Lou Ana VEGETABLE OR CANOLA OIL 48 Oz. **\$1.98**

Wishbone All Varieties SALAD DRESSING 16 Oz. **2/\$4**



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AD GOOD SEPT. 7-13, 2016

MEAT



Cook's Hickory Smoked SHANK PORTION HAM

\$1.28 Lb.



USDA Select Star Ranch Angus Family Pack BONELESS BOTTOM ROUND STEAK

\$3.19 Lb.



Bob Evans SIDE DISHES All Varieties 20/22/24 Oz.

2/\$6



Swift Premium Lean Meaty Fresh PORK NECK BONES

99¢ Lb.



USDA Inspected Family Pack CUBED BEEF STEAK

\$3.99 Lb.



Johnsonville SMOKED BRATWURST Reg., Beef Or Cheddar 12/14 Oz.

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\$2.39 1 Lb.



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99¢ 12 Oz.



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99¢ 12 Oz.



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All Varieties
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In Oil Or Water
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8.25 Oz.

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15-16 Oz.

2/\$4



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24 Oz.

2/\$5



Hormel REAL BACON BITS OR PIECES
2-3 Oz.

2/\$4



GATORADE All-Stars
6 Pk. 12 Oz.

2/\$6



Hungry Jack PANCAKE MIX
28-32 Oz.

2/\$4



Prego SPAGHETTI SAUCE
14-24 Oz.

\$1.88



Hunt's Snack Pack PUDDING
4 Pk.

89¢



Alpo Come & Get It DOG FOOD 16 Lbs. Or Kit & Kaboodle **CAT FOOD** 13 Lbs.

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6 Big Rolls Or 8 Reg. Rolls

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Nabisco NILLA WAFERS
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7 Oz.

5/\$5



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All Varieties HOT OR LEAN POCKETS
9-10 Oz.

5/\$10



Cole's GARLIC BREAD OR TOAST
10-16 Oz. **2/\$5**

VEGETABLES
Green Giant
10 Oz. Box **4/\$5**

Edwards Cream Or Pecan PIE SLICES
2 Pk. **2/\$4**

DAIRY

Food Club ORANGE JUICE
Gallon

\$3.48



Wide Awake COFFEE CREAMER
32 Oz. **\$2.48**

International Delite COFFEE CREAMER
16 Oz. **3/\$5**

Borden SHREDDED OR CHUNK CHEESE
8 Oz. **2/\$4**

Dasani PURIFIED WATER 24 Pk. .5 Ltrs.



2/\$9

Golden Flake Salsa 16 Oz. Jar



2/\$6

Food Club Powdered COFFEE CREAMER 35 Oz.



\$3.98



Golden Flake Popcorn, Nachos, Tortiyahs, Fuego Corn Chips, Dill Pickle BBQ or Buffalo Ranch CHIPS 7-10 Oz.

2/\$5



Food Club K-CUP COFFEE 12 Ct.

\$3.98



Food Club Distilled WHITE VINEGAR Gallon

2/\$4

General Mills Cheerios, Multi-Grain Cheerios, Cocoa Puffs Or Reese's Puffs CEREAL 11-13 Oz.

2/\$5



Malt 'O Meal CEREAL Dyno-Bites, Marshmallow Mateys, Tootie Fruities Or Frosted Flakes 22-30 Oz.

2/\$5



Food Club INSTANT OATMEAL 12-15 Oz.

2/\$3

Old El Paso REFRIED BEANS 16 Oz.



5/\$5

Old El Paso TACO SHELLS OR TORTILLAS 4-11 Oz.



4/\$5



Food Club BLEACH 96 Oz.

2/\$3

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Busch, Natural Or Rolling Rock BEER 30 Pk. Cans \$17.99

Coors Light Or Miller Lite BEER 9 Pk. Aluminum Btls. \$10.49

Coors Light Or Miller Lite BEER 12 Pk. Cans Or Btls. \$8.99

Chateau St. Michelle WINE 750 ml \$11.49

Miller High Life BEER 12 Pk. Cans Or Btls. \$7.99

Belle Ambiance WINE 750 ml \$7.99

Not Available At All Locations!

DELI & BAKERY

European Sourdough, Jewish Rye Or Wheat Berry BREAD \$2.29 24 Oz.

Deli Fresh Gourmet CHICKEN SALAD \$4.69 Lb.

Fresh Chef COBBLERS Apple, Blackberry, Peach Or Strawberry \$2.99 Lb.

Cake Of The Week Red Velvet Double Layer CAKE \$10.99 Each

SEAFOOD

Farm Raised SALMON FILLETS \$6.99 Lb.

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AD GOOD SEPT. 7-13, 2016



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- FLORENCE 1708 Darby Dr. • 7am-10pm • 256-767-2227
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- MUSCLE SHOALS 3001 Woodward. • 7am-11pm • 256-381-7277
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- SHEFFIELD Foodland Plus • 106 Towne Plaza • 7am-10pm • 256-381-6552

- TUSCUMBIA 103 West 1st Street • 7am-11pm • 256-383-9425
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- ELGIN CROSSROADS ELGIN Forest Plaza • 7am-11pm • 256-247-1958
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Hwy. 43 • RUSSELLVILLE



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FLORENCE & RUSSELLVILLE LOCATIONS ONLY!

Fresh Lean
Country Style Ribs
Lb.



99¢



Family Pack Frozen
Drumsticks
Lb.

69¢

Boneless
Half Pork Loins
Lb.



\$1.59

Dean's Hot Or Mild
Country Sausage
1 Lb. Roll



2/\$5

3
DAY SALE

Golden Flake Asst. Variety
Potato Chips
1 Oz. Bags



4/\$1



Green Giant
Idaho Potatoes 8 Lb. Bag

\$1.99

Pillsbury All Varieties
Grands Jr. **Biscuits**
10 Ct.



79¢



Golden Flake
Maizetos
10 Oz. Bag

99¢

Food Club **Apple Juice**
64 Oz.



99¢



Rotel Diced
Tomatoes & Green Chilies
10 Oz. Can
Original Only

88¢



Crisco **Vegetable Oil** Gallon

\$6.98



Kraft
Velveeta Cheese
2 Lbs.

\$5.99

T.J. Farms **Straight Or Crinkle Cut Fries** 2 Lb. Bag

99¢



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20 OZ. LOAF **69¢**

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9-13 OZ. - SELECT VARIETIES **2/\$4**

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10-12 OZ. BAGS - SELECT VARIETIES **79¢**

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4 STICK - 1 LB. **69¢**

TOMBSTONE FROZEN PIZZAS
17.8-28.4 OZ. - SELECT VARIETIES **3/\$9**

FLORIDA NATURAL ORANGE JUICE
59 OZ. - SELECT VARIETIES **2/\$5**

BEST CHOICE FACIAL TISSUE
160 COUNT BOX **69¢**

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2 LITER BTLs. SELECT VARIETIES **69¢**

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10 OZ. - SELECT VARIETIES **89¢**

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35.3 OZ. - ORIGINAL ONLY **\$2.99**

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17.6 LB. BAG **\$5.99**

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1 LB. BOX - ORIGINAL ONLY **2/\$3**

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20 OZ. LOAF **2/\$3**

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YOUR CHOICE
COOKIE CRISP 11.25 OZ.
GOLDEN GRAHAMS 12 OZ.
REESE PUFF 13 OZ.
CINNAMON TOAST CRUNCH-12.2 OZ.
OR CHEERIOS 12 OZ. **2/\$4**

TRY THIS WEEK'S FRESH PRODUCE VALUES!

DOLE ITALIAN, ROMAINE OR AMERICAN BLEND SALAD
9-12 OZ. BAG **\$1.99**

RUSSET POTATOES
5 LB. BAG **\$1.49**

FRESH GREEN CABBAGE
LB. **49¢**

NEW CROP WASHINGTON STATE GALA APPLES
LB. **\$1.49**

ALSO AT YOUR REQUEST - PICK-5 MEAT SALE CONTINUES DAILY!!!

USDA SELECT FAMILY PACK BONELESS TOP SIRLOIN STEAKS
LB. **\$3.99**

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LB. **\$1.29**

USDA CHOICE BONELESS SIRLOIN TIP ROASTS
LB. **\$2.99**

COOK'S CENTER CUT SMOKED HAM SLICES
LB. **\$2.49**

TENNESSEE PRIDE BREAKFAST SANDWICHES
ASSORTED VARIETIES 12.75-19.5 OZ. **\$4.99**

BAR-S COOKED OR HONEY SLICED HAM
16 OZ. PKG. **\$2.99**

BEST CHOICE CORN DOGS
16 COUNT PKG. **\$4.99**

FAMILY PACK FRESH 75% LEAN GROUND BEEF
LB. **\$1.99**

FAMILY PACK BONELESS PORK CHOPS OR COUNTRY STYLE PORK RIBS
LB. **\$1.79**

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We truly appreciate your business!!

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GARMIN GPS, NEVER USED, \$20. 256-783-5982

NEW IDEA 2 ROW corn picker. \$2,950. John Deere 1 row. \$1,500. 256-324-8042.

FORD: FOCUS, 2014 SE, blue, excellent condition. \$14,000. 256-851-9847.

MUSCADINES HERITAGE HILLS VINEYARD, RIPE, ready to vat pick. YOU PICK, \$6 a gallon. We clean and crush free. Off Co. Rd. 38, follow signs off 43. 256-762-8098.

FORD: MUSTANG, 2006 \$11,776. GT Convertible leather, auto, 113k, financing available call Long Lewis Mitsubishi Volkswagen 256-764-3351

BERMUDA SQUARE BALES, MIXED grass round rolls; three horse slant; calico gooseneck horse trailer; John Deere 2040 tractor. 256-762-0684

CHEVROLET: AVEO, 2011 \$5,988. LT, cloth, auto 77k, Financing available call Long Lewis Mitsubishi Volkswagen 256-764-3351

PADDLE BOAT, HAS MOTOR (battery operated), storage, canopy cover, seats 3 \$250 256-710-6083

FRANK'S LAWN SERVICE MOW, trim, edge, garden and shrub. Free estimates and reasonable rates 251-408-2014. (Lauderdale/Northern Colbert Co)

NISSAN: ALTIMA, 2006 \$1,000. new tires & radio, excellent body, needs engine 256-764-3225 after 3pm best offer

50 IN. HITACHI TV, excellent shape, \$95. Queen Anne cherry coffee table, \$65. Octagonal solid oak table, \$50. Solid oak rectangle table with tile top, \$50. 256-560-1156.

2009 SILVERADO 1100 YAMAHA, excellent condition, brand new tires 14k miles. Cancer, must sell. 1-256-274-2449.

FORD: MUSTANG COUPE 2006 \$5,150. silver/black, 146k miles, well maintained, 256-616-3888 or 256-318-8034.

12 BALES OF HAY for \$300. Fertilized, limed, in barn. 256-339-5283 Hartselle

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ANTIQUE IRON BED EARLY 1900, \$300, photo's available 256-757-5511.

VOLKSWAGEN: JETTA SE, 2015 \$12,964. SE cloth, 40k. Financing available call Long Lewis Mitsubishi Volkswagen 256-764-3351

★ ★ ★ ★
JOHN DEERE RIDING MOWER. (1998 LT 133) 38 inch cut. Good condition! \$300. call 256-767-0180, 256-443-3801

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Letters...

Killing Bats by the 1000's

Continued from Page 26

current limit. For instance, golden eagles could only be killed if companies take steps to minimize the losses by retrofitting power poles to reduce the risk of electrocution."

Since when is it acceptable to kill 4,200 bald eagles? Although they were removed from the endangered species list in 2007, the birds are still protected under the Bald and Golden Eagle Act of 1940.

In this presidential election year, we frequently hear about equal justice. Accidentally killing a bald eagle can bring down the full wrath of law enforcement unless you own a wind turbine, apparently.

Some bat species are on or are being considered for the endangered list, but wind turbines don't care.

Animal rights and environmental activists are pushing back against the bird and bat holocaust, but are conflicted because of their support for renewable energy.

Past environmentalist efforts rightly supported expanding natural gas because it burns cleaner than coal and nuclear energy. Neither of these would decimate bird and bat populations. However, those

days are gone.

Environmentalists who think that climate change is our most serious threat have themselves become a threat to wildlife vital to the ecosystem.

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Front row: Alsie Fisher ('44), Mildred Bradford ('44), Vera Rose ('45), Evelyn Witt ('44), Harrison Witt ('44), Sue Hallmark ('47) Back row: Carol Anderton ('46), Waid McCreless ('49), and Mildred Harrison ('47). *Courtesy photo*

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LIL BIT is friendly, playful, active, loving and independent. She's a black/grey female cat born December 2014. Lil Bit loves to hunt and will patiently stalk her prey for as long as forty five minutes and she absolutely loves cheese. High energy, house trained, gets along with cats, dogs and adults. Up to date on vaccinations and spayed. **ADOPTION FEE \$50.** To adopt or to meet Lil Bit, please call/text R.E.A.L .256-335-0518

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petconnection

“ARF”-LETES FOR THE WIN

Dogs showcase guts and glory in canine sports

By Kim Campbell Thornton
Universal Ulick

Eventing. Jumping. Racing. Diving. With the Rio Olympics in full swing, we thought it would be fun to take a look at the world of competitive dog sports, which often parallel those of their human counterparts and require just as much athletic ability, stamina, speed and agility. Top dog contestants come in all shapes and sizes, but the two things they have in common — with each other and with human athletes — are heart and hustle.

Take Wren. The 10-inch papillon excels at the highest levels of her sport, agility. With tight turns and at top speed she races around a course that includes bar jumps, tire jumps, weave poles, a teeter-totter — the element that can really slow a tiny dog because it tips downward more slowly — an A-frame and tunnels. In the six height classes, from 8-inch (Wren's category) to 26-inch, the dog with the fastest time and fewest faults wins. Wren, owned and handled by Betsey Lynch of Tulsa, Oklahoma, has had big wins in her class in the past year, including American Kennel Club's National Agility Championship, USDAA Cynosport Performance Grand Prix and Westminster Masters Agility Championship.

Any dog can compete in agility, but the dogs with speed and drive tend to be the ones at the top of the charts. Current contenders include Sierra, a Shetland sheepdog, in the 12-inch class; Hottie, a border collie, in the 16-inch class; Mr. T, a golden retriever, in the 20-inch class; Skillz, a bor-

der collie, in the 24-inch class; and Pace, a border collie, in the 26-inch class.

The best agility dogs from more than 35 countries will gather in Zaragoza, Spain, Sept. 22 through 25 to compete in the 21st Agility World Championship, where they'll run on state-of-the-art artificial turf specially ordered for the event. Closer to home, check out the North American Dog Agility Council Championships, held Sept. 29 through Oct. 2 in South Jordan, Utah.

Flyball, the fastest-growing canine team sport, is a relay race popular around the world. Teams of four to six dogs race over four hurdles, pounce on a spring-loaded box to release a tennis ball and race back over the hurdles with it before the next dog begins. Each dog has a handler, and line coaches help to improve the team's performance.

Any dog who's fast and loves tennis balls can play, but small dogs have a special role. They can be a team's secret weapon because jump height, ranging from 7 to 14 inches, is determined by the height of the team's smallest dog. A team with a "height dog," as the shorties are known, benefits because the larger dogs get to jump lower hurdles.

Record-holders in the sport include a mixed breed named Everest, with a run of 3.417 seconds in United Flyball League International's Singles race, in which dogs run against the clock, and a team called Border Patrol, made up of mixed breeds Troy, Banshee, Epic and Syber. They hold the current North American Flyball Association Regular record of 14.433 seconds, set June 5, 2016, in Rockton, Ontario,



Canine athletes score big in dog sports.

Canada. The NAFA CanAm Classic is Oct. 7 through 9 in Indianapolis. The UFLI Tournament of Champions takes place Oct. 21 through 23 in Gray Summit, Missouri, near St. Louis.

Perhaps the nearest canine equivalent to the Olympics is the Incredible Dog Challenge, hosted by Purina Pro Plan. Events include dock-diving, catching flying discs, surfing and more. In the West Coast Challenge, an American Eskimo Dog named Ziggy won the Small Dog Surf Event, and a Belgian malinois named Saphira set a new world record with a 25-foot-6-inch jump in the Fetch It event. The IDC National Finals take place Sept. 30 through Oct. 1 at Purina Farms in St. Louis.

Distributed by Universal Ulick. (800) 255-6734.

petbuzz

“Heat dome” brings hot pavement woes

• In the dog days of summer — that would be now — it's not unusual for veterinary hospitals to see paw burns on a frequent basis. Hot asphalt and pavement can cause severe burns to a dog's paw pads, injuries that can take weeks to heal. Other surfaces that can become hot and cause injury include wood, sand and metal — car truck beds, for instance. They can reach temperatures of 145 degrees Fahrenheit or higher and stay hot for hours. Place your hand flat on pavement and hold it there for 10 seconds. If the heat is painful to you, it's too hot for your dog.

• Want a cat to leave you alone? The last thing you should do is ignore him. Cats are attracted to people who don't make them nervous. If given a choice, they're always going to head for the person who isn't looking at them or trying to pet them because, obviously, that person has proper cat manners and knows not to stare or make the first approach. If you do want a cat's attention, play hard to get. He'll love you for it.

• With Labor Day coming up quickly, you may be planning a hiking or camping trip that includes your dog. The American Veterinary Medical Association has five tips to help you and your dog stay healthy. Use species-specific products to protect yourself and your dog from mosquito, tick and other insect bites. Check your dog for ticks at least once a day, and remove them promptly. Prevent your dog from touching or eating sick wildlife or birds. Make sure your dog's rabies vaccination is up to date. Carry a first-aid kit with appropriate supplies for both of you. Got an adventure cat? Same rules apply.

— Dr. Marty Becker, Kim Campbell Thornton and Mikkel Becker

Medicare Minute "Choosing a Medigap Plan"

Choosing the Medicare supplement, or Medigap plan, that's right for you can be a difficult task. As mentioned in a prior article the most common Medigap plans sold in Alabama are Plan A, Plan B, Plan C, Plan F, Plan G and Plan N. Each of these plans are "standardized" by Medicare. "Standardized" means that each of these individual plans must contain the same basic benefits regardless of the insurance company you purchase it from. For example, Plan F with company XYZ must contain the exact same benefits as Plan F with company WXY. The one thing that can be different is the premium each company charges for the exact same coverage.

The plan letters (A, B, C, F, G, & N) represent different levels of coverage that a person can purchase. Plan A is the most basic Medigap plan. It does not cover the Part A or Part B deductibles or Skilled Nursing Facility coinsurance but does pick up the Part A and Part B coinsurance after the deductibles are met. On the other hand, Plan F is the "cadillac" of Medigap plans. Plan F will cover all deductibles, coinsurance and/or copays that is due after Medicare pays its part. Of course the premium for Plan A will be less than the premium of Plan F because Plan F gives you 100% coverage.

The most popular Medigap plan our company offers has been Plan G. Plan G covers everything Plan F covers except the Part B deductible of \$166. When talking to a company or agent about Medigap policies you may benefit by talking to someone who offers ALL the plans. Every company selling Medigap policies does not offer all the plan options. If you are speaking with an agent or company that does not offer a particular plan, such as Plan G, you may never hear about this plan.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-284-7249), stop by our office at 879 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahhealthguidance.com. Alabama Health

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Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Pam wasn't happy with the new policy that Quinn implemented at work. Thomas hinted to Liam that Quinn might be out of their lives -- and SteffyOs -- very soon. With instructions from Quinn, Ivy approached Liam for the first time since returning from Australia. Eric wondered what Stephanie would think of his relationship with Quinn. Knowing that Eric was in turmoil over his family turning against him, Quinn offered him a solution. *Wait to See: A dotting husband fulfills his wife's lifelong dream.*

DAYS OF OUR LIVES Chad hoped that Kate would help him rebuild the DiMera empire for Thomas. JJ returned home and tried to make things right with Gabi. Maggie struggled with DeimosOs invitation to move back into the mansion. Clyde and Orpheus realized they had a lot in common. Victor and Deimos confronted TateOs kidnapper. Eve picked up Theresa for an impromptu bachelorette party. Hope was rattled when she realized that Aiden was reopening the investigation into StefanoOs death. *Wait to See: Victor sets out to prove that he didn't kidnap Tate.*

GENERAL HOSPITAL Curtis made a crucial discovery that would change the scope of an investigation. Franco had an urgent request. Dante and Lulu received some important information from Robert. Griffin apologized to Maxie. Hayden faced a grim future. Franco acted fast to help out a friend in need. Carly asked Nelle to be her assistant. Morgan displayed some erratic behavior and missed a shift at work. Dante and Lulu were puzzled by some new information

that they received. Duke was not forgotten. *Wait to See: Julian's trial begins.*

THE YOUNG AND THE RESTLESS Phyllis worried that he was going to reveal their affair, but he didn't. Later, Ashley asked Jack when Phyllis would get past everything and put him first. Abby opened up to mom and admitted that she and Stitch were having problems. Kevin asked Chloe why she put up a wall every time they appeared to be getting close. Jill informed Victoria and Billy that she was sending them on a business trip to Seattle, but Billy persuaded Cane to secretly take his place. *Wait to See: Colin plots to learn Jill's secret.*

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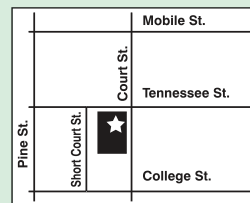


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RULES: You can only enter for yourself, not other people. Only one entry per person per week. Only one winner per week. Check the box beside the appropriate picks for the first 11 games, then write in the exact score of the tie-breaker game. Person with the most correct picks receives a \$50 Gift Certificate from Legend's Steakhouse in Florence. No change will be returned for any unused portion of the certificate. Gratuity is not included. In event of a tie, the tie-breaker score will be utilized. Otherwise, it will not be considered. Closest tie-breaker score wins. Total points will be next tie breaking procedure, and a random drawing of finalists will be used to determine the winner if they are still tied after tie-breaking procedure. Person with the winning card for the week, who also picks every game correctly including tie-breaker, will also win \$50 from the Courier Journal and another \$50 Legends Gift Card. Judges decision is final. Mailed entries must be post-marked by deadline day. Hand-delivered, faxed or on-line entries must be submitted by exact time of deadline stated above. NO EXCEPTIONS. Winner is posted on website each Tuesday afternoon and in the paper delayed by one week. Employees and family of Courier Journal and Game Day Scorecard sponsors are ineligible to win. **NOTE: If you're faxing, first make a CLEAN COPY, then FAX THAT COPY. NEWSPRINT DOES NOT REPRODUCE CLEARLY ON A FAX. WE ARE NOT RESPONSIBLE FOR ILLEGIBLE COPIES.**

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Commentary

Genetic...

Continued from Page 14

they will now be considered as haters and bigots.

Regardless, the small but boisterous transgender crowd is reeling.

Many want to laugh at Bible-thumpers for their stale, antiquated views. Yet, as has been proven many times before, the only way Biblical truths can be debunked is by science being ignored or the results being manipulated.

We have changed many laws and courts have granted wide interpretation to give our whims the societal stamp of approval. Taboos are bowled over in an ever-increasing push for greater visual, audible, and sensory gratification. That doesn't change whether something is right or wrong. God is not going to be made a fool and he's not going to be mocked in the long run. These results also seriously discredit religious institutions that give excessive consideration to same sex marriage based on genetics or a sexual predisposition. The science proves that no one is discriminated against or misunderstood. It proves that we are all God's children and sinners with our own unique sets of weaknesses and challenges.

There are still social aspects that are worthy of discussion, but nothing based on bigotry and discrimination that only race, nationality, age, and true gender issues can rightfully claim.

Theoretically, every new law based on sexual preference or gender identity should be overturned, but that won't happen.

Nothing will change. And we most assuredly will continue the calculated bastardization of America's public schools. That process is gleefully proliferated by the current administration despite objections by teachers and parents.

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REDLINE IT - See Page 6

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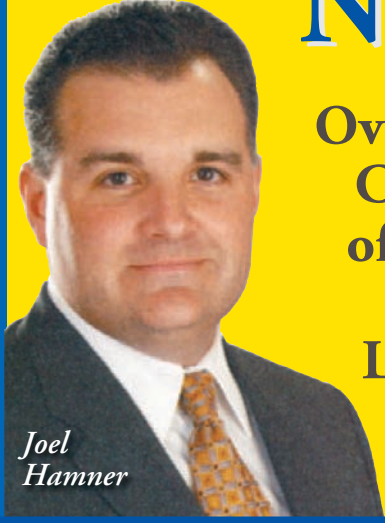
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Crawl...

Continued from Page 14

org/events. Tickets are \$16 online and \$15 at the office. Participating businesses will be marked with balloons so ticket-holders will know where they can find delicious bacon-related food samples while supplies last.

"The Downtown Bacon Crawl was so much fun and such a huge success this past year. We are very excited to be doing it again," said Molly Austin, Event Coordinator for Florence Main Street.

Check-in for the Bacon Crawl will begin at 9:30am Saturday on the corner of Court and Tennessee Streets under the red tents. Crawlers are encouraged to park in the parking deck. At check-in ticket holders will be given a Bacon Crawl wristband, map of participating businesses, to-go boxes and bags, and Shop Downtown cards to fill out for a chance to win

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LET'S GO TO TRIAL WITHOUT FACEBOOK

We have been getting the following request in many of our cases including workers comp and our automobile accident cases:

"Produce a full and complete copy of your Facebook data. (To obtain this data, please perform the following download: (a) open Facebook online; (b) type in your log in information; (c) click ↓ at the top right of any Facebook page and select **Settings**; (d) click **Download a copy of your Facebook app** below your general account settings; and (e) click **Start My Archive**.)"

The problems with this are many.

First, there are going to be pictures and posts that you wish weren't there. We had a case where a very nice young lady had a torn rotator cuff as a result of a seatbelt restraint injury. She went to the bowling alley with her friends

where they posted pictures of themselves on Facebook. None of the pictures showed her bowling and she testified that she didn't bowl and the medical evidence was consistent both in time and manner with the injury being caused by the car accident. She did not recover the full amount of her damages because she had to explain to the jury that she wasn't bowling.

Second, I'll be the first to say that jurors take their job seriously. That being said, they just have a hard time applying the correct evidence standard in a civil case. In a civil case, all the Plaintiff has to prove is that the Defendant caused the accident and injuries **more likely than not**. The judge will say "to your reasonable satisfaction by a preponderance of the evidence". That's just fancy talk for **more likely than not**. The fact is that we all hear the phrase "guilty beyond a reasonable doubt" which is the appropriate standard in a criminal case and certainly there are a lot of television shows about criminal cases. Nobody ever explains that a preponderance of the evidence is **merely more likely than not** on television.

So, the problem created by Facebook is that when a photograph inconsistent with the Plaintiff's injury or story or even showing the Plaintiff having a good time, which even injured people do from time to time, they lose their case. I don't know much about Facebook and can't imagine that anyone would be very interested in how I spend my time, however I am aware that a lot of people spend a lot of time on Facebook and if they don't shut it down when they get hurt, it can come back to haunt them. Of course, most people think that the insurance company is going to treat them fairly without a lawyer that can sue them successfully. Please don't make your lawyer's job harder than it is.

Buckle up and drive safely.

Please send the questions to: "Ask the Attorney,"

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Ragan...

Continued from Page 14

School are members of Electric Zen. They have played at both the Helen Keller and W.C. Handy Festivals.

Hank's Hot House includes recent Rogers High School graduates, Ari Bobo, Tristan Dailey, Kendell Dean, Kemper Olive, and Tanner Shaw.

All donations benefit Ragan Morris and the Ragan's Miracle Foundation. Give at the park or on go fund me @ Ragan's Miracle."

SAYS...

Continued from Page 14

September 11 at Tuscumbia Church of Christ. The speaking event will begin at 5:30pm with a book signing to follow. SAYS is a year-long series of youth devotionals held at various congregations in the Shoals area focused specifically on topics affecting teens today. This event is free and open to the public. Tuscumbia Church of Christ is located at 102 East 4th Street in Tuscumbia.

Cagle will also speak to students during a chapel assembly at Mars Hill Bible School in Florence.

A minister and family counselor, Cagle was inspired to write this book because of the decline of the family he has witnessed in his twenty years of church ministry. "I believe that God put it on my heart to pen these words and I am convinced that these habits, if practiced correctly, will help change the family," said Cagle. "I want readers to see that with God's help, and by practicing these habits until they become a habit in the family's daily life, the family can be great again just as God designed it to be."

To learn more about the book, speaker opportunities with Cagle, or to purchase the book, visit www.21habits.net.

Twenty-One Habits of Highly Functioning Families is published by WestBow Press - a division of Thomas Nelson and Zondervan

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RETIREMENT AUCTION
—10AM—
Friday, September 16th

MAKE PLANS NOW TO JOIN US!

126+/- Acres

Sellers: Derrick & Rhonda Rutherford

in Tracts, 2 Houses Offered in Tracts & Combinations, 80'x200' Truck Shop/Shed, Approximately 90 acres of the 126 is in Row Crop Production, (2) '05 Kenworths, '99 Peterbuilt, '98 Freightliner, 4 Hopper Bottom Trailers, 25 Guns & Shop Equipment

953 CR 127, Town Creek, Alabama
In The Hatton Community

DIRECTIONS: From Muscle Shoals, Alabama, intersection of Hwy 43 and 72/157 take 157 south 16.4 miles, turn right onto Hwy 101 and go 4.7 miles, turn left on County Road 127 & go .7 mile to auction site. Watch for the SHANE ALBRIGHT AUCTION SIGNS! From Moulton Alabama, intersection of Hwy 24 & 157, take 24 west for 9.2 miles, turn right onto Hwy 101 & go 1.9 miles, turn right onto Co. Rd 127 and go .7 of a mile to auction site. Watch for the SHANE ALBRIGHT AUCTION SIGNS!

AUCTION TERMS: REAL ESTATE: 10% down day of auction, with balance due on or before October 17, 2016. Seller will provide a deed, title search and pay the 2016 property taxes. The purchaser will pay all other closing cost. The row crop land is subject to harvest of the 2016 crop. House #2 was built prior to 1978 may contain lead based paints. In accordance with federal law you have 10 days prior to auction day to have the property tested using a nondestructive testing method or on auction day you will sign a form waiving this right. is property is sold AS-IS WHERE-IS with no warranties expressed nor implied. Shane Albright Auctions and its agents are acting as agents for the seller only in this transaction. Sold AS-IS with no warranties neither expressed nor implied. **PERSONAL PROPERTY TERMS:** Cash or Good Check day of auction. All items sold as-is where-is. Items must be removed day of auction so bring a truck or trailer and help to load. **FIREARM TERMS:** Alabama residents must show a current photo ID, be 18-yr-old to purchase long guns & 21-yr-old to purchase hand guns, meet the requirements of state and federal ATF rules and no additional fees will be charged. Out of state purchasers will be subject to additional fees for shipping to an FFL Dealer in your state along with background check, handling and delivery fees.

Shane Albright AUCTIONS

Call Ben Phillips for more information. 256-710-9683

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Real Estate

continued from the previous page

ESTATE AUCTION

10:AM Saturday, September 17th

185 Reid Avenue • Tuscumbia, AL

Selling for The Inez Tidwell Estate and the Late Gene Tidwell

3 BR Brick Home with 2 BR Basement Apartment on a 1 Acre Corner Lot
Large Doll Collection including Antique Dolls, Furniture, Household Items,
Costume Jewelry, '07 Chevy Equinox & Over 300 Square Dance Caller Records



This Brick home has 3BR and 1BA, a large kitchen/dining combo room, nice sized living room, carport & utility room with laundry connections. There is a 2BR basement apartment with private entrance for extra income or Mother in Law suite.

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Make Plans Now To Join Us!

Call Shane today to preview this home!
256-710-8400

DIRECTIONS: From the intersection of Hwy 72 and Hwy 43 in Muscle Shoals, AL (at Hardee's) go west on Hwy 72 for 6.7 miles, turn right onto Locust Shores Drive, then immediate left onto Old Memphis Pike, then immediate right onto Reid Avenue, go 0.2 miles to property on the Left. **Watch for SHANE ALBRIGHT AUCTION SIGNS!**
REAL ESTATE TERMS: A 20% down payment is due at end of auction, with balance due on or before October 17th, 2016. The sellers will provide a general warranty deed and a title search. The purchaser/s is/are responsible for all closing cost. Homes built prior to 1978 may contain lead based paints. In accordance with federal law you have 10 days prior to auction day to have the property tested using a nondestructive testing method or on auction day you will sign a form waiving this right. This property is sold AS-IS WHERE IS with no warranties expressed nor implied. Shane Albright Auctions and its agents are acting as agents for the seller only in this transaction.
PERSONAL PROPERTY TERMS: Payment in full due at end of auction by cash or good check. All items sold AS-IS WHERE IS with no warranties expressed nor implied. All items must be removed auction day so bring a truck or trailer and help to load.

Shane Albright AUCTIONS
Mr. Gene Tidwell and his wife Inez were Nationally Known "Square Dance Callers" regularly working the clubs in Huntsville, Birmingham and the Shoals Area.
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DAVE Says

by DAVE RAMSEY

PRIVATE SCHOOL IS BUSTING SAVINGS

Dear Dave,
Our three kids are enrolled in a private Christian school. It's a great place, and we truly believe our kids are getting a wonderful, faith-based education, but the tuition is pretty expensive. We've already had to start digging into our savings to make this happen, and the kids are only in elementary school. Should we keep them enrolled, or should we transfer them to public school?
Maureen

Dear Maureen,
I understand wanting your kids to get the best education possible. Private schools can provide some advantages academically, while a good Christian school might offer spiritual advantages. But the bottom line is this: If you can't cash flow it, you shouldn't do it.

All of my kids went to public schools, and they are good, moral people and strong Christians. In the process, they learned how to interact with people of all faiths, no faith, and how to display their faith and beliefs adequately in their personal lives and in the marketplace.

The truth is, you'll find great things and bad things in any school, private or public, Christian or not. And no matter where your kids go to school, as parents, you still have to teach them about the world — the good and the bad, the right and the wrong. Life can't be lived inside a protective bubble.

—Dave

WHAT'S THE DEAL WITH DEFERRED COMP?

Dear Dave,
I work for a fire department in Mississippi, and I've been trying to get information on the state's deferred comp plan. No one here seems to know a lot about it, so I was wondering if I should keep

looking for information or is it not worth the bother?
Brandon

Brandon,
Deferred comp simply means you are electing to defer and receive a portion of your compensation at a later time or date. People who use these types of plans have a portion of their compensation withheld and directed into an investment of some kind instead, and you aren't taxed on it immediately. It's sort of like a pre-tax investment, but it's not transferable to an IRA or 401(k).

I would only do deferred compensation after I've done everything else in terms of saving 15 percent of my income for retirement, including a Roth IRA. These are funded by after-tax dollars, but they grow tax-free. But I wouldn't do any of this until after I had paid off all my debt, except for my home, and had an emergency fund of three to six months of expenses in place.

Good question, Brandon!
—Dave

Dave Ramsey is America's trusted voice on money and business, and CEO of Ramsey Solutions. He has authored five New York Times best-selling books. The Dave Ramsey Show is heard by more than 8.5 million listeners each week on more than 550 radio stations. Dave's latest project, EveryDollar, provides a free online budget tool. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

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