

# The Courier

September 7, 2016 Volume 17 Number 1

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## Big Truck Day returns to Ocean Pines

Kids will get the chance to explore all sorts of work vehicles at Big Truck Day on Saturday, September 10 from 10 a.m. to 2 p.m. at Veterans Memorial Park in Ocean Pines.

This annual free event, which is open to the public, will feature fire trucks, dump trucks, tractors and more. Vehicles will be open and available for touching and exploration.

Police officers, firefighters and truck drivers will be on hand to offer information, and food will be available for purchase.

For more information, call the Ocean Pines Recreation and Parks Department at 410-641-7052.

## Parrothead Club to meet

Ocean City Parrothead Club will hold a social on Tuesday, September 13 between 6 p.m. and 8 p.m. All current members and anyone interested in becoming a member are invited to join the group at Sunset Grille/Teasers on Sunset Avenue in West Ocean City for food and drink specials, raffles, games, prizes, and fun. Email [ocphc@comcast.net](mailto:ocphc@comcast.net) for more information.

## Ocean Pines to host Junior Tennis Open

The Ocean Pines Recreation and Parks Department and Delmarva Beach Tennis will host the Ocean Pines Junior Tennis Open on Saturday, September 24 at the Manklin Meadows Racquet Sports Complex in Ocean Pines. The event was originally scheduled for July 23.

This non-sanctioned competitive tournament is offered to current high school students. The match format for singles will be eight-game pro sets. Registered players will play at least two matches.

The entry fee is \$20 per person and includes an event t-shirt. Registration forms may be obtained at the Ocean Pines Community Center or the Manklin Meadows Racquet Sports Complex.

In case of inclement weather, the event will be held on Sunday, September 25.

For more information, call the Ocean Pines Recreation and Parks Department at 410-641-7052.



**Looking good** - Anna Foultz is, as she says, "decked out" on her way to recent Ocean Pines Boat Club crab feast.

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# Powell named teacher champion

The Worcester County Education Foundation celebrates Christy Powell, Teacher Champion of Stephen Decatur High School. Powell has been a teacher in Worcester County Public Schools for the past 32 years. She began her career at Snow Hill Middle School teaching sixth, seventh and eighth grade art. In 1991, Powell represented Snow Hill Middle School in the Teacher of the Year program, and receiving the Outstanding Visual Art Educator Award from the Maryland Art Education Association.



Christy Powell

In the fall 1998, she transferred to Stephen Decatur High School where she currently teaches Design and Photography I & II, Advanced Art and AP Studio Art. In 2001, Powell was nominated Stephen Decatur High School's (SDHS) Teacher of the Year. She served as the Department Chair for the Visual Arts Department as well as the Junior Class Advisor for 15 years, which involved fundraising and organizing the Junior/Senior Prom. In addition to teaching, Powell has also coached Girls Indoor Track for the past two years.

Christy Powell is one of 14 Teacher Champions and will act as a liaison between the staff and students of Stephen Decatur High School and the Worcester County Education Foundation (WCEF). She will help the WCEF identify and focus directly on the current, underfinanced needs of the teachers and students.

The Worcester County Education

Foundation is a non-profit 501(c)3 created by a group of concerned parents and business leaders. With a firm belief that given the right tools for learning, every child has an equal chance to live up to his or her potential, the WCEF has taken on a mission to raise money through community resources and use donations to help supplement the underfunded needs of teachers and students, in order to guarantee equal access to a first class education.

The WCEF welcomes donations from community businesses and individuals who wish to support teachers and educators in the Worcester County School system. For more information or to donate, visit [www.wced.foundation](http://www.wced.foundation) or call 410-632-5076.

## Blood pressure tests offered

A free blood pressure testing event will be held Sunday, September 11 at 10:30 a.m. in DeWees Hall at St. Paul's By the Sea Episcopal Church located on 3<sup>rd</sup> Street and Baltimore Avenue in Ocean City. The event is hosted by the Ocean City EMS team. For more information contact Kim Tull at 443-614-6100 or the church office at 410-289-3453.

## Club to meet

The Pine'er Craft Club will meet Thursday, September 15 in the Ocean Pines Community Center. The meeting will start at 9:45 a.m. with refreshment and business at 10 a.m. Crafts will follow. Guests are welcome.

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# Governor signs order for post Labor Day School start

■ See Board of Education candidates comments on Hogan order on page 4.

Governor Larry Hogan last Wednesday signed an Executive Order that will require Maryland's public schools to start classes after Labor Day, beginning with the 2017-2018 school year. Citing the benefits of a post-Labor Day school start for families, students, teachers, and the economy, the governor made the announcement on the Ocean City Boardwalk, where he was joined by Comptroller Peter Franchot, Ocean City Mayor Rick Meehan, Senator James Mathias, Delegate Mary Beth Carozza, education advocates, and other longtime supporters of a post-Labor Day school start.

"Starting Maryland public schools after Labor Day is not just a family issue, it's an economic and public safety issue that draws clear, strong, bipartisan support among an overwhelming majority of Marylanders," said Governor Hogan. "Comptroller Franchot and I believe, and the people of Maryland strongly agree, that this Executive Order puts the best interests of Marylanders first, especially the well-being of our students. This action is long overdue, and it is simply the right thing to do."

The Executive Order will require that Maryland's public schools begin after Labor Day, complete the 180 days that are required under state law, and adjourn by June 15, beginning with the 2017-2018 school year. The executive order does permit for a waiver to be applied for with the Maryland State Department of Education to be exempt from the post-Labor Day start date. For the 2017-2018 school year and beyond, local school systems will have to apply annually for a waiver based on compelling justification. Furthermore, the State Department of Education will establish procedures and standards for

school districts and individual schools seeking special waivers to accommodate non-traditional schedules.

"I'm grateful to Governor Hogan for his action today," said Senator Mathias. "I've worked on this effort for a long, long time, and I can't wait to see the faces on the kids and families enjoying themselves the way they should on the boardwalk the weekend before Labor Day. This is a win for the families and for the economy."

"Starting school after Labor Day is good for Maryland families and Maryland's economy by giving that last stretch of summer for families and friends to spend together, either at home or on vacation," said Delegate Carozza. "I've heard from many families, teachers, and our small business



Governor Larry Hogan announces Executive Order

Photo by Executive Office of the Governor

owners who have long supported a later start school date, and after talking to school administrators and per-

sonnel, I am confident that the calendars will be well managed by our local boards."

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are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

[thecourier@delmarvacourier.com](mailto:thecourier@delmarvacourier.com)

# The Courier

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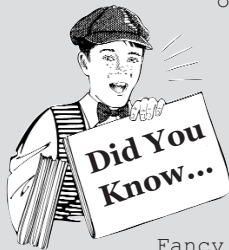
Robert B. Adair 1938-2007

## 2012 Business of the Year

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Sapphire is the September birthstone as well as the accepted anniversary gem for the 5th and 45th years of marriage.

Sapphire, a variety of corundum, comes in all colors except red (the red variety being known as ruby), but is especially popular in deep blue.



Fancy colored sapphires including pink, green, orange, and golden yellow are magnificent when combined in a necklace or bracelet.

Ancient priests and sorcerers honored sapphire above all gems, for this stone enabled them to interpret oracles and foretell the future. Ancients believed the Ten Commandments were written on a sapphire tablet. Marriage partners put great faith in the stone. If its luster dimmed, one knew his or her spouse had been unfaithful. Sapphire refused to shine when worn by the wicked or impure.

# High suicide rates beleaguer Eastern Shore

**Editor:**

September is World Suicide Prevention Month, a time to become aware of the high rates of suicide on the lower Eastern Shore, to remember those who lost their lives to what the



National Institute of Mental Health calls one of the most preventable public health crises in America, and to learn suicide prevention first aid. Here are some facts about local suicide tragedies:

-In Worcester County, from 2012 – 2014, the rate of suicide was 16% higher than the state average.

-For the same period, the Wicomico County rate exceeded the state rate by 33%.

-The Maryland Youth Risk Behavior Survey revealed that 17% of young people seriously considered suicide and 13% actually made a suicide plan in 2015.

Rural regions across the country historically suffer higher rates of suicide than urban and suburban areas, so the Eastern Shore is not an outlier. The reasons are myriad: shortages of mental health professionals, high rates of firearm ownership, and the rural sense of proud independence, among many others.

World Suicide Prevention Month is

a time to become cognizant of the threat of suicide, but the operative goal is to teach as many citizens as possible how to recognize the risk factors and warning signs that may lead one to contemplate taking his or her own life, and the simple steps that anyone can take to keep that person safe until healthcare professionals can step in.

Suicide prevention first aid is not much different from CPR. A practitioner does not have to be a cardiologist to keep someone alive until the ambulance arrives, and a person does not have to be a psychiatrist to keep someone safe from suicide until trained mental health professionals can step in.

Begin by visiting the website of the Jesse Klump Suicide Awareness & Prevention Program at [www.choosetolive-maryland.org](http://www.choosetolive-maryland.org). There you will find

tips on recognizing the warning signs, the cries for help that precede most suicide attempts. You'll learn how to listen, what to say and what not to say, and you'll find a comprehensive guide to local mental health services. Through the website, if you belong to a group – a church, school parents' group, community organization, any group that welcomes guest speakers – invite us to speak. There is never a charge for any of our presentations or workshops.

World Suicide Prevention Month is a time to stop and think about those close to you. Someone is suffering from depression, and someone may be thinking about suicide. You can prevent that. Imagine how you would feel if you had the opportunity and didn't know what to do.

**Ronald W. Pilling**

*The Jesse Klump Memorial Fund*

## Out of Darkness Walk to mark fifth anniversary

This fall, a morning spent on the Boardwalk can help save lives, spread awareness about suicide, and provide comfort to those who have lost friends or family. On September 24, the 5<sup>th</sup> Annual Out of the Darkness Walk to End Suicide will return to Ocean City. The annual event, which attracts hundreds of walkers every year, raises funds for the American Foundation for Suicide Prevention, with those funds used to teach suicide awareness and

mental health first aid.

Several local organizations, including the Worcester County Health Department, invest the pledges generated by walkers in working to end suicide in Maryland and Delaware's coastal communities, where suicide rates are historically high. As in years past, walkers will gather at the band shell, at Caroline Street and the Boardwalk, with

*please see walk on page 7*

## BOE candidates comment on Hogan order

By **Chip Bertino**

In light of Governor Larry Hogan's Executive Order that requires the school year to begin after Labor Day in the state of Maryland, *The Courier* reached out to two individuals vying for a seat on the Worcester County Board of Education (BOE) to represent the Ocean Pines District, District 5.

Elena McComas and Tom Terry are running to succeed current BOE president Jonathan Cook, who decided not to seek another term.

Both McComas and Terry expressed concerns that the governor's actions infringe on the authority of local school boards.

"It was great to see Governor Hogan here in Ocean City," said McComas. "I truly appreciate his focus on improving our economy by moving the opening of schools until after Labor Day. Although our own Worcester County School Board already voted last year to move our school start, my only concern is this particular use of an executive order sets a precedent of taking away local control."

"Ultimately, this is probably a good change, and is probably beneficial to Worcester County; but a more in-depth analysis was warranted before I could take a position. I have concern that an executive order was used to establish a statewide standard taking away the authority of the local Boards of Education," Terry said. He went on to say, "In the end, while I appreciate the governor's stance which aligns with our school calendar and I believe the change will benefit our county, I still hold concern for state mandated decisions which remove the authority of the local school boards. Such mandates should be used very, very sparingly."



**Elena McComas**



**Tom Terry**

# My Mom and Buster Brown

The excitement of the first day of school was rekindled recently when I was on hand for my granddaughter's entry into academia. She was all smiles and anticipation as she started pre-K.

would instruct as she thrust a pair of dark blue corduroys into my arms.

If I was good, and stood up straight I guess, she would take me and my little brother to the Woolworth's counter

for lunch where we got a hot dog, French Fries and a glass of milk. I was not allowed to have the fries until I finished my hot dog and I had to eat the fries using a fork. You see what I was up against?

When the big day arrived it was early out of bed, a bath and then my mother brushed my teeth. She was a tooth-brushing fanatic, applying so much pressure she could have removed white from rice. Another big thing with my mother was hair which had to be neat and clean and not out of place. She used a wooden hairbrush that sometimes doubled as her disciplinary implement. The bristles were very hard and scraped along my scalp as she worked her magic, ensuring that my hair was parted to the side, perfectly. If a wayward hair strand did not cooperate, she yanked it out.

Next came pictures, some indoors, some outdoors; some by myself and some with my brother standing next to me usually making a funny face. "Stand up straight," she would say sternly from behind the camera. "One. Two. Three."

After the photo session Mom would touch-up my hair and then perform the inevitable moistened thumb rub to my cheek removing some imperfection either real or imagined. Then it was into the Oldsmobile for the two-mile trip to school during which my mother issued last minute instructions like, "Do what the teacher says," or "Remember to share." And the inevitable, "Remember to stand up straight."

There was a flood of kids arriving at school that morning. Big kids. Little kids. Fat kids. Skinny kids. Kids with red hair. As I got out of the car I noted that no other kid sported razor edged-coiffed hair or wore a button down shirt with neatly pressed, sharply-creased slacks and wing-tip shoes. I headed into the throngs with my plastic brief case in hand and an Instamatic camera hanging from my neck so I could document for my mother my first day.

Behind me I heard my mother impart some final words. "Stand up straight."

Ah, the good old days!



## It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

She posed for the obligatory pictures and then was off.

Back in my day when Marcus Welby was making house calls and memories were painted on Kodachrome, my mother morphed into a fashionista drill sergeant on my first day of school. I went to kindergarten at Greenburg Public School in Northeast Philadelphia, not far from our home. At the time classes at St. Albert the Great School did not go below first grade so I spent my first academic year in the public school system. Whether public or parochial it mattered not all to my mother. Her firstborn child was going to arrive at the school front doors in spic and span condition and turned out like a young prince. I was five at the time and knew no better.

School prep began long before the school bell tolled, beginning with a visit to the Buster Brown Shoe Store where my foot was measured by a sales associate who took his job very seriously and spoke in authoritative hushed tones with my mother. Several boxes were pulled from the back room and the shoes within were slipped on my feet which I then had to model for my mother by walking down the narrow aisle, turning around and doing it again. "Stand up straight," she would admonish. I don't know what she was looking for but I did this several times wearing different shoes. In the end I wound up with a brown pair and black pair. I liked the leathery smell that permeated the box.

Then it was off to Klein's Department Store to purchase pants, a process I disliked because I'd have to go into the dressing room, put them on and then walk out in stocking feet to where my mother was to model them. "Stand up straight," she would say over her shoulder as she evaluated other pants on a nearby rack. "Okay, put what you're wearing aside and try these on," she

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## Annual Doggie Swim scheduled

The Ocean Pines Aquatics Department will host canine swimmers and their human companions at the annual Doggie Swim on Saturday, September 10 from 10 a.m. to 2 p.m. at the Mumford's Landing Pool in Ocean Pines.

This event allows dogs and their owners the chance to splash and swim in the Mumford's Landing Pool, located at 7351 Yacht Club Drive in Ocean Pines, before it closes for the season.

Dogs weighing less than 20 pounds will be able to swim from 10 a.m. to 10:30 a.m. Dogs of all sizes will be allowed from 10:30 a.m. to 2 p.m.

The cost of the event, which is open to the public, is \$6 per dog. All dog handlers must be at least 18 years of age and any youth under the age of 17 must be accompanied by a registered

adult. Dogs should have current vaccinations, including rabies.

Proceeds from the Doggie Swim will benefit the Worcester County Humane Society.

The Ocean Pines Aquatics Department hosts a variety of special events, aquatic fitness classes and swim lessons year-round. More information about Ocean Pines aquatics programs is available at OceanPines.org or by calling the Ocean Pines Aquatics Department at 410-641-5255.

### Luau to be held

The Ocean Pines Boat Club will hold an End of Summer Luau on September 17 at White Horse Park. The event begins at 3 p.m. The cost is \$14 per person and includes a roast pig barbecue. Attendees are asked to bring an appetizer or dessert to share with eight. Contact Stuart Glassman at 814-322-2120 by September 8. The event is open to the public.

### Auxiliary to meet

The American Legion Auxiliary Unit 166 will hold its monthly meeting on Tuesday, September 20. The social hour begins at 6 p.m. and the meeting begins at 7 p.m. The meeting will be held at the post located at 23<sup>rd</sup> Street in Ocean City. Current member and those interested in becoming a member are invited to attend.

### Support group to meet

The Worcester County Parkinson's support group will meet on Tuesday, September 13 at the Ocean Pines library on Cathell Rd. from 2:30 p.m. to 4 p.m. This month's speaker will be Dr. Kappes, local chiropractor who is certified in the PWR Big exercise program for Parkinson's patients.



**Spirit** - The county Volunteer Spirit Award was given to Barbara Peletier for her outstanding work. The event was held at the Atlantic Hotel in Berlin on August 25. (L-R) Dan and Barbara Peletier, Worcester County Commissioner President Jim Bunting, Volunteer Service Manager Kelly Brinkley and Human Resources Director Stacey Norton.

## New artists spotlighted at library

The Friends of the Ocean Pines Library will showcase four new artists during the months of September, October and November.

#### Suzanne Wilson

This artist is well known for her realistic landscapes with an impressionistic flair. Wilson considers herself a self-taught artist whose work is influenced by Monet, Bierstadt, and Sargent.

Wilson received a B.S. degree from Salisbury University and has studied at the University of Maryland in College Park. She has worked with many nationally recognized artists including Paul Leville, John Losonczy, Kevin Fitzgerald, and Scott Yeager.

Wilson explores the natural beauty of her environment through her travels in this country and abroad. With a

strong emphasis on light, her landscapes clearly reflect the seasonal changes. Many of her plein air works are later recreated into larger pieces in her studio.

Wilson's work has won several awards and have been shown at Salisbury University Atrium Gallery, Water's Edge, A Step Above Gallery, Art League of Ocean City, Art Institute and Gallery, The Dorchester Arts Center, and in private collections in several states.

#### Mary Murphy

Mary Murphy has always tried to create beauty in her surroundings. She began her art career by studying at The University of Maryland College Park and has studied with Cassandra James, a former instructor at the Ringling School of Art and Design, and has studied with her in various locales in Texas, Montana, Mexico and North Carolina. Murphy has also studied with artists Linda Pflug, John Losonczy, Scott Yeager, and Kevin Fitzgerald. She has developed her landscape art through plein air paint-outs and her paintings capture the spirit of the locale. Her works can be seen in several galleries in Maryland as well as in private collections.

#### Betty Latourney

Betty Latourney decided upon retirement that she was going to add the

please see **artists** on page 9



## September Drinks of the Month

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# Suicide on the Shore: reaching those most at-risk

By **Caroline Green**,  
Core Service Agency  
Worcester County  
Health Department

September is National Suicide Prevention Awareness Month, an important moment across the country and here in Worcester County. Worcester is no stranger to suicide: it was the fourth leading cause of premature death in the County for 2012, and since 2005, suicide rates in Worcester have remained

higher than the state average. In July, the Center for Disease Control (CDC) reported that farmers, fishermen, and foresters have the highest rates of suicide out of all 22 occupations studied. The combined rate of suicide for farmers, fishermen and foresters is a startling average of 84.5 suicides per 100,000 persons. These numbers are alarming for Worcester, where agriculture and commercial fisheries drive much of the economy year round.

## Financial planning workshop scheduled

The Worcester County Commission for Women invites you to attend the Suddenly Single workshop on Financial Planning to be held at the Community Church at Ocean Pines located at 11227 Racetrack Road in Berlin, on Saturday, October 15, from 10 a.m. to 1 p.m.

The keynote address by Christine Selzer of Merrill Lynch will discuss smart uses of your money. Panel presentations on three topics will be presented: legal issues by Cynthia MacDonald of MacDonald Law Office; credit issues by Marian Bickerstaff, retired lending officer; and, fraud issues by Roxanne Gabrielson of PKS & Company.

To register for this workshop, call Cynthia Roman at 240-882-2950 or email [chroman1954@gmail.com](mailto:chroman1954@gmail.com). A \$5 registration fee payable to FWCCW should be mailed to Cynthia Roman, 28

Watertown Road, Berlin MD 21811. Please register by October 8.

The "Suddenly Single" initiative is open to all coping with the loss of a partner's support through illness, death, separation or divorce. For information about Suddenly Single, contact Beverly Thomas at [bevthomas@mchsi.com](mailto:bevthomas@mchsi.com) or 410-641-8299.

## Pet blessing scheduled

A Blessing of the Pets ceremony will take place Sunday, September 25, at Bethany United Methodist Church at 3 p.m. The church is located at 8648 Stephen Decatur Highway in Berlin. The event is open to people and pets of all faiths. For more information contact Megan Cooke at 443-614-3870.

Poultry farmers are one of the most visible of that at-risk group on the shore since Worcester ranks second in terms of poultry production in the State, with Maryland ranked eighth in the nation. Hundreds of farmers, fishermen and foresters call Worcester home and many of them are at-risk for suicide. Several factors exist which could contribute to an increased suicide risk rate among that trio including: financial loss, chronic physical illness, isolated work conditions, work-home imbalance, depression, and a wide-spread unwillingness to seek mental health treatment. While some of those factors might not always be preventable, increasing awareness and education about suicide and mental illness will break down barriers and make it easier for those who are in need of help to find it.

Though the rates for farmers, fishermen and foresters are unusually high, suicide is a problem that impacts all ages, occupations, and lifestyles. Suicide was the tenth leading cause of death in 2013 and suicide rates have been on the rise since 1999. Though males are more likely than females to take their own life,

both groups are at-risk.

On September 24, the American Foundation for Suicide Prevention will partner with local agencies around the tri-county area to host the 5<sup>th</sup> annual Ocean City "Out of the Darkness Walk." Join the fight against suicide, and walk to raise funds and awareness for suicide prevention. If interested in donating, creating a team, or joining the walk, please visit [www.outofthedarkness.org](http://www.outofthedarkness.org) and click to register for the Ocean City Walk.

## Church to hold golf tourney

On October 19 at Bayside Resort Golf Club, St. Luke's Church will host its annual Parish at the Beach Golf Open. Registration is at noon. The format will be a scramble/best ball with a shotgun start at 1 p.m. The cost is \$100 per player and includes a goodie bag, range balls, 18 holes of golf with cart and a dinner banquet at The Cove. Call the parish office at 410-250-0300 for information or to register

### walk

from page 4

registration beginning at 9 a.m. After opening remarks by Senator Jim Mathias, the procession will walk solemnly to 10th Street, turn and walk to the Inlet, then back to Caroline Street.

Pledges collected by walkers and other Walk supporters contribute to the work of the American Foundation for Suicide Prevention, the leading national organization doing suicide research and suicide prevention outreach. A portion of the funds raised in Ocean City comes back to the local community in the form of grants. "The AFSP supports our work on the lower Eastern Shore by providing funds for materials and training for Applied Suicide Intervention Skills, for safeTALK suicide prevention workshops, and for mental health first aid, for example" said Brittany Hines, Coordinator of Special Programs for the Worcester County Local Management Board.

The four previous Out of the Darkness Suicide Prevention Walks held in Ocean City have brought in over \$126,000 to support local and national efforts to reduce suicide. Planning for the 5<sup>th</sup> Out of the Darkness Walk has already begun with the event scheduled for September 24, 2016 at Caroline Street and the Ocean City Boardwalk. Volunteers are welcome to join the Planning Committee and assist on the day of the event. Individuals interested in volunteering can contact Brittany Hines at [brittany.hines@maryland.gov](mailto:brittany.hines@maryland.gov).

To learn more about the Ocean City Out of the Darkness Walk, to raise your personal pledge team, or to pledge on behalf of an existing team, visit [www.afsp.org](http://www.afsp.org) and click on Out of the Darkness Walks.

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for Storm Preparedness Tips

# Renaud resigns, board to fill vacancy

By **Chip Bertino**

The Ocean Pines Association Board of Directors is down a member with the resignation last Monday of Pat Renaud for personal reasons. Renaud was in the last year of a three-year term, having been elected for the first time in 2014. He served as president during the 2015-2016 year.



Pat Renaud

President Tom Herrick told *The Courier* that Renaud's decision was "sudden and unexpected." He said the board has 30 days for select a replacement to finish out Renaud's term. No decision has yet been made.



Tom Herrick



Cheryl Jacobs

"It was my pleasure to have worked with Pat last year," said Board Member Cheryl Jacobs who served as vice president during that period. She said she was "sorry that Pat resigned... but his well-being must come first." Jacobs presided over several board meetings in Renaud's absence.

Who will fill the vacancy? According to Jacobs "it is pretty obvious that the residents of Ocean Pines voted for Frank Daly to be the next person to fill a seat on the board, if there had been another slot, so Mr. Daly is therefore

the logical choice."

However, the board is not bound to select the next top vote getter in the most recent election. Section 5.04 of the community's bylaws which pertains to filling a board vacancy reads as follows:

*Vacancies shall be filled as provided in this Section. (a) Any vacancies occurring on the Board of Directors ninety (90) days or more before the annual meeting of the members under Section 4.02 shall be filled by a majority vote of the remaining Directors within thirty (30) days. Each member so appointed shall serve as a Director until the next annual meeting. A successor shall be elected by the members to complete any remaining portion of the unexpired term. (b) In the event a vacancy occurs on the Board of Directors within ninety (90) days prior to the annual meeting but before the ballots have been submitted to the Secretary for printing under Section 5.03, a majority of the remaining Directors may appoint a replacement to serve until the next annual meeting. If the vacancy is not for an expiring term, the vacancy shall be included on the ballots. (c) In the event a vacancy occurs after the ballots have been submitted to the Secretary for printing under Section 5.03 or because the election under Section 5.03 failed to fill all vacancies on the Board of Directors, the vacancy shall be filled by a majority vote of the Board of Directors as it exists after the election. The vacancy shall be filled no later than thirty (30) days after the Board's organization meeting. Each appointed Director shall serve until the next annual meeting.*



**Getting ready** - Planning has begun for the 2nd Annual Student Anime/Manga Art Show, sponsored by the Art League of Ocean City. The exhibit will be held in April 2017 at the Ocean City Center for the Arts and feature the work of high school students from throughout the area. Left to right: **Jaden Denk**, Art League board member **John Sison**, **Harry Heller** and **Samantha Schacter**.

# Don't keep family in the dark about your plans

By **Ben Ogle**

You might work diligently at building a financial roadmap for your retirement years and a comprehensive estate plan. But you can't just create these strategies – you also have to communicate them. Specifically, you need to inform your spouse and your grown children what you have in mind for the future – because the more they know, the fewer the surprises that await them down the road.



Ben Ogle

Let's start with your spouse. Ideally, of course, you and your spouse should have already communicated about your respective ideas for retirement and have come to an agreement on the big issues, such as when you both plan to retire, where you'll live during retirement, and what you want to do as retirees (volunteer, travel, work part time and so on).

But what you both might have let slip through the cracks are the important specifics related to financing your retirement. You'll need to answer several questions, including these:

-When will you each start taking Social Security?

-Are there strategies for maximizing both of your Social Security payments?

-When will you need to start tapping into your respective retirement

accounts, such as your IRA and 401(k)? And, once you do start withdrawing from these accounts, how much should you take out each year?

You may want to work with a financial professional to address these issues, but however you proceed, you and your spouse need to be "on the same page" regarding the key financial components of your retirement.

Now, consider your grown children. You need to clearly communicate your estate plans to them, not only for the sake of openness and honesty, but also because they may well play active roles within those plans. So when talking to your children, make sure you cover these areas:

-Durable power of attorney – You may well decide to give one of your grown children the durable power of attorney to pay bills and make financial choices on your behalf if you are unable to do so.

-Estate executor – An executor is the person or entity you name in your will to carry out your wishes. An executor has a variety of responsibilities, so you'll want to choose someone who is honest and capable of dealing with legal and financial matters. Again, you could ask a grown child to serve as your executor, but, to avoid potential conflict of interests among your children, you might want to go outside the family. Talk with an attorney about how best to name your executor.

Status of will and living trust – Assuming you have already drawn up a

please see **plans** on page 13

## Are you invested properly? Get a second opinion.



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## New officers, new membership year

The Women's Club of Ocean Pines is pleased to announce the new officers for 2016-2018. Pictured here (left to right) are **Irene Daly**, treasurer, **Joyce Piatti**, first vice president, **Susann Palamara**, president (1<sup>st</sup> chair), **Donna Potenza**, president (2<sup>nd</sup> chair) and **Gail Reese**, secretary. Second Vice President **Kay Hickman** is not pictured.

The purpose of the Women's Club is to promote civic and social activities, including educational and community outreach opportunities, for its members to benefit the community. In 2016 the Women's Club awarded \$3,000 in scholarships and donated \$1,800 to community organizations.

To become a member, call Joyce Piatti on 410-302-0559. The Women's Club meets the first Thursday of the month (except July and August) at 10:00 am at the Ocean Pines Community Center. Annual dues are \$10.00. Photo by Diane McGraw.

**artists**  
from page 6

title of artist to her accomplishments. Although she has painted with watercolor, oil is her preferred medium. She started her studies with Hungarian painter John Losonczy, and has enjoyed many classes and workshops since. Some of her class instructors were John Slater, Willy Schlossbach, Wallace McGarry, and Katie Cassidy. Some of her instructors in the workshops included Mary Ekroos, Kevin Fitzgerald, Scott Yeager, and Paul Leville.

Betty's art has been featured in *The Daily Times*, Mallard Landing Arts Alive (2005, 2006), Salisbury University Atrium Gallery (2008), Furnace Town Living Heritage Mu-

seum of Snow Hill (2006), Art Institute & Gallery (since 2000), Art League of Ocean City (since 2001), the Ocean City Library (since 2008), Dorchester Arts Center (since 2007), A Step Above (2007), Water's Edge (2008), and The Globe (2009). In addition to the Ocean Pines Library, she currently has paintings in the Keepsake Gallery in Salisbury, the Ocean City Convention Center, and Kellie's Hair Place of Hebron, MD.

### Megan Burak

Megan Burak is a contemporary realist painter working mostly in oil. She was born in Pittsburgh, PA and moved to the Eastern Shore of Maryland at the age of four. Burak graduated in the fall of 2015 from Salisbury University with a Bachelor of Arts degree and a concentration in two-dimensional art. She has had group and solo shows in both Salisbury and Ocean City. Burak has won Best in Show and second place in exhibitions at the Art League of Ocean City and is the recipient of the University Art Award from Salisbury University. Her inspiration is drawn from her emotions and the world as she sees it. She currently lives and paints in Berlin.

## AGH named most wired

Atlantic General Hospital is among just six percent of hospitals nationwide to receive the 2016 Most Wired Hospital distinction, bestowed by the American Hospital Association's (AHA) Health Forum.

The awards are based on the results of the annual HealthCare's Most Wired survey and benchmarking study. The survey examines how organizations are using information technology (IT) to improve healthcare delivery in the areas of quality and safety, clinical integration, infrastructure and business management.

"The Most Wired award is a reflection of the organization as a whole, not IT specifically," said Andrew Fowler, vice president of information services and CIO of Atlantic General Hospital. "Atlantic General has had the foresight to put some very innovative programs in place. Health IT has been there to help those programs operate more efficiently to provide the best care possible for our patients."

### Telemedicine

According to the survey, Most Wired hospitals are using telemedicine, or telehealth, to fill gaps in care, provide services 24-7, or expand access to medical specialists.

This year's results show psychiatric examinations and psychotherapy are among the top three telehealth services offered by hospitals. On the heels of the launch of Maryland eCare to provide around-the-clock remote monitoring of ICU patients, Atlantic General expanded much needed behavioral health care services in 2009 through a telemedicine partnership with therapists at Sheppard Pratt, a psychiatric hospital in Towson, Md.

Another such partnership, this time with Baltimore-based Kennedy Krieger Institute, was forged in 2014 to provide diagnosis and treatment for developmental disabilities in children, including autism spectrum disorder.

Particularly in the case of developmental health, IT helped bring critical services that were otherwise inaccessible for many patients – and their families – right to their community. Much of this was achieved through the expansion of Maryland Broadband internet services on the Eastern Shore.

### Building Patient Engagement

In redefining the way that they provide care in their communities, Most Wired hospitals are using technology to build patient engagement with the individual's lifestyle in mind, which includes

electronic access to their care team.

More than 60 percent of Most Wired hospitals use social media to provide support groups. Since April of 2015, patients of both the medical and surgical weight loss programs at Atlantic General Bariatric Center have been able to take advantage of the support of fellow patients and members of their care team in a very active closed Facebook group, where individuals share their struggles and successes, recipes and exercise tips, and other helpful information.

### Improving Population Health

Most Wired hospitals are also using population health management tools and partnering with other health care providers to share clinical information so they can provide additional outreach to key patient groups, such as those with diabetes. More than half of these hospitals have connected their electronic health record data to population health tools to accomplish this type of interaction.

At Atlantic General, nurses in the Patient Centered Medical Home program reach out to recently discharged patients identified as being at risk for readmission, to make sure they're taking any prescribed medication properly and have scheduled – and plan to keep – the necessary follow up appointments with their doctors. This risk stratification is based upon key pieces of data within the patients' electronic health records.

### Access to Electronic Health Records

In 2013, Atlantic General built their Patient Electronic Record Keeping Service (PERKS), following with the launch of the PERKS Patient Portal in May of 2014. The hospital was ahead of the curve. Less than 16 percent of hospitals nationwide were able to meet the health IT requirements of Meaningful Use in the first year, which included standards related to the secure collection, sharing and use of electronic health information in patient care, within the original timeframes set forth by the federal government. Atlantic General Hospital was one of them.

The hospital is now in the process of expanding the capabilities of the PERKS patient portal to make it more convenient and useful for patients, including scheduling of appointments in real time and sharing of relevant health education.

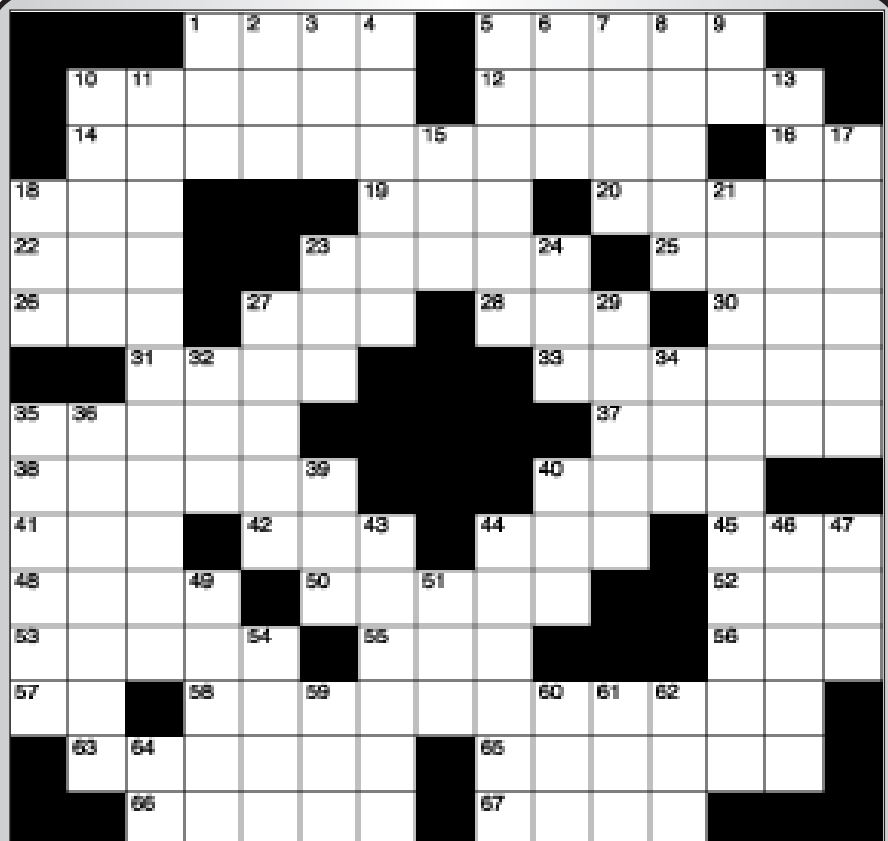
"Hospitals are breaking out of their traditional four walls and providing care where and when patients need it," said Rick Pollack, president and CEO of the AHA.

**The LORD will surely save me  
So we will play my songs on  
stringed instruments** Isaiah 38:20

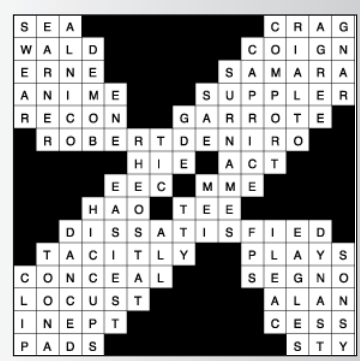


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- ACROSS**
- 1. Taro plant
  - 5. Stone splinter
  - 10. One who likes tobacco
  - 12. Roughly chipped flint
  - 14. He played Gandalf
  - 16. Indicates position
  - 18. AMC ad show "Mad \_\_\_"
  - 19. Popular sports league
  - 20. Linguistics pioneer
  - 22. Singer DiFranco
  - 23. Dispenses
  - 25. Most important part
  - 26. Worthless entertainment
  - 27. Remunerate
  - 28. Cool
  - 30. Ex-Knick Jeremy
  - 31. On top
  - 33. Felt for
  - 35. Vulcan doctor
  - 37. Publicly denounce
  - 38. Bits of
  - 40. Something to live by
  - 41. Take in solid food
  - 42. Small amount
  - 44. German war
  - 9. Lawrence Taylor
  - 10. Upstate NY college
  - 11. Schemer
  - 13. Even more shaggy
  - 15. Electronic funds transfer
  - 17. Currently popular
  - 18. Indicates where you are
  - 21. Female peace officers
  - 23. Opposite of woman
  - 24. Drain
  - 27. Studied
  - 29. Performs mischievous deeds
  - 32. Political action committee
  - 34. Rocker Nugent
  - 35. American jazz rockers "\_\_\_ Dan"
  - 36. They remove things
  - 39. Standardized test
  - 40. Dishonorable man
  - 43. Infants
  - 44. Actress Richards
  - 46. International monetary units
  - 47. Married woman
  - 49. Lecterns
  - 51. Buddy
  - 54. Spanish river
  - 59. "Fresh Prince of \_\_\_ Air"
  - 60. Strike lightly
  - 61. Boxing legend
  - 62. Muscle contraction
  - 64. Siberian river
- DOWN**
- 1. Very long period of time
  - 2. Boston-based Celtic punk band (abbr.)
  - 3. Final month (abbr.)
  - 4. Scottish island
  - 5. Merchant
  - 6. Elected leader (abbr.)
  - 7. Brews
  - 8. Linear accelerator (abbr.)
  - 45. Words per minute
  - 48. Employee stock ownership plan
  - 50. Recorded
  - 52. Paddle
  - 53. Dormouse
  - 55. Officially prohibit
  - 56. Wrongly
  - 57. Yves Rocher
  - 58. Weakens
  - 63. An evening party
  - 65. Containing salt
  - 66. Semitic gods
  - 67. Grand in scale



Answers for Aug 31

## Eyes on the Skies

# Uranus and its surprising spin

By Douglas Hemmick, Ph.D.



With the arrival of September, the hot and humid "dog days" should at last be drawing to a close and the shorter days may offer greater opportunity for stargazing. Cygnus the Swan can be seen high overhead, and Sagittarius the Archer will also appear.

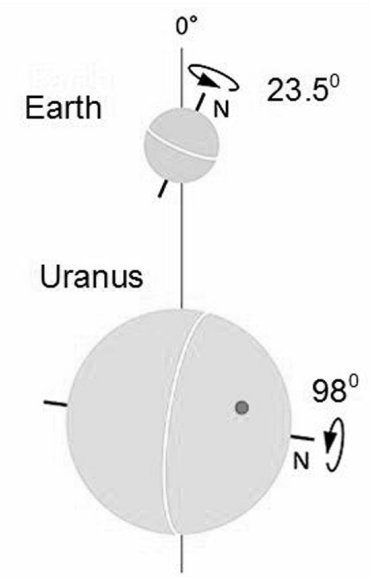
The planet Uranus is the topic for September. Although the realm of the visible planets – Mercury, Venus, Mars, Jupiter and Saturn – had been known since the ancients, the discovery of Uranus awaited the modern age and its telescopes. It was in 1781 that Sir William Herschel first spied the remote planet. Because Uranus is so distant, its discovery effectively doubled the size of the known solar system.

Only one spacecraft has visited Uranus; in 1986, Voyager-2 produced the first close-up images of the planet, its moons and rings. Before this time, astronomers had already found that Uranus is encircled by a small and faint system of rings. Astronomers had hoped, based on the results from Saturn, that "shepherd moons" might be detected by Voyager-2. Success came as the satellites Cordelia and Ophelia were discovered. Astronomers have now found that all of the gas giant planets include rings but none can match Saturn's large, spectacular display.

Voyager-2 obtained images of the five larger moons of Uranus – Titania, Oberon, Umbriel, Ariel and Miranda and discovered 10 new satellites. Photos of the largest moon, Titania, revealed its rugged surface includes enormous craters, canyons and fault lines. One giant rift canyon is Messina Chasma running from the equator, almost to the moon's south pole – 1,500 kilometers long and 50 kilometers wide. Astronomers believe that tectonic movements in Titania's crust created this feature.

The Uranian moon Miranda has been described as one of the strangest bodies in the solar system. Miranda was initially discovered by Gerard Kuiper in 1948 and the detailed photos by Voyager-2 in 1986 generated

much debate. One scientist described this moon's diverse surface as bizarre and deformed. Miranda displays a distinctive chevron-shaped pattern of grooves and channels on its surface,



resembling sergeant stripes. Also the surface is laced with giant canyons, some as deep as 20 kilometers. Today, there is no gravitational flexing of this moon, and such features are difficult to explain. One hypothesis contends that in the ancient past, the influences of Umbriel and Ariel guided Miranda into an orbit closer to Uranus, where the strong gravity might have disrupted the moon's internal structure. The resultant heat could have been responsible for upwellings of materials forming Miranda's irregular surface features. This issue remains mysterious.

The planet Uranus itself occupies a unique place in the solar system, in terms of its rotational axis. Uranus is tipped "over-on-its-side" with its axis tilted by 98 degrees (more than a 90 degree right angle). Most planets rotate in a similar way to a "top" spinning on a table with the axis nearly vertical. However, Uranus's axis is inclined sideways, nearly parallel to the plane of the Solar System. No other planet has this odd alignment.

The Uranus axis with its sideways tilt gives rise to extreme seasonal vari-

please see *dr. hemmick* on page 11

# September is National Preparedness Month

Would you be ready in the event of a major storm, natural disaster or other emergency? Do you have enough supplies at home to survive for several days on your own or the knowledge of what risks to look for during an emergency? Worcester County Health Department encourages all residents to, "Don't Wait, Communicate, Make Your Emergency Plan Today," as part of National Preparedness Month this September.

National Preparedness Month, which is sponsored by the Federal Emergency Management Agency (FEMA), "aims to educate and empower Americans to prepare for, and respond to, all types of emergencies." While preparing for an emergency, Worcester County Health Department recommends that you:

-Prepare a disaster supply kit with

at least three days of food and water.

-Check batteries and stock up on canned food, first aid supplies, drinking water, and medications.

-Create a Family Emergency Plan, so that your family knows how to communicate during an emergency.

-Keep an appliance thermometer in the refrigerator and freezer. An appliance thermometer will indicate the temperature in the refrigerator and freezer in case of a power outage and help determine the safety of the food. Refrigerated food should be safe as long as the power was out for no more than 4 hours and the refrigerator door was kept shut. Discard any perishable food (such as meat, poultry, fish, eggs, or leftovers) that has been at temperatures above 40° F for 2 hours or more (or 1 hour if temperatures are above 90° F)

-Do not use portable generators inside your house or garage, even if the windows are open. The fumes created by generators can lead to CO2 poisoning if kept in a confined space.

-Install battery powered carbon

monoxide detectors near every sleeping area in your home.

For more information on how to be prepared this September, visit [ready.gov/September](http://ready.gov/September).

## Blues on the Bay to benefit Hospice

Reservations are now being taken for "Blues on the Bay" at Macky's in Ocean City, the annual September party that celebrates shoulder season at the resort and also raises money for a great cause, Coastal Hospice at the Ocean.

Last year, Blues on the Bay raised more than \$25,000 for the capital campaign to build Coastal Hospice at the Ocean. The campaign has reached beyond the \$4 million fundraising mark in its goal of \$5 million.

Blues on the Bay will be held at Macky's Bayside Bar & Grill on 54th Street bayside in Ocean City on Wednesday, September 21 from 6 p.m. to 9 p.m. Singer and saxophonist Everett Spells will provide the musical entertainment, and tickets include an open bar, heavy hors d'oeuvres and a front-row view of the sunset over the bay.

Macky's owner, Walter "Macky" Stansell, is a member of the Coastal Hospice Board of Directors and also serves on the committee raising funds to build Coastal Hospice at the Ocean.

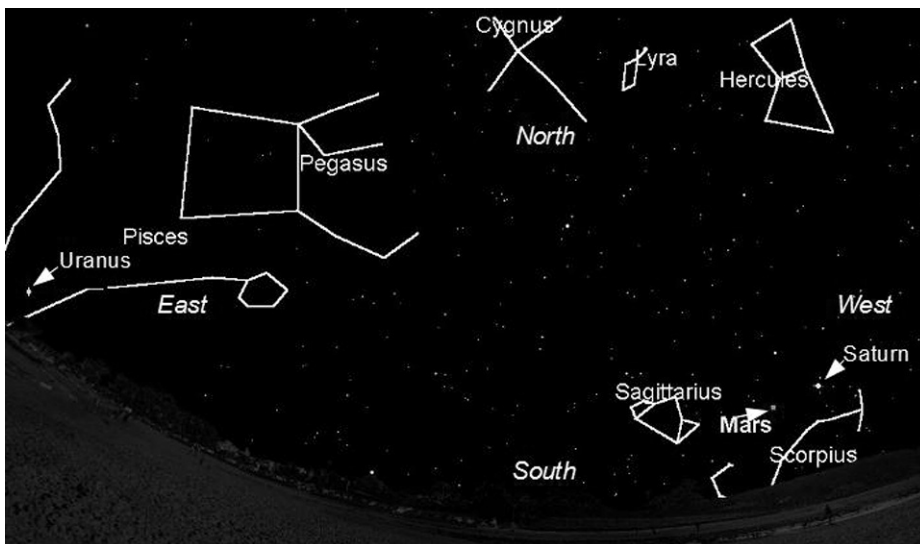
"We urge everyone to come out,

have some fun, and support a great cause," Stansell said. "We're close to reaching our building goal, and the Blues on the Bay evening will put us even closer."

Coastal Hospice at the Ocean will be a medically-prepared yet home-like hospice residence and community outreach center in Worcester County. It will be a home for hospice patients and also offer palliative care, counseling, grief support and community wellness programs.

Tickets to Blues on the Bay are \$75 per person. For more information and reservations for Blues on the Bay, visit [CoastalHospice.org/BluesontheBay](http://CoastalHospice.org/BluesontheBay), or call 410-742-8732.

Founded in 1980, Coastal Hospice is a nonprofit health care organization that cares for individuals facing life-limiting conditions but who want to remain as active and engaged as possible. Coastal Hospice cares for patients in their home, nursing home, assisted living facility or at Coastal Hospice at the Lake. The organization serves Wicomico, Worcester, Dorchester and Somerset counties.



dr. hemmick  
from page 10

ations, compared to other planets. Earth has only one-quarter as much slant, causing the familiar seasons –summer, winter, spring and fall. When Voyager's visit occurred, Uranus's axis was pointing toward the Sun – therefore its lighted hemisphere was having a lengthy summertime, engulfing its polar axis region. Meanwhile the planet's opposite polar area was experiencing wintertime, lacking any direct sunlight for about 42 Earth years. This seems an incredible phenomenon. Uranus is the coldest of the planets with its low at 49 Kelvin (minus 371 F) – making for frigid summer and winter times, indeed.

For those going outdoors in September, stargazing begins early as the brightest of the planets, Venus, appears over the western horizon at about 7:30 p.m., just after sunset. Don't delay, since Venus sinks quickly and will be too close to the horizon by about 7:50 p.m. The full celestial vista appears after about 8:30 p.m., as the constellation Cygnus the Swan (the Northern Cross), appears almost directly overhead.

Near the southern horizon, Sagittarius, the Archer appears. To the west of Sagittarius, one can see Scorpius the Scorpion, which is still hosting the planets Mars and Saturn.

Uranus is not visible with the unaided eye, but in the late evening sky, after about 10 p.m., experienced amateurs may turn their telescopes to the constellation Pisces, to seek the planet.

Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., September 8	12:31 a.m. 1:02 p.m.	6:42 a.m. 7:28 p.m.	6:36 a.m.	7:19 p.m.
Fri., September 9	1:20 a.m. 1:56 p.m.	7:32 a.m. 8:23 p.m.	6:37 a.m.	7:17 p.m.
Sat., September 10	2:16 a.m. 2:55 p.m.	8:25 a.m. 9:19 p.m.	6:38 a.m.	7:16 p.m.
Sun., September 11	3:16 a.m. 3:53 p.m.	9:21 a.m. 10:15 p.m.	6:39 a.m.	7:14 p.m.
Mon., September 12	4:14 a.m. 4:47 p.m.	10:18 a.m. 11:09 p.m.	6:40 a.m.	7:12 p.m.
Tues., September 13	5:07 a.m. 5:37 p.m.	11:13 a.m. 11:59 p.m.	6:41 a.m.	7:11 p.m.
Wed., September 14	5:57 a.m. 6:26 p.m.	12:07 p.m.	6:42 a.m.	7:09 p.m.

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# Coastal Bays Program to hold photo contest

Celebrate National Estuary Week and show your love for Maryland's Coastal Bays with a photo entry in the Maryland Coastal Bays Program (MCBP) Best of the Bays Photo Contest.

September 17 through 24 is National Estuaries Week, a time of the year to spend time on your local bay to learn more about your estuaries. While you are there, take a photograph and enter Maryland Coastal Bays Program's Best of the Bays Photo Contest.

Send your best photo of Maryland's Coastal Bays, Assawoman, Isle of Wight, Sinepuxent, Chincoteague, and Newport Bays and St. Martin River to [mcbp@mdcoastalbays](mailto:mcbp@mdcoastalbays) by Friday, Sep-

tember 9, at 5 p.m. Everyone who enters will receive a free Maryland Coastal Bays Program (MCBP) decal sticker.

The top seven entries will be posted on MCBP's Facebook page during National Estuary Week and will receive T-shirts from MCBP. The best overall entry will be announced on Facebook Friday, September 23 and will win a pre-owned canoe. Winners will be notified by September 17 via email.

Participants release all rights to entered photos to Maryland Coastal Bays Program. One entry is allowed per participant. Prizes and stickers must be picked up at our office, 8219 Stephen Decatur Highway, Berlin MD 21811. Please call ahead to confirm at 410-213-

2297 extension 109 or extension 105.

To enter, send your best photo of Maryland's Coastal Bays to [mcbp@md-coastalbays.org](mailto:mcbp@md-coastalbays.org). All entries must be in jpeg format.

Please include the following information: photographer's name, email and phone number; and, the name of the bay in which the photo was taken.

## Women's education raffle kicks off

In support of raising funds for the Worcester County Commission for Women initiative called "Empowering Women Scholarship," the Friends of the Women's Commission, a 501(c) (3) organization, are selling a limited number of raffle tickets at \$25 for a chance to win cash and gas cards.

Every month between October and December, four \$50 gas cards and two checks of \$250 each will be presented to six winners. You can win as many times as your ticket is drawn. The award of a scholarship(s) will be presented in May 2017.

To purchase raffle tickets, contact Michelle Bankert 410-213-1162 or Eloise Henry-Gordy at 443-235-3214.

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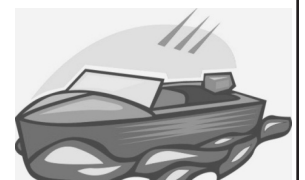
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# Community Calendar

When submitting items for the calendar please include the event name, date, where held, time and a little about the event. Items being considered for the calendar need to be in by noon on Friday. E-mail to [thecourier@delmarvacourier.com](mailto:thecourier@delmarvacourier.com)

## **Mondays**

### **Ocean Pines Poker Club**

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Open every Monday through October: **Historic St. Martin's Church Museum.** 1-4 pm. 11413 Worcester Highway, Showell, MD. For more information, call 410-251-2849

### **Sweet Adelines**

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

## **Mon. & Tues.**

### **Sanctioned Duplicate Bridge**

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

## **Mon., Wed. & Sat.**

### **Church Thrift Shop**

OC Baptist Church's Thrift Shop by Seaside Christian Academy behind White Marlin Mall open 10 a.m.-2 p.m. Mon. & Wed., 9 a.m. to 3 p.m. Sat. Call 410-251-6971.

## **Tuesdays**

### **Families Anonymous**

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

**Take off Pounds Sensibly Meeting.** Berlin group No. 331, Worcester County Health Center 9730 Healthway Dr., Berlin, 5:30-7:00 p.m. TOPS is a support and educational group promoting weight loss and healthy lifestyle. It meets weekly on Tuesdays. Info: [jean-duck47@gmail.com](mailto:jean-duck47@gmail.com)

## **Tuesdays and Thursdays**

**Poker players** wanted for Gentlemen's Poker in North Gate

area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

## **Wednesdays**

### **Kiwanis Club Meeting**

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

### **Elks Bingo**

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

### **Delmarva Hand Dancing**

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or [info@delmarvahanddancing.com](mailto:info@delmarvahanddancing.com)

### **Rotary Club**

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact [Stan.Kahn@carouselhotel.com](mailto:Stan.Kahn@carouselhotel.com).

### **Square Dancing**

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

### **AL-Anon/OP-West OC-Berlin**

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

## **Wed., Thurs., Fri. & Sat.**

### **Church Thrift Shop**

The Shepherd's Nook at Community Church at Ocean Pines is open 9 a.m. to 1 p.m. Call 410-641-5433.

### **Diakonia Thrift Shop**

'Used to be Mine' offers clothing, furniture, household items and more. Proceeds benefit Diakonia shelter and pantry. Located at

Rte. 611 and Sunset Ave. Open 10 - 4. Call 410-213-0243.

## **Thursdays**

### **Story Time**

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

### **Beach Singles**

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

### **Legion Bingo**

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

### **Gamblers Anonymous**

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

## **Fridays**

### **Knights of Columbus Bingo**

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

## **plans**

from page 8

will, share it with your grown children. The same is true with a living trust, a popular estate-planning tool that may allow your survivors to avoid going through the time-consuming, public and expensive process of probate. A will and a living trust will obviously contain a great deal of information your children should know about – so take the time to explain your thinking when you created these documents.

You want to enjoy a comfortable retirement, and you want to leave a meaningful legacy through your estate plans. To help accomplish both these goals, you need to include your loved ones in your arrangements – so open those lines of communication.

*This article was written by Edward Jones and is provided by Ben Ogle, financial advisor with Edward Jones, 11200 Racetrack Road, Suite A102 The Pavilions, Ocean Pines, MD 21811. Phone: 410-208-9083; Web-site: [www.edwardjones.com](http://www.edwardjones.com).*

*Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning attorney or qualified tax advisor regarding your situation.*

## **WCHS holds cash raffle**

The Worcester County Humane Society is currently selling raffle tickets for three cash prizes (1st Prize: \$3000, 2nd Prize: \$1500, 3rd Prize: \$500). Drawing for the raffle will be held November 12. You need not be present to win. Tickets are \$5 each or five tickets for \$20 with all proceeds benefiting the animals at the no kill shelter.

Those interested in purchasing raffle tickets can stop in at the shelter located at 12330 Eagles Nest Road in Berlin between the hours of 11 a.m.

please see **raffle** on page 15

Letters sent to The Courier for publication consideration must be signed and include



a telephone number where the author can be reached to verify

authenticity, if necessary. Letters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to: [thecourier@delmarvacourier.com](mailto:thecourier@delmarvacourier.com)

The

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**Meeting the Governor** - Governor Larry Hogan with Stephen Decatur High School 2016 graduate Tyler Patterson and Worcester County Board of Elections Secretary Gwen Cordner at the governor's announcement on the Ocean City boardwalk that beginning in the next year, the school year will begin after Labor Day and end by June 15.

## Gems Tea to honor Worcester women

The Worcester County Commission for Women, in conjunction with the Friends of the Worcester County Commission for Women, will celebrate the lives of four extraordinary Worcester County women at a special tea on October 30 at the Dunes Manor Hotel in Ocean City. The event will take place from 2 p.m. to 4 p.m.

The Gems' Tea honors local women whose exemplary lives have influenced others to contribute to Worcester County's history in various ways. This year we are honoring Vicki Nock of Berlin, Barbara Purnell of Berlin, Ann Coates of Snow Hill and Annette Wallace of Pocomoke. These women will

share their life experiences with interviewer Jack Barnes, resulting in a DVD that captures their history.

The Oral History DVD will be presented to all branches within the Worcester County Library system and may be viewed in the future to serve as an inspiration to other women in the County.

For reservations, checks should be made payable to FWCCW and mailed to Lou Etta McClafflin, 11108 Dale Road, Whaleyville, MD 21872 by October 24. The cost is \$25 per person. For more information, call Event Chair Carol Rose on 410-641-2017.



Summer is almost over and the fresh vegetables will no longer be available from the local markets. It is time to make a big pot of vegetable soup from your local produce of tomatoes, lima beans, carrots, onions, corn, zucchini, and eggplant.

### Vegetable Soup

1/3 head chopped cabbage  
2 stalks chopped celery  
1 chopped onion  
2 carrots  
beef cubes (if you are making vegetable beef soup). Soup is excellent with just all veggies.

Cook about 10 minutes in water.

Add the rest of the chopped vegetables, and one cup up potato.

For seasonings, add 1 t. chopped garlic, 1 bay leaf, parsley, 1 T. sugar, salt and pepper, 1 t. oregano.

If using fresh tomatoes, skin them after dipping them in boiling water. Or you may use canned tomatoes. I like the petite chopped tomatoes and then add 1 can of tomato sauce and 1 container of vegetable broth and 2 small cans V-8 juice.

Cook until vegetables are tender. Taste for seasonings.

When the soup is done, cool and put into plastic containers. Freeze and on a nice Fall day, you have dinner.

Now is a good time to freeze some vegetables for the cold months. Just wash the veggies and put in plastic containers. I found tomatoes do not freeze well, but all the rest do.

*Happy Fall*  
bevwisch@aol.com

## Pinesteppers welcome new dancers

On Wednesday, September 14 the Pinesteppers Square Dance Club of Ocean Pines will welcome new dancers interested in learning the basic steps of Modern Western Square Dancing. Caller Dennis O'Neal (pictured) will guide new dancers through basic steps using all styles of music. Square dancing is both light physical and mental exercise.

Square dance workshops are held every Wednesday at 7 p.m. at the Ocean Pines Community Center in White Horse Park. The September 14 event is free and light refreshments will be served. Casual dress is suggested.

Modern Western Square Dancing is all about fun, friendship, and food. The group dances, laughs and eats a little. Participants work as teams of eight dancers following the caller who creates choreography puzzles.

Contact Louise at 410.430.0284 or Dennis at 970.389.3383 for more information.



### raffle

from page 13

and 5 p.m. on Wednesdays, Thursdays, Saturdays and Sundays and 11 a.m. to 7 p.m. on Tuesdays and Fridays. The shelter is closed on Mondays. Raffle tickets can also be purchased at the Worcester County Humane Society adoption and donation drop off stand located at the front entrance of the Berlin Walmart on the following days September 3 and 17 and October 1 and 8, from 9 a.m. to 3 p.m. each day.

Raffle tickets will also be sold at Arts for the Animals, benefiting Worcester County Humane Society on Monday, September 26 from 6 p.m. to 9 p.m. Hosted by artist of the month, MyInkViolin.com by Alex Ottenstein, at Bury Oak Brewing in Berlin, the family friendly event will feature around 20 silent auctions of original art from local artists, with live music from Funk-Shue, and a 50-50 raffle.

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## Kiwanis supports Diakonia

At the August 24 weekly meeting of the Kiwanis Club of Greater Ocean Pines – Ocean City club, a donation of \$500 was made to Diakonia. (L-R) Diakonia Communications Coordinator **Anna O'Neill** accepts the donation from Kiwanis President **Mark Joseph**.



## Kiwanis duck race held

On Friday August 26 the Kiwanis Annual Duck Race was held in the pool at Frontier Town to raise money for the local club's Scholarship Foundation which awards scholarships to local deserving graduating senior students. Kiwanians Steve Cohen and President Mark Joseph "dumped the ducks" just after 6 p.m. The ducks took off immediately upon hitting the swirling waters and "Phelps" finished first, and bringing the winner \$1000 cash. Two more cash

prizes of \$300 and \$200 were won by the other front runners. Additionally, ten more prizes were awarded from items donated by local businesses, namely Adkins True Value Hardware, Whiskers Bar & Grill, Dazzle, Goodyear Auto Plus, Mione's Pizza, the Lazy River Saloon at Frontier Town and prizes from Frontier Town of passes for their pool, miniature golf, Western Show and the new High Adventure zip line. As a result of the event, two scholarships, one \$1000 and another \$500, will be funded for the graduating class of 2017.

## Racquet sports holds annual fundraiser

By **June Freeman**

Ocean Pines platform tennis, pickleball and tennis held their fifth annual breast cancer fundraiser on Friday, August 26. Over \$2,707 was raised at this event with more than one hundred people participating and contributing to the cause. Despite the humid 92-degree weather, court play lasted from 9:30 a.m. to 11:40 p.m. Play included three forty minute rounds and each participant had his or her choice of playing one, two or all three racquet sports. A light breakfast of fresh fruit and pastries was offered. And hoagies, homemade coleslaw, potato salad, green salad and a cake at lunch concluded the event.

Due to the many generous donations of local businesses, most of the players were winners of a door prize. The donations went to Breast Cancer Research Foundation which has raised more than \$500 million with 91% of all donations going to breast cancer research and awareness.

The fundraiser co-chairs included Andrea Watkins, June Freeman and Geri Fasulo.

Because of participants, donors, sponsors and many volunteers, this was one of the most successful events over the last five years.

The Republican Women of Worcester County

## Patriot Day Fashion Show Luncheon

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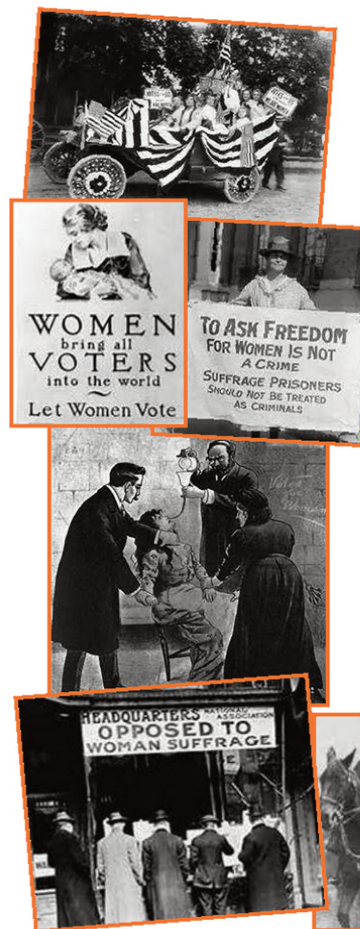
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