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November 2016 Issue 100

Laughs & Lifts

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Laughs and Lifts

This is our
100th EDITION

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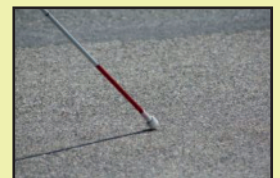
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TWA 2341: Center, we are at 35,000 feet. How much noise can we make up here?
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Two shepherds lean on their crooks at the end of a long day and the first asks the second, "So, how's it going?"
The second one sighed and shook his head, "Not good, I can't pay my bills, my health isn't good, my kids don't respect me, and my wife is leaving me."
The first replied, "Well, don't lose any sheep over it."

FAITH AND SUFFERING

I was listening to a lady who called a radio pastor. The pastor was a wise, grandfatherly gentleman who has that calm reassuring voice that can melt all fear. The lady, who was obviously crying, said, "Pastor, I was born blind, and I've been blind all my life. I don't mind being blind but I have some well meaning friends who tell me that if I had more faith I could be healed."

The pastor asked her, "Tell me, do you carry one of those white canes?"



"Yes I do," she replied.

"Then the next time someone says that hit them over the head with the cane," he said. "Then tell them, If you had more faith that wouldn't hurt!"



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Jimmy Johnson once said, "The difference between ordinary and extraordinary is that little extra."

NOVEMBER 2016

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FAMILY TRADITION
Isabella & Destiny

Destiny: "Isabella, you talk a lot!"

Isabella: "It's a family tradition."

Destiny: "What do you mean?"

Isabella: "Well my grandpa was a street hawker, my father is a teacher."

Destiny: "What about your mother?"

Isabella: "She's a woman."



Taking his seat in his chambers, the judge faced the opposing lawyers. "So," he said, I've been presented, by both of you, with a bribe." Both lawyers squirmed uncomfortably. "You gave me \$15,000. And you gave me \$10,000." The judge reached into his pocket and pulled soout a check. He handed it to the first lawyer. "Now then, I'm returning \$5000, and we are going to decide this case lely on its merits."

TEACHER TO A STUDENT:

"Can you think of a solution to end unemployment?"

"Yes, sir! I'd put all the men on one island and the women on another."

"And what would they be doing then?"

"Building boats!"

CAR SEAT SAFETY DURING WINTER

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- Thanksgiving dinner is squirrel and dumplings.
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- You have a complete set of salad bowls and they all say 'Cool Whip' on the side.
- You've ever used your ironing board as a buffet table.
- Your turkey platter is an old hub cap.
- Your best dishes have Dixie printed on them.
- Your stuffing secret ingredient comes from the bait shop.
- Your only condiment on the dining room table is ketchup.
- Side dishes include beef jerky and Moon Pies.
- You have to go outside to get something out of the 'fridge.
- The directions to your house include "turn off the paved road".
- You consider pork and beans to be a gourmet food.
- You have an Elvis Jell-o mold.
- Your secret family recipe is illegal.
- You serve Vienna Sausage as an appetizer.

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Strangely enough, this is all true.

If you have had heart bypass surgery. For recovery, they have you do an exercise program. The doctor asks if I have been exercising. I reply, "Yes. Religiously."
"How is it going?"
"Well, at first it was kind of tiring doing all that once a week..."
"Once a week?"
"Yeah, you know, religiously. Just like church. Every seven days."

LEADERSHIP

An individual's greatest contribution to his company should not be based on self-accomplishment, but in what it has inspired others to accomplish under his leadership.

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"For Christ died for sins once for all, the righteous for the unrighteous, to bring you to God."

1 Peter 3:18

Thoughts...

It sounds so simple and straightforward, doesn't it? Kinda like the newspaper headline about someone dying we don't know. Just cold, hard facts! But we know differently. Underneath this statement of grace lies the heart of God, the sacrifice of heaven, the brutality of supposedly religious men, and the searching love of our God who would not abandon us to the cruel "Deathmaster." For those who knew animal sacrifice, with its high personal cost and animal sacrifices, this verse is more than a headline: it is a "graceline." Once for all — no more sacrifices needed. Bring you to God — no more distance, no intermediaries between God and us. Jesus is heaven's open door and God's open heart saying, "Come home; we've been waiting for you."



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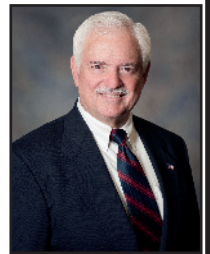
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Will Durant**

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A man walked into a dress shop and told the clerk he wanted to buy a surprise formal evening gown for his wife. "What size?" asked the clerk.

The man shrugged blankly. Trying to help, the clerk inquired "Well then, what are your wife's measurements?" The man thought for a moment. "Small, medium and large and in that order."

A friend is one who strengthens you with prayers, blesses you with love, and encourages you with hope

FAMOUS LAST WORDS

- *Ha! They couldn't hit an elephant at this dist...
- *Don't unplug it, it will just take a moment to fix.
- *What happens if you touch these two wires tog-
- *We won't need reservations.
- *It's always sunny there this time of the year.
- *Gimmee a match. I think my gas tank is empty.
- *Step on her, boy, we're only going 75.
- *If you knew anything, you wouldn't be a traffic cop.
- *What? Your mother is going to stay another month?
- *Say, who's boss of this joint, anyhow?
- "Luke, I lied. Bill Shatner is your real father." - Darth Vader
- "Don't worry about the Rover. That's no cliff." - NASA techie
- *They'd never make him a manager.

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ISABELLA AND DESTINY

went crazy at the big sale! Isabella looks at all the bags of merchandise Destiny had purchased and said, "Looks like you bought the whole store."

Destiny remarks, "You got that right. I almost bought their elevator cause it was marked DOWN!"



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PEACH BRANDY

A Baptist preacher went to visit a member of the community and invited him to come to church Sunday morning.

It seems that this man was a producer of fine peach brandy. He told the preacher that he would attend his church IF the pastor would drink some of his



brandy and admit doing so in front of his congregation. The preacher agreed and drank up. Sunday morning, the man visited the church. The preacher recognized the man from the pulpit and said, "I see Mr. Johnson is here with us this morning. I want to thank him publicly for his hospitality this week and especially for the peaches he gave me and the spirit in which they were given."

Ready or not, someday it will all come to an end!

NOVEMBER 2016

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**Laughs
and Lifts**

Aunt T's Kitchen

JEFFERSON DAVIS PIE

Ingredients

- ½ cup golden raisins
- ½ cup chopped dates
- ½ cup pecans
- 3 tablespoons all-purpose flour
- 1 teaspoon cinnamon
- ¼ teaspoon allspice
- pinch of ground nutmeg
- ½ teaspoon salt
- 1 cup light brown sugar
- 1 stick unsalted butter, softened
- 5 large egg yolks
- 1½ cups heavy cream
- whipped cream, for garnish
- 1 nine-inch refrigerated pie crust



Directions

Cook pie crust according to instructions on box and cool. Place an oven rack in the lowest position and preheat oven to 325 degrees. Place raisins, dates, and pecans in a food processor and process until finely ground. Press mixture into bottom of pie shell.

In a small bowl, combine flour, cinnamon, allspice, nutmeg, and flour.

Using an electric mixer, beat butter and brown sugar just until combined. Mix in egg yolks one at a time.

Add flour mixture and heavy cream, scraping down the sides of the bowl, beating just until combined.

THANKSGIVING PIES

Pour filling over fruit and nuts and bake until center of pie jiggles just slightly when shaken, about 55 to 65 minutes. If edges of pie crust start to get too brown, carefully wrap them in aluminum foil.

Cool completely before serving and store in the refrigerator. Tastes better chilled and served with whipped cream.

SWEET POTATO PRALINE PIE

Ingredients

- 1 (9 inch) pie crust, unbaked
- 1 ¾ cups mashed cooked sweet potato
- 1 cup packed light brown sugar, plus 2 tablespoons
- ½ cup sour cream
- 4 tablespoons butter, melted
- 2 large eggs
- 2 tablespoons bourbon, optional
- 1 ¾ teaspoons ground cinnamon, plus ¼ teaspoon
- ½ teaspoon ground ginger
- ½ teaspoon salt
- 1 cup pecan halves
- fresh whipped cream, optional

Directions

Preheat oven to 375°F Bake piecrust according to package directions, usually about 10 minutes.

While the piecrust is in the oven, whisk together the sweet potato, 1 cup brown sugar, sour cream, melted butter, eggs, bourbon (if using), 1 ¾ teaspoon cinnamon, ginger and salt. Pour the filling into the piecrust. To make the topping: In a small bowl, stir together the pecans, 2 tablespoons brown sugar, and ¼ teaspoon cinnamon. Sprinkle over the surface of the pie. Bake until the filling is set, 35 to 40 minutes. Let cool before slicing serving up. Serve with fresh whipped cream.

PARADISE PUMPKIN PIE

Ingredients

- 1 package (8 ounces) cream cheese, softened
- ¼ cup sugar
- ½ teaspoon vanilla extract
- 1 egg
- 1 unbaked pastry shell (9 inches)

Filling:

- 1 can (15 ounces) solid-pack pumpkin
- 1 cup evaporated milk
- 2 eggs, beaten
- ¼ cup sugar

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THANKSGIVING PIES



**Aunt T's
Kitchen**

- 1/4 cup packed brown sugar
- 1 teaspoon ground cinnamon
- 1/4 teaspoon salt
- 1/4 teaspoon ground nutmeg



- 1 cup chopped pecans

Directions

Preheat oven to 400 degrees F (205 degrees C). In a large bowl, beat eggs until foamy, and stir in melted butter. Stir in the brown sugar, white sugar and the flour; mix well. Last add the milk, vanilla and nuts.

Pour into an unbaked 9-in pie shell. Bake in preheated oven for 10 minutes at 400 degrees, then reduce temperature to 350 degrees and bake for 30 to 40 minutes, or until done.

Topping:

- 2 tablespoons all-purpose flour
- 2 tablespoons brown sugar
- 1 tablespoon butter, softened
- 1/2 cup chopped pecans

Directions

In a bowl, beat cream cheese until smooth. Add sugar and vanilla; mix well. Add egg; beat until smooth. Spread over bottom of pie shell. Chill 30 minutes. In a bowl, beat filling ingredients until smooth. Carefully pour over the cream cheese layer. Cover edge of pie with foil. Bake at 350° for 30 minutes. Remove foil; bake 25 minutes longer. Meanwhile, mix flour, brown sugar and butter until crumbly; stir in pecans. Sprinkle over pie. Bake 10-15 minutes more or until a knife inserted near the center comes out clean. Cool on a wire rack. Store in the refrigerator. Yield: 6-8 servings.

Psalm 136 v 1-9 and 26

*1 Give thanks to the Lord, for he is good.
His love endures forever.
2 Give thanks to the God of gods.
His love endures forever.
3 Give thanks to the Lord of lords:
His love endures forever.
4 to him who alone does great wonders,
His love endures forever.
5 who by his understanding made the heavens,
His love endures forever.
6 who spread out the earth upon the waters,
His love endures forever.
7 who made the great lights—
His love endures forever.
8 the sun to govern the day,
His love endures forever.
9 the moon and stars to govern the night;
His love endures forever
26 Give thanks to the God of heaven.
His love endures forever.*

COCONUT PIE

Ingredients

- 1-1/2 cups milk
- 1 cup sugar
- 3/4 cup flaked coconut
- 2 large eggs, lightly beaten
- 3 tablespoons all-purpose flour
- 1 tablespoon butter, melted
- 1/4 teaspoon vanilla extract
- 1 unbaked pastry shell (9 inches)



Directions

In a large bowl, combine the milk, sugar, coconut, eggs, flour, butter and vanilla. Pour into pie shell. Bake at 350° for 50 minutes or until a knife inserted near the center comes out clean. Cool to room temperature. Refrigerate leftovers. Yield: 6-8 servings.

PECAN PIE

Ingredients

- 1 cup light brown sugar
- 1/4 cup white sugar
- 1/2 cup butter
- 2 eggs
- 1 tablespoon all-purpose flour
- 1 tablespoon milk
- 1 teaspoon vanilla extract



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THE FARMER & MULE



An old Hillbilly farmer had a wife who nagged him unmercifully. From morning til night (and sometimes later), she was always complaining about something. The only time he got any relief was when he was out plowing with his old mule. He tried to plow a lot.

One day, when he was out plowing, his

Wife brought him lunch in the field. He drove the old mule into the shade, sat down on a stump, and began to eat his lunch.

Immediately, his wife began haranguing him again. Complain, nag, nag; it just went on and on. All of a sudden, the old mule lashed out with both hind feet; caught her smack in the back of the head. Killed her dead on the spot.

At the funeral several days later, the minister noticed something rather odd. When a woman mourner would approach the old farmer, he would listen for a minute, then nod his head in agreement; but when a man mourner approached him, he would listen for a minute, then shake his head in disagreement.

This was so consistent, the minister decided to ask the old farmer about it. So after the funeral, the minister spoke to the old farmer, and asked him why he nodded his head and agreed with the women, but always shook his head and disagreed with all the men.

The old farmer said, "Well, the women would come up and say something about how nice my wife looked, or how pretty her dress was, so I'd nod my head in agreement."

"And what about the men?" the minister asked.

"They wanted to know if the mule was for sale."

THE BODY OF ANY ORGANIZATION HAS FOUR BONES

- **Wish Bones**, who spend all their time wishing someone else will do all the work.
- **Jaw Bones**, who do all the talking and very little else.
- **Knuckle Bones**, who knock everything that everybody else tries to do.
- **Back Bones**, who get under the load and do all the work.

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Tony Evans

The Law of the Garbage Truck

One day I hopped in a taxi and we took off for the airport. We were driving in the right lane when suddenly a black car jumped out of a parking space right in front of us.

My taxi driver slammed on his brakes, skidded, and missed the other car by just inches! The driver of the other car whipped his head around and started yelling at us!

My taxi driver just smiled and waved at the guy. And I mean,

really friendly. So I asked, "Why did you just do that? This guy almost ruined your car and sent us to the hospital!" This is when my taxi driver taught me what I now call, "The Law of the Garbage Truck." He explained that many people are like garbage trucks. They run around full of garbage (*frustration, anger, and disappointment, etc.*). As their garbage piles up, they need a place to dump it and sometimes they'll dump it on you. Don't take it personally. Just smile, wave, wish them well,

and move on. Don't take their garbage and spread it to other people at work, at home, or on the streets.

The bottom line is that successful people do not let garbage trucks take over their day. Life's too short to wake up in the morning with regrets, so... love the people who treat you right & pray for the ones who don't. Life is ten percent what you make it and ninety percent how you take it! Have a blessed, garbage-free day.

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The weak can never forgive. Forgiveness is the attribute of the strong.

NOVEMBER 2016

15

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Through lifestyle changes—such as weight loss, healthy eating and exercise—it is possible for those at high risk for developing type 2 diabetes to delay or prevent its onset.

Take the time to answer these simple questions to find out if you are at a high risk for developing diabetes.

To determine your level of risk, add the number of points in the parenthesis for every 'Yes' answer.

1. Do you have a parent with diabetes? (+1)
2. Do you have a sibling with diabetes? (+1)
3. Are you a woman who has ever given birth to a baby weighing over 9 pounds? (+1)
4. According to the chart below, do you weigh too much for your height? (+5)
5. Are you younger than 65, but get little to no daily exercise? (+5)
6. Are you between 45 and 65 years of age? (+5)
7. Are you 65 or older? (+9)

If you accumulated 10 or more points you could have a significant risk of developing prediabetes, a precursor to diabetes marked by higher than normal blood sugar levels. It is important that you speak with your health care provider about your unique medical situation so you can begin taking preventative steps.

Height	4'10"	4'11"	5'0"	5'1"	5'2"	5'3"	5'4"	5'5"	5'6"	5'7"	5'8"	5'9"	5'10"	5'11"	6'0"	6'1"	6'2"	6'3"	6'4"
Weight	128	132	137	142	146	151	156	161	166	171	176	181	187	192	198	203	209	215	220

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THANK
 God



The old man **Vote** approached a young stranger in the post office and asked, "Sir, would you address this postcard for me?" The man gladly did so, and then offered to write a short note for the old fellow. Finally the stranger asked, "Now, is there anything else I can do for you?" The old man thought a moment and said, "Yes, at the end could you add, Please excuse the sloppy handwriting."

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**Jessica Munn
Has Won**

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Jessica found the hidden items in October's edition of Laughs and Lifts. The items were in T. Jordan Catering Local Cash Advance Tanta's Treats Antique Treasures Dale Medical Dollar Bee P-5 Renovations Rainbow Realty

Thanks to everyone who entered, and thanks for reading Laughs and Lifts.

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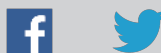
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A police officer found a perfect hiding place for watching for speeding motorists. One day, the officer was amazed when everyone was under the speed limit, so he investigated and found the problem. A 10 years old boy was standing on the side of the road with a huge hand painted sign which said "Radar Trap Ahead." A little more investigative work led the officer to the boy's accomplice: another boy about 100 yards beyond the radar trap with a sign reading "TIPS" and a bucket at his feet full of change.

**Women are crazy. Men are stupid.
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BAMBOOZABLES
Answers On Page 27

I Q	STANDING MISS	WASHREMOS
ONE ONE ONE	BATTLE	TIMES
drawn scale scale	seap snel	rab bit rab bit rab bit
THERE THERE THERE	Ittttttt...	folks folks folks folks

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IS YOUR DEVICE A PAIN IN THE NECK?

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DR. ERIN MASSEY

Tennis elbow, jumper's knee, gamekeeper's thumb....tech neck? The technology era seems to now be intruding on your health just as sports hazards have been responsible for many injuries and joint issues.

Originally "text neck", now updated to "tech neck" as not to focus just on texting but all usage of electronic devices, is damaging to the neck. Muscle spasms, disc injury, degenerative changes and nerve irritation can all be caused by poor posture while using your device, which in turn leads to headaches, neck pain, and pain into arms and shoulders. At Pain Relief Chiropractic, we are here to help you not only address your pain, but also help you identify and correct the root cause of it. Here are some helpful tips to safely use your devices and avoid any issues they may cause.

1. Use good posture

Sit with your shoulders back and chest out and bring your hands up to view your device. If you must look down, tuck your chin rather than dropping your head forward.

2. Avoid using in sunlight

Straining to see your screen leads to straining the muscles of the neck and shoulders. Use your device in a shaded area or indoors.

3. Set time limits

Try setting a timer on the device to remind you how much time you have been on it. Every 15-20 minutes you should take a short

break. Move the head around in a comfortable range during the break. Also, you should change positions once you resume using your device.

4. Try positioning aides

Tablet holders help prop up the screen to a more comfortable and safer position.

5. Stop when you feel discomfort or pain

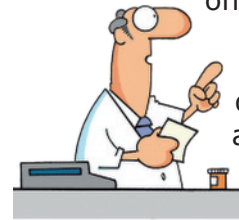
Pain in your neck, between the shoulder blades, frequent headaches or numbness/tingling into the arms can mean a more serious problem. Dr. Massey can help you address this and evaluate the neck and shoulders for any problems.

In today's technology world, we can become so dependent on our devices we end up creating more of a problem than the ones they solve. Using them safely and for shorter amounts of time is important to your health. If you need help addressing your pain or posture, Dr. Massey is always there to help!

Dr. Massey is a board certified Doctor of Chiropractic who hails from the prestigious Palmer College of Chiropractic in Davenport, Iowa, where she graduated with highest honors. Her passion is helping individuals and families reach their health goals and teaching others how to live healthy, drug-free lives. She joined Pain Relief Chiropractic in July 2015 and has enjoyed serving the Ozark community. To schedule an appointment contact Dr. Massey at Pain Relief Chiropractic 334-445-2525

Think You Had A Bad Day

Upon arriving home in eager anticipation of a leisurely evening, the husband was met at the door by his sobbing wife. Tearfully she explained, "It's the druggist - he insulted me terribly this morning on the phone."



Immediately the husband drove downtown to accost the druggist and demand an apology. Before

he could say more than a word or two, the druggist told him, "Now, just a minute - listen to my side of it. This morning the alarm failed to go off, so I was late getting up. I went without breakfast and hurried out to the car, but I'll be if I didn't lock the house with both house and car keys inside. I had to break a window to get my keys. Driving a little too fast, I got a speeding ticket. Then, about three blocks from the store I had a flat tire. When I finally got to the store there was a bunch of people waiting for me to open up. I got the store opened and started waiting on these people, and all the time the darn phone was ringing its head off. Then I had to break a roll of nickels against the cash register drawer to make change, and they spilled all over the floor. I got down on my hands and knees to pick up the nickels - the phone is still ringing - when I came up I cracked my head on the open cash drawer, which made me stagger back against a showcase with a bunch of perfume bottles on it, and half of them hit the floor and broke. The phone is still ringing with no let up, and I finally got back to answer it. It was your wife -- she wanted to know how to use a rectal thermometer. Well, believe me Mister, all I did was tell her!"

“Thanksgiving or Complaining”

Wallace Kennedy, Jr.

Our brother Paul said: I know how to live on almost nothing or with everything. I have LEARNED the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. Philippians 4:12

Although Paul is talking about learning to be “content”. For an application we can learn to be thankful in every situation. Certainly we don’t thank God when something bad happens in our life, but rather steadfast in our thankfulness to Him while we persevere the hardship. And just how do we persevere? We can do every that we do through Jesus Christ because He will give us the strength we need to persevere! Philippians 4:13

Thanksgiving or complaining: these words express two contrasting attitudes found in God’s



children in regard to His dealings with them. The soul that gives thanks can find comfort in everything; the soul that complains can find comfort in nothing.

To say “Thank you” is to acknowledge that we have been given something we did not earn and do not deserve. Happy is the man who understands that all of life is a gift of God and that life itself is the ultimate gift. Which is why the Bible says, “In everything give thanks.” (I Thessalonians 5:18) When we can’t do anything else, we can always be grateful. As someone has said, “If you can’t be thankful for what you have received, be thankful for what you have escaped.”

Thanksgiving is a profoundly Christian holiday in that it focuses us on the God as the true source of all our blessings.

This Thanksgiving season you have a choice: You can count the many blessings that has been given and continue to be given, or we can murmur and complain about everything which only makes matters worse.

Happy Thanksgiving! Remember, you may be the only Bible some people will read. Pray that when they see you, they will see God!

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Implements of Math Destruction

At New York's Kennedy airport IN 2006 an individual, later discovered to be a public school teacher, was arrested trying to board a flight while in possession of a ruler, a protractor, a square, a slide rule, and a calculator. The Attorney General believes the man is a member of the notorious Al-gebra movement. He is being charged with carrying weapons of math instruction.



"Al-gebra is a very fearsome cult, indeed", the Attorney General said.

"They desire average solutions by means and extremes, and sometimes go off on a tangent in a search of absolute value. They consist of quite shadowy figures, with names like "x" and "y", and, although they are frequently referred to as "unknowns", we know they really belong to a common denominator and are part of the axis of medieval with coordinates in every country. "As the great Greek philanderer Isosceles used to say, there are three sides to every triangle." When asked to comment on the arrest, President Bush said, "If God had wanted us to have better weapons of math instruction, He would have given us more fingers and toes."

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Laughs
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Marking Milestones



I was thinking how the Laughs and Lifts magazine has reached its 100 edition this month. It has reached a Milestone in its journey. Milestones are important points in the progress. How many of us can look back and say we have reached a milestone in our lives? How many of us can say we have reached a pivotal point in our history? Milestones are points that you can look forward to, and you can also look back to. There are so many examples, but I like 1 Samuel 7:12, where we find Samuel, to praise God for His faithfulness to His people, raised a monument and called it Ebenezer, meaning “thus far has the Lord helped us.” Even in this coming election we are looking back at milestones and saying where did we go wrong, or we rejoice in what we did right. Some are looking forward to future milestones in hopes of the same or change. What about that scripture you just read can we say that “thus far has the Lord helped us?” Can and will we be able to say that always? Have we put him first? Have we drawn near to Him so he can draw near to us?

- James 4; 7-9 Submit yourselves, then, to God. Resist the devil, and he will flee from you. 8 Draw near to God, and He will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. 9 Grieve, mourn, and weep. Turn your laughter to mourning, and your joy to gloom....

I know this article is full of questions and we need to be asking a lot of questions of ourselves. Where are we headed, and where do we want to go? Where is God and where is He headed? I don't know about you but I want to be in the middle of where God is!! Psalms says it best

- Psalm 73:28 But as for me, the nearness of God is my good; I have made the Lord GOD my refuge....

Do yourself a favor and those around you, mark a milestone today and make the Lord Jesus the center of your life!!

HEARING PROBLEM

Larry goes to the revival and listens to the preacher.

After a while the preacher asks anyone with needs to be prayed over to come forward to the front at the altar.

Larry gets in line, and when it's his turn, the preacher asks:

"Larry, what do you want me to pray about for you?"

Larry replies: "Preacher, I need you to pray for my hearing."

The preacher puts one finger in Larry's ear, and he places the other hand on top of Larry's head and prays and prays and prays.

After a few minutes, the preacher removes his hands, stands back and asks Larry:

"Larry, how is your hearing now?"

Larry says, "I don't know, Reverend, it's not until next Wednesday."

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FIND THE HIDDEN ITEMS CONTEST

Every month Laughs and Lifts is giving away \$100. Playing and entering is easy. Here's how:
 Search the ads in this edition of Laughs and Lifts ...Find the hidden items below:

Mail or Email the names of the 8 business' in which you found the hidden items along with your Name, Phone Number and Town
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Drawing will be held on the 20th of the month.
The winner will be called so please be sure to leave cell and work number.

Claybank Master Gardeners

In October the Master Gardeners of three counties were treated to a trip to Andalusia to tour the Conecuh National Forest, hosted by the USDA to celebrate the 80th birthday of Conecuh Forest. We learned about the importance of fires to the natural habitat of the longleaf pine forests of Alabama, about native carnivorous plants, local wildlife and the interdependence of it all. One of the ranger/guides let us hold a beautiful indigo snake, a native natural predator of rattlesnakes and other poisonous snakes, but harmless to humans. We learned to try to avoid killing any snakes to maintain the balance and food source for other desirable animals.



To provide some support of the local food banks this month, **Claybank Master Gardeners will be having a Fall Plant Sale** either the 11th & 12 of November or the 18th & 19th, (depending on the weather outlook) by the Dale County AgPlex where Hwy 231 South crosses Hwy 123 South, just north of the Kangaroo gas station. The Extension office will post the dates on the AgPlex signboard, so keep your eye on it.

Now is the time to plant in Lower Alabama:

strawberries, blackberries and grapes (mulch them); shrubs, trees and vines; roses (get a soil test done, kit available at Ozark Extension Office); sweet peas; pansies, snapdragons, and hardy annuals. (see www.aces.edu brochure # ANR-0047 for a month to month planting guide for our area)

Did you know that the Claybank Master Gardeners have a Facebook page? Look for it, we post useful and interesting local gardening and elsewhere information.



Our **November Claybank Master Gardener meeting** will be a light pot luck held **Thursday the 10th at 6:00 PM at Ozark-Dale County Public Library, 416 James St.**, next to Dale Medical Center. We are asking for canned donations for the Rescue Museum.



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If you can't explain it to a six year old...you don't understand it yourself. ~ A. Einstein



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Sing unto the LORD with thanksgiving;
sing praise upon the harp unto our God:

Psalms 147:7

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			9					1
								3
		8			5	4		9
		1		9				7
				6	7	2		
	9				2		5	
2			8					
		7	3	5		8		

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THE BLACK CANYON BIKER

A man decided that he was going to ride a 10-speed bike from Phoenix to Flagstaff. He got as far as Black Canyon City before the mountains just became too much and he could go no farther. He stuck his thumb out, but after 3 hours he hadn't gotten a single person to stop. Finally a guy in a Corvette pulled over and offered him a ride. Of course, the bike wouldn't fit in the car. The owner of the Corvette found a piece of rope lying by the highway and tied it to his bumper. He tied the other end to the bike and told the man that if he got to going too fast to honk the horn on his bike and he would slow down. Everything went fine for the first 30 miles. Suddenly, another Corvette blew past them. Not to be outdone, the Corvette pulling the bike took off after the other. A short distance down the road, the Corvettes--both going well over 120 mph--blew through a speed trap. The police officer noted the speeds from his radar gun and radioed to the other officer that he had 2 Corvettes headed his way at over 120 mph. He then relayed, "And you're not going to believe this, but there's guy on a 10-speed bike honking to pass."

Bamboozable Answers

1. High IQ
2. Misunderstanding
3. Backwards Somersault
4. No One is Perfect
5. Upwards Battle
6. Times Up
7. Drawn to scale
8. Round of Applause
9. Splitting Hairs
10. They're all the same
11. There's no end to it
12. Different strokes for different folks




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Your worst days are never so bad that you are beyond the reach of God's grace. And your best days are never so good that you are beyond the need of God's grace." Jerry Bridges, The Discipline of Grace

Hmmm! That post seems a bit harsh.
Let me add "LOL" to the end of that.



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13 years is how much younger people feel on average than their actual age.

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AMERICANS CELEBRATE THIS HOLIDAY IN NOVEMBER, WHILE CANADIANS CELEBRATE IT IN OCTOBER.

ANSWER: THANKSGIVING

What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?

A



B



Answers: 1. Stem on pumpkin shorter 2. Honey in pot is darker 3. Bite in apple 4. Extra walnut

THIS DAY IN...



HISTORY

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- **1922:** REBECCA LATIMER FELTON IS SWORN INTO THE U.S. SENATE, BECOMING THE FIRST FEMALE SENATOR.
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WADDLE

walk with short steps and a clumsy swaying motion

How they SAY that in...

ENGLISH: Table

SPANISH: Mesa

ITALIAN: Tavola

FRENCH: Table

GERMAN: Tabelle

Did You Know?



WILD TURKEYS PREFER TO SLEEP PERCHED ON TREE BRANCHES, WHERE THEY ARE SAFE FROM PREDATORS.

GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: PUMPKIN PIE

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Broke people stay broke by living like they are rich!

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