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Happy Thanksgiving! from County Kids



# **Kids**

Published By: **The News-Herald** Advertising: **440-954-7134** Production: **Lee Moran** 

#### Send all submissions to:

County Kids@news-herald.com

County Kids is published once a month by: County Kids/The News-Herald

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#### Please recycle this magazine.

Winter Bird Feeding

Northern Cardinal on pine branch at Chagrin River Park - Photo by Patrick Costello



*by Pat Morse, Interpretive Manager* Many of our feathered friends fly south for the winter in search of food, but many stay right here in Northeast Ohio. Resident birds that we see individually or in small family groups during the summer gather together in large flocks during winter as they search for food and shelter. We also see some species in the winter only—these birds nest north of us and fly south to Ohio or beyond for their winter vacations.

Here are some year-round residents that are commonly seen at backyard birdfeeders:

- Mourning dove
- · Downy woodpecker
- · Red-bellied woodpecker
- Blue jay
- Black-capped chickadee
- Tufted titmouse
- White-breasted nuthatch
- European starling
- ·Northern cardinal
- House finch
- American goldfinch
- House sparrow
- Winter-only birds at your feeder may include:
  - Red-breasted nuthatch

- American tree sparrow
- Dark-eyed junco
- Pine siskin

Some year-round birds that dine on insects during the warm months change their diets to fruit in the winter. These birds can be seen—often in large flocks—at natural food sources, such as crabapple trees that still have fruit:

- Cedar waxwing
- Eastern bluebird
- American robin

Consider planting shrubs and trees that retain their fruit into the winter for these birds.

#### Here are some winter bird feeding tips to help you have a successful and healthy backyard feeding station:

**1.** Once you start feeding the birds, don't stop during the cold season. Although there are natural foods available, birds expend a lot of extra energy looking for new food sources if your feeders go empty.

**2.** Clean your feeders regularly. High concentrations of birds at your feeders can spread diseases quickly if they appear in the population. Disinfect feeders with soap and water and dip in a weak bleach solution (<sup>1</sup>/<sub>4</sub> cup bleach to two gallons warm water). Always rinse well and dry before refilling.

**3.** Choose the correct bird feed for your feeder. Some feeders are suitable for sunflower seeds and mixed bird feeds, which are eaten by most birds at your feeders. others are designed for thistle (niger) seed, which is a favorite of finches and pine siskins. other special feeders hold suet cakes and seed logs.

**4.** Never use grease or petroleum jelly on feeder poles to discourage squirrels and other animals from raiding your feeders. If these substances come into contact with bird feathers, they can hinder flight and are impossible for the birds to clean off. Instead, purchase or make a pole-mounted baffle to keep animals from climbing the pole.

**5.** Join us for more bird feeding information at the Winter Bird Open House at Penitentiary Glen Nature Center on Sunday, January 29 from noon to 4 p.m. The event is free and registration is not necessary.

If you have questions about bird feed, birdfeeders or birds, please call Penitentiary Glen Nature Center at 440-256-1404 and a naturalist will be glad to help you. The Nature Store at Penitentiary Glen also features a variety of bird feeders, field guides and other nature-related products.

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# Candy Land has gone WILD! the WILD Days of Winter game

#### Penitentiary Glen Nature Center Saturday, November 19 through January 1, 2017 noon to 5 pm

Northeast Ohio's "Wildest" holiday tradition continues this year. The Wild Days of Winter game is played just like the iconic board game CANDY LAND, but with a "natural twist". This year's theme is the Wild Days of Winter. On a life-sized game board, discover the many natural wonders that nature gives us all year long as you play along and travel through the seasons in our indoor wonderland. Just like the board game, visitors draw a card, and – acting as the game piece - move from space to space, and explore nature through the year. In addition, children will enjoy making a craft, completing activity pages and going on scavenger hunts both indoors and out! It's wild fun for the whole family! Explore the park on snowshoes. Rentals of shoes designed to fit most sizes are available, weather permitting.

Candy Land has gone Wild! the Wild Days of Winter game is free for all ages. The game, presented by Discount Drug Mart, opens at noon Saturday, November 19 at Penitentiary Glen Nature Center. The fun continues noon to 5 pm daily through January 1, 2017, with the exception of Thanksgiving. Christmas Eve, Christmas Day and New Year's Eve when the exhibit will be closed. Supporting sponsors include Playground World, The Lakeshore Live Steamers, The News-Herald and Today's Family Magazine.

Continue your adventure with hands-on activities both indoors and out.

Indoor and outdoor scavenger hunts that explore nature.

Coloring pages and activity sheets

Make a "bee" craft to take home.

Try your hand at feeding a live chickadee outdoors – with our Bird in Hand program.

Watch and listen for wildlife at the many bird feeders in the Nature Center's Window on Wildlife.

Explore the many hands-on Nature Center exhibits.

Sit, relax and enjoy hot beverages in Snowshoe Lodge.

Shop in The Nature Store for great nature- and wildlife- inspired holiday gift ideas. Refreshments also available.

Go for an adventurous walk on the Peppermint Trail on snowshoes (rentals available through the season as weather permits).

Adults (\$3/hr. or \$12/day)

Children (\$1.50/hr. or \$6/day)

Visit the Kevin P. Clinton Wildlife Center animal rehabilitation facility to learn about and meet native Ohio wildlife up close. View a red fox, a bald eagle and many other birds of prey. Make this year's gift a wild one! The "Adopt an Animal" program provides a unique, thoughtful gift idea that helps to cover the cost of animal care! Ask at The Wildlife Center for more information

Explore more than 8.5 miles of hiking trails open year round.

Join us for these special free activities 1 to 3 pm Saturday afternoons during the Candy Land has gone WILD!

November 19 – Wildlife Day

November 26 – S'mores and Campfire

December 3 – Discover Apples and Berries

December 10 – Train rides (weather permitting)

December 17 – Maple Syrup

Penitentiary Glen Reservation is located at 8668 Kirtland Chardon Road in Kirtland. Directions: Take I-90 to the Rt. 306 exit; head south one mile to Rt. 615. Turn left and follow 1/8 mile to the next light. Turn right onto Kirtland-Chardon Road and follow two miles to Penitentiary Glen Reservation on the right.





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 lakemetroparks.com

Memberships and gift memberships available online at LAKEMETROPARKS.COM.

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### Thanksgiving Project Meets My One Word

For years I've preached against New Year's Resolutions. And with good reason! Who the heck wants to write a laundry list of \*\*\*\* they aren't good at, and then by February suffer the consequences when they realize that they just aren't good at any of that stuff still? Not me! I'm done with that. And I don't want my kids to be pressured into it! But, I'm not done with improving myself, however. I just use one word to focus myself for the year and it seems to work, and I mean with everything!

This November is quite different and

very special to me. It's a month where I'm asking every reader to combine two things starting right now; just hang with me on this. Please consider combining your New Year's Resolution (or one word) right now with the Thanksgiving Project we did last year (giving). I know it's a bit early to talk about both, but it's not too soon to talk about avoiding regret. Anyhow, Thanksgiving is coming you know, and I hate to remind you, but so is the New Year. This really is a special request, so stop what you're doing, put the coffee down, hang up the phone



### Orthopedic injury or pain? Get to GO Ortho first.

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5770 Mayfield Road, Suite 410, Mayfield Hts.

#### and stop texting!!!

Life only comes once. O.N.C.E. I have one solid motto, and it's one that I haven't ever let go of since I was a teenager. It's also one that I have never let my three kids forget. 'NO REGRETS'. Life is too short to have any! When my kids ask my advice... (Right? OMGOSH, they actually do that sometimes!!! WHOA! OK, Amber, calm down and come back down to ground level) I will ask them the common questions, 'what do you want to do', 'what would you rather do' and 'what do you prefer to do'. Normally, after those three (identical questions you noticed) they seem to have that distinct deer-inthe-headlights look and say, 'I DON'T KNOW! THAT'S WHY I'M ASKING YOU!'. While I do feel great they are asking ME! I feel horrible for withholding from them the right answer, but I know that I can't answer, because only they can choose. At that time, I ask the KEY question: 'What would you regret NOT doing?'. At that point, I can tell, it's a game changer.

Recently, my high schooler asked me my opinion about her class ring. Yep, it's that time already, Jostens is in the house, and these girls have a ton of choices. Great, but wow, too many choices. As I tried to help her, I took my first approach in a situation like this: what do YOU want?... Ummm that caused many problems, because she had one too many choices on her list for the ring. It only held four designs and she had picked five. As I let her think about it for a while, I realized that the poor thing could clearly not decide, and then finally I asked her my best and most successful question ever: 'What would you regret NOT getting on your ring ten years from now?'. The choice was immediately made, and the order form filled out. She had confidently picked out her ring and all its designs. It was THAT easy! Most of my kids' decisions (and mine) are like that. If I DIDN'T do 'X', would I regret it?

Some people think I'm crazy (and no, not just my ex-husband). Friends do, but they respect me too (can't say that about the ex lol), but seriously, they do! Believe me. I've made some crazy decisions. But you know what? I don't regret a single one of them. There were a few times I thought I might, but over time I realized I was on the right track and do-



ing it right. The worst thing in life is to worry and fret about doing something wrong...to a point that you don't even do it! Usually our gut is telling us to do something, so therefore, sometimes we might find ourselves later doing it anyway. That's kinda why I support helping kids get tattoos and blue hair (okay, you'll have to visit my website to understand that one completely). But, I do.

You get one life and what you do with it is crucial. Last year I decided to make My One Word "Reach". I was lazy. I didn't pick up the phone, ever. I barely called my own father who relocated miles and miles away. I didn't call friends. I texted (it was quick and easy). This past year I used reach to not only come out of my comfort zone with things I did in life, but I used it to call people! I'm so glad I did, because at this time, my family is going through a very difficult time. Someone we love is sick. Interestingly enough, "Reach" helped me make many many phone calls I never would have made all year. I talked for hours with family members that I might not have, including the one who isn't well.

I'm a bit angry. I'm a bit upset. I'm totally sad. But I'm not at all regretful. Time. Is. Priceless. You cannot get it back and you cannot replace it with what you didn't do. I will have NO regrets, and I pray my children will not, that is why I support tattoos, blue hair and my one word: reach. It's November, don't wait to try on a new word, a new way, or GIVE... just don't regret.

For more really serious conversations and common sense parenting issues, visit us at www.familymatterswithamber.blogspot.com.

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Register Today for Sixth Annual Turkey Day 5K Run/Walk

#### Lake County Central Y Rewards Top Finishers with Pumpkin Pies

The Lake County YMCA will be hosting its sixth Annual 5K Run/Walk with Healthways on Thanksgiving day, Thursday, November 24, at the Central Y in Painesville beginning at 8:30 am.

Pumpkin pies will be awarded to the top finisher of each age group and the top overall 3 finishers. Top 3 finishers in each age group also receive awards. An additional prize will be awarded to the best dressed runners. Age groups are defined as: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

"Every year we have held the Turkey Day 5K, more runners choose to join us and work off a little extra before dinner. It's a wonderful family and community race with close to 1500 participants expected. We are very excited about our partner sponsor this year, Healthways," said Beth Horvath, Health & Wellness Director for the Lake

County Central Y.

Check-in begins at 7:30 am on race day with the run/walk beginning at 8:30 am. The race route will begin and end at the Lake County Central Y as it twists east through a bike path and Lake Erie College. Electronic timing will be available to runners. Pre-registration packet pickup begins at the Central Y on November 22 from 3-8 pm and on November 23 from 8:30 am to 6 pm.

Pre-registration Fee is \$20 per person until November 10. Race Fee is \$25 per person through November 24 and \$30 per person on Race Day and includes a free t-shirt (No shirt guaranteed for registrations after November 15). Pre-register online (www.lakecountyymca.org), registration is accepted until the morning of the race.

For more information, contact Beth Horvath at bhorvath@lakecountyym-ca.org.

DONATIONS: 31541 Vine Street, Willowick

(the same plaza as the BMV)

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### **Feeding the Needs of Our Community** Free Thanksgiving Dinner at the Lake County YMCA West End

The Lake County YMCA will be hosting its fifth annual free community Thanksgiving Dinner on Thursday, November 24 from Noon to 3pm at the West End Branch, 37100 Euclid Ave in Willoughby.

"Thanksgiving is more than another holiday for our Y. The annual dinner at our West End branch continues our tradition of providing a welcoming place for people, from all walks of life, to relax and enjoy great food and the company of others," said Margaret Warner, Healthy Living Director of the Lake County West End Y. No registration is necessary to attend.

"Whether your need is a good home cooked meal, your life is hectic and chaotic and you need a break, or maybe you need a warm shower, the Y is here for you. Everyone is Welcome," added Margaret.

If you have additional questions about attending, contact the Lake County West End Y at 440-946-1160.

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# **REVEALED: The Mystery of Gifted Education**



by Carole Richards In the 1950s through the 1970s. the Cleveland Metropolitan Schools had a nationally respected Major Work gifted Program. I had the opportunity to teach in the program. Students were

selected based on an IQ of 125+. They were placed in grade-level classrooms at satellite schools. Students were given math and spelling one grade level higher. Everyone took conversational French. Each child was required to prepare and present a topic once a semester to his or her class. Students read chapter books and answered questions for the assigned weekly chapters. Weekly, a student led a book discussion of their book.

Major Work students were engaged and interested in what was happening in their classrooms. They learned to speak in front of a group, became leaders and were challenged. The Ohio Department of Education (ODE) is currently reviewing their rules for teaching these gifted students. They want to make gifted education better.

One of ODE's big issues is the amount of time during which students receive gifted instruction which adds to the cost of a gifted program. With the Cleveland Major Work model, the cost for a class was the same whether students were in the gifted program or not. The one cost exception, several

periods a week for French conversation.

The second rule being considered is teacher licensure. I had an elementary education license but I wasn't afraid of their intelligence. When I left a regular education classroom to move to a gifted classroom, one of the teachers said to me, "Aren't vou afraid vou won't know something they ask?" My answer, "Well I guess we will learn it together." A license doesn't ensure the teacher's confidence and respect for the intelligence of these bright minds.

While high school gifted students need talented teachers knowledgeable in higher level science, math and the humanities. An elementary gifted teacher needs to make the joy of learning new things their focus. I call it horizontal expansion of their learning. It doesn't necessarily mean the subject matter needs to be more difficult, it means the children need to be encouraged to explore beyond the standard curriculum. And teacher personality is a critical component of successful gifted education.

My daughter chose to not participate in gifted pull-out program in our suburban district. She said, "It just means more work." As an adult, she says she was with the gifted kids in her mainstream classes anyway.

Gifted kids are such an exciting group of learners. They often have a vast number of interests beyond the classroom. They can be bogged down in mainstream classrooms with lots of minutiae. One of our students once told me, "It's not that I hate homework, it's that I get tired of showing the teachers over and over that I know the informa-

> In Child Care at the Y, parents feel confident

, their kids are in a safe,

caring and educational

see their "teachers" and play with friends.

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environment and . the kids can't wait to tion." That quote really sticks with me. It says so much about our gifted children. If they know something, why make them do it the same number of times as their average peers? Richard LaVoie says, "Fair is not equal. Fair is giving everyone what they need"

Let's celebrate our gifted children for their abilities. Encourage them to follow their interests and make sure they have solid basic skills. Lots of rules from ODE won't make gifted education better. It's all about whom and how we teach these children.

*Carole Richards is president of* North Coast Tutoring Services. president/director of the Academic Fun & Fitness Camp held at Lakeland Community College, and author of RICHARDS READ Systematic Language. She is a frequent guest on radio and TV. She can be reached at caroler@ northcoasted.com



### Fun & Exciting Christmas Shopping Give Unique. One of a Kind Gifts!

Join us at St. Gabriel for our 35th Annual Christmas Craft Boutique November 11, 6-9pm November 12, 9am-3pm

Delicious food, charity raffle, door prizes, 50/50 and over 100 artisans to shop. Join us for a fabulous experience all while supporting kids and education!



# Homeschool Happenings

Lake Metroparks offers hands-on learning adventures for homeschool families.

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Homeschool programs are scheduled throughout the year or available by request.



For more information about homeschool programming, visit lakemetroparks.com.



CENTRAL Y (Painesville) EAST END Y (Madison) Preschool, School-Age Painesville City Madison 440.352.3303 440.428.5125

WEST END Y (Willoughby) PERRY CHILD CARE CENTER Preschool, School-Age Preschool, School-Age Willoughby 440.946.1160

For more details visit us online at www.lakecountyymca.org

• science concepts • nature & wildlife

# Preventing overuse injuries in student athletes



While practice makes perfect, practicing too hard or training incorrectly can lead to overuse injuries. Caused by repetitive stresses to the muscles, bones or tendons, overuse injuries can be subtle and develop over time. The athlete may begin to feel chronic pain even at rest. Common examples include tendinitis, shin splints or bursitis, all of which is an inflammatory response to the

intense training.

Overuse injuries often happen when an athlete takes on too much, too soon, or has poor form. The body does not have enough time to recover, and the breakdown of tissue happens faster than the repair that occurs when exercise and training is done properly.

"The growing musculoskeletal system can be less resilient to repeated stress, putting children and teens at increased risk," said Brandon Raudenbush, DO, a Pediatric Orthopedic Surgeon with GO Ortho. "Student athletes should avoid excessive training programs, be sure to get a yearly physical and avoid specializing in one sport before they reach puberty."

Overuse injuries can be prevented by keeping good form and listening to your body when something starts to hurt. "You must practice proper technique and give your body ample time to rest," said Dr. Raudenbush. GO Ortho is an urgent care center that specifically treats orthopedic issues such as sprains, breaks and overuse injuries. The facility is staffed by sports medicine specialists with both adult and pediatric orthopedic training. GO Ortho is located in Hillcrest Hospital, Suite 410 in Mayfield Heights. GO Ortho accepts walkins and same day appointments. While most cases are treated non-surgically at this location, Dr. Raudenbush is able to provide pediatric orthopedic surgery at convenient suburban medical centers in Beachwood, Chardon and Painesville, when needed. Learn more at www. godoctornow.com.

Common overuse injuries from spring sports such as basketball, lacrosse, tennis, soccer and others:

- Shoulder strain
- Shin and foot stress syndromes and stress fractures
- Growth plate stress injuries
- Patellar & calcaneal tendinitis/apophysitis
- Rotator cuff tendinitis
- Tennis elbow

Tips for treating an overuse injury:

- Icing the injured area
- Using of anti-inflammatories, such as ibuprofen
- Ensuring proper warm-up and cool-down before
- and after starting activities
  - Reducing the frequency, intensity and duration of

the practice

• Avoiding year-round training, travel leagues and tournaments

• Cross-train with other activities

• Work with a coach or trainer to learn and ensure proper technique

- Eating a well-balanced nutritious diet
- Getting close to 9 hours of sleep each night





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#### MADISON PUBLIC LIBRARY

6111 Middle Ridge Road Madison, OH 44057 (440) 428-2189 www.madison-library.info

Young Child Storytime Tuesdays at 9:30am or 10:30am This storytime is for children who are just beginning to be able to sit and listen to stories. There is free play after the storytime. Register online or call the library.

LevelUp Tuesdays at 3:00pm. Tweens and Teens play various video and strategy games, which can help develop imagination, socialization and teamwork skills. Middle School students must bring a permission slip signed by a parent to attend. Family Storytime Wednesdays at 6:00pm This program is for families with multiple young children to attend a storytime together. The program emphasizes stories and activities for babies and young toddlers. Please register each correctly aged child for the program. However, if you have older children, you are more than welcome to bring them to the program as well.

**Preschool Storytime** Thursday 10:30 or 11:30am This storytime is for children 3-5 years old, but not yet in Kindergarten Children attend independently. This program is for children who are ready to sit on their own and listen to stories. Caregivers remain in the children's area during the program.

**Board to Pieces** Thursdays at 3:00pm This program is for high school age kids. Play various improvisational and rolebased games. These games foster soft skills that youth will need later in life.

**Rabbit Run Art Club** Thursdays at 4:30pm Nancy Brotz of Rabbit Run Community Arts Association teaches this program for school age children. Call Rabbit Run for more information: 428-5913

**Baby/Toddler Storytime** Fridays 9:30am or 10:30am This storytime is for babies 0 – 24 months old, and they attend with a caregiver. It's a great way to introduce babies to the library and to other children their age! Register online or call the library at 428-2189

#### **Elementary Book Discussion Group**

Tuesday, November 8 from 6 – 7:00pm All Elementary kids are welcome! Each meeting will last about an hour and will include a snack, a game, or a craft and fun! Parents may drop off their kids and pick up is at 7:00. Call the library for the name of the book.

**Middle School Book Discussion group** Wednesday, November 9 from 3-4:00pm Students from Madison Middle School can have a grown-up sign a permission slip to walk to the library after school for book club. Each meeting will last about an hour and will include a snack, an game, or a craft and fun! Pick up is at 4:00. **Mad 4 Otaku** Thursday, November 10 at 3:00pm This program is for high school and middle school ages. Come to the library after school and hang out, watch anime, and discuss manga and anime. We will also discuss about art forms, cultural differences, mythology, and all things Japanese. Middle schoolers must bring a permission slip signed by a parent.

AROUND

**STEAM for Homeschoolers** Friday, November 11 1:30pm For 2nd - 6th grade No advanced registration required Join other homeschoolers for a different STEAM (Science, Technology, Engineering, Art, or Math) activity each month.

**Lego Create!** Saturday, November 12 at 11:00am This program is for age 4 through second grade, and no advanced registration is required. Each month will feature a different theme for inspiration as children build with library provided LEGOS. This program will promote imagination, creativity and play.

Lego Robotics Saturday, November 12 at 2:00pm This program is for third through sixth grade, and no advanced registration is required. The library will provide the LEGOS, featuring working motors and sensors, to build models that are powered by a computer. This program will promote learning about simple machines, robotics and programming.

**Celebrate National Novel Writing Month** Wednesday, November 16 at 3-4:30pm Tweens at the library are going to take part in National Novel Writing Month by having a day long write a thon. Starting at the library after school at 3:00 until it is time for the tweens to go to bed, the challenge is to write the most cogent words as part of a single story. The library will have a kickoff event from 3:00 – 4:30 to help the tweens tion is necessary.

Family Story Time Mondays at 7 p.m. at Mentor Headlands Branch Mondays at 6:30 p.m. and Fridays at 11 a.m. at Main Branch until Nov. 18 Take a little time for some great stories and family time. Families with children of all ages will enjoy stories, music, rhymes and crafts together. All children must be accompanied by an adult. Tiddlywinks Tuesdays, Wednesdays & Thursdays at 10 a.m. until Nov. 17 Main Branch in the Children's Story Room Come and eniov an interactive story time filled with stories, songs and rhymes just right for little listeners. For children 36 months and younger with an adult. No registration is necessary.

**Preschool Story Time** Tuesday and Wednesday at 11 a.m. until Nov. 16 Main Branch in the Children's Story Room Children attend without an adult and enjoy a fun-filled session of stories, songs and rhymes. A responsible adult must remain on the children's floor during the story time session. For children ages three to five years old.

**Tike Time** Thursdays from 11 to 11:30 a.m. Mentor Headlands Branch A weekly, interactive story time for children from six months to four years old at the Mentor Headlands Branch. Kids will enjoy stories, songs, rhymes and, perhaps, a craft. An adult must remain with the child during story time. No registration is necessary. **Vote for President** Nov. 1 through Nov. 8 Main Branch in the Children's Department Children can get involved in the democratic process by casting their vote for president.

**Full STEAM Ahead: Math** Tuesday, Nov. 1, at 4 p.m. Main Branch in the Children's Story Room A new 5-week program focusing on hands-on activities that will enhance STEAM development. The final session focuses on math. Registration is required.

**Pizza & Comics Club** Tuesday, Nov. 1, at 5 p.m. Main Branch in the Frances Cleveland Room Mentor Public Library has a new book club for teens where they can talk comics. The Pizza and Comics Club will meet to discuss sequential art and nosh pizza on the first Tuesday of every month. The comic they'll discuss this month is the All New Wolverine Annual #1. Contact MPL Reference staff for more information and a copy of the comic.

**Comics Club** Tuesday, Nov. 1, at 7 p.m. Main Branch in the Children's Story Room Children, eight to 12 years old, are invited to join the Comics Club to read, discuss, and make their own comics. Club members will meet the first Tuesday of every

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start their stories and provide compatriots to brainstorm with. National Novel Writing Month is an annual.

Internet-based creative writing month is an annual, Internet-based creative writing project that takes place during the month of November. National Novel Writing Month challenges participants to write 50,000 words (the minimum number of words for a novel) from November 1 until the deadline at 11:59PM on November 30. The goal of National Novel Writing Month is to get people writing and keep them motivated throughout the process.

Tail Waggin' Tutors Thursday, November 17 starting at 6:30pm For age, best for children 3-9 years Any child is welcome to come and read (or show pictures in a book) to one of our certified therapy dogs. These animals are a wonderful boost for children struggling to read and a fun motivator for all children.

#### MENTOR PUBLIC LIBRARIES

Main Library 8215 Mentor Ave. Mentor, OH 44060 (440) 255-8811 Mentor-on-the-Lake 5642 Andrews Rd. Mentor-on-the-Lake, OH 44060 (440) 257-2512 Headlands 4669 Corduroy Rd. Mentor, OH 44060 (440) 257-2000

www.mentor.lib.oh.us

**Snappy Little Story Time** Mondays at 10 a.m. at Main Branch until Nov. 14 Mentor Public Library's newest story time is a combination of Tiddlywinks and Family Story Time. There will be songs, rhymes, books, and flannel stories all geared to the little listener. Please note there will be no craft. Open to ages birth to age 5. No registramonth. Registration is required American Girl Book Club Wednesday, Nov. 2, at 4 p.m. Meet Molly. Main Branch in the Children's Story Room Girls between the ages of six and 12 years old meet once a month for a craft and a snack for each of the historical American Girl dolls. Fach month will focus on a different doll. Be sure to read "Meet Molly" before this program. Registration is necessary each month.

Time Travelers Club Wednesday, Nov. 2 at 6 p.m. Mentor-on-the-Lake Branch Teens can ioin us each month as we try out games, crafts, and other activities that were popular in the past. This month, we're trying our hands at hand-colored photography. Snacks and refreshments will be provided.

National Novel Writing Month Freewrite Wednesdavs, Nov. 2 and 16, and Tuesdav, Nov. 22, from 5 to 8 p.m. Main Branch in the Village Room Are you working on a novel of your own? Come put pen to paper (or fingers to keyboard) at the library. Everything you need to write your masterpiece will be provided, including a clean well-lit place, a table to sit at, and a power outlet. There will also be coffee, and quite possibly sugary snacks.

Minecraft Club Thursday, Nov. 3, at 4 p.m. Main Branch in the James R. Garfield Room Join the library's Minecraft Club where you can mine, explore and share strategies in the wide world of Minecraft. Each session will feature a new challenge. Kids must bring their own charged laptop, tablet or mobile device and have an active Minecraft account. The club is for children from ages eight to 12. Registration is required. Jewelry Making for Teens Thursday,

Nov. 3, from 6 to 8 p.m. Main Branch in the James R. Garfield Room Come join the library for a jewelry making session with instructor Teri O'Leary. Each attendee will be able to show off their creativity and make their own bracelet and earring set. Great to give as a gift or keep for yourself. For grades seven through 12. Registration required.

Kids at Work: A Lego Brick Building Blub Saturday, Nov. 5, at 2 p.m. Main Branch in the James R. Garfield Room Build with Mentor Public Library's Lego bricks around a monthly theme or build something else of your choosing. Children younger than eight must be accompanied by an adult. No registration is necessary.

Make a Craft Monday, Nov. 7 Main Branch in the Children's Department Kid can stop by the Children's Department any time throughout the day (while supplies last) and get creative with one of the library's

monthly crafts. No registration is necessarv.

Cookie Monster's Birthday Party Monday, Nov. 7, at 5 p.m. Mentor-on-the-Lake Branch Om nom nom nom! Kids from three to five years old can celebrate Cookie Monster's birthday with two special craft and the delicious taste of chocolate chip cookies.

Rhyme Time Tuesdays, Nov. 8 and 22, at 10:30 a.m. Mentor-on-the-Lake Branch Children, ages six months to five years, are welcome to attend themed Rhyme Times with stories, songs and a craft. The theme is "Dream" on Nov. 8 and "Surprise Ending" on Nov. 22.

Wordplay Creative Writing Club Wednesday, Nov. 9, at 4:30 p.m. Main Branch in the Children's Story Room Get creative with words. Every month, kids from third through sixth grade can play games, write and share their stories. Bring your imagination and the library will supply the pens. paper and snacks.

**National Novel Writing Month Kickoff** Event Wednesday, Nov. 9, at 6 p.m. Main Branch in the James R. Garfield Room Come meet Northeast Ohio YA writer Tricia Springstubb, author of "Moonpenny Island" and other popular books for young readers, as well as short fiction for adults. She has won the lowa Review award for fiction. In this program, Springstubb will present strategies (and coping techniques) for writing 50,000 words in 30 days. Tricia will lead participants in a National Novel Writing Month boot camp freewrite activity--can you write 500 words in 20 minutes? Check back on more Na-No-Wri-Mo events during the month. Writing space will be made available in the Village Room, and the library will have a NaNoWriMo wrapup at the end of the month.

LEGOmania Saturday, Nov. 12, at 2 p.m. Mentor-on-the-Lake Branch Stop by the Mentor-on-the-Lake Branch to get creative with the library's Legos. Each session will feature a theme, but kids are free to build whatever they want. All ages are welcome, but children younger than eight must be accompanied by an adult.

Rock the Mic Club Monday, Nov. 14, at 4 p.m. Main Branch in the James R. Garfield Room Kids can come and practice speaking in front of their peers, tell jokes, play an instrument, sing, practice for a school report, or perform a monologue at the library's Rock the Mic Club. This club will build self-esteem and confidence while having fun. A snack and drink will be provided.

Fantastic Flipbooks Monday, Nov. 14, at 6:30 p.m. Mentor-on-the-Lake Branch

Teens who are interested in animation can create one of the first forms of animation—a flip book—at the library's Lake Branch

Clashing Controllers Wednesday, Nov. 16, at 6:30 p.m. Mentor-on-the-Lake Branch Get vour game on. Challenge vour friends at this monthly video game tournament held at the Mentor-on-the-Lake Branch. Snacks and refreshments will be provided. Friends of the Mentor Public Library \$5 Bag Sale Saturday, Nov. 19, from 9 a.m. to 4:30 p.m., and Sunday, Nov. 20, from 11 a.m. to 4 p.m. The Read House Book sale open to the public at the Read House, just east of the Main Branch. Parking is in the Main Branch's lot. The money raised supports library programming and special events

International Games Day: Just Dance Saturday, Nov. 19, at noon Main Branch in the Village Room It's a Just Dance Party! Kids ages five to 12 are welcome to join the party and dance along with song selections from the "Just Dance" video game. Dance by yourself or along with a group. Registration is required.

Where is Tom Turkey? Saturday, Nov. 19, from noon to 2 p.m. Mentor Headlands Branch Kids can solve a mystery and help find Tom Turkey at the library. They can also make a Tom Turkey of their own to showcase at Thanksgiving.

Lake Branch Minecraft Club Saturday, Nov. 19, at 2 p.m. Mentor-on-the-Lake Branch You can mine, explore and share strategies in the wide world of Minecraft at MPL's Lake Branch. Each session will feature a new challenge. Kids must bring their own charged laptop, tablet or mobile device and have an active Minecraft account. The club is for kids from fourth through eighth grade. Registration is required. Every child that attends will receive a raffle ticket for a chance to win a prize at the end of the year.

Let's go Lego Club Saturday, Nov. 19, at 2 p.m. Mentor Headlands Branch Kids can get creative with Lego bricks, either following a monthly theme or doing their own thing. The library will supply the Lego and Duplo bricks, so kids only need to bring their imagination. Children younger than eight must be accompanied by an adult. No registration is necessary.

Super Smash Bros. Brawl Tournament Saturday, Nov. 19, at 2 p.m. Main Branch in the Village Room Teens can celebrate International Games Day with a Super Smash Bros. Brawl tournament at the library. The winner will receive a \$25 GameStop gift card (and bragging rights.) Please register to attend.

#### Studio MPL Art Club Mon-

day, Nov. 21, at 4 p.m. Main Branch in the Children's Story Room Join Mentor Public Library's art club for kids (from third through sixth grade.) Each month, Studio MPL



makes a different fun art proiect.

Write On: A Writing Club for Teens Monday, Nov. 21, at 4:30 p.m. Main Branch A monthly creative writing club for teens. Each month focuses on a different prompt. It's a fun way to expand your creative writing, get some great ideas, and meet other teen writers. All writing levels welcomed, and snacks will be provided.

Thanksgiving Bingo Monday, Nov. 21, at 6. p.m. Mentor-on-the-Lake Branch Kids can get ready for turkey day and playing some Bingo. There will also be games and crafts for everybody.

Charlie Brown Thanksgiving Wednesday, Nov. 23, at 12 p.m. Main Branch in the James R. Garfield Room Come to the library for a free screening a holiday classic and a special lunch provided by the Children's Department. Registration is open to all ages, although anyone younger than eight must be accompanied by an adult. Lunch for the children only. Must register by calling the library at (440) 255-8811 ext. 221.

Techno Tweens Saturday, Nov. 26, from 1 to 3 p.m. Mentor Headlands Branch Tweens (ages ten to 14) can challenge their friends to a quest in Roblox. Join your friends for gaming fun at Mentor Headlands Branch. Registration is required. National Novel Writing Month Warp-Up Event Tuesday, Nov. 29, at 6 p.m. Main Branch in the James R. Garfield Room National Novel Writing Month participants will gather to share the glories (and horrors) of writing 50,000 words in a month. Participants will read and discuss short sections of their stories. YA/middle grade author Tricia Springstubb will be back to lead the discussion and help all the writers decompress after a busy month.

Color Me—Headlands Wednesday, Nov. 30, at 7 p.m. Mentor Headlands Branch Looking for some quiet time? Bring the family to a calm evening of coloring at the Headlands branch. Supplies provided.

#### **MORLEY LIBRARY**

184 Phelps St. Painesville, OH 44077 (440) 352-3383

www.morleylibrary.org DoodleBots! Saturday, November 5, 11:00 AM - 11:45 AM For tweens ages 9-12. Make your own DoodleBot! A DoodleBot is a motorized robot that can scribble and make art. You'll design it, decorate it, and then try it out with your friends. Registration is required. Registration opens 2 weeks before the program.

**KIDS CRAFTERNOON!** Thursday, November 10, 3:00 PM - 7:00 PM Make a FREE kids craft! Drop by the Children's Room Rotunda to make a fun, free Thanksgiving craft. As supplies last, small children may need help. No registration needed.

The Wonderful World of Bubbles with The Bubble Lady Saturday, November 12, 11:00 AM - 11:45 AM Join us as The Bubble Lady delights and entertains the entire family with her amazing bubbles! See bubbles that change shape, bubbles that walk a tight rope, square bubbles, and more! No registration needed, all ages welcome!

**LEGO Club** Tuesday, November 15, 3:30 PM - 5:00 PM Drop by the Story Room between 3:30-5:00 PM for the Morley Library LEGO Club! Build a LEGO creation and have your picture taken for the LEGO Club Wall! All ages welcome, parents must stay with children 5 and under. No registration needed.

Stuffed Animal Party Wednesday, November 16, 4:15 PM - 5:00 PM For kids grades K-3rd. Bring your favorite stuffed animal to the library for a Stuffed Animal Party! Read a story to your stuffie, make a craft, play a game, and dance with your stuffed animal. Registration is required. Registration opens 2 weeks before the program on Nov. 2nd.

KIDS CRAFTERNOON! Thursday, November 17, 3:00 PM - 7:00 PM Make a FREE kids craft! Drop by the Children's Room Rotunda to make a fun, free Thanksgiving craft. As supplies last, small children may need help. No registration needed.

A Charlie Brown Thanksgiving Saturday, November 19, 11:00 AM - 11:45 AM Families with children 12 and under, join us for fun fort-building and A Charlie Brown Thanksgiving. Chairs and plastic tables cloths will be provided for fort building, then watch the classic movie and enjoy a Snoopy themed snack! No registration needed.

Thanksgiving Storytime Monday, November 21, 6:30 PM - 7:00 PM Join us for a special drop-in Thanksgiving storytime! Enjoy Thanksgiving stories, songs, and a flannelboard. For families with children ages 5 and under. No registration needed.

WICKLIFFE PUBLIC LIBRARY

1713 Lincoln Road, Wickliffe, Oh 44092 (440) 944-6010 www.wickliffe.lib.oh.us After School Adventures: (K-4th grade) Tuesdays at 3:15 PM, November 1-December 13 Different activities each week. Registration required.

**Tales for a Dog: (Kindergarten & up)** Come share a story with a certified therapy dog. Saturday, November 5 @ 9:30 or 10:00 AM Registration required.

**Lego Club: (Kindergarten & up)** Stop by for some building challenges and fun! Saturday, November 12 @ 2:00 PM Registration required.

**Birth-2 Year Old Story Time** Wednesdays at 10:00 AM, November 2-November 16 Thursdays at 6:30 PM, Nov 3-Nov 17 Registration required.

**3-6 Year Old Story Time** Monday sat 6:30 PM, November 7-November 14 Thursdays at 10:00 AM, November 3-November 17 Registration required.

Wee Play! Birth through 6 years old Dropin on Fridays 10:00-11:30 AM, November 4-December 16, (NO program 11/25) Put your electronic devices away and share quality play time with your child. Enjoy self-guided play in our story time room each Friday. No registration necessary. Family Reads On-the-Go: NEW! 3rd week of the Month, during open hours Weeks of November 14, December 19 Pick-up a copy of next month's family friendly book (to be read at home together) and activity packet. Call to pre-register.

Tween Time (5th-8th grade) Every Wednesday after school @ 2:30pm If no special theme is advertised, join us for snacks, socializing, and fun activities. Registration required only for themed programs. Call the library at 440-944-6010, register on-line, or stop by the Children's Desk to register.

**November 2:** National Stress Free Day! - Tweens will be creating "Calming Jars" in celebration of the day!

**November 9:** Paranormal University -Cathi Weber is creator of the Willoughby Ghost Walks Tour and has created a program just for tweens to learn about some ghostly occurrences here in Wickliffe and around Lake County.

**November 30:** Magic Card Tricks – join us as Mr. Walker shows us how to entertain others with cards.

**Zombie Apocalypse \*\*After-Hours Program\*\*** Friday, November 11, 7:00-8:30 PM Kids 5th through 8th grade join us for a fun filled evening. Registration required.

#### WILLOUGHBY-EASTLAKE PUBLIC LIBRARIES

Eastlake Public Library 36706 Lake Shore Blvd. Eastlake, OH 44095 (440) 942-7880 x. 105 Willoughby Public Library

Paws 2 Read at Morley Library 🐧

Furry, four-legged friends had an important job at Morley Library on Saturday, October 8th: listening to kids read! Paws 2 Read pairs trained therapy dogs and their owners with a child for a one-on-one twenty minute reading session to encourage kids to improve their reading skills in a safe, comforting, and inviting environment. Saturday's dogs included Lenny, a Standard Poodle; Wizard, a Miniature Schnauzer; and Reggie, a Golden Retriever, Many of the children who attended love dogs but live in buildings that won't allow pets or have a family member who is allergic, so it gives the kids an opportunity to connect with a dog when they otherwise might not be able. Others just love having personal one-on-one time with the dogs. Whatever the reason, one thing is certain, evervone had a tail-waggin' good time!

> 30 Public Sq. Willoughby, OH 44094 (440) 942-3200 x. 104 Willowick Public Library 263 E. 305 St. Willowick, OH 44095 (440) 943-4151 x. 116 (440) 516-0843 TTY Willoughby Hills Public Library 35400 Chardon Rd. Willoughby Hills, OH 44094 (440) 942-3362 www.welibrary.info

Fall Crafts at Willoughby Hills Library

Each week the library will have a makeand-take craft. Stop in any time. Willoughby Hills Library, 35400 Chardon Rd., 440-942-3362

Teen Calligraphy Learn basic italic printing using special felt tip pens. Your writing will look like a work of art! Wednesday, November 2, 6-7 pm Willoughby Hills Library Homeschool Science Adventures Each month we will cover an aspect of STEAM (Science, Technology, Engineering, Art and Math) with hands on activities. (Ages 6 and up). September and October sessions will be held at Willoughby Library. November and December sessions will be held at Willoughby United Methodist Church. Thursday, November 3, 10 or 11:30 am Barks for Books Practice your reading skills by reading to a therapy dog! (Grades K-5). Saturday, November 5, 9:30 or 10 am



Suyana, Alexa, and James Cunningham pose for a photo with Lenny and their mother, Alexandra Panta. James adores dogs but can't have one at home, so his mom tries to make sure he can come to every Paws 2 Read program.

(Choose one time slot) Eastlake Library **LEGO Club** We provide the LEGOs, you provide the imagination in our LEGO club! All ages welcome! Saturday, November 12, 1:30-3pm Eastlake Library Saturday, November 19, 2-3:30 pm Willoughby Hills Library Homeschool Art Adventures Each month we will learn about an artist or art technique and then create our own works in that style. Dress for making a mess! (Ages 5 and up). September and October sessions will be held at Willoughby Library. November and December sessions will be held at Willoughby United Methodist Church. Thursday, November 17, 10 or 11:30 am Teen Art Club Do you love to create art but never get the chance? Join other artloving teens for Art Club where we will focus on a different artist or style each session. Grades 6-12 (Ages 11-18.) Thursday, November 17, 6:30-8:30 pm Eastlake Library,

OMG! Do You Believe What They Did on "The Walking Dead" or "Fear the Walking Dead?" Even though the Willoughby Library is going through some renovations, we'll still get together (somewhere in the building) and talk about our favorite programs "The Walking Dead" and "Fear the Walking Dead." We can even continue to play Walking Dead Monopoly. Ages 13 & up. Tuesday, November 22, 7-8 pm Willoughby Library

# COMMUNITY CALENI

12, 9am-3pm .Come and experience the high quality of craftsmanship of over 100 inspired artisans! Get a head start on Christmas shopping with unique, one of a kind gifts! Admission is \$5.00 for 13 and older. For more information, contact Denise Anzlovar at ptufundraisers@gmail.com.

#### **NOVEMBER 12** Holly Days Artisan Boutique & **Mistletoe Market**

Visit the beautiful West Woods Nature Center for a premier selection of nature-themed holiday decor and gifts on display and for sale by regional artisans. This is the perfect opportunity to find unique, handmade items for everyone on your list. Don't miss the Mistletoe Market, where young shoppers can find inexpensive gifts for everyone on their list aided by volunteer "elves." Wheelchair/ stroller accessible. Geauga Park District - The West Woods Nature Center www.geaugaparkdistrict.org 440-286-9516

#### **NOVEMBER 12 - DECEMBER 17 Ceramics Workshop for Families**

Kids ages eight and up and their fave adult can create individual projects or work collaboratively during this family-focused workshop. Supplies included in fee. Noon-1:00 p.m. The Fine Arts Association, 38660 Mentor Avenue, Willoughby 44094 Cost: \$63 for one child and one adult; \$15 each add. child

#### 1:00-2:00 p.m.

#### **Holiday Fun Ceramics Workshop**

Children, ages 4-8 can create an array of fun holiday-themed projects. Supplies included in fee.

#### Cost: \$60/ participant

#### 2:00-3:00 p.m.

#### Holiday Fun Ceramics Workshop

Children, ages 8-12 can create an array of fun holiday-themed projects. Supplies included in fee. The Fine Arts Association, 38660 Mentor Avenue, Willoughby 44094 Cost: \$60/ participant. Call 440-951-7500 or log on to www.fineartsasso-

ciation.org to register and for further information.

#### **NOVEMBER 12** Mascot Skate

Sat, November 12, 1:30pm – 3:30pm. Mentor Civic Ice Arena, 8600 Munson Rd, Mentor. Skate with your favorite Mascots at this fun event! Say "hi" to Ice Arena's own Mischief the Mouse and many more Mascots. Prizes too! Admission \$4 with free skate rental.

#### **NOVEMBER 19 Holiday Art & Pottery Sale**

Fine arts and crafts featuring pottery, handmade cards, jewelry, artwork and more. Main Gallery from 9:00 a.m.-2:00 p.m. at The Fine Arts Association, 38660 Mentor Avenue, Willoughby 44094. FREE Admission. Vendor spaces still available. Call 440-951-7500 for further information.

#### **NOVEMBER 25-27 Country Hearth Christmas & Christmas in the Village: A Dickens** of a Christmas

Burton Village celebrates Christmas with old-fashioned flair (11:00 am -4:00 pm). Enjoy the many holiday activities such as a lighted parade on Friday at 6pm followed by caroling and holiday decor lighting and refreshments, including Santa at the Burton Log Cabin with free hot chocolate and cookies Burton Log Cabin & Sugar Camp. www.burtonchamberofcommerce.org

#### NOVEMBER 26, 27 DECEMBER 3, 4, 10, 11, 14-18, 20-23

Breakfast/Lunch with Santa Lake Metroparks Farmpark Breakfast: 9 and 10:30 am; Lunch: noon. Santa greets children in the café. After enjoying a delicious meal, visit and take a photo with Santa in the theater and then head to the toy workshop to build a wooden toy to take home. Professional photography and pony rides optional and available for additional charge. Participants are welcome to stay all day to enjoy all of Farmpark's regular activities.

This is a family activity and children

**Contact Us!** Do you have a special event or meeting *vou'd like to be listed in our community calendar?* If so, please email your information to countykids@news-herald.com Submissions should be 65 words or less. We reserve the right to edit any information prior to publication.

#### 

must be accompanied by registered adult(s). Due to space limitations, ALL participants including children vounger than 2 years must be pre-registered.

Ticket sales begin 8 am Wednesday, October 26: for Lake County residents, and for Farmpark members — please have your membership number and call 440-358-7275 to purchase tickets at a discount.

Ticket prices: \$15 ages 12+, \$12 ages 2 through 11, \$3 younger than 2 years; tickets required for every person that attends

IF AVAILABLE: Open ticket sales (for everyone, including out-of-county customers) begin 8 am November 2. Visit www.lakemetroparks.com/ordertickets for ticketing information.



#### **HELP BUILD MEMORIES!**

Be a big part of Lake Metroparks' popular holiday events! Volunteers are needed at Candy Cane Christmas at Painesville Township Park, Candy Land has gone WILD! The Wild Days of Winter game at Penitentiary Glen **Reservation and Country Lights and** the Toy Workshop at Farmpark. Help with a variety of activities including crafts, games, greeting, Nature Store,

host, toy building, paint/glitter assisting, decorating cookies and more!

To volunteer, please complete an application lakemetroparks.com or contact the volunteer office at 440-585-3041 x6418 or x6322.

#### ages 6-12 from Saturday, November 5 to Sunday, November 6. Children will eniov swimming, gym games,

Youth Overnight Brings Fun and

ing a Youth Overnight for children

Lake County YMCA East End is host-

NOVEMBER 5-6

Excitement to Fall

and snacks during the overnight fun with their friends. Youth Overnight is open to children ages 6-12. Children are recommended to bring swim gear, sleeping bag, pillow and overnight clothes. Registration is \$20 Y members and \$30 program members. Additional sibling discount, each child is \$15/\$25. Children may be dropped off at the East End Y Saturday, November 5 at 8:00 pm and picked up on Sunday at 9:00 am. Youth will be supervised by Y staff and teen Leaders. To register for the Youth Overnight, contact Lake County East End Y at 440-428-5125 or visit www.lakecountyymca.org.

#### **NOVEMBER 6**

#### Wildwood Quilt Guild Small Quilt Show & Sale

10am – 4pm at The Mentor Senior Center, 8484 Munson Rd, Mentor. Come see the display of award winning guilts made by the talented members of the Wildwood Ouilt Guild. Shop our "Gifts Sew Special" for small quilted items made by our members. Several area Quilt Shops will also be available for your shopping pleasure. Admission \$3.

#### **NOVEMBER 11 & 12** St. Gabriel School PTU Hosting **Christmas Craft Boutique**

St. Gabriel School' Parent Teacher Union is hosting its annual Christmas Craft Boutique! Please join us on Friday, Nov 11, 6-9pm and Saturday, Nov

Prints same day Photogifts CHRISTMAS PORTRAITS

closed on Mondays don't come then

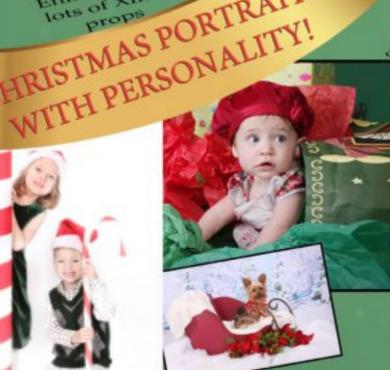
# Prelude photography at Great Lakes Mall in Mentor

440.266.1677

Christmas

Cards!

Xmas=Crazy=book soon



yup, that's a dog ... we do pets!



Wouldn't Grandma love a portrait of all the Grandkids for Xmas? (for a small fee, we can photoshop out any kids that have been naughty this year)

> **Multi Image Christmas Cards!**



New this year: Comic Book Style Christmas Cards! ... be different ....



www.preludephoto.net

for deals, info. contests, thoughts. funny things, behind the scenes info, etc. follow us!

# twitter



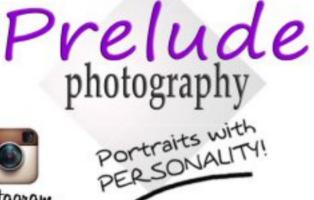


We're jumping on the social media

bandwagon, so our Christmas

**Coupon** is only on our facebook page







for your event!

Weddings,

Parties, Events

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