

The Courier

November 2, 2016 Volume 17 Number 9

Cookie Presidential Poll

A Bagel And... located in Ocean Pines is conducting a poll to track the race in the upcoming presidential election based solely on the sale of cookies shaped as the GOP elephant and the Democrat donkey. The latest results as of Monday, October 30 are as follow:



83



67

Ocean Pines leaf collection scheduled

The Ocean Pines Association has announced leaf collection procedures for its residents this fall. Ocean Pines Public Works and Republic Services will both aid in the collection.

Current Republic Services customers may place up to four bags of leaves curbside for each scheduled pickup. This is in addition to regular trash pickup. Trash collection days for residents south of Route 90 are Tuesdays and Fridays. For residents north of Route 90, the collection days are Mondays and Thursdays. Republic Services will also pick up branches if they are tied in bundles no longer than four feet.



Leaves and other yard debris bagged in paper bags will also be collected by Ocean Pines Public Works November 21 through December 22. Bags will be picked up on days opposite from Republic Services' collection days. Only paper bags will be accepted, and there is no limit to the number of bags that residents may place curbside. Thirty-gallon paper bags may be purchased at Public Works for \$1 each.

Additionally, Public Works will run the vacuum truck through each section to vacuum ditch leaves that have been raked to the street. Yard leaves that have been raked to the street will not be picked up. These leaves must be placed in paper bags for collection.

Ocean Pines residents may also bring leaves and yard debris in bulk or paper bags to the Public Works yard, located at 1 Firehouse Lane near the south station fire department. The yard will be open Monday-Friday 7:30 a.m. to 3 p.m. and Saturday 8 a.m. to 3 p.m., November 21 through December 22. No contractor dumping or plastic bags will be permitted. There will be no collection or drop-off on Thursday, November 24 or Friday, November 25.

Residents with questions about leaf collection should contact Ocean Pines Public Works by calling 410-641-7425 or emailing Linda Martin at lmartin@oceanpines.org.



Hat Day - Most cancer patients will tell you one of the most difficult things they will face during this devastating disease, is the loss of their hair. Since 2001, the Heavenly Hats Foundation has donated two million new hats to cancer patients of all ages. Ocean City Elementary School (OCES) held its third annual Heavenly Hats Spirit Day on Thursday, October 20. For just a \$1 donation, each student had the privilege of wearing his or her favorite hat to school to positively impact the lives of those facing the biggest challenge of their lives. This year, OCES raised \$532 for the cause. All of the money donated on Heavenly Hats Spirit Day will help raise money to provide hats to cancer patients nationwide. Pictured are **Carrie Deem** and **Zoe Hinkle** wearing their favorite hats.



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November

Community Calendar 2016



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Christmas bazaar is this planned

The Shepherd's Nook at Community Church at Ocean Pines will hold its Christmas Bazaar on Saturday, November 12 between 9 a.m. and 2 p.m. There will be Christmas gifts, decorations, clothing, baked goods and crafts. The church is located at 11227 Race Track Road in Berlin.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6 <small>Harriet Tubman Day</small>	7	8 <small>Election Day</small>	9	10	11 <small>Veterans Day</small>	12
13	14	15	16	17	18	19
20	21	22	23	24 <small>Thanksgiving</small>	25	26
27	28	29	30			

Young musicians to perform

On Saturday, November 5, the Ocean City Center for the Arts will open its doors to the next generation of young local musicians who will perform for the public. Doors open at 6 p.m. with music starting at 6:30 p.m.

"Originals Only III" began as an environment for twenty-something musicians to perform in a drug-free and art-focused space, a venue where they can safely jam and express themselves. The event was coordinated by Stephen Decatur High School graduate and musician, Elijah Llinas.

This is the third time for the event at the Arts Center and features four new musical acts, all local up-and-coming bands: Hot Ecüias, Thomas for You, Dungeons & Rabbits and Peter Gorgui.

A \$5 donation at the door is suggested.

"We hope to continue this series all year long," Rina Thaler, executive director of the Ocean City Center for the Arts, said. "People of all ages are invited to hear the next great sounds and support the next generation of local artists."

The Ocean City Center for the Arts at 502 94th Street is the home of the Art League of Ocean City, a non-profit organization dedicated to bringing the visual arts to the community through education, exhibits, scholarship, programs and community art projects.

More information is available at 410-524-9433 or www.artleagueofoceancity.org.

Hospice fundraiser planned

Darius "Tenacious" Godwin will DJ during "Brews & Bites," a new fundraiser at Blu Crabhouse in Ocean City on Thursday, November 10 from 5:30 p.m. to 8:30 p.m. Tenacious will play tunes in an open format, responding to what the crowd wants to hear. Tickets are \$50 and include beer tastings by local craft breweries. Proceeds will benefit Coastal Hospice at the Ocean. Reservations can be made at CoastalHospice.org/Brews or by calling 410-742-8732.

Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahand-dancing.com.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.



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New overtime laws will impact local employers

By **Steven W. Rakow**, Esquire

Small business owners work long and hard to run their businesses. Arguably the largest expense is employee compensation. Owners constantly struggle to keep up with a changing minimum wage (currently \$8.75 in Maryland); minimum wage and hour rates for tipped employees; compensation for managers and other executives; and whether to pay benefits for time off, health care, and retirement. It seems that owners never get a break from the onerous state and federal requirements, including the required posting of wage and overtime, workers compensation, and unemployment information throughout the workplace.

Maryland small businesses with employees must follow both the Labor and Employment Article of the Maryland Code as well as the federal Fair Labor Standards Act, or FLSA. Maryland law incorporates the FLSA when it comes to determining which employees are entitled to overtime and which are not. Those entitled to overtime wages, equal to 1.5 times their hourly rate, are referred to as nonexempt employees. Those not entitled to overtime wages are called exempt employees. Recent changes to the FLSA definition of exempt employees will have a significant impact on Maryland small business owners starting December 1, 2016.

Exempt employees are those engaged in bona fide executive, administrative, and professional positions within the company. Typically, these workers' wages far exceed the minimum wage, and they tend to enjoy fringe benefits, greater job security, and more opportunities for advancement than employees entitled to overtime wages. Merely labeling an employee as executive, administrative, or professional is not sufficient to overcome the requirement to pay overtime wages for work in excess of 40 hours per week. There are three requirements for exempt designation: (1) a predetermined, fixed salary not based on performance; (2) the salary meets a minimum set threshold as set forth in the FLSA; and (3) the duties

must primarily be executive, administrative, or professional. The major change coming on December 1, 2016, is the salary level set by the FLSA.

Back in 2004, the minimum salary level set by the FLSA was \$455 per week, or \$23,660 per year, for a full-time worker. Beginning on December 1, that new minimum salary level will be \$913 per week, or \$47,476 per year, more than double the previous level. What this means is that small business owners with an executive, administrative, or professional employee who was previously exempt from overtime wages may soon be entitled to overtime pay if they make less than \$47,476 per year and work more than 40 hours in a week. For example, if an owner previously had a secretary or manager making \$35,000 per year who may work in excess of 40 hours per week will now have to pay overtime wages. This is a significant change that will have a large impact on small, local businesses with few em-

please see overtime on page 4



Steve Rakow

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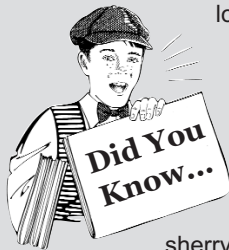
Robert B. Adair 1938-2007

2012 Business of the Year

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Topaz is the accepted birthstone for November. Blue topaz is the accepted anniversary gemstone for the 4th year; Imperial topaz for the 23rd year of marriage.

Most people think of topaz as a transparent golden yellow gemstone.



However, this gemstone occurs colorless as well as orange-yellow, red, honey-brown (dark sherry), light green, blue and pink.

The name topaz is derived from the Greek word meaning "to shine" and also implies "fire". Orange-red "Imperial" topaz and pink colors are rare and most valuable.

The lore, magic and romance of topaz goes back many thousands of years. It holds the distinction of being the gemstone with the widest range of curative powers. The Greeks felt it gave them strength. In addition, it supposedly cooled tempers, restored sanity, cured asthma, relieved insomnia and even warded off sudden death. Topaz is said to make its wearer invisible in time of emergency. It proved the loyalty of associates by changing color in the presence of poison.

Junior lifeguard program offered

Future lifeguards can enjoy a day off from school and join Ocean Pines Aquatics for skill-building, swimming and fun at a one-day junior lifeguard program on Tuesday, November 8 from 10 a.m. to 4 p.m. at the Sports Core Pool in Ocean Pines.

Children ages seven and up will learn lifeguarding skills, play games, visit the local fire department and enjoy a pizza lunch.

The cost of the class, which is open to the public, is \$75 per person and includes a t-shirt, whistle, first-aid kit, lunch, snacks and drinks.

An additional session of the program will be held on Wednesday, December 28. To register for either or both sessions, call the Ocean Pines Aquatics Department at 410-641-5255.



Special lunch - Students at Ocean City Elementary School had the privilege of enjoying lunch with their parents during National School Lunch Week. Pictured are fourth graders **Dylan Cannon, Justin Udzielak, Reed Phillips**, and parent **Robert Phillips**.

Swim activities scheduled

Mermaids and mermen, polish your scales and shine your tails for two events hosted by Ocean Pines Aquatics at the heated indoor Sports Core Pool on Saturday, November 12.

If you need to brush up on your swimming skills, attend the popular "Learn to Swim Like a Mermaid" class from 10:15 a.m. to 11:30 a.m. Fun Fun Tails will be available for each child to use during the one-time session.

The cost, which includes goggles and a certificate, is \$35 for Ocean Pines swim members and \$40 for all others. An additional session of the class will be offered on December 3.

Come back in the evening for a dive-in movie showing of Disney's "The Little Mermaid." Doors open at 6 p.m.; the movie starts by 6:30 p.m. Ariel will be in the pool to splash and

please see swim on page 6

Burbage, Fager named co-chairs

The Atlantic General Hospital Foundation has announced that John "Jack" H. Burbage, Jr. and Michelle Fager will be co-chairs of the \$10 million Campaign for the Future.

Jack Burbage is a resident of Berlin and CEO of Blue Water Development Company. The Stephen Decatur High School graduate has deep roots in the community and is a member of the Lions Club, the Economic Development Corporation and Maryland Coastal Bays. He also sits on the Board of Directors of Taylor Bank and is a member of the Maryland Builders and the Maryland Bankers Association. He has two sons and two grandsons.

Michelle Fager is a resident of Bishopville and vice president-in house legal counsel for Fagers Island, Ltd. in Ocean City. Her extensive business and entrepreneurial background includes employment law, strategic planning, budgeting and finance, and residential and commercial real estate transactions.

Fager, an Atlantic General Hospital Foundation Board and Executive Committee member also lends time to other community organizations including the Governor's Commission on Small Business, Maryland State and Worcester County Bar Association's, and the Governor's Family Violence Council. Prior to joining Fagers Island, Ltd., she dedicated her time to raise a family, "responsibilities too numerous to list; benefits to family, immeasurable."

The funds raised during the Atlantic General Campaign for the Future will allow Atlantic General Hospital to complete \$35 million in capital projects planned under the organization's 2020 Vision five-year strategic plan. Among them is construction of a new 18,000-square-foot full service cancer care center, completion of a women's health center in West Ocean City, renovation of existing surgical facilities and expansion of emergency services within Atlantic General Hospital as well as improvements to inpatient care areas.

overtime

from page 3

ployees. There's no small business exception to the rule.

Failure to follow the new rule and pay overtime wages may result in fines and penalties under both federal and state law. Under Maryland law, an employer who fails to pay overtime wages is subject to a penalty of three times the amount of wages due. Small business owners need to stay informed and make sure they are ready for the change on December 1, 2016.

Steven W. Rakow, Esquire, is a former assistant state's attorney. His private practice focuses on civil litigation, contracts, construction law, criminal and traffic law, and other general practice matters. He's a retired Marine officer and has owned several small businesses. Steve can be reached at 410-600-3075, by email at steve@steverakowlaw.com, or through his website www.steverakowlaw.com.

Letters sent to The Courier for publication consideration must be signed and include



a telephone number where the author can be reached to verify authenticity, if necessary. Letters

are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

thecourier@delmarvacourier.com

Stop, turnaround and change

As my children were growing up there were occasions when either their mother or I would have to stop them to tell them to change what they were wearing before they made it out



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

the front door. It didn't happen too often and the situation was more likely to occur with one of our boys than our daughter.

The "Stop, Turnaround and Change" dictate was usually triggered because the questionable article of clothing was inappropriate for where they were headed. For instance, a T shirt was not going to cut it for a more formal setting. Conversely, wearing a good pair of pants to play football in the yard was a no-no as well. There were times when they slipped out the door unnoticed, coming home with either grass stains or a hole in a new shirt or pair of pants. Those were not happy occasions. To this day if you open one of our kitchen cabinets and listen closely, you can still hear the echo of my wife's angry lamentations of years ago.

Often I would demand a change be made if one of the kids was wearing a T-shirt emblazoned with an offensive (what I thought was offensive) saying or illustration. Much to their chagrin, I believe what you wear reflects who you are. As they got older they came to appreciate my philosophy, I think. It could be they just humored me and when they were out of the house they changed back to what they had been wearing.

Despite claims to the contrary I don't believe ripped jeans are fashionable. Who buys clothing that's already destroyed? At some time or another each of the kids had a pair of these "fashionable" jeans. I guess I shouldn't be too judgmental as there was a time I wore checkered blue and white polyester slacks, that in retrospect defined fashion faux pas. Those slacks could have covered a raging bull in heat they were so ugly. They certainly stunted my dating options in high school. Yeah, that's the reason.

There were occasions when I let slide what my kids wore. There is a line between unacceptable and youthful individual expression. The line isn't always easy to see. For instance, they at times liked wearing shirts that had the picture or name of a rock band on it. I don't think I've ever worn such a shirt. Nor have I worn something that promotes a company or car manufacturer or sports team. I've just never

been comfortable donning clothing adorned with corporate catchphrases, logos or illustrations. My kids haven't felt that way.

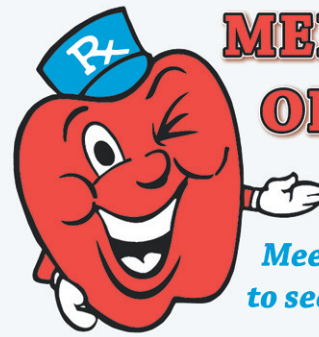
As they've matured, they have developed their own style which for the most part I like. The boys will often "suit up" if they're going out and my daughter is always quite fashionable, having developed somewhat of a clothes hound propensity, a habit that will no doubt be passed on to my granddaughter. My poor son-in-law. However, now that she has two small children, her clothes shopping days are in stasis.

With the passage of time, the tables have turned with my children sometimes telling me to, "Stop, turnaround and change" because they don't like what I'm wearing, that I look too much like an "old man." One time my boys, wife and I were heading out. As I approached the front door the boys stopped me and said I looked stupid wearing socks with dock shoes. "Go fix that," they told me, "You are not leaving the house looking like that." I took off the socks.

My daughter, who used to take two hours to get herself ready just to go the supermarket, once raised an eyebrow of disapproval when, coming in from yard work wearing a grass stained, oil smudged T shirt and paint splattered shorts, I said I would join her. She left without me.

It must be retribution for a fashion oppressed childhood that my kids feel free to now judge what I wear. Interestingly nary a word is ever said to their mother. One of these times I'm going to arrive at their house wearing canary yellow shorts, a half tucked in orange T shirt and sandals with calf high black socks.

Now that's individual expression.



MEDICARE D OPEN ENROLLMENT EVENTS

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Berlin Apple Open Enrollment Events

Thursday, November 3rd - 10 am to 3 pm
Thursday, November 17th - 10 am to 3 pm

Apple pharmacist, Geoff Twigg, PharmD, BCACP, will help guide you in selecting the best plan for your prescription needs. Appointments are not required but suggested. To schedule an appointment at our Berlin location, call 410-641-3130.

Medicare D open enrollment runs until December 7th.

APPLE DISCOUNT DRUGS

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Annual Christmas Bazaar

Friday, Nov. 18 And Saturday, Nov. 19
10 a.m. - 7 p.m.

St. Mary Star Of The Sea/Holy Savior Parish
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**Gift Shop • Attic Treasures • Christmas Shop With Homemade Crafts
Toys • Books • Jewelry • Plants • Flowers
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FOOD MENU (EAT IN OR CARRY OUT)

**Hot Roast Beef And Hot Turkey With Gravy And Fries
Fish And Chips • Pulled Pork Sandwich With Cole Slaw • Meatball Sliders
Chili • Clam Chowder • Oyster Stew (Cooked To Order)**

**Raw Bar-Oysters On The Half-Shell • Beer • Wine
Hot Dogs • Chicken And Tuna Salad • Mac & Cheese • French Fries • Desserts • Beverages**

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PRMC implements new electronic medical record system

Peninsula Regional Health System has announced it upgraded its electronic medical record system to an Epic Systems EMR effective November 1.

Peninsula Regional's adoption of the new Epic electronic medical record system has meant the addition of dozens of staff members, thousands of hours of training over three different shifts and a significant investment in the system. It's all worth it, says Raymond W. Adkins, Chief Technology officer at PRMC. The change to Epic will affect the entire health system, including Peninsula Regional Family Medicine and Specialty Care offices, labs and outpatient services.

Additional staff has been brought

in to assist with the transition on November 1. As the Epic EMR went live on November 1, PRMC's users will still be getting used to the new system. Visitors and patients may find Epic experts on hand coaching PRMC staff so recordkeeping is timely and accurate from the start.

Peninsula Regional is no stranger to electronic medical record, or EMR, systems – in fact, PRMC was one of the first to adopt the technology. The current system has been in place since 1996.

"We wanted to find a solution that would grow with us for the next 20 years," Adkins said. "Because Epic offers so many tools and is used in so many locations near us, that made it the logical choice."

The University of Maryland Health System, Johns Hopkins Medicine, Mercy Medical Center, the new Riverside hospital coming to Virginia's Eastern Shore, and PRMC's HealthVisions Delmarva partner, Bayhealth in Delaware, all use the Epic system or soon will.

please see prmc on page 13

swim

from page 4

swim with guests while the movie plays on a giant inflatable screen.

The cost is \$3 per person for Ocean Pines swim members, \$5 for Ocean Pines residents and \$7 for non-residents. Families of more than four can pay a flat rate of \$20.

Both of these events are open to the public. To register, call Ocean Pines Aquatics at 410-641-5255. Additional information about other aquatics programs is available at OceanPines.org.



By the books - The Republican Women of Worcester County went back-to-school to help Showell Elementary Media Specialist Kate McCabe with book labeling. The ladies helped out on October 20 and 24. Shown left to right are: **Sharon Byerly, Rosemary McAleer, Barbara Passwater, Mary Adair, Kate McCabe, Carol Rose and Diane Spartzak.**

Art League to hold Friday event

The public is invited to a free opening reception on First Friday, November 4, from 5 p.m. to 7 p.m. at the Ocean City Center for the Arts on 94th St. Complementary hors d'oeuvres will be provided by Longboard Café and Touch of Italy.

The featured show in the Thaler Gallery is the annual juried exhibition and competition by members of the Art League of Ocean City. This year's juror is Su Lane who will hand-select the winning entries and award cash prizes. The show will hang in the Thaler Gallery through the end of 2016.

"We get some of our best artwork during the annual juried show," said Rina Thaler, director of the Arts Center. "There is a prestige that comes with being awarded the grand prize from among your peers."

Barbara Doyle Schmid, who has

taught the "Beginners and Beyond" watercolor class for the Art League for ten years, will show her personal work as well as the work of her students in the Galleria during November. Schmid teaches with a Zen approach, allowing students to trust their own instincts. Her students include long-time painters and professional watercolorists as well as beginners.

Multi-media artist and Arts Center staff member, Debbi Dean-Colley, occupies Studio E in November. She attended the Pittsburgh Center for the Arts and loves painting in unconventional ways while exploring new techniques. Dean-Colley currently teaches mixed media at the Arts Center, Zenna Wellness Studio and Urban Nectar.

Artist Jeanne Mueller, who paints landscapes and streetscapes in oils, pastels and watercolors, is the Spotlight Gallery artist for November. She creates visual sensations in her paintings through color relationships and

please see art on page 13



Fall Dinner Specials

Monday

Chicken Parmesan over Pasta \$9.95
Lobster Tail \$14

Tuesday

Burger and French Fries \$6

Wednesday

Meatloaf with mashed potatoes and a vegetable \$6.95
Add a soup or a salad \$9.95

Thursday

Steak Night! \$13.95

Friday

Fried Shrimp with French Fries & cole slaw \$14.75

Saturday

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I Love to Cook!

by Bev Wisch



How about some old-fashioned desserts for these chilly evenings? These recipes always bring back fond childhood memories of my Mom's cooking and of me cooking for my family. Have a bit of nostalgia and try some of these recipes.

This recipe is one of my favorites and I'm sure many of you have your own version. You must have custard cups that are ok to use for baking.

Baked Custard

- 3 cups milk
- 4 eggs
- 1/3 cup sugar
- 1 t. vanilla
- 1/4 t. salt
- Nutmeg (sprinkle before baking)

Beat eggs, add milk, sugar, salt and vanilla and pour into custard cups; sprinkle with nutmeg. Place cups in

9x13 baking pan. Add water to baking pan (just enough to cover up to about half the custard cups). Bake at 325 degrees for one hour until knife comes out clean. When serving add a spritz of whipped cream.

Tapioca Pudding

- 1/3 cup of minute tapioca
- 1 cup sugar
- Dash of salt
- Yolks of 2 eggs (reserve egg whites)
- 4 cups milk
- 1 t. vanilla

Mix tapioca, sugar, salt, yolks, and milk and bring to boil. Turn off and add 1 t. vanilla. Beat egg whites until stiff and add to mixture. Let sit in large bowl for 15 minutes. Wisk mixture and refrigerate before serving.

Apple Pie
6 or 7 pared and sliced apples (I use a mixture of Granny Smith, Gala or other red apples.)

- 1 cup sugar
- 2 T. flour
- 1/2 t. cinnamon
- 1/2 t. nutmeg
- Roll out 2 crusts (I use Pillsbury pie crusts in the dairy section. Can't miss with these.)

Mix dry ingredients together. Put layer of apples on bottom crust, then add sugar mixture, apples, etc. Top with dots of butter, crust and crimp.



Cut a few slits in top crust and sprinkle with sugar. Bake at 425 degrees until apples are done (about 30 minutes).

Enjoy!
If you have a favorite old-fashioned dessert to share, e-mail me.

bevwisch@aol.com

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We're looking for 2 great team members to work at our Thrift Shop in Berlin! One Warehouse Position – requires heavy lifting and continual standing in our climate controlled Donation Center. One Associate to assist with sorting, pricing and displaying inventory as well as learning the cash register. If you've got a great work ethic and customer service attitude we want you! Apply by visiting our website or stop by the Thrift Shop to complete an application.

www.coastalhospice.org

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- Passes and monitors extensive budgets
- Assures support for the entire education team
- Approves and oversees construction projects
- Authorizes contracts
- Establishes personnel and academic policies
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- ▶ Listening to Parents, Teachers, Students, Citizens and Employers
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- ▶ Optimizing the Use of the Technical High School

District 5

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BY AUTHORITY CAROL TERRY, TREASURER

SDHS students earn special distinctions

Twenty-nine Stephen Decatur High School Advanced Placement students earned special College Board distinctions following the 2015-2016 school year including one student who earned national recognition. The College Board AP Program recognizes high school students who have demonstrated outstanding college-level achievement through AP courses and exams.

The four distinctions include: AP Scholar (granted to students who receive scores of 3 or higher on three or more AP exams); AP Scholar with Honor (granted to students who receive an average score of at least 3.25 on all AP exams taken and scores of 3 or higher on four or more of these exams); AP Scholar with Distinction (granted to students who receive an average score of at least 3.5 on all AP exams taken and scores of 3 or higher on five or more of these exams); and National AP Scholar (granted to students who receive an average score of at least 4 on all AP exams taken and scores of 4 or higher on eight or more of these exams).

AP Scholars: Scott Devenny,

Rebecca Evans, Austin Hickey, Katherine Hofman, Victoria Kerkovich, Diane McCloskey, Zainab Mirza, Alexis Nguyen, Katelyn Norman, Zohar Omer, Jackson Pielstick, Erin Record, Patrick Reid, Summer Vinson, Catherine Winters.

AP Scholars with Honors: Caroline Hammond, Brett Kim, Peter Marx, Samantha Schachter, Peyton Townsend, Hannah Watsky.

AP Scholars with Distinction: Alea Aul, Hyunsoo Chun, Peyton Dunham, Reagan Dunham, Garrett Hickey, Maury Izzett, Megan Jameison, Gabriel Kim.

National AP Scholar: Reagan Dunham.

Dazzle to celebrate anniversary

To commemorate its second anniversary on Friday, November 4, Dazzle Gift Shop's will host Hunter Bunk Mann, author of "Vanishing Ocean City" for a book signing and meet and greet with the author. This special event is scheduled from 4 p.m. to 6 p.m. Mann will sign his popular book "Vanishing Ocean City" and discuss what motivated him to write it. Refreshments will be served and a special Customer Appreciation Sale will take place on November 4, 5 and 6.

Crab cake dinner set

Stevenson United Methodist Church will hold a crab cake dinner on November 11 starting at 4 p.m. The cost is \$10 which includes a single crab cake sandwich with green beans and a seasoned baked potato. The church is located 123 North Main Street.



Villain School

Worcester Preparatory School (WPS) sixth grade students presented the play *Villain School* by Brian D. Taylor in the Athletic and Performing Arts Center on October 25. Directed by WPS Middle School teachers Linda Smith and Susan Godwin, *Villain School* was performed in front of parents and friends of the Class of 2023 and fellow Lower and Middle School students.

Pictured are cast and crew: Front Row (L-R) Ava Wilsey, Zoe Brafman, Annie Carter, Linley Hill, Nikki Telo, Sara Miller. Second Row (L-R) C.C. Lizas, Luke Bunting, Director Linda Smith, Cayden Wallace, Ibrahim Khan, Mark Dahr, Hunter Hammond, Kaitlyn Cronin, Cooper Ludt, Morgan Schoch, Luke Loeser, Parker Tingle, Cole Myers, Director Susan Godwin, Cole Lamson-Reich. Back Row (L-R) Owen Schardt, J.R. Hamer, Austin Gentry, Bridget McCormick, Aleezah Ehtasham, Meeta Agarwal, Ian Lewis and Chandler Schrider.



Senator **Jim Mathias** congratulates Howard Johnson's staff

HoJo named hotel of the year

The Howard Johnson Oceanfront Plaza at 1109 Atlantic Avenue in Ocean City announced it has been awarded the Hotel of the Year by Howard Johnson International, which recognizes the top hotel out of 285 in North America.

In celebration of the hotel's achievement, Mary Susan Jones, the hotel's general manager, was presented the award by Howard Johnson and Wyndham Hotel Group leadership at the 2016 Wyndham Hotel Group Global Conference in Las Vegas before an audience of more than 6,000 hoteliers.

"This is a great honor for our hotel and a direct result of the hard

work of our wonderful staff," said Jones.

To be eligible for the award, the hotel must achieve the top Quality Assurance score, top customer service scores and reviews, and high enrollment in the Wyndham Rewards program

The Howard Johnson Oceanfront Plaza is a 90-room hotel that offers a full service restaurant, meeting space, an indoor pool and is directly on the Atlantic Ocean.

Part of Wyndham Hotel Group, the Howard Johnson hotel brand is a global chain of nearly 400 hotels with locations around the world.

Letters sent to The Courier for publication consideration must be signed and include a telephone number where the author can be reached to verify authenticity, if necessary. Letters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:



the courier@delmarvacourier.com

the courier@delmarvacourier.com

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DAR Day of Service

General Levin Winder Chapter of the Daughters of the American Revolution (DAR) recently delivered sixteen pounds of items including Slim Jims, beef jerky, powdered drink mixes, chewing gum, playing cards, puzzle and coloring books, socks and toiletries to Star Charities President Anna Foulz for its "Holiday Gifts for our Soldiers" drive. To celebrate the 126th anniversary of the National Society DAR on October 11, chapters were asked to give back to their communities through volunteer service. Chapter Regent Patricia Ayres called upon members to bring items to their October meeting after reading about the collection effort in a local paper. A monetary donation was also presented to Foulz.

Above are General Levin Winder Chapter Regent **Patricia Ayres** delivers items donated by chapter members to Star Charities President **Anna Foulz** for the "Holiday Gifts for our Soldiers" drive.

Job fair scheduled for Thursday

There will be hundreds of job openings available at the 11th Annual Fall Job Fair, hosted by the Salisbury Area Chamber of Commerce and the One-Stop Job Market on Thursday, November 3 at the Centre at Salisbury mall from 3 p.m. to 6 p.m.

More than 60 employers will be attending and are hiring for a wide range of positions all located on the Lower Eastern Shore. For a full listing of participat-

ing employers and open positions visit www.salisburyarea.com.

Those attending the job fair should bring plenty of resumes and dress professionally. Again this year, free resume assistance will be available to for anyone that attends. There is no cost to attend as a job seeker.

For more information please contact the Salisbury Area Chamber of Commerce at 410-749-0144.

Ocean Pines golfer gets shot at \$1 million

One lucky golfer has earned a chance to win \$1 million at Ocean Pines Golf Club on Saturday, Nov. 19 at 11 a.m.

John Smith, a part-time Ocean Pines resident from Arnold, MD, qualified for his chance at the money at Ocean Pines Golf Club's Residents' Day, which was held on Sunday, October 23.

All paid rounds that day participated in a closest-to-the-pin contest on the par-3 seventh hole. Smith's shot was the closest at 7 feet 6 inches from the pin.

John Malinowski, PGA director of golf at Ocean Pines Golf Club, said the million-dollar shoot-out and Residents' Day were a way to thank people in Ocean Pines for their patronage. "Over 2,000 Ocean Pines residents and property owners have played golf here over the past few years. We wanted to show our appreciation for our community members' support by creating a special day where they could enjoy discounted rounds, range balls and food and drinks," he said.

Smith will get one shot taken from 170 yards from the pin on the course's 18th hole. If he makes a hole in one, he will receive \$1 million paid as a 40-year annuity. Great Shot Golf is the contest's provider.

Ocean Pines Golf Club is an 18-hole championship golf course and the only one on Maryland's Eastern Shore designed by Robert Trent Jones, Sr. It is open to the public year-round and is available for outings and tournaments.

Early voters head to polls

Residents of Worcester County have been exercising early their right to vote. Early voting started last Thursday at Gull Creek Senior Living in Berlin. As of the close of voting Sunday evening, 3,861 votes had been cast.

Early voting will continue through Thursday, November 3. The polls are open 8 a.m. to 8 p.m.

Tuesday is election day and polls will be open between 8 a.m. and 8 p.m.

Locally there are two races for Worcester County Board of Education. Fran Gebhart is running against incumbent Sarah Thompson in District 3 and Elena McComas and Tom Terry are vying for the open seat in District 5.

Polling places throughout the county are as follow.

District 1-1: Pocomoke Community Center

District 1-2: First Baptist Church, Girdletree

District 2-1: Shiloh UMC, Pocomoke

District 2-2: Snow Hill Middle School

District 2-3: Newark Fire Company

District 2-4: St. Paul Episcopal Church, Berlin

District 2-5: Stephen Decatur Middle School

District 3-1: Ocean City Elementary School

District 3-2: Ocean City Lions Club

District 3-3: Berlin Intermediate School

District 4-1: Snow Hill Elementary School

District 4-2: Buckingham Elementary School

District 4-3: Buckingham Presbyterian Church, Berlin

District 4-4: Showell Fire Company

District 5-1: Community Church at Ocean Pines

District 5-2: Ocean Pines Library

District 6-1: Ocean Pines Community Center

District 6-2: Showell Elementary School

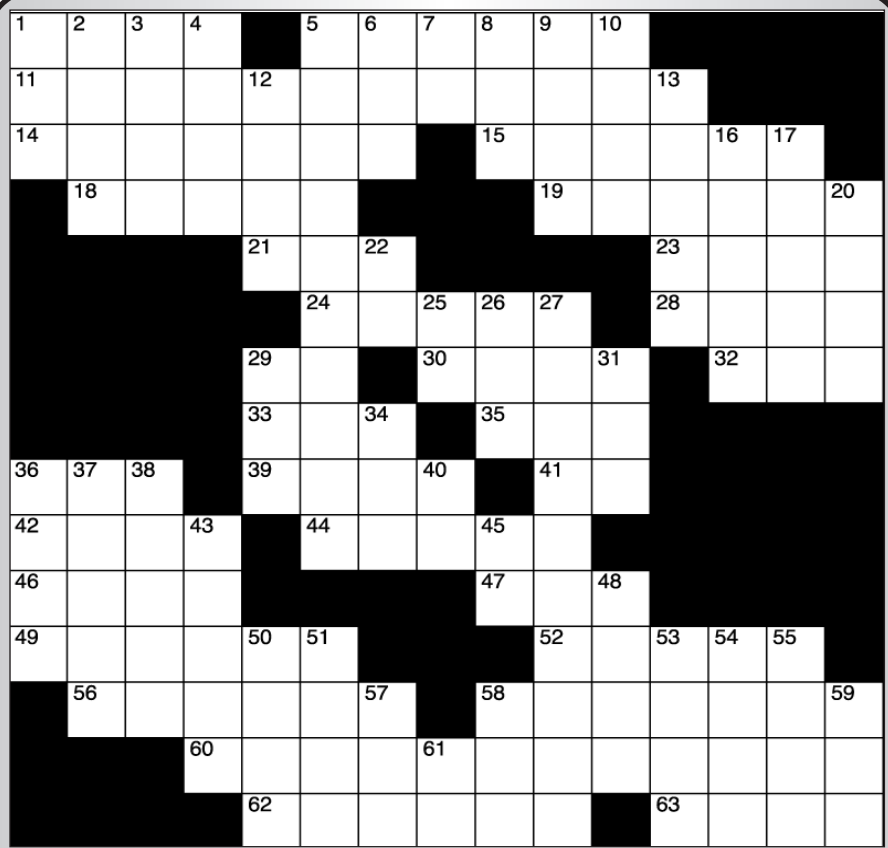
District 6-3: Bishopville Fire Company

District 7-1: Roland E. Powell Convention Center

Holiday Cooking Tip:
Every time you open the oven door to check on that dish, the temperature inside decreases by up to 25%! Hold off on peeking inside so that your oven doesn't have to work harder. Try turning on the oven light instead!

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Eyes on the Skies

Venus, the hottest planet

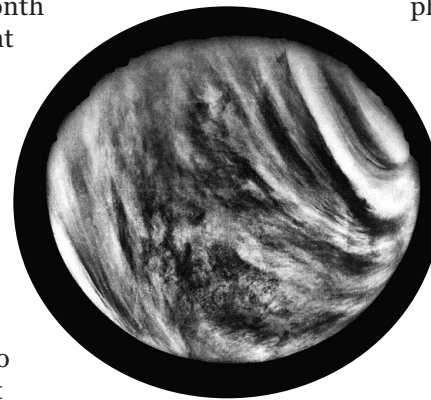
By Douglas Hemmick, Ph.D.



The arrival of November brings an abrupt change due to our time-keeping conventions. As Daylight Saving time ends this coming Sunday November 6, the sunset and the appearance of the dark evening sky will then take place one hour earlier.

Stargazers this month may see the bright planet Venus early in the evening.

For the month of November, the column turns from discussions of the outer planets, to the realm closer to home. The planet Venus is the brightest target for view-



Venus

ing in the night sky, and has attracted much attention over the ages. Clay tablets have been unearthed showing ancient Babylonian observations of Venus taken during the 17th century BC.

Venus and the moon both act as celestial guideposts, drawing attention by their brightness and reliable patterns. Venus performs its dance alternating between the evening and morning skies. At times the planet is clearly visible for viewing, but then disappears and becomes obscured by the Sun.

In recent months, Venus has been visible early in the evening, and sometimes is described as an evening star (although it is a planet). After disappearing in March 2017, Venus will begin a new cycle in April becoming visible in the early morning at predawn times — sometimes called a morning star. It will remain as a morning star for about nine months.

In December 1962, the arrival of NASA's Mariner-2 probe at Venus marked the first successful mission of planetary exploration. The probe's equipment included particle detectors which measured the solar wind, a constant stream of high energy charged particles streaming from the Sun. Mariner-2 measured the temperature

of the Venusian surface at a blistering 400 degrees C.

On October 18, 1967, the Soviet's Venera-4 became the first space probe to descend into the atmosphere of another world. The probe succumbed

to the enormous atmospheric pressure of

Venus, failing at about 25 kilometers altitude.

One day later on October 19, 1967, NASA's Mariner-5 mission began its flyby observations of both the night and the sunlit sides of Venus. Both probes detected high levels of carbon dioxide, at about

90% of the Venusian atmosphere and extreme surface pressures of 100 times that of Earth's.

Another milestone in space history was recorded in December 1970 by Venera-7. After successfully landing on the surface of Venus, the probe transmitted data back to Earth. Although Venera-7 was built sturdily enough to survive the hellish temperature and pressure, its radio signal lasted only 23 minutes.

In 1974, cameras on-board the Mariner-10 probe captured images of Venus, both in ultraviolet and visible light. The ultraviolet images in particular have become some of the most well-known of the Venus photos. These images revealed the clear and distinct Venus cloud bands, which make a full revolution every four days around the planet.

In 1975 Venera-9 and 10 both achieved successful surface landings and transmitted back interesting images of the Venus surface features. Transmission of the Venera photos was assisted by first sending the data through the dense Venus atmosphere to a companion probe which was orbiting the planet —then relaying the signals back to Earth. Photos from the "Aikula Chasma Valley" revealed

- ACROSS**
- 1. Famed Spanish General's nickname
 - 5. Drink alcohol
 - 11. Savings for soggy days
 - 14. Kleenex, Puffs are some
 - 15. Moved in a circular way
 - 18. Pile of stones
 - 19. Drenched
 - 21. Talk to you (abbr.)
 - 23. World's longest river
 - 24. Thoughts
 - 28. Stake
 - 29. Lawrence Taylor's nickname
 - 30. Coat or smear
 - 32. Comedian Josh
 - 33. Cost, insurance, freight (abbr.)
 - 35. Royal Bank of Canada
 - 36. Polyvinyl chloride
 - 39. Lifeless
 - 41. Doctor of Medicine
 - 42. Former Saudi Arabian king
 - 44. River along
- DOWN**
- 1. Expression of creative skill
 - 2. Nonclerical
 - 3. Credit card company
 - 4. Ancient Chinese city
 - 5. Personas
 - 6. More (Spanish)
 - 7. Close to
 - 8. Nigerian City
 - 9. Pals
 - 10. Internal
 - 12. Type of tent
 - 13. Beloved Princess
 - 16. Supplementing with difficulty
 - 17. Region in
- border of India and Nepal
 - German widow
 - Administrative review board
 - Small tower
 - Central American fruit
 - Cigar
 - Bring to life
 - Linked together in a chain
 - Marinara, BBQ are two
 - Mail
- Mississippi
 - Brave act
 - 36 inches
 - ___, denotes past
 - Swiss river
 - Submersibles
 - Portable computer
 - screen material
 - Binary-coded decimal
 - Supervises flying
 - Represents dull, abrupt sound
 - Deformity involving a limb
 - Map
 - Dominican Republic
 - Breed of hogs
 - District attorney
 - Light Russian pancake
 - Selfs
 - Rock songstress Turner
 - American Music Awards
 - Partner
 - Egyptian Sun god
 - European money
 - Consumed
 - Doctor of Education
 - Actinium



Answers for Oct 26

Prepare your vehicle before cold weather gets here

Although it is not quite upon us, it is not too soon to be thinking about protecting and preparing your car for cold weather. Winter can be an unforgiving season. Freezing temperatures coupled with snow and ice can take its toll on people who live in climates where cold weather is a fact of winter life.

While winter can test people's patience, it also can be harsh on cars and trucks. Understanding what components of a vehicle can be compromised by dropping temperatures and snowy roads can help drivers take action to safeguard their automotive investments.

While winter can wreak havoc on just about every part of a vehicle, there are some parts that seem to bear the brunt of Old Man Winter's abuse. Properly servicing and caring for a car or truck can help.

Drivers should take their vehicles for a tune-up and inspection before wintry weather arrives. A mechanic will examine the car battery and check antifreeze levels and make sure that the thermostat, defroster, brakes, and even wiper blades are working effectively. Have the tires inspected for adequate tread, which can make navigating roads safer. If the treads are worn, replace the tires.

In addition to visiting their mechanics, drivers can perform some inspections and fixes themselves.

Check that all of the vehicle's lights are operational so your car can be easily seen during inclement weather. Exchange your existing windshield washer fluid with one that will not freeze in cold conditions. Check the nozzles on the windshield-washer system routinely and clear out any blockages of ice or debris. While addressing windshield washer fluid, also replace worn out windshield wiper blades with ones that can withstand snow and icy weather.

A new coating of wax can serve as a shield against road salt, snow, sleet, and rain. Try a polymer wax to protect the paint. Whenever possible, rinse off salt and grime so it does not dry on the car and gradually wear away at the paint. Some drivers mistakenly believe that salt stops being a problem once it dries simply because moisture is the active ingredient for a corrosive reaction. But humidity in the air is enough to keep the salt eating away at the car's paint, and that can contribute to rust. Be sure to rinse off the undercarriage of the vehicle as well.

Have your tires' alignment checked

toward the end of winter or early spring. A season of traveling over pothole-ridden roads or hitting curbs buried under snow drifts can affect the alignment. Get everything back on track. Similarly, inspect tires routinely, as weather changes can affect tire pressure and strength.

Use a soft snow brush or a foam brush to clear snow off of the car. Avoid hard plastic scrapers you might use on your windshield, as they can scratch painted surfaces.



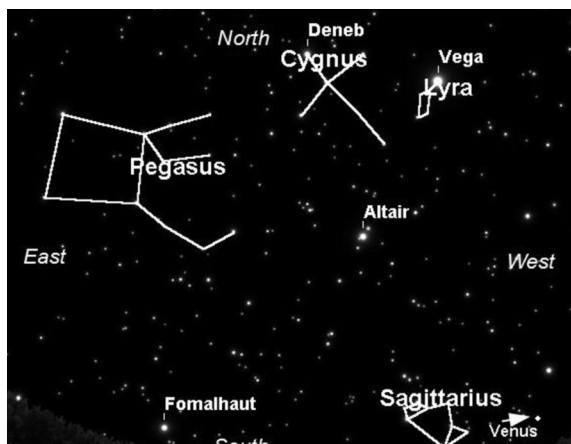
Try to park the vehicle in a garage or under a car port, each of which can protect cars and trucks from the often harsh elements of winter. Vehicles can be affected by the cold weather. Keep them running efficiently to prevent damage this winter.

eyes
from page 10

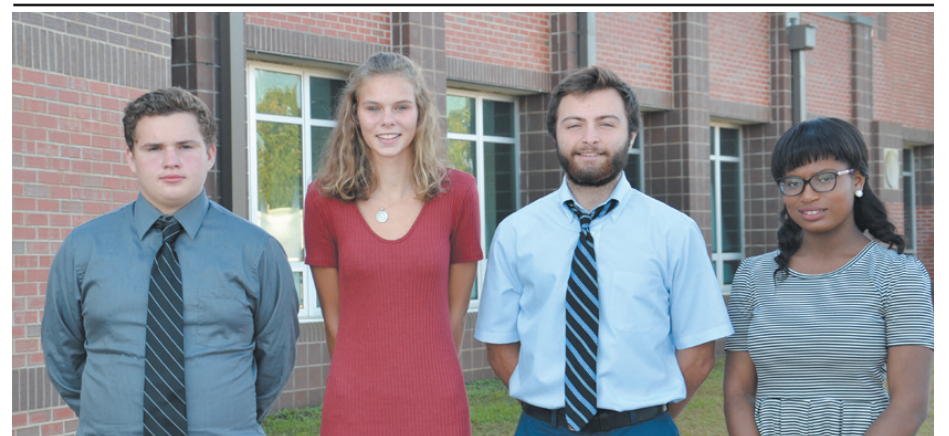
small rocks just over a foot in diameter. In the "Beta Regio" the terrain contained pancake shape lava rocks.

Next month, the column will discuss additional Venus explorations as well as missions to the planet Mercury.

Stargazers looking skywards this November may get the evening going early: Venus will be visible hovering over the south-western horizon at about 6 p.m. (After Daylight Saving time ends on November 6 all times will be shifted one hour earlier.) However, one must look quickly since the bright planet dips too close to the horizon after about 7:15 p.m. The brightness of Venus makes it the only object visible just as the sun sets, and it adds a welcome flourish to stargazing. The brilliance of the planet is due to its proximity to the sun - it receives twice as much solar intensity as does Earth, and much of this light gets reflected towards stargazers here. Venus is so bright that some mistake it for the lights of an oncoming airplane or even a UFO. It is no surprise that this dazzling celestial body has attracted attention for thousands of years.



As the stars become fully visible at about 6:45 p.m., one may find Cygnus the Swan (the Northern Cross) flying overhead. Moving to the east of Cygnus and looking toward the zenith, one finds the familiar diamond-shaped pattern of the Great Square of Pegasus.



Students recognized for volunteerism

Ten years, one hundred thousand hours of service, one decade of incredible service-oriented student leaders. That is what the Stephen Decatur High School Presidential Service Award ceremony, with guest of honor Maryland Delegate Mary Beth Carozza, celebrated on October 18.

This year, sixty-two Stephen Decatur High School students received the Presidential Service Award for community service. Pictured above are the four recipients of the gold award, which is given to students earning over 250 hours of community service.

Left to right: Gold Presidential Service Award recipients: **Cole Norman, Jenna Shumate, Dominic Klebe and Areyon Collick.**

Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., November 3	10:55 a.m. 11:14 p.m.	4:18 a.m. 5:04 p.m.	7:29 a.m.	5:58 p.m.
Fri., November 4	11:37 a.m. 11:57 p.m.	4:59 a.m. 5:49 p.m.	7:31 a.m.	5:57 p.m.
Sat., November 5	12:21 a.m.	5:44 a.m. 6:38 p.m.	7:32 a.m.	5:56 p.m.
Sun., November 6	12:44 a.m. 12:10 p.m.	5:35 a.m. 6:29 p.m.	6:33 a.m.	4:55 p.m.
Mon., November 7	12:37 a.m. 1:04 p.m.	6:31 a.m. 7:22 p.m.	6:34 a.m.	4:54 p.m.
Tues., November 8	1:36 a.m. 2:02 p.m.	7:30 a.m. 8:15 p.m.	6:35 a.m.	4:53 p.m.
Wed., November 9	2:37 a.m. 3:02 p.m.	8:32 a.m. 9:10 p.m.	6:36 a.m.	4:52 p.m.

How to help socially isolated seniors

The elderly population is on the rise in many countries. Advancements in healthcare and a growing emphasis on healthy lifestyles means people are living longer than ever before.

Age is often accompanied by wisdom, but men and women may also find that feelings of isolation, loneliness and depression may also settle in as they grow older. The Journal of Primary Prevention published "A Review of Social Isolation," which observed how social isolation has been linked to numerous detrimental health effects in older adults. Some of these ailments may include increased risk for mortality, rehospitalization, falls, and dementia.

Individuals looking to give back to their communities may want to consider helping seniors in their area. Although it can be difficult to see seniors with diminished physical or mental ca-

pabilities, the rewards of interacting and helping seniors can be immeasurable. There are plenty of ways to help seniors avoid isolation and continue to live fulfilling lives.

Provide transportation. A Place for Mom, a senior housing placement resource, notes that lack of adequate transportation is a main cause of social isolation among seniors. Voluntary or necessary cessation of driving makes getting to and from appointments or even recreational outings more difficult. Where public transportation is unavailable or challenging to come by, volunteers can help shuttle seniors to and from grocery stores, doctor's offices and any other places they need to go. Getting out regularly and seeing new faces can help seniors overcome feelings of loneliness.

Participate in hobbies together. Give seniors a sense of purpose by en-

couraging them to participate in hobbies or activities. Book clubs are one activity that can interest people of different age groups.

Encourage exercise. Physical exercise keeps the body fit and improves mental health. Seniors can benefit from physical activity because it promotes strong bones and a healthy cardiovascular system. In addition, seniors who enroll in exercise classes at gyms or local senior centers can meet like-minded adults, helping them overcome their feelings of isolation even further.

Provide meals and companionship. Older adults may not be getting all they need to maintain healthy weights and bodily functions. Cooking and shopping for healthy foods may be dif-



ficult. Provide seniors with healthy meals when possible, and take the time to share those meals. This can foster conversations that keep seniors' minds sharp and also may help prevent social isolation.

Seniors can benefit from many different forms of support, and helping older adults is a worthy volunteer initiative.

CLASSIFIEDS

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The Courier seeks assistance

If you have an interest in a flexible work schedule that enables you to get out and about the community while simultaneously earning an income and if you have an outgoing personality that enjoys meeting and working with new people, we'd like to talk with you.

The Courier is seeking help in two areas: editorial and advertising sales.

If you are interested in writing on various topics including local events and local people in a freelance capacity, then contact me. There are a number of stories in our community that should be told. Please send a cover letter and a writing sample (not longer than 300 words) on a topic of your choice.

Additionally, *The Courier* seeks advertising sales assistance, someone who can focus on developing, managing and servicing new advertising accounts and identifying growth opportunities in the northern Worcester County area.

Although previous sales experience is helpful, it is not required for consideration. Send a cover letter telling about yourself and a resume.

The Courier is an Equal Opportunity Employer.

Send material to:

admin@delmarvacourier.com
 Attention Chip Bertino, Publisher

arts
from page 6

atmosphere. Mueller is an exhibiting artist at Gallery One in Delaware.

Jewelry makers Kathy Huegel and Shayn Smith are the artisans in residence for November, creating earrings out of wire, paper and beads. Both are art teachers in Wicomico County and inspire their students to be creative.

The Ocean City Center for the Arts at 502 94th Street is the home of the Art League of Ocean City, a non-profit organization dedicated to bringing the

prmc
from page 6

That means a much more seamless transfer of patient information to those who need it to provide care, no matter where the patient is. Epic also includes a new patient portal for patients to view their records, lab and radiology results, medications, discharge instructions and more.

“Everyone will be on the same page, literally, with every patient,” said Dr. Christopher Snyder, Chief Medical Technology Officer and a hospitalist at PRMC. “It’s one patient, one chart – communication will be greatly improved.”

For example, Snyder said, the system has a much more robust way of showing medications. Rather than hunting for different medications a patient might have had along their various stops in the Emergency Department, in surgery and on an inpatient medical floor, their information would all be in one, simpler-to-view place. “Ultimately, that will even help us to speed up our discharge process, so patients are able to go home more quickly,” he said.

Currently, Peninsula Regional uses Relay Health to power its patient portal, MyPenCare. On November 1, those older records were available through Relay Health, but patients will have to get a new account to see new records and pay new bills online. Starting November 1, the new Epic system known as MyChart will be enhancing MyPenCare’s abilities and making access simpler for patients; however, a new account will be required for users of the old MyPenCare system. The new MyPenCare.org will even allow patients to send messages to their provider, request appointments with some offices, and request prescription refills. Details will be available at peninsula.org/mypencare during the rollout.

visual arts to the community through education, exhibits, scholarship, programs and community art projects.

More information is available at 410-524-9433 or www.artleagueofoceancity.org.

Election prayer vigil to be held

An election day prayer vigil will be held at Bethany United Methodist Church on Tuesday, November 8 between 7 a.m. and 8 p.m. All are welcome to pray for healing and a peaceful transition of power. You can stop by at any time. The church is located at 8648 Stephen Decatur Highway in Berlin. For more information call 410-641-2186.



David Mitchell

Jackson Pielstick

Ian Waggoner

SDHS announces National Merit students

Stephen Decatur High School seniors **David Mitchell, Jackson Pielstick, and Ian Waggoner** have been named Commended Students in the 2017 National Merit Scholarship Program. National Merit Commended Students placed among the top five percent of more than 1.6 million students who entered the 2017 competition by taking the 2015 Preliminary SAT/National Merit Scholarship Qualifying Test.

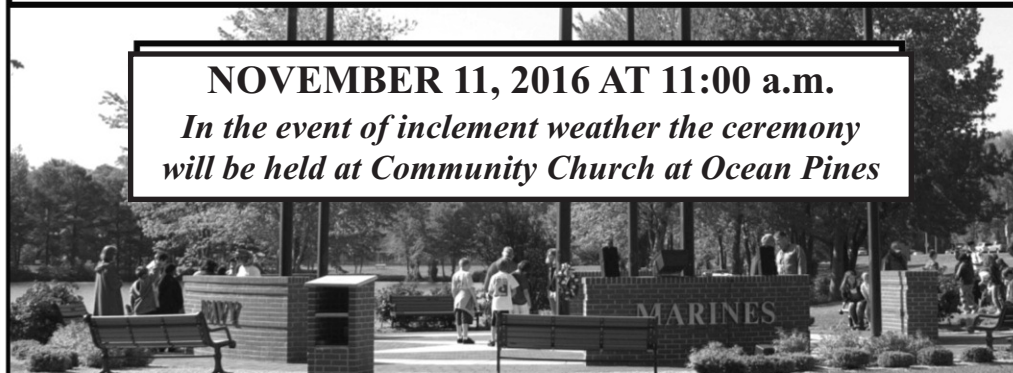
13th ANNUAL VETERANS DAY CEREMONY



**AT THE WORCESTER COUNTY VETERANS
MEMORIAL AT OCEAN PINES**

NOVEMBER 11, 2016 AT 11:00 a.m.

*In the event of inclement weather the ceremony
will be held at Community Church at Ocean Pines*



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Diabetes presentation offered

The Peninsula Regional Endocrinology and Diabetes Center and its Diabetes Education Program invite anyone interested in learning more about diabetes to attend a free education event, "Tired of Diabetes? Fatigue and Other Challenges" on Monday, November 14. Jack Snitzer, DO, an endocrinologist with the Peninsula Regional Endocrinology and Diabetes Center in Salisbury, will keynote the session that will explore ways to overcome the fatigue and other challenges diabetes can bring.

The event begins at 5:30 p.m. with exhibits from companies involved in diabetes care and services until 6:45 p.m. Dr. Snitzer's presentation will begin at 7 p.m. and last approximately one hour. The program will be held in the auditorium of the Avery W. Hall Educational Center on the Peninsula Regional Medical Center campus. Free parking will be provided at the Avery W. Hall Educational Center, located at the corner of Waverly Drive and Vine Street, in the parking lot directly across Vine Street or in the adjacent Garage B. An RSVP is required; please call Peninsula Regional En-

doocrinology and Diabetes Center's Diabetes Education Program at 410-543-7061. There is no cost to attend.

Peninsula Regional Medical Center's Diabetes Education Program is certified by the American Diabetes Association. To learn more about the program or available diabetes and endocrinology services at PRMC, call 410-543-7061.

Helpful Hint

Those looking to rein in their spending may want to take inventory of their dining habits. The budgeting resource The Simple Dollar says the average American eats roughly 4.2 commercially prepared meals per week. This equates to around 18 meals eaten outside of the home in a given month. That can cost diners roughly \$232 dollars per month or more. Budget-conscious diners looking to curtail their spending can be pickier about when they choose to dine out. Simply eating at home a few more times per month can add up to considerable savings.

Economic summit planned

Worcester County Economic Development will present the 2016 Economic Development Summit. In conjunction with the Ocean City Economic Development Committee, the free event will take place at the Ocean City Performing Arts Center on December 14.

The summit will feature entertaining economist, Anirban Basu who will present an economic update for Worcester County and the Lower Shore. There will also be an update on the status of natural gas extension in Worcester County, as well as, the Ocean City Season Summary tourism recap.

Registration with light refreshments begins at 8:30 a.m., with the program running from 9 a.m. to noon. To register contact, John Azzolini at jazzolini@co.worcester.md.us or call 410-632-3112.

The event is sponsored by Bank of Ocean City. Additional sponsors include Becker Morgan Group, Sandpiper Energy, OCDC, OC Chamber, OC Tourism and MD Capital Enterprises.

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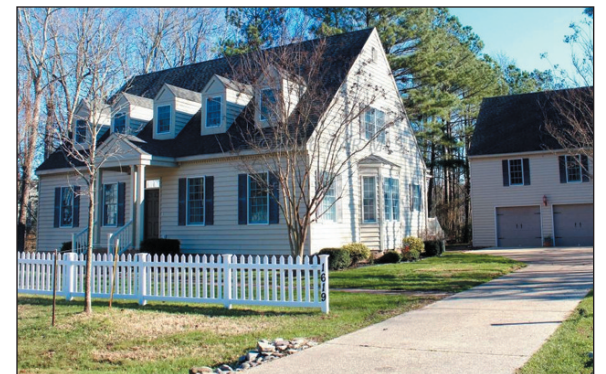


2 Lighthouse Court in Ocean Pines

Snuggle up in the family room next to the raised-hearth fireplace, as you soak up the sunshine coming through the skylights. Winter or Summer you will appreciate the quality in this custom-home with 1-YEAR WARRANTY TO PURCHASER. The kitchen has stainless-steel appliances and skylight so it is always bright & cheerful. Roll out the grill on beautiful Fall days and have parties on the large deck and 3-season porch with vinyl-tech windows. Large lot, outside attached storage shed. **Reasonably priced at \$189,900.** Call today! MLS 506455

1619 Mercer's Way in Ocean Pines

Quality Williamsburg-architecture, traditional charmer nestled in The Colonial Village at Mumfords Landing near the Ocean Pines Yacht Club. This great property also comes with a 1-YEAR HOME WARRANTY TO PURCHASER. There is room for the entire family. Just move in and enjoy life. The private oversized lot is surrounded by wooded protected areas. Livingroom with fireplace adds that cozy feeling on cool Fall evenings. Formal dining room for entertaining. Main house has first-floor master suite plus office for convenient living. Spend nice weather on the 3-season porch overlooking the woods. Extra guests or family can have their own space in the beautiful extra apartment. The huge 2-car garage has lots of room for hobbies or a workshop. And...amazing storage. **Priced to sell at \$382,900.** Don't miss this one. MLS # 501411



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Feedback welcome for Bishopville Park plans

Worcester County Recreation and Parks (WCRP) staff invite the public to share feedback on a plan to enhance the Bishopville Park. Residents and interested parties are invited to provide comments about the plan at a community meeting on Friday, November 18, from 6 p.m. to 8 p.m. at Wilson United Methodist Church, located at 10722 Bishopville Road in Bishopville. All interested citizens are encouraged to attend.

After receiving public feedback, WCRP staff will present the revised draft plan to the Worcester County Commissioners for their consideration at a future date.

WCRP staff developed the improvement plan to improve park functionality, aesthetics and sustainability. Once finalized, this plan will stand as an example of the County and citizens working together to develop an outstanding recreational outlet, and serve as a template for initiating improvements at other satellite parks throughout the County.

For more information or to review a copy of the proposed plan, entitled "Bishopville Park Enhancement Plan," visit www.WorcesterRecandParks.org. WCRP staff look forward to receiving your comments.




Recognized - Ocean City Elementary second grader **Halle Marshall** and fourth grader **Lily Carson** were recently recognized by the Federated Garden Club of Maryland for their entries in the Garden Club's poster and poetry contest during the 2015-2016 school year. Halle and Lily both received certificates of participation for their Smokey Bear and Woodsy Owl posters. Lily also received an award for being the third grade winner in the Garden Club's Youth Poetry Contest for her poem, "Three Hungry Frogs."



On-line - Ocean City Elementary second grade students, **Avari Shoff** and **Areti Gjiguria** use their iPads to access the interactive version of National Geographic magazine for kids.

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- * Excessive Testing - Give Parents Ability to Refuse
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